

NORTH FLORIDA OSPREYS

WOMEN'S BASKETBALL

GAME 2

NOV. 5, 2025 | 11 A.M. ET | JACKSONVILLE, FLA. | UNF ARENA | ESPN+ | EDUCATION DAY



NORTH FLORIDA

0-1 | 0-0 ASUN

HEAD COACH: Erika Lambert
RECORD AT UNF: 14-48 (3rd Season)
CAREER RECORD: Same
LAST GAME: L, 62-96, at Florida (Nov. 3, 2025)

VS



PALM BEACH ATLANTIC

0-0 | 0-0 SCS

HEAD COACH: Graham Smith
RECORD AT PALM BEACH ATLANTIC: 0-0 (First Season)
CAREER RECORD: 210-115 (13th Season)
LAST GAME: L, at Nova Southeastern [SCS-T] (March 4, 2025)

NORTH FLORIDA WELCOMES PALM BEACH ATLANTIC FOR ITS 2025-26 HOME OPENER

- North Florida welcomes Palm Beach Atlantic to UNF Arena for its home opener on Wednesday, Nov. 5 at 11 a.m. ET on ESPN+.
- Nearly 2,500 students from 19 schools across Duval and St. Johns County are expected to be in attendance for Education Day.
- Wednesday marks the first-ever meeting between the two programs.
- Head Coach Erika Lambert is 2-0 in home openers and boasts a 262-97 score differential in both those games.
- Senior forward Claire Davis and junior guard/forward Karyzma Pierre will face-off with their former team; the pair were teammates at Palm Beach Atlantic in 2023-24. Assistant Coach Chris Dixon was formerly an Assistant Coach at Palm Beach Atlantic from 2020-24.

STINSON SET TO SHINE IN SOPHOMORE SEASON

- Sophomore guard Jamisyn Stinson registered six points on 3-7 from the field, three rebounds and a pair of steals in the season opener at Florida on Nov. 3.
- She looks to step into a larger role after a stellar freshman season in 2024-25.
- Stinson played in all 31 games with 11 starts which came in the final 11 games of the 2024-25 season.
- Stinson averaged 7.8 points, 2.0 rebounds, 1.0 steals and 0.6 assists on 36.3 percent from the field, 33.3 percent from three and 93.8 percent from the free-throw line in 21.3 minutes per game.
- Stinson is the top returning scorer for North Florida at 7.8 points per game.
- Stinson connected on 62 threes, which is the most three-pointers for a true freshman in a season in the program's Division I era, and tied for fourth most in program history for threes in a season.
- Stinson started the final 11 contests for North Florida, all ASUN Conference games, and her scoring average increased to 8.6 points per game in conference action. She posted 10 or more points in 13 games with nine of those performances coming in ASUN Conference action.
- Stinson finished 4-7 from three for 12 points at Florida on Dec. 21, 2024.

ALONYA WALDON SHINES; FRESHMAN SEE SUCCESS IN SEASON OPENER AT FLORIDA

- Junior guard Alonya Waldon matched her career-high with 19 points on 6-9 from the field, 2-3 from three and 5-5 from the line in 16 minutes at Florida on Nov. 3.
- All five freshman, Soraya Ogaldez, Abby Knauff, Megan Verbeeten, Dezuray McGill and Jamison Cardwell each scored their first collegiate points. Ogaldez finished with 11 points on 4-7 from the field and 3-4 from the free-throw line in 14 minutes.
- North Florida outscored Florida 31-16 in bench points.

LAST GAME STARTERS



JAMISYN STINSON

So. | G | 5-11 | Thornville, Ohio
PPG 6.0 RPG 3.0
FG% 42.9 APG 1.0
3P% 0.0 MPG 27.7
FT% 0.0 GP-GS 1-1



ALONYA WALDON

Jr. | G | 5-5 | Melbourne, Fla.
PPG 19.0 RPG 0.0
FG% 66.7 APG 2.0
3P% 66.7 MPG 16.5
FT% 100.0 GP-GS 1-1



GEORGI BUZZETTI

R-Jr. | F | 6-2 | Buenos Aires, Arg.
PPG 1.0 RPG 6.0
FG% 0.0 APG 0.0
3P% 0.0 MPG 19.1
FT% 50.0 GP-GS 1-1



ELLE BLATCHFORD

Jr. | G | 5-9 | Canton, Ga.
PPG 0.0 RPG 2.0
FG% 0.0 APG 2.0
3P% 0.0 MPG 16.2
FT% 0.0 GP-GS 1-1



KARYZMA PIERRE

Jr. | G/F | 6-5 | Orlando, Fla.
PPG 5.0 RPG 4.0
FG% 40.0 APG 2.0
3P% 0.0 MPG 28.9
FT% 50.0 GP-GS 1-1

2025-26 SCHEDULE

| RECORD | 0-1 |
|----------------|-----|
| NON-CONFERENCE | 0-1 |
| ASUN | 0-0 |
| HOME | 0-0 |
| AWAY | 0-1 |
| NEUTRAL | 0-0 |

| DATE | OPPONENT | TIME/RESULT |
|----------------|----------------------------|-------------|
| NOVEMBER (0-1) | | |
| 3 | at Florida | L, 62-96 |
| 5 | PALM BEACH ATLANTIC | 11 a.m. |
| 12 | at Tulane | 12 p.m. |
| 14 | at South Alabama | 12 p.m. |
| 20 | at Georgia | 6:30 p.m. |
| 28 | BETHUNE-COOKMAN | 1:30 p.m. |
| 29 | CAMPBELL | 1:30 p.m. |

| | | |
|----------------|------------------------|--------|
| DECEMBER (0-0) | | |
| 4 | at Georgia Southern | 6 p.m. |
| 6 | at UNC Asheville | 2 p.m. |
| 16 | COASTAL GEORGIA | 1 p.m. |
| 21 | at Clemson | 2 p.m. |

| | | |
|---------------|--------------------------|-----------|
| JANUARY (0-0) | | |
| 1 | LIPSCOMB* | 2 p.m. |
| 3 | AUSTIN PEAY* | 2 p.m. |
| 8 | at West Georgia* | 7 p.m. |
| 10 | at Queens* | 2 p.m. |
| 15 | NORTH ALABAMA* | 7 p.m. |
| 17 | CENTRAL ARKANSAS* | 2 p.m. |
| 22 | at Bellarmine* | 6:30 p.m. |
| 24 | at Eastern Kentucky* | 2 p.m. |
| 29 | at Austin Peay* | 8 p.m. |
| 31 | at Lipscomb* | 2 p.m. |

| | | |
|----------------|----------------------|-----------|
| FEBRUARY (0-0) | | |
| 5 | STETSON* | 7 p.m. |
| 7 | WEST GEORGIA* | 2 p.m. |
| 12 | FGCU* | 7 p.m. |
| 14 | JACKSONVILLE* | 2 p.m. |
| 19 | at Stetson* | 7 p.m. |
| 21 | QUEENS* | 2 p.m. |
| 25 | at FGCU* | 7 p.m. |
| 27 | at Jacksonville* | 6:30 p.m. |

All times Eastern | * - ASUN game | Home games are in **CAPS BOLD**



NUMERICAL ROSTER

| # | NAME | POS. | CL. | HT. | HOMETOWN / HIGH SCHOOL / PREVIOUS SCHOOL |
|----|------------------|-------|-----|------|--|
| 0 | Jamison Cardwell | Fr. | G | 5-9 | Gainesville, Fla. / Gainesville High School |
| 1 | Jamisin Stinson | So. | G | 5-11 | Thornville, Ohio / Sheridan High School |
| 2 | Claire Davis | Sr. | F | 6-1 | Atlanta, Ga. / Cass High School / Palm Beach Atlantic / Kennesaw State |
| 3 | Soraya Ogaldez | Fr. | G | 5-8 | Lacey, Wash. / North Thurston High School |
| 4 | Alonya Waldon | Jr. | G | 5-5 | Melbourne, Fla. / Palm Bay Magnet High School / Samford |
| 8 | Megan Verbeeten | Fr. | G | 5-8 | Crawley, England / The Holy Trinity Church of England Secondary School |
| 12 | Jadah Toombs | So. | G | 5-6 | Immokalee, Fla. / Evangelical Christian School |
| 14 | Abby Knauff | Fr. | G | 5-9 | Jacksonville, Fla. / The Bolles School |
| 20 | Georgi Buzzetti | R-Jr. | F | 6-2 | Buenos Aires, Argentina / Colegio Ausonia / Florida Southwestern State |
| 22 | Alexa Washington | R-So. | G | 5-6 | Monroeville, Pa. / Oakland Catholic High School |
| 23 | Elle Blatchford | Jr. | G | 5-9 | Canton, Ga. / Sequoyah High School / Southern Miss / Gardner-Webb |
| 24 | Karyzma Pierre | Jr. | G/F | 6-0 | Orlando, Fla. / Oak Ridge High School / Palm Beach Atlantic |
| 30 | Dezuray McGill | Fr. | F | 6-1 | Miami, Fla. / American Heritage School |
| 34 | Jordan Brooks | Gr. | C | 6-3 | Victorville, Calif. / Oak Hills High School / Minnesota / CSU Bakersfield / Victory Valley College |
| 35 | Nicole Carreno | So. | F | 5-10 | Riverview, Fla. / Seffner Christian Academy |

STAFF

| | | |
|--|--------------------------|---------------|
| Head Coach | Erika Lambert | Third Season |
| Associate Head Coach | Stacey Ungashick Lobdell | First Season |
| Assistant Coach / Recruiting Coordinator | Chris Dixon | Second Season |
| Assistant Coach | Gadiva Hubbard | Second Season |
| Assistant Coach / Director of Operations | Jayla Adams | First Season |
| Graduate Assistant | Elizabeth Homan | First Season |

PRONUNCIATION GUIDE

| | |
|-----------------|-------------------------------|
| Nicole Carreno | Cah - Ren - Oh |
| Elle Blatchford | Ellie |
| Abby Knauff | Noff |
| Soraya Ogaldez | So - Rye - Uh Oh - Gall - Dez |
| Karyzma Pierre | Kah - Rizz - Mah |
| Megan Verbeeten | Ver - Beet - En |
| Alonya Waldon | Ah - Lawn - Yah |

SOCIAL MEDIA ROSTER

| | TWITTER | INSTAGRAM |
|------------------|-----------------|--------------------|
| Jamison Cardwell | JamisonCardwell | jamisoncardwell |
| Jamisin Stinson | JamisinStinson1 | jamisin.stinson1 |
| Claire Davis | | claire.davis11 |
| Soraya Ogaldez | | ballout_so |
| Alonya Waldon | WaldonAlonya | waldonalonya |
| Megan Verbeeten | meganverbeeten | megan_verbeeten |
| Jadah Toombs | | jadahhh_ |
| Abby Knauff | Abby_Knauff14 | knauffabby |
| Georgi Buzzetti | Georgibuzzetti | georgi_buzzetti |
| Alexa Washington | ATWash22 | a.wash2233 |
| Elle Blatchford | Basketball_elle | elleblatchford2023 |
| Karyzma Pierre | | karyzma_pierre |
| Dezuray McGill | dezurayyyy | dezurayyy |
| Jordan Brooks | | jjorrdan_34 |
| Nicole Carreno | nicolecarreno35 | nicolecarreno35 |

QUICK FACTS

UNIVERSITY INFORMATION

| | |
|----------------------------------|--------------------------------------|
| Location | Jacksonville, Fla. |
| Enrollment | 17,627 |
| Founded Opened | 1965 1972 |
| Nickname Mascot | Ospreys Ozzie the Osprey |
| School Colors | Navy, Blue and Gray |
| Conference | Atlantic Sun |
| President | Dr. Moez Limayem |
| Athletics Director | Nick Morrow |
| Senior Woman Administrator | Donna Kirk |
| NCAA Faculty Athletics Rep. | Dr. Jennifer Kane |
| Athletic Tickets | 904-620-BIRD (2473) |
| Athletics Address .. | 1 UNF Drive Jacksonville, Fla. 32224 |

HISTORY

Season of Basketball (First Season)... 34th (1992-93)

2024-25 TEAM INFORMATION

Returners/Lost

Newcomers 11 (six transfers and five freshman)

WEB/SOCIAL MEDIA

| | |
|------------------|----------------------------------|
| Website | UNFospreys.com |
| Twitter(X) | OspreyWBB |
| Instagram | OspreysWBB |
| Facebook | North Florida Women's Basketball |
| Hashtag | #SWOOP |

COMMUNICATIONS CONTACT INFORMATION

THOMAS HUNT

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North Florida welcomes 11 newcomers to its roster with six transfers and five freshman.

NORTH FLORIDA-PALM BEACH ATLANTIC SERIES

- Wednesday marks the first ever meeting between North Florida and Palm Beach Atlantic.

NORTH FLORIDA-PALM BEACH ATLANTIC HISTORY

OVERALL: FIRST MEETING

ALEXA WASHINGTON RETURNS

- After missing the 2024-25 season due to injury, redshirt sophomore guard Alexa Washington makes her return to the court.
- In 2023-24, Washington shined and was ASUN Freshman of the Week three times en route to a 2023-24 ASUN All-Freshman Team selection.
- Washington played in all 30 games with a start and posted 6.7 points on 38.2 percent from the field and 32.3 percent from three in 19.9 minutes per game in her freshman season at North Florida in 2023-24.
- Washington registered eight games with 10 or more points in 2023-24, which included a career-high 31 points and a program-record nine made threes against Piedmont on Dec. 13, 2023.
- Washington scored 13 points in her collegiate debut at Florida on Nov. 6, 2023.

"LIGHT IT UP"

- North Florida's program mantra for the 2025-26 season is "Light It Up."

FIVE FRESHMAN LOOKING TO FLOURISH

- North Florida welcomes five freshman to the roster in 2025-26.
- All five freshman scored their first collegiate points in the season opener at Florida on Nov. 3.
- Freshman guard Jamison Cardwell knocked down a pair of three pointers at Florida on Nov. 3.
- She comes from Gainesville High School, where she led the Hurricanes to the 2024-25 FHSAA 5A State Championship Final for the first time in school history.
- Cardwell was rated as the No. 29 overall player from the state of Florida in the 2025 class.
- Freshman guard Soryaya Ogaldez scored in double figures with 11 points on 4-7 from the field at Florida on Nov. 3.
- She is a graduate of North Thurston High School, where she scored 2,000 points in her high school career. Ogaldez was rated as the No. 11 overall player from the state of Washington.
- Freshman guard Megan Verbeeten secured eight points including a pair of three pointers.
- She played with Great Britain's national team that competed in the FIBA U-16 European Championship in 2022 and 23.
- Freshman guard Abby Knauff secured four points at Florida on Nov. 3.

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North Florida retains four players from its 2025-26 roster, led by sophomore guard Jamisyn Stinson, who brings back 7.8 points per game in 2024-25.

- She tallied a school-record 1,848 career points and led The Bolles School to its first ever FHSAA State Championship Final appearance. The Jacksonville, Fla. native was rated as the No. 14 overall player from the state of Florida.
- Freshman forward Dezuray McGill scored her first bucket at the end of the third quarter at Florida on Nov. 3.
- She led American Heritage School to 4A State Championships in 2022 and 2024. McGill was rated as the No. 34 overall player in the state of Florida.

SIX TRANSFERS BRING VETERAN EXPERIENCE

- Five of the six transfers saw action at Florida on Nov. 3.
- Junior guard Elle Blatchford comes to North Florida after she spent her sophomore season at Gardner-Webb in 2024-25 and freshman season at Southern Miss in 2023-24.
- She distributed a pair of assists and grabbed two rebounds at Florida on Nov. 3.
- "She's going to be really strong on the wing for us." - Head Coach Erika Lambert on Blatchford.
- Junior guard Karyzma Pierre transfers to North Florida after spending the previous two seasons at Palm Beach Atlantic.
- She scored five points and secured four rebounds in her Osprey debut at Florida on Nov. 3.
- "I think she's gonna surprise the conference. She's an incredible athlete." - Head Coach Erika Lambert on Pierre.
- Junior guard Alonya Waldon comes to North Florida after spending the previous two seasons at Samford.
- She matched her career-high with a team-leading 19 points on 6-9 from the field, 2-3 from three and a perfect 5-5 from the free throw line at Florida on Nov. 3.
- "She's from Melbourne, so we got to bring her home. I think she's made the biggest strides from June until now." - Head Coach Erika Lambert on Waldon.
- Waldon played in 25 games with 14 starts at Samford in 2024-25. She averaged 6.6 points on 39.1 percent from the field and 32.3 percent from three, in addition to 1.7 rebounds and 1.1 assists in 16.5 minutes per game. Waldon registered 10 or more points in nine games, highlighted by a career-high 19 points against Stephen F. Austin on Nov. 19, 2024 at North Florida's Thanksgiving MTE at UNF Arena.
- Redshirt junior forward Georgi Buzzetti transfers to North Florida after spending the previous two seasons at Florida Southwestern State.
- She secured a team-leading six rebounds and one point at Florida on Nov. 3.
- Buzzetti represented Argentina in FIBA 3x3 Basketball at the 2025 Junior Pan American Games this past summer. Buzzetti was awarded the 2025 Play4Kay Servant Leadership Award last month.
- "She's undoubtedly our leader. She's really wise and plays hard. I think she's going to be dominant in the ASUN." - Head Coach Erika Lambert on Buzzetti.

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Stinson connected on 62 threes in 2024-25, which is the most three-pointers for a true freshman in a season in the program's Division I era.

- The final two incoming transfers are graduate Jordan Brooks who spent a season at Minnesota and CSU Bakersfield, and senior Claire Davis who spent a season at Kennesaw State and two seasons at Palm Beach Atlantic.
- "Both of these women are maximizing their experience here. Not just on the court but at North Florida." - Head Coach Erika Lambert on Brooks and Davis.

GAME ONE - NORTH FLORIDA AT FLORIDA (NOV. 3, 2025)



Official Basketball Box Score - Final
North Florida at Florida
11/03/25 Exactech Arena at Stephen C. O'Connell Center, Gainesville
2025-26 Women's Basketball

Game Time: 7:00 PM
Game Duration: 1:57
Attendance: 1,183

Officials: Brian Garland, Meadow Overstreet, Demoya Pugh

North Florida - 62 Record: 0-1

| NO. | Name | | Min | FG | 3P | FT | Rebounds | | | Fouls | | TP | AS | TO | ST | Blocks | | +/- |
|--------|------------------|---|-------|-------|------|-------|----------|----|-----|-------|----|----|----|----|----|--------|----|-----|
| | | | | M-A | M-A | M-A | OR | DR | TOT | PF | FD | | | | | BS | BA | |
| 20 | Georgi Buzzetti | F | 19:06 | 0-1 | 0-0 | 1-2 | 3 | 3 | 6 | 3 | 3 | 1 | 0 | 1 | 1 | 0 | 0 | -12 |
| 1 | Jamisyn Stinson | G | 27:41 | 3-7 | 0-3 | 0-1 | 1 | 2 | 3 | 1 | 3 | 6 | 1 | 1 | 2 | 0 | 0 | -28 |
| 4 | Alonya Waldon | G | 16:29 | 6-9 | 2-3 | 5-5 | 0 | 0 | 0 | 3 | 7 | 19 | 2 | 6 | 0 | 0 | 0 | -14 |
| 23 | Elle Blatchford | G | 16:14 | 0-2 | 0-2 | 0-0 | 0 | 2 | 2 | 1 | 0 | 0 | 2 | 3 | 0 | 0 | 0 | -7 |
| 24 | Karyzma Pierre | G | 28:51 | 2-5 | 0-0 | 1-2 | 0 | 4 | 4 | 3 | 1 | 5 | 2 | 5 | 1 | 0 | 0 | -16 |
| 30 | Dezuray McGill | | 07:49 | 1-1 | 0-0 | 0-0 | 1 | 1 | 2 | 4 | 0 | 2 | 0 | 0 | 0 | 0 | 0 | -10 |
| 3 | Soraya Ogaldez | | 13:40 | 4-7 | 0-0 | 3-4 | 0 | 0 | 0 | 2 | 3 | 11 | 1 | 3 | 0 | 0 | 0 | -5 |
| 14 | Abby Knauff | | 15:51 | 2-4 | 0-1 | 0-0 | 0 | 0 | 0 | 1 | 0 | 4 | 0 | 2 | 0 | 0 | 1 | -13 |
| 8 | Megan Verbeeten | | 19:24 | 3-8 | 2-3 | 0-0 | 0 | 0 | 0 | 2 | 1 | 8 | 1 | 3 | 1 | 1 | 1 | -31 |
| 35 | Nicole Carreno | | 14:36 | 0-5 | 0-2 | 0-0 | 1 | 4 | 5 | 2 | 0 | 0 | 0 | 2 | 0 | 1 | 1 | -14 |
| 0 | Jamison Cardwell | | 15:11 | 2-4 | 2-3 | 0-0 | 0 | 0 | 0 | 2 | 0 | 6 | 2 | 4 | 1 | 0 | 0 | -14 |
| 2 | Claire Davis | | 05:08 | 0-0 | 0-0 | 0-0 | 0 | 0 | 0 | 2 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | -6 |
| Team | | | | | | | 2 | 4 | 6 | 0 | | 0 | | | 1 | | | |
| Totals | | | | 23-53 | 6-17 | 10-14 | 8 | 20 | 28 | 26 | 18 | 62 | 11 | 31 | 6 | 2 | 3 | -34 |

| Shooting By Period | | | |
|--------------------|------|-------|-------|
| 1 st | FG% | 5-15 | 33.3% |
| | 3PT% | 1-4 | 25.0% |
| | FT% | 1-1 | 100% |
| 2 nd | FG% | 6-14 | 42.9% |
| | 3PT% | 2-5 | 40.0% |
| | FT% | 1-3 | 33.3% |
| 3 rd | FG% | 7-13 | 53.8% |
| | 3PT% | 2-4 | 50.0% |
| | FT% | 3-4 | 75% |
| 4 th | FG% | 5-11 | 45.5% |
| | 3PT% | 1-4 | 25.0% |
| | FT% | 5-6 | 83.3% |
| GM | FG% | 23-53 | 43.4% |
| | 3PT% | 6-17 | 35.3% |
| | FT% | 10-14 | 71.4% |

Major Fouls: NONE

Dead Ball Rebounds: 1, 0

Florida - 96 Record: 1-0

| NO. | Name | | Min | FG | 3P | FT | Rebounds | | | Fouls | | TP | AS | TO | ST | Blocks | | +/- |
|--------|-----------------|---|-------|-------|------|-------|----------|----|-----|-------|----|----|----|----|----|--------|----|-----|
| | | | | M-A | M-A | M-A | OR | DR | TOT | PF | FD | | | | | BS | BA | |
| 8 | Me'Arah O'Neal | F | 23:06 | 3-5 | 1-2 | 7-9 | 4 | 7 | 11 | 2 | 6 | 14 | 0 | 2 | 2 | 2 | 0 | 37 |
| 9 | Alexia Dizeko | F | 11:35 | 3-5 | 1-3 | 0-0 | 1 | 0 | 1 | 4 | 1 | 7 | 2 | 1 | 1 | 0 | 0 | 11 |
| 14 | Caterina Piatti | C | 25:47 | 6-7 | 0-1 | 2-3 | 0 | 2 | 2 | 2 | 3 | 14 | 0 | 2 | 1 | 0 | 0 | 11 |
| 13 | Laila Reynolds | G | 34:54 | 7-14 | 0-3 | 5-7 | 2 | 1 | 3 | 2 | 6 | 19 | 0 | 1 | 6 | 1 | 0 | 33 |
| 23 | Liv McGill | G | 38:51 | 11-21 | 2-6 | 2-2 | 2 | 7 | 9 | 1 | 3 | 26 | 9 | 6 | 5 | 0 | 1 | 35 |
| 21 | Gift Ezekial | | 12:06 | 1-1 | 0-0 | 2-4 | 0 | 2 | 2 | 1 | 3 | 4 | 0 | 4 | 0 | 0 | 0 | -3 |
| 0 | Sarah Deng | | 11:42 | 0-1 | 0-0 | 0-0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 5 |
| 2 | Nyadieng Yiech | | 19:01 | 3-5 | 1-2 | 3-3 | 1 | 3 | 4 | 0 | 3 | 10 | 0 | 1 | 1 | 0 | 0 | 23 |
| 4 | KN'isha Godfrey | | 11:20 | 1-2 | 0-0 | 0-0 | 0 | 1 | 1 | 3 | 0 | 2 | 2 | 0 | 1 | 0 | 0 | 5 |
| 7 | Emilija Dakic | | 11:38 | 0-4 | 0-4 | 0-0 | 2 | 0 | 2 | 2 | 1 | 0 | 2 | 0 | 2 | 0 | 0 | 13 |
| Team | | | | | | | 1 | 2 | 3 | 0 | | 0 | | | 0 | | | |
| Totals | | | | 35-65 | 5-21 | 21-28 | 13 | 25 | 38 | 18 | 26 | 96 | 15 | 17 | 19 | 3 | 2 | 34 |

Major Fouls: NONE

| Shooting By Period | | | |
|--------------------|------|-------|-------|
| 1 st | FG% | 6-14 | 42.9% |
| | 3PT% | 0-4 | 0.0% |
| | FT% | 6-7 | 85.7% |
| 2 nd | FG% | 10-15 | 66.7% |
| | 3PT% | 3-5 | 60.0% |
| | FT% | 6-8 | 75% |
| 3 rd | FG% | 14-24 | 58.3% |
| | 3PT% | 1-8 | 12.5% |
| | FT% | 3-3 | 100% |
| 4 th | FG% | 5-12 | 41.7% |
| | 3PT% | 1-4 | 25.0% |
| | FT% | 6-10 | 60% |
| GM | FG% | 35-65 | 53.8% |
| | 3PT% | 5-21 | 23.8% |
| | FT% | 21-28 | 75.0% |

Dead Ball Rebounds: 4, 0

| | UNF | FLA |
|------------------|--------------------------|---------------------------|
| Biggest lead | 5 (1 st 6:52) | 42 (4 th 3:35) |
| Best Scoring Run | 8 (3 rd 6:06) | 14 (2 nd 3:13) |
| Lead Changes | 2 | |
| Times Tied | 2 | |
| Time with Lead | 04:52 | 34:21 |

| Points from | UNF | FLA |
|---------------|-----|-----|
| Turnovers | 19 | 44 |
| Paint | 32 | 56 |
| Second Chance | 8 | 16 |
| Fast Breaks | 6 | 35 |
| Bench | 31 | 16 |

| Period by Period Scoring | | | | | |
|--------------------------|-----|-----|-----|-----|-----|
| | 1st | 2nd | 3rd | 4th | TOT |
| UNF | 12 | 15 | 19 | 16 | 62 |
| FLA | 18 | 29 | 32 | 17 | 96 |

HEAD COACH ERIKA LAMBERT



Erika Lambert enters her third season in 2025-26 at the helm of North Florida Women's Basketball program after she was hired in April of 2023.

In her first season at the helm as head coach of the Ospreys, Lambert led her squad to nine victories with three ASUN wins against Queens, Austin Peay and Kennesaw State. Under her watch in two years at UNF, Alexa Washington and Jasmyne Gibson earned ASUN All-Freshman Team distinctions in back-to-back seasons with the pair combining for four ASUN Freshman of the Week selections.

During the 2023-24 season, Washington broke the single-game D-I record for most three-pointers made with 10 treys against Piedmont. Lambert also oversaw six total CSC Academic All-District Team selections, including a program-high five selections during 2023-24.

Lambert bringing in over a decade of coaching experience at the collegiate level, as well as time as a director operations and a four-year stint as a dominant shot blocker as a Division I women's basketball student-athlete. Before UNF, she most recently served seven seasons as the Associate Head Coach and Recruiting Coordinator at Abilene Christian University in the Western Athletic Conference (WAC) and Southland Conference at the Division I level. During that stint, the Wildcats touted a dominant 184-83 record and 122-46 mark in league play, tallying four 23-plus win seasons.

In Abilene, Texas, Lambert served as the lead contact for on and off-campus recruiting, helping her earn the distinction from The Athletic as one of 22 assistants ready to lead their own program. She was also just one of 30 coaches nationwide to be named to the Women Coaches NEXT UP program in the spring of 2020. A strong and well-respected coach and recruiter, Lambert helped bring a Southland Conference Regular Season and Tournament Championship to ACU.

ACU experienced tremendous individual success in addition to team championships during Lambert's tenure. Lambert helped recruit and coach 16 Southland All-Conference picks, two league players of the year, one Newcomer of the Year and two all-newcomer team honorees. In 2019-20 the Wildcats ranked 10th in the country in scoring as well as 25th in three-pointers per game in 2022-23.

Prior to her considerable stint at Abilene Christian, Lambert had multiple volunteer assistant coaching stops between the Division I and Division III ranks. From 2014-15 she guided Bethel University to the NCAA Tournament and a dominant 14-4 record in Minnesota Intercollegiate Athletic Conference play. Prior to that she aided in Ohio Wesleyan's 17-win improvement from a year prior during the 2013-14 season.

Her familiarity with the southeast was built by a span of nine years in the Palmetto State between

stints at Charleston Southern and her alma mater, Charleston. The New York State native got her first collegiate coaching opportunity at Charleston Southern as an assistant coach for the Buccaneers. During her two seasons, CSU earned the program's most wins in a 13-year span, garnering a spot in the Women's Basketball Invitational. That season saw the Bucs tout the 2011-12 Student-Athlete of the Year and two Big South All-Conference picks.

Prior to that, Lambert spent 2004-11 across town in Charleston, serving as the College of Charleston Director of Women's Basketball Operations for over three years and as a four-year letterwinner for the Cougars.

A team captain from 2006-08, Lambert finished her career first in the school's Division I era and second all-time in shots blocked (164) and blocks per game (1.6). She set the school record for most field goals in a game (13) and was a three-year Southern Conference Academic Honor Roll and Student-Athlete Advisory Board member. Her senior season saw Lambert be tabbed as the ExCel Minority Female Student-Athlete of the Year.

Extremely involved in her profession and community off the court, Lambert has been an active participant in ACU's Office of Diversity, Equity and Inclusion Scholarship Program, ACU Apprentice Program, African American Women's Initiative, Student-Athlete Diversity Council, ACU Staff Senate and Fellowship of Christian Athletes.

A member of the Women's Basketball Coaches Association and Women Leaders in College Sports, Lambert was also a co-founder of "Moms in Coaching", developing the group alongside head Florida State women's basketball coach, Brooke Wyckoff.

Lambert earned two bachelor's degrees from Charleston and also her Master's of Public Administration and a certificate of Urban Planning at CofC. Lambert and her husband, Paul, have two daughters, Ava and Mya.

LAMBERT FILE
INFORMATION

Family: Paul (Husband), Ava (Daughter), Mya (Daughter)

COACHING CAREER

| YEAR | SCHOOL | POSITION |
|---------|-----------------------|------------------------|
| 2023- | North Florida | Head Coach |
| 2015-23 | Abilene Christian | Associate Head Coach |
| 2014-15 | Bethel | Assistant Coach |
| 2013-14 | Ohio Wesleyan | Assistant Coach |
| 2011-13 | Charleston Southern | Assistant Coach |
| 2008-11 | College of Charleston | Director of Operations |

PLAYING CAREER

| YEAR | SCHOOL |
|---------|-----------------------|
| 2004-08 | College of Charleston |

LAMBERT CAREER RECORD BREAKDOWN

| | SCHOOL | OVERALL | HOME | ROAD | NEUTRAL | ASUN |
|---------|---------------|---------|------|------|---------|------|
| 2024-25 | North Florida | 5-26 | 5-10 | 0-16 | 0-0 | 1-17 |
| 2023-24 | North Florida | 9-21 | 7-7 | 2-13 | 0-1 | 3-13 |
| 2024-25 | North Florida | 0-1 | 0-0 | 0-1 | 0-0 | 0-0 |
| TOTALS | THIRD SEASON | 14-48 | | | | |



2025-26 North Florida Women's Basketball

Combined Team Statistics

All games

Game Records

| Record | Overall | Home | Away | Neutral |
|----------------|---------|------|------|---------|
| ALL GAMES | 0-1 | 0-0 | 0-1 | 0-0 |
| CONFERENCE | 0-0 | 0-0 | 0-0 | 0-0 |
| NON-CONFERENCE | 0-1 | 0-0 | 0-1 | 0-0 |

Score by Periods

| Team | 1st | 2nd | 3rd | 4th | OT | TOT |
|---------------|-----|-----|-----|-----|----|-----|
| North Florida | 12 | 15 | 19 | 16 | 0 | 62 |
| Opponents | 18 | 29 | 32 | 17 | 0 | 96 |

Team Box Score

| No. | Player | | | | Total | | 3-Point | | F-Throw | | Rebounds | | | | | | | | | | | |
|-----------|-------------------|-------|-------|------|--------|-------|----------|------|---------|-------|----------|-----|-----|------|----|----|----|----|-----|-----|-----|------|
| | | GP-GS | MIN | AVG | FG-FGA | FG% | 3FG-3FGA | 3FG% | FT-FTA | FT% | OFF | DEF | TOT | AVG | PF | DQ | A | TO | BLK | STL | PTS | AVG |
| 4 | WALDON, Alonya | 1-1 | 16:29 | 16.5 | 6-9 | .667 | 2-3 | .667 | 5-5 | 1.000 | 0 | 0 | 0 | 0.0 | 3 | 0 | 2 | 6 | 0 | 0 | 19 | 19.0 |
| 3 | OGALDEZ, Soraya | 1-0 | 13:40 | 13.7 | 4-7 | .571 | 0-0 | .000 | 3-4 | .750 | 0 | 0 | 0 | 0.0 | 2 | 0 | 1 | 3 | 0 | 0 | 11 | 11.0 |
| 8 | VERBEETEN, Megan | 1-0 | 19:24 | 19.4 | 3-8 | .375 | 2-3 | .667 | 0-0 | .000 | 0 | 0 | 0 | 0.0 | 2 | 0 | 1 | 3 | 1 | 1 | 8 | 8.0 |
| 1 | STINSON, Jamisyn | 1-1 | 27:41 | 27.7 | 3-7 | .429 | 0-3 | .000 | 0-1 | .000 | 1 | 2 | 3 | 3.0 | 1 | 0 | 1 | 1 | 0 | 2 | 6 | 6.0 |
| 0 | CARDWELL, Jamison | 1-0 | 15:11 | 15.2 | 2-4 | .500 | 2-3 | .667 | 0-0 | .000 | 0 | 0 | 0 | 0.0 | 2 | 0 | 2 | 4 | 0 | 1 | 6 | 6.0 |
| 24 | PIERRE, Karyzma | 1-1 | 28:51 | 28.9 | 2-5 | .400 | 0-0 | .000 | 1-2 | .500 | 0 | 4 | 4 | 4.0 | 3 | 0 | 2 | 5 | 0 | 1 | 5 | 5.0 |
| 14 | KNAUFF, Abby | 1-0 | 15:51 | 15.9 | 2-4 | .500 | 0-1 | .000 | 0-0 | .000 | 0 | 0 | 0 | 0.0 | 1 | 0 | 0 | 2 | 0 | 0 | 4 | 4.0 |
| 30 | MCGILL, Dezuray | 1-0 | 07:49 | 7.8 | 1-1 | 1.000 | 0-0 | .000 | 0-0 | .000 | 1 | 1 | 2 | 2.0 | 4 | 0 | 0 | 0 | 0 | 0 | 2 | 2.0 |
| 20 | BUZZETTI, Georgi | 1-1 | 19:06 | 19.1 | 0-1 | .000 | 0-0 | .000 | 1-2 | .500 | 3 | 3 | 6 | 6.0 | 3 | 0 | 0 | 1 | 0 | 1 | 1 | 1.0 |
| 2 | DAVIS, Claire | 1-0 | 05:08 | 5.1 | 0-0 | .000 | 0-0 | .000 | 0-0 | .000 | 0 | 0 | 0 | 0.0 | 2 | 0 | 0 | 0 | 0 | 0 | 0 | 0.0 |
| 23 | BLATCHFORD, Elle | 1-1 | 16:14 | 16.2 | 0-2 | .000 | 0-2 | .000 | 0-0 | .000 | 0 | 2 | 2 | 2.0 | 1 | 0 | 2 | 3 | 0 | 0 | 0 | 0.0 |
| 35 | CARRENO, Nicole | 1-0 | 14:36 | 14.6 | 0-5 | .000 | 0-2 | .000 | 0-0 | .000 | 1 | 4 | 5 | 5.0 | 2 | 0 | 0 | 2 | 1 | 0 | 0 | 0.0 |
| Team | | | | | | | | | | | 2 | 4 | 6 | | | | 1 | | | | | |
| Total | | 1 | 200 | | 23-53 | .434 | 6-17 | .353 | 10-14 | .714 | 8 | 20 | 28 | 28.0 | 26 | 0 | 11 | 31 | 2 | 6 | 62 | 62.0 |
| Opponents | | 1 | 200 | | 35-65 | .538 | 5-21 | .238 | 21-28 | .750 | 13 | 25 | 38 | 38.0 | 18 | 0 | 15 | 17 | 3 | 19 | 96 | 96.0 |

Team Statistics

| | UNF | OPP |
|------------------------|-------|--------|
| Scoring | 62 | 96 |
| Points per game | 62.0 | 96.0 |
| Scoring margin | -34.0 | - |
| Field goals-att | 23-53 | 35-65 |
| Field goal pct | .434 | .538 |
| 3 point fg-att | 6-17 | 5-21 |
| 3-point FG pct | .353 | .238 |
| 3-pt FG made per game | 6.0 | 5.0 |
| Free throws-att | 10-14 | 21-28 |
| Free throw pct | .714 | .750 |
| F-Throws made per game | 10.0 | 21.0 |
| Rebounds | 28 | 38 |
| Rebounds per game | 28.0 | 38.0 |
| Rebounding margin | -10.0 | - |
| Assists | 11 | 15 |
| Assists per game | 11.0 | 15.0 |
| Turnovers | 31 | 17 |
| Turnovers per game | 31.0 | 17.0 |
| Turnover margin | -14.0 | - |
| Assist/turnover ratio | 0.4 | 0.9 |
| Steals | 6 | 19 |
| Steals per game | 6.0 | 19.0 |
| Blocks | 2 | 3 |
| Blocks per game | 2.0 | 3.0 |
| Winning streak | 0 | - |
| Home win streak | 0 | - |
| Attendance | 0 | 1183 |
| Home games-Avg/Game | 0-0 | 1-1183 |
| Neutral site-Avg/Game | - | 0-0 |

Team Results

| Date | Opponent | | Score | Att. |
|------------|------------|---|-------|------|
| 11/03/2025 | at Florida | L | 62-96 | 1183 |