

FINAL SCHEDULE

RunningEvents

Friday, March 31

Field Events						
8:00am	G	Discus	Inner			
8:30am	В	Discus	Outer			
9:00am	G	Long Jump				
9:00am	В	Long Jump				
9:00am	G	High Jump				
9:00am	В	Pole Vault				
10:45am	В	Javelin				
11:00am	W	Hammer				
11:15am	G	Shot Put				
11:15am	В	Shot Put				
12:00pm	В	High Jump				
12:00pm	G	Pole Vault				
12:15pm	G	Javelin				
2:30pm	M	High Jump	Open			
2:30pm	W	Discus	INVITE			
3:00pm	M	Hammer				
4:00pm	W	Long Jump	INVITE			
4:00pm	M	Long Jump	INVITE			
4:00pm	M	Javelin				
W JAV TO FOLLOW MEN						
4:00pm	W	Pole Vault				
5:30pm	М	High Jump	INVITE			
6:00pm	W	Long Jump	Open			
6:00pm	М	Long Jump	Open			





	IVAII	g_vents
9:00am	В	3200m
9:30am	G	3200m
10:00am	n B	100m (Back)
10:00am	n G	100mH (Front)
10:15am	n G	100m (Back)
10:15am	n B	110mH (Front)
10:30am	n G	800m
10:45am	n B	800m
11:00am	n G	400m
11:20am	пВ	400m
11:40am	n W	4x800
11:55am	n M	4x800
1:00pm	W	Shuttle Hurdle
1:08pm	M	Shuttle Hurdle
2:45pm	W	4x100 Prelim
2:55pm	M	4x100 Prelim
3:05pm	G	4x100 Prelim
3:20pm	В	4x100 Prelim
3:35pm	G	1600m
3:50pm	В	1600m
4:05pm	W	1500m
4:20pm	M	1500m
4:35pm	W	200m
4:55pm	M	200m
5:15pm	W	200m (OD)
5:20pm	M	200m (OD)
5:35pm	W	400mH
5:50pm	M	400mH
6:05pm	G	4x400 Prelim
6:30pm	В	4x400 Prelim
6:55pm	W	4x400 Prelim
7:10pm	M	4x400 Prelim
7:25pm	W	1500 INVITE
7:35pm	M	1500 INVITE
7:50pm	W	Steeple
8:05pm	M	Steeple
8:20pm	W	5k
8:45pm	M	5k

	Sat	urday April 1					
		ield Events					
9:00am	G	Triple Jump					
9:00am	В	Triple Jump					
9:00am	M	Discus	Open				
11:00am	M	Discus	INVITE				
12:00pm	W	High Jump	INVITE				
12:00pm	M	Shot Put	Open				
12:00pm	W	Shot Put	INVITE				
1:00pm	M	Pole Vault					
1:00pm	W	Triple Jump					
1:30pm	W	Discus	Open				
2:30pm	W	High Jump	Open				
2:30pm	M	Shot Put	INVITE				
2:30pm	W	Shot Put	Open				
3:00pm	M	Triple Jump					
Running Events							
9:30am	G	4x800					
9:55am	В	4x800					
10:20am	G	4x200					
10:40am	В	4x200					
11:00am	W	4x200					
11:05am	Μ	4x200					
12:00pm	W	100mH Prelim					
12:25pm	Μ	110mH Prelim					
12:45pm	G	4x100 Final					
12:50pm	В	4x100 Final					
12:55pm	W	4x100 Final					
1:00pm	М	4x100 Final					
1:05pm	W	4x100	(OD)				
1:10pm	Μ	4x100	(OD)				
1:15pm	W	800m					
1:45pm	Μ	800m					
2:25pm	W	100mH Final					
2:30pm	M	110mH (F)					
2:40pm	W ·	400m					
3:00pm	W ·	400m (OD)					
3:05pm	M	400m					
3:30pm	M	400m (OD)					
3:40pm	W	100m					
3:55pm	W	100m (OD)					
4:00pm	M:	100m					
4:20pm	M	100m (OD)					
4:30pm	W	3K					
4:45pm	G 4	x400 Final					
4:52pm	B 4	x400 Final					
4:59pm	W	4x400 Final	-				
5:06pm	M	4x400 Final					
5:13pm	W	Olympic Dev 4x4	100				
5:20pm	M Olympic Dev 4x400						
5:27pm		Tom Jones 4x40					
5:34pm	Μ.	Jimmy Carnes 4>	400 INVITE				
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