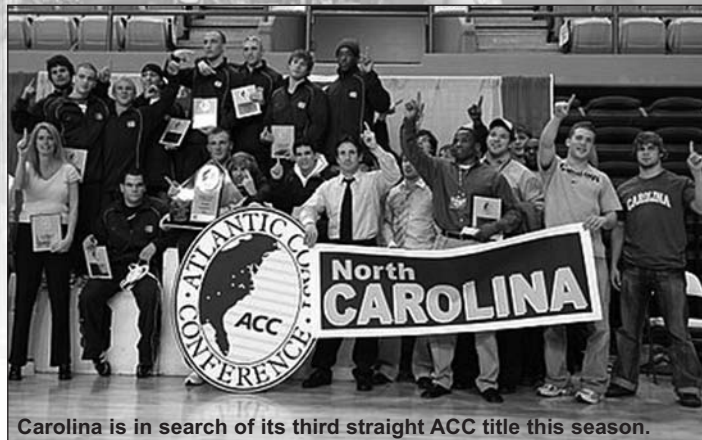


## TABLE OF CONTENTS

2006-07 Schedule	Page 2
2006-07 Roster	Page 3
2006-07 Outlook	Pages 4-5
Coaching Staff	Pages 6-7
Wrestling Endowment	Page 8
Carolina Wrestling Club/Heavyweight Club	Page 9
Athletic Administration	Page 10
Student-Athlete Services	Page 11
Student-Athlete Profiles	Pages 12-17
2005-06 Results	Page 18
All-Time Honor Roll	Page 19
Individual Records	Page 20
Coaching Records	Page 21
Tar Heel Tradition	Page 22
Year-By-Year Results	Pages 23-25
All-Time Letterwinners	Page 26
Athletic Heritage	Page 27
The University	Pages 28-29
Chapel Hill	Pages 30-31



Carolina is in search of its third straight ACC title this season.

<b>2005-06 Dual Record:</b>	16-8-1
<b>2005-06 ACC Record (Finish):</b>	3-2-1 (Third)
<b>2006 ACC Championships Finish:</b>	First (90.5 points)
<b>2006 ACC Champions:</b>	3/Jared Royer (133), Garrett Atkinson (165), Alex Maciag (174)
<b>2006 NCAA Championships Finish:</b>	47th (4.5 points)
<b>Returning All-Americans:</b>	1/Evan Sola (133), 2003 and 2005
<b>Starters Returning/Lost:</b>	9/1
<b>Letterwinners Returning/Lost:</b>	11/4
<b>Athletic Training Staff:</b>	Sally Mays, head athletic trainer; Dan Kontos, graduate assistant athletic trainer; Ashley Cole, graduate assistant athletic trainer; Dr. Alex Creighton, orthopaedic surgeon; Dr. Greg Tuttle, primary care physician

## UNC ATHLETIC COMMUNICATIONS

<b>Associate A.D. for Athletic Communications:</b>	Steve Kirschner
<b>Assistant Director (wrestling contact):</b>	John Martin
<b>Email Address:</b>	johnmartin@unc.edu
<b>Martin's Phone:</b>	(919) 962-0084
<b>Office Fax:</b>	(919) 843-2309
<b>Mailing Address:</b>	P.O. Box 2126, Chapel Hill, NC 27515

## NOTE TO THE MEDIA

Members of the media seeking further information on the North Carolina wrestling program or wishing to conduct interviews with the coaches or student-athletes should contact John Martin at (919) 962-0084 or johnmartin@unc.edu.



## TarHeelBlue.com

Media and fans can follow the Carolina wrestling team and the rest of the UNC athletic program from anywhere in the world on the official site of North Carolina athletics.

TarHeelBlue.com offers schedules, rosters, results and more for all 28 of Carolina's varsity sports.

## SUPPORTING CAROLINA WRESTLING



The University of North Carolina has a long-term agreement with Nike, which provides UNC teams with shoes, apparel, equipment bags and other products. The contract, signed in 1994 and again in 1997, was extended for a period of eight more years beginning in July 2002. In addition to Nike products, the agreement provides \$100,000 annually to the Chancellor's Academic Enhancement Fund for undergraduate teaching and \$100,000 annually to the UNC athletic department to reward Olympic sport programs and coaches for academic and athletic excellence.

## UNIVERSITY OF NORTH CAROLINA

<b>Location:</b>	Chapel Hill, N.C.
<b>Chartered:</b>	1789
<b>Enrollment:</b>	26,878
<b>Chancellor:</b>	Dr. James Moeser
<b>Director of Athletics:</b>	Dick Baddour
<b>Affiliation:</b>	NCAA Division I
<b>Conference:</b>	Atlantic Coast Conference
<b>Nickname:</b>	Tar Heels
<b>Mascot:</b>	Rameses (a ram)
<b>Colors:</b>	Carolina Blue and White
<b>Athletic Department Web Site:</b>	TarHeelBlue.com

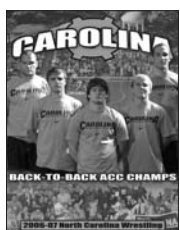
## CAROLINA WRESTLING INFORMATION

<b>Head Coach:</b>	C.D. Mock (North Carolina, 1982)
<b>Record at UNC:</b>	27-28-1 (Fourth season)
<b>Overall Record:</b>	Same
<b>Office Phone:</b>	(919) 962-5212
<b>Office Fax:</b>	(919) 962-1646
<b>Assistant Coach:</b>	Glen Lanham (Tennessee, 1988)
<b>Year at UNC:</b>	Fourth
<b>Assistant Coach:</b>	A.J. Grant (Michigan, 2003)
<b>Year at UNC:</b>	Third
<b>Assistant Coach:</b>	DeWitt Driscoll (Penn State, 2006)
<b>Year at UNC:</b>	First
<b>Office Phone:</b>	(919) 962-5217
<b>Student Assistant Coach:</b>	Ben Connell
<b>Home Arena:</b>	Carmichael Auditorium
<b>Arena Capacity:</b>	10,800
<b>ACC Championships:</b>	17: 1979, '80, '84, '85, '86, '87, '92, '93, '94, '95, '97, '98, '99, 2000, '03, '05, '06

### 2006-07 CAROLINA WRESTLING GUIDE

The 2006-07 UNC wrestling media guide was edited by John Martin, Assistant Director of Athletic Communications, with assistance from the UNC Athletic Communications staff. Covers designed by Martin.

Credits: Headshots, action photos and all cover shots by Jeffrey A. Camarati. Special thanks to Dan Sears, Justin Smith and Peyton Williams. Printing by Theo Davis Printing of Zebulon, N.C.



## 2006-07 Schedule Carolina Wrestling

DATE	DAY	OPPONENT	SITE	TIME
Nov. 12	Sun.	Michigan State Open	East Lansing, Mich.	All Day
Nov. 18	Sat.	ACC/Big Ten Clash	Chapel Hill, N.C.	All Day
Dec. 3	Sun.	Nittany Lion Open	State College, Pa.	All Day
Dec. 29-30	Fri.-Sat.	Southern Scuffle	Greensboro, N.C.	All Day
Jan. 6	Sat.	Lone Star Duals	Grand Prairie, Texas	All Day
Jan. 13	Sat.	at Maryland*	College Park, Md.	Noon
Jan. 13	Sat.	vs. Illinois	College Park, Md.	1:30 p.m.
Jan. 19	Fri.	NC State*	Chapel Hill, N.C.	7 p.m.
Jan. 20	Sat.	Navy	Chapel Hill, N.C.	1 p.m.
Jan. 26	Fri.	Virginia*	Chapel Hill, N.C.	7 p.m.
Jan. 27	Sat.	Virginia Tech*	Chapel Hill, N.C.	1 p.m.
Jan. 30	Tue.	at Duke*	Durham, N.C.	7 p.m.
Feb. 7	Wed.	at NC State*	Raleigh, N.C.	7 p.m.
Feb. 18	Sun.	vs. VMI	Charleston, S.C.	3 p.m.
Feb. 18	Sun.	at The Citadel	Charleston, S.C.	5 p.m.

### 2007 ACC CHAMPIONSHIPS

Mar. 3 ACC Championships Raleigh, N.C.



### 2007 NCAA CHAMPIONSHIPS

Mar. 15-17 NCAA Championships Auburn Hills, Mich.



\* Indicates regular-season Atlantic Coast Conference matches  
All home matches held in Carmichael Auditorium

### DIRECTONS TO CARMICHAEL AUDITORIUM

**From Raleigh Durham International Airport and points east:**

- Take I-40 West to exit 273A. Follow 54 West toward Chapel Hill. After passing under the 15-501 overpass, the road will go up a hill and into campus. Carmichael Auditorium will be on your left, adjacent to intramural playing fields and shortly after the traffic light at the corner of campus.

**From points north of Chapel Hill:**

- Follow I-85 South toward Durham. At exit 174, stay in the left-hand lane to get on 15-501 South. Follow 15-501 South to the Highway 54 junction, where you will exit to the right, following signs for the UNC campus. Proceed up the hill into campus. Carmichael will be on your left.

**From points west of Chapel Hill:**

- Take I-85 North to I-40 East. Follow I-40 East to exit 270, 15-501 South. Follow 15-501 South into Chapel Hill and follow directions from points north.

**From points south of Chapel Hill:**

- Take I-77 North to I-85 North, then follow directions from points west.

The home of the Tar Heels, Carmichael Auditorium.



Peyton Williams



# Carolina Wrestling 2006 -07 Roster

## BREAKDOWN BY WEIGHT

### 125 pounds

Drew Forshey  
Mike Rappo  
Jeremy Shaw

### 133 pounds

Jared Royer  
Bobby Shaw  
Evan Sola

### 141 pounds

Vincent Ramirez  
Nick Stabile

### 149 pounds

Keenan Duffee  
Rudy Moures  
Chris Ramos  
Gregg Romano

### 157 pounds

Brian Bagglio  
Ben Fiacco  
Jake Forestiere  
Thomas Scotton

### 165 pounds

Keegan Mueller  
Philip Ramirez

### 174 pounds

Ricky Jackson  
Alex Maciag  
Jake Puckett

### 184 pounds

Justin Dobies  
Daniel Llamas  
Robert McCarthy

### 197 pounds

David Dashiell  
Dennis Drury

### Heavyweight

Dan Goetter  
Spencer Nadolsky

NAME	WT.	YR.	HT.	HOMETOWN (HIGH SCHOOL/COLLEGE)
Brian Baglio	157	Sr.-RS	5-9	York Haven, Pa. (Redland)
David Dashiell	197	Sr.-RS	5-9	Chesapeake, Va. (Great Bridge)
Justin Dobies	184	Jr.	5-11	Garfield Heights, Ohio (Garfield Heights)
Dennis Drury	197	Fr.-RS	6-2	Jenkintown, Pa. (Germantown Academy)
Keenan Duffie	149	Fr.	5-8	Davison, Mich. (Davison)
Ben Fiacco	157	Fr.-RS	5-9	Acworth, Ga. (Harrison/Old Dominion)
Jake Forestiere	157	So.	5-10	Yorktown, Va. (Tabb/Old Dominion)
Drew Forshey	125	Jr.-RS	5-5	Hickory, N.C. (St. Stephens)
Dan Goetter	Hwt.	Fr.-RS	6-4	Perkasie, Pa. (Pennridge)
Ricky Jackson	174	So.	5-10	Norwood, N.C. (South Stanly)
Daniel Llamas	184	So.-RS	5-11	Durham, N.C. (Riverside)
Alex Maciag	174	Jr.	6-0	Sussex, N.J. (Blair Academy)
Robert McCarthy	184	Fr.-RS	5-11	Hartland, Mich. (Hartland)
Rudy Moures	149	Fr.	5-9	Bethesda, Md. (Whitman)
Keegan Mueller	165	Jr.	5-10	Dallas, Texas (Highland Park/Ohio State)
Spencer Nadolsky	Hwt.	Sr.-RS	6-1	Holland, Mich. (West Ottawa/Michigan State)
Jake Puckett	174	So.-RS	5-8	Charlotte, N.C. (Independence)
Philip Ramirez	165	Fr.-RS	5-11	Durham, N.C. (Riverside)
Vincent Ramirez	141	So.-RS	5-8	Durham, N.C. (Riverside)
Chris Ramos	149	Jr.	5-7	Mohnton, Pa. (Governor Mifflin)
Mike Rappo	125	Fr.	5-7	Holland, Pa. (Council Rock South)
Gregg Romano	149	Jr.	5-8	Annandale, N.J. (Blair Academy/Nebraska)
Jared Royer	133	So.-RS	5-7	Cumberland, Pa. (Cedar Cliff)
Thomas Scotton	157	Fr.	5-8	Willingboro, N.J. (Willingboro)
Bobby Shaw	133	Sr.-RS	5-7	Newark, Del. (St. Mark's)
Jeremy Shaw	125	Fr.	5-6	Newark, Del. (St. Mark's)
Evan Sola	133	Sr.-6th	5-9	Wernersville, Pa. (Conrad Weiser)
Nick Stabile	141	Fr.	5-9	Lenhartsville, Pa. (Hamburg)

**Head Coach:** C.D. Mock (Fourth Season)

**Assistant Coach:** Glen Lanham (Fourth Season)

**Assistant Coach:** A.J. Grant (Third Season)

**Assistant Coach:** DeWitt Driscoll (First Season)

**Student Coach:** Ben Connell (Second Season)

Peyton Williams

## BREAKDOWN BY CLASS

### Seniors (5)

Brian Baglio	157
David Dashiell	197
Spencer Nadolsky	Hwt.
Bobby Shaw	125
Evan Sola	133

### Juniors (6)

Justin Dobies	184
Drew Forshey	125
Alex Maciag	174
Keegan Mueller	157
Chris Ramos	149
Gregg Romano	149

### Sophomores (6)

Jake Forestiere	149
Ricky Jackson	184
Daniel Llamas	184
Jake Puckett	165
Vincent Ramirez	141
Jared Royer	133

### Freshmen (11)\*

Dennis Drury*	197
Keenan Duffie	149
Ben Fiacco*	165
Dan Goetter*	Hwt.
Robert McCarthy*	174
Rudy Moures	149
Philip Ramirez*	157
Mike Rappo	133
Thomas Scotton	157
Jeremy Shaw	125
Nick Stabile	141

\* Indicates redshirt freshman.





Carolina returns seven wrestlers with NCAA Championships experience in 2006-07. Left to right: Vincent Ramirez, David Dashiell, Jared Royer, Spencer Nadolsky, Evan Sola, Alex Maciag and Drew Forshey.

With back-to-back Atlantic Coast Conference championship trophies in his office and nine returning starters back in the fold, North Carolina wrestling head coach C.D. Mock has expectations at their highest since his senior season of 1982 – a year that saw the Tar Heels post a program-best fifth-place finish at the NCAA Championships.

“I’m not usually this optimistic and I like to play it low, but the reality is we’re looking for five All-Americans this year,” says Mock, who has won ACC Coach of the Year honors in each of the last two seasons.

“If we have five All-Americans, we should be in the top 10. That’s a lofty goal. That’s a high goal for us, but it’s realistic. If we go into that NCAA Tournament healthy, and we will have them ready physically, if they are ready mentally – and I think they will be – we should be in the top 10.”

Carolina has only finished in the top 10 at nationals five times in its history and not since an eighth-place showing in 1995. But Mock believes he has the talent and depth to make a move on the national scene. “This may be the deepest team Carolina has ever had,” Mock

says.

But in addition to talent and depth, Mock sees something special in this year’s squad. “This is as close as a team in personality, style and character as I had here at Carolina many, many years ago,” says the 1982 NCAA champion at 134 pounds. “We just had a tremendous chemistry. That team finished fifth in the country, which is the highest any team in Carolina history has placed, and I think the dynamics of that team had a lot to do with how well we did.”

This year’s edition of the Tar Heels has one returning All-America on their roster in Evan Sola, who placed sixth at 133 pounds in 2005. He missed much of last season with a shoulder injury and received a sixth year of eligibility. Sola is a two-time All-America and ACC Wrestler of the Year and is just three wins shy of 10th on the Tar Heels’ career list. Sola will only wrestle during the spring semester.

In addition to Sola, Carolina returns six more grapplers with NCAA Championship experience – David Dashiell, Drew Forshey, Alex Maciag, Spencer Nadolsky, Vincent Ramirez and Jared Royer. The Tar Heels also have five returning ACC champions this season in Dashiell, Forshey, Maciag, Sola and Royer.

Big things are expected from Nadolsky this season after winning 42 bouts a year ago for the third-most victories in UNC history. He is rated No. 6 nationally at heavyweight by Wrestling International Newsmagazine and finished one victory shy of All-America honors a year ago.

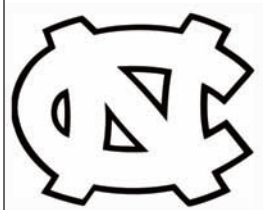
Nadolsky is joined in the preseason W.I.N. rankings by Sola, who is seventh at 133, Dashiell, who is 15th at 197, and Ramirez, who checks in at No. 16 at 141. Nadolsky (fourth), Sola (seventh) and Dashiell (16th) are also ranked by InterMat in the preseason.

Other returning starters for UNC include seniors Brian Baglio (157) and Bobby Shaw (133), as well as juniors Justin Dobies (184) and Chris Ramos (149). Redshirt freshmen Dennis Drury (197) and Dan Goetter (HWT) will also see extensive action as back ups to Dashiell and Nadolsky.

Mock and his staff also brought in a talented



## INAUGURAL ACC/BIG TEN CLASH NOV. 18, 2006 • CARMICHAEL AUDITORIUM



**Noon**

North Carolina vs. Purdue  
NC State vs. Wisconsin  
Virginia vs. Northwestern



**2 p.m.**

North Carolina vs. Northwestern  
NC State vs. Purdue  
Virginia vs. Wisconsin

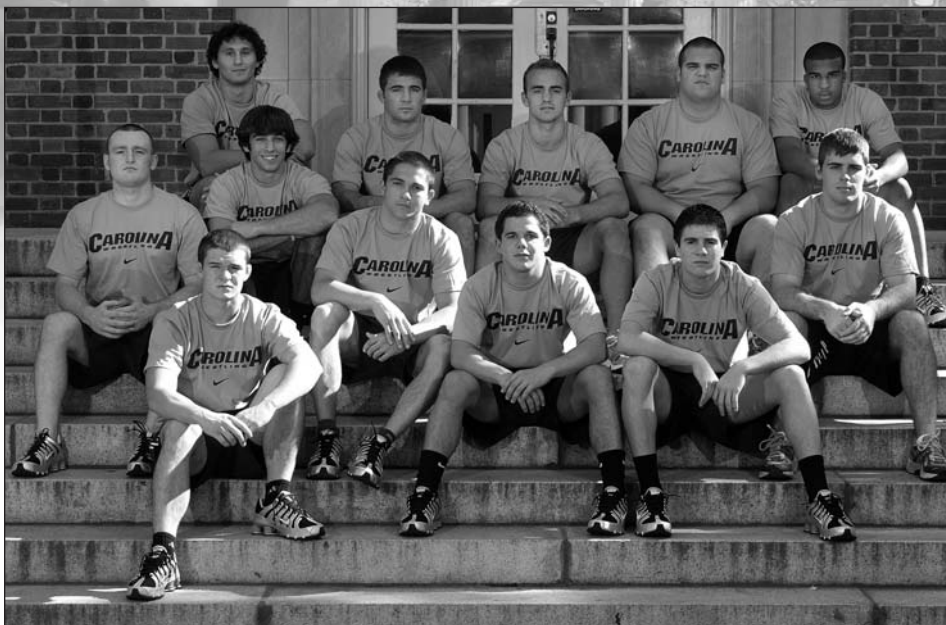


**4 p.m.**

North Carolina vs. Wisconsin  
NC State vs. Northwestern  
Virginia vs. Purdue







**Carolina's crop of newcomers was rated among the nation's top 20 by InterMat Wrestling. Front: Keenan Duffie, Rudy Moures, Jeremy Shaw, Mike Rappo, Brian Sheehan. Back: Gregg Romano, Jake Forestiere, Nick Stabile, Ben Fiacco, Keagan Mueller, Evan Raczkowski, Thomas Scotton.**

recruiting class, which was ranked 20th nationally by InterMat. Transfers Gregg Romano (149), Ben Fiacco (157) and Keagan Mueller (165) will compete for time on the mat immediately.

The Tar Heels will need a talent-filled roster to compete in the "new" ACC, which continues to improve in the sport of wrestling. "The ACC is changing radically," says Mock. "It's getting very, very strong in wrestling. It's known throughout the country and is a conference that a lot of the country is talking about. Our biggest problem now is qualifiers and trying to get more qualifiers to go to nationals."

Carolina and fellow ACC members NC State and Virginia will get a chance to square off against some of the nation's best in Chapel Hill at the first annual ACC/Big Ten Clash, set for Nov. 18 at Carmichael Auditorium. The ACC schools will square off against Northwestern, Purdue and Wisconsin of the Big Ten in a dual match event.

"It's going to be a tremendous event," says Mock. "This is going to be an annual event held here. You don't get Big Ten schools down here very often. This is an event that will bring some of the best schools in the country from the best conference in the country down to North Carolina and hopefully we can make a good showing."

## 125 POUNDS

Junior Drew Forshey is the expected starter at 125 pounds for the Tar Heels, and "he absolutely has the potential to be an All-America this year," says Mock. Forshey won an ACC title as a sophomore in 2005 and returns to the mat this season after redshirting last year. He went 13-4 in early season action in 2005-06.

Potential backups for Forshey include freshmen Jeremy Shaw and Mike Rappo. Shaw is the younger brother of UNC senior Bobby Shaw, while Rappo wrestled at the same high school as Mock.

## 133 POUNDS

Two-time All-America Evan Sola will be the starter at 133 in the spring semester. He is back for a sixth season after dealing with a knee injury in 2004 and a shoulder injury a year ago. Sola is ranked among the nation's best in his weight class and should be in the mix for a third All-America honor this spring. "It's hard to predict national champions, but if Evan stays healthy and goes out there and has a good tournament, he could win it," says Mock.

Senior Bobby Shaw and sophomore Jared Royer, last year's ACC champion at 133, make this one of Carolina's deepest weight classes. They will wrestle in this spot until Sola returns in January.

## 141 POUNDS

Sophomore Vincent Ramirez, who won the seventh most bouts in a single season in UNC history a year ago, returns as the starter at 141 for the Tar Heels. He earned All-ACC honors with a runner-up finish at the conference championships and gained valuable experience with a trip to NAAs. "Vincent is one of those guys with unfinished business," says Mock. "He went to nationals last year and did not wrestle well. I think he was in awe of the thing, and I think he's on a mission right now."

Freshman Nick Stabile out of Lenharsville, Pa., will back up Ramirez.

## 149 POUNDS

The Tar Heels will have two quality options at 149 pounds – junior Chris Ramos or Nebraska transfer Gregg Romano, who was one of the top recruits in the country out of high school. Ramos owns a 32-29 career record at UNC, while Romano went 14-9 in limited action with the Huskers over the last two seasons.

Rookies Keenan Duffie and Rudy Moures will add depth at 149.

## 157 POUNDS

At 157, Carolina will turn to either senior Brian Baglio or redshirt freshman transfer Ben Fiacco, who joins the Tar Heels out of Old Dominion. Baglio owns a 43-42 career record and has spent time in the UNC starting lineup throughout his career. Fiacco was a prep All-America out of Ackworth, Ga., before going 7-6 at ODU last season.

Other newcomers at 157 include freshman Thomas Scotton and Jake Forestiere, a second transfer from Old Dominion.

## 165 POUNDS

Talented Ohio State transfer Keegan Mueller is the Tar Heels' likely starter at 165 pounds. In 2004-05, he saw significant time on the mat for the Buckeyes and went 4-4 in Big Ten dual matches.

Redshirt freshman Philip Ramirez will also contend for spot after shoulder surgery sidelined him a year ago.

## 174 POUNDS

ACC champ and NCAA qualifier Alex Maciag is back as Carolina's starter at 174 for a third straight season. He went 24-15 a year ago and owns a career mark of 41-32. According to Mock, Maciag has been a "solid guy for the last two years in that spot and there is no reason that Alex should not be an All-America this season."

## 184 POUNDS

With junior Justin Dobies likely redshirting at 184, that leaves sophomore Daniel Llamas and redshirt freshman Robert McCarthy to battle it out for the starting spot. Llamas went 1-1 in limited action a year ago, and McCarthy was 7-8 wrestling unattached last season.

## 197 POUNDS

All-America candidate David Dashiell is back as a senior starter at 197 pounds. He is a three-time NCAA qualifier, a two-time ACC champion and needs just 11 wins to reach 100 for his career. Last season, Dashiell was 33-13 overall and 14-5 in duals.

Talented redshirt freshman Dennis Drury will back up Dashiell and will see some mat time, according to Mock. Drury went 15-7 wrestling unattached last season.

## HEAVYWEIGHT

Senior Spencer Nadolsky is back at heavyweight after winning 42 bouts a year ago to rank third on UNC's single-season list. He was an impressive 20-1 in duals, picked up 11 pins and fell just one win shy of All-America honors at the NCAA Championships. "Spencer could be in the finals this year," says Mock. "He was one match away from being an All-America last year in a very controversial match. He should be an All-America and could be in the finals."

Redshirt freshman Dan Goetter will see some time behind Nadolsky. He went 10-9 in unattached action last season and earned All-America honors in April with a fifth-place finish at the University Freestyle Nationals.



**C.D. Mock**  
Head Coach  
Fourth Season  
North Carolina, 1982

- **TWO-TIME ACC COACH OF THE YEAR (2005, 2006)**
- **TWO-TIME ACC CHAMPIONS (2005, 2006)**
- **NCAA CHAMPION (1982)**

C.D. Mock, a 1982 Carolina graduate, is in his fourth season as head coach of the University of North Carolina wrestling program. The 2005 and 2006 Atlantic Coast Conference Coach of the Year, Mock was named head coach on Sept. 30, 2002, and assumed the duties of head coach with the retirement of 30-year veteran a Bill Lam following the 2002-03 season.

In three short years, Mock has led a revitalization of the Tar Heel program and has captured back-to-back ACC titles over the last two seasons. In 2006, Carolina posted a 16-8-1 dual record for its most victories since 1989.

In 2005, Mock also guided two-time All-America Evan Sola to a sixth-place finish at 133 pounds, which was good for a 24th-place team finish at the NCAA Championships and the Tar Heels' best national showing since 1997.

In addition, Mock mentored three ACC champions last season and has coached a total of nine conference champions in his three years as head coach.

Mock, who owns an 27-28-1 dual match record, has scheduled some of the nation's top teams over the last three seasons and, along with his staff, has recruited some of the country's top high school talent to Chapel Hill.

Prior to the 2003-04 season, Mock worked as an assistant coach for Lam for three years and was involved in all aspects of Carolina wrestling. He was an integral part of the 2003 Atlantic Coast Conference championship squad.

In 1982, Mock became Carolina's first NCAA champion and was one of the leaders of the Tar Heel team that finished fifth at the NCAA Championships. He finished that season a perfect 35-0 en route to the national title at 134 pounds and also received the prestigious Patterson Medal, which is presented to the UNC senior student-athlete that best demonstrates athletic excellence.

Mock won three ACC titles while at Carolina and was a two-time All-America. He posted a career record of 108-9, good for a .923 winning percentage, which ranks third all-time in Carolina history. He also had a career record of 64-4 in ACC competition.

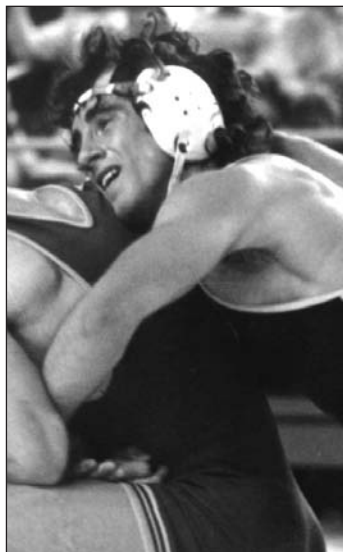
Mock returned to his alma mater from Newtown, Pa., where he was the president of Equity Consultants Company and the wrestling coach at Council Rock High. In his first season back in Chapel Hill, the Tar Heels placed third in the ACC before posting a 14-5 mark and finishing second in the league in the 2001-02 season.

Mock wrestled for four seasons at Council Rock High School, in Newtown, where he won a state title in his senior season and graduated from Council Rock in 1978.

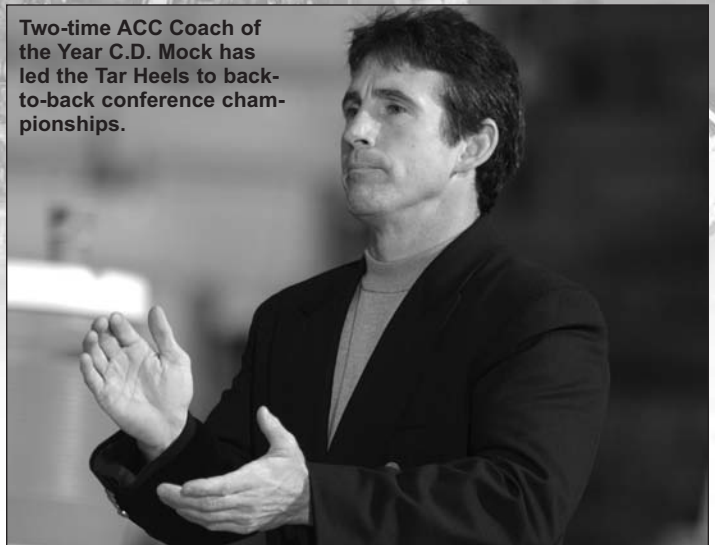
Mock lives in Chapel Hill with his wife, Mickie, son, Corey, and daughter, Chelsea. Mickie is a UNC graduate and was a member of the gymnastic team. She currently works for Duke Urgent Care as a physician assistant. Chelsea attends UNC Wilmington and competes for the diving team. Corey is a student at Chapel Hill High School and won the 2006 North Carolina state title at 103 pounds.

## C.D. MOCK'S CAREER RECORD

Year	W-L-T	Pct.	ACC W-L-T	ACC Finish	ACC RS Finish	NCAA Finish
2004	5-11	.312	1-4	4th	4th	DNS
2005	6-9	.400	4-2	1st	2nd	24th
2006	16-8-1	.660	3-2-1	1st	3rd	47th
3 yrs.	27-28-1	.482	8-8-1			



Two-time ACC Coach of the Year C.D. Mock has led the Tar Heels to back-to-back conference championships.



**Glen Lanham**  
Assistant Coach  
Fourth Season  
Tennessee, 1988

Glen Lanham is in his fourth season as an assistant coach with the University of North Carolina wrestling program. He works with the Tar Heels' upper weight groups (174 pounds and up) and coordinates Carolina's recruiting efforts.

Lanham's hard work also has played a key role in landing some of the nation's top high school talent over the past three seasons, including a 2006-07 recruiting class that was rated 20th nationally by InterMat.

On the mat, Lanham has mentored four Atlantic Coast Conference champions over the last three seasons and has coached seven NCAA qualifiers at Carolina. Additionally, heavyweight Spencer Nadolsky posted the third most victories (42) in UNC history under Lanham's tutelage a year ago.

A high school wrestling coach from 1991-2003, Lanham came to Chapel Hill from Midwest City High School in Oklahoma where he worked as an assistant wrestling coach and teacher since 1997. While at Midwest, he coached numerous state champions that went on to compete on the collegiate level at schools like Oklahoma, Oklahoma State and Duke.

Before teaching, he worked as a graduate assistant coach at Oklahoma State from 1988-91, helping the Cowboys to a pair of national championships.

As a competitor, Lanham earned All-America honors at both Oklahoma State and Tennessee. He also competed internationally for Sunkist Kids and was a freestyle All-America.

A native of New York, Lanham graduated from Tennessee in August 1988 with a Bachelor of Arts degree in human service with an emphasis in juvenile counseling.

Lanham's wife, Melanie, has a master's degree in exercise physiology.



Glen Lanham is in his fourth season as the Tar Heels' top assistant.





**A.J. Grant**  
Assistant Coach  
Third Season  
Michigan, 2004

Former University of Michigan All-America A.J. Grant is in his third season as an assistant wrestling coach at the University of North Carolina. He is in his second year as a full-time assistant and works with the lightweights on technique and training.

Grant worked with ACC champions Drew Forshey, Jared Royer and Evan Sola, who brought home conference titles at 125 and 133 pounds over the last two seasons. Sola also finished sixth at the 2005 NCAA Championships.

A standout 125-pounder at Michigan and letterman from 1999-2003, Grant earned All-America honors in 2001 and '03 with a pair of fourth-place finishes at the NCAA Championships. As a senior, Grant was the 125-pound runner-up at the Big Ten Championships and posted a 34-9 overall record. He was ranked fourth in the final polls by both InterMat and Amateur Wrestling News. Grant went 116-58 during his collegiate career and is ranked 14th on the Wolverines' career victories list. He graduated from Michigan with a Bachelor of Science degree in sports management.

The 26-year-old Grant is a native of Clarkston, Mich., and a 1999 graduate of Clarkston High School. He earned prep All-America honors and won Michigan state titles in 1998 and '99. Grant went 196-9 during his high school career and lost just one match in his final three seasons.

Grant came to Chapel Hill from Northville High School in Northville, Mich., where he served as head wrestling coach for one season.



**DeWitt Driscoll**  
Assistant Coach  
First Season  
Penn State, 2006

Former Penn State standout DeWitt Driscoll is in his first season as a volunteer assistant coach with the University of North Carolina wrestling program. In addition to his work with the Tar Heels' middle weight groups, Driscoll serves as head coach of the Carolina Wrestling Club.

A four-time letterman at Penn State, Driscoll was a three-time Big Ten place winner and NCAA qualifier for the Nittany Lions. Despite missing significant time due to injuries in three of his four seasons, Driscoll finished his career ranked ninth all time on the Penn State career falls list, leading the team his senior year.

He graduated in the spring of 2006 with a Bachelor of Science degree in recreation, park and tourism management. During his senior year, he completed a full-time internship with the Nittany Lion Wrestling Club, gaining experience in coaching and administration.

The 23-year-old Driscoll is a native of Connellsville, Pa., and a 2001 graduate of Connellsville High School. After placing third as a high school junior, Driscoll claimed the 2001 PIAA State Championship at 135 pounds. He went 140-20 with 97 pins, and capped his high school career by earning Outstanding Wrestler honors at the prestigious Dapper Dan Classic.

Also a Penn State grad, Driscoll's wife Faryn works in Raleigh as a marketing coordinator for a sports and entertainment consulting firm.



DeWitt Driscoll is in his first season at Carolina after a standout career at Penn State.



Former Michigan All-America A.J. Grant is in his third year with the Tar Heels.



**Ben Connell**  
Student Assistant Coach  
Second Season

Former Tar Heel heavyweight Ben Connell is in his second season as a student coach with the Carolina wrestling program.

Connell competed for the Tar Heels during the 2004-05 season after sitting out the 2003-04 campaign due to a knee injury.

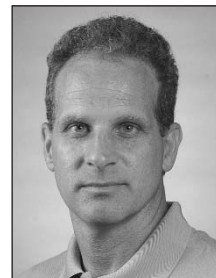
He is a two-time member of the ACC Academic Honor Roll and is a Dean's List student.

Connell also attended Oklahoma for 2000-01 and redshirted as a member of the wrestling team. He then completed a two-year mission in Boston with the Church of Jesus Christ of Latter-Day Saints before coming to Carolina.

In high school, Connell was a four-time South Carolina state champion and all-state choice at Lugoff-Elgin High School. He won a high school national title and was a Dave Shultz national award winner.

Connell is majoring in business administration and economics at Carolina and has a wife, Kristin.

## CAROLINA WRESTLING SUPPORT STAFF



Top Row (left to right):  
Brent Blanton, Academic Advisor; Greg Gatz, Strength & Conditioning;  
Stacey Harris, Carmichael Facilities Manager;  
Bottom Row (left to right):  
John Martin, Athletic Communications; Sally Mays, head trainer.

# Wrestling Endowment Carolina Wrestling

## THE NEED FOR THE CAROLINA WRESTLING ENDOWMENT PROJECT:

### 1. TITLE IX

Anyone even remotely interested in amateur wrestling in the United States is by this time well aware of the perilous condition of the sport in recent years. In 1985, there were over 300 NCAA Division I wrestling programs in universities throughout America. There are currently less than 85! This decline is of great concern, particularly since - during the same period of time - wrestling at the high school level continues to be one of the fastest growing sports.

The sport of amateur wrestling is particularly vulnerable here in the Southeast. The unfortunate and unintended consequences of this legislation have far too often been to “drop” non-revenue sports. Wrestling, having no “sister,” has often been the first to go.

For the first time in the history of UNC, we have been given, through the Carolina First Campaign, the opportunity to protect and ensure the future of wrestling at Carolina.

### 2. BILL LAM'S LEGACY

In announcing his retirement after 30 years as the head coach of Carolina wrestling team, Bill Lam desires to leave the program with a fool-proof plan for longevity. He proposed years ago that when he left the program it would be on the way to being endowed. It is no coincidence that this is all happening at this time.

### 3. SEPARATE “ENDOWMENT ACCOUNT”

The Endowment Account should not be confused with The Heavyweight Club. The Heavyweight Club account exists for the purpose of supplementing the budgeted expenses for Carolina wrestling. This source helps send younger, less experienced wrestlers to various open tournaments throughout the year and pays for alumni events or parent gatherings. The Endowment Account will be managed through the Educational Foundation at Carolina and only the interest will be used to finance the cost of Carolina’s wrestling budget. Contributions are tax-deductible and cannot be dispersed for any other reason.

### 4. ENABLE THE PROGRAM TO GO TO THE NEXT LEVEL

Successful completion of the goal of the Endowment Fund will provide an increase in the operating budget of Carolina wrestling, making it consistent with the operating budgets of comparable schools throughout the country that have been consistently competitive at the Division I level.

## CAROLINA WRESTLING ENDOWMENT FUND GOAL: \$5 MILLION IN FIVE YEARS

### DONATION LEVELS: OLYMPIC GOLD CHAMPION

\$25,000 minimum pledge (\$5,000 per year over 5 years)

### NCAA CHAMPION

\$10,000 minimum pledge (\$2,000 per year over 5 years)

### NCAA ALL-AMERICA

\$5,000 minimum pledge (\$1,000 per year over 5 years)

### ACC CHAMPION

\$1,000 minimum pledge (\$200 per year over 5 years)

Unless otherwise requested, a listing of Endowment Fund donors will appear annually in the Carolina Wrestling Media Guide and the Heavyweight Club Newsletter.

Pledges and checks for tax-deductible gifts made payable to “Carolina Wrestling Endowment Fund” should be sent to:

Carolina Wrestling Endowment Fund  
P.O. Box 2126  
Chapel Hill, NC 27515

## ENDOWMENT CONTRIBUTORS

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## CAROLINA WRESTLING CLUB AND THE HEAVYWEIGHT CLUB

The Carolina Wrestling Club, Inc. is a non-profit charitable organization with the purpose of enhancing and improving amateur wrestling in North Carolina. Members are amateur wrestlers of all ages residing in the state of North Carolina. The Carolina coaching staff assists at practices, which take place in the Carolina wrestling room. The club provides higher-level instruction to high school athletes, as well as a location that provides a competitive environment amongst some of the best wrestlers in the state. The club serves the community by providing a valuable resource to youth wrestlers in the Triangle area.

The Carolina staff helps provide instruction and coaching for the club, bringing with them significant NCAA and international experience. Local high school coaches and guest clinicians will provide additional instruction and structure. The club will offer off-site clinics throughout the state, particularly to underprivileged areas where student athletes might not get a chance to receive this kind of instruction.

At the college level, the club also serves many important functions that would not be possible without it:

- It provides an outlet for individuals who do not make the UNC team to continue training with the hope of perhaps being able to make the team in the future.
- It allows for wrestlers from around the country who may be training for the Olympics or World Team to come train with our wrestlers in Chapel Hill.
- It provides the opportunity for UNC wrestlers to train, travel, and compete internationally, gaining valuable experience to enhance their talents.
- The club will enable the UNC wrestlers and staff to travel each spring to the Olympic Training Center in Colorado Springs, Colo., to train with Olympic-level athletes and coaches. This is an invaluable experience which has helped the team immeasurably in the past.
- The club provides UNC wrestlers with additional coaches and workout partners outside of regular practice times for their enhancement.

The Carolina Wrestling Club and The Heavyweight Club are crucial organizations to our program and the community. We deeply appreciate our club members and our donors. There are various levels of club membership and we take this time to recognize and thank our donors.



Volunteer assistant coach DeWitt Driscoll (left) is in his first year as head coach of the Carolina Wrestling Club.

## CAROLINA WRESTLING CLUB MEMBERSHIP LEVELS AND DONORS

### HALF NELSON

Bill Gaffney  
Herb Kincey  
Michael Mokos  
Jack Saunders  
Dick Taylor

### TAKE DOWN

Louis Arthur  
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Thomas Blom  
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Dr. Charles Hecht  
Ryan Jay  
Richard Kelly

### PIN (\$1,000 and up)

Reginald Brooker  
Brad & Joe Byers  
Justin Harty  
Carter Mario  
Chip McArdle  
Michael Queen  
Henry H. Rhyne Jr.  
Blair Shwedo  
Justin Thornton



## DICK BADDOUR ■ Director of Athletics

Dick Baddour, a 1966 graduate of the University of North Carolina, was named Director of Athletics on June 25, 1997. In his nine years as director, the UNC Department of Athletics has undergone a number of changes, yet remains one of the premiere programs in the Atlantic Coast Conference and in the nation.

The Goldsboro, N.C., native heads a program that with 28 varsity sports is the largest in the ACC. Carolina prides itself on a strong overall athletic program and finished fourth in the 2005-06 U.S. Sports Academy Cup, a measure of

NCAA postseason success. The Tar Heels, inaugural winners of the Cup in 1994, have finished among the top 10 teams 11 times in the competition's 13 years.

Baddour is in his 40th year of continuous service to the university. He graduated from UNC in 1966 and was appointed Assistant Dean of Men in 1967. He served as Assistant Dean of Admissions and Assistant Dean of the UNC School of Law and also earned a Master of Arts degree in education prior to joining the athletic department in 1986.

In 2001, he received the Distinguished Service Medal from the UNC General Alumni Association.

Active in Chapel Hill community affairs, he is a past president of the Public School Foundation and has served on the Parks and Recreation Commission. He and his wife, Lynda, have two sons, Allen and David, and a daughter, Jennifer.

### UNC ATHLETICS ADMINISTRATION

Chancellor .....	Dr. James Moeser
Faculty Representative .....	Jack Evans
Director of Athletics.....	Dick Baddour
Senior Associate Athletic Director.....	Larry Gallo
Senior Associate A.D. (Olympic Sports) .....	Dr. Beth Miller
Senior Associate A.D. (Operations & Facilities) .....	Willie Scroggs
Senior Associate A.D. (Business and Finance).....	Martina Ballen
Senior Associate A.D. (Student-Athlete Services).....	John Blanchard
Associate A.D. (Marketing and Promotions) .....	Rick Steinbacher
Associate A.D. (Communications) .....	Steve Kirschner
Associate A.D. (Tickets and Dean E. Smith Center).....	Clint Gwaltney
Educational Foundation President.....	John Montgomery
Director of the Academic Support Program.....	Robert Mercer
Director of Sports Medicine .....	Dr. Tim Taft
Coordinator of Athletic Training .....	Dr. Dan Hooker
Assistant A.D. (Football and Olympic Sports Operations) .....	Ellen Culler
Director of Strength and Conditioning for Olympic Sports.....	Greg Gatz

### ATHLETIC DEPARTMENT SWITCHBOARDS

Smith Center .....	(919) 962-6000
Carmichael Auditorium.....	(919) 962-5411

#### Mailing Address:

P.O. Box 2126  
Chapel Hill, NC 27515

#### Web Address:

#### Overnight Address:

Dean Smith Center  
Skipper Bowles Drive  
Chapel Hill, NC 27514

TarHeelBlue.com



## DR. BETH MILLER ■ Sr. Associate Director of Athletics

Beth Miller is in her 22nd year supervising North Carolina's highly-successful 26-team Olympic Sports program and serves as UNC's Senior Woman Administrator. She is a 1968 alumna of Appalachian State University with a B.S. degree in health and physical education. She has a master's from ASU and earned a Doctor of Arts degree in physical education at Middle Tennessee State in 1974.

From 1969-72, Miller served as the head volleyball and basketball coach at Appalachian State. She became head volleyball coach at UNC in 1975 and led the Tar Heels to four consecutive ACC titles from 1980-83 and five postseason tournament appearances. She also coached softball at Carolina from 1978-79.

In 1979, Miller was named Athletic Business Manager. She retired from coaching volleyball after 1983, but continued to handle all financial affairs for the department through 1987. She has overseen UNC's Olympic Sports program since 1985.

Miller currently serves on a number of Atlantic Coast Conference committees, including those for women's basketball, women's golf and volleyball. She chairs the Awards Committee and the Senior Woman Administrators Committee. She also serves on UNC's Housing Advisory Board.

Miller is a native of Landis, N.C.

### Department of Athletics Mission Statement

The Department of Athletics has offered high quality athletic programs for many years. Through a dedicated commitment to educational interests, competitive athletic programs, and integrity in all areas, the student-athletes, coaches and staff strive to bring credit and recognition to the University.

The mission of the Department is to sponsor a broad-based athletic program that provides educational and athletic opportunities for young men and women to grow and develop, and to serve the interests of the University by complementing and enhancing its diversity and quality of life. Coaches, as educators, are foundational to this process. In keeping with the University's efforts to offer programs of regional and national acclaim, the Department's athletic programs strive for competitive excellence within the Atlantic Coast Conference or other similar institutions. Through its athletic programs, the University seeks to unite students, faculty, staff and alumni in a common and shared experience. The Department seeks to contribute to the diversity of the University by offering opportunities for enhanced racial/ethnic, cultural and geographic representation.

To fulfill this mission, the Department, with the approval of the Board of Trust, has developed principles of operation to provide guidance and direction to its personnel. This Mission Statement and accompanying principles require strong dedication and commitment from all who participate in, coach in and support the Department of Athletics.

### Department of Athletics Statement on Gambling

The mission of the Department of Athletics is to sponsor a broad-based athletic program that provides educational and athletic opportunities for young men and women to grow and develop. In keeping with the Department's mission and the University's commitment to educational interests, competitive athletic programs, and integrity in all areas, the Department of Athletics strongly condemns the influence of gambling on intercollegiate athletics.

Student gambling is a significant issue on college campuses. Student-athlete involvement in gambling has produced many tragic situations, both for student-athletes and the universities they represent. Student-athletes often compete in contests that generate interest from those involved in gambling and, possibly, organized crime. If given the opportunity, those interests will not hesitate to exploit the position student-athletes hold on college campuses. As such, the University of North Carolina is firmly opposed to all forms of gambling and bribery related to intercollegiate athletics.

To fulfill its educational obligation, the Department provides a gambling education program to all its student-athletes and departmental staff members. This statement and the educational program are reflections of the Department's commitment to keeping intercollegiate athletics free from the influences of gambling and its related activities.

The Department requires its staff members and student-athletes to adhere to NCAA, state and federal laws regarding gambling. In the interest of fair competition and the growth and development of student-athletes, the Department strongly urges its friends and supporters to refrain from gambling/betting on contests involving collegiate competition and to abide by state and federal laws.



## Student-Athlete Services

### Advancing toward graduation, Building Character and Developing leadership

Student-Athlete Services at the University of North Carolina encompasses three areas that play an integral part in the collegiate experience of every UNC student-athlete. Those three areas are Academic Development, Student-Athlete Development and Leadership Development.

#### 2005-06 UNC WRESTLING ACADEMIC HONORS

##### Dean's List

Spencer Nadolsky

##### All-ACC Academic Team

Spencer Nadolsky  
Bobby Shaw

##### ACC Honor Roll

David Dashiell  
Spencer Nadolsky  
Bobby Shaw

##### Athletic Director's Scholar-Athlete Award

Evan Sola

##### NWCA All-Academic Team

Spencer Nadolsky

#### ACADEMIC DEVELOPMENT

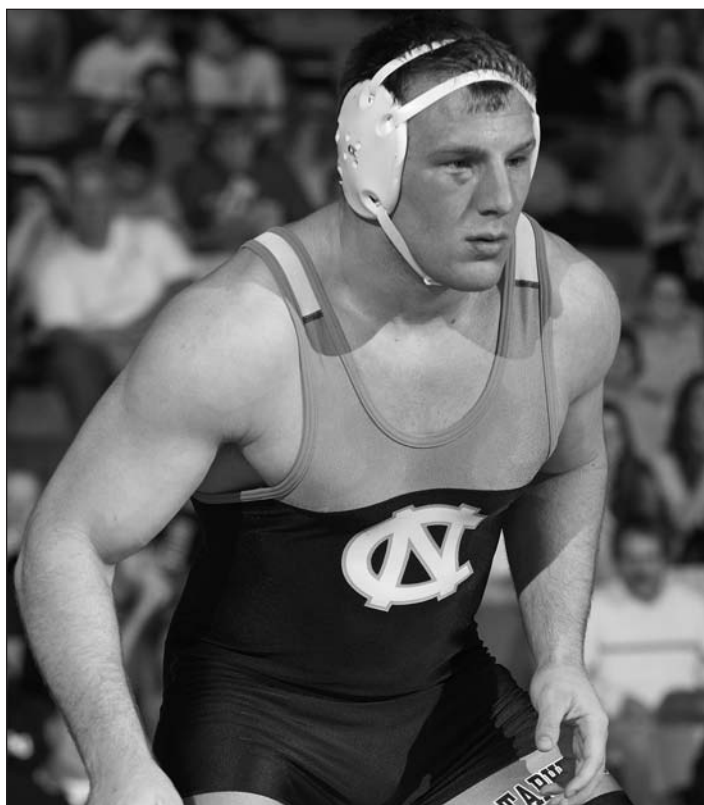
The Academic Support Program is the main service utilized in advancing UNC student-athletes to graduation. The program assists student-athletes in exploring their interests and abilities, enjoying a broad educational experience, and reaching or exceeding their academic goals. "Our young people are students first and athletes second and that will always be the case at the University," says UNC Director of Athletics Dick Baddour. "That is a credit to our coaches, administrators and support staff, but most of all, our student-athletes. Their accomplishments in the classroom are very impressive."

During the 2005-06 academic year, 275 Carolina student-athletes made the ACC Academic Honor Roll, which requires a cumulative GPA of at least 3.0 for the year. In the fall of 2005, 144 student-athletes made the Dean's List, and 153 did so in the spring of 2006.

The Academic Support Program is housed primarily in the Pope Academic Support Center, which is equipped with study facilities, tutorial rooms, a computer lab, a 128-seat auditorium, counselors' offices, and state-of-the-art

video and computer equipment. At the center, students meet with staff to discuss course selection, major and career exploration, academic progress and academic eligibility.

The Academic Support Program helps freshmen transition from high school to college through a variety of academic programs such as academic counseling, individual tutoring, group review sessions and supplemental instruction.



Peyton Williams

In addition to winning the third most bouts in UNC history, Academic Team Captain Spencer Nadolsky captured several academic honors during the 2005-06 season.

#### CAROLINA CREED

As a University of North Carolina student-athlete, I pledge to make every effort to abide by the Carolina CREED as a show of my commitment to the University, the Department of Athletics, my team and myself.

**C** - I will know and embrace the tradition and **culture** of this great University and its athletics department

**R** - I will **respect** myself and others

**E** - I will pursue **excellence** in my academic work by striving to reach my academic potential while preparing for a career of significance

**E** - I will **excel** athletically by committing myself to performance excellence, team success and continual improvement

**D** - I will **develop** the capacity to effectively lead myself and others

A member of each team serves as the Academic Team Captain, providing a strong link between the Academic Support Program and the other student-athletes on the squad. Spencer Nadolsky will serve as the Academic Team Captains for wrestling for 2006-07.

#### STUDENT-ATHLETE DEVELOPMENT

Building character in UNC student-athletes is the main charge of Student-Athlete Development.

Through Carolina Outreach, Tar Heels are involved in a variety of projects and organizations on campus and in the community. The UNC Department of Athletics has partnered with Gatorade and the UNC School of Public Health for a national pilot program called Get Kids in Action, in which Tar Heel student-athletes visit local elementary schools to encourage children to exercise. The Carolina Dreams program allows young patients at UNC Children's Hospitals to attend Tar Heel sporting events with UNC student-athletes. Other recent activities have included building a house with Habitat for Humanity, cooking meals at Ronald McDonald House and cleaning up the roadways through the Adopt-a-Highway program.

Student-Athlete Development also seeks to develop student-athletes on a personal level through a variety of speakers who address issues like nutrition, gambling, relationship communication and substance use. Career Development helps UNC student-athletes look beyond college with resources such as career counseling and workshops on resume writing and interviewing skills.

#### LEADERSHIP DEVELOPMENT

The primary outlet for Leadership Development is the Carolina Leadership Academy, started at UNC in 2004. As the nation's premier leadership development program in collegiate athletics, the Carolina Leadership Academy develops, challenges and supports student-athletes, coaches and staff in their continual quest to become world class leaders in athletics, academics and life.

The Academy consists of three programs:

##### CREED Program

Leadership training begins in the freshman year. All leadership begins with personal leadership, therefore freshmen are taught skills to effectively lead themselves. Training consists of monthly meetings featuring keynote speakers and small group discussion. Upperclass student-athletes serve as peer mentors and discussion leaders. Special focus is on responsibility, accountability, making good choices, ethics and character building.

##### Rising Stars Program

Designed for a select group of "high potential" sophomores and juniors, the program provides future leaders with insights, strategies and skills necessary to become effective leaders. The program includes monthly meetings, interactive exercises and action learning experiences.

##### Veteran Leaders Program

This program is designed for team captains and veteran student-athletes. It provides advanced leadership training and support, teaches the critical skills and insights necessary to be effective vocal leaders and provides a strong peer network. Student-athletes meet regularly to learn and reinforce leadership principles and share successes, frustrations and lessons.

## Student-Athlete Profiles Carolina Wrestling



**Brian Baglio**  
Senior-RS • 157 • 5-9  
York Haven, Pa.  
Redland

**2005-06 Season:** Posted a 16-17 overall record as the Tar Heels' starter at 157 pounds for much of the season ... Was 9-11 in duals and went 2-3 in ACC duals ... Recorded four pins and one major decision.

**2004-05 Season:** Competed in two matches at the Missouri Open ... Went 0-2 at 149 pounds and red-shirted.

**2003-04 Season:** Was 9-10 at 149 pounds ... Recorded one fall and one major decision win ... Went 4-2 at the Carolina Rubbermaid Open to finish sixth ... Also went 2-1 at the Southern Scuffle.

**2002-03 Season:** Started at 141 pounds for the Tar Heels ... Placed second at the ACC Championships, falling to Virginia's Bob Seidel, 11-3 ... Ended the year 18-13 overall ... Went 8-5 in dual matches and 3-2 in the league ... Had four falls on the season and two major decisions ... Won the Carolina-Sharpie Open.

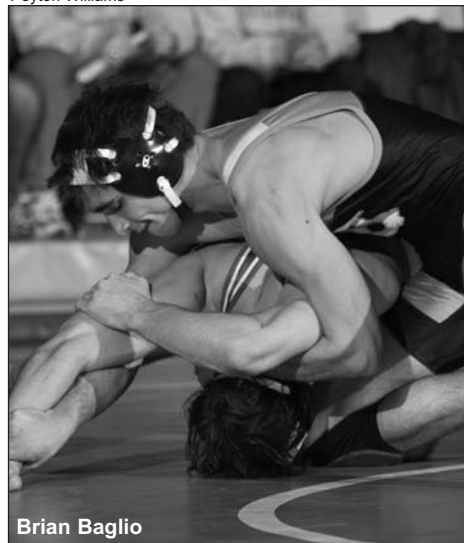
**Prep:** Lettered for four years under coach Craig Helmuth ... Ranked third nationally in his weight class ... Three-time state qualifier, finishing sixth in 2001 ... Won a state title in 2002 ... Selected as the Pennsylvania 3A Wrestler of the Year as a senior ... Elected to the first-team Asics Tiger All-America squad ... Lettered in football for two years as a quarterback ... Earned first-team all-conference honors as a senior and participated in the East/West All-Star game ... Played baseball for four seasons at shortstop ... Batted .332 for his high school career ... Senior class secretary and Spanish Club member in freshman and sophomore years.

**Personal:** Born Brian Anthony Baglio on Oct. 23, 1983, in Pittsburgh, Pa. ... Parents are Judy and Anthony Baglio ... Hobbies include playing golf ... Majoring in communication studies at Carolina.

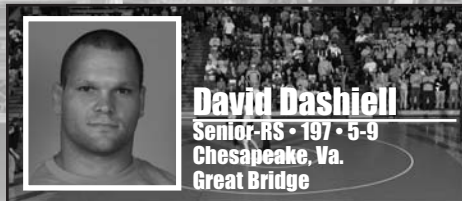
### BAGLIO'S CAREER RECORD

Year	Overall	Dual	Falls
2002-03	18-13	8-5	4
2003-04	9-10	0-0	1
2004-05	0-2	0-0	0
2005-06	16-17	9-11	4
<b>Totals</b>	<b>43-42</b>	<b>17-16</b>	<b>9</b>

Peyton Williams



Brian Baglio



**David Dashiell**  
Senior-RS • 197 • 5-9  
Chesapeake, Va.  
Great Bridge

• **NCAA QUALIFIER (2003, 2005, 2006)**  
• **ACC CHAMPION (2003, 2005)**

**2005-06 Season:** Won a career-best 33 matches en route to a 33-13 overall record ... Went 14-5 in duals and 2-1 in the ACC ... Qualified for his third NCAA Championships and posted a 1-2 record at the event ... Earned All-ACC honors as the runner-up at 197 at the league championships ... Defeated Duke's Konrad Dudziak (7-4) and Virginia's Brent Jones (8-6) before falling to NC State's Ryan Goodman in the final, 5-3 ... Recorded one pin, one technical fall and six major decision victories ... Placed first at the Carolina Open and was second at the Nittany Lion Open at 197 ... Was fifth at the East Stroudsburg Open ... Member of the ACC Academic Honor Roll.

**2004-05 Season:** Went 24-16 as the Carolina starter at 197 pounds ... Won the 2005 ACC individual crown at 197 pounds for his second conference title ... Defeated Duke's Mark Thompson in overtime to win the championship ... Made his second trip to the NCAA Championships and posted a 1-2 record ... Finished with a perfect 6-0 mark against ACC competition ... Recorded a third-place finish at the Irwin-Carolina Open and a fourth-place finish at the Mat-Town USA Invitational.

**2003-04 Season:** Went 10-6 at 197 pounds ... Placed fourth at both the Beast of the East and Carolina Rubbermaid Open ... Was 4-2 at the Beast of the East and 3-1 at the Rubbermaid Open ... Had two wins via fall ... Did not compete after late December and red-shirted.

**2002-03 Season:** Started at 197 pounds for the Tar Heels ... Went 0-2 at the NCAA Championships falling to 12th-seeded Morgan Horner (Lockhaven), 9-1, and Brett Faustman (Central Michigan), 2-0 ... Earned his first ACC title with a win over Virginia's Zach Freeday, 5-4 OT ... Ended the season with an overall record of 22-15 ... Posted a dual record of 7-6 and a 3-2 mark in the ACC ... Had two pins, two technical falls and three major decisions for the year ... Finished second at the Carolina-Sharpie Open and fourth at the Reno Tournament of Champions. -

**Prep:** Earned four varsity letters in wrestling under coach Steve Martin at Great Bridge ... Three-time state champion ... Earned all-region honors for four consecutive years ... Senior high school national champion ... Ranked No. 1 in the nation in his weight class ... Also played football in freshman and sophomore seasons on the defensive line.

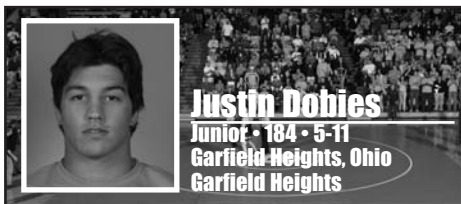
**Personal:** Born David Alan Dashiell on Dec. 16, 1983, in Chesapeake, Va. ... Parents are Cindi and John Dashiell ... Majoring in communication studies.

### DASHIELL'S CAREER RECORD

Year	Overall	Dual	Falls
2002-03	22-15	7-6	2
2003-04	10-6	0-0	2
2004-05	24-16	8-7	2
2005-06	33-13	14-5	1
<b>Totals</b>	<b>89-50</b>	<b>29-18</b>	<b>7</b>



Peyton Williams



**Justin Dobies**  
Junior • 184 • 5-11  
Garfield Heights, Ohio  
Garfield Heights

**2005-06 Season:** Compiled a 28-15 mark as Carolina's starter at 184 pounds ... Was 14-8 in duals and 5-1 against the ACC ... Recorded two pins and two major decision victories ... Finished third at the ACC Championships with wins over Mark Czarny of Virginia Tech (6-1) and Duke's Dan Fox (5-2) after an opening round loss ... Was also third at the Nittany Lion Open.

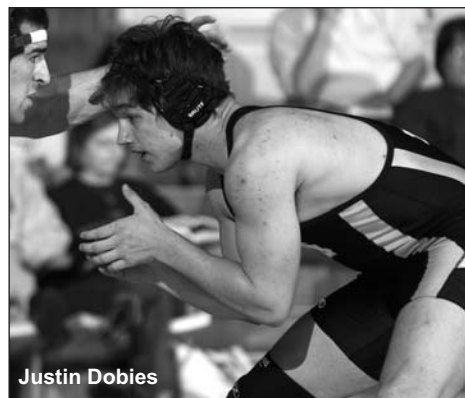
**2004-05 Season:** The Tar Heels' starter at 184 pounds ... Tallied an overall record of 17-20, including a 4-2 record against ACC competition ... Recorded four wins by fall and three wins by major decision ... Placed fourth at the Missouri Open at 184 pounds in the freshman/sophomore division.

**Prep:** Four-year letterwinner at Garfield Heights in Ohio ... State finalist as a senior and finished in fourth place as a junior ... Earned all-league honors in wrestling, football and baseball and served as team captain for all three sports ... Member of National Honor Society and an Honor Roll student.

**Personal:** Justin Jerome Dobies is the son of Bob and Michelle Dobies ... Born Sept. 25, 1986, in Cleveland, Ohio ... Has two brothers ... Majoring in exercise and sport science at Carolina.

### DOBIES' CAREER RECORD

Year	Overall	Dual	Falls
2004-05	17-20	7-8	4
2005-06	28-15	14-8	2
<b>Totals</b>	<b>45-35</b>	<b>21-16</b>	<b>6</b>



Justin Dobies





**Dennis Drury**  
Freshman-RS • 197 • 6-2  
Jenkintown, Pa.  
Germantown Academy

**2005-06 Season:** Did not compete for the Tar Heels and redshirted ... Posted a 15-7 mark wrestling unattached at 197 pounds ... Picked up two pins and two technical falls ... Placed first at the UNC Pembroke Classic and sixth at the Nittany Lion Open.

**Prep:** Six-sport athlete at Germantown Academy ... 2004 national prep champion and 2005 national prep finalist at 189 pounds ... Ranked seventh nationally at 189 pounds in InterMat's High School Senior Rankings ... Recorded two top five finishes at the Beast of the East tournament ... Also participated in track and field, football, baseball, lacrosse and swimming in high school.

**Personal:** Dennis Drury is the son of Jane and Dale Drury ... Born on Jan. 25, 1987, in Abington, Pa. ... Has not declared a major at Carolina ... Has one brother and three sisters ... Admires Serena Williams ... Hobbies include hunting and trapping.



**Keenan Duffie**  
Freshman • 149 • 5-8  
Davison, Mich.  
Davison

**Prep:** Three-time state qualifier and league champion at Davison High School ... Helped team to three state titles ... Posted a pair of top-five finishes at states ... Two-time district and regional champion ... Ranked in the top 20 nationally by Wrestling USA Magazine ... Posted a 195-30 career record with 118 falls ... Went 55-6 with 35 falls as a senior ... Team captain ... Graduated with honors.

**Personal:** Keenan Ashton Duffie is the son of Linette and the late Frank Duffie ... Born July 20, 1987, in Rochester Hills, Mich. ... Has two sisters ... Has not declared a major at Carolina ... Plans a career in law enforcement.



**Ben Fiacco**  
Freshman-RS • 157 • 5-9  
Ackworth, Ga.  
Harrison/Old Dominion

**At Old Dominion (2005-06):** Went 7-6 in tournament action and redshirted.

**Prep:** Three-time Georgia state champion at Harrison High School ... Two-time USA Wrestling All-America ... Freestyle national runner-up in 2003 and freestyle All-America in 2005 ... Posted a 222-6 overall record at Harrison ... Two-time team captain ... Dave Schultz Award winner ... Nominated for the Wendy's High School Heisman Award.

**Personal:** Benjamin Adam Fiacco is the son of Tom and Tammy Fiacco ... Born Feb. 17, 1987, in Atlanta ... Has two brothers ... Plans to major in business administration at Carolina.

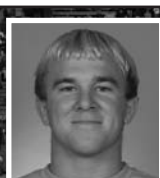


**Jake Forestiere**  
Sophomore • 157 • 5-10  
Yorktown, Va.  
Tabb/Old Dominion

**At Old Dominion (2003-06):** Went 3-4 during the 2004-05 season and captured first place at the ODU Invitational at 149 pounds ... Did not compete in 2003-04 or 2005-06.

**Prep:** Posted a 115-15 record at Tabb High School ... Three-time all-state selection in wrestling ... Also played football and was a starter at safety for three seasons ... Honors student.

**Personal:** Anthony Jacob Forestiere is the son of Beth and Tony Forestiere ... Born June 29, 1985, in Virginia ... Majoring in psychology at Carolina and wants to pursue a career as an attorney.

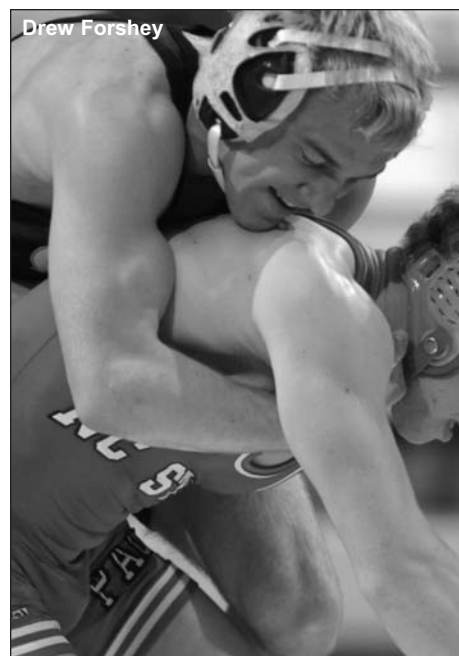


**Drew Forshey**  
Junior-RS • 125 • 5-9  
Hickory, N.C.  
St. Stephens

- NCAA QUALIFIER (2005)
- ACC CHAMPION (2005)

**2005-06 Season:** Did not wrestle after Dec. 30 and redshirted ... Recorded a 13-4 overall mark, including three pins ... Placed fourth at the East Stroudsburg Open and the Nittany Lion Open.

**2004-05 Season:** Finished the season as Carolina's starter at 125 pounds ... 2005 ACC individual champion at 125 pounds ... Defeated Justin Staylor of Virginia Tech, 9-2, in the final ... Made his first NCAA Championships appearance and posted a 2-2 record ... Finished in first place at the Missouri Open in the freshman/sophomore division ... Accumulated a career-high 21 wins against nine losses ... Tied for the third most major decision wins on the team with four ... Missed some time early in the season due to a shoulder injury.



**2003-04 Season:** Carolina's starter at 125 pounds ... Tied for fifth on the team with 15 wins against 13 losses ... Was 10-9 in duals and 1-4 against the ACC ... Recorded three wins via fall and three major decision victories ... Placed sixth at the Carolina Rubbermaid Open with a 4-2 record in the event.

**Prep:** Wrestled for four years at St. Stephens High School ... Four-time North Carolina state champion ... First four-time state champ since former Tar Heel JohnMark Bentley ... Posted a 215-2 prep record from 1999-2003 ... Earned All-America honors while in high school ... Also played four years of soccer as a forward.

**Personal:** Drew Alexander Forshey is the son of Alan and Barb Forshey ... Born Feb. 15, 1985, in Hickory, N.C. ... Has two brothers ... Plans to become a doctor ... Majoring in exercise and sport science.

## FORSHEY'S CAREER RECORD

Year	Overall	Dual	Falls
2003-04	15-13	10-9	3
2004-05	21-9	3-2	1
2005-06	13-4	2-0	3
<b>Totals</b>	<b>49-26</b>	<b>15-11</b>	<b>7</b>



**Dan Goetter**  
Freshman-RS • Hwt. • 6-4  
Perkasie, Pa.  
Pennridge

**2005-06 Season:** Did not compete for Carolina and redshirted ... Went 10-9 wrestling unattached at five tournaments ... Recorded seven pins ... Earned All-America honors in April with a fifth-place finish at the University Freestyle Nationals.

**Prep:** Four-year letterman at Pennridge High School in Perkasie, Pa. ... Posted a career prep record of 131-31 ... Pennsylvania AAA state champion at 215 pounds, which was Pennridge's first state title ... Finished his senior season with a 40-1 record ... Rated fifth among 215-pounders by InterMat in their High School Senior Rankings ... Also participated in baseball, football, soccer basketball and track and field.

**Personal:** Daniel Paul Goetter is the son of Michael and Rebecca Goetter ... Born on Nov. 12, 1986, in Sellersville, Pa. ... Has one brother and sister ... Has not declared a major at Carolina ... Lists Reggie Miller as the athlete he most admires.



**Ricky Jackson**  
Sophomore • 174 • 5-10  
Norwood, N.C.  
South Stanly

**2005-06 Season:** Wrestled at the Wolfpack Open and posted an 0-2 record.

**Prep:** Standout athlete in wrestling and football at South Stanly High School in Norwood, N.C. ... All-conference wrestler as a sophomore, junior and senior ... Served as team captain for both wrestling and football ... Earned all-conference honors in football as a junior ... Also threw the shot put for the track and field team.

**Personal:** Ricky Washington Jackson, Jr. is the son of

## Student-Athlete Profiles Carolina Wrestling

Ricky and Tammy Jackson ... Has two brothers ... Majoring in exercise and sport science... Student council president as a senior ... Graduated seventh in his class ... Hopes to become a corporate lawyer.

### JACKSON'S CAREER RECORD

Year	Overall	Dual	Falls
2005-06	0-2	0-0	0
<b>Totals</b>	<b>0-2</b>	<b>0-0</b>	<b>0</b>



**Daniel Llamas**  
Sophomore-RS • 184 • 5-11  
Durham, N.C.  
Riverside

**2005-06 Season:** Wrestled in the season-opening Mat Jam Duals and posted a 1-1 record at 184 pounds.

**2004-05 Season:** Did not compete for the Tar Heels and redshirted.

**Prep:** Four-year letterwinner in wrestling at Riverside High School ... North Carolina state champion ... Also played football for four years and earned all-area honors ... Active in Young Life.

**Personal:** Daniel Simpson Llamas is the son of Wayne and Terri Llamas ... Born Sept. 23, 1986, in Durham ... Has three brothers ... Majoring in management at society at Carolina.

### LLAMAS' CAREER RECORD

Year	Overall	Dual	Falls
2005-06	1-1	1-1	0
<b>Totals</b>	<b>1-1</b>	<b>1-1</b>	<b>0</b>

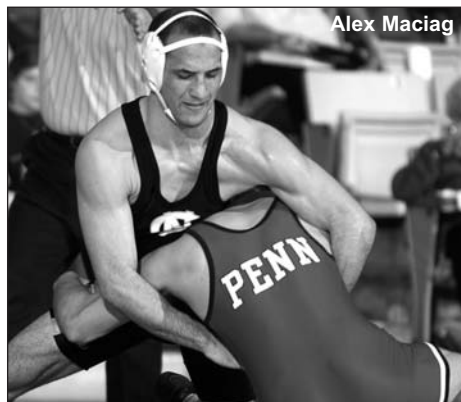


**Alex Maciag**  
Junior • 174 • 6-0  
Sussex, N.J.  
Blair Academy

### • NCAA QUALIFIER (2006)

### • ACC CHAMPION (2006)

**2005-06 Season:** Went 24-15 as the Tar Heels' starter at 174 pounds ... Captured his first ACC title and made his first appearance at the NCAA Championships ... Was 13-7 in duals and 4-0 versus the ACC ... Recorded four pins and a pair of major decision victories ... Won the ACC championship at 174 with wins over Duke's Levi Craig (8-5) and Virginia's Mike Grogan (16-5 MD) ... Was 0-2 at nationals ... Also earned second-place finishes at the Carolina Open and the East Stroudsburg Open.



Alex Maciag

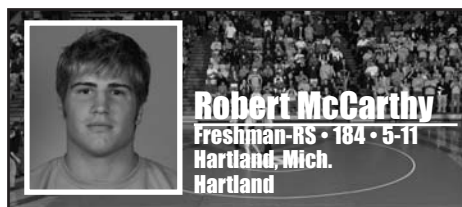
**2004-05 Season:** Started for the Tar Heels at 174 pounds ... Recorded two first place finishes - the Missouri Open and the Irwin-Carolina Open ... Posted a third-place finish at ACC Championships ... Talled an overall record of 17-17 with one win by fall and two major decision wins ... Was 2-3 in ACC duals.

**Prep:** Four-year letterwinner at Blair Academy ... National and state prep champion ... Team went undefeated and was ranked No. 1 nationally for four years ... Team captain at Blair.

**Personal:** Alex Jay Maciag is the son of John and Joanne Maciag ... Born Sept. 15, 1986 ... Has two brothers ... Majoring in management and society at Carolina.

### MACIAG'S CAREER RECORD

Year	Overall	Dual	Falls
2004-05	17-17	3-10	1
2005-06	24-15	13-7	4
<b>Totals</b>	<b>41-32</b>	<b>16-17</b>	<b>5</b>

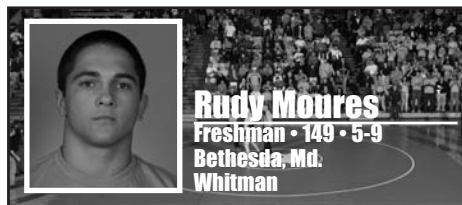


**Robert McCarthy**  
Freshman-RS • 184 • 5-11  
Hartland, Mich.  
Hartland

**2005-06 Season:** Did not compete for the Tar Heels and redshirted ... Went 7-8 wrestling unattached at four tournaments.

**Prep:** Four-year letterman at Hartland High School in Hartland, Mich. ... Three-time league champion ... Took third at the 2005 Michigan state championships ... All-County Wrestler of the Year ... Served as team captain for two seasons ... Also played baseball for three seasons.

**Personal:** Robert John McCarthy is the son of Matt and Holly McCarthy ... Born in Southfield, Mich., on Sept. 29, 1986 ... Has not declared a major ... Has one brother ... Plays the guitar.



**Rudy Moures**  
Freshman • 149 • 5-9  
Bethesda, Md.  
Whitman

**Prep:** Standout wrestler at Whitman High School ... Earned high school All-America honors with a seven-place finish at Fargo Nationals in 2005 ... Two-time all-met and all-Gazette selection ... Served as team captain two years.

**Personal:** Rudy Antoine Moures is the son of Jean-Louis and Brigitte Moures ... Born Sept. 24, 1988, in France ... Has one sister ... Has not declared a major at Carolina ... Has lived in Africa.



**Keegan Mueller**  
Junior • 165 • 5-10  
Dallas, Texas  
Highland Park/Ohio State

**At Ohio State (2004-06):** Wrestled at 157 and 165 for the Buckeyes in 2004-05 ... Posted a 16-22 overall record, including a 4-4 mark in Big Ten duals ... Placed fourth at the Michigan State Open ... OSU Scholar-Athlete ... Did not wrestle during the 2005-06 season.

**Prep:** Two-time Texas state champion at Highland Park High School (2002, 2004) and three-time state finalist ... Earned prep All-America honors with a fourth-place finish at senior nationals ... Posted a 148-14 career high school record.

**Personal:** Keegan Peterson Mueller is the son of Mike and Shelly Mueller and Robin Glazener ... Born March 10, 1986, in Little Rock, Ark. ... Has three brothers ... Majoring in business administration at Carolina and plans to pursue a career in finance.



**Spencer Nadolsky**  
Senior-RS • Hwt. • 6-1  
Holland, Mich.  
West Ottawa/Michigan State

### • NCAA QUALIFIER (2006)

**2005-06 Season:** Went 42-7 as Carolina's starting heavyweight ... Won the third most bouts in a single-season in Tar Heel history ... Finished the year ranked 12th nationally by InterMat ... Went 22-2 in duals and 5-1 in the ACC ... Recorded a team-best 11 pins ... Earned All-ACC honors with a runner-up finish at the league championships and earned an at-large bid to the NCAA Championships ... Went 3-2 at nationals and finished just one win shy of All-America honors ... Defeated Rashard Goff of Cleveland State (5-3), Dusty Hoffschneider of Wyoming (6-3) and Dave Herman of Indiana (3-2) at the NCAA Championships ... Lost to Virginia Tech's Mike Faust on riding time in the ACC final ... Posted a 21-match winning streak during the season ... Earned ACC Wrestler of the Week honors after his win at the Nittany Lion Open ... Also placed second at the Carolina Open and third and the East Stroudsburg Open ... Named to the All-ACC Academic Wrestling Team and the National Wrestling Coaches Association All-Academic Team ... Also a Dean's List student and member of the ACC Academic Honor Roll.

**2004-05 Season:** Carolina's starting heavyweight ... Posted the second most wins on the team with an overall record of 28-15 ... Recorded four pins ... Went 5-1 against ACC competition ... Took second place at the Irwin-Carolina Open ... Finished in third place at the Beast of the East Invitational and the 2005 ACC Championships ... Named to the ACC Academic Honor Roll.

**At Michigan State (2002-04):** As a redshirt freshman in 2003-04 went 13-9 as a heavyweight ... Finished third at the Rubbermaid Open and was fourth at the Eastern Michigan Open ... Redshirted as a member of MSU's football and wrestling teams in 2002-03.

**Prep:** Three-time letterwinner at West Ottawa High



Spencer Nadolsky



School ... Named all-state and all-league in football and wrestling in 2000 and '01 ... Went 90-8 over his final two seasons of high school ... Captain of football and wrestling teams and member of National Honor Society.

**Personal:** Spencer Nadolsky is the son of Karl Nadolsky and Martje Bertsch ... Born March 12, 1984 ... Majoring in exercise and sport science at Carolina ... Brother Karl wrestled at Michigan State ... Father was a three-sport athlete at Hope College.

## NADOLSKY'S CAREER RECORD

Year	Overall	Dual	Falls
2003-04*	13-9	0-2	4
2004-05	28-15	10-5	4
2005-06	42-7	22-2	11
<b>Totals</b>	<b>83-31</b>	<b>32-9</b>	<b>19</b>

\*at Michigan State



**Jake Puckett**  
Sophomore-BS • 174 • 5-8  
Charlotte, N.C.  
Independence

**2005-06 Season:** Combined for a 7-11 record at 165 and 174 pounds ... Went 0-4 in dual matches and 0-2 against the ACC ... Went 2-2 at both the Carolina Open and the Southern Scuffle.

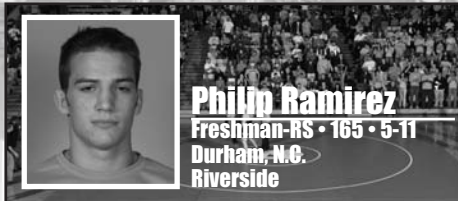
**2004-05 Season:** Did not compete for the Tar Heels and redshirted.

**Prep:** Four-year letterwinner at Charlotte's Independence High School ... North Carolina state champion and placed at states on three occasions.

**Personal:** Michael Jacob Puckett is the son of Smokey and Sylvia Puckett ... Born Dec. 7, 1985, in Lexington, Ky. ... Has two brothers ... Majoring in art at Carolina ... Several family members wrestled at Auburn.

## PUCKETT'S CAREER RECORD

Year	Overall	Dual	Falls
2005-06	7-11	0-4	0
<b>Totals</b>	<b>7-11</b>	<b>0-4</b>	<b>0</b>



**Philip Ramirez**  
Freshman-BS • 165 • 5-11  
Durham, N.C.  
Riverside

**2005-06 Season:** Did not compete for the Tar Heels and redshirted.

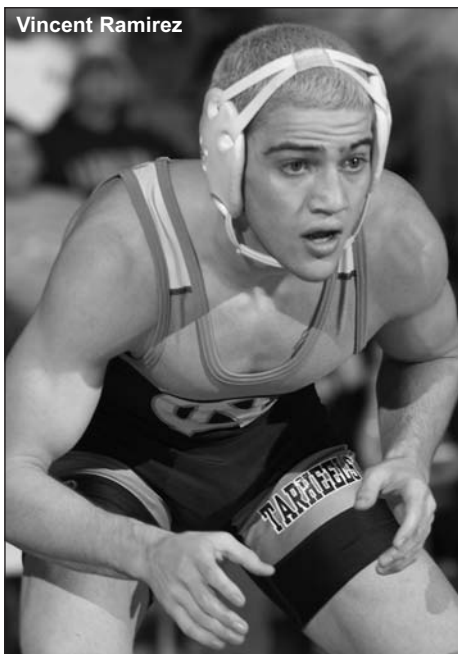
**Prep:** Four-year letterman at Durham's Riverside High School ... North Carolina state champion in 2002.

**Personal:** Philip Alexander Ramirez is the son of Julian and Marie Ramirez ... Born Sept. 27, 1984, in Riverside, Calif. ... Has not declared a major at Carolina ... Has four brothers, including Vincent, who is a redshirt sophomore on Carolina's wrestling team ... Served a military tour in Iraq prior to attending Carolina.



**Vincent Ramirez**  
Sophomore-BS • 141 • 5-8  
Durham, N.C.  
Riverside

**2005-06 Season:** Posted a 37-9 record as the Tar Heels' starter at 141 pounds ... Tied for the seventh-most victories in Carolina history ... Earned All-ACC honors with a runner-up finish at the conference championships ... Received an at-large berth to the NCAA Championships where he went 0-2 ... Recorded a 20-1 mark in duals and was 6-0 versus the ACC ... Notched nine major decisions, five pins and four technical falls on the season ... Posted major decision wins over Jalil Dozier of NC State (12-0) and Nick Alparone of Virginia (8-0) before falling to Virginia Tech's David Hoffman (10-6) in the ACC final ... Won 17 straight bouts before the loss to Hoffman ... Also placed first at the Carolina Open, third at the Nittany Lion Open and fourth at the East Stroudsburg Open ... Named ACC Wrestler of the Week Nov. 28, following his Carolina Open title, and



Peyton Williams

Feb. 6, after dual wins over Duke and Virginia Tech.

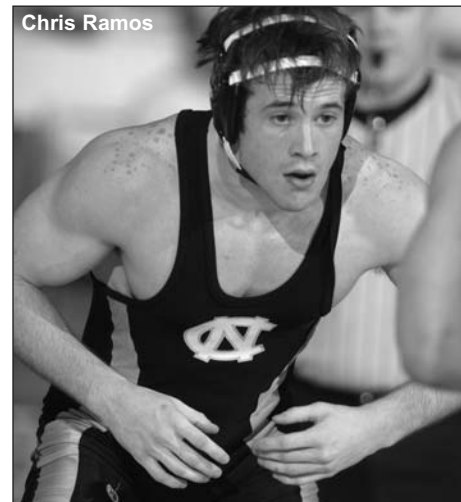
**2004-05 Season:** Did not compete for the Tar Heels and redshirted ... Wrestling unattached, went 3-2 at the East Stroudsburg Open to finish in eighth place at 141 pounds.

**Prep:** Four-year letterwinner at Durham Riverside High School ... Three-time North Carolina state champion ... Earned prep All-America honors ... Wrestling team captain for four years ... Served as senior class president and drew for his high school newspaper.

**Personal:** Vincent Toribio Ramirez is the son of Julian and Marie Ramirez ... Born Sept. 20, 1986, in Riverside, Calif. ... Majoring in psychology at Carolina ... Has four brothers ... Oldest brother wrestled at NC State for one season, and brother Philip is on the team at Carolina.

## VINCENT RAMIREZ'S CAREER RECORD

Year	Overall	Dual	Falls
2005-06	37-9	20-1	5
<b>Totals</b>	<b>37-9</b>	<b>20-1</b>	<b>5</b>



**Chris Ramos**  
Junior • 149 • 5-7  
Mohnton, Pa.  
Governor Mifflin

**2005-06 Season:** Went 17-15 as Carolina's 149-pound starter ... Was 11-6 in duals and went 1-1 against the ACC ... Recorded four wins via fall ... Finished fourth at the ACC Championships with a 2-2 record ... Went 3-1 at the Nittany Lion Open and 3-2 at the East Stroudsburg Open.

**2004-05 Season:** Carolina's starter at 149 pounds ... Tied for first on the team in major decision wins with five ... Posted an overall record of 15-14 ... Went 3-3 against ACC competition ... Took second place at the Beast of the East Invitational ... Finished third in the 2005 ACC Championships after posting a 2-1 record.

**Prep:** Earned prep All-America stats at Governor Mifflin ... Three-time county champion ... Also won district and regional titles ... Four-time all-county honoree ... Placed third, fifth and eighth at the PIAA State Tournament ... Three-time GM Holiday Tournament champion ... Also ran cross country and track for two years and played football for one year.

**Personal:** Christopher Raul Ramos is the son of Raul Ramos and Debra Stewart ... Born Aug. 17, 1985 ...

## Student-Athlete Profiles Carolina Wrestling

Has one sister ... Majoring in exercise and sport science at Carolina.

### RAMOS' CAREER RECORD

Year	Overall	Dual	Falls
2004-05	15-14	6-9	1
2005-06	17-15	11-6	4
<b>Totals</b>	<b>32-29</b>	<b>17-15</b>	<b>5</b>



**Mike Rappo**  
Freshman • 125 • 5-7  
Holland, Pa.  
Council Rock South

**Prep:** Four-year letterwinner at Council Rock South High School ... Two-time Pennsylvania state champion ... Two-time academic All-America selection.

**Personal:** Michael James Rappo is the son of Rick and Margaret Rappo ... Born April 4, 1988 ... Has four brothers ... Majoring in elementary education at Carolina and plans a career in teaching.



**Gregg Romano**  
Junior • 149 • 5-8  
Annandale, N.J.  
Blair Academy/Nebraska

**At Nebraska (2004-06):** Posted a 14-9 record in two seasons with the Huskers ... Went 10-4 as a freshman and posted third-place finishes at the Beamon Open and the Great Plains Open ... Was 4-5 as a sophomore.

**Prep:** Four-time state champion at Blair Academy ... Team won four national titles ... Captured one individual national title and posted a pair of runner-up finishes ... All-America selection by Wrestling USA Magazine.

**Personal:** Gregg Matthew Romano is the son of Jim and Carol Romano ... Born Jan. 13, 1986 ... Has one brother ... Plans to major in communication studies at Carolina.



**Jared Royer**  
Sophomore-RS • 133 • 5-7  
Cumberland, Pa.  
Cedar Cliff

### • NCAA QUALIFIER (2006)

### • ACC CHAMPION (2006)

**2005-06 Season:** ACC champion at 133 pounds posted a 20-18 overall record ... Captured his first-ever conference title with a 6-3 win over Maryland's Brendan Byrne in the final ... Also defeated Virginia's Eric Albright (5-4) at ACCs ... Went 1-2 in his first trip to the NCAA Championships ... Started the season at 125 pounds but moved to 133 following a season-ending injury to All-America Evan Sola ... Finished second at the UNC Pembroke Open and third at the Carolina Open ... Went 4-11 in dual action and 2-4 versus the ACC.

**2004-05 Season:** Did not compete for the Tar Heels and redshirted ... Wrestling unattached, went 7-2 at



**Jared Royer**

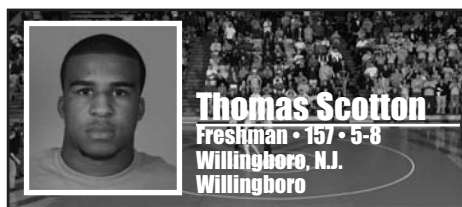
the East Stroudsburg Open to finish in seventh place at 133 pounds.

**Prep:** Four-year letterwinner at Cedar Cliff High School ... Won one Pennsylvania state title and tallied a pair of third-place finishes at states ... Two-year team captain.

**Personal:** Jared Kane Royer is the son of Dade and Wendy Royer ... Born Jan. 10, 1986, in Waynesboro, Pa. ... Has one brother ... Majoring in exercise and sports science at Carolina.

### ROYER'S CAREER RECORD

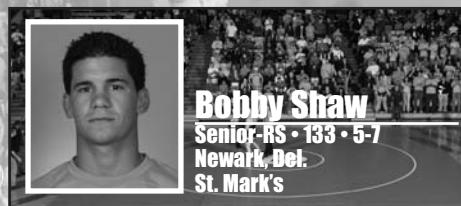
Year	Overall	Dual	Falls
2005-06	20-18	4-11	1
<b>Totals</b>	<b>20-18</b>	<b>4-11</b>	<b>1</b>



**Thomas Scotton**  
Freshman • 157 • 5-8  
Willingboro, N.J.  
Willingboro

**Prep:** Three-time New Jersey state place-winner at Willingboro High School ... Earned All-America honors with a fifth-place finish at NHSCA senior nationals ... Wrapped up his high school career ranked ninth nationally by WIN Magazine and 14th by Wrestling USA ... Posted a 135-14 record in high school to rank as the all-time winningest wrestler in Willingboro history.

**Personal:** Thomas Marion Scotton is the son of Thomas and Angela Scotton ... Born Jan. 29, 1988, in Philadelphia ... Has one brother ... Father wrestled at Bucknell University ... Majoring in computer science at Carolina.



**Bobby Shaw**  
Senior-RS • 133 • 5-7  
Newark, Del.  
St. Mark's

**2005-06 Season:** Posted a 21-17 record as the Tar Heels' starter at 125 pounds ... Went 10-9 in duals and recorded seven pins ... Earned All-ACC honors with a runner-up finish at the conference championships ... Topped Duke's Kellan McKeon (3-0) and Virginia's Anthony Burke (4-2) before falling to Justin Staylor of Virginia Tech (10-5) in the ACC final ... Also took seventh at the Nittany Lion Open ... Named ACC Wrestler of the Week Feb. 14 following a key pin in the Feb. 11 win at NC State ... Member of the ACC Academic Honor Roll and the All-ACC Academic Wrestling Team.

**2004-05 Season:** Split starting spot with Drew Forshey at 125 pounds ... Posted an overall record of 20-12 with a 9-1 record in duals and a 4-0 mark against ACC competition ... Posted a sixth-place finish at the Beast of the East Invitational ... Did not wrestle after Feb. 5 ... Member of the ACC Academic Honor Roll and named to the Dean's List for the spring semester.

**2003-04 Season:** Went 16-22 overall and 6-12 in duals as Carolina's starter at 133 pounds ... His 16 wins ranked fourth on the squad ... Was also 3-2 in ACC dual action, posting wins against Maryland, Virginia and NC State ... Went 3-2 at both the Carolina Rubbermaid Open and the Beast of the East ... Had three wins via technical fall ... Member of ACC Academic Honor Roll.

**2002-03 Season:** Competed in two events for the Tar Heels at 125 pounds and redshirted ... Finished the East Stroudsburg Open, 3-2 ... Participated in the Carolina-Sharpie Open, ending the tournament with a 4-2 record ... Finished the season 7-4.

**Prep:** Lettered in wrestling all four years under coach Steve Bastianelli at St. Mark's ... Won his first state championship in 2002 ... State runner-up from 1999-01 ... 1999 Beast of the East champion ... Four-time conference champion ... Earned all-state honors as a senior ... Honorable mention All-America selection ... Three-time freestyle state champion ... Wrestled in Delaware vs. New Jersey All-Star match ... Also played freshman football as a strong safety ... Four-





time Academic all-state, National Honor Society, student council and Blue Gold Committee honoree.

**Personal:** Born Robert Roland Shaw III on Oct. 5, 1983, in Wilmington, Del. ... Parents are Michele and Robert Shaw ... Brother Jeremy is a freshman on the team ... Majoring in exercise and sport science.

## SHAW'S CAREER RECORD

Year	Overall	Dual	Falls
2002-03	7-4	0-0	1
2003-04	16-22	6-12	0
2004-05	20-12	9-1	3
2005-06	21-17	10-9	7
<b>Totals</b>	<b>64-55</b>	<b>25-22</b>	<b>11</b>



**Jeremy Shaw**  
Freshman • 125 • 5-6  
Newark, Del.  
St. Mark's

**Prep:** Four-year standout at St. Mark's High School ... 2005 Delaware state champion ... Three-time third-place finisher at state championships ... Four-time academic all-state champion ... Member of Team Delaware for the Dapper Dan Wrestling Classic ... Member of National Honor Society.

**Personal:** Jeremy Brunette Shaw is the son of Bob and Michele Shaw ... Born March 4, 1988, in Wilmington, Del. ... Has four brothers and one sister ... Brother of UNC senior wrestler Bobby Shaw ... Majoring in economics at Carolina.



**Evan Sola**  
Senior (6th yr.) • 133 • 5-9  
Wernersville, Pa.  
Conrad Weiser

- **ALL-AMERICA (2003, 2005)**
- **NCAA QUALIFIER (2002, 2003, 2005)**
- **ACC WRESTLER OF THE YEAR (2003, 2005)**
- **ACC CHAMPION (2003, 2005)**

**2005-06 Season:** Went 5-1 on the year before having season-ending shoulder surgery ... Was granted a sixth year of eligibility by the NCAA ... Went 3-0 at the Mat Jam Duals and picked up his 100th career win against Chattanooga's Matt Keller Nov. 13 ... Also wrestled four bouts at the Nittany Lion Open.

**2004-05 Season:** Carolina's starter at 133 pounds ... Led the Tar Heels with a 36-6 record ... Earned his second ACC title with a 6-4 victory over Virginia Tech's David Hoffman ... Captured All-America honors for the second time in his career with a sixth-place finish at the 2005 NCAA Championships ... Recipient of the 2005 Most Falls in the Least Amount of Time Award at the NCAA Championships (three falls in 6:11) ... Dropped his first match at nationals and went on to win five straight, including three via fall, to post the highest finish by a Tar Heel since 1997 ... Named ACC Wrestler of the Year for the second time in the last three seasons and Most Outstanding Wrestler at the ACC Championships ... Went undefeated in dual matches with a 15-0 record ... Finished with a perfect 6-0 mark against ACC competition ... Tied for sixth in Carolina history for most falls in a season with 13 ... Won 19 straight

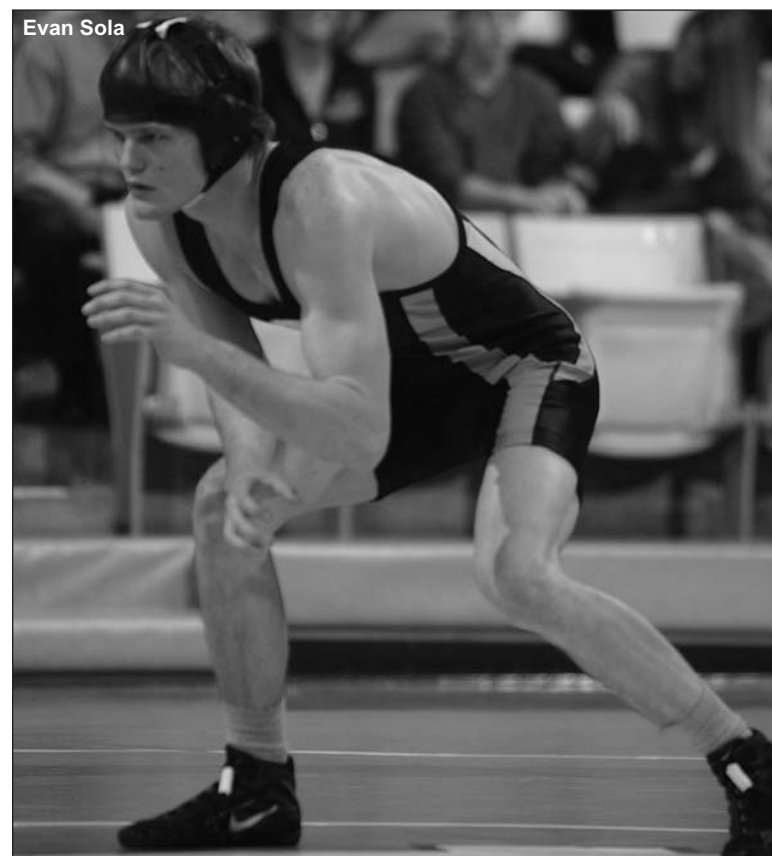
bouts from Dec. 30 to March 17 ... Won the Beast of the East College Invitational and finished second at the Missouri Open and Mat Town USA Invitational ... Finished fifth at the Southern Scuffle ... Member of the ACC Academic Honor Roll ... Won Carolina's Athletic Director's Scholar-Athlete Award for wrestling.

**2003-04 Season:** Did not compete for the Tar Heels and redshirted following knee surgery.

**2002-03 Season:** Competed in all 22 events for UNC at 133 pounds ... Led the Tar Heels with 36 victories, the 10th-best total in school history ... Named ACC Wrestler of the Year ... Finished seventh at the NCAA Championships to earn All-America honors ... Picked up a win over fourth-seeded Witt Durden (Oklahoma), 6-2, at nationals ... Won his first ACC title with a 2-0 victory over Virginia's Joe Alexander ... Had a record of 14-2 in dual matches and finished a perfect 5-0 in the ACC for the second straight season ... Won the Carolina-Sharpie Open and finished fifth at the East Stroudsburg Open and Reno Tournament of Champions.

**2001-02 Season:** Wrestled in 18 events for the Tar Heels ... Qualified for the NCAA Championships ... Finished second at the ACC Championships ... Had a stretch of 15 consecutive victories that ran from Jan. 11 to March 9 ... Went undefeated (5-0) in ACC dual matches ... Scored three pins over the course of the season with the fastest time coming in 2:32 over Duke's Stuart Holzer ... Ended the season 25-11 ... Named to the ACC Academic Honor Roll.

**Prep:** Finished first in the Pennsylvania State Tournament as a senior and junior ... Placed fifth as a sophomore and third as a freshman in the Pennsylvania State Tournament ... Four-time sectional, district and regional champion ... Posted a 160-7 all-time career record, the third-highest win total in state history ... Also ran cross country as a junior and senior.



**Personal:** Evan Michael Sola is the son of Linda and Mike Sola ... Born July 14, 1982, in Reading, Pa. ... Brother Derek wrestled for Millersville University ... Majoring in psychology at Carolina.

## SOLA'S CAREER RECORD

Year	Overall	Dual	Falls
2001-02	25-11	14-1	3
2002-03	36-9	14-2	5
2004-05	36-6	15-0	13
2005-06	5-1	3-0	0
<b>Totals</b>	<b>102-27</b>	<b>46-3</b>	<b>21</b>



**Nick Stabile**  
Freshman • 141 • 5-9  
Lenhartsville, Pa.  
Hamburg

**Prep:** Two-time team captain at Hamburg High School ... Two-time Pennsylvania state runner-up, four-time Berks County champion and two-time southeast regional champion ... Also won a pair of DIII titles.

**Personal:** Nicholas T. Stabile is the son of Ron and Dawn Stabile ... Born Sept. 24, 1987, in Allentown, Pa. ... Has one brother and two sisters ... Plans to major in political science at Carolina ... Would like to become a financial advisor.

# 2005-06 Results Carolina Wrestling

## FINAL RECORD: 16-8-1 OVERALL, 3-2-1 ACC

DATE	OPPONENT/EVENT	TIME/RESULT
Nov. 13	at Appalachian State (Mat Jam Duals)-1	W 23-18
Nov. 13	vs. VMI (Mat Jam Duals)-1	W 32-15
Nov. 13	vs. #22 Chattanooga (Mat Jam Duals)-1	W 24-15
Nov. 19	East Stroudsburg Open	No Team Score
<b>Nov. 26</b>	<b>Carolina Open</b>	<b>No Team Score</b>
Dec. 4	Nittany Lion Open	No Team Score
Dec. 18	vs. Drexel (Clarion Duals)-2	W 26-9
Dec. 18	at Clarion (Clarion Duals)-2	W 34-9
Dec. 18	vs. Kent State (Clarion Duals)-2	W 23-10
Dec. 29-30	Southern Scuffle	10th - 50.5 points
Jan. 7	vs. N. Colorado (Lone Star Duals)-3	W 27-12
Jan. 7	vs. Stanford (Lone Star Duals)-3	W 21-10
Jan. 7	vs. #18 Wisconsin (Lone Star Duals)-3	L 21-15
Jan. 13	vs. UC Davis (Virginia Duals)-4	W 24-12
Jan. 13	vs. Chattanooga (Virginia Duals)-4	L 17-16
Jan. 14	vs. Rider (Virginia Duals)-4	W 37-3
Jan. 14	vs. Virginia (Virginia Duals)-4	W 20-18
Jan. 14	vs. Ohio State (Virginia Duals)-4	W 28-13
Jan. 14	vs. Chattanooga (Virginia Duals)-4	L 24-13
<b>Jan. 20</b>	<b>*NC State</b>	<b>T 16-16</b>
<b>Jan. 21</b>	<b>#25 Penn</b>	<b>L 33-8</b>
<b>Jan. 21</b>	<b>The Citadel</b>	<b>L 33-9</b>
Jan. 27	*at Virginia	L 27-10
Jan. 28	*at Maryland	L 24-18
Jan. 28	at #19 Navy	L 41-4
<b>Jan. 31</b>	<b>*Duke</b>	<b>W 22-15</b>
Feb. 2	*vs. Virginia Tech	W 31-9
Feb. 11	*at NC State	W 20-16
<b>Feb. 19</b>	<b>Old Dominion</b>	<b>W 19-16</b>
<b>March 4</b>	<b>ACC Championships-5</b>	<b>First - 90.5 points</b>
<b>March 16-18</b>	<b>NCAA Championships-6</b>	<b>47th - 4.5 points</b>

1-Boone, N.C.; 2-Clarion, Pa.; 3-Grand Prairie, Texas; 4-Hampton, Va.; 5-Lexington, Va.; 6-Oklahoma City, Okla.

\*Indicates regular-season Atlantic Coast Conference matches

All home matches held in Carmichael Auditorium

## NCAA QUALIFIERS

Garrett Atkinson (165), David Dashiell (197), Alex Maciag (174), Spencer Nadolsky (Hwt), Vincent Ramirez (141), Jared Royer (133)

## ACC CHAMPIONS

Garrett Atkinson (165), Alex Maciag (174), Jared Royer (133)

## ALL-ACC

Garrett Atkinson (165), David Dashiell (197), Alex Maciag (174), Spencer Nadolsky (Hwt), Vincent Ramirez (141), Jared Royer (133), Bobby Shaw (125)

## 2005-06 TOP INDIVIDUAL FINISHERS

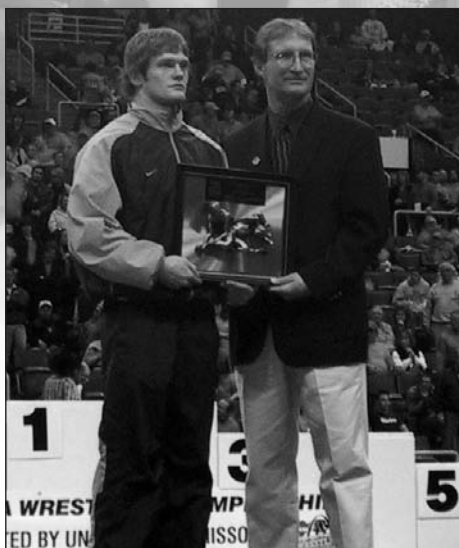
Name	Finish	Weight Class
<b>EAST STROUDSBURG OPEN</b>		
Alex Maciag	Second	174
Spencer Nadolsky	Third	Hwt.
Drew Forshey	Fourth	125
Vincent Ramirez	Fourth	141
Chris Ramos	Fifth	149
Deon Barrett	Fifth	165
David Dashiell	Fifth	197
Jared Royer	Eighth	125
<b>CAROLINA OPEN</b>		
Vincent Ramirez	First	141
David Dashiell	First	197
Bobby Shaw	Second	125
Alex Maciag	Second	174
Dennis Drury	Second	197
Spencer Nadolsky	Second	Hwt.
Jared Royer	Third	125
<b>NIITTANY LION OPEN</b>		
Spencer Nadolsky	First	Hwt.
David Dashiell	Second	197
Vincent Ramirez	Third	141
Justin Dobies	Third	184
Drew Forshey	Fourth	125
Dennis Drury	Sixth	197
Bobby Shaw	Seventh	125
<b>SOUTHERN SCUFFLE</b>		
David Dashiell	Fifth	197
Deon Barrett	Sixth	165

## 2005-06 INDIVIDUAL RESULTS

Individual	Weight	Record	Dual	ACC	Pins	TF	MD
Garrett Atkinson	165	17-11	9-5	3-1	1-4	1-0	1-0
Brian Baglio	157	16-17	9-11	2-3	4-2	-	1-2
Tim Barbis	174	0-2	-	-	-	-	0-2
Deon Barrett	165/157	17-13	5-9	0-3	-	-	3-2
Isaiah Britton	149/141	5-12	1-6	1-3	1-1	0-1	1-2
Dan Carleton	133/141	2-8	0-4	-	0-2	-	0-2
Chase Carter	157	0-3	0-1	-	0-1	0-1	-
David Dashiell	197	33-13	14-5	2-1	1-0	1-0	6-1
Justin Dobies	184	28-15	14-8	5-1	2-0	-	2-0
Dennis Drury*	197	15-7	-	-	2-3	2-0	0-1
Drew Forshey	125	13-4	2-0	-	3-0	-	1-0
Dan Goetter*	Hwt.	10-9	-	-	7-3	-	-
Ryan Hart	125	0-4	-	-	-	-	-
Ricky Jackson	174	0-2	-	-	-	-	0-1
Daniel Llamas	184	1-1	1-1	-	-	-	-
Alex Maciag	174	24-15	13-7	4-0	4-1	1-0	2-3
Robert McCarthy*	184	7-8	-	-	2-1	0-1	2-1
Spencer Nadolsky	Hwt.	42-7	22-2	5-1	11-0	1-0	3-0
Jake Puckett	165/174	7-11	0-4	0-2	-	0-1	0-1
Vincent Ramirez	141	37-9	20-1	6-0	5-2	4-0	9-1
Chris Ramos	149	17-15	11-6	1-1	4-2	-	0-2
Jared Royer	125/133	20-18	4-11	2-4	1-0	1-0	3-4
Bobby Shaw	125	21-17	10-9	1-2	7-2	-	2-2
Evan Sola	133	5-1	3-0	-	-	-	2-0

\*Indicates unattached results





Evan Sola captured All-America honors at 133 pounds for the second time in his career in 2005.

## NCAA CHAMPIONS

Year	Name	Wt.
1982	C.D. Mock	134
1988	Rob Koll	158
1993	T.J. Jaworsky	134
1994	T.J. Jaworsky	134
1995	T.J. Jaworsky	134*

\*Most Outstanding Wrestler

## NCAA FINALISTS

Year	Name	Wt.	Finish
1981	Dave Cooke	126	runner-up
1982	C.D. Mock	134	champion
1986	Al Palacio	118	runner-up
1988	Rob Koll	158	champion
1989	Doug Wyland	118	runner-up
1993	T.J. Jaworsky	134	champion
1994	T.J. Jaworsky	134	champion
1995	T.J. Jaworsky	134	champion
1996	Justin Harty	Hwt.	runner-up

## NCAA ALL-AMERICAS

Year	Name	Wt.	Finish
1979	C.D. Mock	126	3rd
1981	Dave Cooke	126	2nd
	Jan Michaels	158	8th
1982	Bob Monaghan	118	4th
	Dave Cooke	126	5th
	C.D. Mock	134	1st
	Mike Elinsky	150	7th
	Jan Michaels	167	8th
1983	Jan Michaels	167	3rd
1984	Bob Shriner	190	7th
1985	Rob Koll	150	8th
	Tad Wilson	167	8th
1986	Al Palacio	118	2nd
	Rob Koll	167	3rd
1987	Al Palacio	118	7th
	Lenny Bernstein	142	4th
	Rob Koll	158	3rd
1988	Rob Koll	158	1st
1989	Doug Wyland	118	2nd
	Enzo Catullo	142	6th
1990	Doug Wyland	118	4th
1991	Pete Welch	158	8th
	Shane Camera	167	8th
1992	Jody Staylor	126	6th
1993	T.J. Jaworsky	134	1st
1994	T.J. Jaworsky	134	1st
	Stan Banks	167	8th
	Shane Camera	177	6th
	Justin Harty	Hwt.	8th
1995	T.J. Jaworsky	134	1st
	Stan Banks	167	3rd
	Marc Taylor	150	8th
	Justin Harty	Hwt.	8th
1996	Justin Harty	Hwt.	2nd
1997	Justin Harty	Hwt.	6th
2002	Chris Rodrigues	125	8th

2003	Evan Sola	133	7th
2005	Evan Sola	133	6th

## ACC WRESTLER OF THE YEAR

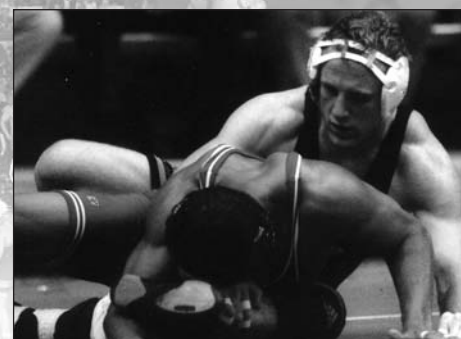
Year	Name
1995	T.J. Jaworsky
1996	Justin Harty
1998	Chuckie Connor
2001	JohnMark Bentley
2002	Chris Rodrigues
2003	Evan Sola
2005	Evan Sola

## ACC CHAMPIONS

Year	Name	Wt.
1955	Hugh Cowan	130
1959	John Matney	191
1964	Paul Wellstone	123
1965	Roy Hagerty	147
1974	Carl Hoffman	177
1975	Steve Breece	118
1976	Tim Reaume	134
	Jeff Reintgen	150
	Dave Casale	190
1977	Scott Conkwright	118
	Chris Conkwright	134
	Jeff Reintgen	150
1978	C.D. Mock	126*
	Jeff Reintgen	150
1979	C.D. Mock	126
	Dave Juergens	150
	Carter Mario	158
	Mike Benzal	167
1980	Dave Cooke	126
	Joe Galli	142
	Jan Michaels	158
1981	Dave Cooke	126
	Jan Michaels	158
1982	Dave Cooke	126
	C.D. Mock	134
1983	Al Palacio	118
	Bob Shriner	190
1984	Chip McArdle	118
	John Aumiller	126
	Bill Gaffney	167
	Bob Shriner	190
1985	Al Palacio	118
	Chip McArdle	126
	Craig Spivey	190
1986	Al Palacio	118
	Lenny Bernstein	142
	Rob Koll	158
	Tad Wilson	167
1987	Al Palacio	118
	Lenny Bernstein	142
	Jon Cardi	150
	Rob Koll	158
	Joe Silvestro	167
1988	Rob Koll	158
	Glen Pazinko	190
1989	Doug Wyland	118
	John Welch	134
	Enzo Catullo	142
1990	Doug Wyland	118*
	Ben Oberly	177
1991	Doug Roemer	150
	Pete Welch	158
	Shane Camera	167
1992	Jody Staylor	126
	Dean Moscovic	150



Current head coach C.D. Mock was the Tar Heels' first national champion in 1982.



JohnMark Bentley was named the 2001 ACC Wrestler of the Year.

1993	T.J. Jaworsky	134*
	Marc Taylor	158
1994	Mike Kendall	126
	T.J. Jaworsky	134
	Marc Taylor	158
	Stan Banks	167
	Justin Harty	Hwt.
1995	T.J. Jaworsky	134*
	Mike Chase	158
	Stan Banks	167
	Tony Llanusa	190
	Justin Harty	Hwt.
1996	Dave Leonardis	142
	Mike Chase	158
	Louis Pelsang	177
	Justin Harty	Hwt.
1997	Chuckie Connor	118
	Khalil Abdul-Malik	142
	Jason Driggers	167
	Scott Stay	190
	Justin Harty	Hwt.
1998	Chuckie Connor	118
	CC Fisher	126*
	JohnMark Bentley	142
	Corey Bell	177
	Scott Stay	190
1999	JohnMark Bentley	149
	Corey Bell	184
	Matt Kenny	Hwt.
2000	Skyler Holman	125*
	Corey Bell	174
	Clint Osborn	197
	Matt Kenny	Hwt.
2001	JohnMark Bentley	149*
	Corey Bell	174
	Matt Kenny	Hwt.
2002	Matt Kenny	Hwt.
2003	Chris Rodrigues	125
	Evan Sola	133
	Mark Canty	174
	Dusty Heist	184*
	David Dashiell	197
2004	Venroy July	197
	Ryan Adams	Hwt.
2005	Drew Forshey	125
	Evan Sola	133*
	Garrett Atkinson	165
	David Dashiell	197
2006	Jared Royer	133
	Garrett Atkinson	165
	Alex Maciag	174

\*Most Outstanding Wrestler

## ACC 50TH ANNIVERSARY TEAM

Stan Banks  
Lenny Bernstein  
Shane Camera  
Enzo Catullo  
Dave Cooke  
Justin Harty  
T.J. Jaworsky  
Rob Koll  
Jan Michaels  
C.D. Mock  
Bob Monaghan  
Al Palacio  
Bob Shriner  
Jody Staylor  
Doug Wyland

The Atlantic Coast Conference honored the top wrestlers in league history during 2002-03, with the selection of the ACC 50th Anniversary Team. Leading the way were Carolina and NC State, who each had 15 members of the 50-man squad.

## Individual Records Carolina Wrestling



### CAREER WINNING PERCENTAGE

Name	Years	Record	Pct.
1. T. J. Jaworsky	1992-95	110-5-0	.957
2. Doug Wyland	1988-90	74-4-0	.949
3. C.D. Mock	1977-82	108-9-0	.923
4. Rob Koll	1984-88	155-20-1	.884
5. Al Palacio	1978-82	125-19-3	.861
6. JohnMark Bentley	1997-01	92-16-0	.851
7. Chuckie Connor	1996-01	105-20-0	.840
8. Justin Harty	1993-97	119-25-0	.826
9. Shane Camera	1990-94	103-21-5	.817
10. Dave Cooke	1978-82	105-24-1	.812



### SINGLE-SEASON WINNING PERCENTAGE

Name	Year	Record	Pct.
1. T.J. Jaworsky	1994-95	38-0	1.000
C.D. Mock	1981-82	35-0	1.000
3. Rob Koll	1987-88	41-1	.976
4. T. J. Jaworsky	1992-93	39-1	.975
5. Rob Koll	1986-87	47-2	.959
6. Al Palacio	1986-87	44-2	.957
7. Doug Wyland	1988-89	37-2	.948
Doug Wyland	1989-90	37-2	.948
9. JohnMark Bentley	2000-01	31-2	.940
10. Stan Banks	1994-95	34-3	.919
Justin Harty	1995-96	34-3	.919

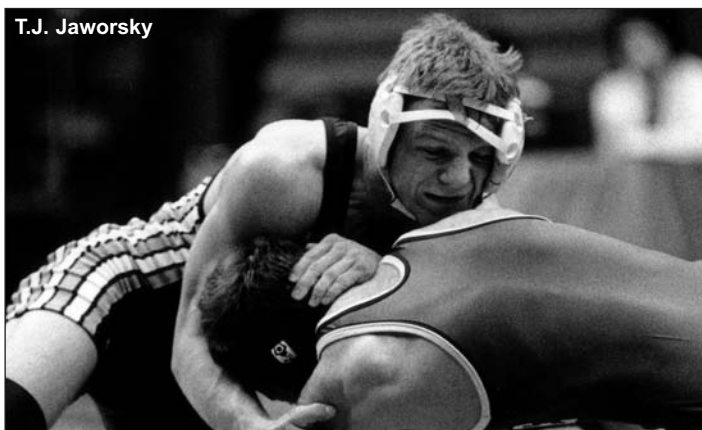


### CAREER WINS

Name	Years	Record
1. Rob Koll	1984-88	155-20-1
2. Al Palacio	1982-87	129-19-3
3. Justin Harty	1993-97	119-25-0
4. Chip McArdle	1982-87	117-38-2
5. T.J. Jaworsky	1992-95	110-5-0
6. C.D. Mock*	1977-82	108-9-0
Pete Welch	1989-92	108-43-4
8. Ben Oberly	1986-90	107-46-6
Enzo Catullo	1985-89	107-38-4
10. Dave Cooke	1978-82	105-24-1
Stan Banks	1991-95	105-37-0
Chuckie Connor	1996-2000	105-20-0

\* records are incomplete for Mock's freshman season

T.J. Jaworsky



Spencer Nadolsky



### SINGLE-SEASON WINS

Name	Year	Record
1. Rob Koll	1986-87	47-2-0
2. Al Palacio	1986-87	44-2-0
3. <b>Spencer Nadolsky</b>	<b>2005-06</b>	<b>42-7-0</b>
4. Rob Koll	1987-88	41-1-0
5. T.J. Jaworsky	1992-93	39-1-0
6. T.J. Jaworsky	1994-95	38-0-0
7. <b>Vincent Ramirez</b>	<b>2005-06</b>	<b>37-9-0</b>
Pete Welch	1990-91	37-8-0
Doug Wyland	1989-90	37-2-0
Doug Wyland	1988-89	37-2-0
Chip McArdle	1984-85	37-11-1



### CAREER FALLS

Name	Years	Falls
1. T.J. Jaworsky	1992-95	50
2. Rob Koll	1984-88	49
3. Justin Harty	1993-97	46
4. Chuckie Connor	1996-01	38
5. Lenny Bernstein	1984-88	32
Scott Stay	1995-98	32
7. C.D. Mock*	1978-82	29
8. Al Palacio	1982-87	28
9. Ty Moore	1990-95	26
Matt Kenny	1998-02	26



### SINGLE-SEASON FALLS

Name	Year	Falls
1. T.J. Jaworsky	1994-95	24
2. Rob Koll	1987-88	18
3. Rob Koll	1985-86	15
Chuckie Connor	1997-98	15
Chris Rodrigues	2002-03	15
5. Justin Harty	1995-96	14
6. C.D. Mock	1979-80	13
T. J. Jaworsky	1992-93	13
T. J. Jaworsky	1993-94	13
<b>Evan Sola</b>	<b>2004-05</b>	<b>13</b>
9. Justin Harty	1996-97	12
Scott Stay	1996-97	12



## ALL-TIME COACHING RECORDS

Name	Years	Record	Pct.	ACC	Pct.
Albert Shapiro	1923-26	12-9-1	.568	--	--
Chuck Quinlan	1927-50	75-69-6	.520	--	--
Sam Barnes	1951-73	73-178-6	.296	24-62-0	.279
Bill Lam	1974-03	378-131-4	.741	136-35-1	.794
C.D. Mock	2004-	27-28-1	.491	8-8-1	.500
<b>Carolina Totals</b>	<b>82 years</b>	<b>565-415-18</b>	<b>.575</b>	<b>168-105-2</b>	<b>.615</b>

## ALBERT SHAPIRO • HEAD COACH, 1923-26

Year	W-L-T	Pct.
1923	3-1-0	.750
1924	4-3-1	.563
1925	1-4-0	.200
1926	4-1-0	.800
<b>4 yrs.</b>	<b>12-9-1</b>	<b>.568</b>

## CHUCK QUINLAN • HEAD COACH, 1927-50

Year	W-L-T	Pct.
1927	3-2-0	.600
1928	2-4-0	.333
1929	4-2-0	.667
1930	4-3-0	.571
1931	5-1-1	.786
1932	2-4-1	.357
1933	1-4-1	.250
1934	2-5-0	.286
1935	2-4-0	.333
1936	3-3-0	.500
1937	3-4-0	.429
1938	2-4-0	.333
1939	4-3-0	.571
1940	4-3-0	.571
1941	5-1-1	.786
1942	4-3-0	.571
1943	4-1-0	.800
1944	1-2-0	.333
1945	0-3-0	.000
1946	5-1-0	.833
1947	7-1-0	.875
1948	4-2-0	.667
1949	3-4-1	.438
<b>23 yrs.</b>	<b>75-69-6</b>	<b>.520</b>

## SAM BARNES • HEAD COACH, 1951-73

Year	W-L-T	Pct.	ACC W-L-T	ACC RS Finish
1950	1-5-1	.214		
1951	0-9-0	.000		
1952	1-9-0	.100		
1953	3-7-0	.300		
1954	2-7-1	.250	0-3-0	5th
1955	1-9-0	.100	1-4-0	5th
1956	0-10-0	.000	0-5-0	4th
1957	4-5-1	.450	2-3-0	4th
1958	6-4-0	.600	3-2-0	3rd
1959	4-7-0	.364	3-2-0	2nd
1960	3-9-0	.250	2-3-0	3rd
1961	5-6-0	.455	3-1-0	2nd

## HEAD COACH BILL LAM: 1974-2003

**Career Record:** 378-131-4; 136-35-1 (ACC)

**Five NCAA Champions:** C.D. Mock (1982, 134 pounds); Rob Koll (1988, 155 pounds); T.J. Jaworsky (1993, 1994, 1995, 134 pounds)

**37 All-Americans**

**15 ACC Championships:** 1979, 1980, 1984, 1985, 1986, 1987, 1992, 1993, 1994, 1995, 1997, 1998, 1999, 2000, 2003

**93 ACC Champions**

**1982 National Coach of the Year**

**10-time ACC Coach of the Year:** 1986, 1987, 1992, 1994, 1995, 1997, 1998, 1999, 2000, 2003

1962	4-7-1	.375	2-2-0	2nd
1963	2-10-0	.167	0-4-0	3rd
1964	6-7-0	.462	2-3-0	2nd
1965	4-5-2	.455	2-2-0	3rd
1966	6-6-0	.500	1-3-0	3rd
1967	6-5-0	.545	2-2-0	3rd
1968	3-8-1	.292	0-4-0	3rd
1969	6-10-0	.375	1-3-0	4th
1970	2-8-0	.200	0-4-0	5th
1971	1-9-0	.100	0-4-0	5th
1972	2-11-0	.154	0-4-0	5th
1973	2-10-0	.167	0-4-0	5th
<b>24 yrs.</b>	<b>73-178-6</b>	<b>.296</b>	<b>24-62-0</b>	

## BILL LAM • HEAD COACH, 1974-2003

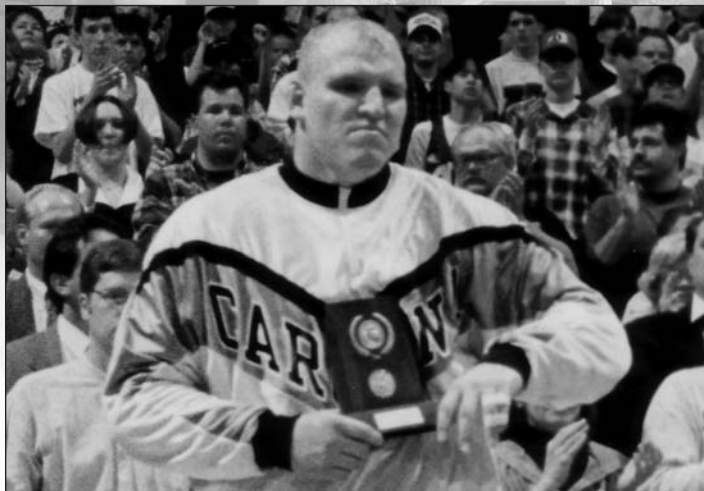
Year	W-L-T	Pct.	ACC W-L-T	ACC RS Finish	NCAA Finish
1974	11-2-0	.821	2-2-1	5th	
1975	8-6-0	.571	2-3-0	3rd	
1976	12-6-0	.667	5-1-0	2nd	
1977	11-5-0	.688	5-1-0	2nd	
1978	9-2-0	.818	4-2-0	2nd	
1979	15-1-0	.938	6-0-0	1st	17th
1980	12-0-0	1.000	7-0-0	1st	
1981	10-5-0	.667	5-2-0	3rd	13th
1982	12-4-0	.750	4-2-0	2nd	5th
1983	12-5-0	.755	4-2-0	2nd	17th
1984	12-6-0	.667	4-2-0	1st	
1985	13-7-0	.650	4-2-0	1st	19th
1986	17-3-1	.833	6-0-0	1st	6th
1987	18-5-0	.783	6-0-0	1st	7th
1988	15-5-0	.750	4-2-0	2nd	16th
1989	18-4-1	.783	5-1-0	2nd	18th
1990	13-7-0	.650	5-1-0	4th	16th
1991	14-7-0	.667	5-1-0	2nd	23rd
1992	15-5-0	.750	4-2-0	1st	18th
1993	12-6-0	.667	5-1-0	2nd	15th
1994	15-3-0	.833	6-0-0	1st	6th
1995	15-2-0	.882	6-0-0	1st	8th
1996	14-3-1	.806	5-0-0	1st	21st
1997	12-2-0	.857	5-0-0	1st	24th
1998	12-4-0	.750	4-1-0	1st	32nd
1999	11-5-0	.688	4-1-0	1st	32nd
2000	7-6-0	.539	2-3-0	1st	30th
2001	8-5-0	.615	4-1-0	T-1st	T-66th
2002	14-5-0	.737	4-1-0	T-1st	37th
2003	11-5-0	.687	4-1-0	2nd	34th
<b>30 yrs.</b>	<b>378-131-4</b>	<b>.741</b>	<b>136-35-1</b>		

## C.D. MOCK • HEAD COACH, 2004-PRESENT

Year	W-L-T	Pct.	ACC W-L-T	ACC RS Finish	NCAA Finish
2004	5-11-0	.312	1-4-0	4th	
2005	6-9-0	.400	4-2-0	2nd	24th
2006	16-8-1	.660	3-2-1	3rd	47th
<b>3 yrs.</b>	<b>27-28-1</b>	<b>.491</b>	<b>8-8-1</b>		



## Tar Heel Tradition Carolina Wrestling



**Justin Hart is the only four-time All-America and four-time ACC champion in program history.**

- Carolina has finished among the top three teams in the Atlantic Coast Conference 31 times in the last 33 years. The Tar Heels have won 17 ACC titles over this stretch.
- The Tar Heels have finished in the top 20 at the NCAA Championships 14 times in the last 28 years.
- The Tar Heels have had 21 different wrestlers earn All-America honors a total of 38 times. Evan Sola is the most recent Carolina All-America (2005). The Tar Heels have had at least one All-America in 21 of the last 27 seasons.
- In each of the last 33 years, Carolina has had at least one ACC champion. The Tar Heels have had at least two conference champions in 28 of the last 29 years. Overall, UNC wrestlers have won 102 individual ACC crowns.
- Carolina has produced five individual national champions. In 1982, C.D. Mock went undefeated in 35 matches and won the NCAA title at 134 pounds. In 1988, Rob Koll went 41-1 and captured the NCAA crown at 158 pounds. Koll won the title despite wrestling with torn ligaments in his right knee – an injury he suffered in the first round of the NCAA Tournament.
- T.J. Jaworsky captured three consecutive NCAA titles from 1993-95.

He went 39-1 as a sophomore in 1993 en route to his first title. In 1994, he went 33-4 and swept through the NCAA Championships, allowing just five points in the tournament, which was held at the Smith Center. As a senior in 1995, Jaworsky was 38-0 and claimed his third national title. He still holds Carolina records for career falls, single-season falls, career winning percentage and single-season winning percentage. Jaworsky is the only three-time NCAA champ in ACC history. Only one other conference wrestler won two titles.

- T.J. Jaworsky was named the Most Outstanding Wrestler at the 1995 NCAA Championships. He was also tagged the Most Outstanding Wrestler at the 1993 and '95 ACC Championships and the 1995 National Duals.
- Carolina played host to the 1994 NCAA Wrestling Championships at the Dean E. Smith Center. More than 64,000 people attended the event's six sessions, including a championship crowd of 11,868. After capturing the program's first national title, current head coach C.D. Mock was awarded UNC's Patterson Medal, presented annually to the University's top senior student-athlete. Rob Koll also was awarded the Patterson Medal in 1988.
- C.D. Mock was also Carolina's first All-America in 1979. Justin Hart and Rob Koll are the school's only four-time honorees, while Jan Michaels and T.J. Jaworsky were three-time All-Americans. Mock, Dave Cooke, Al Palacio, Doug Wyland, Shane Camera and current Tar Heel Evan Sola have each claimed All-America honors twice.
- In 1997, Justin Hart became the only Tar Heel wrestler to be a four-time All-America and four-time ACC champion. He joined Rob Koll as the only other four-time All-America in program history and Al Palacio as the only other four-time conference champion.
- Rob Koll became Carolina's first freshman All-America in 1985. After finishing sixth in the NCAA Championships, Jody Staylor was named national freshman of the year by Amateur Wrestling News in 1992.
- Tar Heels have been named Most Outstanding Wrestler at the ACC Championships on nine occasions. C.D. Mock was the first Carolina wrestler to earn the honor in 1979, while Evan Sola was the most recent in 2005.
- Fifteen Tar Heels – Stan Banks, Lenny Bernstein, Shane Camera, Enzo Catullo, Dave Cooke, Justin Hart, T.J. Jaworsky, Rob Koll, Jan Michaels, C.D. Mock, Bob Monaghan, Al Palacio, Bob Shriner, Jody Staylor and Doug Wyland – were named to the ACC's 50th Anniversary Team for wrestling in 2003. The squad represented the top 50 wrestlers in league history.

### WHERE ARE THEY NOW

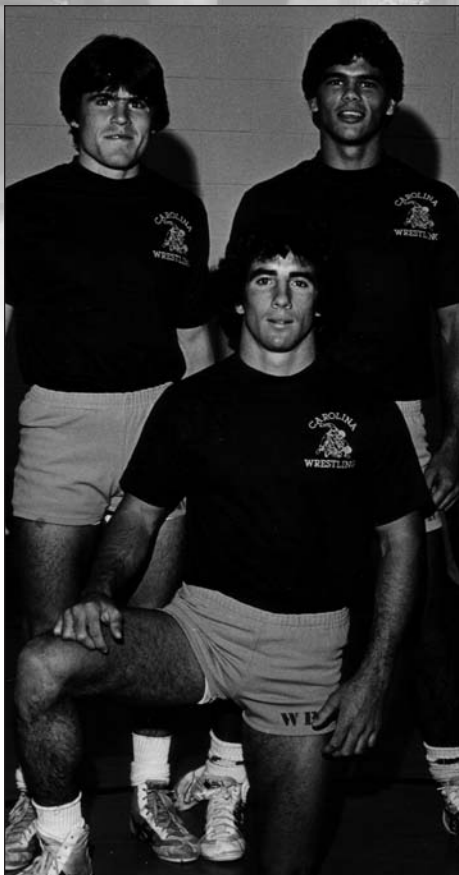
Back by popular demand, this section allows alumni to keep up with their teammates. Please help keep this list complete and current. Email Coach Mock at [cd@unca.unc.edu](mailto:cd@unca.unc.edu) with any information you have that is missing or incorrect. Please provide email addresses, which Coach Mock will keep on file with the hopes of building a complete database of former Tar Heels.

NAME	POSITION/EMPLOYER	HOMETOWN
Khalil Abdul-Malik	Teacher/Coach, Woodward School	Atlanta, Ga.
Ryan Adams	Student	Chapel Hill, N.C.
Justin Annas	UNC Student Stores	Chapel Hill, N.C.
Louis Arthur		Wake Forest, N.C.
John Aumiller	Business Owner	Dauphin, Pa.
Stan Banks	National Recruiting Mgr., Black & Decker	Dallas, Texas
Harry Barnabae	Real Estate Sales	Baltimore, Md.
Jay Barnwell	Radiology Technician	Fuquay-Varina, N.C.
Corey Bell	Business Owner	Durham, N.C.
JohnMark Bentley	Asst. Coach, Appalachian State	Boone, N.C.
Mike Benzel	Teacher/Coach, Kellam High School	Virginia Beach, Va.
Mike Booth	Teacher/Coach, Eastern High School	Margate City, N.J.
Brad Byers	U.S. Air Force	San Diego, Calif.
Dan Calhoun	Teacher/Coach, Williamsport H.S.	Williamsport, Pa.
Mark Canty		Chicago, Ill.
Greg Carr		Baltimore, Md.
Mike Chase	VP, OneAmerica/AUL Life Insurance	Charlotte, N.C.
Bill Christie		Centerville, Va.
David Cooke	County Manager	Raleigh, N.C.
Pat Crowley	VP, UBS Financial	Winston-Salem, N.C.
Chris DiGuseppe	Rubbermaid Commercial Products	Philadelphia, Pa.
C.C. Fisher	Asst. Coach; UNC Greensboro	Greensboro, N.C.
Patrick Fry		Mooresville, N.C.
Joe Galli		Baltimore, Md.
Steve Gible	Teacher/Coach	Hunterdon, N.J.
David Grant	State Farm Insurance/Coach	Westerville, Ohio
James Groudie	Manager, Accenture	Charlotte, N.C.
John Hart	Compliance Officer, UNC Healthcare	Chapel Hill, N.C.
Todd Hartung	Teacher/Coach, Forsyth Country Day	Davidson, N.C.
Justin Hart	Black & Decker	Greensboro, N.C.
Perrin Henderson		Charlotte, N.C.

Carl Hoffman	New Jersey State Trooper	Germania, N.J.
Aaron Holt	Black & Decker	Texas
Adam Hopler	Teacher/Coach, Cresset Academy	Durham, N.C.
Dave Juergens	Business Owner	Hilton, N.Y.
Venroy July	Duke Law School	Durham, N.C.
Mike Kendall	Teacher/Coach, East Wake H.S.	Raleigh, N.C.
Rob Koll	Head Coach, Cornell University	Ithaca, N.Y.
Dave Leonardis	Teacher/Coach, The Peddie School	New Jersey
Carter Mario	Attorney, Carter Mario Injury Lawyers	Milford, Conn.
Norman Masterson	Pharmacist	Brevard, N.C.
Jan Michaels	Teacher/Coach	Branchville, N.J.
Josh Miller	Contractor, Bethel Homes, Inc.	Charlotte, N.C.
C.D. Mock	Head Coach, North Carolina	Chapel Hill, N.C.
Bob Monaghan	Southeast Petroleum Systems	Raleigh, N.C.
Reid Monaghan	Campus Director AIA	Blacksburg, Va.
Charlie Moose	Police Chief	Washington D.C.
Scott Nodland	Supervisor, Toll Brothers	West Chester, Pa.
Ben Oberly	Nursery Owner	Washington, N.J.
Clint Osborn	Paramedic	Chapel Hill, N.C.
John Parsons	Parsons & Sons Lumber Company	York Harbor, Maine
Tim Plott	Milliken Carpet Hospitality	Lake Oswego, Ore.
Jotham Pruitt	Strategic Management Company	Chapel Hill, N.C.
Charlie Quaile	Business Owner	Pittsboro, N.C.
Jeff Reintgen	Dentist	Cary, N.C.
Johnny Rich	Teacher/Coach, Ensworth School	Nashville, Tenn.
Seth Richards	CEO, Implus Footcare	Chapel Hill, N.C.
Chris Rodrigues	Chef	U.S.S. Nevada
Rick Seibold	Musician	New York, N.Y.
Bobby Shriner	Teacher/Coach, Orange High School	Hillsborough, N.C.
Blair Shwedo	President, Southeast Petroleum Systems	Charlotte, N.C.
Mike Starkey	Business Owner	Charlotte, N.C.
James Stephenson	Accountant	Chesapeake, Va.
Justin Thornton	Attorney	Washington D.C.
Jeff Vasquez	Fujitsu Computer Systems/Coach	Atlanta, Ga.
W. Lane Verlenden	Physician	Carmel Valley, Calif.
Harold Waters	Herff Jones, Inc.	Greer, S.C.
Pete Welch	Teacher/Coach, McDonough School	Baltimore, Md.
Doug Wyland	Orthopedic Surgeon	Atlanta, Ga.



# Carolina Wrestling Year-By-Year Results



Tri-captains Bob Monaghan, C.D. Mock and Dave Cook led Carolina to a program-best fifth-place finish at the 1982 NCAA Championships.

## PRE-1974 RESULTS

Year	Record	Year	Record	ACC Rec.
1923	3-1	1954	2-7	0-3
1924	4-3-1	1955	1-9	1-4
1925	1-4	1956	0-10	0-5
1926	4-1	1957	4-5-1	2-3
1927	3-2	1958	4-7	3-2
1928	2-4	1959	3-9	2-3
1929	4-2	1960	5-6	3-1
1930	4-3	1961	4-7-1	2-2
1931	5-1-1	1962	6-4	3-2
1932	2-4-1	1963	2-10	0-4
1933	1-4-1	1964	6-7	2-3
1934	2-5	1965	4-5-2	2-2
1935	2-4	1966	6-6	1-3
1936	3-3	1967	6-5	2-2
1937	3-4	1968	3-8-1	0-4
1938	2-4	1969	6-10	1-3
1939	4-3	1970	2-8	0-4
1940	4-3	1971	1-9	0-4
1941	5-1-1	1972	2-11	0-4
1942	4-3	1973	2-10	0-4
1943	4-1			
1944	1-2			
1945	0-3			
1946	5-1			
1947	7-1			
1948	4-2			
1949	3-4-1			
1950	1-5-1			
1951	0-9			
1952	1-9			
1953	3-7			

## 1973-74

(11-2-1, ACC 2-2-1)		
at Campbell	W	26-16
Furman	W	47-6
Western Carolina	W	31-13
N. C. State	T	16-16
VMI-1	W	33-0
Davidson-1	W	29-5
at Washington & Lee	W	21-17
at Virginia Tech	W	31-13
at Maryland	L	9-31
Virginia-2	L	8-30
American-2	W	31-6
Elon	W	21-18
Clemson	W	34-16
Duke	W	23-14
ACCs (Raleigh, N.C.)		5th Place
1-Lexington, Va.		
2-College Park, Md.		

## 1974-75

(8-6, 2-3 ACC)		
N.C. State	W	24-17
Pembroke State	W	35-5
at Lockhaven State	W	24-12
at Penn State	L	15-24
at American	W	40-0
at Navy	L	7-37
at East Carolina	L	18-23
Maryland	L	15-24
Campbell	W	36-7
Virginia Tech	W	34-6
at N.C. State	L	19-21
at Duke	W	31-12
at Western Carolina	W	24-10
Virginia	L	14-28
ACCs (Charlottesville, Va.)		3rd Place

## 1975-76

(12-6, 5-1 ACC)		
at Pembroke State	W	30-9
Clemson	W	56-0
at Co. School of Mines	W	43-0
at Northern Colorado	W	26-18
at Wyoming	L	16-25
at Oklahoma	L	6-36
Georgia	W	41-0
N.C. State	W	19-15
at Navy	L	16-22
Clarion	L	19-24
East Carolina	L	13-24
at Old Dominion	W	38-12
at Richmond	W	37-6
at Maryland	W	21-12
Duke	W	37-6
at N.C. State	L	9-22
at Virginia	W	18-17
at Virginia Tech	W	23-20
ACCs (Chapel Hill)		2nd Place
1-Annapolis, Md.		

## 1976-77

(11-5, 5-1 ACC)		
at Clemson	W	53-2
Richmond	W	36-5
The Citadel	W	51-0
Pembroke State	W	46-0
at Florida Tech	W	24-14
Lehigh	L	16-27
Wilkes	L	8-29
N.C. State	W	16-15
at Navy	L	9-26
Yale-1	W	22-10
at East Carolina	L	14-22
at Duke	W	23-17
Maryland	W	30-9
at N.C. State	L	12-25
Virginia Tech	W	24-17
Virginia	W	22-13
ACCs (College Park, Md.)		2nd Place
1-Annapolis, Md.		

## 1977-78

(9-2, 4-2 ACC)		
Clemson	W	24-9
East Carolina	W	25-15
at N.C. State	L	18-24
at Trenton State	W	35-5
Pembroke State	W	48-0
Duke	W	35-10
at Maryland	W	23-18
N.C. State	L	16-23
at East Carolina	W	32-15
at Virginia	W	26-14
at Virginia Tech	W	24-16
ACCs (Raleigh, N.C.)		2nd Place

## 1978-79

(15-1, 6-0 ACC)		
at Clemson	W	22-21
Wilkes-1	W	21-20
Yale-1	W	38-9
at Navy	L	16-17
at East Carolina	W	39-8
N.C. State	W	20-19
Franklin & Marshall-2	W	29-10
at William & Mary	W	27-11
Virginia	W	42-3
Penn State	W	34-4
at Duke	W	35-0
Maryland	W	36-9
at N.C. State	W	21-18
at Old Dominion	W	25-18
Virginia Tech	W	35-2

East Carolina	W	33-14
ACCs (Durham, N.C.)		1st Place
NCAAs (Corvallis, Ore.)		17th Place
1-Annapolis, Md.		
2-Williamsburg, Va.		

## 1979-80

(12-0, 7-0 ACC)		
East Carolina	W	28-21
Navy	W	26-13
at N.C. State	W	21-18
Old Dominion	W	30-11
Duke	W	44-3
Clemson-1	W	25-15
at Maryland	W	28-14
N.C. State	W	27-15
Syracuse	W	33-8
at Virginia Tech	W	22-19
at Virginia	W	23-17
Georgia Tech	W	32-12
ACCs (Durham, N.C.)		1st Place
NCAAs (Corvallis, Ore.)		42nd Place
1-Gastonia, N.C.		

## 1980-81

(10-5, 5-2 ACC)		
at Georgia Tech	W	28-9
at Auburn	L	14-28
Northern Iowa	L	5-40
Navy-1	L	5-29
Yale-1	W	30-11
N.C. State	L	9-29
at East Carolina	W	27-17
Maryland	W	27-9
at Duke	W	21-20
at Old Dominion	W	21-19
Clemson-2	W	24-22
at N.C. State	L	10-31
Virginia	W	33-6
at Appalachian State	W	30-10
Virginia Tech	W	Forfeit
ACCs (Charlottesville, Va.)		3rd Place
NCAAs (Princeton, N.J.)		13th Place
1-College Park, Md.		
2-Kings Mountain, N.C.		

## 1981-82

(12-4, 4-2 ACC)		
Iowa State	L	8-27
Oklahoma-1	L	17-24
Oswego State	W	32-6
Hofstra	W	35-6
Appalachian State	W	40-6
Virginia Tech	W	36-5
Old Dominion	W	37-0
Duke	W	35-16
at N.C. State	L	13-21
Clemson-2	W	25-10
at Navy	W	26-19
Liberty Baptist-3	W	34-11
Pittsburgh-3	W	32-14
at Maryland	W	23-15
N.C. State	L	17-22
at Virginia	W	29-10
ACCs (Chapel Hill, N.C.)		2nd Place
NCAAs (Ames, Iowa)		5th Place
1-Charlotte, N.C.		
2-York, S.C.		
3-Annapolis, Md.		

## 1982-83

(12-5, 4-2 ACC)		
Liberty Baptist	W	26-11
at Northern Iowa	L	8-31
at Iowa State	L	15-32
at Virginia Tech	W	26-13
Appalachian St.-1	W	25-14
Air Force-2	W	44-3
Wilkes College-2	W	26-13
Old Dominion-2	W	29-12
at Duke	W	36-6
N.C. State	L	16-25
at Clemson	W	20-19
at Navy	L	5-29
at George Mason	W	38-4
at Old Dominion	W	24-11
at N.C. State	L	14-24
Maryland	W	23-14
Virginia	W	27-10
ACCs (College Park, Md.)		2nd Place
NCAAs (Oklahoma City, Okla.)		17th Place
1-Granite City, N.C.		
2-Virginia Duals, Hampton, Va.		

## 1983-84

(12-6, 4-2 ACC)		
at Liberty Baptist	W	27-12
Iowa State	L	16-23
Wisconsin	L	19-21
Olivet Nazarene-1	W	44-2
Appalachian St.-2	W	26-13
Ohio State-3	W	21-20
Wisconsin-3	L	13-22
Old Dominion-3	L	16-26
Ohio State-3	W	22-13
Navy	W	23-13
Duke	W	45-0
at N.C. State	L	12-21
Clemson	W	28-12
George Mason	W	45-0
Virginia Tech	W	35-3
N.C. State	W	20-16
at Virginia	W	20-15
at Maryland	L	13-22

# Year-By-Year Results Carolina Wrestling

ACCs (Clemson, S.C.)  
NCAAs (East Rutherford, N.J.)  
1-Charlotte, N.C.  
2-Rock Hill, S.C.  
3-Virginia Duals, Hampton, Va.

1st Place  
26th Place

## 1984-85

### (13-7, 4-2 ACC)

Liberty Baptist	W	43-11
at Iowa State	L	12-28
at Northern Iowa	L	10-25
at Wisconsin	L	6-30
Illinois-1	W	19-15
California-Poly-1	L	17-32
Temple-1	W	24-14
Ohio State-1	W	22-16
Tennessee-1	W	24-22
Iowa State-1	L	9-34
at Navy	W	23-19
at Duke	W	34-3
Northwestern	L	26-21
N.C. State	W	18-19
at Clemson	W	24-16
at N.C. State	L	12-25
Virginia	W	26-12
Appalachian State	W	48-3
The Citadel	W	46-0
ACCs (Chapel Hill, N.C.)		1st Place
NCAAs (Oklahoma City, Okla.)		19th Place
1-Virginia Duals, Hampton, Va.		

## 1985-86

### (17-3-1, 6-0 ACC)

Waynesburg-1	W	43-9
Liberty-1	W	32-13
Appalachian State-1	W	39-12
Iowa State	L	15-25
Oregon State	W	23-16
at Liberty	W	36-8
Wisconsin	L	11-25
Appalachian State	W	42-4
Michigan State-2	W	34-9
Wisconsin-2	T	17-17
California-Poly-2	W	32-10
Oklahoma-2	L	22-23
Virginia-2	W	40-6
Northern Iowa	W	28-6
Navy	W	32-11
Duke	W	38-9
at N.C. State	W	19-16
Clemson	W	36-6
at Virginia	W	43-3
at Maryland	W	30-6
N.C. State	W	37-3
ACCs (Raleigh, N.C.)		1st Place
NCAAs (Iowa City, Iowa)		6th Place
1-Western Duals, Boone, N.C.		
2-Virginia Duals, Hampton, Va.		

## 1986-87

### (18-5, 6-0 ACC)

Tennessee-Chattanooga	W	26-15
Oregon State	W	42-2
at Old Dominion	W	40-3
Liberty	W	39-6
at Northern Iowa	W	25-17
Drake-1	W	29-15
at Iowa State-1	L	16-23
at Iowa	L	14-26
Oregon-2	W	27-9
Wisconsin-2	W	23-15
Oklahoma State-2	L	15-21
Northern Iowa-2	L	19-21
Wisconsin-2	W	23-19
Appalachian State	W	34-9
N.C. State	W	30-12
at Duke	W	35-11
at Clemson	W	32-11
Virginia	W	34-4
Maryland	W	36-14
at N.C. State	W	23-11
William & Mary-3	W	36-14
Shippensburg-3	W	42-8
at Navy	L	17-19
ACCs (Durham, N.C.)		1st Place
NCAAs (College Park, Md.)		7th Place
1-Iowa State Duals, Ames, Iowa		
2-Virginia Duals, Hampton, Va.		
3-Annapolis, Md.		

## 1987-88

### (15-5, 4-2 ACC)

Iowa State	L	18-28
Oregon State	W	21-15
Winston-Salem State	W	43-4
Chowan	W	54-0
at Liberty	W	25-10
Old Dominion	W	29-7
Wisconsin-1	L	14-22
VMI-1	W	24-14
Penn State-1	L	16-23
at VMI	W	26-10
N.C. State	L	12-26
Duke	W	35-6
Clemson	W	20-14
at Virginia	W	23-15
Drexel-2	W	29-8
at Morgan State	W	27-16
at Maryland	W	20-16
at N.C. State	L	16-22
James Madison	W	38-10
Navy	W	18-16
ACCs (Charlottesville, Va.)		2nd Place
NCAAs (Ames, Iowa)		16th Place

**Rob Koll was the 1988 NCAA champion at 158 pounds with a 41-1 record.**



1-Virginia Duals, Hampton, Va.  
2-Baltimore, Md.

## 1988-89

### (18-4-1, 5-1 ACC)

Oregon State	W	28-10
William & Mary-1	L	14-18
Maryland-1	W	20-18
Virginia-1	W	31-14
Syracuse-1	W	18-16
Liberty	W	21-14
at Iowa State	W	25-14
Arizona State-2	L	13-28
Northern Iowa-2	W	24-19
Nebraska-2	W	22-16
N.C. State-2	W	22-9
Penn State-2	L	10-25
Lock Haven-2	W	25-18
N.C. State	W	24-7
at Clemson	W	21-13
Virginia	W	33-7
Morgan State	W	26-14
at N.C. State	L	15-17
Maryland	W	25-13
at Duke	W	31-8
at Navy	T	16-16
at Old Dominion	W	30-9
at James Madison	W	34-6
ACCs (College Park, Md.)		2nd Place
NCAAs (Oklahoma City, Okla.)		18th Place
1-Penn State Duals, State College, Pa.		
2-Virginia Duals, Hampton, Va.		

## 1989-90

### (13-7, 5-1 ACC)

Oregon State	W	24-17
Morgan State-1	W	32-9
Clarion-1	L	15-24
William & Mary-1	W	25-13
at Liberty	W	30-9
Iowa State	L	10-25
Penn State-2	L	10-29
Lock Haven-2	W	26-11
Michigan-2	W	21-12
Iowa State-2	L	10-28
Oklahoma-2	L	18-20
N.C. State	W	21-19
Clemson	W	28-13
at Virginia	W	48-6
at Morgan State	W	23-12
at Maryland	L	18-26
Duke	W	27-9
Navy	L	17-21
at N.C. State	W	17-16
Old Dominion	W	41-8
ACCs (Clemson, S.C.)		4th Place
NCAAs (College Park, Md.)		16th Place
1-Penn State Duals, State College, Pa.		
2-National Duals, Hampton, Va.		

## 1990-91

### (14-7, 5-1 ACC)

Hofstra-1	W	36-11
Clarion-1	L	19-21
Army-1	L	15-21
Norfolk State-2	W	41-6
Liberty-2	W	35-11
at Iowa State	L	3-36
Nebraska-3	L	16-31
Indiana-3	W	25-12
Arizona State-3	W	16-16*
*win by criteria (59-50 individual points)		
Ohio State-3	L	12-25
West Virginia-3	W	20-15
Morgan State	W	43-9
at N.C. State	W	18-16
Appalachian State	W	28-11
at Clemson	L	11-20
Virginia	W	22-17
Maryland	W	20-14
at Duke	W	26-9
N.C. State	W	21-13
at Navy	L	15-27
at Old Dominion	W	23-18
ACCs (Chapel Hill, N.C.)		2nd Place
NCAAs (Iowa City, Iowa)		23rd Place
1-Penn State Duals, State College, Pa.		
2-Carolina Duals, Chapel Hill, N.C.		
3-National Duals, Hampton, Va.		

## 1991-92

### (15-5, 4-2 ACC)

Lock Haven-1	L	15-17
at Penn State -1	L	14-26
Army-1	L	16-18
Bloomsburg-2	W	16-16*
*win by criteria (major decisions)		
Syracuse-2	W	30-13
Oklahoma-2	W	26-10
Navy-2	W	23-11
Bucknell	W	26-16
N.C. State	L	13-22
Penn	W	32-5
Tennessee-Chattanooga	W	23-17
Clemson	W	20-13
at Virginia	W	22-14
at Morgan State	W	40-6
at Maryland	W	23-11
at N.C. State	L	16-19
Navy	W	16-15
Old Dominion	W	28-12
Duke	W	35-0
at Liberty	W	29-11
ACCs (Raleigh, N.C.)		1st place
NCAAs (Oklahoma City, Okla.)		18th place
1-Penn State Duals, State College, Pa.		
2-Virginia Duals, Hampton, Va.		

## 1992-93

### (12-6, 5-1 ACC)

at Iowa	L	6-45
at Bucknell	L	18-21
Cornell-1	L	12-26
Old Dominion-1	W	20-10
Navy-1	L	13-21
Lehigh-2	W	21-14
at Penn	W	37-0
Franklin & Marshall-2	W	23-12
at N.C. State	W	21-16
at UT-Chattanooga	W	19-13
at Clemson	W	20-18
Virginia	W	37-3
Maryland	L	16-18
Morgan State	W	35-7
N.C. State	W	22-19
Liberty	W	26-21
at Duke	W	37-6
at Navy	L	12-22
ACCs (Durham, N.C.)		1st place
NCAAs (Ames, Iowa)		15th place
1-Virginia Duals, Hampton, Va.		
2-at Philadelphia, Pa.		

## 1993-94

### (15-3, 6-0 ACC)

East Stroudsburg	W	35-9
Brown	W	29-17
Penn	W	34-4
UT-Chattanooga	W	38-7
at N.C. State	W	24-9
vs. Iowa State-1	W	24-13
vs. Michigan-2	W	29-11
vs. Oklahoma State-1	L	14-29
vs. Iowa State-1	W	19-26
vs. Penn State-1	L	16-23
Clemson	W	26-12
at Virginia	W	36-3
at Liberty	W	30-6
vs. Penn State-2	L	18-19
at Maryland	W	40-0
N.C. State	W	28-5
Duke	W	23-13
Navy	W	26-9
ACCs (Charlottesville, Va.)		1st place
NCAAs (Chapel Hill, N.C.)		6th place
1-National Duals, Lincoln, Neb.		
2-Hershey, Pa.		

## 1994-95

### (15-2, 6-0 ACC)

vs. Army-1	W	30-9
vs. Cornell-1	W	28-12
at Brown	W	32-3
N.C. State	W	29-13
vs. Pittsburgh-2	W	30-7
vs. Iowa-2	L	9-33
vs. Fresno State-2	W	22-17
vs. Iowa State	L	19-24
vs. Pittsburgh	W	33-9



## UNC hosted the 1994 NCAA Championships at the Smith Center.



Virginia	W	31-10
at Clemson	W	36-4
Maryland	W	38-6
Ohio State	W	24-15
Tennessee-Chattanooga	W	34-12
at N.C. State	W	32-9
Duke	W	43-9
at Navy	W	30-14
ACCs (College Park, Md.)		1st place
NCAAs (Iowa City, Iowa)		8th place
1-at Providence, R.I.		
2-National Duals, Lincoln, Neb.		

### 1995-96

<b>(14-3-1, 5-0 ACC)</b>		
Georgia State	W	45-6
Army-1	W	28-9
Brown-1	W	35-9
Cornell-1	L	16-18
at East Stroudsburg	W	31-12
at N.C. State	W	27-9
#9 Penn State-2	L	12-26
Fresno State-2	W	19-18
#22 Clarion-2	W	33-13
#4 Michigan State-2	T	17-17
#8 Arizona State-2	L	19-25
at Virginia	W	30-3
at The Citadel	W	38-10
UNC Greensboro	W	27-10
at Duke	W	36-9
Navy	W	37-3
at Maryland	W	30-3
N.C. State	W	27-12
ACCs (Chapel Hill, N.C.)		2nd place
NCAAs (Minneapolis, Minn.)		21st place
1-ACC-EIWA Challenge, Chapel Hill, N.C.		
2-National Duals, Lincoln, Neb.		

### 1996-97

<b>(12-2, 5-0 ACC)</b>		
Brown-1	W	41-7
Army-1	W	33-12
at Penn-1	W	24-15
at N.C. State	W	26-9
at #13 Nebraska-2	L	16-19
at #23 Clarion-2	L	14-24
Virginia	W	29-7
Maryland	W	31-9
The Citadel	W	49-6
at UNC Greensboro	W	40-3
Appalachian State	W	24-18
at Navy	W	30-9
N.C. State	W	30-6
at Duke	W	30-10
ACCs (Raleigh, N.C.)		1st place
NCAAs (Cedar Falls, Iowa)		24th place
1-ACC-EIWA Challenge, Philadelphia, Pa.		
2-National Duals, Lincoln, Neb.		

### 1997-98

<b>(12-4, 4-1 ACC)</b>		
at Nebraska	L	6-29
Ohio-1	L	15-21
Appalachian State-1	W	33-10
Cal Poly-1	L	7-29
N.C. State	L	17-18
at Ohio State	W	24-11
Delaware State-2	W	43-9
UNC Greensboro	W	40-6
at Virginia	W	18-12
at Maryland	W	38-0
Georgia State	W	36-9
Virginia Tech	W	25-10
The Citadel	W	51-0
Duke	W	34-6
Navy	W	28-6
at N.C. State	W	23-13
ACCs (Durham, N.C.)		1st place
NCAAs (Cleveland, Ohio)		32nd place
1-Virginia Duals, Hampton, Va.		
2-Columbus, Ohio		

### 1998-99

<b>(11-5, 4-1 ACC)</b>		
Cornell-1	L	15-22
Edinboro-1	W	22-9
Lock Haven-1	W	16-15
Boise State-1	W	22-18

Cornell-1	L	15-19
at N.C. State	W	26-12
Virginia	W	32-6
at The Citadel	W	41-3
Carson-Newman (S.C.)	W	29-13
at UNC-Greensboro	W	35-3
Oklahoma State	L	10-31
Maryland	W	40-0
Nebraska	L	3-30
at Duke	W	35-9
at Navy	W	29-11
N.C. State	L	17-18
ACCs (Charlottesville, Va.)		1st place
NCAAs (State College, Pa.)		32nd place
1-Virginia Duals (Virginia Beach, Va.)		

### 1999-2000

<b>(7-6, 2-3 ACC)</b>		
Pittsburgh-1	L	8-30
Virginia-1	W	22-16
Virginia Tech-1	L	18-20
N.C. State	L	18-21
at Virginia	W	27-9
at Maryland	L	19-21
Appalachian State	W	30-15
The Citadel	W	35-18
Duke	W	31-9
Navy	W	23-18
Ohio	L	16-18
at N.C. State	L	18-22
James Madison	W	26-8
ACCs (College Park, Md.)		1st place
NCAAs (St. Louis, Mo.)		30th place
1-Virginia Duals (Hampton, Va.)		

### 2000-01

<b>(8-5, 4-1 ACC)</b>		
Lehigh	W	17-16
Kent State-1	L	9-25
Cal-State Bakersfield	L	17-18
at N.C. State	W	16-14
at Ohio	L	16-19
at Ohio State	L	4-35
UNC Greensboro	W	41-0
Appalachian State	W	32-9
Virginia	W	24-12
at Duke	W	35-3
at Navy	W	21-13
Maryland	W	24-12
N.C. State	L	16-19
ACCs (Chapel Hill, N.C.)		3rd place
NCAAs (Iowa City, Iowa)		T-66th place
1-Virginia Duals (Hampton, Va.)		

### 2001-02

<b>(14-5, 4-1 ACC)</b>		
at ESU Open		NTS
Sharpie-Carolina Open		NTS
at Las Vegas Invite		22nd place
at Midlands		31st place
Virginia Tech-1	W	30-12
#9 Missouri-1	L	9-37
Indiana-1	W	23-21
Army-1	W	28-12
Kent State-1	L	19-20
NC State	W	21-9
Ohio	W	21-17
Cumberland	W	32-18
Campbell	W	43-3
UNC Greensboro	W	35-0
Virginia	W	31-9
Maryland	W	24-9
Duke	W	33-6
at Navy	L	16-18
at NC State	L	12-22
at Lehigh	L	7-32
at Drexel	W	26-8
Appalachian State	W	34-6
Gardner-Webb	W	27-19
ACCs (Raleigh, N.C.)		2nd place
NCAAs (Albany, N.Y.)		37th place
1-Virginia Duals (Hampton, Va.)		

### 2002-03

<b>(11-5, 4-1 ACC)</b>		
at East Stroudsburg Open		NTS
Sharpie-Carolina Open		NTS
at Reno Invite		8th place

at Midlands-1		15th place
vs. #4 Illinois-2	L	12-22
vs. Army-2	W	21-12
vs. Rider-2	W	21-14
vs. #24 Edinboro-2	L	17-23
at NC State*	W	21-13
UNC Greensboro	W	36-9
Anderson College	W	42-0
Virginia*	L	17-20
Maryland*	W	30-9
at Duke*	W	29-9
at Navy	L	10-21
NC State*	W	22-12
at #7 Michigan State	L	15-22
at Eastern Michigan	W	25-9
at Appalachian State	W	24-12
Campbell	W	39-3
ACCs (Boone, N.C.)		1st place
NCAAs (Kansas City, Mo.)		34th place
1-Evanston, Ill.		
2-Virginia Duals (Hampton, Va.)		

### 2003-04

<b>(5-11, 1-4 ACC)</b>		
at East Stroudsburg Open		NTS
at Missouri Open		NTS
at Mat-Town USA		11th place
Rubbermaid Open		NTS
Beast of the East		8th place
Southern Scuffle		7th place
#3 Lehigh-1	L	0-41
Kent State-1	W	16-15
Rider-1	L	18-21
NC State	L	12-26
vs. Drexel	L	17-19
at Maryland	W	19-15
at Virginia	L	20-24
vs. Davidson-2	W	30-7
at UNC Greensboro	L	20-20
Duke*	L	13-21
vs. Eastern Michigan	L	13-18
at American	W	40-0
vs. Navy	L	13-24
at NC State*	L	12-19
at #2 Nebraska	L	0-47
Appalachian State	W	36-6
ACCs (Charlottesville, Va.)		4th place
NCAAs (St. Louis, Mo.)		DNS
1-Virginia Duals (Hampton, Va.)		

### 2004-05

<b>(6-9, 4-2 ACC)</b>		
Missouri Open		NTS
Mat-Town USA		9th
Irwin-Carolina Open		NTS
Beast of the East		Tie-2nd place
Southern Scuffle		9th place
Maryland	W	36-3
#6 Nebraska-1	L	12-26
Virginia-1	W	25-9
#12 Missouri-1	L	13-25
Virginia	W	25-12
#7 Nebraska	L	7-34
at NC State	L	17-21
#21 Navy	L	10-27
at Duke	W	28-10
vs. Drexel	L	20-21
at #25 Penn	L	10-24
Virginia Tech	L	15-21
vs. #9 Central Michigan	L	9-29
at The Citadel	W	29-10
*NC State	W	19-16
ACCs (Greensboro, N.C.)		1st place
NCAAs (St. Louis, Mo.)		24th place
1-Virginia Duals (Hampton, Va.)		

### 2005-06

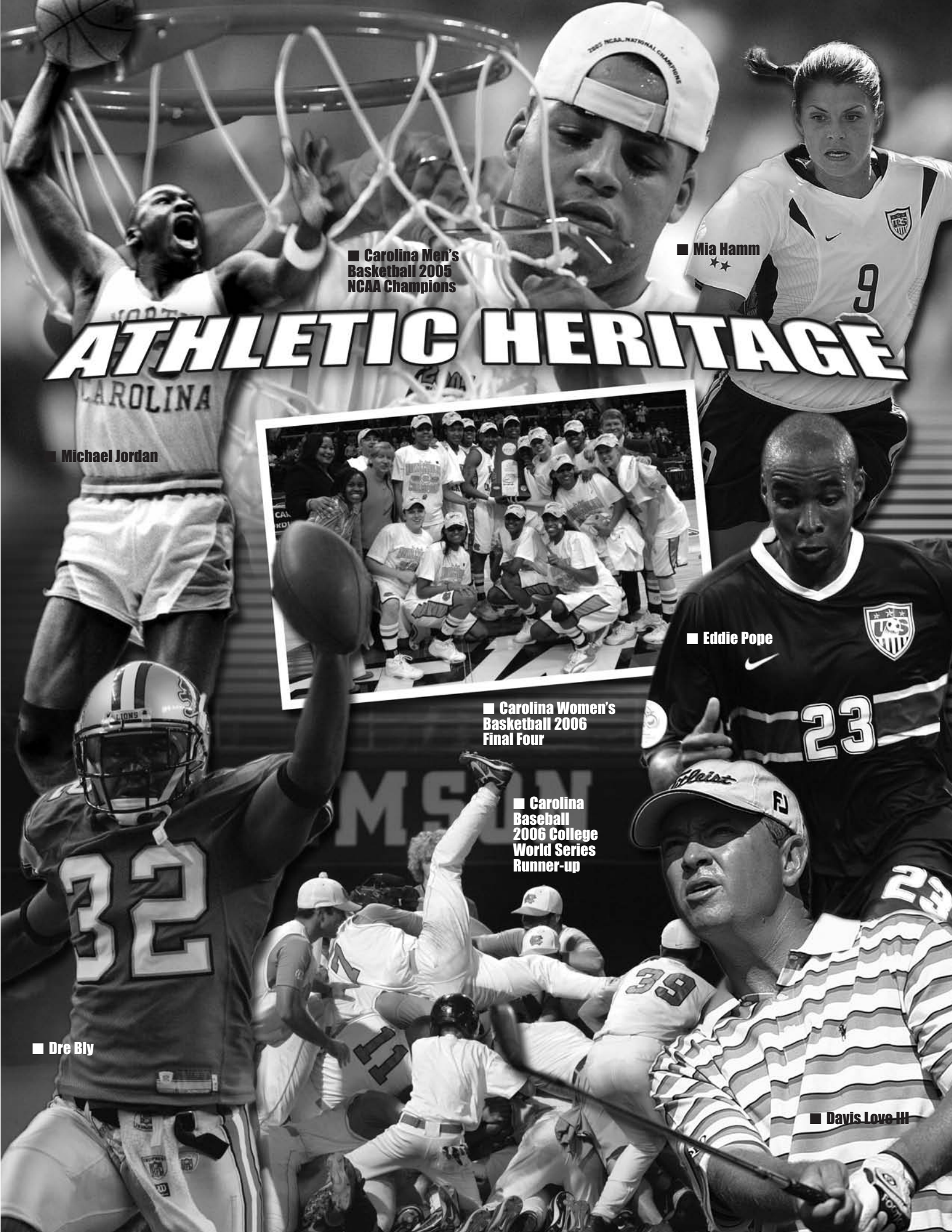
<b>(16-8-1, 3-2-1 ACC)</b>		
at Appalachian State-1	W	23-18
vs. VMI-1	W	32-15
vs. #22 Chattanooga-1	W	24-15
East Stroudsburg Open		NTS
Carolina Open		NTS
Nittany Lion Open		NTS
vs. Drexel-2	W	26-9
at Clarion-2	W	34-9
vs. Kent State-2	W	23-10
Southern Scuffle		10th place
vs. Northern Colorado-3	W	27-12
vs. Stanford-3	W	21-10
vs. #18 Wisconsin-3	L	15-21
vs. UC Davis-4	W	24-12
vs. Chattanooga-4	L	16-17
vs. Rider-4	W	37-3
vs. Virginia-4	W	20-18
vs. Ohio State-4	W	28-13
vs. Chattanooga-4	L	13-24
NC State	T	16-16
#25 Penn	L	8-33
The Citadel	L	9-33
at Virginia	L	10-27
at Maryland	L	18-24
at #19 Navy	L	4-41
Duke	W	22-15
vs. Virginia Tech-5	W	31-9
at NC State	W	20-16
Old Dominion	W	19-16
ACCs (Lexington, Va.)		1st place
NCAAs (Oklahoma City, Okla.)		47th place
1-Mat Jam Duals (Boone, N.C.)		
2-Clarion Duals (Clarion, Pa.)		
3-Lone Star Duals (Grand Prairie, Texas)		
4-Virginia Duals (Hampton, Va.)		
5-Richmond, Va.		

# All-Time Letterwinners Carolina Wrestling

**NOTE: Lettermen listed with their graduating class. List obtained from UNC Alumni Association.**

Abdul-Malik, Khalil	1997	Duke, Greg	1979	Koll, Rob	1989	Roofner, Ty	1999
Adams, Ryan	2004	Dukes, J.W.	1998	Kortner, Coleman	1963	Ross, Matt	1971
Alexander, Charles	1967	Dworin, Elliott	1965	Lam, Kurt	1996	Royer, Nick	2005
Alexander, Thomas	1962	Earnhardt, Donald	1973	Lam, Travis	1994	Rudolph, Curtis	1979
Annas, Justin	2005	Efland, Simpson	1935	LaMotta, Jason	2000	Rudolph, Carver	1970
Appell, Albert	1964	Elinsky, Mike	1982	Lamphiear, Warren	2003	Rumley, Richard	1972
Arthur, Louis	1963	Ellenberger, Tim	1991	Landolfo, Jay	1991	Rumley, Thomas	1970
Atkinson, David	1959	Evans, Sam	1976	Landstra, Gary	1977	Rumley, Billy	1981
Atkinson, Garrett	2006	Echeverri, Steve	2000	Lasalandra, Toney	1986	Rupp, Ron	1986
Auman, Jason	1933	Farber, Barry	1952	Lee, Joshua	2004	Russell, Raymond	1960
Aumiller, John	1995	Farrish, Herb	1977	Lee, Rusty	2000	Ruttenberg, Neil	1962
Ball, Frederic	1971	Ferguson, Fred	1931	Leonardis, David	1996	Ryan, Joe	1979
Ballard, Mike	1993	Fisher, CC	1998	Lewallen, Hays	1989	Sara, Charles	1972
Banks, Stan	1995	Fisher, Danny	1984	Liddell, Mark	1977	Saunders, Doug	1985
Barbis, Tim	2006	Flippin, Joe	2005	Liipfert, Bailey	1985	Saunders, Jack	1966
Barrett, Deon	2006	Floto, John	1994	Lister, Steve	1967	Schober, Tom	1978
Barnabae, Harry	1982	Foz, Patrick	2001	Llanusa, Tony	1995	Seibold, Rick	2005
Barnes, David	1970	Fransusz, Alfred	1967	London, Frank	1961	Shipp, William	1962
Barnwell, James	2001	Fry, Pat	1989	Lord, Robert	1998	Shriner, Bobby	1986
Barringer, Michael	1973	Furr, Kenneth	1965	Lowery, Randy	1986	Shuford, Abner	1962
Bearse, Pete	1989	Gaffney, Bill	1984	Lyons, Boyd	1969	Sickle, Travis	2005
Bell, Corey	2001	Galli, Joe	1980	MacDonald, Tim	1978	Silimperi, Brad	1994
Benzel, Mike	1979	Galloway, Kenneth	1968	Mankowich, Pete	1985	Silvestro, Joe	1987
Bentley, JohnMark	2001	Garris, John	1965	Manly, Jim	1974	Simmons, Donovan	1995
Bernstein, Lenny	1989	Gartrell, Luther	1971	Mario, Carter	1980	Simmons, Russell	1965
Billett, Barry	1978	Gaudreau, Bucky	1978	Marks, Pete	1961	Slack, Andrew	2004
Bishop, Chris	1999	Gibble, Steve	1984	Masterson, Norman	1982	Smith, Bobby	1976
Blackmon, Richard	1963	Gibbons, Lemuel	1943	Matney, John	1961	Spivey, Craig	1985
Blair, Robert	1968	Gilchrist, Pete	1962	McArdle, Chip	1987	Sproles, Charles	1960
Blalock, Thomas	1971	Gilner, David	1995	McLaughlin, Edward	1953	Stacy, John	1969
Bonner, Allan	1937	Glaser, Glenn	1964	McSwain, Thomas	1962	Stanislaus, Greg	2000
Booth, Mike	2004	Glasgow, Bob	1977	Meis, Steve	1983	Starkey, Mike	1977
Boyette, Charles	1956	Glass, James	1971	Merrick, Don	1977	Starkey, Mike Jr.	2002
Boyette, Rob	1959	Goodwin, Jim	1967	Merritt, Bill	1976	Stay, Scott	1997
Bradley, Jeffery	1989	Goodwin, Joel	1984	Michaels, Jan	1984	Staylor, Jody	1992
Breece, David	1976	Gorry, Tommy	1984	Michelsen, Damon	1995	Steele, Robert	1969
Breece, Steve	1978	Graham, David	1987	Miller, Josh	1996	Stephen, Kirk	1983
Brinton, Bob	1975	Grant, David	1993	Miller, Bobby	1970	Stephenson, James	1971
Brior, Dean	1980	Grant, Thomas	1964	Minor, James	1970	Stinnett, Eric	1998
Britton, Isaiah	2006	Grantham, Todd	1991	Mock, C.D.	1982	Stoioff, John	1950
Broadfoot, Billy	1941	Gregory, Samuel	1942	Monaghan, Reid	1996	Sunstein, Charles	1940
Brooker, Reginald	1962	Griffin, Harold	1973	Monaghan, Bobby	1982	Suttle, William	1960
Bryan, Michael	1973	Groudle, Jamie	2000	Moore, Richard	1930	Tate, William	1971
Burkhead, Neal	1989	Guthrie, Thomas	1970	Moose, Charlie	1975	Taylor, Marc	1995
Buswell, Ashton	2004	Gwyn, Harvey	1935	Moscovic, Dean	1994	Thekkekantham, Thomas	2004
Byers, Brad	2002	Haefeli, Kurt	1979	Nodland, Scott	1983	Thorton., Justin	1972
Bynum, Brett	1977	Hagerty, Roy	1966	Oberly, Ben	1990	Tillett, Charles	1942
Cabe, Jerry	1964	Hall, Michael	1976	O'Brien, Morgan	2001	Topisek, Mike	1991
Cabe, Stocky	1988	Hall, Rick	1992	O'Connor, Jimmy	2003	Torrey, Donald	1941
Calhoun, Dan	1999	Hallman, Wess	1984	Ogburn, Paul	1970	Tsumas, Harry	1932
Camera, Shane	1994	Hanan, John	1967	Osborn, Clint	2001	Umstead, Frank	1937
Canty, Mark	2004	Harrell, Richard	1975	Palacio, Al	1987	Upshaw, David	1986
Cardi, Jon	1989	Hart, John	1981	Palacio, Leo	1986	Urquhart, Burges	1942
Carr, Greg	2005	Harty, Justin	1997	Palker, Guy	1992	Urquhart, Richard	1968
Carter, Bob	1973	Hartung, Todd	1992	Parrish, Robert	1973	Vasquez, Jeff	1993
Carter, Kim	1977	Henderson, Perrin	1959	Parry, John	1984	Verlenden, Lane	1967
Casale, Dave	1979	Hill, Bobby	1981	Parsons, John	1972	Walker, Norman	1980
Cathell, Edwin	1959	Hiller, Paul	1934	Patrick, George	1938	Walter, Donald	1965
Catullo, Carmen	1992	Hocker, Shawn	1994	Paul, Jacob	2004	Wanzer, Philip	1969
Catullo, Enzo	1990	Hoffman, Carl	1977	Pazinko, Glen	1989	Ward, Melvin	1937
Champlin, Curtis	1960	Hoke, Ken	1958	Pelsang, Louis	1997	Warren, William	1965
Chase, Mike	1996	Hoke, Robert	1970	Perrini, Joseph	1960	Waters, Harold	1974
Christie, Bill	1985	Holliday, Rick	1996	Peterson, Everett	1938	Watkins, Arnold	1981
Clark, Darryl	1990	Holman, Skylar	2000	Phillips, Darren	1984	Weaver, Gerge	1971
Conkwright, Chris	1979	Holt, Aaron	2005	Pierce, Barry	1971	Weil, Roger	1942
Conkwright, Scott	1977	Hopler, Adam	2005	Pierce, Spencer	1984	Weisner, Rickey	1973
Connell, Ben	2005	Horn, William	1968	Plott, Tim	1984	Welborn, John	1959
Connors, Chuckie	2001	Huffstetler, William	1974	Posil, Andrew	2005	Welch, Pete	1993
Cook, Billy	1966	Hummel, Joe	1998	Popolizio, Tony	1998	Welch, John	1990
Cooke, David	1982	Hurley, Gordon	1961	Priester, Frederick	1968	Wellstone, Paul	1965
Cornacchione, Anthony	1973	Hussey, William	1934	Probolus, Andy	1996	Wheatley, Ben	1986
Cowan, Hugh	1955	Iaci, Ross	1994	Pruitt, Jotham	1998	Wheeler, Gary	1975
Cowley, Josh	2000	Iglio, Jeff	1993	Purcell, Gary	1974	Whisnant, Thomas	1971
Crafford, Billy	2002	Igoe, John Paul	2003	Purdy, Ronald	1960	Wiles, Clarence	1965
Crane, Robert	1969	Jacobson, Joseph	1967	Quaile, Charlie	1980	Wilhoit, Grover	1961
Crawford, George	1972	Jay, Ryan	1999	Rainey, Hal	1968	Williams, Marcus	1975
Crook, Robert	1965	Jaworsky, T.J.	1995	Randall, Gregg	1993	Williams, Marketh	2000
Crowley, Pat	1990	Johnson, George	1969	Reaume, Tim	1978	Wilson, Jason	2001
Dana, Hugh	1972	Johnson, Nyal	1963	Record, Eugene	1963	Wilson, Tad	1987
Davant, Gene	1942	Jones, Jack	1963	Reese, Clint	1983	Wilson, Robert	1975
Davis, Kelly	1984	Joyner, James	1939	Reich, Otto	1966	Wing, Rocky	1979
Davis, Paul	1935	Juergens, Dave	1979	Reintgen, Jeff	1978	Winget, Al	1975
Davis, Stacey	1986	July, Venroy	2004	Reynolds, Jake	2003	Woodall, William	1965
Davis, Tracey	1987	Kauffman, Mike	1982	Rhyne, Henry	1959	Wooding, Sydney	1969
DiGuiseppe, Chris	2003	Kelly, Richard	1969	Rich, Johnny	2001	Wrenn, Lindsey	1974
Drew, Peter	1978	Kemp, Bill	1948	Richards, Seth	1994	Wyland, Doug	1990
Driggers, Jason	1997	Kendall, Mike	1996	Roberts, Jonathan	1994	Zink, George	1940
		Kenny, Matt	2002	Robinson, Jac	1966	Zwilling, Gregg	1988
		Keyser, Erik	1991	Rodrigues, Chris	2004		
		Kincey, Herbert	1959	Roemer, Doug	1991		
		King, Matt	1985	Rohrbacher, Tom	1982		





■ Carolina Men's  
Basketball 2005  
NCAA Champions

■ Mia Hamm

# ATHLETIC HERITAGE

■ Michael Jordan



■ Carolina Women's  
Basketball 2006  
Final Four

■ Eddie Pope

■ Carolina  
Baseball  
2006 College  
World Series  
Runner-up

■ Dre Bly

■ Davis Love III

# THE UNIVERSITY OF NORTH CAROLINA

The First State University

■ The University of North Carolina at Chapel Hill was the nation's first state university to open its doors and the only public university to award degrees in the 18th century.

■ The University of North Carolina was ranked the fifth-best public university in U.S. News & World Report's 2006 "Best Colleges" guidebook.

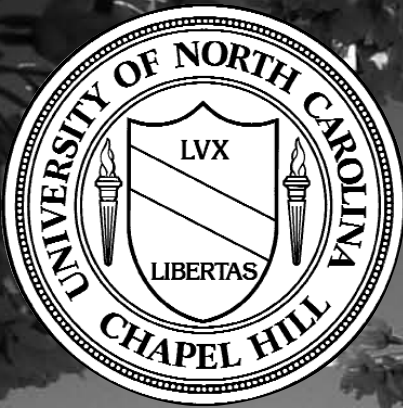
■ Carolina ranked 14th - the highest ranking for any major public research university - in the 2004 "Black Enterprise-DayStar Top 50 Colleges and Universities for African Americans" list. This is the most recent ranking based on responses to questions about which schools were both a good academic and social fit for African-Americans.

■ UNC was rated a "best value" among 81 schools chosen for "America's Best Value Colleges, 2006 Edition" by The Princeton Review/Random House for outstanding academics, relatively low costs, and generous financial aid packages.

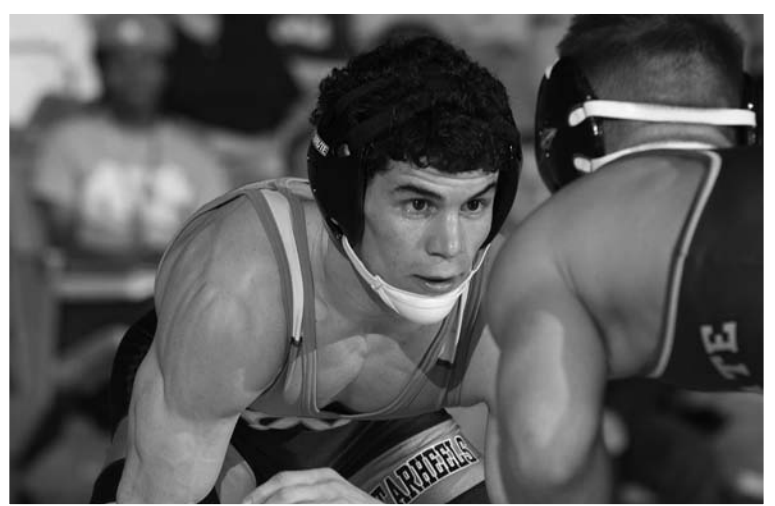
■ Kenan-Flagler Business School ranked 11th in BusinessWeek magazine's first-ever ranking of the best undergraduate business programs. That stacked up as fifth best among the programs at public universities and included ratings of 7th for academic quality, 10th for student satisfaction and straight "A" grades in teaching quality, facilities and services, and job placement.







■ The Sonja Haynes Stone Center for Black Culture and History opened in 2004, becoming one of the few such facilities nationwide combining cultural programs, research, community service, teaching and learning under one roof. Funded by private donations, the Stone Center contains classrooms, a 10,000-volume library, seminar rooms, an art gallery, dance studio and spaces for performances, lectures, meetings and offices.



■ Bobby Shaw (above) and Spencer Nadolsky were both named to the All-Atlantic Coast Conference Wrestling Team for their efforts on and off the mat in 2005-06.



■ Now in its third century, Carolina offers bachelor's, master's, doctoral and professional degrees in academic areas critical to North Carolina's future: business, dentistry, education, law, medicine, nursing, public health and social work, among others. Offerings include 71 bachelor's, 107 master's, 74 doctorate and four professional degree programs. The health sciences are well integrated with the liberal arts, basic sciences and high-tech programs. Patient outreach programs affiliated with Carolina and the UNC Health Care System serve citizens in all 100 North Carolina counties.



■ In 2000, UNC became the nation's largest university requiring undergraduates to own laptop computers. With more than 850 wireless access points, UNC provides wireless connectivity in classrooms, labs, libraries, residence halls and quadrangles.

# CHAPEL HILL

*The Southern Part Of Heaven*

■ The American Society of Landscape Architects selected the Carolina campus as one of the most beautifully landscaped spots in the country. That listing is among the praise affirming the charm of mighty oaks, majestic quadrangles, brick sidewalks and other landscaping synonymous with UNC.

■ The Old Well is the most famous landmark on the Carolina campus.



■ Carolina's 249,419 alumni live in all 50 states and in 142 countries. Notable alumni include writers Thomas Wolfe, Shelby Foote, Kaye Gibbons, Russell Banks and Jill McCorkle; athletes Michael Jordan, Vince Carter, Antawn Jamison, Dre Bly, Mia Hamm, Marion Jones and Davis Love III; Tar Heel Head Basketball Coach Roy Williams; journalists Alan Murray, Roger Mudd, Charles Kuralt, Stuart Scott and Tom Wicker and numerous North Carolina governors and elected officials. Others include UNC President Erskine Bowles, former White House Chief of Staff, and former Sen. John Edwards (now director of UNC's new Center on Poverty, Work and Opportunity).





■ In labeling Chapel Hill, "America's finest college town," Sports Illustrated said it is "the purest example we could find of a college town that is defined by a university – and a good university."

■ USA Today included Chapel Hill among its "10 Great Places to Soak Up Campus Culture."

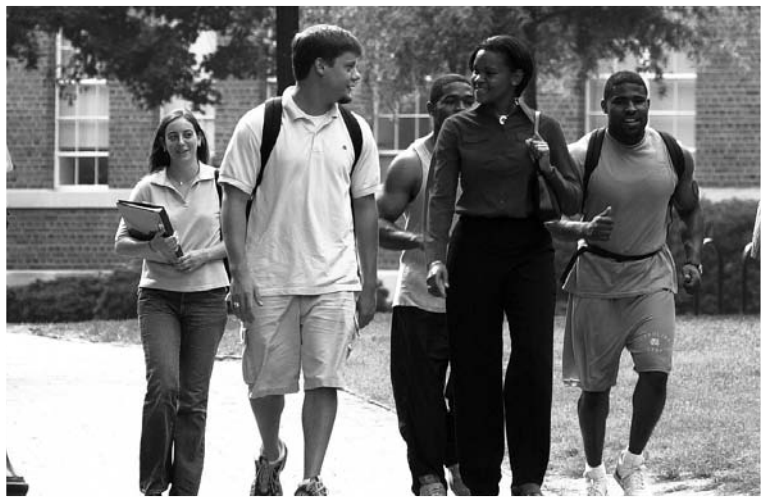
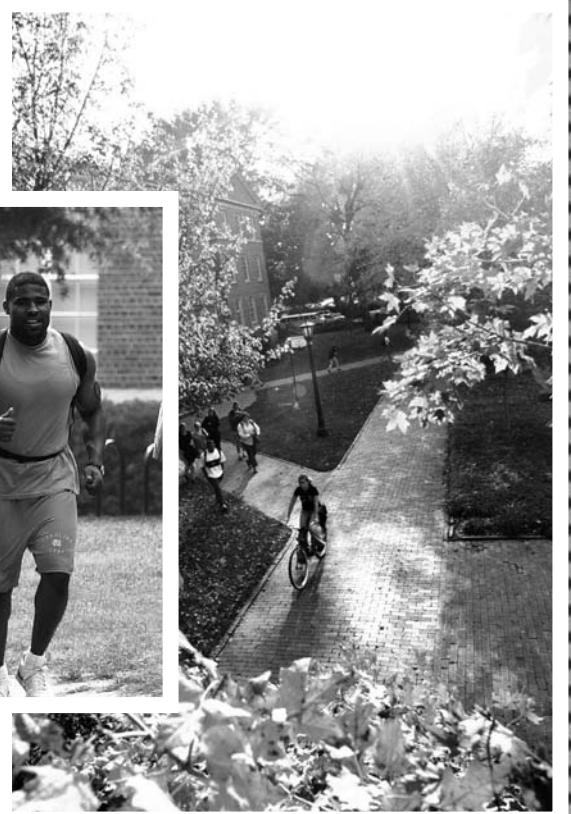
■ A&E Television ranked Chapel Hill second on its list of America's "Top 10 Cities to Have It All."

■ The Raleigh/Durham/Chapel Hill area ranked first in its population category on a list of student-friendly metropolitan areas.

■ Chapel Hill anchors one corner of "The Triangle," often cited as among the best places in the nation to reside.



■ Thousands of Carolina fans packed Franklin Street to celebrate the 2005 NCAA men's basketball title.



■ With numerous restaurants and shops, Franklin Street is the heart of Chapel Hill.

# IT'S LIKELY THE MOST WELL-KNOWN COLOR IN COLLEGE SPORTS.

AFTER ALL, THE ATHLETIC ACHIEVEMENTS AT THE UNIVERSITY OF NORTH CAROLINA ARE SO DISTINCTIVE THAT THE COLOR OFTEN BEARS THE NAME OF THE SCHOOL THAT MADE IT FAMOUS — CAROLINA BLUE.

NAMES LIKE JUSTICE, JORDAN, HAMM, ROSENBLUTH, FORD, LOVE, PEPPERS, BEATTY, JONES, CUNNINGHAM, WALSH, McCAULEY, SURHOFF, BLY. THEY ARE JUST A FEW OF THE NAMES THAT HAVE HAD THE OPPORTUNITY TO WEAR A CAROLINA JERSEY. THERE ARE MORE THAN 7,000 OTHER NAMES — SOME OF WHICH ARE CAROLINA LEGENDS, WHILE SOME COMPETED AT THE VERY HIGHEST LEVEL IN VIRTUAL OBSCURITY. THEY ARE BOUND BY A COMMON THREAD ... THEY PLAYED FOR THE NAME ON THE FRONT OF THE JERSEY — NORTH CAROLINA.

THESE STUDENT-ATHLETES ARE AFFORDED THIS OPPORTUNITY BECAUSE OF THE RAMS CLUB. DONORS FROM ACROSS THE COUNTRY — ALUMNI, FANS AND SUPPORTERS — PROVIDE SCHOLARSHIPS FOR MORE THAN 450 DESERVING YOUNG MEN AND WOMEN ANNUALLY TO BE A PART OF THE CAROLINA FAMILY.

UNC HAS ALWAYS BEEN COMMITTED TO ATHLETICS. IT'S A TRADITION THE RAMS CLUB CONTINUES TODAY — A TRADITION THAT GIVES YOUNG MEN AND WOMEN AN OPPORTUNITY TO WEAR THE BLUE.



## THE RAMS CLUB

### GIFT LEVELS for 2006

#### ANNUAL GIVING

- ◆ Coaches Circle • \$5,000 & up
- ◆ Super Ram • \$2,500–\$4,999
- ◆ Big Ram • \$1,000–\$2,499
- ◆ Rameses • \$500–\$999
- ◆ Ram • \$200–\$499
- ◆ Tar Heel • \$100–\$199
- ◆ Student Ram • \$25

*Young Alumni (undergraduate degree within last five years) may choose any annual giving level for 50% of minimum amount due with full benefits of that level.*

#### ENDOWMENT GIVING

- ◆ Full Scholarship • \$200,000
- ◆ Half Scholarship • \$100,000

*Scholarships are payable over five years. Annual gifts are required upon completion of scholarship funding. See Benefits chart.*

