



USC HEADS TO NCAA WEST PRELIMS

- 18 Women & 13 Men Set Sights On Nationals -



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USC Track & Field Schedule

Date	Outdoor Meets
3/1-2	Beach Opener
3/15-16	Trojan Invitational*
3/23	Power 5 Trailblazer Challenge+
4/4-5	Jim Click Multi-Events
4/6	Jim Click Shootout
4/12-13	Triton Invitational
4/17-19	Bryan Clay Invitational
4/18-20	Mt. SAC Relays
4/19-20	Beach Invitational
4/28	USC-UCLA Dual Meet*
5/4-5	Pac-12 Multi-Events&
5/11-12	Pac-12 Championships&
5/23-25	NCAA Preliminary Rounds%
6/5-8	NCAA Championships#

* Home
+ Miami, Fla.
& Tucson, Ariz.
%Sacramento, Calif.
#Austin, Texas

USC Quick Facts

Location: Los Angeles, Calif.
Enrollment: 45,500 (19,000)
Nickname: Trojans
Colors: Cardinal and Gold
Athletic Dir: Lynn Swann
Dir. of T&F: Caryl Smith Gilbert
(213) 740-4201
Coaches: Patrick Henner
Dan Lange
Carjay Lyles
Quincy Watts
Skyler Willis
Dir. of Ops: Kryah McCowan
T&F SID: David Tuttle
(213) 740-8480

USC's History In Track & Field

NCAA Titles: Men (26 outdoor)
Men (2 indoor)
Women (2 outdoor)
Last Title: Men (1976)
Women (2018)
NCAA Champs: Men (173)
Women (32)
Olympic Champs: Men (41)
Women (8)

Pronunciation Guide

Annelus, Anglerne "Angie"
(Ann-NELL-us, Ann-juh-leen)
Carrioli, Damiano (CARE-e-oh-lee)
Jones, Margaux (MAR-go)
Lewis, Talin (TAY-lin)
Roberts, Kaelin (KAY-lin)
Thomas, Lanae-Tava (LAH-nay-TAY-vuh)
VanDorpe, Sam - (VanDOORP)
Zavala, Joshua (Za-VAHL-uh)

WEEKLY TRACK AND FIELD RELEASE - MAY 20, 2019

THIS WEEK - The No. 2-ranked USC women's team and the No. 10-ranked men's team will be at the NCAA West Preliminary Rounds held in Sacramento, Calif. on May 23-25. There will be 48 athletes in each event, with the top 12 after the Preliminary Rounds in each region moving on to the NCAA Championships in Austin, Texas from June 5-8.

TRAVELING TROJANS - USC has 13 men and 18 women entered to compete this week at the NCAA West Preliminary Rounds: **Men:** Allen Jr. (200m), Barnum (100m), Bultman (HT), Green (400m H), Jewett (800m), Katnik (SP), Morris (110m H), Ojora (110m H), Robinson (100m, 200m), Samuel (400m H), Sears (HJ), Stewart (100m, 200m), VanDorpe (800m). **Women:** Annelus (100m, 200m), Brewer (800m), Brissett (100m H), Cockrell (100m H, 400m H), Constantine (400m), Freeman (SP, DT), Hall (100m H), Harmon-Thomas (HJ), Jones (LJ), Lear (400m), Marten (TJ), McArthur (HT), McGlaston (100m H), Roberts (400m), Russell (800m), Terry (100m, 200m), Thomas (100m, 200m), Weber (1500m). The USC women's 4x100m and 4x400m relays are also entered. The men's team did not enter any relay teams.

WOMEN WIN PAC-12 TITLE; MEN PLACE 5TH -- The USC women's team won the 2019 Pac-12 team title, its second consecutive and third in program history. USC's women won seven events, including sweeping the top three spots in the 100m, 200m and 100m hurdles. USC scored all 154 of its points on the final day to defeat Oregon by 17 points. The men's team finished in fifth place at the 2019 Pac-12 Championships with 78 points, winning the 800m (Jewett), 400m hurdles (Samuel), high jump (Sears) and the 4x400m relay.

FOUR TROJANS EARN PAC-12 HONORS - USC picked up four of the eight 2019 Pac-12 season honors on May 15: Angie Annelus (Women's Track Athlete of the Year), Ayden Owens (Men's Freshman of the Year), Lanae-Tava Thomas (Women's Freshman of the Year) and Caryl Smith Gilbert (Women's Head Coach of the Year).

WOMEN'S 4x100M RELAY SETS SCHOOL RECORD - The USC women's 4x100m relay team of Mecca McGlaston, Angie Annelus, Lanae-Tava Thomas and TeeTee Terry set the USC school record with a time of 42.44 in the Pac-12 prelims on May 11. Chanel Brissett took over for McGlaston in the final on May 12 and the team won the conference title with the second-fastest time in school history of 42.45. Those are the two fastest times in the world this season.

WOMEN'S 4x400M RELAY SETS MEET RECORD - USC's women's 4x400m relay team of Bailey Lear, Anna Cockrell, Kyra Constantine & Kaelin Roberts won the Pac-12 title with a meet-record time of 3:29.23 which ranks 9th on USC's all-time list and fifth among NCAA teams.

TOP 25 TROJANS - USC's women have 19 marks that currently rank in the top 25 nationally, while the men's team has 10. Trojans in the top 25 are: **Angie Annelus** (T-8 - W-100m, T-7 - W-200m), **Alyssa Brewer** (24 - W-800m), **Chanel Brissett** (2 - W-100m H), **Anna Cockrell** (10 - W-100m H, 2 - W-400m H), **Kyra Constantine** (6 - W-400m), **Dior Hall** (12, W-100m H), **Alexa Harmon-Thomas** (T-22 - W-HJ), **Isaiah Jewett** (4 - M-800m), **Matthew Katnik** (14 - M-SP), **Bailey Lear** (14 - W-400m), **Mecca McGlaston** (18 - W-100m H), **Marquis Morris** (15 - M-110m H), **Omotade Ojora** (13 - M-110m H), **Ayden Owens** (1 - M-Decathlon, 14 - M-110m H), **Kaelin Roberts** (T-17 - W-200m, 5 - W-400m), **Cameron Samuel** (1 - M-400m H), **Earnest Sears III** (T-1, M-HJ), **TeeTee Terry** (2 - W-100m, T-17 - W-200m), **Lanae-Tava Thomas** (18 - W-100, 15 - W-200m), **W -4x100m (1st)**, **M- 4x100m (19th)**, **W-4x400m (5th)**, **M - 4x400m (11th)**. Of this group, Morris, Hall and Harmon-Thomas are the only seniors and 13 of the marks have been posted by freshmen or sophomores.

RELAY ROULETTE - USC's 4x100m relay currently ranks first in the world with a school record of 42.44 set in the Pac-12 prelims on May 11. USC also ran 42.45 to capture the Pac-12 title and 42.77 to win at the Mt. SAC Relays in April, the top three times by an NCAA quartet this season. The common denominator on the relay has been Angie Annelus, Lanae-Tava Thomas and TeeTee Terry running legs 2-4 respectively. Running the lead-off legs were Mecca McGlaston (42.44), Chanel Brissett (42.45) and Dior Hall (42.77).

FABULOUS FRESHMEN - Karlee Freeman is the top freshman woman discus thrower and is ninth among freshmen in the shot put, but she isn't the only USC freshman making their mark in the early season. Ayden Owens leads overall in the decathlon and ranks 13th among freshmen in the long jump and is fifth in the 110m hurdles. In addition among the men, Omotade Ojora ranks third among freshmen in the 110m hurdles, Sam VanDorpe is sixth in the 800m, Brendon Stewart is 11th among freshmen in the 100m dash, while Eric Allen Jr. is 13th in the 100m and seventh in the 200m. For the freshmen women, Lanae-Tava Thomas ranks fourth in the 100m and sixth in the 200m, Alyssa Brewer is second in the 800m, Bailey Lear is first in the 400m and Jemima Russell is fourth in the 800m among freshmen.

BRISSETT ON BOWERMAN POST-CONFERENCE CHAMPIONSHIP WATCH LIST - USC sophomore Chanel Brissett was named to the 10-woman Post-Conference Championship Watch List for the Bowerman on May 15.

NEXT MEET: NCAA CHAMPIONSHIPS - Qualified Trojans will next be competing at the 2019 NCAA T&F Outdoor Championships in Austin, Texas from June 5-8.

RANKINGS - The 2019 USTFCCCA preseason outdoor rankings came out on March 18 and the women's team opened at No.1 and the men's team at No. 30. USC's women finished the 2018 season No. 1 and the men's team placed No. 4.

	3/18	4/1	4/8	4/15	4/22	4/29	5/6	5/13	5/20	5/28
USC Men --	30	34	34	36	8	8	9	8	10	
USC Women --	1	1	1	1	4	3	3	2	2	

WOMEN REACH UNCHARTED HIGH GROUND - The USC women's was ranked No. 1 in the country for four consecutive weeks (March 18-April 15) in the 2019 U.S. Track & Field and Cross Country Coaches Association (USTFCCCA) rankings, a program first. The previous most consecutive No. 1 rankings by the USC women's team in the USTFCCCA rankings of two weeks occurred in the 2018 season when it ended up winning the NCAA team title.

USC TRACK AND FIELD HISTORY - USC is well known as one of the most successful athletic programs in the history of the NCAA, with 129 men's and women's national championships. The Trojans have won far more NCAA team and individual titles combined than any other university. However, the most dominant force in USC's slate of athletic programs is not the baseball team (12 College World Series titles) or the football squad (nine national championships) but the men's track and field program, with an unprecedented 28 NCAA titles (including nine straight, 1935-43). In fact, in the history of the NCAA, only the Oklahoma State wrestling program (31) has more national titles than USC men's outdoor track and field. Trojan athletes have dominated the track and field scene for decades. From the exploits of sprinter Charlie Paddock and thrower Clarence "Bud" Houser in the 1920s and 1930s, sprinter Mel Patton in the 1940s, thrower Parry O'Brien in the 1950s, sprinter Lennox Miller and pole vaulter Bob Seagren in the 1960s, sprinter Quincy Watts in the 1980s, to four-time NCAA hammer champion Balazs Kiss (only the fifth collegian to win four in a row) in the 1990s and World Champion hurdler Felix Sanchez in the 2000s, USC is synonymous with track and field excellence.

TROJAN PROGRAM IN GOOD HANDS WITH SMITH GILBERT - Caryl Smith Gilbert begins her sixth season as the Trojan Director of Track & Field and once again last season demonstrated that she is one of the premier track and field coaches in the country and that USC is one of the elite programs. Smith Gilbert earned her first national title by guiding the USC women's team to the 2018 NCAA Outdoor T&F Championship, the second in program history. The women claimed the crown with an epic come-from-behind victory in the 4x400m relay, the meet's final event. The men's team had a historic final day with Michael Norman and Rai Benjamin combining to set three collegiate records en route to a fourth place team finish. This was the culmination of an extremely successful season which also saw the men's team take second and the women's seventh at the 2018 NCAA Indoor Championships, the women's team winning the Pac-12 title and the men taking third and both teams winning the MPSF indoor conference team titles. The women's teams have scored 173 points at the NCAA Championships in her first five seasons as the program leader, the most points in a five-year stretch since scoring 212 points during the 2000-04 seasons. USC's teams garnered 22 All-America honors, and combined indoors and outdoors to set 10 school records and six USC freshman records, running the total to 29 freshman records (20 indoor and 9 outdoor) and 46 school records (29 indoors and 17 outdoor) under her leadership. Smith Gilbert was named the 2018 U.S. Track & Field and Cross Country Coaches Association (USTFCCCA) National Women's Coach of the Year, Pac-12 Women's Coach of the Year and MPSF Men's & Women's Coach of the Year. Nine Trojans were named USTFCCCA All-Academic and the women's team was named 2018 outdoor National Scholar Team of the Year. In addition 19 Trojans were named to Pac-12 All-Academic teams, bringing the total to 73 in her first five seasons leading the program. In addition she has guided the men's team to the 2016 and 2018 MPSF indoor conference title and the women's team to the team titles in 2019, 2018, 2017, 2015 and 2014. Smith Gilbert was named the 2015 Pac-12 Men's & Women's Coach of the Year, the first woman to win the Men's Coach of the Year honor. She has also been named the 2014, 2015, 2017, 2018 and 2019 MPSF Women's Coach of the Year and the 2016 and 2018 Men's Coach of the Year, the 2014, 2015 and 2019 USTFCCCA West Region Women's Indoor Coach of the Year and the 2016 USTFCCCA West Region Men's Coach of the Year and the 2014 and 2018 USTFCCCA West Region Women's Outdoor Coach of the Year. She also was named the national USTFCCCA Women's Coach of the Year in 2018, after she led the Trojans to the team title, the second in program history. She was named the USC Director of Track & Field on June 17, 2013, following the retirement of Ron Alice who guided the program for 19 seasons. Smith Gilbert was a six-time Conference USA Coach of the Year at Central Florida and guided them to a program-best fifthplace finish at the 2013 NCAA Indoor and Outdoor Championships. Also in her six seasons at UCF, her athletes were named All-Americans more than 100 times and set more than 100 school records. Her team won four-straight Conference-USA titles (2010-13), the most in conference history. UCF's fifth-place finish in 2013 was the best finish by a non-BCS school since 2000. Smith Gilbert went to UCF after five seasons (2003-07) as an assistant coach at Tennessee and three as an assistant coach at Alabama (2000-03).

TROJANS' OLYMPIC GLORY - USC athletes of the present and past won 21 medals at the 2016 Rio Olympics, 9 golds, 5 silvers and 7 bronze, after earning 25 medals at the 2012 London Olympics. The success in Rio kept USC as the leader among U.S. universities for most all-time medals and gold medals and continuing its streak of having won a gold medal at every Summer Olympics since 1912. Nine of the medals earned by Trojans at the Rio Olympics were won by USC track and field athletes, the most by Trojan tracksters in a single Olympics. USC track and field athletes have claimed 49 gold medals in Olympic competitions. Forty-four current, former and incoming USC students competed in Rio, the most of any U.S. university. It was the fifth consecutive Summer Games that USC has had at least 40 Olympians. In Rio, those Trojans competed in 9 sports and represented 21 countries. Twenty-five of USC's Rio Olympians were women, 29 were competing in their first Games and 9 were current or incoming student-athletes. In reflecting on USC's success over the years at the Olympics, it is amazing to note that a Trojan athlete has won at least one gold medal in every track and field event except the 800m, 1500m, 5000m, 10000m, steeplechase, triple jump and javelin.

ALL-STAR COACHING STAFF - Caryl Smith Gilbert has put together an impressive coaching staff that looks like an all-star roster. Well decorated throws coach Dan Lange is one of the top assistants in the country and is joined on staff by former Georgetown head coach Patrick Henner (distances), Carjay Lyles (jumps and multis), Olympic gold medalist Quincy Watts (sprints and long hurdles) and Skyler Willis (hurdles and sprints).

USC WOMEN 2ND, MEN 17TH AT 2019 NCAA INDOOR CHAMPIONSHIPS - Chanel Brissett in the 60m hurdles, Kaelin Roberts in the 400m and TeeTee Terry in the 60m all won titles to help lead the USC women's team to a second-place finish, while Earnest Sears III placed fourth in the men's high jump to help lead the Trojan men's team to a 17th place finish at the 2019 NCAA Indoor T&F Championships being held at the Birmingham CrossPlex in Birmingham, Ala. on March 8-9. USC's women scored 51 points and the men's team scored 12 points in the two-day event. The USC women's three individual titles in the 17 events were more than any other school and only two other teams had two individual champions. The second-place finish for the women's team tied for its best finish ever at the NCAA Indoor Championships (T-2nd in 1986).

THE MAGICAL 2018 OUTDOOR SEASON - The USC women's track and field team won the 2018 NCAA Outdoor Track & Field title, the second in school history, with an epic come-from-behind victory in the 4x400m relay by .07 seconds, the meet's final event. Angie Annelus won the 200m title and Anna Cockrell placed second in the 400m hurdles to help key the Trojans' comeback. Also scoring individually for USC was TeeTee Terry in the 100m, Deanna Hill in the 100m and 200m, Ellis in the 400m and Madisen Richards in the LJ. The men's team placed fourth at the Championships, its highest since tying for fourth in 2014 and the last time USC finished higher was third place in 2003. Michael Norman in the 400m, Rai Benjamin in the 400m hurdles and the 4x400m relay all set collegiate records. Also scoring for USC were Robert Ford in the 800m (7th) and Earnest Sears III in the HJ (7th).

TROJANS LEAVING THEIR MARKS - The Trojans have 31 athletes on the current team that have posted 59 outdoor top 10 marks all-time by a Trojan, including 39 marks that rank in USC's all-time top 5. The following is a list of those athletes and their ranking at USC:

Men

Alexander Barnum (4th, 5th - 4x100m)
Nathan Bultman (10th - HT)
Randall Cunningham (T-5th - High Jump)
Nicolaus Jakowec (9th - 5000m)
Isaiah Jewett (3rd - 800m)
Matthew Katnik (5th - SP)
Mitch Libby (9th - 3000m SC)
Marquis Morris (10th - 110m H)
Ayden Owens (1st - Decathlon)
Cameron Samuel (7th - 400m H)
Earnest Sears III (T-3rd - High Jump)
Zach Shinnick (4th - 4x100m, 1st, 4th - 4x400m)

Women

Angie Annelus (T-7th - 100m, 5th - 200m, 1st, 2nd, 3rd, 4th - 4x100m)
Alyssa Brewer (7th - 800m)
Chanel Brissett (2nd - 100m H, 2nd - 4x100m)
Anna Cockrell (5th - 100m H, 3rd - 400m H, 2nd, 4th - 4x400m)
Kyra Constantine (5th - 400m, 4th, 5th - 4x400m)
Courtney Corrin (4th - LJ)
Karlee Freeman (4th - DT, 9th - SP)
Dior Hall (4th - 100m H, 4th, 10th - 4x100m)
Alexa Harmon-Thomas (10th - HJ)
Margaux Jones (8th - LJ)
Lyndsey Lopes (5th - Heptathlon)
Isabella Marten (7th - TJ)
Joy McArthur (10th - HT)
Mecca McGlaston (7th - 100m H, 1st - 4x100m)
Kaelin Roberts (3rd - 400m)
Jemima Russell (9th - 800m)
TeeTee Terry (1st - 100m, 8th - 200m, 1st, 2nd, 3rd, 4th, 10th - 4x100m)
Lanae-Tava Thomas (1st, 2nd, 4th - 4x100m)
Ky Westbrook (T-7th - 100m, 8th, 10th, - 4x100m)

SCHOOL FRESHMAN OUTDOOR RECORD HOLDERS - Seven of USC's athletes hold the school's outdoor freshman record in an event: **Women: Anna Cockrell** (400m H), **Karlee Freeman** (DT), **Dior Hall** (100m H), **Kaelin Roberts** (400m) and **TeeTee Terry** (100, 200m) and **Men: Omotade Ojora** (110m H) and **Ayden Owens** (Decathlon).

USC INDOOR RECORD HOLDERS - USC has six athletes that are school indoor record-holders in an event: **Women - Margaux Jones** (LJ) and **Men - Randall Cunningham** (T-1st - HJ) **Nicolaus Jakowec** (3000m), **Isaiah Jewett** (800m), **Ayden Owens** (Heptathlon) and **Zach Shinnick** (4x400m).

FREEMAN SETS USC FRESHMAN DISCUS RECORD - Freshman Karlee Freeman won the women's discus throw at the Triton Invitational on April 12 with a PR and USC freshman record of 179-5 (54.70m). Her throw moved her to fourth place on USC's all-time women's discus throw list. Her mark ranks 28th nationally and is the top discus throw by a freshman this season.

USC WOMEN WIN MPSF TITLE; 8 INDIVIDUALS WIN EVENTS - The USC women's team won its fifth MPSF team title in six seasons on Feb. 23, scoring 120 points and defeating second-place Stanford by 52.5 points. The USC men's team tied for third place with 63 points. Winning titles for the women were Angie Annelus (60m), Chanel Brissett (60m H), Krya Constantine (400m), Dior Hall (200m), Lanae-Tava Thomas (LJ) and the 4x400m relay. Men's MPSF champions were Isaiah Jewett (800m), Earnest Sears III (HJ), Brendon Stewart (60m) and the 4x400m relay.

HALL, JEWETT AND SMITH GILBERT EARN MPSF HONORS - USC redshirt junior Dior Hall was named Women's Athlete of the Meet, junior Isaiah Jewett was named Men's Athlete of the Meet and Caryl Smith Gilbert was named Women's Coach of the Year by the MPSF following the conclusion of the 2019 conference championship. Hall won the 200m and was second in the 60m hurdles and Jewett won the 800m and anchored USC's winning men's 4x400m relay. Smith Gilbert led the women's team to the title, winning six of the 17 events.

BRISSETT WINS NCAA INDOOR HURDLES TITLE - Sophomore Chanel Brissett had a scorching indoor campaign, culminated by winning the women's 60m hurdle title at the NCAA Indoor Championships on March 9 by tying her PR of 7.90 which ranks fifth in the world this season. Brissett won the 60m hurdles at all five meets she competed in this season. She ran a PR of 12.70 to win her second consecutive Pac-12 title on May 12. Her time ranks second on USC's all-time list and tied for second among NCAA hurdlers this season.

ROBERTS WINS NCAA INDOOR 400M TITLE - Sophomore Kaelin Roberts then won the women's 400m title at the NCAA Indoor Championships on March 9 with a PR and the fastest indoor time in the world this season of 51.50. She won the second section by .77 seconds and bettered her second-place standing on USC's all-time list. Roberts became USC's second consecutive women's indoor 400m champion, as Kendall Ellis set the USA indoor record at the 2018 NCAA Championships. Roberts opened up her outdoor 400m campaign by running 52.16 in the Pac-12 prelims on May 11 and then winning the title the next day with a slight PR of 51.25. Her time ranks fifth in the country among NCAA hurdlers.

TERRY WINS NCAA 60M TITLE - Sophomore TeeTee Terry next won the women's 60m dash at the NCAA Indoor Championships on March 9 with a PR of 7.14. That time bettered her second-place standing (7.15) on USC's all-time list. She currently is second on the NCAA descending order list with a 10.99 (+2.1w) time in the 100m and is tied for 17th in the 200m with a time of 22.95 (+0.4). Terry won the 100m dash at the Pac-12 Championships with a time of 11.09 and took third in the 200m with a time of 23.28.

SEARS 4TH IN HIGH JUMP AT NCAA INDOORS - Sophomore Earnest Sears III placed fourth in the men's high jump at the NCAA Indoor Championships on March 9 with a clearance of 7-3.75/2.23m. Sears was clean all the way up to the height he went out at, 7-5. Sears had indoor PRs of 7-5.25/2.27m at the MLK Invitational on Jan. 18 and the Texas Tech Classic on Jan. 26 which moved him into third on USC's all-time list behind former NCAA champions Jesse Williams and Randall Cunningham. He set his outdoor PR of 7-5.25 (2.25m) in winning his second consecutive Pac-12 title on May 12 and is tied for the NCAA lead in the event.

COCKRELL MAKES A SPLASH IN HER RETURN - Junior captain Anna Cockrell is a four-time outdoor All-American, placing second in the 400m hurdles at the NCAA Championships in each of the last two seasons. She also scored in the 100m hurdles at the 2017 NCAA Championships and ran on USC's 2018 title-clinching 4x400m relay which won with a time of 3:27.06. Cockrell has a 400m hurdles PR of 55.14 which ranks third on USC's all-time list and has a personal best of 12.88 in the 100m hurdles which ranks fifth on USC's all-time list. She opened up in the 4x400m relay at the Mt. SAC Relays on April 20. She opened up in individual events at the Dual Meet on April 28 and ran 56.44 in the 400m hurdles which is second on the NCAA descending order list and 13.04 in the 110m hurdles. She won the Pac-12 400m H title with a time of 56.46 and placed second in the 110m H with a time of 12.92 on May 12, which ranks 10th on the NCAA descending order list.

SMITH GILBERT & WATTS EARN USTFCCCA REGIONAL HONORS -- Caryl Smith Gilbert was named the U.S. Track & Field and Cross Country Coaches Association (USTFCCCA) 2019 Indoor West Region Women's Coach of the Year and Quincy Watts was named the 2019 Indoor West Region Women's Assistant Coach of the Year on March 1. Smith Gilbert, in her sixth season as USC Director of Track & Field, led the USC women's team to its fifth MPSF title in six seasons, winning the team title by a whopping 52.5 points. USC's women won five individual events and the 4x400m relay. USC's hurdlers finished first-fourth and its 60m sprinters also qualified four for the finals, finishing first, second and fifth. USC's No. 2 ranked women's team has 11 individuals in events and the 4x400m relay qualified for the indoor championships. Additionally, 14 individuals posted USC all-time top 10 marks this indoor season. This is Smith Gilbert's fifth USTFCCCA West Region Indoor Coach of the Year Award. Watts guided Kyra Constantine to the MPSF 400m title with a time of 52.07, No. 2 in the country. Kaelin Roberts ran 52.25 to win at the Texas Tech Classic & 52.54 to win at the MLK Invite. Constantine & Roberts now rank No. 2 & No. 4 on USC's all-time indoor 400m list and are 2 of 7 runners to go sub-52.50 this season. His 4x400m team ranked No. 1 all season, capturing the MPSF title & winning the 4x400m relay at every meet it competed: MLK Invite, Texas Tech Classic, Tyson and MPSFs. This is Watts's second USTFCCCA West Region Indoor Assistant Coach of the Year Award.

ANNELUS IMPROVEMENT LED TO 200M TITLE - Junior Angie Annelus won the 2018 NCAA women's 200m title with a time of 22.76 (-2.2w). She entered the season with a personal best of 23.22 and kept improving throughout the season. She won the 2018 USC-UCLA Dual Meet 200m race with a time of 22.89 (+1.0), then set a PR of 22.64 (+1.4) in the Pac-12 prelims before placing third in the final with a time of 22.70 (+2.9w). She also had a wind-aided PR of 22.52 (+2.2w) in the NCAA semifinals to place fourth. Annelus won the Pac-12 200m title with a season-best time of 22.71 (+0.1) on May 12, tied for seventh nationally. She also had a PR of 11.17 (+0.5) to take second in the 100m dash at the Pac-12 Championships which moved her to tied for seventh on USC's all-time list and ranks tied for eighth in the country.

JEWETT MAKES AN IMMEDIATE IMPACT - Junior transfer Isaiah Jewett from UC Irvine proved during the indoor season that he was going to be a key member of the Trojan team. Jewett did not compete for UC Irvine last season and thus is eligible immediately. He won the 2017 Big West 800m title and prior to this season had an 800m PR of 1:47.43. During the 2019 indoor season he set the USC 800m record with a time of 1:46.91 at the Texas Tech Classic on Jan. 26. He then claimed the conference 800m crown with a time of 1:47.20 at the MPSF Championships. He earned 2019 indoor All-America honors by placing seventh in the 800m with a time of 1:48.47 at the NCAA Indoor Championships. Jewett won the 400m at the Power 5 Trailblazer Challenge with a PR of 46.29 which ranks T-46th nationally. He opened up in the 800m on April 20 and won the Invitational race at the Mt. SAC Relays with a PR of 1:46.11, third on USC's all-time list and fourth this season among NCAA runners. Jewett won the Pac-12 800m title with a time of 1:49.25 on May 12.

MARTEN LEAPS INTO USC'S TOP 10 - Redshirt senior transfer Isabella Marten, in her first outdoor meet as a Trojan, won the women's triple jump at the Trojan Invitational on March 16 with a leap of 42-6.75/12.97 (-0.7). That jump moved her into eighth place on USC's all-time women's triple jump list. She then won the TJ at the Power 5 Trailblazer Challenge with a wind-aided jump of 42-11.50/6.09 (+2.3w). She made it 3-for-3 in triple jump wins by taking the title at the Jim Click Shootout with a leap of 42-4/12.90 (+0.5). Marten moved from eighth to seventh on USC's all-time list with a jump of 43-0.25/13.11m (+0.2) to finish sixth in the Invitational triple jump at Mt. SAC on April 19. Marten also competed indoors and places second at the MPSF Championships with a leap of 41-10.50/12.76m. Marten, from Stuttgart, Germany, began her career at SMU in 2015, then spent two seasons competing for California (2016 & 2018). She has a PR of 43-8.00 (13.31m) and place seventh in the triple jump at the 2016 NCAA Championships to earn All-America honors. Marten finished second in the TJ with a jump of 42-6.00/12.95m (+0.0) at the Pac-12 Championships on May 12.

KATNIK USED HIS TIME WELL - Redshirt junior Matthew Katnik sat out the 2018 season, but has already left his mark on the 2019 campaign by winning the shot put at the Power 5 Trailblazer Challenge with a PR and then-NCAA-leading throw of 64-6.50 (19.67m). That throw moved him to fifth on USC's all-time list and is the farthest shot put by a Trojan since Noah Bryant set the school record with a mark of 67-5.50 in 2007. He also won the shot put in his first outdoor meet back, the Trojan Invitational on March 16, with a then-PR and nation-leading throw of 63-10.25 (19.46m). Katnik earned 2019 Indoor All-America honors by placing seventh at the NCAA Indoor Championships with a throw of 64-7.25 (19.69m). He currently ranks 14th in the country in the shot put. He took sixth in the SP at Pac-12s with a mark of 62-1.75.

T&F SPREADS THE LOVE ON VALENTINE'S DAY - To celebrate Valentine's Day, USC's track & field athletes Anna Cockrell and Nathan Bultman stopped by the Los Angeles Veterans Affairs Medical Center on Feb. 14 to spend time with U.S. veterans and make them feel the love. Alongside the Laker Girls and other local dignitaries, Cockrell and Bultman visited with hospitalized veterans, handing out trinkets and treats. The Trojans brought four dozen cardinal and gold colored roses, one rose for each veteran they met. While visiting hospital rooms, they met Greg Monroe, an Army vet who immediately recognized Bultman because he loves to watch to collegiate track & field on TV. They also spent time passing out roses in the outpatient room, where they met a USC alum named Bill Plyley, who played football until shipping off to the Navy. (link: <https://usctrojans.com/news/2019/2/14/trojan-outreach-track-field-spreads-the-love-on-valentines-day.aspx?path=track>)

NORMAN WINS THE 2018 BOWERMAN - USC's Michael Norman was named The Bowerman winner at the U.S. Track & Field and Cross Country Coaches Association (USTFCCCA) convention in San Antonio, Texas on Dec. 20. The Bowerman is given out annually to the top men's and women's collegiate performer and is track and field's highest honor for a college athlete. Norman, from Murrieta, Calif., won the NCAA title in the 400m dash and as part of USC's winning 4x400m relay, with both setting collegiate records at the 2018 NCAA Outdoor Track & Field Championships in Eugene, Ore. Norman helped lead the Trojans to a fourth-place finish as a team. Norman stormed around the track to victory in the 400m dash with a collegiate-record time of 43.61, breaking the record of 43.70 set by Fred Kerley in 2017. Norman's time also broke the NCAA finals record of 44.00 set by his coach Quincy Watts in 1992. He also bettered the Hayward Field record of 43.74 set by Michael Johnson in 1993. Norman's becomes the seventh best performer ever and the fastest American since Jeremy Wariner ran 43.45 in 2007. Norman and his teammates Ricky Morgan Jr., Rai Benjamin and Zach Shinnick closed out the men's championships by winning the 4x400m relay with a collegiate, NCAA meet, Hayward Field and school record time of 2:59.00. The previous NCAA record and NCAA championship record was 2:59.59 set by LSU in 2005. USC's previous school record in the men's 4x400m relay was 3:00.58 set in 1992. At the 2018 NCAA Indoor Track & Field Championships on March 10 in College Station, Texas, Norman won the 400m dash with a USC, collegiate, USA and World record-time of 44.52. He broke the previous world record of 44.57 set by Kerron Clement of USA in 2005. Then the 4x400m relay of Shinnick, Benjamin, Morgan Jr. and Norman shattered the world, collegiate and USC record with a winning time of 3:00.77. Norman turned pro on June 12 and remains at USC working to complete his undergraduate degree in Communication. His teammate Benjamin was also one of the three finalist for the award.

OWENS HAS RECORD-SETTING DECATHLON - USC freshman Ayden Owen made his first collegiate outdoor multi-event competition a special one as he scored a USC record of 8,130 points in winning the decathlon at the Bryan Clay Invitational on April 17-18. His point total is the current world leader and set the Puerto Rico national record in the event. Owens set seven personal bests in the 10 events and won three events (100m, 110m hurdles & 400m) outright. He didn't clinch the win until the final event, running down 2018 Pac-12 champion Harrison Williams of Stanford in the final stretch of the 1500m race to win the two-day event by 18 points.

GETTING TO KNOW THE TROJANS - The USC program has been featuring a weekly "Getting to Know" feature on its website of some of the newest Trojan track and field athletes, starting on Oct. 9. To view the Q&A's with some of USC's new track talent, go to USCTrojans.com/track.

PAC-12 ATHLETE OF THE WEEK HONORS - USC has won eight Pac-12 Athlete of the Week honors this season. They honored Trojans are: **Angie Annelus** (W-Track, April 15-21), **Alyssa Brewer** (W-Track, March 18-24), **Chanel Brissett** (W-Track, April 1-7), **Matthew Katnik** (M-Field, March 11-17 & March 18-24), **Ayden Owens** (M-Field, April 15-21) and **TeeTee Terry** (W-Track, March 11-17 & April 22-28).

USC is not only winning on the track, but also off the track as evident by the exciting announcement of a \$16-Million track facility announcement on April 23, 2019.



TRACK & FIELD

CONCEPTUAL RENDERING

TRACK & FIELD

OFFICE BUILDING

OFFICE BUILDING: CONCEPTUAL VIEW FROM TRACK

--USC ATHLETICS ANNOUNCES \$16-MILLION TRACK FACILITY RENOVATION; 1ST PHASE TO BE COMPLETED THIS SPRING

LOS ANGELES—The first phase of the \$16-million renovation of USC's track and field facility is on schedule to be completed by the end of this spring, while funding for the second phase is actively underway.

The building on the northwest corner of Loker Stadium, which since 2001 has housed coaches offices and team locker rooms, is being transformed into enlarged locker rooms and new lounge areas for the men's and women's teams. It will be dedicated this Saturday (April 28) at the USC-UCLA dual meet that USC is hosting on Cromwell Field.

Phase two will look to replace the equipment storage building on Loker Stadium's southwest corner with a newly-constructed building that will house a team meeting room, a Hall of Fame, academic study rooms, coaches offices and locker rooms, and a track viewing balcony.

"Our new facilities will have an immediate impact on every student-athlete who comes through our track and field and cross country programs," said sixth-year USC Director of Track and Field Caryl Smith Gilbert, who led the Women of Troy to the 2018 NCAA outdoor title. "My coaching staff and I are so appreciative of the support for the project thus far – a great deal of which has come from former USC track and field athletes who are now paying it forward to the next generation of students."

Some 80 percent of the funding raised for the renovation has come from former members of the Trojan track and field teams. Former USC track and field athlete John Colich and his wife, Janine, provided the lead gift for the renovation, while Trojan track and field alumnus Joe Antunovich designed the project.

Added USC athletic director Lynn Swann: "We are grateful to the early supporters of this project, especially John and Janine Colich, and we are thrilled to be completing phase one soon. USC track and field is synonymous with excellence and these facilities will provide our student-athletes with the top resources in the nation."

Naming opportunities for phase two are available. For information, contact the Trojan Athletic Fund at (213) 740-4155 or taf@usc.edu.

The USC men's and women's track and field program is the most successful in the nation. The men have won 26 outdoor and 2 indoor NCAA team championships, while the defending NCAA champion women have won a pair of NCAA team outdoor crowns. The Trojan men have captured an unprecedented 139 NCAA outdoor and indoor individual and relay titles and the Women of Troy have added 27. USC also has had 137 track and field Olympians, male and female.

Some of the sport's most iconic athletes have competed for the Trojans, including Quincy Watts, Louis Zamperini, Bryshon Nellum, Felix Sanchez, Andre De Grasse, Bob Seagren, Charles Paddock, Mel Patton, Parry O'Brien, Jesse Williams and Dallas Long on the men's side and Angela Williams, Inger Miller, Virginia Powell, Dalilah Muhammad and Nia Ali on the women's side (Allyson Felix attended USC after turning pro). USC's most recent track stars include Michael Norman, the 2018 NCAA outdoor and indoor 400-meter champion, and Kendall Ellis, whose dramatic comeback to win the 1600-meter relay clinched the 2018 women's NCAA team title.

USC MEN'S TOP 10 PERFORMERS

MEN'S OLYMPIC EVENTS

100 METERS

1. Andre De Grasse	9.92	8/23/15
2. BeeJay Lee	9.99	6/25/15
3. James Sanford	10.02	5/11/80
4. Lennox Miller	10.04	10/14/68
5. Aaron Brown	10.05	6/5/13
6. Clancy Edwards	10.07	6/2/78
7. Darwin Cook	10.10	5/18/85
8. Ahmad Rashad	10.10	6/12/09
9. Just'N Thymes	10.14	3/31/17
10. Sultan McCullough	10.17	3/6/99

200 METERS

1. Michael Norman	19.84	6/30/18
2. Andre De Grasse	19.88	7/24/15
3. James Sanford	19.94	4/19/80
4. Rai Benjamin	19.99	6/30/18
5. Clancy Edwards	20.03	4/29/78
6. BeeJay Lee	20.11	6/28/15
7. Aaron Brown	20.16	5/31/14
8. Bryshon Nellum	20.23	5/12/13
9. Darwin Cook	20.33	5/18/85
10. James Gilkes	20.39	6/21/75
Philip Francis	20.39	5/14/06

400 METERS

1. Quincy Watts	43.50	8/5/92
2. Michael Norman	43.61	6/8/18
3. Jerome Davis	44.51	8/1/99
4. Lionel Larry	44.63	6/14/08
5. Bryshon Nellum	44.73	6/7/13
6. Rai Benjamin	44.74	4/21/18
7. Josh Mance	44.83	6/6/12
8. Billy Mullins	44.84	5/11/80
9. Ken Randle	44.99	6/4/76
10. Joey Hughes	45.05	5/14/11

800 METERS

1. Ibrahim Okash	1:44.92	6/19/88
2. Duane Solomon	1:45.69	6/24/07
3. Isaiah Jewett	1:46.11	4/20/19
4. Robert Ford	1:46.43	6/21/18
5. Lloyd Johnson	1:46.5en	7/4/77
Rayfield Beaton	1:46.5e	4/29/78
Mark Handelsman	1:46.5en	7/14/82
8. David Omwansa	1:46.8n	6/2/79
Joey Bunch	1:46.8	4/19/86
10. Irek Sekretarski	1:47.11	6/11/09

1,500 METERS

1. David Omwansa	3:39.5en	5/20/78
2. Ibrahim Okash	3:40.86	7/5/88
3. Blake Shaw	3:43.08	4/15/11
4. Tomasz Babiszewicz	3:43.41	4/15/05
5. Ray Griffin	3:45.54	5/6/89
6. Irek Sekretarski	3:45.60	5/2/09
7. Rayfield Beaton	3:46.2	5/1/76
8. Dan Aldridge	3:47.7n	5/14/77
9. Brandon Pacheco	3:47.81n	4/21/96
10. Duane Solomon	3:48.29	5/3/08

5,000 METERS

1. Ole Oleson	14:02.6	3/23/68
2. Max Truex	14:04.2	5/31/57
3. Fredson Mayiek	14:19.18	5/24/86
4. John Carley	14:23.60	3/5/11
5. Ray Griffin	14:24.66	4/1/89
6. Roman Gomez	14:28.74n	5/2/87
7. Blake Shaw	14:30.60	3/10/12
8. Ryan Holman	14:31.9n	4/4/81
9. Nicolaus Jakowec	14:33.10	4/19/19
10. Adolfo Garcia	14:34.7n	5/14/88

10,000 METERS

1. Fredson Mayiek	29:42.7n	5/21/88
2. Mitch Sloan	30:15.1	4/21/90
3. Adolfo Garcia	30:30.3n	5/21/88
4. Ted Price	30:31.10	3/25/11
5. Max Truex	30:52.0	6/22/56

110-METER HIGH HURDLES

1. Aleec Harris	13.14	7/27/14
2. Oscar Spurlock	13.33	4/16/11
Mark Crear	13.33	8/14/92
4. Ryan Wilson	13.35	6/14/03
5. Brendan Ames	13.39	5/13/11
6. Robert Reading	13.42	6/2/89
7. Earl McCullough	13.44	7/16/67
Tonie Campbell	13.44n	8/28/81
9. Milan Stewart	13.46n	4/25/82
10. Marquis Morris	13.56	4/30/17

400-METER INTERMEDIATE HURDLES

1. Rai Benjamin	47.02	6/8/18
2. Felix Sanchez	48.33	6/28/00
3. Tom Andrews	48.55	6/12/76
4. Reggie Wyatt	48.58	6/7/13
5. Pedro Rodrigues	48.82	8/20/95
6. Geoff Vanderstock	48.94	9/11/68
7. Cameron Samuel	49.09	5/12/19
8. George Porter	49.19n	6/3/89
9. Rich Graybehl	49.31n	6/3/78
10. Ryan Wilson	49.33	5/18/03

3,000 METER STEEPLECHASE

1. Henry Perez	8:52.1e	4/29/78
2. Romney Mawhorter	8:52.5n	5/2/87
3. Fredson Mayiek	9:00.42	4/29/89
4. Curtis Jones	9:01.0	4/11/70
5. Dreux Valenti	9:04.1	4/8/89
6. Rich Dyer	9:07.4	4/18/70
7. Roman Gomez	9:09.4	1987
8. Adrian Rafiee	9:16.31	5/1/11
9. Mitch Libby	9:17.70	4/28/19
10. Andrew Knutsen	9:19.09	5/5/01

LONG JUMP

1. Randy Williams	27-4 1/4 (8.33)	9/9/72
2. Larry Doubly	26-11 3/4 (8.22)	5/3/77
3. Henry Hines	26-8 1/2 (8.14)	5/8/71
4. Allen Simms	26-3 3/4 (8.02)	3/1/03
5. Ed Tave	26-1 3/4 (7.97)	3/31/84
6. Gerald Hardeman	26-1 1/4 (7.96)	3/31/74
7. Wellesley Clayton	26-0 (7.92)	4/3/65
8. Kenny Hays	25-11 3/4 (7.91)	5/30/80
Adoree Jackson	25-11 1/2 (7.91)	6/10/15
10. Eric Sloan	25-9 1/4 (7.85)	4/30/17

TRIPLE JUMP

1. Allen Simms	56-4 (17.17)	4/28/03
2. Julien Kapek	56-2 (17.12)	6/14/03
3. Eric Sloan	55-6 1/4 (16.92)	5/27/17
4. Tom Cohee	54-4 1/2n (16.57)	5/10/75
5. Djeke Mambo	54-4 (16.56)	3/17/01
6. Ed Washington	53-9 (16.38)	3/16/74
Don Bryson	53-9n (16.38)	5/3/75
8. Kenny Hays	53-3 1/4 (16.23)	5/3/80
9. Kedjeloba Mambo	53-0 1/4 (16.16)	4/19/98
10. Michael Pullins	52-10 1/4 (16.11)	3/23/85

POLE VAULT

1. Dennis Kholev	18-6 1/2 (5.65)	5/30/00
2. Dave Kenworthy	18-2 3/4 (5.55)	7/24/82
3. Russ Rogers	18-1 1/2 (5.52)	3/27/76
4. Steve Klassen	18-0 1/2 (5.50)	4/19/86
Eric White	18-0 1/2 (5.50)	5/2/87
Brandon Estrada	18-0 1/2 (5.50)	3/6/10
7. Jeff Ryan	17-10 1/2 (5.45)	5/17/03
8. Bob Seagren	17-9 (5.41)	9/12/68
9. Paul Wilson	17-7 3/4 (5.37)	6/23/67
10. David Grijalva	17-7 1/4 (5.37)	5/18/02

HIGH JUMP

1. Jesse Williams	7-7 1/4 (2.32)	6/9/06
2. David Jaworski	7-5 3/4 (2.28)	6/14/03
3. Manjula Wijesekara	7-5 1/4 (2.27)	9/4/05
Ernest Sears III	7-5 1/4 (2.27)	5/12/19
5. Anthony Caire	7-4 1/2 (2.25)	5/28/84
Randall Cunningham	7-4 1/2 (2.25)	6/10/16
7. Dean Owens	7-2 1/4 (2.19)	4/7/73
8. Dennis Smith	7-2n (2.18)	5/24/80
9. Tyler Ruiz	7-1 1/2 (2.17)	5/12/13
10. Tim Walker	7-1 1/4 (2.16)	5/14/77

SHOT PUT

1. Noah Bryant	67-5 1/2 (20.56m)	4/28/07
2. Doug Lane	66-11 1/4 (20.40)	5/19/72
3. Hank Kraychir	66-0 1/2 (20.13)	6/4/83
4. Dallas Long	65-10 1/2 (20.08)	5/18/62
5. Matthew Katnik	64-6 1/2 (19.67)	3/22/19
6. Dave Murphy	64-3 (19.58)	5/15/70
7. Nick Ponzio	64-1 (19.53)	6/10/15
8. William Denbo	63-7 1/2 (19.39m)	5/12/07
9. Mike Budincich	63-5 3/4 (19.34)	5/1/76
10. Van Mounts	62-6 (19.05)	5/21/00
Tambi Wenj	62-6n (19.05)	1/31/87

DECATHLON

1. Ayden Owens	8,130	4/17-18/19
2. Mike Gonzales	8,022	6/21-22/84
3. Viktor Fajoyomi	7,712	6/11-12/14
4. Jim Stewart	7,709	5/11-12/28
5. Bo Sterner	7,667	6/4-5/74
6. Daniel Haag	7,623	3/14-15/98
Bob Coffman	7,623	6/4-5/74
8. Shelton Davis	7,290	5/10-11/03
9. Russell Silvers	7,254	5/11-5/12/02
10. Darren Hall	7,173	5/20-21/83

DISCUS

1. Gary Carlsen	206-0 (62.78)	6/4/67
2. Hank Kraychir	203-8 (62.08)	4/9/83
3. Bernd Kneissler	202-11 (61.84)	5/24/86
4. Ralph Fruguglietti	202-0 (61.58)	6/5/76
5. Rink Babka	198-10 (60.60)	3/22/58
Joe Antunovich	198-10 (60.60)	5/8/71
7. Aaron Dan	198-5 (60.48m)	3/13/10
8. Darrell Elder	195-2 (59.48)	4/16/77
9. Gary Kirchoff	194-7 (59.32)	5/1/93
10. Gordon Hovey	193-2 (58.88)	3/28/98

JAVELIN

(1986 IMPLEMENT)

1. Corey White	272-2 (82.97)	4/4/09
2. Cooper Thompson	253-3 (77.19)	5/15/10
3. Nils Fearnley	244-8 (74.58)	5/20/95
4. Henrik Kjaereng	227-0n (69.20)	5/3/97
5. Jeffrey Churchman	219-4 (66.85)	5/17/14
6. Matt Gee	213-5 (65.06)	3/4/89
7. Dennis Rice	211-6 (64.47)	3/18/05
8. Mike Gonzales	208-9n (63.62)	5/3/86
9. Mike Thomas	206-10 (63.04)	5/14/94
10. William O'Grady	206-6 (62.95)	5/5/01

HAMMER

1. Balazs Kiss	271-1 (82.62)	9/95
2. Conor McCullough	252-4 (76.91)	6/10/15
3. Norbert Horvath	241-11 (73.75)	6/5/99
4. Remington Conatser	238-8 (72.76)	3/21/14
5. Bengt Johansson	236-11n (72.22)	6/5/98
6. Adam Midles	228-3 (69.57)	4/27/07
7. Trey Henderson	227-10 (69.45)	4/1/11
8. John Wolitarsky	225-10 (68.84)	5/19/85
9. Szabolcs Maroti	225-9 (68.80)	3/24/00
10. Nathan Bultman	220-2 (67.12)	4/20/18

400-METER RELAY

1. Williams, Mullins, J. Sanford, M. Sanford	38.69	2/23/80
2. Lee, De Grasse, Thymes, Jackson	38.75	6/10/15
3. Williams, Mullins, Edwards, J. Sanford	38.85	4/29/78
4. Barnum, Morgan, Shinnick, Norman	38.88	3/24/18
5. Francis, Felix, Larry, Anderson	38.89	4/17/05
Barnum, Benjamin, Brock, Morgan	38.89	4/29/18
7. Reading, Manning, Dexter, Morales	38.90n	6/6/86
8. Williams, Bradford, J. Sanford, Mullins	38.91	4/28/79
9. Jones, Felix, Francis, Anderson	38.92	6/9/05
10. Lee, Davis, Williams, McCullough	38.94n	4/3/99

1,600-METER RELAY

1. Morgan, Benjamin, Shinnick, Norman	2:59.00	6/8/18
2. Hannah, Conway, Cannady, Watts	3:00.58	3/6/92
3. Hughes, Mance Wyatt, Nellum	3:00.64	6/9/12
4. Benjamin, Shinnick, Ford, Norman	3:01.11	5/26/18
5. Ekpenyong, Hervey, Rodrigues, Krill	3:02.59	6/2/95
6. Jordan, Joyner, Sanchez, Davis	3:02.68	5/22/99
7. Hughes, Mance, Walker, Wyatt	3:02.87	4/9/11
8. Lee, Williams, Sanchez, Davis	3:02.89	4/3/99
9. Kelley, Garrison, Cunningham, Larry	3:03.08	6/10/06
10. Hughes, Nellum, Walker, Wyatt	3:03.21	6/7/12

ALL-TIME WOMEN'S PERFORMERS

WOMEN'S OLYMPIC EVENTS

100 METERS

1. Twanisha Terry	10.99	4/21/18
2. Angela Williams.....	11.04	6/5/99
3. Natasha Mayers.....	11.09	4/19/03
4. Torri Edwards.....	11.10n	6/4/99
Virginia Powell.....	11.10	5/14/06
6. Inger Miller.....	11.11	4/7/93
7. Ky Westbrook	11.17	6/11/15
Deanna Hill.....	11.17	6/22/17
Angie Annelus	11.17	5/12/19
10. Jessica Davis.....	11.19	5/14/11
Tynia Gaither.....	11.19	6/9/16

200 METERS

1. Carol Rodriguez.....	22.23	5/27/06
2. Inger Miller.....	22.33	4/17/93
3. Deanna Hill.....	22.41	5/14/17
4. Tynia Gaither.....	22.54	6/11/16
5. Angie Annelus	22.64	5/12/18
6. Kinshasa Davis.....	22.69	4/16/00
7. Kendall Ellis.....	22.71	5/12/18
8. Twanisha Terry	22.74	5/26/18
9. Natasha Mayers.....	22.80	5/29/02
10. Aareon Payne.....	22.83	4/16/11

400 METERS

1. Kendall Ellis.....	49.99	5/13/18
2. Jaide Stepter.....	50.91	3/26/16
3. Kaelin Roberts	51.25	5/12/19
4. Carol Rodriguez.....	51.39	5/3/08
5. Kyra Constantine	51.41	5/12/19
6. Vanessa Jones.....	51.50	5/17/15
7. Cameron Pettigrew.....	51.61	5/14/17
8. Michelle Taylor.....	51.75	6/2/89
9. Amalie Iuel.....	51.81	3/18/17
10. Brigita Langerholc.....	52.02	7/01

800 METERS

1. Brigita Langerholc.....	1:58.51	9/25/00
2. Michelle Taylor.....	2:00.01	7/19/89
3. Lesley Noll.....	2:03.30	4/8/88
4. Grazyna Penc.....	2:03.82n	4/5/97
5. Aleksandra Deren.....	2:04.18	4/26/01
6. Donna Curtis.....	2:04.58	5/29/85
7. Alyssa Brewer	2:04.93	3/23/19
8. Mikaela Smith.....	2:05.17	4/30/17
9. Jemima Russell	2:05.22	4/28/19
10. Anna Lopaciuch.....	2:05.71	5/24/98

1,500 METERS

1. Grazyna Penc.....	4:12.05n	4/20/97
2. Iryna Vashchuk.....	4:12.79	5/29/04
3. Anna Lopaciuch.....	4:16.49n	4/4/98
4. Lesley Noll.....	4:17.25	4/30/89
5. Emebet Shiferaw.....	4:20.75	5/4/96
6. Aleksandra Deren.....	4:20.84	5/5/01
7. Kristie Johnston.....	4:21.84n	5/3/97
8. Shannon Clark.....	4:22.06	4/11/87
9. Elise Lyon.....	4:22.75	5/23/86
10. Lucyna Ligaj.....	4:22.77	5/20/01

3,000 METERS

1. Emebet Shiferaw.....	9:11.78n	6/6/97
2. Anna Lopaciuch.....	9:23.44n	5/2/98
3. Zsafia Erdelyi.....	9:27.96	3/20/10
4. Iryna Vashchuk.....	9:31.14	3/20/04
5. Lucyna Ligaj.....	9:38.07	3/3/01
6. Shannon Clark.....	9:41.41	4/17/87
7. Sarah Cocco.....	9:42.68	3/1/08
8. Katerina Berdousi.....	9:45.42	3/22/13
9. Elise Lyon.....	9:48.69	4/17/87
10. Beth Van Alstine.....	9:49.07	3/20/04

3,000m Steeplechase

1. Zsafia Erdelyi.....	10:01.99	5/30/09
2. Julia Budniak.....	10:14.51	6/12/04
3. Kira Soderstrom.....	10:34.18	4/16/15
4. Katerina Berdousi.....	10:42.40	5/14/16
5. Jenna Tong.....	10:42.91	4/5/14
6. Laura Meyers.....	10:49.95	4/5/08
7. Natalia Kovtun.....	11:04.35	4/28/07
8. Kristen Berglas.....	11:06.70	4/30/05
9. Katherine Ellis.....	11:07.26	5/2/09
10. Brooke Thomas.....	11:07.63	4/21/01

5,000 METERS

1. Zsafia Erdelyi.....	16:00.11	4/15/11
2. Emebet Shiferaw.....	16:16.27	5/18/96
3. Ariel Wright.....	16:23.66	3/25/11
4. Iryna Vashchuk.....	16:28.71	3/25/05
5. Julia Budniak.....	16:42.65	4/18/04
6. Brooke Thomas.....	16:53.82	3/29/03
7. Katerina Berdousi.....	17:04.41	5/15/16

8. Julie Seleine.....	17:18.81	3/21/87
9. Kathleen Moloney.....	17:29.33	3/6/10
10. Shea Wickland.....	17:34.99	4/4/09

10000 METERS

1. Zsafia Erdelyi.....	33:18.75	3/26/10
2. Beth Van Alstine.....	34:29.62	3/27/04
3. Kate Neeper.....	36:09.24	4/17/04
4. Shea Wickland.....	36:16.00	3/7/09
5. Dina Kitayama.....	36:38.60	4/14/11
6. Zara Lukens.....	37:11.02	4/14/11

100-METER HURDLES

1. Virginia Powell.....	12.48	6/9/06
2. Chanel Brissett	12.70	5/12/19
3. Nia Ali.....	12.73	6/25/11
4. Dior Hall	12.74	6/13/15
5. Anna Cockrell	12.88	5/13/18
6. Candice Davis.....	12.90	6/8/07
7. Mecca McGlaston	12.98	6/7/18
8. Lauren Blackburn.....	13.06	5/14/11
9. Shalina Clarke.....	13.09	5/29/10
10. Patty Van Wolvelaere.....	13.14	5/26/78
Sau Ying Chan.....	13.14	4/17/94

400-METER HURDLES

1. Natasha Danvers.....	54.95	9/25/00
Jaide Stepter.....	54.95	7/10/16
3. Anna Cockrell	55.14	6/25/17
4. Amalie Iuel.....	55.38	4/8/17
5. Leslie Maxie.....	55.79	6/6/87
6. Dalilah Muhammad.....	56.04	6/8/11
7. Michelle DeCoux.....	57.05	4/4/92
8. Natasha Neal.....	57.16	5/5/01
9. Karen Koellner.....	57.59	3/18/89
10. Shalina Clarke.....	57.78	4/28/07

LONG JUMP

1. Yvette Bates.....	21-11 (6.68)	7/23/88
2. Wendy Brown.....	21-7 1/2 (6.59)	7/19/88
3. Sabrina Williams.....	21-6 (6.55)	1985
4. Courtney Corrin	21-2 1/2 (6.46)	4/21/18
5. Madisen Richards.....	21-0 3/4 (6.42)	6/7/18
6. Pamela Simpson.....	21-0 (6.40)	6/2/99
7. Tatyana Obukhova.....	20-11 3/4 (6.39)	4/13/02
8. Margaux Jones	20-10 3/4 (6.37)	6/25/16
9. Michelle Sanford.....	20-10 1/2 (6.36)	5/1/04
10. Alexis Faulknor.....	20-9 1/4 (6.33)	5/16/15

HIGH JUMP

1. Emelie Fardigh.....	6-2 (1.88)	3/22/97
2. Nia Ali.....	6-1 1/4 (1.86)	5/14/11
3. Wendy Brown.....	6-1 (1.85)	8/27/88
4. Spring Harris.....	6-0 1/2 (1.84)	3/22/03
Amalie Iuel.....	6-0 1/2 (1.84)	5/7/16
6. Crissy Mills.....	6-0 (1.83)	1993
7. Debra Larsen.....	5-11 3/4 (1.82)	6/24/83
8. Natasha Danvers.....	5-11 1/2 (1.82)	5/24/98
Tanya Smith.....	5-11 1/2 (1.82)	3/9/96
10. Alexa Harmon-Thomas	5-10 3/4 (1.80)	4/19/19

TRIPLE JUMP

1. Wendy Brown.....	45-5 1/4 (13.85)	1988
2. Yvette Bates.....	45-3 1/2 (13.79)	1987
3. Michelle Sanford.....	43-9 1/4 (13.34)	5/15/04
4. Alitta Boyd.....	43-8 3/4 (13.33)	5/25/13
5. Melia Cox.....	43-3 1/4 (13.19)	6/7/13
6. Tatyana Obukhova.....	43-2 1/4 (13.16)	4/22/01
7. Isabella Marten	43-0 1/4 (13.11)	4/19/19
8. Ekene Anene.....	42-10 1/4 (13.06)	5/29/10
9. Karleen Shields.....	41-9 3/4 (12.74)	5/7/94
10. Oluwakemi Olonade.....	41-8 3/4 (12.72)	5/30/14

SHOT PUT

1. Breana Jemison.....	57-7 3/4 (17.57)	3/31/18
2. Karen Freberg.....	57-7 1/2 (17.56)	4/29/06
3. Brittany Mann.....	57-4 3/4 (17.49)	6/8/17
4. L'Orangerie Crawford.....	56-3 1/4 (17.15)	5/14/04
5. Diana Clements.....	55-8 1/4 (16.97)	2/21/86
6. Tanya Sapa.....	55-7 3/4 (16.96)	5/1/16
7. Cynthia Ademiluyi.....	55-0 1/4 (16.77)	5/31/00
8. Tera Novy.....	53-0 (16.15)	5/1/16
9. Karlee Freeman	52-2 (15.90)	4/28/19
10. Cerenity Young.....	51-2 1/4 (15.60)	4/6/02

DISCUS THROW

1. Tera Novy.....	200-5 (61.10)	4/14/16
2. Alexandra Collatz.....	189-8 (57.82)	4/16/15
3. Kate Hutchinson.....	189-5 (57.73)	5/6/06
4. Karlee Freeman	179-5 (54.70)	4/12/19
5. Cynthia Ademiluyi.....	177-10 (54.20)	2/23/02
6. Claudia Paris.....	176-11 (53.92)	3/5/88
7. Cindy Johnson.....	173-11 (53.00)	6/4/83
8. Lauren Guerrieri.....	168-6 (51.37)	5/1/10
9. Carrie Martin.....	168-6 (51.36)	4/20/96
10. Diana Clements.....	167-10 (51.16)	5/3/86

JAVELIN THROW (1999 Implement)

1. Inga Stasiulionyte.....	186-10 (56.95)	5/18/02
2. Kristine Busa.....	179-1 (54.58)	7/18/09
3. Leslie Erickson.....	168-11 (51.48)	5/4/02
4. Andrea McBride.....	161-7 (49.25)	4/30/05
5. Marissa Minderler.....	157-3 (47.92)	4/2/10

JAVELIN THROW (old implement)

1. Sherry Calvert.....	192-0 (58.52)	1972
2. Ashley Selman.....	187-9 (57.22)	6/17/89
3. Diana Clements.....	168-8 (51.42)	5/22/87
4. Nicole Haynes.....	158-10 (48.42)	5/20/94
5. Wendy Brown.....	158-6 (48.32)	4/30/88

HAMMER THROW

1. Eva Orban.....	230-3 (70.18)	3/15/08
2. Jenny Ozorai.....	223-4 (68.08)	3/9/12
3. Marissa Minderler.....	220-11 (67.35)	5/12/12
4. Julianna Tudja.....	218-9 (66.69)	6/14/03
5. L'Orangerie Crawford.....	209-8 (63.91)	3/8/03
6. Jade Niemeyer.....	208-0 (63.40)	5/26/12
7. Lauren Chambers.....	206-5 (62.93)	4/16/10
8. Jennifer Vail.....	204-3 (62.26)	5/21/00
9. Julia Rozenfeld.....	203-1 (61.90)	3/12/05
10. Joy McArthur	202-11 (61.85)	5/12/19

HEPTATHLON

1. Wendy Brown.....	6,079	7/16/88
2. Amalie Iuel.....	6,011	5/8/16
3. Nia Ali.....	5,824	5/10/09
4. Nicole Haynes.....	5,786	5/12/96
5. Lyndsey Lopes	5,719	5/6/18
6. Kerry Zwart-Bell.....	5,550	6/1/82
7. Shana Woods.....	5,507	6/8/07
8. Sharon Hatfield.....	5,410	4/19/86
9. Tanya Smith.....	5,345	5/26/93
10. Yolanda Fletcher.....	5,307	5/17/86

POLE VAULT

1. Brysun Stately.....	14-0 (4.27)	5/1/10
2. Melissa Astete.....	12-11 1/2 (3.95)	5/15/05
Brittani Bernhard.....	12-11 1/2 (3.95)	4/15/05
4. Shannon Lewallen.....	12-5 1/2 (3.80)	3/26/05
Chun Mei Nickles.....	12-5 1/2 (3.80)	4/21/07
Felicia Horvath.....	12-5 1/2 (3.80)	3/26/16
7. Thea Weiss.....	12-4 1/2 (3.77)	5/4/13
8. Ariel Hayward.....	12-2 3/4 (3.73)	3/2/13
9. Sonya Negri.....	12-1 1/2 (3.70)	4/26/02
Kenisha Strong.....	12-1 1/2 (3.70)	4/4/09

PENTATHLON

1. Kerry Zwart-Bell.....	3,801	1979
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400-METER RELAY

1. McGlaston, Annelus, Thomas, Terry	42.44	5/11/19
2. Brissett, Annelus, Thomas, Terry	42.45	5/12/19
3. Annelus, Ellis, Hill, Terry	42.57	4/21/18
4. Hall, Annelus, Thomas, Terry	42.77	4/28/19
5. Brown, Hill, Faulknor, Gaither.....	42.90	6/11/16
6. Powell, Onyepunuka, Davis, Rodriguez.....	42.96	6/9/06
7. Laarman, Davis, Faulknor, Gaither.....	43.00	6/14/14
8. Hill, Westbrook , Faulknor, Gaither.....	43.10	5/17/15
9. Williams, Young Edmonson, Davis.....	43.14	6/2/00
10. Hall, Westbrook, Hill, Terry	43.18	3/24/18

1,600-METER RELAY

1. Pettigrew, Iuel, Hill, Ellis.....	3:23.35	6/10/17
2. Pettigrew, Iuel, Cockrell , Ellis.....	3:26.09	5/27/17
3. Ellis, Iuel, Pettigrew, Stepter.....	3:26.73	5/28/16
4. Constantine, Cockrell , Hill, Ellis.....	3:27.06	6/9/18
5. Pettigrew, Iuel, Constantine , Ellis.....	3:27.64	6/8/17
6. Stepter, Iuel, Ellis, Jones.....	3:27.86	5/30/15
7. Danvers, Edmonson, Langerholc, Davis.....	3:28.08	6/5/99
8. Mayberry, McCraw, Taylor, Maxie.....	3:28.93	3/6/87
9. Lear, Cockrell, Constantine, Roberts	3:29.23	5/12/19
10. Ndipagbor, Jones, Davis, Gaither.....	3:29.42	4/5/14