

2025 Charlotte 49er Classic & Combined Events

Thursday-Saturday, March 20-22
Irwin Belk Track & Field Center

Meet Information

Entries

Entries are due by midnight **Friday, March 14th**. Collegiate teams, clubs and unattached welcome to enter. Teams/Clubs limited to 4 entries per event for track events, 2 per combined event, 3 per other field events. Events sizes will be limited: combined event fields limited to top 16 entries, other field events limited to top 48 entries (48 total for vertical jump sections). Running event size limits listed on meet schedule and comparable to previous years' meets. Entry will be available online at www.directathletics.com opening midnight, Tuesday, February 24th. Accepted entry lists will be posted prior to the meet at www.Flashresults.com; combined events by midnight Tuesday, March 18th all other events midnight Wednesday, March 19th. Direct Athletics will be set up to pull entrants' best TFRRS performance for entry. If athlete does not have a TFRRS performance only then enter a speculative performance and note with a meet result that can be vetted online via MileSplit/Athletic.net for freshmen, TFRRS for transfers. ***If no note supporting speculative entry is provided then entry will not be researched/vetted and will be considered no time/distance/height therefore may not make the event cut off.*** Unattached entrants use speculative box to report performance that is verifiable online via TFRRS, Milesplit or posted meet result. If entering B, C etc. relays email Coach Olesen those times and/or if you would like your A team seeded slower than your TFRRS time.

Entry Fees

All entry fees must be paid online; Collegiate/Club entry fee of \$60 per athlete or \$900 per team per gender (team=14 or more). Fee is entry fee not a competition fee; fees are based on the number of entries not the number that actually compete. Unattached entry fee of \$60 for unlimited events must be paid online in the entry process. There is no fee for UNC Charlotte students, email Coach Olesen for entry which is still subject to event limitations. ***Fees will not be reduced or refunded as a result of scratches or entries that are not accepted due to event size limits.*** Amount owed is set once entries close on March 14th.

Schedule

The event schedule is to be considered tentative until entries are received after which a final version will be posted on Flashresults.com please check the site frequently in the days leading up to the meet for updates. Running event check in is at the tent in the grass outside turn 1 near the end of the straightaway, check in at least 30' prior to the start of the event. Field events check in at the event site as soon as officials are available.

Results

Running event results will be displayed on the scoreboard immediately after each race, all results will be available live at www.flashresults.com.

Location & Parking

The Irwin Belk Track & Field facility is located on the Charlotte main campus. The best campus access point will be via Institute Circle from Tryon Blvd. (Hwy 29) which runs along the north side of campus. Primary Bus/Van parking will be in surface lot 27. It may be best for buses to return to hotel during the meet; vans can also fit on the **bottom** level of the West Parking Deck across from the facility main entrance. Cars may park in the West Parking Deck next to the track. Team drop off is in lot 14; parking services personnel will direct bus/van drivers to park once passengers have disembarked. ***Do not*** load/unload in front of the main pedestrian entrance on Cameron Blvd.

Facilities

Eight 48" lanes with Beynon embedded granule surface and BSS 2000 foundation installed fall 2016 with two bi-direction horizontal jump runways, two shot and discus rings, and bi-directional vaulting boxes available. Only one triple jump board will be used; 32' for women and 39' for men. The hammer area is located immediately adjacent to the track stadium to the southwest; exit the facility to the north and

Director Bob Olesen (jumps)
Coach Joe Lynn (distance)
Coach AJ Kaschak (sprints)
Coach Joshua Campbell (hurdles)
Coach Loren Donohue (distance)
Coach Kyle Helf (throws)

704-687-0426

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jcamp121@charlotte.edu
ldonohu1@charlotte.edu
k.helf@charlotte.edu

proceed west across the greenway and creek then south. *There is no longer a bridge spanning the creek near the back (west) gate of the facility.*

Equipment

Spike length will be ¼” maximum for pole vault, horizontal jumps and running events; up to 3/8” permitted for javelin and high jump. UCS starting blocks will be provided. Implement weigh in will be done in association with/prior to the check-in of each throwing event at the equipment room at the north end of the mid-level stands (Note: Weigh hammers before exiting stadium for cage to warm up).

General

All running events are single round finals with sections against time. Horizontal jumps and throws will feature 3 preliminary rounds with the top 9 plus ties advancing to a 3 round final. This is an open meet, unattached competitors may displace collegiates from finals. Starting heights in the vertical jumps will be set based on entries. If field event field sizes are very large additional alternate venues (second pits/rings) may be used in horizontal jumps and shot put; with earlier flight(s) at alternate site and later flights and final on primary site. If this is the case be aware that the first two flights will begin at scheduled start time. Flight locations and vertical jump bar progressions will be publicized with the final schedule.

Sports Med.

Athletic trainers will be available, please bring any supplies necessary. Visiting certified athletic trainers will have access to ice, stim, and sound if necessary. See enclosed letter for more details.

Warm-up

Clerk area and fields outside the softball and baseball outfield fences adjacent to the track as well as the greenway that runs alongside the creek behind the track are to be used for general warm up. Tennis courts to the north of the track are off limits for warm up.

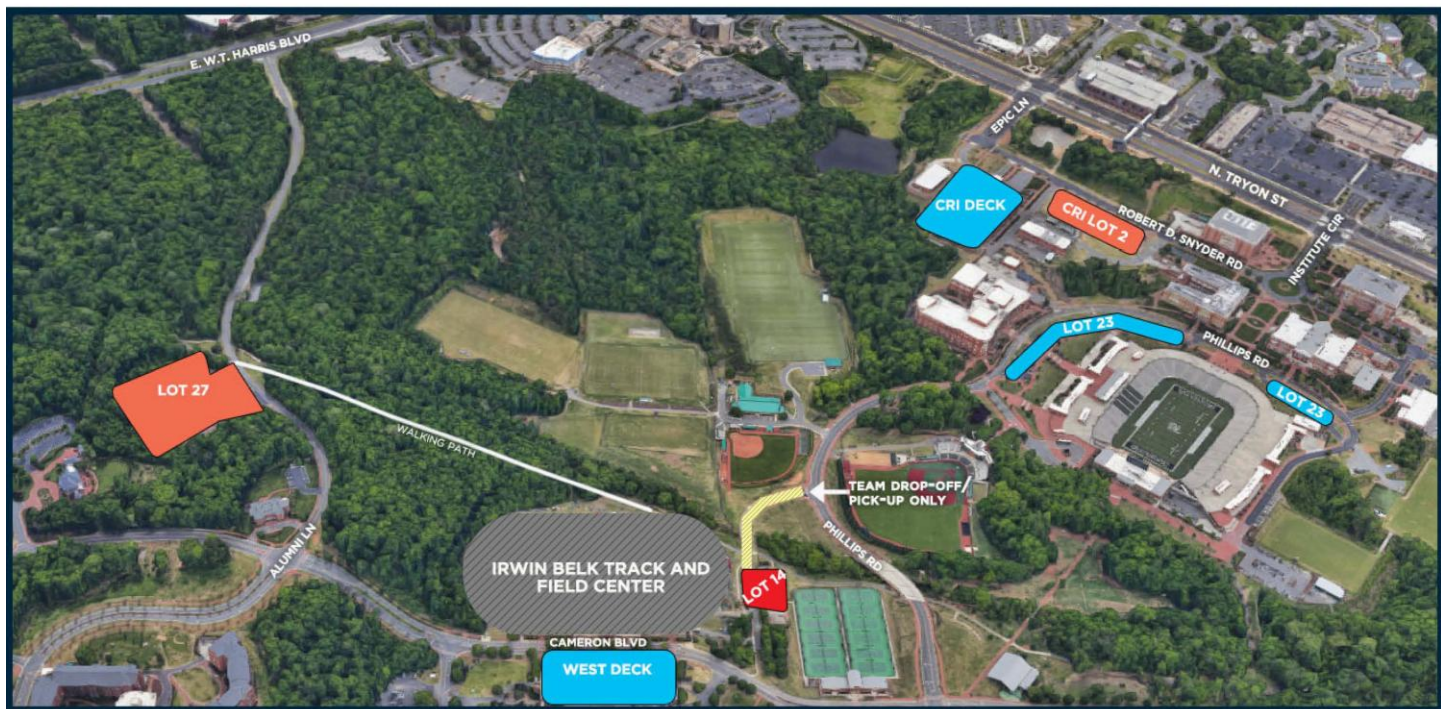
Media

Sports information contact is Madeline Davis mdavi332@charlotte.edu.

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TENTATIVE SCHEDULE

49er Classic Combined Events

Thursday, March 20

11:00 a.m. Heptathlon
11:45 a.m. Decathlon

Friday, March 21

9:00 a.m. Decathlon
9:30 a.m. Heptathlon

49er Classic

Friday, March 21

Field Events

11:00 a.m.	Hammer	Women
Noon	Long Jump (2 pits)	Men
1:30 p.m.	Pole Vault (B section)	Women
1:30 p.m.	High Jump (B section)	Men
2:30 p.m.	Javelin	Men
3:00 p.m.	Hammer	Men
3:30 p.m.	Long Jump (2 pits)	Women
3:30 p.m.	High Jump (A section)	Men
4:30 p.m.	Pole Vault (A section)	Women
5:45 p.m.	Discus	Women

Running Events

Noon	100m Hurdle (64)	Women
12:40 p.m.	110m Hurdle (64)	Men
1:00 p.m.	100m Dash (88)	Women
1:35 p.m.	100m Dash (88)	Men
2:15 p.m.	400m Dash (88)	Women
3:10 p.m.	400m Dash (88)	Men
4:00 p.m.	400m Hurdle (48)	Women
4:30 p.m.	400m Hurdle (48)	Men
5:10 p.m.	3000m Steeplechase (20)	Women
5:25 p.m.	3000m Steeplechase (20)	Men
5:40 p.m.	1500m Run (108)	Women
6:15 p.m.	1500m Run (108)	Men
6:45 p.m.	5000m Run Open (85 total)	Women
7:30 p.m.	5000m Run Open (85 total)	Men
8:10 p.m.	5000m Run Invitational	Women
8:30 p.m.	5000m Run Invitational	Men
9:05 p.m.	10000m Run (30)	Women
9:45 p.m.	10000m Run (30)	Men

Saturday, March 22

Field Events

10:00 a.m.	Shot Put (2 rings)	Men
10:00 a.m.	Javelin	Women
11:00 a.m.	Pole Vault (B section)	Men
11:30 a.m.	Triple Jump	Women
Noon	High Jump (B section)	Women
1:00 p.m.	Shot Put (2 rings)	Women
2:00 p.m.	Discus	Men
2:30 p.m.	Pole Vault (A section)	Men
2:30 p.m.	Triple Jump	Men
2:30 p.m.	High Jump (A section)	Women

Running Events

Noon	4x100m (24)	Women
12:20 p.m.	4x100m (24)	Men
12:45 p.m.	800m Run (98)	Women
1:05 p.m.	800m Run (98)	Men
1:40 p.m.	200m Dash (104)	Women
2:35 p.m.	200m Dash (104)	Men
3:30 p.m.	3000m Run (54)	Women
3:45 p.m.	3000m Run (54)	Men
4:10 p.m.	4x800m (16)	Women
4:25 p.m.	4x800m (16)	Men
4:40 p.m.	4x400m (64)	Women
5:00 p.m.	4x400m (64)	Men

Weigh In

By 1 hour prior to start of each respective throwing event at the equipment room at the north end of the mid-level stands (Note: Weigh hammers before exiting stadium for cage to warm up).



Dear Visiting Team Athletic Trainer(s),

I want to personally welcome you to UNC Charlotte and Irwin Belk Track and Field Stadium! To help your time at Charlotte go as smoothly as possible, I have listed the items that will be available during your visit below, along with important phone numbers and addresses in case of emergency. If your team is not traveling with an Athletic Trainer, please let me know within 48 hours of your arrival so that I can make the necessary preparations to assist your athletes while they are here. Please do not hesitate to reach out to myself or our other AT, Olivia, directly if you have any questions or requests prior to, or upon, your arrival. **Welcome to Charlotte!**

Sport Medicine Support:

We will have a medical tent set-up near the check-in on the grass on the north end of the track near the finish line. This is also the location of the ambulance that will be onsite during the pole vault events. Our medical tent will be stocked with immediate first aid supplies such as bandages and wound care, vacuum splints, AED, crutches, oxygen, injury ice, ice bags, flexi-wrap, water and Powerade. There will always be a certified athletic trainer in this tent. A certified athletic trainer will also be present at the pole vault pit and at the finish line when these events are live.

Important Contact Info:

Samantha Tansey (Track & Field/ Cross Country Athletic Trainer) **Cell:** (843) 694-6436, **Office:** (704) 687-0431 **Email:** stansey@charlotte.edu

Olivia Tanaka (Track & Field/ Cross Country Athletic Trainer) **Cell:** (704) 293-0163, **Office:** (704) 687-0431 **Email:** otanaka@charlotte.edu

Tony Cordova (Director of Sports Medicine) **Cell:** 915-494-4553, **Office:** 704-687-1829 **Email:** t.cordova@charlotte.edu

John Marshall (Associate Head Athletic Trainer) **Cell:** 704-419-9928, **Office:** 704-687-1056 **Email:** john.marshall@charlotte.edu

Lastly, attached below is the Emergency Action Plan (EAP) for our facility. If you have any questions or concerns, please do not hesitate to contact me or Olivia!

Best of Luck and looking forward to hosting you and your team here in Charlotte!

Samantha Tansey LAT, MSAT, ATC

EMERGENCY ACTION PLAN

Irwin Belk Track Address: 8873 Championship Ln., Charlotte, NC 28223 35.306 205 80.737 576

Emergency Response Procedure:

- Check the scene to gather information that will be provided to the dispatcher
- Call campus police at 704-687-2200; they will dispatch EMS
 - Campus police should meet EMS at Institute Circle
- Provide the following information:
 - Location of emergency: Irwin Belk Track: 8873 Championship Ln., Charlotte, NC 28223, Coordinates: 35.306205, -80.737576
 - Follow Phillips Rd. to Championship Lane and turn R, Track is on R side past parking lot (Lot 14)
 - Who you are
 - The number you are calling from
 - What happened
 - Number of ill or injured individuals
 - What help, if any, has been given and by whom
- Care for the ill or injured student-athlete; provide first aid and use the AED/provide CPR if warranted
- Do not hang up until the dispatcher hangs up so you can provide any changes in the student-athletes' condition
- A coach or Sports Medicine student will meet campus police/EMS at the *driveway to the track*
- The student-athlete will be transported to
 - Atrium Health University City Emergency Room: 8800 N. Tryon St., Charlotte, NC 28262, 704-863-6000
 - Level 1 Trauma will be sent to Atrium Health Mercy: 2001 Vail Ave, Charlotte, NC 28207, 704-304-5000



Emergency Equipment:

Emergency equipment is in the athletic training room during practice times, or in the medical tent near the finish line during the competition. Emergency equipment includes SAM splints, crutches, AED, oxygen and spine board.

Additional AEDs are in the ambulance and on the golf cart with ATC during competition. Across the street, the Halton-Wagner Tennis Complex also has an AED down the hall to the L inside the main entrance by the courts. There is another AED in the hallway on the R side at the Wells Fargo Fieldhouse (SB).

