

2016-17 SWIMMING AND DIVING CAROLINA



2016-17 SENIORS

Front Row: Jack Nyquist, Michael Meyer, Eugene Tee, Josh Beals

Second Row: Emily Pfeiffer, Katie Munch, Sarah Koucheiki, Macey Arnold, Liliana Casso, Caty Hulsey

Third Row: Hellen Moffitt, Abby Fisher, Patrick Riess, Jorden Merrilees, Lucas Popp, Christian Caveness, Sarah Hitchens, Katie McKay



2016-17 UNIVERSITY OF NORTH CAROLINA MEN'S SWIMMING & DIVING TEAM

Front Row: Patrick Riess, Michael Meyer, Eugene Tee, Matt Conway, Lucas Popp, Jorden Merrilees, Christian Caveness, Josh Beals, Jack Nyquist **Second Row:** Assistant Coach Sean Quinn, Student Manager Jack Joyce, Michael McBryan, Bailey Burt, Henry Campbell, J.T. Casey, Craig Emslie, Philip Perdue, Student Manager Parker Andrews, Diving Coach Abel Sanchez **Third Row:** Head Coach Rich DeSelm, Noah Cairns, Heyward Harrison, Tom Bilden, Patrick Cusick, Austin Sellers, Assistant Coach Duncan Sherrard, Assistant Coach Christy Garth **Back Row:** Andrew Heise, Collier Cobb, Graham Weaver, Brendan Feehery, Greg Brocato, Bryan Allen, Devin Bellamy, Andrew Owsiany

2016-17 UNIVERSITY OF NORTH CAROLINA WOMEN'S SWIMMING & DIVING TEAM

Front Row: Caty Hulse, Katie Munch, Abby Fisher, Hellen Moffitt, Sarah Hitchens, Katie McKay, Emily Pfeiffer, Macey Arnold, Sarah Kouche, Liliana Casso **Second Row:** Assistant Coach Sean Quinn, Elissa Dawson, Emily Slabe, Caroline Baldwin, Katie Ford, Madison Boswell, Diving Coach Abel Sanchez, Head Coach Rich DeSelm **Third Row:** Assistant Coach Duncan Sherrard, Kali Becker, Maria Lohman, Student Manager Kelsey Vetalice, Andi Mack, Robyn Dryer, Katie Boyer, Zhada Fields, Qian Yi Pang, Assistant Coach Christy Garth **Back Row:** Erica Wirth, Kylie Mihok, Bryanna Cameron, Reni Moshos, Susanna LaRochelle, Brooke Bauer, Meghan Dupay, Natalie Ward.





2016-17 North Carolina Swimming & Diving Quick Facts

Location: Chapel Hill, N.C.
Established: December 11, 1789
Enrollment: 18,415 undergraduates, 10,669 graduate & professional students, 29,084 total enrollment
Chancellor: Dr. Carol Folt
Director of Athletics: Bubba Cunningham
Swimming & Diving Administrators: Larry Gallo (Primary), Angie Bitting (Secondary)
National Affiliation: NCAA Division I
Conference: Atlantic Coast Conference
Nickname: Tar Heels
Mascot: Rameses The Ram (Both Live and Costumed)
School Colors: Carolina Blue and White
Athletic Department Web Site: www.GoHeels.com

Carolina Swimming & Diving Coaching Staff Information

Head Coach: Rich DeSelm (10th year as head coach at UNC)
Coach DeSelm's Office Telephone Number: (919) 966-5340
Diving Coach: Abel Sanchez (4th year at UNC)
Coach Sanchez's Office Telephone Number: (919) 962-7261
Assistant Coaches & Their Telephone Numbers: Duncan Sherrard (919) 962-8916; Christy Garth (919) 962-7262; Sean Quinn (919) 962-1604; Chip Peterson (919) 962-6000

Carolina Swimming & Diving Miscellaneous Information

Home Pool: Maurice J. Koury Natatorium (Opened Fall of 1986)
Seating Capacity: 2,000
2015-16 Overall & ACC Dual-Meet Records: Men — 7-3, ACC 3-1; Women — 7-3, ACC 2-2

2016 ACC Championships Finishes: Men — 3rd Place (897.5 points); Women — 3rd Place (1,080 points)

2016 NCAA Championships Finishes: Men — 26th Place (16 points); Women — 18th Place (66 points)

Athletic Training Staff: Geoff Staton, Head Trainer; Rebecca Ducas, 2nd Year Graduate Student; Kelsey Rankin, 1st Year Graduate Student

Team Physician: Dr. Kelly Waicus

Orthopaedic Surgeon: Dr. Jeff Spang

Sports Dietitians: Kelsey Gomes, Tim Dileo

Team Managers: Parker Andrews, Ben Creekmore, Corey John, Maddie Johnson, Jack Joyce, Maria Martinez, Sara Maleski, Ted Steinkamp, Kevin Sun, Kelsey Vetalice

Strength & Conditioning Coaches: Molly Caffelle (w), Chad Workman (m)

Academic Counselor: Jennifer Bryant

UNC Athletic Communications Information

Swimming and Diving Media Contact: Dave Lohse, Associate Athletic Communications Director (40th year at North Carolina)

Lohse's Email Address: davelohse@unc.edu

Lohse's Telephone Number: (919) 641-4128

Secondary Swimming and Diving Media Contacts: Liz Robins (Student Assistant), Brice Connors (Student Assistant)

Office Fax Number: (919) 962-0612

Mailing Address: P.O. Box 2126, Chapel Hill, NC 27515

Shipping & Physical Address: Athletic Communications Office, Koury Natatorium, Front Center Entrance, 300 Skipper Bowles Drive, Chapel Hill, NC 27514

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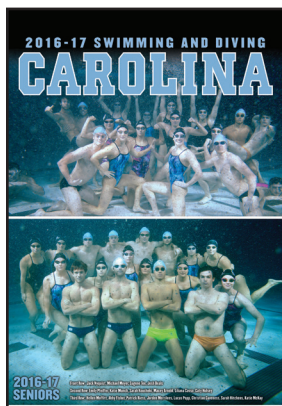
GoHeels.com: Official Home of the Tar Heels On the World Wide Web

Media and fans can follow the Carolina swimming and diving teams and the entire UNC athletics program from anywhere in the world on the official World Wide Website of North Carolina athletics. GoHeels.com offers schedules, rosters, results, features, podcasts, yearbooks, and game notes plus much more for all 28 of Carolina's varsity sports. Onsite coordinator for GoHeels.com is Matt Bowers of the Athletic Communications Office.



2016-17 North Carolina Swimming & Diving Yearbook

The 2016-17 UNC swimming & diving yearbook was written, edited and designed by Dave Lohse, Associate Athletic Communications Director with editorial assistance from Athletic Communications student assistants Liz Robins and Brice Connors. Photography was provided by UNC Athletic Communications Staff Photographer Jeffrey A. Camarati, UNC Athletic Communications Archives, Tim Binning of TheSwimPictures.com, Rich von Biberstein and Reagan Lunn. The front cover, inside front cover and back cover were designed by Dana Gelin of the Athletic Communications Office.



Nike Supports UNC Athletics

The University of North Carolina at Chapel Hill and Nike Inc. signed a new 10-year contract for Nike to be the exclusive supplier of athletic footwear, apparel and accessory products to the Tar Heels effective July 1, 2008. Nike provides the athletic department with shoes, uniforms, coaching gear, balls and other equipment. In addition to the apparel and equipment, which constitutes the majority of the value of the contract, Nike gives the University \$2 million for the Chancellor's Academic Enhancement Fund. Chancellor Carol Folt has directed the funds to faculty support. Nike also provides support for team tours, travel and the hosting regular-season tournaments in several sports, including the 2014 Janis Hape Dowd Nike Cup to be held at Koury Natatorium from November 20 through November 22, 2014. The athletic department also received \$1 million for signing the contract, with those funds having been used to overhaul lighting and sound at the Dean E. Smith Center.

CAROLINA

2016-17 NORTH CAROLINA WOMEN'S SWIMMING & DIVING ROSTER



2016-17 Women's Swimming & Diving Roster

NAME	YR.	EVENTS	HT.	HOMETOWN (HIGH SCHOOL, CLUB TEAM)
Macey Arnold	Sr.	Distance Free	5-8	Palm City, Fla. (Martin County High School)
Caroline Baldwin	Jr.	Back/Freestyle	5-11	Westfield, N.J. (Westfield, Westfield YMCA)
Brooke Bauer	Fr.	Sprint Freestyle	5-11	Louisville, Ky. (Sacred Heart Academy of Louisville, Lakeside Seahwaks)
Kali Becker	So.	Diving	5-2	Potomac, Md. (Winston Churchill/Montgomery Dive Club)
Madison Boswell	Jr.	Butterfly/IM	5-4	Richmond, Va. (James River High School, Poseidon Swimming)
Kate Boyer	So.	Breast/Freestyle	6-0	Dallas, Texas (Highland Park, Dallas Mustangs)
Bryanna Cameron	Fr.	Distance Free/IM	5-8	Bradford, Mass. (Haverhill, Solo Aquatics)
Liliana Casso	Sr.	Distance Free	5-5	Los Angeles, Calif. (Marlborough School, Team Santa Monica)
Elissa Dawson	Jr.	Diving	5-2	Durham, N.C. (Reformation Academy Home School, Duke Diving)
Robyn Dryer	So.	Distance Free	5-9	Springfield, Va. (West Springfield, Nations Capital Swim Club)
Meghan Dupay	Fr.	Breaststroke/IM	5-8	Huntersville, N.C. (Hough, SwimMAC Carolina)
Zhada Fields	So.	Back/Freestyle	5-10	Toledo, Ohio (St. Ursula Academy, Greater Toledo Aquatic Club)
Abby Fisher	Sr.	Breast/IM	5-9	Kinnelon, N.J. (Kinnelon, Lakeland Hills YMCA)
Katie Ford	Jr.	Back/Freestyle	5-7	Mount Lebanon, Pa. (Mount Lebanon, Mount Lebo Aquatics)
Sarah Hitchens	Sr.	Back/Sprint Free	5-10	West Chester, Pa. (Villa Maria Academy, Suburban Seahawks Club)
Caty Hulsey	Sr.	Fly/IM/Freestyle	5-7	Savannah, Ga. (Calvary Day School, Georgia Coastal Aquatic Team)
Sarah Kouchecki	Sr.	Free/Butterfly	5-7	Cleveland, Ohio (Hawken Upper School, SPIRE Lake Erie Silver Dolphin)
Susanna LaRochelle	Fr.	Back/IM/Fly	5-8	Signal Mountain, Tenn. (Girls' Preparatory School, McCallie GPS Aquatics)
Maria Lohman	So.	Diving	5-1	Pittsburgh, Pa. (Chartiers Valley, Pitt Aquatic Club)
Andi Mack	So.	Free/Butterfly	5-8	Ashburn, Va. (Stone Bridge, Nations Capital Swim Club)
Katie McKay	Sr.	Sprint Freestyle	5-10	Holmdel, N.J. (Holmdel, Red Bank YWCA)
Kylie Mihok	Fr.	Freestyle	5-10	Zionsville, Ind. (Zionsville Community, Zionsville Swim Club)
Hellen Moffitt	Sr.	Back/Butterfly	5-9	Alexandria, Va. (West Potomac, Machine Aquatics)
Reni Moshos	Fr.	Back/IM/Freestyle	5-8	Gainesville, Va. (The Highland School, Nations Capital Swim Team)
Katie Munch	Sr.	Breaststroke/IM	5-8	Clifton, Va. (Robinson Secondary School, Machine Aquatics)
Qian Yi Pang	So.	Diving	5-6	Cupertino, Calif. (Monta Vista, Santa Clara Diving Club)
Emily Pfeiffer	Sr.	Breaststroke	5-8	Washington, N.C. (Washington, Greenville Swim Club)
Emily Slabe	Jr.	Back/Butterfly	5-6	Liberty Township, Ohio (Ursuline Academy, Countryside YMCA)
Natalie Ward	Fr.	Distance Free	5-7	Basking Ridge, N.J. (Ridge, Berkeley Aquatic Club)
Erica Wirth	Fr.	Distance Free	5-4	New Providence, N.J. (New Providence, Berkeley Aquatic Club)

Captains: Caroline Baldwin, Hellen Moffitt

Head Coach: Rich DeSelm

Diving Coach: Abel Sanchez

Assistant Coaches: Duncan Sherrard, Christy Garth, Sean Quinn

Volunteer Assistant Coach (Swimming): Chip Peterson

Managers: Parker Andrews, Ben Creekmore, Corey John, Maddie Johnson, Jack Joyce, Maria Martinez, Sara Maleski, Ted Steinkamp, Kevin Sun, Kelsey Vetalice

Strength & Conditioning Coaches: Molly Caffelle (w), Chad Workman (m)

Academic Counselor: Jennifer Bryant

Head Athletic Trainer: Geoff Staton

Assistant Athletic Trainers: Rebecca Ducas, 2nd Year Graduate Student; Kelsey Rankin, 1st Year Graduate Student

Athletic Communications Director: Dave Lohse

Public Address Announcer: Paul Connell

Sports Administrators: Larry Gallo, Angie Bitting



2016 NCAA Qualifier Maria Lohman

Women's Team Pronunciation Guide

Brooke Bauer - BOW-er
 Kali Becker - CAL-ee BECK-err
 Bryanna Cameron - BREE-anna
 Liliana Casso - CAS-so (sounds like word sew)
 Elissa Dawson - L-ISS-uh
 Megan Dupay - DOO-pay
 Zhada Fields - ZHAY-duh Fields
 Sarah Kouchecki - KUH-check-ee
 Maria Lohman - LOW-man
 Kylie Mihok - MEE-hock
 Reni Moshos - REEN-ee MOW-shos
 Qian Yi Pang - Chen Yee Pang
 Emily Pfeiffer - FIE-FER
 Emily Slabe - SLAY-bee
 Rich DeSelm - DUH-selm
 Duncan Sherrard - SHUH-rard



2016-17 NORTH CAROLINA MEN'S SWIMMING & DIVING ROSTER

NAME	YR.	EVENTS	HT.	HOMETOWN (HIGH SCHOOL, CLUB TEAM)
Bryan Allen	Fr.	Diving	5-10	San Jose, Calif. (Santa Teresa High School, Santa Clara Diving)
Josh Beals	Sr.	Distance Free/IM	5-11	Attleboro, Mass. (Home Schooled, Crimson Aquatics)
Devin Bellamy	Fr.	Diving	5-11	Denver, Colo. (Eaglecrest High School, Mile High Dive Club)
Tom Bilden	So.	Butterfly/IM	6-3	Chapel Hill, N.C. (Carrboro, North Carolina Aquatic Club)
Greg Brocato	Fr.	Butterfly/Freestyle	6-2	Ambler, Pa. (LaSalle College, Central Bucks Swim Team)
Sean Burston	Jr.	Diving	5-6	Stamford, Conn. (Westhill, Whirlwind Diving)
Bailey Burt	Jr.	Butterfly/Distance Free	6-0	Charlotte, N.C. (Providence Day School, SwimMAC)
Noah Cairns	So.	Distance Free/IM	5-9	Chapel Hill, N.C. (Cardinal Gibbons, North Carolina Aquatic Club)
Henry Campbell	Jr.	Distance Free/IM	6-2	Manassas, Va. (Osborn, QDD Swim Club)
J.T. Casey	Jr.	Sprint Freestyle	6-6	Greenville, N.C. (J.H. Rose, Greenville Swim Club)
Christian Caveness	Sr.	Fly/Sprint Freestyle	5-11	Wilmington, N.C. (Emsley A. Laney, Waves of Wilmington)
Collier Cobb	Fr.	Freestyle/Butterfly	6-0	Raleigh, N.C. (St. Thomas More Academy, Marlins of Raleigh)
Matt Conway	Sr.	Fly/Distance	6-2	Grayslake, Ill. (Warren Township, Blue Devil Swim Club)
Patrick Cusick	So.	Backstroke/IM	6-0	Alpharetta, Ga. (Alpharetta, Dynamo Swim Club)
Craig Emslie	Jr.	Breaststroke/IM	6-4	Cape Town, South Africa (Indian River State College, Rondebosch Boys' High School)
Brendan Feehery	Fr.	Backstroke/IM	6-2	Flower Mound, Texas (Jesuit College Preparatory School of Dallas, Lakeside Aquatic Club)
Heyward Harrison	So.	Backstroke/IM	6-2	Louisville, Ky. (St. Xavier, Lakeside Swim Club)
Andrew Heise	Fr.	Breaststroke/Freestyle	5-10	Ann Arbor, Mich. (Ann Arbor Pioneer, Club Wolvernine)
Max Jenkins	Fr.	Diving	5-8	Tampa, Fla. (H.B. Plant, WFLA)
Michael McBryan	Jr.	Breaststroke/IM	5-9	Doylestown, Pa. (LaSalle College High School, Central Bucks Swim Team)
Jorden Merrilees	Sr.	Distance Free/IM/Back	6-3	North Melbourne, Australia (Anglican Church Grammar School, Melbourne Vicentre)
Michael Meyer	Sr.	IM/Butterfly	6-1	Johannesburg, South Africa (Crawford College)
Jack Nyquist	Sr.	Diving	5-8	Alpharetta, Ga. (Alpharetta, Atlanta Diving Association)
Andrew Owsiany	Fr.	Diving	5-4	Spring City, Pa. (The Episcopal Academy, West Chester Diving)
Philip Perdue	Jr.	Sprint Freestyle	6-1	Greenville, N.C. (J.H. Rose, East Carolina Aquatics)
Lucas Popp	Jr.	Sprint Freestyle	6-4	Wichita, Kan. (Maize, Wichita Swim Club)
Patrick Riess	Sr.	Backstroke	5-10	New Orleans, La. (Isidore Newman School, Nu Wave Swim Team)
Austin Sellers	So.	Breaststroke/IM	5-10	Tampa, Fla. (Jesuit, Academy Aquatic Club)
Eugene Tee	Sr.	Distance Free/IM/Back	6-0	Melbourne, Australia (Santa Monica Catholic, Team Santa Monica)
Graham Weaver	Fr.	Breaststroke/Freestyle	6-1	Charlotte N.C. (South Mecklenburg, SwimMAC Carolina)

Captains: Matt Conway, Jack Nyquist

Head Coach: Rich DeSelm

Diving Coach: Abel Sanchez

Assistant Coaches: Duncan Sherrard, Christy Garth, Sean Quinn

Volunteer Assistant Coach (Swimming): Chip Peterson

Managers: Parker Andrews, Ben Creekmore, Corey John, Maddie Johnson, Jack Joyce, Maria Martinez, Sara Maleski, Ted Steinkamp, Kevin Sun, Kelsey Vetalice

Strength & Conditioning Coaches: Molly Caffelle (w), Chad Workman (m)

Academic Counselor: Jennifer Bryant

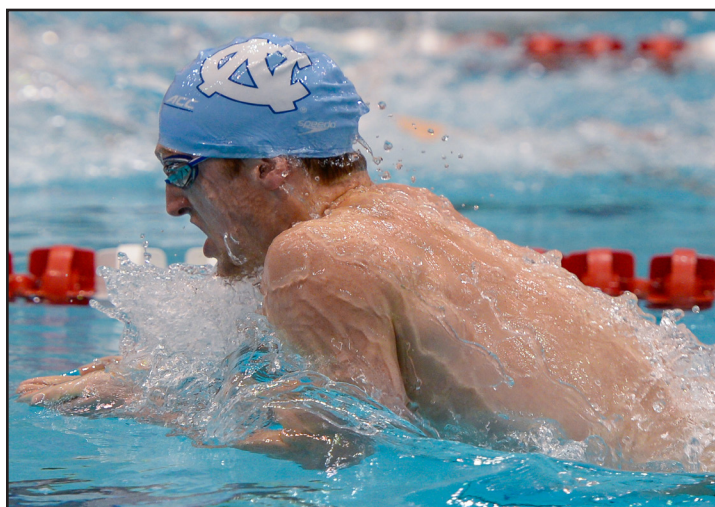
Head Athletic Trainer: Geoff Staton

Assistant Athletic Trainers: Rebecca Lucas, 2nd Year Graduate Student; Kelsey Rankin, 1st Year Graduate Student

Athletic Communications Director: Dave Lohse

Public Address Announcer: Paul Connell

Sports Administrators: Larry Gallo, Angie Bitting



Junior Michael McBryan

Men's Team Pronunciation Guide

Greg Brocato - BRO-cott-oh
 Noah Cairns - CARENZ (one syllable)
 Christian Caveness - CAV-uh-niss
 Patrick Cusick - CUE-sik
 Brendan Feehery - FEE-her-ee
 Andrew Heise - HICE (one syllable)
 Jorden Merrilees - MARE-ill-leez
 Michael Meyer - MARE
 Jack Nyquist - NIE-quist
 Andrew Owsiany - OH-see-ah-knee
 Philip Perdue - PERR-due
 Patrick Riess - REECE
 Rich DeSelm - DUH-selm
 Duncan Sherrard - SHUH-rard
 Phil Spiniello - SPIN-e-ELL-oh



DATES	EVENTS	TIMES	SITES
September 24	Blue vs. White (Parent's Weekend)	9 AM	Chapel Hill, NC
October 7	Georgia	2 PM	Chapel Hill, NC
October 21-22	Tennessee	4 PM/10 AM	Knoxville, TN
October 29	UNC/NCAC Mile Meet	11 AM	Chapel Hill, NC
November 4-5	University of Louisville	5 PM/10 AM	Louisville, KY
November 17-19	NC State/GAC Invitational (UNC, NCSU, Tennessee, Duke, Notre Dame, West Virginia, Air Force (m), Miami & Marshall (w))	All Day	Greensboro, NC
November 30 -			
December 3	AT&T Winter Nationals	All Day	Atlanta, Ga
December 15-21	US Diving Winter Nationals	All Day	Columbus, OH
January 14	United States Naval Academy	11 AM	Annapolis, MD
January 21	University of Virginia	Noon	Chapel Hill, NC
January 27	NCSU	5 PM	Raleigh, NC
January 28	Duke	1 PM	Chapel Hill, NC
February 3-5	Janis Hape Dowd Nike Invitational	All Day	Chapel Hill, NC (Durham Saturday)
February 13-16	ACC Championships – Women & Diving (M&W)	All Day	Atlanta, GA
February 25	Bulldog Invitational	All Day	Athens, GA
February 27-March 2	ACC Championships – Men	All Day	Atlanta, GA
March 4-5	Yellow Jacket Invitational	All Day	Atlanta, GA
March 6 - 8	NCAA Zone Diving Championships	All Day	Auburn, AL
March 9-12	USA Swimming Sectionals	All Day	Greensboro, NC
March 15-18	NCAA Championships – Women	All Day	Indianapolis, IN
March 22-25	NCAA Championships – Men	All Day	Indianapolis, IN
April 13-15	Arena Pro Series	All Day	Mesa,

Driving Directions To Koury Natatorium

From Virginia and Points North:

Take I-85 South to Durham, NC. Exit left at US 15-501 in Durham and follow 15-501 approximately 9 miles to Chapel Hill. Once in Chapel Hill, maintain US 15-501 Bypass (Fordham Boulevard). At around the 7th stoplight, turn right onto Manning Drive. The Smith Center is one-half mile on the left on Skipper Bowles Drive.

From Points West:

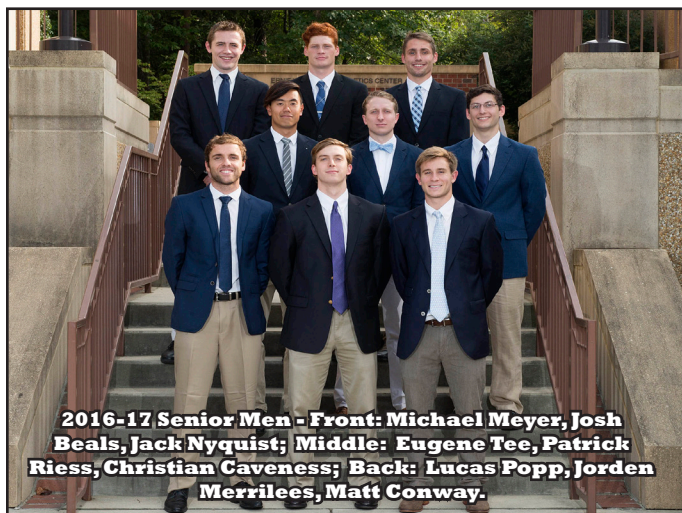
Take I-85 North toward Durham. Exit just past Burlington onto NC 54 East (Exit #148, Chapel Hill Exit). Follow NC 54 for approximately 20 miles to Carrboro. Pass Carrboro Plaza on the right and stay on NC 54 for about 4 miles to the next stoplight, Manning Drive. Turn left on Manning Drive. The Smith Center is one-half mile on the left on Skipper Bowles Drive.

From Points East:

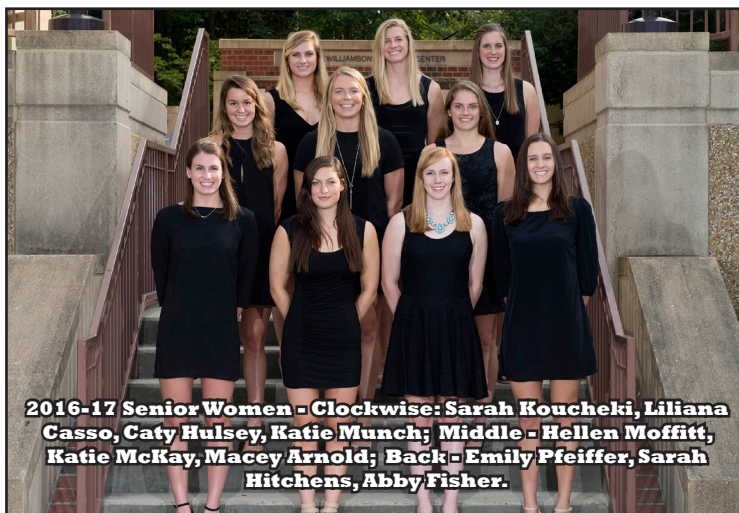
Take I-40 West toward Chapel Hill. Exit at NC 54 West (Exit #273 A) and follow for approximately 4 miles. Once in Chapel Hill, continue to follow signs for NC 54 West, which means you will have to exit right under first overpass. At the top of the exit turn right at light. Follow NC 54 West/15-501 South until the 2nd stoplight. Turn right onto Manning Drive. The Smith Center is one-half mile on the left on Skipper Bowles Drive.

From Points South:

Take US 15-50 North toward Chapel Hill. Exit right onto US 15-501 Bypass in Chapel Hill. Turn left at first stoplight onto Manning Drive. The Smith Center is one-half mile on the left on Skipper Bowles Drive.



2016-17 Senior Men - Front: Michael Meyer, Josh Beals, Jack Nyquist; Middle: Eugene Tee, Patrick Riess, Christian Caveness; Back: Lucas Popp, Jorden Merrilees, Matt Conway.



2016-17 Senior Women - Clockwise: Sarah Kouchecki, Liliana Casso, Caty Hulsey, Katie Munch; Middle - Hellen Moffitt, Katie McKay, Macey Arnold; Back - Emily Pfeiffer, Sarah Hitchens, Abby Fisher.



Bubba Cunningham, Director of Athletics



Shortly after beginning his tenure as Carolina's athletics director, Lawrence R. (Bubba) Cunningham helped create a new mission statement: "We educate and inspire through athletics." And that's just what UNC has done during his five years in Chapel Hill.

Since Cunningham officially began his duties on November 14, 2011, Carolina has inspired in a myriad of ways. Among his many accomplishments are the implementation of a strategic plan for Carolina athletics; a partnership with Disney to enhance customer service and organizational practices; the development of the Student-Athlete Academic Initiative Working Group; a compliance review by an outside firm; a new student-athlete degree completion program entitled Complete Carolina; a master plan for UNC's athletic facilities; and creation of The Rammys - an innovative end-of-the-year awards show popular with Carolina's student-athletes and staff.

Cunningham, who is the 1st Vice President of the National Association of Collegiate Directors of Athletics (NACDA), has Carolina positioned to have a voice in the on-going conversation about the future, whether it is in the state university system, the Atlantic Coast Conference or at the NCAA level. Cunningham is in his sixth year on the ACC Television Committee and has served on numerous NCAA committees over the last two decades.

In his first full year in Chapel Hill, Cunningham led a planning committee that worked with Dr. Paul Friga, associate professor of strategy and entrepreneurship at Carolina's Kenan-Flagler School of Business, to develop Carolina's strategic plan. From that process was the creation of the mission statement and the four core values for Carolina Athletics- Responsibility, Innovation, Service and Excellence. The strategic plan will be updated again in 2016-17.

Soon after the strategic plan was announced, Cunningham joined with provost James W. Dean and other University officials to develop the Student-Athlete Academic Initiative Working Group, which was launched in fall 2013. That group spent several months developing a comprehensive approach to assessing and enhancing how the University provides academic support to student-athletes. The group has implemented a rigorous and transparent set of processes and metrics as part of an ongoing initiative. The objective is to ensure proper alignment with the University's academic mission, a goal that is consistent with Cunningham's strategic plan for the Department of Athletics.

In 2014, Cunningham announced the creation of Complete Carolina, an enhanced degree-completion program that honors former student-athletes' scholarships for life. The program provides financial support for degree completion, as well as academic advising and career counseling, to former student-athletes who return to complete their degrees at any time.

On the field, Carolina has achieved outstanding success under Cunningham's leadership. In each of his five seasons, the Tar Heels have finished in the top 15 of the Learfield Director's Cup, including four top-10 finishes. During that same period, the number of UNC student-athletes on the ACC Academic Honor Roll has steadily increased.

Carolina finished seventh in the 2015-16 Learfield Director's Cup. The Tar Heels won NCAA titles in men's and women's lacrosse, finished second in men's basketball and field hockey and had top-10 national finishes in men's and women's tennis and men's soccer. Carolina teams won four ACC titles and the men's tennis team won the ITA Indoor Team National Championship. In addition, the football team won 11 games, advanced to its first ever ACC Championship Game and earned a final No. 15 ranking in both national polls.

The 2015-16 season marked Carolina's second consecutive top-10 finish as the Tar Heels placed fifth the previous year. Ten Tar Heel teams posted top-10 national finishes in 2014-15 and 25 advanced to postseason play, led by a second-place finish by women's lacrosse and a final four appearance by field hockey. Carolina also had top-10 finishes in men's soccer, volleyball, men's lacrosse, men's tennis, women's tennis, men's basketball, women's basketball and women's soccer.

In addition, the women's cross country team won its first ACC title in 11 years and the women's tennis team captured the ITA national indoor team championship for the

Carolina finished 14th in the 2013-14 Learfield Director's Cup with seven teams posting top-10 national finishes. In 2012-13, Cunningham's first full season at UNC, Carolina finished eighth in the Director's Cup on the strength of national championships in women's soccer and women's lacrosse. The women's tennis team captured the ITA national indoor title and 11 other programs finished in the top 25.

The UNC women's athletics program captured the 2013 Capital One Cup, which is awarded to the best men's and women's Division I athletics programs in the country. For winning its first Capital One Cup, the Tar Heels earned \$200,000 toward student-athlete scholarships and a spot at the annual ESPY Awards show in Los Angeles.

Carolina student-athletes have excelled in the classroom as well. During the 2015-16 academic calendar, more than 350 student-athletes made the ACC Academic Honor Roll, which requires a cumulative GPA of at least 3.0 for the year. It was the fourth-consecutive year more than 300 UNC student-athletes have earned the honor. Carolina has set or tied its top single-season score in the APR in the last two seasons. UNC student-athletes have improved their APR scores from 966 in 2011 to 987 in 2015.

Cunningham is in his 15th year as a Division I director of athletics. He came to Chapel Hill after spending the previous six years as the director of athletics at the University of Tulsa. He also was the AD for three years from 2002-2005 at Ball State University. He was honored as the 2008-09 FBS Central Region Athletics Director of the Year, an award presented by the National Association of Collegiate Directors of Athletics.

At Tulsa, Cunningham guided the Golden Hurricane through its initial move to Conference USA and spearheaded a \$60 million athletics initiative. Tulsa won 34 league championships in his tenure, more than any other school in Conference USA and the football program played in five bowl games in his last six years.

At Ball State, Cunningham led a program with 19 intercollegiate sports and a budget of \$12.4 million. In his final year, Ball State completed a \$12 million campaign to renovate the football stadium. In raising those funds, Cunningham secured the largest single gift in Ball State athletics history.

From 1988-2002, Cunningham worked in the athletics department at the University of Notre Dame. He served as Notre Dame's associate athletics director for finance and facilities from 1995-2000 and was the associate director of athletics for external affairs from 2000-02.

Cunningham earned his bachelor's and master's degrees in business administration, both from Notre Dame, in 1984 and 1988, respectively. He played on the Irish golf team in 1982-83.

Cunningham is a member of the USTA Athletic Director Advisory Group. He is a former member of NACDA's Executive Committee, and was on the Board of Directors of the Alzheimers Association of Oklahoma and the Folds of Honor Foundation Board. Cunningham also served on the Gatorade National Advisory Board and has been a featured speaker at numerous NACDA and I-A institute conferences.

Born in Flint, Mich., and raised in Naples, Fla., Cunningham and his wife, Tina, have four children: Matthew, Michael, John and Sarah.

Carolina Athletics Administration

Chancellor: Carol Folt
Faculty Representative: Lissa Broome
Director of Athletics: Bubba Cunningham
Exec. Assoc. AD: Larry Gallo
Sr. Assoc. AD/SWA: Nicki Moore
Sr. Assoc. AD/CFO: Martina Ballen
Sr. Assoc. AD/Smith Center Operations: Clint Gwaltney
Sr. Assoc. AD/Compliance: Vince Ille
Sr. Assoc. AD/Communications: Steve Kirschner
Sr. Assoc. AD/Marketing & Promotions: Rick Steinbacher
Assoc. AD/Compliance: Marielle vanGelder
Assoc. AD/Football: Corey Holliday
Assoc. AD/Risk Management: Paul Pogge
Asst. AD/Mkt. and Promotions: Michael Beale
Asst. AD/Communications: Kevin Best
Asst. AD/Fac. Planning & Management: Mike Bunting
Asst. AD/New Media: Ken Cleary
Asst. AD/Olympic Sports & FB Operations: Ellen Culler
Asst. AD/Student-Athlete Development: Cricket Lane
Asst. AD/Business & Finance: Mike Perkins
Asst. AD/Ticket Operations: Tim Sabo
Executive Director of the Rams Club: John Montgomery
Director of Sports Medicine: Dr. Mario Ciocca
Director Academic Support for Student-Athletes: Michelle Brown
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Tar Heels in Directors Cup

Final 2015-16 Standings:

1. Stanford, 1,526.5; 2. Ohio State, 1,306; 3. Michigan, 1,196.75; 4. USC, 1,196.25; 5. Florida, 1,177; 6. UCLA, 1,091.5; 7. North Carolina, 1,089.5; 8. Virginia, 1,088.5; 9. Texas, 1,062; 10. Oregon, 973.5.

2015-16 ACC Final Standings

7. North Carolina; 8. Virginia; 17. Notre Dame; 21. Syracuse; 22. Florida State; 24. Duke; 29. Louisville; 32. NC State; 38. Virginia Tech; 40. Miami; 42. Clemson; 48. Boston College; 68. Wake Forest; 80. Georgia Tech; 110. Pitt.

North Carolina's Finishes Since 1994

2016 - 7th
 2015 - 5th
 2014 - 14th
 2013 - 8th
 2012 - 8th

2011 - 6th
 2010 - 7th
 2009 - 2nd
 2008 - 14th
 2007 - 3rd
 2006 - 4th
 2005 - 9th
 2004 - 7th
 2003 - 8th
 2002 - 4th
 2001 - 15th
 2000 - 5th
 1999 - 17th
 1998 - 2nd
 1997 - 2nd
 1996 - 6th
 1995 - 2nd
 1994 - 1st



Rich DeSelm, Head Coach

One of the nation's top collegiate coaches, Rich DeSelm is now in his 10th year as the head swimming coach at the University of North Carolina after serving for one year as the chief assistant and head coach designate under former mentor Frank Comfort. Every year, DeSelm is leading his alma mater to new heights in the swimming pool and the classroom. DeSelm was named a U.S. Swimming National Team coach for the calendar year 2014, the highest

honor U.S. Swimming can bestow on a coach, and he earned the honor again in 2016.

The program has made great strides under DeSelm's tutelage in the past nine years. DeSelm had been a highly successful head coach at Davidson College and a long-time assistant at perennial Top 10 program Florida before he assumed the full-time head coaching duties at Carolina on July 1, 2007.

Carolina is coming off another highly successful season in 2015-16 when both teams claimed 7-3 dual meet records against the most difficult schedule in school history and each team claimed a third place finish in the ACC Championships. UNC swimmers set a dozen new school short course and long course records over the course of the season. Forty-five Tar Heels were named to the ACC Academic Honor Roll. Thirty UNC swimmers competed in the 2016 U.S. Olympic Trials.

In the 2014-15 season both teams returned to the Top 20 of the NCAA Championships with the men taking 18th and the women 19th. In a deep ACC league, UNC took top four finishes on both sides of the ledger. At the NCAA Championships, 12 of Carolina's 13 entries in the women's meet earned All-America honors as did seven of the nine entries in the men's championships. The two teams combined to establish 17 new short course school records.

The Tar Heels also had an outstanding 2013-14 season. Meredith Hoover earned first-team All-America honors for the second straight year to lead individual honors by the squad. The women finished 19th nationally and moved up to second in the ACC. The men had another solid campaign and finished third in the ACC. The teams combined for an 18-4 dual meet mark. During the course of the year the women set eight new school short course records and the men established seven University marks. A total of 48 swimmers and divers were named to the ACC Academic Honor Roll, the most in the history of the Carolina aquatics program.

In 2012-13, DeSelm led the Tar Heels to another brilliant season in the pool. Both teams finished in the top three at the Atlantic Coast Conference championships and UNC had the men's and women's ACC swimmers of the year in the same season for the first time since 1996 when Tom Luchsinger and Cari Blalock won the awards. The women's 12th place finish at the NCAA Championships was the highest placing in 11 seasons. Eleven Tar Heels earned All-America honors at the NCAA Championships. UNC set 13 short course school records and seven long course University marks. During the summer months, Stephanie Peacock won a pair of medals at the World University Games and Tom Luchsinger won the U.S. national title in the 200-meter butterfly, the first Tar Heel man to win a championship since 1996. Luchsinger was also the first UNC man to swim for the U.S. at the World Championships since 1998. DeSelm was also named the ACC Women's Swimming Coach of the Year for the second year in a row, the first back-to-back designation for a Tar Heel head coach since Frank Comfort in 2001 and 2002. In December 2012, Peacock set NCAA records in the 1000-yard freestyle and 1650-yard freestyle under DeSelm's tutelage.

In 2011-12, DeSelm led Carolina to one of its most successful combined seasons in history. Forty-eight Tar Heels qualified for the 2012 Olympics Trials, UNC swimmers combined to set 24 records, the Tar Heel men finished in the Top 15 for the third straight year and the Carolina women placed 19th at the NCAA meet. After a 14th-place finish at the 2012 NCAA meet, UNC's men achieved back-to-back-to-back NCAA Top 15 finishes for the first time since three straight from 1956-58. The 19th-place finish by the UNC women was the team's best finish since 2003. In August 2012, Peacock and Luchsinger were named to the U.S. National Team.

In 2011-12, DeSelm was named ACC Women's Coach of

the Year and Peacock swept the ACC Swimmer of the Year honor and the MVP award at the ACC Championships. Peacock won the NCAA championship in the 1650-yard freestyle in an NCAA record time and she placed third in the 500-yard freestyle. It was the first NCAA championship for a UNC woman since 2003 (Jessi Perruquet in the 200-yard freestyle) and Steve Cebertowicz finished sixth in both the 50- and 100-yard freestyles at the NCAA meet, the first time a Tar Heel man has made the championship final in both events since Pete Worthen in 1965.

In September 2011, U.S. Swimming named DeSelm to the National Team staff. This came on the heels of his first-ever international head coaching assignment in August 2011 when he piloted the ship for the U.S. men's team at the World University Games in Shenzhen, China. Two Tar Heel student-athletes mentored by DeSelm won bronze medals at the those Games — Tyler Harris in the 400-meter individual medley and Stephanie Peacock in the 400-meter freestyle.

The 2010-11 season was also a magnificent one under DeSelm's tutelage. The men and women both took second in the conference championships with the women achieving their highest point total in four years. The women garnered their third successive NCAA Top 25 finish while the men finished 14th at NAAs, the highest team finish in 18 years. UNC's women won five individual titles and two relay championships at the ACC meet and the men won five individual crowns. Altogether, UNC rewrote the short course record book for both teams with nine new school records on the women's side and 12 on the men's ledger. Five school records fell during the long course season in summer 2011. Individually, Tyler Harris placed third in the 400 IM at the NCAA meet, the highest individual placing by a UNC man since 1966. Joe Kinderwater copped first-team All-America honors in the 1650-yard freestyle and became only the third men's swimmer in Carolina history to win first-team honors all four years. The men's 800-yard freestyle relay garnered first-team All-America accolades, the first Tar Heel relay to do so in 18 seasons. Carly Smith, Layne Brodie and Tyler Harris each won a pair of individual ACC titles and Tommy Wyher captured the men's 100-yard backstroke at the ACC meet, becoming only the 20th individual in ACC history to win the same event four years in a row. Tyler Harris was named the ACC Men's Swimming Scholar-Athlete of the Year, following in the footsteps of Chip Peterson who won the award a year earlier.

DeSelm has been an elite coach at every level during 39 years of collegiate coaching. As an assistant coach at North Carolina (1978-93) and Florida (2000-06), he assisted on teams that won 16 conference championships and placed in the Top 25 on 36 occasions at the NCAA Championships, including 21 Top 10 finishes. As a head coach at Davidson his teams won seven conference championships and placed in the Top 10 of the ECAC Championships seven times in eight years.

A team captain, first-team All-America and long-time assistant coach at Carolina, DeSelm earned his bachelor's degree in business administration from UNC in 1978. He went on to earn a master's degree from Duke in



Rich DeSelm enters his 10th year as UNC head coach in 2016-17.



Rich DeSelm's Year-By-Year Coaching Ledger AT THE UNIVERSITY OF NORTH CAROLINA

Assistant Coach—Men's Swimming & Diving Team

Year	Overall	ACC	ACC Finish	NCAA Finish
1978-79	5-5	3-1	2nd	25th
1979-80	8-4	5-1	2nd	22nd
1980-81	8-2	4-1	2nd	20th
1981-82	6-3	3-2	2nd	24th
1982-83	5-3	3-1	1st	21st
1983-84	8-4	4-1	2nd	17th
1984-85	4-4	3-2	3rd	36th
1985-86	5-3	4-2	2nd	31st
1986-87	6-4	4-2	3rd	
1987-88	9-1	5-0	1st	19th
1988-89	8-2	4-1	1st	39th
1989-90	11-2	6-0	2nd	30th
1990-91	9-1	5-0	1st	21st
1991-92	9-2	5-2	3rd	18th
1992-93	10-4	6-1	1st	14th
Totals	111-44	64-17	5 Titles	10 Top 25 Finishes

Assistant Coach—Women's Swimming & Diving Team

Year	Overall	ACC	ACC Finish	NCAA Finish
1978-79	7-1	2-1	2nd	5th
1979-80	7-2	3-1	2nd	7th
1980-81	7-1	3-1	1st	3rd
1981-82	11-0	5-0	1st	3rd
1982-83	9-1	4-0	1st	6th
1983-84	9-0	5-0	1st	5th
1984-85	6-2	4-1	1st	12th
1985-86	8-0	6-0	1st	16th
1986-87	8-2	5-1	2nd	9th
1987-88	8-3	3-2	2nd	19th
1988-89	9-2	4-1	2nd	36th
1989-90	11-1	5-0	2nd	15th
1990-91	10-1	5-0	1st	20th
1991-92	12-0	7-0	1st	14th
1992-93	10-2	5-1	1st	16th
Totals	132-18	66-9	9 Titles	14 Top 25 Finishes

AT DAVIDSON COLLEGE

Head Men's and Women's Coach

DeSelm's men's dual meet record in seven seasons (1993-2000) was 26-40. His women's teams were 21-44-1. He was the Southern States Coach of the Year for men's swimming in 1995, and he received the honor for women's swimming each year from 1997 to 2000. During his tenure, the men's teams won three Southern States Championships, and the women's teams won four. Davidson placed in the top 10 at the Eastern College Athletic Conference Championships seven times in eight years. DeSelm coached 22 all-conference performers, including 11 individual event winners.

AT THE UNIVERSITY OF FLORIDA

Assistant Coach—Men's Swimming & Diving Team

Year	Overall	SEC	SEC Finish	NCAA Finish
2000-01	9-5	0-3	3rd	5th
2001-02	10-4	4-3	2nd	4th
2002-03	9-3	4-2	2nd	6th
2003-04	9-2	5-1	2nd	6th
2004-05	11-1	4-1	2nd	5th
2005-06	10-3	5-1	2nd	5th
Totals	58-18	24-11		4 Top 5 NCAA Ranks

Women's Swimming & Diving Team

Year	Overall	SEC	SEC Finish	NCAA Finish
2000-01	12-2	3-1	3rd	8th
2001-02	12-2	2-1	1st	7th
2002-03	12-1	5-1	2nd	5th
2003-04	11-2	5-2	3rd	4th
2004-05	9-2	3-2	3rd	4th
2005-06	11-2	5-2	3rd	10th
Totals	67-11	26-9	1 SEC Title	3 Top 5 NCAA Ranks

AT THE UNIVERSITY OF NORTH CAROLINA

Head Coach Designate—Men's Swimming & Diving Team

Year	Overall	ACC	ACC Finish	NCAA Finish
2006-07	5-3	4-1	3rd	27th

Head Coach Designate—Women's Swimming & Diving Team

Year	Overall	ACC	ACC Finish	NCAA Finish
2006-07	8-1	5-0	1st	30th

AT THE UNIVERSITY OF NORTH CAROLINA

Head Coach—Men's Swimming & Diving Team

Year	Overall	ACC	ACC Finish	NCAA Finish
2007-08	6-2	4-0	2nd	29th
2008-09	6-3	4-1	3rd	26th
2009-10	10-1	6-1	2nd	15th
2010-11	8-1	4-1	2nd	14th
2011-12	7-2	6-1	3rd	14th
2012-13	6-1	3-1	3rd	Tied 29th
2013-14	8-2	3-1	3rd	39th
2014-15	5-3	3-2	4th	18th
2015-16	7-3	3-1	3rd	26th
Totals	63-18	36-9		4 Top 20 Finishes

Head Coach—Women's Swimming & Diving Team

Year	Overall	ACC	ACC Finish	NCAA Finish
2007-08	6-3	3-1	2nd	32nd
2008-09	6-3	4-1	2nd	20th
2009-10	9-2	6-1	2nd	20th
2010-11	7-2	4-1	2nd	Tied 23rd
2011-12	7-2	6-1	2nd	19th
2012-13	5-2	3-1	3rd	12th
2013-14	10-2	3-1	2nd	19th
2014-15	7-1	5-0	2nd	19th
2015-16	7-3	2-2	3rd	18th
Totals	65-20	36-9		8 Top 25 Finishes

1988 in liberal studies. He swam at Carolina from 1974-78 as a distance freestyler. He was the captain of coach Frank Comfort's first team in 1978 when he was the squad's most valuable swimmer. In 1976, DeSelm was a first-team All-America selection in the 800-yard freestyle relay.

DeSelm served as head coach designate in 2006-07, and became the head coach when Frank Comfort retired on June 30, 2007. Comfort was the winningest dual-meet swimming coach in college history when he retired and he led Carolina to 26 ACC championships in his 30-year tenure. DeSelm had previously worked as Comfort's No. 1 assistant for 15 seasons from 1978-93, years in which the program competed spectacularly in both conference and national competitions. In DeSelm's sole year as the head coach designate, Carolina's women claimed the ACC title for the first time in five years and both the men and women improved their NCAA finishes from the previous campaign. Sixteen swimmers and divers were named to the 2007 All-ACC Teams.

In his first year at the helm of the Carolina program in 2007-08, DeSelm coached the Tar Heels to second-place finishes at the ACC Championships. The men's second-place finish was their highest placing since 2001. For the first time since 2004, three Tar Heel men achieved All-America honors. Tyler Harris won the ACC title and set a UNC record in the 400 IM. Joe Kinderwater claimed the ACC championship and first-team All-America honors in the 1650 freestyle. He set school records in the 1000 and 1650 freestyles while making the finals of the 2008 Olympic Trials in the 1500-meter freestyle. Junior Whitney Sprague continued her record-setting career with ACC championships in the 500 and 1650 freestyles.

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She placed second in the NCAA Championships in the 1650 freestyle. The Tar Heel program went to another level during DeSelm's second year at UNC in 2008-09. Carolina sent nine women and five men to the 2009 NCAA Championships with the women finishing 20th, Carolina's

best placing since 2003. Sprague was the NCAA runnerup for the second year in a row in the 1650 freestyle while breaking the ACC record in the event. Katura Harvey placed seventh at the NCAA meet in the 1650 and broke the ACC record in the 500 freestyle. Layne Brodie was named ACC Freshman-of-the-Year, the first Tar Heel to win the award since Jessi Perrequet in 2003. She broke UNC records in three events and conference records in the 100 and 200-yard breaststrokes. On the men's side, Tyler Harris broke the 200-yard IM and 400-yard IM school records. Kinderwater placed eighth at NAAs in the 1650-yard freestyle where he was named first-team All-America and broke the UNC record. Kinderwater also placed



Coach DeSelm was a long-time assistant coach for the Tar Heels from 1978-93.

fourth at World Championships Trials in the 1500-meter freestyle in 2009. Junior Chip Peterson broke the 500-yard freestyle school record. Sophomore Tommy Wyher captured a pair of ACC titles and set league records in the 100 fly and 100 back and a school record in the 200 back.

Both Tar Heel teams had banner campaigns in 2009-10. The Tar Heel men finished second at the ACC Championships with 656.5 points, the most points UNC had scored in the meet since 2000. Carolina's 15th-place NCAA finish was its best since 1996. Carolina captured an ACC relay title for the first time in 12 years. Three Tar Heels — Joe Kinderwater, Tommy Wyher and Tyler Harris — earned first-team All-America honors for UNC, the most in a single year since 1993. Nine UNC swimmers overall earned first-team or honorable mention All-America accolades, the most since 1996. Eight UNC performers were named All-ACC, the most since 1997. UNC swimmers eclipsed nine school records during the school year. Senior Chip Peterson was named the ACC Scholar-Athlete-of-the-Year and an ESPN The Magazine Academic All-America. He became the first Tar Heel men's swimmer since 1965 to win the Patterson Medal as the school's outstanding senior athlete. The women's squad improved their point total at ACCs for the second straight year, scoring 642.5 points, the most since 2007. For the second straight year UNC placed 20th at the NCAA Championships and the Tar Heels had relays score for the first time since 2003. Altogether, UNC swimmers established seven school records, including three relay marks. Laura Moriarty won three individual ACC championships, the most by a UNC women's swimmer since Richelle Fox won three titles in 1998. Moriarty earned first-team All-America honors and she was one of seven Tar Heels overall who earned All-America accolades.

DeSelm was an assistant at Carolina from 1978 to 1993. In his 15 years of coaching at Carolina, the Tar Heels won 14 Atlantic Coast Conference championships including nine by the women and five by the men. The women had seven Top 10 and 14 Top 20 NCAA finishes, while the men finished in the national Top 25 on 10 occasions.

While at Florida, DeSelm helped recruit and coach men's and women's teams that were consistently among the best in the country. Each year from 2001 through 2006, both the men's and women's swimming teams finished the season in the Top 10 nationally, posting seven Top five finishes along the way. The Gators earned more than 300 All-America honors in his six years in Gainesville, including a school-record 26 citations by Carlos Jayme, who DeSelm helped mentor from 2000-2004. Jayme was the 2001 Southeastern Conference Freshman-of-the-Year and the school record holder in the 50-yard freestyle and the 100-yard freestyle. DeSelm also assisted in the training of Brazilian Olympian Gabriel Mangabiera, who finished fifth in the 100-meter butterfly at the 2004



DeSelm has led the Tar Heel women to seven NCAA Top 20 finishes and the UNC men to three NCAA Top 15 placings and another season in the Top 20.

Olympic Games.

DeSelm led Davidson College to four women's and three men's titles at the Southern States Championships and he earned five coach-of-the-year awards. Mary Shell Brosche won three consecutive Southern States swimmer-of-the-year awards under his tutelage. The Wildcats placed in the Top 10 of the ECAC meet seven times in eight years.

He coached a pair of Tar Heels to berths in the 1992 Barcelona Olympics. Yann deFabrique, a first-team All-America at Carolina, was the 1993 French national champion in the 400-meter freestyle. David Monasterio, a first-team All-America at UNC in the 200-yard freestyle and 200-yard butterfly, swam on the 1992 Puerto Rican Olympic Team.

Other notable UNC swimmers coached by DeSelm as an assistant from 1979-93 included Sue Walsh, Barb Harris, Polly Winde, James Hamrick, Carrie Szulc, John Davis, Gary Gauch, Melissa Douse and Sarah Perroni. Walsh and Winde were members of the 1983 United States Team in the Pan American Games. While DeSelm was an assistant at Carolina Walsh won 11 individual national titles and Harris also won an individual title and UNC's women's 200-yard medley relay team also won a national crown.

DeSelm was the assistant manager for the U.S. team at the 2000 Olympic Games in Sydney, Australia, and the 2004 FINA Short Course World Championships. He was the head manager for U.S. teams at the 1997 and 1999 Pan Pacific Championships and the 1995 Pan American Games.

DeSelm and his wife, Tracy, a physician, have two children, Grant, 20 years old, was a football and lacrosse player at Chapel Hill High School, graduating in 2014. He is now a junior at the University of Georgia. Claire, 18 years old, graduated from Chapel Hill High School in 2016. She is a freshman at the University of Notre Dame where she is a member of the women's swimming team. DeSelm is a native of Knoxville, Tenn., and attended high school there and in Jacksonville, Fla., where he graduated from The Bolles School in 1974.





National and international highlights of selected individual swimmers Coach DeSelm has worked with during head coaching tenures at UNC and Davidson and an assistant at UNC and Florida.

•**Cari Blalock (University of North Carolina):** 2013 ACC Swimmer of the Year; ACC champion and first-team All-America in 400 IM and 200 butterfly in 2013. School record holder in 200- and 400-yard IMs.

•**Mary Shell Brosche (Davidson College):** 1997, 1998, 1999 & 2000 Southern States triple event individual Champion; Female Swimmer of the Meet 3 years.

•**Steve Cebertowicz (University of North Carolina):** University record holder in 50-yard, 50-meter, 100-yard, 100-meter freestyle; Sixth-place finisher in 50-yard and 100-yard freestyle at 2012 NCAA Championships, first Tar Heel to place in both events since Pete Worthen in 1965.

•**John Davis (University of North Carolina):** 11-time ACC Individual event champion, 1988-1991, most ACC titles by an individual in conference history; twice named ACC meet MVP.

•**Yann deFabrique (University of North Carolina):** 1992 French Olympic Team; placed 14th in 400-meter free in Barcelona; 1993 French National Champion in 400-meter free; 1993 World University Games 200-meter free Champion, representing France; finished sixth in the 200 fly and 9th in the 500 free at the 1993 NCAA Championships.

•**Melissa Douse (University of North Carolina):** 1992 ACC Swimmer of the Year and ACC Championships MVP; 1991 ACC Champion in 100 Free; At 1990 NAAs was member of 4th-place & 5th-place sprint freestyle relay teams.

•**Maureen Farrell (University of Florida):** 17-time NCAA All-America from 2002-2005; NCAA record holder as member of 800 Free Relay; 5th at 2004 U.S. Olympic Trials in 200 Back.

•**Gary Gauch (University of North Carolina):** 1990 and 1991 ACC Champion in 100 Breast. Led UNC to three ACC team titles.

•**James Hamrick (University of North Carolina):** Made 1993 U.S. Team for World University Games in 400-meter freestyle; at 1993 NAAs he was 5th in 500 Free, 8th in 1650 Free and 12th in 200 Free; Member of 4th place 800 Free Relay Team at 1993 NAAs; At 1992 NAAs he was 6th in 500 Free and 10th in 1650 Free.

•**Tyler Harris (University of North Carolina):** ACC Champion in 400 IM in 2008 & 2010 and in 200 IM in 2011. First-team All-America in 400 IM in 2010 & 2011. Bronze Medalist in 400-meter IM at 2011 World University Games. UNC short course record holder in 400 IM and past record holder in 200 IM. School long course record holder in 200 IM and 400 IM. ACC runner-up in three events, 2010. Member 2011 USA Swimming National Team.

•**Katura Harvey (University of North Carolina):** ACC 500 freestyle champion in 2009. Finished 7th at NAAs in 1650 freestyle in 2009; NCAA first-team All-America in 2009; All-ACC in 200, 500 and 1650 free, 2009.

•**Meredith Hoover (University of North Carolina):** First-team All-America in 200 fly in both 2013 & 2014; 2014 ACC champion in 200 fly; conference record holder in the event. Winner of 2014 ACC Weaver-James-Corrigan Postgraduate Scholarship.

•**Carlos Jayme (University of Florida):** From 2001-2004 was a 26-time NCAA All-America (most All-America citations in Florida men's swimming history); 2001 SEC Freshman-of-the-Year; 2003 SEC Champion in 100 Free; Florida school record holder in 50 Free, 100 Free and as member of 200 free relay, 400 free relay & 400 medley relay teams.

•**Joe Kinderwater (University of North Carolina):** ACC champion in 1650 Free, 2008; ACC runner-up in 1650 Free in 2010 & 2011; 5th place at NAAs in 1650 Free in 2008; 8th place at NAAs in 1650 Free in 2009; 6th place at NAAs in 1650 Free in 2010; 5th place at NAAs in 1650 Free in 2011; earned four straight first-team All-America citations in 1650 Free; Olympic Trials finalist, 1500 Free, 2008; 4th-place finish in the 1500-meter free at U.S. World Championships Trials, 2009; School record holder in 1000 & 1650 freestyles.

•**Tom Luchsinger (University of North Carolina):** Member 2011, 2012 & 2013 USA Swimming National Teams; U.S. Swimming National Champion in 2013 in 200-meter butterfly. Member of U.S. team at 2013 World Championships; 2013 ACC Swimmer of the Year; 2012 & 2013 ACC champion in 400-meter IM; 2011, 2012 & 2013 ACC champion in 200 fly; 2013 NCAA finalist in 200 butterfly; past University

record holder in 200-yard fly and current record holder in 200-meter fly.

•**Gabriel Mangabiera (University of Florida):** Member of 2004 Brazilian Olympic Team (5th in 100-meter Butterfly); 2004 3-time Brazilian National Champion; South American Record holder in 100-meter butterfly; 15-time NCAA All-America; SEC Champion, 100 Back, 2003; Florida school record holder in 100 Back and as member of 200 free relay, 400 free relay, 800 free relay, 200 medley relay & 400 medley relay teams.

•**David Monasterio (University of North Carolina):** 1992 Puerto Rican Olympic Team in Barcelona; at 1992 ACCs was champion in 500 Free and in 200 Fly; Member of 4th place 800 Free Relay Team at 1993 NAAs.

•**Laura Moriarty (University of North Carolina):** Three-time ACC champion in 2010; First-Team All-America in 200 Breast, 2010. Moriarty set school records in the 200 breast and 400 IM.

•**Hendrik Odendaal (University of Florida):** 2001 & 2002 NCAA All-America; Champion in South African National Championships; Member of 2002 South African Commonwealth Games Team.

•**Stephanie Peacock (University of North Carolina):** 2012 NCAA champion, 1650-yard freestyle; Bronze medalist, 400-meter free, 2011 World University Games; 2013 World University Games Selection where she won gold and silver medals; 2015 World University Games bronze medalist; set ACC records in 500-yard freestyle, 1000-yard freestyle, 1650-yard freestyle; was NCAA record holder, 1000-yard and 1650-yard freestyles; 2012 ACC Swimmer of the Year and ACC Meet MVP. Placed 3rd in 800-meter free at 2016 U.S. Olympic Trials.

•**Sarah Perroni (University of North Carolina):** At 1991 NCAA was member of 6th-place & 9th-place Free Relays; at 1990 NAAs she took 8th place in 100 Free, 14th place in 50 Free and was a member of 4th-place & 5th-place sprint free relay teams.

•**Chip Peterson (University of North Carolina):** ACC runner-up in 1650 Free in 2007; ACC champion in 1650 Free, 2010; took 6th place at NAAs in 1650 Free in 2007; National and World Open Water Swimming Champion; former school record in 500-yard freestyle; Patterson Medal winner as UNC's outstanding senior athlete in 2010 (first male swimmer to win award since 1965); current member of U.S. National Team in open water swimming; UNC assistant coach; gold medalist at 2007 & 2015 Pan American Games.

•**Whitney Sprague (University of North Carolina):** ACC Champion, 500 & 1650 freestyles in both 2007 & 2008; Two-time 2nd place finisher at NAAs in 1650 Free in 2008 & 2009; took 3rd place at NAAs in 1650 Free, 2007. Held the ACC and UNC records in the 500, 1000 & 1650 freestyles.

•**Carrie Szulc (University of North Carolina):** At 1993 World University Games took 5th Place in 400 IM representing U.S.; Two-time NCAA finalist in 400 IM taking sixth place in 1992 and eighth place in 1993; 1992 ACC champion in 200 IM & 400 IM.

•**Darian Townsend (University of Florida):** 6-time NCAA All-America in 2005; 2005 SEC Champion in 200 Freestyle; member of NCAA record setting 800 Free Relay Team; South African Commonwealth Games Team member; 2-time NCAA All-America in 2006.

•**Sue Walsh (University of North Carolina):** From 1981-1984 was an 11-time AIAW and NCAA Champion (10 individual, 1 relay); Held American Records in 50-meter backstroke, 100-meter backstroke, 100-yard backstroke; Three-time ACC Championships MVP; won 10 of 11 backstroke races in national collegiate championship meets from 1981-84.

•**Candice Weimann (University of Florida):** 5-time NCAA All-America in 2005 after transferring from Alabama where she was a 4-time NCAA All-America in 2004; broke Dara Torres' 17-year-old Florida school record in 100 Fly; 5-time NCAA All-America in 2006.

•**Polly Winde (University of North Carolina):** From 1982-1985 was a multiple NCAA & U.S. Swimming Nationals individual finalist; 1983 U.S. Pan American Games Team Member; four-time ACC champion in 400 IM.

•**Tommy Wyher (University of North Carolina):** ACC Champion, 100 Back from 2008-2011 & 100 Fly in 2009 & 2010; ACC Record Holder, 100 Back & 100 Fly; First-Team All-America, 100 Fly (5th Place Finish), 2010; School Record Holder, 200 Back.

CAROLINA

Abel Sanchez, Diving Coach



Abel Sánchez, a 2000 Summer Olympics participant and three-time All-America at the University of Michigan, enters his fourth year as the diving coach at the University of North Carolina. In the first three years of his

tenure at Carolina, Sanchez has transformed Carolina's diving contingent into one of the best in the nation while achieving the highest honors in school history.

Sánchez has done a brilliant job in recruiting new divers into the program and in making sure they improve after they arrive here. The numbers in the latter regard do not lie. He was rewarded for his efforts by being named the 2016 ACC Women's Diving Coach of the Year.

The 2015-16 school year was a fantastic one for Tar Heel diving. UNC qualified four divers for the NCAA Championships - Elissa Dawson, Maria Lohman, Jack Nyquist and Ozzie Moyer. Dawson placed ninth in three-meter and platform diving at the NCAA Championships and became only the second UNC women's diver in history to earn All-America honors in two different years. Nyquist placed sixth in three-meter diving at NAAs and in the process became the first Tar Heel men's diver in 59 years to be named a first-team All-America.

Dawson had three top four finishers in the ACC Championships, topped by a runnerup placing in three-meter diving. She went on to be named ACC Women's Diver of the Year for 2016-17. Nyquist was the runnerup in both the one-meter and three-meter ACC diving events. Carolina divers also did a tremendous job in the summer of 2016 led by Dawson's seventh place finish in three-meter diving at the U.S. Olympic Trials.

Those accomplishments came on the heels of a tremendous 2014-15 season for the diving group. For the third time in school history UNC qualified two men for the NCAA national championships, the most recent time being Ryan Funderburk and Jon Fox in 2006. It was also the first time UNC had qualified two women for the NCAA nationals. Both Jack Nyquist and Ryan Fox went to the men's national meet while Elissa Dawson joined Michole Timm at the national meet for women.

Nyquist earned All-America honors in both one- and three-meter diving, the first Tar Heel diver to be an All-America in two different events since 1948. On the women's side, Dawson was an All-America in 10-meter platform diving and Timm on the three-meter board. No Tar Heel women's diver had been named an All-America in 23 years. In addition, all three Tar Heel women's diving records were shattered in 2014-15.

Nyquist was named to the U.S. team which competed at the World University Games in Russia in 2015. He was the first UNC diver in history to represent the U.S. in an international event.

In his first year as Carolina's diving coach Sanchez saw his competitors reached new heights. Freshman Jack Nyquist was a finalist in two events at the ACC Championships, making the awards podium in the one-meter event. Nyquist went on to earn honorable mention All-America honors in three-meter diving at the NCAA Championships. Nyquist also set the school record in one-meter diving as a freshman.

That was only the beginning for the Tar Heel diving program which excelled at an even higher level during the summer of 2014. At U.S. Diving Nationals in Knoxville, Tenn. in August 2014, the Tar Heel women finished third as a team and the Tar Heel men placed ninth. As a combined team, Carolina finished fifth. The Tar Heels accomplished all this with only four divers competing at U.S. Nationals - Ozzie Moyer, Michole Timm, Jack Nyquist and Elissa Dawson. Nyquist finaled in two events on the men's side while Dawson was a finalist in three events and Timm in one for the women. Nyquist took fourth place in men's three-meter synchronized diving and was fifth in the men's three-meter competition. Moyer also qualified for U.S. Nationals. Dawson also excelled for the Tar Heels at U.S. Diving Nationals. She placed third in three-meter diving and sixth in one-meter. Earlier in the summer, Dawson won the Junior National championship in three-meter synchronized diving and was a finalist in one-meter, three-meter and platform diving. Timm also competed at U.S. Nationals, making the finals in the three-meter event.

Sánchez came to Chapel Hill from the University of New Mexico where



he had served as the diving coach since October 2004.

At New Mexico, he was the 2011 and 2012 Mountain West Conference Coach of the Year. He coached six Mountain West Conference champions, two NCAA All-Americans, 37 MWC finalists and three performers who won MWC Diver of the Year accolades. He coached divers who were either finalists or medalists at the World University Games, the Commonwealth Games, the Canadian Nationals and the Russian Nationals.

In 2012-13, Sánchez coached a diving squad that included six All-Mountain West Conference performers on the one-meter, three-meter and platform events. All six divers qualified for the 2013 NCAA Zone "E" Diving Championships. His divers set the highest scores in the Mountain West Conference for the season. Michole Timm qualified to the NCAA National Championship.

A standout diver in Ann Arbor as a collegian at the University of Michigan, Sánchez was a four-time All-America (twice first team, twice honorable mention) and an Academic All-America. He placed in the Top 10 at the NCAA Championships twice, finishing as high as fourth. Sánchez was also a five-time All-Big Ten Conference honoree. He won two silver medals at the conference championships in his career and helped Michigan to four consecutive Big 10 titles and a national championship for the Maize and Blue in 1995.

He earned his Bachelor of Arts degree in communications in 1995 from the U of M. He also holds a master's degree in architecture from New Mexico that was earned in 2011.

After his collegiate career ended, Sánchez continued to dive, training with Olympic coach Kenny Armstrong, Jay Lerew and Olympian and world champion Janet Ely-Lagourgue.

Sánchez went on to represent Peru, his father's home country, on three-meter springboard and platform at the 2000 Olympic games in Sydney. Sánchez qualified for the Olympics after claiming silver medals on one-meter and three-meter springboards and the 10-meter platform at the South American Championships. He was an eight-time finalist at the U.S. Diving Nationals, and a five-time finalist in the FINA Grand Prix circuit.

Sánchez joined the Lobos after coaching the Mission Viejo (Calif.) Nadadores Diving Team. Previously he served as a member of coaching staffs at Team Orlando Diving (Fla), L'Equipe Diving (Irvine, Calif.) and The Woodlands Diving Academy (Texas).

Sánchez, a Holland, Mich., native, is married to Leanne and the couple has two daughters, Bryze (11) and Maizie (9), and a son, Rio (6).

Abel Sánchez Coaching Highlights: 7 NCAA All-Americans including UNC's Jack Nyquist, Elissa Dawson and Michole Timm; 1 FISU - World University Games Finalist; 2015 World University Games Participant - Jack Nyquist; 2016 U.S. Olympic Trials Finalist - Elissa Dawson 3-Meter; 1 Silver Medalist - Commonwealth Games; 35 Academic All-Conference Award Winners; 6 Mountain West Conference Champions; 43 Mountain West Conference Finalists; 31 Mountain West Conference "Athlete of the Week" Awards; 3 Mountain West Conference "Diver of the Year" Awards; 1 "Senior Athlete of the Year Recognition Award" - Awarded by MWC; 2 Mountain West Conference "Coach of the Year" Award; 2011 UNM Faculty of Color Award for UNM Staff; 2 USA National Finalists; 2 FINA GP Finalists; 4 Canadian National Finalists; 2 Russian National Finalists



Christy Garth, Assistant Coach



Christy Garth is now in her ninth season as an assistant coach for the Carolina men's and women's swimming teams. Garth was added as the fifth full-time member of the Carolina swimming coaching staff in September 2008. She is a long-time Tar Heel, having captained Carolina teams that won ACC titles in the 1990s. In fact she swam on four Carolina team which won ACC crowns

when she was an undergraduate.

As a Tar Heel alumna, she has been a key conduit with UNC's alumni base and much of the success of the lobby/entrance way area at Koury Natatorium, including the Blue Dolphin Hall of Honor is due to Garth's efforts. She worked hand-in-hand with alumnus and donor Greg Sanchez and Sue Walsh of the Educational Foundation to make the project a reality.

Last year, Garth helped lead the Tar Heels to a pair of 7-3 dual meet finishes while competing against the most difficult schedule in UNC history. Carolina finished third at both ACC meets and the women were 18th at the NCAA Championships. The Tar Heels set 12 school records in short course and long course events in 2015-16.

The previous year, Garth was a key coaching contributor as UNC placed 18th in the NCAA men's meet and 19th in the women's meet. Carolina also set 17 school short course records during the 2014-15 campaign.

Garth made key contributions to the stroke group as the Tar Heels placed in the top three of both ACC championships in 2013-14. Along the way, Carolina swimmers set 15 school short course records, including in six relay events.

Tar Heel teams have flourished under Garth's keen coaching skills. From 2008-10, she coached the distance group with head coach Rich DeSelm. During the 2009-10 season, she worked with a middle distance group that qualified Evan Reed and Hank Browning for the NCAA Championships.

During the very successful 2012-13 campaign, Garth coached the middle distance group. She directly coached three of the four members of the women's unit that broke the ACC record in the 400-yard freestyle relay - Ally Hardesty, Lauren Earp and Danielle Siverling. That relay earned an automatic NCAA qualification. Two individuals in Garth's group qualified for the NCAA meet - Earp and Siverling. That 2013 squad finished 12th at the NCAA Championships and broke multiple team records.

Garth, a 1996 alumnus of Carolina and a four-year letter winner on the Carolina women's swimming team, brings excitement, experience and depth to the coaching staff. Garth worked in the past with then associate head coach Mike Litzinger leading the stroke group. She has served in that capacity since 2012 and worked with a slew of NCAA qualifiers and U.S. National Team members.

Garth has been a key part of Carolina's successful summer program that led to nearly 50 qualifiers for the 2012 U.S. Olympic Trials and another 30 for the 2016 Olympic Trials.



Garth was a decorated swimmer at Carolina during her four-year tenure. She was an All-ACC selection four successive years from 1993-96 and was part of four ACC championship teams while a collegian.

Garth was a two-year team captain in 1994-95 and 1995-96 and the winner of the program's Hill Carrow Spirit Award in both of those seasons. She qualified for the U.S. Olympic Trials in 2000 and was an Olympic torchbearer in 2002 when the Winter Games were in Salt Lake City.

Her collegiate coaching experience includes two seasons as an assistant coach at the University of Maryland in the early 2000s. She also served as an interim assistant coach for women's swimming at the University of Michigan during the 2000-01 school year. While at Michigan, Garth also coached at prestigious Club Wolverine for two seasons.

Garth has worked in a variety of sports-related jobs. Directly out of college, she worked for the United States Golf Association as the U.S. Women's Open director's assistant. Following that, she worked on production crews for ABC Sports from 1996-98. Garth also worked for NBC during the 2000 Sydney Olympic Games as part of the production crew. From 2001-03, she worked for SpeedoUSA as an accounts manager before she began coaching at the University of Maryland. Prior to coming to UNC in 2008, Garth was the head swim coach at Duchesne Academy in Houston, Texas.

Garth studied political science and communication studies at North Carolina. Today, she continues to swim and was honored as a Top 10 Master's swimmer in 2009.

Garth is married to Trey Blazer, a physician at Duke Medical Center. The couple has two children. Callie Ann Blazer was born on December 29, 2011. Little brother, Colton James Blazer, joined the family on May 11, 2014.

Garth has served as the director of the Rich DeSelm Swim Camp since 2014.

Duncan Sherrard, Assistant Coach



One of the most enthusiastic and brilliant upcoming coaches in the collegiate ranks, Duncan Sherrard is now in his second year as an assistant coach at the University of North Carolina.

Sherrard, the former head swimming coach at Florida Southern College and a multiply-honored All-America swimmer at the University of Florida, joined head coach Rich DeSelm's staff as an assistant coach at the University of North

Carolina on June 8, 2015. Sherrard had swim at UF when DeSelm was a long-time assistant coach for the Gators.

"I am excited to join Coach DeSelm's staff and the UNC community. UNC has a great tradition in the sport of swimming," said Sherrard at the time of his hiring. "I'm looking forward to working with the student-athletes and continuing to build upon the excellence that is already here. My wife Diane, my kids and myself are excited to be a part of the Tar Heel family."

In his first season working with the Tar Heels, Sherrard helped lead

UNC to 7-3 dual-meet records for both men and women as Carolina faced the most challenging schedule in Tar Heel history, including non-conference opponents Georgia, Indiana, Tennessee and Texas. Both Carolina teams placed third in the ACC Championships. Twelve school records were broken during the course of the season and 30 UNC swimmers qualified for the 2016 Olympic Trials. He was also the primary coach for senior Sam Lewis who raced to the ACC title in the 100-yard butterfly.

Sherrard, who earned a Bachelor of Arts degree in history from Florida in 2002 and a M.Ed. in educational leadership and higher education administration from Florida Atlantic in 2009, had been the head coach at Florida Southern in Lakeland since 2009 before becoming a Tar Heel. Simultaneously, he had served as the owner and head swim coach at Lakeland Area Swimming. Prior to going to FSC, he was an assistant swimming coach at Indian River State College in Ft. Pierce, Fla., from 2006-09.

"Our team members and coaches are extremely excited to have Duncan on our staff at UNC. I have known Duncan and his wife, Diane,



here in Chapel Hill."

Sherrard came to Chapel Hill after a distinguished tenure at Florida Southern where he was named the Sunshine State Conference Men's Coach of the Year three times. He led the Moccasins to Sunshine State Conference titles each of his last three years there (2013-15). In both 2013 and 2014, Florida Southern finished as the NCAA Division II runner-up after grabbing third place in 2012. His women's team also excelled as it finished in the Top 10 of the NCAA Division II Championships four years in a row from 2011-14 while the men were in the Top 10 five successive seasons (2011-15).

Thirty-three different Moccasin swimmers accounted for 278 All-America honors during his tenure, including nine NCAA champions (eight individual swimmers and four national champion relay teams).

The team broke NCAA Division II records in two individual events and three relays. Sherrard also coached student-athletes to the 2012 Olympic Games and to the 2011 and 2013 FINA World Championships.

since they were swimmers at Florida when I joined the coaching staff there in 2000. Duncan was a hard worker and tough racer as a swimmer and he has transferred those personal qualities into his coaching," says Coach DeSelm. "As a coach, Duncan has proven that he can lead, motivate and coach swimmers to improvements, championships and great careers. His head coaching experience enhances our efforts in administration, recruiting, coaching and nurturing our team members

FSC was also honored with a pair of Elite 89 winners at the 2012 women's and 2013 men's NCAA Division II Championships, given to the student-athletes competing at the meet with the highest grade point averages.

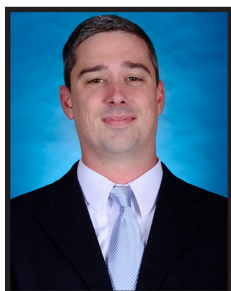
Sherrard's tutelage at Indian River State was also key to the teams' success there as they won the 2007 and 2008 women's and men's National Junior College Athletic Association crowns. Over two years, the school produced 76 national championship swimmer and established 29 national records.

Sherrard also served as head coach for Buchholz High School in Gainesville from 2004-06 and was an age group swim coach with Gator Swim Club from 2002-05.

He was a decorated collegiate swimmer at Florida where he swam from 1998-2002. He was a 14-time NCAA All-America his final three years and was named Southeastern Conference first-team selection each of those seasons. He captained the Gators as a senior in 2001-02.

Sherrard is married to Diane Tennison Sherrard, a six-time NCAA All-America swimmer at the University of Florida. She graduated with a Bachelor of Science degree in sports management in 2003 and a Master of Science in sports management in 2004, both from UF. Diane is employed by the UNC Educational Foundation.

The Sherrards have two children, Reagan Sherrard, nine, and Nathan Sherrard, seven. Sherrard is a life-long Chicago Cubs fan and an avid runner.



Sean Quinn, Assistant Coach

Sean Quinn was promoted to the position of full-time assistant swimming coach at the University of North Carolina during the summer of 2016 by Tar Heel head coach Rich DeSelm.

Quinn has been a part of the UNC swimming program since 1999 as a student-athlete, volunteer coach, part-time assistant coach and the head coach of the North Carolina Aquatic Club, a U.S. Swimming club program based in Chapel Hill that trains at UNC's Koury Natatorium.

Quinn excelled as the NCAC head coach and was named in September 2015 as the North Carolina Swimming Coach of the Year, an award named in honor of Franke Belle.

A former Tar Heel school record holder in the 200-yard breaststroke and 100-meter breaststroke and current record holder in the 200-meter breaststroke, Quinn completed his seventh year as a part-time assistant coach for the Carolina swimming program in 2015-16 following six years in which he served as one of the program's volunteer coaches. He served as a staff coach for the NCAC from 2003 to 2010 when he was named the club's head coach.

"We are extremely excited to name Sean Quinn to our staff," DeSelm said at the time of his hiring. "As the head coach of our club team, North Carolina Aquatic Club, for the past six years, Sean has demonstrated outstanding leadership and coaching abilities. His transition should be an easy one because, for 13 years, Sean has also been coaching our college swimmers on a part-time basis.

"The team knows and respects him and will benefit from his impact, now on a full-time basis. Sean is an outstanding coach, knows and loves UNC, is a fantastic representative of our school and program and will bring a great deal of knowledge and passion to the team, in practice and recruiting. He is a seasoned administrator and will be a great asset in that aspect of the job. We look forward to Sean moving into this new role with us."

Over the years, Quinn worked to build NCAC into one of the top age group programs in the country, boasting multiple Nationals, Junior Nationals and Olympic Trials qualifiers. In September 2014, he achieved one of the highest coaching honors when U.S. Swimming named him a National Team coach for the first time. He went on to earn similar honors in both 2015 and 2016 from U.S. Swimming. Prior to becoming the overall head coach, Quinn was the head age group coach for the North Carolina Aquat-



ic Club. He was selected as a North Carolina Zone Team coach in 2009. Quinn helped coach the North Carolina team to a third-place finish in that competition in Orlando, Fla.

A native of Lancaster, S.C., and 1999 alumnus of Lancaster High School, Quinn was a three-time All-America selection as a Tar Heel swimmer, earning those honors in 2000, 2002 and 2003. His best NCAA finish was an eighth place in the 200-yard breaststroke as a freshman in 2000. He also finished 10th in the 200 breaststroke at the NCAA Championships in 2002.

Quinn, a tri-captain of the 2002-03 Tar Heel team, won a silver medal in the 200-meter breaststroke at the 2003 Pan American Games in Santo Domingo, Dominican Republic. He finished fifth in the 200-meter breaststroke at the 2000 U.S. Olympic Trials. He was offered a slot on the United States Team at the 2002 Short Course World Championships in Moscow. During his freshman year at UNC, he competed in the Short Course World Championships in Athens, Greece. Before enrolling at Carolina, he swam in the 1999 U.S. Junior World Championships in Barcelona on a



U.S. team coached by former Tar Heel head mentor Frank Comfort.

Quinn won ACC individual championships in the 200-yard breaststroke in 2000 and 2003. Until 2014, he held the Tar Heel school record in the 200-yard breaststroke at 1:56.39. He still holds the Tar Heel record in the 200-meter breaststroke at 2:14.92 set at the 2002 U.S. National Championships. A four-time All-ACC selection, Quinn swam for the Mecklenburg Aquatic Club while in high school and was coached there by Pat Hogan. Quinn was named Carolina's most outstanding swimmer in 2000 and 2002

and the team's most valuable swimmer in 2003. His sister Kathleen swam for four years at UNC and was a tri-captain of the 2004-05 women's team.

Quinn graduated from Carolina with a Bachelor of Arts degree in communication studies.

Born May 20, 1981, Quinn is married to Beth Colacurcio Quinn, herself a former UNC swimmer. They have a daughter, Alice, 4 years old. Son Henry will celebrate his first birthday on December 8, 2016.

Chip Peterson, Volunteer Assistant Coach



U.S. National Team swimmer, ACC champion, NCAA All-America and world open water swimming champion Chip Peterson was named the volunteer assistant swimming coach at the University of North Carolina on September 11, 2013. Peterson is one of the most honored Tar Heels in the long and successful aquatics history at the University of North Carolina.

"Chip was a highly accomplished member

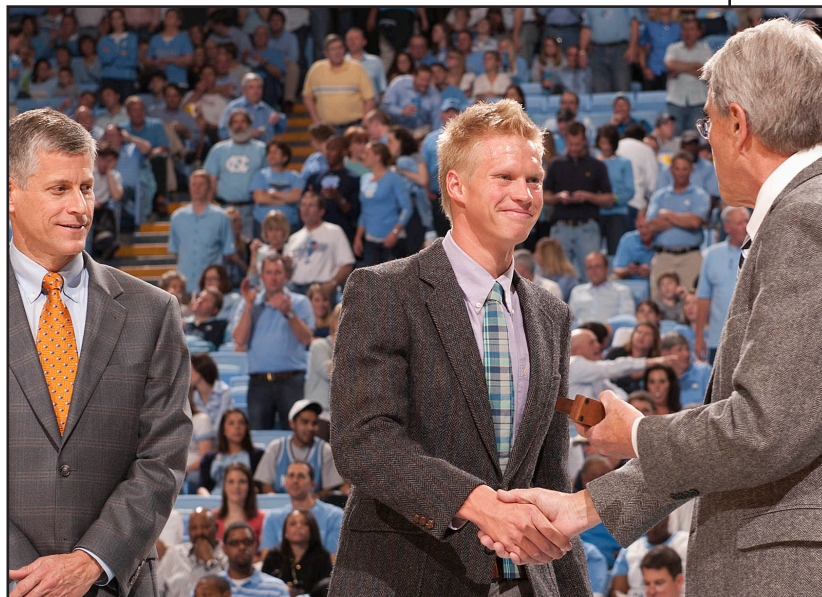
of the UNC team, excelling in the classroom and pool," says UNC head coach Rich DeSelm. "He is currently on the USA Swimming National Open Water team and earned many accolades both prior to arriving at UNC as a freshman in 2006 and during his highly successful career at UNC. Our swimmers definitely benefit from Chip's input."

Peterson, who still actively competes in open water swimming and was named in September 2013, September 2014 and September 2016 to the U.S. Swimming National Team in that discipline, has been coaching with the North Carolina Aquatic Club over the past five years and continues in that role.

A native of Pine Knoll Shores, N.C., Peterson is a 2010 UNC alumnus. He won the Patterson Medal as UNC's outstanding men's senior student-athlete that year, the first UNC men's swimmer to win it since Harrison Merrill in 1965. He was also named the ACC Men's Swimming Scholar Athlete of the Year in 2010 and was a three-time member of the All-ACC Academic Team as an undergraduate. He was also named to the College Sports Information Directors of America At-Large Academic All-America Team during his undergraduate days.

Before attending Carolina, Peterson won the U.S. and world championships in 10 kilometer open water swimming in 2005. He continued to excel as a Tar Heel, twice being named All-ACC and in 2010 capping his career with the ACC championship in the 1650-yard freestyle. He earned NCAA All-America honors in 2007, 2009 and 2010, missing only in 2008 when he sat out the season to train with the U.S. National Open Water Swimming Team full-time. He earned All-America honors in both the 500-yard freestyle and 1650-yard freestyle as a collegian.

Peterson is a two-time gold medalist at the Pan American Games in 2007 and 2015. He also won a silver medal in 2007. In the summer of 2015, he won the gold medal in 10 kilometer open water swimming at the Toronto Pan Ams. He also competed in the 2016 U.S. Olympic Trials.



Carolina Swimming Support Staff



Corey John
Team Manager



Ben Creekmore
Team Manager



Jack Joyce
Team Manager



Kevin Sun
Team Manager



Ted Steinkamp
Team Manager



Sara Maleski
Team Manager



Kelsey Vetalice
Team Manager



Kelsee Gomes
Staff Nutritionist



Dave Lohse
Athletic
Communications



Geoff Staton
Head Athletic
Trainer



Kelly Waicus
Team Physician



Jennifer Bryant
Academic Advisor



Angie Bitting
Secondary Sports
Administrator



Larry Gallo
Primary Sports
Administrator



BRYAN ALLEN

Diving

Freshman • 5-10

San Jose, Calif. • Santa Teresa

Santa Clara Diving

BRYAN ALLEN BIO

Career Best Scores: 541.55 points in one-meter diving; 484.30 points in three-meter diving; 404.30 in 10-meter platform diving.

Prep: Attended Santa Teresa High School from 2012-16...varsity MVP in 2016...Central Coast Section Championships two-time finalist, taking fourth place as a junior and third place as a senior...six-dive school record holder with 302.65 points...two-time CIF State Championships qualifier...took 11th place in his junior year and seventh place in his senior year...coached in high school by Debbie Fuji...Santa Teresa Class of 2016 honor roll member.

Club: Region 10 U.S. Diving Junior Men's Team Award winner...coached at the club level by Todd Spohn at Santa Clara Diving...two-time USA Diving national qualifier...Zone E Championships one-meter third-place finisher...took fifth place in three-meter diving in Region 10 Championships...captured third place in CCS Diving Championships one-meter competition.

Personal: Full name is Bryan M. Allen...son of Linda and Scott Allen...was born June 2, 1998 in San Jose, Calif. ...stands 5-10 tall...undeclared major...his brother, Phillip Allen, competed in acrobatic gymnastics for seven years.



Bryan Allen



JOSH BEALS

Distance Freestyle

Junior • 5-11

Attleboro, Mass. • Home Schooled

Crimson Aquatics

JOSH BEALS BIO

Career Best Times: 4:20.09 in the 500-yard freestyle; 9:05.86 in the 1000-yard freestyle; 15:15.10 in the 1650-yard freestyle; 3:54.15 in the 400-yard individual medley.

General: Ranks ninth in Tar Heel history in the 500-yard freestyle (4:20.09).

2015-16: 2016 Olympic Trials qualifier in 400-meter freestyle where he swam a time of 3:57.11...Leadership Lab participant in the Carolina Leadership Academy...named to UNC 4.0 Club in fall semester 2015...at 2015 Nike Cup, he placed 11th in the 500 freestyle (4:30.32)...placed 14th in the 400 IM (4:01.08) and earned 16th place in the 1650 freestyle (15:49.93)...named to ACC Academic Honor Roll.

2014-15: A Rising Star in the Carolina Leadership Academy...named to 2014-15 ACC Academic Honor Roll for second year in a row...at the 2014 Nike Cup, he placed 18th in the 500 free...member of ACC Championships team...placed 19th in the 500 free, 21st in 200 free and 26th in 1650



Josh Beals

free...at Arena Pro Series in Charlotte in May 2015, he took 17th place in 1500-meter freestyle.

2013-14: Named to All-ACC Team in the 500-yard freestyle... at the 2014 ACC Championships, he placed second in the 500-yard freestyle (4:20.09) and seventh in the 1650-yard freestyle (15:15.10), both in career best times...at 2013 Nike Cup, he placed second in the 1650 free, fifth in the 500 free, 12th in the 400 IM and 12th in the 200 free...named to ACC Academic Honor Roll... a CSCAA honorable mention Scholar All-American... named to Dean's List in spring semester 2014.

Prep: A distance freestyler who competed in club swimming for Crimson Aquatics where he was coached by Carl Cederquist and Skip Bryant... Home Schooled...USA Swimming Academic All-American...NCSA Junior National Champion.

Personal: Full name is Joshua Dale Beals...goes by Josh...the son of Randy and Andrea Beals...was born April 6, 1995 in Attleboro, Mass. ... business administration major...stands 5-11 tall...plays the piano in his spare time...his father swam at Lehigh University...attended high school in Attleboro, Mass. ...family now resides in Cumming, Ga.



DEVIN BELLAMY

Diving

Freshman • 5-11

Denver, Colo. • Eaglecrest

Mile High Dive Club

DEVIN BELLAMY BIO

Career Best Scores: 535.85 in one-meter diving; 534.55 in three-meter diving; 370.65 points in 10-meter platform diving.

Prep: Attended Eaglecrest High School in Centennial, Colo., from August 2012-May 2016...coached in high school by Erik Seaver...won Hoyt Brauner Award...team's most valuable diver...coached in club diving by Jenn Hess and Jack Perkins...earned highest academic honors...AP Scholar.

Club: Competes for Mile High Dive Club where he is coached by Jenn Hess...six-time national qualifier.

Personal: Full name is Devin Scott Bellamy...son of Rebecca and Darryl Bellamy...was born December 4, 1997 in Aurora, Colo. ...stands 5-11 tall...undeclared major.



Devin Bellamy



TOM BILDEN

Butterfly/Individual Medley
Sophomore • 6-3
Chapel Hill, N.C. • Carrboro
North Carolina Aquatic Club

TOM BILDEN BIO

Career Best Times: 1:47.62 in the 200-yard butterfly; 2:01.60 in the 200-meter butterfly; 49.75 in the 100-yard butterfly; 56.86 in the 100-meter butterfly; 4:00.54 in the 400-yard individual medley; 4:31.18 in the 500-yard freestyle; 15:52.05 in the 1650-yard freestyle.

2015-16: At 2015 Nike Cup, he placed 12th in the 200 fly with a time of 1:50.91...won the 200 butterfly (1:48.48), placed fourth in 500 free (4:31.18), third in the 400 IM (4:00.54) and seventh in the 100 fly (50.38) at Carolina College Invitational...earned a 4.0 grade point average in the spring semester of 2016...placed 58th at the 2016 U.S. Olympic Trials in the 200-meter butterfly...named to ACC Academic Honor Roll.

Prep: Attended Carrboro High School from 2011-15...NCHSAA A/AA state record holder in 100-yard butterfly from 2013-15...state champion in the event each of those years...also won state high school crown in 500 free his senior year...winner of NCHSAA A/AA Sportsmanship Award in 2015...senior year captain...2014 conference swimmer of the year...Carrboro High MVP in both 2014 & 2015...Wendy's High School Heisman State Finalist in 2015...named to Raleigh News & Observer All-Metro Swim Team from 2013-15...coached in high school by Julie Neal and Victor Lee.

High School Honors: Valedictorian of Carrboro High School...member of Junior Classical Latin Honor Society and National Honor Society...Junior Marshal...three-time winner of 4.0 Scholastic All-America Team from 2013-15.

Club: Swam for Sean Quinn at North Carolina Aquatic Club...2014 U.S. Open qualifier in 200-meter butterfly...named to 2011 & 2012 North Carolina Zone Team...received 2014-15 Performance Blue Training Group Coach's Award.

Personal: Full name is Thomas Walker Bilden...goes by Tom...stands 6-3 tall...son of Paul and Kristin Bilden...was born January 24, 1997 in Houston, Texas...business administration major...a part of the UNC Kenan Flagler Business School assured admissions program (AAP)...both parents are Duke graduates...he is the first Tar Heel in the family.



Tom Bilden



Greg Brocato



GREG BROCATO

Freestyle/Butterfly
Freshman • 6-2=2
Ambler, Pa. • La Salle College
Central Bucks Swim Team

GREG BROCATO BIO

Career Best Times: 20.01 in 50-yard freestyle; 43.91 in 100-yard freestyle; 48.31 in 100-yard butterfly; 1:37.70 in 200-yard freestyle; 23.63 in 50-meter freestyle; 51.61 in 100-meter freestyle; 53.50 in 100-meter butterfly.

Prep: Attended La Salle College High School in Wyndmoor, Pa. ...coached in high school by Frank Lichtner and Steve Duncheskie...member of water polo team as a freshman...in swimming, he was a 16-time All-America honoree...two-time individual state champion...member of four team state championships squads...three-time scholastic All-America...member of National Honor Society.

Club: Swam for Stu Kukla at Central Bucks Swim Team...team captain...three-time national age group champion.

Personal: Full name is Gregory Vincent Brocato...son of Karen and Vince Brocato...was born August 27, 1997 in Philadelphia, Pa. ...stands 6-2 tall...business administration major...has two sisters, Ali and Erica.



SEAN BURSTON

Diving
Junior • 5-7
Stamford, Conn. • Westhill
Whirlwind Diving

SEAN BURSTON BIO

Career Best Scores: 342.50 points in one-meter diving; 395.50 points in three-meter diving; 228.95 points in platform diving.

General: His career best diving scores rank fourth in UNC history on the three-meter board and eighth on the one-meter board.

2014-15: Earned a spot on UNC's ACC Championships team...finished in the three-meter event, finishing fifth (351.6)...was 15th in one-meter diving and 22nd in the platform event...qualified for NCAA Zone B Diving Championships where he placed 11th on three-meter and 13th on one-meter...won both the one-meter and three-meter diving competitions at 2014 Nike Cup...scored 342.5 points on one-meter board and 395.5 points on three-meter board...won ACC Diver of the Week honors November 25, 2014 after Nike Cup performance...took second place on both boards in dual meet versus Georgia...was finalist at Senior Zones in summer 2015, taking fifth on one-meter and third on three-meter.

Prep: Competed on high school diving team for three years...three-time All-American...Connecticut state champion his sophomore year...Connecticut Class LL state champion and record holder his junior year...



Sean Burston

CAROLINA

2016-17 Profiles



school's six-dive (347) and 11-dive (560) record holder...participated for club diving team Whirlwind Diving...coached by Joe Somma at Whirlwind Diving...six-time junior national qualifier and three-time finalist...five-time Junior East national finalist for USA Diving...five-time YMCA national champion...summer league diving coach.

Personal: Full name is Sean Ramber Burston...son of Karen and Seth Burston...born August, 7 1996 in Stamford, Conn. ...communication studies major...enjoys snowboarding and water skiing...has been diving for 10 years...has two younger sisters, Meagan, and Rachel, who started her college diving career at NC State in the fall of 2016...stands 5-7 tall.



BAILEY BURT

Butterfly/Distance Free

Junior • 6-0

Charlotte, N.C. • Providence Day School • SwimMAC

BAILEY BURT BIO

Career Best Times: 1:43.47 in the 200-yard freestyle; 4:32.11 in the 500-yard freestyle; 9:29.30 in the 1000-yard freestyle; 15:44.36 in the 1650-yard freestyle; 51.04 in the 100-yard butterfly; 1:51.46 in the 200-yard butterfly; 2:08.09 in 200-meter freestyle; 4:07.54 in 400-meter freestyle; 8:29.15 in 800-meter freestyle.

2015-16: At Carolina College Invitational, he placed ninth in 500 free in 4:31.11 and 11th in 200 fly at 1:53.62...completed Rising Star program in Carolina Leadership Academy...named to ACC Academic Honor Roll...tapped for Dean's List in fall semester 2015.

2014-15: Finished second in the 1000-yard freestyle in dual meet against Duke...captured first place in 1650-yard freestyle at Carolina College Cup and took second place in the 500-yard freestyle and fourth in the 200-yard butterfly...named to 2014-15 ACC Academic Honor Roll...named to Dean's List in fall semester 2014 and spring semester 2015.

Prep: Coached by Bill Bretschneider in high school at Providence Day School...holds school records in the 500 free, 100 back and as a member of the 200 medley relay, 200 free relay and 400 free relay...NCISAA state champion his sophomore year in the 500 free and his senior year in the 200 free and 500 free...MVP of high school team his senior year...participated in club swimming for SwimMAC...coached at SwimMAC by Alan Pfau, Russ Kasl and David Marsh...three-time scholastic All-America...winter junior national qualifier for SwimMAC...member of SwimMAC's 2012 winter junior national championship winning team...inducted into National Honor Society...AP Scholar with Distinction...member of Students of Service club and Spanish Honor Society...was on Headmaster's List all four years of high school.

Personal: Full name is Bailey Agan Burt...son of Michael and Laura Burt...was born August 18, 1995 in Charlotte, N.C. ...business administration major...stands 6-0 tall...his grandfather played football at Swarthmore College...his grandmother played field hockey at Swarthmore College.



Bailey Burt



NOAH CAIRNS

Distance Freestyle/ Individual Medley

Sophomore • 5-9

Chapel Hill, N.C. • Cardinal Gibbons North Carolina Aquatic Club

NOAH CAIRNS BIO

Career Best Times: 15:26.81 in 1650-yard freestyle; 3:52.15 in 400-yard individual medley; 4:27.34 in 500-yard freestyle; 1:52.37 in 200-yard individual medley; 15:45.04 in 1500-meter freestyle; 4:25.67 in 400-meter individual medley; 4:02.41 in 400-meter freestyle; 2:08.64 in 200-meter individual medley.

2015-16: At 2015 Nike Cup he placed 10th in 400 IM with time of 3:59.54 and sixth in the 1650 freestyle with a time of 15:21.57...named to CSCAA Scholar honorable mention All-America Team...named to Dean's List in both semesters of 2015-16 school year...qualified for 2016 U.S. Olympic Trials in the 400-meter individual medley and 1500-meter freestyle...named to ACC Academic Honor Roll.

Prep: Attended Cardinal Gibbons High School from 2011-15...coached by Tar Heel alumnus Jonah Turner...NCHSAA 3A state championship MVP in junior and senior years...won 3A state championships in 500 free (2014 & 2015), in 200 free (2014) and in 100 breast (2015).

Club: Swam for North Carolina Aquatic Club where he was coached by Sean Quinn...in 2015, he placed 4th in 400 IM and 8th in 1500 freestyle at summer Junior Nationals.

Personal: Full name is Noah Arthur Cairns...son of Ellen and Bruce Cairns...stands 5-9...born May 25, 1997 in Adana Heights, Guam...undeclared major...Scholastic All-American...volunteered at UNC Hospitals 2012-15...National Honor Society last two years of high school...his father swam at Johns Hopkins...was born in Guam while his father was in the Navy...has lived in Chapel Hill for 15 years.



Noah Cairns



HENRY CAMPBELL

Distance Freestyle/IM

Junior • 6-2

Manassas, Va. • Osbourn QDD Swim Club

HENRY CAMPBELL BIO

Career Best Times: 1:36.15 in the 200-yard freestyle; 4:16.27 in the 500-yard freestyle; 9:09.12 in the 1000-yard freestyle; 14:57.70 in the 1650-yard freestyle; 1:48.10 in the 200-yard individual medley; 3:46.99 in the 400-yard individual medley; 1:47.10 in the 200-yard butterfly; 1:50.50 in 200-meter freestyle; 3:56.60 in 400-meter freestyle; 2:05.10 in 200-meter individual medley.



Henry Campbell

General: School record holder in the 500-yard freestyle at 4:16.27, a time set in 2015...ranks eighth all-time at Carolina in the 200-yard freestyle with a time of 1:36.15...is the fourth fastest 1650-yard freestyler in UNC history at 14:47.50 and also ranks fourth in the 400-yard IM at 3:46.99...ranks sixth in UNC history in the 1000-yard freestyle at 9:09.12...anchored the 800 free relay team which tied the school record at 2015 ACC Championships with a time of 6:22.47.

2015-16: Member of All-ACC Team...took third place at ACC Championships in 500 freestyle with time of 4:17.72 and sixth place in 400 IM with time of 3:48.58...was the eighth-place finisher in the 1650 freestyle (15:15.50)...2016 NCAA qualifier...in dual meet against Louisville he won the 500 free (4:23.68) and the 1000 free (9:20.21)...won the 500 freestyle (4:32.02) in win over Navy.

2014-15: All-ACC honoree...had an exceptional 2015 ACC Championships meet...took third place in the 500 freestyle (4:17.27), fifth place in the 400 IM (3:46.99) and seventh place in the 1650 freestyle (15:07.49)...set University record in 500-yard freestyle at 4:16.27...also member of 800 freestyle relay team which set a school record...tied for leading point scorer on team at ACC Championships...named the Tar Heels' Most Improved Swimmer...NCAA qualifier...earned honorable mention All-America honors in the 500-yard freestyle where he finished in a 13th place tie with a time of 4:17.09...also swam on the 800 free relay which finished 19th and he placed 20th in the 1650 free...at the 2014 Nike Cup he took third place in the 400 IM (3:53.61) and also had Top 15 finishes in the 200 free and the 1650 free.

Prep: Alumnus of Osbourn High School...2012 Olympic Trials qualifier...U.S. Swimming senior national qualifier...also played high school lacrosse for four years as a midfielder...competed in swimming for 12 years...volunteered 40 plus hours throughout high school.

Personal: Full name is Henry Clay Campbell...was born August 29, 1996 in Manassas, Va.... son of Susan and Tom Campbell...stands 6-2 tall...has been swimming for 14 years...exercise and sports science major...from a family of eight kids...his brother swam at the U.S. Naval Academy and graduated with a history degree...grandfather played professional soccer for Ireland...father is currently stationed in Afghanistan...was born and raised in Manassas, Va., living there for 19 years.



J.T. Casey

versus Duke...had career bests in 100 free and 200 free at Carolina College Invitational...finished third in the 50-yard freestyle at CCI.

Prep: J.H. Rose High School graduate...member of state record holding team in the 200 free relay...won team's Sportsmanship Award...member of 2014 state championship team at J.H. Rose...two-time all-conference swimmer (2011-12 and 2013-14)...Academic All-American...coached by Casey Charles in club swimming...also played baseball in high school...inducted into National Honor Society...was a junior marshal...member of the Health Science Academy.

Personal: Full name is James Thomas Casey, III...goes by J.T. ...son of Jim and Jill Casey...stands 6'6" tall...born September 16, 1995 in Greenville, N.C. ...exercise and sports science major.



CHRISTIAN CAVENESS

**Sprint Free/Butterfly
Senior • 5-11**

**Wilmington, N.C. • Emsley A. Laney
Waves of Wilmington**

CHRISTIAN CAVENESS BIO

Career Best Times: 20.66 in the 50-yard freestyle; 44.55 in the 100-yard freestyle; 48.73 in the 100-yard butterfly.

2015-16: Won the 100 freestyle (44.91) and took third place in 50 free (20.66) and in the 100 fly (48.73) at Carolina College Invitational.

2014-15: Recorded a career best time in the 100-yard freestyle in the dual meet against NC State...set new personal best in 100-yard butterfly in Carolina College Invitational...won the 100-yard freestyle at the CCI...member of UNC 4.0 Club for 2014-15 school year...a Rising Star in the Carolina Leadership Academy...named to Dean's List in both semesters of 2014-15 school year...named to 2014-15 ACC Academic Honor Roll.

2013-2014: Posted career best time in 50 free as a freshman...ACC Honor Roll selection...named to Dean's List both semesters of 2013-14 school year...participated in Carolina CREED, part of the Carolina Leadership Academy...participated in CLA's Rising Stars Leadership Summit...volunteered with The Izzy Foundation.



J.T. CASEY

Sprint Freestyle

Junior • 6-6

**Greenville, N.C. • J.H. Rose
Greenville Swim Club**

J.T. CASEY BIO

Career Best Times: 20.42 in the 50-yard freestyle; 45.07 in the 100-yard freestyle; 1:39.15 in the 200-yard freestyle; 23.34 in the 50-meter freestyle; 52.24 in the 100-meter freestyle.

2016-17: Member of Leadership Lab in bCLA...CREED mentor in bCLA...member of SAAC (Student-Athlete Advisory Council).

2015-16: Winner of 50 freestyle (20.52) at Carolina College Invitational...also placed fourth at CCI in 200 freestyle (1:39.42) and fourth in the 100 freestyle (45.22)...member of Rising Stars of Carolina Leadership Academy...member of student-athlete leadership team for Athletes in Action.

2014-15: Recorded a career best time in the 50 freestyle in dual meet



Christian Caveness

CAROLINA

2016-17 Profiles



Prep: Coached by Emily Lunde and Dave Kesler in high school...did his club swimming at the Waves of Wilmington for coach David Sokolofsky... a graduate of Emsley A. Laney High School...2013 state champion and swimmer of the year...all-conference swimmer throughout high school... National Team member during his club swimming career...club team MVP...Beta Club member...inducted into National Honor Society...AP Scholar with Distinction...Math and Science Award recipient...finished in the Top 10 of his class with over a 5.0 GPA...lifeguard volunteer...also volunteered at a chemical lab.

Personal: Full name is Christian Fields Caveness...son of Michael and Elizabeth Caveness...was born March 30, 1995 in Wilmington, N.C. ... chemistry major...older brother attends ECU...both parents are physicians in their respective fields...his father competes as an Iron Man Triathlete... scored in the 99th percentile on PCAT (Pharmacy college admissions test).



COLLIER COBB

Butterfly/Freestyle

Freshman • 6-0

Raleigh, N.C. • St. Thomas More Academy • Marlins of Raleigh

COLLIER COBB BIO

Career Best Times: 1:39.85 in the 200-yard freestyle; 4:29.59 in the 500-yard freestyle; 1:49.05 in the 200-yard freestyle; 3:59.40 in the 400-meter freestyle.

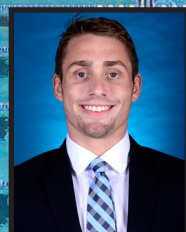
Prep: Attended St. Thomas More Academy from 2012-16...was team captain...MVP for high school team...conference's swimmer of the year... received Chancellor's Award (Top 5) in class...summa cum laude graduate...member of FFA (Future Farmers of America).

Club: Did club swimming for Marlins of Raleigh...coached there by Paul Monroe and Kevin Blum...co-captain of club team.

Personal: Full name is John Collier Cobb, III., son of John and Ana Cobb...was born March 16, 1998 in Raleigh, N.C. ...stands 6-0...psychology major...his father, John Cobb, ran cross country for Wake Forest... plays guitar in his spare time.



Collier Cobb



MATT CONWAY

Butterfly, Freestyle

Junior • 6-2

Grayslake, Ill. • Warren Township Blue Devil Swim Club

MATT CONWAY BIO

Career Best Times: 1:38.56 in the 200-yard freestyle; 4:24.50 in the 500-yard freestyle; 47.70 in the 100-yard butterfly; 1:45.39 in the 200-



Matt Conway

yard butterfly; 1:52.18 in the 200-yard backstroke.

General: Ranks #9 in UNC history in the 100-yard butterfly (47.70 seconds)...is the seventh fastest Tar Heel ever in the 200-yard butterfly (1:45.39)...Olympic Trials qualifier in both 2012 and 2016.

2016-17: Elected team co-captain with Jack Nyquist...member of Veteran Leaders program with bCLA.

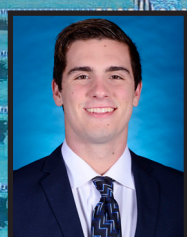
2015-16: At 2016 ACC Championships, he placed 13th in 100 fly (47.70), 13th in the 200 fly (1:45.65) and 14th in 500 freestyle (4:25.57)...named to 2015-16 ACC All-Academic Team...earned 2016 U.S. Olympic Trials qualifying times in 200-meter and 100-meter butterfly events...won the 200 fly (1:46.63) in dual meet against Louisville...at 2015 Nike Cup, he took 12th in the 500 free (4:31.06), 15th in the 100 fly (49.91) and seventh in the 200 fly (1:49.09)...won the 200 fly (1:47.59) in dual meet against Duke... named to ACC Academic Honor Roll.

2014-15: Won the 200-yard butterfly at the Carolina College Invitational in 1:48.36...a Rising Star in the Carolina Leadership Academy...honored on Dean's List in spring semester 2015...named to 2014-15 ACC Academic Honor Roll...honorable mention CSCAA Scholar All-America.

2013-14: ACC Academic Honor Roll selection...at the 2014 Speedo Champions Series Section of Southern Zones, he placed fifth in the 200-meter fly (2:02.93) and eighth in the 100-meter fly (55.61)...placed sixth in the 200 fly (1:49.52), eighth in the 500 free (4:32.56) and 13th in the 100 fly (49.99) at November 2013 Nike Cup...earned a spot on the scoring team at the 2014 ACC Championships.

Prep: Attended Warren Township High School and competed for the Blue Devils Swim Club...was coached in both high school and as a club swimmer by Chris Bertana...2012-13 U.S. Junior National Team member... third-place finisher at Junior Nationals and 2012 Olympic Trials qualifier... high school All-America...also earned Academic All-America accolades from USA Swimming his sophomore through senior years...captain of a team which finished third at Illinois state championships his junior year... attended National Select Camp in 2011...high point MVP of 2013 short course senior championships...National Honor Society member...had a 4.0 grade point average...achieved high honor roll status all four years.

Personal: Full name is Matthew Jesse Conway...son of Kevin and Barbara Conway...was born December 6, 1994 in Lake Forest, Ill. ...double major in mathematical decision science and economics...had two older brothers compete for NCAA Division I swimming programs – Danny at Purdue and Sean at Saint Louis University.



PATRICK CUSICK

Backstroke/IM

Sophomore • 6-0

Alpharetta, Ga. • Alpharetta Dynamo Swim Club

PATRICK CUSICK BIO

Career Best Times: 48.65 in the 100-yard backstroke; 1:44.58 in the 200-yard backstroke; 1:48.85 in the 200-yard individual medley; 48.40 in the 100-yard butterfly; 57.32 in the 100-meter backstroke; 2:04.99 in the 200-meter backstroke; 2:08.59 in the 200-meter individual medley; 56.07 in the 100-meter butterfly.

General: Ranks ninth in UNC history in the 100-yard backstroke (48.65)...is eighth all-time in the 200-yard backstroke (1:44.58).

2015-16: Named to CSCAA Scholar honorable mention All-America



Patrick Cusick

Team...member of scoring team at ACC Championships where he finished 13th in the 200-yard backstroke in 1:45.26...at 2015 Nike Cup Championships, he placed 16th in the 100 fly with a time of 50.19, 14th in the 200 back (1:50.12) and 16th in the 100 backstroke (50.55).

Prep: A graduate of Alpharetta High School where he attended from 2011-15...captain of team as junior and senior...three-time team MVP...five-team high school All-America selection...coached in high school by Lisa Marshall...holds team records in 100 back, 100 fly, 200 IM and a member of medley and freestyle relays...2015 Georgia high school champion in 200 IM and as the anchor on the 400 freestyle relay team...2015 first-team Georgia high school All-State...graduated with service cord honors for volunteering over 150 hours during high school with Young Men's Service League and Christ The Shepherd Lutheran Church...three-year scholar athlete...church group peer leaders for three years.
Club: Dynamo Swim Club Team National Team member...swam for Dynamo for seven years...coached by Rich Murphy...four-year Scholastic All-America.

Personal: Full name is Patrick Truman Cusick...stands 6-0 tall...son of Susan and Mike Roling and Michael Cusick...was born August 28, 1996 in Atlanta, Ga. ...biology major...has two siblings...his step-sister Kayla is a sophomore at the University of Georgia and his brother Pierce is a senior at Alpharetta High School.



Craig Emslie

Personal: Craig Emslie is the son of Paul and Lynette Emslie...stands 6-4 tall...was born July 20, 1995 in Pearl, South Africa ...economics major...plans to attend business school at Carolina...his father was part of the South African National water polo team.

BRENDAN FEEHERY
Backstroke/Individual Med.
Freshman • 6-2
Flower Mound, Texas • Jesuit College Preparatory of Dallas
Lakeside Aquatic Club

BRENDAN FEEHERY BIO

Career Best Times: 1:47.60 in the 200-yard individual medley; 3:51.11 in the 400-yard individual medley; 49.31 in the 100-yard backstroke; 1:46.04 in the 200-yard backstroke; 45.87 in the 100-yard freestyle; 4:26.67 in the 400-meter individual medley; 56.87 in the 100-meter backstroke; 2:03.67 in the 200-meter backstroke.

Prep: Attended Jesuit College Preparatory School of Dallas, Texas from 2012-16...Texas 6A high school champion in the 200 IM in 2015 and 2016...silver medalist in the 100 breaststroke in 2016 state championship meet...four-time most valuable swimmer award winner...team captain his senior year.

Club: Swims for Lakeside Aquatic Club...coached there by Craig Harris...2016 Olympic Trials qualifier in the 100 back, 200 back and 400 IM...Junior Nationals finalist...placed 19th at the 2015 AT&T winter nationals in the 400 IM.

Personal: Full name is Brendan Bridgewater Feehery...son of Christy Feehery and Terrence Feehery...was born February 26, 1998 in Philadelphia, Pa. ...stands 6-2 tall...business administration major...his uncle, Brad Bridgewater, won the 200-meter backstroke at the 1996 Olympics in Atlanta...his mother swam at Villanova University...his father swam at La Salle University.

CRAIG EMSLIE
Breaststroke/Free/IM
Junior • 6-4
Cape Town, South Africa • Indian River State College • Ronebosch Boys' High School

CRAIG EMSLIE BIO

Career Best Times: 52.57 in the 100-yard breaststroke; 1:56.00 in the 200-yard breaststroke; 20.00 in the 50-yard freestyle; 1:48.00 in the 200-yard individual medley; 1:02.01 in the 100-meter breaststroke; 23.10 in the 50-meter freestyle.

General: Native of Cape Town, South Africa who graduated in spring 2016 from Indian River State College in Florida and transferred to Carolina in fall of 2016...coached by Sion Brinn at IRSC...four-time NJCAA record holder.

2015-16: Named National Junior College Student-Athlete of the Year for all sports after his sophomore year at Indian River State College... as a sophomore at the NJCAA Championships, he took the national championships in the 50-yard breaststroke (24.20), 100-yard breaststroke (52.57), the 200-yard individual medley (1:48.00) and 200-yard breaststroke (1:56.01)...also a national champion on four relay swims.

2014-15: As a freshman at IRSC, he won National Junior College Athletic Association individual championships in the 100-yard breaststroke at 54.48 and in the 200-yard breaststroke at 1:58.67 while finishing as the runner-up in the 50 free at 20.39...e also swam on four relays that took national titles.

Prep: In his native South Africa, he attended Rondebosch Boys' High School in Cape Town, South Africa...was the high school swimmer of the year from 2012-15...outstanding swimmer, water polo and field hockey player...completed 24 hours of community service at Sunfield Homes, a center for intellectually disabled students.

Club: Member of Aqua Sharks Swimming Club...Western Cape Top FINA points scorer in 2012, 2013 and 2014.



Brendan Feehery



HEYWARD HARRISON

Backstroke/IM
Sophomore • 6-2
Louisville, Ky. • St. Xavier
Lakeside Swim Club

HEYWARD HARRISON BIO

Career Best Times: 48.73 in the 100-yard backstroke; 1:44.42 in the 200-yard backstroke; 1:49.18 in the 200-yard individual medley; 20.63 in the 50-yard freestyle; 57.66 in 100-meter backstroke; 2:03.04 in the 200-meter backstroke; 2:07.07 in the 200-meter individual medley; 4:31.83 in the 400-meter individual medley.

General: Ranks sixth all-time in Carolina history in the 200-yard backstroke (1:44.42).

2015-16: Competed in the 2016 Olympic Trials...was a "B" finalist at the ACC Championships...captured third place in 200-yard backstroke at Nike Cup with time of 1:47.30...at the 2016 ACC Championships, he placed 15th in the 200 backstroke with a time of 1:46.08... named to ACC Academic Honor Roll.

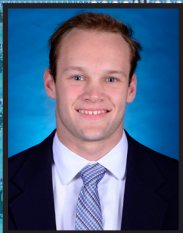
Prep: Attended St. Xavier High School from 2011-15...swam for coach Todd Larkin...two-time Academic All-America...was both a two-time MVP and two-time team captain...five-time All-America selection, three times on relays and twice in individual events...swam on medley relay team which twice broke state records in the event...two-time state champion in 200 IM...member of Chinese honors society...graduated with honors in Chinese.

Club: Swam for Lakeside Swim Team where he was coached by Mike DeBoor...two-time team MVP...member of multiple state record breaking relays...current state record holder in 200-yard and 200-meter backstroke... won 2015 Kentucky short course top performance award in 17-18 age group...has earned a 2016 Olympic Trials cut in the 200-meter backstroke.

Personal: Given name is William Heyward Harrison...goes by Heyward... stands 6-2 tall...son of Heyward Harrison and Briggs Harrison...was born September 15, 1996 in Louisville, Ky. ...undeclared major.



Heyward Harrison



ANDREW HEISE
Breaststroke/Freestyle
Freshman • 5-8
Ann Arbor, Mich. • Pioneer
Club Wolverine

ANDREW HEISE BIO

Career Best Times: 21.18 in 50-yard freestyle; 45.43 in 100-yard freestyle; 1:40.16 in 200-yard freestyle; 57.47 in 100-yard backstroke.

Prep: Attended Pioneer High School from September 2012 to June 2016...nine-time All-State honoree...eight-time All-SEC (conference

team)...four-time All-America selection...high school team was runner-up his freshman year...coached by Denny Hill for two years and by Stefanie Kerska for two years...played in band, orchestra and jazz band in high school...school band won Grammy signature award...graduated with a 4.0 grade point average...National Honor Society member...scholastic All-State and All-America selection...worked on student council...member of Interact service club.

Club: Competed for Club Wolverine...coached there by Gunnar Schmidt...Michigan state champions past five plus years...took fifth place in the 50 breaststroke at 2015 summer NCSAs...won three other relay medals at 2015 summer NCSAs.

Personal: Full name is Andrew William Heise...son of Jennifer and William "Skip" Heise...was born June 2, 1998 in Beverly, Mass. ...has lived in Ann Arbor, Mich., for past 14 years...stands 5-10 tall...undeclared major... plays the trumpet.



MAX JENKINS

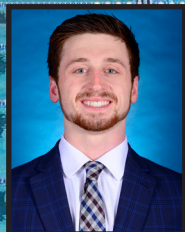
Diving
Freshman • 5-8
Tampa, Fla. • H.B. Plant
WFLA

MAX JENKINS

Prep: Attended H.B. Plant High School...has career best score of 458.0 points on three-meter board...finished third at state championships his senior year...member of National Honor Society...National English honor society member.

Club: Coached by Bill Walker, former president of U.S. Diving...says he was honored to work with him...competed with WFLA club team...two-time junior nationals qualifier.

Personal: Full name is Max Jenkins...son of Dan and Julie Jenkins...was born July 4, 1998 in Tampa, Fla. ...stands 5-8 tall...business and communication studies double major...considers himself to be a pizza connoisseur...owns a pug named Pluto.



MICHAEL MCBRYAN
Breaststroke/Indiv. Medley
Junior • 5-10
Doylestown, Pa. • La Salle College
High School
Central Bucks Swim Team

MICHAEL MCBRYAN BIO

Career Best Times: 54.39 in the 100-yard breaststroke; 1:56.54 in the 200-yard breaststroke; 1:48.47 in the 200-yard individual medley; 2:16.40 in 200-meter breaststroke; 1:03.50 in 100-meter breaststroke.

General: Ranks as the fifth fastest performer in UNC history in the 100-yard breaststroke at 54.39 seconds...he is the 6th fastest performer in UNC history in the 200-yard breaststroke at 1:56.54.

2015-16: At 2016 ACC Championships, he tied for 13th place in 100 breaststroke (54.48) while reaching the championship final in the 200 breaststroke where he placed seventh in 1:56.61...recipient of the Richard E. Jamerson Award as Carolina's most improved swimmer...named to 2015-16 ACC All-Academic Team...qualified for 2016 U.S. Olympic Trials in 100-meter and 200-meter breaststroke events...at 2015 Nike Cup, he garnered ninth place in the 100 breaststroke (55.79) and seventh place in the 200 breaststroke (2:01.80)...took first place in 200 **breaststroke (2:01.02) in dual meet against NC State and Virginia.**

2014-15: Named to Dean's List in spring semester 2015...named to 2014-15 ACC Academic Honor Roll...honorable mention CSCAA Scholar All-America...at the Bulldog Invitational he established a career best in the 200-yard breaststroke and was one-tenth of a second shy of his personal



best in the 100-yard breaststroke...placed 10th in the 200-yard breaststroke and 15th in the 100-yard breaststroke at 2014 Nike Cup...at 2015 Carolina College Invitational he took third place in the 200 breast and fourth place in the 100 breast.

Prep: Alumnus of La Salle College High School in Philadelphia...coached by Frank Lichtner in high school...captain of school team...nine-time High School All-American...helped lead La Salle College to three state championships...participated in Central Bucks Swim Team under Stu Kukla and Paul Coleman...captain of his club swimming team...placed eighth in 200 breast at Junior Nationals in summer 2013...was also 22nd in 100 breast at same event...finished his club career ranked in the all-time Top 100 in the 17-18 age group in the 200-meter breaststroke...ranked seventh in the country in summer 2014 in 200-meter breast in 18-year-old group...placed third in 100 breast at PIAA States his junior year...placed sixth in 200 IM at PIAA States his junior year...honors student at La Salle.

Personal: Full name is Michael Edward McBryan, Jr....son of Mike and Shelly McBryan...born June 23, 1995 in Doylestown, Pa. ... his dad, Mike, played golf, tennis, basketball and baseball in high school...stands 5-9 tall...mom, Shelly, completed the Ironman at Lake Placid in summer 2012...economics major.



Michael McBryan

JORDEN MERRILEES

Distance Free/IM
Senior • 6-3
North Melbourne, Australia • Angli-
can Church Grammar School
Melbourne Vicentre

JORDEN MERRILEES BIO

Career Best Times: 1:35.55 in the 200-yard freestyle; 4:16.72 in the 500-yard freestyle; 3:45.73 in the 400-yard individual medley; 1:43.15 in the 200-yard backstroke; 1:47.76 in the 200-meter freestyle; 3:51.48 in the 400-meter freestyle; 2:03.04 in the 200-meter individual medley; 4:25.27 in the 400-meter individual medley.

2016-17: Competed in the 2016 Australian Swimming Championships (Olympic Trials), narrowly missing out on a spot on the 4x200-meter freestyle relay at the 2016 Rio Olympic Games.

General: Swam for three years at Oakland University for coach Pete Houland before transferring to Carolina in 2016-17...holder of three



Jorden Merrilees

school records and four Horizon League records.

2014-15 at Oakland University: Horizon League Swimmer of the Year... Horizon League Swimmer of the Championships.

2013-14 at Oakland University: Five-time Horizon League winner...Horizon League Champion in the 500 free, 200 back and 400 IM while adding relay wins in 400 free relay and 800 free relay...OU record holder in 400 IM with a time of 3:48.51, which was also a Horizon League record...OU record holder in 500 free with a time of 4:18.83, which was also a Horizon League record...posted a Horizon League record time of 1:45.19 in 200 back at HLs, a time that is fourth-fastest in OU history...Horizon League Swimmer of the Week (Jan. 28, Oct. 22)...swam the 1000 free during Xavier/Cleveland State dual Jan. 25 for his only swim at that distance on the year; his time of 9:21.56 in that race is fourth-fastest in team records.

2012-13 at Oakland University: Earned all-league honors at The Summit League Championships...named Newcomer of the Championships...won the 400 IM at the league meet with a time of 3:55.53...finished runner-up in the 500 freestyle and 200 backstroke...member of championship 800 free relay team.

Prep: Attended Anglican Church Grammar School where he was coached by Mark Lorrimer...team captain...two-time finalist in the Australian Age Swimming Championships...three-time gold medalist at the Queensland Short Course Championships in 2011...200 Free Greater Public Schools (GPS) Champion in 2011...captained high school team to a runner-up finish at the GPS Swim Meet...six-event qualifier for the 2012 Australian Olympic Team Trials...winner of the 2011 Sir Leslie Wilson Challenge Cup.

Club: Swam for Melbourne Vicentre where he was coached by Craig Jackson...swam in 2012 and 2016 Australian Olympic Trials...was a finalist at the 2016 Olympic Trials in the 200-meter and 400-meter freestyle events.

Personal: Full name is Jorden Peter Merrilees...is the son of Helene George and Anthony Merrilees...was born July 24, 1994 in Brisbane, Queensland, Australia...stands 6-3 tall...majoring in communication studies...sister, Sydney, is a ballerina...his father represented Australia in the Rugby Union...his mother is a UNESCO expert for the International Fund for Cultural Diversity...enjoys watching all sports...a surfer in his spare time...also enjoys playing golf.

MICHAEL MEYER

IM/Fly
Senior • 6-1
Johannesburg, South Africa •
Crawford College
Mandeville Dolphins

MICHAEL MEYER BIO

Career Best Times: 1:42.73 in the 200-yard butterfly; 1:44.01 in the 200-yard individual medley; 3:41.72 in the 400-yard individual medley; 2:00.85 in the 200-meter individual medley; 4:15.63 in the 400-meter individual medley; 1:58.33 in the 200-meter butterfly.

Summer 2016: Competed for South Africa in the Rio Olympic Games in the 400-meter individual medley, taking 17th place, and missing the semi-finals by just one spot.

At University of Arizona: Three-time All-America at University of Arizona...CSCAA Scholar All-America honoree.



Michael Meyer



2014-15: Earned Pac-12 All-Academic Honorable Mention honors...had the fastest time on the team in the 200 IM (1:44.74), 400 IM (3:42.79) and 100 back (47.90)...held the second fastest time in the 200 back (1:43.70), 200 free (1:37.22) and 200 fly (1:44.45)...at NCAA Championships, he took third in the consolation final of the 400 IM at 3:42.83, earning All-America Honorable Mention honors, 34th in the prelims of the 200 IM and 32nd in the prelims of the 200 fly...received an All-America Honorable Mention accolade in the 400 medley relay, finishing fourth in the consolation final at NCAAs...at Pac-12 Championships, he finished fourth in the 400 IM (3:43.59), first in the "B" final of the 200 IM with his season-best time and second in the "B" final of the 200 fly (1:44.98), earning NCAA "B" cuts in all events...finished third in the 200 IM at the Texas Invitational, second in the 400 IM, sixth in the 200 back and first in the "B" final of the 200 fly with his season-high time...against Texas/SMU, he took first in the 200 IM and third in the 200 free.

2013-14: Was named to the Pac-12 second-team All-Academic Team...earned first-team All-America honors in the 200 fly where he finished sixth at the NCAA Championships with a time of 1:43.05...also earned honorable mention All-America nods in the 200 IM and on the 800 free relay...had the top time on the team in the 200 fly, 200 IM and 400 IM as he set personal bests in all three events.

2012-13: Finished sixth in the 400 IM at the NCAA Championships...was part of the sixth-place 800 free relay team at the NCAAs...won the 400 IM with a time of 3:57:51 in his first meet at Arizona...earned a victory in the tri-meet against Texas and SMU in the 200 fly with a time of 1:44.38 and earned a top ten time in Arizona history with the 400 IM with a time of 3:46.29.

Club: South African national champion...swam for Mandeville Dolphins club team...coached by Dean Price.

Personal: Full name is Michael Julian Meyer...son of David Meyer and Juliet Meyer...was born September 1, 1992 in Bloemfontein, Free State, South Africa...has two sisters, Samantha and Roxanne...his sister Roxanne swam at the University of Miami...stands 6-0 tall...economics major.



Jack Nyquist

events against Duke...tapped as ACC Men's Diver of the Week on February 2, 2016...named to ACC Academic Honor Roll.

2014-15: Dove for Team USA at 2015 World University Games...finished 10th in three-meter diving event...he was the first Tar Heel diver to ever qualify for a U.S. team competing at a major international event...honorable mention All-America in both one-meter and three-meter diving...placed 11th in three-meter diving (432.10) and 12th in one-meter (383.80)...first Tar Heel to score in two diving events at NCAA Championships since 1948...he qualified for NCAA Championships with Ryan Fox, the first time two Tar Heels went to nationals in the same year...at 2015 ACC Championships he took fourth on three-meter (375.85), fifth on one-meter (316.75) and ninth on platform (302.70)...had outstanding performance at NCAA Zone B Diving meet, taking second in three-meter event and fourth on one-meter board...named ACC Diver of the Week on five occasions - October 14 & 21 and November 11, 2014 and January 12 and February 3, 2015...at 2014 Nike Cup, he placed third in one-meter diving and second in three-meter diving...captured one-meter event versus Tennessee, Virginia Tech & Virginia...swept diving events against Georgia, Louisville, Navy & Duke...captured three Top 15 finishes at 2014 USA Diving Winter National Championships - fifth place in men's synchronized three-meter, 10th in three-meter and 15th in one-meter...won the David McInnis Award as the squad's most outstanding diver...named to 2014-15 ACC Academic Honor Roll...in summer 2014, he took eighth place on three-meter board at Senior Nationals.

2013-14: Broke the school record with a score of 398.30 points in one-meter diving at the ACC Championships...finalist in two events at the U.S. Diving Nationals in summer of 2014...he finished fourth in three-meter synchronized with Michael Mosca from Harvard and was fifth in three-meter and 10th in one-meter as an individual...named to 2013-14 ACC Academic Honor Roll...won one-meter (379.90) and three-meter (423.15) at 2014 USA Diving National Preliminary Championships in Bethesda, Md. ...CSCAA Individual Scholar All-America first-team selection...2014 All-ACC selection in one-meter diving...named the Most Outstanding Diver on the Tar Heel team...named to All-ACC Academic Team...earned honorable mention All-America honors...NCAA qualifier...placed 16th in the three-meter (372.55) and 17th in one-meter (331.00) at the 2014 NCAA Division I Championships...placed third in the three-meter diving (783.20) at the 2014 NCAA Zone B Diving Championships...at the ACC Championships, he finished third in the one-meter (398.30), where he set the UNC school record, and sixth in the three-meter (399.40)...won the one-meter (326.18) and three-meter (378.98) in January meet against NC State...named ACC Men's Diver of the Week on January 28, 2014...won the three-meter (385.50) in meet against Virginia...won the one-meter (375.15) and three-meter (433.35) in meet against Navy...finished 10th in three-meter synchronized diving at the U.S. Diving Winter National Championships in December 2013...at November's Nike Cup, he placed second in the three-meter (405.00), second in one-meter (394.45) and ninth in platform diving (173.70)...named ACC Men's Diver of the Week on October 22, 2013...won the one-meter (338.18) and three-meter (416.18) in meet against TCU...won the three-meter (436.58) in meet against Texas...named to Dean's List in 2014 spring semester...active in Carolina Outreach.

Prep: Nine-year veteran of club diving...attended Alpharetta High School where he was coached by Emily Santowski and competed from 2009-13...three-time high school state champion...three-time high school All-America selection...in 2012, he set the Georgia one-meter state record with a score of 629.80 points for 11 dives...a national level diver who competed for the Atlanta Diving Association where he was coached by John Ames...excelled at the 2013 U.S. Junior National Championships where he was second on the three-meter board and third on the one-meter board...2012 U.S. Diving



JACK NYQUIST

Diving

Senior • 5-7

Alpharetta, Ga. • Alpharetta

Atlanta Diving Association

JACK NYQUIST BIO

Best Scores: 407.95 in one-meter diving; 445.73 in three-meter diving; 302.70 points in platform diving.

General: Set the Carolina one-meter diving record at the 2014 ACC Championships with a score of 398.30 points...ranks second all-time at Carolina in three-meter diving with 436.58 points...member of Veteran Leaders program in Carolina Leadership Academy...Student-Athlete Advisory council member...Carolina Outreach involvement...USA Diving athlete representative.

2016-17: Team co-captain with Matt Conway.

2015-16: Member of All-ACC Team...at the ACC Championships, he placed second in three-meter diving with a score of 435.60 points...was also the conference runner-up in one-meter diving with a score of 407.95...2016 NCAA qualifier and first-team All-America...placed sixth at the NCAA Championships in three-meter diving with score of 409.55 points...named to 2015-16 ACC All-Academic Team...winner of the McInnis Diving Award as the team's Most Outstanding Diver...also won the squad's Patrick & Mary Louise Earey Service Award...took a pair of third place finishes at NCAA zone diving championships with 786.15 on three-meter board and 711.35 on one-meter board...won one-meter (375.75) and three-meter (445.73) diving in dual meet against Georgia...won three-meter diving in dual meet against Louisville with a score of 421.13 points...was named ACC Men's Diver of the Week on October 13, 2016 and November 10, 2016...triumphed in one-meter diving at 2015 Nike Cup with a score of 368.75 points...also won three-meter diving with a score of 374.15 points...was rewarded with ACC Men's Diver of the Week award on November 24, 2015...won the one-meter diving against Navy (363.35)...took 1st place in three-meter diving in dual meet against NCSU & UVA, scoring 399.45 points...swept the 1-meter (359.55) and 3-meter (444.75) diving



Junior National Team member...finished second in the 2012 U.S. Diving Junior National Championships in three-meter diving and fifth in the same event in one-meter diving...at the 2012 AT&T National Championships senior level meet, he placed seventh in one-meter diving...Nyquist and Steele Johnson placed ninth in three-meter synchronized diving at the 2012 FINA World Junior Diving Championships...individually, he placed ninth on three-meter springboard at the 2012 world juniors.

Personal: Full name is John Killion Nyquist...is the son of Bob Nyquist (father), Kristen Hall (mother) and Jim Hall (stepfather)...was born February 21, 1995 in Atlanta, Ga. ...goes by Jack...biology major...stands 5-8 tall...member of Young Men's Service League...is one of six children...his older brother Eric is a senior pitcher for the Mercer University baseball team.



ANDREW OWSIANY
Diving
Freshman • 5-4
Spring City, Pa. •
The Episcopal Academy
West Chester Diving


ANDREW OWSIANY BIO

Career Best Scores: 286.25 points in one-meter diving; 328.05 points in three-meter diving.

Prep: Attended The Episcopal Academy in Newtown Square, Pa., from September 2012 through June 2016...coached by Brian Kline in diving...team captain of 2015-16 swimming and diving squad.

Club: Competed for West Chester Diving...eight-time qualifier for USA Junior National Championships...coached by Ronn Jenkins and Tom Gallagher there.

Personal: Full name is Andrew Kevin Owsiany...son of Kevin Owsiany and Genny Owsiany...was born March 13, 1998 in Wynnewood, Pa. ...stands 5-4 tall...business administration major...his brother Josh is a sophomore diver at Duke University.

PHILIP PERDUE
Sprint Freestyle
Junior • 6-1
Greenville, N.C. • J.H. Rose
East Carolina Aquatics

PHILIP PERDUE BIO

Career Best Times: 20.29 in the 50-yard freestyle; 44.38 in the 100-yard freestyle; 1:37.41 in the 200-yard freestyle; 49.45 in the 100-yard butterfly; 55.58 in the 100-yard breaststroke; 23.80 in the 50-meter freestyle; 51.30 in the 100-meter freestyle; 1:52.88 in the 200-meter freestyle; 4:02.96 in the 400-meter freestyle.

2016-17: Member of Leadership Lab in Carolina Leadership Academy.

2015-16: Excelled at 2015 Nike Cup where he placed 16th in the 50 free (20.89) and in the 100 breast (57.01)...Rising star in Carolina Leadership Academy... named to ACC Academic Honor Roll.

2014-15: Post career best times in the 50, 100 and 200 freestyle events at the 2015 ACC Championships...swept the 50 and 100 freestyle events in dual meet win over Duke...Dean's List honoree spring semester of freshman year...named to 2014-15 ACC Academic Honor Roll...honorable mention CSCAA Scholar All-America...member of CREED in bCLA.

Prep: A 2014 alumnus of J.H. Rose High School...coached by Charlie Harvey in high school...MVP of high school team...team captain...All-American in the 200 free and as member of school's 200 free relay and 400 free relay...participated in club swimming under Casey Charles...NCSA junior national qualifier...US Open qualifier...member of the 2012 Zone Team...at 2013 Summer Juniors he placed in Top 16 in the 100-meter freestyle...2012-13 Junior Marshal...inducted into National Honor Society...member of Jarvis United Methodist Church.

Personal: Full name is Philip Sutherland Perdue...son of Tammy and Phil Perdue...born May 7, 1996 in Greenville, N.C. ...double major in Peace, War and Defense and political science...stands 6-1 tall...father, mother, cousin and two sisters (Meredith and Lauren) swam at Virginia... Lauren Perdue is an Olympic gold medalist in the 800-meter freestyle relay from the London Games in 2012...enjoys surfing, fishing, hiking and playing golf...avid guitar player.




LUCAS POPP
Sprint Freestyle
Senior • 6-4
Wichita, Kan. • Maize
Wichita Swim Club

LUCAS POPP BIO

Career Best Times: 20.08 in the 50-yard freestyle; 43.85 in the 100-yard freestyle; 1:37.26 in the 200-yard freestyle.

General: Ranks ninth in UNC history in the 50-yard freestyle at 20.08 seconds and fifth in Tar Heel history in the 100-yard freestyle at 43.85 seconds.

2016-17: Was elected to Phi Beta Kappa in November 2016.

2015-16: 2016 NCAA qualifier...named a CSCAA Scholar All-America...qualified for the 2016 Olympic Trials in the 50-meter freestyle...at 2015 Nike Cup, he placed 11th in the 200 free with a time of 1:40.08 and 11th in 100 free with clocking of 44.93...won the 100 free (45.28) in victory over Navy... named to ACC Academic Honor Roll.

Summer 2015: Combined with Logan Heck, Sam Lewis and Nic Graesser to place fourth in 400-meter freestyle relay at Phillips 66 Summer U.S. Nationals.

2014-15: Had an outstanding sophomore year...had career best times in 50, 100 and 200-yard freestyles...achieved all three of those career best times at the 2015 ACC Championships...placed 15th in 100 free at ACC meet...also set career best times at all three of those distances long course during the summer...a Rising Star in the Carolina Leadership Academy...tapped for fall semester 2014 Dean's List...named to 2014-15 ACC Academic Honor Roll...honorable mention CSCAA Scholar All-America.

2013-14: Posted career best times in 50, 100 and 200 freestyles while competing in Bulldog Invitational...named to 2013-14 ACC Academic

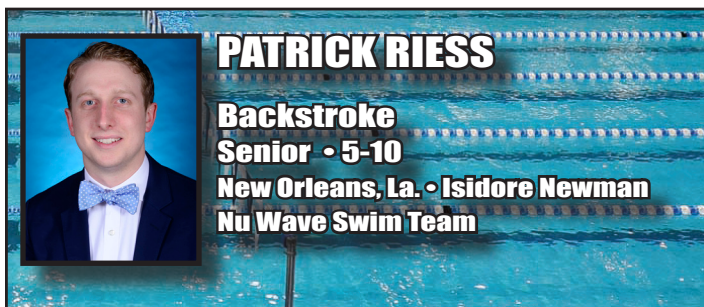


Lucas Popp

Honor Roll...participated in the 2014 Arena Grand Prix in summer 2013... at November's Nike Cup tied for 12th in the 50 free (21.02), placed 13th in 100 free (45.91) and 19th in 200 free (1:41.05)... named to Dean's List in 2013 fall semester and 2014 spring semester.

Prep: Graduated from Maize High School in Maize, Kan. ...coached there in swimming by Hussein Yassine...six-time state high school champion... won the 50 and 100 freestyles in both 2012 and 2013...swam on state champion medley relay in 2012 and on state titlist 200 free relay squad in 2013...state record holder in the 100 free and as member of 200 medley relay...2013 Athlete of the Meet at the state championships...high school All-America selection in the 50 free, 100 free and as member of 200 medley relay...two-time first-team All-State and All-America...high school Academic All-America honoree...did his club swimming for the Wichita Swim Club where he was coached by Brian Kupferer...a sprint and middle distance freestyler and 100 flyer...chosen for Missouri Valley Swimming All-Academic Team...USA Swimming Scholastic All-America...WSC team captain...holds club team records in 15/16 age group in 100-yard freestyle, 50-meter freestyle and WSC's open records in the 50, 100 and 200 short course yards freestyles and 100 free long course meters... also played basketball in high school...2013 high school valedictorian... Governor's Scholar...ACT Scholar...AP Scholar with honors...member of National Honor Society...Eagle Scout...KMTA state piano competition honorable mention winner.

Personal: Full name is Lucas Michael Popp...the son of Michael and Ann Popp...was born July 13, 1994 in Wichita, Kan. ...exercise and sports science major...music minor...would like to pursue a career in medicine... stands 6-4 tall...an award-winning concert pianist...also plays the trumpet...one of his claims to fame is the fact he can recite Pi to 34 digits... drum major of the marching band...in high school, he was a member of the history club, science club, chemistry club, Scholar's Bowl, Science Olympiad, Captain's Council and National Honor Society...senior Homecoming King...has a cousin who threw the shot put at the 2008 Olympic Trials...his father competed extensively in water skiing tournaments.



PATRICK RIESS

**Backstroke
Senior • 5-10**

**New Orleans, La. • Isidore Newman
Nu Wave Swim Team**

PATRICK RIESS BIO

Career Best Times: 23.27 in the 50-yard backstroke; 49.48 in the 100-yard backstroke; 1:48.13 in the 200-yard backstroke; 21.21 in the 50-yard freestyle; 45.84 in the 100-yard freestyle; 1:41.80 in the 200-yard freestyle; 56.72 in 100-meter backstroke; 2:06.15 in 200-meter backstroke.

2015-16: Qualified for the 2016 U.S. Olympic Trials in the 100-meter backstroke where he recorded a time of 56.72...placed 13th in 200-yard backstroke at Nike Cup in a time of 1:49.39...placed fourth in the 100 back (1:52.15) at Carolina College Invitational... named to ACC Academic Honor Roll.

2014-15: At the Carolina College Invitational he placed first in the 200 backstroke in a career best 1:48.13...also placed second in that meet in the 100 back (49.48)...named to 2014-15 All-ACC Academic Team...a Rising Star in the Carolina Leadership Academy...Dean's List honoree in both semesters of school year...named to 2014-15 ACC Academic Honor Roll.

2013-14: Swam three career best times at the Bulldog Invitational in the



Patrick Riess

100 back, 200 back and 50 free...named to 2013-14 ACC Academic Honor Roll...participated in the 2014 Arena Grand Prix in summer 2013... at November's Nike Cup he placed 14th in the 200 back (1:51.02) and 15th in 100 back (52.43)...selected for Rising Stars in the Leadership Academy...student-athlete social media correspondent for swimming and diving teams...named to Dean's List in spring 2014 semester.

Prep: Graduated from Isidore Newman School...his main events were the 100 back, 100 free and 200 free...holds composite state record in 100 free (45.84) and Division IV state standard in 100 back (50.62)...a three-time Scholastic All-America (2010-11 through 2012-13)...NISCA Academic All-America.

Personal: Full name is Patrick Shillington Riess...son of Kell and Lucy Riess...was born September 17, 1994 in New Orleans, La. ...stands 5-10 tall ...business administration major...interested in gourmet cooking...is an ordained minister...did his senior internship at Commander's Palace Restaurant...his older brother, Christian, swam at University of Georgia... his mother, Lucy, swam at Tulane University...his father, Kell, is an accomplished sailor with many awards and distinctions on his 41-foot sloop "Spirit."



AUSTIN SELLERS

**Breast/IM
Sophomore • 5-10
Tampa, Fla. • Jesuit
Academy Aquatic Club**

AUSTIN SELLERS BIO

Career Best Times: 54.90 in the 100-yard breaststroke; 2:00.07 in the 200-yard breaststroke; 1:50.86 in the 200-yard individual medley; 2:19.29 in the 200-meter breaststroke; 2:08.40 in the 200-meter individual medley.

2016-17: Member of Rising Star program in Carolina Leadership Academy.

2015-16: At Carolina College Invitational, he took second place in 200 breast (2:00.56), third place in 200 IM (1:50.86) and fifth in 100 breaststroke (56.32)... named to ACC Academic Honor Roll.

Prep: Attended Jesuit High School in Tampa, Fla. from 2011-15...coached in high school by Bill Shaffer...2014 FHSA Class 2A champion in 100-yard breaststroke and runner-up in 200-yard individual medley...swam on 200 medley relay and 400 freestyle relay teams that each finished second in state championships...led high school team to second place finish in 2014 FHSA state meet, the highest finish in school history...Jesuit H.S. most outstanding swimmer in 2012 & 2013...Jesuit H.S. MVP in 2014...



Austin Sellers



holds JHS records in the 100 breast, 200 IM and as a member of 400 free relay squad...captain of H.S. swim team...three-time scholastic All-America...NISCA All-America in 100-yard breaststroke...2014 Brighthouse Sports Network boys swimmer of the year...Principal's Honor Roll all four years of high school...member of National Honor Society...member of Rho Kappa History Honor Society...performed 320 hours of community service in high school for helping the homeless and children with needs...graduated Summa Cum Laude...member of Keystone United Methodist Church.
Club: Competed for Academy Aquatic Club for coach Bill Shaffer...U.S. Open qualifier...placed 13th in the 100-yard breaststroke and 11th in the 200-yard breaststroke at 2014 SPEEDO Winter Junior Nationals...at 2015 NASA Junior National Championships he placed first in the 200-meter breaststroke, third in the 100-meter breaststroke and fourth in the 50-meter breaststroke.

Personal: Full name is Austin Michael Sellers...stands 5-10...son of Trae and Rachel Sellers...was born November 14, 1996 in Tampa, Fla. ...business administration major...his sister Lauren is a sophomore in high school, swimming for Academy of Holy Names and Academy Aquatic Club...Austin has been a competitive swimmer for a decade...his grandfather, John Paugh, played collegiate football for Michigan Tech.



EUGENE TEE

Distance Freestyle/IM/Back

Senior - 6-0

Melbourne, Victoria, Australia

Santa Monica Catholic

Team Santa Monica

EUGENE TEE BIO

Career Best Times: 3:49.97 in the 400-yard individual medley; 1:48.48 in the 200-yard individual medley; 4:26.83 in the 500-yard freestyle; 9:17.61 in the 1000-yard freestyle; 15:20.44 in the 1650-yard freestyle; 1:49.19 in the 200-yard backstroke.

Long Course Meters (Australia): 4:25.34 in 400-meter individual medley; 2:06.04 in 200-meter individual medley; 15:51.45 in 1500-meter freestyle; 2:04.14 in 200-meter backstroke.

General: Ranks as the eighth fastest 400-yard individual medleyist (3:49.97) in UNC history.

2016-17: Carolina CREED mentor in bCLA...appointed to be a UNC International Ambassador by office of undergraduate admissions.

2015-16: Member of scoring team at ACC Championships where he placed 16th in 400 IM (3:53.92)...at 2015 Nike Cup, he placed eighth in the 200 IM with a time of 1:50.44...also took fifth place in 400 IM (3:55.51) and was ninth in the 1650 freestyle (15:36.43)...placed 16th in 200 back with time of 1:53.71...won the 400 IM versus Duke, going 3:58.08...CREED Mentor in Carolina Leadership Academy.

2014-15: Had several point scoring swims at the 2014 Nike Cup...placed 10th in the 400 IM, 14th in 500 free and 14th in the 200 IM...had a pair of Top 25 finishes at 2015 Arena Pro Swim Series in Charlotte...a Rising Star in the Carolina Leadership Academy which he completed with Platinum honors.

2013-14: Had a spectacular freshman year...at the Nike Cup, he placed in the Top 8 in four individual events, including first in the 400-yard IM in 3:49.97, third in the 200-yard IM in 1:48.48, fifth in the 1650-yard freestyle in 15:39.86 and seventh in the 200-yard backstroke in 1:49.19...com-




Eugene Tee

peted in three individual events at the 2014 ACC Championships...placed 10th in the 1650-yard freestyle in 15:20.44 and 20th in the 400-yard IM in 3:51.52...in the summer of 2013 he swam at the Arena Grand Prix in Charlotte, N.C. ...placed second in the 19-24 age group at the Pier-2-Pier Open Water Championship in Wrightsville Beach, N.C. ... named to the 2013-14 ACC Honor Roll...through the Carolina Leadership Academy, he participates in the Rising Stars program and is a CREED mentor.

Prep: First UNC recruit from Australia...a Melbourne native who attended Camberwell Grammar School before moving to the U.S. where he attended Santa Monica Catholic High School...competed in swimming there and was coached by Rick Bruce...in his native Australia, he competed for Surrey Park Swimming Club and in the U.S. for Team Santa Monica where he was coached by Dave Kelsheimer...a member of multiple national youth teams for Australia...member of 2009 and 2010 Trans-Tasman Team, 2009 Australian Age All-Star Team, 2011 Youth Commonwealth Games Team, 2011 Australian Youth All-Star Team and 2012 Junior Pan Pac Team...Australian Youth Team member 2009-12...medalist at Youth Commonwealth Games in 200 IM, 400 IM and 1500 freestyle...2012 Junior Pan Pac finalist in 200 IM and 400 IM...captured Australian age group national titles in 200 meter breaststroke (13 and under), 1500-meter freestyle (15 and under) and 400-meter IM (17/18 age group).

Personal: Eugene Tee is the son of Fong and Adrian Tee...was born December 1, 1993 in Melbourne, Victoria...stands 6-0 tall...exercise and sports science major...has one brother, Kevin.



GRAHAM WEAVER

Breaststroke/Freestyle

Freshman - 6-1

Charlotte, N.C. •

South Mecklenburg -SwimMAC

Carolina

GRAHAM WEAVER BIO

Career Best Times: 20.49 in 50-yard freestyle; 45.46 in 100-yard freestyle; 1:39.14 in 200-yard freestyle; 56.77 in 100-yard breaststroke; 24.09 in 50-meter freestyle; 52.29 in 100-meter freestyle; 1:54.94 in 200-meter freestyle; 1:05.63 in 100-meter breaststroke.

Prep: Attended South Mecklenburg High School...coached in swimming there by Leslie Berens...team MVP three straight years from 2014-16...was individual state champion in 50 free in 1997...member of 2016 state champion 200 medley relay squad...member of 2015 and 2016 state team championship squad...high school All-America in both 2015 and 2016...2016 National Merit Scholar...participated in therapy dog volunteering.

Club: Competed for SwimMAC where he was coached by Peter Verhoff...scholastic All-America three straight years from 2014-16.

Personal: Full name is Graham Lockwood Weaver...son of Britt and Kate Weaver...was born May 23, 1997 in Charlotte, N.C. ...stands 6-1 tall...double major in economics and political science...his father Britt swam at Carolina...plays the guitar in his spare time.





MACEY ARNOLD

Distance Freestyle

Senior - 5-8

Palm City, Fla. • Martin County High School

Treasure Coast Aquatics

MACEY ARNOLD BIO

Career Best Times: 1:46.43 in 200-yard freestyle; 4:44.44 in 500-yard freestyle; 16:12.69 in 1650-yard freestyle; 2:03.87 in 200-meter freestyle (long course); 4:19.99 in 400-meter freestyle (long course).
General: Transfer to Carolina from Towson University...enrolled at UNC in January 2016.

2015-16: Member of scoring team at ACC Championships...took 16th place in 200 freestyle with a time of 1:48.46.

Career at Towson University: Attended Towson University in Towson, Md. from August 2013 through December 2015...was coached there by Patrick Mead...member of CAA championship squads in both 2014 and 2015...was the Colonial Athletic Association swimmer of the year as a sophomore...also won meet MVP award at 2015 CAA Championships...established CAA meet record in 200 free as a sophomore (1:46.43)...CAA All-Academic Team as sophomore...last year she was named to women's swimming and diving All-CAA Team in three individual and two relay events...Towson Female Athlete of the Year in 2015...Towson swimmer of year in 2015 and squad's rookie of the year in 2014...College Swimming Coaches Association of America Scholar All-America in Division I in 2015...Student Athlete Advisory Committee...L.E.a.D. Tiger Program (leadership enhancement and development)...volunteered with Special Olympics Maryland (SOMD) providing individual instruction on swim safety and coaching various strokes.

High School Highlights: Attended Martin County High School in Stuart, Fla. ...eight-time individual and eight-time relay state qualifier...member of Florida 2A state championship team in 200-yard freestyle relay...member of a pair of 400-yard freestyle relay teams which took second place in state meet...as a junior and senior she placed third in the state meet in the 200-yard freestyle...earned All-America consideration seven times and was a two-time Scholastic All-America (4.0 club)...Scripps Treasure Coast Newspapers Girls Swimming and Diving Athlete of the Year in 2011 and 2012...graduated cum laude with 4.0 grade point average...National Honor Society member...member of Sigma Phi (philanthropy honor society)...National Junior Classical League, National Honor Society...AP Scholar...Phil Theta Kappa member.

Club Swimming: Swam at Treasure Coast Aquatics in Stuart, Fla. ...coached there by Patrick Toner.

Personal: Full name is Macey Lorraine Arnold...goes by Macey...stands 5-8 tall...is the daughter of Mark and Erin Arnold...was born April 18, 1995 in Port St. Lucie, Fla. ...currently lives in Palm City, Fla. ... has a passion for cooking and was enrolled in a culinary program during high school... likes to spend time with family and at the beach...double major...psychology major as well as exercise and sports science major.



Macey Arnold



CAROLINE BALDWIN

Backstroke/Freestyle

Junior - 5-11

Westfield, N.J. • Westfield

Westfield YMCA

CAROLINE BALDWIN BIO

Career Best Times: 22.24 in the 50-yard freestyle; 48.76 in the 100-yard freestyle; 52.31 in the 100-yard backstroke; 1:58.36 in the 200-yard backstroke; 26.10 in the 50-meter freestyle; 57.01 in the 100-meter freestyle; 1:01.55 in the 100-meter backstroke.

General: Tied for 3rd in UNC history in the 50-yard freestyle at 22.24... ranks third in the 100-yard freestyle at 48.76...ranks fourth in the 100-yard backstroke at 52.43...swam backstroke leg on school record setting 200 medley relay in 2016...led off school record setting 200 free relay in 2015...swam leadoff leg on school record setting 400 free relay unit in 2016.

2016-17: Team co-captain with Hellen Moffitt.

2015-16: 2016 NCAA qualifier and honorable mention All-America... member of 400 free relay team which copped NCAA finish of 12th...swam on 200 freestyle relay which placed 15th at NCAA Championships...led off 400 medley relay at NAAs which finished 12th...also led off 200 medley relay which placed 16th...at 2016 ACC Championships, she tied for seventh place in 50 free (22.46), while placing fourth in the 100 back (52.79) and ninth in the 100 freestyle (48.76)...won the 50 free (22.74) and swam on winning 400 free relay in dual meet against Georgia...named to ACC Academic Honor Roll...won the 50-yard freestyle in four-way meet against Indiana, Tennessee and Kentucky with a time of 22.65...against Louisville she won the 50 free (22.72) and swam on winning 200 free and 400 free relays...against Texas she won the 50 freestyle (22.63) and swam on winning 200 medley relay and 400 freestyle relay teams...was tapped as ACC Women's Swimmer of the Year on November 17, 2015...excelled at 2015 Nike Cup where she placed fifth in the 50 free (22.82), sixth in 100 back (54.65) and eighth in 100 free (50.42)...in victory over Navy, she won the 100 free (50.23) and swam on winning 200 medley relay and 400 free relay... named to ACC Academic Honor Roll.

2014-15: An honorable mention All-America honoree as a member of UNC's 200-yard and 400-yard freestyle relay teams...the 400 free relay placed 12th at NAAs while the 200 free relay captured 15th...swam on 200 free relay which set new school record...finished fourth in the ACC Championships in the 50-yard freestyle with a time of 22.44...also placed sixth in the 100 freestyle (49.01) and 10th in the 100 backstroke (53.76)...swam on UNC 200 free relay which placed second at ACCs...won a pair of events in dual meet win over Virginia Tech and captured three events in dual meet win versus Duke...at summer 2015 USA National Championships she took 13th place in the 100-meter backstroke in a career best time of 1:01.55...named to 2014-15 ACC Academic Honor Roll.

Prep: Graduated from Westfield High School...swam on her high school team for four years...coached by Jeff Knight...awarded New Jersey swimmer of the year honors in 2012, 2013 and 2014...won individual state championships in the 50-yard freestyle and 100-yard backstroke in 2012 and 2013...team captain during her senior year...led her team to state championships in 2011, 2012 and 2013...first team All-County for four years and first team All-State for three years...Union County Scholar Athlete as a representative of Westfield High School...has been swimming for Westfield YMCA for six years...coached by Brian Guidera...won nine



Caroline Baldwin



state championships in club swimming, including the 50 freestyle in 2012 & 2013, the 100 freestyle in 2013 and the 100 and 200 backstrokes in 2012, 2013 & 2014...at the YMCA Nationals in 2013, she finished fourth in the 50 freestyle, fifth in the 100 freestyle and sixth in the 100 backstroke...the following year she placed second in the 50 freestyle, fifth in the 200 backstroke and 10th in the 100 backstroke...member of the National Honor Society...attended church mission trips to Louisiana, Alabama, Arizona and New Mexico...mentor for at-risk freshmen...distinguished honor roll.

Personal: Full name is Caroline Grace Baldwin...stands 6-0 tall...daughter of Jack and Denise Baldwin...was born on February 26, 1996 in Summit, N.J. ...broadcast journalism major...from a family of five...has two brothers...Sam, who is an alumnus of Miami University of Ohio, and Charlie, who is a senior in high school...both of her parents attended the University of Delaware...traveled to Vietnam with Coach for College in the summer of 2016.



KALI BECKER
Diving
Sophomore • 5-2
Potomac, Md. • Winston Churchill
Montgomery Dive Club

KALI BECKER BIO

Career Best Scores: 216.19 in one-meter diving; 170.05 in 10-meter platform diving.

2016-17: bCLA CREED group winner...member of SWAG...participating in bCLA Rising Stars program...a CREED mentor this year in bCLA.

2015-16: Placed 13th in platform diving at 2015 Nike Cup with score of 170.05.

Prep: Attended Winston Churchill High School from 2011-15...was coached there by Brendan Roddy from 2011-14 and by Christopher Tappis in 2015...as a senior she led squad to team titles at Division I, Metros, 3A/4A Regional and state championship levels while also winning Division I individual crown...in 2014, she won individual and team at Division I and 3A/4A Regional meets and led squad to Metros team title...in 2013, she won Division I and 3A/4A Regional titles as both individual and team and was Metros individual titlist...in 2012, she won individual and team titles in Division I, Metros and 3A/4A Regional Championships...2012 individual state champion...2012 & 2013 first-team All-Met Athlete...active in extra-curricular activities...four years of honors chorus...2015 Student Leader of Jazz Honors Choir...member of creative and performing arts academy...Music Honor Society...participated in three years of high school's musical cabaret...secretary of American Sign Language Honors Society...active in Best Buddies program.

Club: Competed in club diving for Montgomery Dive Club...coached there by Wes Mattice...nine-time USA Diving East National Qualifier...six-time USA Diving National Qualifier...three-time USA Diving Regional champion...AAU Diving one-meter national champion.


Personal: Full name is Kali Bettina Becker...stands 5-2 tall...daughter of Michael and Alison Becker...was born on December 4, 1996 in Manhattan, N.Y. ...majors in exercise and sports science...fluent in American Sign Language.




MADISON BOSWELL
Butterfly/IM
Junior • 5-4
Richmond, Va. • James River High
School • Poseidon Swimming

MADISON BOSWELL BIO

Career Best Times: 1:58.59 in the 200-yard butterfly; 56.44 in the 100-yard butterfly; 4:13.94 in the 400-yard individual medley; 2:03.69 in the 200-yard individual medley; 9:52.33 in the 1000-yard freestyle; 4:51.62 in the 500-yard freestyle; 1:50.82 in the 200-yard freestyle; 2:13.88 in the



BROOKE BAUER
Sprint Freestyle
Freshman • 5-11
Louisville, Ky. • Sacred Heart
Academy of Louisville
Lakeside Seahawks

BROOKE BAUER BIO

Career Best Times: 22.8 in the 50-yard freestyle; 49.7 in the 100-yard freestyle; 25.79 in the 50-meter freestyle (long course); 56.43 in the 100-meter freestyle (long course).

Prep: Attended Sacred Heart Academy of Louisville from 2012-16...high school swimming academic All-America all four of her years...part of independent school national record in 200-yard medley relay...10-time state high school individual champion...winner of team MVP and leadership awards...co-captain of high school swimming team.

Club Swimming: Member of Lakeside Swim Team where she was coached by Mike DeBoor...swam on state championship team...competed on #3 club team in virtual club team rankings...club team MVP...winner of "Seahawk" Award...competed in the 50-meter and 100-meter freestyle events at the 2016 Olympic Trials.

Personal: Full name is Brooke Elizabeth Bauer...stands 5-11...daughter of Patrick and Cheri Bauer...was born November 9, 1997 in Louisville, Ky. ...undeclared major...oldest of three siblings who are swimmers in her family...her Mom swam for Lakeside Swim Team, Sacred Heart Academy and the University of Kentucky.



CAROLINA

2016-17 Profiles

200-meter butterfly; 4:53.27 in the 400-meter individual medley; 1:01.22 in the 100-meter butterfly.

General: The ninth fastest Tar Heel in history in the 400-yard individual medley with a time of 4:13.94...ranks 10th all-time in UNC history in the 200-yard butterfly (1:58.59).

2015-16: Competed in the 2016 Olympic Trials with Carolina, swimming the 200 butterfly and 400 IM...went career best times in the 1650-yard freestyle and 200-yard butterfly last season...at the 2016 ACC Championships, she placed 15th in 400 IM with time of 4:16.39 and 12th in the 200 butterfly at 1:59.62...at 2015 Nike Cup she took 16th place in the 400 IM with a time of 4:30.00, 12th place in the 1650 freestyle with a time of 16:47.25 and 10th place in the 200 butterfly at 2:02.91.

2014-15: At 2014 Nike Cup, she placed 10th in the 200 fly and was 14th in the 500 free, 400 IM and 1650 free...recorded career best times in the 500 freestyle and the 400 IM at the Bulldog Invitational.

Prep: Graduated from James River High School in Midlothian, Va. ...competed for Poseidon Swimming where she was coached by Ted Sallade for 13 years...senior team captain...acquired 19 individual team records since the age of 13 plus relay marks...led the team to two state championships in 2012-13 and 2013-14...competed in the 2012 Olympic Trials in the 200-meter butterfly...Female All-Metro Swimmer of the Year for the past two seasons...member of the National Honor Society and Beta Club...volunteered with the Special Olympics for four years...named to the Distinguished Dean's List.

Personal: Full name is Madison June Boswell...team members call her "Boz"...daughter of Kim and Tim Boswell...stands 5-3 tall...was born October 4, 1995, in Richmond Va. ...exercise and sports science major...has two siblings, Braydon and Brittany, each of them eight years apart in age, and a nephew, Chase, who she says she is teaching to be the next Michael Phelps...great aunt, Mary Boswell, was world champion in women's tennis for her age bracket...says she is slowly teaching herself to play the piano...played soccer until middle school...has completed two years in the Carolina Leadership Academy...still an active member of the bCLA as a mentor.



Madison Boswell



KATE BOYER

Breaststroke/Freestyle
Sophomore • 6-0
Dallas, Texas • Highland Park
Dallas Mustangs

KATE BOYER BIO

Career Best Times: 22.92 in the 50-yard freestyle; 50.69 in the 100-yard freestyle; 1:51.54 in the 200-yard freestyle; 1:04.55 in the 100-yard breaststroke; 26.45 in the 50-meter freestyle; 58.79 in the 100-meter freestyle.

2015-16: Excelled at 2015 Nike Cup where she placed 15th in the 50 free (23.46)...at Carolina College Invitational, she placed fourth in 50 freestyle (23.38), third in the 200 freestyle (1:51.54), third in the 100 freestyle (50.78) and eighth in 100 breaststroke (1:05.33)...had a GPA above 3.5 both semesters...earned honors on Dean's List... named to ACC Academic Honor Roll.

Prep: Graduated from Highland Park High School...coached by Jesse Cole...led team to UIL state championships in 2012 & 2013...high school



Kate Boyer

All-America in the 50 and 100 freestyles and 200 medley relay...AP Scholar.

Club: Competed for Dallas Mustangs for coach Mook Rhodenbaugh...was a junior national qualifier in 50 free, 100 free and 100 breast.

Personal: Full name is Kathryn Marie Boyer...goes by Kate...stands 6-0 tall...daughter of Lisa and Eric Boyer...was born July 5, 1997 in St. Louis, Mo. ...biology major...her brother, Mitchell Boyer, swam at Johns Hopkins.



BRYANNA CAMERON

Distance Free/IM
Freshman • 5-8
Bradford, Mass. • Haverhill
Solo Aquatics

BRYANNA CAMERON BIO

Career Best Times: 4:50.76 in the 500-yard freestyle; 10:01.36 in the 1000-yard freestyle; 16:46.20 in the 1650-yard freestyle; 4:52.01 in the 400-meter individual medley; 2:14.55 in the 200-meter butterfly.

Prep: Attended Haverhill High School in Haverhill, Mass. ...did not swim in high school...competed in club swimming where her coaches were Meghan Feran and Paul Mueller...club team was Solo Aquatics where she was captain of the team...made high honor roll for four years...participated in high school's classical Academy Program...National Honor Society member as a senior.

Club: Swims for Solo Aquatics of Haverhill, Mass., where she was coached by Meghan Feran and Paul Mueller.

Personal: Full name is Bryanna Margaret Cameron...daughter of Stacey and David Cameron...was born May 6, 1998 in Haverhill, Mass. ...stands 5-8 tall...her sister, Devon, swam for Providence College...majors in mathematical decision sciences.



Bryanna Cameron



LILIANA CASSO

Distance Freestyle

Senior • 5-5

Los Angeles, Calif. • Marlborough

School • Team Santa Monica

LILIANA CASSO'S BIO

Career Best Times: 4:53.38 in the 500-yard freestyle; 10:03.00 in the 1000-yard freestyle (split from mile race); 16:45.23 in the 1650-yard freestyle.

2015-16: Placed fourth in 500 free at Carolina College Invitational in 4:55.31 while garnering third place in 200 fly with a time of 2:04.36... selected for spring semester junior year Dean's List... named to ACC Academic Honor Roll.

2014-15: Registered a career best time in the 1000-yard freestyle in the dual meet against Navy...took 11th place in the 1650 freestyle at 2014 Nike Cup with time of 16:45.23...spring semester 2015 Dean's List honoree...also earned ACC Academic Honor Roll kudos...completed Rising Stars and CREED program in the Carolina Leadership Academy.

2013-2014: Posted career best times in all three distance events as a freshman...set career best in 500 free at Bulldog Invitational and in the 1000 and 1650 freestyles at Nike Cup...placed fourth in 1650-yard freestyle (16:48.27) at Nike Cup and was 12th in the 500-yard freestyle...won the 15-18 age group of the 2013 Pier-2-Pier Championship (34:12)... named to 2013-14 ACC Academic Honor Roll...tapped for the Dean's List in spring semester 2014.

Prep: Member of the 2013 U.S. Junior National Team in 10-kilometer open water swimming...attended Marlborough School in Los Angeles... did her club swimming for Team Santa Monica where she competed for coach Dave Kelsheimer...won CIF championship in 500-yard freestyle at Marlborough...helped lead high school team to state championship her freshman year...honor roll member in high school.

Personal: Full name is Liliana Cristina Casso...is the daughter of Jesse Casso and Cheryl Marino...was born April 20, 1995 in New York, N.Y. ... stands 5-5 tall...double major in anthropology and women's and gender studies...her sister, Isabel, swims for Loyola Marymount University...her brother, Lucas, graduated from Williams College in 2013 where he was a pitcher on the baseball team.



Liliana Casso



ELISSA DAWSON

Diving

Junior • 5-2

Durham, N.C. • Reformation

Academy Home School •

Duke Diving

ELISSA DAWSON BIO

Career Best Scores: 323.48 in one-meter diving; 384.08 in three-meter diving; 316.40 in 10-meter platform diving.

General: School record holder in both three-meter and platform diving...2016 Olympic Trials qualifier in both three-meter and platform diving... Carolina Leadership Academy CREED mentor.

Summer 2016: At the 2016 U.S. Olympic Diving Trials, she placed seventh in three-meter springboard diving...at 2016 summer national championships she placed fifth in one-meter diving and fourth in three-meter diving.

2015-16: Honorable mention All-America in two events at NCAA Championships, taking ninth place in three-meter diving (378.40) and ninth place in platform diving (299.90)...named ACC Women's Diver of the Year...winner of the McInnis Diving Award as the team's Most Outstanding Diver... member of All-ACC Team...placed fourth in one-meter diving at ACC Championships with score of 304.65...was the ACC runner-up in three-meter diving (353.40)...was also fourth in platform diving (265.40)...2016 NCAA qualifier and honorable mention All-America...at the NCAA zone diving championships she had a trio of top six finishes, taking fourth in platform (540.55), fifth in three-meter (633.65) and sixth in one-meter (576.45)...won the three-meter diving event against Georgia with 334.50 points...named ACC Women's Diver of the Week on October 13, 2015... captured three-meter diving in four-way meet against Indiana, Tennessee and Kentucky with a score of 300.95...swept one-meter (308.55) and three-meter (345.83) diving in dual meet against Louisville...named ACC Women's Diver of the Week on November 10, 2015...captured both boards in dual meet against Texas, winning the one-meter (306.83) and three-meter (381.00) events...again won ACC Women's Diver of the Week award on November 17, 2015...won three-meter diving at 2015 Nike Cup with score of 348.25 points and was second in one-meter diving with 314.05 points...was third in platform diving at Nike Cup (233.10)...swept one-meter (321.80) and three-meter (354.15) diving in dual meet against Navy...earned ACC Women's Diver of Week Award on January 12, 2016...captured three-meter diving (353.75) in dual meet against NC State and Virginia...took 1st place in three-meter diving against Duke (360.75)... named ACC Women's Diver of the Week on February 2, 2016.

2014-15: At 2015 summer senior nationals she placed 12th on 3-meter board and 17th on 1-meter...earned honorable mention All-America honors in 10-meter platform diving at 2015 NCAA Championships...established school records in three-meter diving with 384.08 points and in platform diving with 316.40 points in Louisville dual meet and at NCAA Zone meet, respectively...had top 3-meter diving score in the ACC in 2014-15...NCAA qualifier...along with Michole Timm became first-ever 2-women contingent at NCAA Championships for Carolina...she joined Timm as first UNC women All-Americans in diving since 1992...named ACC Diver of the Week on November 11, 2014 after sweeping diving events in dual meet against Louisville...finalist for a 2015 UNC Rammy as outstanding female newcomer...recorded a pair of Top 10 finishes at the ACC meet...took ninth in 3-meter diving (295.10) and 10th in platform diving (237.20)...at the 2014 NCAA Zone Diving meet, she placed second in platform diving, sixth in three-meter diving and 13th in one-meter diving...had an excellent dual meet season, winning events against Tennessee, Georgia, Virginia Tech, Navy and Duke...at 2014 Nike Cup, she captured the championship in one-meter diving...had a pair of Top 15 finishes at the 2014 USA Diving Winter National Championships.

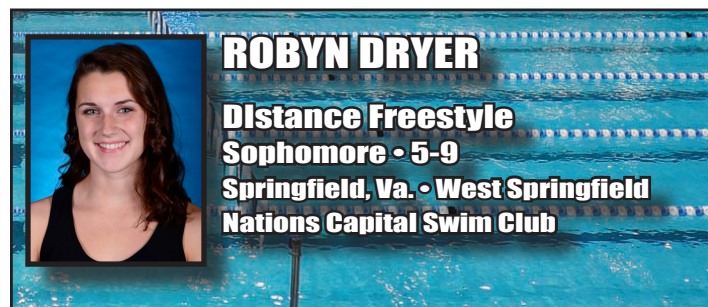
Prep: An outstanding recruit who is a native of the Triangle area...competed for Duke Diving, coached there by Drew Johansen and Nunzio Esposto, and for North Carolina Diving, coached by Abel Sanchez...has competed at the club level for nine years...at the 2014 Senior National Championships, she placed 3rd in three-meter diving and 6th in one-meter diving...earned her way to nationals after a brilliant performance at USA Diving National Preliminaries in Bethesda, Md. ...won the 3-meter synchronized event and was 2nd in one-meter, 3rd in three-meter and 8th in platform diving...invited to Olympic Performance squad camp in Puerto Rico...2014 junior national champion in three-meter synchronized diving... she also placed 6th in three-meter and 10-meter platform diving and 7th in one-meter diving at junior nationals...2013 Winter Nationals Qualifier on one-meter board with a score of 253.25...at the 2013 Senior National Championships, she placed 9th in one-meter diving...a 2013 Senior Zone A Finalist where she finished in 4th place in one-meter diving and 12th in three-meter diving...the 2012 AAU National Champion in 16 girls age group in one and three-meter diving...2012 Senior Zone B finalist, placing sixth in one meter...the 2011 Age Group Championships (14-15 girls) national titlist in three-meter diving...at both the 2010 and 2011 Junior National Championships, she finished 8th in one-meter diving...named Tar Heel Diving "Diver of the Year" in 2009, 2010 and 2011...member of the National Homeschool Honor Society for three years...received the President's Volunteer Service Award four times...coach for Duke Diving's Junior Olympic, training and talent teams...a volunteer fitness trainer at the UNC Wellness Center at Meadowmont in their "Weigh2Wellness" program... has volunteered at health fairs for three years...a kindergarten assistant



Elissa Dawson

at Trinity School...a tutor for Hispanic elementary students with Eagle's Nest...active member of All Saints Church in Durham, N.C.

Personal: Elisabeth Andrews Dawson is the daughter of Mark and Robin Dawson...was born on May 2, 1996 in Nashville, Tenn. ...goes by Elissa... American Studies major...double minor in recreation administration and social & economic justice...stands 5-2 tall...her sister, Julia-Scott, is a 2015 alumna of UNC...her mother, Robin, is a 1985 graduate of UNC... hopes to become a Division I diving coach.



ROBYN DRYER

Distance Freestyle

Sophomore • 5-9

Springfield, Va. • West Springfield Nations Capital Swim Club

ROBYN DRYER BIO

Career Best Times: 23.89 in the 50-yard freestyle; 1:49.10 in the 200-yard freestyle; 4:50.41 in the 500-yard freestyle; 9:56.19 in the 1000-yard freestyle; 16:34.04 in the 1650-yard freestyle; 1:59.80 in the 200-yard backstroke; 2:04.02 in the 200-meter freestyle; 4:21.99 in the 400-meter freestyle; 2:16.90 in the 200-meter backstroke.

2015-16: Member of scoring team at ACC Championships where she took 15th place in the 1650-yard freestyle with a time of 16:40.63...placed 13th in the 500-yard freestyle at Nike Cup with a time of 4:55.84 while also taking 15th in the 200 freestyle at 1:51.44...sixth-place finisher in 1650-yard freestyle at Nike Cup with time of 16:34.04...took second in 1000-yard freestyle events in dual meets against Texas and Louisville...named to ACC Academic Honor Roll.

Prep: Attended West Springfield High School in Springfield, Va. from 2011-15...high school swimming coach was Kristy Kellogg...named WSPHS Class of 2015 Athlete of the Year...Washington Post second-team All-Metro 2014 & 2015...named first-team all-conference in both of those years...holds 10 of the 11 WSHS swimming records...named All-America in 200 free in 2014 & 2015...state champion in 200 free in 2015 after finishing third in 2013 and 2014...was also fourth in 100 back at 2015 state meet and fifth in 200 back in 2014...anchored state champion runner-up 400 free relay in 2013...swimming rookie of the year at WSHS and team MVP all four years...National Honor Society member...graduated with honors, making All A Honor Roll all four years...member of National Arts

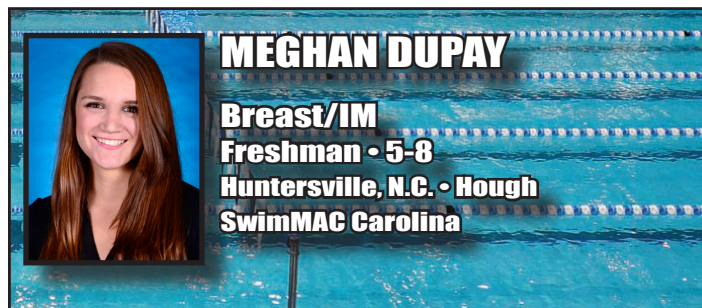


Robyn Dryer

Honors Society.

Club: Member of Nation's Capital Swim Club where she was coached by Pete Morgan...helped set national age group record in 800 free relay in 15-16 age group in 2012 and in 15-18 age group in 2013...three-time USA Swimming Scholastic All-America...SPEEDO Junior National qualifier...swam on NCAP 800 free relay that won 2014 NCSAs and was fifth at 2013 AT&T Winter Nationals...four-time PVS Scholar Athlete.

Personal: Full name is Robyn Elizabeth Dryer...stands 5-9 tall...daughter of Krystee and Jay Dryer...was born August 16, 1997 in Seattle, Wash. ...double major in biology and chemistry...has younger brother Jeremy who is also a swimmer...Robyn swam swimmer league in Northern VA Swim League for 12 years where she has also served as a coach.



MEGHAN DUPAY

Breast/IM

Freshman • 5-8

Huntersville, N.C. • Hough SwimMAC Carolina

MEGHAN DUPAY BIO

Career Best Times: 1:02.92 in 100-yard breaststroke; 1:12.63 in 100-meter breaststroke; 2:15.62 in 200-yard breaststroke; 2:39.28 in 200-meter breaststroke; 2:03.65 in 200-yard individual medley; 2:22.13 in 200-meter individual medley.

Prep: Attended William A. Hough High School in Huntersville, N.C. ... on varsity, regional and state swim team all four years...placed third in the 100 breaststroke her junior year and fifth in the 100 breaststroke her senior year at state championships...was part of winning 4x100 free relay both her junior and senior years at state championships...high school All-America qualifier...North Carolina Academic Scholar...Scholastic All-America...graduated in top 10 percent of her high school class.

Club: Member of SwimMAC Carolina where she was coached by Pam Swander and Aleks Fansler...scholastic All-America selection...swam the breaststroke leg of the 4x100-meter medley relay that finished second at the 2015 Summer Junior Nationals...also swam breaststroke in the 4x50 yard medley relay that took third at 2015 Winter Junior Nationals.

Personal: Full name is Meghan Katherine Dupay...daughter of Dan and Crystal Dupay...was born January 30, 1998 in Charleston, W.Va. ...stands 5-8...information science major...her sister is currently a swimmer at the University of Kentucky and her grandfather played football at the University of Michigan.



ZHADA FIELDS

Backstroke/Freestyle

Sophomore • 5-10

Toledo, Ohio • St. Ursula Academy Greater Toledo Aquatic Club

ZHADA FIELDS BIO

Career Best Times: 54.94 in the 100-yard backstroke; 1:58.00 in the 200-yard backstroke; 50.90 in the 100-yard freestyle; 1:46.92 in the 200-yard freestyle; 4:48.82 in the 500-yard freestyle; 1:04.23 in the 100-meter backstroke; 2:03.02 in the 200-meter freestyle.

General: Ranks eighth all-time at Carolina in the 200-yard freestyle (1:46.92).

2015-16: 2016 NCAA qualifier and honorable mention All-America...swam on 800 freestyle relay team which garnered 13th place NCAA finish...won the 500 free (4:48.82) and the 200 free (1:46.92) at Carolina College Invitational...placed fourth in 100 free at the event in 50.90.

Prep: An alumna of St. Ursula Academy...coached in high school by Dave Eisenstein and Brent Ransom...All-America and All-Ohio honoree as well



Zhada Fields

as a district champion...also played water polo...member of National Honor Society...won school's foreign language award...active in community service...volunteered with Josh Project and St. Ursula Day of Caring.

Club: Swam for the Greater Toledo Aquatic Club where she was coached by Brent Ransom and Dave Eisenstein.

Personal: Full name is Zhada Lee Fields...stands 5-9 tall...daughter of William and Erika Fields...was born September 20, 1997 in Toledo, Ohio...majors in psychology with a minor in neuroscience...one of six siblings...one of her favorite hobbies is napping.

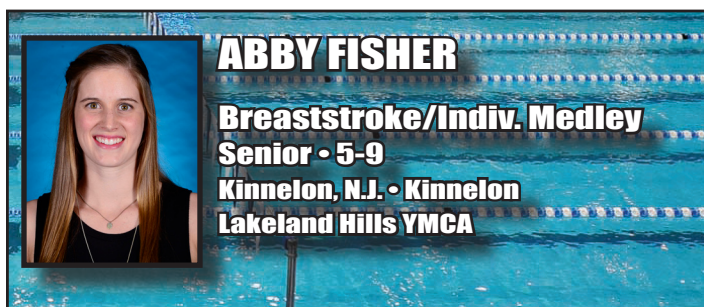


Abby Fisher

2:34.91...placed second in the 200 breast and ninth in the 400 IM at the Speedo Champions Series of Southern Zones in Greensboro...named a member of the UNC "4.0 Club" for both semesters of her freshman year...honored with a first-team CSCAA Individual Scholar All-America Award...2013-14 ACC Honor Roll selection...named to the Dean's List both semesters.

Prep: Attended Kinnelon High School where she was coached in swimming by Brian Boardman and Steve Papendick...competed for the Lakeland Hills YMCA team which was coached by Keira Cruz...excelled at YMCA national and USA Swimming national and junior national levels...two-year captain of Kinnelon High School swimming team...holds six individual and three relay records at KHS...five-time NISCA high school All-America selection...2011 high school All-America in the 200 IM and 100 breast...2012 high school All-American in the 200 IM and as a member of the 200 medley relay...named first-team All-County all four years...second-team All-Public three years and third-team All-Public one season...2010-11 and 2011-12 Newark Star Ledger Morris County Swimmer of the Year...2012 Olympic Trials qualifier in the 200-meter breaststroke...won the 200-yard breaststroke at the YMCA National Championships in both 2011 and 2013...a 12-time YMCA Nationals individual finalist...two-time USA Senior National qualifier...seven-time USA Junior National individual finalist, including a third-place finish in the 200 breaststroke in 2012...chosen for 2010 YMCA Altitude Camp and the 2011 National Select Camp...at Kinnelon H.S. she was vice president of the National Honor Society, French Honor Society and Social Outreach Club...AP Scholar with honors.

Personal: Full name is Abigail Bishop Fisher...goes by Abby...daughter of Jim and Cathy Fisher...stands 5-9 tall...was born April 16, 1995 in Kinnelon, N.J. ...majoring in nutrition, pursuing a B.S. in public health in the Gillings School of Public Health...older sister Mary is a Cornell graduate and now attends graduate school at University of Washington...a two-year assistant coach of the Fayson Lakes Swim Team...elected to Phi Beta Kappa...founding co-captain of Carolina Athletics Relay For Life Team...Coach for College in Vietnam participant...family currently lives in Wilmington, N.C.



ABBY FISHER BIO

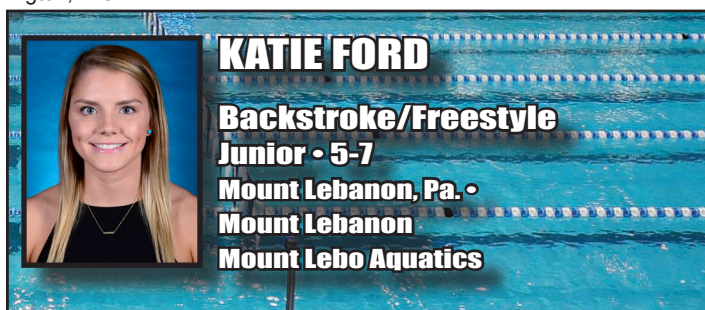
Career Best Times: 1:01.73 in the 100-yard breaststroke; 2:10.78 in the 200-yard breaststroke; 2:02.90 in the 200-yard individual medley; 4:13.18 in the 400-yard individual medley; 1:11.52 in the 100-meter breaststroke; 2:30.66 in the 200-meter breaststroke; 4:53.57 in the 400-meter individual medley.

General: Ranks third all-time in UNC history in the 200-yard breaststroke with a time of 2:10.78...stands eighth on UNC depth chart in the 100-yard breaststroke at 1:01.73...ranks eighth all-time in the 400 IM at 4:13.18...at the 2016 U.S. Olympic Trials she established a school record in the 200-meter breaststroke with a time of 2:30.63.

2015-16: 2016 NCAA qualifier...at the 2016 ACC Championships, she was a championship finalist in the 200 breaststroke (2:11.71) while she captured 11th place in 400 IM (4:13.18) and 13th in 100 breaststroke (1:02.15)...recipient of the Andrea Erban Award as UNC's most dedicated women's swimmer...co-recipient of the squad's Patrick & Mary Louise Earey Service Award with Katie McKay...elected to Phi Beta Kappa, the nation's most prestigious academy honorary society...named to UNC's 4.0 club in fall semester 2015...ACC All-Academic Team selection...CSCAA Scholar All-America honoree...at 2016 Nike Cup, she placed 14th in the 200 IM (2:05.06), 13th in 400 IM (4:23.80), 16th in the 100 breaststroke (1:05.96) and 12th in the 200 breaststroke (2:19.66)...won the 200 breaststroke (2:16.05) in dual meet win over Navy... named to ACC Academic Honor Roll.

2014-15: A Rising Star in the Carolina Leadership Academy...served as a CREED Mentor in the CLA...member of UNC's 4.0 Club for 2014-15 academic year...named to 2014-15 All-ACC Academic Team...Dean's List selection in both semesters...named to 2014-15 ACC Academic Honor Roll.

2013-14: NCAA qualifier...recorded four Top 15 finishes at the Nike Cup, including 3rd in the 200-yard breaststroke at 2:13.50, 4th in the 400-yard IM at 4:18.13, 6th in the 200-yard IM at 2:03.99 and 14th in the 100-yard breaststroke at 1:04.80...swam in three events at the ACC Championships...she finished 7th in the 200-yard breaststroke at 2:13.85, 18th in the 400-yard IM at 4:20.59 and 21st in the 100-yard breaststroke at 1:02.79...posted her career best time in the 200 breast at the Bulldog Invitational...at the NCAA Championships, she competed in three events...initially was an alternate for the meet but qualified on the basis of her 200 breast time at the Georgia last chance meet...in the summer of 2013 at the Arena Grand Prix, she won the consolation final in the 200-meter breaststroke at



KATIE FORD BIO

Career Best Times: 23.13 in the 50-yard freestyle; 50.48 in the 100-yard freestyle; 56.07 in the 100-yard backstroke; 2:02.88 in the 200-yard backstroke; 26.24 in the 50-meter freestyle; 1:03.73 in the 100-meter backstroke; 2:19.32 in the 200-meter backstroke.

2015-16: At Carolina College Invitational, she placed second in 50 freestyle (23.13), 100 freestyle (50.74) and 100 back (56.07)...named to ACC Academic Honor Roll...tapped for Dean's List in spring 2016.

2014-15: Won the 50-yard freestyle at the Carolina College Invitational in 23.37 while also capturing the 100-yard freestyle in 51.68.

Prep: A graduate of Mt. Lebanon High School in Pittsburgh, Pa. ...did her club swimming at Mt. Lebanon Aquatic Club where she was coached by Tom Donati...participated on her high school's team for four years, but has been swimming for the past 13 years on the club level...team captain...50



Katie Ford

and 100-yard freestyle district record holder...state runner-up in the 50-yard freestyle...16-time district medal recipient and nine-time state medal honoree...12-time All-American for Mt. Lebanon High School...four-time Western Pennsylvania Interscholastic Athletic League and Pennsylvania Interscholastic Athletic Association State team member...as a junior she was 1st in the 50 free, 3rd in the 100 back and 2nd at the WPIAL championship...that same year at the PIAA state championship she took 3rd in the 50 free and 5th in the 100 back and 200 free relay...took 1st in WPIAL meet as a freshman...named a USA Swimming All-American...tapped as the Almanac MVP...Junior National qualifier...member of the National Honor Society...graduated with the highest honors, earning the Cum Laude honor...scholar-athlete and scholastic All-America.

Personal: Full name is Kathryn Anne Ford...the daughter of Jim and Mary Lou Ford...was born on October 5, 1995, in Westerville, Ohio...stands 5-8 tall...double major in psychology and advertising...enjoys drawing...two-time CREED mentor in bCLA...member of Rising Stars program in Carolina Leadership Academy.



SARAH HITCHENS

**Backstroke/Sprint Free
Senior • 5-10
West Chester, Pa. •
Villa Maria Academy •
Suburban Seahawks Club**

SARAH HITCHENS BIO

Career Best Times: 22.50 in the 50-yard freestyle; 48.99 in the 100-yard freestyle; 52.79 in the 100-yard backstroke; 1:56.98 in the 200-yard backstroke; 26.00 in 50-meter freestyle; 58.20 in 100-meter freestyle; 1:02.30 in 100-meter backstroke; 2:15.53 in 200-meter backstroke.

General: Ranks sixth in UNC history in the 50-yard freestyle (22.50), sixth in the 100-yard freestyle (48.99), fifth in the 100-yard backstroke (52.80) and ninth in the 200-yard backstroke (1:56.98)...anchored 200 medley relay team to a school record in 2016...swam the third leg on UNC's school record setting 200 freestyle relay in 2015...she was the third leg of a new school record in the 400 free relay in 2016.

2015-16: 2016 NCAA qualifier and honorable mention All-America...member of 400 free relay team which copped NCAA finish of 12th...swam on 200 freestyle relay which placed 15th at NCAA Championships...anchored 400 medley relay at NAAs which finished 12th...also anchored off 200 medley relay which placed 16th...at 2016 ACC Championships, she finished tied for 12th place in 50 free (22.60) while notching fifth place in the 100 backstroke (52.80) and 11th place in 100 freestyle (48.99)...swam on victorious 200 free and 400 free relay teams against Louisville...excelled at 2015 Nike Cup where she placed 14th in the 50 free (23.36), fifth in 100 back (54.50) and fifth in 200 back (1:59.38)...won the 100 back (55.35) and swam on winning 400 free relay in victory over Navy...served as a CREED mentor in the Carolina Leadership Academy for the second straight year...named to ACC Academic Honor Roll.

2014-15: Captured honorable mention All-America honors as a member of UNC's 200 freestyle relay team...swam on 200 freestyle and 200 medley relays which set school records...scored in three individual events at the ACC Championships...she placed 6th in the 50 free (22.50), 9th in the

100 back (53.72) and 12th in the 200 back (1:57.15)...swam on 200 free relay team which took second place...won the 50 and 100 freestyles and swam on a winning freestyle relay in dual meet wins over Virginia Tech and Navy...at the Nike Cup she placed eighth in the 50 free, 10th in the 100 back, 10th in the 200 back and 13th in the 100 free...served as a CREED Mentor in the Carolina Leadership Academy.

2013-14: NCAA qualifier where she swam on Carolina's 200 freestyle relay...had a fantastic performance at the Nike Cup...finished in the Top 15 in four individual events and swam on three relays that finished in the Top 6...placed 4th in the 200-yard backstroke (1:59.39), 5th in the 100-yard backstroke (55.02), 11th in the 50-yard freestyle (23.33) and 14th in the 100-yard freestyle (51.72)...swam on the 1st place 200-yard free relay (1:30.52), the 3rd place 400-yard freestyle relay (3:23.35) and the 6th place 200-yard medley relay (1:42.69) teams...at the ACC Championships, she competed in three individual events and swam on one relay team...finished 10th in the 100-yard backstroke in 53.63, 18th in the 50-yard freestyle in 23.00 and 18th in the 200-yard backstroke in 1:57.13...recorded career best times in both backstroke events at the conference meet...swam on the 4th place 200-yard freestyle relay (1:29.81), which broke UNC's record...competed in three events at the Arena Grand Prix during long course season...took sixth place in the 100-meter backstroke and fifth place in the 200-meter backstroke at the Speedo Champions Series Section of Southern Zones...a CREED mentor in the Carolina Leadership Academy.

Prep: Attended the Villa Maria Academy where she was coached by Cathy Hay...did her club swimming for the Suburban Seahawks Club under the tutelage of legendary coach Charlie Kennedy...an outstanding sprinter...eight-time PIAA state champion...holds four state records...member of teams which won three state high school championships...13-time All-State honoree...Olympic Trials qualifier in the 100-meter backstroke.

Personal: Sarah Anne Hitchens was born July 13, 1995 in West Chester, Pa...is the daughter of James and Barbara Hitchens...double major in communication studies and English...stands 5-10 tall...comes from an extremely athletic family...her father played football at Gettysburg College...her mother played field hockey at Hood College...her sister, Kate, swam at Hood College...CREED mentor in bCLA for third year.



Sarah Hitchens



CATY HULSEY

**Butterfly/IM/Freestyle
Senior • 5-7
Savannah, Ga. •
Calvary Day School •
Georgia Coastal Aquatic Team**

CATY HULSEY BIO

Career Best Times: 1:58.17 in the 200-yard butterfly; 4:13.00 in the 400-yard individual medley; 4:47.01 in the 500-yard freestyle; 9:58.70 in the 1000-yard freestyle; 16:30.57 in the 1650-yard freestyle; 8:55.68 in the 800-meter freestyle; 2:18.15 in the 200-meter individual medley; 4:51.52 in the 400-meter individual medley; 2:14.96 in 200-meter butterfly; 4:18.15 in 400-meter freestyle.

General: Ranks in the Top 10 in pair of events in UNC short course history...is the seventh fastest 400-yard individual medleyist at 4:13.00 and the ninth fastest 200-yard butterfly at 1:58.17...has been named Dean's List in three semesters...two-time ACC Honor Roll selection...named twice



Caty Hulsey

to CSCAA honorable mention Scholar All-America.

2015-16: At 2015 Nike Cup she placed fifth in the 400 IM (4:21.83), eighth in the 1650 freestyle (16:36.07) and 12th in the 200 fly (2:03.78)...won two events in win over Navy, taking 200 fly (2:02.91) and 500 free (4:57.02)... Leadership Lab participant in bCLA...qualified for 2016 U.S. Olympic Trials in 200 IM and 400 IM...placed 30th in 400 IM at Olympic Trials in 400 IM at 4:51.52...selected for ACC Academic Honor Roll.

2014-15: Had an excellent ACC Championships...scored in three individual events...placed 10th in the 400 IM (4:51.75), 10th in the 1650 free (16:34.40) and 16th in the 500 free (4:51.72)...overall female winner of 2014 Pier-to-Pier open water race in Wrightsville Beach, N.C. with a time of 37:36...at 2014 Nike Cup, she placed 7th in the 400 IM (4:20.53) and 10th in the 1650 free (16:59.78) ...fall semester 2014 Dean's List honoree...named to 2014-15 ACC Academic Honor Roll...honorable mention CSCAA Scholar All-America...a Rising Star in the Carolina Leadership Academy.

2013-14: Had a standout freshman season...recorded five career best times in the Bulldog Invitational in the 500 free, 1000 free, 1650 free, 200 fly and 400 IM...excelled in dual meets throughout the season...won the 500 and 1000-yard freestyle events against Duke...at the Nike Cup, she placed in four events, including 7th place in the 400-yard IM (4:18.61), 8th place in the 500-yard freestyle (4:52.74), 9th in the 1650-yard freestyle (16:58.32) and 16th in the 200-yard butterfly (2:10.43)...during long course season she competed in the Arena Grand Prix...finished 15th in the 200-meter butterfly in 2:16.94 at that meet...missed an invite to the NCAA Championships by just 0.37 seconds in the 400 IM...honored with the CSCAA Honorable Mention Scholar All-America Award...named to the ACC Honor Roll...earned accolades on the Dean's List in both semesters.

Prep: Coached by Bill Forrester at Calvary Day School and the Georgia Coastal Aquatic Team...prior to moving to Savannah she competed at Swim Macon for coach Lee Stockslager...one of the most versatile swimmers in the 2013 recruiting class...2013 World Championships Trials qualifier in the 200 fly and 400 IM...achieved 2012 Olympic Trials standards in three long course events (200 fly, 2:16.30; 400 IM, 4:53.88; 400 free, 4:18.15)...also attended First Presbyterian Day School in Macon, Ga. (2009-11), prior to attending Calvary Day (2012-13)...swam three years in high school and on her club team from 2001-2013...at the high school state meet she concentrated on the 500 freestyle and 200 IM...with her club team she was primarily a middle distance freestyler, butterflyer and IM swimmer...Georgia Zone Team member and zone champion as a 14-year-old in the 400 IM, 400 free and 200 IM in 2010...scholastic All-America with a 4.0 GPA her sophomore and junior years...high school All-America in the 500 free in 2012 after receiving All-America consideration the previous two years...her high school team, consisting of just four members, placed eighth at the Georgia A-AAAA state meet...has achieved multiple Top 10 NAG rankings, won multiple Georgia LSC championships and Southeastern sectional crowns...also a Junior National finalist at the U.S.S. level...three-time Scholastic All-America...won Georgia state high school championship (A-AAAA) in 500 free as a junior (4:50.79) and was runner-up in the 200 IM (2:04.84)...as a sophomore in the same meet she had been the state runner-up in the 500 free at 4:57.15...National Honor Society member...four-year high honor roll student, maintaining a 4.0 all through high school...AP Scholar...National Merit Commended Student...class valedictorian...member of Mu Alpha Theta math honor society and the French Club...took 11th place in 2011 in a National French contest...sang in chorus and participated in many community theatre events and school plays.

Personal: Catherine Anne Hulsey is the daughter of Drew and Harriet Hulsey...was born August 7, 1995 in Jacksonville, Fla. ...goes by Caty... business administration major... enjoys water skiing, snow skiing, surfing and playing Ultimate Frisbee...has a younger brother, Rob, 19, who is a sophomore at Clemson University...stands 5-7 tall...has been named to Dean's List in five semesters...volunteering in a second grade classroom at a local elementary school in 2016-17 school year.



SARAH KOUCHEKI BIO

Career Best Times: 23.21 in the 50-yard freestyle; 50.94 in the 100-yard freestyle; 52.77 in the 100-yard butterfly; 1:55.70 in the 200-yard butterfly; 2:01.05 in 200-yard individual medley; 2:13.50 in the 200-meter butterfly; 1:00.30 in the 100-meter butterfly; 56.79 in 100-meter freestyle.

General: Ranks in the Top 5 of two different individual events in the Carolina record book...is fifth in the 200-yard butterfly (1:55.85) and fifth in the 100-yard butterfly (52.77).

2015-16: 2016 NCAA qualifier...at 2016 ACC Championships, she placed eighth in 100 fly (52.86) and 10th in the 200 fly (1:57.93)...in dual meet against Louisville she won the 200 fly with a time of 1:58.64...also captured 200 fly against Texas with time of 1:58.67 while also swimming on winning 200 medley relay team...placed seventh in the 100 fly at Nike Cup with a time of 53.93...also copped ninth place in 200 fly at 1:59.34... named to ACC Academic Honor Roll.

2014-15: Her top finishes at the 2015 ACC Championships were 10th place in the 100 fly (53.37) and 11th place in the 200 fly (1:57.73)...won a pair of events in dual meet win over Virginia Tech...had three Top 16 finishes in the 2014 Nike Cup in the 200 IM, 100 fly and 200 fly...a Rising Star in the Carolina Leadership Academy...served as a CREED Mentor in the CLA...at the 2015 USA Swimming National Championships she posted a career best time in the 100-meter butterfly at 1:00.51.

2013-14: NCAA Qualifier...performed extremely well during the dual meet season...won multiple events in dual meets against Louisville and Texas...had an excellent meet at the SMU Swimming & Diving Classic...she placed second in the 200 fly at 1:56.26 and captured third in the 100 fly at 53.38...had a standout performance at the Nike Cup...won the 100-yard butterfly with a time of 53.94...also placed 2nd in the 200-yard butterfly (1:56.82), 10th in the 50-yard freestyle (23.21) and 18th in the 100-yard backstroke (56.45)...swam on the 1st place 400-yard medley relay (3:38.06), 2nd place 800-yard freestyle relay (7:21.64), 3rd place 400-yard freestyle relay (3:23.35), 5th place 200-yard freestyle relay (1:34.15) and 5th place in the 200-yard medley relay (1:41.72) teams at Nike Cup... at the ACC Championships, she took 6th place in the 200-yard butterfly (1:57.74)...also placed 19th in the 100-yard butterfly (54.13)...at the NCAA Championships, she competed in both butterfly events.

Prep: Outstanding butterflyer and freestyler who attended the Hawken Upper School in Gates Mills, Ohio where she was coached by Jerry Holtrey...competed for the Spire Lake Erie Silver Dolphins club team for coaches Jim Bocci and Mike Davidson...competed in swimming all four years of high school, specializing in the 100 fly, 100 free and 200 IM... Olympic Trials qualifier in the 100 and 200 butterfly events in 2012... qualified for short course and long course junior nationals from 2009-12...11-time state champion, including multiple first-place finishes in the 100 fly and 200 IM...Ohio state high school record holder in the 100 fly with a time of 54.66...swam for a team which has won 15 consecutive DII state championships...holds Hawken School records in 50 free, 100




Sarah Kouchecki

CAROLINA



free, 200 IM and 100 fly...won Hawken H.S. MVP in multiple years...four-time Cleveland Plain Dealer & News Herald girls' high school swimmer of the year...Chagrin Valley Conference MVP in 2011, 2012 and 2013...LSC Swimmer of the Year four times from 2008-12...eight-time Lake Erie Swimmer of the Year from 2005-12...holds numerous age group Lake Erie records in the 50 free, 100 free, 100 fly, 200 IM and 200 fly...won multiple high school All-America honors from 2009-10 through 2012-13 in the 100 fly, 200 IM, 100 free, 50 free as well as 200 and 400 freestyle relays...active in senior peer leadership program...member of the John K. Mott Youth Fund Distribution Committee...USA Swimming Scholastic All-America selection.

Personal: Full name is Sarah Elizabeth Kouchecki...daughter of Arris and Lisa Kouchecki...was born April 18, 1995 in Cleveland, Ohio...majoring in political science...stands 5-7 tall...an accomplished musician, she plays the violin, piano and flute...a CREED mentor and Rising Star in the Carolina Leadership Academy...Phi Alpha Delta law fraternity member...UNC Compass Center Civil/Criminal Domestic Violence Volunteer...Carolina Swim Clinic volunteer.



SUSANNA LaROCHELLE
Back/IM/Fly
Freshman • 5-8
Signal Mountain, Tenn. •
Girls' Preparatory School •
McCallie GPS Aquatics


SUSANNA LaROCHELLE BIO

Career Best Times: 54.81 in 100-yard backstroke; 2:02.08 in 200-yard individual medley; 1:59.30 in 200-yard backstroke; 1:03.39 in 100-yard breaststroke; 55.36 in 100-yard butterfly; 51.09 in 100-yard freestyle.

Prep: Attended Girls Preparatory School from 2012-16...six-time All-America...three-time state champion in 100 backstroke, 200 medley relay and 400 free relay...three-time state runner-up (200 IM, 200 medley relay, 100 breaststroke)...school record holder in 100 freestyle, 200 IM, 100 breaststroke, 100 backstroke, 200 medley relay, 400 free relay...coached by John Woods...cum laude graduate...National Honor Society member...Beta Club member.

Club: Swam for McCallie/GPS Aquatics...coached by Roger Dahlke...junior national qualifier...10-time team record holder.

Personal: Full name is Susanna Elizabeth LaRoche...daughter of Peter and Peggy LaRoche...stands 5-8 tall...was born September 25, 1998 in Signal Mountain, Tenn. ...undeclared major...both of her parents swam at UNC...her brother Joseph is a current senior at UNC...her brother Patrick ran track and cross country at Rhodes College...her sister Maggie attended the University of Georgia.



Susanna LaRoche



MARIA LOHMAN
Diving
Sophomore • 5-1
Pittsburgh, Pa. • Chartiers Valley
Pitt Aquatic Club

MARIA LOHMAN BIO

Career Best Scores: 315.20 in one-meter diving; 353.55 in three-meter diving; 190.80 in 10-meter platform diving.

2015-16: Qualified for NCAA National Championships in her first year as a Tar Heel diver...was member of UNC's ACC Championships scoring team...placed sixth on the one-meter board at the ACC Championships with score of 290.95 while taking 15th in three-meter diving with score of 305.65...at the NCAA zone diving championships she placed ninth in one-meter diving with a score of 562.10...CSCAA Scholar All-America selection...captured the McInnis Diving Award as the squad's Most Improved Diver...won one-meter diving event versus Georgia with 294.08 points...at 2015 Nike Cup she placed seventh in three-meter diving with score of 291.90 points, third in one-meter diving with 307.10 points and ninth in platform diving with 190.20.

Prep: At 2015 U.S. Diving Summer Senior Nationals she placed 12th on one-meter board...graduated from Chartiers Valley High School in Bridgeville, Pa. ...coached in diving by Doe Krug...three-time state champion...state record holder...4-time section champion...2015 All-America winner.

Personal: Full name is Maria Ann Lohman...stands 5-1 tall...daughter of Lisa and John Lohman...was born August 25, 1997 in Pittsburgh, Pa. ...undeclared major.



Maria Lohman



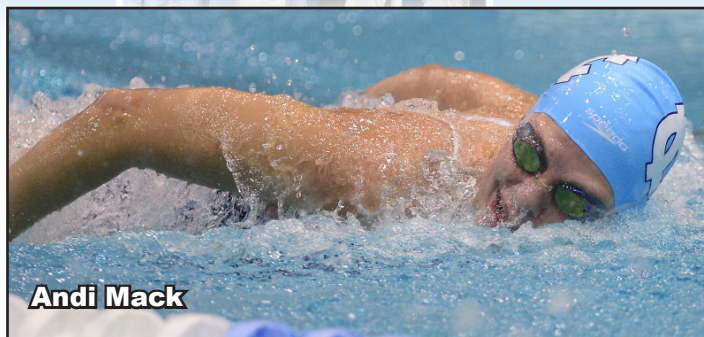
ANDI MACK
Freestyle/Butterfly
Sophomore • 5-8
Ashburn, Va. • Stone Bridge
Nations Capital Swim Club

ANDI MACK BIO

Career Best Times: 55.00 in the 100-yard butterfly; 1:59.93 in the 200-yard butterfly; 1:49.86 in the 200-yard freestyle; 1:02.41 in the 100-meter butterfly; 2:17.51 in the 200-meter butterfly.

2015-16: At Carolina College Invitational, she won the 200 butterfly (1:59.93) and she also placed 16th in 50 freestyle (24.09) and fourth in 100 fly (55.37)...named to the Dean's List in both semesters of 2015-16 school year... named to ACC Academic Honor Roll.

Prep: Attended Stone Bridge High School...2015 5A Virginia state champion in the 200 freestyle...2015 Loudoun County Swimmer of the Year...winner of All-District, All-Region and All-State honors...Stone Bridge record holder in 50, 100, 200 and 500 freestyle events as well as being a member



Andi Mack

of school record setting 200 and 400 free relay squads...winner of Loudoun County Excellence in education award...graduated in Top 5 percent of her class.

Club: Competed for Nation's Capital Swim Club where she was coached by Robbie Robins...USA Swimming Scholastic All-America.

Personal: Full name is Andi Maureen Mack...stands 5-8 tall...daughter of Brian and Cathy Mack...was born August 6, 1997 in Ashburn, Va. ...business administration major...has a brother, Trevor, who plays hockey for Indiana University of Pennsylvania.



Katie McKay

and 400 record-setting freestyle relay teams...YMCA All-America in the 50 butterfly and on multiple relay teams...helped lead Red Bank to a combined 10th-place finish at YMCA Nationals, the highest placing ever accomplished by the team...made honors with distinction all four years of high school...National Commended Merit Scholar...member of National Honor Society and National French Honor Society...graduated with a 4.70 GPA.

Personal: Full name is Katlyn Geraldine McKay...stands 5-10 tall...the daughter of David and Diane McKay...goes by Katie...was born June 20, 1995, in Red Bank, N.J. ... biology and psychology double major...neuroscience minor...has a minor in neuroscience...worked as a lifeguard at Manasquan Beach in the summer...her mother played tennis at Michigan State while her father graduated from Georgia Tech...was a competitive ski racer when she was younger...plans on attending medical school after graduation...currently completing a senior honors thesis in psychology.



KATIE MCKAY

**Sprint Freestyle
Senior • 5-10
Holmdel, N.J. • Holmdel
Red Bank YMCA**

KATIE MCKAY BIO

Career Best Times: 23.18 in the 50-yard freestyle; 50.81 in the 100-yard freestyle; 55.66 in the 100-yard butterfly; 26.83 in the 50-meter freestyle; 59.23 in the 100-meter freestyle; 1:05.43 in the 100-meter butterfly.

General: Three-time CREED Mentor in bCLA...completed Rising Stars program and is now enrolled in the Leadership Lab...Carolina Outreach representative...co-founded the Carolina Athletics Relay for Life team which raised \$7000 in spring of 2015...co-captained second annual Carolina Athletics Relay for Life team which raised over \$12,000 across the last two years...organized Carolina Dreams event during UNC dual meet with Navy last January.

2015-16: Co-recipient of the squad's Patrick & Mary Louise Earey Service Award with Abby Fisher...winner of ACC Top 6 for Service award...named to UNC's 4.0 club in fall semester 2015...at Carolina College Invitational, she placed sixth in 50 freestyle (23.55) and in the 100 fly (55.66) while taking fifth in the 100 freestyle (50.97)... named to ACC Academic Honor Roll.

2014-15: Chosen for 2014-15 All-ACC Academic Team...honored with Dean's List selections in both semesters...won the 50-yard freestyle in dual meet versus Duke...against the Blue Devils she recorded career best times in the 50 free at 23.18 and in the 100 free at 50.81...a Rising Star in the Carolina Leadership Academy...served as a CREED Mentor in the CLA...named to 2014-15 ACC Academic Honor Roll.

2013-14: At the Nike Cup, she placed in two individual events and swam on three relay teams...posted career best times in 50 free and 100 free in the meet...finished 21st in the 50-yard freestyle at 24.06, 22nd in the 100-yard freestyle at 51.81 and swam on the 5th place 200-yard freestyle relay at 1:34.15, the 6th place 200-yard medley relay at 1:42.69 and the 11th place 400-yard medley relay at 3:27.47...a part of the UNC "4.0 Club"...merited ACC Honor Roll kudos...named to Dean's List both semesters.

Prep: A graduate of Holmdel High School...four-year varsity swimmer on Holmdel team...captain of team as a senior...specialized in high school in the 50 and 100 freestyles and the 100 fly...four-year selection as team MVP...second-team All-Shore selection in 2012 & 2013...also played varsity tennis for four years in high school...captained the tennis team as a senior...played No. 1 singles as a senior and was named first-team All-Shore as a senior on the tennis court...swam at the Red Bank YMCA for coach Jack Caucino for 10 years...YMCA national qualifier for four years in the 50 and 100 freestyle and the 100 fly as well as on relay teams...holds Red Bank YMCA 50 freestyle record and swam on the club's 200



KYLIE MIHOK

**Freestyle
Freshman • 5-10
Zionsville, Ind. •
Zionsville Community High School
Zionsville Swim Club**

KYLIE MIHOK BIO

Career Best Times: 50.76 in 100-yard freestyle; 1:48.16 in 200-yard freestyle; 57.32 in 100-meter freestyle; 2:05.73 in 200-meter freestyle.

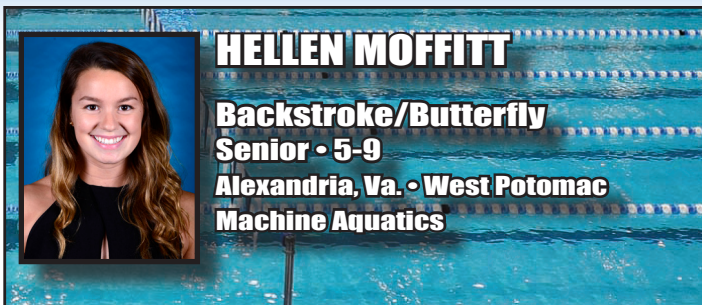
Prep: Graduate of Zionsville Community High School in Zionsville, Ind. ... was coached in high school by Scott Kirby...team record holder in the 200 freestyle and the 200 and 400 freestyle relays...recipient of the team's freshman award, John Crist award and MVP award...three-year National Honor Society member...two-year member of Spanish Honor Society...volunteer at Splash organization.

Club: Coached at the club level by Eric Meyer...multiple individual and relay team record holder...Junior National qualifier.

Personal: Full name is Kylie Anne Mihok...stands 5-10 tall...daughter of Bryan and Dana Mihok...has a younger brother Vaughn...was born April 15, 1998 in Jacksonville, Fla. ...biology major...taught swimming lessons in spare time during high school.



Kylie Mihok



HELLEN MOFFITT

Backstroke/Butterfly
Senior - 5-9

Alexandria, Va. • West Potomac
Machine Aquatics



Hellen Moffitt

HELLEN MOFFITT BIO

Career Best Times: 23.03 in the 50-yard freestyle; 51.66 in the 100-yard freestyle; 51.46 in the 100-yard backstroke; 1:52.35 in the 200-yard backstroke; 50.67 in the 100-yard butterfly; 2:00.60 in 200-yard individual medley; 26.05 in 50-meter freestyle; 58.46 in the 100-meter butterfly; 1:01.67 in the 100-meter backstroke; 2:13.02 in the 200-meter backstroke; 2:14.97 in the 200-yard butterfly.

General: School record holder in the 100-yard backstroke at 51.46, in the 200-yard backstroke at 1:52.35 and in the 100-yard butterfly at 50.67...set all three of those records during 2015-16 season...swam on a 200 medley relay team which set a school record in 2016 and on a 400 medley relay team which established a school mark in 2015...also holds school record long course in the 100-meter butterfly with a time of 58.46 established at 2016 U.S. Olympic Trials.

Summer 2016: Placed seventh in the finals of the U.S. Olympic Trials in the 100-meter butterfly...at the U.S. Open in August she earned a second place finish in the same event.

2016-17: Named to the U.S. Swimming National Team in the fall of 2016...will swim in the FINA World Championships December 6-11 in Windsor, Ontario...co-captain of the 2016-17 Tar Heel team with Caroline Baldwin.

2015-16: 2016 NCAA qualifier and first team All-America...placed fifth in 100 butterfly with time of 51.16...swam butterfly leg on 400 medley relay at NCAAs which finished 12th and the 200 medley relay which placed 16th...member of All-ACC Team...at ACC Championships, she was the runner-up in the 100 fly (51.15) while taking third place in the 100 back (51.62) and third place in the 200 back (1:52.35)...won the Richard E. Jamerson Awards as the team's most improved swimmer and the squad's most outstanding swimmer...in dual meet against Georgia she won the 100 back (52.77) and 100 fly (53.82) and swam on winning 200 medley relay team...in four-way meet against Indiana, Tennessee and Kentucky, she won the 100 back (53.48), 100 fly (52.85) and 200 back (1:55.94)...was named ACC Women's Swimmer of the Week on October 13, 2016 and November 3, 2016...in dual meet against Louisville, she won the 200 back (1:54.23) and 100 back (53.70) while also swimming winning 400 medley relay team...in the Tar Heels' dual meet against Texas she won the 100 back (53.39) and 100 fly (55.43) while also swimming on victorious 200 medley relay squad excelled...at 2015 Nike Cup where she placed eighth in the 50 free (23.14), third in 100 fly (53.31), second in 100 back (53.06) and second in the 200 back (1:55.52)...in dual meet win over Navy, she won the 50 free (23.07) and 200 IM (2:00.88) and swam on winning 200 medley relay...won the 100 back (54.16), 200 back (1:57.54) and 100 fly (53.29) in dual meet victory over Duke...named to ACC All-Academic Team...member of Leadership Lab in Carolina Leadership Academy...bCLA CREED Mentor... named to ACC Academic Honor Roll.

2014-15: Named to 2015 All-ACC Team...at the ACC Championships she took third place in the 200 back (1:53.88), fourth place in the 100 fly (52.45) and fifth place in the 100 back (52.91)...won Jamerson Award as Tar Heels' most improved swimmer...honorable mention All-America in the 100-yard butterfly and as a member of the 400-yard medley relay team...swam the butterfly leg on 400 medley relay team which took 10th place...she tied for 15th place in the 100 fly at NCAAs (52.53)...had Top 25 finishes in 100 and 200 backstrokes...established school records in 100-yard butterfly (51.98) and 100-yard backstroke (52.16) and as a member of UNC's 200 medley and 400 medley relay units...named ACC Women's Swimmer of the Week on October 14, 2014...earned that award after winning three individual events and swimming on a winning relay in dual meet win over Tennessee...had three Top 10 individual finishes at 2014 Nike Cup, topped by a third place finish in the 200-yard backstroke...won three events in dual meet win over Navy, and two events in victory over Duke... Rising Star in the Carolina Leadership Academy...named to ACC Academic Honor Roll...at Arena Pro Series in Charlotte in May 2015, she had Top 10 finishes in the 50- and 100-meter butterfly events as well as the 50-meter backstroke...at summer 2015 USA Swimming Senior Nationals

she took 11th place in the 100-meter butterfly (59.45).

2013-14: Had a stupendous freshman season...at the SMU Swimming and Diving Classic, she scored in three individual events and swam on two Top 4 relay teams...finished 4th in the 100-yard backstroke in 55.21, 4th in the 200-yard backstroke in 1:58.89 and 11th in the 50-yard freestyle in 23.96...swam on the 3rd place 400-yard medley relay (3:39.84) and 4th place 200 medley relay (1:41.50) teams...recorded a standout performance at the 2013 Nike Cup...placed in the Top 16 in eight events, including four individual swims and four relays...placed 3rd in the 200-yard backstroke (1:58.93), 4th in the 100-yard backstroke (54.96), 5th in the 100-yard butterfly (54.56) and 16th in the 50-yard freestyle (23.94)...swam on the 2nd place 400-yard medley relay (3:40.44), 3rd place 400-yard freestyle relay (3:23.35), 5th place 200-yard freestyle relay (1:34.15) and 5th place 200-yard medley relay (1:41.72) teams...a championship finalist at the ACC Championships, placing 7th in the 100-yard butterfly in 54.01...placed in two other events, including 19th in the 200-yard backstroke (1:52.17) and 23rd in the 100-yard backstroke (55.11)...during long course season she competed in the Arena Grand Prix...placed 7th in the 200-meter backstroke (2:18.52), 12th in the 100-meter backstroke (1:03.69) and 15th in the 100-meter butterfly (1:02.00)...competed at the 2014 U.S. Open Championships...captured fourth place in the 100-meter backstroke and fifth place in the 100-meter butterfly at Speedo Champions Series Section of Southern Zones...member of the Rising Stars program in the Carolina Leadership Academy.

Prep: Attended West Potomac High School where she was coached by Bob Lombardi...competed for Machine Aquatics where she was coached by Dan Jacobs...Swimming World Magazine 5-star recruit in Class of 2013...swam in high school all four years where she was an outstanding butterflyer and backstroker...specialized in the 50 free, 100 free, 100 back and 100 fly as a high school swimmer...was the team captain there... Virginia state runner-up in the 100 fly and 100 back in 2012-13...anchored state champion 200 free relay team...seven-time high school All-America selection...regional record holder in the 100 fly...won West Potomac most valuable athlete accolades on multiple occasions and was also named to the Washington Post All-Met Girls Swimming Team during multiple years...2012 Olympic Trials qualifier in the 100 and 200 backstrokes... senior nationals qualifier in the 100 and 200 backstrokes, 100 butterfly and 50 freestyle...USA Swimming national finalist in the 100 fly...National Honor Society member...AP Scholar with distinction...honor roll student... Potomac Valley Scholar Athlete...four-time USA Swimming Scholastic All-America...had a tremendous high school career in Virginia...as a junior she anchored the first-place 200 freestyle relay team and the third-place 200 medley relay squad and was second in the 100 fly and fourth in the 100 back...as a sophomore, she placed third in the 100 fly and fourth in the 50 free...as a freshman at the high school state championship meet, she was third in the 50 free and second in the 100 fly.

Personal: Full name is Hellen Stewart Moffitt...daughter of Chris and Janet Moffitt...was born May 21, 1995 in Alexandria, Va. ...stands 5-9 tall... math decision sciences and economics double major...volunteers with Nadar Por Vida program...a summer league and winter swim coach...has an older brother, Ned, and a younger brother, Hugh...SAAC member... Veteran Leader in bCLA.



RENI MOSHOS

Back/IM/Freestyle

Freshman • 5-8

Gainesville, Va.

The Highland School

Nations Capital Swim Team

RENI MOSHOS BIO

Career Best Times: 54.02 in the 100-yard backstroke; 1:55.20 in the 200-yard backstroke; 1:59.81 in the 200-yard individual medley; 4:13.78 in the 400-yard individual medley.

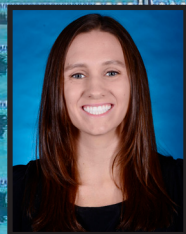
Prep: Attended Highland School in Warrenton, Va., from 2013-16...swam for Coaches Ross and Blanders on her high school swimming team... won several state championships...won the 100 free in 2012, 100 breaststroke in 2013, 100 backstroke in 2014, 200 IM in 2015 and 200 IM and 100 backstroke in 2016...high school All-America selection in the 200 IM in 2015 and 2016 and in 100 backstroke in 2016...National Honor Society member...high academic honors all four years...member of National Spanish Honors Society.

Club: Swam at the Nation's Capital Swim Club where she was coached by Jeremy Linn...scholastic All-America in both 2014 & 2015...qualified for U.S. Nationals and 2016 U.S. Olympic Trials.

Personal: Full name is Eireni Antonia Moshos...goes by Reni...daughter of James and Olympia Moshos...was born May 3, 1998 in Gainesville, Va. ...stands 5-8 tall...undecleared major...has a brother named Constantine, better known as Gus.



Reni Moshos



KATIE MUNCH

Breaststroke/Indiv. Medley

Senior • 5-8

Clifton, Va. • Robinson Secondary

School

Machine Aquatics

KATIE MUNCH BIO

Career Best Times: 1:01.05 in the 100-yard breaststroke; 2:10.90 in the 200-yard breaststroke; 1:58.79 in the 200-yard individual medley; 4:30.29 in the 400-yard individual medley; 1:10.97 in the 100-meter breaststroke; 2:35.96 in the 200-meter breaststroke; 2:17.06 in the 200-meter individual medley.

General: Ranks fourth in Carolina history in the 200-yard breaststroke with a time of 2:10.90...ranks fifth in the 100-yard breaststroke at 1:01.05 and fourth in the 200-yard individual medley at 1:58.79... swam breaststroke leg on school record setting 200 medley relay in 2016...also swam breaststroke leg on 400 medley relay team which set school record in 2015.

2015-16: At 2016 ACC Championships, she placed 12th in 100 breaststroke (1:01.95)...captured the 200 IM (2:02.58) and was on victorious 400 medley relay against Louisville...at 2015 Nike Cup, she placed 11th in the

200 IM (2:03.46), seventh in 100 breaststroke (1:04.19) and sixth in the 200 breaststroke (2:18.18)...named to ACC All-Academic Team... named to ACC Academic Honor Roll.

2014-15: Earned honorable mention All-America honors as a member of Carolina's 400 medley relay team which took 10th place at NCAAs... NCAA qualifier in both breaststroke events...at the 2015 ACC Championships, she captured 7th place in 200 breaststroke (2:12.07) and ninth place in the 100 breaststroke (1:01.05)...won the 100 breast and swam on winning medley relay in dual meet win over Virginia Tech...at the 2014 Nike Cup, she placed 4th in the 100 breast (1:03.26), 5th place in 200 breast (2:16.79) and 5th in the 200 IM (2:02.61)...won two events in dual meet victory over Duke...won the Andrea Erben Award as the team's most dedicated swimmer...a Rising Star in the Carolina Leadership Academy... served as a CREED Mentor in the Carolina Leadership Academy...named to 2014-15 ACC Academic Honor Roll.

2013-14: Had a solid freshman season...established a trio of career best times at the Bulldog Invitational in the 100 breast, 200 breast and 200 IM...placed in the top 15 in three events at the Nike Cup, including 11th in the 200-yard breaststroke (2:17.94), 13th in the 100-yard breaststroke (1:04.13) and 14th in the 200-yard IM (2:05.53)...during the summer long course season she swam in the Arena Grand Prix...competed in four events...placed 18th in the 100-meter breaststroke at 1:13.06, 22nd in the 50-meter breaststroke at 34.67, 23rd in the 200-meter breaststroke at 2:39.75 and 25th in the 200-meter IM at 2:21.23...won the 200-meter IM and finished fifth in the 200-meter breaststroke at the Speedo Champions Series Section of Southern Zones...named to the ACC Honor Roll.

Prep: A graduate of Robinson Secondary School in Fairfax, Va. ...did her club swimming for Machine Aquatics where Dan Jacobs was her coach... specializes in breaststroke and individual medley...NSCA Junior National finalist in both 2011 and 2012...played soccer from ages 6-14...swam with the Fairfax Station Flyers swim team from 1999-2013...swam on the Robinson High School team where she was a 100 breaststroker and 200 IM specialist...swam for Machine Aquatics from 2002 to her high school graduation...two-year team captain for Robinson...district, region and state qualifier for Virginia AAA swimming from 2009-13...NVSL All-Star Swimmer from 2002-12...academic honor roll selection three years at Robinson...four-year PVS Scholar Athlete...three-time USA Swimming Scholastic All-America Team honoree.

Personal: Full name is Catherine Yvonne Munch...goes by Katie... stands 5-8 tall...the daughter of Rick Munch and Marty Clark... was born February 24, 1995 in Clifton, Va. ... business administration major with an emphasis in consulting and marketing...comes from a family replete with swimming siblings...brother Ricky swam at Florida, brother Robert swam at UNCW and younger sister, Genevieve, 19, was on the high school team at Robinson Secondary School...member of UNC Ballroom Dance Team with a special interest in salsa dancing.



Katie Munch



QIAN YI PANG

Diving
Sophomore • 5-6
Cupertino, Calif. • Monta Vista
Santa Clara Diving Club

QIAN YI PANG BIO

Career Best Scores: 245.00 in one-meter diving; 251.40 in three-meter diving; 164.80 in the 10-meter platform diving.

2015-16: Earned honors on ACC Academic Honor Roll...placed 14th in platform diving at 2015 Nike Cup with score of 164.80.

Prep: Attended Monta Vista High School in Cupertino, Calif. from 2011-15...varsity diving MVP three years from 2012-14...2014 All-America...2015 team captain...CIF Central Coast Section Championships finalist three times - finished 14th as a freshman, 4th as a sophomore and 3rd as a junior...Ron Freeman Scholar...member of California Scholarship Federation...AP Scholar with honors.

Club: Competed for Santa Clara Diving where she was coached by Todd Spohn...Norcal third place diver of the year in 2012 & 2014.

Personal: Full name is Qian Yi Pang...goes by Qian Yi...stands 5-6 tall...the daughter of Chong Pang and Mei Leng Ng...her parents were born and raised in Singapore...has an older brother...was born January 22, 1997 in Mountain View, Calif. ...family resides in San Jose, Calif. ...majors in business administration.



Qian Yi Pang



EMILY PFEIFFER

Breaststroke
Senior • 5-7
Washington, N.C. • Washington
Greenville Swim Club

EMILY PFEIFFER BIO

Career Best Times: 1:02.30 in the 100-yard breaststroke; 2:14.17 in the 200-yard breaststroke; 2:00.64 in the 200-yard individual medley; 4:25.25 in the 400-yard individual medley.

General: Ranks 10th in UNC history in the 200-yard breaststroke at 2:14.17.

2015-16: At 2016 ACC Championships, she took 14th in the 200 IM with



Emily Pfeiffer

a time of 2:00.64...rising Star and CREED alumna in Carolina Leadership Academy.

2014-15: Posted her career best times in the 100 breaststroke and 200 breaststroke at the Bulldog Invitational...posted her career best in the 200 IM at the Carolina College Invitational...at 2014 Nike Cup Championships, she placed 10th in the 100 breast (1:04.53) while she was 11th in the 200 breast (2:18.45)...captured the 200 IM at the Carolina College Invitational...named to 2014-15 ACC Academic Honor Roll.

2012-13: Had a solid freshman year...at the Nike Cup, she placed in the top 10 of three individual events and on one relay team, including 6th in the 200-yard breaststroke (2:16.74), 7th in the 100-yard breaststroke (1:03.57) and 10th in the 200-yard IM (2:03.95)...was a part of the 200-yard medley relay that finished 6th (1:42.69)...competed in the 2014 Arena Grand Prix, placing in four events...took fifth place in the 200-meter IM and seventh in the 200-meter breaststroke at the SPEEDO Champions Series Section of Southern Zones in Greensboro...posted career best times in the 100-yard breaststroke and the 200-yard individual medley at the Bulldog Invitational.

Prep: A stellar breaststroker who graduated from Washington High School in her hometown...did her club swimming for the Greenville Aquatic Club where she was coached by Casey Charles...competed for her club for 12 years...member of North Carolina All-Star Team and a Zones Team member...competed in varsity swimming for four years at WHS...captained the team her senior year...the 2012 and 2013 North Carolina state high school champion in the 100-yard breaststroke and runner-up in the 200-yard individual medley...coached in high school by Spencer Pake...member of National Honor Society...an AP Scholar...North Carolina Scholar...honor roll student...junior marshal.

Personal: Full name is Emily Winfield Pfeiffer...stands 5-7 tall...the daughter of Richard and Catherine Pfeiffer...was born April 28, 1995, in Washington, N.C. ...political science major...volunteer at the Marian Cheek Jackson Center for Making and Saving History.



EMILY SLABE

Backstroke/Butterfly
Junior • 5-6
Liberty Township, Ohio •
Ursuline Academy
Countryside YMCA

EMILY SLABE BIO

Career Best Times: 24.60 in the 50-yard backstroke; 53.27 in the 100-yard backstroke; 1:54.64 in the 200-yard backstroke; 54.97 in the 100-yard butterfly; 2:00.35 in the 200-yard butterfly; 4:20.66 in the 400-yard individual medley.

General: Ranks seventh in UNC history in the 200-yard backstroke (1:55.87) and ninth in the 100-yard backstroke (53.98).

2016-17: Active in Leadership Lab in bCLA.

2015-16: Member of ACC Academic Honor Roll...at the 2016 ACC Championships she placed 14th in the 200 backstroke (1:57.42)...placed 16th in the 100-yard backstroke at 2015 Nike Cup Championships (50.55) while placing 16th in the 200 back at 2:02.88.

2014-15: Member of scoring team at ACC Championships...she placed 16th in the 100-yard backstroke and was a championship finalist in the 200-yard backstroke where she finished eighth in 1:57.47...had a pair of Top 20 finishes at the Nike Cup, topped by a 14th place in the 200-yard



Emily Slabe

backstroke...named to ACC Academic Honor Roll...Rising Star in Carolina Leadership Academy...named to 2014-15 ACC Academic Honor Roll.
Prep: Coached by Brad Isham at Urusuline Academy from 2010-14 and Countryside YMCA...in high school, she specialized in 100-yard backstroke and 100-yard butterfly...won four individual state championships, including three in the 100-yard backstroke and one in the 100-yard butterfly...swam on six state championship winning relay teams...won two overall team state championships...state record holder in 100-yard backstroke...All-America in 100 backstroke and 100 butterfly...named the State Championships "Swimmer of the Year" in 2012, 2013 and 2014...at Countryside YMCA, she was named the 2014 Long Course Team Champion...the 2014 50-meter freestyle individual champion at YMCA Nationals...four-time YMCA National Champion overall...YMCA national record holder in 100-yard backstroke...Junior and Senior national qualifier for the Olympic trials in the 100 and 200-meter backstrokes in 2012...member of the National Honor Society...participated in the YMCA Strong Kids Campaign and Relay For Life...Special Olympics volunteer...graduated with honors.
Personal: Full name is Emily Kristin Slabe...daughter of Tom and Gretchen Slabe...was born on May 30, 1996, in Mayfield, Ohio...advertising major...stand 5-6 tall...both parents swam for Bowling Green State University...her sister, Sarah, and brother, Matt, are also swimmers.



NATALIE WARD

Distance Free
Freshman - 5-7
Basking Ridge, N.J. • Ridge
Berkeley Aquatic Club

NATALIE WARD BIO

Career Best Times: 4:52.87 in the 500-yard freestyle; 9:58.67 in the 1000-yard freestyle; 16:40.57 in the 1650-yard freestyle; 4:21.40 in the 400-meter freestyle; 8:53.31 in the 800-meter freestyle; 16:59.19 in the 1500-meter freestyle.
Prep: Attended Salpointe Catholic High School in Tucson, Ariz., from 2012-16...attended Ridge High School in Basking Ridge, N.J. from 2014-16...MVP of high school team two consecutive years...member of 2012 state championship team at Salpointe High School.
Club: Swam for coach Jim Wood at Berkeley Aquatic Club.
Personal: Full name is Natalie Claire Ward daughter of Douglas and Susan Ward...was born July 25, 1998 in Boston, Mass. ...stands 5-7 tall...undeclared major...member of Assist Teens community service club from 2012-14.



ERICA WIRTH

Distance Freestyle
Freshman • 5-4
New Providence, N.J. •
New Providence
Berkeley Aquatic Club

ERICA WIRTH BIO

Career Best Times: 4:53.18 in the 500-yard freestyle; 10:11.54 in the 1000-yard freestyle; 16:36.13 in the 1650-yard freestyle; 4:19.48 in the 400-meter freestyle; 8:48.95 in the 800-meter freestyle; 16:59.53 in the 1500-meter freestyle.
Prep: Alumna of New Providence High School...coach in swimming there by Walter Kempner...won Union County championships in the 200 freestyle and 500 freestyle in both 2015 and 2016...Union County (N.J.) and NPHS record holder in both 200 free and 500 free...participated in Saturdays in Motion (helping autistic children to swim and play)...president's education award of excellence silver certificate...National Honor Society member...honor roll all four years.
Club: Swam for Berkeley Aquatic Club under coach Jim Wood...three-time USA Swimming Scholastic All-America...2016 Olympic Trials qualifier...attended U.S. Swimming National Select Camp in 2015...team record holder in 800 and 1500 freestyles as well as a member of record-setting 200-meter and 400-meter freestyle relays.
Personal: Full name is Erica Wirth...daughter of Patricia Wirth...was born August 10, 1998 in Summit, N.J. ...stands 5-4 tall...business administration major.



The University of North Carolina's proud swimming and diving heritage predates America's entry into World War II. On January 23, 1939, Tar Heel swimmers and divers participated in the school's first varsity intercollegiate swimming meet against the University of Virginia at historic Bowman Gray Pool on the UNC campus.

Since 1939, Carolina's men's teams have posted a cumulative dual-meet record of 586-198-1, a winning percentage of .747. Carolina teams have captured 14 Southern Conference team championships and 17 Atlantic Coast Conference team titles, while posting a 60-3 (.952) Southern Conference dual-meet mark and a 279-70-1 (.799) record in ACC dual meets. On 44 occasions, UNC men's teams have finished amongst the Top 30 teams at the NCAA Championships. Carolina swimmers have also won four individual NCAA championships in the history of the program.

Carolina had women's swimming teams in the early 1970s competing in Association for Intercollegiate Athletics for Women (AIWA) competitions as part of the UNC physical education department with multiple individuals earning All-America honors. The women's swimming and diving program was fully elevated to varsity status and taken under the aegis of the intercollegiate athletic program in the 1974-75 school year. In 42 years, Carolina teams have compiled a 342-75-1 dual-meet record, a winning percentage of .819. Carolina has won 16 ACC championships and never finished lower than third place in the league championships, taking the top spot on 16 occasions, second place on 18 occasions and third place on four occasions.



Tom Luchsinger captured the 2013 U.S. Swimming national championship in the 200-meter butterfly and swam at the World Championships that year.

UNC's record in ACC dual meets is a gaudy 167-28, a winning percentage of .856. Thirty-seven of UNC's 42 women's teams have finished the season ranked in the national Top 30, including 13 straight years from 1976-88 and 10 straight years from 1995 through 2004. The only times Carolina has missed finishing in the Top 30 were in 1975, 1989, 2005, 2006 and 2008. UNC women's swimmers have also won 16 individual national collegiate championships and produced one national championship relay team. Carolina's most recent national championship came in 2012 when Stephanie Peacock won the 1650-yard freestyle and broke Janet Evans' 22-year-old NCAA record in the event.

Roots of the Program Under Dr. Richard Jamerson

While these records demonstrate decades of excellence, one of the program's most important years was 1938. That year marked the completion of historic Bowman Gray Pool and the arrival of Carolina's first varsity coach. Without those events the

Tar Heel swimming program would not exist as we know it today. UNC commemorated the 75th anniversary year of UNC men's swimming and diving in a gala ceremony on October 25, 2013. Carolina began its swimming program with a meet against Virginia on January 23, 1939 at Bowman Gray Pool and 75 years and two days later the Tar Heels and Cavaliers met again in the three-quarters of a century anniversary year at Koury Natatorium with a Tar Heel victory.

Bowman Gray Pool was completed on March 25, 1938, but the first meet was not held until almost a full year later after schedules were arranged to bring outside teams to compete in Chapel Hill. The pool was a gift to



1938: Bowman Gray Opens to the Public

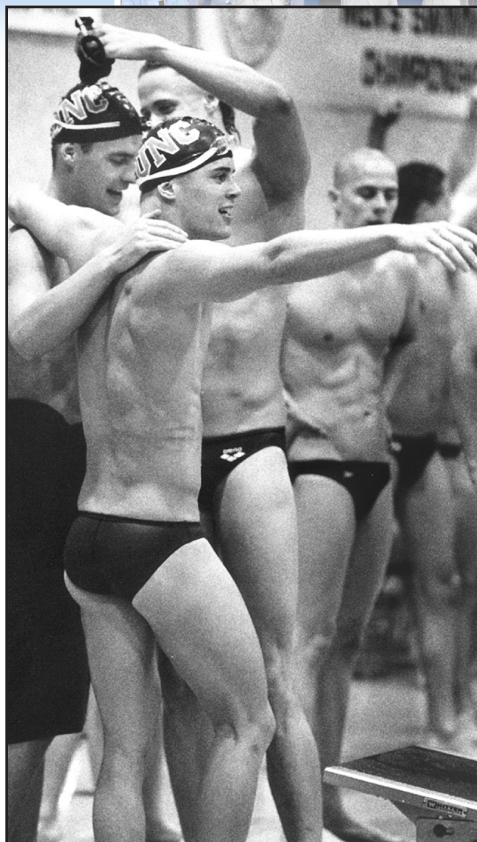
Bowman Gray Pool was the original home of UNC swimming and diving, opening in 1938. UNC moved to Koury Natatorium in 1986 where it has had great success.

the University from Mrs. Bowman Gray, Sr., in the memory of her two sons, Bowman Gray, Jr., and Gordon Gray.

Bowman Gray Pool served as home to the Carolina swimming and diving program from 1938 until the fall of 1986 when the Tar Heels moved into their current home, Maurice J. Koury Natatorium, which is part of the Dean E. Smith Center complex on the UNC campus. Bowman Gray Pool and Koury Natatorium are the only homes



Ann Marshall (right) was a member of the 1972 U.S. Olympic Team in Munich and she won two AIWA individual championships after enrolling at Carolina. She just missed winning a medal in Munich, finishing fourth in her event.



Carolina capped its 1991 ACC championship with a win in the 400-yard freestyle relay, including Mark Sedlak, John Davis and Tod Schroeder (clockwise).

the Tar Heel swimming and diving program have ever known. Koury Natatorium was named for long-time UNC donor Maurice J. Koury.

Dr. Richard E. Jamerson came to UNC in 1938 from Oberlin College in Ohio to take the helm as head coach of the fledgling Tar Heel team. Dr. Jamerson, one of the top coaches in collegiate swimming at the time, served as head coach of the Tar Heel program for 11 years. Five of his squads went undefeated and 10 of his teams won Southern Conference championships.

The annual awards given to Carolina's most valuable, most outstanding and most improved swimmers bear Jamerson's name, as does the timing system at the Maurice J. Koury Natatorium.

Ralph Casey Continues the Tradition

Jamerson turned over the coaching reins to his long-time assistant coach, Ralph Casey, on a full-time basis in 1952. Casey had served as interim head coach in 1949 and as co-head coach with his brother, Willis Casey, in 1946. Willis Casey also coached the 1945 Tar Heel team on his own when Jamerson was on sabbatical from the University.

Ralph Casey guided the Tar Heels to additional championship glory during his tenure from 1949 to 1957. Two of Casey's

teams won Southern Conference titles and another two teams won ACC crowns after UNC became a charter member of the new league in 1953 after its departure from the Southern Conference. Under his direction, the 1955 squad finished fifth in the nation, the 1953 team tied for fifth nationally, the 1957 squad was sixth at the NCAA Championships and the 1949 team took ninth place, giving Casey a quartet of Top 10 teams in his nine seasons as head coach.

In both 1949 and 1957, the bookends of Casey's successful tenure, UNC hosted the NCAA Division I Men's Swimming and Diving Championships at Bowman Gray Pool. The 1949 championships marked the first time any NCAA championship event in any sport on the collegiate level had been held in the southern part of the United States. However, a visit to Bowman Gray Pool today would lead one to believe that it would have been difficult to host an NCAA Championship in the tiny facility. Somehow UNC pulled it off, not once, but twice, and both times with aplomb.

Pat Earey took over as UNC's head coach in 1958 and continued the remarkable swimming success experienced by the UNC squad in Chapel Hill. His teams won a sterling .711 percentage of their dual meets, and they captured five ACC championships before he retired in 1974.

Women's Swimming & Diving Added to Program

With the addition of women's swimming and diving as a full-level varsity sport in 1974-75 by the athletic department, the program had split head coaches for the only time in its history as Paul Doty, who was then Carolina's head men's lacrosse coach, coached the men for one season and Maxine Forrest coached the women the same season.

Jim Wood was then brought in to coach both teams and, after an outstanding two-year coaching run, he returned to a successful club coaching career in New Jersey where he now coaches the Berkeley Aquatic Club. Wood was responsible for recruiting



Eric Ericson earned first-team All-America honors in backstroke events from 1981-84. Norm Sper, Ericson and Joe Kinderwater are the only 4-time 1st-team All-Americans in UNC lore.

some of the amazing swimmers who fueled the early success Carolina had at the national AIAW level in the late 1970s.

The program's next head coach, Frank Comfort, was hired away from NCAA Division III power Johns Hopkins to take command of both the men's and women's teams in 1977. Comfort arrived in Chapel Hill after having just led the Blue Jays'



In 1996, the Tar Heel women's swimming and diving team won its sixth successive ACC championship.

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men's squad to an NCAA Division III championship in 1977 after attaining runner-up finishes in both 1975 and 1976.

Comfort continued Carolina's swimming success over his 30-year tenure in Chapel Hill. His men's teams won over 71 percent of their dual meets and the women's teams captured over 83 percent of their dual meets under his tutelage. His 1983 men's squad captured the school's first ACC title in the sport in 19 years and the 1988 and 1989 teams won back-to-back league crowns for the first time since 1963 and 1964.

With six titles in a row, the 1993 through 1998 men's teams became the first UNC teams since 1956-59 to capture as many as four ACC crowns in a row. The men also made decided progress on the national level. The 1993 team finished 14th, the best Tar Heel national finish since 1967, and the 1996 team had an outstanding 15th-place standing.

The women finished in the Top 25 in the nation in 25 of the 30 seasons during Comfort's tenure and Carolina won 16 of the 29 ACC championships contested during Comfort's tutelage of the program. His women's team's won 55.2 percent of the ACC championships decided during his coaching tenure while the rest of the league split up the other 44.8 percent during that time span. On 11 of the other 13 occasions when UNC did not claim the title, the Tar Heels were conference runners-up, an amazing string of consistency.

Comfort's swimmers also did extremely well in the classroom. His final year was the 20th school year in a row that Carolina's swimming and diving contingent placed at least 21 members on the ACC Academic Honor Roll as 41 were named to the academic list in 2006-07. Beginning

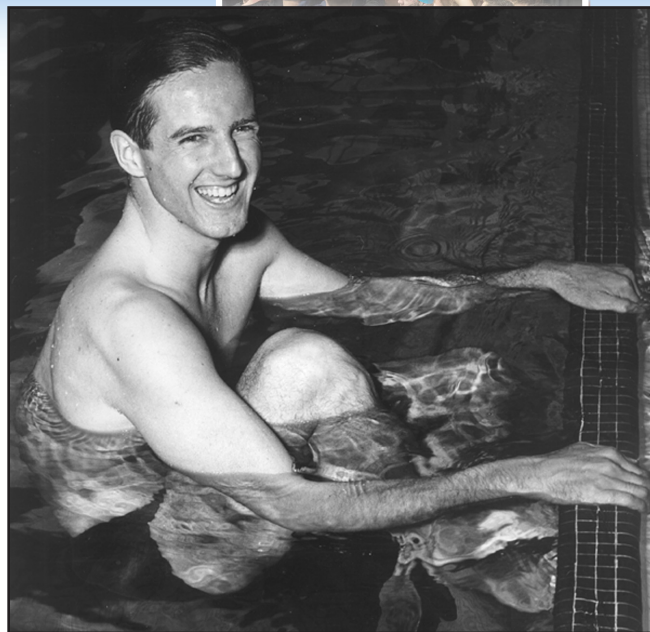
with the 1987-88 school year and continuing through the end of Comfort's tenure, UNC swimming placed 21, 21, 22, 23, 24, 23, 24, 25, 25, 27, 33, 30, 38, 43, 37, 35, 23, 34, 33 and 41 individuals on the ACC Academic Honor Roll.

The Tar Heels have continued their academic prowess in Coach Rich DeSelm's nine years as head coach as 34 individuals were tapped for the ACC Academic Honor Roll in 2007-08, 38 more made the list in 2008-09, another 38 earned such honors in 2009-10, 32 made the list in 2010-11, another 40 were selected in 2011-12 and 36 Tar Heels were on the Honor Roll in 2012-13. In 2013-14, a program record 45 individuals made the ACC Academic Honor Roll and another 38 selections made the list in 2014-15. UNC matched its program record of 45 ACC Academic Honor Roll selections in 2015-16.

At the end of the 2006-07 school year Comfort retired from coaching after 30 years at Carolina and nine years previous to that at Johns Hopkins. At the time of his retirement, no coach in collegiate history had won more dual meets in their career than Comfort did as he finished with 578 victories. While setting the record, Comfort broke the previous mark held by legendary Yale coach, Robert J. H. Kip-huth, the head mentor of the Bulldog program for 42 year. Carolina's swimming success since the program's inception cannot be credited only to the outstanding coaches who have directed Carolina's swimming fortunes. The program has also been distinguished by a long string of outstanding swimmers and divers.

A Who's Who of Great Talent

Eight Tar Heel swimmers have been honored as recipients of the Patterson Medal as the school's outstanding senior athlete student-athlete, an amazing number for the sport given Carolina's rich athletic heritage in so many other sports, particularly men's basketball and women's soccer. Among those eight



Norm Sper was a four-time 1st-team All-America in the pool from 1947-50 while also serving as UNC's head cheerleader where he started the Victory Bell tradition between UNC and Duke.

recipients are three outstanding women who have won the school's highest athletic award, including the first woman to ever win the award.

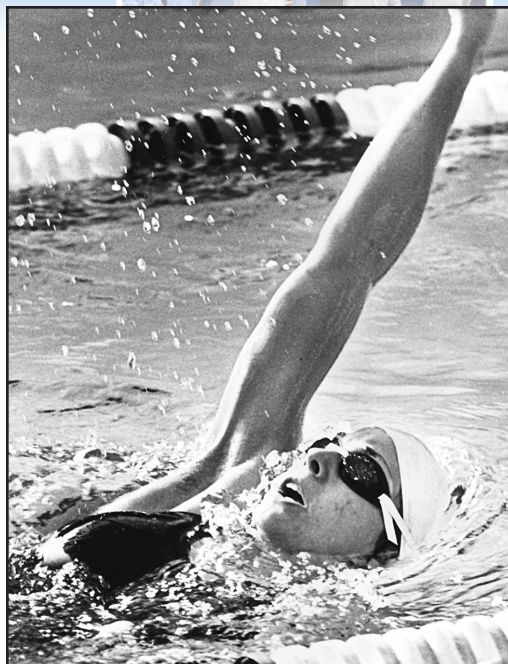
Jamerson's early teams were full of stars. They included Denny Hammond of Atlanta, Ga., who in 1942 established a national intercollegiate backstroke record; George Whitner of Jacksonville, Fla., who established a national freshman breast-stroke mark in 1942; and Buddy Crone of



Home Pool Advantage! Charlie Krepp won both national backstroke titles at the 1957 NCAA Championships in Bowman Gray Pool.



In 2003, Jessi Perruquet added to the list of UNC NCAA champions when she shared the title in the 200-yard freestyle.



Sue Walsh ranks as the most decorated swimmer in ACC women's history with 10 individual national collegiate titles to her credit.

Goldsboro, N.C., who was the head varsity cheerleader at Carolina and the winner of a national junior Amateur Athletic Union (AAU) diving title.

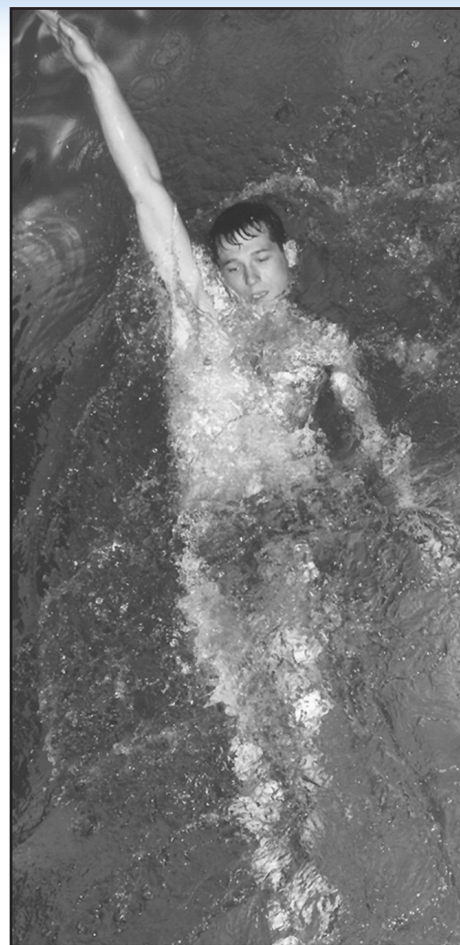
Several Tar Heels in the early era of the North Carolina swimming program won the Southern Conference's Most Valuable Swimmer recognition, including Fleming Stone in 1940, Denny Hammond in 1943, Dick Twining in 1948, Jimmy Thomas in

1949, 1950 and 1951 and Donnie Evans, who was the co-winner with Jimmy Thomas in 1951.

Another one of the outstanding student-athletes in early Carolina swimming and diving history was the remarkable Norm Sper (1947-50). Sper both swam on the team and was an outstanding diver. He accomplished all this while also serving as Carolina's head cheerleader during the Charlie Justice football era on campus. He paired with the head cheerleader at Duke to begin the Victory Bell tradition in football between the two schools.

Sper is one of only three men in the program's illustrious history to be named a first-team All-America during each of his four years in school, the others being Eric Ericson from 1981-84 and Joe Kinderwater from 2008-11. In 1949, Sper won the National Amateur Athletic Union men's platform diving championship in Los Angeles, Calif.

Sper's tremendous diving feat was equaled in 1950 by one of the greatest of all Carolina athletes, Sara Wakefield. Born in Charlotte, N.C., Wakefield grew up in Palm Beach, Fla., At age 22, Wakefield won the 1950 women's one-meter AAU national diving championship in her hometown of Palm Beach with a score of 133.90 points. The win came during Wakefield's senior year at Carolina. Don Draper served as Wakefield's diving coach at UNC. Wakefield, while at Carolina, also won the Southeastern AAU championship in 1950 in Atlanta, and the Florida state title and national junior championship in



Thompson Mann was an Olympic gold medalist in Tokyo and the first man to swim the 100 meters backstroke in less than a minute.

1949.

The Greatest Swimmer In Southern History

Jimmy Thomas, the Patterson Medal recipient in 1951, was a versatile swimmer who won two AAU national individual medley championships and one AAU national backstroke crown during his career. He established 10 American records, four NCAA standards and seven Southern Conference marks while a swimmer at UNC

In 1950, Thomas, considered by many to be the top swimmer in Southern history, became the first swimmer in NCAA annals to be named an All-America in four different individual events in the same year. He completed his career having never lost a race in conference competition in the 220- and 440-yard freestyle events. At the 1949 NCAA Championships in Bowman Gray Pool, Thomas was the meet's top individual point scorer, with his best finish being a second place in the 150-yard backstroke.

Buddy Baarcke, who was a contemporary of Thomas while at Carolina, set a world record in the 100-yard butterfly in 1954. He was the first swimmer in history to go under one minute in the 100-yard distance

Carolina's Men's Collegiate National Champions

Name	Event	Year	Winning Time
Phil Drake	200-Yard Butterfly	1955	2:13.7
Charlie Krepp	100-Yard Backstroke	1957	58.1
	200-Yard Backstroke	1957	2:07.8
Phil Riker	100-Yard Butterfly	1966	51.19

Carolina's Women's Collegiate National Champions

Name	Event	Year	Winning Time
Ann Marshall	200-Yard Freestyle	1976	Unknown
	200-Yard Backstroke	1976	Unknown
Bonny Brown	100-Yard Individual Medley	1977	Unknown
Sue Walsh (back)	200-Yard Medley Relay	1981	1:42.63
Amy Pless (breast)			
Cami Berizzi (fly)			
Barb Harris (free)			
Sue Walsh	50-Yard Backstroke	1981	25.97
	100-Yard Backstroke	1981	55.60
Barb Harris	50-Yard Butterfly	1982	24.82
Sue Walsh	50-Yard Backstroke	1982	25.64
	100-Yard Backstroke	1982	54.81
	200-Yard Backstroke	1982	1:59.47
Sue Walsh	50-Yard Backstroke	1983	25.85
	100-Yard Backstroke	1983	55.62
	200-Yard Backstroke	1983	1:59.05
Sue Walsh	100-Yard Backstroke	1984	55.32
	200-Yard Backstroke	1984	1:59.84
Jessi Perruquet	200-Yard Freestyle	2003	1:45.01
Stephanie Peacock	1650-Yard Freestyle	2012	15:38.79

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Sam Lewis won the ACC championship in the 100-yard butterfly in 2016, the team's first ACC individual crown in three years.

of three different strokes — butterfly, backstroke and freestyle — and he won both gold and bronze medals at the 1955 Pan American Games in Mexico City, Mexico. Other top men's swimmers included 1955 NCAA 200-yard butterfly champion Phil Drake; Charlie Krepp, who won NCAA titles in the 100- and 200-yard backstrokes while swimming in the 1957 NCAA Championships at Carolina's Bowman Gray Pool; Harrison Merrill, the 1965 Patterson Medal recipient who was a three-time All-America and the winner of seven individual ACC titles; and 1966 NCAA 100-yard butterfly titlist Phil Riker, who was also a member of the 1964 U.S. Olympic Team in Tokyo where he placed fourth in the 200-meter butterfly.



In 2010, Chip Peterson became the most recent Tar Heel swimmer to win the Patterson Medal as UNC's top senior student-athlete.

Olympic Gold Medalist Thompson Mann

Arguably the finest men's swimmer in Carolina history was Thompson Mann. A three-year All-America selection, Mann was a 1964 Olympic gold medalist as the leadoff swimmer on the United States' victorious 4x100-meter medley relay squad. He set a world record at the Tokyo Olympic Games in the 100-meter backstroke during that race and was the first person to ever smash the one-minute standard at that distance, clocking a time of 59.8 seconds.

Other outstanding men's swimmers at Carolina have included Ken Ireland, a backstroker who was the Most Valuable Swimmer

at the 1979 ACC Championships and a first-team All-America in both 1979 and 1980; Eric Ericson who, like Norm Sper, was a four-year first-team All-America, as well as the 1984 ACC Championships MVP and winner of seven ACC individual titles during his career; and Chris Stevenson, a multi-faceted swimmer who competed in the 1984 Olympic Games as a dual citizen of Greece and was the Most Valuable Swimmer at the 1986 ACC Championships.

The list continues with the incredibly gifted John Davis, who twice was the ACC Championships MVP, was the 1990 ACC Swimmer-of-the-Year, and who also set the ACC record for career individual men's championships with 11; David Monasterio, who was the ACC Swimmer-of-the-Year in 1991, a two-year first-team All-America, a three-time medalist swimming for Puerto Rico in the 1991 Pan American Games in Havana, Cuba and a member of the 1992 Puerto Rican Olympic Team.

Swimming alongside Monasterio were the likes of James Hamrick, who was a first-team All-America both his junior and senior years, a Chapel Hill native and the son of a former Carolina swimming team



UNC swimmers Michael Pigassou, Yuri Suguiyama and Justin Donato swept the podium in the 200-yard freestyle at the 2003 ACC meet, electrifying the Koury Natatorium crowd.

captain and ACC champion, Harvey Hamrick; and Yann deFabrique, who swam for France in the 1992 and 1996 Olympics, placing as high as 14th in the 400-meter freestyle in 1992 in Barcelona. Yann deFabrique went on to win three medals for the French squad in the 1993 World University Games in Buffalo, N.Y., and two medals for France at the 1995 World University Games in Fukuoka, Japan.

Two 1997 alumni, Steve Bonack and Jeff Weiss, also added their names to the list of great swimmers at Carolina. Both were All-America breaststrokers at UNC. Trevor Runberg, '98, was a gifted UNC swimmer for four years, being named ACC Co-Swimmer of the Year in 1996 and earning a spot on the U.S. team that competed at the World Championships in 1998.

In 1999, the top senior swimmers included Tucker Shade, a three-time ACC champion in the 100-yard butterfly and a four-time All-America selection, and Ted Brisson, the former ACC record holder in the 100-yard backstroke and a two-time College Sports Information Directors of America/Verizon Academic All-America selection. Shade held the ACC record in the 100-yard butterfly for 11 years before it

Carolina's Olympians

Name	Country Represented	Year	Olympic Site
Stan Tinkham (Women's Head Coach)	United States	1956	Melbourne
Thompson Mann	United States	1964	Tokyo
Phil Riker	United States	1964	Tokyo
Ann Marshall	United States	1972	Munich
Janis Hape	United States	1976	Montreal
Wendy Weinberg	United States	1976	Montreal
Sue Walsh	United States	1980	Moscow
Chris Stevenson	Greece	1984	Los Angeles
Yann deFabrique	France	1992	Barcelona
David Monasterio	Puerto Rico	1992	Barcelona
Yann deFabrique	France	1996	Atlanta
Yi-Khy Saw	Malaysia	2004	Athens



broken by UNC's Tommy Wyher in 2009.

In the past 15 years, Carolina has produced the likes of Sean Quinn, two-time ACC champion and three-time All-America in the 200-yard breaststroke, and Yuri Suguiyama, a 2004 first-team All-America and a back-to-back ACC champion in the 200-yard freestyle in 2003 and 2004. Both swimmers went into the coaching profession – Quinn at UNC and as head coach

of the North Carolina Aquatic Club and Suguiyama at the Nation's Capital Swim Club in Maryland and now at the University of California. A contemporary of Quinn and Suguiyama was Canada native Eric Poitras, who won the ACC championship in three-meter diving in 2004 and was named the ACC Championships diving MVP the same year. Poitras accomplished his MVP feat exactly one decade after Joe Craft

had done so in 1994. When he won the award, Craft became UNC's first diving MVP in the conference since 1958.

More recent Tar Heel standouts include Hank Browning, who won back-to-back ACC championships in the 200-yard freestyle in 2006 and 2007, as well as Chip Peterson, a multiple world champion in open water swimming, a member of the U.S. Swimming Open Water National Team for most of the past decade and a first-team All-America in 2007. Peterson won the ACC title in the 1650-yard freestyle as a senior and captured the Patterson Medal as the University's outstanding senior men's athlete in 2009-10. He has continued his open water career following graduation and was most recently named a member of the U.S. National Teams in the sport three straight years from 2014-16. He had one of the best summers of his career in open water swimming in 2015, winning the gold medal at 10 kilometers in the Pan American Games in Toronto.

The 2011 crop of Tar Heel seniors included incomparable talents like Tyler Harris, Joe Kinderwater and Tommy Wyher. Harris, a Richmond, Va., native finished third in the 400-yard individual medley at the 2011 NCAA Championships, UNC's best individual NCAA finish since Phil Riker won an NCAA title in 1966 in the 200-yard butterfly. Harris won two ACC titles as a senior and rewrote the Tar Heel record book in the 200 and 400 IMs, both long course and short course. In the summer of 2011, he finished second in the 200-meter IM at the U.S. Swimming Nationals, took the bronze medal in the 400-meter IM at the World University Games and was named to the U.S. Team for the 2011 Pan American Games in Mexico. Harris was named to the 2011 U.S. Swimming National Team with Tar Heel teammate Tom Luchsinger, a 2013 alumnus. Harris was also a U.S. Olympic Trials finalist in 2012.

Kinderwater's fifth-place finish in the 1650-yard freestyle at the 2008 NCAA Championships began a streak of four successive Top 8 NCAA finishes in the event for the Lancaster, Pa., native. His freshman year finish was the

Carolina's ACC Top 50 Honorees

Eleven University of North Carolina men's swimmers and 22 Tar Heel women's swimmers headlined the list of the 50 greatest Atlantic Coast Conference men's and women's swimmers and divers of all time, announced in September 2002 by the ACC. The team encompassed the first 50 years of conference action from 1953-2002.

As part of its 50th anniversary celebration, the ACC recognized the all-time greatest athletes in conference history in each sport. With 33 of the top 100 swimmers in conference history, UNC's total stood at the top of the list among ACC schools.

UNC's total number of 279 ACC Top 50 selections in all sports led all league schools. North Carolina swimmer Sue Walsh was recognized as one of the 50 greatest women's athletes in ACC history.

Following is the complete list of Tar Heel honorees for men's and women's swimming and diving:

MEN

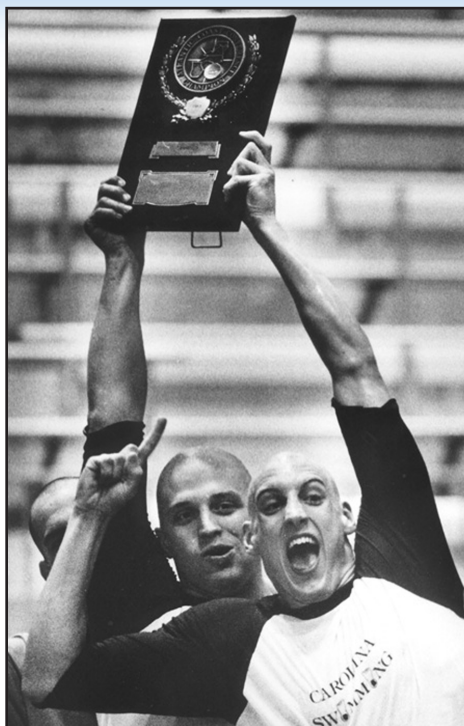
Name	Years
John Davis	1988-91
Yann deFabrique	1992-95
Phil Drake	1953-55
Eric Ericson	1981-84
Kenny Ireland	1978-81
Charlie Krepp	1955-57
Thompson Mann	1962-64
Harrison Merrill	1963-65
David Monasterio	1990-93
Phil Riker	1966-68
Trevor Runberg	1995-98

WOMEN

Name	Years
Erika Acuff	1997-2001
Cami Berizzi	1981-84
Bonny Brown	1977-80
Melanie Buddemeyer	1985-89
Melissa Douse	1989-92
Lauren Dupree	1977-80
Richelle Fox	1997-98
Kari Haag	1993-96
Janis Hape	1977-80
Barb Harris	1979-82
Katie Hathaway	1999-2002
Gayle Hegel	1980-83
Ann Marshall	1976-79
Chrissy Miller	1995-98
Susan O'Brien	1985-88
Sarah Perroni	1990-93
Jessi Perruquet	2001-04
Amy Pless	1981-84
Leslie Ramsey	1992-95
Sue Walsh	1981-84
Christy Watkins	2000-03
Polly Winde	1983-86

Athletic Director's Scholar-Athlete Award Winners

Year	Recipient
1986	Sarah Durstein (W) Chris Stevenson (M) Martha McCann (W) Doug Sawyer (M)
1987	Erika Schmidt (W) Scott Fuller (M)
1988	Amy Pritchard (W) Craig Silliman (M)
1989	Natalie Gould (W) Jon Austin (M)
1990	Heather Nottingham (W) Marc Ferguson (M)
1991	Melissa Douse (W) Ralph Vick (M)
1992	Jenny Huber (W) James Hamrick (M)
1993	Shannon Howes (W) Chris John (M)
1994	Alison Conrad (W) Drew Sechrist (M)
1995	Kari Haag (W) Matt Branum (M)
1996	Cara Dunaway (W) Matt Branum (M)
1997	Richelle Fox (W) Millie Long (W) Eric Fehr (M)
1998	Beth Schlessman (W) Ted Brisson (M)
1999	Kelly McLaughlin (W) Jennifer Strasburger (W) Christian Zuburg (M)
2000	JoAnn Overton (M) David Slawinski (M)
2001	Katie Hathaway (W) Seth Laughlin (M)
2002	Laura Collier (W) Stephen Mohr (M)
2003	Jessi Perruquet (W) Becky Acker (W)
2004	Yuri Suguiyama (M) Jessie Brosch (W)
2005	John Hartmann (M) Patrick Woodruff (M)
2006	Lizzy Bruce (W) Gia Santoro (W)
2007	Jon Fox (M) Emily Reardon (W)
2008	Keith Laabs (M) Laura Filip (W)
2009	Yi-Khy Saw (M) Lindsay McIlvain (W)
2010	Chip Peterson (M) Megan Steeves (W)
2011	Joe Kinderwater (M) Katura Harvey (W)
2012	Victor Leclere (M) Jenna Moore (W)
2013	Brett Nagle (M) Jackie Rudolph (W)
2014	Brad Dillon (M) Meredith Hoover (W)
2015	Tyler Hill (M) Kelly Corish (W)
2016	Sam Lewis (M) Emma Nunn (W)



Co-captains Mark Welker and Tim Sutton lift the ACC championship trophy in 1983, UNC's first league title in 19 years.

best individual placing by a Tar Heel men's swimmer in 15 years. The following summer, he went on to be a finalist in the 1500-meter freestyle at the 2008 Olympic Trials. Kinderwater was named in 2009 as a member of both the U.S. National Team and the U.S. Open Water National Team. Kinderwater joined Norm Sper (1947-50) and Eric Ericson (1981-84) as the only three four-time first-team All-Americans in UNC history. He owns Carolina records in the 1000 and 1650 freestyles.

In both 2009 and 2010, Tommy Wyher captured attention by winning ACC championships in the 100-yard butterfly and 100-yard backstroke on the same day, setting ACC records in both events in the process. He ended up sweeping four ACC titles in the 100 back, becoming only the 20th swimmer in ACC history to win the same event all four years. In 2010, he made first-team All-America when he finished fifth at the NCAA meet in the 100-yard butterfly. Wyher closed his career with two ACC records and the school mark in the 200 back.

Carolina's 2012 Senior Class was another accomplished one. The class helped lead UNC to NCAA finishes of 15th in 2010, 14th in 2011 and 14th in 2012. That marked the first time since 1956-58 that Carolina had posted three straight national Top 15 finishes. As a senior in 2012, Milwaukee native Steve Cebertowicz posted Top 6 NCAA finishes in both the 50- and

100-yard free-styles. No Tar Heel had pulled off the double of first-team All-America accolades in those two events since Pete Worthen in 1965.

The most recent accomplished men's standout was Tom Luchsinger, the 2013 ACC Swimmer of the Year. He was the first Tar Heel to win the award since 1996. In 2013, Luchsinger won the U.S. Swimming national championship in the 200-meter butterfly, Carolina's first U.S. national champion since 1996 and only the fifth time a Tar Heel had won an event at U.S. nationals. He swam for the U.S. in the 2013 World Aquatics Championships, the first Tar Heel to do so since 1998.

The 2016 men's senior class was again an impressive one as it rewrote the Tar Heel record book in every relay. It was led by first-team All-America Sam Lewis, the 2016 ACC champion in the 100-yard butterfly.

Talented Women Since the Inception

In 1976, Ann Marshall, the first female swimmer to receive an athletic scholarship at UNC, captured Association for Intercollegiate Athletics for Women (IAIW) national championships in the 200-yard backstroke and 200-yard freestyle. Marshall, a 1972 Olympian at only age 14, was followed to campus a year later by Bonny Brown, who in 1980 became the first female recipient of the Patterson Medal as UNC's outstanding senior student-athlete. Brown was a gold medalist at the 1975



Coach Frank Comfort retired after 30 years as head coach in 2007. His women sent him out on a winning note with the school's 16th ACC title.

Pan American Games in Mexico City and, a year later, she established the American record in the 100-meter freestyle. In 1977, she won the AIAW national championship in the 100-yard individual medley and later that summer she was a gold medalist for the U.S. Team at the World University Games.

Hot on the heels of Brown came the incomparable Sue Walsh. The greatest swimmer ever to spend most of his or her competitive career swimming in the state of North Carolina, Walsh won 10 national collegiate individual championships and was on one national championship relay squad as a collegian. She was named the Most Valuable Swimmer at the ACC Championships three times and was an American record holder in the 50- and 100-yard backstrokes and the 100-meter backstroke. Walsh won the Patterson Medal as UNC's outstanding senior student-athlete in 1984, edging out basketball great Sam Perkins in the process. In 1983, she was named the North Carolina Athlete-of-the-Year for all professional and amateur sports by the Greensboro News & Record.

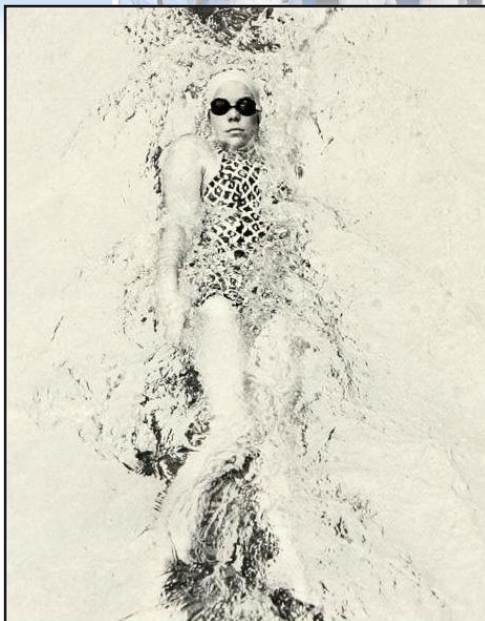
Walsh was joined on the U.S.'s 1982 World Championships and 1983 Pan American Games teams by Tar Heel teammate Polly Winde, an individual medleyist and breaststroker extraordinaire, who also

Academic All-America Selections (Chosen by the College Sports Information Directors of America)

Year	Team	Recipient
1983	2nd Team	Sue Walsh
1984	1st Team	Sue Walsh
1997	3rd Team	Matt Branum
1998	2nd Team	Ted Brisson
	3rd Team	Eric Fehr
	1st Team	Richelle Fox
1999	1st Team	Ted Brisson
2003	1st Team	Stephen Mohr
	1st Team	Jessi Perruquet
2009	3rd Team	Katura Harvey
	3rd Team	Chip Peterson
2010	2nd Team	Chip Peterson

Patterson Medal Winners (Awarded Annually to the Outstanding Senior Men's and Women's Student-Athletes at UNC since 1924)

Name	Year
Denny Hammond	1944
Jimmy Thomas	1951
Cecil Milton	1952
Harrison Merrill	1965
Bonny Brown	1980
Sue Walsh	1984
Katie Hathaway	2002
Chip Peterson	2010



Bonny Brown was a national champion in 1977 and the first female Paterson Medal recipient in 1980.

had a standout Carolina career. Winde finished second in the 400-yard individual medley at the 1984 NCAA meet and is married to former Tar Heel baseball star B.J. Surhoff, an MLB standout for two decades, primarily with the Baltimore Orioles and Atlanta Braves. Winde was inducted into the Maryland Swimming Hall of Fame, which also includes UNC swimmer and U.S. Olympian Wendy Weinberg, Class of 1980, and former Tar Heel head coach Frank Comfort.

Other outstanding swimmers of the early 1980s included Barb Harris, the 1982 NCAA champion in the 50-yard butterfly, and Amy Pless and Cami Berizzi, who combined with Walsh and Harris to win the AIAW national championship in the 200-yard medley relay in 1981. From 1981-84, UNC finished third twice, fifth once and sixth once in the national meet.

The ACC MVPs

Several Tar Heel women have been

named the Most Valuable Swimmer at the ACC Championships, including Cindy Shirey in 1979, Gayle Hegel in 1980, Sue Walsh in 1981, 1983 and 1984, Susan O'Brien in 1985 and 1988, Melissa Douse in 1992, Kari Haag in 1995, Chrissy Miller in 1996 and 1998, Richelle Fox in 1997 and Stephanie Peacock in 2012.

Another top swimmer for Carolina was Melanie Buddemeyer, a two-time first-team All-America. Buddemeyer is one of just 11 women's swimmers in ACC history to sweep an individual event all four years of her eligibility. Buddemeyer accomplished the feat in two events, winning titles in both the 100- and 200-yard butterfly events in 1985, 1986, 1987 and 1989. Also duplicating that feat were Walsh in the 100- and 200-yard backstrokes (1981-84), Polly Winde in the 400-yard individual medley (1983-86) and Christy Watkins in the 50-yard freestyle from 2000-03.

A complete list of the great Carolina swimmers must include Sarah Perroni, Class of '93. A three-year first-team All-America, Perroni finished fourth in the 50-yard freestyle at the 1993 NCAA Championships, won a pair of medals at the 1993 World University Games and participated on the American Team at the 1993 Pan Pacific Championships in Kobe, Japan. She also swam in the Short Course World Championships in December 1993 in Mallorca, Spain and was a member of the U.S. Swimming Resident National Team training in Colorado Springs, Colo., for two years.

Another great Tar Heel sprinter was Jessi Perquet who swam at Carolina from 2001-04. Perquet was the winner of multiple individual and relay ACC championships and she was the 2003 NCAA co-champion in the 200-yard freestyle. Perquet was the ACC Swimmer-of-the-Year in 2003 and was named to the Top 50 ACC women's swimmers of all-time.

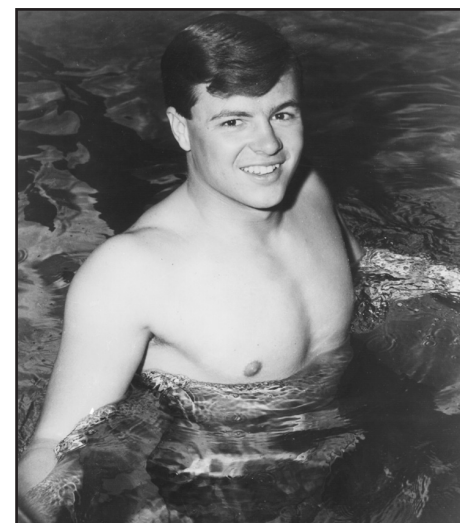
Another tremendous freestyler was Kari Haag, who graduated from Carolina in 1996. Haag was the ACC Swimmer-of-the-Year in both 1995 and 1996 and she came close to winning UNC's first national title in 11 years in 1995 when she finished second at the NAAs in the 200-yard freestyle.

Haag is married to Brad Woodall, a former star pitcher for the Tar Heel baseball



Richelle Depold Fox was a two-time ACC Swimmer of the Year and twice the NCAA runner-up in the 100 butterfly.

team who spent several years in the major leagues with the Atlanta Braves, Chicago Cubs and Milwaukee Brewers. Richelle Depold Fox, a transfer from UCLA who was married to U.S. Olympic gold medalist David Fox while she was in college and he was serving as an assistant coach to Frank Comfort, was the 1997 and 1998 ACC Women's Swimmer-of-the-Year. She had six top eight finishes in championship finals at the 1997 and 1998 NCAA meets, including a pair of second-place finishes in the 100-yard butterfly. Fox was named to the U.S. squad for the 1999 Pan Pacific Championships. She was joined on that team which competed in Sydney, Australia



1964 U.S. Olympian Phil Riker won the 1966 NCAA title in the 100-yard butterfly. He placed 4th in the 200-meter fly at the 1964 Olympics.



Tar Heels honored on the 50th anniversary of the ACC all-time team included Trevor Runberg, Charlie Krepp, Phil Drake, Eric Ericson and Ken Ireland.



Likely the most talented individual medley swimmer in UNC history, Tyler Harris won multiple ACC titles and All-America honors.

by Kari Haag and by Molly Freedman, later a standout butterfly at UNC.

Besides Perruquet, the most recent 15 years has featured the likes of Katie Hathaway, Erika Acuff Erndl, Christy Watkins and Whitney Sprague. Acuff won a slew of ACC titles at Carolina from 1997-2001 and went on to a spectacular master's swimming career, repeatedly breaking UNC long course standards over the past decade. At age 33, Acuff Erndl was named to the American Team for the 2011 Pan American Games in Mexico. Hathaway was a multiple ACC champion and first-team All-America and winner of the Patterson Med-

al in 2002. Watkins won four successive ACC titles in the 50 free from 2000-03 and three straight conference crowns in the 100 back (2000-02). She broke Sue Walsh's 17-year-old ACC record in the 100 back in 2000. Whitney Sprague was one of the greatest distance swimmers in UNC history, holding ACC standards in the 500, 1000 and 1650 freestyles during her tenure at UNC. Sprague finished third in the 1650 at NAAs in 2007 and then posted second-place finishes in both 2008 and 2009. Her 500-yard freestyle ACC record was broken by Tar Heel freshman Stephanie Peacock in 2011.

Peacock had one of the greatest seasons in UNC history in 2011-12, sweeping ACC Swimmer of the Year and Most Valuable Swimmer at the ACC Championships honors. Peacock set ACC records in the 500, 1000 and 1650 freestyles and won ACC titles in the 200, 500 and 1650 freestyles. At the 2012 NCAA Championships in Auburn, Ala., she won Carolina's first individual NCAA championship in nine years as she captured the title in the 1650-yard freestyle in 15:38.79, breaking the 22-year-old NCAA record held by Olympic gold medalist Janet Evans. Peacock bettered NCAA records in the 1000-yard and 1650-yard freestyle at the Ohio State Invitational in December 2012 and again broke her 1000-yard mark in March 2014. She missed the second half of her junior year due to illness but returned to compete for the U.S. in the 2013 World University Games, winning gold and a silver medals. At the 2015 World University Games Peacock won a bronze medal in 10-kilometer open water swimming in South Korea. She finished third in the 800-meter freestyle at the 2016 U.S. Olympic Trials.

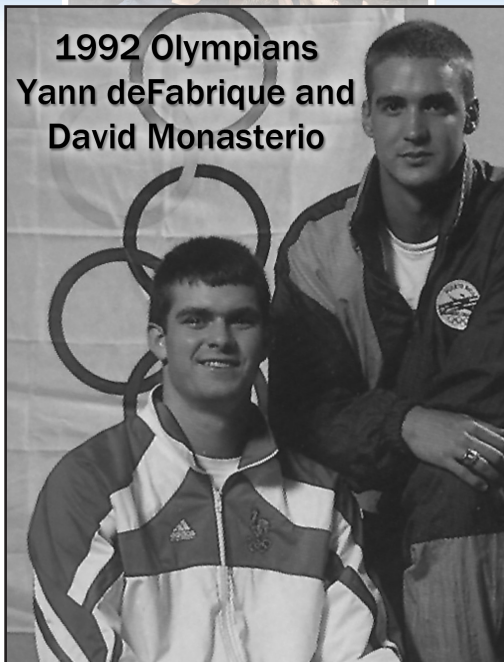
In 2013, Cari Blalock, who specialized in IM and butterfly, won ACC Swimmer of the Year honors as a Tar Heel claimed the prize a second straight year. Teammate Meredith Hoover earned back-to-back first-team All-America honors in the 200-yard butterfly in 2013 and 2014. Danielle Siverling was the top senior on the 2015 team, winning ACC championships and first-team All-America honors during her career in middle distance freestyle events.

Tar Heels On International Teams

UNC swimmers have also been fixtures competing in international and Olympic-related competitions. That has especially been true since the mid-1970s. Starting with Bonny Brown's appearance in the 1977 World University Games in Sofia, Bulgaria, other Tar Heels



1992 Olympians Yann deFabrique and David Monasterio



Yann deFabrique and David Monasterio represented France and Puerto Rico in Barcelona at the 1992 Olympic Games. They were both All-America swimmers at Carolina.

invited to that biannual competition have been Barb Harris and Gayle Hegel in 1979 at Mexico City, Mexico; Sue Walsh in 1981 at Bucharest, Romania; Eric Ericson and Sue Walsh in 1983 at Edmonton, Canada; Melanie Buddemeyer in 1985 at Kobe, Japan; Melanie Buddemeyer and Susan O'Brien in 1987 at Zagreb, Yugoslavia; Sarah Perroni, James Hamrick, Yann deFabrique and individual medley standout Carrie Szulc in 1993 at Buffalo, N.Y.; Yann deFabrique, Kari Haag and Trevor Runberg in 1995 at Fukuoka, Japan; Jessi Perruquet and Jessie Brosch in Daegu, South Korea in 2003, and Whitney Sprague and Stephanie Eisenring in 2009 in Belgrade, Serbia. Sprague won the gold medal in the 800-meter freestyle at the 2009 event.



The 1997 Tar Heels won the fifth of six ACC titles in a row. The record string of 6 straight from 1993-98 is the longest in Carolina history.



Carolina's 1993 ACC champion 800-yard freestyle relay team - Jenny Huber, Kari Haag, Shannon Allison, Sarah Perroni.



Susan O'Brien was one of the most prolific backstrokers in UNC history and was named to the ACC's 50th Anniversary Team in 2003.

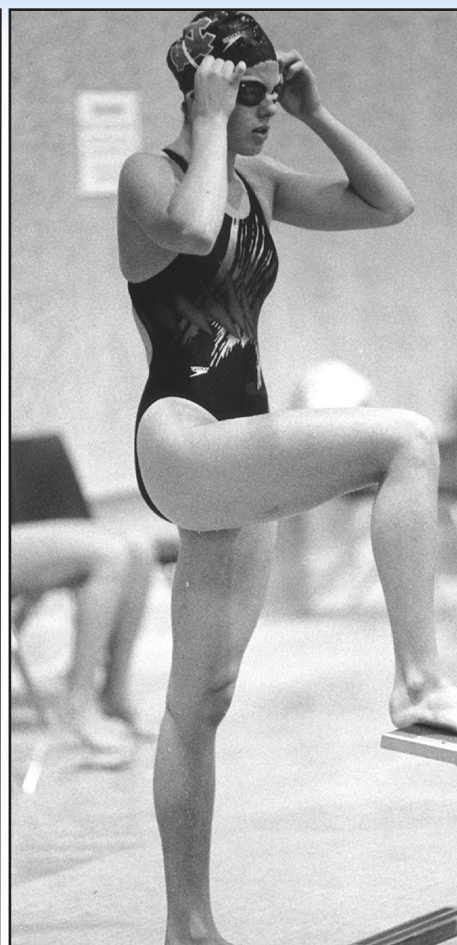
Perruquet won two silver medals at the 2003 World University Games. Haag won a gold medal at the 1995 World University Games as a member of the U.S.'s 800-meter freestyle relay squad, while Yann deFabrique won three medals at the 1993 World University Games and two more medals at the 1995 World University Games. Buddemeyer and O'Brien also swam together at Brisbane, Australia in August 1987 at the Pan Pacific Games.

UNC was represented by head coach Rich DeSelm at the 2011 World University Games in Shenzhen, China. He served as head coach of the U.S. men's team there and then UNC assistant coach Eric Stefanski served as U.S. Team Manager. Carolina swimmers Tyler Harris and Stephanie Peacock won bronze medals

at the 2011 WUGs in the 400-meter individual medley and 400-meter freestyle, respectively. In 2013, Carolina had two undergraduate swimmers, Stephanie Peacock and Tom Luchsinger, named to the U.S. National Team. Both earned spots on the U.S. Team that competed in the World University Games in Kazan, Russia from July 6-17, 2013. Peacock won two medals there while Luchsinger was upgraded to the U.S. Team at the World Championships in June 2013 where he was a finalist in the 200-meter butterfly.

In September 2014, Tar Heels Ben Colley and Chip Peterson were named to the U.S. National Team while Rich DeSelm, Mike Litzinger and Sean Quinn were all honored as U.S. National Team coaches. At the same time, UNC junior Emma Nunn was named to the U.S. Team which competed in the 2015 World University Games in Gwangju City, South Korea. She competed there along with Tar Heel diver Jack Nyquist, the first diver in UNC history ever named to a National Team. Stephanie Peacock also competed as a post-graduate student, winning a bronze medal in open water swimming.

In August 1987, UNC had a participant in the Pan American Games in Indianapolis in the person of Tony Monasterio, representing his native Puerto Rico. Tony Monasterio was followed to the same competition four years later by his younger brother David Monasterio, who swam splendidly in the 1991 event at Havana, Cuba. Sean Quinn represented the U.S. at the 2003 Pan American Games in Santo Domingo, Dominican Republic, where he won the silver medal in the 200-meter breaststroke. At the 2007 Pan American Games in Brazil, Chip Peterson won the gold medal in the 1500-meter freestyle and the silver medal in 10 kilometer open water swimming. Two Tar Heels competed in the

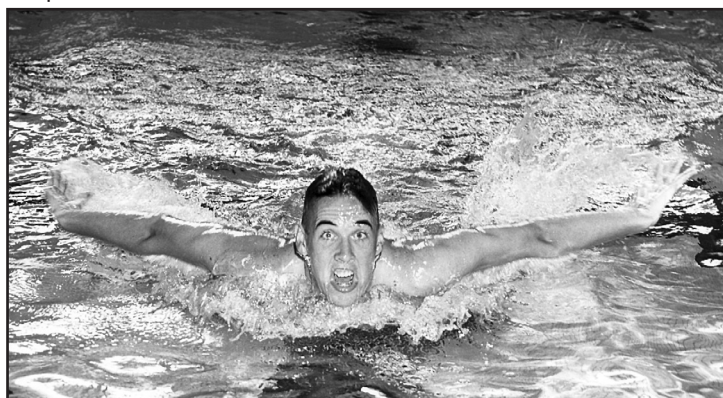


Kari Haag was one of the best middle distance freestylers in Tar Heel history. In 1995, she was the NCAA runner-up in the 200-yard freestyle and she was also an ACC Swimmer of the Year honoree.

can Games in 2015 for the competition in Toronto, Canada where he won the gold medal in 10-meter open water swimming.

Carolina Olympians of the past five decades years have included Ann Marshall in 1972, Wendy Weinberg and Janis Hape in 1976, Sue Walsh in 1980, Chris Stevenson in 1984, David Monasterio and Yann deFabrique in 1992, Yann deFabrique in 1996 and Yi-Khy Saw in 2004. Yann deFabrique also competed for France in the 1994 World Championships in Rome, while Trevor Runberg swam for the American team at the 1998 World Championships, Brad Hamilton swam for Jamaica in the 2009 and 2011 World Championships and Tom Luchsinger for the U.S. side in 2013.

Chip Peterson and Joe Kinderwater swam in the 2008, 2009 and 2010 World Open Water Championships for the United States. Both were fixtures on the U.S. National Open Water Swimming Team for several years. Peterson, now an assistant coach, was named to the U.S. Open Water National Team again during four straight years from 2013 through 2016.



Phil Drake was the first Tar Heel man to ever win an NCAA championship, taking the 200-yard butterfly in 1955. Carolina has gone on to take three more individual NCAA championships since then.

2011 Pan American Games in Guadalajara, Mexico. 2011 graduate Tyler Harris made the men's team and 2001 alumna Erika Acuff Erndl competed for the U.S. women at age 33. Tom Luchsinger turned down an opportunity to compete for the U.S. team because of his academic commitments at UNC that fall. UNC's Chip Peterson returned to the Pan Ameri-



Men's All-Americans

1941-42

First Team All-Americans—Denny Hammond, 150 Back; Denny Hammond, Bob Ousley, George Coxhead, 300 Medley Relay; Denny Hammond, George Coxhead, Truman Hobbs, Jim Barclay, 400 Free Relay.

1943-44

First Team All-Americans—Percy Mallison, 100 Free; Bill Wildman, 100 Fly; Denny Hammond, Bill Wildman, Percy Mallison, 300 Medley Relay.

1944-45

First Team All-Americans—Bill Kelly, 200 Breast; Denny Hammond, Bill Kelly, Jesse Greenbaum, 300 Medley Relay.

1945-46

First Team All-Americans—Mike Morrow, Jack Zimmerman, Dick Twining, Ben Ward, 400 Free Relay.

1946-47

First Team All-Americans—Ernie Crone, Three-Meter Diving; Norm Sper, One- and Three-Meter Diving.

1947-48

First Team All-Americans—Norm Sper, One- and Three-Meter Diving; Jesse Greenbaum, Floyd Drew, Mike Morrow, Dick Twining, 400 Free Relay.

1948-49

First Team All-Americans—Jimmy Thomas, 440 and 1500 Free, 150 Back; Dick Twining, 200 Breast; Norm Sper, Dick Twining, Steve Osborne, 300 Medley Relay; Floyd Drew, Ike Norwood, Dick Twining, Steve Osborne, 400 Free Relay.

1949-50

First Team All-Americans—Norm Sper, 100 Back; Jimmy Thomas, 440 and 1500 Free, 150 IM, 150 Back.

1950-51

First Team All-Americans—Buddy Baarcke, 100 Back; Jimmy Thomas, 100 and 200 Back, 150 IM; Jimmy Thomas, Barry Wall, Stan Tinkham, 300 Medley Relay.

1951-52

First Team All-Americans—Buddy Baarcke, Barry Wall, Stan Tinkham, 300 Medley Relay.

1952-53

First Team All-Americans—Buddy Baarcke, 100 and 200 Back; Don Evans, 220 Free, 150 IM, 200 Breast; Warren Heemann, 200 Back; Buddy Baarcke, Barry Wall, Jack Edwards, 300 Medley Relay; Jack Edwards, Don Evans, Jim Heins, Buddy Baarcke, 400 Free Relay.

1954-55



In 2016, Jack Nyquist became the first Tar Heel diver since 1957 to earn first-team All-America honors.

First Team All-Americans—Phil Drake, 200 Fly; Charlie Krepp, 100 and 200 Back; Charlie Krepp, Phil Drake, Dick Baker, 300 Medley Relay.

1955-56

First Team All-Americans—Lee Holmes, 200 Fly; Charlie Krepp, 100 and 200 Back, 200 IM.

1956-57

First Team All-Americans—Charlie Krepp, 100 and 200 Back; Telfair Mahaffey, 200 Fly; Bill Roth, 50 Free; Charlie Krepp, Walt Rose, Bill Zickgraf, Bill Roth, 400 Medley Relay; Walt Rose, Tony Schiffman, Bill Roth, Bill Zickgraf, 400 Free Relay; David McNinis, Diving

1957-58

First Team All-Americans—Telfair Mahaffey, 200 Fly; Bill Roth, 50 Free; Bill Zickgraf, 100 Fly; Bill Roth, Bill Zickgraf, Walt Rose, Brent Nash, 400 Free Relay.

1960-61

First Team All-America—Harry Bloom, 100 Fly, 100 Free.

1961-62

First Team All-America—Thompson Mann, 100 and 200 Back.

1962-63

First Team All-Americans—Thompson Mann, 100 Back; Harrison Merrill, 200 Free.

1963-64

First Team All-Americans—Thompson Mann, 100 and 200 Back; Harrison Merrill, 100 and 200 Free; Thompson Mann, Fred Lipp, Rick Forum, Davis Roberts, 400 Medley Relay; Thompson Mann, John Sheldon, Harrison Merrill, Davis Roberts, 400 Free Relay.

1964-65

First Team All-Americans—Pete Worthen, 50 and 100 Free; John Hayden, Rick Forum, Fred Lipp, Davis Roberts, 400 Medley Relay; Pete Worthen, Steve Hildenbrand, Harrison Merrill, Davis Roberts, 400 Free Relay.

1965-66

First Team All-America—Phil Riker, 100 Fly.

1966-67

First Team All-Americans—Fred Dannemann, 100 Back; Phil Riker, 100 and 200 Fly; Fred Dannemann, Hamilton Gadd, Phil Riker, Jim Edwards, 400 Medley Relay; Dave Ball, Doug Behrmann, Jim Edwards, Pete Worthen, 400 Free Relay.

1967-68

First Team All-Americans—Fred Dannemann, 100 Back; Fred Dannemann, Rich Williams, Phil Riker, Jim Edwards, 400 Medley Relay; Greg



Whitney Sprague finished in the Top 3 of the NCAA Championships in the 1650-yard freestyle three successive years from 2007-09.

Meehan, Andy Bristow, Dave Ball, Jim Edwards, 400 Free Relay; Greg Meehan, Dave Ball, Phil Riker, Jim Edwards, 800 Free Relay.

1975-76

First Team All-Americans—Karl Thiele, Steve McDonald, Tim Balderston, Rich DeSelm, 800 Free Relay.

1976-77

First Team All-America—Mark List, 200 Back.

1977-78

First Team All-Americans—Mark List, 100 Back; Mark List, Mike Amaya, Fritz Homans, Tim Balderston, 400 Medley Relay.

1978-79

First Team All-America—Ken Ireland, 200 Back.

1979-80

First Team All-America—Ken Ireland, 100 and 200 Back.

1980-81

First Team All-America—Eric Ericson, 100 Back.

1981-82

First Team All-America—Eric Ericson, 100 Back.

1982-83

First Team All-America—Eric Ericson, 100 and 200 Back.

1983-84

First Team All-America—Eric Ericson, 100 and 200 Back.

1984-85

Honorable Mention All-America—Chris Stevenson, 100 Back.

1985-86

Honorable Mention All-Americans—Dirk Marshall, 100 Fly; Chris Stevenson, 100 Back.

1987-88

First Team All-Americans—John Davis, 200 Free; Tony Monasterio, John Davis, Larry Bloch, Jed Guenther, 800 Free Relay. *Honorable Mention All-Americans*—Larry Bloch, John Davis, Jed Guenther, Tony Monasterio, 400 Free Relay.

1988-89

Honorable Mention All-America—Gary Gauch, 100 Breast.

1989-90

Honorable Mention All-Americans—Tod Schroeder, 50 Free; Tod Schroeder, Jed Guenther, John Davis, Tony Monasterio, 200 Free Relay; David Monasterio, John Davis, Jed Guenther, Tony Monasterio, 800 Free Relay.

1990-91

First Team All-Americans—David Monasterio, 200 Free, 200 Fly. *Honorable*

Mention All-Americans—James Hamrick, 1650 Free; Tod Schroeder, Mark Sedlak, Daniel Summerlin, John Davis, 200 Free Relay; James Hamrick, David Monasterio, Ralph Vick, John Davis, 800 Free Relay.

1991-92

First Team All-America—James Hamrick, 500 Free. *Honorable Mention All-Americans*—David Monasterio, 500 Free and 200 Fly; James Hamrick, 1650 Free; Sean Gowrie, 1650 Free; David Monasterio, James Hamrick, Daniel Summerlin, Sean Gowrie, 800 Free Relay.

1992-93

First Team All-Americans—Yann deFabrique, 200 Free; James Hamrick, 500 and 1650 Free; David Monasterio, James Hamrick, Daniel Summerlin, Yann deFabrique, 800 Free Relay. *Honorable Mention All-Americans*—Yann deFabrique, 500 Free, 200 Fly; James Hamrick, 200 Free; William Keever, 100 Fly; David Monasterio, 500 Free; Daniel Summerlin, James Hamrick, Mark Sedlak, Yann deFabrique, 400 Free Relay.

1993-94

Honorable Mention All-Americans—Yann deFabrique, 200 and 500 Free, 200 Fly; Daniel Summerlin, 200 and 400 IM.

1994-95

Honorable Mention All-Americans—Trevor Runberg, Micah Copeland, Yann deFabrique, Ed Abele, 800 Free Relay.

1995-96

First Team All-Americans—Steve Bonack, 100 and 200 Breast; Trevor Runberg, 500 Free. *Honorable Mention All-Americans*—Mike Chorba, 1650 Free; Micah Copeland, 500 Free; Eric Fehr, 200 Breast, 400 IM; Scott Troy, 100 and 200 Breast; Ted Brisson, Steve Bonack, Tucker Shade, Matt Branum, 200 Medley Relay; Trevor Runberg, Scott Troy, Tucker Shade, Ed Abele, 400 Medley Relay; Micah Copeland, Eric Fehr, Trevor Runberg, Ed Abele, 800 Free Relay.

1996-97

Honorable Mention All-America—Steve Bonack, 100 and 200 Breast; Micah Copeland, 500 Free; Tucker Shade, 100 Fly; Jeff Weiss, 200 Breast; Ted Brisson, Steve Bonack, Tucker Shade, Chris Jennings, 200 Medley Relay; Ted Brisson, Steve Bonack, Tucker Shade, Ed Abele, 400 Medley Relay; Micah Copeland, Chris Jen-



nings, Ed Abele, Ted Brisson, 400 Free Relay; Micah Copeland, Ed Abele, Eric Fehr, Trevor Runberg, 800 Free Relay

1997-98

First Team All-America—Tucker Shade, 100 Fly.

1998-99

Honorable Mention All-Americans—Tucker Shade, 100 Fly; Ethan Hall, 200 Breaststroke.

1999-2000

First Team All-America—Sean Quinn, 200 Breast. *Honorable Mention All-America*—David Slawinski, 200 Breast.

2001-02

Honorable Mention All-America—Sean Quinn, 200 Breast.

2002-03

Honorable Mention All-Americans—Sean Quinn, 200 Breast; Yuri Suguiyama, 500, 1650 Free.

2003-04

First Team All-America—Yuri Suguiyama, 400 Free. *Honorable Mention All-Americans*—Yuri Suguiyama, 1500 Free; Reid Owen, 1500 Free; Josh Glasco, 200 Fly.

2004-05

Honorable Mention All-America—Josh Glasco, 200 Fly.

2005-06

Honorable Mention All-America—Hank Browning, 500 Free.

2006-07

First Team All-America—Chip Peterson, 1650 Free. *Honorable Mention All-America*—Chip Peterson, 500 Free.

2007-08

First Team All-America—Joe Kinderwater, 1650 Free. *Honorable Mention All-Americans*—Tyler Harris, 400 IM; Ryan Funderburk, 3-Meter Diving.

2008-09

First Team All-America—Joe Kinderwater, 1650 Free. *Honorable Mention All-Americans*—Tyler Harris, 400 IM; Chip Peterson, 1650 Free.

2009-10

First Team All-Americans—Joe Kinderwater, 1650 Free; Tyler Harris, 400 IM; Tommy Wyher, 100 Fly. *Honorable Mention All-Americans*—Chip Peterson, 500 Free, 1650 Freestyle; Tommy Wyher, 100 Back; Evan Reed, Tommy Wyher, Steve Cebertowicz, Brad Hamilton, 400 Freestyle Relay; Evan Reed, Chip Peterson, Tyler Harris, Wil Singley, 800 Freestyle Relay; Tommy Wyher, Tyler Harris, Tom Luchsinger, Steve Cebertowicz, 400 Medley Relay.

2010-11

First Team All-Americans—Tyler Harris, 400 IM; Tom Luchsinger, 400 IM; Joe Kinderwater, 1650 Freestyle; Evan Reed, Steve Cebertowicz, Tom Luchsinger, Tyler Harris, 800 Freestyle Relay. *Honorable Mention All-Americans*—Dan O'Connor, 1650 Freestyle; Steve Cebertowicz, 100 Freestyle; Tom Luchsinger, 200 Butterfly; Tommy Wyher, Tyler Harris, Tom Luchsinger, Steve Cebertowicz, 400 Medley Relay; Evan Reed, Steve Cebertowicz, Tommy Wyher, Brock Park, 400 Freestyle Relay.

2011-12

First Team All-Americans—Steve Cebertowicz, 50 Freestyle, 100 Freestyle. *Honorable Mention All-Americans*—Tom Luchsinger, 400 Individual Medley, 200 Butterfly; David

MacDonald, Three-Meter Diving; Kyle Ficker, Steve Cebertowicz, Brock Park, Evan Reed, 200 Freestyle Relay; Steve Cebertowicz, Brock Park, J.T. Stillely, Kyle Ficker, 200 Medley Relay; Evan Reed, Tom Luchsinger, Steve Cebertowicz, J.T. Stillely, 800 Freestyle Relay; Steve Cebertowicz, Evan Reed, Kyle Ficker, Brock Park, 400 Freestyle Relay.

2012-13

First Team All-Americans—Tom Luchsinger, 200 Fly; *Honorable Mention All-Americans*—Tom Luchsinger, 400 Individual Medley.

2013-14

Honorable Mention All-Americans—Sam Lewis, 100 Fly; Jack Nyquist, Three-Meter Diving.

2014-15

First-Team All-America: Sam Lewis, 100 Fly; *Honorable Mention All-Americans*—Henry Campbell, 500 Freestyle; Ben Colley, 200 Butterfly; Jack Nyquist, One-Meter Diving, Three-Meter Diving; Nic Graesser, Kurt Wohlrab, Sam Lewis, Logan Heck, 200 Medley Relay; Sam Lewis, Nic Graesser, Ben Colley, Logan Heck, 200 Freestyle Relay; Nic Graesser, Kurt Wohlrab, Sam Lewis, Logan Heck, 400 Medley Relay.

2015-16

First-Team All-America: Jack Nyquist, 3-Meter Diving; *Honorable Mention All-Americans*—Sam Lewis, 100 Butterfly; Nic Graesser, Kurt Wohlrab, Sam Lewis, Logan Heck, 400 Medley Relay.

Women's All-Americans

1975-76

First Team All-Americans—Ann Marshall, 100, 200 and 500 Free, 200 Back; Laurie Potter, 100 and 200 IM, 200 Fly; Madelyn Warcholik, 50 Fly; Ann Marshall, Laurie Potter, Madelyn Warcholik, Dale Alton, 200 Medley Relay; Ann Marshall, Laurie Potter, Madelyn Warcholik, Gale Thompson, 200 Free Relay; Ann Marshall, Laurie Potter, Madelyn Warcholik, Gale Thompson, 400 Free Relay.

1976-77

First Team All-Americans—Bonny Brown, 100 and 200 Free, 100 IM; Lauren Dupree, 200, 500 and 1650 Free; Janis Hape, 200 Breast; Ann Marshall, 50 and 200 Back, 200 and 500 Free; Laurie Potter, 200 Fly; Ann Marshall, Janis Hape, Laurie Potter, Bonny Brown, 400 Medley Relay; Bonny Brown, Lauren Dupree, Laurie Potter, Ann Marshall, 400 Free Relay; Bonny Brown, Lauren Dupree, Laurie Potter, Ann Marshall, 800 Free Relay.

1977-78

First Team All-Americans—Bonny Brown, 50 and 100 Free, 100 and 200 IM; Lauren Dupree, 200, 500 and 1650 Free, 100 and 200 Fly; Ann Marshall, 200 Back; Laurie Potter, 200 Fly; Judy Toher, 200 Fly; Cathy Vayda, Judy Toher, Karen Hoff, Janis Hape, 200 Medley Relay; Ann Marshall, Janis Hape, Karen Hoff, Bonny Brown, 400 Medley Relay; Bonny Brown, Lauren Dupree, Ann Marshall, Judy Toher, 400 Free Relay.

1978-79

First Team All-Americans—Bonny Brown, 50 and 100 Free, 100 IM; Lauren Dupree, 200, 500 and 1650 Free; Barb Harris, 50 and 100 Fly, 100 Free; Nancy Hudock, 200, 500 and 1650 Free; Gina Layton, 100 and 200 Back; Cindy Shirey, 50 and 100 Breast, 400 IM; Nance Thompson, 200 and 400 IM; Gina Layton, Cindy Shirey, Barb Harris, Bonny Brown, 200 Medley Relay; Gina Layton, Cindy Shirey, Barb Harris, Nancy Hudock, 400 Medley Relay; Gina Layton, Barb Harris, Bonny Brown, Betsy Hughes, 200 Free Relay; Barb Harris, Bonny Brown, Nancy Hudock, Nance Thompson, 400 Free Relay; Bonny Brown, Nancy Hudock, Lauren Dupree, Ann Marshall, 800 Free Relay.

1979-80

First Team All-Americans—Bonny Brown, 50 and 100 Free, 100 IM; Cynthia Chilcott, 400 IM; Barb Harris, 50 and 100 Fly, 100 Free; Gayle Hegel, 100 and 200 Breast, 100, 200 and 400 IM; Nance Thompson, 400 IM; Cynthia Chilcott, Cindy Shirey, Barb Harris, Bonny Brown, 200 Medley Relay; Cynthia Chilcott, Gayle Hegel, Barb Harris, Bonny Brown, 400 Medley Relay; Gayle Hegel, Barb Harris, Bonny Brown, Cynthia Chilcott, 400 Free Relay; Lauren Dupree, Liz Mesmer, Nancy Hudock, Cynthia Chilcott, 800 Free Relay.

1980-81

First Team All-Americans—Cami Berizzi, 50, 100 and 200 Back, 50 and 100 Fly; Barb Harris, 50 Fly; Gayle Hegel, 100, 200 and 400 IM, 100 and 200 Breast; Liz Mesmer, 200 Free; Amy Pless, 50 and 100 Breast, 50 Free, 100 IM; Jenny Strickland, 50 and 100 Breast; Sue Walsh, 50, 100 and 200 Back, 50 Free; Sue Walsh, Amy Pless, Cami Berizzi, Barb Harris, 200 Medley Relay; Cami Berizzi, Jenny Strickland, Barb Harris, Liz Mesmer, 400 Medley Relay; Amy Pless, Liz Mesmer, Sue Walsh, Barb Harris, 200 Free Relay; Amy Pless, Liz Mesmer, Barb Harris, Gayle Hegel, 400 Free Relay; Liz Mesmer, Sue Walsh, Barb Harris, Gayle Hegel, 800 Free Relay.

1981-82

First Team All-Americans—Cay Andres, 500 Free; Cami Berizzi, 50, 100 and 200 Back; Barb Harris, 50 and 100 Fly, 100 Free; Gayle Hegel, 100, 200

and 400 IM, 200 Breast; Amy Pless, 50 Breast, 100 IM; Jenny Strickland, 50 Breast; Sue Walsh, 50, 100 and 200 Back, 50 Free, 100 IM; Sue Walsh, Amy Pless, Barb Harris, Sue Scott, 200 Medley Relay; Cami Berizzi, Jenny Strickland, Barb Harris, Sue Scott, 400 Medley Relay; Amy Pless, Sue Scott, Sue Walsh, Barb Harris, 200 Free Relay; Sue Scott, Amy Pless, Cami Berizzi, Barb Harris, 400 Free Relay; Cay Andres, Cami Berizzi, Gayle Hegel, Sue Scott, 800 Free Relay.

1982-83

First Team All-Americans—Gayle Hegel, 100 and 200 IM; Amy Pless, 50 Breast, 100 IM; Jenny Strickland, 50 Breast; Sue Walsh, 50, 100 and 200 Back, 100 IM; Polly Winde, 100 and 200 Breast, 100, 200 and 400 IM; Sue Walsh, Jenny Strickland, Amy Pless, Sue Scott, 200 Medley Relay; Amy Pless, Sue Scott, Jeanne Gerhart, Sue Walsh, 200 Free Relay; Amy Pless, Sue Scott, Gayle Hegel, Sue Walsh, 400 Free Relay; Cay Andres, Sarah Durstein, Gayle Hegel, Polly Winde, 800 Free Relay.

1983-84

First Team All-Americans—Martha McCann, 400 IM; Betsy Mitchell, 100 and 200 Back; Amy Pless, 100 Breast, 200 IM; Jenny Strickland, 100 and 200 Breast; Sue Walsh, 100 and 200 Back; Polly Winde, 200 Breast, 200 and 400 IM; Sue Walsh, Jenny Strickland, Betsy Mitchell, Amy Pless, 400 Medley Relay; Amy Pless, Sue Scott, Betsy Mitchell, Sue Walsh, 200 Free Relay; Amy Pless, Sue Scott, Betsy Mitchell, Sue Walsh, 400 Free Relay; Polly Winde, Sue Walsh, Sarah Durstein, Betsy Mitchell, 800 Free Relay.

1984-85

First Team All-Americans—Melanie Buddemeyer, 100 and 200 Fly; Susan O'Brien, 100 and 200 Back; Polly Winde, 400 IM. *Honorable Mention All-Americans*—Polly Winde, 200 IM, 200 Breast; Susan O'Brien, Polly Winde, Melanie Buddemeyer, Sue Scott, 200 Medley Relay; Susan O'Brien, Polly Winde, Melanie Buddemeyer, Sue Scott, 400 Medley Relay; Susan O'Brien, Melanie Buddemeyer, Nancy Page, Polly Winde, 800 Free Relay.

1985-86

First Team All-Americans—Susan O'Brien, 100 and 200 Back. *Honorable*



Joe Kinderwater won first-team All-America honors in the 1650-yard freestyle honors all four years from 2008-11. He is only the third Tar Heel man in history to be a first-team All-America in each of his collegiate seasons.

CAROLINA

All-Americans



Mention All-Americans—Melanie Buddemeyer, 100 and 200 Fly; Polly Winde, 400 IM; Susan O'Brien, Wendy Powers, Melanie Buddemeyer, Patty Schultz, 200 Medley Relay; Susan O'Brien, Wendy Powers, Melanie Buddemeyer, Patty Schultz, 400 Medley Relay.

1986-87

First Team All-Americans—Melanie Buddemeyer, 100 and 200 Fly; Susan O'Brien, 100 and 200 Back; Susan O'Brien, Wendy Powers, Melanie Buddemeyer, Kim Beattie, 200 Medley Relay; Susan O'Brien, Wendy Powers, Melanie Buddemeyer, Kim Beattie, 400 Medley Relay. **Honorable Mention All-Americans**—Susan O'Brien, 200 IM; Wendy Powers, Susan O'Brien, Karen Engel, Kim Beattie, 200 Free Relay; Melanie Buddemeyer, Wendy Powers, Susan O'Brien, Kim Beattie, 400 Free Relay; Melanie Buddemeyer, Monica Strahl, Martha McCann, Kim Beattie, 800 Free Relay.

1987-88

First Team All-Americans—Susan O'Brien, 100 and 200 Back. **Honorable Mention All-Americans**—Susan O'Brien, 200 IM; Susan O'Brien, Wendy Powers, Jill Benda, Kim Beattie, 200 Medley Relay; Susan O'Brien, Wendy Powers, Naila Deeb, Kim Beattie, 400 Medley Relay.

1988-89

Honorable Mention All-Americans—Hannah Turlish, 400 IM; Melanie Buddemeyer, Kim Beattie, Melissa Douse, Hannah Turlish, 800 Free Relay.

1989-90

First Team All-Americans—Sarah Perroni, 100 Free; Melissa Douse, Jill Benda, Jenny Huber, Sarah Perroni, 200 Free Relay; Jenny Huber, Melissa Douse, Jill Benda, Sarah Perroni, 400 Free Relay. **Honorable Mention All-Americans**—Heather Cleevely, 10-Meter Diving; Sarah Perroni, 50 Free.

1990-91

First Team All-Americans—Sarah Perroni, Jenny Huber, Jill Benda, Melissa Douse, 200 Free Relay. **Honorable Mention All-Americans**—Jenny Huber, Melissa Douse, Jill Benda, Sarah Perroni, 400 Free Relay.

1991-92

First Team All-Americans—Carrie Szulc, 400 IM; Jenny Huber, Ann Hart, Melissa Douse, Shannon Allison, 400 Free Relay. **Honorable Mention All-Americans**—Melissa Douse, 50 and 100 Free; Heather Cleevely, 3-Meter Diving; Jenny Huber, Leslie Ramsey, Ann Hart, Melissa Douse, 200 Free Relay.

1992-93

First Team All-Americans—Sarah Perroni, 50 Free; Carrie Szulc, 400 IM; Kari Haag, Jenny Huber, Ann Hart, Sarah Perroni, 400 Free Relay. **Honorable Mention All-Americans**—Kari Haag, 50 Free; Sarah Perroni, 100 Free; Sarah Perroni, Jenny Huber, Ann Hart, Kari Haag, 200 Free Relay.

1993-94

First Team All-Americans—Leslie Ramsey, 200 Fly; Carrie Szulc, 400 IM. **Honorable Mention All-Americans**—Leslie Ramsey, 500 and 1650 Free.

1994-95

First Team All-Americans—Kari Haag, 100 and 200 Free. **Honorable Mention All-Americans**—Leslie Ramsey, 200 Fly;

Merel Hommen, Kari Haag, Chrissy Miller, Leslie Ramsey, 800 Free Relay.

1995-96

First Team All-Americans—Kari Haag, 50, 100 and 200 Free. **Honorable Mention All-Americans**—Chrissy Miller, 400 IM; Chrissy Miller, Merel Hommen, Kari Haag, Janney Hooft, 800 Free Relay.

1996-97

First Team All-Americans—Erika Acuff, 400 IM; Richelle Fox, 50 and 100 Free, 100 Fly. **Honorable Mention All-Americans**—Chrissy Miller, 500 Free and 200 Fly; Erika Acuff, Jennifer Latimer, Richelle Fox, Jennifer Strasburger, 400 Free Relay; Chrissy Miller, Richelle Fox, Jennifer Strasburger, Erika Acuff, 800 Free Relay.

1997-98

First Team All-Americans—Erika Acuff, 200 IM; Richelle Fox, 50 and 100 Free, 100 Fly; Chrissy Miller, 500 Free.

Honorable Mention All-Americans—Erika Acuff, 400 IM; Tracey Barrett, 200 Back; Summer Mack, 100 Back; Chrissy Miller, 200 Fly; Summer Mack, Erika Acuff, Richelle Fox, Jennifer Strasburger, 200 Medley Relay; Summer Mack, Erika Acuff, Richelle Fox, Jennifer Strasburger, 400 Medley Relay; Summer Mack, Richelle Fox, Jennifer Strasburger, Erika Acuff, 400 Free Relay; Chrissy Miller, Richelle Fox, Jennifer Strasburger, Erika Acuff, 800 Free Relay.

1998-99

First Team All-Americans—Katie Hathaway, 400 IM; Erika Acuff, 400 IM. **Honorable Mention All-Americans**—Melissa Fiss, 200 Fly; Katie Hathaway, 200 Breast; Katie Hathaway, Stefanie Rulis, Erika Acuff, Jennifer Strasburger, 800 Free Relay.

1999-2000

First Team All-Americans—Katie Hathaway, 200 Breast, 400 IM; Summer Mack, 100 Back. **Honorable Mention All-Americans**—Katie Hathaway, 200 IM; Summer Mack, 100 Fly; Christy Watkins, 50 Free; Lauren Silva, 400 IM; Christy Watkins, Katie Hathaway, Summer Mack, Stefanie Rulis, 200 Medley Relay; Christy Watkins, Katie Hathaway, Summer Mack, Stefanie Rulis, 400 Medley Relay; Summer Mack, Katie Hathaway, Stefanie Rulis, Christy Watkins, 200 Free Relay; Katie Hathaway, Stefanie Rulis, Jennifer Strasburger, Lauren Silva, 800 Free Relay.

2000-01

First Team All-Americans—Erika Acuff, 200 IM, 400 IM; Katie Hathaway, 200 IM, 100 Breast, 200 Breast; Summer Mack, 100 Back. **Honorable Mention All-Americans**—Lauren Silva, 400 IM; Jessi Perruquet, 100 Free; Becky Acker, 200 Breast; Kelly Weeks, 200 Fly; Erika Acuff, Jessi Perruquet, Summer Mack, Christy Watkins, 200 Free Relay; Jessi Perruquet, Christy Watkins, Katie Hathaway, Erika Acuff, 400 Free Relay; Kelly Weeks, Jessi Perruquet, Katie Hathaway, Erika Acuff, 800 Free Relay; Summer Mack, Katie Hathaway, Erika Acuff, Christy Watkins, 200 Medley Relay; Christy Watkins, Katie Hathaway, Summer Mack, Jessi Perruquet, 400 Medley Relay.

2001-02

First Team All-Americans—Jessi Perruquet, 200 Free; Katie Hathaway, 200 Breast. **Honorable Mention All-Americans**—Christy Watkins, 50 Free, 100 Free; Katie Hathaway, 200 IM, 100 Breast; Becky Acker, 200 Breast; Jessi Perruquet, 100 Free; Christy Watkins, Katie Hathaway, Kelly Weeks, Jessi Perruquet, 200 Medley Relay; Christy Watkins, Becky Acker, Kelly Weeks, Jessi Perruquet, 400 Medley Relay; Jessi Perruquet, Katie Hathaway, Stefanie Rulis, Christy Watkins, 200 Free Relay; Christy Watkins, Katie Hathaway, Stefanie Rulis, Jessi Perruquet, 400 Free Relay; Kelly Weeks, Katie Hathaway, Christy Watkins, Jessi Perruquet, 800 Free Relay.

2002-03

First Team All-Americans—Jessi Perruquet, 100 Free, 200 Free; **Honorable Mention All-Americans**—Christy Watkins, 50 Free; Kelly Weeks, 500 Free, 200 Fly; Becky Acker, 200 Breast; Whitney Smith, Jessi Perruquet, Christy Watkins, Kelly Weeks, 800 Free Relay.

2003-04

First Team All-America—Jessi Perruquet, 200 Free; **Honorable Mention All-Americans**—Kelly Weeks, 200 Fly; Jessi Perruquet, 100 Free; Lizzy Bruce, 200 Breast.

2005-06

Honorable Mention All-Americans—Whitney Sprague 500 Free; Nicole O'Donnell, 1650 Free.

2006-07

First Team All-America—Whitney Sprague, 1650 Free. **Honorable Mention All-America**—Whitney Sprague, 500 Free.

2007-08

First Team All-America—Whitney Sprague, 1650 Free.

2008-09

First Team All-Americans—Whitney Sprague, 500 Free, 1650 Free; Katura Harvey, 1650 Free.

2009-10

First Team All-America—Laura Moriarty, 200 Breast; **Honorable Mention All-Americans**—Laura Moriarty, 400 IM; Carly Smith, 100 Back, 20 Back; Rebecca Kane, Katie Nolan, Layne Brodie, Sarah Tanner, 200 Freestyle Relay; Carly Smith, Layne Brodie, Katie Nolan, Rebecca Kane, 200 Medley Relay.

2010-11

First Team All-America—Carly Smith, 100 Backstroke; **Honorable Mention All-Americans**—Stephanie Peacock, 500 Freestyle; Layne Brodie, 200 Individual Medley; Rebecca Kane, 50 Freestyle; Carly Smith, Layne Brodie, Katie Nolan, Rebecca Kane, 200 Medley Relay; Carly Smith, Layne Brodie, Katie Nolan, Rebecca Kane, 400 Medley Relay.

2011-12

First Team All-America—Stephanie Peacock, 500 Freestyle, 1650 Freestyle (NCAA Champion); **Honorable Mention All-Americans**—Cari Blalock, 400 Individual Medley; Stephanie Peacock, Danielle Siverling, Katie Nolan, Cari Blalock, 800 Freestyle Relay.

2012-13

First Team All-America—Cari Blalock, 200 Butterfly, 400 Individual Medley;

Meredith Hoover, 200 Butterfly; Katie Nolan, 100 Butterfly; Danielle Siverling, 500 Freestyle; **Honorable Mention All-Americans**—Cari Blalock, 200 Individual Medley; Annie Harrison, 400 Individual Medley; Katie Nolan, 200 Butterfly; Jackie Rudolph, 1650 Freestyle.; Danielle Siverling, 200 Freestyle; Danielle Siverling, Lauren Earp, Ally Hardesty, Katie Nolan, 800 Freestyle Relay; Carly Smith, Katie Rechsteiner, Katie Nolan, Lauren Earp, 400 Medley Relay.

2013-14

First Team All-America—Meredith Hoover, 200 Fly; **Honorable Mention All-Americans**—Cari Blalock, 400 IM; tephania Peacock, 500 Freestyle; Danielle Siverling, 200 Free; Carly Smith, Katie Rechsteiner, Cari Blalock, Hannah Lincoln, 200 Medley Relay; Danielle Siverling, Ally Hardesty, Lauren Earp, Stephanie Peacock, 800 Free Relay.

2014-15

Honorable Mention All-Americans—Danielle Siverling, 200 Freestyle, 500 Freestyle; Hellen Moffitt, 100 Butterfly; Elissa Dawson, Platform Diving; Michole Timm, Three-Meter Diving; Danielle Siverling, Caroline Baldwin, Lauren Earp, Ally Hardesty, 400 Freestyle Relay; Danielle Siverling, Ally Hardesty, Lauren Earp, Emma Nunn, 800 Freestyle Relay; Caroline Baldwin, Hannah Lincoln, Sarah Hitchens, Ally Hardesty, 200 Freestyle Relay; Megan Bestor, Katie Munch, Hellen Moffitt, Ally Hardesty, 400 Medley Relay.

2015-16

First Team All-America—Hellen Moffitt, 100 Butterfly; **Honorable Mention All-Americans**—Elissa Dawson, 3-Meter Diving, 10-Meter Platform Diving; Caroline Baldwin, Sarah Hitchens, Ally Hardesty, Lauren Earp, 200 Free Relay; Ally Hardesty, Caroline Baldwin, Sarah Hitchens, Lauren Earp, 400 Free Relay; Ally Hardesty, Lauren Earp, Zhada Fields, Emma Nunn, 800 Free Relay; Caroline Baldwin, Rachel Canty, Hellen Moffitt, Sarah Hitchens, 200 Medley Relay; Caroline Baldwin, Rachel Canty, Hellen Moffitt, Sarah Hitchens, 400 Medley Relay.



Carly Smith, 2011 first-team All-America in 100-yard backstroke.



Men's Atlantic Coast Conference Champions

1953-54

John Hussey, One-Meter Diving.

1954-55

Phil Drake, 200 Fly; John Hussey, One-Meter Diving; Charlie Krepp, 100 and 200 Back; Charles Parker, Three-Meter Diving.

1955-56

Charlie Krepp, 100 and 200 Back, 200 IM; *David McInnis, One- and Three-Meter Diving; Dick Baker, Bill Roth, Bill Zickgraf, Walt Rose, 400 Free Relay.

1956-57

Charlie Krepp, 100 and 200 Back, 200 IM; *David McInnis, One- and Three-Meter Diving; Bill Roth, 50 Free; Bill Zickgraf, 100 Fly; Brent Nash, Telfair Mahaffey, Bill Zickgraf, Bill Roth, 400 Medley Relay; Walt Rose, Brent Nash, Tony Schiffman, Bill Roth, 400 Free Relay.

1957-58

Telfair Mahaffey, 100 Fly; *Ned Meekins, One- and Three-Meter Diving; Walt Rose, 100 Free; Bill Roth, 50 Free; Tony Schiffman, 220, 440 and 1500 Free; Bill Zickgraf, 200 IM; Brent Nash, Walt Rose, Telfair Mahaffey, Bill Zickgraf, 400 Medley Relay; Bill Roth, Jeff Zwicker, Walt Rose, Kelly Marness, 400 Free Relay.

1958-59

Harry Bloom, 100 and 220 Free, 200 IM; Randy Dodson, 200 Fly; Bob Hunter, 100 and 200 Back; Bob Hunter, Kit Mercer, Jeff Zwicker, Brent Nash, 400 Medley Relay; Randy Dodson, Vinny Simonton, Brent Nash, Jeff Zwicker, 400 Free Relay.

1959-60

Bob Bilbro, 200 Back; Vinny

Simonton, 200 Fly.

1960-61

Harry Bloom, 100 Free and 200 IM; Willie Bloom, 200 Free; Harvey Hamrick, 200 Back; Barry King, Bryan Williams, Willie Bloom, Bob Bilbro, 400 Free Relay.

1961-62

Willie Bloom, 220 Free; Thompson Mann, 100 and 200 Back; Sandy Patterson, Three-Meter Diving; Thompson Mann, Bob Briggs, Harry Schiffman, Bob Bilbro, 400 Medley Relay; Willie Bloom, Bryan Williams, Don Murray, Harry Schiffman, 400 Free Relay.

1962-63

Frank Lea, 1650 Free; Harrison Merrill, 100 and 200 Free, 400 IM; Thompson Mann, 100 Back, 200 IM; Davis Roberts, Willie Bloom, Harrison Merrill, Thompson Mann, 400 Free Relay.

1963-64

Rick Forum, 200 Breast; Harrison Merrill, 100 and 200 Free, 400 IM; Thompson Mann, 100 and 200 Back, 200 IM; Thompson Mann, Rick Forum, Fred Lipp, Davis Roberts, 400 Medley Relay.

1964-65

Rick Forum, 200 Breast; Harrison Merrill, 500 Free; Steve Hildenbrand, Pete Worthen, Harrison Merrill, Davis Roberts, 400 Free Relay.

1965-66

Phil Riker, 100 and 200 Fly.

1966-67

Phil Riker, 100 and 200 Fly; Jim Edwards, Doug Behrman, Greg Meehan, Dave Ball, 800 Free Relay.

1967-68

Fred Dannemann, 100 Back; Phil Riker, 100 and 200 Fly; Fred Dannemann, Rich Williams, Phil Riker, Jim Edwards, 400 Medley Relay.

1969-70

Gerry Chapman, 400 IM.

1970-71

Jim Osborne, 100 Fly.

1971-72

Jim Osborne, 100 and 200 Fly.

1973-74

Jike Southard, 1650 Free.

1974-75

Dave Marlin, 100 Back.

1975-76

Mark List, 100 and 200 Back; Steve McDonald, 200 Free.

1978-79

*Ken Ireland, 100 and 200 Back; Arnaldo Perez, 200 Fly.

1979-80

Ken Ireland, 100 and 200 Back, 500 Free; Roger Vredevel, 200 IM; Mark Welker, Todd Deckman, Ken Ireland, Dave Hansen, 400 Free Relay; Ken Ireland, Mark Welker, Roger Vredevel, Dave Hansen, 800 Free Relay.

1980-81

Eric Ericson, 100 Back; Dave Hansen, 200 Free; Ken Ireland, 200 Back; Ken Ireland, Robert Bingham, Arnaldo Perez, Dave Hansen, 400 Medley Relay; Bob Omainsky, Ken Ireland, Mark Welker, Dave Hansen, 800 Free Relay.

1981-82

Eric Ericson, 100 and 200 Back; Dave Hansen, 200 Free; Eric Ericson, Scott Hammond, Dirk Marshall, Dave Hansen, 400 Medley Relay.

1982-83

Eric Ericson, 100 and 200 Back; Eric Ericson, Scott Hammond, Dirk Marshall, Geoff Cassell, 400 Medley Relay; Geoff Cassell, Dirk Marshall, Eric Ericson, Mark Welker, 400 Free Relay; Dan Hamilton, Jeff Schenk, Chris Stevenson, Dirk Marshall, 800 Free Relay.

1983-84

Todd Deckman, 50 Free; *Eric Ericson, 100 and 200 Back; Dan Flack, 1650 Free; Scott Hammond, 100 Breast; Dirk Marshall, 100 Fly; Eric Ericson, Scott Hammond, Dirk Marshall, Geoff Cassell, 400 Medley Relay.

1984-85

Tim Shea, 200 Fly and 400 IM.

1985-86

Dirk Marshall, 100 Fly; Doug Sawyer, 200 Breast; Tim Shea, 400 IM; *Chris Stevenson, 100 and 200 Back; Chris Stevenson, Doug Sawyer, Dirk Marshall, Larry Bloch, 400 Medley Relay; Larry Bloch, Marc Croggon, Chris Stevenson, Dirk Marshall, 400 Free Relay; Larry Bloch, Dan Flack, Dirk Marshall, Chris Stevenson, 800 Free Relay.

1986-87

Doug Sawyer, 100 Breast; Tim Shea, 200 Fly.

1987-88

Larry Bloch, 100 Free; @John Davis, 200 IM and 200 Free; Tod Schroeder, 50 Free; Rich Gleason, John Fischetti, John Davis, Larry Bloch, 400 Medley Relay; Tod Schroeder, Jed Guenther, John Davis, Larry Bloch, 400 Free Relay; Tony Monasterio, Ralph Vick, Larry Bloch, John Davis, 800 Free Relay.

1988-89

John Davis, 100 and 200 Free, 200 IM; Jed Guenther, Tony Monasterio, Chris Himebauch, John Davis, 400 Free Relay.

1989-90

*+John Davis, 100 and 200 Free, 200 IM; Gary Gauch, 100 Breast; David Monasterio, 200 Fly; Tod Schroeder, 50 Free; Tod Schroeder, Jed Guenther, Tony Monasterio, John Davis, 200 Free Relay; Tony Monasterio, David Monasterio, Jed Guenther, John Davis, 800 Free Relay.

TAR HEELS

ACC Champions

1990-91

John Davis, 100 and 200 Back, 200 IM; Marc Ferguson, 1650 Free; John Fischetti, 200 Breast; Gary Gauch, 100 Breast; @David Monasterio, 200 and 500 Free, 200 Fly; John Davis, Gary Gauch, David Monasterio, Tod Schroeder, 200 Medley Relay; Matt Countie, Gary Gauch, David Monasterio, Tod Schroeder, 400 Medley Relay; Tod Schroeder, Mark Sedlak, Daniel Summerlin, John Davis, 200 Free Relay; John Davis, Tod Schroeder, Mark Sedlak, David Monasterio, 400 Free Relay; John Davis, James Hamrick, Ralph Vick, David Monasterio, 800 Free Relay.

1991-92

Yann deFabrique, 200 Free; Gary Gauch, 100 Breast; James Hamrick, 1650 Free; David Monasterio, 500 Free and 200 Fly; David Monasterio, James Hamrick, Daniel Summerlin, Yann deFabrique, 800 Free Relay.

1992-93

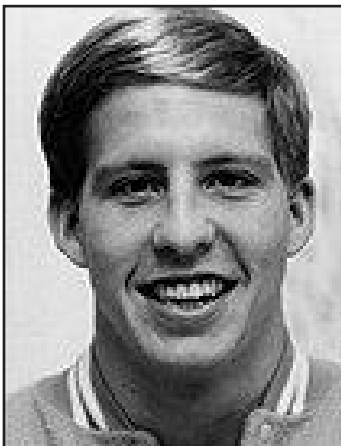
Yann deFabrique, 200 Free; Daniel Summerlin, 200 IM; Summerlin, David Monasterio, Mark Sedlak, deFabrique, 400 Free Relay; Summerlin, James Hamrick, Monasterio, deFabrique, 800 Free Relay.

1993-94

&Joe Craft, One-Meter Diving; Yann deFabrique, 200 Fly; Daniel Summerlin, 100 Free and 200 IM; Jon Thorpe, 200 Free; Jeff Weiss, 100 and 200 Breast; Bryan Stuck, Steve Bonack, Yann deFabrique, Daniel Summerlin, 400 Medley Relay; Daniel Summerlin, Jason James, Matt Smith, Mark Sedlak,



Hank Browning reigned as the ACC champion in the 200-yard freestyle in both 2006 and 2007.



Kenny Ireland, ACC champion in 100- and 200-yard backstrokes in 1979 & 1980 and in 200-yard backstroke in 1981



ACC Champions

200 Free Relay; Daniel Summerlin, Matt Smith, Jason James, Mark Sedlak, 400 Free Relay; Daniel Summerlin, Jon Thorpe, Yann deFabrique, Micah Copeland, 800 Free Relay.

1994-95

Yann deFabrique, 200 and 500 Free, 200 Fly; %Scott Troy, 100 Breast; Jeff Weiss, 200 Breast; Trevor Runberg, Micah Copeland, Ed Abele, Yann deFabrique, 800 Free Relay.

1995-96

Ted Brisson, 100 Back; Mike Chorba, 1650 Free; +Trevor Runberg, 500 Free, 200 Back; *Tucker Shade, 100 and 200 Fly, 200 IM; Scott Troy, 100 and 200 Breast; Ted Brisson, +Steve Bonack, Tucker Shade, Matt Branum, 200 Medley Relay; Trevor Runberg, Scott Troy, Tucker Shade, Matt Branum, 400 Medley Relay; Trevor Runberg, Eric Fehr, Ed Abele, Micah Copeland, 800 Free Relay.

1996-97

Eric Fehr, 200 IM; Tucker Shade, 100 Fly; Jeff Weiss, 200 Breast; Eric Fehr, Micah Copeland, Ed Abele, Trevor Runberg, 800 Free Relay.

1997-98

Ted Brisson, 100 Back; Eric Fehr, 200 Free; Tucker Shade, 100 Fly; Ted Brisson, Brad Kline, Tucker Shade, Ed Abele, 400 Medley Relay.

1999-2000

%Sean Quinn, 200 Breast.

2002-03

Yuri Suguiyama, 200 Free; Sean Quinn, 200 Breast; Eddy Matkovic, 100 Fly.

2003-04

Yuri Suguiyama, 200 Free; &Eric Poitras, Three-Meter Diving.

2005-06

%Hank Browning, 200 Free.

2006-07

Hank Browning, 200 Free.



Tucker Shade was the ACC champion in the 100-yard butterfly three successive years from 1996 through 1998.

2007-08

Tyler Harris, 400 IM; Tommy Wyher, 100 Back; Joe Kinderwatter, 1650 Free.

2008-09

Tommy Wyher, 100 Back, 100 Fly.

2009-10

Tommy Wyher, 100 Back, 100 Fly; Chip Peterson, 1650 Free; Josh Hafkin, Vinny Pryor, Tommy Wyher, Steve Cebertowicz, 200 Medley Relay.

2010-11

Steve Cebertowicz, 100 Freestyle; Tom Luchsinger, 200 Butterfly; Tommy Wyher, 100 Backstroke; Tyler Harris, 200 Individual Medley, 400 Individual Medley.

2011-12

Tom Luchsinger, 200 Butterfly, 400 Individual Medley.

2012-13

#Tom Luchsinger, 200 Butterfly, 400 Individual Medley.

2015-16

Sam Lewis, 100 Butterfly

***Selected as Most Valuable Swimmer at Atlantic Coast Conference Championships**

@Selected as Co-Most Valuable Swimmer at Atlantic Coast Conference Championships

#Selected as Swimmer-of-the-Year in the Atlantic Coast Conference

+Selected as Co-Swimmer-of-the-Year in the Atlantic Coast Conference

&Selected as Most Valuable Diver at Atlantic Coast Conference Championships

^Won John A. Futchenberg Award as Outstanding Diver in Atlantic Coast Conference

%Selected as Atlantic Coast Conference Swimming Rookie of the Year

Women's Atlantic Coast Conference Champions

1978-79

Bonny Brown, 50 and 100 Free, 100 IM; Nancy Hudock, 200 Free; Gina Layton, 50 and 100 Back;

*Cindy Shirey, 50 and 100 Breast, 200 Back, 400 IM; Sally Winde, 200 Breast; Gina Layton, Cindy Shirey, Barb Harris, Bonny Brown, 200 Medley Relay; Ann Marshall, Nancy Hudock, Barb Harris, Brown, 400 Free Relay; Nance Thompson, Nancy Hudock, Lauren Dupree, Ann Marshall, 800 Free Relay.

1979-80

Bonny Brown, 100 IM; Cynthia Chilcott, 50, 100 and 200 Back, 400 IM; Barb Harris, 50 and 100 Fly; *Gayle Hegel, 50, 100 and 200 Breast, 200 IM; Cindy Shirey, Gayle Hegel, Barb Harris, Bonny



Layne Brodie won the 200-yard breaststroke and 200-yard individual medley at the 2011 ACC Championships and the 100- and 200-yard breaststrokes at the 2009 meet.

Brown, 200 Medley Relay; Cynthia Chilcott, Gayle Hegel, Barb Harris, Bonny Brown, 400 Medley Relay.

1980-81

*Sue Walsh, 50, 100 and 200 Back, 50 Free; Amy Pless, 50 Breast and 100 IM; Gayle Hegel, 200 IM; Cami Berizzi, Jenny Strickland, Karen Hoff, Amy Pless, 200 Medley Relay; Amy Pless, Liz Mesmer, Sue Walsh, Barb Harris, 200 Free Relay; Gayle Hegel, Barb Harris, Liz Mesmer, Sue Walsh, 800 Free Relay.

1981-82

Barb Harris, 50 Fly; Gayle Hegel, 200 and 400 IM; Amy Pless, 100 IM; Sue Walsh, 50, 100 and 200 Back, 50 Free; Sue Walsh, Jenny Strickland, Barb Harris, Kathy Smith, 400 Medley Relay; Sue Scott, Julie Basiciss, Amy Pless, Cami Berizzi, 200 Free Relay; Amy Pless, Gayle Hegel, Sue Scott, Cami Berizzi, 400 Free Relay.

1982-83

Amy Pless, 50 Breast; Jenny Strickland, 100 Breast; *Sue Walsh, 50, 100 and 200 Back, 100 IM; Polly Winde, 200 and 400 IM, 200 Breast; Sue Walsh, Jenny Strickland, Cami Berizzi, Jeanne Gerhart, 200 Medley Relay; Sue Scott, Amy Pless, Jeanne Gerhart, Sue Walsh, 200 Free Relay; Sue Scott, Amy Pless, Gayle Hegel, Sarah Durstein, 400 Free Relay;

Sarah Durstein, Cay Andres, Gayle Hegel, Polly Winde, 800 Free Relay.

1983-84

Amy Pless, 200 IM; Jenny Strickland, 100 Breast; *Sue Walsh, 100 and 200 Back, 100 Free; Polly Winde, 200 Breast and 400 IM; Sue Walsh, Jenny Strickland, Betsy Mitchell, Sue Scott, 200 Medley Relay; Betsy Mitchell, Jenny Strickland, Martha McCann, Sue Scott, 400 Medley Relay; Sue Scott, Sue Walsh, Soraya Sherwani, Amy Pless, 200 Free Relay; Amy Pless, Sue Scott, Betsy Mitchell, Sue Walsh, 400 Free Relay; Sarah Durstein, Martha McCann, MaryLou O'Connor, Polly Winde, 800 Free Relay.

1984-85

Melanie Buddemeyer, 100 and 200 Fly; *Susan O'Brien, 100 and 200 Back, 100 Free; Sue Scott, 50 Free; Polly Winde, 200 and 400 IM; Susan O'Brien, Polly Winde, Melanie Buddemeyer, Sue Scott, 200 Medley Relay; Susan O'Brien, Polly Winde, Melanie Buddemeyer, Sue Scott, 400 Medley Relay.

1985-86

Melanie Buddemeyer, 100 and 200 Fly; Wendy Powers, 100 and 200 Breast; Polly Winde, 200 and 400 IM; Susan O'Brien, Wendy Powers, Melanie Buddemeyer, Patty Schultz, 400 Medley Relay;



Tommy Wyher won four consecutive ACC titles in the 100-yard backstroke from 2008-11.



During her career, Melanie Buddemeyer (1985-89) won four ACC titles each in the 100 and 200 butterfly events.

Melanie Buddemeyer, Kim Beattie, Susan O'Brien, Patty Schultz, 400 Free Relay.

1986-87

Kim Beattie, 100 Free; Melanie Buddemeyer, 100 and 200 Fly; Karen Engel, 50 Free; Susan O'Brien, 100 and 200 Back; Wendy Powers, 100 Breast; %Ann Wentz, Three-Meter Diving; Susan O'Brien, Wendy Powers, Melanie Buddemeyer, Karen Engel, 200 Medley Relay; Susan O'Brien, Wendy Powers, Melanie Buddemeyer, Kim Beattie, 400 Medley Relay.

1987-88

Kim Beattie, 50, 100 and 200 Free; Heather Nottingham, 100 and 200 Breast; *Susan O'Brien, 100 and 200 Back, 200 IM; Hannah Turlish, 1650 Free; Susan O'Brien, Wendy Powers, Jill Benda, Kim Beattie, 200 Medley Relay.

1988-89

Melanie Buddemeyer, 100 and 200 Fly; Kim Beattie, 50 Free; Kim Beattie, Jill Benda, Wendy Powers, Melissa Douse, 200 Free Relay.

1989-90

Susan Leupold, 100 and 200 Fly; Sarah Perroni, 50 and 100 Free; Jenny Huber, Lisa Brown, Susan Leupold, Sarah Perroni, 400 Medley Relay; Jill Benda, Melissa Douse, Jenny Huber, Sarah Perroni, 200 Free Relay; Jenny Huber, Jill Benda, Melissa Douse, Sarah Perroni, 400 Free Relay.

1990-91

Melissa Douse, 100 Free; Susan Leupold, 100 Fly; Heather Nottingham, 200 Breast; Sarah Perroni, 50 Free; Hannah Turlish, 1650 Free; Cathy Burgess, Heather Nottingham, Susan Leupold, Sarah Perroni, 400 Medley Relay; Jill Benda, Melissa Douse, Jenny Huber, Sarah Perroni, 200 Free Relay; Sarah Perroni, Jenny Huber, Jill Benda, Melissa Douse, 400 Free Relay.

1991-92

Shannon Allison, 200 Back; %Heather Cleevely, One- and Three-Meter Diving; *#Melissa Douse, 50 and 100 Free, 100 Fly; Leslie Ramsey, 200 Fly; Carrie

Szulc, 200 and 400 IM; Ann Hart, Lisa Brown, Susan Leupold, Melissa Douse, 200 Medley Relay; Cathy Burgess, Lisa Brown, Susan Leupold, Melissa Douse, 400 Medley Relay; Jenny Huber, Ann Hart, Meredith Gardner, Melissa Douse, 200 Free Relay; Jenny Huber, Shannon Allison, Ann Hart, Melissa Douse, 400 Free Relay.

1992-93

Sarah Perroni, 50 and 100 Free; Trish McHardy, 1650 Free; Carrie Szulc, 400 IM; Kari Haag, Alison Nemeth, Christy Garth, Sarah Perroni, 200 Medley Relay; Cathy Burgess, Alison Nemeth, Christy Garth, Ann Hart, 400 Medley Relay; Jenny Huber, Kari Haag, Ann Hart, Sarah Perroni, 200 Free Relay; Ann Hart, Kari Haag, Jenny Huber, Sarah Perroni, 400 Free Relay; Kari Haag, Shannon Allison, Jenny Huber, Sarah Perroni, 800 Free Relay.

1993-94

Kari Haag, 50 and 100 Free; #Leslie Ramsey, 200 Fly; Carrie Szulc, 200 and 400 IM; Candiss Johnson, Ann Hart, Kari Haag, Christy Garth, 200 Free Relay; Candiss Johnson, Kari Haag, Christy Garth, Ann Hart, 400 Free Relay.

1994-95

*#Kari Haag, 50, 100 and 200 Free; Christy Garth, Ann Hart, Jennifer Latimer, Kari Haag, 200 Free Relay; Christy Garth, Ann Hart, Tracey Barrett, Kari Haag, 400 Free Relay; \$Chrissy Miller, Merel Hommen, Leslie Ramsey, Kari Haag, 800 Free Relay.

1995-96

Tracey Barrett, 200 Back; #Kari Haag, 50, 100 and 200 Free; *Chrissy Miller, 500 and 1650 Free, 400 IM; Tracey Barrett, Beth Schlessman, Chrissy Miller, Kari Haag, 400 Medley Relay; Tracey Rankin, Christy Garth, Jennifer Latimer, Kari Haag, 200 Free Relay; Jennifer Latimer, Christy Garth, Beth Schlessman, Kari Haag, 400 Free Relay; Chrissy Miller, Merel Hommen, Janney Hooff, Kari Haag, 800 Free Relay.

1996-97

\$Erika Acuff, 200 IM, 400 IM, 200

Breast; #Richelle Fox, 50 Free, 100 Free, 100 Fly; Tracey Barrett, Beth Schlessman, Richelle Fox, Jennifer Latimer, 200 Medley Relay; Tracey Barrett, Erika Acuff, Richelle Fox, Jennifer Strasburger, 400 Medley Relay; Erika Acuff, Jennifer Latimer, Jennifer Strasburger, Richelle Fox, 200 Free Relay.

1997-98

Erika Acuff, 200 IM; #Richelle Fox, 50 and 100 Free, 100 Fly; \$Summer Mack, 100 Back; *Chrissy Miller, 500 Free, 400 IM, 1650 Free; Summer Mack, Erika Acuff, Richelle Fox, Tracey Rankin, 200 Medley Relay; Summer Mack, Erika Acuff, Richelle Fox, Jennifer Strasburger, 400 Medley Relay.

1998-99

Molly Sullivan, 1650 Free; Melissa Fiss, 200 Fly; Erika Acuff, 200 IM, 400 IM; Erika Acuff, Katie Hathaway, Stefanie Rulis, Jennifer Strasburger, 800 Free Relay.

1999-2000

Christy Watkins 50 Free, 100 Back; Katie Hathaway 100 and 200 Breast; Summer Mack 200 Back; Summer Mack, Katie Hathaway, Stefanie Rulis, Christy Watkins, 200 Free Relay; Christy Watkins, Katie Hathaway, Summer Mack, Stefanie Rulis, 400 Medley Relay.

2000-01

Christy Watkins, 50 Free, 100 Back; \$Jessi Perruquet, 200 Free; Katie Hathaway, 100 Breast; Becky Acker, 200 Breast; Erika Acuff, 200 IM; Christy Watkins, Katie Hathaway, Jessi Perruquet, Erika Acuff, 400 Free Relay; Kelly Weeks, Jessi Perruquet, Katie Hathaway, Erika Acuff, 800 Free Relay; Christy Watkins, Katie Hathaway, Summer Mack, Erika Acuff, 200 Medley Relay; Christy Watkins, Katie Hathaway, Summer Mack, Jessi Perruquet, 400 Medley Relay.

2001-02

Christy Watkins, 50 Free, 100 Back; Jessi Perruquet, 200 Free; Katie Hathaway, 100 Breast, 200 Breast; Kathleen Quinn, 200 Back.

2002-03

Christy Watkins, 50 Free; Kelly Weeks, 200 Fly; Laura Collier, 200 Back.

2003-04

Jessi Perruquet, 100 and 200 Free; Kelly Weeks, 200 Fly; Virginia Hanson, Kelly Weeks, Amanda Smith, Jessi Perruquet, 800 Free Relay.

2004-05

Lizzy Bruce, 200 Breast.

2005-06

Lindsey Marck, 200 Fly.

2006-07

Lindsey Marck, 200 Fly; Whitney Sprague, 500 Free, 1650 Free; Eliza Butts, Megan Steeves, Au-

TAR HEELS

ACC Champions

brette Biegel, Kelsey Morrissey, 400 Free Relay; Ashley Howard, Eliza Butts, Kelsey Morrissey, Whitney Sprague, 800 Free Relay.

2007-08

Whitney Sprague, 500 Free, 1650 Free.

2008-09

Katura Harvey, 500 Free; Layne Brodie, 100 and 200 Breast.

2009-10

Laura Moriarty, 100 and 200 Breast, 400 IM.

2010-11

Stephanie Peacock, 500 Freestyle; Layne Brodie, 200 Breaststroke, 200 Individual Medley; Carly Smith, 100 Backstroke, 200 Backstroke; Carly Smith, Layne Brodie, Katie Nolan, Rebecca Kane, 200 Medley Relay; Carly Smith, Layne Brodie, Katie Nolan, Rebecca Kane, 400 Medley Relay.

2011-12

*#Stephanie Peacock, 200 Freestyle, 500 Freestyle, 1650 Freestyle; Laura Moriarty, 200 Breaststroke; Candace Cooper, Katie Nolan, Laura Moriarty, Danielle Siverling, 400 Medley Relay.

2012-13

#Cari Blalock, 200 Butterfly, 400 Individual Medley; Danielle Siverling, Lauren Earp, Hannah Lincoln, Ally Hardesty, 400 Freestyle Relay.

2013-14

Cari Blalock, 400 Individual Medley; Meredith Hoover, 200 Butterfly; Danielle Siverling, 200 Freestyle; Lauren Earp, Hannah Lincoln, Ally Hardesty, Danielle Siverling, 400 Freestyle Relay.

***Selected as Most Valuable Swimmer at Atlantic Coast Conference Championships**

%Selected as Most Valuable Diver at Atlantic Coast Conference Championships

#Selected as Atlantic Coast Conference Swimmer-of-the-Year

\$Selected as Atlantic Coast Conference Rookie-of-the-Year



Lindsey Marck won back-to-back titles in the 200-yard butterfly in 2006 & 2007.



Conference Award Winners

Men's All-Atlantic Coast Conference Selections

1983-84

Geoff Cassell, Todd Deckman, Eric Ericson, Dan Flack, Scott Hammond, Dirk Marshall, Clay Wellborn

1984-85

Tim Shea, Chris Stevenson

1985-86

Larry Bloch, Marc Croggon, Dan Flack, Dirk Marshall, Doug Sawyer, Tim Shea, Chris Stevenson

1986-87

Larry Bloch, Doug Sawyer, Tod Schroeder, Tim Shea

1987-88

Larry Bloch, John Davis, Nunzio Esposto, Marc Ferguson, John Fischetti, Rich Gleason, Jed Guenther, Tony Monasterio, Tod Schroeder, Ralph Vick

1988-89

Matt Countie, John Davis, Jed Guenther, Chris Himebauch, Tony Monasterio

1989-90

John Davis, Nunzio Esposto, Marc Ferguson, John Fischetti, Gary Gauch, Jed Guenther, David Monasterio, Tony Monasterio, Tod Schroeder

1990-91

Matt Countie, John Davis, Nunzio Esposto, Marc Ferguson, John Fischetti, Gary Gauch, James Hamrick, David Monasterio, Tod Schroeder, Mark Sedlak, Daniel Summerlin, Ralph Vick

1991-92

Yann deFabrique, Gary Gauch, Sean Gowrie, James Hamrick, David Monasterio, Daniel Summerlin

1992-93

Yann deFabrique, James Hamrick, William Keever, David Monasterio, Mark Sedlak, Daniel Summerlin

1993-94

Steve Bonack, Micah Copeland, Joe Craft, Yann deFabrique, Jason James, Mark Sedlak, Matt Smith, Bryan Stuck, Daniel Summerlin, Jon Thorpe, Jeff Weiss

1994-95

Ed Abele, Micah Copeland, Joe Craft, Yann deFabrique, Jay Griffin, Trevor Runberg, Drew Sechrist, Scott Troy, Jeff Weiss

1995-96

Ed Abele, Steve Bonack, Matt Branum, Ted Brisson, Mike Chorba, Micah Copeland, Eric Fehr,

Trevor Runberg, Tom Schmelzer, Tucker Shade, Scott Troy

1996-97

Ed Abele, Steve Bonack, Micah Copeland, Eric Fehr, Chris Jennings, Trevor Runberg, Tom Schmelzer, Tucker Shade, Jeff Weiss

1997-98

Ed Abele, Ted Brisson, Mike Chorba, Eric Fehr, Brad Kline, Tom Schmelzer, Tucker Shade

1998-99

Ted Brisson, Justin Rossi, Tucker Shade.

1999-2000

Kevin Erndl, Chris Helin, Brad Kline, Stephen Krebs, Sean Quinn, David Slawinski

2000-01

Chris Helin, Stephen Krebs, Stephen Mohr, Sean Quinn, Yuri Suguiyama

2001-02

Kevin Erndl, Eric Poitras, Sean Quinn

2002-03

Justin Donato, Josh Glasco, Eddy Matkovic, Michael Pigassou, Eric Poitras, Sean Quinn, Yuri Suguiyama

2003-04

Eric Poitras, Josh Glasco, Patrick Woodruff, Eddy Matkovic, Yuri Suguiyama

2004-05

Josh Glasco

2005-06

Chad Ames, Hank Browning, Jon Van Assen, Ryan Funderburk

2006-07

Hank Browning, Keith Laabs, Philip Owen, Chip Peterson

2007-08

Joe Kinderwater, Vinny Pryor, Tommy Wyher, Tyler Harris, Andy Brake, Ryan Funderburk

2008-09

Joe Kinderwater, Tommy Wyher, Tyler Harris, Jason McLaughlin

2009-10

Steve Cebertowicz, Josh Hafkin, Tyler Harris, Joe Kinderwater, Tom Luchsinger, Chip Peter-



Stephen Krebs was tapped for All-ACC honors in diving in both 2000 and 2001.

son, Vinny Pryor, Tommy Wyher

2010-11

Steve Cebertowicz, Tyler Harris, Joe Kinderwater, Tom Luchsinger, Evan Reed, Tommy Wyher

2011-12

Steve Cebertowicz, Kyle Ficker, Dominick Glavich, Tom Luchsinger, Brett Nagle, David MacDonald, J.T. Stillely

2012-13

Tom Luchsinger

2013-14

Josh Beals, Ben Colley, Alex Gianino, Jack Nyquist

2014-15

Henry Campbell, Ben Colley, Sam Lewis

2015-16

Henry Campbell, Ben Colley, Sam Lewis, Michael McBryan, Jack Nyquist

Women's All-Atlantic Coast Conference Selections

1983-84

Janice Dalrymple, Sarah Durstein, Martha McCann, Betsy Mitchell, MaryLou O'Connor, Amy Pless, Sue Scott, Soraya Sherwani, Jenny Strickland, Sue Walsh, Polly Winde

1984-85

Melanie Buddemeyer, Susan O'Brien, Sue Scott, Ann Wentz, Polly Winde

1985-86

Kim Beattie, Melanie Buddemeyer, Susan O'Brien, Wendy Powers, Patty Schultz, Polly Winde

1986-87

Kim Beattie, Melanie Buddemeyer, Karen Engel, Susan O'Brien, Wendy Powers, Ann Wentz

1987-88

Kim Beattie, Jill Benda, Heather Nottingham, Susan O'Brien, Wendy Powers, Staci Sawyer, Hannah Turlish

1988-89

Kim Beattie, Jill Benda, Lisa Brown, Melanie Buddemeyer, Melissa Douse, Wendy Powers

1989-90

Jill Benda, Lisa Brown, Dawn Davies, Melissa Douse, Jenny Huber, Susan Leupold, Sarah Perroni, Staci Sawyer

1990-91

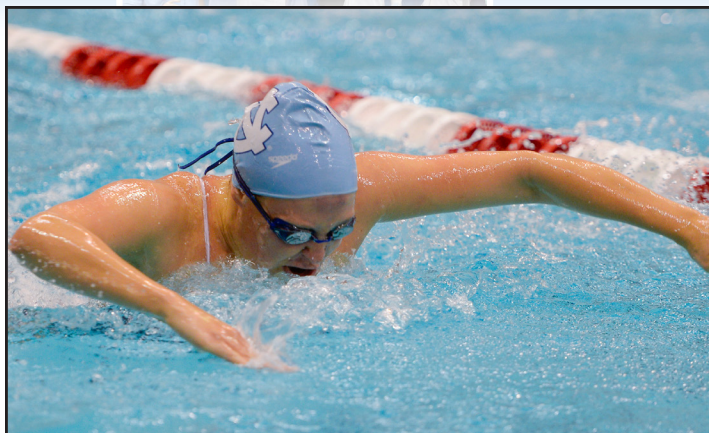
Jill Benda, Cathy Burgess, Melissa Douse, Jenny Huber, Susan Leupold, Heather Nottingham, Sarah Perroni, Hannah Turlish

1991-92

Shannon Allison, Lisa Brown, Cathy Burgess, Heather Cleevely, Melissa Douse, Meredith



Ben Colley earned All-ACC honors three straight years from 2014-16



Four-time All-ACC Academic honoree Emma Nunn

Gardner, Ann Hart, Jenny Huber, Susan Leupold, Trish McHardy, Leslie Ramsey, Theresa Seastrom, Carrie Szulc

1992-93

Shannon Allison, Cathy Burgess, Christy Garth, Kari Haag, Ann Hart, Jenny Huber, Trish McHardy, Alison Nemeth, Sarah Perroni, Carrie Szulc

1993-94

Cathy Burgess, Alison Conrad, Christy Garth, Ann Hart, Kari Haag, Candiss Johnson, Leslie Ramsey, Carrie Szulc

1994-95

Tracey Barrett, Alison Conrad, Christy Garth, Kari Haag, Ann Hart, Merel Hommen, Jennifer Latimer, Chrissy Miller, Leslie Ramsey

1995-96

Tracey Barrett, Christy Garth, Kari Haag, Merel Hommen, Janney Hooff, Jennifer Latimer, Chrissy Miller, Tracey Rankin, Beth Schlessman

1996-97

Erika Acuff, Tracey Barrett, Richelle Fox, Jennifer Latimer, Kelly McLaughlin, Beth Schlessman, Jennifer Strasburger

1997-98

Erika Acuff, Kelsey Durkin, Richelle Fox, Kristin Lozeau, Summer Mack, Chrissy Miller, Tracey Rankin, Jennifer Strasburger

1998-99



Four-time All-Atlantic Coast Conference honoree Erika Acuff

Erika Acuff, Melissa Fiss, Katie Hathaway, Stefanie Rulis, Jennifer Strasburger, Molly Sullivan

1999-2000

Katie Hathaway, Summer Mack, Kelly McLaughlin, Stefanie Rulis, Lauren Silva, Christy Watkins

2000-01

Becky Acker, Erika Acuff, Katie Hathaway, Summer Mack, Jessi Perruquet, Leigh Sanders, Lauren Silva, Lindsay Waddell, Christy Watkins, Kelly Weeks

2001-02

Becky Acker, Laura Collier, Katie Hathaway, Jessi Perruquet, Kathleen Quinn, Leigh Sanders, Molly Sullivan, Christy Watkins, Kelly Weeks

2002-03

Becky Acker, Laura Collier, Jessi Perruquet, Christy Watkins, Kelly Weeks

2003-04

Virginia Hanson, Amanda Smith, Kelly Weeks, Jessi Perruquet, Lizzy Bruce, Becky Acker, Jessie Brosch

2004-05

Lizzy Bruce, Virginia Hanson, Lindsey Marck, Kelsey Morrissy, Gia Santoro, Kelly Woodruff

2005-06

Lindsey Marck, Nicole O'Donnell, Amanda Smith, Whitney Sprague

2006-07

Aubrette Biegel, Eliza Butts, Alison Clemens, Laura Filip, Ashley Howard, Lindsey Marck, Lindsay McIlvain, Kelsey Morrissy, Nicole O'Donnell, Kristin Oxford, Whitney Sprague

2007-08

Rebecca Kane, Kelsey Morrissy, Whitney Sprague, Katura Harvey, Megan Steeves

2008-09

Rebecca Kane, Katura Harvey, Layne Brodie, Laura Moriarty

2009-10

Layne Brodie, Katura Harvey, Rebecca Kane, Laura Moriarty, Katie Nolan, Carly Smith

2010-11

Layne Brodie, Katura Harvey, Rebecca Kane, Laura Moriarty, Katie Nolan, Stephanie Peacock, Carly Smith

2011-12

Cari Blalock, Candace Cooper, Laura Moriarty, Katie Nolan, Stephanie Peacock, Danielle Siverling

2012-13

Cari Blalock, Lauren Earp, Ally Hardesty, Annie Harrison, Meredith Hoover, Hannah Lincoln, Jackie Rudolph, Danielle Siverling, Carly Smith

2013-14

Cari Blalock, Lauren Earp, Ally Hardesty, Annie Harrison, Meredith Hoover, Hannah Lincoln, Ea Nunn, Stephanie Peacock, Danielle Siverling, Carly Smith

2014-15

Hellen Moffitt, Danielle Siverling

2015-16

Elissa Dawson, Hellen Moffitt

All-ACC Academic Team

2005-06

Men: Jon Albrecht, Robby Swendiman, Jon Fox, Jon Van Assen, Keith Laabs, Patrick Woodruff, Philip Owen

Women: Lizzy Bruce, Erika Matheis, Meagan Eickman, Gia Santoro

2006-07

Men: Keith Laabs, Philip Owen, Chip Peterson, Adam Schauer, Robby Swendiman

Women: Aubrette Biegel, Meagan Eickman, Kristin Oxford, Emily Reardon, Megan Steeves

2007-08

Men: Andy Brake, Tyler Harris, Jeff James, Joe Kinderwater, Keith Laabs, Philip Owen, David Solarz, Robby Swendiman

Women: Laura Filip, Katura Harvey, Erica Schiffler, Megan Steeves

2008-09

Men: Tyler Harris, Joe Kinderwater, Victor Leclere, Brad Mitchell, Chip Peterson, David Solarz

Women: Layne Brodie, Katura Harvey, Ashley Howard, Jenna Moore, Megan Steeves

2009-10

Men: Andy Brake, Tyler Harris, Joe Kinderwater, Jeff James, Chip Peterson

Women: Katura Harvey, Katie Nolan, Marie Pesacreta, Sarah Tanner

2010-11

Men: Colin Bridier, Robert Grimmer-Norris, Tyler Harris, Ryland Jones, J.T. Stilley

Women: Layne Brodie, Danielle Jansen, Rebecca Kane, Katie Keel, Ashley Miller, Jenna Moore, Marie Pesacreta, Katie Rechsteiner, Sarah Tanner

2011-12

Men: Dominick Glavich, David MacDonald, Patrick Myers, Brett Nagle, Brock Park, J.T. Stilley

Women: Laura Moriarty, Katie Rechsteiner, Jackie Rudolph, Danielle Siverling, Sarah Tanner

2012-13

Men: Brad Dillon, Tyler Hill, Patrick Myers, Brett Nagle, David Speese, J.T. Stilley

Women: Annie Harrison, Meredith Hoover, Katie Nolan, Emma Nunn, Katie Rechsteiner, Jackie Rudolph

2013-14

Men: Brad Dillon, Dom Glavich, Sam Lewis, Patrick Myers, Jack Nyquist

Women: Annie Harrison, Meredith Hoover, Emma Nunn, Katie Rechsteiner, Danielle Siverling

2014-15

Men: Patrick Riess

Women: Abby Fisher, Katie McKay, Emma Nunn

2015-16

Men: Matt Conway, Sam Lewis, Ozzie Moyer, Jack Nyquist

Women: Rachel Canty, Abby Fisher, Ally Hardesty, Annie Harrison, Hellen Moffitt, Katie Munch, Emma Nunn

ACC Men's Swimmer-of-the-Year

John Davis	1990
David Monasterio	1991
Steve Bonack	1996
Trevor Runberg	1996
Tom Luchsinger	2013

ACC Men's Swimming Freshman-of-the-Year

Scott Troy	1995
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Conference Award Winners

Sean Quinn	2000
Hank Browning	2006
Dan O'Connor	2011

ACC Men's Swimming Coach-of-the-Year

Frank Comfort	1991
Frank Comfort	1993
Frank Comfort	1996
Frank Comfort	1997

Most Valuable Men's Swimmer at ACC Championships

Ken Ireland	1979
Eric Ericson	1984
Chris Stevenson	1986
John Davis	1988
John Davis	1990
David Monasterio	1991
Tucker Shade	1996

Most Valuable Men's Diver at ACC Championships

Joe Craft	1994
Eric Poitras	2004

John A. Futchenberg Award (Outstanding Men's Diver in ACC)

David McInnis	1956
David McInnis	1957
Ned Meekins	1958

ACC Men's Swimming & Diving Scholar-Athlete-of-the-Year

Chip Peterson	2010
Tyler Harris	2011

ACC Women's Swimmer-of-the-Year

Melissa Douse	1992
Leslie Ramsey	1994
Kari Haag	1995
Kari Haag	1996
Richelle Fox	1997
Richelle Fox	1998
Jessi Perruquet	2003
Stephanie Peacock	2012
Cari Blalock	2013

ACC Women's Diver-of-the-Year

Elissa Dawson	2016
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ACC Women's Freshman-of-the-Year

Chrissy Miller	1995
Erika Acuff	1997
Summer Mack	1998
Jessi Perruquet	2001
Layne Brodie	2009
Stephanie Peacock	2011

ACC Women's Swimming Coach-of-the-Year

Frank Comfort	1982
Frank Comfort*	1984
Frank Comfort	1985
Frank Comfort	1992
Frank Comfort	1993
Frank Comfort	1995
Frank Comfort*	1996
Frank Comfort	2000
Frank Comfort	2001
Frank Comfort	2002
Frank Comfort	2007
Rich DeSelm	2012
Rich DeSelm	2013



Frank Comfort won 11 ACC coach of the year awards during his Tar Heel career from 1978-2007.

ACC Women's Diving Coach-of-the-Year

Abel Sanchez	2016
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Most Valuable Women's Swimmer at ACC Championships

Cindy Shirey	1979
Gayle Hegel	1980
Sue Walsh	1981
Sue Walsh	1983
Sue Walsh	1984
Susan O'Brien	1985
Susan O'Brien	1988
Melissa Douse	1992
Kari Haag	1995
Chrissy Miller	1996
Richelle Fox	1997
Chrissy Miller	1998
Stephanie Peacock	2012

Most Valuable Women's Diver at ACC Championships

Ann Wentz	1987
Heather Cleevely	1992

Men's Southern Conference Individual and Relay Champions

1939-40: Fleming Stone, 50 and 100 Free; J.A. Barclay, 220 Free; 400 Freestyle Relay.

1940-41: Bob Ousley, 200 Breast; Bob Nicholson, One-Meter Diving; 400 Freestyle Relay; 300 Medley Relay.

1941-42: Bob Ousley, 200 Breast; Denny Hammond, 150 Back; 400 Freestyle Relay; 300 Medley Relay.

1942-43: Denny Hammond, 220 Free and 150 Back; Russell L. Proctor, 440 Free; Buddy Crone, One-Meter Diving; 400 Freestyle Relay; 300 Medley Relay.

1946-47: Jerry Cook, 200 Breast; Norman Sper, 150 Back and One-Meter Diving; Buddy Crone, One-Meter Diving; 400 Freestyle Relay; 300 Medley Relay.

1947-48: Floyd Drew, 50 Free; Dick Twining, 220 and 440 Free; Bob Ousley, 200 Breast; Jimmy Thomas, 150 Back; Norman Sper, One-Meter Diving; 400 Freestyle Relay; 300 Medley Relay.

1948-49: Jesse Greenbaum, 50 Free; Jimmy Thomas, 220 and 440 Free; Bob Hutton, 1500 Free; Dick Twining, 200 Breast and 150 Individual Medley; Norman Sper, 150 Back; Buddy

Crone, One-Meter Diving; 400 Freestyle Relay; 300 Medley Relay.

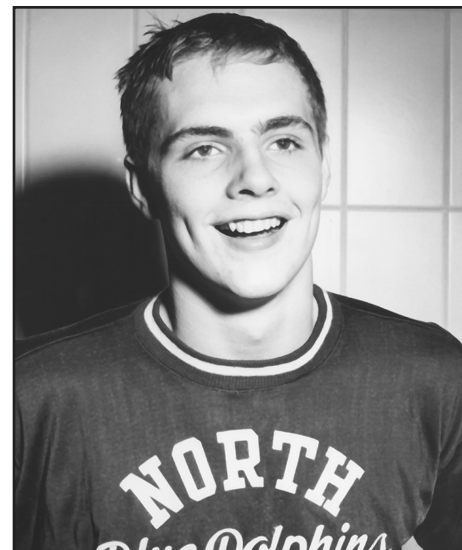
1949-50: Cecil Milton, 220 and 440 Free; Jimmy Thomas, 1500 Freestyle, 200 Breast, 150 Individual Medley; Norman Sper, 100 and 150 Back; **1950-51:** Donnie Evans, 440 Free; Barry Wall, 100 Breast; Jimmy Thomas, 100 and 200 Back, 150 Individual Medley; 400 Freestyle Relay; 300 Medley Relay.

1951-52: Barry Wall, 200 Breast; Buddy Baarcke, 100 and 200 Back; 400 Freestyle Relay; 300 Medley Relay.

1952-53: Jack Edwards, 100 Free; Barry Wall, 100 Breast; Donnie Evans, 200 Breast and 150 Individual Medley; Buddy Baarcke, 100 and 200 Back; 400 Freestyle Relay; 300 Medley Relay.

Southern Conference Championships Most Valuable Swimmers

Fleming Stone	1940
Denny Hammond	1943
Dick Twining	1948
Jimmy Thomas	1949
Jimmy Thomas	1950
Donnie Evans	1951
Jimmy Thomas	1951



Jimmy Thomas was the MVP of the Southern Conference Championships in 1949, 1950 and 1951



1977-78

Men's Most Valuable Swimmer: Rich DeSelm
Women's Most Valuable Swimmer: Bonny Brown
Men's Most Outstanding Swimmer: Mark List
Women's Most Outstanding Swimmer: Bonny Brown
Men's Most Improved Swimmer: Al Hill
Women's Most Improved Swimmer: Betsy Hughes
Men's Captains: Rich DeSelm, Mark List
Women's Captains: Bonny Brown, Laurie Potter

1978-79

Men's Most Valuable Swimmer: Fritz Homans
Women's Most Valuable Swimmer: Nancy Hudock
Men's Most Outstanding Swimmer: Ken Ireland
Women's Most Outstanding Swimmer: Bonny Brown
Men's Most Improved Swimmer: Robert Bingham
Women's Most Improved Swimmers: Betsy Hughes, Cindy Shirey
Men's Captains: Mike Amaya, Fritz Homans
Women's Captains: Bonny Brown, Laurie Potter

1979-80

Men's Most Valuable Swimmer: Dave Hansen
Women's Most Valuable Swimmer: Bonny Brown
Men's Most Outstanding Swimmer: Ken Ireland
Women's Most Outstanding Swimmer: Gayle Hegel
Men's Most Improved Swimmer: Jeff Schenk
Women's Most Improved Swimmer: Mary Ann Dempster
Men's Captains: Mike Amaya, Fritz Homans
Women's Captains: Bonny Brown, Lauren Dupree

1980-81

Men's Most Valuable Swimmer: Dave Hansen
Women's Most Valuable Swimmer: Sue Walsh
Men's Most Outstanding Swimmer: Eric Ericson
Women's Most Outstanding Swimmer: Sue Walsh
Men's Most Improved Swimmer: Ken Warren
Women's Most Improved Swimmer: Jenny Strickland
Men's Captains: Keith Hoffman, Ken Ireland
Women's Captains: Cindy Shirey, Nance Thompson, Sally Winde

1981-82

Men's Most Valuable Swimmer: Dave Hansen
Women's Most Valuable Swimmer: Sue Walsh
Men's Most Outstanding Swimmer: Eric Ericson
Women's Most Outstanding Swimmer: Sue Walsh
Men's Most Improved Swimmer: Mike Ferguson
Women's Most Improved Swimmer: Jeannette Nabell
Men's Hill Carrow Spirit Award Winner: Roger Vredeveld
Women's Hill Carrow Spirit Award Winner: Patty Huey
Men's Captains: Jose deJesus, Dave Hansen
Women's Captains: Barb Harris, Nance Thompson

1982-83

Men's Most Valuable Swimmer: Chris Stevenson
Women's Most Valuable Swimmers: Sue Walsh, Polly Winde
Men's Most Outstanding Swimmer: Eric Ericson
Women's Most Outstanding Swimmer: Sue Walsh
Men's Most Improved Swimmer: Tim Sutton
Women's Most Improved Swimmer: Sarah Durstein
Men's Hill Carrow Spirit Award Winner: Roger Vredeveld
Women's Hill Carrow Spirit Award Winner: Patty Huey
Bruce Webster Memorial Award Winner: Dirk Marshall

1983-84

Men's Most Valuable Swimmer: Eric Ericson
Women's Most Valuable Swimmer: Sue Walsh
Men's Most Outstanding Swimmer: Eric Ericson
Women's Most Outstanding Swimmer: Sue Walsh
Men's Most Improved Swimmer: Doug Sawyer
Women's Most Improved Swimmers: Martha McCann, Mary Lou O'Connor, Jenny Strickland
Men's Hill Carrow Spirit Award Winner: Geoff Cassell
Women's Hill Carrow Spirit Award Winner: Patty Huey
Bruce Webster Memorial Award Winner: Dirk Marshall
Men's Captains: Eric Ericson, Dirk Marshall
Women's Captains: Amy Pless, Sue Walsh

1984-85

Men's Most Valuable Swimmer: Chris Stevenson
Women's Most Valuable Swimmer: Polly Winde
Men's Most Outstanding Swimmers: Tim Shea, Chris Stevenson
Women's Most Outstanding Swimmer: Melanie Buddemeyer
Men's Most Improved Swimmer: Neil Wilson
Women's Most Improved Swimmer: Deirdre Coury
Men's Hill Carrow Spirit Award Winner: Geoff Cassell
Women's Hill Carrow Spirit Award Winner: Sue Scott
Bruce Webster Memorial Award Winner: Scott Fuller
Men's Captains: Geoff Cassell, Dirk Marshall
Women's Captain: Sue Scott

1985-86

Men's Most Valuable Swimmer: Chris Stevenson
Women's Most Valuable Swimmer: Susan O'Brien
Men's Most Outstanding Swimmers: Dirk Marshall, Chris Stevenson
Women's Most Outstanding Swimmer: Susan O'Brien
Men's Most Improved Swimmer: David Adams
Women's Most Improved Swimmer: Amy Pritchard
Men's Hill Carrow Spirit Award Winner: Dan Flack
Women's Hill Carrow Spirit Award Winner: Ginny Dunaway
Bruce Webster Memorial Award Winners: Dirk Marshall, Chris Stevenson, Clay Wellborn
Men's Athletic Director's Scholar-Athlete Award Winner: Chris Stevenson
Women's Athletic Director's Scholar-Athlete Award Winner: Sarah Durstein
Men's Captains: Randy Hyre, Chris Stevenson
Women's Captains: Sarah Durstein, Polly Winde

1986-87

Men's Most Valuable Swimmer: Larry Bloch
Women's Most Valuable Swimmer: Susan O'Brien
Men's Most Outstanding Swimmer: Doug Sawyer
Women's Most Outstanding Swimmer: Melanie Buddemeyer
Men's Most Improved Swimmer: Chris Himebauch
Women's Most Improved Swimmer: Karen Engel
Men's Hill Carrow Spirit Award Winner: Dan Flack
Women's Hill Carrow Spirit Award Winner: Martha McCann
Bruce Webster Memorial Award Winner: Tim Shea
Men's Athletic Director's Scholar-Athlete Award Winner: Doug Sawyer
Women's Athletic Director's Scholar-Athlete Award Winner: Martha McCann
Men's Captains: Dan Flack, Doug Sawyer

Women's Captains: Martha McCann, Susan O'Brien

1987-88

Men's Most Valuable Swimmer: John Davis
Women's Most Valuable Swimmer: Susan O'Brien
Men's Most Outstanding Swimmer: Larry Bloch
Women's Most Outstanding Swimmer: Susan O'Brien
Men's Most Improved Swimmer: Jon Austin
Women's Most Improved Swimmer: Jenny Hinshaw
Men's Hill Carrow Spirit Award Winner: Chris Himebauch
Women's Hill Carrow Spirit Award Winner: Wendy Powers
Bruce Webster Memorial Award Winner: Marc Ferguson
Men's Athletic Director's Scholar-Athlete Award Winner: Scott Fuller
Women's Athletic Director's Scholar-Athlete Award Winner: Erika Schmidt
Men's Captains: Scott Fuller, Chris Himebauch

Women's Captain: Susan O'Brien

1988-89

Men's Most Valuable Swimmer: John Davis
Women's Most Valuable Swimmer: Wendy Powers
Men's Most Outstanding Swimmer: John Davis
Women's Most Outstanding Swimmer: Melanie Buddemeyer
Men's Most Improved Swimmer: Gary Gauch
Women's Most Improved Swimmer: Melissa Douse
Men's Hill Carrow Spirit Award Winner: Chris Himebauch
Women's Hill Carrow Spirit Award Winner: Wendy Powers
Bruce Webster Memorial Award Winner: Marc Ferguson
Class of 1989 Most Dedicated Swimmer Award Winner: Wendy Powers
Class of 1940 Blue Dolphin Award Winners: Chris Himebauch, Wendy Powers
Osterneck Family Unsung Hero Award Winners: Craig Silliman, Jeff Sural
Men's Athletic Director's Scholar-Athlete Award Winner: Craig Silliman
Women's Athletic Director's Scholar-Athlete Award Winner: Amy Pritchard
Men's Captains: Jed Guenther, Chris Himebauch
Women's Captains: Amy Pritchard, Wendy Powers

1989-90

Men's Most Valuable Swimmer: John Davis
Women's Most Valuable Swimmer: Sarah Perroni
Men's Most Outstanding Swimmer: John Davis
Women's Most Outstanding Swimmer: Sarah Perroni
Men's Most Improved Swimmer: James Hamrick
Women's Most Improved Swimmer: Jenny Huber
Men's Hill Carrow Spirit Award Winner: Jed Guenther
Women's Hill Carrow Spirit Award Winner: Jenny Hinshaw
Bruce Webster Memorial Award Winner: Marc Ferguson
Class of 1989 Most Dedicated Swimmer Award Winner: Jenny Hinshaw
Class of 1940 Blue Dolphin Award Winner: Murray Drucker
Osterneck Family Unsung Hero Award Winners: Jon Austin, Mike Connor, Joe Kohla, John Morrison, Ellen Young
Men's Athletic Director's Scholar-Athlete Award Winner: Jon Austin
Women's Athletic Director's Scholar-Athlete Award



Abby Fisher, Katie McKay, Jack Nyquist, 2015-16 Patrick & Mary Louise Earey Service Awards

CAROLINA

Team Awards

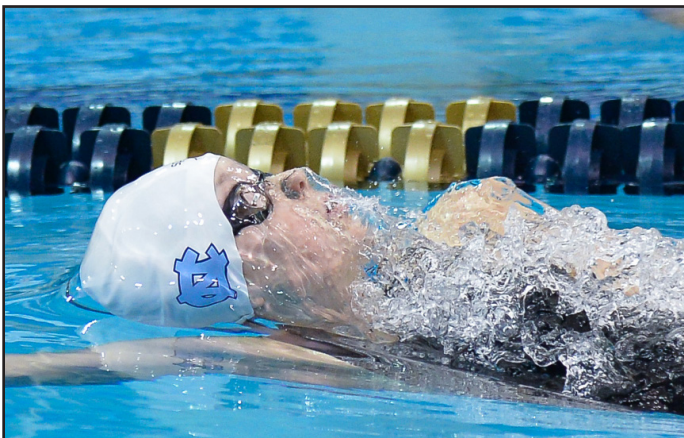
Winner: Natalie Gould
Men's Captains: Jed Guenther, Tony Monasterio
Women's Captains: Karin Andren, Jenny Hinshaw
1990-91
Men's Most Valuable Swimmer: David Monasterio
Women's Most Valuable Swimmer: Melissa Douse
Men's Most Outstanding Swimmer: David Monasterio
Women's Most Outstanding Swimmer: Melissa Douse
Men's Most Improved Swimmer: James Hamrick
Women's Most Improved Swimmer: Meredith Gardner
Men's Hill Carrow Spirit Award Winner: Chip Lavender
Women's Hill Carrow Spirit Award Winner: Karin Andren
Bruce Webster Memorial Award Winner: Marc Ferguson
Class of 1989 Most Dedicated Swimmer Award Winner: Sarah Perroni
Class of 1940 Blue Dolphin Award Winner: Dave Lohse
Osterneck Family Unsung Hero Award Winner: Nunzio Esposito
Men's Athletic Director's Scholar-Athlete Award Winner: Marc Ferguson
Women's Athletic Director's Scholar-Athlete Award Winner: Heather Nottingham
Men's Captains: John Davis, Marc Ferguson
Women's Captains: Karin Andren, Jill Benda, Melissa Douse
1991-92
Men's Most Valuable Swimmer: David Monasterio
Women's Most Valuable Swimmer: Melissa Douse
Men's Most Outstanding Swimmer: James Hamrick
Women's Most Outstanding Swimmer: Melissa Douse
Men's Most Improved Swimmer: Kevin Antshel
Women's Most Improved Swimmer: Claudia Goins
Men's Hill Carrow Spirit Award Winner: Gary Gauch
Women's Hill Carrow Spirit Award Winner: Jenny Huber
Bruce Webster Memorial Award Winner: Yann deFabrique
Class of 1989 Most Dedicated Swimmer Award Winner: Shannon Allison
Class of 1940 Blue Dolphin Award Winner: Jack Ryan
Osterneck Family Unsung Hero Award Winners: Kevin Antshel, Ryan Schwanke, Aimee Skeen
Men's Athletic Director's Scholar-Athlete Award Winner: Ralph Vick
Women's Athletic Director's Scholar-Athlete Award Winner: Melissa Douse
Men's Captains: Gary Gauch, David Monasterio
Women's Captains: Melissa Douse, Sarah Perroni
1992-93
Men's Most Valuable Swimmer: James Hamrick
Women's Most Valuable Swimmer: Sarah Perroni
Men's Most Outstanding Swimmer: James Hamrick
Women's Most Outstanding Swimmer: Sarah Perroni
Men's Most Improved Swimmer: Peter Cloutier
Women's Most Improved Swimmer: Margaret Rich-

ards
Men's Hill Carrow Spirit Award Winner: Mark Moore
Women's Hill Carrow Spirit Award Winner: Jenny Huber
Bruce Webster Memorial Award Winner: James Hamrick
Class of 1989 Most Dedicated Swimmer Award Winner: Sarah Perroni
Class of 1940 Blue Dolphin Award Winner: Beth Miller
Osterneck Family Unsung Hero Award Winners: Jason Clark, Greg Hart, Erin Martin, Pam Proctor
Men's Athletic Director's Scholar-Athlete Award Winner: James Hamrick
Women's Athletic Director's Scholar-Athlete Award Winner: Jenny Huber
Men's Captains: James Hamrick, Mark Moore
Women's Captains: Jenny Huber, Jill Minich
1993-94
Men's Most Valuable Swimmers: Yann deFabrique, Daniel Summerlin
Women's Most Valuable Swimmer: Leslie Ramsey
Men's Most Outstanding Swimmer: Daniel Summerlin
Women's Most Outstanding Swimmer: Leslie Ramsey
Men's Most Improved Swimmer: Bryan Stuck
Women's Most Improved Swimmer: Susan Stretcher
Men's Hill Carrow Spirit Award Winner: Chris John
Women's Hill Carrow Spirit Award Winner: Jill Minich
Bruce Webster Memorial Award Winners: Daniel Summerlin, Jeff Weiss
Class of 1989 Most Dedicated Swimmer Award Winner: Leslie Ramsey
Class of 1940 Blue Dolphin Award Winner: Kevin Antshel
Osterneck Family Unsung Hero Award Winners: Lisa Etherington, Josh Thomson
Men's Athletic Director's Scholar-Athlete Award Winner: Chris John
Women's Athletic Director's Scholar-Athlete Award Winner: Shannon Howes
Men's Captains: Chris John, Daniel Summerlin
Women's Captains: Shannon Allison, Shannon Howes
1994-95
Men's Most Valuable Swimmers: Trevor Runberg, Jeff Weiss
Women's Most Valuable Swimmer: Kari Haag
Men's Most Outstanding Swimmer: Scott Troy
Women's Most Outstanding Swimmer: Kari Haag
Men's Most Improved Swimmer: Tim Capps
Women's Most Improved Swimmer: Cara Dunaway
Men's Hill Carrow Spirit Award Winner: Joe Craft
Women's Hill Carrow Spirit Award Winner: Christy Garth
Bruce Webster Memorial Award Winner: Eric Fehr
Class of 1989 Most Dedicated Swimmer Award Winner: Leslie Ramsey
Class of 1940 Blue Dolphin Award Winner: C.B. Whitfield
Osterneck Family Unsung Hero Award Winners: Jenni Smith
Men's Athletic Director's Scholar-Athlete Award Winner: Drew Sechrist
Women's Athletic Director's Scholar-Athlete Award Winner: Alison Conrad
Men's Captains: Peter Cloutier, Joe Craft
Women's Captains: Christy Garth, Leslie Ramsey
1995-96
Men's Most Valuable Swimmer: Trevor Runberg



Sam Lewis, 2015-16 Most Outstanding Swimmer, Bruce Webster Memorial Award

mer: Trevor Runberg
Women's Most Valuable Swimmer: Chrissy Miller
Men's Most Outstanding Swimmer: Steve Bonack
Women's Most Outstanding Swimmer: Kari Haag
Men's Most Improved Swimmer: Eric Fehr
Women's Most Improved Swimmer: Jennifer Latimer
Men's Hill Carrow Spirit Award Winner: Tucker Shade
Women's Hill Carrow Spirit Award Winner: Christy Garth
Bruce Webster Memorial Award Winner: Tom Schmelzer
Class of 1989 Most Dedicated Swimmer Award Winner: Chrissy Miller
Class of 1940 Blue Dolphin Award Winners: 1995-96 UNC Men's Swimming Team
Osterneck Family Unsung Hero Award Winners: Garrett Means, Nicola Stewart, Cheri Yadao
Men's Athletic Director's Scholar-Athlete Award Winner: Matt Branum
Women's Athletic Director's Scholar-Athlete Award Winner: Kari Haag
Men's Captains: Matt Branum, Micah Copeland, Erik Morris
Women's Captains: Christy Garth, Kari Haag
1996-97
Men's Most Valuable Swimmer: Micah Copeland
Women's Most Valuable Swimmer: Richelle Fox
Men's Most Outstanding Swimmer: Tucker Shade
Women's Most Outstanding Swimmer: Richelle Fox
Men's Most Improved Swimmer: Matt Lundgaard
Women's Most Improved Swimmer: Kelly McLaughlin
Men's Hill Carrow Spirit Award Winner: Tucker Shade
Women's Hill Carrow Spirit Award Winner: Jennifer Strasburger
Bruce Webster Memorial Award Winners: Steve Bonack and Eric Fehr
Class of 1989 Most Dedicated Swimmer Award Winner: Richelle Fox
Class of 1940 Blue Dolphin Award Winners: Matt Branum, Steve Bonack, Micah Copeland, Patrick Hefernan, Jason James, Erik Morris, Jeff Weiss
Osterneck Family Unsung Hero Award Winner: Erik Morris
Men's Athletic Director's Scholar-Athlete Award Winner: Matt Branum
Women's Athletic Director's Scholar-Athlete Award Winner: Cara Dunaway
Men's Captains: Matt Branum, Micah Copeland, Erik Morris
Women's Captains: Cara Dunaway, Chrissy Miller
1997-98
Men's Most Valuable Swimmer: Ted Brisson
Women's Most Valuable Swimmer: Richelle Fox
Men's Most Outstanding Swimmer: Tucker Shade
Women's Most Outstanding Swimmer: Richelle Fox
Men's Most Improved Swimmer: Brad Kline
Women's Most Improved Swimmer: Kelsey Durkin
Men's Hill Carrow Spirit Award Winner: Tim Tober
Women's Hill Carrow Spirit Award Winner: Tracey Rankin
Bruce Webster Memorial Award Winner: Seth Laughlin



Hellen Moffitt, 2015-16 Most Outstanding Swimmer & Most Improved Swimmer



Ally Hardesty, 2015-16 Most Valuable Swimmer

Class of 1989 Most Dedicated Swimmer Award Winner: Richelle Fox
Class of 1940 Blue Dolphin Award Winner: Marc Davis
Osterneck Family Unsung Hero Award Winners: Brian Cockman, Sarah Purcell
Men's Athletic Director's Scholar-Athlete Award Winner: Eric Fehr
Women's Athletic Director's Scholar-Athlete Award Winners: Richelle Fox, Millie Long
Men's Captains: Ed Abele, Trevor Runberg
Women's Captains: Richelle Fox, Millie Long
1998-99
Men's Most Valuable Swimmer: Ted Brisson
Women's Most Valuable Swimmer: Erika Acuff
Men's Most Outstanding Swimmer: Tucker Shade
Women's Most Outstanding Swimmer: Katie Hathaway
Men's Most Improved Swimmers: Justin Rossi, Greg Johnson
Women's Most Improved Swimmer: Heather Stiles
Men's Hill Carrow Spirit Award Winner: Tim Tober
Women's Hill Carrow Spirit Award Winner: Jennifer

Women's Most Valuable Swimmer: Katie Hathaway
Men's Most Outstanding Swimmer: Sean Quinn
Women's Most Outstanding Swimmer: Christy Watkins
Men's Most Improved Swimmer: Andrew Biedrzycki
Women's Most Improved Swimmer: Janna Turner
Men's Hill Carrow Spirit Award: Jonah Turner
Women's Hill Carrow Spirit Award: Jennifer Strasburger
Bruce Webster Memorial Award Winner: Stephen Mohr
Class of 1989 Most Dedicated Swimmer Award Winner: Kelly McLaughlin
Osterneck Family Unsung Hero Award Winner: Kevin Mangum
Men's Athletic Director's Scholar-Athlete Award Winner: Christian Zuburg

Women's Athletic Director's Scholar-Athlete Award Winners: Kelly McLaughlin, Jennifer Strasburger
Men's Captains: Brad Kline, Seth Laughlin, David Weeks
Women's Captains: Kelly McLaughlin, Jennifer Strasburger
2000-01

Men's Most Valuable Swimmer: Chris Helin
Women's Most Valuable Swimmer: Erika Acuff
Men's Most Outstanding Swimmer: Yuri Suguiyama
Women's Most Outstanding Swimmer: Katie Hathaway
Men's Most Improved Swimmer: Jimmy Owens
Women's Most Improved Swimmer: Elizabeth Misiti
Men's Hill Carrow Spirit Award: Seth Laughlin
Women's Hill Carrow Spirit Award: Janna Turner
Bruce Webster Memorial Award Winner: Stephen Mohr
Class of 1989 Most Dedicated Swimmer Award: Jessi Perruquet
Osterneck Family Unsung Hero Award Winners: JoAnn Overton, Erica Vrana, Taylor Marks, David Me-

Unsung Hero Award Winners: Andrew Biedrzycki, Greg Johnson
Class of 1940 Blue Dolphin Award Winners: Tom and Judy Kean
David McInnis Diving Awards: Stephen Krebs, Ashley Benner
Men's Athletic Director's Scholar-Athlete Award Winner: Seth Laughlin
Women's Athletic Director's Scholar-Athlete Award Winner: Katie Hathaway
Men's Captains: Seth Laughlin, Chris Helin, Kert Johnson
Women's Captains: Janna Turner, Katie Hathaway
2002-03

Men's Most Valuable Swimmer: Sean Quinn
Women's Most Valuable Swimmer: Christy Watkins
Men's Most Outstanding Swimmer: Yuri Suguiyama
Women's Most Outstanding Swimmer: Jessi Perruquet
Men's Most Improved Swimmer: Josh Glasco
Women's Most Improved Swimmer: Lizzy Bruce
Men's Hill Carrow Spirit Awards: Sean Quinn, Stephen Mohr
Women's Hill Carrow Spirit Award: Janna Turner
Bruce Webster Memorial Award Winner: Stephen Mohr
Class of 1989 Most Dedicated Swimmer Awards: Becky Acker, Kelly Weeks
Osterneck Family Unsung Hero Award Winners: Hal Wansley, P.J. Wallin
Class of 1940 Blue Dolphin Award Winner: Sharon Wagner
Men's Athletic Director's Scholar-Athlete Award Winner: Stephen Mohr
Women's Athletic Director's Scholar-Athlete Award Winner: Laura Collier
Men's Captains: Stephen Mohr, Stephen Krebs, Sean Quinn
Women's Captains: Janna Turner, Jessi Perruquet
2003-04

Men's Most Valuable Swimmer: Yuri Suguiyama
Women's Most Valuable Swimmers: Jessi Perruquet, Kelly Weeks
Men's Most Outstanding Swimmer: Yuri Suguiyama
Women's Most Outstanding Swimmer: Jessi Perruquet
Men's Most Improved Swimmer: Patrick Woodruff
Women's Most Improved Swimmer: Emily Reardon
Men's Hill Carrow Spirit Award: Dan Vick
Women's Hill Carrow Spirit Award: Whitney Smith
Bruce Webster Memorial Award Winner: Yuri Suguiyama
Andrea Erban Most Dedicated Swimmer Award: Becky Acker
Osterneck Family Unsung Hero Award Winners: Sinisa Haberle, Gena Bittner, Courtney Lewis
Class of 1940 Blue Dolphin Award Winner: Willem Bok
David McInnis Diving Awards: Eric Poitras, Elizabeth Misiti, Lindsay Waddell, Jennifer Rehm
Men's Athletic Director's Scholar-Athlete Award Winner: Yuri Suguiyama
Women's Athletic Director's Scholar-Athlete Award Winners: Jessi Perruquet, Becky Acker
Men's Captains: Yuri Suguiyama, Dan Vick
Women's Captains: Jessie Brosch, Jessi Perruquet
2004-05
Men's Most Valuable Swimmer: Josh Glasco



Nic Graesser, 2015-16 Most Valuable Swimmer

Strasburger
Bruce Webster Memorial Award Winner: Tom Schmelzer
Class of 1989 Most Dedicated Swimmer Award Winner: Kelly McLaughlin
Class of 1940 Blue Dolphin Award Winners: Liz Bursiek, Katie Coates, Hilary Hoskins, Karen Krysiwsky, Catherine Frock, Kelsey Durkin, Beth Schlessman, Tracey Rankin
Osterneck Family Unsung Hero Award Winners: Liz Bursiek, Katie Coates, Hilary Hoskins, Karen Krysiwsky, Catherine Frock, Tim Tober, Matt Lundgaard, Christian Weber
Men's Athletic Director's Scholar-Athlete Award Winner: Ted Brisson
Women's Athletic Director's Scholar-Athlete Award Winner: Beth Schlessman
Men's Captains: Ted Brisson, Tucker Shade, Tom Schmelzer
Women's Captains: Kelsey Durkin, Beth Schlessman, Tracey Rankin
1999-2000
Men's Most Valuable Swimmer: Chris Helin

Women's Most Valuable Swimmer: Katie Hathaway
Men's Most Outstanding Swimmer: Sean Quinn
Women's Most Outstanding Swimmer: Jessi Perruquet

Men's Most Improved Swimmer: Reid Owen
Women's Most Improved Swimmer: Whitney Smith
Men's Hill Carrow Spirit Award: Seth Laughlin
Women's Hill Carrow Spirit Award: Janna Turner
Bruce Webster Memorial Award Winner: Seth Laughlin
Class of 1989 Most Dedicated Swimmer Award: Gena Bittner
Osterneck Family



Michael McBryan, 2015-16 Most Improved Swimmer

CAROLINA

Team Awards

Women's Most Valuable Swimmer: Lindsey Marck
Men's Most Outstanding Swimmer: Josh Glasco
Women's Most Outstanding Swimmer: Lindsey Marck
Men's Most Improved Swimmers: Casey Kott, Philip Owen
Women's Most Improved Swimmer: Kelly Woodruff
Men's Hill Carrow Spirit Award: Jon Van Assen
Women's Hill Carrow Spirit Award: Jessie Brosch
Bruce Webster Memorial Award Winner: Aaron Burns
Andrea Erban Most Dedicated Swimmer Award: Erin Cutrell
David McInnis Diving Awards: Ben Herboth, Gia Santoro
Men's Athletic Director's Scholar-Athlete Award Winner: John Hartmann
Women's Athletic Director's Scholar-Athlete Award Winner: Jessie Brosch
Men's Captains: Reid Owen, Eric Mohr
Women's Captains: Jessie Brosch, Kathleen Quinn, Virginia Hanson
2005-06

Men's Most Valuable Swimmer: Hank Browning
Women's Most Valuable Swimmer: Lindsey Marck
Men's Most Outstanding Performer: Ryan Funderburk
Women's Most Outstanding Swimmers: Whitney Sprague, Nicole O'Donnell
Men's Most Improved Performer: Ryan Funderburk
Women's Most Improved Swimmer: Kimmy Davis
Men's Hill Carrow Spirit Award: Patrick Woodruff
Women's Hill Carrow Spirit Award: Becky Smock
Bruce Webster Memorial Award Winner: Patrick Woodruff
Andrea Erban Most Dedicated Swimmer Award: Emily Reardon
David McInnis Diving Awards: Ryan Funderburk, Jon Fox, Mandi Arak
Osterneck Family Unsung Hero Award Winners: Josh Weavil, Erich Gloege
Class of 1940 Blue Dolphin Award Winner: Quinton Sawyer
Men's Athletic Director's Scholar-Athlete Award Winner: Patrick Woodruff
Women's Athletic Director's Scholar-Athlete Award Winners: Lizzy Bruce, Gia Santoro
Men's Captains: Josh Glasco, Jon Albrecht, Patrick Woodruff
Women's Captains: Lizzy Bruce, Gia Santoro, Becky Smock
2006-07

Men's Most Valuable Swimmer: Hank Browning
Women's Most Valuable Swimmer: Lindsey Marck
Men's Most Outstanding Swimmer: Chip Peterson
Women's Most Outstanding Swimmer: Whitney Sprague
Men's Most Improved Swimmer: Philip Owen
Women's Most Improved Performer: Laura Filip
Men's Hill Carrow Spirit Award: Robby Swediman
Women's Hill Carrow Spirit Awards: Becky Smock, Emily Reardon, Erin Cutrell
Bruce Webster Memorial Award Winner: Robby Swendiman
Andrea Erban Most Dedicated Swimmer Award: Ashley Howard
David McInnis Diving Awards: Jon Fox, Laura Filip
Osterneck Family Unsung Hero Award Winners: Paul Weir, Adam Schauer, Robbie Bittner, Stewart Norman
Class of 1940 Blue Dolphin Award Winner: Steve Gisselman

Men's Athletic Director's Scholar-Athlete Award Winner: Jon Fox
Women's Athletic Director's Scholar-Athlete Award Winner: Emily Reardon
Men's Captains: Robby Swendiman, Jon Fox, Aaron Burns, Keith Laabs
Women's Captains: Emily Reardon, Lindsey Marck, Erin Cutrell, Becky Smock
2007-08

Men's Most Valuable Swimmer: Tyler Harris
Women's Most Valuable Swimmer: Kelsey Morrissey
Men's Most Outstanding Swimmer: Joe Kinderwater
Women's Most Outstanding Swimmer: Whitney Sprague
Men's Most Improved Swimmer: Flynn Jones
Women's Most Improved Performer: Caroline Hartmann
Men's Hill Carrow Spirit Award: Brandon Suddreth
Women's Hill Carrow Spirit Award: Kelly Woodruff
Bruce Webster Memorial Award Winners: Yi-Khy Saw, Jason McLaughlin
Andrea Erban Most Dedicated Swimmer Awards: Kelsey Morrissey, Lindsay McIlvain
David McInnis Diving Awards: Erika Matheis, Laura Filip, Ryan Funderburk
Osterneck Family Unsung Hero Award Winners: Will Bondurant
Class of 1940 Blue Dolphin Award Winners: Keith Laabs, Philip Owen, Robby Swendiman
Tar Healer Award Winner: Kelly Woodruff
Team Academic Captains: Aubrette Biegel, Katy Pritchett, Yi-Khy Saw
Men's Athletic Director's Scholar-Athlete Award Winner: Keith Laabs
Women's Athletic Director's Scholar-Athlete Award Winner: Laura Filip
Men's Captains: Robby Swendiman, Philip Owen, Keith Laabs
Women's Captains: Lindsey Marck, Laura Filip, Kelsey Morrissey, Taylor McFarlane
2008-09

Men's Most Valuable Swimmer: Tyler Harris
Women's Most Valuable Swimmer: Layne Brodie
Men's Most Outstanding Swimmer: Tommy Wyher
Women's Most Outstanding Swimmer: Whitney Sprague
Men's Most Improved Swimmer: Flynn Jones
Women's Most Improved Performer: Kimmy Davis
Men's Hill Carrow Spirit Award: Joe Kinderwater
Women's Hill Carrow Spirit Award: Laura Moriarty
Bruce Webster Memorial Award Winner: Chip Peterson
Andrea Erban Most Dedicated Swimmer Awards: Ashley Howard, Katura Harvey
David McInnis Diving Awards: David Solarz, Jenna Moore
Osterneck Family Unsung Hero Award Winners: Alex Kenley
Class of 1940 Blue Dolphin Award Winners: Yi-Khy Saw, Lindsay McIlvain
Tar Healer Award Winners: Jason McLaughlin, Katie Marsh

Strength & Conditioning Awards: Kimmy Davis, Yi-Khy Saw, Brad Mitchell
Men's Athletic Director's Scholar-Athlete Award Winner: Yi-Khy Saw
Women's Athletic Director's Scholar-Athlete Award Winner: Lindsay McIlvain
Men's Captains: Jeff James, Brad Mitchell, Yi-Khy Saw
Women's Captains: Lindsay McIlvain, Whitney Sprague, Alison Clemens
2009-10

Men's Most Valuable Swimmer: Tommy Wyher
Women's Most Valuable Swimmer: Rebecca Kane



Maria Lohman, 2015-16 Most Improved Diver

Men's Most Outstanding Swimmer: Tommy Wyher
Women's Most Outstanding Swimmer: Laura Moriarty
Men's Most Improved Swimmer: Tom Luchsinger
Women's Most Improved Performer: Ashley Miller
Men's Hill Carrow Spirit Award: Joe Kinderwater
Women's Hill Carrow Spirit Award: Candace Cooper
Bruce Webster Memorial Award Winner: Chip Peterson
Andrea Erban Most Dedicated Swimmer Award: Ashley Howard
David McInnis Diving Awards: Jenna Moore, Ryland Jones
Osterneck Family Unsung Hero Award Winner: Jim Flannery
Class of 1940 Blue Dolphin Award Winners: Sarah Tanner, Jeff James
Men's Athletic Director's Scholar-Athlete Award Winner: Chip Peterson
Women's Athletic Director's Scholar-Athlete Award Winner: Megan Steeves
Men's Captains: Jeff James, Jason McLaughlin, Hank Browning
Women's Captains: Alison Clemens, Ashley Howard
2010-11

Men's Most Valuable Swimmer: Steve Cebertowicz
Women's Most Valuable Swimmer: Layne Brodie
Men's Most Outstanding Swimmer: Tyler Harris
Women's Most Outstanding Swimmer: Carly Smith
Men's Most Improved Swimmers: Tom Luchsinger, Dan O'Connor
Women's Most Improved Performers: Jackie Rudolph, Kristin Arnold
Men's Hill Carrow Spirit Award: Joe Kinderwater
Women's Hill Carrow Spirit Award: Laura Moriarty
Bruce Webster Memorial Award Winner: Tom Luchsinger
Andrea Erban Most Dedicated Swimmer Award: Sarah Tanner
David McInnis Diving Awards: Jenna Moore, David MacDonald
Osterneck Family Unsung Hero Award Winners: Laura Ruscoe, David Zolno
Class of 1940 Blue Dolphin Award Winners: Will Bondurant, Katura Harvey
Men's Athletic Director's Scholar-Athlete Award Winner: Joe Kinderwater
Women's Athletic Director's Scholar-Athlete Award Winner: Katura Harvey
Men's Captains: David Zolno, Jim Flannery, Joe Kinderwater
Women's Captains: Jenna Moore, Katura Harvey, Laura Moriarty
2011-12

Men's Most Valuable Swimmer: Steve Cebertowicz
Women's Most Valuable Swimmer: Stephanie Peacock
Men's Most Outstanding Swimmer: Steve Cebertowicz
Women's Most Outstanding Swimmer: Stephanie Peacock
Men's Most Improved Swimmer: Kyle Ficker



Jack Nyquist, 2015-16 Most Outstanding Diver



Abby Fisher, Most Dedicated Swimmer



Rachel Canty, Osterneck Family Award



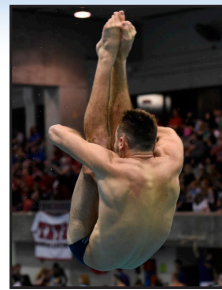
Kurt Wohlrab, Osterneck Family Award



Annie Harrison, Hill Carrow Spirit Award



Mitch DeForest, Hill Carrow Spirit Award



Ozzie Moyer, Most Improved Diver

Women's Most Improved Performer: Danielle Siverling

Men's Hill Carrow Spirit Award: Jesse Mendes

Women's Hill Carrow Spirit Award: Sarah Tanner

Bruce Webster Memorial Award Winner: Brett Nagle

Andrea Erban Most Dedicated Swimmer Award: Laura Ruscoe

David McInnis Diving Awards: Jenna Moore, David MacDonald

Osterneck Family Unsung Hero Award Winners: Jenna Moore

Class of 1940 Blue Dolphin Award Winners: Kathy Griggs, Dick Baddour

Men's Athletic Director's Scholar-Athlete Award Winner: Victore Leclere

Women's Athletic Director's Scholar-Athlete Award Winner: Jenna Moore

Men's Captains: Jim Flannery, Jesse Mendes

Women's Captains: Sarah Tanner, Laura Moriarty

2012-13

Men's Most Valuable Swimmer: Tom Luchsinger

Women's Most Valuable Swimmer: Katie Nolan

Men's Most Outstanding Swimmer: Tom Luchsinger

Women's Most Outstanding Swimmer: Cari Blalock

Men's Most Improved Swimmer: Logan Heck

Women's Most Improved Performer: Meredith Hoover

Men's Hill Carrow Spirit Award: Brett Nagle

Women's Hill Carrow Spirit Award: Annie Harrison

Bruce Webster Memorial Award Winners: Mitch DeForest, Sam Lewis

Andrea Erban Most Dedicated Swimmer Award: Katie Nolan

David McInnis Diving Awards: Ozzie Moyer, Emily Schmidt

Osterneck Family Unsung Hero Award Winners: Alex Gianino, Jackie Rudolph

Class of 1940 Blue Dolphin Award Winners: Jack & Liz Luchsinger, Chip & Ginny Hoover

Men's Athletic Director's Scholar-Athlete Award Winner: Brett Nagle

Women's Athletic Director's Scholar-Athlete Award Winner: Jackie Rudolph

Men's Captains: Alex Gianino, Brett Nagle

Women's Captains: Stephanie Eisenring, Katie Nolan

2013-14

Men's Most Valuable Swimmer: Alex Gianino

Women's Most Valuable Swimmer: Ally Hardesty

Men's Most Outstanding Swimmer: Sam Lewis

Women's Most Outstanding Swimmer: Meredith Hoover

Men's Most Improved Swimmers: Patrick Myers, Ben Colley

Women's Most Improved Performer: Ally Hardesty

Men's Hill Carrow Spirit Award: Alex Gianino

Women's Hill Carrow Spirit Award: Cari Blalock

Bruce Webster Memorial Award Winner: Brian Bollerman

Andrea Erban Most Dedicated Swimmer Award: Katie Rechsteiner

David McInnis Most Outstanding Diving Awards: Erin Purdy, Jack Nyquist

David McInnis Most Improved Diving Awards: Kelly Corish, Ryan Fox

Osterneck Family Unsung Hero Award Winners: Danielle Jansen, J.T. Stilley

Class of 1940 Blue Dolphin Award Winners: Bobby & Nicole Mendes, Chip & Ginny Hoover

Men's Athletic Director's Scholar-Athlete Award

Winner: Brad Dillon

Women's Athletic Director's Scholar-Athlete Award

Winner: Meredith Hoover

Men's Captains: Bryce Mendes, J.T. Stilley

Women's Captains: Katie Rechsteiner, Stephanie Peacock

2014-15

Men's Most Valuable Swimmer: Ben Colley

Women's Most Valuable Swimmer: Ally Hardesty

Men's Most Outstanding Swimmer: Sam Lewis

Women's Most Outstanding Swimmer: Danielle Siverling

Men's Most Improved Swimmer: Henry Campbell

Women's Most Improved Performer: Hellen Moffitt

Men's Hill Carrow Spirit Award: Clifton Gordon

Women's Hill Carrow Spirit Award: Danielle Siverling

Women's Patrick and Mary Louise Earey Service Award: Emma Nunn

Men's Patrick and Mary Louise Earey Service Award: Tyler Hill

Bruce Webster Memorial Award Winner: Mitch DeForest

Andrea Erban Most Dedicated Swimmer Award: Katie Munch

David McInnis Most Outstanding Diving Awards: Michole Timm, Jack Nyquist

David McInnis Most Improved Diving Awards: Kelly Corish, Ryan Fox

Osterneck Family Unsung Hero Award Winners: Hannah Runyon-Hass, Patrick Myers

Class of 1940 Blue Dolphin Award Winners: Larry Gallo, Sue Walsh

Men's Athletic Director's Scholar-Athlete Award Winner: Tyler Hill

Women's Athletic Director's Scholar-Athlete Award Winner: Kelly Corish

Men's Captains: Mitch DeForest, Patrick Myers

Women's Captains: Kelly Corish, Danielle Siverling

2015-16

Men's Most Valuable Swimmer: Nic Graesser

Women's Most Valuable Swimmer: Ally Hardesty

Men's Most Outstanding Swimmer: Sam Lewis

Women's Most Outstanding Swimmer: Hellen Moffitt

Men's Most Improved Swimmer: Michael McBryan

Women's Most Improved Performer: Hellen Moffitt

Men's Hill Carrow Spirit Award: Mitch DeForest

Women's Hill Carrow Spirit Award: Annie Harrison

Women's Patrick and Mary Louise Earey Service Award: Abby Fisher, Katie McKay

Men's Patrick and Mary Louise Earey Service Award: Jack Nyquist

Bruce Webster Memorial Award Winner: Sam Lewis

Andrea Erban Most Dedicated Swimmer Award: Abby Fisher

David McInnis Most Outstanding Diving Awards: Elissa Dawson, Jack Nyquist

David McInnis Most Improved Diving Awards: Maria Lohman, Ozzie Moyer

Osterneck Family Unsung Hero Award Winners: Rachel Canty, Kurt Wohlrab

Class of 1940 Blue Dolphin Award Winners: Karen Sneed, Paul Connell

Men's Athletic Director's

Scholar-Athlete Award Winner: Sam Lewis

Women's Athletic Director's Scholar-Athlete Award

Winner: Emma Nunn

Men's Captains: Mitch DeForest, Ozzie Moyer

Women's Captains: Ally Hardesty, Annie Harrison

Notes About Carolina Swimming Team Awards:

The Most Valuable, Most Outstanding and Most Improved Awards for both the men's and women's teams are all named for Richard E. Jamerson, who founded the University of North Carolina swimming program in 1938-39. The Hill Carrow Spirit Award is presented annually in honor of former Tar Heel swimmer Hill Carrow, Class of 1977, to the swimmer on each team who exhibits the most school spirit. The Bruce Webster Memorial Award is presented annually to the most dedicated member of the men's team. The award honors former Tar Heel swimmer Bruce Webster, Class of 1981, who passed away in 1983. The Athletic Director's Scholar-Athlete Awards, begun in 1986, are presented annually by the UNC Athletic Director to the top student-athlete in each of UNC's 28 varsity sports. The Andrea Erban Memorial Award is given each year to the most dedicated swimmer on the women's team and honors Andrea Erban, a Tar Heel swimmer who passed away following her sophomore year in 2003. The Class of 1940 Blue Dolphin Award is given in honor of the senior class which founded UNC's swimming program in 1938-39 and is awarded to an individual who has made exceptional overall contributions to the Carolina swimming program. The Osterneck Family Award is given annually by Rhoda Osterneck of Durham, N.C., to the swimming program's unsung heroes. It is dedicated in the loving memory of Bob Osterneck, Rhoda's husband, who passed away in June 1991, and her late mother, Minnie Pitkus. The David McInnis Diving Awards honor David McInnis, Class of 1957, and winner twice of the John A. Futchenberg Award as the ACC's top diver. It is awarded each year to the outstanding diver on each UNC squad.



Elissa Dawson, 2015-16 Most Outstanding Diver



Men's Team Letter Winners

AAA

Abele, Ed, 1995-98
 Abernethy, Tom, 1978-81
 Abrahamson, Ira, Jr., 1943-44
 Adams, David M., 1986-88
 Adams, George H., 1993
 Adams, Thaddeus A., III, 1963-64
 Adams, Thomas J., Jr., 1965-67
 Albrecht, Jon, 2003-06
 Alexander, Jay M., 1952
 Alexander, Richard J., 1952
 Allen, Aaron, (Mgr.), 1994-96
 Allen, David D., 1984-85
 Allison, Derek S., 1995-96
 Amaya, Michael A., 1976-79
 Ambler, Kirby B., 1950-52
 Ames, Chad, 2003-06
 Anderson, Ashley H., 1990-91
 Anderson, David E., 1982
 Anderson, Peter C., 1972
 Andraka, Douglas, 1979-81
 Antshel, Kevin M., 1989-92
 Ashton, Paul Michael, (Mgr.), 2012
 Asseff, Ben, 2005
 Atwater, James T., 1956-57
 Austin, Jonathon G., 1987-90
 Aycock, Benjamin F., 1972-75
 Aycock, Thomas, 1977-78

BBB

Baarcke, Leonide A., 1951-53
 Baccich, Wade, 2004-07
 Baer, Klaus D., 1988-91
 Baker, Richard Henry, Jr., 1954-56
 Balderston, Timothy R., 1975-77
 Baldwin, Matthew Sayre, 1998-2000
 Ball, David Lee, 1966-68
 Barclay, J.A., 1940-42
 Barnes, Peter A., 1970-73
 Barrett, John B., 1959
 Bartel, Thomas R., 1982-83
 Bartlett, Charles S., Jr., 1949-50
 Bartlett, Craig G., 1981-82
 Basescu, Ronald, 1948-50
 Batchelor, Charles J., 1989-92
 Beal, Philip M., 1979
 Beals, Joshua Dale, 2014-16
 Beam, Gilbert R., 1948-49
 Beard, Anthony Tyler, 2011, 2013
 Bedell, David W., 1968-71
 Behrman, Douglas N., 1966-68
 Bernuth, James T., 1965-67
 Berry, Thomas A., 1972, 1974-75
 Beutler, Mark J., 1979
 Biedrzycki, Andrew Henry, 1999-2002
 Biedrzycki, Spencer, 2007
 Bilbro, Robert H., 1960-62
 Bilden, Thomas Walker, 2016
 Bingham, Robert D., 1978-81
 Bippart, John D., Jr., 1948-49
 Birkenstock, Robert H., 1960
 Bissell, Dan, 1967
 Bissell, Michael S., 1962-64
 Bittner, Robbie, 2004-07
 Bloch, Laurens C., 1986-87
 Bloom, Harry E., Jr., 1959-61
 Bloom, William F., 1961-63
 Boardman, Richard B., 1964
 Bok, Willem E., 1999-2000
 Bollerman, Brian Steven, 2012-15
 Bolte, Stephen W., 1976
 Bonack, Stephen Michael, 1994-97

Bondurant, Will (Mgr.), 2008-11
 Bonito, Victor E., 1991-92
 Bradyhouse, Austin Lee, 2007-10
 Brake, Andrew Jeffrey, 2008-11
 Brantum, Matthew Bennett, 1994-97
 Breeden, Dan C., 1947-49
 Bridier, Colin, 2011
 Brietz, Raymond L., (Mgr.), 1972-73
 Briggs, Robert E., 1960-62
 Brisson, Theodore Edward, 1996-99
 Bristow, Andrew S., 1968-70
 Bromwell, James E., 1960-61
 Brooks, Tim B., 1997
 Browning, Harrison John, 2006-07, 2009-10
 Bultman, Deuward G., 1947
 Burgess, William C., (Mgr.), 1952
 Burns, Aaron, 2004-07
 Burns, Robert H., III, 1962
 Burnston, Sean Ramber, 2015
 Burt, Bailey Agan, 2015-16
 Butler, Peter H., 1972-73
 Byerly, Darrell, 1950
 Byers, James M., 1980-82

CCC

Cairns, Noah Arthur, 2016
 Callahan, Michael Patrick, 1999-2000
 Campbell, Henry Clay, 2015-16
 Cannon, Harold L., 1946
 Cannon, Harry B., 1980-81
 Cannon, Thomas R., 1961-62
 Capps, Tim M., 1995-96
 Carnes, Walter A., Jr., 1950
 Carney, Robert B., III, 1966
 Carrow, Harvey H., 1974-76
 Caruthers, M. R., (Mgr.), 1943
 Casey, John Thomas, III, 2015-16
 Cashwell, Richard G., 1958-59
 Cassell, Geoffrey D., 1982-85
 Cavalaris, James, (Mgr.), 1966, 1968
 Caveness, Christian Field, 2014-16
 Cebertowicz, Steven Michael, 2009-12
 Ceddia, Patrick Luis Alberto, 2011
 Chambers, Donald R., 1970
 Chapman, Gerard M., 1969-72
 Chenier, Michael, 2000-03
 Chorba, Michael Joseph, 1996-98
 Cidlowski, Ross, 2000
 Ciocca, David R., 1978-79
 Clark, Jason D., 1990-93
 Clement, James E., 1949-50
 Close, William Jacob Carver, 2015
 Cloutier, Peter B., 1993-96
 Coble, Casey, 2001-04
 Cockman, Brian Keith, 1995-98
 Colbert, Robert S., (Mgr.), 1954-56
 Cole, Cameron C., 1989-91
 Colley, Ben William, 2013-16
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 Cone, Howard McAfee, Jr., 1961-63
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 Cornwell, Timothy, 1961
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 Cowper, R. L., 1939
 Coxhead, George L., Jr., 1970
 Coxley, G. L., 1940-42
 Craft, Joseph A., III, 1992-95
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Crampton, James C., 1989-92
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 Croggon, Marc A., 1986-89
 Crone, Ernest G., 1943-44, 1947, 1949
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DDD

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 Darst, Michael E., 1969
 Davidson, Ben, 2000-01
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 DeCarlo, Michael C., 1978-79
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EEE

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FFF

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 Finn, Andrew L., 1968

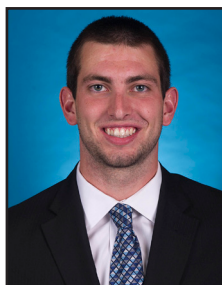
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 Freas, Samuel James, 1996-97
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GGG

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 Garella, Glenn C., 1970-73
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 Glasco, Josh, 2003-06
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 Goad, James C., 1956-57
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 Gondek, Christian Edward, 2013-16
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 Gowrie, Sean M., 1992
 Graesser, Nicolas David, 2013-16
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 Gray, Robert D., (Mgr.), 1961-62
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 Green, Robert C., 1982-85
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HHH

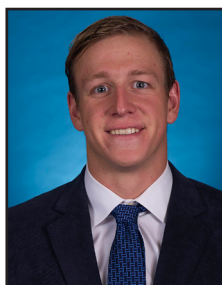
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 Hampton, James R., 1986-87
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Ben Colley



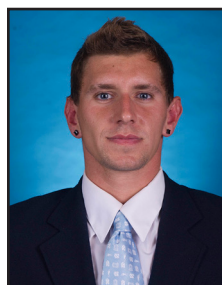
Mitch DeForest



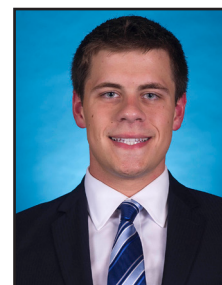
Chris Gondek



Nic Graesser



Logan Heck



Matt Kwatryra



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 Heemann, Paul W., 1952-55
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 Heins, James E., 1951-53
 Helfrich, Griff, 2002-04
 Helin, Christopher Eero, 1999-2002
 Hendrick, David, (Mgr.), 1990
 Herboth, Ben, 2005
 Herman, Mark I., 1977, 1979
 Herndon, Claude D., 1988
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 Herr, William F., 1943-44
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 Hobbs, Truman M., 1941-42
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III
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 Ireland, Andrew Clark, 2011
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JJJ
 Jacobson, Theodore B., 1973-75
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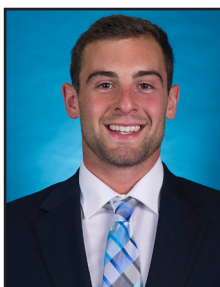
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KKK
 Kalkhurst, Joseph D., 1959
 Kananen, Daniel, 2001
 Kaufman, Allen R., 1943
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 Kelso, Joseph K., 1952-53
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 Laabs, Keith, 2005-08
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 Moen, Courtney, (Mgr.), 1968
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 Mohr, Mark, 2005-08
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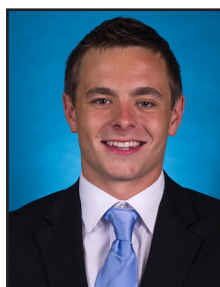
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OOO
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 Patterson, Alex M., Jr., 1961-62
 Peck, Josiah M., 1970-71
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 Perdue, Philip Sutherland, 2015-16
 Perez, Arnaldo L., 1977-80
 Perry, Charles Reid, 1954-55
 Perry, Warren Seipp, III, 2000
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 Peters, W. J., 1940
 Peterson, Charles Bowne, 2007, 2009-10
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 Phillips, Stephen J., 1982-83
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 Prassas, Thomas N., 1977-78
 Pritchard, William G., 1944-45, 1948
 Proctor, Russell L., 1943-46
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QQQ
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RRR



Sam Lewis



Ozzie Moyer



Kurt Wohlrab



Maddy Burns



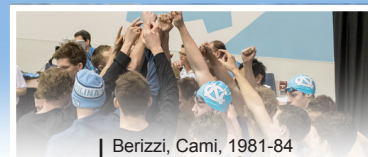
Rachel Canty



Lauren Earp

CAROLINA

All-Time Letter Winners



Rand, William Ripley, 1956
 Ray, Alexander Graham, 1954
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 Reed, Evan Matthew, 2009-12
 Rees, P. G., (Mgr.), 1941
 Reock, Michael D., 1974-77
 Reynolds, Peter L., 1958
 Riess, Patrick Shillington, 2014-16
 Riker, Philip, III, 1966-67
 Roberts, Lawrence D., Jr., 1963-65
 Rose, Robert H., 1941
 Rose, Walter T., Jr., 1956-58
 Roser, Herbert G., (Mgr.), 1963-64
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 Rossi, Justin Anthony, 1999-2002
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 Roth, William C., 1956-58
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 Rudy, John F., Jr., 1959
 Runberg, Trevor Atchison, 1995-98
 Rusthoven, Kyle Ehrman, 1998
 Ryan, Jack, (Mgr.), 1974
SSS
 Sanchez, Gregory J., 1975, 1977
 Sanders, Leslie J., 1966
 Sands, John, 2005-07
 Saw, Yi-Khy, 2006-09
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 Schenk, Jeffrey A., 1979-82
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 Schiffman, Arnold A., 1957-59
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 Schroeder, Tod A., 1987-88, 1990-91
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 Schwartz, R. G., 1942
 Scott, Douglas M., 1986
 Sechrist, Andrew B., 1993-95
 Secrest, S. W., 1944
 Secunda, John K., 1968
 Sedlak, Mark A., 1991, 1993-94
 Seidman, Mark David, 1998-2001
 Seitz, James J., 1974
 Sellers, Austin Michael, 2016
 Shade, Tucker Roberto, 1996-99
 Shannon, Larry R., 1952-55
 Sharpe, Harold J., (Mgr.), 1948
 Sharrett, Roger C., 1976
 Shaw, Dalton Reed, 2015-16
 Shea, Timothy F., 1984-87
 Sheldon, John W., 1964-65
 Sheppard, John W., 1966
 Shrader, Steven K., 1974
 Shumate, Thomas E., 1946
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 Simonton, Vincent E., 1959-61
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 Sittman, Donald B., 1941, 1946
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 Smiley, Scott L., 1963-65
 Smith, Brandon (Mgr.), 2015
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 Smith, Jennifer, (Mgr.), 1993
 Smith, Marion H., Jr., 1963-65
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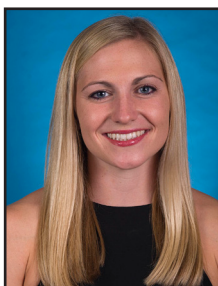
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 Stevens, John W., 1966
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TTT
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VVV
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 Weiss, A. M., 1941-42
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 Wilson, Douglas C., 1969
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 Wolf, Charles, 1952
 Woodhouse, N.R., 1939-41
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 Wrye, Charles L., 1959
 Wyher, Tommy Jason, 2008-11
YYY
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 Zimmerman, John H., 1945-46
 Zolno, David Jason Bresette, 2008-11
 Zurburg, Christian David, 1996-97, 1999-2000
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Women's Team Letter Winners

AAA
 Acker, Becky, 2001-04
 Acuff, Erika L., 1997-99, 2001
 Allison, Shannon, 1992-95
 Alton, Dale, 1978
 Andren, Karin, 1988-91
 Andres, Cay, 1982-83
 Arak, Mandi, 2006, 2008
 Arnold, Kristin Lee, 2009-12
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 Avant, Elizabeth (Mgr.), 1987-89
BBB
 Badrock, Sandra K., 1995-96
 Baldwin, Caroline Grace, 2015-16
 Ballenger, Angie, 1989
 Ballenger, Jill (Mgr.), 1987-88, 1990
 Banning-Armdt, Britton 2004-05
 Barnhardt, Elizabeth, 1994-95
 Barber, Sheila (Mgr.), 1986-87
 Barczak, Nicole Elizabeth, 2012-13
 Barnes, Allison Nelson, 2008
 Barrett, Tracey, 1995-98
 Bassichis, Julie, 1982-83
 Beattie, Kim, 1986-89
 Becker, Kali Bettina, 2016
 Bencini, Missy, 1978-80
 Benda, Jill, 1988-91
 Benner, Ashley, 2000-03

Berizzi, Cami, 1981-84
 Bestor, Megan Christine, 2015
 Biegel, Aubrette Marie, 2006-09
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 Blalock, Carolyn Ruth, 2012-14
 Bodman, Lydia, 1978
 Bolton, Barb, 1988-90
 Booth, Sara, 1990
 Bouchaert, Amy, 1984
 Boswell, Madison Jane, 2015-16
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 Bruce, Lizzy, 2003-06
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 Butts, Eliza Longpre, 2007-10
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EEE
 Earp, Lauren Heather, 2013-16



Annie Goessling

Ally Hardesty

Annie Harrison

Alli Haufler

Emma Nunn

Erin Purdy



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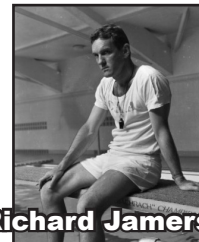
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 Wilson, Mona, 1983
 Winde, Polly, 1983-86
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 Winthrow, Demi, 1992-93
 Witter, Margie, 2000-03
 Wittmer, Deana, 1995
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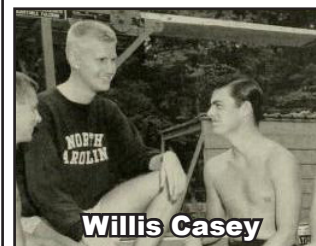
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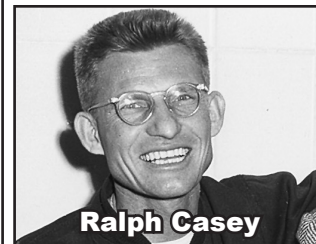
Men's Coaches Through the Years



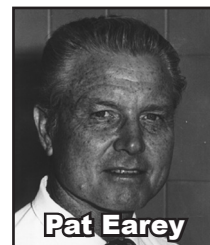
Richard Jamerson



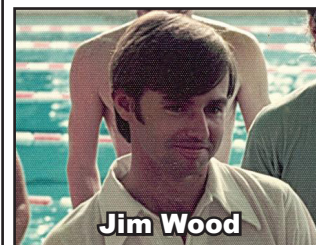
Willis Casey



Ralph Casey



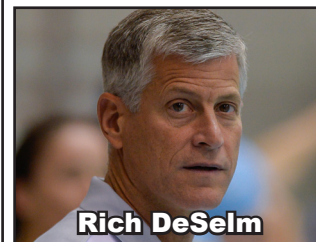
Pat Earey



Jim Wood



Frank Comfort



Rich DeSelm

Men's Year-by-Year Records

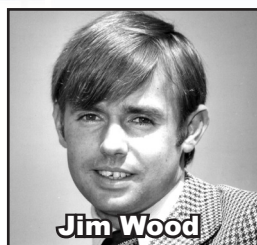
Year	Overall W-L Record	Southern Conference Record	Southern Conference Finish	NCAA Finish
1938-39	2-4	2-3	7th	
1939-40	7-1	6-0	Champion	
1940-41	8-1	6-0	Champion	
1941-42	8-0	5-0	Champion	Tied 12th
1942-43	8-1	7-0	Champion	
1943-44	6-0	2-0	Champion	
1944-45	4-0	1-0	Champion	
1945-46	4-3	1-0	Champion	Tied 5th
1946-47	5-2	4-0	Champion	
1947-48	10-0	5-0	Champion	14th
1948-49	6-1	3-0	Champion	9th
1949-50	8-2	4-0	Champion	
1950-51	12-0	5-0	Champion	
1951-52	11-0	5-0	Champion	
1952-53	9-0	4-0	Champion	Tied 5th
Southern Conference Totals		60-3 (.952)	14 Southern Conference Titles	
Year	Overall W-L Record	Atlantic Coast Conference Record	Atlantic Coast Conference Finish	NCAA Finish
1953-54	8-2	4-2	2nd	
1954-55	5-3	4-2	2nd	5th
1955-56	6-1	5-1	Co-Champion	12th
1956-57	9-0	7-0	Champion	6th
1957-58	11-0	8-0	Champion	Tied 14th
1958-59	10-1	6-0	Champion	
1959-60	9-3	5-2	3rd	
1960-61	9-3	4-1	Tri-Champion	
1961-62	7-3	3-2	2nd	Tied 13th
1962-63	11-4	6-1	Tri-Champion	
1963-64	12-2	7-0	Co-Champion	Tied 6th
1964-65	12-2	6-1	2nd	Tied 20th
1965-66	8-5	4-2	3rd	12th
1966-67	9-3	5-1	2nd	9th
1967-68	7-3	3-2	2nd	20th
1968-69	7-4	5-1	2nd	
1969-70	8-5	5-1	3rd	
1970-71	7-5	5-2	3rd	
1971-72	6-6	4-2	3rd	
1972-73	6-6	4-1	2nd	
1973-74	6-4	4-1	2nd	
1974-75	6-4	4-1	2nd	
1975-76	6-3	4-2	2nd	28th
1976-77	4-3	3-1	3rd	Tied 29th
1977-78	5-5	4-1	2nd	Tied 26th
1978-79	5-5	3-1	2nd	25th
1979-80	8-4	5-1	2nd	22nd
1980-81	8-2	4-1	2nd	20th
1981-82	6-3	3-2	2nd	24th
1982-83	5-3	3-1	Champion	21st
1983-84	8-4	4-1	Tied 2nd	17th
1984-85	4-4	3-2	3rd	Tied 36th
1985-86	5-3	4-2	2nd	Tied 31st
1986-87	6-4	4-2	3rd	
1987-88	9-1	5-0	Champion	19th
1988-89	8-2	4-1	Champion	39th
1989-90	11-2	6-0	2nd	30th
1990-91	9-1	5-0	Champion	21st
1991-92	9-2	5-2	3rd	18th
1992-93	10-4	6-1	Champion	14th
1993-94	12-2	7-0	Champion	31st
1994-95	9-5	5-1	Champion	32nd
1995-96	10-1	5-0	Champion	15th
1996-97	8-3	4-1	Champion	22nd
1997-98	7-2	5-0	Champion	Tied 30th
1998-99	10-2	4-1	3rd	30th
1999-2000	6-4	3-2	2nd	28th
2000-01	6-2	4-1	2nd	
2001-02	5-4	3-2	3rd	31st
2002-03	9-4	5-2	3rd	32nd
2003-04	7-4-1	3-1-1	3rd	23rd
2004-05	10-2	5-1	4th	Tied 32nd
2005-06	6-3	4-1	3rd	Tied 41st
2006-07	5-3	4-1	3rd	27th
2007-08	6-2	4-0	2nd	Tied 29th
2008-09	6-3	4-1	3rd	Tied 26th
2009-10	10-1	6-1	2nd	15th
2010-11	8-1	4-1	2nd	14th
2011-12	7-2	6-1	3rd	14th
2012-13	6-1	3-1	3rd	Tied 29th
2013-14	8-2	3-1	3rd	38th
2014-15	5-3	3-2	4th	18th
2015-16	7-3	3-1	3rd	26th
Overall & ACC Totals	586-196-1 (.749)	280-70-1 (.799)	17 ACC Titles	43 NCAA Top 30 Finishes



Women's Coaches Through the Years



Maxine Forrest



Jim Wood



Frank Comfort



Rich DeSelm

Women's Year-by-Year Records

Year	Overall W-L Record	Atlantic Coast Conference Record	Atlantic Coast Conference Finish	NCAA Finish	Head Coach
1974-75	9-2				Maxine Forrest
1975-76	8-0			9th	Jim Wood
1976-77	3-1			7th	Jim Wood
1977-78	5-3			8th	Frank Comfort
1978-79	7-1	2-1	2nd	5th	Frank Comfort
1979-80	7-2	3-1	2nd	7th	Frank Comfort
1980-81	7-1	3-1	Champion	3rd	Frank Comfort
1981-82	11-0	5-0	Champion	3rd	Frank Comfort
1982-83	9-1	4-0	Champion	6th	Frank Comfort
1983-84	9-0	5-0	Champion	5th	Frank Comfort
1984-85	6-2	4-1	Champion	12th	Frank Comfort
1985-86	8-0	6-0	Champion	16th	Frank Comfort
1986-87	8-2	5-1	2nd	9th	Frank Comfort
1987-88	8-3	3-2	2nd	19th	Frank Comfort
1988-89	9-2	4-1	2nd	36th	Frank Comfort
1989-90	11-1	5-0	2nd	15th	Frank Comfort
1990-91	10-1	5-0	Champion	20th	Frank Comfort
1991-92	12-0	7-0	Champion	14th	Frank Comfort
1992-93	10-2	5-1	Champion	16th	Frank Comfort
1993-94	11-2	6-0	Champion	26th	Frank Comfort
1994-95	10-2	6-0	Champion	23rd	Frank Comfort
1995-96	10-2	5-0	Champion	18th	Frank Comfort
1996-97	8-3	4-1	2nd	16th	Frank Comfort
1997-98	7-3	5-0	2nd	12th	Frank Comfort
1998-99	7-4-1	2-3	2nd	20th	Frank Comfort
1999-2000	9-2	4-1	Champion	15th	Frank Comfort
2000-01	8-1	5-0	Champion	9th	Frank Comfort
2001-02	7-2	4-1	Champion	13th	Frank Comfort
2002-03	12-1	7-0	2nd	17th	Frank Comfort
2003-04	7-3	4-1	2nd	23rd	Frank Comfort
2004-05	9-3	4-2	3rd		Frank Comfort
2005-06	8-2	4-1	3rd	Tied 41st	Frank comfort
2006-07	8-1	5-0	Champion	30th	Frank Comfort
2007-08	6-3	3-1	2nd	Tied 32nd	Rich DeSelm
2008-09	6-3	4-1	2nd	20th	Rich DeSelm
2009-10	9-2	6-1	2nd	20th	Rich DeSelm
2010-11	7-2	4-1	2nd	Tied 23rd	Rich DeSelm
2011-12	7-2	6-1	2nd	19th	Rich DeSelm
2012-13	5-2	3-1	3rd	12th	Rich DeSelm
2013-14	10-2	3-1	2nd	19th	Rich DeSelm
2014-15	7-1	5-0	2nd	19th	Rich DeSelm
2015-16	7-3	2-2	3rd	18th	Rich DeSelm
Totals	342-75-1 (.819)	167-28 (.856)	16 ACC Titles	35 Top 30 National Finishes	

Men's Dual Meet Records

Alabama	0-2	Johns Hopkins	8-0	Pittsburgh	2-3
Army	0-3	Kentucky	2-0	Princeton	4-2
Auburn	0-3	Kenyon	12-0	Rider	1-0
Brown	4-0	La Salle	3-1	Rutgers	1-0
Bucknell	1-0	Lehigh	6-0	South Carolina	26-8
Coll. of Charleston	1-0	Louisiana State	1-0	Southern Illinois	0-1
Clemson	48-5-1	Louisville	2-1	Southern Methodist	1-2
Cornell	1-0	Maryland	42-10	Tampa	1-0
Davidson	6-0	Miami (Fla.)	4-1	Tennessee	2-19
Duke	79-2	Miami (Ohio)	1-0	Texas	0-2
East Carolina	50-1	Michigan	0-2	Texas A&M	1-1
Emory	8-0	Minnesota	3-13	TCU	1-0
Emory & Henry	1-0	Navy	16-11	Virginia	43-20
Florida	10-15	Nebraska	1-0	VMI	22-1
Florida State	8-11	NC State	48-33	Virginia Tech	28-1
George Mason	1-0	UNC Wilmington	3-0	Wake Forest	22-0
George Washington	1-0	North Dakota	3-0	Washington & Lee	4-0
Georgia	13-19	Northwestern	1-0	Westminster (Pa.)	1-0
Georgia Tech	21-1	Notre Dame	1-0	West Virginia	1-0
Harvard	1-1	Ohio State	0-3	William & Mary	7-0
Illinois	2-0	Old Dominion	1-0		
Indiana	1-0	Penn State	3-0		

Women's Dual Meet Records

Alabama	1-0	Johns Hopkins	7-0	Princeton	1-0
Appalachian State	1-0	Kentucky	2-0	Radford	1-0
Auburn	0-3	Kenyon	12-0	Rice	1-0
Brown	5-0	Lehigh	6-0	Richmond	3-0
Bucknell	1-0	Liberty	1-0	Rutgers	2-0
Coll. of Charleston	1-0	Louisville	3-0	South Carolina	11-4
Clemson	29-5	Maryland	27-3	Southern Methodist	0-1
Colorado State	1-0	Meredith	1-0	Syracuse	2-0
Davidson	2-0	Miami (Fla.)	2-0	Tampa	1-0
Duke	42-0	Miami (Ohio)	1-0	Tennessee	10-0
East Carolina	26-0	Michigan	7-1	Texas	1-1
Eastern Michigan	2-0	Minnesota	6-6-1	Texas A&M	0-1
Emory	1-0	Navy	4-0	TCU	1-0
Florida	0-2	Nebraska	5-0	Virginia	25-16
Florida State	6-1	UNC Greensboro	1-0	VCU	1-1
George Mason	1-0	NC State	38-6	Virginia Tech	8-0
Georgia	1-23	UNC Wilmington	2-0	Westminster (Pa.)	1-0
Georgia Tech	3-0	North Dakota	2-0	West Virginia	1-0
Harvard	1-0	Northwestern	2-0	William & Mary	6-0
Illinois	2-0	Old Dominion	1-0		
Indiana	1-0	Penn State	6-1		
James Madison	3-0	Pittsburgh	3-0		

Men's Short Course Top 10 Records



Short Course All-Time Depth Charts

50 Yard Freestyle

Name	Time	Year
1. Steve Cebertowicz	:19.34	2012
2. Sam Lewis	:19.36	2015
3. Nic Graesser	:19.70	2015
4. Kyle Ficker	:19.72	2012
5. Logan Heck	:19.79	2013
6. Nick Lowe	:19.98	2015
7. Tod Schroeder	:20.06	1990
Kevin Erndl	:20.06	2001
9. Lucas Popp	:20.08	2015
10. Brad Hamilton	:20.09	2009

100 Yard Freestyle

Name	Time	Year
1. Steve Cebertowicz	:42.51	2011
2. Logan Heck	:42.96	2013
3. Sam Lewis	:43.28	2016
4. Evan Reed	:43.71	2011
5. Lucas Popp	:43.85	2015
6. Kyle Ficker	:43.97	2012
7. Brad Dillon	:44.10	2014
8. Brad Hamilton	:44.16	2009
9. Daniel Summerlin	:44.26	1993
10. John Davis	:44.29	1990

200 Yard Freestyle

Name	Time	Year
1. Ben Colley	1:34.89	2015
2. J.T. Stille	1:35.42	2013
3. Brad Dillon	1:35.52	2014
4. John Davis	1:35.59	1990
5. Evan Reed	1:35.60	2011
6. Yann deFabrique	1:35.74	1993
7. David Monasterio	1:35.77	1991
8. Henry Campbell	1:36.15	2016
9. Mitch DeForest	1:36.26	2016
10. Hank Browning	1:36.29	2006

500 Yard Freestyle

Name	Time	Year
1. Henry Campbell	4:16.27	2015
2. Chip Peterson	4:18.18	2009
3. Yann deFabrique	4:18.91	1993
4. James Hamrick	4:18.96	1993
5. J.T. Stille	4:19.09	2013
6. David Monasterio	4:19.53	1991
7. Yuri Suguiyama	4:19.92	2003
8. Hank Browning	4:19.99	2007
9. Josh Beals	4:20.09	2014
10. Trevor Runberg	4:20.49	1996

1000 Yard Freestyle

Name	Time	Year
1. Joe Kinderwater	8:54.34	2011
2. Chip Peterson	8:55.14	2010
3. Brett Nagle	9:02.79	2013
4. Dan O'Connor	9:03.32	2011
5. Tyler Harris	9:05.47	2011
6. Henry Campbell	9:09.12	2015
7. Yuri Suguiyama	9:09.59	2001
8. Wil Singley	9:09.77	2009
9. Yann deFabrique	9:09.82	1995
10. James Hamrick	9:10.60	1992

1650 Yard Freestyle

Name	Time	Year
1. Joe Kinderwater	14:42.64	2011
2. Chip Peterson	14:48.86	2008
3. Dan O'Connor	14:56.93	2011
4. Henry Campbell	14:57.70	2015
5. Brett Nagle	15:02.52	2013
6. Tyler Harris	15:04.22	2011
7. Yuri Suguiyama	15:05.10	2003
8. Wil Singley	15:06.52	2009
9. James Hamrick	15:07.36	1993
10. Philip Owen	15:10.73	2007

100 Yard Backstroke

Name	Time	Year
1. Nic Graesser	:45.85	2016
2. Tommy Wyher	:45.93	2010
Sam Lewis	:45.93	2015
4. Ben Colley	:46.46	2015
5. Josh Hafkin	:47.76	2009
6. Ted Brisson	:48.10	1998
7. Patrick Myers	:48.49	2015
8. Keith Laabs	:48.59	2007
9. Patrick Cusack	:48.65	2016
10. Steve Cebertowicz	:48.68	2011

200 Yard Backstroke

Name	Time	Year
1. Nic Graesser	1:40.83	2016
2. Patrick Myers	1:42.04	2014
3. Tommy Wyher	1:42.40	2009
4. Brad Dillon	1:43.24	2014
5. Matt Kwatrya	1:43.81	2013
6. Heyward Harrison	1:44.42	2016
7. Josh Hafkin	1:44.47	2009
8. Patrick Cusick	1:44.58	2016
9. Keith Laabs	1:45.43	2007
10. Jeff James	1:45.63	2009

100 Yard Breaststroke

Name	Time	Year
1. Kurt Wohlrab	:53.24	2015
2. Dom Glavich	:54.07	2015
3. Colin Bridier	:54.15	2010
4. Vinny Pryor	:54.25	2010
5. David Speese	:54.39	2014
Michael McBryan	:54.39	2016
7. Tyler Smith	:54.69	2011
8. Gary Gauch	:54.99	1991
9. Steve Bonack	:55.03	1996
10. Brian Bollerman	:55.04	2015

200 Yard Breaststroke

Name	Time	Year
1. Alex Gianino	1:55.69	2014
2. Kurt Wohlrab	1:55.94	2015
3. Sean Quinn	1:56.39	2002
4. David Speese	1:56.42	2014
5. Tyler Harris	1:56.45	2009
6. Michael McBryan	1:56.54	2016
7. Brian Bollerman	1:56.93	2015
8. Vinny Pryor	1:56.97	2011
9. Ethan Hall	1:58.79	1999
10. Colin Bridier	1:58.93	2010

100 Yard Butterfly

Name	Time	Year
1. Tommy Wyher	:45.57	2010
2. Sam Lewis	:45.60	2015
3. Ben Colley	:46.42	2015
4. Tucker Shade	:46.86	1998
5. Nick Lowe	:46.89	2015
6. Dom Glavich	:47.33	2014
Zu Pigot	:47.33	2015
8. Eddy Matkovic	:47.59	2003
9. Matt Conway	:47.70	2016
10. Jason McLaughlin	:47.77	2009

200 Yard Butterfly

Name	Time	Year
1. Ben Colley	1:42.19	2014
2. Tom Luchsinger	1:42.95	2013
3. Dom Glavich	1:43.92	2014
4. Jason McLaughlin	1:44.37	2009
5. Josh Glasco	1:44.60	2004
6. David Monasterio	1:45.30	1991
7. Matt Conway	1:45.39	2016
8. Yann deFabrique	1:46.12	1992
9. Tucker Shade	1:46.72	1996
10. Victor Leclere	1:46.76	2011

200 Yard Individual Medley

Name	Time	Year
1. Alex Gianino	1:44.23	2014
2. Ben Colley	1:44.41	2016
3. Tyler Harris	1:44.86	2009
4. Tom Luchsinger	1:45.08	2013
5. Patrick Myers	1:46.51	2014
6. Brian Bollerman	1:46.80	2015
7. Tyler Hill	1:46.83	2015
8. Dom Glavich	1:47.11	2014
9. John Davis	1:47.33	1990
10. Daniel Summerlin	1:47.75	1994

400 Yard Individual Medley

Name	Time	Year
1. Tyler Harris	3:41.51	2011
2. Tom Luchsinger	3:44.25	2013
3. Alex Gianino	3:44.92	2014
4. Henry Campbell	3:46.99	2015
5. Patrick Myers	3:47.83	2014
6. Brian Bollerman	3:48.24	2015
7. Tyler Hill	3:49.40	2014
8. Eugene Tee	3:49.97	2014
9. Andy Brake	3:50.75	2010
10. Daniel Summerlin	3:50.91	1994

One-Meter Springboard Diving

6 Optional Format Began '00-'01

Name	Score	Year
1. Jack Nyquist	407.95*	2016
2. David MacDonald	367.45^	2009
3. Ryland Jones	360.90^	2009
4. David Solarz	355.90^	2008
5. Jake Kinzbach	354.20^	2012
6. Ozzie Moyer	352.35^	2015
7. Ryan Funderburk	347.40*	2005
8. Sean Burston	342.50^	2014
9. Jon Fox	337.80*	2006
10. Ryan Fox	334.40*	2014

Three-Meter Springboard Diving

6 Optional Format Began '05-'06

Name	Score	Year
1. David MacDonald	447.50^	2009
2. Jack Nyquist	445.73	2015
3. Ryan Funderburk	413.25^	2007
4. Sean Burston	395.50^	2014
5. David Solarz	394.00*	2009
6. Ozzie Moyer	375.68	2015
7. Ryland Jones	366.15^	2009
8. Ryan Fox	364.80	2013
9. Jon Fox	349.30^	2006
10. Alex Kenley	338.20^	2008

10-Meter Platform Diving

6 Optional Format Began '05-'06

Scored at ACC's Starting '08

Name	Score	Year
1. David MacDonald	359.55*	2011
2. Ryan Fox	341.35*	2015
3. David Solarz	338.25*	2009
4. Ryland Jones	328.60*	2012
5. Ryan Funderburk	306.00*	2008
Jake Kinzbach	306.00*	2012
7. Jack Nyquist	302.70*	2015
8. Ozzie Moyer	293.40*	2016
9. Alex Kenley	236.35*	2009
10. Tyler Beard	231.50^	2012

Diving Codes

* - Championships (ACC, ZONES, NCAA); ^ - Invitational (Nike Cup, UGA Invite, etc.). All other diving scores recorded at dual meets.



Women's Short Course Top 10 Records

TAR HEELS®

Short Course All-Time Depth Charts

50 Yard Freestyle

Name	Time	Year
1. Hannah Lincoln	:22.17	2014
2. Rebecca Kane	:22.21	2011
3. Caroline Baldwin	:22.24	2016
4. Richelle Fox	:22.40	1998
5. Christy Watkins	:22.45	2002
6. Sarah Hitchens	:22.50	2016
7. Lauren Earp	:22.55	2016
8. Ally Hardesty	:22.56	2015
9. Kelsey Morrissey	:22.67	2008
10. Megan Steeves	:22.70	2009

100 Yard Freestyle

Name	Time	Year
1. Ally Hardesty	:48.66	2016
2. Lauren Earp	:48.67	2014
3. Caroline Baldwin	:48.76	2016
4. Richelle Fox	:48.89	1998
5. Rebecca Kane	:48.98	2011
6. Sarah Hitchens	:48.99	2016
7. Danielle Siverling	:49.07	2015
8. Hannah Lincoln	:49.13	2014
9. Jessi Perruquet	:49.30	2002
Megan Steeves	:49.30	2009

200 Yard Freestyle

Name	Time	Year
1. Danielle Siverling	1:44.30	2015
2. Jessi Perruquet	1:45.01	2003
3. Ally Hardesty	1:45.08	2016
4. Stephanie Peacock	1:45.11	2012
5. Lauren Earp	1:45.22	2013
6. Kari Haag	1:46.28	1995
7. Katura Harvey	1:46.76	2011
8. Zhada Fields	1:46.92	2016
9. Stephanie Eisenring	1:47.02	2012
10. Richelle Fox	1:47.29	1996

500 Yard Freestyle

Name	Time	Year
1. Stephanie Peacock	4:34.42	2012
2. Danielle Siverling	4:37.57	2013
3. Whitney Sprague	4:38.72	2009
4. Katura Harvey	4:39.12	2009
5. Emma Nunn	4:42.79	2013
6. Stephanie Eisenring	4:43.99	2011
7. Jackie Rudolph	4:44.57	2013
8. Emily Kelly	4:44.73	2011
9. Kelsey Cummings	4:44.83	2013
10. Chrissy Miller	4:44.97	1998

1000 Yard Freestyle

Name	Time	Year
1. Stephanie Peacock	9:28.76	2014
2. Whitney Sprague	9:33.45	2009
3. Katura Harvey	9:37.57	2009
4. Jackie Rudolph	9:44.24	2013
5. Katelyn Martin	9:46.29	2009
6. Ashley Miller	9:48.67	2011
7. Polly Winde	9:49.55	1983
8. Chrissy Miller	9:50.10	1998
9. Nicole O'Donnell	9:51.00	2005
10. Hannah Turlish	9:52.05	1988

1650 Yard Freestyle

Name	Time	Year
1. Stephanie Peacock	15:37.06	2013
2. Whitney Sprague	15:46.57	2009
3. Katura Harvey	15:56.77	2009
4. Jackie Rudolph	16:09.22	2013
5. Ashley Miller	16:13.41	2010
6. Katelyn Martin	16:13.56	2009
7. Nicole O'Donnell	16:13.88	2005
8. Chrissy Miller	16:17.88	1996
9. Kelsey Cummings	16:20.02	2012
10. Hannah Turlish	16:24.39	1988

100 Yard Backstroke

Name	Time	Year
1. Hellen Moffitt	:51.46	2016
2. Carly Smith	:52.20	2011
3. Megan Bestor	:52.32	2015
4. Caroline Baldwin	:52.43	2016
5. Sarah Hitchens	:52.80	2016
6. Candace Cooper	:53.13	2012
7. Katie Nolan	:53.38	2013
8. Christy Watkins	:53.92	2000
9. Emily Slabe	:53.98	2015
10. Megan Steeves	:54.03	2010

200 Yard Backstroke

Name	Time	Year
1. Hellen Moffitt	1:52.35	2016
2. Carly Smith	1:53.08	2011
3. Megan Bestor	1:53.63	2015
4. Annie Harrison	1:54.39	2016
5. Ashley Howard	1:55.45	2009
6. Rebecca Brooks	1:55.70	2011
7. Emily Slabe	1:55.87	2015
8. Candace Cooper	1:56.46	2012
9. Sarah Hitchens	1:56.98	2015
10. Laura Collier	1:57.83	2003

100 Yard Breaststroke

Name	Time	Year
1. Layne Brodie	1:00.02	2009
2. Katie Hathaway	1:00.89	2002
3. Laura Moriarty	1:00.93	2010
Rachel Canty	1:00.93	2016
5. Katie Munch	1:01.05	2015
6. Katie Rechsteiner	1:01.47	2014
7. Katie Keel	1:01.51	2011
8. Abby Fisher	1:01.73	2016
9. Danielle Jansen	1:01.91	2011
10. Alison Clemens	1:02.01	2009

200 Yard Breaststroke

Name	Time	Year
1. Laura Moriarty	2:09.60	2010
2. Layne Brodie	2:10.04	2009
3. Abby Fisher	2:10.78	2016
4. Katie Munch	2:10.90	2015
5. Katie Hathaway	2:11.12	2002
6. Rachel Canty	2:12.23	2016
7. Alison Clemens	2:12.28	2010
8. Becky Acker	2:12.86	2002
9. Katie Rechsteiner	2:13.00	2013
10. Emily Pfeiffer	2:14.17	2015

100 Yard Butterfly

Name	Time	Year
1. Hellen Moffitt	:50.67	2016
2. Katie Nolan	:52.02	2013
3. Richelle Fox	:52.34	1997
4. Hannah Lincoln	:52.45	2015
5. Sarah Kouchecki	:52.77	2016
6. Carly Smith	:53.19	2011
7. Meredith Hoover	:53.46	2014
8. Cari Blalock	:53.75	2013
9. Megan Bestor	:53.85	2015
10. Sarah Tanner	:53.90	2010

200 Yard Butterfly

Name	Time	Year
1. Meredith Hoover	1:54.47	2013
2. Cari Blalock	1:54.65	2013
3. Katie Nolan	1:55.23	2013
4. Emma Nunn	1:55.68	2015
5. Sarah Kouchecki	1:55.85	2016
6. Kelly Weeks	1:57.66	2003
7. Nuffy Swanson	1:57.88	2009
8. Melanie Buddemeyer	1:58.04	1985
9. Caty Hulsey	1:58.17	2014
10. Madison Boswell	1:58.59	2016

200 Yard Individual Medley

Name	Time	Year
1. Cari Blalock	1:55.86	2013
2. Hannah Runyon-Hass	1:57.50	2015
3. Layne Brodie	1:57.56	2011
4. Katie Munch	1:58.79	2015
5. Sarah Tanner	1:59.21	2012
6. Rebecca Brooks	1:59.35	2011
7. Erika Acuff	1:59.57	2001
8. Katie Nolan	1:59.65	2012
9. Katie Hathaway	1:59.67	2001
10. Maddy Burns	1:59.95	2015

400 Yard Individual Medley

Name	Time	Year
1. Cari Blalock	4:06.77	2013
2. Laura Moriarty	4:07.66	2010
3. Emma Nunn	4:08.39	2015
4. Annie Harrison	4:10.50	2013
5. Polly Winde	4:11.32	1984
6. Hannah Runyon-Hass	4:11.35	2015
7. Caty Hulsey	4:13.00	2014
8. Abby Fisher	4:13.18	2016
9. Madison Boswell	4:13.94	2015
10. Maddy Burns	4:14.13	2015

One-Meter Springboard Diving

6 Optional Format Began '00-'01

Name	Score	Year
1. Michole Timm	336.53	2015
2. Elissa Dawson	323.48	2015
3. Maria Lohman	314.20	2016
4. Jenna Moore	305.20^	2011
5. Kelly Corish	299.70	2014
6. Erin Purdy	298.88	2014
7. Chay Malvasio	286.90^	2009
8. Mandi Arak	283.50^	2005
9. Natalie Ritter	282.15	2013
10. Kristin Arnold	282.00^	2008

Three-Meter Springboard Diving

6 Optional Format Began '05-'06

Name	Score	Year
1. Elissa Dawson	384.08	2015
2. Michole Timm	372.52	2015
3. Maria Lohman	353.55	2016
4. Jenna Moore	331.45^	2011
5. Kelly Corish	330.45	2015
6. Erin Purdy	321.45*	2014
7. Mandi Arak	312.40^	2005
8. Erika Matheis	301.60^	2007
9. Chay Malvasio	299.70^	2009
10. Laura Filip	297.20^	2007

10-Meter Platform Diving

Format Began '05-'06

Scored at ACC's Starting '08

Name	Score	Year
1. Elissa Dawson	316.40*	2015
2. Michole Timm	287.70*	2015
3. Erica Schiffler	260.85*	2008
4. Jenna Moore	257.40^	2012
5. Kelly Corish	248.25*	2014
6. Emily Schmidt	245.30^	2013
7. Natalie Ritter	225.45*	2012
8. Kristin Arnold	218.90*	2011
9. Kaci Hollingsworth	207.66*	2009
10. Erin Purdy	198.90*	2014

Diving Codes

* - Championship List Meet (ACC, ZONES, NCAA); ^ - Invitational (Nike Cup, UGA Invite, etc.). All other diving scores recorded at dual meets.



UNC School Records

UNC Women's Swimming Short Course Records

Event	Time	Name	Year
50 Free	22.17	Hannah Lincoln	2014
100 Free	48.66	Ally Hardesty	2016
200 Free	1:44.30	Danielle Siverling	2015
500 Free	4:34.42	Stephanie Peacock	2012
1000 Free	9:28.76	Stephanie Peacock	2014
1650 Free	15:37.06	Stephanie Peacock	2012
100 Back	51.46	Hellen Moffitt	2016
200 Back	1:52.35	Hellen Moffitt	2016
100 Breast	1:00.02	Layne Brodie	2009
200 Breast	2:09.60	Laura Moriarty	2010
100 Fly	50.67	Hellen Moffitt	2016
200 Fly	1:54.47	Meredith Hoover	2013
200 IM	1:55.86	Cari Blalock	2013
400 IM	4:06.77	Cari Blalock	2014
200 Free Relay	1:28.62	Caroline Baldwin (22.40), Hannah Lincoln (21.89), Sarah Hitchens (21.93), Ally Hardesty (22.40)	2015
400 Free Relay	3:13.75	Caroline Baldwin (49.13), Ally Hardesty (48.27), Sarah Hitchens (48.01), Lauren Earp (48.34)	2016
800 Free Relay	7:01.83	Danielle Siverling (1:44.38), Ally Hardesty (1:45.09), Lauren Earp (1:46.61), Emma Nunn (1:45.75)	2015
200 Medley Relay	1:37.04	Caroline Baldwin (24.55), Katie Munch (27.80), Hellen Moffitt (22.74), Sarah Hitchens (21.95)	2016
400 Medley Relay	3:32.78	Megan Bestor (52.38), Katie Munch (1:00.19), Hellen Moffitt (51.57), Ally Hardesty (48.64)	2015

UNC Men's Swimming Short Course Team Records

Event	Time	Name	Year
50 Free	19.34	Steve Cebertowicz	2012
100 Free	42.51	Steve Cebertowicz	2011
200 Free	1:34.39	Ben Colley	2015
500 Free	4:16.27	Henry Campbell	2015
1000 Free	8:54.34	Joe Kinderwater	2011
1650 Free	14:42.64	Joe Kinderwater	2011
100 Back	45.85	Nic Graesser	2016
200 Back	1:40.83	Nic Graesser	2016
100 Breast	53.24	Kurt Wohlrab	2015
200 Breast	1:55.69	Alex Gianino	2014
100 Fly	45.57	Tommy Wyher	2010
200 Fly	1:42.19	Ben Colley	2014
200 IM	1:44.23	Alex Gianino	2014
400 IM	3:41.51	Tyler Harris	2011
200 Free Relay	1:17.03	Sam Lewis (19.36), Nic Graesser (19.07), Ben Colley (19.41), Logan Heck (19.19)	2015
400 Free Relay	2:52.32	Sam Lewis (43.72), Nic Graesser (42.98), Logan Heck (43.00), Ben Colley (42.62)	2015
800 Free Relay	6:22.47	J.T. Stilley (1:35.42), Brad Dillon (1:35.38), Tom Luchsinger (1:34.03), Brett Nagle (1:37.64)	2013
	6:22.47	Ben Colley (1:34.89), Mitch DeForest (1:36.65), Logan Heck (1:36.09), Henry Campbell (1:34.87)	2015
200 Medley Relay	1:24.70	Nic Graesser (21.24), Kurt Wohlrab (23.78), Sam Lewis (20.26), Logan Heck (19.42)	2016
400 Medley Relay	3:07.96	Nic Graesser (45.85), Kurt Wohlrab (53.27), Sam Lewis (45.66), Ben Colley (43.18)	2016

Steve Cebertowicz, University of North Carolina school records, 50 and 100 freestyle

UNC Women's Swimming Long Course Meters Records

Event	Time	Name	Meet/Site	Year
50 Free	25.37	Erika Acuff Erndl	U.S. Olympic Trials	2012
100 Free	54.59	Erika Acuff Erndl	U.S. Open	2009
200 Free	1:58.92	Erika Acuff Erndl	U.S. Open	2009
400 Free	4:08.50	Stephanie Peacock	U.S. Nationals	2015
800 Free	8:24.36	Stephanie Peacock	U.S. Open	2012
1500 Free	16:04.44	Stephanie Peacock	World University Games	2013
100 Back	1:01.40	Candace Cooper	N.C.L.C. Sr. Champs.	2015
200 Back	2:12.00	Annie Harrison	Canada Cup	2013
100 Breast	1:10.79	Katie Hathaway	Southern Sectionals	2001
200 Breast	2:30.63	Abby Fisher	U.S. Olympic Trials	2016
100 Fly	58.46	Hellen Moffitt	U.S. Olympic Trials	2016
200 Fly	2:10.73	Emma Nunn	U.S. Nationals	2014
200 IM	2:13.72	Erika Acuff Erndl	U.S. Open	2009
400 IM	4:43.65	Cari Blalock	U.S. Open	2013

UNC Men's Swimming Long Course Meters Records

Event	Time	Name	Meet/Site	Year
50 Free	22.88	Steve Cebertowicz	Last Call For Omaha	2012
100 Free	49.78	Steve Cebertowicz	U.S. Nationals	2011
200 Free	1:48.94	Tom Luchsinger	U.S. Olympic Trials	2012
400 Free	3:52.74	Chip Peterson	U.S. Nationals	2007
800 Free	8:02.59	Chip Peterson	Santa Clara Grand Prix	2007
1500 Free	15:12.33	Chip Peterson	Pan American Games	2007
100 Back	54.62	Nic Graesser	U.S. Nationals	2015
200 Back	2:01.47	Trevor Runberg	U.S. Olympic Trials	1996
100 Breast	1:02.78	Alex Gianino	N.C.L.C. Sr. Champs.	2015
200 Breast	2:14.92	Sean Quinn	U.S. Nationals	2002
100 Fly	53.45	Sam Lewis	U.S. Nationals	2015
200 Fly	1:55.57	Tom Luchsinger	U.S. Nationals	2013
200 IM	2:00.73	Tyler Harris	U.S. Olympic Trials	2012
400 IM	4:15.40	Tyler Harris	World University Games	2011



**Cari Blalock, University of North Carolina school records
200 IM, 400 IM**





ACC Men's Swimming & Diving Records

50 Freestyle			
Conference:	18.76	Simonas Bilas, NC State	3/24/16
ACC Meet:	18.92	Ryan Held, NC State	2/25/16
100 Freestyle			
Conference:	41.18	Simonas Bilas, NC State	3/26/16
ACC Meet:	41.69	Ryan Held, NC State	2/27/16
200 Freestyle			
Conference:	1:32.02	Simonas Bilas, NC State	3/25/16
ACC Meet:	1:32.45	Scot Robison, Virginia	2/26/10
500 Freestyle			
Conference:	4:10.00	Matt McLean, Virginia	2/27/09
ACC Meet:	4:10.00	Matt McLean, Virginia	2/27/09
1000 Freestyle			
Conference:	8:46.50	Matt McLean, Virginia	2/28/09
1650 Freestyle			
Conference:	14:35.12	Matt McLean, Virginia	2/28/09
ACC Meet:	14:35.12	Matt McLean, Virginia	2/28/09
100 Backstroke			
Conference:	44.92	Grigory Tarasevich, Louisville	3/25/16
ACC Meet:	45.28	Grigory Tarasevich, Louisville	2/26/16
200 Backstroke			
Conference:	1:38.56	Hennessey Stuart, NC State	3/26/16
ACC Meet:	1:39.28	Grigory Tarasevich, Louisville	2/27/16
100 Breaststroke			
Conference:	51.83	Thomas Dahlia, Louisville	3/27/15
ACC Meet:	51.86	Brandon Fiala, Virginia Tech	2/27/16
200 Breaststroke			
Conference:	1:52.68	Thomas Dahlia, Louisville	3/28/15
ACC Meet:	1:52.87	Brandon Fiala, Virginia Tech	2/27/16
100 Butterfly			
Conference:	45.00	Pavel Sankovich, Florida State	3/29/14
ACC Meet:	45.12	Pavel Sankovich, Florida State	2/28/14
200 Butterfly			
Conference:	1:41.06	Christian McCurdy, NC State	3/26/16
ACC Meet:	1:41.42	Christian McCurdy, NC State	2/27/16
200 Individual Medley			
Conference:	1:41.92	Pavel Sankovich, Florida State	2/27/14
ACC Meet:	1:41.92	Pavel Sankovich, Florida State	2/27/14
400 Individual Medley			
Conference:	3:38.00	Gal Nevo, Georgia Tech	3/27/09
ACC Meet:	3:39.33	Gal Nevo, Georgia Tech	2/27/09
One-Meter Diving			
Conference:	499.95	Nick McCrory, Duke	2/19/10
ACC Meet:	499.95	Nick McCrory, Duke	2/19/10
Three-Meter Diving			
Conference:	531.00	Nick McCrory, Duke	2/28/14
ACC Meet:	531.00	Nick McCrory, Duke	2/28/14
Platform Diving			
Conference:	548.90	Nick McCrory, Duke	3/26/11
ACC Meet:	523.95	Nick McCrory, Duke	2/20/10
200 Free Relay			
Conference:	1:15.09	NC State (Simonas Bilas, Joe Bonk, Andreas Schiellerup, Ryan Held)	3/24/16
ACC Meet:	1:15.62	NC State (Simonas Bilas, Ryan Held, Andreas Schiellerup, David Williams)	2/26/15
400 Free Relay			
Conference:	2:46.81	NC State (Ryan Held, Simonas Bilas, Andreas Schiellerup, Soeren Dahl)	3/26/16
ACC Meet:	2:48.52	NC State (Simonas Bilas, Ryan Held, Joe Bonk, Soeren Dahl)	2/25/16
800 Free Relay			
Conference:	6:09.58	NC State (Simonas Bilas, Ryan Held, Justin Ress, Soeren Dahl)	3/23/16
ACC Meet:	6:12.76	NC State (Ryan Held, Simonas Bilas, Justin Ress, Soeren Dahl)	2/24/16
200 Medley Relay			
Conference:	1:23.19	NC State (Hennessey Stuart, Derek Hren, Simonas Bilas, Ryan Held)	2/24/16
ACC Meet:	1:23.78	NC State (Hennessey Stuart, Derek Hren, Simonas Bilas, Ryan Held)	2/24/16
400 Medley Relay			
Conference:	3:04.47	Florida State (Pavel Sankovich, Jared Pike, Connor Knight, Paul Murray)	2/28/14
ACC Meet:	3:04.47	Florida State (Pavel Sankovich, Jared Pike, Connor Knight, Paul Murray)	2/28/14

ACC Women's Swimming & Diving Records

50 Freestyle			
Conference:	21.57	Kelsi Worrell, Louisville	3/17/16
ACC Meet:	21.85	Kelsi Worrell, Louisville	2/18/16
100 Freestyle			
Conference:	47.30	Kelsi Worrell, Louisville	2/20/16
ACC Meet:	47.30	Kelsi Worrell, Louisville	2/20/16
200 Freestyle			
Conference:	1:42.51	Lauren Perdue, Virginia	3/18/11
ACC Meet:	1:42.79	Mallory Comerford, Louisville	2/19/16
500 Freestyle			
Conference:	4:30.37	Leah Smith, Virginia	3/18/15
ACC Meet:	4:30.74	Leah Smith, Virginia	2/18/16
1000 Freestyle			
Conference:	9:20.15	Leah Smith, Virginia	2/20/16
1650 Freestyle			
Conference:	15:25.30	Leah Smith, Virginia	2/20/16
ACC Meet:	15:25.30	Leah Smith, Virginia	2/20/16
100 Backstroke			
Conference:	50.01	Courtney Bartholomew, Virginia	3/20/15
ACC Meet:	50.74	Courtney Bartholomew, Virginia	2/19/16
200 Backstroke			
Conference:	1:49.35	Courtney Bartholomew, Virginia	3/21/15
ACC Meet:	1:49.87	Courtney Bartholomew, Virginia	2/21/15
100 Breaststroke			
Conference:	57.79	Emma Reaney, Notre Dame	3/20/14
ACC Meet:	58.26	Andee Cottrell, Louisville	2/20/16
200 Breaststroke			
Conference:	2:04.06	Emma Reaney, Notre Dame	3/20/14
ACC Meet:	2:04.34	Emma Reaney, Notre Dame	2/21/14
100 Butterfly			
Conference:	49.43	Kelsi Worrell, Louisville	3/18/16
ACC Meet:	50.06	Kelsi Worrell, Louisville	2/19/16
200 Butterfly			
Conference:	1:50.61	Kelsi Worrell, Louisville	3/19/16
ACC Meet:	1:53.19	Tanja Kyllianien, Louisville	2/21/15
200 Individual Medley			
Conference:	1:54.92	Emma Reaney, Notre Dame	2/20/14
ACC Meet:	1:54.92	Emma Reaney, Notre Dame	2/20/14
400 Individual Medley			
Conference:	4:03.51	Tanja Kyllianien, Louisville	3/20/15
ACC Meet:	4:04.21	Tanja Kyllianien, Louisville	2/20/15
One-Meter Diving			
Conference:	379.98	Jenna Dreyer, Miami	3/3/07
ACC Meet:	361.85	Abby Johnston, Duke	2/17/11
Three-Meter Diving			
Conference:	439.70	Abby Johnston, Duke	2/19/10
ACC Meet:	439.70	Abby Johnston, Duke	2/19/10
Platform Diving			
Conference:	367.20	Brittany Viola, Miami	3/16/08
ACC Meet:	364.70	Katrina Young, Florida State	2/21/14
200 Free Relay			
Conference:	1:27.50	NC State (Riki Bonnema, Ashlyn Koletic, Natalie Labonge, Krista Duffield)	2/18/16
ACC Meet:	1:27.50	NC State (Riki Bonnema, Ashlyn Koletic, Natalie Labonge, Krista Duffield)	2/18/16
400 Free Relay			
Conference:	3:11.90	NC State (Alexia Zevnik, Riki Bonnema, Courtney Caldwell, Natalie Labonge)	2/20/16
ACC Meet:	3:11.90	NC State (Alexia Zevnik, Riki Bonnema, Courtney Caldwell, Natalie Labonge)	2/20/16
800 Free Relay			
Conference:	6:55.25	Virginia (Leah Smith, Megan Moroney, Kaitlin Jones, Jen Marrkand)	3/15/16
ACC Meet:	6:59.98	Virginia (Leah Smith, Hanne Borgersen, Kaitlyn Jones, Cece Williamson)	2/17/16
200 Medley Relay			
Conference:	1:35.36	Louisville (Alina Kendzior, Andee Cottrell, Kelsi Worrell, Mallory Comerford)	3/18/16
ACC Meet:	1:35.43	Louisville (Alina Kendzior, Andee Cottrell, Kelsi Worrell, Mallory Comerford)	2/17/16
400 Medley Relay			
Conference:	3:26.42	Virginia (Courtney Bartholomew, Laura Simon, Ellen Williamson, Ellen Thomas)	3/19/15
ACC Meet:	3:28.25	Virginia (Courtney Bartholomew, Laura Simon, Kaitlyn Jones, Ellen Thomas)	2/19/16

CAROLINA

Koury Natatorium

Koury Natatorium



The latest additions to the Maurice J. Koury Natatorium add to the facility's reputation as one of the finest aquatics facilities in the United States.

Koury Natatorium, the home of the Carolina swimming and diving programs, opened in 1986 and has undergone a significant series of improvements over the past several years with the intent of keeping it one of the most modern aquatic facilities in the nation.

A gift from the Tom Kean family of new starting blocks for the 2012-13 season was the most recent improvement to the facility.

The previous school year an entire redesign of the facility's entryway directly across from the main entrance to the Dean E. Smith Center was finished. The addition of trophy cases and memorabilia displays honoring the new UNC Blue Dolphin Society provide a Hall of Honor effect that greatly enhances the natatorium's main foyer. Dedication for the new memorabilia area took place on November 5, 2011. The project was completely financed by fund-raising organized UNC swimming alumni and boosters.

Other recent additions have included the dedication of the Frank R. Comfort record boards in September 2008. The record boards came about in the form of a gift from Tom and Janet Kean, long-time supporters of the program. The Mike Keel Memorial Banners were put in place in October 2009 in honor of the late Mike Keel, the father of former Tar Heel swimmer Katie Keel. The banners were financed through fund-raising from alumni and a gift from the Keel family.

In addition, the locker rooms for the two teams have been redesigned. The coaches' offices were entirely redecorated. The Carolina athletic department also purchased new starting blocks and invested in significant improvements to the timing system. Alumni-raised funds were also directed to improve the overall training facilities and equipment for the program's student-athletes.

A state-of-the-art, top-notch scoreboard and message board system was installed in the fall of 2006. A redesign of the team meeting room was also completed recently. The pool was also taken down in the summer of 2015, resulting in a maintenance project that has restored the Natatorium's original beauty and greatly improved the pool's filtration system.

It was after 48 seasons of intercollegiate swimming and diving competition in historic Bowman Gray Pool that the Tar Heel men's and women's swimming and diving teams moved into their new home in October 1986

with the opening of Koury Natatorium.

Now in its 31st season of use, Koury Natatorium has gained a reputation as one of the finest pools in the nation. Several top-flight competitions have been staged here, with one of the showcase events being U.S. Swimming's Senior Short Course National Championships from March 21-25, 1989. Koury Natatorium served as the host of the U.S. Master's Swimming Short Course National Championships in May 1992.

Koury Natatorium has hosted multiple Atlantic Coast Conference Men's and Women's Swimming and Diving Championships. Those meets were held in 1987, 1989, 1991, 1992, 1993, 1995, 1996, 1997, 2000, 2003, 2007 and 2010.

Other top meets held at Koury Natatorium have included the 1988 and 1991 NCAA Southeast Regional Diving Championships, North Carolina High School Athletic Association men's and women's championship meets and U.S. Swimming North Carolina-Virginia all-star meets. U.S. Swimming held its annual elite training camp at Koury Natatorium shortly after its opening in 1986.

Another highlight in Koury Natatorium's history was the swimming and water polo competition at U.S. Olympic Festival 1987, an event then staged in non-Olympic years by the U.S. Olympic Committee. Swimming competition played to overflow crowds all three nights and the water polo competition also set Festival attendance standards for that sport. The crowds for swimming were so large that temporary bleachers had to be set up on the pool deck to accommodate the crowd.

The natatorium was officially dedicated in ceremonies on October 2, 1987, an event which drew a capacity crowd of UNC athletic partisans, swimming enthusiasts and statewide dignitaries, including the Lieutenant Governor, Robert Jordan, who gave the official address dedicating the facility.

The first competition in the facility actually took place almost a year before the Dedication Day when on October 31, 1986, UNC hosted the Tar Heel Invitational. The first dual meet competition was on November 10, 1986 when UNC's women defeated NC State 171-96.

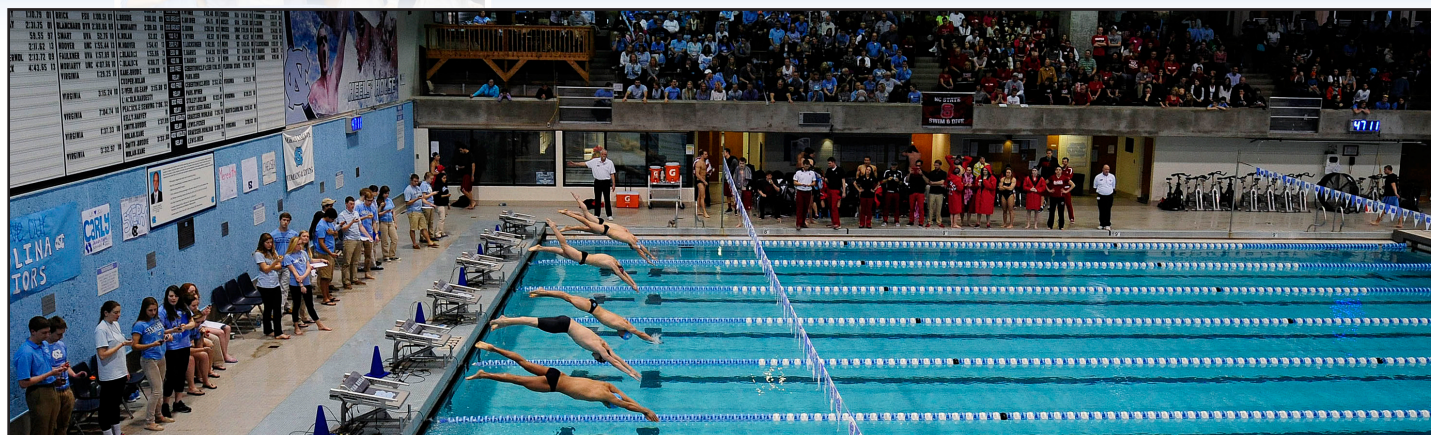
The pool itself measures 50 meters in length by 25 yards in width. There are two moveable bulkheads. At its most shallow point, the pool measures seven feet in depth while the pool is 18 feet at its deepest point.





TAR HEELS®

Koury Natatorium



The pool also features continuous flow gutters and has one of the most advanced lighting systems of any swimming facility in the country. The gallery area provides seating for approximately 2,000 fans and are usually packed for the annual Nike Cup and dual meets versus Duke and NC State.

The acoustical system at the natatorium is outstanding. Six speakers serve the gallery area and six more serve the pool deck, which underwent an elaborate tiling project immediately after the Olympic Festival in 1987. In excess of 2,300 individual acoustical tiles are installed in the ceiling.

The pool, which features underwater speakers and observation booths, holds one million gallons of water, quadrupling the water capacity of Bowman Gray Pool, which held about 250,000 gallons. There are no water jets in the pool, eliminating the problems caused by water currents. Sliding glass windows on both sides provide for better ventilation during the summer.

Each Carolina team has a locker room that affords two lockers for each team member. A team meeting room adjoins the deck and is named for former UNC swimming coach Ralph Casey. There is also a separate locker room for the UNC coaches and locker room facilities for visiting teams, recreational swimming and officials.

The locker rooms and meeting room are located directly across the hallway from the athletic training room of the Smith Center, which is under the direction of a top notch athletic training staff.

The natatorium also contains outstanding facilities for diving with platform diving facilities at several levels having been added during the summer of 2001 to the already existing one-meter and three-meter springboards. The diving area also includes a separate scoreboard and message board.

There is a second scoreboard and message board on the swimming end of the facility. The original scoreboard system was named for the late Dick Jamerson, the founder of the UNC swimming program in 1938 and its first head coach. The original system was dedicated December 2, 1986 at a dual meet against Duke with Coach Jamerson's widow, Anna Jamerson, in attendance for the ceremonies. A new scoreboard and timing system was installed in the fall of 2006 in time for the Tar Heels' home opener against Georgia.

Also located on the deck level adjacent to the pool are the swimming coaches' offices with a reception area and offices for the Tar Heel coaches. The offices of the North Carolina Aquatic Club are also located adjacent to the Koury Natatorium pool deck.

Koury Natatorium Women's Records

Event	Time	Name	School	Year
50 Free	22.02	Faith Johnson	Tennessee	2014
100 Free	48.58	Faith Johnson	Tennessee	2014
200 Free	1:43.86	Lauren Perdue	Virginia	2010
500 Free	4:35.73	Stephanie Peacock	North Carolina	2011
1000 Free	9:25.49	Janet Evans	Fullerton	1989
1650 Free	15:49.11	Stephanie Peacock	North Carolina	2013
100 Back	51.65	Alexia Zevnik	NC State	2015
200 Back	1:52.98	Mei Christensen	Virginia	2010
100 Breast	59.51	Molly Hannis	Tennessee	2014
200 Breast	2:07.09	Molly Hannis	Tennessee	2014
100 Fly	52.76	Lauren Smart	Virginia	2010
200 Fly	1:55.44	Meredith Hoover	North Carolina	2013
200 IM	1:56.53	Alexia Zevnik	NC State	2015
400 IM	4:07.66	Laura Moriarty	North Carolina	2010
1M Springboard	358.25	Abby Johnston	Duke	2010
3M Springboard	439.70	Abby Johnston	Duke	2010
200 Medley Relay	1:37.33		Virginia	2010
		Mei Christensen (24.32), Katherine McDonnell (27.44), Lauren Smart (23.32), Hannah Davis (22.25)		
400 Medley Relay	3:32.97		Virginia	2010
		Mei Christensen (51.71), Katherine McDonnell (1:00.95), Lauren Smart (52.25), Lauren Perdue (48.06)		
200 Free Relay	1:29.25		Virginia	2010
		Mei Christensen (22.63), Lauren Perdue (21.75), Kelly Flynn (22.49), Hannah Davis (22.38)		
400 Free Relay	3:14.39		NC State	2015
		Natalie Labonge (48.88), Alexia Zevnik (48.39), Krista Duffield (49.06), Riki Bonnema (48.06)		
800 Free Relay	7:04.74		Virginia	2010
		Jen Narum (1:46.85), Kelly Flynn (1:46.86), Jenna Harris (1:46.24), Lauren Perdue (1:44.79)		

Koury Natatorium Men's Records

Event	Time	Name	School	Year
50 Free	19.26	Brendon Dedekind	Florida State	1997
100 Free	42.21	Scot Robison	Virginia	2010
200 Free	1:32.45	Scot Robison	Virginia	2010
500 Free	4:16.27	Anton Oerskov Ipsen	NC State	2015
1000 Free	8:55.14	Chip Peterson	North Carolina	2010
1650 Free	14:42.04	Evan Pinion	Tennessee	2014
100 Back	46.08	Tommy Wyher	North Carolina	2010
200 Back	1:40.22	Hennessey Stuart	NC State	2015
100 Breast	52.02	Peter Kropp	Duke	2014
200 Breast	1:51.99	Ed Moses	Unattached	2003
100 Fly	45.57	Tommy Wyher	North Carolina	2010
200 Fly	1:42.61	Christian McCurdy	NC State	2015
200 IM	1:44.14	Gal Nevo	Georgia Tech	2010
400 IM	3:40.47	Gal Nevo	Georgia Tech	2010
1M Springboard	499.95	Nick McCrory	Duke	2010
3M Springboard	477.65	Nick McCrory	Duke	2013
200 Medley Relay	1:25.62		Duke	2015
		Kazumu Takabayashi (22.43), Peter Kropp (23.62), David Armstrong (20.52), James Peek (19.05)		
400 Medley Relay	3:09.20		Duke	2015
		Kazumu Takabayashi (47.57), Peter Kropp (51.13), David Armstrong (47.12), James Peek (43.48)		
200 Free Relay	1:18.57		Duke	2015
		Mike Seaberg (20.25), David Armstrong (19.70), Dylan Payne (19.60), James Peek (19.02)		
400 Free Relay	2:50.94		NC State	2015
		Ryan Held (42.87), Simonas Bilas (41.63), Joe Bonk (43.05), Andreas Schiellerup (43.39)		
800 Free Relay	6:19.23		Virginia	2010
		John Azar (1:36.86), Taylor Smith (1:36.15), Scot Robison (1:32.50), Matt McLean (1:33.72)		

CAROLINA

Carolina Diving Records



As a freshman in 2014-15, Elissa Dawson set school records in 3-meter & platform diving.

One-Meter Diving Records

Men's School Record: Jack Nyquist, 407.95, 2016
 Women's School Record: Michole Timm, 336.53, 2014
 Koury Natatorium Men's Record: Nick McCrory, Duke, 499.95, 2010
 Koury Natatorium Women's Record: Abby Johnston, Duke, 358.25, 2010

Three-Meter Diving Records

Men's School Record: David MacDonald, 447.50, 2009

Women's School Record: Elissa Dawson, 384.08, 2014
 Koury Natatorium Men's Record: Nick McCrory, Duke, 477.65, 2013
 Koury Natatorium Women's Record: Abby Johnston, Duke, 439.70, 2010

Platform Diving Records

Men's School Record: David MacDonald, 359.55, 2011
 Women's School Record: Elissa Dawson, 316.40, 2015



Jack Nyquist established the University record in one-meter diving at the 2016 ACC Championships.

2016-17 Division I Men's Swimming & Diving Qualifying Standards

MEN'S SWIMMING STANDARDS

25-Yard Course

Event	A Standard	B Standard
50 Freestyle	19.09	20.19
100 Freestyle	42.25	44.29
200 Freestyle	1:32.97	1:37.99
500 Freestyle	4:13.22	4:24.99
1,650 Freestyle	14:44.43	15:30.39
100 Butterfly	45.73	48.29
200 Butterfly	1:41.86	1:47.99
100 Backstroke	45.37	48.49
200 Backstroke	1:39.87	1:46.39
100 Breaststroke	51.93	55.39
200 Breaststroke	1:52.99	1:59.79
200 Individual Medley	1:42.15	1:49.09
400 Individual Medley	3:40.76	3:54.49

MEN'S RELAY STANDARDS

25-Yard Course

	Qualifying	Provisional
200 Freestyle Relay	1:17.77	1:18.46
400 Freestyle Relay	2:52.45	2:53.68
800 Freestyle Relay	6:20.67	6:24.50
200 Medley Relay	1:25.05	1:25.86
400 Medley Relay	3:07.75	3:09.68

MEN'S DIVING STANDARDS

*Qualifying point total in any 6 dive list with standard DD

1-Meter Diving	300*
3-Meter Diving	320*
Platform Diving	300*



Philip Perdue

2016-17 Division I Women's Swimming & Diving Qualifying Standards

WOMEN'S SWIMMING STANDARDS

25-Yard Course

Event	A Standard	B Standard
50 Freestyle	21.80	22.99
100 Freestyle	47.69	49.99
200 Freestyle	1:43.63	1:47.99
500 Freestyle	4:36.30	4:47.79
1650 Freestyle	15:53.50	16:30.59
100 Butterfly	51.49	54.49
200 Butterfly	1:54.01	1:59.59
100 Backstroke	51.45	55.09
200 Backstroke	1:51.95	1:59.19
100 Breaststroke	59.04	1:02.49
200 Breaststroke	2:07.33	2:15.99
200 Individual Medley	1:55.35	2:01.59
400 Individual Medley	4:05.36	4:19.39

WOMEN'S RELAY STANDARDS

25-Yard Course

	Qualifying	Provisional
200 Freestyle Relay	1:28.98	1:29.75
400 Freestyle Relay	3:15.78	3:17.11
800 Freestyle Relay	7:05.68	7:08.93
200 Medley Relay	1:37.21	1:37.71
400 Medley Relay	3:33.40	3:34.96

WOMEN'S DIVING STANDARDS

*Qualifying point total in any 6 dive list with standard DD

**Qualifying point total in any 5 dive list with standard DD

1-Meter Diving	265*
3-Meter Diving	280*
Platform Diving	225**



Caroline Baldwin



Janis Hape Dowd Nike Cup Records

Women's Records

Event	Time	Name	School	Year
50 Free	22.02	Faith Johnson	Tennessee	2014
100 Free	48.58	Faith Johnson	Tennessee	2014
200 Free	1:45.37	Stephanie Peacock	North Carolina	2011
500 Free	4:35.73	Stephanie Peacock	North Carolina	2011
1650 Free	15:49.11	Stephanie Peacock	North Carolina	2013
100 Fly	53.17	Maddie Rusch	Duke	2015
200 Fly	1:55.44	Meredith Hoover	North Carolina	2013
100 Back	51.65	Alexia Zevnik	NC State	2015
200 Back	1:53.66	Alexia Zevnik	NC State	2015
100 Breast	59.51	Molly Hannis	Tennessee	2014
200 Breast	2:07.09	Molly Hannis	Tennessee	2014
200 IM	1:56.53	Alexia Zevnik	NC State	2015
400 IM	4:10.18	Lauren Driscoll	Tennessee	2014
200 Free Relay	1:29.75	Maddie Hess Maddie Rusch Leah Goldman Jessica Sutherland	Duke	2015
400 Free Relay	3:14.39	Natalie Labonge (48.88) Alexia Zevnik (48.39) Krista Duffield (49.06) Riki Bonnema (48.06)	NC State	2015
800 Free Relay	7:14.35	Ally Hardesty (1:48.44) Lauren Earp (1:50.03) Danielle Siverling (1:48.10) Stephanie Peacock (1:47.78)	North Carolina	2013
200 Medley Relay	1:37.95	Madison Hahn (25.40) Molly Hannis (27.02) Harper Bruens (23.70) Faith Johnson (21.83)	Tennessee	2014
400 Medley Relay	3:34.79	Madison Hahn (53.55) Molly Hannis (58.52) Anna DeMonte (54.58) Faith Johnson (48.14)	Tennessee	2014

Men's Records

Event	Time	Name	School	Year
50 Free	19.44	Sidni Hoxha	Old Dominion	2013
100 Free	42.92	Ryan Held	NC State	2015
200 Free	1:34.48	Ryan Held	NC State	2015
500 Free	4:16.27	Anton Oerskov Ipsen	NC State	2015
1650 Free	14:42.04	Evan Pinion	Tennessee	2014
100 Fly	46.92	Soeren Dahl	NC State	2015
200 Fly	1:42.61	Christian McCurdy	NC State	2015
100 Back	46.26	Andreas Schiellerup	NC State	2015
200 Back	1:40.22	Hennessey Stuart	NC State	2015
100 Breast	52.02	Peter Kropp	Duke	2014
200 Breast	1:55.88	Rokas Cepulis	East Carolina	2014
200 IM	1:45.97	Tristan Slater	Tennessee	2014
400 IM	3:44.63	Sam McHugh	Tennessee	2014
200 Free Relay	1:18.57	Mike Seaberg (20.25) David Armstrong (19.70) Dylan Payne (19.60) James Peek (19.02)	Duke	2015
400 Free Relay	2:50.94	Ryan Held (42.87) Simonas Bilas (41.63) Joe Bonk (43.05) Andreas Schiellerup (43.39)	NC State	2015
800 Free Relay	6:27.56	Casey Dauw (1:37.32) Bryan Goldberg (1:36.39) Bradley Boswell (1:37.33) Tyler Gustafson (1:36.52)	Tennessee	2003
200 Medley Relay	1:25.62	Kazumu Takabayashi (22.43) Peter Kropp (23.62) David Armstrong (20.52) James Peek (19.05)	Duke	2015
400 Medley Relay	3:09.20	Kazumu Takabayaski (47.57) Peter Kropp (51.13) David Armstrong (47.12) James Peek (43.48)	Duke	2015

TAR HEELS®

Janis Hape Dowd Nike Cup Year-by-Year Team Finishes

CAROLINA MEN

Year	Placing
1986	1st Place (4 teams)
1987	No Meet
1988	2nd Place (9 teams)
1991	Meet held; no team scores kept
1992	2nd Place (6 teams)
1993	2nd Place (8 teams)
1994	3rd Place (8 teams)
1995	3rd Place (11 teams)
1996	2nd Place (12 teams), 835 points
1997	2nd Place (12 teams), 630 points
1998	1st Place (12 teams), 1,016 points
1999	1st Place (11 teams), 1,072 points
2000	1st Place (14 teams), 1,113 points
2001	1st Place (8 teams), 874 points
2002	1st Place (9 teams), 757 points
2003	2nd Place (10 teams), 595 points
2004	1st Place (6 teams), 1,170.5 points
2005	2nd Place (7 teams), 862.5 points
2006	5th Place (10 teams), 567 points
2007	3rd Place (7 teams), 716 points
2008	No Meet
2009	No Meet
2010	1st Place (9 teams), 1,440 points
2011	1st Place (8 teams), 1,334 points
2012	2nd Place (6 teams) 901 points
2013	1st Place (6 teams) 2,751 points
2014	2nd Place (9 teams) 1,490 points
2015	1st Place (9 teams) 1,815 Points

CAROLINA WOMEN

Year	Placings
1986	1st Place (6 teams)
1987	No Meet
1988	1st Place (10 teams)
1991	No Team Scores Kept
1992	5th Place (6 teams)
1993	2nd Place (8 teams)
1994	4th Place (9 teams)
1995	2nd Place (8 teams)
1996	1st Place (11 teams), 1,120.5 points
1997	2nd Place (12 teams), 874 points
1998	2nd Place (12 teams), 724 points
1999	1st Place (11 teams), 1,261 points
2000	1st Place (13 teams), 1,161.5 points
2001	1st Place (8 teams), 875 points
2002	1st Place (10 teams), 959 points
2003	1st Place (10 teams), 884 points
2004	2nd Place (8 teams), 804 points
2005	1st Place (7 teams), 883.5 points
2006	2nd Place (9 teams), 711 points
2007	1st Place (7 teams), 1,057 points
2008	No Meet
2009	No Meet
2010	1st Place (9 teams), 1,569.5 points
2011	1st Place (8 teams), 1,494 points
2012	2nd Place (8 teams) 816 points
2013	1st Place (7 teams) 2,908.5 points
2014	2nd Place (9 teams) 1,685 points
2015	2nd Place (7 teams) 1,434 points

Janis Hape Dowd Nike Cup

THE UNIVERSITY OF NORTH CAROLINA

"If a moviemaker needs
an idyllic setting
for a film about
college life,
Chapel Hill just might
take the prize."
— *Newsweek* magazine



FIRST and FINEST

QUICK FACTS

Nation's

1st

public university –
chartered Dec. 11, 1789

18,415
undergraduates

More than **75**
majors and minors in
60 departments

750+
student-athletes

28
varsity athletic teams

7th

UNC's finish in the 2015-16
Directors Cup all-sports
competition, the highest of
any conference school

3,500+

Hours of community service by student-athletes
in 2015-16

University of National Champions

47 Team National Championships,
and **58** Individual National Championships

356

UNC student-athletes
named to the ACC Academic
Honor Roll in 2015-16. The
total is an all-time high.

58

Members of the Student-
Athlete Advisory Council,
at least two from each
team, who meet monthly to
provide input on student-
athlete life and
department policies



More than one-third

of UNC undergraduates study in other countries before graduation, one of the highest
study-abroad rates among public universities nationwide. Carolina offers a variety of
overseas program of different lengths, making study abroad an option for all students

79

Years of support from
The Rams Club, which
funds student-athlete
scholarships as well as
facility construction and
upgrades

8,000+

Hours invested in student-athlete leadership
training during the 2015-16 school year. The Richard
A. Baddour Carolina Leadership Academy is in its
13th year as the nation's premier leadership training
program for student-athletes

113

Olympians in
18 different sports

- UNC graduate Jake Bernstein, a member of the men's fencing team, was a 2016 recipient of an NCAA Postgraduate Scholarship.
- Five student-athletes were inducted into Phi Beta Kappa honors society during the 2015-16 school year.

**For much more on the University of North Carolina
and all it has to offer, go to unc.edu.**

CHAPEL HILL

Home for a Lifetime

- Chapel Hill has been ranked the Most Livable Small City (less than 100,000) in America.
- Chapel Hill has a population of approximately 60,000 and neighboring Carrboro adds another 20,000 people.
- The Chapel Hill/Carrboro area offers a wealth of dining, shopping and entertainment options, with many more located nearby in Hillsborough, Durham and Raleigh.
- Chapel Hill's location is ideal, within an easy drive of North Carolina's beautiful beaches and mountains.

Often referred to as "The Southern Part of Heaven," Chapel Hill has been called the perfect college town by several publications, including *Sports Illustrated*.



Photos courtesy of Chapel Hill and Orange County Visitors Bureau • visitChapelHill.org



Running along the north edge of campus, Franklin Street is the heart of Chapel Hill. It provides a mix of restaurants, shops and nightlife, and also serves as the town's meeting place. UNC fans rush Franklin Street to celebrate Tar Heel titles, and each year Halloween festivities draw thousands of revelers.

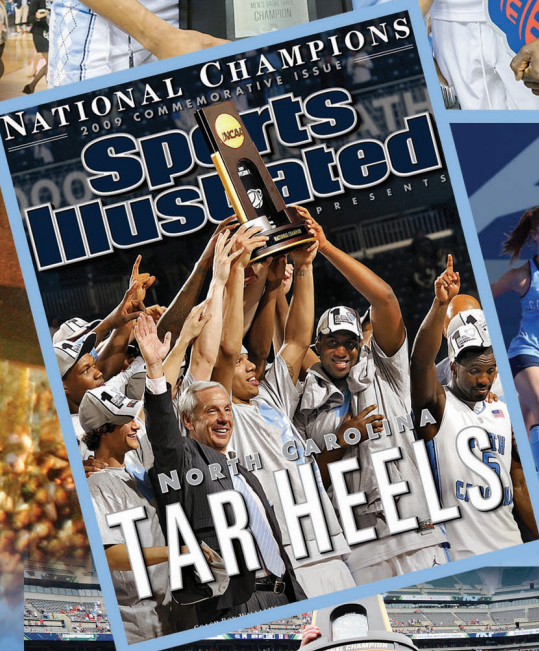


ATHLETIC HERITAGE

Representing UNC with Class

UNC won the 2016 ACC Men's Basketball Tournament and reached the NCAA national championship game.

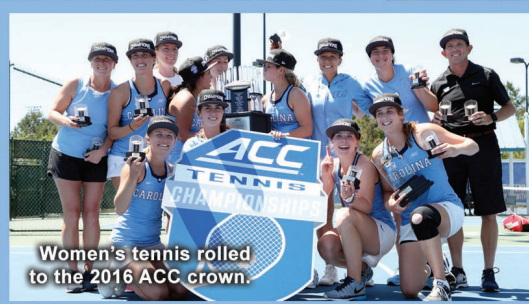
Carolina won the 2015 ACC Coastal Division Championship



UNC Athletics celebrates success at the annual Rammy Awards, held each spring.



Field hockey claimed the 2015 ACC title with an overtime win over Syracuse.



Women's tennis rolled to the 2016 ACC crown.

The Tar Heels won NCAA titles in both women's and men's lacrosse in 2016

• UNC has won more national championships and more conference championships than any other school in the Atlantic Coast Conference.

• UNC has finished among the top 10 in the Directors' Cup standings 13 times in the past 15 years and 19 times in the 23-year history of the competition. The Tar Heels were seventh in 2015-16.

• Carolina is one of three programs to rank in the top 10 in both the men's (second) and women's (fourth) standings in the Capital One Cup in 2015-16.

• Some of the best-known names in sports – such as Michael Jordan and Mia Hamm – wore Carolina blue.



ACADEMIC EXCELLENCE

*Advancing to graduation,
Building Character,
Developing leadership*

- The Academic Support Program for Student-Athletes assists Tar Heel student-athletes in exploring their interests and abilities, enjoying a broad educational experience, and reaching or exceeding their academic goals.
- The Academic Support Program is housed in the Loudermilk Center for Excellence, a 150,000-square-foot facility that serves all of Carolina's nearly 800 student-athletes across 28 varsity sports. The Loudermilk Center's largest feature is the John W. Pope Student-Athlete Academic Support Center. This facility provides classrooms for teaching and tutoring, study lounges, office space and a computer lab. It also houses the *Richard A. Baddour* Carolina Leadership Academy, which offers leadership training for Carolina student-athletes, coaches and staff.
- The Academic Support Program helps freshmen transition from high school to college through a variety of academic programs such as academic counseling, individual tutoring, group review sessions and supplemental instruction.



The Loudermilk Center provides plenty of space for study sessions, meetings and tutoring. Student-athletes can meet with academic advisors and counselors and also utilize the computer lab and writing center. Conveniently, Loudermilk also houses the strength and conditioning center and the student-athlete Fueling Station.



Emma Nunn and Sam Lewis were the recipients of the 2015-16 Mildred McCaskill Awards, which annually recognize two seniors – one male, one female – who excel in all areas.

2015-16 ACADEMIC ACCOMPLISHMENTS

WOMEN'S SWIMMING AND DIVING

ACC Academic Honor Roll (25): Caroline Baldwin, Kate Boyer, Maddy Burns, Rachel Canty, Liliana Casso, Robyn Dryer, Abby Fisher, Katie Ford, Annie Goessling, Ally Hardesty, Annie Harrison, Alli Haufler, Sarah Hitchens, Caty Hulsey, Sarah Koucheke, Andi Mack, Katie McKay, Hellen Moffitt, Katie Munch, Emma Nunn, Qian Yi Pang, Erin Purdy, Kacy Rhyne, Emily Slabe, Kendall Surhoff.

ACC All-Academic Team (7): Rachel Canty, Abby Fisher, Ally Hardesty, Annie Harrison, Hellen Moffitt, Katie Munch, Emma Nunn

College Swimming Coaches Association of America Scholar All-Americans (5): Abby Fisher, Ally Hardesty, Annie Harrison, Maria Lohman, Emma Nunn

- The Tar Heel women's swimming and diving team had a team grade point average of 3.327 in the spring semester of 2016. The team's cumulative GPA after the spring semester was 3.203.
- Twenty-nine swimmers and divers recorded GPAs of 3.0 or above in the spring semester of 2016.
- Over the past eight semesters UNC has recorded team GPAs of 3.0 or above (3.32, 3.06, 3.23, 3.20, 3.01, 3.21, 3.14, 3.20)
- The 25 selections to the 2015-16 ACC Honor Roll marked the fifth year in a row with 20 or more selections (20 in 2015, 23 in 2014, 21 in 2013, 22 in 2012)
- The team had a total of 13 Dean's List selections in the spring of 2016.
- Junior Abby Fisher was elected to Phi Beta Kappa.
- Annie Harrison and Ally Hardesty were named to the spring 2016 4.0 Club.

MEN'S SWIMMING AND DIVING

ACC Academic Honor Roll (20): Josh Beals, Tom Bilden, Bailey Burt, Noah Cairns, Christian Caveness, Matt Conway, Mitch DeForest, Chris Gondek, Nic Graesser, Heyward Harrison, Sam Lewis, Jared Martin, Ozzie Moyer, Jack Nyquist, Philip Perdue, Lucas Popp, Patrick Riess, Austin Sellers, Jack Welker, Kurt Wohlrab

All-ACC Academic Team (5): Matt Conway, Sam Lewis, Michael McBryan, Ozzie Moyer, Jack Nyquist

College Swimming Coaches Association of America Scholar All-Americans (5): Mitch DeForest, Nic Graesser, Sam Lewis, Ozzie Moyer, Lucas Popp

College Swimming Coaches Association of America Honorable Mention Scholar All-Americans (2): Noah Cairns, Patrick Cusick

- The Tar Heel men's swimming and diving team had a team grade point average of 3.220 in the spring semester of 2016. The team's cumulative GPA after the spring semester was 3.161.
- Twenty-one swimmers and divers recorded GPAs of 3.0 or above in the spring semester of 2016.
- Over the past three semesters UNC has recorded GPAs of 3.0 or above (3.22, 3.146, 3.18) and it has done so five times in the last eight semesters.
- The 20 selections to the 2015-16 ACC Honor Roll marked the fifth year in a row with 15 or more selections (18 in 2015, 22 in 2014, 15 in 2013, 18 in 2012).
- The team had a total of nine Dean's List selections in the spring of 2016.
- Tom Bilden was named to the spring 2016 4.0 Club.

RICHARD A. BADDOUR CAROLINA LEADERSHIP ACADEMY

Developing World-Class Leaders for a Lifetime of Service and Success

UNC student-athletes have the opportunity to participate in the *Richard A. Baddour* Carolina Leadership Academy, now in its 13th year of ground-breaking leadership training.

As the nation's premier leadership development program in collegiate athletics, the Leadership Academy develops, challenges and supports student-athletes, coaches and staff in their continual quest to become world-class leaders in athletics, academics and life.

The Leadership Academy provides comprehensive and cutting-edge leadership development programming through interactive workshops, 360-degree feedback, one-on-one coaching, peer mentoring and educational resources.

The *Richard A. Baddour* Carolina Leadership Academy offers five programs for student-athletes:

Carolina CREED Program

Leadership training begins in the first year at UNC. All leadership begins with personal leadership, therefore first-year student-athletes are taught skills to effectively lead themselves. Training consists of monthly meetings featuring keynote speakers and small group discussion.

CREED Mentors Program

Upperclass student-athletes are selected to serve as CREED mentors, directing discussions and helping to build community. Special focus is on responsibility, accountability, making good choices, ethics and character building.

Rising Stars Program

Designed for a select group of "high potential" sophomores and juniors, the program provides future leaders with insights, strategies and skills necessary to become effective leaders. The program includes monthly meetings, interactive exercises and action learning experiences.

Leadership Lab Program

This level is an opportunity for continued leadership reflection, mentorship, and application. Leadership reflection entails authentically sourced curriculum for leadership workshops. Mentorship is offered by coaches, department staff members, and current team leadership. Leadership application involves a leadership project.

Veteran Leaders Program

This program is designed for team captains and veteran student-athletes. It provides advanced leadership training and support, teaches the critical skills and insights necessary to be effective vocal leaders and provides a strong peer network. Student-athletes meet regularly to learn and reinforce leadership principles as well as share successes, frustrations and lessons.



In 2015-16, eight swimmers and divers were among the 25 UNC student-athletes honored as Tar Heel Leaders of Distinction, the highest honor bestowed by the Richard A. Baddour Leadership Academy. Those who earned the honor are: Mitch DeForest, Annie Goessling, Ally Hardesty, Annie Harrison, Sam Lewis, Ozzie Moyer, Kacy Rhynne and Kendall Surhoff.

THE CAROLINA CREED

As a University of North Carolina student-athlete I pledge to make every effort to abide by the Carolina CREED as a show of my commitment to the University, the Department of Athletics, my team, and myself.

C I will know and embrace the tradition and culture of this great university and its athletics department

R I will respect myself and others

E I will pursue excellence in my academic work by striving to reach my academic potential while preparing for a career of significance

E I will excel athletically by committing myself to performance excellence, team success, and continual improvement

D I will develop the capacity to effectively lead myself and others



Swimming and Diving in the *Richard A. Baddour* Carolina Leadership Academy • 2016-17

Veteran Leaders: Josh Beals, Matt Conway, Abby Fisher, Lucas Popp, Katie McKay, Hellen Moffitt, Jack Nyquist

Leadership Lab: Carolina Baldwin, James Casey, Elissa Dawson, Michael McBryan, Phil Perdue, Emily Slabe

Rising Stars: Macey Arnold, Kali Becker, Thomas Bilden, Kathryn Boyer, Noah Cairns, Patrick Cusick, Robyn Dryer, Zhada Fields, William Harrison, Maria Lohman, Andi Mack, Austin Sellers, Qian Yi Pang

CREED Mentors: Kali Becker, Madison Boswell, Kathryn Boyer, Bailey Burt, Zhada Fields, Katie Ford, Sarah Hitchens, Katie McKay, Eugene Tee

UNC's Veteran Leaders learn about leadership under pressure by visiting with the trauma, critical care and air care teams at UNC Hospitals





THE RAMS CLUB

THANK YOU RAMS CLUB MEMBERS!

YOU ARE WHY OUR WORLD-CLASS STUDENT-ATHLETES AND COACHES WORK TO BE SMARTER, FASTER AND STRONGER EVERY YEAR IN ORDER TO LIVE UP TO CAROLINA'S TRADITION OF SUCCESS.

Each year, The Rams Club's primary mission of fully funding all 450 of Carolina's student-athlete scholarships becomes more and more challenging. Thanks to the incredible generosity and longevity of support from Rams Club members, The Rams Club has always been able to fulfill our mission.

Because of this support, Carolina student-athletes have excelled representing the Tar Heels in the classroom and on the playing field.

In addition to the nine ACC Players of the Year and four ACC Freshmen of the Year, 88 Tar Heels were recognized on All-ACC Academic Teams, two were named ACC Scholar Athletes of the Year and UNC Field Hockey's **Loren Shealy** was named Sports Illustrated's College Athlete of the Year. None of these incredible feats would be possible without the foundation of support you provide for Carolina Athletics.

YOU ARE WHY Carolina continues to educate and inspire the best student-athletes in the nation!



329 student-athletes were named to UNC's Dean's List during the academic year of 2013-2014.



The NCAA honored five University of North Carolina athletic programs whose Academic Progress Rates are among the top 10 percent nationally.



A record number of UNC student-athletes – 347– made the ACC Academic Honor Roll in 2013-14. UNC's previous high was 329 in 2012-13.



THE RAMS CLUB



YOU PROVIDE THE OPPORTUNITY

RAMS CLUB MEMBERS GIVE THE GIFT OF OPPORTUNITY –

for the best student-athletes to attend the best university, to compete in the best facilities, and to play for the best coaches at the highest level of competition in all 28 of our varsity sports.



THE RAMS CLUB

JOIN THE RAMS CLUB STARTING AT \$100!
FOR MORE INFORMATION AND TO JOIN, VISIT [RAMSCLUB.COM](https://ramsclub.com)

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Elissa Dawson

ALL-AMERICA TAR HEELS



TAR HEEL CAPTAINS

Jack Nyquist
Hellen Moffitt
Caroline Baldwin
Matt Conway



Caroline Baldwin

Henry Campbell

Zhada Fields

Sarah Hitchens

Katie Munch



TAR HEEL COACHES

Sean Quinn
Duncan Sherrard
Rich DeSelm
Christy Garth
Abel Sanchez



Hellen Moffitt



Jack Nyquist