



UC San Diego

Final

2025 Triton Invitational

Friday April 4, 2025

Throwing Events			Flights/Location
9:00am	Hammer - 3 prelims throws, top 9 to finals for 3 final throws	Women	3 Flights - Throwing Field
9:00am	Javelin - 3 prelims throws, top 9 to finals for 3 final throws	Women	3 Flights - Stadium Infield
1:30pm	Discus (Elite) - 3 prelims throws, top 9 to finals for 3 final throws	Women	2 Flights - Throwing Field
2:00pm	Javelin - 3 prelims throws, top 9 to finals for 3 final throws	Men	3 flights - Stadium Infield
4:00pm	Discus (Open) - 3 prelims throws, top 9 to finals for 3 final throws	Men	3 Flights - Throwing Field

Horizontal Jumping Events			Flights/Location
11:00am	Triple Jump - 3 prelims jumps, top 9 to finals for 3 final jumps	Women	3 Flights - Center Pit
3:00pm	Triple Jump - 3 prelims jumps, top 9 to finals for 3 final jumps	Men	3 Flights - Center Pit

Vertical Jumping Events			Location
1:00pm	Leon T. Roach III Memorial Pole Vault - starting height 3.20/10-6	Women	Stadium

Track Events			Number of Heats
2:50pm	200m	Women	12
3:25pm	200m	Men	12
4:00pm	3000m Steeplechase	Women	1
4:10pm	3000m Steeplechase	Men	2
4:50pm	5000m	Women	2
5:40pm	5000m	Men	2
6:20pm	10000m	Women	1
7:05pm	10000m	Men	1

Saturday April 5, 2025

Throwing Events			Flights/Location
9:00am	Hammer - 3 prelims throws, top 9 to finals for 3 final throws	Men	3 Flights - Throwing Field
9:00am	Shot (Open) - 3 prelims throws, top 9 to finals for 3 final throws	Women	2 Flights - Stadium Outside Ring
12:00pm	Shot (Elite) - 3 prelims throws, top 9 to finals for 3 final throws	Women	2 Flights - Stadium Outside Ring
1:30pm	Discus (Elite) - 3 prelims throws, top 9 to finals for 3 final throws	Men	2 flights - Throwing Field
2:30pm	Shot (Open) - 3 prelims throws, top 9 to finals for 3 final throws	Men	2 Flights - Stadium Outside Ring
4:00pm	Discus (Open) - 3 prelims throws, top 9 to finals for 3 final throws	Women	3 Flights - Throwing Field
5:30pm	Shot (Elite) - 3 prelims throws, top 9 to finals for 3 final throws	Men	2 Flights - Stadium Outside Ring

Horizontal Jumping Events			Flights/Location
11:30am	Long Jump - 3 prelims jumps, top 9 to finals for 3 final jumps	Men	3 Flights - Center Pit
3:30pm	Long Jump - 3 prelims jumps, top 9 to finals for 3 final jumps	Women	3 Flights - Center Pit

Vertical Jumping Events			Location
11:00am	High Jump (Starting height 1.52/5-0)	Women	Stadium
1:00pm	Leon T. Roach III Memorial Pole Vault (Starting height 4.10/13-6)	Men	Stadium
3:00pm	High Jump (Starting height 1.86/6-1.25)	Men	Stadium

Track Events			Number of Heats
11:00am	400m Relay	Women	2
11:05am	400m Relay	Men	2
11:10am	400m Relay - UCSD Triton Athletes Council Team Challenge	Men/Women	1
11:15am	800m	Women	9
11:50am	800m	Men	9
12:30pm	100m Hurdles	Women	5
12:50pm	110m Hurdles	Men	5
1:10pm	400m	Women	6
1:40pm	400m	Men	6
2:10pm	100m	Women	9
2:40pm	100m	Men	8
3:10pm	400m Hurdles	Women	3
3:30pm	400m Hurdles	Men	3
3:50pm	1500m	Women	6
4:30pm	1500m	Men	6
5:10pm	1600m Relay	Women	2
5:25pm	1600m Relay	Men	2