

2018 Charlotte Invitational

Irwin Belk Track & Field Center

FINAL

Friday, April 13th, 2018

Field Events

| | | |
|-----------|-----------------|-------|
| 2:00 p.m. | Heptathlon 100H | Women |
| 2:30 p.m. | Decathlon 100m | Men |
| 2:30 p.m. | Hammer | Women |
| 3:30 p.m. | Javelin | Men |
| 5:00 p.m. | Hammer | Men |
| 5:30 p.m. | Javelin | Women |

Running Events

| | | |
|-----------|----------------------|-------|
| 6:30 p.m. | 1500m Invite 2 heats | Women |
| 6:45 p.m. | 1500m Invite 2 heats | Men |
| 7:00 p.m. | 800m Invite 1 heat | Women |
| 7:10 p.m. | 800m Invite 1 heat | Men |
| 7:20 p.m. | 3000m Steeplechase | Women |
| 7:35 p.m. | 3000m Steeplechase | Men |

Opening heights

| | |
|------------|---|
| Women's HJ | 1.45m (4'9) 5cm increments to 1.70m then 3cm |
| Women's PV | 2.65m (8'8.25), 20cm increments to 3.05m 15cm increments to 3.80m then 10cm |
| Men's HJ | 1.83m (6'0) 5cm increments to 2.18m then 3cm |
| Men's PV | 3.90m (12'9.5) 15cm increments to 5.40m then 10cm |

Weigh In

By 1 hour prior to start of each respective throwing event at the equipment room at the north end of the mid-level stands (Note: Weigh hammers before exiting stadium for cage to warm up).

Saturday, April 14st, 2018

Field Events

| | | |
|------------|--------------------|-------|
| 9:00 a.m. | Decathlon 110H | Men |
| 10:00 a.m. | Heptathlon LJ | Women |
| 11:00 a.m. | High Jump | Women |
| 11:00 a.m. | Shot Put | Men |
| 11:00 a.m. | Long Jump | Women |
| 12:45 p.m. | Shot Put | Women |
| 1:00 p.m. | Pole Vault | Women |
| 1:00 p.m. | Long Jump | Men |
| 1:30 p.m. | Discus | Men |
| 1:30 p.m. | High Jump | Men |
| 3:00 p.m. | Triple Jump (East) | Women |
| 3:00 p.m. | Triple Jump (West) | Men |
| 3:30 p.m. | Pole Vault | Men |
| 4:00 p.m. | Discus | Women |

Running Events

| | | |
|------------|---------------------|-------|
| Noon | 4x100m Relay | Men |
| 12:10 p.m. | 4x100m Relay | Women |
| 12:15 p.m. | Heptathlon 800m | Women |
| 12:20 p.m. | Seniors Recognition | - |
| 12:45 p.m. | Decathlon 1500m | Men |
| 12:50 p.m. | 1500m Run | Men |
| 1:05 p.m. | 1500m Run | Women |
| 1:25 p.m. | 110m Hurdles | Men |
| 1:45 p.m. | 100m Hurdles | Women |
| 2:00 p.m. | 400m Dash | Men |
| 2:15 p.m. | 400m Dash | Women |
| 2:30 p.m. | 100m Dash | Men |
| 2:45 p.m. | 100m Dash | Women |
| 3:00 p.m. | 800m Run | Men |
| 3:15 p.m. | 800m Run | Women |
| 3:35 p.m. | 400m Hurdles | Men |
| 3:50 p.m. | 400m Hurdles | Women |
| 4:05 p.m. | 200m Dash | Men |
| 4:20 p.m. | 200m Dash | Women |
| 4:35 p.m. | 5000m Run | Men |
| 4:55 p.m. | 5000m Run | Women |
| 5:20 p.m. | 4x400m Relay | Men |
| 5:35 p.m. | 4x400m Relay | Women |