



**Adam Allard**

**R-Jr., 149**

**Akron, Iowa | West Sioux HS**

**X @ADAMALLARD11**

## ACCOMPLISHMENTS

**2023-24:** Academic All-Big 12 First Team.

**2022-23:** Academic All-Big 12 First Team.

### 2024-25 (149)

#### GRAND VIEW OPEN - GRIMES, IOWA - DNP

|                  |                   |           |     |
|------------------|-------------------|-----------|-----|
| Gunnar Henderson | Friends           | W 21-5 TF | 1-0 |
| Alex Walker      | Central Methodist | W 5:08 F  | 2-0 |
| Carter Fousek    | Unattached        | L 15-14   | 2-1 |
| Logan Johnson    | Unattached        | W 16-1 TF | 3-1 |
| Walker Bents     | Minnesota St.     | L 4-3     | 3-2 |

|                   |                  |           |     |
|-------------------|------------------|-----------|-----|
| Colin Dupill      | South Dakota St. | L 7-6     | 3-3 |
| #14 Logan Gioffre | Missouri         | L 3-1     | 3-4 |
| Beau Hostler      | Nebraska-Kearney | W 15-0 TF | 4-4 |

#### SOLDIER SALUTE - CORALVILLE, IOWA - 6TH

|                     |                  |           |     |
|---------------------|------------------|-----------|-----|
| Theodore Cha        | Minnesota        | W 6-4     | 5-4 |
| Ethan Basile        | UNI              | W 13-7    | 6-4 |
| #21 Gabe Willochell | Wyoming          | L 2-0     | 6-5 |
| Carter Fousek       | Iowa St.         | W 11-2 MD | 7-5 |
| Kane Naaktgeboren   | Iowa St.         | W MFF     | 8-5 |
| #16 Colin Realbuto  | UNI              | L 5-1     | 8-6 |
| Avery Allen         | South Dakota St. | W 5-3     | 9-6 |

### 2023-24 (149)

#### DAKTRONICS OPEN - BROOKINGS, S.D. - 1ST

|                 |                  |           |     |
|-----------------|------------------|-----------|-----|
| Pedro Velazquez | North Dakota St. | W 15-0 TF | 1-0 |
| Theo Cha        | Minnesota        | W 5-0     | 2-0 |
| Ethan Basile    | UNI              | W 6-3     | 3-0 |

#### CLIFF KEEN LAS VEGAS INVITATIONAL - DNP

|               |                |       |     |
|---------------|----------------|-------|-----|
| #9 Jaden Abas | Stanford       | L 7-2 | 3-1 |
| Jayden Scott  | North Carolina | L 7-2 | 3-2 |

|                      |                |           |     |
|----------------------|----------------|-----------|-----|
| #4 Dylan D'Emilio    | Ohio State     | L 11-1 MD | 3-3 |
| #5 Jackson Arrington | NC State       | L 5:26 F  | 3-4 |
| Nick Stonecheck      | Lock Haven     | W 12-5    | 4-4 |
| #22 Gabe Willochell  | Wyoming        | L 7-2     | 4-5 |
| Isaiah Delgado       | Utah Valley    | L 5-0     | 4-6 |
| #18 Jordan Williams  | Oklahoma State | L 20-5 TF | 4-7 |
| Dayne Morton         | Cal Baptist    | W 2-0     | 5-7 |
| Joel Mylin           | Missouri       | W 6-5     | 6-7 |
| #14 Joseph Zargo     | Wisconsin      | L 3-1     | 6-8 |

#### BIG 12 CHAMPIONSHIPS - TULSA, OKLA. - DNP

|                      |                  |           |      |
|----------------------|------------------|-----------|------|
| #30 Maxwell Petersen | North Dakota St. | L 3:21 F  | 6-9  |
| Joe Fernau           | Air Force        | L 10-2 MD | 6-10 |

### 2022-23 (149)

#### DAKTRONICS OPEN - BROOKINGS, S.D. - DNP

|                 |                  |                |     |
|-----------------|------------------|----------------|-----|
| Marcos Polanco  | Minnesota        | L 11-0 MD      | 0-1 |
| Pedro Velazquez | North Dakota St. | W 16-0 TF 2:43 | 1-1 |
| Gable Fox       | UNI              | W 11-0 MD      | 2-1 |
| Blaine Brenner  | Minnesota        | L 3-0          | 2-2 |

#### HAROLD NICHOLS CYCLONE - AMES, IOWA - 4TH

|                  |            |           |     |
|------------------|------------|-----------|-----|
| Colton Cahill    | Unattached | W 16-0 TF | 3-2 |
| Cameron Robinson | Iowa St.   | L 7-3     | 3-3 |
| Gable Fox        | UNI        | W 16-1 TF | 4-3 |
| Cael Rahnnavardi | UNI        | W 9-0 MD  | 5-3 |
| Joel Jesuroma    | Iowa       | L 3-2     | 5-4 |

#### UNI OPEN - CEDAR FALLS, IOWA - DNP

|                |           |           |     |
|----------------|-----------|-----------|-----|
| Easton Hilton  | Missouri  | W 1:13 F  | 6-4 |
| Blaine Brenner | Minnesota | L 7-2     | 6-5 |
| Ryder Downey   | UNI       | W 3-1 SV1 | 7-5 |
| Nate Pulliam   | Missouri  | L 10-3    | 7-6 |

#### SOLDIER SALUTE - CORALVILLE, IOWA - DNP

|                  |             |                  |     |
|------------------|-------------|------------------|-----|
| #6 Max Murin     | Iowa        | L 2:59 F         | 7-7 |
| Carson DesRosier | The Citadel | W 11-3 MD        | 8-7 |
| Leif Schroeder   | Iowa        | L 6-2            | 8-8 |
| Zac Cowan        | Bellarmino  | W 16-0 TF (2:30) | 9-8 |

|                    |           |       |      |
|--------------------|-----------|-------|------|
| #10 Paniro Johnson | Iowa St.  | L 3-1 | 9-9  |
| Felix Lettini      | Wisconsin | W 7-3 | 10-9 |

### 2021-22 (149)

#### DAKTRONICS OPEN - BROOKINGS, S.D. - DNP

|                |            |        |     |
|----------------|------------|--------|-----|
| Drew Roberts   | Minnesota  | L 11-4 | 0-1 |
| Paniro Johnson | Unattached | L 7-2  | 0-2 |

#### UNI OPEN - CEDAR FALLS, IOWA - DNP

|                |           |             |     |
|----------------|-----------|-------------|-----|
| Blaine Brenner | Minnesota | L 2:22 inj. | 0-3 |
|----------------|-----------|-------------|-----|

#### MATMEN OPEN - HOFFMAN ESTATES, ILL. - DNP

|                |          |          |     |
|----------------|----------|----------|-----|
| Evan Gleason   | Harvard  | W 6-1    | 1-3 |
| Kolby Depron   | Bucknell | L 4:16 F | 1-4 |
| Kyle Schickel  | Clarion  | W 7-3    | 2-4 |
| Lukas Stricker | Harvard  | L 4-0    | 2-5 |

#### LORAS OPEN - DUBUQUE, IOWA - 4TH

|                 |             |           |     |
|-----------------|-------------|-----------|-----|
| Roberto Delgado | Buena Vista | W 16-0 TF | 3-5 |
| Trevor Anderson | Grand View  | W 10-3    | 4-5 |
| Sam Kallem      | Grand View  | W 8-4     | 6-5 |
| Ryan Moore      | Thomas More | L 3-0     | 6-6 |
| Traevin Osborn  | Loras       | L 3-1     | 6-7 |

### 2020-21 (149)

|              |            |       |     |
|--------------|------------|-------|-----|
| Andrew Flora | Iowa State | L 5-0 | 0-1 |
|--------------|------------|-------|-----|

| YEAR         | 20-21* | 21-22 | 22-23 | 23-24 | 24-25 | CAREER |
|--------------|--------|-------|-------|-------|-------|--------|
| OVERALL      | 0-1    | 6-7   | 10-9  | 6-10  | 9-6   | 26-23  |
| DUALS        | 0-0    | 0-0   | 1-1   | 3-6   | 1-2   | 5-9    |
| BIG 12 DUALS | 0-0    | 0-0   | 0-1   | 2-3   | 0-2   | 2-6    |
| DUAL PTS     | 0      | 0     | 3     | 9     | 5     | 17     |
| BIG 12 PLACE | ---    | ---   | ---   | DNP   | ---   | ---    |
| NCAA PLACE   | ---    | ---   | ---   | ---   | ---   | ---    |
| MD W-L       | 0-0    | 0-2   | 3-1   | 0-2   | 1-0   | 4-3    |
| TF W-L       | 0-0    | 1-0   | 4-0   | 1-1   | 3-0   | 9-1    |
| PINS W-L     | 0-0    | 0-1   | 1-1   | 0-2   | 1-0   | 2-4    |
| QUICK FALL   | ---    | ---   | 1:13  | ---   | 5:08  | 1:13   |

\* Redshirt



# UNI WRESTLING