

Event 17 Women 60 Meter Dash

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Two heats. Top 2 plus the next 4 fastest advance to Final.

	Name	Year School	Seed
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Heat 1	Prelims		
1	578 Rayniah Jones	SO UCF	7.23
2	517 Julien Alfred	JR Texas	7.12
3	133 Semira Killebrew	SO Florida	7.19
4	419 Jadyn Mays	FR Oregon	7.15
5	560 Rosemary Chukwuma	SO TX Tech	7.17
6	149 Edidiong Odiong	SR FL State	7.23
7	501 Joella Lloyd	SO Tennessee	7.21
8	137 Grace Stark	SO Florida	7.12
Heat 2	Prelims		
1	421 Kemba Nelson	SR Oregon	7.15
2	239 Abby Steiner	JR Kentucky	7.12
3	108 Melissa Jefferson	SO Coastal Carolina	7.22
4	30 Jada Baylark	SR Arkansas	7.18
5	306 Madison Meredith	SR MO State	7.23
6	254 Alia Armstrong	SO LSU	7.11
7	516 Rhasidat Adeleke	FR Texas	7.23
8	260 Favour Ofili	SO LSU	7.19

Event 18 Women 200 Meter Dash

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Four heats. Top 8 fastest times advance to a 2 section Final.

Final seeded as per Rule 7-10.3a

	Name	Year School	Seed
=====			
Heat 1	Prelims		
1			
2			
3	229 Karimah Davis	JR Kentucky	22.79
4	71 Mariah Ayers	JR Baylor	23.25
5	517 Julien Alfred	JR Texas	22.89
6	309 Symone Darius	SR N.C. A&T	23.24
Heat 2	Prelims		
1			
2			
3	520 Kevona Davis	FR Texas	23.24
4	30 Jada Baylark	SR Arkansas	22.89
5	411 Iman Brown	SR Oregon	23.25
6	260 Favour Ofili	SO LSU	22.46
Heat 3	Prelims		
1			
2			
3	516 Rhasidat Adeleke	FR Texas	22.87
4	239 Abby Steiner	JR Kentucky	22.09
5	38 Jayla Hollis	FR Arkansas	22.99
6	344 Anna Keefer	SR North Carolina	23.24
Heat 4	Prelims		
1			
2			
3	370 Anavia Battle	SR Ohio State	22.39
4	44 Joanne Reid	FR Arkansas	23.25
5	547 Laila Owens	FR Texas A&M	23.07
6	521 Kynneddy Flannel	JR Texas	22.87

Event 19 Women 400 Meter Dash

Four heats. Top 8 fastest times advance to a 2 section Final.
Final seeded as per Rule 7-10.3a

Name	Year	School	Seed
Heat 1 Prelims			
1			
2			
3	579	Latasha Smith	SO UCF 52.32
4	48	Britton Wilson	FR Arkansas 50.88
5	525	Kennedy Simon	JR Texas 51.54
6	587	Jan'Taijah Ford	SO USC 51.96
Heat 2 Prelims			
1			
2			
3	550	Tierra Robinson-Jones	JR Texas A&M 52.23
4	465	Stephanie Davis	SR South Carolina 51.29
5	232	Alexis Holmes	JR Kentucky 50.77
6	253	Amber Anning	SO LSU 51.87
Heat 3 Prelims			
1			
2			
3	606	Taiya Shelby	SR Vanderbilt 52.40
4	115	Lauren Gale	JR CO State 51.64
5	34	Rosey Effiong	SO Arkansas 52.14
6	552	Charokee Young	SO Texas A&M 51.28
Heat 4 Prelims			
1			
2			
3	130	Talitha Diggs	FR Florida 51.25
4	31	Morgan Burks Magee	SR Arkansas 52.06
5	588	Kimberly Harris	SO USC 52.36
6	529	Stacey Ann Williams	JR Texas 51.60

Event 20 Women 800 Meter Run

Two heats. Top 3 plus next 2 fastest advance to Final.
Two waterfall start, 2 turn stagger. (5,3)
Prelim: Random draw. Final: Top 3 outside, random.

Name	Year	School	Seed
Heat 1 Prelims			
1	223	Kassidy Johnson	JR KS State 2:04.00
2	440	Victoria Tachinski	SR Penn State 2:03.83
3	40	Shafiqua Maloney	SR Arkansas 2:01.74
4	275	Aurora Rynda	SR Michigan 2:02.89
5	128	Imogen Barrett	JR Florida 2:03.39
6	94	Claire Seymour	JR BYU 2:04.03
7	523	Brooke Jaworski	SO Texas 2:03.87
8	438	Allison Johnson	FR Penn State 2:02.84
Heat 2 Prelims			
1	227	Sarah Hendrick	JR Kennesaw State 2:02.87
2	528	Valery Tobias	JR Texas 2:03.91
3	258	Katy-Ann McDonald	JR LSU 2:02.85
4	382	Gabija Galvydyte	SO OK State 2:03.80
5	620	Lindsey Butler	JR Virginia Tech 2:01.23
6	42	Quinn Owen	JR Arkansas 2:04.03
7	586	Isabella Giesing	JR UMass Lowell 2:03.95
8	607	McKenna Keegan	SR Villanova 2:03.48

Event 21 Women 1 Mile Run

Two heats. Top 4 plus next 2 fastest advance to Final.

2 waterfall start, 2 turn stagger. (5,3), Final: (7,3)

Prelim: Random draw. Final: Top 3 outside, random.

Name	Year	School	Seed
=====			
Heat 1 Prelims			
1	611	Mia Barnett	FR Virginia 4:35.09
2	444	Katie Camarena	SR Portland State 4:32.27
3	636	Madison Heisterman	SO Washington 4:33.24
4	112	Rachel McArthur	SR Colorado 4:34.92
5	443	Laura Pellicoro	FR Portland 4:34.45
6	400	Sintayehu Vissa	JR Ole Miss 4:32.70
7	111	Micaela Degenero	SR Colorado 4:34.49
8	485	Julia Heymach	SR Stanford 4:31.35
Heat 2 Prelims			
1	289	Eusila Chepkemei	SR Mid. Tenn. State 4:32.39
2	179	Bailey Hertenstein	JR Indiana 4:35.22
3	635	Anna Gibson	JR Washington 4:32.34
4	176	Olivia Howell	SO Illinois 4:33.75
5	417	Aneta Konieczek	SR Oregon 4:34.76
6	85	Emily Mackay	SR Binghamton 4:30.94
7	102	Ellie Leather	SR Cincinnati 4:34.89
8	109	Madison Boreman	JR Colorado 4:33.59

Event 23 Women 5000 Meter Run

Final only. Two waterfall start, two turn stagger. (11,5)

Random draw

Name	Year	School	Seed
=====			
Section 1 Timed Finals			
1	463	Ruby Smee	FR San Francisco 15:36.04
2	286	Jenna Magness	JR Mich State 15:36.60
3	343	Amelia Mazza-Downie	SO New Mexico 15:41.56
4	96	Courtney Wayment	SR BYU 15:15.46
5	329	Katelyn Tuohy	FR NC State 15:41.51
6	665	Kayley Delay	SR Yale 15:36.66
7	325	Alexandra Hays	JR NC State 15:33.84
8	354	Maddy Denner	JR Notre Dame 15:27.96
9	37	Lauren Gregory	JR Arkansas 15:34.58
10	11	Mercy Chelangat	JR Alabama 15:34.82
11	340	Adva Cohen	SR New Mexico 15:33.00
12	110	Emily Covert	FR Colorado 15:35.40
13	323	Kelsey Chmiel	JR NC State 15:27.36
14	341	Emma Heckel	FR New Mexico 15:41.07
15	637	Haley Herberg	JR Washington 15:39.19
16	342	Gracelyn Larkin	SO New Mexico 15:41.17

Event 24 Women 60 Meter Hurdles

Two heats. Top 2 plus the next 4 fastest advance to Final.

Name	Year	School	Seed
=====			
Heat 1 Prelims			
1	549	Kaylah Robinson	SR Texas A&M 8.05
2	35	Daszay Freeman	SO Arkansas 8.02
3	589	Jasmine Jones	SO USC 7.98
4	77	Ackera Nugent	SO Baylor 7.90
5	261	Leah Phillips	FR LSU 7.97
6	38	Jayla Hollis	FR Arkansas 8.08
7	254	Alia Armstrong	SO LSU 7.81
8	578	Rayniah Jones	SO UCF 7.90
Heat 2 Prelims			
1	471	Destinee Rocker	SR South Carolina 8.07
2	310	Paula Salmon	SR N.C. A&T 7.83
3	294	Rosealee Cooper	FR Miss State 8.07

4	591 Mecca McGlaston	SR USC	7.99
5	137 Grace Stark	SO Florida	7.86
6	564 Demisha Roswell	JR TX Tech	8.02
7	503 Charisma Taylor	JR Tennessee	7.93
8	237 Masai Russell	JR Kentucky	7.93

Event 26 Women Distance Medley

Final only. Two waterfall start, Two turn stagger (8,4)

Running order: 1200m, 400m, 800m, 1600m

School

Seed

Section 1 Timed Finals

1	Notre Dame	10:57.84
	1) #359 Erin Sullivan SR	2) #357 Jadin O'Brien FR
	3) #358 Kaitlin Ryan JR	4) #356 Olivia Markezich SO
2	Oregon State	10:57.35
	1) #436 Kaylee Mitchell SO	2) #437 Adael Scatena FR
	3) #433 Mari Friedman JR	4) #432 Grace Fetherstonhaugh SO
3	Stanford	10:57.74
	1) #486 Lucy Jenks FR	2) #489 Samantha Thomas FR
	3) #483 Ellie Deligianni FR	4) #485 Julia Heymach SR
4	Oregon	10:57.28
	1) #422 Izzy Thornton-Bott JR	2) #424 Katriina Wright FR
	3) #420 Mia Moerck JR	4) #417 Aneta Konieczek SR
5	Kentucky	10:58.81
	1) #230 Jenna Gearing SR	2) #235 Dajour Miles SO
	3) #238 Jenna Schwinghamer FR	4) #231 Tori Herman FR
6	Ole Miss	10:56.39
	1) #396 Anna Elkin SR	2) #395 Jayda Eckford SR
	3) #401 Loral Winn JR	4) #400 Sintayehu Vissa JR
7	NC State	10:58.10
	1) #321 Samantha Bush SO	2) #324 Jada Griffin JR
	3) #330 Anna Vess SR	4) #323 Kelsey Chmiel JR
8	Washington	10:57.69
	1) #636 Madison Heisterman SO	2) #639 Carley Thomas SO
	3) #635 Anna Gibson JR	4) #638 Allie Schadler SR
9	Arkansas	10:51.63
	1) #36 Krissy Gear SR	2) #48 Britton Wilson FR
	3) #40 Shafiqua Maloney SR	4) #37 Lauren Gregory JR
10	Virginia	10:56.84
	1) #611 Mia Barnett FR	2) #612 Anzhelika Parenchuk FR
	3) #615 Keara Seasholtz FR	4) #610 Margot Appleton FR
11	Virginia Tech	10:53.21
	1) #628 Leigha Torino SR	2) #627 Star Price SO
	3) #617 Hannah Ballowe JR	4) #620 Lindsey Butler JR
12	BYU	10:58.37
	1) #92 Kate Hunter SR	2) #93 Meghan Hunter FR
	3) #94 Claire Seymour JR	4) #96 Courtney Wayment SR

Event 28 Women Pole Vault

Progression: 4.16, 4.26, 4.36 then 5 cm

No 5-alive

60 minute warm-up

Name

Year School

Seed Mark

Flight 1 Finals

1	285 Sophia Franklin	JR Mich State	4.38m
2	250 Gabriela Leon	SR Louisville	4.46m
3	618 Rachel Baxter	SR Virginia Tech	4.61m
4	90 Cailee Faulkner	FR BYU	4.36m
5	47 Elien Vekemans	SO Arkansas	4.47m
6	494 Erica Ellis	SO Steph F. Austin	4.41m
7	32 Nastassja Campbell	SO Arkansas	4.45m

8	381 Ariadni Adamopoulou	JR OK State	4.37m
9	256 Lisa Gunnarsson	SR LSU	4.51m
10	171 Sydney Horn	FR High Point	4.42m
11	398 Lyndsey Reed	JR Ole Miss	4.41m
12	567 Chloe Wall	SR TX Tech	4.37m
13	621 Julia Fixsen	JR Virginia Tech	4.48m
14	274 Jessica Mercier	SR Michigan	4.36m
15	473 Marleen Mulla	FR South Dakota	4.40m
16	376 Olivia Lueking	FR Oklahoma	4.42m

Event 29 Women Long Jump

One single flight. Top 9 advance to a reverse-order Final.
 Break ties where possible.
 Warm-ups: 30 minute general.
 Finals start 10min. after final prelim attempt.

	Name	Year School	Seed Mark
=====			
Flight 1 Finals			
1	335 Darby Thomas	SO Nebraska	6.54m
2	160 Titiana Marsh	JR Georgia	6.35m
3	129 Claire Bryant	FR Florida	6.57m
4	503 Charisma Taylor	JR Tennessee	6.45m
5	562 Monae' Nichols	SR TX Tech	6.66m
6	664 Shayla Howell	JR Wyoming	6.52m
7	136 Jasmine Moore	SO Florida	6.75m
8	604 Ingeborg Gruenwald	SO UTSA	6.42m
9	344 Anna Keefer	SR North Carolina	6.55m
10	566 Ruth Usoro	SR TX Tech	6.59m
11	226 Jasmine Akins	FR Kennesaw State	6.37m
12	416 Alysah Hickey	SO Oregon	6.66m
13	522 Tyra Gittens	JR Texas	6.42m
14	117 Leone Farquharson	SR Cornell	6.35m
15	224 Taishia Pryce	SR KS State	6.54m
16	545 Deborah Acquah	SR Texas A&M	6.64m

Event 32 Women Weight Throw

One single flight. Top 9 advance to a reverse-order Final.
 Break ties where possible.
 Warm-ups: 30 minute general.
 Finals start 10min. after final prelim attempt.

	Name	Year School	Seed Mark
=====			
Flight 1 Finals			
1	455 Tara Simpson-Sullivan	SO Rice	22.15m
2	345 Jillian Shippee	SR North Carolina	22.16m
3	397 Jasmine Mitchell	JR Ole Miss	23.62m
4	479 Shauniece O'Neal	SR So. Illinois	23.11m
5	624 Sara Killinen	FR Virginia Tech	22.21m
6	99 Camryn Rogers	SR California	22.73m
7	270 DeaNia McMiller	SR Memphis	24.08m
8	12 Chelsea Igberaese	JR Alabama	22.46m
9	172 Priscilla Adejokun	JR Houston	22.77m
10	559 Alyssa Wilson	SR TX State	22.34m
11	360 Rachel Tanczos	SR Notre Dame	22.73m
12	67 Madi Malone	JR Auburn	23.32m
13	477 Elisia Lancaster	SR So. Illinois	22.51m
14	399 Shey Taiwo	SR Ole Miss	25.19m
15	626 Rebecca Mammel	JR Virginia Tech	23.08m
16	394 Jalani Davis	JR Ole Miss	22.96m

Event 34 Indoor Pentathlon: #1 Women 60 Meter Hurdles

Four grouped sections. Alternate lanes for hurdles.

Lanes 2,4,6,8

	Name	Year	School	Seed
=====				
Section 1	Timed Finals			
1				
2	122 Isabel Wakefield	SO	Duke	NT
3				
4	131 Anna Hall	SO	Florida	NT
5				
6	357 Jadin O'Brien	FR	Notre Dame	NT
7				
8	293 Shayla Broughton	SR	Miss State	NT
Section 2	Timed Finals			
1				
2	116 Lexie Keller	JR	CO State	NT
3				
4	118 Beatrice Juskeviciute	SR	Cornell	NT
5				
6	518 Kristine Blazevisa	FR	Texas	NT
7				
8	134 Sterling Lester	JR	Florida	NT
Section 3	Timed Finals			
1				
2	175 Kaitlin Smith	SR	Houston Baptist	NT
3				
4	121 Erin Marsh	SR	Duke	NT
5				
6	113 Avery McMullen	SO	Colorado	NT
7				
8	170 Izzy Goudros	FR	Harvard	NT
Section 4	Timed Finals			
1				
2	383 Maddie Meiner	SO	OK State	NT
3				
4	70 Charity Griffith	SO	Ball State	NT
5				
6	91 Halley Folsom	SR	BYU	NT
7				
8	601 Jade Bontke	SR	UT-Arlington	NT

Event 34 Indoor Pentathlon: #2 Women High Jump

Two grouped pits. Flt 1 S. pit. Flt 2 N. pit
No five-alive. Start height determined by Referee.

	Name	Year	School	Seed	Mark
=====					
Flight 1	Finals				
1	91 Halley Folsom	SR	BYU	NH	
2	601 Jade Bontke	SR	UT-Arlington	NH	
3	131 Anna Hall	SO	Florida	NH	
4	518 Kristine Blazevisa	FR	Texas	NH	
5	113 Avery McMullen	SO	Colorado	NH	
6	293 Shayla Broughton	SR	Miss State	NH	
7	70 Charity Griffith	SO	Ball State	NH	
8	121 Erin Marsh	SR	Duke	NH	
Flight 2	Finals				
1	170 Izzy Goudros	FR	Harvard	NH	
2	116 Lexie Keller	JR	CO State	NH	
3	383 Maddie Meiner	SO	OK State	NH	
4	118 Beatrice Juskeviciute	SR	Cornell	NH	
5	357 Jadin O'Brien	FR	Notre Dame	NH	
6	122 Isabel Wakefield	SO	Duke	NH	
7	175 Kaitlin Smith	SR	Houston Baptist	NH	
8	134 Sterling Lester	JR	Florida	NH	

Event 34 Indoor Pentathlon: #4 Women Long Jump

Simultaneous competition.

Flt 1 W. runway. Flt 2 E. runway

	Name	Year	School	Seed	Mark
=====					
Flight 1	Finals				
1	601 Jade Bontke	SR	UT-Arlington	ND	
2	122 Isabel Wakefield	SO	Duke	ND	
3	293 Shayla Broughton	SR	Miss State	ND	
4	518 Kristine Blazevisa	FR	Texas	ND	
5	113 Avery McMullen	SO	Colorado	ND	
6	170 Izzy Goudros	FR	Harvard	ND	
7	357 Jadin O'Brien	FR	Notre Dame	ND	
8	131 Anna Hall	SO	Florida	ND	
Flight 2	Finals				
1	118 Beatrice Juskeviciute	SR	Cornell	ND	
2	134 Sterling Lester	JR	Florida	ND	
3	91 Halley Folsom	SR	BYU	ND	
4	383 Maddie Meiner	SO	OK State	ND	
5	175 Kaitlin Smith	SR	Houston Baptist	ND	
6	121 Erin Marsh	SR	Duke	ND	
7	70 Charity Griffith	SO	Ball State	ND	
8	116 Lexie Keller	JR	CO State	ND	

Event 34 Indoor Pentathlon: #3 Women Shot Put

Simultaneous competition.

Flt 1 E. ring. Flt 2 W. ring

	Name	Year	School	Seed	Mark
=====					
Flight 1	Finals				
1	170 Izzy Goudros	FR	Harvard	ND	
2	175 Kaitlin Smith	SR	Houston Baptist	ND	
3	113 Avery McMullen	SO	Colorado	ND	
4	70 Charity Griffith	SO	Ball State	ND	
5	601 Jade Bontke	SR	UT-Arlington	ND	
6	91 Halley Folsom	SR	BYU	ND	
7	134 Sterling Lester	JR	Florida	ND	
8	122 Isabel Wakefield	SO	Duke	ND	
Flight 2	Finals				
1	518 Kristine Blazevisa	FR	Texas	ND	
2	131 Anna Hall	SO	Florida	ND	
3	118 Beatrice Juskeviciute	SR	Cornell	ND	
4	121 Erin Marsh	SR	Duke	ND	
5	116 Lexie Keller	JR	CO State	ND	
6	357 Jadin O'Brien	FR	Notre Dame	ND	
7	383 Maddie Meiner	SO	OK State	ND	
8	293 Shayla Broughton	SR	Miss State	ND	