

**2024 Ken Shannon Last Chance Invite - 2/23/2024 to 2/24/2024****Dempsey Indoor, Seattle WA****Meet Program****Event 3 Women 60 Meter Dash**

Lane	Name	Team	Seed Time
<b>Heat 1 of 7 Prelims</b>			
1	Bahn, Delaney	Oregon State	
2	Rose, Megan	Utah	
3	Hunter, Danielle	Washington	
4	Lungo, Jordyn	Whitworth	
5	Mills, Makhaila	California	
<b>Heat 2 of 7 Prelims</b>			
2	McHenry, Sophia	Washington	
3	Fletcher, Kaylen	UCLA	
4	Okonkwo, Chioma	Southern Cal	
5	Hill, J'Neya	Utah	
<b>Heat 3 of 7 Prelims</b>			
1	Johnson, Naomi	UCLA	
2	Lyons, Brooke	Washington S	
3	Holiday, Sydney	Unattached	
4	Nelson, Rachel	Stanford	
5	Wollman, Gilana	Washington S	
<b>Heat 4 of 7 Prelims</b>			
1	Ndjip-Nyemeck, Yanla	UCLA	
2	Miller, Trinity	Azusa Pacifi	
3	Carter, Jassani	Southern Cal	
4	Perkins, Ashanti	Azusa Pacifi	
5	Zwaanstra, Teagan	Stanford	
<b>Heat 5 of 7 Prelims</b>			
1	Townsend, Emma	Resolute Tra	
2	Mays, Jadyn	Oregon	
3	Williams, Nevach	Azusa Pacifi	
4	Neal, Brazil	Oregon	
5	Unruh-Thomas, Elise	Washington S	
<b>Heat 6 of 7 Prelims</b>			
1	Wilson, Kyrstin	Puget Sound	
2	Hurley, Jada	Oregon State	
3	Oakes, Alaysia	Stanford	
4	Olomu, Megan	Stanford	
5	Jones, Lily	Oregon	
<b>Heat 7 of 7 Prelims</b>			
1	Rossum, Alexa	Oregon	
2	Rossum, Trinity	UCLA	
3	Buckley, Abby	Oregon State	
4	Crawford, Jasmyn	CUI	

**Event 5 Women 200 Meter Dash**

Lane	Name	Team	Seed Time
<b>Section 1 of 7 Finals</b>			
1	McHenry, Sophia	Washington	
2	McCabe, Maya	Washington S	
3	Wilson, Kyrstin	Puget Sound	
4	Ball, Alison	Whitworth	
5	Buckley, Abby	Oregon State	

**Section 2 of 7 Finals**

1	Willems, Elena	Washington S
2	Hill, J'Neya	Utah
3	Olomu, Megan	Stanford
4	Nelson, Rachel	Stanford
5	Daniel, Harley	Utah

**Section 3 of 7 Finals**

2	Gomm, Ally	Utah
3	Peisner, Camille	Stanford
4	Rose, Megan	Utah
5	Miller, Trinity	Azusa Pacifi

**Section 4 of 7 Finals**

2	Peters, Cate	Stanford
3	Crawford, Jasmyne	CUI
4	Hinton, Sage	Stanford
5	Price, Trinity	Stanford

**Section 5 of 7 Finals**

2	Thomas, Samantha	Stanford
3	Hunter, Danielle	Washington
4	Moorer, Joy	Colorado
5	Proctor, Dianna	Unattached

**Section 6 of 7 Finals**

3	Holmes, Kiayra	Azusa Pacifi
4	Okonkwo, Chioma	Southern Cal
5	Kealamakia, Bailey	Utah

**Section 7 of 7 Finals**

3	Rossum, Alexa	Oregon
4	Carter, Jassani	Southern Cal
5	Pollak, Emma	Colorado

**Event 7 Women 400 Meter Dash**

Lane	Name	Team	Seed Time
<b>Section 1 of 8 Finals</b>			
1	Rutherford, Elle	Washington	
2	Lewis, Jackilyn	Puget Sound	
3	Coleman, Kapiolani	Washington	
4	Newton, Rhonda	Washington	
<b>Section 2 of 8 Finals</b>			
2	Hurley, Jada	Oregon State	
3	Sartin, Maria	CUI	
4	Baker, Braelyn	Redmond Spri	
5	Hinton, Sage	Stanford	
<b>Section 3 of 8 Finals</b>			
2	Price, Trinity	Stanford	
3	Scatena, Adael	Oregon State	
4	Sorensen, Kate	Unattached	
5	Perez-Zoghbi, Isabel	Cal Poly Hum	
<b>Section 4 of 8 Finals</b>			
2	Peisner, Camille	Stanford	
3	Ehiemere, Mercy	Azusa Pacifi	
4	Lacefield, Ryan	California	
5	Proctor, Dianna	Unattached	

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2	Terrell, Anna	Washington
3	Doht-Barron, Lakely	Oregon
4	Cenci, Takiya	Southern Cal
5	Thomas, Samantha	Stanford

**Section 6 of 8 Finals**

3	Verner, Alayna	Azusa Pacific
4	Eriksen, Josefina	Utah
5	Willis, Roisin	Stanford

**Section 7 of 8 Finals**

3	Mallard, Christine	Southern Cal
4	Whyte, Madison	Southern Cal
5	Clayton, Ella	Oregon

**Section 8 of 8 Finals**

3	Jones, Jan'Taijah	Southern Cal
4	John, Yemi	Southern Cal
5	Glynn, Abbey	Colorado

**Event 9 Women 800 Meter Run**

Lane	Name	Team	Seed Time
<b>Section 1 of 5 Finals</b>			
1 Wilcox, Millie			
1	Wilcox, Millie	Utah	
2	Studdert, Hillary	Stanford	
3	Cichon, Kaho	UCLA	
4	Pribramsky, Elliot	Colorado	
5	Brown, Alyssia	Washington	
6	Heien, Malia	Lewis & Clark	
7	Chisar, Jess	Alaska Anchorage	
<b>Section 2 of 5 Finals</b>			
1	McCabe, Maya	Washington S	
2	Ledesma, Marian	Western Wash	
3	Peters, Cate	Stanford	
4	Rising, Ellie	George Fox	
5	Markow, Allura	Unattached	
6	Perez-Zoghbi, Isabel	Cal Poly Hum	
7	Willems, Elena	Washington S	
8	Shults, Madison	Stanford	
<b>Section 3 of 5 Finals</b>			
1	Rinn, Brianna	Utah	
2	Manson, Brooke	Unattached	
3	Everett, Amelia	Stanford	
4	Wild, Annie	Stanislaus S	
5	Blockburger, Alyssa	Southern Cal	
6	Eismann, Porshe	CUI	
7	Frias, Dalia	Oregon	
<b>Section 4 of 5 Finals</b>			
1	Friborg, Samantha	Unattached	
2	Pittman, Rose	UCLA	
3	Barnett, Mia	Oregon	
4	Maccagnini, Gigi	Southern Cal	
5	James, Taylor	Stanford	
6	Ayyildiz, Silan	Oregon	
7	Martin, Kyla	Utah	

**Section 5 of 5 Finals**

1	Whittaker, Juliette	Stanford
2	Akins, Nia	Brooks Beasts
3	Keegan, McKenna	Union Athletics
4	Preigh, Marlena	Washington
5	Foerster, Chloe	Washington
6	Jendrezak, Kate	UCLA
7	Sullivan, Marne	Southern Cal

**Event 11 Women 1 Mile Run**

Lane	Name	Team	Seed Time
<b>Section 1 of 4 Finals</b>			
1 Bissell, Nicole			
1	Bissell, Nicole	Washington S	
2	Hargreaves, Lilianne	Seattle	
3	Nowakowska, Katarzyna	Utah	
4	Cichon, Kaho	UCLA	
5	Duarte, Jacqueline	Southern Cal	
6	Soares, Marina	Southern Cal	
7	Thorsett, Ella	Unattached	
8	Hull, Ellie	Oregon State	
9	Peters, Annastasia	Utah	
10	Studdert, Hillary	Stanford	
11	McCorkle, Georgia	California	
<b>Section 2 of 4 Finals</b>			
1	Doucette, Katie	Colorado	
2	Stone Boggs, Alaina	Washington S	
3	Martin, Kyla	Utah	
4	Moroney, Grace	Utah	
5	Martin, Kendall	Unattached	
6	Schmitt, Breanna	George Fox	
7	Thompson, Anika	Oregon	
8	Lundgren, Noemi	Oregon State	
9	Valenti, Whitney	Colorado	
10	Wild, Annie	Stanislaus S	
11	Welin, Josephine	Washington	
12	Walchak-Sloan, Cassidy	Saint Martin	
<b>Section 3 of 4 Finals</b>			
1	Vringer, Erin	Utah	
2	Weir, India	Washington	
3	David-Smith, Julia	Washington	
4	Stewart, Riley	Stanford	
5	Cornejo, Tatiana	Cal Poly	
6	Yerby, Claire	California	
7	Markow, Allura	Unattached	
8	Kimtai, Neema	Washington S	
9	Borsheim, Ella	Washington	
10	Cheptoo, Zenah	Washington S	
11	Hogg, Nicola	Stanford	

**2024 Ken Shannon Last Chance Invite - 2/23/2024 to 2/24/2024****Dempsey Indoor, Seattle WA****Meet Program****Section 4 of 4 Finals...(Event 11 Women 1 Mile Run)**

1	Barnett, Mia	Oregon
2	O'Sullivan, Sophie	Washington
3	Hyde, Gracie	Adams State
4	Mehra, Rebecca	Oiselle
5	Pen Freitas, Marta	Brooks Beasts
6	Pellicoro, Laura	Portland
7	Pradere, Abigail	Oregon State
8	Elmore, Madison	Oregon
9	Baran, Ella	Colorado
10	McDonnell, Samantha	Unattached
11	Mitchell, Kaylee	Oregon State

**Event 13 Women 3000 Meter Run**

Lane	Name	Team	Seed Time
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**Section 1 of 3 Finals**

1	McCorkle, Georgia	California
2	Moroney, Grace	Utah
3	Browne, Bella	UCLA
4	Thorsett, Ella	Unattached
5	Martinez, Eimy	Oregon State
6	Nowakowska, Katarzyna	Utah
7	Peters, Annastasia	Utah
8	Kopec, Katie	Oregon State
9	Branch, Karli	Utah
10	Reed, Maddie	Utah
11	Molteni, Cristina	Washington S
12	Jerotich, Caroline	Washington S
13	Hamlin, Jamie	Oregon State
14	Hartnett, Kylie	Utah
15	Soares, Marina	Southern Cal
16	Eckman, Eliza	Oregon State
17	Foote, Emily	Oregon State
18	Everett, Amelia	Stanford

**Section 2 of 3 Finals**

1	Stone Boggs, Alaina	Washington S
2	Borsheim, Ella	Washington
3	Brooks, Sage	Oregon State
4	Laurent, Kate	Oregon State
5	Tinkham, Mikayla	Unattached
6	Thompson, Anika	Oregon
7	Welin, Josephine	Washington
8	Smith, Naomi	Washington
9	Kimtai, Neema	Washington S
10	Wells, Caroline	Stanford
11	Browne, Chloe	UCLA
12	Lundgren, Noemi	Oregon State
13	Boire, Veronic	Utah
14	Dadamio, Audrey	Stanford
15	Cunniam, Erika	Oregon State

**Section 3 of 3 Finals**

1	Elmore, Madison	Oregon
2	Robles, Brianna	Adams State
3	Ayyildiz, Silan	Oregon
4	Green, Claire	Unattached
5	Frias, Dalia	Oregon
6	Jenks, Lucy	Stanford
7	Shaw, Savannah	Unattached
8	Vringer, Erin	Utah
9	Cheptoo, Zenah	Washington S
10	Weir, India	Washington
11	Stewart, Riley	Stanford
12	Cornejo, Tatiana	Cal Poly
13	Doucette, Katie	Colorado
14	David-Smith, Julia	Washington
15	McDonnell, Samantha	Unattached

**Event 15 Women 5000 Meter Run**

Lane	Name	Team	Seed Time
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**Section 1 of 2 Finals**

1	Kane, Mia	UCLA
2	Chouati, Najwa	Stanislaus S
3	Groleau, Azalea	Seattle
4	Jerotich, Caroline	Washington S
5	Carstens, Alauna	Evergreen St
6	Mayfield, Clara	Utah
7	Salz, Annika	UCLA
8	Buese, Riley	Lewis & Clar

**Section 2 of 2 Finals**

1	Ryan, Lauren	Unattached
2	Camarena, Katie	Unattached
3	Yee, Regan	Under Armour Dar
4	Buchalski, Allie	Brooks Beasts
5	Flanagan, Roisin	Unattached
6	HE, WuGa	SichuanCN
7	Bunnage, Amy	Stanford
8	Dudek, Zofia	Stanford
9	Mitchell, Kaylee	Oregon State
10	Lipari, Emily	Unattached
11	Kennedy, Sophia	Stanford
12	Cridebring, Alycia	Unattached
13	Herberg, Haley	Washington
14	DeLay, Kayley	Brooks Beasts
15	MA, XiuZhen	SichuanCN
16	Venters, Emily	Union Athletics
17	Ejore, Susan	Under Armour Dar
18	Connolly, Grace	Stanford
19	Caesar, McKaylie	Utah
20	Jensen, Morgan	Utah
21	Baran, Ella	Colorado
22	Heymach, Julia	Brooks Beasts
23	Pen Freitas, Marta	Brooks Beasts

**2024 Ken Shannon Last Chance Invite - 2/23/2024 to 2/24/2024****Dempsey Indoor, Seattle WA****Meet Program****Event 17 Women 60 Meter Hurdles**

Lane	Name	Team	Seed Time
<b>Heat 1 of 4 Prelims</b>			
1	Schuller, Sky	Stanford	
2	McMullen, Avery	Colorado	
3	Daniel, Harley	Utah	
4	Hewson, Amelia	Whitworth	
5	Shearer, Jazlynn	California	
<b>Heat 2 of 4 Prelims</b>			
1	Conde-Turpin, Esther	Azusa Pacifi	
2	Waldron, Nonah	Southern Cal	
3	Stapleton, Tess	Stanford	
4	Hano, Joy	Cal Poly Hum	
5	Ndjip-Nyemeck, Yanla	UCLA	
<b>Heat 3 of 4 Prelims</b>			
1	Green, Jada	Colorado	
2	Warwick, Nicole	Azusa Pacifi	
3	Kealamakia, Bailey	Utah	
4	Coker, Avery	Resolute Tra	
5	McCormick, Aaliyah	Oregon	
<b>Heat 4 of 4 Prelims</b>			
1	Ballard, Simone	Southern Cal	
2	Pelascini, Giovana	CUI	
3	Hammond, Allyson	Pacific (Ore	
4	Atkinson, Asjah	California	
5	De Mello, Micaela	Washington S	

**Event 21 Women Distance Medley**

Lane	Team	Relay	Seed Time
<b>Section 1 of 1 Finals</b>			
1	George Fox	A	
2	Seattle	A	
3	Washington S	A	
4	Simon Fraser	A	
5	Western Oreg	A	
6	Western Wash	A	
7	Western Wash	B	
8	CUI	A	

**Event 23 Women High Jump**

Pos	Name	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Ward, Riley	Colorado	
2	Jordahl-Henry, Julia	UCLA	
3	Fischer, Luisa	Azusa Pacifi	
4	Bahn, Delaney	Oregon State	
5	Robinson, Jordan	UCLA	
6	McMullen, Avery	Colorado	
7	Jackson, Amber	UCLA	
8	Jones, Alyssa	Stanford	
9	Saunders, Eliana	Azusa Pacifi	
10	Sims, Jada	UCLA	
11	Routledge, Allie	Colorado	
12	Elie, Ashanti	California	
13	Conde-Turpin, Esther	Azusa Pacifi	
14	Gates, Emma	Arizona	
15	Ramos, Diana	Arizona	
16	Scott, Cheyla	Oregon	
17	Reilly, Savannah	Oregon State	
18	Errahili, Nouhayla	Azusa Pacifi	
19	Proudfoot, Grace	Oregon State	

**Event 25 Women Pole Vault**

Pos	Name	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Fitzsimmons, Emily	Oregon	
2	Moku, Tatum	Washington S	
3	Thomason, Emily	Seattle Paci	
4	Ferguson, Sarah	Washington	
5	Kistler, Lianne	Stanford	
6	Leigh, Allison	UCLA	
7	Sahaida, Ali	California	
8	Turner, Amari	California	
9	Nilsen, Isabella	Oregon	
10	Wilson, Avril	Washington	
11	Moll, Amanda	Washington	
12	Daugherty, Lizzy	Seattle Paci	
13	Adamiec, Katerina	UCLA	
14	Moll, Hana	Washington	
15	Ezeji-Okoye, Delaney	Washington	
16	Borton, Sara	Washington	
17	Abrille, Ka'leila	UCLA	
18	Lowder, Eva	Washington S	
19	Kern, Kelly	Stanford	
20	Schuller, Sky	Stanford	
21	Campbell, Nastassja	Washington	

**2024 Ken Shannon Last Chance Invite - 2/23/2024 to 2/24/2024****Dempsey Indoor, Seattle WA****Meet Program****Event 27 Women Long Jump**

<b>Pos</b>	<b>Name</b>	<b>Team</b>	<b>Seed Mark</b>
<b>Flight 1 of 2 Finals</b>			
1	Ronan, Megan	UCLA	
2	Zwaanstra, Teagan	Stanford	
3	Foreman, Jada	Southern Cal	
4	Washburn, Ava	Washington	
5	Elie, Ashanti	California	
6	Hartwell, Sophia	UCLA	
7	Van Elderen, Shana	Utah	
8	Gates, Delaney	Utah	
9	Sims, Jada	UCLA	
10	Bush, Ahnyx	Southern Cal	
<b>Flight 2 of 2 Finals</b>			
1	Lucyk, Kara	Colorado	
2	Warwick, Nicole	Azusa Pacifi	
3	Wollman, Gilana	Washington S	
4	Conde-Turpin, Esther	Azusa Pacifi	
5	Akinduro, Busola	California	
6	Oakes, Alaysia	Stanford	
7	Stapleton, Tess	Stanford	
8	Bahn, Delaney	Oregon State	
9	Fletcher, Asha	UCLA	
10	Bosko, Jenica	Arizona	

**Event 29 Women Triple Jump**

<b>Pos</b>	<b>Name</b>	<b>Team</b>	<b>Seed Mark</b>
<b>Flight 1 of 1 Finals</b>			
1	Young, Morgan	Seattle	
2	Heggen, Lauren	Washington	
3	Oakes, Alaysia	Stanford	
4	Akinduro, Busola	California	
5	Porter, Ryann	Oregon	
6	Baerny, Olivia	Azusa Pacifi	
7	Canty, Myla	California	
8	Tibbo, Zoe	Seattle	
9	Wague, Manthia	Seattle	
10	Washburn, Ava	Washington	
11	Fletcher, Asha	UCLA	
12	Foreman, Jada	Southern Cal	
13	Ronan, Megan	UCLA	
14	Bush, Ahnyx	Southern Cal	
15	Hartwell, Sophia	UCLA	

**Event 31 Women Shot Put**

<b>Pos</b>	<b>Name</b>	<b>Team</b>	<b>Seed Mark</b>
<b>Flight 1 of 1 Finals</b>			
1	Atuatas, Brandy	Stanford	
2	Rios, Jasmyn	CUI	
3	Fisher, Kaiah	Stanford	
4	Whyrick, Lauren	Colorado	
5	Ramirez, Natalie	UCLA	
6	Jones, Allie	Southern Cal	
7	Opp, Amanda	Colorado	
8	Parks, Mara	Western Wash	
9	Ross, Jaida	Oregon	
10	Lindfors, Caisa-Marie	California	
11	Tupu-South, Kaia	Washington	
12	Gyedu, Nana	Washington S	
13	Potts, Katie	Western Wash	
14	Tiumalu, Renee	Whitworth	
15	Conde-Turpin, Esther	Azusa Pacifi	
16	Richardson, Hannah	Azusa Pacifi	

**Event 33 Women Weight Throw**

<b>Pos</b>	<b>Name</b>	<b>Team</b>	<b>Seed Mark</b>
<b>Flight 1 of 1 Finals</b>			
1	Atuatas, Brandy	Stanford	
2	Asomaning, Beatrice	Washington	
3	Opp, Amanda	Colorado	
4	Saribay, Jocelyn	Saint Martin	
5	Coleman, Adrianna	California	
6	Braun, Bella	Colorado	
7	Colson, Yvonne	Washington	
8	Hooper, Jayla	Unattached	
9	Fisher, Kaiah	Stanford	
10	Beard, Kimberly	Get Strong F	

**Event 1 Indoor Pentathlon: #1 Women 60 Meter Hurdles**

<b>Lane</b>	<b>Name</b>	<b>Team</b>	<b>Seed Time</b>
<b>Section 1 of 5 Finals</b>			
1	Gero-Holt, JaiCieonna	Unattached	
3	Moersdorf, Anneke	Oregon State	
5	Kasberger, Grace	Cal Poly Hum	
<b>Section 2 of 5 Finals</b>			
1	Bruce, Eva	Colorado	
3	Chocek, Taylor	Oregon	
5	Uzoekwe, Colleen	Oregon	
<b>Section 3 of 5 Finals</b>			
1	Anderson, Torre	California	
3	Swalve, Jessica	UC Santa Bar	
5	Williams, Annika	Oregon	
<b>Section 4 of 5 Finals</b>			
1	Powers, Hollan	Arizona	
3	McKamey, Cocome	Cal Poly Hum	
5	Thrash, Abriel	Southern Nazaren	

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1	Lampsas, Mara	California
3	Jones, Alyssa	Stanford
5	Bullock, Gianna	Oregon

**Event 1 Indoor Pentathlon: #2 Women High Jump**

Pos	Name	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Anderson, Torre	California	
2	Bullock, Gianna	Oregon	
3	Uzoekwe, Colleen	Oregon	
4	McKamey, Cocomo	Cal Poly Hum	
5	Lampsas, Mara	California	
6	Jones, Alyssa	Stanford	
7	Thrash, Abriel	Southern Nazaren	
8	Kasberger, Grace	Cal Poly Hum	
9	Moersdorf, Anneke	Oregon State	
10	Powers, Hollan	Arizona	
11	Williams, Annika	Oregon	
12	Chocek, Taylor	Oregon	
13	Swalve, Jessica	UC Santa Bar	
14	Bruce, Eva	Colorado	
15	Gero-Holt, JaiCieonna	Unattached	

**Event 1 Indoor Pentathlon: #4 Women Long Jump**

Pos	Name	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Kasberger, Grace	Cal Poly Hum	
2	McKamey, Cocomo	Cal Poly Hum	
3	Gero-Holt, JaiCieonna	Unattached	
4	Williams, Annika	Oregon	
5	Anderson, Torre	California	
6	Bullock, Gianna	Oregon	
7	Powers, Hollan	Arizona	
8	Moersdorf, Anneke	Oregon State	
9	Thrash, Abriel	Southern Nazaren	
10	Uzoekwe, Colleen	Oregon	
11	Swalve, Jessica	UC Santa Bar	
12	Bruce, Eva	Colorado	
13	Chocek, Taylor	Oregon	
14	Jones, Alyssa	Stanford	
15	Lampsas, Mara	California	

**Event 1 Indoor Pentathlon: #3 Women Shot Put**

Pos	Name	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Anderson, Torre	California	
2	Moersdorf, Anneke	Oregon State	
3	Powers, Hollan	Arizona	
4	Bruce, Eva	Colorado	
5	Kasberger, Grace	Cal Poly Hum	
6	Chocek, Taylor	Oregon	
7	McKamey, Cocomo	Cal Poly Hum	
8	Lampsas, Mara	California	
9	Williams, Annika	Oregon	
10	Thrash, Abriel	Southern Nazaren	
11	Swalve, Jessica	UC Santa Bar	
12	Gero-Holt, JaiCieonna	Unattached	
13	Bullock, Gianna	Oregon	
14	Jones, Alyssa	Stanford	
15	Uzoekwe, Colleen	Oregon	

**Event 4 Men 60 Meter Dash**

Lane	Name	Team	Seed Time
<b>Heat 1 of 6 Prelims</b>			
1	Morris, Byron	George Fox	
2	Adekanbi, Dimeji	Unattached	
3	Willem, Ethan	Washington S	
4	Major, Elijah	UCLA	
5	Williams, Travis	Southern Cal	
<b>Heat 2 of 6 Prelims</b>			
1	Mangum, Mason	California	
2	Angarita, Kevin	Alaska Ancho	
3	Williams, Chase	California	
4	Hines, Solo	Whitworth	
5	Kramer, Charlie	Resolute Tra	
<b>Heat 3 of 6 Prelims</b>			
1	Pleasant, Rodrick	Oregon	
2	Cieslak, Milan	Resolute Tra	
3	Robinson, John	UCLA	
4	Topinka, Tom	Seattle	
<b>Heat 4 of 6 Prelims</b>			
1	Andrade, Luc	Colorado	
2	Branch, Zachariah	Southern Cal	
3	Parades, John	Washington S	
4	Dimond, Dylan	Resolute Tra	
5	Howard, Tyler	Azusa Pacifi	
<b>Heat 5 of 6 Prelims</b>			
1	Holden, Kavon	Seattle	
2	Homsy, Johnny	Colorado	
3	Lawyer, Mason	Washington S	
4	Walker, Andrew	Oregon	
5	Taylor, Chris	Pomona-Pitze	

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1	Foster, David	California
2	Ize-Iyamu Jr., PJ	Oregon
3	Tyler, Thomas	La Verne
4	Hagan, Caleb	Oregon

**Event 6 Men 200 Meter Dash**

Lane	Name	Team	Seed Time
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**Section 1 of 4 Finals**

1	Dimond, Dylan	Resolute Tra
2	Bailey, Joseph	Stanford
3	Kramer, Charlie	Resolute Tra
4	Cieslak, Milan	Resolute Tra
5	Wilson, Donovan	CUI

**Section 2 of 4 Finals**

2	Ajaegbu, Gabriel	Stanford
3	Megas, Cristian	Cal Poly Hum
4	Taylor, Chris	Pomona-Pitze
5	Homsy, Johnny	Colorado

**Section 3 of 4 Finals**

3	Tyler, Thomas	La Verne
4	Andrade, Luc	Colorado
5	Hines, Solo	Whitworth

**Section 4 of 4 Finals**

3	Gilmore, Ian	Colorado
4	Thomas, Max	Southern Cal
5	Harris, Stephen	Franklin Pie

**Event 8 Men 400 Meter Dash**

Lane	Name	Team	Seed Time
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**Section 1 of 8 Finals**

2	Scherbinin, Vadim	Unattached
3	Ajaegbu, Gabriel	Stanford
4	Bailey, Joseph	Stanford

**Section 2 of 8 Finals**

2	Toney, Shawn	UCLA
3	Sohus, Josiah	George Fox
4	Romig, Cole	Colorado
5	Keith, Avery	Puget Sound

**Section 3 of 8 Finals**

2	Tragarz, Danny	Colorado
3	Hanelly, Boden	Washington
4	Frazier, Jonathan	Washington
5	Gonzalez-Shelmire, Dominic	Azusa Pacifi

**Section 4 of 8 Finals**

2	Rhodes, Alexander	Puget Sound
3	Gehring, Nick	Colorado
4	Wilkinson, Matthew	Washington
5	Howard, Tyler	Azusa Pacifi

**Section 5 of 8 Finals**

2	Birchman, Jonathan	Washington
3	Pueschner, Matt	Oregon
4	Angarita, Kevin	Alaska Ancho
5	Manu, Kojo	Oregon

**Section 6 of 8 Finals**

2	Clement, Gabriel	UCLA
3	Omer, Fuad	Oregon
4	Gaik, Daniel	Washington
5	Mauricette, Yougendy	Southern Cal

**Section 7 of 8 Finals**

3	Andrews, Jacob	Southern Cal
4	Floyd, Will	Stanford
5	Shaw, Isaiah	California

**Section 8 of 8 Finals**

3	Blockburger, Johnnie	Southern Cal
4	Jones, William	Southern Cal
5	Felix, Gamali	Arizona Stat

**Event 10 Men 800 Meter Run**

Lane	Name	Team	Seed Time
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**Section 1 of 3 Finals**

1	Culig, Jacob	Colorado
2	Ligas, Josh	Southern Cal
3	Murphy, Micah	Northwest (W)
4	Harquail, Gus	Seattle
5	Franklin, Alex	Seattle
6	Jensen, Alex	Seattle
7	Mason, Lance	Seattle
8	Doddington, Caleb	Unattached

**Section 2 of 3 Finals**

1	Sanchez, Keeton	Western Oreg
2	Langford, Kellen	Washington S
3	Melendres, Nicolas	Azusa Pacifi
4	Booth-Genthe, Bennett	Pomona-Pitze
5	Gonzalez, Evan	Washington S
6	Roering, Oscar	Pomona-Pitze
7	Fierro, Morgan	Southern Cal
8	Rodriguez, Isaiah	Western Oreg

**Section 3 of 3 Finals**

1	Cumberbatch, Nathan	Southern Cal
2	Harrington, Angus	UCLA
3	Erickson, Matthew	Oregon
4	Harding, James	Oregon
5	Rainey, Darius	Southern Cal
6	Greene, Ben	Colorado
7	Martinez, Brian	Azusa Pacifi
8	Klus, Emmett	Washington S
9	Amell, Tristan	UCLA

**Event 37 Men 800 Meter Run INVITE**

Lane	Name	Team	Seed Time
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**Section 1 of 1 Finals**

1	Miller, Brandon	Brooks Beasts
2	Ellis, Sam	On Running
3	Green, Nathan	Washington
4	Lumb, Kieran	On Running
5	Holdsworth, Derek	Unattached

**2024 Ken Shannon Last Chance Invite - 2/23/2024 to 2/24/2024****Dempsey Indoor, Seattle WA****Meet Program****Event 36 Men 1 Mile Run INVITE**

Lane	Name	Team	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Wynne, Henry	Brooks Beasts	
2	Kidder, Brannon	Brooks Beasts	
3	Suliman, Waleed	Brooks Beasts	
4	Prakel, Sam	Adidas	
5	Waskom, Joe	Washington	
6	Langford, Kyle	Brooks Beasts	
7	Lumb, Kieran	On Running	

**Event 12 Men 1 Mile Run**

Lane	Name	Team	Seed Time
<b>Section 1 of 5 Finals</b>			
1	Golpariani, Zane	Southern Cal	
2	Limo, Kelvin	Washington S	
3	Swanson, Leif	Washington S	
4	Mekonnen, Ephrem	Simon Fraser	
5	Ortega-gammill, Kyle	Washington S	
6	Petersen, Adam	George Fox	
7	Barsaiya, Brian	Washington S	
8	Affolder, Luke	Oregon	
9	Carney, Caden	California	
10	Franklin, Alex	Seattle	

**Section 2 of 5 Finals**

1	Topper, Galen	Stanford
2	Skapinsky, Milo	Stanford
3	Perrier, Felix	Azusa Pacifi
4	Horsburgh, Ian	Pomona-Pitze
5	Georges, Wilson	Colorado
6	Gibson, Eric	Washington
7	Haug, Lukas	Colorado
8	Wright, Jared	Azusa Pacifi
9	Fearon, Derek	Pomona-Pitze
10	Florsheim, Lucas	Pomona-Pitze
11	Briggs, Isaac	Unattached
12	Correa, Johan	Central Wash

**Section 3 of 5 Finals**

1	Boutelle, Caleb	Stanford
2	Scasso, Giuliano	Oregon
3	Kirkpatrick, Colin	Pomona-Pitze
4	Steury, Izaiah	Oregon
5	Del Barrio, Sergio	Oregon
6	Niednagel, Caleb	Colorado
7	Balazs, Benjamin	Oregon
8	Denker, Carrick	California
9	Topper, Nolan	Stanford
10	Sherry, Callum	Stanford
11	Arriola, Kennie	Southern Cal
12	Emerson, Aiden	Washington S

**Section 4 of 5 Finals**

1	Smith, Aiden	Oregon
2	Young, Lex	Stanford
3	Poynter, Bobby	Unattached
4	Laird, Will	Unattached
5	Rauba, Grady	Colorado
6	Amell, Tristan	UCLA
7	Hibbard, Noah	Colorado
8	Young, Leo	Stanford
9	Pickren, Spencer	Cal Poly
10	Gorze, Tyrone	Unattached
11	McDermott, Kevin	Western Wash

**Section 5 of 5 Finals**

1	MacQuiddy, Garrett	California
2	Coca, Miguel	Adams State
3	McMahon-Staggs, Ronan	Washington
4	Bove, Davis	Cal Poly
5	Boyden, Thomas	Stanford
6	Daschbach, Leo	Washington
7	Proceviat, Cameron	Unattached
8	Jenkins, Evan	Washington
9	Ellis, Sam	On Running
10	Franks, Mac	Club Northwest

**Event 14 Men 3000 Meter Run**

Lane	Name	Team	Seed Time
<b>Section 1 of 3 Finals</b>			
1	Swanson, Leif	Washington S	
2	Mekonnen, Ephrem	Simon Fraser	
3	Dance, Harrison	UCLA	
4	Fearon, Derek	Pomona-Pitze	
5	Summa, Wondu	Franklin Pie	
6	White, Quinn	Pomona-Pitze	
7	Barsaiya, Brian	Washington S	
8	Horsburgh, Ian	Pomona-Pitze	
9	Carney, Caden	California	
10	Perrier, Felix	Azusa Pacifi	
11	Limo, Kelvin	Washington S	
12	Sauers, Yonas	Seattle	
13	Wright, Jared	Azusa Pacifi	
14	Fierro, Morgan	Southern Cal	
15	Rosenbluth, Mike	Unattached	
<b>Section 2 of 3 Finals</b>			
1	Appleton, Hunter	Colorado	
2	Buerittua, Joey	Unattached	
3	Derouin, Jake	Colorado	
4	Sherry, Callum	Stanford	
5	Boutelle, Caleb	Stanford	
6	Robertson, Charles	Colorado	
7	Hibbard, Noah	Colorado	
8	Niednagel, Caleb	Colorado	
9	Stevens, Kutoven	Oregon	
10	Diamond, Thomas	Unattached	
11	Pickren, Spencer	Cal Poly	
12	Crabtree, James	Washington	

**2024 Ken Shannon Last Chance Invite - 2/23/2024 to 2/24/2024****Dempsey Indoor, Seattle WA****Meet Program****Section 3 of 3 Finals...(Event 14 Men 3000 Meter Run)**

1	Robinson, Ky	Stanford
2	Sprout, Cole	Stanford
3	Dunne, James	Adams State
4	Mireles, Michael	UCLA
5	Dervin, Mitchell	Unattached
6	Young, Leo	Stanford
7	Vancil, Austin	Colorado
8	Skapinsky, Milo	Stanford
9	Young, Lex	Stanford
10	MacIntosh, Jordan	Unattached
11	Proceviat, Cameron	Unattached
12	Beraki, Awet	Adams State

**Event 16 Men 5000 Meter Run**

Lane	Name	Team	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Golpariani, Zane	Southern Cal	
2	Barsaiya, Brian	Washington S	
3	Begashaw, Kidus	Adams State	
4	Florschheim, Lucas	Pomona-Pitze	
5	Gibson, Conor	UCLA	
6	Hatler, Cameron	Pomona-Pitze	
7	de Lange, Mitch	Unattached	
8	Sauers, Yonas	Seattle	
9	Swanson, Leif	Washington S	
10	Weiss, Peter	George Fox	
11	Curulla, Patrick	UCLA	
12	Chavez, Christopher	UCLA	

**Event 18 Men 60 Meter Hurdles**

Lane	Name	Team	Seed Time
<b>Heat 1 of 3 Prelims</b>			
1	Hubbard, Makel	Azusa Pacifi	
2	Trucks, Anthony	Oregon	
3	Reid, Zachary	La Verne	
4	Bradley, Donovan	California	
<b>Heat 2 of 3 Prelims</b>			
1	Davis-Davis, Lyric	UCLA	
2	Corday, Vincent	Oregon	
3	Brackins Jr., Johnny	Southern Cal	
4	Duskin, Parker	Washington S	
5	Lemma, Grady	Pacific Luth	
<b>Heat 3 of 3 Prelims</b>			
1	Bates, Di'Niko	Southern Cal	
2	Jessee, Jayden	Resolute Tra	
3	Frazier, Jonathan	Washington	
4	Bengtsson, Joel	UCLA	
5	Collier, Joshua	La Verne	

**Event 22 Men Distance Medley**

Lane	Team	Relay	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Washington S	A	
2	Western Oreg	A	
3	Washington	A	
4	George Fox	A	
5	CUI	A	
6	Pomona-Pitze	A	
7	Western Wash	A	
8	Simon Fraser	A	
9	Azusa Pacifi	A	
10	Seattle	A	
11	George Fox	B	

**Event 24 Men High Jump**

Pos	Name	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Hubbard, Makel	Azusa Pacifi	
2	Gerald, Elias	Southern Cal	
3	Agbonkonkon, Osawese	Oregon	
4	King, James	George Fox	
5	Stevens, James	Stanford	
6	Normand, Jack	Oregon	
7	Bouchard, Noah	Colorado	
8	Markus Imani Varland, Sid	Azusa Pacifi	
9	Lieberg, Leland	Washington	
10	McGloflin, AJ	Washington S	
11	Gillis, Leon	UCLA	

**Event 26 Men Pole Vault**

Pos	Name	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Englar, Jacob	Unattached	
2	Freitag, Brayden	Washington S	
3	Angove, Hunter	Oregon	
4	Shirley, Andrew	Unattached	
5	Rauwerda, Joseph	Azusa Pacifi	
6	Manson, Max	Washington	
7	Bresko, Mathis	Washington	
8	Lasher, Jordan	Unattached	
9	Magula, Skyler	California	
10	Park, Simon	Washington	
11	O'Brien, Hunter	UCLA	
12	Brown, Garrett	Stanford	
13	McGee, Chase	Unattached	
14	Burns, Tyler	Unattached	

**2024 Ken Shannon Last Chance Invite - 2/23/2024 to 2/24/2024****Dempsey Indoor, Seattle WA****Meet Program****Event 28 Men Long Jump**

<b>Pos</b>	<b>Name</b>	<b>Team</b>	<b>Seed Mark</b>
<b>Flight 1 of 1 Finals</b>			
1	Brackins Jr, Johnny	Southern Cal	
2	Bolanos, Jeremiah	California	
3	Jefferson, Jamaari	Seattle	
4	Jessee, Jayden	Resolute Tra	
5	Luebbert, Tim	Washington	
6	Plumb, Jason	California	
7	Hunter, Allan	Stanford	
8	Zamora, JR	Seattle	
9	Nwafor, Obi	California	
10	Hutchinson, Roman	Washington	
11	Christiansen, Aidan	Colorado	
12	Rodrigues, Reinaldo	Arizona	
13	Udeh, Chukwunonso	California	
14	Mangum, Mason	California	
15	Kramer, Charlie	Resolute Tra	
16	Topinka, Tom	Seattle	

**Event 30 Men Triple Jump**

<b>Pos</b>	<b>Name</b>	<b>Team</b>	<b>Seed Mark</b>
<b>Flight 1 of 1 Finals</b>			
1	Wellman, Kaleo	Bushnell (Or	
2	Smith, Trevontay	Washington	
3	Yang, Kevin	Stanford	
4	Lawrence, Eli	Washington S	
5	Hutchinson, Roman	Washington	
6	Bolanos, Jeremiah	California	
7	Kishen, Ty	Bushnell (Or	
8	Johnson, Nysir	Azusa Pacifi	
9	Normand, Jack	Oregon	
10	Akinlosotu, Kunle	Washington	
11	Gignac, Rock	Seattle	
12	Zamora, JR	Seattle	
13	Nwafor, Obi	California	
14	Jones, Gabriel	CUI	
15	Ellison, Sean	Seattle	

**Event 32 Men Shot Put**

<b>Pos</b>	<b>Name</b>	<b>Team</b>	<b>Seed Mark</b>
<b>Flight 1 of 1 Finals</b>			
1	Duensing Jr, Jeffrey	California	
2	Lloyd, Brandon	Arizona Stat	
3	Vergenz, Trey	CUI	
4	Hornaday, Hunter	CUI	
5	Olson, Brett	Azusa Pacifi	
6	Godbehere, Nicholas	California	
7	Mosquera, Ronald Grueso	Washington S	
8	Gross, Garin	Stanford	
9	Olsen, Nick	Linfield	
10	Huhta, Devin	Unattached	
11	Elbettar, Aidan	UCLA	
12	Williams, Lucas	Colorado	
13	Turner, Noah	Western Wash	
14	Landa, Zach	Arizona	
15	Atkinson, Laurence	Colorado	

**Event 34 Men Weight Throw**

<b>Pos</b>	<b>Name</b>	<b>Team</b>	<b>Seed Mark</b>
<b>Flight 1 of 1 Finals</b>			
1	Strunk, Mason	Oregon	
2	Ramos, Angelo	Western Wash	
3	Ward, Matt	Colorado	
4	McKhann, Mason	Stanford	
5	Atkinson, Laurence	Colorado	
6	Williams, Lucas	Colorado	
7	Hornaday, Hunter	CUI	
8	Vergenz, Trey	CUI	
9	Moisander, Ivar	California	
10	Warren, Mark	Western Oreg	
11	White, Jayden	Washington	
12	Bouchard, Isaiyah	Colorado	
13	Campbell, Miller	Western Wash	
14	Hamilton, Rowan	California	

**Event 2 Heptathlon: #1 Men 60 Meter Dash**

<b>Lane</b>	<b>Name</b>	<b>Team</b>	<b>Seed Time</b>
<b>Section 1 of 3 Finals</b>			
1	Raab, Rafael	Oregon	
2	Swabik, John	Colorado	
3	Comin Pescador, Bruno	Washington	
4	Buddie, Luke	California	
5	Colleran, Troy	Colorado	
<b>Section 2 of 3 Finals</b>			
1	Mahacek, Mason	Washington S	
2	Knott, Riley	California	
3	Schlueter, Jami	Washington	
4	Johnson, Seth	California	
5	Walburn, Lee	Washington S	

**2024 Ken Shannon Last Chance Invite - 2/23/2024 to 2/24/2024****Dempsey Indoor, Seattle WA****Meet Program****Section 3 of 3 Finals...(Event 2 Heptathlon: #1 Men 60 Meter Dash)**

1	Bianco, Nick	Colorado
2	Carter, Aiden	Unattached
3	Katahdin, Arthur	Oregon
4	Terrill, Parker	California
5	Miller, Drake	Colorado

**Event 2 Heptathlon: #5 Men 60 Meter Hurdles**

Lane	Name	Team	Seed Time
<b>Section 1 of 5 Finals</b>			
1	Buddie, Luke	California	
3	Katahdin, Arthur	Oregon	
5	Miller, Drake	Colorado	
<b>Section 2 of 5 Finals</b>			
1	Bianco, Nick	Colorado	
3	Raap, Rafael	Oregon	
5	Mahacek, Mason	Washington S	
<b>Section 3 of 5 Finals</b>			
1	Carter, Aiden	Unattached	
3	Swabik, John	Colorado	
5	Comin Pescador, Bruno	Washington	
<b>Section 4 of 5 Finals</b>			
1	Terrill, Parker	California	
3	Johnson, Seth	California	
5	Colleran, Troy	Colorado	
<b>Section 5 of 5 Finals</b>			
1	Schlueter, Jami	Washington	
3	Walburn, Lee	Washington S	
5	Knott, Riley	California	

**Event 2 Heptathlon: #4 Men High Jump**

Pos	Name	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Katahdin, Arthur	Oregon	
2	Colleran, Troy	Colorado	
3	Buddie, Luke	California	
4	Miller, Drake	Colorado	
5	Schlueter, Jami	Washington	
6	Walburn, Lee	Washington S	
7	Swabik, John	Colorado	
8	Terrill, Parker	California	
9	Bianco, Nick	Colorado	
10	Carter, Aiden	Unattached	
11	Knott, Riley	California	
12	Johnson, Seth	California	
13	Mahacek, Mason	Washington S	
14	Raap, Rafael	Oregon	
15	Comin Pescador, Bruno	Washington	

**Event 2 Heptathlon: #6 Men Pole Vault**

Pos	Name	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Buddie, Luke	California	
2	Carter, Aiden	Unattached	
3	Bianco, Nick	Colorado	
4	Miller, Drake	Colorado	
5	Raap, Rafael	Oregon	
6	Terrill, Parker	California	
7	Walburn, Lee	Washington S	
8	Schlueter, Jami	Washington	
9	Johnson, Seth	California	
10	Comin Pescador, Bruno	Washington	
11	Katahdin, Arthur	Oregon	
12	Knott, Riley	California	
13	Colleran, Troy	Colorado	
14	Mahacek, Mason	Washington S	
15	Swabik, John	Colorado	

**Event 2 Heptathlon: #2 Men Long Jump**

Pos	Name	Team	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	Miller, Drake	Colorado	
2	Terrill, Parker	California	
3	Mahacek, Mason	Washington S	
4	Walburn, Lee	Washington S	
5	Colleran, Troy	Colorado	
6	Buddie, Luke	California	
7	Raap, Rafael	Oregon	
8	Knott, Riley	California	
9	Katahdin, Arthur	Oregon	
10	Swabik, John	Colorado	
11	Comin Pescador, Bruno	Washington	
12	Bianco, Nick	Colorado	
13	Johnson, Seth	California	
14	Schlueter, Jami	Washington	
15	Carter, Aiden	Unattached	

**2024 Ken Shannon Last Chance Invite - 2/23/2024 to 2/24/2024****Dempsey Indoor, Seattle WA****Meet Program****Event 2 Heptathlon: #3 Men Shot Put**

<b>Pos</b>	<b>Name</b>	<b>Team</b>	<b>Seed Mark</b>
<b>Flight 1 of 1 Finals</b>			
1	Carter, Aiden	Unattached	
2	Johnson, Seth	California	
3	Buddie, Luke	California	
4	Walburn, Lee	Washington S	
5	Bianco, Nick	Colorado	
6	Colleran, Troy	Colorado	
7	Schlueter, Jami	Washington	
8	Mahacek, Mason	Washington S	
9	Miller, Drake	Colorado	
10	Terrill, Parker	California	
11	Katahdin, Arthur	Oregon	
12	Swabik, John	Colorado	
13	Raab, Rafael	Oregon	
14	Comin Pescador, Bruno	Washington	
15	Knott, Riley	California	