



MEN'S DISTANCE TOP-10

CROSS COUNTRY

5K RUN

1.	Jafar Hussen	15:08.48	2023
2.	Brandon McGee	15:17.20	2012
3.	Cameron Hindle	15:21.22	2022
4.	Austin Hayslett	15:28.08	2014
5.	Jonathan Luckin	15:29.49	2014
6.	Jake Albino	15:31.80	2012
7.	TJ Cowing	15:32.20	2012
8.	Redatu Semeon	15:34.30	2012
9.	Hassan Omar	15:34.96	2014
10.	Sam Boimov	15:37.77	2011

8K RUN

1.	Hassan Omar	23:57.1	2015
2.	Jafar Hussen	24:23.6	2022
3.	Cameron Hindle	24:32.0	2022
4.	Efa Eado	24:36.6	2016
5.	Jon Luckin	24:44	2015
6.	Austin Hayslett	24:47	2014
7.	Eric Schuler	24:48	2014
8.	Brandon McGee	24:45.65	2012
9.	Andrew Smith	24:46	2013
10.	Izudin Mehmedovic	24:51	2005

10K RUN

1.	Hassan Omar	30:16	2015
2.	Andrew Smith	31:17	2013
3.	Austin Hayslett	31:21	2014
4.	Noah Hutton	31:23	2014
5.	Anthony Kelhower	31:23	2007
6.	Brandon McGee	31:29.35	2012
7.	Vinny DiSalvo	31:32	2013
8.	Sam Boimov	31:33	2010
9.	Eric Schuler	31:34	2014
10.	Cameron Hindle	31:38.6	2023

WOMEN'S DISTANCE TOP-10

CROSS COUNTRY

5K RUN

1.	Sophia Cologer	17:17.1	2016
2.	Emmy Beyer	17:46.7	2021
3.	Sara Parkinson	17:47.47	2010
4.	Sarah Daly	17:50.98	2014
5.	Jen Ecker	17:52	2000
6.	Alex Hyland	17:55.10	2007
7.	Kelsey Ponton	17:57.6	2018
8.	Katelyn Callaghan	18:08.6	2016
9.	Olivia Richter	18:09.1	2016
10.	Margo Henley	18:09.6	2019

6K RUN

1.	Jen Ecker	20:25.30	2000
2.	Alex Hyland	20:38	2007
3.	Sarah Daly	20:55	2015
4.	Sophia Cologer	21:01	2015
5.	Stefanie Thomas	21:08	2002
6.	Sara Parkinson	21:20	2010
7.	Cody Mezbish	21:34	2013
8.	Chelsea Vane	21:47	2016
9.	Lexi Tepper	21:48.6	2023
10.	Suzanne Gabriel	21:53	2009



ALL-TIME CROSS COUNTRY CONFERENCE HONORS

East Coast All-Conference (2)

Scott Ellwood	1990
Scott Ellwood	1991

Big South All-Conference (3)

Don Augustin	1992
Scott Ellwood	1992
Don Augustin	1993

Big South All-Academic (2)

Caitlin Lloyd	1997
Kevin Stine	1997

Northeast All-Conference (8)

Jen Ecker	1999
Mary Beth Rollins	1999
Jen Acker	2000
Hannah Benjamin	2000
Adam Driscoll	2002
Phil Knowlton	2002
Izudin Mehmedovic	2002
Stefanie Thomas	2002

America East All-Conference (21)

Izudin Mehmedovic	2005
J.J. Wetzel	2005
Anthony Kelhower	2006
Alex Hyland	2007
Paul Zwama	2007
Anthony Kelhower	2008
Sara Parkinson	2008/09
Brandan McGee	2012
Hassan Omar	2013/14/15
Andrew Smith	2013
Sophia Cologer	2015
Austin Hayslett	2015
Sophia Cologer	2016
Emmy Beyer	2021/22
Cameron Hindle	2022/23
Baraka Sila	2023

America East All-Academic (19)

J.J. Wetzel	2005
Sara Parkinson	2009
Vinny DiSalvo	2012
Brandan McGee	2012
Kirsten McGovern	2012
Eric Schuler	2012
Nicole Dawson	2013
Kirsten McGovern	2013
Hassan Omar	2013
Eric Schuler	2013
Hassan Omar	2014
Sophia Cologer	2014
Hassan Omar	2015
Jon Luckin	2015
Sophia Cologer	2015
Sophia Cologer	2016
Katelyn Callaghan	2016
Matt Kingeter	2016
Morgan Casey	2021
Baraka Sila	2023

America East Scholar-Athlete of the Year

Eric Schuler	2013
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America East Presidential Scholar

Pat Duboyce	2016
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1999 Northeast Conference

Individual Champion	Jen Ecker
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1999 Northeast Conference

Outstanding Pefromer	Jen Ecker
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2000 Northeast Conference

Individual Champion	Jen Ecker
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2000 Northeast Conference

Outstanding Performer	Jen Ecker
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2002 Northeast Conference

Freshman of the Year	Stefanie Thomas
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2005 America East

Conference Champions	UMBC Men's Cross Country
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2005 America East Conference

Coaching Staff of the Year	Murray Davis and Staff
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2013 America East

Conference Champions	UMBC Men's Cross Country
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2013 America East Conference

Coaching Staff of the Year	Matt Gittermann and Staff
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2015 America East Conference

Individual Champion	Hassan Omar
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2021 America East Conference

Most Outstanding Rookie	Cameron Hindle
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Conference Finishes since 1992

Year	League	Men	Women
1992	Big South	2nd	8th
1993	Big South	7th	3rd
1994	Big South	7th	4th
1995	Big South	5th	7th
1996	Big South	4th	7th
1997	Big South	5th	6th
1998	Northeast	5th	7th
1999	Northeast	6th	5th
2000	Northeast	3rd	3rd
2001	Northeast	4th	9th
2002	Northeast	2nd	3rd
2003	America East	4th	7th
2004	America East	5th	7th
2005	America East	1st	8th
2006	America East	6th	8th
2007	America East	5th	7th
2008	America East	5th	8th
2009	America East	8th	8th
2010	America East	5th	8th
2011	America East	8th	8th
2012	America East	3rd	8th
2013	America East	1st	5th
2014	America East	3rd	4th
2015	America East	5th	5th
2016	America East	8th	5th
2017	America East	8th	8th
2018	America East	8th	7th
2019	America East	8th	7th
20/21	America East	7th	7th
2021	America East	7th	7th
2022	America East	6th	8th
2023	America East	6th	9th

RECORDS

UMBC T&F



UMBC INDOOR RECORDS

Men's Record Holder	Time	Year	Event	Women's Record Holder	Time	Year
David Bobb	6.72	1997	60-Meter Dash	Mercedes Jackson	7.34	2013
Trae Proctor	7.87	2013	60-Meter Hurdles	Imani Colbert	8.57	2009
David Bobb	20.85	1996	200-Meter Dash	Mercedes Jackson	23.81	2015
Jamal Cody	48.05	2017	400-Meter Dash	Caitlyn Bobb	53.50	2022
Erick Soetje	1:03.10	2017	500-Meter Dash	Paulette Fogle	1:12.78	2015
Andrew Smith	1:48.82	2014	800-Meter Run	Kaya Knake	2:07.91	2019
Jake Albino	2:25.48	2014	1000-Meter Run	Sarah Daly	2:53.04	2014
Jake Albino	4:08.12	2014	One-Mile Run	Sophia Cologer	4:51.87	2017
Hassan Omar	8:05.13	2016	3000-Meter Run	Sara Parkinson	9:40.12	2011
Hassan Omar	14:29.20	2015	5000-Meter Run	Sara Parkinson	16:47.69	2010
Arthur, Thomas, Powell, Williams	1:30.51	2007	4x200m Relay	K. Jones, E. Jones	1:41.38	2012
Cody, Soetje	3:14.88	2017	4x400m Relay	Young, Leclercq		
Oakley, Oxley				Tillman, Fogle	3:43.61	2015
Thronson, Bolinger, Bejarano, Johnson	7:35.30	2015	4x800m Relay	Abbey, Daramola		
Christmas, Smith, Albino, Snyder	9:49.52	2011	Distance Medley Relay	Redding, Garcia, Roberts, Knake	9:04.36	2020
Huguens Jean	2.17m (7'1.50")	2003	High Jump	Oputa, Fredericks	11:40.01	2015
Trenson Terry	7.36m (24'1.75")	2020	Long Jump	Kulp, Daly		
Ibra Khairat	15.54m (51')	2023	Triple Jump	Alisha Beeman	1.74m (5'8.50")	2014
Nathan Dixon/Rob Ludwig	4.85m (15'11")	2005/2007	Pole Vault	Jasmine Holland	5.74m (18'10")	2022
Yao Adantor	17.16m (56'3.75")	2015	Shot Put	Jasmine Holland	12.69m (41'7.75")	2022
Alexios Prodanas	21.26m (69'9")	2019	Weight Throw	Laura Walker	3.45m (11'3.75")	2011
Keith Onto	5,238 points	2009	Heptathlon/Pentathlon	Cleopatra Borel	17.50m (57'5")	2002
				Cleopatra Borel	18.03m (59'2")	2002
				Alisha Beeman	3,364 points	2015

UMBC OUTDOOR RECORDS

Men's Record Holder	Time	Year	Event	Women's Record Holder	Time	Year
David Bobb	10.18	1997	100-Meter Dash	Mercedes Jackson	11.36	2015
Trae Proctor	13.88	2014	110/100-Meter Hurdles	Imani Colbert	14.02	2012
David Bobb	20.63	1997	200-Meter Dash	Caitlyn Bobb	23.44	2022
Kevin Russell	46.97	1994	400-Meter Dash	Caitlyn Bobb	51.84	2022
Jamal Cody	51.10	2018	400-Meter Hurdles	Paulette Fogle	59.13	2015
Andrew Smith	1:48.63	2014	800-Meter Run	Kaya Knake	2:04.96	2018
Jake Albino	3:48.35	2013	1500-Meter Run	Sarah Daly	4:27.08	2015
Chris Snyder	8:28.46	2011	3000-Meter Run	Sara Parkinson	9:44.93	2011
Brandan McGee	9:01.73	2012	3000-Meter Steeplechase	Sophia Cologer	10:28.77	2017
Hassan Omar	14:08.93	2016	5000-Meter Run	Sara Parkinson	16:46.86	2011
Hassan Omar	29:31.05	2016	10,000-Meter Run	Karin Wagner	35:31.64	1985
Washington, Guillaume, Russell, Bobb	39.41	1994	4x100m Relay	Wright, Bulford-Trott	45.90	2023
Washington, Hewling, Russell, Bobb	1:24.63	1994	4x200m Relay	Parsons, Bobb		
Hewling, Marshall, Guillaume, Russell	3:11.41	1994	4x400m Relay	Jackson, Young	1:37.23	2014
Smith, Keresztes, Thronson, Eado	7:33.79	2017	4x800m Relay	Yuille, Adelola		
Christmas, Hewitson, Smith, Snyder	10:02.99	2011	Distance Medley Relay	Tillman, Fredericks	3:39.07	2015
Bobb, Washington, Russell, Hewling	3:27.48	1994	Sprint Medley Relay	Abbey, Fogle		
Huguens Jean	2.22m (7'3.25")	2003	High Jump	Kulp, Oputa, Fredericks, Daly	8:54.58	2015
Marc Haskins	7.35m (24'1.50")	2000	Long Jump	Oputa, Fredericks	12:00.14	2015
Thomas Johnson	15.57m (51'1")	2017	Triple Jump	Fogle, Adelola	4:04.37	2012
Nathan Dixon/Rob Ludwig	4.95m (16'2.75")	2006/2007	Pole Vault	Leclercq, Mezebish		
Yao Adantor	17.41m (57'1.50")	2015	Shot Put	Alisha Beeman	1.72m (5'7.75")	2014
Iosif Papa	55.07m (177'5")	2023	Discus Throw	Jasmine Holland	5.85m (19'2.5")	2023
Alexios Prodanas	67.34m (220'11.75")	2018	Hammer Throw	Jasmine Holland	12.39m (40'7.75")	2022
Vincent Rentzsch	74.28m (243'8")	2016	Javelin Throw	Laura Walker	3.35m (10'11.75")	2012
Keith Onto	7,239	2010	Decathlon/Heptathlon	Cleopatra Borel	16.44m (53'11.25")	2001
				Ava Roberts	48.15m (158')	2023
				Cleopatra Borel	51.28m (168'3")	2001
				Kelechi Nwanaga	56.96m [186'10.5"]	2018
				Alisha Beeman	4,556 points	2015

*-CONVERTED FROM 60-YARD HAND TIME; ^-CONVERTED FROM 220-YARD HAND TIME; #-CONVERTED FROM 440-YARD HAND TIME;
 \$-CONVERTED FROM HAND TIME; **BOLD IS CURRENT UMBC STUDENT-ATHLETE**



MEN'S INDOOR TOP-10

60-METER DASH

1. David Bobb.....	6.72	1997
2. Aaron Johnson.....	6.77	2001
3. Adam Grossman.....	6.79	2004
4. Dennison Long.....	6.86	2013
5. Brian Nelson.....	6.87	2018
6. Shavar Staats.....	6.82	2023
7. Jaeden Burke.....	6.87	2022
8. Andre Felton.....	6.88	2004
Adrian Arthur.....	6.88	2009
10. Daryian Miles.....	6.88	2015

200-METER DASH

1. David Bobb.....	20.85	1996
2. James Oakley.....	21.45	2017
3. Brian Nelson.....	21.55	2017
4. Aaron Johnson.....	21.56	2001
5. Dennison Long.....	21.57	2013
6. Adam Grossman.....	21.58	2005
7. Adrian Arthur.....	21.72	2009
8. Shamar Barnes.....	21.74	2022
9. Jaeden Burke.....	21.80	2023
10. Taheer Pierce.....	21.85	2020

400-METER DASH

1. Jamal Cody.....	48.05	2017
2. Khiris Hutson.....	48.57	2004
3. Erick Soetje.....	48.71	2017
4. Keith Ransom.....	48.84	2006
5. Taheer Pierce.....	48.92	2020
6. Marquis Miller.....	49.05	2023
7. John Oputa.....	49.10	2017
8. Joshua Hewitson.....	49.49	2010
9. Niko Coaxum.....	49.58	2016
10. Jared Howard.....	49.64	1998

500-METER DASH

1. Erick Soetje.....	1:03.10	2017
2. Joshua Hewitson.....	1:03.35	2010
3. Raymond Hawkins.....	1:04.10	2004
4. Isaiah Jensen.....	1:04.44	2018
5. Kevin Russell.....	1:04.60	1993
6. Michael Arnold.....	1:04.66	2022
7. Darrius Oxley.....	1:04.94	2015
8. Deleon Gray.....	1:05.01	2006
9. Tim Nunn.....	1:05.02	2004
10. Chris Baumler.....	1:05.13	2006

600-METER RUN

1. Isaiah Jensen.....	1:20.64	2019
2. Tyler Dregely.....	1:21.79	2022
3. Ty Thronson.....	1:22.99	2017
4. Parker Tewell.....	1:24.16	2020
5. Andrew Smith.....	1:24.25	2012
6. Michael Christmas.....	1:24.78	2011
Nick Gabrielli.....	1:24.78	2019
8. Marcus Foster.....	1:24.81	2017
9. Kyle Kulp.....	1:25.12	2017
10. Erik Jenks.....	1:25.79	2018

800-METER RUN

1. Andrew Smith.....	1:48.82	2014
2. Urgy Eado.....	1:51.95	2017
3. Miles Smith.....	1:52.12	2017
4. Michael Christmas.....	1:52.78	2011
5. Nick Johnson.....	1:53.03	2015
6. Chris Baumler.....	1:53.39	2006
7. Tyler Dregely.....	1:53.68	2023
8. Zachary Taylor.....	1:53.87	2023
9. Jake Albino.....	1:53.94	2011
10. Ty Thronson.....	1:54.18	2016

1000-METER RUN

1. Jake Albino.....	2:25.48	2014
2. Taylor Baranoski.....	2:25.52	2022
3. Izudin Mehmedovic.....	2:25.58	2007
4. Andrew Smith.....	2:25.60	2014
5. Andrew Keresztes.....	2:26.77	2013
6. Mark Unger.....	2:27.29	2020
7. Urgy Eado.....	2:27.88	2017
8. Zachary Taylor.....	2:28.41	2023
9. Roy Jones.....	2:28.44	2011
10. Scott Heydrick.....	2:28.75	2012

ONE-MILE RUN

1. Jake Albino.....	4:08.12	2014
2. Izudin Mehmedovic.....	4:08.84	2006
3. Chris Snyder.....	4:08.91	2011
4. Anthony Kelhower.....	4:08.92	2007
5. Urgy Eado.....	4:09.47	2017
6. Sam Brosh.....	4:09.84	2022
7. Hassan Omar.....	4:10.97	2016
8. Cameron Hindle.....	4:11.83	2022
9. Michael Christmas.....	4:13.72	2010
10. Chris Hart.....	4:14.42	2008

3000-METER RUN

1. Hassan Omar.....	8:05.13	2016
2. Cameron Hindle.....	8:19.03	2022
3. Greg Saylor.....	8:26.00	2004
4. Paul Zwama.....	8:26.31	2008
5. Eric Schuler.....	8:28.45	2015
6. Matt Kane.....	8:28.77	2017
7. Michael Sterling.....	8:29.14	1983
8. Anthony Kelhower.....	8:30.51	2006
9. Adam Driscoll.....	8:30.78	2003
10. TJ Cowing.....	8:32.00	2012

5000-METER RUN

1. Hassan Omar.....	14:29.20	2015
2. Michael Sterling.....	14:39.45	1981
3. Chris Bowie.....	14:51.48	2010
4. Andrew Madison.....	14:54.55	2010
5. Jon Luckin.....	14:55.22	2015
6. Brandon McGee.....	14:55.99	2011
7. Cameron Hindle.....	14:57.53	2023
8. Jafar Hussien.....	15:00.83	2022
9. Brian Cave.....	15:02.94	2020
10. TJ Cowing.....	15:02.99	2012

60-METER HURDLES

1. Trae Proctor.....	7.87	2013
2. Negasi Gerima.....	8.00	2000
3. Jamal Cody.....	8.03	2018
4. Camal Pugh.....	8.11	2008
5. Aaron James.....	8.16	2008
6. Keith Brown.....	8.18	2009
7. Dominic Devaud.....	8.25	2008
8. Craig Thompson.....	8.26	1999
Josh Dixon.....	8.26	2003
10. Keith Onto.....	8.35	2010
Nicolas Alphonse.....	8.35	2023

HIGH JUMP

1. Huguens Jean.....	2.17m [7'1.50"]	2003
2. Ed Warner.....	2.11m [6'11"]	2003
3. Victor Gilreath.....	2.06m [6'9"]	2009
4. Divinus Muteba.....	2.05m [6'8.75"]	2020
5. Mo Drammeh.....	2.04m [6'8.25"]	2012
Jacob Netschke.....	2.04m [6'8.25"]	2017
7. Madu Ironidi.....	2.03m [6'8"]	1992
8. Matt Waters.....	2.02m [6'7.50"]	2009
9. Michael Buccheri.....	2.01m [6'7"]	2010
Keith Onto.....	2.01m [6'7"]	2010

LONG JUMP

1. Trenson Terry.....	7.36m [24'1.75"]	2020
2. Marc Haskins.....	7.11m [23'4"]	2000
3. Keith Onto.....	6.98m [22'11"]	2010
4. Kafui Dzirasa.....	6.97m [22'10.50"]	1999
5. Rodney Sachiti.....	6.96m [22'10"]	2019
6. Brian Pendleton.....	6.92m [22'8.50"]	2008
7. Pat Chittchang.....	6.90m [22'7.75"]	1999
Dosu Teyibo.....	6.90m [22'7.75"]	2014
9. Victor Gilreath.....	6.87m [22'6.50"]	2008
10. Jude Rene.....	6.86m [22'6.25"]	2009

TRIPLE JUMP

1. Ibra Khairat.....	15.54m (51')	2023
2. Victor Gilreath.....	15.49m [50'10"]	2009
3. Shioma Obemeata.....	15.01m [49'3"]	2013
4. Huguens Jean.....	14.86m [48'9"]	2003
5. Allieu Shaw.....	14.82m [48'7.50"]	2008
6. Thomas Johnson.....	14.62m [47'11.75"]	2017
7. Brian Pendleton.....	14.54m [47'8.50"]	2009
8. Eric Brown.....	14.40m [47'3"]	1991
Dosu Teyibo.....	14.40m [47'3"]	2014
10. Cliff Bridges.....	14.38m [47'2.25"]	2009

POLE VAULT

1. Nathan Dixon.....	4.85m [15'11"]	2005
Rob Ludwig.....	4.85m [15'11"]	2007
3. Martin Nevarez.....	4.80m [15'9"]	2011
4. David Russell.....	4.70m [15'5"]	1998
Dominic Devaud.....	4.70m [15'5"]	2010
6. Ian Hoffman.....	4.65m (15'3")	2022
Charles Devaud.....	4.65m [15'3"]	2007
Liam Stott.....	4.65m [15'3"]	2014
9. Nick Demianovich.....	4.54m [14'10.75"]	2004
10. Michael Buccheri.....	4.50m [14'9"]	2010
Nick Burnett.....	4.50m [14'9"]	2009

SHOT PUT

1. Yao Adantor.....	17.16m [56'3.75"]	2015
2. Isahq Rana.....	16.70m [54'9.50"]	2016
3. Aaron Brooks.....	16.31m [53'6.25"]	2012
4. Russell Bowman.....	15.98m [52'5.25"]	2018
5. Maurice Johnson.....	15.71m [51'6.5"]	2020
6. Thor Serafenas.....	15.68m [51'5.50"]	2013
7. Balvin Brown.....	15.31m [50'2.75"]	2001
8. Roy Bassford.....	15.17m [49'9.25"]	2004
9. Cameron McDearmon.....	15.14m [49'8.25"]	2010
10. Dustin Gauthier.....	15.04m [49'4.25"]	2002

WEIGHT THROW

1. Alexios Prodanas.....	21.26m [69'9"]	2019
2. Cameron McDearmon.....	18.83m [61'9.50"]	2012
3. Mike Zvoloski.....	18.77m [61'7"]	2006
4. Thor Serafenas.....	18.47m [60'7.25"]	2014
5. Manos Kamtsiklis.....	18.13m [59'5.75"]	2019
6. Balvin Brown.....	17.72m [58'1.75"]	2001
7. Toren Burr.....	17.43m (57'2")	2023
8. Chris Nash.....	17.31m [56'9.50"]	2012
9. Isahq Rana.....	16.80m [55'1.50"]	2016
10. Yao Adantor.....	16.66m [54'8"]	2013

HEPTATHLON

1. Keith Onto.....	5,238 points	2009
2. Dominic Devaud.....	5,232 points	2010
3. Malte Bertram.....	4,907 points	2012
4. Michael Buccheri.....	4,892 points	2010
5. Vincent Rentzsch.....	4,889 points	2014
6. Christian Kallenberg.....	4,803 points	2017
7. Matt Waters.....	4,714 points	2009
8. Charles Devaud.....	4,688 points	2006
9. Eric Ezanwanne.....	4,605 points	2012
10. Martin Nevarez.....	4,599 points	2010

SYMBOL KEY

BOLD is current UMBC student-athlete



WOMEN'S INDOOR TOP-10

60-METER DASH

1. Mercedes Jackson	7.34	2013
2. Britney Foreman	7.65	2009
3. Erin Patrice	7.66	2019
4. Mercedes Tillman	7.67	2015
5. Savannah Wright	7.69	2023
6. Petronilla Onyebadi	7.70	2022
7. Ebonique Jones	7.71	2013
8. D'Nique Phillip	7.71	2013
9. Pharist O'Neal	7.72	2020
10. Za'Kayka Parsons	7.73	2023

200-METER DASH

1. Mercedes Jackson	23.81	2015
2. Caitlyn Bobb	24.04	2022
3. Sharon Johnson	24.42(1)	1980
4. Kirsten Jones	24.52	2013
5. Funmi Daramola	24.52	2017
6. Amani Wallace	24.69	2017
7. Jenelle Wilson	24.87	2006
8. Yinka Alabi	25.01	2016
9. Leanne McDonald	25.01	2023
10. Britney Foreman	25.07	2009
Mercedes Tillman	25.07	2016

400-METER DASH

1. Caitlyn Bobb	53.50	2022
2. Kirsten Jones	55.80	2013
3. Sharon Johnson	55.91(2)	1980
4. Leanne McDonald	56.04	2023
5. Mercedes Tillman	56.09	2017
6. Collese Daley	56.28	2022
7. Jenelle Wilson	56.37	2006
8. Orinthia Jones	56.40	2001
9. Paulette Fogle	56.57	2015
10. Funmi Daramola	56.58	2018

500-METER DASH

1. Paulette Fogle	1:12.78	2015
2. Caitlyn Bobb	1:12.93	2023
3. Tori Johnson	1:13.85	2017
4. Latasha Bost	1:13.89	2007
5. Ariella Garcia	1:14.03	2022
6. Marie Yuille	1:14.04	2014
7. Essence Fredericks	1:14.19	2016
8. Kirsten Jones	1:14.54	2014
9. Sharon Johnson	1:14.70	1980
10. Deborah Adelola	1:14.71	2014

600-METER RUN

1. Ariella Garcia	1:33.74	2022
2. Melissa Kameka	1:36.12	2022
3. Kaya Knake	1:36.67	2017
4. Tori Johnson	1:37.04	2017
5. Ayanna Johnson	1:38.41	2022
6. Samantha Kameka	1:38.66	2020
7. Cecilia Davies	1:40.57	2019
8. Sarah Daly	1:42.66	2012
9. Catherine Jordan	1:43.16	2022
10. Deborah Adelola	1:43.87	2013

800-METER RUN

1. Kaya Knake	2:07.91	2019
2. Mary Katherine Kulp	2:11.22	2015
3. Cody Mezebish	2:11.81	2014
4. Sarah Daly	2:12.65	2013
5. Bridgett Redding	2:13.23	2020
6. Ariella Garcia	2:13.53	2020
7. Yasmin Fields	2:13.53	2004
8. Briana Roberts	2:14.09	2020
9. Ohita Asein	2:15.48	2003
10. Sara Parkinson	2:15.50	2010

1000-METER RUN

1. Sarah Daly	2:53.04	2014
2. Cody Mezebish	2:53.23	2014
3. Morgan Casey	2:54.94	2020
4. Angelina Oputa	2:55.45	2016
5. Bridgett Redding	2:58.07	2020
6. Yasmin Fields	2:58.53	2004
7. Sara Parkinson	2:59.23	2011
8. Mary Katherine Kulp	2:59.25	2013
9. Kaya Knake	2:59.59	2019
10. Lily Strelecki	3:01.76	2023

ONE-MILE RUN

1. Sophia Cologer	4:51.87	2017
2. Sarah Daly	4:54.99	2015
3. Cara Wettlaufer	4:55.00	2005
4. Sara Parkinson	4:55.18	2009
5. Alex Hyland	4:57.30	2008
6. Kaya Knake	5:01.55	2019
7. Morgan Casey	5:03.92	2020
8. Katie Govatos	5:07.32	2015
9. Angelina Oputa	5:08.96	2015
10. Ohita Asein	5:09.97	2002

3000-METER RUN

1. Sara Parkinson	9:40.12	2011
2. Alex Hyland	9:40.42	2008
3. Sophia Cologer	9:56.83	2017
4. Madison Armonda	9:57.25	2022
5. Stefanie Thomas	10:06.22	2006
6. Julie Gessler	10:08.12	2015
7. Angel Buccì	10:08.53	2016
8. Emmy Beyer	10:10.54	2023
9. Karin Wagner	10:12.49	1984
10. Suzanne Gabriel	10:13.83	2010

5000-METER RUN

1. Sara Parkinson	16:47.69	2010
2. Alex Hyland	16:50.76	2008
3. Sophia Cologer	17:08.49	2016
4. Madison Armonda	17:20.80	2022
5. Emmy Beyer	17:24.20	2023
6. Suzanne Gabriel	17:33.74	2010
7. Stefanie Thomas	17:35.05	2003
8. Julie Gessler	17:37.18	2015
9. Karin Wagner	17:38.10	1984
10. Katelyn Callaghan	17:40.29	2017

60-METER HURDLES

1. Imani Colbert	8.57	2009
2. Madeline Entwistle	8.81	2017
3. Paulette Fogle	8.82	2015
4. Chowan Brightful	8.85	2012
5. Kierra Gregory	8.86	2009
6. Tierra Gregory	8.90	2007
7. Fallon Rovel-Jones	8.93	2009
8. Jean Udo	8.95	2016
9. Yinka Alabi	9.04	2016
Chelsea Umezurike	9.04	2022
Arie McIlwain	9.04	2022

HIGH JUMP

1. Alisha Beeman	1.74m [5'8.50"]	2014
2. Chowan Brightful	1.70m [5'7"]	2012
3. Sara Allen	1.69m [5'6.50"]	2008
4. Katrina Nathaniel	1.68m [5'6"]	2006
5. Courtney Blatchley	1.63m [5'4.25"]	1996
Carrie Cimino	1.63m [5'4.25"]	1997
7. Jasmine Batchelor	1.62m [5'4"]	2008
8. Meredith Benzing	1.60m [5'3"]	1994
9. Autumn Winston	1.57m [5'1.75"]	2022
10. Tyishua Johnson	1.55m [5'1"]	2003
Sarah Joy	1.55m [5'1"]	2009
Tina Dipaola	1.55m [5'1"]	2011
Zoya Trendafilova	1.55m [5'1"]	2018

LONG JUMP

1. Jasmine Holland	5.74m [18'10"]	2022
2. Kiki Malamo-Paris	5.65m [18'6.50"]	2010
3. Petronilla Onyebadi	5.66m [18'7"]	2023
4. Ebonique Jones	5.64m [18'6"]	2013
5. Za'Kayka Parsons	5.63m [18'5"]	2023
6. Tyishua Johnson	5.55m [18'2.50"]	2005
7. Melanece Moore	5.51m [18'1"]	2000
8. Valerie Johnson	5.44m [17'10.25"]	2015
9. Angela Mensah	5.40m [17'8.75"]	2010
10. Autumn Winston	5.38m [17'6.5"]	2023

TRIPLE JUMP

1. Jasmine Holland	12.69m [41' 7.75"]	2022
2. Jean Udo	11.64m [38' 3"]	2016
3. Tyishua Johnson	11.56m [37' 11.25"]	2005
4. Alisha Beeman	11.54m [37' 10.50"]	2015
5. Abigale Slonski	11.19m [36' 8.50"]	2014
6. Tonja Curry	11.15m [36' 7"]	1994
7. Jasmine Batchelor	11.14m [36' 6.75"]	2009
8. Mame Diop	11.12m [36' 5.75"]	2023
9. Angela Mensah	10.81m [35' 5.75"]	2010
10. Melanece Moore	10.74m [35' 3"]	1998

POLE VAULT

1. Laura Walker	3.45m [11'3.75"]	2012
2. Caitlyn Davis	3.33m [10'11"]	2016
Emma Gerhold	3.30m [10'10"]	2015
4. Annie Lauver	3.05m [10'0"]	2002
5. Maegan Hieble	3.04m [9'11.75"]	2006
6. Katie Miller	3.00m [9'10"]	2009
7. Katherine Hirsch	2.59m [8'6"]	2001
8. Erin Miller	2.40m [7'10.50"]	2001

SHOT PUT

1. Cleopatra Borel	17.50m [57'5"]	2002
2. Ozi Edokobi	15.64m [51'3.75"]	2015
3. Amanda Deller	15.00m [49'2.50"]	2013
4. Ava Roberts	14.50m [47'7"]	2022
5. Siiva Tafiti	14.25m [46'8.5"]	2022
6. Ashley Fauntleroy	14.22m [46'8"]	2007
7. Chrissy Robinson	14.07m [46'2"]	2012
8. Kelechi Nwanaga	13.92m [45'8"]	2019
9. Nneoma Edokobi	13.76m [45'1.75"]	2015
10. Heather Calandra	13.35m [43'9.75"]	2015

WEIGHT THROW

1. Cleopatra Borel	18.03m [59'2"]	2002
2. Nneoma Edokobi	17.26m [56'7.50"]	2016
3. Amanda Deller	16.83m [55'2.75"]	2012
4. Ashley Fauntleroy	16.82m [55'2.25"]	2008
5. Ozi Edokobi	16.72m [54'10.25"]	2016
6. Ava Roberts	16.45m [53'12"]	2023
7. Eleni Zotou	16.35m [53' 7.75"]	2019
8. Jennifer Nelson	15.97m [52'4.75"]	2015
9. Toni Boyd	15.72m [51'7"]	2008
10. Marie Abongwa	15.58m [51'1.5"]	2023

PENTATHLON

1. Alisha Beeman	3,364 points	2015
2. Chowan Brightful	3,227 points	2011
3. Autumn Winston	3,154 points	2023
4. Sara Allen	3,037 points	2008
5. Toni Boyd	2,815 points	2009

SYMBOL KEY

BOLD is current UMBC student-athlete

1-Converted from 220-yard hand time

2-Converted from 440-yard hand time

3-Converted from two-mile run time

H-Recorded as hand time to the tenth. Times to the hundredth take preference. i.e. 4:20.84 ranks higher than 4:20.8H



MEN'S OUTDOOR TOP-10

100-METER DASH

1. David Bobb	10.18	1997
2. Dennison Long	10.36	2014
3. Aaron Johnson	10.42	2000
4. Shavar Staats	10.48	2023
5. Adam Grossman	10.53	2005
6. Brian Nelson	10.60	2017
7. Negasi Gerima	10.62	2000
8. Adrian Washington	10.64	1993
9. Justin Acker	10.69	2010
10. Andre Felton	10.72	2004

200-METER DASH

1. David Bobb	20.63	1997
2. Dennison Long	20.86	2014
3. Aaron Johnson	21.03	2000
4. Adam Grossman	21.32	2005
Antonio Thomas	21.32	2009
6. Adrian Arthur	21.33	2009
7. Marquis Miller	21.37	2022
8. Brian Nelson	21.43	2018
9. James Oakley III	21.56	2016
10. Adrian Washington	21.70	1993

400-METER DASH

1. Kevin Russell	46.97	1994
2. D.J. Guillaume	47.15	1995
3. Erick Soetje	47.78	2017
4. Marquis Miller	47.80	2022
5. Kirk Hewling	47.96	1993
6. Amos Akasa	48.09	2000
7. Jared Howard	48.41	1998
8. Joshua Hewitson	48.58	2010
9. Khiris Hutson	48.62	2003
10. Deleon Gray	48.71	2005

800-METER RUN

1. Andrew Smith	1:48.63	2014
2. Michael Christmas	1:50.67	2011
3. Miles Smith	1:50.95	2019
4. Andrew Keresztes	1:51.24	2013
5. Liam Meginniss	1:51.48	2023
6. Urgy Eado	1:51.56	2017
7. Taylor Baranoski	1:52.25	2021
8. Mark Unger	1:52.51	2021
9. Izudin Mehmedovic	1:53.05	2003
10. Matt Rever	1:53.48	2015

1500-METER RUN

1. Jake Albino	3:48.35	2013
2. Anthony Kelhower	3:49.20	2007
3. Sam Brosh	3:48.79	2022
4. Izudin Mehmedovic	3:50.91	2003
5. Taylor Baranoski	3:50.97	2019
6. Chris Snyder	3:51.35	2010
7. Zachary Taylor	3:52.2 (HT)	2023
8. Michael Christmas	3:53.37	2011
9. Urgy Eado	3:54.45	2016
10. Eric Benjamin	3:54.97	1999

3000-METER STEEPLECHASE

1. Brandon McGee	9:01.73	2012
2. Paul Loebach	9:02.64	1990
3. Chris Hart	9:04.62	2008
4. Nathan Nadal	9:06.42	2018
5. Redatu Semeon	9:07.52	2014
6. Rhys Burgett	9:13.94	2016
7. Mack McKeever	9:17.48	2022
8. Roy Jones	9:18.97	2011
9. Vinny DiSalvo	9:19.22	2011
10. Patrick Duboyce	9:24.61	2016

5000-METER RUN

1. Hassan Omar	14:08.93	2016
2. Anthony Kelhower	14:09.20	2007
3. Michael Sterling	14:30.4H	1984
4. Cameron Hindle	14:34.57	2022
5. Jon Luckin	14:37.66	2015
6. Matt Kane	14:39.37	2017
7. Eric Schuler	14:40.85	2015
8. Brandon McGee	14:45.14	2011
9. Taylor Baranoski	14:51.86	2021
10. Jake Albino	14:52.28	2014

10000-METER RUN

1. Hassan Omar	29:31.05	2016
2. Michael Sterling	30:17.2H	1985
3. TJ Cowing	31:06.10	2012
4. Austin Hayslett	31:09.51	2017
5. Matt Kingeter	31:10.10	2018
6. Rob Magin	31:20.0H	1990
7. Jim Hessenauer	31:30.0H	1987
8. Tom Eldridge	31:36.10	2012
9. Eric Schuler	31:41.72	2015
10. Elijah Hawkins	31:44.66	2018

110-METER HURDLES

1. Trae Proctor	13.88	2014
2. Allen Hamlin	14.40	1975
Bryan Beadle	14.40	1997
4. Negasi Gerima	14.44	2000
Camal Pugh	14.44	2009
6. Keith Brown	14.46	2007
7. Jamal Cody	14.52	2016
8. Andrew Daniels	14.53	2018
9. Dave Williams	14.58(120y)	1980
10. Craig Thompson	14.59	1999

400-METER HURDLES

1. Jamal Cody	51.10	2018
2. Michael Arnold	52.16	2023
3. Nicholas Alphonse	52.99	2023
4. Phil Marshall	53.00	1996
5. Steve Foster	53.04HT	1985
6. Andrew Daniels	53.07	2017
7. Marcus Foster	53.56	2017
8. John Rybak	53.73	2015
9. Darrius Oxley	53.99	2016
10. Trenson Terry	54.50	2019

HIGH JUMP

1. Huguens Jean	2.22m [7'3.25"]	2003
2. Ed Warner	2.11m [6'11"]	2002
3. Matt Butts	2.08m [6'9.75"]	1994
4. Mo Drammeh	2.07m [6'9.50"]	2014
5. Divinus Muteba	3.06m [6'9"]	2019
6. Victor Gilreath	2.05m [6'8.75"]	2009
7. Jacob Netschke	2.04m [6'8.25"]	2017
8. Keith Onto	2.02m [6'7.50"]	2011
9. James Mildenerberger	1.99m [6'6.25"]	2009
10. 4 Tied At	1.98m [6'6"]	1982

LONG JUMP

1. Marc Haskins	7.35m [24'1.50"]	1998
2. Brian Pendleton	7.23m [23'8.75"]	2010
Trenson Terry	7.23m [23'8.75"]	2019
4. D.J. Guillaume	7.14m [23'5"]	1993
5. Jean-Yves Mallat	7.06m [23'2"]	1983
Huguens Jean	7.06m [23'2"]	2003
7. Ibra Khairat	7.05m [23'1.75"]	2023
8. Lee Grayson	7.02m [23'0.50"]	2002
9. Leon Clark	6.95m [22'9.75"]	1980
10. Pat Hodges	6.91m [22'8"]	1984
Brandon Robertson	6.91m [22'8"]	2007

TRIPLE JUMP

1. Thomas Johnson	15.57m [51'1"]	2017
2. Victor Gilreath	15.45m [50'8.25"]	2010
3. Ibra Khairat	15.02m [49'2.75"]	2022
4. Shioma Obemeata	14.97m [49'1.50"]	2014
5. Leon Clark	14.90m [48'10.50"]	1980
6. Brian Pendleton	14.82m [48'7.50"]	2010
7. Greg Waring	14.64m [48'0.50"]	1995
8. Huguens Jean	14.60m [47'11"]	2003
9. Dosu Teyibo	14.52m [47'7.75"]	2014
10. Leon Clark	14.18m [46'6.50"]	1979

POLE VAULT

1. Nathan Dixon	4.95m [16'2.75"]	2006
Rob Ludwig	4.95m [16'2.75"]	2007
3. David Russell	4.81m [15'9.25"]	1997
4. Martin Nevarez	4.80m [15'9"]	2011
5. Dominic Devaud	4.70m [15'5"]	2011
6. Liam Stott	4.65m [15'3"]	2014
7. Charles Devaud	4.60m [15'1"]	2007
Ian Hoffman	4.60m [15'1"]	2021
8. Nick Burnett	4.55m [14'11"]	2009
9. Wilson / Kshimetiski	4.50m [14'9"]	11/'12



Huguens Jean



SHOT PUT

1. Yao Adantor.....	17.41m [57'1.50"]	2015
2. Isahq Rana.....	17.23m [56'6.50"]	2016
3. Russell Bowman.....	16.81m [55'1.75"]	2018
4. Dustin Gauthier.....	15.75m [51'8.25"]	2002
5. Aaron Brooks.....	15.61m [51'2.75"]	2012
6. Balvin Brown.....	15.24m [50'0"]	2000
7. Cameron McDearmon.....	15.02m [49'3.25"]	2010
8. Thor Serafenas.....	15.00m [49'2.50"]	2013
9. Mike Zyvoloski.....	14.96m [49'1"]	2006
10. Chase Dewitt.....	14.82m [48'7.5"]	2017

DISCUS

1. Iosif Papa.....	54.07m [177'5"]	2023
2. Balvin Brown.....	51.58m [169'3"]	2000
3. Aaron Brooks.....	51.50m [168'11"]	2012
4. Mike Zyvoloski.....	49.67m [162'11"]	2005
5. Thor Serafenas.....	48.29m [158'5"]	2013
6. Alexios Prodanas.....	47.03m [154'3"]	2017
7. Aiden Walker.....	46.58m [152'10"]	2023
8. Yao Adantor.....	46.50m [152'6"]	2015
9. Vincent Rentzsch.....	46.45m [152'4"]	2015
10. Isahq Rana.....	46.39m [152'2"]	2015

HAMMER

1. Alexios Prodanas.....	68.01m [223'1"]	2019
2. Manos Kamtsiklis.....	62.03m [205'1"]	2019
3. Thor Serafenas.....	59.59m [195'6"]	2014
4. Andrew Haberman.....	59.02m [193'8"]	2021
5. Mike Zyvoloski.....	56.00m [183'9"]	2006
6. Toren Burr.....	55.32m [181'6"]	2022
7. Balvin Brown.....	53.62m [175'11"]	2001
8. Cameron McDearmon.....	52.15m [171'1"]	2012
9. Evan Palmer.....	51.76m [169'10"]	2010
10. Chip Desi.....	51.02m [167'5"]	2005

JAVELIN

1. Vincent Rentzsch.....	74.28m [243'8"]	2016
2. Gabriel Koletsi.....	69.15m [226'10"]	2023
3. Tony White.....	65.71m [215'7"]	2018
4. Toren Burr.....	61.47m [201'8"]	2022
5. Christian Kallenberg.....	59.28m [194'6"]	2017
6. Mike Harte.....	56.03m [183'10"]	1999
7. Jameer Robinson.....	55.40m [181'7.5"]	2022
8. Mike Zaleski.....	54.55m [179'0"]	1978
9. Sean Kshimetski.....	53.66m [176'0"]	2014
10. Keith Onto.....	53.32m [174'11"]	2010



Vincent Rentzsch

DECATHLON

1. Keith Onto.....	7,239 points	2010
2. Allen Hamlin.....	7,142 points	1975
3. Dominic Devaud.....	6,679 points	2011
4. Vincent Rentzsch.....	6,585 points	2013
5. Malte Bertram.....	6,543 points	2012
6. Charles Devaud.....	6,520 points	2007
7. John Perry.....	6,184 points	1984
8. Christian Kallenberg.....	6,113 points	2016
9. Matt Waters.....	5,878 points	2009
10. Geoff Bennett.....	5,705 points	2005

SYMBOL KEY

BOLD is current UMBC student-athlete

HT-Converted from hand time

H-Recorded as hand time to the tenth. Times to the hundredth take preference i.e. 1:56.06 ranks higher than 1:56.0H

1M-Converted from one-mile hand time

440y-Converted from 440-yard hurdles hand time

WOMEN'S OUTDOOR TOP-10

100-METER DASH

1. Mercedes Jackson.....	11.36	2015
2. Mercedes Tillman.....	11.87	2015
Savannah Wright.....	11.87	2022
4. Beverly Ruffin.....	11.90	1997
5. Britney Foreman.....	11.92	2010
Petronilla Onyebodi.....	11.92	2022
7. Caitlyn Bobb.....	12.03	2023
Waquesha Canty.....	12.03	2009
9. Za'Kayza Parsons.....	12.05	2023
10. Kara Patrice.....	12.11	2017

200-METER DASH

1. Caitlyn Bobb.....	23.44	2022
2. Mercedes Jackson.....	23.55	2015
3. Dianna Koger.....	24.23	2023
4. Savannah Wright.....	24.31	2022
5. Amani Wallace.....	24.40	2018
6. Britney Foreman.....	24.41	2010
7. D'Nique Phillip.....	24.51	2013
8. Marie Yuille.....	24.57	2014
9. Angela Adams.....	24.60	1985
10. Erin Patrice.....	24.63	2018

400-METER DASH

1. Caitlyn Bobb.....	51.84	2022
2. Mercedes Tillman.....	54.58	2015
3. Collese Daley.....	54.96	2022
4. Paulette Fogle.....	55.01	2015
5. Kirsten Jones.....	55.63	2013
6. Deborah Adelola.....	55.84	2014
7. Leanne McDonald.....	55.99	2023
8. Angela Adams.....	56.00	1987
9. Amani Wallace.....	56.06	2018
10. Marie Yuille.....	56.20	2014

800-METER RUN

1. Kaya Kanke.....	2:04.96	2018
2. Arielle Garcia.....	2:09.24	2022
3. Cody Mezebish.....	2:09.35	2014
4. Ohita Asein.....	2:11.34	2003
5. Bridgett Redding.....	2:12.06	2019
6. Briana Roberts.....	2:13.11	2018
7. Sherita Baker.....	2:13.32	2001
8. Sarah Daly.....	2:13.51	2014
9. Mary Katherine Kulp.....	2:13.55	2015
10. Angelina Oputa.....	2:13.57	2015

1500-METER RUN

1. Sarah Daly.....	4:27.08	2015
2. Sara Parkinson.....	4:28.57	2011
3. Cara Wettlaufer.....	4:33.40	2005
4. Cody Mezebish.....	4:34.55	2014
5. Kaya Knake.....	4:38.41	2019
6. Sophia Cologer.....	4:38.59	2016
7. Morgan Casey.....	4:39.40	2022
8. Alex Hyland.....	4:40.11	2007
9. Angelina Oputa.....	4:41.83	2016
10. Ariella Garcia.....	4:43.47	2022

3000-METER RUN

1. Sara Parkinson.....	9:44.93	2011
2. Karin Wagner.....	10:01.00	1985
3. Alex Hyland.....	10:03.61	2007
4. Angel Bucci.....	10:16.34	2016
5. Harmony Roche.....	10:21.89	2016
6. Kelsey Ponton.....	10:25.14	2018
7. Stephanie Thomas.....	10:28.04	2003
8. Hannah Benjamin.....	10:29.07	2000
9. Jennifer Ecker.....	10:30.31	2002
10. Mary Beth Rollins.....	10:38.00	2000

3000-METER STEEPLECHASE

1. Sophia Cologer.....	10:28.77	2017
2. Chelsea Vane.....	10:54.12	2017
3. Margo Henley.....	11:16.28	2019
4. Katie Govatos.....	11:25.50	2016
5. Keri Wilson.....	11:29.56	2012
6. Hannah Benjamin.....	11:33.15	2001
7. Megan Arnold.....	11:46.64H	2011
8. Tawny Barin.....	11:59.23	2007
9. Alexis Bartelloni.....	12:00.76	2019
10. Brooke Wright.....	12:08.83	2022

5000-METER RUN

1. Sara Parkinson.....	16:45.86	2011
2. Sophia Cologer.....	16:48.24	2016
3. Karin Wagner.....	17:07.59	1985
4. Suzanne Gabriel.....	17:12.76	2010
5. Alex Hyland.....	17:12.89	2007
6. Katelyn Callaghan.....	17:29.02	2017
7. Hannah Benjamin.....	17:35.99	2002
8. Julie Gessler.....	17:36.80	2015
9. Angel Bucci.....	17:41.64	2016
10. Kelsey Ponton.....	17:42.18	2018

10000-METER RUN

1. Karin Wagner.....	35:31.64	1985
2. Jennifer Ecker.....	36:09.95	2000
3. Katelyn Callaghan.....	36:24.91	2017
4. Emmy Beyer.....	37:10.76	2021
5. Hannah Benjamin.....	37:15.61	2002
6. Nicole Dawson.....	37:16.97	2014
7. Kirsten McGovern.....	37:27.37	2014
8. Stefanie Thomas.....	37:27.95	2003
9. Harmony Roche.....	37:30.47	2015
10. Morgan Little.....	37:33.01	2007

100-METER HURDLES

1. Imani Colbert.....	14.02	2012
2. Chowan Brightful.....	14.17	2012
3. Yinka Alabi.....	14.38	2017
4. Madeline Entwistle.....	14.41	2015
5. Paulette Fogle.....	14.44	2015
6. Tierra Gregory.....	14.46	2007
7. Arie McIlwain.....	14.48	2022
8. Fallon Rovel-Jones.....	14.54	2010
9. Cinnamon McMillian.....	14.57	2001
10. Kierra Gregory.....	14.59	2008



400-METER HURDLES

1. Paulette Fogle	59.13.....	2015
2. Essence Frederisk.....	1:00.50.....	2016
3. Ayanna Johnson	1:00.84.....	2022
4. Tori Johnson	1:01.43.....	2018
5. Mary Katherine Kulp	1:01.54.....	2015
6. Jennifer Kalkstein	1:02.37.....	2008
7. Briana Young	1:02.87.....	2014
8. Autumn Winston.....	1:03.11.....	2022
9. Yinka Alabi.....	1:03.24.....	2016
10. Ashley Ajayi.....	1:03.26.....	2010

HIGH JUMP

1. Alisha Beeman	1.72m [5'7.75"]	2014
2. Chowan Brightful.....	1.70m [5'7"]	2012
3. Meredith Benzing.....	1.63m [5'4"]	1994
Tonja Curry	1.63m [5'4"]	1994
Courtney Blatchley	1.63m [5'4"]	1996
Katrina Nathaniel	1.63m [5'4"]	2006
7. Carrie Cimino	1.60m [5'3"]	2001
Jasmine Batchelor	1.60m [5'3"]	2008
9. Autumn Winston.....	1.58m [5'2"]	2022
10. Zoya Trendafilova	1.56m [5'1.25"]	2018

LONG JUMP

1. Jasmine Holland	5.85m [19'2.5"]	2023
2. Petronilla Onyebodi	5.82m [19'1.25"]	2023
3. Kiki Malomo-Paris	5.75m [18'10.50"]	2010
4. Za'Kayza Parsons	5.71m [18'9"]	2023
5. Melanece Moore.....	5.69m [18'8"]	1999
6. Ebonique Jones.....	5.61m [18'5"]	2013
7. Tyishua Johnson.....	5.55m [18'2.50"]	2003
8. Valerie Johnson.....	5.46m [17'9"]	2015
9. Chowan Brightful.....	5.31m [17'5"]	2011
10. Jean Udo	5.23m [17'2"]	2016

TRIPLE JUMP

1. Jasmine Holland	12.39m [40'7.75"]	2022
2. Tyishua Johnson	12.26m [40'2.75"]	2006
3. Jean Udo	11.71m [39'3.25"]	2016
4. Alisha Beeman	11.56m [38'11.75"]	2015
5. Jasmine Batchelor	11.49m [37'8.50"]	2008
6. Tonja Curry	11.48m [37'8"]	1994
7. Melanece Moore.....	11.34m [37'2.50"]	2000
8. Ama Duah	11.23m [36'10.25"]	2008
9. Abigale Slonski	10.91m [35'9.5"]	2015
10. Courtney Blatchley	10.79m [35'5"]	1996

POLE VAULT

1. Laura Walker	3.35m [10'11.75"]	2012
2. Emma Gerhold	3.25m [10'8"]	2016
3. Caitlyn Davis.....	3.25m [10'8"]	2016
4. Anita Lawver	3.05m [10'0"]	2002
5. Katie Miller.....	2.90m [9'6.25"]	2009
6. Katie Hirsch	2.75m [9'0"]	2002
7. Erin Miller.....	2.50m [8'2.50"]	2001

SHOT PUT

1. Cleopatra Borel	16.44m [53'11.25"]	2001
2. Amanda Deller	14.84m [48'8.25"]	2013
3. Ozi Edokobi	14.70m [48'2.75"]	2016
4. Ashley Fauntleroy.....	14.68m [48'2"]	2008
5. Siiva Taffiti	14.31m [46'11.5"]	2021
6. Nneoma Edokobi.....	14.07m [46'2"]	2015
7. Ava Roberts	13.92m [45'6.5"]	2022
8. Kelechi Nwanaga	13.65m [44'9.5"]	2019
9. Chrissy Robinson	13.18m [43'3"]	2012
10. Rachelle Wright.....	13.15m [43'1.75"]	2008

DISCUS

1. Ava Roberts	48.15m [158']	2023
2. Ashley Fauntleroy.....	45.04m [147'9"]	2008
3. Sierra Butler	45.53m [142'8"]	2022
4. Amanda Deller	43.11m [141'5"]	2013
5. Ozi Edokobi	42.69m [140'1"]	2016
6. Chrissy Robinson	41.35m [135'8"]	2012
7. Vicki Giaccone.....	40.66m [133'5"]	2000
8. Marie Abongwa	39.58m [129'10"]	2023
9. Samantha Steinman	39.16m [128'6"]	2016
10. Jennifer Nelson	37.78m [123'11"]	2015

HAMMER

1. Cleopatra Borel	51.28m [168'3"]	2001
2. Eleni Zotou	49.78m [163'4"]	2019
3. Ozi Edokobi	49.66m [162'11"]	2016
4. Nneoma Edokobi.....	49.51m [162'5"]	2016
5. Ashley Fauntleroy.....	49.15m [161'3"]	2008
6. Amanda Deller	47.19m [154'10"]	2013
7. Chrissy Robinson	47.10m [154'6"]	2012
8. Oletha Minto	45.92m [150'8"]	1994
9. Jennifer Nelson	44.79m [146'11"]	2016
10. Ricca Graham	44.62m [146.4.5"]	2018

JAVELIN

1. Kelechi Nwanaga	56.95m [186'10.5"]	2018
2. Abigale Slonski	45-18m [148'1"]	2017
3. Alisha Beeman	43.92m [144'1"]	2014
4. Toni Boyd	41.40m [135'10"]	2008
5. Samantha Steinman	40.22m [131'11"]	2016
6. Blossom Metevier	35.47m [116'4"]	2015
7. Vicki Giaccone	32.70m [107'3"]	1999
8. Heidi Danielsson	32.48m [106'7"]	2014
9. Vicki Buisset	31.99m [104'11"]	2002
10. Joanna Beatty.....	31.14m [102'2"]	1999

HEPTATHLON

1. Alisha Beeman	4,556 points.....	2015
2. Chowan Brightful.....	4,299 points.....	2010
3. Toni Boyd	4,019 points.....	2008
4. Tina Dipaola	2,715 points.....	2011

SYMBOL KEY

BOLD is current UMBC student-athlete

HT-Converted from hand time

H-Recorded as hand time to the tenth.

Times to the hundredth take preference i.e. 1:56.06 ranks higher than 1:56.0H

1M-Converted from one-mile hand time

2M-Converted from two-mile hand time

120y-Converted from 120-yard hurdles hand time

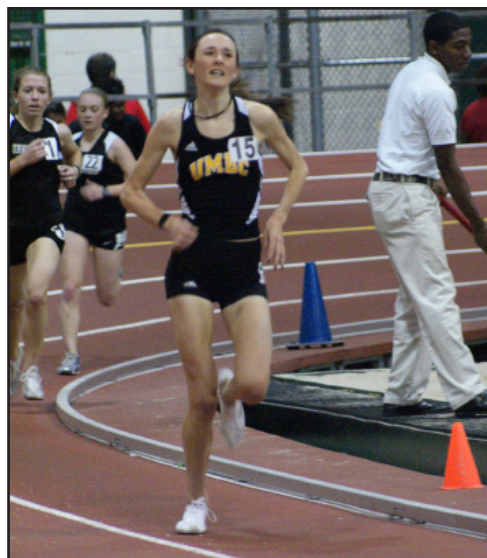
440y-Converted from 440-yard hurdles hand time



Cleopatra Borel



Mercedes Jackson



Sara Parkinson

AWARD WINNERS



UMBC STADIUM RECORDS

1997.....	100-Meter Dash.....	Shelby...	2011
Kishwayne Virgo/LIU	20.94	2001.....	200-Meter Dash..... Mercedes Jackson/UMBC..... 23.60..... 2013
Richard James/LIU	45.91	2003.....	400-Meter Dash..... Brittany Korsah/Binghamton..... 54.18..... 2018
Gered Burns/Albany	1:50.15	2007.....	800-Meter Run..... Kaya Knake/UMBC..... 2:07.23..... 2018
Erik van Ingen/Binghamton	3:45.70	2011.....	1500-Meter Run..... Elinor Purrier/UNH..... 4:15.07..... 2018
N/A	N/A	N/A	3000-Meter Run..... Catherine Conder/Co. Carolina..... 10:07.53..... 1997
Paul Hogan/UMass Lowell.....	14:23.25	2018.....	5000-Meter Run..... Katie Matthews/Boston U..... 16:26.41..... 2011
Paul Hogan/UMass Lowell.....	30:04.13	2018.....	10,000-Meter Run..... Alexandria Ortega/Stony Brook..... 35:27.54..... 2018
Sidney Gibbons/Albany	14.11	2018.....	110/100-Meter Hurdles..... Jesse Labreck/Maine..... 13.57..... 2011
Walter Briggs/Albany.....	51.05	2018.....	400-Meter Hurdles..... Nicole Dumpson/CCSU..... 59.95..... 2003
Tyler Ranke/Albany.....	9:03.11	2018.....	3000-Meter Steeplechase..... Cathy Parker/New Hampshire..... 10:13.69..... 2007
UMBC	41.10	2018.....	4 x 100m Relay..... Albany..... 44.93..... 2018
Long Island University	3:10.01	2003.....	4 x 400m Relay..... Monmouth University..... 3:47.08..... 2003
Binghamton	7:34.32	2011.....	4 x 800m Relay..... Stony Brook University..... 8:57.80..... 2007
Huguens Jean/UMBC.....	2.18m (7'1.75")	2003.....	High Jump..... Allison Barwise/Boston U..... 1.78m (5'10")..... 2011
Jarrad Pencek/Robert Morris	7.54m (24'9")	2001.....	Long Jump..... Keishorea Armstrong/Bing..... 6.12m (20'1")..... 2018
Devon Willis/UMBC.....	16.00m (52'6")	2018.....	Triple Jump..... Kaylyn Gordan/Stony Brook..... 12.88m (42'3.25")..... 2018
Luke Schoen/Albany	5.27m (17'3.50")	2011.....	Pole Vault..... Rita Ciambra/New Hampshire..... 4.15m (13'7.25")..... 2011
Tyler Blatchley/Unattached	18.41m (60'5")	2013.....	Shot Put..... Cleopatra Borel/UMBC..... 16.13m (52'11")..... 2001
Reed Liset/UNH	52.75m (173'1")	2007.....	Discus Throw..... Catherine Coxon/Albany..... 46.35m (152'1")..... 2011
Michael Shanahan/UNH	67.29m (220'9")	2018.....	Hammer Throw..... Rachel Bergeron/Maine..... 61.07m (200'4")..... 2018
Tony White/UMBC.....	67.37m (221'0")	2018.....	Javelin Throw..... Kelechi Nwanaga/UMBC..... 53.08m (174'2")..... 2018
Chris Lemieux/Vermont.....	6,737 points	2011.....	Decathlon/Heptathlon..... Allison Barwise/Boston U..... 4,956 points..... 2011

AWARD WINNERS AND TEAM YEAR-BY-YEAR

CoSIDA Academic All-Americans

1992...	Rob Magin	Third Team
2000...	Jen Ecker	Third Team
2001...	Jen Ecker	First Team
2002...	Cleopatra Borel.....	Third Team
2006...	Adam Grossman	Third Team
2010...	Dominic Devaud	Third Team
2011...	Dominic Devaud	Third Team

NCAA Qualifiers

1996 Indoor (55m, 200m)	David Bobb
1996 Outdoor (200m).....	David Bobb
1997 Indoor (55m).....	David Bobb
1997 Outdoor (100m, 200m)	David Bobb
2001 Indoor (Shot Put).....	Cleopatra Borel
2001 Outdoor (Shot Put).....	Cleopatra Borel
2002 Indoor (Shot Put)	Cleopatra Borel
.....	National Champion
2003 Indoor (High Jump).....	Huguens Jean
2003 Outdoor (High Jump).....	Huguens Jean
2013 Indoor (60m)	Mercedes Jackson
2013 Outdoor (100m).....	Mercedes Jackson
2013 Outdoor (Javelin).....	Vincent Rentzsch
2014 Indoor (800m)	Andrew Smith
2015 Outdoor (Javelin).....	Vincent Rentzsch
2015 Cross County.....	Hassan Omar
2016 Outdoor (Javelin).....	Vincent Rentzsch
2018 Outdoor (Javelin).....	Tony White
2018 Outdoor (Javelin).....	Kelechi Nwanaga
2019 Outdoor (Hammer).....	Alexios Prodanas
2022 Outdoor (400m)	Caitlyn Bobb

America East Year-by-Year

Year	MI	MO	WI	WO
2004.....	3rd	6th	7th.....	8th
2005.....	4th	3rd	6th.....	3rd
2006.....	2nd	4th	5th.....	4th
2007.....	6th	3rd	6th.....	6th
2008.....	4th	5th	4th.....	4th
2009.....	4th	4th	7th.....	9th
2010.....	3rd	4th	5th.....	5th
2011.....	4th	4th	6th.....	7th
2012.....	5th	6th	3rd.....	4th
2013.....	3rd	2nd	2nd	4th
2014.....	5th	2nd	5th.....	4th
2015.....	5th	2nd	2nd	2nd
2016.....	3rd	2nd	4th.....	3rd
2017.....	4th	2nd	7th.....	7th
2018.....	8th	3rd	7th.....	6th
2019.....	7th	7th	6th.....	7th
2020.....	7th	n/a	5th.....	n/a
2021.....	n/a	8th	n/a.....	9th
2022.....	6th	5th	5th.....	3rd
2023.....	5th	5th	5th.....	4th-T



AMERICA EAST TRACK CHAMPIONS AND AWARD WINNERS

Men's Outdoor

2004.....	Andre Felton.....	100m Dash
2004.....	Nathan Dixon.....	Pole Vault
2004.....	Adam Grossman.....	Scholar-Athlete
2005.....	Adam Grossman.....	100m Dash
2005.....	Adam Grossman.....	200m Dash
2005.....	Ransom, Felton, Hutson, Grossman.....	4x100m Relay
2005.....	Mike Zvoloski.....	Discus
2005.....	Adam Grossman.....	Most Outstanding Track Performer
2005.....	Adam Grossman.....	Scholar-Athlete
2006.....	Adam Grossman.....	100m Dash
2006.....	Ransom, Felton, Gray, Grossman.....	4x100m Relay
2006.....	Nathan Dixon.....	Pole Vault
2007.....	Anthony Kelhower.....	5,000m run
2007.....	Keith Brown.....	110m Hurdles
2007.....	Keith Brown.....	Most Outstanding Rookie
2009.....	Adrian Arthur.....	100m Dash
2009.....	Antonio Thomas.....	200m Dash
2009.....	Koroma, Arthur, Powell, Thomas.....	4x100m Relay
2009.....	Victor Gilreath.....	High Jump
2010.....	Camal Pugh.....	110m Hurdles
2010.....	Victor Gilreath.....	Triple Jump
2010.....	Keith Onto.....	Decathlon
2010.....	Victor Gilreath.....	Most Outstanding Field Performer
2011.....	Trae Proctor.....	110m Hurdles
2012.....	Malte Bertram.....	Decathlon
2012.....	Brandon McGee.....	3000m Steeplechase
2012.....	Malte Bertram.....	Most Outstanding Rookie
2013.....	Dennison Long.....	100m Dash
2013.....	Dennison Long.....	200m Dash
2013.....	Andrew Keresztes.....	800m Run
2013.....	Hassan Omar.....	10,000m Run
2013.....	Trae Proctor.....	110m Hurdles
2013.....	Balderson, Blanfort, Proctor, Long.....	4x100m Relay
2013.....	Thor Serafenas.....	Discus
2013.....	Vincent Rentzsch.....	Javelin
2013.....	Vincent Rentzsch.....	Decathlon
2013.....	Dennison Long.....	Most Outstanding Track Performer
2013.....	Vincent Rentzsch.....	Most Outstanding Rookie
2013.....	David Bobb and Staff.....	Coaching Staff of the Year
2014.....	Dennison Long.....	100m Dash
2014.....	Dennison Long.....	200m Dash
2014.....	Andrew Smith.....	800m Run
2014.....	Jake Albino.....	1,500m Run
2014.....	Trae Proctor.....	110m Hurdles
2014.....	Albino, Johnson, Keresztes, Smith.....	4x800 Relays
2014.....	Shioma Obemeata.....	Triple Jump
2014.....	Dennison Long.....	Most Outstanding Track Performer
2014.....	David Bobb and Staff.....	Coaching Staff of the Year
2015.....	Hassan Omar.....	5,000m Run
2015.....	Hassan Omar.....	10,000m Run
2015.....	Abolurin, Oakley, Ampofo-Williams, Miles.....	4x100m Relay
2015.....	Yao Adantor.....	Shot Put
2015.....	Vincent Rentzsch.....	Javelin
2015.....	Hassan Omar.....	Most Outstanding Track Performer
2015.....	Daryian Miles.....	America East Elite 18 Award
2016.....	Hassan Omar.....	5,000m Run
2016.....	Hassan Omar.....	10,000m Run
2016.....	Vincent Rentzsch.....	Javelin
2016.....	Abolurin, Oakley, Oputa, Miles.....	4x100m Relay
2016.....	Hassan Omar.....	Most Outstanding Track Performer
2017.....	Jamal Cody.....	400m Hurdles
2017.....	Abolurin, Oakley, Nelson, Njem.....	4x100m
2017.....	Oxley, Soetje, Cody, Daniels.....	4x400m
2017.....	Alexios Prodanas.....	Hammer
2018.....	Tony White.....	Javelin
2018.....	Duncan, Oakley, Oputa, Nelson.....	4x100m
2018.....	Brian Nelson.....	100m
2018.....	Brian Nelson.....	200m
2018.....	Brian Nelson.....	Coaches' Award (Most Points)
2019.....	Emmanouil Kamtsiklis.....	Hammer
2021.....	Ian Hoffman.....	Pole Vault
2021.....	Andrew Haberman.....	Hammer Throw
2023.....	Michael Arnold.....	400 Hurdles
2023.....	Liam Meginness.....	800m
2023.....	Iosif Papa.....	Discus
2023.....	Adegboyoye, Alphonse, Arnold, Miller.....	4x400m

Women's Outdoor

2004.....	Jenelle Wilson.....	400m Dash
2006.....	Wilson, Nathaniel, Ward, Barkley.....	4x400m Relay
2007.....	Ashley Fauntleroy.....	Shot Put
2007.....	Ashley Fauntleroy.....	Discus
2007.....	Ashley Fauntleroy.....	Most Outstanding Field Performer
2008.....	Ashley Fauntleroy.....	Shot Put
2008.....	Ashley Fauntleroy.....	Hammer
2008.....	Ashley Fauntleroy.....	Discus
2008.....	Ashley Fauntleroy.....	Most Outstanding Field Performer
2009.....	Chrissy Robinson.....	Shot Put
2010.....	Amanda Deller.....	Shot Put
2011.....	Amanda Deller.....	Shot Put
2012.....	Amanda Deller.....	Shot Put
2012.....	Amanda Deller.....	Discus
2012.....	Mercedes Jackson.....	200m Dash
2012.....	E. Jones, Young, Ikpeze, Jackson.....	4x100m Relay
2012.....	Mercedes Jackson.....	Most Outstanding Rookie
2013.....	Mercedes Jackson.....	100m Dash
2013.....	Mercedes Jackson.....	200m Dash
2013.....	Amanda Deller.....	Shot Put
2013.....	Amanda Deller.....	Discus
2013.....	Mercedes Jackson.....	Most Outstanding Track Performer
2013.....	Amanda Deller.....	Most Outstanding Field Performer
2014.....	Deborah Adelola.....	400m Dash
2014.....	Mercedes Jackson.....	100m Dash
2014.....	Jackson, Jones, Fogle, Adelola.....	4x400m Relay
2014.....	Mercedes Jackson.....	Most Outstanding Track Performer
2014.....	Mercedes Jackson.....	Coaches' Award
2015.....	Mercedes Jackson.....	100m Dash
2015.....	Mercedes Jackson.....	200m Dash
2015.....	Tillman, Fogle, Young, Abbey.....	4x400m Relay
2015.....	Alisha Beeman.....	High Jump
2015.....	Mercedes Jackson.....	Most Outstanding Track Performer
2016.....	Essence Fredericks.....	400 Hurdles
2016.....	Tillman, Fredericks, Alabi, Daramola.....	4x400m
2016.....	Ozi Edokobi.....	Most Outstanding Field Performer
2016.....	Ozi Edokobi.....	Shot Put
2018.....	Kaya Knake.....	800m
2018.....	Kelechi Nwanaga.....	Javelin
2018.....	Roberts, Redding, Garcia, Knake.....	4x800m
2018.....	Daramola, Johnson, Daley, Patrice.....	4x400m
2018.....	Kelechi Nwanaga.....	Most Outstanding Rookie Field
2019.....	Kelechi Nwanaga.....	Javelin
2022.....	Caitlyn Bobb.....	200/400m
2022.....	Bobb, Daley, Garcia, A. Johnson.....	4 x 400
2023.....	Caitlyn Bobb.....	400m

Men's Indoor

2004.....	Adam Grossman.....	55m Dash
2004.....	Ed Warner.....	High Jump
2004.....	Adam Grossman.....	Scholar-Athlete
2005.....	Adam Grossman.....	55m Dash
2005.....	Adam Grossman.....	Scholar-Athlete
2005.....	Izudin Mehmedovic.....	1-mile Run
2006.....	Adam Grossman.....	55m Dash
2006.....	Aaron James.....	55m Hurdles
2006.....	Izudin Mehmedovic.....	1-mile Run
2006.....	Kelhower, Mehmedovic, Baumler, Smith.....	DMR
2006.....	Nathan Dixon.....	Pole Vault
2006.....	Mike Zvoloski.....	Weight Throw
2006.....	David Bobb and Staff.....	Coaching Staff of the Year
2008.....	Okoniewski, Snyder, Christmas, Hart.....	4x800m Relay
2009.....	Victor Gilreath.....	High Jump
2009.....	Dominic Devaud.....	Heptathlon
2009.....	Dominic Devaud.....	Scholar-Athlete
2010.....	Camal Pugh.....	55m Hurdles
2010.....	Dominic Devaud.....	Heptathlon
2011.....	Trae Proctor.....	60m Hurdles
2011.....	Keith Onto.....	Heptathlon
2012.....	Trae Proctor.....	60m Hurdles
2013.....	Dennison Long.....	60m Dash
2013.....	Dennison Long.....	200m Dash
2013.....	Andrew Smith.....	800m Run
2013.....	Trae Proctor.....	60m Hurdles
2013.....	Albino, Johnson, Keresztes, Smith.....	4x800m Relay
2013.....	Shioma Obemeata.....	Triple Jump
2013.....	Cameron McDearmon.....	Weight Throw
2013.....	Dennison Long.....	Most Outstanding Track Performer
2014.....	Andrew Smith.....	800m Run
2015.....	Daryian Miles.....	60m Dash

2015.....	Hassan Omar.....	3,000m Run
2015.....	Hassan Omar.....	5,000m Run
2015.....	Yao Adantor.....	Shot Put
2016.....	Hassan Omar.....	3,000m Run
2016.....	Hassan Omar.....	5,000m Run
2016.....	Jamal Cody.....	60m Hurdles
2016.....	Thomas Johnson.....	Triple Jump
2016.....	Hassan Omar.....	Coaches' Award
2016.....	Hassan Omar.....	Most Outstanding Track Performer
2017.....	Cody, Soetje, Oakley, Oxley.....	4x400m Relay
2017.....	Efa Eado.....	800m Run
2019.....	Alexios Prodanas.....	Weight Throw
2022.....	Michael Arnold.....	500m

Women's Indoor

2005.....	Tyishua Johnson.....	Long Jump
2006.....	Jenelle Wilson.....	400m Dash
2007.....	Jenelle Wilson.....	400m Dash
2007.....	Latasha Bost.....	500m Dash
2007.....	Ashley Fauntleroy.....	Shot Put
2007.....	Ashley Fauntleroy.....	Weight Throw
2007.....	Latasha Bost.....	Most Outstanding Rookie
2008.....	Ashley Fauntleroy.....	Shot Put
2008.....	Ashley Fauntleroy.....	Weight Throw
2008.....	Ashley Fauntleroy.....	Most Outstanding Field Performer
2010.....	Sara Parkinson.....	5,000m Run
2010.....	Amanda Deller.....	Shot Put
2011.....	Amanda Deller.....	Shot Put
2012.....	Amanda Deller.....	Shot Put
2012.....	Amanda Deller.....	Weight Throw
2012.....	Mercedes Jackson.....	60m Dash
2012.....	Amanda Deller.....	Most Outstanding Field Performer
2012.....	Mercedes Jackson.....	Most Outstanding Rookie
2013.....	Mercedes Jackson.....	60m Dash
2013.....	Mercedes Jackson.....	200m Dash
2013.....	Paulette Fogle.....	500m Dash
2013.....	Fogle, Abbey, Phillip, K.Jones.....	4x400m Relay
2013.....	Amanda Deller.....	Shot Put
2013.....	Amanda Deller.....	Weight Throw
2013.....	Mercedes Jackson.....	Most Outstanding Track Performer
2013.....	Amanda Deller.....	Most Outstanding Field Performer
2013.....	David Bobb and Staff.....	Coaching Staff of the Year
2014.....	Mercedes Jackson.....	60m Dash
2014.....	Mercedes Jackson.....	200m Dash
2014.....	Alisha Beeman.....	High Jump
2014.....	Mercedes Jackson.....	Most Outstanding Track Performer
2015.....	Mercedes Jackson.....	60m Dash
2015.....	Mercedes Jackson.....	200m Dash
2015.....	Paulette Fogle.....	500m Dash
2015.....	Oputa, Fredericks, Kulp, Daly.....	Distance Medley Relay
2015.....	Ozi Edokobi.....	Shot Put
2015.....	Mercedes Jackson.....	Most Outstanding Track Performer
2015.....	David Bobb and Staff.....	Coaching Staff of the Year
2016.....	Ozi Edokobi.....	Shot Put
2017.....	Tillman, Johnson, Wallace, Daramola.....	4x400m Relay
2017.....	Tori Johnson.....	Most Outstanding Rookie
2019.....	Kaya Knake.....	800m
2019.....	Redding, Roberts, Casey, Knake.....	4x800m
2020.....	Tori Johnson.....	500m
2020.....	Redding, Garcia, Roberts, Knake.....	4x800m
2022.....	Jasmine Holland.....	Long Jump
2022.....	Caitlyn Bobb.....	200/400m