



USRowing

SANCTIONED REGATTAS GUIDE



INSURANCE

An overview of insurance policy coverage details, information about our brokerage partner, and instructions for requesting your Certificate of Insurance.



COMPLIANCE

Detailed instructions on how to meet USRowing compliance standards, resolve compliance-related issues, and utilize Regatta Central access as a regatta director.



SAFETY

How to promote the safety of your regatta both on the water and on land. Access guideline resources, recommendations, and best practices.



REGATTA EXPERIENCE

Resources and recommendations on how to make your regatta, inclusive, safe, and successful.



Insurance Coverage

GENERAL LIABILITY, EXCESS LIABILITY AND EXCESS ACCIDENT MEDICAL: LIMITS

Coverage Description	Limits/Details
General Liability Per Occurrence Limit	\$1,000,000
General Aggregate	\$3,000,000
Completed Operations Aggregate	\$2,000,000
Personal and Advertising Injury	\$1,000,000
Damage to Premises Rented to You	\$1,000,000
Abuse and Molestation Per Occurrence Limit	\$1,000,000
Abuse and Molestation Aggregate Limit	\$1,000,000
Hired and Non-Owned Auto Liability Combined Single Limit	\$1,000,000
Hired Auto Physical Damage Total Maximum Aggregate Limit*	\$125,000
Employee Benefits Liability-Each Employee	\$1,000,000
Employee Benefits Liability Aggregate	\$2,000,000
Excess Liability Each Occurrence	\$5,000,000
Excess Liability Annual Aggregate	\$5,000,000
TOTAL PER OCCURRENCE LIABILITY LIMIT	\$6,000,000
TOTAL LIABILITY AGGREGATE LIMIT	\$8,000,000

Excess Accident Medical Limits*	Limits/Details
Accidental Medical Expense Benefits	\$25,000
Accidental Death Indemnity Benefit	\$25,000
Accidental Dismemberment Indemnity Benefit	\$50,000
Accidental Paralysis Benefit	\$50,000
AD&D Aggregate Limit (Any One Accident)	\$1,000,000

*Optional coverage for those that select this option and pay the additional premium

**Deductibles:

- Employee Benefits Liability – Each Employee \$1,000
- Comprehensive Deductible – Each Automobile \$1,000
- Collision Deductible -Each Automobile \$1,000
- Excess Accident Medical Deductible \$250 for any occurrence



INSURANCE RESOURCES



How to obtain a COI for your Regatta?

Fill out this form: [Certificate of Insurance \(COI\)](#) form and email it to USRowingcertificates@willistowerswatson.com. Adding an additional insured can be completed with this form.



Willis Towers Watson

WTW is the third largest insurance brokerage in the world. As a global leader in the sports insurance industry, WTW has enabled us to keep rates affordable.

Questions about Insurance for your Regatta?

Email members@usrowing.org with your regatta insurance questions!



How to report an incident or potential claim?

USRowing's Safety Incident Reporting form makes it easier for you to share instances of property damage, injuries, or near misses. To access the form, click [HERE](#).



REGATTA REQUIREMENTS

MEMBERSHIP Individual + Organization

Participants must have either a Basic or Championship membership to participate. Entries with club affiliations **must** have current Organizational membership. Unaffiliated entries **must** have a Championship membership.

MEMBERSHIP AGREEMENT

Every individual member must electronically sign the USRowing Agreement & Waiver. Members can log into their account, select “Sign Agreement & Waiver” from the landing page, check the box to agree to terms and conditions, and submit.

SAFESPORT SELF-ATTESTATION (18+)

Every individual member who is 18 years old or older must self-attest whether they are a Relevant Adult Participant as defined in the USRowing Safe Sport Policy. To self-attest, log into your USRowing member portal account and complete the 3-question pop-up questionnaire.

SAFESPORT TRAINING

All USRowing Relevant Adult Participants are required to take the 90-minute SafeSport Trained course. After that, you must complete a 30-minute Refresher course annually. If you’re not a Relevant Adult Participant based on your self-attestation, you are not required to complete SafeSport training. Review our full Safe Sport Policy [HERE](#).



COMPLIANCE REPORTS

- [Set Refund Policy](#)
- [Send Email](#)
 - [Entrants \(41\)](#) (Everyone who has submitted)
 - [Waitlistees \(none\)](#) (Users with one or more)
 - [Everyone \(64\)](#) (Everyone with this regatta)
 - [Everyone \(none\)](#) that has completed the
- [Entry Permissions](#)
 - [Custom Entry Deadlines](#)
 - [Invited Organizations](#) (To enable, go to 'O
 - [Guaranteed Entries](#) (To enable, configure
- [Entries & Waitlist](#)
 - [Entries & Waitlist Manager](#)
 - [Teams with Special Entry Fees](#)
 - [Allow Users to bypass Payment Require](#)
- [Accounting](#)
 - [Invoice Summary \(Payment Ledger\)](#)
 - [Invoice Details](#)
- [Compliance](#)
 - [Athlete Compliance By Organization](#)
 - [Coach and Support Staff Compliance - Detail | Summary](#)
 - [Organizational Compliance](#)
- [Reports](#)
 - [Registration Form Responses](#)

Regattas listed with RegattaCentral have access to compliance reporting. We encourage you to review this leading up to the regatta and monitor compliance. Teams receive automated notices regarding their athlete and org compliance status 10 days before the regatta start date.

USRowing Owned Elite Regatta

Show All Export Search

Organization	Athlete	USRowing Membership Agreement	USADA	Age (as of 12/31)	USRA Member #	USRA Expires	Birthdate	Email	USRA Member Type	SafeSport Expiration	Compliant	Entered By
California Club		✗	✓	29	Membership	Membership Expires 2024-12-31	1995-05-19	kevin@californiaclub.com	Championship Membership	Self Attested, SafeSport Training Required (Expired 2024-02-15)	No	kevin@californiaclub.com
California Club		✓	✓	25	Membership	Membership Expires 2024-10-14	1999-11-08	eduardo@californiaclub.com	Championship Membership	Self Attested, SafeSport Training Required (Expires 2024-06-26)	Yes	eduardo@californiaclub.com
California Club		✗	✓	27	Membership	Membership Expires 2099-12-31	1997-09-11	eduardo@californiaclub.com	Legacy Membership	Self Attested, SafeSport Training Required (Expires 2025-01-07)	No	eduardo@californiaclub.com

Reports will show you what is missing for each athlete, their overall compliance status, and, contact information for the entry. For guidance on reviewing your report, resolving compliance flags, and other questions, reach out to members@usrowing.org.



REGATTA SAFETY

Appoint a Chief Referee as early as possible and talk through what you will have in terms of safety setup, racing plan, and traffic patterns.

Communicate responsibilities and duties with referee corps, regatta management, and volunteers.

Establish and communicate weather and other safety parameters (when do we stop rowing/evacuate). Have an evacuation plan for on and off the water.

Communicate with local EMS what the regatta and emergency action plan will be (refer to LOC guidelines in Rules of Rowing for when EMS must be on scene vs at the ready).

Map out a pre-regatta meeting. Discuss risk mitigation and promote awareness of emergency and evacuation plans.

QUICK LINKS

[Safety Guidelines](#)

[LOC Guidelines](#)



REGATTA EXPERIENCE

INCLUSION

Encourage all staff and volunteers to take the FREE Inclusion Training for Regatta Leadership. This can be accessed through The Launch or request to take the training [HERE](#).

EXPECTATIONS

Share your expected behaviors via your regatta packet and signage. Regattas are a unique opportunity for your rowing organization to express your brand and who you are – make sure the behaviors you expect from participants are communicated and upheld.

SUPPORT

Know how to support regatta attendees on-site (through medical support, security/local authorities, regatta staff) or post-event (through the [Athlete Helpline](#), referee complaint process, [USRowing Grievance Procedures](#)).

COMMUNITY

Have events and categories that meet the needs of your community, including the USRowing-recommended list of Para events for athletes with disabilities and an open-gender event for non-binary athletes.



RACING EXPERIENCES

Seek opportunities at your regatta to meet the diverse needs of your community!

Expand Your Racing Categories

Standard Recommendations

Open Gender:

USRowing will offer an Open Gender 2x at our Regional and National Championships. We encourage sanctioned regattas to do the same and to add additional categories to meet the needs of the community. The intention behind this event is to create space for non-binary athletes. At least half of the rowers in the boat should identify as non-binary.

Para and Adaptive:

- PR1 1x
- PR2 1x
- PR2 Mixed 2x
- PR3 Mixed 2x
- PR3 Mixed 4+

Additional Recommendations

Consider offering these at your discretion to meet the unique needs of your local community and encourage participation:

- Inclusion Events (50% Para eligible/50% not Para eligible)
 - Inclusion PR1 2x
 - Inclusion PR2 2x
 - Inclusion PR3 2x
 - Inclusion PR3 VI 2x

Sub Sport Classes:

- PR3(PI) Physical Impairment
- PR3 (II) Intellectual Impairment
- PR3 (GD) Genetic Dwarfism
- PR3 (RA) Requires Accommodation
- PR3(DS) - Down Syndrome
- PR3(AK) - Single Leg, Above the Knee Amputee
- PR3(SA) - Single Arm



USRowing



RECOMMENDED SIGNAGE



Welcome to the Regatta!
USROWING CODE OF CONDUCT

At USRowing, our mission is to champion participation and the passionate pursuit of excellence in rowing. To support this mission, we need to ensure every day of all levels is fair, inclusive, competitive, and safe for all participants.

Whether an athlete, coach, parent, vendor, staff, volunteer, or spectator at a USRowing event, you are a member of the USRowing community. We invite you to enjoy this experience and expect you to abide by the following Code of Conduct.

SAFETY & WELLBEING: It's the top priority of USRowing to safeguard the physical and emotional wellbeing of all community members.

We will:

- Abide by USRowing's safety procedures and guidelines, the Rules of Rowing, and the direction of regatta officials.
- Refrain from discriminatory, disparaging, or threatening language or behavior of any manner.
- Prioritize athlete safety and wellbeing at all times.

PROFESSIONALISM & INTEGRITY: USRowing expects respectful and honest communications and behavior.

We will:

- Display good sportsmanship at all times.
- Follow the policies and guidelines of the host venue.
- Ensure competition free of cheating, doping, and other forms of unfair advantage.

THE BOATHOUSE IS OPEN TO EVERYONE: As members of the USRowing community, it is critical that we model positive behavior and advance the inclusive and competitive culture we envision.

We will:

- Honor the diversity among us and celebrate our common love of rowing.
- Compete hard and respect our competitors.
- Resolve conflicts in a professional manner.

NON-COMPLIANCE IS NOT AN OPTION: If a community member chooses not to follow the USRowing Code of Conduct, there will be consequences. These include disqualification, dismissal from the event, exclusion from future events, legal action, and revocation of USRowing membership. Please notify a USRowing official in the event of witnessing illegal, discriminatory, or inappropriate activity.




[Print Regatta Code of Conduct sign](#)



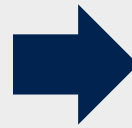
  **U.S. CENTER FOR SAFESPORT**

Minor Athlete Abuse Prevention Policy
MAAPP

All USRowing Relevant Adult Participants are required to take the SafeSport Trained Course.
Among other things, MAAPP addresses:

 **One-on-one Interactions**  **Massages & rubdowns/ Athletic Training Modalities**  **Locker rooms/ Changing Areas**  **Electronic Communications**  **Transportation**

If you see a violation of misconduct, report it to USRowing at <https://bit.ly/Report-a-Concern>
Report sexual misconduct to the U.S. Center for SafeSport <https://uscenterforsafesport.org/report-a-concern/>



[Access and Print MAAPP Signage](#)



When we protect our athletes,
we protect Rowing.




[We Ride Together Resources](#)



EVALUATE THE REGATTA

Seek and Review Attendee Feedback



REVIEW

USRowing has implemented post-event surveys and we recommend the same. Consider making it anonymous and ask for open-ended feedback.



QUESTION

Ask questions to understand how safe people felt on and off land, logistics, overall experience, and if the regatta met their individual needs.



EVALUATE

Use a form-collection tool like Google Form, Jot Form, or Survey Monkey. Assess the responses and feedback for future events.