

# Track & Field History

## 2018-2019

**OUA T&F Championships:** Women 1<sup>st</sup> | Men 1<sup>st</sup>

**U SPORTS T&F Championships:** Women 1<sup>st</sup> | Men 1<sup>st</sup>

The Gryphons began the season the same way they would end it – as the No. 1 collegiate team in Canada. For a program with such a rich history, the 2018/19 season was arguably the greatest year produced by any collection of Guelph track and field athletes. The record-breaking performances piled up in a season that started last fall on home turf at the Zoltan Tenke Classic and ended with another pair of U SPORTS banners at nationals in Winnipeg. A core group of stars like Shyvonne Roxborough, Olivia Romaniw, and Mark Bujnowski were complemented by the arrival of some veteran talents like sprinters Philip Osei and Daniel Harper, as well as fifth-year middle-distance specialist Jenna Westaway. Westaway would establish new Canadian senior records in both the 800m and 1000m events, while Osei and Harper excelled in the 300m events and helped the dynamic sprint relay teams reach new heights. The emergence of second-year sprinter Zoe Sherar and rookies Matthew MacNeill and Brennan Seguin, a surprise national gold medalist in the pole vault, only added to Guelph's already incomparable depth. When the championships were on the line, that depth proved to be the difference. The Gryphons dominated the competition at the OUA Championships in Toronto, winning 36 medals, including 16 golds, on their way to sweeping the team titles. Romaniw was named OUA Female Track MVP after winning golds in the 600m and 100m events; Bujnowski earned the OUA Male Field MVP after a gold in the shot put and a silver in the weight throw; and MacNeill was the OUA Male Rookie of the Year following his silver medal in the 60m hurdles and a fifth-place finish in the long jump. The good times continued at nationals where the Gryphons maintained their dominance. After a relatively slow start, Guelph's athletes picked up momentum and ran away with both U SPORTS banners for the second consecutive year after the greatest final day in program history. Westaway set a U SPORTS record in the 1000m event and was named Female Performer of the Meet; Sherar set a Guelph school record in the 300m race, completing an OUA/U SPORTS gold medal sweep; and the women's 4x200m and 4x400m relay teams, as well as the men's 4x400m foursome, each established new U SPORTS records. The men's championship was the team's third straight, while the women's win was the fourth for the decorated program. MacNeill, who followed up his OUA hurdles silver medal with a national bronze in the long jump, was named U SPORTS Male Rookie of the Year. Head coach Dave Scott-Thomas swept both the OUA women's and men's Coach of the Year awards for the third straight season. And Westaway ended her first and final season in the red, black and gold with Gryphon Female Athlete of the Year honours.

### Gryphon medalists at 2019 OUA T&F Championships

#### **GOLD**

Olivia Romaniw (women's 1000m, 600m)

Hailey Hitchings (women's 60m hurdles)

Emily Bowerman (women's pentathlon)

Tessa Hamilton (women's pole vault)

Danielle Jossinet (women's 3000m)

Zoe Sherar (women's 300m)

Daniel Harper (men's 300m)

Jenna Westaway, Nina Whitford, Savanna Kent-Korell, and Jenna Smith (women's 4x800m)

Mark Bujnowski (men's shot put)

Shyvonne Roxborough (women's 60m)

Josh Hamilton, Graeme Thompson, Davis Edward, Daniel Harper (men's 4x400m)

Morgan Byng, Shyvonne Roxborough, Zoe Sherar, Nicole Smith (women's 4x200m) \*OUA meet record\*

Daniel Harper, Kudakwashe Murasiranwa, Philip Osei, Graeme Thompson (men's 4x200m)

Dana Earhart (women's 1500m)

Morgan Byng, Sadie-Jane Hickson, Jenna Smith, Zoe Sherar (women's 4x400m) \*OUA meet record\*

#### **SILVER**

Mark Bujnowski (men's weight throw)

Emma Nero (women's 60m hurdles)

Matthew MacNeill (men's 60m hurdles)

Connor Black (men's 3000m)

Philip Osei (men's 300m)

Shyvonne Roxborough (women's long jump)

Levi Fretz, Ryder Horton, Alec Purnell, Mostafa Elkurdy (men's 4x800m)

Emily Fawcett (women's weight throw)

Jenna Smith (women's 600m)

Kudakwashe Murasiranwa (men's 60m)

Justice Archer (men's high jump)

#### **BRONZE**

Dana Earhart (women's 1000m)

Tyra Boug (women's 60m hurdles)

Hannah Woodhouse (women's 3000m)

Mitch Ubene (men's 3000m)

Morgan Byng (women's 300m)

Graeme Thompson (men's 300m)

Sadie-Jane Hickson (women's 600m)

Robin Clark (women's high jump)

Connor Black (men's 1500m)

Brennan Seguin (pole vault)

### **OUA T&F - Major Award Winners**

Mark Bujnowski – OUA Men’s (Field) MVP  
Olivia Romaniw – OUA Women’s (Track) MVP  
Dave Scott-Thomas – OUA Men’s T&F Coach of the Year  
Dave Scott-Thomas – OUA Women’s T&F Coach of the Year  
Matthew MacNeill – OUA T&F Rookie of the Year

### **OUA T&F First Team All-Stars**

Mark Bujnowski	Morgan Byng (2 events)	Shyvonne Roxborough (2 events)
Davis Edward	Dana Earhart	Zoe Sherar (3 events)
Josh Hamilton	Tessa Hamilton	Jenna Smith (2 events)
Daniel Harper (3 events)	Sadie-Jane Hickson	Nicole Smith
Kuda Murasiranwa	Hailey Hitchings	Jenna Westaway
Philip Osei	Danielle Jossinet	Nina Whitford
Graeme Thompson (2 events)	Savanna Kent-Korell	
Emily Bowerman	Olivia Romaniw (2 events)	

### **OUA T&F Second Team All-Stars**

Justice Archer	Philip Osei
Connor Black	Emily Fawcett
Mark Bujnowski	Emma Nero
Matthew MacNeill	Shyvonne Roxborough
Kuda Murasiranwa	Jenna Smith

### **Gryphon medalists at 2019 U SPORTS T&F Championships**

#### **GOLD**

Jenna Westaway (women's 1000m) \* U SPORTS record  
Zoe Sherar (women's 300m) \* University of Guelph record  
Jenna Smith, Sadie-Jane Hickson, Olivia Romaniw, Jenna Westaway (women's 4x800m)  
Morgan Byng, Shyvonne Roxborough, Zoe Sherar, Nicole Smith (women's 4x200m) \* U SPORTS record  
Mark Bujnowski (men's shot put)  
Daniel Harper, Kuda Murasiranwa Philip Osei, Graeme Thompson (men's 4x200m)  
Brennan Seguin (men's pole vault)  
Jenna Westaway (1500m)  
Morgan Byng, Sadie-Jane Hickson, Jenna Smith, Zoe Sherar (women's 4x400m) \* U SPORTS record  
Josh Hamilton, Graeme Thompson, Daniel Harper, Philip Osei (men's 4x400m) \* U SPORTS record

#### **SILVER**

Mark Bujnowski (men's weight throw)  
Olivia Romaniw (women's 1000m, 600m)  
Emma Nero (women's 60m hurdles)  
Philip Osei (men's 300m)  
Levi Fritz, Simon Quann, Mostafa Elkurdy, Alec Purnell (men's 4x800m)

#### **BRONZE**

Kuda Murasiranwa (men's 60m)  
Matthew MacGillivray (men's 60m hurdles)  
Matthew MacNeill (men's long jump)  
Morgan Byng (women's 300m)  
Daniel Harper (men's 300m)  
Jenna Smith (600m)

### **U SPORTS T&F - Major Award Winners**

Jenna Westaway – U SPORTS Athlete of the Year  
Dave Scott-Thomas – U SPORTS Men’s T&F Coach of the Year  
Dave Scott-Thomas – U SPORTS Women’s T&F Coach of the Year  
Matthew MacNeill – U SPORTS T&F Rookie of the Year

### **U SPORTS T&F First Team All-Canadians**

Mark Bujnowski	Brennan Seguin	Shyvonne Roxborough
Josh Hamilton	Graeme Thompson (2 events)	Zoe Sherar (3 events)
Daniel Harper (2 events)	Morgan Byng (2 events)	Jenna Smith (2 events)
Kuda Murasiranwa	Sadie-Jane Hickson (2 events)	Nicole Smith
Philip Osei (2 events)	Olivia Romaniw	Jenna Westaway (3 events)

### **U SPORTS T&F Second Team All-Canadians**

Mark Bujnowski	Alec Purnell
Mostafa Elkurdy	Simon Quann
Levi Fretz	Emma Nero
Philip Osei	Olivia Romaniw

### **University of Guelph Awards**

Jenna Westaway – Female Athlete of the Year  
Connor Black – W.F. Mitchell Sportsman of the Year

Mostafa Elkurdy – President’s Trophy (Male)  
Zoe Sherar – President’s Trophy (Female)  
Matthew MacNeill – Male Rookie of the Year (Scott Yanchus Award)  
Tyra Boug – Female Rookie of the Year (Dr. Mary Beverley-Burton Award)

### Team Awards

Track & Field (Men’s): Rookie Award – Matthew MacNeill/Brennan Seguin  
Track & Field (Men’s): M.V.P. (Hamilton Olympic Club Award) – Mark Bujnowski  
Track & Field (Women’s): Rookie Award – Tyra Boug  
Track & Field (Women’s): M.V.P. – Zoe Sherar/Jenna Westaway

### 2018-19 Coaching Staff:

Head Coach: Dave Scott-Thomas (22<sup>nd</sup> season)  
Associate head coach: Jason Kerr  
Team Manager: Scott MacDonald  
Assistants: Guyson Kuruneri, Jordan Foley, Kyle Boorsma, Shane Ferth, James Sniatenchuk, Michelle Taube, Zach Pollari, Julia Wallace, Jeff Haller, Alanna Whinton

### 2018-19 Roster:

Elijah Ampratwum	Owen Hebb	David Poloni
Aidan Anger	Cameron Hoggarth	Alexander Purnell
Justice Archer	Ryder Horton	Simon Quann
Nicholas Bannon	Gavin Hughes	Kurdell Reason
Cameron Bates	Joshua Kellier	Grant Richard
Kristian Benjamin	Jayden Kelly	Brennan Seguin
Connor Black	Thomas Kemp	Kenny Siharath
Mark Bujnowski	Adam Lee	Kyle Sinden
Braydon Clarke	Matthew MacGillivray	William Stewart
Dylan Cooper	Matthew MacNeill	Graeme Thompson
Kalum Delaney	Kyle Madden	Kyle Thompson
Allan Edward	James Muharrem	Noah Tinevez
Mostafa Elkurdy	Kudakwashe Murasiranwa	Mitchell Ubene
Levi Fretz	Philip Osei	Ikechukwu Usifo
Brady Graves	Mark Patton	Gerrard Wallace
Josh Hamilton	John Perrier	Benjamin Workman
Daniel Harper	Graham Pitfield	
Arabella Alton	Jaclyn Groom	Shyvonne Roxborough
Zaria Armstrong	Tessa Hamilton	Stephanie Sarellas
Tyra Boug	Sadie-Jane Hickson	Zoe Sherar
Emily Bowerman	Hailey Hitchings	Tiana Sinnatambu
Morgan Byng	Emma Hubbard	Jenna Smith
Hillary Clark	Hanna Jodoin	Nicole Smith
Robin Clark	Danielle Jossinet	Clare Thompson
Voneta Davis	Savanna Kent-Korell	Charlotte Ward
Sonja Drosdowech	Kendra Leger	Jenna Westaway
Marissa DuBois	Erica MacCallum	Nina Whitford
Dana Earhart	Gabrielle Marton	Sarah Wismer
Emily Fawcett	Emma Nero	Hannah Woodhouse
Keegan Gaunt	Tamia Noel	
Kiana Gibson	Olivia Romaniw	

## 2017-2018

*OUA Championships: Men - champions, Women - champions*  
*U SPORTS Championships: Men - champions, Women – champions*

Elite collegiate programs are measured by championships. And for some teams, anything less than a banner is a disappointment. That was the attitude Guelph’s track and field women and men brought into the 2017-18 season and rather than feeling the pressure, the deep roster of veteran and newcomer athletes embraced it to surpass their already high expectations. The Gryphons methodically attacked the OUA schedule, producing both impressive individual and team results at the usual stops like the McGill Team Challenge, York Open, and the Guelph Last Chance Meet on home turf. One thing was clear, if the Gryphons put it together at the OUA and U SPORTS Championships, the medal haul would be substantial. The question was if the athletes were as up to it mentally as they were physically. The answer was a resounding yes. Guelph’s women and men utterly dominated at the OUA’s in Windsor. Tommy Land again ran his way to golds in the 600m and 1000m events; Sarah Hammond produced an incredible run of 8.18 seconds in the 60m hurdles (a U of G record and fastest time of the season by a collegiate athlete in North America); second-year sprinter Shyvonne Roxborough held her spot above the U SPORTS rankings with a 7.44, and gold, in the 60m; Marissa DuBois topped the podium in the long jump; rookie Mark Bujnowski earned gold in the shot put; the 4x800m men’s relay team of Levi Fretz, Mark Patton, Joshua Kellier, and Andrew LeBlanc took gold, as did the 4x200m team of rookie Morgan Byng, Roxborough, Tessa Hamilton and Jenna Smith, who ran their race in OUA-record time; Zoe Sherar, Byng, Smith, and Lauren D’Agnolo set a school record in winning gold in the 4x400m; James Muharrem, LeBlanc, Land and Graeme Thompson took gold in men’s 4x400m; and three high-profile Gryphons, Maja Naruszewicz (women’s high jump), Mark Emode (men’s heptathlon), and Sean Cate (men’s high jump) all won gold in their events. In total, there was a U of G record 33 medals, with the women racking up 197 points (70 more than the host Lancers) and the men reaching 186 (71 more than second-place Western). Two weeks later, the Gryphons did it again in Windsor, sweeping the U SPORTS team banners on the exact same day they accomplished the same feat in Montreal a decade earlier. They produced several heroic performances from established

veterans and emerging stars to secure 20 medals, including OUA/U SPORTS golden doubles from Land (in both events), Roxborough, Hammond, Naruszewicz, the 4x200m women, and the 4x800m men. Land, who was named the U SPORTS Track Male Athlete of the Year, before the event, repeated as Male Performer of the Meet, sharing the honours with Alberta's Austin Cole. Bujnowski won bronze in the shot put in his debut at nationals and was voted the U SPORTS Rookie of the Year.

Elijah Ampratwum	1L	Nathan Egert	2L	Andrew Leblanc	2L	Jason Richards	2L
Justice Archer	2L	Mostafa Elkurdy	4H	Aiden Mallany-Stanley	1L	Andrew Shepherd	2L
Andrius Balsas	2L	Mark Emode	5L	Logan Martineau	1L	Kyle Sinden	3L
Matthew Bartoletta	2L	Levi Fretz	2L	James Muharrem	1L	Sebastian Smith	1L
Connor Black	4H	Jonathan Goodridge	1L	Bedi Ndinsil	1L	Graeme Thompson	2L
Mark Bujnowski	1L	Brady Graves	2L	Thomas Nedow	1L	Jeffrey Thornber	4H
Sean Cate	5L	Owen Hebb	2L	Mark Patton	3L	Noah Tinevez	1L
Michael Chalupiak	1L	Gavin Hughes	1L	Jean Pierre	1L	Mitchell Torres	5L
Jackson Cheung	4H	Taj Jones-McCormick	1L	Graham Pitfield	4H	Mitchell Ubene	2L
Braydon Clarke	1L	Joshua Kellier	2L	David Poloni	1L	Thomas Weigl	2L
Dylan Cooper	1L	Jayden Kelly	2L	Simon Quann	2L	Caelum Wishart	4H
Matthew Creelman	2L	Thomas Kemp	4H	Kurdell Reason	1L	Benjamin Workman	2L
Allan Edward	2L	Tommy Land	5L	Grant Richard	1L		
Arabella Alton	1L	Vanessa Gray	4H	Francesca Maltais	2L	Zoe Sherar	1L
Zaria Armstong	2L	Tessa Hamilton	2L	Gabrielle Marton	3L	Tiana Sinnatamby	3L
Jordan Bates	4H	Sarah Hammond	4H	Maja Naruszewicz	4H	Jenna Smith	2L
Emily Bowerman	4H	Sadie-Jane Hickson	1L	Emma Nero	3L	Nicole Smith	3L
Morgan Byng	1L	Hailey Hitchings	3L	Emily Newton	1L	Charlotte Ward	4H
Lauren D'Agnolo	2L	Emma Hubbard	1L	Jade Peters	2L	Sarah Welch	3L
Marissa DuBois	2L	Danielle Jossinet	3L	Olivia Romaniw	4H	Sarah Wismer	3L
Dana Earhart	2L	Kendra Leger	1L	Shyvonne Roxborough	2L	Hannah Woodhouse	2L
Kiana Gibson	1L	Isabel Maddocks	1L	Stephanie Sarellas	2L	Erin Young	2L

### **Awards Summary**

#### **OUA First Team All-Stars**

Mark Bujnowski  
Sean Cate  
Mark Emode  
Levi Fretz  
Josh Kellier  
Tommy Land  
Andrew Leblanc  
James Muharrem  
Mark Patton

Graeme Thompson  
Morgan Byng  
Lauren D'Agnolo  
Marissa DuBois  
Sarah Hammond  
Maja Naruszewicz  
Shyvonne Roxborough  
Zoe Sherar  
Jenna Smith

#### **OUA Second Team All-Stars**

Jackson Cheung  
Mostafa Elkurdy  
Mark Emode  
Thomas Nedow  
Mitchell Torres  
Arabella Alton

Jordan Bates  
Morgan Byng  
Dana Earhart  
Tessa Hamilton  
Sarah Hammond  
Sadie-Jane Hickson

Danielle Jossinet  
Kendra Leger  
Olivia Romaniw  
Shyvonne Roxborough  
Jenna Smith  
Charlotte Ward

#### **OUA Major Awards**

Mark Bujnowski – Men's Track & Field Rookie of the Year  
Mark Emode- Men's Track & Field Community Service Award  
Tommy Land- Men's Track & Field Overall Most Valuable Performer Award  
Dave Scott-Thomas- Men's Track & Field Coach of the Year  
Dave Scott-Thomas- Women's Track & Field Coach of the Year  
Morgan Byng- Women's Track & Field Rookie of the Year

#### **U SPORTS First Team All-Canadians**

Mostafa Elkurdy  
Levi Fretz  
Josh Kellier  
Tommy Land  
Andrew Leblanc  
Morgan Byng

Tessa Hamilton  
Sarah Hammond  
Maja Naruszewicz  
Shyvonne Roxborough  
Jenna Smith

#### **U SPORTS Second Team All-Canadians**

Sean Cate  
Mark Emode  
Thomas Nedow  
Jordan Bates  
Morgan Byng  
Lauren D'Agnolo

Dana Earhart  
Tessa Hamilton  
Sadie-Jane Hickson  
Kendra Leger  
Olivia Romaniw  
Zoe Sherar

**U SPORTS Major Awards**

Mark Bujnowski – Men’s Track & Field Rookie of the Year  
 Tommy Land – Men’s Track & Field Most Outstanding Athlete of the Meet  
 Tommy Land – Men’s Track Outstanding Athlete of the Year  
 Dave Scott Thomas – Men’s Track and Field Coach of the Year  
 Dave Scott Thomas – Women’s Track and Field Coach of the Year

**Team Awards**

Rookie of the Year (Men) – Mark Bujnowski  
 MVP of the Year (Men) – Tommy Land  
 Rookie of the Year (Women) – Morgan Byng  
 MVP of the Year (Women) – Sarah Hammond

**Coaching Staff**

Head Coach: Dave Scott-Thomas

Assistants: Jennie Biewald, Kyle Boorsma, Shane Ferth, Jordan Foley, Jeff Haller, Jason Kerr, Guyson Kuruneri, Zach Pollari, James Sniatenchuk, Michelle Taube, Julia Wallace

Therapists: Kate Henderson, Sarah Humphrey, Marco Lozej, Marcel Meresz, Guntis Obracovs, Emma Plater, Brenda Scott-Thomas, Rob Winslow

Strength Trainer: Jordan Foley

Manager: Scott MacDonald

**2016-2017**

OUA Championships: Men 1<sup>st</sup>, Women 1<sup>st</sup>

U SPORTS Championships: Men 1<sup>st</sup>, Women 2<sup>nd</sup>

For the fourth time in school history, the Gryphons men’s Track & Field team were crowned national champions. All four national titles have come within the past 10 seasons (2007-08, 2009-10, 2012-13 & 2016-17). At the U SPORTS Championships in Edmonton, the Gryphons men’s T&F team put together one of the most dominant performances in CIS/U SPORTS history, finishing with a staggering 73 points ahead of the second place Windsor Lancers with a total of 141 points. The Gryphons reached the podium a total of 12 times at nationals (4 gold, 5 silver, 3 bronze) with Tommy Land being named Performer of the Meet. Jared Skeath was crowned national champion in the men’s weight throw for a third straight year. At the OUA Championships, the Gryphons also took home the team title, with Skeath being named Field MVP. Keysean Powell, a first year sprint and long jump specialist, was named OUA and U SPORTS Rookie of the Year.

On the women’s side, the Gryphons Track & Field team also enjoyed a phenomenal 2016-17 campaign and were crowned OUA Champions and U SPORTS silver medalists. With both the Gryphons men’s and women’s teams winning OUA titles, it marked the first time in four years that one institution had swept both team titles at the OUA Championships (with Guelph also pulling off the feat in 2012-13). At nationals in Edmonton, the Gryphons won a total of 7 medals (2 gold, 3 silver, 2 bronze) with Ashley Connell producing a double-gold performance, claiming the title of individual national champion in both the Women’s Shot Put and Women’s Weight Throw. In the process, Connell set new school records in both events while also being named a finalist for the U SPORTS Performer of the Meet award.

Justice Archer	1L	Christopher Hutton	5L	Drew Schulz	1L
Andrius Balsas	1L	Mackenzie Josie	2L	Brayden Seneca	5L
Matthew Bartoletta	1L	Joshua Kellier	1L	Andrew Shepherd	1L
Shawn Beaudoin	4H	Jayden Kelly	1L	Brandon Shirk	5L
Kristian Benjamin	4H	Thomas Kemp	3L	Kyle Sinden	2L
Connor Black	3L	Tommy Land	4H	Jared Skeath	5L
Sean Cate	4H	Andrew Leblanc	1L	Liam Stiles	4H
Jackson Cheung	3L	Taylor Lyman	1L	Graeme Thompson	1L
Matthew Creelman	1L	Gregory MacNeill	1L	Kyle Thompson	4H
Nicholas Earle	4H	Kyle Madden	1L	Jeffrey Thornber	3L
Allan Edward	1L	Caleb Main	1L	Mitchell Torres	5L
Nathan Egert	1L	Austin Marchese	4H	Mitchell Ubene	1L
Mostafa Elkurdy	3L	Mark Patton	2L	Thomas Weigl	1L
Mark Emode	4H	Graham Pitfield	3L	Caelum Wishart	3L
Levi Fretz	1L	Keysean Powell	1L	Benjamin Workman	1L
Aaron Gebhardt	1L	Simon Quann	1L	Connor Young	4H
Brady Graves	1L	Peter Quosai	3L		
Luke Hannam	1L	Jason Richards	1L		
Zaria Armstong	1L	Marissa Dubois	1L	Sophia Herrera	2L
Katelyn Ayers	4H	Dana Earhart	1L	Hailey Hitchings	2L
Jordan Bates	3L	Alison Fung	5L	Danielle Jossinet	2L
Emily Bowerman	3L	Emily Gordon	5L	Francesca Maltais	1L
MacKenzie Cameron	1L	Vanessa Gray	3L	Gabrielle Marton	2L
Ashley Connell	4H	Tessa Hamilton	1L	Chisomo McHaina	2L
Lauren D’Agnolo	1L	Sarah Hammond	3L	Cheryse Mitton	4H

Maja Naruszewicz	3L	Stephanie Sarellas	1L	Chloe Spear	1L
Emma Nero	2L	Kelsey Serviss	2L	Clare Thompson	2L
Vanessa Oliver	4H	Katharine Sieling	2L	Charlotte Ward	3L
Jade Peters	1L	Alyce Simoes	1L	Sophia Watts	4H
Heather Petrick	4H	Tiana Sinnatamby	2L	Sarah Welch	2L
Leah Robinson	3L	Jenna Smith	1L	Hannah Woodhouse	1L
Shyvonne Roxborough	1L	Nicole Smith	2L	Erin Young	1L

Head Coach: Dave Scott-Thomas

Associate Head Coach: Jason Kerr (Speed & Power Events)

Assistant Coach: Kyle Boorsma (Endurance)

Assistant Coach: Jenny Biewald (Endurance)

Assistant Coach: Jeff Haller (Endurance)

Assistant Coach: Taylor Milne (Endurance & Strength)

Assistant Coach: Shane Ferth (Sprint & Hurdles)

Assistant Coach: Heather Rayner (Sprint & Relays)

Assistant Coach: Guyson Kuruneri (Jumps & Combined Events)

Assistant Coach: Michelle Taube (High Jump)

Assistant Coach: James Sniatenchuk (Pole Vault)

Assistant Coach: Julia Wallace (Jumps & Combined Events)

Assistant Coach: Mike Miller (Throws)

Assistant Coach: Sarah Dougherty (Throws)

Strength & Conditioning Coach: Jordan Foley

Media Coordinator/Assistant Coach (Sprints): Gabriel Broderick

Graduate Assistant (Strength & Conditioning): Kyle Thompson

#### **OUA Major Awards**

Keysean Powell – OUA Men’s Track & Field Rookie of the Year

Jared Skeath – OUA MVP (Field Events)

Dave Scott-Thomas – Bob Vigars OUA Men’s Track & Field Coach of the Year

Dave Scott-Thomas – Sue Wise OUA Women’s Track & Field Coach of the Year

#### **U SPORTS First Team All-Canadians**

Tommy Land

Gregory MacNeill

Jared Skeath

Kyle Thompson

Ashley Connell (in 2 events)

#### **U SPORTS Second Team All-Canadians**

Sean Cate

Jackson Cheung

Keysean Powell

Jordan Bates

Shyvonne Roxborough

Tommy Land

#### **U SPORTS Major Awards**

Tommy Land – George Gemer Award (Most Outstanding Athlete of the Meet)

Dave Scott Thomas – Bob Boucher Award (Men’s T&F Coach of the Year)

#### **Team Awards**

Rookie of the Year (Men) – Keysean Powell

MVP of the Year (Men) – Tommy Land

Rookie of the Year (Women) – Shyvonne Roxborough

MVP of the Year (Women) – Ashley Connell

#### **University of Guelph Awards**

Shyvonne Roxborough – Dr. Mary Beverley-Burton Award (Female Rookie of the Year)

Keysean Powell – Scott Yanchus Award (Male Rookie of the Year)

Ashley Connell – Female Athlete of the Year

Tommy Land - Male Athlete of the Year

## **2015-2016**

OUA Championship Result: Women 1st; Men 2nd

CIS Championship Result: Women 2nd; Men 2nd

The Gryphons men's track & field squad entered the 2016 OUA Championships as defending champions and put forth a terrific effort, finishing 2<sup>nd</sup> in the team standings next only to the CIS No. 1-ranked Windsor Lancers.

Over the course of the two-day OUA Championship event in Windsor, the Gryphons men's team was represented a total of 10 times on the podium, including a total of four gold medalists in Jared Skeath (Weight Throw), Jackson Cheung (60m Hurdles), Sean Cate (High Jump) and Christian Gravel (1500m).

At the CIS Championships in Toronto, the Gryphons men's team once again finished second in the team standings to Windsor. Day 2 at the CIS Championships started out in style for the Gryphons as Jared Skeath smashed his school record in the men's weight throw with a toss of 20.53 metres to capture the gold medal by more than two metres. The other Gryphon to claim a gold at nationals was Sean Cate in the high jump. Cate cleared 2.13 to win the competition and went on to clear 2.16 as well before taking a number of strong attempts at 2.20. In total, five different Gryphon men reached the podium at the 2016 CIS Championships.

At the OUA Championships it was a convincing victory in the team title race for the Gryphon women who finished 47 points ahead of the CIS No. 1-ranked Toronto Varsity Blues. The title is the Gryphons third in the last four years. Gryphon gold medalists at the meet were Katrina Allison (3000m) and Leah Robinson (Ambulatory 60m) who were also named first-team all-stars. Katelyn Ayers earned multiple medals with silver in the 600 and 1000m events while also claiming a bronze in the 1500m. At the CIS Championships the women's team remained in contention for a national title up until the final event, but ultimately finished with a silver. Ayers continued her stellar season, being the only Gryphon to make multiple trips to the podium earning a silver (1500m) and bronze (1000m). Sarah Hammond (60m hurdles) and Ashley Connell (shot put) also earned silver medals. All three were named CIS second team All-Canadians.

Drew Anderson	5L	Nicholas Earle	2L	Chris Kimmerer	1L	Jared Skeath	4H
Shawn Beaudoin	3L	Joseph Eddleston	1L	Thomas Land	3L	Liam Stiles	3L
Kristian Benjamin	3L	Mostafa Elkurdy	2L	Brandyn Leitert	2L	Patrick Stoeckle	1L
Connor Black	2L	Mark Emode	3L	Austin Marchese	3L	Charles Sutton	3L
Sean Cate	3L	Andrew Gordon	5L	Marcus Noble	1L	Kyle Thompson	3L
Adam Chatten	1L	Liam Graham	2L	Mark Patton	1L	Jeffrey Thornber	2L
Eric Chatten	1L	Christian Gravel	4H	Graham Pitfield	2L	Mitchell Torres	4H
Jackson Cheung	2L	Owen Hebb	1L	Peter Quosai	2L	Liam Wilson	2L
Taylor Corney	2L	Christopher Hutton	4H	Brayden Seneca	4H	Caelum Wishart	2L
Audley Cummings	1L	Mackenzie Josie	1L	Brandon Shirk	4H	Connor Young	3L
Curtis D'Hollander	2L	Thomas Kemp	1L	Kyle Sinden	1L		
Samantha Allegro	4H	Sarah Hammond	2L	Chisomo McHaina	1L	Katharine Sieling	1L
Katrina Allison	4H	Janelle Hanna	2L	Karli Milmine	2L	Tiana Sinnatamby	1L
Katelyn Ayers	3L	Sophia Herrera	1L	Cheryse Mitton	3L	Nicole Smith	1L
Jordan Bates	2L	Hailey Hitchings	1L	Maja Naruszewicz	2L	Clare Thompson	1L
Ashley Connell	3L	Danielle Jossinet	1L	Emma Nero	1L	Mikaela Vandenheuvel	4H
Celina Decarolis	2L	Deanna Kerekes	1L	Vanessa Oliver	3L	Charlotte Ward	2L
Sarah Dougherty	5L	Katie Klatt	2L	Bailey Penney	3L	Sophia Watts	3L
Alison Fung	4H	Savannah Laroche	1L	Leah Robinson	2L	Sarah Welch	1L
Emily Gordon	5L	Rachyl MacPhail	2L	Olivia Romaniw	3L	Sarah Wismer	2L
Vanessa Gray	2L	Gabrielle Marton	1L				

Coach: Dave Scott-Thomas

Assistants: Chris Moulton, Scott Arnald, Kyle Boorsma,  
Jason Kerr, Guyson Kuruneri, Dustin McCrank,  
Mike Miller, Jenn O'Brien, Heather Rayner,  
James Sniatenchuk, Michelle Taube, Julia Wallace,  
Christoph Wand

Therapists: Kate Henderson, Marco Lozej, Marcell Merez,  
Guntis Obracovs, Brenda Scott-Thomas, Devon Truscott  
Strength Trainer: Jordan Foley  
Manager: Gabriel Broderick

## 2014-2015

OUA Championships: Men 1<sup>st</sup>, Women 2<sup>nd</sup>  
CIS Championships: Men 2<sup>nd</sup>, Women 4<sup>th</sup>

For the second time in the last three seasons, the Gryphons men's Track & Field team were crowned OUA Champions. Not surprisingly, it was the Gryphons distance runners leading the way as Guelph swept the podium in both the 1500m and 3000m (with Ross Proudfoot taking home the gold in both). The Gryphons as a team finished with a total of 157.50 points, well ahead of York (135.50) and Windsor (135). Other highlights for the men at the OUA Championships included a gold medal performance from Sean Cate in the high jump (2.10m).

It was a Gryphons sweep in the high jump at the OUA Championships, as OUA Rookie of the Year Maja Naruszewicz captured gold on the women's side with a jump of 1.73m. The Gryphons women's team came into the OUA Championships as two-time defending champions, and once again had a strong showing finishing 2<sup>nd</sup> in the overall team standings behind eventual CIS champions Toronto. The OUA Championships were held at the Toronto Track & Field Centre at York University. OUA First Team All-Star honours went to Sean Cate, Ross Proudfoot in 2 events, Jared Skeath and Maja Naruszewicz while Samantha Allegro and Ashley Connell were awarded OUA Second Team status.

At the CIS Championships in Windsor, Ross Proudfoot was named the Most Outstanding Athlete of the Meet (George Gemer Award) after capturing gold in both the 1500m and 3000m events. Behind Proudfoot's dominant performance, the Gryphons men's team finished 2<sup>nd</sup> in the overall team standings. The other two gold medalists for the Gryphons men's team at the CIS Championships were Sean Cate (high jump) and Jared Skeath (weight throw). Sean Cate, Ross Proudfoot in two events and Jared Skeath were CIS First Team All-Canadians.

On the women's side, the Gryphons went into Windsor as defending national champions and came out just missing the podium with a 4<sup>th</sup> place finish in the overall team standings. Samantha Allegro (silver – pole vault), Ashley Connell (silver – shot put) and Sarah Dougherty (bronze – weight throw) all took home medals for the Gryphons who finished just five points back of York for third in the overall team standings. Samantha Allegro and Ashley Connell earned CIS Second Team All-Canadian honours.

Drew Anderson	4H	Nicholas Earle	1L	Brandon Kirkup	2L	Liam Stiles	2L
Tyler Bartafi	2L	Mostafa Elkurdy	1L	Thomas Land	2L	Charles Sutton	2L
Shawn Beaudoin	2L	Mark Emode	2L	Brandyn Leitert	1L	Ryan Tapley	4H
Kristian Benjamin	2L	Andrew Gordon	4H	Austin Marchese	2L	Jeffrey Thorner	1L
Connor Black	1L	Liam Graham	1L	Scott McLaughlin	1L	Nathan Toman	1L
Gabriel Broderick	1L	Christian Gravel	3L	Graham Pitfield	1L	Mitchell Torres	1L
Sean Cate	2L	Kyle Grieve	4H	Ross Proudfoot	5L	Liam Wilson	1L
Logan Chappell	2L	Aaron Hendrikx	4H	Peter Quosai	1L	Caelum Wishart	1L
Jackson Cheung	1L	Nicholas Holden	2L	Brayden Seneca	3L	Tristan Woodfine	2L
Taylor Corney	1L	Jerry Hunt	1L	Brandon Shirk	3L	Paul Worndl	5L
Andrew Costello	1L	Christopher Hutton	3L	Yves Sikubwabo	3L	Connor Young	2L
Chris Dulhanty	5L	Thomas Kemp	1L	Jared Skeath	3L	Olivia Romaniw	2L
Samantha Allegro	3L	Alison Fung	3L	Simone Mallett-Forde	4H	Vivian Stavrakos	3L
Katrina Allison	3L	Emily Gordon	4H	Karli Milmine	1L	Carise Thompson	5L
Katelyn Ayers	2L	Vanessa Gray	1L	Cheryse Mitton	2L	Mikaela Vandenheuvel	3L
Jordan Bates	1L	Sarah Hammond	1L	Maja Naruszewicz	1L	Charlotte Ward	1L
Emily Bowerman	2L	Janelle Hanna	1L	Vanessa Oliver	2L	Sophia Watts	2L
Ashley Connell	2L	Katie Klatt	1L	Bailey Penney	2L	Sarah Wismer	1L
Celina Decarolis	1L	Olivia Lyons	1L	Heather Petrick	2L	Madeline Yungblut	3L
Sarah Dougherty	4H	Alannah MacDonald	3L	Heather Rayner	5L		
Jen Dowling-Medley	4H	Rachyl MacPhail	1L	Leah Robinson	1L		

Coach: Dave Scott-Thomas  
 Assistants: Chris Moulton, Scott Arnold, Jason Kerr,  
 Guyson Kuruneru, John Marsden, Cassandra McCaig,  
 Dustin McCrank, James Sniatenchuk, Michelle Taube,  
 Julia Wallace, Christoph Wand

Therapists: Marco Lozej, Marcel Meresz, Guntis Obracovs  
 Brenda Scott-Thomas, Devon Truscott  
 Strength Trainer: Taylor Milne

#### Team Awards

(M): Rookie Award – Jackson Cheung  
 (M): Hamilton Olympic Club MVP – Ross Proudfoot  
 (W): Rookie Award – Maja Naruszewicz  
 (W): MVP – Sarah Dougherty

#### OUA/CIS Awards

OUA First Team All- Star- Sean Cate  
 OUA First Team All- Star- Ross Proudfoot  
 OUA First Team All- Star- Jared Skeath  
 OUA First Team All- Star- Maja Naruszewicz  
 OUA Second Team All- Star- Samantha Allegro  
 OUA Second Team All- Star- Ashley Connell  
 CIS First Team All- Canadian- Sean Cate  
 CIS First Team All- Canadian- Ross Proudfoot  
 CIS First Team All- Canadian- Jared Skeath

CIS Second Team All- Canadian- Samantha Allegro  
 CIS Second Team All- Canadian- Ashley Connell

#### University Awards

Male Athlete of the Year- Ross Proudfoot  
 Female Athlete of the Year- Carise Thompson  
 The Fred Ramprashad Scholarship- Heather Petrick

## 2013-2014

OUA Championship Result: Women 1st, Men 2nd  
 CIS Championship Result: Women 1st, Men 2nd

The track and field team had a fantastic season, with the women's team earning the OUA and CIS titles while the men were second at both events.

The 2013-14 women's season was nothing short of spectacular. At the OUA Championships, the women grabbed 14 medals to capture back-to-back titles. Rookie Katelyn Ayers made quite a debut as a first year member of the team winning four medals and four OUA all-star awards capturing gold medals in the women's 600m and 1000m races and silver medals in the 4x800m and 4x400m relays. For her performance, she was named the Dr. Wendy Jerome trophy recipient as the outstanding female performer of the meet and the OUA rookie of the year. Also winning the all-round title in their event was Sarah Dougherty in weight throw. Other top performances included Julia Wallace winning three medals with silvers in high jump and triple jump and a bronze in long jump while Carise Thompson earned a pair of silvers in the 3000m and 1500m races. Dave Scott-Thomas was named the OUA women's coach of the year. At the CIS Championships, the Gryphons claimed their second women's team title in program history, after winning their inaugural championship in 2007-08. The Gryphons earned a total of seven medals at the meet and head coach Dave Scott-Thomas was named the CIS women's coach of the year. Guelph was led by silver medal and second team All-Canadian performances from Thompson (3000m), Marissa Kurtimah (60m), and Wallace (triple jump).

For the men's team, the OUA Championships was a much closer event with only five points separating the silver medalist Gryphons and the champion Windsor Lancers. In total, the Gryphons earned 15 medals led by two gold medals in the 4x800m and 4x200m relays. Ross Proudfoot earned the only

other gold medal for the Gryphons with a win in the 1500m race. Tommy Land was named the OUA male rookie of the year after capturing silver in the 600m. At the CIS Championships, the Gryphons were close, but just missed out on repeating as national champions, finishing with a team second place finish earning eight overall medals. Proudfoot won two medals at the meet and was the highest Gryphon point scorer with a gold medal in the 3000m and silver in the 1500m.

Drew Anderson	3L	Andrew Gordon	3L	Austin Marchese	1L	Yves Sikubwabo	2L
Shawn Beaudoin	1L	Christian Gravel	2L	Andrew Nixon	4H	Jared Skeath	2L
Kristian Benjamin	1L	Kyle Grieve	2L	Stephenson Noel	1L	Liam Stiles	1L
Benoit Boulay	5L	Dustin Haenni	4H	Konrad Piaseczny	2L	Charles Sutton	1L
Sean Cate	1L	Aaron Hendrikkx	3L	Ross Proudfoot	4H	Ryan Tapley	3L
Logan Chappell	1L	Tyler Hewlett	1L	Anthony Romaniw	2L	Mitchell Torres	2L
Garrett Dion	1L	Nicholas Holden	1L	Brent Roubos	5L	Lucas Wile	1L
Patrick Dufresne	4H	Stephen Holmes	5L	Adam Rowles	2L	Tristan Woodfine	1L
Chris Dulhanty	4H	Christopher Hutton	2L	Sebastian Saville	1L	Paul Worndl	4H
Mark Emode	1L	Brandon Kirkup	1L	Brayden Seneca	2L	Connor Young	1L
Matthew Fontanna	2L	Thomas Land	1L	Brandon Shirk	2L		
Samantha Allegro	2L	Sarah Dougherty	3L	Alison Ludzki	2L	Olivia Romaniw	1L
Katrina Allison	2L	Jen Dowling-Medley	3L	Alannah MacDonald	2L	Vivian Stavrakos	2L
Katelyn Ayers	1L	Erika Fiedler	5L	Simone Mallett-Forde	3L	Paige Tate	1L
Tomeizel Barry	5L	Jenna Freeman	2L	Robyn Mildren	5L	Carise Thompson	4H
Emily Bowerman	1L	Alison Fung	2L	Vanessa Oliver	1L	Mikaela Vandenheuvel	2L
Ashley Connell	1L	Emily Gordon	3L	Bailey Penney	1L	Julia Wallace	5L
Karry-Ann Cornwall	4H	Marissa Kurtimah	1L	Heather Petrick	1L	Shannon Walton	2L
Valerie Cote	4H	Geneviève Lalonde	5L	Heather Rayner	4H	Sophia Watts	1L

Coach: Dave Scott-Thomas

Assistants: Chris Moulton, Scott Arnold, Jason Kerr,  
Guyson Kuruneri, John Marsden, Cassandra McCaig,  
James Sniatenchuk, Owen Willems

Therapists: Marcel Meresz, Guntis Obrascovs,

Brenda Scott-Thomas, Devon Truscott

Strength Trainer: Taylor Milne

### **Awards Summary**

#### **OUA First Team All-Stars**

Drew Anderson, Shawn Beaudoin, Kristian Benjamin, Christian Gravel, Dustin Haenni, Ross Proudfoot (x2 events), Brandon Shirk, Yves Sikubwabo, Katelyn Ayers (x2 events), Sarah Dougherty

#### **OUA First Team All-Stars**

Sean Beaudoin, Pat Dufresne, Chris Dulhanty, Tommy Land, Anthony Romaniw (x2 events), Brent Roubos, Brandon Shirk, Mitchell Torres, Katelyn Ayers (x2 events), Karry-Ann Cornwall (x3 events), Erika Fiedler, Emily Gordon, Marissa Kurtimah (x2 events), Genevieve Lalonde, Heather Rayner (x2 events), Vivian Stavrakos, Carise Thompson (x2 events), Julia Wallace (x2 events), Sophie Watts

#### **OUA Major Awards**

Chris Dulhanty, OUA Track & Field Male Community Service Award  
Tommy Land, OUA Track & Field Male Rookie of the Year  
Katelyn Ayers, OUA Track & Field Female Rookie of the Year  
Katelyn Ayers, OUA Track & Field Outstanding Female Performer of the Year  
Dave Scott-Thomas, OUA Track & Field Women's Coach of the Year

#### **CIS First Team All-Canadians**

Ross Proudfoot

#### **CIS Second Team All-Canadians**

Pat Dufresne, Ross Proudfoot, Anthony Romaniw (x2 events), Marissa Kurtimah, Carise Thompson, Julia Wallace

#### **CIS Major Awards**

Katelyn Ayers, CIS Track & Field Female Rookie of the Year  
Dave Scott Thomas, CIS Track & Field Women's Team Coach of the Year

#### **Team Awards**

Rookie of the Year (Men) – Tommy Land  
MVP of the Year (Men) – Ross Proudfoot  
Rookie of the Year (Women) – Katelyn Ayers  
MVP of the Year (Women) – Carise Thompson & Julia Wallace

#### **University Dept of Athletics Awards**

Katelyn Ayers, Mary Beverley Burton Female Rookie of the Year  
Aaron Hendrikkx, Don Cameron Award  
Andrew Nixon, President's Trophy  
Ross Proudfoot, Male Athlete of the Year

# 2012-2013

OUA Championship Result: Men 1st; Women 1st

CIS Championship Result: Men 1st; Women 3rd

The track and field Gryphons wrapped up one of the most successful seasons in recent history this year. The Gryphons swept the team banners at the OUA Championship and then a men's team title and women's bronze at the CIS Championships.

The 2012-13 men's track and field season has been nothing short of special. The team entered the season with high expectation, but exceeded all expectations by season's end. At the OUA Championships, the Gryphons ended Windsor's 14-year reign to grab their first-ever provincial banner. The team captured a total of 14 medals. Third-year Anthony Romaniw (Hamilton, Ont.) led the team winning three gold medals (1000m, 600m, 4x800m) and was given the Hec Phillips Trophy for the Male Outstanding Performer. First-year Yves Sikubwabo (Ottawa, Ont.) claimed two silver medals (1000m, 1500m), one gold (4x800m) and was named the OUA Male Rookie of the Year. Dave Scott-Thomas was named the OUA Male Coach of the Year. Other gold medalists included Mitchell Torres (Quinte West, Ont.) in high jump, Tim Hendry (Perry Sound, Ont.) in shot put, and the 4 x800 relay team of Rob Jackson (Guelph, Ont.), Yves Sikubwabo, Drew Anderson (Guelph, Ont.) and Anthony Romaniw. At the CIS Championships, the Gryphons won their third CIS banner in the last six years and finished with a total of 10 medals. Anthony Romaniw led the Gryphons once again and captured three medals including gold in the 600m, 4x800m relay and silver in the 1000m. Other national champions included Tim Henry (shot put), Steve Holmes (1000m), and the 4x800m relay team of Tommy Lecours, Rob Jackson, Yves Sikubwabo, and Anthony Romaniw. Yves Sikubwabo was named the CIS Male Rookie of the Year and Dave Scott-Thomas received the CIS Bob Boucher Men's Coach of the Year award.

For the women's team, the OUA Championships was a much closer competition. It came down to the final event, but when everything was said and done the Gryphons earned the OUA title and picked up a total of 11 medals. Fourth year Andrea Seccafien (Guelph, Ont.) won three gold medals in leading the team with first place finishes in the 3000m, 1500m, and the 4x800m relay with team members Nadine Frost, Lydia Frost, and Rachel Aubry. She was named the Dr. Wendy Jerome Trophy Award winner for the Female Outstanding Performer of the Meet. Head Coach Dave Scott-Thomas was named the OUA Women's Coach of the Year. At the CIS Championships, the Gryphons grabbed a total of eight medals and finished with a bronze medal in the team competition. Andrea Seccafien won three medals at the meet and was the highest Gryphon point scorer with a gold medal in the 3000m, silver in the 1500m and a bronze in the 4x800m relay.

Jorg Ahne	1L	Patrick Dufresne	3L	Rob Jackson	5L	Anthony Romaniw	1L
Drew Anderson	2L	Chris Dulhanty	3L	Tommy Lecours	2L	Brent Roubos	4H
Andrew Argall	1L	Matthew Fontanna	1L	Christopher Lo	3L	Adam Rowles	1L
Tyler Bartfai	1L	Andrew Gordon	2L	Kenneth Lukas	4H	Brayden Seneca	1L
Sean Black	1L	Christian Gravel	1L	Matt MacDonald	4H	Brandon Shirk	1L
Michael Boucher	1L	Dustin Haenni	3L	Andrew McDermott	1L	Yves Sikubwabo	1L
Benoit Boulay	4H	Dean Heliotis	1L	Derek Megrath	2L	Jared Skeath	1L
Kevin Bowman	1L	Aaron Hendrixx	2L	Andrew Michalak	1L	Ryan Tapley	2L
Anthony Broeders	1L	Tim Hendry	5L	Andrew Nixon	3L	Mitchell Torres	1L
Raymond Cadeau	3L	Stephen Holmes	4H	Konrad Piaseczny	1L	Grady Van Pinxteren	2L
Lane Clark	5L	Christopher Hutton	1L	Ross Proudfoot	3L	Paul Worndl	3L
Samantha Allegro	1L	Andrea Farkas	3L	Simone Mallett-Forde	2L	Corinne Smith	4H
Katrina Allison	1L	Erika Fiedler	4H	Jessica May	4H	Vivian Stavrakos	1L
Rachel Aubry	5L	Jenna Freeman	1L	Robyn Mildren	4H	Anne Szeto	1L
Tomeizel Barry	4H	Lydia Frost	5L	Julia Mirota	3L	Carise Thompson	3L
Karry-Ann Cornwall	3L	Nadine Frost	5L	Cheryse Mitton	1L	Mikaela Vandenhoevel	1L
Valerie Cote	3L Sarah	Alison Fung	1L	Heather Rayner	3L	Julia Wallace	4H
Dougherty	2L	Emily Gordon	2L	Andrea Seccafien	2L	Shannon Walton	1L
Jenn Dowling-Medley	2L	Geneviève Lalonde	4H	Kelsey Serviss	1L	Madeline Yungblut	1L
Emily Driedger	3L	Alannah MacDonald	1L				

Coach: Dave Scott-Thomas

Assistants: Chris Moulton, Scott Arnald, Guyson Kuruneri,  
Andrew Maloney, Zuzanna Mares, Garth Peet,  
James Sniatenchuk, Christoph Wand, Owen Willems

Therapists: Marcel Meresz, Guntis Obrascovs,

Brenda Scott-Thomas

Trainer: Emma Plater

Strength Trainer: Taylor Milne

## Awards Summary

### **OUA All-Stars**

Drew Anderson, Dustin Haenni, Aaron Hendrixx, Tim Hendry, Rob Jackson, Matt MacDonald, Anthony Romaniw, Brent Roubos, Brandon Shirk, Yves Sikubwabo, Mitchell Torres, Rachel Aubry, Kary-Ann Cornwall, Erika Fiedler, Lydia Frost, Nadine Frost, Andrea Seccafien, Carise Thompson, Julia Wallace

### **OUA Major Awards**

Anthony Romaniw: OUA Track & Field Male Performer of the Meet

Andrea Seccafien: OUA Track & Field Female Performer of the Meet

Yves Sikubwabo: OUA Track Male Rookie of the Year

Dave Scott-Thomas: OUA Track and Field Men's and Women's Coach of the Year

### **CIS First Team All-Canadians**

Tim Hendry, Steve Holmes, Rob Jackson, Tommy Lecours, Anthony Romaniw, Yves Sikubwabo, Andrea Seccafien

## CIS Second Team All-Canadians

Jorge Ahne, Anthony Romaniw, Andrea Seccafien, Julia Wallace, Yves Sikubwabo, Carise Thompson

## CIS Major Awards

Yves Sikubwabo – CIS Rookie of the Year

Dave Scott-Thomas: CIS Men's Coach of the Year

## Team Awards

Rookie of the Year (Men) – Yves Sikubwabo

MVP of the Year (Men) – Anthony Romaniw

Rookie of the Year (Women) Madeline Yungblut

MVP of the Year (Women) – Andrea Seccafien

## University Dept of Athletics Awards

Scott Yanchus Male Rookie – Yves Sikubwabo

W.F. Mitchell Sportsman – Rob Jackson

W.F. Mitchell Sportswoman- Nadine Frost

Male Athlete of the Year – Anthony Romaniw

Female Athlete of the Year – Andrea Seccafien

# 2011-2012

OUA Championship Results: Men 4<sup>th</sup>, Women 3<sup>rd</sup>

CIS Championship Results: Men 2<sup>nd</sup>, Women 2<sup>nd</sup>

The Gryphon men's track and field team finished fourth at the OUA Championship and took home a silver medal at the CIS Championships this season.

At the OUA Championships, the Gryphons earned seven medals. The highlight of the event saw Tim Hendry (Parry Sound, ON) break an OUA record in the men's shot put. Hendry won the gold medal with a throw of 17.68m. He also took home a silver medal in weight throw and was named the OUA Most Valuable Male Performer of the year. Second year runner, Ross Proudfoot (Sudbury, ON) improved on last year's bronze with a gold medal in the men's 1500m race with a time of 3:49:44. Alex Genest (Lac-aux-Sables, QB) also walked away with a gold medal in the 3000m race with a time of 8:09.85. All first and second place finishers earned OUA All-Star honours. At the CIS Championships in Winnipeg, Manitoba, the Gryphons walked away with seven medals. CIS Field MVP, First and Second Team All-Canadian, Tim Hendry (Parry Sound, ON) led the Gryphons with a gold medal in shot put almost beating a CIS record with a distance of 18.31m and a silver in weight throw with a distance of 19.44m. First Team All-Canadian, Tommy Lecours (Quebec City, QC) set a CIS Championship record in the 1000m race with a time of 2:22.09. Proudfoot clinched a silver in the 3000m with a time of 8:10:80, while Second Team All-Canadian Patrick Dufresne (Sault Ste. Marie, ON) brought home a silver medal in triple jump with a distance of 14.48m.

The Gryphon women's track and field team finished third in the OUA Championships and second in the CIS Championships. At the OUA Championships, the Gryphons earned a total of 12 medals and were led by gold medal performances by All-Stars, Sarah Peirce (Aurora, ON) in the 60m, Erika Fiedler (Kitchener, ON) for pole vault, Rachel Aubry (Ottawa, ON) in the 1000m and Andrea Seccafien (Guelph, ON) for the 3000m event. The Gryphon women also earned gold in the 4x800m relay. Carise Thompson (Lynden, ON) was also named an all-star after her silver medal performance in the 3000m race. Nadine Frost (Bocabec, NB) was awarded the OUA Female Community Service Award. At the CIS Championships, the Gryphons earned six medals. The team of Nadine Frost, Lydia Frost, Genevieve Lalonde (Moncton, NB) and Rachel Aubry took home gold in the 4x800 relay and were all named First Team All-Canadians. Five team members earned silver medals and were Second Team All-Canadians including Sarah Peirce in the 60m, Andrea Seccafien in 3000m, Erika Fiedler in pole vault, Julia Wallace (Whitby, ON) in triple jump and Rachel Aubry in 600m.

Drew Anderson	1L	Alex Genest	2L	Tommy Lecours	1L	Brent Roubos	3L
Benoit Boulay	3L	Andrew Gordon	1L	Christopher Lo	2L	Evan Stevens	3L
Allan Brett	4H	Kyle Grieve	1L	Kenneth Lukas	3L	James Stuebing	1L
Raymond Cadeau	2L	Dustin Haenni	2L	George MacDonald	3L	Ryan Tapley	1L
Lane Clark	4H	Aaron Hendrikx	1L	Derek Megrath	1L	O'Shea Taylor	1L
Kieran Doyle	1L	Tim Hendry	4H	Andrew Nixon	2L	Grady Van Pinxteren	1L
Patrick Dufresne	2L	Stephen Holmes	3L	Kaelan Parker	1L	Paul Worndl	2L
Chris Dulhanty	2L	Rob Jackson	4H	Ross Proudfoot	2L		
Rachel Aubry	4H	Emily Dulhanty	1L	Ciara Kary	1L	Robyn Mildren	3L
Tomeizel Barry	3L	Andrea Farkas	2L	Genevieve Lalonde	2L	Julia Mirotta	2L
Samantha Beattie	4H	Erika Fiedler	3L	Mikhaila Loader	2L	Sarah Peirce	5L
Jennifer Biewald	2L	Lydia Frost	4H	Megan Lowry	3L	Heather Rayner	2L
Karry-Ann Cornwall	2L	Nadine Frost	4H	Carrissa Luker	1L	Andrea Seccafien	1L
Valerie Cote	2L	Jeannette Goode	3L	Shauna Malek	4H	Corinne Smith	3L
Sarah Dougherty	1L	Emily Gordon	1L	Simone Mallett-Forde	1L	Carise Thompson	2L
Jenn Dowling-Medley	1L	Meghan Harris	4H	Jessica May	3L	Julia Wallace	3L
Emily Driedger	2L	Lauren Jerspersen	2L	Sally McIntrye	1L	Rebecca Wolff	1L

Coach: Dave Scott-Thomas

Assistants: Chris Moulton, Guyson Kuruneri, Andrew Maloney,  
Zuzanna Mares, Shantelle Novak, Garth Peet,

Therapists: Vuk Bogunovic, Marcel Meresz, Guntis Obrascovs,  
Brenda Scott-Thomas

Trainer: Kim Richardson

**Awards Summary****OUA All-Stars**

Tim Hendry  
 Ross Proudfoot  
 Alex Genest  
 Sarah Peirce  
 Erika Fiedler  
 Rachel Aubry  
 Andrea Seccafien  
 Carise Thompson

**OUA Major Awards**

Tim Hendry – OUA Most Valuable Male Performer of the Year  
 Nadine Frost – OUA Female Community Service Award

**CIS First Team All-Canadians**

Tim Hendry  
 Tommy Lecours  
 Nadine Frost  
 Lydia Frost  
 Genevieve Lalonde  
 Rachel Aubry

**CIS Second Team All-Canadians**

Tim Hendry  
 Patrick Dufresne  
 Sarah Peirce  
 Andrea Seccafien  
 Erika Fiedler  
 Rachel Aubry

**CIS Major Awards**

Tim Hendry – CIS Field MVP

**Team Awards**

Rookie of the Year (Men) – Andrew McDermott  
 MVP of the Year (Men) – Tim Hendry & Tommy Lecours  
 Rookie of the Year (Women) – Sarah Dougherty  
 MVP of the Year (Women) – Rachel Aubry  
 Shirley Peterson Award – Julia Wallace  
 President's Trophy (Female) – Rachel Aubry

**2010-2011**

Championship Results: Men & Women – OUA Silver Medalist; Men & Women – CIS Silver Medalists

The Gryphon men's track and field team finished with a silver medal at the OUA and CIS Championships this season. At the OUA Championships, the Gryphons earned a total of 11 medals. Tim Hendry (Parry Sound, Ont.) was named the OUA Most Valuable Male Field Athlete and an all-star after winning the title in men's weight throw with a best throw of 17.39m and was third in the men's shot put with a throw of 16.39m. Ross Proudfoot (Sudbury, Ont.) was named the OUA Male Rookie of the Year after winning the title in the 3000m race and then grabbed a bronze medal in the 1500m and was also named an all-star. Other OUA gold medalists included Kyle Boorsma (Guelph, Ont.) in the 1500m and Guyson Kuruneri (Guelph, Ont.) in the long jump. Meanwhile, Robert Jackson (Guelph, Ont.) earned the Student-Athlete Community Service award. The third-year English major was ranked 10<sup>th</sup> in CIS men's 1000m and 13<sup>th</sup> in the men's 1500m event, maintained an 81.2% GPA and works with numerous community volunteer efforts around the city of Guelph. At the CIS Championships, the Gryphon team finished with a total of 10 medals. Kyle Boorsma led the team and was named the CIS Male Athlete of the Meet and an All-Canadian after winning two gold medals in the 1500 and 3000m races. Tim Hendry and fifth year Dustin McCrank (Haileybury, Ont.) finished first and second in the men's weight throw, with Hendry taking the win in 17.98 metres. Hendry would add a silver medal in the men's shot put. Both were named All-Canadians. Guyson Kuruneri finished with a silver medal in long jump and was named a All-Canadian.

The Gryphon women's track and field team finished with a silver medal at both the OUA and CIS Championships this year. At the OUA Championships, the Gryphons finished with a total of nine medals and were led by gold medal performances by Jennie Biewald and Rachel Cliff (Vancouver) in the 1500m and 3000m races who were both named OUA all-stars. Two Gryphons won OUA silver medals and were also named all-stars including Brittany Herd in weight throw and Rachel Aubry in the 600m. At the CIS Championships, the Gryphons earned a total of nine medals and were led by Rachel Cliff who won double gold in the 1500 and 3000m races and was named a CIS All-Canadian. Jennie Biewald was also named a All-Canadian after earning a silver medal in the 1500m. Rachel Aubry was a triple medalist as she won bronze in both the 600m and 1000m and added a thrilling anchor leg on the women's 4 x 800 metres to give the Gryphons the silver.

Vuk Bogunovic	-	Patrick Dufresne	1L	Robert Koziarski	5L	Cody Murray	5L
Kyle Boorsma	5L	Kyle Edward	1L	Guyson Kuruneri	5L	Andrew Nixon	1L
Benoit Boulay	2L	Alex Genest	1L	Christopher Lo	1L	Ross Proudfoot	1L
Allan Brett	3L	Dustin Haenni	1L	Kenneth Lukas	2L	Tristan Rhooms	1L
Clay Brown	1L	Tim Hendry	3L	Adam Maahs	1L	Daryl Robertson	3L
Raymond Cadeau	1L	Shawn Hind	2L	George MacDonald	2L	Brent Roubos	2L
Lane Clark	3L	Stephen Holmes	2L	Patrick Mallory	3L	Connor Simmons	1L
Connor Clerke	-	Kevin Honig	4H	Dustin McCrank	5L	Evan Stevens	2L
Sean Collette	1L	Rob Jackson	3L	Thomas Mosher	3L	Paul Worndl	1L



medals. The Gryphons were without two-time CIS Track MVP, Lindsay Carson and Rookie of the Year Genevieve Lalonde, who both succumbed to injury, Carson earlier in the season and Lalonde during the 3000m of the Championships. Rachel Cliff was named a first and second team All-Canadian with a gold medal finish in the 3000m and a silver medal in the 1500m. The win pushed the Gryphons' streak of women's CIS 3000m victories to three years in a row. Sarah Peirce continued her magical season by scoring her lifetime best in the 60m event to grab the silver medal and garner second team All-Canadian honours. Rounding out the podium finishes was the women's 4x800m team which included Nadine Frost (Bocabec, NB), Lydia Frost (Bocabec, NB), Jessica Vanhie (Alisa Craig, ON) and Rachel Aubry (Ottawa, ON).

Gavin Abrahamson	2L	Jason Diston	1L	Robert Koziarski	4H	John Parrott	5L
Lawrence Adjei-Okyerere	2L	Dustin Gamble	5L	Guyson Kuruneri	4H	Greg Pigeon	1L
Vuk Bogunovic	2L	Cornell Hayes	4H	Michael Lopatowski	1L	Daryl Robertson	3L
Kyle Boorsma	4H	Tim Hendry	2L	Kenneth Lukas	1L	Brent Roubos	1L
Benoit Boulay	1L	Shawn Hind	1L	George MacDonald	1L	Nathan Stern	1L
Allan Brett	2L	Alexander Hinton	1L	Patrick Mallory	2L	Evan Stevens	1L
Matthew Brunsting	5L	Stephen Holmes	1L	Dustin McCrank	4H	Paul Stewart	-
Lane Clark	2L	Kevin Honig	3L	Kevin Medeiros	1L	Marco Venne	1L
Paul Cochrane	-	Wray Hussey	1L	Cody Murray	4H	Nigel Wray	1L
Andrew Debus	4H	Rob Jackson	2L	Gavin Osborne	-		
Rachel Aubry	2L	Nadine Frost	2L	Genevieve Lalonde	1L	Tara Penney	1L
Tomeizel Barry	1L	Lindsay Furtado	3L	Courtney Laurie	4H	Melissa Radu	3L
Samantha Beattie	2L	Elizabeth Galati	-	Megan Lowry	1L	Kim Richardson	4H
Lindsay Carson	3L	Jeannette Goode	1L	Tara MacDonald	4H	Heather Schmidt	1L
Rachel Cliff	4H	Meghan Harris	2L	Shauna Malek	2L	Corinne Smith	1L
Emma Dobson	1L	Shaneista Haye	3L	Jessica May	1L	Amanda Spriel	2L
Chelsea Duncan	Erika	Brittany Herd	2L	Alison McCart	1L	Jessica Vanhie	3L
Fiedler	1L	Karoline Hoy	3L	Laura McIvor	3L	Jenni Vanos	5L
Gabrielle Foran	2L	Kelsi Hurlbut	2L	Robyn Mildren	2L	Julia Wallace	1L
Lydia Frost	2L	Chelsea Keeley	3L	Sarah Peirce	4H		

Coach: Dave Scott-Thomas

Trainer: Josh Smith

Assistants: Chris Moulton, Zuzanna Mares, Garth Peet,  
James Sniatenchuk, Jim Wardle

#### Awards Summary

##### **OUA All-Stars**

Kyle Boorsma  
Rachel Cliff  
Jason Diston  
Shaneista Haye  
Tim Hendry  
Mike Lopatowski  
Dustin McCrank  
Sarah Peirce  
Jess Vanhie

##### **CIS First Team All-Canadians**

Kyle Boorsma, Track & Field (1500m)  
Kyle Boorsma, Track & Field (3000m)  
Rachel Cliff, Track & Field

##### **CIS Second Team All-Canadians**

Rachel Cliff, Track & Field  
Sarah Peirce, Track & Field  
Nadine Frost, Track & Field  
Lydia Frost, Track & Field  
Jess Vanhie, Track & Field  
Rachel Aubry, Track & Field

#### **Major Awards**

OUA Track & Field Male Rookie of the Year – Jason Diston  
OUA Track & Field Female Rookie of the Year – Genevieve Lalonde  
CIS Track & Field Male Rookie of the Year – Jason Diston  
CIS Track & Field Female Rookie of the Year – Genevieve Lalonde  
CIS Men's Track & Field Coach of the Year – Dave Scott-Thomas

#### **Team Awards**

Rookie Track Men: - Jason Diston  
Hamilton Olympic Club M.V.P – Kyle Boorsma  
Rookie Track Women – Genevieve Lalonde  
M.V.P Women – Rachel Cliff

#### **University of Guelph Awards**

Male Athlete of the Year – Kyle Boorsma  
Female Athlete of the Year – Rachel Cliff  
President's Trophy Male – Kyle Boorsma  
Dr. Mary Beverley-Burton Female Rookie – Genevieve Lalonde

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## 2008-2009

The Men's Track and Field team finished the season with a silver medal at the OUA Championships and a bronze medal finish at the CIS Championships. At the OUA's, the Gryphons equaled their best ever finish as they finished runner-up to a strong Windsor Lancer team. They were carried by their traditional strengths in distance running and throws. The distance runners put on a dominating performance, sweeping the 3000m as Derek Snider (Lindsay, ON) grabbed the gold medal while Kyle Boorsma (Guelph, ON) and Allan Brett (Ottawa, ON) were second and third respectively. Boorsma also grabbed a gold medal in the 1500m while Brett finished third. The Gryphons earned three other medals as Guyson Kuruneri (Guelph, ON) finished second in Long Jump; Josh Roundell (Ottawa, ON) grabbed the silver in the 1000m and the team of Allan Brett, Rob Jackson (Guelph, ON) Josh Roundell and Kyle Boorsma was second in the 4 x 800m relay. All of the medalists earned OUA All-Star honours. Kyle Boorsma was named the OUA Men's Track Events MVP and rookie Rob Jackson was named the Male Student-Athlete Community Service Award recipient. At the CIS Championships, the Gryphon men finished third with 57.5 points. The team tallied a total of five medals. Kyle Boorsma was named a First and Second Team All-Canadian with a gold medal finish in the 3000m and a silver medal in the 1500m. Meanwhile, Allan Brett and Dustin McCrank (Haileybury, ON) were Second Team All-Canadians with silver medals in the 3000m and Weight Throw events, respectively. Derek Snider rounded out the podium finishes with a bronze in the 3000m.

Gavin Abrahamson 1L	Jordan Cote 2L	Robert Koziarski 3L	Daryl Robertson 2L
Brian Baker 1L	Andrew Debus -4	Guyson Kuruneri 3L	Josh Roundell 4H
Vuk Bogunovic 1L	Dustin Gamble 4H	Chris Liseron-Monfils 3L	Derek Snider 5L
Kyle Boorsma 3L	Cornell Haynes 3L	Patrick Mallory 1L	Gavin Swan 2L
Allan Brett 1L	Tim Hendry 1L	Dustin McCrank 3L	Matt Teed-Arthur 1L
Matthew Brunsting 4H	Kevin Honig 2L	Cody Murray 3L	Richard Vaughan 3L
Lane Clark 1L	Rob Jackson 1L	Thom Palmer 1L	John Worden 2L
Andrew Cliff 1L	Kyle Killam -4	John Parrott 4H	

It was another incredible season for the Gryphon Women's Track and Field team. At the OUA Championships, the team captured their first ever OUA Track and Field title. The Gryphons were led by their incredible sophomore Lindsay Carson (Cambridge, ON) who captured the 1500 and 3000m titles, while finishing runner up in the 1000m. Carson was joined as an OUA champion by two athletes including fifth year thrower, Steph Jackson (London, ON) and rookie Miana Griffiths (Oakville, ON) in the Shot Put and 60m events, respectively. Each of these champions was named OUA All-Stars and Carson was named the Most Valuable Female Performer while Dave Scott Thomas was named the OUA Women's Coach of the Year. Other OUA All-Stars were Sarah Peirce (Aurora, ON) and Shaneista Haye (Brampton, ON) who won silver medals in the 60m and High Jump events. The Gryphons finished with a total of 11 OUA medals. The 2009 CIS Women's Championships will be remembered as one of the closest and most exciting in recent memory. The defending champion Gryphons came into the meet as the top ranked team in the country with the Windsor Lancers right behind them in second. The two teams battled back and forth at the championships each day, and in the end the Lancers came out on top by a slim one point margin, as the Gryphons finished with the CIS silver medal. Lindsay Carson led the team with three gold medals in the 3000m, 1500m and as a member of the 4 x 800m championship relay team. She was named a First Team All-Canadian and the CIS Track Athlete of the Year. Other members of the 4 x 800m team and CIS First Team All-Canadians were Nadine Frost (Bocabec, NB), Rachel Aubry (Ottawa, ON) and Jess Vanhie (Alisa Craig, ON). Steph Jackson was also a gold medalist in Shot Put and was named a First Team All-Canadian. Courtney Laurie and Miana Griffiths were silver medalists in the 3000 and 60m, respectively, and were both named Second Team All-Canadians.

Rachel Aubry 1L	Lindsay Furtado 2L	Kelsi Hurlbut 1L	Shantelle Novak 4H
Samantha Beattie 1L	Desiree Garcon 3L	Steph Jackson 5L	Sarah Peirce 3L
Kathryn Berube 4H	Jacqueline Gauthier 5L	Amy Jager 1L	Caitlyn Rennie 1L
Lindsay Carson 2L	Tonya Gnap 1L	Chelsea Keeley 2L	Kim Richardson 3L
Rachel Cliff 3L	Jeannette Goode 1L	Daniela Kwiatkowski 4H	Amanda Spriel 1L
Erin Collinson 2L	Miana Griffiths 1L	Courtney Laurie 3L	Jessica Vanhie 2L
Haley Digel 2L	Meghan Harris 1L	Tara MacDonald 3L	Jenni Vanos 5L
Gabrielle Foran 1L	Shaneista Haye 2L	Shauna Malek 1L	Meghan West 1L
Lydia Frost 1L	Brittany Herd 1L	Laura McIvor 2L	Catherine Zidar 1L
Nadine Frost 1L	Karoline Hoy 2L	Robyn Mildren 1L	

Coach: Dave Scott-Thomas

Trainers: Lance Dawson, Marcel Meresz, Brenda Scott-Thomas, Josh Smith

Assistants: Zuzanna Mares, Chris Moulton, Garth Peet, James Sniatenchuk, James Wardle

### Awards Summary

#### **OUA / CIS Awards**

OUA All-Stars – Kyle Boorsma, Allan Brett, Guyson Kuruneri, Dustin McCrank, Josh Roundell, Derek Snider, Lindsay Carson, Miana Griffiths, Shaneista Haye, Steph Jackson and Sarah Pierce

OUA Track and Field Female M.V.P. – Lindsay Carson

OUA Track and Field Female Coach of the Year – Dave Scott-Thomas

OUA Track and Field Male Events – Kyle Boorsma

OUA Track and Field Male Student – Athlete Community Service Award – Ron Jackson

CIS 1<sup>st</sup> Team All-Canadians – Kyle Boorsma, Rachel Aubry, Lindsay Carson, Nadine Frost, Steph Jackson and Jessica Vanhie

CIS 2<sup>nd</sup> Team All-Canadians – Kyle Boorsma, Allan Brett, Dustin McCrank, Miana Griffiths and Courtney Laurie

CIS Female Athlete of the Year – Lindsay Carson

#### **Team Awards**

Hamilton Olympic Club M.V.P – Kyle Boorsma

M.V.P Women – Lindsay Carson

#### **University of Guelph Awards**

Male Athlete of the Year – Kyle Boorsma  
 Female Athlete of the Year – Lindsay Carson  
 W.F. Mitchell Sportsman – Josh Roundell  
 Shirley Peterson Most Improved – Courtney Laurie  
 Scott Yanchus Rookie of the Year Award – Ron Jackson  
 President's Trophy Female – Sarah Pierce

## 2007-2008

The Men's Track and Field team enjoyed a very successful season with a bronze medal at the OUA Championships and a national title at the CIS Championships. At the OUA's, the Gryphon men tallied 11 medals en route to the bronze medal. The team was led by Patrick Szpak (LaSalle, Ont.) and Owen Willems (London, Ont.) who earned gold medals in the Shot Put and Weight Throw events, respectively. Both were named OUA All-Stars for their gold medal performances. Others earning the All-Star awards were Dustin Gamble (Guelph, Ont.), Kyle Killam (Salisbury, NB), Dustin McCrank (Haileybury, Ont.) and Richard Vaughn (Montreal, QC.). The Gryphons captured both the men's and women's national titles, marking the first time that Guelph had won either title and the sixth time in CIS history that one institution swept both banners in the same season. The Guelph men tallied 66 points overall to finish first of 19 teams, capturing the banner despite not winning any individual gold medals. They ended up with three silvers and two bronze medals. Head coach Dave Scott-Thomas earned both the Men's and Women's Coach of the Year awards.

Brendan Brooks	1L	Kyle Killam	3	Cody Murray	2	Derek Snider	4H
Michael Chieffallo	3	Robert Koziarski	2	Maxime Paquette	5	Cody Sorensen	4H
Jordan Cote	1L	Guysong Kuruneru	2	John Parrott	3	Gavin Swan	1L
Andrew Debus	3	Christophe Liseron-Monfils	2	Curtis Peschier	1L	Patrick Szpak	3
Ian Flaxey	1L	Angus Macaulay	5	Jared Pignataro	4H	John Trask	1L
Dustin Gamble	3	Luke McClellan	1L	Daryl Robertson	1L	Jeffrey Turgeon	1L
Cornell Haynes	2	Dustin McCrank	2	Josh Roundell	3	Richard Vaughan	1L
Kevin Honig	1L	Thomas Mosher	2	Brett Snider	1L	Owen Willems	5

### TRACK & FIELD – Women

It was an incredible season for the Track and Field teams this year. At the OUA Championships, the women's team etched their name into the record books earning the team's first-ever OUA medal with a third place finish with 138 points. Overall, the women earned 12 medals. Rookie Lindsay Carson (Cambridge, Ont.) was named the OUA Rookie of the Year and an OUA All-Star. She had an incredible start to her OUA Track career taking home three silver medals in the women's 1000m, 1500m and in the 4x800m. Fifth-year Michelle Moody (Newmarket, Ont.) was honoured with the women's Field Event MVP and an OUA All-Star. She was a double medalist taking home gold in the women's Long Jump and silver in the High Jump. Other OUA All-Stars were Neb Zachariah (Guelph, Ont.), Stephanie Jackson (London, Ont.) and Brae Anne McArthur (Sarnia, Ont.). The Gryphons captured both the men's and women's national titles at the CIS Championships, marking the first time that Guelph had won either title and the sixth time in CIS history that one institution swept both banners in the same season. The Guelph women led the medal count with seven, including three gold, two silvers and a pair of bronzes. The Gryphons totaled 96.5 points to finish first of 22 teams. Lindsay Carson led the women with three medals capturing a gold medal in the 3000m, silver in the 1000m and a bronze in the 1500m. She was named the CIS Rookie of the Year and a First Team All-Canadian. Michelle Moody and Stephanie Jackson were also gold medalists in High Jump and Shot Put, respectively and were both recognized as First Team All-Canadians. Head coach Dave Scott-Thomas earned both the Men's and Women's Coach of the Year awards.

Kela Bartle	2	Lindsay Furtado	1L	Tara MacDonald	2	Emma Pink	1L
Kathryn Berube	3	Jacqueline Gauthier	4H	Brae Anne McArthur	5	Melissa Radu	2
Emily Borthwick	1L	Shaneista Haye	1L	Laura McIvor	1L	Stephanie Radu	4H
Alex Boyle	1L	Karoline Hoy	1L	Michelle Moody	5	Kim Richardson	2
Lindsay Carson	1L	Stephanie Jackson	4H	Stephanie Muise	1L	Grace Sherwin	1L
Rachel Cliff	2	Chelsea Keeley	1L	Shantelle Novak	3	Jessica Vanhie	1L
Erin Collinson	1L	Daniela Kwiatkowski	3	Sarah Peirce	2	Jenni Vanos	4H
Haley Digel	1L	Courtney Laurie	2	Brittany Pepper	3	Neb Zachariah	4

Coach: Dave Scott-Thomas  
 Assistants: Jeff Haller, Zuzana Mares, Garth Peet, Ali Salfi,  
 James Sniatenchuk, Zoltan Tenke, Jim Wardle  
 Therapist: Marcel Meresz

### Awards Summary

#### **Team Awards**

Hamilton Olympic Club M.V.P – Patrick Szpak  
 M.V.P Women – Lindsay Carson, Stephanie Jackson & Michelle Moody

#### **University of Guelph Awards**

Mary Beverley Burton Rookie – Lindsay Carson  
 Female Athlete of the Year – Lindsay Carson  
 President's Trophy – Brae Anne McArthur  
 W.F. Mitchell Sportsman – Michelle Moody

## 2006-2007

At the OUA Championships, the Gryphons finished fourth overall in the team standings and registered five individual medalists. Second-year Dustin Gamble captured his first ever OUA title in the men's 600m and was named an OUA All-Star. Owen Willems won the men's weight throw by nearly two metres ending a two-year run in the runner-up position and was also named an OUA All-Star. Jon Odumeru won a bronze medal in high jump while Jared Pignataro joined Willems on the weight throw podium with a bronze medal. Rounding out the list was Cody Sorensen with a bronze medal in the 60m hurdles. At the CIS Championships, the men placed ninth overall and were led by Cody Sorensen who captured a silver medal and was named an All-Canadian in the men's 60m hurdles after breaking a school record with a time of 8.19. Bronze medals went to Owen Willems in weight throw and Jon Odumeru in high jump.

Kyle Boorsma	1L	Andrew Hudson	3	Chris Liseron-Monfils	1L	Paul Piotrowski	1L
Robert Brown	1L	Greg Hutchinson	5	Angus Macaulay	4H	Josh Roundell	2
Joseph Brunsting	-	Edson Jackson	1L	Dustin McCrank	1L	Derek Snider	3
Matthew Brunsting	2	Kyle Killam	2	Gareth Miller	-2	Cody Sorensen	3
Michael Chieffallo	2	Robert Koziarski	1L	Thomas Mosher	1L	Patrick Szpak	2
Andrew Debus	2	Stephen Koziarski	4H	Cody Murray	1L	Andrew Varden	5
Abe Draycott	4H	Corey Kull	3	Jonathan Odumeru	4H	Owen Willems	4H
Dustin Gamble	2	Guyson Kuruneri	1L	Maxime Paquette	4H	John Worden	1L
Cornell Haynes	1L	Matt Lawrence	2	John Parrott	2		
Blake Hilts	2	Adam Lewandowski	1	Jared Pignataro	3		

At the provincial championships, the Gryphons finished fourth overall in the team standings and were highlighted by four individual medalists. Silver medals went to Steph Jackson in shot put and Rachel Cliff in the 3000m and both were awarded OUA All-Star distinction. Michelle Moody captured two bronze medals, one in high jump and the other in long jump. At the CIS Championships, the women placed sixth overall. Michelle Moody captured her third consecutive silver medal and All-Canadian honours in the women's high jump event with a clearance of 1.74m and her first ever medal (bronze) in the long jump with a school record performance of 5.74m. Meanwhile, Steph Jackson captured bronze in shot put.

Diana Ashrafhosseini	-1	Shannon Kane	-1	Shantelle Novak	2	Ashley Speller	-1
Kela Bartle	1L	Daniela Kwiatkowski	2	Sarah Peirce	1L	Martyna Stanislawczyk	2
Julia Beniusis	-3	Courtney Laurie	1L	Brittany Pepper	2	Jenni Vanos	3
Kathryn Berube	2	Jessica Lundy	1L	Stevie Poland	1L	Donna Verge	-1
Rachel Cliff	1L	Tara MacDonald	1L	Melissa Radu	1L	Kimberly Volterman	2
Desiree Garcon	2	Susan Menczel	4H	Stephanie Radu	3	Vaiva Yaeger	2
Jacqueline Gauthier	3	Michelle Moody	4H	Kim Richardson	1L	Neb Zachariah	3
Stephanie Jackson	3	Laura Moulton	4H	Erin Sask	-2		

Coach:	Dave Scott-Thomas	Massage Therapists:	Marcel Meresz, Lance Dawson
Assistants:	James Sniatenchuk, Zoltan Tenke, Jim Wardle, Jeff Haller, Ali Salfi, Chris Moulton, Zuzanna Mares		

## 2005-2006

The Gryphons further cemented their place as one of the top schools in the conference at the OUA Championships. The men stepped up from their seasonal rankings in the 4-6 range to finish in 3rd, the fifth time in the past six years they have been 2<sup>nd</sup> or 3<sup>rd</sup> and the women cruised in as expected in 4th. Individually, the Gryphons captured 9 medals in total: 2 gold, 2 silver and 5 bronze. Teo Schwartztruber captured the OUA Field MVP honour. He set an OUA Championship record with an incredible 17.67m toss, surpassing the mark set by Queen's Mike Melaney in 2004 by over a full metre. At CI's, Guelph placed 7th overall on the women's side while the men finished in 8th position. Brae-Anne McArthur brought home silver in the pentathlon while Michelle Moody leapt to silver in the high jump with a 1.74m mark. Owen Willems, who was ranked #3 going into the championships, became the first non-Canada West athlete to medal in the 35lb weight throw with a personal best of 17.77m for bronze. Third ranked Jon Odumeru stepped up huge in the high jump to capture the bronze after no-heighting at OU's to clear 2.04m, #2 Gryphon all-time. Cody Sorensen recovered from barely making the final after falling in his heat to become the Gryphs' first ever CIS medallist in the 60m hurdles with bronze in a time of 8.35.

Number: indicates letters earned in that sport, 1L: indicates 1<sup>st</sup> Letter, H: indicates Honour Award (4 or more letters earned over 4 years)

Robert Brown	1L	Sean Keaney	1L	Jonathan Odumeru	2	Cody Sorensen	2
Joseph Brunsting	1L	Jeff Keegan	3	Maxime Paquette	3	Brady Straw	5
Patrick Cook	1L	Kyle Killam	1L	John Parrott	1L	Gavin Swan	1L
Brad Crawford	1L	Stephen Koziarski	3	Jared Pignataro	2	Cleve Thorson	3
Andrew Debus	1L	Matt Lawrence	1L	Josh Roundell	1L	Andrew Varden	4H
Abe Draycott	3	Chris Leverette	1L	Teo Schwartztruber	1L	Richard Vaughan	2
Sam Evers	1L	Angus Macaulay	3	Jeremy Slater	5	Owen Willems	3
Andrew Hudson	2	Gareth Miller	2	Romaine Smith	1L		
Greg Hutchinson	4H	Gordon Muir	1L	Derek Snider	2		
Diana Ashrafhosseini	1L	Kathryn Berube	1L	Liz Forbes	2	Jacqueline Gauthier	2
Michelle Basu Roy	4H	Emily Caron	1L	Desiree Garcon	1L	Kate Henderson	4H
Julia Beniusis	3						

Stephanie Jackson 2	Michelle Moody 3	Christine Reddick 2	Sarah Wagner 1L
Shannon Kane 1L	Laura Moulton 3	Erin Sask 2	Vaiva Yaeger 1L
Daniela Kwiatkowski 1L	Shantelle Novak 1L	Martyna Stanislawczyk 1L	Neb Zachariah 2
Mary-Frances Lynch 2	Brittany Pepper 1L	Mary Catherine Stewart 3	
Brae-Anne McArthur 4H	Stephanie Radu 2	Jenni Vanos 2	
Susan Mencil 3		Kim Volterman 1L	

Coach: David Scott-Thomas  
 Assistants: Gary Lubin, James Sniatenchuk,  
 Zoltan Tenke, Luc Vangrootel, James Wardle

Massage Therapist: Marcel Meresz

## 2004-2005

At the OUA Championships, the Gryphons captured bronze with 98 points behind Windsor and Western. In the High Jump, Greg Baril-Kenney took silver. In the Throws, Guelph garnered 2 gold medals in rookie Shot Putter Patrick Szpak with a 15.44m toss and Owen Willems with a 16.01m throw. Rookie Cody Sorenson finished 3rd in the 300m. With a 1:56 split, Kyle Desormeaux led the 4 x 800m relay team to silver and captured bronze in the 3000m. At the CIS Championships, the Gryphs placed 9<sup>th</sup> overall. Greg Baril-Kenney was CIS champion in the High Jump and earned First Team All-Canadian distinction. In the Shot Put, OUA champion, Pat Szpak garnered bronze to claim the first-ever throws medal in Gryphon history.

Number: indicates letters earned in that sport, 1L: indicates 1<sup>st</sup> Letter, H: indicates Honour Award (4 or more letters earned over 4 years)

Greg Baril-Kenney 1L	Greg Hutchinson 3	Gareth Miller 1	Derek Snider 1
Brendan Brooks 1	Brian Jamieson 4H	Matt Moore 1L	Cody Sorensen 1L
Taylor Carloss 1L	Jeff Keegan 2	Chris Moulton 2	Brady Straw 4H
Matthew Ciceri -	Stephen Koziarski 2	Jonathan Odumeru 1L	Patrick Szpak 1L
Justin Cresser 2	Corey Kull 1	Andrew Oosterhuis -	Cleve Thorson 2
Drew Davenport -	Sean Kyle 1	Maxime Paquette 2	Wade Van Der Kraak -
Kyle Desormeaux 5	Angus Macaulay 2	David Pieterse -1	Andrew Varden 3
Abe Draycott 2	Matt McClellan -1	Jared Pignataro 1L	Richard Vaughan 1L
Colin Dyer -	Mike McGill -	Andrew Ross 1L	Owen Willems 2
Dustin Gamble 1L	Chris McIntyre -	Josh Roundell -	
Andrew Hudson 1	John Miklavcic -1	Jeremy Slater 4H	

At the OUA Championships, the Gryphs placed 4th overall with 84 points behind Windsor, Western and Toronto. Liz Akeroyd and Brae-Anne McArthur were a one-two punch in the women's Pentathlon. In the High Jump, Brae-Anne McArthur claimed the silver with a 1.70m leap and was named OUA Female Field MVP. Neb Zachariah captured bronze in the Triple Jump. Kristina Rody took the gold medal in the 3000m. Rookie Jenni Vanos helped the women's 4 x 800m relay team win bronze with a 2:15 split. The team of Michelle Basu Roy, Kate Henderson and Julie Beniusis recorded a new school record with a four-second personal best. Vanos also grabbed bronze in the 1000m. At the CIS Championships, the women placed 5th with 30 points. This marked the best ever finish for the very young Gryphons. Rookie Neb Zachariah earned First Team All-Canadian honours as CIS champion in the Triple Jump. Silver medals went to Liz Akeroyd in the Pentathlon and Michelle Moody in the High Jump which warranted Second Team All-Canadian status while Brae-Anne McArthur captured bronze in the Pentathlon.

Liz Akeroyd 5	Kate Henderson 3	Michelle Moody 2	Hannah Skotty 1L
Michelle Basu Roy 3	Stephanie Jackson 1L	Laura Moulton 2	Ashley Speller 1L
Julia Beniusis 2	Serena Jennings 5	Amanda Palmer 1L	Kate Stewart 3
Kristina Boyd 2	Bridget Kamp 2	Sarah Purton 4H	Mary Catherine Stewart 2
Sun Wai Culbreath 1L	Mary-Frances Lynch 1L	Stephanie Radu 1L	Jenni Vanos 1L
Susie Egar 3	Brae-Anne McArthur 3	Christine Reddick 1L	Donna Verge 1L
Liz Forbes 1	Jenn McCallum 1	Kristina Rody 5	Beverley Young 2
Jacqueline Gauthier 1L	Susan Mencil 2	Erin Sask -1	Neb Zachariah 1L

Coach: Dave Scott-Thomas  
 Assistants: Jeff Haller, Gary Lubin, Ali Salfi, James Sniatenchuk,  
 Trent Stellingwerff, Zoltan Tenke, Luc Vangrootel, Jim Wardle

Massage Therapist: Marcel Merese

## 2003-2004

At the OUA Championships, the men's team finished 6<sup>th</sup>. The 4 x 800m Relay team of Andrew Dunbrack, Brady Straw, Robin Bourke and Steve Armitage captured the gold medal and All-Star status at OU's and the bronze medal at the CIS Championships. Kyle Desormeaux was an OUA bronze medallist in both the 1000 and 1500m events. Robin Bourke claimed an OUA bronze in the 600m and another in the 1000m at CI's. (No.: indicates letters earned in that sport, G: indicates Gold G - 1<sup>st</sup> letter earned, H: indicates Honour Award - 4 or more letters earned over 4 years)

Steve Armitage	3	Andrew Dunbrack	1G	Jamal Lake	1G	Andrew Ross	-
Robin Bourke	5	Peter Dunbrack	3	Angus Macaulay	1	Jeremy Slater	3
Daniel Briand	1	Bryan Ego	2	Matt McClellan	1G	Adam Slomer	1G
Brendan Brooks	-	Andrew Hudson	-	John Miklavcic	1G	Brady Straw	3
Christian Casupanan	2	Brendan Hunt	1	Wes Moerman	4H	Cleve Thorson	1G
Kevin Coupland	1	Greg Hutchinson	2	Chris Moulton	1	Mark Vollmer	5
Mike Coupland	2	Brian Jamieson	3	Jonathan Odumeru	-	Owen Willems	1G
Justin Cresser	1G	Jeff Keegan	1G	Maxime Paquette	1	Zac Wolochatiuk	2
Kyle Desormeaux	4H	Brian King	1	David Pieterse	1G	Devin Woods	1G
Abe Draycott	1G	Stephen Koziarski	1	Mitchell Prevost	1		

At the OUA Championships, the Women had their best showing ever with a 4<sup>th</sup> place finish overall. One of the major highlights was the emergence of the jumps. Michelle Moody, Brae Anne McArthur and Sue Menzcel set personal best records in the High Jump to finish 2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup> respectively. Moody earned OUA All-Star honours with her result. McArthur and Menzcel tied for 4<sup>th</sup> at the national championships. The 4 x 200m Relay team consisting of Tina Boyd, Stef Burosch, Bridget Kamp and Sarah Purton set a new school record at CI's cracking the 1:46 barrier.

Elizabeth Akeroyd	4H	Andrea Ellis	1	Susan Menzcel	1G	Erin Sask	1
Michelle Basu Roy	2	Kristyn Englert	1	Michelle Moody	1G	Mary Catherine Stewart	1
Jessica Baynton	1	Kate Henderson	2	Laura Moulton	1	Kate Stewart	2
Julia Beniusis	1	Serena Jennings	4H	Christine Noordam	1G	Alice Sutcliffe	1G
Kimberley Bowerman	4H	Bridget Kamp	1	Kelly O'Connor	1G	Jessica Swan	2
Kristina Boyd	1	Kelly Kennedy	-1	Sarah Ouellette	1	Lina Yaeger	1
Stefani Burosch	2	Joan Kivanda	2	Sarah Purton	3	Beverley Young	1G
Tanya Cerovic	1G	Caitlin Malone	1	Ashley Renaud	1		
Teresa da Costa	4H	Brae Anne McArthur	2	Emily Robson	1G		
Susie Egar	2	Amy Menzcel	1G				

Coach: Dave Scott-Thomas  
 Assistants: Jessica Campbell-Rogers, Jeff Haller, Gary Lubin, Trent Stellingwerff, Zoltan Tenke, Luc Vangrootel, Christoph Wand, Jim Wardle  
 Trainers: Lance Dawson, Marcel Meresz

## 2002-2003

At the OUA Championships, the men's team finished 2<sup>nd</sup> behind Windsor while the women's side placed 5<sup>th</sup> overall. The Gryphons had 21 season best performances, 10 personal best performances, 4 school records and 1 OUA record. Heather Loree captured a gold in both the Pentathlon and the Triple Jump. Reid Coolsaet garnered a gold and silver in the 3000 and 1500m events respectively. In the Weight Throw, Markus Wand captured the gold setting a new OUA record of 15.82m. Robin Bourke claimed silver in the 600 and 1000m. The 4 x 800m Relay team comprised of Brady Straw, Steve Armitage, Reid Coolsaet and Peter Sullivan were silver medallists. Taylor Murphy and Serena Jennings ran for bronze in the 3000 and 1500m events respectively.

At the CIS Championships, the Gryphs had the strongest team showing in the university's history bringing home 9 medals and 7 All-Canadians including Robin Bourke (in individual and relay events), Reid Coolsaet, Heather Loree, Steve Armitage, Kyle Desormeaux and Peter Sullivan. The men's team climbed from an 8<sup>th</sup> place ranking to an incredible 3<sup>rd</sup> place overall behind Windsor and Sherbrooke while the women's side placed 9<sup>th</sup> overall. Reid Coolsaet was outstanding as usual. He was the 3000m champion and captured silver in the 1500m. Robin Bourke was a triple medallist claiming silver in the 1000m, bronze in the 600m and anchored the 4 x 800m Relay team to gold. Heather Loree set a new personal best and Guelph school record to capture silver in the Pentathlon while Serena Jennings ran to a bronze finish in the 1500m.

(No.: indicates letters earned in that sport, G: indicates Gold G - 1<sup>st</sup> letter earned, H: indicates Honour Award - 4 or more letters earned over 4 years)

Steve Armitage	2	Kyle Desormeaux	3	Brian Jamieson	2	Peter Sullivan	5
Matt Borris	1G	Peter Dunbrack	2	Rohan Mathai	1G	Peter TenHaaf	2
Robin Bourke	4H	Jason Dunkerley	1	Michael McDonough	2	Kurt van Vulpen	1G
Christian Casupanan	1G	Bryan Ego	1G	Wes Moerman	3	Andrew Varden	2
Reid Coolsaet	5	Lee Glazier	3	Taylor Murphy	5	Mark Vollmer	4H
Mike Coupland	1	Matt Greenwood	1G	Jeremy Slater	2	Markus Wand	4H
Adrian Delmonte	1	Greg Hutchinson	1	Brady Straw	2	Zac Wolochatiuk	1
Elizabeth Akeroyd	3	Jody Chrobak	2	Serena Jennings	3	Heather Loree	4H
Michelle Basu Roy	1G	Teresa da Costa	3	Emily Jongerden	1G	Dawn Martin	1
Kimberley Bowerman	3	Susie Egar	1	Kelly Kennedy	1G	Brae-Anne McArthur	1G
Stefani Burosch	1G	Kate Henderson	1	Irene Kwan	1G	Michaela McClure	4H

Danielle McCullough 1G	Sarah Purton 2	Kate Stewart 1G	Helga Thorkeldsdottir 1G
Laine Misch 1	Danielle Rowlands 2	Jessica Swan 1G	
Kathleen Nolan 4H	Jessica Ryes 1G	Kristen Swerdfeger 1G	

Coach: Dave Scott-Thomas Trainers: Shashe Hamilton, Marcel Meresz  
 Assistants: Jeff Haller, Patrick Stapleton, Trent Stellingwerff, Gaby Szanto, Zoltan Tenke, Christoph Wand

## 2001-2002

The Gryphons had a strong showing at the CIS Championships, bringing home 4 medals and 6 All-Canadian award winners in Michaela McClure, Steve Bendo, Reid Coolsaet, Chinedu Amadi, Trent Stellingwerff and Peter Sullivan. On the women's side, Heather Loree was outstanding in the Triple Jump and Pentathlon with a bronze medal and 5<sup>th</sup> place finish respectively. The men had their highest finish ever in 6<sup>th</sup> place with 22 points only 1 point out of 5<sup>th</sup> and 2 points out of 4<sup>th</sup>. They captured three silver medals, with outstanding performances in the 4 x 800m Relay, in a school record setting time, the 60m Sprint as Amadi showed great consistency at the national level, and the 3000m event where Coolsaet ran a blazing 8:17. At the OUA Championships in Windsor, the Gryphons had their best ever finish ever. The women's squad maintained their 5<sup>th</sup> place ranking in the OUA with a team total of 75 points only 15 behind Waterloo. The women garnered a total of seven medals: 3 bronze (Kristina Rody - 3000m; Serena Jennings - 1000m; Liz Akeroyd - Pentathlon); 3 silvers (Michaela McClure - 1500m, 3000m; Heather Loree - Triple Jump); and one gold (Heather Loree - Pentathlon). On the Men's side, the stats were impressive: an enormous 33-point margin of victory over 3rd place UWO for 2nd spot; 11 medals (over 20% of the total) 5 golds: Markus Wand - 35lb. Weight Throw; Chinedu Amadi - 60m; Robin Bourke - 600m; Reid Coolsaet - 1500m; Chris McLaren - 3000m; 3 silvers: 4 x 800m Relay; Lee Glazier - 1000m; Steve Bendo - 1500m and 3 bronze: Peter Sullivan - 1000m; Reid Coolsaet - 3000m; Brian Jamieson - 60m Hurdles. Markus set OUA and field house records with his winning 15.22m heave. Chinedu also set a school record in his 60m.

(No.: indicates letters earned in that sport, G: indicates Gold G - 1<sup>st</sup> letter earned, H: indicates Honour Award - 4 or more letters earned over 4 years)

Chinedu Amadi 1G	Kyle Desormeaux 2	Michael McDonough 1	Brady Straw 1
Steve Armitage 1G	Peter Dunbrack 1	Christopher McLaren 2	Peter Sullivan 4H
Steve Auger 1G	Nathan Farrell 1	Wes Moerman 2	Peter TenHaaf 1G
Nida Aziz 1G	Lee Glazier 2	Taylor Murphy 4H	Andrew Varden 1G
Matt Bagley -	Greg Hutchinson -	Tim Oates 4H	Mark Vollmer 3
Steve Bendo 4H	Patrick Ingratta 1G	Aaron Offord 1G	Markus Wand 3
Robin Bourke 3	Brian Jamieson 1G	Nick Phillips 3	David Wiley -
Reid Coolsaet 4H	Christopher Liddy 2	Jeremy Slater 1G	
Adrian Delmonte -	Matt Little 3	Trent Stellingwerff 2	
Elizabeth Akeroyd 2	Susie Egar -	Danielle Leclair -	Katherine Onyett-Jeffries -
Kimberley Bowerman 2	Elizabeth Forbes -	Heather Loree 3	Sarah Purton 1G
Roslynn Brain 1G	Shashe-Work Hamilton 1G	Michaela McClure 3	Lisa-Anne Rheume 2
Kristin Buckley 1	Serena Jennings 2	Kelly McManus 1	Kristina Rody 4H
Jody Chrobak 1G	Katie Junkin 1G	Elaine Murch -	Danielle Rowlands 1
Sarah Clark 2	Jenny Kellar 2	Laurie Mutton 3	Emily Smyth 2
Teresa da Costa 2	Alyssa Kenny-Scherber -	Kathleen Nolan 3	Bobbi-Jo Wade 1G
Michelle D'Arcy 3	Joan Kivanda 1G	Kelly O'Neil 3	

Coach: Dave Scott-Thomas Trainers: Lance Dawson, Kristen Gameiro,  
 Assistants: Patrick Stapleton, Gaby Szanto, Zoltan Tenke, Christoph Wand, Marcel Moresz, Teresa Piotrowski

## 2000-2001

After a tough battle at the OUA Championships, Queen's just edged Guelph out in the final two events and the Gryphons had to settle for a very competitive 4<sup>th</sup> place result. The Gryphons strong presence was evident as they claimed 6 medals: Steve Bendo had a gold medal winning 1500m run and 2 hours later doubled with a silver 3000m performance; Peter Sullivan grabbed a silver in the 1000m to go with his anchoring gold in the 4 x 800m Relay (Robin Bourke, Trent Stellingwerff, Kyle Desormeaux and Sullivan); Bourke took silver in the 600m event and Chris McLaren took the bronze over 3000m. At the CIAU's in Sherbrooke, Quebec, the Gryphons finished 10<sup>th</sup> for the first time ever. Bendo was dynamite with a silver medal run in the 1500m while the 4 x 800m Relay team came through with a silver medal and All Canadian status.

(No.: indicates letters earned in that sport, G: indicates Gold G - 1<sup>st</sup> letter earned, H: indicates Honour Award - 4 or more letters earned over 4 years)

Stephen Bendo 3	Matt Little 2	Michael Sandusky 1G
John Booth 3	Tony Makrostergios 1G	Trent Stellingwerff 1
Robin Bourke 2	Chris McLaren 1	Peter Sullivan 3
Reid Coolsaet 3	Wes Moerman 1G	Jamie Thiessen 1G
Kyle Desormeaux 1	Taylor Murphy 3	Mark Vollmer 2
Lee Glazier 1	Tim Oates 3	Shawn Vording 4H
Chris Liddy 1	Nick Phillips 2	Markus Wand 2

Coach: Dave Scott-Thomas  
 Assistants: Patrick Stapleton, Zoltan Tenke, Gaby Szanto, Christoph Wand

At the OUA Championships Guelph finished 5<sup>th</sup> beating out Queen's and York for the first time. Their point total of 71 was the highest ever. Medals were brought home in 7 events: rookie, Liz Akeroyd, captured bronze in the High Jump; the 4 x 800m Relay (Kim Bowerman, Michaela McClure, Kathleen Nolan and Serena Jennings) had a bronze medal run; sophomore, Heather Loree, grabbed a silver in the 60m Hurdles and a bronze in the Triple Jump; Leslie Carson pulled in silver over 3000m; and McClure took home 3 OUA medals with a silver in the 1500m and a bronze in the 3000m in addition to her relay bronze. At the CIAU Championships, the Gryphs placed 9<sup>th</sup> for the first time ever and Carson cracked the 10:00 barrier over 3000m with a 9:59.03 for bronze. Heather Loree was sensational as she captured three medals and All Canadian status including silver in the 60m Hurdles and bronze in the Pentathlon and the Triple Jump.

Liz Akeroyd	1G	Heather Deakin	1G	Laurie Mutton	2
Amanada Bonnell	2	Jael Ealey	1	Sarah Newman	1
Kimberley Bowerman	1	Sarah Glover	4H	Kathleen Nolan	2
Jessica Campbell-Rodgers	2	Serena Jennings	1	Kelly O'Neil	2
Leslie Carson	1	Jenny Kellar	1	Lisa-Anne Rheaume	1G
Sarah Clark	1	Katy Leishman	1G	Laurie Rodges	4H
Teresa da Costa	1G	Heather Loree	2	Kristina Rody	3
Michelle D'Arcy	2	Michaela McClure	2	Gaby Szanto	1G
Terri Thompson	1G				

## 1999-2000

There has been a hierarchy in the OUA for decades in Men's Track and Field through which no team has ever broken. A move into the top 5 would have been a major success. With this motivation, the young Men's team was superb in bringing home 7 medals. The Gryphons finished an historic third with a school record 84 points (destroying the old record of 37). Major points were gained in the Weight Throw with a 2-3 Gryphon finish as brothers: Markus and Christoph Wand threw 14.14m. Distance, the Gryphons traditional strength, was stronger than ever as Guelph placed the maximum 3 athletes in the finals of most events. Steve Bendo caught fire in the 1500m to finish second. Shaun Kingerlee doubled in the medals with gold in the 600m and silver in the 1000m. Markus Wand, Kingerlee and Bendo as a result of their performances were OUA All Stars. Drew Graham seized a bronze in the 3000m as did the 4 x 800m Relay team comprised of Bendo, Robin Bourke, Jay Henrikson and Peter Sullivan. At the CIAU's, Shaun Kingerlee was fantastic in his 1000m debut as he executed a near perfect tactical race to grab a bronze and a school record. In the Weight Throw, Guelph men proved their OUA dominance was no fluke as the Wand brothers, finished 5<sup>th</sup> and 6<sup>th</sup>.

(No.: indicates letters earned in that sport, G: indicates Gold G - 1<sup>st</sup> letter earned, H: indicates Honour Award - 4 or more letters earned over 4 years)

### Team List:

Steve Bendo	2	Brad Bowland	-	Scott Duncan	1
John Booth	2	Shane Chipman	-	Jason Dunkerley	-2
Robin Bourke	1G	Reid Coolsaet	2	Darek Gondor	1

Jim Gordon	1G	Antonios Makrostergios	-	Edward Szeto	-
Michael Gowan	1	Rob Martin	-	Mark Vollmer	1
Drew Graham	2	Taylor Murphy	2	Shawn Vording	3
Jason Henrikson	4H	Tim Oates	2	Christoph Wand	3
Curtis Holmes	2	Nick Phillips	1G	Markus Wand	1
Shaun Kingerlee	3	Glenn Scott	3	Ian Watson	-
Matthew Little	1	Hugh Simson	4H	Phil Wiebe	-
Jason Lobb	-	Peter Sullivan	2	Brad Wright	1G
Coach:	Dave Scott-Thomas				
Assistants:	Pat Gordon, Zoltan Tenke, Gaby Szanto, Christoph Wand				

At the OUA Track and Field Championships in Windsor, the young Women's team grabbed 4 medals en route to a 7<sup>th</sup> place team finish. Michaela McClure garnered a gold in the 1500m leading the race from start to finish and as a result was an OUA All Star. Rookie, Heather Loree, was outstanding as she captured a double bronze: one in the 60m Hurdles, the other in the Triple Jump. Jessica Campbell-Rogers grabbed a bronze in the 1000m. At the CIAU Championships in Montreal, Loree capped off a brilliant season with a 4<sup>th</sup> place finish in the Triple Jump.

#### Team List:

Amanda Bonnell	1	Melissa Bryan-Pulham	-	Jessica Campbell-Rogers	1
Sarah Clark	-	Marianne Maertens	4H	Laurie Rodges	3
Michelle D'Arcy	1	Julie Martin	-	Kristina Rody	2
Allison Drynan	3	Michaela McClure	1	Jenn Rombeek	-3
Melissa Evans	-	Laurie Mutton	1	Lindsay Sachro	-
Sarah Glover	3	Sarah Newman	-	Marta Valentic	1
Janet Lapierre	-	Kathleen Nolan	1	Bobbi-Jo Wade	1G
Heather Loree	1G	Kelly O'Neil	1G		
Andrea Luey	-1	Tamara Reitsma	-		

Coach: Dave Scott-Thomas  
 Assistants: Pat Gordon, Zoltan Tenke, Gaby Szanto, Christoph Wand

## 1998-1999

The Men's Track and Field Gryphons became the first new team to break into the top 7 at the OUA Finals in over a decade taking 6<sup>th</sup> spot. With 4 performances that put athletes on the podium, the Gryphs had their strongest showing ever. Glenn Scott leapt 1.98m to earn him a bronze in the High Jump. Steve Bendo pulled in bronze medals in the 1500 and 3000m events. The emotional highlight came with the gold medal effort of the 4 x 800m Relay (Bendo, Peter Sullivan, Jay Henrikson and Shaun Kingerlee) which was decided by .09 seconds. The Gryphons qualified an unprecedented 8 athletes for the CIAU Championships. At the CIAU's, Glenn Scott seized the bronze in the High Jump for the second straight year. (No.: indicates letters earned in that sport, G: indicates Gold G - 1<sup>st</sup> letter earned, H: indicates Honour Award - 4 or more letters earned over 4 years)

<u>Team List:</u>	Steve Bendo	1	David Millar	1G
	John Booth	1	Taylor Murphy	1
	Reid Coolsaet	1	Glenn Scott	2
	Jason Dunkerley	2	David Smith	1
	Drew Graham	1	Peter Sullivan	1
	Jason Henrikson	3	Edward Szeto	1G
	Curtis Holmes	1G	Earl Thomson	-
	Shaun Kingerlee	2	Shawn Vording	2
	Chris McLaren	2	Christoph Wand	2

Coach: Dave Scott-Thomas

Assistants: Zoltan Tenke, Pat Gordon

The Women's Track and Field Team finished 7<sup>th</sup> as a team at the OUA Championships in Windsor and had several individual highlights. Nadine Devin took the gold in the 3000m with Kirsten Addison following closely behind to nab the bronze. Jessica Campbell-Rogers sped to a 600m bronze. At the CIAU Championships, the small and inexperienced Women's squad significantly improved on their pre-meet ranking to grab 10<sup>th</sup> spot with only 5 athletes competing. Devin captured the bronze in the 3000m.

<u>Team List:</u>	Kirsten Addison	1	Danielle MacNeil	-
	Jessica Campbell-Rogers	2	Marianne Maertens	3
	Sarah Clark	-	Kelly McManus	1
	Nadine Devin	4H	Sarah Newman	-
	Allison Drynan	-2	Laurie Rodges	2
	Sarah Glover	2	Jenn Rombeek	3
	Andrea Luey	1G	Emily Smyth	1

Coach: Dave Scott-Thomas  
Assistants: Zoltan Tenke  
Pat Gordon

## 1997-1998

The Men's Track and Field Team placed 9<sup>th</sup> at the OUA Championships with a young team that will be even better next season. Shaun Kingerlee placed 5<sup>th</sup> in the men's 600m Dash and Chris McLaren came 8<sup>th</sup> in the 3000m. Glenn Scott earned a 4<sup>th</sup> place position in the High Jump and Christopher Wand came 7<sup>th</sup> in the shot put. At the CIAU Championships in Windsor, Glenn Scott improved his performance and took the bronze medal in the High Jump.

(No.: indicates letters earned in that sport, G: indicates Gold G - 1<sup>st</sup> letter earned, H: indicates Honour Award - 4 or more letters earned over 4 years)

<u>Team List:</u>	Michael Bowles	1	Shaun Kingerlee	1
	Robert Cairns	4H	Chris McLaren	1
	Marc Casas	3H	Glenn Scott	1G
	Joshua Douma	1	Hugh Simson	1
	Jason Dunkerley	1G	Shawn Vording	1G
	Jason Henrikson	2	Chris Wand	1
	Shawn Kehoe	1		

The Women's Track and Field team came 8<sup>th</sup> at the OUA Championships in Toronto. The women's 4x800m Relay Team consisting of Sonya Goldberg, Nadine Devin, Clare Hargreave and Meegan Larsen won the silver medal. At the CIAU Championships in Windsor, Meegan Larsen earned a bronze medal in the 3000m, while Heidi Loewen came 5<sup>th</sup> in the 3000m. Other top 10 performances came from Nadine Devin (7<sup>th</sup>) in the 1500m, Clare Hargreave (8<sup>th</sup>) 1000m and Amanda Bonnell (10<sup>th</sup>) in the 600m.

<u>Team List:</u>	Amanda Bonnell	1G	Meegan Larsen	5
	Jessica Campbell-Rogers	1G	Christine Laubach	-
	Robyn Collins	1	Heidi Loewen	5
	Nadine Devin	3	Marianne Maertens	2
	Sarah Glover	1G	Laurie Rodges	1G
	Sonya Goldberg	4H	Jennifer Rombeek	2
	Clare Hargreave	4H		

Coach: Dave Scott-Thomas  
Assistant: Pat Gordon

## 1996-1997

The Men's Track team finished 8th out of 12 teams at the OUAA Championships at Toronto. Jeff Bruin came 5th in the 3000m and he help lead the 4x800m relay team to a 4th place finish.

(No.: indicates letters earned in that sport, G: indicates Gold G - 1<sup>st</sup> letter earned, H: indicates Honour Award - 4 or more letters earned over 4 years)

<u>Team List:</u>	Jeff Bruin	2	Kevin Harrison	1G
	Chris Carrick	4	Jason Henrikson	1G
	Marc Casas	-	Shawn Kehoe	-
	Gordon Culbert	1G	Dan Mayhew	3
	Carlos David	-	Brian Rawbone	1G
			John Witzing	1G

The Women's Track team placed 9th at the OWIAA Championships at Toronto. Kristina Rody qualified for the CIAU Championships in the 3000m.

<u>Team List:</u>	Melanie Amm	1G	Heidi Loewen	4H
	Nadine Devin	1	Marianne Maertens	1
	Allison Drynan	2	Colette McAuley	5
	Sonya Goldberg	1	Elaine Penny	-
	Clare Hargreave	-1	Kristina Rody	1
	Gena Jaspers-Fayer	2	Jennifer Rombeek	1G

Coach: Rich Tremain  
Assistant: Pat Gordon  
Trainer: Andrew Lu

## 1995-1996

The Men's Track and Field team repeated their 10th place finish at the OUAA Championships at York University.

(No.: indicates letters earned in that sport, G: indicates Gold G - 1<sup>st</sup> letter earned, H: indicates Honour Award - 4 or more letters earned over 4 years)

Jeff Bruin	1	Chris Carrick	4H	Dan Mayhew	2
Robert Cairns	2	Robert Lawrence	2		

Coach: Rick Schroeder/Pat Gordon

The Women's Track and Field team moved up four spots from the 1993-94 season to land 6th position overall at the OWIAA Championships. Key performances included a gold medal by Pauline Fox in the 600 metre event with a time of 1:33.71 and a bronze by Gena Jasper-Fayer in the 1000 metre event. Fox, an OWIAA All Star, was a bronze medallist in the 600 metre category at the CIAU Championships in Windsor. The Gryphons ended up in 12th spot at the national championships.

Allison Back	2	Gena Jaspers-Fayer	1	Natalie Welsh	3
Amy Darling	2	Sophika Kostyniuk	3	Kristen Yarker	1
Pauline Fox	4H	Heidi Loewen	3		
Clare Hargreave	1	Colette McAuley	4H		

Coach: Rick Schroeder/Pat Gordon

## 1994-1995

The Men's Track and Field team moved up one position from last season to a 10th place finish at the OUAA Championships in Windsor. Chris Carrick placed 7th in the 1500 metres.

(No.: indicates letters earned in that sport, G: indicates Gold G - 1<sup>st</sup> letter earned, H: indicates Honour Award - 4 or more letters earned over 4 years)

Rob Cairns	1	Derek Hallman	4H	Dan Mayhew	1
Chris Carrick	3	Rob Lawrence	1	Kevin Reid	1

Coach: Rick Schroeder/Jason Wilkes

The Women's Track and Field team moved up two spots from last year to 8th position overall at the OWIAA Championships. Key performances included a 4th place finish by Pauline Fox in the 600 metres and a 5th place in the 4 x 200 m Relay.

Amy Darling	1	Johanna lies	1	Colette McAuley	3
Pauline Fox	3	Sophika Kostyniuk	2	Natalie Welsh	2
Sonya Goldberg	1	Heidi Loewen	2		

Coach: Rick Schroeder

Trainers: Kim Jones/Greg Patterson

## 1993-1994

The Men's Track and Field team placed eleventh at the OUAA Championships in Windsor. Pat Gordon placed seventh in the 1500 metre final while Chris Carrick was twelfth in the 1000 metre final.

(No.: indicates letters earned in that sport, G: indicates Gold G - 1<sup>st</sup> letter earned, H: indicates Honour Award - 4 or more letters earned over 4 years)

Gregg Blackler	1G	Patrick Gordon	4	Tim Martin	1
Chris Carrick	2	Derek Hallman	3	Gordon MacOdrum	4H
Marc Casas	1G	Jeff Kinch		Tyler Papple	
Kevin Franks	1G	Rich Martin	2	Jason Turner	4H

Head Coach: Rick Schroeder

Men's Coach: Gordon MacOdrum

Trainer: Chris Elder

The Women's Track and Field team placed tenth overall at the OWIAA Championships in Windsor. Pauline Fox placed twelfth in the 600 metre final while Heidi Loewen was eleventh and Allison Back was twelfth in the 1500 metre final.

Allison Back	1	Sarah Gewurtz		Julie Merrick	1
Tracey Brown	-	Sophika Kostyniuk	1G	Alison Peters	2
Anne Ellis	2	Heidi Loewen	1G	Natalie Welsh	1G
Pauline Fox	2	Colette McAuley	2		

Coach: Rick Schroeder

Trainer: Janeen Schaeffler

## 1992-1993

The Men's Track and Field Team placed seventh at the OUAA Championships. Mike Daleman placed fourth in the Triple Jump and Jason Bell won a bronze medal in the 300 metre dash. At the CIAU Championships in Toronto, Tim Robinson won the bronze medal in the 300 metre dash and the team placed twelfth.

(No.: indicates letters earned in that sport, G: indicates Gold G - 1<sup>st</sup> letter earned, H: indicates Honour Award - 4 or more letters earned over 4 years)

Jason Andrews	1G	Michael Daleman	2	Jeff Krar	1
Jason Bell	3	Daniel Dufraimont	1	Gordon MacOdrum	3
Chris Carrick	1G	Derek Hallman	2	Rich Martin	2

Erie Noronha	1G	Jason Turner	3
Tim Robinson	3	Jeff Walsh	3

Coach: Rick Schroeder  
Trainer: Helen McAllister

The Women's Track and Field Team placed seventh at the OWIAA Championships in Toronto. Kathy Butler won the gold medal in the 1500 metres while Lindsay Tomlinson placed fifth. At the CIAU Championships in Toronto, Guelph placed ninth as Kathy Butler won both the 1000 and 1500 metre events and set a new record in the 1000 metre with a time of 2:47.45. Finished season ranked 6<sup>th</sup> nationally.

Tracey Brown	1G	Pauline Fox	1G	Alison Peters	1G
Kathy Butler	1	Andrea Jackman	1G	Lindsay Tomlinson	3
Anne Ellis	1G	Colette McAuley	1G		
Erin Enright	1G	Jennifer Miners	-2		

Coach: Rick Schroeder  
Trainer: Helen McAllister

## 1991-1992

The Men's Track and Field team placed 6th at the OUAA Finals in Windsor. Michael Daleman won a gold medal in the Triple Jump with a jump of 14.530 metres and advanced to the CIAU Championships in Manitoba where he placed 5th.

(No.: indicates letters earned in that sport, G: indicates Gold G - 1<sup>st</sup> letter earned, H: indicates Honour Award - 4 or more letters earned over 4 years)

Jason Bell	2	Adam Harrington	1G	Tim Robinson	2
Mike Daleman	2	Chris Jones	2	Scott Rowland	1G
Mike Dinel	2	Jonathan Kalman	1G	Tabo Sikaneta	1G
Mark Dragich	1G	Rich Martin	1G	Jason Turner	2
Erwin George	1G	Greg McNab	2	Jeff Walsh	2
Pat Gordon	3H	Guy Morgan	1G	Paul Wismer	2
Derek Halman	1G	Scott O'Connor	5		

Coaches: Martin Gilmour, Geoff Outerbridge, Rick Schroeder

The Women's Track and Field team placed 9th at the OWIAA Finals in Windsor. Heather Noble won a silver in the 1000m and advanced to the CIAU's where she placed 5th, her personal best at 2:51.

Jill Blasko	1	Lorraine Henry	1G	Jennifer Miners	2
Karen Edworthy	2	Barb Johnston	2	Heather Noble	4H
Michelle Jacksman	1G	Sandra Kofalvi	1G	Kathy Svistunenko	2
Denise Jordan	1	Liz Marskel	1G	Adria Veliz	1G

Coaches: Martin Gilmour, Geoff Outerbridge, Rick Schroeder

## 1990-1991

After a long absence, Track and Field has returned to the University of Guelph. The men's team was ranked in the Top Ten no fewer than 5 times during the season and finished in 11th place (out of 28 schools) at the CIAU Championships. The women's team was led by Heather Noble and Katrine Svistunenko, who finished 4th and 6th respectively in the events in the OWIAA Championships. The men's team had an outstanding performance from Tim Robinson who won silver and bronze medals in the 300 and 60m sprints at the OUAA Championships. Geoff Outerbridge also won a bronze medal at the OUAA's. At the CIAU Championships Robinson won a silver medal.

(No.: indicates letters earned in that sport, G: indicates Gold G - 1<sup>st</sup> letter earned, H: indicates Honour Award - 4 or more letters earned over 4 years)

Jason Bell	1G	Terry Hickey	1G	Scott O'Connor	4H
Lawrence Bendandi	1G	Robert Irani	1G	Geoff Outerbridge	5
Markus Carl	4H	Chris Jones	1G	Wes Peel	1
Michael Daleman	1G	Gordon MacOdrum	2	Tim Robinson	1G
Michael Dinel	1G	Greg McNab	1	Godfrey Rutta	1G

David Scott-Thomas -4  
Chris Serran 3

Jason Turner 1G  
Jeff Walsh 1

Jason Wilkes 2  
Paul Wismer 2

Crystal Drummond  
Karen Edworthy 1G  
Janet Goddard 2  
Jennifer Heffron 1

Barbara Johnston 1G  
Kimberley Joyce  
Jennifer Miners 1G  
Heather Noble 3

Tania Poehlman -2  
Katrine Svistunenko 1G  
Lindsay Tomlinson -2

Coach: Martin Gilmour  
Assistant: Rick Schroeder

## 1989-1990

The OUAA/OWIAA Track & Field finals were held in Windsor. Sarah Apedaile placed 4th in the 600m, Heather Noble placed 2nd in the 1000m. Both girls qualified for CIAU's in Winnipeg both placing 7th in their respective events.

(No.: indicates letters earned in that sport, G: indicates Gold G - 1<sup>st</sup> letter earned, H: indicates Honour Award - 4 or more letters earned over 4 years)

Lawrence Bendandi  
Markus Carl 3  
Gordon MacOdrum 1G  
Scott O'Connor 3

Dave Scott-Thomas 3H  
Chris Serran 2  
Chris Trainor 1G  
Paul Wismer 1

Coach: Allen Keele

Sarah Apedaile 5  
Janet Goddard 1G  
Missy McCleary 1

Heather Noble 2  
Lindsay Tomlinson 2

Coach: Allen Keele

## 1988-1989

The men's track team had another successful season as they placed 8th out of 11 schools at the OUAA Championships in Toronto. The individual high light was the bronze medal won by Rick Harris in the 1000 m.

(No.: indicates letters earned in that sport, G: indicates Gold G - 1<sup>st</sup> letter earned, H: indicates Honour Award - 4 or more letters earned over 4 years)

Geof Cameron 4 H  
Markus Carl 2  
James Carson 3  
George Chiang 1 G  
Patrick Gordon 1 G

Richard Harris 5  
Robert Haverkamp 1 G  
Ken Misener 1 G  
Scott O'Connor 2  
Jason Pollock 1 G

David Scott-Thomas 2  
Chris Serran 1  
Frank Solinger 1

Coach: Chris Cameron  
Assistant: Phil Noonan

The women's track team placed 7th at the OVIAA Championships in Toronto. Kathy Lindsay had an outstanding meet winning the gold medal in the 3000 m. She then went on to win a bronze in the same event at the CIAU Championships in Sherbrooke and also placed 6th in the 1500 m.

Sarah Apedaile 4 H  
Alison Duncan 1 G  
Kathy Lindsay 4 H

Kelly May 2  
Heather Noble 1 G  
Tania Poehlman 1 G

Cindy Preozer 1 G  
Lindsay Tomlinson 1 G

Coach: Chris Cameron  
Assistant: Phil Noonan

## 1987-1988

The men's track team placed eighth at the OUAA Finals in Windsor.

(No.: indicates letters earned in that sport, G: indicates Gold G - 1<sup>st</sup> letter earned, H: indicates Honour Award - 4 or more letters earned over 4 years)

Chris Cameron	3	Jim Carson	2	Geoff Outerbridge	4
Geoff Cameron	3	Rick Harris	3	Rick Schroeder	3
Markus Carl	1	Scott O'Connor	1	Dave Scott-Thomas	1

Coach: Allen Keele

The women's track team placed eighth at the OWIAA Finals in Windsor. Top individual performances included Jyneen Shand who placed 4th in the 60m and Kathy Lindsay who placed 3rd in the 1500m event.

Sarah Apedaile	3	Kathy Lindsay	3	Jyneen Shand	1 G
Monica Hess	3	Heather MacKinnon	1		

Coach: Allen Keele

## 1986-1987

The men's indoor track and field team had a successful season placing 8th at the OUAA Championships in Windsor. Pole Vaulter Geof Outerbridge qualified for the CIAU Championships in Saskatchewan where he won the bronze medal.

(x Denotes letter winner, xx Denotes first time letter winner).

Chris Cameron	x	Gary Kirkham	xx	Rick Schroeder	x
Geof Cameron	x	Doug MacMillan	xx	Neil Skinner	x
Jim Carsons	x	Geof Outerbridge	x	Dave Scott-Thomas	
Rick Harris	x	Bruce Reed	x		
Jeff Kane	xx	Manuel Salvati	x		

Albert Tschirhart - Coach

The women's track and field team came 7th at the OWIAA Championships in Windsor and qualified two contestants for the CIAU finals in Saskatchewan. Nathalie Wauters came 5th in the high jump while Monica Hess placed 8th in the shot put.

Sarah Apedaile	x	Monica Hess	x	Nathalie Wauters	xx
Elyse Chan	xx	Kathy Lindsay	x		
Louise Heffernan	xx	Kelly May	x		

Albert Tschirhart - Coach

## 1985-1986

The track and field program at Guelph started a rebirth with a large number of athletes competing and building a base for the future. The team placed ninth at the OUAA finals in Toronto with Rick Harris placing fourth in the 600 metres and Geoff Outerbridge coming fifth in the pole vault.

(x Denotes letter winner, xx Denotes first time letter winner).

Chris Cameron	xx	Marnsoor Ming Chor Ma	xx	Mark Schmidt	x
Geoff Cameron	xx	Geoff Outerbridge	x	Rick Schroeder	x
Rick Harris	x	Luis Periera	x		

Albert Tschirhart (Coach)

The women placed seventh at the OWIAA finals with Louise Ferrie winning a bronze medal in the 600 metres as the individual highlight. No less than five of the relay teams finished in the top five and performances should be even better next season.

Sarah Apedaile	xx	Monica Hess	xx	Michelle Rundle	xx
Mary Jane Baxter	xx	Kathy Lindsay	x	Donna Saunders	xx
Agneta Eikelenboom	x	Gloria McKeen	x	Brenda Walker	xx
Louise Ferrie	x	Jane McVicker	xx		
Nicole Guyett	xx	Pheobe Quail	xx		

Albert Tschirhart (Coach)

## 1984-1985

The Gryphon track and field team was represented by its largest squad in a number of years. The highlight of the season was the performance of Jeff Outerbridge who placed third in the pole vault at the OUAA and CIAU Championships. Guelph placed 15th out of 28 schools competing in the national finals.

(x Denotes letter winner, xx Denotes first time letter winner).

Scott Bolton	xx	Rick Harris		Bruce Reed	xx
Brian Campbell	xx	Brian Kerslake		Mark Schmidt	xx
Garth Franklin	xx	John Milligan			
Dave Harding	xx	Geoff Outerbridge	xx		

Gloria McKeen xx

Albert Tschirhart (Coach)

Vic Matthews (Coach)

## 1983-1984

Track and field had a very small team and practiced at York University once a week. The team participated in three meets.

(x Denotes letter winner, xx Denotes first time letter winner).

John Milligan	Luis Pereira	Bruce Reed	Manuel Salvati
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Vic Matthews (Coach)

## 1982-1983

Track and field had a very small team and practice at York University once a week. The team showed determination and look forward to improving next year.

(x Denotes letter winner, xx Denotes first time letter winner).

Kelly Kramp	Brian Kerslake	John Settle	John Milligan
Nancy Cameron	Cathy Ford	Marilynn Wesley	

Vic Matthews (Coach)

Mary Lehmann (Manager)

## 1981-1982

The indoor track and field Gryphons had a fine showing in numerous meets throughout the season especially in the persons of Silvia Ruegger and Janet Beatty who both qualified for Nationals and fared very well.

(x Denotes letter winner, xx Denotes first time letter winner).

Janet Beatty	x	Mary Lehmann	Silvia Ruegger	x
Eleanor Fritz		Ann MacDonald	Susan Sibley	
Kelly Kramp		C. F. Ng	John Steele	
Ian McGuire		Steve Paquette		

Coach - Vic Matthews

## 1980-1981

Both the indoor and outdoor Co-Ed Track and Field teams enjoyed competitive seasons, although no overall championships were won. Each year, the interest picks up, and in a short while, Gryphon Track and Field teams will be heard from even more.

(x Denotes letter winner, xx Denotes first time letter winner).

Anne MacDonald	Silvia Ruegger	Janet Pegrum	
Ray Alley	Kevin Hutchinson	Murray Eby	Linnel MacLean

## 1979-1980

Four girls represented the university at the OWIAA outdoor track meet, placing fourth, fifth and sixth in all races in which they participated.

(x Denotes letter winner, xx Denotes first time letter winner).

### Team Lists: OUTDOOR

Carol Edwards	Mary Lehmann	Cathy MacDonald x	Janet Pegrum x
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Coach - Jack Moss/Bill Dunford

### INDOOR

Janet Beatty x	Mary Lehman	Cathy MacDonald x	Janet Pegrum x
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The men's team placed well in the field events, with Rob Spicer placing fourth in the javelin and Dan Goody fifth in the high jump at the OUAA meet. Like many, there varsity sports, track and field is showing an increase in both popularity and calibre here at Guelph. While only ten athletes completed the season, close to thirty individuals arrived at our opening meeting. With this growing interest and the time and dedication offered by a few members, we should see great things from both our present and future track and field athletes.

Tom Drysdale	x	Jack Moss	x	Peter Watson	x
Dan Goody	xx	Rob Spicer	xx	Hugh Wiley	x

Coach - Jack Moss/Bill Dunford