

CAROLINA

CAREER RECORDS

Total Points

	Games	Points	Avg
1. Ivory Latta (2004-07)	138	2,285	16.56
2. Tracy Reid (1995-98)	121	2,200	18.18
3. Tonya Sampson (1991-94)	123	2,143	17.42
4. Charlotte Smith (1992-95)	129	2,094	16.23
5. Pam Leake (1983-86)	124	2,001	16.14
6. Tresa Brown (1981-84)	121	1,931	15.96
7. Erlana Larkins (2005-08)	141	1,927	13.67
8. Deja Kelly (2020-2024)	121	1,858	15.36
9. Nikki Teasley (1998-2002)	125	1,822	14.58
10. Kathy Crawford (1980-83)	124	1,806	14.56

Scoring Average

	Games	Points	Avg
1. Tracy Reid (1995-98)	121	2,200	18.18
2. Paris Kea (2017-19)	91	1,637	18.00
3. Tonya Sampson (1991-94)	123	2,143	17.42
4. Marion Jones (1994-97)	102	1,716	16.82
5. Ivory Latta (2004-07)	138	2,285	16.56
6. Charlotte Smith (1992-195)	129	2,094	16.23
7. Dawn Royster (1984-87)	110	1,778	16.16
8. Pam Leake (1983-86)	124	2,001	16.14
9. Tresa Brown (1981-84)	121	1,931	15.96
10. Deja Kelly (2020-2024)	121	1,858	15.36

Field Goal Percentage (Min. 300 made)

	FGM	FGA	PCT
1. LaToya Pringle (2005-08)	418	722	.579
2. Erlana Larkins (2005-08)	717	1,265	.567
3. Tresa Brown (1981-84)	785	1,434	.547
4. Kathy Crawford (1980-83)	770	1,420	.542
5. Marion Jones (1994-97)	670	1,264	.530
6. Tracy Reid (1995-98)	886	1,679	.528
7. Chay Shegog (2009-12)	529	1,025	.516
8. Dawn Royster (1984-87)	745	1,445	.516
9. Sylvia Crawley (1991-94)	490	953	.514
10. Jessica Breland (2007-11)	619	1,239	.500
Stephanie Mavunga (2014-15)	363	726	.500

Three-Pointers Made

	Games	Makes
1. Ivory Latta (2004-07)	138	345
2. Stephanie Watts (2016-19, 2021)	108	275
3. Coretta Brown (2000-03)	131	251
4. Nikki Teasley (1998-2002)	125	236
5. Stephanie Lawrence (1992-95)	125	227
6. Italee Lucas (2008-11)	138	226
7. Jamie Cherry (2015-18)	129	222
8. Tonya Sampson (1991-94)	123	194
9. Brittany Rountree (2012-15)	139	170
10. Juana Brown (1998-2001)	124	168

Three-Pt. Percentage (Min. 70 made)

	3FGM	3FGA	PCT
1. Leah Church (2018-20)	95	242	.393
2. Ivory Latta (2004-07)	345	886	.389
3. Coretta Brown (2000-03)	251	661	.380
4. Heather Claytor (2006-09)	163	439	.371
5. Lexi Donarski (2023-25)	160	434	.369
6. Allisha Gray (2014-15)	118	328	.360
7. Camille Little (2004-07)	99	275	.360
8. Stephanie Lawrence (1992-95)	227	634	.358
9. LaQuanda Barksdale (1998-2001)	74	208	.356
10. Leah Sharp (1998-2001)	103	292	.353

Total Rebounds

	Games	Reb	Avg
1. Alyssa Ustby (2020-25)	150	1,269	8.50
2. Bernadette McGlade (1977-80)	121	1,251	10.34
3. Charlotte Smith (1992-95)	129	1,200	9.30
4. Erlana Larkins (2005-08)	141	1,173	8.32
5. Dawn Royster (1984-87)	110	1,108	10.07
6. Tracy Reid (1995-98)	121	1,065	8.80
7. Henrietta Walls (1980-83)	123	1,024	8.33
8. La'Tangela Atkinson (2003-06)	134	1,012	7.55
9. Janelle Bailey (2018-21)	114	1,010	8.86
10. LaQuanda Barksdale (1998-2001)	130	977	7.52

Rebounding Average

	Games	Reb	Avg
1. Bernadette McGlade (1977-80)	121	1,251	10.34
2. Dawn Royster (1984-87)	110	1,108	10.07
3. Charlotte Smith (1992-95)	129	1,200	9.30
4. Stephanie Mavunga (2014-15)	72	640	8.89
5. Janelle Bailey (2018-21)	114	1,010	8.86
6. Tracy Reid (1995-98)	121	1,065	8.80
7. Alyssa Ustby (2020-25)	150	1,269	8.50
8. Henrietta Walls (1980-83)	123	1,024	8.33
9. Erlana Larkins (2005-08)	141	1,173	8.32
10. La'Tangela Atkinson (2003-06)	134	1,012	7.55

Free Throw Percentage (Min. 100 made)

	FTM	FTA	PCT
1. Ivory Latta (2004-07)	476	568	.840
2. Jamie Cherry (2015-18)	458	566	.809
3. Shayla Bennett (2019-20)	163	204	.799
4. Brittany Rountree (2012-15)	165	208	.793
5. Eileen McCann (1981-84)	128	163	.785
6. Destinee Walker (2016-19)	123	157	.783
7. Alex Miller (2005-09)	103	132	.780
8. Nikki Teasley (1998-02)	384	493	.779
9. Diamond DeShields (2013-14)	104	134	.776
10. LeAnn Kennedy (1989-92)	269	348	.773

Assists

	Games	Asts	Avg
1. Nikki Teasley (1998-02)	125	728	5.82
2. Ivory Latta (2004-07)	138	599	4.34
3. Cetera DeGraffenried (2008-11)	139	589	4.24
4. Pam Leake (1983-86)	124	545	4.40
5. Coretta Brown (2000-03)	131	517	4.58
6. Pam Hammond (1982-85)	122	513	4.20
7. Emily Johnson (1989-92)	112	511	4.56
8. Leah Metcalf (2002-05)	130	500	3.85
9. Jamie Cherry (2015-18)	129	444	3.44
10. Marion Jones (1994-97)	102	403	3.95
Alyssa Ustby (2020-25)	150	403	2.69

Steals

	Games	Steals	Avg
1. Pam Leake (1983-86)	124	401	3.23
2. Tonya Sampson (1991-94)	123	390	3.17
3. Cetera DeGraffenried (2008-11)	139	371	2.67
4. Marion Jones (1994-95, 97)	102	334	3.27
5. Nikita Bell (2002-05)	133	322	2.42
6. Erlana Larkins (2005-08)	141	294	2.09
7. Nikki Teasley (1998-02)	125	280	2.24
8. Camille Little (2004-07)	138	277	2.01
9. Ivory Latta (2004-07)	138	257	1.86
10. Tracy Reid (1995-98)	121	247	2.04
Rashanda McCants (2006-09)	142	247	1.74

Blocks

	Games	Blocks	Avg
1. LaToya Pringle (2005-08)	138	336	2.43
2. Dawn Royster (1984-87)	110	329	2.99
3. Jessica Breland (2007-11)	142	295	2.08
4. Waltiea Rolle (2010-13)	122	262	2.15
5. Candace Sutton (2001-04)	126	208	1.65
6. Stephanie Mavunga (2014-15)	72	180	2.50
7. Chay Shegog (2009-12)	131	173	1.32
8. Alyssa Ustby (2020-25)	150	140	0.93
9. Gwendolyn Gillingham (1992-95)	114	126	1.11
10. Sylvia Crawley (1991-94)	124	123	0.99

CAROLINA

SINGLE-SEASON RECORDS

Points

	Games	Points	Avg
1. Pam Leake (1986)	31	695	22.41
2. Tracy Reid (1998)	33	687	20.82
3. Charlotte Smith (1995)	35	685	19.57
4. Dawn Royster (1985)	32	653	20.41
5. Diamond DeShields (2014)	36	648	18.00
6. Tresa Brown (1984)	31	646	20.84
7. Ivory Latta (2006)	35	645	18.43
8. Tonya Sampson (1993)	30	631	21.03
9. Marion Jones (1995)	35	628	17.94
10. Tracy Reid (1997)	30	623	20.76

Scoring Average

	Games	Points	Avg
1. Pam Leake (1986)	31	695	22.41
2. Tonya Sampson (1993)	30	631	21.03
3. Tresa Brown (1984)	31	646	20.84
4. Tracy Reid (1998)	33	687	20.82
5. Tracy Reid (1997)	30	623	20.76
6. Dawn Royster (1985)	32	653	20.41
7. Kathy Wilson (1988)	27	547	20.26
8. Pam Leake (1985)	31	620	20.00
9. Charlotte Smith (1995)	35	685	19.57
10. Paris Kea (2018)	31	601	19.38

Field Goal Percentage (Min. 4 FGM/game)

	FG	FGA	PCT
1. Kathy Crawford (1983)	248	398	.623
2. Erlana Larkins (2005)	181	297	.609
3. Maria Gakdeng (2025)	142	242	.587
4. LaToya Pringle (2008)	174	298	.584
5. Erlana Larkins (2006)	180	317	.569
6. Erlana Larkins (2007)	182	321	.567
7. Kathy Crawford (1982)	176	311	.566
8. Tresa Brown (1983)	207	369	.561
Tresa Brown (1984)	272	485	.561
10. Sylvia Crawley (1994)	195	354	.551

Rebounds

	Games	Reb.	Avg
1. Bernadette McGlade (1980)	36	386	10.72
2. Dawn Royster (1985)	32	379	11.84
3. Charlotte Smith (1995)	35	376	10.74
4. Erlana Larkins (2007)	38	349	9.18
5. Stephanie Mavunga (2015)	35	336	9.60
6. LaQuanda Barksdale (2001)	29	334	11.52
7. Erlana Larkins (2008)	35	331	9.46
8. Bernadette McGlade (1979)	32	318	9.94
9. Tracy Reid (1998)	33	312	9.45
Alyssa Ustby (2024)	33	312	9.45
Alyssa Ustby (2025)	33	312	9.45
10. Charlotte Smith (1994)	33	304	9.21
Tracy Reid (1997)	30	304	10.13
Stephanie Mavunga (2014)	37	304	8.22

Rebounding Average

	FGM	FGA	PCT
1. Bernadette McGlade (1977)	24	297	12.38
2. Dawn Royster (1985)	32	379	11.84
3. LaQuanda Barksdale (2001)	29	334	11.52
4. Charlotte Smith (1995)	35	376	10.74
5. Bernadette McGlade (1980)	36	386	10.72
6. Tracy Reid (1997)	30	304	10.13
7. Bernadette McGlade (1979)	32	318	9.94
8. Dawn Royster (1987)	29	288	9.93
9. Laura Broomfield (2012)	26	256	9.85
10. Stephanie Mavunga (2015)	35	336	9.60

Free Throws Made

	FT	FTA	Avg
1. Charlotte Smith (1995)	174	267	.652
2. Cetera DeGraffenreid (2010)	173	218	.794
3. Tierra Ruffin-Pratt (2013)	168	241	.697
4. Deja Kelly (2024)	163	235	.694
5. LaToya Pringle (2008)	161	215	.749
Jamie Cherry (2016)	161	198	.813
7. Cetera DeGraffenreid (2009)	159	211	.754
8. Tracy Reid (1998)	152	250	.680
9. Chanel Wright (1999)	139	192	.724
10. Ivory Latta (2006)	138	162	.852

Free Throw Percentage (Min. 2.5/game)

	FGM	FGA	PCT
1. Ivory Latta (2005)	132	153	.863
Nikki Teasley (2002)	132	153	.863
3. Deja Kelly (2022)	133	155	.858
4. Ivory Latta (2007)	112	131	.855
5. Ivory Latta (2006)	138	162	.852
6. Coretta Brown (2003)	90	108	.833
7. Jamie Cherry (2018)	131	158	.829
8. Erlana Larkins (2005)	134	163	.822
9. Tonya Sampson (1994)	121	148	.818
10. Tresa Brown (1984)	102	125	.816

Three-Pointers Made

	Games	3FG	3FGA
1. Ivory Latta (2007)	38	107	266
2. Coretta Brown (2002)	35	99	251
3. Ivory Latta (2005)	34	92	232
4. Coretta Brown (2003)	34	88	223
5. Lexi Donarski (2025)	37	86	216
6. Ivory Latta (2006)	35	85	212
7. Stephanie Watts (2019)	27	82	220
8. Stephanie Watts (2017)	26	81	249
9. Italee Lucas (2011)	37	79	235
10. Nikki Teasley (2002)	33	77	209

Three Point FG Percentage (Min. 40 made)

	3FG	3FGA	PCT
1. Heather Claytor (2006)	41	91	.451
2. Alisha Gray (2014)	64	153	.418
3. Brittany Rountree (2012)	43	103	.417
4. Reniya Kelly (2025)	40	97	.412
5. Paris Kea (2018)	62	153	.405
Stephanie Lawrence (1994)	60	148	.405
7. Stephanie Lawrence (1992)	43	107	.402
8. Ivory Latta (2007)	107	266	.402
9. Ivory Latta (2006)	85	212	.401
10. Juana Brown (1999)	64	160	.400

Assists

	Games	Assists	Avg
1. Nikki Teasley (1999)	36	211	5.86
2. Coretta Brown (2001)	29	193	6.65
3. Nikki Teasley (2002)	33	189	5.73
4. Ivory Latta (2006)	35	181	5.17
5. Cetera DeGraffenreid (2011)	37	176	4.76
6. Pam Hammond (1985)	32	169	5.28
7. Marion Jones (1995)	32	168	4.80
8. Nikki Teasley (1998)	30	166	5.53
9. Pam Leake (1986)	31	165	5.32
10. Emily Johnson (1992)	31	163	5.26

Steals

	Games	Assists	Avg
1. Linda Matthews (1979)	30	127	4.23
2. Pam Leake (1986)	31	125	4.03
3. Marion Jones (1995)	35	124	3.54
4. Tonya Sampson (1994)	34	119	3.50
Pam Leake (1985)	31	119	3.82
6. Marion Jones (1994)	35	111	3.70
Tonya Sampson (1993)	30	111	3.70
8. Nikita Bell (2005)	34	105	3.09
9. Cetera DeGraffenreid (2009)	35	100	2.86
10. Cetera DeGraffenreid (2010)	31	99	3.19
Camille Little (2007)	38	99	2.61
Marion Jones (1997)	32	99	3.09

Blocked Shots

	Games	Blocks	Avg
1. LaToya Pringle (2007)	38	121	3.18
2. Dawn Royster (1985)	32	114	3.56
3. Jessica Breland (2009)	35	108	3.09
4. LaToya Pringle (2008)	35	95	2.71
5. Dawn Royster (1987)	29	90	3.10
6. Stephanie Mavunga (2014)	37	90	2.43
Stephanie Mavunga (2015)	35	90	2.57
8. Waltiea Rolle (2013)	35	89	2.54
9. Dawn Royster (1984)	32	84	2.63
10. Waltiea Rolle (2011)	37	82	2.22