



# USC TRAVELS TO CAL FOR DUAL MEET

## - Trojan Women Ranked No. 2 & Men No. 4 -



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### USC Track & Field Schedule

Date	Outdoor Meets
3/19-20	Trojan Invitational*
3/27	Aztec Invitational
4/1-3	Florida Relays+
4/10	California Dual Meet
4/16-17	Beach Invitational
5/2	USC-UCLA Dual Meet
5/14-16	Pac-12 Championships*
5/27-29	West Preliminary Rounds%
6/9-12	NCAA Championships#
6/18-27	U.S. Olympic Trials#

\* Home  
+ Gainesville, Fla.  
% College Station, Texas  
# Eugene, Ore.

### USC Quick Facts

**Location:** Los Angeles, Calif.  
**Enrollment:** 48,500 (20,500)  
**Nickname:** Trojans  
**Colors:** Cardinal and Gold  
**Athletic Dir:** Mike Bohn  
**Dir. of T&F:** Caryl Smith Gilbert  
(213) 740-4201  
**Coaches:** Jebreh Harris  
Dan Lange  
Nick Newman  
Quincy Watts  
Skyler Willis  
**Dir. of Ops:** Kryah McCowan  
**Dir. of Ops:** Drew DeKruyf  
**T&F SID:** David Tuttle  
(213) 740-8480

### USC's History In Track & Field

**NCAA Titles:** Men (26 outdoor)  
Men (2 indoor)  
Women (2 outdoor)  
**Last Title:** Men (1976)  
Women (2018)  
**NCAA Champs:** Men (173)  
Women (35)  
**Olympic Champs:** Men (41)  
Women (8)

### Pronunciation Guide

Annelus, Angie (uh-NELL-us)  
Borquez, Braden (BORE-kezz)  
Ford, Jan'Taijah (JAN-TAY-juh)  
Hart, Markalah (mar-KAY-luh)  
Roberts, Kaelin (KAY-lin)  
Thomas, Lanae-Tava (LUH-nay-TAY-vuh)  
Tullai, Sydney (TOO-lie)

### WEEKLY TRACK AND FIELD RELEASE - APRIL 9, 2021

**THIS WEEK** - The No. 2-ranked USC women's team and the No. 4-ranked Trojan men's team will be competing in a Dual Meet with California in Berkeley, Calif. on April 10 from 9:00 a.m. to 3:30 p.m. The action will begin with the men's hammer throw at 9 a.m., with the first running event beginning at 12:30 p.m. (W-4x100m).

**TRAVELING TROJANS** - Members of USC's 2021 track and field team schedule to make the trip to the Bay Area to face the Bears are:

**WOMEN:** Breanna Bernard-Joseph, Alyssa Brewer, Kyra Constantine, Jan'Taijah Ford, Karlee Freeman, Kimberly Harris, Jasmine Jones, Bailey Lear, Joy McArthur, Mecca McGlaston, Temi Ojora, Chioma Okonkwo, Abygail Paez, Jemima Russell, Morgan Smalls, Lanae-Tava Thomas

**MEN:** Ashton Allen, Nathan Bultman, Davonte Burnett, Jack Carter, Kenan Christon, George Gleason, Brian Herron, Jalyn Jackson, Christian Johnson, McKay Johnson, Matthew Katnik, Trey Knight, Josh Ligas, Tade Ojora, Nicholas Ramey, Earnest Sears III, Zach Shinnick, Sam VanDorpe

**TROJANS LEADING THE WAY** - Four Trojans enter this week's action with the NCAA leading mark or times: **Anna Cockrell** (W-400m H, 55.65), **Kaelin Roberts** (W-400m, 51.23), **Cameron Samuel** (M-400m H, 49.67), **TeeTee Terry** (W-100m, 11.08). Also, the Trojans currently have 18 times or marks within the top 10 on the NCAA descending order lists: **Anna Cockrell** (1st - W-400mH, 3rd - 100m H), **Isaiah Jewett** (2nd - M-800m), **Jasmine Jones** (4th - W-100mH), **Matthew Katnik** (5th - M-SP), **Bailey Lear** (4th - W-400m), **Temi Ojora** (10th - W-TJ), **Kaelin Roberts** (1st - W-400m, 9th - W-200m), **Cameron Samuel** (1st - M-400m H), **Jordan Scott** (2nd - M-TJ), **Earnest Sears III** (T-2nd - HJ), **Morgan Smalls** (T-6th - HJ), **TeeTee Terry** (1st - W-100m), **Lanae-Tava Thomas** (10th - W-200m), **W-4x100m** (3rd, 8th), **M-4x400m** (7th), **W-4x400m** (5th).

**THIS COULD BE A SPECIAL SEASON FOR ROBERTS** - Kaelin Roberts won the 2021 NCAA indoor women's 400m title with an indoor PR of 50.84 on March 13. Roberts also won the 2019 NCAA title with her previous personal best of 51.50. She then opened up the 2021 outdoor season with a PR and NCAA-leading time of 51.23 which bettered her fourth-place standing on USC's all-time 400m list.

**TERRY WAS FLYING IN FAYETTEVILLE** - TeeTee Terry ran the fastest times of her career in the women's 60m and 200m at the 2021 NCAA Indoor Championships and took home a second-place finish in the 60m final with a time of 7.14 and fourth in the 200m final with a PR of 22.75. Terry's 200m time moved her to second on USC's all-indoor list. Terry's time of 7.09 in the semifinal was a PR and tied Angela Williams school record. Terry actually stumbled in the 60m final or she might have set the school and NCAA record in the event. Terry then opened her 2021 outdoor season with an NCAA-leading time of 11.08 (+2.0). At the last NCAA Outdoor Championships in 2019, Terry placed third in the 100m dash with a school-record time of 10.98 (+1.6).

**ANNELUS EYES A THREE-PEAT** - USC sprinter Angie Annelus is the two-time defending NCAA women's 200m champion and looks to become the second person ever to win the event three times, joining Kimberlyn Duncan of LSU. Annelus won the 2018 200m title with a time of 22.76 (-2.3) to help lead the Trojans to the team title and then set the USC record in the 200m with a winning time of 22.16 (+1.3) in the 2019 final.

**SCOTT EYES USC TRIPLE JUMP RECORD** - In just three meets, graduate transfer Jordan Scott has already landed the third-farthest triple jump in USC history of 55-7.75/16.96 (+0.9). Scott now trails only Allen Simms who set the record of 56-4 (17.17m) on April 28, 2003 and Julien Kapek who jumped 56-2 (17.12m) on June 14, 2003 to win the NCAA title. Scott's legal PR is 56-0.50/17.08m, but he has a wind-aided PR of 57-0/17.37m so he figures to be nipping at the heels of the record at every meet this season.

**QUITE A GROUP** - USC's women's 400m runners are one of the more loaded event groups for the Trojans. Currently, Kyra Constantine (3rd - 51.22), Kaelin Roberts (4th - 51.23) and Bailey Lear (7th - 51.57) all rank in USC's all-time outdoor top 10 in the event. So far this outdoor season, USC has six women's 400m runners ranking in the top 25 nationally: Roberts (1st), Lear (4th), Nicole Yearin (T-12th), Constantine (14th), Jan'Taijah Ford (18th) and Rae-Anne Serville (25th).

**NEXT MEET: BEACH INVITATIONAL** - USC will next be in action at the Beach Invitational in Long Beach, Calif. on April 16-17.

**RANKINGS** - The 2021 USTFCCCA preseason outdoor rankings will began on March 23.

	3/29	4/5	4/12	4/26	5/3	5/10	5/17	5/24	6/1
USC Men --	5	4							
USC Women --	4	2							

**USC TRACK AND FIELD HISTORY** - USC is well known as one of the most successful athletic programs in the history of the NCAA, with 30 men's and women's national team titles. The Trojans have won far more NCAA team and individual titles combined than any other university. However, the most dominant force in USC's slate of athletic programs is not the baseball team (12 College World Series titles) or the football squad (nine national championships) but the men's track and field program, with an unprecedented 28 NCAA titles (including nine straight, 1935-43). In fact, in the history of the NCAA, only the Oklahoma State wrestling program (31) has more national titles than USC men's outdoor track and field. Trojan athletes have dominated the track and field scene for decades. From the exploits of sprinter Charlie Paddock and thrower Clarence "Bud" Houser in the 1920s and 1930s, sprinter Mel Patton in the 1940s, thrower Parry O'Brien in the 1950s, sprinter Lennox Miller and pole vaulter Bob Seagren in the 1960s, sprinter Quincy Watts in the 1980s, to four-time NCAA hammer champion Balazs Kiss (only the fifth collegian to win four in a row) in the 1990s, World Champion hurdler Felix Sanchez early in the 2000s, and NCAA champion and Olympic medalist Andre DeGrasse, and NCAA champions and collegiate record-holders Rai Benjamin and Michael Norman, USC is synonymous with track and field excellence.

**TROJAN PROGRAM IN GOOD HANDS WITH SMITH GILBERT** - Caryl Smith Gilbert begins her eighth season as the Trojan Director of Track & Field, having the 2020 season cut short due to COVID-19 just prior to the indoor championships. In 2019, Smith Gilbert once again demonstrated that she is one of the premier track and field coaches in the country and that USC is one of the elite programs. In her first seven seasons as the leader of the USC program, Smith Gilbert's athletes won 20 individual NCAA event titles, earned 184 All-American honors and won 60 Pac-12 individual titles. She led the women's team to the 2018 NCAA outdoor title and has had the men's or women's team finish in the top 10 at the NCAA Indoor or Outdoor Championships 14 times. In addition, USC's women's team has won the last two Pac-12 titles and has finished no lower than second and the men's team has three runner-up finishes and has not finished outside the top five at the Pac-12 Championships in her six seasons. The 2019 women's team placed second at both the NCAA Indoor and Outdoor Championships and won its second consecutive Pac-12 team title. The women scored 57 points at the NCAA Outdoor Championships, its most since also scoring 57 in 2002 and its 215 total points scored in the last five seasons is the school's best stretch since amassing a school-record 268 points from 1998-2002. The 2019 young men's team fought through some injuries to place fifth at the Conference meet, 17th at NCAA Indoors and tied for 37th at the NCAA Outdoor Championships. During the year, Ayden Owens set the USC decathlon record, TeeTee Terry broke her school 100m record, Angie Annelus set the school 200m record and the women's 4x100m relay team set a USC record, the latter two in winning the NCAA title in the event. Smith Gilbert was named the 2019 USTFCCCA Women's Indoor & Outdoor Women's Coach of the Year and was named the Pac-12 Women's Coach of the Year. Her 2019 teams garnered 34 All-America honors and combined indoors and outdoors to set six school records and 10 freshman records, running her total to 39 freshman records (27 indoors and 12 outdoors) and 52 school records (31 indoors and 21 outdoors) under her leadership. In addition 18 Trojans were named to Pac-12 All-Academic teams, bringing the total to 91 in her first six seasons leading the program. A former indoor national record holder in the 55- and 60-meter dashes, Smith Gilbert was a two-time Colorado state champion in the 200-meter dash and long jump and a three-time state champion in the 100-meter dash as a prep standout. She set state records in each of those three events. She went on to become a three-time All-American at UCLA, where she was a Pac-10 champion in the 100-meter dash, 4x100-meter relay and 4x400-meter relay. She was part of an NCAA Championship runner-up 4x400-meter squad and was an All-American in the 4x100-meter relay in 1988 and 1989. A 1991 graduate of UCLA, Smith Gilbert holds a bachelor's degree in film and television production. She also holds master's degrees in sport management and sport psychology from Tennessee. She is a 2006 USATF Level III Coaches Education Clinician. She is married to former NFL linebacker Greg Gilbert. They have three sons: Alex, Spencer and Osiris. Her son Spencer is a redshirt freshman linebacker on the USC football team.

**TROJANS' OLYMPIC GLORY** - USC athletes of the present and past won 21 medals at the 2016 Rio Olympics, 9 golds, 5 silvers and 7 bronze, after earning 25 medals at the 2012 London Olympics. The success in Rio kept USC as the leader among U.S. universities for most all-time medals and gold medals and continuing its streak of having won a gold medal at every Summer Olympics since 1912. Nine of the medals earned by Trojans at the Rio Olympics were won by USC track and field athletes, the most by Trojan tracksters in a single Olympics. USC track and field athletes have claimed 49 gold medals in Olympic competitions. Forty-four current, former and incoming USC students competed in Rio, the most of any U.S. university. It was the fifth consecutive Summer Games that USC has had at least 40 Olympians. In Rio, those Trojans competed in 9 sports and represented 21 countries. Twenty-five of USC's Rio Olympians were women, 29 were competing in their first Games and 9 were current or incoming student-athletes. In reflecting on USC's success over the years at the Olympics, it is amazing to note that a Trojan athlete has won at least one gold medal in every track and field event except the 800m, 1500m, 5000m, 10000m, steeplechase, triple jump and javelin.

**ALL-STAR COACHING STAFF** - Caryl Smith Gilbert has put together an impressive coaching staff that looks like an all-star roster. Well decorated throws coach Dan Lange is one of the top assistants in the country and is joined on staff by Jebreh Harris (distances and cross country), Nick Newman (jumps and multis), Olympic gold medalist Quincy Watts (sprints and long hurdles) and Skyler Willis (hurdles and sprints).

**THE 2021 WOMEN'S TEAM** - The women's team won the team title in 2018, placed second in 2019 and was loaded last season before the season was cancelled due to COVID-19. Most of those athletes are back and much has been added. Returners include 2-time defending NCAA 200m champion Angie Annelus, defending NCAA 400m hurdles champion Anna Cockrell, All-American 400m runner Krya Constantine who ranks in USC's top 5 in the indoor and outdoor 400m list two-time NCAA Indoor 400m champion Kaelin Roberts, USC 100m record-holder and 7-time All-American TeeTee Terry and Lanae-Tava Thomas who owns the school indoor and outdoor freshman 200m record and ranks among the school's top 10 in both the 100m and 200m.

**THE 2021 MEN'S TEAM** - The men's team finished fourth at the 2018 NCAA Championships and tied for 37th in 2019 before the 2020 outdoor season was postponed. USC has a vastly different roster since its last full season, but among the key returners are 2018 Pac-12 hammer throw champion Nathan Bultman, school indoor 800m record-holder Isaiah Jewett, two-time shot put All-American Matthew Katnik, USC freshman 110m hurdles record holder Tade Ojora, All-American 400m hurdler Cameron Samuel, USC indoor record-holder and All-American high jumper Earnest Sears III and Trojan indoor freshman 400m record-holder Zach Shinnick.

**TROJANS LEAVING THEIR MARKS** - The Trojans have 24 athletes on the current team that have posted 55 outdoor top 10 marks all-time by a Trojan, including 34 marks that rank in USC's all-time top 5. The following is a list of those athletes and their ranking at USC:

**Men**

**Alexander Barnum** (4th, 5th - 4x100m)  
**Nathan Bultman** (10th - HT)  
**George Gleason** (5th - 5000m, 8th, 1500m)  
**Isaiah Jewett** (3rd - 800m)  
**Matthew Katnik** (5th - SP)  
**Cameron Samuel** (7th - 400m H)  
**Jordan Scott** (3rd - TJ)  
**Earnest Sears III** (T-3rd - High Jump)  
**Zach Shinnick** (4th - 4x100m, 1st, 4th - 4x400m)

**Women**

**Angie Annelus** (3rd - 100m, 1st - 200m, 1st, 2nd, 3rd, 4th - 4x100m)  
**Alyssa Brewer** (7th - 800m)  
**Anna Cockrell** (3rd - 100m H, 3rd - 400m H, 2nd, 4th, 8th - 4x400m)  
**Kyra Constantine** (3rd - 400m, 4th, 5th, 8th - 4x400m)  
**Karlee Freeman** (4th - DT, 9th - SP)  
**Jasmine Jones** (7th - 100m H)  
**Bailey Lear** (7th - 400m, 8th - 4x400m)  
**Joy McArthur** (8th - HT)  
**Mecca McGlaston** (8th - 100m H, 2nd - 4x100m)  
**Temi Ojora** (T-6th - TJ)  
**Kaelin Roberts** (4th - 400m, 8th - 4x400m)  
**Jemima Russell** (8th - 800m)  
**Morgan Smalls** - (T-10th - HJ)  
**TeeTee Terry** (1st - 100m, 9th - 200m, 1st, 2nd, 3rd, 4th, 10th - 4x100m)  
**Lanae-Tava Thomas** (8th - 100m, 8th - LJ, 6th - 200m, 1st, 2nd, 4th - 4x100m)

**TERRY ON THE BOWERMAN WATCH LIST; ANNELUS RECEIVING VOTES** - USC's TeeTee Terry was named to The Bowerman 2021 Women's Pre-NCAA Indoor Watch List, announced by the U.S. Track & Field and Cross Country Coaches Association (USTFCCCA) on March 3. Additionally receiving votes for The Bowerman, but just outside of the top 10, was Angie Annelus. The Bowerman is awarded annually at the end of the track and field season to the most outstanding track and field athlete. Terry, from Miami, Fla., remained on The Bowerman Watch List as she bettered her national-leading mark in the 60m to 7.09 in the semifinals at the NCAA Indoor Championships which tied the USC record held by Angela Williams. Terry ended up second in the 60m dash at the championships and placed second in the 200m with the second-fastest time in history of 22.75 to place fourth. She led USC with 13 points scored at the championships as the Trojans finished fourth with a total of 35 points. Terry, an athletic senior, broke her own school record in the 100m dash with a time of 10.98 (1.6) to place third at the 2019 NCAA Championships. She also anchored USC's NCAA champion 4x100m relay which set the school record in the finals with a time of 42.21. She won her second straight Pac-12 100m title with a time of 11.09 (+0.5), anchored the winning 4x100m relay and placed third in the 200m. In the summer of 2019, she was second in the 100m at the NACAC U23s. Terry also reached the 2019 USATF Championships finals in the 100m dash, where she placed fifth with a time of 11.32 (-1.7). The Miami, Fla. native qualified to represent USA at the 2019 World Championships as part of the relay pool, but elected to concentrate on her studies. Indoors, she had a PR of 7.14 to win the 60m title at the 2019 NCAA Indoor Championships, the second-fastest time in school history.

Annelus has exhausted her indoor eligibility, but will be off and running with the start of the outdoor season. The athletic redshirt senior, became a two-time NCAA 200m champion when she won the 2019 title with a PR, USC and facility record time of 22.16 (+1.3), the fourth-fastest time ever by a collegian. She became just the fourth woman to win the NCAA women's 200m title in consecutive seasons and only one (Kimberlyn Duncan of LSU) has won it three times. Annelus also placed seventh in the 2019 NCAA 100m dash finals with a time of 11.12 (+1.6). Annelus ran the second leg of USC's NCAA Champion 4x100m relay which ran the school-record time of 42.21. The Grandview, Mo. native scored 14.5 points at the 2019 NCAA Championships, the fourth-most of any athlete at the Championships. Annelus then made USA's team for the 2019 World Championships and placed fourth in the 200m finals.

**GETTING TO KNOW THE TROJANS** - The USC program has been featuring a weekly "Getting to Know" feature on its website of some of the newest Trojan track and field athletes. To view the newest Q&A's or to search back through the season to find the earlier "Getting To Knows" with some of USC's new track talent, go to [USCTrojans.com/track](https://USCTrojans.com/track).

**PAC-12 ATHLETES OF THE WEEK** - USC has already had two athletes selected to receive Pac-12 weekly honors as Jasmine Jones was named Pac-12 Women's Track Athlete of the Week for March 15-21 and Jordan Scott was named the Pac-12 Men's Field Athlete of the Week for the Week of March 29-April 4.

**Women:** Jones (W-Track - March 24)

**Men:** Scott (M-Field - April 7)

**INDOOR CHAMPIONSHIPS RECAP** -- The USC women's team placed fourth at the NCAA Indoor Track & Field Championships on March 13, while the men's team finished 11th. Both teams outperformed their ranking as the USC women entered the meet ranked No. 7 and the men's team No. 13. Scoring for the Trojans and earning NCAA Indoor All-America honors were:

**Women** - Jan'Taijah Ford (First Team - 4x400m), Jasmine Jones (Honorable Mention - 60m H), Bailey Lear (Second Team - 400m, First Team - 4x400m), Mecca McGlaston (First Team - 60m H), Kaelin Roberts (First Team - 400m, First Team - 4x400m), Morgan Smalls (First Team - HJ, Second Team - LJ), TeeTee Terry (First Team - 60m, First Team - 200m), Nicole Yeargin (Second Team - 400m, First Team - 4x400m),

**Men** - McKay Johnson (First Team - SP), Earnest Sears III (First Team - HJ), Zach Shinnick (Second Team - 200m), Brendon Stewart (First Team - 60m)

**SMITH GILBERT & WATTS EARN USTFCCCA WEST REGION HONORS** -- USC Director of Track & Field Caryl Smith Gilbert was named the USTFCCCA West Region Women's Coach of the Year and Quincy Watts was named the region's Women's Assistant Coach of the Year. Smith Gilbert guided her team to a No. 4 finish at the NCAA Indoor Championships with the women earning 13 All-America designations. Watts helped guide Kaelin Roberts to her second 400m title and the 4x400m relay team to a second-place finish and the fourth-fastest time in school history.

## QUICK RECAPS

**TROJAN INVITATIONAL (March 19-20)** - USC's Trey Knight and Joy McArthur won the hammer throws and Karlee Freeman captured the discus throw as the USC men's and women's track and field teams kicked off their 2021 outdoor season on the first day of the annual Trojan Invitational on March 19 at Long Beach State. The next day USC track and field athletes won 16 events—including a pair of victories by junior Lanae-Tava Thomas in the women's long jump and 100 meters—on the second day of the 2021 outdoor season-opening Trojan Invitational on March 20 at USC's Loker Stadium. Teams from California, Long Beach State, Utah and Washington State competed in the non-scoring meet along with USC. Thomas won the women's long jump in a personal-best 20-11 ¼ (6.38m) to move into eighth place on the all-time USC career performers list, came back to win the women's 100-meter dash in 11.57. USC athletes won both men's and women's low hurdles races and both men's and women's 200 meters, 400 meters and 400-meter hurdles races. USC took the first 6 spots in the women's 200 meters. USC closed the meet by winning both 4x400-meter relays.

**AZTEC INVITATIONAL (March 27)** - USC's George Gleason won the 5000m race with the fifth-fastest time in school history and USC won 11 events at the 42nd Annual Aztec Invitational on March 27. Morgan Smalls was one of the busier Trojans winning the high jump, taking second in the triple jump and finishing third in the 100m. George Gleason won the men's 5000m race with a meet-record time of 14:23.84, winning by nearly 33 seconds. Gleason moved into fifth on USC's all-time 5000m list, after moving into USC's top 10 in the 1500m last week, his first competing as a Trojan. Also posting victories were the women's 4x100m relay team of Jan'Taijah Ford, Bailey Lear, Lanae-Tava Thomas and Nicole Yeargin (44.07), Anna Cockrell in the 100m H (13.10), Tade Ojora in the 110m H (14.42), Rae-Anne Serville in the women's 400m (53.22), Morgan Smalls in the W-HJ (5-10.75), Jordan Scott in the M-TJ (54-3.75), Cameron Samuel in the M-400m H (50.20), Temi Ojora the W-TJ (42-5.50w), Sam VanDorpe in the M-800m (1:49.76), the women's "A" 4x400m relay team of Cockrell, Kyra Constantine, Bernard-Joseph and Yeargin won with a meet and stadium-record time of 3:34.89.

**STANFORD INVITATIONAL (April 2-3)** - USC sent the throwers to the Stanford Invitational and the Trojans won three of the five events they entered over the two days. Trey Knight won the men's hammer throw, Karlee Freeman the women's discus throw and Matthew Katnik the men's shot put at the Stanford Invitational.

**FLORIDA RELAYS (April 2-3)** - Cameron Samuel and Anna Cockrell won the men's and women's 400m hurdles respectively with the NCAA leading times on April 2 and Cockrell returned to lead the Trojans at the Florida Relays on April 3 by winning the 100m hurdles. Also winning events on the second day of the Florida Relays were Isaiah Jewett in the men's 800m (1:46.99), Kaelin Roberts the women's 400m (51.23), Jordan Scott the men's triple jump (55-7.75) and TeeTee Terry the women's 100m dash (11.08). Also, the women's 4x100m relay team of Mecca McGlaston, Nicole Yeargin, Lanae-Tava Thomas and Terry won with a time of 43.46 and the men's 4x400m relay team of Eric Allen Jr., Brian Herron, Samuel and Jewett won with a time of 3:04.05.

# 2021 USC WOMEN'S OUTDOOR BESTS

Mark	Athlete	Place	Day	Event
<b>100M (USC: 10.98)</b>		<b>FR: 10.99)</b>		
11.08 (+2.0)	Terry	1	4/3	Florida Relays
11.44 (+2.5w)	Smalls	3	3/27	Aztec Invitational
11.57 (-0.7)	Thomas	1	3/20	Trojan Invitational

<b>200M (USC: 22.16)</b>		<b>FR: 22.65)</b>		
22.99 (+2.5w)	Roberts	2	3/27	Aztec Invitational
23.03 (+2.0)	Thomas	2	4/2	Florida Relays
23.23 (+1.9)-PR	Yeargin	1	3/20	Trojan Invitational
23.25 (+2.5w)	Constantine	3	3/27	Aztec Invitational
23.44 (+0.6)	Ford	7	3/27	Aztec Invitational
23.49 (+2.5w)	Lear	8	3/27	Aztec Invitational
23.53 (-1.0)-PR	Constantine	2	3/20	Trojan Invitational
23.55 (-1.0)-PR	Lear	3	3/20	Trojan Invitational
23.61 (+1.9)	Cockrell	4	3/20	Trojan Invitational
24.05 (-1.0)-PR	Smalls	6	3/20	Trojan Invitational

<b>400M (USC: 49.99)</b>		<b>FR: 51.33)</b>		
51.23-PR	Roberts	1	4/3	Florida Relays
51.57-PR	Lear	2	4/3	Florida Relays
52.09-PR	Yeargin	4	4/3	Florida Relays
52.22	Constantine	6	4/3	Florida Relays
52.70	Ford	9	4/3	Florida Relays
53.22	Serville	1	3/27	Aztec Invitational
55.74	Okonkwo	4	3/27	Aztec Invitational
56.30	Russell	5	3/20	Trojan Invitational
57.57	Brewer	8	3/27	Aztec Invitational
57.81-PR	Paez	10	3/27	Aztec Invitational
59.72	Daly	10	3/20	Trojan Invitational

<b>800M (USC: 1:58.51)</b>		<b>FR: 2:04.16)</b>		
2:05.60	Russell	4	4/3	Florida Relays
2:06.53	Brewer	1	3/20	Trojan Invitational
2:14.82-PR	Paez	8	3/20	Trojan Invitational
2:23.53	Daly	10	3/27	Aztec Invitational

<b>1500M (USC: 4:12.05)</b>		<b>FR: 4:18.52)</b>		
4:25.27-PR	Russell	3	3/27	Aztec Invitational
5:01.76-PR	Rodi	21	3/27	Aztec Invitational
5:02.93	Bounds	22	3/27	Aztec Invitational

<b>1-MILE (USC: )</b>		<b>FR: )</b>		
x:xx.xx	xxxxxxx	xx	x/xx	xxxxxxxxxxx

<b>3000M (USC: 9:11.78)</b>		<b>FR: 9:33.29)</b>		
11:05.58	Rodi	9	3/20	Trojan Invitational

<b>3000M SC (USC: 10.01.99)</b>		<b>FR: 10:03.73)</b>		
xx:xx.xx	xxxxxxx	xx	x/xx	xxxxxxxxxxx

<b>5000M (USC: 16.00.11)</b>		<b>FR: 16:36.66)</b>		
xx:xx.xx	xxxxxxx	xx	x/xx	xxxxxxxxxxx

Mark	Athlete	Place	Day	Event
<b>100M HH (USC: 12.48)</b>		<b>FR: 12.74)</b>		
12.89 (+0.8)	Cockrell	1	4/3	Florida Relays
12.91 (+0.8)-PR	Jones	2	4/3	Florida Relays
13.34 (+0.3)	McGlaston	6-p	4/3	Florida Relays

<b>400M IH (USC: 54.95)</b>		<b>FR: 55.14)</b>		
55.65	Cockrell	1	4/2	Florida Relays
59.49-PR	Bernard-Joseph	1	3/20	Trojan Invitational

<b>LONG JUMP (USC: 21-11.00/6.68M)</b>		<b>FR: 21-3.25)</b>		
20-11.25/6.38 (+1.1)-PR	Thomas	1	3/20	Trojan Invitational
20-10.50/6.35 (+0.8)-PR	Smalls	3	4/2	Florida Relays

<b>TRIPLE JUMP (USC: 45-5.25/13.85M)</b>		<b>FR: 44-6.25)</b>		
43-2.25/13.16 (+0.0)-PR	Ojora	2	4/3	Florida Relays
41-8.00/12.70 (+2.0)	Smalls	2	3/27	Aztec Invitational

<b>HIGH JUMP (USC: 6-2.00/1.88M)</b>		<b>FR: 6-2.00)</b>		
5-10.75/1.80	Smalls	1	3/27	Aztec Invitational
5-8.75/1.75	Ojora	3	3/27	Aztec Invitational

<b>SHOT PUT (USC: 57-7.75/17.57M)</b>		<b>FR: 53-3.50)</b>		
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<b>DISCUS (USC: 200-5/61.10M)</b>		<b>FR: 179-5)</b>		
173-8/52.93	Freeman	1	3/19	Trojan Invitational

<b>JAVELIN (USC: 186-10/56.95M)</b>		<b>FR: 173-11)</b>		
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<b>HAMMER (USC: 230-3/70.18M)</b>		<b>FR: 226-8)</b>		
205-9 (62.71)	McArthur	1	3/19	Trojan Invitational
186-7 (56.88)-PR	Freeman	3	3/19	Trojan Invitational

<b>POLE VAULT (USC: 14-0.00/4.27M)</b>		<b>FR: 13-7.25)</b>		
xx-xx/xx.x	xxxxxxx	xx	x/xx	xxxxxxxxxxx

<b>HEPTATHLON (USC: 6,079 POINTS)</b>		<b>FR: 5,582)</b>		
x,xxx	xxxxxxx	xx	x/xx	xxxxxxxxxxx

<b>4X100M (USC: 42.21)</b>				
43.46	---	--	4/3	Florida Relays
(McGlaston, Yeargin, Thomas, Terry)				

<b>4X400M (USC: 3:23.35)</b>				
3:30.54	---	2	4/3	Florida Relays
(Lear, Ford, Constantine, Harris)				

# 2021 USC MEN'S OUTDOOR BESTS

Mark	Athlete	Place	Day	Event
<b>100M (USC: 9.92 FR: 10.17)</b>				
10.33 (+2.0)	Allen Jr.	3	3/27	Aztec Invitational
10.56 (+2.0)	Robinson	10	3/27	Aztec Invitational
10.84 (+2.0)	Barnum	20	3/27	Aztec Invitational

<b>200M (USC: 19.84 FR: 20.24)</b>				
20.79 (+0.9)	Allen Jr.	7	4/2	Florida Relays
21.32 +1.9)	Robinson	15	4/2	Florida Relays
21.60 (-0.1)	Ramey	11	3/27	Aztec Invitational
22.24 (+1.5)	Barnum	26	3/27	Aztec Invitational

<b>400M (USC: 43.50 FR: 44.60)</b>				
45.96-PR	Jewett	1	3/20	Trojan Invitational
46.46	Herron	5	4/3	Florida Relays
46.63	Ramey	2	3/20	Trojan Invitational
48.58	A.Allen	22	4/3	Florida Relays

<b>800M (USC: 1:44.92 FR: 1:47.1)</b>				
1:46.99	Jewett	1	4/3	Florida Relays
1:48.85-PR	VanDorpe	3	4/3	Florida Relays
1:53.60	Ligas	7	3/27	Aztec Invitational
1:54.35-PR	Carter	8	3/27	Aztec Invitational

<b>1500M (USC: 3:39.5 FR: 3:45.85)</b>				
3:46.29	Gleason	5	4/2	Florida Relays
3:54.13-PR	Ligas	2	3/20	Trojan Invitational
3:59.15	Carter	6	3/20	Trojan Invitational
4:06.00	VanDorpe	8	3/20	Trojan Invitational
4:11.92	Dempsey	18	3/27	Aztec Invitational

<b>1-MILE (USC: 3:59.85 FR: )</b>				
x:xx.xx	xxxxxxx	xx	x/xx	xxxxxxxxxx

<b>3000M (USC: --- )</b>				
x:xx.xx	xxxxxxx	x	x/x	xxxxxxx

<b>3000M SC (USC: 8:52.1 FR: 9:04.8)</b>				
x:xx.xx	xxxxxxx	x	x/xx	xxxxxxx

<b>5000M (USC: 14:02.6 FR: 14:19.18)</b>				
14:23.84	Gleason	1	3/27	Aztec Invitational

<b>110M HH (USC: 13:32 FR: 13:68)</b>				
13.71 (-1.3)	Ojora	4	4/3	Florida Relays

Mark	Athlete	Place	Day	Event
<b>400M IH (USC: 47:02 FR: 49:46)</b>				
49.67	Samuel	1	4/2	Florida Relays

<b>LONG JUMP (USC: 27-4.25/8.33m FR: 27-4.25)</b>				
xx-x.xx/x.xx (—)	xxxxxxx	x	x/xx	xxxxxxx

<b>TRIPLE JUMP (USC: 56-4.00/17.17m FR: 53-9)</b>				
55-7.75/16.96 (+0.9)	Scott	1	4/3	Florida Relays
52-0.50/15.86 (+1.3)-PR	Jackson	4	4/3	Florida Relays
49-6.50/15.10 (-0.1)	Shaw	2	3/20	Trojan Invitational

<b>HIGH JUMP (USC: 7-7.25/2.32m FR: 7-4.50)</b>				
7-3.75/2.23	Sears	2	4/2	Florida Relays

<b>SHOT PUT (USC: 67-5.50/20.56m FR: 64-1.00)</b>				
64-11.50/19.80-PR	Katnik	2	3/20	Trojan Invitational
57-11.75/17.67	M.Johnson	5	4/3	Stanford Invitational

<b>DISCUS (USC: 206-0/62.78m FR: 192-8)</b>				
xxx-x/xx.xx	xxxxxxx	x	x/xx	xxxxxxx

<b>JAVELIN (USC: 272-2/82.97m FR: 247-5)</b>				
153-8/46.84	Lange	6	3/20	Trojan Invitational

<b>HAMMER (USC: 271-1/82.62m FR: 253-2)</b>				
219-0/66.75-PR	Knight	1	3/20	Trojan Invitational
196-9/59.98	C.Johnson	2	3/20	Trojan Invitational
192-11/58.81	Bultman	4	4/2	Stanford Invitational

<b>POLE VAULT (USC: 18-6.50/5.65m FR: 17-6)</b>				
xx-x.xx/x.xx	xxxxxxx	x	x/x	xxxxxxx

<b>DECATHLON (USC: 8,130 POINTS FR: 8,130)</b>				
xxxxxxx	xxxxxxx	x	x/x-x	xxxxxxx

<b>4X100M (USC: 38.69)</b>				
39.26	---	2	3/27	Aztec Invitational
(Christon, Allen Jr., Shinnick, Burnett)				

<b>4X400M (USC: 2:59.00)</b>				
3:04.05	---	1	4/3	Florida Relays
(Allen Jr., Herron, Samuel, Jewett)				

# ALL-TIME WOMEN'S PERFORMERS

## WOMEN'S OLYMPIC EVENTS

### 100 METERS

1. <b>Twanisha Terry</b> .....	<b>10.98</b>	<b>6/8/19</b>
2. Angela Williams.....	11.04	6/5/99
3. <b>Angie Annelus</b> .....	<b>11.06</b>	<b>6/6/19</b>
4. Natasha Mayers.....	11.09	4/19/03
5. Torri Edwards.....	11.10n	6/4/99
6. Virginia Powell.....	11.10	5/14/06
7. Inger Miller.....	11.11	4/7/93
8. <b>Lanae-Tava Thomas</b> .....	<b>11.16</b>	<b>6/6/19</b>
9. Ky Westbrook.....	11.17	6/11/15
10. Deanna Hill.....	11.17	6/22/17

### 200 METERS

1. <b>Angie Annelus</b> .....	<b>22.16</b>	<b>6/8/19</b>
2. Carol Rodriguez.....	22.23	5/27/06
3. Inger Miller.....	22.33	4/17/93
4. Deanna Hill.....	22.41	5/14/17
5. Tynia Gaither.....	22.54	6/11/16
6. <b>Lanae-Tava Thomas</b> .....	<b>22.65</b>	<b>6/6/19</b>
7. Kinshasa Davis.....	22.69	4/16/00
8. Kendall Ellis.....	22.71	5/12/18
9. <b>Twanisha Terry</b> .....	<b>22.74</b>	<b>5/26/18</b>
10. Natasha Mayers.....	22.80	5/29/02

### 400 METERS

1. Kendall Ellis.....	49.99	5/13/18
2. Jaide Stepter.....	50.91	3/26/16
3. <b>Kyra Constantine</b> .....	<b>51.22</b>	<b>7/27/19</b>
4. <b>Kaelin Roberts</b> .....	<b>51.23</b>	<b>4/3/21</b>
5. Carol Rodriguez.....	51.39	5/3/08
6. Vanessa Jones.....	51.50	5/17/15
7. <b>Bailey Lear</b> .....	<b>51.57</b>	<b>4/3/21</b>
8. Cameron Pettigrew.....	51.61	5/14/17
9. Michelle Taylor.....	51.75	6/2/89
10. Amalie Luel.....	51.81	3/18/17

### 800 METERS

1. Brigita Langerholc.....	1:58.51	9/25/00
2. Michelle Taylor.....	2:00.01	7/19/89
3. Lesley Noll.....	2:03.30	4/8/88
4. Grazyna Penc.....	2:03.82n	4/5/97
5. Aleksandra Deren.....	2:04.18	4/26/01
6. Donna Curtis.....	2:04.58	5/29/85
7. <b>Alyssa Brewer</b> .....	<b>2:04.93</b>	<b>3/23/19</b>
8. <b>Jemima Russell</b> .....	<b>2:04.95</b>	<b>5/24/19</b>
9. Mikaela Smith.....	2:05.17	4/30/17
10. Anna Lopaciuch.....	2:05.71	5/24/98

### 1,500 METERS

1. Grazyna Penc.....	4:12.05n	4/20/97
2. Iryna Vashchuk.....	4:12.79	5/29/04
3. Anna Lopaciuch.....	4:16.49n	4/4/98
4. Lesley Noll.....	4:17.25	4/30/89
5. Emebet Shiferaw.....	4:20.75	5/4/96
6. Aleksandra Deren.....	4:20.84	5/5/01
7. Kristie Johnston.....	4:21.84n	5/3/97
8. Shannon Clark.....	4:22.06	4/11/87
9. Elise Lyon.....	4:22.75	5/23/86
10. Lucyna Ligaj.....	4:22.77	5/20/01

### 3,000 METERS

1. Emebet Shiferaw.....	9:11.78n	6/6/97
2. Anna Lopaciuch.....	9:23.44n	5/2/98
3. Zsafia Erdelyi.....	9:27.96	3/20/10
4. Iryna Vashchuk.....	9:31.14	3/20/04
5. Lucyna Ligaj.....	9:38.07	3/3/01
6. Shannon Clark.....	9:41.41	4/17/87
7. Sarah Cocco.....	9:42.68	3/1/08
8. Katerina Berdousi.....	9:45.42	3/22/13
9. Elise Lyon.....	9:48.69	4/17/87
10. Beth Van Alstine.....	9:49.07	3/20/04

### 3,000m Steeplechase

1. Zsafia Erdelyi.....	10:01.99	5/30/09
2. Julia Budniak.....	10:14.51	6/12/04
3. Kira Soderstrom.....	10:34.18	4/16/15
4. Katerina Berdousi.....	10:42.40	5/14/16
5. Jenna Tong.....	10:42.91	4/5/14
6. Laura Meyers.....	10:49.95	4/5/08
7. Natalia Kovtun.....	11:04.35	4/28/07
8. Kristen Berglas.....	11:06.70	4/30/05
9. Katherine Ellis.....	11:07.26	5/2/09
10. Brooke Thomas.....	11:07.63	4/21/01

### 5,000 METERS

1. Zsafia Erdelyi.....	16:00.11	4/15/11
2. Emebet Shiferaw.....	16:16.27	5/18/96
3. Ariel Wright.....	16:23.66	3/25/11
4. Iryna Vashchuk.....	16:28.71	3/25/05
5. Julia Budniak.....	16:42.65	4/18/04
6. Brooke Thomas.....	16:53.82	3/29/03
7. Katerina Berdousi.....	17:04.41	5/15/16
8. Julie Seleine.....	17:18.81	3/21/87

9. Kathleen Moloney.....	17:29.33	3/6/10
10. Shea Wickland.....	17:34.99	4/4/09

### 10000 METERS

1. Zsafia Erdelyi.....	33:18.75	3/26/10
2. Beth Van Alstine.....	34:29.62	3/27/04
3. Kate Neeper.....	36:09.24	4/17/04
4. Shea Wickland.....	36:16.00	3/7/09
5. Dina Kitayama.....	36:38.60	4/14/11
6. Zara Lukens.....	37:11.02	4/14/11

### 100-METER HURDLES

1. Virginia Powell.....	12.48	6/9/06
2. Chanel Brissett.....	12.52	6/8/19
3. <b>Anna Cockrell</b> .....	<b>12.69</b>	<b>6/6/19</b>
4. Nia Ali.....	12.73	6/25/11
5. Dior Hall.....	12.74	6/13/15
6. Candice Davis.....	12.90	6/8/07
7. <b>Jasmine Jones</b> .....	<b>12.91</b>	<b>4/3/21</b>
8. <b>Mecca McGlaston</b> .....	<b>12.98</b>	<b>6/7/18</b>
9. Lauren Blackburn.....	13.06	5/14/11
10. Shalina Clarke.....	13.09	5/29/10

### 400-METER HURDLES

1. Natasha Danvers.....	54.95	9/25/00
Jaide Stepter.....	54.95	7/10/16
3. <b>Anna Cockrell</b> .....	<b>55.14</b>	<b>6/25/17</b>
4. Amalie Luel.....	55.38	4/8/17
5. Leslie Maxie.....	55.79	6/6/87
6. Dalilah Muhammad.....	56.04	6/8/11
7. Michelle DeCoux.....	57.05	4/4/92
8. Natasha Neal.....	57.16	5/5/01
9. Karen Koellner.....	57.59	3/18/89
10. Shalina Clarke.....	57.78	4/28/07

### LONG JUMP

1. Yvette Bates.....	21-11 (6.68)	7/23/88
2. Wendy Brown.....	21-7 1/2 (6.59)	7/19/88
3. Sabrina Williams.....	21-6 (6.55)	1985
4. Courtney Corrin.....	21-2 1/2 (6.46)	4/21/18
5. Madisen Richards.....	21-0 3/4 (6.42)	6/7/18
6. Pamela Simpson.....	21-0 (6.40)	6/2/99
7. Tatyana Obukhova.....	20-11 3/4 (6.39)	4/13/02
8. <b>Lanae-Tava Thomas</b> .....	<b>20-11 1/4 (6.38)</b>	<b>3/20/21</b>
9. Margaux Jones.....	20-10 3/4 (6.37)	6/25/16
10. Michelle Sanford.....	20-10 1/2 (6.36)	5/1/04

### HIGH JUMP

1. Emelie Fardigh.....	6-2 (1.88)	3/22/97
2. Nia Ali.....	6-1 1/4 (1.86)	5/4/11
3. Wendy Brown.....	6-1 (1.85)	8/27/88
4. Spring Harris.....	6-0 1/2 (1.84)	3/22/03
Amalie Luel.....	6-0 1/2 (1.84)	5/7/16
6. Crissy Mills.....	6-0 (1.83)	1993
7. Debra Larsen.....	5-11 3/4 (1.82)	6/24/83
8. Natasha Danvers.....	5-11 1/2 (1.82)	5/24/98
Tanya Smith.....	5-11 1/2 (1.82)	3/9/96
10. Alexa Harmon-Thomas.....	5-10 3/4 (1.80)	4/19/19
<b>Morgan Smalls</b> .....	<b>5-10 3/4 (1.80)</b>	<b>3/27/21</b>

### TRIPLE JUMP

1. Wendy Brown.....	45-5 1/4 (13.85)	1988
2. Yvette Bates.....	45-3 1/2 (13.79)	1987
3. Michelle Sanford.....	43-9 1/4 (13.34)	5/15/04
4. Alitta Boyd.....	43-8 3/4 (13.33)	5/25/13
5. Melia Cox.....	43-3 1/4 (13.19)	6/7/13
6. Tatyana Obukhova.....	43-2 1/4 (13.16)	4/22/01
7. <b>Teri Ojora</b> .....	<b>43-2 1/4 (13.16)</b>	<b>4/3/21</b>
8. Isabella Marten.....	43-0 1/4 (13.11)	4/19/19
9. Ekene Anene.....	42-10 1/4 (13.06)	5/29/10
10. Karleen Shields.....	41-9 3/4 (12.74)	5/7/94

### SHOT PUT

1. Breana Jemison.....	57-7 3/4 (17.57)	3/31/18
2. Karen Freberg.....	57-7 1/2 (17.56)	4/29/06
3. Brittany Mann.....	57-4 3/4 (17.49)	6/8/17
4. L'Orangerie Crawford.....	56-3 1/4 (17.15)	5/14/04
5. Diana Clements.....	55-8 1/4 (16.97)	2/21/86
6. Tanya Sapa.....	55-7 3/4 (16.96)	5/1/16
7. Cynthia Ademiluyi.....	55-0 1/4 (16.77)	5/31/00
8. Tera Novy.....	53-0 (16.15)	5/1/16
9. <b>Karlee Freeman</b> .....	<b>52-2 (15.90)</b>	<b>4/28/19</b>
10. Cerenity Young.....	51-2 1/4 (15.60)	4/6/02

### DISCUS THROW

1. Tera Novy.....	200-5 (61.10)	4/14/16
2. Alexandra Collatz.....	189-8 (57.82)	4/16/15
3. Kate Hutchinson.....	189-5 (57.73)	5/6/06
4. <b>Karlee Freeman</b> .....	<b>179-5 (54.70)</b>	<b>4/12/19</b>
5. Cynthia Ademiluyi.....	177-10 (54.20)	2/23/02
6. Claudia Paris.....	176-11 (53.92)	3/5/88
7. Cindy Johnson.....	173-11 (53.00)	6/4/83
8. Lauren Guerrieri.....	168-6 (51.37)	5/1/10
9. Carrie Martin.....	168-6 (51.36)	4/20/96
10. Diana Clements.....	167-10 (51.16)	5/3/86

### JAVELIN THROW (1999 Implement)

1. Inga Stasiulonyte.....	186-10 (56.95)	5/18/02
2. Kristine Busa.....	179-1 (54.58)	7/18/09
3. Leslie Erickson.....	168-11 (51.48)	5/4/02
4. Andrea McBride.....	161-7 (49.25)	4/30/05
5. Marissa Minderler.....	157-3 (47.92)	4/2/10

### JAVELIN THROW (old implement)

1. Sherry Calvert.....	192-0 (58.52)	1972
2. Ashley Selman.....	187-9 (57.22)	6/17/89
3. Diana Clements.....	168-8 (51.42)	5/22/87
4. Nicole Haynes.....	158-10 (48.42)	5/20/94
5. Wendy Brown.....	158-6 (48.32)	4/30/88

### HAMMER THROW

1. Eva Orban.....	230-3 (70.18)	3/15/08
2. Jenny Ozorai.....	223-4 (68.08)	3/9/12
3. Marissa Minderler.....	220-11 (67.35)	5/12/12
4. Julianna Tudja.....	218-9 (66.69)	6/14/03
5. L'Orangerie Crawford.....	209-8 (63.91)	3/8/03
6. Jade Niemeyer.....	208-0 (63.40)	5/26/12
7. Lauren Chambers.....	206-5 (62.93)	4/16/10
8. <b>Joy McArthur</b> .....	<b>205-9 (62.71)</b>	<b>3/19/21</b>
9. Jennifer Vail.....	204-3 (62.26)	5/21/00
10. Julia Rozenfeld.....	203-1 (61.90)	3/12/05

### HEPTATHLON

1. Wendy Brown.....	6,079	7/16/88
2. Amalie Luel.....	6,011	5/8/16
3. Nia Ali.....	5,824	5/10/09
4. Nicole Haynes.....	5,786	5/12/96
5. Lyndsey Lopes.....	5,719	5/6/18
6. Kerry Zwart-Bell.....	5,550	6/1/82
7. Shana Woods.....	5,507	6/8/07
8. Sharon Hatfield.....	5,410	4/19/86
9. Tanya Smith.....	5,345	5/26/93
10. Yolanda Fletcher.....	5,307	5/17/86

### POLE VAULT

1. Bryson Stately.....	14-0 (4.27)	5/1/10
2. Melissa Astete.....	12-11 1/2 (3.95)	5/15/05
Brittani Bernhard.....	12-11 1/2 (3.95)	4/15/05
4. Shannon Lawallen.....	12-5 1/2 (3.80)	3/26/05
Chun Mei Nickles.....	12-5 1/2 (3.80)	4/21/07
Felicia Horvath.....	12-5 1/2 (3.80)	3/26/16
7. Thea Weiss.....	12-4 1/2 (3.77)	5/4/13
8. Ariel Hayward.....	12-2 3/4 (3.73)	3/2/13
9. Sonya Negriff.....	12-1 1/2 (3.70)	4/26/02
Kenisha Strong.....	12-1 1/2 (3.70)	4/4/09

### PENTATHLON

1. Kerry Zwart-Bell.....	3,801	1979
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### 400-METER RELAY

1. Brissett, Annelus, Thomas, Terry.....	<b>42.21</b>	<b>6/8/19</b>
2. McGlaston, Annelus, Thomas, Terry.....	<b>42.44</b>	<b>5/11/19</b>
3. Annelus, Ellis, Hill, Terry.....	42.57	4/21/18
4. Hall, Annelus, Thomas, Terry.....	<b>42.77</b>	<b>4/28/19</b>
5. Brown, Hill, Faulknor, Gaither.....	42.90	6/11/16
6. Powell, Onyepunuka, Davis, Rodriguez.....	42.96	6/9/06
7. Laarman, Davis, Faulknor, Gaither.....	43.00	6/14/14
8. Hill, Westbrook, Faulknor, Gaither.....	43.10	5/17/15
9. Williams, Young Edmonson, Davis.....	43.14	6/2/00
10. Hall, Westbrook, Hill, Terry.....	43.18	3/24/18

### 1,600-METER RELAY

1. Pettigrew, Luel, Hill, Ellis.....	3:23.35	6/10/17
2. Pettigrew, Luel, Cockrell, Ellis.....	3:26.09	5/27/17
3. Ellis, Luel, Pettigrew, Stepter.....	3:26.73	5/28/16
4. Constantine, Cockrell, Hill, Ellis.....	3:27.06	6/9/18
5. Pettigrew, Luel, Constantine, Ellis.....	3:27.64	6/8/17
6. Stepter, Luel, Ellis, Jones.....	3:27.86	5/30/15
7. Danvers, Edmonson, Langerholc, Davis.....	3:28.08	6/5/99
8. <b>Lear, Constantine, Cockrell, Roberts</b> .....	<b>3:28.31</b>	<b>6/6/19</b>
9. Mayberry, McCraw, Taylor, Maxie.....	3:28.93	3/6/87
10. Ndipagbor, Jones, Davis, Gaither.....	3:29.42	4/5/14



# USC MEN'S TOP 10 PERFORMERS

## MEN'S OLYMPIC EVENTS

### 100 METERS

1. Andre De Grasse.....	9.92	8/23/15
2. BeeJay Lee.....	9.99	6/25/15
3. James Sanford.....	10.02	5/11/80
4. Lennox Miller.....	10.04	10/14/68
5. Aaron Brown.....	10.05	6/5/13
6. Clancy Edwards.....	10.07	6/2/78
7. Darwin Cook.....	10.10	5/18/85
8. Ahmad Rashad.....	10.10	6/12/09
9. Just'N Thymes.....	10.14	3/31/17
10. Sultan McCullough.....	10.17	3/6/99

### 200 METERS

1. Michael Norman.....	19.84	6/30/18
2. Andre De Grasse.....	19.88	7/24/15
3. James Sanford.....	19.94+	4/19/80
4. Rai Benjamin.....	19.99	6/30/18
5. Clancy Edwards.....	20.03	4/29/78
6. BeeJay Lee.....	20.11	6/28/15
7. Aaron Brown.....	20.16	5/31/14
8. Bryshon Nellum.....	20.23	5/12/13
9. Darwin Cook.....	20.33	5/18/85
10. James Gilkes.....	20.39	6/21/75
Philip Francis.....	20.39	5/14/06

### 400 METERS

1. Quincy Watts.....	43.50	8/5/92
2. Michael Norman.....	43.61	6/8/18
3. Jerome Davis.....	44.51	8/1/99
4. Lionel Larry.....	44.63	6/14/08
5. Bryshon Nellum.....	44.73	6/7/13
6. Rai Benjamin.....	44.74	4/21/18
7. Josh Mance.....	44.83	6/6/12
8. Billy Mullins.....	44.84	5/11/80
9. Ken Randle.....	44.99	6/4/76
10. Joey Hughes.....	45.05	5/14/11

### 800 METERS

1. Ibrahim Okash.....	1:44.92	6/19/88
2. Duane Solomon.....	1:45.69	6/24/07
3. Isaiah Jewett.....	1:46.11	4/20/19
4. Robert Ford.....	1:46.43	6/21/18
5. Lloyd Johnson.....	1:46.5en	7/4/77
Rayfield Beaton.....	1:46.5e	4/29/78
Mark Handelsman.....	1:46.5en	7/14/82
8. David Omwansa.....	1:46.8n	6/2/79
Joey Bunch.....	1:46.8	4/19/86
10. Irek Sekretarski.....	1:47.11	6/11/09

### 1,500 METERS

1. David Omwansa.....	3:39.5en	5/20/78
2. Ibrahim Okash.....	3:40.86	7/5/88
3. Blake Shaw.....	3:43.08	4/15/11
4. Tomasz Babiszewicz.....	3:43.41	4/15/05
5. Ray Griffin.....	3:45.54	5/6/89
6. Irek Sekretarski.....	3:45.60	5/2/09
7. Rayfield Beaton.....	3:46.2	5/1/76
8. George Gleason.....	3:46.29	4/2/21
9. Dan Aldridge.....	3:47.7n	5/14/77
10. Brandon Pacheco.....	3:47.81n	4/21/96

### 5,000 METERS

1. Ole Oleson.....	14:02.6	3/23/68
2. Max Truex.....	14:04.2	5/31/57
3. Fredson Mayiek.....	14:19.18	5/24/86
4. John Carley.....	14:23.60	3/5/11
5. George Gleason.....	14:23.84	3/27/21
6. Ray Griffin.....	14:24.66	4/1/89
7. Roman Gomez.....	14:28.74n	5/2/87
8. Blake Shaw.....	14:30.60	3/10/12
9. Ryan Holman.....	14:31.9n	4/4/81
10. Nicolaus Jakowec.....	14:33.10	4/19/19

### 10,000 METERS

1. Fredson Mayiek.....	29:42.7n	5/21/88
2. Mitch Sloan.....	30:15.1	4/21/90
3. Adolfo Garcia.....	30:30.3n	5/21/88
4. Ted Price.....	30:31.10	3/25/11
5. Max Truex.....	30:52.0	6/22/56

### 110-METER HIGH HURDLES

1. Aleec Harris.....	13.14	7/27/14
2. Oscar Spurlock.....	13.33	4/16/11
3. Mark Crear.....	13.33	8/14/92
4. Ryan Wilson.....	13.35	6/14/03
5. Brendan Ames.....	13.39	5/13/11
6. Robert Reading.....	13.42	6/2/89
7. Earl McCullough.....	13.44	7/16/67
8. Tonie Campbell.....	13.44n	8/28/81
9. Milan Stewart.....	13.46n	4/25/82
10. Marquis Morris.....	13.56	4/30/17

### 400-METER INTERMEDIATE HURDLES

1. Rai Benjamin.....	47.02	6/8/18
2. Felix Sanchez.....	48.33	6/28/00
3. Tom Andrews.....	48.55	6/12/76
4. Reggie Wyatt.....	48.58	6/7/13
5. Pedro Rodrigues.....	48.82	8/20/95
6. Geoff Vanderstock.....	48.94+	9/11/68
7. Cameron Samuel.....	49.09	5/12/19
8. George Porter.....	49.19n	6/3/89
9. Rich Graybehl.....	49.31n	6/3/78
10. Ryan Wilson.....	49.33	5/18/03

### 3,000 METER STEEPLECHASE

1. Henry Perez.....	8:52.1e	4/29/78
2. Romney Mawhorter.....	8:52.5n	5/2/87
3. Fredson Mayiek.....	9:00.42	4/29/89
4. Curtis Jones.....	9:01.0	4/11/70
5. Dreux Valenti.....	9:04.1	4/8/89
6. Rich Dyer.....	9:07.4	4/18/70
7. Roman Gomez.....	9:09.4	1987
8. Adrian Rafiee.....	9:16.31	5/1/11
9. Mitch Libby.....	9:17.70	4/28/19
10. Andrew Knutsen.....	9:19.09	5/5/01

### LONG JUMP

1. Randy Williams.....	27-4 1/4 (8.33)	9/9/72
2. Larry Doubly.....	26-11 3/4 (8.22)	5/3/77
3. Henry Hines.....	26-8 1/2 (8.14)	5/8/71
4. Allen Simms.....	26-3 3/4 (8.02)	3/1/03
5. Ed Tave.....	26-1 3/4 (7.97)	3/31/84
6. Gerald Hardeman.....	26-1 1/4 (7.96)	3/31/74
7. Wellesley Clayton.....	26-0 (7.92)	4/3/65
8. Kenny Hays.....	25-11 3/4 (7.91)	5/30/80
9. Adoree' Jackson.....	25-11 1/2 (7.91)	6/10/15
10. Eric Sloan.....	25-9 1/4 (7.85)	4/30/17

### TRIPLE JUMP

1. Allen Simms.....	56-4 (17.17)	4/28/03
2. Julien Kapek.....	56-2 (17.12)	6/14/03
3. Jordan Scott.....	55-7 3/4 (16.96)	4/3/21
4. Eric Sloan.....	55-6 1/4 (16.92)	5/27/17
5. Tom Cochee.....	54-4 1/2n (16.57)	5/10/75
6. Djeke Mambo.....	54-4 (16.56)	3/17/01
7. Ed Washington.....	53-9 (16.38)	3/16/74
8. Don Bryson.....	53-9n (16.38)	5/3/75
9. Kenny Hays.....	53-3 1/4 (16.23)	5/3/80
10. Kedjeloba Mambo.....	53-0 1/4 (16.16)	4/19/98

### POLE VAULT

1. Dennis Kholev.....	18-6 1/2 (5.65)	5/30/00
2. Dave Kenworthy.....	18-2 3/4 (5.55)	7/24/82
3. Russ Rogers.....	18-1 1/2 (5.52)	3/27/76
4. Steve Klassen.....	18-0 1/2 (5.50)	4/19/86
Eric White.....	18-0 1/2 (5.50)	5/2/87
Brandon Estrada.....	18-0 1/2 (5.50)	3/6/10
7. Jeff Ryan.....	17-10 1/2 (5.45)	5/17/03
8. Bob Seagren.....	17-9 (5.41)	9/12/68
9. Paul Wilson.....	17-7 3/4 (5.37)	6/23/67
10. David Grijalva.....	17-7 1/4 (5.37)	5/18/02

### HIGH JUMP

1. Jesse Williams.....	7-7 1/4 (2.32)	6/9/06
2. Dawid Jaworski.....	7-5 3/4 (2.28)	6/14/03
3. Manjula Wijesekara.....	7-5 1/4 (2.27)	9/4/05
4. Earnest Sears III.....	7-5 1/4 (2.27)	5/12/19
5. Anthony Caire.....	7-4 1/2 (2.25)	5/28/84
Randall Cunningham.....	7-4 1/2 (2.25)	6/10/16
7. Dean Owens.....	7-2 1/4 (2.19)	4/7/73
8. Dennis Smith.....	7-2n (2.18)	5/24/80
9. Tyler Ruiz.....	7-1 1/2 (2.17)	5/12/13
10. Tim Walker.....	7-1 1/4 (2.16)	5/14/77

### SHOT PUT

1. Noah Bryant.....	67-5 1/2 (20.56m)	4/28/07
2. Doug Lane.....	66-11 1/4 (20.40)	5/19/72
3. Hank Kraychir.....	66-0 1/2 (20.13)	6/4/83
4. Dallas Long.....	65-10 1/2 (20.08)	5/18/62
5. Matthew Katnik.....	64-11 1/2 (19.80)	3/20/21
6. Dave Murphy.....	64-3 (19.58)	5/15/70
7. Nick Ponzio.....	64-1 (19.53)	6/10/15
8. William Denbo.....	63-7 1/2 (19.39m)	5/12/07
9. Mike Budincich.....	63-5 3/4 (19.34)	5/1/76
10. Van Mounts.....	62-6 (19.05)	5/21/00
Tambi Wenj.....	62-6n (19.05)	1/31/87

### DECATHLON

1. Ayden Owens.....	8,130	4/17-18/19
2. Mike Gonzales.....	8,022	6/21-22/84
3. Viktor Fajoyomi.....	7,712	6/11-12/14
4. Jim Stewart.....	7,709	5/11-12/28
5. Bo Sterner.....	7,667	6/4-5/74
6. Daniel Haag.....	7,623	3/14-15/98
Bob Coffman.....	7,623	6/4-5/74
8. Shelton Davis.....	7,290	5/10-11/03
9. Russell Silvers.....	7,254	5/11-5/12/02
10. Darren Hall.....	7,173	5/20-21/83

### DISCUS

1. Gary Carlsen.....	206-0 (62.78)	6/4/67
2. Hank Kraychir.....	203-8 (62.08)	4/9/83
3. Bernd Kneissler.....	202-11 (61.84)	5/24/86
4. Ralph Fruguglietti.....	202-0 (61.58)	6/5/76
5. Rink Babka.....	198-10 (60.60)	3/22/58
Joe Antunovich.....	198-10 (60.60)	5/8/71
7. Aaron Dan.....	198-5 (60.48m)	3/13/10
8. Darrell Elder.....	195-2 (59.48)	4/16/77
9. Gary Kirchoff.....	194-7 (59.32)	5/1/93
10. Gordon Hovey.....	193-2 (58.88)	3/28/98

### JAVELIN

#### (1986 IMPLEMENT)

1. Corey White.....	272-2 (82.97)	4/4/09
2. Cooper Thompson.....	253-3 (77.19)	5/15/10
3. Nils Fearnley.....	244-8 (74.58)	5/20/95
4. Henrik Kjaereng.....	227-On (69.20)	5/3/97
5. Jeffrey Churchman.....	219-4 (66.85)	5/17/14
6. Matt Gee.....	213-5 (65.06)	3/4/89
7. Dennis Rice.....	211-6 (64.47)	3/18/05
8. Mike Gonzales.....	208-9n (63.62)	5/3/86
9. Mike Thomas.....	206-10 (63.04)	5/14/94
10. William O'Grady.....	206-6 (62.95)	5/5/01

### HAMMER

1. Balazs Kiss.....	271-1 (82.62)	9/95
2. Conor McCullough.....	252-4 (76.91)	6/10/15
3. Norbert Horvath.....	241-11 (73.75)	6/5/99
4. Remington Conatser.....	238-8 (72.76)	3/21/14
5. Bengt Johansson.....	236-11n (72.22)	6/5/98
6. Adam Midles.....	228-3 (69.57)	4/27/07
7. Trey Henderson.....	227-10 (69.45)	4/1/11
8. John Wolitarsky.....	225-10 (68.84)	5/19/85
9. Szabolcs Maroti.....	225-9 (68.80)	3/24/00
10. Nathan Bultman.....	220-2 (67.12)	4/20/18

### 400-METER RELAY

1. Williams, Mullins, J. Sanford, M. Sanford.....	38.69	2/23/80
2. Lee, De Grasse, Thymes, Jackson.....	38.75	6/10/15
3. Williams, Mullins, Edwards, J. Sanford.....	38.85	4/29/78
4. Barnum, Morgan, Shinnick, Norman.....	38.88	3/24/18
5. Francis, Felix, Larry, Anderson.....	38.89	4/17/05
Barnum, Benjamin, Brock, Morgan.....	38.89	4/29/18
7. Reading, Manning, Dexter, Morales.....	38.90n	6/6/86
8. Williams, Bradford, J. Sanford, Mullins.....	38.91	4/28/79
9. Jones, Felix, Francis, Anderson ..	38.92	6/9/05
10. Lee, Davis, Williams, McCullough.....	38.94n	4/3/99

### 1,600-METER RELAY

1. Morgan, Benjamin, Shinnick, Norman.....	2:59.00	6/8/18
2. Hannah, Conway, Cannady, Watts.....	3:00.58	3/6/92
3. Hughes, Mance Wyatt, Nellum.....	3:00.64	6/9/12
4. Benjamin, Shinnick, Ford, Norman.....	3:01.11	5/26/18
5. Ekpenyong, Hervey, Rodriguez, Krill.....	3:02.59	6/2/95
6. Jordan, Joyner, Sanchez, Davis.....	3:02.68	5/22/99
7. Hughes, Mance, Walker, Wyatt.....	3:02.87	4/9/11
8. Lee, Williams, Sanchez, Davis.....	3:02.89	4/3/99
9. Kelley, Garrison, Cunningham, Larry.....	3:03.08	6/10/06
10. Hughes, Nellum, Walker, Wyatt.....	3:03.21	6/7/12