



HOUSTON

COUGARS

HEAD COACH LEROY BURRELL

TEN YEARS OF EXCELLENCE

- ▶ C-USA Indoor Coach of the Decade (1996-2005)
- ▶ C-USA Outdoor Coach of the Decade (1996-2005)
 - ▶ 13-Time C-USA Coach of the Year
 - ▶ Three-Time NCAA Regional Coach of the Year
 - ▶ USA Junior Coach
 - ▶ 1992 Olympic Gold Medalist
 - ▶ Two-Time World Record Holder (100 Meters)
- ▶ Current World Record Holder (4x100- & 4x200-Meter Relays)
 - ▶ Three-Time NCAA Champion
 - ▶ 10-Time NCAA All-American





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QUICK FACTS

Location	Houston, Texas
Founded	1927
Began Intercollegiate Athletics	1946
Enrollment	35,400
President/Chancellor	TBA
Athletics Director	Dave Maggard
Affiliation	NCAA Division I
Conference	Conference USA
Nickname	Cougars
Colors	Scarlet & White with Navy Trim
Indoor Facility	Yeoman Field House
Outdoor Facility	Lewis/Tellez Complex

2007 SEASON FINISHES

Women's Indoor C-USA	Third
Women's Outdoor C-USA	Third
Men's Indoor C-USA	First
Men's Outdoor C-USA	Third

CREDITS...

The 2007-08 University of Houston track and field media guided is a product of the UH Sports Information Office.
 The guide was written and designed by Sports Information Assistant Jamie Zarda.
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SPORTS INFORMATION ASSISTANCE

The University of Houston Sports Information Office is at your service to assist you with your coverage of Houston Track and Field. UH Sports Information Assistant Jamie Zarda will be happy to serve you during the 2006 season. For information regarding credentials, team and player information, interviews, statistics and pictures please call the UH SID Office (713-743-9404).

ALL INTERVIEWS must be arranged through the sports information office at least one day in advance. Photographers and videographers are allowed to shoot during practice at Coach Burrell's discretion. Please contact the Sports Information Office for the exact time and place of each day's practice.

SPORTS INFORMATION OFFICE

The University of Houston Sports Information Office is in the Ted Nance Suite (#2008) on the second floor of the Athletics/Alumni Center. The Athletics/Alumni Center is located on Cullen Boulevard between Cougar Field and Hofheinz Pavilion. If available, parking will be provided in the front lot of the Athletics/Alumni Center.

TRACK DIRECTIONS

Yeoman Fieldhouse and the Lewis/Tellez Complex are located on Cullen Boulevard between Scott and Holman streets behind the Athletics/Alumni Center. To reach it from Bush Intercontinental Airport, take Highway 59 South through downtown until the Interstate 45 exchange. Take I-45 South (Galveston) and proceed for about one mile. Take the Cullen Exit and stay on the feeder road to the light. Take a right on Cullen and proceed into the University. The AAC is approximately 1/2 of a mile on your right-hand side. To reach it from Hobby Airport, take Airport Drive to Interstate 45. Take I-45 North (toward downtown). Exit Cullen Blvd/Elgin St. and go through the first light until you reach Cullen Blvd. Take a left and follow the same directions above.

CREDENTIAL REQUESTS

All requests for working press, radio, television, photography or scouting credentials should be mailed, emailed or faxed on letterhead to the Track & Field SID Jamie Zarda AT LEAST ONE WEEK PRIOR TO THE MEET. Season credential requests should be sent at least two weeks prior to the first meet. Seating in the press area is for working media only.

PRESS CREDENTIALS

Traditional print, television and radio (media agency) regularly assigned to cover the University of Houston and the visiting school will receive first priority, as well as national news-gathering agencies. Credentials for Internet sites will be granted to University of Houston-operated Web sites, the visiting team's official Web site and Conference USA's official Web site.

Spouses, dates, children, equipment carriers and non-workers are restricted from the press box, sidelines and locker rooms. Any abuse of a working credential will result in the media agency losing credential privileges.

In some instances due to space limitations, meeting the criteria identified below does not guarantee credentials for every game.

ACCREDITATION GUIDELINES

- Only full-time, salaried employees intending to provide actual game coverage may receive credentials.
- A requesting media agency must represent a collective, organizational editorial voice, not simply the offerings of a single individual.
- Membership in a writer's association does not automatically qualify an agency for credentials.
- A media agency may assign one of its credentials to its on-line entity.
- An on-line entity, not associated with a traditional media agency, may qualify for one credential, subject to the following conditions:

1. An on-line entity may receive a credential only if its own full-time staff writes a majority of that site's material.
2. On-line entities that focus primarily on University of Houston Athletics and sponsor message.

PHOTOGRAPHER GUIDELINES

Photographers are welcome to shoot meet action. Please stay off the track and be aware of meet action going on around you. Photographers are not permitted in the team bench areas.

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The University of Houston track and field team will look to win their 10th women's team title since 2000 and their eighth men's title when the 2008 season opens on Jan. 12. With a team that includes 30 newcomers this season the early part of the season will be aimed at building team chemistry. One advantage the Cougars have is they host six indoor meets this season, including the 2008 Conference USA Indoor Track and Field Championships. This is the eighth-straight year Houston will host the annual conference meet. Houston wraps-up hosting duties with two outdoor meets and travels to El Paso, Texas for the 2008 Conference USA Outdoor Track and Field Championships.

A LOOK AT THE WOMEN

One thing that is missing when the Cougars take to the track this season is four-time All-American Ebonie Floyd. After setting four school records, Floyd graduated in May but joins the team as a volunteer coach, aiding the sprinters.



SEUN ADIGUN

"It's a big transition year for us because of the loss of Ebonie Floyd," head coach Leroy Burrell said. "She is a difficult athlete to replace, but we feel pretty good in that we have a lot of depth this season. Hopefully, that depth will help to mask losing her."

That depth includes sophomore Quin'shundolyn McPherson, the 2007 C-USA Indoor Freshman of the Year. Burrell is looking to her for leadership among the returning athletes.

"Quin'shundolyn ran really well as a freshman," Burrell said. "Going into the season, she is going to be one that we are going to rely on quite a bit amongst our returning athletes."

Burrell is very excited this season about the women's 4x100 meter relay team. Three of the four legs return in 2008 and there is tough competition in finding the final leg. Two

capable sprinters include freshmen KayIn Floyd and Christi Jones.

"When it is all said and done the relays will be an area of strength for our team. We just have a few unanswered questions with that because of their youth and inexperience," Burrell said.

What the newcomers on the team do have is a competitive attitude. Burrell says their enthusiasm and competitiveness serves them well once the season begins.

Also, returning this season is two-time Conference USA hurdles champion, Seun Adigun. Adigun looks to lead in the hurdles again this season along with junior LeeAndrea Robinson.

One area of the team that continues to be a weakness for Houston is in the distance events. Houston does not generally fair well in the long distance running, but with the addition of new assistant coach and head cross country coach Ryan Turner, Burrell hopes to make progress in those events.

Returning, however, are seniors Adriane Guinn and Jennifer Hunt. Hunt is coming off a redshirt season after scoring points for the Cougars two years ago. Sophomores Erica Hannemann and Jessica Cook both had a successful fall and also compete in the distance events.

"The group looks a bit fitter and ready to compete. As Coach Turner asserts his influence on that part of the program, that will become more of a strength than an area of weakness," Burrell said.

A solid group of long jumpers and triple jumpers highlights the field events on the



ASHLEY BRYANT

women's team this season. McPherson, sophomore Hylete Young, sophomore Dayo Oggunniyi and senior Caresir Hamilton should score a lot of points for the Cougars in conference action. Burrell expects to have two or three NCAA qualifiers in that group.

"Caresir is coming off a red-shirt year," Burrell said. "The last time that she competed she jumped for an NCAA qualifying mark. We are expecting her to return and cap her career with a fine senior season."

Leading a young group of throwers this year is sophomore All-Conference selection Ashley Bryant. She is joined by freshmen Kiara Pulliam and Charliisa Foster.

"I am really excited about our throws group. We have a real good young group and they have worked hard this fall. They are really, really strong," Burrell said.

A LOOK AT THE MEN

The men have a similar situation this season in the sprints. Houston may be without senior Carey LaCour, who was injured during the indoor season in 2007. LaCour red-shirted the 2007 outdoor season but is still questionable for the opening of his senior campaign.

With LaCour in question, Houston turns to senior Tremaine Smith to guide them in the sprint event this season.

"The biggest question mark that we have will be with Carey LaCour. If we can get him into shape, we will make a run at it. With him we have a pretty solid shot. On a team with Carey LaCour and Tremaine Smith we will always have a solid one-two punch in the sprints," Burrell said.

Despite the void in the sprints, the Cougars are confident they can recruit some of the long and triple jumpers to compete in the sprints as well, something the women were forced to do last season. Freshman Ed Turner and sophomore Steven Jones plays a vital role in the sprint relays this season. With so many new faces in the sprint relays, Houston looks to build team chemistry and maximize the abilities of the athletes early in the season.

Sophomore Justin Davis completed a great fall training, and Burrell is excited about what he may accomplish this season.

"The one thing that I am really excited about is that Justin Davis had a really good fall," Burrell said. "He looks like he has the potential to be the best quarter-miler in the conference at least from his fall training."

"He has matured and gotten a lot stronger. He is fitter and stronger and I think he is going to be a real pleasant surprise for us and he is going to open some eyes because he looks really, really good."

Sophomore Steven Jone returns in the hurdles this season but sophomore Jason Perez is another question mark for the Cougars. Perez

did not compete during the outdoor season last spring but went on to represent the United States at the PanAm games where he earned a medal. However, a stress fracture in his foot may keep him out of competition this season.

Senior Steve Magness highlights the distance events this season. He is joined by sophomores Daniel Martinez and Ahmed Harb. Martinez and Harb had outstanding freshman seasons and are stronger and fitter in their second seasons.

"Steve Magness is a big-time distance runner, and we are going to continue to get him prepared for the outdoor season and its time for Steve to make that next step to Nationals. Last year was a journey back to collegiate track for him, and this year he needs to complete the journey," Burrell said.

Just as they did last season, Houston relies on their field events to support a team that is working to overcome injury. They get the help of two-time All-American Ivan Diggs who returns for his senior campaign in the high jump. Outdoor Freshman of the Year Alex Bentley also looks to retain his indoor and outdoor pole vault titles at the conference championships, and Wesley Bray is a strong factor in the multi-events this season.

"They key for us is we have to move some of our guys beyond the conference level and get them to Nationals. We feel like Wesley and Alex can do that," Burrell said.

Turner and freshmen Chris Carter and Thomas Lang looks to make an immediate impact in the jumps. Burrell says they all should score a significant amount of points for the Cougars in conference competition.

"We are going to take our 42 guys and go for it. We are always in the hunt (for the conference title). We filled some areas where we needed some guys to deliver and we have a good group. They have worked very hard this fall and they are excited to get out there and start competing," Burrell said.

A LOOK AT THE SCHEDULE

The Cougars have the luxury of staying close to home most of the indoor season this fall. They play host six meets at Yeoman Field House this year and for the eighth





straight season they welcome the Conference USA Indoor Track and Field Championships. The Cougars travel to Fayetteville twice during the regular season and compete in the Iowa State Last Chance Meet in Amers, Iowa. The NCAA Indoor Championships once again is hosted by the University of Arkansas.

"This year we worked our schedule a bit to where we would stay at home a bit more because we have a lot of young kids. We wanted to give them opportunities to compete in a real comfortable environment," Burrell said.

"We will be home quite a bit and work to get some confidence. The conference meet is here, so we always want to make sure our athletes are extremely familiar with their surroundings once we get to conference."

During the outdoor sesason, Houston competes in many of the same meets they competed in last season, adding a trip to Los Angeles for the UCLA Jackie Joyner Kearsse/Rafer Johnson Invitational. Houston also returns to the Penn Relays in Philadelphia.

"We will return to the Penn Relays this year. We are also going to go out to UCLA and we haven't been out there in about ten years. By that time our freshman won't be freshman anymore they will be rookies. We have always competed well in California and by that time of the year our team should have gelled, and we will go out there in full force," Burrell said.

The Cougars play host to just two meets during the outdoor season and make a return trip to El Paso, Texas for the Conference USA Outdoor Track and Field Championships.

"We will be going back out to El Paso for the outdoor championships. It's exciting to

go back there. UTEP is a formidable opponent. We don't have any right to think we are going to go out there and get it done immediately. We have to go out there and earn it. We have to earn it at a place we lost at two years ago. We are going to go and do what we can," Burrell said.

One thing the Cougars won't have to worry about this year is having a winning attitude. Burrell says this group of athletes has worked really hard this fall and expects to win.

"Our kids, whether they are freshman or a senior, expect to win. They will work hard to do that. But expecting to win and getting the job done are two different things.

"We have to get them to understand that you have to do what is necessary to be able to compete when it matters most. That is work hard, run your events, show up at meets in the right mindset and then let the chips fall where they may. We have to make sure they are ready to compete at that level when the time comes," Burrell said.



CAREY LACOUR

2008 SEASON SCHEDULE

INDOOR

Jan. 12	Houston Indoor Opener	Yeoman Field House
Jan. 18	Leonard Hilton Memorial	Yeoman Field House
Jan. 25-26	Arkansas Invitational	Fayetteville, Ark.
Feb. 1-2	Houston Indoor Invitational	Yeoman Field House
Feb. 8	Bayou City Classic	Yeoman Field House
Feb. 15-16	Tyson Invitational	Fayetteville, Ark.
Feb. 16	UH All-Comers Meet	Yeoman Field House
Feb. 29-Mar. 1	C-USA Championships	Yeoman Field House
March 7-8	Iowa State Last Chance Meet	Ames, Iowa
March 15-16	NCAA Indoor Championships	Fayetteville Ark.

OUTDOOR

March 21-22	TSU Relays	Houston, Texas
March 22	Texas Invitational	Austin, Texas
March 28-29	LSU Relays	Baton Rouge, La.
April 2-5	Texas Relays	Austin, Texas
April 10-12	JJK/Rafer Johnson Inv	Los Angeles, Calif.
April 18-19	Tom Tellez Invitational	Lewis/Tellez Track
April 24-26	Penn Relays	Philadelphia, Pa.
April 26	Rice Twilight	Houston, Texas
May 2-3	Houston Invitational	Lewis/Tellez Track
May 15-17	Conference USA Championships	El Paso, TXexas
May 30-31	NCAA Midwest Regional	Lincoln, Neb.
June 11-14	NCAA Championships	Des Moines, Iowa
June 19-21	USATF Junior Championships	Columbus, Ohio
June 27-July 6	US Olympic Trials	Eugene, Ore.



IMPOSSIBLE IS NOTHING

WWW.ADIDAS.COM

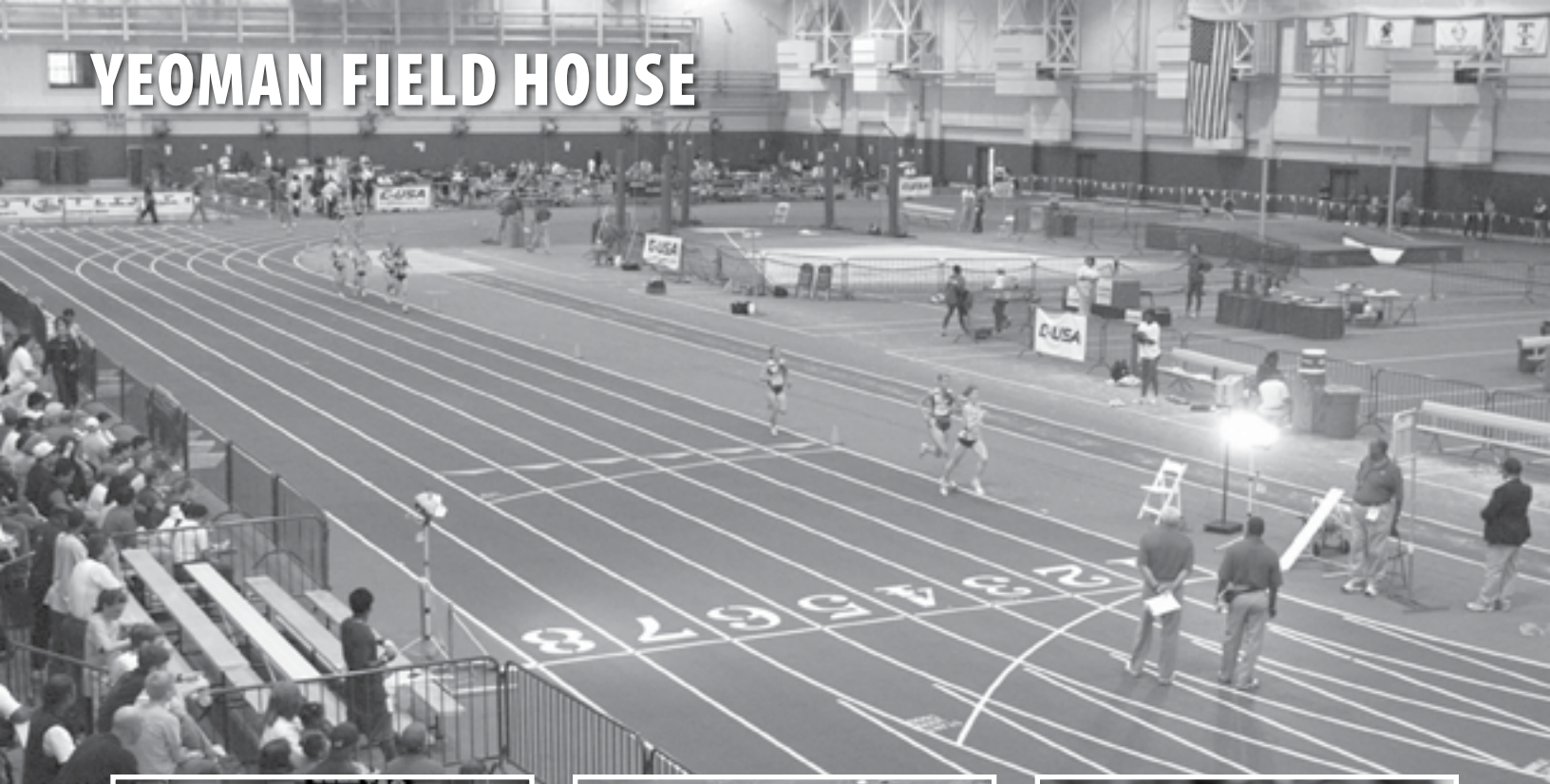


IVAN DIGGS
NCAA ALL-AMERICAN
C-USA CHAMPION



THIS IS HOUSTON TRACK

YEOMAN FIELD HOUSE



The University of Houston will once again be the home of indoor track and field throughout the state of Texas during January and February.

The complex opened in 1996 with a world-class indoor track and field meet—"The Gallery Furniture Games"— which attracted nearly 5,000 fans as well as a "Who's Who" list of track and field professionals from across the nation. Following the meet, the new complex received high praise from the competitors and spectators alike.

Since then, the Yeoman Field House has been the home for Houston's track and field teams, who train throughout the winter months in the spacious and comfortable facility.

The six-lane, NCAA competition track is made of Mondo, widely regarded as the fastest surface in the world.

It features sprint lanes and jump runways on both sides, with a pole vault runway, a high jump area and a throwing area inside the infield. Following the 1999 season, the track was resurfaced, and in 2003 a new state-of-the-art scoreboard was added.

Adjacent sport courts provide ample space for sports medicine personnel and stretching areas and Houston's adjacent outdoor track provides ample warm-up space. The facility also has bleachers provide seating for approximately 1,000 fans.



LEWIS/TELLEZ TRACK COMPLEX



The University of Houston continued enhancing its facilities for Cougar student-athletes in 2000 when it opened the Tom Tellez Track at the Carl Lewis International Complex. Named after two of the greatest individuals associated with the UH track and field program, the \$4 million facility features a nine-lane European oval-shaped track. The wider turn radius was designed to allow faster turns for runners.

The track also is equipped with dual jumping lanes, throwing areas and high jump aprons that will allow fans to watch all field events, and in 2003, a new scoreboard was installed.

In addition, the complex includes a regulation-sized soccer field inside the new track that is used by the UH women's soccer team.

The track was named to honor former UH track and field coach Tom Tellez who spent 22 seasons at Houston and coached 17 athletes who won 30 NCAA individual championships. Tellez also led his men's and women's teams to 13 Southwest Conference and Conference USA championships between 1977 and 1998.

His most decorated pupil was Carl Lewis. UH named the complex in honor of Lewis, whose illustrious career included nine Olympic Gold Medals and seven NCAA individual championships.

The construction of the facility was made possible through the generous donations of Roy and Mary Cullen, Mike Baker, Carl Lewis, John and Julie O'Quinn, Tom Tellez, the Cullen Foundation and the Houston Athletics Foundation.

THIS IS HOUSTON TRACK & FIELD



KIRK BAPTISTE



LEROY BURRELL



OLAN CASSELL



CAROL LEWIS

UH TRACK & FIELD BY THE NUMBERS

- 24 Olympians
- 24 Team Conference Championships
- 40 NCAA Individual Champions
- 311 NCAA All-Americans
- 231 Individual Conference Champions

CONFERENCE USA CHAMPIONSHIPS

INDOOR

WOMEN: 1998, 2002, 2003, 2005, 2006

MEN: 1997, 1998, 1999, 2000, 2003, 2004, 2005, 2007

OUTDOOR

WOMEN: 1998, 2000, 2002, 2004, 2005, 2006

MEN: 1997, 1998, 1999, 2000, 2005

COUGAR OLYMPIANS

Name	Event	Finish	Year	Name	Event	Finish	Year
Kirk Baptiste	200 Meters	Silver	1984	Carl Lewis	Long Jump	DNC	1980
Leroy Burrell	100 Meters	5th	1992		100 Meters	Gold	1984
	4x100M Relay	Gold	1992		200 Meters	Gold	1984
	4x100M Relay	DNS	1996		4x100M Relay	Gold	1984
Dawn Burrell	Long Jump	11th	2000		Long Jump	Gold	1984
Greg Caldwell	Triple Jump	DNC	1980		100 Meters	Gold	1988
Kym Carter	Heptathlon	11th	1992		200 Meters	Silver	1988
Olan Cassell	400 Meters	Elim.	1964		4x100M Relay	Disq.	1988
	4x400M Relay	Gold	1964		Long Jump	Gold	1988
Michelle Collins	400 Meters	Elim.	2000		4x100M Relay	Gold	1992
Dennis Darling	4x400M Relay	5th	1996		Long Jump	Gold	1992
	4x400M Relay	4th	2000		Long Jump	Gold	1996
	4x400M Relay	6th	2004	Carol Lewis	Long Jump	DNC	1980
Joe DeLoach	200 Meters	Gold	1988		Long Jump	9th	1984
Stanley Floyd	100 Meters	DNC	1980	Jack Parrington	100 Meters, Relays		1956
Sandra Glover	400M Hurdles	Elim.	2000	Frank Rutherford	Triple Jump	Bronze	1992
Floyd Heard	200 Meters	Elim.	2000		Long Jump	Elim.	1988
Leonard Hilton	5,000 Meters		1972	Lyndon Sands	Long Jump		1984
Greg Illorson	100 Meters		1980	Lamont Smith	4x400M Relay	Gold	1996
Al Lawrence	4x100M Relay	Silver	1984	Brian Stanton	High Jump	11th	1988
				Jackie Washington	4x100M Relay	DNC	1984
				Mark Witherspoon	100 Meters	DNF	1992

CARL LEWIS



UNIVERSITY OF HOUSTON (1979-81)

- 6 NCAA Individual Titles

INDOOR

- 1980 Long Jump (26-04.50)
- 1981 60-Yard Dash (6.16)
- 1981 Long Jump (27-10.00)

OUTDOOR

- 1980 Long Jump (27-04.75)
- 1981 100 Meters (9.99 w)
- 1981 Long Jump (27-00.75)

COLLEGIATE ACCOLADES

- Six-Time NCAA All-American
- School-Record Holder: Indoor 55 Meters (6.07); Indoor Long Jump (8.56 m/28-1.00); Outdoor Long Jump (8.62 m/28-3.50).

OLYMPICS (1980-96)

9 GOLD MEDALS

1984

- 100 Meters
- 200 Meters
- 4 x 100-Meter Relay
- Long Jump

1988

- 100 Meters
- Long Jump

1992

- 4 x 100-Meter Relay
- Long Jump

1996

- Long Jump

1 SILVER MEDAL

1988

- 200 Meters



LEWIS BY THE NUMBERS

- 16 American Records
- 11 World Records
- 10 Olympic Medals
- 6 NCAA Individual Titles
- 6 NCAA All-America Accolades
- 3 UH Records Still Held

THE CITY OF HOUSTON



FACTS ABOUT HOUSTON

Population:	1.9 million/city 4.5 million/metropolitan
Population Rank:	4th
Area of City:	617 square miles
County:	Harris
Founded:	1836
Time Zone:	Central
Industries:	Energy, Medicine, Aerospace (NASA)
Leisure:	Theatre, Arts, Sports, Shopping, Recreation
Annual Rainfall:	48 inches
Avg. High in Summer:	91 F
Avg. High in Winter:	66 F
Avg. High in Spring/Fall:	79 F

A large, cosmopolitan city with a small town feel, Houston is unique among other major cities due to its southern hospitality and can-do attitude. With over 5,000 restaurants, teams in every major professional sport, golf 365 days a year, world-class shopping, nationally renowned museum and theater districts, cruising and the beach just a short drive, Houston has it all!

With 60,000 rooms in the Greater Houston area, the city welcomes visitors with comfortable accommodations in every category, from elegant Houston hotels to affordable family inns and charming bed-and-breakfasts.

Houston is every diner's dream offering more than 5,000 restaurants to choose from. Houston dining represents more than 35 countries and American regions. Houston's culinary scene is consistently ranked among the best in the country. With the average meal under \$18, it's no surprise that Houstonians eat out more than residents from any other city. Whether in the mood for sizzling fajitas, delicious BBQ or gourmet fare, Houston has just the place for every taste.

Some of Greater Houston's top attractions include, Space Center Houston, the Houston Zoo, Downtown Aquarium, The Galleria, Museum and Theater Districts, Moody Gardens, Minute Maid Park and the Galveston Strand.

In the next three years Houston anticipates many new and exciting developments to add to its list of accolades.

Three city blocks will be transformed into downtown Houston's premiere entertainment, retail and urban living hub. The Houston Pavilions is a \$200 million project encompassing almost 800,000 square feet of space. Scheduled to open in fall of 2008.

Discovery Green, Houston's new 12-acre development will be located in front of the George R. Brown Convention Center. The WiFi connected park will offer restaurants, an amphitheater, picnic areas, dog runs, a pond, jogging trail and playground. The park is scheduled to open in early 2008.

Hotel ZaZa, a 315-room, 12-story property features a dynamic mix of guestrooms, bungalows and suites, boasts luxurious amenities, a spa and gourmet restaurant. Scheduled to open in June 2007.

Twenty-one acres of prime Galleria-area land will become BLVD Place, a major mixed-use site for retail, office, hotel and condominiums, anchored by Houston's flagship 80,000-square-foot Whole Foods Market. The project is set to open in 2009.

For more information about Houston log on to www.VisitHoustonTexas.com or call 1-800-4HOUSTON.

Houston
www.visithoustontexas.com



The Galleria is the fourth largest shopping center in the nation, with more than 375 stores.

IT'S GOOD TO BE...HOUSTON

Best Place for an Out-of-this-World Experience

• Houston is home to the Johnson Space Center and its Official Visitors Center, Space Center Houston. Houston was the first word spoken on the moon when, on July 20, 1969, Neil Armstrong said, "Houston, Tranquility Base here. The Eagle has landed."

Best Place to Do Business

• With nine of the nation's 25 largest publicly traded oil and gas exploration and production firms headquartered in Houston, Houston truly is the energy capital of the world.

Best Place for Big Ideas

• Houston ranked by The Wall Street Journal as No. 11 in a listing of the top 20 most inventive towns in America, based on the number of patents issued in 2005.

Best Place to Relocate

• The Houston region ranked 3rd on Site Selection Magazine's list of top metropolitan areas for new and expanded facilities (2006).

Best Place to Stay Healthy

• Houston is home to the world's largest medical center, Texas Medical Center, which includes 45 institutions.

Best Place to Get Cultured

• The Houston Museum District is the fourth largest museum district in the country with 18 museums within walking distance.

Best Place for Sports Fans

• Houston is the only city to boast two retractable-roofed stadiums—Minute Maid Park and Reliant Stadium. With the addition of the Toyota Center arena, nearly every professional sport in Houston can be played indoors.

• Houston is home to the first domed stadium, the Reliant Astrodome and is the birthplace of AstroTurf.

Best Place for Diversity

• Black Enterprise named Houston the No. 4 city in the U.S. for African Americans, based on 24 quality of life factors. (2007)

Best Traveling Experience

• Continental Airlines, based in Houston, topped the list of airlines in Fortune magazine's 2007 list of America's Most Admired Companies.

Best Place to Rest Your Head

• Hotel Icon and The St. Regis Hotel were both listed in Conde Nast Traveler's Gold List, based on a reader survey that selected the 700 top hotels, resorts and cruise lines in the world (2007).



Best Place for a Great Meal

• ForbesTraveler.com ranked Houston as the 6th best restaurant city in America, behind New York, Chicago, San Francisco, Los Angeles and New Orleans.



SOUTH REGIONAL • HOUSTON, TEXAS • RELIANT STADIUM • MARCH 28-30, 2008



Be a part of the NCAA® Division I Men's Basketball Championship as the University of Houston hosts the 2008 South Regional on March 28 and 30 at Reliant Stadium. This is the second weekend of NCAA March Madness® and will include two sessions, the Friday semifinals (two games) and the Sunday championship game. The Regional will determine one of the four teams that will advance to the Men's Final Four™ in San Antonio, Texas.

FOR MORE INFORMATION, call 832-667-1514
or visit

<http://www.reliantpark.com/2008houstonregional/>

THE UNIVERSITY OF HOUSTON



The University of Houston was founded in 1927. Acreage was acquired for a permanent campus in 1936, and the first building, the Roy Gustav Cullen Memorial Building, opened in 1939.

In 1945, UH was separated from the Houston Independent School District and operated as a private university with a Board of Regents headed by Hugh Roy Cullen, the university's first benefactor. In 1963, the University of Houston became a state-supported institution. In 1977, state law officially established the UH System, which now includes UH, UH-Clear Lake, UH-Downtown, UH-Victoria, and two multi-institution teaching centers: the UH System at Sugar Land and the UH System at Cinco Ranch. Over the years, the University of Houston has grown into a major public research institution.

UH public service and community activities, such as cultural offerings, clinical services, policy studies, and small-business initiatives, serve a diverse metropolitan population. Likewise, the resources of the Gulf Coast region complement and enrich the university's academic programs, providing students with professional expertise, practical experience, and career opportunities. In fact, more than 84 percent of our students secure career-level jobs within three months of graduation. UH has awarded more than 230,000 degrees, and approximately 75 percent of our alumni remain in the Houston area.

In 2006, UH commissioned a broad Master Plan that will serve as a blueprint for growth for the next 20 years. It includes five distinct districts: Art, Professional, Undergraduate, Core Academics and Stadium. By 2020, UH will be a pedestrian-oriented campus with improved academic buildings and new "lifestyle" features such as stores, restaurants and gathering areas. Construction of new graduate and professional student loft apartments has been approved.

UH offers 109 bachelor's, 131 master's, 51 doctoral, and three special professional degree programs through the university's 12 colleges. The university awards more than 6,600 degrees annually.

UH is the most ethnically diverse research university in the nation. The 34,334 students enrolled in fall 2006 were 38.5 percent white, 19.5 percent Asian/Pacific Islander, 19.3 percent Hispanic, 13.2 percent African American, 7.3 percent International, 0.4 percent Native American, and 1.8 percent unknown; 76 percent undergraduate and 24 percent post baccalaureate, graduate, and professional; 48 percent male and 52 percent female; 89 percent Texas residents.

Our 560-acre campus includes lush greenery, fountains, sculptures, and recreational fields surrounding modern classrooms, high-tech laboratories, and study facilities, and affords students a well-equipped setting for academic pursuits and proximity to the heart of the nation's fourth-largest city. Campus landmarks include the Welcome Center and Parking Garage, Campus Recreation and Wellness Center, the Athletics/Alumni Center, the Moores School of Music, Science and Engineering Research and Classroom Complex, the LeRoy and Lucile Melcher Center for Public Broadcasting, which houses KUHT-TV/HoustonPBS (the nation's first educational television station) and KUHF-FM, the Center for Public Policy polling center, and television studio labs.

Libraries at UH provide abundant resources for research, with total collective holdings of more than 2.4 million volumes, 4 million microform units, 20,000 research journal subscriptions, and various other research materials. The M.D. Anderson Library is technologically sophisticated, with more than 170 networked workstations accessing about 200 electronic databases, more than 26,000 electronic journals, approximately 60,000 electronic books, and Internet access to a wide range of Web-based resources for research.

UH campus activities include more than 300 registered student organizations, a film series, concerts, theatrical productions, art exhibits, and Division 1 NCAA athletics. The Campus Recreation and Wellness Center offers students, faculty, and staff access to world-class exercise equipment and facilities. Choices in student housing expanded with the opening of the Bayou Oaks Complex, providing townhouses and apartments, including a fraternity and sorority section.



STUDENT LIFE

UH campus activities include more than 300 registered student organizations, a film series, concerts, theatrical productions, art exhibits, and NCAA Division I athletics. The Campus Recreation and Wellness Center offers students, faculty, and staff access to world-class exercise equipment and facilities. Choices in student housing expanded with the opening of the Bayou Oaks Complex, providing townhouses and apartments, including a fraternity and sorority section. Moreover, the city of Houston offers an excellent blend of cultural and entertainment activities, including acclaimed museums, concert halls, theaters, restaurants, music venues, rodeos, and professional sports.



HOUSTON QUICK FACTS

- Location : Houston, Texas
- Founded : 1927
- Enrollment: 34,334
- Interim President: John M. Rudley
- Major Fields for Bachelor's Degrees: 109
- Major Fields for Master's Degrees: 131
- Major Fields for Doctoral Degrees: 51

COLLEGES AT UH

- Gerald D. Hines College of Architecture
- C.T. Bauer College of Business
- College of Education
- Cullen College of Engineering
- The Honors College
- The Conrad N. Hilton College of Hotel and Restaurant Management
- UH Law Center
- College of Liberal Arts and Social Sciences
- College of Natural Sciences and Mathematics
- College of Optometry
- College of Pharmacy
- Graduate School of Social Work
- College of Technology

STUDENT BODY

- We are the most ethnically diverse research university in the United States. Our student body is 38.5 percent white, 19.5 percent Asian/Pacific Islander, 19.3 percent Hispanic, 13.2 percent African American, 7.3 percent International, 0.4 percent Native American, and 1.8 percent unspecified. Students represent more than 126 nations and 89 percent are Texas residents.

COLLEGE OF ARCHITECTURE

Architecture, B.ARCH.
Environmental Design, B.S.
Industrial Design, B.S.

BAUER COLLEGE OF BUSINESS

Pre-Business Administration 1
Accounting, B.B.A.
Decision and Information Sciences

- Decision and Information Sciences--Mgt. Info. Sys., B.B.A.
- Decision and Information Sciences--Ops. Mgt., B.B.A.

Entrepreneurship, B.B.A.
Finance, B.B.A.

- Finance--Global Energy Management Management, B.B.A.

Marketing and Entrepreneurship, B.B.A.

COLLEGE OF EDUCATION

Health, B.S.
Human Development and Family Studies, B.A., B.S.
Human Nutrition and Foods, B.A., B.S.
Interdisciplinary Studies, B.S.
Kinesiology, B.S.

- Kinesiology--Exercise Science, B.S.
- Kinesiology--Movement and Sports Studies, B.S.
- Kinesiology--Sports Administration, B.S.

CULLEN COLLEGE OF ENGINEERING

Engineering Unspecified (freshmen only)
Biomedical Engineering, B.S.
Chemical Engineering, B.S.CH.E.
Civil and Environmental Engineering, B.S.
Computer Engineering, B.S.C.P.E.
Electrical Engineering, B.S.E.E.
Industrial Engineering, B.S.I.E.
Mechanical Engineering, B.S.M.E.

CONRAD N. HILTON COLLEGE OF HOTEL AND RESTAURANT MGT.

Hotel and Restaurant Management, B.S.

COLLEGE OF LIBERAL ARTS AND SOCIAL SCIENCES

Liberal Arts and Social Sciences Unspecified
Anthropology, B.A., B.S.
Art, B.A.
Art History, B.A.
Art (Studio)

- Studio Art--Graphic Communications, B.F.A.
- Studio Art--Interior Design, B.F.A.
- Studio Art--Painting, B.F.A.
- Studio Art--Photography/Digital Media, B.F.A.
- Studio Art--Sculpture, B.F.A.

Classical Studies, B.A.
Communication

- Communication--Corporate Communication, B.A.
- Communication--Interpersonal Communication, B.A.
- Communication--Journalism, B.A.
- Communication--Media Production, B.A.
- Communication--Media Studies, B.A.
- Communication--Public Relations/Advertising, B.A.

Communication Disorders, B.A., B.S.
Economics, B.A., B.S. (Arts and Sciences)
English, B.A.

- English--Creative Writing, B.A.
- English--Literature, B.A.
- English--Linguistics, B.A.

French, B.A.
German, B.A.

- German Area Studies

History, B.A.
Italian Studies, B.A.
Music, B.A., B.M.

- Music--Applied, B.M.
- Music Composition, B.M.
- Music Theory, B.M.

Philosophy, B.A.
Political Science, B.A., B.S.
Psychology, B.A., B.S.
Sociology, B.A., B.S.
Spanish, B.A.
Theatre, B.A.

- Theatre--Dance, B.A.
- Theatre--Design/Technology
- Theatre--Performance

COLLEGE OF NATURAL SCIENCES AND MATHEMATICS

Biochemical and Biophysical Sciences, B.A., B.S.
Biology, B.A., B.S.
Chemistry, B.A., B.S.
Computer Science, B.S.

- Computer Science--Business Option, B.S.
- Computer Science--Systems Option, B.S.

Earth Science, B.A.
Environmental Science--Environmental Sys. and Modeling, B.S.
Geology, B.S.
Geophysics, B.S.
Interdisciplinary Sciences, B.I.SCI.
Mathematics, B.A., B.S.
Medical Technology, B.S.
Physics, B.A., B.S.

- Physics--Geophysics Option, B.S.

COLLEGE OF TECHNOLOGY

Construction Management Technology, B.S.

- Construction Mgt. Tech.--Surveying and Mapping, B.S.

Computer Engineering Technology, B.S.
Consumer Sciences and Merchandising, B.S.
Electrical Power Engineering Technology, B.S.
Information Systems Technology, B.S.
Supply Chain and Logistics Technology
Mechanical Engineering Technology, B.S.
Technology Leadership and Supervision, B.S.

- Tech. Leadership and Supervision--Occupational Tech., B.S.

UNDERGRADUATE INTEREST AREAS

Pre-Dentistry
Pre-Law
Pre-Medicine
Pre-Nursing
Pre-Optometry
Pre-Physical Therapy
Pre-Pharmacy
Pre-Veterinary Medicine

LEARN MORE ONLINE AT WWW.UH.EDU

UNIVERSITY LEADERSHIP



DR. RENU KHATOR

UH System Chancellor
UH President

Dr. Renu Khator was unanimously appointed chancellor of the University of Houston System and UH president by the Board of Regents in November, 2007.

Khator, who had been serving as provost and senior vice president at the University of South Florida, officially took office in mid-January.

A devoted teacher, seasoned educational administrator and respected scholar, Khator has a doctorate and master's degree in political science from Purdue University and earned her bachelor's degree from Kanpur University in India. Khator, 52, has served as provost at USF since 2003, and was dean of the College of Arts & Sciences for three years prior to that. From 1997 to 2000, she served as the director of USF's Environmental Science and Policy Department. She has served as professor of government & international affairs at the university since 1995. She is the author or editor of five scholarly books and numerous articles concerning global public administration, environmental policy and South Asian politics.

A native of India, she came to the United States in 1974 after her marriage to Suresh Khator. Both pursued graduate degrees at Purdue University and later accepted teaching positions at USF. He is a professor of Industrial & Management Systems Engineering and director of computing for the College of Engineering at USF. He is a Fellow of the Institute of Industrial Engineers and serves as faculty athletic representative to the NCAA. They have two daughters, both ophthalmologists.

She becomes the third person to hold the dual title of UH System chancellor and UH president. She follows Arthur Smith, who retired in 2003, and Jay Gogue, who became president of Auburn University, his alma mater, this summer.

USF, where Khator was the second-highest-ranking administrator, is a comprehensive, doctoral-extensive, research university with four campuses, including a medical school, in Tampa, St. Petersburg, Sarasota-Manatee and Lakeland. Last year, USF enrolled 44,000 students and had a budget of \$1.6 billion.

Khator has a long history of community engagement, serving on numerous boards, including the Moffitt Cancer Hospital Board of Directors, the Hillsborough Education Foundation Board, the Lowry Park Zoo Board, and she recently served as a member of the National Advisory Council on Environmental Policy and Management. She has recently been appointed to the National Science Foundation Integrative Graduate Education and Research Program Panel and the American Council on Education Forum on Internationalism and Multiculturalism.

She enjoys writing poetry and short stories, several of which have been published. In addition to her duties as provost, she has been teaching a course in Hindi at USF this year. The Khators were honored by India this year, receiving the Jewel of India, a special award recognizing non-resident Indians for making outstanding contributions in their field.

The United States Citizenship and Immigration Services included Renu Khator among its 2006 Outstanding American by Choice awardees. The award recognizes outstanding achievements of naturalized U.S. citizens. Also in 2006, Khator received the Distinguished Alumnus Award from Purdue University's College of Liberal Arts and the Outstanding Educator Award from the American Foundation for Greek Language and Culture for enhancing Hellenic studies.

UNIVERSITY OF HOUSTON SYSTEM BOARD OF REGENTS

The Board of Regents is the governing body of the University of Houston System (University of Houston, University of Houston-Clear Lake, University of Houston-Downtown, University of Houston-Victoria, UH System at Cinco Ranch, UH System at Sugar Land, KUHT Television, and KUHF Radio).

The Board of Regents is composed of nine voting members (chair, vice chair, secretary, and six members) and a non-voting student member. Every two years, the Governor of the State of Texas, subject to Senate confirmation, appoints three members to the Board of Regents. Each member serves a six-year term.



WELCOME W. WILSON ('49)
Chairman



CALVIN W. STEPHENS ('72)
Vice Chairman



JIM P. WISE ('66)
Secretary



MICHAEL J. CEMO ('68)



DENNIS D. GOLDEN ('76 O.D., '77)



RAUL A. GONZALEZ (J.D. '66)



LEROY L. HERMES ('66)
Immediate Past Chair



MORGAN DUNN O'CONNOR



LYNDEN B. ROSE ('83, J.D. '89)



CHRISTOPHER SHARPE



Excellence every day. For Conference USA, dedication to excellence is a common thread in athletics, academics and in the community, and the guiding initiative for the league's promising future. Conference USA features 12 nationally prominent, tradition-rich members in East Carolina, Houston, Marshall, Memphis, Rice, SMU, Southern Miss, Tulane, Tulsa, UAB, UCF and UTEP. This combination enhances men's and women's programs that are steeped in athletic success and academic prowess. Together, we are dedicated to excellence, integrity and leadership in athletics, academics and in our communities.

All C-USA institutions sponsor Division I-A football, along with several other men's and women's athletic programs, many of which compete regularly for NCAA Championships. C-USA sponsors competition in 19 sports – nine for men (baseball, basketball, cross country, football, golf, soccer, tennis and indoor and outdoor track and field) and 10 for women (basketball, cross country, golf, softball, soccer, swimming and diving, tennis, indoor and outdoor track and field and volleyball).

The league sponsors numerous academic awards, including the Commissioner's Honor Roll and the Commissioner's Academic Medal, indicative of outstanding achievement in the classroom. C-USA annually awards six postgraduate scholarships, along with the Sport Academic Award, Scholar Athletes of the Year and the Institutional Academic Excellence Award.

SUCCESS ON THE PLAYING FIELD

Conference USA performers have achieved great success in competition, placing the league among the top conferences in the nation.

Football

- Rated among the top seven conferences in the nation
- 38 teams have earned bowl bids
- Member of the Bowl Championship Series
- Bowl tie-ins with the AutoZone Liberty Bowl, GMAC Bowl, Bell Helicopter Armed Forces Bowl, Papajohns.com Bowl, R+L Carriers New Orleans Bowl, Sheraton Hawai'i Bowl and Texas Bowl

Men's Basketball

- Consistently rated as one of the top basketball leagues in the country
- 73 postseason teams (41 NCAA and 32 NIT)
- Two Final Four teams
- Six Elite Eight NCAA Tournament teams
- One NIT Champion
- Four NIT semifinalists

Women's Basketball

- 40 NCAA Tournament appearances
- 28 WNIT appearances
- One team in the NCAA Sweet 16
- Two WNIT semifinalists

Baseball

- 39 NCAA appearances
- Four College World Series appearances in 2007, 2006, 2005 and 2001
- Nine Super Regional appearances
- Has produced at least four NCAA teams in each of the last six seasons

In addition, 28 volleyball teams, 39 men's and women's soccer teams and 17 softball teams have earned NCAA Tournament bids. C-USA has sent three men's soccer teams to the NCAA College Cup, five softball teams to the Women's College World Series and three volleyball teams to the Sweet 16. The league has also had three national champions in NCAA track and field competition, one national champion in diving and numerous NCAA individual and team competitors in cross country, golf, swimming, tennis and track and field. Overall, Conference USA teams and individuals have made 506 NCAA appearances.

SUCCESS OFF THE FIELD

C-USA institutions are among the nation's best in academic performance among student-athletes, bolstered by the fact that student-athletes at league schools have a higher graduation rate than the general student population. Among C-USA's 5,000 student-athletes, there are champions off the playing field as well. In 12 years, 105 student-athletes earned national ESPN The Magazine Academic All-America honors, while 338 were named All-District. In addition, more than 13,000 student-athletes have been named to the Commissioner's Honor Roll or received the Commissioner's Academic Medal, indicative of outstanding achievement in the classroom.

C-USA ON TV

C-USA enjoys significant television exposure through its partnerships with ESPN Inc. and College Sports Television Networks (CSTV). The league entered into long-term agreements with both ESPN and CSTV, which, combined, provides C-USA with significant national and regional exposure for football, men's and women's basketball, and all other conference sports. Additionally, the CSTV agreement includes video-on-demand, Internet, broadband, national over-the-air and satellite radio, and wireless distribution as well as corporate marketing rights, and website production through CSTV Online, a subsidiary of CSTV. The agreement with ESPN extends the conference's current regular season football package to include the broadcast of the conference's Football Championship Game. It also encompasses distribution of men's basketball and women's basketball on ESPN/ESPN2 and both tournament championship games.

C-USA IN THE COMMUNITY

The conference's footprint is concentrated with 12 members in nine states and a combined area population of nearly 17 million. More than 1.1 million living alumni represent C-USA schools across the nation. With a renewed commitment to community involvement, the conference has begun development of several initiatives to maintain strong ties in C-USA cities, as well as with fans and alumni across the country. C-USA schools also place a priority on giving back to their communities through volunteer service with local and national organizations.

GOVERNANCE

Along with the ACC, Big Ten, Big 12, Pac-10 and SEC, Conference USA is one of the seven conferences having significant representation in the NCAA governance structure. The Presidents of the member institutions serve as the league's Board of Directors. R. Gerald Turner of SMU will serve as chair of the Board for 2007-08.

A PROUD HISTORY; A PROMISING FUTURE

Conference USA was formed in 1995 and quickly emerged as one of the nation's top conferences. The conference unveiled its name, logo and commissioner on April 24, 1995 in Chicago. The league's charter members included Charlotte, Cincinnati, DePaul, Houston, Louisville, Marquette, Memphis, Saint Louis, Southern Miss, Tulane, UAB and USF. Eleven of the institutions began athletic participation in 1995, while Houston joined competition in the fall of 1996.

The league's headquarters were established in Chicago and after nine years, relocated to the current office in Irving, Texas. Britton Banowsky was named Commissioner in October 2002, succeeding Mike Slive, the league's first commissioner.

C-USA added East Carolina (September, 1996) and the United States Military Academy (March, 1997) as football members. ECU began league competition in 1997; Army in 1998 and UAB began football play in 1999. The league added TCU and ECU (1999) for all sports and they began competition in 2001. USF started C-USA football in 2003.

After celebrating its 10th Anniversary during the 2004-05 season, C-USA began a new chapter in 2005-06 when its current membership came together to form the new look of the league.

Since its formation, C-USA has established a strong foundation, an identity and a history that reflects the league's national presence. Twelve years of remarkable history has reinforced the league's position in collegiate athletics, setting the course for the next decade and beyond.



LEARN MORE ONLINE AT
WWW.CONFERENCEUSA.COM



STRENGTH & CONDITIONING

ELMER REDD
STRENGTH & CONDITIONING CENTER

Train Like A



The Elmer Redd Strength & Conditioning Center in the Athletics/Alumni Center is 16,500 square feet and includes more than 50,000 pounds of equipment. The facility is available to all Cougar student-athletes, as well as full-time faculty and athletic department staff. Recently, a \$500,000 renovation campaign was started which includes an upgrade to state-of-the-art equipment from PowerLift and a new Infinity Performance floor system. Conveniently located next to the training room and team locker rooms, the Strength and Conditioning Center provides a highly competitive, emotionally charged and hard-working environment for Cougar student-athletes.



FACTS & FIGURES

- 4,290 Infinity Flooring Tiles
- Each tile is 24" x 24" and 1" thick

PowerLift Equipment

- 14,305 lbs. of Urethane Plates
- 16 8' Combo Power Racks
- 16 6' x 6' Olympic Lifting Platforms
- 16 lever-action benches
- 8 Power Step-Up Boxes
- 4 Adjustable Plyometric Boxes
- 8 Dumbbell sets in varying weights
- 8 Adjustable decline benches
- 8 modular 2-station pulley systems
- 6 Rotating Glute Ham Benches

ELMER REDD



Elmer Redd spent 17 seasons as one of the top assistant coaches in the history of the University of Houston. Known as a top-notch recruiter, Redd had one of the most successful careers a coach could have.

He coached the likes of Robert Newhouse, Alois Blackwell, Emmett King, Randy Love, Terald Clark, Puddin' Jones, Leonard Parker, Donald Jordan (all 1,000-yard rushers), plus quarterbacks Gerald Landry, Gary Mullins, D.C. Nobles, Danny Davis, Delrick Brown, Lionel Wilson, Terry Elston and Bubba McGallion.

Redd joined the UH staff in the spring of 1970 after a brilliant 17-year career at Lufkin Dunbar High School as both head football coach and track coach. He had a 146-36-3 football record at Dunbar and a 32-2 mark at Arp Industrial.

His Dunbar track teams won 13 district titles, two state championships and were state runners-up four times. His football teams won three state championships, reached the semifinals three times and finished as runner-up once.

Redd graduated in 1950 from Prairie View A&M, where he was a four-sport letterman in baseball, basketball, football and track. He earned both a bachelor's and master's degree from his alma mater.

Redd passed away on February 11, 2000, at the age of 71.

SPORTS MEDICINE



The Sports Medicine Department at the University of Houston is dedicated to providing all Cougar student-athletes with the best possible medical attention and care.

Their goal is to do everything in their realm to ensure the highest quality of total health care for the student-athletes.

The Sports Medicine Staff includes three staff athletic trainers, five graduate assistants, and several students. Certified Athletic Trainers are professional health care experts who specialize in athletic health care.

They are trained in the areas of prevention, recognition, immediate treatment, management, and rehabilitation of athletic injuries. They also serve as a liaison between University of Houston student-athletes and other members of the medical community.

UH Sports Medicine is present at all practices and sporting events to provide the student-athletes with supervision aimed at maintaining participation within a healthy environment.

They are also committed to maintaining a highly qualified and motivated staff along with state of the art facilities including a treatment and taping area, rehabilitation equipment, and a hydrotherapy room located in the Athletic Alumni Center Training Room.

IN THE COMMUNITY



Cougar student-athletes, coaches and athletics administrators are involved in numerous outreach programs throughout the school year, whether as an organized group activity through the C.A.R.E. (Cougar Athletes Reaching Out and Educating) program or simply individual athletes determined to make a difference in the Houston community.

Individual coaches lead their squad's involvement in charity projects, hospital visits and other community service events, including Toys for Tots and supporting Special Olympics.



ACADEMIC SUCCESS



Male Cougar Of The Year
Kevin Kolb

Co-Female Cougars Of The Year
Ebonie Floyd
Anastasia Pozdniakova

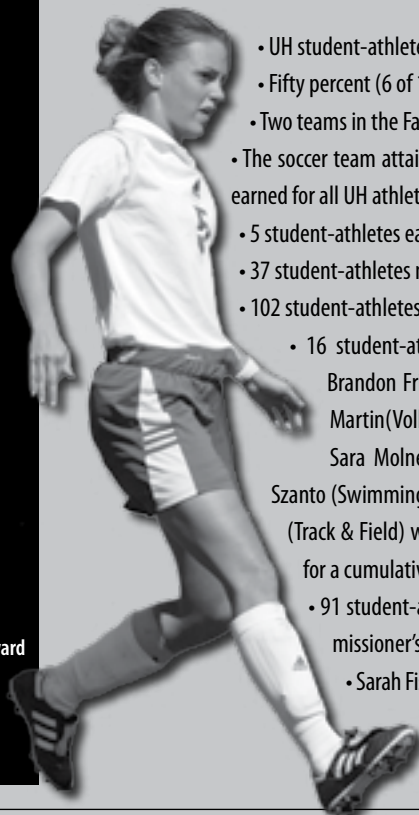
2006-07 Academic MVPs

- Josh Stirneman- Baseball
- Whitney James- Women's Basketball
- Perry McDaniel- Football
- Jordan Irwin- Golf
- Jennifer Dry and Sarah Fisher- Soccer
- Katie Bush- Softball
- Szinita Szanto- Swimming
- Sonja Nikolic- Tennis
- Erica Hannemann- Women's Cross Country
- Brittani Williams- Women's Track and Field
- Paul Goodwin- Men's Cross Country
- Lucas Mireles- Men's Track and Field
- Millicent Martin- Volleyball

Coog For A Coog Cup
Women's Basketball

Robert L. Grainger Outstanding Leadership Award
Joseph Gonzales (Football)

Distinguished Senior Award
Vincent Marshall (Football)



- UH student-athletes posted a cumulative grade point average of 2.59 as of Spring 2006.
- Fifty percent (6 of 12) of the teams in the Fall semester posted a GPA of 2.75 or better.
- Two teams in the Fall and two in the Spring had a team GPA of 3.00 or better.
- The soccer team attained a team semester gpa of 3.25 and a 3.19 overall which is the highest gpa earned for all UH athletic teams.
- 5 student-athletes earned 4.00 semester GPA's for Fall 2005.
- 37 student-athletes made the Dean's List.
- 102 student-athletes achieved a 3.00 GPA or better in the Fall.
 - 16 student-athletes: Katie Bush (Softball), Jennifer Dry (Soccer), Sarah Fisher (Soccer), Brandon Frith (Baseball), Ahmed Harb (Track & Field), Kelsey King (Volleyball), Millicent Martin (Volleyball), Lucas Mireles (Track & Field), Twiggly McIntyre (Women's Basketball), Sara Molner (Track & Field), Josh Stirneman (Baseball), Shelby Scott (Soccer), Szinita Szanto (Swimming), Nathan Trimble (Track & Field), Brenna Welch (Soccer) and Brittani Williams (Track & Field) were awarded the Conference USA Commissioner's Academic Medal last Spring for a cumulative GPA of 3.75 or better.
 - 91 student-athletes, including 16 from the soccer team, were selected to the C-USA Commissioner's Honor Roll last Spring for maintaining a cumulative GPA of 3.00 or better.
 - Sarah Fisher (pictured left) was awarded a C-USA Postgraduate Scholarship for 2007-08

COUGAR PRIDE & ENDOWMENTS



Cougar Pride is an organization of alumni, fans, former student-athletes, coaches, and friends joining together to ensure that current student-athletes have a first-class education and a chance to excel in the classroom and on the playing field. Your individual or corporate membership in Cougar Pride will help provide scholarships for over 300 student-athletes in 16 intercollegiate sports.

CORBIN J. ROBERTSON SOCIETY MEMBERS & 2006-2007 RECIPIENTS

Ken & Carole Bailey	Justin Laird	"H" Association	Laurie Wagner	John & Mary Ann Prestwood	Wade Koehl
Beck Brothers	Biren Ealy	Leroy & Barbara Hermes	Cody Pree	Beth Robertson	Jackie Battle/Ebonie Floyd
Jim Bishop	Isaiah Thompson	Houston Chronicle	Tremaine Smith	Corby & Barbara Robertson Jr.	Sebastian Vollmer
Walter & Marcia Boyaki	Kenneth Fontenette	ISP Sports	Kelly McAnelly	John Sadler	Marquay Love
A.J. & Cece Brune	Perry McDaniel	Perry McDaniel	Michael Bloesch	Skeeter's Mesquite Grill	LeeAndrea Robinson
Mike & Becky Cemo	Dion Dowell	Paul & Mary Beth Matsko	Blake Joseph	Ed Smith	Jeron Harvey
CenterPoint Energy	Brenna Welch/Josh Stirmeman	Barry & Celia Milner	Chris Pilot	Wilhelmina Smith	Kevin Kolb
Coca-Cola	Wesley Bray/Sonja Nikolic	Don & Vicky Milner	Marcus Malone	Murray & Sharon Stinson	Nick Mosley
Constellation NewEnergy	Donna MacLeod	John & Rebecca Moores	Jake Stewart	Marty & Janet Watts	Jake Ebner
Coogfans.com	Sophia Mundy	Mike & Jo Mueller	Anthony Alridge	Bruce Williams & Linda Davis	Aaron Brown
Steve & Lynn Davis	Brian Boehm	Jim Nantz	Lanny Smith	Bert & Deborah Winston	Willie Gaston
Tommy & Elaine Ebner	Ell Ash	Carl Nordstrand	Carl Barnett	Bill Worrell	Chris Joseph
Robert & Vickie Giblin	Trent Allen	Larry Parker	Ryan Meyers	Ron & Carolyn Yokubaitis	Dustin Dickinson
	Jeff Akeroyd	Jim Perdue	Vincent Marshall		

Endowment Donor

Michael Baker Scholarship Endowment
 Dwight Barnhart Scholarship Endowment
 Archie Bennett Scholarship Endowment
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 Carolyn Cannate Scholarship Endowment
 Jack Cannata, Jr. Scholarship Endowment
 CenterPoint Energy Alumni Scholarship Endowment
 Dallas/Fort Worth Area Club Scholarship Endowment
 L.A. "Bill" Davis Scholarship Endowment
 Disney Family Track & Field Scholarship
 Randall Dorsett Scholarship Endowment
 Doug Drabek Scholarship Endowment
 Melvin Engel Scholarship Endowment
 Tilman Fertitta Scholarship Endowment
 Sue Garrison Scholarship Endowment
 HAO - Larry Gatlin Athletic Scholarship Endowment
 Howard Greenwood Athletics Scholarship Endowment
 Howard Greenwood Golf Scholarship Endowment
 Houston Alumni Organization Scholarship Endowment
 Houston Alumni Organization Scholarship Endowment
 The Claude Harmon Golf Scholarship Endowment
 Walter Hecht Scholarship Endowment
 Marilyn Hensley Scholarship Endowment
 Leonard Hilton Track & Field Scholarship Endowment

Recipient

Calum Neff
 Brennan Gleason
 Amanda Villanueva
 Matthew Parker
 LJ Castile
 Jordan Godbolt
 Rachel Gitelson
 Mark Hafner
 Rebecca Sartori
 Sterling Doty
 Will Gulley
 Sean Adigun
 Ashleigh Williams
 Shea Hancock
 Robert McKiver
 Ali Conrad
 Kinsey Cave
 Anthony Roulette
 Sasha Schwendenwein
 Pablo Acuna
 Bryan Tully
 Szintia Szanto
 Todd Bissenden
 Shomari Williams
 Courtney Spittler
 Oumama Hallal

Endowment Donor

Cecil Holder Scholarship Endowment
 Roy Horlock Scholarship Endowment
 C.C. Jones Golf Scholarship Endowment
 C.F. Kendall Scholarship Endowment
 William "Bill" Kenner Football Scholarship Endowment
 Howard & Betty LaRoche Football Scholarship Endowment
 Guy V. Lewis Basketball Scholarship Endowment
 Glenn Lillie Scholarship Endowment
 Judie Lillie Scholarship Endowment
 The Lillie Family Baseball Scholarship Endowment
 Howie & Jamie Lorch Basketball Scholarship Endowment
 Jim Lyle Scholarship Endowment
 Charlie Marino Scholarship Endowment
 Richard McPherson Scholarship Endowment
 Ida Jo Butler Moran Scholarship Endowment
 Tommy Morris Scholarship Endowment
 Don Mullins Scholarship Endowment
 Jack Reid Memorial Golf Scholarship Endowment
 Chris & Sandy Rhine Fifth Year Scholarship Endowment
 Errol Rollen Scholarship Endowment
 San Antonio Area Club Scholarship Endowment
 John & Billie Schneider Scholarship Endowment
 Albert K. Smith Scholarship Endowment
 Bo & Josanna Smith Scholarship Endowment
 Ken Spain Memorial Scholarship Endowment
 Jack & Greta Stalsby Basketball Scholarship Endowment

Recipient

Whitney James
 Donnie Avery
 Rian Butler
 Rocky Schwartz
 Ernest Miller
 Garrett LeFevre
 Jahmar Thorpe
 Bryan Pounds
 Carla Kennimer
 Dustin Kingsbury
 Robert Lee
 Byron Alfred
 Jerrod Butler
 Jennifer Dry
 Neila Starratt
 Luis Flores
 Joseph Gonzales
 Ricky Romano
 Brandi Clark
 Jimmy Cesario
 Kelsey King
 Twigg McIntyre
 Alejandra Salazar
 Steven Jones
 Al Jones
 Tafari Toney

Endowment Donor

Jack & Greta Stalsby Scholarship Endowment
 Greta Stalsby Scholarship Endowment
 Rodney Steinberg & Lucia Prieto Scholarship Endowment
 Murray & Sharon Stinson Scholarship Endowment
 Taxi Squad Scholarship Endowment
 The Three Amigos Basketball Scholarship Endowment
 The Three Amigos Golf Scholarship Endowment
 Bob & Shirley Turnbull Scholarship Endowment
 André Ware Scholarship Endowment
 Robert Warner Scholarship Endowment
 Dave Williams Scholarship Endowment
 Woody Williams Endowment Honoring Coach Bragg Stockton
 Tom Wilson Baseball Scholarship Endowment
 Bert & Deborah Winston Scholarship Endowment
 Bert & Deborah Winston Scholarship Endowment
 Bert & Deborah Winston Scholarship Endowment
 Bert & Deborah Winston Scholarship Endowment
 Charles Wright Scholarship Endowment
 Bill Yeoman Football Scholarship Endowment

Recipient

Tye Jackson
 Jessica Valis
 Becky Gibson
 Oliver Lafayette
 Cody Lubojasky
 Charlie Jones
 Steven Frasier
 Carey LaCour
 Case Keenum
 SirVincent Rogers
 Jordan Irwin
 Dereck Cloeren
 Ricky Hargrove
 Andrea Pa'Imai
 Justine Farmer
 Randall Antoine
 Morgan Floyd
 Andre Kohn
 Quinte Williams



BUILDING FOR A BETTER FUTURE

Contact Cougar Pride at 713-743-9450 for more information or log on to www.UHCougars.com

COUGAR TRADITION & SPIRIT



In more than 60 years of NCAA competition, the University of Houston's athletics programs, coaches and student-athletes have made their marks in college athletics, building a winning tradition that rivals any school in the country.

The Cougars have won 55 NCAA Individual Championships along with 17 team titles, 648 All-America Awards, a host of Olympic Gold Medals, and reached elite individual status in various professional sports.

In fact, few universities in the nation can match Houston's list of world-renown athletes in all sports.

Cougars have claimed many of sports' elite awards and titles — Master's champion, Cy Young Award Winner, NBA MVP, and a nine-time Olympic gold medalist.

Cougars dot the pro ranks, from its almost 20 PGA golfers to seven NFL players, three NBA stars, two WNBA players and three major league baseball players.

UH student-athletes in the Olympics run from a multitude of track and field athletes to 12 swimmers and divers, several men's basketball team members and three women's volleyball players.

From the baseball diamond, to the gymnasium, to the football field, track, pool and golf course, the University of Houston has a proud and successful athletics tradition. In the years to come the tradition is sure to grow.

ATHLETICS FACILITIES



JOHN O'QUINN FIELD AT ROBERTSON STADIUM

University of Houston student-athletes have the benefit of competing on some of the finest facilities in the nation. John O'Quinn Field at Robertson Stadium (Football, Soccer), Cougar Field (Baseball) and Cougar Softball Stadium all had new scoreboards installed during 2006. Future improvements are planned for all facilities as UH strives to keep itself at the forefront of college athletics.



CRWC NATATORIUM



COUGAR FIELD



COUGAR SOFTBALL STADIUM



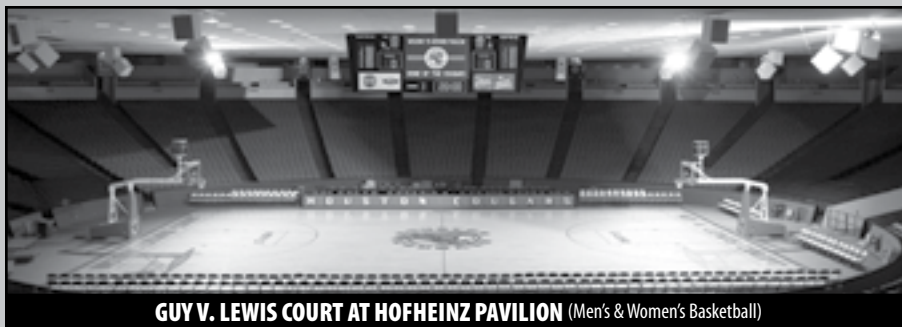
JOHN E. HOFF TENNIS COURTS



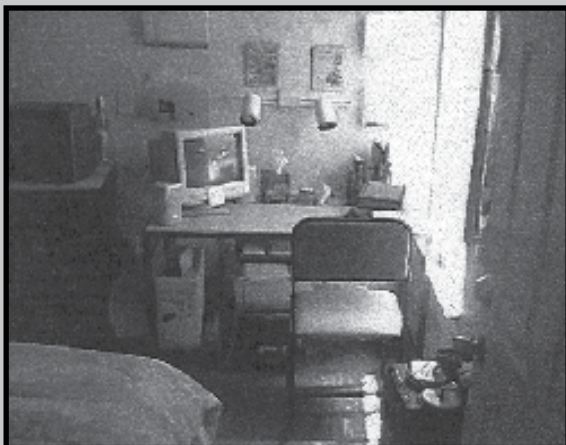
TOM TELLEZ TRACK/CARL LEWIS INTL. COMPLEX



YEOMAN FIELDHOUSE (Volleyball, Indoor Track & Field)



GUY V. LEWIS COURT AT HOFHEINZ PAVILION (Men's & Women's Basketball)



CULLEN OAKS RESIDENCE HALLS

Cullen Oaks Residence Halls provide on-campus living for UH students.

The facility features one and two bedroom fully furnished apartments, laundry rooms on every floor, a business center, and a community center.

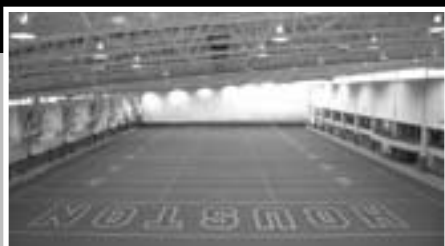
With its privacy and close location to campus, students have an environment that is perfect for learning and success.

Just outside the residence hall is a lighted basketball court and the hall is on the campus bus route.



CULLEN OAKS

ATHLETICS/ALUMNI CENTER



Cougar student-athletes practice, compete, work out, rehabilitate, study, meet and relax in the finest collegiate athletics training facility in the country. The opening of the UH Athletics/Alumni Center in May 1995 ushered in a new era for the University of Houston athletics program.

Funds to build the \$29.1 million, 220,000-square foot facility were donated by alumni John and Rebecca Moores, who believed that Cougar student-athletes deserved a top-notch facility.

Thanks to the Moores', everything in the facility is top-notch from the impressive Hall of Fame at the entrance of the building, to the 120-yard AstroTurf indoor practice field, which covers an indoor track, four indoor tennis courts, a hardwood basketball/volleyball court and two Sport-Courts, to the locker rooms for 13 Cougar athletics teams, to the 16,500-square foot weight room, to the state-of-the-art athletic training room, to the Academic Center for Excellence (ACE) to the meeting rooms and athletics department offices.

Here's a brief overview of a few of the facilities outstanding features:

Academic Center for Excellence: ACE is the finest academic support facility in the country. In addition to classrooms, group study rooms and private study rooms, the area houses a 24-station computer lab, a career resource center and library, and offices for the UH Student-Athlete Services Support Staff.

Sports Medicine Center: The state-of-the-art area comes complete with 12 treatment and 12 taping tables, offices for the professional training staff and team physician, examination rooms, rehabilitation equipment and a hydrotherapy center which contains a sauna, whirlpools, a spa and a Swimex pool for rehabilitation.

Strength & Conditioning Center: One of the largest single weight room in college athletics contains free and machine weights designed to accommodate both the largest and smallest student-athletes. This area also houses stair machines, treadmills and exercise bikes.
Auditorium: A 200-seat multi-purpose room with video capability will be used as a team meeting room, academic meeting area and for special events.

Batting Cages: When the weather is bad, two 70-foot batting cages can be dropped from the ceiling for indoor hitting practice by the baseball and softball teams.

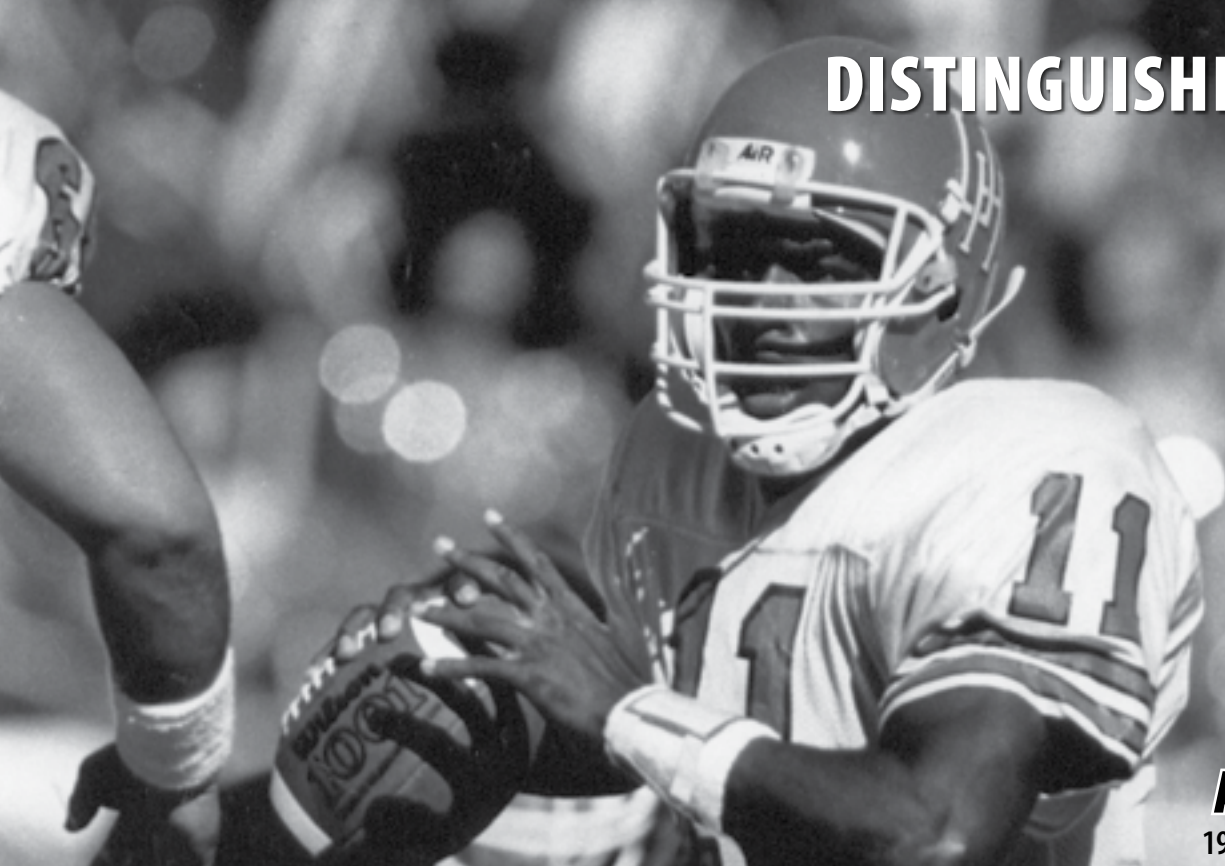
Volleyball and Basketball Courts: One permanent wood floor sits at one end of the indoor practice area for use as the primary practice court for the Cougar volleyball team. Two additional adjacent multipurpose surface areas can be used as a practice court for varsity volleyball and basketball practice if needed.

Indoor Track and Tennis Courts: The six-lane, NCAA competition track is made of Mondo, widely regarded as the fastest surface in the world. It features sprint lanes on both sides, jump runways on both sides and two high jump areas, one on each side. Also located beneath the turf, the four full-size tennis courts are available for both practice and competition.

Indoor Practice Field: The air-conditioned, 120-yard AstroTurf practice field retracts to reveal an indoor track, four indoor tennis courts, plus one hardwood and two multi-purpose surface practice courts.

Cougar Hall of Fame and Cougar Authentic: Memorabilia of Houston's athletics highlights, including its most famous former athletes and best teams, is attractively displayed near the entrance of the facility. The Hall of Fame features a Hall of Honor wall. Next door, visitors can purchase their favorite UH clothing and gift items.

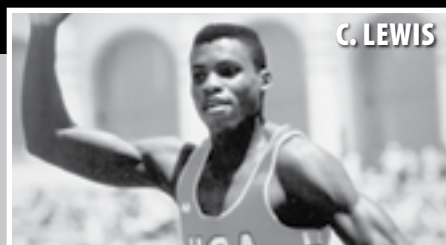
DISTINGUISHED ALUMNI



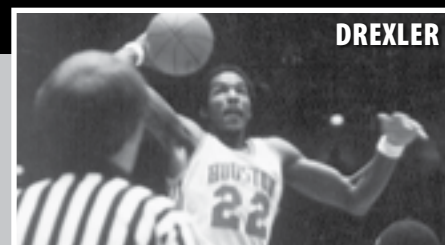
ANDRÉ WARE
1989 HEISMAN TROPHY WINNER



OLAJUWON



C. LEWIS



DREXLER



GATLIN



GONZALEZ



KATZ



A. LEWIS



MOORES



NANTZ



SPELLINGS



WORRELL



WUHL

- **VICTOR COSTA**
Designer
- **CLYDE DREXLER**
Former UH Head Coach & NBA Player
- **LARRY GATLIN**
Country Singer & Songwriter
- **THE HONORABLE RAUL GONZALEZ**
Former Texas Supreme Court Justice
- **KAREN KATZ**
President & CEO of Neiman Marcus Stores
- **LEE LABRADA**
Bodybuilder & Nutritionist
- **AYLWIN LEWIS**
President Sears Holdings
CEO Kmart & Sears Retail
- **CARL LEWIS**
Nine-Time Olympic Gold Medalist
- **CYNTHIA WOODS MITCHELL**
Philanthropist
- **JOHN J. MOORES**
San Diego Padres Owner & Philanthropist
- **JIM NANTZ**
CBS Sports Anchor
- **DR. SHIRLEY NEELEY**
Texas Commissioner of Education
- **HAKEEM OLAJUWON**
Former NBA Player
- **DENNIS & RANDY QUAID**
Actors
- **DOMINIQUE SACHSE**
TV News Anchor
- **THE HONORABLE MARGARET SPELLINGS**
U.S. Secretary of Education
- **JACK VALENTI**
Former President, Motion Picture Association of America
- **ANDRE WARE**
Sports Broadcaster & Heisman Trophy Winner
- **BILL WORRELL**
Sports Anchor
- **ROBERT WUHL**
Actor & Writer

PROSPECT ELIGIBILITY



The fundamental mission of the Office of Athletics Compliance at the University of Houston is to assist the Department of Intercollegiate Athletics in providing its student-athletes with opportunities to progress toward meaningful degrees and a rewarding future while developing their athletic skills in an environment characterized by high academic standards, and the uppermost levels of competition, sportsmanship, leadership and integrity. The University of Houston is committed to participating at the highest levels of intercollegiate competition while maintaining the highest degree of institutional control and adherence to all institutional, Conference USA and NCAA rules and regulation.

As a result, the Office of Athletics Compliance shall serve as a resource to all individuals associated with our athletics program by setting policies and procedures intended to reduce the possibility of inadvertent violations of rules, enhance the monitoring of our athletics program with an intended purpose of practicing institutional control and providing educational information regarding rules and regulations to our coaches, administrators, faculty, boosters, student-athletes and prospects and their parents.

THE INITIAL ELIGIBILITY CLEARINGHOUSE

What is the Initial Eligibility Clearinghouse?

If you intend to participate in Division I athletics as a freshman, you must register with and be certified by the NCAA Initial-Eligibility Clearinghouse. Your high school counselor should provide you with the student-release form and a red brochure titled, "Making Sure You Are Eligible to Participate in College Sports."

How do I register with the Clearinghouse?

The only method to register is online. Access the Clearinghouse website at <https://www.ncaaclearinghouse.net>. Select Prospective Student-Athletes and click on Domestic Student Release Form or Foreign Student Release Form. Complete the student release form online, and include your credit or debit card information to pay the fee (\$50 for domestic and \$75 for international). Then follow the instructions to complete the registration process.

What else does the Clearinghouse need to certify me?

After graduation and before school closes for the summer, your high school must send the Clearinghouse a copy of your final transcript that confirms graduation from high school. You also must have your ACT or SAT scores sent to the Clearinghouse.

How do I have my test scores sent to the Clearinghouse?

Test scores must be sent directly from the testing agency. You can accomplish this by marking code 9999 as one of the institutions to receive your scores, or submit a request for an "Additional Score Report" to the appropriate testing agency.

RECRUITING REGULATIONS

When do I become a prospective student-athlete?

When you start ninth-grade classes. Before the ninth grade, you become a prospective student-athlete if a college gives you (or your relatives or friends) any financial aid or other benefits that the college does not provide to all prospective students.

When is a college considered to be recruiting me?

If any coach or representative of the college's athletics interests approaches you (or any member of your family) about enrolling and participating in athletics at that college.

Who can recruit me?

Only university coaches and staff. Alumni and friends of the university are NOT permitted to contact prospective student-athletes in any way.

OFFICIAL VISITS

How many official visits am I allowed to take? Beginning when?

Each prospective student-athlete is limited to five official visits which may be taken following the opening day of classes of your senior year of high school. You may take only one visit to any one institution.

What must the school have from me before I take an official visit?

The recruiting institution must already have a high school or a college transcript and ACT or SAT test scores on file.

SUMMER JOBS

Can a university I have signed with help me get a summer job? Beginning when?

After you sign a National Letter of Intent, the school you signed with may arrange summer employment for you. That employment may begin AFTER you graduate from high school.

UNOFFICIAL VISITS

Can I pay my own way to visit a college campus? Starting when?

You may visit an institution's campus at your own expense an unlimited number of times before your senior year of high school and continuing in your senior year.

What can the school give me when I go on an unofficial visit?

A maximum of three complimentary admissions to a campus athletic event in which that school's team is competing, issued through a pass list only. Such complimentary admissions are for the exclusive use of the prospect and those persons accompanying him on the visit. They can be issued only on an individual game basis.

PHONE CALLS

Who can call me on the phone? When? How often?

Coaches are permitted to call you after July 1 after the completion of your junior year. After that date, a coach can call you or your parents or legal guardian once a week. Boosters are NOT permitted to call.

When are coaches or faculty members allowed unlimited calls to me?

At the following times: During the five days immediately before your official visit to that university; on the day of a coach's off-campus contact with you; during the time beginning with the initial National Letter of Intent (NLI) signing date in your sport through the two days after the signing date.

Are the phone call rules different for football?

In football, coaches may call you once during May of your junior year and not again until September 1 of your senior year of high school. After that

date, a coach can call you or your parents or legal guardian once a week outside of the contact period. Boosters are NOT permitted to call.

Coaches can make unlimited calls during the permissible off-campus contact periods and during the 48 hours prior to and 48 hours after 8 a.m. on the initial signing date for the NLI.

Can I call coaches collect or toll free? When?

Yes. You may call coaches or universities collect or use a toll-free (1-800) number on or after July 1 after you complete your junior year of high school.

CORRESPONDENCE AND RECRUITING MATERIALS

From whom can I receive letters? Beginning when?

Coaches, faculty members and athletics staff members (but NOT boosters) can send you letters, beginning June 15 at the conclusion of the prospect's sophomore year in high school. Sports other than men's basketball prospects may not receive materials until Sept. 1 at the beginning of the prospect's junior year.

What can a university send me?

A Division I university may provide you with the following materials: General correspondence, including letters, U.S. Postal Service postcards and institutional note cards, and materials printed on plain white paper with black ink; NCAA educational information; pre-enrollment information subsequent to signing a National Letter of Intent with the university; one athletic publication (media guide or recruiting guide) which may include only one color printing inside; official academic, admissions and student services publications or videotapes produced by the institution and available to all students; questionnaires.

Can they send me anything prior to my junior year?

Only questionnaires and summer camp brochures and NCAA Educational Material.

Can any other materials be mailed to me?

No. Game programs, which may not include posters, can be provided only during official or unofficial visits to the school's campus. The same restrictions apply to student-athlete handbooks.



SEUN ADIGUN
C-USA CHAMPION
NCAA QUALIFIER



2007 SEASON IN REVIEW



2007 CROSS COUNTRY RESULTS

2007 SEASON REVIEW

NAME	Baylor Twilight Invitational (4K) Aug. 31	Lori Fitzgerald Invitational Sept. 14	Texas A&M Invitational Sept. 22	TAMCC Islander Classic Sept. 28	Chili Pepper Festival Oct. 13	C-USA Championships Oct. 27	NCAA South Central Regional Nov. 19
Jessica Cook	38th, 15:29.8	14th, 20:45.4	47th, 19:53.0	28th, 19:10.0	117th, 23:27.9	37th, 19:52.7	57th, 22:53.1
Adriane Guinn	Did Not Compete	30th, 23:01.1	Did Not Compete	42nd, 19:47.0	165th, 24:33.6	54th, 20:52.7	72nd, 23:21.4
Oumama Hallal	26th, 15:07.3	22nd, 21:11.4	29th, 19:15.0	14th, 18:28.0	141th, 53:58.6	Did Not Compete	Did Not Compete
Erica Hannemann	41st, 15:41.9	29th, 22:38.1	64th, 20:40.0	50th, 20:13.0	182nd, 24:57.1	56th, 20:56.4	86th, 23:52.5
Kelcee Keenan	34th, 15:29.8	53rd, 20:03.0	53rd, 20:03.0	33rd, 19:19.0	150th, 24:10.9	72nd, 21:44.0	105th, 24:39.7
Lindsey Marshall	Did Not Compete	Did Not Compete	89th, 24:50.0	76th, 22:42.0	249th, 27:16.6	87th, 24:04.4	Did Not Compete
Jasmine Trier	57th, 16:30.1	31st, 23:24.3	78th, 21:51.0	78th, 20:30.0	205th, 25:33.8	83rd, 22:29.5	Did Not Compete
Women's Team Finish	6th, 151 pts.	4th, 99 pts.	9th, 214 pts.	4th, 140th	27th, 755 pts.	11th, 280 pts.	N/A
Ahmed Harb	24th, 19:20.6	10th, 25:14.9	23rd, 25:52.0	37th, 28:29.0	49th, 31:58.0	16th, 26:47.3	46th, 31:51.6
Mahmoud Harb	Did Not Compete	33rd, 28:24.1	80th, 29:11.0	59th, 29:58.0	No Official Time	55th, 31:36.2	Did Not Compete
Antony Keller	60th, 20:54.6	20th, 26:56.7	70th, 28:01.0	36th, 28:29.0	153rd, 34:45.5	42nd, 28:56.1	Did Not Compete
Stephen Magness	Did Not Finish	7th, 24:44.4	4th, 24:27.0	Did Not Compete	Did Not Finish	9th, 25:49.8	11th, 30:04.3
Daniel Martinez	19th, 19:12.4	9th, 25:04.2	18th, 25:32.0	Did Not Compete	66th, 32:18.0	32nd, 27:50.8	30th, 31:20.2
Adrian Slusher	65th, 21:20.9	34th, 28:25.1	74th, 28:39.0	53rd, 29:47.0	190th, 36:25.6	52nd, 30:35.5	Did Not Compete
Andrew Stover	Did Not Compete	25th, 27:20.4	Did Not Compete	32nd, 28:13.0	Did Not Compete	36th, 28:21.2	Did Not Compete
Nathan Trimble	54th, 20:37.7	29th, 27:48.8	53rd, 27:18.0	63rd, 30:19.0	139th, 34:09.8	49th, 30:03.3	Did Not Compete
Men's Team Finish	7th, 170 pts.	2nd, 69 pts.	4th, 137 pts.	8th, 186 pts.	23rd, 597 pts.	5th, 128 pts.	N/A



2007 Cross Country Team



SCHEDULE

Date	Meet	Finish
Jan. 12	Arkansas Invitational	No team scoring
Jan. 19	Leonard Hilton Memorial	Third, 84 pts.
Jan. 26-27	New Mexico Invitational	Second, 63 pts.
Feb. 2-3	Houston Invitational	No team scoring
Feb. 9	Tyson Invitational	No team scoring
Feb. 10	UH RunSport All Comers Meet	No team scoring
Feb. 16	LSU Twilight Invitational	No team scoring
Feb. 23-24	C-USA Championships	Third, 91 pts.
March 9-10	NCAA Championships	56th, Three pts.

60 Meters

Ebonie Floyd	7.27	Tyson Invitational
Seun Adigun	7.61	Leonard Hilton Memorial
Octavia Garrett	7.63	Leonard Hilton Memorial
Hylete Young	7.81	Leonard Hilton Memorial
Lee'Andrea Robinson	7.96	Leonard Hilton Memorial

200 Meters

Ebonie Floyd	23.11	Tyson Invitational
Quin'shundolyn McPherson	24.75	C-USA Championship
Seun Adigun	25.65	New Mexico Invitational
LaNeeka Allen	25.78	Houston Invitational
Hyleta Young	25.85	C-USA Championship
Jennifer Harper	28.07	UH All-Comers Meet

400 Meters

Octavia Garrett	56.11	C-USA Championship
LaNeeka Allen	56.92	New Mexico Invitational
Ciara Willis	58.40	Houston Invitational

800 Meters

Adriane Guinn	2:13.99	C-USA Championship
Jennifer Harper	2:18.69	C-USA Championship
Erica Hannemann	2:30.18	C-USA Championship
Kelcee Keenan	2:32.27	Leonard Hilton Memorial

Mile

Oumama Hallal	5:17.87	C-USA Championship
Jessica Cook	5:19.09	UH All-Comers Meet
Kelcee Keenan	5:19.32	C-USA Championship
Adriane Guinn	5:21.99	UH All-Comers Meet
Erica Hannemann	5:38.26	Houston Invitational

3,000 Meters

Oumama Hallal	10:39.37	Arkansas Invitational
Jessica Cook	10:41.87	Houston Invitational

5,000 Meters

Oumama Hallal	18:52.67	Leonard Hilton Memorial
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60M Hurdles

Seun Adigun	8.38P	Houston Invitational
Lee'Andrea Robinson	8.59	C-USA Championship
Rachel Easley	8.72	Leonard Hilton Memorial
Brittani Williams	10.23	New Mexico Invitational

Distance Medley Relay

Houston	12:22.48	Houston Invitational
Guinn, Allen	12:22.83	C-USA Championship
Harper, Cook		
Houston	12:31.41	Leonard Hilton Memorial
Cook, Harper	12:59.42	New Mexico Invitational
Guinn, Hallal		

4x400 Meter Relay

Willis, Floyd, Garrett, McPherson	3:44.55	New Mexico Invitational
Willis, Floyd	3:44.81	C-USA Championship
Allen, Garrett		

Pole Vault

Ashley Ligon	3.55m/11-07.75	C-USA Championship
Danielle Aanerud	3.40m/11-01.75	C-USA Championship
Kristina Escobar	3.25m/10-08.00	C-USA Championship

High Jump

Rachel Easley	1.65m/5-05.00	New Mexico Invitational
Brittani Williams	1.48m/4-10.25	UH All-Comers Meet

Long Jump

Hyleta Young	5.88m/19-03.50	Arkansas Invitational
Dayo Ogunnyi	5.88m/19-03.50	New Mexico Invitational
Rachel Easley	5.86m/19-02.75	Leonard Hilton Memorial
Quin'shundolyn McPherson	5.79m/19-00.00	C-USA Championship
Brittani Williams	5.49m/18-00.25	New Mexico Inviational

Triple Jump

Quin'shundolyn McPherson	12.18m/39-11.50	C-USA Championship
Kelli Williams	11.87m/38-11.50	Leonard Hilton Memorial

Shot Put

Rachel Easley	12.76m/41-10.50	Leonard Hilton Memorial
Amanda Villanueva	12.26m/40-02.75	C-USA Championship
Brittani Williams	11.46m/37-07.25	Leonard Hilton Memorial

Weight Throw

Amanda Villanueva	18.60m/61-00.25	C-USA Championship
Ashley Bryant	15.20m/49-10.50	C-USA Championship

Pentathlon

Rachel Easley	3,877 pts.	Houston Invitational
Brittani Williams	3,269 pts.	Houston Invitational



MEN'S INDOOR SEASON BESTS

2007 SEASON REVIEW

SCHEDULE		
Date	Meet	Finish
Jan. 12	Arkansas Invitational	No team scoring
Jan. 19	Leonard Hilton Memorial	First, 134 pts.
Jan. 26-27	New Mexico Invitational	Fourth, 66.50 pts.
Feb. 2-3	Houston Invitational	No team scoring
Feb. 9	Tyson Invitational	No team scoring
Feb. 10	UH RunSport All Comers Meet	No team scoring
Feb. 16	LSU Twilight Invitational	No team scoring
Feb. 23-24	C-USA Championships	First, 186 pts.
March 9-10	NCAA Championships	68th, .5 pts.

60 Meters

Carey LaCour	6.75	C-USA Championships
Vincent Marshall	6.77	C-USA Championships
Tremaine Smith	6.77	C-USA Championships
Pearson Crichlow	7.04	New Mexico Invitational
Jarrett Flax	7.10	UH All-Comers Meet
Steven Jones	7.19	Leonard Hilton Memorial
Morgan Floyd	7.22	New Mexico Invitational
LaMarcus Hunter	7.29	Arkansas Invitational
Grant Hightower	7.38	Houston Invitational

200 Meters

Carey LaCour	21.08	Tyson Invitational
Tremaine Smith	21.41	Arkansas Invitational
Kolee Latson	21.84	C-USA Championships
Pearson Crichlow	21.94	New Mexico Invitational
Dominique Milton	22.95	New Mexico Invitational
Steven Jones	23.01	Arkansas Invitational
Justin Davis	23.06	Houston Invitational

400 Meters

Kolee Latson	47.93	Tyson Invitational
Jason Perez	49.24	New Mexico Invitational
Justin Davis	49.33	C-USA Championships
Chris White	50.09	Houston Invitational
Dominique Milton	50.99	Tyson Invitational

800 Meters

Chris White	1:54.31	Tyson Invitational
Steve Magness	1:54.44	C-USA Championships
Calum Neff	1:57.31	New Mexico Invitational
Daniel Martinez	2:00.30	Houston Invitational

Mile

Calum Neff	4:10.97	C-USA Championships
Daniel Martinez	4:17.48	C-USA Championships
Ahmed Harb	4:22.73	Arkansas Invitational
Micheal Malain	4:30.21	Leonard Hilton Memorial
Paul Goodwin	4:32.02	UH All-Comers Meet
Nathan Trimble	4:34.62	Houston Invitational
Adrian Slusher	4:53.08	Houston Invitational
Justin Perez	5:01.12	Leonard Hilton Memorial

3,000 Meters

Calum Neff	8:29.01	Houston Invitational
Ahmed Harb	8:36.29	Houston Invitational
Michael Malain	8:53.75	Houston Invitational
Nathan Trimble	9:16.10	UH All-Comers Meet
Adrian Slusher	9:53.58	UH All-Comers Meet

5,000 Meters

Nathan Trimble	16:32.81	Leonard Hilton Memorial
Adrian Slusher	17:03.24	Leonard Hilton Memorial

60M Hurdles

LaMarcus Hunter	8.08	Leonard Hilton Memorial
Steven Jones	8.22	UH All-Comers Meet
Chaston Johnson	8.45	UH All-Comers Meet

Wesley Bray	8.54	New Mexico Invitational
Neal McCarty	8.58	New Mexico Invitational
Jarrett Flax	8.96	UH All-Comers Meet
Nick Garza	9.02	UH All-Comers Meet

4x400M Relay

Houston	3:13.65	Tyson Invitational
Perez, White	3:14.32	New Mexico Invitational
Smith, Latson		
Davis, Smith	3:15.72	C-USA Championships
Crichlow, Latson		
Houston	3:16.41	Leonard Hilton Memorial

Distance Medley Relay

Houston	10:04.60	Houston Invitational
Houston	10:09.53	Arkansas Invitational
Harb, Milton	10:27.05	New Mexico Invitational
Neff, Martinez		

High Jump

Ivan Diggs	2.18m/7-01.75P	UH All-Comers Meet
Tristian Whitley	2.07m/6-09.50	Houston Invitational
Jarrett Flax	1.98m/6-06.00	Leonard Hilton Memorial
Nick Garza	1.96m/6-05.00	New Mexico Invitational

Pole Vault

Alex Bentley	4.97m/16-03.50	New Mexico Invitational
Courtney Beasley	4.75m/15-07.00	C-USA Championship
Nick Garza	4.47m/15-07.75	New Mexico Invitational
Morgan Floyd	4.15m/13-07.25	C-USA Championship
Wesley Bray	4.15m/13-07.25	C-USA Championship

Long Jump

Vincent Marshall	7.42m/24-04.25	C-USA Championship
Grant Hightower	7.29m/23-11.00	New Mexico Invitational
Thomas Orr	6.99m/22-11.25	Arkansas Invitational
Morgan Floyd	6.66m/21-10.25	Leonard Hilton Memorial
Wesley Bray	6.71m/22-00.25	New Mexico Invitational
Nick Garza	6.16m/20-02.50	Leonard Hilton Memorial
Neal McCarty	5.46m/17-11.00	UH All-Comers Meet

Triple Jump

Jeremy Kelley	14.48m/47-06.25	C-USA Championship
Vincent Marshall	14.41m/47-03.50	C-USA Championship
Thomas Orr	13.99m/45-10.75	C-USA Championship
Chaston Johnson	13.36m/43-10.00	C-USA Championship

Shot Put

James Lee	16.65m/54-07.50	C-USA Championship
Lucas Mireles	16.40m/53-09.75	UH All-Comers Meet
Brandon Hubbard	14.26m/46-09.50	C-USA Championship
Jarrett Flax	13.41m/43-01.50	Leonard Hilton Memorial
Morgan Floyd	12.91m/40-11.00	Leonard Hilton Memorial
Wesley Bray	12.30m/40-04.25	Leonard Hilton Memorial
Chaston Johnson	12.04m/39-06.00	Leonard Hilton Memorial
Nick Garza	11.71m/38-05.00	Leonard Hilton Memorial
Neal McCarty	11.10m/36-05.00	UH All-Comers Meet

Weight Throw

Brandon Hubbard	15.08m/49-05.75	C-USA Championship
James Lee	15.00m/49-02.50	C-USA Championship
Andy Tackett	12.40m/40-08.25	Houston Invitational
Lucas Mireles	12.03m/39-05.75	C-USA Championship

Heptathlon

Jarrett Flax	5,104 pts.	C-USA Championship
Nick Garza	5,012 pts.	C-USA Championship
Wesley Bray	5,000 pts.	C-USA Championship
Morgan Floyd	4,855 pts.	Houston Invitational
Neal McCarty	3,954 pts.	Houston Invitational



SCHEDULE

Date	Meet	Finish
March 16-17	Tom Tellez Invitational	No Team Scoring
March 23-24	TSU Relays	No Team Scoring
March 24	Texas Invitational	No Team Scoring
March 30-31	LSU Tiger Classic	No Team Scoring
April 4-7	Texas Relays	No Team Scoring
April 13-14	John Jacobs Invitational	No Team Scoring
April 21	LSU Alumni Gold Invitational	No Team Scoring
April 27-28	California Collegiate Challenge	No Team Scoring
May 10-12	C-USA Championships	Third, 105 points
May 25-26	NCAA Midwest Regional	Ninth, 23 points
June 6-10	NCAA Championships	16th, 14 points
June 23-25	USATF Outdoor Championships	No Team Scoring

100 Meters

Ebonie Floyd	11.15	NCAA Midwest Regional
Dayo Oggunniyi	12.00	C-USA Championships
Seun Adigun	12.08	C-USA Championships
Hyleta Young	12.46	Tom Tellez Invitational
Lee'ndrea Robinson	12.99	LSU Alumni Gold

200 Meters

Ebonie Floyd	22.32	NCAA Midwest Regional
Quin'shundolyn McPherson	23.77	Cal Collegiate Challenge
Hyleta Young	25.08	Cal Collegiate Challenge
Ciara Willis	25.72	LSU Alumni Gold
Lee'ndrea Robinson	26.39	Tom Tellez Invitational

400 Meters

Ebonie Floyd	51.36	Cal Collegiate Challenge
LaNeeka Allen	55.92	C-USA Championships
Ciara Willis	56.53	C-USA Championships

800 Meters

Adriane Guinn	2:10.46	C-USA Championships
Jennifer Harper	2:11.34	C-USA Championships
Erica Hannemann	2:21.75	C-USA Championships
Oumama Hallal	2:23.66	Tiger Classic
Kelcee Keenan	2:28.61	Tiger Classic

1,500 Meters

Adriane Guinn	4:37.13	LSU Alumni Gold
Oumama Hallal	4:40.69	LSU Alumni Gold
Jennifer Harper	4:44.57	Tiger Classic
Kelcee Keenan	4:46.04	John Jacobs Invitational
Jessica Cook	4:50.64	Texas Relays
Erica Hannemann	4:57.37	Tiger Classic

3,000 Meters

Oumama Hallal	10:26.58	TSU Relays
Jessica Cook	10:53.26	TSU Relays
Kelcee Keenan	11:21.97	TSU Relays
Erica Hannemann	11:22.62	TSU Relays
Eva Madrid	11:46.19	TSU Relays

3,000M Steeplechase

Jessica Cook	11:35.00	John Jacobs Invitational
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5,000 Meters

Oumama Hallal	17:48.28	John Jacobs Invitational
Jessica Cook	18:33.34	Tiger Classic
Eva Madrid	20:22.93	LSU Alumni Gold

100M Hurdles

Seun Adigun	13.60	C-USA Championships
Lee'ndrea Robinson	13.72	Cal Collegiate Challenge
Rachel Easley	14.61	C-USA Championships
Brittani Williams	15.89	Cal Collegiate Challenge

4x100m Relay

Young, McPherson	44.24	C-USA Championships
Adigun, Floyd		
Houston	45.05	Cal Collegiate Challenge
Adigun, McPherson	45.33	LSU Alumni Gold
Ogunniyi, Floyd		
Ogunniyi, Willis,	47.08	Tiger Classic
Robinson, Williams, B		
Houston	47.12	Texas Relays

4x400m Relay

Houston	3:39.28	Texas Relays
Allen, McPherson	3:40.58	C-USA Championships
Willis, Floyd		
Garrett, Floyd	3:42.00	Tiger Classic
McPherson, Allen		
Willis, Harper	3:56.70	John Jacobs Invitational
Guinn, Allen		
Houston	3:52.11	Cal Collegiate Challenge

1,600 Sprint Medley

Garrett, Willis	4:02.02	TSU Relays
McPherson, Harper		

Distance Medley Relay

Keenan, Allen	12:55.15	TSU Relays
Cook, Hallal		
Houston	12:21.46	Texas Relays

High Jump

Rachel Easley	1.70m/5-07.00	C-USA Championships
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Pole Vault

Danielle Aanerud	3.50m/11-05.75	Tom Tellez Invitational
Ashley Ligon	3.50m/11-05.75	Texas Invitational
Kristina Escobar	3.20m/10-06.00	Texas Invitational

Long Jump

Adedayo Oggunniyi	6.10m/20-00.25	C-USA Championships
Hyleta Young	6.03m/19-09.50	USATF Championships
Rachel Easley	6.01m/19-08.75	C-USA Championships
Quin'shundolyn McPherson	6.00m/19-08.25	Cal Collegiate Challenge
Brittani Williams	5.33m/17-06.00	Texas Invitational

Triple Jump

Quin'shundolyn McPherson	12.74m/41-09.75Q	LSU Alumni Gold
Kelli Williams	11.78m/38-07.75	Texas Invitational
Hyleta Young	11.49m/37-08.50	C-USA Championships

Shot Put

Brittani Williams	12.31m/40-04.75	Texas Invitational
Amanda Villanueva	11.67m/38-03.50	Tom Tellez Invitational
Ashley Bryant	11.35m/37-03.00	Tom Tellez Invitational

Discus

Ashley Bryant	49.54m/162-06	Tiger Classic
Amanda Villanueva	44.43m/145-09	Tom Tellez Invitational

Javelin

Brittani Williams	43.24m/141-10	C-USA Championships
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Hammer

Amanda Villanueva	48.23m/158-03	Tom Tellez Invitational
Ashley Bryant	42.76m/140-03	Tom Tellez Invitational

Heptathlon

Brittani Williams	4,919 pts.	C-USA Championships
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MEN'S OUTDOOR SEASON BESTS

2007 SEASON REVIEW

SCHEDULE

Date	Meet	Finish
March 16-17	Tom Tellez Invitational	No Team Scoring
March 23-24	TSU Relays	No Team Scoring
March 24	Texas Invitational	No Team Scoring
March 30-31	LSU Tiger Classic	No Team Scoring
April 4-7	Texas Relays	No Team Scoring
April 13-14	John Jacobs Invitational	No Team Scoring
April 21	LSU Alumni Gold Invitational	No Team Scoring
April 27-28	California Collegiate Challenge	No Team Scoring
May 10-12	C-USA Championships	Third, 134 points
May 25-26	NCAA Midwest Regional	23rd, Five points
June 6-10	NCAA Championships	72nd, One point
June 23-25	USATF Outdoor Championships	No Team Scoring

Pole Vault

Alex Bentley	5.06m/16-07-25	C-USA Championships
Courtney Beasley	4.75m/15-07-00	Texas Invite
Nick Garza	4.50m/14-09-00	Tiger Classic
Wesley Bray	4.30m/14-01-25	Texas Invite
Morgan Floyd	4.16m/13-07-75	C-USA Championships

Long Jump

Grant Hightower	7.07m/23-02-50	John Jacobs
Vincent Marshall	6.88m/22-07-00	Texas Relays
Wesley Bray	6.79m/22-03-50	Tom Tellez Invite
Thomas Orr	6.67m/21-10-75	Texas Invitational

Triple Jump

Jeremy Kelley	14.44m/47-04-50	John Jacobs
Thomas Orr	12.47m/40-11-00	C-USA Championships

Shot Put

Lucas Mireles	16.77m/55-04-75	C-USA Championships
James Lee	16.51m/54-02-00	Tom Tellez Invite
Brandon Hubbard	14.15m/46-05-25	C-USA Championships
Jarrett Flax	13.31m/43-08-00	Texas Invite
Wesley Bray	11.92m/39-01-25	Texas Invitel
Nick Garza	11.66m/38-03-25	Texas Invite
Morgan Floyd	11.35m/37-03-00	Cal Challenge
Neal McCarty	10.52m/34-06-25	Texas Invite

Discus

James Lee	57.55m/188-10	Texas Invite
Jarrett Flax	46.65m/153-01	Texas Invite
Brandon Hubbard	46.39m/152-02	Cal Challenge
Andy Tackett	45.16m/148-02	C-USA Championships
Morgan Floyd	38.63m/126-09	Cal Challenge
Nick Garza	37.10m/121-09	Texas Invite
Wesley Bray	33.13m/108-08	John Jacobs Invite
Neal McCarty	28.53m/93-07	Texas Invite

Javelin

Andy Tackett	60.38m/198-01	C-USA Championships
Jarrett Flax	57.29m/187-11	C-USA Championships
Morgan Floyd	55.41m/181-09	John Jacobs
Brandon Hubbard	51.41m/168-08	Tom Tellez Invite
Wesley Bray	51.20m/168-00	Tom Tellez Invite
Nick Garza	42.21m/138-06	LSU Alumni Gold

Hammer

Brandon Hubbard	48.28m/158-05	Cal Challenge
Lucas Mireles	40.93m/134-03	John Jacobs Invite
Andy Tackett	40.36m/132-05	C-USA Championships
James Lee	24.88m/81-07	C-USA Championships

Decathlon

Wesley Bray	7,158 pts.	USATF Championships
Jarrett Flax	6,784 pts.	C-USA Championships
Morgan Floyd	6,710 pts.	C-USA Championships
Nick Garza	6,207 pts.	Texas Relays

100 Meters

Tremaine Smith	10.41	Texas Relays
Pearson Crichlow	11.10	John Jacobs Invitational
Steven Jones	11.30	TSU Relays
Jeremy Kelley	11.31	Cal Challenge

200 Meters

Tremaine Smith	20.81	Cal Challenge
Pearson Crichlow	21.56	John Jacobs
Kolee Latson	21.67	Tom Tellez Invite
Dominique Milton	22.10	LSU Alumni Gold
Steven Jones	22.27	Tom Tellez Invite

400 Meters

Kolee Latson	47.04	LSU Alumni Gold
Justin Davis	47.55	C-USA
Chris White	49.45	LSU Alumni Gold
Pearson Crichlow	49.86	Tom Tellez Invite
Dominique Milton	50.05	C-USA Championships

800 Meters

Chris White	1:51.99	C-USA Championships
Ahmed Harb	1:57.21	LSU Alumni Gold
Daniel Martinez	1:57.43	LSU Alumni Gold

1,500 Meters

Steve Magness	3:47.26	Mt. SAC Relays
Ahmed Harb	3:52.75	C-USA Championships
Daniel Martinez	3:56.94	C-USA Championships
Paul Goodwin	4:12.01	LSU Alumni Gold
Chris White	4:14.37	Tom Tellez Invite

3,000 Meters

Daniel Martinez	8:43.57	TSU Relays
Ahmed Harb	8:46.57	TSU Relays
Nathan Trimble	9:35.07	TSU Relays

3,000M Steeplechase

Paul Goodwin	9:33.75	C-USA Championships
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5,000 Meters

Steve Magness	14:21.49	Tiger Classic
Michael Malain	14:51.89	Cal Challenge
Ahmed Harb	15:17.18	Tiger Classic
Daniel Martinez	15:37.76	C-USA Championships
Paul Goodwin	15:44.26	Tiger Classic
Nathan Trimble	16:19.59	Tiger Classic

10,000 Meters

Michael Malain	31:21.48	C-USA Championships
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110M Hurdles

Steven Jones	14.77	Texas Relays
LaMarcus Hunter	15.01	TSU Relays
Daryl Cloud	15.13	TSU Relays
Wesley Bray	15.36	LSU Alumni Gold
Neal McCarty	15.55	Tiger Classic
Chaston Johnson	15.55	Tiger Classic
Nick Garza	16.75	LSU Alumni Gold

400M Hurdles

Jason Perez	50.92	USATF Championships
Daryl Cloud	55.96	C-USA Championships
Neal McCarty	57.34	C-USA Championships

4x100M Relay

Houston	41.06	Cal Challenge
Houston	41.41	Tom Tellez Invite
Houston	41.54	Texas Relays
Houston	41.66	C-USA Championships

4x200M Relay

Crichlow, Latson Milton, Smith	1:25.40	TSU Relays
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4x400M Relay

Latson, Davis	3:09.79	LSU Alumni Gold
Crichlow, White		
White, Davis	3:10.96	John Jacobs Invite
Milton, Latson		
LaCour, Davis	3:11.96	Tiger Classic
Smith, Latson		
Davis, Milton	3:11.85	NCAA Midwest Regional
Crichlow, White		
Houston	3:12.09	Texas Relays
Houston	3:12.25	Cal Challenge

Sprint Medley Relay

Smith, Milton	3:26.03	TSU Relays
Davis, White		

High Jump

Ivan Diggs	2.20m/7-02.50	NCAAs
Tristian Whitley	2.15m/7-00.50	Texas Invitational
Nick Garza	1.90m/6-02.75	Texas Invitational



Rank	Rankings	PLACE	TEAM	SCORE
1		1
2		2
3		3
4		4
5		5
6		6
7		7
8		8
9		9
10		10

LEROY BURRELL
HEAD COACH



COACHING STAFF



HEAD COACH LEROY BURRELL



LEROY BURRELL

HEAD COACH
10TH SEASON
HOUSTON, 1991

Leroy Burrell enters his tenth season as head coach at the University of Houston. A former world record holder in the 100 meters and a former student-athlete, Burrell is one of the nation's premier coaches. In the decade that Burrell has been at the helm, Houston has added 38 NCAA All-Americans and a combined 18 Conference USA Team Championships to the record books. He was named the 2007 Indoor Men's Coach of the Year after leading the men to their eighth indoor team title. Burrell's teams have never finished lower than third in the team standings at the C-USA Championships.

In 2007, Burrell coached Ebonie Floyd to two NCAA Championships top three finishes and an unprecedented four Conference USA records. She currently holds outdoor school records in the 200 and 400 meters and indoor records in the 60 and 200 meters. She set an NCAA Midwest Regional Record in the 200 meters with a finish of 22.32, winning both the 200-meter and 100-meter races at the meet. Floyd was named an All-American at both the indoor and outdoor NCAA Championships.

Burrell also led Carey LaCour to a Indoor Championship in the 60 meters and as a NCAA Indoor Championship qualifier. Tremaine Smith was an C-USA Champion in the 200 meters and as a member of the 4x400 meter relay team.

Burrell tutored eight All-Americans in Floyd, Cheryl Garner, Keisha Howard, LaDedra Guy, Kolee Latson, Preston Perry, Smith and Vincent Marshall in 2006. The women's team swept the team titles at the Indoor and Outdoor C-USA Championships with the men's team finishing second at both meets.

Since taking over the program in 1998-99, Burrell has been named the Conference USA Coach of the Year a combined 16 times after guiding his men's team to 10 C-USA indoor and outdoor championships and the women's team to nine titles. The women's team also finished among the



top ten teams at the NCAA Championships three times during that span. This season, he has both of his teams poised to continue to produce on the national stage.

In his first two seasons as head coach, Burrell was named the C-USA Men's Indoor and Outdoor Coach of the Year after leading the Cougars to the 1999 and 2000 Conference USA

COACHING AWARDS

- C-USA Indoor Coach of the Decade (1996-2005)
- C-USA Outdoor Coach of the Decade (1996-2005)
- 13-Time C-USA Coach of the Year
- 2005 NCAA Regional Indoor Coach of the Year
- 2004 NCAA Regional Indoor Coach of the Year
- 2003 NCAA Regional Outdoor Coach of the Year

Indoor and Outdoor crowns.

In his first season, he coached the C-USA Indoor and Outdoor Athletes of the Year, Anthony Authorlee and Dennis Darling. Authorlee was named the 1999 C-USA Outdoor Athlete of the Year after winning the 100-meter and 200-meter dashes. His victory marked the first time that the Cougars had a conference 100-meter champion since 1993.

Darling was named the 1999 C-USA Indoor Athlete of the Year after winning the 200 meters and 400 meters. He also ran the anchor leg on Houston's victorious 4x400 meter relay.

That season, the women's team finished in third place at both the C-USA Indoor and Outdoor Meets.

Houston enjoyed success on the national frontier that season, when the women's team ended the 1999 campaign with a 20th place finish at the NCAA Outdoor Meet.

In 2000, Burrell guided Houston to the C-USA Men's Indoor and Outdoor Championships for a second straight year. He coached the C-USA Freshman of the Year, Robert Foster, who won the 200-meter dash at the C-USA Indoor and Outdoor Championships.

Burrell was named the C-USA Women's Outdoor Coach of the Year in 2000 after leading the women's team to their first conference championship under his direction. Houston won the C-USA women's outdoor title after finishing as the runner-up team at the C-USA Indoor meet.

Later that year, the women's team finished in eighth place at the NCAA Outdoor Championships. Jenny Adams won the NCAA long jump title and finished as the runner-up in the 100 meters. Ifoma Jones had a fourth-place finish in the heptathlon and finished seventh in the high jump. Rhian Clarke also had a seventh-place finish in the pole vault.

In 2001, the women's team finished in seventh place at the NCAA Indoor Championships, as Adams became Houston's first two-time NCAA champion since 1989 when she won the long jump. She also finished in third place in the 60-meter hurdles to close out her collegiate career. Clarke finished in fourth place in the pole vault.

The seventh place finish was Houston's best placing since the 1993 indoor championships and the eighth-place finish at the 2000 outdoor meet equaled Houston's best NCAA outdoor showing in the school's history.

Later that year, Foster became the first UH sprinter to qualify for the 100 meters at the NCAA Outdoor Championships since Sam Jefferson was the 1993 NCAA 100 meters champion after winning the 100 and 200 meter titles at the C-USA Outdoor Track and Field Championships.

In 2002, Burrell was honored as the Conference USA Women's Indoor and Outdoor Track and Field Coach of the Year after leading Houston to both C-USA championships. Rhian Clarke and Krystal Ward earned All-America honors in the heptathlon and pole vault at the NCAA Outdoor Championships.

In 2004, Burrell was again named the NCAA Regional Coach of the Year and Conference USA Men's Indoor Coach of the Year for a second time, when he guided Houston to its second straight C-USA men's indoor championship. He was named the C-USA Women's Outdoor Coach of the Year after leading the Cougars to a first-place finish. He also coached C-USA Freshman of the Year, LaDedra Guy.

In 2005, Burrell was named the C-USA men's and women's C-USA coach of the Year after Houston won its third straight C-USA men's indoor and the women's team won their third indoor championship in the last four years. He also was named the C-USA men's outdoor Coach of the Year after leading the Cougars to the C-USA outdoor championship. He also led the women's team to their second straight C-USA outdoor title.

A year later, Burrell was recognized as the NCAA Regional Coach of the Year and the 2003 Conference USA men's and women's Indoor Coach of the Year after guiding both the men's and women's teams to C-USA Indoor championships. He also produced All-America sprinters Robert Foster and Stanford Rountt, along with one of the nation's top 4x100 meter relay teams.

In 2006, Burrell led the Cougar women's team to a third consecutive C-USA Outdoor title and was named the Coach of the Year for the second time in three years and the fourth time of his career. Floyd won the 100 and 200 meters and ran the anchor leg of both of Houston's relay teams. Floyd was named the Female Performer of the Meet.



Later in the season, Floyd, Preston Perry and the men's 4x100 meter relay team advanced to the NCAA Championships. Floyd would also go on to finish fourth in the 200 meters at the USA National Outdoor Track and Field Championships.

Burrell first gained track and field's national spotlight when he earned All-America honors as a senior at Penn Wood High School in Lansdowne, Pa. in 1985. He was named the Eastern Track Athlete of the Year after single-handedly winning the 1985 Class 3A state championship. Burrell scored all of Penn Wood's 40 points when he won the 100, 200, long jump and triple jump at the state meet.

In 1985-86, he broke Houston's freshman long jump record that was held by Carl Lewis, when he leaped 26'9" at a dual meet against UCLA in 1986. Later that season, he faced one of the most challenging moments of his track career.

After jumping 26' 7.25" in the preliminaries of the 1986 Southwest Conference Outdoor Championships, Burrell jumped almost 27 feet before landing awkwardly on his third jump. He tore his anterior cruciate ligament in his left knee. He finished second at the meet, but many people feared the injury could be career ending.

In 1988, he returned to the SWC Championships, where he finished second in the 100 meters and in third-place in the long jump. At the NCAA Championships, Burrell earned All-America honors with a fifth-place finish in the 100 meters and a seventh-place showing in the long jump.

The next year, he won the NCAA Indoor Long Jump Championship with a leap of 26' 5.50". At the NCAA Outdoor meet, he set the NCAA outdoor meet record with a personal best jump of 27' 5.50". But, Ohio State's Joe Greene recorded a wind-aided mark of 27' 7.25" to win the event, and left Burrell with a record-setting second-place finish.

Two weeks later, Burrell rebounded at the USA Outdoor Championships at Houston's Robertson Stadium. He won the 100 meters in 9.94 seconds, which was the fastest time ever recorded by a collegian. He also teamed with Carl Lewis, Danny Everett and current UH assistant coach Floyd Heard to set a world record in the 4x200 meter relay with a time of 1:19.38.

As a senior in 1990, Burrell won the NCAA Indoor Long Jump title for the second straight year with a leap of 27 feet. At the SWC Outdoor Championships, Burrell ran one of the best sprint doubles ever recorded. He ran the fastest 200 meters ever run under any conditions with a wind-aided time of 19.61 and ran a wind-aided 9.94 time in the 100 meters to easily win both races.

He also won the 100 meters at the NCAA Outdoor Championships in Durham, N.C., when he posted a wind-aided time of 9.94 seconds. He set the NCAA meet record in the semifinals in 10.03 seconds. His outstanding season resulted in Burrell receiving the "Jumbo Elliott Award" as the nation's top collegiate track and field athlete.

After completing his collegiate eligibility, Burrell beat Carl Lewis for the first time on July 23, 1990, when he won the 100 meters in 10.05 seconds at the Goodwill Games in Seattle. He was ranked as the world's top sprinter in 1990 and 1991 after winning 19 of his 22 races in the 100 meters.

Burrell set his first individual 100 meter world record on June 14, 1991, at the USA Championships in New York City. With a time of 9.90 seconds in the 100 meters, he edged Lewis, who finished second with a time of 9.92. Later that year at the World Championships in Tokyo, Burrell bettered his time to 9.88; however, he was forced to settle for the Silver Medal as Lewis won the race in a record time of 9.86.

Burrell and Lewis joined forces in the 1992 Olympic Games at Barcelona, Spain, when they combined with Mike Marsh and Dennis Mitchell to win the gold medal and set a new world record with a time of 37.40 seconds. Burrell also had a fifth-place finish in the 100 meters at the Olympic Games.

In 1993, Burrell ran the anchor leg for the USA's 4x100-meter relay team at the World Championships. The team won another Gold Medal and tied the world record.

In 1994, Burrell was a member of the Santa Monica track team that set the world record in the 4x200 meter relay in 1:18.68. On July 6, 1994, Burrell reclaimed the title as the "World's Fastest Human" when he reset his world record time in the 100 meters with a time of 9.85 seconds.

In 1996, he earned a spot on the USA Olympic Team, but was forced to withdraw because of an Achilles tendon injury.

Two years later, he announced his retirement as the American record holder in the 100 meters and was selected to succeed his collegiate coach and USTCA Hall of Fame coach Tom Tellez.

A 1991 UH graduate with a degree in radio and television communications, Burrell was inducted into UH's Hall of Honor in 2000.

He is married to the former Michelle Finn, an Olympic sprinter, and they have two sons: Cameron and Joshua. His younger sister, Dawn, was a long jumper at UH, the 1999 USA long jump champion and an Olympic qualifier in 2000.



The Burrell Family: Leroy, Michelle, Cameron and Joshua



KYLE TELLEZ

ASSOCIATE HEAD COACH
17TH SEASON
HOUSTON, 1990

In his 17th year at the University of Houston, Kyle Tellez begins his tenth season as the associate head track and field coach. Tellez coaches Houston's student-athletes in the high jumps, pole vault and multi events. He was named associate head coach in 1998 after spending seven seasons as an assistant coach for the Cougars.

Last season, Tellez coached Ivan Diggs to All-American status at the NCAA Indoor and Outdoor Championships in the high jump. Diggs also finished second at the Conference USA Indoor and Outdoor Championships. Tellez also tutored Alex Bentley, the C-USA Indoor and Outdoor Pole Vault Champion and the 2007 Outdoor Freshman of the Year. Diggs and Bentley were both 2007 Regional Qualifiers.

In 2006, Tellez tutored Trisitan Whitley, Tom Rustenburg, Krystal Ward and Danielle Aanerud to impressive finishes at the conference championships. Whitley finished third in the high jump at the C-USA Outdoor Championships. Ward and Aanerud both finished second in the high jump and pole vault, respectively. Tom Rustenburg was the top finisher in the pole vault at the conference championships.

During the indoor season, Tellez had a top five finisher in both the men's and women's high jump and pole vault at the C-USA Indoor championships.

Since he began coaching Houston's jumpers, pole vaulters and multi-athletes, Tellez has produced two-time NCAA long jump champion Jenny Adams and All-Americans Krystal Ward, Rhian Clarke, Nick Decker, Ifoma Jones, John Davis, Nathan Labus and Edwina Ammonds.

Adams concluded her collegiate career as the 2001 NCAA indoor champion and was the 2000 NCAA outdoor long jump champion.

Ward began her collegiate career with a sixth-place finish at the NCAA Championships and won the pentathlon and heptathlon at the Conference USA Championships in each of the last two seasons. It was the third time that she had won the C-USA heptathlon championship in her collegiate career.

Clarke had a fifth-place finish in the pole vault at the 2002 NCAA Outdoor Championships after finishing in fourth place at the 2001 NCAA Indoor meet, and seventh at the 2000 NCAA Outdoor Championships.

Decker had a sixth-place finish in the high jump at the 2000 NCAA Indoor Championships.

Tellez also coached Jones, who was a four-time All-American after finishing in fourth place in the heptathlon and in seventh place in the high jump at the 2000 NCAA Outdoor Championships. She finished fifth in the heptathlon in 1999.

Davis finished in fourth place at the 1999 NCAA Indoor shot put competition after recording a third-place finish in the event at the 1998 NCAA Indoor meet. He also finished in fourth place in the discus at the 1999 NCAA Indoor Championships and earned All-American honors in the discus at the 1998 NCAA Outdoor Championships.

Labus finished third in the pole vault at the 1996 NCAA Indoor Championships, and Ammonds was seventh in the heptathlon at the 1994 NCAA Outdoor Championships.

Tellez has tutored several Conference USA men's champions, and Davis earned 1997 Conference USA Outdoor Athlete of the Year honors after winning the C-USA shot put, discus and javelin titles under his direction.

Tellez also has coached a trio of C-USA women's champion throwers and the league's first pole vault champion, Denise Darre.

In 2000, Ron Veillon won his third straight C-USA indoor heptathlon championship and was the 2003 C-USA decathlon champion.

He also has coached C-USA men's pole vault champions Tom Rusteberg in 2005, Daniel Patton, Mike Brookins and Bill Collins, along with women's pole vault champions Clarke and Denise Darre.

Before Houston began competing in Conference

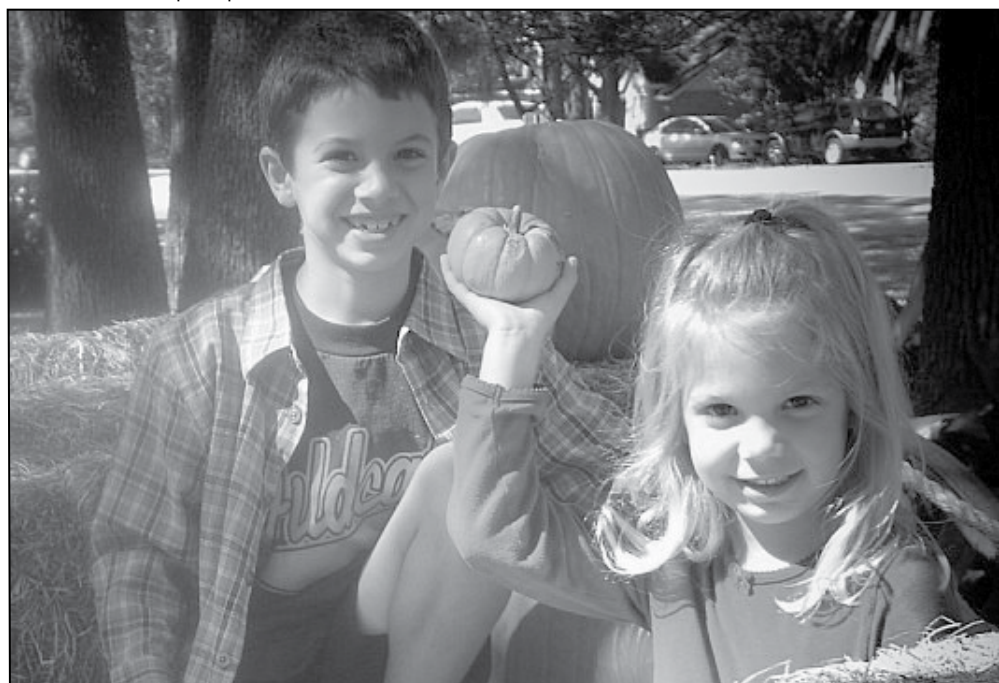


USA in 1997, Tellez also tutored four Southwest Conference champions.

Tellez's first conference champion was Ken Bigger, who won two Southwest Conference high jump titles in 1993 and 1994. Ammonds won the SWC heptathlon crown in 1994, and Michael Hoffer was the 1996 SWC decathlon champion.

As a collegiate distance runner, Tellez ran for Houston's cross country and track teams in 1984-85. He earned a bachelor's degree in education at Houston.

Born on June 5, 1966, in Fullerton, Calif., Tellez and his wife Stephanie, have a son, Timothy, and a daughter, Annie. He is the son of Houston's former head coach and Hall of Fame coach Tom Tellez.



The Tellez Family: Timothy and Annie



WILL BLACKBURN

ASSISTANT COACH
SEVENTH SEASON
HOUSTON, 2001

In his seventh season on the University of Houston's coaching staff, Will Blackburn begins his fifth year as an assistant coach.

Blackburn will coach Houston's horizontal jumpers and throwers for the third season after coaching the long and triple jumps in 2005. He also assists with the multi-event athletes.

He coached the throwing events in the four previous years. In addition to his coaching duties, Blackburn coordinates Houston's recruiting efforts.

Last season, Blackburn coached Brandon Hubbard, James Lee, Ashley Bryant, Quin'shundolyn McPherson and Dayo Ogunniyi. Hubbard set a school record in the hammer during the outdoor season. Lee earned a C-USA Championship in the discus and a NCAA Regional Qualifier. He also finished in the top five in the UH record books in the discus.

In her first year as a Cougar, Bryant was an NCAA Qualifier and finished in the all-time Houston top five in the discus and hammer. McPherson and Ogunniyi were NCAA Regional Qualifiers and McPherson was named the 2007 C-USA Indoor Freshman of the Year.

Blackburn also tutored UH record holder Amanda Villanueva in 2007. Villanueva set a UH record in the weight throw at the 2007 Conference USA Indoor Championships.

In 2006, Blackburn coached Caresir Hamilton to a Conference USA Indoor and Outdoor Championship in the triple jump. Hamilton also set a school record in the triple jump with a leap of 43-4.50. Jonathan Reeves earned the Conference USA Outdoor Championship in the shot put with a throw of 61.6 and was also a conference champion in the discus with a throw of 186.3. Reeves also qualified for the NCAA Championship in the shot put.

In 2005, he coached C-USA men's and women's indoor and outdoor long jump champions, Brandon Bray and Jasmine Jackson. Jackson finished in 10th place at the NCAA Championships after leaping 21-7, and Caresir Hamilton was a NCAA qualifier after recording a triple jump mark of 41-6. Blackburn also coached Tristian Whitley to the fifth best finish in school history in the high jump, matching his mark set in 2004.

The two preceding seasons, Blackburn coached the C-USA runner-up in the men's shot put and a NCAA qualifier in the men's discus. He also has tutored three of the school's top five women's



throwers in the weight throw and hammer, including Shayla Bowman, the school record holder in each event. In addition, Blackburn coached Tinisha Wesley, one of the top five throwers in the women's shot put and Allie Booker, one of the top two women's discus throwers.

During the 2004 season, Blackburn coached then-freshman Vincent Marshall to the Indoor Conference USA championship in the triple jump and runner-up at the Outdoor Championships. Marshall qualified for the NCAA Championship in the same year with a leap of 52-2.75 at the Midwest Regional Championships.

Blackburn began his coaching career after competing in the discus for the UH track and field team. He won the discus at the 2000 Texas Southern Relays and was the runner-up at the Conference USA Championships that season.

He was Houston's top athlete in the weight throw as a freshman and threw the hammer during the outdoor campaign that year. When he returned for his sophomore season, he injured his back while lifting weights during preseason workouts. He missed the 1998 indoor season and competed in one event during the outdoor campaign before undergoing back surgery for a ruptured disk.

Besides his coaching duties at the University of Houston, Blackburn is also the coach for

the Houston Gold Masters Club. Masters athletes are between the ages of 50 and 76 years old. Blackburn has tutored Jean Vander Cruyssen and Joe Summerlin, among others. Cruyssen set a 2003 American record in the javelin for her age group and Summerlin had the fastest American 100 meter time in 2007.

Born in El Paso, Texas, Blackburn earned his bachelor's degree in education from UH. He was a member of the Dean's List, Conference USA Commissioner's Honor Roll and he received an endowed athletics scholarship.

Before coming to Houston, Blackburn was a two-sport star in football and track and field at Dayton High School in Dayton, Texas. He was named the MVP for both teams and earned the school's Most Valuable Athlete Award.

Blackburn married the former Geri Blanksen of Crosby, Texas on October 23, 2004. She is an elementary school teacher at Foster Elementary School in Kingwood, Texas.



The Blackburn Family: Will and Geri



RYAN TURNER

HEAD CROSS COUNTRY COACH
 ASSISTANT COACH
 FIRST SEASON
 SOUTHWESTERN COLLEGE, 2001

Ryan Turner begins his first season as assistant coach and head cross country coach at Houston.

In his first season with the Cougars, Turner coached both the men's and women's teams to regional rankings. The men reached as high as No. 11 during the year and finished out the season at No. 15, while the women came back from falling out of the rankings after a preseason No. 12 to reach a No. 14 and 15 during 2007.

Turner coached the men to a second-place finish at the Lori Fitzgerald Invitational. The men fell only to then nationally ranked No. 3 UTEP at the invitational with the team's top-three runners placing in the top 10 finishers.

Under Turner, senior Stephen Magness made a run for an NCAA Championship bid in the NCAA South Central Regional on November 10 in Fayetteville, Ark. Magness raced across the finish line at No. 11, less than one-hundredth of a second behind TCU's top runner, to miss out on an at-large bid. The men's team finished 5th in the Conference USA Championships while the women took an 11th place finish.

Turner comes to UH after spending three years at the assistant cross country and track and field coach at Cowley County Community College (Kan.). There he led the men's team to the 2006 Kansas Jayhawk Community College Conference championship of the Eastern Division and a fifth-place finish at the National Junior College Athletic Association national meet. He would guide the women's team to a fourth-place finish at the NJCAA National Cross Country meet in 2006.

During his three years at Cowley County CC, Turner coached 12 individuals that earned 18 All-America honors. He also coached one All-America relay team, one national champion, eight individual regional championships and three regional championship relay teams, as well as 12 individual and three relay teams that captured conference accolades. He also produced 39 national meet qualifiers.

Prior to coaching at Cowley County CC, Turner spent two-and-a-half years at Southwestern College, his alma mater, in Winfield, Kan. There he served as the assistant cross country and track and field coach and he was also a Residence Hall Director.

As an athlete, Turner was a four-time national meet qualifier and KCAC Conference runner-up



The Turner Family: Cassie, Lauryn Marie, Ryan

in the 1,500 meter run while at Southwestern College.

Turner holds a bachelors degree in physical education, a master's degree in education and is USATF Level II certified in the endurance and sprints/relays/hurdles events. Turner is a certified USATF Level I instructor and was the school director for the USATF Level I school at Cowley County CC in June of 2006 and Hutchinson Community College (Kan.) in June of 2007.

He and his wife Cassie, a third-grade teacher, have a two-year-old daughter, Lauryn Marie.





FLOYD HEARD

ASSISTANT COACH
FOURTH SEASON
TEXAS A&M

In his seventh season at the University of Houston, former Olympian and NCAA champion Floyd Heard is in his fourth season as an assistant coach at the University of Houston. He assists head coach Leroy Burrell with coaching Houston's sprinters, hurdlers and relays.

Last season, his assistance helped Ebonie Floyd to the NCAA Outdoor Championships. She also set multiple school and conference records and was named the C-USA Female Track and Field Athlete of the Year.

In 2006, he helped coach a very successful group of sprinters. Floyd set school records in the 200 and 400 meters and was an outdoor conference champion in the 100 and 200 meters. Heard also helped coach Carey LaCour to a conference championship in the 200 and 400 meters.

In 2005, he helped coach LaCour, an All-America selection and C-USA Men's Outdoor Athlete of the Year, along with Houston's All-America 4x100 meter relay team. In 2004, he assisted Burrell in coaching two-time All-America sprinter Stanford Routt, who also was named the 2004 C-USA Men's Indoor Athlete of the Year.

In his first season as assistant coach, Heard tutored 2003 NCAA qualifier Robert Foster. He was named an assistant coach after serving two seasons as a volunteer assistant.

Born in West Point, Miss., Heard attended Marshall High School in Milwaukee, Wis., and scored a double win in the 100 and 200 meters at the Golden West meet in 1985.

He entered Texas A&M that fall, and won the 200 meters at the NCAA Championships as a freshman with a time of 20.34 in 1986. Later that year, he won the 200-meter dash at the USA Championship over Olympians Carl Lewis, Kirk Baptiste and Thomas Jefferson and placed second at the U.S. Olympic Festival in Houston.

This Goodwill Games' winner ended the year ranked number-one in the World in the 200-meters. In 1987, Heard won the 200 meters at the NCAA Outdoor Championships and Pan American Games. He also was the runner-up at the World University Games, placed fourth at the USA Outdoor Championships and sixth at the World Outdoor Championships.

He left Texas A&M in 1988 after finishing in eighth place at the U.S. Olympic Trials. The following year, he joined the Santa Monica Track Club under the tutelage of former UH head coach Tom Tellez and won the U.S. title with a season's fastest time, 20.08 seconds, and then took second place in the World Cup. In 1989, he finished the year ranked number three in the World.

During the next decade, Heard finished among the top eight 200-meter sprinters from 1990-98. He placed fourth at the USA Championships in 1990, third in 1991 and fifth in 1993.

In 1999, Heard took a year's sabbatical before re-emerging as one of the world's top sprinters in 2000.

That year, he made his first U.S. Olympic Team after a second-place finish in the 200 meters at the Olympic Trials with a personal best time of 19.88 seconds. He also posted a time of 10.18 seconds in the 100 meters. Later that year, Heard placed sixth in the 200 meter semifinals in Sidney with a time of 20.63.

He has a daughter, Dori.



JENNY ADAMS

VOLUNTEER COACH
SEVENTH SEASON
HOUSTON, 2000

Jenny Adams, a former member of the Cougar track team, currently serves as a volunteer assistant coach for the track and field team. Adams was a 11-time NCAA All-American in the long jump, 100-meter hurdles and the 60-meter hurdles. Adams was also an NCAA Champion in the long jump. She was named the Conference USA Freshman of the Year during her first season as a

Cougar and would go on to be named the team's athlete of the year in 1998, 2000 and 2001.

Her many other honors in a Cougar uniform include being named the Women's Indoor Track MVP in 1998, 2000, and 2001 and the Outdoor MVP in 1998, 1999, and 2000. Adams missed most of her junior season due to an injury but still held the team's fastest time in the 60-meter hurdles and in the 200 meters.

She was the USA Indoor and Outdoor long jump champion in 2001 and the runner-up in the 110-meter hurdles. Adams finished fifth in the 100-meter hurdles at the World Championships and came in fifth in the 100-meter hurdles in a bid to make the 2004 USA Olympic Team.



EBONIE FLOYD

VOLUNTEER COACH
FIRST SEASON
HOUSTON, 2007

A 2007 NCAA runner-up in the 100 meters and a third-place finisher in the 200 meters, Ebonie Floyd joins the University of Houston track and field team for her first season as a volunteer assistant coach. As a volunteer assistant coach this season, Floyd will assist the sprinters.

Floyd is a four time NCAA All-American and holds five Houston school records. She was a two-time Conference USA Female Athlete of the Year and currently holds three C-USA meet records. During her senior season, Floyd won the 200 meters at the NCAA Midwest Regional setting a meet record with her winning time of 22.32. For her performance at the meet, where she also won the 100 meters, she was named the USTFCCA South Central Regional Female Track Athlete of the Year.

During her tenure at UH, Floyd also won an unprecedented 12 combined conference championships. In her freshman season at UH, Floyd was named the C-USA Freshman of the Year and was named a member of the C-USA Academic Honor Roll.

Floyd graduated from the University of Houston in 2007. She is married to Ronald Broadnax and the couple has a son, Cayden Jeremiah.



ALEC HENRY

VOLUNTEER COACH
FIRST SEASON
TEXAS SOUTHERN,

Alec Henry begins his first season as a volunteer assistant coach for the University of Houston track and field team. His ties to the University of Houston dates back to 2002, when he was coached by legendary UH Track and Field coach Tom Tellez as a member of the Santa Monica Track Club.

Henry was the 2000 Southwest Athletic Conference 100-meter champion while competing for Texas Southern University. He also represented his native country, Guyana, internationally as a junior and senior athlete.

Prior to joining the UH staff, Henry spent two years as a private coach to a group of international athletes including Olympians and World Champions. Henry has a bachelor of science in kinesiology and human performance. He lives in Houston with his wife Melene and their son, Elijah.



STRENGTH & CONDITIONING/ACADEMIC SUPPORT



CHAD DENNIS

STRENGTH & CONDITIONING
SECOND SEASON
TEXAS, 1993

Chad Dennis begins his second season at the University of Houston as an assistant strength and conditioning coach. Dennis arrived in Houston after spending the 2005 season at the University of Connecticut as an assistant strength and conditioning coordinator.

Prior to UConn, Dennis spent three years in a similar capacity at Texas A&M. Dennis worked with the Aggies' football and men's and women's basketball teams while also overseeing the three-time national champion A&M equestrian team. While at A&M, Dennis worked closely with Larry Jackson; the Cougars new head strength and conditioning coach.

Before arriving in College Station, Dennis worked at Westfield High School in Spring, Texas where he served as an assistant football coach and directed the team's strength and conditioning program. Dennis spent the two years prior to that appointment working as a physical therapy technician at several occupational health care facilities.

A native of Baytown, Texas, Dennis graduated from the University of Texas in 1993, with a Bachelor's in kinesiology. He earned a Master's in kinesiology from Texas A&M in 2005. Dennis is certified by both the National Strength and Conditioning Association (NSCA) and College Strength and Conditioning Coaches Association (CSCCA). While an undergraduate at UT, Dennis was a member of the football team. He played tight end for his first two seasons but, hampered by injuries, spent his final two seasons in Austin working as a student assistant strength and conditioning coach.

Dennis and his wife, Melynda, have a nine-year old son, Coleman.



DALE JONES

STRENGTH & CONDITIONING
SEVENTH SEASON
WASHBURN, 1994

Dale Jones begins his seventh season with the Cougar track and field team and his seventh season overall in the UH Athletics Department. He is responsible for the speed, strength, flexibility, nutrition and conditioning of all Cougar athletes.

In addition to his strength and conditioning duties, Jones also serves as an adjunct lecturer for the Health and Human Performance Department. Jones joined the UH Athletics Department in 2001 after teaching weightlifting instruction in the Kinesiology Department at UH for a year. In 2003, he received his master's in exercise science from UH. He also served as the head trainer and director of operations at The Exchange Athletic Club in Dallas. Prior to that he served as an assistant strength and conditioning coach at North Texas and was a volunteer strength and conditioning coach at SMU.

He earned his bachelor's in exercise physiology with magna cum laude honors from Washburn in 1994 and was named the 1994 Physical Education Major of the Year and the NASPE Physical Education Major of the Year.

As a student at Washburn, Jones worked closely with the men's basketball, women's basketball, baseball and softball teams and helped develop strength programs for student and university staff.

Jones is a certified strength and conditioning specialist by the National Strength and Conditioning Association and is a Certified Sports Performance Coach by USA Weightlifting.

He lives in Pearland with his wife, Nicole.



HELEN M. GORE-LAIRD PH.D.

ACADEMIC SUPPORT
WOMEN'S ACADEMIC ADVISOR

Helen M. Gore-Laird, Ph.D. is an academic counselor with the Department of Athletics at the University of Houston. She served as a Visiting Assistant Professor for the Human Development and Family Studies Program for seven years before joining the Academic Center for Excellence.

Prior to coming to UH, she coordinated services for Augusta Place Transitional Living Program, a program for single, homeless mothers at DePelchin Children's Center. She received her bachelor's of science in Human Development and Family Studies and her master's of education in educational psychology at the University of Houston at University Park. She received her doctorate in Educational Psychology from the University of Houston in Educational Psychology, Individual Differences. Gore-Laird specializes in adolescent and affective development. She has worked with the Protective Service Training Institute of Texas, providing training for those who work in child and adult protective services.

She has authored several articles, presented at several conferences both nationally and internationally and she has co-authored the books Think! Divergent Concepts on Theory and Practice in Educational Psychology and Carl Jung and other Mythologies: Freud and the Freudians. Her current book is Weaving Family Tapestries: The Construction of Families.

Gore-Laird has served as a sponsor of a church youth group, a Girl Scout leader, a service team chairperson for Girl Scouts, the vice-president of the First Colony soccer club and on various committees for schools, churches, and other civic organizations. She has served on the Board of Directors for Braes Interfaith Ministries and Oaks Lutheran Social Services in Oaks, Oklahoma. She also helped found the First Colony Soccer team.



LORI M. SELZER M.ED

ACADEMIC SUPPORT
MEN'S ACADEMIC ADVISOR

Lori M. Selzer, M.Ed. is in her eighth year with the University of Houston where she oversees the academics of four Cougar athletics teams, including men's track and field. Lori's primary responsibilities include advising her teams with course selection, academic progress, and choosing a major.

She first became involved with UH Athletics as an athletic tutor, while an undergraduate student at the University of Houston. Prior to becoming an academic advisor, Selzer worked as the Coordinator of Student Services at the University of Houston System at Sugar Land. She has also served as a teaching assistant at the University of Houston and she currently teaches a course for the College of Technology at the University, HDCS 1300: Human Ecosystems and Technological Change.

Before working full time at UH, Selzer was a part-time counselor with the Houston Community College System. There, she assisted with student course selection, carried out procedures for semester registration, and filed academic degree plans for students. She also held several positions at DePelchin Children's Center, working with homeless families, pregnant teens, and young high school mothers.

Selzer earned her bachelor of science in Human Development and Family Studies at the University of Houston and her master of education in Counseling and Guidance at the University of Houston at Victoria. She was a student member of the Texas Counseling Association, a board member of the Houston Area Family Pathfinders Advisory Council and a board member of the Houston Area Association for the Education of Young Children.

Selzer has been invited as a guest lecturer to introductory level human development and psychology classes at UH-Downtown. She has served as a liaison between college administrators, faculty and students as a member of the student advisory panel at the University of Houston System at Sugar Land. Selzer is also the co-author of Weaving Family Tapestries, a college level textbook. She wrote "The Basic Tenets of Polyamory", an article in the book.



TIFFANI HOOT

ADMINISTRATIVE ASSISTANT
FIRST SEASON
COLLEGE, YEAR

Tiffani Hoot begins her first season as a graduate administrative assistant with the Cougar Track and Field team. She will be assisting in track operations during the 2007-08 season.

Hoot is no stranger to Track and Field. She competed in the throws for Texas Lutheran University. While there she was a two time NCAA Div III national qualifier. During her final year at Texas Lutheran she was named TLU Scholar Athlete of the year and she was field athlete of the year her sophomore year.

Hoot graduated from TLU in 2006 with a degree in history and international studies. She is currently working on her master's degree in cross cultural studies at the University of Houston-Clear Lake. Hoot is single and lives in Houston.



DR. RJ KELLY

CHIROPRACTOR
FIRST SEASON
TEXAS CHIROPRACTIC COLLEGE, 1981

Dr. R.J. Kelly begins his first season as the team chiropractor for the Houston track and field team. He comes to Houston after 26 years in practice.

Kelly began his career, as an associate in an existing practice, and through a growing practice was able to open in own office in 1986. His passion for his work has allowed him to speak and educate both the lay public and professionals. Dr. Kelly regularly spoke on two local television programs, and is often invited to lecture to various groups in Houston. The demand for his knowledge and enthusiasm has allowed him to present from California to Florida, from Boston Massachusetts to Montgomery Alabama and from Miami to Dallas. Internationally he has spoken to groups of doctors as far away as Canada and Russia.

After 26 years in practice, Dr. Kelly has had the opportunity of caring for thousands of people including many celebrities. Many of the Houston Ballet have looked to Dr. R.J. to prevent or recover from injuries. When the San Francisco Giants are in town he is called to the stadium to take care of them. Kelly's clients also include actors, singers and other professional entertainers.

Dr. R.J. Kelly received his undergraduate degree through the University of Texas, San Jacinto Jr. College and Houston Community College. He later received his doctorate degree at Texas Chiropractic College in May of 1981. There he graduated with academic honors and had a very successful student practice at the college clinic.



KRIS GIESE

Ticket Operations



SCOTT JONES

Track and Field Manager



TRINEY KADURA

Administrative
Assistant



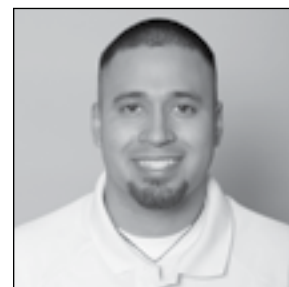
JEREMY MCDONALD

Facilities and
Operations



T.J. MEAGHER

Assistant A.D.
Compliance &
Special Projects



MIKE PEREZ

Marketing



HIDE OKUWA

Sports Medicine

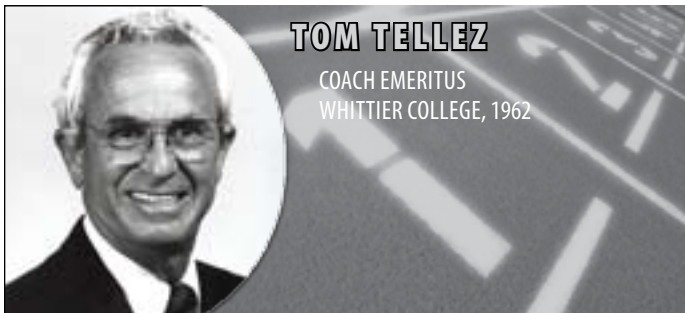


ALAN VILLAVASSO

Facilities and
Operations



COACH EMERITUS TOM TELLEZ



TOM TELLEZ

COACH EMERITUS
WHITTIER COLLEGE, 1962

After serving 22 seasons as the head coach at the University of Houston, Tom Tellez serves as a volunteer coach for the UH program.

A member of the U.S. Track Coaches Association Hall of Fame, Tellez produced some of the greatest track and field performers in the history of the sport.

His former Cougars included: four-time NCAA champion and nine-time Olympic Gold Medalist Carl Lewis, former NCAA champion and Olympic 200 meter Gold Medalist Joe DeLoach, two-time NCAA champion and Olympic Silver medalist Kirk Baptiste and three-time NCAA champion, Olympic Bronze Medalist Frank Rutherford and Olympic Gold Medal winner along with three-time NCAA champion, former world 100 meter record holder and current UH head coach Leroy Burrell.

He also coached three-time NCAA heptathlon champion Jolanda Jones, three-time NCAA long jump champion and USA Olympic team member Carol Lewis, USA Olympic sprinter Jackie Washington and NCAA 200 meter champion Michele Collins.

In addition, he tutored NCAA 100 meter champions Sam Jefferson and Stanley Floyd; NCAA discus champion Rick Meyer, NCAA 60 yard champion Greg Edmonds, NCAA indoor shot put champion Mark Baughman, NCAA 400 yard champion Anthony Ketchum, NCAA high jump champion Brian Stanton, NCAA 55-meter hurdles champion Darius Pemberton and NCAA heptathlon and pentathlon champion Patsy Walker.

Besides his UH proteges, Tellez tutored Olympic Gold Medal winners Mike Marsh, Michele Finn-Burrell and 2000 Olympic 200 meter sprinter and current UH assistant coach Floyd Heard.

Tellez also had successful teams at Houston. In 1997 and 1998, he was named the Conference USA men's indoor and outdoor track Coach of the Year after leading the Cougars to four titles in their first two years in the league. He also led the Cougars to the 1977 and 1978 Southwest Conference indoor championships.

At the NCAA Indoor Championships, Tellez led the UH men's team to nine Top 10 finishes. He also guided UH to six Top 15 finishes at the NCAA Outdoor Championships.

In addition to his success as UH's men's coach, Tellez was named the 1998 Conference USA Women's Indoor and Outdoor Coach of the Year after leading the Lady Cougars to both titles.

He began the Lady Cougars' program and led them the 1983, 1984 and 1987 SWC Indoor titles and the 1984 and 1990 SWC Outdoor Championships under his direction.

At the NCAA Championships, Tellez guided the Lady Cougars to three Top 10 Indoor finishes and eight Top 20 finishes at the NCAA Outdoor meet.

Tellez began his coaching career as a graduate assistant coach at his alma mater, Whittier College, in California. After a two-year stint in the U.S. Army, he was named the head coach at Buena Park High School in California.

In 1961, he became the head coach at Fullerton Junior College before becoming an assistant coach at UCLA in 1968.

While at UCLA, he coached the likes of Dwight Stones, Mike Tully, Willie Banks and James Butts.

In 1976, he was offered the chance to become the strength and conditioning coach for the Dallas Cowboys under Tom Landry. Instead, he opted to come to Houston and replace retiring track coach Johnny Morriss.

In addition to his achievements at Houston, Tellez enjoyed tremendous success on the international circuit as well. Between 1984 and 1996, six of the seven United States sprinters who won Olympic Gold Medals were coached by Tellez and seven of the USA's overall 13 medals were claimed by his athletes.

He was named the head coach for the 1991 U.S. National Team that competed in the World Championships at Tokyo, Japan and was the head coach for the 1987 USA Team that competed at the Pan American Games.

Tellez also served as an assistant coach for the 1980 and 1984 USA Olympic teams. He coached the throwing events in 1980 and the jumping events in 1984.

COACHING AWARDS

- 1998 USATF Hall of Fame Inductee
- 1990 NCAA Coach of the Year
- 1991 Head Coach, USA World Championship Team
- 1987 Head Coach, USA Pan Am Team
- 1984 Assistant Coach, USA Olympic Team
- 1984 Runner's World Coach of the Year
- 1980 Assistant Coach, USA Olympic Team
- 1976 NCAA District IV Coach of the Year
- Five-Time C-USA Coach of the Year

A former standout collegiate athlete in his own right, Tellez was a halfback and defensive back at Whittier College. He also was a sprinter for the school's track and field team while earning a B.S. degree in physical education in 1955. He earned a master's degree at Chapman College in 1962.

Tellez has three children: Kip, Tina and Kyle, Houston's current associate head coach.





DAVE MAGGARD

Director of Athletics
Sixth Year
California-Berkely '62

He's carried an Olympic flag and now, as one of the most respected leaders in intercollegiate athletics, Dave Maggard is in his sixth year as director of athletics for the University of Houston Athletics program.

Under his direction during the past five years, the Cougars have improved their academic achievements, won 20 Conference USA championships, and competed on a national level. In addition, donations to the Cougar Pride fund-raising organization have nearly tripled and more than \$5 million has been spent to improve the UH weight room and the football, basketball, baseball, softball and track and field facilities.

Houston's football team won the 2006 C-USA championship and played in a bowl game for the third time in the last four seasons. The women's softball team won 40 games for the second straight year, captured both the conference regular season tournament titles in 2007, and played in its second NCAA Regional since 2004. The men's track and field team garnered its fourth indoor track championship in five years last season, and captured the 2004 C-USA cross-country title.

In addition, the men's basketball team enjoyed its best conference finish, produced three straight winning seasons and played in its second straight postseason in 2006. The women's basketball team featured a two-time All-Conference player and won the 2004 C-USA regular season and tournament championships.

The baseball team won the 2002 C-USA title, advanced to the NCAA Super Regional Championships twice and produced the 2006 National Player of the Year. The golf team played in the NCAA Regional Championships twice, and the women's swimming and diving squad placed among the Top 25 teams at the last four NCAA Championships, and set a school record by winning 18 dual meets in 2006-07. The women's track and field team won both the indoor and outdoor C-USA team titles in 2005 and 2006, and featured All-American sprinter Ebonie Floyd in 2007.

Maggard came to Houston in January 2002, after serving as a consultant for the Sacramento (Calif.) Sports Commission and UC-Davis Medical Center for one and a half years.

He also brought a wealth of intercollegiate athletics experience and insight as well as a history of integrity to Houston. He was the director of athletics at the University of Miami from 1991-93, where the Hurricanes won a national football championship in his first year, and was the nation's No. Two-ranked team in his second. The baseball team also finished third in the College World Series, and the women's basketball team advanced to the 1992 NCAA Sweet 16 and won two Big East Conference Championships. Two other teams, men's golf and women's tennis, captured Big East Championships in their first seasons as league members.

Off the field, Maggard led the Hurricanes to unprecedented success when he established the school's first endowed scholarship fund, and created an additional \$6 million surplus in its athletics programs. In addition, 22 Hurricane student-athletes were named to the Big East All-Academic team and three received District Academic All-America honors. Miami's football team received honorable mention academic honors by the College Football Association in 1991.

Maggard arrived at Miami after serving 19 years as athletics director at his alma mater, the University of California-Berkeley, which under his direction enjoyed success on several fronts. He created a vigorous

Bear Backer fund-raising organization that established endowed scholarships in 13 sports and enabled facilities to be upgraded and maintained. He also established a comprehensive academic support and a faculty mentoring programs.

The Golden Bears won 22 national championships in six different sports: water polo, rugby, swimming, tennis, crew and gymnastics. California's baseball team also finished third nationally during his tenure. Maggard also was instrumental in the resurgence of Cal's football and basketball programs that yielded the school's best record and first NCAA Tournament appearance in 30 years.

He has served on the NCAA Academic Eligibility/Compliance Cabinet and the chair of the Committee on Agents and Amateurism while at Houston, and served on more than 20 NCAA governing bodies while he was at Miami and California.

Following his success at California and Miami, Maggard was named as Managing Director of Sports for the Atlanta Committee for the Olympic games in 1993, and managed a staff of over 900 paid and volunteer members throughout the 1996 Olympic games. Some of his other duties included overseeing site selection, the acquisition and building of all venues, and purchasing equipment for all competitions and training. In addition, Maggard organized 30 pre-Olympic Test events, and was the primary interface between the International Olympic Committee and Sports Federations.

Following the 1996 Olympic games, Maggard was the Vice President of Sports Administration for Turner Sports/Time Warner, Inc. and was the Executive Vice President for the Atlanta Thrashers hockey team until 2000.

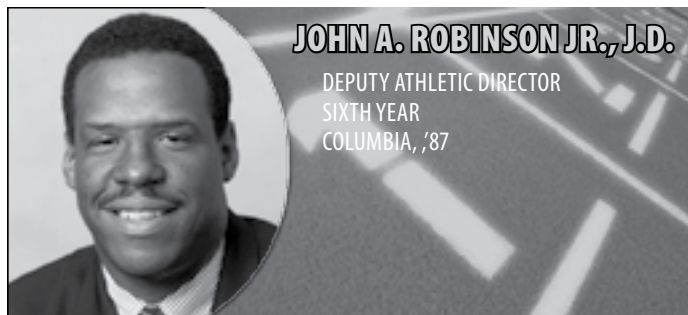
A former Olympian himself, Maggard earned one letter in football and three letters in track and field at California-Berkeley. There, he set a school record in the shot put that stood for more than 19 years, and was the recipient of both the Brutus Hamilton Award for outstanding leadership in track and field and the Jake Gimbel Award as California's senior athlete exhibiting the best attitude toward athletics. An endowed scholarship in football carries his name.

He earned his bachelor's degree in physical education and social science in 1962, and was a teacher and coach at several Bay Area high schools while a member of the U.S. National Track Team and in training for the shot put for the 1968 Olympic Trials. There, he recorded the fifth-longest shot put mark in history to earn a spot on the USA Team. At the Olympic Games, he finished in fifth place despite being ill while he competed.

Later that year, he returned to his alma mater, and served as an assistant track and field coach before assuming the head coaching duties a year later. In 1972, he was named the school's director of athletics at age 32, making him the youngest AD in the nation.

Born January 12, 1940, Maggard and his wife, Carolyn, have three adult children: David, Darin and Dana, and two grandchildren: Erika and Evan.

Maggard was inducted into California's Hall of Fame in 1996, and received both the U.S. Sports Academy's Carl Maddox Sports Management Award and the International Olympic Committee's Olympic Order that year. He received the General Robert Reese Nyeland Athletic Director Lifetime Achievement Award in 1997.



JOHN A. ROBINSON JR., J.D.

DEPUTY ATHLETIC DIRECTOR
SIXTH YEAR
COLUMBIA, '87

John A. Robinson, Jr. is in his sixth year at the University of Houston. In his capacity as Deputy Athletic Director, he is responsible for coordinating all day-to-day administrative functions of the Athletics Department while assisting the Director of Athletics in supervising and providing leadership for all departmental initiatives including strategic planning, finances, academics, compliance, personnel, fund-raising, facilities enhancement planning, sport supervision, scheduling for football and men's basketball and game day management.

Robinson also oversees the following support areas: business office, corporate relations, equipment room, facilities maintenance, game day operations and special events, the Cougar Authentic Gift Shop, grounds and field maintenance, information technology, licensing, marketing and promotions, strength and conditioning, sports medicine, team travel, ticket office, and video operations. Furthermore, Robinson recently assisted with negotiating new airline, apparel, concessionaire and television commercial agreements. He also represents the Department on campus-wide committees.

Before coming to the UH, Robinson was an Associate Athletics Director at Villanova University. During his seven-and-a-half year tenure, he was responsible for providing leadership and supervision in the areas of sport administration, marketing and promotions, strength and conditioning, sports medicine, compliance, and operations of the university fitness centers. In addition, he served as the Admission Liaison for men's basketball and football, and fulfilled the role of University Athletics Financial Aid Liaison.

While at Villanova, Robinson was involved in fund-raising for football, men's and women's cross country/track & field, golf, men's lacrosse, and men's soccer. He also was appointed the Athletics Department's coordinator for the NCAA Re-Certification process, and served as a member of the Steering Committee and the Fiscal Integrity Subcommittee during the recertification process.

Robinson was one of the primary authors of Villanova's new gender equity plan, and served as the University's Coordinator for the Equity in Athletics Disclosure Act (EADA). Robinson was active on the conference level where he was on both the Big East Conference Rowing and Legislative Committees.

In 2000, Robinson was one of seven college athletics administrators selected from a national pool to be an NCAA Fellow, an 18 month professional development program designed by the NCAA to assist individuals in preparation for senior level administrative positions at the institutional and conference levels.

During his career, he also served on such committees as the University Board of Academic Integrity, the University Equity Committee, the University Inclusiveness and Diversity Committee, and the Task Force for University Re-Certification.

Robinson was a student-athlete at SMU in Dallas, where he was a member of the varsity football team, which was Southwest Conference co-champions, and played in the Sun Bowl and the Aloha Bowl. Robinson was named to the All-SWC Academic Honor Team.

Subsequently, he transferred to Columbia University in New York City, where he played football and graduated with a Bachelor of Arts degree in economics.

He obtained his doctorate (J.D.) from Tulane University Law School in New Orleans, and then practiced law in Texas where he is a member of the State Bar of Texas. Robinson also received a Master of Business Administration degree from Villanova University.

Robinson and his wife Tere live in Houston.

ASSOCIATE ATHLETICS DIRECTORS



CHRIS BURKHALTER
Associate A.D./
Communications



KEVIN FITE
Associate A.D./
Compliance & Eligibility



KATINA JACKSON
Associate A.D./
Development & Annual Giving



MARIA C. PEDEN
Associate A.D./
Student-Athlete Services

ASSISTANT ATHLETICS DIRECTORS



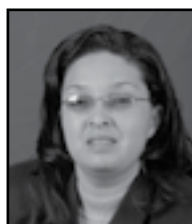
DERRICK MAYFIELD
Assistant A.D./
Facilities & Operations



T.J. MEAGHER
Assistant A.D./
Compliance & Special Projects



JAMES NICAS
Assistant A.D./
Development & Cougar Pride



MATHILDA PETERSON
Assistant A.D./
Business Services



MIKE REA
Assistant A.D./
Ticket Operations



COLIN SHILLINGLAW
Assistant A.D./
Football Operations



JAY TAKACH
Assistant A.D./
Equipment Operations



CARESIR HAMILTON
C-USA CHAMPION
NCAA QUALIFIER



WOMEN'S BIOS



2008 WOMEN'S ROSTER


MEET THE COUGARS

Name	Event	Height	Class	Hometown (High School/Last School)
Seun Adigun	Hurdles, Sprints	5-5	Jr.-2L	Chicago, Ill. (Homewood-Flossmour HS)
LaNeeka Allen	Mid-Distance	5-8	Jr.-2L	Fort Worth, Texas (Fossil Ridge HS)
Jennifer Hunt-Anderson	Mid-Distance	5-6	Sr.-3L	Dallas, Texas (Skyline HS)
Shannan Arnold	Pole Vault	5-6	Fr.-HS	Midland, Texas (Midland HS)
Devin Bailey	Mid-Distance	5-5	Fr.-HS	Houston, Texas (Alief Hastings HS)
Kimberly Brown	Multis	5-10	Jr.-TR	Waco, Texas (MidwayHS/Baylor)
Ashley Bryant	Throws	6-0	So.-1L	Pasadena, Texas (Deer Park HS)
Jessica Cook	Distance	5-1	So.-1L	Kingwood, Texas (Kingwood HS)
Candyce Cross	Mid-Distance	5-8	Fr.-HS	Missouri City, Texas (Thurgood Marshall HS)
Kalyn Floyd	Sprints	5-5	Fr.-HS	Houston, Texas (Alief Hastings HS)
Charlissa Foster	Throws	5-3	Fr.-HS	Cameron, Texas (C.H. Yoe HS)
Adriane Guinn	800 meters	5-5	Sr.-3L	Houston, Texas (Westfield HS)
Oumama Hallal	Distance	5-5	Sr.-3L	Winter Springs, Fla. (Winter Springs HS)
Caresir Hamilton	Jumps	5-7	Sr.-3L	Mesquite, Texas (Poteet HS)
Erica Hannemann	Distance	5-5	So.-1L	Dayton, Texas (Dayton HS)
Jennifer Harper	Distance	5-4	Jr.-2L	Spring, Texas (Klein Collins HS)
Christi Jones	Sprints	5-4	Fr.-HS	Katy, Texas (Cinco Ranch HS)
Kelcee Keenan	Distance, Steeplechase	5-3	Jr.-2L	Spring, Texas (Klein HS)
Morgan Lancaster	Pole Vault	5-4	Fr.-HS	Keller, Texas (Keller HS)
Ashley Ligon	Pole Vault	5-6	Sr.-3L	Humble, Texas (Kingwood HS)
Brittany Mason	Hurdles	6-0	Fr.-HS	LaPorte, Texas (LaPorte HS)
Lindsey Marshall	Distance	5-10	Fr.-HS	Giddings, Texas (Giddings HS)
Quin'shundolyn McPherson	Jumps, Sprints	5-4	So.-1L	Houston, Texas (Alief Taylor HS)
Dayo Ogunniyi	Long Jump	5-3	So.-TR	Mandeville, La. (Fontainebleau HS/Tulane)
Kiara Pulliam	Shot Put	5-5	Fr.-HS	Louise, Texas (Louise HS)
LeeA'ndrea Robinson	Hurdles	5-9	Jr.-2L	Skyline, Texas (Kimball HS)
LeCara Tibbs	Jumps, Sprints	5-8	Jr.-TR	Houston, Texas (North Shore HS/Baylor)
Jasmine Trier	Distance	5-6	Fr.-HS	Giddings, Texas (Giddings HS)
Danielle Upshaw	Shot Put	5-8	Fr.-HS	Conroe, Texas (Oak Ridge HS)
Brittani Williams	Heptathlon, Javelin	5-7	So.-1L	Houston, Texas (Willowridge HS)
Ciara Willis	Sprints	5-5	So.-1L	College Park, Ga. (Landmark Christian HS)
Hyleta Young	Sprints, Jumps	5-7	So.-1L	Port Arthur, Texas (Memorial HS)

Pronunciation Guide

Seun Adigun	Shawn Ad-i-GUN
Oumama Hallal	OOH-mama Hallal
Caresir Hamilton	KA-RISA Hamilton
Ashley Ligon	Ashley Lie-gun
Dayo Ogunniyi	Day-O AH-Goo-Ni-Yee
Jasmine Trier	Jasmine Tree-air
Hyleta Young	Hi-LITA Young



SEUN ADIGUN
 CHICAGO, ILL.
 HOMEWOOD-FLOSSMOUR

INDOOR: 60H (8.33), 60M (7.56), 55H (7.81)
 OUTDOOR: 100H (13.59)

HURDLES	5-5	JR-2L
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2007 C-USA Indoor Champion- 60 Meter Hurdles
2007 C-USA Outdoor Champion- 100 Meter Hurdles, 4x100
2007 NCAA Regional Qualifier- 100 Meter Hurdles, 4x100
2007 NCAA Qualifier- 4x100
2006 Junior All-American

2007
Indoor: Won the 60-meter hurdles at the C-USA Indoor Championships with a time of 8.57...finished sixth in the 60 meters at the Leonard Hilton Memorial... won the 60-meter hurdles at the Leonard Hilton Memorial... was sixth in the 60 meters at the Dan DeHart Invitational and third in the 60-meter hurdles... notched a season-best finish of 8.38 in the 60-meter hurdles at the Houston Invitational. **Outdoor:** Won the 100-meter hurdles (13.60) and the 4x100 (44.24) at the C-USA Championships... finished sixth in the 100-meter hurdles at the LSU Tiger Classic... was 18th in the 100-meter hurdle prelims and sixth in the 4x100 at the NCAA Midwest Regional.

2006
Indoor: Had an eighth-place finish in the 60 meters at the Leonard Hilton Memorial Meet with a personal best time of 7.56... finished second in the 55-meter hurdles with a time of 7.81 at the Houston Indoor Opener... was the runner-up at the Iowa State Qualifier with a time of 8.33 in the 60-meter hurdles. **Outdoor:** Recorded a ninth-place finish in the 100 meters (11.82) at the Conference USA Championships... finished second in the 100-meter hurdles (13.73) at the conference championships... had a personal best 13.59 finish in the 100-meter hurdles at the semifinals of the USA Junior Championships... member of the 4x100 meter relay team that finished second at the conference championships and third at the NCAA Midwest Regional Championships.

High School
 State runner-up in the 100-meter hurdles and the runner-up in the 300-meter hurdles... posted season-best time of 13.82 in the 100-meter hurdles in 2005... had a leg of 55.2 in the 4x400-meter relay... finished in third place in the 100-meter hurdles and 100 meters for Angelic Flyers TC... was named MVP and team captain for Homewood-Flossmour... also earned MVP and team captain honors as a junior and senior for the basketball team... member of Who's Who In America, National Honor Roll and Sophomore Honor Society... named Illinois Prairie State Scholar... received "Sophomore Building for Success" award.

Personal
 Majoring in kinesiology... born January 3, 1987 in Chicago, Ill... daughter of Siky and Kola Adigun of Chicago, Ill... niece of former UH All-American basketball star Hakeem Olajuwon... also recruited by Illinois, Middle Tennessee State and Miami (Ohio)... hobbies include cooking, dancing and singing.



LANEEKA ALLEN
 FORT WORTH, TEXAS
 FOSSIL RIDGE

INDOOR: 200M (25.78), 400M (56.92)
 OUTDOOR: 200M (25.74), 400M (55.92)

MID-DISTANCE	5-8	JR-2L
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C-USA Outdoor 2007 C-USA Indoor Champion- 4x400

2007
Indoor: Finished fourth in the 400 meters at the Dan DeHart Invitational setting a personal-best time of 56.92... had a season-best time of 25.78 in the 200 meters at the Houston Invitational... member of the second place 4x400 relay team at the C-USA Indoor Championships. **Outdoor:** Won the 4x400 and finished seventh in the 400 meters at the C-USA Championships... was fourth in the 400 meters at the Tom Tellez Invitational... took seventh in the 400 meters at the LSU Tiger Classic.

2006
Indoor: Had a season-best time of 25.81 in the 200 meters... finished 13th in the 400 meters (57.13) at the Albuquerque Invitational. **Outdoor:** Recorded a 12th-place finish in the 200 meters at the TSU Relays... finished ninth at the Houston Invitational in the 400 meters (58.05)... member of the 4x400 meter relay team that finished first at the UTSA Relays... finished third at the TSU Relays as a member of the distance medley relay team.

High School
 Had a fourth-place finish in 400 meters at State Championships... posted a season-best time of 55.78 seconds in the 400 meters... competed for Fossil Ridge High School in Keller... was named Outstanding Athlete on track team... received Texas Scholar award.

Personal
 Majoring in nursing... born August 11, 1986 in Dallas, Texas... daughter of Andrette and Trinion Smith of Fort Worth... also recruited by Texas Tech, Texas A&M, North Texas, New Orleans and TCU.





RETURNEES

MEET THE COUGARS



JENNIFER HUNT-ANDERSON

DALLAS, TEXAS
SKYLINE HS

INDOOR: 400M (57.41), 800M (2:14.63)
OUTDOOR: 400M (6.74), 800M (2:10.90)

MID-DISTANCE	5-6	SR-3L
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2006 NCAA Alternate- 4x400 Relay

2007

Indoor and Outdoor: Redshirt.

2006

Cross Country: Finished the Conference USA Cross Country Championships in 19:55.18 to place 64th. **Indoor:** Recorded a season-best time in the 800 meters (2:1.55) to finish sixth at the Leonard Hilton Memorial Meet. **Outdoor:** Finished third in the 800 meters at the UTSA Relays...recorded a personal best 2:13.74 in the 800 meters at the LSU Alumni Gold Invitational...was 11th at the Conference USA Championships in the 800 meters...member of the first place 4x400 relay team at the UTSA Relays and the first place sprint medley team at the TSU Relays.

2005

Indoor: Was the runner-up in the 800 meters at the Houston Opener...finished third at the Houston Invitational with a season-best time of 2:14.63 **Outdoor:** Had a third-place finish in the 800 meters with a season-best time of 2:10.90 at the Conference USA Championships...was the runner up at California's Golden Bear Invitational...helped 4x400 meter relay team finish in sixth place at the NCAA Regional meet with a season-best time of 3:34.82 after winning the event at the Golden Bear Invitational and Tom Tellez Invitational.

2004

Indoor: Member of distance medley team that finished eighth at the C-USA Indoor Championships...ran a team best 2:17.44 in the 800 meters at the Houston Indoor Invitational. **Outdoor:** Member of 4x400 meter relay team that won the LSU Alumni Gold Invitational...finished third at the TSU Relays in the 400 meters with a time of 58.12 seconds...finished second at the Sam Houston State Tune Up in the 800 meters with a time of 2:13.81.

High School

Member of Skyline's 4x400 meter relay team that set a meet record at the 2002 Class 5A State Championships and finished in third place in 2003...was the state runner-up in the 800 meters with a time of 2:12.11 and had a third place finish in the 400 meters with a time of 55.03 at the 2003 State meet...finished second in the 400 meters and third in the 800 meters at the 2002 State Championships...was the runner-up in the 200 meters at the 2002 Junior USA National Championships.

Personal

Majoring in sports administration...born February 24, 1985 in Dallas, Texas...daughter of Sharon Alexander and Charles Wingham of Dallas...married to former UH basketball player Sam Anderson IV...her cousin, DeMarcus Faggins, plays for the Houston Texans...hobbies include playing reading and listening to music...also recruited by Texas, Baylor, Texas Tech and Oklahoma.



ASHLEY BRYANT

PASADENA, TEXAS
DEER PARK

INDOOR: WT (15.20M/49-10.50)
OUTDOOR: DISCUS (49.54M/162-06), HAM-
MER (42.76M/140-03)

THROWS	6-0	SO-1L
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2007 NCAA Regional Qualifier - Discus

2007

Indoor: Recorded a personal best of 15.20m/49-10.50 in the weight throw at the C-USA Indoor Championships to finish 12th...finished eighth in the weight throw at the Leonard Hilton Memorial. **Outdoor:** Was the runner-up in the discus and had two sixth-place finishes in the shot put and the hammer throw at the Tom Tellez Invitational...was eighth in the hammer and sixth in the discus at the Texas Invitational...set an NCAA Regional Qualifying mark with a win in the discus at the LSU Tiger Classic, also registered a fifth-place finish in the hammer...added a third-place finish in the discus and a 13th-place finish in the hammer at the LSU Alumni Gold Invitational...notched a sixth-place finish in the discus at the California Collegiate Challenge...finished fourth in the discus and 16th in the hammer at the C-USA Championships...was 10th in the discus at the NCAA Midwest Regional.

High School

Named Team MVP in 2003, 2004 and 2005...was Athlete of the Year...also named the MVP of the Deer Park Track Meet...2005 State Champion...State Runner-Up in 2003 and 2004...three-time District Champion and Regional Champion...Volleyball MVP...club volleyball team finished 3rd at the Junior Olympics...best discus throw was 149.4 feet.

Personal

Born December 11, 1987 in Houston, Texas...daughter of Terry and Debbie Bryant...chose Houston for its track program and its location...hobbies include shopping...also recruited by Ole Miss, Stephen F. Austin, and Texas-Arlington...majoring in sports administration.





JESSICA COOK

KINGWOOD, TEXAS
KINGWOOD

INDOOR: MILE (5:19.09), 3,000M (10:41.87)
OUTDOOR: 1,500M (4:50.64), 3,000M (10:53.26),
3,000S (11:35.00), 5,000M (18:33.34)

DISTANCE	5-1	50-1L
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2007-2008

Cross Country: Placed 38th in the season opening Baylor Twilight Invitational running a 15:33.0 4K...led the women in the Lori Fitzgerald Invitational with a time of 20:45.4 and a 14th-place finish...took 27th at the Texas A&M Invitational running a 19:53 5K...raced a 19:10 5K at the TAMCC Islander classic placing 28th...became the Cougars front runner for the rest of the season with a 117th finish (23:27.9) in the Chili Pepper Festival...placed 37th with a 19:52.7 time at the Conference USA Championships... finished the season with a 22:53.1 6K to place 57th at the NCAA South Central Regional.

2006-2007

Cross Country: Led the Cougars at the Hawaii Big Wave Classic with a second-place finish of 15:20.7... finished sixth at the Texas Invitational with a time of 19:29... had a 53rd place finish of 19:48 at the OSU Cowboy Jamboree... led the team at the Conference USA Championships with a 25th-place finish. **Indoor:** Was fifth in the mile at the Arkansas Invitational... finished 10th in the mile at the Dan DeHart Invitational and a member of the distance medley relay team that finished second with a time of 12:59.42... recorded a personal best finish of 10:41.87 in the 3,000 meters at the Houston Invitational... took second in the mile run at the UH All-Comers Meet setting a season-best time of 5:19.09. **Outdoor:** Finished third in the 3,000 meters at the TSU Relays... was also third in the 5,000 meters at the LSU Tiger Classic... recorded a 10th place finish in the 3,000 meter steeplechase at the John Jacobs Invitational... earned a seventh place finish in the 3,000 meter steeplechase at the Cal Collegiate Challenge... finished ninth in the 3,000 meter steeplechase at the C-USA Championships.

High School

Cross Country Regional and State Qualifier... Track Regional Qualifier... finished 20th in the state in Cross Country... also played soccer... member of the National Honor Society.

Personal

Born May 11, 1988 in Downer's Grove, Ill... daughter of Glenn Cook and Karen Tyrell... hobbies include running and dancing... also recruited by Texas A&M-Corpus Christi and Texas State... majoring in pre-pharmacy.



ADRIANE GUINN

HOUSTON, TEXAS
WESTFIELD

INDOOR: 800M (2:13.99)
OUTDOOR: 800M (2:10.46)

DISTANCE	5-5	SR-3L
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2005 Conference USA Academic Honor Roll

2007-2008

Cross Country: Ran a 23:01.1 to place 30th in the Lori Fitzgerald Invitational...raced in the TAMCC Islander Classic for her second meet of the season as the Cougar's No. 4 woman placing 42nd with a time of 19:47 in the 5K race...placed 165th with a 24:33.6 time at the Chili Pepper Festival...ran in the front-end for the women as the No. 2 Cougar female placing 54th with a time of 20:52.7 at the Conference USA Championships...finished the NCAA South Central Regional in 22:53.1 placing 57th to end the season.

2006-2007

Cross Country: Finished 14th at the Hawaii Big Wave Classic... was 15th at the Texas Invitational with a time of 20:07... recorded a 43rd-place finish at the Conference USA Championships. **Indoor:** Was seventh in the 800 meters at the Leonard Hilton Memorial... member of the distance medley relay team that finished second with a time of 12:59.42 at the Dan DeHart Invitational... finished third at the UH All-Comers Meet in the mile setting a season best time of 5:21.99. **Outdoor:** Finished third in the 800 meters and fourth in the 1,500 meters at the LSU Tiger Classic... was the runner-up in the 1,500 meters at the LSU Alumni Gold Invitational... earned a sixth-place finish in the 800 meters at the Cal Collegiate Chal-

lenge... finished eighth in the 800 meters at the C-USA Championships.

2005-2006

Cross Country: Finished 63rd at the Conference USA Cross Country Championships with a time of 19:53.06... was 76th at the NCAA South Central Regional Championships. **Indoor:** Recorded at personal best time of 2:18.63 in the 800 meters during the prelims at the Conference USA Indoor Championships... finished third in the 800 meters at the Houston/RunSport All-Comers Meet. **Outdoor:** Was ninth at the Conference USA Championships in the 800 meters finishing in 2:15.23... ran the 1,500 meters in 4:50.36 to finish sixth at the TSU Relays... member of the 4x800 meter relay team that finished first at the TSU Relays and the distance medley relay that finished third.

2004-2005

Cross Country: Competed in the final three meets of the season...best finish was 13th place at the Buffalo Bayou Invitational with a time of 19:27.46.

2003-2004

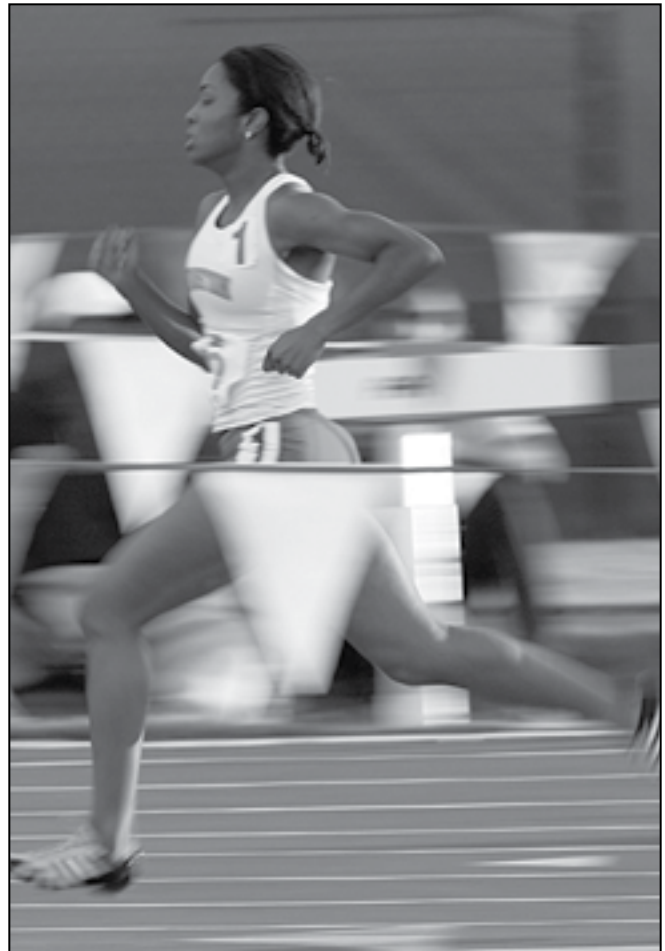
Cross Country: Competed in five events...best finish came at Rice Invitational when she finished in 18th place. **Indoor:** Had a third-place showing in the 800 meters at the UH All-Comers meet with a time of 2:20.91... was the runner-up in the 1,000 meter run at the Hyatt Regency Invitational with a time of 3:01.18. **Outdoor:** Had an eighth-place finish in the 800 meters at Tom Tellez Invitational...best time in the 800 meters came at LSU Alumni Gold with 2:21.71.


High School

Regional qualifier in cross country as a sophomore and senior... was a fourth place finisher at the 2003 District 15-5A Championships... had a third place finish in the 800 meters at the 2004 District 15-5A Track Championships... was a regional qualifier in the 800 meters as a junior after a second place finish at the district championships... won Westfield's Gold Medal Award... was named MVP and selected most improved on her team... named to the National Honor Roll... was named a Who's Who of Athletes and Who's Who of High School Students.

Personal

Born January 1, 1986 in Houston Texas... daughter of Jean M. Hollins and Richard L. Guinn, Jr... majoring in kinesiology... also recruited by McNeese State and North Texas... enjoys running, dancing and shopping.





OUMAMA HALLAL
 WINTER SPRINGS, FLA
 WINTER SPRINGS

INDOOR: MILE (5:08.36), 3,000M (10:27.01)
 OUTDOOR: 1,500M (4:40.43), 3,000M (10:26.58)

DISTANCE	5-5	SR-3L
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2005, 2006 Conference USA Academic Honor Roll

2007-2008

Cross Country: Led the Cougars in the Baylor Twilight Invitational season opener placing 26th with a time of 15:07.3 in the 4K...second in for the Cougar women at the Lori Fitzgerald Invitational placing 22nd (21:11.4)... took the lead for the women a second time this season placing 29th overall with a 19:15.5K...had a career best 18:28.5K at the TAMCC Islander Classic placing 14th overall, leading the Cougars to the finish line...finished the season in the Chili Pepper Festival running a 23:58.6 and placing 141st overall.

2006-2007

Cross Country: Was seventh at the Hawaii Big Wave Classic with a time of 15:55... led the way for the Cougars at the Texas Invitational with a fifth place finish of 19:10... had a 43rd-place finish at the OSU Cowboy Jamboree with a time of 19:31... recorded a 31st-place finish at the Conference USA Championships. **Indoor:** Finished fourth in the 3,000 meters at the Arkansas Invitational... member of the distance medley relay team that finished second with a time of 12:59.42 at the Dan DeHart Invitational... won the 5,000 meters at the UH All-Comers meet with a season best time of 19:34.06. **Outdoor:** Won the 3,000 meters at the TSU Relays with a time of 10:26.58... was third in the 1,500 meters and sixth in the 800 meters at the LSU Tiger Classic... turned in a fourth-place finish in the 1,500 meters at the LSU Alumni Gold Invitational... notched an eighth-place finish in the 1,500 meters at the Cal Collegiate Challenge... finished 12th in the 1,500 meters and 18th in the 5,000 meters at the C-USA Championships.

2005-2006

Cross Country: Was 22nd at the Texas A&M Invitational... recorded a 15th-place finish at the Hawaii Big Wave Classic... finished in 10th place at the Conference USA Cross Country Championships... participated in the NCAA South Central Regional Championships. **Indoor:** Finished ninth in the mile at the Conference USA Indoor Championships. **Outdoor:** Was fifth in the 1,500 meters at the Rice Twilight All-Comers Meet... won the 5,000 meters at the TSU Relays (18:09.59)... finished fourth in the 3,000 meters at the UTSA Relays (10:46.49)... member of the 4x400 meter relay team that finished second at the Rice Bayou Classic.

2004-2005

Cross Country: Best finish came at Texas A&M-Corpus Christi Islander Splash when she finished in 10th place...was Houston's best runner at the C-USA Championships with a 42nd place time of 19:03.89... teamed with Kelcee Keenan to finish in sixth place at the Texas A&M Relays. **Indoor and Outdoor:** Did Not Compete.

2003-2004

Cross Country: Finished ninth at the Rice Invitational and 15th at the Hawaii Big Wave Classic. **Indoor:** Had team's best time in the mile with 5:17.95 at the Hyatt Regency Invitational...finished in fourth place at the Houston Invitational. **Outdoor:** Was the ninth place finisher in the 1,500 meters at the Conference USA Championships...had a third-place showing in the 3,000 meter run at the Texas Southern Relays.

High School

First-Team, All-State and All-Conference selection in cross country... was an All-Star MVP... won the 110% effort award for her team... was the most valuable distance runner in track... First-Team, All-Conference selection in track... named a Principal's Honor Roll all four years... Academic excellence award, member of the Key Club, Mu Alpha Theta and French Club.

Personal

Majoring in mechanical engineering with a minor in math...member of the Conference USA Commissioner's Honor Roll...born on February 14, 1987 in Casablanca, Morocco...daughter of Nouria Bennouna and Mohamed Hallal...also recruited by USF, Jacksonville, UAB and East Tennessee State...hobbies include dancing, running, and reading.



CARESIR HAMILTON
 MESQUITE, TEXAS
 POTEET HS

INDOOR: HJ (1.78M/5-10.00), LJ (5.81M/19-00.75), TJ (12.86M/42-02.25)
 OUTDOOR: HJ (1.75M/5-08.75), LJ (6.02M/19-09.00), TJ (13.22M/43-04.50)

JUMPS	5-7	SR-2L
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2006 Conference USA Indoor Champion - Triple Jump
2006 Conference USA Outdoor Champion - Triple Jump
2006 C-USA Athlete of the Week - Indoor
2004 NCAA Qualifier - Triple Jump
2004 NCAA Regional Qualifier - Triple Jump
Triple Jump Record Holder (Indoor/Outdoor)

2007

Indoor and Outdoor: Redshirt.

2006

Indoor: Finished second in the high jump at the Conference USA Championships clearing 1.78 meters (5-10.00)... earned a fifth-place finish in the long jump at the Leonard Hilton Memorial Meet leaping 5.79 meters (19-0.00)... recorded a first-place finish at the Boise State Athletes Invitational in the triple jump going 12.86 meters (42-2.25)... posted a first-place finish in the triple jump at the conference championships. **Outdoor:** Finished tied for sixth in the high jump at the Conference USA Championships clearing 1.70 meters (5-7.00)... won the high jump at the UTSA Relays... recorded a sixth-place finish in the long jump at the Conference USA Championships going 6.02 meters (19-9.00)... took the top spot in the triple jump at the conference championships, leaping 13.22 meters (43-4.50).





2005

Indoor: Was the runner-up in the triple jump at the Conference USA Championships...had a season-best jump of 12.51 meters (40-0.50) to finish in fourth place at the Arkansas Tyson Invitational...finished sixth in the high jump at the C-USA meet after clearing 1.69 meters (5-6.50)...had a fifth-place finish in the long jump at the Leonard Hilton Memorial...finished 16th at the C-USA meet in the long jump. Outdoor: Qualified for the NCAA Championships in the triple jump with a fifth-place finish at the NCAA Midwest Regional Championships...had a third-place finish in the triple jump, a fifth-place showing in the high jump, and a ninth-place finish in the long jump at the C-USA Championships...won the triple jump with a season-best mark of 12.56 meters (41-2.50) at the California Golden Bear Invitational...her season-best long jump of 5.89 meters (19-4) came at the C-USA meet...had a third-place high jump of 1.75 meters (5-8.75) at the Houston Invitational.

2004


Indoor: Won the high jump at the Leonard Hilton Memorial and tied for second at the Houston Indoor Opener with a leap of 5-8.00...also finished second at the Leonard Hilton in the long jump with a leap of 19-0.75...posted a leap of 39-10.75 in the triple jump at the Razorback/Tyson Invitational. Outdoor: Third-place finisher in the triple jump at the Conference USA Championships...finished third at the Midwest Regional Championships in the triple jump with a wind-aided 41-2.50...was the runner-up in the triple jump at both the LSU Relays and the Texas A&M Invitational...ran on the 4x200 relay that finished second at TSU Relays.

High School

Won the triple jump at the UIL Class 4A State Championships with a leap of 40-10.50...was triple jump champion at the 2003 Texas Relays...set Region 1-4A record in the triple jump with 41-4...finished third in the high jump and long jump at the Region II-5A Championships...selected as Poteet's Athlete and Jumper of the Year as a senior...was the school's Jumper of the Year as a junior and Newcomer of the Year as a freshman...earned First-Team All-Area honors...also played basketball as a freshman...was named the Most Improved Player...three-time member of the A/B Honor Roll...graduated with a 3.96 GPA.

Personal

Majoring in psychology...born June 22, 1984 in Badhertsfield, Germany...daughter of Wanda Hamilton and Curtis Riggins of Mesquite, Texas...chose to attend Houston after being recruited by Texas Tech, Nebraska, Oklahoma, Texas A&M, Stephen F. Austin and Idaho...enjoys dancing and shopping.



ERICA HANNEMANN
 DAYTON, TEXAS
 DAYTON HS
 INDOOR: 800M (2:30.18), MILE (5:38.26)
 OUTDOOR: 800M (2:21.75), 1,500M (4:57.37), 3,000M (11:22.62)

DISTANCE	5-5	SO-1L
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Fall '06 Dean's List

2007-2008

Cross Country: Ran a 15:41.94K in the Baylor Twilight Invitational to open the season...Raced at the Lori Fitzgerald Invitational, had a time of 22:38.1 and placed 29th...ran a 20:40 5K at the Texas A&M Invitational placing 64th overall...brought in the back-end for the Cougars at the TAMCC Islander Classic with a 20:13 5K placing 50th...placed 182nd in the Chili Pepper Festival running a 24:57.16K...took 56th at the Conference USA Championships with a 20:56.4 time...competed at the NCAA South Central Regional with an overall place of 86th and a 23:52.5 time.

2006-2007


Cross Country: Recorded a 31st-place finish at the Hawaii Big Wave Classic... finished 29th at the Texas Invitational with a time of 21:45... competed at the OSU Cowboy Jamboree and finished 91st with a time of 22:27... was 71st at the Conference USA Championships. Indoor: Competed in the 800 meters at the C-USA Indoor Championships and finished 26th (2:30.18)...recorded a personal best 5:38.26 in the mile at the Houston Invitational... had a 17th-place finish in the 800 meters at the UH All-Comers Meet. Outdoor: Was fifth in the 3,000 meters at the TSU Relays...added a ninth-place finish in the 1,500 meters at the LSU Tiger Classic... finished eighth in the 1,500 meters at the John Jacobs Invitational.

High School

Four-time District Champion in cross country...eight-time District Champion in track...cross country State Qualifier... finished sixth at cross country regionals...varsity member for four years...also played varsity basketball for four years... Student Council President...member of the National Honor Society.

Personal

Born August 22, 1988 in Pasadena, Texas... daughter of David and Dianne Hannemann... chose Houston for its academic programs and its location...also recruited by Texas State...majoring in kinesiology.



JENNIFER HARPER
 SPRING, TEXAS
 KLEIN COLLINS HS
 INDOOR: 800M (2:17.65)
 OUTDOOR: 800M (2:11.34), 1,500M (4:44.57)

DISTANCE	5-4	SR-2L
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2006 Conference USA Academic Honor Roll

2007-2008

Cross Country: Did Not Compete

2006-2007

Cross Country: Recorded a 10th-place finish at the Hawaii Big Wave Classic with a time of 16:01.2... finished 18th at the Texas Invitational with a time of 20:23... competed at the OSU Cowboy Jamboree and finished 87th (21:51)... was 63rd at the Conference Championships. Indoor: A member of the distance medley relay team that finished second with a time of 12:59.42 at the Dan DeHart Invitational... was 10th in the 800 meters at the Houston Invitational...ran in the 200 meters and won the 800 meters at the UH All-Comers Meet. Outdoor: Earned a third-place finish in the 1,500 meters with a time of 4:48.16 at the Tom Tellez Invitational... was second in the 800 meters at the TSU Relays... turned in a second-place time of 4:45.89 in the 1,500 meters at the LSU Tiger Classic... took seventh in the 1,500 meters and 10th in the 800 meters at the LSU Alumni Gold Invitational... added a 10th-place finish in the 800 meters at the Cal Collegiate Challenge... finished seventh in the 800 meters at the C-USA Championships.

2005-2006

Cross Country: Was 27th at the Texas A&M Invitational and 22nd at the Hawaii Big Wave Classic... finished the Conference USA Cross Country Championships in 20:16.46 to place 67th... competed at NCAA South Central Regional Championships and place 102nd. Indoor: Recorded a season-best time in the 800 meters with a time of 2:17.65... finished first in the 800 meters (2:19.04) at the Boise State Athletes Invitational. Outdoor: Was second in the 800 meters at the Rice Twilight All-Comers Meet finishing in 2:12.81... finished eighth at the Conference USA Championships in the 800 meters... recorded a ninth-place finish in the 1,500 meters at the UTSA Relays... member of the distance medley relay team that finished third at the TSU Relays and the 4x400 meter relay team that finished second at the Rice Bayou Classic.

2004-2005

Cross Country: Competed in six meets for the Cougars... best finish was 12th place at the Buffalo Bayou Invitational. Indoor and Outdoor: Did Not Compete.

2003-2004

Cross Country: Competed in two events. Indoor: Did not compete. Outdoor: Had a seventh-place finish in the 800 meters at the Conference USA Championships... recorded a season-best time (2:13.86) in the prelims of the C-USA meet... finished with the ninth-fastest time (4:57.48) in the 1,500 meters at the Texas Southern Relays.

High School

Had a fifth-place finish in the 800 meters at the 2004 UIL State Track and Field Championships after winning the event at the 2004 District 15-5A and Region II-5A meets... state qualifier in track and field as a senior... was a third-place finisher in the 800 meters at the district championships as a junior... state qualifier in cross country as a freshman... had a seventh-place finish at the District 15-5A cross country championships as a senior... named team MVP for track and field and cross country and was a member of the National Honor Society all four years... graduated with honors with a 4.0 GPA... served on the Principal's Council and was a member of the Student Council... served as a Student Ambassador... also was member of the Fellowship of Christian Athletes.

Personal

Majoring in kinesiology and exercise science and minoring in health and human services... born October 3, 1985 in Houston, Texas... daughter of Tommie and Cynthia Harper of Spring, Texas... older brother, Tommie III, ran at Houston (2000-04)... hobbies include dancing, shopping and running... signed with Houston after being recruited by Sam Houston State, Rice and North Texas.



RETURNEES

MEET THE COUGARS



KELCEE KEENAN

SPRING, TEXAS
KLEIN HS

INDOOR: MILE (5:19.32)
OUTDOOR: 800M (2:28.61), 1,500M
(4:42.50), 3,000M (11:47.85)

DISTANCE	5-3	JR-2L
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2007-2008

Cross Country: Placed 34th at the Baylor Twilight invitational opening the season as the Cougars second leading women's runner with a time of 15:29.8 in the 4K...ran a 20:03 5k at the Texas A&M Invitational taking 53rd place...placed 33rd in the TAMCC Islander Classic running a 19:19.5K...took a 150th place at the Chili Pepper Festival running a 24:10.9 6K...placed 72nd overall at the Conference USA Championships...ran a 24:39.7 6K at the NCAA South Central Regionals placing 105th.

2006-2007

Cross Country: Did Not Compete. **Indoor:** Was ninth in the mile at the Arkansas Invitational...finished seventh in the mile at the Dan DeHart Invitational...took sixth in the mile at the UH All-Comers Meet. **Outdoor:** Finished fourth in the 3,000 meters at the TSU Relays...was eighth in the 800 meters at the LSU Tiger Classic...added a fourth place finish in the 1,500 meters at the John Jacobs Invitational.

2005-2006

Cross Country: Competed with Oumama Hallal at the Texas A&M Relays and finished sixth...was the top finisher for Houston at the Texas A&M Invitational...was eighth at the Hawaii Big Wave Classic with a time of 15:06.8...finished seventh at the Texas A&M-Corpus Christi Invitational...recorded a 44th place finish at the Conference USA Cross Country Championships with a time of 19:12.40. **Indoor:** Did Not Compete **Outdoor:** Finished 10th in the 800 meters (2:32.11) and second in the 1,500 meters (4:42.50) at the Brutus Hamilton Invitational...recorded a ninth place finish at the Conference USA Championships in the 3,000-meter steeplechase with a time of 12:21.94...member of the 4x800 meter relay team that finished seventh at the Texas Relays and the distance medley relay that finished third at the TSU Relays.

2004-2005

Cross Country: Was Houston's top runner in six meets...best finish was seventh place at the Texas A&M-Corpus Christi Islander Splash...finished in eighth place at the Texas A&M Invitational.

High School

Selected MVP for Klein's cross country team...also received the "Most Athletic", Coaches and Bearkat awards in cross country and track and field...had a time of 5:01 in the 1,600 meters at the Nike Indoor Championships...member of the National Honor Society...listed in Who's Who Among American High School Students.

Personal

Majoring in kinesiology...born on June 10, 1987 in Houston, Texas...daughter of Robert and JoAnn Keenan of Spring, Texas...signed with Houston after being recruited by Texas, UAB, Texas Tech, Sam Houston State and Texas A&M-Corpus Christi.



ASHLEY LIGON

HUMBLE, TEXAS
KINGWOOD HS

INDOOR: PV (3.55M/11-07.75)
OUTDOOR: PV (3.50M/11-05.75)

POLE VAULT	5-6	SR-3L
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2006 Conference USA Academic Honor Roll

2007

Indoor: Notched a sixth-place finish in the pole vault at the Leonard Hilton Memorial...was sixth in the pole vault at the Houston Invitational and at the UH All-Comers Meet...finished fourth in the pole vault at the C-USA Indoor Championships. **Outdoor:** Finished fourth in the pole vault at the Tom Tellez Invitational and at the Texas Invitational...was third in the pole vault at the LSU Tiger Classic...took 11th in the pole vault at the LSU Alumni Gold Invitational...finished seventh in the pole vault at the C-USA Championships.

2006

Indoor: Finished seventh in the pole vault at the Conference USA Indoor Championships jumping 3.20 meters (10-6.00)...matched a personal best 3.35 meter jump (10-11.75) in the pole vault finishing ninth at the Houston Indoor Opener. **Outdoor:** Finished tied for eighth at the Conference USA Championships in the pole vault with a distance of 3.35 meters (10-11.75)...was seventh in the pole vault at the Rice Twilight All-Comers Meet.

2005

Indoor: Finished in sixth place at the Leonard Hilton Memorial...posted a 12th place showing at the Conference USA Championships after clearing a season best 3.35 meters (10-11.75). **Outdoor:** Finished seventh at the Conference USA Championships after clearing a season best 3.50 meters (11-5.75)...best finish was fifth place at the Texas Southern Relays...also tied for sixth place at the Golden Bear Invitational.

High School

Three-time state qualifier...finished in seventh place at the 2004 Class 5A State championships with a clearance of 11 feet...was the 2004 District 22-5A and Region III-5A champion in each of the last three years...received the Coach's Award in track as a senior...member of the National Honor Society.

Personal

Born June 24, 1986 in Humble, Texas...daughter of Robert and Vicki Ligon of Humble, Texas...chose to attend UH over Texas Tech, Sam Houston State and McNeese State...enjoys watching Disney movies in her spare time, hunting, and watching tv...majoring in finance.



QUIN'SHUNDOLYN MCPHERSON

HOUSTON, TEXAS
ALEIF TAYLOR HS

INDOOR: 200M (24.75), LJ (5.79M/19-00.00),
TJ (12.18M/39-11.50)
OUTDOOR: 200M (23.77), LJ (6.00M/19-
08.25), TJ (12.74M/41-09.75)

JUMPS, SPRINTS	5-4	SO-1L
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C-USA Indoor Freshman of the Year

C-USA Outdoor Champion- 4x100, 4x400

2007 NCAA Regional Qualifier- 200, 4x100, Triple Jump

2007 NCAA Qualifier- 4x100

2007 Junior All-American

2007

Indoor: Finished fourth at the C-USA Indoor Championships in the long jump...added a fifth-place finish in the triple jump at the conference championships...recorded a second-place finish of 3:44.80 at the Dan Dehart Invitational as a member of the 4x400 relay team...was fourth in the long jump at the UH All-Comers Meet and eighth in the triple jump...finished sixth in the 200 meters at the C-USA Indoor Championships.

Outdoor: Won the 4x100 finished seventh in the 200 meters, seventh in the triple jump and 11th in the long jump at the C-USA Championships...won the triple jump (11.79m/38-08.25) and finished sixth in the long jump at the Tom Tellez Invitational...finished third in the triple jump at the LSU Tiger Classic...took third in the 200 meters at the John Jacobs Invitational...runner-up in the triple jump at the LSU Alumni Gold Invitational...was fifth in the long jump and sixth in the 200 meters at the Cal Collegiate Challenge...finished 16th in the 200 meter prelims, sixth in the 4x100 and 23rd in the triple jump at the NCAA Midwest Regional...was sixth in both the long jump and triple jump at the USATF Outdoor Championships.

High School

Named Athlete of the Year at Alief Taylor...also a member of the junior varsity basketball team...member of the summer track team Track Houston...recorded personal best times in the triple jump (40'3"), long jump (19'8") and 400 meters (55.00).

Personal

Born July 30, 1988 in Houston, Texas...daughter of Constance McPherson...hobbies include running track, playing basketball, watching movies and eating...also recruited by Miami and Texas A&M...chose Houston because it was close to her mom and she always wanted to come here.



DAYO OGUNNIYI

MANDEVILLE, LA
FONTAINEBLEAU HS
TULANE

INDOOR: LJ (5.88M/19-03.50)
OUTDOOR: LJ (6.10M/20-00.25)

LONG JUMP	5-3	JR-2L
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2007 NCAA Regional Qualifier- Long Jump, Triple Jump

2007

Indoor: Finished second in the long jump at the Leonard Hilton Memorial with a jump of 5.87m/19-03.25. . . notched a fourth-place finish in the long jump at the Dan DeHart Invitational and set a season-best jump of 5.88m/19-03.50 to finish fourth in the long jump. . . was third in the long jump at the Conference USA Indoor Championships. **Outdoor:** Finished third at the Tom Tellez Invitational in the long jump. . . was second in the long jump at the Texas Invitational. . . notched a fourth-place finish in the long jump at the LSU Tiger Classic. . . took ninth in the long jump at the LSU Alumni Gold Invitational. . . earned a fourth place finish in the long jump at the Cal Collegiate Challenge. . . finished third in the long jump and seventh in the 100 meters at the C-USA Championships. . . was 13th in the long jump at the NCAA Midwest Regional with a jump of 5.78m/18-11.75.

2006

Walked on to the team in the spring of 2006. **Indoor:** Finished 15th in the long jump at the Conference USA Indoor Championships. **Outdoor:** Was second in the long jump at the Houston Invitational with a jump of 5.92 meters (19-6.25). . . recorded a 20th place finish in the long jump at the Conference USA Championships.

High School

Three-time state qualifier. . . finished first at the 2004 5A State Championships in the long jump. . . finished third at state in the long jump at state in 2003 and 2005.

Personal

Born December 30, 1986 in Warri, Nigeria. . . daughter of Victor and Ola Ogunniyi. . . also recruited by the UL-Monroe. . . majoring in architecture.



LEE'A'NDREA ROBINSON

DALLAS, TEXAS
KIMBALL HS

INDOOR: 60H (8.59)
OUTDOOR: 100H (13.72)

HURDLES	5-8	50-1L
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2007 NCAA Regional Qualifier- 100M Hurdles

2007

Indoor: Runner-up in the 60 meter hurdles at the C-USA Indoor Championships. . . recorded a fourth-place finish in the 60-meter hurdles at the Arkansas Invitational and sixth at the Dan DeHart Invitational. . . was fourth in the 60-meter hurdles at the Houston Invitational. . . took second in the 60-meter hurdles at the UH All-Comers Meet. **Outdoor:** Was the runner-up in the 100 meter hurdles at the Tom Tellez Invitational. . . finished third in the 100-meter hurdle finals at the TSU Relays. . . turned in a seventh-place time in the 100 meter hurdles at the LSU Tiger Classic. . . notched a fifth-place finish in the 100-meter hurdles at the John Jacobs Invitational. . . was fourth in the 100-meter hurdles at the Cal Collegiate Challenge. . . finished third in the 100-meter hurdles at the C-USA Championships. . . was 11th in the 100-meter hurdle prelims at the NCAA Midwest Regional.

2006

Indoor: Recorded a personal best 8.69 finish in the 60-meter hurdles at the prelims of the Conference USA Indoor Championships. . . finished fifth at the conference championships in the 60 meter hurdles (8.73). **Outdoor:** Was fourth in the 100-meter hurdles at the Brutus Hamilton Invitational with a time of 14.17. . . finished seventh in the 100-meter hurdles at the Conference USA Championships. . . recorded a fourth-place finish in the triple jump at the Brutus Hamilton Invitational leaping 11.59 meters (38-0.25).

High School

Three-time state champion in the 100-meter hurdles. . . won a state championship in the triple jump in 2004 with a leap of 40-6.50. . . named All-Area performer throughout Dallas/Fort Worth area as a junior and senior by The Dallas Morning News. . . posted a career-best time of 13.62 in the hurdles. . . three-time MVP for track team at Kimball. . . named MVP as a middle blocker and hitter for volleyball team. . . member of the National Honor Society, Big Brother and Peer Assistance and Leadership (PALS) programs.

Personal

Major is education. . . born November 11, 1986 in Dallas, Texas. . . daughter of Roosevelt and Easter Robinson of Dallas. . . hobbies include shopping and listening to music. . . signed with Houston after being recruited by Texas Tech, California, Oklahoma and Kansas. . . chose Houston for its coaches.





BRITTANI WILLIAMS
 HOUSTON, TEXAS
 WILLOWRIDGE HS

INDOOR: PENTATHLON (3,269 PTS)
 OUTDOOR: HEPTATHLON (4,919 PTS),
 JAVELIN (43.24/141-10)

HEPTATHLON	5-7	50-1L
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2007 Junior All-American
2007 C-USA Commissioner's Academic Medal Recipient
Junior Olympics National Champion
Fall '06 Dean's List

2007


Indoor: Set a season-best jump of 5.49m/18-00.25 in the long jump at the Dan DeHart Invitational... finished sixth in the pentathlon at the Houston Invitational with 3,269 points... took fifth in the high jump after clearing 1.48m/4-10.25 at the UH All-Comers Meet... was sixth in the pentathlon at the C-USA Indoor Championships, scoring 3,253 points. **Outdoor:** Finished second in the javelin, eighth in the long jump and fourth in the shot put at the Tom Tellez Invitational... won the javelin and was sixth in the shot put at the Texas Invitational... earned a second-place finish in the javelin at the John Jacobs Invitational... took seventh in the javelin at the Cal Collegiate Challenge... finished third in the heptathlon, fifth in the javelin and 15th in the shot put at the C-USA Championships... finished sixth in the heptathlon at the USATF Outdoor Championships with 2,726 points... set a season best in the javelin with a throw of 43.24/141-10.

High School

Regional qualifier in the 4x400 meter relay, long jump, triple jump, 300-meter hurdles, and the 4x200 meter relay... named Most Versatile Athlete... also named to the basketball All-District First Team, and Offensive MVP... member of the National Honor Society and Band State Ensemble... won two gold medals at the 2005 Junior Olympic Nationals in the heptathlon and javelin... member of the Wings Club Track Team... had a personal best 143.0 throw in the javelin and 4,892 points in the heptathlon.

Personal

Born May 24, 1988 in Houston, Texas... daughter of Arthur and Diane Williams... hobbies include listening to music, playing the piano and basketball... also recruited by Kansas State, UT-Austin, Vanderbilt and North Texas... undecided on a major.

CIARA WILLIS
 COLLEGE PARK, GA.
 LANDMARK CHRISTIAN HS

INDOOR: 400M (58.40)
 OUTDOOR: 200M (25.72), 400M (56.53)

SPRINTS	5-5	50-1L
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2007


Indoor: Recorded a second-place finish of 3:44.80 at the Dan Dehart Invitational as a member of the 4x400 relay team... had a season-best time of 58.40 in the 400 meters at the Houston Invitational... member of the second-place 4x400 relay team at the C-USA Indoor Championships. **Outdoor:** Won the 4x400 and finished eighth in the 400 meters at the C-USA Championships.

High School

Also participated in volleyball... member of the Leadership Academy... recorded a personal best time in the 200 meters at 24.6 and in the 400 meters at 55.39.

Personal

Born May 23, 1988 in Atlanta, Ga... daughter of Rex and Subrenia Willis... hobbies include reading... chose Houston for its track and academic programs... also recruited by Auburn, Clemson, and Georgia Tech... majoring in health.



HYLETA YOUNG
 PORT ARTHUR, TEXAS
 MEMORIAL HS

INDOOR: 60M (7.81), 200M (25.85), LJ (5.88M/19-03.50)
 OUTDOOR: 100M (12.46), 200M (25.08), LJ (6.03M/19-09.50)

SPRINTS, JUMPS	5-7	50-1L
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2007 C-USA Outdoor Champion- 4x100
2007 NCAA Regional Qualifier- 4x100
2007 NCAA Qualifier- 4x100
2007 Junior All-American

2007


Indoor: Runner-up in the long jump clearing 5.87m/19-03.25 at the C-USA Indoor Championships... recorded a season-best 5.88m/19-03.50 in the long jump to finish seventh at the Arkansas Invitational... was fourth in the long jump at the Leonard Hilton Memorial... finished fifth in the long jump at the Dan DeHart Invitational. **Outdoor:** Won the long jump competition at the Tom Tellez Invitational 5.82m/19-01.25... was sixth in the long jump at the LSU Tiger Classic... finished eighth in the long jump at the Cal Collegiate Challenge... won the 4x100 and took fifth in the long jump and 16th in the triple jump at the C-USA Championships... finished sixth in the 4x100 relay at the NCAA Midwest Regional... earned a fifth-place finish in the long jump at the C-USA Outdoor Championship... was fourth in the long jump at the USATF Outdoor Championships setting a personal best with a jump of 6.03m/19-09.50.

High School

Named team MVP... regional and state qualifier... voted Most Helpful... also participated in cross country... member of the Marching Flames Drill Team... participated in the Black Students Association and Communities in School... worked at the Soup Kitchen for the Needy.

Personal

Born March 1, 1988 in Port Arthur, Texas... daughter of Karen Young and Russell Fontenett... chose Houston for the potential to become better at track... hobbies include dancing and hanging with friends... also recruited by North Texas and TCU... cousin, Don Holloway, plays football at Southern University... majoring in criminal justice.

SHANNAN ARNOLD
MIDLAND, TEXAS
MIDLAND HS


POLE VAULT	5-6	FR-HS
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High School

Finished eighth in the pole vault at the 2006 Great Southwest Classic... tied for third at the 2007 5A State meet with a height of 11-06.00... was the runner-up at the 2007 5A Region I Meet... also captain of the basketball team... member of the Latin Club and National Honor Society.

Personal

Born Aug. 21, 1989 in Midland, Texas... daughter of Lonnie and Cindy Arnold... chose Houston for the coaches and atmosphere... also recruited by New Mexico, TCU, Sam Houston State and Kansas State... hobbies include listening to music and palying basketball... majoring in kinesiology.



KIMBERLY BROWN
WACO, TEXAS
MIDWAY HS
BAYLOR

HEPTATHLON	5-10	JR-TR
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Prior to Houston


Recorded personal bests of 14.21 in the 100m hurdles, 2:26 in the 800 meters and 18-10.50 in the long jump at Baylor.

High School

Regional qualifier and state qualifier... district champions in 2001-2004... cross country regional qualifier in 2001-2004 and state qualifier in 2003... basketball state semi finalist and district champions... member of the Student Council... awarded the National Athletic-Academic Award and Top Female Athlete in the senior class.

Personal

Born Dec. 23, 1985 in Waco, Texas... daughter of Ken and Mary Brown... chose Houston for its academics and athletic program... also recruited by Baylor, Texas Tech, SFA and Texas State... hobbies include art... majoring in sports marketing.



DEVIN BAILEY
COPPELL, TEXAS
COPPELL HS

MID-DISTANCE	5-6	FR-HS
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2007-2008

Cross Country: Redshirt.

High School

Named Athlete of the Year and team MVP... Newcomer of the Year... finished fifth at the state meet in the 400 meters in 2006... third at nationals in the 800 meters in 2006... junior and senior class council... 2005 and 2006 District Champions... also a member of the soccer team.

Personal

Born Dec. 10, 1988 in Dallas, Texas... daughter of John and Laurie Bailey... chose Houston for its athletics and academics... also recruited by Oklahoma State, TCU and Texas Tech... hobbies include running, swimming and family... a pre-med major.



CANDYCE CROSS
MISSOURI CITY, TEXAS
THURGOOD MARSHALL HS

SPRINTS	5-8	FR-HS
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High School State Champion- 4x400 Meter Relay

High School

Finished third in district in the 400 meters... two-time state champion in the 4x400 meter relay... 4x400 meter relay team's time of 3:40.05 was the third fastest in the nation in 2007... has personal best of 24.54 in the 200 meters... school team finished second in the state last year... set a state record as a member of the 4x400 meter relay team with a time of 3:38.83.

Personal

Born Aug. 2, 1989 in Houston, Texas... daughter of Tyrone and Monique Cross... chose Houston for its education... also recruited by LSU... father, Tyrone, also ran track in college... major is undecided.



KALYN FLOYD
HOUSTON, TEXAS
ALEIF HASTINGS HS


SPRINTS	5-5	FR-HS
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High School

Holds personal bests of 24.34 in the 200 meters, 55.3 in the 400 meters and 11.57 in the 100 meters... named team MVP three times... also a member of the volleyball team... art award winner.

Personal

Born July 19, 1989 in Houston, Texas... daughter of Stanley and Delisa Floyd... chose Houston because it felt like home... hobbies include eating, talking and doing hair... father, Stanley, was a track star at Houston and was the 1982 NCAA 100 meter champion and the 1982 NCAA 60 meter runner-up... mother, Delisa, finished fifth in the 800 meters at the 1988 Olympics and was a nine-time National Champion and 12-time All-American at Tennessee... sister, Ebonie, is a Cougar record holder, Conference USA Champion and NCAA All-American... major is undecided.



CHRISTI JONES
KATY, TEXAS
CINCO RANCH HS


SPRINTS	5-4	FR-HS
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High School

Finished fifth in the 5A State Meet in 2007 in the 100 meters with a time of 11.98 and finished the 200 meters in 24.36... was the 2007 Region 3 Champion in the 200 meters and the runner-up in the 100 meters... was a two-time state qualifier... holds personal bests of 11.59 in the 100 meters and 24.09 in the 200 meters... finished fourth at state in 2006... was fifth in the 200 and 100 at state in 2007.

Personal

Born Oct. 15, 1988 in Houston, Texas... daughter of Neil Jones and Lorna Jones... chose Houston because of its great track and academic programs... also recruited by TCU, Kansas State and North Texas... majoring in business.



CHARLISSA FOSTER
CAMERON, TEXAS
C.H. YOE HS


THROWS	5-3	FR-HS
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High School State Champion- Shot Put, Discuz
High School

A three-time district and regional champion in the shot put and discus... state runner-up in both the shot put and discus in 2006 and was the 2005 state champion in the discus... named a 2007 state champion in the shot put and discus... recorded personal-best throws of 160-0 in the discus and 45-10.5 in the shot put... her 160-0 in the discus ranked her top five in the nation and a number-one ranking in Texas in 2007... graduated in the top 5% of her class... named First-Team All-District in volleyball... power lifter runner-up... named Class President... member of the honor roll

Personal

Born June 18, 1989 in College Station, Texas... daughter of Charles and Elizabeth Foster... chose Houston for its friendly environment and education... also recruited by North Texas, Baylor, Kentucky, UTEP, Havard, Texas-San Antonio and Florida... hobbies include working out... twin brother, Charles, plays football... majoring in biology and pre-med.



MORGAN LANCASTER
KELLER, TEXAS
KELLER HS


POLE VAULT	5-4	FR-HS
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High School

Was the 2007 district champion in the pole vault... recorded a personal best a 12-00.00.

Personal

Born June 29, 1989 in Fort Worth, Texas... daughter of Greg and Dana Lancaster... also recruited by New Mexico, TCU, Kansas State and Sam Houston State... major is undecided.

LINDSEY MARSHALL
NEW ORLEANS, LA
INCARNATE WORD ACADEMY

DISTANCE	5-10	FR-HS
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2007-2008


Cross Country: Ran her first race with the Cougars at the Texas A&M Invitational placing 89th overall with a 24:50 5K time...ran her second race of the season at the TAMCC Islander Classic placing 76th overall with a 22:42 5K time...raced in the Chili Pepper Festival placing 249th with a 27:16.6 6K time...placed 87th overall at the Conference USA Championships running a 24:04.4 to finish out the season.

High School

Team track MVP... earned Coach's Award... was a team captain and also ran cross country.

Personal

Born Jan. 12, 1989 in New Orleans, La... daughter of Laurie Vignaud and Allison Marshall... chose Houston for its business school program... cousin, Alfredo, played basketball overseas... hobbies include art and sports... majoring in business.



KIARA PULLIAM
LOUISE, TEXAS
LOUISE HS

SHOT PUT	5-5	FR-HS
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High School State Champion- Shot Put

High School

Is a 1A State Champion in the shot put and holds a personal record of 44-11.50... broke the Class 1A record in the shot put with a throw of 44-02.00 to finish as the 2007 State Champion... holds a personal record of 44-11.50 in the shot put... named MVP in track and basketball... First Team All-District in basketball... 2007 and 2006 state champion in the shot put... four-time powerlifting champion

Personal

Born July 28, 1989 in Harbor City, California... daughter of Karen and Daryl Pulliam... chose Houston for its campus and the people... also recruited by Oklahoma State and New Mexico... hobbies include playing piano, listening to music, and sleeping... major is undecided.



BRITTANY MASON
LAPORTE, TEXAS
LAPORTE HS

HURDLES	6-0	FR-HS
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High School State Champion

High School

Ran hurdles for the track team... was also a middle blocker for the volleyball team.. earned first and second team all-district honors in basketball... member of the National Honor Society and Truth... participated in the volleyball all-star game... holds personal bests of 14.02 in the 100 hurdles and 42.28 in the 300 hurdles... was a state champion in the 300 hurdles in 2007... regional champion in the 100 and 300-meter hurdles.

Personal

Born Sept. 20, 1988 in Seminole, Texas... daughter of Jonya Brooks and Chris Mason... chose Houston because she felt comfortable... also recruited by Arkansas-Little Rock and Northwestern for basketball... will play basketball at Houston... hobbies include playing sports, watching TV and going to the mall... majoring in education.



LECARA TIBBS
HOUSTON, TEXAS
NORTH SHORE HS
BAYLOR

SPRINTS, JUMPS	5-8	JR-TR
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Prior to Houston

Ran track and field at Baylor University. High School Three-time district champion in the high jump... member of the 2004 4x200 state championship relay team... also a member of the tennis and cross country teams... graduated with honors... named 2005 MVP... Four-year letterman... member of the AKA Sorority, Inc.


Personal

Born Jan. 23, 1987 in Houston, Texas... daughter of Geraldine Gibson and Emanuel Gibson... chose Houston for its academics and athletics... also recruited by Baylor and Prairie View... hobbies include reading, shopping and bowling... majoring in biology and pre-med.



NEWCOMERS

MEET THE COUGARS



JASMINE TRIER
GIDDINGS, TEXAS
GIDDINGS HS

DISTANCE	5-6	FR-HS
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2007-2008


Cross Country: Ran a 4K at the Baylor Twilight Invitational season opener with a time of 16:30.1...placed 31st (23:24.3) in the Lori Fitzgerald Invitational...ran a 21:51 5K at the Texas A&M Invitational placing 78th overall...placed 55th at the TAMCC Islander Classic running a 20:30 5K race...competed at the Chili Pepper Festival placing 205th overall with a 25:33.8 time...ran a 22:29.5 5K at the Conference USA Championships to place 83rd overall.

High School

Was a regional and district champion and state medalist... member of the cheerleading squad... graduated in the top 20% of her class.

Personal

Born Sept. 10, 1989 in San Antonio, Texas... daughter of Dr. Ashton and Jill Trier... chose Houston for its location and track team... also recruited by Texas A&M-Corpus Christi... hobbies include running, spending time with family and friends, and shopping... majoring in kinesiology.



DANIELLE UPSHAW
CONROE, TEXAS
OAK RIDGE HS

SHOT PUT	5-8	FR-HS
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High School State Champion

High School

School record holder in the shot put... named First Team All-District in the shot put... also played post for the basketball team... member of the powerlifting team... 2007 Regional qualifier... Regional qualifier in powerlifting.

Personal

Born Feb. 27, 1989 in Longview, Texas... daughter of Dexter and Joyce Upshaw... chose Houston for its journalism program and track team... also recruited by Rice, Texas State and the University of LaVerne... hobbies include reading, writing and sports... brother, Dexter, played basketball at Yale from 2003-2005... father is the pastor at Raising Star Baptist Church... majoring in journalism.



2008 Women's Team



TREMAINE SMITH

NCAA ALL-AMERICAN
C-USA CHAMPION



MEN'S BIOS



Name	Event	Height	Cl.-Exp.	Hometown (High School/Last School)
Anthony Alridge	Sprints	5-9	Sr.-HS	Denton, Texas (Denton HS)
Alex Bentley	Pole Vault	5-10	So.-1L	Tomball, Texas (Tomball HS)
Wesley Bray	Decathlon	5-11	So.-1L	Cypress, Texas (Cy-Fair HS)
Bryan Brown	Pole Vault	5-10	Fr.-HS	Kingwood, Texas (Kingwood HS)
Tyron Carrier	Sprints	5-9	Fr.-HS	Houston, Texas (E.E. Worthing HS)
Chris Carter	Hurdles, Jumps	6-1	Fr.-HS	Hearne, Texas (Hearne HS)
Darryl Cloud	Hurdles	6-1	So.-1L	Houston, Texas (Clearbrook HS)
Lazarus Crumedy	Sprints	5-11	Fr.-HS	Tomball, Texas (Tomball HS)
Justin Davis	Sprints	5-11	So.-1L	Houston, Texas (Westfield HS)
Ivan Diggs	High Jump	6-4	Sr.-3L	Wichita, Kansas (Plano East HS)
Jarrett Flax	Decathlon	6-2	Sr.-3L	Pearland, Texas (Lutheran South HS)
Sidney Flores	Throws	6-4	Fr.-HS	Corpus Christi, Texas (Calallen HS)
Morgan Floyd	Decathlon	5-10	Jr.-2L	Sherman, Texas (Whitewright HS)
Ahmed Harb	Distance	5-8	So.-1L	Nassau Bay, Texas (Clear Creek HS)
Grant Hightower	Throws	6-0	Jr.-2L	Temple, Texas (Temple HS)
Brandon Hubbard	Throws	6-4	So.-1L	College Station, Texas (Consolidated HS)
Ernest Imade	Sprints	5-11	So.-1L	Austin, Texas (Lanier HS)
Steven Jones	Sprints, Hurdles	5-11	So.-1L	Austin, Texas (Lexington HS)
Antony Keller	Distance	5-9	Jr.-HS	Kingwood, Texas (Kingwood HS)
Jeremy Kelley	Triple Jump	5-5	Jr.-2L	Houston, Texas (Humble HS)
William Krokey	Throws	6-1	Fr.-HS	Woodstock, Ga. (Woodstock HS)
Carey LaCour	Sprints	5-11	Sr.-3L	Humble, Texas (Humble HS)
Thomas Lang	Hurdles, Jumps	5-11	Fr.-HS	Wallis, Texas (Brazos HS)
Jesrick Levy	Sprints	5-10	So.-1L	Houston, Texas (Cy-Fair HS/Northwestern)
Stephen Magness	Distance	5-11	Sr.-1L	Houston, Texas (Klein Oak HS/Rice)
Daniel Martinez	Distance	5-6	So.1L	Hays, Texas (Jack C. Hays HS)
Dominic Milton	Sprints	6-0	Sr.-3L	Houston, Texas (Westfield HS)
John Patterson	Decathlon	6-0	So.-1L	Tomball, Texas (Tomball HS)
Jason Perez	Hurdles, Sprints	6-0	So.-1L	Houston, Texas (Klein Forest HS)
Kevin Reagan	High Jump	6-3	Fr.-HS	Covington, Texas (Covington HS)
Joel Rivera	Pole Vault	5-7	So.-1L	El Paso, Texas (J.M. Hanks HS)
Mike Sanchez	Throws	6-2	Fr.-1L	Sharyland, Texas (Sharyland HS)
Derek Schutz	Pole Vault	6-2	Fr.-1L	Houston, Texas (St. Thomas HS)
Tremaine Smith	Sprints	5-10	Sr.-3L	Houston, Texas (Westside HS)
Drew Thomas	Mid-Distance	6-0	Fr.-HS	League City, Texas (Clear Creek HS)
Jonathan Tatum	Pole Vault	5-10	Fr.-HS	Dayton, Texas (Dayton HS)
Nathan Trimble	Distance	5-9	So.-1L	Spring, Texas (Klein HS)
Edward Turner Jr.	Sprints, Jumps	5-10	Fr.-HS	Houston, Texas (Mayde Creek HS)

Pronunciation Guide

Ernest Imade

Ernest **IH-Made**

Derek Schutz

Derek SHUTS





IVAN DIGGS

WICHITA, KAN.
PLANO EAST HS (TEXAS)

INDOOR: 2.18M/7-01.75
OUTDOOR: 2.20M/7-02.50

HIGH JUMP	6-4	SR-3L
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- 2007 NCAA Indoor All-American- High Jump
- 2007 NCAA Outdoor All-American- High Jump
- 2007 NCAA Indoor Qualifier- High Jump
- 2007 NCAA Regional Qualifier- High Jump
- 2007 NCAA Outdoor Qualifier- High Jump
- 2006 Conference USA Academic Honor Roll
- 2005 Conference USA Academic Honor Roll

2007

Indoor: C-USA Indoor Championship runner-up in the high jump after clearing 2.16m/7-01.00...recorded a fourth-place finish in the high jump at the Arkansas Invitational...won the high jump after clearing 2.16m/7-01.00 at the Leonard Hilton Memorial... finished third in the high jump at the Dan DeHart Invitational and the Houston Invitational... won the high jump at the UH All-Comers Meet setting an NCAA provisional mark clearing 2.18m/7-01.25.

Outdoor: Finished tied for fourth in the high jump clearing 2.10m/6-10.75 at the Tom Tellez Invitational... was also fourth in the high jump at the Texas Invitational... notched a second place finish in the high jump at the LSU Tiger Classic... won the high jump at the LSU Alumni Gold Invitational and at the Cal Collegiate Challenge... runner-up in the high jump at the C-USA Championships... finished seventh in the high jump at the NCAA Midwest Regional with a personal best of 2.16m/7-01.00... named an NCAA All-American after finishing eighth in the high jump at the NCAA Championships clearing 2.20m/7-02.50 for a personal best.

2006

Indoor: Finished third in the high jump at the Conference USA Indoor Championships clearing 2.14 meters (7-00.25)... recorded a second-place finish in the high jump at the Albuquerque Invitational and the Houston Indoor Invitational. **Outdoor:** Was fifth in the high jump at the Conference USA Championships clearing 2.13 meters (6-11.75)... had second-place finishes in the high jump at the Houston Invitational, Brutus Hamilton Invitational, Rice Bayou Classic, and the UTSA Relays.

2005

Indoor: Finished third at the Conference USA Championships after clearing a season-best jump of 2.08 meters (6-9.75)... also finished third at the Houston Invitational, Houston Indoor Opener and the Leonard Hilton Memorial. **Outdoor:** Was the runner-up at the Conference USA Championships after clearing a season best 2.15 meters (7-0.50)... had a third-place showing at the California Golden Bear Invitational and LSU Alumni Gold... finished in 14th place at the NCAA Midwest Regional Championships... was the runner-up at the Rice All-Comers meet.

High School

Posted a third place finish at the UIL Class 5A State Championships with a leap of 6-8"...was the runner-up at the Region II-5A meet... was District 9-5A champion in 2002 and 2004... was Second-Team All-District performer as a post after helping Plano East basketball team win the district championship.

Personal

Majoring in management information systems and marketing... member of the Conference USA Commissioner's Honor Roll... born November 28, 1985 in Wichita, Kansas...son of Ivan and Catherine Diggs of Richardson, Texas...both of his parents played basketball at Friends University...hobbies include playing basketball and listening to hip-hop music... signed with Houston after being recruited by Arkansas, North Carolina, Texas Tech, George Mason, North Texas and Louisiana-Monroe.





ALEX BENTLEY

TOMBALL, TEXAS
TOMBALL HS

INDOOR: 4.97M/16-03.50
OUTDOOR: 5.06M/16-07.25

POLE VAULT	5-10	50-1L
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- 2007 C-USA Indoor Champion- Pole Vault
- 2007 C-USA Outdoor Champion- Pole Vault
- 2007 NCAA Regional Qualifier- Pole Vault
- 2007 C-USA Outdoor Male Newcomer of the Year

2007

Indoor: C-USA Indoor Champion in the pole vault clearing 4.90m/16-00.75...finished tied for fourth in the pole vault at the Arkansas Invitational... was the runner-up in the pole vault at the Leonard Hilton Memorial... notched a sixth-place finish in the pole vault setting a personal best 4.97m/16-03.50 at the Dan DeHart Invitational... had a 10th-place finish at the Houston Invitational... second in the pole vault at the UH All-Comers Meet. **Outdoor:** C-USA Champion in the pole vault with a clearance of 5.06m/16-07.25... won the pole vault at the Tom Tellez Invitational clearing 5.05m/16-06.75... took the top spot in the pole vault at the Texas Invitational... finished in second in the pole vault at the LSU Tiger Classic... was fourth in the "A" section of the pole vault at the Cal Collegiate Challenge.

High School

Junior National Qualifier... three-time Elite Youth All-American... 2005 UIL 5A State Champion... USATF Member... two-time silver medalist at Nationals... nationally ranked by age in the Top Eight for five years... was a defensive cornerback for the football team.

Personal

Born January 21, 1988 in Houston, Texas... son of William and Julie Bentley... chose Houston for its track team... also recruited by LSU, Rice, Oregon, Arkansas, UT, Texas A&M, McNeese and Oklahoma... hobbies include surfing and pole vaulting... undecided on a major.



WESLEY BRAY

CYPRESS, TEXAS
CY-FAIR HS

INDOOR: 5,000 PTS
OUTDOOR: 6,811 PTS

DECATHLON	5-11	50-1L
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- 2007 Junior All-American
- 2007 Pan-Am Games Participant
- 2006 Junior Olympics National Champion- Decathlon

2007

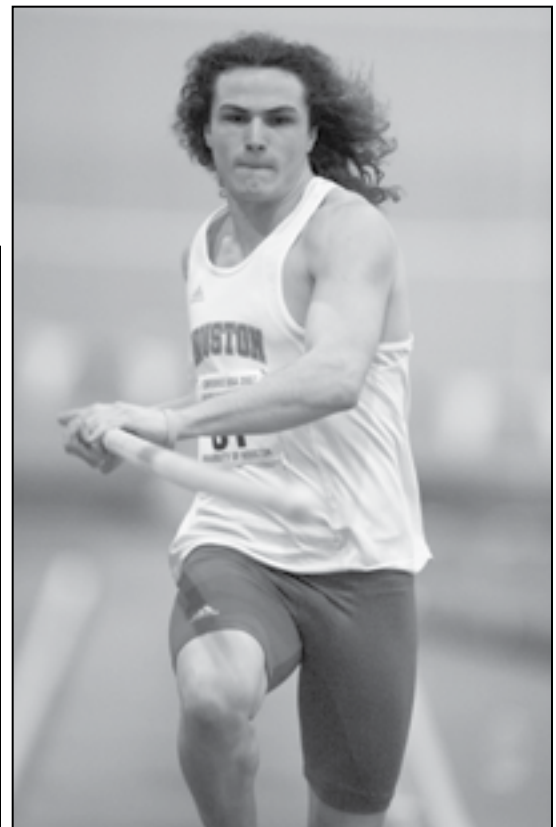
Indoor: Was seventh in the long jump at the Leonard Hilton Memorial... set a season best finish of 8.54 in the 60 meter hurdles at the Dan DeHart Invitational... had a seventh-place finish in the heptathlon at the Houston Invitational... finished tied for seventh in the pole vault at the UH All-Comers Meet... notched a fourth-place finish in the heptathlon and an eighth-place finish in the pole vault at the C-USA Indoor Championships. **Outdoor:** Notched a third place finish in the long jump and a fifth-place finish in the javelin at the Tom Tellez Invitational... was third in the decathlon, ninth in the javelin and ninth in the pole vault at the C-USA Championships... finished second in the decathlon with 7,158 points at the USATF Outdoor Championships.

High School

2006 Decathlon National Champion... finished third at state in the 4x400 meter relay and the 300-meter hurdles... named football wide receiver of the Year in 2004 and 2005... member of the National Honor Society.

Personal

Born April 11, 1988 in Houston, Texas... son of Scott Bray and Suzie Chimielowiec... also recruited by Rice, Texas Tech and UTSA... hobbies include fishing... member of the honors college... majoring in biology.






DARRYL CLOUD
HOUSTON, TEXAS
CLEAR BROOK HS


INDOOR: NA
OUTDOOR: 400H(55.96)

HURDLES	6-1	50-1L
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2007
Indoor: Did Not Compete. **Outdoor:** Was eighth in the 400 meter hurdles at the Tom Tellez Invitational. . . finished 11th in the 400-meter hurdles at the LSU Tiger Classic. . . turned in an eighth-place finish in the 400 meter hurdles at the C-USA Championships.

High School
Was a two-time district champ in the 300m hurdles...had a personal best time of 14.29 in the 110m hurdles and a 38.12 in the 300 hurdles...Regional finalist...played basketball...earned a football Bi-district playoff birth in 2004-05.

Personal
Born February 20, 1988 in Houston, Texas...son of Allison Cloud...chose Houston for its track program and to stay closer to home...also recruited by Northwestern, Missouri-Rolla and Texas A&M-Kingsville...was a member of the Rising Stars track club...earned the All-Time Intermediate Boy Elite status in the 400m hurdles.



JUSTIN DAVIS
HOUSTON, TEXAS
WESTFIELD

INDOOR: 200M(23.06), 400M(49.33)
OUTDOOR: 400M(47.55)


SPRINTS	6-1	50-1L
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2007 C-USA Indoor Champion- 4x400
2007 NCAA Regional Qualifier- 4x400

2007
Indoor: Seventh-place finisher in the 400 meters at the C-USA Indoor Championships with a time of 49.64. . . member of the C-USA Champion 4x400 relay team. **Outdoor:** Had a fifth-place finish in the 400 meters at the Tom Tellez Invitational. . . finished seventh in the 400 meters at the Cal Collegiate Challenge. . . was seventh in the 400 meters at the C-USA Championships. . . finished 15th in the 4x400 at the NCAA Midwest Regional with a time of 3:11.85.

High School
Recorded a personal best 47.89 in the 400 meters. . . finished third in the 4x400 meter relay at the Junior Olympics...2005 District 22-5A Champion...2006 Region 3 runner-up...state qualifier...earned All-Greater Houston honors.

Personal
Born June 7, 1988 in Houston, Texas. . . son of James and Carlonda Davis. . . also recruited by Texas Tech, Oklahoma, TCU and Ole Miss. . . hobbies include listening to music, running, traveling and playing video games. . . undecided on a major.



JARRETT FLAX
PEARLAND, TEXAS
LUTHERAN SOUTH HS

INDOOR: 5,104 PTS
OUTDOOR: 6,955 PTS

DECATHLON	6-2	SR-3L
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2007 C-USA Indoor Champion- Heptathlon
207 C-USA Outdoor Champion- Decathlon


2007
Indoor: C-USA Indoor Champion in the heptathlon scoring 5,104 points. **Outdoor:** C-USA Champion in the decathlon, also finished fifth in the javelin and 10th in the discus. . . finished seventh in the discus at the Texas Invitational. . . added a ninth-place finish in the javelin at the LSU Alumni Gold Invitational.

2006
Indoor: Finished 11th in the high jump at the Conference USA Indoor Championships clearing 1.84 meters (6-0.50) . . . recorded a fifth-place finish in the pole vault at the conference championships with a height of 4.45 meters (14-7.25) . . . was 13th in the shot put at the Houston Indoor Opener throwing 12.72 meters (41-8.75) . . . finished with a personal best 4,830 points in the heptathlon at the Houston Indoor Invitational. . . also, finished second at the conference championships in the heptathlon. **Outdoor:** Earned a second-place finish in the decathlon at the Conference USA Championships with 6,955 points. . . finished ninth in the javelin at the Brutus Hamilton Invitational throwing 55.98 meters (188-8) . . . threw 48.10 meters (157-10) in the discus for a third place finish at the TSU Relays. . . was 18th at the LSU Alumni Gold Invitational in the shot put. . . recorded a sixth place finish in the pole vault at the conference championships. . . cleared 1.95 meters (6-4.75) in the high jump to finish fifth at the Brutus Hamilton Invitational.

2005
Indoor: Posted a fifth-place finish in the heptathlon with 4,817 points at the Conference USA Championships. . . finished eighth in the pole vault with a season best clearance of 4.45 meters (14-7.25). **Outdoor:** Had a fifth-place showing in the decathlon at the Conference USA Championships with a season-best score of 6,557 points. . . placed eighth in the shot put with a throw of 11.85 meters (38-10.50).

High School
Won the TAPPS-4A state championships in the pole vault and set a new state meet record after clearing 14 feet. . . also won the high jump for the third straight year. . . was the runner-up in the shot put at the TAPPS State Champion with a throw of 49-10.50...also runner-up in the 300-meter hurdles. . . was a member of Lutheran South's 4x200 meter relay team that won the 4A South Regional Championships and was the runner-up at the state meet during his senior after winning the state championship during his junior year. . . played defensive end on the football team. . . in addition, he ran on Lutheran South's 4x400 meter relay that won a TAPPS state championship during his sophomore season.

Personal
Majoring in computer engineering. . . born September 10, 1985 in Houston, Texas...son of Carylon and Brant Flax of Pearland.



MORGAN FLOYD
 SHERMAN, TEXAS
 WHITEWRIGHT HS

INDOOR: 4,855 PTS
 OUTDOOR: 6,820 PTS

DECATHLON	5-10	JR-2L
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2006 Conference USA Academic Honor Roll

2007

Indoor: Was sixth in the long jump at the Leonard Hilton Memorial setting a season-best finish of 6.66m/21-10.25...had a fifth-place finish in the heptathlon at the Houston Invitational...finished tied for seventh in the pole vault at the UH All-Comers Meet...notched a fifth-place finish in the heptathlon and a seventh-place finish in the pole vault at the C-USA Indoor Championships. **Outdoor:** Runner-up in the decathlon at the C-USA Championships was also fifth in the pole vault...earned a fourth-place finish in the javelin and an eighth-place finish in the discus at the Tom Tellez Invitational...was fifth in the javelin at the LSU Tiger Classic...finished third in the javelin at the John Jacobs Invitational...notched a fifth-place finish in the javelin at the Cal Collegiate Challenge.

2006

Indoor: Recorded a personal best 6.64 meters (21-9.50) in the long jump with an 11th place finish at the Houston Indoor Opener...finished 18th in the shot put at the Houston Indoor Opener with a throw of 11.65 meters (38-2.75)...was fifth at the Conference USA Indoor Championships in the heptathlon scoring 1,003 points...had a personal best 4,689 points in an eighth place finish in the heptathlon at the Houston Indoor Invitational. **Outdoor:** Finished fourth in the decathlon at the Conference USA Championships with 6,820 points...was fifth in the shot put at the Brutus Hamilton Invitational with a throw of 15.15 meters (49-8.50)...also finished second at the conference championships in the javelin with a throw of 57.16 meters (187-6).


High School

All-State performer in three different sports...three-time state qualifier...best event was long jump where he set Whitewright's school record of 23-5 feet...was a member of the 2004 state championship 4x400 meter relay...relay team was the runner-up in 2005...was the Class 2A state runner-up in the 100 meters, and had

a third-place finish in the 400 meters and a sixth-place showing in the long jump...an All-State selection in baseball as a junior and senior...was named to the All-State team in football.

Personal

Majoring in biology...born October 21, 1986 in Sherman, Texas...son of Mark and Kim Floyd of Bells, Texas...recruited by Cornell, TCU and Texas A&M before signing with Houston...hobbies include flying planes and playing baseball.

AHMED HARB
 NASSAU BAY, TEXAS
 CLEAR CREEK

INDOOR: MILE(4:22.73), 3,000M(8:36.29)
 OUTDOOR: 1,500M(3:52.75), 3,000M(8:46.57),
 5,000M(15:17.18)

DISTANCE	5-8	50-1L
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2006 C-USA Third Team- Cross Country
 Fall '06 Dean's List

2007-2008

Cross Country: Placed 24th at the Baylor Twilight Invitational season opener with a time of 19:20.6...finished in the Top-3 Cougars for the Lori Fitzgerald Invitational placing 10th (25:14.9)...helped the men to a fourth-place finish in the Texas A&M Invitational and a No. 12 ranking in the region after a 23rd-place finish with a time of 25:52 in the 8K...raced a 28:29 8K in the TAMCC Islander Splash taking 37th place...led the Cougars at the Chili Pepper Festival placing 49th overall with a 31:58.0 10K time...placed 16th overall at the Conference USA Championships running a 26:47.3...competed at the NCAA South Central Regional with a 31:51.6 10K time to place 46th finishing out the season.

2006-07

Cross Country: Finished sixth at the Hawaii Big Wave Classic with a time of 16:09...recorded a 17th-place finish at the Texas Invitational with a time of 20:18.68...had a 51st place finish of 26:39 at the OSU Cowboy Jamboree...led the team at the Conference USA Championships with a 15th place finish. **Indoor:** Was 14th in the mile at the Arkansas Invitational setting a personal best time of 4:22.73...notched a 10th-place finish in the mile at the Leonard Hilton Memorial...had a fourth-place finish in the mile at the Dan DeHart Invitational...added a 10th-place finish in the 3,000 meters setting a personal best 8:36.29 finish at the Houston Invitational...finished ninth in the 3,000 meters at the C-USA Indoor Championships with a time of 8:39.36. **Outdoor:** Was the runner-up in the 3,000 meters at the TSU Relays...finished fourth in the 5,000 meters at the LSU Tiger Classic...notched a fourth-place finish in the 1,500 meters at the John Jacobs Invitational...turned in a fourth-place finish in the 1,500 meters at the Cal Collegiate Challenge...was eighth in the 1,500 meters at the C-USA Championships...finished 21st in the 1,500 meter race at the USA TF Outdoor Championships.

High School

Fourth in the Cross Country Region III meet...finished 19th at cross country state...third in the two-mile race at State.

Personal

Born January 14, 1989 in Fargo, North Dakota...son of Jalal Harb and Constance Laybourn...also recruited by East Carolina, Rice and TCU...majoring in mechanical engineering.





GRANT HIGHTOWER

TEMPLE, TEXAS
TEMPLE HS

INDOOR: LJ (7.29M/23-11.00)
OUTDOOR: LJ (7.00M/22-11.75)

JUMPS/SPRINTS	6-0	JR-2L
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2007

Indoor: Finished third in the long jump at the Leonard Hilton Memorial... was fifth in the long jump at the Dan DeHart Invitational setting a season best of 7.29m/23-11.00... had a fourth-place finish in the long jump at the Houston Invitational. **Outdoor:** Finished 10th in the long jump at the LSU Alumni Gold Invitational.

2006

Indoor: Finished fifth in the long jump at the Houston Indoor Invitational... recorded an 11th-place finish in the pole vault at the Conference USA Indoor Championships. **Outdoor:** Recorded a personal best 7.16 meters (23-6.00) in an eighth-place finish at the LSU Alumni Gold Invitational... was ninth in the long jump at the Conference USA Outdoor Championships... also had a third-place finish in the long jump at the Houston Invitational.

High School

Finished in fifth place at the UIL Class 5A State Championships as a senior.

Personal

Majoring in consumer science and merchandising... born in Temple, Texas... son of Glen and Ophal Hightower of Belton, Texas... hobbies include playing video games and sports... signed with Houston after being recruited by TCU, Sam Houston State and Texas State.



BRANDON HUBBARD

COLLEGE STATION, TEXAS
A&M CONSOLIDATED HS

INDOOR: SP(14.26M/46-09.50),
WT(15.08M/49-05.75)
OUTDOOR: SP(14.15M/46-05.25),
DT(46.39M/152-02), HT (48.28M/158-05)

THROWS	5-8	SO-1L
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School Record Holder- Hammer
School Record Holder- Weight Throw
Fall '06 Dean's List

2007

Indoor: Finished in sixth in the weight throw (15.08m/49-05.75) and eighth in the shot put with a throw of 14.26m/46-09.50 at the C-USA Indoor Championships. **Outdoor:** Was third in the javelin, fifth in the discus, sixth in the hammer and seventh in the shot put at the Tom Tellez Invitational... finished seventh in the hammer, ninth in the javelin and 12th in the shot put and discus at the Cal Collegiate Challenge... finished fifth in the hammer, seventh in the discus, ninth in the shot put and 11th in the javelin at the C-USA Championships.

High School

2005 District Champion in the shot put... 2005 and 2006 Regional Qualifier... holds a personal best 179'9" discus throw, 57'8" shot put throw and a 168'10" javelin throw.

Personal

Born October 9, 1987 in Temple, Texas... son of John and D'Anne Hubbard... chose Houston for its track and field tradition... hobbies include lifting weights and nutrition... also recruited by Stephen F. Austin... majoring in nutrition.



STEVEN JONES

GIDDINGS, TEXAS
LEXINGTON HS

INDOOR: 60M(7.19), 200M(23.01)
OUTDOOR: 100M(11.30), 200M(22.27)

SPRINTS, HURDLES	5-11	SO-1L
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2007

Indoor: Set a personal best finish of 7.19 in the 60 meters at the Leonard Hilton Memorial... had a 10th place finish in the 60-meter hurdles at the Leonard Hilton Memorial... finished third in the 60-meter hurdles at the UH All-Comers Meet. **Outdoor:** Earned a 10th place finish in the 110-meter hurdles at the LSU Tiger Classic... was sixth in the 110-meter hurdles at the John Jacobs Invitational.

High School

2006 State Champion in the 110-meter hurdles... Regional Champion in the 110-meter hurdles... had a personal best time of 13.84 in the 110-meter hurdles... sixth at the Nike Indoor Nationals in 2005... band drum captain... named to the Nike All-American team.

Personal

Born February 23, 1987 in Austin, Texas... son of Naomi Jones Washington and Richard Washington... hobbies include playing drums, and running... also recruited by Oklahoma and Arkansas... cousin, Larry Wade, ran for the Nike Track Team... cousin, Jackie Washington, is a member of the UH Hall of Fame... undecided on a major.



RETURNEES

MEET THE COUGARS



JEREMY KELLEY
HOUSTON, TEXAS
HUMBLE

INDOOR: 14.58M/47-10.00
OUTDOOR: 14.54M/47-08.50

TRIPLE JUMP	5-5	JR-2L
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2007

Indoor: Was 10th in the triple jump at the Arkansas Invitational... Added a seventh-place finish in the triple jump at the Dan DeHart Invitational... finished third in the triple jump at the UH All-Comers Meet... third-place finisher in the triple jump at the C-USA Indoor Championships setting a season best 14.48m/47-06.25 jump. **Outdoor:** Finished fifth in the triple jump at the LSU Tiger Classic... was sixth in the triple jump at the John Jacobs Invitational... earned a 10th-place finish in the triple jump at the LSU Alumni Gold Invitational... turned in a sixth-place finish in the triple jump at the Cal Collegiate Challenge... third in the triple jump at the C-USA Championships.

2006

Indoor: Finished fifth in the triple jump at the Conference USA Indoor Championships with a jump of 14.58 meters (47-10.00). **Outdoor:** Won the triple jump at the Brutus Hamilton Invitational... consistently finished in the top ten in the triple jump.

High School

Regional finalist in the triple jump as a senior... played point guard for Humble's basketball team that advanced to the regional quarterfinals.

Personal

Majoring in health professions... born August 14, 1987 in Memphis, Tenn... son of Kenneth and Veronica Kelley of Humble, Texas... was recruited by North Texas, Texas A&M-Kingsville and Louisiana-Lafayette... hobbies include playing video games and sports.



CAREY LACOUR
HUMBLE, TEXAS
HUMBLE

INDOOR: 60M(6.75), 200M(21.08),
400M(47.31)
OUTDOOR: 100M(10.49), 200M(20.58),
400M(45.87)

SPRINTS	5-11	SR-3L
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2007 C-USA Indoor Champion- 60 Meters

2007 NCAA Indoor Qualifier- 200 Meters

2006 NCAA All-American

2006 Three-time Conference USA Champion

2005 C-USA Outdoor Athlete of the Year

2005 C-USA Outdoor Athlete of the Meet

2005 Two-time Conference Champion

200 Meter Lewis/Tellez Outdoor Complex Record Holder

2004 World Junior Team (Grossuto, Italy)

2004 Verizon Junior All-American

2007

Indoor: Won the 60 meters at the C-USA Indoor Championships with a time of 6.75... finished third in the 200 meters at the Tyson Invite... was sixth in the 60 meters at the Houston Indoor Invitational... added a 17th-place finish in the prelims of the 200 meters at the NCAA Indoor Championships. **Outdoor:** Did not compete.

2006

Indoor: Finished first in the 200 meters (21.31) and in the 400 meters (47.31) at the Conference USA Indoor Championships... recorded a personal best 21.11 in the 200 meters at the Iowa State Qualifier... was first in the 400 meters at the Houston Indoor Invitational. **Outdoor:** Took the top spot in the 100 meters at the TSU Relays (10.57) and first in the 200 meters at the Brutus Hamilton Invitational... finished second in the 200 meters at the NCAA Midwest Regional Championships... won the 400 meters at the conference championships... set a new personal best in the 400 meters with a first place time of 45.87 at the LSU Alumni Gold Invitational... member of the 4x100 meter relay team that finished fifth at the NCAA Midwest

Regional Championships and first at the Drake Relays... ran the anchor leg of the first place 4x200 meter relay at the Texas Relays.

2005

Indoor: Was the runner-up in the 60 meters at the Leonard Hilton Memorial meet with 6.77 seconds... was the runner-up in the 55 meters with a time of 6.25 seconds at the Houston Indoor Opener. **Outdoor:** Had a 10th-place finish in the 200 meters at the NCAA Championship with a career-best time of 20.58 seconds... was named the Conference USA Athlete of the Year after winning the 200 and 400 meters... had a career-best time in the 400 meters with 46.02 seconds... also ran the anchor leg on Houston's 4x100 meter relay and 4x400 meter relay teams.

2004

Indoor: Was the runner-up to teammate Stanford Routt in the 200 meters at the Conference USA Championships... won the 200 meters at the Houston Indoor Opener... finished second at the Leonard Hilton Memorial in the 60 meters with a time of 6.73 seconds. **Outdoor:** Named a Verizon All-American after a second-place finish at the USA Junior National Championships after running fastest legal time of 20.99 seconds in the 200 meters... won the 200 meters with his best overall time, a wind-aided 20.65 seconds, at the Tom Tellez Invitational... finished fourth at the Conference USA Championships in the 200 meters... finished third in the 200 meters at the C-USA Championships with a time of 46.62 seconds... member of the 4x100 meter relay team that finished fourth at the Midwest Regional Championships.


High School

Runner-up in the 200 meters at the Junior USA Championships... three-time state qualifier... finished second in the 200 meters at the 2003 UIL State Championships with a time of 21.03... also ran the anchor leg on Humble's 4x400 meter state championship relay team and finished seventh in the 100 meters with a time of 10.72 seconds.

Personal

Born February 17, 1985 in Liberty, Texas... son of Carey and Vanita LaCour of Humble... hobbies include reading, shopping and playing video games... chose to attend UH because of the school's academic and track programs... majoring in psychology.



DANIEL MARTINEZ
 HAYS, TEXAS
 JACK C. HAYS HS

INDOOR: 800M (2:00.30), MILE (4:17.48)
 OUTDOOR: 1,500M (3:56.94), 3,000M (8:43.57), 5,000M (15:37.76)


DISTANCE	5-6	50-1L
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2007-2008
Cross Country: Led the Cougars at the Baylor Twilight Invitational with a time of 19:12.4 to place 19th... one of the front men for the Cougars placing 9th (25:04.2) in the Lori Fitzgerald Invitational...one of the front runners for the Cougars in the Texas A&M Invitational placing 18th overall with a 25:32 time helping the men to a fourth place finish...competed in the Chili Pepper Festival placing 66th overall running a 32:18.0 10K...finished the Conference USA Championships in 32nd place with a 27:50.8 time...ended the season at the NCAA South Central Regional with a 31:20.2 10K to place 30th overall.

2006-2007
Cross Country: Finished the men's race at the Hawaii Big Wave Classic in 16:46.6 to finish 18th... recorded a 25th-place finish at the Texas Invitational with a time of 20:43.65... was 96th at the OSU Cowboy Jambo-ree... had a 48th-place finish at the Conference USA Championships. **Indoor:** Had an eighth-place finish in the mile at the Leonard Hilton Memorial... was seventh in the mile at the Dan DeHart Invitational... finished 10th in the mile at the C-USA Indoor Championships with a time of 4:17.48... was a member of the distance medley relay team that finished second at the C-USA Indoor Championships. **Outdoor:** Won the 3,000 meters at the TSU Relays with a time of 8:43.57... finished third in the 1,500 meters at the LSU Tiger Classic... was eighth in the 1,500 meters at the John Jacobs Invitational... turned in a third-place finish in the 1,500 meters at the Cal Collegiate Challenge... was 11th in the 1,500 meters at the C-USA Championships... finished 19th in the 1,500 meter race at the USAF Outdoor Championships.

High School
 Member of the cross country team...three-year captain...two-time MVP...member of the National Honor Society.

Personal
 Born April 30, 1989 in Ft. Stockton, Texas...son of Manuel and Hortensia Martinez...also recruited by UTSA, Texas State, UT-Austin and San Angelo State...hobbies include running and fishing...majoring in business.



DOMINIC MILTON
 HOUSTON, TEXAS
 WESTFIELD HS

INDOOR: 200M (21.72), 400M (49.41)
 OUTDOOR: 200M (22.10), 400M (49.13)

SPRINTS	6-0	SR-3L
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2007
Indoor: Set a season-best finish in the 200 meters with a time of 22.95 at the Dan DeHart Invitational. **Outdoor:** Was fourth in the 200 meter at the TSU Relays.


2006
Indoor: Sat out due to surgery. **Outdoor:** Recorded a personal best 22.31 finish in the 200 meters... finished 14th in the 200 meters at the Rice Bayou Classic... was sixth in the 400 meters at the Brutus Hamilton Invitational... ran the 400 meters and finished 13th at the Conference USA Championships... also finished eighth in the 400 meters at the Houston Invitational... ran in the 4x400 meter relay team that finished second at the conference championships and ninth at the NCAA Midwest Regional Championships.

2005
Indoor: Was the runner-up in the 200 meters at the Leonard Hilton Memorial... had a season-best time of 21.72 seconds at the Tyson Invitational... finished fourth in the 400 meters at the Houston Invitational with a season best time of 49.41 seconds. **Outdoor:** Sat out season after suffering a torn Achilles tendon injury at C-USA Indoor Championships.

High School
 Was a three-time runner-up in the 400 meters at the District 15-5A Championships...posted a career-best time of 48.09 at the 2004 district meet...was a member of Westfield's 4x100 meter relay team that finished third at the Region II meet after winning the district championships...also ran on the school's 4x400 meter relay team that won the 2002 district title...played wide receiver for Westfield's football team.

Personal
 Majoring in health...born May 18, 1985 in Houston...son of Shunna Milton of Houston...hobbies include playing basketball, football and video games... brother, Javid, plays football at Western Illinois...signed with Houston after being recruited by Texas State and Texas-San Antonio.





JOHN PATTERSON
 TOMBALL, TEXAS
 TOMBALL HS

INDOOR: N/A
 OUTDOOR: N/A

DECATHLON	6-0	SO-RS
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2007
Indoor and Outdoor: Redshirt

High School
 Two-time District Champion in discus... Region III discus champion... seventh-place finish in the discus at State... track high point man in 2006... three-year football letterwinner... second-team All-District tight end in 2005.

Personal
 Born January 8, 1988 in Houston, Texas... son of Pat and Suzy Patterson... chose Houston for its history and tradition... also recruited by UTSA, Texas State, Stephen F. Austin and Georgia Tech... hobbies include waterskiing and playing sports... father, Pat, ran track at Houston... majoring in history.




JASON PEREZ
 HOUSTON, TEXAS
 KLEIN FOREST HS

INDOOR: 400M (49.24)
 OUTDOOR: 400H (50.92)


HURDLES, SPRINTS	6-0	SO-1L
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2007 Junior All-American
2007 Pan Am Junior Games Qualifier

2007
Indoor: Had a fourth-place finish in the 400 meters at the Leonard Hilton Memorial... was fifth in the 400 meters at the Dan DeHart Invitational, setting a personal best time of 49.24... member of the winning 4x400 meter relay team at the Dan DeHart Invitational with a time of 3:14.32... notched a fifth-place finish in the 400 meters at the Houston Invitational... eighth-place finisher in the 400 meters at the C-USA Indoor Championships with a time of 49.86. **Outdoor:** Redshirt. Competed unattached at the USATF Outdoor Championships and finished third in the 400 meter hurdles with a time of 50.92... also ran at the Pan America Junior games in the 400-meter hurdles and earned a silver medal.

High School
 Ran the 400-meter hurdles in 52.2 to win first place at the Golden South National Championship meet... also played football as a wide receiver... ran a personal best 1:55 in the 800 meters... has a personal best 36.78 in the 300-meter hurdles... was ranked fourth in the nation... two-time regional champion... state runner-up.

Personal
 Born April 3, 1988 in Whittier, California... son of Jesse and Judy Perez... hobbies include cars... also recruited by UTSA, Texas A&M, Louisiana-Monroe and Oklahoma... twin brother, Justin, is also a member of the track and field team... undecided on a major.



JOEL RIVERA
 EL PASO, TEXAS
 J.M. HANKS HS

INDOOR: N/A
 OUTDOOR: N/A

POLE VAULT	5-7	SO-RS
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2007
Indoor and Outdoor: Redshirt.

High School
 Named team captain for two years... most Outstanding Athlete twice in jumps... member of the football team and named defensive MVP... All-District Academic team.

Personal
 Born October 21, 1987 in El Paso, Texas... son of Pedro and Emma Rivera... chose Houston for its track program... hobbies include drawing and being a DJ... undecided on a major.



TREMAINE SMITH

HOUSTON, TEXAS
WESTSIDE HS

INDOOR: 55M (6.80), 60M (6.75), 200M (21.41)
OUTDOOR: 100M (10.35w), 200M (20.76w)

SPRINTS	5-10	SR-3L
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- 2007 C-USA Indoor Champion- 200 Meters, 4x400
- 2007 NCAA Outdoor Regional Qualifier- 100 Meters
- 2006 NCAA All-American
- Junior 200 Meter National Champion
- 2005 Junior Pan Am 4x100 World Champion
- 2005 USA Junior Champion- 200 Meters

2007
Indoor: C-USA Indoor Champion in the 200 meters with a time of 21.65... finished third in the championship 200 meters at the Arkansas Invitational setting a season best finish of 21.41... was third in the 60 meter final at the Leonard Hilton Memorial... notched a fourth-place finish in the 60 meters and a third-place finish in the 200 meters at the Dan DeHart Invitational... member of the winning 4x400 meter relay team at the Dan DeHart Invitational with a time of 3:14.32... was the runner-up in the 60 meters at the C-USA Championships with a time of 6.77... member of the C-USA Champion 4x400 relay that finished with a time of 3:15.72. **Outdoor:** Had a fourth-place finish in the 100 meters at the Tom Tellez Invitational and at the TSU Relays... was ninth in the 100 meters at the LSU Alumni Gold Invitational... finished second in the 200 meters at the Cal Collegiate Challenge... was 14th in the 100 prelims at the NCAA Midwest Regional.

2006
Indoor: Finished sixth in the 60 meters at the Conference USA Indoor Championships with time of 6.93... recorded a personal best 6.80 in the 60 meters and 21.50 in the 200 meters... was seventh in the 200 meters with a time of 22.27 at the conference championships. **Outdoor:** Recorded a fifth-place finish in the 100 meters at the Conference USA Championships (10.35)... was fifth in the 200 meters at the conference championships... member of the 4x100 relay team that finished first at the Drake Relays and fifth at the NCAA Midwest Regional Championships.

2005
Indoor: Registered season-best times of 22.36 seconds in the 200 meters and 6.56 seconds in the 55 meters at the Houston Indoor Opener. **Outdoor:** Was the runner-up in the 200 meters at the Pan American Junior Championships with a time of 20.76w seconds... helped USA win the gold medal in the 4x100 meter relay with a time of 39.36 seconds... won the 200 meters at the USA Junior Championships with a time of 20.86 seconds... earned All-America honors as a member of Houston's 4x100 meter relay team that finished in ninth place... registered a fourth-place finish in the 200 meters at the Conference USA Championships with his previous best time of 20.97 seconds.

High School
Third-place finisher in the 400 meters at the District 18-5A Championships as a junior and senior... ran on Westside's 4x400 meter relay team that finished fourth in the Region II-5A meet... also played guard for Westside's basketball team.

Personal
Majoring in media production... born April 16, 1986 in Houston, Texas... son of Theresa Smith... hobbies include playing Playstation video games and basketball.



NATHAN TRIMBLE

SPRING, TEXAS
KLEIN HS

INDOOR: 3,000M (9:16.10), 5,000M (16:32.81)
OUTDOOR: 3,000M (9:35.07), 5,000M (16:19.59)

DISTANCE	5-9	SO-1L
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Fall '06 Dean's List

2007-2008
Cross Country: Ran a 20:37.7 placing 54th in the Baylor Twilight Invitational season opening meet... raced a 7K in 27:48.8 for a 29th place finish in the UTEP Lori Fitzgerald Invitational... helped bring in the back-end of the men to place fourth at the Texas A&M Invitational with a 27:18 time and a 53rd place in the 8K... raced in the TAMCC Islander Classic with a 30:19 8K, placing 63rd overall... was the third in line for the Cougars at the Chili Pepper Festival placing 139th overall with a 34:09.8 time... competed at the Conference USA Championships running a 30:03.3 8K placing 49th overall to finish the season.

2006-2007
Cross Country: Competed at the Texas Invitational and finished 39th (21:59.46)... was 117th at the OSU Cowboy Jamboree with a time of 28:31... finished 46th at the Conference USA Championships. **Indoor:** Finished sixth in the 3,000 meters with a personal best time of 9:16.10 at the UH All-Comers Meet. **Outdoor:** Was eighth in the 3,000 meters at the TSU Relays... added an 11th-place finish in the 5,000 meter run at the LSU Tiger Classic.

High School
Named the Most Valuable Cross Country Runner in 2005... was the Most Valuable Senior Cross Country Runner in 2006.

Personal
Born October 16, 1987... son of James and Holly Trimble... hobbies include bicycling and table tennis... undecided on a major.

ANTHONY ALDRIDGE
 DENTON, TEXAS
 DENTON HS

SPRINTS	5-9	SR-HS
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2007

Competed as a member of the football team earning All-Conference USA Second Team honors as a running back... leads the team in rushing yards and scoring this season...his career average of 7.37 yards per carry ranks second in the NCAA among current players...will run sprints for the track team for the first time.

Houston Football


Earned multiple honors as a running back for the football team in 2006... played in all 14 games as a junior... National and C-USA leader with 10.1 yards per carry... Fourth in C-USA with 131.1 all-purpose yards per game and sixth with an average of 22.3 yards per kickoff return... led the team with an average of 22.7 yards per catch in 2005.

High School

Selected to the Lubbock Avalanche-Journal State Top 100 at Denton High School (football)... rated #49 in area by Dallas Morning News (football)... rated #19 all-purpose back in nation by Rivals 100... named Honorable Mention AP 4A All-State (football)... selected to the Max Emfinger Texas Super All-State Team... also picked Texas Sports Writers Association Third-Team, All-State (football)... named District 6-4A Offensive Player of the Year... rushed for 1,626-yards on 9.3 yards per carry and scored 27 TDs... also caught 32 passes for 506-yards and had 189 yards on kickoff returns.

Personal

Born November 24, 1983... son of Vincent and Lisa Alridge... enjoys playing the drums in his spare time... majoring in sociology.



BRYAN BROWN
 KINGWOOD, TEXAS
 KINGWOOD HS

POLE VAULT	5-10	FR-HS
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High School

Three-time Regional Qualifier... finished third in state in 2007... earned the Coach's Award... Kingwood High School pole vault record holder... member of the Kingwood Hall of Honor... Super Smart Award winner.

Personal

Born Sept. 14, 1988 in Houston... son of Bridgette and Davis Hency and Diane and Jeffery Brown... also recruited by Kansas, Rice, McNeese, and Kansas State... chose Houston for its program and facilities... hobbies include surfing and pole vaulting.



TYRON CARRIER
 HOUSTON, TEXAS
 E.E. WORTHING HS

SPRINTS	5-9	FR-HS
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High School State Champion- 200 Meters

High School

Three-time regional champion... 2006 State Champion in the 200 meters... also a member of the football team.

Personal

Born Dec. 19, 1988 in Houston, Texas... son of Sharon North... chose Houston because he felt at home here... is also a wide receiver on the UH football team... hobbies include playing football... major is undecided.



CHRIS CARTER
 HEARNE, TEXAS
 HEARNE HS

HURDLES, JUMPS	6-1	FR-HS
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**High School State Champion- High Jump
 AAU National Record Holder- Triple Jump**

High School

A 2007 State Champion in the triple jump after clearing 50-10.50 and finished sixth in the 110-meter hurdles... also finished fourth in the 300-meter hurdles and third in the long jump at the state meet... won the high school long jump competition with a jump of 7.18m/23-07.00 at the 80th Clyde Littlefield Texas Relays in 2007... recorded personal bests of 23-7 in the long jump and 51-02.50 in the triple jump... AAU National Record Holder in the triple jump.

Personal

Born March 11, 1989 in Austin, Texas... son of Sheila Phillips and Michael Carter... chose Houston for its facilities, coaches and trainers... also recruited by Texas, Texas A&M, North Texas, Nebraska, UT-San Antonio and Stephen F. Austin... hobbies include playing video games and working out.

LAZARUS CRUMEDY
TOMBALL, TEXAS
TOMBALL HS


SPRINTS	5-11	FR-HS
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High School

Three-time regional qualifier... finished third at districts in the 200 meters his senior year... also played tailback for the football team for three seasons... was second in the 4x100, 4x200 and third in the 4x400 his junior years... was also elected to the Who's Who Among American High School Student-Athletes.

Personal

Born Aug. 31, 1989 in Houston, Texas... majoring in computer engineering technology.



ERNEST IMADE
AUSTIN, TEXAS
LANIER HS
TEXAS STATE F

SPRINTS	5-11	SO-TR
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Prior to Houston


Ran track at Texas State... recorded personal bests of 10.84 in the 100 meters and 22.2 in the 200 meters.

High School

District champion in the 100 and 200 meters... two-time regional qualifier... state qualifier in the 200 meters... finished seventh in the 200 meters at the state meet... also a member of the baseball and football teams... attended American Legion Boy State in 2004... member of the Austin Striders Track Club.

Personal

Born Oct. 26, 1987 in Benin, Nigeria... grandson of Hazel Phillips... also recruited by Texas-San Antonio, Texas State and Texas Tech... chose Houston for its prestigious track program... hobbies include running and reading.



SIDNEY FLORES
CORPUS CHRISTI, TEXAS
CALALLEN HS

THROWS	6-4	FR-HS
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High School State Champion- Shot Put

High School

State Champion in the shot put... finished fourth in the discus at the regionals... also named to the All-State academic team in football... member of the National Honor Society and graduated summa cum laude.

Personal

Born March, 23, 1989 in Abilene, Texas... son of Pete and Agnes Flores... chose Houston for its track program and his ability to get a college degree... also recruited by UT-San Antonio, Texas A&M-Corpus Christi, North Texas and Texas A&M-Kingsville.



ANTONY KELLER
KINGWOOD, TEXAS
KINGWOOD HS

INDOOR: N/A
OUTDOOR: N/A

DISTANCE	5-10	SO-HS
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2007-2008

Cross Country: Finished 60th at the Baylor Twilight Invitational with a 20:54.6 time...improved a great deal in his second collegiate meet placing 20th with a time of 26:56.7 in the Lori Fitzgerald Invitational...placed 70th overall at the Texas A&M with a 28:01 8K bringing in the back-end of the Cougars for a fourth place finish...was Houston's second leading men's runner placing 36th overall in a 28:29 time at the TAMCC Islander Classic...competed at the Chili Pepper Festival placing 153rd with a 34:45.5 10K time...finished the season at the Conference USA Championships bringing end the back end of the Cougars at 42nd place with a 28:56.1.

2007

Attended UH but did not compete in track.

High School

Earned the scholastic award for the highest GPA on the cross country team... also played basketball... member of the German Club.

Personal

Born March 18, 1988 in Ashiya, Japan... son of Fritz and Ing-Britt Keller... chose Houston because it was close to home and it had a diverse culture... hobbies include sports and reading.




WILLIAM KROKEY
WOODSTOCK, GA.
WOODSTOCK HS

THROWS	6-1	FR-HS
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Junior All-American- Hammer

High School

Holds the school record in the discus... two-time All-County honoree... state champion in the hammer throw... also a member of the football and basketball teams... holds a personal best of 211-5 in the hammer throw.

Personal

Born July 14, 1989 in Cleveland, Ohio... son of Ron and Andrea Krokey... chose Houston because he received a scholarship here... also recruited by Louisville, Auburn, Ohio State and Oregon... hobbies include reading and playing video games.



JESRICK LEVY
HOUSTON, TEXAS
CY-FAIR HS
NORTHWESTERN

SPRINTS	5-10	SO-HS
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Prior to Houston


Played football at Northwestern.

High School

District Champion in the 200 meters... Regional qualifier... finished first in the 4x100 relay at the Youth Nationals... also played cornerback for the football team... team was a state quarterfinalist in football.

Personal

Born April 20, 1988 in Port Arthur, Texas... son of Elex and Catherine Henry... chose Houston for its location and its coaching staff... also recruited by Northwestern and Texas A&M... hobbies include playing football... majoring in psychology.



THOMAS LANG
WALLIS, TEXAS
BRAZOS HS

SPRINTS, JUMPS	5-11	FR-HS
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High School State Champion- High Jump

High School

Named state champion in the high jump and runner-up in the triple jump and 110m hurdles... was a state bronze medalist in the 300m hurdles... also a member of the football and basketball teams... named an all-area, all-district, and tri-county offensive player of the year... member of the honor roll and earned an English and math student of the year award... finished second in the triple jump after clearing 49-06.75, second in the 110-meter hurdles with a time of 14.32 and was third in the 300-meter hurdles with a time of 38.37 at the 2007 state meet... 2007 State Champion in the high jump after clearing 6-08.00... holds a personal best of 23-02.00 in the long jump and finished first in the triple jump at the 2006 Great Southwest Classic.

Personal

Born Dec. 22, 1988 in Wharton, Texas... son of Datron and Thomas Lang Jr... also recruited by Texas, TCU and Sam Houston State... cousin, Eric Dickerson, played football at SMU and cousin, Jarvise, played football at New Mexico State Military... hobbies include playing basketball.



STEPHEN MAGNESS
HOUSTON, TEXAS
KLEIN OAK HS
RICE

DISTANCE	5-11	SR-TR
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2007-2008

Cross Country: Ran his first race with Houston at the Lori Fitzgerald taking the lead for the men, placed 7th overall with a 24:44.4 time... quickly became a leader for the men placing 4th after running a 24:27 8K and led the Cougars to a fourth-place finish overall at the Texas A&M Invitational... earned his first Conference USA Cross Country Athlete of the Week after his performance at the Texas A&M Invitational on Sept. 25, 2007... placed in the Top-10 at the Conference USA Championships with a 28:56.1 time... finished the season at the NCAA South Central Regionals leading the men with an 11th-place finish... missed an at-large bid to the NCAA Championships by less than one hundredth of a second with a 30:04.3 10k time.

2007

Indoor: Did Not Compete. **Outdoor:** Won the 5,000 meters at the LSU Tiger Classic with a time of 14:21.49... finished fourth in the 1,500 meters at the C-USA Championships... regional qualifier in the 1,500 meters.

Prior to Houston (Rice)

Qualified for Nationals in cross country in 2004... regional qualifier in the 1,500 meters in 2004.

High School

State Champion in the 1,600 meters... State record holder in the 1,600 meters... Held the fastest mile time in the nation... member of relay teams that had the fastest DMR and second fastest 4x400 meter time in the nation.

Personal

Born Oct. 11, 1984 in Houston, Texas... son of William and Elizabeth Magness... also recruited by Rice, Oregon, Cornell, Stanford and Arkansas... hobbies include running.




KEVIN REAGAN
COVINGTON, TEXAS
COVINGTON HS

HIGH JUMP	6-3	FR-HS
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High School State Champion- High Jump

High School

Holds a personal record of 6'10" in the high jump and was the 2006 1A State Champion and 2007 State Champion... also a member of the basketball team, where he was named to the All-District team for four years... named First-Team Super Center senior year... baseball First-Team All-District.

Personal

Born Feb. 21, 1989 in Cleburne, Texas... son of Sharon John... chose Houston for its coaching staff... also recruited by Arkansas, Texas, SFA, Baylor and Sam Houston State... hobbies include playing sports.



DEREK SCHUTZ
HOUSTON, TEXAS
ST. THOMAS HS

POLE VAULT	6-2	FR-HS
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High School

Set a TAPPS state record of 15-09.00 in the pole vault at the 2007 TAPPS State meet... holds a personal best height of 15-10.00... high school state record holder... named a 2007 District Champion... named team MVP and Most Outstanding Athlete... three time TAPPS 3-6A State Champion... school record holder... also a member of the football and basketball teams.

Personal

Born June 5, 1988 in Houston, Texas... son of James and Helen Schutz... chose Houston for its track program and school... also recruited by Air Force, Texas and Sam Houston State... redshirt in football this season.



MIKE SANCHEZ
SHARYLAND, TEXAS
SHARYLAND HS


THROWS	6-2	FR-HS
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High School

Three-time shot-put and discus District Champion... state medalist in discus and state qualifier in shot-put... regional champion in the shot put in 2006 and the discus in 2007... four time regional qualifier... set a personal best of 18.31m/60-01.00 in the shot put and 55.24m/181-3 in the discs... earned All-District, All-Valley, All-Bay Area and All-South Texas honors in football... two-time Second Team All-State in football... also member of the FFA.

Personal

Born in McAllen Texas on July 11, 1988...son of Fred and Carol Sanchez...father is a head football coach...also recruited by Texas A&M, Rice and OSU in football...enjoys hunting, fishing and relaxing...father, grandfather and four uncles were all award winners on their college football teams...major is in kinesiology.



JONATHAN TATUM
DAYTON, TEXAS
DAYTON HS

POLE VAULT	5-10	FR-HS
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High School

Two-time district champion in the pole vault... regional qualifier... also a member of the football and powerlifting teams... regional qualifier in powerlifting... National Honor Society vice-president.

Personal

Born Feb. 8, 1988 in Houston, Texas... son of Janis Harper and James Tatum... chose Houston for its campus and track program... hobbies include running... majoring in mechanical engineering.




DREW THOMAS
LEAGUE CITY, TEXAS
CLEAR CREEK HS


MID-DISTANCE	6-0	FR-HS
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High School

Member of the four-time district champion track team... holds a personal best in the 800 meters with a time of 1.56 at the Texas Relays... also a wide receiver and defensive back on the football team.

Personal

Born Feb. 11, 1989 in Houston, Texas... son of Carl and Denise Thomas... chose Houston because it was the school he always wanted to attend... also recruited by Houston Baptist... hobbies include being a student pilot... majoring in pharmacy.



EDWARD TURNER JR.
HOUSTON, TEXAS
MAYDE CREEK HS

SPRINTS, JUMPS	5-10	FR-HS
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High School

Long jump regional qualifier... ranked #3 in the Nation in the long jump... named First-Team All-District as a running back in 2005 and all purpose in 2006... Academic All-District team member in 2005... holds a personal best of 25-01.00 in the long jump and 10.4 in the 100 meters... jumped at least 24 feet in the long jump all throughout high school.

Personal

Born May 12, 1989 in Houston, Texas... son of Latonya Page and Edward Turner Sr... chose Houston for its track history and the ability to train with the best... also recruited by TCU, Texas, Texas Tech, Kansas State, Kentucky, Arkansas, Iowa State and Texas A&M... hobbies include playing video games and shopping.



2007 Men's Track and Field Team



SEUN ADIGUN
C-USA CHAMPION
NCAA QUALIFIER

HOUSTON COUGAR

HOUSTON COUGARS

AAE

HOUSTON COUGARS™



WOMEN'S RECORDS



INDOOR RECORDS

WOMEN'S RECORDS

EVENT	HOUSTON RECORD	YEOMAN FIELD HOUSE RECORD	CONFERENCE USA MEET RECORD	COLLEGIATE RECORD
55 Meters	6.78* Jackie Washington 1983	Not Available	6.95 Nockeyer Newsome 1998, Southern Miss 6.7h Sophia Minor 1997, Southern Miss	Not Available
60 Meters	7.27 Ebonie Floyd 2007	7.18 Carlette Guidry 1996, adidas	7.37 Monica Twum 2003, TCU	7.09 Angela Williams 2001, USC
200 Meters	22.96 Ebonie Floyd 2007	23.41 Ebonie Floyd 2007, Houston	23.41 Ebonie Floyd 2007, Houston	22.13 Veronica Campbell 2004, Arkansas
400 Meters	54.43 Cheryl Garner 2005	53.31 Suziann Reid 1999, Texas	54.60 Nadja Petersen 2001, Tulane	50.82 Sanya Richards 2004, Texas
800 Meters	2:08.58 Vernetta Rolle 1999	2:05.24 Suzy Hamilton 1996, Reebok	2:07.43 Jenny Holmroos 2006, UTEP	2:00.75 Nicole Cook 2005, Tennessee
Mile	4:45.60 Nora Collas 1985	4:38.20 Ruth Wysocki 1996, Nike International	4:50.01 Angie Kist 2002, Cincinnati	4:28.31 Vicki Huber 1988, Villanova
3,000 Meters	9:19.78 Nora Collas 1985	9:34.38 Hanne Lyngstad 1999, Tulane	9:34.38 Hanne Lyngstad 1999, Tulane	8:49.18 Kim Smith 2004, Providence
5,000 Meters	17:38.30 Jessie Oakes 2003	16:36.80 Minna Rasimus 1999, USF	16:33.24 Tara Quinn 2002, USF	15:14.18 Kim Smith 2004, Providence
55m Hurdles	7.71 Lisa May Duffus 1997	Not Available	7.78 Lisa May Duffus 1997, Houston	Not Available
60m Hurdles	8.12 Jenny Adams 2000	8.01 Michelle Freeman 1996, Jamaica	8.28 Jenny Adams 2001, Houston	7.84 Ginnie Powell 2005, USC
4x400 Relay	3:32.28 (Howard, Garner, Guy, Floyd) 2006	3:34.66 Texas 2003	3:42.58 TCU 2004	3:27.66 Texas 2003
DMR	11:43.92 (Petterson, Boxill, Rolle, Charlier) 1999	11:35.41 Rice 2001	11:40.37 Tulsa 2007	10:54.34 Villanova 1988
High Jump	1.88/6-02.00 Ifoma Jones 1999 1.88/6-02.00 Kim Carter 1986	1.92/6-03.50 Erin Aldrich 1998, Texas	1.85/6-00.75 Gaelle Niare 2007, SMU	1.97/6-05.50 Four Athletes
Pole Vault	4.20/13-09.25 Rhian Clarke 2001	4.30/14-01.25 Alicia Warlick 2002, SMTC	3.96/12-11.75 Rachel Greff 2006, Rice	4.53/14-10.25 Amy Linnen 2002, Arizona
Long Jump	6.78/22-03.00 Carol Lewis 1985	6.49/21-03.50 Dawn Burrell 1998, Unattached	6.53/21-05.25 Jenny Adams 1998, Houston	6.91/22-08.00 Elva Goulbourne 2002, Auburn
Triple Jump	12.86/42-02.25 Caresir Hamilton 2006	13.52/44-04.25 Cynthia Rhones 1999, Unattached	13.08/42-11.00 Sharonda Johnson 2004, Charlotte	14.25/46-09.00 Suzette Lee 1997, LSU
Shot Put	16.68/54-08.75 Cheryl Klein 1987	18.55/60-10.50 Connie Price-Smith 1996, Unattached	15.35/50-04.50 Stephanie Jeffers 2006, Tulsa	19.15/62-10.00 Laura Gerraughty 2004, UNC
Weight Throw	18.60/61-00.25 Amanda Villanueva 2007	21.46/70-05.00 Florence Ezech 2000, SMU	21.27/69-09.75 Dayana Octavian 2004, USF	25.56/83-10.25 Brittany Riley 2007, Southern Illinois 25.56/83-10.25 Candace Scott 2005, Florida
Pentathlon	4,215 pts. Patsy Walker 1981	3,952 pts. Gaelle Niare 2007, SMU	3,952 pts. Gaelle Niare 2007, SMU	4,425 pts. Austra Skyjyte 2002, Kansas State



55 Meters		
Time	Athlete	Year
6.7h	Lisa May Duffus	1997
6.78*	Jackie Washington	1983
6.79*	Michelle Glover	1984
6.88	Michelle Collins	1992
6.92*	Ursula Younger	1987
6.93	Ebonie Floyd	2006

60 Meters		
Time	Athlete	Year
7.27	Ebonie Floyd	2007
7.41	LaDedra Guy	2006
7.46	Aisha Morgan	2002
7.47	Jenny Adams	2001
7.50	Brandy Stewart	2001

55m Hurdles		
Time	Athlete	Year
7.71	Lisa May Duffus	1997
7.73	Carol Lewis	1982
7.81	Seun Adigun	2006
7.82	Jenny Adams	1998
7.82	Debbie DaCosta	1987

60m Hurdles		
Time	Athlete	Year
8.10	Jenny Adams	2001
8.36	Lisa Duffus	1997
8.32	Alicia Cave	2005
8.33	Seun Adigun	2006
8.40	Lauren Smith	2001

200 Meters		
Time	Athlete	Year
23.11	Ebonie Floyd	2007
23.22	Michelle Collins	1992
23.72	Cheryl Garner	2005
23.91	LaDedra Guy	2006
24.45	De'Angelia Johnson	1994

400 Meters		
Time	Athlete	Year
54.43	Cheryl Garner	2005
54.51	Cynthia Jackson	1994
54.64	Courtne Ratliff	2003
54.80	Keisha Howard	2006
54.91*	Andrea Berry	1985

600 Yards		
Time	Athlete	Year
1:22.88	Rachel Clary	1984
1:23.65	Jolanda Jones	1985
1:25.35	Yvette Cash	1985
1:28.5h	Cruz Ibarguen	1983

800 Meters		
Time	Athlete	Year
2:08.58	Vernetta Rolle	1999
2:10.58*	Cindy Anzalone	1983
2:12.62	Shyanae Godfrey	1990
2:12.79	Rochelle Greenwell	1989
2:12.96	Donyale Greenwell	1988

1,000 Yards		
Time	Athlete	Year
2:31.20	Theresa Dunn-Fuqua	1987
2:31.40	Cindy Anzalone	1985
2:33.93	Nanette Garcia	1987

1 Mile		
Time	Athlete	Year
4:45.60	Nora Collas	1985
4:48.30	Theresa Dunn-Fuqua	1987
4:48.35	Dawn Charlier	1999
4:51.65	Val Horan Gingrich	1980
4:55.25	Cindy Anzalone	1983

3,000 Meters		
Time	Athlete	Year
9:19.78	Nora Collas	1985
9:36.00	Kirschen Hagenlocher	1982
9:57.15	Jody Pease	1986
10:06.43	Dawn Charlier	1999
10:08.41	Julie Perez	2002

5,000 Meters		
Time	Athlete	Year
17:38.30	Jessie Oakes	2003
17:44.73	Heather Howse	2002
17:47.07	Karla Garcia	1992
17:33.82	Christy Bench	1996
17:58.75	Terie Littlepage	2003

High Jump		
Height	Athlete	Year
1.88m/6-2.00	Ifoma Jones	1999
1.88m/6-2.00	Kim Carter	1986
1.87m/6-1.50	Jolanda Jones	1989
1.83m/6-0.00	Patsy Walker	1981
1.79m/5-10.50	Carol Lewis	1985

Pole Vault		
Height	Athlete	Year
4.20m/13-09.25	Rhian Clarke	2001
3.65m/11-11.75	Jessica Edwards	2002/2004
3.55m/11-07.25	Ashley Ligon	2007
3.50m/11-05.75	Danielle Aanerud	2005
3.50m/11-05.75	Kim Stallman	2001

Long Jump		
Distance	Athlete	Year
6.78m/22-3.00	Carol Lewis	1985
6.68m/21-11.00	Jenny Adams	2001
6.21m/20-4.50	Jasmine Jackson	2005
6.20m/20-4.25	Jolanda Jones	1989
6.13m/20-1.50	Mary Quisenberry	1987
6.13m/20-1.50	Dawn Burrell	1994

Triple Jump		
Distance	Athlete	Year
12.86/42-2.25	Caresir Hamilton	2006
12.76m/41-10.50	Alisha Broussard	1998
12.62m/41-5.00	Michelle Hickman	1997
12.38m/40-7.50	Starlie Graves	1992
12.18m/39-11.50	Quin'shundolyn McPherson	2007

Weight Throw		
Distance	Athlete	Year
18.60m/61-00.25	Amanda Villanueva	2007
18.03m/59-2.00	Shayla Bowman	2004
16.69m/54-9.25	Katie Herndon	1998
16.07m/52-8.75	Allie Booker	2004
15.79m/51-9.75	Tinisha Wesley	2005

Shot Put		
Distance	Athlete	Year
16.68m/54-8.75	Cheryl Klein	1987
14.96m/49-1.00	Lisa Ferry	1981
14.91m/48-11.00	Tania Bement	1989
14.50m/47-7.00	Tinisha Wesley	2005
13.97m/45-10.00	Chigozie Chuku	1999

Pentathlon		
Points	Athlete	Year
4,215	Patsy Walker	1981
3,878	Krystal Ward	2005
3,877	Rachel Easley	2007
3,573	Briana Bassler	2003
3,569	Nichole Brundage	2005

4x400 Meter Relay		
Time	Athlete	Year
3:32.28	Howard, Garner, Guy, Floyd	2006
3:34.39	Long, Johnson, Crocket, Collins	1992
3:34.96	Long, Johnson, Jackson, Collins	1993
3:35.18	Howard, Abney, Cave, Garner	2005
3:35.23	Johnson, Ates, Long, Jackson	1994

Distance Medley Relay (1,200-400-800-1,600)		
Time	Athlete	Year
11:43.92	Pettersson, Boxill, Rolle, Charlier	1999
12:02.87	Charlier, Boxill, Poole, Lindblom	2000
12:03.49	Williams, Blackburn, Smaczniak, Lindblom	1997
12:07.06	Rzepecki, Boston, Lindblom, Pettersson	1998
12:09.54	Guinn, Harper, Hunt, Hallal	2006

4x800 Meter Relay		
Time	Athlete	Year
8:39.67	D. Greenwell, Garcia, R. Greenwell, Dunn-Fuqua	1988
8:42.66	R. Greenwell, Godfrey, Billings, D. Greenwell	1989
9:00.00	Dunn-Fuqua, Schultz, S. Silva, Anzalone	1985
9:11.24	Godfrey, Stearns, Jeon, McAllister	1990
9:15.98	Schultz, C. Isabelle, M. Isabelle, S. Silva	1984

KEY: * - converted from English. h- hand held time.



OUTDOOR RECORDS

WOMEN'S RECORDS

EVENT	HOUSTON RECORD	LEWIS/TELLEZ COMPLEX RECORD	CONFERENCE USA MEET RECORD	COLLEGIATE RECORD
100 Meters	11.11 Jackie Washington 1983	11.17 Mary Onyali 2000, International Sports	11.31 Oludamola Osayomi 2006, UTEP	10.78 Dawn Sowell 1989, LSU
200 Meters	22.32 Ebonie Floyd 2007	23.16 Tayna Lawrence 2000, Unattached	22.67 Ebonie Floyd 2007, Houston	22.04 Dawn Sowell 1989, LSU
400 Meters	51.36 Ebonie Floyd 2007	51.92 Ronetta Smith 2001, LSU	51.74 Ebonie Floyd 2007, Houston	49.89 Sayna Richards 2004, Texas
800 Meters	2:03.80 Theresa Dunn-Fuqua 1986	2:06.02 LaTisha Staten 2004, Speed Concepts	2:06.27 Vernetta Rolle 1998, Houston	1:58.33 Claudette Groenendaal 1985, Oregon
1,500 Meters	4:16.50 Theresa Dunn-Fuqua 1986	4:23.98 Hanne Lyngstad 2000, Tulane	4:17.99 Hanne Lyngstad 1998, Tulane	4:05.81 Sonja O'Sullivan 1991, Villanova
3,000 Meters	9:16.8h Nora Collas 1984	Not Available	9:35.79 Hanne Lyngstad 2000, Tulane	8:37.25 Vicki Huber 1998, Villanova
5,000 Meters	15:44.7 Nora Collas 1984	16:50.42 Cassie Picken 2005, Charlotte	16:34.07 Maria Otto 1999, USF	15:07.56 Cathy Easker 1985, Wisconsin
10,000 Meters	33:15.31 Nora Collas 1985	36:15.15 Marlene Key 2005, DePaul	35:05.71 Tara Quinn 2002, USF	32:19.97 Alicia Craig 2004, Stanford
Steeplechase	10:38.40 Jessie Oakes 2002	10:21.18 Tsehaye Dagnachew 2005, Charlotte	10:01.77 Brianna Dahm 2002, Marquette	9:38.08 Anna Willard 2007, Michigan
100m Hurdles	12.86 Jenny Adams 2000	12.90 Astia Walker 2000, Unattached	13.05 Jenny Adams 2000, Houston	12.48 Virginia Powell 2006, USC
400m Hurdles	56.67 Alicia Cave 2005	55.54 Sandra Glover 2000, Unattached	57.67 Alicia Cave 2005, Houston	53.47 Janeene Vickers 1991, UCLA
4x100 Relay	43.84 (Mastin, Washington, Lewis, Glover) 1983	43.90 LSU 2001	44.24 Houston 2007	42.50 LSU 1989
4x400 Relay	3:30.72 (Johnson, Long, Jackson, Collins) 1993	3:34.82 TCU 2005	3:35.31 Houston 2006	3:23.75 Texas 2004
High Jump	1.88/6-02.00 Jolanda Jones 1986	1.91/6-03.25 Dora Warlick 2001, Harvard	1.92/6-03.50 Gaelle Niare 2006, SMU	2.00/6-06.75 Amy Acuff 1997 UCLA
Pole Vault	4.15/13-07.25 Rhian Clarke 2000	4.50/14-09.25 Alicia Warlick 2001, Unattached	4.12/13-06.75 Rachel Greff 2006, Rice	4.58/15-00.25 Lacy Johnson 2006, Florida State
Long Jump	7.04/23-01.25 Carol Lewis 1983	6.59/21-07.50 Alice Falaiye 2004, Canada	6.26/20-10.00 Jenny Adams 1999, Houston	7.24/23-09.00 Jackie Joyner-Kersey 1985, UCLA
Triple Jump	13.22/43-04.50 Caresir Hamilton 2006	13.99/45-10.75 Suzette Lee 2001, Unattached	13.26/43-06.00 Kerine Black 2000, USF	14.22/46-08.00 Trecia Smith 1997, Pittsburg
Shot Put	16.22/53-02.75 Cheryl Klein 1987	16.75/54-11.50 Tiffany Bunton 2004, Texas State	16.57/54-04.50 Chandra Brewer 2005, USF	18.99/62-03.75 Meg Richie 1983, Arizona
Discus	54.18/177-09 Cheryl Klein 1987	52.44/172-00 Carol Finsrud 2001, Lockhart	58.44/191-09 Dayana Octavien 2004, USF	67.48/221-05 Meg Richie 1981, Arizona
Javelin	59.44/195-00 Dana Olson 1982	55.98/183-08 Kim Kreiner 2005, Nike	56.16/185-02 Erma Jean Evans 2007, UTEP	61.82/202-10 Irina Kharum 2004, Indiana
Hammer	54.07/177-9 Cheryl Klein 1987	59.35/194-8 Meshall Trotter 2003, Texas A&M	63.97/209-10 Dayana Octavien 2004, USF	69.79/229-0 Candice Scott 2003, Florida
Heptathlon	6,068 pts. Jolanda Jones 1986	Not Available	5,571 pts. Gaelle Niare 2007, SMU	6,527 pts. Diane Guthrie-Gresham 1995, George Mason

KEY: h - hand held time.



OUTDOOR TOP FIVE PERFORMANCES

WOMEN'S RECORDS

100 Meters

Time	Athlete	Year
11.11	Jackie Washington	1983
11.15	Ebonie Floyd	2007
11.26	Michele Collins	1992
11.30	Stephanie Brown	1977
11.36	Michele Glover	1984

200 Meters

Time	Athlete	Year
22.32	Ebonie Floyd	2007
22.68	Jackie Washington	1986
22.80	Michele Collins	1993
23.34	Michele Glover	1984
23.38	Tara Mastin	1984

400 Meters

Time	Athlete	Year
51.36	Ebonie Floyd	2007
51.73	Michele Collins	1993
52.04	Cynthia Jackson	1993
52.11	Keisha Howard	2005
52.90	Courtne Ratliff	2002

800 Meters

Time	Athlete	Year
2:03.80	Theresa Dunn-Fuqua	1988
2:04.82	Vernetta Rolle	1998
2:07.93	Rochelle Greenwell	1988
2:08.18	Vernetta Rolle	1999
2:08.49	Cindy Anzalone	1983

1,500 Meters

Time	Athlete	Year
4:16.50	Theresa Dunn-Fuqua	1986
4:22.63	Dawn Charlier	1999
4:22.68	Cindy Anzalone	1985
4:23.05	Dawn Charlier	2000
4:23.09	Val Gingrich	1980

3,000 Meters

Time	Athlete	Year
9:16.8h	Nora Collas	1984
9:20.38	Cindy Anzalone	1984
9:25.56	Gina McMenamin	1985
9:33.98	Dawn Charlier	1999
9:36.02	Kirschen Hagenlocher	1981

3,000-meter Steeplechase

Time	Athlete	Year
10:38.40	Jessica Oakes	2002
10:45.18	Jackie Rzepecki	2001
10:53.62	Julie Perez	2002
10:56.41	Terie Littlepage	2003
11:23.16	Shawna Florida	2005

5,000 Meters

Time	Athlete	Year
15:44.7h	Nora Collas	1984
16:14.7h	Gina McMenamin	1985
16:43.8h	Laura LaMena	1985
16:45.05	Carmen Maldonado	1988
16:47.4h	Bridget Boyajian	1985

10,000 Meters

Time	Athlete	Year
33:15.31	Nora Collas	1985
33:35.43	Gina McMenamin	1986
34:46.5h	Jody Pease	1986
35:08.1h	Maria Hopp	1986
35:15.3h	Bridget Boyajian	1987

100m Hurdles

Time	Athlete	Year
12.86	Jenny Adams	2000
13.27	Lisa May Duffus	1996
13.36	Alicia Cave	2005
13.43	Dawn Burrell	1994
13.45	Yolanda Harper	1989

400m Hurdles

Time	Athlete	Year
56.97	Sandra Cummings-Glover	1991
57.35	Lisa Duffus	1998
57.67	Alicia Cave	2005
58.14	Rachel Clary	1984
58.50	Debbie DaCosta	1986

High Jump

Height	Athlete	Year
1.88m/6-2.00	Jolanda Jones	1986
1.85m/6-00.75	Ifoma Jones	1999
1.83m/6-0.00	Kym Carter	1984
1.83m/6-0.00	Carol Lewis	1985
1.81m/5-11.25	Krystal Ward	2006
1.80m/5-10.75	Patsy Walker	1981

Pole Vault

Height	Athlete	Year
4.15m/13-7.25	Rhian Clarke	2000
3.70m/12-01.50	Denise Darre	1999
3.66m/12-0.00	Jessica Edwards	2003
3.65m/11-11.75	Danielle Aanerud	2006
3.50m/11-5.75	Christa Coppin	2005
3.50m/11-5.75	Ashley Ligon	2007/2005

Long Jump

Distance	Athlete	Year
7.04m/23-1.25	Carol Lewis	1983
6.64m/21-9.50	Jenny Adams	2000
6.59m/21-7.50	Jasmine Jackson	2005
6.55m/21-6.00	Dawn Burrell	1994
6.35m/20-10.00	Latanya Archie	1990
6.35m/20-10.00	Melba Allen	1982

Triple Jump

Distance	Athlete	Year
13.22m/43-4.50	Cesar Hamilton	2006
12.92m/42-4.75	Starlie Graves	1992
12.74m/41-9.75	Michelle Hickman	1997
12.74m/41-09.75	Quin'shundolyn McPherson	2007
12.65m/41-6.00	Alisha Broussard	1998
12.65m/41-6.00	Michelle Smith	1992

Shot Put

Distance	Athlete	Year
16.22m/53-2.75	Cheryl Klein	1987
14.98m/49-1.75	Lisa Ferry	1982
14.92m/48-11.50	Tania Bement	1990
14.73m/48-4.00	Tinisha Wesley	2005
14.40m/47-03.00	Chigozie Chuku	2000

Discus Throw

Distance	Athlete	Year
54.18m/177-9	Cheryl Klein	1987
51.28m/168-3	Allie Booker	2003
50.82m/166-9	Dana Olson	1982
49.54m/162-06	Ashley Bryant	2007
48.08m/157-9	Lisa Ferry	1983

Hammer Throw

Distance	Athlete	Year
54.07m/177-5	Shayla Bowman	2004
48.23m/158-03	Amanda Villanueva	2007
47.58m/156-1	Katie Herndon	1999
45.06m/147-10	Allie Booker	2004
42.76m/140-03	Ashley Bryant	2007

Javelin Throw

Distance	Athlete	Year
59.44m/195-0	Dana Olson	1982
48.08m/157-9	Lisa Ferry	1983
46.18m/151-6	Trish Wright	1980
46.10m/151-3	Lillian Rivera	1986
44.14m/144-10	Diana Requardt	1986

Heptathlon

Points	Athlete	Year
6,068	Jolanda Jones	1987
5,889	Patsy Walker	1983
5,716	Carol Lewis	1985
5,726	Ifoma Jones	1999
5,618	Debbie DaCosta	1986
5,537	Krystal Ward	2005

4x100m Relay

Time	Athlete	Year
43.84	Mastin, Washington, Lewis, Glover	1983
43.96	Courville, Jackson, Johnson, Collins	1993
44.07	Garrett, Guy, Adigun, Floyd	2006
44.12	Mastin, Washington, Jefferson, Glover	1983
44.20	Courville, Jackson, Burrell, Collins	1993

4x400m Relay

Time	Athlete	Year
3:30.72	Johnson, Long, Jackson, Collins	1993
3:31.73	Howard, Guy, Garrett, Floyd	2006
3:32.62	Johnson, Collins, Crocket, Long	1992
3:34.05	Cash, Stephens, Lewis, Washington	1985
3:34.14	Howard, Cave, Floyd, Clarke	2003

KEY: h - hand held time.

INDOOR ALL-AMERICANS

1980	Amy Davis	Long jump, 4th (19-11.75)
1981	Patsy Walker	Pentathlon, 1st (4,215)
	Tara Mastin	60 yards, 4th (7.48)
	4x200 (Mastin, Clary, Ibarquen, Jefferson)	3rd (1:37.73)
1983	Carol Lewis	Long jump, 1st (21-6.75)
	Michelle Glover	60 yards, 2nd (6.87)
	Cindy Anzalone	1,000 yards, 3rd (2:30.81)
1984	Carol Lewis	Long jump, 2nd (21-9 3/4)
	Carol Lewis	55m hurdles, 7th (7.99)
	Michelle Glover	55 meters, 7th (6.92)
	4 x 400 (Cash, Berry, Clary, Mastin)	8th (3:46.83)
1985	Michelle Glover	55 meters, 4th (6.88)
	Nora Collas	3,000 meters, 4th (9:19.78)
	Kym Carter	High jump, 5th (5-9.50)
	Carol Lewis	55-meter hurdles, 6th (7.82)
	Carol Lewis	Long jump, 1st (21-9.75)
	4x400 (Cash, Stephens, Berry, Jones)	7th (3:44.18)
1986	Kym Carter	High jump, 5th (5-11.50)
	Cheryl Klein	Shot put, 11th (50-3.50)
	Debbie DaCosta	55m hurdles, 9th (7.82)
1987	Cheryl Klein	Shot put, 7th (51-9.25)
	Jolanda Jones	High jump, 9th (5-10.50)
1988	4x800 (R. Greenwell, D. Greenwell, Dunn-Fuqua, Garcia)	3rd (8:39.67)
1989	Jolanda Jones	High jump, 4th (5-10)
	4x800 (R. Greenwell, Godfrey, Billings, D. Greenwell)	3rd (8:42.66)
1991	Michelle Collins	200 meters, 6th (24.02)
1992	Michelle Collins	200 meters, 1st (23.22)
	4x400 (Collins, Long, D.Johnson, Crockett)	2nd (3:34.39)
1993	Michele Collins	200 meters, 3rd (23.35)
	4x400 (D. Johnson, Long, Jackson, Collins)	2nd (3:34.96)
1994	4x400 (D. Johnson, Ates, Long, Jackson)	2nd (3:35.2)
1998	Jenny Adams	Long jump, 4th (20-10)
2000	Jenny Adams	60m hurdles, 5th (8.12)
	Jenny Adams	Long jump, 5th (20-10)
2001	Jenny Adams	Long jump, 1st (21-11)

Jenny Adams	60m hurdles, 3rd (8.16)	
Rhian Clarke	Pole vault, 4th (13-9.25)	
2005	4x400 (Howard, Abney, Cave, Garner)	8th (3:35.18)
2006	4x400 (Howard, Garner, Guy, Floyd)	8th (3:32.28)
2007	Ebonie Floyd	200 meters, 6th (22.98)

OUTDOOR ALL-AMERICANS

1980	Amy Davis	Long jump, 4th (20-0.50)
	4x100 (Davis, Ibarquen, Singleton, Finch)	4th (46.62)
1981	Patsy Walker	Heptathlon, 1st (5,662)
	Dana Olson	Javelin, 3rd (173-5)
	Rachel Clary	400m hurdles, 4th (1:00.11)
	Tara Mastin	100 meters, 8th (11.86w)
1982	Rachel Clary	400m hurdles, 2nd (59.83)
	Carol Lewis	Long jump, 3rd (21-7.50)
	Dana Olson	Javelin, 6th (170-6)
	Jackie Washington	100 meters, 6th (11.20)
	Darlene Jefferson	100 meters, 7th (11.98)
	4x100 (Washington, Lewis, Jefferson, Lavallis)	8th (45.65)
	4x400 (Stephens, Clary, Sutton, Berry)	8th (3:41.94)
1983	Carol Lewis	Long jump, 1st (21-11.75)
	Patsy Walker	Heptathlon, 3rd (5,962)
	Michelle Glover	100 meters, 7th (11.41)
	Jackie Washington	200 meters, 9th (23.35)
	4x100 (Mastin, Washington, Lewis, Glover)	4th (43.84)


AMY DAVIS

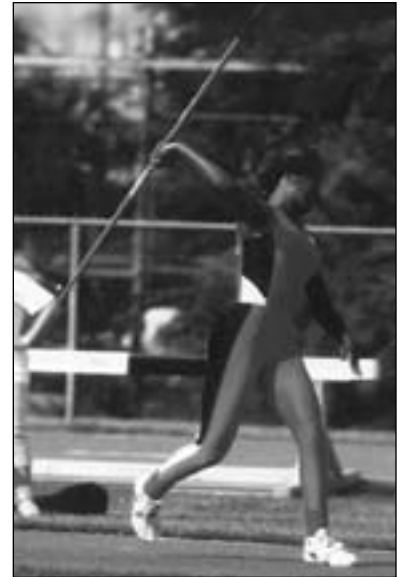
4x400 (Mastin, Washington, Lewis, Glover)	8th (3:39.45)	
1984	Jackie Washington	100 meters, 3rd (11.17)
	Rachel Clary	400m Hurdles, 9th (59.23)
	Tara Mastin	200 meters, 10th (23.66)
	4x100 (Mastin, Glover, Lewis, Washington)	3rd (44.39)
	4x400 (Clary, Stephens, Mastin, Berry)	7th (3:39.77)
1985	Carol Lewis	Long jump, 1st (22-1)
	Nora Collas	10,000 meters, 3rd (33:51.41)
	Nora Collas	5,000 meters, 4th (15:44.7)
1986	Jolanda Jones	Heptathlon, 1st (5,826)
	Debbie DaCosta	Heptathlon, 7th (5,471)
	Gina McMenamin	10,000 meters, 7th (33:35.43)
1987	Jolanda Jones	Heptathlon, 1st (6,068)
	Theresa Dunn-Fuqua	800 meters, 4th (2:06.49)
	Cheryl Klein	Shot put, 7th (51-7)
1988	Theresa Dunn-Fuqua	800 meters, 5th (2:03.80)
1989	Jolanda Jones	Heptathlon, 1st (6,022)
	4x100 (Younger, Harper, Crockett, Holloway)	5th (44.81)
1991	Michelle Collins	200 meters, 7th (23.70)
	Sandra Cummings-Glover	400m hurdles, 5th (57.41)
	4x100 (Harper, Jackson, Crockett, Collins)	7th (44.62)
1992	Michelle Collins	200 meters, 5th (23.48)
	4x100 (Burrell, Johnson, Jackson, Collins)	8th (45.51)
1993	Michelle Collins	200 meters, 6th (23.27)
	Edwina Ammonds	Heptathlon, 7th (5,388)
	4x100 (Courville, D. Johnson, Jackson, Collins)	6th (44.20)
	4x400 (D. Johnson, Jackson, Long, Collins)	7th (3:38.57)
1999	Jenny Adams	Long jump, 3rd (20-8.50)
	Jenny Adams	100m hurdles, 4th (13.35)
2000	Jenny Adams	Long jump, 1st (25-5.50)
	Jenny Adams	100m hurdles 2nd (12.91)
	Ifoma Jones	Heptathlon, 4th (5,593)
	Ifoma Jones	High jump, 7th (5-8.50)
	Rhian Clarke	Pole vault, 7th (13-1.50)
2001	Rhian Clarke	Pole vault, 15th (12-03.50)
2002	Rhian Clarke	Pole vault, 5th (13-1.50)
	Krystal Ward	Heptathlon, 6th (5,337)
2007	Ebonie Floyd	100 meters, 2nd (11.28)
	Ebonie Floyd	200 meters, 3rd (22.65)



CAROL LEWIS
 1983 INDOOR
 LONG JUMP CHAMPION (21-06.75)
 1983 OUTDOOR
 LONG JUMP CHAMPION (21-11.75)
 1985 INDOOR
 LONG JUMP CHAMPION (21-09.75)
 1985 OUTDOOR
 LONG JUMP CHAMPION (22-01.00)



PATSY WALKER
 1981 INDOOR
 PENTATHLON CHAMPION (4,215)
 1981 OUTDOOR
 HEPTATHLON CHAMPION (5,662)



JOLANDA JONES
 1986 OUTDOOR
 HEPTATHLON CHAMPION (5,826)
 1987 OUTDOOR
 HEPTATHLON CHAMPION (6,068)
 1989 OUTDOOR
 HEPTATHLON CHAMPION (6,022)



MICHELLE COLLINS
 1985 INDOOR
 200 METER CHAMPION (23.22)



JENNY ADAMS
 2000 OUTDOOR
 LONG JUMP CHAMPION (25-05.50)
 2001 INDOOR
 LONG JUMP CHAMPION (21-11.00)

INDOOR CHAMPIONS

1997	
Lisa May Duffus	55m hurdles (6.78)
Jenny Adams	200 meters (24.93)
Cilla Petterson	800 meters (2:14.78)
4x400	(3:46.99)
Michelle Hickman	Triple jump (19-10.75)
Katie Herndon	20-lb. Weight throw (50-10)

1998	
Jenny Adams	55m hurdles (7.82)
Vernetta Rolle	800 meters (2:12.63)
Jenny Adams	Long jump (21-5.25)
Alisha Broussard	Triple jump (41-10.50)
Katie Herndon	20-lb. Weight throw (54-9.25)

1999	
Alisha Broussard	Triple jump (41-09.75)
Ifoma Jones	High jump (6-0.00)
Denise Darre	Pole vault (10-6.00)
Chigozie Chuku	Shot put (45-10.00)

2000	
Jenny Adams	55m hurdles (7.75)
Dawn Charlier	Mile (4:51.12)
Ifoma Jones	High jump (5-9.75)
Jenny Adams	Long jump (21-00.75)
Rhian Clarke	Pole vault (12-01.50)

2001	
Jenny Adams	60m hurdles (8.28)
Lauren Smith	200 meters (24.58)
Rhian Clarke	Pole vault (13-03.50)
Jenny Adams	Long jump (21-02.75)

2002	
Lauren Smith	60m hurdles (8.44)
Courtne Ratliff	400 meters (55.64)
4x400	(3:44.40)
Nichole Brundage	High jump (5-08.00)
Rhian Clarke	Pole vault (13-02.25)

2003	
Magenta Taylor	60m hurdles (8.45)
Ebonie Floyd	200 meters (24.19)
Ebonie Floyd	400 meters (54.63)
4x400m Relay	(3:44.01)
Krystal Ward	High jump (5-7.75)
Ashley George	Long jump (19-5.50)

2004	
Krystal Ward	Pentathlon (3,811)

2005	
Cheryl Garner	200 meters (23.79)
Cheryl Garner	400 meters (54.43)
Jasmine Jackson	Long jump (20-4.50)
Krystal Ward	Pentathlon (3,878)

2006	
Ebonie Floyd	200 meters (24.07)
Keisha Howard	400 meters (55.09)

4x400	(3:43.05)
Caresir Hamilton	Triple Jump (41-03.75)
Rachel Easley	Pentathlon (3,760 pts.)

2007	
Ebonie Floyd	200 meters (23.41)
Seun Adigun	60m hurdles (8.57)

OUTDOOR CHAMPIONS

1997	
Jenny Adams	200 meters (23.98)
Lisa-May Duffus	100m hurdles (13.46)
Lisa-May Duffus	400m hurdles (58.50)
4x100	(45.94)
4x400	(3:45.69)
Michelle Hickman	Triple jump (40-7.00)

1998	
Shay Segarst	200 meters (23.83)
Vernetta Rolle	800 meters (2:06.57)
Jenny Adams	100m hurdles (7.82)
Lisa Duffus	400m hurdles (58.17)
4x400	(3:38.36)
Ifoma Jones	High jump (5-6.00)
Jenny Adams	Long jump (20-8.50)
Alisha Broussard	Triple jump (42-4.25)
Bonnie Aschenbrenner	Shot put (44-0.50)
Katie Herndon	Hammer (155-1)
Ifoma Jones	Heptathlon (5,173 points)

1999	
Jenny Adams	100m hurdles (13.13)
Ifoma Jones	High jump (5-08.50)
Denise Darre	Pole vault (10-8.00)
Jenny Adams	Long jump (20-10.00)
Chigozie Chuku	Shot put (46-11.75)
Ifoma Jones	Heptathlon (5,320 points)

2000	
Theodoesha Rivers	400 meters (53.50)
Jenny Adams	100m hurdles (13.05)
Ifoma Jones	High jump (5-08.50)
Jenny Adams	Long jump (21-3.50)
Rhian Clarke	Pole vault (12-2.00)
Ifoma Jones	Heptathlon (5,009 points)

2001	
Lauren Smith	100m hurdles (13.68)
Rhian Clarke	Pole vault (12-5.50)
4x100	(45.22)

2002	
Aisha Morgan	100 meters (11.48)
Courtne Ratliff	400 meters (52.90)
Alicia Cave	100m hurdles (13.62)
Alicia Cave	400m hurdles (58.77)
4x400	(3:37.73)
Rhian Clarke	Pole vault (12-05.50)
Krystal Ward	Heptathlon (5,193)

2003	
Ebonie Floyd	400 meters (52.16)
Alicia Cave	100m hurdles (13.47)
Briana Bassler	Heptathlon (5,129)

2004	
LaDedra Guy	100 meters (11.45)
Krystal Ward	Heptathlon (5,173)

2005	
Keisha Howard	400 meters (52.11)
Alicia Cave	400m Hurdles (56.67)
Jasmine Jackson	Long jump (20-8.00)
Krystal Ward	Heptathlon (5,537)

2006	
Ebonie Floyd	100 meters (11.13)
Ebonie Floyd	200 meters (22.66)
4x400 (Howard, Guy, Garrett, Floyd)	(3:35.31)

Caresir Hamilton	Triple jump (43-04.50)
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2007	
Ebonie Floyd	200 meters (22.67)
Ebonie Floyd	400 meters (51.74)
Seun Adigun	100m Hurdles (13.60)
4x100 (Young, McPherson, Adigun, Floyd)	(44.24)
4x400 (Allen, McPherson Willis, Floyd)	(3:40.58)





SOUTHWEST CONFERENCE

Year	Coach	INDOOR		OUTDOOR	
		Conference	NCAA	Conference	NCAA
1982	Tom Tellez			Second (173 Points)	13th (37 Points)
1983	Tom Tellez	First (158 Points)	Fourth (23 Points)	Fifth (177 Points)	Eighth (52 Points)
1984	Tom Tellez	First (146 Points)	17th (Eight Points)	First (223 Points)	14th (33.50 Points)
1985	Tom Tellez	Second (149 Points)	Seventh (20 Points)	Second (173 Points)	11th (21 Points)
1986	Tom Tellez	Second (79 Points)	29th (Three Points)	Second (178 Points)	17th (15 Points)
1987	Tom Tellez	First (110 Points)		Second (94 Points)	21st (12 Points)
1988	Tom Tellez	Third (68 Points)	18th (Six Points)	Fifth (84 Points)	39th (Four Points)
1989	Tom Tellez	Third (83 Points)	22nd (8.33 Points)	Fourth (104 Points)	17th (14 Points)
1990	Tom Tellez	Third (66 Points)		First (139 Points)	
1991	Tom Tellez	Fourth (67 Points)	35th (One Point)	Third (127 Points)	27th (Eight Points)
1992	Tom Tellez	Fifth (61 Points)	Seventh (18 Points)	Fifth (95 Points)	34th (Five Points)
1993	Tom Tellez	Third (75 Points)	11th (14 Points)	Fifth (82 Points)	21st (10 Points)
1994	Tom Tellez	Fourth (74 Points)	23rd (Eight Points)	Fourth (78 Points)	
1995	Tom Tellez	Sixth (39 Points)		Sixth (47 Points)	
1996	Tom Tellez	Seventh (15 Points)		Sixth (29 Points)	

CONFERENCE USA

Year	Coach	INDOOR		OUTDOOR		
		Conference	NCAA	Conference	Regional	NCAA
1997	Tom Tellez	Second (117.5 Points)		Second (193 Points)		
1998	Tom Tellez	First (140 Points)	38th (Five Points)	First (218.50 Points)		22nd (11 Points)
1999	Leroy Burrell	Third (108 Points)		Third (139 Points)		20th (12 Points)
2000	Leroy Burrell	Second (108.5 Points)	23rd (Eight Points)	First (162 Points)		Eighth (26 Points)
2001	Leroy Burrell	Third (95 Points)	Seventh (21 points)	Second (135 Points)		
2002	Leroy Burrell	First (107 Points)		First (144 Points)		35th (Seven Points)
2003	Leroy Burrell	First (135.5 Points)		Second (138.5 Points)		16th (14 Points)
2004	Leroy Burrell	Third (92 Points)		First (121 Points)		23rd (12 Points)
2005	Leroy Burrell	First (117 Points)	64th (One Point)	First (137 Points)		15th (20.5 Points)
2006	Leroy Burrell	First (141.5 Points)		First (125 Points)	9th (31 Points)	47th (Four Points)
2007	Leroy Burrell	Third (91 Points)	56th (Three points)	Third (105 Points)	9th (23 Points)	16th (14 Points)



2006 WOMEN'S TEAM

C-USA COACH OF THE YEAR

Leroy Burrell	2005 Indoor
Leroy Burrell	2004 Outdoor
Leroy Burrell	2003 Indoor
Leroy Burrell	2002 Indoor
Leroy Burrell	2002 Outdoor
Leroy Burrell	2000 Outdoor
Tom Tellez	1998 Indoor
Tom Tellez	1998 Outdoor

NCAA POSTGRADUATE SCHOLARSHIP

Rhian Clarke	2002
Jolanda Jones	1989

C-USA POSTGRADUATE SCHOLARSHIP

Rhian Clarke	2001-02
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C-USA COMMISSIONER'S ACADEMIC MEDAL

Brittani Williams	2007
Briana Bassler	2000
Nichole Brundage	2003, 2005
Rhian Clarke	2000, 2001, 2002
Nadia Elfarnawani	2000
Emma Lindblom	1997, 1998, 1999, 2000
Stacey Poole	1998, 1999, 2000

**USATFCCA SOUTH CENTRAL FEMALE TRACK
ATHLETE OF THE YEAR**

Ebonie Floyd	2007
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CONFERENCE USA ACADEMIC HONOR ROLL

Danielle Aanerud	2004, 2005, 2006, 2007
Jenny Adams	2001
Seun Adigun	2007
Briana Bassler	2000, 2001, 2003, 2004
Danielle Blackburn	1999
Allie Booker	2003, 2004, 2005, 2006
Deonna Brown	1999
Nichole Brundage	2002, 2003, 2004, 2005
Alicia Cave	2002, 2003, 2004
Monique Caston	1998
Dawn Charlier	1999, 2000
Renee Clarke	2003, 2004
Rhian Clarke	2000, 2001, 2002
Tara Conley	2000, 2001
Christa Coppin	2005, 2006
Charlotte Crabbe	2003
Melissa Dearth	1999
Monica De LaHaya	2001, 2002
Alexis Dennis	2001
Pam Dyer	2001
Nadia Elfarnawani	1999, 2000
Kristina Escobar	2007

Ebonie Floyd	2003
Rachel Freeman	2004
Adriane Guinn	2005
Oumama Hallal	2005, 2006, 2007
Erica Hannemann	2007
Jennifer Harper	2006
Michelle Hickman	2000
Iroque Igbinos	2003, 2004
Ifoma Jones	1999
Laura Koenig	2006
Ashley Ligon	2006
Emma Lindblom	1997, 1998, 1999, 2000
Jaylene Martinez	1998
Allie Mascorro	2001, 2002
Wendi Murray	2003
Dayo Oggunyi	2007
Tanya Ortega	2001
Alice Patterson	1999
Cilla Petterson	1998, 1999, 2000
Julie Perez	2000, 2001, 2002, 2003, 2004
Stacey Poole	1998, 1999, 2000
Meghan Randall	1998, 1999
Courtne Ratliff	2002, 2003
LaToska Reed	2000
Monica Reyna	2001, 2002
Kendra Rodgers	1999, 2000
Jackie Rzepecki	1998, 1999, 2000, 2001
Lauren Smith	2000, 2001, 2002, 2003, 2004
Tiana Smith	1999, 2000
Kim Stallman	2000, 2001, 2003
Cynthia Silvia	2004, 2005, 2006
Magenta Taylor	2000, 2004
Amanda Villanueva	2006
Krystal Ward	2002, 2003, 2004, 2005, 2006
Tinisha Wesley	2004, 2005
Brittani Williams	2007
Kelli Williams	2004
Vanessa Zavaletta	1999, 2000, 2001


EBONIE FLOYD
C-USA ATHLETE OF THE YEAR

Ebonie Floyd	2007 Outdoor
Ebonie Floyd	2006 Outdoor
Jenny Adams	2001 Indoor
Jenny Adams	1998 Indoor
Jenny Adams	1997 Outdoor

C-USA FRESHMAN OF THE YEAR

Quin'shundolyn McPherson	2007 Indoor
Ebonie Floyd	2003 Indoor
Ebonie Floyd	2003 Outdoor
Alicia Cave	2002 Outdoor
Jenny Adams	1997 Indoor
Jenny Adams	1997 Outdoor

VERIZON ACADEMIC HALL OF FAME

Jolanda Jones	1999
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VERIZON ACADEMIC ALL-AMERICANS

Jolanda Jones	First Team, 1989
Jolanda Jones	Third Team, 1987

VERIZON ACADEMIC ALL-DISTRICT TEAM

Nichole Brundage	Second Team, 2005
Krystal Ward	Second Team, 2005


LEROY BURRELL



Aa

Danielle Aanerud	2005-
Mary Abbenante	1977
Tiffany Abney	2003-2006
Jenny Adams	1997-01
Seun Adigun	2006-
LaNeeka Allen	2006-
Melba Allen	1979-82
Edwina Ammonds	1992-94
Jennifer Hunt-Anderson	2004-
Cindy Anzalone	1983-86
Latonya Archie	1989-92
Carolye Asfahl	1991-94
Bonnie Aschenbrenner	1997-00
Nicole Ates	1994

Bb

Sherrell Baker	1993-96
Briana Bassler	2000-03
Delilah Battle	2001-02
Lynnie Beck	1988
Tania Bement	1988-91
Christy Bench	1993-97
Elin Bendixen	1994
Dede Berkley	1977-79
Andrea Berry	1982-85
Michele Billings	1987-89
Danielle Blackburn	1996-98
LaToya Bluiitt	1995-96
Lori Bolk	1985
Allie Booker	2002-05
Myesha Boston	1997-00
Shayla Bowman	2002-05
Bridget Boyajian	1984-88
Dominique Bradford	1983
Alisha Broussard	1998-99
Deonna Brown	1999
Patricia Brown	1980
Stephanie Brown	1977
Nichole Brundage	2002-05
Ashley Bryant	2007-
Dawn Burrell	1992-95
Laurie Burridge	1977-81

Cc

Janie Calvillo	1980
Sally Carei	1983
Michele Carr	1984-87
Wilma Cartagena	1977-78
Akilah Carter	1996-00
Kym Carter	1983-86
Dawn Case	1988-92
Yvette Cash	1984-87
Monique Caston	1998
Alicia Cave	2002-05
Nina Cebrun	1987
Shanae Chandler	1994-95
Dawn Charlier	1999-00
Chigozie Chuku	1999-00
Renee Clarke	2003-04

Rhian Clarke	2000-02
Rachel Clary	1981-84
Lindsay Cobbs	2001-03
Rena Cobbs	1977-78
Nora Collas	1983-86
Lisa Collins	1999
Michele Collins	1990-93
Kelly Conery	1988-92
Tara Conley	2000
Jessica Cook	2007-
Christa Coppin	2005-2006
Erin Cornelius	2000
Patti Costello	1983-84
Janinne Courville	1993-96
Janay Covington	2003
Cecilia Crockett	1989-92
Sandra Cummings-Glover	1990-91

Dd

Denise Darre	1996-99
Debbie DeCosta	1985-87
Amy Davis	1977
DeMonica Davis	1995-97
Suzanne Davis	1986
Michelle Dekker	1986-87
Monica De La Haya	2001-03
Alexis Dennis	2001
Carmen Dominguez – Paris	1996
Lisa May Duffus	1995-98
Theresa Dunn – Fuqua	1984-88
Pam Dyer	2000-01

Ee

Rachel Easley	2004-2007
Jessica Edwards	2001-04
Toya Edwards	1988-91
Nadia Elfarawani	1998-00
Kristina Escobar	2007
Cyndi Espinoza	1993-96

Ff

Wendy Falk	1986-87
Lisa Ferry	1981-84
Vickey Finch	1981-82
Claudine Finn	1992
Nancy Fitzgerald	1975, 78
Sharon Fitzgerald	1975, 77-78
Marilyn Flinn	1980
Adelaida Flores	1991
Shawna Florida	2003-05
Ebonie Floyd	2003-2007
Candy Fowler	1993-94
Nancy Frank	1975, 1978-81
Crystal Freeman	2001-04
Jan Fry	1977
Una Fry	1984
Hayley Futrell	2000-01

Gg

Janice Gaines	1989-92
Karla Garcia	1991-92
Nanette Garcia	1986-90
Cheryl Garner	2004-2006
Octavia Garrett	2006-2007
Ashley George	2003
Missy Gilberti	1993-94
Lilly Giles	1979
Val Horan Gingrich	1977-80
Dana Glidden	1977-78
Michele Glover	1982-85
Shyanae Godfrey	1988-91
Vanessa Golston	2002
Ceci Gonzales	1980
Lydia Gonzales	1980
Sandra Gonzales	1994
Jeri Graves	1975-79
Sherry Kimball	1992-94
Marnie Green	1989-92
Donyale Greenwell	1988-89
Rochelle Greenwell	1988-91
Adriane Guinn	2005-
LaDedra Guy	2004-2007

Hh

Kirachen Hagen-Locher	1980-82
Oumama Hallal	2005-
Diane Halpin	1975-79
Caresir Hamilton	2004-
Chelsea Hamner	1996
Erica Hannemann	2007-
Laura Harlett	2005
Jennifer Harper	2005-
Yolanda Harper	1989-91
Katrina Harris	1993-97
Keri Harris	1985-88
Wykesha Harrison	1998
Jillina Hawkins	1993
Alana Hernandez	2002
Katie Herndon	1996-99
Rosemary Hessman	1982
Michelle Hickman	1997
Karen Hill	1981-83
Carrie Hoagland	1995-97
Danielle Holliman	1998
Felicia Holloway	1989-90
Maria Hopp	1986
Keisha Howard	2003-2006
Heather Howse	2001-03

Ii

Cruz Ibarquen	1980-82
Uduak Inyangumis	1998
Wendy Irwin	1984
Carlene Isabelle	1984
Marlene Isabelle	1984

Jj

Cynthia Jackson	1990-94
Ferbeshier Jackson	1990
Jasmin Jackson	2001-05
Darlene Jefferson	1981-83
Catherine Jeon	1989-92
De'Angelia Johnson	1992-95
Ifoma Jones	1998-00
Jolanda Jones	1985-88

Kk

Ngozi Kalu	1989
Kelcee Keenan	2006-
Allida Kemp	1996
Shelley Keys	2001-02
Starlie Kimball	1975-79
Cheryl Klein	1985-89
Joy Koch	1977
Amy Komar	1981
Cathie Koss	1985

Ll

Kerri LaCour	2006
Laura La Mena	1985
Elizabeth Lasater	1983
Alison Laver	1987-88
Pat Lavallias	1981-84
Margie Lawrence	1984
Carol Lewis	1982-85
Jackie Lewis	1983-86
Ashley Ligon	2005-
Emma Lindblom	1997-00
Mary Pat Linder	1984-85
Terie Littlepage	2002-04
Elizabeth Litsch	1995-97
Drexel Long	1992-95
Jennifer Lopez	1994
Robin Lowe	1975-79

Mm

Eva Madrid	2004
Sharon Majors	1975-79
Carmen Maldonado	1988
Jennifer Markesino	1996
Jaylene Martinez	1998-99
Allie Mascorro	2001-02
Jara Mastin	1981-85
Nancy Mateski	1988
Bethany May	1989-92
Kelly McCarty	2002-03
Serina McFarland	2000-03
Donna McGrath	1984
Gina McMenamin	1983-86
Quin'shundolyn McPherson	2007-
Gwen McRae	1986



LETTERWINNERS

WOMEN'S RECORDS

Tiffany Modkins	1992
Kim Montgomery	1990-92
Lisa Moreyra	1989
Aisha Morgan	2000-03
Ashley Mulkey	1991-92
Diane Mull	1975, 1977-79
Arisa Murakata	1998
Lisa Murray	1991-93

Nn

Diana Neira	2000-01
Lovvie Neufield	1975, 78-79
Mary Beth Novak	1991

Oo

Jessica Oakes	2001-05
Crystal Obey	2002
Janie O'Connor	1984
Dayo Ogunniyi	2006-
Emily Okoronkwo	1998-00
Akua Ollison	1994-96
Stephanie Olmstead	1993-95
Dana Olson	1981-82
Betsy O'Neil	1983
Julia Orozco	1989
Tanya Ortega	2000-01

Pp

Karole Painter	1986-87
Alice Patterson	1999-01
Jody Pease	1983-86
Michele Peck	1987
Wendy Pena	1987
Julie Perez	2000-04
Cilla Petterson	1996-99
Quana Phillips	1993-95
Cicely Pinkston	2001
Stacey Poole	1998-00

Qq

Karina Quesada	1998-01
Mary Quisenberry	1984-87

Rr

Veronica Ramirez	2001-05
Meghan Randall	1996-98
Courtne Ratliff	2002-03
LaToska Reed	2000
LaToya Reed	2001
Diana Requardt	1985-88
Lydia Reyes	1994-95
Monica Reyna	1998
Rhonda Reyna	1991

Torri Rhodes	1993-94
Lillian Rivera	1985-86
Theodoesha Rivers	1998-01
Lee'Andrea Robinson	2006-
Kendra Rodgers	1997-00
Regina Rogers	1980-81
Vernetta Rolle	1997-00
Sharon Rose	1984
Theresa Rowan	1981-83
Erika Rubalcava	1997-98
Natalie Russell	1975, 1977-79
Crystal Ryan	2000-03
Katie Ryan	2004-05
Jackie Rzepecki	1997-01

Ss

Erika Sampson	1993-94
Jakki Sanford	1987-88
Yolanda Santana	1988
Katherine Scarborough	2000
Mary Ellen Schultz	1985
Shay Segarst	1998-00
Donna Shell	1977-78
Cynthia Silva	2004-2006
Sonia Silva	1983-86
Bringette Singleton	1981
Laura Smaczniak	1996-97
Anne Smith	1987-88
Lauren Smith	2000-03
Michelle Smith	1989-92
Teri Smith	1992
Tiana Smith	2000
Tracey Smith	1996
Stacy Sparks	1994, 1996
Kim Stallman	2000-03
Sonja Stampley	1986
Jennifer Standefer	1992-94
Nancy Staudt	1982
Angela Stearns	1988-91
Diane Steen	1985-88
Robin Stephens	1982-85
Ellen Sterling	1986-87
Brandy Stewart	2000
Jennifer Sutherland	1997
Valerie Sutton	1981-83

Tt

Gina Tames	1991-94
Letha Taylor	1979
Magenta Taylor	2000-03
Emily Temple	1993-94
Denise Thomas	1981-82
Veronica Thomas	2002
Krystal Thompson	1987-89
Lisa Thompson	1990
Jan Thompson	1980-81
Jeaniffer Tipp	1986
Lesley Toliver	1988-89
Lisa Trecortin	1975, 1978-79

Uu

Maxine Underwood	1983
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Vv

Becky Valdez	1996-97
Amanda Villanueva	2006-2007

Ww

Janice Walker	1980-83
Patsy Walker	1981-83
Krystal Ward	2002-2006
Ebony Washington	1994-97
Jackie Washington	1982-86
Leslie Washington	1998
Vickie Washington	1998-99
Tinisha Wesley	2002-05
Jaketa West	2002-05
Brittani Williams	2007-
Helen Williams	1992-95
Juvenia Williams	2000
Kelli Williams	2004-2007
Yvonne Williams	1994-97
Ciara Willis	2007-
Lisa Wilson	2004
Missy Wilson	1991
Paige Wirth	2006

Yy

Laura Yelverton	2004-05
Ursula Younger	1986-89
Hyleta Young	2007-

Zz

Vanessa Zavaletta	1997-01
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IVAN DIGGS
NCAA ALL-AMERICAN
C-USA CHAMPION



MEN'S RECORDS



INDOOR RECORDS

MEN'S RECORDS

Event	University of Houston Record	Yeoman Field House Record	Conference USA Meet Record	Collegiate Record
55 Meters	6.07* Carl Lewis 1981	Not Available	6.32 Xavier Alston 1998, Houston	Not Available
60 Meters	6.65 Stanford Routt 2004	6.58 Darvis Patton 2003, Unattached	6.64 Julien Dunkley 2003, East Carolina	6.45 Leonard Myles-Mills 1999, BYU
200 Meters	20.82 Robert Foster 2003	20.91 LaShawn Merritt 2005, East Carolina	20.91 LaShawn Merritt 2005, East Carolina	20.10 Wallace Spearmon 2005, Arkansas
400 Meters	46.50^ Chris Jones 1997	46.75 LaShawn Merritt 2005, East Carolina	46.75 LaShawn Merritt 2005, East Carolina	44.57 Kerron Clement 2005, Florida
800 Meters	1:50.38 Karim Alston 1998	1:50.04 Adam Davis 2003, Rice	1:51.72 Elias Koech 2006, UTEP	1:44.84 Paul Ereng 1989, Virginia
1,500 Meters	Not Available	Not Available	Not Available	3:38.2 Sydney Maree 1979, Villanova
Mile	3:59.64# Leonard Hilton 1971	4:00.82 Pablo Solares 2007, Rice	4:00.82 Pablo Solares 2007, Rice	3:55.0 Tony Waldrop 1974, North Carolina
3,000 Meters	8:24.49 Sesar Figueroa 2006	7:55.12 David Kimani 2000, South Alabama	8:19.73 Eliud Njubi 2002, TCU	7:33.59 Alistair Cragg 2004, Arkansas
5,000 Meters	14:29.48 Mike Olague 2003	14:10.74 Japheth Ng'ojoy 2007, UTEP	14:10.74 Japheth Ng'ojoy 2007, UTEP	13:20.4 Suleiman Nyambui 1981, UTEP
55m Hurdles	7.10 Cletus Clark 1984	Not Available	7.36 Darius Pemberton 1997, Houston	Not Available
60m Hurdles	7.81 Andrew Carruthers 2005	7.58 Larry Wade 2003, HSI	7.81 Andrew Carruthers 2005, Houston	7.47 Reggie Torrian 1997, Wisconsin
4x400	3:08.59 (Jones, Pemberton Alston, Darling) 1997	3:09.64 Baylor 2000	3:13.06 TCU 2003	3:03.51 Florida 2005
DMR	9:34.0h (Vicenik, Mayes Jaohar, Hilton) 1970	9:53.34 SMU 2002	9:55.66 Marquette 1998	9:27.77 Michigan 2004
High Jump	2.31/7-07.00 Mark Reed 1988	2.26/7-05.00 Randy Jenkins 1996, Unattached	2.24/7-04.25 Mickeal Hanany 2006, UTEP	2.37/7-09.25 Hollis Conway 1989, Louisiana-Lafayette
Pole Vault	5.36/17-07.00 Mike Brookins 2000	5.70/18-08.50 Jacob Davis 1999, Texas	5.18/17-00.00 Bill Collins 1998, Houston 5.18/17-00.00 Jamie Lewis 1998, Cincinnati 5.18/17-00.00 Ben Novak 1998, Cincinnati	5.85/19-02.25 Jacob Davis 1999, Texas
Long Jump	8.56/28-01.00 Carl Lewis 1982/1985	7.95/26-01.00 Savante Stringfellow 2000, Mississippi	7.78/25-06.25 Aundre Edwards 2003, TCU	8.59/28-02.25 Miguel Pate 2002, Alabama
Triple Jump	17.01/56-01.00 Frank Rutherford 1987	16.62/54-06.50 Ivory Angelo 1997, Unattached	15.82/51-11.00 Brandal Edwards 2003, TCU	17.50/57-05.00 Charlie Simpkins 1986, Baptist
Shot Put	19.69/64-07.25 John Davis 1998	21.11/69-03.25 John Godina 1996, Reebok	19.34/63-05.50 John Davis 1999, Houston	21.50/70-06.50 Terry Albritton 1977, Stanford
Weight Throw	15.08/49-05.75 Brandon Hubbard 2007	22.11/72-06.50 Libor Charfreitag 2000, SMU	20.83/68-04.25 Carey Ryan 2002, DePaul	24.72/81-01.25 Scott Russell 2002, Kansas 24.72/81-01.25 Libor Charfreitag 2001, SMU
Heptathlon	5,373 pts. Ron Veillon 2004	5,373 pts. Ron Veillon 2004, Houston	5,373 pts. Ron Veillon 2004, Houston	6,208 pts. Trey Hardee 2005, Texas

KEY: ^- ran on larger than 200 meter track, time converted with .50 added to mark; *- oversized track; #- converted from hand held +.24; h- hand held.



INDOOR TOP FIVE PERFORMANCES

55 Meters		
Time	Athlete	Year
6.07*	Carl Lewis	1981
6.09	Leroy Burrell	1989
6.10	Stanley Floyd	1982
6.11*	Mark McNeil	1983
6.13*	Greg Edmunds	1977

55m Hurdles		
Time	Athlete	Year
7.10	Cletus Clark	1984
7.14	Darius Pemberton	1996
7.16*	Charles Whigham	1979
7.22*	Stefan Baker	1981
7.23	Ubeja Anderson	1994

60 Meters		
Time	Athlete	Year
6.65	Stanford Routt	2004
6.71	Xavier Alston	1998
6.75	Carey LaCour	2007
6.75	Preston Perry	2006
6.57	Robert Foster	2003
6.77	Tremaine Smith	2007
6.78	Fred Day	2003

60m Hurdles		
Time	Athlete	Year
7.81	Andrew Carruthers	2005
7.81	Darius Pemberton	1996
7.89	Greg Christie	2001
7.90	Adonis Coles	2001
7.93	Milton Manson	2003

200 Meters		
Time	Athlete	Year
20.82	Robert Foster	2003
20.97	Stanford Routt	2003
20.98	Joe DeLoach	1988
21.11	Carey LaCour	2006
21.29	Preston Perry	2006

400 Meters		
Time	Athlete	Year
46.50•	Chris Jones	1997
46.71•	Dennis Darling	1996
47.20*	Anthony Ketchum	1982
47.31	Carey LaCour	2006
47.63	Anthony Authorlee	2000

800 Meters		
Time	Athlete	Year
1:50.38	Karim Alston	1998
1:50.40	Paul Lupi	1994
1:51.92	David Picciano	1988
1:51.96*	James Hyman	1978
1:52.98*#	Medhi Jaouhar	1970

Mile		
Time	Athlete	Year
3:59.64#	Leonard Hilton	1971
4:03.64#	Eric Sigmont	1971
4:05.24	Sesar Figueroa	2005
4:07.27	Don Speranza	1981
4:07.94#	Barry Almond	1960

3,000 Meters		
Time	Athlete	Year
8:24.49	Sesar Figueroa	2006
8:25.51	Jim Thorpe	1988
8:26.54	Matt Fontaine	1990
8:26.56	Mike Olague	2003
8:29.62	Walter Bell	1986

5,000 Meters		
Time	Athlete	Year
14:29.48	Mike Olague	2003
14:31.8h	Matt Fontaine	1990
14:34.14	Oscar Bauman	1996
14:40.43	Vance Reyes	1998
14:41.84	Monico Rivera	1989

High Jump		
Height	Athlete	Year
2.31m/7-7.00	Mark Reed	1988
2.29m/7-6.00	Brian Stanton	1983
2.25m/7-4.50	Scott Budnick	1984
2.24m/7-4.25	Marshall Broadway	1984
2.20m/7-2.50	Nick Decker	2000/2001

Pole Vault		
Height	Athlete	Year
5/36m/17-7.00	Mike Brookins	2000
5.30m/17-4.50	Nathan Labus	1996
5.13m/16-10.00	Tom Rusteberg	2005
5.08m/16-8.00	Brett Dames	1981
5.08m/16-8.00	David Gatch	1985

Long Jump		
Distance	Athlete	Year
8.56m/28-1.00	Carl Lewis	1982
8.23m/27-0.00	Leroy Burrell	1990
7.98m/26-2.25	Sheddrick Fields	1995
7.86m/25-9.50	Darius Pemberton	1997
7.76m/25-5.50	Frank Rutherford	1987

Triple Jump		
Distance	Athlete	Year
17.09m/56-1.00	Frank Rutherford	1986
16.44m/53-11.50	Byron Criddle	1983
16.55m/53-9.75	Don Parish	1989
16.03m/52-7.25	Chris Lopez	1995
15.94m/52-2.75	Greg Caldwell	1977

Shot Put		
Distance	Athlete	Year
19.69m/64-7.25	John Davis	1998
19.44m/63-9.50	Mark Baughman	1980
19.41m/63-8.25	Rick Meyer	1985
18.93m/61-1.25	Randy Coffmann	1978
17.63m/57-10.25	Jonathan Reeves	2004

Weight Throw		
Distance	Athlete	Year
15.08m/49-05.75	Brandon Hubbard	2007
15.00m/49-02.50	James Lee	2007
14.90m/48-10.75	Gene Tension	2003
12.69m/41-7.75	Jacob Rodriguez	2003
12.46m/40-10.50	Andy Tackett	2006

Heptathlon		
Points	Athlete	Year
5,373	Ron Veillon	2004
5,105	Nick Garza	2005
4,928	Clayton Cretors	2003
4,830	Jarrett Flax	2006
4,698	Eric Matcek	2004

4x400 meter Relay		
Time	Athletes	Year
3:08.59	Jones, Pemberton, Alston, Darling	1997
3:09.34	Routt, Carruthers, Latson, LaCour	2005
3:11.36	Authorlee, Belgrave, Christie, Alston	2000
3:11.58	Sterling, Christie, Alston, Darling	1998
3:12.12	Mayes, Loyle, Pickett, Studdard	1969

DMR (1,200-400-800-1,600 meters)		
Time	Athletes	Year
9:34.0h*	Vicenik, Mayes, Jaohar, Hilton	1970
9:51.8	Green, Sigmont, Hilton, Mayes	1969
10:01.41	Grabowski, Dunbar, Halpin, Wilson	1980
10:01.56	Winstel, LaCour, Latson, Figueroa	2005
10:02.44	Figueroa, White, McQueen, Neff	2006

KEY: • - ran on larger than 200 meter track, time converted with .50 added to mark; # - converted from hand held +.24; * - converted from English.



OUTDOOR RECORDS

MEN'S RECORDS

Event	University of Houston Record	Lewis/Tellez Complex Record	Conference USA Meet Record	Collegiate Record
100 Meters	9.94 Leroy Burrell 1989	10.27 Leon Gordon 2000, Unattached	10.07 Michael Frater 2002, TCU	9.90 Ato Bolden 1996, UCLA
200 Meters	19.75 Joe DeLoach 1988	20.60 Carey LaCour 2005, Houston	20.33 Churandy Martina 2006, UTEP	19.69 Walter Dix 2007, Florida State
400 Meters	44.92 Chris Jones 1997	44.74 Brandon Clouts 2000, Baylor	45.33 Chris Jones 1998, Houston	43.50 Quincy Watts 2002, USC
800 Meters	1:48.81 Karim Alston 1998	1:47.38 Jackson Langat 2005, TCU	1:47.69 Pablo Solares 2007, Rice	1:41.77 Joaquin Cruz 1984, Oregon
1,500 Meters	3:44.48 Patrick Picciano 1988	3:43.82 Kip Kangogo 2005, TCU	3:43.69 Pablo Solares 2007, Rice	3:30.59 Bernard Lagat 1999, Washington State
3,000 Meters	Not Available	8:23.36 Scott McClelland 2000, Illinois	Not Available	Not Available
5,000 Meters	13:59.2h Walter Bell 1984	14:29.48 Kip Kangogo 2005, TCU	14:07.73 Stephen Samoei 2007, UTEP	13:08.4h Henry Rono 1978, Washington State
10,000 Meters	29:36.4h Al Lawrence 1960	30:53.32 Wesley Korir 2005, Louisville	29:43.67 Herbert Mwanji 2002, TCU	27:36.2 Gabriel Kamau 1982, UTEP
Steeplechase	8:46.3 Jeff Thompson 1977	8:57.10 Solomon Kandie 2000, Tulane	8:53.79 Paul Mutai 1996, Tulane	8:05.4h Henry Rono 1978, Washington State
110m Hurdles	13.38 Ubeja Anderson 1995	13.74 Kevin Ellis 2000, Unattached	13.68 David Payne 2004, Cincinnati	13.00 Renaldo Nehemiah 1979, Maryland
400m Hurdles	49.72 Kevin Mason 1987	49.17 Eric Thomas 2000, Unattached	50.05 Greg Christie 2000, Houston	47.10 Samuel Matete 1991, Auburn
4x100	38.53 (Young, McNeil, Ketchum, Floyd) 1982	38.57 LSU 2005	39.11 UTEP 2006	38.04 TCU 1998
4x400	3:06.39 (Authorlee, Christie Alston, Darling) 1999	3:01.73 LSU 2001	3:05.09 TCU 2003	2:59.59 LSU 2005
High Jump	2.29/7-06.00 Mark Reed 1987	2.26/7-05.00 Charles Austin 2001, Unattached	2.30/7-06.50 Mickeal Hanany 2006, UTEP	2.39/7-10.00 Hollis Conway 1989, Louisiana-Lafayette
Pole Vault	5.35/17-06.50 David Gatch 1987	5.60/18-04.50 Brian Hunter 2000, Texas	5.30/17-04.50 Jonathan Miller 2004, USF	5.98/19-07.50 Lawrence Johnson 1996, Tennessee
Long Jump	8.62/28-03.50 Carl Lewis 1981	8.19/26-10.50 Richard Duncan 2000, Unattached	8.05/26-05.00 Rephel Martin 2000, Charlotte	8.74/28-08.25 Erick Walder 1994, Arkansas
Triple Jump	17.24/56-06.75 Frank Rutherford 1987	16.41/53-10.25 Walter Davis 2001, LSU	16.32/53-06.50 Delvit Rogers 2000, Memphis	17.92/58-09.50 James Beckford 1995, Blinn College
Shot Put	19.57/64-02.50 Mark Baughman 1979	19.94/65-05.00 John Davis 2001, Unattached	19.09/62-07.75 John Davis 1998, Houston	22.00/72-02.25 John Godina 1995, UCLA
Discus	63.70/209-10 Rick Meyer 1983	60.28/179-09 Russ Bell 2002, Missouri	59.40/194-10 John Davis 1997, Houston	67.66/222-00 Hannes Hopley 2004, SMU
Hammer	48.28/158-05 Brandon Hubbard 2007	67.17/220-04 Xavier Tison 2003, Unattached	64.81/212-07 Carey Ryan 2002, DePaul	82.56/270-10 Balazs Kiss 1995, USC
Javelin	77.76/255-01 Frank Bellini 1985	70.89/232-06 Chris Carter 2005, Southeastern Louisiana	73.26/240-04 Nathan Junius 2000, Tulane	89.10/292-04 Patrik Boden 1990, Texas
Decathlon	7,850 pts. Wes Herbst 1979	7,204 pts. Ben Haber 2005, Cincinnati	7,521 pts. Jason Wilson 2000, Southern Miss	8,465 pts. Trey Hardee 2006, Texas

KEY: h - hand held time



100 Meters

Time	Athlete	Year
9.94	Leroy Burrell	1989
10.00	Carl Lewis	1981
10.03	Joe DeLoach	1988
10.03	Stanley Floyd	1982
10.11	Kirk Baptiste	1985

200 Meters

Time	Athlete	Year
19.75	Joe DeLoach	1988
19.96	Kirk Baptiste	1984
20.32	Samuel Jefferson	1993
20.40	Leroy Burrell	1989
20.49	Greg Illorson	1980

400 Meters

Time	Athlete	Year
44.92	Chris Jones	1997
45.72	Anthony Ketchum	1982
45.82	Dennis Darling	1997/1998
45.87	Carey LaCour	2006
46.04#	Erick Brown	1976

800 Meters

Time	Athlete	Year
1:48.81	Karim Alston	1998
1:49.21	Paul Lupi	1995
1:49.21*#	Joe Gonzales	1975
1:49.36	Robert Poole	1983
1:49.70#	Bob Cozens	1962

1,500 Meters

Time	Athlete	Year
3:44.48	Patrick Picciano	1988
3:45.08	Sean Murray	1989
3:45.74#	Dan Foley	1982
3:45.77	Don Speranza	1980
3:46.96	Ron Pascucci	1997

Steeplechase

Time	Athlete	Year
8:46.3h	Jeff Thompson	1977
8:49.8h	Matt Fontaine	1989
8:50.55	Dave O'Connor	1980
8:54.7h	Matt Fontaine	1988
9:01.8h	Geoff Walker	1964

5,000 Meters

Time	Athlete	Year
13:59.2h	Walter Bell	1986
14:00.1h	Eric Lathrop	1979
14:00.4h	Anthony Smith	1986
14:09.4h	Richard Walsh	1983
14:14.2h	Geoff Walker	1964

10,000 Meters

Time	Athlete	Year
29:36.4h	Al Lawrence	1960
30:07.24	Walter Bell	1986
30:29.37	Oscar Bauman	1995
30:36.6h	Monico Rivas	1992
30:46.9h	Chad McLaughlin	1992

110m Hurdles

Time	Athlete	Year
13.38	Ubeja Anderson	1995
13.41	Cletus Clark	1984
13.57	Stefan Baker	1984
13.58	Darius Pemberton	1996
13.65	Reggie Jones	1987

400m Hurdles

Time	Athlete	Year
49.72	Kevin Mason	1987
49.84	Charles Whigham	1979
50.05	Greg Christie	2000
50.07	Vincenzo Cox	1996
50.53	Andrew Carruthers	2003

High Jump

Height	Athlete	Year
2.29m/7-6.00	Mark Reed	1987
2.27m/7-5.25	Brian Stanton	1982
2.26m/7-5.00	Marshall Broadway	1982
2.23m/7-3.75	Jeff Mueller	2000
2.20m/7-2.50	Ivan Diggs	2007
2.20m/7-2.50	Tristian Whitley	2004,2005
2.20m/7-2.50	Nicker Decker	2000

Pole Vault

Height	Athlete	Year
5.35m/17-6.50	David Gatch	1987
5.31m/17-6.00	Marc Hens	1980
5.30m/17-4.50	Nathan Labus	1996
5.29m/17-4.25	Brett Dames	1978
5.20m/17-0.75	Tom Rusteberg	2005

Long Jump

Distance	Athlete	Year
8.62m/28-3.50	Carl Lewis	1981
8.37m/27-5.50	Leroy Burrell	1989
8.11m/26-7.25	Sheddic Fields	1995
8.09m/26-6.50	Darius Pemberton	1996
7.93m/26-0.25	Lyndon Sands	1984

Triple Jump

Distance	Athlete	Year
17.24m/56-6.75	Frank Rutherford	1987
16.86m/55-3.75	Byron Criddle	1983
16.36m/53-8.25	Keith Gilreath	1982
16.36m/53-8.25	Don Parish	1989
16.30m/53-5.75	Jermaine Johnson	1994

Shot Put

Distance	Athlete	Year
19.57m/64-2.50	Mark Baughman	1979
19.09m/62-7.75	John Davis	1998
19.05m/62-6.00	Rick Meyer	1985
18.75m/61-6.25	Randy Coffman	1978
18.44m/60-6.00	Jonathan Reeves	2006

Discus

Distance	Athlete	Year
63.70m/209-10	Rick Meyer	1983
61.92m/203-2	Mark Baughman	1979
61.56m/202-0	John Davis	1999
58.22m/191-0	Derek Randall	2003
57.55m/188-10	James Lee	2007

Hammer

Distance	Athlete	Year
48.28m/158-05	Brandon Hubbard	2007
46.66m/153-1	Jim Robinson	1987
45.20m/148-3	Jacob Rodriguez	2003
43.54m/142.10	Jonathan Reeves	2006
40.93m/134-03	Lucas Mireles	2007

Javelin

Distance	Athlete	Year
77.76m/255-1	Frank Bellini	1985
75.92m/249-1	Clint Butler	1984
75.78m/248-7	Mike Collins	1981
75.72m/248-5	Bob Erskine	1986
74.28m/243-8	Mike Giltner	1978

Decathlon

Points	Athlete	Year
7,850	Wes Herbst	1979
7,675	David Saye	1981
7,676	Michael Hoffer	1995
7,675	Harry Clark	1986
7,550	Steve Alexander	1978

4x100 meter Relay

Time	Athlete	Year
38.53	Young, McNeil, Ketchum, Floyd	1982
38.93	Ross, Lowe, Duncan Jr., Burrell	1989
39.00	Bell, Fields, Jefferson, U. Anderson	1994
39.04	Turner, Gilreath, Illorson, Lewis	1980
39.27	Routt, Perry, Smith, LaCour	2005

4x400 meter Relay

Time	Athlete	Year
3:06.39	Authorlee, Christie, Alston, Darling	1999
3:06.48	Poole, Baptiste, Johnson, Ketchum	1983
3:06.70	Sterling, Jones, Alston, Scott	1997
3:06.73	Christie, Sterling, Alston, Darling	1998
3:06.75	Cassuto, Barnhill, Tyler, Mason	1986

KEY: h - hand held time; # - converted from hand held
+.24; * - converted from English.

NCAA INDOOR ALL-AMERICANS

MEN'S RECORDS

1970
4x400 (Mitchell, Hayes,
Vicenik, Wagner) 5th (3:16.8)

1977
Greg Edmonds 60 yards, 1st (6.12)



CARL LEWIS

1978
Brett Dames Pole vault, 4th (16-4.00)

1979
Mark Baughman Shot put, 1st (62-10.00)
Rich Edwards 60 yards, 5th (6.24)

1980
Carl Lewis Long jump, 1st (26-4.50)

1981
Carl Lewis Long jump, 1st (27-10.00)
Carl Lewis 60 yards, 1st (6.16)

1982
Anthony Ketchum 440 yards, 1st (47.47)
Stanley Floyd 60 yards, 2nd (6.14)
Brian Stanton High jump, 4th (7-2.25)

1983
Brian Stanton High jump, 1st (7-6.00)
Byron Criddle Triple jump, 3rd (53-11.75)
Mark McNeil 60 yards, 3rd (6.19)

1984
Cletus Clark 55m Hurdles, 2nd (7.10)
Scott Budnik High jump, 7th (7-0.25)

1985
Byron Criddle Triple jump, 6th (53-5.00)
Lyndon Sands Long jump, 6th (24-4.75)
Rick Meyer Shot put, 8th (59-6.00)

1986
Frank Rutherford Triple jump, 1st (55-9.00)
Leroy Burrell 55 meters, 3rd (6.12)

1987
Frank Rutherford Triple jump, 1st (56-1.00)
Joe DeLoach 60 meters, 4th (6.19)

1988
Joe DeLoach 55 meters, 4th (6.21)

1989
Leroy Burrell Long jump, 1st (26-6.25)
Leroy Burrell 55 meters, 2nd (6.11)
Don Parish Triple jump, 7th (53-3.00)

1990
Leroy Burrell Long jump, 1st (27-0.00)
Leroy Burrell 55 meters, 2nd (6.17)

1995
Sheddrick Fields Long jump, 4th (25-3.25)

1996
Darius Pemberton 55m hurdles, 1st (7.14)
Darius Pemberton Long jump, 4th (25-7.50)
Nathan Labus Pole vault, 4th (17-4.50)
John Davis Shot put, 6th (60-5.75)
Sheddrick Fields Long jump, 8th (24-7.00)



CLETUS CLARK

1997
Darius Pemberton Long jump, 5th (25-4.00)
4 x 400 (Jones, Pemberton,
Alston, Darling) 5th (3:08.77)

1998
John Davis Shot put, 3rd (64-7.00)

1999
John Davis Shot put, 4th (63-2.00)

2000
Nick Decker High jump, 6th (7-2.50)

2003
Robert Foster 200 meters, 5th (20.82)

2007
Ivan Diggs High Jump, 8th (7-00.25)



JOHN DAVIS



1958
Jerry Smartt Two-mile, 4th (9:04.1)

1959
John Macy Steeplechase, 1st (9:19.1)
Jack Smyth Triple Jump, 1st (49-7.25)
Bobby Weise Discus, 2nd (164-4)
John Macy Three-mile, 3rd (14:09.9)
Jerry Smartt Steeplechase, 4th (9:32.8)

1960
Al Lawrence 5,000 meters, 1st (14:19.8)
Pat Clohessy 5,000 meters, 2nd (N/A)
John Macy 3,000 meters, 3rd (9:21.8)

1961
Pat Clohessy Three-mile, 1st (13:47.7)
John Macy Three-mile, 5th (14:02.9)

1962
Pat Clohessy Three-mile, 1st (13:51.6)
Pat Clohessy Mile, 5th (4:06.6)

1964
440-yard Relay (Timmons, Spratt, McCartney, Maloch, Thompson) 5th (41.6)

1971
Leonard Hilton Three-mile, 3rd (13:31.6)

1977
Rich LaCombe Decathlon, 2nd (7,374)
Greg Caldwell Triple jump, 6th (53-7.75w)

1979
Rich Edwards 100 meters, 4th (10.30)
Rich Edwards 200 meters, 4th (20.75)
Wes Herbst Decathlon, 4th (7,506)
Mark Baughman Discus, 6th (195-1)
Greg Caldwell Triple jump, 6th (53-0.25)



DENNIS DARLING

1980
Carl Lewis Long jump, 1st (27-4.75)
Mark Herns Pole vault, 5th (17-0.00)

1981
Carl Lewis, Long jump, 1st (27-0.75)
Carl Lewis 100 meters, 1st (9.99w)
David Saye Decathlon, 5th (7,675)
Cletus Clark 110m hurdles, 5th (13.79w)

1982
Stanley Floyd 100 meters, 1st (10.03)
4x100 (Young, McNeil, Ketchum, Floyd) 1st (38.53)
Mark McNeil 100 meters, 4th (10.19)
Rick Meyer Discus, 5th (200-7)
Marshall Broadway High jump, 7th (7-5.00)
Brian Stanton High jump, 8th (7-5.00)

1983
Rick Meyer Discus, 2nd (208-8)
Kirk Baptiste 200 meters, 3rd (20.43)
Byron Criddle Triple jump, 4th (55-0.25)
Anthony Ketchum 400 meters, 12th (46.52)

1984
Kirk Baptiste 200 meters, 1st (20.16w)
Kirk Baptiste 100 meters, 3rd (10.30)
Cletus Clark 110m hurdles, 4th (13.68)
Lyndon Sands Long jump, 12th (24-11.50)

1985
Kirk Baptiste 200 meters, 1st (20.03w)
Rick Meyer Discus, 1st (206-6)
Byron Criddle Triple jump, 3rd (54-0.25)
Lyndon Sands Triple jump, 10th (51-3.75)

1986
Frank Rutherford Triple jump, 2nd (55-11.25)
Marshall Broadway Meter jump, 4th (7-1.00)
Lyndon Sands Long jump, 5th (25-11.00)

1987
Frank Rutherford Triple jump, 1st (56-1)
Kevin Mason 400m hurdles, 3rd (49.90)
Harry Clark Decathlon, 8th (7,461 points)

1988
Joe DeLoach 100 meters, 1st (10.03)
Kevin Mason 400m hurdles, 8th (51.81)
Leroy Burrell Long jump, 7th (26-5.25)

1989
Leroy Burrell Long jump, 2nd (27-5.50)
4x100 (Ross, Lowe, Duncan Jr., Burrell) 3rd (38.93)
Leroy Burrell 100 meters, 5th (10.19)
Kevin Mason 400m hurdles, 6th (50.64)
Don Parish Triple jump, 9th (52-11.50)

1990
Leroy Burrell 100 meters, 1st (9.94w)

1993
Samuel Jefferson 100 meters, 3rd (10.28)



PRESTON PERRY

Samuel Jefferson 200 meters, 5th (20.48)

1994
Samuel Jefferson 100 meters, 1st (10.12w)
Sheddrick Fields Long jump, 3rd (26-05.50)
Ubeja Anderson 110m hurdles, 4th (13.80)

1995
Ubeja Anderson 110m hurdles, 3rd (13.51)
Sheddrick Fields Long jump, 6th (25-4.75)
4x100 (Bell, Fields, Hayes, Anderson) 7th (39.37)

1996
Darius Pemberton Long jump, 5th (25-4.75)
Darius Pemberton 110m hurdles, 2nd (13.62)

1997
Chris Jones 400 meters, 5th (45.75)

1998
John Davis Shot put, 4th (61-6.25)
Dennis Darling 400 meters, 6th (46.65)

1999
John Davis Shot put, 6th (62-4.00)
John Davis Discus, 4th (194-1)

2003
Stanford Routt 200 meters, 3rd (20.54)

2004
Stanford Routt 200 meters, 2nd (20.20w)

2005
4x100 (Marshall, Perry, Smith, LaCour) 9th (39.35)

2006
4x100 (Perry, McQueen, Smith, LaCour) 8th (40.20)
Preston Perry 200 meters, 10th (20.90)

2007
Ivan Diggs High Jump, 8th (2.20m/7-02.50)



KIRK BAPTISTE
 1984 OUTDOOR
 200 METER CHAMPION (20.16W)
 1985 OUTDOOR
 200 METER CHAMPION (20.03W)



MARK BAUGHMAN
 1979 INDOOR
 SHOT PUT CHAMPION (62-10.00)



LEROY BURRELL
 1989 INDOOR
 LONG JUMP CHAMPION (26-06.25)
 1990 INDOOR
 LONG JUMP CHAMPION (27-00.00)
 1990 OUTDOOR
 100 METER CHAMPION (9.94W)



PAT CLOHESSY
 1961 OUTDOOR
 THREE-MILE CHAMPION (13:47.7)
 1962 OUTDOOR
 THREE-MILE CHAMPION (13:51.6)



JOE DELOACH
 1988 OUTDOOR
 100 METER CHAMPION (10.03)



GREG EDMONDS
 1977 INDOOR
 60 YARD CHAMPION (6.12)



SAM JEFFERSON
 1994 OUTDOOR
 100 METER CHAMPION (10.12W)



AL LAWRENCE
 1960 OUTDOOR
 5,000 METER CHAMPION (14:19.1)



CARL LEWIS
 1980 INDOOR
 LONG JUMP CHAMPION (26-04.50)
 1980 OUTDOOR
 LONG JUMP CHAMPION (27-04.75)
 1981 INDOOR
 60 YARD CHAMPION (6.16)
 LONG JUMP CHAMPION (27-10.00)
 1981 OUTDOOR
 100 METER CHAMPION (9.99W)
 LONG JUMP CHAMPION (27-00.75)



JOHN MACY
1959 OUTDOOR
STEEPLECHASE CHAMPION (9:19.1)



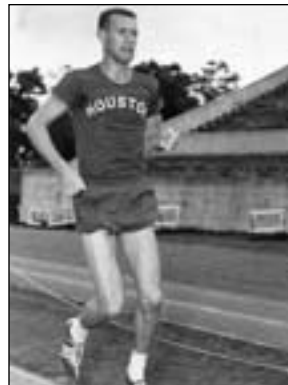
RICK MEYER
1985 OUTDOOR
DISCUS CHAMPION (206-06)



DARRIUS PEMBERTON
1996 INDOOR
55-METER HURDLES CHAMPION (7.14)



FRANK RUTUHERFORD
1986 INDOOR
TRIPLE JUMP CHAMPION (55-09.00)
1987 INDOOR
TRIPLE JUMP CHAMPION (56-01.00)
1987 OUTDOOR
TRIPLE JUMP CHAMPION (56-01.00)



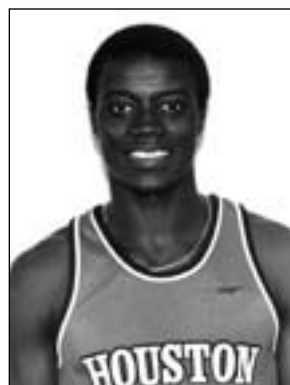
JACK SMYTH
1959 OUTDOOR
TRIPLE JUMP CHAMPION
(49-07.25)



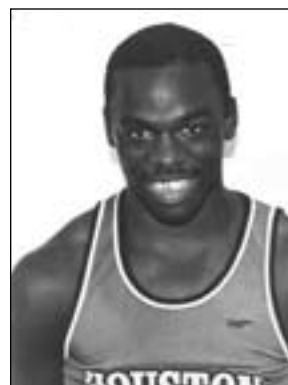
BRIAN STANTON
1983 INDOOR
HIGH JUMP CHAMPION (7-06.00)



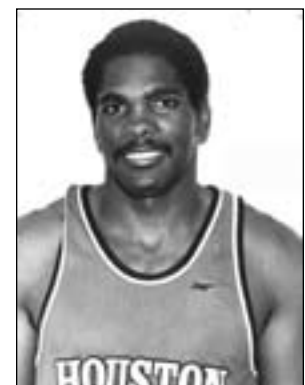
STANLEY FLOYD
1982 OUTDOOR
100 METER CHAMPION (10.03)
1982 OUTDOOR
4X100 METER RELAY CHAMPION
(38.53)



ANTHONY KETCHUM
1982 INDOOR
440 YARD CHAMPION (47.47)
1982 OUTDOOR
4X100 METER RELAY CHAMPION
(38.53)



MARK MCNEIL
1982 OUTDOOR
4X100 METER RELAY CHAMPION
(38.53)



CHARLES YOUNG
1982 OUTDOOR
4X100 METER RELAY CHAMPION
(38.53)



CONFERENCE USA CHAMPIONS

MEN'S RECORDS

INDOOR EVENT CHAMPIONS

1997	
Darius Pemberton	55m hurdles (7.36)
Dennis Darling	200 meters (21.36)
Dennis Darling	400 meters (47.65)
Karim Alston	800 meters (1:52.39)
4x400	(3:16.05)
Darius Pemberton	High jump (6-9.75)
Darius Pemberon	Long jump (25-0.50)
Darius Pemberton	Triple jump (50-0.00)
John Davis	Shot put (61-6.75)

1998	
Xavier Alston	55 meters (6.32)
Dennis Darling	200 meters (21.82)
Dennis Darling	400 meters (48.89)
Karim Alston	800 meters (1:52.47)
4x400	(3:17.96)
Nick Decker	High jump (6-9.75)
Bill Collins	Pole vault (17-0.00)
John Davis	Shot put (62-11.50)

1999	
Adonis Coles	60m hurdles (8.14)
Dennis Darling	200 meters (21.62)
Dennis Darling	400 meters (47.80)
Karim Alston	800 meters(1:53.40)
4x400	(3:16.90)
Jeff Mueller	High jump (6-11.75)
John Davis	Shot put (63-5.50)
Bill Collins	Pole vault (16-2.75)
Ron Veillon	Heptathlon (5,027)

2000	
Adonis Coles	55m hurdles (7.49)
Robert Foster	200 meters (21.56)
Anthony Authorlee	400 meters (48.07)
Karim Alston	800 meters(1:52.36)
4x400	(3:15.80)
Distance Medley Relay	(10:04.61)
Jeff Mueller	High jump (7-1.75)
Mike Brookins	Pole vault (15-09.00)
Jason Garrison	Weight Throw (61-03.50)
Jason Garrison	Shot Put (55-02.00)

2001	
Robert Foster	200 meters (21.35)
Greg Christie	60m hurdles (7.96)
Juan Cardenas	800 meters (1:55.05)
Jeff Mueller	High jump (7-1.50)
Andrew Martin	Pole vault (15-7.00)

2002	
Adam Callahan	High jump (6-10.75)
Daniel Patton	Pole vault (16-0.75)

2003	
Robert Foster	200 meters (21.20)
Mike Olaque	5,000 meters (14:46.38)
Daniel Patton	Pole vault (16-4.75)
Ron Veillon	Heptathlon (5,027)

2004	
Stanford Routt	60 meters (6.66)
Stanford Routt	200 meters (21.09)
Andrew Carruthers	60m hurdles (7.93)
Sesar Figueroa	Mile (4:11.16)
Vincent Marshall	Triple jump (49-6.25)
Daniel Patton	Pole vault (16-1.00)
Ron Veillon	Heptathlon (5,373)

2005	
Andrew Carruthers	60m hurdles (7.81)
4x400	(3:15.11)
Tristian Whitley	High jump (6-11.75)
Brandon Bray	Long jump (24-7.25)
Tom Rusteberg	Pole vault (16-6.75)
Ron Veillon	Heptathlon (5,134)

2006	
Carey LaCour	200 meters (21.31)
Carey LaCour	400 meters (47.31)

2007	
Carey LaCour	60 meters (6.75)
Tremaine Smith	200 meters (21.65)
LaMarcus Hunter	60m hurdles (8.12)
4x400 (Davis, Smith, Crichlow, Latson)	(3:15.72)
Alex Bentley	Pole vault (16-00.75)
Jarrett Flax	Heptathlon (5,104)

OUTDOOR EVENT CHAMPIONS

1997	
Chris Jones	200 meters (20.85)
Chris Jones	400 meters (45.38)
Karim Alston	800 meters (1:49.34)
Ron Pasucci	1500 meters (3:48.16)
Darius Pemberton	110m murdles (13.91)
4x100	(40.27)
4x400	(3:10.97)
Nick Decker	High jump (6-11.75)
Darius Pemberton	Long jump (24-9.00)
Darius Pemberton	Triple jump (49-5.50)
John Davis	Shot put (59-7.75)
John Davis	Discus (194-10)
John Davis	Javelin (197-6)

1998	
Dennis Darling	400 meters (46.29)
Karim Alston	800 meters (1:48.81)
Greg Christie	110m hurdles (14.16)
Greg Christie	400m hurdles (51.14)
4x100	(40.82)
4x400	(3:10.91)
Brooks Bassler	High jump (6-10.00)
Mike Brookins	Pole vault (16-6.75)
John Davis	Shot put (62-7.75)
John Davis	Javelin (212-3)

1999	
Anthony Authorlee	100 meters (10.43)
Anthony Authorlee	200 meters (20.90)
Dennis Darling	400 meters (46.44)
Karim Alston	800 meters (1:49.80)
4x400	(3:09.30)
Jeff Mueller	High jump (6-11.75)
Joel Collins	Triple jump (50-10.75)
John Davis	Discus (190-2)

2000	
Robert Foster	200 meters (20.85)
Karim Alston	800 meters (1:52.26)
Greg Christie	400m hurdles (50.05)
4x400	(3:07.78)
Jeff Mueller	High jump (7-3.75)

2001	
Robert Foster	100 meters (10.32)
Robert Foster	200 meters (20.70)
Alex Herrmann	Decathlon (6,921)

2002	
Andrew Carruthers	400m hurdles (51.35)

2003	
Andrew Carruthers	400m hurdles (51.26)
4x100	(39.52)
Ron Veillon	Decathlon (6,773)

2005	
Carey LaCour	200 meters (20.60)
Carey LaCour	400 meters (46.02)
Andrew Carruthers	110m hurdles (13.78)
Andrew Carruthers	400m hurdles (51.15)
4x100	(39.57)
Tristian Whitley	High jump (7-0.50)
Brandon Bray	Long jump (25-6.00)
Jonathan Reeves	Discus (168-6)

2006	
Carey LaCour	400 meters (46.34)
Jonathan Reeves	Shot put (60-06.00)
Tom Rusteberg	Pole vault (16-0.75)
Houston	4x400 (3:09.33)

2007	
Tristian Whitley	High jump (7-00.50)
Alex Bentley	Pole vault (16-07.25)
James Lee	Discus (182-03)
Jarrett Flax	Decathlon (6,784)



MISSOURI VALLEY CONFERENCE

Year	Coach	Conference Outdoor	NCAA Outdoor
1951	Jack Patterson	Fifth (10.5 Points)	
1952	Jack Patterson	Second (65 Points)	
1953	Jack Patterson	Second (54 Points)	
1954	Jack Patterson	Second (54 Points)	
1955	Johnny Morriss	Second (48 Points)	
1956	Johnny Morriss	Second (33 Points)	
1957	Johnny Morriss	Second (66.75 Points)	
1958	Johnny Morriss	First (58 Points)	30th (Four Points)
1959	Johnny Morriss	First (77 Points)	Third (30 Points)
1960	Johnny Morriss	First (72.5 Points)	Sixth (20 Points)

INDEPENDENT

Year	Coach	NCAA Outdoor
1961	Johnny Morriss	13th (12 Points)
1962	Johnny Morriss	11th (12 Points)
1964	Johnny Morriss	41st (Four Points)
1965-70	Johnny Morriss	Did Not Place
1971	Johnny Morriss	33rd (Six Points)
1972	Johnny Morriss	Did Not Place



THE MEN'S TRACK AND FIELD TEAM HAS WON A COMBINED 13 INDOOR AND OUTDOOR CONFERENCE USA CHAMPIONSHIPS

SOUTHWEST CONFERENCE

Year	Coach	INDOOR		OUTDOOR	
		Conference	NCAA Indoor	Conference	NCAA Outdoor
1973	Johnny Morriss			Seventh (27 Points)	
1974	Johnny Morriss	Sixth (13.5 Points)		Eighth (18 Points)	
1975	Johnny Morriss	Sixth (15.5 Points)		Eighth (31 Points)	
1976	Tom Tellez	Fifth (20 Points)		Fifth (38 Points)	
1977	Tom Tellez	First (43.5 Points)	15th (Six Points)	Fourth (68 Points)	19th (Nine Points)
1978	Tom Tellez	First (93 Points)	42nd (Three Points)	Fourth (65 Points)	
1979	Tom Tellez	Second (71 Points)	13th (12 Points)	Third (85.5 Points)	18th (Nine Points)
1980	Tom Tellez	Third (82.5 Points)	Fifth (20 Points)	Second (107 Points)	18th (11 Points)
1981	Tom Tellez	Second (81 Points)	Ninth (14 Points)	Fourth (85 Points)	Seventh (24 Points)
1982	Tom Tellez	Third (51 Points)	Fifth (20 Points)	Second (115 Points)	Seventh (65 Points)
1983	Tom Tellez	Third (57 Points)	Seventh (22 Points)	Third (72 Points)	15th (32 Points)
1984	Tom Tellez	Fourth (62 Points)	20th (Eight Points)	Fifth (64 Points)	15th (35 Points)
1985	Tom Tellez	Third (57 Points)	41st (2.25 Points)	Third (75 Points)	Seventh (26 Points)
1986	Tom Tellez	Sixth (35 Points)	Eighth (16 Points)	Sixth (63 Points)	14th (16.50 Points)
1987	Tom Tellez	Third (54 Points)	Sixth (14 Points)	Fifth (62 Points)	13th (17 Points)
1988	Tom Tellez	Second (89 Points)	35th (Four Points)	Fifth (73 Points)	15th (17 Points)
1989	Tom Tellez	Third (61 Points)	Ninth (18 Points)	Fifth (77 Points)	11th (21 Points)
1990	Tom Tellez	Fourth (37 Points)	Ninth (18 Points)	Fifth (68 Points)	39th (10 Points)
1991	Tom Tellez	Ninth (13 Points)		Sixth (51 Points)	
1992	Tom Tellez	Fifth (34 Points)		Seventh (57 Points)	
1993	Tom Tellez	Fourth (60 Points)		Fourth (76 Points)	25th (10 Points)
1994	Tom Tellez	Fourth (69 Points)		Third (90.75 Points)	Sixth (27 Points)
1995	Tom Tellez	Seventh (35 Points)	38th (Five Points)	Seventh (49 Points)	19th (11 Points)
1996	Tom Tellez	Fourth (68 Points)	Fourth (24.50 Points)	Fourth (86 Points)	35th (Nine Points)

CONFERENCE USA

Year	Coach	INDOOR		OUTDOOR	
		Conference	NCAA	Conference	Regional
1997	Tom Tellez	First (170 Points)	25th (Eight Points)	First (198 Points)	35th (Four Points)
1998	Tom Tellez	First (130.50 Points)	34th (Six Points)	First (175 Points)	22nd (Eight Points)
1999	Leroy Burrell	First (163 Points)	34th (Five Points)	First (163 Points)	28th (Eight Points)
2000	Leroy Burrell	First (150 Points)	54th (2.5 Points)	First (165 Points)	
2001	Leroy Burrell	Second (143 Points)		Third (98 Points)	
2002	Leroy Burrell	Third (84.5 Points)		Third (97.50 Points)	
2003	Leroy Burrell	First (155 Points)	45th (Four Points)	Second (132.50 Points)	Eighth (35 Points) 37th (Six Points)
2004	Leroy Burrell	First (181 Points)		Second (120 Points)	10th (30.25 Points) 31st (Eight Points)
2005	Leroy Burrell	First (166.50 Points)		First (201 Points)	Sixth (34 Points)
2006	Leroy Burrell	Second (153 Points)		Second (218.5 Points)	12th (21 Points) 65th (One Point)
2007	Leroy Burrell	First (186 Points)	68th (.5 Points)	Third (134 Points)	28th (Five Points) 72nd (One Point)


LEROY/BURRELL
CONFERENCE USA COACH OF THE YEAR

Leroy Burrell	2007 Indoor
Leroy Burrell	2004 Indoor
Leroy Burrell	2003 Indoor
Leroy Burrell	2000 Outdoor
Leroy Burrell	2000 Indoor
Leroy Burrell	1999 Outdoor
Leroy Burrell	1999 Indoor
Tom Tellez	1998 Outdoor
Tom Tellez	1998 Indoor
Tom Tellez	1997 Outdoor
Tom Tellez	1997 Indoor

CONFERENCE USA ATHLETE OF THE YEAR

Stanford Routt	2004 Indoor
Anthony Authorlee	1999 Outdoor
Dennis Darling	1998 Indoor
Dennis Darling	1999 Indoor
John Davis	1997 Outdoor
Darius Pemberton	1997 Indoor

CONFERENCE USA FRESHMAN OF THE YEAR

Alex Bentley	2007 Outdoor
LaMarcus Hunter	2007 Indoor
Clayton Cretors	2003 Indoor
Juan Cardenas	2001 Indoor
Robert Foster	2000 Outdoor
Robert Foster	2000 Indoor
Greg Christie	1998 Outdoor
Karim Alston	1997 Outdoor
Karim Alston	1997 Indoor

VERIZON ACADEMIC ALL-DISTRICT TEAM

Ron Veillon	First Team, 2005
Fred Day	First Team, 2003

C-USA MEN'S TRACK SCHOLAR ATHLETE OF THE YEAR MEDAL

Fred Day	2001
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C-USA ACADEMIC MEDAL

Lucas Mireles	2007
Paul Goodwin	2007


JOHNNY MORRIS' COACHING AWARDS

(1955-1975)

- 2000 USATF Hall of Fame Inductee
- 1970 USATF Hall of Honor Member
- 1967 Knute Rockne Club Outstanding Coach of the Year
- 1959 NCAA District VI Coach of the Year
- 1959 Missouri Valley Conference Coach of the Year
- 1958 Missouri Valley Conference Coach of the Year
- 1958 Head Coach, American Team for Japan Tour

Fred Day	2001
Carl Stalberg	1999
Phillip Buegeler	1999

NCAA POSTGRADUATE SCHOLARSHIP

Lucas Mireles	2006
Gene Tennison	2004

C-USA TRACK AND FIELD ALL-ACADEMIC TEAM

Lucas Mireles	2007
Paul Goodwin	2007

COMMISSIONER'S HONOR ROLL

Greg Barnes	1998, 1999
Brooks Bassler	1998
Will Blackburn	2001
Wesley Bray	2007
Ronald Broadnax	2002
Richard Brown	1997, 1998, 1999
Richard Buegeler	1999
Jorge Cantu	2001
Ben Cohen	2005, 2006
Michael Crawford	1997
Justin Crisp	2002
Cole Dailey	2002, 2003
Fred Day	2001, 2002, 2003, 2004
Ivan Diggs	2005, 2006
Morgan Floyd	2006, 2007
Paul Goodwin	2004, 2005, 2006, 2007
Casey Goosby	2002
Jonathan Guley	2006

Ahmed Harb	2007
Brent Henson	2004
Brandon Hubbard	2007
Steven Jones	2007
Jared Kuntz	2001, 2002
Omar Leon	1997, 1998, 1999
Michael Malain	2007
Milton Manson	2002, 2003, 2004, 2005
Shad Marshall	1997, 1998, 1999
Eric Matcek	2005
Chris McKinstry	2004, 2005, 2006
Lucas Mireles	2005, 2006, 2007
Lance Parker	2000, 2001
Chris Pine	2006
Frank Porreco	1998, 1999
Jonathan Reeves	2006
Joel Rivera	2007
Tom Rusteberg	2004, 2006
Maurilio Sanchez	2003, 2004, 2005, 2006
Justin Schrock	2003, 2004
Justin Schuelke	2001
Adrian Slusher	2007
Carl Stalberg	1999
Gene Tennison	2003
Nathan Trimble	2007
Justin Urrutia	2002
Ronald Veillon	2002, 2003, 2004, 2005
Kevin Watson	2002, 2003
Wade Watson	1998, 1999
Timothy Whitaker	2001
Brandon Womack	2003, 2004, 2005
Thomas Youngs	1997, 1998


ALEX/BENTLEY



Aa

Calvin Achey	1968
Hewitt Addington	1950
Stephen Adegbite	1993-94
Larry Albertson	1963-65
Allen Aldridge	1993-94
Steve Alexander	1978
Art Allen	1981
Robert Allen	1979
Barrie Almond	1960-62
Karim Alston	1997-00
Xavier Alston	1998-00
Ryan Alvey	1998-01
Andy Anderson	
Malcolm Anderson	1959-61
Ubeja Anderson	1994-95
George Armstrong	1952
Truman Arnold	1947-48
Kerry Atkisson	1979
Rick Austikalnis	1983-86
Anthony Authorlee	1998-00

Bb

Jose Baez	1974
Stephan Baker	1980-82, 1984
Jason Banes	2002-03
Kirk Baptiste	1983-85
Victor Barcot	1991-96
Billy Barfield	1948-50
Greg Barnes	1998
Ron Barnhill	1985-86
Faustin Baron	1965-66
Jamie Barreto	1998-99
Peter Barrie	1986
Brooks Bassler	1998-02
John Battaqlia	1984
Mark Baughman	1977-79
Oscar Bauman	1994-96
Ernest Beakley	1976
Courtney Beasley	2007
Jerry Beck	1955-57
Robert Beels	1962-64
Malik Belgrave	2000
Isaac Bell	1994-97
Walter Bell	1983-86
Frank Bellini	1984-85
Alex Bentley	2007-
John Bethel, Jr.	1987
Kenneth Bigger	1992-95
Jim Bigham	1956-57
Brian Binau	1980-82
Tom Birch	1973-76
Conrad Black	1973
William Blackburn	1996-00
Michael Blair	1988-89
Randy Blair	1993
Ray Blanco	1975
Scott Bluhm	1987
Ed Bonner	1968-71
Danny Boone	1953-55
Albertus Bosman	1957
Ben Bowen	1947-49
Kermit Bowers	1980-81
Michael Bowlin	1989-90
Sean Boyle	1992-93
Elvis Bradley	1977
Jim Branda	1970
Brandon Bray	2001-05

Wesley Bray	2007-
David Brennan	1974-75, 1977
Wayne Brennan	1974-77
Robert Brezina	1983-86
Trevor Bright	1995-96
Bill Broadhead	1973
Ronald Broadnax	2003-05
Marshall Broadway	1983-86
David Bromberg	1971-72
Michael Brookins	1996-00
Aaron Brown	1996
Allen Brown	1952
Delrick Brown	1976
Don Brown	1957-60
Erick Brown	1976-78
John Brown	1992-93
Larry Brown	1981-83
Postel Brown	
Tom Buckley	1982
Scott Budnik	1981-85
Brad Buegeler	1999
Jimmy Burdrick	1969
Tim Burgess	1970-72
Leroy Burrell	1986-90
Clint Butler	1983-84
Richard Byrne	1983

Cc

Mike Cadoret	1977
Sam Caesar	1981
Greg Caldwell	1977
Adam Callahan	2001-02
Alton Campbell	1948-49
Christian Campbell	2005
Angelo Cantina	1968
Alex Cantu	2001-03
Juan Cardenas	2001-02
Richard Carey	1981
Robert Carlson	1950
Paul Carr	1950
Todd Carrigan	1991-93
Andrew Carruthers	2002-05
Kenny Carter	1978-79
Tony Cashman	1966
Ollan Cassell	1960-61
David Cassuto	1985-88
Mark Castillo	1986
Sam Castro	1977-80
Floyd Cavitt	1975-76
Zack Chatman	1990
Mark Chew	1978
Robert Christian	1994
Greg Christie	1998-02
Cletus Clark	1981-83
Harry Clark	1985-87
Keith Clarke	1988-90
Scott Clarke	1967-69
Sean Clayton	1999-02
Wilton Clement	1954-56
Lee Clepper	1969
Pat Clohessy	1960-62
Daryl Cloud	2007-
Matt Cobb	2001-02
Rollan Cochran	1969
Randy Coffman	1972, 1975-78
David Cole	1966-69
Tom Cole	1982-83
Vince Coleman	1985
Adonis Coles	1998-01
Arthur Coley, Jr.	1989-90

Bill Collins	1997-01
Joel Collins	1999
Mike Collins	1980-82
Mike Combs	1962-63
Slade Combs	1996
Norman Cooper	1965
Ted Cooper	1953-54
Jason Court	1983, 1985
James Cowan	1961-62
Vincenzo Cox	1994-96
Robert Cozens	1962-63
Neal Craft	1984-85
Mike Crawford	1995-97
Clayton Cretors	2003
Pearson Crichlow	2007-
Byron Criddle	1983-85
Justin Crisp	2002
Jose Cue	1972

Dd

Matthew Daake	1991-92
Tom D'Amato	1975, 1977
Cole Dailey	2002-2006
Brett Dames	1977-81
Mark Darden	1988
Reginald Darley	1958-59
Dennis Darling	1996-99
Renaldo Dash	1983
Kendall Daughtry	2006
Brent Davidson	1989-90
Donald Davis	1966
Justin Davis	2007-
Gary Davis	1977
Jeff Davis	1986-89
John Davis	1996-99
Woodrow Davis	1972-73
Fred Day	2001-03
Thom Day	1984
Jewel Dearman	1973
Ray DeBardalaben	1992-95
Fred Decker	1980
Karl Decker	1987-90
Nick Decker	1996-01
Jason DeGraw	1992
Joe DeLoach	1987-88
Bucky Dennis	1999-01
Marc Dickerson	1980
Tim Dieckman	1978-81
Vincent Dietsch	1989-1993
Ivan Diggs	2005-
Brian Disney	1987
DeQuintez Doan	2005
Joe Dow	1961-62
Ricky Dow	1982, 1983
Scott Duckworth	2005
Ricky Dunbar	1980
Clyde Duncan, Jr.	1989-90
Ivan Dunn	1979
Robert Dunn	1970
Steven Durkin	1984-85
Vernon Dye	1980-81

Ee

Greg Edmond	1977
Jason Edwards	2001-04
Kevin Edwards	1979-80
Rich Edwards	1978-79
Robert Edwards	1969

Sonny Eguwatu	1999
Lawrence Elliott	1963-65
Bob Erskine	1983-86
Shelton Ervin	2001
Manuel Escamilla	1963
Henry Esparza	1998-99
Arthur Evans	1973
Mike Evans	1990
Quince Evans	1994-95
Chad Eversole	1998

Ff

Bernard Fears	1984-85
Thomas Fendia	1997-98
Derrick Ferguson	1989-90
Paul Ferguson	1966
Sheddric Fields	1993-96
Sesar Figueroa	2003-2006
Ed Fitzsimons	1985
Jarrett Flax	2005-
Tarrell Florent	1980
Stanley Floyd	1982
Morgan Floyd	2006-
Dan Foley	1979-83
Kenzie Foley	
Matt Fontaine	1988-90
Sam Fobbs	2003-2006
Lawrence Forbes	1995-96
Robert Foster	2000-03
William Foster	1995-97
R. Galen Fowler	1953-54
Jason Fox	1983
Michael Francis	2003-2006
Gary Friend	1968
Eric Frempong	1995-96
Daniel Frey	1959-60
Cliffen Fruge	1973-74

Gg

Joe Gallagher	1970
Ariel Galvan	1985-86
Chris Garcia	1993-94
Mario Garcia	1957-58
Robert Gardiner	1966-68
Charles Gary	1957-59
Joe Garza	1985
Nick Garza	2003-2007
David Gatch	1984-87
David Gates	1991-93
John Gentempo	1957
Tim Gentry	1949-52
Charles Gilberti	1966-69
Keith Gilreath	1979-82
Mike Giltner	1978
Larry Gnatzig	1973-76
Ian Goldfoot	1959-60
Jose Gonzalez	1974-75
Noe' Gonzalez	1990
Joe Goodwin	1948
Paul Goodwin	2004-2007
John Grabowski	1979-80
Robert Graetzer	1992-93
Robert Grainger	1954
Todd Gray	1982
Danny Green	1969-71
Frank Green	1950-51
Rodney Gross	1979
Jesse Grove	2002
Barry Groves	1972



LETTERWINNERS

MEN'S RECORDS

Jonathan Gulley	2006-2007
Ronald Gustafson	1966

Hh

Peter Haggstrom	1995-96
Paul Hamilton	1979-80, 1982
Garland Hampton	1999
Ahmed Harb	2007-
Earl Harlan	1961-62
Andy Halpin	1980-81
Tommie Harper	2001-03
Derald Harris	1979
Ralph Harris	1949
Bennett Harvie	1966
Trevor Hash	1985
Andy Hastings	1982-83
David Haughton	1999
Jack Hay	1986-88
Wayne Hellmuth	1990
L.D. Hendrix	1949
Brent Hensen	2003
Wes Herbst	1979
Marc Hens	1980
Alex Herrmann	1997-01
Greg Hershman	1971-72
Stacy Heuple	1990
Joe Hibbard	1970
Tony Hicks	1983
Michael Hill	1964-65
Leonard Hilton	1967-71
Grant Hightower	2006-
Jason Hodge	2000-03
Michael Hoffer	1995-96
Mark Hogan	1973-75
T. David Hollingsworth	1961
Chris Hollis	1983
Tray Hooper	1989, 1990
Brian Hoover	1969
Steve Hostomsky	1980-84
Kirk Houston	1978
Arman Hoyle	1999-02
Brandon Hubbard	2007-
Manuel Hudson	1995-96
LaMarcus Hunter	2007
Jarod Hunt	1997
George Hurst	1972
James Hymon	1978-79

Ii

Greg Illorson	1980
Bill Irizarry	1993
Alan Irwin	1963-65

Jj

Brian Jackson	1993
Ricky Jackson	1973
Heath Jacobs	1989
Ryan James	2005-2006
Mehdi Jaouhar	1970-72
Larry Jefferson	1975
Samuel Jefferson	1991-94
Norman Jehle	1959
De'Von Jenkins	1998-99
Clifford Jett	1952-54
Kirby Jett	1952-54
Walter Jett	1963
Barry Johnson	1987-88
Chaston Johnson	2007

Clarence Johnson	1956-57
Greg Johnson	1983
Jermaine Johnson	1992-94
Mike Johnson	1981
Wayne Johnson	1973-74
Chris Jones	1997
Doyle Jones	1954-56
Eddie Jones	1969-70
Reggie Jones	1985-88
Torre Jones	1988-90
Rick Jordan	1990
Donald Jousan	1972-73
Patrik Juhlin	1991-93
Jim Jungjohann	1986

Kk

Earl Kaiser	1957-58
Toartou Kargou	2000-03
Magnus Karlsson	1998-99
William Katt	1969
James Kelly	1975
Jeremy Kelley	2006-
Mark Kemp	1977
Anthony Ketchum	1982-85
Tom Kimbark	1979-80
George King	1994
Dave Kingsland	1978-79
Albert Kleb	1950, 56-57
Melvin Kleb	1946-49
Glenn Koks	1989, 90
David Konsens	1981-85
John Kosse	1981-83
Jared Kuntz	2001-02

Ll

Nathan Labus	1993-97
Bill LaCaze	1971-73
Rich LaCombe	1976-77
Carey LaCour	2004-2007
James Lackland	1986
Charles Langston	1990-93
Gary Lankford	1978-82
Kolee Latson	2005-2007
Eric Lathrop	1976-79
Al Lawrence	1960-63
Scott Leach	1973
Billy Leavings	1997-01
John Leedy	1970
James Lee	2007-
John Lengers	1966
Omar Leon	1996-00
Randy Lestourgon	1969
Stanley Levenson	1959
Richard Levi	1964-66
Carl Lewis	1980-81
Devin Lewis	1981-82
Spencer Lightsey	1992-94
Ed Lindley	1982-84
Kevin Little	1996-97
Mark Little	1985
Noyes Livingston	1987
Don Loadman	1957-59
Preston Locher	1946
Michael Loftin	1992
Terry Long	1958
Christopher Lopez	1992-94
Victor Lopez	1966-71
Sam Lowe	1989-90
Bill Luhranns	1971-72

Tim Lunday	1957
Paul Lupi	1992-94
Gilbert Luton	1949-50

Mm

John Macy	1959-61
Steve Magness	2007-
Michael Malain	2007-
Charron Maloch	1964-65
Jeff Maluski	1980
Milton Manson	2002-05
Jeff Marano	1978-79, 1981
Scott Marinich	1988-89
Shad Marshall	1997-98
Vincent Marshall	2004-2007
Daniel Martinez	2007-
Andrew Martin	2001
Jose Martinez	2004
Ronnie Martinez	2001-04
Kevin Mason	1986-89
Jacque Mastin	1984
Patrick Mastro	1978-82
Doug Matthews	1967-68
Eric Matcek	2003-2006
Marvin Mayes	1968-71
Roderick Mayfield	1996-98
Chris Medley	1982
S.M. Meeks, Jr.	1953
Robert Merlo	1963
Rick Meyer	1981-85
Shawn Meyle	1988
Mike Mikulecky	1988-89
Ralph Miller	1965-66
Dominic Milton	2005-
Lucas Mireles	2004-2007
Keith Mitcham	1982
Doug Mitchell	1983-84
Robert Mitchell	1970-72
Chestine Moore	1970-71
Baldemar Montalvo	1977
Dennis Monohan	
Damien Montgomery	2001
Matt Moran	1992-95
Curtis Morgan	1972
John Morriss	1966-70
Andy Morris	2005-2007
Tom Morrow	1989-90
Jeff Mueller	1998-01
Javier Muniz	1990
John Murray	1950
Sean Murray	1985-89
Jason Myers	2002-2006
Landis Myers	1962

Mc

Paul McAleavy	1989
Mike McAndrews	1995-97
Larry McBride	1953-55
Mike McCall	1972
Neal McCarty	2006-2007
Robert McCartney	1963-64
Ivan McCleery	1970-71
Archie McClure	1964-65
Terrell McCombs	
Tim McCommon	1972-75
Donald McDonald	1948
Thomas McGaughey	1992
Adair McGowen	1946
Donnie McGraw	1973, 1975

William Mcllroy	1954-56
William McKenzie	1968-69
Mike McKinney	1991
Chris McKinstry	2005
Curtis McLemore	1989
David McMenamin	1972-74
Mark McNeil	1982-85
Justin McQueen	2006
Jack McRoberts	1957-58
Warren McVea	1967
Sammy McWhirter	1953

Nn

Kevin Nance	1977-78
Steve Naratil	1985, 86
Joe Nazuruk	
Calum Neff	2006-2007
Ron Nelson	1986
Andy Newcomb	1973-74
Wayne Newsom	1991-94
James Newton	1975
Don Nixon	1987-88
Rufus North	1973
Chris Norton	1979
Danny Novelli	1975

Oo

David O'Connor	1980-82
Hakan Oberg	1967
David Odom	1975
E. J. Odom	1956
Mike Olaque	1999-03
Henrik Olausson	1995-98
Thomas Orr	2007-
Cecil Overstreet	1976-77
Yemi Owalabi	1985-89

Pp

John Palanco	1969
Don Parish, Jr.	1988-89
Jay Paritz	1966
Lance Parker	2000-01
James Parkhurst	1960-62
Charles Parks	1966
Jack Parrington	1957-59
Ron Pascucci	1996-00
Daniel Patton	2002-04
Tim Patton	1971
Shannon Pate	1990
Darius Pemberton	1996-97
Leif Penn	2000
Leonard Penney	1957
Jason Perez	2007-
Ralph Perri	1985-88
Charles Perry	1969
Preston Perry	2003-2007
Charles Petkovsek	1953-55
Lance Phegley	1987-90
David Picciano	1988-89
Patrick Picciano	1988-89
William Picciano	1988-89
Anthony Pickett	1966-68
John Pinkerton	1973
James Plasek	1975-76
Jack Polk	1947
Richard Poole	1973
Robert Poole	1982-84
Frank Porreco	1995-99



Dick Post	1967
James Pressly	1946
Sam Proctor	1977
Ricky Propps	1980-81
Ronald Pruitt	1954-56

Qq

Jack Quarles	1948-50
Mike Quintanilla	1995-98

Rr

Charles Rainey	1950
Luis Ramirez	1994
Derek Randall	2003-04
George Rankin	1959
Albert Ransom	1990-93
Matt Rasch	1993-94
Jim Reagan	1990-94
John Reed	1961
Lucian Reed	1965
Mark Reed	1984-88
Jerry Reeves	1970-71
Jonathan Reeves	2004-2006
Dan Reid	1988-90
Vance Reyes	1995-99
Doug Reyna	1993
J. Wesley Richers	1953-55
Brad Rickman	1975-76
Perry Riggs	1978-82
Greg Riley	1978-79
Carlos Rivas	2002
Monico Rivas	1988-90
Rickey Roberson	1981
Sean Roberts	1990
Donald Robinson	1948
Gregory Robinson	1962-63
James Robinson	1984-87
Pete Robero	1988
Jacob Rodriguez	2003
Jorge Rodriguez	1998-01
Richard Rodriguez	
Rolando Rodriguez	1998
David Rosenthal	1994
Brad Ross	1979
Rayford Ross	1989-93
William Ross	1966-68
Stanford Routt	2002-04
Glenn Rudolph	1982
Jack Ruddock	1956
Chris Russell	1983
Tom Rusteberg	2002-2006
Frank Rutherford	1986-87
Howie Ryan	1965-67

Ss

Paul Salisbury	1957
Ramon Sambrano	1994-95
Isaac Samuels	1984-85
Steve San Antonio	1983
Maurilio Sanchez	2003-05
Mike Sanderson	1999
Lyndon Sands	1982-86
Santiago Santos	1995-98
David Saye	1980-81
Matthias Schlicht	1990
Justin Schrock	2003
Donnie Schroeder	1969
Larry Schroeder	1946-49

Justin Schueltko	2001
Ebony Scott	1997-00
Jack Scott	1963
Joey Scott	1994
Ricky Scott	1996
Ken Seynaeve	1977-80
Gene Shannon	1950
Todd Saul	1982
Brian Shaw	1978-80
Stan Shockley	1980
Mike Shoffitt	1966
Eric Sigmont	1969-72
Mike Simpson	1967-68
George Sjodin	1975
James Skaines	1950-52
Gary Skinner	1999-01
George Slade	1950-52
Jerry Smartt	1958-59
Anthony Smith	1984-86
Jim Smith	1984
Joe Bob Smith	1956-57
Paul Smith	1986-89
Perry Smith	1978
Tremaine Smith	2005-
John Smyth	1957-59
Gene Snell	1948-51
Andy Snelson	1975
John Solomon	1977-78, 1980
Chris Sosa	1996-1996
Don Speranza	1979-82
Billy Spiller	1993
Sam Spiller	1986-88
Nick Spillios	1952-54
Michael Spratt	1964-67
Marcus Stalberg	1999
Tyler Stanfield	2005
Brian Stanton	1982-83
Tom Starr	1979-81
Howard Sterling	1997-00
Daniel Stevens	2002
Homer Stevens	1969
Rich Stewart	1979-80
Thomas Stewart	1994
Hakan Stromberg	1995-96
Pat Studdert	1966-69
Darin Sugano	1988
Jim Sullivan	1980
Jim Sutherland	1983-85
Terry Sweeney	1967-68
Gene Sweeten	1969

Tt

Andy Tackett	2006-2007
Jason Tamez	1990
Bert Tardieu	1982-83
DeVonté Taylor	2001
George Taylor	1973
Danny Teate	1974
Kyle Tellez	1985
Gene Tennison	2003
James Thomas	1994-96
Mike Thomas	1973
Cuyler Thompson	1971-72
Jeff Thompson	1976-77
Jim Thorpe	1988-89
Boyd Tingle	1949-50
Lloyd Tolliver	1972-73
Donald Tomasco	1950-53
Joaquin Torres	1994
Cecil Towns	1949-50

Andrew Traub	1987-88
Shedrick Traylor	1990-94
Victor Treat	1950-52
Nathan Trimble	2007-
Norman Tuffli	1959
Greg Turner	1979-80
Shane Turpin	2000
Ferran Tyler	1984-88

Uu

Justin Urrutia	2002
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Vv

Gary VanDerbeek	1981
Ron Veillon	2002-05
Steven Venglar	1988
Will Vespe	1993-94
Ray Viada	1973, 1975
Louis Vicenik	1968-72
Jon Vines	1993-96
Malcolm Voelkel	1969-70

Ww

David Wagner	1969-71
Craig Walker	1998
Geoffrey Walker	1962
Willie Walker	1984
Richard Walsh	1982-85
Todd Walthal	1990-93
Kevin Ward	1999-02
Robert Waterman	1960-62
Wade Watson	1998-99
Kevin Watson	2002-2006
Aubrey Watts	1946
Albert Watts	1948
Steve Weidle	1981
Bobby Weise	1958-60
Davis Weiss	1973
Leo Weiss	1957-59
Jackie Welch	1957
Charles West	1993
Edward C. West	1994
Charles Whigham	1979
Tim Whitaker	2001-04
Chris White	2004-2007
Tristian Whitley	2004-2007
Mark Whitsett	1988
Anthony Whittington	1956-57
Dan Wiggart	1966
Indhika Wijay	1997-99
Roy Willis	1977
Barney Williams	1975
Damion Williams	2002-03
Floyd Williams	1976
Jay Williams	1975
Mike Williams	1972-75
Paul Williams	1982
Ranzy Williams	1987-88
Rufus Williams	2004
Vincent Williams	1989
Bill Wilson	1979-81
James Wilson	1989-90
Mike Wilson	1966-67
Alex Winstel	2001-05
Darrin Wittson	1985
Brandon Womack	2002-04
Bobby Woods	1981
Buddy Woods	1972-73

Joe Wooten	1951-52
Kyle Wright	1982-83
Walt Wyant	1972

Yy

Charles Young	1981-82
John Young	1978
Stan Young	1979
Thomas Young	1996-97

Zz

Earl Zilles	1981-82
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NCAA INDOOR QUALIFYING STANDARDS

MEN'S STANDARDS

Events	Automatic		Provisional	
	FAT	MAT	FAT	MAT
55 meters	6.14	-----	6.24	-----
60 meters	6.62	-----	6.72	-----
55m hurdles	7.17	-----	7.38	-----
60m hurdles	7.70	-----	7.91	-----
200 meters	21.08	-----	21.48	-----
400 meters	46.45	46.2	47.65	47.8
800 meters	1:48.40	1:48.1	1:50.10	1:49.8
Mile	3:59.80	3:59.5	4:05.70	4:05.4
3,000 meters	7:56.30	7:56.0	8:06.30	8:06.0
5,000 meters	13:51.90	13:51.6	14:13.80	14:13.5
4x400m relay	3:06.60	3:07.9	3:13.60	3:13.3
Distance Medley Relay	9:35.20	9:34.9	9:45.90	9:45.6

WOMEN'S STANDARDS

Events	Automatic		Provisional	
	FAT	MAT	FAT	MAT
55 meters	6.75	-----	6.92	-----
60 meters	7.27	-----	7.44	-----
55m hurdles	7.58	-----	7.86	-----
60m hurdles	8.15	-----	8.43	-----
200 meters	23.50	-----	24.10	-----
400 meters	52.70	52.4	54.70	54.7
800 meters	2:06.10	2:05.8	2:09.40	2:09.1
Mile	4:39.10	4:38.8	4:47.60	4:47.3
3,000 meters	9:16.80	9:16.5	9:35.80	9:35.5
5,000 meters	16:11.60	16:11.3	16:46.60	16:46.3
4x400m relay	3:35.90	3:35.6	3:42.40	3:42.1
Distance Medley Relay	11:11.00	11:10.7	11:30.00	11:29.7

Automatic

Provisional

Events	Automatic		Provisional	
	Metric	English	Metric	English
High jump	2.23	7-03.75	2.17	7-01.50
Pole vault	5.50	18-00.50	5.20	17-00.75
Long jump	7.85	25-09.25	7.45	24-09.25
Triple jump	16.20	53-01.75	15.50	50-10.25
Shot put	19.30	63-04.00	17.75	58-03.00
Weight throw	21.20	69-06.75	19.00	62-04.00
Heptathlon	5,650 points		5,200 points	

Automatic

Provisional

Events	Automatic		Provisional	
	Metric	English	Metric	English
High jump	1.84	6-00.50	1.78	5-10.00
Pole vault	4.20	13-09.50	3.95	12-11.50
Long jump	6.40	21-00.00	6.10	20-00.25
Triple jump	13.30	43-07.75	12.65	41-06.00
Shot put	16.90	55-05.50	15.40	50-06.25
20-lb. Weight throw	21.00	68-10.75	19.00	62-04.00
Pentathlon	4,050 points		3,700 points	

NCAA OUTDOOR QUALIFYING STANDARDS

MEN'S STANDARDS

Automatic

Events	FAT	MAT
100 meters	10.50	-----
200 meters	21.19	-----
400 meters	47.20	46.9
800 meters	1:50.40	1:51.1
1,500 meters	3:37.80	3:47.5
Mile	4:03.75	4:03.5
10,000 meters	14:12.00	14:11.7
Steeplechase	9:07.00	9:06.7
110m hurdles	14.30	-----
400m hurdles	52.51	52.2
4x100m relay	40.66	40.4
4x400m Relay	3:10.00	3:09.7

Events	Metric	English
High jump	2.10	6-10.75
Pole vault	5.05	16-06.75
Long jump	7.34	24-01.00
Triple jump	15.00	49-02.50
Shot put	16.80	55-01.50
Discus	51.70	169-07
Javelin	61.60	202-01
Hammer	55.60	182-05

Automatic

Provisional

Events	FAT	MAT	FAT	MAT
10,000 meters	28:45.00	28:44.7	29:30.00	29:29.7
Decathlon	7,500 points		6,900 points	

WOMEN'S STANDARDS

Automatic

Events	FAT	MAT
100 meters	11.75	-----
200 meters	23.96	-----
400 meters	54.61	54.3
800 meters	2:09.80	2:09.5
1500 meters	4:27.80	4:27.5
Mile	4:49.60	4:49.3
5000 meters	16:52.00	16:51.7
Steeplechase	10:50.25	10:50.0
100m hurdles	13.92	-----
400m hurdles	1:00.82	1:00.5
4x100m relay	45.70	45.4
4x400m relay	3:42.00	3:41.7

Events	Metric	English
High jump	1.75	5-08.75
Pole vault	3.80	12-05.50
Long jump	6.00	19-08.25
Triple jump	12.32	40-05.00
Shot put	14.30	46-11
Discus	47.30	155-02
Javelin	43.45	142-07
Hammer	54.15	177-08

Automatic

Provisional

Events	FAT	MAT	FAT	MAT
10,000 meters	33:30.00	33:29.7	35:00.00	34:59.7
Heptathlon	5,500 points		5,050 points	



IVAN DIGGS
NCAA ALL-AMERICAN

CARESSIA HAMILTON
C-USA CHAMPION
NCAA QUALIFIER



JASON PEREZ
PAN-AM JUNIOR GAMES MEDALIST
JUNIOR ALL-AMERICAN

CAREY LACOUR
NCAA ALL-AMERICAN
C-USA CHAMPION



SEUN ADIGUN
C-USA CHAMPION
NCAA QUALIFIER

TREMAINE SMITH
NCAA ALL-AMERICAN
C-USA CHAMPION



24 OLYMPIANS • 24 CONFERENCE CHAMPIONSHIPS • 40 NCAA INDIVIDUAL CHAMPIONS • 311 NCAA ALL-AMERICANS • 231 CONFERENCE CHAMPIONS

INDOOR MEETS

OUTDOOR MEETS

- 01/12 Houston Indoor Opener
- 01/18 Leonard Hilton Memorial
- 01/19 Carl Lewis High School Invite
- 01/25-01/26 Arkansas Invitational
- 02/01-02/02 Houston Indoor Invitational & Multis
- 02/09 Bayou City Championships
- 02/15-02/16 Tyson Invitational
- 02/16 UH All-Comers Meet
- 02/29-03/01 C-USA Championships
- 03/07-03/08 Iowa State Last Chance Meet
- 03/15-03/16 NCAA Indoor Championships

- Yeoman Field House
- Yeoman Field House
- Yeoman Field House
- Fayetteville, Ark.
- Yeoman Field House
- Yeoman Field House
- Fayetteville, Ark.
- Yeoman Field House
- Yeoman Field House
- Ames, Iowa
- Fayetteville Ark.

- 03/31-03/22
- 03/22
- 03/28-03/29
- 04/02-04/05
- 04/10-04/12
- 04/18-04/19
- 04/24-04/26
- 04/26
- 05/02-05/03
- 05/15-05/17
- 05/30-05/31
- 06/11-06/14
- 06/19-06/21
- 06/27-07/06

- TSU Relays
- Texas Invitational
- LSU Relays
- Texas Relays
- UCLA JJK/Rafer Johnson Inv
- UH/Tom Tellez Invitational
- Penn Relays
- Rice Twilight
- Houston Invitational
- Conference USA Championships
- NCAA Midwest Regional
- NCAA Championships
- USATF Junior Championships
- US Olympic Trials

- Houston, Texas
- Austin, Texas
- Baton Rouge, La.
- Austin, Texas
- Los Angeles, Calif.
- Lewis/Tellez Track Complex
- Philadelphia, Pa.
- Houston, Texas
- Lewis/Tellez Track Complex
- El Paso, Texas
- Lincoln, Neb.
- Des Moines, Iowa
- Columbus, Ohio
- Eugene, Ore.

