

Men's All-Time List

100 Meters		
Paul Doan	10.39	2018
Keith Rose	10.62	2013
Justin Hunter	10.69	2018
Joshua Asiedu-akrofi	10.70	2019
KaWai Ng	10.74	2011
Bradley Libuit	10.80	2006
Emmanuel Elijah	10.81	2015
Riley Sasaki	10.83	2018
Bob Hoffman	10.84c	1983
Matt Maybeno	10.84	2006

200 Meters		
Paul Doan	21.10	2018
Keith Rose	21.30	2014
Max Halvax	21.56	2019
Joshua Asiedu-akrofi	21.64	2019
Jon Patton	21.64	2006
Adam Winding	21.84	2019
Matt Borzage	21.88	2006
Riley Sasaki	21.89	2018
Matt Maybeno	21.89	2004
Andrew Gonzalez	21.90	1997

400 Meters		
Max Halvax	47.84	2019
Ernest Clark	47.86	1995
Mike Cunningham	48.00	2006
Jared Senese	48.03	2016
Matt Borzage	48.03	2006
Kevin Morning	48.20	1978
Josef Polk	48.39	2018
Connor Macky	48.51	2015
Adam Winding	48.66	2018
Matt Horner	48.77	2004

Long Jump		
Matt Bowen	25'2"	2019
Eryn Houston	23'11.5"	1995
Sean Cook	23'10.75"	2013
Tom Wolf	23'6.25"	1969
Randy Copeman	23'5.5"	2014
Jeff Head	23'4.5"	2012
JJ Cisneros	23'4.5"	1991
Shaun Tu	23'4"	2012
Arik Nesbit	23'0.75"	2017
Damian Coleman	23'0"	1993

Shot Put		
Rob Ewanio	60' 4.5"	2002
Matt Seefeld	54'3"	1998
Ryan Eckert	54'2.75"	2013
Devin Lecakes-Jones	53'11"	2020
Matthew Amankonah	53'1.75"	2020
Blake Walkowiak	53'1.75"	2019
Fred Cook	52'8.75"	2010
Nick Morilla	52'7.5"	2009
Zach Nagengast	51'7"	2013
Scott Sargeant	50'11"	1991

Decathlon		
Dan Golubovic	7139	2016
Matt Inskeep	7014	1993
John Serrano	6818	1980
Christian Kallenberg	6502	2019
Andrew Van Straaten	6169	2008
Nick DeBeaubien	6079	2012
Danny Kung	5745	2004

800 Meters			
Daniel Anderson	1:50.56	2010	
Carlos Bojorquez	1:51.10	2014	
Mark Yuen	1:51.26	1993	
Jared Senese	1:51.32	2015	
Tim Vallez	1:51.48	1988	
Nick Famolaro	1:51.58	2019	
Dustin Harris	1:51.58	2012	
Patrick Foy	1:51.65	1993	
Rhodes Walton	1:51.73	1997	
Jake Selstad	1:51.78	2019	

1500 Meters			
Jon Wong	3:50.03	2001	
Carlos Bojorquez	3:50.16	2014	
James Nielsen	3:50.3h	2001	
Carl Lostrom	3:50.96	2005	
Aren Johnson	3:51.18	2019	
Goss Lindsey	3:51.75	1995	
Rhodes Walton	3:51.79	1997	
Chris Bowlus	3:52.24	1984	
Mark Yuen	3:53.32	1993	
Kevin Carter	3:53.47	1988	

3000 Meter Steeplechase			
Jesse Morrill	9:03.19	2011	
Carl Lostrom	9:09.45	2005	
Daniel Franz	9:10.01	2015	
Mario Flores	9:11.52	2015	
Brian Barton	9:13.54	1982	
Joey Benrubi	9:13.81	2018	
Julian Nahan	9:16.57	2004	
David Dunbar, Jr.	9:19.12	2003	
Rhodes Walton	9:19.97	1997	
Jake LeVieux	9:21.10	2008	

Triple Jump			
KaWai Ng	51'9"	2012	
Matt Bowen	51'7.75"	2019	
Arik Nesbit	50'00"	2018	
Khalil Flemister	49'2.25"	2017	
Scott Tsuda	48'10.75"	2009	
Quentin McWhorter	48'4.5"	2012	
Nathan Yoder	48'2.75"	2020	
Derek Van De Streek	48'1.75"	2015	
Damian Coleman	48'0.75"	1993	
Marcus Keller	47'1.75"	2004	

Discus			
Scott Sargeant	173'10"	1992	
Blake Walkowiak	173'1"	2020	
Zach Nagengast	169'4"	2013	
Abel Aramburo	166'2"	2003	
Matt Seefeld	166'2"	1999	
Paul Cogbill	163'0"	1990	
Sebastian Garcia	161'6"	2020	
Marc Sleenhoff	161'6"	1994	
Dane Sandifer	160'3"	2012	
Matt Endler	155'5"	2013	

5000 Meters		
James Nielsen	14:21.15	2001
JJ Castner	14:25.30	1996
Tanner Collins	14:27.19	2014
Tareq Alwafai	14:31.88	2014
Gavin Klinger	14:37.13	1996
Carl Lostrom	14:37.91	2005
Neil Kalra	14:42.34	2004
Merrell Hora	14:43.61	1990
Samuel Blake	14:47.62	2017
Bryan Leek	14:47.81	1997

10000 Meters		
James Nielsen	29:52.97	2000
Robert Eap	30:45.81	2004
JJ Castner	30:48.94	1994
Brendan Gee	30:49.18	2017
Scott Acton	30:51.86	2014
Kellen Levy	30:58.93	2013
Matt Lenehan	31:11.48	2013
Tareq Alwafai	31:21.26	2015
Merrell Hora	31:32.74	1988
Tanner Collins	31:45.24	2015

110 Meter Hurdles		
Nicholas Rack	14.00	2018
Jim Freeman	14.08	2000
Jon Patton	14.40	2006
Mike Cunningham	14.43	2005
Khalil Hooper	14.56	2008
Leon Baham	14.58	2009
John Serrano	14.64c	1980
Leyikun Solomon	14.75	2020
Kevin Chiao	14.91	2014
Dan Golubovic	14.97	2016

High Jump

Casey Ryan	7'3.25"	2010
Kevin Beeman	6'11"	2005
Ian Cooke	6'10"	1993
Zach Aanstoos	6'9"	2019
Luis Carson	6'9"	2018
Bradley Libuit	6'9"	2006
Brett Molster	6'8.75"	2017
Sean Cook	6'8.75"	2016
Raymond Silver	6'8.75"	2016
Eryn Houston	6'8"	1996
Chris Sando	6'8"	1980

Javelin

Nick Howe	231'3"	2011
Nash Howe	229'3"	2014
Anthony Capitulo	209'6"	2016
Cole Mears	200'11"	2018
Travis Vandegriff	200'5"	2016
Dan Golubovic	200'5"	2016
Bradley Libuit	200'0"	2006
Kiley Libuit	199'11"	2012
Dan Macks	190'0"	2008

400 Meter Hurdles		
Mike Cunningham	51.16	2005
Jon Patton	51.49	2006
Leon Baham	52.18	2010
Josef Polk	52.84	2017
Kiasa Salgado	52.98	2019
Tobias Haswell	53.05	2010
Nicholas Rack	53.08	2018
Markus Woods	53.27	2014
Leyikun Solomon	53.34	2020
Kirk Miller	53.34	1997
John Serrano	53.34c	1980

4 x 100 Meter Relay

Sasaki, Hunter, Winding, Doan	40.73	2018
Dirks, Hunter, Elijah, Doan	40.91	2016
Dirks, Winding, Hunter, Doan	41.20	2017
Halvax, Hariharan, Winding, Asiedu-akrofi	41.42	2019
Maybeno, Patton, Lahsael, Borzage	41.43	2006
Erpelding, Hariharan, Winding, Crespo	41.48	2020
Elijah/Hunter/Hernandez/Doan	41.61	2015
Lawrence, Patton, Lahsael, Borzage	41.72	2005
Elijah/Van De Streek/Guinasso/Rose	41.82	2014
UCSD	41.83	2000

4 x 400 Meter Relay

Halvax, Husband, Winding, Polk	3:12.75	2019
Bettisworth/Borzage/Patton/Cunningham	3:13.73	2006
Halvax, Husband, Solomon, Heinlein	3:14.81	2020
Horner, Cunningham, Noel, Borzage	3:14.94	2004
Bettisworth, Cunningham, Patton, Borzage	3:15.10	2005
Macky, VanDeStreek, King, Senese	3:15.18	2015
Rovin/Anderson/Dieffenbach/Baham	3:15.60	2010
Husband, Famolaro, Winding, Polk	3:15.81	2018
Jones, Senese, Flemister, Rose	3:16.03	2016
Polk, Husband, Winding, Senese	3:16.27	2017
UCSD	3:16.68	1992

Pole Vault

Evan Shimasaki	16'6.75"	2020
Dan Golubovic	16'6.75"	2016
Creed Stary	16'6.75"	1997
Steve Pease	16'4.75"	2001
Clint Rosser	16'3.5"	2013
David Spector	16'1.75"	1998
Tim Schmidt	16'1.25"	2017
Mark Gomez	16'0.75"	2002
Paul Johnson	16'0.75"	1992
Ben Berthet	15'11"	2013

Hammer Throw

Scott Sargeant	214'1"	1992
Jeff Taylor	201'2"	1993
AB Shaheen	191'7.5"	2013
Paul Cogbill	189'9"	1992
Fred Cook	188'1"	2010
Zach Nagengast	185'0"	2013
Aria Sadeghi	180'1"	2019
Randy Buehler	179'10"	1996

Blue Indicates 2020 Team Members
3/10/20

Women's All-Time List

100 Meters		
Kelly Fogarty	11.52	2011
Christine Merrill	11.94	2010
Boo Rose	11.96	2012
Laiah Blue	11.99	2009
Avery Schulhofer	12.00	2018
Elisa Holiday	12.00	2004
Erica Washington	12.01	1992
Janay Pierce	12.02	2014
Katie Skorupa	12.12	2009
Mckenna Meaney	12.15	2018

800 Meters		
Sabrina Pimentel	2:09.07	2014
Lindsay Stalker	2:10.33	2005
Mimi Hodgins	2:10.96	2005
Lorato Anderson	2:12.80	2013
Ella Verhees	2:12.88	2017
Kristin Semancsin	2:13.25	2018
Maggie Dwire	2:14.01	1997
Robyn Herskowitz	2:14.10	1996
Alex Hernandez	2:14.32	2019
Gisele English	2:14.42	1987

5000 Meters		
Paige Hughes	16:57.30	2016
Audrey Sung	17:00.26	2003
Emily McGregor	17:14.48	2007
Michelle Conlay	17:14.70	1990
Corinne Hinkle	17:20.89	2016
Denise McFayden	17:30.14	1988
Shalyn Mabritto	17:36.30	2019
Chloe Gustafson	17:36.40	2016
Marie Diaz	17:37.36	2015
Kristin Semancsin	17:37.70	2018

400 Meter Hurdles		
Christine Merrill	58.04	2009
Claudia Cox	58.96	2019
Laiah Blue	59.87	2007
Kelly Strand	59.98	2019
Meghan Fletcher	60.59	2018
Caitlin Meagher	61.02	2011
Lauren Irish	61.40	2014
Deyna Roberson	61.76	2011
Zeinab Torabi	61.85	2019
Clara Wilson	61.88	2004

200 Meters		
Kelly Fogarty	23.55	2011
Boo Rose	23.96	2012
Christine Merrill	24.18	2010
Elisa Holiday	24.24	2004
Andrea Kouremetis	24.73	1989
Mckenna Meaney	24.80	2019
Laiah Blue	24.80	2007
Chelsey Kamson	24.84	2013
Lauren Lopez	24.85	2014
Erica Washington	24.88	1993

1500 Meters		
Brianna Schofield	4:29.67	2009
Mimi Hodgins	4:29.95	2005
Lindsay Stalker	4:30.02	2005
Diane Dunn	4:30.65	2008
Denise McFayden	4:32.74	1988
Kristin Semancsin	4:32.97	2018
Audrey Sung	4:33.50	2003
Michelle DiMeo	4:34.62	2004
Ashleigh Montgomery	4:37.33	2009
Ella Verhees	4:38.10	2015

10000 Meters		
Emily McGregor	35:26.00	2008
Paige Hughes	35:27.07	2016
Michelle Conlay	35:30.23	1990
Skylar Thiel	36:41.69	2018
Chia Chang	37:02.15	2012
Amanda Burkhardt	37:03.50	2007
Erin O'Donnell	37:22.64	2006
Chandler Colquitt	37:38.85	2014
Karina Carstens	37:44.23	2017
Madison Tanner	37:58.17	2014

4 x 100 Meter Relay		
Merrill, Skorupa, Fogarty, Blue	45.81	2009
Merrill, Hitchens, Rose, Fogarty	46.29	2010
Weaver, Hitchens, Rose, Fogarty	46.68	2011
Fletcher, Meaney, Weldon, Schulhofer	46.88	2018
Knudson, Skorupa, Merrill, Fogarty	46.94	2008
Hitchens, Kamson, Meagher, Rose	46.98	2012
Heins, Anunwah, Snover, Pierce	47.13	2014
Green, Skorupa, Merrill, Blue	47.14	2007
King, Meaney, Page, Schulhofer	47.16	2019
Hitchens, Kamson, Sato, Heins	47.40	2013

400 Meters		
Boo Rose	53.30	2012
Christine Merrill	54.76	2010
Sabrina Pimentel	55.95	2013
Anna Lee McGregor	56.04	2009
Lauren Lopez	56.05	2014
Meghan Fletcher	56.29	2018
Jessica Shugart	56.57	2000
Amber Green	56.75	2007
Jackie Chalmers	56.81	2016
Ellexi Snover	57.08	2015

3000 Meter Steeplechase		
Camille Perkins	10:42.83	2019
Merin Arft	10:57.34	2017
Anneke Kakebeen	11:01.73	2015
Aaryn Kobayashi	11:19.21	2012
Catherine Strouse	11:20.94	2006
Julie Pope	11:23.02	2003
Meghan Scott	11:24.14	2001
Caprice Thompson	11:27.20	2010
Ashleigh Montgomery	11:28.85	2006
Christa Kloha	11:29.58	2017

100 Meter Hurdles		
Laiah Blue	13.63	2009
Christine Merrill	13.84	2010
Meredith Perry	14.11	2004
Caitlin Meagher	14.16	2012
Stephanie LeFever	14.18	2011
Lisa Shepard	14.29	1995
Caroline Page	14.32	2019
Michelle Cummins	14.40	2015
Kayleigh Knudson	14.47	2008
Claudia Cox	14.52	2019

4 x 400 Meter Relay		
Pimentel/Irish/Roberson/Rose	3:42.17	2012
Roberson, Skorupa, McGregor, Merrill	3:42.97	2009
Blue, McGregor, Merrill, Green	3:44.27	2007
Rose/LeFever/Fogarty/Merrill	3:44.39	2010
Skorupa/Sheredy/Merrill/McGregor	3:45.31	2008
Pimentel/Padilla/Chalmers/Snover	3:45.44	2015
Rose, Irish, Fogarty, Meagher	3:45.99	2011
Pimentel, Irish, Chalmers, Lopez	3:46.63	2014
Chalmers, Padilla, Fletcher, Snover	3:47.45	2016
Flint, Meaney, Strand, Cox	3:47.48	2019

Long Jump		
Stephanie LeFever	20'3.5"	2011
Whitney Johnson	19'10.75"	2008
Erin Langford	19'3.25	2012
Leah Murphy	19'1.25"	2010
Elisa Holiday	18'9.25"	2005
Renee Sprowl	18'9.25"	1995
Veronica Bradley	18'8"	2014
Michelle Dimico	18'8"	1995
Kristin Sato	18'7.25"	2014
Lisa Shepard	18'5.5"	1997

Triple Jump		
Whitney Johnson	42'4.25"	2008
Tais Marinho-Gomez	40'1.5"	2018
Natalie Caraway	39'9.75"	2018
Erikka Linn	39'8.75"	2020
Kaylin Siever	39' 8.75"	2004
Chantia Justice	39'7.75"	2014
Kristin Sato	39'6"	2013
Leah Murphy	39'4"	2008
Stephanie LeFever	39'3"	2011
Erin Langford	38'7.75"	2012

High Jump		
Linda Rainwater	5'10.5"	2010
Natalie Caraway	5'8.75"	2019
Savanna Forry	5'8.75"	2017
Kendra Canape	5'7.75"	2005
Stephanie LeFever	5'7.25"	2010
Chelsea Challacombe	5'7"	2019
Devon Brook	5'7"	2015
Kristen Daugherty	5'6"	2016
Kelsey Turner	5'6"	2004
Susan Christy	5'6"	1991

Pole Vault		
Christina Carr	13'1.5"	2017
Donna LeFever	12'6"	2009
Christina Sloyer	12'5.5"	2008
Megan Benham	12'2.75"	2015
Sydney Blakeley	12'0.5"	2013
Madeleine Flint	12'0.5"	2006
Naomi Chin	11'11.75"	2020
Meredith Perry	11' 9.75"	2004
Carly Heffernan	11'8.5"	2017
Devin Stetson	11'8.5"	2016

Shot Put		
Sagrario Hernandez	50'4"	2003
Gabby Eshiet	48'3.5"	2019
Shannon Quigley	47'10"	1991
Katie Hogan	43'6.5"	2005
Eva Isaacs	43'3.25"	2013
Jillian Sola	43'1.5"	2006
Lauren Anderson	42'9"	2006
Michelle Vavra	42'3.25"	2004
Sarah Perkins	41'8"	2020
Megan Steel	40'10.25"	2000
Haley Libuit	40'4.75"	2015

Discus		
Shannon Quigley	163'2"	1991
Esther Nofodji	160'11"	2019
Sarah Hendy	160'11"	2009
Shelly Squibb	156'9"	1990
Rachel Beerman	156'0"	1990
Sara Allsup	155'2"	2002
Jillian Sola	154'11"	2007
Debbie Hargrove	152'11"	1991
Uchenna Agbahiwe	147'4"	2013
Danielle Thu	146'1"	2011

Hammer Throw		
Danielle Thu	198'8"	2009
Gabby Eshiet	176'0"	2019
Sagrario Hernandez	172'7"	2003
Marie Archer	171'11"	2010
Megan Bergin	166' 11	2002
Melissa Karnaze	166'8"	2008
Tara Monaghan	164'9"	1996
Savanna Forry	163'0"	2017
Cecilia Dumar	162'9"	2019
Dorienne Ordaz	162'6"	2017

Javelin		
Briana Hinga	159'1"	2006
Theresa Richards	149'9"	2010
Michelle Beebe	146'11"	2004
Ellexi Snover	143'5"	2015
Jessica Miklaski	143'4"	2013
Haley Libuit	141'6"	2015
Torrey Trust	139'2"	2007
Bobbie Octavo	133'5"	1991
Lynne Brinkman	132'8"	2002
Aletha Vassilakis	131'5"	2012

Heptathlon		
Stephanie LeFever	5385 pts	2011
Linda Rainwater	5333 pts	2010
Chelsea Challacombe	4739 pts	2018
Veronica Bradley	4691 pts	2014
Kayleigh Knudson	4601 pts	2008
Amy Beeman	4470 pts	2006
Briana Hinga	4380 pts	2005
Molly Wheatley	4240 pts	1984
Samantha Belvini	4238 pts	2006

Blue Indicates 2020 Team Members

3/10/20

Triton Stadium Records

Men

EVENT	RECORD HOLDER	AFFILIATION	RECORD	YEAR
100 METERS	EMMANUEL MATADI	LIBERIA	10.11	2016
200 METERS	ALDEMIR DA SILVA JUNIOR	BRAZIL	20.44	2016
400 METERS	SANDERLEI PARELLA	BRAZIL	45.83	1997
800 METERS	JOSE LUIS BARBOSA	BRAZIL	1:46.11	1992
1500 METERS	WANDER MOURA	BRAZIL	3:41.84	1997
3000M STEEPLE	YASUNORI UCHITOMI	JAPAN	8:49.88	1997
5000 METERS	WANDER MOURA	BRAZIL	13:36.85	1996
10000 METERS	BESHIT HUSSAIN	RIVERSIDE CC	30:32.36	1996
110 HURDLES	ROBERT READING	NIKE	13.50	1994
400 HURDLES	KRISS AKABUSI	GREAT BRITAIN	49.85	1992
4x100 RELAY		AUSTRALIA	39.35	1992
4x400 RELAY		USC	3:10.42	1995
LONG JUMP	GREG RUTHERFORD	GREAT BRITAIN	26'3.5"	2016
TRIPLE JUMP	CHARLES ROGERS	SO. CAL. CHEETAHS	53'8.25"	1999
HIGH JUMP	STEVE SMITH	UNATTACHED	7'6.5"	1998
SHOT PUT	JOE KOVACS	NIKE	72'4.5"	2015
DISCUS (WEST FIELD)	ANTHONY WASHINGTON	US WEST	228'11"	1998
DISCUS (STADIUM)	GERD KANTER	ESTONIA	227'11"	2009
JAVELIN	ESKO MIKKOLA	FINLAND	266'6"	2003
HAMMER	KEVIN MCMAHON	UNATTACHED	241'7"	1998
POLE VAULT	DEAN STARKEY	NIKE	18'6.5"	1998
DECATHLON	DAN GOLUBOVIC	UC SAN DIEGO	6898	2014

Women

EVENT	RECORD HOLDER	AFFILIATION	RECORD	YEAR
100 METERS	INGER MILLER	UNATTACHED	11.17	1996
200 METERS	MONIQUE HENDERSON	UCLA	23.03	2004
400 METERS	GEISA COUTINHO	BRAZIL	52.12	2016
800 METERS	DEBBIE MARSHALL	UNATTACHED	2:02.83	1992
1500 METERS	DARCY ARREOLA	NIKE COAST	4:12.81	1992
3000 METERS	CAROL MONTGOMERY	UNATTACHED	9:27.72	2001
3000M STEEPLE	ANGELA FIGUEROA	COLOMBIA	10:19.67	2008
5000 METERS	ALICIA MONSON	WISCONSIN	16:11.81	2018
10000 METERS	LAURA STUART	UNATTACHED	36:11.8	1994
100 HURDLES	GINNIE CRAWFORD	TMBTC	12.97	2016
400 HURDLES	KORI CARTER	JORDAN BRAND	56.54	2016
4x100 RELAY		USC	44.62	2013
4x400 RELAY		WORLD CLASS T.C.	3:38.94	1992
LONG JUMP	GWEN LOUD	NIKE	21'10.25"	1996
TRIPLE JUMP	NELLY TCHAYEM	FRANCE	44'2"	2009
HIGH JUMP	CLARE LOOK-JAEGER	NIKE	6'2"	1996
SHOT PUT	TIA BROOKS	NIKE	61'9.75"	2016
DISCUS (WEST FIELD)	SUZY POWELL	ASICS	227'10"	2002
DISCUS (STADIUM)	BECKY BREISCH	USA	196'8"	2009
JAVELIN	BRITTANY BORMAN	NIKE/NYAC	199'0"	2015
HAMMER	JENEVA MCCALL	NYAC	236'8"	2013
POLE VAULT	KELSIE HENDRY	CANADA	14'10"	2012
HEPTATHLON	STEPHANIE LEFEVER	UC SAN DIEGO	5161	2010