| **Existing Users** (Individuals who have a U.S. Figure Skating member or nonmember account)	**New Users** (Individuals who do not have a U.S. Figure Skating member or nonmember account)
1. Log into https://www.usfsaonline.org/. 2. Click "Login" in the upper right corner. 3. Enter your username and password, then click "Login." 	Click here for instructions to register for a U.S. Figure Skating account. 1. Log into https://www.usfsaonline.org/. 2. Click "Login" in the upper right corner. 3. Enter your username and password, then click "Login."
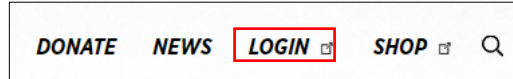
4. Click the red "Compliance is NOT COMPLETE!" bar. If you do not have a red bar, click the person icon next to Welcome [Name]!
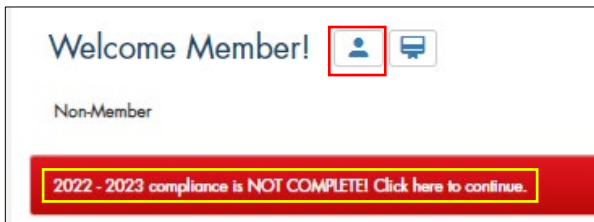
5. Click the red "Begin" button next to SafeSport™ Training.

6. Accept the SafeSport Terms and Conditions.

7. When directed to the training, click next to advance through the training. Upon completion, your U.S Figure Skating member account should update automatically within 3 hours. If it doesn't, please email skatesafe@usfigureskating.org.