

TRACK & FIELD



MEN'S ALL-TIME OUTDOOR

(Updated 2024)

100m Dash

1. 10.54 Ralph Young (1976)
2. 10.56 Anthony Hollingsworth (2013)
3. 10.59 Max Rivera (2024)
4. 10.61 Neto Alexander (2000)
5. 10.72 Sacrad Michelin (2022)
6. 10.74 Brandon Cook (2005)
7. 10.76 Ezekiel Sayon (2008)
10.76 Chris Green (2007)
10.76 Paul Sackman (2024)
8. 10.78 Dalton Burk (2023)
9. 10.82 Martin Hunter (2017)
10. 10.83 Gabe Rivera (2004)
10.83 Shaun Wollenweber (2019)

200m Dash

1. 20.94 Michael Barnes (1979)
2. 21.50 Josh Stanner (2010)
21.50 Martin Hunter (2016)
3. 21.55 Brandon Cook (2005)
4. 21.57 Max Rivera (2023)
5. 21.60 Sacrad Michelin (2024)
6. 21.77 Anthony Hollingsworth (2013)
7. 21.78 Trent Thompson (2005)
8. 21.88 Neto Alexander (2001)
9. 21.89 Trevor Tousana (2023)
10. 21.90 Jordan Munar (2016)

400m Dash

1. 46.54 Michael Barnes (1979)
2. 47.71 Jesse Casas (2022)
3. 47.75 Trent Thompson (2005)
4. 48.56 Michael Stupka (2012)
5. 48.63 Trevor Tousana (2023)
6. 48.68 Roy Mwale (2013)
7. 48.71 Matt Zaluckyj (2012)
8. 48.96 Ryan Blackmon (2013)
9. 48.99 Michael Meskill (2019)
10. 49.17 Josh Stanner (2012)

800m Run

1. 1:49.51 Matt Zaluckyj (2012)
2. 1:50.18 Michael McKenley (1989)
3. 1:52.29 Lewis Brown (2009)
4. 1:52.87 Chris Stanley (1999)
5. 1:52.98 Josh English (2021)
6. 1:53.03 Farrahadoon Durrani (2010)
7. 1:53.05 Angelos Karkalis (2012)
8. 1:53.15 Alex Bashqawi (2019)
9. 1:53.21 Gunnar Sterne (2014)
10. 1:53.45 Nehemiah Rivers (2022)

1500m Run

1. 3:50.59 Angelos Karkalis (2012)
2. 3:50.73 Tyler Hinckley (2011)
3. 3:52.05 Kyle Hauser (2015)
4. 3:52.38 Alex Bashqawi (2019)
5. 3:53.46 Joe Marren (2002)
6. 3:53.52 Rich Daubert (2004)
7. 3:54.14 Inge Reinertsen (1978)
8. 3:54.27 Joseph Mbari (2007)
9. 3:54.59 Daniel Chavez (2024)
10. 3:55.34 Devin Johnson (1998)

3000m Run

1. 8:25.05 Alex Bashqawi (2017)
2. 8:30.65 Kyle Hauser (2017)
3. 8:34.54 Joseph Mbari (2007)
4. 8:44.79 Walmer Saavedra (2017)
5. 8:45.90 Rich Daubert (2001)
6. 8:45.97 Jim Sulzberger (2007)
7. 8:52.48 Sam Watson (2007)
8. 8:54.18 Zade Kurdieh (2016)
9. 8:55.10 Joe Marren (2001)
10. 8:56.84 Gunnar Sterne (2014)

Flames

5000m Run

1. 14:20.21 Dathan Maton. (2023)
2. 14:26.76 Mark Lemke (2023)
3. 14:28.83 Carlos Cabrera (2022)
4. 14:35.14 Tom Jurgens (1977)
5. 14:36.42 Daniel Chavez (2023)
6. 14:37.41 Sam Kehoe (2012)
7. 14:42.56 Brian Denk (2011)
8. 14:50.77 Matt Morse (2009)
9. 14:53.24 Joseph Mbari (2008)
10. 14:53.77 Brixton Rill (2017)

10,000m Run

1. 29:45.82 Carlos Cabrera (2022)
2. 30:16.83 Mark Lemke (2024)
3. 30:03.71 Fernando Reyes (1981)
4. 30:46.58 Sam Kehoe (2012)
5. 30:48.77 Brian Denk (2011)
6. 30:58.02 Matt Morse (2010)
7. 31:24.20 Brixton Rill (2019)
8. 31:33.78 Alex Sutphen (2010)
9. 31:35.40 Jim Sulzburger (2005)
10. 31:38.15 Zach Szczesniak (2018)

110m Hurdles

1. 14.54 Joscelyn Wynter (1980)
2. 14.70 Andy Wall (2011)
3. 14.73 Barry Somerville (2001)
4. 14.74 Marcus Lesley (2005)
5. 14.90 Jahari Stubbs (2021)
6. 15.19 Maciej Markiewicz (2016)
7. 15.26 Terrell Williams (2008)
8. 15.33 Jakob Mogorovic (2021)
9. 15.94 Rupesh Manam (2008)
10. 16.01 Kevin Mitchem (2003)

400m Hurdles

1. 51.26 Paul Wynter (1981)
2. 51.94 Evert Giscombe (1977)
3. 53.06 Barry Somerville (2001)
4. 53.40 Jakob Mogorovic (2018)
5. 54.22 Maciej Markiewicz (2017)
6. 56.34 Anthony Simone (2009)
7. 56.49 Jahari Stubbs (2021)
8. 57.09 Will Stout (2023)
9. 57.53 Matt Starasinich (2015)
10. 57.58 Alex Bailey (2015)

3000m Steeplechase

1. 8:55.64 Wayne Saunders (1973)
2. 9:00.51 Brixton Rill (2017)
3. 9:20.47 Martin Skucas (2021)
4. 9:28.33 Joe Marren (2002)
5. 9:28.52 John Glass (2012)
6. 9:37.65 Nic Aubert (2010)
7. 9:39.25 Robert Dron (2006)
8. 9:39.57 Angelos Karkalis (2013)
9. 9:40.45 Kyle Hauser (2015)
10. 9:56.84 Wayne Haworth (1999)

High Jump

1. 2.14m/7-00.25 Mark Racus (1976)
2. 2.03m/6-08.00 Andy Wall (2009)
2.03m/6-08.00 Josh Williams (2016)
4. 2.00m/6-06.75 Mike Savegnago (2008)
5. 1.97m/6-05.50 Matt Marzahl (2012)
1.97m/6-05.50 Scott Pauga (2007)
7. 1.96m/6-05.50 Bill Dalton (1968)
8. 1.96m/6-05.00 Justin Higginbotham (2011)
9. 1.91m/6-03.13 Bryan Keubeng (2019)
10. 1.90m/6-02.75 Larnell Brown (2017)

Long Jump

1. 7.40m/24-03.50 Alvin McClinton (1970)
2. 7.06m/23-02.00 Bryan Keubeng (2019)
3. 7.05m/23-01.75 Seyi Ogunleye (2014)
4. 7.04m/23-01.25 Shaun Wollenweber (2017)
5. 6.92m/22-08.50 Terrell Williams (2005)
6. 6.91m/22-08.00 Dan Hinspeter (2015)
7. 6.89m/22-07.25 Jordan Banks (2016)
6.89m/22-07.25 Nick Torres (2012)
8. 6.86m/22-06.25 Anthony Gordon (2024)
9. 6.77m/22-02.50 Nick Karavolos (2007)
10. 6.75m/22-01.75 Nick Barnes (2016)

Triple Jump

1. 15.88m/52-01.25 Leighton Linton (1981)
2. 15.21m/49-11.00 Justin Higginbotham (2012)
3. 15.14m 49-08.25 Shaun Wollenweber (2017)
4. 14.92m/48-11.50 Seyi Ogunleye (2013)
5. 14.90m/48-10.75 Andy Pavlou (1984)
6. 14.82m/48-07.50 Richmond Richter (2013)
7. 14.70m/48-02.75 Jordan Banks (2016)
8. 14.67m/48-01.75 Larnell Brown (2018)
9. 14.59m/47-10.50 Andy Wall (2010)
10. 14.19m/46-06.75 Bob Thurnhoffer (2004)



Shot Put

1. 16.61m/54-06.25 Darit Lindgren (1971)
2. 15.74m/51-07.75 Christian Saporiti (2015)
3. 15.52m/50-11.00 Luke Taccola (2018)
4. 14.94m/49-00.25 Nick Gazis (2006)
5. 14.21m/46-07.25 Laith Kanan (2017)
6. 12.43m/40-09.50 Terell Williams (2008)
7. 12.40m/40-08.25 Mike Savegnago (2008)
8. 11.96m/39-02.25 Michael Crepeau (2017)
9. 11.54m/37-10.50 Mitchell George (2011)
10. 11.42m/37-05.75 Max Downey (2013)

Discus

1. 54.96m/180-04 Nick Gazis (2006)
2. 47.30m/155-02 Favio Nunez (2017)
3. 43.59m/143-00 Zach Harman (2016)
4. 40.92m/134-03 Luke Taccola (2015)
5. 40.92m/134-03 Laith Kanan (2017)
6. 40.00m/131-03 Terell Williams (2008)
7. 38.94m/127-09 Patrick Redden (2005)
8. 38.44m/126-01 Mike Savegnago (2005)
9. 37.19m/122-00 Matt Marzahl (2014)
10. 35.66m/117-00 Max Downey (2013)

Hammer

1. 59.43m/195-00 Robert Harmann (1980)
2. 52.70m/172-11 Nick Gazis (2006)
3. 50.78m/166-07 Laith Kanan (2017)
4. 49.94m/163-10 Joe Bailey (2008)
5. 48.52m/159-02 Christian Saporiti (2016)
6. 48.01m/157-06 Patrick Redden (2005)
7. 44.44m/145-10 Mitchell George (2013)
8. 44.34m/145-06 Zach Harman (2016)
9. 43.69m/143-04 David Cho (2008)
10. 43.64m/143-02 Luke Taccola (2018)

Javelin

1. 64.46m/211-06.00 Ryan Eichacker (1975)
2. 56.95m/186-10 Terell Williams (2008)
3. 51.21m/168-00 Scott Pauga (2007)
4. 49.97m/163-11 Nick Karavolos (2007)
5. 49.25m/161-07 Andy Wall (2011)
6. 48.21m/158-02 Michael Crepeau (2017)
7. 45.34m/148-09 Mick Graham (2015)
8. 44.04m/144-06 Alek Jackson (2006)
9. 42.47m/139-04 Dan Hinspeter (2014)
10. 42.24m/138-07 Shaun Wollenweber (2016)

Pole Vault

1. 4.90m/16-00.75 Mike Savegnago (2008)
2. 4.80m/15-09.00 Jim Sarros (1981)
3. 4.72m/15-05.75 Nate Kamm (2011)
4. 4.70m/15-05.00 Davis Hallberg (2017)
5. 4.65m/15-03.00 Terell Williams (2006)
6. 4.52m/14-10.00 Pawal Klimek (2014)
7. 4.39m/14-04.75 Andy Rosete (2014)
8. 4.31m/14-01.75 Matt Kubik (2015)
9. 4.30m/14-01.25 Joey Yonkoff (2015)
10. 4.27m/14-00.00 Blain Peckmann (2009)

Decathlon

1. 6666 Terell Williams (2008)
2. 6405 Mike Savegnago (2009)
3. 6087 Michael Crepeau (2015)
4. 5730 Matt Marzahl (2012)
5. 5475 Nate Kamm (2010)
6. 5126 Rupesh Manam (2008)
7. 5036 Mike Pawelek (2008)
8. 4822 Roy Mwale (2011)
9. 4779 Mick Graham (2014)
10. 4644 Alek Jackson (2006)

