



NORTH FLORIDA

WOMEN'S CROSS COUNTRY

2024 RESULTS/PERFORMANCE LIST

2024 SCHEDULE/RESULTS

Date	Event	Location	Distance	Team Finish	Top Individual	Finish	Time
Sept. 13	Duval 5K XC Challenge	Jacksonville, Fla.	5K	1st	Smilla Kolbe	1st	18:37.9
Sept. 27	Gans Creek Classic	Columbia, Mo.	6K	26th	Isa Leen	103rd	21:38.2
Oct. 18	Crimson Classic	Tuscaloosa, Ala.	6K	11th	Isa Leen	61st	21:09.7
Nov. 2	ASUN Championship	DeLand, Fla.	5K	2nd	Smilla Kolbe	5th	16:47.6*
Nov. 15	NCAA South Regionals	Tallahassee, Fla.	6K	24th	Ana Markovina	97th	21:58.7

TEAM/INDIVIDUAL MEET RESULTS

DUVAL 5K XC CHALLENGE

Sept. 13, 2024 • Jacksonville, Fla.
5K

Team Results

Team	Points
1. NORTH FLORIDA	27
2. Florida Atlantic	33
3. Tampa	71
4. Flagler	137
5. Seminole SC	164
6. Florida A&M	194
7. Bethune-Cookman	218
8. South Florida SC	237
9. Eastern Florida	251
10. FSCJ (Jacksonville)	333
11. Tallahassee CC	337
12. Edward Waters	355
13. Florida National	356

North Florida Individual Results (Field: 126)

Pl.	Name	Time
1.	Smilla Kolbe	18:37.9
5.	Madeline Castillo	18:44.6
6.	Emma Millson	18:46.0
7.	Cohen Kooker	18:53.1
8.	Isa Leen	18:54.6
10.	Annika Buser	19:04.3
12.	Melissa Bentayeb	19:10.4
15.	Laci Watford	19:19.3
16.	Ella Chandler	19:22.6
21.	Jada Williams	19:34.1
36.	Brooke Yates	20:32.7
37.	Amelia Tackling	20:43.2
38.	Abigail Williams	20:46.7

GANS CREEK CLASSIC

Sept. 27, 2024 • Columbia, Mo.
6K

Team Results

Team	Points
1. Stanford	44
2. Tennessee	91
3. Ole Miss	120
4. Florida	131
5. Georgia Tech	164
6. Auburn	182
7. Air Force	189
8. Tulsa	214
9. Kentucky	243
10. Missouri	336
11. Weber State	391
12. Eastern Washington	453
13. Iowa	465
14. Northern Iowa	501
15. Illinois State	517
16. UC San Diego	532
17. Central Arkansas	563
18. UCLA	567
19. MTSU	574
20. Wichita State	587
21. Kansas State	588
22. Southern Indiana	628
23. Lipscomb	668
24. South Dakota	670
25. Saint Louis	675
26. NORTH FLORIDA	680
27. Baylor	695
28. Missouri State	713
29. Creighton	871
30. Omaha	873
31. SE Missouri	877
32. Maine	903
33. Abilene Christian	921
34. Southern Illinois	1005
35. SIU Edwardsville	1043
36. Valparaiso	1051
37. North Alabama	1065
38. Kansas City	1185

North Florida Individual Results (Field: 329)

Pl.	Name	Time
103.	Isa Leen	21:38.2
150.	Emma Millson	22:02.3
160.	Ana Markovina	22:11.4
161.	Annika Buser	22:11.8
184.	Madeline Castillo	22:24.9
191.	Ella Chandler	22:30.7
206.	Cohen Kooker	22:38.6
222.	Melissa Bentayeb	22:48.5
274.	Laci Watford	23:24.8

CRIMSON CLASSIC

Oct. 18, 2024 • Tuscaloosa, Ala.
6K

Team Results

Team	Points
1. Alabama	28
2. Missouri	99
3. South Carolina	114
4. Miss State	118
5. Clemson	124
6. Samford	151
7. Tennessee	174
8. Kennesaw State	189
9. Georgia	208
10. UAB	331
11. NORTH FLORIDA	335
12. Southern Miss	358
13. Little Rock	383
14. South Alabama	395
15. FIU	412
16. North Alabama	479
17. UL-Monroe	488
18. Memphis	523

North Florida Individual Results (Field: 189)

Pl.	Name	Time
61.	Isa Leen	21:09.7
71.	Ella Chandler	21:23.1
76.	Emma Millson	21:30.7
86.	Cohen Kooker	21:42.3
114.	Annika Buser	22:09.1
132.	Melissa Bentayeb	22:28.4
139.	Laci Watford	22:45.0
150.	Brooke Yates	23:07.5

TEAM/INDIVIDUAL MEET RESULTS

ASUN CHAMPIONSHIP

Nov. 2, 2024 • DeLand, Fla.
5K

Team Results

Team	Points
1. Lipscomb	16
2. NORTH FLORIDA	69
3. Central Arkansas	83
4. Eastern Kentucky	141
5. Florida Gulf Coast	168
6. Bellarmine	195
7. North Alabama	201
8. Queens	223
9. Jacksonville	229
10. Austin Peay	233
11. Stetson	261
12. West Georgia	294

North Florida Individual Results (Field: 96)

Pl.	Name	Time
5.	Smilla Kolbe	16:47.6*
13.	Isa Leen	17:26.5
16.	Ella Chandler	17:33.0
17.	Ana Markovina	17:35.0
25.	Annika Buser	15:51.4
27.	Emma Millson	17:59.7
29.	Ines Arqued	18:05.5
33.	Cohen Kooker	18:11.6
39.	Melissa Bentayeb	18:30.1
55.	Madeline Castillo	19:00.6

NCAA SOUTH REGIONALS

Nov. 15, 2024 • Tallahassee, Fla.
6K

Team Results

Team	Points
1. Alabama	63
2. Florida	79
3. Florida State	106
4. Tennessee	123
5. Lipscomb	134
6. Ole Miss	150
7. Georgia Tech	180
8. Auburn	229
9. Vanderbilt	271
10. Miss State	278
11. Samford	305
12. MTSU	404
13. Kennesaw State	409
14. Belmont	432
15. Georgia	487
16. Miami	515
17. Chattanooga	552
18. Florida Atlantic	560
19. ETSU	564
20. UCF	580
21. Tennessee Tech	596
22. FIU	609
23. Jacksonville State	620
24. NORTH FLORIDA	646
25. South Alabama	694
26. Mercer	721
27. UAB	726
28. Florida Gulf Coast	742
29. North Alabama	829
30. Stetson	898
31. Jacksonville	911

North Florida Individual Results (Field: 214)

Pl.	Name	Time
97.	Ana Markovina	21:58.7
115.	Ella Chandler	22:18.6
129.	Isa Leen	22:38.5
150.	Cohen Kooker	22:51.8
156.	Annika Buser	22:59.6
176.	Madeline Castillo	23:19.6
201.	Melissa Bentayeb	24:10.1

2024 TOP TIMES BY DISTANCE

5,000 METERS

Time	Name	Event	Date
16:47.6*	Smilla Kolbe	ASUN Championship	Nov. 1
17:26.5	Isa Leen	ASUN Championship	Nov. 1
17:33.0	Ella Chandler	ASUN Championship	Nov. 1
17:35.0	Ana Markovina	ASUN Championship	Nov. 1
17:51.4	Annika Buser	ASUN Championship	Nov. 1
17:59.7	Emma Millson	ASUN Championship	Nov. 1
18:05.5	Ines Arqued	ASUN Championship	Nov. 1
18:11.6	Cohen Kooker	ASUN Championship	Nov. 1
18:30.1	Melissa Bentayeb	ASUN Championship	Nov. 1
18:37.9	Smilla Kolbe	Duval 5K XC Challenge	Sept. 13
18:44.6	Madeline Castillo	Duval 5K XC Challenge	Sept. 13
18:46.0	Emma Millson	Duval 5K XC Challenge	Sept. 13
18:53.1	Cohen Kooker	Duval 5K XC Challenge	Sept. 13
18:54.6	Isa Leen	Duval 5K XC Challenge	Sept. 13
19:00.6	Madeline Castillo	ASUN Championship	Nov. 1
19:04.3	Annika Buser	Duval 5K XC Challenge	Sept. 13
19:10.4	Melissa Bentayeb	Duval 5K XC Challenge	Sept. 13
19:19.3	Laci Watford	Duval 5K XC Challenge	Sept. 13
19:22.6	Ella Chandler	Duval 5K XC Challenge	Sept. 13
19:34.1	Jada Williams	Duval 5K XC Challenge	Sept. 13
20:32.7	Brooke Yates	Duval 5K XC Challenge	Sept. 13
20:43.2	Amelia Tackling	Duval 5K XC Challenge	Sept. 13
20:46.7	Abigail Williams	Duval 5K XC Challenge	Sept. 13

6,000 METERS

Time	Name	Event	Date
21:09.7	Isa Leen	Crimson Classic	Oct. 18
21:23.1	Ella Chandler	Crimson Classic	Oct. 18
21:30.7	Emma Millson	Crimson Classic	Oct. 18
21:38.2	Isa Leen	Gans Creek Classic	Sept. 27
21:42.3	Cohen Kooker	Crimson Classic	Oct. 18
21:58.7	Ana Markovina	NCAA South Regional	Nov. 15
22:02.3	Emma Millson	Gans Creek Classic	Sept. 27
22:09.1	Annika Buser	Crimson Classic	Oct. 18
22:11.4	Ana Markovina	Gans Creek Classic	Sept. 27
22:11.8	Annika Buser	Gans Creek Classic	Sept. 27
22:18.6	Ella Chandler	NCAA South Regional	Nov. 15
22:24.9	Madeline Castillo	Gans Creek Classic	Sept. 27
22:28.4	Melissa Bentayeb	Crimson Classic	Oct. 18
22:30.7	Ella Chandler	Gans Creek Classic	Sept. 27
22:38.5	Isa Leen	NCAA South Regional	Nov. 15
22:38.6	Cohen Kooker	Gans Creek Classic	Sept. 27
22:45.0	Laci Watford	Crimson Classic	Oct. 18
22:48.5	Melissa Bentayeb	Gans Creek Classic	Sept. 27
22:51.8	Cohen Kooker	NCAA South Regional	Nov. 15
22:59.6	Annika Buser	NCAA South Regional	Nov. 15
23:07.5	Brooke Yates	Crimson Classic	Oct. 18
23:19.6	Madeline Castillo	NCAA South Regional	Nov. 15
23:24.8	Laci Watford	Gans Creek Classic	Sept. 27
24:10.1	Melissa Bentayeb	NCAA South Regional	Nov. 15

2024 INDIVIDUAL PERFORMANCES

INES ARQUED

3-Miles • PR -			
Time	Event	Date	Finish
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5,000 Meters • PR - 18:05.5			
Time	Event	Date	Finish
18:05.5	ASUN Championship	Nov. 1	29

6,000 Meters • PR -			
Time	Event	Date	Finish
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MELISSA BENTAYEB

3-Miles • PR -			
Time	Event	Date	Finish
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5,000 Meters • PR - 18:30.1			
Time	Event	Date	Finish
18:30.1	ASUN Championship	Nov. 1	39

6,000 Meters • PR - 22:28.4			
Time	Event	Date	Finish
22:28.4	Crimson Classic	Oct. 18	132

ANNIKA BUSER

3-Miles • PR - 19:11.2			
Time	Event	Date	Finish
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5,000 Meters • PR - 17:51.4			
Time	Event	Date	Finish
17:51.4	ASUN Championship	Nov. 1	25

6,000 Meters • PR - 22:09.1			
Time	Event	Date	Finish
22:09.1	Crimson Classic	Oct. 18	114

MADELINE CASTILLO

3-Miles • PR -			
Time	Event	Date	Finish
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5,000 Meters • PR - 18:44.6			
Time	Event	Date	Finish
18:44.6	Duval 5K XC Challenge	Sept. 13	5

6,000 Meters • PR - 22:24.9			
Time	Event	Date	Finish
22:24.9	Gans Creek Classic	Sept. 27	184

ELLA CHANDLER

3-Miles • PR - 18:37.2			
Time	Event	Date	Finish
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5,000 Meters • PR - 17:33.0			
Time	Event	Date	Finish
17:33.0	ASUN Championship	Nov. 1	16

6,000 Meters • PR - 21:23.1			
Time	Event	Date	Finish
21:23.1	Crimson Classic	Oct. 18	71

SMILLA KOLBE

3-Miles • PR -			
Time	Event	Date	Finish
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5,000 Meters • PR - 16:47.6*			
Time	Event	Date	Finish
16:47.6*	ASUN Championship	Nov. 1	5

6,000 Meters • PR -			
Time	Event	Date	Finish
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COHEN KOOKER

3-Miles • PR -			
Time	Event	Date	Finish
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5,000 Meters • PR - 18:11.6			
Time	Event	Date	Finish
18:11.6	ASUN Championship	Nov. 1	33

6,000 Meters • PR - 21:42.3			
Time	Event	Date	Finish
21:42.3	Crimson Classic	Oct. 18	86

ISA LEEN

3-Miles • PR - 18:17.3			
Time	Event	Date	Finish
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5,000 Meters • PR - 17:26.5			
Time	Event	Date	Finish
17:26.5	ASUN Championship	Nov. 1	13

6,000 Meters • PR - 21:06.9			
Time	Event	Date	Finish
21:09.7	Crimson Classic	Oct. 18	61

2024 INDIVIDUAL PERFORMANCES

ANA MARKOVINA

3-Miles • PR - 17:53.8

Time	Event	Date	Finish
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5,000 Meters • PR - 17:35.0

Time	Event	Date	Finish
17:35.0	ASUN Championship	Nov. 1	17

6,000 Meters • PR - 20:49.8

Time	Event	Date	Finish
21:58.7	NCAA South Regional	Nov. 15	97

EMMA MILLSON

3-Miles • PR - 18:07.1

Time	Event	Date	Finish
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5,000 Meters • PR - 17:59.7

Time	Event	Date	Finish
17:59.7	ASUN Championship	Nov. 1	27

6,000 Meters • PR - 21:22.4

Time	Event	Date	Finish
21:30.7	Crimson Classic	Oct. 18	76

AMELIA TACKLING

3-Miles • PR -

Time	Event	Date	Finish
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5,000 Meters • PR - 20:43.2

Time	Event	Date	Finish
20:43.2	Duval 5K XC Challenge	Sept. 13	37

6,000 Meters • PR -

Time	Event	Date	Finish
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LACI WATFORD

3-Miles • PR - 18:54.5

Time	Event	Date	Finish
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5,000 Meters • PR - 19:08.55

Time	Event	Date	Finish
19:19.3	Duval 5K XC Challenge	Sept. 13	15

6,000 Meters • PR - 22:45.0

Time	Event	Date	Finish
22:45.0	Crimson Classic	Oct. 18	139

ABIGAIL WILLIAMS

3-Miles • PR -

Time	Event	Date	Finish
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5,000 Meters • PR - 20:46.7

Time	Event	Date	Finish
20:46.7	Duval 5K XC Challenge	Sept. 13	38

6,000 Meters • PR -

Time	Event	Date	Finish
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JADA WILLIAMS

3-Miles • PR - 18:56.3

Time	Event	Date	Finish
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5,000 Meters • PR - 17:59.3

Time	Event	Date	Finish
19:34.1	Duval 5K XC Challenge	Sept. 13	21

6,000 Meters • PR - 21:32.6

Time	Event	Date	Finish
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BROOKE YATES

3-Miles • PR -

Time	Event	Date	Finish
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5,000 Meters • PR - 20:32.7

Time	Event	Date	Finish
20:32.7	Duval 5K XC Challenge	Sept. 13	36

6,000 Meters • PR - 23:07.5

Time	Event	Date	Finish
23:07.5	Crimson Classic	Oct. 18	50