



SOUTHERN CALIFORNIA TRACK & FIELD



TROJAN INVITATIONAL

TENTATIVE Schedule

FRIDAY, MARCH 22, 2024

Field Events Location Friday at South Bay Throws Facility

Field Events - All times approximate, will run one after another

- 11:00am - Men's Discus Throw (1 flight)
- 12:00pm - Men's Discus Throw INVITE (1 flight top 9 seeds)
- 1:00pm - Women's Discus Throw (2 flights)
- 3:00pm - Men's Hammer Throw (2 flights)
- 5:00pm - Women's Hammer Throw (2 flights)

SATURDAY, MARCH 23, 2024

Field Events at Loker Track

- 11:00am – Women's Long Jump
- 11:00am – Men's Long Jump
- 11:00am – Women's Pole Vault
- 11:00am – Women's Shot Put
- 12:00pm – Women's Javelin
- 12:30pm – Women's High Jump
- 1:00pm – Men's Shot Put
- 1:00pm – Men's Pole Vault
- 1:30pm – Women's Triple Jump
- 1:30pm – Men's Triple Jump
- 2:00pm – Men's High Jump
- 2:00pm – Men's Javelin

Running Events

- 11:45am - Men's 3k Steeple Chase
- 12:00pm – National Anthem
- 12:05pm – Women's 400 Meter Relay
- 12:10pm – Men's 400 Meter Relay
- 12:15pm – Women's 1500 Meters
- 12:25pm – John L. West Men's 1500 Meters
- 12:35pm – Women's 100 Hurdles
- 12:45pm – Men's 110 High Hurdles
- 12:55pm – Women's 400 Meters
- 1:00pm – Men's 400 Meters
- 1:10pm – Women's 100 Meters
- 1:20pm – Men's 100 Meters
- 1:30pm – Women's 800 Meters
- 1:35pm – Men's 800 Meters
- 1:45pm – Women's 400 Hurdles
- 1:55pm – Men's 400 Hurdles
- 2:05pm – Women's 200 Meters
- 2:15pm – Men's 200 Meters
- 2:30pm – Women's 3000 Meters
- 2:50pm – Men's 3000 Meters
- 3:10pm – Women's 1600 Meter Relay
- 3:15pm – Men's 1600 Meter Relay