



# 2009-10 WOMEN'S SWIMMING AND DIVING

## 2010 ACC Championships

Feb. 17-20, 2010

University of North Carolina - Chapel Hill, N.C.



### 2009-10 RESULTS 11-2 (3-1 ACC)

Date	Opponent	Time/Result
10/23	JOHNS HOPKINS	W, 187-67
10/24	DUKE *	W, 163.5-136.5
	NC STATE *	W, 179-121
11/06	at North Carolina	L, 117-166
11/14	TOWSON	W, 184.5-115.5
	UMBC	W, 214.5-85.5
11/21	TERRAPIN CUP	First Place
01/02	at Miami *	W, 191-103
01/09	RUTGERS	W, 167-129
01/15	Villanova	W, 247-106
	Pittsburgh	W, 181-172
	Penn State	L, 168-185
01/23	WEST VIRGINIA	W, 133-108
02/05	GEORGETOWN	W, 161.5-81.5

### TEAM INFORMATION

Head Coach:	Sean Schimmel
Alma Mater:	USC '92
Assistant Coach:	John Pontz
Assistant Coach:	Meredith Eyler
Assistant Coach:	Josh Garner
Diving Coach:	Anton Slobounov

### MEDIA INFORMATION

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### ON THE INCLINE

- Maryland placed a solid fifth overall in the 2009 ACC Women's Swimming and Diving Championships last season in College Park and looks to improve on that finish in 2010.
- Maryland posted one of its finest dual-meet records ever as it concluded the 2009-10 regular season campaign with an 11-2 record.
- The Terps had a flurry of high-caliber individual performances in the championships a year ago, led by a 200 fly championship from Jen Vogel. Maryland also shattered a total of ten school records, led by five from Vogel. Other Terps to land on the podium included Annie Fittin in the 100 back and Alisa Kurbatova in the 1-meter dive. Vogel also took second in the 100 fly.

### TERP FAVORITES

- Maryland has a grand opportunity to place more swimmers and divers on the podium this season with many student-athletes boasting top-ten performances heading into the championships.

#### 50 Free

5. Annie Fittin - 23.04

#### 200 Breast

4. Alexa Hamilton - 2:15.76

#### 100 Back

4. Annie Fittin - 54.22  
8. Ginny Glover - 55.67

#### 200 Back

4. Ginny Glover - 1:58.91

#### 100 Fly

2. Jen Vogel - 54.19  
9. Annie Fittin - 55.03

#### 200 Fly

4. Jen Vogel - 1:59.56  
8. Patty DeScenza - 2:01.06  
10. Addison Koelle - 2:01.59

#### One-Meter Diving

3. Alisa Kurbatova - 317.17

#### Three-Meter Diving

6. Alisa Kurbatova - 326.02

### TERP TOP PERFORMANCES

50 free	Annie Fittin	23.04	Terrapin Cup
100 free	Laura Wright	50.72	Towson/UMBC
200 free	Ginny Glover	1:49.86	Terrapin Cup
500 free	Ginny Glover	4:56.53	Towson/UMBC
1000 free	Kim Larson	10:22.80	Towson/UMBC
1650 free	Kim Larson	17:28.71	Terrapin Cup
100 back	Annie Fittin	54.22	Terrapin Cup
200 back	Ginny Glover	1:58.91	Terrapin Cup
100 breast	Alexa Hamilton	1:04.61	Terrapin Cup
200 breast	Alexa Hamilton	2:15.76	Terrapin Cup
100 fly	Jen Vogel	54.19	Terrapin Cup
200 fly	Jen Vogel	1:59.56	Terrapin Cup
200 IM	Jen Vogel	2:03.38	Terrapin Cup
400 IM	Martha VanLieshout	4:28.45	Terrapin Cup
1-meter Dive	Alisa Kurbatova	328.20	Georgetown
3-meter Dive	Alisa Kurbatova	370.20	Georgetown



## 2009-10 MARYLAND WOMEN'S SWIMMING AND DIVING

Event	School Record	Time	Pool Record	Time
50 Free	Yelena Skalinskaya	22.56 (2009)	Sara Smith, Virginia Tech	21.96 (2009)
100 Free	Yelena Skalinskaya	49.39 (2009)	Sara Smith, Virginia Tech	48.10 (2009)
200 Free	Shandra Johnson	1:45.91 (2003)	Michelle Parkhurst, Clemson	1:45.11 (2009)
500 Free	Elizabeth Lavell	4:44.12 (2005)	Katura Harvey, North Carolina	4:44.12 (2009)
1000 Free	Elizabeth Lavell	9:51.77 (2003)	Ashley Twichell, Duke	9:37.48 (2009)
1650 Free	Elizabeth Lavell	16:18.25 (2003)	Ashley Twichell, Duke	15:56.50 (2009)
100 Back	<b>Ann Fittin</b>	53.22 (2009)	Mei Christensen, Virginia	51.79 (2009)
200 Back	<b>Ginny Glover</b>	1:57.07 (2009)	Mei Christensen, Virginia	1:52.22 (2009)
100 Breast	Jill Martin	1:01.72 (2003)	Layne Brodie, North Carolina	1:00.02 (2009)
200 Breast	Jill Martin	2:12.56 (2003)	Layne Brodie, North Carolina	2:10.04 (2009)
100 Fly	<b>Jen Vogel</b>	52.95 (2009)	Megan Evo, Virginia	52.48 (2009)
200 Fly	<b>Jen Vogel</b>	1:55.81 (2009)	Megan Evo, Virginia	1:54.59 (2009)
200 IM	<b>Jen Vogel</b>	1:59.65 (2009)	Megan Evo, Virginia	1:56.17 (2009)
400 IM	Elizabeth Lavell	4:13.89 (2005)	Claire Crippen, Virginia	4:08.78 (2009)
200 Free Relay	Novotny, Catterson, Adamkova, Bowman	1:31.34 (2001)	Christensen, Wallace, Evo, Davis, UVa.	1:29.33 (2009)
400 Free Relay	Skalinskaya, <b>Fittin</b> , <b>Wright, Glover</b>	3:18.65 (2009)	Christensen, Wallace, Moore, Evo, UVa.	3:15.22 (2009)
800 Free Relay	Lavell, Miller, Sackett, Malanina	7:13.29 (2005)	Evo, Shaw, Wallace, Harris, UVa.	7:05.72 (2009)
200 Medley Relay	<b>Fittin, Rossi</b> , <b>Vogel</b> , Skalinskaya	1:39.76 (2009)	Christensen, McDonnell, Shaw, Wallace, UVa.	1:37.50 (2009)
400 Medley Relay	<b>Fittin</b> , Hamilton, <b>Vogel</b> , Skalinskaya	3:39.80 (2009)	Trakas, Roesch, Cronk, McCubbins, Va.	3:29.28 (1999)

## 2009-10 MARYLAND WOMEN'S SWIMMING AND DIVING ROSTER

Name	Yr.	Events	Hometown/High School/Last College
Sophie Allen	FR	Back	Boulder, Colo./Boulder High School
Caroline Belli	SO	IM/Back	Marblehead, Mass./Marblehead High School
Haley Bull	FR	Breast	Mason, Ohio/William Mason High School
Ashley Cox	SO	Breast	Lubbock, Texas/Lubbock High School
Jessalyn Crawford	JR	Fly/IM	Cary, N.C./Athens Drive High School
Blair Cross	JR	Freestyle/Fly/Back	Raleigh, N.C./Ravenscroft School
Jackie Davidson	SR	Back	Beverly, Mass./Beverly High School
Patty DeScenza	SR	Fly	Naperville, Ill./Rosary High School
Chelsey Eberwein	FR	Freestyle/Fly	The Woodlands, Texas/The Woodlands High School
Annie Fittin	JR	Freestyle/Back	Sea Girt, N.J./Peddie School
Ginny Glover	SO	Freestyle/Back	Ellicott City, Md./Wilde Lake High School
Alexa Hamilton	SO	Breast/IM	Barrington Hills, Ill./Barrington High School
Katie Hughes	FR	Back	Rye, N.Y./Rye High School
Addison Koelle	FR	Back/Fly	Groton, Ct./Fitch Senior High School
Kara Koszowski	FR	Diver	Medford, N.J./Shawnee High School
Alisa Kurbatova	SO	Diver	Moscow, Russia/MSSUOR No. 3
Megan Lafferty	FR	Freestyle/Back/Fly	Willow Grove, Pa./Upper Dublin
Kim Larson	FR	Freestyle	Bayport, N.Y./Bayport-Blue Point High School
Stephanie Parker	JR	Breast/IM	Fort Wayne, Ind./R. Nelson Snider High School
Montana Puente	JR	Diver	Washington, D.C./Saint John's College High School
Lia Reich	SO	Freestyle	Charlotte, N.C./Providence High School
Nina Rossi	SR	Fly/IM	Princeton, N.J./Princeton High School
Meggie Schmidt	SO	Fly/IM	New Orleans, La./Academy of the Sacred Heart
Erin Stout	SO	Breast/IM	Brookeville, Md./Sherwood High School
Julie Thackston	SO	Back	Fredrick, Md./Governor Thomas Johnson High School
Martha VanLieshout	SO	Freestyle	Vernon Hills, Ill./Adlai E. Stevenson High School
Jen Vogel	SR	Fly	Hingham, Mass./Notre Dame Academy
Laura Wright	RS SR	Freestyle/IM/Breast	Longmont, Colo./Skyline High School/Rutgers University