

ALL-TIME WOMEN'S INDOOR PERFORMERS

60 METERS

1.	Angela Williams	7.09	3/11/01
2.	TeeTee Terry	7.14	3/9/19
3.	Ky Westbrook	7.18	1/17/15
4.	Virginia Powell	7.21	3/11/06
5.	Tynia Gaither	7.23	2/28/15
6.	Lanae-Tava Thomas	7.24	1/31/20
7.	Deanna Hill	7.26	2/10/17
8.	Alexis Faulknor	7.27	1/24/15
9.	Alexis Weatherspoon	7.28	3/4/06
	Angela Daigle	7.28	2/28/03

200 METERS

1.	Deanna Hill	22.54	3/11/17
2.	Carol Rodriguez	22.77	3/11/06
3.	Angie Annelus	22.83	2/15/19
4.	Lanae-Tava Thomas	22.91	2/15/19
5.	Lauren Rain Williams	22.93	2/15/19
6.	Kendall Ellis	22.97	1/27/17
7.	Anna Cockrell	23.16	1/26/18
8.	Tynia Gaither	23.19	2/14/15
	Twanisha Terry	23.19	2/10/18
10.	Jessica Davis	23.32	3/15/14

400 METERS

1.	Kendall Ellis	50.34	3/10/18
2.	Kaelin Roberts	51.50	3/9/19
3.	Kyra Constantine	52.07	2/23/19
4.	Jaide Stepter	52.22	3/12/16
5.	Cameron Pettigrew	52.27	2/25/17
6.	Coco Ndiagbor	52.47	3/14/14
7.	Amalie Luel	52.52	2/12/16
	Bailey Lear	52.52	2/14/20
9.	Michelle Taylor	52.60	2/11/89
10.	Vanessa Jones	53.33	2/28/15

800 METERS

1.	Michelle Taylor	2:05.70	3/10/90
2.	Jemima Russell	2:05.90	2/8/19
3.	Mikaela Smith	2:05.94	2/25/17
4.	Alyssa Brewer	2:06.48	1/26/19
5.	Amalie Luel	2:06.88	2/26/16
6.	Leslie Noll	2:08.70	2/25/89
7.	Lorea Ibarzabal	2:08.82	2/11/17
8.	Shannon Clark	2:10.11	2/25/89
9.	Erica Capellino	2:11.54	2/28/15
10.	Reika Kijima	2:11.55	2/28/15

ONE MILE

1.	Anna Lopacuich	4:43.23	2/8/98
2.	Elise Lyon	4:53.35	2/8/86
3.	Amy Goodwin	4:55.00	2/9/90
4.	Kamryn Weber	4:55.48	2/15/20
5.	Chloe Berry	4:55.83	2/15/20
6.	Katerina Berdousi	4:57.43	2/12/16
7.	Amber Gore	4:58.34	2/9/18
8.	Christine Cortez	5:08.07	2/12/11
9.	Jenna Tong	5:09.16	2/8/14
10.	Katherine Ellis	5:16.72	1/26/08

3,000 METERS

1.	Katerina Berdousi	9:50.40	2/13/16
2.	Jenna Tong	10:02.63	2/27/16
3.	Dina Kitayama	10:52.97	2/26/11
4.	Erin Robinson	10:56.63	1/20/12
5.	Katherine Ellis	10:57.78	1/27/07
6.	Zara Lukens	10:58.71	2/26/11
7.	Bridget Helgersen	11:07.73	1/27/07
8.	Natalie Jarvey	12:04.25	1/27/07

60-METER HURDLES

1.	Virginia Powell	7.84	3/11/06
2.	Chanel Brissett	7.90	2/8/19
3.	Anna Cockrell	7.93	3/10/18
4.	Dior Hall	7.94	1/20/18
5.	Mecca McGlaston	8.00	3/8/19
6.	Candice Davis	8.05	3/10/07
7.	Nia Ali	8.06	2/5/11
8.	Lauren Blackburn	8.19	3/1/14
9.	Jasmyne Graham	8.21	2/25/17
10.	Dalilah Muhammad	8.23	3/2/12

LONG JUMP

1.	Margaux Jones	21-0.50 (6.41)	2/5/16
2.	Yvette Bates	20-10.00 (6.35)	3/12/88
3.	Alitta Boyd	20-9.75 (6.33)	2/4/12
4.	Wendy Brown	20-8.00 (6.30)	3/8/86
	Sabrina Williams	20-8.00 (6.30)	2/8/85
6.	Alexis Faulknor	20-5.25 (6.23)	2/28/15
7.	Lanae-Tava Thomas	20-5.00 (6.22)	2/22/19
8.	Michelle Sanford	20-3.00 (6.17)	3/4/06
9.	Courney Corrin	20-2.50 (6.16)	2/9/18
10.	Amalie Luel	20-2.25 (6.15)	3/11/16

TRIPLE JUMP

1.	Yvette Bates	45-3.00 (13.79)	3/14/87
2.	Wendy Brown	44-8.00 (13.61)	3/14/87
3.	Michelle Sanford	43-2.25 (13.16)	1/30/04
4.	Alitta Boyd	42-6.00 (12.95)	2/9/13
5.	Isabella Marten	41-10.50 (12.76)	2/23/19
6.	Melia Cox	41-5.75 (12.64)	2/9/13
7.	Ekene Anene	41-5.00 (12.62)	1/30/10
8.	Kemi Olonade	41-2.50 (12.56)	3/1/14
9.	Brittany Daniels	40-6.75 (12.36)	1/28/06
10.	Katarzyna Klisowska	39-2.25 (11.94)	2/10/07

HIGH JUMP

1.	Amalie Luel	5-10.75 (1.80)	3/11/16
2.	Lyndsey Lopes	5-8.50 (1.74)	2/23/18
	Cassidy Palka	5-8.50 (1.74)	1/24/20
4.	Wendy Brown	5-8.25 (1.73)	2/19/88
5.	Spring Harris	5-8.00 (1.73)	2/15/03
	Shawana Taylor	5-8.00 (1.73)	1/22/00
7.	Alexa Harmon-Thomas	5-7.25 (1.71)	2/24/18
8.	Yleana Carrasco	5-7.00 (1.70)	2/3/90
9.	Alexandra Church	5-5.75 (1.67)	1/29/05
10.	Jordan Winters	5-3.00 (1.60)	1/16/16

POLE VAULT

1.	Brysun Stately	13-5.75 (4.11)	3/4/06
2.	Felicia Horvath	12-8.00 (3.86)	2/26/16
3.	Melissa Astete	12-5.50 (3.80)	2/23/02
4.	Kenisha Strong	11-0.75 (3.37)	1/31/09
5.	Shannon Lewallen	10-10.00 (3.30)	1/21/05

SHOT PUT

1.	Brittany Mann	58-4.00 (17.78)	3/10/17
2.	Breana Jemison	56-8.00 (17.27)	1/20/18
3.	Diana Clements	55-8.25 (16.97)	2/21/86
4.	Karen Freberg	53-4.25 (16.26)	3/4/06
5.	Tera Novy	50-6.75 (15.41)	2/27/16
6.	Tanya Sapa	49-1.50 (14.97)	2/6/16
7.	Karlee Freeman	48-1.25 (14.66)	1/25/20
8.	Heidi Adams	47-2.00 (14.37)	2/19/88
9.	Marissa Minderler	46-0.00 (14.02)	2/26/11
10.	Katlin Mate	43-6.00 (13.26)	1/19/09

WEIGHT THROW

1.	Brittany Mann	63-3.25 (19.28)	2/24/17
2.	Joy McArthur	61-11.75 (18.89)	1/24/20
3.	Erika Peyton	57-5.00 (17.50)	2/26/16
4.	Tanya Sapa	56-2.00 (17.12)	2/26/16
5.	Karlee Freeman	55-3.00 (16.84)	2/14/20
6.	Tamara Bauman	53-5.75 (16.30)	2/26/11
7.	Ashley Pyka	48-4.50 (14.74)	1/20/12
8.	Alexandra Williams	47-4.00 (14.44)	1/28/06
9.	Marissa Minderler	47-1.00 (14.35)	1/31/09
10.	Kathryn Daniels	45-8.00 (13.92)	2/26/11

PENTATHLON

1.	Amalie Luel	4,444	3/26/16
2.	Lyndsey Lopes	3,978	2/23/18
3.	Alexa Harmon-Thomas	3,486	2/24/17
4.	Kiana Henry	2,825	1/26/13

4x400-METER RELAY

1.	Pettigrew, Luel, Hill, Ellis	3:27.03	3/11/17
2.	Roberts, Cockrell, Hill, Ellis	3:27.45	3/10/18
3.	Constantine, Cockrell, Hill, Ellis	3:27.56	2/10/18
4.	Ellis, Luel, Hill, Stepter	3:28.82	2/13/16
5.	Stepter, Luel, Ellis, Jones	3:29.63	3/13/15
6.	Lear, Cockrell, Bernard-Joseph, Constantine	3:30.23	2/15/20
7.	Cockrell, Constantine, Lear, Roberts	3:30.43	2/9/19
8.	Ellis, Cockrell, Pettigrew, Hill	3:30.66	1/28/17
9.	Pettigrew, Luel, Constantine, Ellis	3:31.72	1/21/17
10.	Ndiagbor, Jones, Stepter, Liverpool	3:33.20	3/15/14