

Gem City Invitational

February 8th, 2025

Wittenberg University, The Steamer

Tentative Schedule of Events – Will change based on # of Entries
(Updated 9/30/2024)

***200m/400m will only use lanes 3-6.

Track Events

2:00pm	W	5000m
2:25pm	M	5000m

Advancement TBD/Based on Entries

2:45pm	W	60m Hurdle Trials
3:00pm	M	60m Hurdle Trials
3:15pm	W	60m Trials
3:30pm	M	60m Trials

3:45pm		Senior Appreciation
--------	--	---------------------

4:00pm	W	60m Hurdle Finals
4:10pm	M	60m Hurdle Finals
4:15pm	W	60m Final
4:20pm	M	60m Final

4:30pm	W	400m
4:45pm	M	400m
5:00pm	W	800m
5:15pm	M	800m
5:30pm	W	Mile Run
5:45pm	M	Mile Run
6:00pm	W	200m
6:20pm	M	200m
6:40pm	W	3000m
7:00pm	M	3000m
7:20pm	W	4x400m Relay
7:35pm	M	4x400m Relay

Field Events

Implement Weigh-In in southwest Corner

- ➔ 12:45pm – 1:45pm
- ➔ Light Implements will be impounded until this conclusion of the event.
- ➔ Warm-ups with legal and heavy implements only.
- ➔ Shot Put and Weight will be ran simultaneously

Throws – Top Nine to finals

2:00pm	W	20lb Weight
2:00pm	M	Shot Put
4:00pm	W	Shot Put
4:00pm	M	35lb Weight

Horizontal Jumps – Top Nine to finals

2:00pm	W	Long Jump
2:00pm	M	Long Jump
5:00pm	W	Triple Jump
5:00pm	M	Triple Jump

Vertical Jumps (subject to change)

2:00pm	W	Pole Vault
--------	---	------------

3.05m + .15m to 3.60m + .10m to 3.80m +.05

3:00pm	M	High Jump
--------	---	-----------

1.75m + .05m to 2.05m + .03m

5:00pm	W	High Jump
--------	---	-----------

1.50m + .05m to 1.70m + .03m

4:30pm	M	Pole Vault
--------	---	------------

3.70m + .15m to 4.30m + .10m to 4.80m +.05