



USC T&F TEAMS BOTH RANK No. 2 ENTERING WEEK

- **Trojans To Compete At Mt. SAC Relays This Week** -

• **2025 Men's NCAA Indoor T&F Champions** •



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USC Track & Field Schedule

Date	Indoor Meets
1/17	Spokane Sports Showcase
1/24	Red Raider Invite
2/7-8	Collegiate Classic
2/14-15	Tiger Paw Invitational
2/15	Husky Classic
2/28-3/1	Big Ten Indoor Championships%
3/14-15	NCAA Indoor Championships\$

Date	Outdoor Meets
3/21-22	Trojan Invitational*
3/28-29	Battle on the Bayou
4/4	Battle at the Beach
4/5	Triton Invite (throwers only)
4/11-12	44 Farms Team Invitational
4/18-19	Mt. SAC Relays
5/4	USC-UCLA Dual Meet
5/16-18	Big Ten Championships+
5/28-31	West Preliminary Rounds^
6/11-14	NCAA Championships#

% Indianapolis, Ind. \$Virginia Beach, Va.
* Home + Eugene, Ore.
^ College Station, Texas. # Eugene, Ore.

USC Quick Facts

Location:	Los Angeles, Calif.
Enrollment:	47,00 (21,000)
Nickname:	Trojans
Colors:	Cardinal and Gold
Athletic Dir:	Jennifer Cohen
Dir. of T&F:	Quincy Watts (213) 740-4201
Coaches:	Martin Maric John Bolton Karl Goodman Jeff Petersmeyer Stephanie Williams Brenton Emanuel Milton Mallard
Dir. of Ops:	Nathan Collins
T&F SID:	David Tuttle (213) 725-3102

USC's History In Track & Field

NCAA Titles:	Men (26 outdoor) Men (2 indoor) Women (3 outdoor)
Last Title:	Men (1976) Women (2021)
NCAA Champs:	Men (176) Women (41)
Olympic Champs:	Men (48) Women (12)

Pronunciation Guide

Brahe-Pedersen, Mia - (Brah-hay Pedd-er-son, Mee-uh)
Broderick, Racquil (rah-KEEL)
Carter, Jassani (Juh-SAN-ee)
Cenci, Takiya (SEN-see, Tuh-KI-uh)
DeFrاند, Dajaz (Deh-FRAND, Day-juh)
Dunn, Shaiquan - (Shay-kwan)
Eyakpobeyan, Tiana - (Ee-yah-poe-bay-ahn)
John, Yemi (YEH-me)
Maccagnini, Gigi (Mac-uh-knee-knee, GEE-GEE)
Mauricette, Yougenny (More-ih-set, You-gen-dee)
Moody, Samirah (suh-MY-ruh)
Nketia, Edward - (N-Kay-tee-uh)
Ojora, Temi (oh-JORE-ah, TEM-ee)
Polychroniou, Nikolaos - (Poly-cron-ee-ew)
Scott, Maira - (MARE-uh)
Smith, Jalaysiya (Juh-LAY-see-ya)
Uviogara, Rachael - (OO-Vee-AY-garuh, Ray-chell)

WEEKLY TRACK AND FIELD RELEASE - April 18, 2025

THIS WEEK - The USC Track and Field team will be competing at the Mt. SAC Relays held at Hilmer Lodger Stadium in Walnut, Calif. on April 18-19. Additionally, Falyn Lott will compete in the women's multi-events competition on April 16-17. Both the men's and women's teams enter this week ranked No. 2. The USC men currently own five of the top 13 100m dash times among NCAA runners, while the women's team claims three of the top 10 times.

TRAVELING TROJANS: The USC track and field program is scheduled to send 49 athletes to the Mt. SAC Relays this week:

Women: Mia Brahe-Pedersen, Ahnyx Bush, Jassani Carter, Takiya Cenci, Dajaz DeFrاند, Isabella Duarte, Jacqueline Duarte, Ashley Erasmus, Tiana Eyakpobeyan, Jada Foreman, Jenna Galloway, Reese Garland, Jada Gatlin, Alyssa Hope, Yemi John, Avery Lewis, Falyn Lott, Gigi Maccagnini, Christine M. Mallard, Samirah Moody, Karyssa Owens, Olivia Pace, Lauren Reed, Jalaysiya Smith, Haley Spoden, Nonah Waldron and Madison Whyte.

Men: Jacob Andrews, Taylor Banks, Preston Beery, Racquil Broderick, Jack Carter, Nathan Cumberbatch, Shaiquan Dunn, Ezra Frech, Kaden Garland, Elias Gerald, Jake Heydon, Jaren Holmes, Curtis Johnson III, Jaalen Knox, Jazonte Levan, Lincoln Marschall, Yougenny Mauricette, Chase McCallum, Alfredo Reina Corona, Roberto Ruelas, JC Stevenson, Vishnu Swaminathan.

THAT'S A LOT OF EVENTS: Freshman Falyn Lott competed in her first college heptathlon at Mt. SAC on April 16. Lott was bothered by a sore hip flexor throughout the competition and pulled out in the 200m, the last event of the first day. Going into that event, Lott was fifth in the Women's Elite "B" competition with 2,385 points, the top total by a collegian. She had a time of 14.20 (-1.2) in the 100m hurdles, a season-best high jump of 5-7.75 (1.72m) and a shot put PR of 34-2.00 (10.41m). Lott has a personal best of 5,058 in the heptathlon and placed sixth in the event with 4,882 points at the 2023 USATF U20 Championships.

THINGS ARE BRIGHT WITH WHYTE: USC sophomore Madison Whyte won both the 200m and 400m at the Texas A&M 44 Farms Team Invitational on April 11-12. Whyte won the 200m on April 11 with an outdoor world-leading and NCAA-leading time of 22.32. That time set the meet and facility record, as well as moving her into a third-place tie on USC's all-time 200m list. The next day Whyte won the 400m dash and matched her PR of 50.91. That time ranks second on the NCAA descending order list. Both times are Big Ten leading times. Whyte also anchored USC's 4x400m relay which won on April 12 with a time of 3:29.61, which ranks second in the Big Ten this season and sixth in the country.

BRODERICK BREAKS USC RECORD WITH FIRST TOSS OF THE SEASON : USC sophomore Racquil Broderick set the USC men's discus throw record with his first throw of the season of 207-0 (63.09m) to win at the Trojan Invitational on March 21. He broke the longest-standing USC men's record of 206-0 (62.78m) set by Gary Carlsen in 1967, 58 years ago. Carlsen was at the meet to congratulate Broderick and present him with a small statue of a Greek discus thrower. Broderick also had a mark of 206-4 (62.90m) at the Triton Invitational on April 5 which also was have beaten the previous school record.

ERASMUS ERASES USC SHOT PUT RECORD: Freshman Ashley Erasmus set the USC freshman women's shot put record with her second throw of the season of 56-10 (17.32m), then broke the school record with a mark of 58-5.75 (17.82m) in her third attempt at the Trojan Invitational on March 22. Her shot put mark currently ranks eighth among all NCAA throwers. Erasmus has won all four shot put competitions she has competed in this season and leads all Big Ten throwers. Erasmus also had a PR of 176-11 (53.92m) in the discus throw at the Texas A&M 44 Farms Invitational on April 12 to move into a seventh-place tie on USC's all-time list in the event.

DYNAMIC DUAL-THREAT DUO: Trojan junior JC Stevenson and senior Johnny Brackins Jr. both earned indoor All-America honors in two events. Stevenson placed sixth in the 60m dash and sixth in the long jump. He set the USC 60m dash record with a time of 6.46 in the NCAA Indoor Championships semifinals. He also led the country with an indoor long jump of 26-9.75 (8.17m). Brackins Jr. placed fourth in the 60m hurdles and eighth in the long jump at the NCAA Indoor Championships. During the indoor season he set the USC record of 7.43 in the 60m hurdles and ranked No. 4 in the long jump. He also placed third in the 60m hurdles at the USATF Indoor Championships with his PR of 7.43. Brackins Jr. is expected to open up outdoors at the Dual Meet.

GARLAND WINS DISCUS THROW AT TRITON INVITE: Sophomore Reese Garland won the women's discus throw with a PR of 181-11 (55.46m) at the Triton Invitational on April 5. That mark is the second-best throw in the Big Ten this season. For her efforts, she was named Big Ten Women's Field Athlete of the Week for April 9. The Oak Park, Ill. native also took second in the discus throw with a mark of 178-1 (54.30m) at the Battle at the Beach on April 4.

FOLLOW THE TROJANS ON SOCIAL MEDIA: Keep up with everything USC track & field this year by following @USC_Track_Field on Instagram, X and TikTok.

NEXT MEET: USC will be competing next at the annual USC-UCLA Dual Meet hosted by UCLA at Drake Stadium on May 4.

RANKINGS - The weekly USTFCCCA (U.S. Track & Field and Cross Country Coaches Association) outdoor rankings:

	4/1	4/8	4/15	4/22	4/29	5/6	5/13	5/20	5/27	6/3
USC Men --	2	5	2							
USC Women --	1	2	2							

USC TRACK AND FIELD HISTORY - USC track and field is well known as one of the most successful athletic programs in the history of the NCAA, with 32 men's and women's national team titles. The Trojans have won far more NCAA team and individual titles combined than any other university. However, the most dominant force in USC's slate of athletic programs is not the baseball team (12 College World Series titles) or the football squad (nine national championships) but the men's track and field program, with an unprecedented 29 NCAA titles (including nine straight, 1935-43). In fact, in the history of the NCAA, only the Oklahoma State wrestling program (34) has more national titles than USC men's outdoor track and field. Trojan athletes have dominated the track and field scene for decades. From the exploits of sprinter Charlie Paddock and thrower Clarence "Bud" Houser in the 1920s and 1930s, sprinter Mel Patton in the 1940s, thrower Parry O'Brien in the 1950s, sprinter Lennox Miller and pole vaulter Bob Seagren in the 1960s, sprinter Quincy Watts in the 1980s, to four-time NCAA hammer champion Balazs Kiss (only the fifth collegian to win four in a row) in the 1990s, World Champion hurdler Felix Sanchez early in the 2000s, and NCAA champion and Olympic medalist Andre DeGrasse, and NCAA champions and collegiate record-holders Rai Benjamin and Michael Norman, USC is synonymous with track and field excellence. In 2024, Balazs Kiss was inducted into T&F Collegiate Athlete Hall of Fame and Angela Williams was inducted into the T&F Collegiate Athlete Hall of Fame.

TROJAN PROGRAM REMAINS IN GOOD HANDS WITH QUINCY WATTS - Former Trojan Olympic great Quincy Watts was promoted to USC Director of Track and Field and Cross Country on June 17, 2021 after eight seasons on Caryl Smith Gilbert's staff as an assistant in charge of sprints, long hurdles and relays. In his 11 seasons working with USC athletes, he has guided Trojans to 158 indoor and outdoor All-America honors in the 400 meters, 400-meter hurdles and 4x400-meter relay and since he has become the head coach, USC has garnered 101 first-team All-American honors. His Trojan athletes also claimed 22 NCAA titles, 39 Pac-12 crowns and 8 Big Ten individual titles. They have also set three collegiate records and 32 school records plus all four USC freshman 400-meter records and the women's 400-meter hurdles freshman record. In 2024, Watts led the men's team to a third-place finish outdoors and the women's team to a 10th-place tie. During the indoor season the men tied for seventh and the women tied for eighth. USC accumulated a combined 30 outdoor and indoor All-America honors, with Jasmine Jones winning the indoor 60m hurdles title and the outdoor 400m hurdles titles, both with school records, and JC Stevenson winning the men's outdoor long jump title. Both the men's and women's teams placed second at the Pac-12 Championships, with Trojans claiming 11 total event titles. During the summer, USC once again stood out at the Olympics with USC athletes winning nine medals, including five gold. The total medals were more than any other collegiate program in track and field. In his first four seasons leading the USC program he has led both the men's and women's teams to a top 10 outdoor finish and a top 10 finish indoors. This indoor season, the men's team won its first title since 1972 and the women's team placed third.

Watts also continues coaching USA Olympic medalists Michael Norman, Rai Benjamin and Kendall Ellis. Norman won gold medals in the 400m and with the USA 4x400m relay team and Benjamin a silver medal in the 400m hurdles at the 2022 World Athletics Championships. Benjamin then won two gold medals at the 2024 Paris Olympics (400m H and 4x400m).

TROJANS' OLYMPIC GLORY - USC athletes of the present and past won won nine medals at the 2024 Paris Olympics, five gold, one silver and three bronze. The nine track and field medals won are tied for the second-most medals won by the Trojans in a single Olympics (also nine at 2016 Rio Games), trailing only the 13 won by Trojans at the 2020 Tokyo Olympics. This was the sixth consecutive Summer Olympics in which a USC track and field athlete earned at least one gold medal and a Trojan track and field athlete has won at least one medal in every Olympics since 1912. Trojans earning medals in track and field at the 2024 Paris Olympics were: Rai Benjamin (Gold – M-400m H, Gold – M-4x400m), Aaron Brown (Gold – M-4x100m), Anna Cockrell (Silver – W-400m H), Andre De Grasse (Gold – M-4x100m), Yemi John (Bronze – W-4x400m), TeeTee Terry (Gold – W-4x100m), Nicole Yeargin (Bronze – Mixed 4x400m, Bronze – W-4x400m).

FRECH SHINES AT THE 2024 PARIS PARALYMPICS - USC freshman Erza Frech won the T63 high jump gold medal and the T63 100m dash at the 2024 Paralympics in Paris, France. Frech won the high jump gold medal on Sept. 3 with his first-attempt clearance at 6-4.25 (1.94m), which is a new Paralympics record. He then tried to better his own T63 high jump world record of 6-5.50 (1.97m) by raising the bar to 6-6.00 (1.98m), but narrowly missed keeping the bar on at that height. The T63 designation is the classification for athletes with a single-leg amputation above the knee. He won the T63 100m dash title with a time of 12.06 on Sept. 2. Earlier in the games, Frech placed fifth in the men's T63 long jump final on Aug. 31 with a best jump of 21-7.25/6.58m (+0.9). Frech is the inaugural Swim With Mike Scholarship recipient of the Amir Ekbatani Paralympic Scholarship, awarded to a Paralympian attending USC or UCLA. He is in his first semester at USC where he is seeking a bachelor's degree in Business of Cinematic Arts.

ALL-STAR COACHING STAFF - Olympic gold medalist Quincy Watts has put together an impressive coaching staff that looks like an all-star roster. two-time Olympian Martin Maric (throws), John Bolton (sprints), Karl Goodman (sprints), Jeff Petersmeyer (jumps and multi events) and added this season, Stephanie Williams (sprints/hurdles), Brenton Emanuel (sprints/hurdles) and Milton Mallard (distances).

REGULAR SEASON INDOOR MEET RECAPS

SPOKANE SPORTS SHOWCASE: The Trojans won nine events, set a school record, a facility record and posted two NCAA-leading times at the Spokane Sports Showcase in Spokane, Wash. on Jan. 17. Johnny Brackins Jr. set the USC 60m hurdles record with a time of 7.49 and Johnnie Blockburger set The Podium facility record with a time of 20.69 in the men's 200m dash. Trojans winning events at the meet were: Johnnie Blockburger (M-200m), Johnny Brackins Jr. (M-60m H), Dajaz DeFrاند (W-60m), William Jones (M-600m), Gigi Maccagnini (W-1000m), Christine M. Mallard (W-300m), Alfredo Reina Corona (M-3000m), JC Stevenson (M-LJ) and Max Thomas (M-60m).

RED RAIDER INVITE: The USC track and field team had another outstanding day at the track winning seven events, setting or matching three school records and registering one Trojan freshman record at the Red Raider Invite held at the Sports Performance Center in Lubbock, Texas on Jan. 24. JC Stevenson tied the USC men's 60m record, Yemi John set the Trojan women's 600-yard record, Williams Jones set the USC men's 600-yard record and Ashley Erasmus set the Trojan woman's indoor freshman shot put record. In all, USC athletes combined to post 10 all-time Trojan top 10 times or marks today.

COLLEGIATE CLASSIC: USC athletes won six events (4 men, 2 women) at the Collegiate Classic held at the Albuquerque Convention Center on Feb. 7-8. Johnnie Blockburger won the men's 200m (20.34) and 400m (45.45), the 200m time being the world indoor lead at the time and moving him to tied for second on USC's all-time list. JC Stevenson won the men's long jump with the NCAA-leading jump of 26-9.75, Nathan Cumberbatch won the 800m with a time of 1:49.04 and the 4x400m relay won with the 4th-fastest time in school history of 3:03.57. Yemi John won the women's 400m with a time of 52.24.

TIGER PAW INVITATIONAL: Johnny Brackins Jr. won the men's 60m hurdles with a new school record and NCAA-leading time of 7.48. Elias Gerald took second in the men's HJ with a PR clearance of 7-3.25 (2.22m) to fourth on USC's all-time list. Temi Ojora opened her indoor season with a triple jump of 44-6.25 (13.57m) to take third and move to fourth on the NCAA descending order list.

MEN'S TEAM WINS NCAA INDOOR TITLE, WOMEN TAKE THIRD: The USC men's team won the team title and the women's team placed third at the 2025 NCAA Indoor Track & Field Championships held at the Virginia Beach Sports Center in Virginia Beach, Va. on March 14-15. Junior Dajaz DeFrاند was the only individual event-winner, taking home the crown in the women's 60m dash. USC was one of two schools to have both the men's and women's teams finish in the top three and its 74 combined points were more than any other program. The USC men's team title was its third NCAA Indoor team title in program history and its first since the 1972 season (also won in 1967). The men used a complete team effort to win the team title, as they did not win any individual events. The women's team's third-place finish was its highest since it placed second in 2019 and the 35 points scored were its most since also scoring 35 points to place fourth at the NCAA Indoor Championships in 2021.

USC'S FIRST-TEAM INDOOR ALL-AMERICANS: **Men:** Jacob Andrews (4x400m), Johnnie Blockburger (200m, 4x400m), Johnny Brackins Jr. (60m H, LJ), Elias Gerald (HJ), William Jones (400m, 4x400m), Garrett Kaalund (200m, 4x400m), Brady Palen (HJ), JC Stevenson (60m, LJ), Travis Williams (60m). **Women:** Jassani Carter (4x400m), Dajaz DeFrاند (60m, 200m), Yemi John (4x400m), Christine M. Mallard (4x400m), Samirah Moody (60m), Temi Ojora (TJ), Madison Whyte (200m, 4x400m).

MEN'S TEAM REACHES NEW HEIGHTS: The USC men's team was ranked No. 1 indoors on Feb. 11. The No. 1 ranking was the team's highest indoor ranking since the USTFCCA began indoor rankings in 2008.

USC ATHLETES SET SCHOOL RECORDS IN 10 CONSECUTIVE MEETS: A USC athlete set or tied a school record in 10 consecutive meets, dating back to the 2024 NCAA West Preliminary Rounds, until the Battle of the Bayou on March 28-29: 2024 NCAA West Prelims (Temi Ojora - W-LJ), 2024 NCAA Championships (Jasmine Jones - W-400m H), Spokane Sports Showcase (Johnny Brackins Jr. - M-60m H), Red Raider Invite (JC Stevenson - M-60m, William Jones - M-600y, Yemi John - W-600y), Collegiate Classic (Falyn Lott - Freshman pentathlon record), Tiger Paw Invitational (Brackins Jr. - M-60m H), USATF Indoors (M-60m H, USC & Big Ten record), Big Ten Indoor Championships (Falyn Lott- Freshman pentathlon record), NCAA Indoor Championships (John, Carter, Mallard, Whyte - W-4x400m, JC Stevenson - M-60m) and Trojan Invitational (Erasmus - W-SP and Broderick - M-DT).

MOODY & BROCK ARE USC'S JACKIE ROBINSON AWARD WINNERS: Sprinters Samirah Moody and Bryce Brock are USC's winners and nominees for the inaugural Big Ten Jackie Robinson Community & Impact Award. Each Big Ten school has two campus winners, one female and one male, and two of the winning student-athletes from the conference schools will be selected as the Big Ten winners for the Jackie Robinson Community and Impact Award, which will be announced shortly. The Big Ten Jackie Robinson Community & Impact Award was created to recognize Big Ten student-athletes who demonstrate Jackie Robinson's core values of "Jackie's nine" of courage, determination, teamwork, persistence, integrity, citizenship, justice, commitment and excellence. Specifically, those student-athletes that have made an exceptional effort in impacting their local community through volunteerism, community programming and/or philanthropy between January 1, 2024 to December 31, 2024.

DEFRAND IS DA' ONE: USC junior transfer Dajaz DeFrاند won the 2025 NCAA Indoor Championships 60m dash title with a time of 7.09. Her time moved her into a second-place tie on USC's all-time list with Angela Williams and TeeTee Terry, the only other USC women to win the NCAA 60m dash title (Williams -2002, Terry - 2019). DeFrاند also placed fourth in the 200m dash final with a time of 22.70, earning first-team All-America honors in both events. DeFrاند also won the Big Ten 60m title with a meet-record time of 7.10 and 200m dash title with a PR of 22.62. She was named Women's Athlete of the Big Ten Meet and then was named Big Ten Indoor Women's Track Athlete of the Year on March 19.

BRACKINS JR. & DEFRAND EARN TRACK ATHLETE OF THE MEET HONORS: USC's Johnny Brackins Jr. and Dajaz DeFrاند, who both won two events and set meet records at the conference championships, were named the Men's and Women's Track Athlete of the 2025 Big Ten Indoor Championships, as voted upon by league coaches and announced on March 5. Brackins Jr. and Yemi John were also named Big Ten Indoor Sportsmanship honorees, for the Indoor Track and Field Championships which were held Feb. 28-March 1 in Indianapolis, Ind. The Sportsmanship honorees were those who distinguished themselves through sportsmanship and ethical behavior and they are now candidates for the Big Ten Sportsmanship Award at the end of the academic year. The senior Brackins Jr. won the men's 60m hurdles title with a meet-record time of 7.49 on March 1, bettering the conference record of 7.53 which he set in the first round the previous day. The native of Kansas City, Mo. also won the Big Ten long jump title on Feb. 28 with a jump of 26-2.75 (7.99m). USC junior transfer sprinter DeFrاند won the women's 60m and 200m dash titles on March 1. DeFrاند won the 60m with a PR and meet-record time of 7.10. The native of Aurora, Colo. broke the original Big Ten Indoor Championships record of 7.18 with her first-round time of 7.15. DeFrاند now ranks fourth on the USC all-time women's 60m dash list. She became a two-time Big Ten title-winner when she won the 200m race with a PR of 22.62. That time moved her to second on the USC all-time indoor 200m list.

MIDSEASON REINFORCEMENTS: The USC track and field program added a pair of Nebraska transfer this semester in Garrett Kaalund and Brithton Senior. The junior Kaalund jumped in late in the indoor season to help lead USC to the NCAA team title by placing fourth in the 200m and fourth as part of the 4x400m relay. Kaalund competed individually for the first time during the indoor season at the Big Ten Championships and placed second in the 200m with a time of 20.67 on March 1. That time matched his indoor PR, also run in the prelims on Feb. 28. He opened his outdoor season with a 200m PR and NCAA-leading time of 20.05 (+1.4) at the Battle on the Bayou on March 28. The senior hurdler Senior has personal bests of 7.66 in the 60m hurdles, 13.54 in the 110m hurdles and 53.16 in the 400m hurdles. His best time in the 110m hurdles so far in the outdoor season is 13.69 (+3.4w).

BIG TEN INDOOR CHAMPIONSHIPS RECAP: It looked like USC had won its first Big Ten team title, but about 15 minutes after the meet, the Trojans 4x400m relay team was disqualified and eight points came off the board, leaving USC 6.5 points behind Oregon (106-99.5). USC's men won four individual titles, more than any other school. USC's women also won four events, tied for the most among the 18 schools. Trojan men winning titles were Johnny Brackins Jr. (60m H and Long Jump), William Jones (400m) and JC Stevenson (60m). USC women earning titles were Dajaz DeFrاند (60m and 200m), Temi Ojora (Triple Jump) and the 4x400m relay. The women's team placed third in its first Big Ten Indoor Championships.

BIG TEN WEEKLY HONORS: INDOORS - Johnny Brackins Jr. (M-Co-Track, Jan. 22, M-Track, Feb. 19, M-Track, Feb. 26), **JC Stevenson** M- Track, Jan. 29, M-Field, Feb. 12), **Johnnie Blockburger** (M-Track, Feb. 12).

OUTDOORS - Racquil Broderick (M-Field, March 26), **Ashley Erasmus** (W-Field and W-Freshman, March 26, W-Field, April 16), **Reese Garland** (W-Field, April 9), **Elias Gerald** (M-Co-Field, April 2), **Garrett Kaalund** (M-Track, April 2), **Christine M. Mallard** (W-Track, March 26), **Yougendy Mauricette** (M-Track, March 26), **Brianna Selby** (W-Freshman, April 16), **Max Thomas** (M-Track, April 16) and **Madison Whyte** (W-Track, April 2, W-Track, April 16).

BRACKINS JR. HURDLES INTO RECORD BOOKS AT USATFs: Johnny Brackins Jr. placed third in the 60m H at the USATF Indoor Championships on Feb. 22 with a PR, USC-record, Big Ten-record and NCAA-leading time of 7.43. He also advanced to the final earlier in the day with a time of 7.44. The previous Big Ten record was 7.47 set by Wisconsin's Reggie Torian in 1997. Brackins Jr. becomes the fourth-fastest collegiate 60m hurdler of all-time, trailing only Grant Holloway (7.35), Trey Cunningham (7.38) and Daniel Roberts (7.41).

YOU MIGHT NEED A PROGRAM : USC added 35 new athletes to its track and field program since the end of the 2024 season.

REGULAR SEASON OUTDOOR MEET RECAPS

TROJAN INVITATIONAL (MARCH 21-22): USC freshman Ashley Erasmus won the women's shot put with a school-record mark, sophomore Racquil Broderick won the men's discus throw with a school record throw and USC won 15 events during the two-day competition. Also, 2025 Paris Paralympics gold medalist Ezra Frech made his historic collegiate debut today as the first above the knee amputee to be recruited and commit to a Division I track and field program. Erasmus won the women's shot put competition with a USC record-throw of 58-5.75, breaking the previous school record of 57-7.75 (17.57m) set by Breana Jemison in 2018. In her second shot put attempt of her USC outdoor career, Erasmus set the Trojan freshman record with a mark of 56-10.00 (7.32m), then in her third round broke the school record with her winning throw of 58-5.75 (17.82m). With his first throw of the season, Broderick set the USC school discus throw record with a mark of 207-0 (63.09m) and won the competition. He broke the longest-standing USC men's track and field record of 206-0 (62.78m) which was set by Gary Carlsen on June 4, 1967. Carlsen, who was on hand at the meet, posed with Broderick after the competition and gave him a gift of a Greek thrower trophy. Other Trojans winning events at the meet were: Jack Carter (M-800m), Jassani Carter (W-100m), Takiya Cenci (W-400m), Reese Garland (W-DT), Jake Heydon (M-JT), Jaren Holmes (M-TJ), Jazonte Levan (M-200m), Falyn Lott (W-LJ), Christine M. Mallard (W-200m), Yougendy Mauricette (M-400m H), W-4x100m, M-4x100m, W-4x400m

BATTLE ON THE BAYOU (MARCH 28-29): USC athletes won six events at the Battle on the Bayou hosted by LSU from March 28-29. The men's 4x100m relay won with a meet-record time of 38.60, tied for third on USC's all-time top 10 list. Nathan Cumberbatch won the men's 800m with a PR of 1:47.70. Madison Whyte was tops among collegians (2nd overall) in the women's 200m with a PR of 22.52 and won the women's 400m with a PR of 50.91, both NCAA-leading times. Edward Nketia won the men's 100m with a slightly wind-aided time of 10.01 (+2.1w). Garrett Kaalund won the men's 200m with a PR and NCAA-leading time of 20.05. Elias Gerald won the men's high jump with a PR clearance of 7-3.75 (2.23m)...the competition was completed indoors after the rains came.

BATTLE AT THE BEACH (APRIL 4): Yougendy Mauricette won the men's 400m hurdles, Ashley Erasmus won the women's shot put and Racquil Broderick won the men's discus throw with big marks and the Trojan women grabbed the top five places in the 100m dash to lead the Trojans at the 2025 Battle at the Beach at Jack Rose Track in Long Beach, Calif. on April 4. In all, USC athletes won six events and captured second in eight other events during the Battle at the Beach.

TRITON INVITATIONAL (APRIL 5): Reese Garland won the women's discus throw, Ashley Erasmus won the women's Elite shot put competition and Racquil Broderick posted the top collegian discus throw in the men's Elite division to lead the Trojans at the 2025 Triton Invitational in La Jolla, Calif. on April 5. Garland led a USC 1-2-3 finish in the women's discus throw with a PR of 181.11 (55.46m) to better her fifth-place standing on USC's all-time list. Karyssa Owens had a PR of 174-0 (53.04) in the final round to place second. Her mark moved her into eighth on USC's all-time list. Erasmus, who ranks ninth on USC's all-time discus throw list, placed third today with a best mark of 169-1 (51.55). Erasmus also won the women's Elite shot put competition with a mark of 57-1 (17.40m). Broderick had the top collegiate throw and finished third overall in the men's discus throw competition. His best mark was 206-4 (62.90m). Shaiquan Dunn also made the final and placed ninth with a season-best mark of 181-5 (55.31m). Dunn placed third in the men's Elite shot put competition with a mark of 60-0.25 (18.29m).

TEXAS A&M 44 FARMS TEAM INVITATIONAL (APRIL 11-12): On April 11 Madison Whyte led a 1-2-3 sweep in the women's 200m dash, Racquil Broderick won the men's discus throw competition and Ashley Erasmus claimed the women's shot put title to lead the Trojans. All three of the Trojan winners set meet records. Whyte led the Trojans to a 1-2-3 finish in the women's 200m dash with a PR, NCAA-leading, outdoor world-leading, meet-record and facility-record time of 22.32 (+1.9). Her time broke the previous facility record of 22.54 set by Trojan great TeeTee Terry in 2021. Dajaz DeFrاند was second with a time of 22.66 (+1.9) and Jassani Carter had a season-best time of 22.75 (+1.9). Racquil Broderick won the men's discus throw competition with a best mark of 204-10 (62.44m). Broderick broke his own meet record of 203-1 (61.90m) set last season. Ashley Erasmus won the women's shot put competition with a best mark of 57-10.75 (17.63m). She broke the meet record which had stood since 2021. USC sprinters dominated the competition the next day, setting the school men's 4x100m relay record, taking the top five spots in the men's 100m and four of the top six places in the women's 100m dash. The USC men's 4x100m relay team of Travis Williams, Max Thomas, Garrett Kaalund and Edward Nketia won with a school-record and NCAA-leading time of 38.41. That time also set the meet and facility records. The men's sprinters shined in the 100m dash by taking the top five places and six of the top seven positions. Leading the way was Thomas with 9.92 (+2.4w), followed by Kaalund with 9.93 (+2.4w), Nketia with 9.96 (+2.4w), Williams with 10.07 (+2.4w) and JC Stevenson with a time of 10.13 (2.4w). Whyte won the women's 400m race by tying her PR of 50.91 and Yemi John placed third with a season-best time of 51.31. Whyte remains second on the NCAA descending order list and John moves into fifth place on the list. Whyte also set the meet record, breaking the time set by Athing Mu in 2022 while competing for Nike. Brianna Selby won the women's 100m dash with a PR and tied for the 11th-fastest time in school history of 11.11 (+1.9). The women's 4x400m relay team of John, Carter, freshman Mia Brahe-Pedersen and Whyte won with a season-best time of 3:29.61.

2025 USC WOMEN'S OUTDOOR BESTS

Mark	Athlete	Place	Day	Event
100M (USC: 10.89)		FR: 10.99)		
11.03 (+3.8w)	Moody	1	4/4	Battle at the Beach
11.08 (+3.8w)	DeFrاند	2	4/4	Battle at the Beach
11.11 (+1.9)-PR	Selby	1	4/12	Texas A&M 44 Farms
11.11 (+5.6w)	Carter	2	3/29	Battle on the Bayou
11.15 (+1.9)	Moody	2	4/12	Texas A&M 44 Farms
11.22 (-0.2)	Carter	1	3/22	Trojan Invitational
11.30 (+3.8w)	Eyakpobeyan	3	4/4	Battle at the Beach
11.36 (+3.8w)	Mallard	4	4/4	Battle at the Beach
11.37 (+1.8)	Pace	6	4/14	Texas A&M 44 Farms
11.39 (-0.2)	Mallard	3	3/22	Trojan Invitational
11.41 (+1.8)	Eyakpobeyan	9	4/14	Texas A&M 44 Farms
11.43 (+3.8w)	Brahe-Pedersen	5	4/4	Battle at the Beach
11.49 (-0.2)	Brahe-Pederson	7	3/22	Trojan Invitational
11.79 (-1.3)	Lewis	9	3/22	Trojan Invitational
11.82 (+2.1w)	Washington	11	4/4	Battle at the Beach
11.86 (-1.3)	Washington	11	3/22	Trojan Invitational
12.01 (-1.3)	G. Smith	13	3/22	Trojan Invitational

200M (USC: 22.16)		FR: 22.65)		
22.32 (+1.9)-PR	Whyte	1	4/11	Texas A&M 44 Farms
22.66 (+1.9)	DeFrاند	2	4/11	Texas A&M 44 Farms
22.75 (+1.9)	Carter	3	4/11	Texas A&M 44 Farms
22.86 (+1.8)	Moody	4	3/28	Battle on the Bayou
23.03 (+2.2w)	Mallard	3	4/4	Battle at the Beach
23.04 (+1.1)	Mallard	1	3/22	Trojan Invitational
23.09 (+1.3)	Eyakpobeyan	5	4/11	Texas A&M 44 Farms
23.15 (+4.0w)	John	4	4/4	Battle at the Beach
23.33 (+4.0w)	Pace	5	4/4	Battle at the Beach
23.72 (+0.1)	John	14	4/11	Texas A&M 44 Farms
23.82 (+2.2w)	Scott	9	4/4	Battle at the Beach
23.84 (+1.9)	Brahe-Pedersen	16	3/28	Battle on the Bayou
23.88 (+1.1)	Scott	6	3/22	Trojan Invitational
24.77 (+0.2)	Cenci	36	3/28	Battle on the Bayou
25.27 (+0.7)	Lott	12	3/22	Trojan Invitational

400M (USC: 49.99)		FR: 50.74)		
50.91-PR	Whyte	1	3/29	Battle on the Bayou
51.31	John	3	4/12	Texas A&M 44 Farms
54.52	Cenci	1	3/22	Trojan Invitational
55.00	Scott	11	3/29	Battle on the Bayou

800M (USC: 1:58.51)		FR: 2:04.16)		
2:13.04-PR	I. Duarte	5	3/22	Trojan Invitational
2:21.75	Vasquez	10	3/22	Trojan Invitational

1500M (USC: 4:12.05)		FR: 4:18.52)		
4:45.21	Maccagnini	6	3/22	Trojan Invitational
4:46.18	J. Duarte	7	3/22	Trojan Invitational
4:48.38-PR	Spoden	12	4/4	Battle at the Beach

3000M (USC: 9:11.78)		FR: 9:33.29)		
11:22.80	J. Duarte	7	4/4	Battle at the Beach

3000M SC (USC: 10.01.99)		FR: 10:03.73)		
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5000M (USC: 16.00.11)		FR: 16:36.66)		
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10000M (USC: 33.18.75)		FR: 36:32.25)		
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100M HH (USC: 12.48)		FR: 12.74)		
12.89 (+2.3w)	Waldron	1	4/4	Battle at the Beach
12.98 (+0.6)-PR	Waldron	2	3/29	Battle on the Bayou
13.12 (+3.3w)	J. Smith	3	4/12	Texas A&M 44 Farms
13.53 (+0.6)	J. Smith	4	3/29	Battle on the Bayou
14.10 (+1.1)	Lott	9	4/4	Battle at the Beach

Mark	Athlete	Place	Day	Event
400M IH (USC: 52.77)		FR: 55.14)		
59.86-PR	Lott	7	4/11	Texas A&M 44 Farms

LONG JUMP (USC: 21-11.00/6.68M)		FR: 21-5.25)		
20-5.25/6.23 (+0.6)	Lott	1	3/22	Trojan Invitational
19-11.00/6.07 (+0.8)	G. Smith	3	3/22	Trojan Invitational
19-10.75/6.06 (+0.3)-PR	Bush	4	3/22	Trojan Invitational
19-9.50/6.03 (+0.0)	Hope	6	3/22	Trojan Invitational
19-8.75/6.01 (+2.5w)	Lewis	3	4/4	Battle at the Beach
19-7.00/5.97 (+0.5)	Lewis	7	4/11	Texas A&M 44 Farms
19-3.25/5.87 (+1.3)	Reed	7	3/22	Trojan Invitational
19-2.50/5.85 (-0.2)-PR	Gatlin	8	3/22	Trojan Invitational

TRIPLE JUMP (USC: 45-7.25/13.90M)		FR: 44-8.25)		
42-8.75/13.02 (+1.0)-PR	Foreman	2	3/29	Battle on the Bayou
42-5.25/12.93 (+2.8w)	Reed	4	4/12	Texas A&M 44 Farms
41-2.50/12.56 (+2.1w)	Gatlin	2	4/4	Battle at the Beach
40-6.75/12.36 (+1.3)	Reed	3	3/22	Trojan Invitational
40-5.00/12.32 (+0.0)	Bush	4	3/22	Trojan Invitational
40-1.50/12.23 (+1.0)	Gatlin	6	3/22	Trojan Invitational

HIGH JUMP (USC: 6-2.00/1.88M)		FR: 6-2.00)		
5-3.75/1.62	Lott	T-8	4/12	Texas A&M 44 Farms

SHOT PUT (USC: 58-5.75/17.82M)		FR: 58-5.75)		
58-5.75/17.82-SR	Erasmus	1	3/22	Trojan Invitational
48-1.75/14.67	Garland	4	3/22	Trojan Invitational
47-3.50/14.41	Owens	5	3/22	Trojan Invitational

DISCUS (USC: 200-5/61.10M)		FR: 179-5)		
181-11 (55.46)-PR	Garland	1	4/5	Triton Invitational
176-11 (53.92)-PR	Erasmus	7	4/12	Texas A&M 44 Farms
174-0 (53.04)-PR	Owens	2	4/5	Triton Invitational

JAVELIN (USC: 186-10/56.95M)		FR: 173-11)		
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HAMMER (USC: 230-3/70.18M)		FR: 226-8)		
199-1 (60.68)-PR	Owens	5	3/21	Trojan Invitational
187-1 (57.03)	Gallaway	7	3/21	Trojan Invitational

POLE VAULT (USC: 14-0.00/4.27M)		FR: 13-7.25)		
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HEPTATHLON (USC: 6234 POINTS)		FR: 5,582)		
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4X100M (USC: 42.21)				
43.46		2	4/12	Texas A&M 44 Farms
(Pace, Brahe-Pedersen, Lewis, Selby)				

4X400M (USC: 3:23.35)				
3:29.61		1	4/12	Texas A&M 44 Farms
(John, Carter, Brahe-Pedersen, Whyte)				

2025 USC MEN'S OUTDOOR BESTS

Mark	Athlete	Place	Day	Event
100M (USC: 9.92)		FR: 10.17)		
9.92 (+2.4w)	Thomas	1	4/12	Texas A&M 44 Farms
9.93 (+2.4w)	Kaalund	2	4/12	Texas A&M 44 Farms
9.96 (+2.4w)	Nketia	3	4/12	Texas A&M 44 Farms
10.07 (+2.4w)	T.Williams	4	4/12	Texas A&M 44 Farms
10.13 (+2.4w)	Stevenson	5	4/12	Texas A&M 44 Farms
10.15 (+0.7)	Banks	7	4/12	Texas A&M 44 Farms
10.26 (-0.5)	Nketia	2	3/22	Trojan Invitational
10.45 (+2.4w)	Levan	16	3/29	Battle on the Bayou
10.54 (+0.4)	Knox	3	3/22	Trojan Invitational
10.59 (-0.5)	Levan	4	3/22	Trojan Invitational
10.77 (+2.1w)	Johnson III	13	4/4	Battle at the Beach
10.78 (-0.5)	Johnson III	9	3/22	Trojan Invitational

200M (USC: 19.84)		FR: 20.24)		
20.05 (+1.4)-PR	Kaalund	1	3/28	Battle on the Bayou
20.81 (+0.5)	Andrews	10	4/11	Texas A&M 44 Farms
20.87 (+0.7)	Levan	1	3/22	Trojan Invitational
20.92 (+1.4)	Nketia	2	3/22	Trojan Invitational
20.96 (+1.4)	Knox	3	3/22	Trojan Invitational
21.02 (+0.0)-PR	T.Williams	10	3/28	Battle on the Bayou
21.27 (+3.7w)	Banks	16	3/28	Battle on the Bayou
21.37 (+3.6w)	Johnson III	11	4/4	Battle at the Beach
21.58 (+1.2)	Johnson III	8	3/22	Trojan Invitational
21.60 (+0.0)	W.Jones	25	3/28	Battle on the Bayou
21.69 (+0.2)	Mauricette	50	4/11	Texas A&M 44 Farms

400M (USC: 43.50)		FR: 44.60)		
45.09	W.Jones	2	4/12	Texas A&M 44 Farms
45.96	Andrews	5	4/12	Texas A&M 44 Farms
47.30-PR	Knox	20	4/12	Texas A&M 44 Farms
47.47	Cumberbatch	22	4/12	Texas A&M 44 Farms
47.87	Mauricette	29	3/29	Battle on the Bayou
48.18-PR	Thomas	4	3/22	Trojan Invitational

800M (USC: 1:43.85)		FR: 1:47.1)		
1:47.70-PR	Cumberbatch	1	3/29	Battle on the Bayou
1:51.18-PR	Carter	1	3/22	Trojan Invitational
1:52.30	McCallum	3	3/22	Trojan Invitational
1:54.94	Arriola	12	4/4	Battle at the Beach
1:58.85	Reina Corona	10	3/22	Trojan Invitational

1500M (USC: 3:39.5)		FR: 3:45.85)		
3:45.23	Cumberbatch	2	3/22	Trojan Invitational
3:54.04-PR	Ruelas	2	4/4	Battle at the Beach
4:03.66	Reina Corona	5	4/4	Battle at the Beach
4:04.79	Arriola	13	3/22	Trojan Invitational
4:09.15	Swaminathan	16	3/22	Trojan Invitational

3000M (USC: ---)				
8:41.25	Reina Corona	2	3/22	Trojan Invitational
8:43.87	Ruelas	3	3/22	Trojan Invitational
9:05.87	Castillo	7	3/22	Trojan Invitational

3000M SC (USC: 8:52.1)		FR: 9:04.8)		
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5000M (USC: 14:02.6)		FR: 14:19.18)		
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110M HH (USC: 13:14)		FR: 13:68)		
13.69 (+3.4w)	Senior	2	4/4	Battle at the Beach

Mark	Athlete	Place	Day	Event
400M IH (USC: 47:02)		FR: 49:46)		
50.35-PR	Mauricette	1	4/4	Battle at the Beach
53.52	Marschall	5	4/4	Battle at the Beach
LONG JUMP (USC: 27-4.25/8.33m)		FR: 27-4.25)		
24-9.75/7.55 (+0.6)	Stevenson	5	4/11	Texas A&M 44 Farms
24-8.50/7.53 (+2.2w)	Holmes	3	3/28	Battle on the Bayou
24-5.75/7.46 (+1.8)	Holmes	3	3/38	Battle on the Bayou
23-8.75/7.22 (+2.1w)	Gerald	3	4/4	Battle at the Beach
22-8.00/6.91 (+1.1)	Gerald	3	4/4	Battle at the Beach
21-2.00/6.45 (-1.0)	Frech	7	3/22	Trojan Invitational

TRIPLE JUMP (USC: 56-4.00/17.17m)		FR: 53-9)		
53-1.00/16.18 (+0.0)	Holmes	1	3/22	Trojan Invitational

HIGH JUMP (USC: 7-7.25/2.32m)		FR: 7-4.50)		
7-3.75/2.23-PR	Gerald	1	3/29	Battle on the Bayou
6-2.75/1.90	Frech	T-2	3/22	Trojan Invitational

SHOT PUT (USC: 68-1.50/20.76m)		FR: 64-1.00)		
60-2.00/18.34-PR	Dunn	2	4/4	Battle at the Beach
57-0.75/17.39	Garland	3	3.22	Trojan Invitational
55-8.50/16.98	Beery	4	3/22	Trojan Invitational

DISCUS (USC: 207-0/63.09m)		FR: 204-6)		
207-0/63.09-SR	Broderick	1	3/21	Trojan Invitational
184-3/56.17	Dunn	5	4/4	Battle at the Beach

JAVELIN (USC: 272-2/82.97m)		FR: 247-5)		
195-1/59.48	Heydon	1	3/22	Trojan Invitational

HAMMER (USC: 271-1/82.62m)		FR: 253-2)		
184-6/56.24	Garland	6	3/21	Trojan Invitational

POLE VAULT (USC: 18-6.50/5.65m)		FR: 17-6)		
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DECATHLON (USC: 8,130 POINTS)		FR: 8,130)		
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4X100M (USC: 38.41)				
38.41-SR		1	4/12	Texas A&M 44 Farms
(T.Williams, Thomas, Kaalund, Nketia)				

4X400M (USC: 2:59.00)				
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ALL-TIME WOMEN'S PERFORMERS

WOMEN'S OLYMPIC EVENTS

100 METERS

1. Twanisha Terry	10.89	5/29/21
2. Celera Barnes	10.94	6/24/22
3. Caisja Chandler	10.99	4/8/23
4. Samirah Moody	11.02	4/8/23
5. Angela Williams	11.04	6/5/99
6. Angie Annelus	11.06	6/6/19
7. Natasha Mayers	11.09	4/19/03
8. Jassani Carter	11.09	5/25/24
9. Torri Edwards	11.10n	6/4/99
Virginia Powell	11.10	5/14/06

200 METERS

1. Angie Annelus	22.16	6/8/19
2. Carol Rodriguez	22.23a	5/27/06
3. Caisja Chandler	22.32	7/8/23
4. Madison Whyte	22.32	4/11/25
5. Inger Miller	22.33	4/17/93
6. Deanna Hill	22.41	5/14/17
7. Jassani Carter	22.46	6/6/24
8. Samirah Moody	22.50	5/14/23
9. Tynia Gaither	22.54	6/11/16
Twanisha Terry	22.54	5/29/21

400 METERS

1. Kendall Ellis	49.99	5/13/18
2. Jan'Taijah Jones	50.31	6/8/23
3. Christine M. Mallard	50.74	7/9/23
4. Kaelin Roberts	50.82	5/29/21
5. Kyra Constantine	50.87	6/12/21
6. Jaide Stepter	50.91	3/26/16
7. Madison Whyte	50.91	3/29/25
8. Nicole Yeargin	50.96	6/10/21
9. Bailey Lear	51.02	6/10/21
10. Yemi John	51.04	7/14/23

800 METERS

1. Brigita Langerholc	1:58.51	9/25/00
2. Michelle Taylor	2:00.01	7/19/89
3. Lesley Noll	2:03.30	4/8/88
4. Grazyna Penc	2:03.82n	4/5/97
5. Anna Lopaciuch	2:04.07	6/27/98
6. Aleksandra Deren	2:04.18	4/26/01
7. Donna Curtis	2:04.58	5/29/85
8. Marne Sullivan	2:04.59	3/30/24
9. Alyssa Brewer	2:04.93	3/23/19
10. Jemima Russell	2:04.95	5/24/19

1,500 METERS

1. Grazyna Penc	4:12.05n	4/20/97
2. Iryna Vashchuk	4:12.79	5/29/04
3. Anna Lopaciuch	4:16.49n	4/4/98
4. Lesley Noll	4:17.25	4/30/89
5. Emebet Shiferaw	4:20.75	5/4/96
6. Aleksandra Deren	4:20.84	5/5/01
7. Kristie Johnston	4:21.84n	5/3/97
8. Shannon Clark	4:22.06	4/11/87
9. Gigi Maccagnini	4:22.30	3/25/23
10. Elise Lyon	4:22.75	5/23/86

3,000 METERS

1. Emebet Shiferaw	9:11.78n	6/6/97
2. Anna Lopaciuch	9:23.44n	5/2/98
3. Zsafia Erdelyi	9:27.96	3/20/10
4. Iryna Vashchuk	9:31.14	3/20/04
5. Lucyna Ligaj	9:38.07	3/3/01
6. Shannon Clark	9:41.41	4/17/87
7. Sarah Cocco	9:42.68	3/1/08
8. Katerina Berdousi	9:45.42	3/22/13
9. Elise Lyon	9:48.69	4/17/87
10. Beth Van Alstine	9:49.07	3/20/04

3,000m Steeplechase

1. Zsafia Erdelyi	10:01.99	5/30/09
2. Julia Budniak	10:14.51	6/12/04
3. Kira Soderstrom	10:34.18	4/16/15
4. Katerina Berdousi	10:42.40	5/14/16
5. Jenna Tong	10:42.91	4/5/14
6. Laura Meyers	10:49.95	4/5/08
7. Marina Soares	11:02.98	5/4/24
8. Natalia Kovtn	11:04.35	4/28/07
9. Kristen Berglas	11:06.70	4/30/05
10. Katherine Ellis	11:07.26	5/2/09

5,000 METERS

1. Zsafia Erdelyi	16:00.11	4/15/11
2. Emebet Shiferaw	16:16.27	5/18/96
3. Ariel Wright	16:23.66	3/25/11
4. Iryna Vashchuk	16:28.71	3/25/05
5. Julia Budniak	16:42.65	4/18/04
6. Brooke Thomas	16:53.82	3/29/03
7. Katerina Berdousi	17:04.41	5/15/16
8. Julie Seleine	17:18.81	3/21/87
9. Kathleen Moloney	17:29.33	3/6/10
10. Marjorie Lopez	17:31.71	4/5/24

10000 METERS

1. Zsafia Erdelyi	33:18.75	3/26/10
2. Beth Van Alstine	34:29.62	3/27/04
3. Kate Neepier	36:09.24	4/17/04
4. Shea Wickland	36:16.00	3/7/09
5. Marjorie Lopez	36:32.25	4/18/24
6. Dina Kitayama	36:38.60	4/14/11
7. Zara Lukens	37:11.02	4/14/11
8. Holly Peters	39:51.67	5/1/03
9. Roseann Mardon	40:21.64	5/6/86
10. Vienna Gao	41:38.64	4/13/23

100-METER HURDLES

1. Virginia Powell	12.48	6/9/06
2. Chanel Brissett	12.52	6/8/19
3. Anna Cockrell	12.54	6/10/21
4. Jasmine Jones	12.64	6/8/24
5. Nia Ali	12.73	6/25/11
6. Dior Hall	12.74	6/13/15
7. Jalaysia Smith	12.77	6/6/24
8. Allie Jones	12.81	5/12/23
9. Candice Davis	12.90	6/8/07
10. Mecca McGlaston	12.98	6/7/18
11. Nonah Waldron	12.98	3/29/25

400-METER HURDLES

1. Jasmine Jones	52.29	8/8/24
2. Anna Cockrell	53.70	6/27/21
3. Natasha Danvers	54.95	9/25/00
4. Jaide Stepter	54.95	7/10/16
5. Amalie Iuel	55.38	4/8/17
6. Leslie Maxie	55.79	6/6/87
7. Dalilah Muhammad	56.04	6/8/11
8. Rae-Anne Serville	56.88	5/25/24
9. Michelle DeCoux	57.05	4/4/92
10. Natasha Neal	57.16	5/5/01

LONG JUMP

1. Yvette Bates	21-11 (6.68)	7/23/88
2. Wendy Brown	21-7 1/2 (6.59)	7/19/88
3. Sabrina Williams	21-6 (6.55)	1985
4. Morgan Smalls	21-5 1/4 (6.53)	5/15/21
5. Courtney Corrin	21-2 1/2 (6.46)	4/21/18
6. Madisen Richards	21-0 3/4 (6.42)	6/7/18
7. Pamela Simpson	21-0 (6.40)	6/2/99
8. Tatyana Obukhova	20-11 3/4 (6.39)	4/13/02
9. Lanae-Tava Thomas	20-11 1/4 (6.38)	3/20/21
10. Margaux Jones	20-10 3/4 (6.37)	6/25/16
11. Terri Ojora	20-10 3/4 (6.37)	3/31/23

HIGH JUMP

1. Emelie Fardigh	6-2 (1.88)	3/22/97
2. Nia Ali	6-1 1/4 (1.86)	5/14/11
3. Wendy Brown	6-1 (1.85)	8/27/88
4. Spring Harris	6-0 1/2 (1.84)	3/22/03
5. Amalie Iuel	6-0 1/2 (1.84)	5/7/16
6. Morgan Smalls	6-0 1/2 (1.84)	6/12/21
7. Crissy Mills	6-0 (1.83)	6/2/93
8. Debra Larsen	5-11 3/4 (1.82)	6/24/83
9. Natasha Danvers	5-11 1/2 (1.82)	5/24/98
10. Tanya Smith	5-11 1/2 (1.82)	3/9/96

TRIPLE JUMP

1. Terri Ojora	45-7 1/4 (13.90)	5/25/24
2. Wendy Brown	45-5 1/4 (13.85)	6/17/88
3. Yvette Bates	45-3 1/2 (13.79)	6/4/87
4. Michelle Sanford	43-9 1/4 (13.34)	5/15/04
5. Alitta Boyd	43-8 3/4 (13.33)	5/25/13
6. Dominique Ruotolo	43-6 1/2 (13.27)	4/1/23
7. Melia Cox	43-3 1/4 (13.19)	6/7/13
8. Tatyana Obukhova	43-2 1/4 (13.16)	4/22/01
9. Isabella Marten	43-0 1/4 (13.11)	4/19/19
10. Ekene Anene	42-10 1/4 (13.06)	5/29/10

SHOT PUT

1. Ashley Erasmus	58-5 3/4 (17.82)	3/22/25
2. Breana Jemison	57-7 3/4 (17.57)	3/31/18
3. Karen Freberg	57-7 1/2 (17.56)	4/29/06
4. Brittany Mann	57-4 3/4 (17.49)	6/8/17
5. L'Orangerie Crawford	56-3 1/4 (17.15)	5/14/04
6. Diana Clements	55-8 1/4 (16.97)	2/21/86
7. Tanya Sapa	55-7 3/4 (16.96)	5/1/16
8. Cynthia Ademiluyi	55-0 1/4 (16.77)	5/31/00
9. Kallee Freeman	53-11 (16.43)	4/30/23
10. Tera Novy	53-0 (16.15)	5/1/16

DISCUS THROW

1. Tera Novy	200-5 (61.10)	4/14/16
2. Alexandra Collatz	189-8 (57.82)	4/16/15
3. Kate Hutchinson	189-5 (57.73)	5/6/06
4. Kallee Freeman	185-8 (56.61)	4/8/22
5. Reese Garland	181-11 (55.46)	4/5/25
6. Cynthia Ademiluyi	177-10 (54.20)	2/23/02
7. Claudia Paris	176-11 (53.92)	3/5/88
8. Ashley Erasmus	176-11 (53.92)	4/12/25
9. Karyssa Owens	174-0 (53.04)	4/5/25
10. Cindy Johnson	173-11 (53.00)	6/4/83

JAVELIN THROW (1999 Implement)

1. Inga Stasiulionyte	186-10 (56.95)	5/18/02
2. Kristine Busa	179-1 (54.58)	7/18/09
3. Sara Zabardino	171-3 (52.20)	4/18/24
4. Leslie Erickson	168-11 (51.48)	5/4/02
5. Andrea McBride	161-7 (49.25)	4/30/05
6. Marissa Minderler	157-3 (47.92)	4/2/10

JAVELIN THROW (old implement)

1. Sherry Calvert	192-0 (58.52)	5/12/72
2. Ashley Selman	187-9 (57.22)	6/17/89
3. Diana Clements	168-8 (51.42)	5/22/87
4. Nicole Haynes	158-10 (48.42)	5/20/94
5. Wendy Brown	158-6 (48.32)	4/30/88

HAMMER THROW

1. Eva Urban	230-3 (70.18)	3/15/08
2. Jenny Ozoral	223-4 (68.08)	3/9/12
3. Marissa Minderler	220-11 (67.35)	5/12/12
4. Julianna Tudja	218-9 (66.69)	6/14/03
5. Joy McArthur	218-6 (66.61)	4/30/22
6. L'Orangerie Crawford	209-8 (63.91)	3/8/03
7. Jade Niemeyer	208-0 (63.40)	5/26/12
8. Lauren Chambers	206-5 (62.93)	4/16/10
9. Jennifer Vail	204-3 (62.26)	5/21/00
10. Julia Rozenfeld	203-1 (61.90)	3/12/05

HEPTATHLON

1. Allie Jones	6,234	5/13/23
2. Wendy Brown	6,079	7/16/88
3. Amalie Iuel	6,011	5/8/16
4. Nia Ali	5,824	5/10/09
5. Nicole Haynes	5,786	5/12/96
6. Lindsey Lopes	5,719	5/6/18
7. Kerry Zwart-Bell	5,550	6/1/82
8. Shana Woods	5,507	6/8/07
9. Sharon Hatfield	5,410	4/19/86
10. Tanya Smith	5,345	5/26/93

POLE VAULT

1. Bryson Stately	14-0 (4.27)	5/1/10
2. Melissa Astete	12-11 1/2 (3.95)	5/15/05
3. Brittain Bernhardt	12-11 1/2 (3.95)	4/15/05
4. Shannon Lewallen	12-5 1/2 (3.80)	3/26/05
5. Chun Mei Nickles	12-5 1/2 (3.80)	4/21/07
6. Felicia Horvath	12-5 1/2 (3.80)	3/26/16
7. Thea Weiss	12-4 1/2 (3.77)	5/4/13
8. Ariel Hayward	12-2 3/4 (3.73)	3/2/13
9. Sonya Negriff	12-1 1/2 (3.70)	4/26/02
10. Kenisha Strong	12-1 1/2 (3.70)	4/4/09

PENTATHLON

1. Kerry Zwart-Bell	3,801	3/30/80
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400-METER RELAY

1. Brissett, Annelus, Thomas, Terry	42.21	6/8/19
2. McGlaston, Annelus, Thomas, Terry	42.44	5/11/19
3. Annelus, Ellis, Hill, Terry	42.57	4/21/18
4. Yeargin, Annelus, Thomas, Terry	42.63	5/2/21
5. Jasmine Jones, Annelus, Thomas, Terry	42.63	5/29/21
6. Hall, Annelus, Thomas, Terry	42.77	4/28/19
7. Mallard, Whyte, Moody, Carter	42.87a	5/12/24
8. Chandler, Moody, Jan'Taijah Jones, Carter	42.88	6/8/23
9. Brown, Hill, Faulkner, Gaither	42.90	6/11/16
10. Powell, Onyepunuka, Davis, Rodriguez	42.96	6/9/06

1,600-METER RELAY

1. Pettigrew, Iuel, Hill, Ellis	3:23.35	6/10/17
2. Lear, Yeargin, Roberts, Constantine	3:24.54	6/12/21
3. Pettigrew, Iuel, Cockrell, Ellis	3:26.09	5/27/17
4. Ellis, Iuel, Pettigrew, Stepter	3:26.73	5/28/16
5. Mallard, Chandler, Lear, Jan'Taijah Jones	3:26.96	4/8/23
6. Constantine, Cockrell, Hill, Ellis	3:27.06	6/9/18
7. John, Whyte, Jasmine Jones, Jan'Taijah Jones	3:27.28	5/25/24
8. Lear, Mallard, Chandler, John	3:27.42	6/10/23
9. Lear, John, Chandler, Jan'Taijah Jones	3:27.52	5/27/23
10. Pettigrew, Iuel, Constantine, Ellis	3:27.64	6/8/17

USC MEN'S TOP 10 PERFORMERS

MEN'S OLYMPIC EVENTS

100 METERS

1. Andre De Grasse.....	9.92	8/23/15
2. BeeJay Lee.....	9.99	6/25/15
Davonte Burnett.....	9.99	4/16/22
4. James Sanford.....	10.02	5/11/80
5. Lennox Miller.....	10.04a	10/14/68
6. Aaron Brown.....	10.05	6/5/13
7. Clancy Edwards.....	10.07	6/2/78
8. Darwin Cook.....	10.10	5/18/85
Ahmad Rashad.....	10.10	6/12/09
10. Max Thomas.....	10.13a	5/12/24
JC Stevenson.....	10.13a	5/12/24

200 METERS

1. Michael Norman.....	19.84	6/30/18
2. Andre De Grasse.....	19.88	7/24/15
3. James Sanford.....	19.94a	4/19/80
4. Rai Benjamin.....	19.99	6/30/18
5. Clancy Edwards.....	20.03	4/29/78
6. Garrett Kaalund.....	20.05	3/28/25
7. BeeJay Lee.....	20.11	6/28/15
8. Aaron Brown.....	20.16	5/31/14
9. Bryshon Nellum.....	20.23	5/12/13
10. Davonte Burnett.....	20.28	5/1/22
Max Thomas.....	20.28	5/24/24

400 METERS

1. Quincy Watts.....	43.50	8/5/92
2. Michael Norman.....	43.61	6/8/18
3. Jerome Davis.....	44.51	8/1/99
Johnnie Blockburger.....	44.51a	5/12/24
5. Lionel Larry.....	44.63	6/14/08
6. William Jones.....	44.65	5/14/23
7. Bryshon Nellum.....	44.73	6/7/13
8. Rai Benjamin.....	44.74	4/21/18
9. Josh Mance.....	44.83	6/6/12
10. Billy Mullins.....	44.84	5/11/80

800 METERS

1. Isaiah Jewett.....	1:43.85	6/21/21
2. Ibrahim Okash.....	1:44.92	6/19/88
3. Duane Solomon.....	1:45.69	6/24/07
4. Robert Ford.....	1:46.43	6/21/18
5. Lloyd Johnson.....	1:46.5en	7/4/77
Rayfield Beaton.....	1:46.5e	4/29/78
Mark Handelsman.....	1:46.5en	7/14/82
8. David Omwansa.....	1:46.8n	6/2/79
Joey Bunch.....	1:46.8	4/19/86
10. Irek Sekretarski.....	1:47.11	6/11/09

1,500 METERS

1. David Omwansa.....	3:39.5en	5/20/78
2. Ibrahim Okash.....	3:40.86	7/5/88
3. Bobby Poynter.....	3:42.75	4/30/23
4. Blake Shaw.....	3:43.08	4/15/11
5. Tomasz Babiszkiwicz.....	3:43.41	4/15/05
6. George Gleason.....	3:44.15	5/14/21
7. Nathan Cumberbatch.....	3:45.23	3/22/25
8. Ray Griffin.....	3:45.54	5/6/89
9. Irek Sekretarski.....	3:45.60	5/2/09
10. Rayfield Beaton.....	3:46.2	5/1/76

5,000 METERS

1. Ole Oleson.....	14:02.6	3/23/68
2. Max Truex.....	14:04.2	5/31/57
3. George Gleason.....	14:12.16	5/16/21
4. Fredson Mayiek.....	14:19.18	5/24/86
5. John Carley.....	14:23.60	3/5/11
6. Ray Griffin.....	14:24.66	4/1/89
7. Roman Gomez.....	14:28.74n	5/2/87
8. Blake Shaw.....	14:30.60	3/10/12
9. Ryan Holman.....	14:31.9n	4/4/81
10. Nicolaus Jakowec.....	14:33.10	4/19/19

10,000 METERS

1. Fredson Mayiek.....	29:42.7n	5/21/88
2. Mitch Sloan.....	30:15.1	4/21/90
3. Adolfo Garcia.....	30:30.3n	5/21/88
4. Ted Price.....	30:31.10	3/25/11
5. Max Truex.....	30:52.0	6/22/56

110-METER HIGH HURDLES

1. Aleec Harris.....	13.14	7/27/14
2. Tade Ojora.....	13.29	6/9/23
3. Oscar Spurlock.....	13.33	4/16/11
Mark Crear.....	13.33	8/14/92
5. Ryan Wilson.....	13.35	6/14/03
6. Johnny Brackins Jr.....	13.37	6/5/24
7. Brendan Ames.....	13.39	5/13/11
8. Robert Reading.....	13.42	6/2/89
9. Earl McCullouch.....	13.44	7/16/67
Tonie Campbell.....	13.44n	8/28/81

400-METER INTERMEDIATE HURDLES

1. Rai Benjamin.....	47.02	6/8/18
2. Felix Sanchez.....	48.33	6/28/00
3. Tom Andrews.....	48.55	6/12/76
4. Reggie Wyatt.....	48.58	6/7/13
5. Cameron Samuel.....	48.68	6/11/21
6. Pedro Rodrigues.....	48.82	8/20/95
7. Geoff Vanderstock.....	48.94a	9/11/68
8. George Porter.....	49.19n	6/3/89
9. Rich Graybehl.....	49.31n	6/3/78
10. Ryan Wilson.....	49.33	5/18/03

3,000 METER STEEPLECHASE

1. Henry Perez.....	8:52.1e	4/29/78
2. Romney Mawhorter.....	8:52.5n	5/2/87
3. Fredson Mayiek.....	9:00.42	4/29/89
4. Curtis Jones.....	9:01.0	4/11/70
5. Zane Golpariani.....	9:03.95	4/28/24
6. Dreux Valenti.....	9:04.1	4/8/89
7. Rich Dyer.....	9:07.4	4/18/70
8. Roman Gomez.....	9:09.4	1987
9. Morgan Fierro.....	9:11.27	4/13/23
10. Adrian Rafiee.....	9:16.31	5/1/11

LONG JUMP

1. Randy Williams.....	27-4 1/4 (8.33)	9/9/72
2. Dietmar Haaf.....	27-0 3/4 (8.25)	8/30/90
3. Larry Doubly.....	26-11 3/4 (8.22)	5/3/77
JC Stevenson.....	26-11 3/4 (8.22)	6/5/24
5. Johnny Brackins.....	26-9 3/4 (8.17)	6/24/24
6. Henry Hines.....	26-8 1/2 (8.14)	5/8/71
7. Allen Simms.....	26-3 3/4 (8.02)	3/1/03
8. Ed Tave.....	26-1 3/4 (7.97)	3/31/84
9. Gerald Hardeman.....	26-1 1/4 (7.96)	3/31/74
10. Wellesley Clayton.....	26-0 (7.92)	4/3/65

TRIPLE JUMP

1. Allen Simms.....	56-4 (17.17)	4/28/03
2. Julien Kapek.....	56-2 (17.12)	6/14/03
3. Jordan Scott.....	55-7 3/4 (16.96)	4/3/21
4. Eric Sloan.....	55-6 1/4 (16.92)	5/27/17
5. Tom Cochee.....	54-4 1/2n (16.57)	5/10/75
6. Djeke Mambo.....	54-4 (16.56)	3/17/01
7. Ed Washington.....	53-9 (16.38)	3/16/74
Don Bryson.....	53-9n (16.38)	5/3/75
9. Kenny Hays.....	53-3 1/4 (16.23)	5/3/80
10. Jaren Holmes.....	53-1 (16.18)	3/22/25

POLE VAULT

1. Dennis Kholev.....	18-6 1/2 (5.65)	5/30/00
2. Dave Kenworthy.....	18-2 3/4 (5.55)	7/24/82
3. Russ Rogers.....	18-1 1/2 (5.52)	3/27/76
4. Steve Klassen.....	18-0 1/2 (5.50)	4/19/86
Eric White.....	18-0 1/2 (5.50)	5/2/87
Brandon Estrada.....	18-0 1/2 (5.50)	3/6/10
7. Jeff Ryan.....	17-10 1/2 (5.45)	5/17/03
8. Bob Seagren.....	17-9 (5.41)	9/12/68
9. Paul Wilson.....	17-7 3/4 (5.37)	6/23/67
10. David Grijalva.....	17-7 1/4 (5.37)	5/18/02

HIGH JUMP

1. Jesse Williams.....	7-7 1/4 (2.32)	6/9/06
2. Earnest Sears III.....	7-6 1/2 (2.30)	4/16/22
3. Dawid Jaworski.....	7-5 3/4 (2.28)	6/14/03
4. Manjula Wijesekara.....	7-5 1/4 (2.27)	9/4/05
5. Anthony Caire.....	7-4 1/2 (2.25)	5/28/84
Randall Cunningham.....	7-4 1/2 (2.25)	6/10/16
7. Dean Owens.....	7-2 1/4 (2.19)	4/7/73
8. Dennis Smith.....	7-2n (2.18)	5/24/80
9. Tyler Ruiz.....	7-1 1/2 (2.17)	5/12/13
Elias Gerald.....	7-1 1/2 (2.17)	5/26/23

SHOT PUT

1. Matthew Katnik.....	68-1 1/2 (20.76)	5/2/21
2. Noah Bryant.....	67-5 1/2 (20.56m)	4/28/07
3. Doug Lane.....	66-11 1/4 (20.40)	5/19/72
4. McKay Johnson.....	66-2 1/2 (20.18)	5/2/21
5. Hank Kraychir.....	66-0 1/2 (20.13)	6/4/83
6. Dallas Long.....	65-10 1/2 (20.08)	5/18/62
7. Dave Murphy.....	64-3 (19.58)	5/15/70
8. Nick Ponzio.....	64-1 (19.53)	6/10/15
9. William Denbo.....	63-7 1/2 (19.39m)	5/12/07
10. Mike Budincich.....	63-5 3/4 (19.34)	5/1/76

DECATHLON

1. Ayden Owens.....	8,130	4/17-18/19
2. Mike Gonzales.....	8,022	6/21-22/84
3. Viktor Fajoyomi.....	7,712	6/11-12/14
4. Jim Stewart.....	7,709	5/11-12/28
5. Bo Sterner.....	7,667	6/4-5/74
6. Daniel Haag.....	7,623	3/14-15/98
Bob Coffman.....	7,623	6/4-5/74
8. Shelton Davis.....	7,290	5/10-11/03
9. Russell Silvers.....	7,254	5/11-5/12/02
10. Darren Hall.....	7,173	5/20-21/83

DISCUS

1. Racquil Broderick.....	207-0 (63.09)	3/21/25
2. Gary Carlsen.....	206-0 (62.78)	6/4/67
3. Hank Kraychir.....	203-8 (62.08)	4/9/83
4. Bernd Kneissler.....	202-11 (61.84)	5/24/86
5. Ralph Fruguglietti.....	202-0 (61.58)	6/5/76
6. Rink Babka.....	198-10 (60.60)	3/22/58
Joe Antunovich.....	198-10 (60.60)	5/8/71
8. Aaron Dan.....	198-5 (60.48m)	3/13/10
9. Darrell Elder.....	195-2 (59.48)	4/16/77
10. Gary Kirchoff.....	194-7 (59.32)	5/1/93

JAVELIN

(1986 IMPLEMENT)

1. Corey White.....	272-2 (82.97)	4/4/09
2. Cooper Thompson.....	253-3 (77.19)	5/15/10
3. Nils Fearnley.....	244-8 (74.58)	5/20/95
4. Leif Nelson.....	239-11 (73.13)	4/5/24
5. Henrik Kjaereng.....	227-0n (69.20)	5/3/97
6. Jeffrey Churchman.....	219-4 (66.85)	5/17/14
7. Matt Gee.....	213-5 (65.06)	3/4/89
8. Dennis Rice.....	211-6 (64.47)	3/18/05
9. Mike Gonzales.....	208-9n (63.62)	5/3/86
10. Mike Thomas.....	206-10 (63.04)	5/14/94

HAMMER

1. Balazs Kiss.....	271-1 (82.62)	9/95
2. Conor McCullough.....	252-4 (76.91)	6/10/15
3. Nikolaos Polychroniou.....	246-10 (75.24)	4/27/24
4. Norbert Horvath.....	241-11 (73.75)	6/5/99
5. Nathan Bultman.....	239-10 (73.12)	5/14/21
6. Remington Conatser.....	238-8 (72.76)	3/21/14
7. Bengt Johansson.....	236-11n (72.22)	6/5/98
8. Trey Knight.....	235-7 (71.81)	5/14/22
9. Adam Midles.....	228-3 (69.57)	4/27/07
10. Trey Henderson.....	227-10 (69.45)	4/1/11

400-METER RELAY

1. T.Williams, Thomas, Kaalund, Nketia.....	38.41	4/12/25
2. James, Stewart, Ashton Allen, Blockburger.....	38.49	6/10/22
3. Williams, Thomas, Andrews, Blockburger.....	38.54	6/5/24
4. Burnett, Stewart, James, Blockburger.....	38.60	5/15/22
5. T.Williams, Kaalund, Stevenson, Nketia.....	38.60	3/29/25
6. Williams, Mullins, J. Sanford, M. Sanford.....	38.69	2/23/80
7. Burnett, Stewart, Allen Jr., Blockburger.....	38.74	5/1/22
8. Lee, De Grasse, Thymes, Jackson.....	38.75	6/10/15
8. Okonkwo, Stewart, Borzor, Allen.....	38.75	6/7/23
10. Williams, Thomas, Stevenson, Blockburger.....	38.77	4/20/24

1,600-METER RELAY

1. Morgan, Benjamin, Shinnick, Norman.....	2:59.00	6/8/18
2. Ramey, Shinnick, Blockburger, James.....	2:59.98	6/10/22
3. Hannah, Conway, Cannady, Watts.....	3:00.58	3/6/92
4. Hughes, Mance, Wyatt, Nellum.....	3:00.64	6/9/12
5. Benjamin, Shinnick, Ford, Norman.....	3:01.11	5/26/18
6. Ramey, Allen Jr. James, Blockburger.....	3:02.20	5/27/22
7. Jones, Andrews, Rainey, Blockburger.....	3:02.29	6/5/24
8. Ramey, Herron, Samuel, Jewett.....	3:02.49	6/11/21
9. Ekpenyong, Hervey, Rodrigues, Krill.....	3:02.59	6/2/95
10. Brackins Jr., Allen, Okonkwo, Jones.....	3:02.67	6/7/23