



# Olympic Games Tokyo 2020

## USA Press Kit

Sea Forest Waterway  
Tokyo, Japan

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## Table of Contents

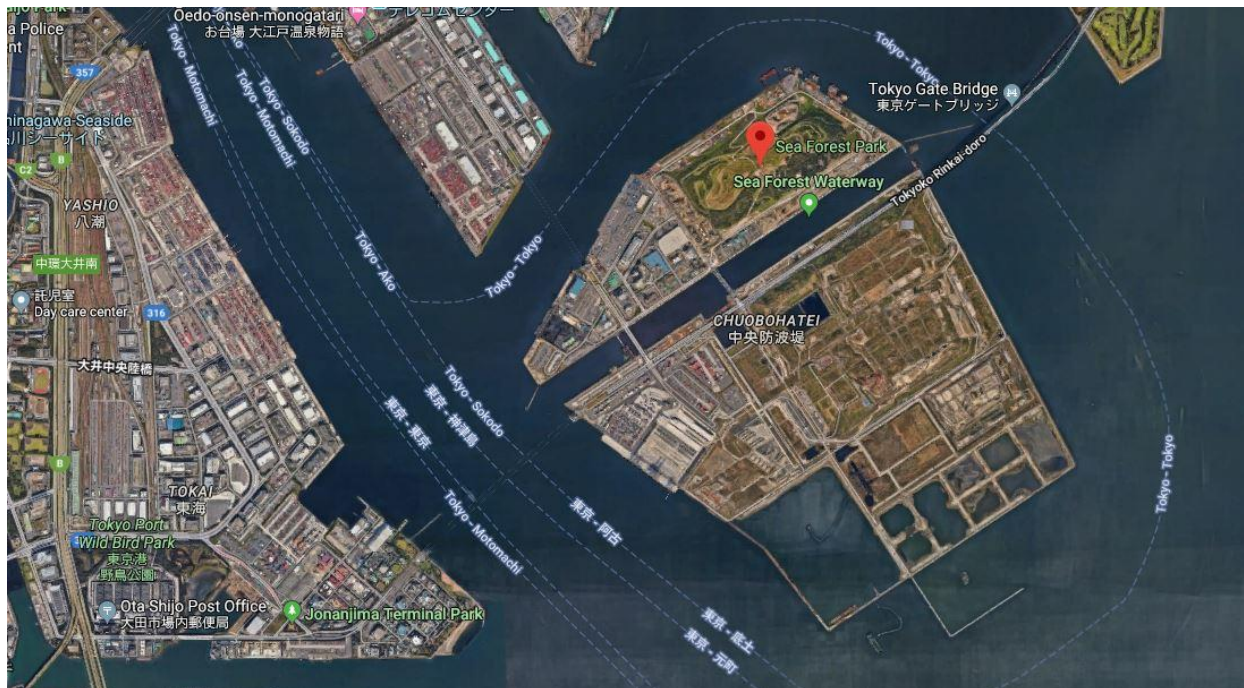
2.....	About the Venue
3.....	Tentative Schedule
3.....	Overview of
4.....	Boat-by-Boat Preview
8.....	U.S. Olympic Roster
11.....	Athlete Pronunciation Guide
12.....	U.S. Rowing Team by State and University
16.....	Athlete Biographies
67.....	Past Results
72.....	Olympic & World Championships Medalists
76.....	About USRowing
77.....	Viewer's Guide & Frequently Asked Questions
79.....	Rowing Quick Facts
80.....	Glossary of Rowing Terms

## About the Venue ([Maps](#))

Sea Forest Waterway

6-44, 3chome, Uminomori, Koto-ku, Tokyo

The rowing and canoe course is on this waterfront site, which is also located close to central Tokyo. Following the 2020 Games, the course will be used for international rowing and canoe competitions and will become one of the premier locations in Asia for water sports.



## **Tentative Schedule (check updated schedule at [www.worldrowing.com](http://www.worldrowing.com))**

[Click here](#) for the full schedule on the Olympic Games Tokyo 2020 website

[Click here](#) for a pdf of the provisional schedule.

### **Overview**

Since the modern Olympics began in 1896, there have been 28 Summer Olympic Games in 23 different cities. This will be the second time Tokyo will hold the games, as they previously hosted the Olympics in 1964.

Tokyo was awarded the 2020 Olympics in 2011. Located in the eastern territories of Japan, Tokyo is the largest city in the country with a population of over 8.9 million.

Rowing has been a part of the Olympics from the beginning of the modern Games. Women's rowing was first introduced to the Olympic schedule in 1976. Lightweight rowing boat classes were introduced in 1996. There are now 14 boat classes contested in the Olympics with 550 athletes participating.

The Tokyo Olympic rowing venue is located at the Sea Forest Waterway, next to the Sea Forest Park, close to central Tokyo. In addition to rowing events, the Waterway also will host all Olympic canoe events and will continue to host various international rowing and canoe competitions after the conclusion of the 2020 Olympic Games.

The Summer Games were last held in Rio de Janeiro in 2016. The U.S. won gold in the women's eight and silver in the women's single sculls.

Initial qualification for the 2020 Olympics occurred at the 2019 World Rowing Championships in Austria. Through the competition, the U.S. qualified eight Olympic boats including the women's single sculls, women's double sculls, women's quadruple sculls, women's pair, men's four, women's four, men's eight and women's eight. Additionally, the U.S. qualified the lightweight women's double sculls at the 2021 Final Olympic Qualification Regatta.

The U.S. will not have crews racing in the men's single sculls, men's double sculls, lightweight men's double sculls, men's quadruple sculls or men's pair.

## Boat-By-Boat Preview

### Men's Crews

#### Men's Four (M4-)

The men's four crew of [Clark Dean](#) (Sarasota, Fla./Harvard University), [Michael Grady](#) (Pittsburgh, Pa./Cornell University), [Anders Weiss](#) (Barrington, R.I./Brown University) and [Andrew Reed](#) (Wayland, Mass./Harvard University) will be looking to improve on a seventh-place finish from the U.S. boat at the 2016 Olympic Games. Weiss is a two-time Olympian, having raced in the men's pair in Rio. Dean, Grady and Reed are all first-time Olympians.

Dean and Reed were part of the men's four that finished fifth at the 2019 World Rowing Championships, qualifying the boat for Tokyo. Poland, Romania and Great Britain took the top three spots in 2019, while Great Britain, South Africa and Romania won the medals at the 2021 World Rowing Cup II in Lucerne.

The U.S. has competed in the event at 19 previous Olympic Games. The last gold medal came in 1960.

#### Men's Eight (M8+)

The U.S. boat of coxswain [Julian Venonsky](#) (Malvern, Pa./University of California, Berkeley), [Liam Corrigan](#) (Old Lyme, Conn./Harvard University), [Conor Harrity](#) (Weston, Mass./Harvard University), [Nick Mead](#) (Strafford, Pa./Princeton University), [Alexander Richards](#) (Watertown, Mass./Harvard University), [Austin Hack](#) (Old Lyme, Conn./Stanford University), [Alex Miklasevich](#) (Pittsburgh, Pa./Brown University), [Justin Best](#) (Kennett Square, Pa./Drexel University), and [Ben Davison](#) (Inverness, Fla./University of Washington) includes one member of the 2016 crew that finished fourth in Rio -- Austin Hack. The remaining crew members are all racing at their first Olympic Games.

The U.S. finished fifth at the 2019 World Rowing Championships to earn a spot in Tokyo. Venonsky and five rowers return from that boat, while Best, Miklasevich and Corrigan are all making their senior team debuts. Germany, The Netherlands and Great Britain won the medals in 2019. At this year's world cup race in Lucerne, the British crew bested the Germans by a bow ball to win gold.

The U.S. has had a men's eight in competition since the inception of the modern Olympic Games in 1896. The U.S. last won the event in 2004 in Athens.

## Women's Crews

### Women's Single Sculls (W1x)

Two-time Olympian [Kara Kohler](#) (Clayton, Calif./University of California, Berkeley), who won a bronze medal as part of the women's quadruple sculls in 2012 in London, switched to the single in 2017 and quickly made her mark. Kohler won a bronze medal in the event at the 2019 World Rowing Championships and followed that up with a silver-medal performance at the 2021 World Rowing Cup II race in Lucerne.

Ireland's Sanita Puspure is the defending world champion (2019) in the event, while New Zealand's Emma Twigg is the reigning silver medalist. Russia's Hannah Prakhatsen, the 2021 European Champion, won the world cup race in Lucerne ahead of Kohler and Puspure.

Gevvie Stone, who is racing in the women's double sculls in Tokyo, won the silver medal at the 2016 Olympics.

### Women's Pair (W2-)

Four time Olympian [Megan Kalmoe](#) (St. Croix Falls, Wis./University of Washington) will be racing with two-time Olympian [Tracy Eisser](#) (Fair Lawn, N.J./Cornell University) in the pair in Tokyo. Kalmoe won a bronze medal in the quadruple sculls at the 2012 Olympic Games in London, and the duo raced together as part of the women's quadruple sculls in Rio.

In the pair, Eisser and Kalmoe won silver at the 2017 World Rowing Championships and finished fourth in 2019, qualifying the boat for this year's Games. New Zealand, Australia and Canada earned the medals at the 2019 World Rowing Championships. None of those four crews raced at the 2021 World Rowing Cup II race in Lucerne, where Spain, Ireland and Romania brought home the hardware.

The U.S. finished fourth in the event in both Rio and London, last winning a medal in 2000 in Sydney.

### Women's Double Sculls (W2x)

Three-time Olympian [Gevvie Stone](#) (Newton, Mass./Princeton University) will be racing with [Kristi Wagner](#) (Weston, Mass./Yale University) in the women's double sculls. Stone won the silver medal in the women's single sculls at the 2016 Olympic Games, while Wagner is racing on her first Olympic and Senior national team.

At the 2019 World Rowing Championships, Stone finished fifth in the event with then partner Cicely Madden, missing the medal stand by less than one second. New Zealand won the gold

medal, followed by Romania, The Netherlands and Canada. At this year's World Rowing Cup II, Stone and Wagner won the bronze medal behind Romania and The Netherlands.

The U.S. finished sixth in the event in 2016.

### **Lightweight Women's Double Sculls (LW2x)**

The lightweight women's double sculls duo of [Michelle Sechser](#) (Folsom, Calif./University of Tulsa) and [Molly Reckford](#) (Short Hills, N.J./Dartmouth College) had to go to the 2021 Final Olympic Qualification Regatta in order to earn their way to Tokyo.

Sechser and Reckford have been in top form all year, having dominated the field in the event at the U.S. Olympic Team Trials - Rowing and then winning the qualifier.

New Zealand, The Netherlands and Great Britain took the top three spots at the 2019 World Rowing Championships, but the Kiwi crew will not be racing in Tokyo. Great Britain, Romania and France won the medals at the 2021 World Rowing Cup II.

The U.S. finished 10th in the event in Rio, last winning a medal in 2000.

### **Women's Quadruple Sculls (W4x)**

The women's quadruple sculls crew of [Ellen Tomek](#) (Flushing, Mich./University of Michigan), [Meghan O'Leary](#) (Baton Rouge, La./University of Virginia), [Alie Rusher](#) (West Bend, Wis./Stanford University), and [Cicely Madden](#) (Weston, Mass./Brown University) includes two Olympic veterans and two Olympic rookies. Tomek and O'Leary finished sixth in the double sculls in Rio.

In 2019, the U.S. finished seventh in the event at the World Rowing Championships, qualifying the boat for Tokyo. China, Poland and The Netherlands won the medals. At the 2021 World Rowing Cup II race in Lucerne, China dominated in winning gold, with Germany and Italy claiming the other two medals.

The U.S. finished fifth in Rio.

### **Women's Four (W4-)**

The women's four returns to the Olympic program for the first time since 1992, replacing the lightweight men's four. This year's crew of two-time Olympian [Grace Luczak](#) (Ann Arbor, Mich./Stanford University), [Kendall Chase](#) (Evergreen, Colo./University of California, Berkeley), [Claire Collins](#) (McLean, Va./Princeton University) and [Madeleine Wanamaker](#) (Neenah, Wis./University of Wisconsin) includes three Olympic newcomers. Luczak finished fourth in the women's pair in Rio.

The U.S. finished sixth in the event at the 2019 World Rowing Championships but won the world title just a year before. Wanamaker was part of both of those boats. In 2019, Australia, The Netherlands and Denmark won the medals. The Dutch boat won gold at World Rowing Cup II in Lucerne, followed by Great Britain and Romania.

The U.S. won silver the last time the event was contested in Barcelona in 1992.

### **Women's Eight (W8+)**

The U.S. enters the Games as the three-time defending Olympic champions, having won gold in 2008, 2012, and 2016. This year's crew of coxswain [Katelin Guregian](#) (Detroit, Mich./University of Washington), [Olivia Coffey](#) (Watkins Glen, N.Y./Harvard University), [Charlotte Buck](#) (Nyack, N.Y./Columbia University), [Meghan Musnicki](#) (Naples, N.Y./Ithaca College), [Brooke Mooney](#) (Peru, Vt./University of Washington), [Gia Doonan](#) (Rochester, Mass./University of Texas), [Kristine O'Brien](#) (Massapequa Park, N.Y./University of Virginia), [Jessica Thoennes](#) (Highlands Ranch, Colo./University of Washington), and [Regina Salmons](#) (Methuen, Mass./University of Pennsylvania) includes two members of the 2016 boat--Musnicki and Guregian. Musnicki also was part of the 2012 gold medal crew.

Coffey, Doonan and O'Brien have won numerous world championship medals, while Buck, Mooney, Thoennes and Salmons will all be racing at the senior level for the first time.

The U.S. finished third at the World Rowing Championships in 2019 behind New Zealand and Australia and won gold in the event in 2018.

## Olympic Team Roster

Name	Date of Birth	Height	Weight	Hometown	College
<b>Women's Single Sculls</b>					
Kara Kohler	1/20/1991	6'2"	175	Clayton, Calif.	University of California, Berkeley
<b>Women's Double Sculls</b>					
Gevvie Stone (s)	7/11/1985	6'0"	157	Newton, Mass.	Princeton University
Kristi Wagner (b)	1/25/1993	6'1"	164	Weston, Mass.	Yale University
<b>Women's Lightweight Double Sculls</b>					
Michelle Sechser (s)	11/1/1986	5'5"	126	Folsom, Calif.	University of Tulsa
Molly Reckford (b)	10/9/1992	5'10"	125	Short Hills, N.J.	Dartmouth College
<b>Women's Pair</b>					
Tracy Eisser (s)	11/20/1989	6'1"	185	Fair Lawn, N.J.	Cornell University
Megan Kalmoe (b)	8/21/1983	5'10"	160	St. Croix Falls, Wis.	University of Washington
<b>Women's Quadruple Sculls</b>					
Ellen Tomek (s)	5/1/1984	5'10"	160	Flushing, Mich.	University of Michigan
Meghan O'Leary (3)	8/24/1984	6'0"	165	Baton Rouge, La.	University of Virginia
Alie Rusher (2)	5/24/1996	6'1"	170	West Bend, Wis.	Stanford University
Cicely Madden (b)	3/28/1995	5'10"	146	Weston, Mass.	Brown University
<b>Women's Four</b>					
Grace Luczak (s)	5/24/1989	6'3"	165	Ann Arbor, Mich.	Stanford University
Kendall Chase (3)	8/25/1994	6'0"	175	Evergreen, Colo.	University of California, Berkeley
Claire Collins (2)	11/29/1996	5'11"	180	McLean, Va.	Princeton University
Madeleine Wanamaker (b)	2/14/1995	5'11"	165	Neenah, Wis.	University of Wisconsin
<b>Women's Eight</b>					
Katelin Guregian (c)	8/16/1987	5'4"	110	Detroit, Mich.	University of Washington
Olivia Coffey (s)	1/29/1989	6'1"	170	Watkins Glen, N.Y.	Harvard University
Charlotte Buck (7)	2/15/1995	6'0"	180	Nyack, N.Y.	Columbia University
Meghan Musnicki (6)	2/5/1983	5'11"	175	Naples, N.Y.	Ithaca College
Brooke Mooney (5)	2/15/1996	6'2"	193	Peru, Vt.	University of Washington
Gia Doonan (4)	6/30/1994	6'0"	173	Rochester, Mass.	University of Texas at Austin
Kristine O'Brien (3)	10/3/1991	5'11"	164	Massapequa Park, N.Y.	University of Virginia
Jessica Thoennes (2)	9/20/1995	6'1"	169	Highlands Ranch, Colo.	University of Washington

Regina Salmons (b)	4/21/1997	6'1"	175	Methuen, Mass.	University of Pennsylvania
<b>Men's Four</b>					
Clark Dean (s)	2/3/2000	6'4"	205	Sarasota, Fla.	Harvard University
Michael Grady (3)	10/22/1996	6'5"	200	Pittsburgh, Pa.	Cornell University
Anders Weiss (2)	11/5/1992	6'4"	200	Barrington, R.I.	Brown University
Andrew Reed (b)	12/19/1991	6'3"	195	Wayland, Mass.	Harvard University
<b>Men's Eight</b>					
Julian Venonsky (c)	10/15/1993	5'6"	120	Malvern, Pa.	University of California, Berkeley
Liam Corrigan (s)	9/11/1997	6'5"	195	Old Lyme, Conn.	Harvard University
Conor Harrity (7)	9/3/1994	6'4"	208	Weston, Mass.	Harvard College
Nick Mead (6)	3/12/1995	6'6"	212	Strafford, Pa.	Princeton University
Alexander Richards (5)	8/12/1995	6'6"	215	Watertown, Mass.	Harvard University
Austin Hack (4)	5/17/1992	6'8"	212	Old Lyme, Conn.	Stanford University
Alex Miklasevich (3)	7/17/1997	6'7"	195	Pittsburgh, Pa.	Brown University
Justin Best (2)	8/17/1997	6'4"	190	Kennett Square, Pa.	Drexel University
Ben Davison (b)	7/24/1996	6'4"	190	Inverness, Fla.	University of Washington
<b>Alternates</b>					
Alex Karwoski	9/16/1990	6'4"	195	Moultonborough, N.H.	Cornell University
Molly Bruggeman	6/19/1992	5'11"	174	Dayton, Ohio	University of Notre Dame
Vicky Opitz	6/5/1988	5'11"	153	Middleton, Wis.	University of Wisconsin

## **Coaching Staff**

Kate Bertko – Women's Pair

Casey Galvanek – Lightweight Women's Double Sculls

Hilary Gehman – Women's Quadruple Sculls

Laurel Korholz – Women's Single Sculls, Women's Four

Tim McLaren – Men's Four

Gregg Stone – Women's Double Sculls

Tom Terhaar – Women's Eight

Mike Teti – Men's Eight

## **Support Staff**

Maeve Berry – Press Officer

Matthew Collins – Team Doctor

Will Daly – Staff

Liz Fusco – Dietician

Matt Imes – High Performance Director

Brett Johnson – Press Officer

Alicia Lamb – Physical Therapist

Deirdre McLoughlin – Physical Therapist

Marc Nowak – Physical Therapist

Wendy Wilbur – Staff

Michael Zimmer – Team Leader

## Athlete Pronunciation Guide

Molly Bruggeman - *Br-ugh-uh-man*

Olivia Coffey - *CAW-fee*

Gia Doonan - *GEE-uh Do-nan*

Tracy Eisser - *EYE-ser*

Katelin Guregian - *gurr-EGG-ian*

Austin Hack - *hack*

Conor Harrity - *Hair-eh-tee*

Megan Kalmoe - *CAL-moe*

Alex Karwoski - *car-WOS-kee*

Kara Kohler - *COAL-er*

Grace Luczak - *lew-zack*

Cicely Madden - *si-suh-lee*

Alex Miklasevich - *Mick-luh-sev-itch*

Brooke Mooney - *MOON-ee*

Meghan Musnicki - *moose-NICK-ee*

Meghan O'Leary - *oh-LEER-ee*

Vicky Opitz - *oh-pitz*

Molly Reckford - *Wreck-ferd*

Regina Salmons - *Sal-muhns*

Michelle Sechser - *SEX-sir*

Jessica Thoness - *THO-ness*

Ellen Tomek - *TOE-mek*

Julian Venonsky - *VIN-non-ski*

Madeleine Wanamaker - *Mad-uh-line*

*Wan-uh-maker*

Anders Weiss - *wye-ss*

## **Olympic Rowers by State**

### **California (2)**

Kara Kohler  
Michelle Sechser

### **Colorado (2)**

Kendall Chase  
Jessica Thoennes

### **Connecticut (2)**

Liam Corrigan  
Austin Hack

### **Florida (2)**

Ben Davison  
Clark Dean

### **Louisiana (1)**

Meghan O'Leary

### **Massachusetts (8)**

Gia Doonan  
Conor Harrity  
Cicely Madden  
Andrew Reed  
Alexander Richards  
Regina Salmons  
Gevvie Stone  
Kristi Wagner

### **Michigan (3)**

Katelin Guregian  
Grace Luczak  
Ellen Tomek

### **New Hampshire (1)**

Alex Karwoski

**New Jersey (2)**

Tracy Eisser

Molly Reckford

**New York (4)**

Charlotte Buck

Olivia Coffey

Meghan Musnicki

Kristine O'Brien

**Ohio (1)**

Molly Bruggeman

**Pennsylvania (5)**

Justin Best

Michael Grady

Nick Mead

Alex Miklasevich

Julian Venonsky

**Rhode Island (1)**

Anders Weiss

**Vermont (1)**

Brooke Mooney

**Virginia (1)**

Claire Collins

**Wisconsin (4)**

Megan Kalmoe

Vicky Opitz

Alie Rusher

Madeleine Wanamaker

## **Olympic Rowers by University**

### **Brown University (3)**

Cicely Madden  
Alex Miklasevich  
Anders Weiss

### **Columbia University (1)**

Charlotte Buck

### **Cornell University (3)**

Tracy Eisser  
Michael Grady  
Alex Karwoski

### **Dartmouth College (1)**

Molly Reckford

### **Drexel University (1)**

Justin Best

### **Harvard University (6)**

Olivia Coffey  
Liam Corrigan  
Clark Dean  
Conor Harrity  
Andrew Reed  
Alexander Richards

### **Ithaca College (1)**

Meghan Musnicki

### **Princeton University (3)**

Claire Collins  
Nick Mead  
Gevvie Stone

### **Stanford University (3)**

Austin Hack  
Grace Luczak

Alie Rusher

**University of California, Berkeley (2)**

Kendall Chase

Kara Kohler

Julian Venonsky

**University of Notre Dame (1)**

Molly Bruggeman

**University of Michigan (1)**

Ellen Tomek

**University of Pennsylvania (1)**

Regina Salmons

**University of Texas at Austin (1)**

Gia Doonan

**University of Tulsa (1)**

Michelle Sechser

**University of Virginia (2)**

Kristine O'Brien

Meghan O'Leary

**University of Washington (5)**

Ben Davison

Katelin Guregian

Megan Kalmoe

Brooke Mooney

Jessica Thoennes

**University of Wisconsin (2)**

Vicky Opitz

Madeleine Wanamaker

**Yale University (1)**

Kristi Wagner

## Athlete Bios

### Justin Best Men's Eight

**Hometown:** Kennett Square, Pa.

**Date of Birth:** 8/17/1997

**Height:** 6'4"

**Weight:** 195

**High School:** Unionville High School

**Undergraduate Education:** Drexel University, 2019

**Training Location:** Oakland, Calif.

**Years on National Team:** Four – Junior, 2015; Under 23, 2018-2019; Olympic, 2020



**International Results:** Finished second in the eight at the 2019 World Rowing Under 23 Championships...Finished seventh in the eight at the 2019 World Rowing Cup III...Won gold in the eight at the 2018 World Rowing Under 23 Championships...Finished fourth in the eight at the 2018 World Rowing Cup III...Won gold in the under 23 eight at the 2017 Canadian Henley...Won silver in the eight at the 2015 World Rowing Junior Championships.

**National Results:** Won the varsity eight at the 2017 Dad Vail Regatta...Finished eighth in the single sculls at the 2015 USRowing Youth National Championships...Finished eighth in the lightweight four at the 2013 USRowing Youth National Championships.

**Personal:** Best was born on 8/17/1997 and attended Unionville High School. His parents watched "The Social Network" and thought since the actors who portrayed the Winklevoss twins had big upper bodies, he would be perfect for the sport. They signed him up for a summer camp the next day. Best likes reading, video games, exercising, and watching movies.

**Molly Bruggeman**  
**Women's Alternate**

**Hometown:** Dayton, Ohio  
**Date of Birth:** 6/19/1992  
**Height:** 5'11"  
**Weight:** 174  
**High School:** Chaminade-Julienne High School  
**Undergraduate Education:** University of Notre Dame, 2014  
**Training Location:** Princeton, N.J.  
**Years on National Team:** Seven – Under 23, 2013-14; Pan American Games, 2015; Senior, 2016-19



**International Results:** Finished sixth in the the four at the 2019 World Rowing Championships...Finished fourth in the four at the 2019 World Rowing Cup II...Finished fourth in the four at 2019 World Rowing Cup I...Won gold in the four at the 2018 World Rowing Championships...Finished fourth in the pair at the 2018 World Rowing Cup III...Finished fourth in the four at the 2017 World Rowing Championships...Finished third in the eight and fourth in the four at the 2017 World Rowing Cup II...Placed second in the four at the 2016 World Rowing Championships...Won the pair at the 2015 Pan American Games...Won the four and eight at the 2014 World Rowing Under 23 Championships...Placed sixth in the quadruple sculls at the 2013 World Rowing Under 23 Championships...Placed sixth in the four at the 2012 World Rowing Under 23 Championships.

**National Results:** Finished third in the pair at the 2017 Spring Speed Order 1...Won the pair at the 2015 Pan American Games Trials...Finished ninth in the eight at the 2014 NCAA Women's Rowing Championships...Finished sixth in the championship women's eight at the 2013 Head of the Charles...Finished 13th in the eight at the 2013 NCAA Women's Rowing Championships...Finished 16th in the varsity eight at the 2012 NCAA Women's Rowing Championships...Finished second in the senior eight at the 2011 USRowing Club National Championships...Finished fifth in the four with coxswain at the 2011 Head of the Charles...Finished sixth in the four with coxswain at the 2010 USRowing Youth National Championships...Finished fifth in the four with coxswain at the 2009 USRowing Youth National Championships...Finished fourth in the four with coxswain at the 2008 USRowing Youth National Championships.

**Personal:** Molly was born on 6/19/1992 and attended Chaminade-Julienne High School. She enjoys reading, drinking coffee, watching movies and hanging out with friends. She has two older brothers and a younger sister and has a dog named George. She was a First-Team Collegiate Rowing Coaches Association Pocock All-American in 2011 and 2012 and a Second-Team CRCA Pocock All-American in 2014. She was a First-Team All-Big East selection in 2011 and 2013 and a First-Team All-ACC selection in 2014. She lists her most memorable sporting achievement as winning the Midwest Regional Championships in the four with

coxswain in 2010. Molly lists Mike Miles, her coach at Dayton Boat Club, as the most influential person in her sporting career.

**Charlotte Buck**  
**Women's Eight**

**Hometown:** Nyack, N.Y.

**Date of Birth:** 2/15/1995

**Height:** 6'0"

**Weight:** 180

**High School:** Nyack High School

**Undergraduate Education:** Columbia University,  
2018

**Training Location:** Princeton, N.J.

**Years on National Team:** One – Olympic, 2020



**National Results:** Won gold in the senior pair, four with coxswain and eight at the 2017 USRowing Club National Championships.

**Personal:** Charlotte was born 2/15/1995. In both 2017 and 2018, she was team captain and recipient of the MVP award at Columbia University. A vegetarian since fourth grade, she loves cooking and runs a vegan food instagram, @vegan\_testkitchen. In her spare time, Charlotte likes to play Kubb and other lawn games, listen to the "You're Wrong About" Podcast, and crafting. In high school, she was a tennis player who did not finish better than second place in the county championships and left the basketball team to be in theater and debate. She started rowing with the Rockland Rowing masters team in the summer of 2014, making her mom go out on the water in a double. She walked on to the Columbia team during her freshman fall. Her sister convinced Charlotte to join the team to find friends and an outlet for her competitive drive that had previously been channeled into high school mock trial and moot court competitions. She's like to give a big shout-out to all of her juniors from Rockland Rowing that she had the pleasure of coaching while training at New York Athletic Club. They inspired her with their fearless drive and ability to push each other to be better every day.

**Kendall Chase**  
**Women's Four**

**Hometown:** Evergreen, Colo.  
**Date of Birth:** 8/25/1994  
**Height:** 6'0"  
**Weight:** 190  
**High School:** Mullen High School  
**Undergraduate Education:** University of California, Berkeley, 2016  
**Training Location:** Princeton, N.J.  
**Years on National Team:** Junior, 2011-12; Under 23, 2014-16; Senior, 2017; Olympic, 2020



**International Results:** Finished fourth in the four at the 2017 World Rowing Championships...Finished third in the eight at the 2017 World Rowing Cup II...Won gold in the eight and finished fourth in the pair at the 2016 World Rowing Under 23 Championships...Won gold in the four and eight at the 2015 World Rowing Under 23 Championships...Won gold in the four and eight at the 2014 World Rowing Under 23 Championships...Won silver in the four at the 2012 World Rowing Junior Championships...Served as an alternate at the 2011 World Rowing Junior Championships.

**National Results:** Won silver in the varsity eight and won the team title at the 2016 NCAA Women's Rowing Championships...Stroked the varsity eight to a silver medal and finished second in the team standings at the 2015 NCAA Women's Rowing Championships...Finished third in the varsity eight and third in the team standings at the 2014 NCAA Women's Rowing Championships...Won gold in the varsity eight and finished second in the team standings at the 2013 NCAA Women's Rowing Championships...Won gold in the pair and finished sixth in the four with coxswain at 2012 USRowing Youth National Championships...Finished third in the junior women's event at the 2012 C.R.A.S.H.-B. World Indoor Rowing Championships...Finished third in the pair at 2011 USRowing Youth National Championships.

**Personal:** Kendall graduated from the University of California, Berkeley with a degree in Interdisciplinary Studies focusing on health and illness in society. Kendall was a Sportswomen of Colorado award recipient for her achievements in rowing in both 2014 and 2015. She was PAC-12 Athlete of the year in 2015 and 2016. Kendall was the 2016 PAC-12 Scholar Athlete of the Year. She made the Division I Pocock First Team All-American in both 2015 and 2016. She also made the PAC-12 Women's Rowing All-Academic team in both 2015 and 2016. When Kendall isn't rowing, she enjoys watching TV, consuming large amounts of calories, beating all her friends in liar's dice and cards, making and watching TikToks, and she LOVES playing outside. Kendall has always loved the water. Extreme jet skiing, reckless tubing, wake boarding/surfing, and river rafting are just a few of Kendall's favorite things to do on the water. Kendall is also a Survivor enthusiast and hopes to one day compete on the show. Kendall is a LGBTQ+ advocate and hopes to help rowers and other LGBTQ+ youth find a safe space within the sport of rowing.

**Olivia Coffey**  
**Women's Eight**

**Hometown:** Watkins Glen, N.Y.

**Date of Birth:** 1/29/1989

**Height:** 6'1"

**Weight:** 170

**High School:** Phillips Academy Andover

**Undergraduate Education:** Harvard University,  
2011

**Training Location:** Princeton, N.J.

**Years on National Team:** Nine – Under 23,  
2009-2011; Senior, 2013-15, 2018-19; Olympic, 2020



**International Results:** Finished third in the the eight at the 2019 World Rowing Championships...Won silver in the eight at the 2019 World Rowing Cup II...Finished fifth in the four and eighth in the pair at the 2019 World Rowing Cup I...Won gold in the eight at the 2018 World Rowing Championships...Won The Boat Race for Cambridge University in 2018...Finished third in the eight at the 2018 World Rowing Cup III...Finished sixth in the quadruple sculls at the 2016 World Rowing Cup II...Won gold in the quadruple sculls at the 2015 World Rowing Championships...Won gold in the eight and the four at the 2015 World Rowing Cup II...Won bronze in the quadruple sculls at the 2014 World Rowing Championships...Won gold in the four at the 2013 World Rowing Championships...Won bronze in the eight at the 2011 World Rowing Under 23 Championships...Won gold in the eight at the 2010 World Rowing Under 23 Championships...Won silver in the eight at the 2009 World Rowing Under 23 Championships.

**National Results:** Finished fifth in the pair at the 2015 National Selection Regatta I...Finished third in the pair at the 2014 National Selection Regatta I...Won the four at the 2013 World Championships Trials.

**Personal:** Olivia was born on 1/29/1989 and attended Phillips Academy Andover. Her father stroked the men's pair to a silver medal at the 1976 Olympics. She has three older sisters...Olivia also attended Cambridge University, where she received her MBA.

**Claire Collins**  
**Women's Four**

**Hometown:** McLean, Va.  
**Date of Birth:** 11/29/1996  
**Height:** 5'11"  
**Weight:** 180  
**High School:** Deerfield Academy  
**Undergraduate Education:** Princeton University  
**Training Location:** Princeton, N.J.  
**Years on National Team:** Five - Junior, 2012-14; Under 23, 2017-18; Olympic, 2020



**International Results:** Won bronze in the eight at the 2018 World Rowing Under 23 Championships...Won silver in the eight at the 2017 World Rowing Under 23 Championships...Won silver in the four at the 2014 World Rowing Junior Championships...Finished fifth in the eight at the 2013 World Rowing Junior Championships...Won silver in the eight at the 2012 World Rowing Junior Championships.

**National Results:** Won the varsity eight from 2016-2019 at the Ivy League Championships...Finished fifth in the varsity eight at the 2018 NCAA Women's Rowing Championships...Won the four at the 2015 USRowing Youth National Championships...Won the four at the 2014 USRowing Youth National Championships.

**Personal:** Claire loves baking/cooking, traveling, and hanging out with family and friends. She competed in volleyball, swimming, and rowing all four years of high school. She was the 2019 winner of Princeton University's C. Otto von Keinbusch Award for Princeton's top senior female athlete and was nominated for NCAA Woman of the Year in 2019. She is a three-time All-American and four-time All-Ivy recipient. Claire majored in Economics.

**Liam Corrigan**  
**Men's Eight**

**Hometown:** Old Lyme, Conn.

**Date of Birth:** 9/11/1997

**Height:** 6'5"

**Weight:** 205

**High School:** Lyme-Old Lyme High School

**Undergraduate Education:** Harvard University

**Training Location:** Oakland, Calif.

**Years on National Team:** Five – Junior, 2014-2015; Under 23, 2017, 2019; Olympic, 2020



**International Results:** Finished seventh in the four at the 2019 World Rowing Under 23 Championships...Finished fourth in the pair at the 2017 World Rowing Under 23 Championships...Finished fifth in the four at the 2015 World Rowing Junior Championships...Finished eighth in the pair at the 2014 Youth Olympic Games... Finished ninth in the eight at the 2014 World Rowing Junior Championships.

**National Results:** Won the pair at the 2020 USRowing National Selection Regatta...Won the pair at the 2017 Under 23 World Championships Trials... Stroked the second varsity to an undefeated 2017 season, winning the the Eastern Sprints title...Won silver in the four with coxswain at the 2015 USRowing Youth National Championships.

**Personal:** Corrigan was born on 9/11/1997 and attended Lyme-Old Lyme High School. He enjoys playing and listening to music, as well as reading Russian literature and rock climbing. He will be attending Oxford in 2021 to pursue a masters degree in finance.

**Ben Davison**  
**Men's Eight**

**Hometown:** Inverness, Fla.  
**Date of Birth:** 7/24/1996  
**Height:** 6'4"  
**Weight:** 190  
**High School:** Citrus High School  
**Undergraduate Education:** University of Washington  
**Training Location:** Oakland, Calif.  
**Years on National Team:** Twelve – Junior, 2013-14; Under 23, 2014-18; Senior, 2017-19; Olympic, 2020



**International Results:** Finished fifth in the the eight at the 2019 World Rowing Championships...Finished 14th in the double sculls at the 2018 World Rowing Championships...Finished fourth in the single sculls at the 2018 World Rowing Under 23 Championships...Finished seventh in the double sculls at the 2018 World Rowing Cup III...Finished ninth in the double sculls at the 2017 World Rowing Championships...Won bronze in the four with coxswain at the 2017 World Rowing Under 23 Championships...Finished seventh in the single sculls at the 2016 World Rowing Under 23 Championships...Raced in the quadruple sculls at the 2016 World Rowing Cup II...Finished third in the quadruple sculls at the 2016 European and Final Olympic Qualification Regatta...Finished seventh in the single sculls at the 2015 World Rowing Under 23 Championships...Finished sixth in the single sculls at the 2014 World Rowing Junior Championships...Finished 21st in the single sculls at the 2014 World Rowing Under 23 Championships...Finished sixth in the quadruple sculls at the 2013 World Rowing Junior Championships.

**National Results:** Won silver in the varsity eight at the 2019 IRA Championships...Won gold in the varsity eight at the 2019 Pac-12 Championships...Won the championship single sculls at the 2018 Head of the Charles...Won the senior double sculls and under 23 single sculls at the 2018 USRowing U19, U23 and Senior World Championship Trials I...Won the senior double sculls at the 2017 U.S. Senior and Para World Championship Trials...Won the four with coxswain at the 2017 Under 23 Team Trials...Won the single sculls at the 2016 Junior, Under 23 and Senior Team Trials...Won the single sculls at the 2015 Under 23 World Championship Trials...Won the single sculls at the 2014 Under 23 and Junior World Championship Trials...Won the quadruple sculls at the 2013 Junior World Championship Trials.

**Personal:** Ben was born on 7/24/1996 and attended Citrus High School. He was named the Pac-12 Conference Men's Rowing Athlete of the Year in 2019. Ben lists his family as the most important people in his life. Ben's hobbies include rowing, eating and playing Temple Run. He said he hopes to row for the U.S. National Team as many times as possible and someday make it to the Olympics.

**Clark Dean**  
**Men's Four**

**Hometown:** Sarasota, Fla.

**Date of Birth:** 2/3/2000

**Height:** 6'4"

**Weight:** 205

**High School:** Pine View High School

**Undergraduate Education:** Harvard University

**Training Location:** Boston, Mass./Oakland, Calif.

**Years on National Team:** Five – Junior, 2016-18;  
Senior 2019; Olympic, 2020



**International Results:** Finished fifth in the the four at the 2019 World Rowing Championships...Won gold in the single sculls at the 2018 World Rowing Junior Championships...Won gold in the single sculls and placed sixth in the four with coxswain at the 2017 World Rowing Junior Championships...Placed third in the quadruple sculls at the 2016 World Rowing Junior Championships...Won the under 17 single sculls and under 17 quadruple sculls at the 2015 Canadian Henley.

**National Results:** Finished third in the varsity eight at the 2019 Intercollegiate Rowing Association (IRA) Championships...Finished second in the varsity eight at the 2019 Eastern Sprints...Won the single sculls at the 2018 Under 19 World Championship Trials...Won gold in the eight at the 2018 USRowing Youth National Championships...Won the single sculls at the 2017 Under 19 World Trials...Won silver in the under 19 quadruple sculls at the 2016 USRowing Club National Championships...Won bronze in the eight at the 2016 17 USRowing Youth National Championships...Won gold in the under 17 single sculls, under 17 quadruple sculls and under 17 eight at the 2015 USRowing Club Nationals Championships...Finished seventh in the eight at the 2015 USRowing Youth National Championships...Won gold in under 17 single sculls and under 17 eight, silver in the under 17 quadruple sculls, bronze in the under 17 double sculls and placed fifth in the under 17 single sculls at the 2014 USRowing Club National Championships...Placed fifth in the lightweight eight at the 2014 USRowing Youth National Championships.

**Personal:** Clark was born on 2/3/2000 and attended Pine View High School.

**Gia Doonan**  
**Women's Eight**

**Hometown:** Rochester, Mass.

**Date of Birth:** 6/30/1994

**Height:** 6'0"

**Weight:** 173

**High School:** Tabor Academy

**Undergraduate Education:** University of Texas  
at Austin

**Training Location:** Princeton, N.J.

**Years on National Team:** Five – Under 23, 2016; Senior, 2017-19; Olympic, 2020



**International Results:** Finished third in the the eight at the 2019 World Rowing Championships...Finished second in the eight at the 2019 World Rowing Cup II...Finished second in the four at the 2019 World Rowing Cup I...Finished ninth in the pair and first in the eight at the 2018 World Rowing Championships...Finished third in the eight at the 2018 World Rowing Cup III...Served as an alternate at the 2017 World Rowing Championships...Won gold in the four and eight at the 2016 World Rowing Under 23 Championships.

**National Results:** Finished second in the pair at the 2020 National Selection Regatta...Finished seventh in the pair at the 2019 National Selection Regatta I...Won the pair at the 2018 Senior World Championships Trials II...Finished third in the pair at the 2018 National Selection Regatta II.

**Personal:** Gia was born on 6/30/1994 and attended Tabor Academy. She attended college the University of Texas at Austin - Hook em!

**Tracy Eisser**  
**Women's Pair**

**Hometown:** Fair Lawn, N.J.  
**Date of Birth:** 11/20/1989  
**Height:** 6'1"  
**Weight:** 185  
**High School:** Fair Lawn High School  
**Undergraduate Education:** Cornell University, 2012  
**Training Location:** Princeton, N.J.  
**National Teams:** Seven – Senior, 2014-15, 2017-19; Olympic, 2016, 2020



**International Results:** Finished fourth in the the pair at the 2019 World Rowing Championships...Finished third in the pair at the 2019 World Rowing Cup II...Won gold in the eight at the 2018 World Rowing Championships...Placed third in the eight and four at the 2018 World Rowing Cup III...Placed second in the pair at the 2017 World Rowing Championships and World Rowing Cup II...Placed fifth in the quadruple sculls at the 2016 Olympic Games...Won the quadruple sculls at the 2015 World Rowing Championships...Placed third in the quadruple sculls at the 2015 World Rowing Cup II...Earned bronze in the quadruple sculls at the 2014 World Rowing Championships...Placed second in the quadruple sculls at the 2014 World Rowing Cup II...Won the senior pair at the 2011 Royal Canadian Henley.

**National Results:** Won the pair at the 2020 U.S. Olympic Team Trials - Rowing #3...Won the pair at the 2020 National Selection Regatta...Won the pair at the 2019 National Selection Regatta...Won the pair at the 2018 National Selection Regatta...Won the pair at the 2017 National Selection Regatta...Finished first in the pair at the 2017 Spring Speed Order I...Finished seventh in the pair at the 2016 National Selection Regatta...Finished sixth in the pair at the 2014 National Selection Regatta I.

**Personal:** Tracy attended Fair Lawn High School. She was a track and field athlete in high school, participating in the high jump, and competed at the New Jersey State Track and Field Championship in 2008. She was a Collegiate Rowing Coaches Association National Scholar Athlete from 2010-2012.

## Michael Grady

### Men's Four

**Hometown:** Pittsburgh, Pa.

**Date of Birth:** 10/22/1996

**Height:** 6'5"

**Weight:** 200

**High School:** Pittsburgh Central Catholic High School

**Undergraduate Education:** Cornell University

**Training Location:** Oakland, Calif.

**National Teams:** Five – Junior 2013-14; Under 23, 2017-18; Olympic, 2020



**International Results:** Won gold in the eight at the 2018 World Rowing Under 23 Championships...Finished fourth in the eight at the 2018 World Rowing Cup III...Finished fourth in the eight at the 2017 World Rowing Under 23 Championships...Finished ninth in the eight at the 2014 World Rowing Junior Championships...Finished eighth in the four with coxswain at the 2013 World Rowing Junior Championships.

**National Results:** Reached the final in the varsity eight at the 2016 Eastern Sprints...Won the varsity eight at the 2013 Scholastic Rowing Association of America Championships.

**Personal:** Michael enjoys beekeeping and solving Rubix Cubes. He is also a twin and found the sport of rowing through his father. Michael admires Carlos Dinares for his enthusiasm towards the sport of rowing.

**Katelin Guregian**  
**Women's Eight**

**Hometown:** Detroit, Mich.

**Date of Birth:** 8/16/1987

**Height:** 5'4"

**Weight:** 110

**High School:** Winter Park High School

**Undergraduate Education:** University of Washington

**Training Location:** Princeton, N.J.

**National Teams:** Twelve – Under 23, 2006-08; Senior, 2009, 2013-15, 2017-19; Olympic, 2016, 2020



**International Results:** Finished third in the the eight at the 2019 World Rowing Championships...National champion and world bronze medalist in the women's lightweight division at the 2019 World Rowing Indoor Championships/USRowing Indoor National Championships...Finished second in the eight at the 2019 World Rowing Cup II...Won gold in the eight at the 2018 World Rowing Championships...Finished third in the eight at the 2018 World Rowing Cup III...Finished fourth in the eight at the 2017 World Rowing Championships...Placed third in the eight at the 2017 World Rowing Cup II...Won gold in the eight at the 2016 Olympic Games...Won gold in the eight at the 2016 World Rowing Cup II...Won gold in the eight at the 2015 World Rowing Championships...Won gold in the eight at the 2015 World Rowing Cup II...Won gold in the eight at the 2014 World Rowing Championships...Won gold in the eight at the 2014 World Rowing Cup II...Won gold in the eight at the 2013 World Rowing Championships...Won gold in the eight at the 2013 World Rowing Cup III...Won gold in the eight at the 2010 World Rowing Cup III...Won gold in the eight at the 2009 World Rowing Championships...Took silver in the eight at the 2009 World Rowing Cup III...Won gold in the eight at the 2008 World Rowing Under 23 Championships...Placed third in the eight at the 2007 World Rowing Under 23 Championships...Won gold in the eight at the 2006 World Rowing Under 23 Championships.

**National Results:** Won the women's championship eight at the 2009 Head of the Charles...Won gold in the men's varsity eight at the 2009 Intercollegiate Rowing Association (IRA) Championships...Won silver in the men's varsity eight at the 2008 Intercollegiate Rowing Association (IRA) Championships...Finished first in the men's championship eight at the 2008 Head of the Charles...Won gold in the men's varsity eight at the 2007 Intercollegiate Rowing Association (IRA) Championships...Won gold in the men's freshmen eight at the 2006 IRA Championships.

**Personal:** Katelin resides in Orlando, Florida, and learned to row at Winter Park High School, where she earned a bronze medal stroking the girls varsity eight at Scholastic Nationals. She enjoys nature, museums, zoos, aquariums, and rocks. Her husband, Nareg Guregian, also competed in the 2016 Olympic Games.

**Austin Hack**  
**Men's Eight**

**Hometown:** Old Lyme, Conn.

**Date of Birth:** 5/17/1992

**Height:** 6'8"

**Weight:** 212

**High School:** Lyme-Old Lyme High School

**Undergraduate Education:** Stanford University,  
2014

**National Teams:** Ten – Junior, 2009-10; Under  
23, 2011-12; Senior, 2013-15, 2019; Olympic, 2016, 2020



**International Results:** Finished fifth in the the eight at the 2019 World Rowing Championships...Finished fifth in the four at the 2019 World Rowing Cup II...Finished fourth in the eight at the 2016 Olympic Games...Won bronze in the eight at the 2016 World Rowing Cup II...Won the eight at the 2016 Final Olympic Qualification Regatta...Finished seventh in the eight at the 2015 World Rowing Championships...Won bronze in the eight at the 2015 World Rowing Cup II...Finished fourth in the eight at the 2014 World Rowing Championships...Won bronze in the eight at the 2013 World Rowing Championships...Won gold in the eight at the 2013 World Rowing Cup III...Finished fourth in the pair at the 2012 World Rowing Under 23 Championships...Won gold in the eight at the 2011 World Rowing Under 23 Championships...Won gold in the eight at the 2010 World Rowing Junior Championships...Finished fourth in the eight at the 2009 World Rowing Junior Championships...Won the junior eight and junior four with coxswain at the 2008 CanAmMex Regatta.

**National Results:** Finished second in the pair at the 2020 National Selection Regatta...Finished second in the pair at the 2019 National Selection Regatta...Finished third in the pair at the 2016 National Selection Regatta I...Won gold in the eight at the 2013 USRowing National Championships...Finished 14th in the varsity eight at the 2012 Intercollegiate Rowing Association (IRA) Championships...Finished ninth in the freshman eight at the 2011 Intercollegiate Rowing Association (IRA) Championships...Won the junior four with coxswain and finished second in both the junior eight and intermediate eight at the 2008 USRowing Club National Championships...Finished fifth in the senior double sculls at the 2008 Stotesbury Cup Regatta.

**Personal:** Austin was born on 5/17/1992 and attended Lyme-Old Lyme High School. He enjoys skiing, gastronomy and traveling. Austin was the Pac-12 Rower of the Year 2013 and 2014,

first-team All-Pac-12 and first-team All-Academic. He lists his parents as the most influential people in his sporting career for their unwavering support and enthusiasm.

**Conor Harrity**  
**Men's Eight**

**Hometown:** Weston, Mass.

**Date of Birth:** 9/3/1994

**Height:** 6'4"

**Weight:** 208

**High School:** Boston College High School

**Undergraduate Education:** Harvard College,  
2018

**National Teams:** Three – Senior, 2018-19;  
Olympic, 2020



**International Results:** Finished fifth in the the eight at the 2019 World Rowing Championships...Finished 11th in the four at the 2019 World Rowing Cup II...Placed fourth in the eight at the 2018 World Rowing Championships.

**National Results:** Finished fourth in the varsity eight at the 2018 Intercollegiate Rowing Association (IRA) Championships...Won bronze in the varsity eight at the 2017 Intercollegiate Rowing Association (IRA) Championships.

**Personal:** Conor was born on 9/3/1994 and attended Boston College High School. He was team captain at Harvard University his senior year. He graduated with a degree in economics. Conor was named to the All-Ivy League second team in 2017.

**Megan Kalmoe**  
**Women's Pair**

**Hometown:** St. Croix Falls, Wis.

**Date of Birth:** 8/21/1983

**Height:** 5'10"

**Weight:** 160

**High School:** St. Croix Falls High School

**Undergraduate Education:** University of Washington, 2006

**National Teams:** Thirteen – Under 23, 2005; Senior, 2009-11, 2013-15, 2017, 2019; Olympic, 2008, 2012, 2016, 2020



**International Results:** Finished fourth in the the pair at the 2019 World Rowing Championships...Won bronze in the pair at the 2019 World Rowing Cup II...Won silver in the pair at the 2017 World Rowing Championships...Won silver in the pair at the 2017 World Rowing Cup III...Won silver in the pair at the 2017 World Rowing Cup II...Finished fifth in the quadruple sculls at the 2016 Olympic Games...Won gold in the quadruple sculls at the 2015 World Rowing Championship...Won silver in the pair at the 2015 World Rowing Cup II...Won silver in the pair and set an American Record at the 2014 World Rowing Championships...Won gold in the eight and silver in the pair at the 2014 World Rowing Cup II...Finished fifth in the quadruple sculls at the 2013 World Rowing Championships...Won silver in the quadruple sculls at the 2013 World Rowing Cup I...Won bronze in the quadruple sculls at the 2012 Olympic Games...Won silver in the quadruple sculls at the 2011 World Rowing Championships...Finished fifth in the quadruple sculls at the 2010 World Rowing Championships...Won gold in the double sculls and silver in the quadruple sculls at the 2009 Rowing World Cup III...Finished fifth in the double sculls at the 2008 Olympic Games...Finished fourth in the double sculls at the 2008 World Cup II.

**National Results:** Won the pair at the 2020 U.S. Olympic Team Trials -Rowing #3...Finished second in the pair at the 2020 National Selection Regatta...Won the Championship Eight at the 2019 Head of the Charles Regatta...Won the pair at the 2019 National Selection Regatta...Won the pair at the 2017 National Selection Regatta...Finished first in the pair at the 2017 Spring Speed Order I...Finished fourth in the pair at the 2016 National Selection Regatta I...Named 2015 USRowing Female Athlete of the Year...Named 2015 USRowing Woman of the Year...Finished second in the pair at the 2015 National Selection Regatta I...Named 2014 USRowing Female Athlete of the Year...Won the Championship Four at the 2014 Head of the Charles Regatta...Won the pair at the 2014 National Selection Regatta I...Finished third in the single sculls at the 2013 National Selection Regatta I...Won the Championship Eight at the 2012 Head of the Charles Regatta...Finished second in the double sculls at the 2011 National Selection Regatta II...Finished third in the single sculls at the 2011 National Selection Regatta

I...Finished third in the double sculls at the 2010 National Selection Regattas II and III...Finished fifth in the single sculls at the 2010 National Selection Regatta I...Won the Championship Double and the Championship Four at the 2009 Head of the Charles Regatta...Won bronze in the single sculls at the 2009 USRowing National Championships...Won the double sculls at the 2009 National Selection Regatta II...Finished fifth in the single sculls at the 2009 National Selection Regatta I...Won the double sculls at the 2008 National Selection Regatta II...Finished second in the quadruple sculls and fourth in the double sculls at the 2007 USRowing National Championships...Finished ninth in the varsity eight at the 2006 NCAA Women's Rowing Championships...Finished 12th in the varsity eight at the 2005 NCAA Women's Rowing Championships...Finished sixth in the second varsity eight at the 2004 NCAA Women's Rowing Championships...Finished second in the intermediate pair and fourth in the senior pair at the 2004 USRowing National Championships.

**Personal:** Megan was born on 8/21/1983 in Minneapolis, Minnesota, and attended St. Croix Falls High School. After finishing her rowing career, Megan would like to settle in San Diego, start writing her book, restore her Schwinn Le Tour II and travel as much as possible, with special emphasis on American National Parks and hiking the Triple Crown. Megan writes a blog about her training, travel and competitive experiences at [megankalmoe.com](http://megankalmoe.com). Megan enjoys drawing, writing, cycling, rock climbing, spoiling her two rescue cats, cooking, baking, origami, gardening, knitting and bird watching. She is an avid fan of the *New York Times* Crossword and does the daily puzzle every morning before practice.

**Alex Karwoski**  
**Men's Alternate**

**Hometown:** Hollis, N.H.  
**Date of Birth:** 9/16/1990  
**Height:** 6'4"  
**Weight:** 195  
**High School:** Groton School  
**Undergraduate Education:** Cornell University, 2012  
**National Teams:** Eight – Under 23, 2012; Senior, 2013-2019



**International Results:** Finished fifth in the the eight at the 2019 World Rowing Championships...Finished fifth in the four at the 2019 World Rowing Cup II...Placed fourth in the eight at the 2018 World Rowing Championships...Finished second in the eight at the 2017 World Rowing Championships...Placed fourth in the eight at the 2016 Olympic Games...Placed third in the eight at the 2016 World Rowing Cup II...Placed seventh in the eight at the 2015 World Rowing Championships...Won bronze in the eight at the 2015 World Rowing Cup II...Placed 20th in the double sculls at the 2014 World Rowing Championships...Finished 14th in the pair at the 2013 World Rowing Championships...Placed fourth in the four at the 2012 World Rowing Under 23 Championships.

**National Results:** Finished third in the pair at the 2016 National Selection Regatta I...Won the pair at the 2015 National Selection Regatta 1...Won the double sculls at the 2014 Senior II World Championships Trials.... Finished seventh in the pair at the 2014 National Selection Regatta 2...Won the pair at 2013 World Championships Trials.

**Personal:** Alex was born on 9/16/1990 and attended Groton School. He loves his family and is thankful that his mother and his sisters are so supportive of him. Alex's brother is a professional triathlete. He lists his father as the most influential person in his sporting career.

**Kara Kohler**  
**Women's Single Sculls**

**Hometown:** Clayton, Calif.  
**Date of Birth:** 1/20/1991  
**Height:** 6'2"  
**Weight:** 175  
**High School:** Clayton Valley High School  
**Undergraduate Education:** University of California, Berkeley



**National Teams:** Nine – Under 23, 2010; Senior, 2011, 13, 2017-19; Olympic, 2012, 2020

**International Results:** Finished second in the single sculls at the 2021 World Rowing Cup II...Finished third in the the single at the 2019 World Rowing Championships...Finished fourth in the single sculls at the 2019 World Rowing Cup II...Finished fourth in the single sculls at the 2018 World Rowing Championships...Finished fourth in the single sculls at the 2018 World Rowing Cup III and seventh at the 2018 World Rowing Cup I...Finished fifth in the quadruple sculls at the 2017 World Rowing Championships...Finished sixth in the pair at the 2014 World Rowing Cup 1...Finished fifth in the quadruple sculls at the 2013 World Rowing Championships...Finished sixth in the quadruple sculls at the 2013 World Rowing Cup III...Won bronze in the quadruple sculls at the 2012 Olympic Games...Finished eighth in the quadruple sculls at 2012 World Rowing Cup II...Finished fourth in the quadruple sculls at the 2012 World Rowing Cup I...Won gold in the four at the 2011 World Rowing Championships...Won gold in the eight at the 2011 World Rowing Cup III...Won the Princess Grace Challenge Cup at the 2011 Henley Royal Regatta...Won gold in the eight at the 2010 World Rowing Under 23 Championships.

**National Results:** Won the single sculls at the 2020 U.S. Olympic Team Trials - Rowing #1...Finished second in the 2019 Gold Challenge Cup...Won the 2019 U.S. Lotman Challenge...Won the single sculls at the 2019 Senior World Championships Trials I...Finished fourth in the 2018 Gold Challenge Cup...Finished second in the 2018 U.S. Lotman Challenge...Won the single sculls at the 2018 National Selection Regatta I...Finished second in the 2017 U.S. Lotman Challenge...Finished second in the single sculls at the 2017 Senior World Championships Trials...Finished fifth in the pair at the 2016 National Selection Regatta I...Finished 10th in the pair at the 2015 National Selection Regatta I...Finished third in the varsity eight at the 2014 NCAA Championships...Won the varsity eight at the 2013 NCAA Championships...Won the Championship Eight at the 2012 Head of the Charles Regatta...Won the four at the 2011 World Rowing Championships Trials...Won the four at the 2011 Senior World Championships Trials...Finished fourth in the varsity eight at the 2011 NCAA Championships...Finished fourth in the varsity eight at the 2010 NCAA Championships...Won the varsity eight at the 2010 Pac-10 Championships.

**Personal:** Kara was born on 1/20/1991 and attended Clayton Valley High School. She was a competitive swimmer throughout high school. During Kara's senior year of high school, she was encouraged by a family friend to look into rowing collegiately, which led her down the path to becoming a recruited walk-on at UC Berkeley. Kara was named the Pac-10 Conference

Newcomer of the Year in 2010 and won Cal's Most Promising Freshman Award. She was a four-time All-American. Kara was named USRowing's Female Athlete of the Year in 2019. Her hobbies include adventures with her dog, Luna. She also enjoys camping, swimming, road biking, and cooking. Kara lists the late Cal coxswain Jill Costello as her personal hero and her parents as most influential.

**Grace Luczak**  
**Women's Four**

**Hometown:** Ann Arbor, Mich.

**Date of Birth:** 5/24/1989

**Height:** 6'3"

**Weight:** 165

**High School:** Ann Arbor Pioneer High School

**Undergraduate Education:** Stanford University,  
2011

**National Teams:** Eleven – Junior, 2007; Under 23,  
2009-11; Senior, 2009-10, 2013-15; Olympic, 2016,  
2020



**International Results:** Finished fourth in the pair at the 2016 Olympic Games...Won gold in the pair and eight at the 2016 World Rowing Cup II...Won gold in the four at the 2015 World Rowing Championships...Won gold in the eight and four at the 2015 World Rowing Cup II...Won gold in the eight at the 2014 World Championships...Won gold in the eight and bronze in the pair at the 2014 World Rowing Cup II...Won gold in the eight at the 2013 World Rowing Championships...Won gold and set a world record (5:54.16) in the eight at the 2013 World Rowing Cup III...Won silver in the eight at the 2013 World Rowing Cup I...Won gold and set a world record the pair at the 2011 World Rowing Under 23 Championships...Finished third in the eight at the 2011 World Rowing Under 23 Championships...Finished third in the four at the 2010 World Rowing Championships...Won gold in the eight at the 2010 World Rowing Under 23 Championships...Served as an alternate on the 2009 World Championships squad...Finished second in the eight and fifth in the pair at the 2009 World Rowing Under 23 Championships...Finished third in the eight at the 2007 World Rowing Junior Championships.

**National Results:** Finished first in the pair at the 2016 National Selection Regatta I...Finished third in the pair at the 2015 National Selection Regatta I...Finished second in the pair at the 2014 National Selection Regatta I...Finished third in the pair at the 2013 National Selection Regatta II...Won the varsity eight and the team championship at the 2009 NCAA Championships...Won the varsity eight at the 2009 Pac-10 Conference Championships...Finished second in the eight at the 2007 USRowing Youth National Championships...Finished third in the four with coxswain at the 2006 USRowing Youth National Championships.

**Personal:** Grace lists her personal heroes as her parents. She is a world record holder -- one current in the women's eight set in 2013 and one former for the U23 women's pair. World Rowing has named her as one of the Top 10 Female Rowers in the World. Grace started rowing

after her mom read an article titled, “Do you have tall daughters? Would you like them to go to college for free? Have them try rowing.” Grace and her Irish Twin sister, Claire, attended Pioneer High School rowing team’s conditioning practices that spring and then signed up for summer rowing at Ann Arbor Rowing Club that summer. After the first two weeks of conditioning running in the snow and ice, she decided to play club volleyball instead. The following fall she joined the team again and went on to co-captain and come in third at the USRowing Youth National Championships in the four. While in middle school, she took the “nerd bus” to high school to take AP Math. Grace was invited to play on the USA Volleyball development team. She was a Junior Master Gardener. After graduating early from high school, she joined Maritime Rowing Club in Connecticut, where her first job was boathouse janitor. Grace was named the Freshman of the Year at the University of Michigan. She graduated from Stanford University where she received the Stanford Award for Excellence and won a NCAA Championship. She lists rowing with her sister in high school as her most memorable sporting achievement. Grace worked at Ernst & Young (EY) in internal mergers & acquisitions after the 2016 Olympics. She has two siblings, Claire and Connor. Her parents are Tom Luczak and Martha Portz Luczak. Her fiancé is Dr. Michael Fattal, the unofficial team ENT consultant. Her hobbies include road trips in her lime-green Ford Fiesta named Kermit, dancing, cooking, gardening and visiting the National Parks. Her earliest competition was winning a diaper crawling race. The near-death experiences of both of her siblings gave her the perspective to appreciate life, bring the most to every day and smile and laugh as much as possible.

## Cicely Madden

### Women's Quadruple Sculls

**Hometown:** Weston, Mass.

**Date of Birth:** 3/28/1995

**Height:** 5'10"

**Weight:** 146

**High School:** Buckingham Browne and Nichols High School

**Undergraduate Education:** Brown University, 2018

**National Teams:** Six – Junior, 2012-13; Under 23, 2016-17; Senior, 2019; Olympic, 2020



**International Results:** Finished fifth in the the double at the 2019 World Rowing Championships...Finished second in the double sculls at the 2019 World Rowing Cup II...Finished fourth in the double sculls at the 2017 World Rowing Under 23 Championships...Finished fourth in the single sculls at the 2016 World Rowing Under 23 Championships...Won a silver medal in the quadruple sculls at the 2013 World Rowing Junior Championships...Won a silver medal in the quadruple sculls at the 2012 World Rowing Junior Championships...Finished first in the single sculls and quadruple sculls at the 2011 CanAmMex Regatta.

**National Results:** Finished third in the championship single at the 2018 Head of the Charles...Won the women's double sculls at the 2017 Under 23 World Championships Trials...Finished first in the under 23 women's single sculls at the 2016 Junior, Under 23 and Senior Team Trials...Won the Ivy League Points Trophy in 2015-17...Finished fourth in the varsity eight at the 2016 NCAA Women's Rowing Championships...Finished third in the team championship at the 2015 NCAA Women's Rowing Championships...Won the varsity eight at the 2015 Ivy League Championships...Won the club eight for Brown and set a course record at the 2014 Head of the Charles...Won the junior double sculls at the 2013 Head of the Charles Regatta...Finished first in the women's quad at the 2013 Junior World Championship Trials...Won gold in the single sculls at the 2013 USRowing Youth National Championships...Finished first in the intermediate quadruple sculls and senior quadruple sculls at the 2013 USRowing Club National Championships...Finished third in the single sculls at the 2012 USRowing Youth National Championship...Won the youth double sculls at the 2012 Head of the Charles Regatta...Finished fourth in the youth eight at the 2011 Head of the Charles Regatta...Won gold and finished with a course record in the youth eight at the 2010 Head of the Charles Regatta.

**Personal:** Cicely was born on 3/28/1995 and attended Buckingham Browne and Nichols High School. She was a CRCA First-Team All-American in 2017 and a Second-Team All-American in 2018. She was Brown University's Frederick W. "Doc" Marvel 1894 Award winner in 2018. Cicely enjoys running, skiing, painting, and hiking. Her older sister introduced her to the sport.

**Nick Mead**  
**Men's Eight**

**Hometown:** Strafford, Pa.

**Date of Birth:** 3/12/1995

**Height:** 6'6"

**Weight:** 212

**High School:** Episcopal Academy

**Undergraduate Education:** Princeton University, 2017

**National Teams:** Six – Junior, 2013; Under 23, 2016; Senior, 2017-19; Olympic, 2020



**International Results:** Finished fifth in the the eight at the 2019 World Rowing Championships...Finished 13th in the four at the 2018 World Rowing Championships...Placed second in the eight at the 2017 World Rowing Championships...Placed 10th in the eight at the 2016 World Rowing Under 23 Championships...Placed seventh in the eight at the 2013 World Rowing Junior Championships.

**National Results:** Won the pair at the 2019 National Selection Regatta...Finished third in the varsity eight at the 2016 Intercollegiate Rowing Association (IRA) Championships...Finished third in the varsity eight at the 2015 Intercollegiate Rowing Association (IRA) Championships...Finished first in the men's four with coxswain at 2013 Scholastic Rowing Association of America Championships National Championships...Finished second in the men's four with coxswain at 2012 Scholastic Rowing Association of America (SRAA) Championships.

**Personal:** Nick was born on 3/12/1995 and attended the Episcopal Academy.

**Alex Miklasevich**  
**Men's Eight**

**Hometown:** Pittsburgh, Pa.

**Date of Birth:** 7/17/1997

**Height:** 6'8"

**Weight:** 220

**High School:** Central Catholic High School

**Undergraduate Education:** Brown University

**National Teams:** Five – Junior, 2013-14; Under 23, 2018-2019; Olympic, 2020



**International Results:** Finished second in the eight at the 2019 World Rowing Under 23 Championships...Finished seventh in the eight at the 2019 World Rowing Cup III...Won gold in the four with coxswain at the 2018 World Rowing Under 23 Championships...Finished 10th in the four at the 2014 World Rowing Junior Championships...Finished eighth in the four with coxswain at the 2013 World Rowing Junior Championships.

**National Results:** Finished fourth in the eight at the 2014 USRowing Youth National Championships...Finished fifth in the youth eight at the 2013 Head of the Charles Regatta...Finished first in the eight at the 2013 Scholastic Rowing Association of America Championships...Finished fifth in the eight at the 2013 USRowing Youth National Championships...Finished third in the freshman eight at 2012 Scholastic Rowing Association of America Championships.

**Personal:** Miklasevich was born on 7/17/1997 and attended Central Catholic High School. His hobbies are swimming, playing video games, eating and going fast. He said the most influential people in his rowing career are his brother, Matthew, and his coach, Jay Hammond. His greatest rowing accomplishment was winning the SRAA Championships in the varsity eight.

**Brooke Mooney**  
**Women's Eight**

**Hometown:** Keene Valley, N.Y.

**Date of Birth:** 2/15/1996

**Height:** 6'2"

**Weight:** 193

**High School:** Stratton Mountain School & Vermont Academy

**Undergraduate Education:** University of Washington

**National Teams:** One – Olympic, 2020



**International Results:** Won silver in the eight at the 2019 World Rowing Cup II...Finished fourth in the four and seventh in the pair at the 2019 World Rowing Cup I...Won a silver medal in the women's open division at the 2019 World Rowing Indoor Championships...Rowed in the Remenham Challenge Cup at the 2018 Henley Royal Regatta.

**National Results:** Won the national title at the 2019 USRowing Indoor National Championships...Finished second in the varsity eight at the 2018 NCAA Championships...Won gold in the varsity eight at the 2017 NCAA Championships...Finished third in the second varsity eight at the 2015 NCAA Championships.

**Personal:** Brooke set the women's world record for 2,000 meters on the ergometer in March, 2021. In 2018, she was named PAC-12 Athlete of the Year, was a Pocock CRCA First-Team All-America first team, and was Academic All-PAC-12 honorable mention. Brooke's favorite hobbies include baking (it's a great hobby when you have a team full of taste testers), tennis, sailing, swimming, walking/hiking and traveling. She is a baker with multiple 5-star yelp reviews. No place is too far to walk: this became her motto when recovering from brain surgery in 2017. She found the sport of rowing through cross-country skiing. She grew up in Vermont as a competitive cross-country skier with multiple junior national championship podiums but didn't love it enough to do it in college, so she transitioned to rowing for her senior year of high school. Brooke has had many coaches over the years that have had an enormous impact on her as an athlete and a human, starting with her high school ski coach, Sverre Caldwell, and most recently (before joining the national team) Yaz Farooq, the UW head coach her junior and senior year.

**Meghan Musnicki**  
**Women's Eight**

**Hometown:** Naples, N.Y.

**Date of Birth:** 2/5/1983

**Height:** 5'11"

**Weight:** 175

**High School:** Canandaigua Academy

**Undergraduate Education:** Ithaca College, 2005

**National Teams:** Nine – Senior, 2010-11, 2013-15, 2019; Olympic, 2012, 2016, 2020



**International Results:** Finished third in the the eight at the 2019 World Rowing Championships...Finished second in the eight at the 2019 World Rowing Cup II...Finished fourth in the four and seventh in the pair at the 2019 World Rowing Cup I...Won gold in the eight at the 2016 Olympic Games...Won gold in the eight and bronze in the pair at the 2016 World Rowing Cup II...Won gold in the eight at the 2015 World Rowing Championships...Won gold in the eight in the 2015 World Rowing Cup II...Won gold in the eight at the 2014 World Rowing Championships...Won gold in the eight at the 2014 World Rowing Cup II...Won gold in the eight and finished fourth in the pair at the 2013 World Rowing Championships...Won bronze in the pair at the 2013 World Rowing Cup III...Won silver in the pair and eight at the 2013 World Rowing Cup I...Won gold in the eight at the 2012 Olympic Games...Won gold and set a world record (5:54.17) in the heat in the eight at the 2012 World Rowing Cup II...Won gold in the eight at the 2011 World Rowing Championships...Finished fourth in the pair at the 2011 World Rowing Cup III...Won the Remenham Challenge Cup and set the course record at the 2011 Henley Royal Regatta...Took silver in the pair at the 2011 World Rowing Cup II...Won gold in the eight at the 2010 World Rowing Championships...Won gold in the eight and silver in the pair at the 2010 Rowing World Cup III.

**National Results:** Finished second in the pair at the 2016 National Selection Regatta 1...Finished third in the pair at the 2015 National Selection Regatta 1...Finished seventh in the pair at the 2014 National Selection Regatta I...Won the pair at the 2013 National Selection Regatta II...Finished fourth in the pair at the 2012 National Selection Regatta I...Won the pair at the 2011 National Selection Regatta II...Won the pair at the 2010 National Selection Regatta III...Finished third in the pair at the 2010 National Selection Regatta II...Finished fourth in the pair at the 2010 National Selection Regatta I.

**Personal:** Meghan was born on 2/5/1983 and attended Canandaigua Academy. She was a 2005 First-Team Division III All-American. Meghan lists her parents as the most influential people in her rowing career for their unconditional support in everything she does. When she's not

rowing, Meghan can usually be found sitting at a table crushing 1,000-piece puzzles. She also enjoys baking, reading, and most all forms of physical activity. If she's getting a workout, she's probably enjoying herself. After the Olympics, she is moving to San Francisco to finally be able to live with her soon-to-be husband.

## **Kristine O'Brien**

### **Women's Eight**

**Hometown:** Massapequa Park, N.Y.

**Date of Birth:** 10/3/1991

**Height:** 5'11"

**Weight:** 164

**High School:** St. John the Baptist Diocesan High School

**Undergraduate Education:** University of Virginia

**National Teams:** Ten – Junior, 2009; Under 23, 2011-13; Senior, 2015-19; Olympic, 2020



**International Results:** Finished third in the eight at the 2019 World Rowing Championships...Finished second in the eight at the 2019 World Rowing Cup II... Finished second in the four at the 2019 World Rowing Cup I... Won gold in the eight at the 2018 World Rowing Championships...Won bronze in the pair and eight at the 2018 World Rowing Cup III...Placed fourth in the four at the 2017 World Rowing Championships...Took bronze eight at the 2017 World Rowing Cup II...Took silver in the four at the 2016 World Rowing Championships...Won the Remenham Challenge Cup at the 2016 Henley Royal Regatta...Won gold in the four at the 2015 World Rowing Championships...Won gold in the eight at the 2013 World Rowing Under 23 Championships...Won gold in the eight at the 2012 World Rowing Under 23 Championships...Placed seventh in the quadruple sculls at the 2011 World Rowing Under 23 Championships...Placed sixth in the pair at the 2009 World Rowing Junior Championships.

**National Results:** Finished first in the pair at the 2020 National Selection Regatta...Finished third in the pair at the 2019 National Selection Regatta...Finished third in the pair at the 2018 National Selection Regatta...Finished sixth in the pair at the 2015 National Selection Regatta I...Won the ACC Conference Championship in the varsity eight and as a team for four consecutive years from 2010-13...Finished fourth in the varsity eight at the 2013 NCAA Women's Rowing Championships...Finished third overall and won the collegiate category in the championship eight at the 2012 Head of the Charles Regatta...Won the varsity eight and team title at the 2012 NCAA Women's Rowing Championships...Won the championship eight at the 2011 Head of the Charles...Finished seventh in the varsity eight at the 2011 NCAA Women's Rowing Championships...Finished second in the championship eight at the 2010 Head of the Charles...Won the intermediate double sculls and senior eight at the 2010 USRowing Club Women's Rowing Championships...Finished second in the varsity eight and won the team title at the 2010 NCAA Championships...Won the senior double sculls at the 2008 and 2009 Stotesbury Cup Regatta...Finished second in the senior double sculls at the 2009 Scholastic Rowing Association of America Championships... Won the senior double sculls at the 2008 Scholastic Rowing Association of America Championships...Won the youth double sculls at the 2008 Head of the Charles.

**Personal:** Kristine, nicknamed "O'B" or "Tini," was born on 10/3/1991 and attended St. John the Baptist Diocesan High School. She was the 2010 ACC Freshman of the Year and was a part of the ACC Crew of the Year from 2010-2013. In 2011, 2012, and 2013, she was All-ACC, CRCA All-South Region, and first-team All-American. In 2011 and 2013, she won the Coaches Award for Excellence. Kristine lists winning the varsity eight and team title at the 2012 NCAA Championships as her most memorable sporting achievement. She lists her grandmother as the most influential person in her life and her parents and Kevin Sauer as the most influential people in her rowing career. She was named the 2012 USRowing Fan's Choice Collegiate Rower of the Year.

**Meghan O’Leary**  
**Women’s Quadruple Sculls**

**Hometown:** Baton Rouge, La.

**Date of Birth:** 8/24/1984

**Height:** 6’0”

**Weight:** 165

**High School:** Episcopal High School, Baton Rouge

**Undergraduate Education:** University of Virginia

**National Teams:** Seven - Senior, 2013-15,  
2017-18; Olympic, 2016, 2020



**International Results:** Won bronze in the double sculls at the 2018 World Rowing Championships and World Rowing Cup III...Won silver in the double sculls at the 2017 World Rowing Championships...Placed eighth in the single sculls at the 2017 World Rowing Cup II...Placed sixth in the double sculls at the 2016 Olympic Games...Placed second in the double sculls at the 2015 World Rowing Cup II...Placed sixth in the double sculls at the 2014 World Rowing Championships...Placed second in the double sculls at the 2014 World Rowing Cup II...Placed seventh in the double sculls at the 2013 World Rowing Championships...Placed second in the double sculls at the 2013 World Rowing Cup II...Placed first in the senior quadruple sculls at the 2011 Canadian Henley...Placed first in the senior double sculls at the 2011 Canadian Henley...Placed second in the championship double sculls at the 2011 Head of the Charles.

**National Results:** Finished third in the double sculls at the 2020 U.S. Olympic Team Trials...Placed first in the double sculls at the 2020 USRowing Speed Order. Placed second in the double sculls at the 2019 U.S. Senior and Para World Championship Trials...Placed first in the double sculls at the 2018 U.S. Senior and Para World Championship Trials...Placed first in the double sculls at the 2017 U.S. Senior and Para World Championship Trials...Won the double sculls at the 2016 U.S. Olympic Team Trials...Won the double sculls at the 2015 National Selection Regatta I...Won the double sculls at the 2014 National Selection Regatta II...Won the double sculls at the 2013 National Selection Regatta II...Finished fourth in the single sculls at the 2013 National Selection Regatta I...Finished fifth in the single sculls at the 2012 Non-Qualified Small Boat Olympic Trials.

**Personal:** Meghan was a two-sport athlete (softball and volleyball) at the University of Virginia as well as a recipient of the prestigious Jefferson Scholarship. She picked up rowing post-college while living in Hartford, Conn., and working for ESPN before deciding to train full-time at the USRowing Training Center. After leaving ESPN in 2013, she co-founded Turazo, a software startup helping companies recruit and hire more inclusively. She is also the Athlete

Representative on the USRowing Board of Directors, Ambassador with the Women's Sports Foundation, and professional speaker represented by the BrightSight Group.

**Vicky Opitz**  
**Women's Alternate**

**Hometown:** Middleton, Wis.

**Date of Birth:** 6/5/1988

**Height:** 5'11"

**Weight:** 153

**High School:** Middleton High School

**Undergraduate Education:** University of Wisconsin, 2011

**Training Location:** Princeton, N.J.

**National Teams:** Five – Senior, 2013-15, 2018-19



**International Results:** Finished sixth in the the four at the 2019 World Rowing Championships...Finished fourth in the four at the 2019 World Rowing Cup II...Finished fourth in the four at the 2019 World Rowing Cup I...Won gold in the eight and finished ninth in the pair at the 2018 World Rowing Championships...Placed third in the eight and four at the 2018 World Rowing Cup III...Placed fourth in the four and third in the eight at the 2017 World Rowing Cup II...Won the Remenham Challenge Cup at the 2016 Henley Royal Regatta...Won the eight at the 2015 World Rowing Championships...Won the eight at the 2014 World Rowing Championships...Placed first in the eight at the 2014 World Rowing Cup II...Placed first and set a world record in the eight at the 2013 World Rowing Cup III...Placed first in the senior four and second in the senior double sculls, second in the senior quadruple sculls and second in the championship eight at the 2012 Canadian Henley.

**National Results:** Finished fifth in the pair at the 2015 National Selection Regatta I...Finished fourth in the pair at the 2014 National Selection Regatta I...Finished second in the pair at the 2013 National Selection Regatta II...Finished second in the champion four at the 2012 Head of the Charles Regatta.

**Personal:** Vicky was born on 6/5/1988 and attended Middleton High School. She enjoys reading, cooking, baking, yoga, tennis, traveling and napping. She was named the 2012 Vesper Boat Club Female Athlete of the Year. Her most memorable athletic achievement was being part of the first-ever Wisconsin Big Ten rowing championship, the highest finish at the South-Central Regatta, and the highest team finish of seventh at the NCAA Championships. After rowing, Vicky would like to go back to school for business or law or go completely in the other direction and go to culinary school, specializing in pastry.

**Molly Reckford**  
**Lightweight Women's Double Sculls**

**Hometown:** Short Hills, N.J.  
**Date of Birth:** 10/9/1992  
**Height:** 5'10"  
**Weight:** 125  
**High School:** Phillips Exeter Academy  
**Undergraduate Education:** Dartmouth College, 2015  
**Training Location:** Boston, Mass.  
**National Teams:** Two – Senior, 2019; Olympic, 2020



**International Results:** Won the lightweight double sculls at the 2021 World Rowing Final Olympic Qualification Regatta...Finished fourth in the lightweight quadruple sculls at the 2019 World Rowing Championships.

**National Results:** Finished second in the open weight double sculls at the 2020 U.S. Olympic Team Trials - Rowing #2...Won the lightweight double sculls at the 2020 U.S. Olympic Team Trials - Rowing #1, qualifying to race at the Final Olympic Qualification Regatta...Won the lightweight quadruple sculls at the 2019 Senior World Championships Trials III...Finished second in the lightweight double sculls at the 2019 Senior World Championships Trials II...Finished seventh in the lightweight single sculls at the 2019 Spring Speed Order...Finished first in six events at the 2018 USRowing Masters National Championships.

**Personal:** Molly was born on 10/9/1992 and attended Phillips Exeter Academy, where she learned to row. She walked on to Dartmouth's open weight rowing team after failing to be recruited. She enjoys cooking, cycling, reading, sculling, cross-country skiing, and erging. She has two older siblings and a pet cockatiel. Molly credits her big dreams and love of sport to her grandparents, and her competitive nature to her sister and father. Her grandfather, Bill Spencer, was a two-time Olympian and longtime coach for team USA in Biathlon.

**Andrew Reed**  
**Men's Four**

**Hometown:** Wayland, Mass.

**Date of Birth:** 12/19/1991

**Height:** 6'3"

**Weight:** 195

**High School:** Belmont Hill School

**Undergraduate Education:** Harvard University

**Training Location:** Oakland, Calif.

**National Teams:** Four – Senior, 2017-19; Olympic, 2020



**International Results:** Finished fifth in the the four at the 2019 World Rowing Championships...Finished fifth in the four at the 2019 World Rowing Cup II...Finished fourth in the eight at the 2018 World Rowing Championships...Won silver in the eight at the 2017 World Rowing Championships...Won gold in the championship pair at the 2015 and 2016 Canadian Henley...Won the Visitor's Cup at the 2014 Henley Royal Regatta.

**National Results:** Won the pair at the 2018 National Selection Regatta...Finished first in the pair at the 2017 National Selection Regatta.

**Personal:** Andrew was born on 12/19/1991 and attended Belmont Hill School. He enjoys cross-country skiing, cycling, spending time with friends and family, movies and reading. He lists high school coach Chris Richards, college freshman coach Bill Manning and teammates at Craftsbury Sculling Center as the most influential people in his rowing career.

**Alexander Richards**  
**Men's Eight**

**Hometown:** Watertown, Mass.  
**Date of Birth:** 8/12/1995  
**Height:** 6'6"  
**Weight:** 215  
**High School:** Belmont Hill School  
**Undergraduate Education:** Harvard University  
**Training Location:** Oakland, Calif.  
**National Teams:** Six – Junior, 2013; Under 23, 2017; Senior, 2017-19; Olympic, 2020



**International Results:** Finished fifth in the eight at the 2019 World Rowing Championships...Finished 11th in the four at the World Rowing Cup II...Won bronze at the 2019 World Rowing Indoor Championships...Finished 13th in the four at the 2018 World Rowing Championships...Placed 10th in the four at the 2017 World Rowing Championships...Placed fourth in the pair at the 2017 World Rowing Under 23 Championships...Finished sixth in the four at the 2013 World Rowing Junior Championships.

**National Results:** Won silver at the 2019 USRowing Indoor National Championships...Won silver in the varsity eight at 2018 Eastern Sprints...Won bronze in the varsity eight at 2017 IRA Championships...Won silver in the varsity eight at 2017 Eastern Sprints...Won gold in the freshman eight at 2015 Eastern Sprints...Won silver in the four with coxswain at the 2014 USRowing Youth National Championships...Won silver in the four with coxswain at 2012 USRowing Youth National Championships.

**Personal:** Alexander was born on 8/12/1995 and attended Belmont Hill School and Harvard University. He is thankful for his coaches, family, friends and dogs for supporting him in the sport. He lists his dad as his most influential person in his sports career. He runs Third String Clothing, a clothing embroidery business, and is aspiring to become a physician. Alexander is an avid cinephile, bookworm, and anime appreciator. In his free time, he loves hiking in the redwood forests and cooking.

**Alie Rusher**  
**Women's Quadruple Sculls**

**Hometown:** West Bend, Wis.  
**Date of Birth:** 5/24/1996  
**Height:** 6'1"  
**Weight:** 170  
**High School:** St. Paul's School  
**Undergraduate Education:** Stanford University, 2018  
**Training Location:** Boston, Mass.  
**National Teams:** Three – Under 23, 2017-18; Olympic, 2020



**International Results:** Won bronze in the eight at the 2018 World Rowing Under 23 Championships...Finished 10th in the four at the 2017 World Rowing Under 23 Championships.

**National Results:** Finished fourth in the varsity eight at the 2018 NCAA Women's Rowing Championships...Finished second in the varsity eight at the 2017 NCAA Women's Rowing Championships...Finished third in the varsity eight at the 2016 NCAA Women's Rowing Championships.

**Personal:** Alie enjoys sailing, hiking and reading. She was first-team PAC-12 All-Academic in 2017 and 2018. Alie also won the Stanford Award of Excellence. She is an avid nature photographer and volunteers at the Cedar Lakes Conservation Foundation. She lists her parents as her sports heroes.

**Regina Salmons**  
**Women's Eight**

**Hometown:** Methuen, Mass.

**Date of Birth:** 4/21/1997

**Height:** 6'1"

**Weight:** 175

**High School:** The Derryfield School

**Undergraduate Education:** University of Pennsylvania, 2018

**Training Location:** Princeton, N.J.

**National Teams:** Four – Under 23, 2016, 2018; Senior 2019; Olympic, 2020



**International Results:** Served as an alternate at the 2019 World Rowing Championships...Finished fifth in the four at the 2019 World Rowing Cup II...Won gold in the pair at the 2018 World Rowing Under 23 Championships...Won gold in the four and eight at the 2016 World Rowing Under 23 Championships.

**National Results:** Placed third in the varsity eight at the 2018 Ivy League Championships (Penn's first medal since 1980)...Won gold in the intermediate four with coxswain at the 2015 USRowing Club National Championships.

**Personal:** Regina was born on 4/21/1997 and attended The Derryfield School. She loves to write poetry, and in college, she was the editor in chief of the feminist literary and arts magazine "The F-word" and chaired the poetry workshop group "The Body Electric" named after Walt Whitman's poem. She admires her parents for their sheer love and determination and wants to grow up to be as kind and strong and persistent as they are. Regina is a 2017 and 2018 Scholar Athlete Award (CRCA) winner, for maintaining above a 3.5 GPA and participating in more than 75% of varsity races those years. She also was a 2018 All-Ivy First-Team selection. Regina is thankful for her high school coach, Brian Brunelle, and her home rowing club, Amoskeag, for instilling her love of the sport and their support.

**Michelle Sechser**  
**Lightweight Women's Double Sculls**

**Hometown:** Folsom, Calif.  
**Date of Birth:** 11/1/1986  
**Height:** 5'5"  
**Weight:** 126  
**High School:** Folsom High School  
**Undergraduate Education:** University of Tulsa  
**Training Location:** Cambridge, Mass.  
**National Teams:** Nine – Pan Am, 2011; Senior, 2012-15, 2017-19; Olympic, 2020



**International Results:** Won the lightweight double sculls at the 2021 World Rowing Final Olympic Qualification Regatta...Finished 10th in the the lightweight double at the 2019 World Rowing Championships...Finished sixth in the lightweight double sculls at the 2019 World Rowing Cup II...Finished fourth in the lightweight single sculls at the 2018 World Rowing Championships...Won bronze in the lightweight double sculls at the 2017 World Rowing Championships...Placed 11th in the lightweight double sculls at the 2015 World Rowing Championships...Won bronze in the lightweight double sculls at the 2015 World Rowing Cup III...Placed 10th in the lightweight double sculls at the 2014 World Rowing Championships...Placed eighth in the lightweight double sculls at the 2014 World Rowing Cup II...Placed seventh in the lightweight single sculls at the 2013 World Rowing Championships...Placed fourth in the lightweight quadruple sculls at the 2012 World Rowing Senior and Junior Championships...Took bronze in the lightweight double and quadruple sculls at the 2011 Pan American Games.

**National Results:** Finished second in the open weight double sculls at the 2020 U.S. Olympic Team Trials - Rowing #2...Won the lightweight double sculls at the 2020 U.S. Olympic Team Trials - Rowing #1, qualifying to race at the Final Olympic Qualification Regatta...Won the lightweight double sculls at the 2019 Senior World Championships Trials...Won the lightweight single sculls at the 2018 Senior World Championships Trials...Won the lightweight double sculls at the 2017 Senior World Championships Trials...Won the lightweight double sculls at the 2014 Senior II World Championships Trials...Won the lightweight single sculls at the 2014 National Selection Regatta I...Won the lightweight single sculls at 2013 Senior World Championships Trials...Won the lightweight quadruple sculls at 2012 World Rowing Non-Olympic Senior Championship Trials...Won lightweight double sculls at 2012 USRowing National Regatta...Finished second in the lightweight quadruple sculls at 2012 USRowing National Regatta...Finished third in lightweight double sculls at 2012 National Selection Regatta...Won the lightweight double sculls at the 2011 Pan American Games Trials...Finished fourth in the women's quadruple sculls at the 2011 USRowing National Championships...Finished fifth in the lightweight double sculls at the 2011 National Selection Regatta II...Won gold in the senior lightweight single sculls, intermediate lightweight single sculls and senior lightweight quadruple sculls at the 2009 USRowing Club National Championships...Won bronze in the lightweight division at the 2009

C.R.A.S.H.-B. Indoor Rowing Championships...Took silver in the lightweight division at the 2008 C.R.A.S.H.-B. Indoor Rowing Championships.

**Personal:** Michelle was born in San Luis Obispo, Calif., and attended Folsom High School. She began rowing at age 14 for Capital Crew in Folsom, Calif., after seeing how much her older sister was enjoying crew after her first season. After attending grad school at the University of Tulsa for her MBA, she began pursuing her U.S. National Team dream. Through her years on the national team, Michelle has represented OKC High-Performance Center, Vesper Boat Club, and Cambridge Boat Club. In the offseason, Michelle enjoys cycling and races bikes for QCW p/b Cadence Cycling. Her biggest role models are the USA lightweight women who trail-blazed before her, including Jen Goldsack, Christine Collins, Lindsay Burns Barbier, Ellen St Clair, and Joanne Iverson.

**Gevvie Stone**  
**Women's Single Sculls**

**Hometown:** Newton, Mass.

**Date of Birth:** 7/11/1985

**Height:** 6'0"

**Weight:** 157

**High School:** The Winsor School

**Undergraduate Education:** Princeton University, 2007

**National Teams:** Nine – Under 23, 2006-07; Senior 2011, 2014-15, 2019; Olympic, 2012, 2016, 2020



**International Results:** Finished third in the double sculls at the 2021 World Rowing Cup II...Finished fifth in the the double at the 2019 World Rowing Championships...Won silver in the double sculls at the 2019 World Rowing Cup II...Won silver in the single sculls at the 2016 Olympic Games...Won silver in the single sculls at the 2016 World Rowing Cup II...Finished fourth in the single sculls at the 2015 World Rowing Championships...Won bronze in the single sculls at 2015 World Rowing Cup III...Won silver in the single sculls at 2015 World Rowing Cup II...Finished ninth in the single sculls at the 2014 World Rowing Championships...Finished seventh in the single sculls at the 2012 Olympic Games...Finished eighth in the quadruple sculls at the 2012 World Rowing Cup II...Finished third in the single sculls at the 2012 Final Olympic Qualification Regatta...Finished 11th in the single sculls at the 2011 World Rowing Championships...Finished 13th in the single sculls at the 2011 World Rowing Cup III...Reached the final of the Princess Royal Challenge Cup at the 2011 Henley Royal Regatta...Finished seventh in the single sculls at the 2010 World Rowing Cup III...Reached the final of the Princess Royal Challenge Cup at the 2010 Henley Royal Regatta.

**National Results:** Won the double sculls at the 2020 U.S. Olympic Team Trials - Rowing...Finished second in the single sculls at the 2020 U.S. Olympic Team Trials - Rowing...Won the championship single sculls at the 2008, 2010-12, 2014-2019 Head of the Charles Regattas...Won the single sculls at the 2016 Olympic & Paralympic Team Trials...Won the single sculls at the 2015 National Selection Regatta I...Won the single sculls at the 2014 National Selection Regatta II...Won the single sculls at the 2014 National Selection Regatta I...Won the single sculls at the 2012 Non-Qualified Small Boat Olympic Trials...Won the championship single at the 2011 Head of the Charles Regatta...Won the single sculls at the 2011 Senior World Championships Trials...Finished second in the double sculls at the 2011 National Selection Regatta II...Won the single sculls at the 2011 National Selection Regatta I...Won the

championship single at the 2010 Head of the Charles Regatta...Won the single sculls at the 2010 National Selection Regatta I.

**Personal:** Gevvie was born on 7/11/1985 and attended The Winsor School. She was named USRowing's Female Athlete of the Year in 2016. She enjoys baking, gardening, sailing, hiking, reading, cross-country skiing and, of course, eating ice cream and sleeping. She says she may have one of the most stretched out student-athlete careers ever, now extending into her 20th year of rowing and learning. In addition to nerding out on rowing and medicine, she was a U.S. history major. Gevvie said she can go on talking for too long about ice cream, my dog, Echo, and my summer camp (the old-fashioned, all-girls kind). On how she got into rowing, Gevvie said, "Some say I was born into it. I would say I resisted it until I realized after all (sophomore/junior year of high school) that it probably was a better fit for me than ball sports." She lists her sports heroes as Michelle Kwan, who showed true sports(wo)manship at the highest stages of her skating career and then went on to use her brain to help the world, Billie Jean King for being not just an athlete but also a voice for positive change, and also Tom Brady, because GOAT.

## **Jessica Thoennes**

### **Women's Eight**

**Hometown:** Highlands Ranch, Colo.

**Date of Birth:** 9/20/1995

**Height:** 6'1"

**Weight:** 169

**High School:** Mountain Vista High School

**Undergraduate Education:** University of Washington

**Training Location:** Princeton, N.J.

**National Teams:** Three - Under 23, 2017; Senior, 2018; Olympic, 2020



**International Results:** Served as an alternate at the 2018 World Rowing Championships...Placed second in the women's eight at the 2017 World Rowing Under 23 Championships.

**National Results:** Raced in the Remenham Challenge Cup at the 2018 Henley Royal Regatta...Won gold in the second varsity eight at the 2018 NCAA Championships...Rowed the winning varsity eight in the 2017 NCAA Championships.

**Personal:** Jess was born 9/20/1995...She walked on to the University of Washington women's rowing team. She considers having the first sweep in NCAA history as one of her favorite sporting accomplishments. In her off time, Jess loves learning, reading, gardening, hiking in the mountains and drinking coffee.

**Ellen Tomek**  
**Women's Quadruple Sculls**

**Hometown:** Flushing, Mich.  
**Date of Birth:** 5/1/1984  
**Height:** 5'10"  
**Weight:** 160  
**High School:** Luke M. Powers Catholic High School  
**Undergraduate Education:** University of Michigan, 2006  
**National Teams:** Eleven -- Under 23, 2006; Senior, 2007, 2009, 2013-15, 2017-18; Olympic, 2008, 2016, 2020



**International Results:** Won bronze in the double sculls at the 2018 World Rowing Championships and World Rowing Cup III...Won bronze in the double sculls at the 2018 World Rowing Cup III...Took silver in the double sculls at the 2017 World Rowing Championships...Placed sixth in the double sculls at the 2016 Olympic Games...Placed 11th in the double sculls at the 2015 World Rowing Championships...Took silver in the double sculls at the 2015 World Rowing Cup II...Placed sixth in the double sculls at the 2014 World Rowing Championships...Placed fifth in the double sculls at the 2014 World Rowing Cup III... Took silver in the double sculls at the 2014 World Rowing Cup II...Placed seventh in the double sculls at the 2013 World Rowing Championships...Took bronze in the double sculls at the 2013 World Rowing Cup III...Placed second in the eight at the 2013 World Rowing Cup I...Placed sixth in the double sculls at the 2009 World Rowing Championships...Won the double sculls at the 2009 World Rowing Cup II...Took silver in the quadruple sculls at the 2009 World Rowing Cup II...Placed fifth in the double sculls at the 2008 Olympic Games...Placed fourth in the double sculls at the 2008 World Rowing Cup II...Placed seventh in the double sculls at the 2008 World Rowing Cup I...Placed sixth in the quadruple sculls at the 2007 World Rowing Championships...Placed fourth in the pair at the 2006 World Rowing Under 23 Championships.

**National Results:** Finished third in the double sculls at the 2020 U.S. Olympic Team Trials-Rowing...Won the double sculls at the 2019 USRowing Spring Speed Order...Won the double sculls at the 2018 Senior National Team Trials...Won the double sculls at the 2017 U.S. Senior and Para World Championship Trials...Won the double sculls at the 2016 Olympic & Paralympic Team Trials...Won the double sculls at the 2015 National Selection Regatta I...Won the double sculls at the 2014 National Selection Regatta II...Won the single sculls at the 2013 USRowing East Coast Fall Speed Order...Won the double sculls at the 2013 National Selection Regatta II...Finished second in the single sculls at the 2013 National Selection Regatta I...Won

the single sculls at the 2012 USRowing Fall Speed Order...Won the single sculls at the 2009 USRowing Fall Speed Order...Won the single sculls at the 2009 USRowing National Championships...Won the championship double sculls and the championship four with coxswain at the 2009 Head of the Charles Regatta...Won the double sculls at the 2009 National Selection Regatta II...Finished third in the single sculls at the 2009 National Selection Regatta I...Finished third in the single sculls at the 2009 USRowing Spring Speed Order...Won the double sculls at the 2008 National Selection Regatta II...Finished fourth in the double sculls at the 2007 National Selection Regatta III.

**Julian Venonsky**  
**Men's Eight**

**Hometown:** Malvern, Pa.

**Date of Birth:** 10/15/1993

**Height:** 5'6"

**Weight:** 120

**High School:** Malvern Prep

**Undergraduate Education:** University of California, Berkeley

**National Teams:** Four – Senior, 2017-19;  
Olympic, 2020



**International Results:** Finished fifth in the the eight at the 2019 World Rowing Championships...Placed fourth in the eight at the 2018 World Rowing Championships...Placed second in the eight at the 2017 World Rowing Championships...Won the Ladies' Challenge Plate at the 2014 Henley Royal Regatta.

**National Results:** Won the varsity eight at the 2016 Intercollegiate Rowing Association (IRA) Championships...Won the second varsity eight at the 2014 Intercollegiate Rowing Association (IRA) Championships.

**Personal:** Julian was born on 10/15/1993.

**Kristi Wagner**  
**Women's Double Sculls**

**Hometown:** Weston, Mass.  
**Date of Birth:** 1/25/1993  
**Height:** 6'1"  
**Weight:** 164  
**High School:** Wayland Weston  
**Undergraduate Education:** Yale University, 2015  
**National Teams:** Two – Under 23, 2013; Olympic, 2020



**International Results:** Finished third in the double sculls at the 2021 World Rowing Cup II...Finished sixth in the quadruple sculls at the 2019 World Rowing Cup III...Reached the semifinals in the quadruple sculls at the 2019 Henley Royal Regatta...Finished 10th in the pair at the 2013 World Rowing Under 23 Championships.

**National Results:** Won the double sculls at the 2020 U.S. Olympic Team Trials - Rowing...Finished third in the single sculls at the 2020 U.S. Olympic Team Trials - Rowing...Finished fourth in the double sculls at the 2020 USRowing Speed Order...Finished third in the double sculls at the 2019 Senior National Team Trials...Won the double sculls at the 2018 Canadian Henley...Finished second in the double sculls at the 2017 National Selection Regatta...Finished fourth in the single sculls at the 2017 National Selection Regatta...Finished second in the single sculls at the 2015 Under 23 National Team Trials...Finished second in the four with coxswain at the 2015 NCAA Championships...Won the pair at the 2013 Under 23 National Team Trials.

**Personal:** Kristi was born on 1/25/1993. Kristi enjoys coaching, hiking in the Adirondacks, cycling (especially if the destination includes ice cream or donuts), cooking, and reading. She learned to row in middle school and then rowed for her public high school team, Wayland Weston, for four years. Kristi looks up to Michael Jordan: "He started as a great individual player but had to learn how to help make his team great to win all of those championships. He also has a lot of amazing quotes that can serve as quick inspiration on race day!"

**Madeleine Wanamaker**  
**Women's Four**

**Hometown:** Neenah, Wis.

**Date of Birth:** 2/14/1995

**Height:** 5'11"

**Weight:** 165

**High School:** Neenah High School

**Undergraduate Education:** University of Wisconsin, 2017

**National Teams:** Five – Under 23, 2016-17; Senior, 2018-19; Olympic, 2020



**International Results:** Finished sixth in the the four at the 2019 World Rowing Championships...Raced in the four at the 2019 World Rowing Cup II...Finished fifth in the pair and the four at the 2019 World Rowing Cup I...Won gold in the four at the 2018 World Rowing Championships...Placed second in the eight at the 2017 World Rowing Under 23 Championships...Placed 11th in the quadruple sculls at the 2016 World Rowing Under 23 Championships.

**National Results:** Finished ninth in the varsity eight at the 2016 NCAA Women's Rowing Championships...Finished ninth in the second varsity eight at the 2015 NCAA Women's Rowing Championships.

**Personal:** Madeleine Wanamaker started rowing in 2013 as a walk-on at the University of Wisconsin-Madison. There she led the team to a pair of top 10 NCAA finishes in 2016 and 2017. Madeleine garnered second team All-Big Ten and All-Region honors her senior year but is fondest of her "Most Promising Novice" award. She counts Grace Latz and Vicky Optiz amongst her sporting heroes. Madeleine will lengthen a streak of Wisconsin rowers at the Olympics that has been unbroken since 1968. In addition to rowing, Madeleine loves music, art and the outdoors. She is an advocate for women's rights and athlete mental health. In the future, she looks to pursue coaching or sports psychology. She hopes to help younger athletes, especially girls, build confidence and life skills through sports. Madeleine would like to thank her parents, family and friends for all of their support over the years and especially this one. She would also like to thank the USRowing medical team and the AVM Center at Lenox Hill, without whom this year would have been impossible.

**Anders Weiss**  
**Men's Four**

**Hometown:** Barrington, R.I.

**Date of Birth:** 11/5/1992

**Height:** 6'4"

**Weight:** 200

**High School:** Barrington High School

**Undergraduate Education:** Brown University,  
2015

**National Teams:** Six – Under 23, 2013; Senior,  
2017-19; Olympic, 2016, 2020



**International Results:** Finished 13th in the the pair at the 2019 World Rowing Championships...Finished 15th in the pair at the 2018 World Rowing Championships...Placed 11th in the pair at the 2017 World Rowing Championships...Placed 11th in the pair at the 2016 Olympic Games...Took silver in the eight at the 2013 World Rowing Under 23 Championships.

**National Results:** Won the pair at the 2019 Senior World Championships Trials V...Won the pair at the 2017 U.S. Senior and Para World Championship Trials...Finished third in the pair at the 2017 Spring Speed Order I.... Won the pair at the 2016 Olympic Team Trials - Rowing.

**Personal:** Anders was born on 11/5/1992 and attended Barrington High School. His sister started rowing at Brown University as a walk-on and suggested he give it a shot. Once he did, he said he loved it. Anders' biggest sports accomplishment is qualifying for the Olympics in the pair. He enjoys playing chess and the card game, hearts.

## United States Senior World/Olympic Finishes: 1896-2020

### Men

Year	4+	2x	2-	1x	2+	4-	4x	8+
<b>2020</b> – No events due to COVID-19								
<b>2019 (w)</b>	/	20	13	21	/	5	13	5
<b>2018 (w)</b>	/	14	15	20	/	13	11	4
<b>2017 (w)</b>	/	9	11	19	/	10	15	2
<b>2016 (o/w)</b>	/	-	11	-	5	7	-	4
<b>2015 (w)</b>	/	16	9	21	8	7	12	7
<b>2014 (w)</b>	/	20	6	25	8	2	8	4
<b>2013 (w)</b>	/	10	14	13	4	3	13	3
<b>2012 (o/w)</b>	/	dnq	8	24	6	3	13	4
<b>2011 (w)</b>	/	16	9	11	6	4	8	8
<b>2010 (w)</b>	/	7	9	12	4	5	8	6
<b>2009 (w)</b>	/	16	5	12	1	13	12	9
<b>2008 (o/w)</b>	/	13	6	11	9	9	5	3
<b>2007 (w)</b>	1	9	8	-	7	8	9	4
<b>2006 (w)</b>	4	16	dnq	12	4	4	8	3
<b>2005 (w)</b>	2	10	13	14	3	5	9	1
<b>2004 (o/w)</b>	3	6	11	-	8	10	11	1
<b>2003 (w)</b>	1	10	11	19	1	7	14	2
<b>2002 (w)</b>	6	14	14	11	2	12	10	3
<b>2001 (w)</b>	6	13	-	16	5	4	5	4
<b>2000 (o/w)</b>	2	8	2	8	1	5	7	5
<b>1999 (w)</b>	1	9	13	11	1	13	12	1
<b>1998 (w)</b>	4	12	4	8	3	7	4	1
<b>1997 (w)</b>	4	14	3	1	1	7	10	1
<b>1996 (o/w)</b>	-	-	7	10	8	11	2	5
H4+ and H2+ replaced with Lightweight event								
<b>1995 (w)</b>	1	20	9	9	-	7	6	3
<b>1994 (w)</b>	2	13	8	11	9	9	7	1
<b>1993 (w)</b>	8	5	10	16	8	3	13	3
<b>1992 (o/w)</b>	4	9	6	19	8	2	8	4
<b>1991 (w)</b>	7	6	8	14	9	2	5	8
<b>1990 (w)</b>	7	4	-	-	-	9	-	5
<b>1989 (w) 1</b>	1	-	-	dnq	-	2	dnq	4
<b>1988 (o/w)</b>	5	dnq	9	6	11	2	dnq	3
<b>1987 (w)</b>	dnq	dnq	dnq	7	5	3	dnq	1
<b>1986 (w)</b>	3	12	10	9	9	1	12	3
<b>1985 (w)</b>	5	dnq	7	2	5	-	-	3
<b>1984 (o/w)</b>	2	1	6	4	3	2	7	2

<b>1983 (w)</b>	7	6	8	3	12	6	7	7
<b>1982 (w)</b>	3	dnq	dnq	3	6	7	10	4
<b>1981 (w)</b>	2	10	11	3	-	dnq	dnq	3
<b>1980 (o)</b>	-	-	-	-	-	-	-	-
<b>1979 (w)</b>	4	7	10	dnq	3	8	5	5
<b>1978 (w)</b>	4	5	6	9	7	-	-	-
<b>1977 (w)</b>	10	5	6	11	dnq	12	9	6
<b>1976 (o/w)</b>	11	8	2	7	11	8	6	9
<b>1975 (w)</b>	10	12	10	9	5	7	12	5
<b>1974 (w)</b>	6	8	10	2	9	5	10	1
H4x event added to Worlds								
<b>1973 (ec)</b>	4	dnq	7	12	dnq	7	/	6
Last European Championships								
<b>1972 (o)</b>	5	dnq	9	5	11	dnq	/	2
<b>1971 (ec)</b>	dnq	dnq	10	6	dnq	11	/	12
<b>1970 (w)</b>	11	3	7	7	10	dnq	/	10
<b>1969 (ec)</b>	11	1	1	9	7	12	/	9
<b>1968 (o)</b>	5	3	2	4	5	5	/	6
<b>1967 (ec)</b>	6	6	1	6	11	3	/	2
<b>1966 (w)</b>	6	2	10	1	5	9	/	dnq
<b>1965 (ec)</b>	11	10	-	11	-	-	/	3
<b>1964 (o)</b>	7	2	10	6	1	3	/	1
Current U.S. oar design is introduced								
<b>1964 (ec)</b>	-	-	4	3	7	7	/	-
<b>1963 (ec)</b>	-	2	-	-	-	-	/	-
<b>1962 (w)</b>	10	9	-	3	5	-	/	dnq
First World Championships								
<b>1961 (ec)</b>	dnq	dnq	-	3	-	dnq	/	-
<b>1960 (o)</b>	dnq	dnq	5	5	3	1	/	5
<b>1958 (ec)</b>	-	-	-	-	-	dnq	/	2
<b>1957 (ec)</b>	-	-	-	dnq	-	5	/	-
<b>1956 (o)</b>	dnq	2	1	3	1	2	/	1
<b>1955 (ec)</b>	-	-	-	4	-	-	/	-
<b>1952 (o)</b>	3	dnq	1	dnq	dnq	dnq	/	1
<b>1949 (ec)</b>	-	-	-	1	-	-	/	-
<b>1948 (o)</b>	1	dnq	dnq	dnq	dnq	3	/	1
<b>1936 (o)</b>	dnq	5	dnq	3	dnq	dnq	/	1
<b>1932 (o)</b>	dnq	1	dnq	2	1	4	/	1
<b>1930 (ec)</b>	dnq	-	-	-	-	-	/	1
USA begins to enter European Championships								
<b>1928 (o)</b>	dnq	1	3	2	dnq	2	/	1
<b>1924 (o)</b>	3	1	-	2	3	-	/	1
H2- and H4- events added								

<b>1920 (o)</b>	2	1	/	1	-	/	/	1
<b>1912 (o)</b>	-	/	/	-	/	/	/	-
<b>1908 (o)</b>	/	/	-	-	/	-	/	-
<b>1904 (o)</b>	/	1	1	1	/	1	/	1
	Only North American oarsmen competed							
<b>1900 (o)</b>	-	/	/	-	-	/	/	1
	First races in Olympics							
<b>1896 (o)</b>	First Olympic Games - rowing events were rained out							
<b>1893 (ec)</b>	-	-	-	-	-	-	-	-
	First European Championships							

### **Women**

<b>Year</b>	<b>4+/4-</b>	<b>2x</b>	<b>2-</b>	<b>1x</b>	<b>4x+/4x</b>	<b>8+</b>
<b>2020</b> – No events due to COVID-19						
<b>2019 (w)</b>	6	5	4	3	7	3
<b>2018 (w)</b>	1	3	9	4	6	1
<b>2017 (w)</b>	4	2	2	7	5	4
<b>2016 (o/w)</b>	2	6	4	2	5	1
<b>2015 (w)</b>	1	11	3	4	1	1
<b>2014 (w)</b>	2	6	2	9	3	1
<b>2013 (w)</b>	1	7	4	5	5	1
<b>2012 (o/w)</b>	/	6	4	7	3	1
<b>2011 (w)</b>	1	9	8	11	2	1
<b>2010 (w)</b>	3	5	3	10	5	1
<b>2009 (w)</b>	2	6	1	13	2	1
<b>2008 (o/w)</b>	2	5	7	2	5	1
<b>2007 (w)</b>	1	8	7	3	6	1
<b>2006 (w)</b>	3	12	4	5	5	1
<b>2005 (w)</b>	-	8	6	3	5	4
<b>2004 (o/w)</b>	7	dnq	9	9	5	2
<b>2003 (w)</b>	1	11	6	12	6	5
<b>2002 (w)</b>	5	8	12	13	7	1
<b>2001 (w)</b>	4	12	11	7	3	4
<b>2000 (o/w)</b>	5	4	3	12	5	6
<b>1999 (w)</b>	3	11	7	12	4	2
<b>1998 (w)</b>	dnq	4	3	17	9	2
<b>1997 (w)</b>	4	12	6	7	9	6
<b>1996 (o/w)</b>	1	9	2	6	8	4
	Lightweight events added to Olympics					
<b>1995 (w)</b>	1	11	2	6	5	1
<b>1994 (w)</b>	2	12	6	12	6	2
<b>1993 (w)</b>	2	8	3	6	3	2
<b>1992 (o/w)</b>	2	11	3	4	5	6

1991 (w)	2	8	6	4	9	4
1990 (w)	5	3	2	7	-	2
1989 (w)	-	8	4	9	-	6
4+ replaced with 4-						
1988 (o/w)	5	6	6	2	9	6
1987 (w)	5	3	4	6	9	2
1986 (w)	6	10	9	5	8	4
1985 (w)	6	6	2	3	4	4
4x+ replaced with 4x						
1984 (o/w)	4	6	5	2	2	1
1983 (w)	5	10	7	3	5	3
1982 (w)	2	4	8	6	4	2
1981 (w)	3	5	9	8	8	2
1980 (o)	-	-	-	-	-	-
USA Boycotts Olympic Games						
1979 (w)	9	5	5	5	6	3
1978 (w)	2	3	-	5	-	4
1977 (w)	9	3	6	5	8	dnq
1976 (o/w)	6	5	7	2	7	3
Women's events in Olympics						
1975 (w)	6	9	8	5	5	2
1974 (w)	10	11	5	7	7	9
First World Championships						
1973 (ec)	9	9	/	6	9	dnq
1972 (ec)	-	-	/	15	8	-
1971 (ec)	-	-	/	11	8	-
1970 (ec)	-	-	/	dnq	-	-
1969 (ec)	-	-	/	10	-	dnq
1968 (ec)	-	-	/	-	-	-
1967 (ec)	-	-	/	-	dnq	6

#### **Lightweight Men**

#### **Lightweight Women**

<b>Year</b>	<b>1x</b>	<b>4-</b>	<b>2x</b>	<b>4x</b>	<b>8+</b>	<b>2-</b>	<b>1x</b>	<b>2x</b>	<b>4-</b>	<b>2-</b>	<b>4x</b>
<b>2020 – No events due to COVID-19</b>											
2019 (w)	9	/	15	7	/	7	9	10	/	1	4
2018 (w)	3	/	25	10	/	3	4	2	/	2	4
2017 (w)	10	6	16	16	/	6	3	3	/	/	7
2016 (o/w)	10	10	5	11	/	6	4	10	/	/	5
2015 (w)	5	7	8	5	3	5	3	11	/	/	6
2014 (w)	13	10	10	7	5	15	3	6	/	/	3
2013 (w)	7	5	12	7	3	8	7	2	/	/	2
2012 (o/w)	3	8	dnq	8	9	9	4	11	/	/	4

2011 (w)	4	13	14	5	5	15	4	4	/	/	3
2010 (w)	10	10	11	6	5	9	6	8	/	/	2
2009 (w)	14	12	15	6	2	11	4	11	/	/	3
2008 (o/w)	21	11	-	6	1	11	4	10	/	/	3
2007 (w)	6	11	19	6	5	10	2	11	/	/	4
2006 (w)	-	9	17	5	5	11	6	9	/	/	5
2005 (w)	-	9	10	6	-	-	10	2	/	/	7
2004 (o/w)	10	9	7	4	5	8	13	7	/	/	3
2003 (w)	11	8	13	6	2	3	13	4	/	4	4
2002 (w)	3	10	18	6	3	5	2	7	/	-	3
2001 (w)	4	9	13	11	3	11	4	7	/	2	2
2000 (o/w)	10	6	11	8	1	16	4	3	/	2	7
1999 (w)	11	9	6	6	1	10	2	2	/	1	1
1998 (w)	6	9	9	3	2	12	8	1	/	3	2
1997 (w)	4	5	11	4	6	11	1	5	/	2	6
1996 (o/w)	4	3	9	9	7	7	3	2	3	1	/
1995 (w)	5	7	8	9	5	10	11	7	1	1	/
1994 (w)	5	8	10	7	5	11	8	3	1	/	/
1993 (w)	6	1	14	8	dnq	10	4	4	3	/	/
1992 (w)	3	5	10	4	7	/	8	3	5	/	/
1991 (w)	5	6	8	6	3	/	4	2	3	/	/
1990 (w)	19	8	1	9	6	/	5	2	dnq	/	/
1989 (w)	8	4	8	9	4	/	1	1	5	/	/
1988 (w)	6	dnq	dnq /		2	/	1	7	4	/	/
1987 (w)	7	7	5	/	3	/	4	3	1	/	/
1986 (w)	3	9	9	/	6	/	3	1	1	/	/
1985 (w)	3	3	6	/	2	/	3	4	2	/	/
1984 (w)	2	11	4	/	5	/	/	/	/	/	/
1983 (w)	4	10	10	/	5	/	/	/	/	/	/
1982 (w)	2	6	2	/	7	/	/	/	/	/	/
1981 (w)	1	8	2	/	5	/	/	/	/	/	/
1980	2	5	2	/	4	/	/	/	/	/	/
1979	1	dq	4	/	2	/	/	/	/	/	/
1978	3	8	3	/	8	/	/	/	/	/	/
1977	3	9	-	/	11 /		/	/	/	/	/
1976	4	10	-	/	3	/	/	/	/	/	/
1975	3	4	-	/	2	/	/	/	/	/	/
1974	1	3	-	/	1	/	/	/	/	/	/

## U.S. Olympic/World Rowing Championships Multimedalists

<b>Name (Women)</b>	<b>Gold</b>	<b>Silver</b>	<b>Bronze</b>	<b>Total</b>	<b>Period</b>
Lind, Caroline	8	0	0	8	2005-2014
Francia, Susan	7	1	1	9	2005-2014
Murray (Whipple), Mary	7	1	0	8	2001-2012
Musnicki, Meghan	7	0	1	8	2010-2020
Logan, Eleanor	6	1	1	8	2008-2016
Davies, Caryn	6	1	0	7	2002-2019
Polk, Amanda	6	1	0	7	2009-2016
Guregian, Katelin	6	0	1	7	2009-2020
Regan, Emily	5	1	1	7	2011-2019
Cafaro, Erin	5	0	2	7	2006-2012
Goodale, Anna	5	0	0	5	2005-2010
Collins, Christine	4	1	2	7	1991-2000
Cummins (Mickelson), Anna	4	1	0	5	2001-2008
Opitz, Vicky	4	0	0	4	2013-2020
Schmetterling, Lauren	4	0	0	4	2013-2019
Shoop, Lindsay	4	0	0	4	2005-2009
Lofgren, Esther	3	2	1	6	2006-2012
Olivia Coffey	3	0	2	5	2013-2020
Muri, Linda	3	1	1	5	1994-1999
Gobbo, Tessa	3	1	0	4	2013-2016
Karlson, Kristine	3	0	1	4	1988-1990
Simmonds, Kerry	3	1	0	4	2013-2016
Kowal, Mandi	3	0	0	3	1984-1987
Ritzel, Taylor	3	0	0	3	2010-2012
Luczak, Grace	3	0	0	3	2013-2015
Garner, Sarah	2	1	2	5	1996-2000
Tracy Eisser	2	1	1	4	2014-2020
Kristine O'Brien	2	1	1	4	2015-2020
Sands, Carey	2	0	2	4	1984-1989
Redman, Jamie	2	1	0	3	2009-2011
Herron, Angie	2	0	1	3	1984-1987
Minzner, Ellen	2	0	1	3	1991-1996
Coffey, Olivia	2	0	1	3	2013-2015
Fuller, Amy	1	7	0	8	1992-2000
Bower, Carol	1	3	1	5	1979-1984

Burns, Lindsay	1	3	1	5	1987-1996
Graves, Carrie	1	3	1	5	1975-1984
Kakela, Anne	1	4	0	5	1993-1996
Kalmoe, Megan	1	3	1	5	2011-2020
Martelli, Adrienne	1	2	2	5	2010-2015
McCagg, Betsy	1	3	1	5	1991-2000
Tranel, Monica	1	3	1	5	1993-2000
Dore, Jennifer	1	3	0	4	1993-2000
Fallon, Catriona	1	3	0	4	1993-1996
Norelius, Kristine	1	3	0	4	1981-1984
Scanlon, Katherine	1	3	0	4	1993-1998
Thorsness, Kristin	1	3	0	4	1983-1987
Martin, Anne	1	0	3	4	1984-1988
Korholz, Laurel	1	2	0	3	1993-2004
Farooq, Yasmin	1	2	0	3	1990-1996
Iverson, Melissa	1	2	0	3	1993-1997
Cox, Ali	1	1	1	3	2002-2010
Flannagan, Jeanne	1	1	1	3	1979-1984
Kara Kohler	1	0	2	3	2011-2020
McCagg, Mary	1	1	1	3	1993-1997
Wilbur, Wendy	1	1	1	3	1997-2003

<b>Name (Men)</b>	<b>Gold</b>	<b>Silver</b>	<b>Bronze</b>	<b>Total</b>	<b>Period</b>
Cipollone, Pete	5	2	1	8	1994-2004
Ahrens, Christian	5	0	0	5	1995-2004
Volpenhein, Bryan	4	1	2	7	1998-2008
Deakin, Matt	4	0	1	5	2003-2007
Beery, Dan	4	1	0	5	2002-2007
Kaehler, Bob	4	0	1	5	1994-2000
Klepacki, Jeff	3	1	2	6	1993-2003
Wherley, Mike	3	1	1	5	1997-2004
Anderson, Nick	3	0	1	4	1997-2004
Collins, Porter	3	0	0	3	1995-2000
Costello, Paul	3	0	0	3	1920-1928
Kelly, John	3	0	0	3	1920-1924
Miller, Garrett	3	0	0	3	1997-2000
McElhenney, Marcus	3	1	3	6	2003-2009
Belden, William	2	3	2	7	1974-1982
Smith, Jonathan	2	1	2	5	1983-1988
Cashman, John	2	1	2	5	1998-2004
Koven, Jamie	2	0	2	4	1993-2000
Hoopman, Beau	2	0	2	4	2002-2008
Henry, Phil	2	0	1	3	1997-2000
Findlay, Conn	2	0	1	3	1956-1964
McLaughlin, Jeffrey	1	2	1	4	1987-1992
Roop, Scott	1	2	1	4	1976-1982
Rummel, Henrik	1	1	2	4	2009-2014
Paradiso, Tom	1	1	2	4	2001-2008
Coppola, Steven	1	0	3	4	2004-2008
Myers, Kenneth	1	2	0	3	1920-1932
Hansen, Joseph	1	1	1	3	2001-2004
Burden, Douglas	1	1	1	3	1987-1992
Everett, John	1	1	1	3	1974-1982
Neil, Jim	1	1	1	3	1989-2000
Teti, Michael	1	1	1	3	1985-1988
Klugh, Garrett	1	1	1	3	1999-2004
Altman, Mike	1	1	1	3	1998-2008
Bauer, Seth	1	0	2	3	1981-1988
Brown, Jonathan	1	0	2	3	1993-1998
Espeseth, Robert	1	0	2	3	1984-1987
Hall, Sean	1	0	2	3	1993-2000

Honebein, Fred	1	0	2	3	1993-1995
Lyons, Dan	1	0	2	3	1981-1987
Segaloff, Steve	1	0	2	3	1993-1995
Smith, Don	1	0	2	3	1993-2000
Still, Kevin	1	0	2	3	1983-1986
Daniels, Paul	1	0	2	3	2004-2006
Inman, Josh	1	0	2	3	2004-2008

\* Minimum of one gold medal and three overall medals. Ranked by gold medals.

## **About USRowing**

USRowing is a nonprofit membership organization recognized by the United States Olympic Committee as the national governing body for the sport of rowing in the United States. USRowing selects, trains and manages the teams that represent the U.S. in international competition, including the World Championships, Pan American Games, Olympic Games and Paralympic Games.

More than 85,000 individuals and 1,350 member organizations strong, USRowing serves and promotes the sport on all levels of competition. USRowing membership reflects the spectrum of American rowers – juniors, collegians, masters and those who row for recreation, competition or fitness.

In 1982, the United States Rowing Association was formed by the merger of the National Association of Amateur Oarsmen, founded in 1872, and the National Women’s Rowing Association, established in the early 1960s. USRowing brought these two organizations together with a name incorporating both men and women and reflecting the broader interests of rowing. In 1985, the organization moved from Philadelphia, Pa., to Indianapolis, Ind., home of several other Olympic sport governing bodies; and in 1994, Indianapolis became the only U.S. city to host a world rowing championship. In February 2006, USRowing moved its corporate headquarters to Princeton, N.J.

USRowing registers hundreds of regattas across the country each year, ensuring they are run under specific safety guidelines. The association also provides programs to educate referees and coaches. USRowing stages national championship regattas annually and conducts regional championships and national team selection events.

USRowing is a member of the United States Olympic Committee and Federation Internationale des Societes D’Aviron (FISA), the international rowing federation.

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## Viewer's Guide & Frequently Asked Questions

### ***The Race***

All events at the Olympic Games are 2,000 meters, or approximately 1.25 miles. The racecourse is divided into six lanes and each 500-meter section is marked with buoys.

The race begins with all boats aligned at the start in the lanes they've been assigned. Individuals in each lane hold the stern of each boat steady while an official, known as the aligner, ensures that each boat is even with the others and squarely facing the course.

Each crew is allowed one false start; two means disqualification. If within the first 100 meters there is legitimate equipment breakage (*e.g.*, an oar snaps in two), the race will be stopped and restarted with repaired equipment.

The *stroke rate* (the number of rowing strokes per minute that a crew is taking) is high at the start – maybe 45 to even 50 for an eight, 38 to 42 for a single scull. Then, the crew will “settle” into the body of the race and drop the rating back – 38 to 40 for an eight, 32 to 36 for a single. The coach and the way the race is going determine when the crew will sprint, but finishing stroke rates of 46+ in the last 200 meters aren't unheard of. However, higher stroke rates are not always indicative of speed. A strong, technically talented crew may be able to cover more water faster than a less capable crew rowing a high stroke rate.

Unlike canoe/kayak competitions, rowers are allowed to leave their lanes without penalty, so long as they do not interfere with anyone else's opportunity to win. An official follows the crews to ensure safety and fairness.

Despite the exhaustion that follows each race, the crew will row for five to 10 minutes afterwards in order to cool down. In rowing, the medal ceremonies include the shells. The three medal-winning crews row to the awards dock, climb out of their shells and receive their medals before rowing away.

### ***The Stroke***

The whole body is involved in moving a shell through the water. Although rowing tends to look like an upper body sport, the strength of the rowing stroke comes from the legs.

The stroke is made up of four parts: *catch, drive, finish and recovery*. As the stroke begins, the rower is coiled forward on the sliding seat, with knees bent and arms outstretched. At the *catch*, the athlete drops the oar blade vertically into the water.

At the beginning of the *drive*, the body position doesn't change – all the work is done by the legs. As the upper body begins to uncoil, the arms begin their work, drawing the oar blades through the water. Continuing the drive, the rowers move their hands quickly into the body, which by this time is in a slight “layback” position, requiring strong abdominal muscles.

During the *finish*, the oar handle is moved down, drawing the oar blade out of the water. At the same time, the rower “feathers” the oar – turning the oar handle – so that the oar blade changes from a vertical position to a horizontal one. The oar remains out of the water as the rower begins *recovery*, moving the hands away from the body and past the knees. The body follows the hands and the sliding seat moves forward until, knees bent, the rower is ready for the next catch.

## ***The Equipment***

### Oars

Oars move the boat through the water and act as balancers. Sweep oars are longer than sculling oars and may have wooden handles instead of rubber grips. The shaft of the oar is made of extremely lightweight carbon fiber instead of the heavier wood used years ago. The popular “hatchet” blade – named because of its cleaver-like shape – is about 20 percent larger than previous blades. Its larger surface area has made it the almost-universal choice among elite-level rowers.

### The Boats – Sculls and Shells

All rowing boats can be called shells. Rowing boats with scullers in them (each person having two oars) are called sculls, *e.g. single scull, double scull, quadruple scull*. So, all sculls are shells but not vice versa. Originally made of wood, today's boats – especially those used in competition – are made of honeycombed carbon fiber. They are light and appear fragile but are crafted to be strong and stiff in the water.

The smallest boat – the single scull – is approximately 27 feet long and as narrow as 10 inches across. At 58 feet, the eight is the longest boat on the water. The oars are attached to the boat with riggers, which provide a fulcrum for the levering action of rowing. Generally, sweep rowers sit in configurations that have the oars alternating from side to side along the boat. But sometimes, the coach will rig the boat so that two consecutive rowers have their oars on the same side in order to equalize individual athlete power.

## Rowing Quick Facts

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- Rowing is one of the original sports in the modern Olympic Games. Baron Pierre de Coubertin, founder of the modern Olympics, was a rower.
- Eight-oared shells are about 60-feet long, about 20 yards on a football field.
- Rowing was the first intercollegiate sport contested in the United States. Yale College founded the first collegiate boat club in the U.S. in 1843.
- Physiologically, rowers are superb examples of physical conditioning. Cross-country skiers and long distance speed skaters are comparable in terms of the physical demands the sport places on the athletes.
- An eight, which carries more than three-quarters of a ton (1,750 pounds), may weigh as little as 200 pounds. The boats are made of fiberglass composite material.
- Singles may be as narrow as 10 inches across, weigh only 30.86 pounds, and stretch nearly 27-feet long.
- FISA, the international governing body of the sport, requires all eights used in international competition to be sectional, so that crews who must disassemble and ship their boats overseas in standard shipping containers will not be at a disadvantage.
- The first amateur sport organization was a rowing club, Philadelphia's Schuylkill Navy, founded in 1858.
- From 1920 through 1956, the United States won the gold medal in the men's eight at every Olympic Games.
- The U.S. has won three consecutive gold medals in the women's eight (2008, 2012, 2016)
- The first national governing body for a sport in the United States was for rowing. Founded as the National Association for Amateur Oarsmen in 1872, it was changed in 1982 to the United States Rowing Association.
- FISA, the first international sports federation, was founded in 1892.
- Dr. Benjamin Spock, the famous doctor, was an Olympic rower in 1924 and won a gold medal in the eight. Gregory Peck rowed at the University of California in 1937.
- Physiologists claim that rowing a 2,000-meter race – equivalent to 1.25 miles – is equal to playing back-to-back basketball games.
- All Olympic events are contested over a 2,000-meter course with six lanes. In the 1976, 1980, and 1984 Olympics, women raced 1,000 meters.

## Glossary of Rowing Terms

**Bow:** The forward section of the boat. The first part of the boat to cross the finish line. Also, the person in the seat closest to the bow, who crosses the finish line first.

**Button:** A wide collar on the oar that keeps it from slipping through the oarlock.

**Coxswain:** The person who steers the shell and is the on-the-water coach for the crew.

**Deck:** The part of the shell at the bow and stern that is covered with fiberglass cloth or a thin plastic.

**Ergometer:** Rowers call it an “erg.” It’s a rowing machine that closely approximates the actual rowing motion. The rowers’ choice is the Concept2, which utilizes a flywheel and a digital readout so that the rower can measure their “strokes per minute” and the distance covered.

**Gate:** The bar across the oarlock that keeps the oar in place.

**Lightweight:** Refers to the rowers, not the boats; there is a maximum weight for each rower in a lightweight event as well as a boat average.

**Oar:** Used to drive the boat forward; rowers do not use paddles.

**Port:** The left side of the boat, while facing forward, in the direction of the movement.

**Power 10:** A call for rowers to do 10 of their best, most powerful strokes. It’s a strategy used to pull ahead of a competitor.

**Repechage:** The second-chance race, which ensures that everyone has two chances to advance from preliminary races since there is no seeding in the heats.

**Rigger:** The triangular shaped metal device that is bolted onto the side of the boat and holds the oars.

**Run:** The run is the distance the shell moves during one stroke. You can figure it by looking for the distance between the puddles made by the same oar.

**Sculls:** One of the two disciplines of rowing, where scullers use two oars or sculls.

**Shell:** Can be used interchangeably with boat.

**Slide:** The set of runners for the wheels of each seat in the boat.

**Starboard:** The right side of the boat, while facing forward, in the direction of movement.

**Stern:** The rear of the boat; the direction the rowers are facing.

**Straight:** Refers to a shell without a coxswain, i.e. a straight four or straight pair.

**Stretcher or Foot stretcher:** Where the rower’s feet go. The stretcher consists of two inclined footrests, which hold the rower’s shoes. The rower’s shoes are bolted into the footrests.

**Stroke:** The rower who sits closest to the stern. The stroke sets the rhythm for the boat; others behind him must follow his cadence.

**Sweep:** One of the two disciplines of rowing, where rowers use only one oar. Pairs (for two people), fours (for four people) and the eight are sweep boats. Pairs and fours may or may not have a coxswain. Eights always have a coxswain.

**Swing:** The hard-to-define feeling when near-perfect synchronization of motion occurs in the shell, enhancing the performance and speed.