

Schedule of Events

Field Events (3 attempts with 9 going to finals)

12:00 PM Weight Throw (women followed by the men)
Long Jump (men followed by the women)
Pole Vault (men followed by the women)
High Jump (women followed by the men)
Shot Put (women followed by the men) - To follow Men's Weight
Triple Jump to follow Long Jump (men followed by the women)

Running Events times are TBD based on entries:

All running events will be Women followed by Men except 60m hurdle final. We will not run more than 20 minutes ahead of schedule.

2:00 PM 60m Hurdles **Prelims**
60m Dash **Prelims**
Distance Medley Relay
Mile
400m Dash
600m Dash
60m Hurdles **FINAL**
60m Dash **FINAL**
800m Run
1000m Run
200m Dash
3000m Run
4 x 400m Relay