

ALL-TIME WOMEN'S INDOOR PERFORMERS

60 METERS

1. Samirah Moody	7.07	2/25/23
2. Angela Williams	7.09	3/11/01
TeeTee Terry	7.09	3/12/21
Dajaz DeFrاند	7.09	3/15/25
5. Ky Westbrook	7.18	1/17/15
6. Lanae-Tava Thomas	7.20	2/28/20
7. Virginia Powell	7.21	3/11/06
8. Tynia Gaither	7.23	2/28/15
Jassani Carter	7.23	2/14/25
10. Brianna Selby	7.24	2/28/25

200 METERS

1. Deanna Hill	22.54	3/11/17
2. Dajaz DeFrاند	22.62	3/1/25
3. Caisja Chandler	22.70	3/10/23
4. Madison Whyte	22.73	2/28/25
5. Twanisha Terry	22.75	3/13/21
6. Carol Rodriguez	22.77	3/11/06
7. Angie Annelus	22.83	2/15/19
8. Lanae-Tava Thomas	22.91	2/15/19
9. Jassani Carter	22.92	2/28/25
10. Lauren Rain Williams	22.93	2/15/19

400 METERS

1. Kendall Ellis	50.34	3/10/18
2. Kaelin Roberts	50.84	3/13/21
3. Jan'Taijah Jones	51.03	3/11/23
4. Bailey Lear	51.60	2/29/20
5. Yemi John	51.74	1/27/24
6. Madison Whyte	51.93	2/14/25
7. Kyra Constantine	52.07	2/23/19
8. Jaide Stepter	52.22	3/12/16
9. Cameron Pettigrew	52.27	2/25/17
10. Kimberly Harris	52.36	2/18/22

800 METERS

1. Marne Sullivan	2:04.17	2/24/24
2. Alyssa Brewer	2:04.81	2/12/22
3. Gigi Maccagnini	2:05.11	2/11/23
4. Michelle Taylor	2:05.70	3/10/90
5. Jemima Russell	2:05.90	2/8/19
6. Mikaela Smith	2:05.94	2/25/17
7. Amalie Iuel	2:06.88	2/26/16
8. Janiah Brown	2:07.55	1/28/23
9. Leah Disher	2:08.35	2/9/24
10. Leslie Noll	2:08.70	2/25/89

ONE MILE

1. Grazyna Penc	4:41.98	2/24/96
2. Anna Lopacuich	4:43.23	2/8/98
3. Gigi Maccagnini	4:47.76	1/20/24
4. Elise Lyon	4:53.35	2/8/86
5. Chloe Berry	4:53.59	2/29/20
6. Kamryn Weber	4:54.92	2/29/20
7. Amy Goodwin	4:55.00	2/9/90
8. Katerina Berdousi	4:57.43	2/12/16
9. Amber Gore	4:58.34	2/9/18
10. Marina Soares	4:59.25	2/24/24

3,000 METERS

1. Katerina Berdousi	9:50.40	2/13/16
2. Jenna Tong	10:02.63	2/27/16
3. Marjorie Lopez	10:11.90	2/10/24
4. Marina Soares	10:14.92	2/23/24
5. Helena Teixeira-Dasilva	10:36.55	1/17/25
6. Dina Kitayama	10:52.97	2/26/11
7. Erin Robinson	10:56.63	1/20/12
8. Katherine Ellis	10:57.78	1/27/07
9. Zara Lukens	10:58.71	2/26/11
10. Bridget Helgersen	11:07.73	1/27/07

60-METER HURDLES

1. Jasmine Jones	7.77	3/9/24
2. Virginia Powell	7.84	3/11/06
3. Chanel Brissett	7.90	2/8/19
4. Anna Cockrell	7.93	3/10/18
5. Dior Hall	7.94	1/20/18
6. Mecca McGlaston	7.98	3/11/22
7. Candice Davis	8.05	3/10/07
8. Nia Ali	8.06	2/5/11
9. Nonah Waldron	8.08	2/8/25
10. Allie Jones	8.17	2/24/23

LONG JUMP

1. Margaux Jones	21-0.50 (6.41)	2/5/16
2. Morgan Smalls	21-0.00 (6.40)	2/12/21
3. Yvette Bates	20-10.00 (6.35)	3/12/88
4. Alitta Boyd	20-9.75 (6.33)	2/4/12
5. Wendy Brown	20-8.00 (6.30)	3/8/86
Sabrina Williams	20-8.00 (6.30)	2/8/85
Allie Jones	20-8.00 (6.30)	3/8/24
8. Alexis Faulknor	20-5.25 (6.23)	2/28/15
9. Lanae-Tava Thomas	20-5.00 (6.22)	2/22/19
10. Michelle Sanford	20-3.00 (6.17)	3/4/06

TRIPLE JUMP

1. Yvette Bates	45-3.00 (13.79)	3/14/87
2. Temi Ojora	45-2.25 (13.77)	1/27/24
3. Wendy Brown	44-8.00 (13.61)	3/14/87
4. Michelle Sanford	43-2.25 (13.16)	1/30/04
5. Allita Boyd	42-6.00 (12.95)	2/9/13
6. Isabella Marten	41-10.50 (12.76)	2/23/19
7. Melia Cox	41-5.75 (12.64)	2/9/13
8. Ekene Anene	41-5.00 (12.62)	1/30/10
9. Kemi Olonade	41-2.50 (12.56)	3/1/14
10. Lauren Reed	41-1.00 (12.52)	1/17/25

HIGH JUMP

1. Morgan Smalls	5-11.50 (1.82)	1/29/21
2. Amalie Iuel	5-10.75 (1.80)	3/11/16
3. Allie Jones	5-8.75 (1.75)	3/10/23
4. Lyndsey Lopes	5-8.50 (1.74)	2/23/18
Cassidy Palka	5-8.50 (1.74)	1/24/20
6. Wendy Brown	5-8.25 (1.73)	2/19/88
7. Spring Harris	5-8.00 (1.73)	2/15/03
Shawana Taylor	5-8.00 (1.73)	1/22/00
9. Falyn Lott	5-7.75 (1.72)	1/17/25
10. Alexa Harmon-Thomas	5-7.25 (1.71)	2/24/18

POLE VAULT

1. Brysun Stately	13-5.75 (4.11)	3/4/06
2. Felicia Horvath	12-8.00 (3.86)	2/26/16
3. Melissa Astete	12-5.50 (3.80)	2/23/02
4. Kenisha Strong	11-0.75 (3.37)	1/31/09
5. Shannon Lewallen	10-10.00 (3.30)	1/21/05

SHOT PUT

1. Brittany Mann	58-4.00 (17.78)	3/10/17
2. Breana Jemison	56-8.00 (17.27)	1/20/18
3. Ashley Erasmus	57-0.75 (17.39)	3/1/25
4. Diana Clements	55-8.25 (16.97)	2/21/86
5. Karen Freberg	53-4.25 (16.26)	3/4/06
6. Tera Novy	50-6.75 (15.41)	2/27/16
7. Tanya Sapa	49-1.50 (14.97)	2/6/16
8. Karlee Freeman	48-1.25 (14.66)	1/25/20
9. Heidi Adams	47-2.00 (14.37)	2/19/88
10. Marissa Minderler	46-0.00 (14.02)	2/26/11

WEIGHT THROW

1. Summer Mosley	63-9.00 (19.43)	1/13/23
2. Brittany Mann	63-3.25 (19.28)	2/24/17
3. Joy McArthur	61-11.75 (18.89)	1/24/20
4. Erika Peyton	57-5.00 (17.50)	2/26/16
5. Tanya Sapa	56-2.00 (17.12)	2/26/16
6. Karlee Freeman	55-3.00 (16.84)	2/14/20
7. Tamara Bauman	53-5.75 (16.30)	2/26/11
8. Ashley Pyka	48-4.50 (14.74)	1/20/12
9. Alexandra Williams	47-4.00 (14.44)	1/28/06
10. Marissa Minderler	47-1.00 (14.35)	1/31/09

PENTATHLON

1. Allie Jones	4,528	1/26/24
2. Amalie Iuel	4,444	3/26/16
3. Lyndsey Lopes	3,978	2/23/18
4. Falyn Lott	3,897	2/28/25
5. Alexa Harmon-Thomas	3,486	2/24/17
6. Kiana Henry	2,825	1/26/13

4x400-METER RELAY

1. John, Carter Mallard, Whyte	3:26.97	3/15/25
2. Pettigrew, Iuel, Hill, Ellis	3:27.03	3/11/17
3. Roberts, Cockrell, Hill, Ellis	3:27.45	3/10/18
4. Constantine, Cockrell, Hill, Ellis	3:27.56	2/10/18
5. Jan'Taijah Jones, Jasmine Jones, John, Whyte	3:27.62	3/9/24
6. Lear, Jan'Taijah Jones, Yeargin, Roberts	3:27.91	3/13/21
7. Lear, Jasmine Jones, John, Jan'Taijah Jones	3:28.58	3/11/23
8. Lear, Jan'Taijah Jones, Harris, Yeargin	3:28.81	2/13/21
9. Ellis, Iuel, Hill, Stepter	3:28.82	2/13/16
10. Jan'Taijah Jones, John, Mallard, Whyte	3:28.84	1/27/24