



NORTH FLORIDA

MEN'S CROSS COUNTRY

2024 RESULTS/PERFORMANCE LIST

2024 SCHEDULE/RESULTS

Date	Event	Location	Distance	Team Finish	Top Individual	Finish	Time
Sept. 13	Duval 5K XC Challenge	Jacksonville, Fla.	5K	1st	Ilias El Khattabi	1st	15:34.3
Sept. 27	Gans Creek Classic	Columbia, Mo.	8K	8th	Robert Pedroza	31st	23:55.8
Oct. 18	Crimson Classic	Tuscaloosa, Ala.	8K	4th	Robert Pedroza	14th	23:55.8
Nov. 2	ASUN Championship	DeLand, Fla.	8K	2nd	Seth Martinez	7th	23:57.2
Nov. 15	NCAA South Regionals	Tallahassee, Fla.	10K	6th	Seth Martinez	16th	30:28.6

TEAM/INDIVIDUAL MEET RESULTS

DUVAL 5K XC CHALLENGE

Sept. 13, 2024 • Jacksonville, Fla.
5K

Team Results

Team	Points
1. NORTH FLORIDA	27
2. Tampa	31
3. Flagler	99
4. Florida Atlantic	118
5. Seminole SC	152
6. Eastern Florida	161
7. Bethune-Cookman	186
8. FSCJ (Jacksonville)	238
9. Florida Running Club	272
10. Florida National	329
11. Edward Waters	350
12. Beacon College	360

North Florida Individual Results (Field: 120)

Pl.	Name	Time
1.	Ilias El Khattabi	15:34.3
2.	Paul Lespasio	15:34.9
3.	Sebastian Hernandez	15:37.8
4.	Aiden Arnold (UNA)	15:40.6
9.	Alejandro Romagosa (UNA)	15:45.7
13.	Ryan Douihech	15:55.0
15.	Colton Lawson	16:05.3
16.	Christian Ruocco	16:12.9
17.	Grant Doherty	16:17.8
18.	Shamar Henry (UNA)	16:19.5
19.	Andrew Mahorner	16:20.1
20.	Ben Tary	16:21.0
21.	Aaron Schimke	16:24.0
26.	Kameron Wallizada	16:32.9
28.	William Montanye (UNA)	16:46.8
53.	Seth Martinez	17:35.5
57.	Onix Ortiz Vazquez	17:43.1
59.	Robert Pedroza	17:44.3

GANS CREEK CLASSIC

Sept. 27, 2024 • Columbia, Mo.
8K

Team Results

Team	Points
1. Stanford	31
2. Tennessee	163
3. Auburn	167
4. Missouri	180
5. Kentucky	185
6. Lipscomb	213
7. Ole Miss	238
8. NORTH FLORIDA	271
9. Illinois State	280
10. Florida	291
11. Georgia Tech	315
12. Weber State	334
13. Iowa	366
14. Kansas	471
15. MTSU	478
16. Rice	487
17. Maine	510
18. Creighton	515
19. Wichita State	569
20. South Dakota	572
21. Southern Indiana	612
22. Eastern Washington	644
23. UC San Diego	669
24. SE Missouri	680
25. UT-Martin	683
26. Saint Louis	707
27. North Alabama	719
28. Kansas State	724
29. Abilene Christian	753
30. Central Arkansas	759
31. Northern Iowa	766
32. Valparaiso	921
33. Baylor	951
34. SIU Edwardsville	1063
35. Southern Illinois	1067
36. Kansas City	1107

North Florida Individual Results (Field: 320)

Pl.	Name	Time
31.	Robert Pedroza	23:55.8
44.	Seth Martinez	24:00.8
59.	Onix Ortiz Vazquez	24:14.3
62.	Cole Perry	24:17.3
83.	Ilias El Khattabi	24:29.0
102.	Sebastian Hernandez	24:38.2
155.	Ryan Douihech	25:01.4
166.	Paul Lespasio	25:07.6
186.	Colton Lawson	25:16.3

CRIMSON CLASSIC

Oct. 18, 2024 • Tuscaloosa, Ala.
8K

Team Results

Team	Points
1. Alabama	59
2. Missouri	63
3. Tennessee	63
4. NORTH FLORIDA	117
5. Georgia	162
6. Clemson	199
7. Kennesaw State	210
8. North Alabama	250
9. UL-Monroe	265
10. Memphis	277
11. Samford	288
12. Little Rock	296
13. South Alabama	308
14. FIU	461

North Florida Individual Results (Field: 152)

Pl.	Name	Time
14.	Robert Pedroza	23:55.8
20.	Seth Martinez	24:02.5
25.	Cole Perry	24:13.0
28.	Onix Ortiz Vazquez	24:17.6
30.	Sebastian Hernandez	24:18.5
31.	Aaron Schimke	24:19.7
32.	Ilias El Khattabi	24:20.5
44.	Paul Lespasio	24:38.2
59.	Gavin O'Brien	24:59.4
65.	Kameron Wallizada	25:05.2
73.	Ryan Douihech	25:12.8
85.	Andrew Mahorner	25:24.5
87.	Ben Tary	25:28.3
97.	Grant Doherty	25:47.3
99.	Christian Ruocco	25:52.5

TEAM/INDIVIDUAL MEET RESULTS

ASUN CHAMPIONSHIP

Nov. 2, 2024 • DeLand, Fla.
8K

Team Results

Team	Points
1. Eastern Kentucky	29
2. NORTH FLORIDA	59
3. Lipscomb	63
4. Bellarmine	125
5. North Alabama	145
6. Central Arkansas	176
7. Queens	187
8. Florida Gulf Coast	226
9. Stetson	254
10. West Georgia	272
11. Jacksonville	317
12. Austin Peay	363

North Florida Individual Results (Field: 109)

Pl.	Name	Time
7.	Seth Martinez	23:57.2
8.	Ilias El Khattabi	23:57.9
13.	Cole Perry	24:08.3
15.	Onix Ortiz Vazquez	24:15.1
16.	Sebastian Hernandez	24:17.0
27.	Paul Lespasio	24:44.4
37.	Aaron Schimke	25:09.3
40.	Robert Pedroza	25:19.5
41.	Gavin O'Brien	25:22.3
69.	Ryan Douihech	26:29.7

NCAA SOUTH REGIONALS

Nov. 15, 2024 • Tallahassee, Fla.
10K

Team Results

Team	Points
1. Alabama	80
2. Ole Miss	91
3. Tennessee	109
4. Florida State	112
5. Auburn	143
6. NORTH FLORIDA	156
7. Lipscomb	170
8. Georgia Tech	234
9. Florida	237
10. MTSU	244
11. Belmont	280
12. Georgia	286
13. Jacksonville State	399
14. Kennesaw State	411
15. North Alabama	422
16. Vanderbilt	438
17. UT-Martin	475
18. Samford	533
19. South Alabama	544
20. Miami	557
21. Mercer	578
22. Chattanooga	594
23. Florida Gulf Coast	642
24. Stetson	670
25. Florida Atlantic	800
26. FIU	820

North Florida Individual Results (Field: 179)

Pl.	Name	Time
16.	Seth Martinez	30:28.6
31.	Robert Pedroza	30:58.4
32.	Ilias El Khattabi	30:59.2
34.	Onix Ortiz Vazquez	31:01.4
43.	Cole Perry	31:15.6
82.	Paul Lespasio	32:11.1
113.	Sebastian Hernandez	33:03.1

2024 TOP TIMES BY DISTANCE

5,000 METERS

Time	Name	Event	Date
15:34.3	Ilias El Khattabi	Duval 5K XC Challenge	Sept. 13
15:34.9	Paul Lespasio	Duval 5K XC Challenge	Sept. 13
15:37.8	Sebastian Hernandez	Duval 5K XC Challenge	Sept. 13
15:40.6	Aiden Arnold	Duval 5K XC Challenge	Sept. 13
15:45.7	Alejandro Romagosa	Duval 5K XC Challenge	Sept. 13
15:55.0	Ryan Douihech	Duval 5K XC Challenge	Sept. 13
16:05.3	Colton Lawson	Duval 5K XC Challenge	Sept. 13
16:12.9	Christian Ruocco	Duval 5K XC Challenge	Sept. 13
16:17.8	Grant Doherty	Duval 5K XC Challenge	Sept. 13
16:19.5	Shamar Henry	Duval 5K XC Challenge	Sept. 13
16:20.1	Andrew Mahorner	Duval 5K XC Challenge	Sept. 13
16:21.0	Ben Tary	Duval 5K XC Challenge	Sept. 13
16:24.0	Aaron Schimke	Duval 5K XC Challenge	Sept. 13
16:32.9	Kameron Wallizada	Duval 5K XC Challenge	Sept. 13
16:46.8	William Montanye	Duval 5K XC Challenge	Sept. 13
17:35.5	Seth Martinez	Duval 5K XC Challenge	Sept. 13
17:43.1	Onix Ortiz Vazquez	Duval 5K XC Challenge	Sept. 13
17:44.3	Robert Pedroza	Duval 5K XC Challenge	Sept. 13

8,000 METERS

Time	Name	Event	Date
23:55.8	Robert Pedroza	Crimson Classic	Oct. 18
23:55.8	Robert Pedroza	Gans Creek Classic	Sept. 27
23:57.2	Seth Martinez	ASUN Championship	Nov. 1
23:57.9	Ilias El Khattabi	ASUN Championship	Nov. 1
24:00.8	Seth Martinez	Gans Creek Classic	Sept. 27
24:02.5	Seth Martinez	Crimson Classic	Oct. 18
24:08.3	Cole Perry	ASUN Championship	Nov. 1
24:13.0	Cole Perry	Crimson Classic	Oct. 18
24:14.3	Onix Ortiz Vazquez	Gans Creek Classic	Sept. 27
24:15.1	Onix Ortiz Vazquez	ASUN Championship	Nov. 1
24:17.0	Sebastian Hernandez	ASUN Championship	Nov. 1
24:17.3	Cole Perry	Gans Creek Classic	Sept. 27
24:17.6	Onix Ortiz Vazquez	Crimson Classic	Oct. 18
24:18.5	Sebastian Hernandez	Crimson Classic	Oct. 18
24:19.7	Aaron Schimke	Crimson Classic	Oct. 18
24:20.5	Ilias El Khattabi	Crimson Classic	Oct. 18
24:29.0	Ilias El Khattabi	Gans Creek Classic	Sept. 27
24:38.2	Paul Lespasio	Crimson Classic	Oct. 18
24:38.2	Sebastian Hernandez	Gans Creek Classic	Sept. 27
24:44.4	Paul Lespasio	ASUN Championship	Nov. 1
24:59.4	Gavin O'Brien	Crimson Classic	Oct. 18
25:01.4	Ryan Douihech	Gans Creek Classic	Sept. 27
25:05.2	Kameron Wallizada	Crimson Classic	Oct. 18
25:07.6	Paul Lespasio	Gans Creek Classic	Sept. 27
25:09.3	Aaron Schimke	ASUN Championship	Nov. 1
25:12.8	Ryan Douihech	Crimson Classic	Oct. 18
25:16.3	Colton Lawson	Gans Creek Classic	Sept. 27
25:19.5	Robert Pedroza	ASUN Championship	Nov. 1
25:22.3	Gavin O'Brien	ASUN Championship	Nov. 1
25:24.5	Andrew Mahorner	Crimson Classic	Oct. 18
25:28.3	Ben Tary	Crimson Classic	Oct. 18
25:47.3	Grant Doherty	Crimson Classic	Oct. 18
25:52.5	Christian Ruocco	Crimson Classic	Oct. 18
26:29.7	Ryan Douihech	ASUN Championship	Nov. 1

2024 TOP TIMES BY DISTANCE

10,000 METERS

Time	Name	Event	Date
30:28.6	Seth Martinez	NCAA South Regional	Nov. 15
30:58.4	Robert Pedroza	NCAA South Regional	Nov. 15
30:59.2	Ilias El Khattabi	NCAA South Regional	Nov. 15
31:01.4	Onix Ortiz Vazquez	NCAA South Regional	Nov. 15
31:15.6	Cole Perry	NCAA South Regional	Nov. 15
32:11.1	Paul Lespasio	NCAA South Regional	Nov. 15
33:03.1	Sebastian Hernandez	NCAA South Regional	Nov. 15

2024 INDIVIDUAL PERFORMANCES

AIDEN ARNOLD

5,000 Meters • PR - 15:40.6

Time	Event	Date	Finish
15:40.6	Duval 5K XC Challenge	Sept. 13	4

8,000 Meters • PR - 24:34.6

Time	Event	Date	Finish
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10,000 Meters • PR - 30:32.6

Time	Event	Date	Finish
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GRANT DOHERTY

5,000 Meters • PR - 16:17.8

Time	Event	Date	Finish
16:17.8	Duval 5K XC Challenge	Sept. 13	17

8,000 Meters • PR - 25:47.3

Time	Event	Date	Finish
25:47.3	Crimson Classic	Oct. 18	97

10,000 Meters • PR -

Time	Event	Date	Finish
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RYAN DOUIHECH

5,000 Meters • PR - 15:55.0

Time	Event	Date	Finish
15:55.0	Duval 5K XC Challenge	Sept. 13	13

8,000 Meters • PR - 25:01.4

Time	Event	Date	Finish
25:01.4	Gans Creek Classic	Sept. 27	155

10,000 Meters • PR -

Time	Event	Date	Finish
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SHAMAR HENRY

5,000 Meters • PR - 16:19.5

Time	Event	Date	Finish
16:19.5	Duval 5K XC Challenge	Sept. 13	18

8,000 Meters • PR -

Time	Event	Date	Finish
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10,000 Meters • PR -

Time	Event	Date	Finish
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SEBASTIAN HERNANDEZ

5,000 Meters • PR - 15:37.8

Time	Event	Date	Finish
15:37.8	Duval 5K XC Challenge	Sept. 13	3

8,000 Meters • PR - 24:17.0

Time	Event	Date	Finish
24:17.0	ASUN Championship	Nov. 1	16

10,000 Meters • PR - 33:03.1

Time	Event	Date	Finish
33:03.1	NCAA South Regional	Nov. 15	113

ILIAS EL KHATTABI

5,000 Meters • PR - 15:34.3

Time	Event	Date	Finish
15:34.3	Duval 5K XC Challenge	Sept. 13	1

8,000 Meters • PR - 23:57.9

Time	Event	Date	Finish
23:57.9	ASUN Championship	Nov. 1	8

10,000 Meters • PR - 30:03.1

Time	Event	Date	Finish
30:59.2	NCAA South Regional	Nov. 15	32

COLTON LAWSON

5,000 Meters • PR - 16:05.3

Time	Event	Date	Finish
16:05.3	Duval 5K XC Challenge	Sept. 13	15

8,000 Meters • PR - 25:16.3

Time	Event	Date	Finish
25:16.3	Gans Creek Classic	Sept. 27	186

10,000 Meters • PR -

Time	Event	Date	Finish
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PAUL LESPASIO

5,000 Meters • PR - 15:34.9

Time	Event	Date	Finish
15:34.9	Duval 5K XC Challenge	Sept. 13	2

8,000 Meters • PR - 24:38.2

Time	Event	Date	Finish
24:38.2	Crimson Classic	Oct. 18	44

10,000 Meters • PR - 31:08.1

Time	Event	Date	Finish
32:11.1	NCAA South Regional	Nov. 15	82

2024 INDIVIDUAL PERFORMANCES

ANDREW MAHORNER

5,000 Meters • PR - 16:20.1

Time	Event	Date	Finish
16:20.1	Duval 5K XC Challenge	Sept. 13	19

8,000 Meters • PR - 25:24.5

Time	Event	Date	Finish
25:24.5	Crimson Classic	Oct. 18	85

10,000 Meters • PR -

Time	Event	Date	Finish
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SETH MARTINEZ

5,000 Meters • PR - 17:35.5

Time	Event	Date	Finish
17:35.5	Duval 5K XC Challenge	Sept. 13	53

8,000 Meters • PR - 23:57.2

Time	Event	Date	Finish
23:57.2	ASUN Championship	Nov. 1	7

10,000 Meters • PR - 30:28.6

Time	Event	Date	Finish
30:28.6	NCAA South Regional	Nov. 15	16

WILLIAM MONTANYE

5,000 Meters • PR - 16:46.8

Time	Event	Date	Finish
16:46.8	Duval 5K XC Challenge	Sept. 13	28

8,000 Meters • PR -

Time	Event	Date	Finish
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10,000 Meters • PR -

Time	Event	Date	Finish
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GAVIN O'BRIEN

5,000 Meters • PR -

Time	Event	Date	Finish
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8,000 Meters • PR - 24:29.3

Time	Event	Date	Finish
24:59.4	Crimson Classic	Oct. 18	59

10,000 Meters • PR -

Time	Event	Date	Finish
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AIDAN O'GORMAN

5,000 Meters • PR -

Time	Event	Date	Finish
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8,000 Meters • PR - 23:47.7

Time	Event	Date	Finish
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10,000 Meters • PR - 29:32.0

Time	Event	Date	Finish
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ONIX ORTIZ VAZQUEZ

5,000 Meters • PR - 17:43.1

Time	Event	Date	Finish
17:43.1	Duval 5K XC Challenge	Sept. 13	57

8,000 Meters • PR - 24:14.3

Time	Event	Date	Finish
24:14.3	Gans Creek Classic	Sept. 27	59

10,000 Meters • PR - 31:01.4

Time	Event	Date	Finish
31:01.4	NCAA South Regional	Nov. 15	34

ROBERT PEDROZA

5,000 Meters • PR - 17:44.3

Time	Event	Date	Finish
17:44.3	Duval 5K XC Challenge	Sept. 13	59

8,000 Meters • PR - 23:55.8

Time	Event	Date	Finish
23:55.8	Crimson Classic	Oct. 18	14

10,000 Meters • PR - 29:38.9

Time	Event	Date	Finish
30:58.4	NCAA South Regional	Nov. 15	31

COLE PERRY

5,000 Meters • PR -

Time	Event	Date	Finish
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8,000 Meters • PR - 24:08.3

Time	Event	Date	Finish
24:08.3	ASUN Championship	Nov. 1	13

10,000 Meters • PR - 30:29.4

Time	Event	Date	Finish
31:15.6	NCAA South Regional	Nov. 15	43

2024 INDIVIDUAL PERFORMANCES

ALEJANDRO ROMAGOSA

5,000 Meters • PR - 15:45.7

Time	Event	Date	Finish
15:45.7	Duval 5K XC Challenge	Sept. 13	9

8,000 Meters • PR -

Time	Event	Date	Finish
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10,000 Meters • PR -

Time	Event	Date	Finish
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CHRISTIAN RUOCCO

5,000 Meters • PR - 16:12.9

Time	Event	Date	Finish
16:12.9	Duval 5K XC Challenge	Sept. 13	16

8,000 Meters • PR - 25:17.0

Time	Event	Date	Finish
25:52.5	Crimson Classic	Oct. 18	99

10,000 Meters • PR -

Time	Event	Date	Finish
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AARON SCHIMKE

5,000 Meters • PR - 16:24.0

Time	Event	Date	Finish
16:24.0	Duval 5K XC Challenge	Sept. 13	21

8,000 Meters • PR - 24:19.7

Time	Event	Date	Finish
24:19.7	Crimson Classic	Oct. 18	31

10,000 Meters • PR -

Time	Event	Date	Finish
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BEN TARY

5,000 Meters • PR - 16:21.0

Time	Event	Date	Finish
16:21.0	Duval 5K XC Challenge	Sept. 13	20

8,000 Meters • PR - 25:28.3

Time	Event	Date	Finish
25:28.3	Crimson Classic	Oct. 18	87

10,000 Meters • PR -

Time	Event	Date	Finish
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KAMERON WALLIZADA

5,000 Meters • PR - 16:32.9

Time	Event	Date	Finish
16:32.9	Duval 5K XC Challenge	Sept. 13	26

8,000 Meters • PR - 25:05.2

Time	Event	Date	Finish
25:05.2	Crimson Classic	Oct. 18	65

10,000 Meters • PR -

Time	Event	Date	Finish
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