



TENTATIVE SCHEDULE - 3/23/22

Friday, April 22 2022

Time Running Event	Section	Time Field Event	Section
9:00 AM 2,000m Steeplechase	Boys 1 Heat	10:00 AM Discus	Men 2 Flights
9:15 AM 2,000m Steeplechase	Girls 1 Heat	10:30 AM Javelin	Men 2 Flights
9:30 AM 3,000m Freshman Championship	Boys 1 Heat	12:00 PM High Jump	Men 2 Flights
9:43 AM 3,000m Freshman Championship	Girls 1 Heat	12:15 PM Pole Vault	Women 2 Flights
9:58 AM 3,000m Open	Boys 3 Heats	1:00 PM Long Jump	Women 2 Flights
10:35 AM 3,000m Open	Girls 3 Heats	1:15 PM Long Jump	Men 2 Flights
11:20 AM Mile Open w 1500m En Route split	Boys 3 Heats	1:45 PM Discus	Women 2 Flights
11:38 AM Mile Open w 1500m En Route split	Girls 3 Heats	2:00 PM Hammer Throw	Boys 2 Flights
11:59 AM 4x400m Relay Prelims	Boys 8 Heats	2:30 PM High Jump Flight "A" & "B"	Boys 3 Flights
12:39 PM 4x400m Relay Prelims	Girls 8 Heats	2:45 PM Shot Put	Boys 3 Flights
1:19 PM 4x100m Relay Prelims	Boys 8 Heats	3:00 PM Long Jump	Girls 3 Flights
1:51 PM 4x100m Relay Prelims	Girls 8 Heats	3:10 PM Long Jump	Boys 3 Flights
2:23 PM 200m	Boys 4 Heats	3:20 PM Hammer Throw	Women 2 Flights
2:35 PM 200m	Girls 4 Heats	3:30 PM Discus Throw	Girls 3 Flights
2:47 PM 200m Wheelchair	Mixed 1 Heat	3:45 PM Pole Vault Flight "A" & "B"	Girls 3 Flights
2:55 PM 400m	Boys 4 Heats	4:45 PM Hammer Throw	Girls 2 Flights
3:07 PM 400m	Girls 4 Heats		
3:19 PM 400m	Men 2 Heats		
3:26 PM 400m	Women 2 Heats		
3:33 PM 110m Hurdles Prelims	Boys 7 Heats		
3:57 PM 100m Hurdles Prelims	Girls 7 Heats		
4:25 PM 400m Hurdles	Men 2 Heats		
4:37 PM 400m Hurdles	Women 2 Heats		
4:49 PM 3,000m Steeplechase Open (if needed)	Women 0 Heat		
4:49 PM 3,000m Steeplechase Open (if needed)	Men 0 Heat		
4:49 PM 1500m Open	Women 1 Heat		
4:56 PM 1500m Open	Men 1 Heats		
5:02 PM 5,000m Open	Women 1 Heat		
5:19 PM 5,000m Open	Men 1 Heat		
5:34 PM 4x400m Relay	MS Boys 2 Heats		
5:46 PM 4x400m Relay	MS Girls 2 Heats		
5:58 PM 4x800m Relay	Boys 2 Heats		
6:23 PM 4x800m Relay	Girls 2 Heats		
6:48 PM 4x200m Relay Open	Boys 5 Heats		
7:13 PM 4x200m Relay Open	Girls 5 Heats		
7:38 PM High Performance Window Starts			
7:38 PM RunnerSpace Sports Desk Preview Show			
7:48 PM National Anthem			
7:51 PM 4x200m Relay Invite	Boys 1 Heat		
7:56 PM 4x200m Relay Invite	Girls 1 Heat		
8:01 PM 3,000m Steeplechase	Men 1 Heat		
8:16 PM 3,000m Steeplechase	Women 1 Heat		
8:31 PM Mile Wheelchair w 1500m En Route split	Mixed 1 Heat		
8:37 PM 1500m Invite	Women 1 Heat		
8:44 PM 1500m Invite	Men 1 Heat		
8:50 PM Mile Invite w 1500m En Route split	Boys 1 Heat		
8:56 PM Mile Invite w 1500m En Route split	Girls 1 Heat		
9:03 PM 3,000m Invite	Girls 1 Heat		
9:16 PM 5,000m Invite	Women 1 Heat		
9:33 PM 3,000m Invite	Boys 1 Heat		
9:45 PM 5,000m Invite Bill McChesney Jr.	Men 1 Heat		
10:00 PM High Performance Window Ends / Meet Ends			

OREGON RELAYS

#OREGONRELAYS



Saturday, April 23 2022

Time Running Event	Section	Time Field Event	Section
10:00 AM 800m Open	Boys 4 Heats	10:00 AM Javelin	Girls 3 Flights
10:20 AM 800m Open	Girls 4 Heats	10:30 AM Shot Put	Girls 3 Flights
10:40 AM 800m Open	Men 3 Heats	11:00 AM High Jump Flight "A" & "B"	Girls 3 Flights
10:55 AM 800m Open	Women 3 Heats	11:10 AM Pole Vault Flight "A" & "B"	Boys 3 Flights
11:10 AM 100m Prelims	Boys 8 Heats	11:20 AM Javelin	Women 2 Flights
11:34 AM 100m Prelims	Girls 8 Heats	11:45 AM Triple Jump	Girls 3 Flights
11:58 AM 100m Open	Men 2 Heats	12:00 PM Triple Jump	Women 2 Flights
12:04 PM 100m Open	Women 2 Heats	12:15 PM Hammer Throw	Men 2 Flights
12:10 PM 300m Hurdles Open	Boys 5 Heats	1:30 PM Shot Put	Women 2 Flights
12:25 PM 300m Hurdles Open	Girls 5 Heats	3:00 PM High Jump	Women 2 Flights
12:42 PM Sprint Medley Relay	Boys 5 Heats	3:10 PM Javelin	Boys 3 Flights
1:12 PM Sprint Medley Relay	Girls 5 Heats	3:20 PM Pole Vault	Men 2 Flights
1:47 PM 4x100m Relay	MS Boys 4 Heats	3:30 PM Triple Jump	Men 2 Flights
2:11 PM 4x100m Relay	MS Girls 4 Heats	3:40 PM Triple Jump	Boys 3 Flights
2:35 PM Distance Medley Relay Open	Boys 3 Heats	3:50 PM Discus Throw	Boys 3 Flights
3:14 PM Distance Medley Relay Open	Girls 3 Heats	4:00 PM Shot Put	Men 2 Flights
3:59 PM High Performance Window Starts			
3:59 PM RunnerSpace Sports Desk Preview Show			
4:09 PM National Anthem			
4:12 PM #alaforMatt / Matt Scherer Moment of Silence			
4:15 PM 4x100m Relay Final	Boys 1 Heat		
4:20 PM 4x100m Relay Final	Girls 1 Heat		
4:25 PM 4x100m Relay	Men 1 Heat		
4:30 PM 4x100m Relay	Women 1 Heat		
4:35 PM 800m Invite	Boys 1 Heat		
4:40 PM 800m Invite	Girls 1 Heat		
4:45 PM 800m Invite	Men 1 Heat		
4:50 PM 800m Invite	Women 1 Heat		
4:55 PM 200m	Men 2 Heats		
5:01 PM 200m	Women 2 Heats		
5:07 PM 110m Hurdles Final	Boys 1 Heat		
5:12 PM 110m Hurdles	Men 2 Heats		
5:22 PM 100m Hurdles Final	Girls 1 Heat		
5:27 PM 100m Hurdles	Women 2 Heats		
5:37 PM 300m Hurdles Invite	Boys 1 Heat		
5:40 PM 300m Hurdles Invite	Girls 1 Heat		
5:43 PM 100m Final	Boys 1 Heat		
5:48 PM 100m Final	Girls 1 Heat		
5:53 PM 100m Invite	Men 1 Heat		
5:56 PM 100m Invite	Women 1 Heat		
5:59 PM 4x400m Relay Final	Boys 1 Heat		
6:05 PM 4x400m Relay Final	Girls 1 Heat		
6:11 PM 4x400m Relay	Men 1 Heat		
6:17 PM 4x400m Relay	Women 1 Heat		
6:24 PM Distance Medley Relay Invite	Boys 1 Heat		
6:37 PM Distance Medley Relay Invite	Girls 1 Heat		
6:52 PM High School Co-ed Team Champs Crowned			
6:57 PM Distance Medley Relay	Men 1 Heat		
7:09 PM Distance Medley Relay	Women 1 Heat		
7:23 PM High Performance Window Ends / Meet Ends			