

HOW TO WATCH

2022 Pac-12 Track & Field Championships

MEN'S EVENTS SCHEDULE

Date	Time (PT)	Event	How to Watch
Fri., May 13	6:05 p.m.	Men's Pole Vault Final	The Pac-12 Now app & Pac-12.com
	7:20 p.m.	Men's Javelin Final	The Pac-12 Now app & Pac-12.com
	8:15 p.m.	Men's 10,000m Final	Pac-12 Network, the Pac-12 Now app & Pac-12.com
Sat., May 14	1:45 p.m.	Men's Hammer Final	Pac-12 Network, the Pac-12 Now app & Pac-12.com
	3:40 p.m.	Men's Long Jump Final	The Pac-12 Now app & Pac-12.com
	4:30 p.m.	Men's Shot Put Final	The Pac-12 Now app & Pac-12.com
	6:20 p.m.	Men's Steeplechase Final	Pac-12 Network, the Pac-12 Now app & Pac-12.com
Sun., May 15	1:10 p.m.	Men's 4x100m Relay Final	Pac-12 Network, the Pac-12 Now app & Pac-12.com
	1:30 p.m.	Men's 1,500m Final	Pac-12 Network, the Pac-12 Now app & Pac-12.com
	1:30 p.m.	Men's Triple Jump Final	The Pac-12 Now app & Pac-12.com
	1:35 p.m.	Men's High Jump Final	The Pac-12 Now app & Pac-12.com
	1:45 p.m.	Men's Discus Final	The Pac-12 Now app & Pac-12.com
	1:47 p.m.	Men's 110m Hurdles Final	Pac-12 Network, the Pac-12 Now app & Pac-12.com
	2 p.m.	Men's 400m Final	Pac-12 Network, the Pac-12 Now app & Pac-12.com
	2:10 p.m.	Men's 100m Final	Pac-12 Network, the Pac-12 Now app & Pac-12.com
	2:22 p.m.	Men's 800m Final	Pac-12 Network, the Pac-12 Now app & Pac-12.com
	2:37 p.m.	Men's 400m Hurdles Final	Pac-12 Network, the Pac-12 Now app & Pac-12.com
	2:50 p.m.	Men's 200m Final	Pac-12 Network, the Pac-12 Now app & Pac-12.com
	3:25 p.m.	Men's 5,000m Final	Pac-12 Network, the Pac-12 Now app & Pac-12.com
	4:05 p.m.	Men's 4x400m Relay Final	Pac-12 Network, the Pac-12 Now app & Pac-12.com

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HIGHLIGHTS, RECAPS AND ADDITIONAL COVERAGE



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HOW TO WATCH

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WOMEN'S EVENTS SCHEDULE

Date	Time (PT)	Event	How to Watch
Fri., May 13	4:30 p.m.	Women's Hammer Final	Pac-12 Network, the Pac-12 Now app & Pac-12.com
	5:15 p.m.	Women's Javelin Final	The Pac-12 Now app & Pac-12.com
	5:45 p.m.	Women's Pole Vault Final	The Pac-12 Now app & Pac-12.com
	7:35 p.m.	Women's 10,000m Final	Pac-12 Network, the Pac-12 Now app & Pac-12.com
Sat., May 14	3:30 p.m.	Women's Long Jump Final	The Pac-12 Now app & Pac-12.com
	3:45 p.m.	Women's Shot Put Final	The Pac-12 Now app & Pac-12.com
	6 p.m.	Women's Steeplechase Final	Pac-12 Network, the Pac-12 Now app & Pac-12.com
Sun., May 15	11 a.m.	Women's Discus Final	The Pac-12 Now app & Pac-12.com
	1 p.m.	Women's 4x100m Relay Final	Pac-12 Network, the Pac-12 Now app & Pac-12.com
	1:05 p.m.	Women's High Jump Final	The Pac-12 Now app & Pac-12.com
	1:15 p.m.	Women's Triple Jump Final	The Pac-12 Now app & Pac-12.com
	1:20 p.m.	Women's 1,500m Final	Pac-12 Network, the Pac-12 Now app & Pac-12.com
	1:40 p.m.	Women's 100m Hurdles Final	Pac-12 Network, the Pac-12 Now app & Pac-12.com
	1:55 p.m.	Women's 400m Final	Pac-12 Network, the Pac-12 Now app & Pac-12.com
	2:05 p.m.	Women's 100m Final	Pac-12 Network, the Pac-12 Now app & Pac-12.com
	2:15 p.m.	Women's 800m Final	Pac-12 Network, the Pac-12 Now app & Pac-12.com
	2:30 p.m.	Women's 400m Hurdles Final	Pac-12 Network, the Pac-12 Now app & Pac-12.com
	2:45 p.m.	Women's 200m Final	Pac-12 Network, the Pac-12 Now app & Pac-12.com
	3 p.m.	Women's 5,000m Final	Pac-12 Network, the Pac-12 Now app & Pac-12.com
	3:50 p.m.	Women's 4x400m Relay Final	Pac-12 Network, the Pac-12 Now app & Pac-12.com

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