

# UMBC

**BRAD  
REITZ**

**AMANDA  
SHILHOLSER**

**TEREZA  
KAPLANOVA**

**UMBC 2009-10 SWIMMING  
AND DIVING**



RETRIEVERS™





**THIS IS...**



**UMBC SWIMMING & DIVING**



# 2009-10 UMBC SWIMMING & DIVING

## TABLE OF CONTENTS

Quick Facts	1
2009-10 Season Outlooks	2-3
Head Coach Chad Cradock	4
Coaching/Support Staffs	5
2009-10 Team Rosters	6
Men's Profiles	7-14
2008-09 Top Times	15
2008-09 Results	15
Women's Profiles	15-23
2008-09 In Review	24
All-Time Records	25
Men's All-Time Top-10 Lists	26
Women's All-Time Top-10 Lists	27
Welcome to UMBC	28
This is UMBC Athletics	29
Retrievers in the Community	30
UMBC Life	31
UMBC Administration	32
UMBC Athletics Staff	33
Retriever Facilities	34-35
Supporting the Retrievers	36-37
UMBC Alumni	38

**Getting To UMBC:** From the North: Take Interstate 95 to Route 166 (Exit 47B, Catonsville) or take Interstate 83 to Baltimore Beltway (I-695, West) to Exit 12C (Wilkins Avenue, West). Follow the signs to UMBC. From The South: Take Interstate 95 to Route 166 (47B, Catonsville) and follow the signs to UMBC.

**Credits:** The 2009-10 UMBC Swimming and Diving Media Guide was produced by the office of Athletic Communications at UMBC, written and edited by Tom Fenstermaker, Assistant Director of Athletic Communications, and Rachel Pincus, Athletic Communications Intern. Design by Tom Fenstermaker and Jessica Bernheim, Assistant Director of Athletic Communications. Editorial assistance to Jessica Bernheim and Steve Levy, Director of Athletic Communications. Principal Photography: Gail Burton. Other Photography includes institutional advancement, the Annapolis and Anne Arundel County Conference and Visitors Bureau, the Baltimore Area Convention and Visitors Association, Washington, DC Convention and Tourism Corporation and David Sinclair. Covers designed by Tom Fenstermaker and Jessica Bernheim. Comments or suggestions are welcome at [tfenster@umbc.edu](mailto:tfenster@umbc.edu).

UMBC is committed to assuring equal opportunity with respect to both education and employment and does not discriminate on the basis of race, color, religion, age, national origin, sex, or disability. UMBC complies with Title VI of the Civil Rights Act of 1964, Title IX of the Educational Amendments of 1973, Section 503 of the Rehabilitation Act of 1973 and other applicable statutes.

## UNIVERSITY FACTS

Location:	Baltimore, Md.
Enrollment:	12,807
Founded:	1966
President:	Dr. Freeman Hrabowski
School Colors:	Black and Gold
Nickname:	Retrievers
Conference:	America East
Affiliations:	NCAA Division I, ECAC
NCAA Faculty Rep.:	Dr. Marvin Mandell
Athletics Director:	Dr. Charles Brown
Sr. Associate Athletics Director/SWA:	Kathy Zerlaut
Sr. Associate Athletics Director:	Gary Wohlstetter
Director of Sports Medicine:	Cindy Kubiet

## COACHING STAFF

Head Coach:	Chad Cradock, 9th season
Alma Mater:	UMBC, 1997
Overall Men's Record:	67-14-1, 8 seasons
Overall Women's Record:	65-26, 8 seasons
Records at UMBC:	Same
Swimming & Diving Office:	410-455-2670
Assistant Coach:	Chris Gibeau, 9th season
Assistant Coach:	Rob Franc, 1st season
Diving Coach:	Petar Trifonov, 1st season
Streight & Conditioning Coach:	Fred Cantor
Athletic Trainer:	Michelle Daniels
Academic Advisor:	Lauren Nicholson

## SWIMMING AND DIVING FACTS

2008-09 Men's Record/AEC Finish:	5-3-1/1st
2008-09 Women's Record/AEC Finish:	4-7/2nd
Men's Letterwinners Returning/Lost:	21/9
Women's Letterwinners Returning/Lost:	22/6
Men's Newcomers:	13
Women's Newcomers:	10
UMBC Men's All-Time Record:	171-95-1/23 Seasons
UMBC Women's All-Time Record:	158-112-1/23 Seasons

## ATHLETIC COMMUNICATIONS

Associate AD/Communications:	Steve Levy
Assistant Director/Athletic Communications:	Jessica Bernheim
Assistant Director/Athletic Communications:	Tom Fenstermaker
Swimming and Diving Contact:	Tom Fenstermaker
Office Phone:	410-455-1530
Fenstermaker's E-Mail:	<a href="mailto:tfenster@umbc.edu">tfenster@umbc.edu</a>
Office Fax:	410-455-3994
Hotline:	410-455-2129
Website:	<a href="http://www.umbcretrievers.com">www.umbcretrievers.com</a>
Mailing Address:	322 RAC Arena 1000 Hilltop Circle Baltimore, MD 21250

QUICK FACTS

The UMBC men's swimming and diving team continued its dominance in 2008, as the Retrievers won an unprecedented sixth consecutive America East Championship while earning their 12th straight league title overall.

As the Retrievers look to extend the streak, head coach Chad Cradock says they must fill huge holes left by the Class of 2009, including Justin Bronson, who went undefeated in the 200 free last year.

"He was always our go-to guy in dual meets and championships," Cradock said. "We're looking for the next guy to step up and fill that leadership role, and I think between the returners and the freshmen we have coming in, we'll be able to find our next go-to athlete."

Depth will once again be the key to winning championships. The Retrievers return 13 upperclassmen, while 13 newcomers will look to make their mark on the program.

"Once again, I think our depth is really strong," the coach said, "and as this excellent group of freshmen grows, we could be stronger than we have been in the past."

### SPRINT FREESTYLE

The Retrievers return their fastest sprinters in sophomore **Jason Mattingly** and junior co-captain **Eric Jones**, both of whom made the final of the 50 free at the America East Championships, while senior co-captain **Zach Vonder Haar** finished 10th. They will be joined by seniors **Matt Mattingly** and **Fred Deal**, junior **Mitchell Donovan** and sophomores **Evan Danz** and **Nour Saad** to make up a formidable sprint group. Freshmen **Steve Gallagher** and **Eric Surkovich** will add even more depth and could make an impact in their opening campaign.

"We have a strong group of sprinters, but we're looking for that athlete that has the confidence to step up and win on the big stage," Cradock said.

### MIDDLE DISTANCE FREESTYLE

UMBC looks to fill the massive hole left by Bronson in the 200 free with a very large mid-free group, led by Jones, who finished fourth in the 200 free at the AEC's and sophomores Ben Wolbert who placed 8th and Mark Garbowski, who was sick and competed in a non-scoring capacity at the conference meet.

These three will be joined by a group of returners that includes Deal, juniors **Danny Gray**, **Mat Carson** and Mitchell Donovan, sophomores **Tim Deklau** and **Andrew Reid** and freshmen **Rico Bado**, **Patrick Bryan**, **Preston Donovan**, **Sandy Haibel**, **Dylan Kent**, **Herol Marjak**, **Mike McGee**, **Alex Moothart** and **Nate Savage**.

"What's nice about this group is that a lot of them can also mix it up and swim distance events as well," Cradock said.

### DISTANCE FREESTYLE

While the Retrievers lose Evan Roseberry, who was solid contributor in the distance events the past four years, they will look to Carson, who earned a bronze in the mile, to lead a fairly young group. Garbowski could see time in the distance events, while Savage, Moothart and Gray will add depth as the mile was the only event in which only two or less Retrievers scored in at last season's conference meet.

"Our distance group is stronger than last year and we have more depth," Cradock said.

### BUTTERFLY

One of the strongest strokes for UMBC during the 2008-09 season was the fly, where junior **Brad Reitz** will look to continue a string of good results at the conference meet. Reitz broke the school record in the 200 fly on his way to a gold medal and also took silver in the 100 fly. Matt Mattingly and Vonder Haar both made the final of the sprint fly, while Wolbert finished fifth in the 200.

In addition, Cradock expects freshmen Bado and Marjak to make an impact, while Reid, Surkovich and Preston Donovan will provide depth.

"We look for our fly events to continue to be one of strengths," the coach said.

### BACKSTROKE

One of the pleasant surprises last year was Saad, who earned silver in the 200 back as a freshman. "He did a tremendous job for us, and we look for him to continue to do well," the coach said.

Saad will be joined in the backstroke events by senior **Keilan Freeman**, who finished sixth in the 200, as well as Kent and Vonder Haar, who placed fifth in the 100 at the conference meet.

### BREASTSTROKE

Another Retriever who had a good first year was sophomore **John Mendenhall**, who claimed silver in the 200 breast and placed sixth in the 100. "He made great improvements over the year as he really bought into our system," Cradock said.

Cradock believes Gallagher could come in and make an immediate impact, while both Mattingly brothers will contribute time in the sprint breast. Juniors **Phillip Novotny**, **Dan Weston-Dawkes** and **Kregg Deery**, who made the finals in both breast events, will provide more support.

### INDIVIDUAL MEDLEY

UMBC returns the top two performers from the America East Championships in the 200 IM in Reitz and Matt Mattingly, while Carson, Weston-Dawkes, Deery and Freeman also return to form another strong corps for the Retrievers. Add in McGee, Bryan, Haibel and Kent, and Cradock sees this group continuing to excel at the conference meet.

"With Brad (Reitz) and Matt (Mattingly) in the 200 and Mat (Carson) and Keilan (Freeman) in the 400, we should be pretty strong once again," the coach said.

### DIVING

Junior **Greg Guseman**, the lone returner from last year's squad will be joined on the boards by two newcomers this year, junior **Joe Cabahug** and **Andrew Eckhoff**. They will be training under the tutelage of UMBC's new diving coach, **Petar Trifonov**, who competed in the Olympics for Bulgaria.

"We're excited to see our diving program grow and develop under Petar," Cradock said. "You can already see the divers making great strides."

The Retrievers kick off the 2009-10 scoring meet schedule at Rider on Oct. 17, while their first home meet is against Navy on Oct. 24. UMBC seeks its fourth straight George Mason Patriot Invitational title Nov. 20-22, and the 2009-10 America East Championships will be held in Boston from Feb. 25-28.

# SWIMMING AND DIVING RETRIEVERS

The UMBC women's swimming and diving team looks to reclaim the America East title for the third time in four years after finishing second in 2009 behind Boston University.

The Retrievers return nearly 93 percent of the points earned at last year's conference meet and add 10 freshmen while losing only three seniors. Head coach Chad Cradock sees this squad having a good opportunity to win back the conference title.

"I feel we have filled those voids with a very talented class," Cradock said, "and our returners have been training hard that I feel that we are definitely a stronger program than we were last year."

## SPRINT FREESTYLE

The Retrievers return all of the sprinters from last season, including sophomores **Abbey McKenney**, **Ashley Miller**, **Ashley Sippel** and **Kathryn Moorby** and junior **Erin Wohlers**. McKenney earned bronze in the 50 free at the conference meet, while Miller made the finals.

"Sprinting is all about having confidence, and with us returning all of them, we should be able to improve in these events," Cradock said.

## MIDDLE DISTANCE FREESTYLE

Senior **Sam Maccherola** returns for her second season at UMBC after breaking the school record in the 100 and 200 free, while also being a part of four relay records. She earned silver in the 200, an event that saw six Retrievers score, the second-most for a single event at the 2009 conference meet.

Maccherola will be joined by senior **Jennifer Esposito**, juniors **Danielle Cruz**, **Rebecca Godwin** and **Sarah Ryan** and freshmen **Amy Fay**, **Jennifer Kotonias**, **Tara Morrisette**, **Katie Powlen** and **Anna Plunkett** to form one of the Retrievers' greatest strengths.

"With the combination of returners, who really proved themselves last year, and our freshmen, these should be some of our go-to events," Cradock said.

## DISTANCE FREESTYLE

While the Retrievers return Godwin and sophomore **Pink Kinanti**, who both finished in the top seven in the mile, Cradock is looking for Fay and Powlen to bolster the lineup.

"We're excited to see that event develop, because we haven't had a lot of depth in the past," the coach said.

## BUTTERFLY

UMBC's biggest event a year ago was the butterfly, as seven Retrievers scored in the 200 fly, including the only gold medal of the meet, won by school record-holder **Jennifer Esposito**. Senior **Lindsay Sherman** also broke the school record time in the 200 at the AEC's, finishing second. Cradock will look for senior co-captain **Kate Chialastri**, junior **Sarah Ryan**, Kinanti, Morrisette, Plunkett and Fay to help continue the great tradition in this stroke.

"It's the second-to-last swimming event of the conference meet, so it's very important for us to maintain our strength in that area," Cradock said.

## BACKSTROKE

The backstroke is another area where UMBC had a lot of youth last year, with sophomores **Laura Tilman**, Moorby, **Kelsey Fitzpatrick** and **Laura Rogers** and junior **Julie Cantwell** leading the charge. With another year under their belts and the addition of Kotonias and McKenney getting a look at the sprint back this year, Cradock thinks this could be a breakout year for this group.

"I think this year, now that we've had a chance to get the freshman jitters out of our system, we should be able to do very well in the backstroke," the coach said.

## BREASTSTROKE

Another strength for the Retrievers should be the breaststroke, where senior co-captain **Tereza Kaplanova** claimed bronze in the 200 and fourth in the 100. Senior **Tina Cantwell** returns after missing last season due to injury and she will provide a huge boost. The school record-holder in the 100 breast swept the breaststroke events at the 2008 America East Championships and will look to regain her winning form.

The two seniors will be joined by freshmen **Renice Kenny** and **Elise Blaschke**, while junior **Gaby Johnston** will also add depth.

"We're going to look to our senior leadership to continue to perform well for us in the breaststroke," Cradock said.

## INDIVIDUAL MEDLEY

Another area that Cradock envisions becoming a major strength for UMBC is the IM, with Kaplanova and Godwin pulling in top-six finishes a year ago and a talented freshman duo in Morrisette and Kotonias who could make an immediate impact at the conference meet. Those four will be joined by senior co-captain **Brittany Johnson**, Kenny and the Cantwell sisters to add depth.

"With our returners and Tara (Morrisette) and Jennifer (Kotonias) having done extremely well before coming here, our IM events will be one of the biggest strengths by the end of the year," the coach said.

## DIVING

Junior **Amanda Shinholser**, the lone returner on the boards from last year, will see three new faces with the additions of **Carson Taylor**, **Victoria Monetta** and **Jacquelyn Menchaca**. Add in new diving coach **Petar Trifonov**, who competed in the Olympics for Bulgaria and this is an area Cradock is excited about.

"With the addition of Petar, I couldn't ask for a better situation with newcomers and developing them over a four-year period and establishing his own tradition," the coach said. "They're really fitting in well with the team so far, so we're excited to watch them grow."

The Retrievers kick off the 2009-10 scoring meet schedule at Rider on Oct. 17, while their first home meet is against Navy on Oct. 24. UMBC looks to win its second straight George Mason Patriot Invitational Nov. 20-22, and the 2009-10 America East Championships will be held in Boston from Feb. 25-28.



# CHAD CRADOCK

**HEAD COACH • NINTH SEASON AT UMBC  
UMBC • 1997**

**W**hen Chad Craddock took over at the helm of the UMBC swimming and diving teams in 2001, becoming only the second head coach in the program's 16-year history, he took over a program that was already one of UMBC's most successful in the school's Division I era.

In his eight years as head coach, Craddock has raised the teams' stature even higher, earning eight consecutive men's conference titles and four women's crowns.

In UMBC's final two seasons in the Northeast Conference, Craddock led both the men's and women's teams to two league titles, and the men also won their fifth and sixth consecutive ECAC crowns. In 2002, Craddock coached UMBC's first NCAA qualifier in 13 years, Lindsey Prather. When UMBC joined the America East Conference in 2003, Craddock guided the Retrievers through a seamless transition, as both teams finished with school-best 12-1 records, and the men's squad dominated at the league championships, scoring a then-record 901 points to take the title, while the women placed second.

In 2004-05, the men finished 10-0, becoming UMBC's first-ever undefeated team, and captured another conference title by repeating as AEC champions and breaking their own league record for points with 920.

The 2005-06 campaign proved to be record-breaking for the women's team, which posted a 9-1 dual meet mark, winning the first eight meets of the season, and shattered 11 school records. The Retrievers took seven gold medals and finished second at the America East Championships, just 54 points behind two-time conference titlist New Hampshire, a huge improvement from a year earlier when UMBC was a distant third, 252 points behind the Wildcats. And though the men were just 6-4 in dual meets, they captured their ninth straight conference crown and third in the America East.

Then in 2007, Craddock made history as his women's squad became the first women's team from UMBC to claim an America East title in any sport, while the men once again displayed their dominance, capturing their fourth straight America East championship.

In addition, Craddock earned his 100th career victory in the 2006-07 season, when the Retrievers defeated Binghamton on Nov. 4, and his success has not gone unnoticed. He and his staff have been awarded numerous honors over the last eight years, including 2001-02 Northeast Conference Women's Coach of the Year, ECAC Men's Coach of the Year in 2001-02 and 2002-03 and America East Men's Coaching Staff of the Year in 2003-04 and 2004-05.

In 2007-08, the men once again dominated at the America East Championships, winning with a score of 929, a new record for most points. Although the women lost the second-most dual meets in Craddock's career, they outpaced second-place Boston University by 56 points on their way to a second consecutive America East crown.

Last season, the men came from behind to catch Boston University and win an unprecedented sixth consecutive America East championship and their 12th straight league title overall. Despite a 4-7 dual meet record, the women finished second at the conference meet, the fourth year in a row the Retrievers finished second or higher.

Now entering his ninth season, Craddock holds an incredible 132-40-1 men's and women's combined record, good for a .769 winning percentage. Craddock has been a part of 17 of 18 league titles, as he served as an assistant coach for three seasons from 1997-2000.

A native of Barrie, Ontario, Craddock earned a bachelor's degree in psychology from UMBC in 1997 and was a four-year letter-winner for the Retriever swimming and diving program. "I really enjoyed my experience as an athlete at UMBC," said Craddock, the recipient of UMBC's Matt Skalsky Outstanding Scholar-Athlete award as a senior. "The friends that I made here are friends that I'll have for a lifetime, and the whole school experience was a tremendous run for me. Being from Canada, it was a dream-come-true to swim at UMBC, since I always wanted to go to the States to compete. To be successful on top of it all was even more amazing."

While at UMBC, Craddock swam at the U.S. Open and was fifth in the 400-meter freestyle at the Canadian Olympic Trials in 1996. A mid-free and distance swimmer, he capped his senior season of 1997 by earning ECAC Swimmer of the Meet honors after winning the 200, 500 and 1,650-yard freestyle events and breaking pool records in the 200 and 500 free to lead the Retrievers to a second-place finish. The previous season, he won both the 500 free and the mile.

Following his graduation, Craddock guided the UMBC Masters team to the 1998 YMCA short course national championship. Before arriving to coach the Masters team, Craddock was the assistant director at Camp Chikopi in Magnetawan, Ontario, where he coached alongside Olympic coaches. Craddock has also served as head coach of the Retriever Aquatic Club since 2000.

Craddock, who was inducted into the UMBC Athletic Hall of Fame in 2004, currently resides in Odenton, Md., with his wife Christie, their 6-year-old daughter Amanda and 3-year-old son Geoffrey, and their dog Riley.

**COACHING STAFF**

## THE CRADOCK FILE

**MEN'S CAREER RECORD: 67-14-1**  
**WOMEN'S CAREER RECORD: 65-26**

### CRADOCK YEAR-BY-YEAR AT UMBC

Year	Men's Record	Women's Record
2001-02	11-1* <sup>^</sup>	7-6*
2002-03	9-3* <sup>^</sup>	11-3*
2003-04	12-1!	12-1
2004-05	10-0!	8-3
2005-06	6-4!	9-1
2006-07	8-1!	10-1!
2007-08	6-1!	4-4!
2008-09	5-3-1!	4-7
<b>Career</b>	<b>67-14-1 (.823)</b>	<b>65-26 (.714)</b>

\* Northeast Conference Champion

! America East Conference Champion

<sup>^</sup> Eastern College Athletic Conference Champion

### CRADOCK'S ACCOLADES

**1995-96** - UMBC Swimming and Diving MVP

**1996-97** - UMBC Matt Skalsky Scholar Athlete  
UMBC Swimming and Diving MVP  
ECAC Swimmer of the Meet

**2001-02** - Northeast Conference Women's Coach of the Year  
ECAC Men's Coach of the Year

**2002-03** - ECAC Men's Coach of the Year

**2003-04** - America East Men's Coaching Staff of the Year

**2004-05** - America East Men's Coaching Staff of the Year

# SWIMMING AND DIVING RETRIEVERS



## CHRIS GIBEAU

**ASSISTANT COACH • NINTH SEASON AT UMBC  
UMBC**

**C**hris Gibeau returns for his sixth season and ninth overall as assistant coach and senior coach of the Retriever Aquatic Club(RAC). In his past five years, Chris has had swimmers achieve National Age Group Top 16 consideration, Junior National, US Open and Senior National qualifiers as well as multiple NCAA "B" Qualifying standards. This past summer Gibeau had two swimmers qualify and compete at the USA Swimming Olympic Trials held in Omaha NE.

Prior to his return to UMBC, Gibeau had a six year stint with the Monocacy Aquatic Club including two years as Head Age Group Coach and four as the teams Head Coach. While with MAC, Gibeau had several swimmers achieve NAG Top 16 consideration, as well as a number of Junior National and U.S. Open Qualifiers. Under his guidance, MAC placed third in the inaugural Maryland Swimming LSC Championships in March of 2003. In addition, Gibeau helped the MAC double in size during his tenure.

"Its good to be back at UMBC," says Gibeau. "This is where my coaching career began and it was nice to return to where I have spent so many years." Gibeau swam for UMBC from 1989-93.

Before his time with MAC, Gibeau spent three years as an assistant coach at UMBC and as Age Group Coach with the Retriever Aquatic Club, where he helped lay the foundation for the future success of the Men's and Women's swimming programs.

Gibeau spent nine years as a member of the Maryland Swimming Board of Directors, holding multiple positions during that time. He was selected as a Maryland Swimming All-Star Coach by his peers six years in a row, and served as Head All-Star Coach for the team that competed in Buffalo, NY in the summer of 2004

An American Swim Coaches Association(ASCA) Level 4 achievement Lifetime Member, Gibeau currently resides in Baltimore Md.



## PETAR TRIFONOV

**HEAD DIVING COACH • 1ST SEASON AT UMBC  
NATIONAL SPORTS ACADEMY (BULGARIA) • 1995**

**P**etar Trifonov joined the Retrievers as the head diving coach in the summer of 2009. Trifonov has had a decorated diving career, winning more than 50 national championships in his native Bulgaria and culminating in an appearance in the 1992 Summer Olympics in Barcelona, Spain.

After he finished his competitive career, Trifonov became a recognized judge and coach. He judged the USA Diving National Championships from 2001-05, and last year was a judge at the FINA Junior Diving World Championships. Trifonov's coaching career includes stints at the College of William and Mary from 2000 to 2001 and American University from 2001 to 2003, and he has been the head coach of the Montgomery Dive Club team in Rockville, Md., for the past eight years.



## ROB FRANC

**ASSISTANT COACH • 1ST SEASON AT UMBC  
NJIT • 2007**

**F**ormer NJIT assistant **Rob Franc** joined the Retrievers in December 2008 as the assistant coach to the varsity team and head age group coach for the Retriever Aquatics Club.

Franc was the head dryland and strength coach at NJIT, helping the Highlanders transition into an NCAA Division I swim program. Franc earned his degree in society technology and science from NJIT in May 2007 and taught three university courses, including life guard instruction and introduction to swimming, upon his graduation.

Franc founded the Pilot and Final Program, a swimming program for inner-city minority children in Newark, N.J. It was the first of its kind in the state and served more than 80 youths.

In the summer of 2008, Franc worked at the Naval Academy in Annapolis, Md., as a swim camp instructor, coaching swimmers ages 8-18.

**COACHING AND SUPPORT STAFF**

## SUPPORT STAFF



**LAUREN NICHOLSON**  
Academic Advisor



**FRED CANTOR**  
Strength and Conditioning



**MICHELLE DANIELS**  
Sports Medicine



**SAM WILLIAMS**  
Facilities & Operations



**TOM FENSTERMAKER**  
Athletic Communications

## MEN'S ROSTER

Name	Pos.	Yr.	Ht.	Hometown/High School/Previous School
Rico Bado	Free/Fly	Fr.	5-10	Georgetown, Texas/Georgetown
Patrick Bryan	Free/IM	Fr.	6-0	Marlton, N.J./Cherokee
Joe Cabahug	Diving	Jr.	5-7	Germantown, Md./Poolesville
Mat Carson	Distance Free/IM/Back	Jr.	5-9	Toronto, Ontario/Silverthorn Colleg. Instit.
Evan Danz	Sprint Free/Fly	So.	6-0	Woodstock, Md./Loyola Blakefield
Fred Deal	Sprint/Mid Free	Sr.	6-0	Richboro, Pa./Council Rock South
Kregg Deery	Breast/IM	Jr.	5-10	Ormond Beach, Fla./Spruce Creek
Tim Deklau	Mid Free/IM/Breast	So.	6-2	Gambrills, Md./Arundel
Mitchell Donovan	Sprint/Mid Free	Jr.	5-7	Ellicott City, Md./Centennial
Preston Donovan	Fly/Free	Fr.	5-6	Ellicott City, Md./Mt. Hebron
Andrew Eckhoff	Diving	Fr.	6-0	Chelmsford, Mass/Chelmsford
Keilan Freeman	IM/Back/Mid Free	Jr.	5-11	Calgary, Alberta, Canada/Argyll Centre
Steve Gallagher	Sprint Free/Fly/Breast	Fr.	6-1	Sinking Spring, Pa./Wilson
Mark Garbowski	Mid Free	So.	6-0	Cherry Hill, N.J./Cherry Hill West
Danny Gray	Mid Free	Jr.	6-0	New Market, Md./Linganore
Greg Guseman	Diving	Jr.	5-9	Uniontown, Pa./Laurel Highlands
Sandy Haibel	Free/IM	Fr.	5-10	Rockville, Md./Richard Montgomery
Eric Jones	Mid Free/Fly	Jr.	6-3	Gambrills, Md./Arundel
Dylan Kent	Free/IM	Fr.	6-5	Oakville, Ontario/Oakville Trafalgar
Herol Marjak	Mid Free/Fly	Fr.	6-2	Harjumaa, Estonia/Tallinn Sec Science School
Jason Mattingly	Breast/IM/Sprint Free	So.	6-1	Cherry Hill, N.J./Cherry Hill West
Matt Mattingly	Sprint Free/Fly/IM/Br.	Sr.	5-8	Cherry Hill, N.J./Cherry Hill West
Mike McGee	Mid Free/Fly	Fr.	5-11	Chalfont, Pa./La Salle College HS
John Mendenhall	Breast/IM	So.	6-0	Cherry Hill, N.J./Cherry Hill East
Alex Moothart	Free/Fly/Back	Fr.	5-10	Hopkinton, Mass/Hopkinton
Phillip Novotny	Breast/IM	Jr.	5-11	Fairfield, Conn./Fairfield Warde
Andrew Reid	Mid Free/IM/Fly	So.	5-11	Ipswich, Mass./Ipswich
Brad Reitz	Mid Free/Fly	Jr.	6-2	Ellicott City, Md./Howard
Nour Saad	Sprint Free/Back	So.	6-0	Columbia, Md./Oakland Mills
Nate Savage	Distance Free	Fr.	5-11	Platte City, Mo./Platte County R-III
Eric Surkovich	Fly/Free	Fr.	6-3	Ellicott City, Md./Wilde Lake
Zach Vonder Haar	Sprint Free/Fly/Back	Sr.	5-9	Gahanna, Ohio/Columbus Academy
Dan Weston-Dawkes	Mid Free/IM	Jr.	5-9	Ellicott City, Md./Wilde Lake
Ben Wolbert	Fly/Mid Free	So.	5-11	Finksburg, Md./Westminster

## WOMEN'S ROSTER

Name	Pos.	Yr.	Ht.	Hometown/High School/Previous School
Elise Blaschke	Breast/Free/IM	Fr.	5-7	Sewell, N.J./Bishop Eustace Prep
Julia Cantwell	Back/IM/Mid Free	Jr.	5-5	Sinking Spring, Pa./Wilson
Tina Cantwell	Breast/IM	Sr.	5-4	Sinking Spring, Pa./The Hill School
Kate Chialastri	Fly/IM	Sr.	5-7	Flourtown, Pa./Plymouth Whitmarsh
Danielle Cruz	Sprint/Mid Free	Jr.	5-3	Catonsville, Md./Western Tech
Jennifer Eposito	Fly/Mid Free	Sr.	5-7	Lindenhurst, N.Y./Lindenhurst/C.W. Post
Amy Fay	Mid/Distance Free	Fr.	5-7	Haverhill, Mass./Haverhill
Kelsey Fitzpatrick	Back	So.	5-2	Delran, N.J./Delran
Rebecca Godwin	Distance Free/IM	Jr.	5-8	Catonsville, Md./Notre Dame Prep
Brittany Johnson	Breast/IM/Mid Free	Sr.	5-5	Ponte Vedra, Fla./Bolles School
Gabby Johnston	Sprint Free/Fly/Breast	Jr.	5-7	Windsor, Conn./Loomis Chafee School
Tereza Kaplanova	IM/Breast/Back	Sr.	5-5	Prague, Czech Rep./Gymnazium J.G. Jarkovskeho
Renice Kenny	Breast/Free/IM	Fr.	5-6	Brownsburg, Ind./Covenant Christian
Pink Kinanti	Distance Free/Fly	So.	5-2	Jakarta, Indonesia/The Bolles School
Jennifer Kotonias	IM/Fly/Free/Back	Fr.	5-2	Burtonsville, Md./Academy of Holy Cross
Sam Maccherola	Mid/Distance Free	Sr.	5-11	Woolford, Md./South Carroll/Tennessee
Abbey McKenney	Sprint Free/Back	So.	5-8	Wilmington, Del./Brandywine
Jacquelyn Menchaca	Diving	Fr.	5-4	McAllen, Texas/Nikki Rowe
Ashley Miller	Sprint/Mid Free	So.	5-9	New Smyrna Beach, Fla./New Smyrna Beach
Victoria Monetta	Diving	Fr.	5-5	Lawrenceville, Ga./Central Gwinnett
Kathryn Moorby	Fly/Sprint Free/Back	So.	5-2	Cape May, N.J./Lower Cape May Regional
Tara Morrissette	IM	Fr.	5-2	Somersworth, N.H./Saint Thomas Aquinas
Anaa Plunkett	Fly/Free	Fr.	5-8	Orchard Park, N.Y./Nardin Academy
Kathryn Powlen	Mid Free	Fr.	5-6	Southborough, Mass./Algonquin Regional
Laura Rogers	Back/Breast	So.	5-5	Catonsville, Md./Catonsville
Sarah Ryan	Fly/Mid Free	Jr.	5-8	Rockville Centre, N.Y./Oceanside
Lindsay Sherman	Fly/Mid Free	Sr.	5-6	Bethany, Conn./Amity
Amanda Shinholser	Diving	Jr.	5-4	Burtonsville, Md./Springbrook
Ashley Sippel	Sprint Free/Back	So.	5-5	Rockville, Md./Thomas Wootton
Carson Taylor	Diving	Fr.	5-3	Owensboro, Ky./Owensboro
Laura Tilman	Back/Mid Free	So.	5-6	Miami Springs, Fla./Ransom Everglades
Erin Wohlers	Sprint Free	Jr.	5-6	Baldwinsville, N.Y./Charles W. Baker

## TEAM BREAKDOWN

<b>Head Coach:</b>	Chad Cradock
<b>Diving Coach:</b>	Petar Trifonov
<b>Assistant Coach:</b>	Chris Gibeau
<b>Assistant Coach:</b>	Rob Franc
<b>Men's Captains:</b>	Keilan Freeman, Eric Jones
<b>Women's Captains:</b>	Kate Chialastri, Brittany Johnson, Tereza Kaplanova

## PRONUNCIATION GUIDE

<b>Elise Blaschke:</b>	blash-KAY
<b>Kate Chialastri:</b>	key-LAHS-tree
<b>Tim Deklau:</b>	DECK-la
<b>Keilan Freeman:</b>	KAY-lin
<b>Mark Garbowski:</b>	Gar-BAU-ski
<b>Chris Gibeau:</b>	ji-BOE
<b>Tereza Kaplanova:</b>	te-RE-za KAP-la-no-VA
<b>Sam Maccherola:</b>	MACK-a-ROLL-a
<b>Brad Reitz:</b>	Reetz
<b>Nour Saad:</b>	Nor Sahd
<b>Amanda Shinholser:</b>	SHIN-hole-zer
<b>Eric Surkovich:</b>	sur-KO-vich

## BY STATE/COUNTRY

<b>Connecticut:</b>	3
<b>Delaware:</b>	1
<b>Florida:</b>	4
<b>Georgia:</b>	1
<b>Indiana:</b>	1
<b>Kentucky:</b>	1
<b>Maryland:</b>	19
<b>Massachusetts:</b>	5
<b>Missouri:</b>	1
<b>New Hampshire:</b>	1
<b>New Jersey:</b>	8
<b>New York:</b>	4
<b>Ohio:</b>	1
<b>Pennsylvania:</b>	7
<b>Texas:</b>	2
<b>Canada:</b>	3
<b>Czech Republic:</b>	1
<b>Estonia:</b>	1
<b>Indonesia:</b>	1

# SWIMMING AND DIVING RETRIEVERS



## FRED DEAL

**6-0 • SENIOR • SPRINT/MID FREE**  
**RICHBORO, PA. • COUNCIL ROCK**

**2008-09:** Placed 10th in the 100-yard freestyle and 14th in the 50 free at the Patriot Invitational... Finished second in both the 50 and 100 free events against Marist... Swam career-best times in the 50 free (21.32), 100 free (46.72) and 200 free (1:44.06) at the America East Championships.

**2007-08:** Finished sixth in the 50-yard freestyle, ninth in the 100 free and 18th in the 200 free at the America East Championships... Part of the winning 400 free, second-place 200 and 800 free and fourth-place 200 medley relays at the GMU Patriot Invitational... Also finished fifth in the 100 free, ninth in the 50 free and 14th in the 200 free at the same meet... Swam career-best times in the 100 free (46.95), 200 free (1:45.99) and 100 fly (56.23) at the Patriot Invite and in the 50 free (21.52) at the America East Championships... Named team Most Improved Athlete at UMBC's varsity awards banquet.

**2006-07:** Finished fifth in the 100 and 200 freestyle and was part of the fourth-place 400 free and medley relays in his first collegiate meet against Rider... Won the 100 free against Marist... Swam season bests in the 50 free (21.99), 100 free (48.14) and 200 free (1:48.20) at the America East Championships.

**Background:** Member of the National Honor Society and National Spanish Honor Society in high school... Also recipient of Presidential Scholarship as a freshman and sophomore... A three-time First Team All Catholic selection... Qualified for the Speedo Champions Series for three years... Also qualified for the Pennsylvania Interscholastic Athletic Association Class AAA State Championships his junior and senior year... Named his team's Rookie of the Year in ninth grade and MVP in 10th grade... Led his team to an undefeated 10-0 season as a senior.

**Personal:** Chose UMBC because of its academic reputation and personable team... Son of Frederick and Jennifer Deal... Father played football for Kutztown University... Has a younger brother, Stephen, and younger sister, Alexis... Born Aug. 26, 1988... Majoring in civil engineering.

### DEAL'S BEST TIMES

Event	2008-09 Best	Meet	UMBC Best
50 Free	21.32	America East Championships	21.32
100 Free	46.72	America East Championships	46.72
200 Free	1:44.06	America East Championships	1:44.06



## MATT MATTINGLY

**5-8 • SENIOR • BREAST/FLY/IM**  
**CHERRY HILL, N.J. • CHERRY HILL WEST**

**2008-09:** Captured silver in the 200-yard individual medley, bronze in the 100-yard breaststroke and eighth place in the 100-yard butterfly at the America East Championships... Part of the 200 and 400 medley relay teams that earned silver at the conference meet... Placed second in the 200 IM and fourth in the 100 fly at the Patriot Invitational... Claimed four victories in the 100 breast during the dual meet season... Swam career-best times in the 100 breast (56.96), 100 fly (49.49) and 200 IM (1:50.32) at the America East Championships, which rank fourth, fourth and second all-time at UMBC, respectively.

**2007-08:** Was part of the gold medal-winning 400-yard freestyle relay (3:04.78) which set a new University of Maine Wallace Pool record at the America East Championships... Earned silver in the 200 individual medley, bronze in the 100 but-

terfly, finished fifth in the 100 breaststroke and was part of the silver medal-winning 200 free relay at the America East Championships... Finished second in the 200 IM, third in the 100 free and 100 fly and fifth in the 100 breast at the GMU Patriot Invitational... Won the 200 and 400 free and 200 medley relays and the fourth-place 400 medley relay at the Patriot Invitational... Won the 50 free against Towson and the 200 IM against Rider and was part of the winning 400 free relay at four meets, 200 medley at two meets, and 400 medley at one meet during the season... Held UMBC's fastest time of the season in the 200 IM (1:51.63), which was also a career-best and ranks fourth on the all-time top ten list... Swam season-best times in the 50 free (21.54), 100 fly (50.70), 200 IM (1:51.63), and 100 breast (58.95) at the America East Championships and in the 100 free (46.83) at the Patriot Invite... Named to the America East All-Academic Team.

**2006-07:** Earned bronze in the 200 individual medley and silver as part of the 200 and 400 freestyle and 200 and 400 medley relays at the America East Championships... Also finished fourth in the 100 free and fifth in the 100 butterfly at the same meet... Was part of the Patriot Invitational champion 400 free, second place 200 free, third-place 800 free and sixth-place 200 medley relays... Finished second in the 100 fly, third in the 200 IM, seventh in the 100 free and 12th in the 50 free at the same meet... Was part of the winning 400 free relay at four dual meets during the season and the won the 50 free against Colgate and the 100 fly against Marist... Swam UMBC's fastest 200 IM (1:53.88), second-fastest 100 free (46.81) and 100 fly (50.61) and third-fastest 50 free (21.37) times of the season... 100 fly time ranks sixth on the all-time top 10 list... Named to the America East Honor Roll.

**Background:** Named to All-South Jersey First Team in 2005 and 2006... Also named to All-Conference First Team all four years in high school... Placed sixth in the 100-fly at the state meet in 2006 and sixth in the 50-free in 2005... Led his team to a second-place finish at the state meet in 2006... Named team co-MVP as a junior and Unsung Hero as a senior... Captained his team as a junior and senior.

**Personal:** Son of David and Julie Mattingly... Has two younger brothers, Bryan and Jason, who swims for UMBC... Born Feb. 18, 1988... Majoring in financial economics.

### MATTINGLY'S BEST TIMES

Event	2008-09 Best	Meet	UMBC Best
100 Breast	56.96	America East Championships	56.96
100 Fly	49.49	America East Championships	49.49
200 IM	1:50.32	America East Championships	1:50.32



## ZACH VONDER HAAR

**5-9 • SENIOR • SPRINT FREE/FLY**  
**GAHANNA, OHIO • COLUMBUS ACADEMY**

**2008-09:** Finished fifth in the 100-yard backstroke and sixth in the 100-yard butterfly at the America East Championships... Part of the silver medal-winning 200 and 400-yard medley relay teams at the conference meet... Placed fifth in the 50-yard freestyle and 100 fly and seventh in the 100 free at the Patriot Invitational... Swam career-best times in the 50 free (21.26), 100 back (51.20) and 100 fly (49.67) at the America East Championships... The 100 fly and 100 back times are sixth and seventh on UMBC's all-time Top 10 list, respectively... Named to the America East All-Academic Team... Recognized on the America East Commissioner's Honor Roll.

**2007-08:** Was part of the gold-medal winning 400-yard freestyle relay (3:04.78) which set a new University of Maine Wallace Pool record, finished fourth in the 50-yard freestyle, seventh in the 100 butterfly, ninth in the 100 free and was part of the silver medal 200 free and 200 medley relays at the America East Championships... Finished fifth in the 50 free, seventh in the 100 fly, ninth in the 100 free, 19th in the 100 backstroke and was part of the winning 200 free, second place 400 free and fourth place 200 medley relays at the Patriot Invitational... Highest finishes of the year came against ECU, Rider and Navy, where he placed second in the 50 free... Was also part of the winning 200 medley relay at two meets, and the

200 and 400 free relays at one meet each during the season... Swam career-best times in the 50 free (21.38), 100 free (47.00) and 100 fly (51.57) at the America East Championships and in the 100 back (55.12) at the Patriot Invite... Named to the America East All-Academic Team.

**2006-07:** Finished eighth in the 100 freestyle and 100 butterfly and 15th in the 50 free at the America East Championships... Was also part of the second place 200 free, fourth place 400 medley and 400 free, and sixth place 200 medley relays at the Patriot Invite... Finished 11th in the 50 free, 15th in the 100 fly, and 20th in the 100 free at the same meet... Highest individual finish of the year came against Marist where he finished second in the 50 free with a season-best time of 21.68... Was also part of the winning 400 medley relay at two dual meets, the 200 medley relay at three dual meets, and the 400 free relay at one dual meet... Swam season bests in the 50 free (21.68), 100 free (47.57), and 100 fly (51.95)... 50 free and 100 fly times were the fourth-fastest and 100 free time was the fifth-fastest times on the team... Named to the America East Honor Roll.

**Background:** Received All-America honors in the 200 medley relay... Named All-Ohio in the 50 and 100 freestyle... Placed fourth at the state meet in the medley relay and eighth in the 50 free... Also lettered in track and field in high school.

**Personal:** Son of Mark Vonder Haar and Laurie Kopec... Father ran track at Case Western... Has an older brother, Graham, and younger brother, Nathan... Born June 4, 1988... Majoring in chemical engineering.

## VONDER HAAR'S BEST TIMES

Event	2008-09 Best	Meet	UMBC Best
50 Free	21.26	America East Championships	21.26
100 Back	51.20	America East Championships	51.20
100 Fly	49.67	America East Championships	49.67



## MAT CARSON

**5-10 • JUNIOR • DISTANCE FREE/IM/BACK**  
TORONTO, ONTARIO • SILVERTHORN COLLEGE INST.

**2008-09:** Claimed bronze in the 1,650-yard freestyle, fourth in the 400-yard individual medley and fifth in the 500 free at the America East Championships... Finished fourth in the 400 IM and seventh in the 200 IM in the Patriot Invitational... Won the 400 IM once during the dual meet season... Held UMBC's fastest times in the 1,650 free (15:55.89) and the 400 IM (3:59.00)... His 400 IM time ranks third all-time at UMBC and his 1,650 free is fifth... Named to the America East Honor Roll.

**2007-08:** Claimed silver in the 400-yard individual medley and was fourth in the 1,650 freestyle and 200 IM at the America East Championships... Also won the 400 IM and was third in the 200 backstroke, fifth in the 1,650 free, and sixth in the 500 free at the GMU Patriot Invitational... Won the 1,000 free at three meets during the dual meet season and was first in the 400 IM twice, 200 IM once and 100 IM once... Held UMBC's fastest times in the 100 (55.60) and 400 IM (4:00.90)... Competed in the 2008 Canadian National Swimming Trials for a spot on the Canadian Olympic Team.

**Background:** A Provincial champion in 2004 and a Canadian Olympic Trials qualifier... Recorded a personal best in every event he swam in the Eastern Canadian Championships in 2006... His club team claimed the age group national championship in 2007... Competed at the 2006 Pan-Pacific Trials, where he finished tenth in the 1,500-meter freestyle... Also earned the award for sportsmanship and leadership during the 2005-06 season.

## CARSON'S BEST TIMES

Event	2008-09 Best	Meet	UMBC Best
500 Free	4:35.09	America East Championships	4:35.09
1,650 Free	15:55.89	America East Championships	15:55.89
400 IM	3:59.00	America East Championships	3:59.00

**Personal:** One of two children to David and Alison Carson... Has a sister, Gemma (22)... Majoring in financial economics... Born April 12, 1989.



## KREGG DEERY

**5-10 • JUNIOR • BREAST/IM**  
ORMOND BEACH, FLA. • SPRUCE CREEK

**2008-09:** Finished eighth in both the 100- and 200-yard breaststroke events and 10th in the 200 IM at the America East Championships... Earned silver in the 200 breast and was fourth in the 100 breast at the Patriot Invitational... Swam career-best times in the 100 breast (59.06) at the Patriot Invite and 200 breast (2:08.62) and 200 IM (1:54.79) at the America East Championships.

**2007-08:** Finished 10th in the 100-yard breaststroke and 36th in the 200 breast and 100 free at the GMU Patriot Invitational... Highest finish of the year came against Bucknell, where he finished third in the 200 breast in his first collegiate meet... Also finished fifth in the 50 and 100 breast at the same meet... Swam season-best times in the 100 breast (59.51), 200 breast (2:09.90) and 200 IM (1:57.24) at the America East Championships, and in the 50 (22.73) and 100 (50.38) freestyles at the Patriot Invite.

**Background:** A three-time conference champion for Spruce Creek High School... Also won district titles his junior and senior years... Named First-Team All-County from 2004-2006 and Second-Team in 2003... Also named to the All-Conference team in 2005 and 2006 and named Second-Team All-Central Florida in 2006... Swam on the Daytona Beach Speed club team with Olympic gold medal-winner Ryan Lochte... Lettered in basketball for the Hawks and led his team in three-point field goal percentage... Member of the debate club.

**Personal:** One of three children to Tom and Jana Deery... Brother, Kyle (23) swam for Florida, and sister, Kelsey (27), swam for Colorado State... Majoring in media and communications studies and aspires to be a sportscaster... Born Oct. 9, 1988.

## DEERY'S BEST TIMES

Event	2008-09 Best	Meet	UMBC Best
100 Breast	59.06	Patriot Invitational	59.06
200 Breast	2:08.62	America East Championships	2:08.62
200 IM	1:54.79	America East Championships	1:54.79



## MITCHELL DONOVAN

**5-7 • JUNIOR • SPRINT/MID FREE**  
ELLICOTT CITY, MD. • CENTENNIAL

**2008-09:** Swam career-best times in the 50-yard freestyle (22.15), the 100-yard butterfly (51.96) and the 200 fly (1:56.41) at the America East Championships... Named to the America East Commissioner's Honor Roll.

**2007-08:** Finished 31st in the 100-yard butterfly, 33rd in the 100 freestyle, 34th in the 200 free and tied for 38th in the 50 free at the GMU Patriot Invitational... Highest finish of the season came against Bucknell and Towson, where he finished fifth in the 200 free... Was part of the fourth-place 400 free relay against Rider in his first officially scored dual meet... Swam season best times in the 50 (22.45), 100 (49.08) and 200 freestyles (1:46.27) at the America East Championships.

**Background:** A letterwinner for Centennial High School in Ellicott City, Md.... Also swam for UMBC head coach Chad Cradock and assistant coach Chris Gibeau on the Retriever Aquatic Club... Named Most Improved for the Retriever Aquatic Club for

# SWIMMING AND DIVING RETRIEVERS

the 15-16 age group... Also played soccer in high school... Member of the Honor Roll and National Honor Society.

**Personal:** One of two sons to Mitchell and Janet Donovan... Has a younger brother Preston, 18, who is a freshman swimmer at UMBC... Majoring in environmental science and visual arts... Born Sept. 7, 1989.

## DONOVAN'S BEST TIMES

Event	2008-09 Best	Meet	UMBC Best
50 Free	22.15	America East Championships	22.15
100 Fly	51.96	America East Championships	51.96
200 Fly	1:56.41	America East Championships	1:56.41



## KEILAN FREEMAN

**5-11 • JUNIOR • IM/BACK/MID FREE  
CALGARY, ALBERTA, CANADA • ARGYLL CENTRE**

**2008-09:** Part of the 800-yard freestyle relay team that set school, America East Championship and Boston University Aquatic and Fitness Center pool record (6:39.18)... Also finished sixth in the 200 free and 200 back at the conference meet... Part of the gold medal-winning 200 free relay team at the Patriot Invitational... Also placed sixth in the 50 free, 200 free and 200 back at the Patriot Invite... Swam career-best times in the 200 free (1:41.40) and 200 back (1:51.57) at the America East Championships... Earned America East All-Academic honors... Named to the America East Commissioner's Honor Roll.

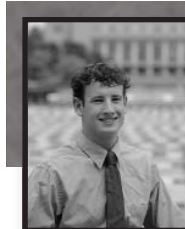
**2007-08:** Part of the school, America East Championship and University of Maine Wallace Pool record-setting 800-yard freestyle relay (6:42.44)... Also finished sixth in the 200 free, seventh in the 400 individual medley and eighth in the 200 backstroke at the conference meet... Claimed fourth place in the 400 IM, seventh in the 200 back, eighth in the 200 free and 13th in the 500 free at the GMU Patriot Invitational and was also part of the second-place 200, 400 and 800 free relays at the same meet... Swam season-best times in the 200 back (1:54.09), 50 free (21.87), 200 free (1:43.47) and 500 free (4:43.77) at the Patriot Invite and in the 400 IM (4:09.66) at the America East Championships.

**Background:** Won five gold, two silver and two bronze medals in the Manitoba and Saskatchewan Provincials... Won the 200 backstroke at the 2006 Western Canadian Championships... Also combined for 10 gold medals (six individual, four relay) at the 2004 Alberta Provincial Championships... Part of the 2005 Club National champion team ... Named the Most Improved Male Swimmer for his club team from 2004-2007... Won the Pepsi Award in 2006 and the Rutherford Scholarship in 2007.

**Personal:** One of two children to Larry and Annelise Freeman... Has a younger brother, Spencer (16)... Majoring in mechanical engineering... Born Feb. 4, 1990.

## FREEMAN'S BEST TIMES

Event	2008-09 Best	Meet	UMBC Best
200 Free	1:41.40	America East Championships	1:41.40
100 Back	1:51.57	America East Championships	1:51.57
400 IM	4:13.17	Patriot Invitational	4:09.66



## DANNY GRAY

**6-0 • JUNIOR • MID/DISTANCE FREE  
NEW MARKET, MD. • LINGANORE**

**2008-09:** Placed fourth in the 1,000-yard freestyle against William and Mary... Swam career-best times in the 200 free (1:46.56), 500 free (4:44.47) and 1,650 free (16:29.93) at the America East Championships... Named to the America East Honor Roll.

**2007-08:** Finished 32nd in the 200-yard freestyle, 34th in the 500 free, 38th in the 100 free and tied for 58th in the 50 free at the GMU Patriot Invitational... Highest finish of the year came against Towson and Marist where he was fourth in the 500 free... Was part of the fourth-place 400 free relay in his first officially scored dual meet against Rider... Swam season-best times in the 100 free (50.44), 200 free (1:49.51) and 500 free (4:52.74) at the America East Championships.

**Background:** A letterwinner for Linganore High School in Frederick, Md.... Received Frederick News First-Team All-County honors from 2005-2007... Also named to the Frederick Area Swim Team Hall of Fame in 2007... Member of the National Honor Society... Received the Linganore Chemistry Department award.

**Personal:** One of three children to Mark and Ann Gray... Has a sister, Becky, and brother, Willy... Majoring in chemical engineering... Born Sept. 22, 1989.

## GRAY'S BEST TIMES

Event	2008-09 Best	Meet	UMBC Best
200 Free	1:46.56	America East Championships	1:46.56
500 Free	4:44.47	America East Championships	4:44.47
1,650 Free	16:29.93	America East Championships	16:29.93



## GREG GUSEMAN

**5-9 • JUNIOR • DIVING  
UNIONTOWN, PA. • LAUREL HIGHLANDS**

**2008-09:** Finished 10th in the 3-meter and 11th in the 1-meter at the America East Championships... Recorded a career-best mark of 190.80 in the 1-meter at the Patriot Invitational and 185.20 in the 3-meter at the America East Championships.

**2007-08:** Finished 14th in the 3-meter and 17th in the 1-meter at the GMU Patriot Invitational... Highest finish of the year came against Maryland, where he placed fifth in the 3-meter... Recorded his best mark of 185.85 in the 1-meter at the America East Championships and 170.78 in the 3-meter against East Carolina.

**Background:** Attended Laurel Highlands High School in Uniontown, Pa., where he was part of an undefeated (20-0) swimming and diving team... Qualified for the Western Pennsylvania Interscholastic Athletic League (WPIAL) championships for diving in the 2006-07 season and for swimming for the 04-05, 05-06, and 06-07 seasons... Also lettered in cross country and swimming.

**Personal:** One of two sons to Kimmon and Tammy Guseman... Has an older brother, Matt (24)... Majoring in economics... Born July 13, 1989.

## GUSEMAN'S BEST MARKS

Event	2008-09 Best	Meet	UMBC Best
1-Meter	190.80	Patriot Invitational	190.80
3-Meter	185.20	America East Championships	185.20



## ERIC JONES

**6-3 • JUNIOR • MID FREE/FLY**  
**GAMBRILLS, MD. • ARUNDEL**

**2008-09:** Part of the 800-yard freestyle relay team that set school, America East Championship and Boston University Aquatic and Fitness Center pool records (6:39.18)... Finished fourth in the 200-yard freestyle, seventh in the 50 free and eighth in the 100 free at the America East Championships... Claimed gold in the 50 free, silver in the 100 free and bronze in the 200 free at the Patriot Invitational... Swam career-best times in the 50 free (20.94) and 200 free (1:39.95) at the America East Championships and in the 100 free (46.00) at the Patriot Invitational... Earned four first-place finishes in the 50 free, three in the 100 free and one in the 200 free at dual meets... Named to the America East Commissioner's Honor Roll.

**2007-08:** Claimed bronze in the 200-yard freestyle and was fourth in the 200 butterfly and ninth in the 500 free at the America East Championships... Also finished sixth in the 200 fly, eighth in the 100 free, 10th in the 200 free, 12th in the 500 free, and second as part of the 400 and 800 free relays at the GMU Patriot Invitational... Won the 100 free against Marist and the 500 free against Maryland and was part of the winning 400 free relay against both Towson and Rider... Swam season-best times in the 200 fly (1:54.58), 200 free (1:41.25) and 500 free (4:40.30) at the America East Championships and in the 100 free (47.35) at the Patriot Invite.

**Background:** Grew up in Bloemfontain, South Africa.... Finaled at the 2007 winter sectionals meet.

**Personal:** One of three children to Roy and Liz Jones... Has a younger sister, Cherrees (19), and an older brother, Nathan (13)... Majoring in engineering... Born November 25, 1988.

### JONES'S BEST TIMES

Event	2008-09 Best	Meet	UMBC Best
50 Free	20.94	America East Championships	20.94
100 Free	46.00	Patriot Invitational	46.00
400 IM	1:39.95	America East Championships	1:39.95



## PHILLIP NOVOTNY

**5-11 • JUNIOR • BREAST/IM**  
**FAIRFIELD, CONN. • FAIRFIELD WARDE**

**2008-09:** Placed fifth in the 200-yard breaststroke and 13th in the 100 breast at the Patriot Invitational... Earned a first-place finish in the 50 breast and two second-place finishes in the 100 and 200 breast in the season opener against Bucknell... Swam career-best times in the 100 breast (59.07), 200 breast (2:08.63) and 200 individual medley (1:57.73) at the America East Championships... Named to the America East Commissioner's Honor Roll.

**2007-08:** Finished sixth in the 100- and 200-yard breaststrokes, 23rd in the 200 individual medley, 22nd in the 400 IM and fourth as part of the 200 and 400 medley relays at the GMU Patriot Invitational... Highest finishes of the year came against Bucknell where he placed second in the 100 and 200 breaststrokes and was part of the second-place 400 medley relay in his first collegiate meet... Swam season-best times in the 100 breast (59.77), 200 breast (2:10.21) and 200 IM (2:01.54) at the America East Championships and in the 400 IM (4:22.92) at the Patriot Invite.

**Background:** Competed for the Mustangs of Fairfield Warde High School.... Placed 13th in the 200 breaststroke at the 2007 YMCA Nationals... Awarded the Andrew Sawyer Award and Bedford Outstanding Youth Award by the Westport Water Rats Swim Team... Named a 2005-2006 Connecticut Scholar Athlete, and Fairfield Warde H.S. Outstanding Scholar Athlete... Earned Dean's List honors all four years of high school.

**Personal:** One of three children of Wolfgang and Kathy Novotny... Has a brother Stefan (24) and sister Lea (14)... Majoring in engineering... Born January 15, 1989.

### NOVOTNY'S BEST TIMES

Event	2008-09 Best	Meet	UMBC Best
100 Breast	59.07	America East Championships	59.07
200 Breast	2:08.63	America East Championships	2:08.63
200 IM	1:57.73	America East Championships	1:57.73



## BRAD REITZ

**6-2 • JUNIOR • MID FREE/FLY/IM**  
**ELLCOTT CITY, MD. • HOWARD**

**2008-09:** Set new school records in the 200-yard butterfly (1:47.69) and 200-yard individual medley (1:48.67) on his way to winning gold in both events at the America East Championships... Claimed silver and swam the second-fastest time in school history in the 100 fly (48.59) at the conference meet... Finished first in seven events during the dual-meet season after missing the first four due to a shoulder injury... Named Most Improved Athlete at UMBC's varsity awards banquet in May.

**2007-08:** Named the Most Outstanding Male Rookie at the America East Championships after setting a new school, conference meet and University of Maine Wallace Pool record as part of the 800-yard freestyle relay (6:42.44)... Claimed gold in the 100 and 200 butterflies, silver as part of the 200 medley relay and bronze in the 200 individual medley and as part of the 400 medley relay at the America East Championships... Also won the 100 fly in a meet-record time of 49.70, won the 200 fly and 200 IM, placed second in the 200 free and was part of the winning 800 free, 200 medley and second-place 400 free and 400 medley relays at the GMU Patriot Invitational... Finished the dual and championship meet seasons undefeated in the 100 fly and won the 200 fly at seven dual meets during the season, losing in just one, against Navy... Held UMBC's fastest times of the season in the 100 fly (49.70) and 200 fly (1:51.25)... His 100 fly time ranks fourth in the all-time top 10, while his 200 fly is fifth and 200 IM (1:51.92) are fifth... Was named the America East Swimmer of the Week for the weeks ending Nov. 12 and Nov. 19.

**Background:** Swam for Howard High School in Ellicott City, Md... Member of the Retriever Aquatic Club under UMBC coaches Chad Cradock and Chris Gibeau... Part of the RAC team that won the Pittsburgh Invitational.

**Personal:** One of four children to Fred and Joanna Reitz... Has two brothers, Freddie (22) and Todd (17), and one sister, Chelsea (19)... Freddie swam for UMBC from 2005-09... Majoring in engineering... Born June 2, 1989.

### REITZ'S BEST TIMES

Event	2008-09 Best	Meet	UMBC Best
100 Fly	48.59	America East Championships	48.59
200 Fly	1:47.69*	America East Championships	1:47.69*
200 IM	1:48.67*	America East Championships	1:48.67*

\*- UMBC Record

# SWIMMING AND DIVING RETRIEVERS



## DAN WESTON-DAWKES

**5-9 • JUNIOR • MID FREE/BREAST/IM**  
ELLCOTT CITY, MD. • WILDE LAKE

**2008-09:** Finished fifth in the 200- and 400-yard individual medleys and sixth in the 200-yard breaststroke at the America East Championships... Swam career-best times in the 200 breast (2:05.83), 200 IM (1:52.35) and 400 IM (4:01.17) at the conference meet, which are eighth, seventh and seventh respectively, on UMBC's top-10 list... Named to the America East Commissioner's Honor Roll.

**2007-08:** Finished 12th in the 200-yard breaststroke, 13th in the 200 individual medley, 15th in the 400 IM and 17th in the 200 butterfly at the GMU Patriot Invitational... Highest finish of the year came against Marist, where he was second in the 200 breast and third in the 1,000 freestyle... Swam season-best times in the 200 IM (1:55.41), 400 IM (4:07.67) and 200 fly (1:57.32) at the America East Championships and in the 200 breast (2:14.53) at the Patriot Invite.

**Background:** A letterwinner at Wilde Lake High School in Columbia, Md., and member of the Retriever Aquatic Club under UMBC coaches Chad Cradock and Chris Gibeau... Earned the high point award for the 2007 Howard County Championships... Finished third in the 200 individual medley at the 2007 Spring Speedo Championship Series... Named a High School Academic All-American... Also a member of the National Honor Society and an honor roll student.

**Personal:** One of two children to Jonathon and Sharon Weston-Dawkes... Has a younger sister, Victoria (15)... Majoring in computer science... Born May 4, 1989.

### WESTON-DAWKES' BEST TIMES

Event	2008-09 Best	Meet	UMBC Best
200 Breast	2:05.83	America East Championships	2:05.83
200 IM	1:52.35	America East Championships	1:52.35
400 IM	4:01.17	America East Championships	4:01.17



## EVAN DANZ

**6-0 • SOPHOMORE • SPRINT FREE/FLY**  
WOODSTOCK, MD. • LOYOLA BLAKEFIELD

**2008-09:** Finished seventh in the 200-yard freestyle at the Patriot Invitational... Placed third in the 100-free against Marist... Set season-best times in the 50 free (21.42), 100 free (47.65) and 200 free (1:43.29) at the America East Championships.

**Background:** Finished first at National Catholic Championships in the 50 free and 200 medley relay... Finished second in 100 fly at the 2008 National Catholic Championships... Helped Loyola Blakefield to its 15th consecutive MIAA championship... Also lettered in water polo and was team captain his senior year.

**Personal:** Son of Debbie and Roy Danz... Majoring in engineering... Born May 10, 1990.

### DANZ'S BEST TIMES

Event	2008-09 Best	Meet
50 Free	21.42	America East Championships
100 Free	47.65	America East Championships
200 Free	1:43.29	America East Championships



## TIM DEKLAU

**6-2 • SOPHOMORE • MID FREE**  
GAMBRILLS, MD. • ARUNDEL

**2008-09:** Finished 14th in the 500-yard freestyle and 15th in the 200 free at the Patriot Invitational... Placed fourth in the 500 free against Marist... Swam season-best times in the 100 free (48.12), 200 free (1:42.63) and 500 free (4:40.46) at the America East Championships.

**Background:** Recorded a Maryland state record in the 200 individual medley with a time of 2:00.58... Named to the All-Anne Arundel County swim team in 2008 by the *Capital Gazette*.

**Personal:** Son of Ellen and Erik Deklau... Has a younger sister, Lisa (16)... Majoring in mechanical engineering... Born Jan.10, 1990.

### DEKLAU'S BEST TIMES

Event	2008-09 Best	Meet
100 Free	48.12	America East Championships
200 Free	1:42.63	America East Championships
500 Free	4:40.46	America East Championships



## MARK GARBOWSKI

**6-0 • SOPHOMORE • MID FREE**  
CHERRY HILL, N.J. • CHERRY HILL WEST

**2008-09:** Finished seventh in the 500-yard freestyle and eighth in the 200 free at the Patriot Invitational... Placed third in the 200 free against William and Mary... Swam season-best times in the 100 free (47.73), 200 free (1:42.47) and 500 free (4:33.87) at the America East Championships... His 500 free time ranks 10th all-time at UMBC.

**Background:** Swam at Cherry Hill West High School and was named to All-South Jersey Swim Third Team in 2006, 2007 and 2008 for the 200 freestyle... Named John Bohnanna "Most Courageous Award" recipient in 2007 by the South Jersey Interscholastic Association... Member of the New Jersey state record-holding 200 freestyle relay team in 2008... Voted Best Newcomer at Cherry Hill West for the 2004-05 season... Helped Cherry Hill West to state championship in 2007.

**Personal:** Son of Susan and Dennis Garbowski... Has an older brother, Steven (21)... Majoring in financial economics... Feb. 15, 1990.

### GARBOWSKI'S BEST TIMES

Event	2008-09 Best	Meet
100 Free	47.73	America East Championships
200 Free	1:42.47	America East Championships
500 Free	4:33.87	America East Championships



## JASON MATTINGLY

**6-1 • SOPHOMORE • FREE/BREAST/IM**  
CHERRY HILL, N.J. • CHERRY HILL WEST

**2008-09:** Finished fourth in the 100-yard backstroke, sixth in the 50-yard freestyle and seventh in the 100 free at the America East Championships... Part of the 200 and 400 free relay teams that claimed silver at the conference meet... Earned silver in the 100 free and bronze in the 50 free and placed fifth in the 100-yard breaststroke at the Patriot Invitational... Swam season-best times in the 50 free (20.91) and 100 free (45.48) at the America East Championships.

**Background:** Earned All-America first-team status in the 100 free and All-American second team in the 50 free in 2008... Was New Jersey state champion in the 50 free, 100 free and 200 free relay in 2008... In 2007, earned All-Conference first team in the 100 free... Garnered All-Conference second team for the 50 free in 2006... Helped Cherry Hill West win the state title in 2007, while finishing second in 2006 and 2008.

**Personal:** Son of Julie and David Mattingly... Has two brothers, Matt (21) and Bryan (13)... Matt is a senior swimmer for UMBC... Majoring in economics and hopes to one day own and cook in a restaurant.

### MATTINGLY'S BEST TIMES

Event	2008-09 Best	Meet
50 Free	20.91	America East Championships
100 Free	46.00	America East Championships



## JOHN MENDENHALL

**6-0 • SOPHOMORE • BREAST/IM**  
CHERRY HILL, N.J. • CHERRY HILL EAST

**2008-09:** Earned silver in the 200-yard breaststroke and placed sixth in the 100 breast and seventh in the 400-yard individual medley at the America East Championships... Won the gold in the 200 breast and silver in the 100 breast at the Patriot Invitational... Placed first 10 times during the season including eight times in the 200 breast and twice in the 100 breast... Swam season-best times in the 100 breast (58.07), 200 breast (2:03.49) and 400 IM (4:05.76) at the America East Championships... The 100 and 200 breast times rank seventh and third, respectively on UMBC's all-time list... Named to the America East Honor Roll.

**Background:** Selected to the All-South Jersey second team in 2008 and third team in 2007... Named to the All-Conference first team in 2007 and 2008 and to the second team in 2006... Garnered Most Valuable Swimmer for his class all four years of high school... Elected senior captain for Cherry Hill East for the 2007-08 season.

**Personal:** Son of Mary and John Mendenhall... Has two siblings, Casey and Kristina... Majoring in biology with a career ambition of being a physical therapist... Born Feb. 23, 1990.

### MENDENHALL'S BEST TIMES

Event	2008-09 Best	Meet
100 Breast	58.07	America East Championships
200 Breast	2:03.49	America East Championships
400 IM	4:05.76	America East Championships



## ANDREW REID

**5-11 • SOPHOMORE • MID FREE/IM/FLY**  
IPSWICH, MASS. • IPSWICH

**2008-09:** Placed eighth in the 200-yard butterfly and 16th in the 200-yard freestyle and 400-yard individual medley at the Patriot Invitational... Highest finish was third in the 500 free against Rider and in the 1,000 free against Bucknell... Swam season-best times in the 200 free (1:45.06), 500 free (4:45.49), 200 fly (1:56.90) and 400 IM (4:14.62) at the Patriot Invitational.

**Background:** A 26-time YMCA National All-American swimmer... Named Cape Ann League MVP in 2008... Named MVP of the Ipswich High School swim team in 2007 and 2008... Earned North Shore Student-Athlete of the Month in February 2008... Had his best meet at the 2008 YMCA National Swimming and Diving Championships, where he swam his best times in five individual events and four relays.

**Personal:** Son of Jean and Alvin Reid... Has one sister, Julia (18)... Majoring in mechanical engineering.

### REID'S BEST TIMES

Event	2008-09 Best	Meet
200 Free	1:45.06	Patriot Invitational
500 Free	4:45.49	Patriot Invitational
200 Fly	1:56.90	Patriot Invitational



## NOUR SAAD

**6-0 • SOPHOMORE • BACK/IM**  
COLUMBIA, Md. • OAKLAND MILLS

**2008-09:** Claimed silver in the 200-yard backstroke and finished sixth in the 100 back and 11th in the 200-yard individual medley at the America East Championships... Placed fourth in the 200 back and fifth in the 100 back at the Patriot Invitational... Claimed five victories during the dual meet season... Swam season-best times in the 100 back (51.57), 200 back (1:49.61) and 200 IM (1:56.14) at the America East Championship... The 200 and 100 back times are third and tenth, respectively, on UMBC's all-time 10 list.

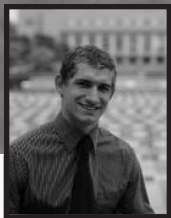
**Background:** Swam in the USA Swimming Sectionals in Ft. Lauderdale, Fla., for Columbia Aquatic Club in 2008... Finished first at the Howard County High School Championships in 2007 for the 200 free relay, 50 back, 100 back and 200 medley relay.

**Personal:** Son of Dr. Suzan Awad and Dr. Sherif Saad... Has three siblings, Ahmad, Yasmeen and Yousef... Majoring in computer engineering... Born Aug. 8, 1990.

### SAAD'S BEST TIMES

Event	2008-09 Best	Meet
100 Back	51.57	America East Championships
200 Back	1:49.61	America East Championships
200 IM	1:56.14	America East Championships

# SWIMMING AND DIVING RETRIEVERS



## BEN WOLBERT

**5-11 • SOPHOMORE • MID FREE/FLY  
FINKSBURG, Md. • WESTMINSTER**

**2008-09:** Finished fourth in the 200-yard butterfly, eighth in the 200-yard freestyle and ninth in the 100 fly at the America East Championships... Placed sixth in the 100 and 200 fly at the Patriot Invitational... Claimed a victory in the 100 fly in the season-opening meet against Bucknell... Swam season-best times in the 100 fly (50.56), 200 fly (1:52.38) and 200 free (1:42.69) at the America East Championships.

**Background:** Swam for Green Terror Aquatic Club in Westminster, Md.... Named to the Maryland All-State swim team in 2007 and 2008... A Junior National qualifier.

**Personal:** Son of Fran and Vicki Wolbert... Has an older sister, Grace... Majoring in chemistry and wants to be a dentist... Born Oct. 16, 1989.

### WOLBERT'S BEST TIMES

Event	2008-09 Best	Meet
100 Fly	50.56	America East Championships
200 Fly	1:52.38	America East Championships
200 Free	1:42.69	America East Championships



## RICO BADO

**5-10 • FRESHMAN • FREE/FLY  
GEORGETOWN, TEXAS • GEORGETOWN**

**Background:** Became an All-American in 2008 for the 100 fly... A state qualifier in the 100 fly and 200 medly relay in 2008... Qualified for Junior Nationals in the 100 and 200 fly.

**Personal:** Son of Jose and Yolanda Bado... Has two older sisters, Nicole Acosta (27) and Bosita (20)... Major is undecided but would like to become a marine biologist... Born July 26, 1990.



## PATRICK BRYAN

**6-0 • FRESHMAN • FREE/IM  
MARLTON, N.J. • CHEROKEE**

**Background:** Named Cherokee High School's MVP in 2009... Earned First-Team All-Conference honors in 2006-08... Recipient of the Matthew R. Weiner Award for Excellence in Effort in 2009.

**Personal:** Son of Todd and Rosemary Bryan... Has two older brothers, Josh (21) and Todd (20) and a younger sister, Julia (14)... Majoring in economics and history and hopes to pursue a career as a lawyer... Born Oct. 13, 1990.



## JOE CABAHUG

**5-7 • JUNIOR • DIVING  
GERMANTOWN, Md. • POOLESVILLE**

**Background:** A member of the Retriever Diving Club under UMBC diving coach Petar Trifonov.

**Personal:** Son of Laura Cabahug... Majoring in biology and anthropology... Born April 2, 1989.



## PRESTON DONOVAN

**6-0 • FRESHMAN • FREE/FLY  
ELLICOTT CITY, Md. • MT. HEBRON**

**Background:** Swam for Mt. Hebron in Ellicott City, Md.... Recorded sectionals qualifying times in the 100 fly, 200 fly, 50 free and 100 free.

**Personal:** Son of Mitchell and Janet Donovan... Has an older brother, Mitchell (20), who also swims for UMBC... Majoring in mathematics and statistics... Born April 19, 1991.



## ANDREW ECKHOFF

**6-0 • FRESHMAN • DIVING  
CHELMSFORD, MASS. • CHELMSFORD**

**Background:** Named Chelmsford High School's team MVP in 2009... Recipient of the Coaches' Award in 2007... Named Most Improved in both 2006 and 2008.

**Personal:** Son of David and Ellie Eckhoff... Has two younger brothers, Ethan (14) and Liam (11)... Majoring in Economics... Born May 28, 1991.



## STEVE GALLAGHER

**6-1 • FRESHMAN • SPRINT FREE/FLY/BREAST  
SINKING SPRING, Pa. • WILSON**

**Background:** A four-year All-Central Penn League member and a two-time All-American in the 100 breast... Named Berks County Male Swimmer of the Year in 2009... Won the Pennsylvania State Championship in the 100 breast in 2007.

**Personal:** Son of Joseph and Stacy Gallagher... Has an older brother, Christopher (21), who swam his freshman year in college... Majoring in music technology and hopes to pursue a career in the music recording industry... Born Nov. 28, 1990.



## SANDY HAIBEL

5-10 • FRESHMAN • FREE/IM  
ROCKVILLE, MD. • RICHARD MONTGOMERY

**Background:** Named an All-American in the 100 fly and 100 back by the National Interscholastic Swimming Coaches Association in 2008... Named Richard-Montgomery's team MVP Award three years in a row... Became Rockville-Montgomery Swim Club's team record holder in three events in 2009.

**Personal:** Son of George Haibel and Jennifer Rojko... Has an older sister, Elizabeth (22) and an older brother, Christopher (20)... Majoring in biology and pre-med... Born March 30, 1990.



## DYLAN KENT

6-5 • FRESHMAN • FREE/IM  
OAKVILLE, ONTARIO, CANADA • OAKVILLE TRAFALGAR

**Background:** Named Oakville Trafalgar High School's Male Most Valuable Swimmer in 2009... Was a National Team member in his age group with the Oakville Aquatics Club in 2007 and 2008.

**Personal:** Son of Rob and Joanne Kent... Has two younger sisters, Maisey (14) and Jillian (11)... His aunt Donna swam in the Olympics in 1984 and 1988... Majoring in financial economics and hopes to become a forensic accountant... Born July 11, 1991.



## HEROL MAJAK

6-2 • FRESHMAN • MID FREE/FLY  
HARJUMAA, ESTONIA • TALLINN SEC SCIENCE SCHOOL

**Background:** Became an Estonia national champion in 2009 in the 200 free... Placed third in his age group at the Nordic Junior Mesterkap.

**Personal:** Son of Kaido and Jana Ehasoo... Has a younger sister, Mia-Elise (6)... Major is undecided... Born Dec. 27, 1988.



## MIKE MCGEE

5-11 • FRESHMAN • MID FREE/IM  
CHALFONT, PA. • LA SALLE COLLEGE HS

**Background:** Earned All-American honors in the 200 IM in 2009... Was a member of the All-Catholic Team in 2006-09... A member of the Pennsylvania All-State Team in the 200 IM in 2009.

**Personal:** Son of Mike and Kim McGee... Has two younger brothers, Tyler (14) and

Nick (11) and a younger sister, Lauren (9)... Majoring in mechanical engineering and aspires to become an engineer... Born Dec. 14, 1990.



## ALEX MOOTHART

5-10 • FRESHMAN • FREE/FLY/BACK  
HOPKINTON, MASS. • HOPKINTON

**Background:** Finished fourth in the ,1500 free, sixth in the 400 free and was ranked seventh overall at the New England Long Course Age Group Championships in 2009... Ranked on the New England Swimming Short Course Yards Top-10 list in 2007-09.

**Personal:** Son of Leslie Moothart... Has two brothers, Ryan (21) and Tyler (15)... Major is undecided... Born Nov. 18, 1990.



## NATE SAVAGE

5-11 • FRESHMAN • DISTANCE FREE  
PLATTE CITY, MO. • PLATTE COUNTY R-III

**Background:** Named Platte County R-III's Performance Swimmer of the Year in 2008 and 2009... Finalist for the Brian Howard and Elite Swimmer of the Year in 2008... Recipient of the Iron Man Award from 2005-09.

**Personal:** Son of Daniel and Christine Savage... Has a younger sister, Virginia (17) and a younger brother, Zach (15)... Major is undecided but hopes to pursue a career in graphic design or sports psychology... Born March. 6, 1991.



## ERIC SURKOVICH

6-3 • FRESHMAN • FREE/FLY  
ELLCOTT CITY, MD. • WILDE LAKE

**Background:** Competed at the YMCA Nationals in 2008 and 2009.

**Personal:** Son of Jeff and Kathy Surkovich... Has three sisters, Daniele, Brittany and Kelly... Daniele swam for UMBC, won two individual gold medals at the America East Championships and is a former school record holder in the 50, 100 and 200 free... Majoring in emergency health services and hopes to become a paramedic... Born May 22, 1991.

# SWIMMING AND DIVING RETRIEVERS

## 2008-09 RETRIEVER TOP TIMES

MEN			WOMEN	
SWIMMER	TIME	EVENT	SWIMMER	TIME
Jason Mattingly	20.91	50 Free	Sam Maccherola	23.69
Justin Bronson	45.07	100 Free	Sam Maccherola	50.88*
Justin Bronson	1:37.23*	200 Free	Sam Maccherola	1:48.51*
Justin Bronson	4:24.91*	500 Free	Sam Maccherola	4:50.53
Evan Roseberry	9:35.90	1000 Free	Rebecca Godwin	10:19.28
Mat Carson	15:55.89	1650 Free	Rebecca Godwin	17:07.45
Milos Djukic	49.61	100 Back	Kathryn Moorby	58.53
Nour Saad	1:49.61	200 Back	Laura Tilman	2:04.84
Matt Mattingly	56.96	100 Breast	Tereza Kaplanova	1:04.97
John Mendenhall	2:03.49	200 Breast	Tereza Kaplanova	2:19.30
Brad Reitz	48.59	100 Fly	Jen Esposito	55.67
Brad Reitz	1:47.69*	200 Fly	Jen Esposito	1:59.98*
Brad Reitz	1:48.67*	200 IM	Tereza Kaplanova	2:05.22
Mat Carson	3:59.00	400 IM	Rebecca Godwin	4:29.41
Matt Hamil	208.20	1-Meter Dive	Amanda Shinholser	200.40
Matt Hamil	228.83	3-Meter Dive	Amanda Shinholser	209.78
Jones, Djukic,	1:22.15	200 Fr Relay	Maccherola, Miller,	1:34.80*
Vonder Haar, J. Mattingly			Surkovich, McKenney	
Vonder Haar, Jones	3:01.57	400 Fr Relay	Maccherola, Miller,	3:26.67*
J. Mattingly, Bronson			Cruz, McKenney	
Jones, Roseberry,	6:39.18*	800 Fr Relay	Surkovich, Ryan,	7:25.37*
Freeman, Bronson			McKenney, Maccherola	
Schneider, M. Mattingly,		200 Med Relay	Tilman, Kaplanova	1:46.07*
Vonder Haar, J. Mattingly	1:31.31*		Sherman, Miller	
Djukic, M. Mattingly,		400 Med Relay	Moorby, Kaplanova	3:48.38*
B. Reitz, Bronson			Esposito, Maccherola	

\* Indicates school record

## 2008-09 MEN'S RESULTS

Date	Opponent	Men's Result
Oct. 11	at NC State	L, 85-157
<b>Oct. 18</b>	<b>Rider</b>	<b>W, 161-137</b>
Oct. 25	at Navy	L, 126-169
<b>Nov. 1</b>	<b>Binghamton</b>	<b>W, 170-125</b>
Nov. 15	at Maryland	L, 134-163
Nov. 15	vs. Towson	W, 168-132
Nov. 21-23	George Mason Patriot Invitational	1st, 1,177.5 pts.
Jan. 17	at East Carolina	T, 149-149
<b>Jan. 24</b>	<b>Marist</b>	<b>W, 162-127</b>
Jan. 31	at William and Mary	W, 173-123
Feb. 19-22	America East Championships	1st, 900 pts.

Home Meets in **BOLD**

## 2008-09 WOMEN'S RESULTS

Date	Opponent	Women's Result
Oct. 11	at NC State	L, 50-187
Oct. 11	vs. Miami	L, 79-162
<b>Oct. 18</b>	<b>Rider</b>	<b>W, 161-137</b>
Oct. 25	at Navy	L, 105-136
<b>Oct. 26</b>	<b>New Hampshire</b>	<b>W, 147-126</b>
<b>Nov. 1</b>	<b>Binghamton</b>	<b>W, 177-113</b>
Nov. 15	at Maryland	L, 89-205
Nov. 15	vs. Towson	L, 70-226
Nov. 21-23	George Mason Patriot Invitational	1st, 861.5 pts.
Jan. 17	at East Carolina	L, 103-191
<b>Jan. 24</b>	<b>Marist</b>	<b>W, 169-120</b>
Jan. 31	at William and Mary	L, 115-181
Feb. 19-22	America East Championships	2nd, 687 pts.

Home Meets in **BOLD**



## TINA CANTWELL

**5-4 • SENIOR • BREAST/IM**  
**SINKING SPRING, PA. • THE HILL SCHOOL**

**2008-09:** Competed in one meet, the season-opener against Bucknell... Missed the rest of the season due to injury and received a medical redshirt... Named to the America East Commissioner's Honor Roll.

**2007-08:** Named the America East Winter Scholar-Athlete after she claimed gold in both the 100- and 200-yard breaststrokes for the second straight season at the America East Championships... Set University of Maine Wallace Pool records in both events with times of 1:03.58 and 2:15.92, respectively... Her time in the 100 breast set a new school record, and her time in the 200 breast was an NCAA provisional qualifying time... Part of the school, America East Championship and pool record-setting 400 medley relay (3:49.11) as well as the bronze-medal winning 200 medley relay and finished ninth in the 200 individual medley... Won the 100 breast, 200 breast and 400 IM and was part of the winning 400 medley relay at the GMU Patriot Invitational... Also finished second in the 200 IM and third as part of the 200 medley relay at the same meet... Finished the dual and championship meet seasons undefeated in the 200 breast, with her last loss dating back to Oct. 28, 2006... Won the 100 breast at five meets, falling just once when she placed second against New Hampshire and also won the 200 backstroke at one meet... Was part of the winning 200 and 400 medley relays at two meets each during the season... Set Rider Coppola Pool records in the 100 (1:05.94) and 200 (2:21.35) breaststrokes against Rider... Held UMBC's fastest times of the season in the 100 breast (1:03.58), 200 breast (2:15.92) and 400 IM (4:31.62)... Swam career-best times in the 100 and 200 breaststrokes at the America East Championships and season-best times in the 200 IM (2:08.40) and 400 IM at the Patriot Invite... Her 200 breast time ranks second on the all-time top 10 list... Named to the America East All-Academic Team... Was named the America East Swimmer of the Week for the weeks ending Nov. 19 and Jan. 14... Qualified for and competed at the USA Olympic Trials in the 200 breast... Named team Most Valuable Athlete at UMBC's varsity awards banquet.

**2006-07:** Part of the America East champion 400 medley relay which set a new school record with a time of 3:49.49... Also part of the second-place 200 medley relay which set a new school record (1:47.04) at the America East Championships, and the 400-meter medley relay which set a pool record against Navy (4:23.89)... Claimed America East gold in the 100 and 200 breaststroke and placed sixth in the 200 individual medley... Recorded two NCAA B-cuts in the 200 breast at the conference championships (2:16.14) and against Navy (200m, 2:32.83)... Also won the 200 breast, placed second in the 100 breast, third in the 400 IM, and sixth in the 200 IM at the Patriot Invite, and was part of the winning 400 medley, fourth place 200 medley and 12th place 200 freestyle relays... Undefeated in the 200 breast in both dual meets and championship meets... Also won the 100 breast at three dual meets and the 100 backstroke and 200 IM at one meet each... Swam personal-best times in the 100 breast (1:03.86) and 200 breast (2:16.14), which rank second on the all-time top 10 list, in the 200 IM (2:07.73), which ranks eighth; and the 400 IM (4:31.05), which ranks seventh... Named to the America East All-Academic Team and Commissioner's Honor Roll.

**2005-06:** Won silver in the 100-breast and bronze in the 200-breast and 400-IM at the America East Championships... Took bronze in the 200-breast and placed fourth in the 100-breast at ECAC's... Won the 200-breast at Marist... Placed second in the 200-breast at six dual meets and in the 200-IM against Towson... Swam UMBC's fastest 400-IM time of the season (4:32.31) and the second-fastest times in the 100-breast (1:05.22) and the 200-breast (2:19.64)... Swam on the winning 400-medley relays at five dual meets... Named the team's Most Improved Athlete... Selected to the America East Commissioner's Honor Roll... Swam a season-best time in the 200-IM (2:10.11) against East Carolina.

**Background:** Led her high school team to a district championship in 2002... Her team also finished fourth at the Pennsylvania Eastern meet... Also lettered in water polo in high school, and her team won the state championships in 2000 and was runner-up in 2001.

**Personal:** Daughter of James and Maria Cantwell... Has an older sister, Rachel, and

a younger sister, Julie... Rachel swam at Albright College and Julie is a junior swimmer at UMBC... Born April 27, 1987... Graduated from UMBC in May 2009 with a degree in psychology and is currently attends graduate school at UMBC.

## CANTWELL'S BEST TIMES

Event	2007-08 Best	Meet	UMBC Best
100 Breast	1:03.58*	America East Championships	1:03.58*
200 Breast	2:15.92	America East Championships	2:15.92
200 IM	2:08.40	Patriot Invitational	2:08.40

\* UMBC Record



## KATE CHIALASTRI

**5-7 • SENIOR • FLY/MID FREE**  
**FLOURTOWN, PA. • PLYMOUTH WHITEMARSH**

**2008-09:** Placed seventh in the 200-yard butterfly and 11th in the 100 fly at the America East Championships... Also finished 10th in the 200 fly at the Patriot Invitational... Highest finish was third in the 200 fly in four meets... Swam career-best times in 100 fly (58.15), 200 fly (2:05.85) and 200-yard individual medley (2:15.62) at the America East Championships... Named to the America East Honor Roll.

**2007-08:** Finished sixth in the 200-yard butterfly, seventh in the 100 fly and 24th in the 200 individual medley at the America East Championships... Placed third in the 200 fly and 10th in the 100 fly and was part of the seventh-place 400 medley relay at the GMU Patriot Invitational... Won the 200 fly against Bucknell... Swam career-best times in the 100 fly (58.65), 200 fly (2:07.72) and 200 IM (2:17.33) at the America East Championships.

**2006-07:** Part of the 400-meter medley relay which set a new pool record at Navy with a time of 4:23.89... Finished seventh in the 200 butterfly and ninth in the 100 fly at the America East Championships... Also finished third in the 200 fly and 12th in the 100 fly and was part of the seventh-place 400 medley, 11th-place 200 medley and 12th-place 200 freestyle relays at the Patriot Invite... Won the 200 fly against Binghamton and was part of the winning 400 medley relay at four dual meets and the 200 medley relay at one meet... Swam season bests in the 500 free (5:29.47) and 100 fly (59.05) at the America East Championships and in the 200 fly (2:08.09) at the Patriot Invite.

**Background:** Graduated summa cum laude from Plymouth Whitemarsh High School... Was her team's MVP all four years in high school and captained the team for three years... Was named to the All-District team her sophomore and senior years... Also earned All-State accolades as a senior... Won the 2006 United States Marine Corps Distinguished Athlete Award... Was named most improved on the JV soccer team her junior year.

**Personal:** Daughter of Patricia and Gregg Chialastri... Has two younger brothers, Paul and Alex... Born Sept. 24, 1987... Majoring in mathematics

## CHIALASTRI'S BEST TIMES

Event	2008-09 Best	Meet	UMBC Best
100 Fly	58.15	America East Championships	58.15
200 Fly	2:05.85	America East Championships	2:05.85
200 IM	2:15.62	Patriot Invitational	2:15.62



## JENNIFER ESPOSITO

**5-7 • SENIOR • FLY/FREE**  
**LINDENHURST, N.Y. • LINDENHURST • C.W. POST**

**2008-09:** Won the gold medal in the 200-yard butterfly in a school-record time of 1:59.98 at the America East Championships... Also claimed silver in the 100 fly and placed fourth in the 200-yard freestyle at the conference meet... Part of the school record-breaking 400-yard medley relay team that finished second at the conference championships... Swam career-best times in 500 free (4:55.19) and the 100 fly (55.67) at the America East Championships... Her 100 fly time ranks second all-time at UMBC, while her 500 free time is fifth.

**Background:** Received six All-America accolades at the NCAA Division II Championships for C.W. Post in 2007, earning All-America recognition in the 200 fly and Honorable-Mention in the 100 fly, 200 free relay, 400 free relay, 200 medley relay and 400 medley relay... Currently holds six individual school records and one relay mark at C.W. Post.

**Personal:** Daughter of Rosemary and Frank Esposito... Has two brothers, Joe and Anthony... Majoring in psychology and hopes to become a psychologist... Born Dec. 7, 1987.

## ESPOSITO'S BEST TIMES

Event	2008-09 Best	Meet
500 Free	4:55.19	America East Championships
100 Fly	55.67	America East Championships
200 Fly	1:59.98*	America East Championships

\* UMBC Record



## BRITTANY JOHNSON

**5-5 • SENIOR • BREAST/IM/MID FREE**  
**PONTE VERDA, FLA. • THE BOLLES SCHOOL**

**2008-09:** Finished 15th in the 1,650-yard freestyle at the Patriot Invitational... Highest finish of the year was second in the 1,000 free against Binghamton... Swam career-best times in the 100-yard breaststroke (1:09.35), 200 breast (2:31.57) and 400-yard individual medley (4:42.33) at the America East Championships... Named to the America East Honor Roll.

**2007-08:** Finished 12th in the 1,650-yard freestyle, 24th in the 400 individual medley and 25th in the 500 free at the America East Championships... Finished seventh in the 1,650 free, 21st in the 400 IM and 25th in the 500 free at the GMU Patriot Invitational... Won the 500 free against Binghamton... Swam season-best times in the 500 free (5:16.88 split), 1,000 free (10:44.67) and 1,650 free (17:48.87) at the America East Championships and in the 400 IM (4:53.10) and 200 free (2:04.64) at the Patriot Invitational... Her times in the 500 free, 1,000 free and 1,650 free were also career bests.

**2006-07:** Finished third in the 500 freestyle and fourth in the 1,000 free, and was part of the second-place 400 free relay in her first collegiate meet against Rider... Was part of the winning 200 medley relay at Marist and finished 21st in the 1,650 free at the Patriot Invite... Won the 500 free and was second in the 200 individual medley against Binghamton... Swam a season best in the 500 free (5:19.85) against East Carolina, in the 1,000 free (10:58.87) against Rider, in the 1,650 free (18:39.20) at the Patriot Invite, in the 100 breast (1:12.57) against Towson, in the 200 breast (2:33.11) against Binghamton, in the 200 IM (2:18.44) against UNH/Wagner and in the 400 IM (4:56.70) at the America East Championships.

# SWIMMING AND DIVING RETRIEVERS

**Background:** Member of the 2003 Girls' National High School Championship Team at The Bolles School, which has won 15 straight women's state titles and has gone undefeated in dual meets for 15 years... Named All-Coast Third Team by the Florida Times Union as a junior and senior... Undefeated in 100-breast dual meet competition in her junior year and placed eighth at the state meet in the 100-breast as a senior and 11th as a junior... Named team co-captain as a senior... Has competed with Olympians Michael Phelps, Katie Hoff and Eric Vendt.

**Personal:** Daughter of Susan and Ron Johnson... Has an older brother, Brandon... Born Sept. 10, 1987... Majoring in pre-physical therapy and hopes to be an athletic trainer for a professional team or a physician's assistant.

## JOHNSON'S BEST TIMES

Event	2008-09 Best	Meet	UMBC Best
100 Breast	1:09.35	America East Championships	1:09.35
200 Breast	2:31.57	America East Championships	2:31.57
400 IM	4:42.33	America East Championships	4:42.33

IM and 200 back. Took second in the 200-breast at the 2005 Czech Championship and third in the same event at the 2007 championship... Placed 20th in the 200-breast at the Junior European Championship in 2000.

**Personal:** Daughter of Michal Kaplan and Marketa Kaplanova... Has a younger brother, David... Born Nov. 22, 1986... Majoring in political science and would like to work for the IOC.

## KAPLANOVA'S BEST TIMES

Event	2008-09 Best	Meet	UMBC Best
100 Back	59:02	Patriot Invitational	59:02
200 Breast	2:19.30	America East Championships	2:19.30
200 IM	2:05.22	America East Championships	2:05.22



## TEREZA KAPLANOVA

**5-5 • SENIOR • BREAST/IM/BACK**  
**PRAGUE, CZECH REP. • GYMAZIUM J.G. JARKOVSKOHO**

**2008-09:** Claimed bronze in the 200-yard breaststroke and was fourth in the 100 breast and 200 individual medley at the America East Championships... Part of the 200-yard medley and 400 medley relay teams that claimed silver and bronze at the conference meet... Won the 200 IM and 200 breast and finished second in the 100 breast and fifth in the 100-yard back at the Patriot Invitational... Claimed 10 first-place finishes during the dual meet season... Swam career-best times in the 200 breast (2:19.30) and 200 IM (2:05.22) at the America East Championships and in the 100 back (59.02) at the Patriot Invitational... Her 200 IM time is second on UMBC's all-time top-10 list, while her 200 breast and 100 back times are fourth and eighth, respectively... Named to the America East All-Academic Team and the Commissioner's Honor Roll.

**2007-08:** Was part of the school, America East Championship, and University of Maine Wallace Pool record-setting 400-yard medley relay (3:49.11) at the America East Championship... Claimed silver in the 200 breaststroke and 200 individual medley, bronze as part of the 200 medley relay and finished sixth in the 100 backstroke at the same meet... Won the 100 back and 200 IM and was part of the winning 400 medley relay at the GMU Patriot Invitational... Also finished second in the 200 breast, 400 IM and as part of the 200 and 400 free relays and was part of the third-place 200 medley relay... Won the 200 back at three meets during the season, the 100 back at two and the 200 breast at one... Held UMBC's fastest times of the season in the 50 back (27.99), 100 back (59.06) and 200 IM (2:05.94)... Her times in the 100 back, 200 breast (2:18.70) and 200 IM set at the America East Championships were career bests with her 200 IM time ranking second on the all-time top 10 list, her 200 breast time ranking fourth and her 100 back time sixth... Her 200 back time of 2:08.83 against New Hampshire was also a career best... Named the America East Swimmer of the Week for the week ending Jan. 28... Named to the America East All-Academic Team.

**2006-07:** Was part of the school record-setting 200 freestyle relay (1:36.22) which claimed silver at the America East Championships... Also placed third in the 200 breaststroke, fourth in the 400 individual medley and fifth in the 200 IM at the America East Championships... Finished third in the 200 breast, fourth in the 400 IM, fifth in the 100 breast, eighth in the 200 IM, and was part of the sixth-place 400 free, seventh-place 400 medley, 10th-place 800 free and 12th-place 200 free relays at the Patriot Invite... Won the 200 breast against Binghamton and the 400 IM against Howard... Swam season bests in the 200 IM (2:07.30), which ranks seventh on the all-time top 10 list, and 400 IM (4:31.98) at the America East Championships, in the 100 breast (1:06.69), which ranks seventh at the Patriot Invite, in the 200 breast (2:20.91), which ranks fourth, and 100 back (1:00.12) against Marist... Named to the America East Commissioner's Honor Roll.

**Background:** Placed second in the 2008 Czech Republic Championships in the 200



## SAM MACCHEROLA

**5-11 • SENIOR • FREESTYLE**  
**WOOLFORD, MD. • SOUTH CARROLL/TENNESSEE**

**2008-09:** Claimed silver in the 200-yard freestyle and 500 free and placed fourth in the 100 free at the America East Championships... Set the school record in the 100 free (50.88) and 200 free (1:48.51) at the conference meet... Part of school record-breaking 200 free, 400 free, 800 free and 400 medley relay teams at the league championships... Earned silver in the 200 free and finished fourth in the 500 and 1,650 free events at the Patriot Invitational... Claimed eight victories during the dual meet season... Her season-best times in the 500 free (4:50.53), 50 free (23.69) and 1,000 free (10:28.37) rank second, third and sixth, respectively, on UMBC's all-time top-10 list at UMBC... Named the team's Most Valuable Athlete at UMBC's varsity awards banquet in May.

**Background:** Was part of 800 freestyle relay team at Tennessee in 2006 NCAA Swimming and Diving Championships that finished seventh and garnered All-American status... Was a scholastic All-American in high school... Selected to the All-Maryland team from 2004-2007... Was open-water 1K champion in 2001 and was a national qualifier at the U.S. Open in 2004... Member of the Green Terror Aquatic Club, earning scholastic All-America honors from 2003-05.

**Personal:** Daughter of Tracy and Sam Maccherola... Has two brothers, Andrew (21) and Austin (21)... Brother Andrew plays rugby for Towson... Majoring in media and communications with hopes to be a news anchor.

## MACCHEROLA'S BEST TIMES

Event	2008-09 Best	Meet
50 Free	23.69	America East Championships
100 Free	50.88*	America East Championships
200 Free	1:45.51*	America East Championships
500 Free	4:50.53	America East Championships

\* UMBC Record



## LINDSAY SHERMAN

5-6 • SENIOR • FLY/MID FREE  
BETHANY, CONN. • AMITY

**2008-09:** Claimed silver in the 200-yard butterfly and finished sixth in the 100 fly and eighth in the 200-yard freestyle at the America East Championships... Part of school record-breaking 200 medley relay team that took bronze at the conference meet... Claimed gold in the 200 fly and silver in the 100 fly at the Patriot Invitational... Finished first eight times during the dual meet season... Swam career-best times in the 200 free (1:53.03), 100 fly (56.29) and 200 fly (2:01.04) at the America East Championships... The 200 fly, 100 fly and 200 free times rank second, fourth and ninth all-time at UMBC... Earned America East All-Academic honors... Named to the America East Commissioner's Honor Roll.

**2007-08:** Claimed gold in the 200-yard butterfly, earned bronze as part of the 200 medley relay and finished fifth in the 100 fly and 15th in the 200 freestyle at the America East Championships... Finished sixth in the 100 fly, ninth in the 200 fly, tied for 23rd in the 200 free, 26th in the 100 free and was part of the winning 400 medley relay, seventh-place 800 free, eighth-place 400 free and ninth-place 400 medley relays at the GMU Patriot Invitational... Won the 50 and 100 butterflies and placed second in the 200 fly against Bucknell... Also won the 200 fly against Maryland, Marist and Binghamton... Held UMBC's fastest times of the season in the 100 (57.38) and 200 (2:05.33) butterflies, both of which are career bests... 100 fly time ranks seventh and 200 fly is sixth on the all-time top 10 list... Named to the America East All-Academic Team.

**2006-07:** Finished third in the 200 butterfly, fourth in the 100 fly and eighth in the 200 freestyle at the America East Championships... Also placed seventh in the 200 fly and 13th in the 200 free and 100 fly and was part of the sixth-place 400 free, seventh-place 400 medley, 10th -place 800 free and 11th-place 200 medley relays at the Patriot Invite... Won the 200 free against Binghamton and the 500 free against Howard... Swam season bests in the 200 free (1:56.02), 100 fly (57.92) and 200 fly (2:06.52) at the America East Championships... 100 fly time ranks eighth on the all-time top 10 list... Named to the America East Commissioner's Honor Roll.

**Background:** Member of the National Honor Society and National Art and Spanish Honor Society in high school... Named to All-State team all four years in high school... Was the 2005 Southern Connecticut Conference champion in the 100-fly... Also the 2004 CIAC L Division Connecticut champion in the 100-fly... Was named to the *New Haven Register* All-Area Team in 2005 as well as the *Connecticut Post* All-Area Team in 2004 and 2005.

**Personal:** Daughter of Lisbeth and James Sherman... Has a younger brother, Adam... Born June 28, 1988... Majoring in physical therapy and hopes to be a physical therapist.

### SHERMAN'S BEST TIMES

Event	2008-09 Best	Meet	UMBC Best
200 Free	1:53.03	America East Championships	1:53.03
100 Fly	56.29	America East Championships	56.29
200 Fly	2:01.04	America East Championships	2:01.04



## JULIE CANTWELL

5-7 • JUNIOR • BACK/IM/MID FREE  
SINKING SPRING, PA. • WILSON

**2008-09:** Finished seventh in the 200-yard individual medley and was 11th in the 400 IM and 12th in the 200-yard backstroke at the America East Championships... Also finished fourth in the 200 IM and ninth in the 400 IM at the Patriot Invitational... Highest finish was second in the 200 IM against East Carolina and in the 100-yard breaststroke against Marist... Swam career-best times in the 200 back (2:08.04) at the America East Championships and in the 200 IM (2:08.99) and 400 IM (4:32.43) at the Patriot Invitational.

**2007-08:** Finished seventh in the 200-yard backstroke and 200 individual medley and was 10th in the 400 IM at the America East Championships... Placed 11th in the 400 IM, 12th in the 200 IM, 17th in the 200 back and 20th in the 100 back and was part of the ninth-place 200 medley relay at the GMU Patriot Invitational... Highest finishes of the season came against Marist, where she placed second in the 200 back, and against Maryland and Binghamton, where she finished second in the 200 IM... Was also part of the winning 200 medley relay against Binghamton... Swam season-best times in the 200 back (2:10.65) and 400 IM (4:36.44) at the America East Championships, in the 100 back (1:02.65) at the Patriot Invite and in the 200 IM (2:09.49) against Maryland.

**Background:** A two-sport athlete at Wilson H.S. in West Lawn, Pa.... Named the Pepsi-Cola Female Athlete of the Year... A High School All-American for swimming in 2007 and named All-Berks County in 2006... Part of the Bulldog team that won districts... Also played water polo for Wilson and was named Second-Team All-American, All-League, First-Team All-State, and Berks County Female Water Polo Player of the Year in 2007... Part of the 2005 Bulldog team that won the state championship... Member of the honor roll.

**Personal:** Youngest of three daughters to James and Maria Cantwell... Sister Rachel (24) swam at Albright College, and sister Tina (22) is currently a senior on the UMBC swim team... Majoring in visual arts and would like to become a photographer... Born Oct. 25, 1988.

### CANTWELL'S BEST TIMES

Event	2008-09 Best	Meet	UMBC Best
200 Back	2:08.04	America East Championships	2:08.04
200 IM	2:08.99	Patriot Invitational	2:08.99
400 IM	4:32.43	Patriot Invitational	4:32.43



## DANIELLE CRUZ

5-3 • JUNIOR • SPRINT/MID FREE/IM  
CATONSVILLE, MD. • WESTERN TECH

**2008-09:** Part of the silver medal-winning and school record-breaking 400-yard freestyle relay team at the America East Championships... Finished ninth in the 200-yard individual medley, 10th in the 100 free and 11th in the 200 free at the conference meet... Also placed ninth in the 200 free and 13th in the 100 free at the Patriot Invitational... Won the 100 and 200 IM against Bucknell... Swam career-best times in the 100 free (53.05), 200 free (1:53.06) and 200 IM (2:08.84) at the America East Championships... Her 200 free time ranks 10th all-time at UMBC... Named to the America East Honor Roll.

**2007-08:** Finished ninth in the 500-yard freestyle, 10th in the 200 free and 13th in the 50 free at the America East Championships... Finished 10th in the 500 free, 18th in the 200 free and 28th in the 50 and 100 free at the GMU Patriot Invitational...

# SWIMMING AND DIVING RETRIEVERS

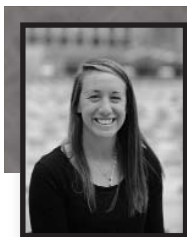
Was also part of the second-place 800 free and seventh-place 200 free relays at the same meet... Won the 200 free against Binghamton... Swam season-best times in the 50 free (25.05), 200 free (1:56.26) and 500 free (5:07.31) at the America East Championships and in the 100 free (55.59) against Towson.

**Background:** Attended Western Tech and swam for UMBC head coach Chad Cradock and UMBC assistant coach Chris Gibeau with the Retriever Aquatic Club... Named a USA Swimming Scholastic All-American... Member of the National Honor Society, a Maryland Distinguished Scholar and member of the High Honor Roll... Graduated with a 4.0 grade point average.

**Personal:** Youngest of two daughters to Helen and Norman Cruz... Has one sister, Lenore (24)... Majoring in pre-medicine in hopes of becoming a doctor... Born July 18, 1989.

## CRUZ'S BEST TIMES

Event	2008-09 Best	Meet	UMBC Best
100 Free	53.05	America East Championships	53.05
200 Free	1:53.06	America East Championships	1:53.06
200 IM	2:08.84	America East Championships	2:08.84



## REBECCA GODWIN

**5-9 • JUNIOR • DISTANCE FREE/IM**  
CATONVILLE, MD. • NOTRE DAME PREP

**2008-09:** Finished fourth in the 1,650-yard freestyle, sixth in the 400-yard individual medley and 11th in the 500 free at the America East Championships... Claimed silver in the 1,650 free and placed fifth in the 400 IM and 500 free events at the Patriot Invitational... Earned seven first-place finishes during the dual meet season... Swam career-best times in the 500 free (5:00.71) and 400 IM (4:29.41) at the America East Championships... Her 400 IM time is third UMBC's all-time top-10 list... Named to the America East Honor Roll.

**2007-08:** Claimed silver in the 1,650-yard freestyle and as part of the 800 free relay and finished sixth in the 400 individual medley and seventh in the 500 free at the America East Championships... Finished second in the 1,650 free, third in the 400 IM and 500 free, ninth in the 200 free and second as part of the 800 free relay at the GMU Patriot Invitational... Won the 400 IM and placed second in both the 100 and 200 IMs in her first collegiate meet against Bucknell... Also won both the 500 and 1,000 free (10:18.37) in her first officially scored meet against Rider, where she set a new Coppola Pool record in the 1,000... Swept the distance events on three other occasions against Maryland, New Hampshire and East Carolina, and won the 1,000 against Navy and the 400 IM against Marist... Held UMBC's fastest times of the season in the 1000 free (10:13.97) and 1,650 free (17:00.37)... Swam season-bests in the 200 free (1:54.02) and 1,650 free at the America East Championships and in the 400 IM (4:33.89) and 500 free (5:00.73) at the Patriot Invite... Her 1,000 free time ranks second on the all-time top 10 list, while her 1,650 time is third, her 500 time is ninth and her 200 time is 10th.

**Background:** A High School Scholastic All-American in 2005 and 2006 for Notre Dame Prep... Also named an IAAM All-Star in 2006 and 2007... Swam for UMBC head coach Chad Cradock and UMBC assistant coach Chris Gibeau on the Retriever Aquatic Club... Placed second in the 500 freestyle and third in the 200 individual medley at the 2007 National Catholic School Championships... Also competed in the 2007 NCSA Junior National Championships... Played lacrosse at Notre Dame Prep and was an honor roll student.

## GODWIN'S BEST TIMES

Event	2008-09 Best	Meet	UMBC Best
500 Free	5:00.71	America East Championships	5:00.71
1,650 Free	17:07.45	America East Championships	17:00.37
400 IM	4:29.21	America East Championships	4:29.21

**Personal:** One of two daughters to Byron and Janice Godwin... Has one sister Katherine (22)... Majoring in economics... Born August 13, 1989.



## GABY JOHNSTON

**5-7 • JUNIOR • SPRINT FREE/FLY/BREAST**  
WINDSOR, CONN. • LOOMIS CHAFFEE SCHOOL

**2008-09:** Finished seventh in the 100-yard breaststroke and was 12th in the 200 breast and 13th in the 200-yard individual medley at the America East Championships... Also finished third in the 200 breast and fourth in the 100 breast at the Patriot Invitational... Won the 100 breast against Marist... Swam career-best times in the 100 breast (1:06.08) and 200 IM (2:10.93) at the America East Championships and in the 200 breast (2:23.89) against Towson and Maryland... Her 100 and 200 breast times are eighth and ninth, respectively, on UMBC's all-time top-10 lists... Named to the America East Commissioner's Honor Roll.

**2007-08:** Finished sixth in the 200-yard breaststroke and 100 butterfly and was ninth in the 100 breast at the America East Championships... Finished ninth in the 100 breast, 12th in the 200 breast and 100 fly 19th in the 200 IM and was part of the seventh-place 400 medley and ninth-place 200 medley relays at the GMU Patriot Invitational... Won the 100 fly against Binghamton... Swam season-best times in the 100 breast (1:07.78) and 200 IM (2:14.23) at the Patriot Invite, in the 100 fly (58.58) at the America East Championships and in the 200 breast (2:25.64) against Maryland... Her time in the 100 fly also ranks ninth on the all-time top 10 list.

**Background:** Named the MVP for the Loomis Chaffee School in Windsor, Conn. in 2007... Also won the Coach's Award and Founder's League Award from 2005-07... Part of the Pelican team that won the New England Championships in 2007 and was part of the All-American 200 medley relay... Holds team records in the 100-meter breaststroke and 100-yard butterfly... Also lettered in water polo and was part of the New England Championship-winning teams in 2006 and 2007.

**Personal:** Youngest of three daughters to Mark and Sharon Johnston... Has two sisters, Charlyse (25) and Ashley (24)... Majoring in biology and aspires to enter the field of pharmaceutical care and research... Born Oct. 20, 1989.

## JOHNSTON'S BEST TIMES

Event	2008-09 Best	Meet	UMBC Best
100 Breast	1:06.08	America East Championships	1:06.08
200 Breast	2:23.89	Maryland/Towson	2:23.89
200 IM	2:10.93	America East Championships	2:10.93



## SARAH RYAN

**5-9 • JUNIOR • FLY/MID FREE**  
ROCKVILLE CENTRE, N.Y. • OCEANSIDE

**2008-09:** Finished seventh in the 200-yard freestyle, 10th in the 200-yard butterfly and 13th in the 100 free at the America East Championships... Part of the school record-setting 800 free relay team that claimed silver at the conference meet... Placed sixth in the 200 fly, seventh in the 200 free and 10th in the 500 free at the Patriot Invitational... Won the 200 fly against Binghamton... Swam career-best times in the 100 free (53.39), 200 free (1:52.69) and 200 fly (2:06.69) at the America East Championships... Her 200 free time is seventh on the all-time top-10 list at UMBC... Named to the America East Honor Roll.

**2007-08:** Finished fifth in the 200-yard butterfly, eighth in the 200 freestyle, 10th in the 500 free and second as part of the 800 free relay at the America East Championships... Placed fourth in the 200 fly, 12th in the 200 free, 17th in the 500 free,

second as part of the 800 free and eighth as part of the 400 free relays at the GMU Patriot Invitational... Won the 100 free against Binghamton and the 200 free against Marist... Was part of the winning 400 free relay at two dual meets and the 400 medley relay at one during the season... Swam season-best times in the 200 free (1:54.08), 500 free (5:07.32) and 200 fly (2:07.38) at the America East Championships and in the 100 free (54.40) at the Patriot Invite.

**Background:** A three-time state championships qualifier for Oceanside H.S. in Oceanside, N.Y.... Inducted into the Oceanside High School Hall of Fame... Earned All-County and All-Conference honors in 2005, 2006, and 2007... Also a member of the honor roll.

**Personal:** One of five daughters to Kevin and Kathleen Ryan... Has four sisters Beth (27), Ellen (24), Clare (19) and Catherine (15)... Majoring in American studies... Born Sept. 30, 1989.

## RYAN'S BEST TIMES

Event	2008-09 Best	Meet	UMBC Best
100 Free	53.39	America East Championships	53.39
200 Fre	1:52.69	America East Championships	1:52.69
200 Fly	2:06.69	America East Championships	2:06.69



## AMANDA SHINHOLSER

**5-4 • JUNIOR • DIVING**  
BURTONSVILLE, MD. • SPRINGBROOK

**2008-09:** Finished 12th on the 3-meter and 14th on the 1-meter at the Patriot Invitational... Recorded a season-high score and finish against Binghamton, placing first with a mark of 209.78 in the 3-meter... Recorded season-high mark on the 1-meter of 200.40 against Marist, where she placed second... Named to the America East Commissioner's Honor Roll.

**2007-08:** Finished 16th on the 3-meter and 18th on the 1-meter at the America East Championships... Placed 12th on the 3-meter and 14th on the 1-meter at the GMU Patriot Invitational... Highest finishes of the season came against Towson, where she placed third in both the 1-meter and 3-meter and against Maryland, where she was third in the 1-meter... Recorded season-high marks of 176.46 on 1-meter against New Hampshire and 158.70 on 3-meter against Binghamton.

**Background:** A two-sport athlete at Springbrook H.S. in Silver Spring, Md.... 2006 division champion for the Blue Devils... Also competed in trampolines... 2006 Junior Olympic trampoline national champion in 2006 (Level 10) and 2002 (Level 6)... Placed 11th at the same meet in 2005 and fourth in 2003.

**Personal:** Only daughter of Steven and Keller Shinholser... Has three younger brothers, Logan (18), Colby (15), and TJ (14)... Majoring in management of aging services... Born Dec. 14, 1989.

## SHINHOLSER'S BEST MARKS

Event	2008-09 Best	Meet	UMBC Best
1 - Meter	200.40	Marist	200.40
3 - Meter	209.78	Binghamton	209.78



## ERIN WOHLERS

**5-6 • JUNIOR • SPRINT FREE**  
BALDWINVILLE, N.Y. • CHARLES W. BAKER

**2008-09:** Claimed two first-place finishes in the 50-yard freestyle and 100 free against Marist... Swam career-best times in the 50 free (24.39), 100 free (53.00) and 200 free (1:55.43) at the America East Championships... Her 50 free time ranks 10th all-time at UMBC... Named to the America East Honor Roll.

**2007-08:** Was part of the school and University of Maine Wallace Pool record-setting 200-yard freestyle relay (1:36.18) and finished seventh in the 100 free, 12th in the 50 and 200 freestyles and second as part of the 400 free relay at the America East Championships... Also finished 19th in the 100 free, 22nd in the 200 free, 28th in the 100 back, second as part of the 400 free relay, and seventh as part of the 200 and 800 free relays at the Patriot Invitational... Highest finish of the season came against Marist, where she finished second in the 100 free... Was part of the winning 400 free relay three times and the 200 free relay once at dual meets during the season... Swam season-best times in the 50 free (24.97), 100 free (53.66) and 200 free (1:57.35) at the America East Championships and in the 100 back (1:03.39) at the Patriot Invite.

**Background:** Lettered in swimming for one year at Charles W. Baker H.S. in Baldwinville, N.Y.... Received the Goulds Pump MVP Award while a member of the Bees... Set school records in the 100 butterfly and as part of the 200 medley relay in 2006... A member of the National Honor Society and German National Honor Society and a High Honor Roll.

**Personal:** Youngest of two daughters to David and Kathleen Wohlers... Sister Lindsay (24), was a member of the Hamilton College swim team for two years... Majoring in biology... Born Jan. 19, 1989.

## RYAN'S BEST TIMES

Event	2008-09 Best	Meet	UMBC Best
100 Free	53.39	America East Championships	53.39
200 Fre	1:52.69	America East Championships	1:52.69
200 Fly	2:06.69	America East Championships	2:06.69



## KELSEY FITZPATRICK

**5-2 • SOPHOMORE • BACKSTROKE**  
DELTRAN, N.J. • DELTRAN

**2008-09:** Finished 13th in the 200-yard backstroke at the Patriot Invitational... Won the 100 back against Binghamton... Swam season-best times in the 50-yard freestyle (25.88), 100 back (59.47) and 200 back (2:05.03) at the America East Championships... Named to the America East Honor Roll.

## FITZPATRICK'S BEST TIMES

Event	2008-09 Best	Meet
50 Free	25.88	America East Championships
100 Back	59.47	America East Championships
200 Back	2:05.03	America East Championships

# SWIMMING AND DIVING RETRIEVERS

**Background:** Four-time qualifier for the New Jersey High School State Meet of Champions in the 100 back... Named Burlington County Scholastic League All-Star for the 2006-07 season in the 100 free... Named BCSL All-Star for the 100 fly and 200 medley relay in 2007-08... A three-time YMCA national qualifier in the 100 and 200 back.

**Personal:** Daughter of Kathy and Jim Fitzpatrick... Has three sisters, Erin, Carly and Shawn ... Father and all three sisters competed at collegiate level... Carly swam for UMBC... Major is undecided... Born May 4, 1990.



## PINK KINANTI

**5-2 • SOPHOMORE • DISTANCE FREE/FLY**  
JAKARTA, INDONESIA • THE BOLLES SCHOOL (FLA.)

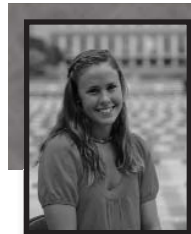
**2008-09:** Finished seventh in the 1,650-yard freestyle, eighth in the 200-yard butterfly and 10th in the 100 fly at the America East Championships... Claimed bronze in the 1,650 free and ninth in the 200 fly at the Patriot Invitational... Won the 500 free against Binghamton... Swam season-high times in the 1,650 free (17:12.68), 100 fly (57.15) and 200 fly (2:05.60) at the America East Championships and in the 500 free (5:07.50) at the Patriot Invitational... Her 1,650 free and 100 fly times rank fifth and eighth, respectively, on UMBC's all-time top-10 list... Named to the America East Honor Roll.

**Background:** Swam for The Bolles School in Jacksonville, Fla.... Part of the winning 200 medley relay team of the 2007 Florida High School State Championships... Finished 11th in the 100 fly at the state championships... Helped the Sharks win the Florida State Championship in 2007.

**Personal:** Daughter of R. Nursyamsu and Rara Meyrani... Has two siblings, M. Linar Gardika and Aisyah Tiara Kinanti... Majoring in financial economics and hopes to become an accountant... Born Feb. 4, 1991.

## KINANTI'S BEST TIMES

Event	2008-09 Best	Meet
1,650 Free	17:12.68	America East Championships
100 Fly	57.15	America East Championships
200 Fly	2:05.60	America East Championships



## ABBEY MCKENNEY

**5-8 • SOPHOMORE • FREE/BACK**  
WILMINGTON, DEL. • BRANDYWINE

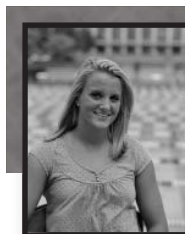
**2008-09:** Claimed bronze in the 50-yard freestyle and placed fifth in the 100 and 200 free events at the America East Championships... Part of school record-breaking 200 free, 400 free and 800 free relay teams that earned silver at the conference meet... Finished fourth in the 200 free, fifth in the 100 free, eighth in the 100-yard backstroke and ninth in the 50 free at the Patriot Invitational... Highest finish was second in the 100 back against Binghamton and Marist... Swam season-best times in the 50 free (23.76), 100 free (51.04) and 200 free (1:51.87) at the America East Championships... Her 100 free, 50 free and 200 free rank second, fourth and fifth, respectively, on UMBC's all-time top-10 list.

**Background:** Won the state championship in the 400 free relay her senior year... Also placed first in the 200 free relay, 100 free and 50 free... Selected to the All-State first team in 2006 and 2008... Named athlete of the week by *The News Journal*... Finished eighth in the 400 medley relay at YMCA Nationals.

**Personal:** Daughter of Ann Johnston and Neal McKenney... Has five siblings, Meaghan (21), Haley (17), Stephan (13), Jimmy (11) and Joseph (9)... Major is undecided.

## MCKENNEY'S BEST TIMES

Event	2008-09 Best	Meet
50 Free	23.76	America East Championships
100 Free	51.04	America East Championships
200 Free	1:51.87	America East Championships



## ASHLEY MILLER

**5-9 • SOPHOMORE • SPRINT/MID FREE**  
NEW SMYRNA BEACH, FLA. • NEW SMYRNA BEACH

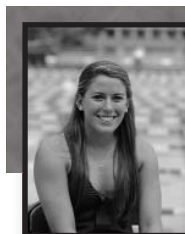
**2008-09:** Finished eighth in the 50-yard freestyle, ninth in the 100 free and 15th in the 200 free at the America East Championships... Part of the school record-breaking 200 and 400 free relay teams that claimed silver and the school record-setting 200 medley relay that earned bronze at the conference meet... Finished 11th in the 50 free and 16th in the 200 free at the Patriot Invitational... Won the 100 free against Marist... Swam season-best times in the 50 free (24.24) and 200 free (1:55.25) at the America East Championships and in the 100 free (52.75) against Towson and Maryland... Her 50 free and 100 free times rank sixth and ninth, respectively, on UMBC's all-time top-10 list.

**Background:** Attended New Smyrna Beach High School in New Smyrna Beach, Fla., where she finished seventh in the 100 freestyle and eighth in the 50 free at the Florida High School Swimming and Diving finals in 2007... Was a District champion in the 100 freestyle in 2007... named Athlete of the Week in 2007 by the *Daytona Beach News Journal*.

**Personal:** Daughter of Mary and Scott Miller... Has five siblings, Amanda (19), Christie (17), Shannon (14), Riley (10) and Abbey (9)... Majoring in media and communication studies and aspires to be a sports broadcaster... Born Dec. 20, 1989.

## MILLER'S BEST TIMES

Event	2008-09 Best	Meet
50 Free	24.24	America East Championships
100 Free	52.75	Maryland/Towson
200 Free	1:55.25	America East Championships



## KATHRYN MOORBY

**5-2 • SOPHOMORE • FLY/BACK/SPRINT FREE**  
CAPE MAY, N.J. • LOWER CAPE MAY REGIONAL

**2008-09:** Placed 10th in the 100-yard backstroke and 13th in the 200-yard butterfly at the America East Championships... Led off the school record-setting 400 medley relay team that earned silver at the conference meet... Finished fifth in the 200 fly, 10th in the 100 back and 16th in the 100 fly at the Patriot Invitational... Highest finish was second, which she accomplished four times during the dual meet season... Swam season-best times in the 100 back (58.53) and 100 fly (59.30) at the America East Championships and in the 200 fly (2:07.83) against Towson and Maryland... Her 100 back time ranks sixth on UMBC's all-time top-10 list.

**Background:** Was senior captain for Lower Cape May Regional High School in Cape May, N.J.... New Jersey state finalist in the 50 freestyle, 100 fly and 200 freestyle in 2008... Qualified for states all four years... Qualified for Junior Nationals in the 200 fly in 2007.

**Personal:** Daughter of Karen and Scott Moorby... Sister, Kristen, swam for UMBC and graduated in 2006... Brother, Scott, swims for Carnegie Mellon... Majoring in media and communications studies.

## MOORBY'S BEST TIMES

Event	2008-09 Best	Meet
100 Back	58.53	America East Championships
100 Fly	59.30	America East Championships



## LAURA ROGERS

**5-5 • SOPHOMORE • BREAST/BACK/IM**  
**CATONSVILLE, Md. • CATONSVILLE**

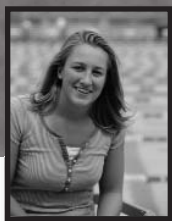
**2008-09:** Highest finish was third in the 200-yard backstroke against Marist... Swam season-best times in the 200 back (2:09.63), 200-yard individual medley (2:14.84) and 400 IM (4:45.58) at the America East Championships and in the 100 back (1:03.29) against East Carolina.

**Background:** Maryland state finalist in the 200 back, 200 breast and 400 IM in 2006 and a semifinalist in the 200 back and 200 breast in 2008.

**Personal:** Daughter of Susan Younts and Eric Rogers... Has three siblings, Rebecca, Sara and Evan... Majoring in biochemistry... Born Oct. 20, 1990.

## ROGERS' BEST TIMES

Event	2008-09 Best	Meet
200 Back	2:09.63	America East Championships
200 IM	2:14.84	America East Championships



## ASHLEY SIPPEL

**5-5 • SOPHOMORE • SPRINT FREE/BREAST**  
**ROCKVILLE, Md. • THOMAS WOOTTON**

**2008-09:** Finished 10th in the 100-yard freestyle, 12th in the 100-yard breaststroke and 14th in the 200 breast at the Patriot Invitational... Highest finish was third in the 50 free against Marist and in the 200 breast against Binghamton... Swam season-best times in the 50 free (28.54), 100 free (53.36), 100 breast (1:08.48) and 200 breast (2:32.86) at the Patriot Invitational.

**Background:** Swam for Thomas Wootton High School in Rockville, Md.... Named senior captain for the Patriots in 2008.

**Personal:** Daughter of Lisa and Dana Sippel... Has one brother, Andrew... Majoring in mechanical engineering... Born Oct. 22, 1990.

## SIPPEL'S BEST TIMES

Event	2008-09 Best	Meet
50 Free	28.54	Patriot Invitational
100 Free	53.36	Patriot Invitational
100 Breast	1:08.48	Patriot Invitational



## LAURA TILMAN

**5-5 • SOPHOMORE • BACKSTROKE**  
**MIAMI, Fla. • RANSOM EVERGLADES**

**2008-09:** Finished fourth in the 200-yard backstroke, eighth in the 100 back and ninth in the 400-yard individual medley at the America East Championships... Part of school record-breaking 200 medley relay at the conference meet... Placed ninth in the 200 back and 12th in the 400 IM at the Patriot Invitational... Won the 200 back against Marist and Bucknell... Swam season-best times in the 100 back (58.56), 200 back (2:04.84) and 400 IM (4:33.36) at the America East Championships... Her 100 and 200 back times both rank seventh on UMBC's all-time top-10 lists... Named to the America East Honor Roll.

**Background:** An All-Dade County qualifier her freshman, junior and senior seasons... Received the Coaches' Award all four years at Ransom Everglades High School in Coconut Grove, Fla.

**Personal:** Daughter of Elizabeth and James Tilman... Has two sisters, Emily and Katie... Major is undecided... Wants to be an architect or interior designer... Born Nov. 18, 1989.

## TILMAN'S BEST TIMES

Event	2008-09 Best	Meet
100 Back	58.56	America East Championships
200 Back	2:04.84	America East Championships
400 IM	4:33.36	America East Championships



## ELISE BLASCHKE

**5-7 • FRESHMAN • BREAST/FREE/IM**  
**SEWELL, N.J. • BISHOP EUSTACE PREP**

**Background:** Competed at the NCSA Junior Nationals in 2009... Member of the All-South Jersey First Team in 2009... First-Team All Non-Public from 2006-09... Earned a varsity letter in swimming for four years... Named Most Valuable Swimmer of the Bishop Eustace swim team three times.

**Personal:** Daughter of Marianne and Waldemar Blaschke... Has an older sister, Solange (27)... Majoring in psychology and hopes to pursue a career in early childhood education and counseling... Born Oct. 23, 1990.



## AMY FAY

**5-7 • FRESHMAN • MID/DISTANCE FREE**  
**HAVERHILL, MASS. • HAVERHILL**

**Background:** Massachusetts state champion in the 500 free in 2009... Named to the Merrimack Valley All-Conference Team in 2008 and 2009... A three-year letter winner at Haverhill High School.

**Personal:** Daughter of Michael and Sandy Fay... Has a younger sister, Emily (16)... Major is undecided but aspires to become a physical therapist... Born Feb. 14, 1991.

# SWIMMING AND DIVING RETRIEVERS



## RENICE KENNY

**5-6 • FRESHMAN • BREAST/FREE/IM**  
BROWNSBURG, IND. • COVENANT CHRISTIAN

**Background:** Named Most Valuable Swimmer twice at Covenant Christian High School... Was a Indiana High School Athletic Association Sectional champion in 2006 and 2007.

**Personal:** Son of Partick and Esme Kenny... Majoring in computer science... Born Aug. 20, 1990.

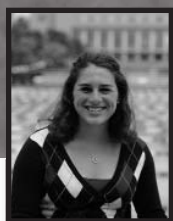


## TARA MORRISSETTE

**5-3 • FRESHMAN • FLY/IM**  
SOMESWORTH, N.H. • SAINT THOMAS AQUINAS

**Background:** Named a USA Swimming Academic All-American in 2007... Part of the New Hampshire state champion 200 medley relay team at Saint Thomas Aquinas High School in 2006... Was in the top-10 at the New England Swimming Championships based on points.

**Personal:** Daughter of James and Ann Morrisette... Major is undecided... Born Aug. 6, 1991.



## JENNIFER KOTONIAS

**5-2 • FRESHMAN • IM/FLY/FREE**  
BURTONSVILLE, MD. • ACADEMY OF HOLY CROSS

**Background:** A member of the All-Washington Metropolitan Private School Swimming and Diving League First Team in 2007 and 2008... Named to the All-Montgomery County Second Team in 2007 and 2008.

**Personal:** Daughter of Jim and Angie Kotonias... Has a younger brother, Nick (16)... Mother was a member of Ohio State's volleyball team... Majoring in psychology with hopes of becoming a psychologist... Born March 20, 1991.



## ANNA PLUNKETT

**5-8 • FRESHMAN • FLY/FREE**  
ORCHARD PARK, N.Y. • NARDIN ACADEMY

**Background:** Was a four-time New York State qualifier... Named the Most Valuable Swimmer of the All-Catholic Meet in 2008.

**Personal:** Daughter of Patrick and Colleen Plunkett... Has three siblings, Megan (20), Sean (16) and Erin (11)... Major is undecided... Born April 16, 1991.



## JACQUELYN MENCHACA

**5-4 • FRESHMAN • DIVING**  
MCALLEN, TEXAS • NIKKI ROWE

**Background:** District champion for diving in 2009... Became an All-Valley diver in 2008 and 2009 for the University Interscholastic League.

**Personal:** Daughter of Eloy and Sonia Menchaca... Has one brother, Nathaniel... Majoring in history education to pursue a career as a history professor... Born Aug. 20, 1991.

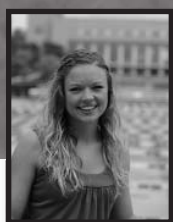


## KATIE POWLEN

**5-6 • FRESHMAN • MID-DISTANCE FREE**  
SOUTHBOROUGH, MASS. • ALGONQUIN REGIONAL

**Background:** A state champion in the 200 free in 2006 and in the 500 free in 2009... Named the League MVP in 2009... Holds seven school records... A Metro West All-Star in 2006, 2007 and 2009.

**Personal:** Daughter of Jerry and Mary Powlen... Has one sister, Mallory (21)... Major is undecided... Born March 7, 1991.



## VICTORIA MONETA

**5-5 • FRESHMAN • DIVING**  
LAWRENCEVILLE, GA. • CENTRAL GWINNETT

**Background:** Placed first in her age group in the Georgia Diving Games in the 1-meter dive in 2009... A top-10 diver at the 2008 Clody Diving Invitational.

**Personal:** Daughter of Michael and Jamie Monetta... Has two older siblings, Dustin (22) and Devon (20)... Major is undecided... Born Jan. 8, 1991.



## CARSON TAYLOR

**5-3 • FRESHMAN • DIVING**  
OWENSBORO, KY. • OWENSBORO

**Background:** Named Owensboro High School's High Point Scorer in 2009... Garnered the Most Improved Diver Award in 2009.

**Personal:** Daughter of Lori Bandy... Has an older brother, Lucas (21), and a younger sister, Samantha (10)... Majoring in visual arts and hopes to pursue a career in graphic design... Born April 2, 1991.

## 2009 AMERICA EAST CHAMPIONSHIPS

### FINAL SCORES

MEN		WOMEN	
School	Points	School	Points
1. <b>UMBC</b>	<b>900</b>	1. Boston University	769
2. Boston University	873	2. <b>UMBC</b>	<b>687</b>
3. Binghamton	700	3. Vermont	587
4. Stony Brook	366	4. New Hampshire	537
5. Maine	219	5. Stony Brook	330
		6. Binghamton	278
		7. Maine	159
<b>UMBC Totals</b>		<b>UMBC Totals</b>	
5 Gold		1 Gold	
5 Silver		4 Silver	
3 Bronze		2 Bronze	
45 Finalists (1-8)		29 Finalists (1-8)	

## AMERICA EAST CHAMPIONS

### MEN

Name	Event	Time
Justin Bronson	200 Free	1:37.23
Justin Bronson	500 Free	4:24.91
Milos Djukic	100 Back	49.76
Brad Reitz	200 Fly	1:47.69
Brad Reitz	200 IM	1:48.67*
Eric Jones, Evan Roseberry, Keilan Freeman, Justin Bronson	800 Free Relay	6:39.18*

### WOMEN

Name	Event	Time
Jennifer Esposito	200 Fly	1:59.98

\*America East Championships Record

## RELAY POINT SCORERS

MEN		WOMEN			
Jones, Roseberry, Freeman, Bronson	800 Free Relay	1st (40)	Maccherola, Miller, Surkovich, McKenney	200 Free Relay	2nd (34)
Jones, Djukic, Vonder Haar, J. Mattingly	200 Free relay	2nd (34)	Maccherola, Miller, Cruz, McKenney	400 Free Relay	2nd (34)
Vonder Haar, Jones, J. Mattingly, Bronson	400 Free Relay	2nd (34)	Surkovich, Ryan, McKenney, Maccherola	800 Free Relay	2nd (34)
Djukic, M. Mattingly, B. Reitz, Bronson	400 Medley Relay	2nd (34)	Moorby, Kaplanova, Esposito, Maccherola	400 Medley Relay	2nd (34)
Schneider, M. Mattingly, Vonder Haar, J. Mattingly	200 Medley Relay	3rd (32)	Tilman, Kaplanova, Sherman, Miller	200 Medley Relay	3rd (32)



## 2009 AMERICA EAST CHAMPIONSHIPS

### INDIVIDUAL POINT SCORERS

#### MEN

Name	Event	Place (Pts.)
Justin Bronson, Sr.	200 Free	1st (20)
	500 Free	1st (20)
	100 Free	2nd (17)
<b>BRONSON TOTAL</b>		<b>57 POINTS</b>
Brad Reitz, So.	200 IM	1st (20)
	200 Fly	1st (20)
	100 Fly	2nd (17)
<b>B. REITZ TOTAL</b>		<b>57 POINTS</b>
Milos Djukic, Sr.	100 Back	1st (20)
	200 Back	3rd (16)
	50 Free	8th (11)
<b>DJUKIC TOTAL</b>		<b>47 POINTS</b>
Mat Carson, So.	1650 Free	3rd (16)
	400 IM	4th (15)
	500 Free	5th (14)
<b>CARSON TOTAL</b>		<b>45 POINTS</b>
P.J. Sterba, Sr.	200 Fly	2nd (17)
	200 Free	5th (14)
	100 Fly	5th (14)
<b>STERBA TOTAL</b>		<b>45 POINTS</b>
Matt Mattingly, Jr.	200 IM	2nd (17)
	100 Breast	3rd (16)
	100 Fly	8th (11)
<b>M. MATTINGLY TOTAL</b>		<b>44 POINTS</b>
Evan Roseberry, Sr.	500 Free	4th (15)
	1650 Free	4th (15)
	200 Fly	5th (14)
<b>ROSEBERRY TOTAL</b>		<b>44 POINTS</b>
John Mendenhall, Fr.	200 Breast	2nd (17)
	100 Breast	6th (13)
	400 IM	7th (12)
<b>MENDENHALL TOTAL</b>		<b>42 POINTS</b>
Dan Weston-	200 IM	5th (14)
Dawkes, Jr.	400 IM	5th (14)
	200 Breast	6th (13)
<b>WESTON-DAWKES TOTAL</b>		<b>41 POINTS</b>
Jason Mattingly, Fr.	100 Back	4th (15)
	50 Free	6th (13)
	100 Free	7th (12)
<b>J. MATTINGLY TOTAL</b>		<b>40 POINTS</b>
Eric Jones, So.	200 Free	4th (15)
	50 Free	7th (12)
	100 Free	8th (11)
<b>JONES TOTAL</b>		<b>38 POINTS</b>
Nour Saad, Fr.	200 Back	2nd (17)
	100 Back	6th (13)
	200 IM	11th (6)
<b>SAAD TOTAL</b>		<b>36 POINTS</b>
Ben Wolbert, Fr.	200 Fly	4th (15)
	200 Free	8th (11)
	100 Fly	9th (9)
<b>WOLBERT TOTAL</b>		<b>35 POINTS</b>
Zach Vonder	100 Back	5th (14)
Haar, Jr.	100 Fly	6th (13)
	50 Free	10th (7)
<b>VONDER HAAR TOTAL</b>		<b>34 POINTS</b>
Kregg Deery, So.	100 Breast	8th (11)
	200 Breast	8th (11)
	200 IM	10th (7)
<b>DEERY TOTAL</b>		<b>29 POINTS</b>
Keilan Freeman, So.	200 Free	6th (13)
	200 Free	6th (13)
<b>FREEMAN TOTAL</b>		<b>26 POINTS</b>
Dan Grippi, So.	1-Meter	8th (11)
	3-Meter	9th (9)
<b>GRIppi TOTAL</b>		<b>20 POINTS</b>
Matt Hamil, Jr.	1-Meter	7th (12)
	3-Meter	11th (6)
<b>HAMIL TOTAL</b>		<b>18 POINTS</b>
Sven Schneider, Sr.	100 Free	11th (6)
	100 Fly	12th (5)
	50 Free	13th (4)
<b>SCHNEIDER TOTAL</b>		<b>15 POINTS</b>
Greg Guseman, So.	1-Meter	11th (6)
	3-Meter	10th (7)
<b>GRIppi TOTAL</b>		<b>13 POINTS</b>

#### WOMEN

Name	Event	Place (Pts.)
Jennifer Esposito, Jr.	200 Fly	1st (20)
	100 Fly	2nd (17)
	500 Free	4th (15)
<b>ESPOSITO TOTAL</b>		<b>52 POINTS</b>
Sam Maccherola, Jr.	200 Free	2nd (17)
	500 Free	2nd (17)
	100 Free	4th (15)
<b>MACCHEROLA TOTAL</b>		<b>49 POINTS</b>
Tereza Kaplanova, Jr.	200 Breast	3rd (16)
	100 Breast	4th (15)
	200 IM	4th (15)
<b>KAPLANOVA TOTAL</b>		<b>46 POINTS</b>
Abbey McKenney, Fr.	50 Free	3rd (16)
	100 Free	5th (14)
	200 Free	5th (14)
<b>MCKENNEY TOTAL</b>		<b>44 POINTS</b>
Lindsey Sherman, Jr.	200 Fly	2nd (17)
	100 Fly	6th (13)
	200 Free	8th (11)
<b>SHERMAN TOTAL</b>		<b>41 POINTS</b>
Rebecca Godwin, So.	1650 Free	4th (15)
	400 IM	6th (13)
	500 Free	11th (6)
<b>GODWIN TOTAL</b>		<b>34 POINTS</b>
Laura Tilman, Fr.	200 Back	4th (15)
	100 Back	8th (11)
	400 IM	9th (9)
<b>TILMAN TOTAL</b>		<b>34 POINTS</b>
Daniele Surkovich, Sr.	200 Fly	6th (13)
	100 Fly	8th (11)
	500 Free	9th (9)
<b>SURKOVICH TOTAL</b>		<b>33 POINTS</b>
Pink Kinanti, Fr.	1650 Free	7th (12)
	200 Fly	8th (11)
	100 Fly	10th (7)
<b>KINANTI TOTAL</b>		<b>30 POINTS</b>
Julie Cantwell, So.	200 IM	7th (12)
	400 IM	11th (6)
	200 Back	12th (5)
<b>J. CANTWELL TOTAL</b>		<b>23 POINTS</b>
Sarah Ryan, So.	200 Free	7th (12)
	200 Fly	10th (7)
	100 Free	13th (4)
<b>RYAN TOTAL</b>		<b>23 POINTS</b>
Danielle Cruz, So.	200 IM	9th (9)
	100 Free	10th (7)
	200 Free	11th (6)
<b>CRUZ TOTAL</b>		<b>22 POINTS</b>
Ashley Miller, Fr.	50 Free	8th (11)
	100 Free	9th (9)
	200 Free	15th (2)
<b>MILLER TOTAL</b>		<b>22 POINTS</b>
Gabby Johnston, So.	100 Breast	7th (12)
	200 Breast	12th (5)
	200 IM	13th (4)
<b>JOHNSTON TOTAL</b>		<b>21 POINTS</b>
Kate Chialastri, Jr.	200 Fly	7th (12)
	100 Fly	11th (6)
<b>CHIALASTRI TOTAL</b>		<b>18 POINTS</b>
Joy Wilde, Sr.	200 Breast	7th (12)
	100 Breast	13th (4)
<b>WILDE TOTAL</b>		<b>16 POINTS</b>
Kathryn Moorby, Fr.	100 Back	10th (7)
	200 Fly	13th (4)
<b>MOORBY TOTAL</b>		<b>11 POINTS</b>

# SWIMMING AND DIVING RETRIEVERS

## ALL-TIME UMBC RECORDS

MEN				WOMEN		
RECORD HOLDER	TIME	YEAR	EVENT	RECORD HOLDER	TIME	YEAR
Mehdi Addadi	20.35	2002	<b>50 Free</b>	Lindsey Engler	23.56	2008
Brad Green	44.82	2004	<b>100 Free</b>	<b>Sam Maccherola</b>	<b>50.88</b>	<b>2009</b>
Justin Bronson	1:37.29	2009	<b>200 Free</b>	<b>Sam Maccherola</b>	<b>1:48.51</b>	<b>2009</b>
Justin Bronson	4:24.91	2009	<b>500 Free</b>	Meghan Sackett	4:50.42	2005
David Miller	9:20.47	1995	<b>1000 Free</b>	Meghan Sackett	10:04.92	2005
Ryan Karrer	15:31.99	2006	<b>1650 Free</b>	Meghan Sackett	16:47.07	2005
Mehdi Addadi	48.84	2001	<b>100 Back</b>	Astrid Sperling	56.74	2004
Rasmus Kutt	1:49.12	2007	<b>200 Back</b>	Astrid Sperling	2:00.47	2003
Scott Auchter	56.59	2007	<b>100 Breast</b>	<b>Tina Cantwell</b>	<b>1:03.58</b>	<b>2008</b>
Kevin Goh	2:00.94	2000	<b>200 Breast</b>	Lindsey Prather	2:15.84	2001
Mehdi Addadi	48.44	2002	<b>100 Fly</b>	Sabine Pietrzyk	55.60	1999
<b>Brad Reitz</b>	<b>1:47.69</b>	<b>2009</b>	<b>200 Fly</b>	<b>Jen Esposito</b>	<b>1:59.98</b>	<b>2009</b>
<b>Brad Reitz</b>	<b>1:48.67</b>	<b>2009</b>	<b>200 IM</b>	Agnes Stanislawska	2:03.56	2007
David Miller	3:54.72	1995	<b>400 IM</b>	Lisa Webb	4:25.91	2000
McCormick, Ward, Stiebert, Stambaugh	1:22.05	1991	<b>200 Free Relay</b>	<b>Maccherola, Miller, Surkovich, McKenney</b>	<b>1:34.80</b>	<b>2009</b>
Addadi, Green, Farley, Patrick	3:00.48	2002	<b>400 Free Relay</b>	<b>Maccherola, Miller, Cruz, McKenney</b>	<b>3:26.67</b>	<b>2009</b>
<b>Jones, Roseberry, Freeman, Bronson</b>	<b>6:39.18</b>	<b>2007</b>	<b>800 Free Relay</b>	Surkovich, Ryan, <b>McKenney, Maccherola</b>	<b>7:25.37</b>	<b>2009</b>
Schneider, M. Mattingly, <b>Vonder Haar, J. Mattingly</b>	1:31.21	2009	<b>200 Medley Relay</b>	Tilman, Kaplanova, <b>Sherman, Miller</b>	1:46.07	2009
Addadi, Giggey, Goh, Patrick	3:19.51	2000	<b>400 Medley Relay</b>	<b>Moorby, Kaplanova, Esposito, Maccherola</b>	<b>3:48.38</b>	<b>2009</b>
Jeff Salgado	350.55	2006	<b>1 Meter Dive</b>	Ashley Houghton	281.48	2006
Jeff Salgado	318.30	2007	<b>3 Meter Dive</b>	Ashley Houghton	300.15	2006

2009-10 Retrievers in Bold.

RETRIEVER RECORDS

## UMBC NATATORIUM POOL RECORDS

MEN				WOMEN		
RECORD HOLDER	TIME	YEAR	EVENT	RECORD HOLDER	TIME	YEAR
Kaan Tayla, Binghamton	20.41	2005	<b>50 Free</b>	Katie Hoff, NBAC	23.11	2006
Michael Phelps, NBAC	45.11	2004	<b>100 Free</b>	Katie Hoff, NBAC	49.56	2005
Kaan Tayla, Binghamton	45.11	2005				
Dominik Matuzewicz, CCSU	1:39.79	2000	<b>200 Free</b>	Katie Hoff, NBAC	1:45.43	2005
Dominik Matuzewicz, CCSU	4:29.26	2001	<b>500 Free</b>	Kate Ziegler, FISH	4:43.91	2007
<b>David Miller</b>	<b>9:20.47</b>	<b>1995</b>	<b>1000 Free</b>	Kate Ziegler, FISH	9:40.19	2006
Michael Wheeler, EST	15:45.98	1998	<b>1650 Free</b>	Kate Ziegler, FISH	15:58.52	2006
Michael Phelps, NBAC	49.17	2003	<b>100 Back</b>	Beth Botsford, NBAC	54.78	1997
Michael Phelps, NBAC	1:45.65	2002	<b>200 Back</b>	Beth Botsford, NBAC	1:57.93	1997
Robert Kaczynski, Binghamton	56.82	2005	<b>100 Breast</b>	Anita Nall, NBAC	1:03.11	1992
Dominick Szabo, AU	2:03.46	2003	<b>200 Breast</b>	Katie Hoff, NBAC	2:13.91	2005
Marcin Kaczmarek, CCSU	49.26	2000	<b>100 Fly</b>	Katie Hoff, NBAC	53.61	2006
Marcin Kaczmarek, CCSU	1:48.95	2000	<b>200 Fly</b>	Michelle Griglione, AYFF	2:00.12	1991
<b>Kevin Goh</b>	<b>1:52.44</b>	<b>2001</b>	<b>200 IM</b>	Elizabeth Lavell, MAAC	2:05.34	2000
Bryan Offutt, GTAC	3:59.82	2007	<b>400 IM</b>	Michelle Griglione, AYFF	4:13.78	1987
Binghamton	1:24.98	2005	<b>200 Free Relay</b>	New Hampshire	1:36.32	2005
Binghamton	3:04.45	2005	<b>400 Free Relay</b>	New Hampshire	3:29.34	2005
Drexel	6:51.48	1991	<b>800 Free Relay</b>	New Hampshire	7:37.92	2005
Binghamton	1:32.82	2005	<b>200 Medley Relay</b>	New Hampshire	1:47.01	2005
Binghamton	3:26.33	2005	<b>400 Medley Relay</b>	New Hampshire	3:51.53	2005

Records set by UMBC in Bold.

## UMBC YEAR-BY-YEAR

Year	Men	Women	Coach	2000-01	7-4* <sup>A</sup>	5-5-1	Sid Burkot
1986-87	3-8	5-5	Sid Burkot	<i>Burkot Career:</i>	104-81	95-86-1	15 seasons
1987-88	4-7	6-5	Sid Burkot	2001-02	11-1* <sup>A</sup>	7-6 <sup>A</sup>	Chad Cradock
1988-89	6-8	8-7	Sid Burkot	2002-03	9-3* <sup>A</sup>	11-3 <sup>A</sup>	Chad Cradock
1989-90	7-4	3-7	Sid Burkot	2003-04	12-1!	12-1	Chad Cradock
1990-91	7-7	4-7	Sid Burkot	2004-05	10-0!	8-3	Chad Cradock
1991-92	6-9	8-6	Sid Burkot	2005-06	6-4!	9-1	Chad Cradock
1992-93	10-3	10-2	Sid Burkot	2006-07	8-1!	10-1!	Chad Cradock
1993-94	10-4	12-2	Sid Burkot	2007-08	6-1!	4-4!	Chad Cradock
1994-95	9-4	9-4	Sid Burkot	2008-09	5-3-1!	4-7	Chad Cradock
1995-96	7-4	5-6	Sid Burkot	<i>Cradock Career:</i>	67-14-1	65-26	Seven seasons
1996-97	8-6	5-9	Sid Burkot	<b>UMBC All-Time:</b>	<b>171-95-1</b>	<b>160-112-1</b>	<b>22 seasons</b>
1997-98	5-8*	5-7	Sid Burkot	*ECAC Champions			
1998-99	7-5*	6-6* <sup>A</sup>	Sid Burkot	<sup>A</sup> Northeast Conference Champions			
1999-2000	8-4* <sup>A</sup>	4-8 <sup>A</sup>	Sid Burkot	!America East Conference Champions			

### 50 FREESTYLE

1. Mehdi Addadi	20.35	2002
2. Mike Stambaugh	20.47	1992
3. Brad Green	20.53	2004
4. Evan Patrick	20.77	2002
5. Ken McCormick	20.88	1991
<b>6. Jason Mattingly</b>	<b>20.91</b>	<b>2009</b>
<b>7. Eric Jones</b>	<b>20.94</b>	<b>2009</b>
8. Luke Moorman	21.04	1997
9. Milos Djukic	21.06	2009
10. Ramon James	21.16	2002

### 100 FREESTYLE

1. Brad Green	44.82	2004
2. Justin Bronson	45.07	2009
3. Mike Stambaugh	45.11	1992
4. Mehdi Addadi	45.18	2000
5. Evan Patrick	45.31	2000
<b>6. Jason Mattingly</b>	<b>45.48</b>	<b>2009</b>
7. Jeremy Sansbury	45.78	1998
8. Ken McCormick	45.85	1991
<b>9. Eric Jones</b>	<b>46.00</b>	<b>2008</b>
10. David Miller	46.13	1996

### 200 FREESTYLE

1. Justin Bronson	1:37.23	2009
2. Evan Patrick	1:38.72	2000
3. Jeremy Sansbury	1:39.59	1999
<b>4. Eric Jones</b>	<b>1:39.85</b>	<b>2009</b>
5. Mehdi Addadi	1:39.88	2000
6. Jakub Sroczynski	1:40.17	2003
7. Freddie Reitz	1:40.26	2008
8. P.J. Sterba	1:40.32	2009
9. Chad Cradock	1:40.60	1997
10. Brad Green	1:40.75	2001

### 500 FREESTYLE

1. Justin Bronson	4:24.91	2009
2. Freddie Reitz	4:26.21	2008
3. Chad Cradock	4:28.62	1996
4. David Miller	4:29.77	1993
5. Jeremy Sansbury	4:30.60	1998
6. Evan Roseberry	4:30.73	2009
7. Carlos Canepa	4:31.62	2003
8. Jakub Sroczynski	4:31.74	2004
9. Ryan Karrer	4:33.59	2005
<b>10. Mark Garbowski</b>	<b>4:33.87</b>	<b>2009</b>

### 1000 FREESTYLE

1. David Miller	9:20.47	1995
2. Evan Roseberry	9:24.12	2006
3. Ryan Karrer	9:24.45	2006
4. Chad Cradock	9:28.64	1996
5. Carlos Canepa	9:35.52	2004
6. Jakub Sroczynski	9:36.20	2003
7. Frank Schneider	9:38.44	1995
8. Kevin Goh	9:38.76	1998
9. Josh Farley	9:40.40	2001
10. Jamie Todes	9:42.19	2002

### 1650 FREESTYLE

1. Ryan Karrer	15:31.99	2006
2. Chad Cradock	15:34.61	1995
3. Evan Roseberry	15:39.19	2006
4. David Miller	15:39.81	1995
<b>5. Mat Carson</b>	<b>15:55.89</b>	<b>2009</b>
6. Todd Garner	15:56.44	1996
7. Carlos Canepa	16:00.88	2002
8. Brad Green	16:04.61	2000
9. Joey Sementelli	16:05.26	2007
10. Jamie Todes	16:09.75	2002

### 100 BACKSTROKE

1. Mehdi Addadi	48.84	2001
2. Milos Djukic	49.61	2009
3. Rasmus Kutt	49.74	2007
4. Mike Stambaugh	50.38	1992
5. Ramon James	50.77	2002
6. Phil Boyer	51.16	1998
<b>7. Zach Vonder Haar</b>	<b>51.20</b>	<b>2009</b>
<b>8. Jason Mattingly</b>	<b>51.22</b>	<b>2009</b>
9. Eric Sloan	51.40	1994
<b>10. Nour Saad</b>	<b>51.57</b>	<b>2009</b>

### 200 BACKSTROKE

1. Rasmus Kutt	1:49.12	2007
2. Mehdi Addadi	1:49.29	1999
<b>3. Nour Saad</b>	<b>1:49.61</b>	<b>2009</b>
4. Jakub Sroczynski	1:49.86	2002
5. Milos Djukic	1:50.43	2009
6. Eric Sloan	1:50.90	1994
<b>7. Mat Carson</b>	<b>1:51.66</b>	<b>2007</b>
<b>8. Keilan Freeman</b>	<b>1:51.78</b>	<b>2009</b>
9. Mike Stambaugh	1:51.88	1992
10. Phil Boyer	1:52.07	1998

### 100 BREASTSTROKE

1. Scott Auchter	56.59	2007
2. Kevin Goh	56.64	2001
3. Rob Giggey	56.82	2000
<b>4. Matt Mattingly</b>	<b>56.96</b>	<b>2009</b>
5. Jason Starr	57.63	1993
6. Ian Carey	58.00	2003
<b>7. John Mendenhall</b>	<b>58.07</b>	<b>2009</b>
8. Anthony VanLierop	58.04	1994
9. Karl Strauss	58.13	2002
10. Adam Blais	58.40	2006

### 200 BREASTSTROKE

1. Kevin Goh	2:00.94	2000
2. Rob Giggey	2:02.63	1993
<b>3. John Mendenhall</b>	<b>2:03.49</b>	<b>2009</b>
4. Steve Mason	2:03.94	1999
5. Matt White	2:04.67	1995
6. Scott Auchter	2:05.46	2007
7. Jason Starr	2:05.78	1993
<b>8. Dan Weston-Dawkes</b>	<b>2:05.83</b>	<b>2009</b>
9. Ian Carey	2:06.10	2006
10. Anthony Van Lierop	2:06.16	1995

### 100 BUTTERFLY

1. Mehdi Addadi	48.44	2002
<b>2. Brad Reitz</b>	<b>48.59</b>	<b>2009</b>
3. Michael Gibeau	49.12	1995
<b>4. Matt Mattingly</b>	<b>49.49</b>	<b>2009</b>
5. Justin Bronson	49.51	2007
<b>6. Zach Vonder Haar</b>	<b>49.67</b>	<b>2009</b>
7. P.J. Sterba	49.79	2009
8. Geza Szabo	50.03	2006
9. Ramon James	50.50	2002
<b>10. Ben Wolbert</b>	<b>50.56</b>	<b>2009</b>

### 200 BUTTERFLY

<b>1. Brad Reitz</b>	<b>1:47.69</b>	<b>2009</b>
2. Geza Szabo	1:48.39	2006
3. Mike Gibeau	1:49.35	1995
4. Kevin Goh	1:49.93	2000
5. P.J. Sterba	1:50.68	2009
6. David Miller	1:50.73	1996
7. Evan Roseberry	1:52.25	2009
<b>8. Ben Wolbert</b>	<b>1:52.38</b>	<b>2009</b>
9. Mehdi Addadi	1:52.60	2001
10. Eric Skrabacz	1:53.42	2005

### 200 INDIVIDUAL MEDLEY

<b>1. Brad Reitz</b>	<b>1:48.67</b>	<b>2009</b>
<b>2. Matt Mattingly</b>	<b>1:50.32</b>	<b>2009</b>
3. Kevin Goh	1:50.49	2001
4. David Miller	1:50.96	1995
5. Jakub Sroczynski	1:51.55	2003
6. Josh Farley	1:52.03	2002
<b>7. Dan Weston-Dawkes</b>	<b>1:52.35</b>	<b>2009</b>
8. Karn Yimsomruay	1:52.49	2005
9. Ryan Campbell	1:52.88	1998
10. Matt White	1:52.88	1998

### 400 INDIVIDUAL MEDLEY

1. David Miller	3:54.72	1995
2. Kevin Goh	3:58.35	1999
<b>3. Mat Carson</b>	<b>3:59.00</b>	<b>2009</b>
4. Jakub Sroczynski	4:00.19	2002
5. Steve Mason	4:00.28	1999
6. Josh Farley	4:00.58	2002
<b>7. Dan Weston-Dawkes</b>	<b>4:01.17</b>	<b>2009</b>
8. Todd Garner	4:01.33	1996
9. Karn Yimsomruay	4:01.67	2005
10. Matt White	4:02.35	1995

*Bold indicates 2009-10 Retrievers.*

# SWIMMING AND DIVING RETRIEVERS

## 50 FREESTYLE

1. Lindsey Engler	23.56	2008
2. Daniele Surkovich	23.67	2007
<b>3. Sam Maccherola</b>	<b>23.69</b>	<b>2009</b>
<b>4. Abbey McKenney</b>	<b>23.76</b>	<b>2009</b>
5. Robin Klein	24.06	2005
<b>6. Ashley Miller</b>	<b>24.24</b>	<b>2009</b>
7. Maria Martin	24.25	1992
8. Elyse Gibson	24.33	2006
9. Carrie Miller	24.35	1998
<b>10. Erin Wohlers</b>	<b>24.39</b>	<b>2009</b>

## 100 FREESTYLE

<b>1. Sam Maccherola</b>	<b>50.88</b>	<b>2009</b>
<b>2. Abbey McKenney</b>	<b>51.04</b>	<b>2009</b>
3. Daniele Surkovich	51.06	2007
4. Lindsey Engler	51.32	2008
5. Agnes Stanislawski	51.75	2003
6. Meghan Sackett	52.42	2005
7. Carrie Miller	52.47	1998
8. Stephanie Langham	52.72	1990
<b>9. Ashley Miller</b>	<b>52.75</b>	<b>2008</b>
10. Anna Butler	52.77	1994

## 200 FREESTYLE

<b>1. Sam Maccherola</b>	<b>1:48.51</b>	<b>2009</b>
2. Daniele Surkovich	1:50.70	2007
3. Meghan Sackett	1:51.22	2005
4. Agnes Stanislawski	1:51.26	2004
<b>5. Abbey McKenney</b>	<b>1:51.87</b>	<b>2009</b>
6. Stephanie Langham	1:52.03	1990
<b>7. Sarah Ryan</b>	<b>1:52.69</b>	<b>2009</b>
8. Anna Butler	1:52.97	1993
<b>9. Lindsay Sherman</b>	<b>1:53.03</b>	<b>2009</b>
<b>10. Danielle Cruz</b>	<b>1:53.06</b>	<b>2009</b>

## 500 FREESTYLE

1. Meghan Sackett	4:50.42	2005
<b>2. Sam Maccherola</b>	<b>4:50.53</b>	<b>2009</b>
3. Daniele Surkovich	4:53.33	2008
4. Sue Herzog	4:54.20	1989
<b>5. Jennifer Esposito</b>	<b>4:55.19</b>	<b>2009</b>
6. Holly Wittsack	4:59.08	2004
7. Agnes Stanislawski	4:59.40	2004
8. Kat Harrsen	4:59.86	2001
9. Christy Maskeroni	5:00.29	2000
10. Stephanie Langham	5:00.35	1990

## 1000 FREESTYLE

1. Meghan Sackett	10:04.92	2005
<b>2. Rebecca Godwin</b>	<b>10:13.97</b>	<b>2007</b>
3. Sue Herzog	10:16.71	1989
4. Daniele Surkovich	10:23.40	2005
5. Kat Harrsen	10:24.83	2000
<b>6. Sam Maccherola</b>	<b>10:28.37</b>	<b>2008</b>
7. Rachel Lesslie	10:28.40	2006
8. Cassie Dobrzanski	10:28.64	2008
<b>9. Pink Kinanti</b>	<b>10:29.29</b>	<b>2009</b>
10. Anna Butler	10:29.66	1994

## 1650 FREESTYLE

1. Megan Sackett	16:47.07	2005
2. Sue Herzog	16:58.57	1989
<b>3. Rebecca Godwin</b>	<b>17:00.37</b>	<b>2008</b>
4. Jessica Prosen	17:12.58	2002
<b>5. Pink Kinanti</b>	<b>17:12.68</b>	<b>2009</b>
6. Rachel Lesslie	17:16.10	2005
7. Cassie Dobrzanski	17:17.95	2008
8. Krista Hamilton	17:18.88	1993
9. Christy Maskeroni	17:19.70	1999
10. Kat Harrsen	17:20.40	2001

## 100 BACKSTROKE

1. Astrid Sperling	56.74	2004
2. Agnes Stanislawski	57.72	2007
3. Veronica Castro	57.97	1998
4. Ingrid Kilpe	57.98	1994
5. Amber Harris	58.45	2003
<b>6. Kathryn Moorby</b>	<b>58.53</b>	<b>2009</b>
<b>7. Laura Tilman</b>	<b>58.56</b>	<b>2009</b>
<b>8. Tereza Kaplanova</b>	<b>59.02</b>	<b>2008</b>
9. Jennifer Atkins	59.14	1995
10. Daniele Surkovich	59.28	2006

## 200 BACKSTROKE

1. Astrid Sperling	2:00.47	2003
2. Agnes Stanislawski	2:01.01	2007
3. Ingrid Kilpe	2:02.76	1995
4. Amber Harris	2:03.17	2003
5. Stephanie Schaeffer	2:03.35	1993
6. Jennifer Atkins	2:04.04	1993
<b>7. Laura Tilman</b>	<b>2:04.84</b>	<b>2009</b>
8. Veronica Castro	2:04.87	1998
9. Rachel Lesslie	2:04.93	2004
<b>10. Kelsey Fitzpatrick</b>	<b>2:05.03</b>	<b>2009</b>

## 100 BREASTSTROKE

<b>1. Tina Cantwell</b>	<b>1:03.58</b>	<b>2008</b>
2. Lindsey Prather	1:03.69	2001
3. Agnes Stanislawski	1:04.25	2005
<b>4. Tereza Kaplanova</b>	<b>1:04.97</b>	<b>2009</b>
5. Meghann Donovan	1:05.38	1999
6. Robin Klein	1:05.40	2005
7. Megan Malchak	1:05.90	1991
<b>8. Gabby Johnston</b>	<b>1:06.08</b>	<b>2009</b>
9. Courtney White	1:06.88	2005
10. Joy Wilde	1:07.20	2006

## 200 BREASTSTROKE

1. Lindsey Prather	2:15.84	2001
<b>2. Tina Cantwell</b>	<b>2:15.92</b>	<b>2008</b>
3. Agnes Stanislawski	2:18.55	2005
<b>4. Tereza Kaplanova</b>	<b>2:18.70</b>	<b>2008</b>
5. Meghann Donovan	2:21.21	2000
6. Megan Malchak	2:22.26	1991
7. Laura Chang	2:23.64	2002
8. Joy Wilde	2:23.63	2009
<b>9. Gabby Johnston</b>	<b>2:23.89</b>	<b>2008</b>
10. Lisa Webb	2:24.38	2001

## 100 BUTTERFLY

1. Sabine Pietrzyk	55.60	1999
<b>2. Jennifer Esposito</b>	<b>55.67</b>	<b>2009</b>
3. Ingrid Kilpe	56.20	1994
<b>4. Lindsay Sherman</b>	<b>56.29</b>	<b>2009</b>
5. Jackie Wisnaukas	56.72	1990
6. Holly Wittsack	56.77	2003
7. Daniele Surkovich	56.79	2007
<b>8. Pink Kinanti</b>	<b>57.15</b>	<b>2009</b>
9. Veronica Castro	57.20	1998
10. Jennifer Atkins	57.74	1995

## 200 BUTTERFLY

<b>1. Jennifer Esposito</b>	<b>1:59.98</b>	<b>2009</b>
<b>2. Lindsay Sherman</b>	<b>2:01.04</b>	<b>2009</b>
3. Jackie Wisnaukas	2:01.29	1990
4. Sabine Pietrzyk	2:02.32	1999
5. Holly Wittsack	2:03.26	2002
6. Ingrid Kilpe	2:04.02	1994
7. Lisandra Carvahlo	2:04.31	1999
8. Meghan Sackett	2:05.42	2006
9. Lisa Webb	2:05.50	2000
10. Veronica Castro	2:05.59	2000

## 200 INDIVIDUAL MEDLEY

1. Agnes Stanislawski	2:03.56	2007
<b>2. Tereza Kaplanova</b>	<b>2:05.22</b>	<b>2009</b>
3. Ingrid Kilpe	2:05.97	1994
4. Astrid Sperling	2:06.12	2002
5. Jackie Wisnaukas	2:06.72	1990
6. Lindsey Prather	2:07.01	2002
7. Jennifer Atkins	2:07.26	1993
<b>8. Tina Cantwell</b>	<b>2:07.73</b>	<b>2007</b>
9. Meghann Donovan	2:07.86	1999
10. Megan Lochte	2:08.05	2001

## 400 INDIVIDUAL MEDLEY

1. Lisa Webb	4:25.91	2000
2. Stephanie Langham	4:28.01	1990
<b>3. Rebecca Godwin</b>	<b>4:29.41</b>	<b>2009</b>
4. Veronica Castro	4:29.57	1998
5. Lindsey Prather	4:29.71	2003
6. Elysia Moreland	4:30.11	1996
7. Jessica Prosen	4:30.53	2002
<b>8. Tina Cantwell</b>	<b>4:31.05</b>	<b>2006</b>
9. Megan Malchak	4:31.55	1993
10. Amada Otis	4:31.58	2001

*Bold indicates 2009-10 Retrievers.*

# WELCOME TO UMBC

UMBC is a place that values excellence and achievement. We are an exciting campus with a bold vision and entrepreneurial spirit. It is an amazing story that we have come so far so fast, in 43 years.

# UMBC

UMBC's rapid development as a major research university is reflected in its classification in recent years as a Carnegie Research Extensive University. Only 151 (4%) of the nation's 3,500 colleges and universities have been included in this category.

UMBC has been named the No. 1 "up-and-coming" national university by *U.S News and World Report's* America's Best College Guide. The university was singled out among schools that have recently made the most promising and innovative changes in academics, faculty, students, campus or facilities. UMBC also was the top rated public university in undergraduate teaching. UMBC was tied with Stanford for fourth among all universities and colleges in undergraduate teaching behind only Dartmouth, Princeton and Yale. In addition, UMBC was named one of the top 100 "Best Value Colleges" by the Princeton Review in June 2009.

UMBC graduates join the private and public sectors in vital roles. Students entering the workforce are recruited by such top companies as Booz Allen, Constellation Energy, DuPont, IBM, Lockheed Martin, Northrup Grumman, Microsoft, NASA, Xerox and T. Rowe Price.

74 percent of incoming freshmen live on campus.

According to *Diverse: Issues in Higher Education*, UMBC ranks second in the nation in awarding bachelor's degrees to Asian Americans in computer and information sciences and 10th in the nation in awarding bachelor's degrees to African Americans in biological and biomedical sciences.

The university is among the top three Ph.D-granting universities in the U.S. in the production of IT degrees, according to the National Science Foundation (NSF).

UMBC's Meyerhoff Scholarship Program is a national model for educating talented students from all backgrounds in science, engineering, mathematics and computer science. The program is among the nation's leading producers of minority graduates in science and engineering who go on to earn the Ph.D. or M.D./Ph.D.

Department of Theatre student productions have been invited to perform six times at the finals of the Kennedy Center American College Theater Festival – more often than any other university theater program in Maryland.

The university was named one of the 50 best colleges for women in 2004, 2005 and 2006.

The university's Alex. Brown Center for Entrepreneurship received a \$2 million grant from the Kauffman Foundation to build entrepreneurship education across the campus.

The University's research funding has grown to \$87.6 million, up from \$36 million in 1996. UMBC ranks seventh among U.S. universities in NASA funding, according to 2004 U.S. Census Bureau data.

UMBC's research park is growing rapidly, with three buildings completed and two more underway. Currently housing 500,000 square feet of office and lab space, [bwtech@UMBC](mailto:bwtech@UMBC) and [techcenter@UMBC](mailto:techcenter@UMBC) are home to more than 50 companies, which employ nearly 100 students and 50 alumni and have research collaborations with more than 100 formal interactions with faculty and facilities at UMBC.

The Shriver Center's Choice Program has become a national model for supporting at-risk youth. This delinquency prevention program, has provided support to more than 18,000 children throughout Maryland.

UMBC offers 54 majors, 45 minors and 20 certificates spanning the arts, engineering and information technology, humanities, sciences and pre-professional studies, and social sciences. Students also create their own major through the interdisciplinary studies program. New undergraduate degree programs include Media and Communication Studies, Management of Aging Services, Gender and Women's Studies, Computer Science – Game Development Track, and Visual Arts – Animation and Interactive Media Track. UMBC's graduate school offers 33 master's degree programs, 24 doctoral degree programs and 20 graduate certificate programs.



# THIS IS UMBC ATHLETICS

## 2008-09 IN REVIEW – RETRIEVERS, EXPOSED!

UMBC Athletics parlayed its brilliant 2007-08 season by appearing in a school-record 16 regionally or nationally televised men's basketball and men's lacrosse games. The climax of this unprecedented exposure occurred on Saturday, March 14, when those two squads competed live on two ESPN networks (ESPN2 and ESPNU). The men's basketball squad fell at Binghamton in the America East title game, but the lacrosse squad won at fifth-ranked Maryland, 9-7, defeating the Terrapins for the third straight time.

▶ The men's lacrosse team (12-4) earned a berth in its fourth consecutive NCAA Tournament, capturing the America East regular-season and tournament titles. UMBC was ranked as high as No. 6 in the nation, and a record-tying four players earned All-America honors. The squad toured Japan in June and competed in the International Friendship Games.

▶ The men's basketball team recorded a win at Big 12 opponent Nebraska in December and made an impressive run to the America East men's basketball title game at Binghamton. UMBC defeated a strong Boston University squad and host Albany to reach its second consecutive championship contest.

▶ The men's swimming and diving team repeated as conference champions. The Retrievers have won all six America East titles and 12 consecutive league crowns.

▶ UMBC athletes continue to excel while competing on the professional level. In lacrosse, former Retrievers Brendan Mundorf and Drew Westervelt, both of the Denver Outlaws, were selected to the Major League Lacrosse All-Star game. In addition, four members of the 2009 team were selected in this year's entry draft. In basketball, Andrew Feeley (Japan), Mike Housman (Germany) and Mariana Santos (Spain) continue to compete internationally, while Ray Barbosa (Puerto Rico), Darryl Proctor (Denmark) and Cavell Johnson (Portugal) are beginning their pro careers. Zach Clark is in his third season in the Baltimore Orioles' farm system.

▶ Tennis standout Cornelia Carapcea was named to the 2008-09 CoSIDA/ESPN *The Magazine Academic All-America Women's At-Large Second Team*. Carapcea became the fourth student-athlete and third tennis player in UMBC's Division I era to earn Academic All-America honors in back-to-back years. She earned her undergraduate degree with a 4.00 grade-point average while majoring in financial economics and information systems, and she was UMBC's co-salutatorian.

▶ Carapcea and track and field star Dominic Devaud were both named America East Scholar-Athletes for their sports. A junior with a 3.68 GPA in mechanical engineering, Devaud won the heptathlon at the 2009 America East Indoor Track and Field Championship. Carapcea won the award for the third year in a row.

▶ Of the 60 student-athletes that earned degrees in May, 11 graduated with honors, including three Cum Laude, seven Magna Cum Laude and one Summa Cum Laude. A total of 32 were recognized on the America East Academic Honor Roll during the academic year, with 20 earning Commissioner's Honor Roll status for compiling a 3.5 GPA or higher during their competition season. Nearly half (29) of the graduates were America East All-Conference honorees during their tenure, and 10 are current school record holders.

▶ UMBC Athletics became the proud owners of a living and breathing Chesapeake Bay Retriever mascot. Gritty, who arrived on campus last fall, will symbolize how the Retrievers compete on the field and in the classroom—always striving for the best and never giving up, even when the odds are stacked against them.

# COMMUNITY OUTREACH

The UMBC Athletics Community Outreach Program has been nationally recognized for its excellence. The men's lacrosse team's efforts with the "Ride With Pride" program earned them the 2000 Volunteer of the Year award by the Maryland Recreation and Parks Association. UMBC's role in "Ride With Pride" has been the subject of features aired by WMAR-TV and Fox Sports News over the past several years. Fox Sports News also featured a group of UMBC's student-athletes that worked with Habitat for Humanity in New Orleans in the spring of 2006 and The NCAA News spotlighted UMBC in its February Center Piece. In addition, the women's lacrosse team won the IWLCIA 2008 Division I Team Community Awareness Award, which recognizes an entire team that has contributed significantly in its community.

The UMBC Athletics Community Outreach Program is dedicated to promoting a positive relationship between our student-athletes and communities surrounding the university. The program was developed in 1993 with the intention of encouraging young people to value and appreciate education through athletics. During the 2008-09 school year, UMBC athletes performed a total of more than 2,200 hours of community service through programs based in the Baltimore area.

## Building Academic Excellence Through Team Work

UMBC student-athletes and coaches travel to schools and organizations in the area to present a one-hour presentation to young students. Through these presentations and mini-clinics, teams emphasize the importance of doing well in school, setting goals and leading a safe and healthy lifestyle.



## Make A Difference Mentor Program

The UMBC Athletics' mentoring program pairs student-athletes with an elementary or middle school student to assist in academic areas of need for one hour a week per semester. These relationships provide young students with excellent role models who are able to effectively communicate with them. During the 2008-09 school year, 36 Retrievers mentored students for a total of 1,080 hours.

## Ride With Pride Program

Student-athletes assist trainers in horseback riding activities for children with disabilities at the Maryland Equestrian Center in Catonsville. Riders are able to learn basic riding skills while improving their self esteem, socialization and communication skills. During the Fall of 2008, 36 Retrievers volunteered for a total of 288 hours.

## Mid-Day Madness

On January 21, 2009, UMBC hosted the Fourth Annual Mid-Day Madness. The event brings an average of 800 students, teachers and administrators to the university each year. The groups receive a tour of the campus from UMBC student-athletes, eat lunch in our dining facilities, and attend a UMBC women's basketball game.

## Games for a Cause

On Feb. 21, 2009, UMBC participated in the WBCA Pink Zone initiative to help raise breast cancer awareness. Proceeds from the event benefited the Kay Yow/WBCA Cancer Fund. On March 6, 2009, the men's and women's lacrosse teams participated in a "Games for a Cause" doubleheader. The women's game benefited the Susan G. Komen Breast Cancer Foundation through Under Armour's Power in Pink initiative, while the men's game benefited Lacrosse for Autism.

# UMBC LIFE

**UMBC is not the school your parents remember. The central core of academic buildings is still bristling with academic energy, but is now accompanied by a host of new facilities, including the seven-story Albin O. Kuhn Library, the Engineering and Computer Science Building, the Physics Building, techcenter@UMBC on a satellite South Campus, and the high-tech bwtech@UMBC Research and Technology Park. Sweeping changes have occurred in the campus' social scene, highlighted by the University Commons. The \$36 million structure opened in January 2003.**



**The hub for UMBC student life is the University Commons, with a food court, restaurant, bank, bookstore, performance space, high-speed wireless internet access and game room that features eight pool tables, video games, pinball and air hockey, as well as a number of flat-screen TVs, making it a popular spot to hang out.**

**UMBC students know that a high-quality education is essential to realizing their dreams. Whether in fine arts, science, social sciences, engineering or humanities, they set the mark high, work hard and make the most of their college experience to advance themselves toward top graduate programs and careers. Just as UMBC students are active participants in their education, they don't sit on the sidelines when it comes to campus life. Intercollegiate Division-I sports is an outlet for many students; others participate in club or intramural sports. There are more than 180 student groups on campus, expressing the extraordinary cultural diversity of the UMBC student body.**



**UMBC's Shriver Center serves as a national model of how colleges and universities can have a direct and positive impact on communities across the country. The Center places 1,000 UMBC students each year in internships and co-op positions throughout Maryland and the U.S., as well as in dozens of international settings.**

# UMBC ADMINISTRATION

## Dr. Freeman A. Hrabowski, III

### PRESIDENT

Freeman A. Hrabowski, III, has served as President of UMBC since May 1992. He joined the university in 1987, serving first as Vice Provost, then as Executive Vice President.

Born in 1950 in Birmingham, Ala., Dr. Hrabowski graduated at 19 from Hampton Institute with highest honors in mathematics, and he received his M.A. (mathematics) and Ph.D. (higher education administration/statistics) from the University of Illinois at Urbana-Champaign at age 24.

Dr. Hrabowski serves as a consultant to the National Science Foundation, the National Institutes of Health, the National Academy of Sciences, the U.S. Department of Education and universities and school systems nationally. He is a member of numerous boards, including the American Association of Colleges & Universities, the Baltimore Community Foundation, the Baltimore Equitable Society, the Casey Family Grants Program, Center Stage, Constellation Energy Group, the Education Commission of the States, the Maryland Business Roundtable for Education, McCormick & Company, Inc., the Mercantile Safe Deposit & Trust Company, the Merrick & France Foundations, the Maryland High-Technology Council, the University of Maryland Medical System and the Washington/Baltimore Regional 2012 Coalition (Olympic Regional Committee).

Examples of recent awards include election to the American Academy of Arts & Sciences (effective October 2001), being named 1999 Marylander of the Year by the editors of *The Baltimore Sun* and receiving the BETA Award (Baltimore's Extraordinary Technology Advocate), The Henry A. Rosenberg, Sr. Distinguished Citizen Award (Boy Scouts of America, Baltimore Council), The Andrew White Medal (Loyola College of Maryland), The Hatikvah Award (The Jewish National Fund), The Educator Achievement Award (NSF), The Outstanding Science Educator (Eli Lilly & Company), The Golden Torch Academic Visionary Award (National Society of Black Engineers), the Reginald H. Jones Distinguished Service Award (National Action Council for Minorities in Engineering) and The U.S. Presidential Award for Excellence in Science, Mathematics and Engineering Mentoring (awarded to Dr. Hrabowski's university in recognition of the nationally acclaimed multi-million-dollar Meyerhoff Scholars Program for gifted African-American undergraduates in science and engineering).

Dr. Hrabowski also was instrumental in the formation of the Governor's Academy for Mathematics, Science and Technology. His research and publications focus on science and math education, with a special emphasis on issues involving minority participation. He is co-author of the book, *Beating the Odds*, which focuses on parenting and high-achieving African-American males in science, published by Oxford University Press in 1998; he co-authored a second book, *Overcoming the Odds*, on successful African-American young women in science, published by Oxford University Press in early 2002. Also a child-leader in the Civil Rights Movement, Dr. Hrabowski was prominently featured in Spike Lee's 1997 documentary, *Four Little Girls*, on the racially motivated bombing in 1963 of Birmingham's Sixteenth Street Baptist Church.

## Dr. Charles Brown

### DIRECTOR OF ATHLETICS

UMBC Director of Athletics Dr. Charles Brown has signed a three-year contract extension, which will run through the 2010-11 academic year. The Brooklyn, N.Y., native will begin his 21st year at UMBC this September and is the longest-tenured AD in the state of Maryland. He has transformed UMBC Athletics from a struggling Division-I program to one which has fared quite well regionally and nationally for the past decade.

UMBC President Dr. Freeman Hrabowski said, "From NCAA tournament appearances to national academic awards, UMBC's student-athletes excel on the playing field and in the classroom. We are delighted that Dr. Brown will continue building UMBC's athletic programs, which are such an exciting part of our campus community."

Dr. Brown has championed UMBC Athletics' enhanced profile by positioning the Retrievers within appropriate levels of competition. One of his first tasks was to move UMBC into a Division-I conference, which he completed in 1988-89, his first year with the university, as the Retrievers joined the East Coast Conference. UMBC won the league's President's Cup in its second conference season, but the league folded shortly thereafter. Dr. Brown was able to move UMBC into the Big South Conference the following year (1992) and successfully positioned UMBC into a much better geographic fit when the Retrievers joined the Northeast Conference in 1998. He also helped to initiate the ECAC (Men's) Lacrosse League in 1999, and most recently, Dr. Brown engineered UMBC Athletics' move to a strong and improving mid-major conference, the America East Conference, in 2003.

Over the past decade, Retriever teams have won 48 league championships and made 30 appearances in NCAA Championship competition. In all five years of league play in the NEC, UMBC was awarded the Commissioner's Cup, symbolic of the conference's top overall program. In 2002, UMBC produced its first national champion, as Cleopatra Borel won the shot put at the NCAA Indoor Track and Field Championships.

UMBC has adjusted well to life in the America East Conference with a third-place finish in the conference's Commissioner's Cup race in 2007-08. The athletic department just ex-



perienced its most celebrated year-long period in school history with the school's first-ever men's and women's basketball conference titles and NCAA Tournament appearances, sweeps in back-to-back years in the America East men's and women's swimming and diving championships, a conference title and NCAA appearance by men's tennis and an NCAA Tournament win over Maryland and a third straight national tournament appearance by the men's lacrosse team.

The program finished the 2006-07 year ranked 140th (top half) among all NCAA Division-I programs in the United States Sports Academy's Director's Cup. The University of Maryland, College Park (40) and the United States Naval Academy (72) were the only other institutions in the state that finished the year higher than the Retrievers.

UMBC's student-athletes have excelled in the classroom as well as the playing fields. In the last 11 years, 31 student-athletes have earned Academic All-America status, and more than 54 percent of Retriever student-athletes are earning 3.0 or higher grade-point averages. Moreover, UMBC's student-athletes graduate at a rate which is more than 10 percent higher than the university rate and the Retrievers' NCAA Academic Progress Rate (APR) and Graduation Success Rate (GSR) are also considerably above the national averages.

Dr. Brown has increased the full-time faculty and staff of the athletic department from 23 full-time employees at his arrival to 63 currently. There were only 13 full-time coaches (nine head, four assistant) upon Dr. Brown's arrival; now there are 32 (14 head, 18 assistant) to ensure the Retrievers' success on and off the playing fields. New positions were created in Marketing and Promotions, Fund Raising, Facilities and Operations, Business Administration, Community Outreach, Strength and Conditioning, Athletic Communications, Sports Medicine and Academic Services. He also initiated the UMBC Dance Team, the Down and Dirty Dawg Band and the newly reinstated cheerleading squad.

Dramatic increases in the department's entrepreneurial efforts have been implemented to support UMBC's student-athletes. UMBC Athletics received \$5,403 in gifts in the first year of Dr. Brown's tenure. In contrast, over the last several years, UMBC Athletics has brought in an average of \$1.25 million per year via fundraising, corporate sponsorships and other entrepreneurial efforts.

Starting from scratch in the 1990s, Dr. Brown developed a club sport program which has evolved into a 25-sport, 750-student program today.

In the area of community service, UMBC student-athletes currently donate more than 1,000 hours of time per year to mentor local elementary and middle school students, and coaches make hundreds of appearances in the community throughout the year. The program was recognized by The NCAA News as one of the finest in the country. Most recently, the Retrievers teamed with Enterprise Rent-A-Car to raise funds to purchase a MyTobii eye-controlled communication system for the use of United Cerebral Palsy of Central Maryland program participants.

Dr. Brown has improved the visibility of UMBC in many ways. In the spring of 1995, he made a bold move as he brought the first and second rounds of the NCAA Men's Basketball Championships to the Baltimore Arena. Sellout crowds put Baltimore in the national spotlight for one glorious March week. In the spring of 1998, UMBC hosted the Women's Lacrosse National Championships at UMBC Stadium, drawing record crowds and kudos from the national media. Dr. Brown also led the successful bid to bring the Men's Lacrosse National Championships to M&T Bank Stadium in 2003, 2004 and 2007, where all existing attendance records were shattered. Under Dr. Brown's leadership, UMBC now hosts five state high school championships in boys' and girls' soccer, boys' and girls' lacrosse and girls' basketball.

He has spearheaded the university's rapid enhancement of athletic and recreational facilities during his tenure. Lights were added to UMBC Stadium in 1992, and the region's finest outdoor aquatic complex was unveiled in the summer of 1996. Just a few months later, UMBC added a national-class track and field complex and replaced its main stadium field with an all-weather artificial surface. In the fall of 1999, the department moved into the Retriever Activities Center, which doubled the size of its existing indoor facility and provided all students with the top of the line in recreational facilities. Baseball's Alumni Field was improved during Dr. Brown's tenure with the addition of permanent seating and was later renamed The Baseball Factory Field at UMBC in a dedication ceremony following the addition of lights to the field in 2005. UMBC Soccer Stadium was constructed in 1999 and a new Bermuda grass surface - the only one of its kind in the conference - was dedicated in 2006. Chairback seating and a video display scoreboard were added to the arena in 2000. Lights were added to the tennis complex in 2005 and the courts were resurfaced and outfitted with Retriever wind screens. Field turf was added to the stadium in 2005 and a new \$5 million stadium locker room complex was completed in the spring of 2008.

Dr. Brown's impact has been felt beyond The Loop, as well. He has served two terms as president of the Maryland Association of Collegiate Directors of Athletics and served a term on the NCAA Division-I Championships/Competition Cabinet, where he influenced other directors to increase student-athlete participation in NCAA Championship competition. Dr. Brown is also currently on the board of the Howard County tennis patrons.

He is the fourth person to hold the position of athletic director on a permanent basis in the 41-year history of UMBC. W. Richard Mentzer served from 1966-68, followed by E. Richard Watts, Jr., who directed the program from 1968-1985. Rick Hartzell led UMBC into Division I athletics in the fall of 1985, prior to Dr. Brown's arrival in June of 1989.

Currently residing in Ellicott City, Md., with his wife, Linda, Dr. Brown, received his bachelor of science degree from Long Island University in 1967 and earned a master of science from Brooklyn College in 1969 and a Doctorate in Physical Education from Springfield College in 1980. The couple has two daughters, Melissa, an attorney, and Michelle, an elementary school teacher, and the Browns have four grandchildren.



# UMBC ATHLETICS STAFF

## Dr. Elliot Hirshman

**PROVOST AND SENIOR V.P. FOR ACADEMIC AFFAIRS**

Elliot Hirshman joined UMBC as Provost and Senior Vice President for Academic Affairs on July 1, 2008. He also holds the rank of full professor in the Department of Psychology.

As Provost and Senior Vice President for Academic Affairs, Dr. Hirshman is responsible for the delivery of the academic program, including instruction, research, and academic support services; enrollment management, including admissions and financial aid; and the intercollegiate athletics program.

Prior to UMBC, Dr. Hirshman served as Chief Research Officer at George Washington University, in Washington, D.C. Previously, he chaired the Departments of Psychology at George Washington (2002-05) and the University of Colorado at Denver (2000-02). He began his academic career at the University of North Carolina, Chapel Hill (1989-2000), where he served as assistant, associate, and ultimately full Professor of Psychology.

Dr. Hirshman has a strong interdisciplinary background, having earned his undergraduate degree summa cum laude in economics and mathematics from Yale and his Ph.D. in cognitive psychology at UCLA.



uate of Hunter now works primarily in our Athletics division. He is responsible for entrepreneurial efforts, construction, long-term planning, day-to-day and game-day operations and facilities upkeep and programming.

## Kathy Zerlout

**SENIOR ASSOCIATE ATHLETIC DIRECTOR  
SENIOR WOMEN'S ADMINISTRATOR**

Kathy Zerlout has enjoyed a wonderful tenure at UMBC. She arrived in 1974, and coached more than 850 games in 24 years in the sports of lacrosse and volleyball. For more than a decade, she has served as UMBC's Senior Women's Administrator and its compliance officer. She has received a pair of prestigious appointments--to the NCAA Management Council and to the chair of the 2004 NCAA Women's Lacrosse Championships Committee. She oversees the Student Support Service program and handles day-to-day operations of several women's varsity teams. Zerlout was a 2006 inductee to the UMBC Athletics Hall of Fame.



## Tom Maier

**ASSOCIATE ATHLETIC DIRECTOR  
MARKETING & PROMOTIONS**

Tom Maier has been a member of UMBC's administrative team since 1986. He heads up UMBC's marketing and promotional efforts and also oversees the community service and event ticketing programs. The 1974 Wisconsin graduate had previously supervised UMBC's Physical Education program.



## Dr. Marvin Mandell

**NCAA FACULTY REPRESENTATIVE**

Marv Mandell is a Professor of Policy Sciences and UMBC's FAR for the past six years. Last summer, Dr. Mandell was selected to head the America East Conference's group of faculty athletic representatives. Marvin Mandell (Public Policy) will assume the presidency of the National Association of Schools of Public Affairs and Administration (NASPAA) at their 2008 Annual Conference this month. He received his Ph.D. from Northwestern University, and has also taught at Syracuse and Johns Hopkins.



## Steve Levy

**ASSOCIATE ATHLETIC DIRECTOR  
ATHLETIC COMMUNICATIONS**

Steve Levy enters his 24th year at his alma mater, after earning a B.A. degree in Interdisciplinary Studies in 1985. He has recently been promoted to Associate Director, and will lead UMBC's efforts in expanding web-based programs, pursue additional avenues for media, and coordinate all departmental personnel searches. He is an active member of the College Sports Information Directors of America (CoSIDA) and has performed in public relations capacities for the Baltimore Orioles and Baltimore Ravens.



## Gary Wohlstetter

**SENIOR ASSOCIATE ATHLETIC DIRECTOR**

Gary Wohlstetter is a veteran of the UMBC staff. He arrived in 1989 after directing the recreation program at Hunter (N.Y.) College. After 15 years of supervising the Physical Education, Rec Sports, Intramurals and Club Sports programs, the Brooklyn, N.Y., native and '85 grad-



## UMBC COACHES

**Baseball Head Coach:** .....John Jancuska  
**Assistant:** .....Bob Mumma  
**Men's Basketball Head Coach:** .....Randy Monroe  
**Assistants:** .....Aki Thomas, Nate Stewart, John Zito  
**Women's Basketball Head Coach:** .....Phil Stern  
**Assistants:** Billi Godsey, Lindsey Roche, Jaclyn Goldberg  
**Volleyball Head Coach:** .....Ian Blanchard  
**Assistant:** .....Sarah Fries  
**M/W Cross Country Head Coach:** ..... Matt Gittermann  
**M/W Track & Field Head Coach:** .....David Bobb  
**Assistant:** .....Andrew Torge  
**Men's/Women's Tennis Head Coach:**.....Rob Hubbard  
**Assistant:** .....Open  
**Men's Lacrosse Head Coach:** .....Don Zimmerman  
**Assistants:** .....Rob Cross, Pat Tracy  
**Swimming & Diving Head Coach:** .....Chad Cradock  
**Assistant:** .....Chris Gibeau  
**Diving Coaches:**.....Petar Trifonov  
**Softball Head Coach:** .....Joe French  
**Assistants:** .....Wayne Miller, Lauren Nicholson  
**Women's Lacrosse Head Coach:**.....Kelly Berger

**Assistants:** ..... Tony Giro, Amy Appelt  
**Men's Soccer Head Coach:**.....Pete Caringi  
**Assistants:** .....Anthony Adams, Sam DeBone  
**Women's Soccer Head Coach:** .....Alyssa Radu  
**Assistant:** ..... Kerry Smith

## FACULTY & STAFF

**Asst. Dir. of Marketing/Promotions:** ..Kristen Alexander  
**Dance Coach:** .....Susan Barker  
**Asst. Dir./Athletic Communications:** ....Jessica Bernheim  
**Administrative Assistant/Payroll:**.....Candy Cangialosi  
**Strength & Conditioning Coach:**.....Fred Cantor  
**Athletic Equipment Manager:**.....Ian Carman  
**Asst. AD/Rec. Programs/Physical Education:**  
.....Mike D'Archangelo  
**Assistant Trainer:**.....Michelle Daniels  
**Coordinator of Club Sports** .....Brianna Dey  
**Academic Advisor** .....Chris Driscoll  
**Rec Equipment Mgr.:** .....Open  
**Community Outreach:**..... Kelly Fahey  
**Asst. Dir./Athletic Communications:** ..Tom Fenstermaker  
**Groundskeeper:** .....Amy Fleming  
**Graduate Assistant Trainer** .....Andrew Geers

**Assistant AD/Fundraising:** .....Kevin Gibbons-O'Neill  
**Administrative Assistant:** .....Carla Graham  
**Director, Student Support Services** .....Jessica Hammond  
**RAC Building Manager** .....Josh Lightfoot  
**Director's Executive Assistant:**.....Debee Mathews  
**Assistant AD/Business and Finance:** .....Mike Morgan  
**Coordinator of Rec. Programs/Physical Education/**  
**Summer Day Camp Director** .....Jeff Moore  
**Academic Advisor:** .....Lauren Nicholson  
**Groundskeeper:** .....Gary Pease  
**Office Clerk** .....Devona Peck  
**Director of Cheerleading** .....Talmesha Richards  
**Account Associate:**.....Sheila Schubert  
**Assistant Trainer:**.....Katie Seilus  
**Facilities Assistant** .....Ashlea Underwood  
**Pep Band Conductor:**.....Jari Villanueva  
**Assistant Trainer:**.....Nick Williams  
**Assistant AD/Operations:** .....Sam Williams

# RETRIEVER FACILITIES

The Retriever Activities Center, a \$5.6 million addition to the former UMBC Fieldhouse, was completed in the fall of 1999. The "RAC" has a large multi-purpose gymnasium, a weight room, fitness studio, cardio balcony, locker rooms, the Matt Skalsky Student-Athlete Lounge, administrative offices and a beautiful new lobby with ticket booths and a pro shop.

Moreover, the RAC has a new academic center, containing dozens of PC's with ethernet connections for student-athletes to study in individual or group settings. There is also a new training room, which is more than two times the size of the former facility. The RAC Arena has brand new men's and women's basketball and swimming and diving locker room complexes and a media center at the west end. The RAC also contains an office complex, with a board room and dining facility for UMBC's administrative staff and coaches.

Originally opened in 1973, the newly named RAC Arena seats 4,024 for athletic events, and has also hosted concerts for such artists as Stain'd, Good Charlotte, Bush and N.E.R.D. over the last several years. The arena had chairback seats installed on the lower concourse and two state-of-the-art scoreboards were also added. One scoreboard has graphics display capabilities for showing highlights of the game and other promotional activities. The arena floor is surrounded by a 1/10-mile running track and also houses the UMBC Athletic Hall of Fame.



In the spring of 2004, UMBC Athletics began renovations to the Retriever Activities Center in its continuous effort to bring top-notch facilities to its student-athletes. The \$2.4 million construction plan was set out to provide newly renovated varsity locker rooms for the men's and women's basketball and swimming and diving teams, along with a new state of the art media center, sports medicine training room, Student-Athlete Academic Center and outdoor Tennis Complex.



The RAC Arena has hosted many prominent sporting events over the years, including an international volleyball match between the USA and Peru, numerous collegiate conference championships and the Maryland Public Secondary Schools Association Championships in girls' basketball.



# RETRIEVER FACILITIES

The Baseball Factory Field at UMBC (capacity 1,000), located within the Stadium Complex, has permanent seating and a press box behind home plate. Recently lights and a new warning track surrounding the field were added, along with refurbishments to the dugouts and infield. Night spring games have become popular among students and the local community.

The softball diamond (capacity 500), just beyond the Baseball Factory Field's right field fence, also features a press box and bleacher seats.



A new six-court tennis facility was completed in April of 2005. The enclosed center features lights and additional spectator seating. Two additional courts are to be added shortly.

UMBC has one of the finest aquatic complexes in the Mid-Atlantic region. The indoor pool (UMBC Natatorium) was added to the RAC in 1977. Adjacent to the Natatorium is an outdoor pool complex added in 1996. In 2005 UMBC hosted the America East Conference Swimming and Diving Championships, as the Retrievers' men's team captured its eighth straight league title.



UMBC Soccer Stadium, situated adjacent to UMBC Stadium, was constructed in 1998. It currently has a seating capacity of 1,500 and features a press box and scoreboard. The new Bermuda grass surface installed in the spring of 2006 is believed to be the only one of its kind among America East Conference schools.



In Spring 2005, UMBC Stadium's Deso-Turf surface was replaced by Sportexe's Momentum 51 synthetic turf at a cost of more than \$800,000. Momentum 51 synthetic turf is an infill system, consisting of 70 percent ground rubber and 30 percent kiln-dried sand. Other facilities which have utilized this product include the Baltimore Ravens' M&T Bank Stadium, the University of Southern Mississippi's M.M. Roberts Stadium, and the University of California's Memorial Stadium. UMBC hosted its first game on the new turf on national television (ESPNU).

UMBC Stadium was built in 1976 with a seating capacity of 4,500. Lights were added in 1992, and in 1996 a world-class track and field complex was added. The Jim Pfrogner Press Box (named for UMBC's long-time track and field coach) was refurbished in 2000, and it features two roof-top broadcast booths and wireless internet capabilities. The stadium is recently received a new \$5 million locker room complex, which was completed in Spring 2008. The new complex houses all of UMBC's outdoor teams.

# SUPPORTING THE RETRIEVERS

When fans come to see the Retrievers play, they witness the excitement of Division I athletics. What they may not see is all the work that is done behind the scenes so that the student-athletes can achieve their highest potential, both on the field and in the classroom.

## The Sports Medicine Department

UMBC's Sports Medicine Department strives to provide comprehensive athletic training services to approximately 425 UMBC student-athletes. A staff of five certified athletic trainers oversees the medical care for all of the student-athletes competing in UMBC's 19 varsity sports. The services include recognition, treatment, rehabilitation, education and prevention of injuries occurring during participation in athletic activities. Each athletic trainer supervises Retriever student-athletes during practices and home events as well as road competitions. In the winter of 2005, UMBC introduced the newly designed and built Sports Medicine Services Center. Increasing the size of the previous center nearly three-fold, the new capabilities of the Sports Medicine training room allows student-athletes to rehabilitate with greater ease.

## Meet Our Team Chiropractor

Dr. Alan K. Sokoloff is a graduate of UMBC and Palmer College of Chiropractic and has been UMBC's Chiropractor since 1991.

Dr. Sokoloff:  
Founder of the Yalich Clinic of Glen Burnie 1987  
Team Chiropractor for the Baltimore Ravens  
Post Graduate Diplomat Degree in Sports Medicine  
MCA Chiropractor of the year 2001-02  
1998 Goodwill Games & 1999 USA Olympic Team DC for Pan Am Games

## Meet Our Physicians

Union Memorial Sports Medicine /MedStar Health

**Medical Team Physician :** Dr. Andrew Tucker has served as UMBC's team physician for 14 years. He is also the head team physician for the Baltimore Ravens, caring for players and organization members from football injuries to general medical health. Dr. Tucker's practice focuses on acute and chronic musculoskeletal injuries and conditions in active people of all ages, as well as medical problems and issues that are unique to sports and exercise.

**Orthopaedic Team Physician:** Dr. W. Hugh Baugher has served as UMBC's team physician for 26 years. He previously provided team physician services to the Baltimore Orioles, Baltimore Thunder and various national amateur and NCAA events. Dr. Baugher specializes in the shoulder, hand, wrist, knee, sports medicine and arthroscopy.

## UMBC Strength and Conditioning

UMBC Strength and Conditioning provides student-athletes the latest and newest approaches to safe and successful training of their bodies. The Varsity Training Center is solely dedicated to UMBC's student-athletes, and a major fundraising campaign is underway to refurbish the complex.

# SUPPORTING THE RETRIEVERS



## ACSA

The Academic Center for Student-Athletes (ACSA) is not only a place for student-athletes to study, it also serves as the liaison to several departments on campus. ACSA assists students with registration, financial aid and career development. It is located on the second floor of the RAC and is furnished with 15 computers, individual study carrels, tutoring space and a comprehensive resource area. Each year, UMBC Athletics sets new standards for academic excellence and the support of the ACSA has been critical to its success.

## Athletic Communications

The Office of Athletic Communications is responsible for all of the publicity needs of the athletic department. Services such as publications, statistics, electronic media productions, website maintenance and game management are provided by the Athletic Communications staff. The staff hopes that media opportunities for UMBC's student-athletes are a valuable part of their athletic and educational experience.

## Marketing and Promotions

The Office of Marketing and Promotions implements marketing and promotions programs that will increase awareness, interest and enthusiasm for UMBC sports. The department markets to UMBC students, faculty and staff, as well as youth groups, organizations and the communities surrounding the campus. The Office of Marketing and Promotions advocates a positive game atmosphere and encourages new and old UMBC traditions.

## Giving to Retriever Athletics

UMBC has a proud tradition of successful student-athletes and is currently experiencing tremendous growth. UMBC fields 19 intercollegiate athletic teams competing at the Division-I level in the America East Conference and 26 club sports teams. At the heart of our athletic program are the more than 1,100 student-athletes representing the university on our athletic fields and in the classroom. In order for these young men and women to continue to succeed, we must increase our external support and department resources. The need for support has never been greater, largely due to the success the Retrievers have recently experienced.

With limited funding through university and state resources, the UMBC Athletic Department relies on the generosity of individuals to secure the financial backing necessary for our student-athletes to achieve the highest standards of athletic competitiveness and academic achievement. Gifts made to UMBC Athletics are managed in accordance with the University of Maryland Foundation's official policies and procedures and approved Athletic Department guidelines and are utilized to expand scholarship opportunities for student-athletes, maintain and improve physical facilities, provide academic support programming and enable UMBC to compete in the America East Conference.

Today's student-athletes face more challenges than ever. Along with the high demands of their sports - practice, training, travel, community involvement and competition - it is our student-athletes' greatest responsibility and commitment to achieve academic success. In the last five years, 20 student-athletes have earned Academic All-America status. Over the previous two semesters, more than 47% of UMBC student-athletes have earned 3.0 grade-point averages or higher. The involvement and financial support of alumni, families and fans will enable our student-athletes to build upon these standards.

Benefits of giving to UMBC Athletics can include the following:

- Ensuring the continued academic and athletic success of our student-athletes and our athletics program.
- Contributing to the educational opportunities of future employees and leaders of our community.
- Building relationships within the community through your association with UMBC Athletics.
- Improving the experience of UMBC student-athletes.
- Tax deductions.
- Philanthropic recognition.

Go Retrievers!

To support UMBC Athletics, please contact Kevin Gibbons-O'Neill, Assistant Director of Athletics, at (410) 455-1532. On behalf of our coaches and student-athletes, we thank you in advance for demonstrating your commitment to academic and athletic excellence by giving to UMBC Athletics.

# UMBC ALUMNI

Rick Moreland (pictured with Michael Jordan) currently is the Vice President for Washington Sports and Entertainment Incorporated. Moreland, a 1983 graduate, established the school record for most points in a season with 610 and ranks second all-time with 1,728 career points in UMBC men's basketball history.



Former student-athletes continue to support their programs and the athletic department by donating their time and resources through participating in workshops, serving on university committees or just coming back to support the black and gold. Athletic alumni return in great numbers at UMBC's annual Homecoming, buoyed by the competitive juices generated by various alumni games. Of course, another popular alumni event is the biennial UMBC Athletic Hall of Fame Dinner, which will next take place in February 2010.

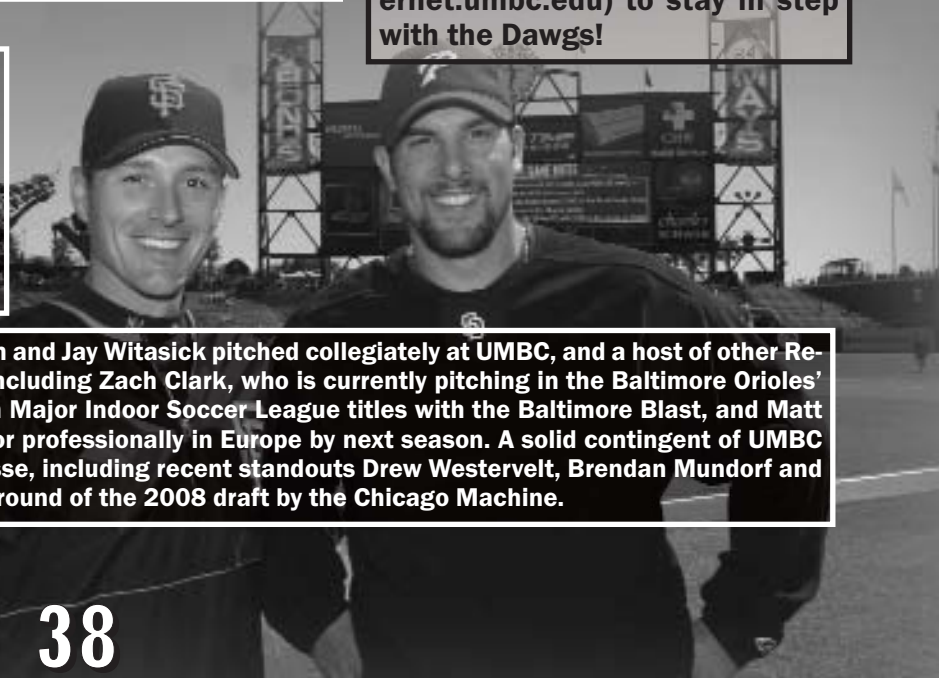
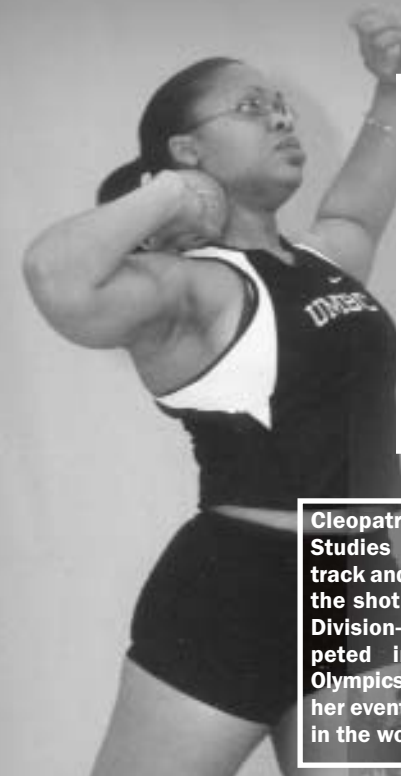


## UMBC Homecoming



Following the tradition of the men's lacrosse team, many sports now host annual pre-season functions to introduce the current team and reconnect with the alumni. Retriever alumni are encouraged to bookmark the UMBC Athletics website at [www.umbcretreivers.com](http://www.umbcretreivers.com) and the UMBC Alumni Community website Retriever Net (<http://retrievernet.umbc.edu>) to stay in step with the Dawgs!

Cleopatra Borel, Interdisciplinary Studies '02, a three-time UMBC track and field NCAA All-American in the shot put and UMBC's first-ever Division-I NCAA champion, competed in the 2004 and 2008 Olympics. Borel reached the finals in her event in Athens and placed 10th in the world in the competition.



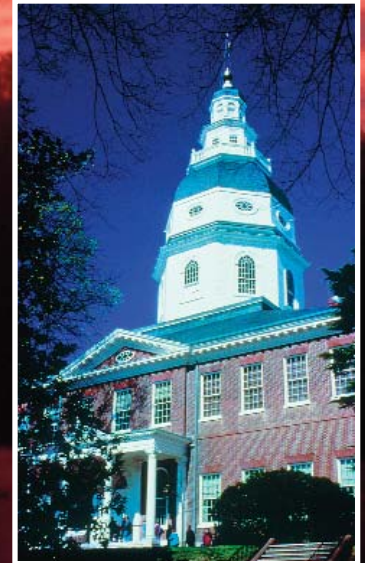
Former major league pitchers Wayne Franklin and Jay Witasick pitched collegiately at UMBC, and a host of other Retrievers have played professional baseball, including Zach Clark, who is currently pitching in the Baltimore Orioles' minor league system. Five ex-Retrievers won Major Indoor Soccer League titles with the Baltimore Blast, and Matt Watson is expected to compete in the MLS or professionally in Europe by next season. A solid contingent of UMBC lacrosse players star in Major League Lacrosse, including recent standouts Drew Westervelt, Brendan Mundorf and Terry Kimener, who was selected in the first round of the 2008 draft by the Chicago Machine.

# Annapolis, Baltimore, Washington D.C.



Maryland's capitol, Annapolis is an 18-century seaport town that sits on the Chesapeake Bay and is home to the US Naval Academy, a common opponent of the Retrievers. Pictured below is the Maryland State House.

UMBC's 500-acre campus is situated just 10 minutes south of Baltimore, Md., and 45 minutes from Annapolis, Md., and Washington D.C., giving the campus great proximity to all the local cultural and historic scenes. UMBC is adjacent to the finest bike trails in Maryland, an hour from the mountains and two hours from the eastern shore. There are many places on and off campus worth exploring, and although UMBC resides in the suburbs, students are always close to the action.

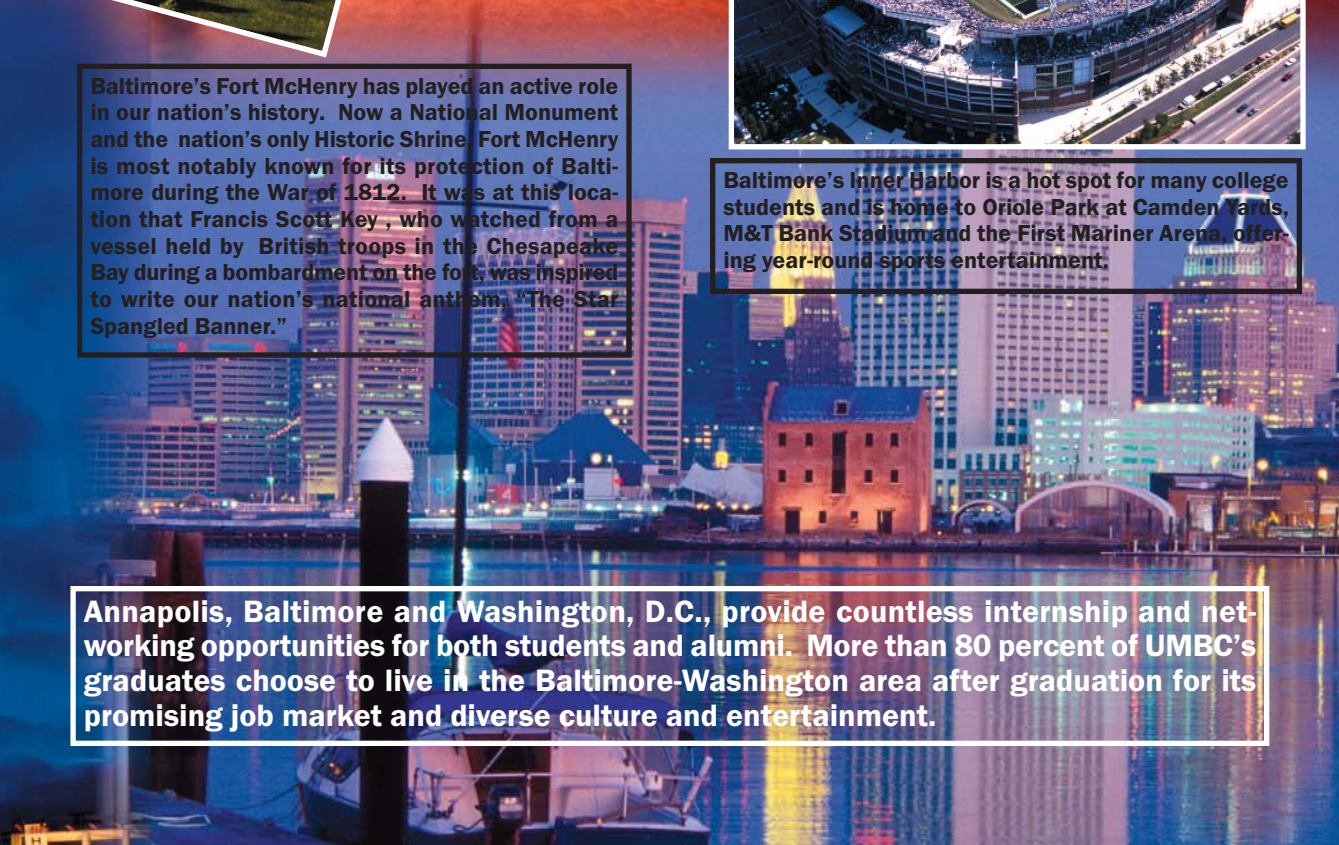


Baltimore's Fort McHenry has played an active role in our nation's history. Now a National Monument and the nation's only Historic Shrine, Fort McHenry is most notably known for its protection of Baltimore during the War of 1812. It was at this location that Francis Scott Key, who watched from a vessel held by British troops in the Chesapeake Bay during a bombardment on the fort, was inspired to write our nation's national anthem, "The Star Spangled Banner."



Baltimore's Inner Harbor is a hot spot for many college students and is home to Oriole Park at Camden Yards, M&T Bank Stadium and the First Mariner Arena, offering year-round sports entertainment.

Annapolis, Baltimore and Washington, D.C., provide countless internship and networking opportunities for both students and alumni. More than 80 percent of UMBC's graduates choose to live in the Baltimore-Washington area after graduation for its promising job market and diverse culture and entertainment.



# 2009 UMBC SWIMMING AND DIVING SCHEDULE



**MATT  
MATTINGLY**

<b>October</b>		
Sun. 4	at Bucknell (exhibition)	1 p.m.
Sat. 17	at Rider	1 p.m.
Sat. 24	<b>NAVY (Men)</b>	<b>Noon</b>
Sat. 24	<b>NAVY (Women)</b>	<b>2 p.m.</b>
<b>November</b>		
Sat. 14	at Maryland/Towson	1 p.m.
Fri.-Sun. 20-22	vs. George Mason Patriot Invitational	10 a.m./6 p.m.
<b>January</b>		
Sat. 9	<b>DREXEL/HOWARD</b>	<b>1 p.m.</b>
Fri.-Sat. 22-23	vs. College Swimming Carnival (at Rutgers)	6:30 p.m.
Sun. 24	at Marist	1 p.m.
Sat. 30	<b>DELAWARE/WILLIAM AND MARY (SENIOR/ALUMNI DAY)</b>	<b>1 p.m.</b>
<b>February</b>		
Thur.-Sun. 25-28	vs. America East Championships (Boston, Mass.)	10 a.m./6 p.m.
<b>March</b>		
Fri.-Sun. 12-14	vs. Zone Diving Championships (New Brunswick, N.J.)	All Day
Thur.-Sat. 18-20	vs. NCAA Women's Championships (West Lafayette, Ind.)	11 a.m./7 p.m.
Thur.-Sat. 25-27	vs. NCAA Men's Championships (Columbus, Ohio)	11 a.m./7 p.m.



**SAM  
MACCHEROLA**



RETRIEVERS™