



SOUTHERN CALIFORNIA TRACK & FIELD



POWER 5 TRAILBLAZER CHALLENGE

Friday and Saturday

March 23-24, 2018

FINAL AS OF 3/21/18

Friday, March 23, 2018

Field Events @ Long Beach State

12:00 Hammer (W)

1:00 Hammer (M)

2:00 Discus (W)

3:00 Discus (M)

Saturday, March 24, 2018

Field Events

12:00 High Jump (W)

12:00 Javelin (W)

12:30 Long Jump (M +W)

12:30 Pole Vault (W)

1:00 Shot Put (M)

1:30 High Jump (M)

1:30 Javelin (M)

2:00 Triple Jump (M+W)

2:30 Shot Put (W)

Running Events

11:40 Senior Day Presentation

12:00 3,000 Meters (W)

12:51 Head Coach Introductions

12:55 National Anthem

1:00 4x100m Relay (W)

1:05 4x100m Relay (M)

1:10 1500 Meters (W)

1:20 1500 Meters (M)

1:30 100 Meter Hurdles

1:35 110 Meter Hurdles

1:45 400 Meters (W)

1:55 400 Meters (M)

2:05 Special Olympics 100m

2:15 100 Meters (W)

2:20 100 Meters (M)

2:30 800 Meters (W)

2:40 800 Meters (M)

2:50 400 Meter Hurdles (W)

2:55 400 Meter Hurdles (M)

3:00 200 Meters (W)

3:10 200 Meters (M)

3:15 3,000 Meters (M)

3:30 4x400m Relay (W)

3:35 4x400m Relay (M)

General Admission for Adult Spectators-\$10

Youth 3-12 years old & Seniors 65+ \$5

Under 3 free!

Friday Events at Long Beach are Free

FIGHT ON!