



Carolina Swimming & Diving Quick Facts

Location: Chapel Hill, N.C.

Founded: Chartered 1789, cornerstone of Old East laid 1793, opened 1795

Enrollment: 27,700 (undergraduate, graduate and professional students)

Chancellor: Dr. James Moeser

Director of Athletics: Dick Baddour

Senior Associate Athletic Director for Olympic Sports: Dr. Beth Miller

National Affiliation: NCAA Division I

Conference: Atlantic Coast Conference

Nickname: Tar Heels

Mascot: Rameses the Ram

School Colors: Carolina Blue and White

Athletic Department Web Site: www.TarHeelBlue.com

Carolina Swimming & Diving Staff Information

Head Swimming Coach: Rich DeSelm (first year as head coach at North Carolina)

Coach DeSelm's Office Telephone Number: (919) 966-5340

Diving Coach: Kevin Lawrence (919-962-7261)

Assistant Swimming Coaches: Mike Litzinger (919-933-4905), Catherine Vogt (919-962-7262), Eric Stefanski (919-966-1900), Ryan Woodruff (head coach of North Carolina Aquatic Club), Sean Quinn, Willem Bok

Home Pool: Maurice J. Koury Natatorium (Opened 1986)

Seating Capacity: 2,000

2006-07 Dual-Meet Records: Men—5-3, ACC 4-1; Women—8-1, ACC 5-0

2007 ACC Championships Finishes: Men—Third Place; Women—ACC Champions

2007 NCAA Championships Finishes: Men—27th Place; Women—30th Place

Athletic Training Staff: Head Trainer Marc Davis, ATC-L; Sarah Vizza (2nd year graduate student); Chun-Man Fong (1st year graduate student); Keyonna Williams (undergraduate)

Team Physician: Dr. Tom Brickner

Orthopaedic Surgeon: Dr. Alex Creighton

Swimming Administrative Assistant: Mrs. Sharon Wagner

Mrs. Wagner's Office Phone Number: (919) 962-8110

UNC Athletic Communications Information

Primary Swimming and Diving Media Contact: Dave Lohse, Associate Athletic Communications Director

Lohse's Email Address: davelohse@unc.edu

Lohse's Office Telephone Number: (919) 962-7257

Lohse's Cell Phone Number: (919) 641-4128

Secondary Swimming and Diving Media Contact: JoAnne Cannell (jcannell@email.unc.edu), Athletic Communications Student Assistant

Office Fax Telephone Number: (919) 962-0612

Athletic Communications Mailing Address: P.O. Box 2126, Chapel Hill, NC 27515

Shipping Address: Athletic Communications Office, 300 Skipper Bowles Drive, Chapel Hill, NC 27514

www.TarHeelBlue.com

Media and fans can follow the Carolina swimming and diving teams and the rest of the UNC athletic program from anywhere in the world via the Internet on the official site of North Carolina athletics. TarHeelBlue.com offers schedules, rosters, results, features and more information for all 28 of Carolina's varsity sports.

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Nike: Supporting UNC Swimming & Diving

The University of North Carolina Department of Athletics and Nike extended their agreement for eight more years beginning in July 2002. The agreement provides each varsity team with shoes, apparel, equipment bags and other products. It also provides \$100,000 annually for the Chancellor's Academic Enhancement Fund for undergraduate teaching as well as \$100,000 annually to the athletic department to reward Olympic sport programs and coaches for academic and athletic excellence.



2007-08 North Carolina Swimming & Diving Media Guide

Photography by Jeffrey Camarati. Front cover, inside front cover and back cover designed by Dana Gelin. The 2007-08 media guide was edited by Dave Lohse, Associate Athletic Communications Director. Student assistants JoAnne Cannell, Brad Young, Danielle Appelman and Kristi Hankins contributed to the media guide. Printing services by UNC Printing of Chapel Hill, N.C., Susan Anderson, customer representative.



2007-08 WOMEN'S ROSTER



NAME	YR.	EVENTS	HT.	HOMETOWN (HIGH SCHOOL)
Mandi Arak	So.	Diving	5-2	Scottsdale, Ariz. (Desert Mountain)
Allison Barnes	Fr.	Free, Back	5-8	Bel Air, Md. (C. Milton Wright)
Aubrette Biegel	Jr.	Freestyle	5-6	Schererville, Ind. (Lake Central)
Eliza Butts	So.	Freestyle	5-9	Weston, Mass. (Weston)
Alison Clemens	So.	Breaststroke, IM	5-3	Staten Island, N.Y. (St. Joseph By The Sea)
Kimmy Davis	Jr.	Freestyle	5-5	Cary, N.C. (Athens Drive)
Laura Filip	Sr.	Diving	5-5	Durham, N.C. (Durham School of the Arts)
Jen Frazier	Jr.	Breaststroke, IM	5-7	Indian Harbour Beach, Fla. (Satellite)
Alex Hamilton	Fr.-RS	Diving	5-3	Holly Springs, N.C. (Southeast Raleigh)
Caroline Hartmann	Fr.	Back, IM	5-7	Williamsburg, Va. (Walsingham Academy)
Katura Harvey	Fr.	Free	5-9	Rockville, Md. (Richard Montgomery)
Ashley Howard	So.	Freestyle, Backstroke	5-11	Durham, N.C. (Riverside)
Rebecca Kane	Fr.	Free	5-11	Toms River, N.J. (Monsignor Donovan)
Lindsey Marck	Sr.	Butterfly, IM	5-6	Newtown, Pa. (Pennsbury)
Katie Marsh	Fr.	Breast	5-10	Ocean Ridge, Fla. (Saint Andrew's School)
Erika Matheis	Sr.	Diving	5-3	Webster, N.Y. (Webster Schroeder)
Taylor McFarlane	Sr.	Freestyle, Backstroke	5-11	Cape Elizabeth, Maine (Cape Elizabeth)
Lindsay McIlvain	Jr.	Freestyle, IM	5-5	Brentwood, Tenn. (Brentwood)
Ashley Miller	Fr.	Free, IM	5-11	Cincinnati, Ohio (Saint Ursula Academy)
Chelsea Mock	So.-RS	Diving	5-2	Chapel Hill, N.C. (Cresset Christian Academy)
Kelsey Morrissey	Sr.	Freestyle, Breaststroke	5-6	Horsham, Pa. (Hatboro-Horsham)
Katy Pritchett	Jr.	Diving	5-8	Lubbock, Texas (Coronado)
Erica Schiffler	Jr.	Diving	5-3	Woodbury, Minn. (Woodbury)
Sarah Scott	Jr.	Freestyle, Butterfly	5-6	Pittsboro, N.C. (Durham Academy)
Whitney Sprague	Jr.	Freestyle	5-7	Bronxville, N.Y. (Bronxville)
Megan Steeves	So.	Freestyle, Backstroke	5-7	Newark, Del. (St. Mark's)
Barbara Thomas	So.	IM, Back	5-8	Plantation, Fla. (St. Thomas Aquinas)
Kelly Woodruff	Sr.	IM, Breaststroke	5-9	Shoreline, Wash. (Shorewood)

Head Coach: Rich DeSelm

Diving Coach: Kevin Lawrence

Assistant Coaches: Mike Litzinger, Catherine Vogt, Eric Stefanski, Ryan Woodruff, Sean Quinn, Willem Bok

Student Manager: Will Bondurant

Head Athletic Trainer: Marc Davis

Assistant Athletic Trainers: Sarah Vizza, Chun-Man Fong, Keyonna Williams

Strength Coaches: Greg Gatz, Steve Gisselman

Athletic Communications Director: Dave Lohse

Administrative Assistant: Sharon Wagner

Academic Advisor: Wayne Walden

RS=2007-08 Redshirt

Pronunciation Guide

Name	Pronunciation
Mandi Arak	AIr-ack
Aubrette Biegel	AW-bree (same as Beagle)
Erika Matheis	muh-THEE-us
Lindsay McIlvain	MACK-uhl-vane



First-team All-America distance freestyler Whitney Sprague holds the Tar Heels' school records in the 500-yard freestyle, the 1000-yard freestyle and the 1650-yard freestyle. She finished third last year in the 1650-yard freestyle at the NCAA Championships after winning the event at the ACC Championships.



Junior Aubrette Biegel was part of the Tar Heel unit which set an ACC record in the 400-yard freestyle relay in 2007.



NAME	YR.	EVENTS	HT.	HOMETOWN (HIGH SCHOOL)
Spencer Biedrzycki	So.	Breast, IM	6-1	Charlotte, N.C. (Providence)
Austin Bradyhouse	So.	Diving	5-3	Raleigh, N.C. (Leesville Road)
Andy Brake	Fr.	IM, Fly, Back	6-0	Springfield, Va. (Lake Braddock)
Hank Browning	Jr.-RS	Freestyle	6-1	Cincinnati, Ohio (Turpin)
Zach DeVault	So.	Freestyle	6-4	Atlantic Beach, Fla. (Episcopal)
Ryan Funderburk	Sr.	Diving	6-2	Summerfield, N.C. (Northwest Guilford)
Robert Grimmer-Norris	Fr.	Fly, Free	6-1	Herndon, Va. (Georgetown Prep)
Josh Hafkin	Fr.	Back, Free	6-1	Rockville, Md. (Georgetown Prep)
Tyler Harris	Fr.	IM, Fly	5-10	Richmond, Va. (The Steward School)
Alex Ismail	Fr.	Free, Back	6-2	Zionsville, Ind. (Zionsville Community)
Jeff James	So.	Back, Freestyle, IM	6-5	Chapel Hill, N.C. (Chapel Hill)
Flynn Jones	Fr.	Breast	6-0	Cary, N.C. (Green Hope)
Mike Kelly	So.	Diving	6-0	Frederick, Md. (Governor Thomas Johnson)
Alex Kenley	Jr.	Diving	5-10	Sarasota, Fla. (Pine View)
Joe Kinderwater	Fr.	Freestyle, IM	5-11	Lancaster, Pa. (Hempfield)
Keith Laabs	Sr.	Backstroke	6-5	Memphis, Tenn. (White Station)
David MacDonald	Fr.-RS	Diving	5-7	Darien, Conn. (Darien)
Nicholas Marsden	Fr.	Freestyle	5-11	Carlsbad, Calif. (Carlsbad)
Jason McLaughlin	So.	Freestyle, IM, Fly	5-10	White Plains, N.Y. (White Plains)
Brad Mitchell	Jr.	Breaststroke	6-1	Somers, N.Y. (Somers)
Mark Mohr	Sr.	Freestyle, Butterfly	5-10	Mequon, Wis. (Homestead)
Isaac O'Hare	Fr.	Freestyle	6-0	Greensboro, N.C. (Grimsley)
Philip Owen	Sr.	Freestyle	6-5	Scottsdale, Ariz. (Saguaro)
Chip Peterson	So.-RS	Freestyle, IM	5-11	Pine Knoll Shores, N.C. (West Carteret)
Vinny Pryor	Fr.	Breast, IM	6-2	Jaffrey, N.H. (Conant)
Yi-Khy Saw	Jr.	IM, Butterfly, Freestyle	5-10	Penang, Malaysia (The Bolles School)
Tyler Smith	Fr.	Free, Fly, Back	6-2	Lighthouse Point, Fla. (Pine Crest School)
David Solarz	So.	Diving	6-0	Westlake, Ohio (Westlake)
Brandon Suddreth	Sr.	Freestyle	6-5	Troutman, N.C. (South Iredell)
Zach Swartz	Sr.	Freestyle, Back	6-2	Harleysville, Pa. (Souderton Area)
Robby Swendiman	Sr.	Freestyle, Breast	6-5	Kensington, Md. (Georgetown Prep)
Chandler Thomas	Fr.	Breast	6-0	Charlotte, N.C. (South Mecklenburg)
Zack Vance	Fr.	Free	6-0	Raleigh, N.C. (Leesville Road)
Michael Wilson	So.-RS	Diving	5-10	Atlanta, Ga. (Dunwoody)
Tommy Wyher	Fr.	Fly, Back, Free	6-4	New Port Richey, Fla. (Jesuit)
David Zolno	Fr.	Free	6-1	Austin, Texas (Westlake)



Senior Zach Swartz ranks first on the Tar Heels' pre-season depth chart in the 50-yard freestyle, third in the 100-yard freestyle and fourth in the 100-yard backstroke.

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RS=2007-08 Redshirt

Pronunciation Guide

Name	Pronunciation
Spencer Biedrzycki	bee-idz-RICK-ee
Zach DeVault	duh-VAULT
Keith Laabs	LABS
Jason McLaughlin	mih-GLOCK-lin
Mark Mohr	sounds like more
Yi-Khy Saw	EE-KIE SAW



2007-08 SCHEDULE, 2006-07 RESULTS

DATE	COMPETITION	SITE	TIMES
Wed. Oct 3	Blue/White Intrasquad Meet	CHAPEL HILL	4:00 p.m.
Fri. Oct. 5	@ East Carolina Diving Invitational	Greenville, N.C.	Noon
Wed. Oct. 10	@ Georgia	Athens, Ga.	2:00 p.m..
Sat. Oct. 20 & Sun. Oct. 21	US World Championship Trials, Open Water	@ Miromar Lake Ft, Myers, FL	10:00 a.m.
Fri. Oct. 26	Tar Heel Invite/Mile Meet	CHAPEL HILL	4:00 p.m.
Fri./Sat. Nov. 2 & 3	@ Minnesota (Men and Women)	Minneapolis, Minn.	Fri.-7:00 p.m. Sat.-Noon
Sat. Nov. 10	@ Duke	Durham, N.C.	11 a.m.
Thurs. – Sat. Nov. 15-17	Janis Hape Dowd Nike Cup Invitational Clemson, Va. Tech, ECU, Kentucky, Yale Syracuse, North Carolina	CHAPEL HILL	Prelims-10:00 a.m. Finals-6:00 p.m.
Thurs. – Sat. Nov. 29-Dec. 1	Short Course National Championships	@ Georgia Tech	All Day
Sunday, Dec. 2	Long Course Timed Final National Invitational	@Georgia Tech	All Day
Thurs., Jan. 3- Sat., Jan. 5	Georgia Diving Invitational	Athens, Ga.	All Day
Sat. Jan. 12	Clemson and Rutgers (women)	CHAPEL HILL	4 p.m.
Sun. Jan. 20	University of Virginia	CHAPEL HILL	Men-12:00 p.m. Women-3:00 p.m.
Fri. Feb 1	NC State	CHAPEL HILL	5:00 p.m.
Sat. Feb. 2	JHU and Emory	CHAPEL HILL	10:00 a.m.
Wed. Feb. 20- Sat., Feb. 23	ACC Women's Championships	@Georgia Tech	Prelims-11 a.m. Finals- 7 p.m.
Wed. Feb. 27- Sat. Mar. 1	ACC Men's Championships	@Georgia Tech	Prelims-11 a.m. Finals- 7 p.m.
Thurs. Mar.6- Sun. Mar. 9	@ 2008 Spring Sectionals	Nashville, Tenn.	All Day
Fri-Sun, Mar. 14-16	NCAA Zone Diving	Auburn, Ala.	All Day
Thurs. Mar. 20-	NCAA Women's Championships	@Ohio State University	Prelims-11 a.m. Finals- 7 p.m.
Thurs. Mar. 27- Sat., Mar. 29	NCAA Men's Championships	Federal Way, Wash.	Prelims-12 Noon Finals- 7 p.m.

2006-07 Men's Team Results & Schedule

Dual-Meet Record: 5-3, ACC 4-1

10/11	#9 Georgia	L 125-173
11/4	#6 Minnesota	L 132-238
11/8	Duke	W 149-88
11/16-18	Nike Cup	5th Place of 10 Teams
1/13/07	at Clemson	W 159.5-140.5
1/16	Johns Hopkins	W 170-109
1/20	#17 Virginia	L 137-161
1/23	NC State	W 144-99
1/27	Maryland	W 204-90
2/21-24	ACC Championships	3rd of 11 teams
3/15-17	NCAA Championships	27th Place

2006-07 Women's Team Results & Schedule

Dual-Meet Records: 8-1, ACC 5-0

10/13	#8 Georgia	L 129-164
11/4	#17 Minnesota	W 212-158
	Richmond	W 284-86
11/8	Duke	W 145-89
11/16-18	Nike Cup	2nd Place of 9 Teams
1/13/07	at Clemson	W 210-89
1/16	Johns Hopkins	W 171-96
1/20	at #20 Virginia	W 182-118
1/23	at NC State	W 191-52
1/27	Maryland	W 205-83
2/14-17	ACC Championships	1st Place of 11 Teams
3/8-10	NCAA Championships	30th Place



DRIVING DIRECTIONS TO SMITH CENTER/KOURY NATATORIUM

From Virginia and Points North:

Take I-85 South to Durham, NC. Exit left at US 15-501 in Durham and follow 15-501 approximately 9 miles to Chapel Hill. Once in Chapel Hill, maintain US 15-501 Bypass (Fordham Boulevard). At around the 7th stoplight, turn right onto Manning Drive. The Smith Center is one-half mile on the left on Skipper Bowles Drive.

From Points West:

Take I-85 North toward Durham. Exit just past Burlington onto NC 54 East (Exit #148, Chapel Hill Exit). Follow NC 54 for approximately 20 miles to Carrboro. Pass Carrboro Plaza on the right and stay on NC 54 for about 4 miles to the next stoplight, Manning Drive. Turn left on Manning Drive. The Smith Center is one-half mile on the left on Skipper Bowles Drive.

From Points East:

Take I-40 West toward Chapel Hill. Exit at NC 54 West (Exit #273 A) and follow for approximately 4 miles. Once in Chapel Hill, continue to follow signs for NC 54 West, which means you will have to exit right under first overpass. At the top of the exit turn right at light. Follow NC 54 West/15-501 South until the 2nd stoplight. Turn right onto Manning Drive. The Smith Center is one-half mile on the left on Skipper Bowles Drive.

From Points South:

Take US 15-50 North toward Chapel Hill. Exit right onto US 15-501 Bypass in Chapel Hill. Turn left at first stoplight onto Manning Drive. The Smith Center is one-half mile on the left on Skipper Bowles Drive.

Men's Depth Chart

50-Yd. Freestyle	Time	Meet
1. Robby Swendiman	20.50	ACC
2. Zach Swartz	20.62	ACC
3. Casey Kott	20.79	MN
4. Keith Laabs	21.09	ACC
5. Stewart Norman	21.18	ACC
100-Yd. Freestyle	Time	Meet
1. Hank Browning	44.63r	ACC
2. Robby Swendiman	44.80	ACC
3. Zach Swartz	44.90	ACC
4. Casey Kott	45.63	D
5. Adam Schauer	45.72	ACC
200-Yd. Freestyle	Time	Meet
1. Hank Browning	1:36.43	ACC
2. Philip Owen	1:37.98	ACC
3. Adam Schauer	1:39.74	ACC
4. Jeff James	1:39.95	ACC
5. Casey Kott	1:40.86	Nike
500-Yd. Freestyle	Time	Meet
1. Chip Peterson	4:19.38	NCAA
2. Hank Browning	4:19.99	ACC
3. Philip Owen	4:24.32	ACC
4. Brandon Suddreth	4:30.29	ACC
5. Yi-Khy Saw	4:32.98	Nike
1000-Yd. Freestyle	Time	Meet
1. Chip Peterson	9:02.38	NCAA
2. Philip Owen	9:12.51	ACC
3. Hank Browning	9:13.93	ACC
4. Jason McLaughlin	9:20.04	ACC
5. Brandon Suddreth	9:27.75	MN
1650-Yd. Freestyle	Time	Meet
1. Chip Peterson	14:55.53	NCAA
2. Philip Owen	15:10.73	ACC
3. Hank Browning	15:16.96	ACC
4. Jason McLaughlin	15:25.71	ACC
5. Brandon Suddreth	15:46.18	ACC
100-Yd. Backstroke	Time	Meet
1. Keith Laabs	48.59	ACC
2. Zach Swartz	49.28	ACC
3. Wade Baccich	50.27	ACC
4. Jeff James	50.73r	MN
5. Ben Grafchik	50.79	ACC
200-Yd. Backstroke	Time	Meet
1. Keith Laabs	1:45.43	ACC
2. Jeff James	1:46.47	NCAA
3. Wade Baccich	1:48.00	ACC
4. Ben Grafchik	1:49.06	ACC
5. Hank Browning	1:54.64	JH
100-Yd. Breaststroke	Time	Meet
1. Brad Mitchell	55.43	ACC
2. Aaron Burns	55.64	ACC
3. Robby Swendiman	56.48	ACC
4. Stewart Norman	57.12	ACC
5. Spencer Biedrzycki	57.77	ACC
200-Yd. Breaststroke	Time	Meet
1. Aaron Burns	2:02.67	ACC
2. Brad Mitchell	2:05.86	ACC
3. Yi-Khy Saw	2:08.05	VA
4. Spencer Biedrzycki	2:08.06	ACC
5. Josh Correll	2:11.52	ACC
100-Yd. Butterfly	Time	Meet
1. Jared Kleber	49.03	ACC
2. Adam Schauer	49.67	ACC
3. Wade Baccich	50.45	ACC
4. Jason McLaughlin	51.62	VA
Robbie Bittner	51.62	ACC
200-Yd. Butterfly	Time	Meet
1. Jason McLaughlin	1:48.04	ACC
2. Yi-Khy Saw	1:48.09	ACC
3. Jared Kleber	1:50.74	ACC
4. Robbie Bittner	1:53.30	ACC
5. Philip Owen	1:53.55	NCS
200-Yd. Individual Medley	Time	Meet
1. Jeff James	1:49.23	ACC
2. Yi-Khy Saw	1:49.90	ACC
3. Brad Mitchell	1:50.93	ACC
4. Aaron Burns	1:53.40	ACC
5. Ben Grafchik	1:53.43	ACC
400-Yd. Individual Medley	Time	Meet
1. Yi-Khy Saw	3:53.97	ACC
2. Jason McLaughlin	3:56.58	ACC
3. Chip Peterson	3:57.45	ACC
4. Jeff James	4:00.61	Nike
5. Hank Browning	4:03.73	JH

200-Yd. Freestyle Relay	Time	Meet
Robby Swendiman, Zach Swartz, Jeff James, Hank Browning	1:21.51	ACC
400-Yd. Freestyle Relay	Time	Meet
Hank Browning, Robby Swendiman, Keith Laabs, Zach Swartz	2:59.08	ACC
800-Yd. Freestyle Relay	Time	Meet
Hank Browning, Jeff James, Chip Peterson, Philip Owen	6:30.18	ACC
200-Yd. Medley Relay	Time	Meet
Keith Laabs, Brad Mitchell, Jared Kleber, Robby Swendiman	1:29.43	ACC
400-Yd. Medley Relay	Time	Meet
Keith Laabs, Aaron Burns, Jared Kleber, Hank Browning	3:18.10	ACC
One-Meter Diving	Score	Meet
1. Ryan Funderburk	371.95	MN
2. Jon Fox	362.05	MN
3. David Solarz	309.90	JH
4. Michael Wilson	273.98	MD
5. Austin Bradyhouse	273.45	NCS
Three-Meter Diving	Score	Meet
1. Ryan Funderburk	399.38	MD
2. Jon Fox	386.40	MN
3. David Solarz	324.65	MN
4. Alex Kenley	317.55	MD
5. Michael Wilson	288.98	MD

Legend for Depth Chart

GA=vs. Georgia, 10-11-2006
 MN=vs. Minnesota, 11-4-2006
 D=vs. Duke, 11-8-2006
 Nike=Janis Hape Dowd Nike Cup, 11-16-2006
 through 11-18-2006
 CL=at Clemson, 1-13-2007
 JH=vs. Johns Hopkins, 1-16-2007
 VA=at Virginia, 1-20-2007
 NCS=at NC State, 1-23-2007
 MD=vs. Maryland, 1-27-2007
 ACC=ACC Championships, 2/21-24/2007
 r=relay leadoff swim

Women's Depth Chart

50-Yd. Freestyle	Time	Meet
1. Kelsey Morrissey	23.10	NCAA
2. Eliza Butts	23.18	ACC
3. Megan Steeves	23.27	NCAA
4. Meagan Eickman	23.42	ACC
5. Aubrette Biegel	23.64	ACC
100-Yd. Freestyle	Time	Meet
1. Eliza Butts	49.77	ACC
2. Kelsey Morrissey	50.13	NCAA
3. Megan Steeves	50.39	NCAA
4. Aubrette Biegel	51.04	ACC
5. Meagan Eickman	51.11	ACC
200-Yd. Freestyle	Time	Meet
1. Eliza Butts	1:47.96	ACC
2. Kristin Oxford	1:48.98	ACC
3. Aubrette Biegel	1:49.29	ACC
4. Ashley Howard	1:49.74	ACC
5. Whitney Sprague	1:50.09	ACC
500-Yd. Freestyle	Time	Meet
1. Whitney Sprague	4:43.94	NCAA
2. Kristin Oxford	4:49.20	ACC
3. Lindsay McIlvain	4:52.72	ACC
4. Nicole O'Donnell	4:53.16	ACC
5. Ashley Howard	4:54.34	ACC
1000-Yd. Freestyle	Time	Meet
1. Whitney Sprague	9:39.54	NCAA
2. Lindsay McIlvain	9:56.73	ACC
3. Nicole O'Donnell	9:59.64	ACC
4. Kristin Oxford	10:04.90	ACC
5. Erin Cutrell	10:13.44	D
1650-Yd. Freestyle	Time	Meet
1. Whitney Sprague	15:58.74	NCAA
2. Lindsay McIlvain	16:27.37	ACC
3. Nicole O'Donnell	16:33.36	ACC
4. Kristin Oxford	16:46.27	ACC
5. Erin Cutrell	17:15.92	Nike
100-Yd. Backstroke	Time	Meet
1. Meagan Eickman	55.64	ACC
2. Megan Steeves	56.10	ACC
3. Taylor McFarlane	56.29	ACC
4. Ashley Howard	58.00	JH
5. Eliza Butts	58.07	Nike

200-Yd. Backstroke	Time	Meet
1. Taylor McFarlane	1:58.67	THI2
2. Ashley Howard	1:59.35	ACC
3. Barbara Thomas	2:03.36	ACC
4. Megan Steeves	2:03.59	Nike
5. Emily Reardon	2:05.98	MN
100-Yd. Breaststroke	Time	Meet
1. Alison Clemens	1:03.21	VA
2. Kelsey Morrissey	1:03.83	ACC
3. Marissa Nilon	1:04.02	ACC
4. Barbara Thomas	1:05.51	VA
5. Samantha Deal	1:06.24	ACC
200-Yd. Breaststroke	Time	Meet
1. Alison Clemens	2:14.61	THI2
2. Marissa Nilon	2:19.47	ACC
3. Kelly Woodruff	2:21.46	ACC
4. Jen Frazier	2:22.69	D
5. Samantha Deal	2:24.88	D
100-Yd. Butterfly	Time	Meet
1. Lindsey Marck	54.09	ACC
2. Sarah Scott	56.77	ACC
3. Kim Davis	57.21	ACC
4. Emily Reardon	57.77	ACC
5. Meagan Eickman	57.77	JH
6. Hannah Mein	57.93	JH
7. Sarah Stankavage	57.96	ACC
200-Yd. Butterfly	Time	Meet
1. Lindsey Marck	1:59.19	ACC
2. Hannah Mein	2:01.56	ACC
3. Sarah Scott	2:03.62	VA
4. Emily Reardon	2:05.70	VA
5. Erin Cutrell	2:07.05	ACC
200-Yd. Individual Medley	Time	Meet
1. Alison Clemens	2:01.51	ACC
2. Barbara Thomas	2:03.40	ACC
3. Marissa Nilon	2:05.09	ACC
4. Kelly Woodruff	2:05.65	ACC
5. Lindsey Marck	2:05.85	ACC
400-Yd. Individual Medley	Time	Meet
1. Alison Clemens	4:20.45	ACC
2. Taylor McFarlane	4:23.14	ACC
3. Kelly Woodruff	4:25.50	GA
4. Lindsay McIlvain	4:26.28	ACC
5. Hannah Mein	4:26.69	ACC
200-Yd. Freestyle Relay	Time	Meet
Eliza Butts, Megan Steeves, Meagan Eickman, Kelsey Morrissey	1:31.88	ACC
400-Yd. Freestyle Relay	Time	Meet
Eliza Butts, Megan Steeves, Aubrette Biegel, Kelsey Morrissey	3:19.44	ACC
800-Yd. Freestyle Relay	Time	Meet
Ashley Howard, Eliza Butts, Kelsey Morrissey,	7:14.38	ACC
200-Yd. Medley Relay	Time	Meet
Meagan Eickman, Alison Clemens, Lindsey Marck, Kelsey Morrissey	1:41.15	ACC
400-Yd. Medley Relay	Time	Meet
Meagan Eickman, Alison Clemens, Lindsey Marck, Eliza Butts	3:42.39	ACC
One-Meter Diving	Score	Meet
1. Lauren Karatanevski	287.85	MD
2. Laura Filip	287.78	MD
3. Erika Matheis	265.20	MD
4. Katy Pritchett	237.22	MD
Three-Meter Diving	Score	Meet
1. Lauren Karatanevski	312.50	MN
2. Laura Filip	302.92	JH
3. Erika Matheis	298.65	MD
4. Katy Pritchett	247.45	MN

Legend for Women's Depth Chart

GA=vs. Georgia, 10-11-2006
 MN=vs. Minnesota, 11-4-2006
 D=vs. Duke, 11-8-2006
 Nike=Janis Hape Dowd Nike Cup, 11-16-2006
 through 11-18-2006
 CL=at Clemson, 1-13-2007
 JH=vs. Johns Hopkins, 1-16-2007
 VA=at Virginia, 1-20-2007
 NCS=at NC State, 1-23-2007
 ACC=ACC Championships, 2/14-17/2007
 r=relay leadoff swim
 THI2=Tar Heel Invitational II For Women, 2-23-2007
 NCAA=NCAA Championships, 3/8-10/2007



2007-08 PRESEASON MEN'S DEPTH CHART

UNC Men's Swimming Lifetime Best Times Newcomers in boldface

50 Yard Freestyle

1.	Zach Swartz, Sr.	:20.44
2.	Robby Swendiman, Sr.	:20.50
3.	Josh Hafkin, Fr.	:20.73
4.	Tommy Wyher, Fr.	:20.87
5.	Jeff James, So.	:21.03

100 Yard Freestyle

1.	Hank Browning, Jr.	:44.63
2.	Robby Swendiman, Sr.	:44.80
3.	Zach Swartz, Sr.	:44.90
4.	Tommy Wyher, Fr.	:45.41
5.	Jeff James, So.	:45.81

200 Yard Freestyle

1.	Hank Browning, Jr.	1:36.29
2.	Philip Owen, Sr.	1:37.98
3.	Jeff James, So.	1:39.86
4.	Tyler Harris, Fr.	1:40.92
5.	Jason McLaughlin, So.	1:41.14

500 Yard Freestyle

1.	Chip Peterson, So.	4:19.38
2.	Hank Browning, Jr.	4:19.99
3.	Philip Owen, Sr.	4:24.32
4.	Joe Kinderwater, Fr.	4:26.80
5.	Yi-Khy Saw, Jr.	4:27.63

1000 Yard Freestyle

1.	Chip Peterson, So.	9:02.38
2.	Joe Kinderwater, Fr.	9:10.46
3.	Philip Owen, Sr.	9:12.51
4.	Yi-Khy Saw, Jr.	9:12.80
5.	Hank Browning, Jr.	9:13.12

1650 Yard Freestyle

1.	Chip Peterson, So.	14:55.63
2.	Joe Kinderwater, Fr.	15:09.19
3.	Philip Owen, Sr.	15:10.73
4.	Hank Browning, Jr.	15:10.75
5.	Jason McLaughlin, So.	15:25.71

100 Yard Butterfly

1.	Tommy Whyer, Fr.	:48.13
2.	Robert Grimmatt-Norris, Fr.	:49.55
3.	Tyler Smith, Fr.	:50.12
4.	Jeff James, So.	:50.60
5.	Zach Swartz, Sr.	:50.67

200 Yard Butterfly

1.	Tyler Harris, Fr.	1:47.75
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2.	Jason McLaughlin, So.	1:48.04
3.	Yi-Khy Saw, Jr.	1:48.09
4.	Robert Grimmatt-Norris, Fr.	1:49.74
5.	Andy Brake, Fr.	1:49.76

100 Yard Backstroke

1.	Josh Hafkin, Fr.	:48.11
2.	Keith Laabs, Sr.	:48.59
3.	Tommy Wyher, Fr.	:48.86
4.	Zach Swartz, Sr.	:49.28
5.	Jeff James, So.	:50.22

200 Yard Backstroke

1.	Keith Laabs, Sr.	1:45.43
2.	Josh Hafkin, Fr.	1:46.36
3.	Jeff James, So.	1:46.47
4.	Tommy Wyher, Fr.	1:49.08
5.	Hank Browning, So.	1:50.35

100 Yard Breaststroke

1.	Brad Mitchell, Jr.	:55.43
2.	Robby Swendiman, Sr.	:56.48
3.	Vinny Pryor, Fr.	:56.89
4.	Spencer Biedrzycki	:57.77
5.	Tyler Harris, Fr.	:57.90

200 Yard Breaststroke

1.	Brad Mitchell, Jr.	2:01.69
2.	Tyler Harris, Fr.	2:01.87
3.	Vinny Pryor, Fr.	2:02.16
4.	Andy Brake, Fr.	2:05.37
5.	Yi-Khy Saw, Jr.	2:06.77

200 Yard Individual Medley

1.	Jeff James, So.	1:49.23
2.	Yi-Khy Saw, Jr.	1:49.90
3.	Andy Brake, Fr.	1:50.82
4.	Brad Mitchell, Jr.	1:50.93
5.	Tyler Harris, Fr.	1:51.69

400 Yard Individual Medley

1.	Tyler Harris, Fr.	3:50.58
2.	Andy Brake, Fr.	3:51.79
3.	Yi-Khy Saw, Jr.	3:53.38
4.	Jason McLaughlin, Fr.	3:56.58
5.	Jeff James, So.	3:57.09

Non-Redshirting Divers

Ryan Funderburk, Sr.
Alex Kenley, Jr.
David Solarz, So.
Michael Kelly, So.
Austin Bradyhouse, So.



Sophomore Jason McLaughlin trunks second on the depth chart in the 200 fly.



Freshman Tommy Wyher is in the top five of the preseason depth chart in five events.



Junior Yi-Khy Saw ranks in the Top 5 of the preseason chart in six events.



Freshman Josh Hafkin is preseason No. 1 in the 100 back and No. 2 in the 200 back.



Hank Browning returns with the team's top times in the 100 and 200 freestyles.



UNC Women's Swimming Lifetime Best Times Newcomers in boldface

50 Yard Freestyle

1.	Kelsey Morrissy, Sr.	:22.96
2.	Eliza Butts, So.	:23.18
3.	Rebecca Kane, Fr.	:23.21
4.	Megan Steeves, So.	:23.27
5.	Aubrette Biegel, Jr.	:23.64

100 Yard Freestyle

1.	Kelsey Morrissy, Sr.	:49.61
2.	Eliza Butts, So.	:49.77
3.	Megan Steeves, So.	:50.39
4.	Rebecca Kane, Fr.	:50.41
5.	Aubrette Biegel, Jr.	:50.69

200 Yard Freestyle

1.	Eliza Butts, So.	1:47.96
2.	Whitney Sprague, Jr.	1:48.36
3.	Kelsey Morrissy, Sr.	1:48.45
4.	Katura Harvey, Fr.	1:48.66
5.	Aubrette Biegel, Jr.	1:49.29

500 Yard Freestyle

1.	Whitney Sprague, Jr.	4:41.09
2.	Katura Harvey, Fr.	4:48.57
3.	Lindsay McIlvain, Jr.	4:49.90
4.	Allison Barnes, Fr.	4:52.19
5.	Ashley Howard, So.	4:54.34

1000 Yard Freestyle

1.	Whitney Sprague, Jr.	9:35.76
2.	Katura Harvey, Fr.	9:49.88
3.	Lindsay McIlvain, Jr.	9:53.90
4.	Allison Barnes, Fr.	10:00.67
5.	Ashley Miller, Fr.	10:07.76

1650 Yard Freestyle

1.	Whitney Sprague, Jr.	15:51.02
2.	Lindsay McIlvain, Jr.	16:27.37
3.	Katura Harvey, Fr.	16:33.07
4.	Ashley Miller, Fr.	16:46.96
5.	Allison Barnes, Fr.	16:55.58

100 Yard Butterfly

1.	Lindsey Marck, Sr.	:54.08
2.	Sarah Scott, Jr.	:56.38
3.	Kimmy Davis, Jr.	:56.77
4.	Taylor McFarlane, Sr.	:58.62
5.	Barbara Thomas, So.	:58.66

200 Yard Butterfly

1.	Lindsey Marck, Sr.	1:58.79
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2.	Sarah Scott, Jr.	2:03.62
3.	Kelly Woodruff, Sr.	2:06.57
4.	Allison Barnes, Fr.	2:09.07
5.	Ashley Miller, Fr.	2:22.44

100 Yard Backstroke

1.	Megan Steeves, So.	:56.10
2.	Taylor McFarlane, Sr.	:56.29
3.	Ashley Howard, So.	:56.64
4.	Caroline Hartmann, Fr.	:57.10
5.	Kimmy Davis, Jr.	:57.55

200 Yard Backstroke

1.	Ashley Howard, So.	1:57.84
2.	Taylor MacFarlane, Sr.	1:58.67
3.	Megan Steeves, So.	2:03.03
4.	Barbara Thomas, So.	2:03.36
5.	Allison Barnes, Fr.	2:03.97

100 Breaststroke

1.	Alison Clemens, So.	1:02.89
2.	Kelsey Morrissy, Sr.	1:03.83
3.	Katie Marsh, Fr.	1:04.50
4.	Jennifer Frazier, Jr.	1:04.71
5.	Eliza Butts, So.	1:04.94

200 Breaststroke

1.	Alison Clemens, So.	2:14.61
2.	Kelly Wodruff, Sr.	2:17.60
3.	Katie Marsh, Fr.	2:18.27
4.	Jennifer Frazier, Jr.	2:18.99
5.	Barbara Thomas, So.	2:22.03

200 Yard Individual Medley

1.	Alison Clemens, So.	2:01.51
2.	Barbara Thomas, So.	2:03.40
3.	Lindsey Marck, Sr.	2:04.40
4.	Kelly Woodruff, Sr.	2:04.71
5.	Aubrette Biegel, Jr.	2:05.43

400 Yard Individual Medley

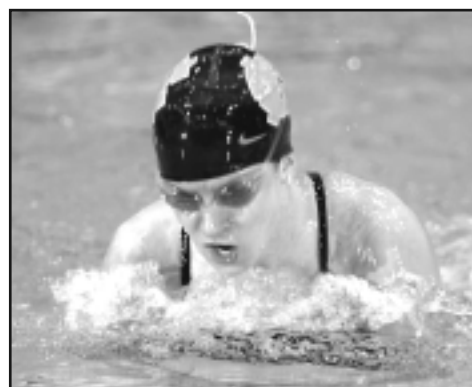
1.	Kelly Woodruff, Sr.	4:16.68
2.	Alison Clemens, So.	4:19.02
3.	Lindsay McIlvain, Jr.	4:21.80
4.	Taylor McFarlane, Sr.	4:23.14
5.	Aubrette Biegel, Jr.	4:25.56

Non-Redshirting Divers

Laura Filip, Sr.
Erika Matheis, Sr.
Erica Schiffler, Jr.
Katy Pritchett, Jr.
Mandi Arak, So.



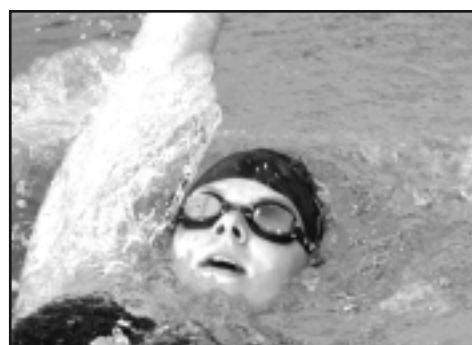
Eliza Butts is at the top of the UNC depth chart in the 200-yard freestyle.



Sophomore Alison Clemens leads the depth chart in three events.



Senior captian Lindsey Marck is the No. 1 Tar Heel in the butterfly events.



Senior Kelly Woodruff ranks No. 1 on the preseason chart in the 400 IM.



Junior Whitney Sprague is No. 1 on the preseason chart in three distance free events.



HEAD COACH RICH DESELM

Rich DeSelm, a highly successful head coach at Davidson College and long-time assistant coach at nationally ranked programs at the University of Florida and the University of North Carolina, assumed the full-time duties of men's and women's head swimming coach at Carolina on July 1, 2007.



DeSelm has been an elite coach at every level during his nearly 30-year coaching career. As an assistant coach at North Carolina and Florida, he coached teams that won 16 conference championships and placed in the Top 25 on 36 occasions at the NCAA Championships, including 21 Top 10 finishes. As a head coach at Davidson College, his teams won seven conference championships and placed in the Top 10 of the ECAC Championships seven times in eight years.

A former team captain and longtime assistant at the North Carolina, DeSelm earned his degree from Chapel Hill in 1978. In April 2006, it was announced he would leave Florida after an excellent six-year tenure there to take over as the head coach for UNC men's and women's swimming on July 1, 2007.

DeSelm, 51 years old, served as head coach designate in 2006-07, and became the head coach when Frank Comfort retired on June 30, 2007. Comfort was the winningest dual-meet swimming coach in college history and he led Carolina to 26 ACC championships in his 30-year tenure. DeSelm had previously worked as Comfort's assistant for 15 seasons from 1979-93, years in which the program competed at a very high level in the conference and nationally.

In DeSelm's year as the head coach designate, Carolina showed great progress with the women claiming the ACC title for the first time in five years and both the men and women improving their NCAA finishes markedly from the previous campaign. Nine women qualified for the NCAA Championships, as did four men. Sixteen swimmers and divers were named to the 2007 All-ACC Team.

"We were fortunate to hire a person of Rich's integrity, talent and passion to be the head coach of Carolina swimming and diving," says Tar Heel director of athletics Dick Baddour. "He's been successful at Carolina, Davidson and Florida, as a head and assistant coach. He has a proven track record as a coach who recruits outstanding young people who are committed to excel-

lence academically and in the pool. He is a teacher in the truest sense. I knew the transition with Coach Comfort would be a seamless one that allowed Frank the opportunity to finish his remarkable career knowing the program he built for 30 years was in good hands for the future."

DeSelm was an All-America swimmer in Chapel Hill from 1974-78 and earned a Bachelor of Science degree in business administration in 1978. Ten years later he earned a Master of Arts degree from Duke in liberal studies in 1988. After 15 years as the chief assistant at Carolina, he left Chapel Hill in 1993 to become the head coach at Davidson, where he spent seven years before going on to Florida for six more years.

He was an assistant at Carolina on Comfort's staff from 1978 to 1993, in which time he became the second full-time swimming coach in school history. In his 15 years coaching at Carolina, the Tar Heels won 14 Atlantic Coast Conference championships — nine by the women, five by the men. The women had seven Top 10 and 14 Top 20 NCAA finishes, while the men finished in the national Top 25 on 10 occasions.

Comfort knew the program would be inherited by a special kind of coach when he retired.

"I could not be more pleased and excited for the program," says Comfort. "There was an extensive search, but all roads led to Rich. He has vast experience at Carolina and at two other great schools. I have every confidence that he will do a superb job for many years to follow. Coaching alongside him in my final year was an absolute joy. He

knows Carolina's philosophy, goals and standards and he is a brilliant coach and person."

"It is an exciting opportunity for me to coach at my alma mater, a school for which I have so much respect," DeSelm said at the time of his hiring as head coach-designate. "The University of North Carolina is a fantastic place in so many different ways. I appreciate the confidence Dick Baddour, Beth Miller and Coach Comfort have shown in asking me to lead this program forward. I am most excited about returning to Chapel Hill and getting to work with the Tar Heel student-athletes and becoming a member of the university and local communities. I have had wonderful experiences at both Davidson and Florida, and now it is a terrific honor to return to North Carolina."

While at Florida, DeSelm helped recruit and coach the men's and women's teams that were consistently among the best in the country. Each year from 2001 through 2006, both the men's and women's swimming teams finished the season in the Top 10 nationally, posting seven Top five finishes along the way. During DeSelm's time at Florida, the men's team finished second in the Southeastern Conference five times. The women finished third multiple times, second once, and won the conference meet in 2002.

The Gators earned more than 300 All-America honors in his six years in Gainesville, including a school-record 26 by Carlos Jayme, who DeSelm helped mentor from 2000-2004. Jayme was the 2001 Southeastern Conference Freshman of the Year, a 2003 SEC champion, and the





school record holder in the 50-yard freestyle, the 100-yard freestyle, and as a member of the 200 free, 400 free, and 400 medley relay units. DeSelm also assisted in the training of many more All-America honorees, national and school record-holders, and Olympian Gabriel Mangabiera who finished fifth in the 100-meter butterfly at the 2004 Athens Games while competing for Brazil. He was also an SEC champion and Florida record-holder.

"North Carolina got a great person to be its next head coach," says Gator head coach Gregg Troy. "Rich did an outstanding job here and he is missed by all of us at the University of Florida."

DeSelm led Davidson College to four women's and three men's titles at the Southern States Championships and he earned five coach-of-the-year awards. Mary Shell Brosche won three consecutive Southern States Female Swimmer-of-the-Year awards under his tutelage. The Wildcats placed in the Top 10 of the ECAC meet seven times in eight years.

He coached a pair of Tar Heels to berths in the 1992 Barcelona Olympics. Yann de-Fabrique, a first-team All-America at Carolina, was the 1993 French national champion in the 400-meter freestyle and he placed 14th in the Olympics in that event. David Monasterio, a first-team All-America at UNC in the 200-yard freestyle and 200-yard butterfly, swam on the 1992 Puerto Rican Olympic Team.

Other notable UNC swimmers coached by DeSelm as an assistant from 1979-93 include Sue Walsh, Polly Winde, James Hamrick, Carrie Szulc, John Davis (an 11-time individual event ACC champion), Gary Gauch, Melissa Douse and Sarah Perroni. Walsh and Winde were members of the

ming and loyalty to his alma mater than Rich DeSelm," says Walsh, an 11-time national collegiate champion, American record holder in the 50 and 100-meter backstrokes, and currently the Director of Endowment and Stewardship at the UNC Educational Foundation. "Few coaches would be able to successfully follow what Frank Comfort has accomplished, but Coach DeSelm has the qualities necessary to drive this program to be one of the best in the ACC and nationally. He is well-positioned to carry on the tradition of winning with integrity that we have all come to expect at UNC."

DeSelm was the assistant manager for the United States team at the 2000 Olympic Games in Sydney, Australia, and the 2004 FINA Short Course World Championships. He was the head manager for United States teams at the 1997 and 1999 Pan Pacific Championships and the 1995 Pan American Games.

DeSelm and his wife, Tracy, a physician, have

1983 United States Team in the Pan American Games.

"You will not find a person with more integrity, passion for swim-

two children, Grant, 11 years old, and Claire, eight year olds. DeSelm is a native of Knoxville, Tenn., and attended high school there and in Jacksonville, Fla., where he graduated from The Bolles School in 1974 before embarking on his long journey that led him back to Chapel Hill nearly 30 years later.

Rich DeSelm's Year-By-Year Coaching Ledger AT DAVIDSON COLLEGE

DeSelm's men's dual meet record in seven seasons (1993-2000) was 26-40. His women's teams were 21-44-1. He was the Southern States Coach of the Year for men's swimming in 1995, and he received the honor for women's swimming each year from 1997 to 2000. During his tenure, the men's teams won three Southern States Championships, and the women's teams won four. Davidson placed in the top 10 at the Eastern College Athletic Conference Championships seven times in eight years. DeSelm coached 22 all-conference performers, including 11 individual event winners.

AT THE UNIVERSITY OF NORTH CAROLINA

Men's Swimming & Diving Team

Year	Overall	ACC	ACC Finish	NCAA Finish
1978-79	5-5	3-1	2nd	25th
1979-80	8-4	5-1	2nd	22nd
1980-81	8-2	4-1	2nd	20th
1981-82	6-3	3-2	2nd	24th
1982-83	5-3	3-1	1st	21st
1983-84	8-4	4-1	2nd	17th
1984-85	4-4	3-2	3rd	36th
1985-86	5-3	4-2	2nd	31st
1986-87	6-4	4-2	3rd	
1987-88	9-1	5-0	1st	19th
1988-89	8-2	4-1	1st	39th
1989-90	11-2	6-0	2nd	30th
1990-91	9-1	5-0	1st	21st
1991-92	9-2	5-2	3rd	18th
1992-93	10-4	6-1	1st	14th
Totals	111-44	64-17	5 Titles	10 Top 25 Finishes

Women's Swimming & Diving Team

Year	Overall	ACC	ACC Finish	NCAA Finish
1978-79	7-1	2-1	2nd	5th
1979-80	7-2	3-1	2nd	7th
1980-81	7-1	3-1	1st	3rd
1981-82	11-0	5-0	1st	3rd
1982-83	9-1	4-0	1st	6th
1983-84	9-0	5-0	1st	5th
1984-85	6-2	4-1	1st	12th
1985-86	8-0	6-0	1st	16th
1986-87	8-2	5-1	2nd	9th
1987-88	8-3	3-2	2nd	19th
1988-89	9-2	4-1	2nd	36th
1989-90	11-1	5-0	2nd	15th
1990-91	10-1	5-0	1st	20th
1991-92	12-0	7-0	1st	14th
1992-93	10-2	5-1	1st	16th
Totals	132-18	66-9	9 Titles	14 Top 25 Finishes

AT THE UNIVERSITY OF FLORIDA

Men's Swimming & Diving Team

Year	Overall	SEC	SEC Finish	NCAA Finish
2000-01	9-5	0-3	3rd	5th
2001-02	10-4	4-3	2nd	4th
2002-03	9-3	4-2	2nd	6th
2003-04	9-2	5-1	2nd	6th
2004-05	11-1	4-1	2nd	5th
2005-06	10-3	5-1	2nd	5th
Totals	58-18	24-11		4 Top 5 Finishes

Women's Swimming & Diving Team

Year	Overall	SEC	SEC Finish	NCAA Finish
2000-01	12-2	3-1	3rd	8th
2001-02	12-2	2-1	1st	7th
2002-03	12-1	5-1	2nd	5th
2003-04	11-2	5-2	3rd	4th
2004-05	9-2	3-2	3rd	4th
2005-06	11-2	5-2	3rd	10th
Totals	67-11	26-9	1 Title	3 Top 5 Finishes

AT THE UNIVERSITY OF NORTH CAROLINA

Men's Swimming & Diving Team

Year	Overall	ACC	ACC Finish	NCAA Finish
2006-07	5-3	4-1	3rd	27th

Women's Swimming & Diving Team

Year	Overall	ACC	ACC Finish	NCAA Finish
2006-07	8-1	5-0	1st	30th



DIVING COACH KEVIN LAWRENCE

Kevin Lawrence begins his sixth year as the diving coach for the Tar Heel program with the start of the 2007-08 season. Lawrence has done a magnificent job with the Tar Heel divers since coming to UNC from Kansas six years ago.



In the past three years Carolina has had 22 ACC championship finalists on the one- and three-meter boards coming from nine different divers. His divers have earned All-ACC honors in each of his six prior seasons at Carolina.

The 2006-07 campaign saw six divers final at ACCs with junior Laura Filip capturing All-ACC honors. Six Tar Heels qualified for the 2007 NCAA Zone Diving Championships.

Lawrence is one of the few coaches in the country to have a diver compete at the NCAA Championships, U.S. Senior Nationals and the World Championships in the past two years. Lauren Karatanevski, a senior in 2007, became the first Carolina diver in history to compete in the World Championships in Australia in the spring of 2007. She was a member of the Macedonian team. This past summer, senior Erika Matheis finished at the U.S. Senior Nationals, taking a sixth place in three-meter synchronized diving.

The 2005-06 season became one for the record books. Carolina had both sophomore Ryan Funderburk and junior Jon Fox qualify for the NCAA Championships. Carolina was one of only five schools in the nation that had more than one diver qualify for the championship meet and also had more men qualify than any other ACC school. That season, Carolina had seven different divers final at the ACC Championships, including Fox, Funderburk, Ryan Matuszak, Matheis, Gia Santoro, Mandi Arak and Karatanevski. The four Carolina women comprised half the field for the one-meter finals. Carolina had a total of 10 divers in the championship finals of the men's and women's one-meter and three-meter competitions, more than any other school in the league. Funderburk received All-ACC honors on both boards.

During the summer of 2006, Funderburk qualified for the 2006 U.S. Senior Nationals where he made it to the semifinals on the one-meter board, finishing seventh.

During the 2004-05 campaign, Carolina was the only men's team to have three divers make the championship final in any event at the ACC meet with three in the finals of one-meter. The UNC men also

scored more points for their team than any other group of divers in the ACC and had the most total finalists of any squad. During the dual-meet season, UNC's men won 16 of the 20 diving events. Lawrence coached Santoro to All-ACC status and Fox was a championship finalist on both boards. Matuszak finished in one-meter and platform diving while Funderburk finished in the Top 12 of both boards and also finished on platform.

In 2003-04, Lawrence led Eric Poitras to ACC Diver-of-the-Year honors and the ACC championship in three-meter diving. No Carolina diver had won those awards since 1994 when Joe Craft did so. Seven Tar Heel divers qualified for the 2004 NCAA Zone Diving Championships and Poitras became the first Tar Heel men's diver in 13 years to advance to the NCAA national meet since Nunzio Esposto's appearance in 1991. Altogether, five UNC divers made seven championship finals at the 2004 ACC meet.

During the 2002-03 season, Lawrence coached four different divers to finals at the ACC Championships. Poitras was runner-up on three-meter, setting a new school record in the process, and Lindsay Waddell also finished on both boards. Poitras earned All-ACC honors in the process. Carolina also qualified six divers for the NCAA zone meet, where Poitras and Stephen Krebs finished as the first and second alternates in qualifying for the NCAA Championships. In June 2003, Lawrence traveled to Winnipeg, Manitoba to coach Poitras in the Canadian Senior Nationals. Poitras was a finalist in both events, finishing eighth on the one-meter and seventh on the three-meter.



From 1997 to 2002, Lawrence was the diving coach at the University of Kansas. At Kansas, he coached 11 different divers who finished 22 times on the one-meter, three-meter and platform events at the Big 12 Conference Championships. Additionally, 13 different divers qualified for the NCAA Zone D Championships, including four divers who finished in the Top 10 at that meet. He coached the 2002 women's Big 12 one-meter runner-up who was a University of Kansas female athlete-of-the-year finalist. Both the Kansas men's and women's platform record holders competed under the tutelage of Lawrence.

Prior to going to Kansas, Lawrence was the diving coach at St. Cloud State University for five years. He coached eight athletes to a total of 25 All-America citations there, including the 1997 NCAA Division II women's one-meter national champion. He was named the North Central Conference Diving Coach of the Year in 1994, 1996 and 1997. His divers won 10 conference titles during his tenure and were named all-conference a total of 22 times. Three of his athletes were honored a total of five times as the NCC's Diver-of-the-Year.

Lawrence attended Western Illinois University from 1989-92, studying elementary education, competing as a diver and compiling a 3.4 grade point average. He was named to the Dean's List three times. As a diver at WIU, he was named All-Conference in 1990 and 1991 and won the school's Academic/Athletic Achievement Award. He is the Leathernecks' three-meter diving record holder and was an NCAA zone qualifier. He finished his Bachelor of Science degree in elementary education with an emphasis in social sciences at St. Cloud State in 1994, graduating Magna Cum Laude with a 3.65 GPA.

Lawrence is a native of Wisconsin where he was a three-time All-State selection as a high school diver and runner-up at the 1989 state high school meet.

Lawrence served a four-year term as the Diving Rules Chairman for the NCAA Swimming and Diving Rules and Championships Committee from 2000-04. He has also chaired the Zone D Diving Subcommittee, holds membership in U.S. Diving and is a past member of the College Swimming Coaches Association of America.

Lawrence and his son, D.J., reside in Durham, N.C. Lawrence is also active in community service projects. He organized Adopt-a-Family for the KU Swimming program and served as a lector at St. Lawrence Cathedral. While at St. Cloud, he worked with the Big Brothers/Big Sisters of St. Cloud while serving as the lector at St. Mary's Cathedral of St. Cloud.

Mike Litzinger, most recently the former head swimming coach at the University of Utah, was hired in June 2007 to be a new full-time assistant swimming coach at the University of North Carolina. Litzinger will be involved in all aspects of the program with his primary emphasis on coaching the middle distance group.



"We were thrilled to add Mike Litzinger as an assistant swimming coach at North Carolina. Mike is an outstanding person with a tremendous coaching record," Tar Heel head coach Rich DeSelm says. "His coaching, administrative and recruiting skills are helping us compete at a higher level nationally. Mike has earned respect nationally from his peers as a terrific coach and a true professional. We are thrilled to have Mike, his wife, Julie, and their family here in Chapel Hill."



In seven seasons in Salt Lake City, Litzinger reinvigorated the University of Utah men's and women's swimming and diving and teams, making them into a pair of the top teams in the Mountain West Conference and the nation.

Litzinger is known as an innovative coach with his on-deck coaching techniques and

and a great evaluator of talent. He turned Utah into a highly competitive program with an influx of talent and a winning attitude.

The Utes program excelled in his last season there in 2006-07. The women went undefeated in dual meets at 10-0, upping their mark over the past three seasons to an impressive 28-1. The women had three conference champions while Amber Walter won the MWC Swimmer of the Year award and Kelsey Patterson garnered the MWC Diver of the Year award. The women established six school records in 2007 and placed 12 individuals and four relay teams on the all-conference squad. At the 2007 NCAA Championships, Alison McIntuff of the Utes earned All-America honors in the 200-yard freestyle with a scorching time of 1:46.56.

The men's team finished the 2006-07 campaign with six Ute swimmers and divers landing on the all-conference squad. Breaststroker Michael DeCarolis garnered two of the all-conference honors.

Litzinger's teams in 2005-06 were also excellent as the women's team won its third straight regular-season MWC title. Diver Sterling Richards' fifth-place NCAA finish earned the senior All-America honors. The MWC honored Litzinger as the conference's Coach of the Year for the second time during his tenure there. In 2005-06, the team set 13 school records, five MWC records and put a record number of athletes on the MWC All-Academic team.

At the 2005 MWC Championships, Litzinger coached seven conference champions, including Marta Stepanczuk, Alison McIntuff, Michelle Blair, Rachael Curci, Loren Sweny, Cody Rempfer and Jonathan Larsen. The women's team enjoyed unprecedented success in 2005, capturing its second straight MWC title and its first-ever outright title with a 7-0 conference mark.

Litzinger guided his 2004 squad to a 9-0 overall dual-meet record. That was the second most wins in school history. Only the 2003 swimming Utes had more wins in school history with a 10-8 record.

Thirteen Utes from the women's team garnered all-MWC accolades, including first-team selections Michelle Blair, Rachael Curci, Marissa Martin, Alison McIntuff, Kelsey Patterson, Marta Stepanczuk and Jamie Trapp. Stepanczuk qualified for the NCAA Championships in the 500 and 1650 freestyles. On the men's side, the Utes won a share of the MWC title, the team's first championship since 1995, after tallying a 3-1 conference mark. The men finished the season 4-2 overall. Eight men earned all-MWC honors, including first-team honorees Damien Brown, Evan Castro, Andrew Cole, Jonathan Larsen, Matan Ratz, Cody Rempfer and Sterling Richards.

In 2002-03, the Utah women set a school record with 10 wins. The Utes turned in a 10-8 overall mark, going 5-2 in conference. The men also had a landmark season with a five dual-meet wins, the first time since 1999 that the squad had more than four wins in a season. The Utes also had strong finishes at the 2003 Mountain West Conference and Utah also added a 19th-place finish at the Phillips 66 U.S. National Championships.

In 2001-02, Litzinger was recognized as the Mountain West Conference women's Coach of the Year after the Utes broke six school records and placed 25th at the Phillips 66 U.S. National Championships.

Overall, in Litzinger's seven years, the Utes broke 35 school records, qualified four athletes in 10 different events at the NCAA Championships and 14 swimmers for the U.S. Nationals. Both programs garnered academic All-America status from the College Swimming Coaches Association of America.

Litzinger has received numerous accolades for his dedication to the sport of swimming. He was awarded Eastern Intercollegiate Coach of the Year awards in 1992 and 1994 and Atlantic 10 Conference Coach of the Year accolades in 1996 and 1997 while serving as the head coach at St. Bonaventure University.

Before going to Utah, Litzinger was the assistant men's coach at Ohio State University from 1997-2000. While there, he helped lead the team to a 20th-place finish in the NCAA meet in 1998 and a 25th-place finish in 2000.

At St. Bonaventure University from 1989-97, Litzinger was head coach of the women's swimming program. He led the Bonnies to an Eastern Intercollegiate Conference title and two Atlantic 10 Conference championships in his tenure there.

Litzinger began his coaching career at Fredonia State University in New York in 1988-89. While at Fredonia State, Litzinger took the Blue Devils to a second place SUNYAC Conference finish.

A 1984 graduate of Hobart College, Litzinger received his bachelor's degree in English and was captain of the Hobart swimming team in 1983-84. The same year he was voted the program's Most Valuable Swimmer. In 1988, he received his master's degree in exercise science from the University of Iowa. While working on his master's degree, Litzinger was the Hawkeyes' graduate assistant men's coach.

The New York native and his wife, Julie, reside in Durham, N.C. The Litzingers have two children, Gabrielle, 21 months old, and Grace, five months old.



2007 ASSISTANT COACH CATHERINE VOGT

Catherine Vogt, formerly a top-flight age group coach in the North Carolina club ranks, now enters her third year as a full-time assistant with the Tar Heel Swimming and Diving Program. A 2000 graduate of UNC,



Vogt was hired in August 2005 and is excited about the potential of the program's 2007-08 campaign.

Vogt is a nationally recognized coach. At the 2007 U.S. Open Water World Championships Trials in Fort Myers, Fla., two of her swimmers, Chip Peterson and Joe Kinderwater qualified second and third in the men's 10-kilometer race, making them eligible for the 2008 World Open Water Championships in Seville, Spain. Vogt has since been appointed the assistant coach for the U.S. team which will compete there.

In the past year she has served as assistant U.S. coach at the 2006 World Open Water Swimming Championships in Naples, Italy; as the U.S. head coach at the 2006 Pan Pacific Open Water Championships in Victoria, British Columbia; as the U.S. head coach for open water swimming at the 2007 Pan American Games in Rio de Janeiro, Brazil; and as an assistant coach for the 2007 U.S. men's swimming team at the Pan American Games.

Vogt, whose permanent residence is Emerald Isle, N.C., was a four-year letterman as a Tar Heel undergraduate when she competed as Catherine Frock. Specializing in distance freestyle events during her career, she helped lead UNC to an Atlantic Coast Conference Championship during her freshman year. Her top ACC individual finish was a fifth place in the 1650-yard freestyle in 1996.

Vogt studied education and psychology while at Carolina, earning her degree as a double major in May of 2000. She also earned a position on the ACC Academic

Honor Roll and Dean's List at Carolina over a period of three consecutive years - 1997, 1998 and 1999.

Vogt has been busy since the completion of last year's season with the Tar Heels, a campaign that saw the UNC women claim the NCAA championship. Vogt was the head coach of the 2007 U.S. Pan American Games open water team that competed in



Rio de Janeiro, Brazil. Tar Heel sophomore Chip Peterson won the 10K open water event in that competition.

She was also an assistant coach with the pool staff at the Pan Am Games, the first female coach named to a U.S. men's team staff at an international competition. Ink's Peterson won the gold medal in the 1500-meter freestyle at the Pan Am Games.

For the second consecutive year she was an assistant coach at the USA Swimming National Select Open Water camp held in Ft. Myers, Fla. in May 2007 and coached a pair of swimmers to top finishes in the men's and women's 5K and 10K races.

During the 2006-07 collegiate season she worked with the distance swimmers at UNC. The Tar Heel women placed 1-2-3 in the 1650-yard freestyle at the ACC Championships and the men placed 2-3 and finished with five out of the top 16 places overall in the event. At the NCAA meet in March 2007, UNC had two championship finishes in the 1650-yard freestyle with Whitney Sprague placing third and Chip Peterson sixth. Carolina also had two consolation finalists in the 500 free.

In 2006, after attending U.S. Nationals with North Carolina Aquatic Club as an assistant coach, Vogt was appointed by

United States Swimming as the head coach of the Pan Pacific Open Water Championship Team that competed in Victoria, British Columbia in August 2006. Her appointment as the head coach for a major international event marked only the second time that a woman had held such a position for any USA team. Vogt led the Americans to victories in the men's and women's 10K races and brought home the overall Pan Pacific Team Award.

A member of the U.S. coaching staff during the 2005 Open Water World Championships in Montreal, Quebec, Vogt earned a similar assignment for the 2006 Open Water World Championship Team that traveled to Naples, Italy, in August 2006. Vogt's personally coached swimmer Tar Heel standout Chip Peterson who followed up his 2005 World Championship victory in the 10K with strong 2006 performances resulting in second place in the 5K and 6th place in the 10K.

In May 2006, she was the head coach of the Pan American Open Water Championship Team that competed in Salinas, Ecuador. Under Vogt's tutelage, the American men's team won the 5K and 10K and the women's team won both events as well. The Americans took home the overall team award at the event's conclusion.

Prior to accepting her position at Carolina, Vogt's last full-time coaching position was with the Carteret Currents Swimming Club in Morehead City, N.C.

She coached age group and senior swimmers that won medals at the Open Water National Championships, Open Water World Championships, U.S. Senior National Championships, Junior Pan Pacific Games, World Championship Trials, and U.S. Olympic Trials during her 14 months with the Currents.

From May 2002 to September 2003, Vogt was an assistant and then head coach for the Meridian Swim Association in Meridian, Miss. She coached a six-time Mississippi state champion during her time with MSA.

Vogt's coaching experience also includes a period as a head coach in the South Run Winter Swim League in Fairfax Station, Va., a stint as the head coach of the summer league team at the UNC Faculty Club, experience as a coach at UNC's annual summer swimming camp and time as a swim school program coach with the North Carolina Aquatic Club.

Catherine's husband Matt is a Captain in the U.S. Marine Corps and flies Harrier attack jets out of Cherry Point Marine Corps Air Station in North Carolina. An avid Tar Heel sports fan, he splits his time between Emerald Isle, N.C. and Chapel Hill.



This past summer University of North Carolina head swimming coach Rich DeSelm added a fifth full-time member to his coaching staff at UNC with the hiring of Eric Stefanski as an assistant coach. Stefanski, a University of Pittsburgh alumnus, joins DeSelm, diving coach Kevin Lawrence and assistants Catherine Vogt and Mike Litzinger in comprising Carolina's largest full-time staff in the history of the program.



Stefanski is a former head coach at Rochester and assistant at Pittsburgh. He was a conference coach of the year winner in 2003 and is a member of the USA Swimming race analysis team. He brings a varied background of accomplishments to his job at UNC.

Stefanski coaches the sprint group at Carolina and oversees meet management while being one of Carolina's chief recruiters.

"We are thrilled to add Eric Stefanski to our coaching staff at North Carolina. Eric brings tremendous coaching knowledge and experience that will have an immediate impact on our program," DeSelm says.

"His recruiting skills will enhance our efforts in that critical area and his additional background in sports psychology, video analysis and master's and triathlon training will benefit all aspects of our aquatics program here at UNC," DeSelm explains.

Stefanski began his coaching career at the high school level in 1998 and started his college coaching tenure in 2002. Coaching was always the career of choice for Stefanski, who entered the field immediately after earning a Bachelor of Science degree in psychology from Pittsburgh in 1998. He went on to merit a Master of Science degree in kinesiology with an emphasis in sports psychology at Georgia Southern University in Statesboro, Ga., in 2002.

As a Panther student-athlete, Stefanski was an NCAA Division I Championships qualifier and a 1998 Big East individual champion. He was a two-year selection as the Pitt team's Most Valuable Performer while also captaining the team from 1995-98. In April 1998, Stefanski earned the University of Pittsburgh's Senior of Distinction Award from the athletic department. Individually, he made a four qualifying times and competed in the 2000 U.S. Olympic Trials.

Most recently Stefanski coached at his alma mater, Pitt, since 2004 as assistant

coach and coordinator of men's recruiting. For one season, 2003-04, he garnered head coaching credentials at the University of Rochester (N.Y.) where he simultaneously served as aquatics director. Stefanski had been an assistant coach at UR for one season after arriving in 2002. On the club coaching side, he was the head master's swimming coach in 2002-03.

While at Pittsburgh, he coached two women's NCAA qualifiers, five Big East Conference individual champions, seven U.S. Swimming National Championships qualifiers and two U.S. national finalists. At the University of Rochester, he was the UAA Conference Women's Coach of the Year in 2003-04 as his team improved four spots in the conference meet from seventh to third. Stefanski had a freshman swimmer qualify in two individual events for the 2004 Division III national championships.

While earning his master's degree, Stefanski was a teaching assistant at GSU from 2000-02 while at the same time bulked up his experience level with a two-year gig as swimming coach of the Statesboro Bulloch County Sharks. Prior to going to Georgia Southern, he served a two-year coaching stint at the Seneca Valley Swim Club in Zelienople, Pa., and with the Seneca Valley School District.

Ryan Woodruff came to Chapel Hill in August 2007 to serve as the head coach of the North Carolina Aquatic Club and as an assistant coach for the Tar Heel varsity teams.



Woodruff arrived with great credentials, serving the University of Florida swimming program in various capacities the previous seven years and playing a key part in the return of the Gator program to national prominence. Woodruff served as the head coach for the Gator Swim Club in Gainesville, Fla., from 2005-07, developing over a dozen junior national qualifiers and two Olympic Trial qualifiers.

Woodruff earned his Bachelor of Science degree in exercise and sports sciences and exercise physiology from the University of Florida in August 2003. He earned a Master of Science degree in Human Performance from UF in May 2007.

In three years as head coach of the Gator Swim Club, Woodruff directed all aspects of the club team which had over 130 swimmers while managing a staff of eight. In

three years, he saw seven of his swimmers earn scholarships to NCAA Division I. Woodruff coached swimmers who achieved a total of 52 cuts for U.S. nationals, U.S. junior nationals and NCSA junior nationals in his three years at the helm. At the 2006 nationals, the Gator Swim Club women's team placed 12th and the men's and women's squad combined to rank eighth nationally in the number of scholastic All-Americans.

Woodruff was also a volunteer assistant swimming coach at the University of Florida from 2003-07. During that time the Florida program produced over a dozen Olympians as well as several Olympic medalists. The Gators recorded four Top 5 NCAA finishes and had multiple individual and relay NCAA champions.

In 2003 Woodruff gained significant experience as a technical support intern for the USA Swimming National Team as it prepared for the World Championships. While attending UF, he was the head team manager for the Gator swimming teams from 1999-2003 where he played a key role in logistic operations and technical support for the coaching staff while also overseeing the Gators' equipment operations. He was also the head counselor for one year and

coach for the Florida Gator summer swimming camps from 2000-06.

While an undergraduate at Florida he served as an age group swimming coach for the Gator Swim Club, working primarily with the 10-13 age group. He

coached swimmers to three Junior Olympic championships in that time.

Woodruff has also been a Florida Swimming All-Star coach, USA Swimming National Team support volunteer, USA Swimming coach member and American Swim Coaches Association member.

In his spare time, Woodruff is an accomplished runner. He has finished six marathons including the famed Boston Marathon in 2005. He was the USMS 5k open water national champion in 2001. He is married to Abby Woodruff.





ASSISTANT COACHES SEAN QUINN, WILLEM BOK

The Tar Heel school record holder in the 200-yard breaststroke, 100-meter breaststroke and 200-meter breaststroke, Sean Quinn begins his fourth season as an assistant swimming coach at the University of North Carolina in 2007-08. A year ago he played a key role in the Carolina women capturing the ACC championship. He is also head age group coach for the North Carolina Aquatic Club.



A native of Lancaster, S.C., and 1999 alumnus of Lancaster High School, Quinn was a three-time All-America selection as a Tar Heel, earning those honors in 2000, 2002 and 2003. His best NCAA finish was an eighth place in the 200-meter breaststroke as a freshman in 2000. He also finished 10th in the 200-yard breaststroke at the NCAA Championships in 2002.

Quinn, a tri-captain of the 2002-03 Tar Heel team, won a silver medal in the 200-meter breaststroke at the 2003 Pan American Games in Santo Domingo, Dominican Republic. He finished fifth in the 200-meter breaststroke at the 2000 U.S. Olympic Trials. He was offered a slot on the United States Team at the 2002 Short Course World Championships in Moscow but turned it down in order to compete for the Tar Heels collegiately that season. During his freshman year at UNC, he competed in the Short Course World Championships in Athens, Greece. Before enrolling at Carolina, he swam in the 1999 U.S. Junior World Championships in Barcelona. That international team was coached by former Tar Heel head mentor Frank Comfort.

Quinn won ACC individual championships in the 200-yard breaststroke in 2000 and 2003. He holds the Tar Heel school record in the 200-yard breaststroke at 1:56.39 and he ranks fourth in school history in the 100-yard breaststroke with a career best time of 55.15. A four-time All-ACC selection, Quinn swam for the Mecklenburg Aquatic Club while in high school and was coached there by Pat Hogan.



Quinn was named the University of North Carolina's most outstanding swimmer in 2000 and 2002 and the team's most valuable swimmer in 2003. His sister Kathleen swam for four years at UNC and was a tri-captain of the 2004-05 women's team.

Willem Bok is in his fifth year as an assistant swimming coach at UNC. Bok received a Bachelor of Science degree in business administration with minors in both chemistry and biology from Carolina in 2002.



In 2007, Bok graduated with a Master of Business Administration degree from UNC's Kenan-Flagler School of Business as a member of the Beta Gamma Sigma national honor society. Bok is also in his final year working on his M.D. degree from Duke University's School of Medicine as a member of the class of 2008.

Bok is a former high school All-America swimmer and letter winner for the Tar Heels. In 2003, Bok returned to his Alma Mater and began coaching on the staff of Frank Comfort.



At Carolina, Bok has worked with multiple All-ACC swimmers, ACC finalists and NCAA qualifiers.

During the summers, Bok works as the assistant national coach for Eric Steidinger of the Tar Heel Aquatic Team. Under Steidinger, Bok has coached numerous junior national, senior national and Olympic trial swimmers.

In addition to coaching and his academic work, Bok enjoys traversing the vast areas of wilderness throughout the United States and Canada with fellow 2002 Carolina alumni Mike Callahan and John Spaziano.

The group plans to eventually compose a journal based on their travels in dedication to David Green, a 2001 graduate who inspired the trio with his explorations across Tonga and other Pacific Islands. In his free time, Bok enjoys biking, water polo and shuffleboard.

Bok possesses a passion for Carolina Swimming, and he hopes to contribute as much as possible to making this a successful season for the Tar Heels.



2007-08 University of North Carolina Men's Swimming & Diving Team

Front Row: Alex Kenley, Hank Browning, Mark Mohr, Ryan Funderburk, Brandon Suddreth, Keith Laabs, Robby Swendiman, Philip Owen, Zach Swartz, John Sands, Yi-Khy Saw. **Second Row:** Diving Coach Kevin Lawrence, Bradley Noreen, Josh Correll, Chip Peterson, Michael Wilson, Spencer Biedrzycki, Jeff James, Zach DeVault, Mike Kelly, Daniel Hathcock, Jason McLaughlin, Austin Bradyhouse. **Third Row:** Assistant Coach Sean Quinn, David MacDonald, Nicholas Marsden, Zack Vance, Robert Grimmelt-Norris, Chandler Thomas, Isaac O'Hare, David Zolno, Joe Kinderwater, Flynn Jones, Manager Will Bondurant. **Back Row:** Assistant Coach Mike Litzinger, Assistant Coach Eric Stefanski, Tyler Harris, Tyler Smith, Vinny Pryor, Tommy Wyher, Alex Ismail, Josh Hafkin, Andy Brake, Assistant Coach Ryan Woodruff, Head Coach Rich DeSelm, Assistant Coach Catherine Vogt.



2007-08 University of North Carolina Women's Swimming & Diving Team

Front Row: Assistant Coach Sean Quinn, Erica Schiffler, Erika Matheis, Lindsey Marck, Kristin Oxford, Taylor McFarlane, Kelly Woodruff, Kelsey Morrissy, Laura Filip, Mandi Arak, Assistant Coach Catherine Vogt. **Second Row:** Diving Coach Kevin Lawrence, Aubrette Biegel, Nikki Griswell, Katy Pritchett, Jen Frazier, Whitney Sprague, Sarah Scott, Hannah Mein, Kimmy Davis, Lindsay McIlvain, Manager Will Bondurant. **Third Row:** Assistant Coach Eric Stefanski, Alison Clemens, Annie Norton, Megan Steeves, Eliza Butts, Ashley Howard, Barbara Thomas, Chelsea Mock, Head Coach Rich DeSelm. **Back Row:** Assistant Coach Mike Litzinger, Alex Hamilton, Caroline Hartmann, Katura Harvey, Rebecca Kane, Ashley Miller, Katie Marsh, Allison Barnes, Assistant Coach Ryan Woodruff.



Ryan FUNDERBURK
Senior, 6-2
Diving
Summerfield, N.C.

Career Best Scores: 371.95 in a one-meter dual meet; 345.85 in a one-meter championship (School Record); 399.38 in a three-meter dual meet; 366.60 in a three-meter championship (School Record); 248.70 on 10-meter platform (School Record).

General: Three-time letterman who will be returning as the top diver for the Tar Heels his senior year...one of the most rapidly improving young men's divers on the national scene after only one year of diving competition in high school...was the highest finisher for Carolina on the one- and three-meter boards at 2007 ACC's.

2006-07: At the 2006 summer nationals he finished seventh on the one-meter board and 24th on the three-meter board...achieved a career best in the one-meter board with a score of 371.95 against Minnesota and in the three-meter versus Maryland with 399.38 points...both scores ranked him atop the one- and three-meter scores for the season on the Heels' depth chart...finished eighth in the one-meter and sixth in the three-meter diving at ACC Championships...placed ninth in the one-meter and fourth in the three-meter at the Nike Cup...fifth in the one-meter and fourth in the three-meter in ACC cumulative scores for the season...named to 2006-07 ACC Academic Honor Roll...NCAA Zone Diving qualifier for third straight year.

2005-06: NCAA nationals qualifier...just missed earning All-America honors as he placed 17th on the one-meter board...named the most outstanding performer and most improved performer for the men's team, the first time a UNC diver won two major awards in a single year...also shared the David F. McInnis Diving Award with Jon Fox...ranked atop the UNC depth chart for both diving events in 2005-06...All-ACC on both diving boards...placed third in three-meter diving and second in one-meter diving at the league meet...finalized in the one-meter event at the NCAA Zone B diving meet.

2004-05: Gained valuable experience at the ACC Championships as an exhibition competitor... would have finished in the Top 12 on both boards had he been a scorer...made the finals in the exhibition platform event at the conference meet...was the top exhibition scorer on the one-meter board with a 260.20 total...also the top exhibition scorer on the three-meter board with a 450.55 score...NCAA Zone diving qualifier...named to ACC Academic Honor Roll...spring 2005 Dean's List selection.

Prep: Graduated from Northwest Guilford High School on May 22, 2004...part of swimming team for four years and diving team for one season...runnerup at State 4A Diving Champi-

onships his senior year...team captain sophomore and senior year...All-Conference swimmer junior and senior year in freestyle and backstroke...voted his team's best all-around swimmer...two-year member of National Honor Society...four-year honor roll member...North Carolina Scholar...AP Scholar...part of a club power tumbling and trampoline team for nine years.

Personal: Given name is Ryan Allen Funderburk...nicknames are Funder and Tigger...born July 10, 1985 in Greensboro, N.C....son of Smiley and Brenda Funderburk...has two sisters...father played football for ECU.

Funder Facts

Academic Major at Carolina: Exercise and Sports Science

Career Plans: PT School

Hobbies: Singing

Athlete I Most Admire: Lance Armstrong

Biggest Sports Thrill: Placing sixth in power tumbling at the World Age Group Games in Sydney, Australia in 1998; Winning Nationals for Power Tumbling in 1998.

Person Who Has Had The Greatest Influence on My Athletic Career: My parents

Favorite Book: The Bible

Favorite Magazine: USA Diving

Favorite Food: Home Cooking

Favorite Movie: The Emperor's New Groove

Favorite TV Show(s): Friends, Family Guy, Grey's Anatomy

Favorite Website To Visit: Facebook.com

City I've Never Been To But Want To Visit: New York City

Entertainment Figure I'd Most Like To Have Dinner With: Steve Spielberg



Keith LAABS
Senior, 6-5
Backstroke
Memphis, Tenn.

Career Best Times: 48.59 in the 100-yard backstroke (2nd in school history); 1:45.43 in the 200-yard backstroke (School Record, 10th in ACC history).

General: Three-time letterman who will come into his senior season as the Tar Heels' top returning backstroke...named team captain for both the 2006-07 and 2007-08 seasons...has

regularly been named to the ACC Honor Roll (3 times) and as Dean's List honoree (5 times) during his first three years at Carolina.

2006-07: Was a major contributor at ACC Championships, leading off both the fifth place 200-yard medley relay and third place 400-yard medley relay...also swam on the third place 400-yard freestyle relay at ACC's...recorded a career best in the 50 freestyle at 21.09 and in the 200-yard backstroke where he placed fifth after having the No. 1 qualifying time...his time in the 200-yard back lifts him atop the All-Time Top 10 list...finished second in the 100-yard back at the ACC Championships, moving onto the Top 10 All-Time list in second place at 48.59...named ACC Men's Performer of the Week November 13, 2007...earned All-ACC Honors in the 100 back...copped a spot on the All-ACC Swimming Academic Team...a Dean's List selection both semesters...also named to ACC Academic Honor Roll.

2005-06: Set a career best time in the 200-yard backstroke with a 1:47.96 in the prelims of ACC's, ranking him first on the Carolina depth chart in that event...placed sixth in the championship heat of the 200...placed sixth in the 100-yard backstroke at ACC's after going career best in prelims with a 49.18 time...led off fourth place 400 medley relay team in 49.37.

2004-05: One of four freshman swimmers to compete at the ACC Championships...won the bonus consolation heat of the 100-yard backstroke in 50.26 to take 17th place...finished 18th in the 200-yard backstroke...earned status on the ACC Academic Honor Roll...was tapped for a spot on the Dean's List in the fall semester of 2004.

Prep: Graduated from White Station High School in May 2004...All-America his junior and senior years...state champion in the 100-yard back as a senior...runner-up as a junior...team captain for three years...competed in Junior Nationals his junior and senior years...led his team to the high school city championship all four years...Special Olympics coach...ranked eighth in a class of 405...AP Scholar with honors.

Personal: Given name Keith Lothman Laabs...nicknamed Papa Bear...born November 15, 1985 in Memphis, Tenn...son of Albert and Meta Laabs...has one brother, Mark, 23, who iwas on the men's crew team.

Kudos To Keith

Academic Major at Carolina: Psychology

Career Plans: Soccer Dad

Hobbies: Frisbee, Sleeping, Biking

Athlete I Most Admire: Frank Rockwell Comfort

Biggest Sports Thrill: Breaking school record in 200 back

Person Who Has Had The Greatest Influence on My Athletic Career: FRC

Favorite Food: Coca-Cola

Favorite Movie: Legally Blond 2: Red, White and Pink

Favorite TV Show: The Office

City I've Never Been To But Want To Visit: Zurich

Entertainment Figure I'd Most Like To Have Dinner With: Johnny Depp



Mark MOHR

**Senior, 5-10
Freestyle, Butterfly
Mequon, Wis.**

Career Best Times: 4:54.00 in the 500-yard freestyle; 10:05.61 in the 1000-yard freestyle; 16:52.23 in the 1650-yard freestyle; 2:02.10 in the 200-yard butterfly.

General: A returning three-time letterman who is the third Mohr brother to swim for Carolina...older brothers Stephen and Eric were seniors for the Tar Heels in 2003 and 2005, respectively, and were team captains as seniors...adds depth to the distance freestyle corps while also competing in the butterfly.

2006-07: Set two career bests in the 1000-yard freestyle and 1650-yard freestyle with times of 10:05.61 and 16:52.23 at ACC Championships...also improved from his career best in the 500-yard free in the meet against Minnesota...ACC Academic Honor Roll selection...named to Dean's List both semesters.

2005-06: Set a career best time against NC State with a 5:00.18 in the 500-yard freestyle...competed in the 200-yard butterfly and 400-yard individual medley for Carolina at the ACC Championships registering a career best 2:02.19 in the butterfly.

2004-05: Had career best times as a freshman in the 500, 1000 and 1650 freestyles as well as the 100 and 200 butterfly events...named to the Dean's List in both semesters of the 2004-05 school year...copped a spot on the ACC Academic Honor Roll.

Prep: Graduated from Homestead High School on June 13, 2004...team captain of 2004 Wisconsin state championship

squad...state runner-up in the mile freestyle event...also won the team's coaches' and leadership awards...participated in club swimming for 12 years...National Merit finalist...participated in club swimming since age seven.

Personal: Given name is Mark Alan Mohr...nicknamed Crang...born July 24, 1985 in Mequon, Wis. son of Jim and Aline Mohr...has three brothers, Steve, 26, Eric 24, and Mike, 17.

The Mohr Memo

Academic Major at Carolina: Business Administration and Political Science

Career Plans: Undetermined

Hobbies: Basketball, the Packers, guitar

Athlete I Most Admire: Brett Favre

Biggest Sports Thrill: UNC winning the NCAA basketball championship in 2005

Person Who Has Had The Greatest Influence on My Athletic Career: Dave Westfahl

Favorite Book: The Count of Monte Cristo and the Bourne Identity

Favorite Magazine: Sports Illustrated

Favorite Food: Frozen Pizza and Chocolate Milk

Favorite Movie: Old School

Favorite TV Show: The Office

Favorite Website To Visit: www.given-towail.com

City I've Never Been To But Want To Visit: Griffith, Indiana

Entertainment Figure I'd Most Like To Have Dinner With: Eddie Vedder



Philip OWEN

**Senior, 6-5
Freestyle
Scottsdale, Ariz.**

Career Best Times: 1:37.98 in 200-yard freestyle (10th in school history); 4:24.32 in 500-yard freestyle; 9:12.51 in 1000-yard freestyle (9th in school history); 15:10.73 in 1650-yard freestyle (5th in school history).

General: One of the top returning distance freestyles for the team after competing at the 2007 NCAA Championships in the 500 and

1650 freestyle...one of the tri-captains of the 2007-08 Tar Heel team...ranks in the Top 10 in school history in three events...graduate of Carolina Leadership Academy's Rising Stars and Veteran Leaders program.

2006-07: Competed at NCAA Championships in the 500 free, 1650 free and on the 800-yard freestyle relay team...placed third in the 1650-yard free at ACC Championships with a career best 15:10.73, an NCAA B qualifying time...took sixth, also with an NCAA B qualifying time, in the 500-yard freestyle at ACC's at 4:24.32...finished seventh with a career best of 1:37.98 in the 200-yard free...anchored the 800-yard freestyle relay that earned third at ACC Championships...named All-ACC in the 1650-yard freestyle...named to 2006-07 ACC Academic Honor Roll...spring semester 2007 Dean's List choice...tapped for 2006-07 All-ACC Swimming Academic Team...voted team's most improved swimmer.

2005-06: Competed in the 200-, 500- and 1650-yard freestyle events and 800-yard freestyle relay for Carolina at the ACC Championships...anchored 800 free relay which placed fourth in 1:39.16...took 10th in the 1650 free and 14th in the 500 free...All-ACC Academic Team selection.

2004-05: Ranked No. 2 on the depth chart in the 500-, 1000- and 1650-yard freestyles...emerged as one of the Tar Heels' top threats

Phil Factoids

Academic Major at Carolina: Journalism

Career Plans: Undetermined

Hobbies: Reading, Watching Movies

Athlete I Most Admire: Paul Weir

Biggest Sports Thrill: Watching UNC win the 2005 basketball national championship

Person Who Has Had The Greatest Influence on My Athletic Career: Frank Comfort

Favorite Book: The Alchemist

Favorite Magazine: Newsweek

Favorite Food: Breakfast Food

Favorite Movie: The Rock

Favorite TV Show: Dirty Jobs

Favorite Website To Visit: www.itarheel.com

City I've Never Been To But Want To Visit: New York City

Entertainment Figure I'd Most Like To Have Dinner With: Sean Connery





in the distance freestyle...recorded three career bests in his events at the ACC Championships...shared the Richard Jamerson Memorial Award for most improved swimmer...swam a career best 4:26.39 in the 500-yard freestyle to win the consolation final...recorded a ninth place finish overall in the event...was the anchor for the second-place 800-yard freestyle relay...placed ninth in the 1650-yard free in a career best 15:25.66...made the Dean's List in the Fall semester...garnered ACC Academic Honor Roll accolades.

Prep: Graduated from Saguaro High School in May 2004...the 2003 Arizona 4A Swimmer of the Year...two-time state champion in the 500-yard freestyle...state champion in the 200-yard freestyle...graduated with honors.

Personal: Given name is Philip Lombard Owen...born December 19, 1985 in Mesa, Ariz....son of Bill and Peggy Owen...has two brothers, Ruben, 29, and Matthew, 23 ...Matthew swam for the University of Georgia.



Brandon SUDDRETH

**Senior, 6-5
Undergraduate Student Assistant Coach
Troutman, N.C.**

Career Best Times: 4:27.45 in the 500-yard freestyle; 9:26.63 in the 1000-yard freestyle; 15:31.37 in the 1650-yard freestyle; 3:57.50 in the 400-yard individual medley.

General: A three-year letterman who will be a contributor as an undergraduate student assistant coach...had to retire as a distance freestyler and IM specialist because of lingering injury problems...swam for coach Kathy McKee, a Chapel Hill native, at the Mecklenburg Aquatic Club prior to his arrival at Carolina.

2006-07: Competed in the mid-distance and distance freestyle events at the ACC Championships...finished 21st in the 200-yard freestyle and 17th in the 500-yard freestyle...also took 15th place in the 1650-yard free.

2005-06: Set career bests in four events at the ACC Championships, bettering his previous times with a 4:27.45 in the 500-yard freestyle, a 9:26.63 in the 1000-yard freestyle, a 15:31.37 in the 1650-yard freestyle and a time of 3:57.50 in the 200-yard individual medley...ranked second on the UNC depth chart in the 500- and 1650-yard freestyles...placed ninth in the 1650, 11th in the 500 and 12th in the 400 IM at the ACC meet.

2004-05: Got his first action at the ACC Championships as an exhibition swimmer...swam the 500-yard freestyle in a then career best 4:32.86...also swam a then career best 15:48.01 in the 1650-yard freestyle, the fastest time from an exhibition swimmer in the meet...also had his career best in the 400-yard individual medley...swam impressively at the U.S. Senior Nationals in the summer of

2004...helped his 800-meter freestyle relay team win the national championship by swimming the third leg with a 1:55.55 split.

Prep: Graduated from South Iredell High School on May 24, 2004...2A state champion in the 200- and 500-yard freestyles ...1A/2A state record holder in the 200 and 500 freestyles...2A state meet MVP...Iredell County men's swimmer of the year...conference MVP...team captain his junior and senior years...National Vocational Technical Honor Society member...scholar athlete...North Carolina Scholar.

Personal: Given name is Brandon Liles Suddreth...born December 17, 1985 in Nashville, Tenn....son of Liles and Barbara Suddreth...his father played football for Lenoir-Rhyne College his freshman and sophomore years and tennis his freshman through senior years...has one sister, Leah, 24.

Sudds Stuff

Academic Major at Carolina: Management & Society

Career Plans: Sales & Marketing

Hobbies: Golf, Basketball, Cooking

Athlete I Most Admire: My Dad

Biggest Sports Thrill: Winning the 800 freestyle relay at 2004 senior nationals

Person Who Has Had The Greatest Influence on My Athletic Career: My Dad

Favorite Book: Where The Red Fern Grows

Favorite Magazine: Sports Illustrated Swimsuit Edition

Favorite Movie: Wedding Crashers

Favorite TV Show: ESPN SportsCenter

City I've Never Been To But Want To Visit: New York City

Entertainment Figure I'd Most Like To Have Dinner With: Tiger Woods



Zach SWARTZ

**Senior, 6-1
Freestyle, Backstroke
Harleysville, Pa.**

Career Best Times: 20.44 in 50-yard freestyle (7th in school history); 44.90 in 100-yard freestyle; 49.28 in 100-yard backstroke (6th in school history).

General: One of the top freestyle sprinters to return from last season's squad...three-time letter winner for the Tar Heels who is also a strong entry in the 100-yard backstroke.

2006-07: Ranked second on the UNC depth chart in 2006-07 in the 50-yard freestyle and 100-yard back and third in the 100-yard freestyle...recorded two career best times at the ACC Championships in the 100-yard free at 44.90 and in 100-yard backstroke at 49.28...his career best achieved in the 100-yard back puts him fifth the All-Time Top 10...placed seventh in the 100-yard back at ACC's...tied for 15th place in the 50-yard freestyle...swam on the third place 400-yard freestyle relay and also swam on the 200-yard freestyle relay unit...finished 10th in the 100-yard free...his best of 44.90 in the 100-yard free placed him in the Top 10 Times for the ACC last season.

2005-06: Set career best times at the ACC Championships in the 50-yard freestyle with a 20.44, finishing 11th, in the 100-yard freestyle with a 44.92, claiming 15th and in the 100-yard backstroke with a 49.59, finishing eighth... at the ACC Championships, he swam the third leg on the 400 free relay, splitting a 44.78, and second leg on the 200 free relay, splitting a 20.24.

2004-05: Won the 50-yard freestyle time trial in his first ACC Championships as an exhibition entry...also won the 100-yard backstroke time trial...posted his career best times in the 100 free and 100 back at the ACC Championships.

Prep: Graduated from Souderton Area High School in June 2004...six-time high school All-

Zeroing in on Zach

Academic Major at Carolina: Computer Science

Career Plans: Stay at home Dad or the next Bill Gates

Hobbies: Video Games, TV, Sports

Athlete I Most Admire: Harrison Browning

Biggest Sports Thrill: Anchoring the 2007 ACC 400 free relay team

Person Who Has Had The Greatest Influence on My Athletic Career: Toddles Bauer

Favorite Magazine: ESPN The Magazine

Favorite Food: Vegetables and Dip, Cookies

Favorite Movie: Lucky Number Slevin

Favorite TV Show: House, Beast Wars

City I've Never Been To But Want To Visit: Munich, Amsterdam, Cincinnati

Entertainment Figure I'd Most Like To Have Dinner With: Phil Owen



America choice...four-time state champion as a senior...four-time state medalist as a junior and three-time medalist as a sophomore...also an excellent water polo player, making third team All-America.

Personal: Given name is Zachary James Swartz...nicknamed Sid The Sloth...born March 28, 1986 in Lansdale, Pa.....son of James Swartz and Teresa Schwab...stepson of Meg Rankin...has one sister, Samantha, 19.



Robby SWENDIMAN
Senior, 6-5
Freestyle, Breast
Kensington, Md.

Career Best Times: 20.50 in 50-yard freestyle; 44.80 in 100-yard freestyle (Tied for 9th in school history); 56.48 in 100-yard breaststroke.

General: Named a team captain his junior year and will continue in that role as a senior...three-year letterman who will be one of the team's top sprint freestylers and has also demonstrated strength in the 100-yard breaststroke events...also an excellent student who earned the prestigious Carolina Scholarship Award...part of the Honors Program at UNC...has earned spots on the Dean's List and ACC Honor Roll throughout his career at UNC...has earned the Three-Dimensional Leader Award from the Carolina Leadership Academy.

2006-07: Achieved three career best times at the ACC Championships in the 50-yard free, 100-yard breast and 100-yard free...placed 14th in the 50-yard free setting a career best 20.50 in the preliminaries...finished 13th in the 100 breast and eighth in the 100-yard free and moved onto the UNC All-Time depth chart in the 100 freestyle at ninth place...was a mem-

The Whimsical White Lightning

Academic Major at Carolina: Chemistry and Political Science

Career Plans: Medicine

Hobbies: Sun Bathing

Athlete I Most Admire: Roger Federer

Person Who Has Had The Greatest Influence on My Athletic Career: Sue Chen, club coach at RMSC

Favorite Book: Harry Potter

Favorite Food: Chicken Lo Mein

Favorite Movie: The Matrix

Favorite TV Show: House

Favorite Website To Visit: Facebook

City I've Never Been To But Want To Visit: Rome, Italy

Entertainment Figure I'd Most Like To Have Dinner With: Jessica Alba

ber of the third place 400-yard free relay...also swam a leg on the 200 free and 200 medley relays...named to All-ACC Swimming Academic Team...Dean's List student in both spring and fall semesters...garnered a spot on the 2006-07 ACC Academic Honor Roll...won two team awards — the Hill Carrow Spirit Award and the Bruce Webster Most Dedicated Swimmer Award.

2005-06: Swam career best times in the 50- and 100-yard freestyle events and 100-yard breaststroke at the ACC Championships ...was 16th in the 50 free...anchored the 200 free relay with a split of 20.34.

2004-05: Recorded his career best time in the 200 free at the ACC Championships...earned recognition on the 2004-05 ACC Academic Honor Roll...Dean's List selection in Fall 2004.

Prep: Graduated from Georgetown Preparatory School in North Bethesda, Md. on May 29, 2004...team captain his senior year...All-Met-



ropolitan Area first team honors...first-team All-Conference, All-Gazette and All-Montgomery Journal honoree...Metro champion in the 50- and 100-yard freestyles...part of teams which won Metro championships in 2002 and 2004...Junior Nationals qualifier...PVS Scholar-Athlete from 2001 through 2004...AP Scholar with distinction...member of National Honor Society...participated in a cancer research internship at the National Institutes of Health.

Personal: Given name is Robert Alan Swendiman...nicknamed White Lightning...born March 26, 1986 in Washington, D.C....the son of Alan and Kathleen Swendiman...has one sister, Shelley, 24.



Hank BROWNING
Junior, 6-1
Freestyle
Cincinnati, Ohio

Career Best Times: 44.63 in the 100-yard freestyle (8th in school history); 1:36.29 in the 200-yard freestyle (4th in school history, 6th in ACC history); 4:19.99 in the 500-yard freestyle (6th in school history); 9:13.12 in the 1000-yard freestyle; 15:10.75 in the 1650-yard freestyle (6th in school history).

General: One of the ACC's best swimmers...has the sixth-fastest time ever in the 200-yard freestyle in league history...double letter winner coming off a wonderful season sophomore season in which he won the 200 free for the second year at the ACC Championships ...can swim any freestyle event from the 100 through the 1650 equally well...likely will redshirt in 2007-08 while recovering from an injury.

2006-07: Won the Jamerson Memorial Award as UNC's Most Valuable SwimmerACC champion in the 200-yard freestyle for the second season with a 1:36.43, qualifying him for fourth place on Carolina's All-Time Top 10 list...named UNC's Progress Energy Performer of the Week after his performance at the ACC Championships...2007 All-Atlantic Coast Conference performer in the 200 and 500 freestyle events...was on three third place relay teams at ACC's, including the 400 free relay, 400 medley relay and 800 free relay...swam a career best 4:19.99 while finishing second in the 500 freestyle at the ACC Championships, moving him into sixth place the All-Time Top 10 at Carolina...also placed seventh in the 1650 freestyle...named ACC Men's Performer of the Week on January 29, 2007...competed at NCAA Championships in the 200 free, 500 free, and 1650 free...was also on the 800 freestyle relay that competed at NCAA's...also achieved a career best in the 100-yard free that landed him eighth on the UNC All-Time Top 10 list for the event.

2005-06: ACC Men's Swimming Freshman of the Year...won the ACC Championship in the 200-yard freestyle...honorable mention All-



America in 500-yard freestyle by finishing 12th at NCAA Championships...All-ACC in 200- and 500-yard freestyles...excelled in both the ACC and NCAA Championships, setting career bests in the 500, 1000 and 1650-yard freestyles at NCAA's and the 100- and 200-yard freestyle events at the ACC Championships...ranked No. 1 on UNC's depth chart in four freestyle events... his 15:10.75 in the 1650-yard freestyle at the NCAA Championships ranks as the third-best time in UNC history...also ranks seventh in UNC history in the 100 free, fourth in the 200 free, fifth in the 500 free and eighth in the 1000 free...finished sixth at the ACC Championships in the 1650-yard freestyle and third in the 500-yard freestyle...voted Carolina's Most Valuable Swimmer.

Prep: Graduated from Turpin High School in June 2005...YMCA national champion in 500, 1000 and 1650-yard freestyles in 2004...high-point winner and Swimmer of the Meet at YMCA Nationals...helped set YMCA national record in the 800-yard freestyle relay in 2004...member of USS Junior National Team...competed in 2005 Junior Pan Pacific Games in Hawaii...received prestigious honor in 2003 of attending USS Training Camp in

Hanging Out With Hank

Academic Major at Carolina: English

Career Plans: Undetermined

Hobbies: Napping, Dancing, Halo

Athlete I Most Admire: Chad Johnson, Barry Larkin

Biggest Sports Thrill: Becoming an ACC Champion

Person Who Has Had The Greatest Influence on My Athletic Career: My parents

Favorite Book: In Cold Blood

Favorite Food: Pizza

Favorite Movie: American Beauty

Favorite TV Show: South Park

City I've Never Been To But Want To Visit: Penang, Malaysia

Entertainment Figure I'd Most Like To Have Dinner With: Oprah Winfrey



Colorado Springs...voted Turpin MVP four consecutive years...Greater Ohio District Champion for three years in 200- and 500-yard freestyles...Ohio state champion in 200- and 500-yard freestyles in 2005...Cincinnati Enquirer Swimmer of the Year in 2005...four-time high school All-America...holds 14 of 20 Turpin High School pool records...holds 20 of the 25 Turpin school records overall...his high school retired his swimming cap and goggles, placing them in memorabilia area of gymnasium...selected to attend the 2004 Anthony Munoz Leadership Conference...editor in chief of the Turpin newspaper, The Lancer.

Personal: Given name is Harrison John Browning...born February 19, 1987 in Cincinnati, Ohio...has one brother, Parker, 18...son of Bill and Diana Browning.



Alex KENLEY
Junior, 5-10
Diving
Sarasota, Fla.

Career Best Scores: 273.15 in a one-meter dual meet; 251.78 in a one-meter championship meet; 317.55 in a three-meter dual meet; 259.25 in a three-meter championship meet; 192.50 in platform diving.

General: A world-class tumbler who dove competitively for the first time in his career as a freshman in 2005-06 at Carolina...has earned two varsity letters while at UNC...excellent student who frequents the Dean's List and made the ACC Honor Roll as a freshman and sophomore...maintains a 3.8 cumulative grade point average at Carolina.

2006-07: Competed at ACC Championships on both boards...finished 19th on the low board and 22nd on the three-meter with championship career bests in both...took 17th on the one-meter board at Nike Cup and 13th on the three-meter...had his best dual meet performances of the year against Maryland...named to the Dean's List in each semester of the school year...named to 2006-07 ACC Academic Honor Roll...served as academic team captain for 2006-07 squad.

2005-06: Set career bests in the one-meter dual meet event with a 209.78 against N.C. State and in the three-meter dual meet event at the ACC Championships...finished 24th in ACC one-meter and 25th in the three-meter...had a 3.9 cumulative GPA his freshman year.

Prep: Graduated from Pine View High School in Osprey, Fla. on May 20, 2005...Florida state champion on the tumbling double-mini 2001-05...won regional championship in tumbling double-mini in 2005-06...2004 national champion in Level 10 Tumbling and second place finisher in the double-mini...2005 third place finisher at Nationals in Junior Elite Tumbling...competed on an elite level in tumbling and trampoline in 2004-05...member of National Honor Society...also elected to French



National Honor Society.

Personal: Given name is Joseph Alexander Kenley...nicknamed Charmin...born November 3, 1986 in Indianapolis, Ind....son of Jim and Judy Kenley...has two brothers, Paul, 18, and Colin, 15.

Alex's Archive

Academic Major at Carolina: International Business

Career Plans: Work for the International Olympic Committee or U.S. Olympic Committee

Hobbies: Going to the beach, hanging out with friends, traveling

Athlete I Most Admire: Whitney Sprague and Chip Peterson

Biggest Sports Thrill: Winning 2004 national championship in tumbling; watching Laura Filip get third on the one-meter board at the 2007 ACC Championships

Person Who Has Had The Greatest Influence on My Athletic Career: Shelly Proa, Kevin Lawrence

Favorite Book: I Hope They Serve Beer in Hell

Favorite Magazine: International Gymnast

Favorite Food: Tacos with sour cream

Favorite Movie: Knocked Up

Favorite TV Show: Family Guy

Favorite Website to Visit: TarHeelBlue.com

City I've Never Been To But Want To Visit: Sydney, Australia

Entertainment Figure I'd Most Like To Have Dinner With: Jessica Simpson



Brad MITCHELL
Junior, 6-1
Breaststroke
Somers, N.Y.

Career Best Times: 55.43 in the 100-yard breaststroke (7th in school history); 2:01.69 in the 200-yard breaststroke; 1:50.93 in the 200-yard individual medley.

General: A strong breaststroker and two-year letter winner who is a big contributor for Carolina, especially in the breaststroke and relay efforts...will be the top-ranked breaststroker on the Tar Heel depth chart heading into the 2007-08 campaign.

2006-07: Had a very successful ACC Champi-

Mitchell's Mojo

Academic Major at Carolina: Communications

Career Plans: Be on the Food Network

Hobbies: Sports, TV, Chilling With Friends

Athlete I Most Admire: Michael Jordan

Biggest Sports Thrill: Competing against Virginia

Person Who Has Had The Greatest Influence on My Athletic Career: My brother, Eric Mitchell

Favorite Book: Tuesdays With Morrie

Favorite Magazine: ESPN The Magazine

Favorite Food: Yi-Khy's Fried Rice

Favorite Movie: Braveheart

Favorite TV Show: Family Guy

Favorite Website to Visit: ESPN.com

City I've Never Been To But Want To Visit: Rome, Italy

Entertainment Figure I'd Most Like To Have Dinner With: Peter Griffin, Homer Simpson



onship meet, placing fifth in the 100-yard breaststroke with a career best 55.43...the time gave him the No. 7 spot on the Tar Heel All-Time Top 10 list...also achieved a career best time in the preliminaries of the 200 IM, finishing 14th in finals...took 20th in the 200-yard breast and swam breaststroke in the fifth-place 200-yard medley relay...swam the fastest 100 breast time for the team last season...his 100 breaststroke time from ACC Championships was good enough for the sixth-best time in the ACC for the 2006-07 season.

2005-06: Set career bests in the 100-yard breaststroke and 200-yard individual medley at the ACC Championships with a 55.58 and 1:52.66 respectively...was atop the Carolina depth chart for the 100-yard breaststroke for 2005-06...placed ninth in the 100 breast at ACC's in 55.58...swam the breast leg on the 400 medley relay and had a 54.82 split...was 12th in the 200 breast.

Prep: Graduated from Somers High School on June 24, 2005...a junior national champion in the 200-yard breaststroke...metro record holder for both the 100 and 200 breaststrokes...a senior national qualifier in both breaststroke events...team captain of his club team both his junior and senior years.

Personal: Given name is Bradley E. Mitchell...was born August 7, 1987 in New York, N.Y....son of Barbara Mitchell Cronk and Eric Mitchell...has three brothers, Eric, 27, Ed, 25, and Brendan, 20.



Yi-Khy SAW
Junior, 5-10
Free, Fly, IM
Penang, Malaysia

Career Best Times: 4:27.63 in 500-yard freestyle; 9:12.80 in 1000-yard freestyle (10th in school history); 15:33.01 in 1650-yard freestyle; 1:48.09 in 200-yard butterfly (10th in school history); 1:49.90 in 200-yard individual medley; 3:53.38 in 400-yard individual medley (8th in school history).

General: Strong performer in the IM, butterfly, breaststroke and distance freestyle events...the top returning swimmer on the depth chart for the Tar Heels in the 100 fly and 400 IM...swam in the 2004 Olympic Games in Athens, Greece for his native Malaysia...ranks on the school's all-time Top 10 depth chart in three events...one of UNC's most versatile performers...two-time letterman...prepped in the United States in Jacksonville, Fla., at The Bolles School.

2005-06: Set several career best times at the ACC Championships...finished 13th in the 500-yard freestyle in 4:27.63, sixth in the 200-yard butterfly in 1:49.34 and fifth in the 400-yard individual medley in 3:53.38...also set a career best against Minnesota in the 1000-yard freestyle with a 9:12.80 clocking...ranked first on Carolina's depth chart in the 400-yard indi-



vidual medley...named to 2006-07 ACC Academic Honor Roll...also merited a spot on the spring 2007 Dean's List.

Prep: Graduated from The Bolles School on May 28, 2005...a five-time All-America selection there...swam the 1500-meter freestyle in the 2004 Olympic Games in Athens for his home country of Malaysia...co-captained Bolles squad his senior year...named 2003 Florida state short course and long course swimmer of the year for the 15-16 age group...was part of three straight team state championship units as Bolles extended its string of state titles to 17 in a row...as a senior, he was the state champion in the 200-yard individual medley and as a member of 200-yard medley relay and 400-yard freestyle relay

The Eclectic Yi-Khy

Academic Major at Carolina: Business Administration

Career Plans: Undetermined

Hobbies: Basketball, Soccer, Swimming, Guitar

Athlete I Most Admire: Dara Torres

Biggest Sports Thrill: The 2004 Olympics Opening Ceremony

Person Who Has Had The Greatest Influence on My Athletic Career: My Family

Favorite Book: To Hate Like This Is To Be Happy Forever

Favorite Magazine: ESPN The Magazine, Sports Illustrated, Stuff, FHM

Favorite Food: Almost Everything

Favorite Movie: Bourne Ultimatum, 300, Gladiator, Knocked Up, Blades of Glory, Wedding Crashers

Favorite TV Show: Heroes, Everybody Loves Raymond, Friends, The Office

Favorite Website to Visit: ESPN.com, Soccernet.com, Scout.com, Gamespot.com

City I've Never Been To But Want To Visit: Paris

Entertainment Figure I'd Most Like To Have Dinner With: Will Ferrell



JUNIOR & SOPHOMORE MEN'S BIOS

teams while taking second in the 500-yard free...in his junior year, he captured the 500-yard freestyle and competed on 200-yard freestyle relay and 400-yard freestyle relay state championships...that same year he finished as a runner-up in the 200-yard individual medley...was part of two state championship relays as a sophomore ...finished third in the 1500-yard freestyle and was part of the winning 800-meter freestyle relay at the Southeast Asian Games in Vietnam...also competed in the 2003 Barcelona World Championships...a member of both the National Honor Society and French National Honor Society.

Personal: Given name is Yi-khy Saw...nicknamed Pikachu...was born on July 1, 1986 in Georgetown, Penang, Malaysia...he is the son of Boon Hoe and Khuay Sim Saw...he has one sister, Yuit-wen Saw, 28.



Spencer BIEDRZYCKI
Sophomore, 6-1
Breaststroke, IM
Charlotte, N.C.

Career Best Times: 57.77 in 100-yard breaststroke; 2:08.06 in 200-yard breaststroke; 1:54.48 in 200-yard individual medley.

General: Returning letterman who adds depth in the breaststroke and IM events for the Tar Heels...is the brother of Andrew Biedrzycki who swam at UNC from 1999-2003.

2006-07: Swam exhibition in three events at 2007 ACC Championships — the 200 IM, 100 and 200 breaststroke...lowered his career bests in all three events, by 2.21 seconds in 100 breast, 2.44 seconds in 200 breast and 2.84 seconds in 200 IM.

Prep: Graduated from Providence High School on June 12, 2006...swam on the varsity level there for four years...his main events

Bio Biedrzycki Style

Academic Major at Carolina: Economics

Career Plans: Undetermined

Hobbies: Skydiving, dominating Jason McLaughlin in Halo

Athlete I Most Admire: Joe Kittinger

Person Who Has Had The Greatest Influence on My Athletic Career: Russ Kasl, club coach for three years

Favorite Magazine: Road & Track

Favorite Movie: The Shawshank Redemption

Favorite TV Show: South Park

Favorite Website to Visit: comedycentral.com

City I've Never Been To But Want To Visit: Sao Paulo, Brazil

Entertainment Figure I'd Most Like To Have Dinner With: Dave Chapelle

were the 200 IM and 100 breast...also swam on the 200 medley and 200 free relay teams...swam for the Mecklenburg Aquatic Club for seven years in the breast, back and IM...team captain of Providence his senior year...scholastic All-America as a junior and senior...member of National Honor Society and Math Honor Society...four-year member of high school honor roll.

Personal: Given name Spencer Donald Biedrzycki...nicknames include The Yellow Dart and Grundle...son of Hank and Nancy Biedrzycki...was born March 14, 1988 in Pittsburgh, Pa. ...has two brothers...Andrew, 27, swam at Carolina and Chris, 26, swam at Georgia Tech.



Austin BRADYHOUSE
Sophomore, 5-3
Diving
Raleigh, N.C.

Career Best Scores: 238.88 in one-meter dual meet; 232.25 in one-meter championship; 271.20 in three-meter dual meet; 265.85 in three-meter championship

General: Returning letterman who returns with valuable experience from last year...one of four sophomore men's divers on the Tar Heel squad this season.

2006-07: Competed in the ACC Championships in the one-meter and three-meter diving events, placing 19th in the three-meter with a score of 238.15...placed 15th at Nike Cup in three-meter diving, recording a score 239.25...named to 2006-07 ACC Academic Honor Roll...a fall 2007 Dean's List choice.

Prep: Graduated on June 10, 2006 from Leesville Road High School...was a member of the diving team there for four years...team captain.

Personal: Given name is Austin Lee Bradyhouse...son of David and Judy Bradyhouse...was born February 25, 1988 in Nashville, Tenn....has one brother, Peter, 20, and one sister, Audrey, 18.

The Astute Austin

Academic Major at Carolina: Business Administration

Career Plans: Undetermined

Hobbies: Reading

Athlete I Most Admire: Mike Tyson

Biggest Sports Thrill: Diving in the ACC Championships

Person Who Has Had The Greatest Influence on My Athletic Career: My Parents

Favorite Book: Vertical Run

Favorite Food: Sushi

Favorite Movie: The Usual Suspects

Favorite TV Show: Family Guy

Favorite Website to Visit: TarHeelBlue.com

City I've Never Been To But Want To Visit: Rome, Italy



Zach DeVAULT
Freshman, 6-4
Freestyle
Atlantic Beach, Fla.

Career Best Times: 21.49 in 50-yard freestyle; 47.05 in 100-yard freestyle; 1:47.50 in 200-yard freestyle.

General: A returning letter winner who swims sprint freestyle and backstroke for Carolina...will continue to be a great addition and add depth to the freestyle corps and relay teams.

2006-07: Swam exhibition at ACC Championships in the 50-, 100-, and 200-yard freestyle and the 100-yard backstroke...finished with a career best 1:47.50 in the 200 free...had career bests of 21.49 in the 50 and 47.05 in the 100...competed at the Nike Cup in the same three freestyle events...also anchored the fourth place 200-yard medley and fifth place 400-yard medley relays...named to 2006-07 ACC Academic Honor Roll.

Prep: Graduated from Episcopal High School in Jacksonville, Fla. on May 20, 2006...swam there all four years as a freestyle sprinter...two-time high school All-America...MVP of team as a senior...four-time All-First Coast Team selection...swim team captain as a senior...winner of multiple individual district and regional titles...also an accomplished soccer player...played three years of high school soccer as a defender and midfielder...was elected captain of team as sen-



ior...All-First Coast and All-State selections...played 13 years of club soccer overall...once helped lead his club team to second place in state tournament...member of National Honor Society...nominated for Wendy's High School Heisman Award.

Personal: Given name is Zachary Samuel DeVault...nicknamed Bruce Bruce...son of Kenneth and Shelley DeVault...was born September 27, 1987 in Nashville, Tenn...has two brothers — Andrew, 16, and Jeb, 14 — and three sisters — Mackenzie, 18, Mia, 5, and Ellie, 3.

DeVault's Data

Academic Major at Carolina: Undeclared

Career Plans: Going to Law School

Hobbies: Dancing, Badminton, French Cuisine

Athlete I Most Admire: Lance Armstrong
Person Who Has Had The Greatest Influence on My Athletic Career: Mitch Ivey, high school swim coach

Favorite Book: Falling Up

Favorite Magazine: Home Cooking

Favorite Food: Caviar

Favorite Movie: Sweet Home Alabama

Favorite TV Show: Golden Girls

City I've Never Been To But Want To Visit: Uzbekistan

Entertainment Figure I'd Most Like To Have Dinner With: Andre Agassi



Jeff JAMES

**Sophomore, 6-5
IM, Back, Free
Chapel Hill, N.C.**

Career Best Times: 3:57.09 in 400-yard individual medley; 1:46.47 in 200-yard backstroke (3rd in school history); 1:39.86 in 200-yard freestyle; 1:49.23 in 200-yard individual medley (8th in school history).

General: Returning letter winner who is one of Carolina's most versatile swimmers...an outstanding IMer, backstroker and middle distance freestyler...swam for the North Carolina

Aquatic Club before coming to Carolina...got good experience as a freshman by competing at NCAA meet.

2006-07: Competed in two events at the NCAA Championships — the 200-yard individual medley and the 800-yard freestyle relay which placed 18th...earned a career best in the 200 IM, placing ninth at ACC Championships and moving him into eighth place on UNC's All-Time Top 10 list...finished seventh in the 200-yard backstroke...was just off a career best with a 1:39.95 in the 200 freestyle...was on the 800-yard freestyle relay which placed third at the ACC Championships...his performance in the 200-yard back was fast enough to place him third on the UNC All-Time Top 10...named to 2006-07 ACC Academic Honor Roll...fall semester 2006 Dean's List selection.

Prep: Graduated from Chapel Hill High School in June 2006...swam at CHHS for four years swimming the 100 & 200 back, 200 & 400 IM and 50, 100, 200 frees...senior national U.S. Swimming qualifier while in high school...won multiple high school individual state titles...already a 2008 U.S. Olympic Trials qualifier in multiple events.

Personal: Given name is Jeffrey Edward James...nicknamed Thunderbreeze and The Spaniard...son of Steve and Linda James...was born August 26, 1988 in Pittsburgh, Pa...has three brothers, Steve, 25, Dave, 22, and Scott, 14.



The Jury on Jeff

Academic Major at Carolina: Journalism

Career Plans: Stay at home dad or run a restaurant with teammate Mike Wilson

Hobbies: Long walks on the beach, picking berries

Athlete I Most Admire: Jared Kleber

Person Who Has Had The Greatest Influence on My Athletic Career: Andre Agassi

Favorite Book: Pride and Prejudice

Favorite Food: Escargot

Favorite Movie: Sweet Home Alabama, Rudy

Favorite TV Show: Scrubs

Favorite Website to Visit: www.wachovia.com

City I've Never Been To But Want To Visit: Australia

Entertainment Figure I'd Most Like To Have Dinner With: The Ladies of The View



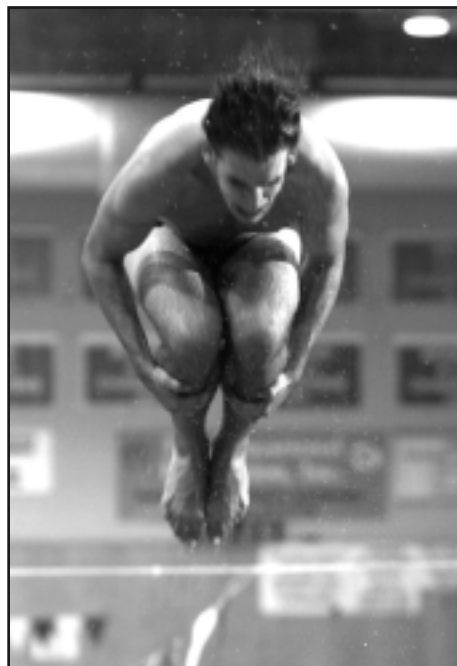
Mike KELLY

**Sophomore, 6-0
Diving
Frederick, Md.**

Career Best Scores: 238.65 in a one-meter dual meet; 196.10 in one-meter championship meet; 270.00 in a three-meter dual meet; 235.60 in three-meter championship meet.

General: Returning letterman with a trio of other sophomore men's divers to enrich and add depth to the diving squad.

2006-07: Competed at Nike Cup, finishing 20th in the one-meter and 18th in the three-meter...achieved career bests in both the one-meter and three-meter in the dual meet with Maryland...merited 2006-07 ACC Academic





SOPHOMORE MEN'S BIOS



Honor Roll status.

Prep: A June 5, 2006 graduate of Governor Thomas Johnson High School...four-year diving letterman there...also competed for the Frederick Area Divers...competed in CMDL summer league in 2004-05 and served as coach in the league in 2006...won Frederick County diving championship four times from 2003-06...best Metro Diving competition finish was a fourth place...National Honor Society member...Maryland Distinguished Scholar.

Personal: Given name is Michael Guy Kelly...son of Michael and Candy Kelly...was born September 23, 1988 in Frederick, Md....has one sister. Sheri, 34.

More on Mike

Academic Major at Carolina: Undeclared
Career Plans: Take over family business, Frederick Business Properties

Hobbies: Cliff diving off the western coast of Chile

Athlete I Most Admire: Jeff James

Person Who Has Had The Greatest Influence on My Athletic Career: Kevin Lawrence

Favorite Book: Where The Sidewalk Ends

Favorite Magazine: Home and Garden

Favorite Food: Mountain Oysters

Favorite Movie: Snatch

Favorite TV Show: Man Versus Wild

Favorite Website to Visit: TarHeelBlue.com

City I've Never Been To But Want To Visit: Carrboro, N.C.

Entertainment Figure I'd Most Like To Have Dinner With: Andre Agassi



yard individual medley.

Prep: Graduated from White Plains High School on June 22, 2006...swam on the WPHS varsity for four years in the 200 and 500 frees...swam for his club team, the YWCA Middies, for 13 years in the 400 IM and 500, 1000 and 1650 frees...was captain of his high school team as a senior...2005-06 high school All-America in the 500 free...four-time All-Section honoree...four-time qualifier for N.Y. state high school championship meet...placed third in the 500 free as a sophomore and senior and fourth in the 200 free as a senior at the state meet...Con-Ed Award winner...MVP swimmer as sophomore and senior...2006 Journal News Male Swimmer of the Year...high school record

Juicy Gems About Jason

Major: Business

Career Plans: Undecided

Hobbies: Playing and watching all sports, swimming, hanging out with friends, video games, going to the beach, dunking on Robby Swendiman, beating Hank Browning in all sports

Athlete Most Admired: Derek Jeter

Biggest Sports Thrill: Aaron Boone's walk-off home run in 2003 ALCS game 7 against the Red Sox

Person With Greatest Influence on Athletic Career: Head Coach Ilan Noach

Favorite Book: Snow in August by Pete Hamill

Favorite Magazine: Sports Illustrated

Favorite Food: Cheeseburger with Fries

Favorite Movie: Rudy

Favorite TV Shows: The Simpsons, ESPN SportsCenter, Scrubs

Favorite Website To Visit: www.espn.com

holder in the 100 fly, 50 free, 100 free, 100 back, 200 medley, 200 free and 400 free relay teams...as club swimmer was 2004 YWCA National Championships high point winner for open boys division...team record holder in 13-14 age group in 200 free, 1000 free, 200 IM...team record holder for open boys 200 medley relay and 400 medley relay...team has won the YWCA national championships 21 years in a row...made Honor Roll all four years of high school...high honor roll all four quarters of senior year.

Personal: Given name is Jason Oliver McLaughlin...nicknamed Jay...born April 28, 1988 in White Plains, N.Y....son of Stephen and Donna McLaughlin...has one brother, Sean, 21, and one sister, Lyndsey, 22.



Chip PETERSON

**Sophomore, 5-11
Freestyle, IM
Pine Knoll Shores,
N.C.**

Career Best Times: 4:19.38 in 500-yard freestyle (3rd in school history, 10th in ACC history); 9:02.38 in 1000-yard freestyle (School Record, 4th in ACC history); 14:55.53 in 1650-yard freestyle (School Record, 5th in ACC history); 3:57.45 in the 400-yard individual medley.

General: Came in as a top recruit his freshman season in 2006-07 and did not disappoint with his first-year efforts...the top swimmer for Carolina in the distance freestyle events...set school records in the 1000 and 1650 freestyles as a freshman and his times in the 500, 1000 and 1650 all put him in the all-time ACC Top 10 in those events...will likely redshirt this year as he trains for a spot in the 10-kilometer open water swim at the 2008 Olympic Games in China...currently ranks as one of the world's premier open water swimmers, making multiple U.S. international teams.

Open Water and National Team Experience:

Finished second in the 10k 2007 U.S. Open Water World Championships Trials...that earned him one of two U.S. spots in the 2008 World Championships in Spain...that meet will serve as the qualifier for the 10k open water event at the Beijing Olympics...at the 2007 Pan American Games in Brazil he captured the gold medal in the 1500-meter freestyle and the silver medal in 10k open water swimming...at the 2007 U.S. Open Water National Championships last spring he captured first place in both the 5k and 10k races...had an outstanding 2007 summer U.S. Nationals, copping third place in the 1500 meters and 13th in the 400 meters...at the 2006 World Open Water Championships he finished second in the 5k and sixth in the 10k...won the 800-meter freestyle and the 10k open water event at the 2006 Pan Pacific Championships...won 5k and 10k open water swims at the 2006 U.S. Nationals...2005 U.S. champion and world champion in the 10k open water swim...2005 U.S. national cham-



Jason McLAUGHLIN

**Sophomore, 5-10
Free, IM, Butterfly
White Plains, N.Y.**

Career Best Times: 4:30.61 in 500-yard freestyle; 9:20.04 in 1000-yard freestyle; 15:25.71 in 1650-yard freestyle; 3:56.58 in 400-yard individual medley; 1:48.04 in 200-yard butterfly (9th in school history).

General: Returning letterman who had a magnificent freshman year...showed tremendous improvement...was a senior national qualifier in 1000 and 1650 freestyles as a prepster...will continue to add strength in the distance free, butterfly and IM races after being the top finisher for the Tar Heels at ACC's in the 200 fly last season.

2006-07: Competed in three events at the ACC Championships in his freshman season...placed fourth in the 200-yard fly as the top finisher for Carolina in the event with his time of 1:48.04 moving him up to ninth place in Carolina's All-Time Top 10 list...took ninth in the 1650 freestyle with a career best 15:25.71...also recorded a career best in the 400-yard IM where he finished seventh in finals...finished the year with ACC Top 10 Times in the 1000 and 1650 freestyles and the 400-



pion in the 1500-meter free...was named the 2005 co-U.S. Swimming Open Water Performer of the Year...U.S. National Team member in 2005, 2006 and 2007...member of U.S. Junior National Team in 2004.

2006-07: Competed at the NCAA Championships in three events, including a spot on the 800-yard freestyle relay...his career best in the 500 free in the NCAA prelims was good for third place on the Tar Heel all-time depth chart...he finished 14th in the event...took sixth place in the NCAA 1650-yard freestyle, achieving a career best and the school record formerly held by Yuri Suguiyama...his 1000-yard split in the race also broke the school record for that distance...swam three NCAA B qualifying times at ACC Championships in the 500 free, 1650 free, and as a member of the 800 freestyle relay... helped that relay place third...finished fifth in the 500 freestyle, 11th in the 400-yard individual medley and second in the 1650-yard freestyle...honored as an All-ACC performer in the 1650-yard freestyle ...also named a 2007 first-team All-America in the same event and an honorable mention All-America in the 500-yard freestyle...won the Jamerson Award as the team's Most Outstanding Swimmer...named to the 2006-07 ACC Academic Honor Roll...met the standards for selection to the UNC Dean's List in both semesters of the 2006-07 school year...tapped for the All-ACC Swimming Academic Team.

Prep: Graduated from West Carteret High School in 2006...a distance freestyler, he swam in high school for four years and also competed in club swimming for 13 years...salutatorian of high school class...a National Merit Scholar.

Personal: Given name is Charles Bowne Peterson...son of Nancy and Pete Peterson...was born December 3, 1987 in Morehead City, N.C....has one brother.



Up Close With a World Champion
Academic Major at Carolina: Biology
Career Plans: Undetermined
Hobbies: Surfing
Athlete I Most Admire: Michael Jordan
Biggest Sports Thrill: Winning world open water championships
Person Who Has Had The Greatest Influence on My Athletic Career: Catherine Vogt
Favorite Book: Who Moved My Cheese
Favorite Magazine: Newsweek
Favorite Food: Peanut Butter
Favorite Movie: Nightmare Before Christmas
Favorite TV Show: Blue Planet
Favorite Website to Visit: purevolume.com
City I've Never Been To But Want To Visit: Sydney, Australia
Entertainment Figure I'd Most Like To Have Dinner With: Kiera Knightley



David SOLARZ
Sophomore, 6-0
Diving
Westlake, Ohio

Career Best Scores: 3:09.90 in one-meter dual meet; 313.30 in one-meter championship meet; 338.33 in three-meter dual meet; 324.65 in three-meter championship meet; 242.75 in platform diving

General: Was the most outstanding freshman men's diver for Carolina in 2006-07 in both dual meet scores and championship meet scores...will be one of the team's top divers again this season as a returning letterman.

2006-07: Competed in both springboard diving events at ACC Championships...earned 16th in the one-meter and 13th on the three-meter board...recorded a career best in a one-meter dual meet with a 309.90 against Johns Hopkins...set a career best for a dual setting in the three-meter with a 324.65 versus Minnesota...both dual meet scores placed him third on the year on the team depth chart...named to the 2006-07 ACC Academic

Sitting Down With Solarz
Academic Major at Carolina: Chemistry
Career Plans: Undetermined
Hobbies: Tennis, Reading
Athlete I Most Admire: Dan Hathcock
Biggest Sports Thrill: Finaling at zone meet last year
Person Who Has Had The Greatest Influence on My Athletic Career: My club coach, Jeff Arnold
Favorite Book: Catcher in the Rye, Harry Potter series
Favorite Magazine: The Economist
Favorite Food: Chipotle
Favorite Movie: Napoleon Dynamite
Favorite TV Show: SportsCenter
Favorite Website to Visit: TarHeelBlue.com
City I've Never Been To But Want To Visit: Nairobi
Entertainment Figure I'd Most Like To Have Dinner With: Jack Bauer



Honor Roll...merited a spot in the UNC Dean's List in both semesters of the 2006-07 school year.

Prep: Graduated on June 10, 2006 from Westlake High School...dove and also swam the backstroke for four years on his high school team...was a hurdler and pole vaulter on the track team for three years...also played a year of tennis...a first-team All-America and first-team All-State selection in diving...Junior National qualifier...sectional and district champion and conference record holder...captain of team and scholar-athlete award winner...led swimming team to conference championship...as a pole vaulter he was first-team All-Conference and a district and regional qualifier...AP scholar...graduated Summa Cum Laude...National Honor Society member.

Personal: Given name is David Alan Solarz...son of Mike and Martha Solarz...was born September 15, 1987 in Fairview, Ohio...has one brother, Mike, 18, and two sisters, Sarah, 17, and Julie 12.



Michael WILSON
Sophomore, 5-10
Diving
Atlanta, Ga.

Career Best Scores: 273.98 in one-meter dual meet; 190.85 in one-meter championship meet; 288.98 in three-meter dual meet; 262.57 in three-meter championship meet

General: One of the top returning sopomores for the Tar Heels...a significant contributor to the men's diving squad...will redshirt during the 2007-08 due to injury.

2006-07: Competed at ACC Championships on both the one-meter and three-meter boards...placed 16th in the three-meter...earned his season best for a dual meet on the one-meter in the meet against Maryland...scored a season high on the three-meter



SOPHOMORE & FRESHMAN MEN'S BIOS

versus Maryland also...finished 16th on the three-meter board at Nike Cup.

Prep: Graduated from Dunwoody High School on May 26, 2006...four-year diving letterman there...All-America selection his junior and senior years...qualified for nationals in 2004...2003-04 Georgia All-Star selection...broke Dunwoody and DeKalb County diving records in 2005-06...won the county championship his senior season...captained the swimming and diving team as a senior.

Personal: Given name is Michael Ross Wilson...nicknamed Flo...son of Raymond and Jody Wilson...was born August 9, 1988 in Atlanta, Ga....has two brothers, Blake, 16, and Jordan, 12, and one sister, Robin, 22.

The Wikipedia on Wilson

Academic Major at Carolina: Undeclared

Career Plans: Undetermined

Hobbies: Fishing

Athlete I Most Admire: Aramis Ramirez

Biggest Sports Thrill: Beating Duke at everything

Person Who Has Had The Greatest Influence on My Athletic Career: Grant Segal and John Ames

Favorite Book: Tales From The Dugout

Favorite Magazine: ESPN The Magazine

Favorite Food: Cheeseburgers

Favorite Movie: Knocked Up

Favorite TV Show: Scrubs

Favorite Website to Visit:

www.prosportsdaily.com

City I've Never Been To But Want To Visit: Cape Town, South Africa

Entertainment Figure I'd Most Like To Have Dinner With: Bob Marley



**Andy
BRAKE**

**Freshman, 6-0
IM, Fly
Springfield, Va.**

Career Best Times: 1:50.82 in the 200-yard individual medley; 3:51.79 in the 400-yard individual medley; 51.40 in 100-yard butterfly; 1:49.76 in 200-yard butterfly; 51.98 in 100-yard backstroke; 2:05.37 in the 200-yard breaststroke.

General: Highly-recruited prospect from the Washington, D.C. area...a very versatile swimmer who will primarily swim IM events and the butterfly...also a top flight backstroker and breaststroker...his career best time in the 400 IM coming out of high school would rank him fourth on the UNC all-time depth chart in the event.

The Andy Annals

Academic Major at Carolina: Undeclared

Career Plans: Undetermined

Hobbies: Music, Reading

Athlete I Most Admire: Tiger Woods

Biggest Sports Thrill: Winning all-star relays with my summer league team

Person Who Has Had The Greatest Influence on My Athletic Career: My Parents

Favorite Book: Inferno

Favorite Magazine: Rolling Stone

Favorite Food: Lamb

Favorite Movie: Requiem for a Dream

Favorite TV Show: South Park

City I've Never Been To But Want To Visit: San Diego, Calif.

Entertainment Figure I'd Most Like To Have Dinner With: Bob Dylan



Prep: Graduated on August 13, 2007 from Lake Braddock High School in Burke, Va....a four-year swimming letterman in high school...swam for seven years with the Curl-Burke Swim Club, specializing in the IM, fly and breast...his high school team finished in second place three years in a row at the state championship meet...individually he won the 200 IM at the state meet two years in a row and set a state record in the process...was the team captain...a high school All-America...made NCSA all-star team.

Personal: Full name is Andrew Jeffrey Brake...the son of Jeff and Marlene Brake...was born September 20, 1988 at Andrews Air Force Base in Maryland...has one sister, Meghan, 23.



**Robert
GRIMMETT-
NORRIS**

**Freshman, 6-1
Fly, Free
Herdon, Va.**

Career Best Times: 49.55 in 100-yard butterfly; 1:49.74 in 200-yard butterfly; 1:41.35 in 200-yard freestyle; 4:34.28 in 500-yard freestyle; 9:27.84 in 1000-yard freestyle.

General: Another top freshman recruit from the Washington, D.C. region...comes to Carolina as a talented butterflyer and middle distance and distance freestyler.

Prep: Participated in club swimming for 11 years and high school swimming for four years...a graduate of Georgetown Preparatory School in North Bethesda, Md....was captain of swim team at Georgetown Prep...Potomac Valley Swimming Swimmer of the Year in 2000 and 2004 for his age group...a four-year high school All-America selection...earned first and second academic honors in high school...U.S. Swimming senior national qualifier in the 100 fly and junior national qualifier in the 200 fly and 200 free...was a team member of the NCSA junior national all-star team.

Personal: Given name is Robert Wade Grimmett-Norris...the son of Sally Grimmett and Drury Norris...was born July 10, 1989 in Watford, England...has two brothers, Michael, 15, and Christopher, 12.



Rapping With Robert

Academic Major at Carolina: History
Career Plans: Attend law school and become and attorney

Hobbies: Xbox

Athlete I Most Admire: Michael Jordan

Biggest Sports Thrill: Winning the 2007 Metros High School Championship

Person Who Has Had The Greatest Influence on My Athletic Career: The head coach of my club team, Tim Kelly

Favorite Book: Demons and Angels

Favorite Magazine: Car and Driver

Favorite Food: All Foods

Favorite Movie: Ace Ventura — When Nature Calls

Favorite TV Show: The Office

Favorite Website To Visit: collegesswimming.com

City I've Never Been To But Want To Visit: Cape Town, South Africa

Entertainment Figure I'd Most Like To Have Dinner With: Jeff James



Josh HAFKIN

**Freshman, 6-1
Back, Free
Rockville, Md.**

Career Best Times: 48.11 in 100-yard backstroke; 1:46.36 in 200-yard backstroke; 20.73 in 50-yard freestyle; 46.25 in 100-yard freestyle

General: One of the nation's top high school backstrokers over the past several years...enrolls at Carolina with a career best time in the 100 back just .01 of a second off the Tar Heel school record...his personal best in the 200-yard back would rank No. 3 on the UNC all-time depth chart.

Prep: Graduated in May 2007 from Georgetown Preparatory School in North Bethesda, Md...three-year swimming letterman for

Habits of Hafkin

Academic Major at Carolina: Undeclared

Career Plans: Undetermined

Hobbies: Star Wars cards

Athlete I Most Admire: Tiger Woods

Biggest Sports Thrill: Coming from behind to win the 4x100 freestyle relay against our arch rival Gonzaga

Person Who Has Had The Greatest Influence on My Athletic Career: My club coach, Jim Williams

Favorite Book: Gold in the Water by P.H. Mullen; The Peaceful Warrior by Dan Millman

Favorite Magazine: Sports Illustrated

Favorite Food: Anything from California Pizza Kitchen

Favorite Movie: Spaceballs

Favorite TV Show: Scrubs

Favorite Website To Visit: Facebook

City I've Never Been To But Want To Visit: Rapa Nui, Easter Island

Entertainment Figure I'd Most Like To Have Dinner With: Megan Fox

Georgetown Prep...lettered as a freshman in swimming at Bullis School...15-time high school All-America, nine times as an individual and six times on relay teams...four-year All-Interstate Athletic Conference selection...four-year Washington Post All-Met Team and the paper's All-Met Swimmer of the Year in 2006 and 2007...four-time Montgomery County All-Gazette swimming and diving team selection, winning the paper's swimmer of the year accolade in '06 and '07...named to All-Washington Examiner swimming and diving team four years and was its swimmer of the year as a junior and senior...team captain of Georgetown Prep in 2006-07 season...led his high school to three metro team championships...won the metro outstanding performance award...National Catholic Championships Swimmer of the Meet in 2006...Washington Metropolitan Prep School Swim and Dive League swimmer of the year selection...also competed for Potomac Valley Swimming club team and the Rockville Montgomery Swim Club...an Olympic Trials qualifier...2006 U.S. Swimming National Junior Team member...named to 2005 U.S. Macabiah Games team...chosen for 2003 U.S. Swimming National Select Camp...copped a spot on the 2007 National Club Swimming Association All-America Team...Potomac Valley Swimming swimmer of the year for his age group in 2002, 2003, 2004, 2005, 2006 and 2007...swam the backstroke leg of a national age group record medley relay team...led the Rockville Montgomery Swim Club to a junior national championship in 2007...holds 32 RMSC records

Personal: Given name is Joshua Victor Hafkin...the son of Nancy and Marc Hafkin...has one brother, Jake, 24, and one sister, Bridget, 33.



Tyler HARRIS

**Freshman, 5-10
IM, Fly, Breast, Free
Richmond, Va.**

Career Best Times: 1:51.69 in 200-yard individual medley; 3:50.58 in 400-yard individual medley (School Record); 1:47.75 in 200-yard butterfly; 2:01.87 in 200-yard breaststroke; 4:29.09 in 500-yard freestyle; 9:14.36 in 1000-yard freestyle; 15:35.73 in 1650-yard freestyle

General: Clearly one of the most versatile swimmer to enroll at Carolina in many years...school record holder in fall of his freshman year in the 400 IM at 3:50.58...he is a tremendous IM specialist but also brings to Carolina great times in the 200 fly, 200 breast and the distance freestyle events...finished in the 400 IM at 2007 summer senior nationals, taking 15th place...200 fly career best would rank 8th in UNC history.

Prep: A June 2007 graduate of The Steward School...a four-year swimming letterman there...competed in club swimming for Poseidon Swimming...has attained U.S. Swimming

The Tale of Tyler

Academic Major at Carolina: Undeclared, but most likely business

Career Plans: To do something that involves traveling

Hobbies: Sitting around, hanging around with friends, fishing

Athlete I Most Admire: Lance Armstrong

Biggest Sports Thrill: Making my first Olympic Trials cuts

Person Who Has Had The Greatest Influence on My Athletic Career: My club coach, Ted Sallade

Favorite Book: Oh, The Places You'll Go

Favorite Magazine: ESPN The Magazine

Favorite Food: Barbeque Sandwiches

Favorite Movie: Men of Honor

Favorite TV Show: The Office

Favorite Website To Visit: ESPN.com

City I've Never Been To But Want To Visit: Aspen, Colo.

Entertainment Figure I'd Most Like To Have Dinner With: Bear Grylls of Man vs. Wild





FRESHMAN MEN'S BIOS

senior national qualifying times in the 200 breast, 200 fly, 200 IM, 800 free, 400 free and 400 IM...has already qualified for the 2008 Olympic Trials in the 200 IM, 400 IM and 200 fly...Richmond Times-Dispatch 2007 Scholar-Athlete of the Year finalist...was named by the paper as its 2007 high school male swimmer of the year...broke Virginia 17-18 age group records in both the 200-yard fly at 1:47.75 and 200-meter fly at 2:02.52...a Scholastic All-America selection...qualifier for U.S. Junior Nationals in 11 events, including at least one each freestyle, backstroke, butterfly and breaststroke event...attended 2006 U.S. Swimming National Select Camp...March 2007 Richmond Times-Dispatch athlete of the month...honor roll student...member of FCA and treasurer of National Honor Society.

Personal: Given name is William Tyler Harris...is the son of Chip and Bev Harris...was born September 23, 1988 in Los Angeles, Calif. ...has one sister, Somer, age 12.

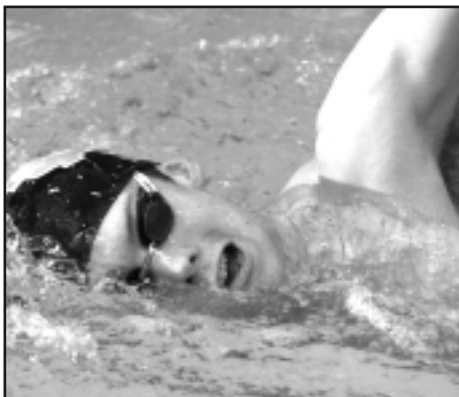


Alex ISMAIL
Freshman, 6-2
Freestyle
Zionsville, Ind.

Career Best Times: 21.67 in 50-yard freestyle; 46.58 in 100-yard freestyle; 1:41.17 in 200-yard freestyle; 4:38.90 in 500-yard freestyle.

General: Outstanding sprint and middle distance freestyle prospect from the Hoosier State...is only the second men's swimmer from Indiana to enroll at Carolina in the past three decades, joining Chad Ames of Crawfordsville (2003-06).

Prep: Graduated in June 2006 from Zionsville Community High School, just northwest of Indianapolis in Boone County...swam for the Eagles swimming team for four years and played soccer one year...captain of the team from 2005-07...three-time state high school qualifier in the 200-yard freestyle, finishing 17th as a sophomore, sixth as a junior and third as a senior...finished third in the state meet as a senior in the 100-yard freestyle after placing 15th as a junior...led Zionsville 200 free relay



team to ninth place finish as senior and 400 free relays to seventh his senior year and 12th his junior year...ZCHS record holder in the 100, 200, 500 freestyles, 100 back and as member of 200 medley, 200 freestyle and 400 freestyle relay squads...team MVP all four years...coached by Charlie Fry at the Washington Township Swim Club in Indianapolis...junior national qualifier in the 50, 100, 200 and 400-meter freestyles as well as the 200 back and on 400 free, 400 medley and 800 free relay units...senior national qualifier on 400 medley and 800 freestyle relay teams...member of National Honor Society and Spanish Honor Society...participated in PEER facilitating with elementary and middle school students.

Personal: Full name is Alexander Rashad Ismail...son of Richard Ismail and Betsy Ismail...was born April 3, 1989 in Cincinnati, Ohio...has one sister, Alison, 13.

Ismail Info

Academic Major at Carolina: International Area Studies

Career Plans: Undetermined

Hobbies: Reading, World War II history, watching sports, listening to music, biking

Athlete I Most Admire: Tom Dolan

Biggest Sports Thrill: Swimming in the finals of the Indiana State High School Athletic Association swimming championships

Person Who Has Had The Greatest Influence on My Athletic Career: Former Washington Township Swim Club coach Mark Hesse

Favorite Book: It's Not About the Bike by Lance Armstrong

Favorite Magazine: Sports Illustrated

Favorite Food: Spaghetti

Favorite Movie: Forrest Gump

Favorite TV Show: The Office, Scrubs

Favorite Website To Visit: Facebook.com

City I've Never Been To But Want To Visit: Alexandria, Egypt

Entertainment Figure I'd Most Like To Have Dinner With: Jon Stewart



Flynn JONES
Freshman, 6-0
Breaststroke
Cary, N.C.

Career Best Times: 1:00.20 in 100-yard breaststroke; 2:11.38 in 200-yard breaststroke.

General: A walk-on breastroker from the Raleigh area...comes from a family of life-long Carolina fans.

Prep: A 2007 graduate of Green Hope High School...was a member of the swimming team there for four years and the soccer team for two years...was the team's MVP three years and coaches award once...Tri-8 All-Conference selection...team captain as a junior and a senior...member of Spanish National Honor

Flynn Facts

Academic Major at Carolina: Undeclared

Career Plans: Undetermined

Hobbies: Tennis, sleeping

Athlete I Most Admire: Tiger Woods

Biggest Sports Thrill: Any race I've ever won

Person Who Has Had The Greatest Influence on My Athletic Career: My parents

Favorite Book: Catcher in the Rye

Favorite Magazine: ESPN The Magazine

Favorite Food: Steak

Favorite Movie: Zoolander

Favorite TV Show: Chappelle's Show, Reno 911

Favorite Website To Visit: ESPN.com

City I've Never Been To But Want To Visit: Rio de Janeiro

Entertainment Figure I'd Most Like To Have Dinner With: Dr. Dre

Society.

Personal: Given name is Michael Flynn Jones...son of Pete and Mary Jones...was born August 17, 1989 in Raleigh, N.C. ...has one sister, Amelia.



Joe KINDERWATER
Freshman, 5-11
Freestyle
Lancaster, Pa.

Career Best Times: 4:26.80 in 500-yard freestyle; 9:10.46 in 1000-yard freestyle (4th in school history); 15:09.19 in 1650-yard freestyle (4th in school history).

General: One of the nation's top distance freestylers coming out of the high school ranks in 2006-07...finished third in the 2007 U.S. 10k Open Water Swimming World Championship Trials...that earned him a spot in the 2008 Open Water World Championships in Seville, Spain in the 5k race...was the ninth place finisher last spring in the 5K event at the U.S. Championships so he showed great improvement in just a few months after recently taking up the event...finalized in two events at the 2007 U.S. Swimming summer nationals, placing seventh in the 1500-meter freestyle and 12th



in the 800-meter freestyle.

Prep: Graduated from Hempfield High School in Landisville, Pa. on June 5, 2007...swam four years for his high school team and a 200 and 500 freestyler and 200 IMer...a brilliant swimmer in the distance freestyle events from ages 9-18 for the Trident Swim Club...2007 Pennsylvania state champion in the 500 free...a high school All-America in the 500 free his sophomore through senior campaigns...All-State selection in the 500 free and 200 IM in 2005, '06 and '07...captained his high school and club teams in 2007...member of U.S. Swimming 2007 National Junior squad...Olympics Trials qualifier for 2008...a high school academic All-America...National Honor Society member...member of National Foreign Language Honors Society.

Personal: Given name is Josef Henry Kinderwater...son of Craig and Pamela Kinderwater...was born March 31, 1989 in Baltimore, Md. ...has one sister, Kate, 15.

The Kinder Code

Academic Major at Carolina: Something in the field of science

Career Plans: To become a pediatrician

Hobbies: Traveling, cooking, going to the beach, tennis

Athlete I Most Admire: Tom Dolan

Biggest Sports Thrill: Getting my first Olympic Trials

Person Who Has Had The Greatest Influence on My Athletic Career: Coach Peter Clark

Favorite Book: The Outsiders

Favorite Magazine: Sports Illustrated

Favorite Food: Everything

Favorite Movie: Home Alone, Oceans 11

Favorite TV Show: House

Favorite Website To Visit: TarHeelBlue.com

City I've Never Been To But Want To Visit: Seattle

Entertainment Figure I'd Most Like To Have Dinner With: Jack Black



David MacDonald

**Freshman, 5-7
Diving
Darien, Conn.**



General: Incoming freshman diver who will redshirt during the 2007-08 campaign.

Prep: Graduated from Darien High School in 2007...three-time high school All-America...four-time Connecticut high school diving champion...YMCA national diving champion at 1m and 3m springboard events...competed in Eastern Nationals and Speedos Nationals.

Personal: Full name is David James MacDonald...son of Tom and Deb MacDonald...was born February 3, 1989 in Minneapolis, Minn. ...has one sister, Kim, 23.

Detailing David

Academic Major at Carolina: Undeclared

Career Plans: No Idea

Hobbies: Snowboarding, Chess, Music, Football, Studying

Athlete I Most Admire: Reggie White

Biggest Sports Thrill: Winning the high school state diving championships for the 4th year in row

Person Who Has Had The Greatest Influence on My Athletic Career: The

head coach of my club team Joe Somma

Favorite Book: Angels and Demons

Favorite Magazine: Snowboarder

Favorite Food: Pancakes

Favorite Movie: Friday

Favorite TV Show: South Park

Favorite Website To Visit: Oprah.com

City I've Never Been To But Want To Visit: Sidney, Australia

Entertainment Figure I'd Most Like To Have Dinner With: Bruce Bruce



Nicholas Marsden

**Freshman, 5-11
Freestyle
Carlsbad, Calif.**



Career Best Times: 22.76 in 50-yard freestyle; 47.59 in 100-yard freestyle; 1:44.37 in 200-yard freestyle; 4:44.01 in 500-yard freestyle

General: Outstanding sprint and middle distance freestyler who will add depth to the Tar Heel team in 2007-08.

Prep: Graduated on June 14, 2007 from Carlsbad High School...was a driver on the water polo team for two years and swam the 50, 100, 200 and 500 freestyles for the swimming team...competed on four teams which won California Interscholastic Federation championships...as a senior he finished third in the district in the 50 free and fifth in the 100 free...graduated with honors...a National Hispanic Scholar...four-year scholar-athlete award winner.

Personal: Full name is Nicholas Brant Marsden...the son of Michael and Clara Marsden...was born May 16, 1989 in Grand Forks, N.D. has one brother, Matthew, 15, and one sister, Marianna, 10.

Nicholas Notes

Academic Major at Carolina: Undeclared

Career Plans: Undetermined

Hobbies: Swimming, wakeboarding, water skiing, snowboarding, surfing

Athlete I Most Admire: LaDanian Tomlinson of the San Diego Chargers

Biggest Sports Thrill: Speed on any kind of board

Person Who Has Had The Greatest Influence on My Athletic Career: My Dad

Favorite Book: Huckleberry Finn

Favorite Magazine: Surfer

Favorite Food: Ice Cream

Favorite Movie: The Bourne Trilogy

Favorite TV Show: Who's Line Is It Anyway

Favorite Website To Visit: Facebook

City I've Never Been To But Want To Visit: Athens, Greece

Entertainment Figure I'd Most Like To Have

Dinner With: Ryan Styles, Colin Mockery, Wayne Brady





FRESHMAN MEN'S BIOS



**Isaac
O'HARE**

**Freshman, 6-0
Freestyle
Greensboro, N.C.**

Career Best Times: 21.58 in 50-yard freestyle; 47.75 in 100-yard freestyle.

General: In-state prospect who will add good depth to the Tar Heels' sprint freestyle group in 2007-08.

Prep: Graduated from Grimsely High School on June 10, 2007...was a freestyle sprinter on the Whirlies' swimming team for four years...also played football one year as a quarterback and wide receiver...led Grimsely team to conference championships his sophomore through junior years...was named All-Conference four years...also an All-Region, All-State and All-America accolades...member of 200 freestyle relay state record setting team...co-conference swimmer of the years...graduated Summa Cum Laude...National Honor Society member...president of Pep Club...played on water polo club...elected to Student Council.

Personal: Full name is Isaac Benjamin O'Hare...son of Rick and Becky O'Hare...was



The Ink on Isaac

Academic Major at Carolina: Business

Career Plans: Sports Marketing

Hobbies: Football, Basketball, Water Polo, Water Basketball

Athlete I Most Admire: Brett Favre of the Green Bay Packers

Biggest Sports Thrill: Scoring my first touchdown in football and setting the state record on the 200 free relay team

Person Who Has Had The Greatest Influence on My Athletic Career: My Dad

Favorite Book: The Count of Monte Cristo

Favorite Magazine: Sports Illustrated

Favorite Food: Burritos

Favorite Movie: Shawshank Redemption, Dumb and Dumber

Favorite TV Show: ESPNsportsCenter

Favorite Website To Visit: YouTube.com

City I've Never Been To But Want To Visit: Green Bay, Wisconsin

Entertainment Figure I'd Most Like To Have Dinner With: Brett Favre

born July 5, 1989 in Greensboro, N.C....has three brothers, Aaron, 24, Micah, 19, Joshua, 12, and two sisters, Hannah, 22, and Eliza, 16.



**Vinny
PRYOR**

**Freshman, 6-2
Breast, IM
Jaffrey, N.H.**

Career Best Times: 56.89 in 100-yard breaststroke; 2:02.16 in 200-yard breaststroke (10th in school history); 1:51.72 in 200-yard individual medley.

General: An outstanding addition to Carolina's breaststroking corps...will also add to the depth to the IM group...showed tremendous improvement in practice and fall semester competitions.

Prep: Graduated from Conant High School on June 16, 2006...competed in club swimming

The Veracity of Vinny

Academic Major at Carolina: Undeclared

Career Plans: Undetermined

Hobbies: Reading, Writing, Ultimate Frisbee, Mountain Biking

Athlete I Most Admire: Michael Jordan

Biggest Sports Thrill: Head-to-head competition

Person Who Has Had The Greatest Influence on My Athletic Career: Don Lemieux

Favorite Book: To Kill a Mockingbird

Favorite Magazine: Splash

Favorite Food: Steak

Favorite Movie: The Godfather, The Departed, Sin City

Favorite TV Show: ESPNsportsCenter

Favorite Website To Visit: facebook.com, ebaumsworld.com, usaswimming.com, collegeswimming.com

City I've Never Been To But Want To Visit: Rome, Italy

Entertainment Figure I'd Most Like To Have Dinner With: Method Man



for 15 years in the 100 breast, 200 breast and 200 IM...swam on high school team as a sophomore and junior and cross country team as freshman and sophomore...won state championships in the 200 free relay, 200 IM and 500 freestyle...a high school All-America in the 200 IM

Personal: Full name is Walter Vincent Pryor, III...son of Walt and Carol Pryor...was born March 9, 1988 in Orlando, Fla....has one brother, Michael, 17, and one sister, Katy 22.



**Tyler
SMITH**

**Freshman, 6-2
Back, Fly, Free
Lighthouse Point, Fla.**

Career Best Times: 50.12 in the 100-yard butterfly; 52.02 in the 100-yard backstroke; 21.57 in the 50-yard freestyle; 48.26 in the 100-yard freestyle.

General: Solid freshman addition to UNC's freshman recruiting class...swims good times in the 100 fly and 100 back...also swims the

Targeting Tyler

Academic Major at Carolina: Business

Career Plans: Undetermined

Hobbies: Fishing, Surfing, Wakeboarding, Hunting, Tubing, Paintball

Athlete I Most Admire: Gary Hall, Jr.

Biggest Sports Thrill: Getting an All-America time in the 100 fly at regionals last year

Person Who Has Had The Greatest Influence on My Athletic Career: My coach, Jay Fitzgerald

Favorite Book: Splinter Cell

Favorite Food: Sticky Date Pudding

Favorite Movie: Flight Club

Favorite TV Show: The Unit

Favorite Website To Visit: Facebook

City I've Never Been To But Want To Visit: Boston, Mass.

Entertainment Figure I'd Most Like To Have Dinner With: Jim Gaffigan



freestyle sprints.

Prep: Graduated from the Pine Crest School in 2007...participated on the swimming team there in the sprint events in the fly, free and back...team captain...high school All-America selection.

Personal: Given name is Tyler Dustin Smith...son of Dennis and Mary Smith...was born July 9, 1988 in Fort Lauderdale, Fla....has one sister, Claire, 21.



Chandler THOMAS

**Freshman, 6-0
Breast
Charlotte, N.C.**

Career Best Times: 59.56 in 100-yard breaststroke; 2:09.47 in 200-yard breaststroke.

General: In-state recruit who will figure in the mix in the breaststroke events.

Prep: Graduated from South Mecklenburg High School on June 11, 2007...four-year letterman on the SMHS varsity swimming team...competed for the Mecklenburg Aquatic Club since 2000 in the 100 and 200 breast events...led South Meck swimming team to state runnerup finishes in 2006 and '07...member of 2007 state champion 200 medley relay squad...2007 state champion in the 100 breast...three-time scholastic All-America from 2005-07...member of National Honor Society and National Technical Honor Society...four-year honor roll member...2006 All-Mecklenburg County second-team selection in 100 breast...All-Charlotte Observer and All-Mecklenburg County first-team selection in the 100 breast in 2007...swam on All-America and school-record holding 200 medley relay team in 2006...2006 MAC coaches award winner.

Personal: Full name is Chandler Page Thomas...son of Tamera Thomas and Randy

The Thomas Tome

Academic Major at Carolina: Undeclared

Career Plans: Undetermined

Hobbies: Basketball, Football, Watching Sports

Athlete I Most Admire: Steve Smith, Vince Carter

Biggest Sports Thrill: Watching Brendan Hansen's world record performance in the 200-meter breaststroke at the 2006 Nationals

Person Who Has Had The Greatest Influence on My Athletic Career: My Parents;

Russ Kasl, my MAC coach for three years

Favorite Book: The DaVinci Code

Favorite Magazine: Sports Illustrated

Favorite Food: Steak, ribs, potatoes

Favorite Movie: Top Gun

Favorite TV Show: ESPN SportsCenter

Favorite Website To Visit: www.NFL.com

City I've Never Been To But Want To Visit: Sydney, Australia

Entertainment Figure I'd Most Like To Have Dinner With: Denzel Washington



Thomas...was born September 6, 1989 in Charlotte, N.C....has one brother, Randy, 29, and three sisters, Maigen, 26, Amy 21, and Kelsey, 13.



Zack VANCE

**Freshman, 6-0
Freestyle
Raleigh, N.C.**

Career Best Times: 21.77 in 50-yard freestyle; 48.52 in 100-yard freestyle.

General: In-state freestyle sprinter who will add depth in the 50 and 100 freestyles.

Prep: A 2007 alumnus of Leesville Road High School...four-year swimming letterman there in the 100 free, 200 free, 200 IM and 100 breaststroke...team captain and four-year letterman...swam on a state champion 200 freestyle relay team...that 200 free relay



Zack's Zip Drive

Academic Major at Carolina: Undeclared

Career Plans: I would like to do CIA work

Hobbies: Fishing, Volleyball, Cross Pool

Athlete I Most Admire: Tiger Woods

Biggest Sports Thrill: Winning 200 free relay at high school state meet

Person Who Has Had The Greatest Influence on My Athletic Career: Ed Lower

Favorite Book: The Last Open Road

Favorite Magazine: Time

Favorite Food: Popcorn Shrimp

Favorite Movie: Apocalypse Now

Favorite TV Show: Modern Marvels

Favorite Website To Visit: Facebook

City I've Never Been To But Want To Visit: Paris, France

Entertainment Figure I'd Most Like To Have Dinner With: Robert Redford

earned All-America status...won the coaches award in 2005.

Personal: Given name is Zachary Ryle Vance...son of Maggie and Jeff Vance...has one sister, Abby, 15.



Tommy WYHER

**Freshman, 6-4
Fly, Back, Free
New Port Richey, Fla.**

Career Best Times: 20.87 in 50-yard freestyle; 45.41 in 100-yard freestyle; 48.86 in 100-yard backstroke; 1:49.08 in 200-yard backstroke; 48.13 in 100-yard butterfly

General: Prized recruit who is an incredibly versatile swimmer...outstanding sprint freestyler...excels at both backstroke distances and is an excellent 100-yard butterfly...comes out of high school with a personal best time in the 100 back which would rank third on Car-

The Whys of Wyher

Academic Major at Carolina: Undeclared

Career Plans: Something that makes me happy

Hobbies: Sports

Athlete I Most Admire: Robert Margalis, Shawn Kemp

Biggest Sports Thrill: Winning the 100 butterfly as a sophomore at the Florida high school state championships from lane eight against the rest of the field which was all seniors

Person Who Has Had The Greatest Influence on My Athletic Career: My grandparents and my high school coach Bill Shaffer

Favorite Book: Catcher in the Rye

Favorite Food: Peanut Butter

Favorite Movie: Zoolander

Favorite TV Show: Rescue Me

Favorite Website To Visit: Facebook

City I've Never Been To But Want To Visit: Edinburgh, Scotland

Entertainment Figure I'd Most Like To Have Dinner With: Jessica Alba



olina's all-time depth chart...his career best in the 100 fly would rank fifth on the Tar Heels' all-time depth chart...his fall semester times now rank him No. 4 in the 100 back in school history at 49.20 and No. 8 in the 100 fly at 48.94.

Prep: Graduated from Jesuit High School in Tampa, Fla. on May 24, 2007...an outstanding swimmer and basketball player...competed in club swimming for 13 years and played AAU basketball for five years...swam in high school for four years in the sprint freestyle, backstroke and butterfly...played high school basketball for three years as a center and forward...six-time junior national champion...junior national record holder in the 50-yard butterfly...received 13 high school All-America citations...a two-time high school academic All-America choice...U.S. Nationals qualifier and Olympic Trials qualifier...2006 Florida Swimmer of the Year...swam on Tampa Bay Aquatics club team which won long course junior national championship...member of National Honor Society and Spanish Honor Society...logged over 200 hours of hospital volunteer work during high school.

Personal: Full name is Tommy Jason Wyher...son of Donald and Maria Wyher...was born October 17, 1988 in New Port Richey, Fla.



David ZOLNO

**Freshman, 6-1
Freestyle
Austin, Texas**

Career Best Times: 21.10 in 50-yard freestyle; 46.12 in 100-yard freestyle; 1:43.79 in 200-yard freestyle

General: Will add depth and talent to the Tar Heels' freestyle sprinting corps.

Prep: Graduated on May 25, 2007 from Westlake High School...played one year of basket-

Details of David

Academic Major at Carolina: Business or Political Science

Career Plans: Law, Business or Architecture
Hobbies: Hanging out with friends, poker, basketball, golf

Athlete I Most Admire: Lance Armstrong

Biggest Sports Thrill: Winning the men's Texas 5A high school state championship my junior year.

Person Who Has Had The Greatest Influence on My Athletic Career: My parents

Favorite Book: To Kill a Mockingbird, Devil in the White City

Favorite Magazine: Sports Illustrated

Favorite Food: Filet Mignon

Favorite Movie: Crash

Favorite TV Show: Entourage

Favorite Website To Visit: Facebook

City I've Never Been To But Want To Visit: Santerini

Entertainment Figure I'd Most Like To Have Dinner With: Morgan Freeman

ball as a shooting guard...swam on the high school four years in the three sprint free events and 100 breast...earned 10 high school All-America citations and 11-time All-State selection...qualified for Texas 5A state championships his sophomore through senior years...led Westlake to state title his junior year...swam on 200 free relay which took first in state and was ranked No. 1 in the nation his junior year...also member of second-ranked 400 free relay...was seventh in state meet his junior year in the 50...as a senior placed fifth in the 100 free and sixth in the 50 free...swam on second-place 200 medley relay squad...with Longhorn Aquatics was leadoff swimmer on 200 and 400 free relays which took first place and set meet records at the 2006 Junior Nationals...the 200 free relay also set the 15-18 national age group record in the event...made the B final of the 50 free...at 2007 Junior Nationals led 400 free relay which broke Longhorn's own meet record set the year before and established 15-18 national age group record again...member of National Honor Society and Mu Alpha Theta math honors society...graduated in Top 10 percent of class...USA Swimming Scholastic All-America for three years...NISCA academic All-America...VASE all-state finalist for ceramics.

Personal: Full name is David James Bresette Zolno...nicknamed Z...son of Ron and Lida Zolno...was born September 23, 1988 in Houston, Texas



Janis Hape Dowd Nike Cup Men's and Women's Year-by-Year Team Finishes

CAROLINA MEN

Year	Champion
1986	1st Place (4 teams)
1987	No Meet
1988	2nd Place (9 teams)
1989	No Meet
1990	No Meet
1991	Meet held; no team scores kept
1992	2nd Place (6 teams)
1993	2nd Place (8 teams)
1994	3rd Place (8 teams)
1995	3rd Place (11 teams)
1996	2nd Place (12 teams), 835 points
1997	2nd Place (12 teams), 630 points
1998	1st Place (12 teams), 1,016 points
1999	1st Place (11 teams), 1,072 points
2000	1st Place (14 teams), 1,113 points
2001	1st Place (8 teams), 874 points
2002	1st Place (9 teams), 757 points
2003	2nd Place (10 teams), 595 points
2004	1st Place (6 teams), 1,170.5 points
2005	2nd Place (7 teams), 862.5 points
2006	5th Place (10 teams), 567 points
2007	3rd Place (7 teams), 716 points

CAROLINA WOMEN

Year	Champion
1986	1st Place (6 teams)
1987	No Meet
1988	1st Place (10 teams)
1989	No Meet
1990	No Meet
1991	No Team Scores Kept
1992	5th Place (6 teams)
1993	2nd Place (8 teams)
1994	4th Place (9 teams)
1995	2nd Place (8 teams)
1996	1st Place (11 teams), 1,120.5 points
1997	2nd Place (12 teams), 874 points
1998	2nd Place (12 teams), 724 points
1999	1st Place (11 teams), 1,261 points
2000	1st Place (13 teams), 1,161.5 points
2001	1st Place (8 teams), 875 points
2002	1st Place (10 teams), 959 points
2003	1st Place (10 teams), 884 points
2004	2nd Place (8 teams), 804 points
2005	1st Place (7 teams), 883.5 points
2006	2nd Place (9 teams), 711 points
2007	1st Place (7 teams), 1,057 points



**Laura
FILIP**
Senior, 5-5
Diving
Durham, N.C.



Career Best Scores: 287.78 in one-meter dual meet; 280.45 in one-meter championship (school record); 302.92 in three-meter dual meet; 286.10 in three-meter championship; 175.65 in platform diving (school record).

General: Three-year letter winner who will return for her senior campaign as one of Carolina's top women's diver...participates in ACC Outreach program...graduate of the Carolina Leadership Academy...member of UNC's Student-Athlete Advisory Committee.

2006-07: Placed third at the ACC Championships on the one-meter board with a school record championship meet score of 280.45...finished fourth at ACC's on the three-meter board, achieving a career-high 286.10 points...set career best scores for dual meet competition on the one-meter board versus Maryland and on the three-meter board in the meet against Johns Hopkins...honored as an All-Conference Performer for the one-meter board...named to 2006-07 ACC Academic Honor Roll...spring 2007 Dean's List selection...won the team's most improved performer award...also captured the squad's David McNinis Diving Award.

2005-06: Scored her first career point at ACC's with a 16th-place finish on the three-meter board...also competed on the one-meter board, taking 23rd with a score of 186.20 in the preliminaries...had her best meet of the year with a pair of fourth place finishes at Duke including a season best score of 262.57 on the one-meter...named to the 2005-06 ACC Academic Honor Roll.

2004-05: Competed on the exhibition level in her first ACC Championships...garnered the second-best exhibition score on the one-meter board...posted a 364.55 score on the three-meter board, also the second-best from an ex-

Learning About Laura

Academic Major at Carolina: Journalism and Mass Communication & Communication Studies

Career Plans: Sports Marketing and Promotions

Hobbies: Reading, Arts, Crafts

Biggest Sports Thrill: Winning ACC's last year at Koury Natatorium

Person Who Has Had The Greatest Influence on My Athletic Career: My Family

Favorite Book: Can You Keep A Secret?

Favorite Magazine: People

Favorite Food: Sushi

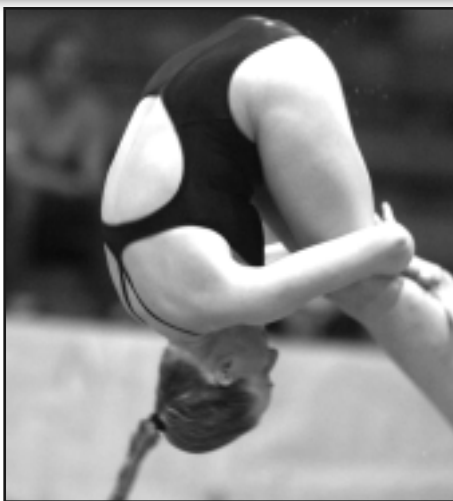
Favorite Movie: Double Jeopardy

Favorite TV Show: ESPN SportsCenter

Favorite Website To Visit: Facebook

City I've Never Been To But Want To Visit: Paris, France

Entertainment Figure I'd Most Like To Have Dinner With: David Wright



hibition diver...had career best dual meet scores on the one- and three-meter boards against East Carolina...named the outstanding strength and conditioning performer on the women's diving team.

2003-04: Redshirted during the 2003-04 season.

Prep: Graduated from the Durham School of the Arts on May 28, 2003...competed on diving team her junior and senior years and swimming team her junior and senior years as a freestyle sprinter...also competed in gymnastics as a freshman and sophomore...swimming and diving team captain as a junior and a senior...two-time North Carolina high school diving champion...first-team All-America her senior year...2002 high school Heisman nominee...National Honor Society member...2003 Scholar Athlete.

Personal: Given name is Laura Anne Filip...was born October 30, 1985 in Mountain View, Calif....daughter of Stan and Lyn Filip...has one sister, Rachel, 23.



**Lindsey
MARCK**
Senior, 5-6
Butterfly, IM
Newtown, Pa.



Career Best Times: 54.08 in 100-yard butterfly (3rd in school history, 10th in ACC history); 1:58.79 in 200-yard butterfly (3rd in school history, 5th in ACC history); 2:04.40 in 200-yard individual medley

General: Team captain her junior and senior season, she returns as the top butterfly for Carolina...also a force in the IM and freestyle events...qualified for NCAA Championships in each of her previous three seasons...swam in the 2004 Olympic Trials...also qualified for the 2008 Olympic Trials in the 100 and 200 butterfly at the 2005 Summer Nationals...participates in Carolina Leadership Academy...member of SAAC and AIA.

2006-07: For the 2006-07 season, she ranked No. 1 at year's end on UNC's women's swim-

Lindsey Lore

Academic Major at Carolina: Journalism & Advertising

Career Plans: Undetermined

Hobbies: Anything Outdoors, Board Games, Crafting, Hanging out with Friends

Athlete I Most Admire: Natalie Coughlin

Biggest Sports Thrill: Swimming in the 2004 Olympic Trials

Person Who Has Had The Greatest Influence on My Athletic Career: My parents and my club coaches Bruce Townsend and Bob Platt

Favorite Book: The Bible

Favorite Food: FPP Pasta, Cereal, Cheese-cake

Favorite Movie: Legally Blonde

Favorite TV Show: Grey's Anatomy, ESPN SportsCenter

Favorite Website To Visit: www.postsecret.com

City I've Never Been To But Want To Visit: Rome, Italy or Madrid, Spain

Entertainment Figure I'd Most Like To Have Dinner With: Rachael Ray

ming depth chart in both butterfly events by more than two seconds in each...achieved numerous NCAA consideration times at ACC Championships...individual champion in the 200-yard butterfly with an NCAA B consideration time...also earned consideration times with a third-place finish in the 100-yard butterfly and by swimming the butterfly leg of the third-place 200 and 400 medley relays...named an ACC Women's Swimming Performer of the Week on November 6, 2006...was an All-Conference Performer in the 100- and 200-yard butterfly...competed in the 100-yard butterfly at NCAA Championships where she finished 37th...swam butterfly leg on the 21st-place 400-yard medley relay and on the 22nd-place 200-yard medley relay...named to 2006-07 ACC Academic Honor Roll...selected as team's Most Valuable Swimmer for the third successive year.

2005-06: Reached the NCAA Championships for the second consecutive year competing in both butterfly events...took 29th in the 200 fly and 39th in the 100 fly...named All-ACC for second straight year...won Jamerson Award as most valuable swimmer...won the ACC Championship in the 200-yard butterfly after being the only swimmer to break the two-minute barrier at 1:59.17...touched the wall just seven hundredths of a seconds away from winning





SENIOR WOMEN'S BIOS

the 100-yard butterfly crown, but still scored 17 points for the team with her career-best 54.08 time good for second place...that time ranks as the third fastest in UNC history...was the fastest butterfly swimmer in the 400-yard medley relay, helping the team to a sixth place finish...turned in the second fastest butterfly split in the race at 24.21 for the fifth place 200-yard medley relay team...swam the second leg of the fourth place 800-yard freestyle with a 1:51.77 split...also competed in the 200-yard individual medley, coming in 15th...swam the third leg of the third-place 400-yard freestyle relay...won the 100-yard and 200-yard butterfly events at Nike Cup.

2004-05: Copped All-ACC honors...was UNC's leading point scorer at ACC's...won two of the team's most prestigious awards...was named the Jamerson Memorial Most Valuable Swimmer for her year-long performance...earned the Most Outstanding Award based on her 200-yard butterfly swim at the Nike Cup...took 23rd in the 100-yard butterfly with a career best 54.20, the third best freshman performance in the event at the NCAA Championships...the time also placed her third all-time for Carolina in the event...finished 27th in the 200-yard butterfly... at the ACC Championships, she finished third in the 100-yard butterfly in 54.38 and third in the 200-yard butterfly...recorded the quickest butterfly split of the meet with a 24.26 on the third place 200-yard medley relay...swam the third leg of the third place 800-yard freestyle relay...finished seventh overall and as the top Tar Heel in the 200-yard individual medley in 2:04.40...swam a 53.94 split as the butterfly leg of the 400-yard medley relay...also swam as part of the fifth place 400-yard freestyle relay...won Nike Cup titles in both the 100 and 200 fly...swam her career best at the meet in the 200 with a 1:58.79 clocking, moving her to the No. 3 spot on the Tar Heels' career depth chart...was named ACC Women's Swimmer of the Week after the Georgia dual meet...competed in the 2004 U.S. Olympic Trials in the 100- and 200-meter butterfly events.

Prep: Graduated from Pennsbury High School in Fairless Hills, Pa. in June 2004...eight-time high school All-America honoree including four straight years in the 100-yard butterfly...school record holder in five events...PIAA District One record holder in the 100 butterfly...state champion in the 100 butterfly as a senior...swimming team captain...senior national qualifier in the 100- and 200-yard butterfly events...Eastern Sectional winner in the 100 fly in 2004 and finished second in 2003...three-time Scholastic All-America...2004 Courier Times Female Swimmer of the Year...National Honor Society member...swam for the Spirit Swimming Club where she was coached by Bob Platt.

Personal: Given name is Lindsey Catherine Marck...born March 21, 1986 in Princeton, N.J....daughter of Charlie and Sue Marck...has two brothers, C.J., 18, a freshman on the football team at the University of Connecticut and Stephen, 17, who plays tight end on his high school football team...her mother swam for Lehigh University and her father played football there...her grandfather played football for the Chicago Bears.



Erika MATHEIS
Senior, 5-3
Diving
Webster, N.Y.

Career Best Scores: 265.20 in one-meter dual meet; 268.85 in one-meter championship; 298.65 in three-meter dual meet; 282.20 in three-meter championship.

General: Three-time returning letter winner and one of the top women's divers to return for Carolina in 2006-07...competed in the 2007 U.S. Diving Nationals, finaling with Julie Doran in 3-meter synchronized diving...the duo took seventh place in the competition.

2006-07: Ranked No. 3 on the UNC depth chart on both boards in the 2006-07 season...landed a fifth place finish in the one-meter event at the ACC Championships with a career best score in a championship meet...placed 11th in the three-meter competition with a score of 253.30...earned her career best in a dual meet for both boards in the meet against Maryland...was the 17th place finisher on the three-meter and the 25th place finisher on the one-meter at NCAA Zone B Championships...captured a spot on the 2006-07 ACC Academic Honor Roll...was named to the Dean's List both semesters.

2005-06: Had a productive sophomore campaign...was always amongst the Tar Heels' top competitors...made the ACC finals on the one-meter, taking seventh place as one of four Tar Heels to advance from preliminaries...was the only Carolina diver to make the finals on the three-meter board with an eighth place finish...named to 2005-06 ACC Academic Honor Roll.

2004-05: Competed as an exhibition entry in the ACC Championships...was the highest exhibition scorer on both boards with a 226.35 in the one-meter and a 410.90 in the three-meter...had she been a scoring participant she

Educating You About Erika

Academic Major at Carolina: Exercise & Sports Science, Pre-Med

Career Plans: Orthopedic Surgeon

Hobbies: The beach, Surfing, Volleyball, Diving

Athlete I Most Admire: Tyler Hansbrough

Biggest Sports Thrill: Have four Tar Heel divers final on the one-meter board at 2006 ACC's and winning the ACC title in 2007

Person Who Has Had The Greatest Influence on My Athletic Career: My Mother

Favorite Book: Angels and Demons by Dan Brown

Favorite Magazine: Cosmopolitan

Favorite Food: Sushi, Tuna Rolls

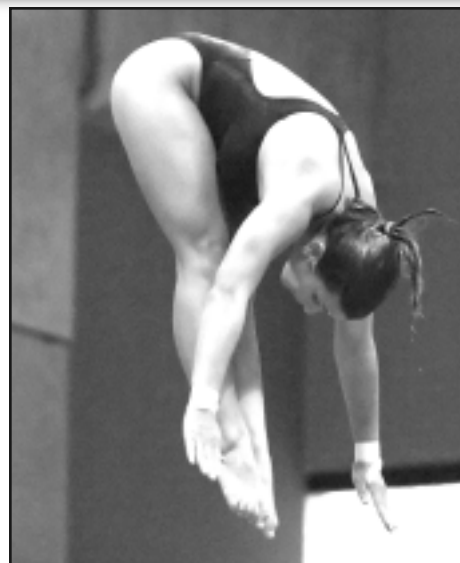
Favorite Movie: Boondock Saints

Favorite TV Show: Grey's Anatomy

Favorite Website To Visit: Facebook

City I've Never Been To But Want To Visit: Chicago, Ill. or Los Angeles, Calif.

Entertainment Figure I'd Most Like To Have Dinner With: Chris Farley



would have finished 12th in both events...the score on the three meter was a career high for a championship meet...had her career high dual meet scores against Duke for one meter and against East Carolina for three meter...earned membership on the 2004-05 ACC Academic Honor Roll...named to the Dean's List in the Spring semester of 2005.

Prep: Graduated from Webster Schroeder High School on June 27, 2004...two-time All-America honoree...New York state champion as a junior and runner-up as a senior...Army Reserves Scholar Athlete...led team to Division II championship title...team captain...placed in top eight in the Junior Olympic Regional and zone meets...member of the National Honor Society and Spanish Honor Society...AP Scholar...did her club level with coach Carolyn Carlton at the Blue Fins Diving Club.

Personal: Given name is Erika Ashley Matheis...was born June 17, 1986 in Rochester, N.Y....daughter of Henry Matheis and Nancy Anderson...has one sister, Krysta, 23.



Taylor MCFARLANE
Senior, 5-11
Free, Back, IM
Cape Elizabeth, Maine

Career Best Times: 56.29 in 100-yard backstroke; 1:58.67 in the 200-yard backstroke (3rd in school history); 2:06.39 in 200-yard individual medley; 4:23.14 in 400-yard individual medley; 1:50.23 in 200-yard freestyle.

General: One of the captains of the 2007-08 Tar Heels...a top backstroker, IM specialist middle distance freestyler...a graduate of the Carolina Leadership Academy.

2006-07: Had the top 200-yard back time for the Tar Heels in 2006-07...finished fifth in the 400-yard individual medley at the ACC meet with a career best 4:23.14...also took sixth in the 100-yard back...achieved a career best in



prelims of the 200 back before taking fifth in the championship meet...swam a career best time of 1:58.67, the third best time in school history, in the 200-yard backstroke at the Tar Heel Invitational.

2005-06: Competed on a limited basis for the Tar Heels after transferring from the University of Miami.

2004-05: Had a solid ACC Championship meet competing for the Miami Hurricanes...placed 14th in the 200 backstroke with a time of 2:03.79...took 15th place in the 200-yard freestyle...anchored Miami's 800-yard freestyle relay, splitting in a time of 1:49.82...also swam the 100 backstroke.

Prep: Graduated from Cape Elizabeth High School in 2004...ran cross country there and was a goalkeeper on the soccer team...two-year high school All-America selection...was a team captain for two years...four-year All-State selection...holds seven state records...was named the Maine Female Athlete of the Year two years in a row...graduated with high honors.

Personal: Given name is Taylor Marie McFarlane...nicknamed Tay Tay or T Mac...was born August 22, 1986 in Portland, Maine...is the daughter of Jayne Hanley and Jim McFarlane...has two brothers, Alex, 17, and Reese, 10.

McFarlane Moments

Academic Major at Carolina: Communications, Graphic Design

Career Plans: Graphic Design

Hobbies: Being Outside, Being with Friends, Napping

Biggest Sports Thrill: Swimming on a relay with Jenny Thompson

Person Who Has Had The Greatest Influence on My Athletic Career: My parents and Coach Mike

Favorite Book: The Know It All

Favorite Magazine: In Style, Cosmo

Favorite Food: Gluten-free Cookie Dough

Favorite Movie: Top Gun, Pretty Woman

Favorite TV Show: Everybody Loves Raymond, ANTM

Favorite Website To Visit: Webmail.com

City I've Never Been To But Want To Visit: Barcelona, Spain

Entertainment Figure I'd Most Like To Have Dinner With: Whitney Sprague



Kelsey MORRISSY
Senior, 5-6
Freestyle, Breast
Horsham, Pa.



Career Best Times: 22.96 in 50-yard freestyle (Tied for 7th in school history); 49.61 in 100-yard freestyle (4th in school history); 1:48.45 in 200-yard freestyle (7th in school history); 1:03.83 in the 100-yard breaststroke (7th in school history).

General: Captain of 2007-08 Tar Heels...enters her senior season as one of the team's top freestyle sprinters...a three-time letter winner...ranks on the UNC Top 10 All-Time list in the 50 free, 100 free and 100 breast events...Carolina Leadership Academy participant...member of veteran leaders program.

2006-07: Competed at NCAA Championships in the 200-yard freestyle, 200-yard medley and 800-yard freestyle relays...clocked a career best in the 50-yard freestyle at the meet with a 23.10, moving up to ninth in school history...set a career best in the 100-yard breast at the ACC Championships with a ninth-place finish in a time which now ranks seventh in school history...at ACC's she excelled in the 100-yard free with a ninth-place finish and the 50 free with a fifth-place finish...she now ranks seventh in school history in the 100 free...swam on four relay teams at the ACC Championships...was a member of two ACC Champion relay squads...the winning 800-yard free relay team set a new pool record and the No. 1 400-yard free relay set a new ACC record...an All-ACC selection for the third straight year.

2005-06: As a sophomore, she ranked No. 1 in the 50 free, No. 2 in the 100 breast and No. 3 in the 100 free on the team depth chart...An All-ACC selection...At the ACC meet she won the consolation final of the 50-yard freestyle in 23.33 after barely missing the cut for the championship final by one-tenth of a second...led off the fifth place 200-yard freestyle relay team with a 23.42 split...was Carolina's highest finisher in the 100-yard breaststroke, taking 13th...took 11th in the 100-yard freestyle after dropping seven tenths off her time in the prelims...anchored the sixth place 400-yard medley relay...swam the fastest Carolina split at 50.41 for the third place 400-yard freestyle relay.

2004-05: Ranked No. 1 on the team depth chart in the 50- and 100-yard freestyles and No. 3 in the 100-yard breaststroke...2005 All-ACC selection...lived up to high expectations with an outstanding freshman campaign...finished in third place at the ACC Championships in the 50-yard freestyle with a 23.27 clocking...swam her way to 12th place in the 100-yard breaststroke with a career best 1:04.27...anchored the third place 200-yard medley relay with a 23.05 split...also closed out the fourth place 400-yard medley relay...won the consolation heat of the 100-yard freestyle to take ninth place overall in the

More on Morrissy

Academic Major at Carolina: Communications with a graphic design interest

Career Plans: Working with graphics in magazines

Hobbies: Music, Movies

Athlete I Most Admire: Dara Torres

Biggest Sports Thrill: Being the 2006-07 ACC champions

Person Who Has Had The Greatest Influence on My Athletic Career: My mom Judy and my high school coach, Kip Emig

Favorite Book: Dan Brown's Angels and Demons

Favorite Magazine: US People

Favorite Food: Pasta

Favorite Movie: Shooter

Favorite TV Show: CSI-Las Vegas

Favorite Website To Visit: Facebook, YouTube

City I've Never Been To But Want To Visit: San Francisco, Calif.

Entertainment Figure I'd Most Like To Have Dinner With: George Clooney

event...led off the 200-yard freestyle relay and swam the second leg of the fifth place 400-yard freestyle relay.

Prep: Graduated from Hatboro Horsham High School on June 14, 2004...three-time All-America selection in the 50-yard freestyle...four-time national qualifier in the 50 and 100-yard freestyle events...two-time state champion and the state record holder in the 50-yard freestyle...three-time state runnerup in the 100 free...team captain her junior and senior years...the school record holder in four events...high school team MVP as a senior...also won the outstanding freshman award and was the team's high point scorer as a junior and a senior...four-year District I champion in the 50 and 100 freestyles...2003 and 2004 swimmer of the meet at District I Championships...Bess Halprin Memorial Award winner...two-time Philadelphia Inquirer Athlete of the Week...nominee for the William B. Danelhower Award...four-year Honor Roll student...swam for coach Stu Faux at the Upper Dublin Aquatic Club.

Personal: Given name is Kelsey Noel Morrissy...nicknamed Kmo and Squints...born December 19, 1985 in Horsham, Pa. ...daughter of Dennis and Judy Morrissy...has one sister, Melissa, 25.





SENIOR & JUNIOR WOMEN'S BIOS



**Kelly
WOODRUFF**
Senior, 5-9
IM, Breast, Free
Shoreline, Wash.

Career Best Times: 16:46.04 in 1650-yard freestyle; 2:17.60 in 200-yard breaststroke (9th in school history); 2:04.71 in 200-yard individual medley; 4:16.68 in 400-yard individual medley (6th in school history).

General: Three-time letter winner for the Tar Heels...a versatile swimmer who excels in the individual medley and breaststroke events ...will be the top returnee in the 400-yard IM on the UNC depth chart.

2006-07: Competed as an exhibition competitor at the ACC's in the 200 IM, 400 IM and 200 breaststroke...was the top finisher in the 400 IM versus Georgia and in the 200-yard breaststroke in the meet against Maryland...tapped for 2006-07 ACC Academic Honor Roll...qualified for Dean's List in spring semester 2007.

2005-06: Battled injuries throughout the season...won the consolation heat of the 400-yard individual medley at the ACC Championships by nearly a full second...named to ACC Academic Honor Roll for the second straight year.

2004-05: She ranked No. 1 in the 1650 freestyle, No. 1 in the 400 IM, No. 2 in the 200 breaststroke and No. 3 in the 1000 freestyle on UNC's final depth chart...won the Richard Jamerson Memorial Award as Carolina's most improved swimmer...earned All-ACC hon-

ors...reached the NCAA Championships in three events — the 400 IM, 165 free and 200 breast...swam superbly at the ACC Championships...dropped five seconds off her career best to take second place in the 400 IM with a time of 4:16.68, good for sixth place in the Carolina all-time depth chart...took 10th in the 1650-yard freestyle at the ACC meet...won the consolation final to finish ninth in the 200-yard breaststroke...had her career best 2:17.60, ranking her No. 9 on the UNC career depth chart...named to the 2004-05 ACC Academic Honor Roll.

Prep: Graduated from Shoreline High School on June 13, 2004...took first place in the summer sectionals in the 400-yard individual medley in 2001 and 2003...was seventh at the U.S. Open in 2002...selected for the All-Star Distance Training Camp at the Olympic Training Center...owner of multiple Pacific Northwest Swimming high-point awards...led her team to Pacific Northwest Championship...Scholastic All-America...Presidential Scholar...swam for coach Steve Witcher at the Cascade Swim Club.

Personal: Given name is Kelly Marie Woodruff...born December 13, 1985 in Seward, Alaska...daughter of John and Jody Woodruff...has one brother, Patrick, 23, a former Carolina swimmer, Class of 2006.



**Aubrette
BIEGEL**
Junior, 5-6
Freestyle
Schererville, Ind.

Career Best Times: 23.64 in 50-yard freestyle; 50.69 in 100-yard freestyle; 1:49.29 in 200-yard freestyle; 4:57.42 in 500-yard freestyle; 2:05.43 in 200-yard individual medley; 4:25.56 in 400-yard individual medley.

General: Enters her junior season as one of the top sprinters on a deep women's squad...three-year letter winner...one of the team's most improved swimmers last season.

2006-07: Ranked in the top 5 on UNC's season-ending depth chart in the 50-, 100-, and 200-yard freestyles...swam on 400 relay team which won the ACC title and set the conference record...competed on UNC relay teams at the NCAA Championships...at the ACC's, she clocked career bests in the 50-yard freestyle and the 200-yard free where she took sixth in finals... nabbed 10th in the 100-yard free with a time of 51.04...named to 2006-07 ACC Academic Honor Roll...an All-ACC selection...also tapped for All-ACC Academic Swimming Team.

2005-06: Played a major role in the sprint freestyle success of the Tar Heels in her first year in the program...led off the third place 400-yard freestyle relay team at the ACC Championships with a career best 50.69 that was tops among Tar Heel women during 2005-06...won the consolation final of the 100-yard

Biegel Bytes

Academic Major at Carolina: Psychology; Exercise and Sports Science

Career Plans: Sports Psychologist

Hobbies: Photography; Crafting with my roommates

Athlete I Most Admire: Lance Armstrong

Biggest Sports Thrill: Winning ACC's and Swimming at NCAA's

Person Who Has Had The Greatest Influence on My Athletic Career: My parents

Favorite Book: The DaVinci Code

Favorite Magazine: Cosmopolitan

Favorite Food: Steak

Favorite Movie: When Harry Met Sally

Favorite TV Show: Friends

Favorite Website To Visit:

thesuperficial.com

City I've Never Been To But Want To Visit: Paris, France

Entertainment Figure I'd Most Like To Have Dinner With: Jen Aniston

freestyle at the ACC's...took 12th in the 200-yard freestyle and anchored both the fourth place 800-freestyle relay and fifth place 400-medley relay.

Prep: Graduated from Lake Central High School in St. John, Ind., on June 2, 2005...a 2004-05 All-America...16-time sectional champion...2-time state champion...4-time conference champion and team MVP...was named 2005 conference MVP...team captain her senior year...an academic All-America...graduated Summa Cum Laude with several academic letters...a member of the National Honor Society.

Personal: Given name is Aubrette Marie Biegel...born September 21, 1986 in Munster, Ind....daughter of Dan Biegel and Pam Biegel...has one sister, Paige, 17.



The Wonderful Woodruff

Academic Major at Carolina: Journalism and Mass Communication, Public Relations Sequence; Exercise and Sports Science

Career Plans: Sports Marketing

Hobbies: Reading, Hiking, Biking, Skiing, Playing with my Dogs, Baking, Shopping

Athlete I Most Admire: My teammates

Biggest Sports Thrill: The ACC Championships my freshman year in 2005

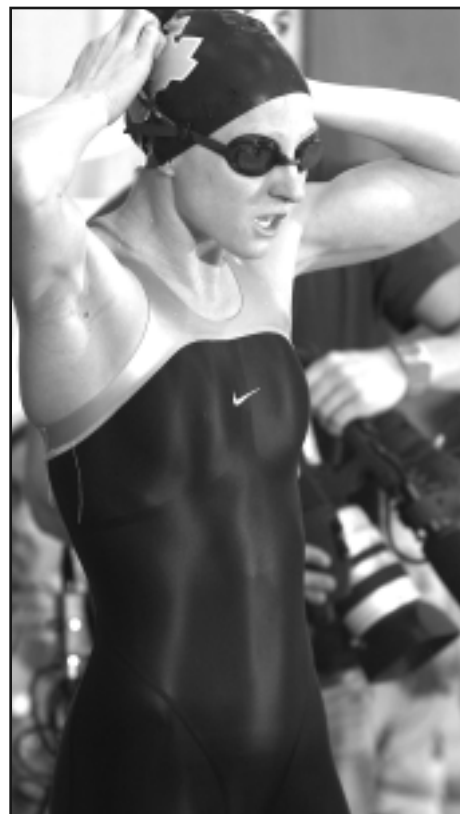
Person Who Has Had The Greatest Influence on My Athletic Career: My family and my coaches

Favorite Food: Chicken Parmesan

Favorite TV Show: Grey's Anatomy, Friends, CSI

Favorite Website To Visit: TarHeelBlue.com

City I've Never Been To But Want To Visit: Boston, Mass.; Any European City





Kimmy DAVIS
Junior, 5-5
Free, Fly, Back
Cary, N.C.

Career Best Times: 24.00 in 50-yard freestyle; 52.45 in 100-yard freestyle; 56.77 in 100-yard butterfly; 57.55 in 100-yard backstroke.

General: Adds crucial depth for Carolina in the backstroke and butterfly events...also competes in the sprint freestyle races.

2006-07: Swam as an exhibition entry at the ACC Championships in the 100 fly, 100 free, and 100 back...posted a career best in the 50 free with a time of 24.00...named to ACC Academic Honor Roll...selected for spring 2007 Dean's List.

2005-06: Won Jamerson Award as Most Improved Swimmer...set a personal best at the ACC Championships by swimming a 56.77 in the 100-yard butterfly...then later bested her top 100-yard back time with a 57.55 at the ACC meet.

Prep: Graduated from Athens Drive High School in Raleigh, N.C. on May 26, 2005...was a five-time All-America relay swim-



The Kimmy Collection

Academic Major at Carolina: International Studies

Career Plans: Undetermined

Hobbies: Rollerblading, Cooking, Wakeboarding

Athlete I Most Admire: David Beckham

Biggest Sports Thrill: Winning ACC's last year

Person Who Has Had The Greatest Influence on My Athletic Career: Jeanine Carpenter

Favorite Book: Calvin and Hobbes

Favorite Magazine: InStyle

Favorite Food: Seafood

Favorite Movie: Love Actually

Favorite TV Show: Friends

Favorite Website To Visit: You Tube

City I've Never Been To But Want To Visit: Beijing, China

Entertainment Figure I'd Most Like To Have Dinner With: Tupac

mer...part of the 2004 Junior National Championship team...captain of the Athens Drive swim team her senior year...an honors scholar and given the Presidential Academic awards...also played soccer for nine years.

Personal: Given name is Kimberly Susan Davis...was born June 5, 1987 in Durham, N.C....daughter of Ted and Carol Davis...has two sisters.



Jen FRAZIER
Junior, 5-7
Breaststroke
Indian Harbour Beach, Fla.

Career Best Times: 1:04.71 in 100-yard breaststroke; 2:18.99 in 200-yard breaststroke; 2:06.49 in 200-yard individual medley.

General: Two-time letter winner who will return as one of the more experienced breaststroke swimmers on the UNC roster.

2006-07: Swam as an exhibition entry at ACC Championships in the 100 and 200 breaststrokes and the 200 IM.

2005-06: Added depth in the breaststroke events by competing in the ACC Championships as an exhibition swimmer...set a season best in both the 100- and 200-yard breaststroke events by going 1:05.98 and 2:21.24, respectively.

Prep: Graduated in May 2005 from Satellite High School in Satellite Beach, Fla....All-America in 100 breaststroke...2003 and 2004 Florida Today Swimmer of the Year...2004 Orlando Sentinel Swimmer of the Year...U.S. Open qualifier...three-time Scholastic All-

Frazier Facts

Academic Major at Carolina: Speech and Hearing Sciences

Career Plans: Speech Pathologist

Hobbies: Sleeping, Shopping, Rollerblading

Athlete I Most Admire: My brother Jake and my sister Jamie

Biggest Sports Thrill: Winning ACC's Person Who Has Had The Greatest Influence on My Athletic Career: My parents

Favorite Book: To Kill a Mockingbird, Devil in the White City

Favorite TV Show: Grey's Anatomy

Favorite Website To Visit: Facebook



America...swam on Florida state championship team in 2004...two-time state champion as a member of her team's 200-yard medley relay...2003 state champion as a member of the 400-yard freestyle relay team...2004 state champion in the 100-yard breaststroke.

Personal: Given name is Jennifer Ayleen Frazier...born September 15, 1987 in Orlando, Fla....daughter of John and Jerrie Frazier...has one brother, Jake, and one sister, Jaime.



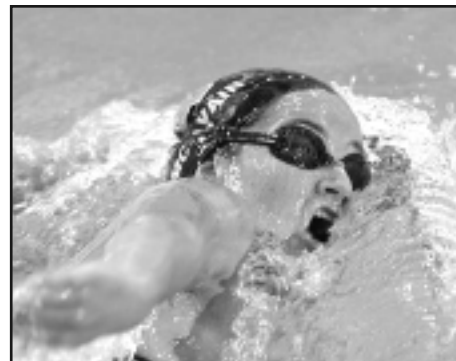
Lindsay McILVAIN
Junior, 5-5
Freestyle, IM
Brentwood, Tenn.

Career Best Times: 4:49.90 in the 500-yard freestyle; 9:53.90 in the 1000-yard freestyle; 16:27.37 in the 1650-yard freestyle (7th in school history); 4:21.80 in the 400-yard individual medley.

General: Two-time letter winner who continues to be one of Carolina's top distance freestylers and 400 IMers after qualifying for the 2007 NCAA Championships last spring.

2006-07: Swam a 9:56.73 last year in the 1000 free, ranking ninth in school history...competed in two events at NCAA Championships — the 500 and 1650 freestyles...2007 All-ACC honoree...finished 11th in the 400-yard IM competition at the ACC Championships...was the 11th-place finisher in the 500 free with an NCAA B consideration time of 4:52.72...took second as part of a 1-2-3 sweep by Carolina in the 1650-yard freestyle with a career best of 16:27.37 (seventh in school history) and an NCAA B consideration time...honored as an All-ACC Performer in the 1650-yard free...tapped for 2006-07 ACC Academic Honor Roll...qualified for Dean's List in fall semester 2006.

2005-06: Was a major reason for the pronounced success of the women's distance freestyle corps...at ACC's, she was the third in a trio of Tar Heel freshman to finish in the top five of the 1650-yard freestyle, taking fifth...was a consolation finalist with a 13th place finish in the 500-yard freestyle...also finished 13th in the 400-yard individual medley...took ninth in the 1650 at Nike Cup.





JUNIOR WOMEN'S BIOS

The Lindsay Log

Academic Major at Carolina: Business
Career Plans: Undetermined
Hobbies: Running, Hiking, Scrapbooking
Athlete I Most Admire: Lance Armstrong
Biggest Sports Thrill: ACC's 2007
Person Who Has Had The Greatest Influence on My Athletic Career: My parents and My Club Coach, John Morse
Favorite Food: Pasta
Favorite Movie: Pride and Prejudice
Favorite TV Show: Grey's Anatomy
Favorite Website To Visit: TarHeelBlue.com

Prep: Graduated from Brentwood High School in May 2005...four-year letter winner in swimming and cross country...2004-05 swim team captain...two-time Scholastic All-America...2004 Olympic Trials qualifier in the 200-meter butterfly and the 400- and 800-meter freestyles...team captain her senior year...swam on a state championship squad in 2003...captured state championship in the 200 fly...three-time All-District cross country runner...ran on cross country state championship unit in 2003 and 2004...received Principal's Award...member of National Honor Roll and National Honor Society.

Personal: Given name is Lindsay Porter McIlvain...born September 17, 1986 in Virginia Beach, Va....daughter of Andy and Dona McIlvain...has one brother, Drew, 18, and one sister, Ashley, 21.



Katy PRITCHETT

**Junior, 5-8
Diving
Lubbock, Texas**

Career Best Scores: 237.22 in one-meter dual meet; 222.50 in one-meter championship meet; 243.25 in three-meter dual meet; 247.45 in three-meter championship meet.

General: Two-time letter winner who continues to improve on both boards...excellent student who has been honored on the Dean's List and ACC Honor Roll.

2006-07: Exceeded two previous career best scores in dual meets last season...earned a career best in the one-meter event in the meet against Maryland...also scored a new career best versus Minnesota in the three-meter event...tapped for ACC Academic Honor Roll...qualified for Dean's List in fall semester 2006 as well as the spring semester 2007.

2005-06: Continually improved throughout the season as one of the diving team's most youthful members...competed as an exhibition entry at ACC's in both the one-meter and three-meter events...named to the Dean's List in both the fall and spring semesters.

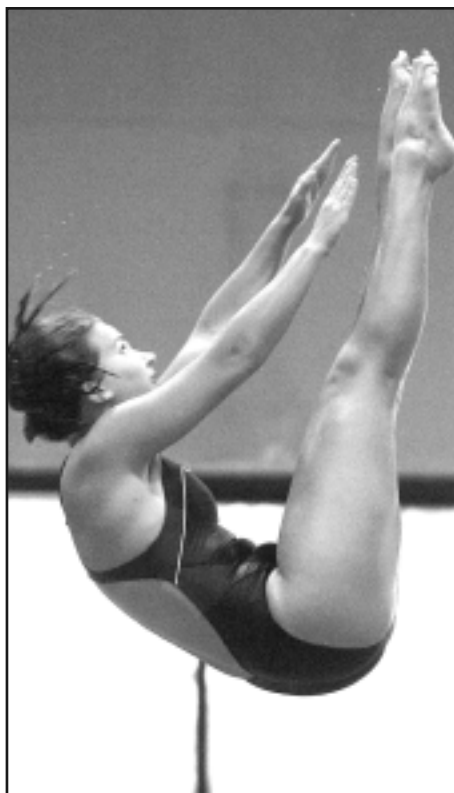
Prep: Graduated from Coronado High School on May 28, 2005...dove for four years there...also was part of the golf and softball

Pritchett Particulars

Academic Major at Carolina: Business
Career Plans: Marketing
Hobbies: Sports, Cooking
Athlete I Most Admire: Vince Young
Biggest Sports Thrill: Winning ACC's last year
Person Who Has Had The Greatest Influence on My Athletic Career: My parents
Favorite Book: The Man Watching
Favorite Magazine: Sports Illustrated
Favorite Food: Chips and Hot Sauce (Tex-Mex)
Favorite Movie: How To Lose a Man in 10 Days
Favorite TV Show: Grey's Anatomy
Favorite Website To Visit: FoxSports.com
City I've Never Been To But Want To Visit: Venice, Italy
Entertainment Figure I'd Most Like To Have Dinner With: Matt Damon

teams for a year each...a three-time high school All-America selection...also named to the Speedo Top 40 in three consecutive years...was a team captain her sophomore through senior years...was a two-year district champion, a three-time regional champ and a state finalist for three straight years...was twice named district diver of the year...named regional diver of the year three times...four times made the All-State team...was also given the Lubbock outstanding competitor award...named the Lubbock most valuable senior diver...was an academic All-America...a semifinalist for the Wendy's High School Heisman Award...a member of the National Honor Society...academically, she ranked second in her class.

Personal: Given name is Katy Nicole Pritchett...was born December 3, 1986 in Lubbock, Texas...daughter of Amy and Patrick Pritchett.



Erica SCHIFFLER

**Junior, 5-3
Diving
Woodbury, Minn.**

General: Junior transfer from the University of Minnesota where she was a Big 10 Conference finalist on the three-meter springboard and 10-meter platform...chosen as Big Ten Diver of the Week.

Prep: Graduated from Woodbury High School in 2005...competed there on the 1, 3, and 10-meterboards...four-time All-State selection...three-time high school All-America...team captain...member of National Honor Society.

Personal: Full name is Erica Jean Schiffler...daughter of Bill Schiffler and Lisa Schiffler...was born August 25, 1987 in St. Paul, Minn....has one brother, Bo, 16, and one sister, Courtney, 12.

Schiffler Shorts

Academic Major at Carolina: Biology
Career Plans: Medical School, Dermatology
Hobbies: Shopping, Riding Horses
Athlete I Most Admire: Tiger Woods
Person Who Has Had The Greatest Influence on My Athletic Career: My parents
Favorite Book: The Glass Castle
Favorite Magazine: Elle
Favorite Food: Kung Pao Chicken from Yang's
Favorite Movie: The Sound of Music
Favorite TV Show: Grey's Anatomy
City I've Never Been To But Want To Visit: Florence, Italy
Entertainment Figure I'd Most Like To Have Dinner With: Dane Cook



Sarah SCOTT

**Junior, 5-6
Freestyle, Butterfly
Pittsboro, N.C.**

Career Best Times: 23.74 in 50-yard freestyle; 52.27 in 100-yard freestyle; 56.38 in 100-yard butterfly; 2:03.62 in 200-yard butterfly.

General: Two-year letter winner is one of the Tar Heels' top butterflyers...also adds depth in the sprint freestyles and relays.

2006-07: Achieved a career best time in the 200-yard butterfly in the meet at Virginia...at the ACC Championships, she finished 15th in the 100-yard fly and 14th in the 200 fly...tapped for 2006-07 ACC Academic Honor Roll...qualified for Dean's List in fall semester 2006.

2005-06: One of the team's most reliable butterflyers and sprint freestylers as a freshman...at the ACC meet, she was one of Carolina's top finishers in the 200-yard butter-

The Scoop On Sarah

Academic Major at Carolina: Journalism and Spanish

Career Plans: Practice Law

Hobbies: Reading, Cooking, Taking Long Naps

Athlete I Most Admire: Antawn Jamison

Biggest Sports Thrill: Winning ACC's in 2007

Person Who Has Had The Greatest Influence on My Athletic Career: Club coaches John King and Rob Wilson

Favorite Book: Pride and Prejudice, the Harry Potter series

Favorite Food: Mashed Potatoes

Favorite TV Show: Grey's Anatomy, 24

City I've Never Been To But Want To Visit: Florence, Italy

Entertainment Figure I'd Most Like To Have Dinner With: Dave Lohse

fly, taking 12th after posting a career-best time in the preliminaries...scored key points with a 14th place finish in the 100-yard butterfly...took 15th place in the 50-yard freestyle, notching a career-best 23.74 time in the preliminaries...swam a 23.37 split as the third leg of the fifth-place 200-yard freestyle relay team...was a double event winner in the dual meet versus NC State, taking the 50-yard freestyle and 100-yard butterfly...made the Dean's List during the fall semester...named to ACC Academic Honor Roll...was recognized as the team's outstanding strength and conditioning performer.

Prep: Graduated from Durham Academy on June 3, 2005...swam for two years at Durham Academy and two years at Northwood High School before transferring to DA prior to her junior year...was a two-time NISCA All-America in the 100-yard butterfly...also named All-America in the 50-yard free...Durham Academy team captain and MVP her senior season...won North Carolina 1A/2A state championship in the 50 free and 100 fly while swimming at Northwood in 2002...a year later, she was the 1A/2A champion in both of those events, setting state records in both...was also named the state meet MVP...a YMCA All-America selection from 2001-05...a member of both the National Honor Society and National Spanish Honor Society...NISCA Academic All-America in 2003 at Northwood in the 50 free and 100 fly and again in 2005 while at Durham Academy.

Personal: Given name is Sarah Elizabeth Scott... was born January 9, 1987 in Chapel Hill, N.C....daughter of David Scott and Anne Geer...has one brother, Will, 23, a 2007 UNC graduate.



Whitney SPRAGUE
Junior, 5-7
Freestyle
Bronxville, N.Y.

Career Best Times: 1:48.36 in 200-yard freestyle (6th in school history); 4:41.09 in 500-yard freestyle (School Record, 3rd in ACC history); 9:35.76 in 1000-yard freestyle (School & ACC Records); 15:51.02 in 1650-yard freestyle (School & ACC Records)

General: Two-time letter winner who is one of the premier distance swimmers in the country...an All-America and All-ACC selection in both previous seasons...set a trio of school records as a sophomore...at the 2007 U.S. Summer Nationals she placed fourth in the 1500 meters, eighth in the 800 meters and 16th in the 400 meters...at the 2007 U.S. Open Water Swimming Championships she placed fourth in the 5k race and eighth in the 10k event.

2006-07: Had an outstanding sophomore season for the Tar Heels...was named the squad's Most Outstanding Swimmer...merited first-team All-America honors...at NCAA's, she took 15th in the 500 free, setting a career best in preliminaries...also swam on the 800-yard freestyle relay...scored all of UNC's points at the NCAA meet...she finished third in the 1650 free, besting her own school record in the event set at ACC's...her third-place finish was the highest finish for a Carolina swimmer since the 2004 NCAA Championships...she also clocked a personal best at NCAA's in the 1000 free...multiple event winner at ACC's...anchored the 800-yard free relay that set a new pool record...placed 10th in the 200 free...was the top finisher in the 500 free with an NCAA automatic bid and also finished with an automatic bid and a first place finish in the 1650 free, clocking a school record that would later be broken at NCAA's...named a 2007 first-team 7 All-America in the 1650 free and an honorable mention All-America in the 500 free...achieved honors as an All-Conference Performer in the 500 and 1650 freestyles and on the 800-yard free relay...her record-setting swims in the 500, 1000, and 1650-yard freestyles launched her to the top spot on the All-Time depth chart for Carolina in each of the distances and into the Top 10 all-time clockings in ACC history...named ACC Women's Swimmer of the Week on January 15, 2007.

2005-06: Was named the team's Most Outstanding Swimmer...etched her name into the Carolina record book by setting the school record in the 500-yard freestyle during the Nike Cup preliminaries...her time of 4:44.25 was seven tenths faster than former record...earned honorable mention All-America honors in the 500-yard freestyle after taking 15th place at the NCAA Championships with a time of 4:47.36...also swam in the

In Whitney's Words

Academic Major at Carolina: Exercise and Sports Science

Hobbies: Sleeping

Athlete I Most Admire: Christina Teuscher

Biggest Sports Thrill: Getting third at NCAA's in the 1650

Person Who Has Had The Greatest Influence on My Athletic Career: My parents and John Collins

Favorite Book: The Eighth Day

Favorite Magazine: Cosmo

Favorite Food: Gluten Free Cookie Dough

Favorite Movie: Father of the Bride

Favorite TV Show: Grey's Anatomy

Favorite Website To Visit: Facebook

City I've Never Been To But Want To Visit: Istanbul, Turkey

Entertainment Figure I'd Most Like To Have Dinner With: Taylor Marie McFarlane

1650-yard freestyle at NCAA's...at ACC's, she was the highest finishing freshman in the 500-yard freestyle, taking second place at 4:46.30...finished just one spot behind teammate Nicole O'Donnell in the 1650-yard freestyle with a swim good for fourth place...missed competing in the consolation final of the 200-yard freestyle by one spot...won the 200 freestyle and took second in both the 500 and 1650 freestyle events at Nike Cup...her time in the 1650 free at Nike Cup put her into third place all-time at UNC.

Prep: Graduated from Bronxville High School on June 18, 2005...was the runner-up at the state high school meet twice each in the 200 and 500 freestyles...a seven-time high school All-America selection, three times in the 200-yard freestyle and four times in the 500-yard freestyle...a four-time New York sectional champion, twice each in the 200- and 500-yard freestyles...a 17-time state qualifier in individual and relay events...captain of N.Y. Section One state team her senior year...anchored seven N.Y. Section One championship relay teams in the 200 freestyle relay and 200 medley relay...member of two state championship teams and three straight sectional championship squads...was most valuable performer of her high school team for four straight years and captained the team as a senior...was the 2004 N.Y. Section One Swimmer-of-the-Year





JUNIOR & SOPHOMORE WOMEN'S BIOS



and a five-time member of the N.Y. Section One All-Star team...a three-time Scholastic All-America choice...was the high point award winner in the Senior Metro Championships after winning the 200-yard, 400-meter, 500-yard, 800-meter, 1000-yard, 1500-meter and 1650-yard freestyles as well as the 400-yard individual medley...achieved Olympic Trials standards in the 400-meter freestyle and 800-meter freestyle...placed fifth in the 800-meter free at 2004 summer nationals, while placing eighth in the 1500-meter free and 11th in the 400-meter free...member of the national age group record-setting 800 free relay team (7:24.51)...she excelled as a competitor for the Badger Swim Club where she was coached by John Collins...swam for Badger for five years....qualified for senior nationals from 2002 to 2005.

Personal: Given name is Whitney Coulter Sprague...nicknamed Whit...was born December 16, 1986 in Bronxville, N.Y....is the daughter of Liz and Bill Sprague...has one brother, Travis, 16, and one sister, Abby, 18.



**Mandi
ARAK**
Sophomore, 5-2
Diving
Scottsdale, Ariz.

Career Best Scores: 295.72 in one-meter dual meet; 283.50 in one-meter championship; 296.63 in three-meter dual meet; 312.40 in a three-meter championship (School Record).

General: Returns to the Tar Heels after a red-shirt season in 2006-07...holds the school record score in a three-meter championship meet.

2005-06: Had a magnificent freshman year for the Tar Heels...was Carolina's top scorer on the final depth chart of the season in both one-

meter and three-meter diving...won the David F. McInnis award as the team's outstanding diver in 2005-06...led Carolina's women's divers by scoring 24 points at the ACC Championships...placed fourth on the one-meter board, the highest finish of any Tar Heel and highest finish of any ACC freshman...took ninth on the three-meter...also had a strong meet at the Zone Championships as the highest-placing Tar Heel on both the one-meter and three-meter springboards.

Prep: Graduated from Desert Mountain High School on May 25, 2005...was named Arizona Diver of the Year for the 2004-05 season...received All-America honors in both 11th and 12th grade...took first place on the 3-meter board in 2003 Summer Regionals...team dive captain as both a junior and senior...state champion her senior year...received award from US Army Reserve for 2005 Student Athlete of the Year...NISCA Top 40 diver as both a junior and senior...qualified for summer nationals in 2004 placing 14th...2-time qualifier for winter nationals...member of the National Honor Society.

Personal: Given name is Mandi Leigh Arak...born June 18, 1987 in Scottsdale, Ariz....daughter of Kathy and Todd Arak...has one sister, Ashley, 23.



**Eliza
BUTTS**
Sophomore, 5-9
Freestyle
Weston, Mass.

Career Best Times: 23.18 in 50-yard freestyle (10th in school history); 49.77 in 100-yard freestyle (6th in school history); 1:47.96 in 200-yard freestyle (4th in school history).

General: Had an extremely successful freshman campaign for Carolina...returns with the team's top 100 and 200 free times on the depth chart...made 2008 Olympic Trial cut in the 100-meter freestyle at the 2005 Summer Nationals.

2006-07: Swam in three individual and three

relay events at NCAA Championships...competed in the 50, 100 and 200 freestyles...placed in the top four in seven events at ACC Championships, three individual races and four relays...took third in both the 100 free at 49.77 and second in the 200 free at 1:47.96 and earning NCAA qualifying standards in both...finished third in the 50-yard freestyle with a career best 23.18 and NCAA B qualifying time...member of two first-place relays...the winning 800 free relay set a new pool record and the winning 400 free relay set a new conference record...named All-Conference Performer for the 400 and 800 free relays and the 50, 100, and 200 freestyles...ranks on the UNC All-Time Top 10 depth chart in the 50, 100, and 200 freestyles.

Prep: A June 2006 alumna of Weston High School...three-year letter winner there...also competed in club swimming since age seven...captained high school squad...earned All-America honors in the 50, 100, 200 frees and the 100 breast...three-time selection as Boston Globe Swimmer of the Year...won Massachusetts state high school titles in the 50, 100 and 200 frees and set state records in the 50 and 100...twice named the Massachusetts state high school swimmer of the year by the NISCA...Dual County League All-Star and All-Scholastic...2006 Daily News Female Athlete of the Year...2005-06 Weston Town Crier Female Athlete of the Year...won the 2006 Proctor Award for athletic achievement, leadership and sportsmanship...a four-year honor roll student...winner of two school art awards...National Team member while swimming for Bluefish Swim Club...placed 12th in summer nationals in 2005 in the 100-meter free...has also achieved senior national cuts in the 50-meter and 50-yard freestyles.

Eliza's Elocution

Academic Major at Carolina: Undeclared

Career Plans: Undetermined

Hobbies: Listening to music, Shopping, Eating, Talking

Athlete I Most Admire: Dara Torres

Biggest Sports Thrill: Making my Olympic Trial cut in the 100-meter freestyle

Person Who Has Had The Greatest Influence on My Athletic Career: My Mom

Favorite Book: The Kite Runner

Favorite Magazine: Cosmopolitan

Favorite Food: Chesse and Mashed Potatoes, anything from "Nothing But Noodles"

Favorite Movie: Sweet November

Favorite TV Show: Cooking shows

Favorite Website To Visit: Facebook

Entertainment Figure I'd Most Like To Have Dinner With: Ashton Kutcher

Arak Archives

Academic Major at Carolina: Exercise and Sports Science

Career Plans: Physical Therapy or Nursing

Hobbies: Hanging out with friends, Listening to music, Being in the sun

Athlete I Most Admire: Kimiko Soldati

Biggest Sports Thrill: When UNC women's swimming and diving won ACC's last season

Person Who Has Had The Greatest Influence on My Athletic Career: Josh Rusboldt, club coach

Favorite Book: Catcher In The Rye

Favorite Magazine: Cosmo

Favorite Food: Chocolate Chip Pancakes

Favorite Movie: Borat

Favorite TV Show: America's Got Talent

Favorite Website To Visit: Facebook

City I've Never Been To But Want To Visit: Venice, Italy

Entertainment Figure I'd Most Like To Have Dinner With: Borat

Personal: Given name is Eliza Longpre Butts...daughter of Susan Butts and Frederic Butts...born August 31, 1988 in Newton, Mass....has two brothers, Eric, 23, Stuart, 17, one half brother Jack, 5 and one half sister, Kela, 12.



Alison Clemens

**Sophomore, 5-3
Breaststroke, IM
Staten Island, N.Y.**

Career Best Times: 1:02.89 in 100-yard breaststroke (1:03.21 at UNC, tied for 4th in school history); 2:14.61 in 200-yard breaststroke (3rd in school history); 2:01.51 in the 200-yard individual medley (4th in school history); 4:10.02 in 400-yard individual medley (10th in school history).

General: Returning letter winner who was the Tar Heels' top breastroker in her freshman season...also competes in the 200 and 400 IM events...on the preseason 2007-08 depth chart, she leads the 200 breaststroke corps by nearly three seconds and the 200 IM contenders by nearly two seconds.

2006-07: Competed at NCAA Championships in individual and relay events...reached the NCAA B qualifying standards in each of her three individual events at the ACC Championships...took second in the 200-yard individual medley with a career best time of 2:01.51, fourth in school history...also set a career best in the 400 IM with a 4:20.25 which landed her third in the championship final...took third in the 200-yard breast...named ACC Women's Swimmer of the Week on January 22, 2007...her season 1:03.21 in the 100 breast her tied for fourth in school history...named an All-Conference Performer in the 200 breast, 200 individual medley and 400-yard individual medley.

Prep: A June 1, 2006 graduate of St. Joseph By The Sea High School...member of swimming team there for four years...captained her club swimming team...member of U.S. Junior



Clemens' Karma

Academic Major at Carolina: Undeclared

Career Plans: Undetermined

Hobbies: Shopping, Reading, Watching Movies, Going to the Beach

Athlete I Most Admire: Natalie Coughlin

Biggest Sports Thrill: Going to the Olympic Trials

Person Who Has Had The Greatest Influence on My Athletic Career: My sister

Favorite Book: Memoirs of a Geisha, Something Borrowed

Favorite Magazine: US Weekly, Vogue

Favorite Food: Cheese

Favorite Movie: Hairspray

Favorite TV Show: The Hills, Entourage, Grey's Anatomy

City I've Never Been To But Want To Visit: Paris, France or Venice, Italy

Entertainment Figure I'd Most Like To Have Dinner With: Dane Cook

National Team in 2005...competed in 2005 Junior Pan Pacific Championships...a Top 8 finisher at nationals in the breaststroke.

Personal: Given name is Alison Patricia Clemens...daughter of Thomas and Anne Clemens...was born October 7, 1988 on Staten Island, New York...has one sister, Clare, 21.



Ashley Howard

**Sophomore, 5-11
Backstroke, Freestyle
Durham, N.C.**

Career Best Times: 56.64 in 100-yard backstroke; 1:57.84 in 200-yard backstroke (2nd in school history, 5th in ACC history); 1:49.74 in 200-yard freestyle; 4:54.34 in 500-yard freestyle.

General: Returning letter winner in the backstroke and middle distance freestyle...competed on the ACC champion 800 free relay team as a freshman.

2006-07: Had a very successful ACC Championship meet...was a member of the victorious 800-yard freestyle relay with the team setting a new pool record and achieving an NCAA B qualifying standard...placed third in the 200-yard back with a career best time, NCAA consideration time and the seventh fastest time in UNC history...was the ninth place finisher in the 200-yard free, achieving the NCAA B standard with a 1:50.04...took seventh in the 500-yard free with her second career best of the meet...named an All-Conference Performer in the 200 backstroke and in the 800 freestyle relay...won the Andrea Erben Award as the team's most dedicated swimmer.

Prep: Graduated from Riverside High School on June 9, 2006...four-year swimming letter winner there in the free, back and IM...a senior national qualifier in the 200 backstroke...also qualified for the U.S. Open in both the 100 and 200 backstrokes...2005



North Carolina long course champion in the 400 IM and as member of 200 and 400 free relays...named a North Carolina All-Star three times...N.C. Zone Team selection 2002-03...MVP of Pac 6 Conference in 2004...named Riverside High's MVP three times...2005 and 2006 NC state champion in open water swimming...2005 North Carolina state long course championships high point winner...four-year honor roll student...North Carolina Scholar...member of National Honor Society...junior national qualifier in the 100 and 200 backstrokes.

Personal: Given name is Ashley Brooke Howard...daughter of Ken and Jeannine Howard...was born January 13, 1988 in Durham, N.C....has one sister, 14.

The How To Of Howard

Academic Major at Carolina: Undeclared

Career Plans: Undetermined

Athlete I Most Admire: Lance Armstrong

Biggest Sports Thrill: Getting my Olympic Trials cut

Person Who Has Had The Greatest Influence on My Athletic Career: My parents and coach Eric Steinger

Favorite Book: Harry Potter series

Favorite Food: Mexican Food

Favorite Movie: Wedding Crashers

Favorite TV Show: Friends

City I've Never Been To But Want To Visit: Paris, France

Entertainment Figure I'd Most Like To Have Dinner With: Vince Vaughn



Chelsea Mock

**Sophomore, 5-2
Diving
Chapel Hill, N.C.**

General: Transfer from UNC-Wilmington who will redshirt this year...adds to an already deep diving corps...the daughter of UNC wrestling coach C.D. Mock

Prep: 2006 graduate of Cresset Christian Academy...competed in diving, soccer and swimming in high school...diving team MVP...diving regional champion and state champion.

Personal: Full name is Chelsea Danielle Mock...daughter of C.D. and Mickie Mock...has one brother, Covey, 17.



Chatting With Chelsea

Academic Major at Carolina: Exercise and Sports Science

Career Plans: Orthodontist

Hobbies: Dancing

Athlete I Most Admire: Laura Wilkerson

Person Who Has Had The Greatest Influence on My Athletic Career: My father

Favorite Book: Lovely Bones

Favorite Magazine: Cosmo

Favorite Food: Pizza

Favorite Movie: Braveheart

Favorite TV Show: Grey's Anatomy

Favorite Website To Visit: Facebook

City I've Never Been To But Want To Visit: Los Angeles, Calif.

Entertainment Figure I'd Most Like To Have Dinner With: Brad Pitt

yard backstroke with a career best in the event, elevating here to 10th all-time at Carolina...named an All-Conference Performer for her swim on the 400 free relay...tapped for 2006-07 ACC Academic Honor Roll...qualified for Dean's List in spring semester 2007...also named to 2007 All-ACC Academic Swimming Team.

Prep: Graduated from St. Marks High School in Wilmington, Del., In June 2006...was a member of the swimming team there for four years...also played volleyball for one year...was captain of high school swimming team...U.S. Swimming Academic All-America for three years...National Merit Commended Student...treasurer of National Honor Society...graduated with a 3.89 grade point average.

Personal: Given name is Megan Elizabeth Steeves...daughter of Amy and Kent Steeves...was born June 30, 1988 in Newark, Del. ...has one sister, Katie, 16.

Stats About Steeves

Academic Major at Carolina: Undeclared

Career Plans: Medicine

Hobbies: Being with Friends and Family, Puzzles

Biggest Sports Thrill: Winning ACC's

Person Who Has Had The Greatest Influence on My Athletic Career: My parents

Favorite Book: The DaVinci Code

Favorite Food: Lasagna

Favorite Movie: The Notebook

Favorite TV Show: Friends

City I've Never Been To But Want To Visit: Paris, France

Entertainment Figure I'd Most Like To Have Dinner With: Jennifer Aniston



Barbara THOMAS

Sophomore, 5-8 IM, Backstroke Plantation, Fla.

Career Best Times: 23.69 in 50-yard freestyle; 2:03.36 in 200-yard backstroke; 1:05.15 in 100-yard breaststroke; 2:03.40 in 200-yard individual medley.

General: Returning letter winner who is one of UNC's more versatile swimmers in the freestyle springs, backstroke, breaststroke and IM...will contribute in the backstroke and freestyle events this year...

2006-07: Competed in the two individual medleys and 200 backstroke at the ACC Championships...placed 12th in the 200 backstroke competition with a 2:03.36...finished 14th in the 200 IM, swimming a career best in preliminaries and an NCAA consideration qualifying time...named to 2006-07 ACC Aca-

Barbara's Business

Academic Major at Carolina: Undeclared

Career Plans: Something in the health field

Hobbies: Beach, Baking, Friends

Athlete I Most Admire: Dara Torres

Biggest Sports Thrill: Winning ACC's last year

Person Who Has Had The Greatest Influence on My Athletic Career: My Dad

Favorite Book: My Sister's Keeper

Favorite Magazine: Women's Health

Favorite Food: Sushi

Favorite Movie: The Notebook

Favorite Website To Visit: Facebook

City I've Never Been To But Want To Visit: Fiji

Entertainment Figure I'd Most Like To Have Dinner With: Rachael McAddams



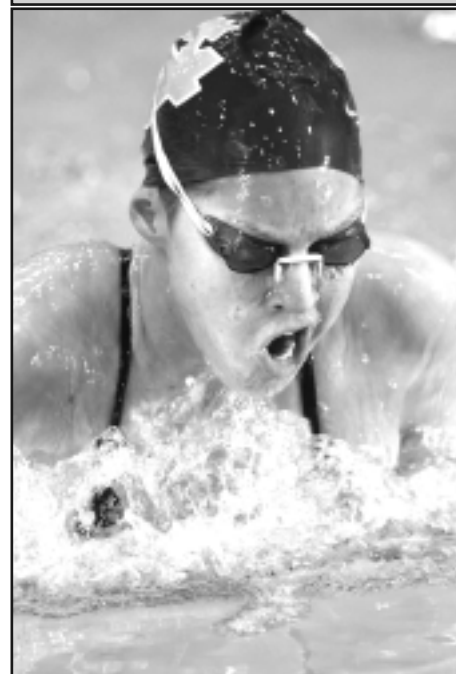
Megan STEEVES

Sophomore, 5-7 Freestyle, Back Newark, Del.

Career Best Times: 23.27 in 50-yard freestyle; 50.39 in 100-yard freestyle (10th in school history); 1:50.46 in 200-yard freestyle; 56.10 in 100-yard backstroke; 2:03.03 in 200-yard backstroke.

General: Returning letter winner who excels in the backstroke and the freestyle sprints...had the second-fastest 100 back time for UNC in 2006-07 and moved into 10th place on Tar Heel all-time chart for the event.

2006-07: Qualified to swim in five events at the NCAA Championships, two individual and on a trioof relays...earned a career best time of 50.39 in the 100-yard free at NCAA's...achieved NCAA consideration times in all of her events at ACC Championships...placed 10th in the 50 free and eighth in the 100-yard freestyle...was a member of the champion 400 free relay team that set a conference record...also finished ninth in the 100-



demic Honor Roll.

Prep: Graduated on May 16, 2006 from St. Thomas Aquinas High School in Fort Lauderdale, Fla....four-year member of swimming team there...was captain of the team as a senior...specialized as a prepster in the 200 IM, 100 breast and 100 back...high school state champion in the 200 IM in 2004 and 2005...Scholastic All-America selection from 2004 through 2006...2006 Southern Zone champion and record holder in 50-meter freestyle while swimming for Fort Lauderdale Aquatics...U.S. Swimming Scholastic All-America selection...competed for Fort Lauderdale Aquatics club team.

Personal: Full name is Barbara Thomas...daughter of Ann and Jay Thomas...was born December 13, 1987...has one sister, Morgan, 17.



Allison BARNES
Freshman, 5-8
Freestyle
Bel Air, Md.

Career Best Times: 1:51.53 in 200-yard freestyle; 4:52.19 in 500-yard freestyle; 10:00.67 in 1000-yard freestyle; 16:55.88 in 1650-yard freestyle.

General: Outstanding addition to the Tar Heels' distance freestyle corps.

Prep: Graduated from C. Milton Wright High School in May 2007...finished first at state meet in 200 free in 2005 and in the 200 back in 2006...had nationally-ranked times in the 400 free, 500 free, 80 free and 1500 free in 2006...2003 individual state cross country champion...captained state champion cross country team in 2004...participated in inaugural Nike Team Nationals that year...named student-athlete of the week in Baltimore area by the Ravens and Fox News...was on distinguished honor roll all through high school...member of National Honor Society as a senior...varsity club member for two years...editor of the yearbook as a senior.

Personal: Full name is Allison Nelson Barnes...daughter of Keith and JoEllen Barnes...born March 29, 1989 in Baltimore, Md. ...has one sister, Amanda, 21.



All About Allison

Academic Major at Carolina: Undeclared
Career Plans: Undetermined
Hobbies: Watching Sports, Cooking, Shopping
Athlete I Most Admire: Cal Ripken, Jr.
Biggest Sports Thrill: Winning state championship in cross country as a high school freshman
Person Who Has Had The Greatest Influence on My Athletic Career: My parents and sister, Coach Paul Yetter
Favorite Book: Angels and Demons
Favorite Magazine: Cosmo
Favorite Food: Crabs
Favorite Movie: Zoolander
Favorite TV Show: Criminal Minds, Entourage, Top Chef
Favorite Website To Visit: Facebook
City I've Never Been To But Want To Visit: Athens, Greece
Entertainment Figure I'd Most Like To Have Dinner With: Mark Wahlberg



Alex HAMILTON
Freshman, 5-3
Diving
Holly Springs, N.C.

General: Outstanding in-state diver who will redshirt during the 2007-08 season.

Prep: Graduated from Southeast Raleigh High School on June 1, 2007...member of varsity diving team there for four years...dove with the North Carolina Carolina Aquatic Club's junior olympic program...conference and regional champion three years each...2006 third-place state finisher...most valuable athlete in 2005 and most improved in 2004...won North Carolina Academic Scholars Award.

Personal: Given name is Alexandra Samantha Christine Hamilton...daughter of Ken and Christine Hamilton...was born August 14, 1989 in Los Gatos, Calif. ...has one brother, Kenny, 14.

Assessing Alex

Academic Major at Carolina: Pharmacy
Career Plans: Pharmacist
Hobbies: Photography
Athlete I Most Admire: Gabby Mayo, a high school classmate held a world record in track
Biggest Sports Thrill: Finishing third at the 2006 state championships
Person Who Has Had The Greatest Influence on My Athletic Career: My Mom
Favorite Book: Cyrano de Bergerac
Favorite Magazine: Cosmopolitan
Favorite Food: Fried Cheesecake at Paddy's Hallow in Wilmington
Favorite Movie: The Little Mermaid
Favorite TV Show: Grey's Anatomy
Favorite Website To Visit: Facebook
City I've Never Been To But Want To Visit: Paris, France
Entertainment Figure I'd Most Like To Have Dinner With: Will Farrell



Caroline HARTMANN
Freshman, 5-7
Backstroke
Williamsburg, Va.

Career Best Times: 57.10 in 100-yard backstroke; 2:04.74 in 200-yard backstroke.

General: Strong addition to the Tar Heel backstroke group.

Prep: Graduated from Walshingham Academy on June 2, 2007...four-year high school letter winner in the 100 back and 200 IM...also played tennis in high school...competed in club swimming for three years as a backstroke...All-State as a junior and senior...All-Conference all four years of high school...state champion and record holder in the 100 backstroke...won the Eloise Jacobs Leadership and Sportsmanship Award as a senior...high school All-America in the 100 back in the 12th grade...swim team captain as junior and senior...led a state championship team in 2006...with her club team she was a junior national qualifier, the 2006-07 team captain and most dedicated swimmer recipient in 2004...member of National Honor Society and French National Honor Society.

Personal: Full name is Caroline Kimball Hartmann...nicknamed Caki or Cakattack...daughter of Paul and Barbara Hartmann...was born September 15, 1989 in Williamsburg, Va. ...has two brothers, John, 24, a UNC swimmer from the Class of 2005, and Will, 21.



Catching Up With Caroline

Academic Major at Carolina: Undeclared
Career Plans: Undetermined
Hobbies: Boating, Scuba Diving, Fishing
Athlete I Most Admire: Roger Federer
Biggest Sports Thrill: Watching Carolina basketball win the national championship in 2005
Person Who Has Had The Greatest Influence on My Athletic Career: My Mom and my coach, Jack Bierie
Favorite Book: It's Not About The Bike by Lance Armstrong
Favorite Food: Steak, spaghetti
Favorite Movie: Elf
Favorite TV Show: Man vs. Wild, Family Guy
Favorite Website To Visit: Facebook
City I've Never Been To But Want To Visit: Paris, France
Entertainment Figure I'd Most Like To Have Dinner With: Will Ferrell, Kenny Chesney



FRESHMAN WOMEN'S BIOS



**Katura
HARVEY**

**Freshman, 5-9
Freestyle
Rockville, Md.**

Career Best Times: 50.95 in 100-yard freestyle; 1:48.66 in 200-yard freestyle; 4:48.57 in 500-yard freestyle (6th in school history); 9:49.88 in 1000-yard freestyle; 16:33.07 in 1650-yard freestyle.

General: Tremendous addition to the Tar Heels in the freestyle events from the 100 through the 1650...her top high school time in the 200 would be sixth on the UNC career chart, her 500 time would be seventh, her 1000 time third and her 1650 time 10th.

Prep: Graduated from Richard Montgomery High School in June 2007...four-year letter winner in the distance freestyles...has competed in club swimming since 1994...All-Gazette and All-County first-team selection 2004-07...All-Metropolitan first-team 2006 and 2007...high school team captain in 2006-07...Metro Swimming Championships title winner in 200 free, 500 free and on the 400 free relay...AP Distinguished Scholar...International Baccalaureate Program graduate...National Merit Commended Scholar

Personal: Name is Katura Margaret Harvey...daughter of Phil Harvey and Kathy Radimer...was born February 25, 1989 in Brisbane, Queensland...has one brother, Will, 21.

Hanging Around With Harvey

Academic Major at Carolina: Peace, War & Defense; History

Career Plans: Work in the State Department

Hobbies: Sleeping, Eating, Reading, Computers

Athlete I Most Admire: Dara Torres

Biggest Sports Thrill: Watching the UNC basketball team win the 2005 NCAA title; the adrenaline rush from watching or even better being in a really close race

Person Who Has Had The Greatest Influence on My Athletic Career: One of my coaches, Jim Williams

Favorite Book: Lord of the Rings

Favorite Magazine: Rolling Stone

Favorite Food: Strawberry Cheesecake

Favorite Movie: Lord of the Rings trilogy

Favorite TV Show: Pinky and the Brain

Favorite Website To Visit: Facebook

City I've Never Been To But Want To Visit: London, England

Entertainment Figure I'd Most Like To Have Dinner With: Johnny Depp



**Rebecca
KANE**

**Freshman, 5-11
Freestyle
Toms River, N.J.**

Career Best Times: 23.21 in 50-yard freestyle; 50.41 in 100-yard freestyle; 1:50.20 in 200-yard freestyle.

General: Very talented freestyle sprinter...will be a strong addition in the 50, 100 and 200 freestyles.

Prep: Graduated in June 2007 from Monsignor Donovan High School...swam four years there as a freestyle sprinter...nine-time high school All-America selection...U.S. Swimming senior national qualifier...high school swim team captain...state record holder in the 50 and 100 freestyles...first swimmer to ever swim faster than 51 seconds in the 100 freestyle in New Jersey history...NJSIAA New Jersey Swimmer of the Year selection...National Honor Society member.

Personal: Full name is Rebecca Lynn Kane...nicknamed Bec...daughter of Mike and Linda Kane...was born February 3, 1989 in Toms River, N.J. ...has two brothers, Mike, 15, and Wesley, 8, and two sisters, Erica 17, and Mikaela, 7.

Rebecca's Rules

Academic Major at Carolina: Undeclared

Career Plans: Undetermined

Hobbies: Swimming, listening to music

Athlete I Most Admire: Dara Torres

Biggest Sports Thrill: Swimming in the high school state meet

Person Who Has Had The Greatest Influence on My Athletic Career: My Dad

Favorite Book: Dolores Claiborne

Favorite Magazine: Cosmo

Favorite Food: Pierogies

Favorite Movie: Remember The Titans

Favorite TV Show: Laguna Beach

Favorite Website To Visit: Facebook

City I've Never Been To But Want To Visit: Los Angeles, Calif.

Entertainment Figure I'd Most Like To Have Dinner With: Jennifer Aniston



**Katie
MARSH**

**Freshman, 5-10
Breaststroke
Ocean Ridge, Fla.**

Career Best Times: 1:04.50 in 100-yard breaststroke; 2:18.27 in 200-yard breaststroke.

General: Top flight addition to Carolina's freshman class who specializes in the breaststroke events.

Prep: A May 2007 graduate of Saint Andrew's School in Boca Raton, Fla. ...a U.S.A. Swimming Academic All-America selection...NISCA All-America in the 100 breaststroke for four years...two-year state champion in 100 breast...team MVP three times and top rookie one year...Boca Raton News Swimmer of the Year choice...Sun-Sentinel Swimmer of the Year...National Honor Society member...on Dean's List four years...Palm Beach County Gold Key Award for photography recipient...an outstanding club swimmer...qualified for national in 200-meter breast...FGC record holder in both breast events...Southern Zones two-time 200-meter breast champion...broke zone record for 15-18 age group in 200-meter breast...member of zone record breaking 200 free relay team.

Personal: Full name is Kathryn Leigh Marsh...daughter of Jean and Mark Marsh...was born Sept. 15, 1988 in Boynton Beach, Fla. ...has one sister, Jenny, 21.



Marsh Makes Her Mark

Academic Major at Carolina: Undeclared

Career Plans: Undetermined

Hobbies: Photography, Music, The Beach

Athlete I Most Admire: Leila Vasiri

Biggest Sports Thrill: When FGC Team won the 2006 Southern Zone championship

Person Who Has Had The Greatest Influence on My Athletic Career: My coach Allan Williams

Favorite Book: The Great Gatsby

Favorite Magazine: Cosmo

Favorite Food: Everything except olives

Favorite Movie: Basically any comedy

Favorite TV Show: Entourage, Grey's Anatomy

Favorite Website To Visit: Facebook

City I've Never Been To But Want To Visit: Anywhere in Australia

Entertainment Figure I'd Most Like To Have Dinner With: My deceased grandfathers



Ashley MILLER

**Freshman, 5-11
Freestyle, IM
Cincinnati, Ohio**

Career Best Times: 4:57.30 in 500-yard freestyle; 10:07.76 in 1000-yard freestyle; 16:46.96 in 1650-yard freestyle; 2:08.01 in 200-yard individual medley; 4:30.12 in 400-yard individual medley.

General: Another talented distance freestyler and IM specialist who has enrolled at Carolina. **Prep:** Graduated from Saint Ursula Academy...four-year varsity high school swimmer who also swam for Anderson Barracudas club team since 1997....high school team captain...four-year state qualifier in the 200 IM and 500 free...Top 8 state qualifier in both events at state meet her sophomore through senior years...Cincinnati Enquirer 2006 All-City...four-time high school All-America selection...Ohio high school Scholar Athlete...National Merit Finalist...AP Scholar Award...National Honor Society member...National Fresh Honor Society member.

Personal: Given name is Ashley Lorraine Miller...daughter of Claire and Michael Miller...born August 2, 1988 in Cincinnati, Ohio...has one brother, Alex, 16.

The Accomplished Ashley

Academic Major at Carolina: Biology

Career Plans: Medical School

Hobbies: Taking Pictures, Swimming, Going To Sporting Events, Going On Vacation

Athlete I Most Admire: Carson Palmer

Biggest Sports Thrill: Swimming at Carolina
Person Who Has Had The Greatest Influence on My Athletic Career: My Parents

Favorite Book: The Kite Runner

Favorite Magazine: People

Favorite Food: Ice Cream

Favorite Movie: The Breakfast Club, Wedding Crashers

Favorite TV Show: Grey's Anatomy

Favorite Website To Visit: Facebook

City I've Never Been To But Want To Visit: Paris, France

Entertainment Figure I'd Most Like To Have Dinner With: Anyone from Grey's Anatomy



Janis Hape Dowd Nike Cup Records

Women's Records

Event	Time	Name	School	Year
50 Free	22.09	Jenny Bradford	Kentucky	2006
100 Free	49.08	Nicole Haislett	Florida	1991
200 Free	1:46.24	Jessi Perruquet	North Carolina	2001
500 Free	4:41.09	Whitney Sprague	North Carolina	2007
1000 Free	9:25.49	Janet Evans	Fullerton	1989
1650 Free	15:51.02	Whitney Sprague	North Carolina	2007
100 Fly	53.24	Richelle Fox	North Carolina	1997
200 Fly	1:58.18	Kelly Weeks	North Carolina	2002
	1:58.18	Tori DeSilvia	Tennessee	1995
100 Back	54.00	Janie Wagstaff	Florida	1992
200 Back	1:54.65	Alicia Humphrey	Michigan	1994
100 Breast	1:01.17	Lauren Brick	Florida State	2006
200 Breast	2:12.83	Katie Hathaway	North Carolina	2001
200 IM	2:00.90	Katie Hathaway	North Carolina	2001
400 IM	4:13.73	Melissa Olson	Kentucky	1997
200 Free Relay	1:31.16	Rachel Regone (22.78) Lauren Sindall (22.74) Alex Allen (22.94) Michelle Parkhurst (22.70)	Clemson	2007
400 Free Relay	3:20.38	Erin Abbey (50.04) Anne Weilbacher (49.97) Amy McCullough (49.55) Abby Seskevics (50.82)	Michigan	2002
800 Free Relay	7:17.71	Walker Magill Wilding Nicole Haislett	Florida	1991
200 Medley Relay	1:41.39	Jordan McHorney (26.50) Jessica Botzum (28.17) Megan Newell (24.12) Sara Smith (22.60)	Virginia Tech	2007
400 Medley Relay	3:42.28	Jordan McHorney (56.79) Jessica Botzum (1:02.14) Megan Newell (53.51) Sara Smith (49.84)	Virginia Tech	2007

Men's Records

Event	Time	Name	School	Year
50 Free	19.57	Renato Guerardi	Tennessee	2002
100 Free	43.31	Alex Righi	Yale	2007
200 Free	1:36.33	Ryan Goldberg	Tennessee	2003
500 Free	4:18.91	Yann deFabrique	North Carolina	1993
1000 Free	8:57.84	Fran Crippen	Virginia	2004
1650 Free	15:04.58	Lars Jorgenson	Tennessee	1992
100 Fly	47.57	Scott Beard	Virginia Tech	2007
200 Fly	1:44.60	Josh Glasco	North Carolina	2004
100 Back	46.72	Martin Zubero	Florida	1991
200 Back	1:41.41	Martin Zubero	Florida	1991
100 Breast	53.94	Andrew Bree	Tennessee	2000
200 Breast	1:58.65	Sean Quinn	North Carolina	2002
200 IM	1:47.04	Casey Dauw	Tennessee	2003
400 IM	3:47.17	Casey Dauw	Tennessee	2004
200 Free Relay	1:19.79	Tyler Gustafson Bradley Duryea Josh Fulton	Tennessee	2003
400 Free Relay	2:54.37	Raymond Rosal Bryan Goldberg (44.48) Tyler Gustafson (43.28) Raymond Rosal (43.42) Andrew Bree (43.19)	Tennessee	2003
800 Free Relay	6:27.56	Casey Dauw (1:37.32) Bryan Goldberg (1:36.39) Bradley Boswell (1:37.33) Tyler Gustafson (1:36.52)	Tennessee	2003
200 Medley Relay	1:27.96	Josh Fulton (22.41) Andrew Bree (24.49) Andrew Engle (21.26) Raymond Rosal (19.80)	Tennessee	2003
400 Medley Relay	3:12.27	Josh Fulton (48.04) Andrew Bree (53.26) Jamie Graves (48.16) Tyler Gustafson (43.31)	Tennessee	2003



Dick Baddour • Director of Athletics

Dick Baddour, a 1966 graduate of the University of North Carolina, was named Director of Athletics on June 25, 1997. In his 10 years as director, the UNC Department of Athletics has undergone a number of changes, yet remains one of the premiere programs in the Atlantic Coast Conference and in the nation.

ference and in the nation.

The Goldsboro, N.C., native heads a program that with 28 varsity sports is among the largest in the Atlantic Coast Conference. Carolina prides itself on a strong overall athletic program and finished third in the 2006-07 U.S. Sports Academy Directors' Cup, a measure of NCAA postseason success. The Tar Heels, inaugural winners of the Cup in 1994, have finished among the top 10 teams 12 times in the competition's 14 years. During Baddour's tenure, UNC has claimed 54 ACC Championships, more than any other school over that span.

Baddour is in his 41st year of continuous service to the university. He graduated from UNC in 1966 and was appointed Assistant Dean of Men in 1967. He served as Assistant Dean of Admissions and Assistant Dean of the UNC School of Law and also earned a Master of Arts degree in education prior to joining the athletic department in 1986.

In 2001, he received the Distinguished Service Medal from the UNC General Alumni Association.

Active in Chapel Hill community affairs, he is a past president of the Public School Foundation and has served on the Parks and Recreation Commission. He and his wife, Lynda, have two sons, Allen and David, and a daughter, Jennifer, as well as four grandchildren: Henry, Jack, Lauren and Johnathan.



Dr. Beth Miller • Senior Associate Director of Athletics

Beth Miller is in her 23rd year supervising North Carolina's highly-successful 26-team Olympic Sports program and serves as UNC's Senior Woman Administrator.

Miller is a 1968 alumna of Appalachian State University with a B.S. degree in health and physical education. She has a master's from ASU and earned a Doctor of Arts degree in physical education at Middle Tennessee State in 1974.

From 1969-72, Miller served as the head volleyball and basketball coach at Appalachian State. She became head volleyball coach at UNC in 1975 and led the Tar Heels to four consecutive ACC titles from 1980-83 and five postseason tournament appearances. She also coached softball at Carolina from 1978-79.

In 1979, Miller was named Athletic Business Manager. She retired from coaching volleyball after 1983, but continued to handle all financial affairs for the department through 1987. She has overseen UNC's Olympic Sports program since 1985.

Miller serves on the NCAA Committee on Women's Athletics, as well as a number of Atlantic Coast Conference committees, including those for women's basketball, women's golf and volleyball. She also is a member of UNC's Housing Advisory Board.

Miller is a native of Landis, N.C.



Department of Athletics Mission Statement

The Department of Athletics has offered high quality athletic programs for many years. Through a dedicated commitment to educational interests, competitive athletic programs, and integrity in all areas, the student-athletes, coaches and staff strive to bring credit and recognition to the University.

The mission of the Department is to sponsor a broad-based athletic program that provides educational and athletic opportunities for young men and women to grow and develop, and to serve the interests of the University by complementing and enhancing its diversity and quality of life. Coaches, as educators, are foundational to this process. In keeping with the University's efforts to offer programs of regional and national acclaim, the Department's athletic programs strive for competitive excellence within the Atlantic Coast Conference or other similar institutions. Through its athletic programs, the University seeks to unite students, faculty, staff and alumni in a common and shared experience. The Department seeks to contribute to the diversity of the University by offering opportunities for enhanced racial/ethnic, cultural and geographic representation.

To fulfill this mission, the Department, with the approval of the Board of Trust, has developed principles of operation to provide guidance and direction to its personnel. This Mission Statement and accompanying principles require strong dedication and commitment from all who participate in, coach in and support the Department of Athletics.

UNC Athletics Administration

Chancellor	Dr. James Moeser
Faculty Representative	Dr. Jack Evans
Director of Athletics	Dick Baddour
Senior Associate Athletic Director	Larry Gallo
Senior Associate A.D. (Olympic Sports)	Dr. Beth Miller
Senior Associate A.D. (Operations & Facilities)	Willie Scroggs
Senior Associate A.D. (Business and Finance)	Martina Ballen
Senior Associate A.D. (Student-Athlete Services)	John Blanchard
Associate A.D. (Tickets, Dean E. Smith Center)	Clint Gwaltney
Associate A.D. (Football Administration)	Corey Holliday
Associate A.D. (Communications)	Steve Kirschner
Associate A.D. (Marketing & Promotions)	Rick Steinbacher
Rams Club President	John Montgomery
Director of the Academic Support Program	Robert Mercer
Director of Sports Medicine	Dr. Tim Taft
Associate Director of Sports Medicine	Dr. Dan Hooker
Assistant A.D. (Marketing & Promotion)	Michael Beale
Assistant A.D. (Facility Planning & Management)	Mike Bunting
Assistant A.D. (Strength & Conditioning)	Jeff Connors
Assistant A.D. (Football, Olympic Sports Operations)	Ellen Culler
Assistant A.D. (Compliance)	Amy Herman
Assistant A.D. (Certification & Eligibility)	Susan Maloy
Director of Strength and Conditioning, Olympic Sports	Greg Gatz

Athletic Department Switchboards

Smith Center	(919) 962-6000
Carmichael Auditorium	(919) 962-5411

Mailing Address:

P.O. Box 2126
Chapel Hill, NC 27515

Web Address:

www.TarHeelBlue.com

Overnight Address:

Dean Smith Center
Skipper Bowles Drive
Chapel Hill, NC 27514

Carolina Swimming & Diving Support Staff



Sharon Wagner
Administrative
Assistant



Wayne Walden
Academic
Advisor



Marc Davis
Head Athletic
Trainer



Sarah Vizza
Assistant
Athletic Trainer



Will Bondurant
Student
Manager



Dave Lohse
Athletic
Communications



Clara Andrews
Smith Center
Staff



Angie Bitting
Smith Center
Director



Carolina fans at Koury Natatorium provide their support of the swimmers and divers wearing Carolina Blue at Nike Cup and ACC meets held in Chapel Hill in large and boisterous numbers.



UNC athletic director John Swofford was thrilled to award team captains John Davis and Marc Ferguson with the 1991 ACC championship trophy, Carolina’s third league crown from 1988 to 1991.



Carolina’s sweep of the 200-yard freestyle at the 2003 ACC Men’s Championships was an incredible feat. Left to right, Michael Pigasou, Yuri Suguiyama (ACC champion) and Justin Donato, accounted for the 1-2-3 Tar Heel finish.



While winning the 2007 ACC championship, Carolina’s first in five years, the Tar Heels blew the meet open with the sweep of medal stand spots in the 1650-yard freestyle by Lindsay McIlvain, Whitney Sprague and Nicole O’Donnell.



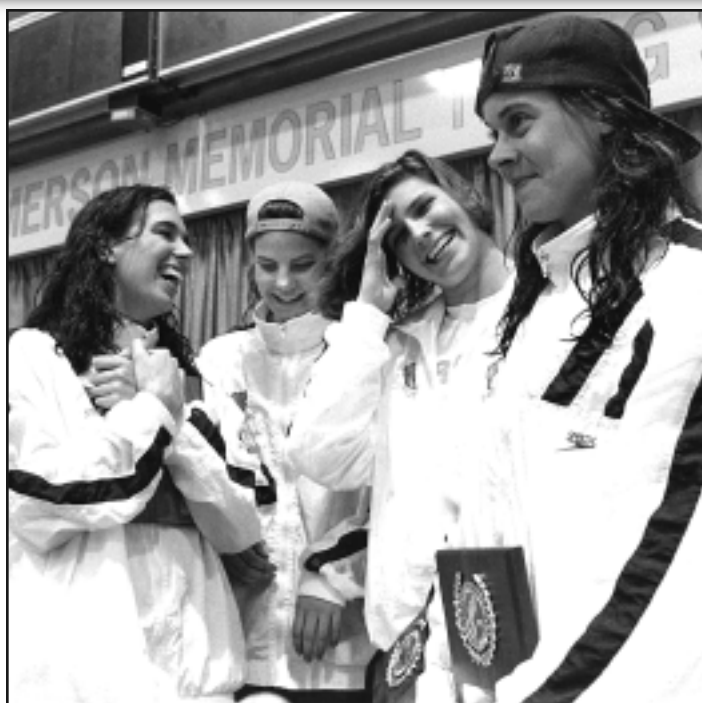
2000 semifinalists at the United States Olympic Swimming Trials included five Tar Heels (clockwise) — Erika Acuff, Summer Mack, Sean Quinn, Katie Hathaway and Molly Freedman.



Thompson Mann led the United States to a gold medal in the 4x100 medley relay at the 1964 Olympic Games in Tokyo. Mann went 59.8 on the opening leg, marking the first time in history a swimmer went under one minute in the 100-meter backstroke.



The greatest swimmer in ACC history, Sue Walsh won 10 individual national championships in backstroke events. She was the American record holder in the 50-meter backstroke, 100-meter backstroke and 100-yard backstroke.



Carolina's victorious 800-yard freestyle relay team at the 1993 ACC Championships included Jenny Huber, Kari Haag, Shannon Allison and Sarah Perroni.



Carolina women's swimmers and divers celebrate UNC's 16th ACC championship in the sport in 2007 with the usual celebratory swim in the pool. Thirty-year head coach Frank Comfort, who retired after the 2007 season, can be seen at the top of the picture.



Carolina had a total of 22 men's and women's swimmers compete in the 2000 U.S. Olympic Trials.



In 1957, Charlie Krepp swept the 100- and 200-yard backstroke events at the NCAA Championships. The '57 NCAA's were held at Bowman Gray Pool in Chapel Hill.



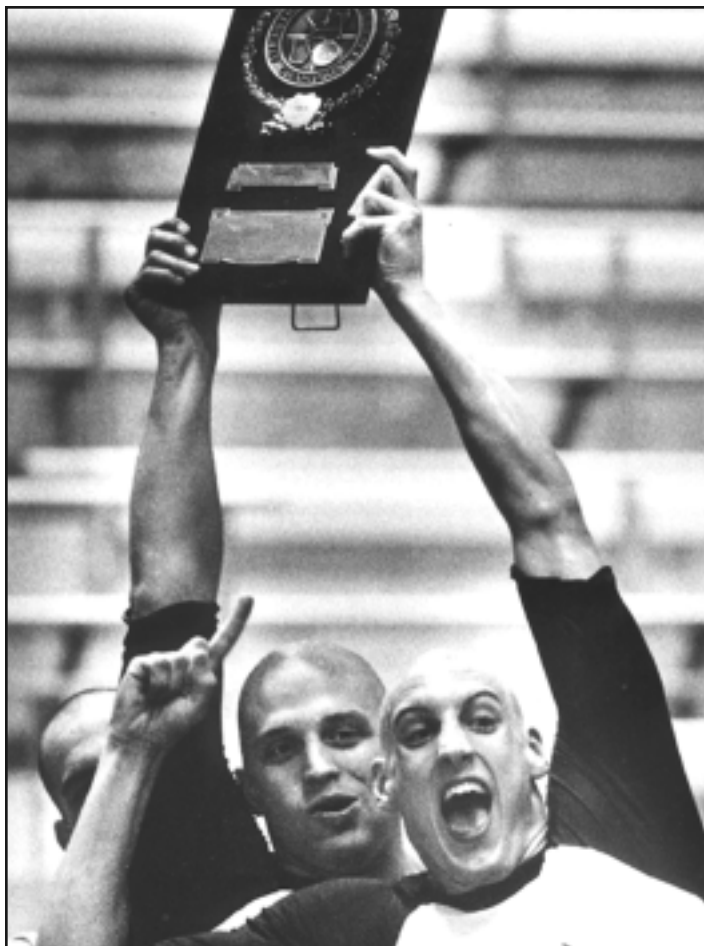
The 1997 Tar Heels celebrate their league championship at Koury Natatorium. It was the fifth of six straight ACC championships the Tar Heel men won from 1993-98.



National champion swimmers Amy Pless, Sue Walsh and Cami Berizzi join head coach Frank Comfort at the ACC Top 50 celebration in 2002.



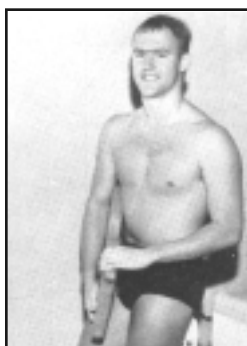
North Carolina has won 17 ACC men's championships and 16 ACC women's championships in history. Here, the 1993 teams celebrate in tandem after the combined championship meet at Koury Natatorium.



In 1983, Carolina won its first ACC men's championship in 19 years at the Duke Aquatics Center in Durham, N.C. Captains Mark Welker and Tim Sutton are seen here with the championship hardware.



Norm Sper was one of only two four-time first-team All-Americans in school history.



Cecil Milton won the Patterson Medal in 1952 as UNC's best senior athlete.



Charlie Krepp won the NCAA titles in the 100 and 200 backstrokes in 1957.



Bill Zickgraf earned All-America honors in 1957 and 1958.

The University of North Carolina's proud swimming and diving heritage pre-dates America's entry into World War II. On January 23, 1939, Tar Heel swimmers and divers participated in the school's first varsity intercollegiate swimming meet against the University of Virginia at historic Bowman Gray Pool on the UNC campus.

Since 1939, Carolina's men's teams have posted a cumulative dual-meet record of 523-180-1, a winning percentage of .743. Carolina teams have captured 14 Southern Conference team championships and 17 Atlantic Coast Conference team titles, while posting a 60-3 (.952) Southern Conference dual-meet mark and a 244-61-1 (.799) record in ACC dual meets. On 28 occasions, UNC men's teams have finished amongst the Top 25 teams at the NCAA Championships. Carolina swimmers have also won four individual NCAA championships in the history of the program.

Although Carolina had women's swimming teams in the early 1970s competing in Association for Intercollegiate Athletics for Women (AIAW) competitions as part of the UNC physical education department, the women's swimming and diving program was not elevated to varsity status and taken under the aegis of the intercollegiate athletic program until the 1974-75 school year. In 32 years, Carolina teams have compiled a 278-55-1 dual-meet record, a winning percentage of .834. Carolina has won 16 ACC championships and never finished lower than third in the league championships, taking first place on 15 occasions, second place on 11 occasions and third place twice.

UNC's record in ACC dual meets is a gaudy 131-19, a winning percentage of .873. Twenty-seven of UNC's 32 women's teams have finished the season ranked in the national Top 25, including 13 straight years from 1976-88 and 10 straight years from 1995 through 2004. The only times Carolina has missed finishing in the Top 25 were in 1975, 1989, 1994, 2005, 2006 and 2007. UNC women's swimmers have also won 15 individual national collegiate championships and produced one national championship relay team.

Roots of the Program Under Dick Jamerson

While these records demonstrate decades of excellence, one of the program's most important years was 1938. That year marked the completion of historic Bowman Gray Pool and the arrival of Carolina's first varsity coach. Without those events the Tar Heel swimming pro-

gram would not exist as we know it today.

The pool was completed on March 25, 1938, but the first meet was not held until almost a year later. The pool was a gift to the University from Mrs. Bowman Gray, Sr., in memory of her two sons, Bowman Gray, Jr., and Gordon Gray.

Bowman Gray Pool served as home to the Carolina swimming and diving program until the fall of 1986 when the Tar Heels moved into their current home, the Maurice J. Koury Natatorium, which is part of the Dean E. Smith Center complex on the UNC campus.

Richard E. Jamerson came to UNC in 1938 from Oberlin College in Ohio to take over the helm of the fledgling Tar Heel team. Dr. Jamerson, one of the top coaches in 1930s collegiate swimming, served as head coach of the Tar Heel program for 11 years. Five of his squads went undefeated and 10 of his teams won Southern Conference championships.

The annual awards given to Carolina's most valuable, most outstanding and most improved swimmers bear Jamerson's name, as does the timing system at the Maurice J. Koury Natatorium.

Ralph Casey Continues the Tradition

Jamerson turned over the coaching reins to his long-time assistant coach, Ralph Casey, on a full-time basis in 1952. Casey had served as interim head coach in 1949 and as co-head coach with his brother, Willis Casey, in 1946. Willis Casey also coached the 1945 Tar Heel team by himself in Jamerson's absence.

Ralph Casey guided the Tar Heels to additional championships during his tenure from 1949 to 1957. Two of Casey's teams won Southern Conference titles and another two teams won Atlantic Coast Conference crowns after UNC became a charter member of the new league in 1953-54. Under his direction, the 1955 squad finished fifth in the nation, the 1953 team tied for fifth nationally, the 1957 squad was sixth at the NCAA Championships and the 1949 team took ninth place.

Patterson Medal Winners Outstanding Senior Student-Athlete at UNC

Name	Year
Denny Hammond	1944
Jimmy Thomas	1951
Cecil Milton	1952
Harrison Merrill	1965
Bonny Brown	1980
Sue Walsh	1984
Katie Hathaway	2002



Bill Roth was a first-team All-America in the 50 free in 1957 and 1958.



Mike Bissell and Thompson Mann captained the 1962-63 Tar Heel team.



Maxine Forrest was the first coach of the UNC women's team in 1974-75.



Rich DeSelm was a UNC assistant from 1978-93.



Laurie Potter was a three-time All-America from 1976-78.



Dave Hansen won back-to-back ACC titles in the 200 free in 1981 & 1982.



Roger Vredevelde was the ACC champion in the 200 IM in 1980.



Tar Heels cheer on their teammates in the early 1980s.

In both 1949 and 1957, the bookends of Casey's tenure, UNC hosted the NCAA Division I Men's Swimming and Diving Championships at Bowman Gray Pool. The 1949 championships marked the first time a national championship event in any sport on the collegiate level had been held in the South. However a visit to Bowman Gray Pool today would lead one to believe that it would have been difficult to host an NCAA Championship in that tiny facility. Somehow UNC pulled it off.

Pat Earey took over as UNC's head coach in 1958 and continued the remarkable swimming success in Chapel Hill. His teams won a percentage of .711 of their dual meets, and they captured five ACC championships before he retired in 1974.

Women's Swimming & Diving Added to Program

With the addition of women's swimming and diving as a varsity sport in 1974-75, the program had split head coaches for the only time in its history as Paul Doty, who was then Carolina's head men's lacrosse coach, coached the men for one season and Maxine Forrest coached the women the same season.

Jim Wood was then brought in to coach both teams in 1976 and 1977 and, after a successful two-year coaching run, he returned to club coaching in New Jersey.

The program's next head coach, Frank Comfort, was hired away from NCAA Division III power Johns Hopkins University, in Baltimore, Md., to take command of both the men's and women's teams during the summer of 1977. Comfort arrived in Chapel Hill after having just led the Blue Jays' men's squad to an NCAA Division III championship in 1977 after attaining runnerup finishes in 1975 and 1976.

He helped continue and improve upon Carolina's swimming success. His men's teams won over 71 percent of their dual meets and the women's teams captured

over 83 percent of their dual meets under his tutelage. His 1983 men's squad captured the school's first ACC title in the sport in 19 years and the 1988 and 1989 teams won back-to-back league crowns for the first time since 1963 and 1964. With six titles in a row, the 1993, 1994, 1995, 1996, 1997 and 1998 men's teams became the first UNC teams since 1956-59 to capture as many as four ACC crowns in a row. The men also made decided progress on the national level. The 1993 team finished 14th, the best Tar Heel national finish since 1967, and the 1996 team had an outstanding 15th-place standing in the championships.

The women finished in the Top 25 in the nation in 25 of the 30 seasons of Comfort's tenure and won 16 of the 29 ACC championships since that meet's inception in 1979. On 11 of the other 13 occasions, the Tar Heels were conference runners-up, an amazing string of consistency.

Comfort's swimmers also did extremely well in the classroom. The 2006-07 school year was the 20th year in a row that Carolina's swimming and diving contingent placed at least 21 members on the ACC Academic Honor Roll as 41 for named to the academic list last year. Beginning with the 1987-88 school year and continuing through last year, UNC swimming has placed 21, 21, 22, 23, 24, 23, 24, 25, 25, 27, 33, 30, 38, 43, 37, 35, 23, 34, 33 and 41 individuals on the ACC Honor Roll over the past 20 school years. That is a consistent record of academic excellence in which the program can truly take pride.

At the end of the 2006-07 school year Comfort retired from coaching after 30 years at Carolina and nine years at Johns Hopkins. No coach in history won more dual meets in their coaching career than Comfort who finished with 578.

Carolina's swimming success since the program's inception cannot be credited only to the outstanding coaches who



Tim Shea won four individual ACC championships from 1985-87.



Susan O'Brien was an individual first-team All-America eight times from 1985-88.



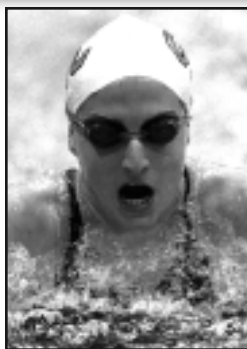
Tony Monasterio was on four ACC champion relays from 1987-90.



John Davis and Marc Ferguson with the 1991 ACC trophy.

Carolina's Olympians

Name	Country	Year	Site
Stan Tinkham (Women's Head Coach)	United States	1956	Melbourne
Thompson Mann	United States	1964	Tokyo
Phil Riker	United States	1964	Tokyo
Ann Marshall	United States	1972	Munich
Janis Hape	United States	1976	Montreal
Wendy Weinberg	United States	1976	Montreal
Sue Walsh	United States	1980	Moscow
Chris Stevenson	Greece	1984	Los Angeles
Yann deFabrique	France	1992	Bracelona
David Monasterio	Puerto Rico	1992	Barcelona
Yann deFabrique	France	1996	Atlanta
Yi-Khy Saw	Malaysia	2004	Athens



Heather Nottingham won three individual ACC breaststroke titles from 1988-91.



John Davis' 11 ACC individual championships are the most in league history.



The 1991 Tar Heels won their third ACC championship in four years.



Rich DeSelm congratulates David Monasterio & Yann deFabrique.

have directed Carolina swimming fortunes. The program has also been distinguished by a long string of outstanding swimmers and divers.

A Who's Who of Great Talent

Seven Tar Heel swimmers have been honored as recipients of the Patterson Medal as the school's outstanding senior athlete, an amazing number for the sport given Carolina's rich athletic heritage in so many other sports, particularly men's basketball. Among those seven are three outstanding women who have won the school's highest athletic award.

Jamerson's early teams were full of stars. They included Denny Hammond of Atlanta, Ga., who in 1942 established a national intercollegiate backstroke record; George Whitner of Jacksonville, Fla., who established a national freshman breaststroke mark in 1942; and Buddy Crone of Goldsboro, N.C., who was the head varsity cheerleader at Carolina and the winner of the national junior Amateur Athletic Union (AAU) diving title.

Several Tar Heels in the early era won the Southern Conference's Most Valuable Swimmer recognition, including Fleming Stone in 1940, Denny Hammond in 1943, Dick Twining in 1948, Jimmy Thomas in 1949, 1950 and 1951 and Donnie Evans, who was the co-winner with Thomas in 1951.

Another one of the outstanding student-athletes in early Carolina swimming and diving history was Norm Sper (1947-50), who both swam on the team and was an outstanding diver, while also serving

as Carolina's head cheerleader during the Charlie Justice football era on campus. He is one of only two men in the program's illustrious history to be named a first-team All-America during each of his four years in school, the other being Eric Ericson (1981-84). In 1949, Sper won the National AAU men's platform diving championship in Los Angeles, Calif.

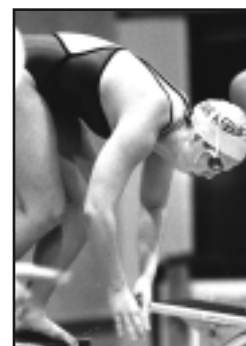
Sper's tremendous diving feat was equaled in 1950 by one of the greatest of all Carolina athletes, Sara Wakefield. A native of Charlotte, N.C., who grew up in Palm Beach, Fla., Wakefield, then 22, won the 1950 women's one-meter AAU national diving championship in her hometown with a score of 133.90. The win came during Wakefield's senior year at Carolina. Don Draper served as Wakefield's diving coach at UNC. Wakefield, while at Carolina, also won the Southeastern AAU championship in 1950 at Atlanta, and the Florida state meet and national junior championships in 1949.

The Greatest Swimmer In Southern History

Jimmy Thomas, the Patterson Medal recipient in 1951, was an amazingly versatile swimmer who won two AAU national individual medley championships and one AAU national backstroke crown during his career. He established 10 American records, four NCAA standards and seven Southern Conference marks while a swimmer at UNC. In 1950, Thomas, considered by many to be the top swimmer in Southern history, became the first swimmer in NCAA annals to be



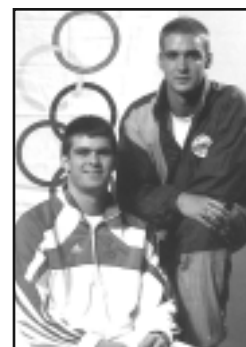
James Hamrick and Sean Gowrie finished 1-3 in the 1650 free at the 1992 ACC's.



Susan Leupold won three individual ACC butterfly championships.



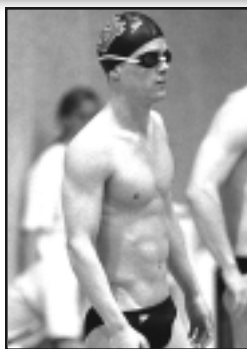
Carolina celebrates its second straight ACC title in 1992.



1992 Olympians Yann deFabrique and David Monasterio

Carolina's Collegiate National Champions

Name	Event	Year	Time
Phil Drake	200-Yard Butterfly	1955	2:13.70
Charlie Krepp	100-Yard Backstroke	1957	58.10
	200-Yard Backstroke	1957	2:07.80
Phil Riker	100-Yard Butterfly	1966	51.19
Ann Marshall	200-Yard Freestyle	1976	
	200-Yard Backstroke	1976	
Bonny Brown	100-Yard Individual Medley	1977	
Sue Walsh	200-Yard Medley Relay	1981	1:42.63
Amy Pless			
Cami Berizzi			
Barb Harris			
Sue Walsh	50-Yard Backstroke	1981	25.97
	100-Yard Backstroke	1981	55.60
Barb Harris	50-Yard Butterfly	1982	24.82
Sue Walsh	50-Yard Backstroke	1982	25.64
	100-Yard Backstroke	1982	54.81
	200-Yard Backstroke	1982	1:59.47
Sue Walsh	50-Yard Backstroke	1983	25.85
	100-Yard Backstroke	1983	55.62
	200-Yard Backstroke	1983	1:59.05
Sue Walsh	100-Yard Backstroke	1984	55.32
	200-Yard Backstroke	1984	1:59.84
Jessi Perruquet	200-Yard Freestyle	2003	1:45.01



Mark Sedlak was the top freestyle sprinter on three ACC championship teams.



Kari Haag was the 1995 & 1996 ACC Women's Swimmer of the Year.



Carrie Szulc won a quintet of individual ACC titles from 1992-95.



Joe Craft was the 1994 ACC Most Valuable Diver.

named an All-America in four different individual events in the same year. He completed his career having never lost in conference competition in the 220- and 440-yard freestyle events. At the 1949 NCAA Championships in Bowman Gray Pool, Thomas was the meet's high scorer, with his best finish being second place in the 150-yard backstroke.

Buddy Baarcke, who was a contemporary of Thomas at Carolina, set a world record in the 100-yard butterfly in 1954. He was the first swimmer in history to go under one minute in the 100-yard distance of three different strokes — the butterfly, the backstroke and the freestyle — and he won gold and bronze medals at the 1955 Pan American Games in Mexico City, Mexico.

Other top men's swimmers have included 1955 NCAA 200-yard butterfly champion Phil Drake; Charlie Krepp, who won NCAA titles in the 100- and 200-yard backstrokes while swimming in the 1957 NCAA Championships at Carolina's own Bowman Gray Pool; Harrison Merrill, the 1965 Patterson Medal recipient who was a three-time All-America and the winner of seven individual ACC titles; and 1966 NCAA 100-yard butterfly titlist Phil Riker, who was also a member of the 1964 U.S. Olympic Team where he placed fourth in the 200-meter butterfly.

Olympic Gold Medalist Thompson Mann

Arguably the finest men's swimmer in Carolina history was Thompson Mann. A three-year All-America, Mann was a 1964 Olympic Games gold medalist as the leadoff swimmer on the United States' victorious 4x100-meter medley relay squad. He set a world record at the Tokyo Olympic Games in the 100-meter backstroke during that race and was the first person to ever smash the one minute at that distance, clocking a time of 59.80 seconds.

Of more recent vintage, outstanding men's swimmers at Carolina have included Ken Ireland, a backstroke who was the Most Valuable Swimmer at the 1979 ACC Championships and a first-team All-America in both 1979 and 1980; Eric Ericson who, like Norm Sper, was a four-year first-team All-America, as well as the 1984 ACC Championships MVP and winner of seven ACC individual titles during his career; Chris Stevenson, a multi-faceted swimmer who competed in the 1984 Olympic Games for Greece and was the Most Valuable Swimmer at the 1986 ACC Championships; the incredibly gifted John Davis, who twice was the ACC Championships MVP and once the

ACC Swimmer-of-the-Year, and who also set the ACC record for career individual men's championships with 11; David Monasterio, who was the ACC Swimmer-of-the-Year in 1991, a two-year first-team All-America, a three-time medalist swimming for Puerto Rico in the 1991 Pan American Games in Havana, Cuba and a member of the 1992 Puerto Rican Olympic Team; James Hamrick, who was a first-team All-America both his junior and senior years, a Chapel Hill native and son of a former Carolina swimming team captain and ACC champion, Harvey Hamrick; and, Yann deFabrique, who swam for France in the 1992 and 1996 Olympics, placing as high as 14th in the 400-meter freestyle in 1992. deFabrique went on to win three medals for the French squad in the 1993 World University Games in Buffalo, N.Y., and two medals for France at the 1995 World University Games in Fukuoka, Japan.

Two 1997 alumni, Steve Bonack and Jeff Weiss, also added their names to the list of great swimmers at Carolina. Both were All-America breaststrokers at UNC.

Trevor Runberg, '98, was a gifted UNC swimmer for four years, being named ACC Co-Swimmer of the Year in 1996 and earning a spot on the U.S. World Championships Team in 1996. In 1999, the top senior swimmers included Tucker Shade, a three-time ACC champion in the 100-yard butterfly and a four-time All-America selection, and Ted Brisson, the former ACC record holder in the 100-yard backstroke and two-time Verizon Academic All-America selection.

More recently, Carolina has produced Sean Quinn, two-time ACC champion and three-time All-America in the breaststroke, and Yuri Suguiyama, 2003 and 2004 All-America and back-to-back ACC champion in the 200-yard freestyle.

Current Tar Heel standouts include Hank Browning, back-to-back ACC champion in the 200-yard freestyle in 2006 and 2007, as well as Chip Peterson, a world champion in open water swimming and top candidate for the 2008 U.S. Olympic Team in 10k open water competition.

Talented Women Since the Inception

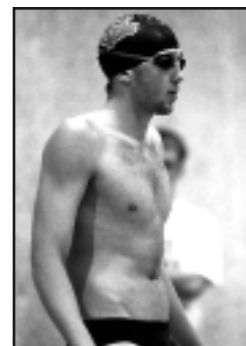
Obviously, there have also been many talented women's swimmers at Carolina. In 1976, Ann Marshall, the first female swimmer to receive an athletic scholarship at UNC, captured AIAW national championships in the 200-yard backstroke and 200-yard freestyle. Marshall, a 1972 Olympian as a 14-year-old prodigy, was followed to campus by Bonny Brown, who in 1980 became the



Leslie Ramsey was named the 1994 ACC Women's Swimmer of the Year.



Scott Troy swept the breaststroke events at the 1996 ACC Championships.



Steve Bonack was a first-team All-America in both breaststrokes in 1996.



Eric Fehr was on four ACC championship teams.



Chancellor Michael Hooker presents Tucker Shade with his 1996 MVP award.



Jeff Weiss won four ACC individual breast-stroke titles.



Micah Copeland captained the 1996 and 1997 ACC championship squads.



Mike Chorba was the 1996 ACC champion in the 1650 freestyle.

first female recipient of the Patterson Medal as UNC's outstanding senior student-athlete. Brown had been a gold medalist at the 1975 Pan American Games in Mexico City and, a year later, she established the American record in the 100-meter freestyle. In 1977, she won the AIAW national championship in the 100-yard individual medley, and later that summer she was a gold medalist at the World University Games.

Hot on the heels of Brown came the incomparable Sue Walsh. North Carolina's outstanding swimming figure of all-time, Walsh won 10 national collegiate individual championships and was on one AIAW national championship relay squad. She was named the Most Valuable Swimmer at the ACC Championships three times and was an American record holder in the 50- and 100-yard backstrokes and the 100-meter backstroke. Walsh won the Patterson Medal in 1984 and, in 1983, she was named the North Carolina Athlete-of-the-Year by the Greensboro News & Record.

Walsh was joined on the United States' 1982 World Swimming Championships and 1983 Pan American Games teams by Tar Heel teammate Polly Winde, an individual medleyist and breaststroker extraordinaire, who also had a standout Carolina career. Winde finished second in the 400-yard individual medley at the 1984 NCAA's and is now married to former Tar Heel baseball star B.J. Surhoff, a major league baseball standout for two decades. Winde has been inducted into the Maryland Swimming Hall of Fame, which also includes former UNC swimmer Wendy Weinberg, '80, and Tar Heel head coach Frank Comfort.

Other outstanding swimmers of the 1980s included Barb Harris, the 1982 NCAA champion in the 50-yard butterfly, and Amy Pless and Cami Berizzi, who combined with Walsh and Harris to win the AIAW national championship in the 200-yard medley relay in 1981.

The ACC MVPs

Several Tar Heel women have been named the Most Valuable Swimmer at the ACC Championships, including Cindy Shirey in 1979, Gayle Hegel in 1980, Sue Walsh in 1981, 1983 and 1984, Susan O'Brien in 1985 and 1988, Melissa Douse in 1992, Kari Haag in 1995, Chrissy Miller in 1996 and 1998 and Richelle Fox in 1997.

Another top swimmer for Carolina was Melanie Buddemeyer, a two-time first-team All-America. Buddemeyer is one of only a handful of women's swimmers in ACC history to sweep an individual event

all four years of her eligibility. Buddemeyer accomplished the feat in two events, winning Atlantic Coast Conference titles in both the 100- and 200-yard butterflys in 1985, 1986, 1987 and 1989. Also duplicating the feat were Walsh in the 100- and 200-yard backstrokes (1981-84), Polly Winde in the 400-yard individual medley (1983-86) and most recently Christy Watkins in the 50-yard freestyle from 2000-03.

A complete list of the great Carolina swimmers would also include Sarah Peroni, who graduated from UNC in 1993. A three-time first-team All-America, Peroni finished fourth in the 50-yard freestyle at the 1993 NCAA Championships, won a pair of medals at the 1993 World University Games and participated on the American Team at the 1993 Pan Pacific Championships in Kobe, Japan. She also swam in the Short Course World Championships in December 1993 in Mallorca, Spain and was a member of the U.S. Swimming Resident National Team training in Colorado Springs, Colo., for two years.

Another great Tar Heel sprinter was Jessi Peruquet who swam at Carolina from 2001-04. Perruquet was the winner of multiple individual and relay ACC championships and she was the 2003 NCAA co-champion in the 200-yard freestyle. Perruquet was the ACC Swimmer-of-the-Year in 2003.

Another tremendous freestyler was Kari Haag, who graduated from Carolina in 1996. Haag was the ACC Swimmer-of-the-Year in both 1995 and 1996 and she came close to winning UNC's first national title in 11 years in 1995 when she finished second at NCAA's in the 200-yard freestyle. Haag is married to Brad Woodall, a former star pitcher for the Tar Heel baseball team who spent several years in the major leagues with the Atlanta Braves, Chicago Cubs and Milwaukee Brewers.

Richelle Fox was the 1997 and 1998 ACC Women's Swimmer-of-the-Year. She had six finishes in championship finals at the 1997 and 1998 NCAA meets, including a pair of second-place finishes in the 100-yard butterfly. Fox was named to the United States squad for the 1999 Pan Pacific Championships. She was joined on that team which competed in Sydney, Australia by Kari Haag and by Molly Freedman, later a standout butterflyer at UNC.

Tar Heels On International Teams

UNC swimmers have also been fixtures competing in international and Olympic-related competitions. That has



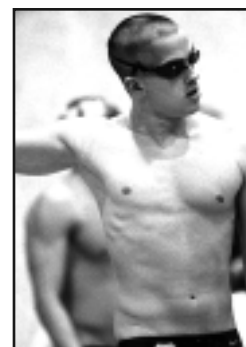
Tracey Barrett was the 1996 ACC champion in the 200-yard backstroke.



Assistant coach Catherine Vogt was a Tar Heel letter winner from 1996-99.



Ethan Hall has the second fastest time in UNC history in the 200 breaststroke.



Tom Schmelzer was a three-time All-ACC selection 1996-98.



Jennifer Strasburger swam on four ACC title-winning relays in the late 1990s.



Erika Acuff won the ACC Women's Swimming Rookie of the Year award in 1997.



Katie Hathaway is the school record holder in the 100 and 200 breaststrokes.



Kevin Erndl shares the school record in the 50-yard freestyle.

especially been true over the past three decades. Starting with Bonny Brown's appearance in the 1977 World University Games, other Tar Heels invited to that biannual competition have been Barb Harris and Gayle Hegel in 1979; Sue Walsh in 1981 at Bucharest, Romania; Eric Ericson and Sue Walsh in 1983 at Edmonton, Alberta; Melanie Buddemeyer in 1985 at Kobe, Japan; Melanie Buddemeyer and Susan O'Brien in 1987 at Zagreb, Yugoslavia; Sarah Perroni, James Hamrick, Yann deFabrique and individual medley standout Carrie Szulc in 1993 at Buffalo, N.Y.; Yann deFabrique, Kari Haag and Trevor Runberg in 1995 at Fukuoka, Japan; and Jessi Perruquet and Jessie Brosch in Daegu, South Korea in 2003. Perruquet won two silver medals at the 2003 World University Games. Haag won a gold medal at the 1995 World University Games as a member of the U.S.'s 800-meter freestyle relay squad, while deFabrique won three medals at the 1993 World University Games and two more medals at the 1995 World University Games.

Buddemeyer and O'Brien also swam together at Brisbane, Australia in August 1987 at the Pan Pacific Games.

In August 1987, UNC had a participant in the Pan American Games in Indianapolis in the person of Tony Monasterio, representing his native Puerto Rico. Tony Monasterio was followed to the same competition four years later by his younger brother David Monasterio, who swam splendidly in the 1991 event at Havana, Cuba. Sean Quinn represented the U.S. at the 2003 Pan American Games in Santo Domingo, Dominican Republic, where he won the silver medal in the 200-meter breaststroke. At the 2007 Pan American Games in Brazil, Chip Peterson won the gold medal in the 1500-meter freestyle and the silver medal in 10k open water swimming.

Carolina Olympians of the past 30 years have included Ann Marshall in 1972, Wendy Weinberg and Janis Hape in 1976, Sue Walsh in 1980, Chris Stevenson in 1984, David Monasterio and Yann deFabrique in 1992, Yann deFabrique in 1996 and Yi-Khy Saw in

Carolina's ACC Top 50 Honorees

Eleven University of North Carolina men's swimmers and 22 Tar Heel women's swimmers headlined the list of the 50 greatest Atlantic Coast Conference men's and women's swimmers and divers of all time, announced in September of 2002 by the ACC. The team encompassed the first 50 years of conference action from 1953-2002.

As part of its 50th anniversary celebration, the ACC recognized the all-time greatest athletes in conference history in each sport. With 33 of the top 100 swimmers in conference history, UNC's total stood at the top of the list among ACC schools.

UNC's total number of 279 ACC Top 50 selections in all sports led all league schools. North Carolina's Sue Walsh was recognized as one of the 50 greatest women's athletes in ACC history.

Following is the complete list of Tar Heel honorees for men's and women's swimming and diving:

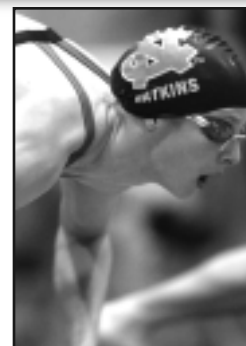
MEN

Name	Years
John Davis	1988-91
Yann deFabrique	1992-95
Phil Drake	1953-55
Eric Ericson	1981-84
Kenny Ireland	1978-81
Charlie Krepp	1955-57
Thompson Mann	1962-64
Harrison Merrill	1963-65
David Monasterio	1990-93
Phil Riker	1966-68
Trevor Runberg	1995-98

WOMEN

Name	Years
Erika Acuff	1997-2001
Cami Berizzi	1981-84
Bonny Brown	1977-80
Melanie Buddemeyer	1985-89
Melissa Douse	1989-92
Lauren Dupree	1977-80
Richelle Fox	1997-98
Kari Haag	1993-96
Janis Hape	1977-80
Barb Harris	1979-82
Katie Hathaway	1999-2002
Gayle Hegel	1980-83
Ann Marshall	1976-79
Chrissy Miller	1995-98
Susan O'Brien	1985-88
Sarah Perroni	1990-93
Jessi Perruquet	2001-04
Amy Pless	1981-84
Leslie Ramsey	1992-95
Sue Walsh	1981-84
Christy Watkins	2000-03
Polly Winde	1983-86

2004. Yann deFabrique also competed for France in the 1994 World Championships in Rome, while Trevor Runberg swam for the American team at the 1998 World Championships. Chip Peterson and Joe Kinderwater will swim in the 2008 World Open Water Championships.



Christy Watkins won four straight ACC titles in the 50 free from 2000-03.



Stephen Krebs was an All-ACC selection in 2000 and 2001.



Kelly Weeks is the ACC record holder in the 200-yard butterfly.



Jon Fox was an NCAA national qualifier in 2006.

Men's All-Americas

1941-42

First-Team All-Americas--Denny Hammond, 150 Back; Denny Hammond, Bob Ousley, George Coxhead, 300 Medley Relay; Denny Hammond, George Coxhead, Truman Hobbs, Jim Barclay, 400 Free Relay.

1943-44

First-Team All-Americas--Percy Mallison, 100 Free; Bill Wildman, 100 Fly; Denny Hammond, Bill Wildman, Percy Mallison, 300 Medley Relay.

1944-45

First-Team All-Americas--Bill Kelly, 200 Breast; Denny Hammond, Bill Kelly, Jesse Greenbaum, 300 Medley Relay.

1945-46

First-Team All-Americas--Mike Morrow, Jack Zimmerman, Dick Twining, Ben Ward, 400 Free Relay.

1946-47

First-Team All-Americas--Ernie Crone, Three-Meter Diving; Norm Sper, One- and Three-Meter Diving.

1947-48

First-Team All-Americas--Norm Sper, One- and Three-Meter Diving; Jesse Greenbaum, Floyd Drew, Mike Morrow, Dick Twining, 400 Free Relay.

1948-49

First-Team All-Americas--Jimmy Thomas, 440 and 1500 Free, 150 Back; Dick Twining, 200 Breast; Norm Sper, Dick Twining, Steve Osborne, 300 Medley Relay; Floyd Drew, Ike Norwood, Dick Twining, Steve Osborne, 400 Free Relay.

1949-50

First-Team All-Americas--Norm Sper, 100 Back; Jimmy Thomas, 440 and 1500 Free, 150 IM, 150 Back.

1950-51

First-Team All-Americas--Buddy Baarcke, 100 Back; Jimmy Thomas, 100 and 200 Back, 150 IM; Jimmy Thomas, Barry Wall, Stan Tinkham, 300 Medley Relay.

1951-52

First-Team All-Americas--Buddy Baarcke, Barry Wall, Stan Tinkham, 300 Medley Relay.

1952-53

First-Team All-Americas--Buddy Baarcke, 100 and 200 Back; Don Evans, 220 Free, 150 IM, 200 Breast; Warren Heeman, 200 Back; Buddy Baarcke, Barry Wall, Jack Edwards, 300 Medley Relay; Jack Edwards, Don Evans, Jim Heins, Buddy Baarcke, 400 Free Relay.

1954-55

First-Team All-Americas--Phil Drake, 200 Fly; Charlie Krepp, 100 and 200 Back; Charlie Krepp, Phil Drake, Dick Baker, 300 Medley Relay.

1955-56

First-Team All-Americas--Lee Holmes, 200 Fly; Charlie Krepp, 100 and 200 Back, 200 IM.

1956-57

First-Team All-Americas--Charlie Krepp, 100 and 200 Back; Telfair Mahaffey, 200 Fly; Bill Roth, 50 Free; Charlie Krepp, Walt Rose, Bill Zickgraf, Bill Roth, 400 Medley Relay; Walt Rose, Tony Schiffman, Bill Roth, Bill Zickgraf, 400 Free Relay; David McInnis, Diving

1957-58

First-Team All-Americas--Telfair Mahaffey, 200 Fly; Bill Roth, 50 Free; Bill Zickgraf, 100 Fly; Bill Roth, Bill Zickgraf, Walt Rose, Brent Nash, 400 Free Relay.

1960-61

First-Team All-America--Harry Bloom, 100 Fly, 100 Free.

1961-62

First-Team All-America--Thompson Mann, 100 and 200 Back.

1962-63

First-Team All-Americas--Thompson Mann, 100 Back; Harrison Merrill, 200 Free.

1963-64

First-Team All-Americas--Thompson Mann, 100 and 200 Back; Harrison Merrill, 100 and 200 Free; Thompson Mann, Fred Lipp, Rick Forum, Davis Roberts, 400 Medley Relay; Thompson Mann, John Sheldon, Harrison Merrill, Davis Roberts, 400 Free Relay.

1964-65

First-Team All-Americas--Pete Worthen, 50 and 100 Free; John Hayden, Rick Forum, Fred Lipp, Davis Roberts, 400 Medley Relay; Pete Worthen, Steve Hildenbrand, Harrison Merrill, Davis Roberts, 400 Free Relay.

1965-66

First-Team All-America--Phil Riker, 100 Fly.

1966-67

First-Team All-Americas--Fred Dannemann, 100 Back; Phil Riker, 100 and 200 Fly; Fred Dannemann, Hamilton Gadd, Phil Riker, Jim Edwards, 400 Medley Relay; Dave Ball, Doug Behrmann, Jim Edwards, Pete Worthen, 400 Free Relay.

1967-68

First-Team All-Americas--Fred Dannemann, 100 Back; Fred Dannemann, Rich Williams, Phil Riker, Jim Edwards, 400 Medley Relay; Greg Meehan, Andy Bristow, Dave Ball, Jim Edwards, 400 Free Relay; Greg Meehan, Dave Ball, Phil Riker, Jim Edwards, 800 Free Relay.

1975-76

First-Team All-Americas--Karl Thiele, Steve McDonald, Tim Balderston, Rich DeSelm, 800 Free Relay.

1976-77

First-Team All-America--Mark List, 200 Back.

1977-78

First-Team All-Americas--Mark List, 100 Back;

Mark List, Mike Amaya, Fritz Homans, Tim Balderston, 400 Medley Relay.

1978-79

First-Team All-America--Ken Ireland, 200 Back.

1979-80

First-Team All-America--Ken Ireland, 100 and 200 Back.

1980-81

First-Team All-America--Eric Ericson, 100 Back.

1981-82

First-Team All-America--Eric Ericson, 100 Back.

1982-83

First-Team All-America--Eric Ericson, 100 and 200 Back.

1983-84

First-Team All-America--Eric Ericson, 100 and 200 Back.

1984-85

Honorable Mention All-America--Chris Stevenson, 100 Back.

1985-86

Honorable Mention All-Americas--Dirk Marshall, 100 Fly; Chris Stevenson, 100 Back.

1987-88

First-Team All-Americas--John Davis, 200 Free; Tony Monasterio, John Davis, Larry Bloch, Jed Guenther, 800 Free Relay. *Honorable Mention All-Americas*--Larry Bloch, John Davis, Jed Guenther, Tony Monasterio, 400 Free Relay.

1988-89

Honorable Mention All-America--Gary Gauch, 100 Breast.

1989-90

Honorable Mention All-Americas--Tod Schroeder, 50 Free; Tod Schroeder, Jed Guenther, John Davis, Tony Monasterio, 200 Free Relay; David Monasterio, John Davis, Jed Guenther, Tony Monasterio, 800 Free Relay.

1990-91

First-Team All-Americas--David Monasterio, 200 Free, 200 Fly. *Honorable Mention All-Americas*--James Hamrick, 1650 Free; Tod Schroeder, Mark Sedlak, Daniel Summerlin, John Davis, 200 Free Relay; James Hamrick, David Monasterio, Ralph Vick, John Davis, 800 Free Relay.

1991-92

First-Team All-America--James Hamrick, 500 Free. *Honorable Mention All-Americas*--David Monasterio, 500 Free and 200 Fly; James Hamrick, 1650 Free; Sean Gowrie, 1650 Free; David Monasterio, James Hamrick, Daniel Summerlin, Sean Gowrie, 800 Free Relay.

1992-93

First-Team All-Americas--Yann deFabrique, 200 Free; James Hamrick, 500 and 1650 Free; David Monasterio, James Hamrick, Daniel Summerlin, Yann deFabrique, 800 Free Relay. *Honorable Mention All-Americas*--Yann deFabrique, 500 Free, 200 Fly; James Hamrick, 200 Free; William Keever, 100 Fly; David Monasterio, 500 Free; Daniel Summerlin, James Hamrick, Mark



Norm Sper, All-America, 1947, 1948, 1949, 1950, Diving, Medley Relay, Backstroke



1981 AIAW National Champion
200-Yard Medley Relay Team



Gayle Hegel, All-America, 1980, 1981, 1982, 1983, Breaststroke, Individual Medley



Amy Pless, All-America, 1981, 1982, 1983, 1984, Freestyle, IM, Breaststroke, Relays



Pete Worthen, All-America 1965, 1967, Freestyle Sprints, Relays



Phil Riker, All-America, 1966, 1967, 1986; NCAA Butterfly Champion, 1966

Sedlak, Yann deFabrique, 400 Free Relay.

1993-94

Honorable Mention All-Americas--Yann deFabrique, 200 and 500 Free, 200 Fly; Daniel Summerlin, 200 and 400 IM.

1994-95

Honorable Mention All-Americas--Trevor Runberg, Micah Copeland, Yann deFabrique, Ed Abele, 800 Free Relay.

1995-96

First-Team All-Americas--Steve Bonack, 100 and 200 Breast; Trevor Runberg, 500 Free. *Honorable Mention All-Americas*--Mike Chorba, 1650 Free; Micah Copeland, 500 Free; Eric Fehr, 200 Breast, 400 IM; Scott Troy, 100 and 200 Breast; Ted Brisson, Steve Bonack, Tucker Shade, Matt Branum, 200 Medley Relay; Trevor Runberg, Scott Troy, Tucker Shade, Ed Abele, 400 Medley Relay; Micah Copeland, Eric Fehr, Trevor Runberg, Ed Abele, 800 Free Relay.

1996-97

Honorable Mention All-America--Steve Bonack, 100 and 200 Breast; Micah Copeland, 500 Free; Tucker Shade, 100 Fly; Jeff Weiss, 200 Breast; Ted Brisson, Steve Bonack, Tucker Shade, Chris Jennings, 200 Medley Relay; Ted Brisson, Steve Bonack, Tucker Shade, Ed Abele, 400 Medley Relay; Micah Copeland, Chris Jennings, Ed Abele, Ted Brisson, 400 Free Relay; Micah Copeland, Ed Abele, Eric Fehr, Trevor Runberg, 800 Free Relay.

1997-98

First-Team All-America--Tucker Shade, 100 Fly.

1998-99

Honorable Mention All-Americas--Tucker Shade, 100 Fly; Ethan Hall, 200 Breaststroke.

1999-2000

First-Team All-America--Sean Quinn, 200 Breast. *Honorable Mention All-America*--David Slawinski, 200 Breast.

2001-02

Honorable Mention All-America--Sean Quinn, 200 Breast.

2002-03

Honorable Mention All-Americas--Sean Quinn, 200 Breast; Yuri Suguiyama, 500, 1650 Free.

2003-04

First Team All America--Yuri Suguiyama, 400 Free. *Honorable Mention All-Americas*--Yuri Suguiyama, 1500 Free; Reid Owen, 1500 Free; Josh Glasco, 200 Fly.

2004-05

Honorable Mention All-America--Josh Glasco, 200 Fly.

2005-06

Honorable Mention All-America--Hank Brown, 500 Free.

2006-07

First Team All America--Chip Peterson, 1650 Free. *Honorable Mention All-America*--Chip Peterson, 500 Free.

Women's All-Americas

1975-76

First-Team All-Americas--Ann Marshall, 100, 200 and 500 Free, 200 Back; Laurie Potter, 100 and 200 IM, 200 Fly; Madelyn Warcholik, 50 Fly; Ann Marshall, Laurie Potter, Madelyn Warcholik, Dale Alton, 200 Medley Relay; Ann Marshall, Laurie Potter, Madelyn Warcholik, Gale Thompson, 200 Free Relay; Ann Marshall, Laurie Potter, Madelyn Warcholik, Gale Thompson, 400 Free Relay.

1976-77

First-Team All-Americas--Bonny Brown, 100 and 200 Free, 100 IM; Lauren Dupree, 200, 500 and 1650 Free; Janis Hape, 200 Breast; Ann Marshall, 50 and 200 Back, 200 and 500 Free; Laurie Potter, 200 Fly; Ann Marshall, Janis Hape, Laurie Potter, Bonny Brown, 400 Medley Relay; Bonny Brown, Lauren Dupree, Laurie Potter, Ann Marshall, 400 Free Relay; Bonny Brown, Lauren Dupree, Ann Marshall, Judy Tooher, 400 Free Relay.

1977-78

First-Team All-Americas--Bonny Brown, 50 and 100 Free, 100 and 200 IM; Lauren Dupree, 200, 500 and 1650 Free, 100 and 200 Fly; Ann Marshall, 200 Back; Laurie Potter, 200 Fly; Judy Tooher, 200 Fly; Cathy Vayda, Judy Tooher, Karen Hoff, Janis Hape, 200 Medley Relay; Ann Marshall, Janis Hape, Karen Hoff, Bonny Brown, 400 Medley Relay; Bonny Brown, Lauren Dupree, Ann Marshall, Judy Tooher, 400 Free Relay.

1978-79

First-Team All-Americas--Bonny Brown, 50 and 100 Free, 100 IM; Lauren Dupree, 200, 500 and 1650 Free; Barb Harris, 50 and 100 Fly, 100 Free; Nancy Hudock, 200, 500 and 1650 Free; Gina Layton, 100 and 200 Back; Cindy Shirey, 50 and 100 Breast, 400 IM; Nance Thompson, 200 and 400 IM; Gina Layton, Cindy Shirey, Barb Harris, Bonny Brown, 200 Medley Relay; Gina Layton, Cindy Shirey, Barb Harris, Nancy Hudock, 400 Medley Relay; Gina Layton, Barb Harris, Bonny Brown, Betsy Hughes, 200 Free Relay; Barb Harris, Bonny Brown, Nancy Hudock, Nance Thompson, 400 Free Relay; Bonny Brown, Nancy Hudock, Lauren Dupree, Ann Marshall, 800 Free Relay.

1979-80

First-Team All-Americas--Bonny Brown, 50 and 100 Free, 100 IM; Cynthia Chilcott, 400 IM; Barb Harris, 50 and 100 Fly, 100 Free; Gayle Hegel, 100 and 200 Breast, 100, 200 and 400 IM; Nance Thompson, 400 IM; Cynthia Chilcott, Cindy Shirey, Barb Harris, Bonny Brown, 200 Medley Relay; Cynthia Chilcott, Gayle Hegel, Barb Harris, Bonny Brown, 400 Medley Relay; Gayle Hegel, Barb Harris, Bonny Brown, Cynthia Chilcott, 400 Free Relay; Lauren Dupree, Liz

Mesmer, Nancy Hudock, Cynthia Chilcott, 800 Free Relay.

1980-81

First-Team All-Americas--Cami Berizzi, 50, 100 and 200 Back, 50 and 100 Fly; Barb Harris, 50 Fly; Gayle Hegel, 100, 200 and 400 IM, 100 and 200 Breast; Liz Mesmer, 200 Free; Amy Pless, 50 and 100 Breast, 50 Free, 100 IM; Jenny Strickland, 50 and 100 Breast; Sue Walsh, 50, 100 and 200 Back, 50 Free; Sue Walsh, Amy Pless, Cami Berizzi, Barb Harris, 200 Medley Relay; Cami Berizzi, Jenny Strickland, Barb Harris, Liz Mesmer, 400 Medley Relay; Amy Pless, Liz Mesmer, Sue Walsh, Barb Harris, 200 Free Relay; Amy Pless, Liz Mesmer, Barb Harris, Gayle Hegel, 400 Free Relay; Liz Mesmer, Sue Walsh, Barb Harris, Gayle Hegel, 800 Free Relay.

1981-82

First-Team All-Americas--Cay Andres, 500 Free; Cami Berizzi, 50, 100 and 200 Back; Barb Harris, 50 and 100 Fly, 100 Free; Gayle Hegel, 100, 200 and 400 IM, 200 Breast; Amy Pless, 50 Breast, 100 IM; Jenny Strickland, 50 Breast; Sue Walsh, 50, 100 and 200 Back, 50 Free, 100 IM; Sue Walsh, Amy Pless, Barb Harris, Sue Scott, 200 Medley Relay; Cami Berizzi, Jenny Strickland, Barb Harris, Sue Scott, 400 Medley Relay; Amy Pless, Sue Scott, Sue Walsh, Barb Harris, 200 Free Relay; Sue Scott, Amy Pless, Cami Berizzi, Barb Harris, 400 Free Relay; Cay Andres, Cami Berizzi, Gayle Hegel, Sue Scott, 800 Free Relay.

1982-83

First-Team All-Americas--Gayle Hegel, 100 and 200 IM; Amy Pless, 50 Breast, 100 IM; Jenny Strickland, 50 Breast; Sue Walsh, 50, 100 and 200 Back, 100 IM; Polly Winde, 100 and 200 Breast, 100, 200 and 400 IM; Sue Walsh, Jenny Strickland, Amy Pless, Sue Scott, 200 Medley Relay; Amy Pless, Sue Scott, Jeanne Gerhart, Sue Walsh, 200 Free Relay; Amy Pless, Sue Scott, Gayle Hegel, Sue Walsh, 400 Free Relay; Cay Andres, Sarah Durstein, Gayle Hegel, Polly Winde, 800 Free Relay.

1983-84

First-Team All-Americas--Martha McCann, 400 IM; Betsy Mitchell, 100 and 200 Back; Amy Pless, 100 Breast, 200 IM; Jenny Strickland, 100 and 200 Breast; Sue Walsh, 100 and 200 Back; Polly Winde, 200 Breast, 200 and 400 IM; Sue Walsh, Jenny Strickland, Betsy Mitchell, Amy Pless, 400 Medley Relay; Amy Pless, Sue Scott, Betsy Mitchell, Sue Walsh, 200 Free Relay; Amy Pless, Sue Scott, Betsy Mitchell, Sue Walsh, 400 Free Relay; Polly Winde, Sue Walsh, Sarah Durstein, Betsy Mitchell, 800 Free Relay.

1984-85

First-Team All-Americas--Melanie Buddemeyer, 100 and 200 Fly; Susan O'Brien, 100 and 200



Back; Polly Winde, 400 IM. *Honorable Mention All-Americas*--Polly Winde, 200 IM, 200 Breast; Susan O'Brien, Polly Winde, Melanie Buddemeyer, Sue Scott, 200 Medley Relay; Susan O'Brien, Polly Winde, Melanie Buddemeyer, Sue Scott, 400 Medley Relay; Susan O'Brien, Melanie Buddemeyer, Nancy Page, Polly Winde, 800 Free Relay.

1985-86

First-Team All-Americas--Susan O'Brien, 100 and 200 Back. *Honorable Mention All-Americas*--Melanie Buddemeyer, 100 and 200 Fly; Polly Winde, 400 IM; Susan O'Brien, Wendy Powers, Melanie Buddemeyer, Patty Schultz, 200 Medley Relay; Susan O'Brien, Wendy Powers, Melanie Buddemeyer, Patty Schultz, 400 Medley Relay.

1986-87

First-Team All-Americas--Melanie Buddemeyer, 100 and 200 Fly; Susan O'Brien, 100 and 200 Back; Susan O'Brien, Wendy Powers, Melanie Buddemeyer, Kim Beattie, 200 Medley Relay; Susan O'Brien, Wendy Powers, Melanie Buddemeyer, Kim Beattie, 400 Medley Relay. *Honorable Mention All-Americas*--Susan O'Brien, 200 IM; Wendy Powers, Susan O'Brien, Karen Engel, Kim Beattie, 200 Free Relay; Melanie Buddemeyer, Wendy Powers, Susan O'Brien, Kim Beattie, 400 Free Relay; Melanie Buddemeyer, Monica Strahl, Martha McCann, Kim Beattie, 800 Free Relay.

1987-88

First-Team All-Americas--Susan O'Brien, 100 and 200 Back. *Honorable Mention All-Americas*--Susan O'Brien, 200 IM; Susan O'Brien, Wendy Powers, Jill Benda, Kim Beattie, 200 Medley Relay; Susan O'Brien, Wendy Powers, Naila Deeb, Kim Beattie, 400 Medley Relay.

1988-89

Honorable Mention All-Americas--Hannah Turlish, 400 IM; Melanie Buddemeyer, Kim Beattie, Melissa Douse, Hannah Turlish, 800 Free Relay.

1989-90

First-Team All-Americas--Sarah Perroni, 100 Free; Melissa Douse, Jill Benda, Jenny Huber, Sarah Perroni, 200 Free Relay; Jenny Huber, Melissa Douse, Jill Benda, Sarah Perroni, 400 Free Relay. *Honorable Mention All-Americas*--Heather Cleavelly, 10-Meter Diving; Sarah Perroni, 50 Free.

1990-91

First-Team All-Americas--Sarah Perroni, Jenny Huber, Jill Benda, Melissa Douse, 200 Free Relay. *Honorable Mention All-Americas*--Jenny Huber, Melissa Douse, Jill Benda, Sarah Perroni, 400 Free Relay.

1991-92

First-Team All-Americas--Carrie Szulc, 400 IM; Jenny Huber, Ann Hart, Melissa Douse, Shannon Allison, 400 Free Relay. *Honorable Mention All-Americas*--Melissa Douse, 50 and 100 Free;

Heather Cleavelly, 3-Meter Diving; Jenny Huber, Leslie Ramsey, Ann Hart, Melissa Douse, 200 Free Relay.

1992-93

First-Team All-Americas--Sarah Perroni, 50 Free; Carrie Szulc, 400 IM; Kari Haag, Jenny Huber, Ann Hart, Sarah Perroni, 400 Free Relay. *Honorable Mention All-Americas*--Kari Haag, 50 Free; Sarah Perroni, 100 Free; Sarah Perroni, Jenny Huber, Ann Hart, Kari Haag, 200 Free Relay.

1993-94

First-Team All-Americas--Leslie Ramsey, 200 Fly; Carrie Szulc, 400 IM. *Honorable Mention All-Americas*--Leslie Ramsey, 500 and 1650 Free.

1994-95

First-Team All-Americas--Kari Haag, 100 and 200 Free. *Honorable Mention All-Americas*--Leslie Ramsey, 200 Fly; Merel Hommen, Kari Haag, Chrissy Miller, Leslie Ramsey, 800 Free Relay.

1995-96

First-Team All-Americas--Kari Haag, 50, 100 and 200 Free. *Honorable Mention All-Americas*--Chrissy Miller, 400 IM; Chrissy Miller, Merel Hommen, Kari Haag, Janney Hooff, 800 Free Relay.

1996-97

First-Team All-Americas--Erika Acuff, 400 IM; Richelle Fox, 50 and 100 Free, 100 Fly. *Honorable Mention All-Americas*--Chrissy Miller, 500 Free and 200 Fly; Erika Acuff, Jennifer Latimer, Richelle Fox, Jennifer Strasburger, 400 Free Relay; Chrissy Miller, Richelle Fox, Jennifer Strasburger, Erika Acuff, 800 Free Relay.

1997-98

First-Team All-Americas--Erika Acuff, 200 IM; Richelle Fox, 50 and 100 Free, 100 Fly; Chrissy Miller, 500 Free. *Honorable Mention All-Americas*--Erika Acuff, 400 IM; Tracey Barrett, 200 Back; Summer Mack, 100 Back; Chrissy Miller, 200 Fly; Summer Mack, Erika Acuff, Richelle Fox, Jennifer Strasburger, 200 Medley Relay; Summer Mack, Erika Acuff, Richelle Fox, Jennifer Strasburger, 400 Medley Relay; Summer Mack, Richelle Fox, Jennifer Strasburger, Erika Acuff, 400 Free Relay; Chrissy Miller, Richelle Fox, Jennifer Strasburger, Erika Acuff, 800 Free Relay.

1998-99

First-Team All-Americas--Katie Hathaway, 400 IM; Erika Acuff, 400 IM. *Honorable Mention All-Americas*--Melissa Fiss, 200 Fly; Katie Hathaway, 200 Breast; Katie Hathaway, Stefanie Rulis, Erika Acuff, Jennifer Strasburger, 800 Free Relay.

1999-2000

First-Team All-Americas--Katie Hathaway, 200 Breast, 400 IM; Summer Mack, 100 Back. *Honorable Mention All-Americas*--Katie Hathaway,

200 IM; Summer Mack, 100 Fly; Christy Watkins, 50 Free; Lauren Silva, 400 IM; Christy Watkins, Katie Hathaway, Summer Mack, Stefanie Rulis, 200 Medley Relay; Christy Watkins, Katie Hathaway, Summer Mack, Stefanie Rulis, 400 Medley Relay; Summer Mack, Katie Hathaway, Stefanie Rulis, Christy Watkins, 200 Free Relay; Katie Hathaway, Stefanie Rulis, Jennifer Strasburger, Lauren Silva, 800 Free Relay.

2000-01

First Team All-Americas--Erika Acuff, 200 IM, 400 IM; Katie Hathaway, 200 IM, 100 Breast, 200 Breast; Summer Mack, 100 Back. *Honorable Mention All-Americas*--Lauren Silva, 400 IM; Jessi Perruquet, 100 Free; Becky Acker, 200 Breast; Kelly Weeks, 200 Fly; Erika Acuff, Jessi Perruquet, Summer Mack, Christy Watkins, 200 Free Relay; Jessi Perruquet, Christy Watkins, Katie Hathaway, Erika Acuff, 400 Free Relay; Kelly Weeks, Jessi Perruquet, Katie Hathaway, Erika Acuff, 800 Free Relay; Summer Mack, Katie Hathaway, Erika Acuff, Christy Watkins, 200 Medley Relay; Christy Watkins, Katie Hathaway, Summer Mack, Jessi Perruquet, 400 Medley Relay.

2001-02

First Team All-Americas--Jessi Perruquet, 200 Free; Katie Hathaway, 200 Breast. *Honorable Mention All-Americas*--Christy Watkins, 50 Free, 100 Free; Katie Hathaway, 200 IM, 100 Breast; Becky Acker, 200 Breast; Jessi Perruquet, 100 Free; Christy Watkins, Katie Hathaway, Kelly Weeks, Jessi Perruquet, 200 Medley Relay; Christy Watkins, Becky Acker, Kelly Weeks, Jessi Perruquet, 400 Medley Relay; Jessi Perruquet, Katie Hathaway, Stefanie Rulis, Christy Watkins, 200 Free Relay; Christy Watkins, Katie Hathaway, Stefanie Rulis, Jessi Perruquet, 400 Free Relay; Kelly Weeks, Katie Hathaway, Christy Watkins, Jessi Perruquet, 800 Free Relay.

2002-03

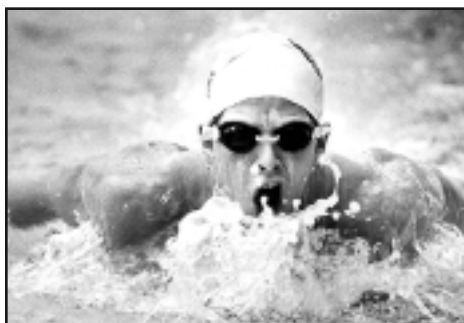
First Team All-Americas--Jessi Perruquet, 100 Free, 200 Free; *Honorable Mention All-Americas*--Christy Watkins, 50 Free; Kelly Weeks, 500 Free, 200 Fly; Becky Acker, 200 Breast; Whitney Smith, Jessi Perruquet, Christy Watkins, Kelly Weeks, 800 Free Relay.

2003-04

First Team All-America--Jessi Perruquet, 200 Free; *Honorable Mention All-Americas*--Kelly Weeks, 200 Fly; Jessi Perruquet, 100 Free; Lizzy Bruce, 200 Breast.

2006-07

First Team All America--Whitney Sprague, 1650 Free. *Honorable Mention All-America*--Whitney Sprague, 500 Free.



Eric Ericson, All-America, 1981, 1982, 1983, 1984, Backstroke



Polly Winde, All-America, 1983, 1984, 1985, 1986, Breaststroke, IM, Relays



Melanie Buddemeyer, All-America, 1985, 1986, 1987, 1989, Butterfly, Relays



Thompson Mann, Harrison Merrill, coach Pat Earey — 14 individual ACC championships combined

Men's Atlantic Coast Conference Champions

1953-54

John Hussey, One-Meter Diving.

1954-55

Phil Drake, 200 Fly; John Hussey, One-Meter Diving; Charlie Krepp, 100 and 200 Back; Charles Parker, Three-Meter Diving.

1955-56

Charlie Krepp, 100 and 200 Back, 200 IM; ^David McInnis, One- and Three-Meter Diving; Dick Baker, Bill Roth, Bill Zickgraf, Walt Rose, 400 Free Relay.

1956-57

Charlie Krepp, 100 and 200 Back, 200 IM; ^David McInnis, One- and Three-Meter Diving; Bill Roth, 50 Free; Bill Zickgraf, 100 Fly; Brent Nash, Telfair Mahaffey, Bill Zickgraf, Bill Roth, 400 Medley Relay; Walt Rose, Brent Nash, Tony Schiffman, Bill Roth, 400 Free Relay.

1957-58

Telfair Mahaffey, 100 Fly; ^Ned Meekins, One- and Three-Meter Diving; Walt Rose, 100 Free; Bill Roth, 50 Free; Tony Schiffman, 220, 440 and 1500 Free; Bill Zickgraf, 200 IM; Brent Nash, Walt Rose, Telfair Mahaffey, Bill Zickgraf, 400 Medley Relay; Bill Roth, Jeff Zwicker, Walt Rose, Kelly Maness, 400 Free Relay.

1958-59

Harry Bloom, 100 and 220 Free, 200 IM; Randy Dodson, 200 Fly; Bob Hunter, 100 and 200 Back; Bob Hunter, Kit Mercer, Jeff Zwicker, Brent Nash, 400 Medley Relay; Randy Dodson, Vinny Simonton, Brent Nash, Jeff Zwicker, 400 Free Relay.

1959-60

Bob Bilbro, 200 Back; Vinny Simonton, 200 Fly.

1960-61

Harry Bloom, 100 Free and 200 IM; Willie Bloom, 200 Free; Harvey Hamrick, 200 Back; Barry King, Bryan Williams, Willie Bloom, Bob Bilbro, 400 Free Relay.

1961-62

Willie Bloom, 220 Free; Thompson Mann, 100 and 200 Back; Sandy Patterson, Three-Meter Diving; Thompson Mann, Bob Briggs, Harry Schiffman, Bob Bilbro, 400 Medley Relay; Willie Bloom, Bryan Williams, Don Murray, Harry Schiffman, 400 Free Relay.



Chrissy Miller — six ACC individual championships (500 free, 1650 free, 400 IM)

1962-63

Frank Lea, 1650 Free; Harrison Merrill, 100 and 200 Free, 400 IM; Thompson Mann, 100 Back, 200 IM; Davis Roberts, Willie Bloom, Harrison Merrill, Thompson Mann, 400 Free Relay.

1963-64

Rick Forum, 200 Breast; Harrison Merrill, 100 and 200 Free, 400 IM; Thompson Mann, 100 and 200 Back, 200 IM; Thompson Mann, Rick Forum, Fred Lipp, Davis Roberts, 400 Medley Relay.

1964-65

Rick Forum, 200 Breast; Harrison Merrill, 500 Free; Steve Hildenbrand, Pete Worthen, Harrison Merrill, Davis Roberts, 400 Free Relay.

1965-66

Phil Riker, 100 and 200 Fly.

1966-67

Phil Riker, 100 and 200 Fly; Jim Edwards, Doug Behrman, Greg Meehan, Dave Ball, 800 Free Relay.

1967-68

Fred Dannemann, 100 Back; Phil Riker, 100 and 200 Fly; Fred Dannemann, Rich Williams, Phil Riker, Jim Edwards, 400 Medley Relay.

1969-70

Gerry Chapman, 400 IM.

1970-71

Jim Osborne, 100 Fly.

1971-72

Jim Osborne, 100 and 200 Fly.

1973-74

Jike Southard, 1650 Free.

1974-75

Dave Marlin, 100 Back.

1975-76

Mark List, 100 and 200 Back; Steve McDonald, 200 Free.

1978-79

*Ken Ireland, 100 and 200 Back; Arnaldo Perez, 200 Fly.

1979-80

Ken Ireland, 100 and 200 Back, 500 Free; Roger Vredevel, 200 IM; Mark Welker, Todd Deckman, Ken Ireland, Dave Hansen, 400 Free Relay; Ken Ireland, Mark Welker, Roger Vredevel, Dave Hansen, 800 Free Relay.

1980-81

Eric Ericson, 100 Back; Dave Hansen, 200 Free; Ken Ireland, 200 Back; Ken Ireland, Robert Bingham, Arnaldo Perez, Dave Hansen, 400 Medley Relay; Bob Omainsky,



1997 Sweep in 200-Yard Breaststroke — Scott Troy (2nd), Jeff Weiss (1st), Steve Bonack (3rd)

Ken Ireland, Mark Welker, Dave Hansen, 800 Free Relay.

1981-82

Eric Ericson, 100 and 200 Back; Dave Hansen, 200 Free; Eric Ericson, Scott Hammond, Dirk Marshall, Dave Hansen, 400 Medley Relay.

1982-83

Eric Ericson, 100 and 200 Back; Eric Ericson, Scott Hammond, Dirk Marshall, Geoff Cassell, 400 Medley Relay; Geoff Cassell, Dirk Marshall, Eric Ericson, Mark Welker, 400 Free Relay; Dan Hamilton, Jeff Schenk, Chris Stevenson, Dirk Marshall, 800 Free Relay.

1983-84

Todd Deckman, 50 Free; *Eric Ericson, 100 and 200 Back; Dan Flack, 1650 Free; Scott Hammond, 100 Breast; Dirk Marshall, 100 Fly; Eric Ericson, Scott Hammond, Dirk Marshall, Geoff Cassell, 400 Medley Relay.

1984-85

Tim Shea, 200 Fly and 400 IM.

1985-86

Dirk Marshall, 100 Fly; Doug Sawyer, 200 Breast; Tim Shea, 400 IM; *Chris Stevenson, 100 and 200 Back; Chris Stevenson, Doug Sawyer, Dirk Marshall, Larry Bloch, 400 Medley Relay; Larry Bloch, Marc Croggon, Chris Stevenson, Dirk Marshall, 400 Free Relay; Larry Bloch, Dan Flack, Dirk Marshall, Chris Stevenson, 800 Free Relay.

1986-87

Doug Sawyer, 100 Breast; Tim Shea, 200 Fly.

1987-88

Larry Bloch, 100 Free; @John Davis, 200 IM and 200 Free; Tod Schroeder, 50 Free; Rich Gleason, John Fischetti, John Davis, Larry Bloch, 400 Medley Relay; Tod Schroeder, Jed Guenther, John Davis, Larry Bloch, 400 Free Relay; Tony Monasterio, Ralph Vick, Larry Bloch, John Davis, 800 Free Relay.

1988-89

John Davis, 100 and 200 Free, 200 IM; Jed Guenther, Tony Monasterio, Chris Himebauch, John Davis, 400 Free Relay.

1989-90

*+John Davis, 100 and 200 Free, 200 IM; Gary Gauch, 100 Breast; David Monasterio, 200 Fly; Tod Schroeder, 50 Free; Tod Schroeder, Jed Guenther, Tony Monasterio, John Davis, 200 Free Relay; Tony Monasterio, David Monasterio, Jed Guenther, John Davis, 800 Free Relay.

1990-91

John Davis, 100 and 200 Back, 200 IM; Marc Ferguson, 1650 Free; John Fischetti, 200 Breast; Gary Gauch, 100 Breast; @David Monasterio, 200 and 500 Free, 200 Fly; John Davis, Gary Gauch, David Monasterio, Tod Schroeder, 200 Medley Relay; Matt Countie, Gary Gauch, David Monasterio, Tod Schroeder, 400 Medley Relay; Tod Schroeder, Mark Sedlak, Daniel Summerlin, John Davis, 200 Free Relay; John Davis, Tod Schroeder, Mark Sedlak, David Monasterio, 400 Free Relay; John Davis, James Hamrick, Ralph Vick, David Monasterio, 800 Free Relay.

1991-92

Yann deFabrique, 200 Free; Gary Gauch, 100 Breast; James Hamrick, 1650 Free; David Monasterio, 500 Free and 200 Fly; David Monasterio, James Hamrick, Daniel Summerlin, Yann deFabrique, 800 Free Relay.

1992-93

Yann deFabrique, 200 Free; Daniel Summerlin, 200 IM; Summerlin, David Monasterio, Mark Sedlak, deFabrique, 400 Free Relay; Summerlin, James Hamrick, Monasterio, deFabrique, 800 Free Relay.

1993-94

&Joe Craft, One-Meter Diving; Yann deFabrique, 200 Fly; Daniel Summerlin, 100 Free and 200 IM; Jon Thorpe, 200 Free; Jeff Weiss, 100 and 200 Breast; Bryan Stuck, Steve Bonack, Yann deFabrique, Daniel Summerlin, 400 Medley Relay; Daniel Summerlin, Jason James, Matt Smith, Mark Sedlak, 200 Free Relay; Daniel Summerlin, Matt Smith, Jason James, Mark Sedlak, 400 Free Relay; Daniel Summerlin, Jon Thorpe, Yann deFabrique, Micah Copeland, 800 Free Relay.

1994-95

Yann deFabrique, 200 and 500 Free, 200 Fly; %Scott Troy, 100 Breast; Jeff Weiss, 200 Breast; Trevor Runberg, Micah Copeland, Ed Abele, Yann deFabrique, 800 Free Relay.

1995-96

Ted Brisson, 100 Back; Mike Chorba, 1650 Free; +Trevor Runberg, 500 Free, 200 Back; *Tucker Shade, 100 and 200 Fly, 200 IM; Scott Troy, 100 and 200 Breast; Ted Brisson, +Steve Bonack, Tucker Shade, Matt Branum, 200 Medley Relay; Trevor Runberg, Scott Troy, Tucker Shade, Matt Branum, 400 Medley Relay; Trevor Runberg, Eric Fehr, Ed Abele, Micah Copeland, 800 Free Relay.

1996-97

Eric Fehr, 200 IM; Tucker Shade, 100 Fly; Jeff Weiss, 200 Breast; Eric Fehr, Micah Copeland, Ed Abele, Trevor Runberg, 800 Free Relay.

1997-98

Ted Brisson, 100 Back; Eric Fehr, 200 Free; Tucker Shade, 100 Fly; Ted Brisson, Brad Kline, Tucker Shade, Ed Abele, 400 Medley Relay.

1999-2000

%Sean Quinn, 200 Breast.

2002-03

Yuri Suguiyama, 200 Free; Seann Quinn, 200 Breast; Eddy Matkovic, 100 Fly.

2003-04

Yuri Suguiyama, 200 Free; &Eric Poitras, Three-Meter Diving.

2005-06

%Hank Browning, 200 Free.

2006-07

Hank Browning, 200 Free

**Selected as Most Valuable Swimmer at Atlantic Coast Conference Championships
@Selected as Co-Most Valuable Swimmer at Atlantic Coast Conference Championships*

#Selected as Swimmer-of-the-Year in the Atlantic Coast Conference

+Selected as Co-Swimmer-of-the-Year in the Atlantic Coast Conference

&Selected as Most Valuable Diver at Atlantic Coast Conference Championships

^Won John A. Futchenberg Award as Outstanding Diver in Atlantic Coast Conference

%Selected as Atlantic Coast Conference Swimming Rookie of the Year

Women's Atlantic Coast Conference Champions

1978-79

Bonny Brown, 50 and 100 Free, 100 IM; Nancy Hudock, 200 Free; Gina Layton, 50 and 100 Back; *Cindy Shirey, 50 and 100 Breast, 200 Back, 400 IM; Sally Winde, 200 Breast; Gina Layton, Cindy Shirey, Barb Harris, Bonny Brown, 200 Medley Relay; Ann Marshall, Nancy Hudock, Barb Harris, Brown, 400 Free Relay; Nance Thompson, Nancy Hudock, Lauren Dupree, Ann Marshall, 800 Free Relay.

1979-80

Bonny Brown, 100 IM; Cynthia Chilcott, 50, 100 and 200 Back, 400 IM; Barb Harris, 50 and 100 Fly; *Gayle Hegel, 50, 100 and 200 Breast, 200 IM; Cindy Shirey, Gayle Hegel, Barb Harris, Bonny Brown, 200 Medley Relay; Cynthia Chilcott, Gayle Hegel, Barb Harris, Bonny Brown, 400 Medley Relay.

1980-81

*Sue Walsh, 50, 100 and 200 Back, 50 Free; Amy Pless, 50 Breast and 100 IM; Gayle Hegel, 200 IM; Cami Berizzi, Jenny Strickland, Karen Hoff, Amy Pless, 200 Medley Relay;

Amy Pless, Liz Mesmer, Sue Walsh, Barb Harris, 200 Free Relay; Gayle Hegel, Barb Harris, Liz Mesmer, Sue Walsh, 800 Free Relay.

1981-82

Barb Harris, 50 Fly; Gayle Hegel, 200 and 400 IM; Amy Pless, 100 IM; Sue Walsh, 50, 100 and 200 Back, 50 Free; Sue Walsh, Jenny Strickland, Barb Harris, Kathy Smith, 400 Medley Relay; Sue Scott, Julie Basichiss, Amy Pless, Cami Berizzi, 200 Free Relay; Amy Pless, Gayle Hegel, Sue Scott, Cami Berizzi, 400 Free Relay.

1982-83

Amy Pless, 50 Breast; Jenny Strickland, 100 Breast; *Sue Walsh, 50, 100 and 200 Back, 100 IM; Polly Winde, 200 and 400 IM, 200 Breast; Sue Walsh, Jenny Strickland, Cami Berizzi, Jeanne Gerhart, 200 Medley Relay; Sue Scott, Amy Pless, Jeanne Gerhart, Sue Walsh, 200 Free Relay; Sue Scott, Amy Pless, Gayle Hegel, Sarah Durstein, 400 Free Relay; Sarah Durstein, Cay Andres, Gayle Hegel, Polly Winde, 800 Free Relay.

1983-84

Amy Pless, 200 IM; Jenny Strickland, 100 Breast; *Sue Walsh, 100 and 200 Back, 100 Free; Polly Winde, 200 Breast and 400 IM; Sue Walsh, Jenny Strickland, Betsy Mitchell, Sue Scott, 200 Medley Relay; Betsy Mitchell, Jenny Strickland, Martha McCann, Sue Scott, 400 Medley Relay; Sue Scott, Sue Walsh, Soraya Sherwani, Amy Pless, 200 Free Relay; Amy Pless, Sue Scott, Betsy Mitchell, Sue Walsh, 400 Free Relay; Sarah Durstein, Martha McCann, MaryLou O'Connor, Polly Winde, 800 Free Relay.

1984-85

Melanie Buddemeyer, 100 and 200 Fly; *Susan O'Brien, 100 and 200 Back, 100 Free; Sue Scott, 50 Free; Polly Winde, 200 and 400 IM; Susan O'Brien, Polly Winde, Melanie Buddemeyer, Sue Scott, 200 Medley Relay; Susan O'Brien, Polly Winde, Melanie Buddemeyer, Sue Scott, 400 Medley Relay.

1985-86

Melanie Buddemeyer, 100 and 200 Fly; Wendy Powers, 100 and 200 Breast; Polly Winde, 200 and 400 IM; Susan O'Brien, Wendy Powers, Melanie Buddemeyer, Patty Schultz, 400 Medley Relay; Melanie Buddemeyer, Kim Beattie, Susan O'Brien, Patty Schultz, 400 Free Relay.

1986-87

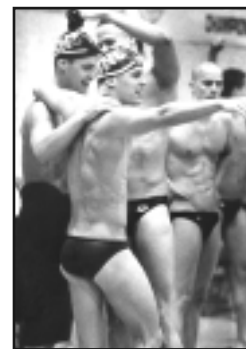
Kim Beattie, 100 Free; Melanie Buddemeyer, 100 and 200 Fly; Karen



**Eric Fehr, 1997
200-yard IM**



**Molly Sullivan, 1999
1650-yard freestyle**



**1991 ACC Champion
400 Freestyle Relay**



**Laura Collier, 2003
200-yard backstroke**

Engel, 50 Free; Susan O'Brien, 100 and 200 Back; Wendy Powers, 100 Breast; %Ann Wentz, Three-Meter Diving; Susan O'Brien, Wendy Powers, Melanie Buddemeyer, Karen Engel, 200 Medley Relay; Susan O'Brien, Wendy Powers, Melanie Buddemeyer, Kim Beattie, 400 Medley Relay.

1987-88

Kim Beattie, 50, 100 and 200 Free; Heather Nottingham, 100 and 200 Breast; *Susan O'Brien, 100 and 200 Back, 200 IM; Hannah Turlish, 1650 Free; Susan O'Brien, Wendy Powers, Jill Benda, Kim Beattie, 200 Medley Relay.

1988-89

Melanie Buddemeyer, 100 and 200 Fly; Kim Beattie, 50 Free; Kim Beattie, Jill Benda, Wendy Powers, Melissa Douse, 200 Free Relay.

1989-90

Susan Leupold, 100 and 200 Fly; Sarah Perroni, 50 and 100 Free; Jenny Huber, Lisa Brown, Susan Leupold, Sarah Perroni, 400 Medley Relay; Jill Benda, Melissa Douse, Jenny Huber, Sarah Perroni, 200 Free Relay; Jenny Huber, Jill Benda, Melissa Douse, Sarah Perroni, 400 Free Relay.

1990-91

Melissa Douse, 100 Free; Susan Leupold, 100 Fly; Heather Nottingham, 200 Breast; Sarah Perroni, 50 Free; Hannah Turlish, 1650 Free; Cathy Burgess, Heather Nottingham, Susan Leupold, Sarah Perroni, 400 Medley Relay; Jill Benda, Melissa Douse, Jenny Huber, Sarah Perroni, 200 Free Relay; Sarah Perroni, Jenny Huber, Jill Benda, Melissa Douse, 400 Free Relay.

1991-92

Shannon Allison, 200 Back; %Heather Cleavelly, One- and Three-Meter Diving; *#Melissa Douse, 50 and 100 Free, 100 Fly; Leslie Ramsey, 200 Fly; Carrie Szulc, 200 and 400 IM; Ann Hart, Lisa Brown, Susan Leupold, Melissa Douse, 200 Medley Relay; Cathy Burgess, Lisa Brown, Susan Leupold, Melissa Douse, 400 Medley Relay; Jenny Huber, Ann Hart, Meredith Gardner, Melissa Douse, 200 Free Relay; Jenny Huber, Shannon Allison, Ann Hart, Melissa Douse, 400 Free Relay.

1992-93

Sarah Perroni, 50 and 100 Free; Trish McHardy, 1650 Free; Carrie Szulc, 400 IM;

Kari Haag, Alison Nemeth, Christy Garth, Sarah Perroni, 200 Medley Relay; Cathy Burgess, Alison Nemeth, Christy Garth, Ann Hart, 400 Medley Relay; Jenny Huber, Kari Haag, Ann Hart, Sarah Perroni, 200 Free Relay; Ann Hart, Kari Haag, Jenny Huber, Sarah Perroni, 400 Free Relay; Kari Haag, Shannon Allison, Jenny Huber, Sarah Perroni, 800 Free Relay.

1993-94

Kari Haag, 50 and 100 Free; #Leslie Ramsey, 200 Fly; Carrie Szulc, 200 and 400 IM; Candiss Johnson, Ann Hart, Kari Haag, Christy Garth, 200 Free Relay; Candiss Johnson, Kari Haag, Christy Garth, Ann Hart, 400 Free Relay.

1994-95

*#Kari Haag, 50, 100 and 200 Free; Christy Garth, Ann Hart, Jennifer Latimer, Kari Haag, 200 Free Relay; Christy Garth, Ann Hart, Tracey Barrett, Kari Haag, 400 Free Relay; \$Chrissy Miller, Merel Hommen, Leslie Ramsey, Kari Haag, 800 Free Relay.

1995-96

Tracey Barrett, 200 Back; #Kari Haag, 50, 100 and 200 Free; *Chrissy Miller, 500 and 1650 Free, 400 IM; Tracey Barrett, Beth Schlessman, Chrissy Miller, Kari Haag, 400 Medley Relay; Tracey Rankin, Christy Garth, Jennifer Latimer, Kari Haag, 200 Free Relay; Jennifer Latimer, Christy Garth, Beth Schlessman, Kari Haag, 400 Free Relay; Chrissy Miller, Merel Hommen, Janney Hooff, Kari Haag, 800 Free Relay.

1996-97

\$Erika Acuff, 200 IM, 400 IM, 200 Breast; *#Richelle Fox, 50 Free, 100 Free, 100 Fly; Tracey Barrett, Beth Schlessman, Richelle Fox, Jennifer Latimer, 200 Medley Relay; Tracey Barrett, Erika Acuff, Richelle Fox, Jennifer Strasburger, 400 Medley Relay; Erika Acuff, Jennifer Latimer, Jennifer Strasburger, Richelle Fox, 200 Free Relay.

1997-98

Erika Acuff, 200 IM; #Richelle Fox, 50 and 100 Free, 100 Fly; \$Summer Mack, 100 Back; *Chrissy Miller, 500 Free, 400 IM, 1650 Free; Summer Mack, Erika Acuff, Richelle Fox, Tracey Rankin, 200 Medley Relay; Summer Mack, Erika Acuff, Richelle Fox, Jennifer Strasburger, 400 Medley Relay.

1998-99

Molly Sullivan, 1650 Free; Melissa Fiss, 200

Fly; Erika Acuff, 200 IM, 400 IM; Erika Acuff, Katie Hathaway, Stefanie Rulis, Jennifer Strasburger, 800 Free Relay.

1999-2000

Christy Watkins 50 Free, 100 Back; Katie Hathaway 100 and 200 Breast; Summer Mack 200 Back; Summer Mack, Katie Hathaway, Stefanie Rulis, Christy Watkins, 200 Free Relay; Christy Watkins, Katie Hathaway, Summer Mack, Stefanie Rulis, 400 Medley Relay.

2000-01

Christy Watkins, 50 Free, 100 Back; \$Jessi Perruquet, 200 Free; Katie Hathaway, 100 Breast; Becky Acker, 200 Breast; Erika Acuff, 200 IM; Christy Watkins, Katie Hathaway, Jessi Perruquet, Erika Acuff, 400 Free Relay; Kelly Weeks, Jessi Perruquet, Katie Hathaway, Erika Acuff, 800 Free Relay; Christy Watkins, Katie Hathaway, Summer Mack, Erika Acuff, 200 Medley Relay; Christy Watkins, Katie Hathaway, Summer Mack, Jessi Perruquet, 400 Medley Relay.

2001-02

Christy Watkins, 50 Free, 100 Back; Jessi Perruquet, 200 Free; Katie Hathaway, 100 Breast, 200 Breast; Kathleen Quinn, 200 Back.

2002-03

Christy Watkins, 50 Free; Kelly Weeks, 200 Fly; Laura Collier, 200 Back.

2003-04

Jessi Perruquet, 100 and 200 Free; Kelly Weeks, 200 Fly; Virginia Hanson, Kelly Weeks, Amanda Smith, Jessi Perruquet, 800 Free Relay.

2004-05

Lizzy Bruce, 200 Breast.

2005-06

Lindsey Marck, 200 Fly.

2006-07

Lindsey Marck, 200 Fly; Whitney Sprague, 500 Free, 1650 Free; Eliza Butts, Megan Steeves, Aubrette Biegel, Kelsey Morrissey, 400 Free Relay; Ashley Howard, Eliza Butts, Kelsey Morrissey, Whitney Sprague, 800 Free Relay.

*Selected as Most Valuable Swimmer at Atlantic Coast Conference Championships

%Selected as Most Valuable Diver at Atlantic Coast Conference Championships

#Selected as Atlantic Coast Conference Swimmer-of-the-Year

\$Selected as Atlantic Coast Conference Rookie-of-the-Year



2003 Sweep in 200 Freestyle — Michael Pigassou (2nd), Yuri Suguiyama (1st), Justin Donato (3rd)



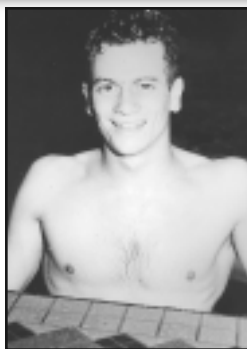
Hank Browning — 200-yard freestyle in 2006, 2007



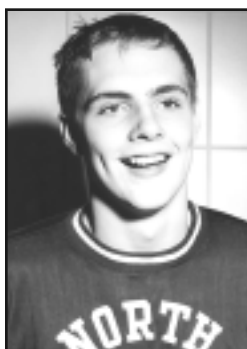
2007 ACC Women's 800 Free Relay Team — Eliza Butts, Kelsey Morrissey, Whitney Sprague, Ashley Howard



CONFERENCE AWARDS WINNERS



Denny Hammond, 1943 Southern Conference Most Valuable Swimmer



Jimmy Thomas, 1949, 1950, 1951 Southern Conference Most Valuable Swimmer



David McInnis, 1956, 1957 John A. Futchenberg Award



Sue Walsh, 1981, 1983, 1984 ACC Most Valuable Swimmer

Men's All-Atlantic Coast Conference Selections

1983-84

Geoff Cassell, Todd Deckman, Eric Ericson, Dan Flack, Scott Hammond, Dirk Marshall, Clay Wellborn

1984-85

Tim Shea, Chris Stevenson

1985-86

Larry Bloch, Marc Croggon, Dan Flack, Dirk Marshall, Doug Sawyer, Tim Shea, Chris Stevenson

1986-87

Larry Bloch, Doug Sawyer, Tod Schroeder, Tim Shea

1987-88

Larry Bloch, John Davis, Nunzio Esposto, Marc Ferguson, John Fischetti, Rich Gleason, Jed Guenther, Tony Monasterio, Tod Schroeder, Ralph Vick

1988-89

Matt Countie, John Davis, Jed Guenther, Chris Himebauch, Tony Monasterio

1989-90

John Davis, Nunzio Esposto, Marc Ferguson, John Fischetti, Gary Gauch, Jed Guenther, David Monasterio, Tony Monasterio, Tod Schroeder

1990-91

Matt Countie, John Davis, Nunzio Esposto, Marc Ferguson, John Fischetti, Gary Gauch, James Hamrick, David Monasterio, Tod Schroeder, Mark Sedlak, Daniel Summerlin, Ralph Vick

1991-92

Yann deFabrique, Gary Gauch, Sean Gowrie, James Hamrick, David Monasterio, Daniel Summerlin

1992-93

Yann deFabrique, James Hamrick, William Keever, David Monasterio, Mark Sedlak, Daniel Summerlin

1993-94

Steve Bonack, Micah Copeland, Joe Craft, Yann deFabrique, Jason James, Mark Sedlak, Matt Smith, Bryan Stuck, Daniel Summerlin, Jon Thorpe, Jeff Weiss

1994-95

Ed Abele, Micah Copeland, Joe Craft, Yann deFabrique, Jay Griffin, Trevor Runberg, Drew Sechrist, Scott Troy, Jeff Weiss

1995-96

Ed Abele, Steve Bonack, Matt Branum, Ted Brisson, Mike Chorba, Micah Copeland, Eric Fehr, Trevor Runberg, Tom Schmelzer, Tucker Shade, Scott Troy

1996-97

Ed Abele, Steve Bonack, Micah Copeland, Eric Fehr, Chris Jennings, Trevor Runberg, Tom Schmelzer, Tucker Shade, Jeff Weiss

1997-98

Ed Abele, Ted Brisson, Mike Chorba, Eric Fehr, Brad Kline, Tom Schmelzer, Tucker Shade

1998-99

Ted Brisson, Justin Rossi, Tucker Shade

1999-2000

Kevin Erndl, Chris Helin, Brad Kline, Stephen Krebs, Sean Quinn, David Slawinski

2000-01

Chris Helin, Stephen Krebs, Stephen Mohr, Sean Quinn, Yuri Suguiyama

2001-02

Kevin Erndl, Eric Poitras, Sean Quinn

2002-03

Justin Donato, Josh Glasco, Eddy Matkovic, Michael Pigassou, Eric Poitras, Sean Quinn, Yuri Suguiyama

2003-04

Eric Poitras, Josh Glasco, Patrick Woodruff, Eddy Matkovic, Yuri Suguiyama

2004-05

Josh Glasco

2005-06

Chad Ames, Hank Browning, Jon Van Assen, Ryan Funderburk

2006-07

Hank Browning, Keith Laabs, Philip Owen, Chip Peterson

Women's All-Atlantic Coast Conference Selections

1983-84

Janice Dalrymple, Sarah Durstein, Martha McCann, Betsy Mitchell, MaryLou O'Connor, Amy Pless, Sue Scott, Soraya Sherwani, Jenny Strickland, Sue Walsh, Polly Winde

1984-85

Melanie Buddemeyer, Susan O'Brien, Sue Scott, Ann Wentz, Polly Winde

1985-86

Kim Beattie, Melanie Buddemeyer, Susan O'Brien, Wendy Powers, Patty Schultz, Polly Winde

1986-87

Kim Beattie, Melanie Buddemeyer, Karen Engel, Susan O'Brien, Wendy Powers, Ann Wentz

1987-88

Kim Beattie, Jill Benda, Heather Nottingham, Susan O'Brien, Wendy Powers, Staci Sawyer, Hannah Turlish

1988-89

Kim Beattie, Jill Benda, Lisa Brown, Melanie Buddemeyer, Melissa Douse, Wendy Powers

1989-90

Jill Benda, Lisa Brown, Dawn Davies, Melissa Douse, Jenny Huber, Susan Leupold, Sarah Perroni, Staci Sawyer

1990-91

Jill Benda, Cathy Burgess, Melissa Douse, Jenny Huber, Susan Leupold, Heather Nottingham, Sarah Perroni, Hannah Turlish

1991-92

Shannon Allison, Lisa Brown, Cathy Burgess, Heather Cleevly, Melissa Douse, Meredith Gardner, Ann Hart, Jenny Huber, Susan Leupold, Trish McHardy, Leslie Ramsey, Theresa Seastrom, Carrie Szulc

1992-93

Shannon Allison, Cathy Burgess, Christy Garth, Kari Haag, Ann Hart, Jenny Huber, Trish McHardy, Alison Nemeth, Sarah Perroni, Carrie Szulc

1993-94

Cathy Burgess, Alison Conrad, Christy Garth, Ann Hart, Kari Haag, Candiss Johnson, Leslie Ramsey, Carrie Szulc

1994-95

Tracey Barrett, Alison Conrad, Christy Garth, Kari Haag, Ann Hart, Merel Hommen, Jennifer Latimer, Chrissy Miller, Leslie Ramsey

1995-96

Tracey Barrett, Christy Garth, Kari Haag, Merel Hommen, Janney Hooff, Jennifer Latimer, Chrissy Miller, Tracey Rankin, Beth Schlessman

1996-97

Erika Acuff, Tracey Barrett, Richelle Fox, Jennifer Latimer, Kelly McLaughlin, Beth Schlessman, Jennifer Strasburger

1997-98

Erika Acuff, Kelsey Durkin, Richelle Fox, Kristin Lozeau, Summer Mack, Chrissy Miller, Tracey Rankin, Jennifer Strasburger

1998-99

Erika Acuff, Melissa Fiss, Katie Hathaway, Stefanie Rulis, Jennifer Strasburger, Molly Sullivan

1999-2000

Katie Hathaway, Summer Mack, Kelly McLaughlin, Stefanie Rulis, Lauren Silva, Christy Watkins

2000-01

Becky Acker, Erika Acuff, Katie Hathaway, Summer Mack, Jessi Perruquet, Leigh Sanders, Lauren Silva, Lindsay Waddell, Christy Watkins, Kelly Weeks



Heather Cleavelly, 1992 ACC Most Valuable Diver



Kari Haag, 1995, 1996 ACC Swimmer of the Year



Scott Troy, 1995 ACC Rookie of the Year



Frank Comfort, 15-time ACC Coach of the Year

2001-02

Becky Acker, Laura Collier, Katie Hathaway, Jessi Perruquet, Kathleen Quinn, Leigh Sanders, Molly Sullivan, Christy Watkins, Kelly Weeks

2002-03

Becky Acker, Laura Collier, Jessi Perruquet, Christy Watkins, Kelly Weeks

2003-04

Virginia Hanson, Amanda Smith, Kelly Weeks, Jessi Perruquet, Lizzy Bruce, Becky Acker, Jessie Brosch

2004-05

Lizzy Bruce, Virginia Hanson, Lindsey Marck, Kelsey Morrissey, Gia Santoro, Kelly Woodruff

2005-06

Lindsey Marck, Nicole O'Donnell, Amanda Smith, Whitney Sprague

2006-07

Aubrette Biegel, Eliza Butts, Alison Clemens, Laura Filip, Ashley Howard, Lindsey Marck, Lindsay McIlvain, Kelsey Morrissey, Nicole O'Donnell, Kristin Oxford, Whitney Sprague

All-ACC Academic Team

2005-06

Men: Jon Albrecht, Robby Swendiman, Jon Fox, Jon Van Assen, Keith Laabs, Patrick Woodruff, Philip Owen

Women: Lizzy Bruce, Erika Mathesis, Meagan Eickman, Gia Santoro

2006-07

Men: Keith Laabs, Philip Owen, Chip Peterson, Adam Schauer, Robby Swendiman

Women: Aubrette Biegel, Meagan Eickman, Kristin Oxford, Emily Reardon, Megan Steeves

ACC Men's Swimmer-of-the-Year

John Davis	1990
David Monasterio	1991
Steve Bonack	1996
Trevor Runberg	1996

ACC Men's Swimming Rookie-of-the-Year

Scott Troy	1995
Sean Quinn	2000
Hank Browning	2006

ACC Men's Swimming Coach-of-the-Year

Frank Comfort	1991
Frank Comfort	1993
Frank Comfort	1996
Frank Comfort	1997

Most Valuable Men's Swimmer at ACC Championships

Ken Ireland	1979
Eric Ericson	1984

Chris Stevenson	1986
John Davis	1988
John Davis	1990
David Monasterio	1991
Tucker Shade	1996

Most Valuable Men's Diver at ACC Championships

Joe Craft	1994
Eric Poitras	2004

John A. Futchenberg Award (Outstanding Men's Diver in ACC)

David McInnis	1956
David McInnis	1957
Ned Meekins	1958

ACC Women's Swimmer-of-the-Year

Melissa Douse	1992
Leslie Ramsey	1994
Kari Haag	1995
Kari Haag	1996
Richelle Fox	1997
Richelle Fox	1998
Jessi Perruquet	2003

ACC Women's Rookie-of-the-Year

Chrissy Miller	1995
Erika Acuff	1997
Summer Mack	1998
Jessi Perruquet	2001

ACC Women's Swimming Coach-of-the-Year

Frank Comfort	1982
Frank Comfort*	1984
Frank Comfort	1985
Frank Comfort	1992
Frank Comfort	1993
Frank Comfort	1995
Frank Comfort*	1996
Frank Comfort	2000
Frank Comfort	2001
Frank Comfort	2002
Frank Comfort	2007

Most Valuable Women's Swimmer at ACC Championships

Cindy Shirey	1979
Gayle Hegel	1980
Sue Walsh	1981
Sue Walsh	1983
Sue Walsh	1984
Susan O'Brien	1985
Susan O'Brien	1988
Melissa Douse	1992
Kari Haag	1995
Chrissy Miller	1996
Richelle Fox	1997
Chrissy Miller	1998

Most Valuable Women's Diver at ACC Championships

Ann Wentz	1987
Heather Cleavelly	1992

Men's Southern Conference Individual and Relay Champions

1939-40: Fleming Stone, 50 and 100 Free; J.A. Barclay, 220 Free; 400 Freestyle Relay.

1940-41: Bob Ousley, 200 Breast; Bob Nicholson, One-Meter Diving; 400 Freestyle Relay; 300 Medley Relay.

1941-42: Bob Ousley, 200 Breast; Denny Hammond, 150 Back; 400 Freestyle Relay; 300 Medley Relay.

1942-43: Denny Hammond, 220 Free and 150 Back; Russell L. Proctor, 440 Free; Buddy Crone, One-Meter Diving; 400 Freestyle Relay; 300 Medley Relay.

1946-47: Jerry Cook, 200 Breast; Norman Sper, 150 Back and One-Meter Diving; Buddy Crone, One-Meter Diving; 400 Freestyle Relay; 300 Medley Relay.

1947-48: Floyd Drew, 50 Free; Dick Twining, 220 and 440 Free; Bob Ousley, 200 Breast; Jimmy Thomas, 150 Back; Norman Sper, One-Meter Diving; 400 Freestyle Relay; 300 Medley Relay.

1948-49: Jesse Greenbaum, 50 Free; Jimmy Thomas, 220 and 440 Free; Bob Hutton, 1500 Free; Dick Twining, 200 Breast and 150 Individual Medley; Norman Sper, 150 Back; Buddy Crone, One-Meter Diving; 400 Freestyle Relay; 300 Medley Relay.

1949-50: Cecil Milton, 220 and 440 Free; Jimmy Thomas, 1500 Freestyle, 200 Breast, 150 Individual Medley; Norman Sper, 100 and 150 Back;

1950-51: Donnie Evans, 440 Free; Barry Wall, 100 Breast; Jimmy Thomas, 100 and 200 Back, 150 Individual Medley; 400 Freestyle Relay; 300 Medley Relay.

1951-52: Barry Wall, 200 Breast; Buddy Baarcke, 100 and 200 Back; 400 Freestyle Relay; 300 Medley Relay.

1952-53: Jack Edwards, 100 Free; Barry Wall, 100 Breast; Donnie Evans, 200 Breast and 150 Individual Medley; Buddy Baarcke, 100 and 200 Back; 400 Freestyle Relay; 300 Medley Relay.

Southern Conference Championships Most Valuable Swimmers

Fleming Stone	1940
Denny Hammond	1943
Dick Twining	1948
Jimmy Thomas	1949
Jimmy Thomas	1950
Donnie Evans	1951
Jimmy Thomas	1951



TEAM AWARD WINNERS

1977-78

Men's Most Valuable Swimmer: Rich DeSelm
Women's Most Valuable Swimmer: Bonny Brown
Men's Most Outstanding Swimmer: Mark List
Women's Most Outstanding Swimmer: Bonny Brown
Men's Most Improved Swimmer: Al Hill
Women's Most Improved Swimmer: Betsy Hughes
Men's Captains: Rich DeSelm, Mark List
Women's Captains: Bonny Brown, Laurie Potter

1978-79

Men's Most Valuable Swimmer: Fritz Homans
Women's Most Valuable Swimmer: Nancy Hudock
Men's Most Outstanding Swimmer: Ken Ireland
Women's Most Outstanding Swimmer: Bonny Brown
Men's Most Improved Swimmer: Robert Bingham
Women's Most Improved Swimmers: Betsy Hughes, Cindy Shirey
Men's Captains: Mike Amaya, Fritz Homans
Women's Captains: Bonny Brown, Laurie Potter

1979-80

Men's Most Valuable Swimmer: Dave Hansen
Women's Most Valuable Swimmer: Bonny Brown
Men's Most Outstanding Swimmer: Ken Ireland
Women's Most Outstanding Swimmer: Gayle Hegel
Men's Most Improved Swimmer: Jeff Schenk
Women's Most Improved Swimmer: Mary Ann Dempster
Men's Captains: Mike Amaya, Fritz Homans
Women's Captains: Bonny Brown, Lauren Dupree

1980-81

Men's Most Valuable Swimmer: Dave Hansen
Women's Most Valuable Swimmer: Sue Walsh
Men's Most Outstanding Swimmer: Eric Ericson
Women's Most Outstanding Swimmer: Sue Walsh
Men's Most Improved Swimmer: Ken Warren
Women's Most Improved Swimmer: Jenny Strickland
Men's Captains: Keith Hoffman, Ken Ireland
Women's Captains: Cindy Shirey, Nance Thompson, Sally Winde

1981-82

Men's Most Valuable Swimmer: Dave Hansen
Women's Most Valuable Swimmer: Sue Walsh
Men's Most Outstanding Swimmer: Eric Ericson
Women's Most Outstanding Swimmer: Sue Walsh
Men's Most Improved Swimmer: Mike Ferguson
Women's Most Improved Swimmer: Jeannette Nabel
Men's Hill Carrow Spirit Award Winner: Roger Vredevelt
Women's Hill Carrow Spirit Award Winner: Patty Huey
Men's Captains: Jose deJesus, Dave Hansen
Women's Captains: Barb Harris, Nance Thompson

1982-83

Men's Most Valuable Swimmer: Chris Stevenson
Women's Most Valuable Swimmers: Sue Walsh, Polly Winde
Men's Most Outstanding Swimmer: Eric Ericson
Women's Most Outstanding Swimmer: Sue Walsh
Men's Most Improved Swimmer: Tim Sutton
Women's Most Improved Swimmer: Sarah Durstein
Men's Hill Carrow Spirit Award Winner: Roger Vredevelt

1983-84

Women's Hill Carrow Spirit Award Winner: Patty Huey
Bruce Webster Memorial Award Winner: Dirk Marshall
Men's Captains: Tim Sutton, Mark Welker
Women's Captains: Cami Berizzi, Sue Walsh

1984-85

Men's Most Valuable Swimmer: Eric Ericson
Women's Most Valuable Swimmer: Sue Walsh
Men's Most Outstanding Swimmer: Eric Ericson
Women's Most Outstanding Swimmer: Sue Walsh
Men's Most Improved Swimmer: Doug Sawyer
Women's Most Improved Swimmers: Martha McCann, Mary Lou O'Connor, Jenny Strickland
Men's Hill Carrow Spirit Award Winner: Geoff Cassell
Women's Hill Carrow Spirit Award Winner: Patty Huey
Bruce Webster Memorial Award Winner: Dirk Marshall
Men's Captains: Eric Ericson, Dirk Marshall
Women's Captains: Amy Pless, Sue Walsh

1985-86

Men's Most Valuable Swimmer: Chris Stevenson
Women's Most Valuable Swimmer: Polly Winde
Men's Most Outstanding Swimmers: Tim Shea, Chris Stevenson
Women's Most Outstanding Swimmer: Melanie Buddemeyer
Men's Most Improved Swimmer: Neil Wilson
Women's Most Improved Swimmer: Deirdre Coury
Men's Hill Carrow Spirit Award Winner: Geoff Cassell
Women's Hill Carrow Spirit Award Winner: Sue Scott
Bruce Webster Memorial Award Winner: Scott Fuller
Men's Captains: Geoff Cassell, Dirk Marshall
Women's Captain: Sue Scott

1986-87

Men's Most Valuable Swimmer: Chris Stevenson
Women's Most Valuable Swimmer: Susan O'Brien
Men's Most Outstanding Swimmers: Dirk Marshall, Chris Stevenson
Women's Most Outstanding Swimmer: Susan O'Brien
Men's Most Improved Swimmer: David Adams
Women's Most Improved Swimmer: Amy Pritchard
Men's Hill Carrow Spirit Award Winner: Dan

Flack

Women's Hill Carrow Spirit Award Winner: Ginny Dunaway
Bruce Webster Memorial Award Winners: Dirk Marshall, Chris Stevenson, Clay Wellborn
Men's Athletic Director's Scholar-Athlete Award Winner: Chris Stevenson
Women's Athletic Director's Scholar-Athlete Award Winner: Sarah Durstein
Men's Captains: Randy Hyre, Chris Stevenson
Women's Captains: Sarah Durstein, Polly Winde

1986-87

Men's Most Valuable Swimmer: Larry Bloch
Women's Most Valuable Swimmer: Susan O'Brien
Men's Most Outstanding Swimmer: Doug Sawyer
Women's Most Outstanding Swimmer: Melanie Buddemeyer
Men's Most Improved Swimmer: Chris Himebauch
Women's Most Improved Swimmer: Karen Engel
Men's Hill Carrow Spirit Award Winner: Dan Flack

Women's Hill Carrow Spirit Award Winner: Martha McCann

Bruce Webster Memorial Award Winner: Tim Shea

Men's Athletic Director's Scholar-Athlete Award Winner: Doug Sawyer

Women's Athletic Director's Scholar-Athlete Award Winner: Martha McCann

Men's Captains: Dan Flack, Doug Sawyer

Women's Captains: Martha McCann, Susan O'Brien

1987-88

Men's Most Valuable Swimmer: John Davis
Women's Most Valuable Swimmer: Susan O'Brien
Men's Most Outstanding Swimmer: Larry Bloch
Women's Most Outstanding Swimmer: Susan O'Brien
Men's Most Improved Swimmer: Jon Austin
Women's Most Improved Swimmer: Jenny Hinchshaw
Men's Hill Carrow Spirit Award Winner: Chris Himebauch
Women's Hill Carrow Spirit Award Winner: Wendy Powers
Bruce Webster Memorial Award Winner: Marc Ferguson

Men's Athletic Director's Scholar-Athlete Award Winner: Scott Fuller

Women's Athletic Director's Scholar-Athlete Award Winner: Erika Schmidt

Men's Captains: Scott Fuller, Chris Himebauch

Women's Captain: Susan O'Brien

1988-89

Men's Most Valuable Swimmer: John Davis
Women's Most Valuable Swimmer: Wendy Powers
Men's Most Outstanding Swimmer: John Davis
Women's Most Outstanding Swimmer: Melanie Buddemeyer
Men's Most Improved Swimmer: Gary Gauch
Women's Most Improved Swimmer: Melissa Douse



1977-78 Team Captains: Mark List, Bonny Brown, Rich DeSelm, Laurie Potter



Fritz Homans, 1979 Most Valuable Swimmer: 1978-79, 1979-80 Captain



Chris Stevenson, Most Valuable Swimmer: 1982-83, 1984-85, 1985-86



Melissa Douse, Most Valuable Swimmer:
1990-91, 1991-92

Men's Hill Carrow Spirit Award Winner: Chris Himebauch
Women's Hill Carrow Spirit Award Winner: Wendy Powers
Bruce Webster Memorial Award Winner: Marc Ferguson
Class of 1989 Most Dedicated Swimmer Award Winner: Wendy Powers
Class of 1940 Blue Dolphin Award Winners: Chris Himebauch, Wendy Powers
Osterneck Family Unsung Hero Award Winners: Craig Silliman, Jeff Sural
Men's Athletic Director's Scholar-Athlete Award Winner: Craig Silliman
Women's Athletic Director's Scholar-Athlete Award Winner: Amy Pritchard
Men's Captains: Jed Guenther, Chris Himebauch
Women's Captains: Amy Pritchard, Wendy Powers
1989-90

Men's Most Valuable Swimmer: John Davis
Women's Most Valuable Swimmer: Sarah Perroni
Men's Most Outstanding Swimmer: John Davis
Women's Most Outstanding Swimmer: Sarah Perroni
Men's Most Improved Swimmer: James Hamrick
Women's Most Improved Swimmer: Jenny Huber
Men's Hill Carrow Spirit Award Winner: Jed Guenther
Women's Hill Carrow Spirit Award Winner: Jenny Hinshaw
Bruce Webster Memorial Award Winner: Marc Ferguson
Class of 1989 Most Dedicated Swimmer Award Winner: Jenny Hinshaw
Class of 1940 Blue Dolphin Award Winner: Murray Drucker
Osterneck Family Unsung Hero Award Winners: Jon Austin, Mike Connor, Joe Kohla, John Morrison, Ellen Young
Men's Athletic Director's Scholar-Athlete Award Winner: Jon Austin
Women's Athletic Director's Scholar-Athlete Award Winner: Natalie Gould
Men's Captains: Jed Guenther, Tony Monasterio
Women's Captains: Karin Andren, Jenny Hinshaw
1990-91

Men's Most Valuable Swimmer: David Monasterio
Women's Most Valuable Swimmer: Melissa Douse
Men's Most Outstanding Swimmer: David Monasterio
Women's Most Outstanding Swimmer: Melissa Douse
Men's Most Improved Swimmer: James Hamrick
Women's Most Improved Swimmer: Meredith Gardner
Men's Hill Carrow Spirit Award Winner: Chip Lavender
Women's Hill Carrow Spirit Award Winner: Karin Andren
Bruce Webster Memorial Award Winner: Marc



James Hamrick, Most Valuable Swimmer:
1991-92, 1992-93

Ferguson
Class of 1989 Most Dedicated Swimmer Award Winner: Sarah Perroni
Class of 1940 Blue Dolphin Award Winner: Dave Lohse
Osterneck Family Unsung Hero Award Winner: Nunzio Esposito
Men's Athletic Director's Scholar-Athlete Award Winner: Marc Ferguson
Women's Athletic Director's Scholar-Athlete Award Winner: Heather Nottingham
Men's Captains: John Davis, Marc Ferguson
Women's Captains: Karin Andren, Jill Benda, Melissa Douse
1991-92

Men's Most Valuable Swimmer: David Monasterio
Women's Most Valuable Swimmer: Melissa Douse
Men's Most Outstanding Swimmer: James Hamrick
Women's Most Outstanding Swimmer: Melissa Douse
Men's Most Improved Swimmer: Kevin Antshel
Women's Most Improved Swimmer: Claudia Goins
Men's Hill Carrow Spirit Award Winner: Gary Gauch
Women's Hill Carrow Spirit Award Winner: Jenny Huber
Bruce Webster Memorial Award Winner: Yann deFabrique
Class of 1989 Most Dedicated Swimmer Award Winner: Shannon Allison
Class of 1940 Blue Dolphin Award Winner: Jack Ryan
Osterneck Family Unsung Hero Award Winners: Kevin Antshel, Ryan Schwanke, Aimee Skeen
Men's Athletic Director's Scholar-Athlete Award Winner: Ralph Vick
Women's Athletic Director's Scholar-Athlete Award Winner: Melissa Douse
Men's Captains: Gary Gauch, David Monasterio
Women's Captains: Melissa Douse, Sarah Perroni
1992-93

Men's Most Valuable Swimmer: James Hamrick
Women's Most Valuable Swimmer: Sarah Perroni
Men's Most Outstanding Swimmer: James Hamrick
Women's Most Outstanding Swimmer: Sarah Perroni
Men's Most Improved Swimmer: Peter Cloutier
Women's Most Improved Swimmer: Margaret Richards
Men's Hill Carrow Spirit Award Winner: Mark Moore
Women's Hill Carrow Spirit Award Winner: Jenny Huber
Bruce Webster Memorial Award Winner: James Hamrick
Class of 1989 Most Dedicated Swimmer Award Winner: Sarah Perroni
Class of 1940 Blue Dolphin Award Winner: Beth Miller
Osterneck Family Unsung Hero Award Win-



Sarah Perroni, Most Outstanding Swimmer:
1989-90, 1992-93

ners: Jason Clark, Greg Hart, Erin Martin, Pam Proctor
Men's Athletic Director's Scholar-Athlete Award Winner: James Hamrick
Women's Athletic Director's Scholar-Athlete Award Winner: Jenny Huber
Men's Captains: James Hamrick, Mark Moore
Women's Captains: Jenny Huber, Jill Minich
1993-94

Men's Most Valuable Swimmers: Yann deFabrique, Daniel Summerlin
Women's Most Valuable Swimmer: Leslie Ramsey
Men's Most Outstanding Swimmer: Daniel Summerlin
Women's Most Outstanding Swimmer: Leslie Ramsey
Men's Most Improved Swimmer: Bryan Stuck
Women's Most Improved Swimmer: Susan Stretcher
Men's Hill Carrow Spirit Award Winner: Chris John
Women's Hill Carrow Spirit Award Winner: Jill Minich
Bruce Webster Memorial Award Winners: Daniel Summerlin, Jeff Weiss
Class of 1989 Most Dedicated Swimmer Award Winner: Leslie Ramsey
Class of 1940 Blue Dolphin Award Winner: Kevin Antshel
Osterneck Family Unsung Hero Award Winners: Lisa Etherington, Josh Thomson
Men's Athletic Director's Scholar-Athlete Award Winner: Chris John
Women's Athletic Director's Scholar-Athlete Award Winner: Shannon Howes
Men's Captains: Chris John, Daniel Summerlin
Women's Captains: Shannon Allison, Shannon Howes
1994-95

Men's Most Valuable Swimmers: Trevor Runberg, Jeff Weiss
Women's Most Valuable Swimmer: Kari Haag
Men's Most Outstanding Swimmer: Scott Troy
Women's Most Outstanding Swimmer: Kari Haag
Men's Most Improved Swimmer: Tim Capps
Women's Most Improved Swimmer: Cara Dunaway
Men's Hill Carrow Spirit Award Winner: Joe Craft
Women's Hill Carrow Spirit Award Winner: Christy Garth
Bruce Webster Memorial Award Winner: Eric Fehr
Class of 1989 Most Dedicated Swimmer Award Winner: Leslie Ramsey
Class of 1940 Blue Dolphin Award Winner: C.B. Whitfield
Osterneck Family Unsung Hero Award Winners: Jenni Smith
Men's Athletic Director's Scholar-Athlete Award Winner: Drew Sechrist
Women's Athletic Director's Scholar-Athlete Award Winner: Alison Conrad
Men's Captains: Peter Cloutier, Joe Craft
Women's Captains: Christy Garth, Leslie Ramsey



TEAM AWARD WINNERS



Trevor Runberg, Most Valuable Swimmer:
1994-95, 1995-96

1995-96

Men's Most Valuable Swimmer: Trevor Runberg
Women's Most Valuable Swimmer: Chrissy Miller
Men's Most Outstanding Swimmer: Steve Bonack
Women's Most Outstanding Swimmer: Kari Haag
Men's Most Improved Swimmer: Eric Fehr
Women's Most Improved Swimmer: Jennifer Latimer
Men's Hill Carrow Spirit Award Winner: Tucker Shade
Women's Hill Carrow Spirit Award Winner: Christy Garth
Bruce Webster Memorial Award Winner: Tom Schmelzer
Class of 1989 Most Dedicated Swimmer Award Winner: Chrissy Miller
Class of 1940 Blue Dolphin Award Winners: 1995-96 UNC Men's Swimming Team
Osterneck Family Unsung Hero Award Winners: Garrett Means, Nicola Stewart, Cheri Yadao
Men's Athletic Director's Scholar-Athlete Award Winner: Matt Branum
Women's Athletic Director's Scholar-Athlete Award Winner: Kari Haag
Men's Captains: Matt Branum, Micah Copeland, Erik Morris
Women's Captains: Christy Garth, Kari Haag
1996-97
Men's Most Valuable Swimmer: Micah Copeland
Women's Most Valuable Swimmer: Richelle Fox
Men's Most Outstanding Swimmer: Tucker Shade
Women's Most Outstanding Swimmer: Richelle Fox
Men's Most Improved Swimmer: Matt Lundgaard
Women's Most Improved Swimmer: Kelly McLaughlin
Men's Hill Carrow Spirit Award Winner: Tucker Shade
Women's Hill Carrow Spirit Award Winner: Jennifer Strasburger
Bruce Webster Memorial Award Winners: Steve Bonack and Eric Fehr
Class of 1989 Most Dedicated Swimmer Award Winner: Richelle Fox
Class of 1940 Blue Dolphin Award Winners: Matt Branum, Steve Bonack, Micah Copeland, Patrick Heffernan, Jason James, Erik Morris, Jeff Weiss
Osterneck Family Unsung Hero Award Winner: Erik Morris
Men's Athletic Director's Scholar-Athlete Award Winner: Matt Branum
Women's Athletic Director's Scholar-Athlete Award Winner: Cara Dunaway
Men's Captains: Matt Branum, Micah Copeland, Erik Morris
Women's Captains: Cara Dunaway, Chrissy Miller
1997-98
Men's Most Valuable Swimmer: Ted Brisson
Women's Most Valuable Swimmer: Richelle Fox
Men's Most Outstanding Swimmer: Tucker Shade
Women's Most Outstanding Swimmer: Richelle



Richelle Fox, Most Valuable Swimmer, Most Outstanding Swimmer: 1996-97, 1997-98

Fox

Men's Most Improved Swimmer: Brad Kline
Women's Most Improved Swimmer: Kelsey Durkin
Men's Hill Carrow Spirit Award Winner: Tim Tober
Women's Hill Carrow Spirit Award Winner: Tracey Rankin
Bruce Webster Memorial Award Winner: Seth Laughlin
Class of 1989 Most Dedicated Swimmer Award Winner: Richelle Fox
Class of 1940 Blue Dolphin Award Winner: Marc Davis
Osterneck Family Unsung Hero Award Winners: Brian Cockman, Sarah Purcell
Men's Athletic Director's Scholar-Athlete Award Winner: Eric Fehr
Women's Athletic Director's Scholar-Athlete Award Winners: Richelle Fox, Millie Long
Men's Captains: Ed Abele, Trevor Runberg
Women's Captains: Richelle Fox, Millie Long
1998-99
Men's Most Valuable Swimmer: Ted Brisson
Women's Most Valuable Swimmer: Erika Acuff
Men's Most Outstanding Swimmer: Tucker Shade
Women's Most Outstanding Swimmer: Katie Hathaway
Men's Most Improved Swimmers: Justin Rossi, Greg Johnson
Women's Most Improved Swimmer: Heather Stiles
Men's Hill Carrow Spirit Award Winner: Tim Tober
Women's Hill Carrow Spirit Award Winner: Jennifer Strasburger
Bruce Webster Memorial Award Winner: Tom Schmelzer
Class of 1989 Most Dedicated Swimmer Award Winner: Kelly McLaughlin
Class of 1940 Blue Dolphin Award Winners: Liz Bursiek, Katie Coates, Hilary Hoskins, Karen Krysiwski, Catherine Frock, Kelsey Durkin, Beth Schlessman, Tracey Rankin
Osterneck Family Unsung Hero Award Winners: Liz Bursiek, Katie Coates, Hilary Hoskins, Karen Krysiwski, Catherine Frock, Tim Tober, Matt Lundgaard, Christian Weber
Men's Athletic Director's Scholar-Athlete Award Winner: Ted Brisson
Women's Athletic Director's Scholar-Athlete Award Winner: Beth Schlessman
Men's Captains: Ted Brisson, Tucker Shade, Tom Schmelzer
Women's Captains: Kelsey Durkin, Beth Schlessman, Tracey Rankin
1999-2000
Men's Most Valuable Swimmer: Chris Helin
Women's Most Valuable Swimmer: Katie Hathaway
Men's Most Outstanding Swimmer: Sean Quinn
Women's Most Outstanding Swimmer: Christy Watkins
Men's Most Improved Swimmer: Andrew Biedrzycki
Women's Most Improved Swimmer: Janna Turner



Ted Brisson, Most Valuable Swimmer:
1987-88, 1988-89

Men's Hill Carrow Spirit Award: Jonah Turner
Women's Hill Carrow Spirit Award: Jennifer Strasburger
Bruce Webster Memorial Award Winner: Stephen Mohr
Class of 1989 Most Dedicated Swimmer Award Winner: Kelly McLaughlin
Osterneck Family Unsung Hero Award Winner: Kevin Mangum
Men's Athletic Director's Scholar-Athlete Award Winner: Christian Zuburg
Women's Athletic Director's Scholar-Athlete Award Winners: Kelly McLaughlin, Jennifer Strasburger
Men's Captains: Brad Kline, Seth Laughlin, David Weeks
Women's Captains: Kelly McLaughlin, Jennifer Strasburger
2000-01
Men's Most Valuable Swimmer: Chris Helin
Women's Most Valuable Swimmer: Erika Acuff
Men's Most Outstanding Swimmer: Yuri Suguiyama
Women's Most Outstanding Swimmer: Katie Hathaway
Men's Most Improved Swimmer: Jimmy Owens
Women's Most Improved Swimmer: Elizabeth Misiti
Men's Hill Carrow Spirit Award: Seth Laughlin
Women's Hill Carrow Spirit Award: Janna Turner
Bruce Webster Memorial Award Winner: Stephen Mohr
Class of 1989 Most Dedicated Swimmer Award: Jessi Perruquet
Osterneck Family Unsung Hero Award Winners: JoAnn Overton, Erica Vrana, Taylor Marks, David Meschke
Class of 1940 Blue Dolphin Award Winners: Elizabeth Farrington, Judy Weseman
Men's Athletic Director's Scholar-Athlete Award Winner: David Slawinski
Women's Athletic Director's Scholar-Athlete Award Winner: JoAnn Overton
Men's Captains: Brad Kline, Seth Laughlin, David Slawinski
Women's Captains: Erika Acuff, Katie Hathaway
2001-02
Men's Most Valuable Swimmer: Chris Helin
Women's Most Valuable Swimmer: Katie Hathaway
Men's Most Outstanding Swimmer: Sean Quinn
Women's Most Outstanding Swimmer: Jessi Perruquet
Men's Most Improved Swimmer: Reid Owen
Women's Most Improved Swimmer: Whitney Smith
Men's Hill Carrow Spirit Award: Seth Laughlin
Women's Hill Carrow Spirit Award: Janna Turner
Bruce Webster Memorial Award Winner: Seth Laughlin
Class of 1989 Most Dedicated Swimmer Award: Gena Bittner
Osterneck Family Unsung Hero Award Winners: Andrew Biedrzycki, Greg Johnson
Class of 1940 Blue Dolphin Award Winners: Tom and Judy Kean
David McInnis Diving Awards: Stephen Krebs, Ashley Benner



Men's Athletic Director's Scholar-Athlete Award Winner: Seth Laughlin
Women's Athletic Director's Scholar-Athlete Award Winner: Katie Hathaway
Men's Captains: Seth Laughlin, Chris Helin, Kert Johnson
Women's Captains: Janna Turner, Katie Hathaway
2002-03
Men's Most Valuable Swimmer: Sean Quinn
Women's Most Valuable Swimmer: Christy Watkins
Men's Most Outstanding Swimmer: Yuri Suguiyama
Women's Most Outstanding Swimmer: Jessi Perruquet
Men's Most Improved Swimmer: Josh Glasco
Women's Most Improved Swimmer: Lizzy Bruce
Men's Hill Carrow Spirit Awards: Sean Quinn, Stephen Mohr
Women's Hill Carrow Spirit Award: Janna Turner
Bruce Webster Memorial Award Winner: Stephen Mohr
Class of 1989 Most Dedicated Swimmer Awards: Becky Acker, Kelly Weeks
Osterneck Family Unsung Hero Award Winners: Hal Wansley, P.J. Wallin
Class of 1940 Blue Dolphin Award Winner: Sharon Wagner
Men's Athletic Director's Scholar-Athlete Award Winner: Stephen Mohr
Women's Athletic Director's Scholar-Athlete Award Winner: Laura Collier
Men's Captains: Stephen Mohr, Stephen Krebs, Sean Quinn
Women's Captains: Janna Turner, Jessi Perruquet
2003-04
Men's Most Valuable Swimmer: Yuri Suguiyama
Women's Most Valuable Swimmers: Jessi Perruquet, Kelly Weeks
Men's Most Outstanding Swimmer: Yuri Suguiyama
Women's Most Outstanding Swimmer: Jessi Perruquet
Men's Most Improved Swimmer: Patrick Woodruff
Women's Most Improved Swimmer: Emily Reardon
Men's Hill Carrow Spirit Award: Dan Vick
Women's Hill Carrow Spirit Award: Whitney Smith
Bruce Webster Memorial Award Winner: Yuri Suguiyama
Andrea Erben Most Dedicated Swimmer Award: Becky Acker
Osterneck Family Unsung Hero Award Winners: Sinisa Haberle, Gena Bittner, Courtney Lewis
Class of 1940 Blue Dolphin Award Winner: Willem Bok
David McInnis Diving Awards: Eric Poitras, Elizabeth Misiti, Lindsay Waddell, Jennifer Rehm
Men's Athletic Director's Scholar-Athlete Award Winner: Yuri Suguiyama
Women's Athletic Director's Scholar-Athlete Award Winners: Jessi Perruquet, Becky Acker
Men's Captains: Yuri Suguiyama, Dan Vick

Women's Captains: Jessie Brosch, Jessi Perruquet
2004-05
Men's Most Valuable Swimmer: Josh Glasco
Women's Most Valuable Swimmer: Lindsey Marck
Men's Most Outstanding Swimmer: Josh Glasco
Women's Most Outstanding Swimmer: Lindsey Marck
Men's Most Improved Swimmers: Casey Kott, Philip Owen
Women's Most Improved Swimmer: Kelly Woodruff
Men's Hill Carrow Spirit Award: Jon Van Assen
Women's Hill Carrow Spirit Award: Jessie Brosch
Bruce Webster Memorial Award Winner: Aaron Burns
Andrea Erben Most Dedicated Swimmer Award: Erin Cutrell
David McInnis Diving Awards: Ben Herboth, Gia Santoro
Men's Athletic Director's Scholar-Athlete Award Winner: John Hartmann
Women's Athletic Director's Scholar-Athlete Award Winner: Jessie Brosch
Men's Captains: Reid Owen, Eric Mohr
Women's Captains: Jessie Brosch, Kathleen Quinn, Virginia Hanson
2005-06
Men's Most Valuable Swimmer: Hank Browning
Women's Most Valuable Swimmer: Lindsey Marck
Men's Most Outstanding Performer: Ryan Funderburk
Women's Most Outstanding Swimmers: Whitney Sprague, Nicole O'Donnell
Men's Most Improved Performer: Ryan Funderburk
Women's Most Improved Swimmer: Kimmy Davis
Men's Hill Carrow Spirit Award: Patrick Woodruff
Women's Hill Carrow Spirit Award: Becky Smock
Bruce Webster Memorial Award Winner: Patrick Woodruff
Andrea Erben Most Dedicated Swimmer Award: Emily Reardon
David McInnis Diving Awards: Ryan Funderburk, Jon Fox, Mandi Arak
Osterneck Family Unsung Hero Award Winners: Josh Weavil, Erich Gloege
Class of 1940 Blue Dolphin Award Winner: Quinton Sawyer
Men's Athletic Director's Scholar-Athlete Award Winner: Patrick Woodruff
Women's Athletic Director's Scholar-Athlete Award Winners: Lizzy Bruce, Gia Santoro
Men's Captains: Josh Glasco, Jon Albrecht, Patrick Woodruff
Women's Captains: Lizzy Bruce, Gia Santoro, Becky Smock
2006-07
Men's Most Valuable Swimmer: Hank Browning
Women's Most Valuable Swimmer: Lindsey Marck
Men's Most Outstanding Swimmer: Chip Peterson

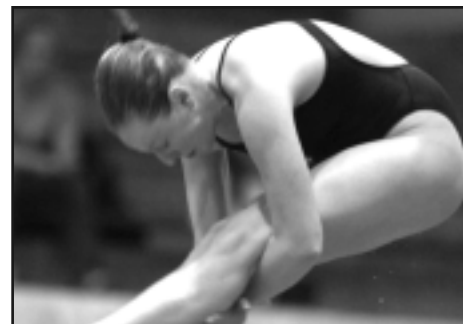
Women's Most Outstanding Swimmer: Whitney Sprague
Men's Most Improved Swimmer: Philip Owen
Women's Most Improved Performer: Laura Filip
Men's Hill Carrow Spirit Award: Robby Swediman
Women's Hill Carrow Spirit Awards: Becky Smock, Emily Reardon, Erin Cutrell
Bruce Webster Memorial Award Winner: Robby Swediman
Andrea Erben Most Dedicated Swimmer Award: Ashley Howard
David McInnis Diving Awards: Jon Fox, Laura Filip
Osterneck Family Unsung Hero Award Winners: Paul Weir, Adam Schauer, Robbie Bittner, Stewart Norman
Class of 1940 Blue Dolphin Award Winner: Steve Gisselman
Men's Athletic Director's Scholar-Athlete Award Winner: Jon Fox
Women's Athletic Director's Scholar-Athlete Award Winner: Emily Reardon
Men's Captains: Robby Swediman, Jon Fox, Aaron Burns, Keith Laabs
Women's Captains: Emily Reardon, Lindsey Marck, Erin Cutrell, Becky Smock
Notes About Carolina Swimming Team Awards:
The Most Valuable, Most Outstanding and Most Improved Awards for both the men's and women's teams are all named for Richard E. Jamerson, who founded the University of North Carolina swimming program in 1938-39. The Hill Carrow Spirit Award is presented annually in honor of former Tar Heel swimmer Hill Carrow, Class of 1977, to the swimmer on each team who exhibits the most school spirit. The Bruce Webster Memorial Award is presented annually to the most dedicated member of the men's team. The award honors former Tar Heel swimmer Bruce Webster, Class of 1981, who passed away in 1983. The Athletic Director's Scholar-Athlete Awards, begun in 1986, are presented annually by the UNC Athletic Director to the top student-athlete in each of UNC's 28 varsity sports. The Andrea Erben Memorial Award is given each year to the most dedicated swimmer on the women's team and honors Andrea Erben, a Tar Heel swimmer who passed away following her sophomore year in 2003. The Class of 1940 Blue Dolphin Award is given in honor of the senior class which founded UNC's swimming program in 1938-39 and is awarded to an individual who has made exceptional overall contributions to the Carolina swimming program. The Osterneck Family Award is given annually by Rhoda Osterneck of Durham, N.C., to the swimming program's unsung heroes. It is dedicated in the loving memory of Bob Osterneck, Rhoda's husband, who passed away in June 1991, and her late mother, Minnie Pitkus. The David McInnis Diving Awards honor David McInnis, Class of 1957, and winner twice of the John A. Futchenberg Award as the ACC's top diver. It is awarded each year to the outstanding diver on each UNC squad.



Chris Helin, Most Valuable Swimmer:
1999-2000, 2000-01, 2001-02



Yuri Suguiyama, Most Outstanding Swimmer:
2002-03, 2003-04



Laura Filip, Most Improved Performer:
2006-07



ALL-TIME LETTER WINNERS

Men's Team

Letter Winners

AAA

Abele, Ed, 1995-98
 Abrahamson, Ira, Jr., 1943-44
 Adams, David M., 1986-88
 Adams, George H., 1993
 Adams, Thaddeus A., III, 1963-64
 Adams, Thomas J., Jr., 1965-67
 Albrecht, Jon, 2003-06
 Alexander, Jay M., 1952
 Alexander, Richard J., 1952
 Allen, Aaron, (Mgr.), 1994-96
 Allen, David D., 1984-85
 Allison, Derek S., 1995-96
 Amaya, Michael A., 1976-79
 Ambler, Kirby B., 1950-52
 Ames, Chad, 2003-06
 Anderson, Ashley H., 1990-91
 Anderson, David E., 1982
 Anderson, Peter C., 1972
 Andraka, Douglas, 1979-81
 Antshel, Kevin M., 1989-92
 Asseff, Ben, 2005
 Atwater, James T., 1956-57
 Austin, Jonathon G., 1987-90
 Aycock, Benjamin F., 1972-75
 Aycock, Thomas, 1977-78

BBB

Baarcke, Leonide A., 1951-53
 Baccich, Wade, 2004-07
 Baer, Klaus D., 1988-91
 Baker, Richard Henry, Jr., 1954-56
 Balderston, Timothy R., 1975-77
 Baldwin, Matthew Sayre, 1998-2000
 Ball, David Lee, 1966-68
 Barclay, J.A., 1940-42
 Barnes, Peter A., 1970-73
 Barrett, John B., 1959
 Bartel, Thomas R., 1982-83
 Bartlett, Charles S., Jr., 1949-50
 Bartlett, Craig G., 1981-82
 Basescu, Ronald, 1948-50
 Batchelor, Charles J., 1989-92
 Beal, Philip M., 1979
 Beam, Gilbert R., 1948-49
 Bedell, David W., 1968-71
 Behrman, Douglas N., 1966-68
 Bernuth, James T., 1965-67
 Berry, Thomas A., 1972, 1974-75
 Beutler, Mark J., 1979
 Biedrzycki, Andrew Henry, 1999-2002
 Biedrzycki, Spencer, 2007
 Bilbro, Robert H., 1960-62
 Bingham, Robert D., 1978-81
 Bippart, John D., Jr., 1948-49
 Birkenstock, Robert H., 1960
 Bissell, Dan, 1967
 Bissell, Michael S., 1962-64
 Bittner, Robbie, 2004-07
 Bloch, Laurens C., 1986-87
 Bloom, Harry E., Jr., 1959-61

Bloom, William F., 1961-63
 Boardman, Richard B., 1964
 Bok, Willem E., 1999-2000
 Bolte, Stephen W., 1976
 Bonack, Stephen Michael, 1994-97
 Bonito, Victor E., 1991-92
 Bradyhouse, Austin 2007
 Branum, Matthew Bennett, 1994-97
 Breeden, Dan C., 1947-49
 Brietz, Raymond L., (Mgr.), 1972-73
 Briggs, Robert E., 1960-62
 Brisson, Theodore Edward, 1996-99
 Bristow, Andrew S., 1968-70
 Bromwell, James E., 1960-61
 Brooks, Tim B., 1997
 Browning, Harrison "Hank", 2006-07
 Bultman, Deuward G., 1947
 Burgess, William C., (Mgr.), 1952
 Burns, Aaron, 2004-07
 Burns, Robert H., III, 1962
 Butler, Peter H., 1972-73
 Byerly, Darrell, 1950
 Byers, James M., 1980-82

CCC

Callahan, Michael Patrick, 1999-2000
 Cannon, Harold L., 1946
 Cannon, Harry B., 1980-81
 Cannon, Thomas R., 1961-62
 Capps, Tim M., 1995-96
 Carnes, Walter A., Jr., 1950
 Carney, Robert B., III, 1966
 Carrow, Harvey H., 1974-76
 Caruthers, M. R., (Mgr.), 1943
 Cashwell, Richard G., 1958-59
 Cassell, Geoffrey D., 1982-85
 Cavalaris, James, (Mgr.), 1966, 1968
 Chambers, Donald R., 1970
 Chapman, Gerard M., 1969-72
 Chenier, Michael, 2000-03
 Chorba, Michael Joseph, 1996-98
 Cidlowski, Ross, 2000
 Ciocca, David R., 1978-79
 Clark, Jason D., 1990-93
 Clement, James E., 1949-50
 Cloutier, Peter B., 1993-96
 Coble, Casey, 2001-04
 Cockman, Brian Keith, 1995-98
 Colbert, Robert S., (Mgr.), 1954-56
 Cole, Cameron C., 1989-91
 Colvard, John David, 1981
 Cone, Howard McAfee, Jr., 1961-63
 Conner, Michael J., 1987, 1989-90
 Cook, Gerard L., 1947-49
 Copeland, Micah A., 1994-97
 Cornwell, Timothy, 1961
 Correll, Josh, 2007
 Countie, Matthew M., 1987, 1989-91
 Cowper, R. L., 1939
 Coxhead, George L., Jr., 1970
 Coxley, G. L., 1940-42

Craft, Joseph A., III, 1992-95
 Craig, Thomas M., Jr., 1974-77
 Crampton, James C., 1989-92
 Croggon, Marc A., 1986-89
 Crone, Ernest G., 1943-44, 1947, 1949
 Crutchfield, Ben F., Jr., 1960
 Cunningham, Thomas F., 1977

DDD

Dalrymple, Robert W., 1970-72
 Dameron, John Darsey, 1981, 1983-85
 Danforth, Jason, 2000
 Danielson, Russell E., 1975
 Dannemann, Frederick K., 1966-68
 Dannenbaum, Robert, 1954
 Darst, Michael E., 1969
 Davidson, Ben, 2000-01
 Davidson, Richard, 1975-78
 Davidson, Tristan, 2004-06
 Davies, Jack R., 1944, 1946
 Davis, Christopher, 1985-87
 Davis, John E., 1988-91
 Davis, Putnam, 1951
 DeCarlo, Michael C., 1978-79
 Deckman, Dalton H., 1979-80, 1982-83
 deFabrique, Yann J. S. T., 1992-95
 deJesus, Jose R., 1978-81
 DeLoatche, Charles D., Jr., 1994-95
 Derks, Marshall C., 1982
 DeSelm, Richard L., 1974-77
 DeVault, Zach, 2007
 DeVine, Stephen W., 1977
 Dietzel, Arthur, 1950
 D'Iorio, Ralph B., Jr., 1975
 Dodson, Randolph M., 1959, 1962
 Domina, Walter L., 1967
 Donato, Justin, 2001-04
 Douglas, Samuel P., Jr., 1959-60
 Doyle, Brett (Mgr.), 1995-96
 Drucker, M. D., 1940
 Dunne, Theodore M., 1968
 Dwiggin, Charles, (Mgr.), 1950

EEE

Eddy, Michael C., 1970-73
 Edmundsen, J. Ray, 1950
 Edwards, Jack, 1952-53
 Edwards, James U., 1966, 1968
 Eisenberg, Kenneth L., 1960
 Elliot, Robert H., 1947-48
 Ellison, Paul S., Jr., 1979
 Elmore, William E., Jr., 1941-43
 Ericson, Eric J., 1980-83
 Erle, Irwin J., 1946, 1948
 Erndt, Kevin Michael, 1999-2002
 Esposto, Nunzio, 1988-91
 Evans, Donald G., 1951, 1953
 Evans, Timothy C., 1981-83, 1985
 Evans, William J., 1981

FFF

Falkenstein, Clark W., 1970
 Fambrough, Douglas M., Jr., 1961-62
 Farrell, Andrew J., 1990

Fehr, Eric Jerome, 2005
 Fehr, Eric Ryan, 1995-98
 Ferguson, Marc P., 1988-91
 Ferguson, Michael B., 1981-84
 Feuchtenberger, John A., 1941-42
 Ficklan, Warren M., 1946-47
 Finn, Andrew L., 1968
 Fischetti, John C., 1988-91
 Fitzgerald, Michael L., 1972-73
 Flack, Daniel J., 1984-87
 Foreman, Robert B., 1966
 Forum, Richard B., 1964-65
 Fox, Jon, 2004-07
 Fowler, James, (Mgr.), 1944-45
 Freas, Samuel James, 1996-97
 Fuller, Walter S., 1985-88
 Funderburk, Ryan, 2005-07
 Funke, W. H., 1942

GGG

Gadd, Hamilton M., Jr., 1966
 Garella, Glenn C., 1970-73
 Gasse, Garth D., 1983-86
 Gauch, Garrick S., 1989-92
 Gentry, John A., 1969
 Gibson, Roy S., Jr., 1941
 Gilbert, Richard C., 1977-78
 Gill, Newell T., 1953-55
 Gillikin, Walter R., 1980
 Glasco, Josh, 2003-06
 Glasco, Judd, 2000-03
 Gleason, Richard A., 1987-90
 Gloege, Erich, 2003-06
 Goad, James C., 1956-57
 Goble, Daniel S., 1971-72
 Goldfarb, Donald L., 1943
 Gowrie, Sean M., 1992
 Grafchik, Ben, 2004-07
 Grant, Stephanie E., (Mgr.), 1993
 Gray, Leland, 1945
 Gray, Robert D., (Mgr.), 1961-62
 Green, David Brevard, 1998-2000
 Green, Robert C., 1982-85
 Greenbaum, Jesse K., 1943-45, 1947-49
 Greene, Alton G., Jr., 1958-59
 Griffin, James W., 1994-95
 Grodsky, Peter F., (Mgr.), 1957-59
 Groome, Brent, (Mgr.), 1986-87
 Gross, Henry M., 1941
 Gudger, Y. L., 1939-40
 Guenther, John E., 1987-90
 Guerrant, Thomas C., 1959
 Guthe, A.K., 1939

HHH

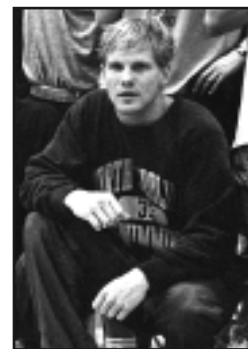
Haberle, Sinisa, 2001-04
 Hall, Ethan Oliver, 1998-99
 Hall, Samuel L., Jr., 1966
 Hamilton, Daniel J., 1983-86
 Hammer, Derek Hans, 1993
 Hammond, G. D., 1942-44
 Hammond, Scott D., 1982-85
 Hampton, James R., 1986-87
 Hamrick, Harvey J., Sr., 1959-61
 Hamrick, Harvey J., Jr., 1990-93
 Hansen, Carl D., 1978-81
 Harff, Christopher P., 1987



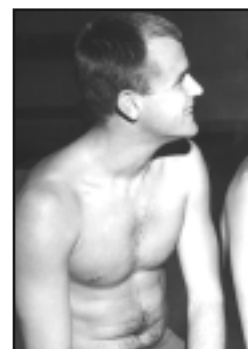
Fred Dannemann
1966-68



Erik Morris
1994-97



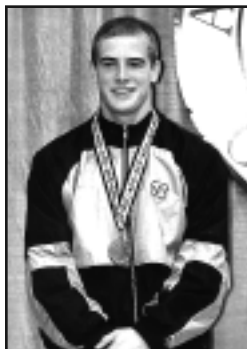
Gary Gauch
1989-92



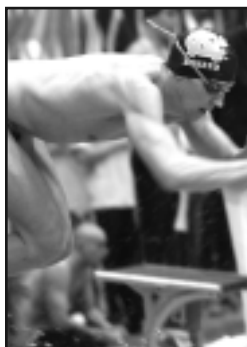
Dick Baker
1954-56



Ryan Matuszak
2003-06



Stephen Krebs
2000-03



Justin Donato
2001-04



Nunzio Esposto
1988-91

Harrell, Bert E., (Mgr.), 1953
Hart, Gregory A., 1990-93
Hartmann, John, 2002-05
Harvey, John, 1946
Hathaway, Drew, 2000-02
Hathcock, Daniel, 2007
Hautau, Theodore A., 1987, 1989-90
Hayden, John J., 1965-67
Heeman, Paul W., 1952-55
Heffernan, Patrick David, 1994-97
Heins, James E., 1951-53
Helfrich, Griff, 2002-04
Helin, Christopher Eero, 1999-2002
Hendrick, David, (Mgr.), 1990
Herboth, Ben, 2005
Herman, Mark I., 1977, 1979
Herndon, Claude D., 1988
Herndon, Frederick W., Jr., 1969
Herr, William F., 1943-44
Hexner, Peter E., 1944-45, 1947
Heyn, Herman M., 1951
Hiernan, Donald T., 1984-85
Higgins, Robert N., 1952, 1954-56
Hildenbrand, Steven G., 1965-67
Hill, Alfred E., 1977-78
Hills, Richard G., 1980
Himebauch, Christopher J., 1986-89
Hix, H. H., 1942
Hobbs, Truman M., 1941-42
Hoben, Maurice T., Jr., 1991-94
Hodges, McCloud B., 1985-87
Hoffman, Keith T., 1977-80
Holmes, Lee Bourne, 1954-56
Homans, Frederic W., 1977-80
Hood, Richard T., III, 1968-69
Howard, David C., 1950
Hoyle, Jonathan, 2002-03
Huey, Brian Eugene, 1980
Huffman, James R., 1961-63
Hufham, William L., 1960
Huggins, Scott F., (Mgr.), 1987-88
Huggler, Matthew C., 1993
Humphrey, Charles J., 1968-70
Hunsaker, Eric C., 1989
Hunter, Andrew M., 1986-89
Hunter, Ian D., 1983
Hunter, Robert F., 1959
Hurd, Charles A., 1961
Huse, Henri, 1943-44
Hussey, John Brennan, Jr., 1954-55
Hutchinson, John M., 1975-76
Hutton, Robert L., 1946-49
Hyre, Michael C., 1992
Hyre, Randal M., 1983-86
III
Ingfield, Joseph T., 1974, 1976-77
Ingram, Hal B., 1948
Ireland, Kenneth C., 1977-80
III
Jacobson, Theodore B., 1973-75
James, Jason Hale, 1994-97
James, Jeff, 2007
Jarnagin, Forest N., 1976

Jenkins, Hugh Powell, 1943
Jenkins, Samuel G., Jr., 1946-47
Jennings, Christopher Kelly, 1997-99
Jewell, Edwin Smith, 1952-55
John, Christopher K., 1991-94
Johnson, Gregory Adam, 1999-2002
Johnson, Joel H., 1990-91
Johnson, Kert Michael, 1999-2002
Johnson, Lawrence, 1943, 1947
Johnston, Darryl W., 1986-88
Jones, David, 1995
Jones, Davis B., III, 1978, 1980-81
Jones, Edward L., 1973-76
Jones, Scott M., 1982-85
KKK
Kalkhurst, Joseph D., 1959
Kananen, Daniel, 2001
Kaufman, Allen R., 1943
Keating, Mark H., 1976, 1979
Keever, William C., 1993
Kelly, Mike, 2007
Kelly, William F., 1945
Kelso, Joseph K., 1952-53
Kemper, Hugh T., 1963
Kenley, Alex, 2006-07
Kennedy, George E., Jr., 1973-76
Kennedy, John, 1951
Keyser, Jeffrey S., 1979-82
King, Barry G., Jr., 1961-63
Kleber, Jared, 2004-07
Kline, Bradley Philip, 1998-2001
Klose, Arthur G., 1977
Koczyk, William P., Jr., 1971-74
Kohla, Joseph R., 1987-90
Kolesaire, John M., 1973-76
Kott, Casey, 2004-06
Krebs, Stephen, 2000-03
Krepp, Charles A., Jr., 1955-57
Kurz, James S., 1969-70
LLL
Laabs, Keith, 2005-07
Languell, Christopher D., 1989-90, 1992
Laughlin, Seth Cahill, 1998-99, 2001-02
Lavender, Johnny Mac, 1990-91
Lea, Frank G., 1961-64
Lee, B. M., 1940
Lees, Whitlock, 1940-42
Leighton, William W., 1951
Leonardi, Damien D., 1993-95
Levy, Richard P., 1951-52
Lewis, Peter T., 1968, 69
Lindahl, John C., 1969
Linker, Robert Polk, 1953-55
Lipp, Frederick S., 1964-65
List, Mark R., 1975-78
Little, Leroy L., 1943, 1946
Lucido, Timothy J., 1976-77
Lundgaard, Robin A., 1975
Lundgaard, Matthew Steven, 1996-99
Lynch, Justin, 2001-02
MMM
Maass, John A., 1979
Mackey, Brian P., 1992-93
Mahaffey, Telfair, 1956-58

Mahoney, Charles D., 1941, 1943
Mallison, P. W., 1944
Maness, Archibald K., Jr., 1956-58
Manieri, Peter J., 1975
Mangum, Christopher Kevin, 1998-2000
Mann, Harold Thompson, 1962-64
Marks, Taylor Calvin, 1998-2001
Marlin, David P., 1971-74
Marsh, Matthew Brian, 1997-98
Marshall, Dirk H., 1982-84, 1986
Martel, Stephen T., 1989-92
Martin, Matthew, 1980-83
Matkovic, Eddy, 2002-05
Matuszak, Ryan, 2003-06
May, Lawrence E., 1971-74
McAllister, James Gray, III, 1954
McCauley, Samuel R., 1947, 1949-50
McCoy, Garnett, 1947
McCullough, Robert T., 1968
McDonald, Allen P., 1965
McDonald, Steve C., 1973-76
McElroy, Frank J., 1968-69
McGeough, Michael J., 1984-86
McInnis, David F., 1956-57
McLaughlin, Jason, 2007
McMillen, Rob, 2000-03
McMunigal, Phillip A., 1968-70
McQuade, R. T., 1939-40
Means, Garrett E., 1994-96
Meckelnburg, Douglas T., 1984-87
Meckelnburg, Thomas S., 1980-83
Meehan, Thomas G., 1966, 1968
Meekins, Edmund L., Jr., 1956-58
Mercer, Christopher L., 1957-59
Mercuri, Richard L., 1966-67
Mericks, James R., 1948-49
Merrill, Arthur J., Jr., 1961-64
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Meschke, David Richard, 1998-2001
Meyer, G. W., 1940-41
Miller, Bruce W., 1971-72
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Milton, Cecil, 1950-52
Miltz, Stephen, 2005-06
Mitchell, Bradley, 2006-07
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Mitchell, E. R., 1940
Mitchell, Robert D., 1987
Moen, Courtney, (Mgr.), 1968
Mohr, Eric, 2002-05
Mohr, Mark, 2005-07
Mohr, Stephen, 2000-03
Moity, Sebastian Lewis, 1999-2002
Monasterio, David V., 1990-93
Monasterio, Eugenio A., 1987-90
Moody, David H., 1964-65
Moore, John R., 1982-83
Moore, William C., IV, 1992
Moore, William E., 1977-80
Moore, William M., 1990-93

Morris, Erik Olson, 1994-97
Morris, Thomas C., 1988-90
Morrison, John H., 1987-90
Morrow, Samuel H., 1945, 1946, 1948
Morton, Chip, (Mgr.), 1982-85
Moss, Thomas M., 1975-76
Mueller, E.R., 1939-40
Mullis, C.E., 1939
Mummaw, Henry H., 1962
Mummaw, Joseph W., 1962
Murphy, Christopher J., 1973, 1975-76
Murray, Donald M., Jr., 1962
Murray, Stewart L., 1980
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Nagle, Robert W., 1969-72
Nash, Brent D., 1957-59
Nash, J. M., 1939
Neff, Stephen H., 1968
Newmann, Ernest F., IV, (Mgr.), 1982-83
Nicholson, D. G., 1941-43
Nims, Cameron, (Mgr.), 1974
Noreen, Bradley, 2007
Norfleet, Strudwick N., 1965-67
Norman, Stewart, 2004-07
Norwood, Eston G., 1947-49
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Oare, Ernest M., 1963-64
O'Hare, Richard L., 1973-74
Omainsky, Robert W., 1977-80
O'Neal, Kevin A., 1982-83
Orland, Henry, III, 1942
Osborn, James G., 1970-73
Osborne, Stephen, 1948-49
Ostrowsky, Marvin, 1941-42
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Owen, Philip, 2005-07
Owen, Reid, 2002-05
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PPP
Parker, Charles T., 1955-57
Parker, W. C., 1944
Patterson, Alex M., Jr., 1961-62
Peck, Josiah M., 1970-71
Pell, Allison H., 1948
Perez, Arnaldo L., 1977-80
Perry, Charles Reid, 1954-55
Perry, Warren Seipp, III, 2000
Perry, Warren Seipp, I, 1944-45, 1947
Peters, W. J., 1940
Peterson, Chip, 2007
Peterson, Michael G., 1994
Phillips, Stephen J., 1982-83
Pigassou, Michael, 2003-04
Poiras, Eric, 2001-04
Pollard, Robert M., 1968-70
Power, Edward S., (Mgr.), 1975-76, 1978
Prassas, Thomas N., 1977-78
Pritchard, William G., 1944-45, 1948
Proctor, Russell L., 1943-46
Purdie, John A., Jr., (Mgr.), 1969-71
QQQ
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RRR
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Ray, Alexander Graham, 1954



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 Redding, Russell F., 1963
 Rees, P. G., (Mgr.), 1941
 Reock, Michael D., 1974-77
 Reynolds, Peter L., 1958
 Riker, Philip, III, 1966-67
 Roberts, Lawrence D., Jr., 1963-65
 Rose, Robert H., 1941
 Rose, Walter T., Jr., 1956-58
 Roser, Herbert G., (Mgr.), 1963-64
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 Roth, William C., 1956-58
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 Rudy, John F., Jr., 1959
 Runberg, Trevor Atchison, 1995-98
 Rusthoven, Kyle Ehrman, 1998
 Ryan, Jack, (Mgr.), 1974
SSS
 Sanchez, Gregory J., 1975, 1977
 Sanders, Leslie J., 1966
 Sands, John, 2005-07
 Saw, Yi-Khy, 2006-07
 Sawyer, Charles D., 1984-87
 Scattergood, Joseph H., 1966-67
 Schauer, Adam, 2004-07
 Schenk, Jeffrey A., 1979-82
 Schiaffino, George E., 1970
 Scheinman, L. J., 1940-41
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 Schiffman, Arnold A., 1957-59
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 Schmelzer, Thomas Michael, 1996-99
 Schonwalder, Matthew O., 1994
 Schroeder, Tod A., 1987-88, 1990-91
 Schwanke, Ryan R., 1989-92
 Schwartz, R. G., 1942
 Scott, Douglas M., 1986
 Sechrist, Andrew B., 1993-95
 Secrest, S. W., 1944
 Secunda, John K., 1968
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 Shea, Timothy F., 1984-87
 Sheldon, John W., 1964-65
 Sheppard, John W., 1966
 Shrader, Steven K., 1974
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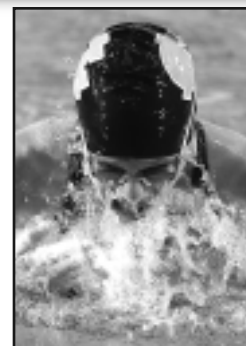
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 Southard, James M., 1970-73
 Sparer, Burton, 1945
 Sparks, Devin L., 1988
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 Spencer, Ross D., 1966
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 Stack, James T., 1960
 Stackhouse, Daniel J., 1980
 Stecher, Richard T., 1984-87
 Stevens, John W., 1966
 Stevens, William E., 1943
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 Stokes, Jack B., (Mgr.), 1951
 Stone, F. H., 1940
 Stone, W. D., 1940-42
 Stratton, William L., Jr., 1986-87
 Straughan, James F., Jr., 1964
 Stuck, Bryan M., 1994-95
 Suddreth, Brandon, 2005-07
 Suguiyama, Yuri, 2001-04
 Summerlin, Daniel C., III, 1991-94
 Sumner, Sean M., 1987
 Sural, Jeffrey R., 1987-89
 Sutton, Timothy J., 1980-83
 Swartley, John Michael, 1966
 Swartz, Zach, 2005-07
 Swendiman, Robby, 2005-07
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 Swigart, Richard H., 1946-47
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TTT
 Targgart, John E., 1981
 Taylor, John Scott, 1964
 Thiele, Karl D., 1972-75
 Thomas, Haywood B., Jr., 1979-82
 Thomas, Ian, 2001
 Thomas, James P., 1948-51
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 Thompson, W. M., 1939-41
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 Thorpe, Jonathon C., 1993-96
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 Tice, John Keyser, Jr., 1955-56
 Tinkham, Stanley D., 1951-53
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 Tober, Timothy James, 1996-99
 Toll, Alan E., 1973-76
 Townes, Peyton, (Mgr.), 1942
 Troy, Scott Edward, 1995-98
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 Ubell, Donald Paul, (Mgr.), 1965-67
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 Vick, Daniel, 2001-04
 Vick, Ralph N., 1988-89, 1991-92
 Vredevel, Roger M., 1979-82
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 Wachendorfer, Paul, 1958
 Waldron, William L., 1960
 Walker, Robert W., (Mgr.), 1968-70
 Wall, Francis Barry, 1951-53
 Wallace, William C., 1968
 Wallin, P.J., 2000-03
 Wansley, Hal, 2000-03
 Ward, Ben Warren, 1943-46
 Ward, William B., 1945
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 Weaver, Britt L., 1980-81
 Weavil, Josh, 2003-06
 Weber, Christian (Mgr.), 1996-98
 Weber, John G., 1961
 Webster, Bruce V., 1979-80
 Weeks, David Joshua, 1997-2000
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 White, Reginald S., Jr., 1951-52
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 White, Thomas K., 1989
 Whitner, G. C., 1944
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 Willis, Park Weed, 1997-98
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ZZZ
 Zickgraf, William G., 1956-58
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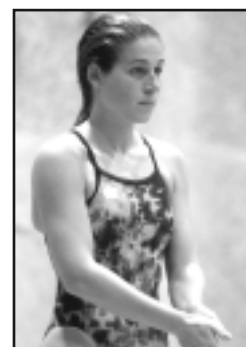
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BBB
 Badrock, Sandra K., 1995-96
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 Barber, Sheila (Mgr.), 1986-87
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 Benda, Jill, 1988-91
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 Biegel, Aubrette, 2006-07
 Bitner, Gena, 2001-04
 Bodman, Lydia, 1978
 Bolton, Barb, 1988-90
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 Buddemeyer, Melanie, 1985-87, 1989
 Bunting, Tracy, 1987
 Burgess, Cathy, 1991-94
 Bursiek, Elizabeth Ann, 1996-99
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CCC
 Cannon, Virginia (Mgr.), 1978
 Carroll, Emily, 2003-06
 Carroll, Monica, 1990
 Carter, Deborah (Mgr.), 1987-88
 Castle, Ginger, 1993
 Chenier, Megan, 2003-05
 Cherpinsky, Kathleen, 1981-82
 Chilcott, Cynthia, 1980
 Claffey, Tracey, 1993
 Clark, Tracy, 1991
 Cleavelly, Heather, 1989-92
 Clemens, Aliso, 2007
 Cline, Jennifer, 1986-89
 Cluett, Anne, 1983
 Coates, Christianna Kathryn, 1996-99
 Cobb, Erin, 1991-92
 Colacurcio, Beth, 2000-01
 Collier, Eileen, 1982-85
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 Collier, Laura, 2000-03
 Conrad, Alison, 1992-95
 Corish, Valerie, 1987-90



Becky Acker
2001-04



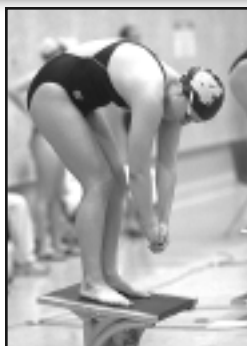
Bonny Brown
1977-80



Elizabeth Misiti
2001-04



Janis Hape
1977-80



JoAnne Overton
1998-2001



Ann Hart
1992-95



Karin Andren
1988-91



Shannon Allison
1992-95

Cornet, Jennifer, 1994
Coury, Deirdre, 1985
Crabbe, Jeanne, 1987-88
Cronen, Sabrina (Mgr.), 1979, 1981-82
Crowder, Barbara, 1979
Culling, Tina, 1985-87
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Cutrell, Erin, 2004-07
DDD
Dalrymple, Janice, 1981-84
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Deeb, Naila, 1988
Dempster, Mary A., 1980
Dieter, Michelle Marie, 1994-95, 1997
Dhue, Laurie, 1987-88
Dombay, Diane, 1986
Donald, Lindsay, 2005
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Dul, Lauren, 1984
Dunaway, Cara Elizabeth, 1994-97
Dunaway, Virginia, 1985-86
Dupree, Lauren, 1978-80
Durkin, Kelsey Ann, 1996-99
Durstin, Sarah, 1983-86

EEE
Edmiston, Lisa, 1979
Edwards, Elizabeth, 1985-87
Eickman, Meagan, 2004-07
Elliott, Dondrea, 1995
Engel, Karen, 1987
Erben, Andrea, 2003
Etherington, Lisa, 1991-94
FFF
Farrington, Elizabeth (Mgr.), 1979-82
Filip, Laura, 2005-07
Fiss, Melissa Raye, 1999-2002
Fitz, Rebecca, 1998
Fox, Richelle K., 1997-98
Frazier, Jennifer, 2006-07
Freedman, Molly, 2001-03
Frock, Catherine Edlin, 1996-99

GGG
Gamblin, Mary Margaret, 2003-06
Gardner, Jennifer Dawn, 1999-2002
Gardner, Meredith, 1990-92
Garth, Christy L., 1993-96
Gately, Karen, 2005-07
Gerhart, Jeanne, 1983-85
Glazener, Tracey, 1994-95
Gess, Sarah, 1979-80
Givan, Sarah Jean, 1999-2001
Goins, Claudia, 1992-94
Gomez, Teresa, 1983
Gonzalez, Patricia, 1981
Goodman, Jenny, 2000-01
Gould, Natalie, 1987-90
Graham, Jennifer, 1987
Grant, Stephanie (Mgr.), 1991-94
Griswell, Nikki, 2006-07
Guide, Suzanne, 1994

HHH
Haag, Kari A., 1993-96
Halter, Kristin, 1989-91
Hanson, Virginia, 2002-05
Hape, Janis, 1978-80
Harper, Sally, 1978
Harris, Barb, 1979-82
Hart, Ann, 1992-95
Hathaway, Katherine Ann, 1999-2002

Hegel, Gayle, 1980-83
Herman, Allison, 2003, 2005
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Hicklin, Stephanie, 1986
Hinshaw, Jennifer, 1988-90
Hookway, Elizabeth, 1980
Hoff, Karen, 1978-81
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Hommen, Merel, 1995-96
Hooff, Elizabeth Janney Marie, 1996-98
Hopper, Stephanie, 1981
Hoskins, Hilary Leigh, 1996-99
Howard, Ashley, 2007
Howes, Shannon, 1991-94
Huber, Emily Atkinson, 1999-2000
Huber, Jenny, 1990-93
Hudock, Nancy, 1979-80
Huey, Patty, 1981-84
Hughes, Betsy, 1978-80
Hutton, Jennifer L., 1997
Hyde, Devon, 1988

JJJ
Johnson, Candiss A., 1994-96
Jones, Emily, 1993
KKK
Kaley, Shannon, 1990-91
Karatanovski, Lauren, 2004-07
Kavadlo, Ilana Rose, 1999-2000
Keith, Jennifer, 2005-06
Keniston, Emily, 1985
Khalil, Lorne, 1984
Kimmel, Bridget, 2004-07
Kisselbach, Kristen, 1992-93
Kline, Amanda, 2001-03
Kozio, Maria, 1992-95
Kreel, Theresa, 1991-92
Krysiewski, Karen, 1996-99

LLL
Lambert, Lindsey, 1981
Latimer, Jennifer Lynn, 1995-98
LaVie, Julie, 1982-83
Layton, Gina, 1979
LeMaire, Elke, 1978-79
Leupold, Susan, 1989-92
Lewis, Courtney, 2001-04
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Lieber, Elizabeth, 1983
Linton, Jane, 1993-94
Long, Millie D., 1995-98
Lorch, Susan L., 1997
Los, Barbara, 1978-79
Lozeau, Kristin Ann, 1998-2001

MMM
Mace, Frankye (Mgr.), 1991
Mack, Summer McGil, 1998-2001
Marck, Lindsey, 2005-07
Marshall, Barbara, 1978-79
Martin, Erin, 1990-93
Martin, Leila, 2003-05
Matheis, Erika, 2005-07
McCann, Martha, 1984-87
McDowell, Jane (Mgr.), 1979-80
McFarlane, Taylor, 2006-07
McHardy, Trish, 1991-94
McIlvain, Lindsay, 2006-07
McLaughlin, Kelly A., 1997-2000
Meehan, Sarah E., 1997
Mein, Hannah, 2006-07
Mesmer, Liz, 1980-81
Michna, Jennifer, 1987-89
Miller, Beth, 2007
Miller, Christine Marie, 1995-

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Mills, Holly Dyan, 1998-99
Minich, Jill, 1991-94
Misiti, Elizabeth, 2001-04
Mitchell, Betsy, 1984
Montford, Stacy, 1986
Morris, Tammy L., 1995-96
Morrissy, Kelsey, 2005-07
Morsman, Laura, 1988, 1990
Moyer, Faith A., 1997
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Myers, Jill, 1996-99
NNN
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Nemeth, Alison M., 1993-96
Nilon, Marissa, 2004-07
Noblett, Lisa (Mgr.), 1981-82
Norton, Annie, 2007
Nottingham, Heather, 1988-91
Nystrand, Meghan, 2003-04

OOO
O'Brien, Susan, 1985-88
O'Connor, MaryLou, 1984-87
O'Donnell, Nicole, 2006-07
O'Neal, Eva, 1981
Overton, JoAnn Marie, 1998-2001
Owen, Kristen, 1991
Oxford, Kristin, 2007
PPP
Page, Nancy, 1985-87
Perfater, Sue, 1982-85
Perroni, Sarah, 1990-91, 1993
Perruquet, Jessica, 2001-04
Pittman, Victoria (Mgr.), 1985-87
Pless, Amy, 1981-84
Potter, Laurie, 1978-79
Powers, Wendy, 1986-89
Preston, Stephanie, 1994
Pritchard, Amy, 1986-89
Pritchett, Katy, 2006-07
Proctor, Pam, 1990-93
Proctor, Sarah, 2006-07
Purcell, Sarah Margaret, 1995-98

QQQ
Quinn, Kathleen, 2002-05
RRR
Ramsey, Leslie, 1992-95
Rankin, Tracey Lynn, 1996-99
Ray, Amy, 1989-90
Reardon, Emily, 2004-07
Rehm, Jennifer, 2001-04
Richards, Margaret, 1990, 1992-93
Robins, Barbara, 1979-80
Rogers, Val, 2000
Root, Eliza, 1992
Rosser, Angie, 1993-94
Rulis, Stefanie Marie, 1999-2002

SSS
Salomon, Somer, 1993-95
Sanders, Leigh, 2000-03
Santoro, Gia, 2003-06
Sawyer, Staci, 1988-91
Schlessman, Elizabeth Ann, 1996-99
Schmidt, Erika, 1985-88
Schultz, Patricia, 1986-87
Scoggins, Katie, 2000-01
Scott, Sarah, 2006-07
Scott, Sue, 1982-85
Seastrom, Theresa, 1989-92
Seawell, Jennifer, 1993
Shelton, Margarette (Mgr.), 1978

Sherwani, Soraya, 1984
Shirey, Cindy, 1979-81
Silva, Lauren, 2000-01
Skeen, Aimee, 1991-92
Smith, Amanda, 2003-06
Smith, Jenni (Mgr.), 1992, 1994-95
Smith, Kathy, 1982-83
Smith, Whitney, 2001-04
Smock, Becky, 2004-07
Sprague, Whitney, 2006-07
Stankavage, Sarah, 2007
Steeves, Megan, 2007
Steimel, Mary Jo, 1985-87
Steinbacher, Donna, 1987-88
Stephens, Janice (Mgr.), 1978-79
Stewart, Nicola J., 1993-96
Stiles, Heather Brooke, 1999-2002
Stone, Danley, 2000
Stone, Mary, 1982-83
Strahl, Monica, 1985-88
Strasburger, Jennifer Wiley, 1997-2000
Stretcher, Susan A., 1994-96
Strickland, Jenny, 1981-84
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Stroupe, Keira, 1986-89
Stubby, Elinor (Mgr.), 1981
Sullivan, Molly Elizabeth, 1999-2002
Szulc, Carrie, 1992-95

TTT
Terrill, Allison Lorraine, 1999
Thomas, Barbara, 2007
Thomas, Lori, 2002-03
Thompson, Nance, 1979-81
Tooher, Judith, 1978
Turlish, Hannah, 1988-91
Turner, Janna, 2000-03

VVV
Vayda, Catherine, 1978
Vilcins, Linda, 1982-85
Virag, Tammy, 1988-89
Vrana, Erica Anahid, 1998-2001
WWW
Waddell, Lindsay, 2001-04
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Waldo, Bethany Jane, 1999
Walsh, Susan E., 1981-84
Warcholik, Madelyn, 1978
Watkins, Christy, 2000-03
Weeks, Kelly, 2001-04
Weinberg, Wendy, 1979-80
Welker, Carol, 1981
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Williams, Holly, 1983-86
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Willeboordse, Sandra, 1982
Wilson, Mona, 1983
Winde, Polly, 1983-86
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Winthrow, Demi, 1992-93
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Wong, Charlene, 2001-02
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YYY
Yadao, Cherie A., 1993-96
Young, Ellen, 1987-90
Ytterbo, Kirsten, 2004-05



TAR HEEL YEAR-BY-YEAR MEN'S LEDGER

Year	Overall W-L Record	Southern Conference Record	Southern Conference Finish	NCAA Finish	Head Coach
1938-39	2-4	2-3	7th		Dick Jamerson
1939-40	7-1	6-0	Champion		Dick Jamerson
1940-41	8-1	6-0	Champion		Dick Jamerson
1941-42	8-0	5-0	Champion	Tied 12th	Dick Jamerson
1942-43	8-1	7-0	Champion		Dick Jamerson
1943-44	6-0	2-0	Champion		Dick Jamerson
1944-45	4-0	1-0	Champion		Willis Casey
1945-46	4-3	1-0	Champion	Tied 5th	Ralph Casey & Willis Casey
1946-47	5-2	4-0	Champion		Dick Jamerson
1947-48	10-0	5-0	Champion	14th	Dick Jamerson
1948-49	6-1	3-0	Champion	9th	Ralph Casey
1949-50	8-2	4-0	Champion		Dick Jamerson
1950-51	12-0	5-0	Champion		Dick Jamerson
1951-52	11-0	5-0	Champion		Dick Jamerson
1952-53	9-0	4-0	Champion	Tied 5th	Ralph Casey
Southern Conference Totals		60-3 (.952)	14 Southern Conference Titles		
Year	Overall W-L Record	Atlantic Coast Conference Record	Atlantic Coast Conference Finish	NCAA Finish	Head Coach
1953-54	8-2	4-2	2nd		Ralph Casey
1954-55	5-3	4-2	2nd	5th	Ralph Casey
1955-56	6-1	5-1	Co-Champion	12th	Ralph Casey
1956-57	9-0	7-0	Champion	6th	Ralph Casey
1957-58	11-0	8-0	Champion	Tied 14th	Pat Earey
1958-59	10-1	6-0	Champion		Pat Earey
1959-60	9-3	5-2	3rd		Pat Earey
1960-61	9-3	4-1	Tri-Champion		Pat Earey
1961-62	7-3	3-2	2nd	Tied 13th	Pat Earey
1962-63	11-4	6-1	Tri-Champion		Pat Earey
1963-64	12-2	7-0	Co-Champion	Tied 6th	Pat Earey
1964-65	12-2	6-1	2nd	Tied 20th	Pat Earey
1965-66	8-5	4-2	3rd	12th	Pat Earey
1966-67	9-3	5-1	2nd	9th	Pat Earey
1967-68	7-3	3-2	2nd	20th	Pat Earey
1968-69	7-4	5-1	2nd		Pat Earey
1969-70	8-5	5-1	3rd		Pat Earey
1970-71	7-5	5-2	3rd		Pat Earey
1971-72	6-6	4-2	3rd		Pat Earey
1972-73	6-6	4-1	2nd		Pat Earey
1973-74	6-4	4-1	2nd		Pat Earey
1974-75	6-4	4-1	2nd		Paul Doty
1975-76	6-3	4-2	2nd	28th	Jim Wood
1976-77	4-3	3-1	3rd	Tied 29th	Jim Wood
1977-78	5-5	4-1	2nd	Tied 26th	Frank Comfort
1978-79	5-5	3-1	2nd	25th	Frank Comfort
1979-80	8-4	5-1	2nd	22nd	Frank Comfort
1980-81	8-2	4-1	2nd	20th	Frank Comfort
1981-82	6-3	3-2	2nd	24th	Frank Comfort
1982-83	5-3	3-1	Champion	21st	Frank Comfort
1983-84	8-4	4-1	Tied 2nd	17th	Frank Comfort
1984-85	4-4	3-2	3rd	Tied 36th	Frank Comfort
1985-86	5-3	4-2	2nd	Tied 31st	Frank Comfort
1986-87	6-4	4-2	3rd		Frank Comfort
1987-88	9-1	5-0	Champion	19th	Frank Comfort
1988-89	8-2	4-1	Champion	39th	Frank Comfort
1989-90	11-2	6-0	2nd	30th	Frank Comfort
1990-91	9-1	5-0	Champion	21st	Frank Comfort
1991-92	9-2	5-2	3rd	18th	Frank Comfort
1992-93	10-4	6-1	Champion	14th	Frank Comfort
1993-94	12-2	7-0	Champion	31st	Frank Comfort
1994-95	9-5	5-1	Champion	32nd	Frank Comfort
1995-96	10-1	5-0	Champion	15th	Frank Comfort
1996-97	8-3	4-1	Champion	22nd	Frank Comfort
1997-98	7-2	5-0	Champion	Tied 30th	Frank Comfort
1998-99	10-2	4-1	3rd	30th	Frank Comfort
1999-2000	6-4	3-2	2nd	28th	Frank Comfort
2000-01	6-2	4-1	2nd		Frank Comfort
2001-02	5-4	3-2	3rd	31st	Frank Comfort
2002-03	9-4	5-2	3rd	32nd	Frank Comfort
2003-04	7-4-1	3-1-1	3rd	23rd	Frank Comfort
2004-05	10-2	5-1	4th	Tied 32nd	Frank Comfort
2005-06	6-3	4-1	3rd	Tied 41st	Frank Comfort
2006-07	5-3	4-1	3rd	27th	Frank Comfort
Overall & ACC Totals	523-180-1 (.743)	244-61-1 (.799)	17 ACC Titles	28 Top 25 Finishes	



Ralph Casey & Dick Jamerson



Pat Earey



Frank Comfort



Rich DeSelm

TAR HEEL YEAR-BY-YEAR WOMEN'S LEDGER

Year	Overall W-L Record	Atlantic Coast Conference Record	Atlantic Coast Conference Finish	NCAA Finish	Head Coach
1974-75	9-2				Maxine Forrest
1975-76	8-0			9th	Jim Wood
1976-77	3-1			7th	Jim Wood
1977-78	5-3			8th	Frank Comfort
1978-79	7-1	2-1	2nd	5th	Frank Comfort
1979-80	7-2	3-1	2nd	7th	Frank Comfort
1980-81	7-1	3-1	Champion	3rd	Frank Comfort
1981-82	11-0	5-0	Champion	3rd	Frank Comfort
1982-83	9-1	4-0	Champion	6th	Frank Comfort
1983-84	9-0	5-0	Champion	5th	Frank Comfort
1984-85	6-2	4-1	Champion	12th	Frank Comfort
1985-86	8-0	6-0	Champion	16th	Frank Comfort
1986-87	8-2	5-1	2nd	9th	Frank Comfort
1987-88	8-3	3-2	2nd	19th	Frank Comfort
1988-89	9-2	4-1	2nd	36th	Frank Comfort
1989-90	11-1	5-0	2nd	15th	Frank Comfort
1990-91	10-1	5-0	Champion	20th	Frank Comfort
1991-92	12-0	7-0	Champion	14th	Frank Comfort
1992-93	10-2	5-1	Champion	16th	Frank Comfort
1993-94	11-2	6-0	Champion	26th	Frank Comfort
1994-95	10-2	6-0	Champion	23rd	Frank Comfort
1995-96	10-2	5-0	Champion	18th	Frank Comfort
1996-97	8-3	4-1	2nd	16th	Frank Comfort
1997-98	7-3	5-0	2nd	12th	Frank Comfort
1998-99	7-4-1	2-3	2nd	20th	Frank Comfort
1999-2000	9-2	4-1	Champion	15th	Frank Comfort
2000-01	8-1	5-0	Champion	9th	Frank Comfort
2001-02	7-2	4-1	Champion	13th	Frank Comfort
2002-03	12-1	7-0	2nd	17th	Frank Comfort
2003-04	7-3	4-1	2nd	23rd	Frank Comfort
2004-05	9-3	4-2	3rd		Frank Comfort
2005-06	8-2	4-1	3rd	Tied 41st	Frank comfort
2006-07	8-1	5-0	Champion	30th	Frank Comfort
Totals	278-55-1 (.834)	131-19 (.873)	16 ACC Titles	27 Top 25 Finishes	

Men's Dual-Meet Records Against Opponents		Women's Dual-Meet Records Against Opponents	
Alabama	0-2	Alabama	1-0
Army	0-3	Appalachian State	1-0
Auburn	0-3	Auburn	0-3
Brown	4-0	Brown	5-0
Bucknell	1-0	Bucknell	1-0
Clemson	43-5-1	Clemson	24-5
Cornell	1-0	Colorado State	1-0
Davidson	6-0	Davidson	2-0
Duke	70-2	Duke	33-0
East Carolina	47-1	East Carolina	23-0
Emory	7-0	Eastern Michigan	2-0
Emory & Henry	1-0	Florida	0-2
Florida	10-15	Florida State	6-1
Florida State	8-11	Georgia	1-16
George Washington	1-0	Georgia Tech	1-0
Georgia	11-14	Harvard	1-0
Georgia Tech	19-1	Illinois	2-0
Harvard	1-1	James Madison	2-0
Illinois	2-0	Johns Hopkins	6-0
Johns Hopkins	7-0	Kenyon	11-0
Kenyon	11-0	Lehigh	6-0
La Salle	3-1	Maryland	23-3
Lehigh	6-0	Meredith	1-0
Louisiana State	1-0	Miami (Fla.)	2-0
Maryland	38-10	Miami (Ohio)	1-0
Miami (Fla.)	4-1	Michigan	7-1
Miami (Ohio)	1-0	Minnesota	5-4-1
Michigan	0-2	Navy	1-0
Minnesota	2-11	Nebraska	1-0
Navy	12-11	UNC Greensboro	1-0
Nebraska	1-0	NC State	30-5
NC State	42-30	UNC Wilmington	2-0
UNC Wilmington	3-0	North Dakota	2-0
North Dakota	3-0	Northwestern	2-0
Northwestern	1-0	Old Dominion	1-0
Notre Dame	1-0	Penn State	6-1
Ohio State	0-3	Pittsburgh	3-0
Old Dominion	1-0	Princeton	1-0
Penn State	3-0	Rice	1-0
Pittsburgh	2-3	Richmond	3-0
Princeton	4-2	Rutgers	1-0
Rider	1-0	South Carolina	8-4
Rutgers	1-0	Southern Methodist	0-1
South Carolina	23-8	Syracuse	2-0
Southern Illinois	0-1	Tampa	1-0
Southern Methodist	1-2	Tennessee	8-0
Tampa	1-0	Virginia	24-8
Tennessee	0-19	Virginia Commonwealth	1-1
Texas A&M	0-1	Virginia Tech	3-0
Virginia	38-16	Westminster (Pa.)	1-0
VMI	21-1	West Virginia	1-0
Virginia Tech	24-0	William & Mary	6-0
Wake Forest	22-0		
Washington & Lee	4-0		
Westminster (Pa.)	1-0		
West Virginia	1-0		
William & Mary	7-0		

Carolina Diving Records

One-Meter Championship (6 dives)

School Record (Men): Ryan Funderburk, 345.85, 2006

Koury Natatorium Pool Record (Men): Reuben Ross, Miami, 387.30, 2007

School Record (Women): Laura Filip, 280.45, 2007

Koury Natatorium Pool Record (Women): Jenna Dreyer, Miami, 336.00, 2007

Three-Meter Championship (6 dives)

School Record (Men): Ryan Funderburk, 366.60, 2006

Koury Natatorium Pool Record (Men): Reuben Ross, Miami, 439.92, 2007

School Record (Women): Mandi Arak, 299.35, 2005

Koury Natatorium Pool Record (Women): Jenna Dreyer, Miami, 364.15, 2007

Platform Records (6 dives for men, 5 dives for women)

School Record (Men): Ryan Funderburk, 248.70, 2006

School Record (Women): Laura Filip, 175.65, 2007



MEN'S ALL-TIME TOP 10



50 Yard Freestyle

Name	Time	Year
1. Tod Schroeder	:20.06	1990
1. Kevin Erndl	:20.06	2001
3. Mark Sedlak	:20.10	1993
4. Ted Brisson	:20.17	1998
5. Chris Jennings	:20.39	1997
6. Daniel Summerlin	:20.42	1994
7. Zach Swartz	:20.44	2006
8. Jed Guenther	:20.45	1989
8. Matt Smith	:20.45	1993
10. Mark Moore	:20.49	1992/93

100 Yard Freestyle

Name	Time	Year
1. Daniel Summerlin	:44.26	1993
2. John Davis	:44.29	1990
3. Tod Schroeder	:44.46	1991
4. Ted Brisson	:44.47	1998
5. Ed Abele	:44.49	1998
6. Larry Bloch	:44.62	1988
6. Chris Jennings	:44.62	1997
8. Hank Browning	:44.63	2007
9. Mark Sedlak	:44.80	1991
9. Robby Swendiman	:44.80	2007

200 Yard Freestyle

Name	Time	Year
1. John Davis	1:35.59	1990
2. Yann deFabrique	1:35.74	1993
3. David Monasterio	1:35.77	1991
4. Hank Browning	1:36.29	2006
5. Trevor Runberg	1:36.56	1997
6. James Hamrick	1:37.22	1993
7. Yuri Suguiyama	1:37.33	2004
8. Ed Abele	1:37.95	1997
9. Micah Copeland	1:37.95	1997
10. Philip Owen	1:37.98	2007

500 Yard Freestyle

Name	Time	Year
1. Yann deFabrique	4:18.91	1993
2. James Hamrick	4:18.96	1993
3. Chip Peterson	4:19.38	2007
4. David Monasterio	4:19.53	1991
5. Yuri Suguiyama	4:19.92	2003
6. Hank Browning	4:19.99	2007
7. Trevor Runberg	4:20.49	1996
8. Micah Copeland	4:22.07	1996
9. Brad Kline	4:23.61	2000
10. Michael Chorba	4:24.26	1996

1000 Yard Freestyle

Name	Time	Year
1. Chip Peterson	9:02.38	2007
2. Yuri Suguiyama	9:09.59	2001
3. Yann deFabrique	9:09.82	1995
4. Joe Kinderwater	9:10.46	2007
5. James Hamrick	9:10.60	1992
6. David Monasterio	9:10.90	1993
7. Reid Owen	9:11.09	2004

8. Judd Clasco	9:12.26	2002
9. Philip Owen	9:12.51	2007
10. Yi-Khy Saw	9:12.80	2005

1650 Yard Freestyle

Name	Time	Year
1. Chip Peterson	14:55.63	2007
2. Yuri Suguiyama	15:05.10	2003
3. James Hamrick	15:07.36	1993
4. Joe Kinderwater	15:09.19	2007
5. Philip Owen	15:10.73	2007
6. Hank Browning	15:10.75	2006
7. Sean Gowrie	15:13.34	1992
8. Stephen Mohr	15:13.87	2001
9. Reid Owen	15:14.30	2004
10. Michael Chorba	15:15.57	1996

100 Yard Backstroke

Name	Time	Year
1. Ted Brisson	:48.10	1998
2. Keith Laabs	:48.59	2007
3. Drew Sechrist	:49.12	1995
4. Tommy Wyher	:49.20	2007
5. Kert Johnson	:49.23	2001
6. Zach Swartz	:49.28	2007
7. Jon Albrecht	:49.44	2004
8. Chris Jennings	:49.45	1999
8. Josh Hafkin	:49.45	2007
10. John Davis	:49.46	1991

200 Yard Backstroke

Name	Time	Year
1. Keith Laabs	1:45.43	2007
2. Trevor Runberg	1:46.13	1996
3. Jeff James	1:46.47	2007
4. Bryan Stuck	1:46.86	1994
5. Eric Ericson	1:47.67	1984
6. Eric Mohr	1:47.84	2005
7. Tom Schmelzer	1:47.97	1998
8. Wade Baccich	1:48.00	2007
9. Chris Helin	1:48.14	2000
10. Ben Grafchik	1:48.46	2004

100 Yard Breaststroke

Name	Time	Year
1. Gary Gauch	:54.99	1991
2. Steve Bonack	:55.03	1996
3. Scott Troy	:55.05	1996
4. Sean Quinn	:55.14	2003
5. John Fischetti	:55.40	1991
6. Kevin Erndl	:55.42	2000
7. Brad Mitchell	:55.43	2007
8. Aaron Burns	:55.64	2007
9. Chris Helin	:55.70	2000
10. Jeff Weiss	:55.73	1995

200 Yard Breaststroke

Name	Time	Year
1. Sean Quinn	1:56.39	2002
2. Ethan Hall	1:58.79	1999
3. David Slawinski	1:58.95	2000
4. Jeff Weiss	1:58.98	1994

5. Steve Bonack	1:58.99	1996
6. Scott Troy	1:59.27	1996
7. Eric Fehr	1:59.65	1996
8. Chris Helin	2:00.60	2000
9. John Fischetti	2:00.74	1991
10. Patrick Woodruff	2:01.39	2004

100 Yard Butterfly

Name	Time	Year
1. Tucker Shade	:46.86	1998
2. Eddy Matkovic	:47.59	2003
3. Chris Jennings	:48.07	1997
4. Josh Glasco	:48.11	2005
5. Jon Van Assen	:48.17	2006
6. William Keever	:48.25	1993
7. Dirk Marshall	:48.33	1986
8. Tommy Wyher	:48.94	2007
9. Sebastien Moity	:48.95	2001
10. Jared Kleber	:49.03	2007

200 Yard Butterfly

Name	Time	Year
1. Josh Glasco	1:44.60	2004
2. David Monasterio	1:45.30	1991
3. Yann deFabrique	1:46.12	1992
4. Tucker Shade	1:46.72	1996
5. Chris Stevenson	1:47.14	1985
6. David Weeks	1:47.39	2000
7. Tim Shea	1:47.52	1985
8. Chad Ames	1:47.63	2004
9. Jason McLaughlin	1:48.04	2007
10. Yi-Khy Saw	1:48.09	2007

200 Yard Individual Medley

Name	Time	Year
1. John Davis	1:47.33	1990
2. Daniel Summerlin	1:47.75	1994
3. Chris Helin	1:47.81	2000
4. Eric Fehr	1:48.61	1997
5. Tom Schmelzer	1:48.66	1997
6. Tucker Shade	1:48.96	1996
7. John Fischetti	1:49.19	1991
8. Jeff James	1:49.23	2007
9. Randy Thorpe	1:49.61	1998
10. David Slawinski	1:49.84	2000

400 Yard Individual Medley

Name	Time	Year
1. Tyler Harris	3:50.58	2007
2. Daniel Summerlin	3:50.91	1994
3. Chris Helin	3:51.73	2002
4. Eric Fehr	3:52.34	1996
5. Stephen Mohr	3:52.56	2001
6. Mark Seidman	3:52.99	1999
7. David Slawinski	3:53.04	2000
8. Yi-Khy Saw	3:53.38	2006
9. Tom Schmelzer	3:53.49	1996
10. Marc Ferguson	3:53.55	1991



Yuri Suguiyama, No. 5 in the 500-yard freestyle, No. 2 in the 1000- and 1650-yard freestyles, No. 7 in the 200-yard freestyle



Steve Bonack, No. 2 in the 100-yard breaststroke, No. 5 in the 200-yard breaststroke



Josh Glasco, No. 1 in the 200-yard butterfly, No. 4 in the 100-yard butterfly

50 Yard Freestyle

Name	Time	Year
1. Richelle Fox	:22.40	1998
2. Christy Watkins	:22.45	2002
3. Sarah Perroni	:22.72	1993
4. Erika Acuff	:22.86	2001
5. Melissa Douse	:22.95	1992
5. Jessi Perruquet	:22.95	2004
7. Sue Walsh	:22.96	1983
7. Kelsey Morrissey	:22.96	2007
9. Kari Haag	:23.01	1996
10. Eliza Butts	:23.18	2007

100 Yard Freestyle

Name	Time	Year
1. Richelle Fox	:48.89	1998
2. Jessi Perruquet	:49.30	2002
3. Kari Haag	:49.53	1995
4. Kelsey Morrissey	:49.61	2007
5. Sarah Perroni	:49.68	1992/93
6. Christy Watkins	:49.71	2002
7. Eliza Butts	:49.77	2007
8. Melissa Douse	:50.14	1992
9. Kim Beattie	:50.37	1987
10. Megan Steeves	:50.39	2007

200 Yard Freestyle

Name	Time	Year
1. Jessi Perruquet	1:45.01	2003
2. Kari Haag	1:46.28	1995
3. Richelle Fox	1:47.29	1996
4. Eliza Butts	1:47.96	2007
5. Virginia Hanson	1:48.33	2005
6. Whitney Sprague	1:48.36	2007
7. Kelsey Morrissey	1:48.45	2007
8. Hannah Turlish	1:48.68	1987
9. Kelly Weeks	1:48.72	2004
10. Kim Beattie	1:48.84	1987

500 Yard Freestyle

Name	Time	Year
1. Whitney Sprague	4:41.09	2007
2. Chrissy Miller	4:44.97	1998
3. Kelly Weeks	4:46.97	2003
4. Jessi Perruquet	4:48.05	2001
5. Leslie Ramsey	4:48.44	1995
6. Katura Harvey	4:48.57	2007
7. Whitney Smith	4:48.61	2002
8. Trish McHardy	4:48.76	1992
9. Hannah Turlish	4:48.98	1987
10. Kristin Oxford	4:49.20	2007

1000 Yard Freestyle

Name	Time	Year
1. Whitney Sprague	9:35.76	2007
2. Polly Winde	9:49.55	1983
3. Chrissy Miller	9:50.10	1998
4. Nicole O'Donnell	9:51.00	2005
5. Hannah Turlish	9:52.05	1988
6. Whitney Smith	9:52.47	2003
7. Molly Sullivan	9:53.88	2001

8. Leslie Ramsey	9:55.65	1994
9. Lindsay McIlvain	9:56.73	2007
10. Kelly Weeks	9:57.45	2003

1650 Yard Freestyle

Name	Time	Year
1. Whitney Sprague	15:51.02	2007
2. Nicole O'Donnell	16:13.88	2005
3. Chrissy Miller	16:17.88	1996
4. Hannah Turlish	16:24.39	1988
5. Molly Sullivan	16:26.33	2001
6. Whitney Smith	16:26.69	2003
7. Lindsay McIlvain	16:27.37	2007
8. Polly Winde	16:29.48	1983
9. Leslie Ramsey	16:32.51	1994
10. Lauren Silva	16:36.19	2001

100 Yard Backstroke

Name	Time	Year
1. Christy Watkins	:53.92	2000
2. Summer Mack	:54.05	2001
3. Meagan Eickman	:55.64	2007
4. Sue Walsh	:54.74	1983
5. Betsy Mitchell	:55.55	1984
6. Susan O'Brien	:55.69	1988
7. Kari Haag	:55.90	1993
8. Tracey Barrett	:55.95	1998
9. Heather Stiles	:55.98	1999
10. Janna Turner	:56.03	2003

200 Yard Backstroke

Name	Time	Year
1. Laura Collier	1:57.83	2003
2. Ashley Howard	1:57.84	2007
3. Summer Mack	1:58.22	2000
4. Taylor McFarlane	1:58.67	2007
5. Tracey Barrett	1:58.68	1998
6. Sue Walsh	1:58.82	1984
7. Susan O'Brien	1:59.03	1988
8. Kelsey Durkin	1:59.46	1998
9. Kathleen Quinn	1:59.67	2002
10. Leigh Sanders	2:00.20	2002

100 Yard Breaststroke

Name	Time	Year
1. Katie Hathaway	1:00.89	2002
2. Becky Acker	1:02.17	2002
3. Lizzy Bruce	1:02.84	2003
4. Jenny Strickland	1:03.21	1984
4. Alison Clemens	1:03.21	2007
6. Janna Turner	1:03.48	2000
7. Kelsey Morrissey	1:03.83	2007
8. Marissa Nilon	1:03.85	2005
9. Amy Pless	1:03.91	1984
10. Polly Winde	1:04.07	1983

200 Yard Breaststroke

Name	Time	Year
1. Katie Hathaway	2:11.12	2002
2. Becky Acker	2:12.86	2002
3. Alison Clemens	2:14.61	2007
4. Lizzy Bruce	2:14.70	2004

5. Erika Acuff	2:15.67	2001
6. Polly Winde	2:16.34	1984
7. Janna Turner	2:16.74	2000
8. Heather Nottingham	2:17.30	1991
9. Kelly Woodruff	2:17.60	2005
10. Jenny Strickland	2:18.65	1984

100 Yard Butterfly

Name	Time	Year
1. Richelle Fox	:52.34	1997
2. Melanie Buddemeyer	:53.91	1985
3. Lindsey Marck	:54.08	2006
4. Summer Mack	:54.55	2000
5. Barb Harris	:55.04	1982
6. Jessie Brosch	:55.30	2004
7. Christy Watkins	:55.23	2000
8. Ilana Kavadlo	:55.30	2000
9. Susan Leupold	:55.41	1990
10. Melissa Fiss	:55.41	2002

200 Yard Butterfly

Name	Time	Year
1. Kelly Weeks	1:57.66	2003
2. Melanie Buddemeyer	1:58.04	1985
3. Lindsey Marck	1:58.79	2004
4. Kelly McLaughlin	1:59.42	2000
5. Ilana Kavadlo	1:59.42	2000
6. Chrissy Miller	1:59.81	1997
7. Melissa Fiss	1:59.88	2001
8. Molly Freedman	1:59.89	2001
9. Leslie Ramsey	2:00.29	1994
10. Jessie Brosch	2:00.37	2004

200 Yard Individual Medley

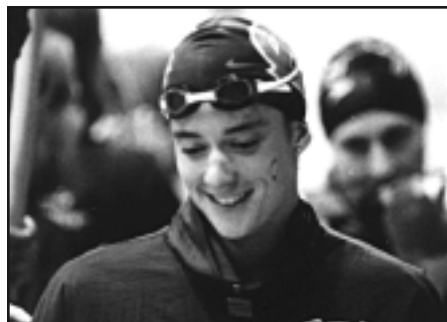
Name	Time	Year
1. Erika Acuff	1:59.57	2001
2. Katie Hathaway	1:59.67	2001
3. Richelle Fox	2:00.94	1996
4. Alison Clemens	2:01.51	2007
5. Amy Pless	2:02.17	1984
6. Polly Winde	2:02.27	1983
7. Carrie Szulc	2:02.41	1992
8. Becky Acker	2:02.41	2002
9. Gayle Hegel	2:02.72	1981
10. Kelly McLaughlin	2:02.75	1997

400 Yard Individual Medley

Name	Time	Year
1. Polly Winde	4:11.32	1984
2. Erika Acuff	4:14.18	2001
3. Katie Hathaway	4:14.40	1999
4. Lauren Silva	4:15.66	2000
5. Chrissy Miller	4:16.39	1998
6. Kelly Woodruff	4:16.68	2005
7. Carrie Szulc	4:17.01	1993
8. Kristin Lozeau	4:18.61	1998
9. Amanda Smith	4:18.62	2006
10. Alison Clemens	4:19.02	2007



Katie Hathaway, No. 1 in the 100- and 200-yard breaststrokes



Richelle Fox, No. 1 in the 50- and 100-yard freestyles, 100-yard butterfly



Whitney Sprague, No. 1 in the 500-, 1000- and 1650-yard freestyles



Women's Swimming Team Records

Event	Time	Name	Year
50 Free	22.40	Richelle Fox	1998
100 Free	48.89	Richelle Fox	1998
200 Free	1:45.01	Jessi Perruquet	2003
500 Free	4:41.09	Whitney Sprague	2007
1000 Free	9:35.76	Whitney Sprague	2007
1650 Free	15:51.02	Whitney Sprague	2007
100 Fly	52.34	Richelle Fox	1997
200 Fly	1:57.66	Kelly Weeks	2003
100 Back	53.92	Christy Watkins	2000
200 Back	1:57.83	Laura Collier	2003
100 Breast	1:00.89	Katie Hathaway	2002
200 Breast	2:11.12	Katie Hathaway	2002
200 IM	1:59.57	Erika Acuff	2001
400 IM	4:11.32	Polly Winde	1984
200 Medley Relay	1:40.82	Christy Watkins (25.57), Katie Hathaway (28.20), Summer Mack (24.61), Erika Acuff (22.44)	2001
400 Medley Relay	3:40.81	Christy Watkins (54.27), Katie Hathaway (1:02.17), Summer Mack (54.36) Stefanie Rulis (50.01)	2001
200 Free Relay	1:31.72	Jessi Perruquet (23.15), Katie Hathaway (23.05), Stefanie Rulis (23.46), Christy Watkins (22.06)	2002
400 Free Relay	3:19.44	Eliza Butts (49.77), Megan Steeves (50.10), Aubrette Biegel (50.39), Kelsey Morrisy (49.18)	2007
800 Free Relay	7:13.33	Virginia Hanson (1:48.97), Kelly Weeks (1:48.85), Amanda Smith (1:48.55), Jessi Perruquet (1:46.96)	2004

Men's Swimming Team Records

Event	Time	Name	Year
50 Free	20.06	Tod Schroeder	1990
100 Free	20.06	Kevin Erndl	2001
200 Free	44.26	Daniel Summerlin	1993
500 Free	1:35.59	John Davis	1990
1000 Free	4:18.91	Yann deFabrique	1993
1650 Free	9:02.38	Chip Peterson	2007
100 Fly	46.86	Chip Peterson	2007
200 Fly	1:44.60	Tucker Shade	1998
100 Back	48.10	Josh Glasco	2004
200 Back	48.10	Ted Brisson	1998
100 Breast	1:45.43	Keith Laabs	2007
200 Breast	54.99	Gary Gauch	1991
200 IM	1:56.39	Sean Quinn	2002
400 IM	1:47.33	John Davis	1990
200 Medley Relay	3:50.58	Tyler Harris	2007
400 Medley Relay	1:28.27	Ted Brisson (22.68), Brad Kline (24.68), Tucker Shade (21.06), Kevin Erndl (19.88)	1999
200 Free Relay	3:15.08	Ted Brisson (48.28), Brad Kline (55.81), Tucker Shade (46.86), Ed Abele (44.13)	1998
400 Free Relay	1:20.06	Tod Schroeder (20.39), Mark Sedlak (19.36), Daniel Summerlin (20.49), John Davis (19.82)	1991
800 Free Relay	2:56.61	John Davis (44.66), Tod Schroeder (44.38), Mark Sedlak (43.55), David Monasterio (44.02)	1991
	6:26.71	David Monasterio (1:37.02), James Hamrick (1:36.22), Daniel Summerlin (1:37.66), Yann deFabrique (1:35.81)	1993

Women's Swimming Long Course Meters Team Records

Event	Time	Name	Meet	Year
50 Free	25.98	Sarah Perroni	USS Championships	1991
100 Free	56.69	Sarah Perroni	USS Championships	1991
200 Free	2:01.56	Kari Haag	World University Games	1995
400 Free	4:16.39	Whitney Sprague	Charlotte Ultraswim	2007
800 Free	8:44.09	Whitney Sprague	USS Championships	2007
1500 Free	16:35.82	Whitney Sprague	Charlotte Ultraswim	2007
100 Fly	59.55	Richelle Fox	Pan Pacific Games	1997
200 Fly	2:12.27	Melanie Buddemeyer	USS Championships	1987
100 Back	1:02.48	Sue Walsh	USS Championships	1982
200 Back	2:13.86	Sue Walsh	Pan American Games	1983
100 Breast	1:10.79	Katie Hathaway	USS Championships	1983
200 Breast	2:31.75	Katie Hathaway	Southern Sectionals	2001
200 IM	2:17.67	Polly Winde	Southern Sectionals	2001
400 IM	4:48.00	Polly Winde	World Game Trials	1982
			World Game Trials	1983

Men's Swimming Long Course Meters Team Records

Event	Time	Name	Meet	Year
50 Free	23.17	Tod Schroeder	USS Championships	1989
100 Free	51.34	Yann deFabrique	USS Jr. Championships	1991
200 Free	1:50.04	Yann deFabrique	World University Games	1995
400 Free	3:52.74	Chip Peterson	USS Championships	2007
800 Free	8:02.59	Chip Peterson	Santa Clara Grand Prix	2007
1500 Free	15:12.33	Chip Peterson	Pan American Champs	2007
100 Fly	55.12	Tucker Shade	USS Championships	1997
200 Fly	2:00.15	Yann deFabrique	USS Championships	1995
100 Back	56.94	Eric Ericson	US Olympic Trials	1984
200 Back	2:01.47	Trevor Runberg	US Olympic Trials	1996
100 Breast	1:03.17	Sean Quinn	USS Championships	2001
200 Breast	2:14.92	Sean Quinn	USS Championships	2002
200 IM	2:06.06	Daniel Summerlin	USS Championships	1993
400 IM	4:25.29	Yann deFabrique	US Open	1992

KOURY NATATORIUM POOL RECORDS

Women's Records, September 2007

Event	Time	Name	School	Year
50 Free	22.09	Jenny Bradford	Kentucky	2006
100 Free	49.08	Nicole Haislett	Florida	1991
200 Free	1:46.24	Jessi Perruquet	North Carolina	2001
500 Free	4:38.82	Janet Evans	Fullerton	1989
1000 Free	9:25.49	Janet Evans	Fullerton	1989
1650 Free	15:51.02	Whitney Sprague	North Carolina	2007
100 Fly	53.00	Christie Raleigh	Florida State	2007
200 Fly	1:56.01	Pamela Minthorn	Curl-Burke	1989
100 Back	53.92	Christy Watkins	North Carolina	2000
200 Back	1:54.65	Alicia Humphrey	Michigan	1994
100 Breast	1:00.51	Lauren Brick	Florida State	2007
200 Breast	2:09.06	Mary Ellen Blanchard	Dynamos	1989
200 IM	2:00.36	Mary Ellen Blanchard	Dynamos	1989
400 IM	4:08.53	Janet Evans	Fullerton	1989
200 Medley Relay	1:39.20		Florida State	2007
		Christie Raleigh	25.80	
		Lauren Brick	27.21	
		Lauren Sparg	23.53	
		Abbie King	22.66	
400 Medley Relay	3:39.15		Florida State	2007
		Romy Altmann	55.32	
		Lauren Brick	1:00.45	
		Lauren Sparg	53.32	
		Christie Raleigh	50.06	
200 Free Relay	1:31.09		Clemson	2007
		Rachel Regone	22.72	
		Lauren Sindall	22.57	
		Michelle Parkhurst	23.06	
		Kallie Deters	22.74	
400 Free Relay	3:19.44		North Carolina	2007
		Eliza Butts	49.77	
		Megan Steeves	50.10	
		Aubrette Biegel	50.39	
		Kelsey Morrissey	49.18	
800 Free Relay	7:14.38		North Carolina	2007
		Ashley Howard	1:49.74	
		Eliza Butts	1:47.20	
		Kelsey Morrissey	1:48.82	
		Whitney Sprague	1:48.62	

Men's Records, September 2007

Event	Time	Name	School	Year
50 Free	19.26	Brendon Dedekind	Florida State	1997
100 Free	43.14	Brendon Dedekind	Florida State	1999
200 Free	1:35.77	David Monasterio	North Carolina	1991
500 Free	4:18.20	Fran Crippen	Virginia	2003
1000 Free	8:57.84	Fran Crippen	Virginia	2004
1650 Free	14:47.99	Shilo Ayalon	Georgia Tech	2003
100 Fly	47.40	Scott Beard	Virginia Tech	2007
200 Fly	1:43.54	Doak Finch	Virginia	2000
100 Back	46.72	Martin Zubero	Florida	1991
200 Back	1:41.41	Martin Zubero	Florida	1991
100 Breast	52.60	Ed Moses	Virginia	2000
200 Breast	1:51.99	Ed Moses	Unattached	2003
200 IM	1:45.77	Pat Mellors	Virginia	2007
400 IM	3:45.47	Pat Mellors	Virginia	2007
200 Medley Relay	1:27.71		Florida State	2007
		Ian Powell	22.81	
		Billy Jamerson	24.70	
		Corey Swanson	21.23	
		Jarryd Botha	19.50	
400 Medley Relay	3:11.60		Virginia	2000
		Chris Mousetis	48.93	
		Ed Moses	52.38	
		Doak Finch	46.57	
		Troy Johnson	43.72	
200 Free Relay	1:18.75		Florida State	1998
		Brendon Dedekind	19.28	
		Julio Santos	19.66	
		Matt Mcvittie	19.72	
		Kevin Flanagan	20.09	
400 Free Relay	2:54.37		Tennessee	2003
		Bryan Goldberg	44.48	
		Tyler Gustafson	43.28	
		Raymond Rosal	43.42	
		Andrew Bree	43.19	
800 Free Relay	6:27.08		Virginia	2003
		Pat Mellors	1:36.82	
		Richard Hutton	1:37.34	
		Stefan Hirniak	1:36.18	
		John Millen	1:36.74	



ATLANTIC COAST CONFERENCE RECORDS



ACC Men's Swimming & Diving Record			
50 Freestyle	Conference:	19.07	Cullen Jones, NC State 2006
	ACC Meet:	19.07	Cullen Jones, NC State 2006
100 Freestyle	Conference:	42.96	Brendon Dedekind, Florida State 1999
	ACC Meet:	42.96	Brendon Dedekind, Florida State 1999
200 Freestyle	Conference:	1:35.59	John Davis, North Carolina 1990
	ACC Meet:	1:35.59	John Davis, North Carolina 1990
500 Freestyle	Conference:	4:16.32	Ian Prichard, Virginia 2001
	ACC Meet:	4:16.32	Ian Prichard, Virginia 2001
1000 Freestyle	Conference:	8:54.56	Fran Crippen, Virginia 2003
1650 Freestyle	Conference:	14:46.05	Fran Crippen, Virginia 2003
	ACC Meet:	14:47.99	Shilo Ayalon, Georgia Tech 2003
100 Backstroke	Conference:	47.72	Stephen Parry, Florida State 1999
	ACC Meet:	47.77	Braden Holloway, NC State 2000
200 Backstroke	Conference:	1:42.67	Luke Wagner, Virginia 2001
	ACC Meet:	1:43.00	Luke Wagner, Virginia 2004
100 Breaststroke	Conference:	52.60	Ed Moses, Virginia 2000
	ACC Meet:	52.60	Ed Moses, Virginia 2000
200 Breaststroke	Conference:	1:53.99	Ed Moses, Virginia 2000
	ACC Meet:	1:54.79	Gary Marshall, Virginia 2002
100 Butterfly	Conference:	46.86	Tucker Shade, North Carolina 1998
	ACC Meet:	47.05	Scott Beard, Virginia Tech 2006
200 Butterfly	Conference:	1:42.84	Michael Raab, Virginia 2003
	ACC Meet:	1:43.54	Doak Finch, Virginia 2000
200 Individual Medley	Conference:	1:44.99	Pat Mellors, Virginia 2007
	ACC Meet:	1:45.77	Pat Mellors, Virginia 2007
400 Individual Medley	Conference:	3:42.03	Pat Mellors, Virginia 2007
	ACC Meet:	3:44.99	Bo Greenwood, Virginia 2002
1-Meter Diving	ACC Meet:	560.25	Paul Spray, Florida State 1992
3-Meter Diving	ACC Meet:	621.05	Louis Gagnet, Florida State 2003
200 Free Relay	Conference:	1:18.75	Florida State (Julio Santos, Kevin Flanagan, Matt McVittie, Brendon Dedekind) 1998
	ACC Meet:	1:18.78	Florida State (Brendon Dedkind, Eduardo Coelho, Matt McVittie, Rob Braknis) 1997
400 Free Relay	Conference:	2:55.22	Florida State (Brendon Dedkind, Eduardo Coelho, Matt McVittie, Rob Braknis) 1997
	ACC Meet:	2:55.22	Florida State (Brendon Dedkind, Eduardo Coelho, Matt McVittie, Rob Braknis) 1997
800 Free Relay	Conference:	6:26.72	North Carolina (David Monasterio, James Hamrick, Daniel Summerlin, Yann deFrabrique) 1993
	ACC Meet:	6:27.16	Virginia (Pat Mellors, John Millen, Stefan Hirniak, Fran Crippen) 2006
200 Medley Relay	Conference:	1:26.88	NC State (Kevin Velleca, Dan Velez, Steve Cowling, Cullen Jones) 2006
	ACC Meet:	1:26.88	NC State (Kevin Velleca, Dan Velez, Steve Cowling, Cullen Jones) 2006
400 Medley Relay	Conference:	3:11.60	Virginia (Chris Mousetis, Ed Moses, Doak Finch, Troy Johnson) 2000
	ACC Meet:	3:11.60	Virginia (Chris Mousetis, Ed Moses, Doak Finch, Troy Johnson) 2000
ACC Women's Swimming & Diving Record			
50 Freestyle	Conference:	22.40	Richelle Fox, North Carolina 1998
	ACC Meet:	22.45	Christy Watkins, North Carolina 2002
100 Freestyle	Conference:	48.84	Mitzi Kremer, Clemson 1989
	ACC Meet:	49.35	Richelle Fox, North Carolina 1998
200 Freestyle	Conference:	1:44.78	Mitzi Kremer, Clemson 1989
	ACC Meet:	1:46.36	Jessi Perruquet, North Carolina 2004
500 Freestyle	Conference:	4:39.18	Mitzi Kremer, Clemson 1989
	ACC Meet:	4:42.35	Cara Lane, Virginia 2002
1000 Freestyle	Conference:	9:35.76	Whitney Sprague, North Carolina 2007
1650 Freestyle	Conference:	15:51.02	Whitney Sprague, North Carolina 2007
	ACC Meet:	15:58.64	Cara Lane, Virginia 2001
100 Backstroke	Conference:	52.76	Brielle White, Virginia 2006
	ACC Meet:	53.16	Brielle White, Virginia 2004
200 Backstroke	Conference:	1:55.36	Romy Altmann, Florida State 2007
	ACC Meet:	1:55.83	Brielle White, Virginia 2006
100 Breaststroke	Conference:	1:00.45	Danica Wizniuk, Virginia 1999
	ACC Meet:	1:00.52	Danica Wizniuk, Virginia 1999
200 Breaststroke	Conference:	2:11.12	Katie Hathaway, North Carolina 2002
	ACC Meet:	2:11.82	Danica Wizniuk, Virginia 1999
100 Butterfly	Conference:	52.34	Richelle Fox, North Carolina 1997
	ACC Meet:	53.00	Christie Raleigh, Florida State 2007
200 Butterfly	Conference:	1:57.66	Kelly Weeks, North Carolina 2003
	ACC Meet:	1:58.41	Melanie Buddemeyer, North Carolina 1985
200 Individual Medley	Conference:	1:59.31	Mirjana Bosevska, Virginia 2002
	ACC Meet:	1:59.31	Mirjana Bosevska, Virginia 2002
400 Individual Medley	Conference:	4:09.75	Mirjana Bosevska, Virginia 2002
	ACC Meet:	4:11.76	Mirjana Bosevska, Virginia 2002
1-Meter Diving	ACC Meet:	459.80	Jennie Graviss, Clemson 1989
3-Meter Diving	ACC Meet:	567.15	Agnes Gerlach, NC State 1993
200 Free Relay	Conference:	1:30.98	Virginia (Andrea Georoff, Carrie Ellis, Lindsey Crane, Megan Roesch) 2002
	ACC Meet:	1:31.09	Clemson (Rachel Regone, Lauren Sindall, Michelle Parkhurst, Kallie Deters) 2007
400 Free Relay	Conference:	3:19.44	North Carolina (Eliza Butts, Megan Steeves, Aubrette Biegel, Kelsey Morrissey) 2007
	ACC Meet:	3:19.44	North Carolina (Eliza Butts, Megan Steeves, Aubrette Biegel, Kelsey Morrissey) 2007
800 Free Relay	Conference:	7:13.29	Maryland (Liz Lavell, Chrissy Miller, Meghan Sackett, Sasha Malanina) 2005
	ACC Meet:	7:13.29	Maryland (Liz Lavell, Chrissy Miller, Meghan Sackett, Sasha Malanina) 2005
200 Medley Relay	Conference:	1:38.59	Florida State (Christie Raleigh, Lauren Brick, Lauren Sparg, Carrie Ellis) 2006
	ACC Meet:	1:38.59	Florida State (Christie Raleigh, Lauren Brick, Lauren Sparg, Carrie Ellis) 2006
400 Medley Relay	Conference:	3:36.98	Florida State (Romy Altmann, Lauren Brick, Lauren Sparg, Christie Raleigh) 2007
	ACC Meet:	3:39.15	Florida State (Romy Altmann, Lauren Brick, Lauren Sparg, Christie Raleigh) 2007

2008 NCAA & OLYMPIC QUALIFYING STANDARDS

2007-08 Men's NCAA Division I Swimming & Diving Time Standards

	Short Course Yards			Short Course Meters		Long Course Meters	
	A Standard	B Standard	Qualified in 2007	A Standard	B Standard	A Standard	B Standard
50 Free	19.60	20.18	19.78	21.88	22.53	22.80	23.47
100 Free	43.19	44.48	43.58	48.21	49.65	50.05	51.55
200 Free	1:35.09	1:37.94	1:36.43	1:46.13	1:49.31	1:49.94	1:53.23
500 Free	4:19.49	4:27.27	4:21.39	3:47.03	3:53.84	3:54.84	4:01.88
1650 Free	15:05.87	15:33.04	15:11.71	15:03.17	15:30.25	15:38.73	16:06.89
100 Fly	47.09	48.50	47.54	52.56	54.14	54.26	55.88
200 Fly	1:44.93	1:48.07	1:45.77	1:57.11	2:00.62	2:01.17	2:04.80
100 Back	47.43	48.85	48.00	52.94	54.53	56.81	58.51
200 Back	1:43.60	1:46.70	1:45.00	1:55.63	1:59.09	2:02.03	2:05.68
100 Breast	53.60	55.20	54.05	59.83	1:01.1	1:02.62	1:04.49
200 Breast	1:57.09	2:00.60	1:58.09	2:10.69	2:14.60	2:16.47	2:20.57
200 IM	1:46.09	1:49.27	1:47.14	1:58.41	2:01.96	2:03.80	2:07.51
400 IM	3:47.89	3:54.72	3:50.05	4:14.35	4:21.97	4:23.46	4:31.36
200 Free Relay	1:18.47	1:20.82	1:19.16	1:27.58	1:30.21	1:31.25	1:33.99
400 Free Relay	2:54.21	2:59.43	2:56.21	3:14.44	3:20.26	3:21.87	3:27.92
800 Free Relay	6:26.08	6:37.66	6:30.38	7:10.90	7:23.82	7:25.31	7:38.67
200 Med Relay	1:26.52	1:29.11	1:27.29	1:36.57	1:39.46	1:40.85	1:43.86
400 Med Relay	3:11.65	3:17.39	3:12.96	3:33.90	3:40.31	3:43.90	5:50.60
1- Meter Dual		290.00 300.00***					
3- Meter Dual		310.00 320.00***					
Platform Dual		290.00 300.00***					

*** Qualifying point total when using six optional dives with standard D.D.

Qualifying point total when using five optional dives with standard D.D.

2007-08 Women's NCAA Division I Swimming & Diving Time Standards

	Short Course Yards			Short Course Meters		Long Course Meters	
	A Standard	B Standard	Qualified in 2007	A Standard	B Standard	A Standard	B Standard
50 Free	22.62	23.29	22.87	25.25	26.00	25.98	26.75
100 Free	49.42	50.90	49.77	55.16	56.81	56.55	58.24
200 Free	1:47.09	1:50.30	1:47.12	1:59.53	2:03.11	2:02.54	2:06.21
500 Free	4:45.46	4:54.02	4:47.12	4:09.75	4:17.24	4:16.71	4:24.41
1650 Free	16:23.54	16:53.04	16:29.28	16:20.60	16:50.01	16:48.76	17:19.02
100 Fly	53.75	55.36	54.29	59.99	1:01.79	1:01.29	1:03.13
200 Fly	1:58.99	2:02.55	2:00.13	2:12.81	2:16.78	2:15.07	2:19.11
100 Back	54.38	56.01	54.83	1:00.70	1:02.52	1:03.76	1:05.67
200 Back	1:57.32	2:00.83	1:58.02	2:10.94	2:14.86	2:16.90	2:21.00
100 Breast	1:01.85	1:03.70	1:02.40	1:09.03	1:11.10	1:11.10	1:13.22
200 Breast	2:14.19	2:18.21	2:15.01	2:29.77	2:34.26	2:32.84	2:37.42
200 IM	2:00.34	2:03.95	2:00.90	2:14.31	2:18.34	2:18.81	2:22.97
400 IM	4:15.63	4:23.29	4:17.38	4:45.31	4:53.86	4:51.82	5:00.57
200 Free Relay	1:31.01	1:33.74	1:31.85	1:41.58	1:44.63	1:44.49	1:47.63
400 Free Relay	3:18.39	3:24.34	3:21.00	3:41.42	3:48.06	3:47.00	3:53.80
800 Free Relay	7:10.49	7:23.40	7:16.77	8:00.46	8:14.87	8:12.56	8:27.33
200 Med Relay	1:39.49	1:42.47	1:40.96	1:51.04	1:54.37	1:54.49	1:57.92
400 Med Relay	3:38.02	3:44.56	3:41.21	4:03.33	4:10.63	4:11.18	4:18.72
1-Meter Dual		255.00 / 265.00***					
3-Meter Dual		270.00 / 280.00***					
Platform Dual		260.00 / 226.00 ###					

***Qualifying point total when using six optional dives with standard D.D.

###Qualifying point total when using five optional dives with standard D.D.

2008 U.S. Olympic Team Trials Qualifying Standards June 30-July 7, 2008 – Omaha, Nebraska

Women	Event	Men
26.39	50 Freestyle	23.49
57.19	100 Freestyle	51.59
2:03.39	200 Freestyle	1:52.89
4:19.39	400 Freestyle	3:59.99
8:50.49	800 Freestyle	No Standard
No Standard	1500 Freestyle	15:53.59
1:04.59	100 Backstroke	57.99
2:17.99	200 Backstroke	2:04.99
1:12.59	100 Breaststroke	1:04.69
2:35.99	200 Breaststroke	2:20.79
1:02.39	100 Butterfly	55.59
2:16.69	200 Butterfly	2:03.99



Women's Swimming and Diving Endowed Scholarship List

Scholarship Name: Don and Mary Ann Fisher
Membership Name: Don Fisher
07-08 Student Athlete: Mandi Arak, Junior, Scottsdale, Ariz.
Background Info: Although neither Don nor Mary Ann Fisher attended The University of North Carolina, they have become big Tar Heel fans. The Fishers reside in Rocky Mount, N.C.

Scholarship Name: Gary, Jennifer, Annabelle, and Olivia Kayye
Membership Name: Gary Kayye
07-08 Student Athlete: Allison Barnes, Freshman, Bel-Air, Md.
Background Info: Gary Kayye and his wife Jennifer endowed the scholarship. Gary received his Journalism degree from Carolina in 1987. He is the owner of Chapel Hill Home Theater Design. The Kayyes reside in Chapel Hill with their two daughters Annabelle and Olivia who swim for the North Carolina Aquatic Club at Koury Natatorium.

Scholarship Name: Francis M. Dunn
Membership Name: F.M. Dunn Jr.
07-08 Student Athlete: Aubrette Biegel, Junior, Schererville, Ind.
Background Info: F.M. "Marshall" Dunn, Jr. is a 1966 graduate of The University of North Carolina. He is the president of Piggly Wiggly supermarkets of Rocky Mount, N.C. Marshall resides in Pinetops, N.C.

Scholarship Name: Emily & Henry Massey
Membership Name: Henry H. Massey Jr.
07-08 Student Athlete: Eliza Butts, Sophomore, Weston, Mass.
Background Info: Henry Massey is a 1957 graduate of Davidson College; however, he and his wife Emily are big Carolina fans. Their two sons graduated from Carolina. The Masseys reside in Mount Holley, N.C.

Scholarship Name: Sue Walsh
Membership Name: Mrs. Donald E. Bullard
07-08 Student Athlete: Eliza Butts, Sophomore, Weston, Mass.
Background Info: Donald Bullard was a graduate of the UNC class of 1957. He and his wife Nancy endowed this scholarship in honor of former UNC swimmer Sue Walsh. Sue is an 11-time collegiate national champion and former American record holder. She is a 1984 UNC graduate and is currently Educational Foundation's Director of Endowment & Stewardship. Don passed away in May 2006. Nancy still resides in Hampstead, N.C.

Scholarship Name: Rhoda Osterneck
Membership Name: Rhoda Osterneck
07-08 Student Athlete: Alison Clemens, Sophomore, Staten Island, N.Y.
Background Info: The Osternecks were avid Carolina fans for many, many years and had a special interest in the sport to swimming. Bob Osterneck was in the textile business in Lumberton, N.C. but retired a few years before his death in June 1991. Rhoda, his wife, resides in Durham, N.C. She and her family have endowed three other athletic scholarships at Carolina.

Scholarship Name: William C. Ingold
Membership Name: William C. Ingold
07-08 Student Athlete: Laura Filip, Red-Shirt Senior, Durham, N.C.
Background Info: Although Bill Ingold graduated from Elon College, he is a strong supporter of Carolina Athletics. Bill owns car dealerships in Burlington, N.C.

Scholarship Name: Charles R. Price
Membership Name: Charles R. Price Jr.
07-08 Student Athlete: Laura Filip, Red-Shirt Senior, Durham, N.C.
Background Info: Charles R. Price, Jr. graduated from Carolina in 1963 with an ABJO. He is the chairman of Price/McNabb Inc. in Charlotte, N.C. Charlie resides in Asheville with his wife Charlene.

Scholarship Name: Bayer CropScience LP
Membership Name: Bayer CropScience LP
07-08 Student Athlete: Jen Frazier, Junior, Indian Harbour Beach, Fla.
Background Info: Jack Boyne and Josh Weeks assisted in setting up this scholarship through Bayer CropScience in the Research Triangle Park. Josh's daughter Kelly recently graduated from Carolina and was a very successful swimmer.

Scholarship Name: Robert R. Shipman Memorial
Membership Name: Robert Shipman
07-08 Student Athlete: Nikki Griswell, Junior, Charlotte, N.C.
Background Info: Robert R. Shipman received his B.S. in Business Administration from The University of North Carolina in 1965. He was the retired president of Sunbelt Resorts. He resided in Atlanta, Ga. prior to his death in 2006.

Scholarship Name: Robert H. Hood, Jr., Irene G. Hood, Robert Hood III, and Jackie Welch Hood
Membership Name: Robert and Jackie Hood
07-08 Student Athlete: Katura Harvey, Freshman, Rockville, Md.
Background Info: Robert and Jackie Welch Hood endowed this scholarship and are both University of North Carolina graduates. Bob received his Industrial Relations degree from UNC in 1971 and his Law degree in 1974. He owned his own law firm in Durham until he retired. Jackie received her Dental Auxiliary Teacher Education degree in 1980 and was a dental hygienist instructor at Guilford Technical Community College. The Hoods recently sold their home in Graham and are traveling across the country and into Canada by means of a 40 foot recreational vehicle. The scholarship is named after Bob and Jackie as well as Bob's parents, Robert and Irene Hood.

Scholarship Name: Tom and Janet Kean
Membership Name: Thomas J. & Janet Kean
07-08 Student Athlete: Ashley Howard, Sophomore, Durham, N.C.
Background Info: Although Tom Kean went to LaSalle University in Philadelphia, Pa., he and his wife Janet are big supporters of Carolina Athletics. One of their daughters attended UNC. Tom is currently a member of the Educational Foundation's Executive Board. He is a fine swimmer himself. He and Janet have en-

dowed five swimming scholarships at Carolina in addition to making possible the completion of the diving platform complex at Koury Natatorium. The Kears reside in Norwood, N.C. but also have a home in Chapel Hill.

Scholarship Name: Emily Millis Hiatt & Molly Millis Hedgecock
Membership Name: Mrs. J. H. Millis
07-08 Student Athlete: Rebecca Kane, Freshman, Toms River, N.J.
Background Info: J.H. "Jim" Millis graduate from UNC in 1947. He was the chairman of The Millis Foundation of High Point, NC until his death in 2004 and a former member of The Educational Foundation's Board of Directors. Jim and his wife Jesse have three children. The Emily Millis Hiatt and Molly Millis Hedgecock Scholarship are named after their two daughters who swam competitively in High Point when they are young. The Millis family endowed another athletic scholarship at UNC in addition to this one. Jesse still resides in High Point, N.C.

Scholarship Name: Caroline Elizabeth Murphy
Membership Name: Michael A. Murphy
07-08 Student Athlete: Lindsey Marck, Senior, Newtown, Pa.
Background Info: Mike and Fran Murphy endowed the Carolina Elizabeth Murphy Scholarship in honor of their young daughter who likes the sport of swimming. Mike graduated from UNC in 1984. He is a former member of The Educational Foundation's Board of Directors. The Murphys reside in Raleigh, N.C.

Scholarship Name: Maxine Francis Memorial
Membership Name: Mary Elizabeth Francis
07-08 Student Athlete: Katie Marsh, Freshman, N.C.
Background Info: Mary Elizabeth Francis endowed the Maxine Francis Memorial in memory of her daughter Maxine. Maxine graduated from Carolina in 1972 and was a member of the Tar Heel volleyball team. She was later the first female swim coach at UNC. Mary Elizabeth resides in Charlotte, N.C.

Scholarship Name: C. Austin Stephens
Membership Name: C. Austin Stephens
07-08 Student Athlete: Taylor McFarlane, Senior, Cape Elizabeth, Maine.
Background Info: Although he is a Georgia Tech supporter, Charles Stephens, endowed this scholarship in honor of his son, C. Austin Stephens. Austin is a 1997 UNC graduate. He resides in Atlanta, Ga. and is a member of The Educational Foundation Board of Advisors.

Scholarship Name: Maurice J. Koury
Membership Name: Maurice Koury
07-08 Student Athlete: Lindsay McIlvain, Junior, Brentwood, Tenn.
Background Info: Maurice Koury is a great benefactor of the University, two-time past president of the Educational Foundation and former trustee of The Educational Foundation's Endowment Trust. He is also a retired member of the UNC Board of Trustees. Koury Natatorium on the UNC campus is named in his honor. Maurice is a 1948 UNC graduate and the owner of a hosiery mill in Burlington, N.C., Carolina Hosiery. He resides there with his wife Ann.



Scholarship Name: B.J. and Polly Winde Surhoff

Membership Name: Mr. & Mrs. B.J. Surhoff
07-08 Student Athlete: Hannah Mein, Junior, Doylestown, Pa.

Background Info: B.J. Surhoff played baseball at Carolina from 1981-1985. He was National Player of the Year in 1985 and the nation's number one draft pick. B.J. also represented the U.S. on the 1984 Olympic Team. He recently retired from the Baltimore Orioles after playing for the Atlanta Braves and Milwaukee Brewers for a number of years. B.J. is a former member of the Educational Foundation's Board of Directors. His wife Polly (Winde) was a four-year All-American in the sport of swimming at UNC and graduated with a Bachelor of Arts degree in 1986. The Surhoffs have endowed two athletic scholarships at Carolina. They reside in Cockeysville, Md. with their four children.

Scholarship Name:

Membership Name: Edward & Kathleen Cornet

07-08 Student Athlete: Kelsey Morrissey, Senior, Horsham, Pa.

Background Info: Although neither Ed nor his wife Cathy Cornet attended The University of North Carolina they are big Tar Heel fans. Ed is an instructor in the Kenan Flagler Business School. Their daughter swam at Duke and was a freestyler/breastroker. The Cornets reside in Chapel Hill.

Scholarship Name: O.G. and Sara Spell (in the Honor of Sue Walsh)

Membership Name: O.G. Spell

07-08 Student Athlete: Kelsey Morrissey, Senior, Horsham, Pa.

Background Info: Although neither O.G. Spell nor Sara Spell attended The University of North Carolina, two of their children (O.G. Spell, III and Laura Spell Watkins) graduated from UNC. They endowed this scholarship in honor of former UNC swimmer Sue Walsh. Sue is an 11-time collegiate national champion and former American record holder. She is a 1984 UNC graduate and is currently the Director of Endowment & Stewardship for the Educational Foundation. The Spells reside in Wendell, N.C.

Scholarship Name: H. Glenn White, Jr. and Family

Membership Name: H. Glenn White Jr.

07-08 Student Athlete: Annie Norton, Sophomore, Hillsborough, N.C.

Background Info: H. Glenn White, Jr. is a 1951 graduate of The University of North Carolina. He is the President of White Oil Company. His son received his A.B. from Carolina in 1976 and his J.D. in 1979. Glenn resides in Cary, N.C.

Scholarship Name: Tom & Janet Kean

Membership Name: Thomas J. & Janet Kean

07-08 Student Athlete: Kristen Oxford, Senior, Charlotte, N.C.

Background Info: Although Tom Kean went to LaSalle University in Philadelphia, Pa., he and his wife Janet are big supporters of Carolina Athletics. One of their daughters attended UNC. Tom is currently a member of the Educational Foundation's Executive Board. He is a fine swimmer himself. He and Janet have endowed five swimming scholarships at Carolina

in addition to making possible the completion of the diving platform complex at Koury Natatorium. The Keans reside in Norwood, N.C. but also have a home in Chapel Hill.

Scholarship Name:

Membership Name: Michael Eickman

07-08 Student Athlete: Erica Schiffler, Freshman, Woodbury, Minn.

Background Info: Dr. Michael Eickman and his wife Ann endowed this scholarship. Dr. Eickman is a Clinical Assistant Professor for Medicine at the Medical University of South Carolina. Mike and Ann reside in Spartanburg, SC. Their daughter Meagan is a four-year swimming letterman for Carolina as well as team captain for 2006-2007. She graduated in 2007.

Scholarship Name: Robert W. "Bob" O'Brien Memorial

Membership Name: Dot O'Brien

07-08 Student Athlete: Sarah Scott, Junior, Pittsboro, N.C.

Background Info: Robert W. O'Brien was a 1952 graduate as well as a strong supporter of Carolina Athletics until the time of his death in January of 1998. He was a retired Exxon executive. Bob's wife Dot resides in Durham, N.C. and is a big Tar Heel fan herself.

Scholarship Name: George S. Stretcher M.D.

Membership Name: Mrs. George S. Stretcher

07-08 Student Athlete: Whitney Sprague, Junior, Bronxville, N.Y.

Background Info: Dr. George S. Stretcher received his A.B. in 1963 and his M.D. in 1968, both from Carolina. He was a physician in Spartanburg, S.C. where he and his wife Olynda lived until his death in 2005. Olynda still resides there. Their daughter Susan swam for UNC and graduated in 1994.

Scholarship Name: Jim & Susan Phillips

Membership Name: Jim & Susan Phillips

07-08 Student Athlete: Megan Steeves, Sophomore, Newark, Del.

Background Info: Jim Phillips received his A.B. in History in 1979 from The University of North Carolina where he was the Student Body President and his J.D. in 1984 from Wake Forest University. He is a partner with Broales, Pierce and McLendon law firm. Jim is also the newly elected chair of the UNC Board of Governors. His wife Susan received his A.B. in American Studies from Carolina in 1981. The Phillips reside in Greensboro, N.C.

Scholarship Name: Robert T. and Louise L. Cashion

Membership Name: D. Gordon Cashion

07-08 Student Athlete: Barbara Thomas, Sophomore, Plantation, Fla.

Background Info: Robert Cashion graduated from Carolina in 1956 with his BA in Business Administration. He is the owner/president of Cashion's Quik Stop convenience stores. Bob and his wife Louise reside in Cornelius, N.C.

Scholarship Name: Ken and Cheryl Williams

Membership Name: Ken and Cheryl Williams

07-08 Student Athlete: Kelly Woodruff, Senior, Shoreline, Wash.

Background Info: Although neither Ken nor Cheryl Williams are UNC graduates, they are

big supporters of Carolina Athletics. Cheryl is a former member of the Educational Foundation's Board of Directors and Ken is first vice-chairman of the Executive Board. Ken retired from Quintiles, a company based in Durham, N.C. The Williams have endowed two other athletic scholarships at Carolina and co-chaired the campaign to raise funds for Anderson softball stadium at UNC, the game field at which is named for them. The Williams reside in Burlington, N.C.

Men's Swimming and Diving Endowed Scholarship List

Scholarship Name: Zucker Family

Membership Name: Robert L. Zucker

07-08 Student Athlete: Harrison Browning, Junior, Cincinnati, Ohio

Background Info: Robert L. Zucker is a 1953 B.S.B.A. graduate of Carolina and the Chairman of Outdoor Equipment Distributors. He and his wife Anne reside in Raleigh, N.C.

Scholarship Name: William E. Brenner Jr.

Membership Name: William E. Brenner Jr.

07-08 Student Athlete: Josh Correll, Sophomore, Charlotte, N.C.

Background Info: Bill Brenner is a 1981 UNC alumnus and former Carolina swimmer. He served as one of UNC's assistant swim coaches a number of years ago. Bill and his wife Pam reside in Chapel Hill.

Scholarship Name: Tom & Janet Kean

Membership Name: Thomas J. & Janet Kean

07-08 Student Athlete: Ryan Funderburk, Senior, Summerfield, N.C.

Background Info: Although Tom Kean went to LaSalle University in Philadelphia, Pa., he and his wife Janet are big supporters of Carolina Athletics. One of their daughters attended UNC. Tom is currently a member of the Educational Foundation's Executive Board. He is a fine swimmer himself. He and Janet have endowed five swimming scholarships at Carolina in addition to making possible the completion of the diving platform complex at Koury Natatorium. The Keans reside in Norwood, N.C. but also have a home in Chapel Hill.

Scholarship Name: Frank R. Comfort

Membership Name:

07-08 Student Athlete: Josh Hafkin, Freshman, Rockville, Md.

Background Info: Frank R. Comfort, Head Swimming and Diving Coach at The University of North Carolina from 1977-2000 retired as the winningest college dual meet coach in swimming history with more than 550 wins. His teams also took home 26 ACC Championships – the most in conference history by a single coach. Frank boasted a 79.9% conference winning percentage on the men's side and an amazing 87.3% on the women's side. Family and friends of Coach Frank Comfort endowed this scholarship in his honor.

Scholarship Name: Jones-Sanchez

Membership Name: Seby Russell Jones

07-08 Student Athlete: Jeff James, Sophomore, Chapel Hill, N.C.

Background Info: Russell Jones received his B.S. in Business Administration from UNC in 1996 and his Master's in Accounting in 1997.



UNC'S ENDOWED SCHOLARSHIPS



He resides in Raleigh, N.C. Russ jointly funded this scholarship along with Greg Sanchez. This is Greg's second men's swimming scholarship. Greg is a 1980 UNC graduate receiving his B.S. in Industrial Relations. He was also member of the UNC's men's swim team while at Carolina as well as a captain. Greg is President of TRI Properties in Durham, N.C. and a former member of The Educational Foundation's Board of Directors. He resides in Cary, N.C. with his wife Liz and two daughters.

Scholarship Name: Carl and Clara Cashion

Membership Name: Robert T. Cashion

07-08 Student Athlete: Keith Laabs, Senior, Memphis, Tenn.

Background Info: Robert Cashion graduated from Carolina in 1956 with his B.A. in Business Administration. He is the owner/president of Cashions Quik Stop convenience stores. Bob and his wife Louise reside in Cornelius, N.C. They endowed the Carl and Clara Cashion scholarship in honor of Bob's parents.

Scholarship Name: Maurice J. Koury

Membership Name: Maurice Koury

07-08 Student Athlete: Jason McLaughlin, Sophomore, White Plains, N.Y.

Background Info: Maurice Koury is a great benefactor of the University, two-time past president of the Educational Foundation and former trustee of The Educational Foundation's Endowment Trust. He is also a retired member of the UNC Board of Trustees. Koury Natatorium on the UNC campus is named in his honor. Maurice is a 1948 UNC graduate and the owner of a hosiery mill in Burlington, N.C., Carolina Hosiery. He resides there with his wife Ann.

Scholarship Name: Thomas N. Prassas Memorial

Membership Name: Greg & Liz Sanchez

07-08 Student Athlete: Bradley Mitchell, Junior, Somers, N.Y.

Background Info: Greg Sanchez swam at Carolina in the late 1970's. He is member of the Educational Foundation's Board of Advisors and he resides in Cary, N.C. with his wife Liz and two daughters. Greg endowed this scholarship in memory of his former teammates at Carolina, Tom Prassas. Tom held the national high school swimming record in the 100 back in the late 70's and was an ACC finalist in both the 100 and 200-yard backstroke. Tom was severely burned in an accident that occurred November 1999 and passed away in six months later. He was survived by his wife Dianne, two daughters and a son. They reside in Phoenix, Ariz. Tom's mother resides in Raleigh, N.C.

Scholarship Name: Jesse K. Greenbaun

Membership Name: Jesse K. Greenbaun Memorial

07-08 Student Athlete: Philip Owen, Senior, Scottsdale, Ariz.

Background Info: Jesse K. Greenbaun was born in Baltimore, Md. He was a UNC letterman in lacrosse, soccer, and swimming and received his undergraduate degree from Carolina in 1944 and his Master's in Education in 1949. Jesse was a two-time co-captain of the men's swim team, a swimming All-American in 1945 and 1948, Southern Conference 50-yard freestyle champion and Southern Conference

medley and freestyle relay champion. His son, Robert, graduated from UNC in 1988. Jesse passed away in early 1991 from cancer. His wife Francis and son Robert, class of '88, reside in Lutherville, Md.

Scholarship Name: Ramsey R. Qubein

Membership Name: Nido Qubein

07-08 Student Athlete: Philip Owen, Senior, Scottsdale, Ariz.

Background Info: Nido Qubein came to the United States as a teenager with no knowledge of English and no contacts and became a very successful businessman. Mr. Qubein is the chairman of an international consulting firm and recipient of the highest awards given for professional speakers. He is also chairman of a national public relations company, chairman of Great Harvest Bread Company, and chairman of the Miss North Carolina Miss USA program. Nido has written numerous books and recorded scores of audio and video learning programs including a bestseller on effective communication published by Nightingale-Conant and Berkley. His foundation provides scholarships to 45 deserving young people each year. To-date the Qubein Foundation has granted more than 500 scholarships, worth over two million dollars. This scholarship was named in honor of his son Ramsey, a 2000 UNC graduate. Nido and his family reside in High Point, N.C.

Scholarship Name: Bruce Vickers Webster Memorial

Membership Name: Greg & Liz Sanchez

07-08 Student Athlete: Chip Peterson, Sophomore, Pine Knolls Shore, N.C.

Background Info: Greg Sanchez swam at Carolina in the late 1970's. He and his father Joe Endowed this scholarship in memory of another swimmer, Bruce V. Webster, who graduated in 1981 and later, died from a brain tumor. Greg is a member of the Educational Foundation's Board of Advisors and he resides in Cary, N.C. with his wife Liz and two daughters.

Scholarship Name: Charles Everette Williams, Sr.

Membership Name: Charles E. Williams

07-08 Student Athlete: John Sands, Senior, Newark, Ohio

Background Info: Charles E. Williams, Jr. endowed this scholarship in honor of his father. Although neither Charles Sr. nor Jr. attended The University of North Carolina, they are big Tar Heel fans. Charles, Jr. resides in Rocky Mount, N.C.

Scholarship Name: George A. Wilkinson, Jr.

Membership Name: Alex P. Thorpe IV

07-08 Student Athlete: Yi-Khy Saw, Junior, Penang, Malaysia

Background Info: Alex Thorpe, III (Sandy) of Rocky Mount, N.C. is a 1959 BSBA graduate of The University of North Carolina. Alex Thorpe, IV (Alex) of Wrightsville Beach, N.C. is a 1983 alumnus and a former member of the Educational Foundation's Board of Directors. Sandy and Alex endowed the George A. Wilkinson, Jr. Memorial Scholarship in memory of Sandy's uncle who was a 1942 B.S. Commerce graduate of UNC. He was not on the swim team at Carolina, but enjoyed it recreationally.

Scholarship Name: Skeels Family

Membership Name: W.H. Skeels

07-08 Student Athlete: David Solarz, Sophomore, Westlake, Ohio

Background Info: Bill Skeels received his B.S. in Commerce from Carolina in 1950. He is retired and resides in Burlington, N.C. His wife Norma passed away in 2007.

Scholarship Name: Mr. & Mrs. William D. Hoover

Membership Name: William D. Hoover

07-08 Student Athlete: Brandon Suddreth, Senior, Troutman, N.C.

Background Info: William Hoover received his B.S. in Business Administration from Carolina in 1960 and his M.B.A. in 1961. He is a retired Executive Vice-President with Centura Bank. Bill resides in Asheboro, N.C. with his wife Ann. His grandson swims for the University of Texas and his granddaughter swims for the Mecklenberg Aquatic Club in Charlotte, N.C.

Scholarship Name: Tom & Janet Kean

Membership Name: Thomas J. Kean & Janet Kean

07-08 Student Athlete: Zach Swartz, Senior, Harleysville, Pa.

Background Info: Although Tom Kean went to LaSalle University in Philadelphia, Pa., he and his wife Janet are big supporters of Carolina Athletics. One of their daughters attended UNC. Tom is currently a member of the Educational Foundation's Executive Board. He is a fine swimmer himself. He and Janet have endowed five swimming scholarships at Carolina in addition to making possible the completion of the diving platform complex at Koury Natatorium. The Keans reside in Norwood, N.C. but also have a home in Chapel Hill.

Scholarship Name: Tom & Janet Kean

Membership Name: Thomas J. & Janet Kean

07-08 Student Athlete: Robby Swendiman, Senior, Kensington, Md.

Background Info: Although Tom Kean went to LaSalle University in Philadelphia, Pa., he and his wife Janet are big supporters of Carolina Athletics. One of their daughters attended UNC. Tom is currently a member of the Educational Foundation's Executive Board. He is a fine swimmer himself. He and Janet have endowed five swimming scholarships at Carolina in addition to making possible the completion of the diving platform complex at Koury Natatorium. The Keans reside in Norwood, N.C. but also have a home in Chapel Hill.

Scholarship Name: Jeff Schenk

Membership Name: Jeff Schenk

07-08 Student Athlete: Tommy Wyher, Freshman, New Port Richey, Fla.

Background Info: Jeff Schenk from Raleigh, N.C. endowed his scholarship. Jeff received his B.S. in Business Administration in 1983 and his M.B.A. in 1993 both from The University of North Carolina. He swam for the Tar Heels from 1979-1983 and was a team captain for the ACC-Champion 1983 squad.



The Maurice J. Koury Natatorium, the home of the University of North Carolina swimming and diving programs, opened in 1986 and has undergone a significant series of improvements over the past three years with the intention of keeping it one of the most up-to-date aquatic facilities in the nation.

The locker rooms for the two teams have been redesigned. The coaches' offices were redecorated. The Carolina athletic department also purchased new starting blocks and invested in significant improvements to the timing system.

A state-of-the-art scoreboard and message board system was installed in the fall of 2006. A new record board, a gift from swimming benefactor Tom Kean, is in the planning stages. A redesign of the team meeting room is also in the works.

It was after 48 seasons of intercollegiate swimming and diving competition in historic Bowman Gray Pool that the Tar Heel men's and women's swimming and diving teams moved into their new home in October 1986 with the opening of Koury Natatorium as part of the Dean E. Smith Center complex.

Now in its 22nd year of use, Koury Natatorium has gained a reputation as one of the finest pools in the nation. Several top-flight competitions have been staged here, with one of the showcase events being United States Swimming's Senior Short Course National Championships held March 21-25, 1989.

Koury Natatorium served as the host of the U.S. Master's Swimming Short Course National Championships in May 1992. That meet drew thousands of master's level swimmers from all over the nation to Chapel Hill.

Koury Natatorium has hosted several Atlantic Coast Conference Men's and Women's Swimming and Diving Championships. Those meets were held in 1987, 1989, 1991, 1992, 1993, 1995, 1996, 1997, 2000, 2003 and 2007.

Other top meets held at Koury Natatorium have included the 1988 and 1991 NCAA Southeast Regional Diving Championships, the North Carolina High School Athletic Association men's and women's championship meets and a U.S. Swimming North Carolina-Virginia all-star meets.

U.S. Swimming held its annual elite training camp at Koury Natatorium shortly in 1986.

Another highlight in Koury's history was the swimming and water polo competition at U.S. Olympic Festival-'87, an event staged in non-Olympic years by the U.S. Olympic Committee. Swimming competition played to overflow crowds all three nights and the water polo competition also set Festival attendance standards for that sport. The crowds for swimming were so large that temporary bleachers had to be set up on the pool deck to accommodate the spectators.

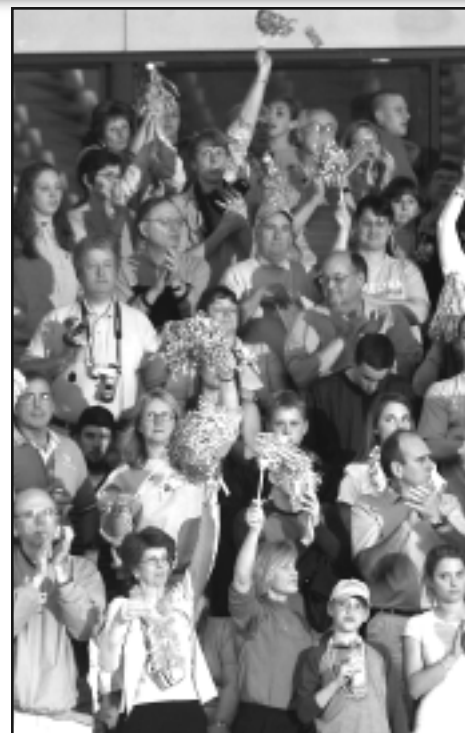
The natatorium was officially dedicated in ceremonies on October 2, 1987, an event which drew a capacity crowd of UNC athletic partisans, swimming enthusiasts and statewide dignitaries, including North Carolina's Lieutenant Governor, Robert Jordan, who gave the official address dedicating the facility.

The first actual competition in the facility took place almost a year before the Dedication Day when on October 31, 1986 UNC hosted the Tar Heel Invitational. The first dual meet competition was on November 10, 1986 when UNC's women defeated NC State 171-96.

The pool itself measures 50 meters in length by 25 yards in width. There are two moveable bulkheads. At its most shallow point, the pool measures seven feet in depth, and the pool is 18 feet at its deepest point. The pool also features continuous flow gutters and has one of the most advanced lighting systems of any swimming facility in the country. The gallery area provides seating for approximately 2,000 fans.

The acoustical system at the natatorium is outstanding. The gallery area is served by six speakers and six more serve the pool deck, which underwent an elaborate tiling project immediately after the Olympic Festival in 1987. In excess of 2,300 individual acoustical tiles are installed in the ceiling.

The pool, which features underwater speakers and observation booths, holds one million gallons of water, quadrupling the water capacity of Bowman Gray Pool, which held about 250,000 gallons. There are no water jets in the pool, eliminating the problems caused by water currents.



sliding glass windows on both sides for better ventilation during the summer.

Each Carolina team has a locker room which affords two lockers for each team member. A team meeting room adjoins the deck and is named for former UNC swimming coach Ralph Casey. There is also a separate locker room for the UNC coaches and locker room facilities for visiting teams, recreational swimming and officials.

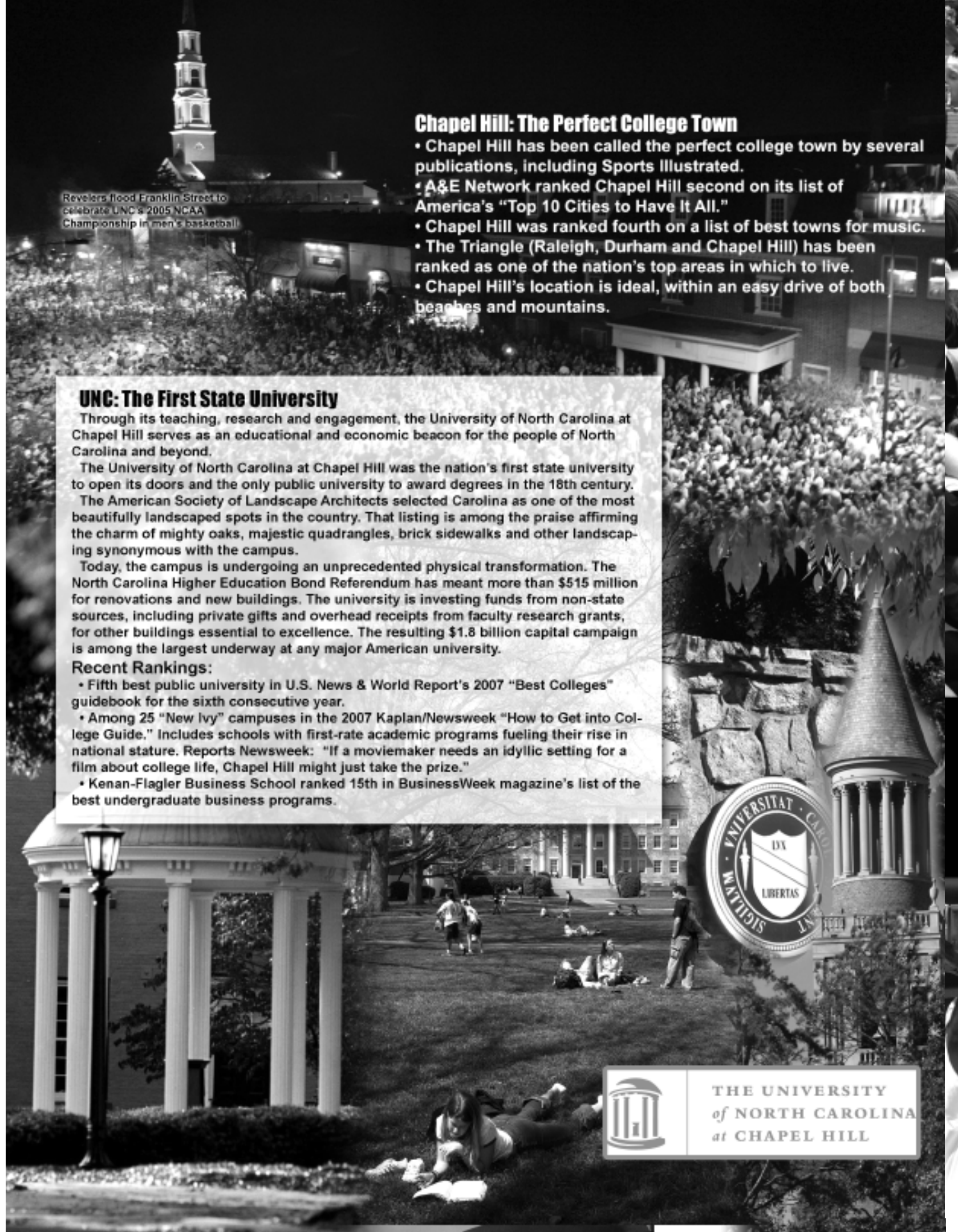
The locker rooms and meeting room are located directly across the hallway from the athletic training room of the Smith Center, which is under the direction of Marc Davis, who serves as the head athletic trainer for the UNC swimming and diving program.

The natatorium also contains outstanding facilities for diving with platform diving facilities at several levels having been added during the summer of 2001 to the already existing one-meter and three-meter springboards. The diving area also includes a separate scoreboard and message board.

There is a second scoreboard and message board on the swimming end of the facility. The original scoreboard system was named for the late Dick Jamerson, founder of the UNC swimming program in 1939 and its first head coach. The original system was dedicated December 2, 1986 at a dual meet against Duke with Coach Jamerson's widow, Anna Jamerson, in attendance for the ceremonies. A new scoreboard and timing system was installed in the fall of 2006 in time for the Tar Heels' home opener against Georgia.

Also located on the deck level adjacent to the pool are the swimming coaches offices with a reception area and a manager's workroom and offices for the Tar Heel coaches. The offices of the North Carolina Aquatic Club are also located on the Koury pool deck. NCAC is the United States Swimming swim club based in Chapel Hill.





Revelers flood Franklin Street to
celebrate UNC's 2005 NCAA
Championship in men's basketball.

Chapel Hill: The Perfect College Town

- Chapel Hill has been called the perfect college town by several publications, including *Sports Illustrated*.
- A&E Network ranked Chapel Hill second on its list of America's "Top 10 Cities to Have It All."
- Chapel Hill was ranked fourth on a list of best towns for music.
- The Triangle (Raleigh, Durham and Chapel Hill) has been ranked as one of the nation's top areas in which to live.
- Chapel Hill's location is ideal, within an easy drive of both beaches and mountains.

UNC: The First State University

Through its teaching, research and engagement, the University of North Carolina at Chapel Hill serves as an educational and economic beacon for the people of North Carolina and beyond.

The University of North Carolina at Chapel Hill was the nation's first state university to open its doors and the only public university to award degrees in the 18th century.

The American Society of Landscape Architects selected Carolina as one of the most beautifully landscaped spots in the country. That listing is among the praise affirming the charm of mighty oaks, majestic quadrangles, brick sidewalks and other landscaping synonymous with the campus.

Today, the campus is undergoing an unprecedented physical transformation. The North Carolina Higher Education Bond Referendum has meant more than \$515 million for renovations and new buildings. The university is investing funds from non-state sources, including private gifts and overhead receipts from faculty research grants, for other buildings essential to excellence. The resulting \$1.8 billion capital campaign is among the largest underway at any major American university.

Recent Rankings:

- Fifth best public university in U.S. News & World Report's 2007 "Best Colleges" guidebook for the sixth consecutive year.
- Among 25 "New Ivy" campuses in the 2007 Kaplan/Newsweek "How to Get into College Guide." Includes schools with first-rate academic programs fueling their rise in national stature. Reports Newsweek: "If a moviemaker needs an idyllic setting for a film about college life, Chapel Hill might just take the prize."
- Kenan-Flagler Business School ranked 15th in BusinessWeek magazine's list of the best undergraduate business programs.



THE UNIVERSITY
of NORTH CAROLINA
at CHAPEL HILL



Tar Heel teams have won a total of 34 national titles, including four by field hockey

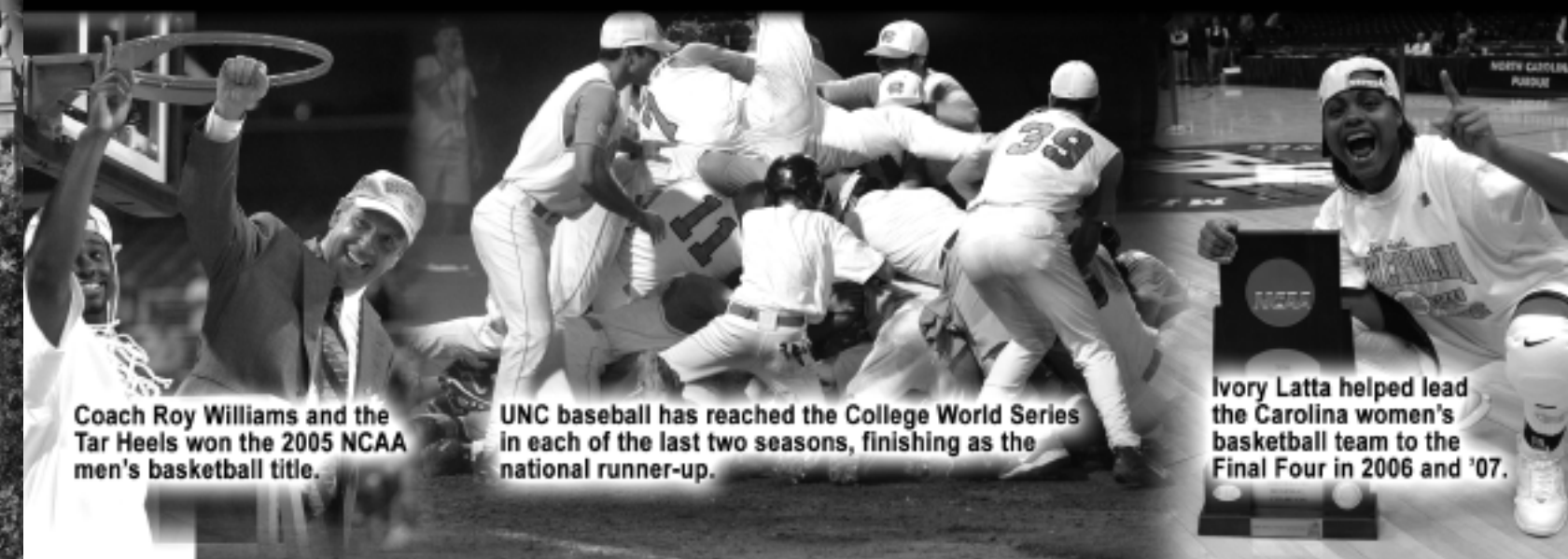
Mia Hamm and Michael Jordan, two of the biggest names in sports, wore Tar Heel jerseys before they went on to professional and international success

- UNC finished third in the 2006-07 Directors' Cup, a national competition that measures a program's postseason success. It was Carolina's sixth consecutive top-10 finish and the eighth time UNC has been in the top five.

- Tar Heel gear is annually among the top-selling collegiate apparel in the country.

- UNC finished No. 1 in the 2006-07 All-Sport Rankings by Sports Illustrated on Campus.

- North Carolina has won more Atlantic Coast Conference titles than any other school in the conference. The Tar Heels also have more national titles than any other ACC school.



Coach Roy Williams and the Tar Heels won the 2005 NCAA men's basketball title.

UNC baseball has reached the College World Series in each of the last two seasons, finishing as the national runner-up.

Ivory Latta helped lead the Carolina women's basketball team to the Final Four in 2006 and '07.



STUDENT-ATHLETE SERVICES

Student-Athlete Services

Advancing toward graduation, Building Character and Developing leadership

Student-Athlete Services at the University of North Carolina encompasses three areas that play an integral part in the collegiate experience of every UNC student-athlete. Those three areas are Academic Development, Student-Athlete Development and Leadership Development.

• ACADEMIC DEVELOPMENT

The Academic Support Program is the main service utilized in advancing UNC student-athletes to graduation. The program assists student-athletes in exploring their interests and abilities, enjoying a broad educational experience, and reaching or exceeding their academic goals. "Our young people are students first and athletes second and that will always be the case at the University," says UNC Director of Athletics Dick Baddour. "That is a credit to our coaches, administrators and support staff, but most of all, our student-athletes. Their accomplishments in the classroom are very impressive."

During the 2006-07 academic year, 279 Carolina student-athletes made the ACC Academic Honor Roll, which requires a cumulative GPA of at least 3.0 for the year. In the fall of 2006, 178 student-athletes made the Dean's List, and 151 did so in the spring of 2007.

The Academic Support Program is housed primarily in the Pope Academic Support Center, which is equipped with study facilities, tutorial rooms, a computer lab, a 128-seat auditorium, counselors' offices, and state-of-the-art video and computer equipment. At the center, students meet with staff to discuss course selection, major and career exploration, academic progress and academic eligibility.

The Academic Support Program helps fresh-

2006-07 Atlantic Coast Conference Academic Honor Roll Selections (41)

Men (22): Robbie Bittner, Austin Bradyhouse, Zach DeVault, Jon Fox, Ryan Funderburk, Ben Grafchik, Daniel Hathcock, Jeff James, Mike Kelly, Alex Kenley, Keith Laabs, Mark Mohr, Bradley Noreen, Stewart Norman, Philip Owen, Chip Peterson, John Sands, Yi-Khy Saw, Adam Schauer, David Solarz, Robby Swendiman, Paul Weir

Women (19): Aubrette Biegel, Kimmy Davis, Samantha Deal, Meagan Eickman, Laura Filip, Lindsey Marck, Erika Matheis, Lindsay McIlvain, Beth Miller, Marissa Nilon, Annie Norton, Katie Pritchett, Emily Reardon, Sarah Scott, Becky Smock, Sarah Stankavage, Megan Steeves, Barbara Thomas, Kelly Woodruff

Athletic Director's Scholar-Athlete Award Winners

Year	Recipient
1986	Sarah Durstein (W) Chris Stevenson (M)
1987	Martha McCann (W) Doug Sawyer (M)
1988	Erika Schmidt (W) Scott Fuller (M)
1989	Amy Pritchard (W) Craig Silliman (M)
1990	Natalie Gould (W) Jon Austin (M)
1991	Heather Nottingham (W) Marc Ferguson (M)
1992	Melissa Douse (W) Ralph Vick (M)
1993	Jenny Huber (W) James Hamrick (M)
1994	Shannon Howes (W) Chris John (M)
1995	Alison Conrad (W) Drew Sechrist (M)
1996	Kari Haag (W) Matt Branum (M)
1997	Cara Dunaway (W) Matt Branum (M)
1998	Richelle Fox (W) Millie Long (W) Eric Fehr (M)
1999	Beth Schlessman (W) Ted Brisson (M)
2000	Kelly McLaughlin (W) Jennifer Strasburger (W) Christian Zuburg (M)
2001	JoAnn Overton (M) David Slawinski (M)
2002	Katie Hathaway (W) Seth Laughlin (M)
2003	Laura Collier (W) Stephen Mohr (M)
2004	Jessi Perruquet (W) Becky Acker (W) Yuri Suguiyama (M)
2005	Jessie Brosch (W) John Hartmann (M)
2006	Patrick Woodruff (M) Lizzy Bruce (W) Gia Santoro (W)
2007	Jon Fox (M) Emily Reardon (W)

men transition from high school to college through a variety of academic programs such as academic counseling, individual tutoring, group review sessions and supplemental instruction.

A member of each team serves as the Aca-

ademic Team Captain, providing a strong link between the Academic Support Program and the other student-athletes on the squad. The Academic Team Captains for swimming for 2007-08 are Yi-Khy Saw and Aubrette Biegel and for diving is Katy Pritchett.

• STUDENT-ATHLETE DEVELOPMENT

Building character in UNC student-athletes is the main charge of Student-Athlete Development.

Through Carolina Outreach, Tar Heels are involved in a variety of projects and organizations on campus and in the community. The UNC Department of Athletics has partnered with Gatorade and the UNC School of Public Health for a national pilot program called Get Kids in Action, in which Tar Heel student-athletes visit local elementary schools to encourage children to exercise. The Carolina Dreams program allows young patients at UNC Children's Hospitals to attend Tar Heel sporting events with UNC student-athletes. Other recent activities have included building a house with Habitat for Humanity, cooking meals at Ronald McDonald House and cleaning up the roadways through the Adopt-a-Highway program.

Student-Athlete Development also seeks to develop student-athletes on a personal level through a variety of speakers who address issues like nutrition, gambling, relationship communication and substance use. Career Development helps UNC student-athletes look

Fall 2006 Dean's List Honorees (21)

Men (12): Austin Bradyhouse, Jon Fox, Jeff James, Alex Kenley, Keith Laabs, Mark Mohr, Stewart Norman, Chip Peterson, Yi-Khy Saw, Adam Schauer, David Solarz, Robby Swendiman

Women (9): Samantha Deal, Erika Matheis, Lindsay McIlvain, Beth Miller, Annie Norton, Katy Pritchett, Emily Reardon, Sarah Scott, Sarah Stankavage

Spring 2007 Dean's List Honorees (21)

Men (12): Zach DeVault, Jon Fox, Daniel Hathcock, Alex Kenley, Keith Laabs, Mark Mohr, Stewart Norman, Philip Owen, Chip Peterson, Yi-Khy Saw, David Solarz, Robby Swendiman

Women (9): Kimmy Davis, Meagan Eickman, Laura Filip, Erika Matheis, Beth Miller, Katy Pritchett, Becky Smock, Megan Steeves, Kelly Woodruff

beyond college with resources such as career counseling and workshops on resume writing and interviewing skills.

• LEADERSHIP DEVELOPMENT

The primary outlet for Leadership Development is the Carolina Leadership Academy, started at UNC in 2004. As the nation's premier leadership development program in collegiate athletics, the Carolina Leadership Academy develops, challenges and supports student-athletes, coaches and staff in their continual quest to become world class leaders in athletics, academics and life.

The Academy consists of three programs:

CREED Program

Leadership training begins in the freshman year. All leadership begins with per-

2006-07 Academic Award Winners



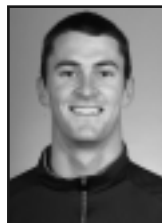
Emily Reardon
ACC Senior Scholar-
ship Award



Adam Schauer
ACC Senior Scholar-
ship Award



Megan Steeves
CSCAA Academic
All-America



Philip Owen
CSCAA Academic
All-America



Chip Peterson
CSCAA Academic
All-America



Jon Fox, Athletic
Director's Scholar-
Athlete Award



sonal leadership, therefore freshmen are taught skills to effectively lead themselves. Training consists of monthly meetings featuring keynote speakers and small group discussion. Upperclass student-athletes serve as peer mentors and discussion leaders. Special focus is on responsibility, accountability, making good choices, ethics and character building.

Rising Stars Program

Designed for a select group of "high potential" sophomores and juniors, the program provides future leaders with insights, strategies and skills necessary to become effective leaders. The program includes monthly meetings, interactive exercises and action learning experiences.

Veteran Leaders Program

This program is designed for team captains

and veteran student-athletes. It provides advanced leadership training and support, teaches the critical skills and insights necessary to be effective vocal leaders and provides a strong peer network. Student-athletes meet regularly to learn and reinforce leadership principles and share successes, frustrations and lessons.

Tar Heel Swimmers Hold Benefit for Lyndsey's TLC Foundation

North Carolina men's and women's swimming team held a benefit September 15, 2007 to aid in the fund raising for the Lyndsey's TLC Foundation, a foundation founded by and dedicated to Lyndsey McLaughlin, the sister of Tar Heel sophomore swimmer Jason McLaughlin.

Team members ran their own practice and organized events as part of a mock dual meet. Among the events was a relay where each member of the team had to swim two laps of the pool while wearing a T-shirt, then take off the shirt and pass it on to the next swimmer who could not enter the water until the T-shirt was completely on.

Lyndsey's TLC Foundation is committed to improving the quality of life for those with Cystic Fibrosis. The Foundation's mission is to provide financial support for the care of individuals with CF. The money is dedicated to improve the quality of life for young people who face significant costs associated with CF and lung transplants. This includes medical treatment not covered by insurance, cost of housing near the hospital for the patient and their immediate family as well as travel expenses related to medical treatment. There are also a host of after care expenses such as antirejection medications, nutritional supplements, antibiotics and follow up visits. Lyndsey's TLC Foundation is a non-profit organization with 501 (3) tax exempt status. Employer Identification Number: 20-288237. Contributions are tax deductible.

Lyndsey's TLC Foundation
25 Blackthorn Lane
White Plains, NY 10606



• STRENGTH AND CONDITIONING

Under the direction of the UNC Olympic sports strength and conditioning staff, Tar Heel student-athletes get outstanding coaching intended to help maximize their physical potential. The staff evaluates Carolina student-athletes in a variety of ways, including the use of specialized software for lifting and running video analysis, to encourage steady progress toward reaching optimum preparation for competition.

The men's and women's swimming teams train at the Olympic sports weight room in Kenan Field House while the men's and women's diving teams train at the Koury Natatorium/Smith Center weight room. In addition to top-of-the-line strength equipment, the Kenan-based center boasts a five-lane, 25-yard rubberized surface for teaching and performing warm-up activities, acceleration drills and agility movements. Year-round training produces athletes who are prepared to compete successfully and safely.

Greg Gatz is the Director of Strength and Conditioning for Olympic Sports and oversees the program. Steve Gisselman specifically works with the men's and women's swimming teams at Carolina while Jonas Sahratian works with the men's and women's divers.



Steve
Gisselman



Greg Gatz

• SPORTS MEDICINE

The Tar Heels receive excellent care from one of the country's best sports medicine staffs.

Dr. Tim Taft, Director of Sports Medicine, oversees a comprehensive program designed to keep student-athletes healthy and to rehabilitate any injuries quickly and successfully. Dr. Tom Brickner is the physician who works directly with the men's and women's swimming and diving teams.

A member of the athletic training staff is present at all games and practices to ensure that any injuries receive prompt and proper care. Head certified athletic trainer Marc Davis oversees care for the men's and women's swimming and diving teams and is assisted by Sarah Vizza and Keyonna Williams.



Tim Taft



Tom Brickner

• Carolina CREED

As a University of North Carolina student-athlete, I pledge to make every effort to abide by the Carolina CREED as a show of my commitment to the University, the Department of Athletics, my team and myself.

C - I will know and embrace the tradition and **culture** of this great University and its athletics department

R - I will **respect** myself and others

E - I will pursue **excellence** in my academic work by striving to reach my academic potential while preparing for a career of significance

E - I will **excel** athletically by committing myself to performance excellence, team success and continual improvement

D - I will **develop** the capacity to effectively lead myself and others



A CAROLINA SCHOLARSHIP IS ABOUT MUCH MORE THAN WHAT HAPPENS ON THE FIELD

That's where TarHeel student-athletes are in the public eye, of course. That's when we see them wearing their uniform, when they are stamped as **Tar Heels** across the chest.

Receiving a scholarship to Carolina means meeting a handful of new teammates—and a world full of new classmates. It means remembering the many victories, because part of coming to Carolina means being a winner. But it also means remembering the children they met during their holiday shopping project, the sign a fan made for them at one of their games, and the professor in that 8 a.m. class that made them want to get out of bed early every morning.

These student-athletes are afforded this opportunity because of The Rams Club. Each year, donors from across the country—alumni, fans and supporters—provide scholarships that enable more than 450 deserving young men and women **to be Tar Heels for a lifetime.**



THE RAMS CLUB

919.834.2000 • WWW.RAMSClub.COM

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ANNUAL GIVING LEVELS

ANNUAL SCHOLARSHIP
\$14,103

COACHES CIRCLE
\$5,000 AND UP

SUPER RAM
\$2,500-\$4,999

BIG RAM
\$1,000-\$2,499

RAMESES
\$500-\$999

RAM
\$200-\$499

TAR HEEL
\$100-\$199

SCHOLARSHIP GIVING LEVELS

FULL SCHOLARSHIP
\$200,000

HALF SCHOLARSHIP
\$100,000