



The University of North Carolina

Location: Chapel Hill, N.C.
Chartered: 1789
Enrollment: 25,972 (15,961 undergraduate)
Chancellor: Dr. James Moeser
Director of Athletics: Dick Baddour
Senior Women's Administrator: Dr. Beth Miller
Affiliation: NCAA Division I
Conference: Atlantic Coast
Nickname: Tar Heels
Mascot: Rameses the ram
School colors: Carolina Blue and white
Athletic department web site: www.TarHeelBlue.com



Carolina Track and Field

Head Coach: Dennis Craddock (Lynchburg '67)
Office Phone: (919) 962-5199
Email: craddock@uncaa.unc.edu
Assistant Coach - Sprints/Relays: Kendra Warren (UNC '91)
Office Phone: (919) 962-5210
Email: coachmack@uncaa.unc.edu
Assistant Coach - Throws: Brian Blutreich (UCLA '90)
Office Phone: (919) 962-5222
Email: blu@uncaa.unc.edu
Assistant Coach - XC/Distance: Michael Whittlesey, Ph.D (UConn '90)
Office Phone: (919) 962-5215
Email: mjwhit@uncaa.unc.edu
Assistant Coach - Pole Vault: Spencer Frame (Wichita State '03)
Email: spencer@uncaa.unc.edu
Meet Director: Andrew Allden
Office Phone: (919) 962-5195
Email: allden@uncaa.unc.edu
2004 ACC Finish - Men: 10th (XC), 4th (indoor), 3rd (outdoor)
2004 ACC Finish - Women: 2nd (XC), 1st (indoor), 1st (outdoor)
ACC Titles - Men: 17 (9 XC, 3 indoor, 5 outdoor)
ACC Titles - Women: 33 (4 XC, 15 indoor, 14 outdoor)

UNC Athletic Communications

Office Phone: (919) 962-2123
Associate Athletic Director for Communications: Steve Kirschner
Track and Field Contact: Bobby Hundley
E-mail: bhundley@uncaa.unc.edu
Hundley's Office Phone: (919) 843-5678
SID Fax: (919) 962-0612
Official Website: TarHeelBlue.com

Covering The Tar Heels

Press credentials are not required for regular season meets. However, advance notice of your attendance is appreciated. Race day interviews, as well as photo requests, should be made to Bobby Hundley. For all interviews with student-athletes, please contact Hundley at (919) 843-5678.

For interviews with Coach Craddock or any of the assistant coaches, you may contact them directly at the numbers listed above or through the Athletic Communications office. Track and field information is available through the Carolina Athletics website, **TarHeelBlue.com**. The track and field page is updated regularly throughout the season and following competitions. Thank you for your interest in Carolina track and field.

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TarHeelBlue.com

Media and fans can follow the Carolina track team and the rest of the UNC athletic program from anywhere in the world on the official site of North Carolina athletics.

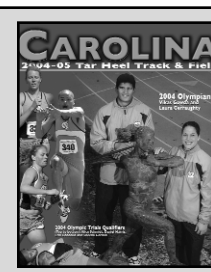
TarHeelBlue.com offers schedules, rosters, results and more for all 28 of Carolina's varsity sports.



Supporting UNC Track and Field



The University of North Carolina has a long-term agreement with Nike, which provides UNC teams with shoes, apparel, equipment bags and other products. The contract, signed in 1994 and again in 1997, was extended for a period of eight more years beginning in July 2002. In addition to Nike products, the agreement provides \$100,000 annually to the Chancellor's Academic Enhancement Fund for undergraduate teaching and \$100,000 annually to the UNC athletic department to reward Olympic sport programs and coaches for academic and athletic excellence.



2005 UNC Track and Field Guide

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CAROLINA TRACK AND FIELD

WOMEN'S ROSTER

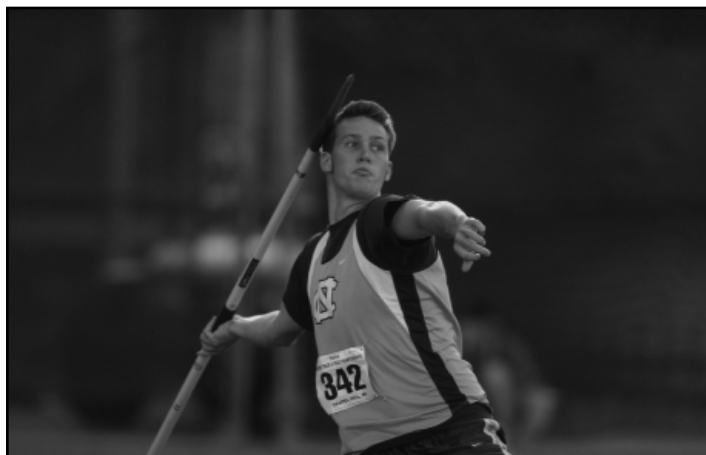
<u>Name</u>	<u>Yr.</u>	<u>Hometown/Previous School</u>	<u>Event</u>
Meg Austin	So.	New Bern, N.C./Salem Academy	Distance
Corinne Black	Jr.	Candler, N.C./Enka	Sprints
Lindsay Bond	Sr.	Southfield, Mich./Southfield	Hurdles/Sprints
Nicole Boykin	Sr.	White Plains, N.Y./White Plains	Distance
Addie Bracy	Fr.	Summerfield, N.C./Northwest Guilford	Distance
Kerry Brewer	Jr.	Cary, N.C./Cary	Middle Distance
Allyson Criner	Jr.	Oakland, Calif./Bishop O'Dowd	Throws
Nita Dewberry	Fr.	Winston-Salem, N.C./North Forsyth	Jumps
Porscha Dobson	So.	Roselle, N.J./Kent Place	Hurdles/Sprints
Erin Donohue	Sr.	Haddonfield N.J./Haddonfield Memorial	Distance/Middle Distance/Javelin
Colleen Farley	Fr.	Williamstown, Mass./Mt. Greylock	Middle Distance/Hurdles
Kelly Fazekas	So.	Closter, N.J./North Valley Demarest	Throws
Erika Foushee	Fr.	Raleigh, N.C./Enloe	Hurdles
Laura Gerraughty	Sr.	Nashua, N.H./Nashua	Throws
Sheena Gordon	Jr.	Erie, Pa./UCLA	Jumps
Jessica Hanlin	Fr.	Hagerstown, Md./North Hagerstown	Distance
Anna Hay	Fr.	Blairtown, N.J./Blair Academy	Distance
Carol Henry	Jr.	Parry Sound, Ontario/Parry Sound	Distance/Steepchase
Rhian Jenks	So.	Fort Lee, Va./Prince George	Pole Vault
Christian Johnson	Jr.	Acworth, Ga./North Cobb	Multis
Tyra Johnson	Fr.	Henderson, N.C./Northern Vance	Hurdles/Sprints
Megan Kaltenbach	So.	Aurora, Colo./Smoky Hill	Distance
Brandi Kellam	So.	Chesapeake, Va./Deep Creek	Sprints
Cassie King	Jr.	Kernersville, N.C./East Forsyth	Distance
Tatyana Kirichenko	Sr.	Greensboro, N.C./Western Guilford	Pole Vault/Jumps
Georgia Kloss	So.	Atlanta, Ga./Pace Academy	Middle Distance
Marija Kurtovic	Jr.	Rijeka, Croatia/Prva Rijecka Hrvatska Gimnazija	Discus
Krishinda Lee	Fr.	Durham, N.C./Durham Academy	Sprints
Riana Lynn	Fr.	Evanston, Ill./Evanston Township	Throws
Alison McGinnis	Fr.	Arlington Heights, Ill./Rolling Meadows	Pole Vault
Marsha McRae	Fr.	Red Springs, N.C./Red Springs	Sprints/Jumps
Jennifer Nelms	Sr.	Spotsylvania, Va./Spotsylvania	Jumps
Nyoka Norman	Fr.	Anderson, S.C./Westside	Hurdles
Phabienne Parker	Sr.	St.Louis, Mo./Whitfield	Triple Jump
Jessica Perry	Jr.	Venetia, Pa./Peters Township	Distance
Danielle Rodgers	So.	Yeadon, Pa./Penn Wood	Middle Distance
Kristin Stroupe	Jr.	Boone, N.C./Watauga	Distance
Krista Washington	Fr.	Raleigh, N.C./Sanderson	Pole Vault
Jocelyn White	Fr.	Glassboro, N.J./Delsea Regional	Throws
Karen Wyzykowski	Jr.	Old Saybrook, Conn./Old Saybrook	Throws



CAROLINA TRACK AND FIELD



Name	Yr.	Hometown/Previous School	Event
Rob Bates	Sr.	Brentwood, Tenn./Franklin Road Academy	Multis
Emmanuel Bello	Fr.	Willingboro, N.J./Blair Academy	Distance
Reggie Berry	Fr.	Morris Plains, N.J./Morristown	Sprints
Noah Cosby	Sr.	Salem, Ill./Salem Community	Pole Vault
Matt Daly	Sr.	Livonia, Mich./Detroit Catholic Central	Distance
Eric Dawkins	So.	Raleigh, N.C./Millbrook	Multis
Pablo Durana	Jr.	Montreal, Quebec/Phillips Academy	Distance
David Eitelberg	So.	Asheville, N.C./Asheville	Multis
Tom Falvey	Jr.	Lincroft, N.J./Villanova	Distance
Bryan Fisher	So.	Chapel Hill, N.C./Cary Academy	Distance
Thomas Galloway	Fr.	Greensboro, N.C./Westchester Academy	Sprints
Matt Gibby	Jr.	Linwood, N.C./West Davidson	Middle Distance
Vikas Gowda	Sr.	Frederick, Md./Frederick	Throws
Aaron Harris	So.	Burlington, N.C./Eastern Alamance	High Jump
Daniel Harris	Sr.	Bridgeton, Mo./Hazelwood West	Jumps
John Hubbard	Sr.	Blairs, Va./George Washington	High Jump
Jeremy Hyder	Fr.	Hickory, N.C./Hickory	Distance
Nick Krouse	Fr.	Northboro, Mass./St. John's	Distance
Steve Largen	Fr.	Chapel Hill, N.C./East Chapel Hill	Distance
Rory Magner	Sr.	Lake Oswego, Ore./Lakeridge	Javelin
Matthew Means	So.	Charlotte, N.C./Charlotte Christian	Sprints
Bobby Moffat	Jr.	Holly Springs, N.C./Fuquay-Varina	Middle Distance
Jason Newman	So.	Mooresville, N.C./ Mooresville	Middle Distance
Jared O'Connor	Fr.	Clifton Park, N.Y./Shenedehowa	Hurdles
Brad Oliver	Fr.	Roanoke, Va./Hidden Valley	Hurdles
Nick Owens	So.	Shelton, Wash./Shelton	Throws
Kevin Patterson	So.	Brentwood, Tenn./Franklin Road Academy	Multis
Jeffrey Peterson	Fr.	Middletown, N.J./Christian Brothers Acad.	Distance
Clay Ragan	So.	Pfafftown, N.C./North Forsyth	Middle Distance
Jesse Rappole	Sr.	Bemus Point, N.Y./Villanova	Distance/Steeple
Alex Ray	Fr.	Oak Ridge, N.C./Northwest Guilford	Distance
Ian Reynolds	So.	Skillman, N.J./Dartmouth	Throws
Sheldon Rivens	Jr.	Charlotte, N.C./Vance	Sprints/Jumps
Justin Ryncavage	Jr.	Wilkes-Barre, Pa./Coughlin	Throws
Felix Sebera	So.	Greenville, N.C./St. Marguerite D'Youville	Middle Distance
Ryan Shaver	Fr.	Coatesville, Pa./Coatesville Area	Distance
Douglas Smith	Jr.	Banner Elk, N.C./The Asheville School	Middle Distance
Britt Taylor	So.	Blue Ridge, Ill./Hinsdale South	Jumps
Ryan Therrien	Jr.	Ottawa, Ontario/Ridgemont	Sprints
Antonio Tucker	So.	Winston-Salem, N.C./R.J. Reynolds	Jumps/Sprints
Kevin Watson	Sr.	Richmond, Va./Henrico	Hurdles





12-Time Southern Conference Indoor Champions

1931 • 1932 • 1934
1935 • 1937 • 1939
1940 • 1941 • 1942
1949 • 1950 • 1951

13-Time Southern Conference Outdoor Champions

1926 • 1930 • 1933
1934 • 1935 • 1938
1939 • 1940 • 1943
1947 • 1948 • 1949
1950

Three-Time ACC Indoor Champions

1955 • 1995 • 1996

Five-Time ACC Outdoor Champions

1955 • 1992 • 1994
1995 • 1999



The 1931 Tar Heels won the Southern Conference indoor title, only the third conference championships in program history.

Nine-Time ACC Cross Country Championships

1956 • 1957 • 1960
1961 • 1962 • 1963
1971 • 1979 • 1985

Current ACC Champions



Front Row (left to right): Tatyana Kirichenko - Pole Vault/Heptathlon, Noah Cosby - Pole Vault, Carol Henry - Steeplechase, Daniel Harris - Triple Jump

Back Row: Laura Gerraughty - Shot Put/Hammer/Weight Throw/Discus, Nick Owens - Hammer/Weight Throw, Vikas Gowda - Discus, Kevin Watson - 60-Meter Hurdles, Alice Schmidt - 800 Meters, Erin Donohue - Javelin

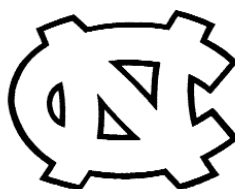


15-Time ACC Indoor Champions

1988 • 1989 • 1990
 1991 • 1993 • 1994
 1995 • 1996 • 1997
 1998 • 1999 • 2000
 2001 • 2003 • 2004

14-Time ACC Outdoor Champions

1988 • 1989 • 1990
 1992 • 1993 • 1994
 1995 • 1996 • 1997
 1998 • 2001 • 2002
 2003 • 2004



Three-Time ACC Cross Country Champions

1994 • 1999 • 2003



The 2003-04 women's team won the ACC Triple Crown - championships in cross country, indoor track and outdoor track.

The Atlantic Coast Conference

Consistency. It's the mark of true excellence in any endeavor.

However, in today's intercollegiate athletics, competition has become so balanced and so competitive that it is virtually impossible to maintain a high level of consistency.

Yet the Atlantic Coast Conference has defied the odds. Now in its 52nd year of competition, the ACC has long enjoyed the reputation as one of the strongest and most competitive intercollegiate conferences in the nation. And that is not mere conjecture, the numbers support it.

Since the league's inception in 1953, ACC schools have captured 91 national championships, including 47 in women's competition and 44 in men's. In addition, NCAA individual titles have gone to ACC student-athletes 116 times in men's competition and 57 times in women's action.

The 2003-04 academic year concluded with the league pocketing three more national team titles and six individual NCAA crowns. In all, the ACC has won 48 national team titles over the last 14 years.

The ACC's 2003-04 national champions were Wake Forest in field hockey, North Carolina in women's soccer and Virginia in women's lacrosse. Overall, 66 ACC teams took part in post-season play compil-

ing a 101-66-4 (.596) record.

A total of 169 student-athletes from the ACC earned first, second or third-team All-America honors this past year. In addition, the ACC produced nine national Players of the Year, two national Rookies of the Year and three national Coaches of the Year recipients.

The ACC placed at least one team in the top 10 nationally in 17 sports. In all, 31 ACC teams finished their season with a top 10 ranking.

The conference will conduct championships competition in 25 sports - 12 for men and 13 for women - during the 2004-05 academic year.

The first ACC championships was held in swimming on February 25, 1954. The conference did not conduct championships in cross country, wrestling or tennis the first year.

The 12 sports for men are football, cross country, wrestling, baseball, tennis, golf and lacrosse. Fencing, which starting in 1971, was discontinued in 1981.

Women's sports were initiated in 1977 with the first championship meet being held in tennis at Wake Forest.



<u>Day</u>	<u>Date</u>	<u>Opponent</u>	<u>Site</u>
Sat.	1/15	UNC Fast Times	Chapel Hill
Fri.	1/21	Niswonger Invitational	Johnson City, Tenn.
Sat.	1/22	Niswonger Invitational	Johnson City, Tenn.
Fri.	1/28	UNC Invitational	Chapel Hill
Sat.	1/29	UNC Invitational	Chapel Hill
Fri.	2/4	Sevigne Husker Invitational	Lincoln, Neb.
Sat.	2/5	Sevigne Husker Invitational	Lincoln, Neb.
Sat.	2/5	Carolina Classic	Chapel Hill
Sat.	2/5	Boston Indoor Games	Boston, Mass.
Fri.	2/11	Virginia Tech Challenge	Blacksburg, Va.
Sat.	2/12	Virginia Tech Challenge	Blacksburg, Va.

2005 Atlantic Coast Conference Indoor Championships

Feb. 17-19 in Chapel Hill (University of North Carolina)

Sat.	2/26	UNC Last Chance	Chapel Hill
Sat.	3/5	Virginia Tech Last Chance	Blacksburg, Va.

2005 NCAA Indoor Championships

March 11-12 in Fayetteville, Ark. (University of Arkansas)

Fri.	3/18	Tar Heel Opener	Chapel Hill
Fri.	3/25	Raleigh Relays	Chapel Hill
Sat.	3/26	Raleigh Relays	Chapel Hill
Sat.	4/2	Charlotte	Charlotte, N.C.
Wed.	4/6	Texas Relays	Austin, Texas
Thurs.	4/7	Texas Relays	Austin, Texas
Fri.	4/8	Texas Relays	Austin, Texas
Fri.	4/8	Duke Invitational	Durham, N.C.
Sat.	4/9	Duke Invitational	Durham, N.C.
Sat.	4/9	Texas Relays	Austin, Texas
Sat.	4/16	Carolina Fast Times	Chapel Hill

2005 Atlantic Coast Conference Outdoor Championships

April 21-23 in Tallahassee, Fla. (Florida State University)

2005 Penn Relays

April 28-30 in Philadelphia, Pa. (University of Pennsylvania)

Fri.	5/13	Georgia Tech Invitational	Atlanta, Ga.
Sat.	5/14	Georgia Tech Invitational	Atlanta, Ga.
Fri.	5/27	NCAA East Regional	Randall's Island, N.Y.
Sat.	5/28	NCAA East Regional	Randall's Island, N.Y.

2005 NCAA Outdoor Championships

June 8-11 in Sacramento, Calif. (Sacramento State)

2005 Junior National Championships

July 13-18 in Buffalo, N.Y.

All home indoor meets held at the Eddie Smith Field House.

All home outdoor meets held at the Irwin Belk Track at Fetzer Field.

To Reach Eddie Smith Field House/Belk Track ...

From RDU and points east:

• Take I-40 West to exit 273A. Follow 54 West toward Chapel Hill. After passing under the 15-501 overpass, the road will go uphill and into campus. The track facilities will be on your left, behind the intramural playing fields and shortly after the traffic light at the corner of campus.

From points north of Chapel Hill:

• Follow I-85 South toward Durham. At exit 174, stay in the left-hand lane to get on 15-501 South. Follow 15-501 South to the Highway 54 junction, where you will exit to the right, following signs for the UNC campus. Proceed up the hill into campus. The facilities will be on your left.

From points west of Chapel Hill:

• Take I-85 North to I-40 East. Follow I-40 East to exit 270, 15-501 South. Follow 15-501 South into Chapel Hill to the Highway 54 junction, where you will exit to the right, following signs for the UNC campus. Proceed up the hill into campus. The facilities will be on your left.

From points south of Chapel Hill:

• Take I-77 North to I-85 North to I-40 East. Follow I-40 East to exit 270, 15-501 South. Follow 15-501 South into Chapel Hill to the Highway 54 junction, where you will exit to the right, following signs for the UNC campus. Proceed up the hill into campus. The facilities will be on your left.

