





CAROLINA

GYMNASTICS



ROSTER BY CLASS

SENIORS (5)

Lali Dekanoidze
Julia Knowler
Bella Miller
Isabelle Schaefer
Taylor Schulze

JUNIORS (5)

Gwen Fink
Kaya Forbes
Paige Prejean
Claire Stippich
Amy Wozniak

SOPHOMORES (5)

Elly King
Neve King
Jessica Naranjo
Molly Neinstein
Cami Rueda

FIRST-YEARS (3)

TaeLyn Canty
Regan McBride
JoJo Valahovic



ALPHABETICAL ROSTER

Name	Cl.	Ht.	Pronouns	Hometown / Last School
TaeLyn Canty	Fr.	4-11	She/Her	San Antonio, Texas / Mountain View High School
Lali Dekanoidze	Sr.	5-3	She/Her	Matthews, N.C. / Weddington High School
Gwen Fink	Jr.	5-2	She/Her	Fort Mill, S.C. / Nation Ford High School
Kaya Forbes	Jr.	5-2	She/Her	Gonzales, La. / Dutchtown High School
Elly King	So.	5-1	She/Her	The Woodlands, Texas / The Woodlands College Park
Neve King	So.	5-1	She/Her	The Woodlands, Texas / The Woodlands College Park
Julia Knowler	Sr.	5-6	She/Her	Mandeville, La. / Archbishop Hannan School
Regan McBride	Fr.	5-3	She/Her	Columbia, Mo. / Rock Bridge High School
Bella Miller	Sr.	5-6	She/Her	Coral Springs, Fla. / Marjory Stoneman Douglas
Jessica Naranjo	So.	4-11	She/Her	Hialeah, Fla. / Marjory Stoneman Douglas
Molly Neinstein	So.	4-10	She/Her	Calabasas, Calif. / deToledo High School
Paige Prejean	Jr.	5-5	They/Them	Houston, Texas / Homeschooled
Cami Rueda	So.	5-2	She/Her	Salem, N.H. / Central Catholic High School
Isabelle Schaefer	Sr.	5-1	She/Her	Charlotte, N.C. / Cannon School
Taylor Schulze	Sr.	5-3	She/Her	San Antonio, Texas / Brown University
Claire Stippich	Jr.	5-2	She/Her	Hartland, Wisc. / University of Kentucky
JoJo Valahovic	Fr.	5-0	She/Her	Sagamore Hills, Ohio / Walsh Jesuit High School
Amy Wozniak	Jr.	5-3	She/Her	Wheaton, Ill. / Wheaton North High School

COACHING STAFF

Head Coach: Danna Durante (Fourth season, Arizona State University '95)
Associate Head Coach: Marie Case Denick (Eighth season, Kent State University '14)
Assistant Coach: Sami Durante (Second season, Louisiana State University '22)
Assistant Coach: Matt DeGrandpre (First season, Springfield College '20)

SUPPORT STAFF

Team Manager: Zoe Bender	Strength & Conditioning: Erik Hernandez
Team Manager: Caroline Daniels	Academic Counselor: Harley Martin
Team Manager: Zaria McCarter	Nutritionist: Allison Keim
Sport Administrator: Martina Ballen	Sports Information: Chandler Brandes
Sport Administrator: Tom Livers	Marketing Coordinator: Elizabeth DeCorte
Head Athletic Trainer: Nina Walker	Event Management: Sophia Campana
Athletic Trainer GA: Rhyann Creighton	Arena Manager: Sydney Truehart

PRONUNCIATION GUIDE

Lali Dekanoidze	LAL-ee Deck-AH-noidz-eh	Jessica Naranjo	NUH-rahn-hoe
Danna Durante	DAN-nuh der-RAN-tee	Molly Neinstein	NINE-steen
Sami Durante	der-RAN-tee	Paige Prejean	PRAY-jahn
Kaya Forbes	KY-yuh (like 'tie')	Cami Rueda	REW-A-duh
Neve King	NEV (not 'neev')	Taylor Schulze	Schultz w/o the "t"
Julia Knowler	KNOW-er	Claire Stippich	STIP-ick
		JoJo Valahovic	VAL-uh-HOE-vick
		Amy Wozniak	WOZ-knee-ak





2025 SCHEDULE

Date	Opponent	Location
Mon., Dec. 16	Blue & White (Exh.)	Chapel Hill, NC
Fri., Jan. 10	at Alabama	Tuscaloosa, AL
Fri., Jan. 17	George Washington	Chapel Hill, NC
Fri., Jan. 24	NC State *	Chapel Hill, NC
Fri., Jan. 31	at Stanford *	Stanford, CA
Sun., Feb. 9	Clemson *	Chapel Hill, NC
Fri., Feb. 14	at Pitt *	Pittsburgh, PA
Fri., Feb. 21	at NC State *	Raleigh, NC
Sun., Feb. 23	vs. Oklahoma ^	Fort Worth, TX
Fri., Feb. 28	Penn, Temple, Yale	Chapel Hill, NC
Sun., March 9	vs. Alabama, Cal *, Michigan State #	Huntsville, AL
Fri., March 14	Western Michigan	Chapel Hill, NC
Sat., March 22	ACC Championships	Greensboro, NC
April 2-6	NCAA Regionals	TBD
April 17-19	NCAA Championships	Fort Worth, TX

Home meets in **bold** and held at Carmichael Arena

* denotes ACC contest

^ Metroplex Challenge

Elevate the Stage

All times TBD and subject to change

Visit GoHeels.com for schedule updates

