

Coaching Staff



South Alabama's Head Volleyball Coach Jesse Ortiz invites you to improve your total game, this summer, in beautiful Mobile, Alabama.

Coaches Jesse Ortiz, Shawn McLaughlin, and Maris Below combine 30+ years of coaching experience and create a positive environment conducive to learning and advancing in the game. These college coaches are very effective teachers and believe that enjoyment is an important part of the process for each camper as they are challenged to become their best.

Camp Dates

All-Skills 1	July 7th-9th
Attacker/Server	July 7th-9th
Elite Camp 1	July 11th -13th
Team Camp	July 15th -17th
Knockout Tournament	July 15th - 17th
All-Skills 2	July 18th-20th
Setter/Server	July 18th-20th
Elite Camp 2	July 21st -23rd



Location

All camps are held in Jaguar Gymnasium, Striplin Gym, and South Alabama Recreation Center on the University of South Alabama campus.

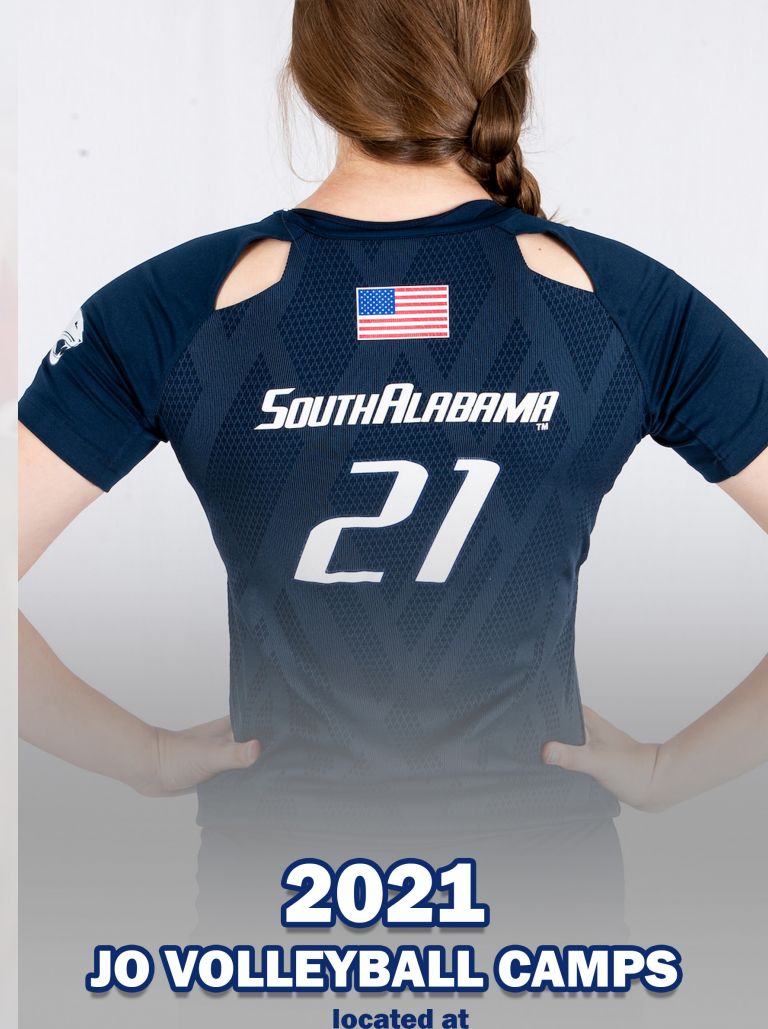


Please email JO Volleyball Camps at JOVolleyballCamps@gmail.com or call the camp office and Summer Camp Administrator Maris Below at 417-763-9017 with all other questions.

Registration

Online Registration please visit: www.JOVolleyballCamps.TotalCamps.com

Online payments can be made in multiple payments with a credit card. Please note that an online processing fee will be added to all online registrations.



2021
JO VOLLEYBALL CAMPS
located at

SOUTH ALABAMA
TM

Current Student-Athletes will be working the camp. Camps are open to any and all campers, limited only by number, age, grade level or gender.

All-Skills Camp 1 July 7-9 • Ages 9-14 • **9am to 2pm** • Day 1 **Check-in at Jaguar Gym starts at 8am**

All-Skills Camp 2 July 18-20 - *(Other than the date, same information as above)*

The All-Skills camp will provide a foundation for any aspiring volleyball player, increasing volleyball IQ through movement and activity. Participants will gain skills in attacking, setting, passing, and digging. Campers are divided by age, grade level, skill-level, and years of experience to provide the optimal learning environment.

Cost \$165 (lunch included)

Elite Camp 1 July 11-13 • Ages 13-18 • Day 1 **Check-in at Jaguar Gym starts at 4:30pm**

Day 1 - 5:30 to 8pm

Day 2 - 9:30 to 12pm, 1:30 to 4pm, 5:30 to 8pm,

Day 3 - 9:30 to 12pm, 1:30 to 4pm

Cost \$200 Commuter (lunch and dinner included)

\$300 Residential (lodging / all meals included)

Elite Camp 2 July 21-23 - *(Other than the date, same information as above)*

Elite camp provides high-level training encompassing attacker, defender, setter, blocker, and passer skills. Athletes will be placed in skill appropriate divisions to maximize each athlete's camp experience. This camp will be conducted with high intensity and advanced-level training! It is South Alabama Volleyball's goal that each camper will leave with tools that will help them be successful in their upcoming seasons.

Cost \$200 Commuter (lunch and dinner included)

(There is No Residential available for Elite Camp 2)

Attacker/ Server July 7-9 • Ages 13-18 • **3pm to 5pm** • Day 1 **Check-in at Jaguar Gym starts at 2pm**

Attacker Sessions is great practice in three specific skill areas – Hands, Arms, and Feet. These sessions will hammer in proper technique and attacker form. Serving sessions progress servers in hand contact, footwork, and movement mechanics. Each session will challenge the ability level of each participant.

Cost \$100

Setter/ Server July 18-20 • Ages 13 -18 • **3pm to 5pm** • Day 1 **Check-in at Jaguar Gym starts at 2pm**

Setter training is designed to provide comprehensive practice on movement and hand placement. This course provides practice in hand, feet, and body movement every setter needs to become efficient in delivering the ball to attackers.

Serving sessions progress servers in hand contact, footwork, and movement mechanics. Each session will challenge the ability level of each participant.

Cost \$100

Team Camp July 15-17 • Ages 12-18 • Day 1 **Check-in at Jaguar Gym starts at 11:30am**

Day 1 - 1 to 4pm, 5:30 to 8pm Day 2 - 9am to 12pm, 1:30 to 4pm, 5:30 to 7:30pm,

Day 3 - 9am to 12pm, 1:30 to 4:30pm

The Team Camp is designed to provide skill and tactical instruction from the Jaguars Volleyball Staff, other high-level coaches, as well as give you the opportunity to experience significant competition prior to the start of your high school season. Sessions of play will be in a Tournament format and teams will be placed into appropriate competitive brackets. The camp provides an excellent opportunity for coaches to discuss their team's needs and gain ideas about training and strategy. Teams must have 8 player minimum.

Cost \$200 (per participant, meals included)

\$200 (additional cost, if we provide a coach)

Knockout Tournament July 15-17 • Ages 12-18 • Day 1 **Check-in at Jaguar Gym starts at 4:30pm**

Day 1 - 5:30 to 8pm

Day 2 - 1:30 to 4pm, 5:30 to 7:30pm,

Day 3 - 1:30 to 4:30pm

The Knockout option of the Team Camp provides teams with a chance to compete in the three-day tournament without breaking the bank. Teams that join the Knockout Tournament can expect to play 10+ competitions over the three days (afternoon and evening sessions). This option does NOT include meals, overnight stay on campus, or morning session of each day as it is a competition/instruction only option. Teams must have 8 player minimum.

Cost \$100 (per participant)

\$200 (additional cost, if we provide a coach)



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