

North Dakota Indoor Open
UND Indoor High Performance Center

Saturday, January 30, 2021

Field Events

(Contested on Rolling Schedule)

12:30 PM	(M)	Shot Put
<i>to follow</i>	(W)	Shot Put
To follow Shot Put	(M)	Weight Throw
<i>to follow M WT</i>	(W)	Weight Throw
12:30 PM	(W)	Long Jump
<i>to follow</i>	(M)	Long Jump
To follow 30' after M Long Jump	(W)	Triple Jump
<i>to follow W TJ</i>	(M)	Triple Jump
12:30PM	(W)	Pole Vault
<i>to follow</i>	(M)	Pole Vault
12:30PM	(W)	High Jump
<i>to follow</i>	(M)	High Jump

Running Events

12:30 PM	(W)	60H Prelim
12:45 PM	(M)	60H Prelim
1:00 PM	(W)	60m Prelim
1:15 PM	(M)	60m Prelim
1:30 PM	(W)	Mile
1:45 PM	(M)	Mile
2:00 PM	(M)	60H Final
2:05 PM	(W)	60H Final
2:10 PM	(W)	60m Final
2:15 PM	(M)	60m Final
2:20 PM	(W)	400m
2:30 PM	(M)	400m
2:40 PM	(W)	600m
2:50 PM	(M)	600m
3:00 PM	(W)	800m
3:20 PM	(M)	800m
3:30 PM	(W)	200m
3:45 PM	(M)	200m
4:00 PM	(W)	3000m
4:20 PM	(M)	3000m
4:35 PM	(W)	4 x 400m
4:45 PM	(M)	4 x 400m