



2007-08 Lady Cat Basketball



Quick Facts / Directory

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LADY CAT BASKETBALL QUICK FACTS

LOCATION: Johnstown, Pa.	HEAD COACH: Sasha Palmer (1 st year)
ENROLLMENT: 3,100	ALMA MATER: Northern Michigan University (2000)
PRESIDENT: Dr. Jem Spectar	RECORD AT UPJ: 0-0 (.000)
ATHLETIC DIRECTOR: Michael F. Castner	OVERALL RECORD: 0-0 (.000)
2007-2008: 33 rd Lady Cat Season	ASSISTANT COACH: Katie Rogers (1 st year)
OVERALL RECORD: 686-181 (.791)	ALMA MATER: Cardinal Stritch (WI) University
ARENA: Sports Center	STARTERS RETURNING/LOST: 1/4
COLORS: Navy Blue and Vegas Gold	LETTERMEN RETURNING / LOST: 6/6
CONFERENCE: West Virginia Intercollegiate Athletic Conference	
LAST NCAA TOURNEY APPEARANCE: 2007	

PITT JOHNSTOWN ATHLETIC STAFF DIRECTORY

Athletic Office Phone.....(814) 269-2000
Athletic Fax.....(814) 269-2026
Athletic Director.....Mike Castner
Assistant Athletic DirectorNikki Babik
Sports Information Director.....Chris Caputo
S.I.D. Office Phone.....(814) 269-2031
NCAA Faculty Rep.....Dr. J. Anthony Capon
Athletic Secretary.....Judy Blackburn
Athletic Trainers....Scott Mamula, Elissa Till & Barry Horne
Trainer's Office Phone..... (814) 269-1935 OR 2024
Equipment Mgr....Todd Williams.....(814) 269-7170
Equipment Room Phone.....(814) 269-7167
Intramural Dir....Elissa Till.....(814) 269-2024
Aquatics Dir.....Jamie Hedrick..... (814) 269-2006
Pool Hotline.....(814) 269-2002
Athletics Web Site....www.upj.pitt.edu/Athletics

PITT JOHNSTOWN PRIMARY MEDIA OUTLETS

WJAC-TV 6 SPORTS Tim Rigby (814) 255-7651 Fax: (814) 255-7658	THE TRIBUNE-DEMOCRAT Eric Knopsnyder, Mike Mastovich, Cory Isenberg (814) 532-5080 Fax: (814) 539-1409
WWCP-TV 8 SPORTS Greg Whitmer, Matt Parsons (814) 269-1107 or (814) 269-1109 Fax: 266-8329	ALTOONA MIRROR Neil Rudel (800) 222-1962 Fax: (814) 946-7540
WTAJ-TV 10 SPORTS Kelly Goodman (800) 762-6053 Fax: (814) 946-4763	BEDFORD GAZETTE Chris Wechtenhiser (814) 623-1151 Fax: (814) 623-5055
PGH. POST-GAZETTE Phil Axelrod (412) 263-1621 Fax: (412) 263-1926	PGH. TRIBUNE-REVIEW Dave Mackall (888) 748-8742 Fax: (412) 320-7964
GREENSBURG TRIBUNE-REVIEW Dave Mackall (800) 690-8040 Fax: (724) 830-6285	THE ADVOCATE (Pitt Johnstown Student Paper) (814) 269-7470

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ON THE COVER

“New Start... Old Tradition”

The 2007-08 Pitt Johnstown Lady Cat basketball season will feature a new coach and a new look. Despite the changes, one thing remains the same. The Lady Cats have the same old expectations... A trip to the NCAA Division II Tournament at the end of the season.



2007-08 Lady Cat Basketball



Administration

Dr. Jem Spectar was named the fifth president of the University of Pittsburgh at Johnstown in March 2007.

President Spectar, an award-winning professor, previously served as provost and vice president for academic affairs at Western Oregon University. He earned a bachelor of arts in international studies in 1989 from the University of La Verne; a master of business administration in 1992 from The George Washington University in Washington, D.C.; a jurist doctorate in 1992 from the University of Maryland Law School, and a master of arts in politics in 1997 and a doctorate in political science from Claremont Graduate University, Claremont, Calif.

President Spectar recognizes and enthusiastically celebrates our student scholar-athlete accomplishments that add value to the university and enhance campus and community pride. He has published numerous scholarly articles on international law and made presentations on issues involving human rights, the global commons, and international health. With extensive university experience, he holds membership in a number of professional organizations.



Dr. Jem Spectar
Pitt Johnstown President



Michael F. Castner
Athletic Director

Michael F. Castner took over as Interim Athletic Director in September 2001 when long-time Pitt Johnstown Athletic Director Ed Sherlock retired. In June 2002, Castner was named full-time Athletic Director.

Castner earned a Bachelor's degree in Physical Education and Health from Slippery Rock University in 1975. He also received a Master's degree in Education with Athletic Training from the University of Pittsburgh in 1978, prior to becoming a Certified Athletic Trainer.

In 1978, Pitt Johnstown hired him as a building manager and the school's first head athletic trainer. Since then, Castner has also been teaching First Aid and CPR, and in 1987, took over as head coach of the women's Cross Country team.

Castner, originally from Pittsburgh, Pa., has been a resident of Johnstown since his hiring in 1978. He and his wife Ann have three children, Mike, Maureen and Erin.



Johnstown, Pa. native Nikki Babik took over as Assistant Athletic Director on June 1, 2007. Babik also serves as the University's Senior Woman Administrator and CHAMPS/Life Skills Coordinator. In addition, she is responsible for compliance, academic advising and SAAC.

Babik, a graduate of Westmont Hilltop High School, earned a Bachelor's Degree in Sports Management from Bethany (WV) College in 2005 and a Masters in Business Administration from Seton Hill University in 2007. At Seton Hill, Babik was a two year graduate assistant coach with the women's basketball program. She was also an assistant to the Compliance Coordinator in Seton Hill's move from NAIA to NCAA Division II.

Athletically, Babik was a two-year starter on the Bethany women's basketball team. She is ninth on the All-Time Scoring List (1,206 points) and holds the school's career three-point field goals-made record (204). Babik was a Second Team All-President's Athletic Conference (PAC) selection in 2004 and 2005 and an Honorable Mention choice in 2002 and 2003.

Babik is the daughter of Joe and Sue Babik of Johnstown, Pa.



Nikki Babik
Assistant Athletic Director



2007-08 Lady Cat Basketball



Head Coach Sasha Palmer



Head Coach Sasha Palmer

On August 1, 2007, Sasha Palmer, formerly Sasha Leverentz prior to her marriage to Slippery Rock University Head Men’s Basketball Coach Jamal Palmer in August 2007, took over the duties as head coach of the Lady Cat basketball program.

Prior to her arrival at Pitt Johnstown, Palmer spent four seasons as the head assistant coach of the women’s basketball team at Shippensburg University where her duties included recruiting, working with the post players and monitoring the team’s academic progress. Palmer also spent six weeks of the 2005-06 regular season as Shippensburg’s acting head coach when the Head Coach Kristy Trn was on maternity leave. During her tenure at Shippensburg, Palmer worked with 2004 PSAC Western Division Rookie of the Year and two-time All-PSAC Western Division selection Shanna Oaddams, as well as Kim Strickland, who ranked second in career blocks and sixth in career rebounds for the Red Raiders. Palmer also coached 2007 PSAC Rookie of the Year Lauren Beckley, who led the conference in scoring as a freshman.

A native of Watertown, WI, Palmer is a 2000 graduate of Northern Michigan University where she had an outstanding playing career for the Wildcats. In 1998, she led Northern Michigan to the NCAA Division II Great Lakes Region championship, the first of three-straight regional championship game appearances.

As a senior in 1999-00, Palmer ranked fourth in the nation in scoring at 22.7 points per game and led Division II in total points with 703. She garnered All-Great Lakes Intercollegiate Athletic Conference (GLIAC) North Division First Team honors, GLIAC Tournament Most Valuable Player and Second Team *Daktronics* All-America honors, and Honorable Mention *Women’s Division II Bulletin* All-American accolades.

Following her career at Northern Michigan, Palmer competed professionally in Europe for two years, playing for Lausanne Olympic in Switzerland (2002) and Basket Club Racing in Luxembourg (2003). While in Switzerland, she averaged 29 points and 11 rebounds per game and was selected a European All-Star. In Luxembourg, Palmer averaged 34 points and 13 rebounds per game in leading her team to the Luxembourg championship with only one loss. That year, she was selected the league’s Most Valuable Player.

Palmer also spent four years as a member of the four-time Women’s Eastern Basketball Alliance (WEBA) champion Harrisburg (PA) Horizon. In 2005, the Lady Horizon recorded the first perfect season in WEBA history, finishing the year 9-0. Four times Palmer earned All-WEBA First Team honors, and in 2006 and 2007, Palmer took home WEBA Most Valuable Player honors after leading the league in scoring and rebounding in 2006 and scoring in 2007.

Palmer earned her Bachelor of Science degree in Physical Education/Health from Northern Michigan University in 2001 and her Master of Science degree in Organizational Development and Leadership from Shippensburg University in 2007.



2007-08 Lady Cat Basketball



Assistant Coach



Katie Rogers, a native of Watertown, WI, is set to begin her first season as an assistant coach under Sasha Palmer.

Rogers plays a vital role in all aspects of the Lady Cat basketball program, including recruiting, scouting, overseeing academic progress, setting up travel plans and all other day-to-day operations.

Rogers will make her collegiate coaching debut in 2007-08 after graduating from NAIA Division II Cardinal Stritch (WI) University in December of 2006. Rogers, who played one season of basketball at Northern Michigan University, transferred and became a three-year standout at Cardinal Stritch where helped lead her team to three Chicagoland Collegiate Athletic Conference (CCAC) titles and three NAIA National Tournament appearances, including a spot in the Elite Eight in 2006. Rogers was also a NAIA All-American following the 2005-06 season and a two-time CCAC All-Conference selection in 2005 and 2006. She holds the school record for points in a game (34 points St. Xavier (IL) University on Feb. 7, 2006) and most points in a single season (470 in 2005-06). In addition, she wrapped up her career ranked fourth on the Cardinal Stritch All-Time Three-Point Field Goals-Made List (163 3 FG's), ninth in both Three-Point Field Goal Percentage (35.1%) and Points Scored (1,210 points) and 10th in Field Goals-Made (454 FG's).

Prior to beginning her college playing career, Rogers attended Watertown High School where she excelled on the basketball, softball and volleyball teams. Rogers scored 1,091 career points as a member of the basketball team on her way to being named the Watertown High School Female Athlete of the Year in 2002.



**Assistant Coach
Katie Rogers**





2007-08 Lady Cat Basketball



2007-08 Season Preview



The 2007-08 season will usher in some key changes for the Pitt Johnstown Lady Cat basketball program. Not only will the Lady Cats play their first West Virginia Intercollegiate Conference (WVIAC) schedule, but they will also do it with a brand new head coach. Former Northern Michigan University All-American and Shippensburg University assistant coach **Sasha Palmer** was tabbed head women's basketball coach over the summer and will lead Pitt Johnstown into the WVIAC.

Coach Palmer, a native of Watertown, WI, knows her Lady Cats must take on a difficult schedule without four of their five starters from a year ago, including the team's top two scorers and Second Team All-WVIAC selections **Jessica Zapf (Pittsburgh, Pa.)** and **Allison Krischer (Johnstown, Pa.)**, who were lost to graduation.

As a result, **Coach Palmer** will rely on her returning upper classmen and incoming players to fill the void. Big things are expected from red-shirt junior center **Krista Britcher (Johnstown, Pa./Westmont Hilltop H.S.)** and junior guard/forward **Lindsay Cale (Hummelstown, Pa./Lower Dauphin H.S.)**. **Britcher** averaged 3.4 points and 3.2 rebounds per game last season, while **Cale**, this year's only returning starter, was Pitt Johnstown's third leading scorer (10.6 ppg.). She also averaged 3.6 rebounds and 2.0 assists per game.

"We need **Britcher** to dominate in the post this season," **Coach Palmer** said. "She must increase both her scoring and rebounding numbers if we're going to have success. With **Cale** being our only returning starter, I'm expecting her to take on a large leadership role. She also has to increase her numbers. Her competitive instinct and her leadership abilities will be counted on heavily."

Along with **Britcher** and **Cale**, senior guard/forward **Jill Maurer (Johnstown, Pa./Greater Johnstown H.S.)** will be counted on to provide leadership and competitiveness. "I need Jill to step up her game and produce at both the three and four positions," **Coach Palmer** said about **Maurer**, who averaged 1.5 points and 1.4 rebounds in 2006-07.

Coach Palmer also thinks junior guard/forward **Kristin Irwin (Bellefonte, Pa./Bellefonte Area H.S.)** (1.3 ppg. and 1.5 rpg. in 2006-07) could be an exciting player to watch as she gains more confidence on the court. "**Irwin** is going to surprise a lot of people. We need 2007-08 to be Kristin's breakout year," said **Coach Palmer**.

Rounding out this year's returning players are senior forward **Chasity Ingram (Johnstown, Pa./Greater Johnstown H.S.)** and sophomore guard **Chrissy Forster (Lewisberry, Pa./Trinity H.S.)**. In limited action last season, **Ingram**, who transferred to Pitt Johnstown from Pitt-Titusville prior to the 2006-07 season, tallied nearly one point and 1.3 rebounds per game, while **Forster** played in 15 games and averaged about one point per game from the

point guard spot. "**Ingram** and **Forster** have both come a long way since the first few days of practice," **Coach Palmer** said. "I'm excited to see what Chasity can do on the court. **Forster** sees the floor very well and is eager to continue learning the point guard position."

Qiwana Brown (Monroeville, Pa./Gateway H.S.), who red-shirted with an injury her freshman season, will make her debut. **Brown** will provide depth and additional scoring and rebounding at either of the forward positions.

More talent was added to the guard spot when **Kaitlin Urban (Johnstown, Pa./Westmont Hilltop H.S.)** transferred to Pitt Johnstown from Bloomsburg. **Urban**, a great shooter with good instincts, is expected to give the Lady Cats valuable minutes and solid numbers.

Coach Palmer also has a pair of talented freshman on this year's roster in **Sheena Aden (Sandy Lake, Pa./Lakeview H.S.)** and **Andrea Dalton (Washington, Pa./Trinity Area H.S.)**. **Aden**, a three-time First Team All-State player, holds the Mercer County and District 10 All-Time Scoring Record with 2,421 career points. **Aden** also had 812 rebounds, dished out 491 assists and made 475 steals, while **Dalton** was a three-time All-Section 8 AAAA WPIAL. **Dalton** averaged 10.0 points, 7.1 rebounds and 5.0 assists per game throughout her high school career.

"**Aden** has great ball-handling skills and can get to the basket at will. We expect her to learn the system and make an impact at the point guard position," said **Coach Palmer**. "**Dalton** has good size for the wing. She's also a strong player inside. We're looking for her to help inside and from the perimeter."

Another freshman, **Kayla Brandle (Johnstown, Pa.)**, earned a roster spot as a walk-on after playing for the Lady Cat volleyball team in the fall. At 5'10", **Brandle** should provide additional depth to Pitt Johnstown's inside game.

Coach Palmer and her Lady Cats open the 2007-08 season at the Clarion Classic on November 17-18. The Lady Cats will open the WVIAC schedule at Seton Hill on November 28, before hosting their home opener against WVIAC rival Ohio Valley (WV) on December 4.

If the Lady Cats are going to make a run at the program's 17th NCAA Tournament bid, a new head coach and a group of largely untested, but talented, players must navigate a difficult schedule that includes a full WVIAC schedule for the first time.





2007-08 Lady Cat Basketball



Roster / Athletic Staff

2007-2008 Lady Cat Numerical Roster

#	NAME	CLASS	POS.	HT.	HOMETOWN / HIGH SCHOOL
11	Kaitlin Urban	SO	G	5'6"	Johnstown, Pa. / Westmont Hilltop
14	Jill Maurer	SR	G/F	5'11"	Johnstown, Pa. / Greater Johnstown
15	Lindsay Cale	JR	G/F	5'10"	Hummelstown, Pa. / Lower Dauphin
23	Qiuana Brown	R-FR	F	5'10"	Monroeville, Pa. / Gateway
24	Chrissy Forster	SO	G	5'8"	Lewisberry, Pa. / Trinity
32	Chasity Ingram	JR	F	5'10"	Johnstown, Pa. / Greater Johnstown
33	Sheena Aden	FR	G	5'7"	Sandy Lake, Pa. / Lakeview
40	Kristin Irwin	JR	G/F	5'11"	Bellefonte, Pa. / Bellefonte Area
42	Kayla Brandle	FR	F	5'10"	Johnstown, Pa. / Conemaugh Valley
44	Andrea Dalton	FR	F	5'10"	Washington, Pa. / Trinity Area
54	Krista Britcher	R-JR	C	6'0"	Johnstown, Pa. / Westmont Hilltop

*The Lady Cat Basketball Program would also like to thank:
Dr. Ernest J. Mantini ('79) (Dentist)*

2007-2008 PITT JOHNSTOWN LADY CAT BASKETBALL STAFF	
Head Coach.....	Sasha Palmer
Coaching Record at UPJ / Years.....	0-0 / .000 / 1st year
Coaching Record/Years.....	0-0 / .000 / 1st year
Assistant Coach.....	Katie Rogers (1st Year)
2006-07 Record.....	21-8
Women's Basketball Office Phone.....	(814) 269-7173
Athletic Website.....	www.upj.pitt.edu/athletics



Pitt Johnstown Coaching Staff

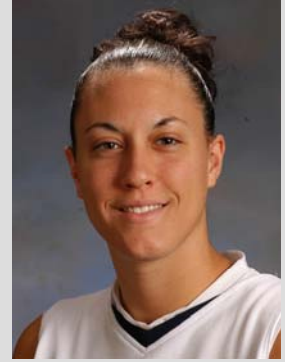
Baseball.....	Todd Williams.....	(814) 269-7170
Basketball (Men).....	Bob Rukavina.....	(814) 269-2005
Assistant.....	Billy Clapper.....	(814) 269-2041
Basketball (Women).....	Sasha Palmer.....	(814) 269-7173
Assistant.....	Katie Rogers.....	(814) 269-2032
Cheerleaders.....	Kristi Clifford.....	(814) 495-7250
Cross Country (Women).....	Tess Jones.....	(814) 269-2000
Golf (Men and Women).....	Eric Kinsey.....	(814) 269-2034
Soccer (Men).....	Eric Kinsey.....	(814) 269-2034
Soccer (Women).....	Crystal Dye.....	(814) 269-2095
Track (Women).....	Crystal Dye.....	(814) 269-2095
Volleyball.....	Linda Renzi.....	(814) 269-2000
Wrestling.....	Pat Pecora.....	(814) 269-2004

Jill Maurer #14



Senior
5'11" Guard/Forward

HOMETOWN: Johnstown, Pa.
HIGH SCHOOL: Greater Johnstown
MAJOR: Social Sciences



As a Lady Cat

Jill played in all 29 of the Lady Cats' games as a junior in 2006-07. She averaged 1.5 points and 1.4 rebounds per game in just over six minutes per game. Jill shot 26.8% (15-56) from the field, 20.8% (5-24) from three-point range and 90.0% (9-10) from the free-throw line. In addition, she had 13 assists, seven steals and one blocked shot.

As a sophomore, Jill saw action in 20 of the 27 Lady Cat games during the 2005-06 season. She averaged one point and one rebound in just under five minutes per game. Jill shot 9-18 (50.0%) from the field and 2-4 (50.0%) from the free-throw line. She also had three assists and four steals.

On February 27, 2007, Jill recorded career-highs of 10 points, six rebounds and five assists in an 88-42 home win over Columbia Union (MD) College. She also scored nine points and grabbed five rebounds against Shippensburg University on November 29, 2006.

She is also a member of the Lady Cat track team.

Jill is the daughter of Brenda Maurer.



At Greater Johnstown High School

Jill was a three-year starter and four-year letter winner who averaged 17 points and nine rebounds per game as a senior.

She finished her career with 1,274 points. In her four seasons, Jill shot 52% from the field and 41% from three-point range.

Along with being named to several all star teams, Jill also participated in the 2004 Big John Riley Classic All-Star Game and the Summit All-Star Classic at Chestnut Ridge High School.

She was a member of the 2002 Johnstown High School team that won the AAA District 6 Championship.

Jill was coached by Steve Warner at Greater Johnstown High School.





Krista Britcher #54

**Red-Shirt Junior
6'0" Center**

HOMETOWN: Johnstown, Pa.

HIGH SCHOOL: Westmont Hilltop

MAJOR: Elementary Education



As a Lady Cat

In 2006-07 as a red-shirt sophomore, Krista played in all 29 games and proved to be a spark off of Head Coach Jodi Gualt's bench. She averaged 3.4 points and 3.2 rebounds in nearly 14 minutes per game. Her 3.2 rebounds were fifth on the team, while her 3.4 points ranked sixth on the team. Krista shot 43.0% (40-93) from the field and 69.2% (18-26) from the free-throw line. She also collected 13 steals, nine assists and six blocked shots.

Twice during the 2006-07 season Krista led the Lady Cats in rebounding, including pulling down a career-high eight rebounds and scoring a career-high 15 points in an 83-68 home win over West Virginia Wesleyan College on February 5, 2007. She also grabbed seven rebounds to pace the team at Shepherd (WV) University on February 19, 2007. Along with her career-high of 15 points, Krista scored 10 points on two other occasions.

Krista made her Lady Cat debut in 2005-06 after red-shirting as a true freshman in 2004-05. In 17 games-played, she scored four points and grabbed nine rebounds. Krista also had two assists, made one steal and blocked one shot.

Along with playing basketball, Krista is also a member of the Lady Cat track and field team.

She is the daughter of Bill and Karla Britcher.



At Westmont Hilltop High School

Krista was a three-year basketball letter winner who ended her high school career with 633 points and 442 career rebounds, despite sitting out her senior season with an injury. She scored 315 points and grabbed 231 rebounds as a junior to lead her team to a 2002-03 District VI-AA Runner-up finish.

Krista led the team in scoring and rebounding in 2002 and 2003 and earned Most Valuable Player honors at the Bellwood-Antis and Hilltopper Classic Tournaments.

She was also named Laurel Highlands Athletic Conference (LHAC) Honorable Mention All-Conference as a sophomore and earned the Sewak Award for Outstanding Girl's Basketball Player in 2003. In 2004, Krista was named Westmont Hilltop's Female Athlete of the Year. Krista was a member of the Johnstown Lady Hoopsters AAU team from 1998 through 2003 and a member of the Keystone State Games gold medalist team in 2001.

In addition to basketball, Krista was also a three-year letter winner in volleyball and track. She placed second in LHAC and fifth at District VI shot put championships in 2003.

Krista was a member of the Honor Roll, Academic Letter, Art Club and Hockey Club.

She was coached by Ernie Fetzer and Jodi Hillegass at Westmont Hilltop High School.

Lindsay Cale #15

Junior

5'10" Guard/Forward

HOMETOWN: Hummelstown, Pa.

HIGH SCHOOL: Lower Dauphin

MAJOR: Communications



As a Lady Cat

After spending her freshman season learning the Lady Cat system, Lindsay joined Coach Gault's starting line-up as a sophomore in 2006-07 and finished as Pitt Johnstown's third leading scorer at 10.6 points per game. Her 38.5% (20-52) shooting from three-point range led the team, while her 46.6% (117-251) field goal percentage and 79.1 (53-67) free-throw percentage were both second on the team. Lindsay also averaged 3.6 rebounds per game and was second on the team in assists and third in steals.

Four times as a sophomore Lindsay led the Lady Cats in scoring and 13 times she scored in double figures, including four games in which she score 20 or more points.

In two seasons, Lindsay has posted career-highs of 27 points at Glenville State (WV) College on January 15, 2007, seven rebounds on three occasions and five assists against Daemen (NY) College on December 29, 2006. In addition to her career-bests, Lindsay also scored 25 points against West Liberty State (WV) College on January 24, 2007 and pulled down six rebounds against West Virginia State University on January 25, 2007.

Lindsay averaged one point, one rebound and nearly one assist per game in 19 games-played as a true freshman in 2005-06. Her 19 games and 6.9 minutes per game led all freshmen. She shot 33.3% (6-18) from the field and 70.0% (7-10) from the free-throw line. Lindsay

also made eight steals and blocked three shots.

Lindsay is the daughter of Tom and Maggie Cale.

At Lower Dauphin High School

Lindsay was a three-time Mid-Penn All-Star selection who averaged 11 points and seven rebounds per game as a senior. Lindsay also averaged 3.4 assists, 2.6 steals and 1.6 blocks per game during the 2004-05 season. In addition, she shot 84.7% (94-111) from the free-throw line on her way to being named Big 15 Honorable Mention. Lindsay led her team to three undefeated Mid-Penn Keystone Championships and a 76-10 overall record.

She finished her high school career with 773 total points. Following her senior season, Lindsay participated in the Mid-Penn vs. Keystone All-Star Game and the Pennsylvania vs. Maryland All-Star Game. She was also a member of the Capital AAU team.

Lindsay played for Head Coach Bob Heusser at Lower Dauphin High School.





Kristin Irwin #40

Junior
5'11" Guard/Forward

HOMETOWN: Bellefonte, Pa.
HIGH SCHOOL: Bellefonte Area
MAJOR: Business



As a Lady Cat

Kristin played in 28 of Pitt Johnstown's 29 games as a sophomore and averaged 1.3 points and 1.5 rebounds in nine minutes per game. She made 13 steals, dished out 12 assists and blocked one shot. Kristin also shot 45.7% (16-35) from the field and 66.7% (4-6) from the free-throw line.

As a true freshman in 2005-06, Kristin played in 16 games and averaged three minutes per game. Both of Kristin's points came at the free-throw line against Tiffin (OH) University on Nov. 19, 2005. She also had seven rebounds, four assists and two steals.

Through two full seasons, Kristin has recorded career-highs of eight points, six rebounds and three assists all against Columbia Union (MD) College on February 27, 2007.

Kristin is the daughter of Rob and Bethany Irwin.



At Bellefonte Area High School

Kristin was a four-year starter who played in all 98 of her team's games since her freshman season. She finished as Bellefonte Area High School's second all-time leading scorer with 1,113 career points. Kristin also had 602 career rebounds, 397 assists, 186 steals and 108 blocks.

As a senior, Kristin averaged 14.4 points, 7.0 rebounds, 4.3 assists and 1.4 blocks in leading her team to an 18-7 record and a District 6 AAA Runner-up finish.

Following the 2004-05 season, Kristin was named Most Valuable Player of Bellefonte varsity athletics. She was named First Team Mountain League in 2005 and Second Team in 2003 and 2004. Kristin was a three-time All-Tournament Team selection at both the Lady Pirate Williamsburg Tip-Off Tournament and the Penns Valley High School Tournament. She also earned Most Valuable Player honors at the 2003 Lady Rams Penns Valley Christmas Tournament.

In addition to her basketball achievements, Kristin was a four-year starter on the Bellefonte softball team where she was named a Second Team All-State catcher in 2004. She was also a three-year starter on the volleyball team where she earned Honorable Mention All-State honors in 2004.

In the classroom, Kristin was a four-time recipient of the Bellefonte Area High School Academic Excellence Award.

She played for Head Coach Tina Gaughan at Bellefonte Area High School.



Chrissy Forster #24

Sophomore
5'8" Guard

HOMETOWN: Lewisberry, Pa.

HIGH SCHOOL: Trinity

MAJOR: Biology



As a Lady Cat

Chrissy played in 15 games as a true freshman in 2006-07 and averaged nearly one point per game. She also had five rebounds, four assists and eight steals. Chrissy shot 13.3% (2-15) from the field, 10.0% (1-10) from three-point range and 83.3% (5-6) from the free-throw line.

Chrissy's numbers should rise this season with more playing time at the point guard position.

In limited action as a freshman, Chrissy posted highs of three points against Concord (WV) University on January 13, 2007 and three points against Indiana University (PA) in the East Region Semifinals on March 10, 2007. Chrissy grabbed one rebound on five occasions and dished out one assist on four other occasions.

She is the daughter of Peter Forster and Marie Smith.



At Trinity High School

Chrissy was a three-year starter who helped lead Trinity High School to the 2006 Mid Penn Commonwealth championship and a trip to the Pennsylvania AA Eastern Semi-Finals as a senior. She also guided her team to the 2005 District III AA title and a berth in the PIAA Easter Finals. Chrissy, a team captain, averaged eight points per game on her way to being named to the *Harrisburg Patriot News* Big 15 Team.

She also grabbed 95 rebounds, had 65 assists, made 55 steals and connected on 24 three-point field goals. Chrissy, selected to the *Sentinel* All-Hustle Team, shot 44.0% from the field, 67.0% from three-point range and 66.0% from the free-throw line in 2005-06. In addition, she led Trinity to three consecutive championships at the Gettysburg Holiday Tournament from 2004 through 2006.

Along with her athletic accomplishments, Chrissy, the 2006 Senior Class Best Female Athlete, was a Student Council Officer, a Peer Counselor, a Shamrock Ambassador (represented school at public functions) and a member of the Key Club and Pep Club.

Chrissy played for Head Coach Harry DeFrank at Trinity High School.



Chasity Ingram #32

Junior
5'10" Forward



HOMETOWN: Johnstown, Pa. **HIGH SCHOOL:** Greater Johnstown
MAJOR: Business Accounting

At Pitt-Titusville and Greater Johnstown High School

Chasity averaged 12.0 points, 6.5 rebounds and 3.8 assists per game on her way to leading the team to a 46-5 overall record. Ingram, a two-time First Team Western Pennsylvania Collegiate Conference (WPCC) All-Conference and All-State selection, also guided Pitt-Titusville to a pair of WPCC conference and state titles. As a freshman, Chasity averaged 13.9 points, 6.2 rebounds and 4.3 assists per game, before averaging 9.8 points, 6.7 rebounds and 3.3 assists per game as a sophomore. Ingram was also a two-time All-Region and All-State volleyball player.

Chasity was a standout player at Greater Johnstown High School where she was a Third Team Pennsylvania AAA All-State selection as a junior. Ingram had triple-doubles of points, rebounds and assists in all but four games over her sophomore and junior years to lead Greater Johnstown to a 41-10 record and a District 6 AAA championship in 2002 and a District 6 AAA Runner-up finish in 2003. Ingram scored 984 points before her high school career ended due to a knee injury midway through her senior season.

She is the daughter of Princeen Ingram. Chasity played for Head Coach Steve Warner at Greater Johnstown High School.



Kaitlin Urban #11

Sophomore
5'6" Guard



HOMETOWN: Johnstown, Pa. **HIGH SCHOOL:** Westmont Hilltop
MAJOR: Environmental Studies

At Bloomsburg University

Kaitlin transferred to Pitt Johnstown last year after playing in 22 games as a freshman at Bloomsburg University during the 2005-06 season. In those 22 games, she averaged 4.3 points per game. Kaitlin also had 50 assists and 23 steals. She recorded a career-high 12 points at Cheyney University on January 21, 2006.

Westmont Hilltop High School

Kaitlin was a four-year letter winner and three-year starter who scored over 1,000 points in her high school career. She was selected to play in the 2005 Big John Riley Classic All-Star Game and was a two-time recipient of the Sewak Award for the school's outstanding girl's basketball player. Kaitlin helped lead the Hilltoppers to a PIAA State Runner-Up finish in 2005, a District 6 Second Place finish and a Laurel Highlands Athletic Conference Championship.

Along with basketball, Kaitlin was a 4-year letter winner in both cross country and track. She won three District 6 titles in the 800m, and was a three-time PIAA State medalist in the 800m with second, fourth and third place finishes.

Kaitlin is the daughter of Michael and Paula Urban. She played for Head Coach Jodi Hillegas at Westmont Hilltop High School.





Qiwana Brown #23

Red-Shirt Freshman
5'10" Forward



HOMETOWN: Monroeville, Pa. **HIGH SCHOOL:** Gateway
MAJOR: Communications

Qiwana will make her Lady Cat debut in 2007-08 after red-shirting as a true freshman in 2006-07.

At Gateway High School

In 29 games as a senior, Qiwana averaged 9.5 points, 4.0 rebounds and 1.6 assists per game on her way to being named *Pittsburgh Tribune-Review* Second Team WPIAL-AAAA. Brown scored 275 points, pulled down 117 rebounds, blocked 10 shots, dished out 47 assists and made a team-high 59 steals in 2005-06 to lead Gateway to a 21-8 record and a trip to the second round of the PIAA State Playoffs. She also shot 45.8% (109-238) from the field, 39.3% (11-28) from behind the three-point line and 53.3% (48-90) from the free-throw line. Brown was Gateway's Freshman Player of the Year in 2002-03 and a Street & Smith's Honorable Mention All-American entering her junior season.

Qiwana is the daughter of Sarah Brown and George Brown. She was coached by Jennifer Scott at Gateway High School.



Sheena Aden #33

Freshman
5'8" Guard



HOMETOWN: Sandy Lake, Pa. **HIGH SCHOOL:** Lakeview
MAJOR: Undecided

At Lakeview High School

Sheena, a three-time First Team All-State selection and a three-time Region 3 and District 10 Most Valuable Player, ended her career as Lakeview High School, Mercer County and District 10's All-Time leading scorer with 2,421 points. She also grabbed 812 career rebounds, dished out 491 assists and made 475 steals.

As a senior, Sheena led Region 3, which is the French Valley Conference, in scoring for the fourth straight season at 22.7 points per game. She also averaged seven rebounds, six steals and six assists per game. Sheena shot 52.0% from the field and 91.9% from the free-throw line.

Sheena led Lakeview to a pair of PIAA State Playoff Quarterfinal appearances, as well as 2005 District 10 and Region Three championships

In 2003-04, Sheena was named First Team All-Region 3 and the District 10 Freshman of the Year.

Sheena is the daughter of Steve and Lisa Aden. She was coached by her father, Steve, at Lakeview High School.





Andrea Dalton #44

Freshman
5'9" Forward



HOMETOWN: Washington, Pa. **HIGH SCHOOL:** Trinity
MAJOR: Education / English Literature

At Trinity High School

Andrea, a three-time All-Section 8 AAAA WPIAL choice, wrapped up her career at Trinity High School with 617 career points, 403 rebounds and 278 assists. Andrea averaged 10.0 points, 7.1 rebounds and 5.0 assists per game in her four seasons on the varsity team.

In 2006-07, Andrea averaged 10.4 points, 6.4 rebounds, and 4.8 assists per game on her way to leading Trinity to three appearances in the PIAA Playoffs.

Along with her WPIAL honors, Andrea was a three-time All-Washington County performer and a two-time All-*Observer-Reporter* selection. In 2005, Andrea was named the Most Valuable Player at the Ohio Summer AAU Nike Shootout and the Erie Family First Open Division Tournament. In 2006, she was the Most Valuable Player at the Laurel Highlands Underclass Shootout and the MVP at the All-Nike Ohio Tournament. Andrea also earned All-Tournament Team honors at the Trinity Area High School Tip-Off Tournament in both 2004 and 2005.

Andrea was also a two-year letter winner in track & field. She was a WPIAL and PIAA State Qualifier.

Andrea is the daughter of Edward and Cheryl Dalton. She was coached by Jim Webb at Trinity Area High School.



Kayla Brandle #42

Freshman
5'10" forward



HOMETOWN: Johnstown, Pa. **HIGH SCHOOL:** Conemaugh Valley
MAJOR: Undecided

At Conemaugh Valley High School

Kayla was a four-year letter winner who scored 1,488 career points at Conemaugh Valley High School. She averaged 15.5 points and 7.3 rebounds per game and shot 54.5% from the field as a senior. Kayla was a three-time West PAC First Team All-Conference selection and the recipient of her high school's Student-Athlete Award in 2007. She also helped lead her team to a PIAA Class A State Runner-up finish in 2006, two West PAC championships and a pair of District 6 titles.

Along with basketball, Kayla was a four-year letter winner in softball and a three-year letter winner in volleyball.

In addition to playing basketball at Pitt Johnstown, Kayla is also a member of the Lady Cat volleyball team.

Kayla is the daughter of Phillip and Linda Brandle. She was coached by Teri Cruse at Conemaugh Valley High School.





2007-08 Lady Cat Basketball



Individual Career Statistics



#14 JILL MAURER
Senior
5'11"
Guard/Forward

JILL MAURER'S STATISTICS AS A LADY CAT													
YEAR	GP	FG-FGA	PCT.	3G-3GA	PCT.	FT-FTA	PCT.	REB.	AVG.	A	S	PTS.	AVG.
04-05	12	4-6	66.7	0-0	00.0	0-0	00.0	1	.08	2	3	8	.70
05-06	20	9-18	50.0	0-0	00.0	2-4	50.0	15	.80	3	4	20	1.0
06-07	29	15-56	26.8	5-24	20.8	9-10	90.0	41	1.4	13	7	44	1.5
TOTALS:	61	28-80	35.0	5-24	20.8	11-14	78.6	57	.93	18	7	72	1.2

#54 KRISTA BRITCHER
Red-Shirt Junior
6'0"
Center



KRISTA BRITCHER'S STATISTICS AS A LADY CAT													
YEAR	GP	FG-FGA	PCT.	3G-3GA	PCT.	FT-FTA	PCT.	REB.	AVG.	A	S	PTS.	AVG.
05-06	17	2-8	25.0	0-0	00.0	0-2	00.0	9	.50	2	1	4	.20
06-07	29	40-93	43.0	0-1	00.0	18-26	69.2	92	3.2	9	13	98	3.4
TOTALS:	46	42-101	41.6	0-1	00.0	18-28	64.3	101	2.2	11	14	102	2.2



#15 LINDSAY CALE
Junior
5'10"
Guard/Forward

LINDSAY CALE'S STATISTICS AS A LADY CAT													
YEAR	GP	FG-FGA	PCT.	3G-3GA	PCT.	FT-FTA	PCT.	REB.	AVG.	A	S	PTS.	AVG.
05-06	19	6-18	33.3	0-0	00.0	7-10	70.0	17	.90	10	8	19	1.0
06-07	29	117-251	46.6	20-52	38.5	53-67	79.1	103	3.6	56	49	307	10.6
TOTALS:	48	123-269	45.7	20-52	38.5	60-77	77.9	120	2.5	66	57	326	6.8



2007-08 Lady Cat Basketball



Individual Career Statistics



#40 KRISTIN IRWIN
Junior
5'11"
Guard/Forward

KRISTIN IRWIN'S STATISTICS AS A LADY CAT													
YEAR	GP	FG-FGA	PCT.	3G-3GA	PCT.	FT-FTA	PCT.	REB.	AVG.	A	S	PTS.	AVG.
05-06	16	0-3	00.0	0-3	00.0	2-4	50.0	7	.40	4	2	2	.10
06-07	28	16-35	45.7	0-3	00.0	4-6	66.7	41	1.5	12	13	36	1.3
TOTALS:	44	16-38	42.1	0-6	00.0	6-10	60.0	48	1.1	16	15	38	.86

#24 CHRISSY FORSTER
Sophomore
5'8"
Guard



CHRISSY FORSTER'S STATISTICS AS A LADY CAT													
YEAR	GP	FG-FGA	PCT.	3G-3GA	PCT.	FT-FTA	PCT.	REB.	AVG.	A	S	PTS.	AVG.
06-07	15	2-15	13.3	1-10	10.0	5-6	83.3	5	.30	4	8	10	.70
TOTALS:	15	2-15	13.3	1-10	10.0	5-6	83.3	5	.30	4	8	10	.70





2007-08 Lady Cat Basketball



Pitt Johnstown Joins WVIAC

On March 8, 2006, the West Virginia Intercollegiate Athletic Conference (WVIAC) announced it was expanding and voted to induct the University of Pittsburgh at Johnstown and Seton Hill University into the conference. On July 1, 2006, Pitt Johnstown and Seton Hill assumed membership into the WVIAC. Each school will begin playing league schedules during the 2007-08 academic year.

The Pennsylvania-based schools are the first WVIAC members from outside of West Virginia since Morehead State departed the league in 1933. With the addition of Pitt Johnstown and Seton Hill, the WVIAC will be the largest conference in NCAA Division II with 16 members in 2006-07.

Pitt Johnstown will become eligible for conference championships in the 2007-08 season, while Seton Hill will be eligible for WVIAC championships concurrent with the institution's NCAA championship eligibility.

Pitt Johnstown was an NCAA Division II independent. Seton Hill was a member of the NAIA American Midwest Conference.

The WVIAC, entering its 84th season of existence, has been a member conference of NCAA Division II since 1995. The league celebrated the 25th anniversary of women's athletics within the WVIAC in 2006-07.



WVIAC Commissioner Barry Blizzard (right) presents former Pitt Johnstown President Dr. Albert Etheridge with the conference banner on March 31, 2006.

Founded in 1924, the West Virginia Intercollegiate Athletic Conference (WVIAC) rates as one of the oldest leagues at the small-college level. The 16-member conference became the largest league in Division II during the 2006-07 academic year.

The current membership includes Alderson-Broaddus College, Bluefield State College, University of Charleston, Concord University, Davis & Elkins College, Fairmont State University, Glenville State College, Ohio Valley University, Salem International University, Shepherd University, West Liberty State College, West Virginia State University, West Virginia Wesleyan College and Wheeling Jesuit University. Pitt Johnstown and Seton Hill University will join the WVIAC for the 2006-07 season. Pittsburgh-Johnstown and Seton Hill are the WVIAC's first out-of-state members since 1932.

The WVIAC moved into the NCAA Division II ranks in 1994 after a long affiliation with the NAIA. The conference was the only one in Division II to place a team in the national quarterfinals in men's basketball, football and baseball during the 1998-99 academic year. In addition, in 2002, the WVIAC, along with two other conferences, became the first league to earn four bids to the NCAA Division II Men's Basketball Championship tournament.

Commissioner Barry Blizzard, who has held the post since 1987, led the move into the NCAA. Blizzard, a native of Bramwell, West Virginia, previously served as the athletics director at Bluefield State. The long-time conference chief has served in a variety of national leadership positions, including a two-year term as president of the Division II Conference Commissioners' Association.

Alumni of conference members include West Virginia State's Earl Lloyd (the first African-American to play in the National Basketball Association), Salem International's Cecil Underwood (two-term West Virginia governor) and Wheeling Jesuit's John Beilein (current West Virginia University men's basketball coach).

The conference's basketball tournament is one of the longest running events in collegiate hoops; the 69th annual event was held earlier this year at the Charleston Civic Center. Attendance at the WVIAC tournament ranks among the highest in Division II. The conference also boasts a 12-station radio network for the tournament.

Women's sports were incorporated into the WVIAC during the 1981-82 academic year as the West Virginia Intercollegiate Athletic Association was absorbed. Currently, women's championships are offered in softball, golf, tennis, track, basketball, volleyball, cross country and soccer.

Men's championships are conducted in football, cross country, soccer, basketball, baseball, golf, tennis and track.

The WVIAC is headquartered in Princeton, West Virginia.

WVIAC Chronology:

- 1924**—West Virginia Department of Education helps organize the WVIAC in a meeting at the Waldo Hotel in Clarksburg. Charter members include Alderson, Bethany, Broaddus, Concord, Davis & Elkins, Fairmont State, Glenville State, Marshall, Morris Harvey (Charleston), New River State (WVU Tech), Potomac State, Salem, Shepherd, West Liberty State, West Virginia University, and WV Wesleyan
- 1927**—West Virginia University exits the league.
- 1929**—Morehead State (KY) joins the WVIAC.
- 1932**—Alderson and Broaddus Colleges combine to form Alderson-Broaddus.
- 1933**—Morehead State (KY) leaves the conference.
- 1946**—Beckley College joins the league.
- 1949**—Marshall exits the WVIAC.
- 1955**—Bluefield State and West Virginia State join the WVIAC after being members of the Central Intercollegiate Athletic Association.
- 1957**—Wheeling College becomes member of the WVIAC.
- 1962**—Bethany leaves the conference.
- 1963**—Potomac State leaves the WVIAC.
- 1977**—Beckley College leaves the conference.
- 1986**—West Virginia Wesleyan leaves the WVIAC for two years.
- 1988**—West Virginia Wesleyan rejoins the conference.
- 1999**—Ohio Valley becomes a WVIAC member.
- 2006**—WVU Tech leaves the conference.
- 2006**—Pitt Johnstown and Seton Hill become the first WVIAC members from Pennsylvania. League membership is at 16, making the WVIAC the largest conference in the NCAA Division II ranks.

PITT JOHNSTOWN

Location: Johnstown, Pa.

Enrollment: 3,200

Nickname: Lady Cats

Colors: Navy Blue & Vegas Gold

Website: www.upj.pitt.edu/Athletics

Varsity Sports: Women's Volleyball, Men's Women's Soccer, Women's Cross Country, Baseball, Men's & Women's Basketball, Wrestling, Women's Track & Field, Men's & Women's Golf





2007-08 Lady Cat Basketball



WVAC Members



ALDERSON-BROADDUS COLLEGE

Location: Philippi, W.Va.
Enrollment: 800
Nickname: Battlers
Colors: Blue, Gold, & Gray
Website: www.ab.edu
Varsity Sports: Volleyball, Men's Soccer, Men's & Women's Cross Country, Baseball, Softball, Men's & Women's Basketball, Men's & Women's Track.



BLUEFIELD STATE COLLEGE

Location: Bluefield, W.Va.
Enrollment: 2,800
Nickname: Big Blues
Colors: Blue and Gold
Website: www.bluefieldstate.edu
Varsity Sports: Volleyball, Men's Women's Cross Country, Men's & Women's Tennis, Men's Golf, Baseball, Softball, Men's & Women's Basketball



UNIVERSITY OF CHARLESTON

Location: Charleston, W.Va.
Enrollment: 1,000
Nickname: Golden Eagles
Colors: Maroon and Gold
Website: www.ucwv.edu
Varsity Sports: Football, Volleyball, Men's & Women's Soccer, Men's & Women's Cross Country, Men's & Women's Tennis, Men's Golf, Baseball, Softball, Men's & Women's Basketball, Men's & Women's Track & Field, Women's Crew



CONCORD UNIVERSITY

Location: Athens, W.Va.
Enrollment: 3,000
Nickname: Mountain Lions
Colors: Maroon, Gray, & White
Website: www.concord.edu
Varsity Sports: Football, Volleyball, Women's Soccer, Men's & Women's Cross Country, Men's & Women's Tennis, Men's Golf, Baseball, Softball, Men's & Women's Basketball, Men's & Women's Track & Field



DAVIS & ELKINS COLLEGE

Location: Elkins, W.Va.
Enrollment: 654
Nickname: Senators
Colors: Red, Navy Blue, and White
Website: www.davisandelkins.edu
Varsity Sports: Volleyball, Men's & women's Soccer, Men's & Women's Cross Country, Men's Golf, Baseball, Softball, Men's & Women's Basketball



FAIRMONT STATE UNIVERSITY

Location: Fairmont, W.Va.
Enrollment: 7,740
Nickname: Falcons
Colors: Maroon, Fairmont Tan, & White
Website: www.fairmontstate.edu
Varsity Sports: Football, Volleyball, Men's & Women's Cross Country, Men's & Women's Tennis, Men's & Women's Golf, Baseball, Softball, Men's & Women's Basketball, Men's & Women's Swimming



GLENVILLE STATE COLLEGE

Location: Glenville, W.Va.
Enrollment: 1,500
Nickname: Pioneers
Colors: Blue and White
Website: www.glenville.edu
Varsity Sports: Football, Volleyball, Men's & Women's Cross Country, Men's & Women's Golf, Softball, Men's & Women's Basketball, Men's & Women's Track & Field



OHIO VALLEY UNIVERSITY

Location: Vienna, W.Va.
Enrollment: 541
Nickname: Fighting Scots
Colors: Blue, White, and Crimson
Website: www.ovu.edu
Varsity Sports: Volleyball, Men's & Women's Soccer, Men's & Women's Cross Country, Men's & Women's Golf, Baseball, Softball, Men's & Women's Basketball



SALEM INTERNATIONAL UNIV.

Location: Salem, W.Va.
Enrollment: 950
Nickname: Tigers
Colors: Kelly Green and White
Website: www.salemiu.edu
Varsity Sports: Volleyball, Men's & Women's Soccer, Men's Tennis, Men's & Women's Golf, Baseball, Softball, Men's & Women's Basketball



SETON HILL UNIVERSITY

Location: Greensburg, PA
Enrollment: 1,700
Nickname: Griffins
Colors: Crimson and Gold
Website: www.setonhill.edu
Varsity Sports: Football, Volleyball, Men's & Women's Soccer, Men's & Women's Cross Country, Men's & Women's Tennis, Men's & Women's Golf, Baseball, Softball, Men's & Women's Basketball, Men's & Women's Track & Field, Field Hockey, Men's & Women's Lacrosse, Wrestling, Equestrian



SHEPHERD UNIVERSITY

Location: Shepherdstown, W.Va.
Enrollment: 3,900
Nickname: Rams
Colors: Blue and Gold
Website: www.shepherd.edu
Varsity Sports: Football, Volleyball, Men's & Women's Soccer, Men's & Women's Tennis, Men's Golf, Baseball, Softball, Men's & Women's Basketball



WEST LIBERTY STATE COLLEGE

Location: West Liberty, W.Va.
Enrollment: 2,200
Nickname: Hilltoppers
Colors: Black and Gold
Website: www.wlsc.edu
Varsity Sports: Football, Volleyball, Men's & Women's Cross Country, Men's & Women's Tennis, Men's & Women's Golf, Baseball, Softball, Men's & Women's Basketball, Wrestling



WEST VIRGINIA STATE UNIVERSITY

Location: Institute, W.Va.
Enrollment: 4,900
Nickname: Yellow Jackets
Colors: Old Gold and Black
Website: www.wvstateu.edu
Varsity Sports: Football, Volleyball, Men's & Women's Tennis, Men's & Women's Golf, Baseball, Softball, Men's & Women's Basketball, Men's & Women's Track & Field



WEST VIRGINIA WESLEYAN COLL.

Location: Buckhannon, W.Va.
Enrollment: 1,400
Nickname: Bobcats
Colors: Orange and Black
Website: www.wvwc.edu
Varsity Sports: Football, Volleyball, Men's & Women's Soccer, Men's & Women's Cross Country, Men's & Women's Tennis, Men's Golf, Baseball, Softball, Men's & Women's Basketball, Men's & Women's Track & Field, Men's & Women's Swimming



WHEELING JESUIT UNIVERSITY

Location: Wheeling, W.Va.
Enrollment: 1,200
Nickname: Cardinals
Colors: Red and Gold
Website: www.wju.edu
Varsity Sports: Volleyball, Men's & Women's Soccer, Men's & Women's Cross Country, Men's & Women's Golf, Baseball, Softball, Men's & Women's Basketball, Men's & Women's Track & Field, Men's & Women's Wrestling, Lacrosse





2007-08 Lady Cat Basketball



2006-07 Season Review



As the 2006-07 season approached, **Head Coach Jodi Gault** (25th year) was unsure what to expect from her young Lady Cat basketball team. She could rely on a pair of seniors in *Women's Division II Bulletin* Preseason Honorable Mention All-American forward **Jessica Zapf (Pittsburgh, Pa.)** and athletic guard **Allison Krischer (Johnstown, Pa.)**. However, **Coach Gault** needed production out of the rest of her talented, but very inexperienced squad.

With each game, the Lady Cats steadily progressed and posted an impressive 20-7 regular season record on their way to earning the program's 16th NCAA Tournament berth in what would turn out to be **Coach Gault's** final season at Pitt Johnstown.

Early in the season, Pitt Johnstown didn't look like an NCAA Tournament team, after suffering a lopsided loss to #7-ranked Glenville State (WV) College in the opening round of the Kutztown University Golden Bear Classic. The Lady Cats bounced back with a win over the host school in the consolation game as **Krischer** was named to the All-Classic Team. Pitt Johnstown then scored home wins over Millersville University and Shippensburg University, but road losses at Ohio Valley (WV) University and Clarion University dropped the Lady Cats' record to 3-3.

That's when the Lady Cats turned things around and went on a seven-game winning streak that lasted over a month. The streak began with a pair of home wins over Slippery Rock and Point Park Universities, prior to the holiday break, and continued with another championship at the Pitt Johnstown/Cumming Trophies & Engraving Mountain Cat Tournament on December 29-30. The Lady Cats opened with a 71-60 victory over Daemen (NY) College behind **Krischer's** 23 points. In the title game, **Krischer**, the tournament's Most Valuable Player and the West Virginia Intercollegiate Athletic Conference (WVIAC) Co-Player of the Week, added 20 points, and **Zapf** chipped in 18 points and 11 rebounds on her way to being named to the All-Tournament Team in a 62-50 win over Bloomfield (NJ) College. The Lady Cats remained hot to start the second semester with road wins at eventual East Regional Runner-Up Indiana University (PA) and Columbia Union (MD) College and a home overtime win on Alumni Day over Concord (WV) University. **Zapf**, selected as the WVIAC Co-Player of the Week on January 10, poured in 18 points to become the 29th Lady Cat to reach the 1,000 point mark in the win over the Mountain Lions.



A tough, 89-78, loss at #6 Glenville State snapped the streak, but **Coach Gault's** Lady Cats responded with five more wins, highlighted by **Krischer** becoming the 30th player to reach the 1,000-point mark in an 85-84 win over West Liberty State (WV) College.

At 15-4, Pitt Johnstown looked well on its way to making another appearance in NCAA Tournament bid. However, those plans were put on hold with losses to California University (PA), Ashland (OH) University and Shepherd (WV) University, sandwiched around a win over Edinboro University.

With their backs against the wall, the Lady Cats needed to win their final four games if they had any thoughts of making the tournament. And that's what they did. **Coach Gault's** team scored road wins at Lock Haven University and East Region top-eight ranked St. Andrew's (NC) Presbyterian college and home wins over Columbia Union and the University of the District of Columbia to secure the #7-seed in the 2007 East Region

Tournament at Glenville State.

The Lady Cats knew they had their hands full when they drew #2-seeded Pfeiffer (NC) University, one of the nation's top-scoring teams, in the first round. That didn't phase Pitt Johnstown, as it came out and jumped on the Trojans early and scored a 71-58 upset win behind **Zapf's** 25 points and 10 rebounds to advance to the East Region Semifinals against IUP. Unfortunately, the Crimson Hawks proved to be too much for the Lady Cats. IUP built a big first half lead and cruised to a 75-59 victory to end Pitt Johnstown's season at 21-8.

The loss to IUP also proved to be the final game on the Pitt Johnstown sideline for **Coach Gault**, who resigned after 25 seasons and a 540-156 (.776) career record.

With the success on the court, the Lady Cats garnered several team and individual honors. **Zapf**, the Lady Cats' leading scorer (17.9 ppg.) and rebounder (8.6 rpg.), was named Honorable Mention *Women's Division II Bulletin* All-American, Second Team All-WVIAC and Second Team *Daktronics* All-East Region. In the classroom, **Zapf** became the third Lady Cat to be selected to one of the *ESPN The Magazine* Academic All-America Teams when she was tabbed a Second Team Academic All-American. **Krischer**, who led the team in assists (125) and was second in scoring (16.5 ppg.), was a Second Team All-WVIAC choice and a Second Team *Daktronics* All-East Region selection.

Zapf and **Krischer** also etched their names in the Lady Cat record books. **Zapf** wrapped up her career ranked fourth on the Lady Cat All-Time Rebounding List (858 rebounds) and 13th on the All-Time Scoring List (1,325 points), while **Krischer** finished 20th on the scoring list with 1,167 career points.

The Lady Cats also ranked among the national leaders in several statistical categories. **Zapf** was eighth in NCAA Division II In Field Goal Percentage (57.3%), 37th in Points Per Game (17.9 ppg.) and 64th in Rebounds Per Game (8.6 rpg.). **Krischer** ended her senior season 34th in Steals Per Game (2.8 spg.), 50th in Assists Per Game (4.5 apg.) and 71st in Points Per Game (16.5 ppg.).

As a team, **Coach Gault's** Lady Cats were 39th in Won-Lost Percentage (72.4%), 42nd in Steals Per Game (11.0 spg.), 50th in Field Goal Percentage (43.1%), 50th in Free-Throw Percentage (72.9%), 81st in Scoring Margin (5.6 ppg.), 84th in Blocked Shots Per Game (3.0 bpg.), 87th in Turnovers Per Game (17.7 tpg.) and 88th in Scoring Offense (68.1 ppg.).

2006-07 ended with another 20-win season and the program's 16th NCAA Tournament berth, but it also proved to be **Coach Gault's** last season at Pitt Johnstown. In her 25 years, **Coach Gault**, who ranks in the Top-10 all-time among women's Division II coaches in victories and winning percentage, posted a 540-156 (.778) record. **Coach Gault** led the Lady Cats to 15 of their 16 NCAA Tournaments, five regional titles and the Final Four in 1987. She also coached 20 of Pitt Johnstown's 23 All-Americans and nine *Kodak* All-Americans.



2007-08 Lady Cat Basketball



2006-07 Schedule and Results

2006-2007 GAME-BY GAME RESULTS

Final Record: 21-8

DATE	OPPONENT	SCORE	REC.	HIGH SCORER	HIGH REBOUNDER
NOVEMBER					
17-18	<i>at Kutztown University Golden Bear Classic</i>				
	vs. Glenville State (WV) College	L 42-79	0-1	Allison Krischer (14)	Jessica Zapf (11)
	vs. Kutztown University	W 65-56	1-1	Allison Krischer (22)	Jessica Zapf (12)
26	MILLERSVILLE UNIVERSITY	W 64-47	2-1	ALLISON KRISCHER (22)	SARAH PRIEST (11)
29	SHIPPENSBURG UNIVERSITY	W 85-75	3-1	ALLISON KRISCHER (33)	SARAH PRIEST (8)
DECEMBER					
2	at Ohio Valley (WV) University	L 50-57	3-2	Lindsay Cale (21)	J. Zapf /S. Priest (8)
6	at Clarion University	L 47-64	3-3	Allison Krischer (25)	Jessica Zapf (7)
8	SLIPPERY ROCK UNIV.	W 56-50	4-3	ALLISON KRISCHER (17)	J. ZAPF/L. CALE (7)
10	POINT PARK UNIVERSITY	W 79-63	5-3	JESSICA ZAPF (27)	JESSICA ZAPF (17)
29-30	PITT JOHNSTOWN MOUNTAIN CAT TOURNAMENT				
	vs. DAEMEN (NY) COLLEGE	W 71-60	6-3	ALLISON KRISCHER (23)	JESSICA ZAPF (10)
	vs. BLOOMFIELD (NJ) COLL.	W 62-50	7-3	ALLISON KRISCHER (20)	J. ZAPF/S. PRIEST (11)
JANUARY					
3	at Indiana University (PA)	W 69-63	8-3	Jessica Zapf (22)	Jessica Zapf (11)
11	at Columbia Union (MD) College	W 71-37	9-3	Allison Krischer (26)	Sarah Priest (9)
13	CONCORD (WV) UNIV.	W 74-71 OT	10-3	ALLISON KRISCHER (23)	JESSICA ZAPF (12)
15	at Glenville State (WV) College	L 89-78	10-4	Lindsay Cale (27)	Sarah Priest (9)
18	WEST CHESTER UNIV.	W 81-70	11-4	JESSICA ZAPF (23)	JESSICA ZAPF (10)
24	WEST LIBERTY STATE (WV)	W 85-84	12-4	L. CALE/J. ZAPF (25)	JESSICA ZAPF (12)
25	WEST VIRGINIA STATE	W 61-41	13-4	JESSICA ZAPF (26)	SARAH PRIEST (12)
29	at Univ. of District of Columbia	W 67-57	14-4	Jessica Zapf (21)	Jessica Zapf (6)
FEBRUARY					
5	WEST VIRGINIA WESLEYAN	W 83-68	15-4	ALLISON KRISCHER (28)	KRISTA BRITCHER (8)
7	CALIFORNIA UNIV. (PA)	L 60-74	15-5	ALLISON KRISCHER (20)	JESSICA ZAPF (8)
10	at Ashland (OH) University	L 73-79	15-6	Jessica Zapf (27)	Jessica Zapf (12)
18	EDINBORO UNIVERSITY	W 73-65	16-6	ALLISON KRISCHER (22)	JESSICA ZAPF (10)
19	at Shepherd (WV) University	L 74-83	16-7	Lindsay Cale (16)	S. Priest/K. Britcher (7)
21	at Lock Haven University	W 67-59	17-7	Jami Oaks (24)	Jessica Zapf (9)
24	at St. Andrews Presbyterian (NC)	W 51-50	18-7	Jami Oaks (20)	Sarah Priest (12)
26	COLUMBIA UNION (MD)	W 88-42	19-7	J. ZAPF/L.CALE (17)	J. OAKS/J. ZAPF (7)
28	U. DISTRICT OF COLUMBIA	W 70-47	20-7	JESSICA ZAPF (22)	JESSICA ZAPF (11)
MARCH					
9-10	<i>2007 NCAA East Regional Tournament at Glenville State (WV) College</i>				
9	vs. Pfeiffer (NC) University	W 71-58	21-7	Jessica Zapf (25)	Jessica Zapf (10)
10	vs. Indiana University (PA)	L 59-75	21-8	Jami Oaks (16)	Jami Oaks (11)

Individual Season Highs

<u>Most Points in One Game:</u>	Allison Krischer	33 vs. Shippensburg University	11/29/06
<u>Most Rebounds in One Game:</u>	Jessica Zapf	17 vs. Point Park University	12/10/06
<u>Most Assists in One Game:</u>	Allison Krischer	9 at Ashland (OH) University	02/10/07
<u>Most Steals in One Game:</u>	Allison Krischer	10 at University of District of Columbia	01/29/07
<u>Most Blocks in One Game:</u>	Lindsay Cale	4 at Ohio Valley (WV) University	12/02/06
	Jessica Zapf	4 at Indiana University (PA)	01/03/07
	Sarah Priest	4 vs. West Virginia State University	01/25/07



2007-08 Lady Cat Basketball



2006-07 Final Statistics



#	NAME	GP/GS	FG-FGA	PCT.	3G-3GA	PCT.	FT-FTA	PCT.
11	MCKINNEY, Chelsea	29/26	36-92	39.1	2-11	18.2	48-65	73.8
14	MAURER, Jill	29/0	15-56	26.8	5-24	20.8	9-10	90.0
15	CALE, Lindsay	29/25	117-251	46.6	20-52	38.5	53-67	79.1
20	MCCOMBIE, Lindsey	24/0	29-74	39.2	11-34	32.4	9-15	60.0
23	KRISCHER, Allison	28/28	165-443	37.2	53-166	31.9	79-120	65.8
24	FORSTER, Chrissy	15/0	2-15	13.3	1-10	10.0	5-6	83.3
32	INGRAM, Chasity	3/0	1-3	33.3	0-0	0.00	0-0	0.00
34	OAKS, Jami	23/8	81-201	40.3	28-75	37.3	38-45	84.4
40	IRWIN, Kristin	28/0	16-35	45.7	0-3	0.00	4-6	66.7
42	MOCK, Jessica	7/0	1-2	50.0	0-0	0.00	1-2	50.0
44	ZAPF, Jessica	29/29	180-314	.573	1-1	1.000	158-200	79.0
50	PRIEST, Sarah	29/29	24-61	39.3	0-0	0.00	19-43	44.2
54	BRITCHER, Krista	29/0	40-93	43.0	0-1	0.00	18-26	69.2

#	NAME	REB.	AVG.	ASSTS.	TO	BLKS.	STEALS	POINTS	PPG.
11	MCKINNEY, Chelsea	65	2.2	52	60	1	23	122	4.2
14	MAURER, Jill	41	1.4	13	11	1	7	44	1.5
15	CALE, Lindsay	103	3.6	56	73	18	49	307	10.6
20	MCCOMBIE, Lindsey	33	1.4	18	15	3	7	78	3.3
23	KRISCHER, Allison	74	2.6	125	83	2	78	462	16.5
24	FORSTER, Chrissy	5	.30	4	8	0	8	10	.70
32	INGRAM, Chasity	4	1.3	2	4	0	1	2	.70
34	OAKS, Jami	94	4.1	34	74	8	28	228	9.9
40	IRWIN, Kristin	41	1.5	12	18	1	13	36	1.3
42	MOCK, Jessica	3	.40	1	3	0	0	3	.40
44	ZAPF, Jessica	248	8.6	46	86	21	55	519	17.9
50	PRIEST, Sarah	185	6.4	30	38	26	37	67	2.3
54	BRITCHER, Krista	92	3.2	9	22	6	13	98	3.4
	TEAM	118	4.1		17				



TEAM TOTALS

	FG-FGA	PCT.	3FG-3FGA	PCT.	FT-FTA	PCT.	REBS.	AVG.
LADY CATS	707-1640	43.1	121-377	32.1	441-605	72.9	1106	38.1
OPPONENTS	697-1797	38.8	156-538	29.0	263-368	71.5	1081	37.3

TEAM TOTALS

	ASSISTS	AVG.	TO	AVG.	BLOCKS	AVG.	STEALS	AVG.	PTS.	AVG.
LADY CATS	402	13.9	512	17.7	87	3.0	319	11.0	1976	68.1
OPPONENTS	408	14.1	552	19.0	96	3.3	283	9.8	1813	62.5



2007-08 Lady Cat Basketball



NCAA Division II National Statistics



<u>INDIVIDUAL</u>		
	<u>Field Goal Percentage</u>	
Jessica Zapf	8 th in Nation	57.3%
	<u>Steals Per Game</u>	
Allison Krischer	34 th in Nation	2.8 spg.
	<u>Points Per Game</u>	
Jessica Zapf	37 th in Nation	17.9 ppg.
Allison Krischer	71 st in Nation	16.5 ppg.
	<u>Rebounds Per Game</u>	
Jessica Zapf	64 th in Nation	8.6 rpg.
	<u>Assists Per Game</u>	
Allison Krischer	50 th in Nation	4.5 apg.



JESSICA ZAPF

8th in NCAA Division II in Field Goal Percentage (57.3%), 37th in Points Per Game (17.9 ppg.) and 64th in Rebounds Per Game (8.6 rpg.)

ALLISON KRISCHER

34th in NCAA Division II in Steals Per Game (2.8 spg.), 50th in Assists Per Game (4.5 apg.) and 71st in Points Per Game (16.5 ppg.)

<u>TEAM</u>		
	<u>Won-Lost Percentage</u>	
39 th in Nation		72.4% (21-8)
	<u>Steals Per Game</u>	
42 nd in Nation		11.0 spg. (319 steals)
	<u>Field Goal Percentage</u>	
50 th in Nation		43.1% (706-1640)
	<u>Free-Throw Percentage</u>	
50 th in Nation		72.9% (441-605)
	<u>Scoring Margin</u>	
81 st in Nation		5.6 ppg.
	<u>Blocked Shots Per Game</u>	
84 th in Nation		3.0 bpg. (87 blocks)
	<u>Turnovers Per Game</u>	
87 th in Nation		17.7 tpg. (512 Turnovers)
	<u>Scoring Offense</u>	
88 th in Nation		68.1 ppg. (1976 points)



2007-08 Lady Cat Basketball



2006-07 Lady Cat Accomplishments



JESSICA ZAPF
2006-07

*ESPN The Magazine Second Team Academic All-American,
Women's Division II Bulletin Honorable Mention All-American
and Second Team All-WVIAC*

2006-2007 Final Team Statistics

Field Goal Percentage =	43.1%
Free-Throw Percentage =	72.9%
Rebound Average Per Game =	38.1 rpg.
Average Points Per Game =	68.1 ppg.
Opponents Average Points per Game =	62.5 ppg.
Three-Point Field Goal Percentage =	32.1%
Average Assists Per Game =	13.9 apg.
Average Steals Per Game =	11.0 spg.

2006-2007 Individual Accomplishments

Coach Jodi Gault

- Finished Pitt Johnstown career with 540-156 (.776) record
- Led team to program's 16th NCAA National Tournament in 2007
- 06-07 *Women's Division II Bulletin* Honorable Mention All-American
- 06-07 Second Team *Daktronics* All-East Region
- 06-07 Second Team All-WVIAC
- 06-07 Second Team *ESPN The Magazine* Academic All-American
- WVIAC Co-Player of the Week on January 10, 2007
- Named to All-Tournament Team at 2006 UPJ Mountain Cat Tournament
- Became 29th Lady Cat to reach 1,000-point mark on January 13, 2007
- Finished career ranked 13th on Lady Cat All-Time Scoring List with 1,325 points and fourth on All-Time Rebounding List with 858 rebounds
- Finished season ranked eighth in nation in Field Goal Percentage (57.3%), 37th in Points Per Game (17.9 ppg.) and 64th Rebounds Per Game (8.6 rpg.)

Allison Krischer

- 06-07 Second Team *Daktronics* All-East Region
- 06-07 Second Team All-WVIAC
- Named Most Valuable Player of 2006 UPJ Mountain Cat Tournament
- Name to All-Tournament Team of 2006 Kutztown Golden Bear Classic
- Named WVIAC Co-Player of the Week on January 2, 2007
- Became 30th Lady Cat 1,000-point scorer on January 24, 2007
- Finished career ranked 20th on Lady Cat All-Time Scoring List with 1,167 points
- Ended season ranked 34th in Steals Per Game (2.8 spg.), 50th in Assists Per Game (4.5 apg.) and 71st in Point Per Game (16.5 ppg.)



ALLISON KRISCHER
2006-07 Second Team
All-WVIAC

2006-2007 Season Highlights

- Team finished with 21-8 overall record for 32nd consecutive winning season
- Team made 16th NCAA Tournament appearance and advanced to the East Region Semifinals after upsetting #2 seeded Pfeiffer (NC) University, 71-58, in the opening round
- Lady Cat program raised its overall record to 686-181 (.791) and home record to 375-34 (.917) after a 14-1 home season
- Team was ranked in Top-50 nationally in four statistical categories at the end of the season...42nd in Steals Per Game (11.0 spg.), 39th in Won-Lost Percentage (72.4%), 50th in Field Goal Percentage (43.1%) and 50th in Free-Throw Percentage (72.9%)
- Two Lady Cats were individually-ranked in the final NCAA statistics...Jessica Zapf was eighth in Field Goal Percentage (57.2%), 37th in Points Per Game (17.9 ppg.) and 64th in Rebounds Per Game (8.6 rpg.), while Allison Krischer was 34th in Steals Per Game (2.8 spg.), 50th in Assists Per Game (4.5 apg.) and 71st in Points Per Game (16.5 ppg.)
- Three Pitt Johnstown players averaged double-figures in scoring (Jessica Zapf-17.9 ppg., Allison Krischer-16.5 ppg. and Lindsay Cale (10.6 ppg.), while Jami Oaks averaged 9.9 points per game
- Jessica Zapf (248 rebounds-8.6 rpg.) and Sarah Priest (185 rebounds-56.4 rpg.) led the team in rebounding
- Allison Krischer paced the Lady Cats with 125 assists (4.5 apg.)
- Allison Krsicher led team with 78 steals (2.8 spg.)



2007-08 Lady Cat Basketball



History: 1975 - 1983

1975-1976

Led by Deb Deaner and Jeanne Jacko, the inaugural season saw the Lady Cats put together 12 straight wins to finish the season at 15-2. First-year coach Clyde Horner attributed the successful first season to a combination of guards Deaner and Jacko and the coming of age of 5'8" center C.J. Wilson, who finished her first year in basketball averaging 10 points and 10 rebounds a game.

1976-1977

The Lady Cats' second season found them continuing the winning streak by going unbeaten, 21-0, extending the streak to 33 games. It also marked the first Mountain Cat Classic, which became one of the best-known tournaments in the East. Pitt Johnstown defeated IUP in the finals. Freshman Lisa Britt was named MVP, and Deb Deaner made the All-Tournament Team.



**COACH CLYDE HORNER
AND LISA BRITT
Pitt Johnstown's First AIAW
All-American**

Johnstown also won the IUP Invitational, with Britt and Carol Mumma making the All-Tournament Team. The Lady Cats finished the season 25-5 with third-place honors in the EAIWA Regional Tournament.

1979-1980

After making the playoffs for the third straight season, the squad placed second in the EAIWA and advanced to the "Sweet 16" before being eliminated. Lisa Britt became Pitt Johnstown's first AIAW All-American and the team finished 21-7. Britt scored 604 points in her senior season to finish with 1,945 in her career. She received an invitation to the open tryouts for the USA Olympic Women's Basketball Team and eventually played for the Minnesota Fillies in the Women's Professional Basketball League. The Lady Cats received their first-ever #1 ranking in the nation at mid-season. Pat Wajers was later named to the "Fast Break" All-American Team.



PAT

**WAJERS
Pitt Johnstown's All-Time
Leading Rebounder**

1977-1978

The Lady Cats built their winning streak to 40 before Jodi Gault led Slippery Rock to a first-round win over Pitt Johnstown in the Towson State Tournament. The 18-4 team again won the Mountain Cat Classic, while Britt repeated as MVP and Deaner and Pat Wajers made the All-Tourney Team. The Lady Cats won the IUP Invitational Championship and made the EAIWA Playoffs in the first year of eligibility. The squad finished third in the satellite tournament.

1978-1979

Pitt Johnstown opened the season by winning its third Mountain Cat Classic, defeating Slippery Rock. Britt again was named the MVP, en route to gaining All-American honors. Deaner made the All-Tournament Team for the third consecutive year. Pitt

**CAROL
All-
1,000-
Scorer**



**MUMMA
American /
Point**

Mumma also scored her 1,000th career point in a playoff win over Millersville. Pitt Johnstown won the EAIWA Championship with a victory over Elizabethtown and advanced to the Final Four with a pair of wins in the regional tournament. Eventual National Champion Wisconsin-LaCrosse defeated the Lady Cats in the semifinals. Lenore Shimkus and Mumma were named to the All-East Team, and Pitt Johnstown finished with a 26-4 record.

1981-1982

After winning the Mountain Cat Classic, the team prepared for its first appearance in the NCAA Division III Playoffs. Lenore Shimkus was the Classic's MVP, while Carol Mumma made the All-Tourney Team. Only 16 teams from across the nation were selected to participate in the playoffs. Ranked fifth in the nation, Pitt Johnstown hosted Norfolk State in the Eastern Finals.



LENORE

**SHIMKUS
Mountain Cat Classic
Most Valuable Player**

1980-1981

One of Pitt Johnstown's most productive teams, this squad started its climb to a Final Four AIAW spot by winning another Mountain Cat Classic. Carol Mumma, who would become an All-American this year, was the MVP, and point guard Auddie Truitt made the All-Tournament team. This team also repeated as IUP Invitational Champions. During the season, Brenda Clapsaddle was named a National AIAW Division II Player of the Week.

However, the Lady Cats lost in overtime, finishing the season at 20-3. Clyde Horner resigned to take over the head position with the men's team, while Jodi Gault was hired to lead the women's program. Recruits included Bonnie Bacon, Julie Dill and Diane Owens.

1982-1983

Coach Gault entered her first season as head coach with the team ranked first in the country in NCAA Division III pre-season polls. Maureen Latterner was named MVP as the Lady Cats won the Mountain Cat Classic en route to a 24-2 season. Pitt Johnstown also won the Shippensburg Tournament, defeating Slippery Rock 82-71, as Lenore Shimkus won MVP honors. Later, Shimkus earned All-American honors for the second straight year, and Latterner was an AWSF Honorable Mention All-American.



2007-08 Lady Cat Basketball



History: 1983-1988



All five starters averaged in double figures: L. Shimkus (17.2), Terry Solema (13.8), S. Shimkus (10.1), Lu Ann Ketter (10.3) and Latterner (10.9). Recruits included Janet Kartovicky, Karen Sayers, Margaret Gioia, Carol Nee and Barb Shimkus.



MAUREEN LATTERNER
Mountain Cat Classic MVP
AWSF All-American

1983-1984

All five starters returned to lead the Lady Cats to a #3 national ranking. They won the Mountain Cat Classic with Suzy Shimkus claiming MVP honors. Maureen Latterner won the MVP trophy as the Lady Cats beat Gannon 61-56 to win the Shippensburg Classic. Suzy Shimkus also netted her 1,000th career point and Pitt Johnstown won the Great Lakes Regional Title and advanced to the NCAA quarterfinals in Chicago. The Lady Cats lost in overtime to North Central, the defending Division III National Champions, 105-101. The team finished 25-3. Latterner was chosen NCAA third-team All-American, but was sidelined with major knee surgery. Recruits included Jill Halapin, Sally Mosay, Lil Baptiste and Dee Slater.

1984-1985

The Lady Cats entered the Mason-Dixon Conference as a Division III member and won the regular season championship. The team held the #1 ranking before slipping to second. Pitt Johnstown also won the Mountain Cat Classic. Maureen Latterner and Terry Solema each collected their 1,000th point. Janet Kartovicky set a school record with a 36-point effort in the Shippensburg Tournament. The



SUZY

SHIMKUS
1,000-Point Scorer

Lady Cats lost to top-ranked Scranton in the Mid-Atlantic Regional Final, 65-63. Latterner bounced back from knee surgery to earn first-team All-American honors, as well as Kodak All-District.



SOLEMA
AWSF All-American

TERRY

Terry Solema was a third-team All-American selection for the 26-3 Lady Cats. Recruits included Kim Rairie, Sue Arturo and Rita Anderson.

1985-1986

Pitt Johnstown jumped from Division III to Division II. Former All-American Terry Solema assisted Coach Gault. Janet Kartovicky was named MVP as the Lady Cats again captured the Mountain Cat Classic. The young Lady Cats finished 19-8 after being ranked 15th in the nation. Pitt Johnstown lost the conference championship to Mount St. Mary's, 66-59. Sally Mosay was named to the All-Tournament Team. Karen Sayers was twice named the MDAC Player of the Week. Sayers also was named to the first-team All-Mason-Dixon Conference. Jill Halapin collected second-team honors. Recruits included Bridget Hale and Lynne Ashbridge.

1986-1987

Rob Eckenrod joined the Lady Cat staff as Coach Gault's assistant. The team kept its #15 ranking, while compiling a 25-5 record. Pitt Johnstown won the Immaculata Tournament, 97-40, over Molloy. Jill Halapin was named the MVP. Coach Gault recorded her 100th career win as the team won the Mountain Cat Classic. Karen Sayers won MVP honors and recorded her 1,000th career point. Jill Halapin



KAREN SAYERS
First Team All-Mason Dixon Conference

was the AWSF Player of the Month during December and was a three-time Player of the Week in the Mason-Dixon Conference. Halapin led the conference in scoring to win the conference Player of the Year Award, as well as Kodak All-District. Sally Mosay and Karen Sayers were first and second-team selections, respectively. Gault was named AWSF Division II Coach of the Year as the team won the Eastern Regional Championship, 59-58, over Millersville. Pitt Johnstown defeated top-ranked Delta State, 68-63, to earn a trip to the Final Four, where the Lady Cats lost to four-time National Champion Cal-Poly Pomona, 72-70. Halapin was named to the All-Tournament Team at the Final Four. Sally Mosay tied a school record with 16 assists and was named the MVP of the East Regional and Quarterfinals. Recruits included Carrie Ferguson, Teri Menett and Tammy Thompson.

SALLY MOSAY
AWSF All-American



1987-1988

The Lady Cats used a 25-4 record to earn a #7 national ranking. The team set a NCAA record for most points in a game with 111 in a victory over West Virginia State. Sally Mosay was named the MVP as the Lady Cats won the Mountain Cat Classic. Jill Halapin was the MVP, and Bridget Hale was named All-Tournament in the Shippensburg Tournament. Sally Mosay achieved Player of the Week honors as she scored her 1,000th career point. Halapin set a record with 25 rebounds against Slippery Rock. She was named Player of the Week in the Mason-Dixon Conference. The team ranked first in the East Region. Hale broke the single-game scoring mark with 38 points against Longwood. Recruits included Mindy Young, Toddy Croyle, Amy Kessler and Tracie Hennon.



2007-08 Lady Cat Basketball



History: 1988-1992



1988-1989

Coach Gault became the “winningest” active coach in Division II (82.5%). Bridget Hale was named to the All-Tournament Team at the West Chester Tournament. The Lady Cats lost the Mountain Cat Classic Championship for the first time, 84-80, to Bridgeport. Hale and Carrie Ferguson were named All-Tournament in the Mountain Cat Classic and Kutztown Tournaments. The program earned its 300th victory. Hale added her name as another 1,000 -point scorer. The team finished 19-5, but did not receive a tournament bid. Hale was

of the Week honors. Lynne Ashbridge reached the 1,000-point plateau. Ferguson won MVP honors in the conference championships, as well as the regular season. Hale was a first-team Conference Tournament choice. The Lady Cats led the country in scoring averaging 90.6 points per game. They finished the season 25-4 with a conference championship and an automatic bid to the tournament. A key recruit included Jody Billingsley.

Young was selected to the East Region All-Tournament Team. Kessler and Ferguson were Co-Players of the Year in the conference. Young was a first-team selection, and Teri Menett was selected to the second team. Coach Gault was named Conference Coach of the Year. Ferguson and Young were Kodak Honorable Mention All-Americans. The team was second in the nation in free throw percentage at 74.3%. Coach Gault won her 200th game at Pitt Johnstown. Recruits included Janet Hess, Sue Rosso and Krista Schlimm.



JILL Kodak

HALAPIN All-

American



TERI

MENETT

Holds Lady Cat Record For Field Goal Percentage in a Season at 64.5%

named an AWSF first-team All-American. Recruits included Tricia Greaser, Sue Delaney and Julie Schlimm.

1991-1992

Ranked sixth in the nation and #1 in the East Region, the Lady Cats compiled a 25-4 record. Pitt Johnstown won the Mountain Cat Classic. Mindy Young was chosen MVP, and Amy Kessler claimed All-Tournament honors. Both were named All-Tournament at the Ferris State Tournament.

1989-1990

Current assistant coach Deb Yesenosky joined the Lady Cat coaching staff. The team began participating in the Mideast Collegiate Conference and won the title. Ranked #1 in the East region and 10th in the nation, the squad recaptured the Mountain Cat Classic Championship as Carrie Ferguson won the MVP. Bridget Hale and Mindy Young won All-Tournament honors. Hale broke her own scoring record with 40 points against Lake Superior State at the Northern Kentucky Tournament. Pitt Johnstown set a school record for points in a 119-60 victory over Davis & Elkins. Hale was named a Divisional Scholar, as well as GTE Academic All-District. Amy Kessler earned Mideast Player

1990-1991

The Lady Cats were ranked fifth nationally and first in the East Region with a 27-2 record. Pitt Johnstown won the Indiana-Purdue Tournament by defeating Missouri-Rolla, 68-67 and IPFW, 89-78. Mindy Young was named MVP. The team captured the Mountain Cat Classic, and Mindy Young was chosen MVP with Amy Kessler on the All-Tournament Team. Young was Mideast Player of the Week, and Kessler was selected twice for honors as well. Kessler and Carrie Ferguson both reached the 1,000-point mark. The Lady Cats hosted the Mideast Conference Championships and defeated Buffalo, 78-76. Ferguson was named tournament MVP. The Lady Cats also hosted the Eastern Regional Championships, losing to Lock Haven. Mindy



COACH JODI GAULT Wins Her 200th Game At Pitt Johnstown

Young scored her 1,000th career point. Amy Kessler set nine school records. The Lady Cats hosted and won the Eastern Regional Championship. Kessler was named the East Region MVP and the Lady Cats advanced to play Bentley College. Unbeaten Bentley (30-0) defeated Pitt Johnstown 90-73. The team led the country in free throw percentage at 77.6%. Kessler was named Kodak Honorable Mention All-American. Young was named Kodak All-American and brought national prestige to the program by being selected the Division II National Player of the Year by Champion. Recruits included Shelley Helsel, Denise Gallo, Daina Cleveland, Erin Sullivan and Marcy Sergi.



BRIDGET HALE Kodak All-American



The Cats

Lady

Capture Mideast Conference Championship



2007-08 Lady Cat Basketball



History: 1992 - 1997



1992-1993

Ranked 11th in the nation and #1 in the East Region, the Lady Cats won their second consecutive Eastern Regional Title. Compiling a 25-5 record, the Lady Cats lost to perennial power Delta State in the NCAA Quarterfinals. Julie Schlimm became the 18th player in Pitt Johnstown history to score 1,000 points. Janet Hess was chosen MVP of the Eastern Regional Tournament. "The Snowstorm of the Century" was battled that weekend, along with the Lady Cats defeating Clarion for the second consecutive year. Hess was named to the All-Tourney Team at the Millersville Dutch Country Classic. Seven freshmen made up the majority of the roster. All three captains, Schlimm, Sue Delaney and Trish Greaser, made major contributions to the team's success. Recruits were Justine George and Julie Barker.



TRICIA GREASER, SUE DELANEY AND JULIE SCHLIMM
Tri-Captains

1993-1994

Ranked eighth in the nation pre-season, the Lady Cats ended a disappointing year with a 19-7 record and no bid to the NCAA playoffs. An early season upset of powerhouse Bentley College gave the Lady Cats high hopes, but they could not find consistency throughout the year. Bright spots for the 1993-94 team were Jody Billingsley, who displayed great courage



MINDY YOUNG
Division II
Player of the Year

in not missing a single game after a severe facial injury due to a Christmas Day auto accident; Janet Hess, was named Honorable Mention All-American by the Division II Women's Basketball Bulletin; Denise Gallo

broke three school records – Bridget Hale's single-game scoring record (40 points) fell when Gallo scored 42 points against St. Vincent College – Gallo also broke Lisa Britt's single-season scoring average of 20.6 PPG and Lenore Shimkus' record of field goals made in a single game (17) when she scored 18 field goals; Denise Bence transfers from Division I St. Francis to join the Lady Cats. Recruits included Erin Knapic, Michele Cicero, Rashawn Rodgers, Mandy Murphy and Denise Acker.



JANET HESS AND SUE ROSSO
Co-Captains

1994-1995

A first round 84-62 loss to eventual National Runner-up Portland State set the groundwork for a roller coaster season. Denise Gallo was named to the All-Tournament Team at Bellarmine, and Denise Bence set a new tournament rebounding record. Janet Hess was named to the All-Tournament Team of the Mountain Cat Classic, where the Lady Cats captured the title with a 79-68 win over California. Denise Gallo received MVP honors. Shelly Helsel came off the bench in a 105-74 win over Charleston to set a school single-game three-point scoring record with eight. The record was previously held by Kodak Honorable Mention All-American Amy Kessler (7). Janet Hess and Denise Gallo became Pitt Johnstown's 19th and 20th 1,000-point scorers. Gallo would later be named Kodak Honorable Mention All-American, making her Pitt Johnstown's 16th. On February 12, Coach Gault recorded her 300th career victory with a win over Queens College. The team ended the season with a 19-8 record, but did not receive a playoff bid. Top recruits were Jennifer Tuscano and Carrie Thomas.

1995-96

The Lady Cats opened their campaign at the Millersville Dutch County Classic and advanced to the championship game before being defeated by Millersville. Senior Co-Captain Denise Gallo was named to the All-Tournament Team. The Christmas season sent the Lady Cats south to play in the Florida Tech Holiday Classic. The Lady

Cats downed Merrimack College, 72-52, and captured the championship, 68-63, over host Florida Tech. Denise Gallo earned MVP honors, while senior Marcy Sergi made the All-Tournament Team. Denise Gallo shared the national spotlight with Shippensburg's Tracy Spencer by hitting 18-18 free throws to set a new NCAA single-game record. The Lady Cats accepted their 11th NCAA tournament bid, where they defeated Kutztown, 63-52, in the first round. Denise Gallo rewrote the record books, surpassing the single-season scoring record (615 points), formerly held by Lisa Britt (1976-80). The Lady Cats fell to Shippensburg, 87-77. Gallo was named to the East Region All-Tournament Team and later captured Kodak Honorable Mention All-American honors. The Lady Cats finished the season at 21-9. Top recruits were Meredith Hollis, Jamie Simbeck, Barb Kudis, Megan and Erin Meier and Janine Kosmack.



DENISE GALLO
Lady Cat All-Time Leading Scorer with 1,962 career points

1996-1997

The youth of the Lady Cats showed throughout the season. With a difficult schedule came disappointing losses. However, there were numerous bright spots. With only one senior on the roster, the team defeated four of the top 10 teams in the East Region. The Lady Cats broke into the top 10 twice, climbing as high as eighth, until untimely losses knocked the team out of the polls. Jennifer Tuscano led the offensive attack by scoring 19.8 points per game, including a brilliant scoring performance against California (PA), when she tied Denise Gallo's school record for points in a game (42). Justine George and Carrie Thomas each had seven double-doubles (points and rebounds) for the youthful Lady Cats. Recruits include Lindsay Baker, Jessica Greene, Hillary Prokay and Jessica Rietscha.



2007-08 Lady Cat Basketball



History: 1997 - 2001

1997-1998

The 1997-98 season was a series of ups and downs for the Lady Cats. With a difficult schedule, including 17 of 27 games on the road, the young Lady Cats, with Mandy Murphy, the only senior on the roster, showed moments of improvement. The first half of the season, the Lady Cats climbed as high as ninth in the East Region. Junior Jen Tuscano became the 21st Lady Cat to reach the 1,000-point plateau. Tuscano scored 398 points, an average of 14 points per game to lead the team. Carrie Thomas, who had 13 double-doubles (points/rebounds), averaged 13 points and 9.3 rebounds per game. Thomas was also named to the All-Tournament Team at both the Longwood and Bloomsburg Tournaments. Erin Meier averaged double digits in scoring (10.9 ppg.) and led the team in assists with 110. Sophomores Jamie Simbeck and Janine Kosmack averaged 6.8 points and 5.8 rebounds per game and 6.7 points and 5.4 rebounds per game, respectively. Red-shirt Freshman Meredith Hollis showed promise for the future, averaging 8.5 points and 3.7 rebounds. Once again, injuries played an important part in the season. Freshman guard Lindsay Baker had to red-shirt due to a broken foot sustained early in the season. Despite the ups and downs, the team finished with a 15-12 overall record, and Coach Gault recorded her 350th victory in 16 years at Pitt Johnstown. Recruits included: Melissa Park and Katie Bogovic.



CARRIE THOMAS
2nd All-Time Leading Rebounder and
17th All-Time Leading Scorer

1998-1999

The 1998-99 season showed that the Lady Cats were back! The Lady Cats posted a 22-6 record and returned to the NCAA Division II Tournament. Head Coach Jodi Gault's team was led by two seniors... forward Carrie Thomas and guard Jennifer Tuscano. The "Killer T's" led the Lady Cats to an 11-0 start, including championships at the Lock Haven and Carson-Newman Tournaments. In the process, the Lady Cats earned the #1 ranking in the East Region. The team then won six of its last eight games to finish the regular season at

22-5. In the process, Coach Gault earned her 375th career win. The Lady Cats faced Millersville, a team they defeated by 10 points earlier in the season, in the first round of the NCAA Tournament. Coach Gault's Lady Cats battled back and forth with Millersville before falling short, 75-71. Thomas, who became the 22nd Lady Cat in history to reach 1,000-points and the third to grab over 900 rebounds, led the team in scoring (14.9 ppg.) and rebounding (9.4 rpg.). Tuscano, who was named MVP at the 1998 Carson-Newman Tournament, averaged 13.3 points, 3.1 rebounds and 3.7 assists per game. This year's recruits included: Jamie Cicuto, Helen Young, Mary Beth Drenning and Jenny Bell.



**The 1998-99 Lady Cats Earned Their
12th NCAA Tournament Bid and
The 11th Under Coach Jodi Gault**

1999-2000

The Lady Cats posted wins in eight of the final ten games of the season, to finish at 17-10 and record the 18th consecutive winning season. Four Lady Cats averaged in double figures in scoring and two others surpassed milestones during the season. Point guard Erin Meier became the 23rd Lady Cat to reach the 1,000-point plateau and Janine Kosmack became the 14th player to pull down 600 rebounds. Meier finished with 1,042 points and Kosmack ended her career with 660 rebounds. Meier also became the fourth Lady Cat to be named to the GTE All-District II Academic Team. Jessica Greene and Melissa Park were named to the All-Tournament Team at the University of Indianapolis Tournament. With the 17 more victories, Coach Gault, already ranked among college basketball's elite coaches, pulled to within eight wins of reaching the 400-win plateau for her career. This year's recruits included: Kristin Creswell, Erin McGee, Sarah Rockwell, Crystal Barr and Jess Socha.



JANINE
12th on All-

List with 660

KOSMACK
Time
Rebounding



ERIN MEIER
23rd Lady Cat 1,000-Point Scorer

2000-2001

Pitt Johnstown rebounded from a 17-10 season in 2000 by posting a 25-4 record and advancing to the East Region Semifinals in 2001. In the process, Coach Gault earned her 400th career victory and senior forward Meredith Hollis became the 24th player to reach the 1,000-point plateau on her way to being named *Women's Division II Bulletin* Honorable Mention All-American. The Lady Cats, who won regular season tournament titles at Clarion University, Felician College and Holy Family College, put together an 18-game winning streak and climbed to #17 in the nation to earn the fourth seed in the East Regional Tournament. Pitt Johnstown defeated West Liberty State College, 90-84 in overtime, before falling to eventual National Semifinalist Shippensburg University, 80-70, in the second round. In the end, five Lady Cats averaged nine points per game or better and team ranked among the nation's elite in six different statistical categories. On Jan. 6, Coach Gault picked up her 400th victory and Hollis went over the 1,000-point plateau when the Lady Cats beat Columbia Union College, 105-54. Hollis finished her career ranked 13th on the All-time Scoring List with 1,242 points and became the 17th player to earn All-American honors. Recruits included: Heather Rife, Melissa Patterson and Lindsay Patterson.



**Coach Gault Earns Her 400th Career
Victory With a 105-54 Win over
Columbia Union College**



2007-08 Lady Cat Basketball



History: 2001 - 2005

2001-2002

After beginning the season 6-6, Pitt Johnstown won 12 of its final 15 games to finish the year ranked ninth in the East Region with an 18-9 record. Senior guard Lindsay Baker led the Lady Cats on her way to earning Honorable Mention *Kodak* All-American, Second Team *Daktronics* All-American and Honorable Mention *Women's Division II Bulletin* All-American. In addition, Baker was named a Second Team *Verizon* Academic All-American with a 3.83 G.P.A. in Biology and was awarded a \$5000 NCAA Postgraduate Scholarship. Baker led the NCAA Division II in Three-Point Field Goal Percentage at 47.9% (68-142). She was also 12th in Scoring at 20.9 ppg., tied for eighth in Free-Throw Percentage at 86.8% (99-114) and tied for 20th in Three-Point Field Goals Per Game at 2.5. Junior forward Helen Young was 14th in the country in Field Goal Percentage at 58.6%, while the team ranked nationally in five statistical categories. Baker wrapped up her career ranked 26th on the Lady Cat All-Time Scoring List with 973 points, and senior forward Melissa Park finished 20th on the All-Time Rebounding List with 489 rebounds. Recruits included: Samantha Conner, Shannon Reigh, Jaclyn Schirf and Chelsea McKinney



LINDSAY BAKER
Kodak All-American and
NCAA Div. II Leader in 3-Point FG%

2002-2003

Entering the season, the Lady Cats knew if they were going to earn the program's 14th NCAA Tournament bid, it would be a major accomplishment considering the difficulty of the schedule. As it turned out, the team was up to the task. Led by senior forward Helen Young, an Honorable Mention *Daktronics* and Honorable Mention *Women's Division II Bulletin* All-American, the Lady Cats upset NCAA Division II #3-ranked California University (PA) on their way to posting a 20-7 regular season record and earning the #7 seed in the post season tournament where they looked to avenge an earlier loss to #2 seeded Glenville State. Crystal Barr scored 21 points and Young had six rebounds, but it was not enough to upset the Pioneers as Glenville State ended Pitt Johnstown's season with a 70-56

enough to win. Young finished ranked #1 in Career Field Goal Percentage (57.5%), 23rd in Scoring (1,036 pts.) and 10th in Rebounding (722 rebs.) while fellow senior forward Jamie Cicuto finished 8th on the Rebounding List with 748 career rebounds. Barr tied Shelley Helsel's single-game school record with eight three-pointers against Columbia Union on February 22, 2003. As a team, the Lady Cats finished 2nd in the nation in Field Goal Percentage (48.5%), 15th in Scoring Margin (13.7 ppg.), 22nd in Rebound Margin (7.2 rpg.), 27th in Scoring Offense (75.6 ppg.), 33rd in Free-Throw Percentage (74.4%) and 48th in Three-Point Field Goal Percentage (34.6%). Individually, Barr was 2nd in Three-Point Field Goal Percentage (47.1%), while Young was 6th in Field Goal Percentage (61.2%) and 35th in Rebounding (10.0 rpg.), and Kristin Creswell was 6th in Free-Throw Percentage (87.5%). Recruits included: Allison Krischer, Jessica Zapf, Jackie Anthony, Sarah Priest, Jami Oaks and Connie Derzack.



Kristin Creswell
Lady Cat All-Time Career FG%

2003-2004

As the Lady Cats prepared to tip-off the season, Coach Gault knew she could rely on senior guards Crystal Barr and Kristin Creswell. However, if Pitt Johnstown was going to make a run at another NCAA Tournament bid, a young group of inside players had to mature in a hurry. Everything fell into place. Barr and Creswell's experience led the Lady Cats, and the young inside players improved each game to help Pitt Johnstown post a 22-6 overall record and the program's 15th NCAA Tournament berth. In the process, Barr earned *Kodak*, *Daktronics* and *Women's Division II Bulletin* Honorable Mention All-America honors after averaging 18.6 points per game. The Lady Cats earned the #4-seed in the East Regional Tournament where they faced #5-seeded Barton (NC) College in the First Round. Barr and Creswell each scored 16 points but Barton's powerful inside game was too much and the Lady Cats' season ended with an 83-71 loss. Pitt Johnstown finished sixth in the nation in Field Goal Percentage (47.8%), 13th in Free-Throw Percentage (76.4%), 21st in Scoring Offense (76.6 ppg.), 27th in Won-Lost Percentage (78.6%) and



2004
Daktronics and
Women's Division II Bulletin
Honorable Mention All-America

35th in Three-Point Field Goal Percentage (35.3%). Sophomore center Samantha Conner finished third in Field Goal Percentage (88.1%), while Creswell was 12th in Assists Per Game (6.4 apg.) and Barr was 21st in Three-Point Field Goal Percentage (41.3%) and 34th in Points Per Game (18.6 ppg.). Barr etched her name in the Lady Cat record books when she scored 18 points against Columbia Union (MD) College on Senior Day to become the 26th Lady Cat to reach the 1,000-point plateau. She finished her Pitt Johnstown career ranked 20th on the All-Time Scoring List with 1,051 points. Creswell also garnered post-season honors when she was named Third Team *Verizon* Academic All-District II. Based on her academic excellence, Creswell then earned an NCAA Division II Degree Completion Award for her final semester of class work. Recruits included: Crystal Andrews, Krista Britcher and Jill Maurer.



KRISTIN CRESWELL
2004 *Verizon* Third Team
All-Academic District II

2004-2005

With just one senior on the roster for the 2004-05 season, Pitt Johnstown needed someone to step up and be a leader. Coach Gault got her leader in Melissa Patterson, the team's lone senior. Patterson put the Lady Cats on her back and carried them to a 21-6 record, including a 73-70 upset win over defending National Champions California University (PA). When the regular season ended the Lady Cats were ranked in the top-eight of the East Region and still had an opportunity to earn their 16th NCAA Tournament bid. Unfortunately, upsets in the West Virginia and Pennsylvania Conference Postseason



2007-08 Lady Cat Basketball



History: 2005 - ...



Tournaments bumped the Lady Cats out of the playoff picture. Patterson, who tied Denise Gallo's school record for average points per game in a season at 22.3, earned Honorable Mention All-America honors from *Kodak*, *Daktronics* and *Women's Division II Bulletin*. She also was tabbed Independent Basketball Player of the Year. In addition, Patterson shined academically by becoming the first Lady Cat to be named a First Team *ESPN The Magazine* Academic All-American and the second to earn a NCAA Postgraduate Scholarship. Along with her athletic and academic All-America honors, Patterson also finished the season ranked 10th in the country in scoring (22.3 ppg.) and 22nd in steals per game (3.4 spg.). Patterson wrapped up her career ranked 16th on the Lady Cat All-Time Scoring List with 1,196 points. Conner was 24th in free-throw percentage (84.9%) and 25th in field goal percentage (55.5%). Sophomore guard Allison Krischer (Johnstown, Pa.) was tabbed Third Team All-Independent Basketball and wrapped up the year ranked 45th in NCAA Division II in assists (4.6 apg.). As a team, Pitt Johnstown set a single-season school record and was fifth in the nation in free-throw percentage (78.1%), ninth in field goal percentage (46.4%), 21, in won-lost percentage (77.8%), 32nd in scoring offense (73.8 ppg.), 40th in scoring margin (9.9 ppg.) and 46th in three-point field goal percentage (34.5%). Recruits included: Lindsay Cale, Kristin Irwin, Lindsey McCombie, Jessica Mock and Devlin Reiley.



2005-06 First Team All-Independent and Women's Division II Bulletin Honorable Mention All-American

81-71 win over Tiffin (OH) in the consolation game on November 19th to give Coach Gault her 500th win. Coach Gault wrapped up her 24th season with a 519-148 (.778) overall record. Senior center Samantha Conner, the Lady Cats' 28th 1,000-point scorer, was tabbed a 2005-06 *Women's Division II Bulletin* Honorable Mention All-American and a First Team All-Independent, while junior forward Jessica Zapf was a Second Team All-Independent choice and a Third Team *ESPN The Magazine* Academic All-District II selection. Conner ended her career 18th on the All-Time Scoring List with 1,183 points and 20th on the All-Time Rebounding List with 523 rebounds. Nationally, Conner was 15th in Field Goal Percentage (56.3%) and 49th in Free-Throw Percentage (82.6%) on her way to setting the Pitt Johnstown career record for Free-throw Percentage at 85.8% (260-303). Independent Freshman of the Year and Second Team All-Independent Crystal Andrews was 18th in Steals Per Game (3.1 spg.). Junior guard Allison Krischer, also a Second Team All-Independent selection, was 37th in Steals Per Game (2.8 spg.), while Zapf was 60th in Free-Throw Percentage (82.1%) and 64th in Rebounds Per Game (8.7 rpg.). As a team, the Lady Cats were 15th in Steals Per Game (12.6 spg.), 16th in Field Goal Percentage (45.1%), 42nd in Scoring Margin (9.7 ppg.), 44th in Won-Lost Percentage (74.1%), 51st in Assists Per Game (15.6 apg.), 56th in Scoring Defense (60.7 ppg.), 62nd in Free-Throw Percentage (72.3%) and 64th in Scoring Offense (70.3 ppg.). Recruits included: Chasity Ingram, Chrissy Forster and Qiuana Brown.



2005-06 Women's Division II Bulletin Honorable Mention All-American and Independent Basketball Player of the Year

2005-2006

It was another milestone season for Coach Gault and the Lady Cat program. Not only did the team post a 20-7 overall record for the fourth straight 20-win season, but Coach Gault became the eighth coach in NCAA Division II history to reach the 500-win mark. After a loss to open the season at the Findlay (OH) Tournament, the Lady Cats rebounded with an



2007-08 Lady Cat Basketball



Tradition of Excellence

LADY CAT BASKETBALL "TRADITION OF EXCELLENCE"

- 32-year record of 686-181 (.791)
- Home record of 374-34 (.917%)
- Twenty-three All-Americans, including nine Kodak All-Americans
- Thirty 1,000-point scorers
- Jodi Gault finished Pitt Johnstown career ranked 6th in victories (540) and 7th in winning percentage (.776) and among active Div. II coaches
- Coach Gault also ranks 8th all-time in both victories (540) and winning percentage (.776) among Division II coaches
- The Lady Cat basketball program has never experienced a losing season
- The Lady Cat basketball program is 11th in All-Time Victories with 686
- 1992 NCAA Division II *Champion* "Player of the Year" Mindy Young
- Nine GTE/Verizon/ESPN *The Magazine* Academic All-District College Division Women's Team selections and one First Team Academic All-American (Melissa Patterson in 2005)

ALL-TIME WIN PERCENTAGE TOP TEN SCHOOLS IN DIVISION II

#	TEAM	YRS.	WON	LOSS	PCT.
1.	Bentley College	33	783	192	.803
2.	Delta State	40	890	229	.795
3.	Pitt Johnstown	32	686	181	.791
4.	Arkansas Tech	30	743	202	.786
5.	W. Texas A&M	27	621	182	.773
6.	Northern State	38	723	231	.758
7.	Cal Poly Pomona	33	763	244	.758
8.	Western Washington	17	368	130	.739
9.	North Dakota	33	707	249	.740
10.	Stonehill College	33	694	268	.721



In NCAA Division II Basketball, the Pitt Johnstown Women's program is synonymous with success on the court and in the classroom. In 31 years of the program's existence, the Lady Cats have never experienced a losing season and have produced nine GTE/Verizon/ESPN *The Magazine* Academic All-District College Division Women's Basketball Team selections, including a First Team and a pair of Second Team Academic All-Americans.

Under highly respected **Head Coach Jodi Gault**, the Lady Cats posted an impressive 540-156 mark from 1992 through 2007, which equates to a .776 winning percentage. Overall, the Lady Cats' program is 686-181 since its inception in 1975. This record computes to a winning percentage of .791, which ranks third in the nation! At home in the Sports Center, the Lady Cats are an astonishing 374-34 (.917), including an 14-1 home mark during the 2006-07 season.

Coach Gault, who ended her 25-year career at Pitt Johnstown following the 2006-07 season, became the eighth Division II women's basketball coach to reach the 500-career victory plateau when her Lady Cats defeated Tiffin (OH) University, 81-71, at the University of Findlay Tournament on Nov. 19, 2005. She finished ranked 8th all-time among Division II coaches in both wins and winning percentage. The Lady Cats have earned Mason-Dixon and Mideast Conference titles, 16 NCAA Tournament appearances, including a trip to the East Region Semi-Finals in 2007. The program has also produced five Regional Championships, a trip to the Final Four in 1987 after defeating top-ranked Delta State University, and nationally ranked teams in 13 different seasons.

The Lady Cats have also demonstrated academic excellence. *Nine Lady Cats have been named to the GTE/Verizon/ESPN The Magazine Academic All-District College Division Women's Basketball Team. In 2005, Melissa Patterson became the program's only First Team Academic All-American, while Lindsay Baker was named a Second Team Academic All-American in 2002. Jessica Zapf joined Baker as the program's other Second Team Academic All-American in 2007.*

In 1992, **Coach Gault's** program again shot into the national spotlight when **Mindy Young** was named the **NCAA Champion Division II National Player of the Year**. The program has produced 23 All-Americans, including three First Team Kodak All-American selections: **Jill Halapin** (1988), **Bridget Hale** (1990) and **Mindy Young** (1992). The team has also turned out six Honorable Mention selections to the *Kodak* list: **Carrie Ferguson** (1991), **Amy Kessler** (1992), **Denise Gallo** (1995), **Lindsay Baker** (2002), **Crystal Barr** (2004) and **Melissa Patterson** (2005), as well as 30 athletes who have reached the 1000-point plateau.

Since 1975 when Lady Cat basketball became a NCAA varsity sport, the program has flourished athletically and academically and has become one of the most respected in the country.



2007-08 Lady Cat Basketball



Lady Cat All-Time Scoring and Rebounding List



1,000-Point Scorers

1.	Denise Gallo	1,962	1992-96
2.	Lisa Britt	1,945	1976-80
3.	Amy Kessler	1,662	1988-92
4.	Jill Halapin	1,560	1984-88
5.	Bridget Hale	1,506	1986-90
6.	Mindy Young	1,486	1988-92
	Lenore Shimkus	1,486	1980-84
8.	Terry Solema	1,437	1981-85
9.	Sally Mosay	1,419	1984-88
10.	Jennifer Tuscano	1,396	1995-99
11.	Carrie Ferguson	1,344	1987-91
12.	Janet Hess	1,340	1991-95
13	Jessica Zapf	1,325	2003-07
14.	Meredith Hollis	1,242	1997-01
15.	Maureen Latterner	1,237	1981-85
16.	Karen Sayers	1,210	1983-87
17.	Melissa Patterson	1,196	2001-05
18.	Carrie Thomas	1,185	1995-99
19.	Samantha Conner	1,183	2002-06
20.	Allison Krischer	1,167	2003-07
21.	Pat Wajers	1,148	1976-80
22.	Carol Mumma	1,135	1978-82
23.	Janet Kartovicky	1,055	1983-87
24.	Crystal Barr	1,051	2000-04
25.	Lynne Ashbridge	1,048	1986-90
26.	Suzy Shimkus	1,044	1980-84
27.	Erin Meier	1,042	1996-00
28.	Helen Young	1,036	1999-03
29.	Deb Deaner	1,035	1975-79
30.	Julie Schlimm	1,002	1989-93

All-Time Rebounding Leaders

1.	Pat Wajers	933	1976-80
2.	Carrie Ferguson	911	1987-91
	Carrie Thomas	911	1995-99
4.	Jessica Zapf	858	2003-07
5.	Terry Solema	847	1981-85
6.	Sue Brown	833	1977-81
7.	Carol Mumma	765	1978-82
8.	Karen Sayers	755	1983-87
9.	Jamie Cicuto	748	1999-03
10.	Jill Halapin	747	1984-88
11.	Helen Young	722	1999-03
12.	Suzy Shimkus	681	1980-84
13.	Janine Kosmack	660	1996-00
14.	Lynne Ashbridge	640	1986-90
15.	Justine George	611	1993-97
16.	Julie Schlimm	609	1989-93
17.	Teri Menett	561	1987-91
18.	Amy Kessler	548	1988-92
19.	LuAnn Ketter	532	1980-84
20.	Samantha Conner	523	2002-06
21.	Jody Billingsley	515	1990-94
22.	Denise Gallo	498	1992-96
23.	Melissa Park	489	1999-02
24.	Janet Kartovicky	483	1983-87
25.	Sue Rosso	474	1991-95
26.	Toddy Croyle	451	1988-92
27.	Lisa Britt	444	1976-80
28.	Janet Hess	417	1991-95



2007-08 Lady Cat Basketball



Mindy Young: 1992 National Player of the Year

- 1992 WBCA *Champion* NCAA Division II “Player of the Year”
- 1992 Suzie McConnell Award for Achievement
- 1992 *Kodak* All-American
- 1991-92 *GTE* District II Academic All-American
- Averaged 19.0 points per game and 5.4 assists per game in 1991-92
- Shot 83.1% from the foul line – 18th in the nation her senior year
- MVP at the Mountain Cat Classic in 1990 and 1991
- All-Tournament Team at 1991 Ferris State Tournament
- 1991 *Kodak* Honorable Mention All-American
- 1991 American Women’s Sport Federation Second Team All-American
- Candidate for NCAA Woman of the Year in 1991 and 1992, sponsored by *Hanes Her Way*



*Marion Center High School
Marion Center, Pa.*

Mindy Young
1992
NCAA Division II
Champion National
Player-of-the-Year
AND
Kodak All-American



- Third on Lady Cats All-Time Assists List – 577 assists
- Tied for sixth on Lady Cats All-Time Scoring List – 1,486 points
- 1991 Third in nation in assists per game at 8.3
- 1991 First Team Midwest Conference
- 1990 Indiana-Purdue, Ft. Wayne Tournament MVP
- Nominated for the 1992 *Honda* Division II Athlete of the Year
- Nominated for the 1992 *Honda* Collegiate Woman of the Year in NCAA Basketball

*Pitt Johnstown
1988 – 1992*

1992 National Player of the Year



2007-08 Lady Cat Basketball



Lady Cat All-Americans



Since becoming a varsity sport at the University of Pittsburgh at Johnstown in 1975, the Lady Cat basketball program has produced 23 All-Americans. Among these 23 All-Americans, eight were named *Kodak* All-Americans, including Mindy Young (1988-92), the 1992 NCAA *Champion* Division II National Player of the Year and Jill Halapin (1984-88) and Bridget Hale (1986-90), both two-time All-Americans.

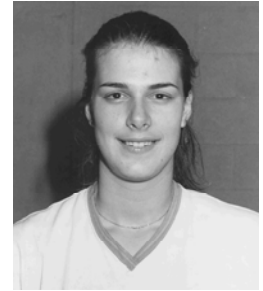
Presenting the Pitt Johnstown Lady Cat All-Americans...



LISA BRITT
1976 – 1980
AIAW All-American



PAT WAJERS
1976 – 1980
AWSF All-American



CAROL MUMMA
1978 – 1981
AWSF All-American



LU ANN KETTER
1980 – 1984
AWSF All-American



LENORE SHIMKUS
1980 - 1984
AWSF All-American



MAUREEN LATTERNER
1981 – 1985
AWSF All-American



TERRY SOLEMA
1981 – 1985
AWSF All-American



KAREN SAYERS
1983 – 1987
AWSF All-American



SALLY MOSAY
1984 - 1988
AWSF All-American



JILL HALAPIN
1984 – 1988
Kodak All-American



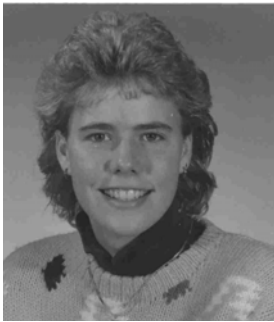
BRIDGET HALE
1986 – 1990
Kodak All-American



2007-08 Lady Cat Basketball



Lady Cat All-Americans



CARRIE FERGUSON
1987 – 1991
Kodak Honorable Mention All-American



MINDY YOUNG
1988 – 1992
Kodak All-American



AMY KESSLER
1988 - 1992
Kodak Honorable Mention All-American



JANET HESS
1991 – 1995
Women's Div. II Bulletin All-American



DENISE GALLO
1992 – 1996
Kodak Honorable Mention All-American



MEREDITH HOLLIS
1997 – 2001
Women's Div. II Bulletin All-American



LINDSAY BAKER
1998 - 2002
Kodak Honorable Mention All-American



HELEN YOUNG
1999 - 2003
Women's Div. II Bulletin Honorable Mention All-American



CRYSTAL BARR
2000 - 2004
Kodak and Women's Div. II Bulletin Honorable Mention All-American



MELISSA PATTERSON
2001 - 2005
Kodak, Daktronics and Women's Div. II Bulletin Honorable Mention All-American



SAMANTHA CONNER
2002 - 2006
Women's Div. II Bulletin Honorable Mention All-American



JESSICA ZAPF
2003 - 2007
Women's Div. II Bulletin Honorable Mention All-American



Kodak All-Americans



Jill Halapin (1984-1988)



Jill Halapin
1984 - 1988
Franklin Regional High School
Murrysville, Pa.

- 1986-87 Player of the Year – Mason Dixon Conference
- 1988 NCAA Division II Final Four All-Tournament Team
- Two-time *Kodak* All-American (1987 and 1988)
- All-Tournament Team at 1988 Mountain Cat Classic – made All-Tournament Team in each tournament that Pitt Johnstown entered from 1986-88
- 1988 MVP of the Snowflake Classic
- 1,560 points ranks fourth on the Lady Cats All-Time list
- 747 rebounds ranks 10th on the Pitt Johnstown career list
- Holds single-game record with 25 rebounds
- Scored in double figures in every game during the 1986-88 seasons



Bridget Hale (1986-1990)

- First Team All-Mideast Collegiate Conference
- 1989-90 All-Tournament Team at East Regional
- 1989-90 All-Tournament Team at Mountain Cat Classic
- 1989-90 top vote-getter to Northern Kentucky All-Tournament Team
- Two-time *Kodak* All-American (1989 and 1990)
- 1990 *GTE* All-District Academic All-American
- Contemporary Award winner at the 10th annual Cambria County War Memorial Hall of Fame Banquet
- Recipient of the Business Department Scholar Award in Business Management
- Recipient of the Howard Picking Award in Business at Pitt Johnstown
- Fifth on Pitt Johnstown's All-Time scoring list with 1,506 points
- Ranked fourth nationally in free-throw shooting at 87.6% during the 1989-90 season



Bridget Hale
1986 - 1990
Oil City High School
Oil City, Pa.



2007-08 Lady Cat Basketball



Kodak All-Americans

Mindy Young (1988-1992)

- 1992 WBCA *Champion* NCAA Division II “Player of the Year”
- 1992 Suzie McConnell Award for Achievement
- 1991-92 *GTE* District II Academic All-American
- Third on Lady Cats All-Time Assists List – 577 assists
- Tied for sixth on Lady Cats All-Time Scoring List – 1,486 points
- Averaged 19.0 points per game and 5.4 assists per game in 1991-92
- 1991 Third in nation in assists per game at 8.3
- 1991 First Team Mideast Conference
- Shot 83.1% from the foul line – 18th in the nation her senior year
- MVP at the Mountain Cat Classic in 1990 and 1991
- All-Tournament Team at 1991 Ferris State Tournament
- 1991 *Kodak* Honorable Mention All-American
- 1991 American Women’s Sport Federation Second Team All-American
- Candidate for NCAA Woman of the Year in 1991 and 1992, sponsored by *Hanes Her Way*
- 1990 Indiana-Purdue, Ft. Wayne Tournament MVP
- Nominated for the 1992 *Honda* Division II Athlete of the Year
- Nominated for the 1992 *Honda* Collegiate Woman of the Year in NCAA Basketball



Mindy Young
1988 - 1992
 Marion Center High School
 Marion Center, Pa.



PITT JOHNSTOWN AT A GLIMPSE

*Pitt Johnstown has grown into a four-year, fully-accredited, co-educational college after being founded in 1927 as one of the first regional campuses of a major university in the United States. Its graduates receive a University of Pittsburgh degree.

*The 650-acre campus was opened in 1967 in Richland Township, a suburb of Johnstown. The buildings are constructed of native stone and located in a rustic wooded setting.

*Pitt Johnstown offers over 40 academic majors and concentrations, including popular majors such as Biology, Business Economics, Computer Science and Engineering Technology.

*Classes are small and opportunities for faculty-student interaction outside the classroom are plentiful. The student-faculty ration is 18:1, with a typical class size of 25 students. Approximately 60% of full-time students live on campus.

*The Zamias Aquatic Center offers students a variety of aquatic activities, including instructional and recreational opportunities. The center also includes a weight room, equipped with free weights and Nautilus equipment and a cardio room.

*Other additions to the campus include Blackington Hall, an administration and classroom building, and the Living/Learning Center (LLC). The LLC offers students a new campus living option that features a conference center, recreational facilities and a second cafeteria.

*The Pasquerilla Performing Arts Center offers the campus and community a wide variety of performing arts and also serves as home to the Johnstown Symphony Orchestra and Southern Alleghenies Museum of Art.

*The Whalley Memorial Chapel, which seats approximately 250 people, provides a facility for members of the university community to use for worship services, weddings and other events.

*Willow Hall, a 35,000 square foot dorm featuring 24 student apartments and a total of 109 beds, was just completed and opened in the fall of 2005.



2007-08 Lady Cat Basketball

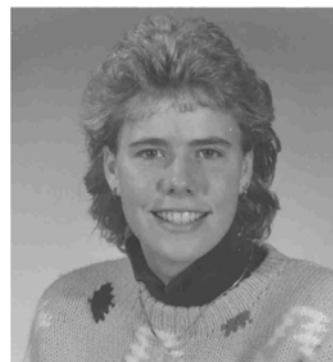


Honorable Mention *Kodak* All-Americans



Carrie Ferguson (1987-1991)

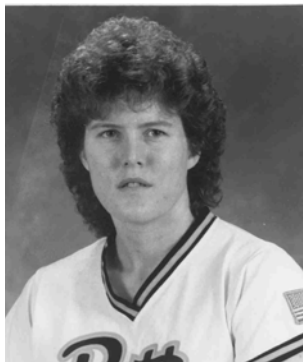
- 1990-91 Mideast Collegiate Conference Co-Player of the Year
- 1989-90 and 1990-91 MVP of Mideast Collegiate Conference Tournament
- Second in school history for free throws made in a season (137-171, 80.1%) and free throws made and attempted in a career (376-519, 72.4%)
- School record 294 rebounds in a single season
- Her 1,344 points ranks 11th on the Lady Cats' All-Time list
- Tied for second All-Time at Pitt Johnstown with 911 rebounds (tied with Carrie Thomas)
- Selected MVP of the 1989 Mountain Cat Classic
- Member of the All-Tournament Team at the 1990 Mountain Cat Classic
- First Team Selection in the Mideast Conference during the 1989-90 and 1990-91 seasons
- Shot 56.1% from the field and 80.1% from the free throw line as a senior



Carrie Ferguson
1987 - 1991
 Greensburg Salem High School
 Greensburg, Pa.



Amy Kessler (1988-1992)



Amy Kessler
1988 - 1992
 DuBois Area High School
 DuBois, Pa.

- MVP of 1992 Eastern Regional
- Senior Co-Captain averaged 19.9 points per game
- Sixth in nation in 1992 in free-throw shooting (88.1%)
- Eighth in NCAA Division II All-Time career FT% (minimum of 250 free throws made – 84.6%)
- Led the team in three-point field goal shooting (34.8%)
- All-Tournament Team at Mountain Cat Classic and Ferris State Tournament in 1991-92
- Four-year starter
- 1990-91 Mideast Collegiate Conference Co-Player of the Year
- Scored 1000th point as a junior
- Third on Pitt Johnstown's All-Time scoring list (1,662 points) and 18th on All-Time Rebounding List (548 rebounds)
- **Owns five school records:** Career Steals-405; 3-pt FGs made in a career-191; 3-pt FG ATT in a career-519; Steals in a game-14; Steals in a season-140



2007-08 Lady Cat Basketball

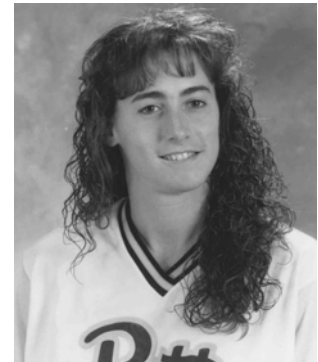


Honorable Mention *Kodak* All-Americans



Denise Gallo (1992-1996)

- Two-Time Kodak All-American Honorable Mention (1995 and 1996)
- MVP of the Mountain Cat Classic 1994-95
- Lady Cat All-Time leading scorer with 1,962 points
- 22nd All-Time leading rebounder (498)
- Most points in a season 1995-96 (647)
- Most free throws in a season 1995-96 (187)
- Most free throws attempted in a season (217)
- Most free throws made and attempted in a career (458-578 - 79.2%)
- Consecutive free throws in a season (53)
- Most field goals made in a game (18)
- Tied for Highest point avg. in a season 1995-96 (22.3) (tied with Melissa Patterson)
- Tied for most points in a game 1993-94 (42) (tied with Jen Tuscano)
- Tied for most free throws made in a game 1993-94 (18) tied with Maureen Latterner)
- Leading scorer in 20 of the 29 games she played as a senior



Denise Gallo
1992 - 1996
 Connellsville High School
 Connellsville, Pa.



Lindsay Baker (1998-2002)



Lindsay Baker
1998 - 2002
 Tussey Mountain High School
 Saxton, Pa.

- 2002 Honorable Mention *Kodak* All-American
- 2002 Second Team *Daktronics* All-American
- 2002 Honorable Mention *Women's Division II Bulletin* All-American
- 2002 Second Team *Verizon* Academic All-American
- Earned NCAA Postgraduate Scholarship in 2002
- Earned 2002 Pitt Johnstown Scholar Athlete Award
- Earned 2000 Lowell Shaffer Student-Athlete Award
- Led nation in Three-Point Field Goal Percentage in 2001-02 (47.9%)
- Finished 12th in the nation in scoring (20.9 ppg.), 8th in Free-Throw Percentage (86.8%) and tied for 20th in Three-Point Field Goals Made per Game (2.5) in 2001-02
- Holds school record for free-throw percentage in a season at 89.2% (2000-01)



2007-08 Lady Cat Basketball

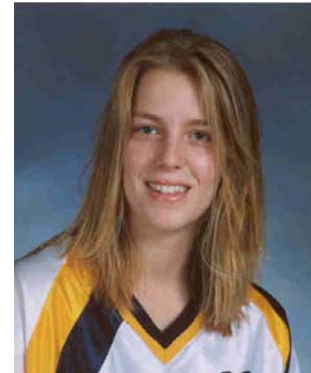


Honorable Mention *Kodak* All-Americans



Crystal Barr (2000-2004)

- 2004 Honorable Mention *Kodak* All-American
- 2004 Honorable Mention *Women's Division II Bulletin* All-American
- 2004 First Team *Daktronics* All-East Region
- Finished 2003-04 season ranked 21st in nation in Three-point field goal percentage at 41.3%) and 32nd in scoring at 18.6 points per game
- Finished 2002-03 season ranked 2nd in nation in three-point field goal percentage at 47.1% (57-121)
- 26th Lady Cat to reach 1,000 career points
- Currently ranks 24th on all-time scoring list with 1,051 points
- Scored a career-high 40 points on 17-22 shooting from the field against Slippery Rock University on 11/21/03



Crystal Barr
2000 - 2004
 Deer Lakes High School
 Gibsonia, Pa.



Melissa Patterson (2001-2005)



Melissa Patterson
2001 - 2005
 Juniata Valley High School
 Alexandria, Pa.

- 2005 *Kodak* Honorable Mention All-American
- 2005 *Daktronics* Honorable Mention All-American
- 2005 *Women's Division II Bulletin* Honorable Mention All-American
- 2005 Independent Player of the Year
- 2005 First Team *ESPN The Magazine* Academic All-American (first in Lady Cat history)
- Recipient of a NCAA Postgraduate Scholarship in 2005
- Finished 10th in NCAA Division II in Scoring (22.3 ppg.) and 22nd in Steals Per Game at 3.4
- Tied for Lady Cat single season scoring average record at 22.3 ppg. (tied with Denise Gallo)
- Ranked 17th on the Lady Cat All-Time Scoring List with 1,196 points
- Led team or tied for team lead in scoring 22 times in 2004-05
- Scored 20 or more points in a game 19 times, including a career-high 38 points against Shepherd (WV) University on 02/21/05
- Assistant under Coach Jodi Gault during the 2005-06 season



American Women's Sports Federation All-Americans



Lisa Britt (1976-1980)

- Lady Cats' second all-time leading scorer with 1,945 career points
- Holds school record for scoring average in a career at 19.8 points per game
- Second on Lady Cat all-time list with 583 career assists
- Ranks 27th on the Lady Cats all-time rebounding list with 444 career rebounds
- Helped lead Lady Cats to 40 game winning streak and the team's first ever #1 ranking in the nation
- Member of the 1976-77 team that finished the season undefeated at 21-0
- Invited to tryout for the United States Olympic Women's Basketball team
- Drafted by the Minnesota Fillies in the 1980 Women's Professional Basketball League draft
- Inducted into Cambria County Sports Hall of Fame in 2004



Lisa Britt
1976 – 1980

Greater Johnstown High School
Johnstown, Pa.



Pat Wajers (1976-1980)



Pat Wajers
1976 – 1980

Bishop Hoban High School
Wilkes Barre, Pa.

- Holds Pitt Johnstown's all-time career rebounding record with 933 career rebounds
- Ranks 21st on the Lady Cat all-time scoring list with 1,148 career points
- Helped lead team to 40 game winning streak
- Lady Cats compiled an 85-16 (.842) overall record while she was on the team
- Helped lead Lady Cats to their first ever #1 ranking in the nation
- Named to the All-Tournament Team of the Pitt Johnstown Mountain Cat Classic during the 1977-78 season

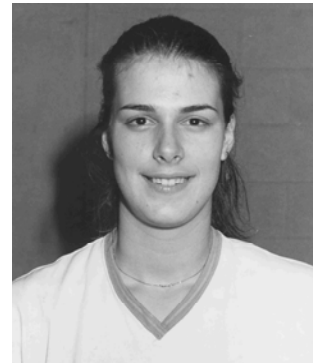


American Women's Sports Federation All-Americans



Carol Mumma (1978-1982)

- Currently ranks seventh on the all-time Lady Cat rebounding list with 765 career rebounds
- Twenty-second all-time leading scorer in Lady Cat history with 1,135 career points
- Helped lead team to EAIWA Final Four in 1981
- Named to All-East Region Team following 1981 season
- Most Valuable Player and two-time All-Tournament Team selection at Mountain Cat Classic
- Named to All-Tournament Team at the IUP Invitational
- Helped lead Lady Cats to first ever appearance in the NCAA Division III Playoffs
- Team posted a 92-19 (.829) record while Mumma was a Lady Cat



Carol Mumma
1978 – 1982
 Bedford High School
 Bedford, Pa.



LuAnn Ketter (1980-1984)



LuAnn Ketter
1980 - 1984
 Jeannette High School
 Jeannette, Pa.

- Ranks 19th on the Lady Cat all-time rebounding list with 532 career rebounds
- One of five Lady Cat starters who averaged in double figures during the 1982-83 season
- Helped lead team to the 1984 Great Lakes Regional Championship and a trip to the NCAA Division III Quarterfinals
- Named to the All-Tournament Team of the 1983-84 Great Lakes Regional
- Member of the 1983-84 Lady Cat team that finished third in NCAA Division III



American Women's Sports Federation All-Americans



Lenore Shimkus (1980-1984)

- Two-time All-American as a Lady Cat
- Tied for sixth on Lady Cat all-time scoring list with 1,486 career points
- Nominated for the 1984 "Champion Player of the Year" Award for NCAA Division III
- Member of the 1983-84 Lady Cat team that finished ranked third in NCAA Division III
- Named to the All-East Region Team in 1981
- Helped lead team to Great Lakes Region championship and a trip to the NCAA Division III Quarterfinals
- Most Valuable Player of Mountain Cat Classic and Shippensburg University Tournament



Lenore Shimkus

1980 - 1984

Marion Catholic High School
Mahanoy City, Pa.



Maureen Latterner (1981-1985)



Maureen Latterner

1981 - 1985

Bishop Carroll High School
Cresson, Pa.

- Two-time All-American as a Lady Cat
- *Kodak* All-District selection in 1985
- Currently stands 15th on Pitt Johnstown's all-time scoring list with 1,237 career points
- Lady Cats' all-time leader in assists with 754 career assists
- Holds school record for free-throw attempts in a game (23), most assists in a season (157)
- Shares Lady Cat record for free-throws made in a game (18) and assists in a game (16)
- Two-time Most Valuable Player of Mountain Cat Classic
- Played on the United States Olympic Handball Team
- Inducted into the Cambria County Sports Hall of Fame in 2004



Terry Solema (1981-1985)

- Currently fifth on Lady Cat all-time rebounding list with 847 career rebounds
- Ranks eighth in Pitt Johnstown history with 1,437 career points
- Led team in both scoring and rebounding during the 1983-84 and 1984-85 seasons
- Named First Team all Mason Dixon Conference and First Team All-Mid-Atlantic Region following the 1984-85 season
- Helped lead Lady Cats to the Great Lakes Regional title and the NCAA Division III Quarterfinals in 1984
- Helped team to earn #1 ranking in the nation during the 1984-85 season
- Assistant coach under Jodi Gault during the 1985-86 season



Terry Solema
1981 - 1985
 Shaler High School
 Pittsburgh, Pa.



Karen Sayers (1983-1987)



Karen Sayers
1983 - 1987
 Bald Eagle Area High School
 Bellefonte, Pa.

- Ranks 16th on Pitt Johnstown's all-time scoring list with 1,210 career points
- Stands eighth on all-time Lady Cat rebounding list with 755 career rebounds
- Ranks among the best all time in NCAA Division II for field goal percentage at 57.2% (minimum of 400 field goals made)
- Helped lead team to the NCAA Division II Final Four with after defeating top-ranked Delta State University
- Named First Team Mason Dixon Conference as a junior and Second Team as a senior
- Named Most Valuable Player at Mountain Cat Classic



Sally Mosay (1984-1988)

- Named to the 1988 *Kodak* All-District Team
- Ranks ninth on all-time scoring list with 1,419 career points
- Currently ranks fifth on Lady Cat all-time assist list with 513 career assists
- Shares Lady Cat record for most assists in a single game with 16
- Named Most Valuable Player of the 1987 East Regional Tournament and MVP of the Division II Quarterfinals
- Named 1988 Mason Dixon Conference Player of the Year
- Earned Most Valuable Player honors at the Mountain Cat Classic

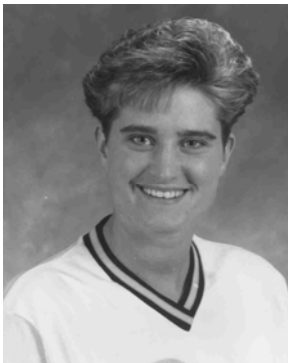


Sally Mosay
1984 - 1988

Elizabeth Forward High School
Elizabeth, Pa.



Janet Hess (1991-1995)



Janet Hess
1991 - 1995

Marion Center High School
Marion Center, Pa.

- 1994-95 Pre-Season "Sweet 16 List"
- 1993-94 *Women's Basketball Bulletin* Honorable Mention All-American
- All-Tournament Team at 1994-95 Mountain Cat Classic
- 1994 Golden Panther Scholar Award Winner
- 1994-95 second leading scorer averaging 13.6 ppg.
- Second in free-throw percentage (74.6%)
- 12th All-Time leading scorer (1,340 points)
- 28th All-Time leading rebounder (417 rebounds)
- Led team in assists 1993-94 and 1994-95
- 525 career assists
- 1994-95 Co-Captain
- 1995-96 Lady Cat Student Assistant Coach



Women's Division II Bulletin All-Americans



Meredith Hollis (1997-2001)

- Currently ranks 14th on Lady Cat all-time scoring list with 1,242 career points
- Named Honorable Mention All-American by *Women's Division II Bulletin*
- Named Second team All-East Region following the 2000-01 season
- Nominated for *Kodak All-America Team*, *Daktronics All-America Team* and *Verizon Academic All-America Team*
- Helped lead team to 18 consecutive wins, a 25-4 overall record, and a spot in the East Region Semifinals in 2000-01
- Named to the All-Tournament Team at the 2000 Clarion University Tournament
- Four-year starter who played in every game of her Pitt Johnstown career



Meredith Hollis
1997 - 2001
 Mechanicsburg High School
 Mechanicsburg, Pa.



Helen Young (1999-2003)



Helen Young
1999 - 2003
 Leonardtown High School
 Leonardtown, MD

- 2003 *Women's Division II Bulletin* Honorable Mention All-American
- 2003 *Daktronics* First Team All-East Region
- Reached 1,000-point plateau in only two seasons as a starter
- Currently ranks 28th on Pitt Johnstown All-Time Scoring List with 1,036 points
- Ranks 11th on Lady Cat Rebounding List with 722 rebounds
- Holds school record for career field goal percentage at 59.5% (419-704)
- Finished 2002-03 season ranked sixth in nation in Field Goal Percentage at 61.2%
- Led team in scoring 10 times and rebounding 23 times during 2002-03 season



Samantha Conner (2002-2006)

- 2006 *Women's Division II Bulletin* Honorable Mention All-American
- 2005-06 *Women's Division II Bulletin* Preseason Player of the Year for Independent schools
- Became Pitt Johnstown's 28th 1,000-point scorer
- Ranks 19th on All-Time Scoring List with 1,183 points
- Ranks 20th on All-Time Rebounding List with 523 rebounds
- Holds Lady Cat Career Free-Throw Percentage record at 85.8% (260-303)
- Ranked 15th in Field Goal Percentage (56.3%) and 49th in Field Goal Percentage (82.6%) in NCAA Division II in 2005-06
- First Team Independent Women's Basketball in 2006
- Finished 2004-05 season ranked 24th in nation in Free-Throw Percentage (84.9%) and 25th in Field Goal Percentage (55.5%)
- 2005 Mountain Cat Tournament All-Tournament Team
- Helped lead Lady Cats to four straight 20-win seasons, two NCAA Tournament berths and an 84-26 overall record



Samantha Conner
2002 - 2006
Everett High School
Everett, Pa.



Jessica Zapf (2003-2007)



Jessica Zapf
2003 - 2007
North Hills High School
Pittsburgh, Pa.

- 2007 *Women's Division II Bulletin* Honorable Mention All-American
- 2006-07 *Women's Division II Bulletin* Preseason Honorable Mention All-American
- 2007 WVIAC Second Team All-Conference
- 2007 *ESPN The Magazine* Academic All-American
- 2005-06 Second Team All-Independent Basketball
- 2006 *ESPN The Magazine* Third Team Academic All-District II
- Became 29th Lady Cat to reach 1,000-point plateau
- Ranks 13th on Lady Cat All-Time Scoring List with 1,325 career points
- Ranks fourth on Lady Cat All-Time Rebounding list with 858 career rebounds
- Finished 2006-07 season ranked eighth in NCAA Division II in Field Goal Percentage (57.3%), 37th in Points Per Game (17.9 ppg.) and 64th in Rebounds Per Game (8.6 rpg.)
- Helped lead Lady Cats to four straight 20-win seasons, two NCAA Tournament berths and an 84-27 record



2007-08 Lady Cat Basketball



Lady Cat Team Academic All-Americans



GTE/Verizon/ESPN The Magazine Academic All-Americans

Melissa Patterson (2005)

First Team Academic All-American

- Recipient of \$7,500 NCAA Postgraduate Scholarship
- Recipient of Academic Leadership Scholarship at Pitt Johnstown
- Earned Lowell D. Shaffer Student-Athlete Award and Fesler Edwards Award for top Q.P.A. in Business Management
- Member of Phi Kappa Phi Honor Society
- 2005 *Kodak*, *Daktronics* and *Women's Division II Bulletin* Honorable Mention All-American
- Tied Denis Gallo's school record for single-season scoring average of 22.3 ppg.
- Finished 04-05 10th in nation in Scoring (22.3 ppg.) and 22nd in Steals Per Game (3.4 spg.)
- Became 27th Lady Cat to reach 1,000-point plateau
- Ranks 17th on All-Time Lady Cat Scoring List with 1,196 points



MELISSA PATTERSON



LINDSAY BAKER

Lindsay Baker (2002)

Second Team Academic All-American

- Recipient of a \$5,000 NCAA Postgraduate Scholarship
 - 2002 Pitt Johnstown Scholar-Athlete Award winner
- Honorable Mention *Kodak* and *Women's Division II Bulletin* All-American
 - Second Team *Daktronics* All-American
- Led nation in Three-Point Field Goal Percentage in 2001-02 at 47.9%
- Tied for 8th in nation in Free-Throw Percentage (86.8%) and ranked 12th in scoring (20.9 ppg.)
 - Tied for 20th in nation in Three-Point Field Goals Per Game (2.5)
 - Holds school record for Free-Throw Percentage in a season at 89.2%
- Attended Graduate School at Penn State University studying Kinesiology/Physiology



Jessica Zapf (2006, 2007)

Second Team Academic All-American

- 2005-06 Third Team Academic All-District II
- 2006-07 *Women's Division II Bulletin* Honorable Mention All-American
- 2006-07 *Daktronics* Second Team all East Region and Second Team All-WVIAC
- Recipient of 2006-07 WVIAC Female Student-Athlete Award
- 2005-06 Second Team All-Independent Basketball
- Became 29th Lady Cat 1,000-point scorer
- Ranks fourth on Lady Cat All-Time Rebounding List (858 rebounds) and 13th on All-Time Scoring List (1,325 points) and 64th in Rebounds Per Game (8.6 rpg.) in 2006-07
- Ranked eighth in nation in Field Goal Percentage (57.3%), 37th in Points Per Game (17.9 ppg.)
- Member of Pi Lambda Theta Educational Honor Society



JESSICA ZAPF



Lady Cat All-District Academic All-Americans



GTE/Verizon/ESPN The Magazine

All-District Academic All-Americans

Bridget Hale (1990)

GTE Academic All-District

- Two-time Kodak All-American
- First Team All-Mideast Collegiate Conference and East Regional All-Tournament Team
- Fifth on Lady Cat All-Time Scoring List with 1,506 points
- Received Business Department Scholar Award in Business Management
- Recipient of the Howard Picking Award



BRIDGET HALE



MINDY YOUNG

Mindy Young (1992)

GTE Academic All-District

- 1992 WBCA Champion NCAA Division II National Player of the Year
- Kodak All-American (1992), Honorable Mention Kodak All-American (1991)
 - Recipient of 1992 Suzie McConnell Award for Achievement
 - Tied for Sixth on All-Time Scoring List with 1,486 points



Dr. Sue Rosso (1995)

GTE Academic All-District

- Currently ranks 25th on All-Time Rebounding List with 474 rebounds
- Earned Pitt Johnstown Scholar Athlete Award
- Earned Lowell Shaffer Outstanding Athlete Award
- Graduated from the Ohio School of Podiatry



DR. SUE ROSSO



2007-08 Lady Cat Basketball



Lady Cat All-District Academic All-Americans



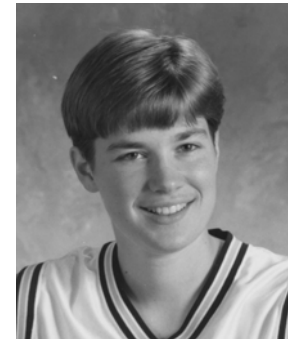
GTE/Verizon/ESPN The Magazine

All-District Academic All-Americans

Dr. Erin Meier (2000)

GTE / Verizon Academic All-District

- 23rd Lady Cat to reach 1,000-point plateau
- Currently ranks 27th on All-Time Scoring List with 1,042 points
- Four-year starter and two-year team captain as a Lady Cat
- Earned Dean's List four consecutive years
- Recipient of Pitt Johnstown's Lowell Shaffer Student Athlete Award in 2000
- Presidential Scholar at Pitt Johnstown
- Graduated from the Philadelphia Medical School of Osteopathic Medicine



DR. ERIN MEIER



KRISTIN CRESWELL

Kristin Creswell (2004)

Third Team Verizon Academic All-District

- Three-year Lady Cat starter
- Tied for sixth in nation in Free-Throw Percentage at 87.5% in 2003
 - Ranked 12th in nation in Assists Per Game at 6.4 in 2004
- Nominated for 2004 Kodak, Daktronics and Women's Division II Bulletin All-America Teams

*Melissa Patterson
became the Lady Cats' only
ESPN the Magazine
First Team Academic All-American
following the 2004-05 season.*





2007-08 Lady Cat Basketball



Lady Cat Individual Records

Lady Cat Individual Career Records

<u>Points:</u>	Denise Gallo	(1992-96)	1,962
<u>Rebounds:</u>	Pat Wajers	(1976-80)	933
<u>Scoring Average:</u>	Lisa Britt	(1976-80)	19.8
<u>Assists:</u>	Maureen Latterner	(1981-85)	754
<u>Steals:</u>	Amy Kessler	(1988-92)	405
<u>Free Throws Made/Attempted:</u>	Denise Gallo	(1992-96)	458-578 (79.2%)
<u>Free Throw %:</u>	Samantha Conner	(2002-06)	85.8% (260-303)
<u>Field Goal %:</u>	Helen Young	(1999-03)	59.5% (419-704)
<u>3-Pt. FG Made/Attempted:</u>	Amy Kessler	(1988-92)	191-519



DENISE GALLO
1992 – 1996
Lady Cat All-Time
Leading Scorer
With 1,962 points



Lady Cat Individual Season Records

<u>Points:</u>	Denise Gallo	(1995-96)	647
<u>Rebounds:</u>	Carrie Ferguson	(1989-90)	294
<u>Scoring Average:</u>	Denise Gallo	(1995-96)	22.3
	Melissa Patterson	(2004-05)	22.3
<u>Assists:</u>	Maureen Latterner	(1982-83)	257
<u>Steals:</u>	Amy Kessler	(1991-92)	140
<u>Field Goal %:</u>	Teri Menett	(1988-89)	64.5% (81-141)
<u>Free-Throws Made/Attempted:</u>	Denise Gallo	(1995-96)	187-217
<u>Free-Throw %:</u>	Lindsay Baker	(2000-01)	89.2% (58-65)
<u>Consecutive Free-Throws:</u>	Denise Gallo	(1995-96)	53
<u>3-Pt. FG Made/Attempted:</u>	Shelley Helsel	(1995-96)	76-215
<u>3-Pt. Field Goal %:</u>	Lindsay Baker	(2001-02)	47.9% (68-142)

ALLISON KRISCHER

2003 – 2007

Holds Lady Cat record for Three-Point Field Goals in a Game with nine at Columbia Union on 2/4/06



Lady Cat Individual Game Records

<u>Points:</u>	Jennifer Tuscano	(1997)	42 vs. California Univ. (PA)
	Denise Gallo	(1994)	42 vs. Saint Vincent College
<u>Rebounds:</u>	Jill Halapin	(1988)	25 vs. Slippery Rock University
<u>Assists:</u>	Sally Mosay	(1987)	16 vs. Saint Vincent College
	Maureen Latterner	(1984)	16 vs. Wisconsin-La Crosse
	Maureen Latterner	(1983)	16 vs. Duquesne University
<u>Steals:</u>	Amy Kessler	(1992)	14 vs. Quinnipiac University
<u>Field Goals:</u>	Denise Gallo	(1994)	18 vs. Saint Vincent College
<u>Free Throws Made:</u>	Denise Gallo	(1996)	18 vs. Alderson Broaddus College
	Maureen Latterner	(1985)	18 vs. UMBC
<u>Free-Throws Attempted:</u>	Maureen Latterner	(1985)	23 vs. UMBC
<u>3-Pt. Field Goals:</u>	Allison Krischer	(Feb. 4, 2006)	9 vs. Columbia Union (MD) College



2007-08 Lady Cat Basketball



Lady Cat Team Records



Lady Cat Single-Game Team Records

<u>Points:</u>	vs. Davis & Elkins College	02/14/90	119
<u>Points/Half:</u>	vs. Gannon University	1989-90	67
<u>Free-Throws Made:</u>	vs. Shepherd (WV) University	02/21/05	37
<u>Free-Throws Attempted:</u>	vs. UMBC	1985	56



Lady Cat Season Team Records

<u>Average Points Per Game :</u>	1989-90	90.6
<u>Most Wins:</u>	1990-91	27
<u>Winning Percentage:</u>	1976-77	100% (21-0)
<u>Best Field Goal Percentage:</u>	1987-88	51.9%
<u>Best Free-Throw Percentage:</u>	2004-05	78.1%
<u>Best 3-Point Field Goal Percentage:</u>	1992-93	40.9%
<u>Best Rebound Average:</u>	1979-80	51.7 rpg
<u>Best Point Per Game Average:</u>	1989-90	90.6 ppg.
<u>Most Assists:</u>	1976-77	440 assists (21.0 apg.)
<u>Most Steals:</u>	1976-77	403 steals (19.2 spg.)
<u>Least Amount of Turnovers:</u>	1978-79	11.2 tpg.
<u>Most Amount of Turnovers:</u>	1986-87	21.6 tpg.



2007-08 Lady Cat Basketball

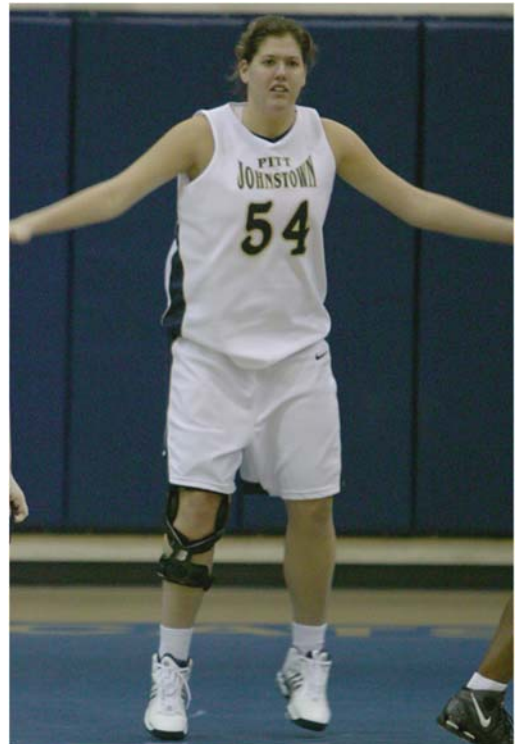


All-Time Lady Cat Letter Winners



<p style="text-align: center;"><u>A</u></p> <p>Altman, Denise -- 1 Anderson, Rita -- 1,2 Andrews, Crystal -- 1 Angle, Candace -- 1 Anthony, Jackie -- 1 Ashbridge, Lynne -- 1,2,3,4</p> <p style="text-align: center;"><u>B</u></p> <p>Bacon, Bonnie -- 1,2,3,4 Baker, Lindsay -- 1,2,3,4 Balest, Kimberly -- 1 Banaszewski, Dorothy -- 1,2 Baptist, Lil -- 1,2,3,4 Barker, Celeste -- 1,2,3,4 Barker, Julie -- 1,2 Barr, Crystal -- 1,2,3,4 Beamer, Elizabeth -- 1,2 Bence, Denise -- 1 Bednarski, Kim -- 1 Bell, Jenny -- 1,2,3,4 Billingsley, Jody -- 1,2,3,4 Blair, Rhonda -- 1 Bley, Lee Ann -- 1,2 Bogovic, Katie -- 1,2,3,4 Britcher, Krista -- 1,2 Britt, Lisa -- 1,2,3,4 Brown, Susan -- 1,2,3,4</p> <p style="text-align: center;"><u>C</u></p> <p>Cagni, Deb -- 1,2 Cale, Lindsay -- 1,2 Caputa, Cindy -- 1,2 Carey, Patricia -- 1,2,3,4 Certo, Lori -- 1 Cicero, Michele -- 1,2,3 Cicuto, Jamie -- 1,2,3,4 Cleveland, Daina -- 1,2,3,4 Conner, Samantha -- 1,2,3,4 Creswell, Kristin -- 1,2,3,4 Croyle, Toddy -- 1,2,3,4</p> <p style="text-align: center;"><u>D</u></p> <p>Dawes, Wendy -- 1 Day, Tanya -- 1,2</p>	<p style="text-align: center;"><u>D (Cont'd)</u></p> <p>Deaner, Debra -- 1,2,3,4 Delaney, Sue -- 1,2,3,4 Derzack, Connie -- 1,2 DiGioia, Dee -- 1 Dill, Julie -- 1,2,3,4 Doosley, Lori -- 1 Drenning, Mary Beth -- 1,2,3,4</p> <p style="text-align: center;"><u>F</u></p> <p>Ferguson, Carrie -- 1,2,3,4 Finn, Karen -- 1 Florini, Tina -- 1 Forster, Chrissy -- 1</p> <p style="text-align: center;"><u>G</u></p> <p>Gallo, Denise -- 1,2,3,4 George, Justine -- 1,2,3,4 Gioia, Margaret -- 1,2,3,4 Greaser, Tricia -- 1,2,3,4 Greene, Jessica -- 1,2,3</p> <p style="text-align: center;"><u>H</u></p> <p>Halapin, Jill -- 1,2,3,4 Hale, Bridget -- 1,2,3,4 Hargreaves, Amy -- 1,2,3 Helsel, Shelley -- 1,2,3,4 Hennon, Tracie -- 1,2,3,4 Herbert, Jean -- 1 Hess, Janet -- 1,2,3,4 Hollis, Meredith -- 1,2,3,4</p> <p style="text-align: center;"><u>I</u></p> <p>Irwin, Kristin -- 1,2</p> <p style="text-align: center;"><u>J</u></p> <p>Jacko, Jeanne -- 1 Jamison, Edna -- 1,2</p> <p style="text-align: center;"><u>K</u></p> <p>Kartovicky, Janet -- 1,2,3,4 Kessler, Amy -- 1,2,3,4 Ketter, Lu Ann -- 1,2,3,4 Knapic, Erin -- 1,2,3 Kosmack, Janine -- 1,2,3,4 Krischer, Allison -- 1,2,3,4</p>	<p style="text-align: center;"><u>L</u></p> <p>Latterner, Maureen -- 1,2,3,4 Loughry, Jennifer -- 1</p> <p style="text-align: center;"><u>M</u></p> <p>Maurer, Jill -- 1,2,3 McCombie, Lindsey -- 1,2 McGee, Erin -- 1,2 McKinney, Chelsea -- 1,2,3,4 McTighe, Rebecca -- 1,2 Meier, Erin -- 1,2,3,4 Meier, Megan -- 1,2,3,4 Menett, Teri -- 1,2,3,4 Miller, Lisa -- 1 Mock, Jessica -- 1 Mosay, Sally -- 1,2,3,4 Mumma, Carol -- 1,2,3 Murphy, Mandy -- 1,2,3,4</p> <p style="text-align: center;"><u>N</u></p> <p>Nee, Carol -- 1,2,3</p> <p style="text-align: center;"><u>O</u></p> <p>Oaks, Jami -- 1,2,3,4 Owens, Diane -- 1</p> <p style="text-align: center;"><u>P</u></p> <p>Park, Melissa -- 1,2,3,4 Patterson, Lindsay -- 1 Patterson, Melissa -- 1,2,3,4 Pflueger, Michele -- 1 Priest, Sarah -- 1,2,3</p> <p style="text-align: center;"><u>R</u></p> <p>Rairie, Kim -- 1 Ream, Lisa -- 1 Reigh, Shannon -- 1,2,3 Rietscha, Jessica -- 1,2,3,4 Rife, Heather -- 1,2 Risch, Vanessa -- 1,2,3 Ritchey, Jessica -- 1 Roberts, Cheryl -- 1,2 Rosso, Sue -- 1,2,3,4</p>	<p style="text-align: center;"><u>S</u></p> <p>Sayers, Karen -- 1,2,3,4 Schirf, Jaclyn -- 1,2,3,4 Schlimm, Julie -- 1,2,3,4 Schlimm, Krista -- 1 Senft, Donna -- 1 Sergi, Marcy -- 1,2,3,4 Shimkus, Barb -- 1,2,3 Shimkus, Lenore -- 1,2,3,4 Shimkus, Suzy -- 1,2,3,4 Slater, Dee -- 1,2,3,4 Socha, Jessica -- 1,2,3 Solema, Terry -- 1,2,3,4 Stypula, Jeanne -- 1,2,3 Sullivan, Erin -- 1</p> <p style="text-align: center;"><u>T</u></p> <p>Thomas, Carrie -- 1,2,3,4 Thomas, Tesha -- 1,2 Thompson, Nancy -- 1 Thompson, Tammy -- 1,2,3,4 Trombold, Claudia -- 1 Truitt, Audrey -- 1,2,3,4 Tuscano, Jennifer -- 1,2,3,4</p> <p style="text-align: center;"><u>V</u></p> <p>Vass, Suzanna -- 1 Visnovsky, Carol -- 1,2</p> <p style="text-align: center;"><u>W</u></p> <p>Wajers, Pat -- 1,2,3,4 Walters, Carrie -- 1 Widmer, Sarah -- 1,2 Williams, Bev -- 1 Wilson, Carolyn -- 1 Wood, Jendi -- 1 Worek, Arlene -- 1</p> <p style="text-align: center;"><u>Y</u></p> <p>Young, Helen -- 1,2,3,4 Young, Mindy -- 1,2,3,4</p> <p style="text-align: center;"><u>Z</u></p> <p>Zapf, Jessica -- 1,2,3,4</p>
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Lady Cats In Action





2007-08 Lady Cat Basketball



2008 Lady Cat Summer Camps



Year after year, hundreds of campers participate in Lady Cat Basketball Camps. Head Coach Sasha Palmer and her staff will provide excellent opportunities for teams or individuals to enhance their basketball skills.

Instruction includes work on specific areas: shooting, defense on and off the ball, offensive and defensive rebounding, post moves, three-on-three play, free-throw shooting and team concepts.

Campers also participate in tournaments and contests to bring out competitive spirit and to reinforce camp instruction.

Coach Palmer invites guest speakers to lecture on various aspects of the game. Team camps consist of lectures on off-season conditioning, weight-training, nutrition, team offenses and defenses, point guard play, post play and how to prepare for college recruitment.

At the end of camp, evaluations and awards are given to campers. Proceeds from the camps support Pitt Johnstown's General Scholarship Fund.

2008 Lady Cat Basketball Summer Camps



2008 Lady Cat Summer Basketball Tentative Camp Dates

Jr. High Girls Basketball (Grades 5-9) (Session II): June 22-26, 2008

High School Team Camp (Grades 9-12): July 6-10, 2008

**Call the Pitt Johnstown Athletic Department
at (814) 269-2000 For More Details**



2007-08 Lady Cat Basketball



UPJ ATHLETICS HALL OF FAME



In September 2007, the University of Pittsburgh at Johnstown announced the creation of an Athletics Hall of Fame
 On September 30, 2007
 five former Pitt Johnstown Athletes
 were inducted as part of the inaugural class of the Athletics Hall of Fame

The Inaugural Class Included:

- LISA BRITT (1980 - WOMEN'S BASKETBALL)
- SEAN ISGAN (1982 - WRESTLING)
- CARL SAX (1958 - MEN'S BASKETBALL)
- ED SHERLOCK (1961- MEN'S BASKETBALL / ATHLETIC DIRECTOR)
- JAMES WILKES (1954 - MEN'S BASKETBALL)



Lisa Britt
Women's Basketball



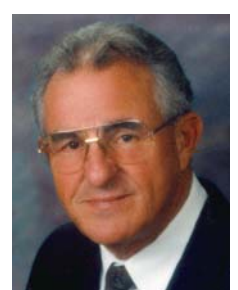
Sean Isgan
Wrestling



Carl Sax
Men's Basketball



Ed Sherlock
Men's Basketball/Administrator



James Wilkes
Men's Basketball