



SOUTHERN CALIFORNIA TRACK & FIELD



FINAL MEET SCHEDULE AS OF 3.14.18

Day One

Friday, March 16th, 2018

FIELD EVENTS @ Long Beach Track

12:00 PM
Women's Hammer Throw
At the conclusion of the Women's event
Men's Hammer Throw
At the conclusion of Hammer
Women's Discus Throw
At the conclusion of the Women's event
Men's Discus Throw

DISTANCE CARNIVAL AT LOKER STADIUM

5:00 pm Women's 3000 meter Steeple
5:20 pm Men's 3000 meter Steeple
5:35 pm Women's 3000 meters

DAY TWO

Saturday, March 17th, 2018

FIELD EVENTS

10:00 am Women's Pole Vault
10:00 am Women's Shot Put
10:00 am Women's Long Jump
10:00 am Men's Long Jump
10:30 am Women's High Jump
11:00 am Men's Javelin
11:30 am Men's Shot Put
12:30 pm Men's Pole Vault
1:00 pm Men's High Jump
1:00 pm Women's Triple Jump
1:00 pm Men's Triple Jump
1:00 pm Women's Javelin

RUNNING EVENTS

10:00 am High School Girls DMR
10:15 am High School Boys DMR
10:30 am High School Girls 400 meter Relay
10:35 am High School Boys 400 meter Relay

10:57 am National Anthem
11:00 am Women's 400 meter Relay
11:05 am Men's 400 meter Relay
11:15 am Women's Mile
11:25 am John L. West Men's Mile
11:40 am Women's 100 Hurdles
11:50 am Men's 110 High Hurdles
12:00 pm Women's 400 meters
12:10 pm Men's 400 meters
12:20 pm Women's 100 meters
12:30 pm Men's 100 meters
12:45 pm High School Girls Sprint Medley Relay
12:55 pm High School Boys Sprint Medley Relay
1:05 pm Women's 800 meters
1:15 pm Men's 800 meters
1:25 pm Women's 400 Hurdles
1:35 pm Men's 400 meter Hurdles
1:45 pm Women's 200 meters
1:55 pm Men's 200 meters
2:05 pm H.S Girls 1600 meter Relay
2:10 pm H.S Boy's 1600 meter Relay
2:15 pm Women's 1600 meter Relay
2:25 pm Men's 1600 meter Relay

FIGHT ON!