



# USC T&F SET FOR NCAA INDOOR CHAMPIONSHIPS

## - Trojan Men Ranked No. 2, Women No. 11 -



University of Southern California Sports Information Office, Heritage Hall 103A, L.A., CA 90089-0601 • Phone: (213) 740-8480 • Fax: (213) 740-7584

### USC Track & Field Schedule

Date	Indoor Meets
1/17	Spokane Sports Showcase
1/24	Red Raider Invite
2/7-8	Collegiate Classic
2/14-15	Tiger Paw Invitational
2/15	Husky Classic
2/28-3/1	Big Ten Indoor Championships%
3/14-15	NCAA Indoor Championships\$

Date	Outdoor Meets
3/21-22	Trojan Invitational*
3/28-29	Battle on the Bayou
4/4	Battle at the Beach
4/5	Triton Invite (throwers only)
4/11-12	44 Farms Team Invitational
4/18-19	Mt. SAC Relays
5/4	USC-UCLA Dual Meet
5/10	Oxy Invite
5/16-18	Big Ten Championships+
5/28-31	West Preliminary Rounds^
6/11-14	NCAA Championships#

% Indianapolis, Ind.

\$Virginia Beach, Va.

\* Home

+ Eugene, Ore.

^ College Station, Texas.

# Eugene, Ore.

### USC Quick Facts

<b>Location:</b>	Los Angeles, Calif.
<b>Enrollment:</b>	47,00 (21,000)
<b>Nickname:</b>	Trojans
<b>Colors:</b>	Cardinal and Gold
<b>Athletic Dir:</b>	Jennifer Cohen
<b>Dir. of T&amp;F:</b>	Quincy Watts (213) 740-4201
<b>Coaches:</b>	Martin Maric John Bolton Karl Goodman Jeff Petersmeyer Stephanie Williams Brenton Emanuel Milton Mallard
<b>Dir. of Ops:</b>	Nathan Collins
<b>T&amp;F SID:</b>	David Tuttle (213) 725-3102

### USC's History In Track & Field

<b>NCAA Titles:</b>	Men (26 outdoor) Men (2 indoor) Women (3 outdoor)
<b>Last Title:</b>	Men (1976) Women (2021)
<b>NCAA Champs:</b>	Men (176) Women (41)
<b>Olympic Champs:</b>	Men (48) Women (12)

### Pronunciation Guide

Brahe-Pedersen, Mia - (Brah-hay Pedd-er-son, Mee-uh)  
Broderick, Racquil (rah-KEEL)  
Carter, Jassani (Juh-SAN-ee)  
Cenci, Takiya (SEN-see, Tuh-KI-uh)  
DeFrاند, Dajaz (Deh-FRAND, Day-juh)  
Dunn, Shaiquan - (Shay-kwan)  
Eyakpobeyan, Tiana - (Ee-yah-poe-bay-ahn)  
John, Yemi (YEH-me)  
Maccagnini, Gigi (Mac-uh-knee-knee, GEE-GEE)  
Mauricette, Yougenny (More-ih-set, You-gen-dee)  
Moody, Samirah (suh-MY-ruh)  
Nketia, Edward - (N-Kay-tee-uh)  
Ojora, Temi (oh-JORE-ah, TEM-ee)  
Polychroniou, Nikolaos - (Poly-cron-ee-ew)  
Scott, Maira - (MARE-uh)  
Smith, Jalaysiya (Juh-LAY-see-ya)  
Uviogara, Rachael - (OO-Vee-AY-garuh, Ray-chell)

### WEEKLY TRACK AND FIELD RELEASE - March 14, 2025

**THIS WEEK** - The USC Track and Field team will compete this weekend at the NCAA Indoor Track & Field Championships to be held at the Virginia Beach Sports Center in Virginia Beach, Va. on March 14-15. The men's team is currently ranked No. 2 and the women's team is ranked No. 11.

**MEN'S TEAM REACHES NEW HEIGHTS:** The USC men's team was ranked No. 1 on Feb. 11. The No. 1 ranking is the team's highest since the USTFCCCA began indoor rankings in 2008.

**USC AT THE NCAA INDOOR CHAMPIONSHIPS:** The USC men's team tied for seventh and the Trojan women's team tied for eighth at the 2024 NCAA Indoor T&F Championships. The USC men's team won NCAA Indoor Championships team titles in 1967 and 1972. Last season, Jasmine Jones won the women's 60m hurdles title. The last USC male to win an individual title was Davonte Burnett who won the 2022 NCAA 60m dash title.

**RETURNING INDOOR ALL-AMERICANS:** Trojans on the 2025 USC track and field team which earned 2024 Indoor All-America honors are Jacob Andrews (7th, M-4x400m), Johnnie Blockburger (7th, M-4x400m), Johnny Brackins Jr. (2nd, M-60m H, 4th, M-LJ), Yemi John (6th, W-400m, 2nd, W-4x400m), William Jones (5th, M-400m, 7th, M-4x400m), Temi Ojora (8th, W-TJ), Madison Whyte (2nd, W-4x400m) and Travis Williams (5th, M-60m).

**USC'S QUALIFIED ATHLETES:** USC has nine men and seven women qualified in individual events, plus the 4x400m relays. USC's men will have 12 chances to score points in events and the women will have nine opportunities. Max Thomas qualified in two events, but will not compete this weekend\*.

**Men:** Jacob Andrews (400m), Johnnie Blockburger (200m), Johnny Brackins Jr. (60m H, LJ), Elias Gerald (HJ), William Jones (400m), Garrett Kaalund (200m), Brady Palen (HJ), JC Stevenson (60m, LJ), Max Thomas\* (60m, 200m) and Travis Williams (60m). USC also has a qualified 4x400m relay and the alternate traveling is Youngendy Mauricette.

**Women:** Jassani Carter (200m), Dajaz DeFrاند (60m, 200m), Yemi John (400m), Samirah Moody (60m), Temi Ojora (TJ), Nonah Waldron (60m H) and Madison Whyte (200m). USC also has a qualified 4x400m relay and alternates traveling are Takiya Cenci and Christine M. Mallard.

**ANOTHER MEET, ANOTHER RECORD:** A USC athlete has set or tied a school record in eight consecutive meets, dating back to the 2024 NCAA West Preliminary Rounds: NCAA West Prelims (Temi Ojora - WLJ), NCAA Championships (Jasmine Jones - W-400m H), Spokane Sports Showcase (Johnny Brackins Jr. - M-60m H), Red Raider Invite (JC Stevenson - M-60m, William Jones - M-600y, Yemi John - W-600y), Collegiate Classic (Falyn Lott - Freshman pentathlon record), Tiger Paw Invitational (Brackins Jr. - M-60m H), USATF Indoors (M-60m H, USC & Big Ten record) and Big Ten Indoor Championships (Falyn Lott - Freshman pentathlon record).

**BIG TEN CHAMPIONSHIPS RECAP:** It looked like USC had won its first Big Ten team title, but about 15 minutes after the meet, the Trojans 4x400m relay team was disqualified and eight points came off the board, leaving USC 6.5 points behind Oregon (106-99.5). USC's men won four individual titles, more than any other school. USC's women also won four events, tied for the most among the 18 schools. Trojan men winning titles were Johnny Brackins Jr. (60m H and Long Jump), William Jones (400m) and JC Stevenson (60m). USC women earning titles were Dajaz DeFrاند (60m and 200m), Temi Ojora (Triple Jump) and the 4x400m relay. The women's team placed third in its first Big Ten Indoor Championships.

**DYNAMIC DUAL-THREAT DUO:** Trojan juniors JC Stevenson and senior Johnny Brackins Jr. rank No. 1 and No. 4 respectively in the long jump. Stevenson leads the country with a jump of 26-9.75 (8.17m) and Brackins Jr. is No. 4 with a jump of 26-2.75 (7.99m). Brackins Jr. won the Big Ten Indoor LJ title and Stevenson placed third. Brackins Jr. also won the Big Ten 60m hurdles title and Stevenson took home the 60m dash crown. Stevenson ranks No. 3 in the 60m dash on the NCAA descending order list and Brackins Jr. is No. 1 in the 60m hurdles.

**BRACKINS JR. HURDLES INTO RECORD BOOKS AT USATFs:** Johnny Brackins Jr. placed third in the 60m H at the USATF Indoor Championships on Feb. 22 with a PR, USC-record, Big Ten-record and NCAA-leading time of 7.43. He also advanced to the final earlier in the day with a PR of 7.44. The previous Big Ten record was 7.47 set by Wisconsin's Reggie Torian in 1997. Brackins Jr. becomes the fourth-fastest collegiate 60m hurdler of all-time, trailing only Grant Hol-loway (7.35), Trey Cunningham (7.38) and Daniel Roberts (7.41). His 7.43 time is the fastest 60m hurdles time by a college athlete since Cunningham clocked 7.38 on March 12, 2022.

**FOLLOW THE TROJANS ON SOCIAL MEDIA** - Keep up with everything USC track & field this year by following @USC\_Track\_Field on Instagram, X and TikTok.

**YOU MIGHT NEED A PROGRAM** -- USC added 35 new athletes to its track and field program since the end of the 2024 season.

**NEXT MEET: TROJAN INVITATIONAL** -- USC will open up the 2025 outdoor season on March 21-22 when it hosts the annual Ron & Sharlene Alice Trojan Invitational. The discus throw and hammer throw will be contested beginning at 11 a.m. on March 21 at the Colich Throws Center in Wilmington, Calif. and the remainder of the meet will be at Allyson Felix Field on March 22, also starting at 11 a.m.

**RANKINGS** - The weekly USTFCCCA (U.S. Track & Field and Cross Country Coaches Association) indoor rankings:.

	1/28	2/4	2/11	2/18	2/25	3/4	3/11
USC Men --	2	3	1	2	2	2	2
USC Women --	17	25	16	11	11	11	11

**USC TRACK AND FIELD HISTORY** - USC track and field is well known as one of the most successful athletic programs in the history of the NCAA, with 31 men's and women's national team titles. The Trojans have won far more NCAA team and individual titles combined than any other university. However, the most dominant force in USC's slate of athletic programs is not the baseball team (12 College World Series titles) or the football squad (nine national championships) but the men's track and field program, with an unprecedented 28 NCAA titles (including nine straight, 1935-43). In fact, in the history of the NCAA, only the Oklahoma State wrestling program (34) has more national titles than USC men's outdoor track and field. Trojan athletes have dominated the track and field scene for decades. From the exploits of sprinter Charlie Paddock and thrower Clarence "Bud" Houser in the 1920s and 1930s, sprinter Mel Patton in the 1940s, thrower Parry O'Brien in the 1950s, sprinter Lennox Miller and pole vaulter Bob Seagren in the 1960s, sprinter Quincy Watts in the 1980s, to four-time NCAA hammer champion Balazs Kiss (only the fifth collegian to win four in a row) in the 1990s, World Champion hurdler Felix Sanchez early in the 2000s, and NCAA champion and Olympic medalist Andre DeGrasse, and NCAA champions and collegiate record-holders Rai Benjamin and Michael Norman, USC is synonymous with track and field excellence. In 2024, Balazs Kiss was inducted into T&F Collegiate Athlete Hall of Fame and Angela Williams was inducted into the T&F Collegiate Athlete Hall of Fame.

**TROJAN PROGRAM REMAINS IN GOOD HANDS WITH QUINCY WATTS** - Former Trojan Olympic great Quincy Watts was promoted to USC Director of Track and Field and Cross Country on June 17, 2021 after eight seasons on Caryl Smith Gilbert's staff as an assistant in charge of sprints, long hurdles and relays. In his 11 seasons working with USC athletes, he has guided Trojans to 119 indoor and outdoor All-America honors in the 400 meters, 400-meter hurdles and 4x400-meter relay. His Trojan athletes also claimed 21 NCAA titles and 39 Pac-12 crowns, and they set three collegiate records and 29 school records plus all four USC freshman 400-meter records and the women's 400-meter hurdles freshman record. Last season, Watts led the men's team to a third-place finish outdoors and the women's team to a 10th-place tie. During the indoor season the men tied for seventh and the women tied for eighth. USC accumulated a combined 30 outdoor and indoor All-America honors, with Jasmine Jones winning the indoor 60m hurdles title and the outdoor 400m hurdles titles, both with school records, and JC Stevenson winning the men's outdoor long jump title. Both the men's and women's teams placed second at the Pac-12 Championships, with Trojans claiming 11 total event titles. During the summer, USC once again stood out at the Olympics with USC athletes winning nine medals, including five gold. The total medals were more than any other collegiate program in track and field. In his first three seasons leading the USC program he has led both the men's and women's teams to a top 10 outdoor finish and a top 10 finish indoors. Also, both programs posted two second-place finishes at the Pac-12 Championships.

Watts also continues coaching USA Olympic medalists Michael Norman, Rai Benjamin and Kendall Ellis. Norman won gold medals in the 400m and with the USA 4x400m relay team and Benjamin a silver medal in the 400m hurdles at the 2022 World Athletics Championships. Benjamin then won two gold medals at the 2024 Paris Olympics (400m H and 4x400m).

**TROJANS' OLYMPIC GLORY** - USC athletes of the present and past won nine medals at the 2024 Paris Olympics, five gold, one silver and three bronze. The nine track and field medals won are tied for the second-most medals won by the Trojans in a single Olympics (also nine at 2016 Rio Games), trailing only the 13 won by Trojans at the 2020 Tokyo Olympics. This was the sixth consecutive Summer Olympics in which a USC track and field athlete earned at least one gold medal and a Trojan track and field athlete has won at least one medal in every Olympics since 1912. Trojans earning medals in track and field at the 2024 Paris Olympics were: Rai Benjamin (Gold – M-400m H, Gold – M-4x400m), Aaron Brown (Gold – M-4x100m), Anna Cockrell (Silver – W-400m H), Andre De Grasse (Gold – M-4x100m), Yemi John (Bronze – W-4x400m), TeeTee Terry (Gold – W-4x100m), Nicole Yeargin (Bronze – Mixed 4x400m, Bronze – W-4x400m).

**FRECH SHINES AT THE 2024 PARIS PARALYMPICS** - USC freshman Erza Frech won the T63 high jump gold medal and the T63 100m dash at the 2024 Paralympics in Paris, France. Frech won the high jump gold medal on Sept. 3 with his first-attempt clearance at 6-4.25 (1.94m), which is a new Paralympics record. He then tried to better his own T63 high jump world record of 6-5.50 (1.97m) by raising the bar to 6-6.00 (1.98m), but narrowly missed keeping the bar on at that height. The T63 designation is the classification for athletes with a single-leg amputation above the knee. He won the T63 100m dash title with a time of 12.06 on Sept. 2. Earlier in the games, Frech placed fifth in the men's T63 long jump final on Aug. 31 with a best jump of 21-7.25/6.58m (+0.9). Frech is the inaugural Swim With Mike Scholarship recipient of the Amir Ekbatani Paralympic Scholarship, awarded to a Paralympian attending USC or UCLA. He is in his first semester at USC where he is seeking a bachelor's degree in Business of Cinematic Arts.

**ALL-STAR COACHING STAFF** - Olympic gold medalist Quincy Watts has put together an impressive coaching staff that looks like an all-star roster. two-time Olympian Martin Maric (throws), John Bolton (sprints), Karl Goodman (sprints), Jeff Petersmeyer (jumps and multi events) and added this season, Stephanie Williams (sprints/hurdles), Brenton Emanuel (sprints/hurdles) and Milton Mallard (distances).

#### **MEET RECAPS**

**SPOKANE SPORTS SHOWCASE:** The Trojans won nine events, set a school record, a facility record and posted two NCAA-leading times at the Spokane Sports Showcase in Spokane, Wash. on Jan. 17. Johnny Brackins Jr. set the USC 60m hurdles record with a time of 7.49 and Johnnie Blockburger set The Podium facility record with a time of 20.69 in the men's 200m dash. Trojans winning events at the meet were: Johnnie Blockburger (M-200m), Johnny Brackins Jr. (M-60m H), Dajaz DeFrاند (W-60m), William Jones (M-600m), Gigi Maccagnini (W-1000m), Christine M. Mallard (W-300m), Alfredo Reina Corona (M-3000m), JC Stevenson (M-LJ) and Max Thomas (M-60m).

**RED RAIDER INVITE:** The USC track and field team had another outstanding day at the track winning seven events, setting or matching three school records and registering one Trojan freshman record at the Red Raider Invite held at the Sports Performance Center in Lubbock, Texas on Jan. 24. JC Stevenson tied the USC men's 60m record, Yemi John set the Trojan women's 600-yard record, Williams Jones set the USC men's 600-yard record and Ashley Erasmus set the Trojan woman's indoor freshman shot put record. In all, USC athletes combined to post 10 all-time Trojan top 10 times or marks today.

**COLLEGIATE CLASSIC:** USC athletes won six events (4 men, 2 women) at the Collegiate Classic held at the Albuquerque Convention Center on Feb. 7-8. Johnnie Blockburger won the men's 200m (20.34) and 400m (45.45), the 200m time being the world indoor lead at the time and moving him to tied for second on USC's all-time list. JC Stevenson won the men's long jump with the NCAA-leading jump of 26-9.75, Nathan Cumberbatch won the 800m with a time of 1:49.04 and the 4x400m relay won with the 4th-fastest time in school history of 3:03.57. Yemi John won the women's 400m with a time of 52.24.

**TIGER PAW INVITATIONAL:** Johnny Brackins Jr. won the men's 60m hurdles with a new school record and NCAA-leading time of 7.48. Elias Gerald took second in the men's HJ with a PR clearance of 7-3.25 (2.22m) to fourth on USC's all-time list. Temi Ojora opened her indoor season with a triple jump of 44-6.25 (13.57m) to take third and move to fourth on the NCAA descending order list.

**USC NOMINATES MOODY AND BROCK FOR JACKIE ROBINSON AWARD** - Sprinters Samirah Moody and Bryce Brock were nominated by USC for the Jackie Robinson Community & Impact Award. The Big Ten Jackie Robinson Community & Impact Award was created to recognize Big Ten student-athletes who demonstrate Jackie Robinson's core values of "Jackie's nine" of courage, determination, teamwork, persistence, integrity, citizenship, justice, commitment and excellence. Specifically, those student-athletes that have made an exceptional effort in impacting their local community through volunteerism, community programming and/or philanthropy between January 1, 2024 to December 31, 2024. Each Big Ten school was allowed to nominate two student-athletes and the Trojans selected were both from the USC track and field program. From the nominees, the Conference will select two individuals, one male and one female, as recipients of the Big Ten Jackie Robinson Community & Impact Award.

**BRACKINS JR. & DEFRAUD EARN TRACK ATHLETE OF THE MEET HONORS:** USC's Johnny Brackins Jr. and Dajaz DeFraud, who both won two events and set meet records at the conference championships, were named the Men's and Women's Track Athlete of the Big Ten Indoor Championships, as voted upon by league coaches and announced on March 5. Brackins Jr. and Yemi John were also named Big Ten Indoor Sportsmanship honorees, for the Indoor Track and Field Championships which were held Feb. 28-March 1 in Indianapolis, Ind. The Sportsmanship honorees were those who distinguished themselves through sportsmanship and ethical behavior and they are now candidates for the Big Ten Sportsmanship Award at the end of the academic year. The senior Brackins Jr. won the men's 60m hurdles title with a meet-record time of 7.49 on March 1, bettering the conference record of 7.53 which he set in the first round the previous day. The native of Kansas City, Mo. also won the Big Ten long jump title on Feb. 28 with a jump of 26-2.75 (7.99m). USC junior transfer sprinter DeFraud won the women's 60m and 200m dash titles on March 1. DeFraud won the 60m with a PR and meet-record time of 7.10. The native of Aurora, Colo. broke the original Big Ten Indoor Championships record of 7.18 with her first-round time of 7.15. DeFraud now ranks fourth on the USC all-time women's 60m dash list. She became a two-time Big Ten title-winner when she won the 200m race with a PR of 22.62. That time moved her to second on the USC all-time indoor 200m list.

**MODEL ATHLETES** - USC athletes Jacob Andrews, Johnny Brackins Jr., Elias Gerald, Yougendy Mauricette and Nickolas Miller recently did a photoshoot for At Large Magazine. The athletes took portrait and action shots in their track and field attire, as well as outfits from some very high-end fashion outlets. The esteemed photographer for the shoot was Danielle Levitt and the magazine is scheduled to come out in late March.

**FINAL STAND FOR BLOCKBURGER AND OJORA** - USC All-Americans Johnnie Blockburger and Temo Ojora are in their final seasons of eligibility, both just having the indoor season of competition. Blockburger ranks No. 7 on the current NCAA indoor 200m and 400m descending order lists. He ranks tied for second on USC's all-time indoor 200m list (20.34), third on its indoor 400m list (45.45) and on seven of the Trojans' top 10 indoor 4x400m relay teams. Blockburger also ranks tied for fourth on USC's all-time outdoor 400m list (44.51), on five of USC's all-time 4x100m lists and on three of the Trojans all-time outdoor 4x400m lists. Ojora currently ranks sixth on the NCAA women's triple jump with a jump of 44-6.25. She sits second on USC's all-time indoor triple jump list with a jump of 45-2.25 (13.77m). She is the USC record-holder in the women's outdoor triple jump with a mark of 45-7.25 (13.90m) and ranks tied for 10th on the school outdoor long jump list with a leap of 20-10.75 (6.37m).

**THE NEW GUYS** - The USC track and field program added a pair of Nebraska transfer this semester in Garrett Kaalund and Britton Senior. The junior sprinter Kaalund has bests of 10.51 in the 100m, 20.25 in the 200m and 46.88 in the 400m. He is the Nebraska school record-holder in the 200m dash. The senior hurdler Senior has personal bests of 7.66 in the 60m hurdles, 13.54 in the 110m hurdles and 53.16 in the 400m hurdles. Kaalund competed individually for the first time this season at the Big Ten Championships and placed second with a time of 20.67 on March 1. That time matched his indoor PR, also run in the prelims on Feb. 28.

**BIG TEN WEEKLY HONORS** - Johnny Brackins Jr. was named Big Ten Men's Co-Track Athlete of the Week for the week of Jan. 15-22; JC Stevenson was named the Big Ten Track Athlete of the Week for Jan. 22-29; Johnnie Blockburger Big Ten Men's Track Athlete of the Week for the week of Feb. 5-12, JC Stevenson was named Big Ten Field Athlete of the Week for Feb. 5-12, Johnny Brackins Jr. was named Big Ten Men's Track Athlete of the Week of Feb. 12-19; Johnny Brackins Jr. was named Big Ten Men's Track Athlete of the Week for the Week of Feb. 19-26.



# 2025 USC WOMEN'S INDOOR BESTS

Mark	Athlete	Place	Day	Event
<b>60M (USC: 7.07)</b>		<b>FR: 7.18)</b>		
7.10-PR	Dajaz DeFrاند	1	2/28	Big Ten Championships
7.15	Samirah Moody	1	1/24	Red Raider Invite
7.23-PR	Jassani Carter	3-s	2/14	Tiger Paw Invitational
7.24	Brianna Selby	3-p	2/28	Big Ten Championships
7.29-PR	Rachael Uvieghara	3	1/24	Red Raider Invite
7.30	Avery Lewis	4	1/24	Red Raider Invite
7.30-PR	Olivia Pace	14-s	2/14	Tiger Paw Invitational
7.31-PR	T. Eyakpobeyan	9-s	2/8	Collegiate Classic
7.39	Madison Whyte	6-p	1/17	Spokane Showcase
7.42	Christine M. Mallard	8-p	1/17	Spokane Showcase
7.55	Jordan Washington	11-p	1/17	Spokane Showcase
<b>60HH (USC: 7.77)</b>		<b>FR: 7.98)</b>		
8.08-PR	Nonah Waldron	3-s	2/8	Collegiate Classic
8.28-PR	Jalaysiya Smith	3	1/17	Spokane Showcase
8.64-PR	Falyn Lott	10	2/28	Big Ten Pentathlon
<b>200M (USC: 22.54)</b>		<b>FR: 22.90)</b>		
22.62-PR	Dajaz DeFrاند	1	3/1	Big Ten Championships
22.73-PR	Madison Whyte	2-p	2/28	Big Ten Championships
22.92-PR	Jassani Carter	4-p	2/28	Big Ten Championships
23.00-PR	Christine M. Mallard	6	3/1	Big Ten Championships
23.08-PR	Samirah Moody	4	2/7	Collegiate Classic
23.48	Mia Brahe-Pedersen	6	2/7	Collegiate Classic
23.53-PR	Rachael Uvieghara	8	2/7	Collegiate Classic
23.86	Maira Scott	6	1/24	Red Raider Invite
23.86-PR	Yemi John	17	2/7	Collegiate Classic
<b>300M (USC: 36.63)</b>		<b>FR: 36.63)</b>		
37.86	Christine M. Mallard	1	1/17	Spokane Showcase
38.43	Jassani Carter	2	1/17	Spokane Showcase
38.74	Dajaz DeFrاند	3	1/17	Spokane Showcase
38.79	Maira Scott	4	1/17	Spokane Showcase
<b>400M (USC: 50.34)</b>		<b>FR: 51.90)</b>		
51.76	Yemi John	2	3/1	Big Ten Championships
51.93-PR	Madison Whyte	4	2/14	Tiger Paw Invitational
53.83	Takiya Cenci	13	2/8	Collegiate Classic
55.03	Maira Scott	25	2/8	Collegiate Classic
55.16	Christine M. Mallard	27	2/8	Collegiate Classic
<b>600Y (USC: 1:18.55)</b>		<b>FR: ---)</b>		
1:18.55-SR	Yemi John	1	1/24	Red Raider Invite
<b>600M (USC: 1:34.80)</b>		<b>FR: --- )</b>		
<b>800M (USC: 2:04.17)</b>		<b>FR: 2:05.90)</b>		
2:09.22	Gigi Maccagnini	15	2/15	Husky Classic
2:29.80-PR	Falyn Lott	14	2/28	Big Ten Pentathlon
<b>1000M (USC: 2:40.0)</b>		<b>FR: ---)</b>		
2:55.23	Gigi Maccagnini	1	1/17	Spokane Showcase
<b>1 MILE (USC: 4.43.23)</b>		<b>FR: 4:53.35 )</b>		
5:09.24-PR	Jacqueline Duarte	114	2/15	Husky Classic
<b>3000M (USC: 9.50.40)</b>		<b>FR: 10:11.90)</b>		
10:36.55	H. Teixeira-Dasilva	8	1/17	Spokane Showcase
11:51.33	Giovanna Pisano	10	1/17	Spokane Showcase

Mark	Athlete	Place	Day	Event
<b>4X400M (USC: 3:27.03)</b>				
3:29.97		1	3/1	Big Ten Championships
(John, Mallard, Carter, Whyte)				
<b>DMR (USC: 11:27.77)</b>				
XX:XX.XX		X	X/XX	XXXXXXXXXX
(-----, -----, -----, -----)				
<b>LONG JUMP (USC: 21-0.50/6.41M)</b>		<b>FR: 21-0.50)</b>		
19-10.25/6.05-PR	Falyn Lott	3	1/24	Red Raider Invite
19-7.50/5.98	Grace Smith	15	2/28	Big Ten Championships
19-6.00/5.94	Alyssa Hope	4	1/17	Spokane Showcase
18-6.00/5.64	Avery Lewis	10	1/24	Red Raider Invite
17-8.00/5.38	Jada Foreman	37	2/14	Tiger Paw Invitational
<b>TRIPLE JUMP (USC: 45-3.00/13.79)</b>		<b>FR: 43-2.25)</b>		
44-6.25/13.57	Temí Ojora	3	2/15	Tiger Paw Invitational
41-1.00/12.52-PR	Lauren Reed	2	1/17	Spokane Showcase
40-7.00/12.37-PR	Jada Foreman	8	1/24	Red Raider Invite
40-6.75/12.36-PR	Ahnyx Bush	3	1/17	Spokane Showcase
Fouls	Jada Gatlin	-	1/17	Spokane Showcase
<b>HIGH JUMP (USC: 5-11.50/1.82M)</b>		<b>FR: 5-11.50)</b>		
5-7.75/1.72	Falyn Lott	3	1/17	Spokane Showcase
<b>POLE VAULT (USC: 13-5.75/4.10M)</b>		<b>FR:13-5.75)</b>		
<b>SHOT PUT (USC: 58-4.00/17.78M)</b>		<b>FR: 57-0.75)</b>		
57-0.75/17.39-PR	Ashley Erasmus	6	3/1	Big Ten Championships
44-7.00/13.59	Karyssa Owens	12	1/24	Red Raider Invite
31-10.00/9.70-PR	Falyn Lott	22	2/28	Big Ten Pentathlon
<b>WEIGHT THROW (USC: 63-9.00/19.43)</b>		<b>FR.: )</b>		
<b>PENTATHLON (USC: 4,528)</b>		<b>FR: 3,789)</b>		
3,897-PR	Falyn Lott	9	2/28	Big Ten Pentathlon

PR = Personal Best  
 SR = School Record  
 SFR = USC Fr. Record  
 h = Heat  
 s = Section  
 p = Prelims

# 2025 USC MEN'S INDOOR BESTS

Mark	Athlete	Place	Day	Event
<b>60M (USC: 6.50)</b>				<b>FR: 6.60)</b>
6.50-SR	JC Stevenson	1	1/24	Red Raider Invite
6.53-PR	Max Thomas	1	1/17	Spokane Showcase
6.55	Travis Williams	2	2/8	Collegiate Classic
6.59-PR	Taylor Banks	4	1/24	Red Raider Invite
6.59-PR	Edward Nketia	1-p	2/8	Collegiate Classic
6.84-PR	Nickolas Miller	11	1/24-p	Red Raider Invite
6.85-PR	Jazonte Levan	10	1/17-p	Spokane Showcase
6.87	Dominick Corley	14	1/17-p	Spokane Showcase
6.90-PR	Jaelen Knox	19	2/8-s	Collegiate Classic
6.92-PR	Curtis Johnson	19	1/17-p	Spokane Showcase

<b>60M HH (USC: 7.43)</b>				<b>FR: 7.83)</b>
7.43-SR	Johnny Brackins Jr.	3	2/22	USATF Championships

<b>200M (USC: 20.26)</b>				<b>FR: 20.63)</b>
20.34-PR	Johnnie Blockburger	1	2/7	Collegiate Classic
20.53-PR	Max Thomas	1	1/24	Red Raider Invite
20.67-PR	Garrett Kaalund	4-p	2/28	Big Ten Championships
21.00-PR	Edward Nketia	9	2/7	Collegiate Classic
21.07-PR	Jaelen Knox	6	2/7	Collegiate Classic
21.26-PR	Jacob Andrews	20	2/15	Tiger Paw Invitational
21.36-PR	Jazonte Levan	17-p	2/28	Big Ten Championships

<b>300M (USC: 30.51)</b>				<b>FR: ---)</b>
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<b>400M (USC: 44.52)</b>				<b>FR: 45.81)</b>
45.45-PR	J. Blockburger	1	2/8	Collegiate Classic
45.56-PR	Jacob Andrews	2	2/8	Collegiate Classic
45.64	William Jones	3	2/8	Collegiate Classic
46.83-PR	Y. Mauricette	14	2/8	Collegiate Classic

<b>600Y (USC: 1:07.52)</b>				<b>FR: ---)</b>
1:07.52-SR	William Jones	1	1/24	Red Raider Invite
1:09.59-PR	Y. Mauricette	6	1/24	Red Raider Invite

<b>600M (USC: 1:15.95)</b>				<b>FR: ---)</b>
1:17.52-PR	William Jones	1	1/17	Spokane Showcase
1:17.63	Y. Mauricette	2	1/17	Spokane Showcase
1:17.70-PR	N. Cumberbatch	3	1/17	Spokane Showcase
1:19.43	Jacob Andrews	7	1/17	Spokane Showcase
1:22.65	L. Marschall	13	1/17	Spokane Showcase

<b>800M (USC: 1:46.91)</b>				<b>FR: 1:47.78)</b>
1:48.58	N. Cumberbatch	9	2/15	Husky Classic
1:51.10	Jack Carter	8	2/7	Collegiate Classic
1:54.40-PR	Luke Metcalf	9	1/24	Red Raider Invite

<b>1 MILE (USC: 3:59.85)</b>				<b>FR: 4:15.64)</b>
4:09.90	A. Reina Corona	76	2/15	Husky Classic
4:10.89	Morgan Fierro	83	2/15	Husky Classic
4:48.37	Kennie Arriola	16	2/7	Collegiate Classic

<b>3000M (8:06.97)</b>				<b>FR.: 8:45.08)</b>
8:30.04	Alfredo Reina Corona	1	1/17	Spokane Showcase

Mark	Athlete	Place	Day	Event
<b>5000M (USC: 14:37.86)</b>				<b>FR.: ----)</b>
<b>4X400M (USC: 3:00.77)</b>				
3:03.57		1	2/8	Collegiate Classic
(Andrews, Jones, Brackins Jr., Blockburger)				

## **DISTANCE MEDLEY (USC: 9:48.1)**

<b>Pole Vault (USC: 18-3.0/5.56m)</b>				<b>FR: ---)</b>
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<b>High Jump (USC: 7-6.50/2.30m)</b>				<b>FR: 7-1.75/2.18)</b>
7-3.25/2.22-PR	Elias Gerald	2	2/15	Tiger Paw Invitational
7-3.25/2.22-PR	Brady Palen	2	3/1	Big Ten Championships

<b>Long Jump (USC: 27-0.00/8.23m)</b>				<b>FR: 25-3.25/7.70)</b>
26-9.75/8.17-PR	JC Stevenson	1	2/7	Collegiate Classic
26-2.75/7.99	J. Brackins Jr.	1	2/28	Big Ten Championships

<b>Triple Jump (USC: 56-7.5)</b>				<b>FR: 47-0.25/14.33)</b>
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<b>Weight Throw (USC: 80-3.75/24.48m)</b>				<b>FR: 64-10.50)</b>
69-2.50/21.09-PR	N. Polychroniou	7	2/28	Big Ten Championships

<b>Shot Put (USC: 70-4.50/21.45m)</b>				<b>FR: 61-4.75/18.71)</b>
58-3.75/17.77	Shaiquan Dunn	5	1/24	Red Raider Invite

<b>Heptathlon (USC: 5,809)</b>				<b>FR: 5,809)</b>
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PR = Personal Best  
SR = School Record  
h = Heat  
s = Section  
p = Prelims

# ALL-TIME WOMEN'S INDOOR

## 60 METERS

1. Samirah Moody.....	7.07	2/25/23
2. Angela Williams.....	7.09	3/11/01
TeeTee Terry.....	7.09	3/12/21
4. Dajaz DeFrاند.....	7.10	3/1/25
5. Ky Westbrook.....	7.18	1/17/15
6. Lanae-Tava Thomas.....	7.20	2/28/20
7. Virginia Powell.....	7.21	3/11/06
8. Tynia Gaither.....	7.23	2/28/15
Jassani Carter.....	7.23	2/14/25
10. Brianna Selby.....	7.24	2/28/25

## 200 METERS

1. Deanna Hill.....	22.54	3/11/17
2. Dajaz DeFrاند.....	22.62	3/1/25
3. Caisja Chandler.....	22.70	3/10/23
4. Madison Whyte.....	22.73	2/28/25
5. Twanisha Terry.....	22.75	3/13/21
6. Carol Rodriguez.....	22.77	3/11/06
7. Angie Annelus.....	22.83	2/15/19
8. Lanae-Tava Thomas.....	22.91	2/15/19
9. Jassani Carter.....	22.92	2/28/25
10. Lauren Rain Williams.....	22.93	2/15/19

## 400 METERS

1. Kendall Ellis.....	50.34	3/10/18
2. Kaelin Roberts.....	50.84	3/13/21
3. Jan'Taijah Jones.....	51.03	3/11/23
4. Bailey Lear.....	51.60	2/29/20
5. Yemi John.....	51.74	1/27/24
6. Madison Whyte.....	51.93	2/14/25
7. Kyra Constantine.....	52.07	2/23/19
8. Jaide Stepter.....	52.22	3/12/16
9. Cameron Pettigrew.....	52.27	2/25/17
10. Kimberly Harris.....	52.36	2/18/22

## 800 METERS

1. Marne Sullivan.....	2:04.17	2/24/24
2. Alyssa Brewer.....	2:04.81	2/12/22
3. Gigi Maccagnini.....	2:05.11	2/11/23
4. Michelle Taylor.....	2:05.70	3/10/90
5. Jemima Russell.....	2:05.90	2/8/19
6. Mikaela Smith.....	2:05.94	2/25/17
7. Amalie Luel.....	2:06.88	2/26/16
8. Janiah Brown.....	2:07.55	1/28/23
9. Leah Disher.....	2:08.35	2/9/24
10. Leslie Noll.....	2:08.70	2/25/89

## ONE MILE

1. Grazyna Penc.....	4:41.98	2/24/96
2. Anna Lopacuich.....	4:43.23	2/8/98
3. Gigi Maccagnini.....	4:47.76	1/20/24
4. Elise Lyon.....	4:53.35	2/8/86
5. Chloe Berry.....	4:53.59	2/29/20
6. Kamryn Weber.....	4:54.92	2/29/20
7. Amy Goodwin.....	4:55.00	2/9/90
8. Katerina Berdousi.....	4:57.43	2/12/16
9. Amber Gore.....	4:58.34	2/9/18
10. Marina Soares.....	4:59.25	2/24/24

## 3,000 METERS

1. Katerina Berdousi.....	9:50.40	2/13/16
2. Jenna Tong.....	10:02.63	2/27/16
3. Marjorie Lopez.....	10:11.90	2/10/24
4. Marina Soares.....	10:14.92	2/23/24
5. Helena Teixeira-Dasilva.....	10:36.55	1/17/25
6. Dina Kitayama.....	10:52.97	2/26/11
7. Erin Robinson.....	10:56.63	1/20/12
8. Katherine Ellis.....	10:57.78	1/27/07
9. Zara Lukens.....	10:58.71	2/26/11
10. Bridget Helgersen.....	11:07.73	1/27/07

## 60-METER HURDLES

1. Jasmine Jones.....	7.77	3/9/24
2. Virginia Powell.....	7.84	3/11/06
3. Chanel Brissett.....	7.90	2/8/19
4. Anna Cockrell.....	7.93	3/10/18
5. Dior Hall.....	7.94	1/20/18
6. Mecca McGlaston.....	7.98	3/11/22
7. Candice Davis.....	8.05	3/10/07
8. Nia Ali.....	8.06	2/5/11
9. Nonah Waldron.....	8.08	2/8/25
10. Allie Jones.....	8.17	2/24/23

## LONG JUMP

1. Margaux Jones.....	21-0.50 (6.41)	2/5/16
2. Morgan Smalls.....	21-0.00 (6.40)	2/12/21
3. Yvette Bates.....	20-10.00 (6.35)	3/12/88
4. Alitta Boyd.....	20-9.75 (6.33)	2/4/12
5. Wendy Brown.....	20-8.00 (6.30)	3/8/86
Sabrina Williams.....	20-8.00 (6.30)	2/8/85
Allie Jones.....	20-8.00 (6.30)	3/8/24
8. Alexis Faulknor.....	20-5.25 (6.23)	2/28/15
9. Lanae-Tava Thomas.....	20-5.00 (6.22)	2/22/19
10. Michelle Sanford.....	20-3.00 (6.17)	3/4/06

## TRIPLE JUMP

1. Yvette Bates.....	45-3.00 (13.79)	3/14/87
2. Temi Ojora.....	45-2.25 (13.77)	1/27/24
3. Wendy Brown.....	44-8.00 (13.61)	3/14/87
4. Michelle Sanford.....	43-2.25 (13.16)	1/30/04
5. Alitta Boyd.....	42-6.00 (12.95)	2/9/13
6. Isabella Marten.....	41-10.50 (12.76)	2/23/19
7. Melia Cox.....	41-5.75 (12.64)	2/9/13
8. Ekene Anene.....	41-5.00 (12.62)	1/30/10
9. Kemi Olonade.....	41-2.50 (12.56)	3/1/14
10. Lauren Reed.....	41-1.00 (12.52)	1/17/25

## HIGH JUMP

1. Morgan Smalls.....	5-11.50 (1.82)	1/29/21
2. Amalie Luel.....	5-10.75 (1.80)	3/11/16
3. Allie Jones.....	5-8.75 (1.75)	3/10/23
4. Lyndsey Lopes.....	5-8.50 (1.74)	2/23/18
Cassidy Palka.....	5-8.50 (1.74)	1/24/20
6. Wendy Brown.....	5-8.25 (1.73)	2/19/88
7. Spring Harris.....	5-8.00 (1.73)	2/15/03
Shawana Taylor.....	5-8.00 (1.73)	1/22/00
9. Falyn Lott.....	5-7.75 (1.72)	1/17/25
10. Alexa Harmon-Thomas.....	5-7.25 (1.71)	2/24/18

## POLE VAULT

1. Brysun Stately.....	13-5.75 (4.11)	3/4/06
2. Felicia Horvath.....	12-8.00 (3.86)	2/26/16
3. Melissa Astete.....	12-5.50 (3.80)	2/23/02
4. Kenisha Strong.....	11-0.75 (3.37)	1/31/09
5. Shannon Lewallen.....	10-10.00 (3.30)	1/21/05

## SHOT PUT

1. Brittany Mann.....	58-4.00 (17.78)	3/10/17
2. Breana Jemison.....	56-8.00 (17.27)	1/20/18
3. Ashley Erasmus.....	57-0.75 (17.39)	3/1/25
4. Diana Clements.....	55-8.25 (16.97)	2/21/86
5. Karen Freberg.....	53-4.25 (16.26)	3/4/06
6. Tera Novy.....	50-6.75 (15.41)	2/27/16
7. Tanya Sapa.....	49-1.50 (14.97)	2/6/16
8. Karlee Freeman.....	48-1.25 (14.66)	1/25/20
9. Heidi Adams.....	47-2.00 (14.37)	2/19/88
10. Marissa Minderler.....	46-0.00 (14.02)	2/26/11

## WEIGHT THROW

1. Summer Mosley.....	63-9.00 (19.43)	1/13/23
2. Brittany Mann.....	63-3.25 (19.28)	2/24/17
3. Joy McArthur.....	61-11.75 (18.89)	1/24/20
4. Erika Peyton.....	57-5.00 (17.50)	2/26/16
5. Tanya Sapa.....	56-2.00 (17.12)	2/26/16
6. Karlee Freeman.....	55-3.00 (16.84)	2/14/20
7. Tamara Bauman.....	53-5.75 (16.30)	2/26/11
8. Ashley Pyka.....	48-4.50 (14.74)	1/20/12
9. Alexandra Williams.....	47-4.00 (14.44)	1/28/06
10. Marissa Minderler.....	47-1.00 (14.35)	1/31/09

## PENTATHLON

1. Allie Jones.....	4,528	1/26/24
2. Amalie Luel.....	4,444	3/26/16
3. Lyndsey Lopes.....	3,978	2/23/18
4. Falyn Lott.....	3,897	2/28/25
5. Alexa Harmon-Thomas.....	3,486	2/24/17
6. Kiana Henry.....	2,825	1/26/13

## 4x400-METER RELAY

1. Pettigrew, Luel, Hill, Ellis.....	3:27.03	3/11/17
2. Roberts, Cockrell, Hill, Ellis.....	3:27.45	3/10/18
3. Constantine, Cockrell, Hill, Ellis.....	3:27.56	2/10/18
4. Jan'Taijah Jones, Jasmine Jones, John, Whyte.....	3:27.62	3/9/24
5. Lear, Jan'Taijah Jones, Yeargin, Roberts.....	3:27.91	3/13/21
6. Lear, Jasmine Jones, John, Jan'Taijah Jones.....	3:28.58	3/11/23
7. Lear, Jan'Taijah Jones, Harris, Yeargin.....	3:28.81	2/13/21
8. Ellis, Luel, Hill, Stepter.....	3:28.82	2/13/16
9. Jan'Taijah Jones, John, Mallard, Whyte.....	3:28.84	1/27/24
10. Stepter, Luel, Ellis, Jones.....	3:29.63	3/13/15

# USC MEN'S TOP 10 INDOOR PERFORMERS

## 60 METERS

1.	Davonte Burnett.....	6.50	3/12/22
	<b>JC Stevenson.....</b>	<b>6.50</b>	<b>1/24/25</b>
3.	<b>Travis Williams.....</b>	<b>6.52</b>	<b>2/23/24</b>
4.	<b>Max Thomas.....</b>	<b>6.53</b>	<b>1/17/25</b>
5.	Aaron Brown.....	6.55	2/15/14
	Kasaun James.....	6.55	2/12/22
	Justin Braun.....	6.55	1/12/24
8.	Mike Sanford.....	6.56	1/5/80
9.	Brendon Stewart.....	6.58	2/14/20
10.	<b>Taylor Banks.....</b>	<b>6.59</b>	<b>1/24/25</b>
	<b>Edward Nketia.....</b>	<b>6.59</b>	<b>2/8/25</b>
12.	Andre De Grasse.....	6.60	2/7/15

## 200 METERS

1.	Andre De Grasse.....	20.26	3/14/15
2.	Rai Benjamin.....	20.34	3/10/18
	<b>Johnnie Blockburger.....</b>	<b>20.34</b>	<b>2/7/25</b>
4.	Just'N Thymes.....	20.36	3/11/17
5.	Aaron Brown.....	20.53	2/15/14
	<b>Max Thomas.....</b>	<b>20.53</b>	<b>1/24/25</b>
7.	Eric Allen Jr.....	20.63	1/26/19
8.	Kasaun James.....	20.65	2/25/22
9.	<b>Garrett Kaalund.....</b>	<b>20.67</b>	<b>2/28/25</b>
10.	Zach Shinnick.....	20.70	2/13/21
	Ashton Allen.....	20.70	2/11/23

## 400 METERS

1.	Michael Norman.....	44.52	3/10/18
2.	<b>William Jones.....</b>	<b>45.24</b>	<b>1/27/24</b>
3.	<b>Johnnie Blockburger.....</b>	<b>45.45</b>	<b>2/8/25</b>
4.	<b>Jacob Andrews.....</b>	<b>45.56</b>	<b>2/8/25</b>
5.	Zach Shinnick.....	45.81	3/10/18
6.	Rai Benjamin.....	45.94	2/24/18
	Ashton Allen.....	45.94	1/21/23
8.	Ricky Morgan.....	45.96	2/24/18
9.	Justin Braun.....	45.99	2/10/23
10.	Isaiah Jewett.....	46.19	1/25/20

## 800 METERS

1.	Isaiah Jewett.....	1:46.91	1/26/19
2.	<b>Nathan Cumberbatch.....</b>	<b>1:47.78</b>	<b>1/27/24</b>
3.	Robert Ford.....	1:47.88	2/27/16
4.	Ibrahim Okash.....	1:49.17	2/8/86
5.	Bobby Poynter.....	1:49.26	2/26/22
6.	David Omwanza.....	1:49.4	1/7/78
7.	Darius Rainey.....	1:49.64	2/11/23
8.	Myles Andrews.....	1:49.90	2/14/15
9.	Sam VanDorpe.....	1:49.98	1/22/21
10.	<b>Jack Carter.....</b>	<b>1:50.69</b>	<b>2/11/23</b>

## ONE MILE

1.	Blake Shaw.....	3:59.85	3/6/10
2.	Neil Duggan.....	4:01.80	2/3/68
3.	Steve Crane.....	4:05.1	2/19/72
4.	Chris Johnson.....	4:06.60	1/30/65
5.	Ole Oleson.....	4:06.70	2/22/69
6.	Dennis Carr.....	4:06.90	2/24/67
7.	John Link.....	4:07.50	3/12/66
8.	<b>Morgan Fierro.....</b>	<b>4:08.19</b>	<b>1/20/24</b>
9.	<b>Alfredo Reina Corona.....</b>	<b>4:09.90</b>	<b>2/15/25</b>
10.	Zane Golpariani.....	4:10.98	2/24/24

## 3,000 METERS

1.	Nicolaus Jakowec.....	8:06.97	2/14/20
2.	<b>Morgan Fierro.....</b>	<b>8:14.23</b>	<b>2/10/24</b>
3.	<b>Alfredo Reina Corona.....</b>	<b>8:30.04</b>	<b>1/17/25</b>
4.	Trent Rule.....	8:45.08	1/16/16
5.	Josh Ligas.....	8:48.73	2/13/21
6.	<b>Dylan Gatusa.....</b>	<b>9:15.03</b>	<b>1/21/22</b>

## 60-METER HURDLES

1.	<b>Johnny Brackins Jr.....</b>	<b>7.43</b>	<b>2/22/25</b>
2.	Tade Ojora.....	7.53	2/10/23
3.	Aleec Harris.....	7.60	2/15/14
4.	Oscar Spurlock.....	7.71	2/5/11
5.	Brendan Ames.....	7.73	3/12/11
	Marquis Morris.....	7.73	1/28/17
7.	Robert Reading.....	7.75	2/17/89
8.	Di'Niko Bates.....	7.76	1/12/24
9.	Ayden Owens.....	7.83	2/8/19
10.	Ryan Wilson.....	7.87	2/1/03

## LONG JUMP

1.	<b>Johnny Brackins Jr. ....</b>	<b>27-0.00 (8.23)</b>	<b>2/17/24</b>
2.	Dietmar Haaf.....	26-11.25 (8.21)	2/18/90
3.	<b>JC Stevenson.....</b>	<b>26-9.75 (8.17)</b>	<b>2/7/25</b>
4.	Henry Hines.....	26-7.00 (8.10)	1/15/72
5.	Randy Williams.....	26-4.25 (8.03)	3/10/73
6.	Larry Doubly.....	25-9.75 (7.86)	1/22/78
7.	Eric Sloan.....	25-9.25 (7.85)	1/23/16
8.	Wellesley Clayton.....	25-4.75 (7.74)	2/8/64
9.	Jesus Olivan.....	25-4.00 (7.72)	2/20/87
10.	Dominic Smallwood.....	25-2.00 (7.67)	2/24/17

## TRIPLE JUMP

1.	Allen Simms.....	56-7.50 (17.26)	3/15/03
2.	Eric Sloan.....	55-10.50 (17.03)	2/13/16
3.	Julien Kapek.....	54-6.50 (16.62)	2/1/03
4.	Henry Jackson.....	52-9.50 (16.09)	3/12/72
5.	Mahoney Samuels.....	52-7.00 (16.02)	1/18/64
6.	Greg Harper.....	52-6.50 (16.01)	1/22/88
7.	Jalyn Jackson.....	52-4.00 (15.95)	1/31/20
8.	Fred Assef.....	51-3.50 (15.63)	2/6/76
9.	Dominic Smallwood.....	51-1.50 (15.58)	2/10/18
10.	Tim Barrett.....	50-6.75 (15.41)	1/7/67

## HIGH JUMP

1.	Earnest Sears III.....	7-6.50 (2.30)	2/1/20
2.	Jesse Williams.....	7-6.00 (2.29)	3/11/06
	Randall Cunningham.....	7-6.00 (2.29)	3/10/18
4.	<b>Elias Gerald.....</b>	<b>7-3.25 (2.22)</b>	<b>2/15/25</b>
	<b>Brady Palen.....</b>	<b>7-3.25 (2.22)</b>	<b>3/1/25</b>
6.	Manjula Wijesekara.....	7-2.25 (2.19)	3/7/09
7.	Tim Walker.....	7-1.50 (2.17)	1975
8.	Lew Hoyt.....	7-1.00 (2.16)	2/13/64
9.	George Fleckenstein.....	7-0.25 (2.14)	2/10/62
	Michael Krone.....	7-0.25 (2.14)	2/28/15
	Charlie Dumas.....	7-0.25 (2.14)	2/13/60

## POLE VAULT

1.	Dave Kenworthy.....	18-3.00 (5.56)	3/12/83
2.	Brandon Estrada.....	18-0.50 (5.50)	3/6/10
	Dennis Kholev.....	18-0.50 (5.50)	2/23/02
4.	Doug Wicks.....	17-8.00 (5.38)	3/9/85
5.	Russ Rogers.....	17-6.00 (5.33)	1/17/76
	Bob Seagren.....	17-6.00 (5.33)	2/8/69
7.	Eric White.....	17-3.00 (5.25)	3/14/87
8.	Steve Klassen.....	17-2.00 (5.23)	3/2/85
9.	Bob Pullard.....	17-0.00 (5.18)	2/17/74
10.	Derek Scott.....	16-9.50 (5.12)	2/5/10

## SHOT PUT

1.	McKay Johnson.....	70-4.50 (21.45)	2/13/21
2.	Noah Bryant.....	67-5.25 (20.55)	3/10/07
3.	Matt Katnik.....	64-9.75 (19.75)	2/25/17
4.	Nick Ponzio.....	64-4.50 (19.62)	2/24/18
5.	Doug Lane.....	64-3.50 (19.59)	3/12/72
6.	Hank Kraychir.....	64-3.00 (19.58)	3/12/83
7.	Dave Murphy.....	63-2.25 (19.26)	1/3/70
8.	Tambi Wenj.....	62-6.00 (19.05)	1/31/87
9.	Nathan Bultman.....	61-10.25 (18.85)	2/4/17
10.	Dave Davis.....	61-6.50 (18.75)	1/22/60

## WEIGHT THROW

1.	Conor McCullough.....	80-3.75 (24.48)	3/13/15
2.	Nathan Bultman.....	73-7.50 (22.44)	1/24/20
3.	Trey Knight.....	72-8.00 (22.15)	2/25/22
4.	<b>Nikolaos Polychroniou.....</b>	<b>69-2.50 (21.09)</b>	<b>2/28/25</b>
5.	John Wolitarsky.....	63-2.00 (19.25)	1/17/98
6.	David Sellens.....	59-0.75 (18.00)	2/3/17

## HEPTATHLON

1.	Ayden Owens.....	5,809	3/8-9/19
2.	Viktor Fajoyomi.....	5,544	2/8/14

## 4x400-METER RELAY

1.	Shinnick, Benjamin Morgan, Norman.....	3:00.77	3/10/18
2.	Braun, Blockburger, Cumberbatch, W.Jones.....	3:03.14	2/10/24
3.	Braun, Ashton Allen, Jones, Blockburger.....	3:03.16	3/11/23
4.	Andrews, Jones, Brackins Jr., Blockburger.....	3:03.57	2/8/25
5.	Jones, Thomas, Cumberbatch, Blockburger ...	3:04.00	1/24/25
6.	Jones, Andrews, Kaalund, Mauricette.....	3:04.65	2/15/25
7.	Braun, Blockburger, Andrews, W.Jones.....	3:04.67	3/9/24
8.	Ramey, James, Burnett, Blockburger.....	3:04.86	1/29/22
9.	Blockburger, Allen Andrews, W.Jones.....	3:04.95	2/24/24
10.	Braun, Ashton Allen, Jones, Ramey.....	3:05.47	1/21/23

## DISTANCE MEDLEY RELAY

1.	Trentadue, Turner, Oleson, Joyce.....	9:48.1	3/15/69
2.	Grant, Wolff, Carr, Link.....	9:50.1	3/11/67
3.	Becker, Turner Trentadue, Oleson.....	9:51.2	2/15/69
4.	Grant, Vanderstock, Oleson, Trentadue.....	9:51.3	3/16/68
5.	Green, Jewett, Jakowec, VanDorpe.....	9:58.04	2/28/20