



ANNUAL REPORT

2022-23 DEPARTMENT OF ATHLETICS

A silhouette of the Houston skyline, including several prominent skyscrapers, set against a dark red background. The skyline is positioned in the lower half of the page, above the University of Houston logo.

UNIVERSITY of
HOUSTON



A message from President **Renu Khator**

What a difference a year makes. Last year, we celebrated our invitation to join the Big 12 Conference, and now, this summer, we've officially become members. I'm a big believer in the power of dreams and this achievement shows that big dreams do come true. But it took more than dreaming to get us to this special moment.

As Colin Powell said, "A dream doesn't become reality through magic; it takes sweat, determination and hard work." And that sentiment is the embodiment of UH Athletics.

In recent years, our athletic stock has steadily risen. From five consecutive NCAA Tournament appearances in Men's Basketball to seven straight Conference Championships in Women's Swimming and Diving and nine bowl games over the past 10 seasons,

we've proven why we belong in the Big 12. Most impressively, our student-athletes have excelled in the classroom, setting high marks for the number of athletes named to the American Athletic Conference All-Academic Team. I am incredibly proud of Athletics for raising the bar, season after season.

What's more, we've done it all for you – our fans, boosters and donors; we've done it #ForTheCity. These accomplishments wouldn't have been possible without your enduring support and cheers.

Thank you for joining us for this explosive ride. I can't wait to see what this next season brings. Stick with us! I truly believe the best is yet to come.

Game on!

RENU KHATOR
President, University of Houston

A message from Athletic Director Chris Pezman

Dear Cougar Nation,

As we wrap up a momentous year and commemorate ten impressive years in the American Athletic Conference, I'm filled with pride and gratitude. I applaud our tenacious student-athletes, remarkable coaches, dedicated staff, and incredible donors, who together, have guided the University of Houston to its newfound heights.

The past year has been an extraordinary journey, marked by celebration and exceptional achievements. We led the charge among the American programs in the LEARFIELD Directors' Cup standings and upheld our academic integrity, with our 400+ student-athletes earning an unprecedented departmental GPA of 3.03 and 65 of them earning their degrees.

Our Houston Rise campaign continues to resonate, having accumulated a remarkable \$60 million in its debut year. The confidence and generous contributions from our alumni, donors, and fans have been fundamental in our progress and will undoubtedly play a pivotal role as we step onto the larger playing field of the Big 12 Conference.

We are the proud winners of at least four American Athletic Conference championships for the eighth year running - an unparalleled accomplishment in our league. Our Men's Basketball, Volleyball, and Football teams have captured national attention, while our Baseball made us one of only seven institutions, alongside universities like Alabama and UCLA, to produce multiple MLB, NBA, and NFL Draft picks.

Our student-athletes have achieved a record-setting department GPA and graduation rates that surpass national averages. This upward trend in academic success is a testament to our commitment to fostering well-rounded athletes who excel on the field and in the classroom.

As we look ahead to the 2023-24 athletic year, we are excited about our maiden journey in the Big 12 Conference. This step is a testament to the continuous efforts from our President, Board of Regents, University, alumni, fans, and many more.

Our community's response to the Big 12 has been nothing short of enthusiastic. As of now, we have sold over 26,000 Football season tickets and are eager to bring life back to the TDECU Stadium this fall. The demand for the Men's Basketball season under the leadership of Coach Sampson has been exceptional, with a 95% renewal rate and a substantial waiting list.

As we commence work on a state-of-the-art football operations center, we are reminded of the importance of our continued investment into our programs. The upcoming enhancements, including 800-900 new premium seating opportunities and new video board, will also elevate the experience at TDECU Stadium, while also diversifying our revenue streams, a vital factor as we continue to grow and outperform our peers. This advancement would not be possible without your steadfast support.

Now, let's come together to make this the most exceptional year in UH Athletics history. Each ticket you purchase, each contribution to Cougar Pride, each partnership with LinkingCoogs, and each moment of your donated time, strengthens Cougar Nation. Our goal is steadfast: to continually invest in our student-athletes until we stand as the foremost athletic program in the conference, and indeed, the nation.

As we step into a fresh athletic year, we do so with a renewed sense of excitement for the opportunities ahead. We hope you'll join us in this new chapter of Houston Athletics.

CHRIS PEZMAN

Vice President for Athletics, University of Houston



OUR VISION

To be the Best

OUR MISSION

Building Champions for Life

OUR FOCUS

Student-Athlete Success

OUR GOALS

- Academic Success
- Student-Athlete Development
- Conference Positioning
- Success in All 17 Sport Programs
- Revenue Generation and Fan Attendance
- Facility Enhancements
- Transparency and Integrity

Philanthropic Success

The Cougar Pride staff and the entire University of Houston Athletics Department family would like to thank all our Cougar Pride donors, who contributed in 2022-23.



Annual Fund is pledged for a record-high \$8 million

Through end of July 2023, Annual Fund stood at \$7.2 million for another record high and a 20 percent increase from 2021-22.



Cougar Pride donor accounts rose to nearly 5,000 in 2022-23, a 35 percent increase from 2021-22.

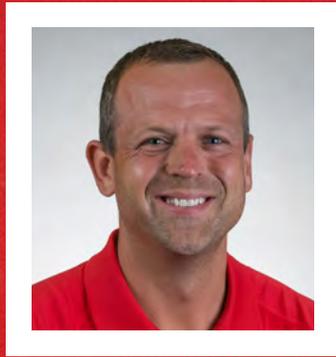


In just more than a year, the Houston Rise capital campaign received more than \$50 million in pledges and commitments. Houston Rise is a comprehensive fundraising drive to enable championship achievement in the Big 12 Conference.





HELENA BESOVIC
TENNIS



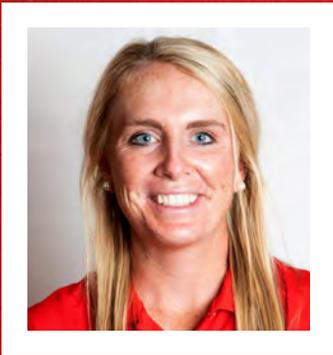
WILL BLACKBURN
TRACK & FIELD/CROSS COUNTRY



JONATHAN DISMUKE
MEN'S GOLF



JAIME FRIAS
SOCCER



LYDIA GUMM
WOMEN'S GOLF

Meet the
Head Coaches



DANA HOLGORSEN
FOOTBALL



RONALD HUGHEY
WOMEN'S BASKETBALL



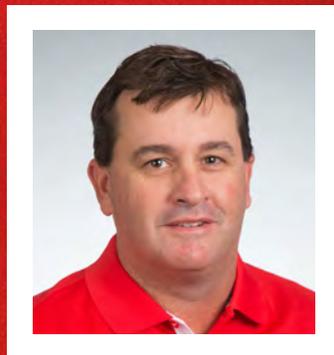
TANICA JAMISON
SWIMMING & DIVING



DAVID REHR
VOLLEYBALL



KELVIN SAMPSON
MEN'S BASKETBALL



TODD WHITTING
BASEBALL



KRISTIN VESELY
SOFTBALL

Student-Athlete Advisory Committee

Officers



President
American SAAC Representative
ANNA ECONOMOU
WOMEN'S GOLF



Vice President
American SAAC Representative
WINTER BOGAN
WOMEN'S TRACK & FIELD



Secretary
American SAAC Representative
MANASI REDDY
TENNIS



Treasurer/Special Events Chair
ELENA TRENCHVA
TENNIS



Marketing Chair
ELIZABETH RICHARDSON
SWIMMING & DIVING



Community Engagement Chair
JOLIE BLODGETT
SWIMMING & DIVING



Campus Liaison Chair (Fall)
HALEY WOODWARD
SOCCER



Campus Liaison Chair (Spring)
KATE BURGESS
SOCCER



SOPHIE ANDERSON
SWIMMING & DIVING



NICO AULICINO
WOMEN'S TRACK & FIELD



IMAN BABINEAUX
WOMEN'S TRACK & FIELD



LAILA BLAIR
WOMEN'S BASKETBALL



BRYSHANNA BROWN
VOLLEYBALL



ZOSIA BULHAK
WOMEN'S CROSS COUNTRY



BREE CANTU
SOFTBALL



LUCAS COLEY
FOOTBALL



ANNIE COOKE
VOLLEYBALL



GABRIELA CORTES
TENNIS



JOSH DIAZ
FOOTBALL



MARIA DZEMESHKEVICH
TENNIS



RYAN ELVIN
MEN'S BASKETBALL



ISABELLA FARINA
SOFTBALL



JAMES FULLBRIGHT III
FOOTBALL



MADISON GEAR
SOCCER



TREY GRANT
MEN'S CROSS COUNTRY



DEMARCUS GRIFFIN-TAYLOR
FOOTBALL



KORTLYN HENDERSON
VOLLEYBALL



KARSON JONES
FOOTBALL



DILLON LEACOCK
MEN'S TRACK & FIELD



JACK MARTIN
FOOTBALL



AUDREY MCKINNON
SWIMMING & DIVING



IAN MCMILLAN
BASEBALL



CLAIRE MEYER
WOMEN'S CROSS COUNTRY



DAISY MONIE
WOMEN'S TRACK & FIELD



BRIA PATTERSON
WOMEN'S BASKETBALL



DYLAN POST
BASEBALL



JULIO RIOS-BRACHE
MEN'S GOLF



GENAYE SANDERS
SOCCER



BRANDON SEAGREAVES
MEN'S CROSS COUNTRY



BRITANEY SHAW
SOFTBALL



JAMAL SHEAD
MEN'S BASKETBALL



JANNA SINGLETON
SOCCER



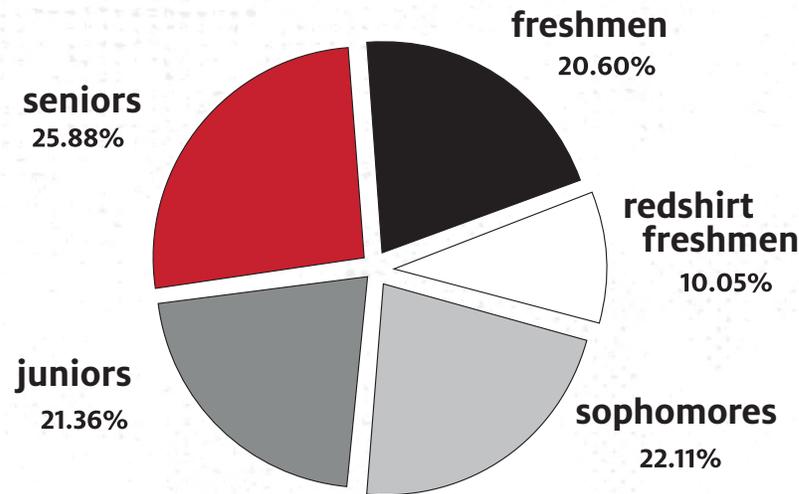
MAKAYLA WALLAR
SWIMMING & DIVING



ALEC WILLIAMS
MEN'S TRACK & FIELD

Student-Athlete Breakdown

398 STUDENT-ATHLETES | 82 FRESHMEN | 40 REDSHIRT FRESHMEN | 88 SOPHOMORES | 85 JUNIORS | 103 SENIORS



Breakdown by Major

GRADUATE SCHOOL

- 5 Global Retailing
- 5 Management & Leadership
- 3 Entrepreneurship
- 1 Business Administration

- 1 Global Energy Leadership
- 1 Special Populations
- 1 Sports & Fitness Administration
- 1 Supply Chain Management

UNDERGRADUATE SCHOOL

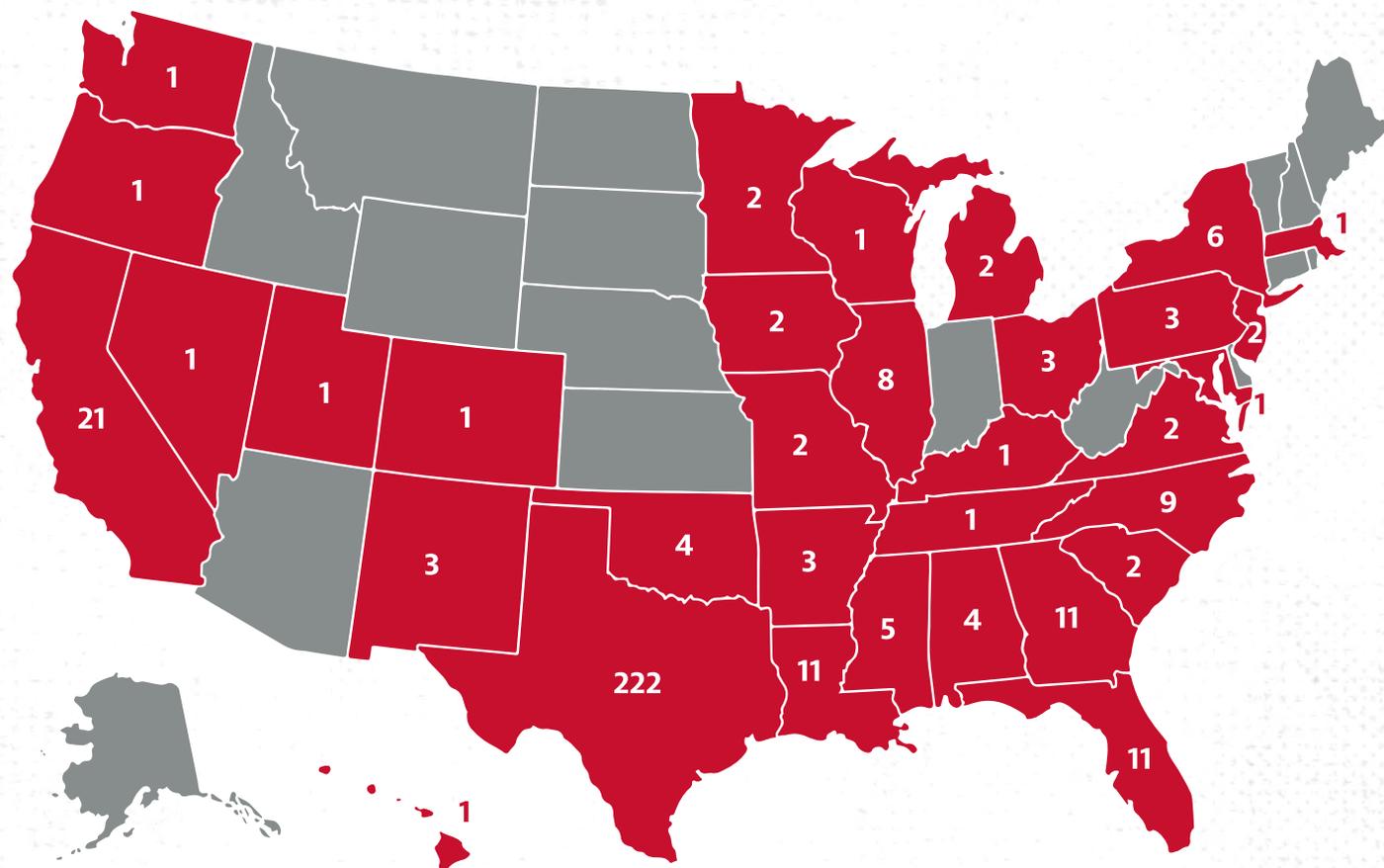
- 45 Exploratory Studies
- 42 Psychology
- 31 Kinesiology – Exercise Science
- 30 Health
- 25 Liberal Studies
- 24 Kinesiology – Sports Administration
- 21 Pre-Business
- 17 Retailing & Consumer Science
- 14 Economics
- 10 Kinesiology – Fitness & Sports
- 9 Sociology
- 8 Pre-Sociology
- 7 Human Development & Family Studies
- 7 Marketing
- 6 Mechanical Engineering
- 6 Political Science
- 5 Biology
- 5 Communication Studies
- 5 Human Resources Development
- 4 Communication – Interpersonal
- 4 Technology Leadership & Innovation Management
- 3 Construction Management
- 3 Strategic Communications
- 3 Supply Chain Technology
- 2 Mathematics

- 2 Biomedical Engineering
- 2 English
- 2 Civil Engineering
- 2 Computer Science
- 2 Management
- 1 African-American Studies
- 1 Architecture
- 1 Business Analytics
- 1 Chemical Engineering
- 1 Chemistry
- 1 Computer Engineering Technology
- 1 Digital Media
- 1 Environmental Science
- 1 Finance
- 1 Global Hospitality Leadership
- 1 Industrial Engineering
- 1 Journalism
- 1 Management Information Systems
- 1 Media Production
- 1 Nutrition
- 1 Philosophy
- 1 Physics
- 1 Pre-Communication Disorder
- 1 Teaching & Learning
- 1 Technology

Home States

The University of Houston Athletics Department is proudly represented by nearly **400** student-athletes. This group hails from **33** of the United States as well as the U.S. Virgin Islands and **35** foreign nations.

Within the United States, the Lone Star State led the way with **222** student-athletes. California ranked second with **21** student-athletes with **Florida (11)**, **Georgia (11)** and **Louisiana (11)** each posting double digits.



Home Countries

Argentina	1	Dominican Republic	1	Latvia	1	South Africa	1
Barbados	2	Egypt	1	Mexico	5	South Korea	1
Bermuda	1	El Salvador	1	Netherlands	3	Spain	1
Bolivia	1	England	1	New Zealand	1	Sweden	2
Bulgaria	1	France	1	Philippines	1	U.S. Virgin Islands	1
Canada	2	Germany	2	Poland	3	Ukraine	1
Costa Rica	1	Hungary	1	Romania	1	United States of America	349
Czech Republic	1	Ivory Coast	1	Russia	1	United Kingdom	1
Denmark	1	Jamaica	1	Scotland	2	Venezuela	1



Mexico (5) was the most represented foreign nation among Houston student-athletes with **Netherlands** and **Poland** tied for second with three apiece.

Fourteen of Houston's 17 sport programs feature at least one student-athlete from foreign nations. **Swimming & Diving** leads the way with 10 student-athletes from abroad. **Men's and Women's Golf** were tied for third with seven foreign student-athletes apiece.

Academic Highlights

PERFECT APR SCORES

Men's Basketball, Men's Cross Country, Men's Golf, Women's Cross Country, Women's Golf and Volleyball posted perfect 1,000 APR scores in the latest numbers from the 2022-23 season. This marked the third straight season with 5+ teams.

With seven honorees, the total was the second-highest mark in school single-season history and the most since 2015-16.

15 STRAIGHT SEMESTERS!

Besides capturing the American Athletic Conference Championships title for the seventh straight season, Houston Swimming and Diving was equally impressive in the classroom. For the 15th consecutive semester, the Cougars were named a Scholar All-America Team by the College Swimming and Diving Coaches Association of America.

USTFCCCA ALL-ACADEMIC TEAM

The Houston Women's Track and Field program was selected as an All-Academic Team by the United States Track & Field/Cross Country Coaches Association. The Cougars received the honor after posting a cumulative GPA of 3.00 or higher.

IMAN BABINEAUX

Women's Track & Field
USTFCCCA All-Academic Team

KELLY-ANN BECKFORD

Women's Track & Field
USTFCCCA All-Academic Team

JORDAN BOOKER

Men's Track & Field
CSC Academic All-District Team

DARIUS BOWSER

Men's Basketball
NABC Honors Court

MATTIE BOYD

Softball
CSC Academic All-District Team

BRYSHANNA BROWN

Volleyball
CSC Academic All-District Team

KATI RAY BROWN

Softball
CSC Academic All-District Team

ZOSIA BULHAK

Women's Track & Field/Cross Country
CSC Academic All-District Team

CARLOS CASTILLO

Men's Track & Field/Cross Country
CSC Academic All-District Team

DANIELA CASTILLO

Women's Track & Field/Cross Country
CSC Academic All-District Team

EMMA CLARKE

Soccer
CSC Academic All-District Team

MARIA DZEMESHKEVICH

Tennis
CSC Academic All-District Team

RYAN ELVIN

Men's Basketball
NABC Honors Court

CHASE FARRIS

Swimming & Diving
CSC Scholar All-American Second Team
CSC Academic All-District Team

TAYLOR GARZA-FREEMAN

Soccer
CSC Academic All-District Team

KATE GEORGIADES

Volleyball
CSC Academic All-District Team

HEDDA GRELZ

Swimming & Diving
CSC Scholar All-American Second Team
CSC Academic All-District Team

LANDRY HADDER

Swimming & Diving
CSC Scholar All-American Second Team

PAIGE HULSEY

Softball
CSC Academic All-District Team

EDEN HUMPHREY

Swimming & Diving
CSC Scholar All-American Second Team

ABBIE JACKSON

Volleyball
CSC Academic All-District Team

ABBY JACKSON

Swimming & Diving
CSC Scholar All-American Second Team

NADIA KAMASSAH

Soccer
CSC Academic All-District Team

ANNIE KIM

Women's Golf
WGCA All-American Scholar
CSC Academic All-District Team

JULIA KOLUCH

Swimming & Diving
CSC Academic All-District Team

CAITLYN MATTHEWS

Soccer
CSC Academic All-District Team

LA MATTHEWS

Softball
CSC Academic All-District Team

AUDREY MCKINNON

Swimming & Diving
CSC Scholar All-American Second Team

CLAIRE MEYER

Women's Track & Field/Cross Country
CSC Academic All-District Team

BAYLEA MYERS

Softball
CSC Academic All-District Team

RYAN PICKERING

Women's Track & Field
CSC Academic All-District Team

HAILEY POLLARD

Women's Track & Field
USTFCCCA All-Academic Team

KYLE RAMSEY

Football
CSC Academic All-District Team

ELIZABETH RICHARDSON

Swimming & Diving
CSC Academic All-District Team

NATALIE SAINT GERMAIN

Women's Golf
WGCA All-American Scholar

ALEXA SALDANA

Women's Golf
WGCA All-American Scholar

BRANDON SEAGREAVES

Men's Track & Field/Cross Country
CSC Academic All-District Team

JANNA SINGLETON

Soccer
CSC Academic All-District Team

MOA SVEDENSKIOLD

Women's Golf
WGCA All-American Scholar

CECILIA TAMAYO-GARZA

Women's Track & Field
USTFCCCA All-Academic Team

ALEXIS TILFORD-RUTHERFORD

Women's Track & Field
USTFCCCA All-Academic Team

KENNEDY WARREN

Volleyball
t Academic All-District Team

EMILIA WATERS

Swimming & Diving
CSC Scholar All-American Second Team

SAMANTHA WIEHE

Soccer
CSC Academic All-District Team

JEREMIAH WILSON

Men's Track & Field/Cross Country
CSC Academic All-District Team

TOTAL HOURS ATTEMPTED

Fall 2022: 5,865.5
Spring 2023: 5,561.5

DEAN'S LIST STUDENTS

Fall 2022: 109
Spring 2023: 97

4.0 GPA STUDENTS

Fall 2022: 14
Spring 2023: 19

TEAMS WITH 3.0 SEMESTER GPA

Fall 2022: 11
Spring 2023: 11

SEMESTER DEPARTMENT GPA

Fall 2022: 2.91
Spring 2023: 2.96

CUMULATIVE DEPARTMENT GPA

Fall 2022: 2.98
Spring 2023: 3.03

HIGHEST CUMULATIVE GPA

Men's Sports
Men's Cross Country (3.34)
Baseball (3.15)
Golf (3.10)

Women's Sports
Golf (3.58)
Cross Country (3.56)
Swimming & Diving (3.55)

HIGHEST FALL 2022 SEMESTER GPA

Men's Sports
Cross Country (3.34)
Baseball (3.27)
Golf (3.20)

Women's Sports
Golf (3.72)
Tennis (3.59)
Soccer (3.45)

HIGHEST SPRING 2023 SEMESTER GPA

Men's Sports
Golf (3.26)
Cross Country (3.09)
Baseball (3.07)

Women's Sports
Golf (3.77)
Cross Country (3.74)
Tennis (3.59)



American Athletic Conference All-Academic Team

FOOTBALL

Hakeem Ajijolaiya
Matt Byrnes
Davis Beal
Dalton Carnes
Jalen Emery
Jacob Garza
Gavin Gately
Anthony Gangi
Darson Herman
Tank Jenkins
Karson Jones
Joseph Manjack IV
Caleb Mendez
Kyle Ramsey
Maurice Reed

VOLLEYBALL

Bryshanna Brown
Annie Cooke
Kate Georgiades
Abbie Jackson
Morgan Janda
Kellen Morin
Barakat Rahmon
Isabel Theut
Jillian Thompson
Alana Torres-Rivera
Ella Wendel
Grace Wiley
Anna Wolf

SOCCER

Ava Alaniz
Maddie Bowers
Kate Burgess
Cordelia "CeCe" Cross
Madison Dichiara
Kaylee Dressback
Mikaela Gracia
Rylie Haussler
Cassidy Hoang
Nadia Kamassah
Caitlyn Matthews
Anna Reysa
Genaye Sanders
Janna Singleton
Addie Tate
Alex Whitcraft

MEN'S TRACK AND FIELD/CROSS COUNTRY

Theo Andre
Jordan Booker
Carlos Castillo
Branch Cox
Miles Cox
Triston Gibbons
Trey Grant
Dillon Leacock
Caleb Malbrough
Adam Mason
Lusekelo Mwamkuonda
Shaun Maswanganyi
Charlie O'Block
Kyjah Savery
Brandon Seagreaves
Jeremiah Wilson

WOMEN'S TRACK AND FIELD/CROSS COUNTRY

Iman Babineaux
Kelly-Ann Beckford
Winter Bogan
Zosia Bulhak
Daniela Castillo
Comari Hawkins
Eleni Kaiser
Bria Mack
Claire Meyer
Michelle Mayer
Ryan Pickering
Hailey Pollard
Alexis Tilford-Rutherford
Cecilia Tamayo-Garza
Aubrey Tupper

MEN'S BASKETBALL

Ryan Elvin
Jarace Walker

WOMEN'S BASKETBALL

Laila Blair
CaLeyah Burrell
Logyn McNeil
Britney Onyeje
Bria Patterson

SWIMMING AND DIVING

Abbie Alvarez
Sophie Anderson
Jolie Blodgett
Alyssa Bloser
Gigi Casten
Katie Deininger
Athina Economon
Noor El Gendy
Henrietta Fangli
Chase Farris
Josie Graves
Hedda Grelz
Landry Hadder
Eden Humphrey
Abby Jackson
Mary Catherine Jurica
Jenna Kerkman
Julia Koluch
Margot Little
Audrey McKinnon
Adelaide Meuter
Elizabeth Richardson
Maddie Wallin
Emilia Waters

BASEBALL

Cary Arbolida
Zach Arnold
Matthew Canizares
Dante Cano
Cade Citelli
Braedyn Cunningham
Coby DeJesus
Ryan Dollar
Jack Duffy
Tom Egan
Gabe Flores
Tyler Gray
Kyle LaCalameto
Maddux Miller
Justin Murray
Brendan O'Donnell
Dylan Post
Nate Price
Paul Schmitz
Jacob Schoenvogel
Merek Sears
José Torrealba
Dan Wright
Anthony Tulimero

SOFTBALL

Ayden Allen
Hannah Blincoe
Mattie Boyd
Kati Ray Brown
Bree Cantu
Amanda Carden
Turiya Coleman
Bella Farina
Saleen Flores
Paige Hulsey
Brooke Lorenzo
LA Matthews
Baylea Myers
Katy Repa
Britaney Shaw
Ja'Naiya Thomas
Kayla Zaid

MEN'S GOLF

Nico Aulicino
Jacob Borow
Carson Cooper
Santiago De La Fuente
Campbell Gibson
Wolfgang Glawe
Bryant Hiskey II
Ruben Lindsay
Drew Murdock
Austyn Reily
Julio Rios-Brache
Marcus Wochner

WOMEN'S GOLF

Nicole Abelar
Becca Earl
Anna Economon
Annie Kim
Delaney Martin
Brooke Morales
Natalie Saint Germain
Alexa Saldana
Moa Svedenskiold

TENNIS

Sofia Chang
Blanca Cortijo Parreno
Gabriela Cortes
Maria Dzemeshevich
Sonya Kovalenko
Azul Pedemonti
Manasi Reddy
Sophie Schouten
Laura Slisane
Elena Trencheva

2022-23 University of Houston Graduates



NICHOLAS ALEXANDER
MEN'S TRACK AND FIELD
Health Promotion



BUBBA BAXA
FOOTBALL
Human Resource Development



JOLIE BLODGETT
SWIMMING & DIVING
Biology



JORDAN BOOKER
MEN'S TRACK AND FIELD
Technology Leadership & Innovation Management



MATTIE BOYD
SOFTBALL
Sociology



CA'LEAYH BURRELL
WOMEN'S BASKETBALL
Psychology



REGGIE CHANEY
MEN'S BASKETBALL
Liberal Studies



IMARI CHATMAN
WOMEN'S TRACK AND FIELD
Sociology



EMMA CLARKE
SOCCER
Civil Engineering



KATIE DEININGER
SWIMMING & DIVING
Mechanical Engineering



MADDIE DICHIARA
SOCCER
Management



KYLER EDWARDS
MEN'S BASKETBALL
Retailing & Consumer Science



RYAN ELVIN
MEN'S BASKETBALL
Kinesiology-Sports Administration



MUSTAFA FALL
MEN'S TRACK AND FIELD
Health



CHASE FARRIS
SWIMMING & DIVING
Psychology



SALEEN FLORES
SOFTBALL
Liberal Studies



JACK FREEMAN
FOOTBALL
Kinesiology-Fitness and Sports



TAYLOR GARZA-FREEMAN
SOCCER
Master's - Social Work



HANNAH GAULT
WOMEN'S TRACK AND FIELD
Psychology



MADISON GEAR
SOCCER
Retailing and Consumer Science



TRISTON GIBBONS
MEN'S TRACK AND FIELD
Construction Management



TA'ZAWN HENRY
FOOTBALL
Retailing & Consumer Science



TATYANA HILL
WOMEN'S BASKETBALL
Sociology



PAIGE HULSEY
SOFTBALL
Technology Leadership & Innovation Management



HASAAAN HYPOLITE
FOOTBALL
Retailing & Consumer Science



ABBIE JACKSON
VOLLEYBALL
Psychology



TANK JENKINS
FOOTBALL
Retailing & Consumer Science



TREY JOHNSON
MEN'S TRACK AND FIELD
Kinesiology-Exercise Science



ANNIE KIM
WOMEN'S GOLF
Health



JULIA KOLUCH
SWIMMING & DIVING
Strategic Communications



KYLE LALAMETO
BASEBALL
Psychology



MARIA JOSE MARTINEZ
WOMEN'S GOLF
Kinesiology-Sports Administration



AUDREY MCKINNON
SWIMMING & DIVING
Political Science



REY MENDOZA
BASEBALL
Kinesiology-Exercise Science



JA'KORI MORGAN
FOOTBALL
Retailing & Consumer Science



SONDOS MOURSY
WOMEN'S TRACK AND FIELD
Psychology



JAMYKAL NEAL
FOOTBALL
Sociology



IKE OGBOGU
FOOTBALL
Master's - Management & Leadership



BENJAMIN OKAFOR
MEN'S TRACK AND FIELD
Psychology



BRIA PATTERSON
WOMEN'S BASKETBALL
Psychology



PATRICK PAUL
FOOTBALL
Retailing & Consumer Science



DYLAN POST
BASEBALL
Technology Leadership & Innovation Management



KYLE RAMSEY
FOOTBALL
Electrical Engineering



MANASI REDDY
TENNIS
Finance



ELIZABETH RICHARDSON
SWIMMING & DIVING
Industrial Engineering



J'WAN ROBERTS
MEN'S BASKETBALL
Health



MARCUS SASSER
MEN'S BASKETBALL
Health



PEYTON SAWYER
FOOTBALL
Retailing & Consumer Science



BRITANEY SHAW
SOFTBALL
Kinesiology-Exercise Science



JANNA SINGLETON
SOCCER
Marketing



QUINTON STRINGFELLOW
MEN'S TRACK AND FIELD
Marketing



ADDIE TATE
SOCCER
Marketing



ISABEL THEUT
VOLLEYBALL
Master's - Business Administration



JILLIAN THOMPSON
VOLLEYBALL
Management and Marketing



CHAYSE TODD
FOOTBALL
Psychology



JOSÉ TORREALBA
BASEBALL
Psychology



JARED TRIOLO
BASEBALL
Management



NU'UAUSALA TUILEFANO
WOMEN'S TRACK AND FIELD
Health Promotions



RACHEL TULLOS
VOLLEYBALL
Kinesiology-Fitness and Sports



REUBEN UNIJE
FOOTBALL
Sociology



MAKAYLA WALLAR
SWIMMING & DIVING
Health



KENNEDY WARREN
VOLLEYBALL
Psychology



KENNA WILKEY
SOFTBALL
Global Retailing



JEREMIAH WILSON
MEN'S TRACK AND FIELD
Kinesiology-Exercise Science



MARCUS WOCHNER
MEN'S GOLF
Psychology



Inside the Numbers 2022-23

24,793



Average attendance of Football home games in TDECU Stadium

33



Student-athletes who competed in individual events in NCAA postseason

7,450



Average attendance of Men's Basketball home games in the Fertitta Center

12



Houston Athletics sport programs represented in NCAA postseason



73

All-American Athletic Conference selections



16

All-America honors earned by Houston student-athletes

165

TOTAL TEAM WINS

36



Victories by Baseball to lead all Houston sport programs

FINAL RANKINGS

MEN'S BASKETBALL



2



MEN'S BASKETBALL



16



VOLLEYBALL



17





Consecutive seasons with Houston Athletics winning 4+ conference championships, a first in program history

4

American Athletic Conference Coach/Coaching Staffs of the Year in Volleyball, Swimming & Diving and Men's Basketball

4

American Athletic Conference championships in Volleyball, Men's Basketball, Swimming & Diving and Men's Golf

20

American Athletic Conference individual & relay championships in Swimming & Diving, Men's & Women's Indoor Track & Field and Men's & Women's Outdoor Track & Field

1,000

Perfect APR scores by Men's Basketball, Men's Cross Country, Men's Golf, Women's Basketball, Women's Golf, Tennis and Volleyball during 2021-22 season, the second-highest total in school single-season history and the most since 2015-16

Student-athletes named to Dean's List following each semester

FALL 2022 SEMESTER
108

SPRING 2023 SEMESTER
97



Teams posting 3.0 semester GPAs in each of Fall 2022 and Spring 2023 semesters

3.03

Cumulative grade-point average for all Houston sport programs following 2023 Spring

179

Houston student-athletes on the American Athletic Conference All-Academic Team



65

Student-athletes who graduated from the University of Houston in Fall 2022/Spring 2023

25

Student-athletes with 4.0 semester GPAs in Fall 2022

19

Student-athletes with 4.0 semester GPAs in Spring 2023

Champions & Postseason Qualifiers

FOOTBALL



- Radiance Technologies Independence Bowl **CHAMPIONS**

VOLLEYBALL



- NCAA Sweet 16 (farthest NCAA Tournament Run since 1994)
- American Athletic Conference **CHAMPIONS** (first league title since 1999)

WOMEN'S CROSS COUNTRY



- NCAA South Central Regional Championships

MEN'S CROSS COUNTRY



- NCAA South Central Regional Championships



MEN'S BASKETBALL



- NCAA Sweet 16 (fourth straight season to advance to NCAA Tournament Sweet 16 or farther)
- American Athletic Conference **CHAMPIONS** (fourth regular-season title in last five years)

SWIMMING & DIVING



- American Athletic Conference **CHAMPIONS** (seventh straight season)
- Two American Athletic Conference **INDIVIDUAL CHAMPIONSHIPS**
- Five student-athletes competed in NCAA Zone D Championships

MEN'S INDOOR TRACK AND FIELD



- Three student-athletes competed at NCAA Indoor Championships

WOMEN'S INDOOR TRACK AND FIELD



- Two student-athletes competed at NCAA Indoor Championships



WOMEN'S GOLF



- NCAA Pullman Regional

MEN'S GOLF



- NCAA Auburn Regional
- American Athletic Conference CHAMPIONS

MEN'S OUTDOOR TRACK & FIELD



- Three (3) student-athletes qualified to compete at NCAA Outdoor Championships
- Thirteen (13) student-athletes qualified to compete in NCAA West Preliminary Round

WOMEN'S OUTDOOR TRACK & FIELD



- One student-athlete qualified to compete in NCAA Outdoor Championships
- Ten (10) student-athletes qualified to compete in NCAA West Preliminary Round

2022-23 Athletics Calendar

June

23 **GENERAL**
June 23, 2022

Houston Athletics launched a \$150 million HOUSTON RISE capital campaign centered on competitive excellence in the Big 12 Conference. Through HOUSTON RISE, the Athletics Department is addressing essential capital priorities, including construction of a state-of-the-art Football Operations Center to house Cougar Football.

02 **CROSS COUNTRY**
September 02, 2022

Claire Meyer led the women to a runner-up finish at the McNeese Season Opener, thanks to a 10:03.3 third-place individual finish over the 3k course.

02 **CROSS COUNTRY**
September 02, 2022

Brandon Seagreaves finished second overall at the McNeese Season Opener in a 6k time of 17:52.3 seconds.

04 **SOCCER**
September 04, 2022

Houston defeated Rice in a 3-1 victory behind goals from Cordelia Cross, Nadia Kamassah and Emma Clarke. Goalkeeper Haley Woodward recorded her second win of the season with six saves.



09 **CROSS COUNTRY**
September 09, 2022

The Houston men's team finished second overall at the Rice Invitational with Brandon Seagreaves finishing fifth overall.

15 **VOLLEYBALL**
September 15, 2022

While eventually falling 3-1, Houston took the first set from #1 Texas 25-17. The Cougars used a .600 hitting percentage to take the first set behind 16 kills and only one error.

15 **SOCCER**
September 15, 2022

Houston recorded a 2-1 victory in its final American Athletic Conference opener against South Florida. The Cougars were powered by goals from Janna Singleton and Maddie Bowers. This marked Houston's first win over the Bulls since a 1-0 overtime victory in 2004 and its first conference opener win since 2018.

24 **FOOTBALL**
September 24, 2022

Houston defeated Rice for a record-setting seventh consecutive time, outlasting the Owls 34-27 as part of a back-and-forth affair at TDECU Stadium. The Cougars forced a pair of fourth-quarter takeaways and stopped Rice on their final play at the Houston 9-yard line.

26 **WOMEN'S GOLF**
September 26, 2022

Natalie Saint Germain set a school record with a 64 in the Final Round of the Schooner Fall Classic at Belmar Golf Club in Norman, Okla. She tied for 10th at 3-under 207.

September

01 **SOCCER**
September 01, 2022

In its season home opener, Houston drew its third largest attendance in program history with 1,006 fans against Baylor.

03 **FOOTBALL**
September 03, 2022

Houston capped a three-overtime thriller with a 13-yard run from Clayton Tune and defensive stop to defeat UTSA, 37-35, inside the Alamodome. The Cougars rallied from a 14-point second half deficit to snap UTSA's 10-game home winning streak. The game was ranked among the Top 100 FBS games of the 2022 season by ESPN.

08 **GENERAL**
September 08, 2022

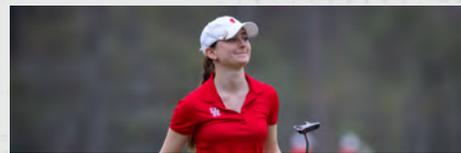
The University of Houston and TDECU announced in principle a partnership extension allowing Houston's largest credit union to maintain naming rights of TDECU Stadium through at least 2034 with a new financial investment exceeding \$20 million.

13 **MEN'S GOLF**
September 13, 2022

Senior Austyn Reily closed the season-opening Jim Rivers Intercollegiate with a 68 and finished 11th with a score of 7-under 209 to lead the Cougars. Reily opened the tournament with a 68 as well.

21 **WOMEN'S GOLF**
September 21, 2022

Freshman Natalie Saint Germain closed the season-opening Mo'MOriah Invitational with scores of 67-69 at Traditions Club in Bryan-College Station, Texas to finish fourth with a score of 6-under 210 in her first collegiate event.



October

07 **FOOTBALL**
October 07, 2022

Houston overcame a 19-point fourth quarter deficit, scoring 26 points in the final period to stun Memphis, 33-32 inside Liberty Stadium. The comeback was the fifth biggest in school history and featured two Clayton Tune touchdown passes and an onside kick recovery in the final two minutes. The heroics landed the matchup as the No. 22 Best FBS game of the 2022 season by ESPN.



17 **VOLLEYBALL**
October 17, 2022

In the middle of a nine-match winning streak, Houston moved into the American Volleyball Coaches Association Coaches poll at #24, the team's first national ranking since 1994.

24 **WOMEN'S GOLF**
October 07, 2022

With a pair of 68s in the final two rounds, freshman Moa Svedenskiold captured a share of the individual title at the Jim West Challenge at Kissing Tree Golf Club in San Marcos, Texas. She became the first freshman to win a tournament in program history and accomplished the feat in only her third event, fastest in school history.

07 **VOLLEYBALL**
October 07, 2022

Houston earned its first victory against a ranked opponent since 2003 with a four-set win over #23 UCF in front of a record crowd of 1,173 inside the Fertitta Center. Dropping only the second set, the Cougars rallied behind a 22-kill performance from Isabel Theut and a 28-dig effort from Kate Georgiades.

27 **SOCCER**
October 27, 2022

After honoring its seniors Emma Clarke, Madison Dichiaro, Taylor Garza-Freeman, Madison Gear, Rylie Haussler, Janna Singleton and Addie Tate before the match, Houston posted a 3-0 shutout win against Temple. Singleton scored two goals on the night which secured her spot as the season's leading scorer with five.

28 **CROSS COUNTRY**
October 28, 2022

Claire Meyer became the first female Cougar to earn American Athletic Conference All-Conference honors at the American Athletic Championships and the first female Cougar to earn All-Conference honors in any league since 2009 (C-USA).

29 **FOOTBALL**
October 29, 2022

Houston quarterback Clayton Tune surpassed 10,000 career passing yards in Houston's 42-27 win against South Florida at TDECU Stadium and became only the third quarterback in program history to reach that total.

November

02 SOCCER
Nov. 2, 2022
Senior defender Emma Clarke and freshman midfielder Alex Whitcraft earned regular-season conference honors. Clarke was selected for the All-American Athletic Conference Second Team, and Whitcraft was selected for the league's All-Rookie Team.

11 CROSS COUNTRY
Nov. 11, 2022
Claire Meyer and Brandon Seagreaves become the first male and female to earn All-Region honors in the same season since 1992. Seagreaves' honor was the first male to earn All-Region honors since 2017, and Meyer was the first female since 2019.

15 GENERAL
Nov. 15, 2022
Houston student-athletes registered a four-year class average of 64%, compared to 61% for all students as detailed in the NCAA's latest Graduation Success Rate (GSR) report. Cougar student-athletes combined to post an 80% GSR among those who entered school from 2012-15 and graduated within a six-year window.

19 SWIMMING & DIVING
Nov. 19, 2023
The Cougars claimed their sixth consecutive Phill Hansel Invitational victory with a combined three-day score of 1,812.5 points.

05 SWIMMING & DIVING
Nov. 5, 2022
Houston hosted its first home dual meet of the season against Tulane, posting nine first place finishes en route to a 118-86 victory over the Green Wave.



18 VOLLEYBALL
Nov. 18, 2022
Houston captured a program-record 18th consecutive win with a straight-set victory over Memphis inside the Fertitta Center. The winning streak continued for another two contests, reaching 20 consecutive matches before being snapped.

20 MEN'S BASKETBALL
Nov. 20, 2022
Freshman guard Terrance Arceneaux poured in career highs with 15 points and three 3-pointers to lead Houston to a 66-56 win at rv/ Oregon.

07 MEN'S BASKETBALL
Nov. 7, 2022
With the Cougars' 83-36 win over Northern Colorado inside the Fertitta Center, Head Coach Kelvin Sampson recorded the 700th win of his career and the 200th of his Houston tenure.

12 FOOTBALL
Nov. 12, 2022
Houston wide receiver Matthew Golden hauled in a go-ahead 44-yard touchdown reception with 42 seconds remaining as the Cougars defeated Temple, 43-36 at TDECU Stadium. The win made the Cougars bowl eligible, sending Houston to its 15th bowl appearance in the last 18 seasons.

19 FOOTBALL
Nov. 19, 2022
In its final American Athletic Conference road game, Houston crushed East Carolina, 42-3 behind 435 yards and four touchdowns from Clayton Tune. The three points permitted were Houston's fewest in a conference game since 2014.

23 VOLLEYBALL
Nov. 23, 2022
Using a 3-1 victory at South Florida, Houston captured its first conference championship since 1999 in Conference USA. The team later shared the championship with UCF with Houston owning the tiebreaker and earning the American Athletic Conference's bid to the NCAA Tournament.

December

02 VOLLEYBALL
Dec. 2, 2022
Houston started its first NCAA Tournament appearance since 2000 with a five-set win over South Dakota in the First Round. The team lived up to the Cardiac Coogs moniker, and libero Kate Georgiades earned the #1 play on SportsCenter that night, diving over a table to win a point in the fourth set. She finished the match with 29 digs while Abbie Jackson broke The American's career service aces record.

16 MEN'S BASKETBALL
Dec. 16, 2022
Freshman forward Jarace Walker scored 17 points to lead the Cougars to a 69-61 win at #2/2 Virginia. It was the highest ranked opponent the Cougars defeated on the road in school history.

26 MEN'S BASKETBALL
Dec. 26, 2022
Redshirt freshman guard Emanuel Sharp drained six 3-pointers in an 83-44 win over McNeese inside the Fertitta Center. It tied as the second-most 3-pointers made by a Cougar freshman in school history.

13 FOOTBALL
Jan. 13, 2023
Former Houston standout Marcus Jones became the fifth Cougar all-time and first rookie to earn NFL First-Team All-Pro honors following a decorated season with the New England Patriots.

25 WOMEN'S BASKETBALL
Jan. 25-29, 2023
The Cougars held back-to-back opponents under 40 points for the first time since the 1980-81 season when they held Cincinnati (39 points) and Tulane (39 points) under 40 points in back-to-back games on Jan. 25-29.

03 VOLLEYBALL
Dec. 3, 2022
Houston maintained its winning ways, earning a five-set victory over Auburn to advance to the NCAA Sweet 16. The win marked the team's 30th of the season, the first time Houston had reached that total since 1980. Kennedy Warren led the team with 17 kills.

23 FOOTBALL
Dec. 23, 2022
Playing in the second coldest game in program history (25 degrees at kickoff), Houston rallied in the second half to defeat Louisiana 23-16 at the Independence Bowl in Shreveport, La. Quarterback Clayton Tune connected with wide receiver Nathaniel Dell for a 12-yard touchdown with 20 seconds remaining as the Cougars overcame a 13-point deficit in the win. Tune was named the game's Offensive Most Outstanding Player while defensive back Art Green earned defensive honors after logging nine tackles.



22 TENNIS
Jan. 22, 2023
The Cougars recorded a 6-1 victory against UTRGV in Waco, Texas. The win marked Houston's first of the season.

27 TRACK AND FIELD
Jan. 27, 2023
De'Vion Wilson rose in the Cougars' records book in the 60-meter hurdles before breaking the school record twice in the Houston Invitational. Wilson ran 7.70 seconds in the 60 hurdles in prelims before running 7.69 seconds in the final a few hours later.

14 GENERAL
Dec. 14, 2022
Houston student-athletes capped another decorated fall in the classroom, posting a 2.91 GPA with 108 student-athletes (or 26%) of all student-athletes earning Dean's List honors for logging a 3.5 GPA or higher. Houston student-athletes passed 93.53% of hours during fall 2022 – up from 91.82% in fall 2021 – and 11 different programs recorded a 3.0 GPA or higher.

January

13 FOOTBALL
Jan. 13, 2023
Former Houston standout Marcus Jones became the fifth Cougar all-time and first rookie to earn NFL First-Team All-Pro honors following a decorated season with the New England Patriots.

25 GENERAL
Jan. 25, 2023
Houston Athletics was again well represented at the Houston Sports Awards as four student-athletes (Nathaniel Dell, Kate Georgiades, Marcus Sasser and Fabian White Jr.) were among those nominated for College Athlete of the Year. Sasser took home the top prize. Houston Head Coach Kelvin Sampson was a finalist for Coach of the Year.

29 WOMEN'S BASKETBALL
Jan. 29, 2023
The Cougars put together their most dominant win of the season, their largest margin of victory over Tulane and their biggest win since 2005 with an 82-36 dismantling of the Green Wave. The 46-point win was the largest margin of victory since 2005.

February

01 GENERAL

Feb. 1, 2023

In honor of National Girls and Women in Sports Day, Houston's Student-Athlete Advisory Committee (SAAC) hosted the department's first "Coog-HER" celebration, bringing together 100+ student-athletes and female administrators for a mixed panel and evening of festivities.

14 SWIMMING & DIVING

Feb. 14, 2023

Senior diver Chase Farris captured the Cougars' fourth straight 3-meter title at the 2023 American Athletic Conference Championships.



16 SWIMMING & DIVING

Feb. 16, 2023

Freshman Eden Humphrey captured the first swimming title of the week for the Cougars at the 2023 American Athletic Conference Championships in the 500-yard freestyle.

18 SWIMMING & DIVING

Feb. 18, 2023

Houston captured its seventh and final American Athletic Conference Championships title with 1,311.5 points. The point total was Houston's highest at the event, besting the program's previous high of 1,009 in 2021. Head Coach Tanica Jamison earned Coach of the Year honors for the second straight year.

24 TRACK AND FIELD

Feb. 24, 2023

Christyan Sampy broke the school record in the pole vault for the second time in one season with a 5.54-meter title-winning leap at the American Athletic Conference Championships. The feat marked Sampy's first conference indoor title and Houston's first indoor title in the pole vault since 2020.

25 MEN'S BASKETBALL

Feb. 25, 2023

With a 75-67 win at East Carolina, the Cougars clinched the outright American Athletic Conference regular-season championship. It was the program's fourth regular-season crown in the last five years under Head Coach Kelvin Sampson.

March

02 MEN'S BASKETBALL

March 2, 2023

A Fertitta Center-record crowd of 7,879 celebrated Senior Night and then watched the Cougars' take an 83-66 win over Wichita State in the final home game of the 2022-23 season. It was the 21st consecutive sellout in Fertitta Center history.



04 TRACK AND FIELD

Feb. 4, 2023

A pair of school records fell at the New Mexico Collegiate Classic on the same day as Kelly-Ann Beckford destroyed the 800 meters record set in 1999, and Christyan Sampy broke the school record in the pole vault for the first time during the season. Beckford ran 2:05.74 seconds at altitude in the 800, and Sampy jumped 5.53 meters. Both would go on to break their own records just days and weeks later.

14 MEN'S GOLF

Feb. 14, 2023

Junior Santiago De La Fuente posted a 71 in the Final Round of the Border Olympics for his third straight sub-par round to earn medalist honors with a score of 4-under 212 at Laredo Country Club. The Cougars finished second as a team in the spring opener with a total of 871.

15 SWIMMING & DIVING

Feb. 15, 2023

After placing first in the 3-meter title alongside two second-place finishes in the 1-meter and platform, Chase Farris was named the American Athletic Conference's Most Outstanding Diver of the Year. In addition, Houston Diving Coach Bob Gunter earned the league's Women's Diving Coach of the Year title for the sixth time in his career.

17 TRACK AND FIELD

Feb. 17, 2023

Kelly-Ann Beckford broke the school record in the 800 meters three times in 13 days. Beckford ran 2:05.74 to break the 24-year-old school record by three seconds and then broke her own record on Feb. 11 by a second. With a two-second improvement at the Arkansas Qualifier, Beckford ran 2:02.59, which ranked eighth nationally and qualified her for the NCAA Indoor Championships.

21 MEN'S GOLF

Feb. 21, 2023

Santiago De La Fuente finished with a 69 in his second straight round and tied for second with a score of 8-under 208 at the Bayou City Collegiate Classic at Westwood Golf Club in Houston. As a team, the Cougars finished second with a total of 16-under 848.



25 TRACK AND FIELD

Feb. 25, 2023

Kelly-Ann Beckford won the 800-meter run in a meet-record time at The American Indoor Championships to become the first female Cougar to win the event at a conference meet since 1998.

05 MEN'S BASKETBALL

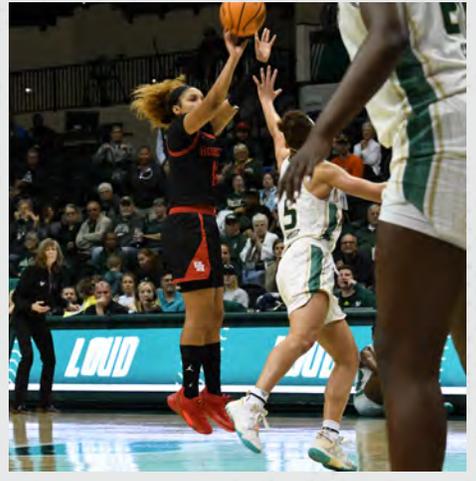
March 5, 2023

Junior point guard Jamal Shead buried a jumper at the buzzer to lift the Cougars to a 67-65 win over Memphis inside FedExForum. The win clinched a 17-1 American Athletic Conference record for Houston, setting the school single-season record in conference wins, and tied The American single-mark in conference victories. With his first trey of the day, senior guard Marcus Sasser set the school career record in that category.

12 WOMEN'S BASKETBALL

Feb. 12, 2023

Laila Blair dropped a career-high 30 points as the Cougars earned their first ranked road win since 2004 at #24/21 South Florida. Blair scored 22 first half points, including a buzzer beater from half court in the 71-69 win.



18 SWIMMING & DIVING

Feb. 18, 2023

Eden Humphrey set two new school records in one swim, becoming the record holder in the 1,000-yard freestyle after a split time of 9:59.46 and in the 1,650-yard freestyle after touching the wall at 16:30.39.

22 GENERAL

Feb. 22, 2023

University of Houston Athletics announced its Hall of Honor Class of 2023 featuring Mike Booker (Men's Golf), Michael Bourn (Baseball), Rick Brewer (Baseball), Sonya Watkins Ellis (Women's Basketball), Simon Fletcher (Football), Sandra Cummings Glover (Women's Track) and Case Keenum (Football). The event is set to take place Thursday, Sept. 14.

25 TENNIS

Feb. 25, 2023

Houston picked up its seventh consecutive victory of the season after defeating ULM, 6-1, at the Barbara Wallace Winston Tennis Facility. The seven-game win streak was the Cougars' longest of the season.

25 TRACK AND FIELD

Feb. 25, 2023

Shaun Maswanganyi and Nu'uausala Tuilefano won the 60-meter dash and shot put titles at The American Indoor Championships in back-to-back years, respectively. Tuilefano broke the school record and conference record with a 17.46-meter throw in the shot put.

07 MEN'S BASKETBALL

March 7, 2023

After posting a 17-1 American Athletic Conference record, the Cougars became the first program in league history to win all six individual awards. Head Coach Kelvin Sampson (Coach of the Year), Marcus Sasser (Player of the Year), Jamal Shead (Defensive Player of the Year), J'Wan Roberts (Most Improved Player of the Year), Reggie Chaney (Sixth Man of the Year) and Jarace Walker (Freshman of the Year) led the sweep.

07 MEN'S GOLF
March 7, 2023
 Senior Marcus Wochner posted a 68 for the second time at the HCU Colin Montgomerie Invitational to tie for second at 10-under 206 at Sweetwater Country Club in Sugar Land, Texas.

10 TRACK AND FIELD
March 10-11, 2023
 Five Cougars competed at the NCAA Championships, the most since 2019, with one Cougar earning All-America First-Team honors and four coming back to Texas with All-America Second-Team accolades.

14 MEN'S BASKETBALL
March 14, 2023
 Senior guard Marcus Sasser was named to the Associated Press All-America First Team. He became the Cougars' first First-Team All-American since Hakeem Olajuwon in 1984. He received similar honors from multiple media organizations to earn Consensus All-America First-Team honors.

24 MEN'S BASKETBALL
March 24, 2023
 The Cougars' season ended with an 89-75 loss to #16/15 (5) Miami (Fla.) at the NCAA Tournament Sweet 16 inside the T-Mobile Center in Kansas City, Mo. Junior point guard Jamal Shead tied for team-high honors with five assists and joined Reid Gettys as the only Cougars with multiple 200-assist seasons during their careers.



08 WOMEN'S BASKETBALL
March 8, 2023
 Senior Tiara Young scored a career-high 26 points to guide No. 4 seed Houston to its first American Athletic Conference Tournament title game after beating No. 8 seed Wichita State, 72-64.



17 MEN'S BASKETBALL
March 17, 2023
 Behind guard Tramon Mark's career-high 26 points, the Cougars claimed an 81-64 win over Auburn in the NCAA Tournament Round of 32 and tied the school single-season record with their 33rd victory of the season.

26 BASEBALL
March 26, 2023
 Junior third baseman Zach Arnold crushed three home runs and accounted for seven RBIs in an 18-9 win over UT Arlington. Arnold's three home runs tied a Houston single-game record.

31 BASEBALL
March 31, 2023
 Behind a Cameron Nickens walk-off single, the Cougars beat No. 8 East Carolina, 5-4, in 10 innings. The Cougars went on to win the series against the Pirates.

09 WOMEN'S BASKETBALL
March 9, 2023
 For the first time since joining the American Athletic Conference, the Cougars played in the 2023 American Athletic Conference championship game. It was Houston's first conference title game appearance since 2004.

11 TRACK AND FIELD
March 11, 2023
 Shaun Maswanganyi ran 6.57 seconds in the 60-meter dash and finished fourth at the NCAA Indoor Championships to claim All-America First-Team honors.

19 WOMEN'S GOLF
March 19, 2023
 All five Cougars – Nicole Abelar, Alexa Saldana, Svedenskiold, Saint Germain and Annie Kim – fired sub-par scores in the Final Round of the MountainView Collegiate at Mountainview Country Club in Tucson, Ariz. It was the first time in program history that the Cougars accomplished that.

27 MEN'S GOLF
March 27, 2023
 Junior Wolfgang Glawe fired a 65 in the Second Round of the Valspar Collegiate Invitational against one of the nation's elite fields at Floridian National Golf Club in Palm City, Fla. Glawe tied for 11th at 5-under 208 to lead the Cougars.



April

01 MEN'S BASKETBALL
April 1, 2023
 Senior guard Marcus Sasser received the Jerry West Award, presented annually to the nation's top shooting guard.

15 TENNIS
April 15, 2023
 The Cougars celebrated Senior Day, honoring graduating seniors Sofia Chang, Azul Pedemonti and Manasi Reddy. Pedemonti notched an individual victory while Gabriela Cortes clinched the match giving Houston the 4-3 victory against #56 Rice. This victory marked the Cougars' first win against Rice since 2003, when the Cougars.

19 WOMEN'S GOLF
April 19, 2023
 Competing in her first collegiate postseason event, Svedenskiold posted a score of 8-under 208 to finish second at the American Athletic Conference Championships at Southern Hills Plantation Club in Brooksville, Fla.

04 SOFTBALL
April 4, 2023
 Sophomore Turiya Coleman hit her second grand slam of the year in game two of a doubleheader against Stephen F. Austin, becoming the first Houston player to hit multiple in a season since 2018. It was also her second grand slam in a four-game stretch.

16 SOFTBALL
April 16, 2023
 Houston continued its streak of seasons with a win over a ranked opponent with a 4-0 shutout win victory #20/23 Wichita State. The Cougars have defeated a ranked team in eight consecutive seasons with seven of those years under Head Coach Kristin Vesely.



08 BASEBALL
April 8, 2023
 Houston clubbed its way to a record-setting 17-3 win against Wichita State, thanks to 13 two-out runs in the seventh inning. It was the first time Houston scored 10+ runs in an inning since May 17, 2016, when Houston plated 10 in the eighth inning as part of a 24-6 victory against No. 15 Rice. All 10 Houston players who recorded an at-bat scored at least one run.

19 TENNIS
April 19, 2023
 Houston topped No. 10 seed East Carolina, 4-2, at the American Athletic Conference Championship in Orlando, Fla. This marked the seventh time in school history that the Cougars reached The American Quarterfinals.

21 MEN'S GOLF
April 21, 2023
 Senior Austyn Reily chipped in for eagle in the first group on the first hole of the First Round of the American Athletic Conference Championships, and the Cougars never trailed again the rest of the way as a team.

22 MEN'S GOLF

April 22, 2023
Santiago De La Fuente closed the American Athletic Conference Championships with a 67 and earned medalist honors with a score of 10-under 200 at Pelican Golf Club in Belleair, Fla. Reily finished second at 203 as the Cougars claimed the first team conference championships title since 2013.



29 TRACK AND FIELD

April 29, 2023
The Men's 400-meter relay joined elite company at the Penn Relays when the Cougars became the third school to win four straight Penn Relays 400-meter relay titles. Houston joined Morgan State (1953-56) and LSU (2005-08) as the only three schools to win four titles consecutively.

MAY

08 WOMEN'S GOLF

May 8, 2023
Super senior Annie Kim finished the First Round of the NCAA Pullman Regional with a 66, the second lowest 18-hole score by a Cougar in NCAA Regional play. The Cougars made their seventh team appearance in the NCAA postseason.

14 TRACK AND FIELD

May 14, 2023
Sydni Townsend broke the school record in the 400-meter hurdles set by assistant coach and Hall of Honor inductee Sandra Glover in 1991 during the American Athletic Conference Championships with a time of 55.99, nearly a full second faster than her coach. Townsend broke the record again at the NCAA West Preliminary Round where she ran the fastest time at the West Preliminary Round with a time of 55.79.

14 TRACK AND FIELD

May 14, 2023
The Men's 400-meter relay won its ninth consecutive American Athletic Conference Championships title in the event having never lost the title since joining the league in 2013-14. Cecilia Tamayo-Garza broke her own Mexican National record in the 200-meter dash after running a 22.45 second time to finish second.

20 BASEBALL

May 20, 2023
For the first time in program history, the Houston baseball team won every American Athletic Conference series after closing out the regular season slate with a 7-6 win against Cincinnati at Schroeder Park. The Cougars were the only team in the conference to win every series during the regular season.



21 BASEBALL

May 21, 2023
Junior utility player Justin Murray was named the American Athletic Conference Newcomer Position Player of the Year as well as earning All-Conference First-Team honors with junior third baseman Zach Arnold.



23 WOMEN'S GOLF

May 23, 2023
Super senior Annie Kim was named to the College Sports Communicators of American Academic All-District At-Large Team. As a team, the Cougars posted the highest Spring 2023 semester grade-point average (3.58) and the highest cumulative GPA (3.58) among all 17 Houston sport programs.

26 TRACK AND FIELD

May 26, 2023
Lloyd Frilot tied the school record in the 800 meters at the NCAA West Preliminary Round, posting the 10-fastest time of the preliminary round.

June

05 MEN'S GOLF

June 5, 2023
De La Fuente was named PING NCAA All-America Honorable Mention, becoming the first Cougar since 2016 to receive All-America recognition.

07 TRACK AND FIELD

June 7, 2023
De'Vion Wilson broke the school record in the 110-meter hurdles at the NCAA Championships to become the school record holder in both the 60-meter hurdles and 110 hurdles after running 13.37 at the NCAA Championships in his hometown of Austin, Texas.

07 TRACK AND FIELD

June 7, 2023
Christyan Sampy becomes the first male Cougar vaulter to earn outdoor All-America First Team honors since 1980 by finishing eighth at the NCAA Championships.

09 TRACK AND FIELD

June 9, 2023
De'Vion Wilson broke the school record and finished second in the 110-meter hurdles at the NCAA Championships. Wilson became Houston's second silver medalist in the 110 hurdles by running 13.26. Wilson became Houston's first All-American First Teamer in the 110 hurdles since 2019.



09 TRACK AND FIELD

June 9, 2023
Shaun Maswanganyi broke the school record in the 100-meter dash at the NCAA Championships when he ran 9.91 seconds. Maswanganyi finished third overall in the 100 before finishing sixth overall in the 200-meter dash for his fourth and fifth All-American First Team outdoor honors.

JULY

10 TRACK AND FIELD

June 10, 2023
Sydni Townsend finished ninth overall at the NCAA Championships in Austin, Texas and earned All-America Second Team honors. Townsend became the first Houston female 400-meter hurdler to earn an All-America First- or Second-Team accolade since 1991.

July

01 GENERAL

July 1, 2023
At the stroke of midnight, University of Houston Athletics entered a new era when it officially joined the Big 12 Conference.



06 WOMEN'S GOLF

July 6, 2023
Annie Kim, Alexa Saldana, Natalie Saint Germain and Moa Svedenskiold were named to the WGCA All-American Scholar Team after posting cumulative GPAs of 3.5 or higher in 2022-23. The four honorees were the most Cougars to win the award in a single season in program history.

JUNE



Thank you, Cougar Fans!





Award Winners

Twelve (12) student-athletes earned 16 All-America individual honors.

Four (4) sport programs' head coaches/coaching staffs were honored by the American Athletic Conference.



All-Americans

FOOTBALL

NATHANIEL DELL

Second Team | Pro Football Focus, Walter Camp, Sporting News, AFCA, The Athletic
Third Team | Associated Press

VOLLEYBALL

KATE GEORGIADES

Honorable Mention | American Volleyball Coaches Association
Fourth Team | VolleyballMag.com

ABBIE JACKSON

Honorable Mention | American Volleyball Coaches Association
Honorable Mention | VolleyballMag.com

WOMEN'S INDOOR TRACK AND FIELD

KELLY-ANN BECKFORD

Second Team | 800-Meter

NU'UAUSALA TUILEFANO

Second Team | Shot Put

MEN'S INDOOR TRACK AND FIELD

SHAUN MASWANGANYI

First Team | 60-Meter

DE'VION WILSON

Second Team | 60-Meter Hurdles

CHRISTYAN SAMPY

Second Team | Pole Vault

MEN'S BASKETBALL

MARCUS SASSER

First Team | Consensus First-Team All-America
First Team | Associated Press; USBWA; NABC; John R. Wooden Award
Second Team | Sporting News; Field of 68; Stadium

MEN'S GOLF

SANTIAGO DE LA FUENTE

Honorable Mention | PING NCAA All-America

WOMEN'S OUTDOOR TRACK & FIELD

SYDNI TOWNSEND

Second Team | 400-Meter Hurdles

MEN'S OUTDOOR TRACK & FIELD

SHAUN MASWANGANYI

First Team | 100-Meter

First Team | 200-Meter

CHRISTYAN SAMPY

First Team | Pole Vault

DE'VION WILSON

First Team | 110-Meter Hurdles

BASEBALL

JUSTIN MURRAY

Third Team | NCBWA (Utility)

SPECIAL MENTION*

PAUL SCHMITZ

Second Team | Perfect Game Freshman All-America (Pitcher)

*Schmitz not included in overall totals above



Conference Individual Awards

VOLLEYBALL

DAVID REHR

American Athletic Conference Coach of the Year

KATE GEORGIADES

American Athletic Conference Libero of the Year[^]

SWIMMING & DIVING

TANICA JAMISON

American Athletic Conference Swimming Coach of the Year

BOB GUNTER

American Athletic Conference Diving Coach of the Year

CHASE FARRIS

American Athletic Conference Championships Most Outstanding Diver

MEN'S BASKETBALL

KELVIN SAMPSON

American Athletic Conference Coach of the Year

MARCUS SASSER

American Athletic Conference Player of the Year

JAMAL SHEAD

American Athletic Conference Defensive Player of the Year

J'WAN ROBERTS

American Athletic Conference Most Improved Player of the Year

JARACE WALKER

American Athletic Conference Freshman of the Year

REGGIE CHANEY

American Athletic Conference Sixth Man of the Year

WOMEN'S BASKETBALL

TIARA YOUNG

American Athletic Sixth Player of the Year[^]

MEN'S INDOOR TRACK AND FIELD

SHAUN MASWANGANYI

American Athletic Conference Most Valuable Performer

MEN'S GOLF

SANTIAGO DE LA FUENTE

American Athletic Conference Player of the Year

BASEBALL

JUSTIN MURRAY

American Athletic Conference Newcomer Position Player of the Year

MEN'S OUTDOOR TRACK AND FIELD

SHAUN MASWANGANYI

American Athletic Conference Most Outstanding Performance

[^]Unanimous Decision



American Athletic Conference Honorees

FOOTBALL

NATHANIEL DELL
Wide Receiver | First Team

PATRICK PAUL
Offensive Line | First Team

CAM'RON JOHNSON
Offensive Line | First Team

CLAYTON TUNE
Quarterback | First Team

D'ANTHONY JONES
Defensive Line | First Team

ART GREEN
Cornerback | Second Team

GERVARRIUS OWENS
Safety | Second Team

JAYCE ROGERS
Return Specialist | Honorable Mention

VOLLEYBALL

KATE GEORGIADES
Libero | First Team

ABBIE JACKSON
Outside Hitter | First Team

ISABEL THEUT
Middle Blocker | First Team

RACHEL TULLOS
Middle Blocker | Second Team

SOCCER

EMMA CLARKE
Defender | Second Team

ALEX WHITCRAFT
Defender | All-Rookie Team

SWIMMING & DIVING

HENRIETTA FANGLI
100-Yard Breast | Third Team

CHASE FARRIS
3-Meter Diving | *Champion*
1-Meter Diving | Second Team
Platform Diving | Second Team

EDEN HUMPHREY
500-Yard Free | *Champion*
1,650-Yard Free | Third Team

ALONDRA ORTIZ
200-Yard Fly | Third Team

MEN'S BASKETBALL

MARCUS SASSER
Guard | First Team

JAMAL SHEAD
Forward | Second Team

JARACE WALKER
Forward | Second Team

J'WAN ROBERTS
Forward | Second Team

WOMEN'S BASKETBALL

LAILA BLAIR
Guard | First Team

MEN'S INDOOR TRACK AND FIELD

AARON BELL
60-Meter | Third

LLOYD FRILOT
800-Meter | Third

SHAUN MASWANGANYI
60-Meter | *Champion*
200-Meter | *Champion*
Long Jump | Third

DEVIN VALLEJO
800-Meter | *Champion*

CHRISTYAN SAMPY
Pole Vault | *Champion*

QUINTON STRINGFELLOW
Triple Jump | Third

DE'VION WILSON
60-Meter Hurdles | *Champion*

JOSHUA WHITE, DE'VION WILSON, ADAM MASON, TREY JOHNSON
4x100-Meter Relay | Second

BRANDON SEAGREAVES, JOSHUA WHITE, THEO ANDRE, DEVIN VALLEJO
Distance Medley Relay | Second

WOMEN'S INDOOR TRACK AND FIELD

PRISCILLA ADEJOKUN
Weight Throw | *Champion*

KELLY-ANN BECKFORD
800-Meter | *Champion*

DESTINY LAWRENCE
Long Jump | Third

CECILA TAMAYO-GARZA
200-Meter | Second

NU'UAUSALA TUILEFANO
Shot Put | *Champion*

IMAN BABINEAUX, KELLY-ANN BECKFORD, LINESHA THOMPSON, SYDNI TOWNSEND
4x400-Meter Relay | *Champion*

TENNIS

LAURA SLISANE

WOMEN'S GOLF

MOA SVEDENSKIOLD

MEN'S GOLF

SANTIAGO DE LA FUENTE

WOLFGANG GLAWE

AUSTYN REILY

SOFTBALL

TURIYA COLEMAN
Third Base | First Team

BREE CANTU
Utility | First Team

BASEBALL

JUSTIN MURRAY
First Base | First Team

ZACH ARNOLD
Third Base | First Team

WOMEN'S CROSS COUNTRY

CLAIRE MEYER

WOMEN'S OUTDOOR TRACK AND FIELD

PRISCILLA ADEJOKUN
Hammer Throw | Third

DAISY MONIE
Shot Put | Second

HAILEY POLLARD
Discus Throw | Third

CECILIA TAMAYO-GARZA
100-Meter | Second
200-Meter | Second

SYDNI TOWNSEND
400-Meter Hurdles | Second

NU'UAUSALA TUILEFANO
Shot Put | *Champion*

LINESHA THOMPSON, TIANNA RANDLE, DESTINY SMITH, CECILA TAMAYO-GARZA
4x100-Meter Relay | Second

IMAN BABINEAUX, CECILIA TAMAYO-GARZA, LINESHA THOMPSON, SYDNI TOWNSEND
4x400-Meter Relay | Second

MEN'S OUTDOOR TRACK AND FIELD

DJ AKINDELE
110-Meter Hurdles | Second

LLOYD FRILOT
800-Meter | *Champion*

ADAM MASON
800-Meter | Second

SHAUN MASWANGANYI
100-Meter | *Champion*
200-Meter | *Champion*

BENJAMIN OKAFOR
Long Jump | Third

CHRISTYAN SAMPY
Pole Vault | *Champion*

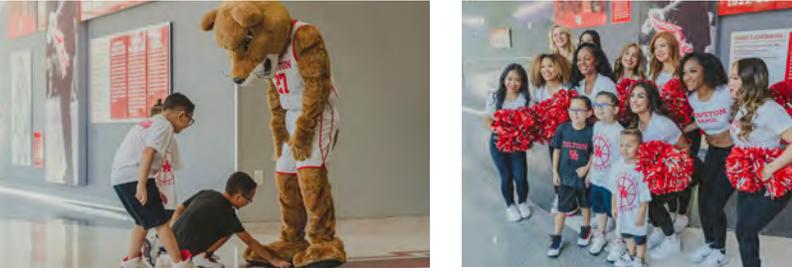
DE'VION WILSON
110-Meter Hurdles | *Champion*
400-Meter Hurdles | Second

JORDAN BOOKER, DYLAN BROWN, EDWARD SUMLER IV, SHAUN MASWANGANYI
4x100-Meter Relay | *Champion*

TREY JOHNSON, ANTHONY EAST III, JOSHUA WHITE, JORDAN BOOKER
4x400-Meter Relay | *Champion*

Community Service

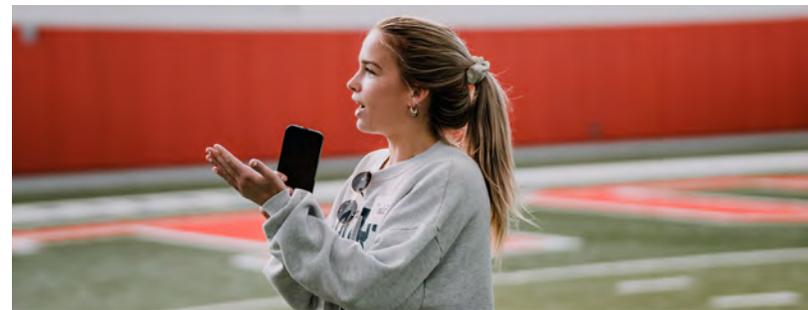
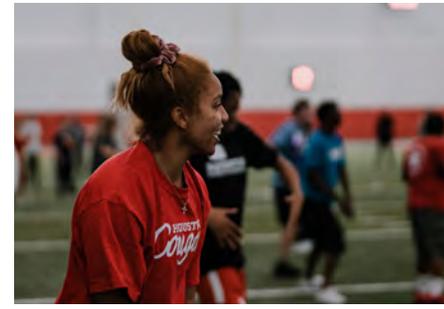
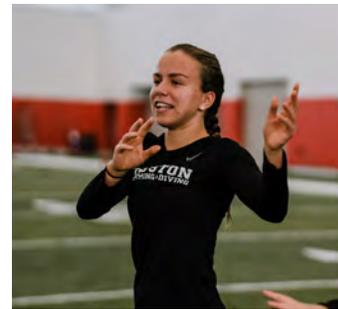
MEN'S BASKETBALL | TEAM IMPACT



MEN'S BASKETBALL | RONALD MCDONALD HOUSE



BEST BUDDIES EVENT



WOMEN'S BASKETBALL



MEN'S BASKETBALL | THANKSGIVING MEALS



TRACK & FIELD/CROSS COUNTRY



SWIMMING & DIVING | STAR OF HOPE MISSION



SOCCER | TEAM IMPACT

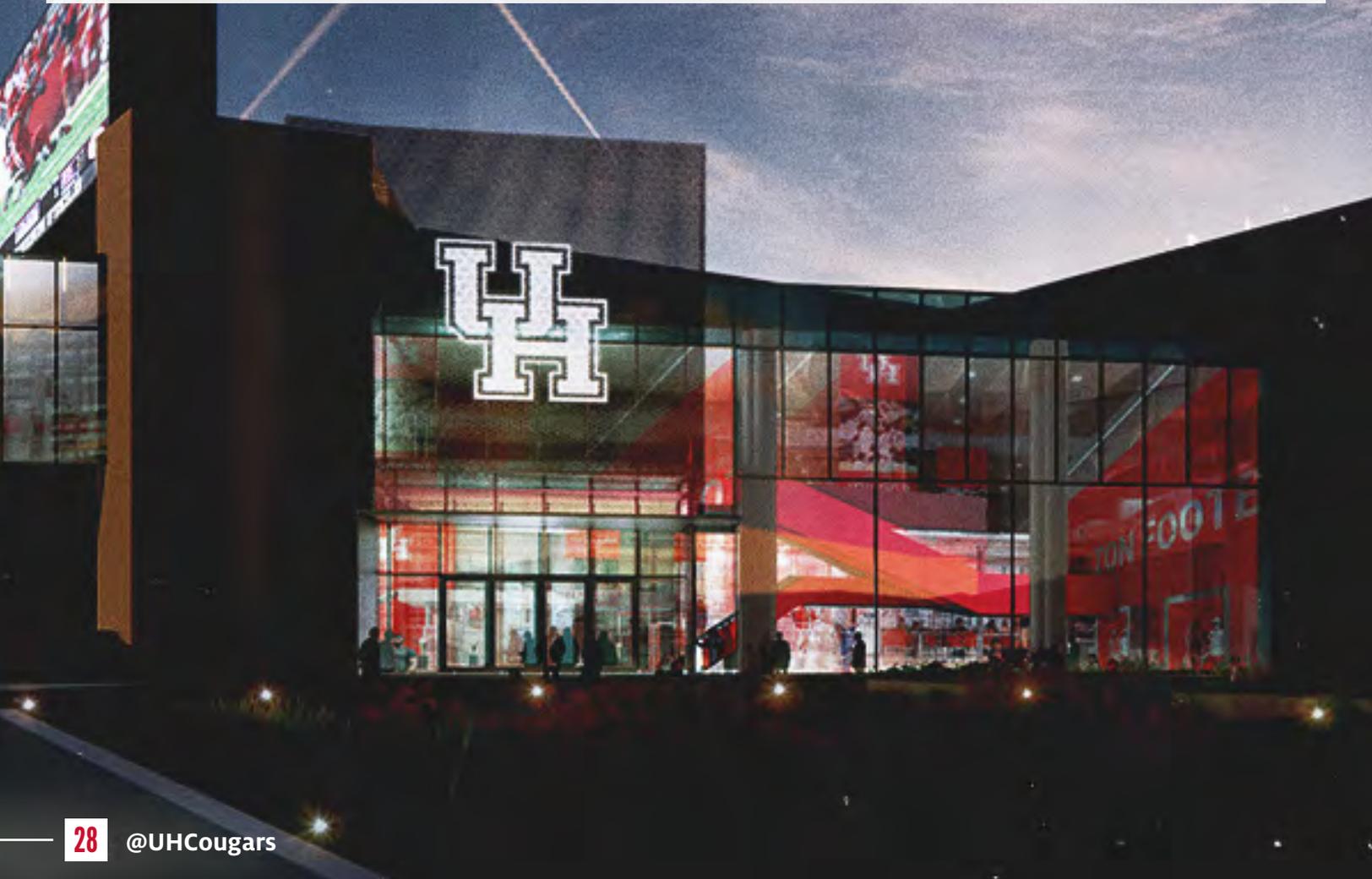


Capital Improvements



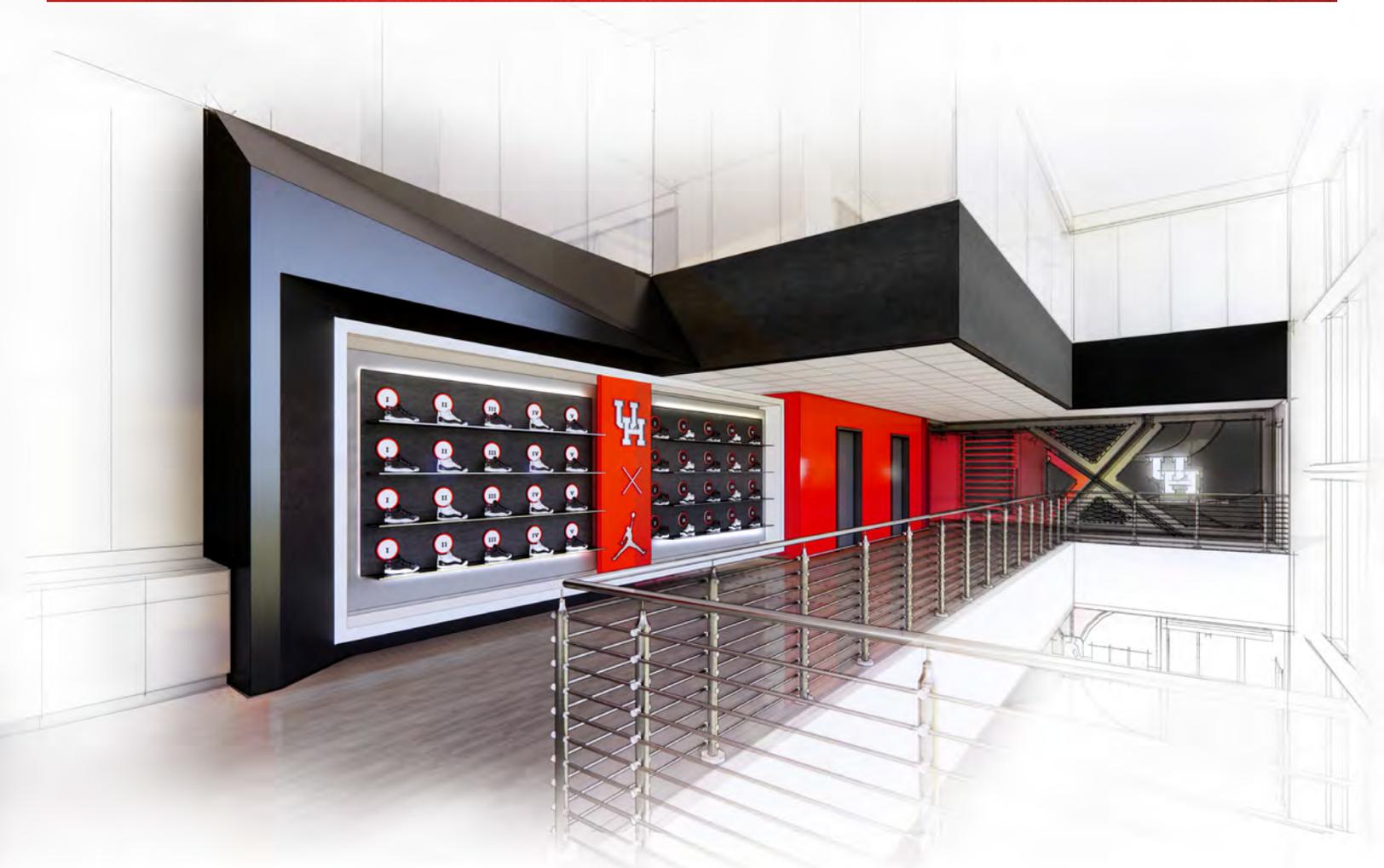
Football Operations Center

- \$140 million project to build base for all Houston Football operations
 - Locker room facilities Sports medicine
 - Coaches' offices
 - Sports performance
 - Team rooms
 - Equipment operations
 - Team dining area
 - Academics
- Larger video board
- Increased premium seating features 14 new suites in TDECU Stadium
- West end zone (450 Club seats and 300 seats in the terrace section)
- 130,000 square feet, including 11,000 square foot Club
- Designed by DLR Group/PAGE
- General contractor – Austin Commercial
- Scheduled to break ground following the 2023 Football season and opening before 2025 season



Guy V. Lewis Development Facility Second-Floor Renovations

- \$5 million project to renovate second-floor homes of Houston Men's and Women's Basketball
- Refresh of team areas with emphasis on recovery
- New lockers
- New graphics celebrating program's partnership with Jordan Brand
- Designed by DLR Group
- General contractor – Whiting Turner
- Scheduled to be complete in Fall 2023



Football

DANA HOLGORSEN

Head Coach

DOUG BELK

Associate Head Coach/
Defensive Coordinator/Safeties

MIKE JINKS

Assistant Head Coach/Running Backs

SHANNON DAWSON

Passing Game Coordinator/
Quarterbacks

BRANDON JONES

Running Game Coordinator/
Offensive Line

MARK SCOTT

Special Teams Coordinator

BRIAN EARLY

Assistant Coach/Defensive Line

ARCHIE MCDANIEL

Assistant Coach/Linebackers

CORBY MEEKINS

Assistant Coach/Tight Ends/
Inside Receivers

DAVID ROWE

Assistant Coach / Cornerbacks

DAIKIEL SHORTS JR.

Assistant Coach/Wide Receivers

8-5 | 5-3 The American**Radiance Technologies Independence Bowl Champions**

Houston Football's rollercoaster season included a school-record three overtime matchups and eight games decided by one score. Despite an abundance of injuries, Houston's "next man up" mentality was on full display as the Cougars won six of their final eight contests en route to an 8-5 overall record and 5-3 mark in The American.

Houston capped its season with a 23-16 win against Louisiana in the Radiance Technologies Independence Bowl on Dec. 23. The victory was the program's 20th in a two-year span and marked the fifth time in team history it notched consecutive bowl wins.

Among the team's eight victories, arguably none featured more resilience than on Oct. 7 at Memphis. Facing a 19-point fourth quarter deficit, Houston scored 26 points in the final period including a pair of touchdown passes inside the final two minutes to stun the Tigers, 33-32. The result was tied for the fifth biggest comeback in school history and was the first time in 130 opportunities during 2022 that an FBS program had overcome a 19-point fourth quarter deficit.

The Cougars continued to shine in hostile environments, running their conference road win streak to six games, marking the longest in program history since Oct. 31, 1959-Nov. 27, 1976, as member of the Missouri Valley Conference and Southwest Conference.

Houston quarterback **Clayton Tune** and wide receiver **Nathaniel Dell** cemented their legacies both nationally and among the greats in school history. Tune, who was named the Independence Bowl MVP, set The American's touchdowns responsible for record (119) and single-season touchdown passing mark (40). The senior ranked second nationally in points per game (21.2), third in passing touchdowns (40) and seventh in completions per game (25.69).

Dell was recognized as an All-American by multiple publications after pacing the country in receiving touchdowns (17) and receiving yards (1,392). The junior led the nation with a receiving touchdown in 11 different games including a national-best six multi-touchdown contests. His 107.5 receiving yards per game and 109 receptions both ranked second nationally.

Fellow wideout **Matthew Golden** broke onto the scene, setting Houston's single-season true freshman record with seven touchdown receptions with none bigger than a 44-yard go-ahead touchdown reception with 42 seconds remaining against Temple. Defensively, **D'Anthony Jones** led the country in forced fumbles per game (0.38) and finished fifth in the league with 0.62 sacks per game. The California native became the 17th Cougar to forced multiple fumbles in a game, doing so with two against Rice (Sept. 24).

Eight Houston student-athletes earned All-Conference honors including **Dell**, **Jones**, **Tune**, offensive tackle **Patrick Paul** and guard **Cam'Ron Johnson** on the first team. Cornerback **Art Green** and safety **Gervarrius Owens** were recognized on the second team and return specialist **Jayce Rogers** was a third-team honoree.

 Houston Cougar Football   @UHCougarFB





Volleyball

30-4 | 19-1 American
#17 (AVCA Coaches) / #17 (NCAA RPI)
Tied for First in The American

The University of Houston volleyball program reached heights not seen by the Cougars in over 25 years during the squad's 2022 campaign. A 30-4 record, including a 19-1 mark in conference play, included 15 sweeps and the team's first win against a ranked opponent since 2003.

Despite suffering a setback in the first match of the year to an eventual NCAA Tournament team in Rice, the Cougars knocked off a pair of 2021 Tournament teams in Mississippi State, who was receiving votes at the time, and South Alabama during an eight-match win streak.

The streak was ultimately snapped in a 3-1 loss to #1 Texas, however the Cougars started a new streak immediately after, closing out non-conference play with a 3-1 win over High Point.

In the team's last year in the American Athletic Conference, Houston posted its best record in league play at 19-1 (.950) and clinched a share of The American title. It was the team's first conference championship since a regular-season Conference USA Championship in 1999, sharing the crown with fellow new Big 12 Conference member UCF.

The Cougars, who started a win streak on Sept. 18 against High Point, continued their undefeated streak through the last match of the regular season, winning 20 consecutive matches before a hard-fought, five-set loss to UCF on Nov. 25. The streak broke the previous program best of 17 games in 1994.

Of the Cougars' 19 conference wins, 11 came via straight-set wins while Houston won 59 of 72 sets overall, earning a set win percentage of .819.

Overall, Houston led The American in four statistical categories: aces per set (1.55), team assists (1,627), team kills (1,759) and team service aces (197). Senior **Abbie Jackson** led The American in aces per set (0.45) and service aces (57), while junior **Kate Georgiades** led the league in digs per set (5.41) and total digs (687).

The Cougars, having been on the first four out list in 2021, nearly earned a hosting seed in the 2022 Tournament as a five seed. Heading to Omaha, Neb., with a date against South Dakota, the Cougars lived up to the Cardiac Coogs nickname, taking all five sets to dispatch the Coyotes in the first round. Battling Auburn in the second round, it was another five-set affair where Houston emerged victorious, punching the team's ticket to the Sweet Sixteen and the Regional Semifinals.

Houston was the only team in the Sweet Sixteen to be outside the top-16 national seeds entering the Tournament, meaning it was the only squad to be hitting the road for the second time entering regionals weekend.

DAVID REHR
Head Coach

CAITLYN GENOVY
Volunteer Assistant Coach

TAYLOR MCCOLSKEY
Assistant Coach

JORGE PENATE
Director of Operations

CAITLIN NOLAN-AYENI
Assistant Coach

NCAA Sweet Sixteen
The American Regular-Season Co-Champions

The Cougars garnered national attention during the opening weekend of the tournament after Georgiades leaped over a table to keep a rally alive, eventually leading to a Houston point during its first-round match against South Dakota. The play, which was picked up by nearly every national sports outlet, also gathered mainstream news attention with placements in the New York Times and NBCLX. On social media, the play was tweeted or retweeted by ESPN, NBC Sports, the Sickos Committee, Nicole Auerbach, Sports Illustrated, The Athletic and Sportsnet, among others. It was also the #1 play on SportsCenter that night, leading to an interview with Georgiades leading into the regional semifinals.

The Cougars entered the AVCA Poll on Oct. 17 at #24 after four weeks of receiving votes. It was the first time Houston had been ranked since the final poll in 1994. The Cougars rose as high as #22 and sat at #23 entering the NCAA Tournament. The Cougars ended the year at #17, tied with the 1994 team for the highest final ranking in program history.

The Cougars finished in the top 25 in four different statistical categories and in the top 50 in an additional six. Houston finished with the seventh most kills on the season (1,759), eighth best winning percentage in the country (.882) and ninth most assists on the year (1,627).

The Cougars finished with a perfect 14-0 record in the Fertitta Center, one of 18 teams to go undefeated in their home arena and one of nine with 14-or-more home wins. The team's 14 match win streak at the Fertitta Center is the 11th longest in the country.

In addition to their winning ways, the team garnered the attention of Houstonians, with the team posting its highest total attendance inside the Fertitta Center as 12,954 fans watched the Cougars at home this season, averaging 925 per match. The team also crushed its single-game attendance record with 1,860 fans entering for the East Carolina match on Oct. 30. The team ultimately replaced all of its top five single-game attendances.

While the team posted 15 straight-set wins during the year, they were no stranger to five-set marathons. However, the Cougars made a reputation early in the year for being untouchable in these long matches, posting three consecutive five-set wins against Oregon State, South Alabama and Mississippi State. The Cougars ended with a 7-1 record in matches that went the distance, including a pair of wins in the NCAA Tournament.

The Cougars posted a second consecutive 25-win season for the first time since 1979-80, prior to the NCAA's addition of women's volleyball when teams regularly played nearly twice as many matches as they do now. The back-to-back 20-win seasons are the program's first since 1999-2000.





Cross Country

ANDY FERRARA
Cross Country Coach

Men – Eighth at The American Championships
Women – Seventh at The American Championships

For the first time since 1992 the Houston Cross Country team had a man and a woman race to NCAA All-Region honors in the same season with seniors **Claire Meyer** and **Brandon Seagreaves** each earning NCAA South Central Region accolades in November.

Meyer's All-Region honor marked the first Houston woman to earn All-Region honors since 2019 and **Seagreaves** All-Region accolade marked the first Cougar male since 2017 to earn All-Region.

The pair of runners each led their respective gendered teams in every race during the season with **Meyer** racing to the program's first woman's All-Conference honor in The American. Led by **Meyer**, the women finished with their highest team finish at the conference meet since 2017 with Houston racers placing in the following order 12-32-40-48-64 in a field of nearly 100 finishers.

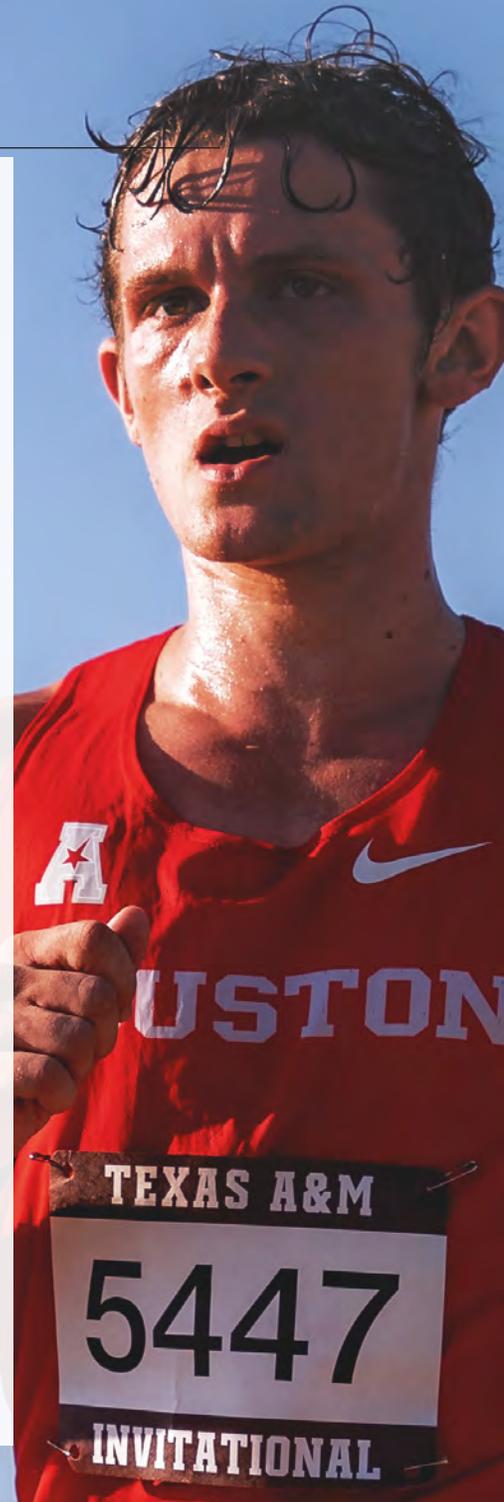
On the men's side, **Seagreaves** led every meet for the Cougars in 2022, finishing second overall at the McNeese Season Opener. On the women's side, **Meyer** led the way each race after starting the season with back-to-back third place finishes at McNeese and Rice.

Meyer earned the program's second Women's Athlete of the Week award in as many years, earning the award after finishing third overall at McNeese's Season Opener meet in September.

A head coaching change mid-way through the season didn't throw the Cougars off their training, instead it allowed a pair of newcomers to emerge from the pack as Houston's steady second finishers behind **Meyer** and **Seagreaves**.

Senior **Kelly-Ann Beckford** ran in just the final three meets of the season after never running in a cross country race at the collegiate level and raced into Houston's second place slot at all three meets.

On the men's side, freshman **Miles Cox** flourished as the distances kept getting extended as the season drew older, finishing second for Houston at The American Championships and third at the Arturo Barrios Invitational and NCAA South Central Region Championships.



 [HoustonCougarTrackandField](#)   [@UHCougarTF](#)





Soccer

JAIME FRIAS
Head Coach

FLEUR BENATAR
Assistant Coach

BRETT O'CONNOR
Assistant Coach

6-7-3 | 2-4-2 American Eighth in The American

In its first season under the helm of **Head Coach Jaime Frias**, Houston Soccer closed out its final season in the American Athletic Conference with six wins including a 4-2-1 record at home.

Joining **Frias** in their first season on the Cougars' staff were assistant coaches **Fleur Benatar** and **Brett O'Connor** who played large roles in helping develop a new side ahead of the new season.

Senior defender **Emma Clarke** highlighted Houston's preseason accolades as she was named to the American Preseason All-Conference Team, United Soccer Coaches NCAA Division I Women's Players to Watch List and the Mac Hermann Trophy Watch List.

Freshman goalkeeper **Haley Woodward** held it down in net, starting all 16 games for the Cougars and posting 70 saves.

Heading up the field, the Cougars relied on senior **Janna Singleton**, junior **Nadia Kamassah** and sophomore **Samantha Wiehe**, who combined for 11 of Houston's 18 goals on the season. **Singleton** led the Cougars with five, followed by **Kamassah** and **Wiehe** rounding out the top three scorers with three goals apiece.

The Cougars picked up the first win of the **Frias** era on the road with a 2-1 victory against Sam Houston. Senior midfielder **Madison Dichiara** and **Singleton** both found the back of the net on both ends of the halftime break. Junior midfielder **Caitlyn Matthews** notched two assists on the day on route to securing the Cougars first win of the season.

Houston Soccer fell in its home opener, 3-0 to Baylor. Despite the loss, Houston Soccer drew the third largest attendance in program history with 1,006 fans packing the stands of Carl Lewis International Complex.

The Cougars won back-to-back games for an eighth consecutive season including victories over Houston Christian and South Florida. The Cougars took down the Huskies in the first game in a stellar 3-1 victory led by **Singleton**, **Kamassah** and **Matthews** all finding the score sheet.

In its final American Conference opener, **Singleton** struck first for Houston against South Florida with less than 20 minutes left to play before the Bulls equalized minutes later. Refusing to settle for a draw, forward **Maddie Bowers** broke through to secure an 84th minute winner to win 2-1 and move to 1-0 record in The American. It marked Houston's first win over South Florida since 2004 when the Cougars beat the Bulls in a 1-0 overtime victory. It was also the team's first conference opener win since 2018.

The back-to-back wins sparked the best stretch of the season for Houston, as it went 3-1-2 in six games through the heart of America play.

In Houston's season finale, the Cougars honored their seven seniors, **Dichiara**, **Madison Gear**, **Rylie Haussler**, **Addie Tate**, **Taylor Garza-Freeman**, **Clarke** and **Singleton** for their accomplishments.

Houston capped off the year with an inspiring 3-0 victory over Temple on Senior Night. An early **Wiehe** screamer off a set piece, followed by a **Singleton** brace, paired with another clean sheet led by **Clarke** and **Woodward** highlighted the night as the victory secured a winning home record of 4-2-1 on the season.

For a second consecutive season, **Clarke** earned a spot on the American All-Conference Second Team, while freshman **Alex Whitcraft** was named to the All-Conference Rookie Team, becoming the sixth Cougar in program history to pick up the honor.

   @UHCougarSoccer



Men's Basketball

KELVIN SAMPSON Head Coach **KELLEN SAMPSON** Assistant Coach **QUANNAS WHITE** Assistant Coach **HOLLIS PRICE** Assistant Coach

33-4 | 17-1 American
#2 (Associated Press) / #6 (USA TODAY Sports Coaches)
NCAA Sweet 16
American Athletic Conference Champions

Houston finished the 2022-23 season ranked #2 in the final Associated Press poll and at #6 in the final USA TODAY Sports Coaches poll. It was the sixth straight season the Cougars finished among the nation's Top 25 in both national polls and the third straight year to be among the Top 10 in at least one poll.

With a 33-4 overall record, the Cougars tied the 2018-19 squad for the most wins in school single-season history. Houston posted a 17-2 record in non-home games in 2022-23, including an 11-0 record in true road games.

Houston posted a 17-1 mark during its final season in the American Athletic Conference for its fourth regular-season title in the last five seasons. The Cougars set the school single-season record for most conference wins and also tied the American Athletic Conference single-season record in that category.

For the fourth consecutive postseason, Houston advanced to the NCAA Tournament Sweet 16 or farther under the director of **Head Coach Kelvin Sampson**. The Cougars also competed in their fifth straight NCAA Tournament, setting a school record.

Nearly 135,000 fans poured into the Fertitta Center to watch the Cougars play 18 regular-season home games. The Cougars averaged 7,450 fans per game (capacity – 7,035) and have enjoyed home sellouts in each of their last 21 home games.

With the Cougars' 83-36 win over Northern Colorado inside the Fertitta Center in the season opener on Nov. 7, 2022, Sampson posted the 700th win of his award-winning career.

Senior guard **Marcus Sasser** was a consensus First-Team All-American, becoming the first Cougar to earn that accolade since Hall of Fame center **Hakeem Olajuwon** in 1984. **Sasser** also received the Jerry West Award – presented annually to the nation's top shooting guard – became the 50th player in school history to score more than 1,000 points in his career and set the school record with 276 3-pointers made.

With their impressive play throughout the season, the Cougars swept the American Athletic Conference postseason awards, becoming the first team in league history to accomplish that feat. **Sampson** was named The American Coach of the Year for the fourth time in a six-year stretch while **Sasser** was honored as the Player of the Year. Junior guard **Jamal Shead** was recognized as the Defensive Player of the Year with junior forward **J'Wan Roberts** being named the Most Improved Player of the Year. Super senior forward **Reggie Chaney** was named the Sixth Man of the Year, and forward **Jarace Walker** earned Freshman of the Year honors.

Junior point guard **Jamal Shead** dished out a team-high 200 assists in 2022-23, joining Hall of Honor guard **Reid Gettys** as the only Cougars to record multiple 200-assist seasons during their careers.

Redshirt freshman guard **Emanuel Sharp** drained six 3-pointers on the way to a career-high 18 points in a big home win over McNeese in December 2022. His total tied as the second-highest mark by a Houston freshman in school history.

Following the season, **Walker** and **Marcus Sasser** were selected in the NBA Draft. **Walker** was taken with the No. 8 overall pick by the Indiana Pacers, becoming the highest Cougar to be drafted since legendary center Hakeem Olajuwon was picked No. 1 overall by the Houston Rockets in 1984.

With **Sasser's** selection at No. 25 overall, the Cougars enjoyed two First-Round Draft picks for the first time since **Olajuwon** and forward **Michael Young** were selected in the 1984 Draft.

   @UHCougarMBK



Women's Basketball

RONALD HUGHEY
Head Coach

TAI DILLARD
Assistant Coach

YVONN READ
Assistant Coach

MANSA EL
Assistant Coach

15-16 | 10-5 American
American Athletic Conference Tournament Finalist
Fourth in The American

The Houston Women's Basketball team accomplished feats in 2022-23 that had not been done by the Cougars in decades, as Houston played for the American Athletic Conference Tournament championship for the first time in program history, returned to its conference title game for the first time since 2004, beat a ranked team on the road for the first time since 2004 and saw two Cougars join the 1,000-Point Club.

The Cougars won 10 conference games for the second time this decade and finished fourth overall in the American. The Cougars rattled off a pair of four-game winning streaks in conference play and saw two Cougars earn American conference awards for the first time in program history.

Houston showcased its defensive dominance throughout the season by holding back-to-back opponents under 40 points for the first time since 1980-81 when the Cougars held Cincinnati and Tulane under 40 points in January, a feat only two other schools accomplished this season (holding back-to-back Division I opponents under 40 points – South Carolina [twice, including a three-game stretch] and Colorado). Houston was the only school in the country to hold back-to-back conference opponents under 40 points in 2022-23.

When the dust settled, Houston's defense ranked second nationally in steals per game (13.5), three-point percentage defense (24.1%) and turnovers forced per game (24.99) and ranked fourth nationally in turnover margin (+7.23). The 2022-23 Cougars ranked tied for fifth in program history for steals per game, sixth in blocked shots (132) and thanks to playing four overtime games, the team ranks eighth in total minutes played (6,400).

The defensive tenacity was on full display when Houston held East Carolina to just two first-quarter points in the conference championship game and held Cincinnati to just 13 first-half points in January.

Junior **Laila Blair** produced multiple Cougar firsts in 2022-23. **Blair** was the first Cougar to be named The American All-Conference First Team after leading the Cougars in scoring (440), field goals made (154), assists (98) and minutes (1034), finished second in 3-point field goals (57), and free throws made (75). **Blair** was the also first Cougar ever named back-to-back American Player of the Week (Feb. 6-13).

The junior led the Cougars in scoring 12 different games, scored 30 points against #24/21 South Florida and scored in double figures 24 different times. Blair was the 29th Cougar to join the 1,000-Point Club and currently ranks 19th all-time in program history in scoring.

Graduate **Tatyana Hill** turned in one of the best seasons of her career with the third-most single-season offensive rebounds in school history (127) after averaging a career-high 8.5 rebounds per game. **Hill** finished her career ranked first all-time in program history in games played (149), fourth in blocks (138), fifth in rebounds (935), sixth in steals (222), seventh in games started (106), 10th in minutes played (3,274) and tied for 10th in program history for double-doubles (17). **Hill** became Houston 28th member of the 1,000-Point Club and ended her career ranked 20th all-time in scoring.

Senior **Tiara Young** was a weapon off the bench and was rightly unanimously named the American Sixth Player of the Year after she finished 17 games with 10 or more points and led the Cougars in scoring in 10 games. The senior recorded several career-highs including a 26-point performance in the American Athletic Conference Tournament semifinal against Wichita State (Mar. 8), seven assists against Tulsa (Feb. 25), five steals against UT Arlington (Dec. 1), 11 free throws against UTSA (Dec. 19) and a tie for minutes played with 39 against East Carolina (Feb. 22).

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Swimming & Diving

TANICA JAMISON Head Coach
BOB GUNTER Diving Coach
ALLAN MCCALLUM Assistant Coach

3-2 (Dual) American Athletic Conference Champions NCAA Zone D Diving Championships

In its second season under the direction of **Head Coach Tanica Jamison**, Houston Swimming & Diving captured its seventh league Championship title to end its chapter with the American Athletic Conference.

The road to the 2023 American Conference Championships was highlighted by wins at the Houston Diving Invitational, dual meet against Tulane and the sixth consecutive Phill Hansel Invitational title.

The seven-time American Athletic Conference champions clinched its final league title with 1,311.5 points. The point total was Houston's highest at the event, besting the program's previous high of 1,009 in 2021.

Jamison was named The American Women's Swimming Coach of the Year for a second consecutive season. In addition, Houston **Diving Coach Bob Gunter** earned the league's Women's Diving Coach of the Year title for the sixth time in his career.

After placing first in the 3-meter title alongside two second-place finishes in the 1-meter and platform, **Chase Farris** captured the Women's Most Outstanding

Diver of the Year for the first time in her career.

Freshman **Eden Humphrey** made her conference championship debut, winning the 500-yard freestyle, in a season-best time of 4:44.84 and earned an NCAA B-cut time. **Humphrey's** success did not end there as the Louisville, Ky., native placed third in the 1,650-yard freestyle. The freshman broke two records in one swim, becoming the record holder in the 1,000-yard freestyle after a split time of 9:59.46 and in the 1,650-yard freestyle after touching the wall at 16:30.39.

Houston's season did not end there as six divers competed at the NCAA Zone D Diving Championships.

Academically, Houston Swimming & Diving earned CSC Scholar All-American Team honors for the 14th consecutive semester. The Cougars continued to excel in the classroom posting the second-highest cumulative GPA in the Athletics Department with a 3.55.

Following the season, the Cougars said farewell to seniors **Jolie Blodgett, Katie Deining, Julia Koluch, Elizabeth Richardson** and **Makayla Wallar**.

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Tennis

HELENA BESOVIC Head Coach **GIORGIA POZZAN** Assistant Coach

14-9

In her fifth season with the Cougars, **Head Coach Helena Besovic** led Houston Tennis to its fifth consecutive winning season with a 14-9 record. The 2023 season included a seven match win streak and a victory against a ranked opponent for a second straight season.

The Cougars welcomed freshmen **Gabriela Cortes**, **Sophie Schouten** and **Sonya Kovalenko** to the program with **Cortes** and **Schouten** each posting 11 singles victories. Junior **Laura Slisane** joined **Cortes** and **Schouten** with 11 singles wins followed by Captain **Azul Pedemonti** with 10 to her name.

Junior **Blanca Cortijo Parreno** and Sophomore **Maria Dzemeshevich** each were two wins away from double-digit win totals. A total of eight Cougars saw action in the spring, collecting a total of 66 individual victories.

Houston went on a seven-match win streak from Jan. 28-Feb. 25 following victories against Texas State, Prairie View A&M (DH), Stephen F. Austin, Nicholls, Louisiana and ULM.

The Cougars closed the regular -season slate by hosting crosstown rival #56 Rice on Senior Day. Before the start of the match, Houston honored its three graduating seniors, **Sofia Chang**, **Manasi Reddy** and **Pedemonti**. The Cougars

started the day strong, picking up the doubles point followed by three singles victories from **Pedemonti**, **Slisane** and **Cortes**. This victory marked the first against Rice since 2003 when the Cougars defeated the Owls, 4-3.

Houston found success at the 2023 American Athletic Conference Championships, where the squad reached the Quarterfinals in Orlando, Fla. Houston defeated East Carolina 4-2 in the First Round. The postseason appearance marked the program's seventh appearance in The American Quarterfinals.

Following postseason action, **Slisane** earned a spot on the All-American Athletic Conference Team for the first time in her career and the second selection under Besovic. The junior etched her name in Cougar history as the 12th All-American Athletic Conference honor joining **Elena Kordolaimi** (2014, 2015), **Tina Rupert** (2014, 2015), **Despoina Vogasari** (2014, 2015, 2016), **Tsveta Dimitrova** (2017, 2018) **Sveva Mazzari** (2018) and **Maria Dzemeshevich** (2022).

Postseason honors did not stop there for the Cougars as **Dzemeshevich** earned College Sports Communicators Academic All-District Team honors for her work on the court and in the classroom.

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Baseball

TODD WHITTING Head Coach **KYLE BUNN** Pitching Coach **ROSS KIVETT** Assistant Coach

36-23 | 17-6 The American

With its second straight season with 35+ wins, the Houston baseball team powered through the 2023 season and dominated in American Athletic Conference play.

The only team in the league to win every conference series, Houston finished second in the league standings only 0.5 games behind East Carolina. Its 17 conference wins were the most since 2006 when the Cougars competed in Conference USA.

Midway through the season, the Cougars led The American in batting average, slugging percentage, runs, hits, RBI, home runs, saves, batters struck out looking, fielding percentage and runners caught stealing.

After setting the program's fielding record during the 2022 season, Houston proved to again be a defensive powerhouse. With a .982 fielding percentage, the Cougars posted the program's second-highest fielding percentage, standing seventh in the nation while finishing the season ranked fifth nationally with 56 double plays.

Junior two-way player **Justin Murray** was a force for the Cougars in his first season in the Bayou City. The North Carolina native was named Newcomer Position Player of the Year in The American while earning All-Conference First Team nods. As the Cougars starting first baseman **Murray** spent most of his time on the first-base bag but also served as the Cougars' most reliable closer. At the plate, **Murray** led the conference in batting average with a .417 clip and stolen bases at 12 while being second in hits (40) and RBIs (29).

The Cougars continued to improve on the hitting foundation they set in 2022. In only one season, the Houston hitters improved their home run count by almost a dozen, rocketing 73 home runs for the first time since 2000. Junior third baseman **Zach Arnold**, who was also named to the All-Conference First Team, led the charge with 13 on the season including a three-home run game against UT Arlington.

With Houston's best slugging percentage since 2000, the Cougars offense produced the most RBIs (321) as well as stolen bases (113) since 2008. With 113 stolen bags, the Cougars were a running threat, surpassing the 100 stolen base mark for the fifth time in school history as five players recorded 10+ stolen bases on the season.

From the mound, the Houston pitchers recorded 20 saves, the second highest in program history, besting the 2022 mark. **Murray** finished conference play with the most saves among all American programs, and five different pitchers who made 10 appearances or more finished the season with an undefeated record including Murray who produced a 5-0 mark.

Houston finished its season with a 36-23 record, tying for the most 35+ win seasons among Division I schools in the state of Texas since 2013. It was the eighth time in the last 11 seasons that the Cougars surpassed the 35-win mark.

With the selection of Josh Ekness and Zach Arnold in the 2023 MLB Draft Houston now sits at 160 MLB Draft picks all-time with head coach Todd Whitting having mentored over 110 MLB draftees in his career and 45 at Houston. It was the third consecutive season, where the baseball team had a player be drafted and the second-straight season multiple Cougars have heard their name called in the draft.

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Softball

KRISTIN VESELY
Head Coach

COURTNEY OLIVER
Associate Head Coach

LACEY WALDROP
Assistant Coach

27-27-1 | 8-9-1 The American

In **Kristin Vesely's** seventh season at the helm of Houston Softball, the Cougars brought home a pair of unanimous All-Conference accolades, as both **Bree Cantu** and **Turiya Coleman** earned the honors, bringing the team's total to 19 under Vesely.

Continuing their streak, the Cougars defeated a ranked opponent for the eighth straight season, topping #20/23 Wichita State, 4-0, on April 16 after battling to a pair of one-run losses, including a heartbreaking 11-inning loss in the longest game in program history at nearly four hours, to open the weekend.

In her first year as a Cougar, **Turiya Coleman** made waves, topping the program's single-season on-base percentage record with a mark of .503, the first in team history to stand over the .500 threshold. She also placed on multiple other season lists, including batting average (.397, 5th), stolen bases per game (0.34, 5th), stolen bases (17, 9th) and slugging percentage (.645, 10th). She was the first Cougar in five years to hit multiple grand slams in a season and was placed on the National Fastpitch Coaches Association All-Region Second Team for her efforts during the season, becoming the 31st Cougar to earn a spot on the All-Region squad.

Also a first-year member of the Cougars, **Cantu** was a force for the squad as a utility throughout the year. Splitting time between second base and right field, **Cantu** led the team with nine home runs and 35 RBIs and finished second on the team in batting average (.350), slugging percentage (.607) and on-base percentage (.444). She also earned a spot in Houston's record book, as her four sacrifice flies tied for the third most in a single season in program history.

The Preseason American Athletic Conference Pitcher of the Year according to D1Softball and Extra Inning Softball, **Kenna Wilkey** excelled in her final collegiate season. She finished the year leading the conference with 188 innings pitched and 167 strikeouts and solidified her name in Houston's history books. She ended her time in the Red and White with 278 strikeouts, the eighth most in team history, and averaged 6.06 strikeouts per seven innings, sixth most all-time. Her strikeout-to-walk ratio of 2.40 was the eighth best in team history and she ended with a .240 batting average against, which sits at No. 10 on Houston's career list. After the season ended, **Wilkey** became the eighth former Houston student-athlete to play professional softball, earning a spot on the Texas Smoke in Women's Professional Fastpitch.



Men's Golf

JONATHAN DISMUKE
Director of Golf

DANIEL PARK
Assistant Coach

American Athletic Conference Champions NCAA Auburn Regional

For the third straight season, the ninth time under **Director of Golf Jonathan Dismuke** and the 23rd time in school history, the Cougars competed in NCAA Regional play. Houston finished 11th at the NCAA Auburn Regional at Auburn University Club in Auburn, Ala.

For the first time since 2013, the Cougars were conference champions after winning the American Athletic Conference Championships crown by 12 strokes at Pelican Golf Club in Belleair, Fla. It was the first American title, the second crown under **Dismuke** and the 21st time in Houston history.

The Cougars led the entire tournament after senior **Austyn Reily** made eagle in the first group of the First Round through the end of the three-day, 54-hole event.

Competing in his first season with the Cougars after transferring from Arkansas Tech, junior **Santiago De La Fuente** fired three straight rounds in the 60s and earned medalist honors with a score of 10-under 200. He earned the 22nd individual conference championships title in school history.

Reily drained three eagles with a pair of birdies in The American Championships First Round to finish with a 64, setting a school-record 18-hole low at a Conference Championships.

Competing in his first season with the Cougars, **De La Fuente** was named the American Athletic Conference Player of the Year and was joined on the All-Conference First Team by **Reily** and sophomore **Wolfgang Glawe**.

De La Fuente posted a 70.71 scoring average with 26 rounds of par or better, including 13 in the 60s, to lead the Cougars in all categories. His average was the second-lowest single-season mark in school history.

With his impressive play all season, **De La Fuente** was named PING NCAA All-America Honorable Mention and earned a place on the PING All-Central Region Team. He became the 60th Cougar in program history to earn All-American recognition and the first since 2016.

Houston opened its spring season with a second-place finish with a score of 871 at the Border Olympics at Laredo Country Club in Laredo, Texas, on Feb. 13-14. **De La Fuente** fired three straight sub-par rounds and won the first individual title of his Cougar career with a score of 4-under 212.

Senior **Marcus Wochner** tied for second at the HCU Colin Montgomerie Invitational after shooting 68s in the First and Final Rounds at Sweetwater Country Club in Sugar Land, Texas on March 6-7.

Glawe fired a 65 in the Second Round of the Valspar Collegiate Invitational against one of the nation's elite fields at Floridian National Golf Club in Palm City, Fla., on March 27-28. The St. Leon-Rot, Germany, native led the Cougars and tied for 11th with a total of 5-under 213.

Reily opened the season with a second-place finish at the Jim Rivers Intercollegiate at Squire Creek Country Club in Choudrant, La., on Sept. 11-13, 2022. The Pottsboro, Texas, native posted 68s in the First and Final Rounds on the way to a score of 7-under 209.

De La Fuente was selected as a member of Team International and competed at the Arnold Palmer Cup at Laurel Valley Golf Club in Ligonier, Pa., on June 8-10.

Following the season, the Cougars bade farewell to super seniors **Braxton Watkins** and **Campbell Gibson** and senior **Wochner**. **Watkins** finished his career among the Cougars' Top-15 career leaders in strokes (9,575) and rounds played (130) while **Wochner** was the 2022 American Athletic Conference Championships individual runner-up. **Gibson** was in his first year with the Cougars after transferring from Rice.

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Women's Golf

LYDIA GUMM
Carolyn Macow Leatherwood Head Coach

DANIEL PARK
Assistant Coach

NCAA Pullman Regional

Under the direction of second-year **Carolyn Macow Leatherwood Head Coach Lydia Gumm**, the Cougars returned to the NCAA postseason as a team for the seventh time in school history. It also was the eighth straight season in which Houston was represented in NCAA Regional play.

In addition to their achievements on the course, the Cougars were just as diligent in the classroom. Women's Golf posted a 3.77 grade-point average in the Spring 2023 semester to lead all Houston sport programs. Women's Golf's 3.58 cumulative GPA following the Spring 2023 semester led all Houston sport programs.

Super senior **Annie Kim** earned College Sports Communicators of America Academic All-District At-Large Team honors for her impressive work in the classroom. **Kim** posted a nearly 3.9 cumulative grade-point average in 2022-23 and was named to the American Athletic Conference All-Academic Team for the fourth time in her career.

With a 66 in the First Round of the NCAA Pullman Regional, **Kim** posted the Cougars' second-lowest 18-hole score in the NCAA postseason. It trailed only the 65 by All-American Leonie Harm in the Final Round of the 2018 NCAA Austin Regional.

Competing in her first collegiate season, freshman **Moa Svedenskiold** earned All-American Athletic Conference Team honors after posting a 71.72 scoring average with 21 rounds of par or better, including nine in the 60s.

With her 71.73 scoring average, **Svedenskiold** set a Houston single-season record and topped the previous best of 72.20 by All-American Leonie Harm during the 2018-19 season.

Svedenskiold posted three straight sub-par rounds at the American Athletic Conference Championships and finished second at the league's annual postseason event with a score of 8-under 208 at Southern Hills Plantation Club in Brooksville, Fla.

Freshman **Natalie Saint Germain** fired a 64 in the Second Round of the Schooner Fall Classic on Sept. 26, 2022, to set a school 18-hole record low. The Prague, Czech Republic, native tied for 10th with a score of 3-under 207, her second straight Top-10 finish to begin her collegiate career.

Svedenskiold closed the Jim West Challenge with back-to-back 68s at Kissing Tree Golf Club in San Marcos, Texas, during the final two rounds to share the individual championship with a score of 8-under 208. **Svedenskiold** became the first freshman in program history to earn medalist honors and won her first individual title in only her third event, setting another school record.

Junior **Nicole Abelar** emerged during the spring season with four straight Top-20 finishes and closed the Trinity Forest Invitational with a 67 on the way to a season-best 10th-place showing.

Freshman **Alexa Saldana** posted three straight sub-par rounds at the MountainView Collegiate and earned a career-best 17th-place finish at MountainView Country Club in Tucson, Ariz., on March 17-19.

Sophomore **Anna Economon** served as the president of the Houston Student-Athlete Advisory Committee and worked as the coordinator of student-athlete and alumni engagement for the American Athletic Conference Student-Athlete Advisory Committee. In April, she participated in the NCAA Student-Athlete Leadership Forum in Baltimore. The event offered opportunities for attendees to return to campus with leadership skills and a refined understanding of the relationship between one's personal values, core beliefs and behavioral styles.

With the completion of the season, the Cougars bade farewell to **Kim**. A four-year letterwinner, **Kim** ended her career among Houston's Top-10 career leaders in scoring average (73.82, 2nd), strokes (7,087, 3rd), Top-20 finishes (7, t-8th) and rounds played (96, 3rd).

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Men's Track and Field

WILL BLACKBURN
Director of Track and Field/Cross Country

CARL LEWIS
Head Coach

KYLE TELLEZ
Associate Head Coach

SANDRA GLOVER
Assistant Coach

ANDY FERRARA
Assistant Coach

JENNY DAHLGREN
Assistant Coach

Second at American Athletic Conference Indoor Championships Second at American Athletic Conference Outdoor Championships

As some of the best athletes in the nation, the Men's Track and Field team brought national attention to the program. With six All-America honors, 13 NCAA Regional qualifiers and 21 All-Conference Awards, the Houston Men's Track & Field team again made a name for itself.

During the indoor season, the Cougars finished second at the American Athletic Conference Championships with **Shaun Maswanganyi** being named the American Most Valuable Performer for the second-straight year. The Cougars won five different event titles as 15 athletes earned All-Conference honors in 11 different events.

Senior **Christyan Sampy** broke both the indoor and outdoor school records in the pole vault and was one of two Cougars to win the same event at both conference championships, joining **Maswanganyi** who won the 200-meter dash at both conference championships.

Sampy, **Maswanganyi** and junior **De'Vion Wilson** all represented Houston at the NCAA Indoor Outdoor Championships. **Maswanganyi** earned All-American First-Team honors indoors in the 60-meter dash.

Wilson and **Sampy** set school records during the indoor season. **Wilson** truly shined when he broke the school record in the 60-meter hurdles twice in the same meet. Breaking the school record in the preliminary round of the Houston Invitational before breaking it again by 0.01 seconds in the final.

As the Cougars moved to the outdoor track, Houston quickly posted top times nationwide in multiple events. **Maswanganyi** put the country on notice with a 10.13 NCAA-leading time in the 100-meter dash. The junior then ran a 10.04-second time two weeks later in the 100 at the Texas Relays, elongating his time as national leader to three-straight weeks.

Houston's 400-meter relay ran the nation's best time at the J. Fred Duckett Twilight meet, its best time of the season of 39.00. The relay team of seniors **Jordan Booker**, **Edward Sumler IV** and juniors **Dylan Brown** and **Maswanganyi** ran all five of Houston's 400-meter relay races in 2023. The Cougars became just the third school to win four-straight Penn Relays 400-meter relay titles. The relay team of seniors Jordan Booker, Edward Sumler IV and juniors Dylan Brown and Maswanganyi ran all five of Houston's 400-meter relay races in 2023.

After the third outdoor meet of the season, three Cougars had top seven marks nationally, including the sixth-fastest 400-meter relay in the country.

Houston finished runner-up at the American Athletic Conference Outdoor Championships in Tampa, Fla., by just two points even though the Cougars won five individual event titles and both relay titles.

Among the seven total titles, Houston athletes set conference championships records in four events with **Maswanganyi** setting the championship meet record in the 100-meter dash and 200-meter dash, junior **Lloyd Frilot** setting the record in the 800-meter run and **Wilson** running a meet record in the 110-meter hurdles.

Four Cougars made their first-ever NCAA West Preliminary Round appearance in individual events as junior **Ireon Brown**, **Adam Mason** and **Frilot** along with sophomore **Dillon Leacock** represented Houston, along with 10 other Cougars at the NCAA West Preliminary Round in Sacramento, Calif. **Frilot** made the most of his chance, tying the school record in the 800-meter run.

The same three Cougars that represented Houston at the NCAA Indoor Championships represented Houston at the NCAA Outdoor Championships. **Sampy** earned All-America First-Team honors in the pole vault, becoming the first Cougar pole vaulter to be named First-Team All-American since 1980. **Wilson** broke the school record in the 110-meter hurdles during the semifinal round, running 13.37 for the fastest non-time qualifier of the event. Both **Wilson** (110-meter hurdles) and **Maswanganyi** (100-meter dash, 200-meter dash) advanced to finals in their respective events.

Wilson came up 0.02 seconds shy of a national championship and broke his school record in the 110-hurdles with a 13.26-second time, finishing runner-up. **Maswanganyi** broke the school record in the 100 by running 9.91 seconds, finishing third overall at the NCAA Championships, good for #10 in the world as of June 10.

When all the dust settled, Houston had 18 new or updated program record top 10 performance marks, including five school records.



Women's Track and Field

WILL BLACKBURN
Director of Track and Field/Cross Country

CARL LEWIS
Head Coach

KYLE TELLEZ
Associate Head Coach

SANDRA GLOVER
Assistant Coach

ANDY FERRARA
Assistant Coach

JENNY DAHLGREN
Assistant Coach

Third at American Athletic Conference Indoor Championships Second at American Athletic Conference Outdoor Championships

As some of the best athletes in the nation, the Women's Track and Field team brought national attention to the program. With three All-America honors, 10 NCAA West Preliminary Round qualifiers and 18 All-Conference Awards, and won four individual conference titles, as well as the 1,600-meter relay title.

Houston women broke four school records over the course of the season, including a 31-year-old school record set by assistant coach **Sandra Glover** in 1991 and a 24-year-old school record set in 1999. The Cougars also posted 10 updated top 10 program marks during the indoor season and six during the outdoor season.

Houston throwers had their best representation at the NCAA West Preliminary Round in 2023 as four Cougars threw in Sacramento, Calif. Senior **Hailey Pollard** and sophomore **Daisy Monie** made their NCAA debuts in the discus and shot put, respectively. While graduates **Priscilla Adejokun** and **Nu'uauasala Tuilefano** made their fourth- and third-straight appearances to the NCAA West Preliminary Round, respectively. **Pollard** went out with a bang at the NCAA West Preliminary Round, entering as the 47th-best competitor in the discus before finishing 17th overall and with a new personal record, ending her career third all-time in school history.

Tuilefano competed indoors just two times before the conference championships where the shot put thrower beat her own school record and conference record with a 17.46-meter throw, a personal best indoor and outdoor. **Tuilefano** went on to compete at the NCAA Indoor Championships where she earned her second-consecutive All-American honor at the indoor championships. The Oceanside, Calif., native made her third-straight NCAA West Preliminary Round appearance outdoors later in the season. **Tuilefano** was the only Cougar in 2023 to win individual titles at both the indoor and outdoor conference championships. **Tuilefano** then led **Monie** to a first and second finish in the shot put at The American Outdoor Championships.

Senior **Sydni Townsend** joined the squad in January but immediately made her impact for the women, running the second-fastest indoor 400-meter dash time in program history (53.34) and then hurdled into the school record books as a top 10 400-meter hurdler outdoors. **Townsend** broke the school record set in 1991 by coach **Sandra Glover** in back-to-back meets, first at the American Athletic Conference Championships and then again at the NCAA West Preliminary Round, punching her ticket to the NCAA Championships where she finished ninth overall. Townsend was the first female Cougar to qualify for the final of the 400-meter hurdles at the NCAA Championships since Glover in 1991.

The second-oldest school record to fall came indoors in the 800-meter run by senior **Kelly-Ann Beckford**. **Beckford** crushed Vernetta Rolle's 1999 school record at the New Mexico Collegiate Classic and then beat her own school record over her next two meets.

Senior **Claire Meyer** built upon her historical cross country season with a school record and top three all-time mark indoors. **Meyer** broke the 5,000 meters school record in her first-career indoor 5,000 and ran the third-fastest 3,000 meters time in program history. The senior then ran the school's third-fastest outdoor 5,000 and the first female Cougar since 1985 to break 17:50. **Meyer** also became the first Cougar to score in the 5,000 meters at the outdoor conference championships since 2018.

Senior **Cecilia Tamayo-Garza** ran the Mexican National Record in the 200-meter dash during the outdoor season on her way up the program top 10 list. **Tamayo-Garza's** 22.45 time moved the senior into second all-time in school history.

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BASEBALL

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TENNIS

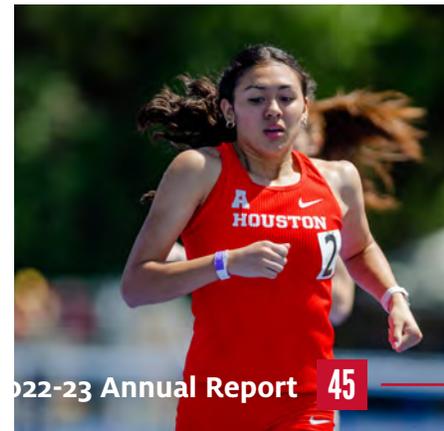
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