

SOUTHERN CALIFORNIA TRACK & FIELD





FINAL Schedule

FRIDAY, MARCH 21, 2025

Field Events - All times approximate, will run one after another

11:00am - Men's Discus Throw (1 flight)

12:00pm - Women's Discus Throw (2 flights)

1:15pm - Men's Hammer Throw (1 flight)

2:15pm - Women's Hammer Throw (2 flights)

Field Events Location Friday at the Colich Throws Center 1451 West Q Street, Wilmington, CA

SATURDAY, MARCH 22, 2025

Field Events at Loker Track

11:00am - Women's Long Jump (2 Flights)

11:00am - Men's Long Jump

11:00am - Women's Pole Vault

11:00am - Women's Shot Put

12:00pm - Women's Javelin

12:00pm - Men's Javelin

12:30pm - Women's High Jump

1:00pm - Men's Shot Put

12:30pm - Men's Pole Vault

1:30pm - Women's Triple Jump

1:30pm - Men's Triple Jump

2:00pm - Men's High Jump

Running Events

11:00am - Women's 3k Steeple Chase

11:20am - Men's 3k Steeple Chase

11:35am - Senior Recognition

11:55am - NCAA Indoor Recognition

12:00pm - National Anthem

12:05pm -Women's 4x100 Meter Relay

12:10pm - Men's 4x100 Meter Relay

12:15pm -Women's 1500 Meters

12:25pm -John L. West Men's 1500 Meters

12:35pm -Women's 100 Hurdles

12:45pm - Men's 110 High Hurdles

12:50pm -Women's 400 Meters

12:55pm - Men's 400 Meters

1:05pm -Women's 100 Meters

1:15pm - Men's 100 Meters

1:25pm -Women's 800 Meters

1:30pm - Men's 800 Meters

1:40pm -Women's 400 Hurdles

1:50pm - Men's 400 Hurdles

2:05pm -Women's 200 Meters

2:15pm - Men's 200 Meters

2:30pm -Women's 3000 Meters

2:45pm - Men's 3000 Meters

3:05pm -Women's 1600 Meter Relay

3:10pm - Men's 1600 Meter Relay