



2013 UC SAN DIEGO Women's Water Polo

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2013 RESULTS

25-13 Overall, 7-0 WWPA

4-4 Home/1-2 Away/20-7 Neutral

January

<i>UCSB Winter Invitational</i>		
26	Santa Clara*	W, 16-8
26	#17 Cal State Northridge	L, 6-13
27	Sonoma State*	W, 11-6
27	Claremont-Mudd-Scripps	W, 20-12

February

<i>Triton Invitational</i>		
9	#15 Loyola Marymount	W, 8-7
9	#5 Arizona State	L, 4-10
10	#13 UC Santa Barbara	L, 11-12 SD OT
10	#17 Cal State Northridge	L, 7-9
<i>UCI Invitational</i>		
23	#3 UCLA	L, 8-12
23	#14 UC Davis	L, 12-13 SD OT
24	#18 Pacific	W, 9-8
24	#15 Cal State Northridge	L, 6-9

March

1	#13 Loyola Marymount*	W, 11-10
3	#7 UC Irvine	L, 6-8
<i>Claremont Convergence</i>		
8	Whittier	W, 17-3
8	Cal Lutheran	W, 14-5
9	Chapman	W, 15-1
9	Claremont-Mudd-Scripps	W, 17-8
<i>Aztec Invitational</i>		
16	#13 Cal State Northridge	W, 7-6
16	#16 UC Davis	W, 7-6
17	#11 Indiana	W, 10-7
17	Bucknell	W, 7-4
<i>Hawai'i Spring Break Tournament</i>		
28	#6 San Diego State	L, 5-9
29	#2 Stanford	L, 4-17
30	#8 Hawai'i	L, 6-9
30	#17 UC Santa Barbara	L, 9-12

April

<i>Bronco Invitational</i>		
6	Colorado State*	W, 11-5
6	Sonoma State	W, 14-5
7	Cal State Monterey Bay*	W, 12-6
7	Cal State East Bay*	W, 12-10
11	#9 Long Beach State	W, 9-7
<i>DII Championships</i>		
13	Cal State Monterey Bay	W, 14-3
14	Cal State East Bay	W, 9-8
19	Cal State San Bernardino*	W, 15-4
20	#8 San Diego State (Harper Cup)	L, 4-6
<i>WWPA Championships (Santa Clara)</i>		
26	Cal State San Bernardino	W, 14-1
27	Colorado State	W, 14-6
28	#11 Loyola Marymount	W, 10-8

NO. 12 UCSD OPENS 2013 NCAA CHAMPIONSHIP WITH NO. 6 HAWAII



Day 1 - NCAA CHAMPIONSHIP No. 12 UC SAN DIEGO vs. No. 6 HAWAII

Friday, May 10, 2013 • 4:00 p.m. (PT)
Blodgett Pool - Harvard University - Boston, Mass.



TRITON UPDATES

WATCH LIVE

NCAA.com will provide live video coverage, free of charge, for all matches of this week's NCAA Women's Water Polo Championship. Navigate to that day's game on the Schedule/Results page at UCSDtritons.com to access a link, or go to NCAA.com.

HOW DID WE GET HERE?

UCSD earned an automatic bid to the 2013 NCAA Women's Water Polo Championship by virtue of its third Western Water Polo Association (WWPA) title. UCSD posted a strong 10-8 victory over 11th-ranked rival Loyola Marymount in the championship game on Apr. 28. The winner of the WWPA is one of four teams to receive an automatic berth to the NCAA tournament every year. UCSD earned the No. 5 seed at this year's event, where it will match up with fourth-seeded Hawai'i, the Big West Conference champion. The championship is a single-elimination tournament, with a loser's bracket to determine places three through eight.

SECOND MEETING OF 2013 ON TAP AGAINST UH

The Tritons and Rainbow Wahine met once already this year, at the Hawai'i Spring Break Tournament on Mar. 30. UH had a 2-1 edge at the end of the first, but UCSD came back with three goals to tie it up at 4-4 by halftime. UCSD tied the game again at 5-5 on a goal from Rachel Brooks. Hawai'i carried a 7-5 lead into the final frame, however, and ultimately took the match, 9-6. Melissa Bartow led the Tritons with two goals.

2011 FLASHBACK

UCSD last earned the WWPA's automatic bid into the NCAA Championship in 2011, placing seventh as the No. 7 seed in Ann Arbor, Mich. UCSD began the tournament by dropping a 13-5 decision to second-ranked California. The Tritons were edged by Indiana the following day, 11-8. Taking on Iona in the seventh-place match on the final morning, UCSD cruised to a 15-9 victory behind five goals by Sarah Lizotte, then a freshman. All five goals came in the first half, and served as a single-game season high for UCSD. Lizotte had a team-best nine goals at the NCAA Championship. Kirsten Bates made the All-Tournament Second Team.

LIZOTTE NAMED WWPA PLAYER OF THE YEAR

Junior Sarah Lizotte was named on Apr. 22 as the 2013 Western Water Polo Association (WWPA) Player of the Year, as voted on by the league's head coaches. Lizotte leads the Tritons in goals with 83 on the year, good for the No. 4 spot on the program's single-season top-10 list. As a junior, the utility player has tallied 220 career goals, making her way up the career record book at No. 2 on the top-10 list. This season, Lizotte has scored three or more goals on 15 different occasions, with a single-game high of six against Sonoma State. The Player of the Year honor is the first of the Riverside native's career, while she is now a two-time All-WWPA First Team selection. Lizotte has received conference recognition for her play throughout the season, earning KAP7 Player of the Week honors on three separate occasions; Jan. 30, Mar. 13 and Apr. 10.

THREE OTHERS EARN ALL-WWPA HONORS

Melissa Bartow and Courtney Miller joined Sarah Lizotte as All-WWPA First Team honorees, while Alexis Wieseler received All-WWPA honorable mention. Both Miller and Wieseler were also named to the WWPA All-Freshman Team.

LION TAMERS

UCSD took down LMU for the third time this season with its 10-8 victory in the WWPA Championship final, Apr. 28. The Lions and Tritons have gone back and forth the past four seasons for the league title. UCSD previously took the crown in 2011, when LMU was the preseason favorite to win, as the Tritons pulled out a 13-11 upset victory in Hayward before placing seventh at the NCAA Championship in Ann Arbor, Mich. The Lions won in 2010 and again in 2012, defeating UCSD 7-6 at Canyonview Pool in La Jolla.

WHO'S BACK?

Fourth-year head coach Brad Kreutzkamp entered 2013 with 19 student-athletes on his roster, featuring nine returning letter-winners. The group included returning award winners Sarah Lizotte (2012 First Team All-WWPA), Rachel Brooks (2012 WWPA All-Freshman Team) and Melissa Bartow (2011 WWPA All-Freshman).

BE SOCIAL

You can now follow UCSD head coach Brad Kreutzkamp and get his own perspective on the team through Twitter. Follow @UCSDcoachK for an in-depth look at the Triton women's water polo program. In addition, you can always keep in touch with UCSD Athletics through @UCSDtritons and facebook.com/UCSDtritons.

FINAL 2013 WWPA STANDINGS

Team (Tourn. Finish)	Overall	WWPA
UC San Diego (1)	25-13	7-0
Loyola Marymount (2)	20-13	6-1
Cal State East Bay (7)	17-17	2-5
Santa Clara (3)	16-17	5-2
Sonoma State (6)	13-20	3-4
Cal St. Monterey Bay (5)	12-22	2-5
Colorado State (4)	9-21	3-4
CS San Bernardino (8)	6-29	0-6

ROSTER

No.	Name	Pos.	Ht.	Yr.	Hometown/High School/Last School
1	Courtney Miller	GK	5-10	Fr.	Honolulu, HI/Punahou School
1A	Alexsee Wilcox	GK	5-10	Fr.	Tustin/Mater Dei
2	Rachel Brooks	ATT	5-4	So.	Davis/Davis Senior
3	Melissa Bartow	CTR	5-11	Jr.	Walnut Creek/Las Lomas
6	Andie Nishimi	ATT	5-5	So.	Moraga/Campolindo
7	Alexis Wieseler	2MD	6-0	Fr.	Highlands/Redlands East Valley
9	Allison Delgado	2MD	5-6	Jr.	Corona/Santiago
10	Rachel Fisher	CTR	5-4	Fr.	Simi Valley/Royal
11	Julia Kirkland	ATT	5-4	Fr.	Corona/Santiago
12	Sarah Lizotte	UTL	5-5	Jr.	Riverside/Riverside Poly
13	Leah Gonzales	UTL	5-6	Jr.	Santa Barbara/Santa Barbara
14	Emma Sasson	ATT	5-7	Fr.	San Diego/Rancho Bernardo
15	Lauren Finwall	CTR	5-5	Fr.	Riverside/Riverside Poly
16	Jolene Guiliana	ATT	5-5	So.	Irvine/Beckman
18	Karen Henry	ATT	5-7	Fr.	Lake Forest/EI Toro
22	Laurel Kistler	ATT	5-5	Fr.	Santa Barbara/Dos Pueblos
24	Nicole Gerwin	ATT	5-8	Fr.	Delta, BC, Canada/Seaquam Secondary

Head Coach Brad Kreutzkamp, 4th season (San Diego State)
Assistant Coach Jenna Williamson, 4th season (UCLA '07)
Assistant Coach Glenn Busch, 4th season (UCSD '00)

2013 UCSD HIGHS & LOWS

Highs

Goals: 20 vs. Claremont-M-S, 1/27
 Goals Against: 17 vs. Stanford, 3/29
 Assists: 14 vs. Claremont-M-S, 1/27
 Steals: 26 vs. CSUSB, 4/26
 Ejections: 15 vs. Santa Clara, 1/26
 Ejections Drawn: 11 vs. Sonoma State, 1/27
 5 M Drawn: 3 vs. CSUMB, 4/13
 Field Blocks: 6 (3x) last - @ SDSU, 4/20
 Turnovers: 13 vs. Stanford, 3/29
 6-on-5 Advantages: 11 vs. Santa Clara, 1/26
 6-on-5 Goals: 6 (2x), last - UCSB, 2/10
 6-on-5 Goals Surrendered: 7 vs. Santa Clara, 1/26
 Saves: 17 vs. CSUEB, 4/14

Lows

Goals: 4 (3x) last - @ SDSU, 4/20
 Goals Against: 1 (2x) last - vs. CSUSB, 4/26
 Assists: 2 (3x) last - @ SDSU, 4/20
 Steals: 2 vs. LMU, 3/1
 Ejections: 2 vs. CSUSB, 4/26
 Ejections Drawn: 2, (3x) last - vs. Stanford, 3/29
 5 M Drawn: 0 (14x), last vs. LMU, 4/28
 Field Blocks: 0 (3x) last - vs. UCSB, 3/30
 Turnovers: 2 vs. SSU, 1/27
 6-on-5 Advantages: 2, vs. Stanford, 3/29
 6-on-5 Goals: 0 vs. Stanford, 3/29
 6-on-5 Goals Surrendered: 0, (6x) last - vs. CSUSB, 4/26
 Saves: 17 vs. CSUEB, 4/7

2013 TRITON GAME HIGHS

Goals: 7 - Wieseler vs. LMU, 3/1
 Assists: . . . 4 (3x) Guiliana vs. CSUEB & CSUMB, 4/7; Lizotte vs. CSUSB 4/19
 Steals: 11 - Gonzales vs. CSUSB 4/26
 Ejections: 3 (8x) - last Lizotte vs. LBSU 4/11
 Ejections Drawn: 5 - Bartow vs. UC Davis, 2/23
 5 M Drawn: 2 - Kirkland vs. CSUMB, 4/13
 5 M Made: 3 - Lizotte vs. CSUMB, 4/13
 Field Blocks: 4 - Wieseler @ Hawai'i, 3/30
 Turnovers: 5 - Bartow @ CMS, 3/9
 Man Scored: 3 - (3x) - last Guiliana vs. CSUEB, 4/7
 Saves: 17 - Miller vs. CSUEB, 4/7
 Shots Missed: 8 - Lizotte vs. Bucknell, 3/17
 Shot Attempts: .. 10 - (2x) - last Lizotte vs. Bucknell, 3/17
 Goals Allowed: 17 - Miller vs. Stanford, 3/29

UCSD IN THE TOP 20

Week of:	Rank	Week of:	Rank
January 16, 2013	20	March 6, 2013	17
January 23, 2013	19	March 20, 2013	17
January 30, 2013	19	March 27, 2013	T-15
February 6, 2013	19	April 3, 2013	17
February 13, 2013	T-16	April 10, 2013	17
February 20, 2013	17	April 17, 2013	13
February 27, 2013	17	April 24, 2013	13
		May 1, 2013	12

CWPA TOP 20 (5/1/13)

Rank	Team	Last Poll	Points
1	USC	2	100
2	Stanford	1	95
3	UCLA	4	90
4	Arizona State	3	84
5	Cal	5	79
6	Hawai'i	7	75
7	UC Irvine	6	69
8	Long Beach State	10	57
9	San Jose State	9	57
10	Princeton	11 (T)	55
11	San Diego State	8	53
12	UC San Diego	14	48
13	Michigan	18 (T)	36
14	Loyola Marymount	11 (T)	35
15	Cal State Northridge	15	31
16	Indiana University	13	27
17	UC Santa Barbara	16	21
18	UC Davis	18 (T)	13
19	Hartwick	17	13
20	Iona	RV	6

2013 TEAM LEADERS

Goals: 83 - Sarah Lizotte
 Assists: 64 - Jolene Guiliana
 Steals: 64 - Jolene Guiliana
 Ejections Drawn: 60 - Melissa Bartow
 Ejections: 36 - Alexis Wieseler
 5 M Drawn: 11 - Melissa Bartow
 5 M Made: 18 - Sarah Lizotte
 Field Blocks: 25 - Alexis Wieseler
 Turnovers: 51 - Sarah Lizotte
 Saves: 338 - Courtney Miller
 Shots Missed: 112 - Sarah Lizotte
 Goals Allowed: 279 - Courtney Miller

QUICK FACTS

The University
 Location La Jolla, CA 92093
 Founded 1960
 Enrollment 29,324
 Colors Blue and Gold
 Nickname Tritons
 Affiliation NCAA Division II
 Conference Western Water Polo Association (WWPA)
 Chancellor Pradeep K. Khosla
 Athletics Director Earl W. Edwards
 Athletics Phone 858.534.4211
 Facility (capacity) Canyonview Aquatic Center (1,000)

Team History
 First Season 1985
 Overall Record 506-347-4 (.593)
 1st Year in WWPA Tournament (Appearances) 2000 (13)
 WWPA Championships 3 (2000, 2011, 2013)
 NCAA Tournament Appearances 2 (2011, '13)
 Collegiate National Appearances (Prior to 2001) 9
 Collegiate National Championships (Prior to 2001) 5

Coaching Staff
 Head Coach Brad Kreutzkamp, 4th season
 UCSD Record 81-66 (.551)
 Alma Mater San Diego State
 E-mail bkreutzkamp@ucsd.edu
 Assistant Coach Jenna Williamson, 4th Season
 Alma Mater UCLA '07
 E-mail jnmurphy@ucsd.edu
 Assistant Coach Glenn Busch, 4th season
 Alma Mater UCSD '00
 E-mail gjbusch@yahoo.com
 Water Polo Phone 858.822.3578

2011 Season
 Overall Record 18-20
 Home Record 7-5
 Away Record 1-6
 Neutral Site Record 10-8
 WWPA Record (finish) 6-1 (2)
 WWPA Tournament (record) 3-0
 NCAA Tournament Record 1-2
 NCAA Tournament Finish 7th
 Final CWPA Ranking 14
 Highest CWPA Ranking 14
 Weeks in CWPA Top-20 14

2012 Season
 Overall Record 21-14
 Home Record 9-5
 Away Record 3-3
 Neutral Site Record 9-6
 WWPA Record (finish) 10-3 (3rd Place)
 WWPA Tournament (record) 2nd Place (2-1)
 NCAA Tournament Record N/A
 NCAA Tournament Finish N/A
 Final CWPA Ranking RV
 Highest CWPA Ranking 14
 Weeks in CWPA Top-20 12 of 18

Communications
 Women's Water Polo Contact Chloe McRae
 E-mail cmcrae@ucsd.edu
 Phone 858.534.8451
 Cell 831.233.9994

Canyonview Pool
 Capacity 1,000
 Dimensions 50 yds x 25 yds
 Lights Yes

On the Web
 UCSD Athletics UCSDtritons.com
 WWPA thewwpa.com
 CWPA collegiatewaterpolo.org
 NCAA ncaa.com/sports/waterpolo-women/d1

Social
 Facebook facebook.com/UCSDtritons
 Twitter twitter.com/UCSDtritons
 YouTube youtube.com/UCSDathletics
 SmugMug ucsdtritons.smugmug.com



HEAD COACH BRAD KREUTZKAMP

In his fourth season in charge, UC San Diego women's water polo head coach Brad Kreutzkamp was named the 2013 Western Water Polo Association (WWPA) Coach of the Year after leading the Tritons to the 2013 WWPA title the weekend of Apr. 26-28, and a trip to the upcoming NCAA Championship.

Kreutzkamp directed the Tritons to one of the best seasons in school history at 25-13 overall and as high as No. 12 in the national polls. The Coach of the Year honor is voted on by the league's eight coaches following the annual championships.



Entering his fourth season as head coach at UCSD, the program's schedule featured 21 games against nationally-ranked NCAA Division I programs. The Tritons finished with an 8-13 record, proving that they are a team to watch for. UCSD was featured in the CWPA Top 20 poll all 16 weeks this season, beginning at No. 20 in the preseason poll and most recently reaching No. 12.

In 2012, Kreutzkamp led the Tritons to their most wins since 2003 in his third season as head coach of the UCSD women's water polo program. In his three seasons at the helm, Kreutzkamp has led UCSD to a Western Water Polo Association (WWPA) Championship, an appearance at the NCAA Championships and three consecutive appearances in the WWPA title game. The Tritons are 57-53 (.518) overall during his tenure and his teams have won 18 or more games in each of those seasons.

In 2012, the Tritons went 21-14 overall and narrowly missed their second straight trip to the NCAA Championships. UCSD was 8-2 in WWPA play and earned the No. 2 seed for the conference championship but fell by a goal to Loyola Marymount in the WWPA title game. UCSD won 10 of its final 13 contests.

Kreutzkamp guided the Tritons to an 18-20 overall record in 2011, leading the Tritons to their first WWPA title since 2000 and the school's first appearance at the NCAA Championships in program history. UCSD defeated No. 8 LMU, 13-11, to earn its first conference title in more than 10 years. The Tritons went 1-2 at the NCAA Championships in Ann Arbor, Mich., taking down No. 20 Iona, 15-9, in the seventh-place match.

Kreutzkamp guided the Tritons to an 18-19 overall record in his first season as coach in 2010, finishing fourth in the conference at the end of the regular season after posting a 10-3 mark in WWPA competition. UCSD would advance to its first WWPA championship match since 2004 after beating Sonoma State and Colorado State in the first two rounds of the conference tournament. However, the squad would fall to No. 8 Loyola Marymount, 13-10, in the championship. Four players earned All-California Collegiate Athletic Association (CCAA) accolades while two Tritons were named All-Americans in 2010.

Kreutzkamp was named the head coach of the women's water polo team in September 2009, taking over for former coach Larry Sanders, who retired in June 2009 after 10 years of service to the program. Kreutzkamp has also served as associate head coach with the UCSD men's water polo team for the past five years.

Kreutzkamp came to UCSD as an assistant coach with the women's team in 1999 before joining longtime head coach Denny Harper on the men's staff the following season. He served as an assistant under Harper until 2006, when he was promoted to associate head coach.

The Triton men went 194-106 (.646) during Kreutzkamp's tenure, winning WWPA Championships in 2000, 2002 and 2006. In his first year with the program, Kreutzkamp helped guide UCSD to a 9-8 victory over USC in the NCAA Tournament Semifinals, as the Tritons became the first non-Division I program to play for a national championship.

Prior to his arrival on the La Jolla campus, Kreutzkamp was the head coach of both the boys and girls varsity programs at Grossmont High School from 1996-99 and held both positions at Patrick Henry High School for two seasons prior to that. While at Patrick Henry, he led the girls squad to the inaugural San Diego CIF Division I championship in 1995 and was named both the Girls Eastern League and CIF D-I "Coach of the Year". He also served as the head girls coach with the highly-successful Sunset Water Polo Club, winning a pair of silver medals at the 18-U Junior Olympics.

THE LAST TIME UCSD...

Scored at least 20 goals...

20; 1/27/2013 vs. Claremont-Mudd-Scripps

Were shut out...

2/28/2004 vs. Stanford (L, 0-6)

Shut out an opponent...

2/19/2005 vs. Cal State San Bernardino (W, 10-0)

Won by 10 or more goals...

4/26/2013 vs. Cal St. San Bernardino (W, 14-1)

Lost by 10 or more goals...

3/29/2013 vs. Stanford (L, 4-17)

Won in overtime...

3/3/2012 vs. Pacific (W, 9-8)

Lost in overtime...

2/10/2013 vs. UC Santa Barbara (L, 11-12 3 OT)

Defeated a ranked opponent...

4/28/2013 vs. T-11 Loyola Marymount (W, 10-8)

Won at least five straight matches...

8; 4/6/2013- 4/19/2013

Lost at least five straight matches...

5; 2/9/2013-2/23/2013

POSTSEASON HISTORY

NCAA National Championship Appearances...

2; 2011, 2013

Collegiate National Appearances...

9

Collegiate National Championships...

5; 1986, '90-92, '94

WWPA Championships...

3; 2000, 2011, 2013

2013 WWPA CHAMPIONSHIP

First Round...

defeated Cal State San Bernardino, 14-1

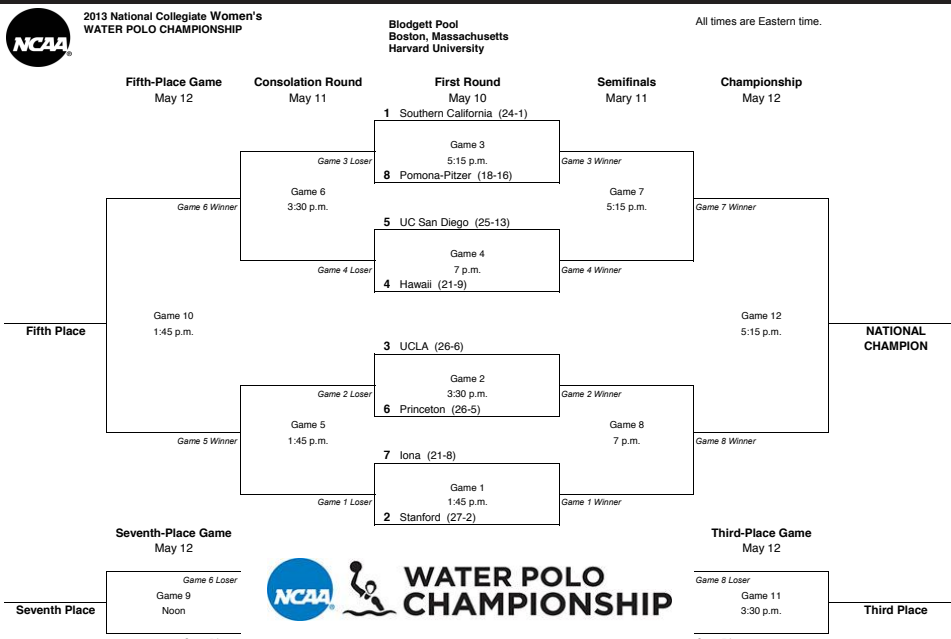
Semifinals...

defeated Colorado State, 14-6

Championship...

defeated Loyola Marymount, 10-8

2013 NCAA WOMEN'S WATER POLO CHAMPIONSHIP



Please refer to our team by one of the following three names: **UC SAN DIEGO, UCSD OR TRITONS**

2013 UC San Diego Women's Water Polo Stats

No.	Player	School	Class	GP	Goals	Assists	Steals	GA	Saves
1	Courtney Miller	UCSD	Fr	144	0	26	43	279	338
1	Alexsee Wilcox	UCSD	Fr	9	0	1	2	10	14
2	Rachel Brooks	UCSD	So	34	24	18	44		
3	Melissa Bartow	UCSD	Jr	38	50	10	18		
6	Andie Nishimi	UCSD	So	18	4	7	9		
7	Alexis Wieseler	UCSD	Fr	38	66	13	46		
8	Karen Henry	UCSD	Fr	12	2	7	4		
9	Allison Delgado	UCSD	Jr	37	9	11	28		
10	Rachel Fisher	UCSD	Fr	13	5	0	1		
11	Julia Kirkland	UCSD	Fr	37	47	21	28		
12	Sarah Lizotte	UCSD	Jr	38	83	59	53		
13	Leah Gonzales	UCSD	Jr	38	26	21	32		
14	Emma Sasson	UCSD	Fr	38	9	15	13		
15	Lauren Finwall	UCSD	Fr	38	12	2	6		
16	Jolene Guiliana	UCSD	So	38	35	64	64		
22	Laurel Kistler	UCSD	Fr	36	14	9	31		
24	Nicole Gerwin	UCSD	Fr	5	2	1	1		

** Goalie GP reflects quarters played*

