



UNIVERSITY OF MAINE SWIMMING AND DIVING PRESENTS

# **Junior Black Bears**

## Swimming and Diving 2016-2017

The goal of Junior Black Bear Swimming and Diving is to provide a non-competitive team focused on teaching and refining all competitive strokes, mastering fundamental skills, and concentrating on technique. Swimmers and divers will build confidence in the water and learn what it means to be a good teammate. Junior Black Bear's philosophy is built on a highly experienced coaching staff and a commitment to the University of Maine's surrounding community. GO BLUE!

Below are practice times for the 2016 season. Swimming practice are offered Monday-Thursday. Diving practices are offered twice a week. Programs run August to June.

### **August 29th-September 8th**

Monday/Wednesday 5:00-6:00 pm

Tuesday/Thursday 5:30-6:30 pm

### **September 12th- October 6th**

Mon/Wed 5:45-6:30pm

Tues/Thurs- 5:45-6:30pm

*\*Starts After Black Bear Swim School Lessons*

### **October 10th-December 22<sup>nd</sup>**

Mon/Wed-5:00pm-6:00pm

Tues/Thurs-5:30-6:30pm

*\*Thanksgiving Practice Schedule will be released when those dates near*

There are no refunds permitted for those dropping the program. A punch card system will be used for both swimming and diving. **Families may share a punch card. However, the Unlimited Punch Card 2016 is per child.** Families will receive notification when they have 5 punches remaining.

### **2016 Practice Punch Pricing Options:**

10 Practice Punches=\$100

20 Practice Punches=\$175

Unlimited 2016 Punch=\$250

Punches will expire December 2016. New punches will be available for purchase for the 2017 season. The 2017 Practice Schedule will be released mid-November for January through June practice times. Practice times will be similar to those above.

**Camp is open to any and all entrants. Participants must be a minimum of 5 years of age for swimming and 7 years of age for diving. Program runs up to those entering the 12th grade.**

## Payment and Registration Information

**Payment and registration can be dropped off at room 203 in the Memorial Gym.**

Checks should be payable to University of Maine.

Mail to: University of Maine  
Black Bear Swim School  
5747 Memorial Gym  
Orono, ME 04469-5747

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### Note to Parents...

Swimmers should be considered advanced and ready to learn the competitive strokes. All four completion strokes will be covered and starts/turns. A coach is on the deck and not in the water for this program. Parents should carefully evaluate the readiness of very young children. Children must be a minimum of five years old to enter this program for safety reasons.

Diving Students should be good swimmers and feel comfortable diving off the 1-meter spring diving board. For this team, they must have spring board experience and be a minimum of seven years old for to enter this program for safety reasons.

Payment must be included with registration in order to ensure a spot in the program. **There are no deck sign-ups for safety reasons.** There are no phone registrations accepted.

For cancellation information due to inclement weather, go to [www.GoBlackBears.com](http://www.GoBlackBears.com).

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**If you have any *questions* regarding  
Junior Black Bear Swimming and Diving, please contact:**



Linda A. Costello  
University of Maine Assistant Swim Coach  
207-581-1080 -Office  
[Linda.costello@umit.maine.edu](mailto:Linda.costello@umit.maine.edu)

**We cannot accept registration over the phone; please mail or hand deliver.**

# JUNIOR BLACK BEAR SWIMMING & DIVING REGISTRATION FORM

Parent's name: \_\_\_\_\_ E-mail address: \_\_\_\_\_

Home phone \_\_\_\_\_ Work phone \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone number: \_\_\_\_\_

Child's name \_\_\_\_\_ Age \_\_\_\_\_

Child's name \_\_\_\_\_ Age \_\_\_\_\_

Child's name \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Please select one:  Swim Club  Diving Club  Both Clubs

Has your child been in our programs previously? \_\_\_\_\_

Is your child on a competitive swimming or diving team? \_\_\_\_\_

What experiences has your child have with swimming or diving?

\_\_\_\_\_  
\_\_\_\_\_

Please indicate anything else that we should know about your child:

\_\_\_\_\_  
\_\_\_\_\_

How did you hear about us? \_\_\_\_\_

Please select Pass	Quantity Purchased	
<input type="checkbox"/> 10 Punch Passes \$100	_____	Total Payment: _____
<input type="checkbox"/> 20 Punch Passes \$175	_____	
<input type="checkbox"/> Unlimited 2016 \$250	_____	

Checks are payable to University of Maine. Registrations may be delivered to room 203 or mail this registration to: University of Maine, Black Bear Swim School, 5747 Memorial Gym, Orono, ME 04469-5747

THANK YOU FOR CHOOSING JUNIOR BLACK BEAR SWIM & DIVE!

