



USC HEADS TO ARKANSAS FOR NCAA WEST PRELIMS

- Men's Team Ranked No. 9, Women's Team No. 13 -



University of Southern California Sports Information Office, Heritage Hall 103A, L.A., CA 90089-0601 • Phone: (213) 740-8480 • Fax: (213) 740-7584

USC Track & Field Schedule

| Date | Outdoor Meets |
|---------|--------------------------|
| 3/1-2 | Beach Opener |
| 3/22-23 | Trojan Invitational* |
| 3/29-30 | Florida Relays |
| 4/5-6 | Texas A&M 44 Farms Team |
| 4/17-20 | Mt. SAC Relays |
| 4/27-28 | USC-UCLA Dual Meet* |
| 5/4 | Oxy Invitational |
| 5/10-12 | Pac-12 Championships+ |
| 5/22-25 | West Preliminary Rounds^ |
| 6/5-8 | NCAA Championships# |

* Home
+ Boulder, Colo.
^ Fayetteville, Ark.
Eugene, Ore.

USC Quick Facts

Location: Los Angeles, Calif.
Enrollment: 49,500 (21,000)
Nickname: Trojans
Colors: Cardinal and Gold
Athletic Dir: Jennifer Cohen
Dir. of T&F: Quincy Watts
(213) 740-4201
Coaches: Jebreh Harris
Joanna Hayes
Martin Maric
John Bolton
Karl Goodman
Jeff Petersmeyer
Dir. of Ops: Nathan Collins
T&F SID: David Tuttle
(213) 725-3102

USC's History In Track & Field

NCAA Titles: Men (26 outdoor)
Men (2 indoor)
Women (3 outdoor)
Last Title: Men (1976)
Women (2021)
NCAA Champs: Men (175)
Women (39)
Olympic Champs: Men (44)
Women (11)

Pronunciation Guide

Broderick, Racquil (rah-KEEL)
Carter, Jassani (Juh-SAN-ee)
Cenci, Takiya (SEN-see, Tuh-KI-uh)
Golpariani, Zane (Gol-par-ee-ah-nee)
John, Yemi (YEH-me)
Jones, Jan'Taijah (jan-TAY-juh)
Maccagnini, Gigi (Mac-uh-knee-knee, GEE-GEE)
Mauricette, Yougendy (More-ih-set, You-gen-dee)
Moody, Samirah (suh-MY-ruh)
Nelson, Leif (Layff)
Ojora, Temi (oh-JORE-ah, TEM-ee)
Okonkwo, Chioma - (Oh-KONK-wo, Chee-OH-ma)
Polychroniou, Nikolaos - (Poly-cron-ee-ew)
Smith, Jalaysiya (Juh-LAY-see-ya)
Soares, Marina (SORE-eeze)
Zabarino, Sara (Zah-bar-Ree-no)

WEEKLY TRACK AND FIELD RELEASE - May 22, 2024

THIS WEEK - The Trojan track and field team will be competing at the 2024 NCAA West Preliminary Rounds hosted by Arkansas at John McDonnell Field in Fayetteville, Ark. from May 22-25. The top 48 declared athletes in each individual event and the top 24 relays in each region will be competing with the top 12 in each event area and relays advancing to the 2024 NCAA Outdoor Track and Field Championships to be held in Eugene, Ore. from June 5-8.

USC AT THE 2024 WEST PRELIMINARY ROUNDS -- USC has 40 athletes which have qualified individually for the 2024 NCAA West Preliminary rounds, 25 women and 15 men.

WOMEN: Simone Ballard (100m H), Jassani Carter (100m, 200m), Takiya Cenci (400m), Leah Disher (800m), Kamryn Elgersma (JT), Jada Foreman (TJ), Alyssa Hope (LJ), Yemi John (400m), Jan'Taijah Jones (400m), Jasmine Jones (100m H, 400m H), Jenna Galloway (HT), Reese Garland (DT), Gigi Maccagnini (800m), Christine M. Mallard (100m, 200m), Samirah Moody (100m), Temi Ojora (TJ), Lauren Reed (TJ), Rae-Anne Serville (400m H), Jalaysiya Smith (100m H), Marne Sullivan (800m), Tracy Towns (800m), Nonah Waldron (100m H), Madison Whyte (200m), Sara Zabarino (JT).

MEN: Jacob Andrews (400m), Di'Niko Bates (110m H), Johnnie Blockburger (400m), Johnnie Brackins Jr. (110m H, LJ), Racquil Broderick (DT), Gavin Champ (TJ), Elias Gerald (HJ), William Jones (400m), Matteo Mitchell (HT), Tamaal Myers (400m H), Leif Nelson (JT), Nikolaos Polychroniou (HT), JC Stevenson (LJ), Max Thomas (100m, 200m), Travis Williams (100m).

USC MEN & WOMEN PLACE 2ND AT THE PAC-12 CHAMPIONSHIPS -- The USC men's and women's teams both placed second at the 2024 Pac-12 Track & Field Championships hosted by Colorado on May 10-12. Jasmine Jones won the 100m and 400m hurdles titles, including setting the meet record in the 400m hurdles. Johnnie Blockburger won the men's 200m and 400m and ran on the winning USC 4x100m relay, making it nine career Pac-12 titles for Blockburger. Blockburger was named the 2024 Pac-12 Men's Athlete of the Meet. The USC men's team (141 points) and women's team (136 points) combined for 277 points, 44 points more than the next closest program (Oregon).

400 METERS TO PAC-12 GLORY -- USC's Johnnie Blockburger won the 2024 Pac-12 men's 400m title and Jan'Taijah Jones won the 2024 Pac-12 women's 400m title. Blockburger won the title for the third time in four seasons, only placing second to teammate William Jones last season. Jones is the third conference woman to win three consecutive Pac-12 400m titles (Keshia Baker and Phyllis Francis). USC's Kendall Ellis holds the women's 400m meet record with a time of 49.99 set in 2018.

THE GREEK HAMMER - Junior hammer thrower Nikolaos Polychroniou from Athens, Greece, had a PR of 246-10 (75.24m) to win the USC-UCLA Dual Meet hammer throw competition on April 27. His throw moved him from sixth to third on USC's all-time list and he currently ranks fourth in the country. Polychroniou placed second in the hammer throw at the 2024 Pac-12 Championships, his second consecutive runner-up finish. Last year he went on to finish fifth at the NCAA Championships to earn All-America honors.

JONES CLEARING ALL HURDLES - 2022 Pac-12 100m hurdles champion and 2022 NCAA 100m hurdles runner-up Jasmine Jones is back in action after battling injuries since then. First she won the 2024 NCAA indoor 60m hurdles title with a school-record time of 7.77. Then, she won the Pac-12 100m and 400m hurdles titles, the latter with a meet-record time of 53.87. Jones has the top NCAA 400m hurdles time and the 10th-fastest 100m hurdles time, the only NCAA woman to rank in the top 10 in both events this season.

OJORA SOARING TO NEW HEIGHTS - USC senior jumper Temi Ojora currently ranks third among NCAA athletes with a wind-aided triple jump best of 45-4.25/13.82m (+3.2w). She also has a wind-legal best this season of 44-11.50/13.70. She has won all five of her triple jump competitions this season, including winning the Pac-12 title with a jump of 44-5.25/13.54m (-1.2) on May 12. Ojora also has cleared a career-best 5-10.75 (1.80m) in the high jump and has a long jump best this season of 20-7.75/6.29m (+1.4). She won all three events at the annual USC-UCLA Dual Meet on April 28 to lead USC to victory, its 10th consecutive over the Bruins.

FOUR TROJANS EARN PAC-12 YEARLY HONORS -- USC's Johnnie Blockburger and Jasmine Jones were named 2024 Pac-12 Track Athletes of the Year and Racquil Broderick and Madison Whyte were named 2024 Pac-12 Track and Field Freshmen of the Year it was announced by the Conference on May 17.

YOU MIGHT NEED A PROGRAM -- USC added 30 new athletes to its track and field program since the end of the 2023 season. In fact, 39.0 percent of the roster is new from last season with 19 of the 43 women and 11 of the 34 men on the rosters competing in their first seasons as a Trojan.

NEXT MEET -- USC's next meet will be the NCAA Outdoor Track & Field Championships to be held at Hayward Field in Eugene, Ore. Jun 5-8.

RANKINGS - The 2024 USTFCCCA outdoor rankings by week:

| | 3/25 | 4/1 | 4/9 | 4/16 | 4/23 | 4/30 | 5/7 | 5/14 | 5/21 | 5/28 |
|--------------|------|-----|-----|------|------|------|-----|------|------|------|
| USC Men -- | 14 | 10 | 7 | 7 | 6 | 7 | 6 | 8 | 9 | |
| USC Women -- | 17 | 14 | 14 | 23 | 19 | 18 | 16 | 14 | 13 | |

USC TRACK AND FIELD HISTORY - USC track and field is well known as one of the most successful athletic programs in the history of the NCAA, with 31 men's and women's national team titles. The Trojans have won far more NCAA team and individual titles combined than any other university. However, the most dominant force in USC's slate of athletic programs is not the baseball team (12 College World Series titles) or the football squad (nine national championships) but the men's track and field program, with an unprecedented 28 NCAA titles (including nine straight, 1935-43). In fact, in the history of the NCAA, only the Oklahoma State wrestling program (34) has more national titles than USC men's outdoor track and field. Trojan athletes have dominated the track and field scene for decades. From the exploits of sprinter Charlie Paddock and thrower Clarence "Bud" Houser in the 1920s and 1930s, sprinter Mel Patton in the 1940s, thrower Parry O'Brien in the 1950s, sprinter Lennox Miller and pole vaulter Bob Seagren in the 1960s, sprinter Quincy Watts in the 1980s, to four-time NCAA hammer champion Balazs Kiss (only the fifth collegian to win four in a row) in the 1990s, World Champion hurdler Felix Sanchez early in the 2000s, and NCAA champion and Olympic medalist Andre DeGrasse, and NCAA champions and collegiate record-holders Rai Benjamin and Michael Norman, USC is synonymous with track and field excellence.

TROJAN PROGRAM REMAINS IN GOOD HANDS WITH QUINCY WATTS - Former Trojan Olympic great Quincy Watts was promoted to USC Director of Track and Field and Cross Country on June 17, 2021 after eight seasons on Caryl Smith Gilbert's staff as an assistant in charge of sprints, long hurdles and relays. In his 10 seasons working with USC athletes, he has guided Trojans to 104 indoor and outdoor All-America honors in the 400 meters, 400-meter hurdles and 4x400-meter relay. His Trojan athletes also claimed 20 NCAA titles and 33 Pac-12 crowns, and they set three collegiate records and 28 school records plus all four USC freshman 400-meter records and the women's 400-meter hurdles freshman record. During the 2023 season at the helm of the Trojan program, Watts led the men's and women's team to second-place finishes at the Pac-12 Championships, with the Trojans winning nine event titles. His 400m crew was especially dominant with freshman William Jones edging teammate and two-time defending champion Johnnie Blockburger in the final with a time of 44.65, just 0.05 off the school freshman record. On the women's side, Jan'Taijah Jones won the title with the second-fastest 400m time by a USC woman of 50.44, to lead a 1-2-3-5 finish for the Trojans in the event. The women's 4x400m relay earned outdoor All-America honors and the women's and men's 4x400m relays earned indoor All-America honors. Jan'Taijah Jones also placed fifth in the 400m at the NCAA Indoor Championships. USC athletes combined to post 60 indoor and outdoor Trojan all-time top 10 results during the season. During the season Allie Jones set the USC heptathlon record, Tade Ojora the men's 60m hurdles record, Samirah Moody the women's 60m record and Summer Mosley the women's weight throw record. Watts also continues coaching USA Olympic medalists Michael Norman, Rai Benjamin and Kendall Ellis. Norman won gold medals in the 400m and with the USA 4x400m relay team and Benjamin a silver medal in the 400m hurdles at the 2022 World Athletics Championships.

TROJANS' OLYMPIC GLORY - USC athletes of the present and past won 21 medals at the 2020 Tokyo Olympics, 11 golds, 5 silvers and 5 bronze, and have won over 20 medals at three consecutive Olympics. The success in Tokyo kept USC as the leader among U.S. universities for most all-time medals and gold medals. USC has had 510 Olympians who have earned 326 medals, 153 gold, 96 silver and 77 bronze. Forefront in the USC success is the 151 track and field athletes who have earned 49 gold medals. Former Trojan students won a record 13 medals at the 2020 Olympics, six gold, two silver and five bronze. USC's previous record for most track and field medals won in a single Olympics was nine at the 2016 Rio Games. This was the fifth consecutive Summer Olympics in which a USC track and field athlete earned at least one gold medal and a Trojan track and field athlete has won at least one medal in every Olympics since 1912.

ALL-STAR COACHING STAFF - Olympic gold medalist Quincy Watts has put together an impressive coaching staff that looks like an all-star roster. Jebreh Harris (distances and cross country), Olympic gold medalist Joanna Hayes (hurdles), two-time Olympian Martin Maric (throws) and newcomers added this season John Bolton (sprints), Karl Goodman (sprints) and Jeff Petersmeyer (jumps).

2024 INDOOR SEASON RECAP -- The USC men tied for seventh and the Trojan women tied for eighth at the 2024 NCAA Indoor Track & Field Championships held in Boston, Mass. Jasmine Jones won the women's 60m hurdles title, Johnny Brackins Jr. placed second in the men's 60m hurdles and the women's 4x400m relay took second at the 2024 NCAA Indoor Track & Field Championships being held at the TRACK at new balance in Boston, Mass. The USC women's team scored 27 points to tie for eighth and the men's team scored 23 points to tie for seventh. Twelve different Trojans earned first-Team All-America honors.

WOMEN: **Yemi John** (6th - 400m, 2nd - 4x400m relay), **Allie Jones** (4th - Pentathlon), **Jan'Taijah Jones** (2nd - 4x400m relay), **Jasmine Jones** (1st - 60m H, 2nd - 4x400m relay), **Temi Ojora** (8th - TJ), **Madison Whyte** (2nd - 4x400m relay).

MEN: **Jacob Andrews** (7th - 4x400m relay), **Johnnie Blockburger** (7th - 4x400m relay), **Johnny Brackins Jr.** (2nd - 60m H, 4th - LJ), **Justin Braun** (7th - 4x400m relay), **William Jones** (5th - 400m, 7th - 4x400m), **Travis Williams** (5th - 60m).

During the 2024 indoor season, USC's men posted 17 all-time Trojan top 10 performances, including Johnny Brackins Jr. setting the USC indoor long jump record of 27-0 (8.23m), a record which had stood for 34 years. USC men athletes also posted six other times for marks which rank second on USC's all-time indoor lists. The Trojan women posted 15 all-time top 10 indoor times or marks, led by school records set by Marne Sullivan in the 800m (2:04.17), Jasmine Jones in the 60m hurdles (7.77) and Allie Jones in the pentathlon (4,528). Also, Temi Ojora posted the second-farthest indoor triple jump in school history of 45-2.25 (13.77m).

TROJANS LEAVING THEIR MARKS - The Trojans have 29 athletes on the current team that have posted 56 outdoor top 10 marks all-time by a Trojan, including 22 marks that rank in USC's all-time top 5. The following is a list of those athletes and their ranking at USC:

Men

Johnnie Blockburger (T-3rd -400m, 1st, 2nd, 4th, 7th - 4x100m, 2nd, 6th - 4x400m)
Johnny Brackins Jr. (6th - LJ, 9th - 4x400m)
Racquil Broderick (2nd - DT)
Morgan Fierro (9th - 3000m SC)
Elias Gerald (T-9th - HJ)
Zane Golpariani (5th - 3000m SC)
William Jones (6th - 400m, 9th - 4x400m)
Leif Nelson (4th - JT)
Nikolaos Polychroniou (3rd - HT)
JC Stevenson (5th - LJ, T-10th - 100m, 7th - 4x100m)
Max Thomas (T-10th - 100m, 7th - 4x100m)
Travis Williams (7th - 4x100m)

Women

Jassani Carter (9th - 200m, 7th, 8th - 4x100m)
Reese Garland (5th - DT)
Yemi John (9th - 400m, 7th, 8th - 4x400m)
Jan'Taijah Jones (2nd - 400m, 8th - 4x100m, 5th, 8th - 4x400m)
Jasmine Jones (4th - 100m H, 2nd - 400m H, T-4th - 4x100m)
Marjourie Lopez (10th - 5000m, 5th - 10000m)
Christine M. Mallard (3rd - 400m, 5th, 7th - 4x100m, 7th - 4x400m)
Samirah Moody (4th - 100m, 6th - 200m, 7th - 4x100m)
Gigi Maccagnini (9th - 1500m)
Summer Mosley (9th - DT)
Temi Ojora (3rd - TJ, T-10 - LJ)
Rae-Anne Serville (9th - 400m H)
Jalaysiya Smith (8th - 100m H)
Marina Soares (7th - 3000m SC)
Marne Sullivan (8th - 800m)
Madison Whyte (7th - 4x100m)
Sara Zabarino (3rd - JT)

RETURNING ALL-AMERICANS -- USC has four current athletes which were 2023 T&F All-American: Yemi John (4th - 4x400m), Christine M. Mallard (4th - 4x400m), Temi Ojora (6th - TJ) and Nikolaos Polychroniou (5th - HT).

SULLIVAN IS BEING HEARD -- Graduate transfer Marne Sullivan has had an impressive first season at USC. She set the USC indoor 800m record with a time of 2:04.19 and has run the eighth-fastest outdoor 800m race of 2:04.59. She was born deaf and received a cochlear implant at the age of 3 and 1/2. She has said she always felt to be a step behind her peer due to the time she had to spend in speech therapy, attending multiple audiologist appointments and working with learning specialists. She learned to cope and fit in well with her familiar environment, but really felt out of place when she went off to Boston College and had to interact with new people and an unfamiliar environment. She realized there was a lack of understanding and decided to use her situation to be a leader for deaf awareness and began using her platform as an athlete to share her story and educate others. Through social media she has helped become an inspiration to others with hearing and other disabilities. She founded and was the head of the non-visible/visible disability sub-committee through Eagles for Equality, a DEI student-athlete organization on the BC campus. She has continued her efforts at USC by partnering with brands for Deaf Awareness month and more. In March, Sullivan was named the CalHope Courage Award winner which recognizes two student-athletes at California colleges and universities monthly for overcoming the stress, anxiety, and mental trauma associated with personal hardships and adversity.

BRODERICK MAKING AN IMMEDIATE IMPACT -- Freshman Racquil Broderick set the USC freshman discus throw record in his very first meet with a throw of 204-6 (62.34m) to win the Beach Opener on March 2. His throw also moved him to second on USC's all-time list, a foot and a half behind the school record of 206-0 (62.78m) set by Gary Carlsen in 1967. Broderick has won five of the six discus throw competitions he has entered this season.

STEVENSON POSTS USC TOP 5 INDOOR AND OUTDOOR LONG JUMP MARKS -- Sophomore JC Stevenson has posted the fifth-farthest long jump ever indoors and outdoors by a Trojan this season. His indoor jump was 26-1.00 (7.95m) to win at the Spokane Sports Showcase on Jan. 12 and his best outdoor jump went for 26-5.00 (8.05m) to win at the Mt. SAC Relays on April 20. He placed second in the long jump at the 2024 Pac-12 Championships with a jump of 25-1.75/7.66m (+0.1).

BRACKINS JR IS A TRIPLE THREAT -- Junior Johnny Brackins Jr. has been making a name for himself this season as a jumper, hurdler and sprinter. During the indoor season, Brackins Jr. set the USC indoor record in the long jump with a leap of 27-0.00 (8.23m), breaking Detmer Haaf's school record of 26-11.25 (8.21m) which had stood since 1990. Brackins Jr. also had a time of 7.55 in the 60m hurdles to move into second on USC's all-time list and placed second in the event at the NCAA Indoor Championships with a time of 7.57. During the outdoor season he has run 13.51 in the 110m hurdles which is just outside of the USC all-time top 10. He also ran the 400m hurdles for the first time at the USC-UCLA Dual Meet on April 28 and in his second race ran 50.84 at the Oxy Invitational on May 4, which ranks 47th nationally. Brackins Jr. also ran the second leg on USC's 4x400m relay which won at the USC-UCLA Dual Meet with a season-best time of 3:05.26.

FRESHMEN MAKING THEIR MARKS -- USC freshmen athletes have set five school freshmen records this year. **Racquil Broderick** (Discus Throw - 204-6), **Nathan Cumberbatch** (Indoor 800m - 1:47.78), **Marjourie Lopez** (10000 - 36:32.25, Indoor 3000m - 10:11.90), **Madison Whyte** (Indoor 200m - 22.90)

2024 USC WOMEN'S OUTDOOR BESTS

| Mark | Athlete | Place | Day | Event |
|------------------------------------|------------|-------|------|----------------------|
| 100M (USC: 10.89 FR: 10.99) | | | | |
| 11.19 (+0.1)-PR | Carter | 2 | 5/12 | Pac-12 Championships |
| 11.26 (+0.1) | Moody | 3 | 5/12 | Pac-12 Championships |
| 11.29 (+2.3w) | Mallard | 2 | 3/30 | Florida Relays |
| 11.30 (+0.1)-PR | Mallard | 4 | 5/12 | Pac-12 Championships |
| 11.60 (+0.1) | Okonkwo | 13 | 4/19 | Mt. SAC Relays |
| 12.30 (+1.1) | Washington | 11 | 3/2 | Beach Opener |

| | | | | |
|------------------------------------|------------------|------|------|----------------------|
| 200M (USC: 22.16 FR: 22.65) | | | | |
| 22.62 (+0.9)-PR | Carter | 2 | 5/12 | Pac-12 Championships |
| 22.69 (+0.9)-PR | Whyte | 3 | 5/12 | Pac-12 Championships |
| 22.95 (+4.3w) | Mallard | 3 | 4/5 | Texas A&M 44 Farms |
| 23.15 (+0.9) | Mallard | 5 | 3/29 | Florida Relays |
| 23.37 (+4.3w) | Jan'Taijah Jones | 4 | 4/5 | Texas A&M 44 Farms |
| 23.39 (+0.9) | Jan'Taijah Jones | 12 | 3/29 | Florida Relays |
| 23.86 (+2.4w) | Okonkwo | 6 | 4.28 | USC-UCLA Dual |
| 24.08 (+2.4w) | Cenci | 3 | 3/2 | Beach Opener |
| 24.09 (+0.2) | Okonkwo | 16-p | 5/10 | Pac-12 Championships |
| 24.26 (+1.8) | Cenci | 17 | 4/5 | Texas A&M 44 Farms |

| | | | | |
|------------------------------------|-------------|---|------|----------------------|
| 400M (USC: 49.99 FR: 50.74) | | | | |
| 51.07 | Jan.Jones | 1 | 5/12 | Pac-12 Championships |
| 51.67 | John | 5 | 4/20 | Mt. SAC Relays Elite |
| 51.74-PR | Whyte | 1 | 4/28 | USC-UCLA Dual |
| 53.42 | Cenci | 7 | 3/30 | Florida Relays |
| 54.32 | Serville | 1 | 3/2 | Beach Opener |
| 55.95 | Blockburger | 2 | 3/2 | Beach Opener\ |
| 56.98 | Maccagnini | 3 | 3/2 | Beach Opener |

| | | | | |
|--|-------------|----|------|----------------------|
| 800M (USC: 1:58.51 FR: 2:04.16) | | | | |
| 2:04.59-PR | Sullivan | 9 | 3/30 | Florida Relays |
| 2:06.13-PR | Towns | 1 | 4/19 | Mt. SAC Relays |
| 2:06.20-PR | Disher | 2 | 4/19 | Mt. SAC Relays |
| 2:06.91 | Maccagnini | 10 | 4/20 | Mt. SAC Relays Elite |
| 2:07.07-PR | Blockburger | 5 | 5/4 | Oxy Invitational |
| 2:16.52 | Vasquez | 6 | 4/28 | USC-UCLA Dual |
| 2:23.08 | Duarte | 14 | 3/2 | Beach Opener |
| 2:26:30 | Rabolli | 10 | 3/23 | Trojan Invitational |

| | | | | |
|---|----------|---|------|---------------------|
| 1500M (USC: 4:12.05 FR: 4:18.52) | | | | |
| 4:25.65-PR | Towns | 1 | 4/28 | USC-UCLA Dual |
| 4:27.28-PR | Disher | 2 | 4/28 | USC-UCLA Dual |
| 4:37.37-PR | Sullivan | 3 | 3/23 | Trojan Invitational |
| 4:42.05 | Soares | 4 | 3/2 | Beach Opener |
| 4:42.92 | Duarte | 8 | 4/19 | Mt. SAC Relays |
| 4:50.62-PR | Rabolli | 8 | 4/28 | USC-UCLA Dual |
| 4:50.89 | Lopez | 8 | 32 | Beach Opener |
| 4:51.08-PR | Vasquez | 8 | 3/23 | Trojan Invitational |

| | | | | |
|---|--------|---|------|---------------|
| 3000M (USC: 9:11.78 FR: 9:33.29) | | | | |
| 10:07.19-PR | Lopez | 4 | 4/28 | USC-UCLA Dual |
| 10:16.97-PR | Soares | 6 | 3/2 | Beach Opener |
| 11:09.11 | Pisano | 9 | 4/28 | USC-UCLA Dual |

| | | | | |
|--|--------|---|-----|------------------|
| 3000M SC (USC: 10.01.99 FR: 10:03.73) | | | | |
| 11:02.98-PR | Soares | 5 | 5/4 | Oxy Invitational |

| | | | | |
|---|-------|---|-----|--------------------|
| 5000M (USC: 16.00.11 FR: 16:36.66) | | | | |
| 17:31.71 | Lopez | 2 | 4/5 | Texas A&M 44 Farms |

| | | | | |
|--|-------|---|------|----------------------|
| 10000M (USC: 33.18.75 FR: 36:32.25) | | | | |
| 36:32.25-FR | Lopez | 3 | 4/18 | Mt. SAC Relays Elite |

| | | | | |
|---------------------------------------|-----------|-----|------|----------------------|
| 100M HH (USC: 12.48 FR: 12.74) | | | | |
| 12.86 (-0.4) | Jas.Jones | 2 | 5/4 | Oxy Invitational |
| 13.12 (+3.6w) | Smith | 2 | 4/6 | Texas A&M 44 Farms |
| 13.15 (+1.7)-PR | Waldron | 3 | 4/20 | Mt. SAC Relays Elite |
| 13.22 (+1.6) | Smith | 4-p | 5/11 | Pac-12 Championships |
| 13.23 (+1.6) | Ballard | 5-p | 5/11 | Pac-12 Championships |
| 14.37 (+0.5) | Strayhorn | 4 | 3/2 | Beach Opener |
| 14.51 (-1.1) | Chan | 6 | 4/28 | USC-UCLA Dual |

| Mark | Athlete | Place | Day | Event |
|---------------------------------------|-----------|-------|------|----------------------|
| 400M IH (USC: 53.70 FR: 55.14) | | | | |
| 53.87-PR | Jas.Jones | 1 | 5/12 | Pac-12 Championships |
| 57.11-PR | Serville | 7 | 5/12 | Pac-12 Championships |
| 59.49 | Waldron | 3 | 4/28 | USC-UCLA Dual |
| 59.97-PR | Ballard | 4 | 4/28 | USC-UCLA Dual |
| 67.05 | Chan | 6 | 4/28 | USC-UCLA Dual |

| | | | | |
|--|-----------|----|------|-----------------------|
| LONG JUMP (USC: 21-11.00/6.68M FR: 21-5.25) | | | | |
| 20-9.75/6.34 (+0.0)-PR | Hope | 5 | 3/29 | Florida Relays Invite |
| 20-7.75/6.29 (+1.4) | Ojora | 1 | 4/28 | USC-UCLA Dual |
| 19-10.75/6.06 (+3.0w) | Reed | 2 | 4/5 | Texas A&M 44 Farms |
| 19-6.75/5.96 (+2.7w) | Foreman | 4 | 4/28 | USC-UCLA Dual |
| 19-6.00/5.94 (+0.8) | Strayhorn | 5 | 4/28 | USC-UCLA Dual |
| 19-4.75/5.91 (+0.5) | Foreman | 4 | 4/28 | USC-UCLA Dual |
| 19-4.00/5.89 (+2.0)-PR | Bush | 3 | 3/23 | Trojan Invitational |
| 19-3.25/5.87 (+1.9) | Reed | 13 | 4/20 | Mt. SAC Relays |
| 17-11.00/5.46 (+2.5w) | Gatlin | 13 | 3/2 | Beach Opener |

| | | | | |
|--|---------|---|------|---------------------|
| TRIPLE JUMP (USC: 45-5.25/13.85M FR: 44-8.25) | | | | |
| 45-4.25/13.82 (+3.2w) | Ojora | 1 | 4/6 | Texas A&M 44 Farms |
| 44-11.50/13.70 (+0.7) | Ojora | 1 | 3/23 | Trojan Invitational |
| 42-3.50/12.89 (+2.7w) | Reed | 3 | 4/6 | Texas A&M 44 Farms |
| 42-2.75/12.87 (+0.0)-PR | Reed | 5 | 3/30 | Florida Relays |
| 41-10.25/12.76 (+1.1)-PR | Foreman | 2 | 4/28 | USC-UCLA Dual |
| 40-0.25/12.21 (+2.5w) | Gatlin | 5 | 4/28 | USC-UCLA Dual |
| 40-0.00/12.19 (+1.5) | Bush | 6 | 4/28 | USC-UCLA Dual |
| 40-0.00/12.19 (+0.2) | Gatlin | 1 | 5/4 | Oxy Invitational |

| | | | | |
|---|-----------|---|------|---------------------|
| HIGH JUMP (USC: 6-2.00/1.88M FR: 6-2.00) | | | | |
| 5-10.75/1.80-T-PR | Ojora | 2 | 4/6 | Texas A&M 44 Farms |
| 5-5.00/1.65 | Hope | 1 | 3/23 | Trojan Invitational |
| 5-5.00/1.65 | Strayhorn | 4 | 4/28 | USC-UCLA Dual |

| | | | | |
|---|----------|---|------|----------------------|
| SHOT PUT (USC: 57-7.75/17.57M FR: 53-3.50) | | | | |
| 48-4.50/14.74-PR | Garland | 8 | 5/11 | Pac-12 Championships |
| 37-7.75/11.47 | Knoll | 6 | 4/28 | USC-UCLA Dual |
| 30-5.50/9.28 | Galloway | 7 | 4/28 | USC-UCLA Dual |

| | | | | |
|---|--------------------|---------------------|---|--|
| LONG JUMP (USC: 27-4.25/8.33m FR: 27-4.25) | | | | |
| 4/28/24 | USC-UCLA Dual Meet | 25-4.00/7.72 (-1.4) | 2 | |

| | | | | |
|---|----------|---|------|---------------|
| DISCUS (USC: 200-5/61.10M FR: 179-5) | | | | |
| 178-2 (54.32)-PR | Garland | 3 | 4/27 | USC-UCLA Dual |
| 137-11 (42.04)-PR | Galloway | 4 | 4/27 | USC-UCLA Dual |

| | | | | |
|--|----------|---|------|----------------------|
| JAVELIN (USC: 186-10/56.95M FR: 173-11) | | | | |
| 171-3/52.20 | Zabarino | 6 | 4/18 | Mt. SAC Relays Elite |
| 152-5/46.47-PR | Elgersma | 9 | 5/10 | Pac-12 Championships |
| 132-3/40.31-PR | Doherty | 5 | 3/23 | Trojan Invitational |
| 127-11/38.99 | Knoll | 5 | 4/28 | USC-UCLA Dual |

| | | | | |
|---|----------|---|------|---------------|
| HAMMER (USC: 230-3/70.18M FR: 226-8) | | | | |
| 196-10 (59.99)-PR | Galloway | 3 | 4/27 | USC-UCLA Dual |
| 114-4 (34.85)-PR | Garland | 5 | 4/27 | USC-UCLA Dual |

| | | | | |
|--|--|--|--|--|
| POLE VAULT (USC: 14-0.00/4.27M FR: 13-7.25) | | | | |
|--|--|--|--|--|

| | | | | |
|--|--|--|--|--|
| HEPTATHLON (USC: 6234 POINTS FR: 5,582) | | | | |
|--|--|--|--|--|

| | | | | |
|---------------------------------|---|------|----------------------|--|
| 4X100M (USC: 42.21) | | | | |
| 42.87 | 1 | 5/12 | Pac-12 Championships | |
| (Mallard, Whyte, Moody, Carter) | | | | |

| | | | | |
|---|---|------|----------------------|--|
| 4X400M (USC: 3:23.35) | | | | |
| 3:29.79 | 3 | 5/12 | Pac-12 Championships | |
| (John, Whyte, Carter, Jan'Taijah Jones) | | | | |

2024 USC MEN'S OUTDOOR BESTS

| Mark | Athlete | Place | Day | Event |
|-------------------------|-------------|-------------------|------|----------------------|
| 100M (USC: 9.92) | | FR: 10.17) | | |
| 10.13 (+0.5)-PR | Thomas | 2 | 5/12 | Pac-12 Championships |
| 10.13 (+0.5)-PR | Stevenson | 3 | 5/12 | Pac-12 Championships |
| 10.16 (+0.5) | Williams | 5 | 5/12 | Pac-12 Championships |
| 10.49 (+4.5w) | Brock | 16 | 4/6 | Texas A&M 44 Farms |
| 10.65 (+1.4) | Johnson III | 24 | 4/19 | Mt. SAC Relays |
| 10.71 (+1.1) | Knox | 4 | 4/28 | USC-UCLA Dual |
| 11.07 (+1.1) | Champ | 6 | 4/28 | USC-UCLA Dual |
| 13.28 (+1.4) | Miller | 40 | 4/19 | Mt. SAC Relays |

| | | | | |
|--------------------------|-------------|-------------------|------|----------------------|
| 200M (USC: 19.84) | | FR: 20.24) | | |
| 20.19 (+2.2w) | Blockburger | 1 | 5/12 | Pac-12 Championships |
| 20.28 (+2.2w) | Thomas | 2 | 5/12 | Pac-12 Championships |
| 20.43 (+1.4)-PR | Thomas | 3 | 3/29 | Florida Relays |
| 20.72 (+1.1) | Blockburger | 2 | 3/23 | Trojan Invitational |
| 20.91 (+2.7w) | Andrews | 8 | 4/5 | Texas A&M 44 Farms |
| 21.24 (+2.7w) | Phillippy | 2 | 3/2 | Beach Opener |
| 21.47 (+2.7w) | Knox | 3 | 3/2 | Beach Opener |
| 21.54 (+1.7) | Knox | 3 | 4/28 | USC-UCLA Dual |
| 21.58 (+0.4) | Phillippy | 9 | 3/23 | Trojan Invitational |
| 21.70 (-0.1) | Andrews | 10 | 3/23 | Trojan Invitational |
| 21.86 (-0.1) | Miller | 11 | 3/23 | Trojan Invitational |

| | | | | |
|--------------------------|--------------|-------------------|------|----------------------|
| 400M (USC: 43.50) | | FR: 44.60) | | |
| 44.51-PR | Blockburger | 1 | 5/12 | Pac-12 Championships |
| 45.27 | Jones | 3 | 5/12 | Pac-12 Championships |
| 46.21 | Andrews | 4 | 5/4 | Oxy Invitational |
| 46.40-PR | Brackins Jr. | 1 | 3/23 | Trojan Invitational |
| 47.46 | Rainey | 3 | 4/6 | Texas A&M 44 Farms |
| 47.93 | Phillippy | 5 | 4/28 | USC-UCLA Dual |
| 48.79 | Jeffreson | 4 | 3/2 | Beach Opener |
| 48.93 | Thomas | 5 | 3/2 | Beach Opener |

| | | | | |
|----------------------------|-------------|--------------------|-------|----------------------|
| 800M (USC: 1:43.85) | | FR: 1:47.1) | | |
| 1:49.85-PR | Rainey | 9 | 4/20 | Mt. SAC Relays Elite |
| 1:50.25-PR | Ligas | 4 | 4/19 | Mt. SAC Relays |
| 1:53.04 | Mauricette | 4 | 3/2 | Beach Opener |
| 1:54.05-PR | Arriola | 14 | 4/19 | Mt. SAC Relays |
| 1:58.41 | Myers | 28 | 3/2 | Beach Opener |
| 1:59.90-PR | Swaminathan | 20 | 3/23/ | Trojan Invitational |

| | | | | |
|----------------------------|-------------|---------------------|------|---------------------|
| 1500M (USC: 3:39.5) | | FR: 3:45.85) | | |
| 3:56.53 | Arriola | 3 | 3/23 | Trojan Invitational |
| 3:57.65 | Golpariani | 9 | 3/2 | Beach Opener |
| 4:01.07 | Jeffreson | 19 | 3/2 | Beach Opener |
| 4:04.00-PR | Gatua | 8 | 3/23 | Trojan Invitational |
| 4:06.28 | Swaminathan | 9 | 3/23 | Trojan Invitational |
| 4:10.52 | Ligas | 27 | 3/29 | Florida Relays |

| | | | | |
|-------------------------|------------|---|------|---------------------|
| 3000M (USC: ---) | | | | |
| 8:55.80 | Golpariani | 1 | 3/23 | Trojan Invitational |
| 8:58.05 | Gatua | 2 | 3/23 | Trojan Invitational |

| | | | | |
|-------------------------------|------------|--------------------|------|---------------|
| 3000M SC (USC: 8:52.1) | | FR: 9:04.8) | | |
| 9:03.95 | Golpariani | 1 | 4/28 | USC-UCLA Dual |
| 10:09.22 | Gatua | 4 | 4/28 | USC-UCLA Dual |

| | | | | |
|-----------------------------|-------|----------------------|------|----------------------|
| 5000M (USC: 14:02.6) | | FR: 14:19.18) | | |
| 15:32.57 | Gatua | 12 | 4/19 | Mt. SAC Relays Elite |

| | | | | |
|-----------------------------|--------------|-------------------|------|----------------------|
| 110M HH (USC: 13:14) | | FR: 13:68) | | |
| 13.51 (+0.7)-PR | Brackins Jr. | 1 | 4/28 | USC-UCLA Dual |
| 13.70 (+0.1)-PR | Bates | 2-p | 5/11 | Pac-12 Championships |

| Mark | Athlete | Place | Day | Event |
|-----------------------------|--------------|-------------------|------|----------------------|
| 400M IH (USC: 47:02) | | FR: 49:46) | | |
| 50.48-PR | Myers | 5 | 5/12 | Pac-12 Championships |
| 50.84-PR | Brackins Jr. | 1 | 5/4 | Oxy Invitational |
| 51.44 | Mauricette | 1 | 4/5 | Texas A&M 44 Farms |
| (52.90)-DQ | Bates | -- | 4/28 | USC-UCLA Dual |

| | | | | |
|---------------------------------------|--------------|---------------------|------|----------------------|
| LONG JUMP (USC: 27-4.25/8.33m) | | FR: 27-4.25) | | |
| 27-5.50/8.37 (+4.2w) | Stevenson | 1 | 4/5 | Texas A&M 44 Farms |
| 26-5.00/8.05 (+0.0)-PR | Stevenson | 1 | 4/20 | Mt. SAC Relays Elite |
| 25-5.50/7.76 (+0.0) | Brackins Jr. | 6 | 4/20 | Mt. SAC Relays Elite |
| 24-11.25/7.60 (-0.5)-PR | Mauricette | 3 | 4/28 | USC-UCLA Dual |
| 24-5.00/7.44 (-0.3)-PR | Gerald | 4 | 4/28 | USC-UCLA Dual |
| 23-11.00/7.29 (+3.9w) | Champ | 8 | 4/5 | Texas A&M 44 Farms |

| | | | | |
|--|-----------|------------------|------|----------------------|
| TRIPLE JUMP (USC: 56-4.00/17.17m) | | FR: 53-9) | | |
| 52-1.75/15.89 (+3.8w) | Champ | 1 | 4/6 | Texas A&M 44 Farms |
| 51-4.50/15.66 (-0.9)-PR | Champ | 2 | 5/12 | Pac-12 Championships |
| 42-7.50/12.99 (+0.0) | Gerald | 2 | 4/28 | USC-UCLA Dual |
| 41-2.25/12.55 (+3.4w) | Stevenson | 3 | 4/28 | USC-UCLA Dual |

| | | | | |
|--------------------------------------|--------|--------------------|------|----------------|
| HIGH JUMP (USC: 7-7.25/2.32m) | | FR: 7-4.50) | | |
| 6-11.50/2.12 | Gerald | 1 | 4/19 | Mt. SAC Relays |

| | | | | |
|---------------------------------------|-----------|---------------------|------|---------------|
| SHOT PUT (USC: 68-1.50/20.76m) | | FR: 64-1.00) | | |
| 53-5.00/16.28-PR | Nelson | 2 | 4/28 | USC-UCLA Dual |
| 52-7.50/16.04-PR | Broderick | 3 | 4/28 | USC-UCLA Dual |

| | | | | |
|-----------------------------------|-----------|-------------------|------|---------------|
| DISCUS (USC: 206-0/62.78m) | | FR: 204-6) | | |
| 204-6/62.34-FR | Broderick | 1 | 3/2 | Beach Opener |
| 127-3/38.80 | Mitchell | 6 | 4/27 | USC-UCLA Dual |

| | | | | |
|------------------------------------|-----------|-------------------|------|--------------------|
| JAVELIN (USC: 272-2/82.97m) | | FR: 247-5) | | |
| 239-11/73.13-PR | Nelson | 2 | 4/5 | Texas A&M 44 Farms |
| 146-8/44.72 | Broderick | 4 | 4/28 | USC-UCLA Dual |
| 90-2/27.48 | Mitchell | 5 | 4/28 | USC-UCLA Dual |

| | | | | |
|-----------------------------------|--------------|-------------------|------|---------------|
| HAMMER (USC: 271-1/82.62m) | | FR: 253-2) | | |
| 246-10/75.24-PR | Polychroniou | 1 | 4/27 | USC-UCLA Dual |
| 203-8/62.08-PR | Mitchell | 3 | 4/27 | USC-UCLA Dual |

| | | | | |
|--|--|------------------|--|--|
| POLE VAULT (USC: 18-6.50/5.65m) | | FR: 17-6) | | |
|--|--|------------------|--|--|

| | | | | |
|--------------------------------------|--|-------------------|--|--|
| DECATHLON (USC: 8,130 POINTS) | | FR: 8,130) | | |
|--------------------------------------|--|-------------------|--|--|

| | | | | |
|--|--|---|------|----------------------|
| 4X100M (USC: 38.49) | | | | |
| 38.77 | | 1 | 4/20 | Mt. SAC Relays Elite |
| (Williams, Thomas, Stevenson, Blockburger) | | | | |

| | | | | |
|--|--|---|------|---------------|
| 4X400M (USC: 2:59.00) | | | | |
| 3:05.26 | | 1 | 4/28 | USC-UCLA Dual |
| (Andrews, Brackins, Rainey, Blockburger) | | | | |

ALL-TIME WOMEN'S PERFORMERS

WOMEN'S OLYMPIC EVENTS

100 METERS

| | | |
|-------------------------|--------------|---------------|
| 1. Twanisha Terry | 10.89 | 5/29/21 |
| 2. Celera Barnes | 10.94 | 6/24/22 |
| 3. Caisja Chandler | 10.99 | 4/8/23 |
| 4. Samirah Moody | 11.02 | 4/8/23 |
| 5. Angela Williams | 11.04 | 6/5/99 |
| 6. Angie Annelus | 11.06 | 6/6/19 |
| 7. Natasha Mayers | 11.09 | 4/19/03 |
| 8. Torri Edwards | 11.10n | 6/4/99 |
| Virginia Powell | 11.10 | 5/14/06 |
| 10. Inger Miller | 11.11 | 4/7/93 |

200 METERS

| | | |
|--------------------------|---------------|----------------|
| 1. Angie Annelus | 22.16 | 6/8/19 |
| 2. Carol Rodriguez | 22.23a | 5/27/06 |
| 3. Caisja Chandler | 22.32 | 7/8/23 |
| 4. Inger Miller | 22.33 | 4/17/93 |
| 5. Deanna Hill | 22.41 | 5/14/17 |
| 6. Samirah Moody | 22.50 | 5/14/23 |
| 7. Tynia Gaither | 22.54 | 6/11/16 |
| Twanisha Terry | 22.54 | 5/29/21 |
| 9. Jassani Carter | 22.62a | 5/12/24 |
| 10. Lanae-Tava Thomas | 22.65 | 6/6/19 |
| 11. Kinshasa Davis | 22.69 | 4/16/00 |
| Madison Whyte | 22.69a | 5/12/24 |

400 METERS

| | | |
|--------------------------------|--------------|----------------|
| 1. Kendall Ellis | 49.99 | 5/13/18 |
| 2. Jan'Tajiah Jones | 50.31 | 6/8/23 |
| 3. Christine M. Mallard | 50.74 | 7/9/23 |
| 4. Kaelin Roberts | 50.82 | 5/29/21 |
| 5. Kyra Constantine | 50.87 | 6/12/21 |
| 6. Jaide Stepter | 50.91 | 3/26/16 |
| 7. Nicole Yeargin | 50.96 | 6/10/21 |
| 8. Bailey Lear | 51.02 | 6/10/21 |
| 9. Yemi John | 51.04 | 7/14/23 |
| 10. Carol Rodriguez | 51.39 | 5/3/08 |

800 METERS

| | | |
|--------------------------|----------------|----------------|
| 1. Brigita Langerholc | 1:58.51 | 9/25/00 |
| 2. Michelle Taylor | 2:00.01 | 7/19/89 |
| 3. Lesley Noll | 2:03.30 | 4/8/88 |
| 4. Grazyna Penc | 2:03.82n | 4/5/97 |
| 5. Anna Lopaciuch | 2:04.07 | 6/27/98 |
| 6. Aleksandra Deren | 2:04.18 | 4/26/01 |
| 7. Donna Curtis | 2:04.58 | 5/29/85 |
| 8. Marne Sullivan | 2:04.59 | 3/30/24 |
| 9. Alyssa Brewer | 2:04.93 | 3/23/19 |
| 10. Jemima Russell | 2:04.95 | 5/24/19 |

1,500 METERS

| | | |
|---------------------------|----------------|----------------|
| 1. Grazyna Penc | 4:12.05n | 4/20/97 |
| 2. Iryna Vashchuk | 4:12.79 | 5/29/04 |
| 3. Anna Lopaciuch | 4:16.49n | 4/4/98 |
| 4. Lesley Noll | 4:17.25 | 4/30/89 |
| 5. Emebet Shiferaw | 4:20.75 | 5/4/96 |
| 6. Aleksandra Deren | 4:20.84 | 5/5/01 |
| 7. Kristie Johnston | 4:21.84n | 5/3/97 |
| 8. Shannon Clark | 4:22.06 | 4/11/87 |
| 9. Gigi Maccagnini | 4:22.30 | 3/25/23 |
| 10. Elise Lyon | 4:22.75 | 5/23/86 |

3,000 METERS

| | | |
|----------------------|----------|---------|
| 1. Emebet Shiferaw | 9:11.78n | 6/6/97 |
| 2. Anna Lopaciuch | 9:23.44n | 5/2/98 |
| 3. Zsafia Erdelyi | 9:27.96 | 3/20/10 |
| 4. Iryna Vashchuk | 9:31.14 | 3/20/04 |
| 5. Lucyna Ligaj | 9:38.07 | 3/3/01 |
| 6. Shannon Clark | 9:41.41 | 4/17/87 |
| 7. Sarah Cocco | 9:42.68 | 3/1/08 |
| 8. Katerina Berdousi | 9:45.42 | 3/22/13 |
| 9. Elise Lyon | 9:48.69 | 4/17/87 |
| 10. Beth Van Alstine | 9:49.07 | 3/20/04 |

3,000m Steeplechase

| | | |
|-------------------------|-----------------|---------------|
| 1. Zsafia Erdelyi | 10:01.99 | 5/30/09 |
| 2. Julia Budniak | 10:14.51 | 6/12/04 |
| 3. Kira Soderstrom | 10:34.18 | 4/16/15 |
| 4. Katerina Berdousi | 10:42.40 | 5/14/16 |
| 5. Jenna Tong | 10:42.91 | 4/5/14 |
| 6. Laura Meyers | 10:49.95 | 4/5/08 |
| 7. Marina Soares | 11:02.98 | 5/4/24 |
| 8. Natalia Kovtn | 11:04.35 | 4/28/07 |
| 9. Kristen Berglas | 11:06.70 | 4/30/05 |
| 10. Katherine Ellis | 11:07.26 | 5/2/09 |

5,000 METERS

| | | |
|---------------------------|-----------------|---------------|
| 1. Zsafia Erdelyi | 16:00.11 | 4/15/11 |
| 2. Emebet Shiferaw | 16:16.27 | 5/18/96 |
| 3. Ariel Wright | 16:23.66 | 3/25/11 |
| 4. Iryna Vashchuk | 16:28.71 | 3/25/05 |
| 5. Julia Budniak | 16:42.65 | 4/18/04 |
| 6. Brooke Thomas | 16:53.82 | 3/29/03 |
| 7. Katerina Berdousi | 17:04.41 | 5/15/16 |
| 8. Julie Seleine | 17:18.81 | 3/21/87 |
| 9. Kathleen Moloney | 17:29.33 | 3/6/10 |
| 10. Marjorie Lopez | 17:31.71 | 4/5/24 |

10000 METERS

| | | |
|--------------------------|-----------------|----------------|
| 1. Zsafia Erdelyi | 33:18.75 | 3/26/10 |
| 2. Beth Van Alstine | 34:29.62 | 3/27/04 |
| 3. Kate Neeper | 36:09.24 | 4/17/04 |
| 4. Shea Wickland | 36:16.00 | 3/7/09 |
| 5. Marjorie Lopez | 36.32.25 | 4/18/24 |
| 6. Dina Kitayama | 36:38.60 | 4/14/11 |
| 7. Zara Lukens | 37:11.02 | 4/14/11 |
| 8. Holly Peters | 39:51.67 | 5/1/03 |
| 9. Roseann Mardon | 40:21.64 | 5/6/86 |
| 10. Vienna Gao | 41:38.64 | 4/13/23 |

100-METER HURDLES

| | | |
|---------------------------|--------------|----------------|
| 1. Virginia Powell | 12.48 | 6/9/06 |
| 2. Chanel Brissett | 12.52 | 6/8/19 |
| 3. Anna Cockrell | 12.54 | 6/10/21 |
| 4. Jasmine Jones | 12.66 | 6/11/22 |
| 5. Nia Ali | 12.73 | 6/25/11 |
| 6. Dior Hall | 12.74 | 6/13/15 |
| 7. Allie Jones | 12.81 | 5/12/23 |
| 8. Jalaysiya Smith | 12.88 | 5/25/23 |
| 9. Candice Davis | 12.90 | 6/8/07 |
| 10. Mecca McGlaston | 12.98 | 6/7/18 |

400-METER HURDLES

| | | |
|-----------------------------|---------------|----------------|
| 1. Anna Cockrell | 53.70 | 6/27/21 |
| 2. Jasmine Jones | 53.87a | 5/12/24 |
| 3. Natasha Danvers | 54.95 | 9/25/00 |
| Jaide Stepter | 54.95 | 7/10/16 |
| 5. Amalie Iuel | 55.38 | 4/8/17 |
| 6. Leslie Maxie | 55.79 | 6/6/87 |
| 7. Dalilah Muhammad | 56.04 | 6/8/11 |
| 8. Michelle DeCoux | 57.05 | 4/4/92 |
| 9. Rae-Anne Serville | 57.11a | 5/12/24 |
| 10. Natasha Neal | 57.16 | 5/5/01 |

LONG JUMP

| | | |
|----------------------|-------------------------|----------------|
| 1. Yvette Bates | 21-11 (6.68) | 7/23/88 |
| 2. Wendy Brown | 21-7 1/2 (6.59) | 7/19/88 |
| 3. Sabrina Williams | 21-6 (6.55) | 1985 |
| 4. Morgan Smalls | 21-5 1/4 (6.53) | 5/15/21 |
| 5. Courtney Corrin | 21-2 1/2 (6.46) | 4/21/18 |
| 6. Madisen Richards | 21-0 3/4 (6.42) | 6/7/18 |
| 7. Pamela Simpson | 21-0 (6.40) | 6/2/99 |
| 8. Tatyana Obukhova | 20-11 3/4 (6.39) | 4/13/02 |
| 9. Lanae-Tava Thomas | 20-11 1/4 (6.38) | 3/20/21 |
| 10. Margaux Jones | 20-10 3/4 (6.37) | 6/25/16 |
| Temi Ojora | 20-10 3/4 (6.37) | 3/31/23 |

HIGH JUMP

| | | |
|--------------------|-----------------|---------|
| 1. Emelie Fardigh | 6-2 (1.88) | 3/22/97 |
| 2. Nia Ali | 6-1 1/4 (1.86) | 5/14/11 |
| 3. Wendy Brown | 6-1 (1.85) | 8/27/88 |
| 4. Spring Harris | 6-0 1/2 (1.84) | 3/22/03 |
| Amalie Iuel | 6-0 1/2 (1.84) | 5/7/16 |
| Morgan Smalls | 6-0 1/2 (1.84) | 6/12/21 |
| 7. Crissy Mills | 6-0 (1.83) | 6/2/93 |
| 8. Debra Larsen | 5-11 3/4 (1.82) | 6/24/83 |
| 9. Natasha Danvers | 5-11 1/2 (1.82) | 5/24/98 |
| Tanya Smith | 5-11 1/2 (1.82) | 3/9/96 |

TRIPLE JUMP

| | | |
|----------------------|--------------------------|----------------|
| 1. Wendy Brown | 45-5 1/4 (13.85) | 6/17/88 |
| 2. Yvette Bates | 45-3 1/2 (13.79) | 6/4/87 |
| 3. Temi Ojora | 44-11 3/4 (13.71) | 4/30/23 |
| 4. Michelle Sanford | 43-9 1/4 (13.34) | 5/15/04 |
| 5. Alitta Boyd | 43-8 3/4 (13.33) | 5/25/13 |
| 6. Dominique Ruotolo | 43-6 1/2 (13.27) | 4/1/23 |
| 7. Melia Cox | 43-3 1/4 (13.19) | 6/7/13 |
| 8. Tatyana Obukhova | 43-2 1/4 (13.16) | 4/22/01 |
| 9. Isabella Marten | 43-0 1/4 (13.11) | 4/19/19 |
| 10. Ekene Anene | 42-10 1/4 (13.06) | 5/29/10 |

SHOT PUT

| | | |
|-------------------------|------------------|---------|
| 1. Breana Jemison | 57-7 3/4 (17.57) | 3/31/18 |
| 2. Karen Freberg | 57-7 1/2 (17.56) | 4/29/06 |
| 3. Brittany Mann | 57-4 3/4 (17.49) | 6/8/17 |
| 4. L'Orangerie Crawford | 56-3 1/4 (17.15) | 5/14/04 |
| 5. Diana Clements | 55-8 1/4 (16.97) | 2/21/86 |
| 6. Tanya Sapa | 55-7 3/4 (16.96) | 5/1/16 |
| 7. Cynthia Ademiluyi | 55-0 1/4 (16.77) | 5/31/00 |
| 8. Karlee Freeman | 53-11 (16.43) | 4/30/23 |
| 9. Tera Novy | 53-0 (16.15) | 5/1/16 |
| 10. Cerenity Young | 51-2 1/4 (15.60) | 4/6/02 |

DISCUS THROW

| | | |
|-------------------------|----------------------|----------------|
| 1. Tera Novy | 200-5 (61.10) | 4/14/16 |
| 2. Alexandra Collatz | 189-8 (57.82) | 4/16/15 |
| 3. Kate Hutchinson | 189-5 (57.73) | 5/6/06 |
| 4. Karlee Freeman | 185-8 (56.61) | 4/8/22 |
| 5. Reese Garland | 178-2 (54.32) | 4/27/24 |
| 6. Cynthia Ademiluyi | 177-10 (54.20) | 2/23/02 |
| 7. Claudia Paris | 176-11 (53.92) | 3/5/88 |
| 8. Cindy Johnson | 173-11 (53.00) | 6/4/83 |
| 9. Summer Mosley | 169-2 (51.58) | 4/8/22 |
| 10. Lauren Guerrieri | 168-6 (51.37) | 5/1/10 |

JAVELIN THROW (1999 Implement)

| | | |
|-------------------------|----------------------|----------------|
| 1. Inga Stasiulionyte | 186-10 (56.95) | 5/18/02 |
| 2. Kristine Busa | 179-1 (54.58) | 7/18/09 |
| 3. Sara Zabarino | 171-3 (52.20) | 4/18/24 |
| 4. Leslie Erickson | 168-11 (51.48) | 5/4/02 |
| 5. Andrea McBride | 161-7 (49.25) | 4/30/05 |
| 6. Marissa Minderler | 157-3 (47.92) | 4/2/10 |

JAVELIN THROW (old implement)

| | | |
|-------------------|----------------|---------|
| 1. Sherry Calvert | 192-0 (58.52) | 5/12/72 |
| 2. Ashley Selman | 187-9 (57.22) | 6/17/89 |
| 3. Diana Clements | 168-8 (51.42) | 5/22/87 |
| 4. Nicole Haynes | 158-10 (48.42) | 5/20/94 |
| 5. Wendy Brown | 158-6 (48.32) | 4/30/88 |

HAMMER THROW

| | | |
|-------------------------|----------------|---------|
| 1. Eva Orban | 230-3 (70.18) | 3/15/08 |
| 2. Jenny Ozoral | 223-4 (68.08) | 3/9/12 |
| 3. Marissa Minderler | 220-11 (67.35) | 5/12/12 |
| 4. Julianna Tudja | 218-9 (66.69) | 6/14/03 |
| 5. Joy McArthur | 218-6 (66.61) | 4/30/22 |
| 6. L'Orangerie Crawford | 209-8 (63.91) | 3/8/03 |
| 7. Jade Niemeyer | 208-0 (63.40) | 5/26/12 |
| 8. Lauren Chambers | 206-5 (62.93) | 4/16/10 |
| 9. Jennifer Vail | 204-3 (62.26) | 5/21/00 |
| 10. Julia Rozenfeld | 203-1 (61.90) | 3/12/05 |

HEPTATHLON

| | | |
|---------------------|-------|---------|
| 1. Allie Jones | 6,234 | 5/13/23 |
| 2. Wendy Brown | 6,079 | 7/16/88 |
| 3. Amalie Iuel | 6,011 | 5/8/16 |
| 4. Nia Ali | 5,824 | 5/10/09 |
| 5. Nicole Haynes | 5,786 | 5/12/96 |
| 6. Lyndsey Lopes | 5,719 | 5/6/18 |
| 7. Kerry Zwart-Bell | 5,550 | 6/1/82 |
| 8. Shana Woods | 5,507 | 6/8/07 |
| 9. Sharon Hatfield | 5,410 | 4/19/86 |
| 10. Tanya Smith | 5,345 | 5/26/93 |

POLE VAULT

| | | |
|---------------------|------------------|---------|
| 1. Bryson Stately | 14-0 (4.27) | 5/1/10 |
| 2. Melissa Asthete | 12-11 1/2 (3.95) | 5/15/05 |
| Brittani Bernhardt | 12-11 1/2 (3.95) | 4/15/05 |
| 4. Shannon Lewallen | 12-5 1/2 (3.80) | 3/26/05 |
| Chun Mei Nickles | 12-5 1/2 (3.80) | 4/21/07 |
| Felicia Horvath | 12-5 1/2 (3.80) | 3/26/16 |
| 7. Thea Weiss | 12-4 1/2 (3.77) | 5/4/13 |
| 8. Ariel Hayward | 12-2 3/4 (3.73) | 3/2/13 |
| 9. Sonya Negriff | 12-1 1/2 (3.70) | 4/26/02 |
| Kenisha Strong | 12-1 1/2 (3.70) | 4/4/09 |

PENTATHLON

| | | |
|---------------------|-------|---------|
| 1. Kerry Zwart-Bell | 3,801 | 3/30/80 |
|---------------------|-------|---------|

400-METER RELAY

| | | |
|---|---------------|----------------|
| 1. Brissett, Annelus, Thomas, Terry | 42.21 | 6/8/19 |
| 2. McGlaston, Annelus, Thomas, Terry | 42.44 | 5/11/19 |
| 3. Annelus, Ellis, Hill, Terry | 42.57 | 4/21/18 |
| 4. Yeargin, Annelus, Thomas, Terry | 42.63 | 5/2/21 |
| 4. Jasmine Jones, Annelus, Thomas, Terry | 42.63 | 5/29/21 |
| 6. Hall, Annelus, Thomas, Terry | 42.77 | 4/28/19 |
| 7. Mallard, Whyte, Moody, Carter | 42.87a | 5/12/24 |
| 8. Chandler, Moody, Jan'Tajiah Jones, Carter | 42.88 | 6/8/23 |
| 9. Brown, Hill, Faulknor, Gaither | 42.90 | 6/11/16 |
| 10. Powell, Onyepunuka, Davis, Rodriguez | 42.96 | 6/9/06 |

1,600-METER RELAY

| | | |
|--|----------------|---------------|
| 1. Pettigrew, Iuel, Hill, Ellis | 3:23.35 | 6/10/17 |
| 2. Lear, Yeargin, Roberts, Constantine | 3:24.54 | 6/12/21 |
| 3. Pettigrew, Iuel, Cockrell, Ellis | 3:26.09 | 5/27/17 |
| 4. Ellis, Iuel, Pettigrew, Stepter | 3:26.73 | 5/28/16 |
| 5. Mallard, Chandler, Lear, Jones | 3:26.96 | 4/8/23 |
| 6. Constantine, Cockrell, Hill, Ellis | 3:27.06 | 6/9/18 |
| 7. Lear, Mallard, Chandler, John | 3:27.42 | 6/10/23 |
| 8. Lear, John, Chandler, Jones | 3:27.52 | 5/27/23 |
| 9. Pettigrew, Iuel, Constantine, Ellis | 3:27.64 | 6/8/17 |
| 10. Stepter, Iuel, Ellis, Jones | 3:27.86 | 5/30/15 |

ALL-TIME WOMEN'S PERFORMERS

WOMEN'S OLYMPIC EVENTS

100 METERS

| | | |
|-------------------------------|--------------|---------------|
| 1. Twanisha Terry | 10.89 | 5/29/21 |
| 2. Celera Barnes | 10.94 | 6/24/22 |
| 3. Caisja Chandler | 10.99 | 4/8/23 |
| 4. Samirah Moody | 11.02 | 4/8/23 |
| 5. Angela Williams | 11.04 | 6/5/99 |
| 6. Angie Annelus | 11.06 | 6/6/19 |
| 7. Natasha Mayers | 11.09 | 4/19/03 |
| 8. Torri Edwards | 11.10n | 6/4/99 |
| Virginia Powell | 11.10 | 5/14/06 |
| 10. Inger Miller | 11.11 | 4/7/93 |

200 METERS

| | | |
|--------------------------------|---------------|----------------|
| 1. Angie Annelus | 22.16 | 6/8/19 |
| 2. Carol Rodriguez | 22.23a | 5/27/06 |
| 3. Caisja Chandler | 22.32 | 7/8/23 |
| 4. Inger Miller | 22.33 | 4/17/93 |
| 5. Deanna Hill | 22.41 | 5/14/17 |
| 6. Samirah Moody | 22.50 | 5/14/23 |
| 7. Tynia Gaither | 22.54 | 6/11/16 |
| Twanisha Terry | 22.54 | 5/29/21 |
| 9. Jassani Carter | 22.62a | 5/12/24 |
| 10. Lanae-Tava Thomas | 22.65 | 6/6/19 |
| 11. Kinshasa Davis | 22.69 | 4/16/00 |
| Madison Whyte | 22.69a | 5/12/24 |

400 METERS

| | | |
|--------------------------------------|--------------|----------------|
| 1. Kendall Ellis | 49.99 | 5/13/18 |
| 2. Jan'Tajah Jones | 50.31 | 6/8/23 |
| 3. Christine M. Mallard | 50.74 | 7/9/23 |
| 4. Kaelin Roberts | 50.82 | 5/29/21 |
| 5. Kyra Constantine | 50.87 | 6/12/21 |
| 6. Jaide Stepter | 50.91 | 3/26/16 |
| 7. Nicole Yeargin | 50.96 | 6/10/21 |
| 8. Bailey Lear | 51.02 | 6/10/21 |
| 9. Yemi John | 51.04 | 7/14/23 |
| 10. Carol Rodriguez | 51.39 | 5/3/08 |

800 METERS

| | | |
|--------------------------------|----------------|----------------|
| 1. Brigita Langerholc | 1:58.51 | 9/25/00 |
| 2. Michelle Taylor | 2:00.01 | 7/19/89 |
| 3. Lesley Noll | 2:03.30 | 4/8/88 |
| 4. Grazyna Penc | 2:03.82n | 4/5/97 |
| 5. Anna Lopaciuch | 2:04.07 | 6/27/98 |
| 6. Aleksandra Deren | 2:04.18 | 4/26/01 |
| 7. Donna Curtis | 2:04.58 | 5/29/85 |
| 8. Marne Sullivan | 2:04.59 | 3/30/24 |
| 9. Alyssa Brewer | 2:04.93 | 3/23/19 |
| 10. Jemima Russell | 2:04.95 | 5/24/19 |

1,500 METERS

| | | |
|---------------------------------|----------------|----------------|
| 1. Grazyna Penc | 4:12.05n | 4/20/97 |
| 2. Iryna Vashchuk | 4:12.79 | 5/29/04 |
| 3. Anna Lopaciuch | 4:16.49n | 4/4/98 |
| 4. Lesley Noll | 4:17.25 | 4/30/89 |
| 5. Emebet Shiferaw | 4:20.75 | 5/4/96 |
| 6. Aleksandra Deren | 4:20.84 | 5/5/01 |
| 7. Kristie Johnston | 4:21.84n | 5/3/97 |
| 8. Shannon Clark | 4:22.06 | 4/11/87 |
| 9. Gigi Maccagnini | 4:22.30 | 3/25/23 |
| 10. Elise Lyon | 4:22.75 | 5/23/86 |

3,000 METERS

| | | |
|----------------------------|----------|---------|
| 1. Emebet Shiferaw | 9:11.78n | 6/6/97 |
| 2. Anna Lopaciuch | 9:23.44n | 5/2/98 |
| 3. Zsafia Erdelyi | 9:27.96 | 3/20/10 |
| 4. Iryna Vashchuk | 9:31.14 | 3/20/04 |
| 5. Lucyna Ligaj | 9:38.07 | 3/3/01 |
| 6. Shannon Clark | 9:41.41 | 4/17/87 |
| 7. Sarah Cocco | 9:42.68 | 3/1/08 |
| 8. Katerina Berdousi | 9:45.42 | 3/22/13 |
| 9. Elise Lyon | 9:48.69 | 4/17/87 |
| 10. Beth Van Alstine | 9:49.07 | 3/20/04 |

3,000m Steeplechase

| | | |
|-------------------------------|-----------------|---------------|
| 1. Zsafia Erdelyi | 10:01.99 | 5/30/09 |
| 2. Julia Budniak | 10:14.51 | 6/12/04 |
| 3. Kira Soderstrom | 10:34.18 | 4/16/15 |
| 4. Katerina Berdousi | 10:42.40 | 5/14/16 |
| 5. Jenna Tong | 10:42.91 | 4/5/14 |
| 6. Laura Meyers | 10:49.95 | 4/5/08 |
| 7. Marina Soares | 11:02.98 | 5/4/24 |
| 8. Natalia Kovtun | 11:04.35 | 4/28/07 |
| 9. Kristen Berglas | 11:06.70 | 4/30/05 |
| 10. Katherine Ellis | 11:07.26 | 5/2/09 |

5,000 METERS

| | | |
|---------------------------------|-----------------|---------------|
| 1. Zsafia Erdelyi | 16:00.11 | 4/15/11 |
| 2. Emebet Shiferaw | 16:16.27 | 5/18/96 |
| 3. Ariel Wright | 16:23.66 | 3/25/11 |
| 4. Iryna Vashchuk | 16:28.71 | 3/25/05 |
| 5. Julia Budniak | 16:42.65 | 4/18/04 |
| 6. Brooke Thomas | 16:53.82 | 3/29/03 |
| 7. Katerina Berdousi | 17:04.41 | 5/15/16 |
| 8. Julie Seleine | 17:18.81 | 3/21/87 |
| 9. Kathleen Moloney | 17:29.33 | 3/6/10 |
| 10. Marjorie Lopez | 17:31.71 | 4/5/24 |

10000 METERS

| | | |
|--------------------------------|-----------------|----------------|
| 1. Zsafia Erdelyi | 33:18.75 | 3/26/10 |
| 2. Beth Van Alstine | 34:29.62 | 3/27/04 |
| 3. Kate Neepier | 36:09.24 | 4/17/04 |
| 4. Shea Wickland | 36:16.00 | 3/7/09 |
| 5. Marjorie Lopez | 36.32.25 | 4/18/24 |
| 6. Dina Kitayama | 36:38.60 | 4/14/11 |
| 7. Zara Lukens | 37:11.02 | 4/14/11 |
| 8. Holly Peters | 39:51.67 | 5/1/03 |
| 9. Roseann Mardon | 40:21.64 | 5/6/86 |
| 10. Vienna Gao | 41:38.64 | 4/13/23 |

100-METER HURDLES

| | | |
|---------------------------------|--------------|----------------|
| 1. Virginia Powell | 12.48 | 6/9/06 |
| 2. Chanel Brissett | 12.52 | 6/8/19 |
| 3. Anna Cockrell | 12.54 | 6/10/21 |
| 4. Jasmine Jones | 12.66 | 6/11/22 |
| 5. Nia Ali | 12.73 | 6/25/11 |
| 6. Dior Hall | 12.74 | 6/13/15 |
| 7. Allie Jones | 12.81 | 5/12/23 |
| 8. Jalaysiya Smith | 12.88 | 5/25/23 |
| 9. Candice Davis | 12.90 | 6/8/07 |
| 10. Mecca McGlaston | 12.98 | 6/7/18 |

400-METER HURDLES

| | | |
|-----------------------------------|---------------|----------------|
| 1. Anna Cockrell | 53.70 | 6/27/21 |
| 2. Jasmine Jones | 53.87a | 5/12/24 |
| 3. Natasha Danvers | 54.95 | 9/25/00 |
| Jaide Stepter | 54.95 | 7/10/16 |
| 5. Amalie Iuel | 55.38 | 4/8/17 |
| 6. Leslie Maxie | 55.79 | 6/6/87 |
| 7. Dalliah Muhammad | 56.04 | 6/8/11 |
| 8. Michelle DeCoux | 57.05 | 4/4/92 |
| 9. Rae-Anne Serville | 57.11a | 5/12/24 |
| 10. Natasha Neal | 57.16 | 5/5/01 |

LONG JUMP

| | | |
|----------------------------|-------------------------|----------------|
| 1. Yvette Bates | 21-11 (6.68) | 7/23/88 |
| 2. Wendy Brown | 21-7 1/2 (6.59) | 7/19/88 |
| 3. Sabrina Williams | 21-6 (6.55) | 1985 |
| 4. Morgan Smalls | 21-5 1/4 (6.53) | 5/15/21 |
| 5. Courtney Corrin | 21-2 1/2 (6.46) | 4/21/18 |
| 6. Madisen Richards | 21-0 3/4 (6.42) | 6/7/18 |
| 7. Pamela Simpson | 21-0 (6.40) | 6/2/99 |
| 8. Tatyana Obukhova | 20-11 3/4 (6.39) | 4/13/02 |
| 9. Lanae-Tava Thomas | 20-11 1/4 (6.38) | 3/20/21 |
| 10. Margaux Jones | 20-10 3/4 (6.37) | 6/25/16 |
| Temí Ojora | 20-10 3/4 (6.37) | 3/31/23 |

HIGH JUMP

| | | |
|--------------------------|-----------------|---------|
| 1. Emelie Fardigh | 6-2 (1.88) | 3/22/97 |
| 2. Nia Ali | 6-1 1/4 (1.86) | 5/14/11 |
| 3. Wendy Brown | 6-1 (1.85) | 8/27/88 |
| 4. Spring Harris | 6-0 1/2 (1.84) | 3/22/03 |
| Amalie Iuel | 6-0 1/2 (1.84) | 5/7/16 |
| Morgan Smalls | 6-0 1/2 (1.84) | 6/12/21 |
| 7. Crissy Mills | 6-0 (1.83) | 6/2/93 |
| 8. Debra Larsen | 5-11 3/4 (1.82) | 6/24/83 |
| 9. Natasha Danvers | 5-11 1/2 (1.82) | 5/24/98 |
| Tanya Smith | 5-11 1/2 (1.82) | 3/9/96 |

TRIPLE JUMP

| | | |
|----------------------------|--------------------------|----------------|
| 1. Wendy Brown | 45-5 1/4 (13.85) | 6/17/88 |
| 2. Yvette Bates | 45-3 1/2 (13.79) | 6/4/87 |
| 3. Temí Ojora | 44-11 3/4 (13.71) | 4/30/23 |
| 4. Michelle Sanford | 43-9 1/4 (13.34) | 5/15/04 |
| 5. Alitta Boyd | 43-8 3/4 (13.33) | 5/25/13 |
| 6. Dominique Ruotolo | 43-6 1/2 (13.27) | 4/1/23 |
| 7. Melia Cox | 43-3 1/4 (13.19) | 6/7/13 |
| 8. Tatyana Obukhova | 43-2 1/4 (13.16) | 4/22/01 |
| 9. Isabella Marten | 43-0 1/4 (13.11) | 4/19/19 |
| 10. Ekene Anene | 42-10 1/4 (13.06) | 5/29/10 |

SHOT PUT

| | | |
|-------------------------------|------------------|---------|
| 1. Breana Jemison | 57-7 3/4 (17.57) | 3/31/18 |
| 2. Karen Freberg | 57-7 1/2 (17.56) | 4/29/06 |
| 3. Brittany Mann | 57-4 3/4 (17.49) | 6/8/17 |
| 4. L'Orangerie Crawford | 56-3 1/4 (17.15) | 5/14/04 |
| 5. Diana Clements | 55-8 1/4 (16.97) | 2/21/86 |
| 6. Tanya Sapa | 55-7 3/4 (16.96) | 5/1/16 |
| 7. Cynthia Ademiluyi | 55-0 1/4 (16.77) | 5/31/00 |
| 8. Karlee Freeman | 53-11 (16.43) | 4/30/23 |
| 9. Tera Novy | 53-0 (16.15) | 5/1/16 |
| 10. Cerenity Young | 51-2 1/4 (15.60) | 4/6/02 |

DISCUS THROW

| | | |
|-------------------------------|----------------------|----------------|
| 1. Tera Novy | 200-5 (61.10) | 4/14/16 |
| 2. Alexandra Collatz | 189-8 (57.82) | 4/16/15 |
| 3. Kate Hutchinson | 189-5 (57.73) | 5/6/06 |
| 4. Karlee Freeman | 185-8 (56.61) | 4/8/22 |
| 5. Reese Garland | 178-2 (54.32) | 4/27/24 |
| 6. Cynthia Ademiluyi | 177-10 (54.20) | 2/23/02 |
| 7. Claudia Paris | 176-11 (53.92) | 3/5/88 |
| 8. Cindy Johnson | 173-11 (53.00) | 6/4/83 |
| 9. Summy Mosley | 169-2 (51.58) | 4/8/22 |
| 10. Lauren Guerrieri | 168-6 (51.37) | 5/1/10 |

JAVELIN THROW (1999 Implement)

| | | |
|--------------------------------|----------------------|----------------|
| 1. Inga Stasiulionyte | 186-10 (56.95) | 5/18/02 |
| 2. Kristine Busa | 179-1 (54.58) | 7/18/09 |
| 3. Sara Zabardino | 171-3 (52.20) | 4/18/24 |
| 4. Leslie Erickson | 168-11 (51.48) | 5/4/02 |
| 5. Andrea McBride | 161-7 (49.25) | 4/30/05 |
| 6. Marissa Minderler | 157-3 (47.92) | 4/2/10 |

JAVELIN THROW (old implement)

| | | |
|-------------------------|----------------|---------|
| 1. Sherry Calvert | 192-0 (58.52) | 5/12/72 |
| 2. Ashley Selman | 187-9 (57.22) | 6/17/89 |
| 3. Diana Clements | 168-8 (51.42) | 5/22/87 |
| 4. Nicole Haynes | 158-10 (48.42) | 5/20/94 |
| 5. Wendy Brown | 158-6 (48.32) | 4/30/88 |

HAMMER THROW

| | | |
|-------------------------------|----------------|---------|
| 1. Eva Orban | 230-3 (70.18) | 3/15/08 |
| 2. Jenny Ozoral | 223-4 (68.08) | 3/9/12 |
| 3. Marissa Minderler | 220-11 (67.35) | 5/12/12 |
| 4. Julianna Tudja | 218-9 (66.69) | 6/14/03 |
| 5. Joy McArthur | 218-6 (66.61) | 4/30/22 |
| 6. L'Orangerie Crawford | 209-8 (63.91) | 3/8/03 |
| 7. Jade Niemeyer | 208-0 (63.40) | 5/26/12 |
| 8. Lauren Chambers | 206-5 (62.93) | 4/16/10 |
| 9. Jennifer Vail | 204-3 (62.26) | 5/21/00 |
| 10. Julia Rozenfeld | 203-1 (61.90) | 3/12/05 |

HEPTATHLON

| | | |
|---------------------------|-------|---------|
| 1. Allie Jones | 6,234 | 5/13/23 |
| 2. Wendy Brown | 6,079 | 7/16/88 |
| 3. Amalie Iuel | 6,011 | 5/8/16 |
| 4. Nia Ali | 5,824 | 5/10/09 |
| 5. Nicole Haynes | 5,786 | 5/12/96 |
| 6. Lyndsey Lopes | 5,719 | 5/6/18 |
| 7. Kerry Zwart-Bell | 5,550 | 6/1/82 |
| 8. Shana Woods | 5,507 | 6/8/07 |
| 9. Sharon Hatfield | 5,410 | 4/19/86 |
| 10. Tanya Smith | 5,345 | 5/26/93 |

POLE VAULT

| | | |
|---------------------------|------------------|---------|
| 1. Bryson Stately | 14-0 (4.27) | 5/1/10 |
| 2. Melissa Astete | 12-11 1/2 (3.95) | 5/15/05 |
| Brittani Bernhard | 12-11 1/2 (3.95) | 4/15/05 |
| 4. Shannon Lewallen | 12-5 1/2 (3.80) | 3/26/05 |
| Chun Mei Nickles | 12-5 1/2 (3.80) | 4/21/07 |
| Felicia Horvath | 12-5 1/2 (3.80) | 3/26/16 |
| 7. Thea Weiss | 12-4 1/2 (3.77) | 5/4/13 |
| 8. Ariel Hayward | 12-2 3/4 (3.73) | 3/2/13 |
| 9. Sonya Negriff | 12-1 1/2 (3.70) | 4/26/02 |
| Kenisha Strong | 12-1 1/2 (3.70) | 4/4/09 |

PENTATHLON

| | | |
|---------------------------|-------|---------|
| 1. Kerry Zwart-Bell | 3,801 | 3/30/80 |
|---------------------------|-------|---------|

400-METER RELAY

| | | |
|---|---------------|----------------|
| 1. Brissett, Annelus, Thomas, Terry | 42.21 | 6/8/19 |
| 2. McGlaston, Annelus, Thomas, Terry | 42.44 | 5/11/19 |
| 3. Annelus, Ellis, Hill, Terry | 42.57 | 4/21/18 |
| 4. Yeargin, Annelus, Thomas, Terry | 42.63 | 5/2/21 |
| 4. Jasmine Jones, Annelus, Thomas, Terry | 42.63 | 5/29/21 |
| 6. Hall, Annelus, Thomas, Terry | 42.77 | 4/28/19 |
| 7. Mallard, Whyte, Moody, Carter | 42.87a | 5/12/24 |
| 8. Chandler, Moody, Jan'Tajah Jones, Carter | 42.88 | 6/8/23 |
| 9. Brown, Hill, Faulknor, Gaither | 42.90 | 6/11/16 |
| 10. Powell, Onyepunuka, Davis, Rodriguez | 42.96 | 6/9/06 |

1,600-METER RELAY

| | | |
|--|----------------|---------------|
| 1. Pettigrew, Iuel, Hill, Ellis | 3:23.35 | 6/10/17 |
| 2. Lear, Yeargin, Roberts, Constantine | 3:24.54 | 6/12/21 |
| 3. Pettigrew, Iuel, Cockrell, Ellis | 3:26.09 | 5/27/17 |
| 4. Ellis, Iuel Pettigrew, Stepter | 3:26.73 | 5/28/16 |
| 5. Mallard, Chandler, Lear, Jones | 3:26.96 | 4/8/23 |
| 6. Constantine, Cockrell, Hill, Ellis | 3:27.06 | 6/9/18 |
| 7. Lear, Mallard, Chandler, John | 3:27.42 | 6/10/23 |
| 8. Lear, John, Chandler, Jones | 3:27.52 | 5/27/23 |
| 9. Pettigrew, Iuel, Constantine, Ellis | 3:27.64 | 6/8/17 |
| 10. Stepter, Iuel, Ellis, Jones | 3:27.86 | 5/30/15 |