

Men's All-Time List

100 Meters			800 Meters			5000 Meters			400 Meter Hurdles		
Paul Doan	10.39	2018	Daniel Anderson	1:50.56	2010	James Nielsen	14:21.15	2001	Mike Cunningham	51.16	2005
Keith Rose	10.62	2013	Carlos Bojorquez	1:51.10	2014	JJ Castner	14:25.30	1996	Jon Patton	51.49	2006
Justin Hunter	10.69	2018	Mark Yuen	1:51.26	1993	Tanner Collins	14:27.19	2014	Leon Baham	52.18	2010
KaWai Ng	10.74	2011	Jared Senese	1:51.32	2015	Tareq Alwafai	14:31.88	2014	Josef Polk	52.84	2017
Bradley Libuit	10.80	2006	Tim Vallez	1:51.48	1988	Gavin Klinger	14:37.13	1996	Tobias Haswell	53.05	2010
Emmanuel Elijah	10.81	2015	Dustin Harris	1:51.58	2012	Carl Lostro	14:37.91	2005	Nicholas Rack	53.08	2018
Riley Sasaki	10.83	2018	Patrick Foy	1:51.65	1993	Neil Kalra	14:42.34	2004	Markus Woods	53.27	2014
Bob Hoffman	10.84c	1983	Rhodes Walton	1:51.73	1997	Merrell Hora	14:43.61	1990	Kirk Miller	53.34	1997
Matt Maybeno	10.84	2006	David Myers	1:51.79	1990	Samuel Blake	14:47.62	2017	John Serrano	53.34c	1980
Andrew Dirks	10.94	2016	Nick Famolaro	1:51.85	2018	Bryan Leek	14:47.81	1997	Dan Noel	53.68	2007

200 Meters			1500 Meters			10000 Meters			4 x 100 Meter Relay		
Paul Doan	21.10	2018	Jon Wong	3:50.03	2001	James Nielsen	29:52.97	2000	Saaki Hunter, Winding, Doan	40.73	2018
Keith Rose	21.30	2014	Carlos Bojorquez	3:50.16	2014	Robert Eap	30:45.81	2004	Dirks, Hunter, Elijah, Doan	40.91	2016
Jon Patton	21.64	2006	James Nielsen	3:50.3h	2001	JJ Castner	30:48.94	1994	Dirks, Winding, Hunter, Doan	41.20	2017
Adam Winding	21.84	2018	Carl Lostro	3:50.96	2005	Brendan Gee	30:49.18	2017	Maybeno, Patton, Labaei, Borzage	41.43	2006
Riley Sasaki	21.89	2018	Goss Lindsey	3:51.75	1995	Scott Acton	30:51.86	2014	Elijah/Hunter/Hemandez/Doan	41.61	2015
Matt Borzage	21.88	2006	Rhodes Walton	3:51.79	1997	Kellen Levy	30:58.93	2013	Lawrence, Patton, Labaei, Borzage	41.72	2005
Matt Maybeno	21.89	2004	Chris Bowlus	3:52.24	1984	Matt Lenehan	31:11.48	2013	Elijah/Guiano/Van De Streek/Rose	41.82	2014
Andrew Gonzalez	21.90	1997	Mark Yuen	3:53.32	1993	Tareq Alwafai	31:21.26	2015	UCSD	41.83	2000
David Newquist	21.94	2000	Kevin Carter	3:53.47	1988	Merrell Hora	31:32.74	1988	Maybeno/Patton/Lawrence/Borzage	41.84	2004
Justin Hunter	21.96	2017	Aren Johnson	3:53.59	2017	Tanner Collins	31:45.24	2015	Azade Winding/Harthorn/Carago	41.87	2019
			JJ Castner	3:53.59	1995						

400 Meters			3000 Meter Steeplechase			110 Meter Hurdles			4 x 400 Meter Relay		
Ernest Clark	47.86	1995	Jesse Morrill	9:03.19	2011	Nicholas Rack	14.00	2018	Bethworth/Borzage/Patton/Cunningham	3:13.73	2006
Mike Cunningham	48.00	2006	Carl Lostro	9:09.45	2005	Jim Freeman	14.08	2000	Homer, Cunningham, Noel, Borzage	3:14.94	2004
Jared Senese	48.03	2016	Daniel Franz	9:10.01	2015	Jon Patton	14.40	2006	Bethworth/Cunningham/Patton/Borzage	3:15.10	2005
Matt Borzage	48.03	2006	Mario Flores	9:11.52	2015	Mike Cunningham	14.43	2005	Mucky, VanDeStreek, King, Senese	3:15.18	2015
Kevin Morning	48.20	1978	Brian Barton	9:13.54	1982	Khalil Hooper	14.56	2008	Rovin/Anderson/Diefenbach/Baham	3:15.60	2010
Josef Polk	48.39	2018	Joey Bentubi	9:13.81	2018	Leon Baham	14.58	2009	Hubbard, Famolaro, Winding, Polk	3:15.81	2018
Connor Macky	48.51	2015	Julian Nahan	9:16.57	2004	John Serrano	14.64c	1980	James, Senese, Flemister, Rose	3:16.03	2016
Matt Homer	48.77	2004	David Dunbar, Jr.	9:19.12	2003	Kevin Chiao	14.91	2014	Polk, Hubbard, Winding, Senese	3:16.27	2017
Adam Winding	48.81	2018	Rhodes Walton	9:19.97	1997	Dan Golubovic	14.97	2016	UCSD	3:16.68	1992
Matt Jandrisevits	48.82	1993	Jake LeVieux	9:21.10	2008	Adam Augustyn	14.98	2014	UCSD	3:17.12	1993

Long Jump			Triple Jump			High Jump			Pole Vault		
Matt Bowen	25'0.5"	2016	KaWai Ng	51'9"	2012	Casey Ryan	7'3.25"	2010	Dan Golubovic	16'6.75"	2016
Eryn Houston	23'11.5"	1995	Matt Bowen	51'4.25"	2018	Kevin Beeman	6'11"	2005	Creed Stary	16'6.75"	1997
Sean Cook	23'10.75"	2013	Arik Nesbit	50'00"	2018	Ian Cooke	6'10"	1993	Steve Pease	16'4.75"	2001
Tom Wolf	23'6.25"	1969	Khalil Flemister	49'2.25"	2017	Luis Carson	6'9"	2018	Clint Rosser	16'3.5"	2013
Randy Copeman	23'5.5"	2014	Scott Tsuda	48'10.75"	2009	Bradley Libuit	6'9"	2006	David Spector	16'1.75"	1998
Jeff Head	23'4.5"	2012	Quentin McWhorter	48'4.5"	2012	Brett Molster	6'8.75"	2017	Tim Schmidt	16'1.25"	2017
JJ Cisneros	23'4.5"	1991	Derek Van De Streek	48'1.75"	2015	Sean Cook	6'8.75"	2016	Mark Gomez	16'0.75"	2002
Shawn Tu	23'4"	2012	Damian Coleman	48'0.75"	1993	Raymond Silver	6'8.75"	2016	Paul Johnson	16'0.75"	1992
Arik Nesbit	23'0.75"	2017	Marcus Keller	47'1.75"	2004	Eryn Houston	6'8"	1996	Evan Shimasaki	15'11"	2018
Damian Coleman	23'0"	1993	Doug Olander	46'11.75"	1997	Chris Sando	6'8"	1980	Ben Berthet	15'11"	2013

Shot Put			Discus			Javelin			Hammer Throw		
Rob Ewano	60' 4.5"	2002	Scott Sargeant	173'10"	1992	Nick Howe	231'3"	2011	Scott Sargeant	214'1"	1992
Matt Seefeld	54'3"	1998	Zach Nagengast	169'4"	2013	Nash Howe	229'3"	2014	Jeff Taylor	201'2"	1993
Ryan Eckert	54'2.75"	2013	Abel Aramburo	166'2"	2003	Anthony Capitulo	209'6"	2016	AB Shaheen	191'7.5"	2013
Fred Cook	52'8.75"	2010	Matt Seefeld	166'2"	1999	Cole Mears	200'11"	2018	Paul Cogbill	189'9"	1992
Nick Morilla	52'7.5"	2009	Paul Cogbill	163'0"	1990	Travis Vandegriff	200'5"	2016	Fred Cook	188'1"	2010
Devin Lecakes-Jones	52'6"	2018	Marc Sleenhoff	161'6"	1994	Dan Golubovic	200'5"	2016	Zach Nagengast	185'0"	2013
Zach Nagengast	51'7"	2013	Dane Sandifer	160'3"	2012	Bradley Libuit	200'0"	2006	Matt Seefeld	185'0"	1999
Scott Sargeant	50'11"	1991	Dan Golubovic	158'11"	2016	Kiley Libuit	199'11"	2012	Randy Buehler	179'10"	1996
Chris Vaniew	50'10.25"	2017	Matt Endler	155'5"	2013	Dan Macks	190'0"	2008	Geoff Lambert	176'3"	1997
Blake Walkowiak	50'5.25"	2019	Mason Falahat	154'3"	2016	Kevin Baca	188'10"	1992	Aria Sadeghi	174'9"	2018

Blue Indicates 2019 Team Members

Decathlon		
Dan Golubovic	7139	2016
Matt Inskeep	7014	1993
John Semano	6818	1980
Andrew Van Straaten	6169	2008
Nick DeBeaubien	6079	2012
Danny Kung	5745	2004
Derrick Bennett	5255	1996
Dave Newquist	4741	1998