



# USC SET FOR PAC-12 CHAMPIONSHIPS AT MT. SAC

## - Women's Team Ranked No. 5, Men's Team Ranked No. 19 -



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### USC Track & Field Schedule

Date	Outdoor Meets
3/24-25	Aztec Invitational
3/31-4/1	Florida Relays
4/7-8	Trojan Invitational*
4/12-15	Mt. SAC
4/21-22	Payton Jordan Invitational
4/30	USC-UCLA Dual Meet
5/12-14	Pac-12 Championships+
5/24-27	West Preliminary Rounds^
6/8-11	NCAA Championships#

\* Home  
+ Walnut, Calif.  
^ Sacramento, Calif.  
# Austin, Texas

### USC Quick Facts

**Location:** Los Angeles, Calif.  
**Enrollment:** 49,500 (21,000)  
**Nickname:** Trojans  
**Colors:** Cardinal and Gold  
**Athletic Dir:** Mike Bohn  
**Dir. of T&F:** Quincy Watts  
 (213) 740-4201  
**Coaches:** Jebreh Harris  
 Joanna Hayes  
 Carmelita Jeter  
 Martin Maric  
 Tyree Price  
**Dir. of Ops:** Nathan Collins  
**T&F SID:** David Tuttle  
 (213) 740-8480

### USC's History In Track & Field

**NCAA Titles:** Men (26 outdoor)  
 Men (2 indoor)  
 Women (3 outdoor)  
**Last Title:** Men (1976)  
 Women (2021)  
**NCAA Champs:** Men (175)  
 Women (38)  
**Olympic Champs:** Men (44)  
 Women (11)

### Pronunciation Guide

Chandler, Caisja (KAY-juh)  
 Gatua, Dylan (GUH-TOO-uh)  
 John, Yemi (YEH-me)  
 Jones, Jan'Taijah (jan-TAY-juh)  
 Maccagnini, Gigi (Mac-uh-knee-knee, GEE-GEE)  
 Milovanovic, Mihajla (me-low-von-o-vik, ME-high-luh)  
 Moody, Samirah (suh-MY-ruh)  
 Ojora, Temi/Tade (oh-JORE-ah, TEM-ee/TAH-day)  
 Okonkwo, Chioma - (Oh-KONK-wo, Chee-OH-ma)  
 Polychroniou, Nikolaos - (Poly-cron-ee-ew)  
 Smith, Jalaysiya (Juh-LAY-see-ya)  
 Strayhorn, Kiara (KEY-are-uh)

### WEEKLY TRACK AND FIELD RELEASE - May 12, 2023

**THIS WEEK** - The Trojan track and field team will be competing at the 2023 Pac-12 Track & Field Championships being hosted by MT. SAC in Walnut, Calif. from May 12-14.

**TROJANS AT THE PAC-12 CHAMPIONSHIPS** -- The USC men's team placed third and the women's team fourth at the 2022 Pac-12 Track & Field Championships held in Eugene, Ore. The USC women's team had its 3-year reign as champions snapped, but has now finished in the top four in 30 of the 35 seasons of the women's meet and has won the title four times. The USC men have now posted a top three finish in 10 of the last 13 Pac-12 Championship meets. USC's men have won the conference title 16 times, the last time during the 2006 season. USC's men have scored at least 99 points in 22 of the last 26 meets. Both the USC men's (272) and the USC women's teams (160) lead the conference in all-time event titles at the Pac-12 Championships.

**BLOCKBURGER SEEKS THIRD CONSECUTIVE 400M TITLE** -- USC junior Johnnie Blockburger won the 2021 Men's Pac-12 400m title with a time of 45.57 as a freshman at Arizona and then won in 2022 as a sophomore at USC with a time of 45.19. Blockburger is attempting to become the first Pac-12 male athlete to win three 400m titles since USC's Jerome Davis won four consecutive crowns from 1996-1999.

**TRACKING THE TROJANS ON TELEVISION** -- The Pac-12 T&F Championships will be carried on the Pac-12 Network live on Saturday, May 11 and Sunday, May 12. Coverage on May 11 begins at 12:30 and runs to 5 p.m. Coverage on May 12 begins at 11 a.m. and ends at 4:30 p.m.

**RETURNING PAC-12 CHAMPIONS** -- USC has five athletes on its current roster which are defending individual event or relay champions from the 2022 Pac-12 Championships held at Oregon: **Johnnie Blockburger** (M-400m, M-4x100m, M-4x400m), **Al-lie Jones** (W-Heptathlon while at Stanford), **Jan'Taijah Jones** (W-400m), **Jasmine Jones** (W-100m H) and **Brendon Stewart** (M-4x100m).

**CHANDLER & MOODY BREAK LOKER STADIUM RECORD** -- Graduate transfer Caisja Chandler set the Allyson Felix Field and Loker Stadium women's 100m dash record with a time of 10.99 (+1.1) at the Trojan Invitational on April 8. Also, breaking the previous record in that race was sophomore Samirah Moody who had a time of 11.02 (+1.1). The pair's times rank third and fourth on USC's all-time 100m dash list. The previous Loker Stadium record of 11.10 was set by TeeTee Terry when USC hosted the Pac-12 Championships in 2021. Chandler and Moody still have the top two wind-legal times this season entering this week's action.

**THE GREEK HAMMER** - Sophomore hammer thrower Nikolaos Polychroniou from Athens, Greece, had a PR of 238-1 (72.56m) to win the USC-UCLA Dual Meet hammer throw competition on April 30. His throw moved him from ninth to sixth on USC's all-time list and currently ranks seventh in the country. His previous best throw of 234-2 (71.37m) was set when he won the hammer throw competition at the Trojan Invitational on April 7. He followed that effort up with a best throw of 229-9 (70.03m) to take second in the hammer throw at the Mt. Sac Relays on April 15.

**WOMEN RUN 5TH-FASTEST 4X400M RELAY IN USC HISTORY** -- USC's 4x400 relay team of Christine M. Mallard, Caisja Chandler, Bailey Lear and Jan'Taijah Jones posted a time of 3:26.96 at the Trojan Invitational on April 8 to move into fifth on USC's all-time list. USC's 4x400m relay team enters the week ranked fifth in the country.

**OJORA CLEARING ALL HURDLES** - Two-time All-American senior Tade Ojora ran a then fastest collegiate time of 13.35 (+3.0) in the 110m hurdles at the Florida Relays on March 31, which now ranks third. He ranks fifth on USC's all-time 110m hurdles list with a time of 13.38 set in 2021. During the 2023 indoor season he set the USC record with a time of 7.53, which was the NCAA leader heading into the NCAA Championships.

**LET'S KEEP IT GOING** - At least one USC man, woman or relay team has won an NCAA outdoor title in each of the last seven championships.

**TOP 30 TROJANS** -- The following athletes currently are ranked in the top 30 among NCAA events entering this week's action:

**Men:** 400m - Blockburger (20), 800m - Poynter (27); 110m H - Ojora (3), Brackins Jr. (10); 4x100m - (14); LJ - Brackins Jr. (9), Stevenson (T-11); HT - Polychroniou (7), Johnson (18)

**Women:** 100m - Chandler (T-7), Moody (T-9); 200m - Chandler (12), Mallard (T-27), Moody (T-27); 400m - Jones (7), Lear (18), John (20), Mallard (T-29); 100m H - Smith (14), A.Jones (17); 400m H - J.Jones (6); 4x100m (5); 4x400m - (5); LJ - Ojora (21); TJ - Ojora (8), Ruotolo (20); Heptathlon - A.Jones (1).

**YOU MIGHT NEED A PROGRAM** -- USC has added 31 new athletes to its track and field program since the end of the 2022 season. In fact, 41.3 percent of the roster is new from last season with 15 of the 40 women and 16 of the 35 men on the rosters competing in their first season as a Trojan.

**NEXT MEET** -- USC's next meet will be the NCAA West Preliminary Rounds to be held at Hornet Stadium in Sacramento, Calif. from May 24-27.

**RANKINGS** - The 2023 USTFCCCA first outdoor rankings came out on Monday, March 27.

	3/27	4/3	4/10	4/17	4/24	5/1	5/8	5/15	5/22	5/30
USC Men --	NR	16	15	18	19	19	19			
USC Women --	2	2	1	6	6	5	5			

**USC TRACK AND FIELD HISTORY** - USC track and field is well known as one of the most successful athletic programs in the history of the NCAA, with 31 men's and women's national team titles. The Trojans have won far more NCAA team and individual titles combined than any other university. However, the most dominant force in USC's slate of athletic programs is not the baseball team (12 College World Series titles) or the football squad (nine national championships) but the men's track and field program, with an unprecedented 28 NCAA titles (including nine straight, 1935-43). In fact, in the history of the NCAA, only the Oklahoma State wrestling program (34) has more national titles than USC men's outdoor track and field. Trojan athletes have dominated the track and field scene for decades. From the exploits of sprinter Charlie Paddock and thrower Clarence "Bud" Houser in the 1920s and 1930s, sprinter Mel Patton in the 1940s, thrower Parry O'Brien in the 1950s, sprinter Lennox Miller and pole vaulter Bob Seagren in the 1960s, sprinter Quincy Watts in the 1980s, to four-time NCAA hammer champion Balazs Kiss (only the fifth collegian to win four in a row) in the 1990s, World Champion hurdler Felix Sanchez early in the 2000s, and NCAA champion and Olympic medalist Andre DeGrasse, and NCAA champions and collegiate record-holders Rai Benjamin and Michael Norman, USC is synonymous with track and field excellence.

**TROJAN PROGRAM REMAINS IN GOOD HANDS WITH QUINCY WATTS** - Former Trojan Olympic great Quincy Watts was promoted to USC Director of Track and Field and Cross Country on June 17, 2021 after eight seasons on Caryl Smith Gilbert's staff as an assistant in charge of sprints, long hurdles and relays. "Naming Quincy Watts, a Trojan Hall of Famer and Olympic legend, as our new director of track and field and cross country is the best and right decision for us," said USC Athletic Director Mike Bohn at the time of his appointment. "His impact on both our men's and women's programs over the past eight years has been significant. Consistent with our vision to be the most student-athlete centered program in the country, engaging our student-athletes is an important part of every coaching search process, and I am so impressed with the overwhelming support Quincy has from our current team. He is also highly respected by our former student-athletes and the national track and field community. We are very excited to have a winner and decorated Trojan leading our program, and we have the utmost confidence that he will sustain and elevate the tradition of excellence the USC shield represents." Watts is in his second season in charge of the Trojans' program. In his nine seasons working with USC athletes as the Director of T&F and as an assistant coach, he has guided Trojans to 91 indoor and outdoor All-America honors in the 400 meters, 400-meter hurdles and 4x400-meter relay. His Trojan athletes also claimed 20 NCAA titles and 29 Pac-12 crowns, and they set three collegiate records and 24 school records plus all four USC freshman 400-meter records and the women's 400-meter hurdles freshman record. In his inaugural season as a head coach in 2022, Watts led USC to some pretty impressive accomplishments. His athletes posted 16 outdoor and 17 indoor all-time USC indoor marks, including setting five school records. Watts was named 2022 NCAA Indoor West Region Coach of the Year and had athletes earn 12 indoor All-America honors and 11 earned first-team outdoor All-America status. In addition, USC athletes combined to earn 23 All-Academic honor roll designations for the Winter and Spring semesters. The Trojans also swept the annual dual meet against UCLA. Watts also continues coaching USA Olympic medalists Michael Norman, Rai Benjamin and Kendall Ellis. Norman won gold medals in the 400m and with the USA 4x400m relay team and Benjamin a silver medal in the 400m hurdles at the 2022 World Athletics Championships.

**TROJANS' OLYMPIC GLORY** - USC athletes of the present and past won 21 medals at the 2020 Tokyo Olympics, 11 golds, 5 silvers and 5 bronze, and have won over 20 medals at three consecutive Olympics. The success in Tokyo kept USC as the leader among U.S. universities for most all-time medals and gold medals. USC has had 510 Olympians who have earned 326 medals, 153 gold, 96 silver and 77 bronze. Forefront in the USC success is the 151 track and field athletes who have earned 49 gold medals. Former Trojan students won a record 13 medals at the 2020 Olympics, six gold, two silver and five bronze. USC's previous record for most track and field medals won in a single Olympics was nine at the 2016 Rio Games. This was the fifth consecutive Summer Olympics in which a USC track and field athlete earned at least one gold medal and a Trojan track and field athlete has won at least one medal in every Olympics since 1912.

**ALL-STAR COACHING STAFF** - Olympic gold medalist Quincy Watts has put together an impressive coaching staff that looks like an all-star roster. Jebreh Harris (distances and cross country), Olympic gold medalist Joanna Hayes (hurdles), Olympic silver and bronze medalist Carmelita Jeter (sprints), Tyree Price (jumps and multi-events) and the latest addition, two-time Olympian Martin Maric (throws). In addition, volunteer coaches Rai Benjamin and Michael Norman are Olympic gold medalists.

**THE 2022 WOMEN'S TEAM** - The women's team placed 30th at the 2022 NCAA Championships with Jasmine Jones placing second in the 100m hurdles with a time of 12.66. The women's team also finished fourth at the Pac-12 Championships. Jasmine Jones won the 100m hurdles and Jan'Taijah Jones won the women's 400m, the fifth consecutive time the Trojans won the event. USC women posted seven all-time top 10 marks and times.

**THE 2022 MEN'S TEAM** - The men's team placed tied for 12th at the NCAA Championships as the men's 4x100m relay won the title with a school-record time of 38.49. The 4x400m relay team had the second-fastest time in USC history of 2:59.98 in taking second at the NCAA Championships. The men also placed third at the Pac-12 T&F Championships. Earnest Sears III won the men's high jump and Johnnie Blockburger the Pac-12 men's 400m title. USC men posted 10 Trojan all-time top 10 marks and times, including the 4x100m relay school record and Johnny Brackins Jr.'s long jump during the summer once he transferred to USC.

**2023 INDOOR SEASON RECAP** -- The women's team placed 13th and the men's team tied for 23rd at the 2023 NCAA Indoor T&F Championships. Scoring for USC at NAAs were:

**Women:** Allie Jones (2nd, Pentathlon), Jan'Taijah Jones (5th, 400m), Caisja Chandler (7th, 200m) and the 4x400m relay team of Bailey Lear, Jasmine Jones, Yemi John and Jan'Taijah Jones (4th)

**Men:** Johnny Brackins Jr. (5th, LJ) and the 4x400m relay team of Justin Braun, Ashton Allen, William Jones and Johnnie Blockburger (3rd)

During the 2023 indoor season, USC's men posted 13 all-time Trojan top 10 performances, including Tade Ojora setting the USC indoor 60m hurdles record with a time of 7.53. The women's team had 16 all-time USC top 10 indoor results, including Samirah Moody setting the school indoor record of 7.07 and Summer Mosley bettering her weight throw record with a mark of 63-9 (19.43m).

**TROJANS LEAVING THEIR MARKS** - The Trojans have 24 athletes on the current team that have posted 42 outdoor top 10 marks all-time by a Trojan, including 26 marks that rank in USC's all-time top 5. The following is a list of those athletes and their ranking at USC:

#### Men

**Ashton Allen** (1st - 4x100m)  
**Johnnie Blockburger** (1st, 2nd, 4th - 4x100m, 2nd, 6th - 4x400m)  
**Johnny Brackins Jr.** (5th - LJ)  
**Davonte Burnett** (T-2nd - 100m, 9th - 200m, 2nd, 4th - 4x100m)  
**Tade Ojora** (5th - 110m H)  
**Nikolaos Polychroniou** (6th - HT)  
**Bobby Poynter** (3rd - 1500m)  
**JC Stevenson** (9th - LJ)  
**Brendon Stewart** (1st, 2nd, 4th - 4x100m)

#### Women

**Breanna Bernard-Joseph** (10th - 400m H)  
**Caisja Chandler** (3rd - 100m, 8th - 200m, 5th - 4x400m)  
**Karlee Freeman** (4th - DT, 8th - SP)  
**Kimberly Harris** (9th - 4x400m)  
**Allie Jones** (1st - Heptathlon)  
**Jan'Taijah Jones** (7th - 400m, 5th - 4x400m)  
**Jasmine Jones** (4th - 100m H, 7th - 400m H, T-4th - 4x100m)  
**Bailey Lear** (6th - 400m, 2nd, 5th, 10th - 4x400m)  
**Christine M. Mallard** (5th - 4x400m)  
**Samirah Moody** (4th - 100m)  
**Gigi Maccagnini** (9th - 1500m)  
**Summer Mosley** (8th - DT)  
**Temi Ojora** (3rd - TJ, T-10 - LJ)  
**Dominique Ruotolo** (6th - LJ)  
**Jalaysiya Smith** (9th - 100m H)

**RETURNING ALL-AMERICANS** -- USC has five returning outdoor All-Americans on the 2023 squad who scored for the Trojans at the 2022 NCAA Championships. **Women: Jasmine Jones** (100m H) **Men: Ashton Allen** (4x100m, 4x400m), **Johnnie Blockburger** (4x100m, 4x400m), **Tade Ojora** (110m H), **Brendon Stewart** (4x100m). In addition, **Allie Jones** placed fourth in the heptathlon while competing for Stanford and **Dominique Ruotolo** placed seventh in the triple jump while competing for Oregon.

**WELCOME MARTIN** -- For the first time since the 1991 season, USC has a new leader of the throws group in Martin Maric. Maric was named the USC assistant coach for the throws on Sept. 2, 2022. Maric was the throws coach at Virginia from 2013-22, where he produced four NCAA champion throwers, 29 All-Americans and 18 ACC Champions. Two times he was named the U.S. Track & Field and Cross Country Coaches Association (USTFCCCA) Southeast Region Assistant Coach of the Year.

**JONES STANDING OUT** - In a team full of Jones (along with Jan'Taijah Jones, Jasmine Jones and William Jones), graduate transfer Allie Jones is finding a way to stand out. Since she transferred to USC from Stanford, Jones has set personal bests in virtually every multi-event category. She won the Mt. SAC Relays Elite Heptathlon on April 13 with a school record of 6217 points, by posting five PRs in the competition. Jones bettered the USC record of 6079 set by Wendy Brown in 1988 which had stood for 35 years. She is the current NCAA leader in the event. During the indoor season, Jones placed second in the NCAA Pentathlon with 4440 points, four points off the school record. She also PR'd in all five events during the indoor season. Jones placed fourth in the heptathlon at the 2022 NCAA Championships and is also the Stanford school record-holder in the event.

**OJORA TIMES TWO** -- USC has a brother and sister act from London, England in Temi and Tade Ojora on the 2023 track and field team. The 6-0 Omotade "Tade" Ojora is a senior hurdler who earned outdoor All-America honors in 2021 and 2022 in the 110m hurdles. Ojora has won the last two British Championships 110m hurdles titles, setting a PR of 13.38 (-1.0) at the 2021 British Championships, but did not compete in the Olympics as he did not meet the automatic qualifying standard. Ojora ranks fifth on USC's all-time 110m hurdles list. Temitope "Temi" Ojora is a junior jumper on USC's team. She also earned All-America in 2021 by placing eighth in the NCAA triple jump final with a jump of 44-4.00/13.51 (+1.0). At the 2023 USC-UCLA Dual Meet she had a triple jump PR of 44-11.75/13.71m (+1.3) to better her third-place standing on USC's all-time list. She holds the USC freshman record of 44-8.25/13.62 (-0.1) which was set at the 2021 West Preliminary Rounds.

**LEAR BRINGS SUCCESS AND EXPERIENCE** -- Veteran 400m runner Bailey Lear is back to help lead the Trojan women. The graduate student Lear has an outdoor 400m PR of 51.02 which ranks sixth on USC's all-time list. In 2021 Lear earned outdoor All-America honors in the event by placing seventh with a time of 51.36. Lear ran a 2022 season-best 400m race of 51.76 to place third at the Pac-12 Championships. She has already run 51.69 this season which is her fastest 400m time since the 2021 NCAA Championships. Lear has run on three of USC's all-time Top 10 outdoor 4x400m relays and five of its indoor Top 10 4x400m relays.

**HE'S COMING AROUND THE BLOCK** -- Junior Johnnie Blockburger won his second consecutive Pac-12 men's 400m title with a time of 45.19 on May 15, 2022. He ran a 2022 season-best of 45.14 at the NCAA West Prelims. That time was his best since running 44.71 on April 10, 2021. He placed 12th in the 400m dash at the 2021 NCAA Championships. Blockburger has also been anchoring USC's 4x100 and 4x400m relays which both posted Trojan all-time top 5 times at the West Prelims to advance to the NCAA Championships. It was there that they really excelled, with the 4x100m relay winning the national title with a school-record time of 38.49 and the 4x400m relay placing second with a time of 2:59.98, second on USC's all-time list. Blockburger won the 400m at the USC-UCLA Dual Meet on April 30 with a season-best time of 45.68 which ranks 20th nationally.

**JOHN SETS USC FRESHMAN INDOOR RECORD** -- Freshman Yemi John comes to USC with much success under her belt. She is the 2022 World Athletics U20 champion in the 400m with a PR of 51.50 which is the second-fastest 400m time ever by a U20 British woman. She competed just twice during the indoor season, but each time setting the USC women's freshman indoor 400m record. She ended the indoor season with a best of 51.90 to establish the USC freshman mark and to place ninth at the 2023 NCAA Indoor Championships. John has an outdoor best this season of 51.77 which she ran in winning at the Trojan Invitational on April 8.

**BRACKINS JR. CRACKS USC'S TOP 10 LIST DAYS AFTER TRANSFERRING** -- After placing 17th in the long jump at the 2022 NCAA Championships on June 8 while at Baylor, Brackins Jr. transferred to USC and began summer school. On June 24 while representing USC, he won the USA U20 Championships long jump title with a leap of 26-4.25/8.03m (+0.9). That jump moved him into fifth on USC's all-time long jump list. During the 2023 indoor season, Brackins Jr. placed fifth in the long jump at the NCAA Indoor Championships with a leap of 26-9.25/8.16m, second on USC's all-time list. He is also an elite hurdler, placing third at the 2022 Big 12 Championships in the event and reaching the NCAA semifinals. This season he has a wind-aided best of 13.44 (+2.1w) in the 110m hurdles and a long jump best of 26-1.50/7.96 (+1.3).

**ALLYSON FELIX FIELD NAMING CELEBRATION AND LUNCHEON** -- The official naming of Allyson Felix Field took place during a ceremony on April 10 with USC president Carol L. Folt, Athletics Director Mike Bohn, Director of Track & Field And Cross Country Quincy Watts, current athletes Gigi Maccagnini and Rae-Anne Serville and Felix speaking. Felix, who graduated from USC in 2008, is the most decorated woman in Olympic T&F history with 11 medals, 7 gold. She also won two gold medals at the 2022 World Championships to push her career WC medal total to 20.

**WESTLAKE HAS A MOUNTAIN OF ACCOMPLISHMENTS** -- USC freshman distance runner Lucy Westlake comes to USC from Naperville North HS in Illinois where she posted distance bests of 10:57.98 in the 3200m and 17:39.34 in the 5000m. She is also known for her mountain climbing exploits which earned her a 2022 ESPY as she became the youngest American woman to reach the top of Mount Everest on May 12, 2022. She has now reached the summit of five of the seven highest mountains on each continent. During the cross country season, Westlake led USC in all three meets in which she competed.

**ALL-AMERICAN RUOTOLO JOINS USC** - Junior Dominique Ruotolo, who graduated from Mater Dei HS in 2018, is in her first season on the USC track and field team, after beginning her career at Oregon. Before USC, she placed seventh in the triple jump at the 2022 NCAA Championships, was the 2021 Pac-12 TJ champion and 2022 USATF Championships qualifier. In her second outdoor meet as a Trojan she had a triple jump of 43-6.50/13.27 (+1.5) at the Florida Relays on April 1 to move into sixth-place on the USC all-time outdoor triple jump list.

**JONES AND HAYES EARN USTFCCCA HONORS** -- Allie Jones was named the USTFCCCA West Region Women's Track Athlete of the Year and Joanna Hayes was tabbed at the West Region Men's Assistant Coach of the Year. Jones, a graduate transfer from Stanford, was the runner-up in the pentathlon at the NCAA Indoor Championships with a PR of 4,440 points. Her point total was the second most in USC indoor history and she became the second Trojan to score in the event at the NCAA Championships. During the course of the season, the Santa Barbara, Calif. native PR'd in each of the five pentathlon events, including cracking USC's all-time top 10 in three events (60m H, HJ, LJ). Hayes, in her fourth year as an assistant coach at USC, coached senior Tade Ojora and sophomore Johnny Brackins Jr. to the NCAA Championships in the 60m hurdles, with Ojora ranking No. 1 and Brackins Jr. No. 3 during the regular season. Ojora set the USC 60m hurdles record with an NCAA-leading time of 7.53 and Brackins Jr.'s 7.60 time was third in the country and tied for second on USC's all-time list.

**CHANDLER MAKES IMMEDIATE IMPACT AT USC** -- Graduate student Caisja Chandler transferred to USC from Cincinnati where she holds the Cincinnati records in the 100m (11.26) and the 200m (22.79). She placed seventh in the 200m dash at the 2023 NCAA Indoor Championships with a time of 22.74 to earn All-America honors, after posting an indoor PR of 22.70 in the semifinals. That time moved her to second on USC's all-time list. During the outdoor season, she has set a new 100m dash time of 10.99 at the Trojan Invitational on April 8, third all-time by a Trojan and a stadium record. She then set her 200m PR of 22.67 to win at the Mt. SAC Relays on April 15, eighth all-time by a Trojan woman.

**BURNETT DEBUT DOES NOT GO AS PLANNED** -- Senior sprinter Davonte Burnett, a two-time outdoor All-American in 2021, made his 2023 debut in the 4x100m at the Trojan Invitational and came up injured just before the first handoff. He is coming off an outstanding 2022 season, which ended early as he injured his left hamstring over the final 15 meters in the 100m dash finals at the 2022 Pac-12 Championships which caused him to miss the remainder of the season. Burnett still was able to finish third with a time of 10.22 and also ran on USC's title-winning 4x100m relay which set the then-USC record with a time of 38.60 earlier in the day. Burnett opened his 2022 outdoor season by winning the 100m dash at the Mt. SAC Relays with a PR of 9.99 (+0.3). His time moved him to tied for second on USC's all-time list. Burnett won the 2022 NCAA indoor 60m title and placed 5th in the 100m and 6th in the 200m at the 2021 NCAA Championships.

**JAN'TAIJAH JONES CRACKS USC'S TOP 10** -- Junior Jan'Taijah Jones won the 2022 Pac-12 women's 400m title with a then-PR of 51.22. Her time moved her to No. 7 on USC's all-time list. Jones improved her PR to 51.06 and bettered her seventh-place standing on USC's all-time list at the Mt. SAC Relays on April 15. The consistent sprinter has run under 53 seconds in all but one of her 16 collegiate 400m races. She placed 22nd at the 2022 NCAA Championships with a time of 52.26. Jones posted an indoor PR of 51.03 in the 400m at the 2023 NCAA Indoor Championships to place fifth, her second consecutive fifth-place finish at indoor nationals. She ranks third on USC's all-time women's indoor 400m list.

**JASMINE JONES NOW A DOUBLE THREAT** -- Junior Jasmine Jones placed second at the 2022 NCAA Championships in the 100m hurdles with a PR of 12.66 which ranks fourth on USC's all-time list. She scored the women's team's only 8 points at the NCAA Championships. She also was the 2022 Pac-12 women's 100m hurdles champion with a time of 12.92 (+0.3). She has yet to run a 100m hurdles race this season, but has tried her luck at the 400m hurdles and the results have been impressive. In her first career 400m hurdles race, she won at the Aztec Invitational with a time of 56.53 on March 25, which moved her to seventh on USC's all-time list. She then ran 56.17 at the Florida Relays on March 31 to place third. That time bettered her seventh-place standing on USC's all-time list and currently ranks sixth among collegiate hurdlers.

**STEWART BACK FOR ANOTHER SEASON** -- USC sprinter and graduate student Brendon Stewart is utilizing his extra season of eligibility and will be a key member of USC's sprint corps. He has yet to run outdoors this season, but is coming off a season in which he kept improving in the 100m dash throughout his senior season, culminating with a PR of 10.16 (+0.6) at the West Prelims/NCAA Quarterfinal to advance to the NCAA Championships in the event. He finished 22nd in the event at the NCAA Championships. He also set his 200m PR last season with a time of 20.84 (-0.4) to win the title at the USC-UCLA Dual Meet on May 1. Stewart competed for the first time this outdoor season on April 30 at the USC-UCLA Dual Meet.

**MOODY HAMSTRING HELD SAMIRAH BACK AS A FRESHMAN** -- Sophomore Samirah Moody is poised to, and has already done some amazing things during the 2023 season. As a freshman she qualified in both the 100m and 200m for the West Preliminary Rounds despite a leg injury limiting her to four total races prior to the postseason. She advanced to the quarterfinals in both, but her hamstring tightened up in the 100m where she ran 11.21 (+2.6w) to finish 17th and she pulled out of the 200m quarterfinals. During the 2023 indoor season, Moody broke the USC 60m dash record held previously by Angela Williams and TeeTee Terry (7.09) with a time of 7.07. That time ranked second among NCAA runners heading to the NCAA Championships. She ran a time of 7.15 to place 10th at the 2023 NCAA Indoor Championships. In her first outdoor 100m race this season, Moody ran a wind-aided PR of 10.99 (+4.1w) to place second at the Florida Relays on April 1. She then ran a wind-legal PR of 11.02 (+1.1) at the Trojan Invitational to move to fourth on USC's all-time 100m dash list. Moody's first 200m race this season produced a PR of 22.93 (+0.8) which ranks tied for 27th in the country.

**I'LL TAKE THAT...** -- A USC athlete has won the last five Pac-12 women's 400m races, with Jan'Tajiah Jones being the 2022 champion. Also winning the 400m race for USC during that stretch are Kendall Ellis (2017 & 2018), Kaelin Roberts (2019) and Kyra Constantine (2021). A USC woman has won the last four 100m hurdles finals at the Pac-12 Championships, Chanel Brissett (2018 & 2019), Anna Cockrell (2021) and Jasmine Jones (2022).

**POYNTER EYEING THE CHARTS** -- USC graduate student Bobby Poynter won the 2023 USC-UCLA Dual Meet 1500m race on April 30 with a PR of 3:42.75. He was the second Trojan to win the event at the Dual Meet the last decade and his time moved him to third place on USC's all-time list in the event. Poynter ran an 800m PR of 1:47.69 on April 15. He currently stands 0.58 seconds outside of USC's all-time top 10 in the event. He appears to be on a hot streak as each of his last 800m and 1500m races established a new personal best. In his first Pac-12 Championships in 2022, Poynter placed fourth in the 800m with a time of 1:50.14.

**IT WOULD BE WISE NOT TO UNDERESTIMATE DALLAS** -- Redshirt junior Dallas Wise is in his second season as a jumper at USC, after two years at Coastal Carolina. He earned a silver medal at the 2020 Paralympics (held in August of 2021) in the T46/47 high jump and took fourth in the T46/47 long jump. At the 2023 Mt. SAC Relays, Wise placed fifth in the triple jump with a PR of 50-9.25/15.47m (+1.5) which ranks second among Pac-12 jumpers this season. Wise also has PRs of 24-8.25 in the long jump (set in 2021) and 6-10.75 in the high jump (done in 2021 and 2022).

**JASMINE JONES EARNS PAC-12 WEEKLY HONOR** - Jasmine Jones opened up her outdoor season in a new event and in her first career 400m hurdles race at the Aztec Invitational on March 25, she won with a time of 56.53. Her time moves her to seventh on USC's all-time 400m hurdles list.

**CHANDLER NAMED PAC-12 WOMEN'S TRACK ATHLETE OF THE WEEK** - Caisja Chandler was named the Pac-12 Women's Track Athlete of the Week for April 3-9. During the week Chandler ran the NCAA wind-legal leading time of 10.99 (+1.1) in the 100m dash. That time set the Allyson Felix Field/Loker Stadium record and ranks third on USC's all-time list. She also ranked on the winning 4x100m at the Trojan Invitational and on the 4x400m relay which ran 3:26.96, third in the country this season and fifth on USC's all-time list.

**ALLIE JONES NAMED PAC-12 WOMEN'S FIELD ATHLETE OF THE WEEK** -- Allie Jones was named the Pac-12 Women's Field Athlete of the Week for the week of April 10-16. The multi-event star set a USC record with 6217 points to win the Elite Heptathlon competition at the prestigious Mt. SAC Relays from April 12-13. Jones clinched the victory by winning the 800m race to end the competition with a PR of 2:13.03 and go from 134 points down, to winning the two-day event by 117 points ahead of Ida Eikeng of Washington. Jones' 6217 points eclipsed the previous USC heptathlon record of 6079 points set by Wendy Brown in 1988, thirty-five years ago. Jones' point total now ranks third all-time in the Pac-12. During the two days, Jones set PRs in the 100m hurdles (13.10), high jump (5-8.50), shot put (42-10.25), long jump (20-0.50/20-5.25w) and 800m (2:13.03). She won four of the seven events in the Elite Heptathlon: 100m hurdles, 200m, long jump and 800m.

**TEMI OJORA NAMED PAC-12 WOMEN'S FIELD ATHLETE OF THE WEEK** -- Temi Ojora was named the Pac-12 Women's Field Athlete of the Week for the week of April 24-30. Ojora helped lead the Trojans to victory over UCLA in the annual Dual Meet by winning three individual events, the high jump, long jump and triple jump. Ojora won the high jump with a clearance of 5-8.75 (1.75m) and the long jump with a 20-3.00/6.17m (+0.6). She actually didn't have a miss in the high jump, but just moved on once she had won the competition. She also won the women's triple jump with a PR of 44-11.75/13.71m (+1.3) which bettered her third-place standing on the all-time USC list in the event. It also set the USC-UCLA Dual Meet record, breaking the old mark of 44-11.25 set by Wendy Brown in 1987. The triple jump record was the second-longest standing Dual Meet record (36 years), next to the long jump record which was set in 1985 by Jackie Joyner-Kersey.

## 2023 MEET RECAPS

**INDOOR CHAMPIONSHIPS (March 10-11)** -- The USC women's team placed 13th and the men's team tied for 23rd at the 2023 NCAA Indoor Track & Field Championships held in Albuquerque, N.M. on March 10-11. Scoring for the Trojans and earning NCAA Indoor First-Team All-America honors were: **Women** - Caisja Chandler (200m), Allie Jones (Pentathlon), Yemi John (4x400m), Jan'Taijah Jones (400m, 4x400m), Jasmine Jones (4x400m), Bailey Lear (4x400m). **Men** - Ashton Allen (4x400m), Johnnie Blockburger (4x400m), Johnny Brackins Jr. (LJ), Justin Braun (4x400m), William Jones (4x400m).

**AZTEC INVITATIONAL (March 24-25)** -- USC kicked off the outdoor season by winning nine events and placing second in 10 others at the 44th Annual Aztec Invitational. Trojans winning events were Bobby Poynter (800m, 1500m), Jasmine Jones (400m H), Bailey Lear (400m), Samirah Moody (200m), Morgan Fierro (3000m SC), Gigi Maccagnini (800m), Temi Ojora (TJ), women's 4x100m. Jasmine Jones ran the seventh-fastest 400m hurdles race ever by a Trojan woman, in her first 400m hurdles race and Gigi Maccagnini ran the ninth-fastest women's 1500m race in Trojan history.

**FLORIDA RELAYS (March 31-April 1)** -- USC had three event winners at the Florida Relays which ran from March 31-April 1. Temi Ojora was a two-time winner, taking the long jump with a PR of 20-10.75 and winning the triple jump with a best jump of 44-0.75w. She also posted a wind-legal triple jump of 43-8.75 which would have won the event. Her long jump of 20-10.75 moved her into a 10th-place tie on USC's all-time list. Dominique Ruotolo was fourth in the triple jump with a mark of 43-6.50 which moved her to sixth on USC's all-time list. Elias Gerald won the men's high jump with clearance of 6-9.00/2.06m. Jasmine Jones had a time of 56.17 to take third in the women's 400m hurdles. Tade Ojora placed second in the 110m hurdles, first among collegians, with a wind-aided time of 13.35 (+3.0w). That time took over the early-season NCAA lead. Samirah Moody placed second in the women's 100m dash with a windy PR of 10.99 (+4.1w). Johnny Brackins Jr. placed second in the men's invite long jump with a best of 26-1.50 and JC Stevenson took third with a wind-aided PR of 26-0.75.

**TROJAN INVITATIONAL (April 7-8)** -- USC won 15 events at the Ron & Sharlene Alice Trojan Invitational held at the Colich Throws Center on April 7 and at Loker Stadium on April 8. Trojans winning events were Nikolas Polychroniu (M-HT), Karlee Freeman (W-DT), Caisja Chandler (W-100m), Christine M. Mallard (W-200m), Yemi John (W-400m), Janiah Brown (W-800m), Jalaysiya Smith (W-100m H), Jasmine Jones (W-400m H), Temi Ojora (W- LJ & TJ), W-4x100m, Johnny Brackins Jr. (M-200m), JC Stevenson (M-LJ), Dallas Wise (M-TJ), Elias Gerald (M-HJ). Chandler won the women's 100m dash with a Loker Stadium record of 10.99, followed closely by Samirah Moody who ran 11.02...the third and fourth-fastest times in school history.

**MT. SAC RELAYS (April 12-15)** -- USC had a strong Mt. SAC Relays, led by the impressive Elite heptathlon win by Allie Jones on April 12-13. Jones set the school record with 6217 points, clinching the victory with a win in the 800m race to close out the action. Her 6217 points rank third all-time by a Pac-12 female. Jones set 5 PRs and won 4 of the 7 events outright. Caisja Chandler won the women's Elite 200m race with a PR of 22.67, eighth-fastest in school history. Bobby Poynter placed second to Olympian Isaiah Jewett in the men's Elite 800m with a PR of 1:47.69. The men's 4x100m relay took second in the men's Elite section with a time of 39.18. Nikolaos Polychroniou placed second in the men's Collegiate/Open men's hammer throw with a best mark of 229-9 (70.03m). JC Stevenson took third in the men's Elite long jump competition with a PR of 26-1.00/7.95m (-1.4). His jump was tops by a collegian in the competition and moved him into ninth on USC's all-time outdoor long jump list. He also is currently tied for sixth on the NCAA descending order list. USC had three athletes place in the top 7 of the women's Elite 400m, all under 52.0 seconds.

**PAYTON JORDAN INVITATIONAL (April 21-22)** -- USC sent just six throwers to the Payton Jordan Invitational hosted by Stanford on April 21-22, but won three of the five events in which they were entered. Summer Mosley won the women's hammer throw with a mark of 187-10, Karlee Freeman the women's discus throw with a toss of 171-3 and Abbey Knoll the women's javelin throw with a PR of 135-3.

**USC-UCLA DUAL MEET (April 30)** -- USC split the annual Dual Meet with UCLA on April 30, with the women's team winning 88-75 and the men's team falling 88-70. Events won by the Trojan women were the 100m (Caisja Chandler), 200m (Caisja Chandler), 400m (Jan'Taijah Jones), 100m hurdles (Jalaysiya Smith), 400m hurdles (Maci Simmons), high jump (Temi Ojora), long jump (Temi Ojora) and triple jump (Temi Ojora). USC's women also won the 4x100m and 4x400m relay. USC men won the 100m (Chris Borzor), 200m (Ashton Allen), 400m (Johnnie Blockburger), 1500m (Bobby Poynter), 110m hurdles (Tade Ojora), high jump (Elias Gerald), long jump (JC Stevenson) and men's hammer throw (Nikolaos Polychroniou). USC's men's 4x100m relay team won and the 4x400m had their victory removed as both teams were disqualified for unsportsmanlike conduct. Polychroniou had the sixth-farthest hammer throw in school history of 238-1 and Poynter the third-fastest men's 1500m in school history of 3:42.75. Temi Ojora's winning triple jump PR of 44-11.75 bettered her third-place standing on USC's all-time list and broke the meet record which had stood since 1987 (Wendy Brown)>



# 2023 USC WOMEN'S OUTDOOR BESTS

Mark	Athlete	Place	Day	Event
<b>100M (USC: 10.89)</b>		<b>FR: 10.99)</b>		
10.99 (+1.1)-PR	Chandler	1	4/8	Trojan Invitational
10.99 (+4.1w)	Moody	2	4/1	Florida Relays
11.02 (+1.1)-PR	Moody	2	4/8	Trojan Invitational
11.42 (+4.1w)	Carter	7	4/1	Florida Relays
11.43 (+1.1)-PR	Carter	5	4/8	Trojan Invitational
11.56 (+1.1)-PR	Okonkwo	6	4/8	Trojan Invitational
11.75 (+1.1)	Cor-Nelson	9	4/8	Trojan Invitational

<b>200M (USC: 22.16)</b>		<b>FR: 22.65)</b>		
22.67 (+1.5)-PR	Chandler	1	4/15	Mt. SAC Relays Elite
22.93 (+0.8)-PR	Moody	1	3/25	Aztec Invitational
22.93 (+0.8)-PR	Mallard	2	3/25	Aztec Invitational
23.28 (+0.8)	Jan. Jones	4	3/25	Aztec Invitational
23.31 (+1.7)-PR	Carter	7	3/31	Florida Relays
23.35 (-0.4)-PR	Allie Jones	5	3/25	Aztec Invitational
23.46 (+0.1)	Harris	5	4/30	USC-UCLA Dual Meet
23.59 (+0.1)	Okonkwo	7	4/30	USC-UCLA Dual Meet
23.78 (+0.5)	Lear	12	3/25	Aztec Invitational
23.78 (+0.5)-PR	John	13	3/25	Aztec Invitational
24.09 (+2.6w)	Corrales Nelson	7	4/8	Trojan Invitational
24.27 (-0.4)	Corrales Nelson	19	3/25	Aztec Invitational
24.43 (-0.4)	Smith	22	3/25	Aztec Invitational

<b>400M (USC: 49.99)</b>		<b>FR: 51.33)</b>		
51.06-PR	Jones	3	4/15	Mt. SAC Relays Elite
51.69	Lear	4	4/1	Florida Relays
51.77	John	1	4/8	Trojan Invitational
52.25	Mallard	2	4/14	Mt. SAC Relays
52.82	Harris	7	4/14	Mt. SAC Relays
56.25	Maccagnini	7	4/8	Trojan Invitational

<b>800M (USC: 1:58.51)</b>		<b>FR: 2:04.16)</b>		
2:06.44	Maccagnini	14	4/1	Florida Relays
2:07.48	Brown	2	4/30	USC-UCLA Dual Meet
2:08.48-PR	Blockburger	3	4/30	USC-UCLA Dual Meet
2:10.70	Gallegos	5	4/30	USC-UCLA Dual Meet
2:13.03-PR	A.Jones	1	4/13	Mt. SAC Heptathlon

<b>1500M (USC: 4:12.05)</b>		<b>FR: 4:18.52)</b>		
4:22.30-PR	Maccagnini	2	3/25	Aztec Invitational
4:33.60-PR	Gallegos	8	4/14	Mt. SAC Relays
4:39.83-PR	Duarte	20	4/14	Mt. SAC Relays
4:42.79-PR	Lacamp	5	4/8	Trojan Invitational
4:44.09	Milovanovic	6	4/8	Trojan Invitational
4:49.88	Brown	27	3/25	Aztec Invitational
5:02.35	Gao	38	3/25	Aztec Invitational
5:15.67	Rodi	9	4/8	Trojan Invitational

<b>3000M (USC: 9:11.78)</b>		<b>FR: 9:33.29)</b>		
10:52.39	Duarte	3	4/8	Trojan Invitational
11:44.95	Gao	5	4/8	Trojan Invitational

<b>3000M SC (USC: 10.01.99)</b>		<b>FR: 10:03.73)</b>		
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<b>5000M (USC: 16.00.11)</b>		<b>FR: 16:36.66)</b>		
19:04.12	Gao	12	3/25	Aztec Invitational
19:12.35	Duarte	13	3/25	Aztec Invitational

Mark	Athlete	Place	Day	Event
<b>100M HH (USC: 12.48)</b>		<b>FR: 12.74)</b>		
13.07 (+1.5)	Smith	1	4/30	USC-UCLA Dual Meet
13.10 (+0.2)-PR	A.Jones	1	4/12	Mt. SAC Heptathlon
14.18 (+1.5)	B-Joseph	5	4/30	USC-UCLA Dual Meet
<b>400M IH (USC: 53.70)</b>		<b>FR: 55.14)</b>		
56.17-PR	Jas. Jones	3	3/31	Florida Relays
58.21-PR	Simmons	1	4/30	USC-UCLA Dual Meet
60.08	Bernard-Joseph	9	4/14	Mt. SAC Relays
60.36-PR	Smith	2	4/30	USC-UCLA Dual Meet

<b>LONG JUMP (USC: 21-11.00/6.68M)</b>		<b>FR: 21-5.25)</b>		
20-10.75/6.37 (+1.7)-PR	Ojora	1	3/31	Florida Relays
20-5.25/6.23 (+3.5w)	A.Jones	1	4/13	Mt. SAC Heptathlon
20-2.50/6.16 (+1.6)	Ruotolo	2	3/31	Florida Relays
20-0.50/6.11 (+1.0)-PR	A.Jones	1	4/13	Mt. SAC Heptathlon
19-11.75/6.09 (+0.5)-PR	Reed	2	4/30	USC-UCLA Dual Meet
18-9.25/5.72 (+0.8)	Foreman	4	4/8	Trojan Invitational

<b>TRIPLE JUMP (USC: 45-5.25/13.85M)</b>		<b>FR: 44-8.25)</b>		
44-11.75/13.71 (+1.3)-PR	Ojora	1	4/30	USC-UCLA Dual Meet
43-6.50/13.27 (+1.5)	Ruotolo	4	4/1	Florida Relays
41-2.50/12.66 (+0.0)-PR	Reed	4	4/8	Trojan Invitational
39-9.75/12.13 (+0.3)	Foreman	5	4/8	Trojan Invitational

<b>HIGH JUMP (USC: 6-2.00/1.88M)</b>		<b>FR: 6-2.00)</b>		
5-8.75/1.75	Ojora	1	4/30	USC-UCLA Dual Meet
5-8.50/1.74-PR	A.Jones	T-2	4/12	Mt. SAC Heptathlon

<b>SHOT PUT (USC: 57-7.75/17.57M)</b>		<b>FR: 53-3.50)</b>		
53-11.00/16.43-PR	Freeman	2	4/30	USC-UCLA Dual Meet
45-2.25/13.77-PR	Mosley	4	4/30	USC-UCLA Dual Meet
42-10.25/13.06-PR	A.Jones	5	4/12	Mt. SAC Heptathlon

<b>DISCUS (USC: 200-5/61.10M)</b>		<b>FR: 179-5)</b>		
174-8 (53.24)	Freeman	1	4/7	Trojan Invitational
158-11 (48.45)	Mosley	2	4/7	Trojan Invitational

<b>JAVELIN (USC: 186-10/56.95M)</b>		<b>FR: 173-11)</b>		
142-9/43.53-PR	Elgersma	6	3/25	Aztec Invitational
136-2/41.51-PR	Knoll	4	4/30	USC-UCLA Dual Meet
131-4/40.04-PR	Doherty	27	4/14	Mt. SAC Relays
130-10/39.88	Freeman	5	4/30	USC-UCLA Dual Meet
130-0/39.62-PR	A.Jones	14	3/25	Aztec Invitational

<b>HAMMER (USC: 230-3/70.18M)</b>		<b>FR: 226-8)</b>		
193-7 (59.00)-PR	Mosley	3	3/24	Aztec Invitational
175-10 (53.60)	Freeman	2	4/7	Trojan Invitational

<b>POLE VAULT (USC: 14-0.00/4.27M)</b>		<b>FR: 13-7.25)</b>		
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<b>HEPTATHLON (USC: 6217 POINTS)</b>		<b>FR: 5,582)</b>		
6217-SR	A. Jones	1	4/11-12	Mt. SAC Heptathlon

<b>4X100M (USC: 42.21)</b>				
43.13		1	4/30	USC-UCLA Dual Meet
(Chandler, Moody, Harris, Carter)				

<b>4X400M (USC: 3:23.35)</b>				
3:26.96		2	4/8	Trojan Invitational
(Mallard, Chandler, Lear, Jan'Taijah Jones)				

# 2023 USC MEN'S OUTDOOR BESTS

**Mark Athlete Place Day Event**

## **100M (USC: 9.92 FR: 10.17)**

10.27 (+0.2)-PR	Borzor	1	4/30	USC-UCLA Dual Meet
10.37 (+0.2)	Ash. Allen	2	4/30	USC-UCLA Dual Meet
10.39 (+0.2)-PR	Brock	3	4/30	USC-UCLA Dual Meet
10.42 (+0.2)	Stewart	5	4/30	USC-UCLA Dual Meet
10.66 (+1.8)-PR	Stevenson	7	4/8	Trojan Invitational
10.67 (+0.6)-PR	Okonkwo	14	3/25	Aztec Invitational

## **200M (USC: 19.84 FR: 20.24)**

20.62 (+2.6w)	Ash. Allen	7	4/15	Mt. SAC Relays Elite
20.81 (+0.0)-PR	Okonkwo	2	3/25	Aztec Invitational
20.82 (+0.0)-PR	Braun	3	3/25	Aztec Invitational
20.87 (+1.3)	Ash. Allen	12	3/31	Florida Relays
20.90 (+0.8)-PR	Brock	2	4/30	USC-UCLA Dual Meet
20.91 (+1.3)	Borzor	13	3/31	Florida Relays
21.10 (+2.0)-PR	Brackins Jr.	1	4/8	Trojan Invitational
21.13 (+0.0)	Blockburger	7	3/25	Aztec Invitational
21.27 (+2.0)-PR	Phillippy	3	4/8	Trojan Invitational
21.41 (+0.0)	W.Jones	9	3/25	Aztec Invitational
22.04 (+1.2)	Knox	11	4/8	Trojan Invitational
22.51 (+0.0)	Mixon	35	3/25	Aztec Invitational

## **400M (USC: 43.50 FR: 44.60)**

45.68	Blockburger	1	4/30	USC-UCLA Dual Meet
46.06-PR	W.Jones	2	4.30	USC-UCLA Dual Meet
46.59	Phillippy	2	3/25	Aztec Invitational
49.96	Poynter	10	4/8	Trojan Invitational

## **800M (USC: 1:43.85 FR: 1:47.1)**

1:47.69-PR	Poynter	2	4/15	Mt. SAC Relays Elite
1:49.78	Jeffreson	2	4/8	Trojan Invitational
1:51.54	Ligas	5	4/8	Trojan Invitational
1:54.60-PR	Arriola	6	4/30	USC-UCLA Dual Meet
1:56.12	W.Jones	48	4/1	Florida Relays

## **1500M (USC: 3:39.5 FR: 3:45.85)**

3:42.74-PR	Poynter	1	4/30	USC-UCLA Dual Meet
3:54.14	Ligas	24	4/14	Mt. SAC Relays
3:55.92	Arriola	11	3/25	Aztec Invitational
3:58.92	Fierro	6	4/8	Trojan Invitational
4:01.50	Mainvielle	7	4/8	Trojan Invitational
4:05.44	Jeffreson	23	3/25	Aztec Invitational
4:07.28	Gatua	24	3/25	Aztec Invitational

## **3000M (USC: --- )**

8:49.44	Gatua	3	4/8	Trojan Invitational
8:57.00	Fierro	7	4/30	USC-UCLA Dual Meet
9:13.53	Mainvielle	4	4/8	Trojan Invitational

## **3000M SC (USC: 8:52.1 FR: 9:04.8)**

9:27.56-PR	Fierro	3	4/30	USC-UCLA Dual Meet
9:52.00	Ligas	4	3/25	Aztec Invitational

## **5000M (USC: 14:02.6 FR: 14:19.18)**

15:11.41	Fierro	3	3/25	Aztec Invitational
15:13.84-PR	Gatua	22	4/14	Mt. SAC Relays

## **110M HH (USC: 13:32 FR: 13:68)**

13.35 (+3.0w)	Ojora	2	4/1	Florida Relays
13.44 (+2.1w)	Brackins Jr.	4	4/15	Mt. SAC Relays Elite
13.65 (+0.2)	Ojora	1	4/30	USC-UCLA Dual Meet
13.70 (+1.2)	Brackins Jr.	4-p	4/1	Florida Relays

**Mark Athlete Place Day Event**

## **400M IH (USC: 47:02 FR: 49:46)**

55.36	Ojora	3	4/30	USC-UCLA Dual Meet
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## **LONG JUMP (USC: 27-4.25/8.33m FR: 27-4.25)**

26-1.50/7.96 (+1.3)	Brackins Jr.	2	3/31	Florida Relays-Invite
26-1.00/7.95 (-1.4)-PR	Stevenson	3	4/15	Mt. Sac Relays Elite
23-5.50/7.15 (+1.3)	Wise	2	4/8	Trojan Invitational

## **TRIPLE JUMP (USC: 56-4.00/17.17m FR: 53-9)**

50-9.25/15.47 (+1.5)-PR	Wise	1	4/8	Trojan Invitational
49-3.50/15.02 (+1.6)-PR	Stevenson	2	4/30	USC-UCLA Dual Meet

## **HIGH JUMP (USC: 7-7.25/2.32m FR: 7-4.50)**

6-10.75/2.10	Gerald	1	4/8	Trojan Invitational
6-8.75/2.05	Wise	4	3/25	Aztec Invitational

## **SHOT PUT (USC: 68-1.50/20.76m FR: 64-1.00)**

49-5.75/15.08	Johnson	3	4/30	USC-UCLA Dual Meet
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## **DISCUS (USC: 206-0/62.78m FR: 192-8)**

## **JAVELIN (USC: 272-2/82.97m FR: 247-5)**

145-10/44.47	Lange	14	3/25	Aztec Invitational
138-3/42.15	Johnson	3	4/30	USC-UCLA Dual Meet

## **HAMMER (USC: 271-1/82.62m FR: 253-2)**

238-1/72.58-PR	Polychroniou	1	4/30	USC-UCLA Dual Meet
226-5/69.01-PR	Johnson	6	4/7	Trojan Invitational
183-4/55.89-PR	Mitchell	7	4/7	Trojan Invitational

## **POLE VAULT (USC: 18-6.50/5.65m FR: 17-6)**

## **DECATHLON (USC: 8,130 POINTS FR: 8,130)**

## **4X100M (USC: 38.49)**

39.18	2	4/15	Mt. SAC Relays
(Brackins Jr., Allen, Borzor, Blockburger)			

## **4X400M (USC: 2:59.00)**

3:04.97	4	4/1	Florida Relays
(Ash.Allen, W.Jones, Phillippy, Borzor)			



# ALL-TIME WOMEN'S PERFORMERS

## WOMEN'S OLYMPIC EVENTS

### 100 METERS

1.	Twanisha Terry	10.89	5/29/21
2.	Celera Barnes	10.94	6/24/22
3.	<b>Caisja Chandler</b>	<b>10.99</b>	<b>4/8/23</b>
4.	<b>Samirah Moody</b>	<b>11.02</b>	<b>4/8/23</b>
5.	Angela Williams	11.04	6/5/99
6.	Angie Annelus	11.06	6/6/19
7.	Natasha Mayers	11.09	4/19/03
8.	Torri Edwards	11.10n	6/4/99
	Virginia Powell	11.10	5/14/06
10.	Inger Miller	11.11	4/7/93

### 200 METERS

1.	Angie Annelus	22.16	6/8/19
2.	Carol Rodriguez	22.23	5/27/06
3.	Inger Miller	22.33	4/17/93
4.	Deanna Hill	22.41	5/14/17
5.	Tynia Gaither	22.54	6/11/16
	Twanisha Terry	22.54	5/29/21
7.	Lanae-Tava Thomas	22.65	6/6/19
8.	<b>Caisja Chandler</b>	<b>22.67</b>	<b>4/15/23</b>
9.	Kinshasa Davis	22.69	4/16/00
10.	Kendall Ellis	22.71	5/12/18

### 400 METERS

1.	Kendall Ellis	49.99	5/13/18
2.	Kaelin Roberts	50.82	5/29/21
3.	Kyra Constantine	50.87	6/12/21
4.	Jaide Stepter	50.91	3/26/16
5.	Nicole Yeargin	50.96	6/10/21
6.	<b>Bailey Lear</b>	<b>51.02</b>	<b>6/10/21</b>
7.	<b>Jan'Taijah Jones</b>	<b>51.06</b>	<b>4/15/23</b>
8.	Carol Rodriguez	51.39	5/3/08
9.	Vanessa Jones	51.50	5/17/15
10.	Cameron Pettigrew	51.61	5/14/17

### 800 METERS

1.	Brigita Langerholc	1:58.51	9/25/00
2.	Michelle Taylor	2:00.01	7/19/89
3.	Lesley Noll	2:03.30	4/8/88
4.	Grazyna Penc	2:03.82n	4/5/97
5.	Anna Lopaciuch	2:04.07	6/27/98
6.	Aleksandra Deren	2:04.18	4/26/01
7.	Donna Curtis	2:04.58	5/29/85
8.	Alyssa Brewer	2:04.93	3/23/19
9.	Jemima Russell	2:04.95	5/24/19
10.	Mikaela Smith	2:05.17	4/30/17

### 1,500 METERS

1.	Grazyna Penc	4:12.05n	4/20/97
2.	Iryna Vashchuk	4:12.79	5/29/04
3.	Anna Lopaciuch	4:16.49n	4/4/98
4.	Lesley Noll	4:17.25	4/30/89
5.	Emebet Shiferaw	4:20.75	5/4/96
6.	Aleksandra Deren	4:20.84	5/5/01
7.	Kristie Johnston	4:21.84n	5/3/97
8.	Shannon Clark	4:22.06	4/11/87
9.	<b>Gigi Maccagnini</b>	<b>4:22.30</b>	<b>3/25/23</b>
10.	Elise Lyon	4:22.75	5/23/86

### 3,000 METERS

1.	Emebet Shiferaw	9:11.78n	6/6/97
2.	Anna Lopaciuch	9:23.44n	5/2/98
3.	Zsafia Erdelyi	9:27.96	3/20/04
4.	Iryna Vashchuk	9:31.14	3/20/04
5.	Lucyna Ligaj	9:38.07	3/3/01
6.	Shannon Clark	9:41.41	4/17/87
7.	Sarah Cocco	9:42.68	3/1/08
8.	Katerina Berdousi	9:45.42	3/22/13
9.	Elise Lyon	9:48.69	4/17/87
10.	Beth Van Alstine	9:49.07	3/20/04

### 3,000m Steeplechase

1.	Zsafia Erdelyi	10:01.99	5/30/09
2.	Julia Budniak	10:14.51	6/12/04
3.	Kira Soderstrom	10:34.18	4/16/15
4.	Katerina Berdousi	10:42.40	5/14/16
5.	Jenna Tong	10:42.91	4/5/14
6.	Laura Meyers	10:49.95	4/5/08
7.	Natalia Kovtun	11:04.35	4/28/07
8.	Kristen Berglas	11:06.70	4/30/05
9.	Katherine Ellis	11:07.26	5/2/09
10.	Brooke Thomas	11:07.63	4/21/01

### 5,000 METERS

1.	Zsafia Erdelyi	16:00.11	4/15/11
2.	Emebet Shiferaw	16:16.27	5/18/96
3.	Ariel Wright	16:23.66	3/25/11
4.	Iryna Vashchuk	16:28.71	3/25/05
5.	Julia Budniak	16:42.65	4/18/04
6.	Brooke Thomas	16:53.82	3/29/03
7.	Katerina Berdousi	17:04.41	5/15/16
8.	Julie Seleine	17:18.81	3/21/87
9.	Kathleen Moloney	17:29.33	3/6/10
10.	Shea Wickland	17:34.99	4/4/09

### 10000 METERS

1.	Zsafia Erdelyi	33:18.75	3/26/10
2.	Beth Van Alstine	34:29.62	3/27/04
3.	Kate Neeper	36:09.24	4/17/04
4.	Shea Wickland	36:16.00	3/7/09
5.	Dina Kitayama	36:38.60	4/14/11
6.	Zara Lukens	37:11.02	4/14/11

### 100-METER HURDLES

1.	Virginia Powell	12.48	6/9/06
2.	Chanel Brissett	12.52	6/8/19
3.	Anna Cockrell	12.54	6/10/21
4.	<b>Jasmine Jones</b>	<b>12.66</b>	<b>6/11/22</b>
5.	Nia Ali	12.73	6/25/11
6.	Dior Hall	12.74	6/13/15
7.	Candice Davis	12.90	6/8/07
8.	Mecca McGlaston	12.98	6/7/18
9.	<b>Jalaysiya Smith</b>	<b>13.05</b>	<b>6/9/22</b>
10.	Lauren Blackburn	13.06	5/14/11

### 400-METER HURDLES

1.	Anna Cockrell	53.70	6/27/21
2.	Natasha Danvers	54.95	9/25/00
	Jaide Stepter	54.95	7/10/16
4.	Amalie Iuel	55.38	4/8/17
5.	Leslie Maxie	55.79	6/6/87
6.	Dalilah Muhammad	56.04	6/8/11
7.	<b>Jasmine Jones</b>	<b>56.17</b>	<b>3/31/23</b>
8.	Michelle DeCoux	57.05	4/4/92
9.	Natasha Neal	57.16	5/5/01
10.	<b>Breanna Bernard-Joseph</b>	<b>57.44</b>	<b>5/29/21</b>

### LONG JUMP

1.	Yvette Bates	21-11 (6.68)	7/23/88
2.	Wendy Brown	21-7 1/2 (6.59)	7/19/88
3.	Sabrina Williams	21-6 (6.55)	1985
4.	Morgan Smalls	21-5 1/4 (6.53)	5/15/21
5.	Courtney Corrin	21-2 1/2 (6.46)	4/21/18
6.	Madisen Richards	21-0 3/4 (6.42)	6/7/18
7.	Pamela Simpson	21-0 (6.40)	6/2/99
8.	Tatyana Obukhova	20-11 3/4 (6.39)	4/13/02
9.	Lanae-Tava Thomas	20-11 1/4 (6.38)	3/20/21
10.	Margaux Jones	20-10 3/4 (6.37)	6/25/16
	<b>Temí Ojora</b>	<b>20-10 3/4 (6.37)</b>	<b>3/31/23</b>

### HIGH JUMP

1.	Emelie Fardigh	6-2 (1.88)	3/22/97
2.	Nia Ali	6-1 1/4 (1.86)	5/14/11
3.	Wendy Brown	6-1 (1.85)	8/27/88
4.	Spring Harris	6-0 1/2 (1.84)	3/22/03
	Amalie Iuel	6-0 1/2 (1.84)	5/7/16
	Morgan Smalls	6-0 1/2 (1.84)	6/12/21
7.	Crissy Mills	6-0 (1.83)	6/2/93
8.	Debra Larsen	5-11 3/4 (1.82)	6/24/83
9.	Natasha Danvers	5-11 1/2 (1.82)	5/24/98
	Tanya Smith	5-11 1/2 (1.82)	3/9/96

### TRIPLE JUMP

1.	Wendy Brown	45-5 1/4 (13.85)	6/17/88
2.	Yvette Bates	45-3 1/2 (13.79)	6/4/87
3.	<b>Temí Ojora</b>	<b>44-11 3/4 (13.71)</b>	<b>4/30/23</b>
4.	Michelle Sanford	43-9 1/4 (13.34)	5/15/04
5.	Alitta Boyd	43-8 3/4 (13.33)	5/25/13
6.	<b>Dominique Ruotolo</b>	<b>43-6 1/2 (13.27)</b>	<b>4/1/23</b>
7.	Melia Cox	43-3 1/4 (13.19)	6/7/13
8.	Tatyana Obukhova	43-2 1/4 (13.16)	4/22/01
9.	Isabella Marten	43-0 1/4 (13.11)	4/19/19
10.	Ekene Anene	42-10 1/4 (13.06)	5/29/10

### SHOT PUT

1.	Breana Jemison	57-7 3/4 (17.57)	3/31/18
2.	Karen Freberg	57-7 1/2 (17.56)	4/29/06
3.	Brittany Mann	57-4 3/4 (17.49)	6/8/17
4.	L'Orangerie Crawford	56-3 1/4 (17.15)	5/14/04
5.	Diana Clements	55-8 1/4 (16.97)	2/21/86
6.	Tanya Sapa	55-7 3/4 (16.96)	5/1/16
7.	Cynthia Ademiluyi	55-0 1/4 (16.77)	5/31/00
8.	<b>Karlee Freeman</b>	<b>53-11 (16.43)</b>	<b>4/30/23</b>
9.	Tara Novy	53-0 (16.15)	5/1/16
10.	Cerenity Young	51-2 1/4 (15.60)	4/6/02

### DISCUS THROW

1.	Tera Novy	200-5 (61.10)	4/14/16
2.	Alexandra Collatz	189-8 (57.82)	4/16/15
3.	Kate Hutchinson	189-5 (57.73)	5/6/06
4.	<b>Karlee Freeman</b>	<b>185-8 (56.61)</b>	<b>4/8/22</b>
5.	Cynthia Ademiluyi	177-10 (54.20)	2/23/02
6.	Claudia Paris	176-11 (53.92)	3/5/88
7.	Cindy Johnson	173-11 (53.00)	6/4/83
8.	<b>Summer Mosley</b>	<b>169-2 (51.58)</b>	<b>4/8/22</b>
9.	Lauren Guerrier	168-6 (51.37)	5/1/10
10.	Carrie Martin	168-6 (51.36)	4/20/96

### JAVELIN THROW (1999 Implement)

1.	Inga Stasiulionyte	186-10 (56.95)	5/18/02
2.	Kristine Busa	179-1 (54.58)	7/18/09
3.	Leslie Erickson	168-11 (51.48)	5/4/02
4.	Andrea McBride	161-7 (49.25)	4/30/05
5.	Marissa Minderler	157-3 (47.92)	4/2/10

### JAVELIN THROW (old implement)

1.	Sherry Calvert	192-0 (58.52)	5/12/72
2.	Ashley Selman	187-9 (57.22)	6/17/89
3.	Diana Clements	168-8 (51.42)	5/22/87
4.	Nicole Haynes	158-10 (48.42)	5/20/94
5.	Wendy Brown	158-6 (48.32)	4/30/88

### HAMMER THROW

1.	Eva Orban	230-3 (70.18)	3/15/08
2.	Jenny Ozorai	223-4 (68.08)	3/9/12
3.	Marissa Minderler	220-11 (67.35)	5/12/12
4.	Juliana Tudja	218-9 (66.69)	6/14/03
5.	Joy McArthur	218-6 (66.61)	4/30/22
6.	L'Orangerie Crawford	209-8 (63.91)	3/8/03
7.	Jade Niemeyer	208-0 (63.40)	5/26/12
8.	Lauren Chambers	206-5 (62.93)	4/16/10
9.	Jennifer Vail	204-3 (62.26)	5/21/00
10.	Julia Rozenfeld	203-1 (61.90)	3/12/05

### HEPTATHLON

1.	<b>Allie Jones</b>	<b>6,217</b>	<b>4/13/23</b>
2.	Wendy Brown	6,079	7/16/88
3.	Amalie Iuel	6,011	5/8/16
4.	Nia Ali	5,824	5/10/09
5.	Nicole Haynes	5,786	5/12/96
6.	Lyndsey Lopes	5,719	5/6/18
7.	Kerry Zwart-Bell	5,550	6/1/82
8.	Shana Woods	5,507	6/8/07
9.	Sharon Hatfield	5,410	4/19/86
10.	Tanya Smith	5,345	5/26/93

### POLE VAULT

1.	Bryson Stately	14-0 (4.27)	5/1/10
2.	Melissa Astete	12-11 1/2 (3.95)	5/15/05
	Brittani Bernhard	12-11 1/2 (3.95)	4/15/05
4.	Shannon Lewallen	12-5 1/2 (3.80)	3/26/05
	Chun Mei Nickles	12-5 1/2 (3.80)	4/21/07
	Felicia Horvath	12-5 1/2 (3.80)	3/26/16
7.	Thea Weiss	12-4 1/2 (3.77)	5/4/13
8.	Ariel Hayward	12-2 3/4 (3.73)	3/2/13
9.	Sonya Negriff	12-1 1/2 (3.70)	4/26/02
	Kenisha Strong	12-1 1/2 (3.70)	4/4/09

### PENTATHLON

1.	Kerry Zwart-Bell	3,801	3/30/80
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### 400-METER RELAY

1.	Brissett, Annelus, Thomas, Terry	42.21	6/8/19
2.	McGlaston, Annelus, Thomas, Terry	42.44	5/11/19
3.	Annelus, Ellis, Hill, Terry	42.57	4/21/18
4.	Yeargin, Annelus, Thomas, Terry	42.63	5/2/21
4.	<b>Jasmine Jones</b> , Annelus, Thomas, Terry	42.63	5/29/21
6.	Hill, Annelus, Thomas, Terry	42.77	4/28/19
7.	Brown, Hill, Faulknor, Gaither	42.90	6/11/16
8.	Powell, Onyepunuka, Davis, Rodriguez	42.96	6/9/06
9.	Laarman, Davis, Faulknor, Gaither	43.00	6/14/14
10.	Hill, Westbrook, Faulknor, Gaither	43.10	5/17/15

### 1,600-METER RELAY

1.	Pettigrew, Iuel, Hill, Ellis	3:23.35	6/10/17
2.	<b>Lear</b> , Yeargin, Roberts, Constantine	<b>3:24.54</b>	<b>6/12/21</b>
3.	Pettigrew, Iuel, Cockrell, Ellis	3:26.09	5/27/17
4.	Ellis, Iuel, Pettigrew, Stepter	3:26.73	5/28/16
5.	<b>Mallard, Chandler, Lear, Jan'Taijah Jones</b>	<b>3:26.96</b>	<b>4/8/23</b>
6.	Constantine, Cockrell, Hill, Ellis	3:27.06	6/9/18
7.	Pettigrew, Iuel, Constantine, Ellis	3:27.64	6/8/17
8.	Stepter, Iuel, Ellis, Jones	3:27.86	5/30/15
9.	Danvers, Edmonson, Langerholc, Davis	3:28.08	6/5/99
10.	<b>Lear</b> , Yeargin, Harris, Constantine	3:28.08	6/10/21

# USC MEN'S TOP 10 PERFORMERS

## MEN'S OLYMPIC EVENTS

### 100 METERS

1. Andre De Grasse.....	9.92	8/23/15
2. BeeJay Lee.....	9.99	6/25/15
<b>Davonte Burnett.....</b>	<b>9.99</b>	<b>4/16/22</b>
4. James Sanford.....	10.02	5/11/80
5. Lennox Miller.....	10.04	10/14/68
6. Aaron Brown.....	10.05	6/5/13
7. Clancy Edwards.....	10.07	6/2/78
8. Darwin Cook.....	10.10	5/18/85
Ahmad Rashad.....	10.10	6/12/09
10. Just'N Thymes.....	10.14	3/31/17

### 200 METERS

1. Michael Norman.....	19.84	6/30/18
2. Andre De Grasse.....	19.88	7/24/15
3. James Sanford.....	19.94+	4/19/80
4. Rai Benjamin.....	19.99	6/30/18
5. Clancy Edwards.....	20.03	4/29/78
6. BeeJay Lee.....	20.11	6/28/15
7. Aaron Brown.....	20.16	5/31/14
8. Bryshon Nellum.....	20.23	5/12/13
<b>9. Davonte Burnett.....</b>	<b>20.28</b>	<b>5/1/22</b>
10. Darwin Cook.....	20.33	5/18/85

### 400 METERS

1. Quincy Watts.....	43.50	8/5/92
2. Michael Norman.....	43.61	6/8/18
3. Jerome Davis.....	44.51	8/1/99
4. Lionel Larry.....	44.63	6/14/08
5. Bryshon Nellum.....	44.73	6/7/13
6. Rai Benjamin.....	44.74	4/21/18
7. Josh Mance.....	44.83	6/6/12
8. Billy Mullins.....	44.84	5/11/80
9. Ken Randle.....	44.99	6/4/76
10. Joey Hughes.....	45.05	5/14/11

### 800 METERS

1. Isaiah Jewett.....	1:43.85	6/21/21
2. Ibrahim Okash.....	1:44.92	6/19/88
3. Duane Solomon.....	1:45.69	6/24/07
4. Robert Ford.....	1:46.43	6/21/18
5. Lloyd Johnson.....	1:46.5en	7/4/77
Rayfield Beaton.....	1:46.5e	4/29/78
Mark Handelsman.....	1:46.5en	7/14/82
8. David Omwansa.....	1:46.8n	6/2/79
Joey Bunch.....	1:46.8	4/19/86
10. Irek Sekretarski.....	1:47.11	6/11/09

### 1,500 METERS

1. David Omwansa.....	3:39.5en	5/20/78
2. Ibrahim Okash.....	3:40.8e	7/5/88
<b>3. Bobby Poynter.....</b>	<b>3:42.75</b>	<b>4/30/23</b>
4. Blake Shaw.....	3:43.08	4/15/11
5. Tomasz Babiszkiewicz.....	3:43.41	4/15/05
6. George Gleason.....	3:44.15	5/14/21
7. Ray Griffin.....	3:45.54	5/6/89
8. Irek Sekretarski.....	3:45.60	5/2/09
9. Rayfield Beaton.....	3:46.2	5/1/76
10. Dan Aldridge.....	3:47.7n	5/14/77

### 5,000 METERS

1. Ole Oleson.....	14:02.6	3/23/68
2. Max Truex.....	14:04.2	5/31/57
3. George Gleason.....	14:12.16	5/16/21
4. Fredson Mayiek.....	14:19.18	5/24/86
5. John Carley.....	14:23.60	3/5/11
6. Ray Griffin.....	14:24.66	4/1/89
7. Roman Gomez.....	14:28.74n	5/2/87
8. Blake Shaw.....	14:30.60	3/10/12
9. Ryan Holman.....	14:31.9n	4/4/81
10. Nicolaus Jakowec.....	14:33.10	4/19/19

### 10,000 METERS

1. Fredson Mayiek.....	29:42.7n	5/21/88
2. Mitch Sloan.....	30:15.1	4/21/90
3. Adolfo Garcia.....	30:30.3n	5/21/88
4. Ted Price.....	30:31.10	3/25/11
5. Max Truex.....	30:52.0	6/22/56

### 110-METER HIGH HURDLES

1. Aleec Harris.....	13.14	7/27/14
2. Oscar Spurlock.....	13.33	4/16/11
Mark Crear.....	13.33	8/14/92
4. Ryan Wilson.....	13.35	6/14/03
<b>5. Tade Ojora.....</b>	<b>13.38</b>	<b>6/26/21</b>
6. Brendan Ames.....	13.39	5/13/11
7. Robert Reading.....	13.42	6/2/89
8. Earl McCullough.....	13.44	7/16/67
Tonie Campbell.....	13.44n	8/28/81
10. Milan Stewart.....	13.46n	4/25/82

### 400-METER INTERMEDIATE HURDLES

1. Rai Benjamin.....	47.02	6/8/18
2. Felix Sanchez.....	48.33	6/28/00
3. Tom Andrews.....	48.55	6/12/76
4. Reggie Wyatt.....	48.58	6/7/13
5. Cameron Samuel.....	48.68	6/11/21
6. Pedro Rodrigues.....	48.82	8/20/95
7. Geoff Vanderstock.....	48.94+	9/11/68
8. George Porter.....	49.19n	6/3/89
9. Rich Graybehl.....	49.31n	6/3/78
10. Ryan Wilson.....	49.33	5/18/03

### 3,000 METER STEEPLECHASE

1. Henry Perez.....	8:52.1e	4/29/78
2. Romney Mawhorter.....	8:52.5n	5/2/87
3. Fredson Mayiek.....	9:00.42	4/29/89
4. Curtis Jones.....	9:01.0	4/11/70
5. Dreux Valenti.....	9:04.1	4/8/89
6. Rich Dyer.....	9:07.4	4/18/70
7. Roman Gomez.....	9:09.4	1987
8. Adrian Rafiee.....	9:16.31	5/1/11
9. Mitch Libby.....	9:17.70	4/28/19
10. Andrew Knutsen.....	9:19.09	5/5/01

### LONG JUMP

1. Randy Williams.....	27-4 1/4 (8.33)	9/9/72
2. Dietmar Haaf.....	27-0 3/4 (8.25)	8/30/90
3. Larry Doubly.....	26-11 3/4 (8.22)	5/3/77
4. Henry Hines.....	26-8 1/2 (8.14)	5/8/71
<b>5. Johnny Brackins.....</b>	<b>26-4.25 (8.03)</b>	<b>6/24/22</b>
6. Allen Simms.....	26-3 3/4 (8.02)	3/1/03
7. Ed Tave.....	26-1 3/4 (7.97)	3/31/84
8. Gerald Hardeman.....	26-1 1/4 (7.96)	3/31/74
<b>9. JC Stevenson.....</b>	<b>26-1 (7.95)</b>	<b>4/15/23</b>
10. Wellesley Clayton.....	26-0 (7.92)	4/3/65

### TRIPLE JUMP

1. Allen Simms.....	56-4 (17.17)	4/28/03
2. Julien Kapek.....	56-2 (17.12)	6/14/03
3. Jordan Scott.....	55-7 3/4 (16.96)	4/3/21
4. Eric Sloan.....	55-6 1/4 (16.92)	5/27/17
5. Tom Cochee.....	54-4 1/2n (16.57)	5/10/75
6. Djekie Mambo.....	54-4 (16.56)	3/17/01
7. Ed Washington.....	53-9 (16.38)	3/16/74
Don Bryson.....	53-9n (16.38)	5/3/75
9. Kenny Hays.....	53-3 1/4 (16.23)	5/3/80
10. Kedjeloba Mambo.....	53-0 1/4 (16.16)	4/19/98

### POLE VAULT

1. Dennis Kholev.....	18-6 1/2 (5.65)	5/30/00
2. Dave Kenworthy.....	18-2 3/4 (5.55)	7/24/82
3. Russ Rogers.....	18-1 1/2 (5.52)	3/27/76
4. Steve Klassen.....	18-0 1/2 (5.50)	4/19/86
Eric White.....	18-0 1/2 (5.50)	5/2/87
Brandon Estrada.....	18-0 1/2 (5.50)	3/6/10
7. Jeff Ryan.....	17-10 1/2 (5.45)	5/17/03
8. Bob Seagren.....	17-9 (5.41)	9/12/68
9. Paul Wilson.....	17-7 3/4 (5.37)	6/23/67
10. David Grijalva.....	17-7 1/4 (5.37)	5/18/02

### HIGH JUMP

1. Jesse Williams.....	7-7 1/4 (2.32)	6/9/06
2. Earnest Sears III.....	7-6 1/2 (2.30)	4/16/22
3. David Jaworski.....	7-5 3/4 (2.28)	6/14/03
4. Manjula Wijesekara.....	7-5 1/4 (2.27)	9/4/05
5. Anthony Caire.....	7-4 1/2 (2.25)	5/28/84
Randall Cunningham.....	7-4 1/2 (2.25)	6/10/16
7. Dean Owens.....	7-2 1/4 (2.19)	4/7/73
8. Dennis Smith.....	7-2n (2.18)	5/24/80
9. Tyler Ruiz.....	7-1 1/2 (2.17)	5/12/13
10. Tim Walker.....	7-1 1/4 (2.16)	5/14/77

### SHOT PUT

1. Matthew Katnik.....	68-1 1/2 (20.76)	5/2/21
2. Noah Bryant.....	67-5 1/2 (20.56m)	4/28/07
3. Doug Lane.....	66-11 1/4 (20.40)	5/19/72
4. McKay Johnson.....	66-2 1/2 (20.18)	5/2/21
5. Hank Kraychir.....	66-0 1/2 (20.13)	6/4/83
6. Dallas Long.....	65-10 1/2 (20.08)	5/18/62
7. Dave Murphy.....	64-3 (19.58)	5/15/70
8. Nick Ponzio.....	64-1 (19.53)	6/10/15
9. William Denbo.....	63-7 1/2 (19.39m)	5/12/07
10. Mike Budincich.....	63-5 3/4 (19.34)	5/1/76

### DECATHLON

1. Ayden Owens.....	8,130	4/17-18/19
2. Mike Gonzales.....	8,022	6/21-22/84
3. Viktor Fajoyomi.....	7,712	6/11-12/14
4. Jim Stewart.....	7,709	5/11-12/28
5. Bo Sterner.....	7,667	6/4-5/74
6. Daniel Haag.....	7,623	3/14-15/98
Bob Coffman.....	7,623	6/4-5/74
8. Shelton Davis.....	7,290	5/10-11/03
9. Russell Silvers.....	7,254	5/11-5/12/02
10. Darren Hall.....	7,173	5/20-21/83

### DISCUS

1. Gary Carlsen.....	206-0 (62.78)	6/4/67
2. Hank Kraychir.....	203-8 (62.08)	4/9/83
3. Bernd Kneissler.....	202-11 (61.84)	5/24/86
4. Ralph Fruguglietti.....	202-0 (61.58)	6/5/76
5. Rink Babka.....	198-10 (60.60)	3/22/58
Joe Antunovich.....	198-10 (60.60)	5/8/71
7. Aaron Dan.....	198-5 (60.48m)	3/13/10
8. Darrell Elder.....	195-2 (59.48)	4/16/77
9. Gary Kirchoff.....	194-7 (59.32)	5/1/93
10. Gordon Hovey.....	193-2 (58.88)	3/28/98

### JAVELIN

(1986 IMPLEMENT)

1. Corey White.....	272-2 (82.97)	4/4/09
2. Cooper Thompson.....	253-3 (77.19)	5/15/10
3. Nils Fearnley.....	244-8 (74.58)	5/20/95
4. Henrik Kjaereng.....	227-0n (69.20)	5/3/97
5. Jeffrey Churchman.....	219-4 (66.85)	5/17/14
6. Matt Gee.....	213-5 (65.06)	3/4/89
7. Dennis Rice.....	211-6 (64.47)	3/18/05
8. Mike Gonzales.....	208-9n (63.62)	5/3/86
9. Mike Thomas.....	206-10 (63.04)	5/14/94
10. William O'Grady.....	206-6 (62.95)	5/5/01

### HAMMER

1. Balazs Kiss.....	271-1 (82.62)	9/95
<b>2. Conor McCullough.....</b>	<b>252-4 (76.91)</b>	<b>6/10/15</b>
3. Norbert Horvath.....	241-11 (73.75)	6/5/99
4. Nathan Bultman.....	239-10 (73.12)	5/14/21
5. Remington Conatser.....	238-8 (72.76)	3/21/14
<b>6. Nikolaos Polychroniou.....</b>	<b>238-1 (72.58)</b>	<b>4/30/23</b>
7. Bengt Johansson.....	236-11n (72.22)	6/5/98
8. Trey Knight.....	235-7 (71.81)	5/14/22
9. Adam Midles.....	228-3 (69.57)	4/27/07
10. Trey Henderson.....	227-10 (69.45)	4/1/11

### 400-METER RELAY

<b>1. James, Stewart,</b>		
<b>Ashton Allen, Blockburger.....</b>	<b>38.49</b>	<b>6/10/22</b>
<b>2. Burnett, Stewart,</b>		
<b>James, Blockburger.....</b>	<b>38.60</b>	<b>5/15/22</b>
3. Williams, Mullins,		
J. Sanford, M. Sanford.....	38.69	2/23/80
<b>4. Burnett, Stewart,</b>		
<b>Allen Jr., Blockburger.....</b>	<b>38.74</b>	<b>5/1/22</b>
5. Lee, De Grasse,		
Thymes, Jackson.....	38.75	6/10/15
6. Williams, Mullins,		
Edwards, J. Sanford.....	38.85	4/29/78
7. Barnum, Morgan,		
Shinnick, Norman.....	38.88	3/24/18
8. Francis, Felix, Larry, Anderson.....	38.89	4/17/05
<b>8. Barnum, Benjamin,</b>		
<b>Brock, Morgan.....</b>	<b>38.89</b>	<b>4/29/18</b>
10. Reading, Manning,		
Dexter, Morales.....	38.90n	6/6/86

### 1,600-METER RELAY

1. Morgan, Benjamin,		
Shinnick, Norman.....	2:59.00	6/8/18
2. Ramey, Shinnick,		
<b>Blockburger, James.....</b>	<b>2:59.98</b>	<b>6/10/22</b>
3. Hannah, Conway,		
Cannady, Watts.....	3:00.58	3/6/92
4. Hughes, Mance		
Wyatt, Nellum.....	3:00.64	6/9/12
5. Benjamin, Shinnick,		
Ford, Norman.....	3:01.11	5/26/18
6. Ramey, Allen Jr.		
<b>James, Blockburger.....</b>	<b>3:02.20</b>	<b>5/27/22</b>
7. Ramey, Herron,		
Samuel, Jewett.....	3:02.49	6/11/21
8. Ekpenyong, Hervey,		
Rodrigues, Krill.....	3:02.59	6/2/95
9. Jordan, Joyner,		
Sanchez, Davis.....	3:02.68	5/22/99
10. Hughes, Mance,		
Walker, Wyatt.....	3:02.87	4/9/11