



# USC READY FOR THE RED RAIDER INVITE

## - Trojans Coming Off Impressive Opening Meet -



University of Southern California Sports Information Office, Heritage Hall 103A, L.A., CA 90089-0601 • Phone: (213) 740-8480 • Fax: (213) 740-7584

### USC Track & Field Schedule

Date	Indoor Meets
1/17	Spokane Sports Showcase
1/24	Red Raider Invite
2/7-8	Collegiate Classic
2/14-15	Tiger Paw Invitational
2/28-3/1	Big Ten Indoor Championships%
3/14-15	NCAA Indoor Championships\$

Date	Outdoor Meets
3/21-22	Trojan Invitational*
3/28-29	Battle on the Bayou
4/4	Battle at the Beach
4/5	Triton Invite (throwers only)
4/11-12	44 Farms Team Invitational
4/18-19	Mt. SAC Relays
5/4	USC-UCLA Dual Meet
5/10	Oxy Invite
5/16-18	Big Ten Championships+
5/28-31	West Preliminary Rounds^
6/11-14	NCAA Championships#

% Indianapolis, Ind.

\$Virginia Beach, Va.

\* Home

+ Eugene, Ore.

^ College Station, Texas.

# Eugene, Ore.

### USC Quick Facts

<b>Location:</b>	Los Angeles, Calif.
<b>Enrollment:</b>	47,00 (21,000)
<b>Nickname:</b>	Trojans
<b>Colors:</b>	Cardinal and Gold
<b>Athletic Dir:</b>	Jennifer Cohen
<b>Dir. of T&amp;F:</b>	Quincy Watts (213) 740-4201
<b>Coaches:</b>	Martin Maric John Bolton Karl Goodman Jeff Petersmeyer Stephanie Williams Brenton Emanuel Milton Mallard
<b>Dir. of Ops:</b>	Nathan Collins
<b>T&amp;F SID:</b>	David Tuttle (213) 725-3102

### USC's History In Track & Field

<b>NCAA Titles:</b>	Men (26 outdoor) Men (2 indoor) Women (3 outdoor)
<b>Last Title:</b>	Men (1976) Women (2021)
<b>NCAA Champs:</b>	Men (176) Women (41)
<b>Olympic Champs:</b>	Men (48) Women (12)

### Pronunciation Guide

Brahe-Pedersen, Mia - (Brah-hay Pedd-er-son, Mee-uh)  
Broderick, Racquil (rah-KEEL)  
Carter, Jassani (Juh-SAN-ee)  
Cenci, Takiya (SEN-see, Tuh-KI-uh)  
Dunn, Shaiquan - (Shay-kwan)  
Eyakpobeyan, Tiana - (Ee-yah-poe-bay-ahn)  
John, Yemi (YEH-me)  
Maccagnini, Gigi (Mac-uh-knee-knee, GEE-GEE)  
Mauricette, Yougendy (More-ih-set, You-gen-dee)  
Moody, Samirah (suh-MY-ruh)  
Nketia, Edward - (N-Kay-tee-uh)  
Ojora, Temi (oh-JORE-ah, TEM-ee)  
Polychroniou, Nikolaos - (Poly-cron-ee-ew)  
Scott, Maira - (MARE-uh)  
Smith, Jalaysiya (Juh-LAY-see-ya)  
Uvieghara, Rachael - (OO-Vee-AY-garuh, Ray-chell)

### WEEKLY TRACK AND FIELD RELEASE - Jan. 24, 2025

**THIS WEEK** - The USC Track and field team will compete this week at the Red Raider Invite, held at the Sports Performance Center in Lubbock, Texas on Friday, Jan. 24. The meet is scheduled to run from 8:30 a.m. to 2:00 p.m. PT. The Trojans will be sending 36 athletes to compete this weekend, 18 women and 18 men.

**WHO WILL BE THERE:** Among the teams joining the Trojans at the Red Raiders Invite will be Abilene Christian, Kansas State, North Texas, Oklahoma, Sam Houston, Virginia Tech and West Texas A&M. LSU was scheduled to attend the meet, but had to cancel due to the snow in Baton Rouge, La.

#### USC ATHLETES SCHEDULED TO COMPETE:

**Men:** Taylor Banks, Johnnie Blockburger, Johnny Brackins Jr., Nathan Cumberbatch, Shaiquan Dunn, Elias Gerald, Curtis Johnson III, William Jones, Jaelen Knox, Jazonte Levan, Yougendy Mauricette, Luke Metcalf, Nickolas Miller, Edward Nketia, Brady Palen, JC Stevenson, Max Thomas and Travis Williams.

**Women:** Mia Brahe-Pedersen, Jassani Carter, Dajaz DeFrاند, Ashley Erasmus, Jada Foreman, Yemi John, Avery Lewis, Faly Nott, Christine M. Mallard, Samirah Moody, Karyssa Owens, Lauren Reed, Maira Scott, Brianna Selby, Jalaysiya Smith, Rachael Uvieghara, Nonah Waldron and Madison Whyte.

**TOP 10 TROJANS:** The Trojans have seven athletes which rank among the top 10 in events on the current NCAA descending order list in a championships event after just one week of competition for the Trojans: **Men:** Johnnie Blockburger (200m – 2nd), Johnny Brackins Jr. (60m H – 1st), JC Stevenson (LJ – 3rd), Max Thomas (60m – 1st), Travis Williams (60m – T10th). **Women:** Dajaz DeFrاند (60m – T2nd), Samirah Moody (60m – T5th).

**ITS OUR TURN:** Among the 36 athletes the Trojans are traveling to the Red Raider Invite, nine will be making their Trojan debuts. The USC athletes beginning their Trojan careers are Mia Brahe-Pedersen, Shaiquan Dunn, Ashley Erasmus, Avery Lewis, Luke Metcalf, Edward Nketia, Karyssa Owens, Brianna Selby and Rachael Uvieghara.

**LAST SEASON:** The USC men's team tied for seventh and the Trojan women's team tied for eighth at the 2024 NCAA Indoor T&F Championships.

**RETURNING INDOOR ALL-AMERICANS:** Trojans on the 2025 USC track and field team which earned 2024 Indoor All-America honors are Jacob Andrews (7th, M-4x400m), Johnnie Blockburger (7th, M-4x400m), Johnny Brackins Jr. (2nd, M-60m H, 4th, M-LJ), Yemi John (6th, W-400m, 2nd, W-4x400m), William Jones (5th, M-400m, 7th, M-4x400m), Temi Ojora (8th, W-TJ), Madison Whyte (2nd, W-4x400m) and Travis Williams (5th, M-60m).

**LAST WEEK AT THE SPOKANE SPORTS SHOWCASE:** The Trojans won nine events, set a school record, a facility record and posted two NCAA-leading times at the Spokane Sports Showcase in Spokane, Wash. on Jan. 17. Johnny Brackins Jr. set the USC 60m hurdles record with a time of 7.49 and Johnnie Blockburger set The Podium facility record with a time of 20.69 in the men's 200m dash. Trojans winning events at the meet were: Johnnie Blockburger (M-200m), Johnny Brackins Jr. (M-60m H), Dajaz DeFrاند (W-60m), William Jones (M-600m), Gigi Maccagnini (W-1000m), Christine M. Mallard (W-300m), Alfredo Reina Corona (M-3000m), JC Stevenson (M-LJ) and Max Thomas (M-60m).

**BRACKINS JR. HURDLES INTO RECORD BOOKS:** Johnny Brackins Jr. won the 60m hurdles at the Spokane Sports Showcase with a PR, USC-record and NCAA-leading time of 7.49. Brackins Jr. moved into a tie for the sixth-fastest collegiate 60m hurdler of all-time, trailing only Grant Holloway (7.35), Trey Cunningham (7.38), Daniel Roberts (7.41), Omar McLeod (7.45) and Reggie Torian (7.47). His 7.49 time was the fastest 60m hurdles time by a college athlete since Cunningham clocked 7.38 on March 12, 2022. As a result of Brackins Jr.'s outstanding first week of action, he was named Big Ten Men's Co-Track Athlete of the Week for the week of Jan. 15-22.

**KEEPING TRACK OF THE ACTION AT THE RED RAIDER INVITE:** Trojan fans can keep track of the action at the Red Raider Invite by going to this live stats link (<https://live.pttimg.com/?mid=7602>), watching on ESPN+ or as always, following along on the USC T&F X account.

**FOLLOW THE TROJANS ON SOCIAL MEDIA** - Keep up with everything USC track & field this year by following @USC\_Track\_Field on Instagram, X and TikTok.

**YOU MIGHT NEED A PROGRAM** -- USC added 33 new athletes to its track and field program since the end of the 2024 season.

**NEXT MEET** -- USC's next meet will be the Collegiate Classic hosted by New Mexico at the Albuquerque Convention Center in Albuquerque, N.M. on Feb. 7 and 8.

**RANKINGS** - The first USTFCCCA (U.S. Track & Field and Cross Country Coaches Association) indoor rankings will be out on Jan. 28.

1/28      2/4      2/11      2/18      2/25      3/4      3/11

**USC Men --**

**USC Women --**

**USC TRACK AND FIELD HISTORY** - USC track and field is well known as one of the most successful athletic programs in the history of the NCAA, with 31 men's and women's national team titles. The Trojans have won far more NCAA team and individual titles combined than any other university. However, the most dominant force in USC's slate of athletic programs is not the baseball team (12 College World Series titles) or the football squad (nine national championships) but the men's track and field program, with an unprecedented 28 NCAA titles (including nine straight, 1935-43). In fact, in the history of the NCAA, only the Oklahoma State wrestling program (34) has more national titles than USC men's outdoor track and field. Trojan athletes have dominated the track and field scene for decades. From the exploits of sprinter Charlie Paddock and thrower Clarence "Bud" Houser in the 1920s and 1930s, sprinter Mel Patton in the 1940s, thrower Parry O'Brien in the 1950s, sprinter Lennox Miller and pole vaulter Bob Seagren in the 1960s, sprinter Quincy Watts in the 1980s, to four-time NCAA hammer champion Balazs Kiss (only the fifth collegian to win four in a row) in the 1990s, World Champion hurdler Felix Sanchez early in the 2000s, and NCAA champion and Olympic medalist Andre DeGrasse, and NCAA champions and collegiate record-holders Rai Benjamin and Michael Norman, USC is synonymous with track and field excellence. In 2024, Balazs Kiss was inducted into T&F Collegiate Athlete Hall of Fame and Angela Williams was inducted into the T&F Collegiate Athlete Hall of Fame.

**TROJAN PROGRAM REMAINS IN GOOD HANDS WITH QUINCY WATTS** - Former Trojan Olympic great Quincy Watts was promoted to USC Director of Track and Field and Cross Country on June 17, 2021 after eight seasons on Caryl Smith Gilbert's staff as an assistant in charge of sprints, long hurdles and relays. In his 11 seasons working with USC athletes, he has guided Trojans to 119 indoor and outdoor All-America honors in the 400 meters, 400-meter hurdles and 4x400-meter relay. His Trojan athletes also claimed 21 NCAA titles and 39 Pac-12 crowns, and they set three collegiate records and 29 school records plus all four USC freshman 400-meter records and the women's 400-meter hurdles freshman record. Last season, Watts led the men's team to a third-place finish outdoors and the women's team to a 10th-place tie. During the indoor season the men tied for seventh and the women tied for eighth. USC accumulated a combined 30 outdoor and indoor All-America honors, with Jasmine Jones winning the indoor 60m hurdles title and the outdoor 400m hurdles titles, both with school records, and JC Stevenson winning the men's outdoor long jump title. Both the men's and women's teams placed second at the Pac-12 Championships, with Trojans claiming 11 total event titles. During the summer, USC once again stood out at the Olympics with USC athletes winning nine medals, including five gold. The total medals were more than any other collegiate program in track and field. In his first three seasons leading the USC program he has led both the men's and women's teams to a top 10 outdoor finish and a top 10 finish indoors. Also, both programs posted two second-place finishes at the Pac-12 Championships.

Watts also continues coaching USA Olympic medalists Michael Norman, Rai Benjamin and Kendall Ellis. Norman won gold medals in the 400m and with the USA 4x400m relay team and Benjamin a silver medal in the 400m hurdles at the 2022 World Athletics Championships. Benjamin then won two gold medals at the 2024 Paris Olympics (400m H and 4x400m).

**TROJANS' OLYMPIC GLORY** - USC athletes of the present and past won nine medals at the 2024 Paris Olympics, five gold, one silver and three bronze. The nine track and field medals won are tied for the second-most medals won by the Trojans in a single Olympics (also nine at 2016 Rio Games), trailing only the 13 won by Trojans at the 2020 Tokyo Olympics. This was the sixth consecutive Summer Olympics in which a USC track and field athlete earned at least one gold medal and a Trojan track and field athlete has won at least one medal in every Olympics since 1912. Trojans earning medals in track and field at the 2024 Paris Olympics were: Rai Benjamin (Gold – M-400m H, Gold – M-4x400m), Aaron Brown (Gold – M-4x100m), Anna Cockrell (Silver – W-400m H), Andre De Grasse (Gold – M-4x100m), Yemi John (Bronze – W-4x400m), TeeTee Terry (Gold – W-4x100m), Nicole Yeargin (Bronze – Mixed 4x400m, Bronze – W-4x400m).

**FRECH SHINES AT THE 2024 PARIS PARALYMPICS** - USC freshman Erza Frech won the T63 high jump gold medal and the T63 100m dash at the 2024 Paralympics in Paris, France. Frech won the high jump gold medal on Sept. 3 with his first-attempt clearance at 6-4.25 (1.94m), which is a new Paralympics record. He then tried to better his own T63 high jump world record of 6-5.50 (1.97m) by raising the bar to 6-6.00 (1.98m), but narrowly missed keeping the bar on at that height. The T63 designation is the classification for athletes with a single-leg amputation above the knee. He won the T63 100m dash title with a time of 12.06 on Sept. 2. Earlier in the games, Frech placed fifth in the men's T63 long jump final on Aug. 31 with a best jump of 21-7.25/6.58m (+0.9). Frech is the inaugural Swim With Mike Scholarship recipient of the Amir Ekbatani Paralympic Scholarship, awarded to a Paralympian attending USC or UCLA. He is in his first semester at USC where he is seeking a bachelor's degree in Business of Cinematic Arts.

**ALL-STAR COACHING STAFF** - Olympic gold medalist Quincy Watts has put together an impressive coaching staff that looks like an all-star roster. two-time Olympian Martin Maric (throws), John Bolton (sprints), Karl Goodman (sprints), Jeff Petersmeyer (jumps and multi events) and added this season, Stephanie Williams (sprints/hurdles), Brenton Emanuel (sprints/hurdles) and Milton Mallard (distances).

# 2025 USC WOMEN'S INDOOR BESTS

Mark	Athlete	Place	Day	Event
<b>60M (USC: 7.07)</b>		<b>FR: 7.18)</b>		
7.20	Dajaz DeFrاند	1-p	1/17	Spokane Showcase
7.22	Samirah Moody	2-p	1/17	Spokane Showcase
7.33	Jassani Carter	3	1/17	Spokane Showcase
7.39	Madison White	6	1/17-p	Spokane Showcase
7.42	Christine M. Mallard	8	1/17-p	Spokane Showcase
7.55	Jordan Washington	11	1/17-p	Spokane Showcase
<b>60HH (USC: 7.77)</b>		<b>FR: 7.98)</b>		
8.17-PR	Nonah Waldron	2	1/17	Spokane Showcase
8.28-PR	Jalaysiya Smith	3	1/17	Spokane Showcase
8.85	Falyn Lott	17	1/17-p	Spokane Showcase
<b>200M (USC: 22.54)</b>		<b>FR: 22.90)</b>		
<b>300M (USC: 36.63)</b>		<b>FR: 36.63)</b>		
37.86	Christine M. Mallard	1	1/17	Spokane Showcase
38.43	Jassani Carter	2	1/17	Spokane Showcase
38.74	Dajaz DeFrاند	3	1/17	Spokane Showcase
38.79	Maira Scott	4	1/17	Spokane Showcase
<b>400M (USC: 50.34)</b>		<b>FR: 51.90)</b>		
<b>600Y (USC: 1:19.50)</b>		<b>FR: ---)</b>		
<b>600M (USC: 1:34.80)</b>		<b>FR: --- )</b>		
<b>800M (USC: 2:04.17)</b>		<b>FR: 2:05.90)</b>		
<b>1000M (USC: 2:40.0)</b>		<b>FR: ---)</b>		
2:55.23	Gigi Maccagnini	1	1/17	Spokane Showcase
<b>1 MILE (USC: 4.43.23)</b>		<b>FR: 4:53.35 )</b>		
<b>3000M (USC: 9.50.40)</b>		<b>FR: 10:11.90)</b>		
10:36.55	H. Teixeira-Dasilva	8	1/17	Spokane Showcase
11:51.33	Giovanna Pisano	10	1/17	Spokane Showcase

Mark	Athlete	Place	Day	Event
<b>4X400M (USC: 3:27.03)</b>				
X:XX.XX		X	X/X	XXXXXXXXXX
	(----, ----, ----, ----)			
<b>DMR (USC: 11:27.77)</b>				
XX:XX.XX		X	X/XX	XXXXXXXXXX
	(----, ----, ----, ----)			
<b>LONG JUMP (USC: 21-0.50/6.41M)</b>		<b>FR: 21-0.50)</b>		
19-6.00/5.94	Alyssa Hope	4	1/17	Spokane Showcase
19-3.25/5.87-PR	Falyn Lott	5	1/17	Spokane Showcase
<b>TRIPLE JUMP (USC: 45-3.00/13.79)</b>		<b>FR: 43-2.25)</b>		
41-1.00/12.52-PR	Lauren Reed	2	1/17	Spokane Showcase
40-6.75/12.36-PR	Ahnyx Bush	3	1/17	Spokane Showcase
Fouls	Jada Gatlin	—	1/17	Spokane Showcase

<b>HIGH JUMP (USC: 5-11.50/1.82M)</b>		<b>FR: 5-11.50)</b>		
5-7.75/1.72	Falyn Lott	3	1/17	Spokane Showcase

<b>POLE VAULT (USC: 13-5.75/4.10M)</b>		<b>FR:13-5.75)</b>		
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<b>SHOT PUT (USC: 58-4.00/17.78M)</b>		<b>FR: 41-6.50)</b>		
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<b>WEIGHT THROW (USC: 63-9.00/19.43)</b>		<b>FR.: )</b>		
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<b>PENTATHLON (USC: 4,528)</b>		<b>FR: 2,849)</b>		
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PR = Personal Best  
 SR = School Record  
 SFR = USC Fr. Record  
 h = Heat  
 s = Section  
 p = Prelims

# 2025 USC MEN'S INDOOR BESTS

Mark	Athlete	Place	Day	Event
<b>60M (USC: 6.50)</b>		<b>FR: 6.60)</b>		
6.53-PR	Max Thomas	1	1/17	Spokane Showcase
6.60	Travis Williams	4	1/17	Spokane Showcase
6.71	Taylor Banks	6	1/17-p	Spokane Showcase
6.85	Jazonte Levan	10	1/17-p	Spokane Showcase
6.87	Dominick Corley	14	1/17-p	Spokane Showcase
6.91-PR	Jaelen Knox	17	1/17-p	Spokane Showcase
6.92-PR	Curtis Johnson	19	1/17-p	Spokane Showcase

<b>60M HH (USC: 7.49)</b>		<b>FR: 7.83)</b>		
7.49-SR	Johnny Brackins Jr.	1	1/17	Spokane Showcase

<b>200M (USC: 20.26)</b>		<b>FR: 20.63)</b>		
20.69-PR	Johnnie Blockburger	1	1/17	Spokane Showcase
21.23-PR	Jaelen Knox	5	1/17	Spokane Showcase
21.57	Jazonte Levan	9	1/17	Spokane Showcase

<b>300M (USC: 30.51)</b>		<b>FR: ---)</b>		
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<b>400M (USC: 44.52)</b>		<b>FR: 45.81)</b>		
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<b>600M (USC: 1:15.95)</b>		<b>FR: ---)</b>		
1:17.52-PR	William Jones	1	1/17	Spokane Showcase
1:17.63	Y. Mauricette	2	1/17	Spokane Showcase
1:17.70-PR	N. Cumberbatch	3	1/17	Spokane Showcase
1:19.43	Jacob Andrews	7	1/17	Spokane Showcase
1:22.65	L. Marschall	13	1/17	Spokane Showcase

<b>800M (USC: 1:46.91)</b>		<b>FR: 1:47.78)</b>		
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<b>1 MILE (USC: 3:59.85)</b>		<b>FR: 4:15.64)</b>		
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<b>3000M (8:06.97)</b>		<b>FR.: 8:45.08)</b>		
8:30.04	Alfredo Reina Corona	1	1/17	Spokane Showcase

Mark	Athlete	Place	Day	Event
<b>5000M (USC: 14:37.86)</b>		<b>FR.: ----)</b>		
XX:XX.XX	XXXXX	X	X/XX	XXXXXXXXXXXX
<b>4X400M (USC: 3:00.77)</b>				
X:XX.XX		X	X/XX	XXXXXXXXXXXX
	(-----, -----, -----, -----)			

<b><u>DISTANCE MEDLEY (USC: 9:48.1)</u></b>				
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<b><u>Pole Vault (USC: 18-3.0/5.56m FR: ---)</u></b>				
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<b><u>High Jump (USC: 7-6.50/2.30m FR: 7-1.75/2.18)</u></b>				
7-0.25/2.14	Elias Gerald	2	1/17	Spokane Showcase
7-0.25/2.14	Brady Palen	3	1/17	Spokane Showcase

<b><u>Long Jump (USC: 27-0.00/8.23m FR: 25-3.25/7.70)</u></b>				
25-10.75/7.89	JC Stevenson	1	1/17	Spokane Showcase

<b><u>Triple Jump (USC: 56-7.5 FR: 47-0.25/14.33)</u></b>				
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<b><u>Weight Throw (USC: 80-3.75/24.48m FR: 64-10.50)</u></b>				
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<b><u>Shot Put (USC: 70-4.50/21.45m FR:61-4.75/18.71)</u></b>				
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<b><u>Heptathlon (USC: 5,809 FR: 5,809)</u></b>				
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PR = Personal Best  
SR = School Record  
h = Heat  
s = Section  
p = Prelims

# ALL-TIME WOMEN'S INDOOR

## 60 METERS

1. Samirah Moody.....	7.07	2/25/23
2. Angela Williams.....	7.09	3/11/01
TeeTee Terry.....	7.09	3/12/21
4. Ky Westbrook.....	7.18	1/17/15
5. Lanae-Tava Thomas.....	7.20	2/28/20
<b>Dajaz DeFrاند.....</b>	<b>7.20</b>	<b>1/17/25</b>
7. Virginia Powell.....	7.21	3/11/06
8. Tynia Gaither.....	7.23	2/28/15
9. Deanna Hill.....	7.26	2/10/17
10. Alexis Faulknor.....	7.27	1/24/15
<b>Jassani Carter.....</b>	<b>7.27</b>	<b>1/12/24</b>

## 200 METERS

1. Deanna Hill.....	22.54	3/11/17
2. Caisja Chandler.....	22.70	3/10/23
3. Twanisha Terry.....	22.75	3/13/21
4. Carol Rodriguez.....	22.77	3/11/06
5. Angie Annelus.....	22.83	2/15/19
<b>6. Madison Whyte.....</b>	<b>22.90</b>	<b>3/8/24</b>
7. Lanae-Tava Thomas.....	22.91	2/15/19
8. Lauren Rain Williams.....	22.93	2/15/19
9. Kendall Ellis.....	22.97	1/27/17
<b>10. Samirah Moody.....</b>	<b>23.10</b>	<b>2/3/23</b>
<b>11. Jassani Carter.....</b>	<b>23.15</b>	<b>1/20/24</b>

## 400 METERS

1. Kendall Ellis.....	50.34	3/10/18
2. Kaelin Roberts.....	50.84	3/13/21
3. Jan'Tajjah Jones.....	51.03	3/11/23
4. Bailey Lear.....	51.60	2/29/20
<b>5. Yemi John.....</b>	<b>51.74</b>	<b>1/27/24</b>
6. Kyra Constantine.....	52.07	2/23/19
<b>7. Madison Whyte.....</b>	<b>52.16</b>	<b>2/24/24</b>
8. Jaide Stepter.....	52.22	3/12/16
9. Cameron Pettigrew.....	52.27	2/25/17
10. Kimberly Harris.....	52.36	2/18/22

## 800 METERS

1. Marne Sullivan.....	2:04.17	2/24/24
2. Alyssa Brewer.....	2:04.81	2/12/22
<b>3. Gigi Maccagnini.....</b>	<b>2:05.11</b>	<b>2/11/23</b>
4. Michelle Taylor.....	2:05.70	3/10/90
5. Jemima Russell.....	2:05.90	2/8/19
6. Mikaela Smith.....	2:05.94	2/25/17
7. Amalie luel.....	2:06.88	2/26/16
8. Janiah Brown.....	2:07.55	1/28/23
9. Leah Disher.....	2:08.35	2/9/24
10. Leslie Noll.....	2:08.70	2/25/89

## ONE MILE

1. Grazyna Penc.....	4:41.98	2/24/96
2. Anna Lopacuich.....	4:43.23	2/8/98
<b>3. Gigi Maccagnini.....</b>	<b>4:47.76</b>	<b>1/20/24</b>
4. Elise Lyon.....	4:53.35	2/8/86
5. Chloe Berry.....	4:53.59	2/29/20
6. Kamryn Weber.....	4:54.92	2/29/20
7. Amy Goodwin.....	4:55.00	2/9/90
8. Katerina Berdousi.....	4:57.43	2/12/16
9. Amber Gore.....	4:58.34	2/9/18
10. Marina Soares.....	4:59.25	2/24/24

## 3,000 METERS

1. Katerina Berdousi.....	9:50.40	2/13/16
2. Jenna Tong.....	10:02.63	2/27/16
3. Marjourie Lopez.....	10:11.90	2/10/24
4. Marina Soares.....	10:14.92	2/23/24
<b>5. Helena Teixeira-Dasilva.....</b>	<b>10:36.55</b>	<b>1/17/25</b>
6. Dina Kitayama.....	10:52.97	2/26/11
7. Erin Robinson.....	10:56.63	1/20/12
8. Katherine Ellis.....	10:57.78	1/27/07
9. Zara Lukens.....	10:58.71	2/26/11
10. Bridget Helgerson.....	11:07.73	1/27/07

## 60-METER HURDLES

1. Jasmine Jones.....	7.77	3/9/24
2. Virginia Powell.....	7.84	3/11/06
3. Chanel Brissett.....	7.90	2/8/19
4. Anna Cockrell.....	7.93	3/10/18
5. Dior Hall.....	7.94	1/20/18
6. Mecca McGlaston.....	7.98	3/11/22
7. Candice Davis.....	8.05	3/10/07
8. Nia Ali.....	8.06	2/5/11
9. Allie Jones.....	8.17	2/24/23
<b>Nonah Waldron.....</b>	<b>8.17</b>	<b>1/17/25</b>

## LONG JUMP

1. Margaux Jones.....	21-0.50 (6.41)	2/5/16
2. Morgan Smalls.....	21-0.00 (6.40)	2/12/21
3. Yvette Bates.....	20-10.00 (6.35)	3/12/88
4. Alitta Boyd.....	20-9.75 (6.33)	2/4/12
5. Wendy Brown.....	20-8.00 (6.30)	3/8/86
Sabrina Williams.....	20-8.00 (6.30)	2/8/85
Allie Jones.....	20-8.00 (6.30)	3/8/24
8. Alexis Faulknor.....	20-5.25 (6.23)	2/28/15
9. Lanae-Tava Thomas.....	20-5.00 (6.22)	2/22/19
10. Michelle Sanford.....	20-3.00 (6.17)	3/4/06

## TRIPLE JUMP

1. Yvette Bates.....	45-3.00 (13.79)	3/14/87
<b>2. Temi Ojora.....</b>	<b>45-2.25 (13.77)</b>	<b>1/27/24</b>
3. Wendy Brown.....	44-8.00 (13.61)	3/14/87
4. Michelle Sanford.....	43-2.25 (13.16)	1/30/04
5. Allitta Boyd.....	42-6.00 (12.95)	2/9/13
6. Isabella Marten.....	41-10.50 (12.76)	2/23/19
7. Melia Cox.....	41-5.75 (12.64)	2/9/13
8. Ekene Anene.....	41-5.00 (12.62)	1/30/10
9. Kemi Olonade.....	41-2.50 (12.56)	3/1/14
<b>10. Lauren Reed.....</b>	<b>41-1.00 (12.52)</b>	<b>1/17/25</b>

## HIGH JUMP

1. Morgan Smalls.....	5-11.50 (1.82)	1/29/21
2. Amalie luel.....	5-10.75 (1.80)	3/11/16
3. Allie Jones.....	5-8.75 (1.75)	3/10/23
4. Lyndsey Lopes.....	5-8.50 (1.74)	2/23/18
Cassidy Palka.....	5-8.50 (1.74)	1/24/20
6. Wendy Brown.....	5-8.25 (1.73)	2/19/88
7. Spring Harris.....	5-8.00 (1.73)	2/15/03
Shawana Taylor.....	5-8.00 (1.73)	1/22/00
<b>9. Falyn Lott.....</b>	<b>5-7.75 (1.72)</b>	<b>1/17/25</b>
10. Alexa Harmon-Thomas.....	5-7.25 (1.71)	2/24/18

## POLE VAULT

1. Brysun Stately.....	13-5.75 (4.11)	3/4/06
2. Felicia Horvath.....	12-8.00 (3.86)	2/26/16
3. Melissa Astete.....	12-5.50 (3.80)	2/23/02
4. Kenisha Strong.....	11-0.75 (3.37)	1/31/09
5. Shannon Lewallen.....	10-10.00 (3.30)	1/21/05

## SHOT PUT

1. Brittany Mann.....	58-4.00 (17.78)	3/10/17
2. Breana Jemison.....	56-8.00 (17.27)	1/20/18
3. Diana Clements.....	55-8.25 (16.97)	2/21/86
4. Karen Freberg.....	53-4.25 (16.26)	3/4/06
5. Tera Novy.....	50-6.75 (15.41)	2/27/16
6. Tanya Sapa.....	49-1.50 (14.97)	2/6/16
7. Karlee Freeman.....	48-1.25 (14.66)	1/25/20
8. Heidi Adams.....	47-2.00 (14.37)	2/19/88
9. Marissa Minderler.....	46-0.00 (14.02)	2/26/11
10. Katlin Mate.....	43-6.00 (13.26)	1/19/09

## WEIGHT THROW

1. Summer Mosley.....	63-9.00 (19.43)	1/13/23
2. Brittany Mann.....	63-3.25 (19.28)	2/24/17
3. Joy McArthur.....	61-11.75 (18.89)	1/24/20
4. Erika Peyton.....	57-5.00 (17.50)	2/26/16
5. Tanya Sapa.....	56-2.00 (17.12)	2/26/16
6. Karlee Freeman.....	55-3.00 (16.84)	2/14/20
7. Tamara Bauman.....	53-5.75 (16.30)	2/26/11
8. Ashley Pyka.....	48-4.50 (14.74)	1/20/12
9. Alexandra Williams.....	47-4.00 (14.44)	1/28/06
10. Marissa Minderler.....	47-1.00 (14.35)	1/31/09

## PENTATHLON

1. Allie Jones.....	4,528	1/26/24
2. Amalie luel.....	4,444	3/26/16
3. Lyndsey Lopes.....	3,978	2/23/18
4. Alexa Harmon-Thomas.....	3,486	2/24/17
5. Kiana Henry.....	2,825	1/26/13

## 4x400-METER RELAY

1. Pettigrew, luel, Hill, Ellis.....	3:27.03	3/11/17
2. Roberts, Cockrell, Hill, Ellis.....	3:27.45	3/10/18
3. Constantine, Cockrell, Hill, Ellis.....	3:27.56	2/10/18
<b>4. Jan'Tajjah Jones, Jasmine Jones, John, Whyte.....</b>	<b>3:27.62</b>	<b>3/9/24</b>
5. Lear, Jan'Tajjah Jones, Yeargin, Roberts.....	3:27.91	3/13/21
<b>6. Lear, Jasmine Jones, Yemi John, Jan'Tajjah Jones...</b>	<b>3:28.58</b>	<b>3/11/23</b>
7. Lear, Jan'Tajjah Jones, Harris, Yeargin.....	3:28.81	2/13/21
8. Ellis, luel, Hill, Stepter.....	3:28.82	2/13/16
<b>9. Jan'Tajjah Jones, John, Mallard, Whyte.....</b>	<b>3:28.84</b>	<b>1/27/24</b>
10. Stepter, luel, Ellis, Jones.....	3:29.63	3/13/15



# USC MEN'S TOP 10 INDOOR PERFORMERS

## 60 METERS

1.	Davonte Burnett.....	6.50	3/12/22
2.	<b>Travis Williams.....</b>	<b>6.52</b>	<b>2/23/24</b>
3.	<b>Max Thomas.....</b>	<b>6.53</b>	<b>1/17/25</b>
4.	Aaron Brown.....	6.55	2/15/14
	Kasaun James.....	6.55	2/12/22
	Justin Braun.....	6.55	1/12/24
7.	Mike Sanford.....	6.56	1/5/80
8.	Brendon Stewart.....	6.58	2/14/20
9.	Andre De Grasse.....	6.60	2/7/15
10.	BeeJay Lee.....	6.61	2/28/15
	Alexander Barnum.....	6.61	2/9/18
	<b>JC Stevenson.....</b>	<b>6.61</b>	<b>1/27/24</b>

## 200 METERS

1.	Andre De Grasse.....	20.26	3/14/15
2.	Rai Benjamin.....	20.34	3/10/18
3.	Just'N Thymes.....	20.36	3/11/17
4.	Aaron Brown.....	20.53	2/15/14
5.	Eric Allen Jr.....	20.63	1/26/19
6.	Kasaun James.....	20.65	2/25/22
7.	<b>Max Thomas.....</b>	<b>20.67</b>	<b>2/17/23</b>
8.	<b>Johnnie Blockburger.....</b>	<b>20.69</b>	<b>1/17/25</b>
9.	Zach Shinnick.....	20.70	2/13/21
	Ashton Allen.....	20.70	2/11/23

## 400 METERS

1.	Michael Norman.....	44.52	3/10/18
2.	<b>William Jones.....</b>	<b>45.24</b>	<b>1/27/24</b>
3.	Zach Shinnick.....	45.81	3/10/18
4.	Rai Benjamin.....	45.94	2/24/18
	Ashton Allen.....	45.94	1/21/23
6.	Ricky Morgan.....	45.96	2/24/18
7.	Justin Braun.....	45.99	2/10/23
8.	Isaiah Jewett.....	46.19	1/25/20
9.	<b>Johnnie Blockburger.....</b>	<b>46.20</b>	<b>2/16/24</b>
10.	Nicholas Ramey.....	46.39	2/19/21

## 800 METERS

1.	Isaiah Jewett.....	1:46.91	1/26/19
2.	<b>Nathan Cumberbatch.....</b>	<b>1:47.78</b>	<b>1/27/24</b>
3.	Robert Ford.....	1:47.88	2/27/16
4.	Ibrahim Okash.....	1:49.17	2/8/86
5.	Bobby Poynter.....	1:49.26	2/26/22
6.	David Omwanza.....	1:49.4	1/7/78
7.	Darius Rainey.....	1:49.64	2/11/23
8.	Myles Andrews.....	1:49.90	2/14/15
9.	Sam VanDorpe.....	1:49.98	1/22/21
10.	<b>Jack Carter.....</b>	<b>1:50.69</b>	<b>2/11/23</b>

## ONE MILE

1.	Blake Shaw.....	3:59.85	3/6/10
2.	Neil Duggan.....	4:01.80	2/3/68
3.	Steve Crane.....	4:05.1	2/19/72
4.	Chris Johnson.....	4:06.60	1/30/65
5.	Ole Oleson.....	4:06.70	2/22/69
6.	Dennis Carr.....	4:06.90	2/24/67
7.	John Link.....	4:07.50	3/12/66
8.	<b>Morgan Fierro.....</b>	<b>4:08.19</b>	<b>1/20/24</b>
9.	Zane Golpariani.....	4:10.98	2/24/24
10.	Brandon Pacheco.....	4:10.99	2/24/96

## 3,000 METERS

1.	Nicolaus Jakowec.....	8:06.97	2/14/20
2.	<b>Morgan Fierro.....</b>	<b>8:14.23</b>	<b>2/10/24</b>
3.	<b>Alfredo Reina Corona.....</b>	<b>8:30.04</b>	<b>1/17/25</b>
4.	Trent Rule.....	8:45.08	1/16/16
5.	Josh Ligas.....	8:48.73	2/13/21
6.	<b>Dylan Gatua.....</b>	<b>9:15.03</b>	<b>1/21/22</b>

## 60-METER HURDLES

1.	<b>Johnny Brackins Jr. ....</b>	<b>7.49</b>	<b>1/17/25</b>
2.	Tade Ojora.....	7.53	2/10/23
3.	Aleec Harris.....	7.60	2/15/14
4.	Oscar Spurlock.....	7.71	2/5/11
5.	Brendan Ames.....	7.73	3/12/11
	Marquis Morris.....	7.73	1/28/17
7.	Robert Reading.....	7.75	2/17/89
8.	Di'Niko Bates.....	7.76	1/12/24
9.	Ayden Owens.....	7.83	2/8/19
10.	Ryan Wilson.....	7.87	2/1/03

## LONG JUMP

1.	<b>Johnny Brackins Jr. ....</b>	<b>27-0.00 (8.23)</b>	<b>2/17/24</b>
2.	Dietmar Haaf.....	26-11.25 (8.21)	2/18/90
3.	Henry Hines.....	26-7.00 (8.10)	1/15/72
4.	Randy Williams.....	26-4.25 (8.03)	3/10/73
5.	<b>JC Stevenson.....</b>	<b>26-1.00 (7.95)</b>	<b>1/12/24</b>
6.	Larry Doubly.....	25-9.75 (7.86)	1/22/78
7.	Eric Sloan.....	25-9.25 (7.85)	1/23/16
8.	Wellesey Clayton.....	25-4.75 (7.74)	2/8/64
9.	Jesus Olivan.....	25-4.00 (7.72)	2/20/87
10.	Dominic Smallwood.....	25-2.00 (7.67)	2/24/17

## TRIPLE JUMP

1.	Allen Simms.....	56-7.50 (17.26)	3/15/03
2.	Eric Sloan.....	55-10.50 (17.03)	2/13/16
3.	Julien Kapek.....	54-6.50 (16.62)	2/1/03
4.	Henry Jackson.....	52-9.50 (16.09)	3/12/72
5.	Mahoney Samuels.....	52-7.00 (16.02)	1/18/64
6.	Greg Harper.....	52-6.50 (16.01)	1/22/88
7.	Jalyn Jackson.....	52-4.00 (15.95)	1/31/20
8.	Fred Assef.....	51-3.50 (15.63)	2/6/76
9.	Dominic Smallwood.....	51-1.50 (15.58)	2/10/18
10.	Tim Barrett.....	50-6.75 (15.41)	1/7/67

## HIGH JUMP

1.	Earnest Sears III.....	7-6.50 (2.30)	2/1/20
2.	Jesse Williams.....	7-6.00 (2.29)	3/11/06
	Randall Cunningham.....	7-6.00 (2.29)	3/10/18
4.	Manjula Wijesekara.....	7-2.25 (2.19)	3/7/09
5.	Tim Walker.....	7-1.50 (2.17)	1975
	<b>Elias Gerald.....</b>	<b>7-1.50 (2.17)</b>	<b>1/26/24</b>
7.	Lew Hoyt.....	7-1.00 (2.16)	2/13/64
8.	George Fleckenstein.....	7-0.25 (2.14)	2/10/62
	Michael Krone.....	7-0.25 (2.14)	2/28/15
	Charlie Dumas.....	7-0.25 (2.14)	2/13/60
	<b>Brady Palen.....</b>	<b>7-0.25 (2.14)</b>	<b>1/17/25</b>

## POLE VAULT

1.	Dave Kenworthy.....	18-3.00 (5.56)	3/12/83
2.	Brandon Estrada.....	18-0.50 (5.50)	3/6/10
	Dennis Kholev.....	18-0.50 (5.50)	2/23/02
4.	Doug Wicks.....	17-8.00 (5.38)	3/9/85
5.	Russ Rogers.....	17-6.00 (5.33)	1/17/76
	Bob Seagren.....	17-6.00 (5.33)	2/8/69
7.	Eric White.....	17-3.00 (5.25)	3/14/87
8.	Steve Klassen.....	17-2.00 (5.23)	3/2/85
9.	Bob Pullard.....	17-0.00 (5.18)	2/17/74
10.	Derek Scott.....	16-9.50 (5.12)	2/5/10

## SHOT PUT

1.	McKay Johnson.....	70-4.50 (21.45)	2/13/21
2.	Noah Bryant.....	67-5.25 (20.55)	3/10/07
3.	Matt Katnik.....	64-9.75 (19.75)	2/25/17
4.	Nick Ponzio.....	64-4.50 (19.62)	2/24/18
5.	Doug Lane.....	64-3.50 (19.59)	3/12/72
6.	Hank Kraychir.....	64-3.00 (19.58)	3/12/83
7.	Dave Murphy.....	63-2.25 (19.26)	1/3/70
8.	Tambi Wenj.....	62-6.00 (19.05)	1/31/87
9.	Nathan Bultman.....	61-10.25 (18.85)	2/4/17
10.	Dave Davis.....	61--6.50 (18.75)	1/22/60

## WEIGHT THROW

1.	Conor McCullough.....	80-3.75 (24.48)	3/13/15
2.	Nathan Bultman.....	73-7.50 (22.44)	1/24/20
3.	Trey Knight.....	72-8.00 (22.15)	2/25/22
4.	<b>Nikolaos Polychroniou.....</b>	<b>64-10.50 (19.77)</b>	<b>2/25/22</b>
5.	John Wolitarsky.....	63-2.00 (19.25)	1/17/98
6.	David Sellens.....	59-0.75 (18.00)	2/3/17

## HEPTATHLON

1.	Ayden Owens.....	5,809	3/8-9/19
2.	Viktor Fajoyomi.....	5,544	2/8/14

## 4x400-METER RELAY

1.	Shinnick, Benjamin Morgan, Norman.....	3:00.77	3/10/18
2.	Braun, <b>Blockburger,</b> <b>Cumberbatch, W.Jones.....</b>	<b>3:03.14</b>	<b>2/10/24</b>
3.	Braun, Ashton Allen, <b>Jones, Blockburger.....</b>	<b>3:03.16</b>	<b>3/11/23</b>
4.	Braun, <b>Blockburger,</b> <b>Andrews, W.Jones.....</b>	<b>3:04.67</b>	<b>3/9/24</b>
5.	Ramey, James, Burnett, <b>Blockburger.....</b>	<b>3:04.86</b>	<b>1/29/22</b>
6.	<b>Blockburger, Allen</b> <b>Andrews, W.Jones.....</b>	<b>3:04.95</b>	<b>2/24/24</b>
7.	Braun, Ashton Allen, <b>Jones, Ramey.....</b>	<b>3:05.47</b>	<b>1/21/23</b>
8.	Norman, Thymes, Clemes, Morgan.....	3:05.57	2/4/17
9.	Morgan, Thymes, Clemes, Morris.....	3:06.08	3/11/17
10.	Ramey, Shinnick, Stewart, <b>Blockburger.....</b>	<b>3:06.21</b>	<b>3/12/22</b>

## DISTANCE MEDLEY RELAY

1.	Trentadue, Turner, Oleson, Joyce.....	9:48.1	3/15/69
2.	Grant, Wolff, Carr, Link.....	9:50.1	3/11/67
3.	Becker, Turner Trentadue, Oleson.....	9:51.2	2/15/69
4.	Grant, Vanderstock, Oleson, Trentadue.....	9:51.3	3/16/68
5.	Green, Jewett, Jakowec, VanDorpe.....	9:58.04	2/28/20